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Input sought on proposed \$2 million equipment purchase for hospital

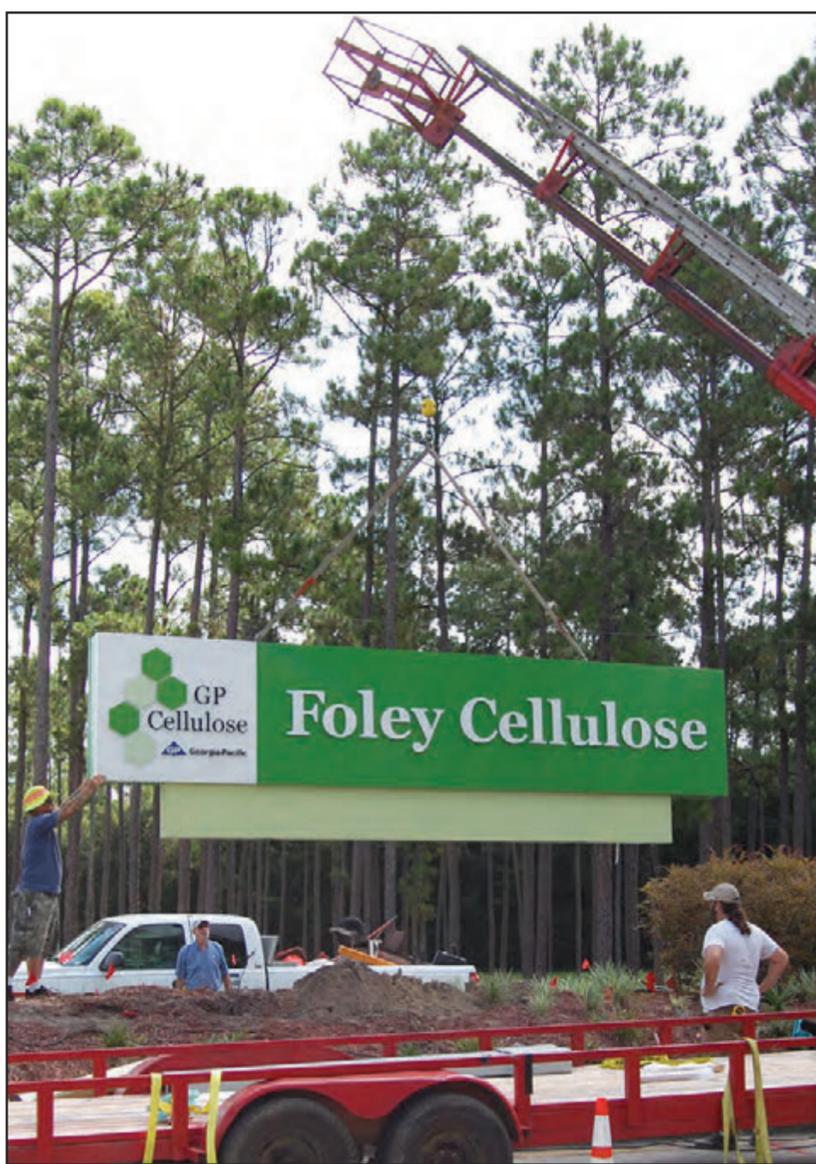
The Taylor County Commission will hold a public hearing next month to consider utilizing \$2 million in excess sales tax revenue to purchase equipment for Doctors' Memorial Hospital (DMH).

The commission agreed Tuesday to hold the hearing after discussing a pared down list of capital equipment needs at the hospital presented by DMH CEO Gerri Forbes.

DMH officials first approached the commission at a joint workshop held Monday, July 14. At that meeting, hospital officials presented a list of needs totaling \$3 million. After a lengthy discussion, the commission agreed to put the issue on the agenda for their Tuesday, July 22, meeting to consider scheduling a public hearing.

At Tuesday's meeting, Forbes presented a list separated into two parts, one for high-dollar items totaling \$2,210,493 and one for smaller ticket items, totaling \$147,872.

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A new chapter begins

It was the end of one era and the beginning of another Wednesday morning when the main Buckeye entrance sign heading into the mill was replaced with one declaring Foley Cellulose, a mill within GP Cellulose, a division of Georgia-Pacific. "The installation of our new entrance sign, along with other signs throughout the mill, is another important step in identifying who we are and a symbol of the future for our employees, Taylor County and the region," Public Affairs Manager Scott Mixon said. "The new sign reflects Georgia-Pacific's commitment to be a vital business partner and economic leader in this community."

High speed chase ends with 1 dead

Taylor County law enforcement officers were preparing to stage units at Tennille Wednesday in response to a high-speed pursuit of a stolen truck that had already crossed three county lines when they received word the chase ended in a fatal crash just miles from the Taylor border.

"We had gotten word about the pursuit and our dispatchers were on the phone with Dixie County dispatchers when the wreck happened," Taylor County Sheriff's Office (TCSO) Capt. Ron Rice said Thursday morning. "Our plan was to deploy stop sticks in order to

prevent the chase from entering town, but before we could do that, it was all over," he said.

The crash blocked traffic on U.S. 19 for several hours, with drivers forced to make lengthy detours.

The Florida Department of Law Enforcement (FDLE) Tallahassee Regional Operations Center is investigating the fatal traffic accident that occurred on U.S. 19 just east of Cross City.

Just before 7 a.m., the Dixie County Sheriff's Office was notified of a vehicle pursuit, involving armed suspects, heading

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Investigators taking close look at TTI bank accounts

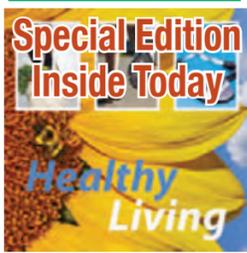
A forensic analysis of Taylor Technical Institute's (TTI) bank accounts is underway as part of an on-going investigation by the Taylor County Sheriff's Office (TCSO).

"The investigation is active and we are in the process of taking statements," Capt. Ron Rice said Thursday.

It was just four weeks ago that the investigative division confirmed action at the school.

"No arrest has been made in the case and we are working with the State Attorney's Office in conjunction with the school district."

News Forum



AMVETS serving lunch today from 11 a.m. to 2 p.m.

AMVETS will be selling lunches today from 11 a.m. to 2 p.m., at the post located on South Jefferson Street.

Author to speak at library Monday

Oxford, Miss., writer Ashton Lee, author of "The Cherry Cola Book Club" series, will visit the Taylor County Public Library Monday, July 28, at 5:30 p.m.

The program is sponsored by the Friends of the Taylor County Public Library. The event is free and the public is invited to attend.

Photos sought for historical calendar

The Taylor County Historical Society is nearing the final planning stages of printing a 2015 calendar.

"We are in need of good old photographs for the calendar. If you have historical photos of Perry/Taylor County landmarks, we would love to see them and possibly use them. Please bring, mail or drop in the door slot, an identified copy of your photo with your name, address, and phone number to 118 E. Main Street, Perry, Fl. 32347," President Bettie Page said.

"If your photo is chosen for inclusion in the calendar, you will receive a complimentary copy of the new calendar as well as the latest installment of our 'They Were Here' series."

Rental fee stops town hall meet?

Perry City Councilwoman Shirlee Hampton cancelled an announced town hall meeting for residents in her district earlier this month after apparently failing to secure rental of Loughridge Park Community Center.

City officials stated they were first made aware of the scheduled July 7 meeting after reading a public service announcement in

the Friday, July 4-5, edition of the **Perry News-Herald**.

Acting administrator Barney Johnson (City Manager Bob Brown was on vacation at the time) contacted City Attorney Ray Curtis to find out if Hampton's use of the facility (rent-free) would involve an ethics conflict after discovering Hampton had not rented or reserved

the facility for the meeting. (Rental fees for the facility are \$140.95 without use of the kitchen and \$167.70 with use of the kitchen; both charges include a \$50--refundable--deposit.)

Curtis, upon reviewing the situation, advised that Hampton would need to rent the facility in order to hold the forum so as not to receive a benefit not

available to the general public (i.e. free rental of city facilities).

Hampton subsequently cancelled the meeting and re-addressed it during this Tuesday's Perry City Council meeting, requesting use of the facility.

Curtis suggested scheduling such a forum as a council workshop, which would be noticed to the

public and open for other council members to attend, although they would not be required to do so.

"If you wanted to hold something to address the public in a particular area, you can hold workshops off site," he said.

Mayor Daryll Gunter asked the council for

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Inflation, new firefighters trigger \$430,000 deficit in projected budget

The Perry City Council is beginning its budget process for the 2014-15 fiscal year with a projected \$430,000 deficit, setting a tentative property tax millage rate which would boost local property taxes if approved in September.

City Manager Bob Brown updated the council members on the budget during their meeting Tuesday.

"We're just starting the budget process and this isn't an unusual figure to have at this point in the process," Brown said.

According to Brown, nearly half of the gap--\$185,000--is from projected inflation in the cost of goods and services purchased by the city for operations.

The largest new expense is hiring new firefighters, at a total cost of \$150,000 for next fiscal year.

Brown said new Insurance Services Office (ISO) requirements necessitated increasing personnel at the Perry Fire Department to maintain its certification.

According to City Finance Director Penny Staffney, the city is adding four part-time auxiliary firefighters, with three starting a few weeks ago.

The city has also budgeted a three percent raise for employees, which will cost an additional \$65,000 over the current year. Brown said the number would have been higher, but the city has a high-salary department

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Voter registration books close Monday

Election officials remind residents that this coming Monday, July 28, is the final deadline to register to vote or make any party changes for the upcoming Primary Election. Once registration books close, only updates to a voter's name, address and signature can be made, Supervisor of Elections Dana Southerland said. The primary election will be held Tuesday, Aug. 26. Above, Ellie Grubbs and Lillie Greene, front, work on processing absentee ballot requests.



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Perry News-Herald

One section 125th Year, No. 30

www.perrynewspapers.com

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Weather

Friday	93° 74°	Saturday	95° 72°	Sunday	92° 73°
	30%		30%		

Looking Back

A-2 Perry News-Herald
July 25-26, 2014



From the Nola files

Mike Nola continues to share photographic treasures from his family's long-standing collection. Here (top) is a 1940s downtown Perry scene, close to the corner of Green Street and Jefferson. (Bottom photo) Nola's brother Terry (second from left) is pictured with members of his Boy Scout troop.

Remember when...

Tony, you will be truly missed

By ANTHONY L. WHITE
anthonylamarwhite@yahoo.com



We were two different kinds of peas in the same pod.

That is how my cousin Tony McAllister described us.

He was a few years younger. He was a lot more outgoing. And we shared only a few similar interests, like music, movies, tennis and football (except he liked the NFL while I liked college football).

Another interest we shared was my writing, but from different perspectives. I was the writer and Tony was my sounding board. He read everything I wrote. He gave his feedback, even when I didn't ask for it. And, he encouraged me when I needed it.

Because I have a tendency to become complacent, there were plenty of times when Tony encouraged me to follow his lead.

In 1990, Tony moved to Detroit with our cousin, Chanda. A few months later, I decided to move to Detroit, which came as a major surprise to everyone in our family. Although there were two aunts, an uncle, and a host of cousins living in Detroit, I had never visited the city. Even when my mother and the rest of the local family visited each summer, I chose to stay at home with my grandmother. But, after Tony convinced me that I would like Detroit, I packed my bags and headed for the Motor City.

A month later, I was helping legendary Motown bandleader Choker Campbell write a memoir about working with all those legendary Motown acts. Unfortunately, he passed before the memoir was complete.

In 1994, Tony moved to Gainesville. A few weeks later, he called me and said, "I was passing the University of Florida campus and you just popped up in my mind. If I were you, I would move to Gainesville and go back to college."

A month later, I was standing in the Registrar Office at UF registering for the spring semester.

There were times when he encouraged me to "go for it" when I otherwise wouldn't have.

A year after I went back to college, I was offered an internship at CBS News in New York. I was more than a little apprehensive about living in NYC and was on the verge of declining the offer, when Tony suggested, "If you don't want to live in New York City, stay in New Jersey and just work in the city. But take the internship."

A month later, I was spending my days working with the likes of Mike Wallace and Ed Bradley and having lunch with the cast of "As the World Turns," which was taped in the building I worked in. When I called Tony and told him this, all he wanted me to do was get an autographed photo of Dan Rather.

In 2001, a play I wrote was chosen to appear at the National Black Theatre Festival in Winston-Salem, N.C. I was thrilled the play was accepted, but I wasn't planning to go. When Tony found out I wasn't going, he came by the house, and he and my mother talked me into going. "You have to go because I want to go," was his argument.

When the 12-year-old actor starring in my play couldn't make the opening because of flight delays, the curtain was about to close on my play before it opened. Tony was sitting in on rehearsal. When he heard what was happening, he walked over to me and the director and said, "I already know the lines."

"The character is 12," I said. "You're 33."
"It's called acting," he replied. "I can act like I'm 12."
And he did.

Tony had never acted before, so I asked him why he decided to play the part. He said, "The show had to go on."

Tony passed away last week while volunteering at First Baptist Church's community food and clothes bank, Our Father's Storehouse.

He will be truly missed, especially by me.

A glance at the past

THE PERRY NEWS-HERALD
July 26, 1979



AROUND THE TOWN

This edition's front page included a range of community topics, including:

- Re-opening of the old crab plant on Hampton Springs Road where **Richard Allison** hoped to renovate, upgrade and begin a new business before the next crabbing season;

- Adding street lights to the Pine Ridge Subdivision although residents were split on whether the new illumination would reduce crime or simply detract from the beauty of the area;

- renovating the Perry-Foley Airport as recommended by the Taylor

County Development Authority and its chairman, **Robert Lynn**;

- and congratulating 4-H'ers returning from state congress. The front page picture of these 4-H'er's spotlighted **Andy Bethea, Kay Dees, Melissa Gardiner, Charles Ellis, Ella Mae Rhines, Michelle Hughes, Greg Wynn, Jimmy Frostick, Anthony Flowers** and **Robin Williams**.

PHF PREPARES TO OPEN

Perry Health Facility Director **Nancy Holland** and Director of Nursing **Evelyn Williams** were

pictured looking over details associated with the targeted Aug. 20 opening of the facility.

A KEY TO THE CITY OR A GOLF CLUB?

Perry Mayor T. Conrad Williams Jr. presented an official key to the city, as well as putter, to the **Lee Grose**, vice president of Tom's Foods which was opening a plant in Perry.

DOCTOR'S BAG MISSING

This small newspaper story had ramifications for the whole community. The headline read, "Dr. Baker's bag missing."

It seems the black medical bag which was presented to **Dr. W. J. Baker** on Doctor Baker Day several years ago was taken from his residence. A reward had been offered for its safe return, with no questions to be asked.

Everybody knew: the doctor needed his bag.

ADVERTISING PLOYS

"You tear it up...we fix it up" was the slogan for Padgett Brothers Transmission which was featured in this edition.

A 3-in-1 sale was underway at the Emporium in Perry and Mayo with Big Yank pants and shirts on sale, along with Carole panties and polyester fabrics.

"Every nurse deserves a Sweetheart," was the slogan for Sweetheart nurse-mate shoes which were offered at The Fair Store.

"Used cars, we've got 'em: big cars, little cars," advertised Seminole Toyota.

"The best two-hour

vacation in town" was promoted at Graves Drive-In where Neil Simon's "California Suite" was playing.

A \$2.64 buffet was advertised at the Kwick Kitchen in Lamont. "Stop and have lunch or breakfast with us on your way to Tallahassee," the ad suggested.

SOCIETY NEWS

Brenda Darlene Murray and **William Clayton Gunter** were united in a June 29 ceremony with **Glenn Ratliff, C.B. Ratliff** and **Larry Lee** as groomsmen. **Denise Murray** was her sister's maid of honor.

Lucille Mathis and **Kenneth Hendry** were united in marriage in a home ceremony in Crawfordville. He worked for Bassett's Dairy and she was a nurse.

Mr. and Mrs. James L. (Annette) Philmon announced the birth of their daughter, **Charlene Lea**, on July 8 at Doctors' Memorial Hospital. The baby weighed six pounds and 12.5 ounces.

HAPPY BIRTHDAY!

Neeley Sadler celebrated his second birthday July 8, 1979, at Folsom Park with family and friends. He was the son of Glenn and Winky Sadler.

Jeanne Allison Edwards celebrated her first birthday on July 14. She was the daughter of Terri Edwards and the granddaughter of Mr. and Mrs. Thomas A. Edwards.

JUST SO YOU KNOW...

"When opportunity knocks at the front door, some folks are in the backyard looking for a four-leaf clover."

Perry News-Herald July 25-26, 2014

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Perry, Florida

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The Perry News-Herald (ISSN 07470967) is published each Friday by Perry Newspapers, Inc., 123 S. Jefferson Street, Perry, Florida 32347. Subscriptions are \$35.00 per year or \$45.00 out of county. Periodicals postage paid at Perry, Florida 32348. POSTMASTER: Send address changes to the Perry News-Herald, P.O. Box 888, Perry, FL 32348.

The Perry News-Herald welcomes Letters to the Editor reflecting responsible opinions and views on the news. Please submit letters by Monday at 5 p.m. The Taco Times reserves the right to refuse publication of letters which are libelous or irresponsible. Name may be withheld if circumstances so require, but all letters submitted should be signed by the writer and accompanied by a phone number for verification. We look forward to hearing from you! Our address is Perry, Newspapers, Inc., P.O. Box 888, Perry, Florida 32348. e-mail: newsdesk@perrynewspapers.com

Member Perry/Taylor County Chamber of Commerce.
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Chase exceeded 100 mph; TCSO set to block at Tennille

HIGH SPEED CHASE
Continued from page 1

toward Dixie County. The high-speed chase began in Marion County after a black Dodge Ram truck was stolen in Ocala. Dixie County Sheriff Dewey Hatcher and deputies became involved in the pursuit once the truck entered Dixie County.

Hatcher's patrol vehicle came in contact with the suspect's vehicle, and the suspect's vehicle crashed. There were three occupants inside the stolen truck. The driver was pronounced dead at the scene. Two passengers, a 17-year-old male and 15-year-old female, were treated and released from the hospital.

At the request of the Dixie County Sheriff's Office, FDLE is investigating the use of force by Sheriff Hatcher. Florida Highway Patrol assisted on scene. The Marion County Sheriff's Office is investigating the

vehicle theft. Additional reports indicate that someone went into the Too Your Health Spa in Ocala Wednesday morning and stole the keys to the 2008 black Dodge Ram Diesel 2500.

A Marion County deputy spotted the truck shortly after a Be On the Look Out (BOLO) was issued and pursued it.

According to reports, the pursuit reached speeds in excess of 100 miles per hour with the truck spinning out before it "literally drove over" a Marion County sheriff's cruiser and kept going.

The chase crossed into Levy County and through the city limits of Williston.

The police chief there reported the driver was "driving crazy," running red lights and showing no regard for the safety of others.

Chieftand police stayed with the vehicle until it crossed into Dixie County,

where Hatcher joined the chase as it entered U.S. 19 about three miles from Cross City.

Early reports indicate Hatcher used his vehicle to force the speeding truck off the roadway, where it overturned in the southbound lanes.

Hatcher was not injured; investigators stated a handgun was found inside the stolen truck.

Another high-speed chase that came close to Taylor County's southern border four years ago ended with the death of Dixie County Sheriff's Office (DCSO) Capt. Chad Reed.

Reed, who was born and raised in Steinhatchee, was shot and killed by John William Kalisz on Jan. 14, 2010, while DCSO was attempting to take him into custody after he fled Hernando County.

Hatcher was Reed's sheriff at the time of his death.

Forum will be scheduled as city council workshop

TOWN HALL
Continued from page 1

opinions on the issue. "I have no position either way on it," Council Member Don Cook said. "I would back Shirly I believe on her request."

The rest of the council agreed to allow Hampton to schedule the forum as a workshop.

Later in the discussion, Hampton, who did not

have a date in mind for the workshop, asked if other council members were planning to attend.

"I do not," Cook said. "I'm not being facetious. I don't want to get you in trouble with the Sunshine Law if somebody else does shows up."

"I think what Ray is trying to do is find a way for it to be an official event," City Manager Bob Brown said.

"And not a benefit to one

of us," Cook added.

"That's the way you can do that," Brown said.

"Don't be offended," Cook said.

"I am offended," Hampton said.

"I'm not trying to offend you Ms. Shirly, I'm trying to make sure if we do this, we do it right," Curtis said.

Hampton then said she would provide staff with a date when she picked one.

Budget includes 3% raise for city workers

BUDGET
Continued from page 1

head set for retirement, and the city will no longer pay for crossing guards or a school resource officer next fiscal year.

Other projected cost increases are \$10,000 in higher insurance costs as well as a proposed \$20,000 donation to Main Street Perry for event planning, promotion and branding of the downtown area. Mayor Daryl Gunter suggested the donation earlier this month.

Moving onto the discussion of the city's property tax millage rate, Brown said staff was recommending a tentative rate of 5.7474 mills, a jump from the current 4.5 mills.

According to Staffney, the higher rate would generate approximately \$290,000 in

additional tax revenue in the 2014-15 fiscal year.

She added that the millage increase would add \$64 to the tax bill for a homesteaded property valued at \$100,000 (with a \$50,000 homestead exemption).

The final millage rate will not be set until two budget hearings are held in September.

Once a local board sets its tentative millage rate, it cannot be increased, but the council can approve a lower rate in September.

Brown said the higher tentative rate would allow staff a "cushion" to work with while working to lower the current deficit. He added that the city has not raised its tax rate in six years.

Council Member Don Cook said he preferred to go with the staff's recommendation knowing

the council could lower the rate before it was finalized. The council unanimously approved the tentative rate.

The council will hold the two budget workshops during its regular scheduled meetings on Sept. 9 and 23.

Donation drive launched

Partnership for Strong Families (PSF), the lead community-based care agency for Florida Judicial Circuits 3 and 8 (which includes Taylor County), is holding a Back to School Drive for children in their care.

This annual initiative

covers the needs of nearly 200 victims of child abuse and neglect.

"Most of these children would not receive new supplies if not for the efforts of PSF and community donors," said Stephen Pennypacker, president/CEO of Partnership for

Strong Families.

The agency is most in need of backpacks, markers, colored pencils, highlighters, erasers, scissors and calculators.

Community members can partner with PSF by donating supplies, providing a monetary donation or hosting a collection box in their place of business.

Interested donors can contact Patty Carroll at patricia.carroll@psf.org or (352) 318-1298.

Donations and monetary contributions can be dropped-off at PSF's Gainesville office or at the Live Oak regional office (501 SE Demorest Street, Suite B, Live Oak).



COUNTDOWN TO CHOOSE



PRIMARY ELECTION

Tuesday, August 26, 2014

ARE YOU REGISTERED TO VOTE?

BOOK CLOSING • Monday, July 28, 2014

The book closing date is the statewide deadline to register to vote or make any party changes. **The book closing date for the Primary Election is Monday, July 28, 2014.** If you need to register to vote or would like to make a party change you must complete a voter registration form and submit it to the elections office on or before this book closing date. Once the registration books close, only updates to a voter's name, address and signature shall be permitted. Visit the Supervisor of Elections website at www.taylor-elections.com and click the "Register to Vote" button on the homepage or call the elections office at (850) 838-3515 and request a voter registration form.

Visit your elections office website at www.taylor-elections.com for additional information on the August 26, 2014 Primary Election.

Find us on Facebook

Dana Southerland, Taylor County Supervisor of Elections

Taylor

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REGISTRATION

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Tuesday, July 29

Thursday, July 31

noon-6 p.m.

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Wednesday, July 30, 2014

9:00 AM - 3:00 PM

All donors will receive a **BIG RED BEACH TOWEL** and a wellness checkup including cholesterol screening, blood pressure and iron count!

Sign up with Joleen Whitehead 223-7112 Joleen.Whitehead@bcfcu.coop

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oneblood.org







Visit outback.com for a list of locations and hours.

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NOTICE OF TAX FOR SCHOOL CAPITAL OUTLAY

The District School Board of Taylor County will soon consider a measure to continue to impose a 1.50 mill property tax for the capital outlay projects listed herein.

This tax is in addition to the school board's proposed tax of 6.173 mills for operating expenses and is proposed solely at the discretion of the school board.

The capital outlay tax will generate approximately \$1,888,168.00 to be used for the following projects:

CONSTRUCTION AND REMODELING
District-wide

MAINTENANCE, RENOVATION, AND REPAIR
District-wide Maintenance

MOTOR VEHICLE PURCHASES
Purchase of up to four (8) School Buses and one maintenance vehicle

NEW AND REPLACEMENT EQUIPMENT, COMPUTERS, ENTERPRISE SOFTWARE, AND S. 1011.71(2), F.S., ELIGIBLE EXPENDITURES IN SUPPORT OF DIGITAL CLASSROOMS PLANS PURSUANT TO S. 1011.62(12), F.S.
Purchase of Furniture, Equipment and School Technology – District-wide, including enterprise technology

PAYMENT OF PREMIUMS FOR PROPERTY AND CASUALTY INSURANCE NECESSARY TO INSURE THE EDUCATIONAL AND ANCILLARY PLANTS OF THE SCHOOL DISTRICT

All concerned citizens are invited to a public hearing to be held on July 29, 2014 at 6:00 pm, in the School Board Meeting Room, located at the Alton H. Wentworth Administrative Complex, 318 North Clark Street, Perry, Florida 32347.

A DECISION on the proposed CAPITAL OUTLAY TAXES will be made at this hearing.

NOTICE OF PROPOSED TAX INCREASE

The District School Board of Taylor County will soon consider a measure to increase its property tax levy.

Last year's property tax levy:

A. Initially proposed tax levy..... \$ 9,618,154
 B. Less tax reductions due to Value Adjustment Board and other assessment changes..... \$ (55,378)
 C. Actual property tax levy..... \$ 9,673,532

This year's proposed tax levy.....\$ 10,061,048

A portion of the tax levy is required under state law in order for the school board to receive **\$11,433,339** in state education grants.

The required portion has increased by **4.46** percent, and represents approximately **seven tenths** of the total proposed taxes.

The remainder of the taxes is proposed solely at the discretion of the school board.

All concerned citizens are invited to a public hearing to be held on July 29, 2014 at 6:00 pm, in the School Board Meeting Room, located at the Alton H. Wentworth Administrative Complex, 318 North Clark Street, Perry, Florida 32347.

A DECISION on the proposed tax increase and the budget will be made at this hearing.

BUDGET SUMMARY

* THE PROPOSED OPERATING BUDGET EXPENDITURES OF TAYLOR COUNTY SCHOOL DISTRICT ARE 6.09% MORE THAN LAST YEAR'S TOTAL OPERATING EXPENDITURES.
FISCAL YEAR 2014-15

PROPOSED MILLAGE LEVIES SUBJECT TO 10-MILL CAP:

Required Local Effort	5.1750	Basic Discretionary Operating	0.7480	Debt Service	0.0000
Basic Discretionary Capital Outlay	1.5000	Discretionary Critical Needs (Operating or Capital)	0.0000		
Additional Discretionary Capital Outlay	0.0000	Additional Discretionary (Statutory, Voted)	0.2500	Total Millage	7.6730

ESTIMATED REVENUES:	GENERAL FUND	SPECIAL REVENUE	DEBT SERVICE	CAPITAL PROJECTS	PERMANENT FUND	ENTERPRISE FUND	TOTAL ALL FUNDS
Federal sources	59,400	634,742					694,142
State sources	13,293,926	4,447,650		166,369			17,907,945
Local sources	8,449,739	257,127		1,905,268		2,523,100	13,135,234
TOTAL SOURCES	\$21,803,065	\$5,339,520	\$0	\$2,071,637	\$0	\$2,523,100	\$31,737,322
Transfers In	250,000						250,000
Fund Balances/Reserves/Net Assets	3,777,600	399,048		3,687,377		314,115	8,178,140
TOTAL REVENUES, TRANSFERS & BALANCES	\$25,830,665	\$5,738,568	\$0	\$5,759,014	\$0	\$2,837,215	\$40,165,461
EXPENDITURES							
Instruction	13,341,336	1,882,497					15,223,833
Pupil Personnel Services	1,402,672	436,747					1,839,419
Instructional Media Services	253,371						253,371
Instructional and Curriculum Development Services	683,557	670,154					1,353,711
Instructional Staff Training Services	49,680	188,398					238,078
Instruction Related Technology	244,093	11,088		30,000			285,181
School Board	250,216						250,216
General Administration	292,651	193,985				2,781,932	3,268,567
School Administration	1,744,893	85,081					1,829,974
Facilities Acquisition and Construction	4,000			3,100,648			3,104,648
Fiscal Services	515,079						515,079
Food Services	9,236	1,719,152					1,728,389
Central Services	536,953	18,121					555,074
Pupil Transportation Services	1,449,732	115,366		1,359,880			2,924,979
Operation of Plant	2,368,591	60,441					2,429,032
Maintenance of Plant	259,558	349		633,706			893,613
Administrative Technology Services	376,135						376,135
Community Services	207,941	8,352					216,293
Debt Services							0
TOTAL EXPENDITURES	\$23,989,695	\$5,389,731	\$0	\$5,124,234	\$0	\$2,781,932	\$37,285,592
Transfers Out				250,000			250,000
Fund Balances/Reserves/Net Assets	1,590,969.65	348,837	0	384,780	0	55,284	2,379,870
TOTAL APPROPRIATED EXPENDITURES	\$25,580,665	\$5,738,568	\$0	\$5,759,014	\$0	\$2,837,215	\$39,915,461

The tentative, adopted, and/or final budgets are on file in the office of the above mentioned taxing authority as a public record.



Surrounded by Red Hats

Brett Falcon, manager of Timberland Ford, found himself surrounded by Red Hats bearing money. The Sandy Toes chapter of the Red Hat Society recently presented Timberland Ford with a check to assist survivors of the tragic shooting at the business. Falcon is pictured with (left) Treasurer Cheryl Hinthorne and Queen Mother Marcia Parker.

Oklahoma awards doctorate to Jones for org./leadership

Janeka Vertez Jones was awarded a doctorate in organizational leadership from the University of Oklahoma on May 9.

The daughter of Chenita Jones, she is a 1990 graduate of Taylor County High School and a retired captain in the United States Air Force.

Dr. Jones currently works for the Department of the Navy.



Janeka Vertez Jones

Sandy Toes view 'Heaven Is Real' during June gathering

The Sandy Toes Red Hats saluted Marcia Parker, Wendy Johnson, Marleen Semas and Elizabeth Gant as they celebrated their June birthdays.

This summer meeting attracted 23 members and two guest attending in June! Winning door prizes

were: Mae Jean Holton, Denny Balbaugh and Peggy Parker.

Following lunch at Casa Grande (Mexican) restaurant, the group headed to the Perry Movies to see, "Heaven Is Real!"

"We say 'thank you' to Larry and Teresa Schmidt

for opening their theater for this Wednesday afternoon showing," noted Sandy West Coleman for the group.

Hostesses for the June meeting and luncheon included Kathy McDevitt, Jeanne Hlebak and Jeanne Harden.

For Shady Grove

Clean-up Day, conference planned for August

By FLORRIE BURROUGHS

Here is a calendar of upcoming events for Shady Grove Community:

Aug. 2 - Fellowship Cleanup beginning at 7:30 a.m.;

Aug. 10-13 - Prophecy Conference at Pleasant Grove Baptist Church; one of Evangelist Al Gist's topics will be "The Four Blood Moons" and other messages will pertain to prophecy and current events;

Sept. 1 - Contest begins for Shady Grove's Little Miss and Mr., Prince and Princess, and King and Queen; The contest will run through the month of September with the winners being announced on Oct. 11 at the auction;

Oct. 11 - 10 a.m. to 12 noon - Auction at Shady Grove Park;

Dec. 6 at 6 p.m. - Christmas Tree Lighting at Shady Grove Park;

Dec. 13 - Annual Country Christmas at Shady Grove Park with parade.

Pass the Chow-Chow...

One of the good things about summer is the many vegetables and fruits that are grown and canned or frozen for later use. Mrs. Madelyn Smith has been canning

tomatoes and making chow-chow relish with peppers and other vegetables. Now I did not know what chow-

chunky (chopped) texture and is not pureed. The taste can be sweet, tangy, hot or a combination thereof.



chow was and after talking to Mrs. Madelyn, I looked it up online. By the way, Mrs. Madelyn promised to share her chow-chow with me.

This is what I found: Chow-Chow (or Chow-Chow Relish) is made from chopped green tomatoes (and sometimes red tomatoes), cabbage, mustard seed or powder, onions, hot peppers, sweet peppers and vinegar. Other optional ingredients include cucumbers, celery or celery seed, carrots, beans, asparagus, corn and cauliflower.

Unlike most condiments, Chow-Chow retains a

It is typically served cold and like many foods, there are various varieties with

an increasing availability of "hot" versions. Most believe that relishes originated from the need to preserve vegetables for winter. More specifically, its origination may have stemmed from using the end of season vegetables in the garden at the first frost. This notion is consistent with the word "relish," which first appeared in English in 1798 and comes from the word "reles" meaning "something remaining" in Old French.

Regardless of when or where Chow-Chow originated, one thing is for sure in that it has been enjoyed in the Southern U.S. for well over 200 years.

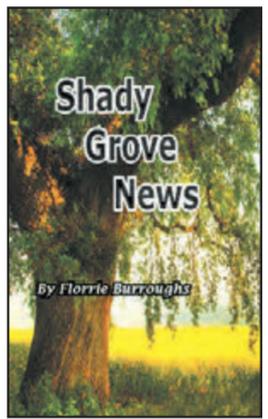
Donna Rowell has put up tomatoes and okra, and she

and Dale are planning to put up cream corn as soon as the corn is ready. Here in Shady Grove we have to gather the corn quickly or we will be edged out by the deer. My sister, Sara Grubbs, has put up fig preserves, peach jam and grape jelly. She has frozen blueberries to use in pies and cakes later. Her blueberry bushes have been bountiful this year.

Most everyone gets in on 'putting up' vegetables and fruits. There's nothing like it when, in November, corn and peas "from the garden" are added to the Thanksgiving table.

Remembering Granny Cruce...

There is one really special lady that I am reminded of when I think about good



vegetables and I think she may have made chow-chow relish also. Mrs. Christine Cruce was once my mother-in-law. Many times I have sat at her table and enjoyed peas, beans, creamed corn,

→ Please see page 6

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Michelle Bachtel, MD, Ernesto Umana, MD, and Joseph Baker, MD.**

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Help Foster a Child



Become a Foster Parent

Tuesday meeting will address foster care need in community

Responding to a community need for foster care, First Baptist Church will host a Foster/Adoption Care orientation meeting on Tuesday, July 29, from 7-8 p.m.

"There are only two licensed Foster Care homes in Taylor County," said a spokesperson for the church. "At this meeting, information will be given on foster care and adoption care. If you're interested in becoming a foster parent, there are four required classes; sessions will be held Aug. 2, 9, 16 and 23 from 9 a.m. until 2:45 p.m., also at First Baptist."

This course is required for individuals wishing to become licensed Foster Care providers. The license is good for five years. For additional information, please call the church at 584-7066.

The orientation meeting will be led by the Florida Baptist Children's Homes which urges anyone "who has felt the call to minister to children by foster or adopting" to attend. FBCH can be reached at 850-878-1458.

Tidbits: Taylor Senior Center toasts young at heart during recent 'prom'

By SARAH HALL

What a time! What a time! As Joan Hennings would say -- Awesome! and awesome it was-- our Annual Senior Prom for senior citizens and their guests. The center was beautifully decorated in purple and blue with Mardi Gras decor everywhere. Our distinguished D.J., Eldon Sadler, kept the dancers on the floor with all the latest sounds. Very cool, Eldon. Several miscellaneous prizes were won. The winners were Josephine Coach, Sarah Hall, Nell Barnett, Danny

Lastinger, Hazel Sheffield, Troy Register, Ralph Carlton, Margie Eaddy, Tom Mansfield and Harold Mixon.

The delicious food was also Mardi Gras style. Red beans and rice, jambalaya, etc., no crawfish pie, but plenty of goodies for everyone. Our new king and queen for 2014 was crowned: King, William "Bill" Gunter and Queen, Peggy Sisk. They are now the royalty of Taylor County Senior Citizens!

Thanks from all of us and Administrator Beth Flowers go out to Tracy Haitcock,

OAA coordinator/activity director, her assistants Vera Howell, Joan Hennings and the executive board members of TCSC. Very well done and we hope to see y'all next year!

Special Prayer List

Remember in your prayers: Eddie "Bo" Flowers, Belvajeau Milliner (TMH), Frankye "Suzanne" Cook and Glen Miller (DMH).

In Bereavement: the families and friends of the late Dorothy H. Williams, Tony McAllister, Nobie Roberts, Minister George Ford and Mabel Hawkins.

Another year...

Congratulations another birthday is a'coming .. right around the corner...July 27, 2014. Our fine lady, Sis. Annie Mae Porter. Our best wishes to you, and lots of love!

What kind of friend are you?

There's a wonderful thing that money can't buy and time cannot erase; a blessing that's the gift of a really true friend, one that's compassionate, understanding and caring. honest and trustworthy. One that's there for the long haul. What kind are you?

ALL churches, leaders invited to Saturday meeting

"A night of empowerment for all churches and church leaders" is planned at Lighthouse Revival Center on Saturday, July 26. The church is located at 808 Granger Drive. Please gather by 7 p.m.

For more information, please call (850) 843-6808.

Chow-Chow prompts memories around dinner table

SHADY GROVE NEWS

Continued from page 5



Christine Cruce

collards, and the list goes on and on.

Her freezer was always full as she spent many days picking and putting up vegetables. And she made

the best corn bread ever. "Granny Christine" or "Granny Cruce" as she was called was known and loved by everyone in Shady Grove.

She was always a delight to me in that she could always find the bright side

of any situation. I can hear her laughter now.

Her life was not an easy one, especially after she became a widow in 1958, but she had five children to raise and she carried on with great determination raising four fine sons, L.M., J.W.,

Jerry and Richard Cruce and one special daughter, Reba Cruce Todd.

Mrs. Christine Cruce went home to be with the Lord in February of 2009.

With that, I will sign off and, Lord willing, I'll see you back here in two weeks.

New in town, or just wanting to learn more about our God?

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714 N. Calhoun St

Come study online <http://en.netlog.com/ironyoda>

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FOSTER & ADOPTIVE PARENT ORIENTATION

Have you felt the call in your life to minister to children by fostering or adopting? Please join Florida Baptist Children's Homes for a free orientation to learn more.

July 29, 2014
7:00-8:00pm

First Baptist Church of Perry
102 N. Center Street
Perry, Florida
32347

For More Details Contact: (850) 878-1458 or erin.martin@fbchomes.org

Florida Baptist
Children's Homes



2014-15 VARSITY BULLDOG FOOTBALL

Date	Opponent	Site	Time
8/22	Leon	Home	7:30
8/29	Dixie County	Home	7:30
9/5	Williston	Home	7:30
9/12	Potter's House	Home	7:30
9/19	Wakulla County	Away	7:30
9/26	Open		
10/3	Madison County*	Away	7:30
10/10	Jefferson County	Away	7:30
10/17	Fernandina Beach*	Home	7:30
10/24	Open		
10/31	Fort White*	Away	7:30
11/7	Hamilton County	Away	7:30

*District Game

TIDE TABLES

F	25	High	2:35 AM	3.1	Tu	29	High	4:33 AM	3.6
	25	Low	7:40 AM	1.6	29	Low	10:12 AM	1.0	
	25	High	1:51 PM	3.8	29	High	4:05 PM	3.9	
	25	Low	8:55 PM	0.1	29	Low	10:39 PM	0.2	
Sa	26	High	3:07 AM	3.3	W	30	High	4:59 AM	3.6
	26	Low	8:21 AM	1.4	30	Low	10:48 AM	1.0	
	26	High	2:26 PM	3.9	30	High	4:40 PM	3.8	
	26	Low	9:25 PM	0.1	30	Low	11:05 PM	0.4	
Su	27	High	3:37 AM	3.4	Th	31	High	5:25 AM	3.6
	27	Low	8:59 AM	1.3	31	Low	11:26 AM	1.0	
	27	High	3:00 PM	3.9	31	High	5:18 PM	3.6	
	27	Low	9:51 PM	0.1	31	Low	11:33 PM	0.6	
M	28	High	4:05 AM	3.5	F	1	High	5:52 AM	3.6
	28	Low	9:36 AM	1.1	1	Low	12:08 PM	1.0	
	28	High	3:32 PM	3.9	1	High	6:03 PM	3.4	
	28	Low	10:15 PM	0.2					

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Friends of the NRA

Banquet set for next Friday

Taylor County Friends of the National Rifle Association (NRA) invite supporters of the Second Amendment to attend their

Snapper workshop slated for Thursday

The Florida Fish and Wildlife Conservation Commission (FWC) has scheduled a series of Gulf of Mexico red snapper workshops for recreational stakeholders beginning in late July to discuss state and federal management of recreational red snapper.

Anglers who would like to share their ideas and help improve management are encouraged to attend.

Geoff Wallat, UF/IFAS Florida Sea Grant Agent for Taylor County, plans to travel to the meeting in Carrabelle on July 31. He can be reached at 838-3508, ext. 305.

The meeting will be held 6 to 8:30 p.m. local time.

Visit MyFWC.com/ Fishing for more on these workshops.

third annual banquet on Friday, Aug. 1, at 6 p.m. in the Perry Elks Lodge (305 Puckett Rd.).

In addition to dinner, all those who attend will have a chance to win door prizes and bid on guns and unique NRA collector items in a silent auction.

"There is something for everyone at a Friends of NRA banquet, which are all about fun, food, firearms, fundraising and fellowship," said Dec Pillow, local contact for the Friends of NRA.

The annual fund-raising event on behalf of the NRA Foundation starts with games to win firearms, a silent

auction, followed by dinner, a live auction and drawings for exclusive firearms, art, gear, home decor and NRA collectibles. Attendees can bid on the NRA 2014 Gun of the Year package - a Colt NRA Matched Set of Colt XSE Government Model .45ACP and Col .380 Mustang Pocketlite pistols.

Those who purchase a \$20 ticket will have a one in 125 chance to win a S&W Governor .45/410.

Other firearms that will be available include: Taurus 905SS2 Revolver, Henry Golden Boy .22 Magnum, Diamondback DB-15 NIB, Remington Model 887 Nitro

Mag Waterfowl, Special Edition Daisy BB Gun.

Tickets are \$40 per person and can be purchased in advance online at: www.friendsofnra.org/fl or Woods 'n Water Magazine.

Businesses and individuals can purchase sponsorship and "plus" packages and receive discounted dinner tickets, exclusive bonus gifts, free prize drawing tickets and exclusive "sponsor plus" entry tickets for a special drawing. For more information on sponsorship packages or to reserve a table, contact Pillow at (850) 584-3824 or email dec@woodswater.net.

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NOTICE OF LAND USE CHANGE

The Board of County Commissioners of Taylor County, Florida, proposes to regulate the use of land within the area as shown on the map below by amending the Future Land Use Plan Map of the Taylor County Comprehensive Plan, hereinafter referred to as the Comprehensive Plan, as follows:

CPA 14-01, an application by Foley Timber and Land Company, Limited Partnership, to amend the Future Land Use Plan Map of the Comprehensive Plan by changing the land use classification from MIXED-USE RURAL RESIDENTIAL (less than or equal to 1 dwelling unit per 2 acres) to INDUSTRIAL on the property described below, as follows:

A parcel of land lying in Section 4, Township 5 South, Range 8 East, Taylor County, Florida. Being more particularly described, as follows: The East 1/2 of the Southwest 1/4 of said Section 4 lying Northwesterly of County Road 30, the Northwest 1/4 of the Southeast 1/4 of said Section 4 lying Northwesterly of said County Road 30 and the North 210.00 feet of the East 210.00 feet of the Northwest 1/4 of the Southwest 1/4 of said Section 4.

Containing 55.00 acres, more or less.



A public hearing will be conducted by the Board of County Commissioners to consider the amendment and enactment of the ordinance adopting the amendment on August 4, 2014 at 6:10 p.m., or as soon thereafter as the matter can be heard, in the Board of County Commissioners Meeting Room, Administrative Complex located at 201 East Green Street, Perry, Florida. The title of said ordinance shall read, as follows:

AN ORDINANCE OF TAYLOR COUNTY, FLORIDA, AMENDING THE FUTURE LAND USE PLAN MAP OF THE TAYLOR COUNTY COMPREHENSIVE PLAN, AS AMENDED, RELATING TO AN AMENDMENT OF MORE THAN TEN ACRES OF LAND, PURSUANT TO AN APPLICATION, CPA 14-01, BY THE PROPERTY OWNER OF SAID ACREAGE, UNDER THE AMENDMENT PROCEDURES ESTABLISHED IN SECTIONS 163.3161 THROUGH 163.3248, FLORIDA STATUTES, AS AMENDED; PROVIDING FOR CHANGING THE LAND USE CLASSIFICATION FROM MIXED USE RURAL RESIDENTIAL (LESS THAN OR EQUAL TO 1 DWELLING UNIT PER 2 ACRES) TO INDUSTRIAL OF CERTAIN LANDS WITHIN THE UNINCORPORATED AREA OF TAYLOR COUNTY, FLORIDA; PROVIDING SEVERABILITY; REPEALING ALL ORDINANCES IN CONFLICT; AND PROVIDING AN EFFECTIVE DATE.

The public hearing may be continued to one or more future dates. Any interested party shall be advised that the date, time and place of any continuation of the public hearing shall be announced during the public hearing and that no further notice concerning this matter will be published, unless said continuation exceeds six calendar weeks from the date of the above referenced public hearing.

At the aforementioned public hearing, all interested parties may appear and be heard with respect to the amendment and the ordinance adopting said amendment.

Copies of the amendment and the ordinance adopting said amendment are available for public inspection at the Office of the County Administrator, Administrative Complex, located at 201 East Green Street, Perry, Florida, during regular business hours.

All persons are advised that if they decide to appeal any decision made at the above referenced public hearing, they will need a record of the proceedings, and that, for such purpose, they may need to ensure that a verbatim record of the proceedings is made, which record includes the testimony and evidence upon which the appeal is to be based.

Persons with disabilities requesting reasonable accommodations to participate in this proceeding should contact 352.463.3169 (Voice & TDD) or via Florida Relay Service 800.955.8771.

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HAPPY 7TH BIRTHDAY

JULY 27, 2014

TO THE BEST BALL PLAYER WE KNOW!

'NATHAN RANDEL STRICKLAND'



LOVE MOM, DAD AND CHLOE



Warning: Watching 'Chef' could be very hazardous to your diet

I was thinking as I sat down to watch "Chef," the newest film from director Jon Favreau ("Iron Man," "Elf"), that it probably wasn't the best movie to see a week into my diet.

It turns out I was right, but the extra calories I ate afterward were well worth it. Both the food and the movie.

Liking playing music and speaking foreign languages, cooking--and I mean really cooking--is an art form I can respect in others even if I can't offer a lot myself to the equation. Good food, like a good movie, is something I'm willing to spend good money on though.

By the time I was leaving the theater after "Chef," I was more than ready for some good food, and had a particular hankering for a cubano. But we'll get to that later. For now, let's talk about the movie.

Favreau is best known for directing the first two "Iron Man" films, as well as starring as Tony Stark's chauffeur/bodyguard Happy Hogan in all three installments of the franchise. "Chef" is a much different project, one which Favreau also wrote.

This feels like a passion project, and his enthusiasm flows into every aspect of the film, including the rest of the cast. The story may tie up its loose ends a bit too neatly, but that does little to sour the overall flavor of the film, which is just one of those movies destined to put a smile on your face and a rumble in your stomach. Of the limited release films I've seen this summer, it's the first to forsake despair for hope, and is easily the best of the lot.

The story follows chef Carl Casper (Favreau), who has been head chef at his restaurant for the past 10 years. His career has left little time for his family, which includes ex-wife Inez (Sofia Vergara, "Modern Family") and his son Percy (Emjay Anthony, "Rake").

At work, his team includes assistants Martin (John Leguizamo, "Moulin Rouge") and Tony (Bobby Cannavale, "Boardwalk Empire"), as well as hostess Molly (Scarlett Johansson, "The Avengers").

Carl has a passion for food and for creating new wonders, but the restaurant's owner, Riva (Dustin Hoffman, "Stranger Than Fiction"), wants him to stick to the same recipes he's been cooking for years, even with a high profile critic due that night.

Without giving it away, things don't go well for Carl, and when he hits rock bottom, it will take a new outlook on both his life and his career to finally find happiness.

Favreau was an actor before he became a director, and still acts quite a bit, most recently in "Wolf of Wall Street." This is by far his best performance I've seen, exuding Carl's passion for his food, while also showing his mostly unintentional distance from his son. The entire film hinges on the audience getting behind Carl, and we do, even when he's making mistakes.

Leguizamo is one of my favorite actors, and I love to see him get good roles, and this is one of them. Like Favreau, it looks like he's having fun every time he's on screen. Also worth mentioning is young Anthony, who plays Percy as a boy who desperately wants the attention of his father, but never falls into the annoying child character stereotypes.

Helping matter is the script, which is wonderful, combining a love of food along with a love for those who make it. There is a creative use of social media within the movie that is expressed visually, including little birds flying away anytime someone tweets on Twitter.

I also need to mention the food itself. There are scenes upon scenes of food being prepared and cooked. It looks so good I'm getting hungry again just writing this review. There's a particular focus on Cuban street food, hence my earlier mention of cubanos. And that's the best part of the movie. It gives equal time and energy to the high cuisine of Carl's restaurant and the street food of Miami and New Orleans, highlighting the people and culture who developed them.

But it's not all food, and there is a heartwarming story about family and priorities and passing down traditions. As I said, everything gets tied up with a neat little bow, which in a lesser film would have been a major complaint. Here, it is just a note worth mentioning.

Favreau's directorial career has leaned toward big budget projects, but if "Chef" is any measure, he should try his hand at more of these, because he is quite good.

"Chef" has its flavors just right, with great performances and an engaging story told in a unique and quirky way that is sure to satisfy even the most discerning palate.

The film is rated R for language, including some suggestive references.



The 80s band, Girlz Girlz Girlz, will perform Saturday, July 26, at the Spirit of the Suwannee Music Park in Live Oak.

Music-filled weekend at Spirit of the Suwannee includes a trip to the 80s

Grab your leg warmers and big hair for a Back to the 80s party Saturday, July 26, at The Spirit of the Suwannee Music Park & Campground in Live Oak.

This event features the hard rocking 80s band, Girlz Girlz Girlz, along with DJ Salt Life. There will be cash prizes in the costume contest, drink specials and free admission for those in costume (tickets are \$5 per person at the door).

The four bandmembers

in Girlz Girlz Girlz put on a rock show of shows and have performed around the country. In addition to favorites from the heyday of 80s rock, the band jams out the biggest recent hits with the same arena-implosion feel, ripping through the likes of "Livin' On A Prayer," "Bad Romance," "Sweet Child O' Mine" and "Larger Than Life."

Kicking off the weekend (tonight) Friday will be the X Hale Band out of

Jacksonville. The band plays nightclubs, corporate events, private parties and has also opened for well known national headliners and frequently plays at the music park. Admission to tonight's concert is free.

Doors to the music hall open at 6 p.m. both nights for dinner with music kicking off at 8 p.m. For more information, visit www.musicliveshere.com.

The park is located at 3076 95th Drive in Live Oak.



Free concert tonight

Ricky Kendall and the Healers will perform tonight (Friday) in their first appearance in Gainesville's "Free Fridays" Concert Series. Ricky Kendall and the Healers formed in early 2012 out of a necessity to perform for a CD release of Kendall's album "Soul Searching." They ended up working well together, and gaining notoriety as a band. Performing a mix of country, folk, R&B and soul, the band includes Kendall (shown above, guitar/vocals), Michael Claytor (banjo/vocals), Sam Moss (vocals), Jared Groom (drums), Jon Alexander (pedal steel), Ryan Baker (keyboards) and Ashley Wilkinson (bass). The concert will run from 8-10 p.m. at the Bo Diddley Community Plaza, which is located at 111 E. University Ave. in Gainesville. To view the complete "Free Fridays" 2014 schedule, visit www.gvltculturalaffairs.org.

CALENDAR OF EVENTS

Country music festival coming to Perry

THEATRE

July 10-27

Theatre Tallahassee presents "The Odd Couple." Neil Simon's famous update of his contemporary classic starts with a group of women friends playing their regular game of Trivial Pursuit. This week, the coterie is meeting at the apartment of Olive Madison, a divorcee who freely admits to being a slob: "I leave a mess when I read a book." Late to arrive is Florence Unger, a stickler for detail who would try the patience of a saint, and who has unfortunately just become separated from her husband. As life would have it, the slob and the fuss-budget decide to room together--with hilarious results! Within days, Florence's obsessive habits start taking their toll on Olive and their friends. The only remedy Olive can think of (a pair of brothers from Barcelona) disastrously backfires, and the two women are forced to agree on one thing--even the best of friends sometimes make the worst of roommates. Showtimes are July 25-26 at 8 p.m. with a 2 p.m. matinee on July 27. Tickets are \$20 for adults, \$15 for seniors and government employees, and \$10 for students.

THEATRE

Proceeds will go to Theatre Tallahassee's renovation fund. The theatre is located at 1861 Thomasville Road in Tallahassee.

Aug. 16

The Pyramid Players will take the stage The Moon in Tallahassee to present "The Great Diamond Caper," an original musical mystery. This is the 13th annual big stage performance for The Players and is the crown jewel of Pyramid's unique visual and performing arts program. The performers are adults with intellectual and developmental disabilities whose true abilities shine through on stage. "The Great Diamond Caper" is an original musical "whodunit" mystery, 1930's film noir style, conceived and co-written by the Pyramid Studios playwriting class. Doors open at 5 p.m. for an exhibit of the art and handcrafted jewelry from Pyramid's six fine arts centers in the state. Light refreshments will be served. At 6:15 p.m., the Pyramid Rock Band will provide pre-show entertainment. Curtain is at 7. Admission is free, but donations are gratefully accepted. The Moon is located at 1105 E. Lafayette Street.

FESTIVAL

SEPT. 26-27

The inaugural Country in the Pines Festival, featuring country and Southern rock, will be held at Forest Capital State Park in Perry. The musical line-up will include the Tobacco Road Band, 309C and Adam Brock. Weekend tickets for the two-day festival are \$15 while day passes (Friday or Saturday) are \$10. Camping is available. For more information, call the Perry-Taylor County Chamber of Commerce at (850) 584-5366.

DANCING

Aug. 9

The Perry Elks Lodge will host Dancing Through the Decades, featuring DJ Camo (Camden Lynn) playing music from the past 40 years. The event begins at 8 a.m. Tickets are \$15 per person or \$25 per couple, with tables of 10 available for \$125. There will be a contest for the best themed dressed. Refreshments will be served with a cash bar. Proceeds will go toward sending Taylor County children to the Elks Youth Camp. Tickets can be purchased at the Perry-Taylor County Chamber of Commerce or the Elks Lodge. For more information, call (850) 584-5366.

this weekend at the movies

The last weekend of July looks to be another crowded one at theaters, with four new movies arriving.

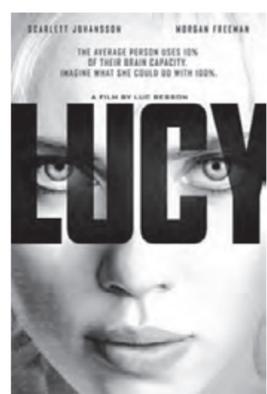
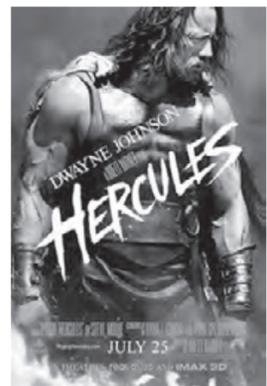
Up first is "And So It Goes," starring Michael Douglas ("Last Vegas") as a cantankerous realtor and Diane Keaton ("The Big Wedding") as his neighbor drawn in to help when his son leaves his granddaughter on his doorstep. Just watching the trailer, it's easy to see this was written by the same person (Mark Andrus) who wrote "As Good As It Gets." This is the first film for director Rob Reiner ("The Bucket List," "The Princess Bride") since his "The Magic of Belle Island" flopped. With the star power involved and what looks to be a funny story, this one should do much better.

The film is rated PG-13 for some sexual references and drug elements.

"The Fluffy Movie," which is getting a mid-sized release this weekend, is a comedy concert featuring comedian Gabriel "Fluffy" Iglesias. I'm a fan of standup, but I have to admit I'm not familiar with Iglesias, although the trailer looks pretty funny. It's not often we get a theatrical release for a comedy show like this, so if you're a fan, you may want to take advantage of the opportunity.

The movie is rated PG-13 for suggestive material and sexual references.

"Hercules" is the second film released this year about the Greek hero. This time the title role is played by Dwayne Johnson ("Pain & Gain") and the film



follows Hercules, broken by tragedy, tasked with saving a kingdom from a powerful warlord. Director Brett Ratner ("X-Men: The Last Stand," "Rush Hour") is behind the camera for the first time in three years, and is surely trying to regain

some of the momentum he had in the early 2000s. If nothing else, this one has to be better than "The Legend of Hercules," which came out in January.

The movie is rated PG-13 for epic battle sequences, violence, suggestive comments, brief strong language and partial nudity.

Rounding out the weekend is "Lucy," which features Scarlett Johansson ("The Avengers") in the title role as a woman who unwittingly gets a drug which allows her to access 100 percent of her mind, giving her mental abilities and ultimately powers behind human understanding.

The movie also co-stars Morgan Freeman ("Transcendence"), who simply adds gravitas to any movie he's in. The film is directed and written by Luc Besson, who produces many more films than he directs. Although many of Besson's projects have been less than stellar, when he's in the director's chair, the movies tend to be pretty good, such as his last effort, "The Family." This will be his first domestic venture into sci-fi since "The Fifth Element," which just happens to be one of my favorite movies, so I personally have high hopes for this one.

The film is rated R for strong violence, disturbing images and sexuality.

Classifieds

Small ads...big deals!

DEADLINES:
Deadlines for classified ads are Monday by 5 p.m. for the **Taco Times** and 5 p.m. Wednesday for the **Perry News-Herald**.

YARD SALES

Yard Sale. Saturday, July 26, 7 a.m. until. 306 E. Ellis Street. Kids clothes, boys 4T and up, girls size 6 and up. Kids toys and more!
7/25

Yard Sale. Saturday, July 26, 8 a.m. - 1 p.m. 475 El Camino Drive, behind Dr. Sugar's old office, back of neighborhood. Little bit of everything.
7/25

Indoor yard sale at Michelle's Bull Pen. Friday and Saturday, July 25-26, 8 a.m. until. 3180 Hwy. 19 South. Housewares, clothes, toys, TVs, exercise equipment, new cash register and much more.
7/25

MISCELLANEOUS

Crape Myrtle: Arapaho-true red; Natchez-white; Velma's Royal Delight-purple. Fragrant Gingers. Butterfly favorites and Blue Vitex. Abe Whitfield Turkey Roost Nursery 584-7395.
7/25-8/15

Janitrol AC/heater pump, 2 ton with heat strip. \$500, call 850-584-5585.
7/16-7/25

PETS

Three small puppies free to good home. Call 850-584-7308.
7/23-7/25

FOR RENT

Small camper for rent. Includes power, cable, water and internet. \$125 per week, \$100 deposit. Off North 19 by sports complex. Call 850-295-4786.
7/9-7/25 JP

Available August 1, 2014. Four bedroom, 2.5 bath house. Close to town with fenced in back yard. \$675 per month located on Puckett Road. \$700 security deposit. Call 850-843-1300 or 850-838-1728, leave message.
7/25-8/6

Available August 1, 2014. Four bedroom, 2 bath large double wide fenced in on two city lots with screened in porch. Located on Belair Street. Call 850-843-1300 or 838-1728, leave message.
7/25-8/6

1 B/R, 1 and 1/2 bath home with screened porch and deck in Shady Grove. Serious inquiries only. Call 838-5338f for appointment.
AR

FOR RENT

Westgate Rooms available for rent. Refrigerator, microwave, TV with cable, AC/Heater. Everything included. \$195-\$240 weekly, \$40 daily, \$595-\$635 per month. RV sites \$20 daily, \$120 weekly, \$350 monthly. Tax included. 1627 S. Byron Butler Pkwy. (786) 344-2546.
LS

Rooms available at Skylark Motel everything included for monthly \$595 (required \$45 deposit), \$195 weekly or \$40 daily (tax included). 317 N. Byron Butler Pkwy. (305) 970-1653. LS

WALL-TO-WALL CARPET & UPHOLSTERY CLEANING
Dries in 3-4 Hours ~ Tile Floors ~ Pet Odors
TREE CAPITAL CLEANING
584-CLEAN (584-2532)

New office for rent. First floor in downtown Perry. Handicap accessible, waiting room, breakroom, and conference room. \$300 per month, all utilities included. Call 954-647-5057.
6/6-7/30

2 bedroom, 1 bath mobile home in Everett's Park. \$400 per month and \$300 deposit. No pets, excellent references required. Apply Monday - Friday 10 a.m. - 4 p.m.
EMH

1 B/R, 1 and 1/2 bath home with screened porch and deck in Shady Grove. Serious inquiries only. Call 838-5338f for appointment.
AR

Trailer for rent. 3 bedroom, 1 bath, screen porch and laundry room. \$450 per month, first, last and deposit required. No kids, no pets. Call 584-8786.
7/18-8/01

Woodridge Apartments
Immediate Openings for 1 and 2 bedroom Apts. HUD Vouchers considered. HC and Non-HC accessible apartments. Call 850-584-5668. 709 W. Church St. Perry, FL 32348 TDD 711. Equal Housing Opportunity.
WA

Two bedroom, 1 bath in Everetts Park. \$450 per month and \$300 deposit. Apply Monday-Friday, 10 a.m.-4 p.m.
EMH

STEINHATCHEE PLACE RESORT
Furnished 1 and 2 bedroom apartments for rent \$600 to \$800. Included with rent is full cable t.v., Internet, hot tub, one block to river and new boat landing. Call (352) 498-7740 if no answer call (813) 677-9640.

Trailer for rent. 3 bedroom, 2 bath. \$450 per month, first last and deposit required. No kids, no pets. Call 850-584-8786.
7/18-8/01

For rent 2/2, immaculate condition, 1 year lease, references required. Max occupancy 2, no pets. Call 584-3681 for application.
PF

Call 584-5513 to place your ad today.

FOR RENT

Three bedroom, 1.5 bath, off Leon Ward Road. \$350 per month, and \$200 Security deposit. Call 850-295-2253.
7/23-7/25

HOMES & REAL ESTATE

For sale. Three bedroom, 2 bath double wide on 20 acres. Has barn, stock pens, garage and fenced. Will separate. No credit. One mile from town. \$93,000 firm. Call 850-223-0140 after 6 p.m.
7/23, 7/25, 7/30, 8/1

Three bedroom camp house, with dog pens at Aucilla River Estates. \$40,000. Call 838-2986.
7/18-7/25

Land for Sale, 221 North between Shiloh Church Rd. and Cairo Parker Rd. 1 acre lots with paved roads. Owner financing available. Please call (386) 658-1346 or (850) 584-7466.
EF

Three lots for sale, with old house. House needs work, not livable. Call 850-371-4512.
8/20-8/25

For sale or trade. House in Ocean Pond Subdivision only few miles from Keaton Beach, FL. 1568 sq ft, 3/2, open kitchen-living room, stainless steel appliances, carpet and hardwood flooring, on 2 acres of land. \$117,900, call 850-672-0536.
6/18-7/30

For sale or rent Three bedroom, 2 bath brick home in Glenridge area. House is on .86 acre lot in quiet area, near schools and shopping. No rent to buy. Call 850-584-4098.
7/25-8/29 (FRI.)

MOBILE HOMES

Need to replace your old home? We have low priced options for you. 2/1 \$27,995, 3/1 \$40,500 and up. Schedule your tour today. PHC 352-493-2492.

Prestige Home Centers, in Chiefland. Your local manufactured home builder. Built local, sold local. 2/1 \$27,995, 2/2 \$34,995, 3/2 from 40,500. PHC of Chiefland 352-493-2492

Trade your mobile home in today on a new Jacobsen Manufactured home! (386) 438-8458. JH

3/2 Western Red Cedar siding on manufactured home. 32' wide, porch, sits on 5 private acres. New appliances, call Prestige Home centers for details, 1-800-477-2492.
PHC

Why pay rent when you can own a house in town? 3/2 on city lot, new appliances. \$49,995, call today for your tour.
PHC 352-493-2492.

We buy ugly mobile homes! Call John today! (386) 438-8458. JH

Got Land? Let's Build! No money down! Modular or Manufactured turn key deals (386) 438-8458. JH

New 2014 Jacobsen 4 bedroom, 2 bath Doublewide, delivered & set-up, power pole, new well & septic included. Only \$59,995! (386) 438-8458. JH

AUTOMOBILES

2007 Ford Fusion \$6,995.
2008 Saturn Ion \$8991.
2007 Chevrolet Impala \$8995
Financing Available.
850-584-2111

1997 Dodge pick-up, 1500 extended cab. Toolbox, cold A/C, runs great, needs paint job. \$2,500, call 850-223-1448.
7/23-7/25

HELP WANTED

North Florida Community College, Madison FL., has the following positions available: DIR of Business & Tech Services; Recruiter; Learning Specialist. See www.nfcc.edu for details.
NFCC
7/9-7/2

HELP WANTED

Advent Christian Village Current JOBS Line Advertisement call 658-5627 or visit www.acvillage.net 24 hrs/day, 7 days/week
Want more than a Job? Experience a Community!
FT/PT grounds/maintenance laborer to provide grounds and general labor support for residential community, commercial buildings, and surrounding areas; prior experience in residential or commercial lawn care a plus; must be skilled in maintaining lawn care equipment & have valid Florida DL.
PT custodian in institutional healthcare setting, may include weekends / evenings. Must be dependable, courteous, and work well with others. Valid FL driver's license required. Prior experience in healthcare custodial and carpet care desired.
PT laundry worker in institutional healthcare setting, may include weekends/evenings. Must be dependable, courteous and work well with others. Careful attention to proper care of wide variety of fabrics and colors required. Prior experience desired.
FT social services associate, for degreed social services professional. Position provides social services support to long-term care residents and their families, including directing therapeutic programs and services to residents in a memory-impaired unit. Bachelor's degree in human services or related field required. Experience with geriatric or long-term care population preferred. Must be creative, energetic and organized. Generous benefits, access to onsite daycare & fitness facilities, & great working environment. EOE; Drug Free Workplace, Criminal background checks required.
Apply in person at ACV Personnel Department Mon thru Fri, 9:00 a.m. until 4:00 p.m., Carter Village Hall, 10680 Dowling Park Drive, Dowling Park, FL; fax resume to (386) 658-5160; or visit www.ACvillage.net.
7/16-7/25

PT custodian in institutional healthcare setting, may include weekends / evenings. Must be dependable, courteous, and work well with others. Valid FL driver's license required. Prior experience in healthcare custodial and carpet care desired.
PT laundry worker in institutional healthcare setting, may include weekends/evenings. Must be dependable, courteous and work well with others. Careful attention to proper care of wide variety of fabrics and colors required. Prior experience desired.
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7/16-7/25

North Florida Community College: DIR of Business & Tech Services; Recruiter; Learning Specialist; Communications Specialist. See www.nfcc.edu for details.
7/25-8/6, NFCC

Help wanted: Feed horses and other farm animals, clean stalls and assist with general maintenance work. Must be able to work mornings. experience around large animals preferred. Will be working two miles outside the city limits of Perry. Please leave a message at 850-223-1714.
7/23-8/01

Subscribe to the e-Edition at www.perrynewspapers.com

Help wanted: Feed horses and other farm animals, clean stalls and assist with general maintenance work. Must be able to work mornings. experience around large animals preferred. Will be working two miles outside the city limits of Perry. Please leave a message at 850-223-1714.
7/23-8/01

Subscribe to the e-Edition at www.perrynewspapers.com

Help Wanted Help Others and Get Paid

Big Bend Area Health Education Center, a nonprofit Organization, whose mission is to improve health in rural communities is hiring community health workers for contracted-positions for 10 to 20 hours per week. Salary \$10 to \$15 per hour depending on duties and experience, paid every 2 weeks. Free paid training provided.

- Job Qualifications**
- At least a high school diploma, GED, or equivalent
 - Hold valid driver's license and transportation
 - Training as a Certified Nurse Assistant, Nurse's Aide, Phlebotomist, Medical Assistant, Home Health Aide or other related fields are a plus, but not required

- Skills Needed**
- Able to learn to perform finger sticks for blood glucose, use a digital blood pressure monitor, and other health screening equipment
 - Be trustworthy
 - Be able to talk to others about health and discuss ways to improve health
 - Able to keep records and complete reports in an accurate and timely manner
 - Be a team player

*** Positions are funded by a Florida Department of Health, Office of Minority Health, Closing the Gap Grant and end September 1, 2015.

BIG BEND AHEC
New Directions in Community Health
Please call (850) 224-1177 for information or to apply for this job.
Application Deadline is August 4, 2014

WE BUY GOLD, SILVER, OLD COINS, DVD's (old and new), HARDCOVER BOOKS, VIDEO GAMES, NINTENDO, PLAYSTATION 1,2,&3, XBOX 360 and ALMOST ANYTHING ELSE OF VALUE

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Visit us online at: www.markscollectibles.com
PERRY - 7 BLOCKS WEST OF COURTHOUSE AT U.S. 19-27
STORE HOURS: 9 AM - 8 PM MON - SAT

Cash for junk cars and trucks, free removal. 7 days a week. Call (386) 658-1030 or (904) 887-8513.
6/4-7/30

We Buy Scrap Metal and Junk Cars
850-838-5865.
RC

TIDEWATER APARTMENTS
Now accepting applications for 2 & 3 bedroom apartments.... Rent based on income. On-site laundry. Most utilities included. Close to shopping centers, city parks, and Boys & Girls Club. Public transportation available. 850-584-6842, TDD 711, EHO. Section 8 Affordable Multifamily Housing.
TA.

Good Shepherd Child Development Center
"A Ministry of New Home Baptist Church"

Now Accepting Applications for the position of **Daycare Director**

Candidates must have 3 years childcare experience and 1 year of managerial experience. Candidates that already have director credentials are preferred but must be able to complete within 6 months.

Call 584-7445 or drop by to get an application or information on the position available at 405 E. Hampton Springs Ave.

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HELP WANTED

North Florida Community College, Madison FL., has the following positions available: DIR of Business & Tech Services; Recruiter; Learning Specialist. See www.nfcc.edu for details.
NFCC
7/9-7/2

SERVICES

A to Z Farm and Lawn Service Land clearing, tree trimming/removal, dump truck service, harrowing, bush hog mowing, rake work, dirt leveling and complete lawn service. Call 584-6737.
AZ

Mutts Cutts Dog Grooming
Bath-Cut-Groom-Nails
850-584-2027 or 850-591-8301
7/4-7/25

TALL TIMBER TREE SERVICE
•Stump Grinding
•Tree Trimming
•Tree Removal
•Debris Removal
•Bucket truck use
•Bush Hogging
•Land Clearing
•Free Estimates*
and
•Great Rates*
Call today!
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MM, 9/14

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Over 25 years experience on your new welding project or repair.
24-hour mobile service
Located on Harrison Blue Rd.
850-843-3500
7/9-8/1

J.D.'s Tree Service and Lawn Care. Licensed and insured. Free estimates. We also grind stumps. Call today 838-1280. Firewood for sale.
JD

Need your cemetery plot mowed? I will mow and weed eat your cemetery lot for a very reasonable price. Will do one-time jobs or set up a regular maintenance plan. Call 850-371-0702.
7/25-8/29 (FRI.)

Swann Bail Bonds
Swann Bonding Agency
EARL SWANN BAIL BONDS
"Where Everyday Is Springtime"
107 N. Jefferson St. 584 - 2757

LEGALS

Notice of Intention to Register Fictitious Name
To whom it may concern: Notice is hereby given that the undersigned, pursuant to the fictitious name statute, chapter 20953 or Section 865.09, Florida Statutes, 1941, will register with the Secretary of State, Corporation Division, Tallahassee, Florida, upon receipt of proof of publication of this notice the fictitious name, to wit: Whitey's Restaurant under which we/I will engage in

Patterson, Moody in favor of \$2.2 million purchase list; Feagle, Page, DeVane vote for \$2 million list

\$2 MILLION/HOSPITAL Continued from page 1

The resulting discussion began at the top of the high-ticket item list with a request for 50 patient beds boasting a total cost of \$627,030.

After a discussion on the beds, Commission Chairman Malcolm Page asked commissioners if they had any specific questions on any particular item on the list.

Commissioner Pam Feagle asked about the inclusion of a replacement ambulance for \$110,000, since the last several ambulances were purchased with funding from state grants.

Forbes said there was not enough funding provided by the state this year to request an ambulance and the next cycle does not begin until 2015.

Page asked about an automatic door opener priced at \$30,000 for the emergency room, and Forbes said this would be a

new automatic door, not a replacement.

County Attorney Conrad Bishop said he had been communicating with the bond council, which oversees the bond issued to cover the construction of the DMH building, and stated they would support the commission using the excess sales tax to purchase new equipment.

Any equipment purchased by the commission in this manner would remain the property of the county and leased to the hospital, he continued. Additionally, all purchases which are not from a sole source would need to follow the county's bid procedures.

Page said he did not feel it was necessary to go down the list of needed items one by one, but instead wanted the commission to "come up with a figure" and let DMH pick the items it needed.

While Page said he was in favor of the county paying down its debt, he also noted that

depending on how much the commission agreed to give, it would only delay paying off the hospital bond by two to three years.

Feagle said she agreed with the idea of setting a figure.

Commissioner Jim Moody was he was in favor of the \$2.2 million figure.

"What's important to me is that we have good quality healthcare," Feagle said. "It's important not only for our citizens but also for economic development."

She then made a motion to offer \$2 million to DMH for equipment purchases. Page asked for a second and at first did not receive one, but then Commissioner Jody DeVane seconded.

The measure passed 3-2, with Moody and Commissioner Pat Patterson voting no, both stating they were in favor of the \$2.2 million figure.

Later in the meeting, the commission briefly returned to the issue to set a date for the public hearing,

which is required by county policy to utilize the excess sale tax funds. The hearing will be held during the commission's regular meeting on Monday, Aug. 4.

Taylor County voters approved the current one cent local sales tax to fund the construction of the DMH building, which opened in 2003, and to purchase equipment, with the initial expenses covered by a 30-year bond. The county has been collecting the excess sale tax generated beyond what is needed for its annual bond payments to eventually make a lump sum payment once that is allowed, which will be after Oct. 1, 2015.

According to county figures, the board has approximately \$6.3 million in excess sales tax, with an additional \$2.1 million expected in the 2014-15 fiscal year, which begins Oct. 1. The annual bond payment is \$1,058,000.

On two separate occasions, however, the commission has tapped a portion of the excess sale tax revenue to purchase additional equipment for the hospital.

In 2006, the county purchased \$128,000 in

orthopedic equipment.

Then in 2009, the commission agreed to buy \$2.2 million in radiological equipment as well as pay off a \$500,000 USDA loan dating back to when the hospital moved to its new location.

Obituaries

Kenneth Lee Eakins

Kenneth Lee "Kenny" Eakins, 55, of Buena Vista, Va., formerly of Greenville died Monday, July 21, 2014, at his home in Virginia. He was born Dec. 7, 1958, in Monticello to Lester Luther and Sarah Helen (Parker) Eakins.

Mr. Eakins was a member of Sirmans Missionary Baptist Church in Sirmans and a 1976 graduate of Greenville High School.

He was preceded in death by his father.

Survivors include: his mother, Sarah Helen Eakins of Sirmans; his brothers, Homer L. Eakins of Greenville and Danny (Sue Ann) Eakins of Perry; his sister, Sandy (Mark) Dwyer of Virginia Beach, Va.; his daughters Leah, Lacey and Candice; five grandchildren; as well as several nieces and one nephew.

Funeral Services will be held at 11 a.m. today (Friday) July 25, at Joe P. Burns Funeral Home in Madison with Gary Blanton officiating. Interment will follow at Evergreen Cemetery in Greenville.

Family members received friends from 6-8 p.m. on Thursday, July 24, 2014 at the funeral home.

Nobie Roberts Jr.

Nobie Roberts Jr., 75, of Perry, died July 17, 2014, at Big Bend Hospice in Tallahassee.

Survivors include: his wife, Willie C. Roberts of Perry; two daughters, Tamiko Colvin of Hope Mills, N.C., and Pamela Williams of Winston Salem, N.C.; four brothers, the Rev. Jessie Hawkins Sr. of Tallahassee, the Rev. Earnest Washington Sr. of Tampa, Alonzo Stewart Sr. of St. Petersburg, Eugene Stewart Sr., of Perry; eight grandchildren; and three great-grandchildren.

Services will be held at 11 a.m. on Saturday, July 26, at Stewart Memorial A.M.E Church with Pastor Raynetta L. Pandley officiating. Interment will follow at Springhill Cemetery.

Family members will receive friends tonight, Friday, July 25, from 5-7 p.m. at Evans-Walker Funeral Home which is in charge of arrangements

What will \$2 million buy for hospital?

At Tuesday's county commission meeting, Doctors' Memorial CEO Gerri Forbes presented a list of items for which the hospital board was requesting financial assistance.

The commission ultimately agreed to consider funding \$2 million of the "high dollar" purchase list, which includes:

- 50 patients beds medurg/ICU, \$627,030;

- three anesthesia machines, \$203,838;
- cardiac monitors and CO2 BER monitor, \$184,000;
- arthroscopy tower, \$170,000;
- Endoscopy equipment \$170,000 (balance of \$110,000 from DMH foundation);
- Digital direct, \$150,000;
- Telemetry (ER/Peds), \$113,000;
- Replacement ambulance,

- \$110,000;
- Ortho fracture table, \$80,000;
- Patient data server, \$59,000;
- Portion ultrasound, \$43,000;
- Vision hospital grade bipad/cpap, \$40,000;
- Refurbished Skytron 6701, \$36,250;
- Six standard stretchers, \$36,000;

- Automatic door opener in ER, \$30,000;
- Two sleep study room monitoring systems, \$30,000;
- Refurbished Amsco 4085, \$29,375;
- Arthex instruments, \$28,000;
- Patient monitoring OPSU, \$27,000;
- Security camera system, \$23,000;
- EKG wireless, \$21,000.

LEGALS 

business. I/we expect to engage in business in Perry, Florida and our address is: 13950 Beach Rd., Perry, FL 32348 The extent of ownership is: James Musselwhite 7/18, 7/25

LEGALS 

200 FEET OF LOT 1, BLOCKS, RIVERSIDE ADDITION, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 1, PAGE 66, OF THE PUBLIC RECORDS OF TAYLOR COUNTY, FLORIDA. Property address: 1720 N.E. MAGNOLIA STREET, Steinhatchee, FL 32359 at public sale, to the highest and best bidder, for cash, by electronic sale AT THE WEST DOOR OF THE TAYLOR COUNTY COURTHOUSE, 108 N. JEFFERSON STREET, PERRY, FLORIDA 32347, beginning a 11:00 a.m. on November 13, 2014. Any person claiming an interest in the surplus from the sale, if any, other than the property owner as of the date of the lis pendens, must file a claim within 60 days after the sale. Witness, my hand and seal of this court on the 14 day of July, 2014. CLERK OF CIRCUIT COURT By: Marti Lee, DC Deputy Clerk AMERICANS WITH DISABILITIES ACT: If you are a person with a

LEGALS 

disability who requires accommodations in order to participate in a court proceeding, you are entitled, at no cost to you, the provision of certain assistance. Individuals with a disability who require special accommodations in order to participate in a court proceeding should contact the ADA Coordinator, 173 NE Hernando Avenue, Room 408, Lake City, FL 32055, (386) 719-7428, within two (2) business days of receipt of notice to appear. Individuals who are hearing impaired should call (800) 955-8771. Individuals who are voice impaired should call (800) 955-8770. 7/25, 8/1

LEGALS 

Lot 1, Cedar Island - Bahia Unit, according to the map or plat thereof as recorded in Plat Book 1, Page 113, Public Records of Taylor County, Florida, and Lot 2, Cedar Island - Bahia Unit, according to the map or the plat thereof as recorded in Plat Book 1, Page 113, Public Records of Taylor County, Florida. The sale will be held on August 12, 2014, at 11:00 a.m. (EST), to the highest bidder for cash, on the front steps, of the Taylor County Courthouse, 108 North Jefferson Street, Perry, Florida 32347, in accordance with Section 45.031, Florida Statutes. Any person claiming an interest in the surplus from the sale, if any other than the property owner as of the date of the lis pendens must file a claim within 60 days after the sale. Dated July 14, 2014. ANNIE MAE MURPHY Taylor County Clerk of Court Marti Lee, DC Deputy Clerk 7/25,8/1

LEGALS 

Street, Perry, Florida. A Public Hearing and Final Reading on Ordinance No. 937 is scheduled for August 12, 2014 in the City Council Regular Meeting, Council Room 224 S. Jefferson Street, Perry, Florida at 5:30 p. m. or as soon thereafter as possible. The public hearing may be continued to a future date at the meeting, without further legal notice advertisement in the local newspaper. The public hearing date will be set at a future Council meeting. Any interested persons may appear and be heard on the aforementioned public hearing date. Notice is also given, pursuant to Florida Statutes 286.0105 that any person deciding to appeal any decision of the City Council with respect to any matter considered at the meeting will need a record of that meeting and may need to ensure that a verbatim record of the proceedings is made; which record includes the testimony and evidence upon which the appeal is to be based. ORDINANCE NO. 937

LEGALS 

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF PERRY, TAYLOR COUNTY, FLORIDA; RELATING TO PROVIDING A CASH COLLATERAL GUARANTY FOR FINANCING TO BE OBTAINED BY BIONITROGEN TAYLOR, LLC; FINDING THAT SUCH COLLATERAL GUARANTY SERVES A MUNICIPAL PURPOSE; MAKING FINDINGS; ESTABLISHING PLEDGED FUNDS THAT WILL COMPRISE THE CASH COLLATERAL; DESIGNATING AUTHORIZED REPRESENTATIVES; PROVIDING ASSURANCE; PROVIDING FOR CONFLICTS, SEVERABILITY, AND EFFECTIVE DATE. Copies of said Ordinance No. 937 may be inspected at the Administration Office of City Hall, 224 S. Jefferson Street, Perry, Florida between the hours of 8:00 a.m. and 5:00 p.m., Monday thru Friday. Robert A. Brown, Jr. City Manager Darryl Gunter Mayor 7/25

IN THE CIRCUIT COURT OF THE THIRD JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR TAYLOR COUNTY CIVIL DIVISION Case No. 62-2012-CA-000037-XXXX-XX Division: Civil Division LPP MORTGAGE LTD. Plaintiff, vs. KENNETH H. ELWOOD, et al. Defendant(s) NOTICE OF SALE Notice is hereby given that, pursuant to a Final Summary Judgment of Foreclosure entered in the above-styled case, I will sell the property located in TAYLOR County, Florida, described as: THE WEST

disability who requires accommodations in order to participate in a court proceeding, you are entitled, at no cost to you, the provision of certain assistance. Individuals with a disability who require special accommodations in order to participate in a court proceeding should contact the ADA Coordinator, 173 NE Hernando Avenue, Room 408, Lake City, FL 32055, (386) 719-7428, within two (2) business days of receipt of notice to appear. Individuals who are hearing impaired should call (800) 955-8771. Individuals who are voice impaired should call (800) 955-8770. 7/25, 8/1

IN THE CIRCUIT COURT OF THE THIRD JUDICIAL CIRCUIT, IN AND FOR TAYLOR COUNTY, FLORIDA CASE NO. 2012-843-CA SYNOVUS BANK f/k/a COLUMBUS BANK AND TRUST COMPANY, as successor in interest through the name change and by merger with TALLAHASSEE STATE BANK, Plaintiff, v. THE UNKNOWN SPOUSES, HEIRS, DEVISEES, GRANTEEES, ASSIGNEES, LIENORS, CREDITORS, TRUSTEES OR OTHER CLAIMANTS CLAIMING BY, THROUGH, UNDER OR AGAINST THE ESTATE OF CLIFFORD E. BURNS, SR., and UNKNOWN TENANTS, Defendants. NOTICE OF JUDICIAL SALE PURSUANT TO SECTION 45.031(1) OF THE FLORIDA STATE STATUTES TO WHOM IT MAY CONCERN: Notice s hereby given that pursuant to the Summary Final Judgment of Foreclosure entered on July 9, 2014, in Case No. 2012-843-CA, of the Circuit Court of the Third Judicial Circuit for Taylor County, Florida, in which SYNOVUS BANK f/k/a COLUMBUS BANK AND TRUST COMPANY, as successor in interest through the name change and by merger with TALLAHASSEE STATE BANK is Plaintiff, and THE UNKNOWN SPOUSES, HEIRS, DEVISEES, GRANTEEES, ASSIGNEES, LIENORS, CREDITORS, TRUSTEES OR OTHER CLAIMANTS CLAIMING BY, THROUGH, UNDER OR AGAINST THE STATE OF CLIFFORD E. BURNS, SR., are the Defendants, that the undersigned, Clerk of Circuit Court, Taylor County, Florida, will sell at public sale the following described real property located in Taylor County, Florida:

PUBLIC MEETING TO WHOM IT MAY CONCERN Please take notice that the Three Rivers Regional Library Board will hold a Budget workshop on Tuesday, August 5th, 2014 at 4:00 p.m., at the Dixie County Public Library, Cross City Florida. All interested persons are invited to attend and be heard. Please be advised, that if a person decides to appeal any decision made by the Board with respect to any matter considered at such hearin, that person will beed a record of the proceedings, and that, for such purpose, he/she may need to ensure that a verbatim record of the proceedings is made, which record includes the testimony and evidence upon which the appeal is to be based. "Person with disabilities requesting reasonable accommodation to participate in this proceeding should contact (352) 498-1200 (Voice & TDD) or via Florida Relay Service at (800) 955-8771. 7/25

Pursuant to Section 2.13(B) of the City Charter of the City of Perry, Florida, notice is hereby given that the City Council had Introduction and First Reading on Ordinance No. 937 on July 22, 2014 in the City Council Chambers, 224 S. Jefferson

Street, Perry, Florida. A Public Hearing and Final Reading on Ordinance No. 937 is scheduled for August 12, 2014 in the City Council Regular Meeting, Council Room 224 S. Jefferson Street, Perry, Florida at 5:30 p. m. or as soon thereafter as possible. The public hearing may be continued to a future date at the meeting, without further legal notice advertisement in the local newspaper. The public hearing date will be set at a future Council meeting. Any interested persons may appear and be heard on the aforementioned public hearing date. Notice is also given, pursuant to Florida Statutes 286.0105 that any person deciding to appeal any decision of the City Council with respect to any matter considered at the meeting will need a record of that meeting and may need to ensure that a verbatim record of the proceedings is made; which record includes the testimony and evidence upon which the appeal is to be based. ORDINANCE NO. 937

OPEN HOUSE
This Sunday, July 27, 2 - 4 p.m.



415 W. Green St.
Victorian Retreat near Heart of Downtown Perry...Check out this unique home with 10' ceilings, spacious rooms, accents of days gone by such as transit windows over doors, ornate door trim, large baseboards and glass door knobs, four fireplaces, pool and a large private back yard hideaway.

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Miscellaneous

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Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be

Adoption

ADOPT: loving married couple seeks to adopt, will be hands on mom and dad. Financial security. Expenses paid. Dawn & Domenick 1(855)985-4592, Adam Sklar #0150789

ADOPTION: A childless loving couple seeks to adopt. Large family. Financial Security. Expenses paid. Eileen & Kim. kimandeeileenadopt@gmail.com or 1-800-455-4929.

Auctions

AUCTION - State of Georgia DOT Surplus. LIVE AUCTION with Online Bidding Thursday, July 31st at 10AM 737 E. Barnard St, Glennville, GA 30427 Cars, Trucks, Buses, Loaders, Tractors, Equipment and more. L.W. Benton Co. Inc (#3215) 4 7 8 - 7 4 4 - 0 0 2 7 www.bidderone.com

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AD/GW

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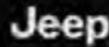


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2014 DODGE DURANGO 7 Passenger V140465 \$28,996	2014 DODGE GRAND CARAVAN V140065 \$18,998	2014 JEEP PATRIOT Q140312 \$18,495	2014 JEEP COMPASS V140314 \$20,988	2014 JEEP CHEROKEE V140369 \$22,994

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888-304-2277 ALL PRICES PLUS TAX, TITLE & LEMON LAW FEE OF \$3 AND REFLECT ALL APPLICABLE FACTORY REBATES. VEHICLES MAY BE LOCATED AT EITHER OF OUR QUITMAN OR VALDOSTA DEALERSHIPS. ALL PRICES GOOD THROUGH JULY 26, 2014 OR UNTIL VEHICLE IS SOLD, WHICHEVER COMES FIRST. 1500 TRUCKS & AVENGER PRICES INCLUDE \$500 REBATE WHEN FINANCED WITH CHRYSLER CAPITAL. LARAMIE 1500 TRUCK INCLUDES \$1000 CONQUEST REBATE TO CUSTOMER WHO OWN A COMPETITIVE BRAND TRUCK. MUST PRESENT AD AT TIME OF PURCHASE TO RECEIVE ANY OR ALL ADVERTISED PRICE. **888-463-6831** 801 E. SCREVEN ST • QUITMAN 4164 N. VALDOSTA RD. • VALDOSTA

CASS BURCH SUMMER DRIVE



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SUPPLIER PRICING on 2014 1500 Crew Cab... plus 0% for 72 months on ALL 2014 Silverado 1500

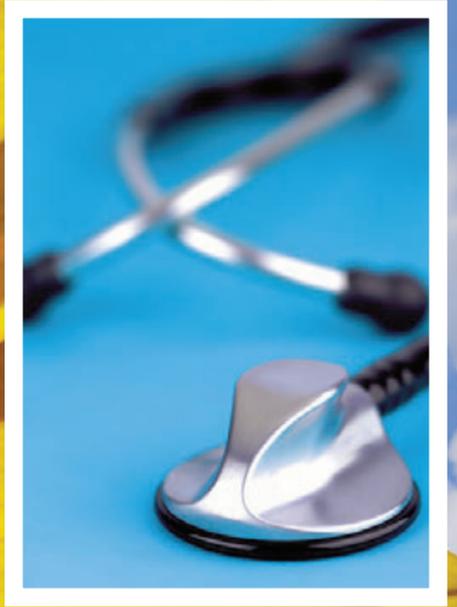
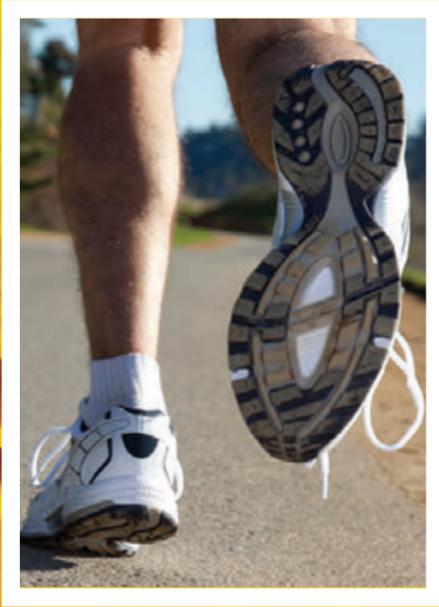
0% EXAMPLE: C140162 MSRP: \$27,735 - DISCOUNT \$885 - \$2000 DOWN, \$24,850/72=\$345/MONTH, PLUS TAX, TITLE & \$3 LEMON LAW.

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Educators Discount - Supplier Pricing
 Employees of Educational Institutions **SAVE THOUSANDS**
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Healthy *Living*

Getting fit as a family

Perhaps the old saying should say, the family who plays together, stays fit together.

Physical activity is important for children and adults of all ages. Being active as a family can benefit everyone. Adults need two and a half hours a week of physical activity, and children need 60 minutes a day.

The USDA suggests the following 10 tips to become more active as a family:

- **Set specific activity times.** Determine time slots throughout the week when the whole family is available. Devote a few of these times to physical activity. Try doing something active after dinner or begin the weekend with a Saturday morning walk.
- **Plan ahead and track your progress.** Write your activity plans on a family calendar. Let the kids help in planning the activities. Allow them to check it off after completing each activity.

- **Include work around the house.** Involve the kids in yard work and other active chores around the house. Have them help you with raking, weeding, planting or vacuuming.

- **Use what is available.** Plan activities that require little or no equipment or facilities. Examples include walking, jogging, jumping rope, playing tag and dancing.

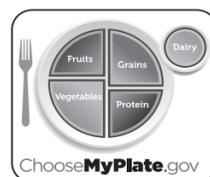
- **Build new skills.** Enroll the kids in classes they might enjoy such as gymnastics, dance or tennis. Help them practice. This will keep things fun and interesting, and introduce new skills.

- **Plan for all weather conditions.** Choose some activities that do not depend on the weather conditions. Try mall walking, → Please see page 7

10 tips Nutrition Education Series

choose MyPlate

10 tips to a great plate



Making food choices for a healthy lifestyle can be as simple as using these 10 Tips.

Use the ideas in this list to *balance your calories*, to choose foods to *eat more often*, and to cut back on foods to *eat less often*.

1 balance calories
Find out how many calories YOU need for a day as a first step in managing your weight. Go to www.ChooseMyPlate.gov to find your calorie level. Being physically active also helps you balance calories.

2 enjoy your food, but eat less
Take the time to fully enjoy your food as you eat it. Eating too fast or when your attention is elsewhere may lead to eating too many calories. Pay attention to hunger and fullness cues before, during, and after meals. Use them to recognize when to eat and when you've had enough.



3 avoid oversized portions
Use a smaller plate, bowl, and glass. Portion out foods before you eat. When eating out, choose a smaller size option, share a dish, or take home part of your meal.

4 foods to eat more often
Eat more vegetables, fruits, whole grains, and fat-free or 1% milk and dairy products. These foods have the nutrients you need for health—including potassium, calcium, vitamin D, and fiber. Make them the basis for meals and snacks.



5 make half your plate fruits and vegetables
Choose red, orange, and dark-green vegetables like tomatoes, sweet potatoes, and broccoli, along with other vegetables for your meals. Add fruit to meals as part of main or side dishes or as dessert.

6 switch to fat-free or low-fat (1%) milk
They have the same amount of calcium and other essential nutrients as whole milk, but fewer calories and less saturated fat.



7 make half your grains whole grains
To eat more whole grains, substitute a whole-grain product for a refined product—such as eating whole-wheat bread instead of white bread or brown rice instead of white rice.

8 foods to eat less often
Cut back on foods high in solid fats, added sugars, and salt. They include cakes, cookies, ice cream, candies, sweetened drinks, pizza, and fatty meats like ribs, sausages, bacon, and hot dogs. Use these foods as occasional treats, not everyday foods.

9 compare sodium in foods
Use the Nutrition Facts label to choose lower sodium versions of foods like soup, bread, and frozen meals. Select canned foods labeled "low sodium," "reduced sodium," or "no salt added."



10 drink water instead of sugary drinks
Cut calories by drinking water or unsweetened beverages. Soda, energy drinks, and sports drinks are a major source of added sugar, and calories, in American diets.



Go to www.ChooseMyPlate.gov for more information.

DG TipSheet No. 1
June 2011
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Healthiest Weight

After surveying the health landscape, the Florida Department of Health found that the #1 public health threat challenging the future of Florida is weight.

Currently, only 36 percent of Floridians are at a healthy weight, officials said. On the current trend, by 2030, they estimate almost 60 percent will be obese. Additionally, six out of 10 children born today are projected to be obese by the time they graduate high school.

“Over the next 20 years in Florida, obesity is expected to contribute to millions of cases of preventable chronic diseases such as type 2 diabetes, heart disease and cancer, costing an estimated \$34 billion,” officials said. “To address this important public health issue, the Department of Health launched the Healthiest Weight Florida initiative in January 2013.”

Healthiest Weight Florida is a public-private collaboration bringing together state agencies, not-for-profit organizations, businesses and entire communities to help Florida’s children and adults make choices about healthy eating and active living.



Weekly exercise classes held at Rosehead Park

The Grand Pavilion at Rosehead Park has seen farmers and birthday parties, as well as an Easter Sunday service, but now the downtown attraction is welcoming participants every Monday to CORE Lifestyle training, an exercise class “that is 100 percent free.”



Sponsored by the Big Bend Rural Health Network, the classes are led by a certified personal trainer

“and focus on making fitness fun and accessible to all ages and ability levels,” said Maija Teppola who has partnered with the Taylor County Extension Service to make the opportunity available to Taylor Countians.

“Water and snacks are offered at every class, and there’s no need to bring any equipment. We supply anything participants might need to complete the exercises,” Teppola said.

The hour-long class begins at 5 p.m.

CORE is an acronym for Challenging Obstacles Require Effort. Follow-ups with participants are scheduled every four, eight and 12 weeks.

But those are just details, Teppola maintains. The most important thing is, “Just join us, and bring a friend. Fitness can be fun and we’ll show you how.”

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Hand, Foot & Spine Clinic

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(386) 294-2020 Mayo

Shane Bethea D.C.

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What does it mean for you to live well?

PEACE is a program of Big Bend Hospice to help people express in writing their wishes for end-of-life health care.



A PEACE representative can help initiate an ongoing discussion that focuses on issues like:

- who you want to speak for you in the event you cannot speak for yourself.
- what treatments you want and do not want if you are no longer able to speak for yourself.
- how you would like to be remembered by those who matter most.

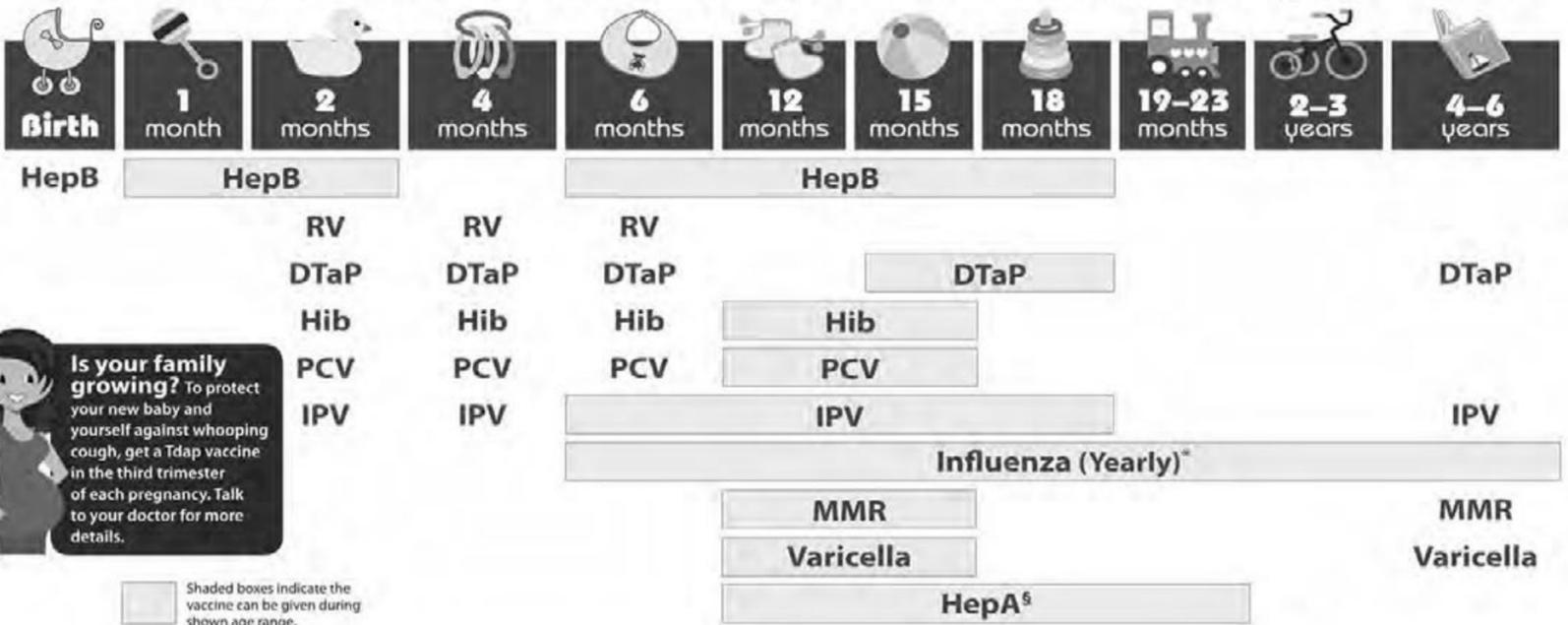
These desires are captured on a document like Five Wishes and a reliable system is set in place to ensure the document is available as needed. If you would like to schedule a one-on-one meeting with a trained facilitator or have a PEACE representative come and speak with your church or organization, call 850.878.5310.

This is a free service of Big Bend Hospice.



107 East Green Street, Perry, Florida 32347
850.838.3096 • www.bigbendhospice.org

2014 Recommended Immunizations for Children from Birth Through 6 Years Old



Is your family growing? To protect your new baby and yourself against whooping cough, get a Tdap vaccine in the third trimester of each pregnancy. Talk to your doctor for more details.

NOTE: If your child misses a shot, you don't need to start over, just go back to your child's doctor for the next shot. Talk with your child's doctor if you have questions about vaccines.

FOOTNOTES:

- * Two doses given at least four weeks apart are recommended for children aged 6 months through 8 years of age who are getting a flu vaccine for the first time and for some other children in this age group.
- § Two doses of HepA vaccine are needed for lasting protection. The first dose of HepA vaccine should be given between 12 months and 23 months of age. The second dose should be given 6 to 18 months later. HepA vaccination may be given to any child 12 months and older to protect against HepA. Children and adolescents who did not receive the HepA vaccine and are at high-risk, should be vaccinated against HepA.

If your child has any medical conditions that put him at risk for infection or is traveling outside the United States, talk to your child's doctor about additional vaccines that he may need.

SEE BACK PAGE FOR MORE INFORMATION ON VACCINE-PREVENTABLE DISEASES AND THE VACCINES THAT PREVENT THEM.

Immunization clinic slated for July 31 at health dept.

Health officials are urging parents to ensure their children are up-to-date on their immunizations before school starts next month.

The Taylor County Health Department is hosting a Back to School Immunization Clinic all day on Thursday, July 31.

Call the health department at (850) 584-5087 for an appointment and information.

For a graphic detailing diseases which are preventable with immunizations, please see page 5.

Alfredo Nova MD
...because nothing is more precious than life
Board Certified in Obstetrics and Gynecology

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Dr. Nova sees patients in Perry at Doctors' Memorial Hospital
Dr. Nova admits patients at both TMH and GRMC

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850-942-7750 to schedule an appointment

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Hours: M-F 9 am - 6 pm • Sat. 9 am - 5 pm • Closed Sunday

To attend school in the state

What vaccinations are required by Florida?

Before attending school in Florida (kindergarten through 12th grade), children must provide a Florida Certification of Immunization (Form DH 680), documenting his or her vaccinations.

The required vaccinations are:

Public/Non-Public Schools Kindergarten-12th Grade:

- Four or five doses of diphtheria-tetanus-pertussis (DTaP) vaccine;
- Two or three doses of hepatitis B (Hep B) vaccine;
- Three, four, or five doses of polio vaccine. (If the fourth dose

of vaccine is administered prior to the fourth birthday, a fifth dose of polio vaccine is required for kindergarten.);

- Two doses of measles-mumps-rubella (MMR) vaccine;
- Two doses of varicella vaccine for kindergarten and grades one

through six. (Varicella vaccine is not required if varicella disease is documented by the healthcare provider.);

- One dose of varicella vaccine for grades seven through 12.

Seventh Grade Requirements: In addition to kindergarten

through 12th grade requirements, students must have the following vaccinations:

- One dose of tetanus-diphtheria-pertussis (Tdap) vaccine in grades seven through 12.

For more information, visit <http://www.floridahealth.gov>

Vaccine-Preventable Diseases and the Vaccines that Prevent Them

Disease	Vaccine	Disease spread by	Disease symptoms	Disease complications
Chickenpox	Varicella vaccine protects against chickenpox.	Air, direct contact	Rash, tiredness, headache, fever	Infected blisters, bleeding disorders, encephalitis (brain swelling), pneumonia (infection in the lungs)
Diphtheria	DTaP* vaccine protects against diphtheria.	Air, direct contact	Sore throat, mild fever, weakness, swollen glands in neck	Swelling of the heart muscle, heart failure, coma, paralysis, death
Hib	Hib vaccine protects against <i>Haemophilus influenzae</i> type b.	Air, direct contact	May be no symptoms unless bacteria enter the blood	Meningitis (infection of the covering around the brain and spinal cord), intellectual disability, epiglottitis (life-threatening infection that can block the windpipe and lead to serious breathing problems), pneumonia (infection in the lungs), death
Hepatitis A	HepA vaccine protects against hepatitis A.	Direct contact, contaminated food or water	May be no symptoms, fever, stomach pain, loss of appetite, fatigue, vomiting, jaundice (yellowing of skin and eyes), dark urine	Liver failure, arthralgia (joint pain), kidney, pancreatic, and blood disorders
Hepatitis B	HepB vaccine protects against hepatitis B.	Contact with blood or body fluids	May be no symptoms, fever, headache, weakness, vomiting, jaundice (yellowing of skin and eyes), joint pain	Chronic liver infection, liver failure, liver cancer
Flu	Flu vaccine protects against influenza.	Air, direct contact	Fever, muscle pain, sore throat, cough, extreme fatigue	Pneumonia (infection in the lungs)
Measles	MMR** vaccine protects against measles.	Air, direct contact	Rash, fever, cough, runny nose, pinkeye	Encephalitis (brain swelling), pneumonia (infection in the lungs), death
Mumps	MMR** vaccine protects against mumps.	Air, direct contact	Swollen salivary glands (under the jaw), fever, headache, tiredness, muscle pain	Meningitis (infection of the covering around the brain and spinal cord), encephalitis (brain swelling), inflammation of testicles or ovaries, deafness
Pertussis	DTaP* vaccine protects against pertussis (whooping cough).	Air, direct contact	Severe cough, runny nose, apnea (a pause in breathing in infants)	Pneumonia (infection in the lungs), death
Polio	IPV vaccine protects against polio.	Air, direct contact, through the mouth	May be no symptoms, sore throat, fever, nausea, headache	Paralysis, death
Pneumococcal	PCV vaccine protects against pneumococcus.	Air, direct contact	May be no symptoms, pneumonia (infection in the lungs)	Bacteremia (blood infection), meningitis (infection of the covering around the brain and spinal cord), death
Rotavirus	RV vaccine protects against rotavirus.	Through the mouth	Diarrhea, fever, vomiting	Severe diarrhea, dehydration
Rubella	MMR** vaccine protects against rubella.	Air, direct contact	Children infected with rubella virus sometimes have a rash, fever, swollen lymph nodes	Very serious in pregnant women—can lead to miscarriage, stillbirth, premature delivery, birth defects
Tetanus	DTaP* vaccine protects against tetanus.	Exposure through cuts in skin	Stiffness in neck and abdominal muscles, difficulty swallowing, muscle spasms, fever	Broken bones, breathing difficulty, death

* DTaP combines protection against diphtheria, tetanus, and pertussis.

** MMR combines protection against measles, mumps, and rubella.

Last updated January 2014 • CS245366-A

Celebrating Breastfeeding Week at the health dept.

Submitted by the Florida Department of Health in Taylor County

Choosing to breastfeed provides mother and babies with countless benefits and leading medical experts recommend that mothers breastfeed their infants for 6-12 months.

Celebrate World Breastfeeding Week 2014 with WIC on Tuesday, Aug. 5, from 10 a.m. to 12 noon at the Florida Department of Health in Taylor County, located at 1215 North Peacock Ave.

“Bring another mom or friend for fun, prizes and more,” organizers said.

Below are 10 reasons why mothers should choose to breastfeed:

1. Breast milk contains all the nutrients babies need to grow and thrive. Much of these components can't be synthesized for use in formula.

2. Breast milk is easily digestible and does not stress a baby's immature digestive system the way formula can; this means less constipation or diarrhea.

3. Breastfeeding helps a mother's uterus return to its pre-pregnancy size after childbirth.

4. During breastfeeding, a mother's body releases a hormone called prolactin, which induces feelings of calmness, relaxation and motherly love.

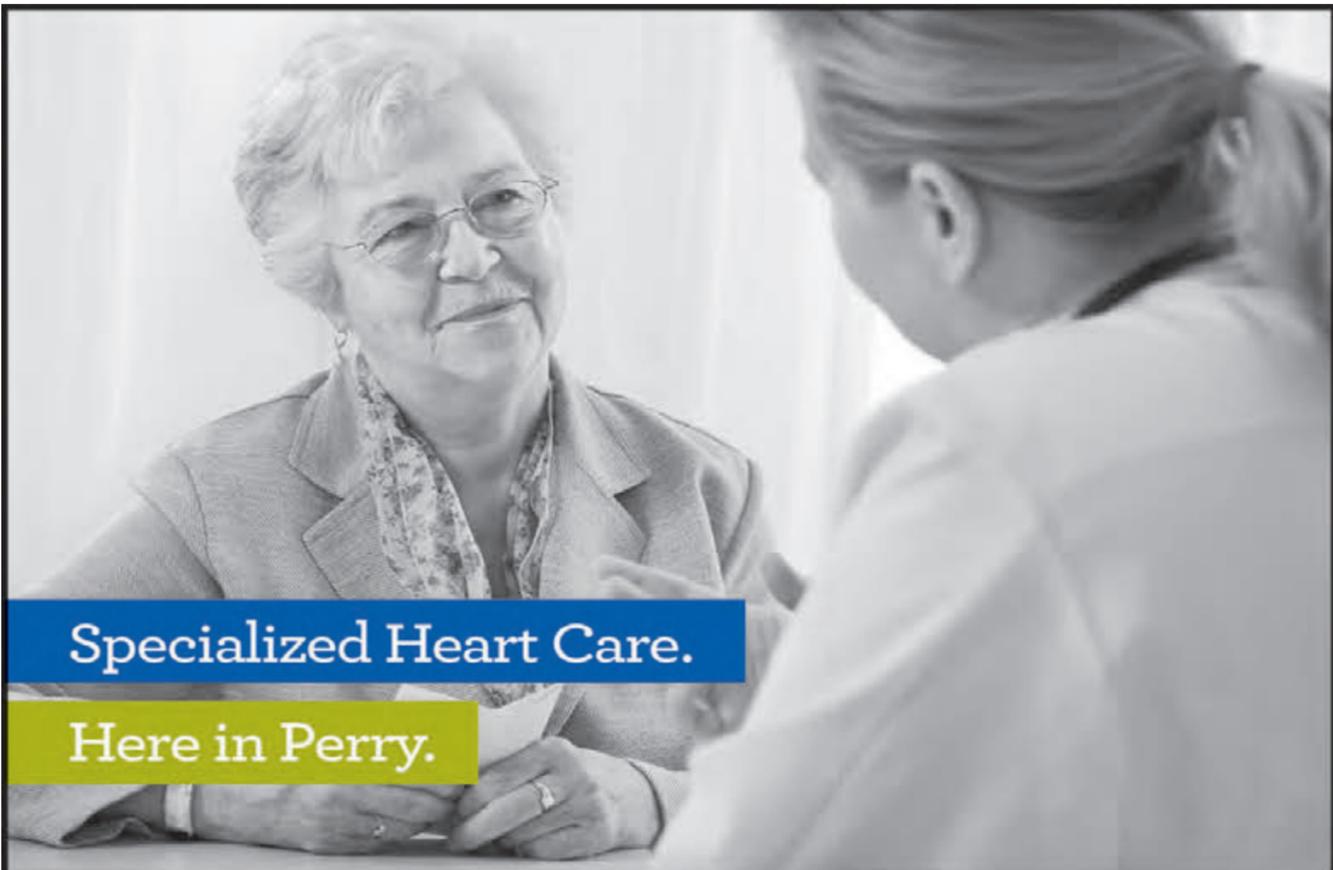
5. Breastfeeding provides immunities to an infant that they would not otherwise receive.

6. Studies show breastfeeding protects mothers from developing breast cancer later in life.

7. Because of the immunities in breast milk, infants experience, on average, 20 percent fewer ear infections, 50 percent fewer diarrhea bouts, and 56 percent fewer hospitalizations.

8. Studies show that breastfed babies are five times less likely to

→ Please see page 7



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Taylor Medical Center moves

Community members and staff joined the Perry-Taylor County Chamber of Commerce for a ribbon-cutting ceremony at Taylor Medical Center's new location on Wednesday, July 9. The center, under the management of Lisa English, is located at 616 S. Jefferson Street. Taylor Medical Center, along with Taylor Dental Center, are part of North Florida Medical Centers, Inc., (NFMC) which includes 12 community health centers located throughout North Florida that provide "quality and affordable medical and dental care home for the entire family." NFMC is a nonprofit organization and its centers are Federally Qualified Community Health Centers.

Invite others to join the family activities

FAMILY
Continued from page 2

indoor swimming, or active video games. Enjoy outdoor activities as a bonus whenever the weather is nice.

- **Turn off the TV.** Set a rule that no one can spend longer than two hours per day playing video games, watching TV and using the computer (except for school work). Instead of a TV show, play an active family game, dance to favorite music, or go for a walk.
- **Start small.** Begin by introducing one new activity and

add more when you feel everyone is ready. Take the dog for a longer walk, play another ball game, or go to an extra exercise class.

- **Include other families.** Invite others to join your family activities. This is a great way for you and your kids to spend time with friends while being physically active. Plan parties with active games such as bowling or an obstacle course.

- **Treat the family with fun physical activity.** When it is time to celebrate as a family, do something active as a reward. Plan a trip to the zoo, park or lake to treat the family.

'Naturally just right'

BREASTFEEDING
Continued from page 6

die of SIDS (Sudden Infant Death Syndrome).

9. There is no need to mix, wash or heat up breast milk. It's naturally just right.

10. It's free!



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Eat right and exercise!

4-H youth learned how to prepare fruit boxes as a healthy snack during the Get Fit program offered this spring. In the summer months, students were offered yoga classes, soccer lessons, football and archery as part of the 4-H summer day camp program. “We emphasized the importance of incorporating 30 minutes of daily physical activity in their routines,” said Abbey Tharpe, 4-H Extension Agent I. “Healthy living is a cornerstone of 4-H nationally and is even part of our pledge: ‘I pledge my health to better living.’”

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Soccer camp facilitator Rodney King looks on as students put the skills they learned into practice.

4-H provided soccer camps this summer

By **ABBEY THARPE**
4-H Extension Agent I

Taylor County is a rural community with limited planned summer activities for youth, and has chronically above-state averages in poverty levels and unemployment.

During the summer months, youth in Taylor County are limited in choices and need a safe place to go where they can continue to learn and enhance their out-of-school time.

As a 4-H agent, it is important to reach a diverse audience and meet the needs of all youth in Taylor County. By doing this we coordinated, planned and implemented two, four-day, four-hour co-ed soccer day camps that highlighted how to control the soccer ball within space, techniques of offense and defense, and how to be a team player, work with teammates to score a goal, and nutrition.

Florida 4-H strives to meet the needs of today's youth through education in nutrition and physical fitness. A total of 45 youth from Taylor County attended the soccer camp. Some were familiar with soccer; some had never played the game before; and others had

not experienced being on a team before. One young girl had never put on a pair of cleats or shin guards prior to 4-H soccer camp.

As a result of the camp she learned the proper skills to control the soccer ball and was a team member on the PSA soccer league this past fall. Another participant had experience playing soccer and needed a little push for confidence of handling the ball within space. Through four days of consistent practice and technique critiques by the coach, he exhibited the confidence needed to handle the ball within space. At the end of the camp an 11 versus 11 game was played so parents, coaches, friends and family could see firsthand their soccer skills learned during the camp.

Youth learned a variety of skills that will equip them both physically and emotionally to meet the challenges of the 21st century. They learned eye and leg coordination, body flexibility, rapid situation analysis, fast decision making skills, play without the ball, nutrition, hydration, verbal, and nonverbal communication, strikes

➔ Please see page 11



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Youth learned about being part of a team

SOCCER CAMPS Continued from page 9

on the ball, rules of the game, being a part of a team, defense, offense, and trapping and heading. Youth and parents alike were pleased that 4-H provided a 4-H Soccer day camp and hope to have one for the summer of 2015. They were also impressed that Taylor County 4-H was willing to “step out” of the typical 4-H programs to reach an audience of youth that are passionate about sports and teamwork.

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Get fit in summertime and from this point forward

By LORI WIGGINS
UF/IFAS Family & Consumer
Sciences Agent III

Summer is here. You want to get fit and you want to do it fast. You've searched Google for juice cleanses and promised yourself that you'd work out every single day from now until you finally feel confident enough to hang out by the beach in your favorite bathing suit.

The good news is that you don't have to start a four-week-long detox or exercise for hours on end every single day. But before you get started, remember one thing: There are no shortcuts when it comes to getting healthy and fit. If you want results, you have to put in the work. It won't be easy (nothing worth accomplishing ever is) but it will be worth it.

I want to share some expert tips that will help you learn how to maximize your calorie burn, clean up your diet and make the most of every day from this point forward. Make a vow to commit to these tips for life and come this time next year, you'll be ready for the beach without having to put in any extra work.

Get Moving!

Capitalizing on small opportunities to fit in exercise cumulatively will make a big difference. Which means you should always be looking for ways to increase your overall amount of daily activity. When doing mundane things like watching TV, washing the dishes or brushing your teeth, do some resistance training exercises like calf raises, squats and counter push-ups. Do abdominal exercises during commercial breaks while watching TV, and always take the stairs. For some people wearing a pedometer to measure their daily steps helps them reach their activity goal. Approximately 2,000 steps equals one mile.

Watch what you eat!

When it comes to losing weight, diet plays more of a role than exercise, say some experts. Eat healthier; load up on fruits and veggies, eat lean protein and incorporate healthy fats at every meal. Easier said than done, right? But it can be if you have the right mind set and you plan your meals ahead of time. Record keeping has been proven to help individuals lose weight and keep it off. Each

time you eat, you keep records of the amount and calories you are consuming. This can be done the old fashioned way with pen and paper or there are a lot of apps out there to help with this now. Small changes in your diet will often bring large results.

Get your sleep in!

Missing out on sleep can be quite detrimental to your health and can certainly hinder your weight loss goals. Not only will a lack of sleep make you less likely

to exercise, but it can also affect your appetite; a factor that very few people with weight loss goals fail to consider. "Sleep helps to regulate appetite, metabolism and energy expenditure. When we sleep too little, we produce more ghrelin, a hormone secreted by the stomach that tells the brain that we want to keep eating, and less leptin, a hormone that tells the brain we're full and satisfied," says Rebecca Q. Scott, PhD, a sleep specialist at the New York Sleep Institute and an

assistant research professor in the NYU School of Medicine.

Healthy weight loss goals should be 1/2 pound to 1 pound per week. Research shows that if you lose more than this, individuals typically do not keep the weight off long term.

Remember it all comes down to calories in versus calories out.

For more resources on Healthy Lifestyles contact the Taylor County Extension Service at (850) 838-3508 or lwiggins@ufl.edu.

5 tips to quit smoking

Submitted by FLORIDA DEPARTMENT OF HEALTH IN TAYLOR COUNTY

Quitting Smoking can be very hard, but it's not impossible. With the right help, support and resources, you can increase your chances of quitting for good.

Five Key Steps For Quitting

Studies show that these five steps will help you quit and quit for good. You have the best chances of quitting if you use them together.

- 1. Get ready.** Set a quit date.
- 2. Get support.** Talk to family, friends and your health care provider. Get individual, group, telephone or web counseling. The Florida Quitline (1-877-822-6669) is only a toll-free phone call or a click away.
- 3. Learn new skills and behaviors.** Change your routine. Go for a walk. Drink lots of water. Plan something enjoyable to do every day.
- 4. Get medication and use it correctly.** Use medication to help you stop smoking and lessen the urge to smoke. Ask your health care provider for advice and carefully read the information on the package. If you are pregnant or trying to become pregnant, nursing, under the age of 18, smoking fewer than 10 cigarettes per day, or have a medical condition, talk to your doctor or other health care provider before taking medications.

→ Please see page 14

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Most relapses occur in the first 3 months

QUIT SMOKING

Continued from page 12

5. **Be prepared for relapses or difficult situations.** Don't be discouraged if you start smoking again. Most relapses occur within the first three months after quitting. Remember, most people try several times before they finally quit.

For more information and tips on quitting smoking, visit www.TobaccoFreeFlorida.com or call Florida Department of Health in Taylor County at (850) 584-5087 ext. 121 or 194.

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What does the DOH's Environmental Health section do for Taylor County?

By **JAMES RACHAL**

Florida Department of Health in Taylor County

The Florida Department of Health in Taylor County has an Environmental Health section which is more than the septic tank permitting place.

While the Department of Environmental Protection is here to protect the environment from people, we're here to help protect you from the environment around you.

Tattoo & Piercing Facilities

A function of the Environmental Health (EH) section that is not well known is that we inspect tattoo and body piercing facilities. Not only can tattooing and piercing lead to infections of the affected site (especially if aftercare procedures are not followed), but they also have the potential to transmit bloodborne pathogens, such as Hepatitis B, if minimum sanitary and safety standards are not met. Make certain that the tattoo artist/piercer and facility you use are permitted with the Department of Health. If they are not, they are breaking the law.

Sanitary Nuisances

EH also investigates sanitary nuisances. In a nutshell, a sanitary nuisance is just about anything that threatens the health of the general public. Everything from improper sewage disposal to keeping diseased animals dangerous to human health is covered. Should you have a complaint about a sanitary nuisance, call us at (850) 584-5087 x100. If the condition is not something Department of Health has authority over, we may be able to direct you to the correct agency.

Rabies

The prevention of rabies is an important function of the Environmental Health section. We want to make sure you have the information you need to keep your family safe and healthy.

The following are steps you can

take to protect yourself and your loved ones against rabies:

- Keep rabies vaccinations up to date for all pets.
- Keep your pets away from wild animals. If your pet is bitten by a wild animal, seek veterinary assistance for the animal immediately and contact Taylor County Animal Control at 850-838-3525.
- Call your local animal control agency to remove any stray animals from your neighborhood.
- Spay or neuter your pets to help reduce the number of unwanted pets that may not be properly cared for or regularly vaccinated.
- Do not handle, feed or unintentionally attract wild animals with open garbage cans or litter.
- Never adopt wild animals or bring them into your home.
- Teach children never to handle unfamiliar animals, wild or domestic, even if they appear friendly.
- Aggressive acting animals

should be reported to Taylor County Animal Control.

• Anyone who is bitten or scratched by wild animals or strays should report the incident to their doctor immediately, as well as Animal Control and the health department. The contact number to report an animal bite to the Taylor County Health Department is 850-584-5087.



Mosquito-Bourne Diseases

EH investigates arboviral diseases including West Nile Virus, Eastern Encephalitis, St. Louis Encephalitis and Dengue, which are all mosquito-borne diseases that we find in Florida.

You can help prevent mosquitoes from multiplying and protect yourself by following these tips:

- Drain: water from garbage cans, house gutters, pool covers, coolers, toys, flower pots or any other containers where sprinkler or rain water has collected.
- Discard: Old tires, drums, bottles, cans, pots and pans, broken appliances and other items that aren't being used.
- Empty and clean: Birdbaths and pet's water bowls at least once or twice a week.
- Protect: Boats and vehicles from rain with tarps that don't accumulate water.
- Maintain: The water balance (pool chemistry) of swimming pools. Empty plastic swimming pools when not in use.
- Clothing: If you must be outside when mosquitoes are active, cover up. Wear shoes, socks, long pants, and long sleeves.

Keep mosquitoes out of your house. Repair broken screens on windows, doors, porches and patios. Apply mosquito repellent to bare skin and clothing. Always use repellents according to the

label. Some repellents are not suitable for children. Repellents with DEET, picaridin, oil of lemon eucalyptus, and IR3535 are effective. Use mosquito netting to protect children younger than two months.

Other prevention measures include:

- Limit outdoor activity when mosquitoes are most active. Avoid areas where there are a lot of mosquitoes.
- Fill in holes or dips in the ground that collect water. Level the ground around your home so water can run off.
- Stock your ornamental water garden with mosquito-eating fish (minnows, gambusia, goldfish, or guppies).

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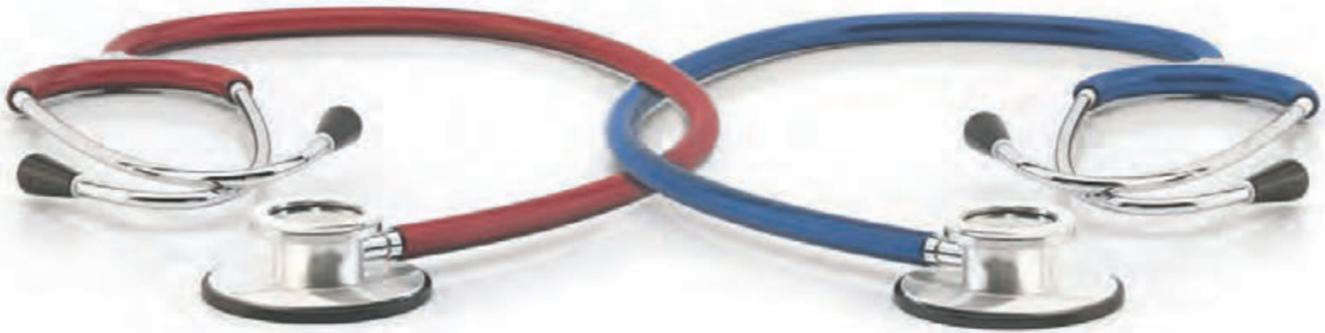
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