

Florida named junior Jonathon Crawford its No. 1 starter for the 2013 season. Read the story on page 14.



Scott proposes four-year tuition plan

ALEXA VOLLAND
 Alligator Writer

With Gov. Rick Scott's push to keep tuition low, his "Finish in Four" plan would keep the price the same throughout students' first four years of college.



Scott

"Finish In Four" is an incentive for students to graduate in four years to take advantage of the guaranteed tuition rate. The plan would begin for students entering a state university in the upcoming Fall semester.

Chris Moran, director of communications for the Office of University Relations, said he did not know if this plan would include current students at UF.

According to Scott's 2013-2014 budget, students who entered college in the 2009-2010 Fall semester have seen tuition rise an average of 13 percent each year. With this proposal, students and families could budget the cost of higher education more effectively.

SEE SCOTT, PAGE 4



Kelly Logan / Alligator Staff

Suit & Tie

Students and alumni wait in line for the Career Showcase Non-Technical Day in the Stephen C. O'Connell Center on Tuesday. Technical Day, today, is from 9 a.m. to 3 p.m. for students majoring in engineering, biology, computer sciences and other technical fields.

CAMPUS

Gainesville's Sister Hazel to visit, perform in Weimer Hall

BEATRICE DUPUY
 Alligator Contributing Writer

Sister Hazel will perform in an hourlong show at 11 a.m. at the Street-Side Studio in Weimer Hall.

"The Conversation" radio segment on Florida's 89.1 WUFT-FM will host the show.

Sister Hazel members Ken Block and Drew Copeland will perform in the studio, and students can watch from outside. They will also answer questions.

Block said they will perform one or two songs from their new album, which is expected to debut this year.

"It's always nice to come back here and plug in whenever we can."

Ken Block

Sister Hazel member

They will also perform some of their radio hits like "All For You" and "Change Your Mind."

"It's always nice to come back here and plug in whenever we can," he said.

"The Conversation" will first air Feb. 21.

A recording of the show with Sister Hazel will air March 21.

"The Conversation" was started by Kyle Rothenberg, a 23-year-old second-year mass communication graduate student, as a master's project.

Rothenberg, the show's host, said it is about local issues, happenings and stories from local voices from North and Central Florida.

Mike Gillespie, a 23-year-old first-year multimedia journalism graduate student, is a producer on the show.

"We felt it would be a tremendous opportunity to have them come into our very new Street-Side Studio to perform a concert here on the same campus that they graduated on," he said.

FWC seeks public feedback about conservation plans

Comment section closes March 13

ALEX HARRIS
 Alligator Contributing Writer

The Florida Fish and Wildlife Conservation Commission plans to save about two dozen native species, and it is asking the public for input.

The plans call for the public to comment on a suggested list on the commission's

website of 23 out of 60 species of animals that are planned to be protected across the state based on similarities in conservation methods.

Claire Sunquist, a stakeholder coordinator for the Imperiled Species Management Program, said the project will be an ongoing experiment.

"We're thinking of these species action

plans as living documents that we can edit year to year as we get new information as opposed to having to go back to the commission every time we have a new edit," she said.

Sunquist said the comment section will be open until March 13. Then, the FWC team will begin to edit the plans to reflect the comments.

The remaining 37 species will be available for comment in the spring and later in the summer.

The ultimate goal, Sunquist said, is to present these edited documents to state commissioners in 2015.

If the plans are approved, they will change the listing status of some endangered species.

The 23 species available for comment are 11 birds, five fish, four mammals, two reptiles and one amphibian, according to an FWC news release.

The Suwannee cooter — a turtle — and

SEE ANIMALS, PAGE 4

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UF students transcend national average retention rate

The freshman retention rate is 96 percent, pg 3.

Report finds mercury in seafood

The problem is well-known in Florida, pg 5.



UF suffers first SEC loss

Arkansas upset No. 2 Florida 80-69 on Tuesday night in Fayetteville, Ark., snapping the Gators' 10-game winning streak, pg 14.



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FORECAST

TODAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				
PARTLY CLOUDY 76/55	THUNDER STORMS 80/60	RAIN 79/52	PARTLY CLOUDY 75/53	PARTLY CLOUDY 78/55

Oscar shorts return to Hipp Cinema

The Hipp will continue the tradition of showing this year's Oscar-nominated short films. The animated shorts will run until Thursday. The live-action shorts will screen from Friday to Feb. 14. Visit www.thehipp.org/cinema or call 352-375-447 for more information.

Dog/car wash - VetMed Project HEAL

Get your car or dog washed by vet students Saturday from 10 a.m. to 3 p.m. at the Veterinary Academic Building. Car washes and dog washes will cost \$6, or \$10 for both (SUV/trucks \$8, or \$13 combined with dog wash). All funds raised will support a trip to Ecuador to provide free veterinary care. Please email dickersonerin@ufl.edu for questions.

Valentine Tails pet adoption

Looking for love this Valentine's Day? Don't look farther than Alachua County Animal Services. Attend from 1 p.m. to 4 p.m. Saturday for animals, food, raffles and silent auctions. There will be a K-9 demonstration, dog trainers and animal supply vendors. Contact Michele at acasvolunteer@gmail.com with questions.

Family Day at the Harn

The Samuel P. Harn Museum of Art will celebrate the Chinese New Year during a free, drop-in program from 1 p.m. to 4 p.m. Saturday. The event will feature a demonstration of Chinese brush painting by Dr. Ruth Sheng, a performance of traditional dance by the UF Chinese American Student Association, a lantern-making art activity and family-friendly, docent-led tours of Asian galleries. A donation of \$5 a family or \$2 a child is requested if attendees would like to do the art activity. For more information, call 352-392-8926 or visit www.harn.ufl.edu.

Mile for a Child 5K run/ walk

Put on by UF's Friends for Life of America, this event will benefit the Make-A-Wish Foundation and Camp Boggy Creek. Join in at 8 a.m. Sunday at the Commuter Lot. Register at www.sites.google.com/site/mileforachild5k/. Early registration is \$15. Race day registration is \$18.

Black Male Development Initiative

The Black Male Development

Initiative presents "Black Men in Society: Past to Present." Explore the contributions, achievements and social influence black men have had on America. It will be at 6 p.m. Feb. 13 at the Institute of Black Culture, 1510 W. University Ave. For more information please contact BMDI on Facebook.

Gainesville Crohn's and colitis support group

People with inflammatory bowel diseases can find support with others. The group is welcoming. Meetings are at the American Cancer Society Winn-Dixie Hope Lodge, 2121 SW 16th St. For more information, contact Dennis@UCVlog.com or call 701-541-3608.

Hackathon

There will be a 24-hour Hackathon at noon Feb. 16 at Gainesville Hackerspace downtown. The purpose of the event is to put a new interface atop the site www.txttag.me and create mobile apps for it. Programmers and graphic designers are invited, and people who don't feel they can do it themselves can still participate. There will be three \$500 cash prizes for the winning individuals or teams for creating an iOS, Android or Web interface for TXT TAG. All of the information and the sign-up sheet is at www.txttag.me/hackathon.

Spring Break and summer service trips

Bound for Peace 2013 is an international service trip, during which volunteers bring hope and empowerment to children affected by social injustice in Medellin, Colombia. To apply or learn more about the trips, visit www.boundforpeace2013.weebly.com. Contact service.trip.info@gmail.com with questions.

Got something going on?

Want to see it in this space? Send an email with "What's Happening" in the subject line to jglum@alligator.org. To ensure publication in the next day's newspaper, please submit the event before 5 p.m. Please model your submissions after above events. Improperly formatted "What's Happening" submissions may not appear in the paper. Press releases will not appear in the paper.

The Alligator strives to be accurate and clear in its news reports and editorials.

If you find an error, please call our newsroom at 352-376-4458 or email editor@alligator.org.

WHAT'S HAPPENING?

Chili's Give Back Night for St. Jude's

February is dedicated to St. Jude Children's Research Hospital, and the Delta Chi chapter of Epsilon Sigma Alpha at UF is participating in the ESA Hearts St. Jude's Campaign. From 5 p.m. to 9 p.m., Chili's on Archer Road will donate a portion of their proceeds to St. Jude's with the ESA flier, available at www.ufesa.org. Join the members of ESA for dinner and support St. Jude's. For more information visit www.ufesa.org and check out the calendar for a complete list of ESA Hearts St. Jude's events.

HSF Scholar Chapter meeting

The HSF Scholar Chapter will meet at 6 p.m. in Rinker Hall, Room 215 for a presentation by the Princeton Review. It will inform attendees about different graduate exams. Show up for a chance to win a free MCAT or GRE book. There will be free refreshments, a scholarship presentation and many more opportunities.

Ad Society presents

Grooveshark

At 6:15 p.m. in Little Hall, Room 109, the Ad Society will host its second meeting of the semester. Jennifer Hutton, the director of ad operations for Grooveshark, will speak, and members will give updates about service events. Following the meeting, the group will go to Tijuana Flats for chips and refreshments. Email ufadsociety@gmail.com with questions, or attend the meeting.

Golden Key meeting

Join the club for the first meeting of the semester at 7 p.m. in Little Hall, Room 101. Golden Key is about academics, leadership and service. Hear from Teach for America about the achievement gap, chat about the Krispy Kreme fundraiser and strategize basketball plays. For more information, visit www.fb.com/ufgoldenkey.

Volunteer Organization Fair

Discover ways to engage and serve the community by attending the 2013 Volunteer Organization Fair from 10 a.m. to 1 p.m. Thursday on the Reitz Union Colonnade. Students will meet people in health, education, arts and culture and veterans service organizations.

Seán Curran: Reflections of a Choreographer

On Thursday, Seán Curran will discuss his accomplishments, goals and life as a choreographer in the Friends of Music Room. He asked to meet with the LGBT community at UF in hopes of shedding light on how the community has helped shape his career, choreography and personal life. The event will begin at 11 a.m. and refreshments will be provided.

CAMPUS

Scooter decal sales decline as resident popularity climbs

JEFFREY REALE

Alligator Contributing Writer

For a long time, scooters have been a staple at UF as an alternative to riding the bus or driving to campus.

However, that trend is in transition, partly because scooters may not be as green as students once believed.

"Over the past three years, we're selling fewer decals," said Scott Fox, director of UF's Transportation and Parking Services.

Fox said the slight decline resulted from deliberate efforts by the office to reduce environmentally harmful emissions.

After conducting surveys to understand scooter riders' feelings toward the decals, the office identified two major findings that led them to raise prices, Fox said.

The survey found that if decal prices increased, students would ride the bus instead. From 2010 to 2011, the full-year decal price increased from \$96 to \$144, according to Alligator archives.

This year, the decal costs \$150 a year and \$75 a semester, which is the same for all other student decals.

The survey also revealed that about 70 percent of students made more than six trips around campus on their scooters daily.

Based on the survey results, the office

confirmed that scooters might not substantially aid sustainability efforts.

In the 2009-2010 school year, 2,104 students purchased decals. In 2010-2011, the number fell to 2,038. In 2011-2012, the number dropped slightly to 2,027.



Kelly Logan / Alligator Staff

Since the 2009-2010 school year, the number of on-campus scooter decals bought dropped by about 4 percent, according to UF's Transportation and Parking Services.

Fox said he believes the numbers will continue to decline slightly.

While students at UF may be riding scooters less, it appears that more Gainesville residents are jumping on the bandwagon.

Collin Austin, owner of New Scooters 4 Less, 118 NW 14th Ave., has seen more nonstudents purchasing scooters to drive around Gainesville.

"In 2011, we expanded our customer demographics to include non-students daily drivers by acquiring the number one scooter brand in the world, Vespa," Austin wrote in an email.

He said the brand attracts more commuters to purchase scooters.

Fox said one reason more students are declining to ride scooters is due to the increased Gainesville Regional Transit System services.

He said that with more buses and stop locations added during the past few years, students are inclined to use RTS to get around.

However, Samantha Salud had the opposite impression.

"I actually imagined that scooter decal sales would be rising," said the 19-year-old UF applied physiology and kinesiology sophomore.

Salud said she uses her scooter to get to campus for class and cheerleading practices.

"It's really convenient, and it's a lot easier than waiting for the bus or trying to find parking," she said. "I'm definitely getting a decal for the next few years."

UF students transcend national average retention rate

► THE FRESHMAN RETENTION RATE IS 96 PERCENT.

LAUREN ACTON

Alligator Contributing Writer

Although many universities nationwide are not coping well with higher-education funding cuts, UF tends to roll with the punches.

Nationally, students are dropping out of school and being left to swim in debt, according to The American Dream 2.0, a report released last month by a group of college presidents, civil rights leaders and advocates.

It also said 46 percent of American college students don't finish any credential within six years.

But UF spokesman Steve Orlando said UF has reacted well to the state funding cuts.

The freshman retention rate at UF is 96 percent, and 83 percent of students graduate with a degree within six years, Orlando said.

"We keep students by starting off with great students," he added.

He attributed much of UF's success in student retention and graduation to the Office of Undergraduate Admissions.

"With about 29,000 applica-

tions and only 6,400 slots, there is no way we wouldn't get the best students possible," Orlando said.

He said the reason UF students accumulate less debt than students at other public universities is because UF's tuition is lower than the national average. Students also have Florida Bright Futures and Florida Prepaid scholarships that decrease the need for financial aid.

Jonathan Thomas, a 21-year-old UF computer engineering junior, received financial aid, which enabled him to study without racking up debt.

"If I were to drop out of UF for any reason, it would be because

of the rigorous coursework, not debt," Thomas said.

Orlando said UF advisers and faculty members try their best to accommodate students financially.



Orlando

"We would never want the lack of monetary funds to hold students back from getting what they have worked so hard to obtain," he said.

Vanessa Grimaldi, a 20-year-old UF finance sophomore, spoke about how friendly Daniel Schieltz,

a financial aid adviser, was when she sought financial help.

"He really listened to my issues and helped me out as much as possible," Grimaldi said.

Orlando stressed that UF will do a lot for students to get the aid they need — including lay off faculty members.

He said that UF has been very good at allocating its resources so that students don't graduate with large debts.

"There is a reason why the national average of university students that graduate with debt is two-thirds, whereas at UF it is only one-third," he said.

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HELP**

DO YOU KNOW SOMEONE WHO IS STILL SEARCHING?

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What Colors Do You Bleed?

Blood Drive Results

UF vs. UK

1878 vs. 1607

Gators Win!!!

On behalf of the hospitals and patients we serve, LifeSouth wants to thank the Gator Nation.

Gators Bleed ORANGE AND BLUE
 UF Blood Drive Advisory Council
 in partnership with LifeSouth Community Blood Centers

LIFE South
 Community Blood Centers

Facebook, Twitter, LinkedIn, YouTube icons

DO SOMETHING AMAZING Donate blood.

THINK TWICE BEFORE YOU SWALLOW!

February is Liver Cancer Awareness Month.

Liver cancer is a leading cause of cancer deaths worldwide. Make sure you have received your Hepatitis B vaccine in order to reduce your risk of becoming diagnosed with liver cancer. And **LIMIT ALCOHOL USE!** Excessive amounts of alcohol causes cirrhosis, or scarring of the liver cells, which can cause liver cancer. For more information, please visit www.cancer.org.

Brought to you by **UF Relay for Life**

Relay for Life American Cancer Society logo

(March 22, 2013 on Flavel Field)

STUDENT GOVERNMENT

Student Government tables election reform bill indefinitely

COLLEEN WRIGHT
Alligator Writer

Changes to the Student Government election codes will not be made this Spring.

The 700 Codes Fairness and Transparency Act has been through a rough time in the Student Senate. The bill has been tabled, mistakenly left out of the agenda for a meeting and — finally — tabled indefinitely at Tuesday's Senate meeting.

The bill, penned by Sen. Morgan Vollrath, strikes out all campaigning timeframes. Vollrath added stronger language to the bill to hold individuals and political parties more accountable for campaign viola-

tions.

Sen. Cory Yeffet objected to the bill and motioned to table it indefinitely, which was approved.



Bonarrigo

During public debate, Yeffet said because the changes wouldn't go into effect until Fall, the Senate should have more time to completely reform the codes.

"We have plenty of time to look at this through a bipartisan effort," he told the Senate.

Yeffet said the bill was not bipartisan. He thanked Sen-

ate President Christina Bonarrigo for forming the temporary committee on election reform.

Sen. Matt Pesek argued the election codes, specifically the time limits on campaigning, went against the U.S. Constitution.

"Unfortunately, the ugly failure of bipartisanship has reared its ugly head again," he said. "There should be 100 percent approval for Sen. Vollrath's bill."

Bonarrigo said about 11 senators will be in the newly formed election reform committee.

It will meet Sunday.

Contact Colleen Wright at cwright@alligator.org.

Two fires burn in complex

► NO ONE WAS INJURED.

KELCEE GRIFFIS
Alligator Writer

Gainesville Fire Rescue responded to two building fires in the same apartment complex hours apart Tuesday.

Firefighters first responded to a call Tuesday morning from an eight-unit apartment complex located at 635 SW 11th Lane and found a fire in the downstairs laundry room that had already been extinguished.

About two hours later, while a GFR investigator examined the laundry room, another fire broke out, this time in an upstairs unit.

At 10:49 a.m., firefighters returned to the apartment complex and contained the fire to one room. The fire damaged

a mattress and clothing, said GFR acting Lt. Nick Gonzalez.

No one was inside the apartment, he said, and no one was injured.

GFR District Chief Richard Sauberry said the unit's tenant was being evicted and hadn't moved out yet. He added the department has not determined the cause of the fires or if the incidents were connected.

Resident Gina Davis called the fire department when she smelled smoke wafting through the hallway of her bottom-story apartment.

Davis, 46, said her cousin woke her up to talk about the smell.

"The odor was so strong," she said.

After firefighters cleared the scene for the first fire, Davis went back into her apartment until she had to dash outside again when a fire inspector evacuated the building.

Bateman Team promotes anti-bullying campaign on campus

SOFIA RATTES
Alligator Contributing Writer

This year's Bateman Team hit the ground running with its balloon

launch Tuesday on the North Lawn.

During February, the team members are promoting a bullying prevention campaign, which includes a

plan to educate the Gainesville community about the definition of bullying and its long-term and short-term effects.

Tuesday, students painted their bodies with hurtful words in black paint and stood by 100 orange balloons, each of which represented 1,600 students — a total of 160,000 — in the U.S. that choose not to go to school each day because they fear being bullied.

"We hope students are encouraged to talk about the instances they've experienced or the times they've seen others being bullied and use that as a way of them empowering others to share their stories."

Karla Cobreiro
Bateman Team member

The campaign was created by five public relations seniors from UF's College of Journalism and Communications as part of the Public Relations Student Society of America's national, annual Bateman Case Study Competition. UF's team is working with the Gainesville-

based River Phoenix Center for Peacebuilding.

"We hope students are encouraged to talk about the instances they've experienced or the times they've seen others being bullied and use that as a way of them empowering others to share their stories, share their struggles and stand up together against bullying," said Bateman Team member Karla Cobreiro.

Nikki Runion, 20, a UF family youth and community sciences sophomore, said she is helping the Bateman Team with its mentoring program because she has witnessed bullying in her life and likes to stand up for people.

The "Spot it, Stop it ... Bullying Hurts Everyone!" campaign for bullying prevention has been in the works since September.

"There are a lot of events we'll be having throughout the month," said Bateman Team member Claire Miller, 21. "We really hope that the Gainesville community takes advantage of everything we're planning and have to offer."



Lauren Troncoso / Alligator

Members of UF's Bateman Team strike their signature pose during the "Spot It, Stop It" anti-bullying campaign Tuesday afternoon on the Reitz Union North Lawn.

UF's graduation rate is 65 percent

SCOTT, from page 1

Moran said the university is still waiting on further details, but UF has always encouraged students to finish in four years.

"We don't know enough to say yet whether we think it will work," he said. "It's interesting and worthy of discussion — we all want students to graduate on time."

The university could also extend the plan for degrees that may take longer than four years to complete.

In the last 10 years, UF has gone from less than 50 percent of students graduating in four years to about 65 percent, he said.

"Our response up to now has been to give students support to help them succeed," he said. "I don't know if the administration has decided it's another tool that we would be interested in or not."

Moran said this could also free up space in

the university for other students.

Melissa Hill, an 18-year-old UF exploratory freshman, said this won't push her to graduate on time.

"We don't know enough to say yet whether we think it will work."

Chris Moran
director of communications for the
Office of University Relations

She said she would rather spend the extra money on a fifth year to find a degree that makes her happy than graduate on time with a degree she doesn't love.

Nikki Gregory, an 18-year-old UF animal sciences freshman, said she's motivated to graduate on time and does not need the extra incentive.

"But it's nice to know it's there," she said.

Contact Alexa Volland at avolland@alligator.org.

Two species are area natives

ANIMALS, from page 1

the Homosassa shrew — a small mammal — are two species on the list that are native to the Gainesville area.

The FWC tried to make the document more inclusive, reducing the plans from the traditional 300 pages down to about 25-30, Sunquist said.

"We're looking for not just subject matter experts and species experts but also partners," she said, "like our national parks, other universities, nonprofits, nongovernmental organizations, local landowners, private land owners and anyone who could potentially be affected by these plans and/or who is interested in them."

Andrew Chen, a 19-year-old UF digital arts and sciences freshman and member of the UF Wildlife Society, said he supports the commission's plan to collect feedback from the public.

"It's very nice that they have a website to gather public opinion," he said.

Sunquist said she's confident about pioneering the program, which she said is the first of its kind.

"We use the analogy that we're building the airplane and flying it at the same time," she said. "We are trying to be as progressive and inclusive as possible in trying to reduce the amount of work for multiple people."

Fire station construction project concerns local businesses

► THE PROJECT IS ON HOLD UNTIL OCTOBER 2014.

KELCEE GRIFFIS

Alligator Writer

Plans to expand a Gainesville fire station onto a downtown business complex's parking lot have some owners worried customers will be driven away.

The city's search for a place to rebuild the 50-year-old Gainesville Fire Rescue Station at 427 S. Main St. has finally rested on a location that will displace customer parking for several small businesses.

The city proposed to buy a parking lot and adjacent property to give the new fire station room to spread across the street.

It negotiated terms Thursday to lift the four-year lease on the property and move forward with construction, said Christopher Fillie, developer for the neighboring strip that houses the Citizens Co-op, Civic Media Center and other small businesses.

The businesses share a complex and courtyard in the 400 block of South Main Street as well as the coveted parking lot across the street on Southeast Fifth Avenue — an area already notorious for scarce parking.

Sitting on an L-shaped, three-fourths-acre parcel that wraps around the Citizens Co-op strip, the fire station feels the squeeze, too. It

needs more room to accommodate modernized fire trucks and other equipment, said Gainesville Fire Chief Gene Prince.

But public safety is not the only issue at stake.

Emily Sparr, a Civic Media Center co-coordinator, said she was concerned with customers lacking a place to park during the fire station construction, which she said could lead her business to fold.



Adam Harrington / Alligator

According to city development plans, a new fire station will sit on the parking lot shared by a downtown business complex on the 400 block of South Main Street.

"The fire station is on the other side of our property already and is a great, great neighbor," she said. "It's just, we're really worried about parking and keeping our businesses open."

Prince said the planned expansion is a response to the growth connected to the Innovation Square district, which is projected to grow 5.5 million square feet in the next 10 to 15 years.

Many of the planned buildings are high rises, he said, which require larger trucks and different types of fire-fighting equipment the South Main Street station can't facilitate.

"We really have to look at the service level we're going to have to provide in the downtown area as we move forward," Prince said.

Gretchen McIntyre, general manager of Citizens Co-op grocery store, said she met with representatives from the city and other development organizations Tuesday to solidify a compromise.

McIntyre said as part of the development terms, fire station construction is on hold until October 2014. The city will then demolish two buildings on the block and begin building the new fire station. It also agreed to accommodate parking of the businesses during construction, she said.

"If the city and the fire station sticks to its promises," she said, "it will work out well for everybody."

SANTA FE

Panel discusses history of Cabot-Koppers Superfund site

ELLEN VILLAFUERTE

Alligator Contributing Writer

A panel discussed the politics and history of Gainesville's Cabot-Koppers Superfund site Tuesday afternoon during a public meeting at Santa Fe College.

The Democracy Commitment at Santa Fe College and the Sustainable Santa Fe Committee hosted the event that about 25 people attended in the SFC Fine Arts Hall lobby.

The panel consisted of Donna Waller, a SFC political science pro-

fessor; John Mousa, environmental programs manager for the Alachua County Environmental Protection Department; and Rick Hutton, supervising utility engineer for Gainesville Regional Utilities.

Vilma Fuentes, SFC assistant vice president of academic affairs, moderated the discussion, which explained how wood-treating chemicals contaminated the soil and groundwater on the site, which is north of Northwest 23rd Avenue.

Waller, who moved to

"We're fortunate that we have commitment from our local government to be able to remediate this situation..."

John Mousa

environmental programs manager

Gainesville in 1980, talked about living close to the site and how the contamination affected her neighborhood.

Mousa and Hutton gave a presentation of the pollution around the site and discussed cleanup

plans, estimated at \$90 million.

The panel also talked about how activism throughout the community, with the help of local government, led to the closing of the facilities.

"We're fortunate that we have commitment from our local government to be able to remediate this situation because most communities in the U.S. aren't able to have that commitment," Mousa said.

The panel discussion concluded with a Q-and-A session with the audience. One person asked about

the spread of water contamination, and another asked if students at Stephen Foster Elementary School, situated several miles northwest of the site, were at risk.

Mousa said the primary concern is the water contamination, not pollution spreading through the air.

On Friday, SFC will host a related art exhibit, "Region 4: Transformation through Imagination," in the M147 Santa Fe Art Gallery on campus.

The exhibit is free to the public and will end March 28.

UF offers energy course

► THE COURSE IS ON MARCH 5 AND 6.

BRIANNA HANDY

Alligator Contributing Writer

A UF center is offering a new course that targets professionals in the architecture, engineering and construction industries who are looking to expand their education.

The Training, Research & Education for Environmental Occupations center will provide a two-day course, Introduction to Building Energy Modeling, which will help professionals minimize energy use in buildings.

"It's meant to be an intense, compressed course to get this information to the students," said Charles J. Kibert, director of the Powell Center for Construction and Environment.

Although the course is targeted at professionals, Laurel Brown, the mar-

keting and program coordinator for the center, said UF architecture, engineering and construction graduate students may also benefit from the course and will not be excluded from registering.

The course is scheduled for 8:30 a.m. to 5 p.m. March 5 and 6. It includes a lecture portion and a hands-on workshop, which will allow participants to use the models in professional practice.

"The idea is to simulate a building's operation and how much energy it will use before you build it," he said.

During the course, participants will try different combinations to minimize energy use including components such as lighting, control systems and heating and cooling systems, Kibert said.

This course will fulfill one of the four course requirements necessary to become a certified sustainable building analyst. To become an analyst, participants must take two additional two-day courses.

Report finds mercury in seafood

ANDREW KAYS

Alligator Contributing Writer

Mercury overaccumulation in seafood is the focus of a report recently released by International POPs Elimination Network and the Biodiversity Research Institute.

The January study found that a large variety of fish from around the world contain high levels of toxic methylmercury that exceed standards set by the U.S. Federal Department of Agriculture and the Environmental Protection Agency.

Steven Otwell, a UF food science and human nutrition professor and seafood extension specialist for the Institute of Food and Agriculture Sciences, said most seafood is safe to eat, but eating large quantities of fish with high mercury levels can be dangerous.

"The benefits far exceed the risks of consuming most seafoods, and they do so in a matter of weeks or months instead of the decades mercury might take," he said.

The report found that fish from nine countries contained mercury levels that would be unhealthy for consumers who follow FDA safety guidelines.

Mercury accumulation in fish is a well-

known problem, especially in Florida, Otwell said.

Trina Vielhauer, deputy director of Florida's Department of Environmental Protection's Division of Environmental Assessment and Restoration, said Florida's mercury issues stem from weather systems that collect mercury pollution from around the world and deposit it in the state's water system.



Otwell

Vielhauer said her agency monitors human and animal populations near areas that have high mercury levels. While water treatment plants know to monitor mercury levels, there is no way to effectively clean mercury-polluted water, she said.

The Everglades' largely landlocked location makes it one of the primary areas of concern. The region's sluggish water doesn't move the mercury out of the environment efficiently, and it allows for buildup in not just the aquatic species but also their predators, Otwell said.

He added that without a way to reduce mercury's presence in sensitive areas, the problem will only magnify.

Editorial

Super Bowl: Who hasn't blacked out in New Orleans?

The cause behind the blackout during Sunday's Super Bowl is still unknown. This is hilarious because it's 2013, and we were under the impression that we could solve the mysteries behind basic power outages in the same night.

"We were asking everybody at every position what was happening, and the fact of the matter is we just didn't know," Sean McManus, the chairman of CBS Sports, told the Los Angeles Times, according to the New Yorker.

If you plugged something back in or tweaked a spark plug (how does electricity work?), then you probably understand what went wrong in the first place. Instead, like Lake Malice's comic this week, let's speculate about all of the fun, possible true causes:

1. Beyoncé?

No, her awesome performance didn't cause a complete internal collapse of a power infrastructure, but it might as well have. Too much girl power on stage could totally cause a power outage, right?

2. Gun control laws?

Has Obama started to take away our guns AND our electricity?! Here we thought he's been innocently trying to save as many lives in the future as he can by entirely restricting our rights and freedoms as Americans, obviously. Instead, he's probably been planning other ways to ruin our mundane lives. That leaky bathroom faucet? OBAMA!

3. Cold weather?

Listen, we're all bitter about the weather turning against us. Sadly, that's how winter works. As Floridians, we will defend our right to wear shorts at any time of year until we die (of frost-bite). Because the game was in good ol' New Orleans, maybe the electricity system also rebelled against the cooler temperature. Who knows how a cold snap made a grid of wires feel? Probably like quitting for 34 minutes.

4. Chris Brown?

Odds are he could've had something to do with it.

5. Elaborate Destiny's Child revenge plot?

Yeah, so what if Destiny's Child sort of reunited and then performed together on the halftime stage? Maybe the other girls (or just Michelle Williams) are jealous of Beyoncé's awesome life and took it out on her by shutting down the game for a few minutes. We know it didn't directly affect Beyoncé at all, but we like the idea because it sounds like a heist movie.

6. Apple Maps?

Remember how terribly inaccurate that app is — always showing people the wrong stuff? Well, if the spark grid (really, how does electricity work?) ran on similarly faulty Apple technology, it was probably more likely to malfunction than if it was running on a few other operating systems.

7. Puppy Bowl jealousy

Face it: The Puppy Bowl is the best part of any Super Bowl. Accept it. Because more people should know about it, perhaps the puppy players orchestrated an adorable scheme for more attention.

Which option seems most likely to you?

Reader response

Today's question: Do you have a scooter?

The results of Tuesday's poll were not available.

Vote or post a message at www.alligator.org

Sarah Kinonen
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MANAGING EDITOR

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SON of a GATOR

by Andre R. Frattino



Column

Boycotts are what freedom is all about

When supporters of LGBT equality denounced Chick-fil-A for its president's comments regarding gay marriage, conservatives rushed to support the fast-food chain and defended Dan Cathy's freedom of speech.

However, people did not criticize Cathy for his words but for his actions. It's been known that Chick-fil-A donated millions to anti-gay groups that support horrible laws here and abroad.

Despite claims of a violation of Cathy's freedom of speech or religion, we should note that, ironically, the First Amendment also protects the criticism Cathy received. Furthermore, the First Amendment only protects attacks on speech from the government — not private individuals.

The First Amendment also protects freedom of association. If I don't like the practices of a particular business, I can choose whether I purchase their products or services.

Like you and I, Cathy and any other Chick-fil-A executives have the right to associate with or donate money to whomever they want. But that doesn't mean I have to agree with it.

Arranging boycotts against Chick-fil-A or companies with policies we disagree with is what freedom is about. The beauty of a country based on individual liberty and private property is that we can patronize or not patronize and associate or not associate with whomever we wish.

Companies that support terrible policies or engage in anti-gay activities have to suffer the consequences of their actions. They might gain customers who agree with them now, but as the tide turns on the issue of gay marriage as younger generations replace older ones, they should realize their policies won't be sustainable in the long run.

In his concurring opinion in *Whitney v. California*, Justice Louis Brandeis wrote "to expose through discussion the falsehood and fallacies, to avert the evil by process of education, the remedy to be applied is more speech, not enforced silence."

The action (or inaction) of boycotting — choosing not to buy from a company that supports discriminatory groups or policies — represents this Brandeisian concept of coun-



Justin Hayes
opinions@alligator.org

terspeech.

Conservatives who purportedly support the free market destroy the power of their argument when they condemn groups for peacefully boycotting. The free market relies on voluntary associations, which includes the freedom to not associate. Those who boycott companies for practices with which

they disagree are simply engaging in a perfectly valid market activity.

In the past, the government passed laws banning discrimination by governments and private businesses. Government discrimination, such as Jim Crow laws in the pre-civil rights era south, should certainly be prohibited to promote equality under the law.

However, laws that force racists, homophobes and anti-Semites who own private businesses to interact with groups they wouldn't otherwise choose to be around hinders the power of the freedom to associate. These people are terrible for holding such hateful views and need to be shown the error of their ways.

Yet, because anti-discrimination laws circumvent the power of social pressure and counterspeech to prevent discrimination, sentiments like racism and homophobia are generally pushed underground and away from public scrutiny. This keeps racists and homophobes in business and makes it difficult for those seeking to challenge such views to identify discriminatory companies and boycott them.

As John Stuart Mill contended in "On Liberty," "The whole strength and value, then, of human judgment, depending on the one property, that it can be set right when it is wrong, reliance can be placed on it only when the means of setting it right are kept constantly at hand."

Open discrimination means we can fight racism and homophobia out in the open. Freedom means the freedom to discriminate and the freedom to boycott that discrimination.

Justin Hayes is pursuing a master's degree in political communication. His column appears on Wednesdays.

The views expressed here are not necessarily those of the Alligator.



You Asked, We Answered

Recently at GatorWell we asked University of Florida students to provide us feedback about what specific questions they had about health.

The following are two of your alcohol questions that we thought were especially great and our answers:

Q1. What should I do when everyone around me is drinking and I don't wish to drink?

First of all, if you choose not to drink, you are not alone. At UF, over 17,000 students choose not to drink alcohol.

The decision of when, where, and why you drink is yours. It should not be dependent on the drinking habits of those around you.

Remember that it is always okay to say no to a drink. Be polite but firm in your refusal. You can also carry around a non-

alcoholic drink such as juice, soda, tea, and water. Keep busy—make conversation, enjoy the meal or appetizers, take photos with other guests, or dance with your friends. Offer to be the sober designated driver.

Explain your reasons for not drinking or make an excuse such as you're allergic to alcohol, you have a test or project the next day, you have to get up early the next morning, you don't want to spend the money, you've been sick and taking antibiotics, or it is contrary to your religious beliefs.

Regardless of what you say, the decision to not drink is your own and it should be respected by your friends.

Q2. Is there any way to know if drugs have been slipped into your drink at your party?

It is important to remember that alco-

hol itself is the cheapest type of drug. It is also quite accessible and readily available. It is easy to lose track of how many drinks you have consumed and quickly raise your Blood Alcohol Concentration (BAC) to over the legal limit of .08.

Further, if an individual has passed out from drinking too much, legally they cannot give their consent for sexual activity.

There is really no way to detect if an additional drug has been slipped into your drink. Most drugs are odorless, colorless, and tasteless.

If a drug such as Rohypnol, Ketamine, or GHB has been slipped into your drink, you will begin to experience the effects almost immediately including a sleepy, relaxed, and drunk feeling that lasts anywhere between 2 to 8 hours.

These types of drugs combined with alcohol can also result in amnesia, respiratory depression, and death.

Ways to decrease your risk include the following:

- **Get a fresh drink if you have left your drink unattended.**
- **Never accept drinks from someone you don't know, even if it is an acquaintance**
- **Watch the bartender or server make your drink**
- **Use the "buddy system" to watch out for friends**
- **Never leave a party or club with someone you do not know well and trust**
- **Be alert to any unusual behavior around you**
- **If you suspect your drink has been drugged, seek medical help as soon as possible**

For more information about alcohol, tobacco, and other drugs, visit GatorWell's web site at gatorwell.ufsa.ufl.edu.

Information provided by E. Maureen Miller, MPH, CHES Director of GatorWell Health Promotion Services

Managing Time for Academic Success

Many college students have very busy schedules and the pressure of being academically successful can be great, so being able to manage your time is essential! In fact, according to a 2010 Healthy Gators survey, UF students reported that effectively managing their time was "very important" to their academic success. Indeed, learning how to manage your time helps increase productivity and reduces procrastination, both of which can improve academic success. So how do you turn this knowledge into action?

1. Assess how you are currently using your time. For 2-3 days, keep a time log of what you do during the day and how long you spend doing it. Afterwards, look for trends. Identify which activities are important (see #2) and which are time wasters.

2. Know what's important! Prioritize your daily and weekly tasks. Then, organize your time according to your priorities. Higher priority tasks should come first.

3. Make time to manage time. Set aside consistent time in your schedule to organize how you will use your time. This can be done on a daily, weekly, monthly, and even whole-semester basis. There are a wide variety of tools that can be used to help with this including planners, calendars, phone apps, and "to do" lists. Pick whatever works for you and your organization style.

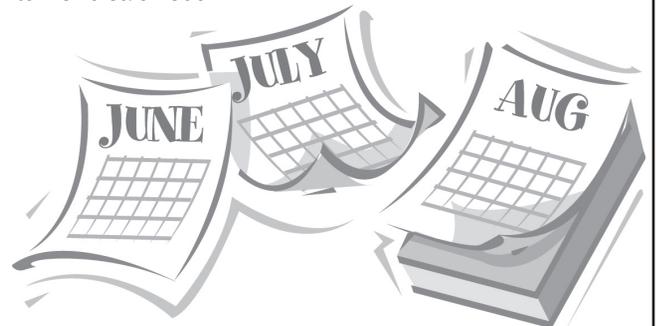
4. Minimize distractions. Identify what your common distractors and time wasters are. Then, come up with a plan to minimize these where possible. This may mean studying in a different environment, turning off the TV and/or computer, putting your phone on silent, or even setting aside specific times of the day that you will not answer the phone or hang-out with friends.

5. Learn to say NO! Sometimes it feels like you do not have enough time in the day to get everything done because... YOU DON'T. If 24 hours rarely seems like enough time, then you may be putting too much on your plate. Sound familiar? Identify current activities that are not priorities and decrease them or cut them out completely. In the future, before you say yes to something new, ask yourself if it realistically fits in with your priorities and time. If you do take on

something new, think about cutting something else out of your schedule.

6. Make time for yourself! Living a balanced life is important to your overall wellbeing. Schedule time to take care of yourself and manage your stress. Take breaks while studying, relax at the end of a long day, or schedule in activities that you enjoy doing such as volunteering, hiking, dancing, going to sporting events, or spending time with friends.

For more information about time management or to learn how to schedule an appointment with a wellness coach to work on time management, visit GatorWell's web site at gatorwell.ufsa.ufl.edu.



Information provided by Sara Martin, MS, CHES; Health Promotion Specialist at GatorWell Health Promotion Services

Exercise journaling: A way to get up and go

You may have made a New Year's resolution to work out more, but by the end of February most of those resolutions have begun to fade away like the winter weather in Florida. A great way to get back on that horse is to start an exercise journal, which enables you to easily track your progress and see just how much you've improved over time.

Following are five tips on starting your own exercise journal:

1. Decide how you want to journal. You can buy a traditional paper journal or use an online journal or app for your smartphone. Try www.onlinefitnesslog.com or check out the "Body Fitness" app for iPhone—both are free!

2. Set aside time to journal. Find the time of day and environment that works best so you'll stick to it.

3. Consider making short-term goals, such as exercising three times in one week.

4. Track your weekly activities. Give yourself credit for being active throughout the week, and remember that things like walking the dog and cleaning the house count, too!

Specific items to track regarding your exercise: 1) How am I feeling? (energy level, muscle/joint pain and mood); 2) What did I do? (time, distance and/or reps); and 3) How have I progressed? (faster, further and/or other successes).

5. Allow yourself to just write! Write about your feelings and thoughts however they come out.

Be patient with yourself. It may take time to get comfortable with the idea of journaling if you've never done it before, so don't worry if you miss a day or two. Just pick up your pen and start writing again when you can.

Reread your entries every month or so. Be objective and take the opportunity to see what areas you can improve, but also look back and celebrate the progress you have made! For more information about exercise, visit the President's Council on Fitness, Sports and Nutrition web site at www.fitness.gov.



Information provided by the UF Student Health Care Center, www.shcc.ufl.edu

Be careful what you put in your mouth

You meet him or her at a club. You decide to hang out afterward and have a little fun—"nothing serious"—but if your after-hours play includes unprotected oral sex, you could easily bring home a sexually transmitted infection (STI).

Oral sex puts you in contact with skin and body fluids, any of which can contain disease-causing viruses or bacteria. STIs can be passed through oral sex, and spitting out semen will not protect you against them, as some of the virus or bacteria stays behind.

The most common STIs seen at the University of Florida Student Health Care Center (SHCC) are human papillomavirus (HPV), chlamydia, gonorrhea and genital herpes. Fortunately, the SHCC is available to help students with confidential testing, counseling and treatment.

Protection used with every sexual act, including oral sex, will reduce the risk of acquiring an STI; however, remember that skin not covered is not protected.

Following are four ways to protect yourself from contracting an STI:

1. Use protection. Use regular or flavored condoms, or oral dams.
2. Do not shave on or very close to the genitals. Shaving can leave cuts in the skin, which increase the likelihood of infection.
3. Know your partner. If you see something suspicious on or near a potential sexual partner's genitals, you may want to think twice!
4. Know yourself. Check your body regularly and see your health care provider with concerns.

If you have any questions or concerns, make an appointment with your SHCC primary care provider. For more information about sexual health and STIs, visit the American Social Health Association's web site at www.ashastd.org.

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Get Up to Get Down with Fitness

Incorporating physical activity into your day can be a healthy habit that benefits every aspect of your life including stress levels, mood, energy, weight management, and sleep.

According to a 2010 University of Florida Healthy Gators survey students ranked "exercise/fitness" as their fourth greatest health concern. Sound relatable?

The US Department of Health and Human Services recommends "Adults should do at least 2 hours and 30 minutes each week of aerobic physical activity at a moderate level." Examples of moderate physical activities include walking briskly to class, dancing, biking, and swimming.

A good rule of thumb to know if you are working at a moderate level is that you should be able to talk while participating in these activities, but not sing.

Here are some tips to help you get started or increase your current level of physical activity:

1. You don't have to leave your house.

- Sit on an exercise ball while you read or write a paper.
- Get up during commercials and study breaks and do

some jumping-jacks, sit-ups, or push-ups.

- Use technology. Try Wii fitness, Kinect, YouTube fitness videos, or fitness DVDs like P90X.

2. Change your daily routines.

- Park at the end of the parking lot and use that opportunity to add physical activity to your errands. Chores count too- vacuum, dust, mop, scrub, they all get you moving.

- Bike to campus.
- Walk to that next class rather than taking the bus.

- Use a pedometer to track your daily steps- everything counts!

3. Get Social!

- Get an exercise buddy that will keep you motivated.

- Grab a couple friends and take a trip out to Lake Wauberg.

- Join an intramural team, club team, or student organization. From sailing to table tennis, quidditch to dance, there are lots of activities to try out on campus.

4. Try New Things.

- The Gainesville Rock Gym offers a fun rock climbing experience.

■ UF Rec Sports, community gyms and centers, and even the Alachua County Public Library offer unique group classes such as Bosu, Country Line Dance, Dance Fusion, Yoga and Zumba.

■ If you're up for a little adventure, The Lake Alice walking/biking path, Paynes Prairie State Preserve, Morningside Trails, and/or San Felasco Hammock Preserve are fun options to experience nature while getting in some physical activity.

5. Other Tips.

■ Gradually build new activities or longer time spent exercising into your routine.

■ Feel proud of your accomplishments and celebrate your successes! Use an app to keep track.

■ Keep at it! Try new things until you find an activity that is both challenging and fun. The more you incorporate physical activity into your daily routine, the more you will start to feel the benefits of it.

Get a friend, set up a couple times you're available during the week, and get moving UF!

Information provided by GatorWell Health Promotion Services

Always be prepared

Accidents can happen: Condoms can break because they are past the expiration date, stored improperly, or used incorrectly, especially in the heat of the moment. If you're worried that a condom may break, you may want to keep the following points in mind.

Condoms should never be stored in a wallet, car, or direct sunlight because heat, even body heat, weakens the condom over time. Oil-based lubricants also cause condoms to break. Instead choose a water or silicone-based lube (Astroglide, Wet, etc) which is safe for use with condoms and can help prevent breakage by reducing friction. Never use two condoms at once because the friction can cause both condoms to break.

When putting the condom on, first check the expiration date and squeeze the condom package to ensure it still has an air bubble (if it does not, the package and condom may be punctured). Open the package carefully (no teeth, nails, or scissors). Pinch the tip of the condom to leave space for ejaculation and unroll the condom all the way down. After sex, hold the base of the condom before withdrawing.

If you or your partner ever find yourself in a situation where the condom does break there are a few things to consider. If pregnancy prevention is a concern, consider following your condom breaking incident with Plan B. Also known as emergency contraception, or EC, the high-dose birth control pill is available over-the-counter and can prevent pregnancy if taken within 72 hours. Plan B is most effective when within 24 hours. Women and men over 17 years of age can call a doctor, a health clinic, a pharmacy, or place an overnight order from Drugstore.com without a prescription.

If sexually transmitted infections (STI) prevention is a concern, there are some things to consider. There are different window periods, or time it takes for the STI to be detected in a person's system, so the timing of testing is important.

When it does come time to test, there are some reasonably priced or even free options to consider on campus or in the Gainesville community.

Free confidential HIV testing for UF students is available on campus at the GatorWell main office (352-273-4450) by appointment only. HIV testing, as well as other STI testing (including Chlamydia, Gonorrhea and Syphilis), is also available at the Student Health Care Center (392-1161), Planned Parenthood of North Florida (352-377-0881) and at the Alachua County Health Department (352-334-7960).

Depending on the site, pricing ranges from free to fees determined by a sliding scale fee or based on your insurance.

Information provided by Samantha Evans, MS, CHES; Health Promotion Specialist at GatorWell Health Promotion Services



Skin Care

Why should I be concerned about skin cancer?

Skin cancer is the most common type of cancer in the United States, and can affect anyone regardless of skin color; approximately 1 million Americans are diagnosed

with it each year.

Considering that you live in sunny Florida, always remember to use sunscreen, which is readily available from any GatorWell location. Additionally, the UF Student Health Care Center offers dermatology clinic services every Friday and once-a-semester mole screenings to address indi-

vidual concerns, as well as teach students how to do self-examinations for skin cancer warning signs. Contact your primary care provider for more information.

What's the difference between sunblock and sunscreen?

Sunblock is a lotion that blocks the

sun's harmful rays from your skin, while sunscreen only blocks the redness-producing rays from the sun.

Sunblock will give you more protection from the sun as opposed to sunscreen.

Keep in mind that people of all skin types should use sunscreen.

Information provided by the UF Student Health Care Center, <http://shcc.ufl.edu>, and GatorWell Health Promotion Services, <http://gatorwell.ufla.ufl.edu>

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Wanted! Tasty, Healthy Options When Time and Money are Tight

When you think of college students' eating patterns, do you picture nutritious, balanced meals? Or is the image filled with fast food, pizza, and eating ramen until you can't stand to look at it ever again? For many students the reality is somewhere in between and for good reasons.

Dr. Brian Wansink at Cornell University found that the average person makes more than 250 food-related decisions a day. While studying why people choose the foods they do, Dr. Karen Glanz found that taste, cost and often convenience outweigh nutrition. When you are making many daily food decisions in the context of an irregular, packed schedule and a tight college budget, it is easy to see why cost and convenience can trump nutrition. What can you do if you want tasty, healthy food when time and money are in short supply? The trick is making nutritious choices both convenient and attractive so that the decision is an easy one.

Pack a Snack:

Snacking is often a key source of fuel for busy days and late night study sessions, but the cost can add up quickly if you have to buy snacks when hunger strikes. Have a stock of go-to snacks on hand:

- Pack a banana, apple, carrot sticks or grapes – a great and inexpensive way to get some extra fruit and vegetable servings in.
- Make your own trail mix at home with nuts, dried fruit, cereal and chocolate chips for a satisfying snack that is easy to pack. You can change it up each week to fit your tastes and ingredients that are on sale.
- Bring a peanut butter sandwich for a low cost snack that can keep you going until your next meal.

Eating on Campus:

One of the keys to eating well on campus is know-

ing your options. Take a look around the dining locations that are most convenient for your schedule or check out Gator Dining's web site for a guide to smart food choices at locations across campus.

- At the dining halls, stop by the salad bar to round out your meal with a few favorite veggies.
- At eateries like Subway and Moe's Southwest Grill take advantage of the option to add extra veggies to your sandwich or entree for free.
- Look for substitutions like brown rice, whole grain bread or vegetable side dishes to easily pack in some extra nutrients.

At the Grocery Store:

Sticking to a grocery list and buying only what you know you will use can reduce unpleasant surprises at the register.

- Opt for items that you can enjoy for multiple meals. Canned black beans, chicken breast, cheese, salsa, tortillas, and lettuce are loaded with vitamins, minerals, fiber, and protein. Turn them into burritos, quesadillas, and a taco salad.
- Weigh cost versus convenience. Throwing out a ton of produce that you bought with the best of intentions can leave you rethinking future purchases. If you are more likely to use the pre-cut fruit or bagged salad, the extra expense may be worth it in the long run.
- Consider trying a new recipe with friends and roommates. Splitting up the ingredient costs and prep time can make it more manageable and you can all enjoy the leftovers.

With these strategies, you can help make your 250+ food decisions a little easier. Visit gatorwell.ufsa.ufl.edu for more healthy eating tips.

Information provided by GatorWell Health Promotion Services



Transcendental Meditation

The Transcendental Meditation (TM) technique is a simple, natural, effortless procedure practiced 20 minutes twice each day while sitting comfortably with the eyes closed. The most widely practiced and most researched method of self-development, TM has proven effective in over 600 research studies conducted at more than 200 universities and research centers—including Harvard, UCLA, and Stanford.

Reduction of anxiety and depression are among the chief health benefits of the TM technique. A study published in the Journal of Counseling and Development found that patients suffering from post-traumatic stress problems who learned the TM technique showed significant reduction in depression after four months, in contrast to others who were randomly assigned to receive psychotherapy.

"The Transcendental Meditation technique tends to produce what is most needed in our lives—balance," says James Krag, M.D., president of the Psychiatric Society of Virginia.

Researchers say that the unique state of restful alertness gained during the TM technique promotes health by reducing activation of the sympathetic nervous system—which, in turn, dilates the blood vessels and reduces stress hormones, such as adrenaline, noradrenaline, and cortisol.

Information provided by Martha M. Peters, Ph.D.

"Research has shown that the practice of the TM technique is, on average, twice as effective [as other types of meditation] in reducing anxiety and changing and reducing physiological correlates of stress, which are the basis of the body's healing responses, at the basis of prevention of disease and promotion of health," said Robert Schneider, M.D., who has been awarded more than \$20 million in grants from the National Institutes of Health (NIH) for his pioneering research on natural approaches to heart disease.

"The Transcendental Meditation technique tends to produce what is most needed in our lives—balance."

James Krag
M.D., president of the Psychiatric Society of Virginia

More than five million people worldwide practice this simple technique—people of all ages, cultures, and religions. Celebrities including Jerry Seinfeld, Clint Eastwood, and Ellen DeGeneres are regular practitioners, and last summer, American icon Oprah Winfrey learned the technique and introduced it to her staff in Chicago, LA, and New York. Business owners throughout the country are seeing similar results.

Cold & Flu Prevention

I got the flu shot. Can I still catch the flu?

The flu shot cannot give you the flu. And while it dramatically lessens your chance of catching true influenza, there is still a slim possibility you may come down with influenza after getting vaccinated. (Luckily, this is very rare!) Other ways to reduce your chances of getting sick are to wash your hands regularly, cover your cough and avoid close contact with others who may be sick. Remember to get vaccinated against influenza every year, or talk to your health care provider if you have a special condition or allergies that prevent regular vaccination. Visit www.flu.gov for more information.

How do I know the difference between a cold and the flu?

It can be hard to tell the difference between a cold and the flu since both have similar symptoms, but flu symptoms are typically worse than cold symptoms. You usually have higher fevers with flu that can last three to four days, and the flu virus affects your whole body. You may also have extreme fatigue, achy muscles, dry cough and sore throat.

I seem to get sick often. Can I improve my resistance to colds?

There are various ways to boost your immune system. Believe it or not, getting a full night's rest can help your immunity. In addition, maintain healthy habits such as staying hydrated, managing stress, engaging in regular physical activity and eating a variety of nutritious foods like fruits and vegetables.

Information provided by the UF Student Health Care Center, <http://shcc.ufl.edu>, and GatorWell Health Promotion Services, <http://gatorwell.ufsa.ufl.edu>

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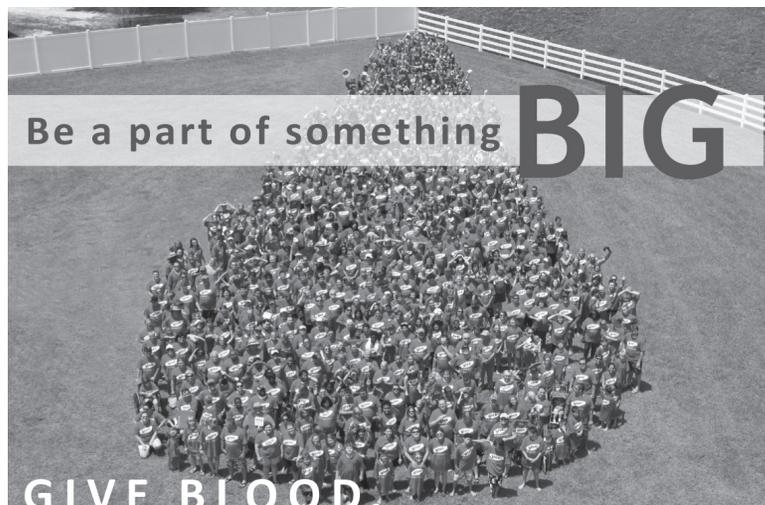


Photo by Photography 35

Over 1,000 people gathered to form one of the largest human blood drop formations in the country. LifeSouth's North Florida district needs just as many donors per week to meet the need of our community hospitals.

Be a part of something big and give blood today.

For more information, call 888.795.2707 or visit www.lifesouth.org.



Classifieds

WEDNESDAY, FEBRUARY 6, 2013
WWW.ALLIGATOR.ORG/CLASSIFIEDS

1 For Rent furnished

Get that rent money rolling in. Place an ad in the Alligator Classifieds to get your place rented out. Call 373-FIND.

2 BLOCKS FROM UF!

Starting @ \$375/BR All inclusive!
Furnished ● Cable ● Internet ● Utilities
www.campuswalk.co 352-337-9098
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PLAY THERE...LIVE HERE

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NOW offering
ROOMMATE MATCHING on 3/3's
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Call Today! 352-335-7656
4-24-72-1

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QUIET, CLEAN.

LOTS OF GREEN

1br \$375. 2br \$425 372-1201, 213-3901
4-24-13-72-2

Deluxe, Large 1, 2, 3, 4, 5, 6, 7BR apt/ house, 60 second walk to UF. Remodeled, Old House charm. Central AC, washer/dryer included. Wood floors. With Parking. By Private Owner. 538-2181 lv message 4-24-13-72-2

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Just go to
www.alligator.org/classifieds
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2 For Rent unfurnished



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4-24-72-2

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Spacious 1, 2, & 3br starting at \$475. Many floor plans, some w/ enclosed patios or balconies. Italian tile, BRs carpeted. DW, W/D hk-ups, verticals, CH/AC. Near bus rte, some walk to UF. Sec 8 accepted 352-332-7700
4-24-13-72-2

Centerpoint - 1220 NW 12 ST \$450 - 1BR/1BA — 530 SQ.FT.

Bike to UF through-tree lined streets or ride the bus located one block away! A true 1/1 close but far enough away from the ruckus of the student ghetto. No application fee, most pets ok. E.F.N. Properties, 352-371-3636 or www.efnproperties.com rentals@efnproperties.com
4-24-13-72-2

LAKWOOD VILLAS

Large 1,2 & 3BR floorplans starting at \$665. Free Hi-Speed internet, washer/dryer, fitness center, computer lab, swimming pool etc. M-F 9-6, Sat. 10-3 700 SW 62nd Blvd. 352-371-8009 www.lakewoodvillas.com
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\$390 - \$650. No app or pet fee. 1 & 2BR, privacy fenced. SW. 352-331-2099 2-28-13-38-2

2BR/1BA, Cent A/C, mobile home on shady lot on busline. Laundry room. No pets. From \$355-\$420/mo. Incl water. 1st 1/2 month free rent. Vacant lots also available 4546 NW 13th St. 376-5887 4-24-83-2

2 For Rent unfurnished

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3 bed/2 ba house at N.W. area ready for short sale or short term lease. Fenced backyard, extra space for office. Call 352-375-6754 2-6-13-20-2

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HOUSE FOR RENT 3242 NW 11th St. 2BR/1BA, W/D, Large separate garage & fenced backyard. Avail April 1st. \$775/ mo, \$975 sec dep. Pets ok (w/ add'l fee). Call 352-371-3473. please leave message. 2-22-13-20-2

*** TANGLEWOOD VILLAGE \$350/BR *** Graduate Student or Advanced Undergrad All Inclusive - Internet, Utilities, Cable Call/Text 443-939-6198 Email lawfom@gmail.com 2-8-13-8-2

Two blocks from UF Stadium

1 Bed 1 Bath. \$550 Available now 352-377-2930 2-8-13-5-2

One block to UF! 2bed/2.5 bath townhouse. Washer/Dryer/DW/woodfloors, large kitchen, guaranteed parking included. Call Todd at 352-514-4915 www.forrentgainesville.com 3-12-13-20-2

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w/ WD hook-up. Close to UF. 1103 NW 4th St. \$775/mo + \$300 sec. Pets ok. Call 352-332-8481 or 352-359-1644 3-12-13-20-2

3 Subleases

Don't get stuck with an extra rent payment. Advertise your subleases in the Alligator Classifieds and save yourself some cash. Call 373-FIND.

1 bedroom available in a furnished 3/3 at Cottage Grove \$615/month. Pet friendly, nice roommates, wifi, washer & dryer, big closet. email devinuf@gmail.com. 2-12-13-5-3

4 Roommates

I'VE HAD IT WITH YOUR LOUD MUSIC! Is your roommate driving you crazy? Find a replacement in the Alligator Classifieds!

4 Roommates

Beautifully renovated, furnished condo, 1 mile from UF, \$359/MO includes cable, internet, utilities, pool + fitness room and on bus route, Female roommate needed, 352 262-2871 2-28-13-43-4

Room available 2/6/13. 8-yr old brick home in Country Way in town of Newberry. Quiet, safe, private BR/BA w/ full privileges. \$575/ mo + 1/2 utils. 1st & last @ signing. Serious inquiries only. Call 732-672-8420 2-8-13-5-4

5 Real Estate

Sell your house, condo, acreage, mobile home and much more in the ALLIGATOR CLASSIFIEDS! Reach thousands of possible buyers! Mastercard and Visa accepted over the phone, by fax, email or CHECK OUT PLACING YOUR AD THRU OUR ONLINE AT www.alligator.org. or please call 373-Find (373-3463)

NEW CONDOS-WALK TO UF

For Info on ALL Condos for Sale, Visit www.UFCONDOS.COM or Matt Price, University Realty, 352-281-3551 4-24-72-5

6 Furnishings

Got a new couch?. Sell your old one in the Alligator Classifieds. Call 373-FIND (3463) to place your ad today.

BED - QUEEN - \$120 ORTHOPEDIC Pillow-top, mattress & box. Name brand, new, still in plastic. Call 352-372-7490 will deliver. 4-24-13-72-6

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How To Place A Classified Ad:

Online: w/ Visa or MasterCard at www.alligator.org/classified

In Person:
Cash, Check, MC, or Visa
The Alligator Office
1105 W. University Ave.
M-F, 8am - 4pm

By E-mail: classifieds@alligator.org

By Fax: (352) 376-3015

By Mail:
Call 352-373-FIND for information.
Sorry, no cash by mail.
MasterCard, Visa or checks only.

By Phone: (352) 373-FIND
Payment by Visa or MasterCard ONLY.
M-F, 8am - 4pm

When Will Your Ad Run?
Ads placed by 4 pm will appear two publication days later. Ads may run for any length of time and be cancelled at any time. Sorry, but there can be no refunds or credits for cancelled ads.

Corrections and Cancellations:

Cancellations: Call 373-FIND M-F, 8am - 4pm. No refunds or credits can be given.

Alligator errors: Check your ad the FIRST day it runs. Call 373-FIND with any corrections before noon. **THE ALLIGATOR IS ONLY RESPONSIBLE FOR THE FIRST DAY THE AD RUNS INCORRECTLY.** Corrected ads will be extended one day. No refunds or credits can be given after placing the ad. Corrections called in after the first day will not be further compensated.

Customer error or changes: Changes must be made BEFORE NOON for the next day's paper. There will be a \$2.00 charge for minor changes.

- | | | | | |
|-------------------------|---------------|------------------------|--------------------|------------------|
| 1 For Rent: Furnished | 6 Furnishings | 11 Motorcycles, Mopeds | 16 Health Services | 21 Entertainment |
| 2 For Rent: Unfurnished | 7 Computers | 12 Autos | 17 Typing Services | 22 Tickets |
| 3 Sublease | 8 Electronics | 13 Wanted | 18 Personals | 23 Rides |
| 4 Roommates | 9 Bicycles | 14 Help Wanted | 19 Connections | 24 Pets |
| 5 Real Estate | 10 For Sale | 15 Services | 20 Event Notices | 25 Lost & Found |

All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of color, religion, sex, handicap, familial status, or national origin, or intention to make limitation, or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis. • All employment opportunities advertised herein are subject to the laws which prohibit discrimination in employment (barring legal exceptions) because of race, color, religion, sex, national origin, handicap, familial status, age, or any other covered status. • This newspaper assumes no responsibility for injury or loss arising from contacts made through the type of advertising that is known as "personal" or "connections" whether or not they actually appear under those classifications. We suggest that any reader who responds to that type of advertising use caution and investigate the sincerity of the advertiser before giving out personal information. • Although this newspaper uses great care in accepting or rejecting advertising according to its suitability, we cannot verify that all advertising claims or offers are completely valid in every case and, therefore, cannot assume any responsibility for any injury or loss arising from offers and acceptance of offers of goods and/or services through any advertising contained herein.

14 Help Wanted

the independent florida
alligator
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FULL TIME POSITION

The Independent Florida Alligator is a non-profit educational institution dedicated to training students in their majors and providing UF and the Gainesville community with an unbiased, informative newspaper.

We are currently looking for a detailed, organized and motivated person as a Full-time Bookkeeper. Associate's degree in a business/accounting related field required. Experience preferred. Must be experienced with QB or another accounting software program. Microsoft Office is necessary. Duties include: A/R; A/P; entering / recording deposits; ordering / maintaining supplies for all depts.; updating / creating reports in Excel; some use of Access database; interviewing, hiring and training students as clerks; collections; processing credit applications; answering phones; paper accuracy; customer service; other assignments as necessary. Benefits include paid holidays, excellent working environment, and health/dental insurance is available. Must work within and meet daily deadlines. Modest salary, no weekends, day shift. With resume, send cover letter which must include salary history and requirements to be considered. Send to: General Manager, The Independent Florida Alligator, PO Box #14257, Gainesville, FL 32604 or email to: tcarey@alligator.org. No phone calls please. EOE

14 Help Wanted

BARTENDING
\$300 A DAY POTENTIAL
No experience necessary, training provided.
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Students in Accounting, Aviation, Business/Sales and computer science needed for various positions. Flexible schedules and competitive pay. Join our team! Learn more at www.gleim.com/employment 4-24-13-72-14

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DOMINOS HIRING
delivery drivers & assistant managers.
Drivers earn between \$14-\$17 per hour.
Apply at gatordominos.com 3-29-13-49-14

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Develop websites using HTML, CSS, and basic image manipulation. Small company in G'ville, great work environment. About 20 hrs/wk. www.oandp.com/careers 2-14-13-20-14

We are currently hiring for a PT receptionist, approx. 30+ hours. Requires 1 year office/receptionist experience, as well as knowledgeable in Microsoft Office software. Must have reliable transportation, and be able to work every Saturday.
No phone calls, apply in person only at Southeast Car Agency
310 NE 39th Ave
Gainesville 2-8-13-10-14

ATTENTION SMOKERS!
Smokers are needed to participate in a brief research study. Participants will be asked to meet with researchers on the University of Florida campus for about 30 minutes. You may be compensated for your participation. If interested, call the UF Smoking Lab and Clinic at 352-273-2151 or email us at ufsmokelabclinic@gmail.com
2-28-20-14

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Looking for undergrads to promote a new academic networking website.
For details contact: lucas@wikigrads.com
2-15-13-10-14

We are currently hiring for a part time lot attendant, approx. 30 hours. Must have valid Driver's License and own transportation.
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Gainesville 2-15-13-10-14

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Please apply online at www.gleim.com/employment. 2-18-13-10-14

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FT/PT. Tues/Thurs a must.
Please apply in person
Institute of Veterinary Spec.
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15 Services

Do you have a business that provides a service? Place your ad in the Services Section of the Alligator Classifieds for as little as **\$2.50 per day**. Call us at 373-FIND.

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Personal and Group Training
Flexible Scheduling Exclusive Facility
Call for a free workout
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15 Services

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Join us for February Heart Month. Specials
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Plea agreements with least effect on immigration for noncitizens with criminal charge
www.flaligators.com 352-376-8600 3-1-20-15

16 Health Services

HIV ANTIBODY TESTING

Alachua County Health Dept. Call 334-7960 for app't (optional \$20 fee)

THE TRUE YOU!
Lose 8-15 pounds in 4 weeks
Only \$119!
Gain muscle while you lose fat
Groups forming now. 339-2199
4-24-72-16

PREGNANT/CONSIDERING ADOPTION?
Young couple will cherish your newborn in secure happy home. Living and medical expenses paid. Call attorney Amy Eichman(FBN830011) Rachel and Jason. 1-800-280-6155 3-15-13-30-16

18 Personals

HIV ANTIBODY TESTING

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★Family Chiropractic★

Since 1977. Two blocks from U.F.
373-7070
4-24-71-18

We string rackets at EZ Tennis but also we wholesale strings. If U string at home for friends we can still help you. Remember, our discount from companies is your saving at EZ Tennis. Call us at 352-372-2257 2-2-13-18

Do you know about EZ Tennis? If you do, tell your friends; if you do not, please stop by the store - We make Tennis EZ. Our prices are good and the quality of our products is excellent 2-2-13-18

Do you string rackets for your friends? Where do you buy your strings? EZ Tennis can save you money. We buy big to save money. Our discount is your savings. Stop by the store. Let's talk strings. Call EZ Tennis 352-372-2257 2-2-13-18

Call EZ Tennis 352-372-2257 with the lowest price U find on rackets - shoes - stringing - bags. We will beat it. We have express stringing done the same day for an additional \$5. Stop waiting for days. In b/4 noon. 2-2-11-18

18 Personals

Stop buying fake and special make up (SMU) rackets from the big stores and on-line. At EZ Tennis, we carry only original, no fake or SMU. Stop by let us talk rackets. Lowest prices 352-372-2257 2-2-11-18

19 Connections

Want to make a connection?
Place your ad here to look for someone to share a common interest with or for your true love

Girl wanted for penpal/visits by 19 yr old male incarcerated short time, minor offense. Future hip-hop star, financially stable; just needs good girl. Dakoda G, U39002, 3449 SW State Rd 26, Workcamp Lancaster Correctional, Trenton, FL 32693 2-8-13-5-19

20 Event Notices

IS YOUR BUSINESS, CLUB OR ORGANIZATION HAVING AN EVENT? DO YOU HAVE A SPECIAL ANNOUNCEMENT? PLACE YOUR AD HERE AND GET IT NOTICED!

GET MOTIVATED!
Make Money From Anywhere With This Great Motivational Phone App!
The App That Pays! <http://ilaleaders.com>
2-6-13-4-20

FREE GRE WORKSHOP from the UF Teaching Center. M-R, Feb 11-14 from 5:00- 7:00 p.m. each day. Verbal sessions on M & W, Math on T & R. Go to teaching-center.ufl.edu, click on "Current Test Review Schedule & Practice Exams" to register and learn the location. 2-11-5-20

21 Entertainment

Get the party started! Place your Entertainment classified today to get people up and about. Call 373-FIND.

Rocky Creek Paintball

In Gainesville ● Better Prices
Better Fields ● Better Call 371-2092
4-24-13-72-21

23 Rides

Trying to get to and from somewhere? Want to cut back on that gas bill? Place an ad in the classifieds to find trip arrangements or show off your bus and shuttle service. 373-FIND

24 Pets

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25 Lost & Found

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Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

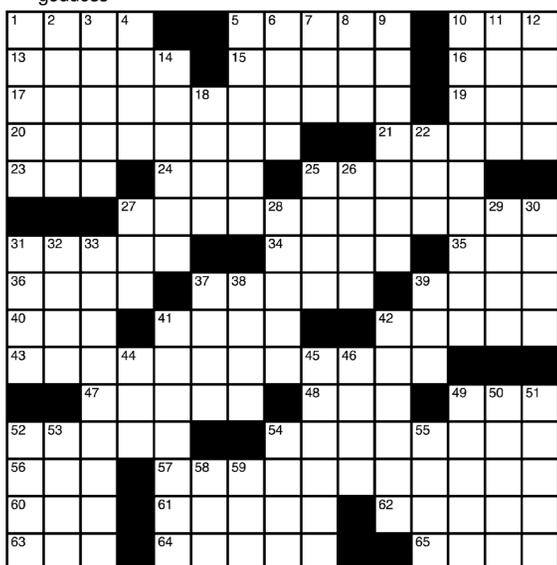
- ACROSS**
- 1 Middle Ages century opener
 - 5 Request before a snap
 - 10 "Survivor" airer
 - 13 Something to assume
 - 15 Footaraws
 - 16 You can dig it
 - 17 European auto club device?
 - 19 Floor application
 - 20 Pronouncement of Pontius Pilate
 - 21 Device commonly used in "The Twilight Zone"
 - 23 "Citizen Kane" studio
 - 24 One-time ring king
 - 25 Raise objections
 - 27 Balkan primate?
 - 31 Vegetation
 - 34 Butts
 - 35 Julio's "that"
 - 36 Yokel
 - 37 Mythological do-gooder
 - 39 Word-of-mouth
 - 40 "Star Trek" rank: Abbr.
 - 41 Greenhouse square
 - 42 Matter to debate
 - 43 Mideast orchestral group?
 - 47 Who's who
 - 48 One of the Bobbsey twins
 - 49 ___ double take
 - 52 "Come here ___?"
 - 54 Losers
 - 56 Expected result
 - 57 South Pacific 18-wheelers?
 - 60 Counterterrorist weapon
 - 61 "___ Heartbeat": Amy Grant hit
 - 62 One handling a roast
 - 63 Jiff
 - 64 Indian tunes
 - 65 Makes, as a visit
- DOWN**
- 1 "Real Time" host
 - 2 Coop sound

- 3 Dos y tres
- 4 Bating practice safety feature
- 5 Buffalo
- 6 Magic charm
- 7 Craters of the Moon st.
- 8 ___ cit.: footnote abbr.
- 9 Native Alaskans, historically
- 10 Water cooler gatherers
- 11 Muffin mix stir-in
- 12 Hot
- 14 1943 war film set in a desert
- 18 Play thing?
- 22 Bolt
- 25 Letter opener?
- 26 Acting award
- 27 Coll. senior's test
- 28 Old-time news source
- 29 Biblical twin
- 30 School with the motto "Lux et veritas"
- 31 It's measured in Hz
- 32 Roman moon goddess
- 33 Relating to childbirth
- 37 Like some clocks
- 38 First few chips, usually
- 39 Org. in old spy stories
- 41 HP product
- 42 Overlook
- 44 Tankard filler
- 45 Puts down, as parquetry
- 46 Harper's Weekly cartoonist
- 49 Bangladesh capital, old-style
- 50 Pitched perfectly
- 51 Toting team
- 52 Musical number
- 53 Throw for a loop
- 54 Uttar Pradesh tourist city
- 55 ___ roast
- 58 Eggs, in old Rome
- 59 Not pos.

ANSWER TO PREVIOUS PUZZLE:

B A S R A V I B E S S R S
A B H O R I R O N H E A L
B R E A K B R E A D A N N E
B O E R I A N B R O O D
L A T I L L E G A L D R U G
E D S E L O T T I T E
S E T A R T G T O S
O H P R E T T Y W O M A N
O N A N N A E O D E
F A M P O L E N T E R
F L O W E R C H I L D A V A
B E N I N O N E S T E N
E A R L W O N D E R L A N D
A S Y E E P E E T O R S O
T H E Y S T Y X E P S O M

xwordeditor@aol.com 02/06/13



By Jeff Stillman
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No. 2 Florida suffers first double-digit loss in upset

▶ ARKANSAS WON 80-69.

LONDON WATNICK

Alligator Writer

Florida has dominated Southeastern Conference opponents this season, but it finally experienced the other end of the beating against Arkansas.

The Razorbacks used hot outside shooting to stun the No. 2 Gators (18-3, 8-1 SEC) 80-69 on Tuesday night in Bud Walton Arena in Fayetteville, Ark., snapping UF's 10-game winning streak.

Arkansas' 80 points are the most Florida has allowed this season.

Before Tuesday's contest, UF defeated SEC opponents by an average margin of 26.5 points per game.

"Winning, success, it's really hard to handle," coach Billy Donovan said.

"A lot of people have a hard time handling success. I thought we came out and did not play like we have played. That was the disappointing part."

The Razorbacks (14-8, 5-4 SEC) shot 49.1 percent from the field and 44.4 percent from beyond the arc. Arkansas, the No. 12 three-point shooting team in the SEC at 29.8 percent before Tuesday, scored 7 of its 8 threes in the first 10:16.

"I put it on the board to our guys. We can't disrespect the three-

point line," Donovan said.

"There were so many times our guys were standing there with their feet below the line in great defensive position but not even putting a hand up to alter it, to change it, to make them think twice about

shooting."

Donovan chose not to send a full-court press at Arkansas early in the game, and the Razorbacks excelled offensively in the half court and in transition.

Arkansas made 3 of its first 4

three-pointers and jumped out to a 9-2 lead.

Razorbacks forward Marshawn Powell scored nine of Arkansas' first 21 points on 4-of-4 shooting.

For a 6-minute stretch until 9:12 remained in the first half, the Ra-

zorbacks outscored the Gators 22-5, taking a 36-13 lead. Arkansas started the game shooting 15 of 20.

The Razorbacks, who took a 43-26 lead into halftime, opened the second half on a 6-0 run. Arkansas led by as many as 27 points in the second half, but Florida cut the deficit to 13 with 3:52 remaining after an 11-2 run.

UF's rally fell short. The Gators couldn't hit enough shots to cut the deficit to single digits.

Florida shot 41.1 percent, including a 29.2 percent clip in the first half. Redshirt senior guard Mike Rosario recorded a team-best 15 points, while junior point guard Scottie Wilbekin scored 14 points on 5-of-15 shooting.

Senior forward Erik Murphy, the Gators' leading scorer in SEC play before Tuesday with 14 points per game, scored nine points on 2-of-7 shooting and tallied a team-high four turnovers. Murphy drilled his only three-pointer with 8:11 remaining in the contest.

Will Yeguete left with 15:52 remaining in the first half because of discomfort caused by tendinitis in his right knee. He played 1 minute.

Junior center Patric Young tallied nine points and four rebounds but fouled out with 3:41 remaining.

With Yeguete out and Young playing only 11 minutes in the first half due to foul trouble, the Razorbacks outbounded the Gators

SEE HOOPS, PAGE 15



Audre Larrow / Alligator Staff

Center Patric Young wipes his brow with a towel during a timeout in Florida's 83-52 win against Missouri on Jan. 19 in the O'Connell Center. UF suffered its first Southeastern Conference defeat of the season in an 80-69 road loss to Arkansas on Tuesday in Bud Walton Arena in Fayetteville, Ark.

FIRE JOE MORGAN

Jags owner raising standards

In an effort to jettison the mediocrity fans have endured since the Jacksonville Jaguars last made the playoffs in 2007, owner Shahid Khan is changing everything.

Khan is making revolutionary moves in Jacksonville, and I like it.

Scratch that. I love it.

Gone is former general manager Gene Smith, whose propensity to take chances on small-school project players in the NFL draft each year was half-hipster, half-freakish.

Also shown the door was former coach Mike Mularkey, a sacrificial lamb tasked with leading an overmatched, undermanned group of players against far superior competition during a trying and tumultuous season.

In a flurry of changes since Jacksonville ended its worst season in franchise history, Khan replaced Smith with former Atlanta Falcons Director of Player Personnel David Caldwell, who promptly fired Mularkey and tabbed former Seattle Seahawks defensive coordinator Gus Bradley as the new guy in charge.

After last season's 2-14 debacle, Khan is bringing the Jaguars back from the dead.

The changes bring hope to the fan base of



Joe Morgan
twitter: @joe_morgan

a franchise with only two postseason appearances since losing the AFC Championship Game to the Tennessee Titans following the 1999 season.

As a Jaguars fan, I am smitten with the recent moves. For the first time in I don't know how long, I have confidence in the people running the Jaguars.

However, Khan is doing more than simply making personnel changes. Every NFL team makes some kind of coaching or front office hire every year.

In fact, Jacksonville is one of four teams that fired both its coach and general manager following the 2012 season.

Khan is enacting wholesale changes, completely gutting the Jaguars and starting over.

He spent millions to implement state-of-the-art renovations at Jacksonville's facilities. He scheduled one game in London for each of the next four seasons to help grow the

SEE JOE, PAGE 15

Gators name No. 1 starter

JOSH JURNOVOY

Alligator Staff Writer

One year ago, Jonathon Crawford didn't know where he stood.

After logging just 3.2 innings as a freshman, he began 2012 alternating between spot starter and reliever. But as starters ahead of him battled injuries last season, Crawford eventually earned a spot in the weekend rotation.

Now, he is the Gators' Friday starter. "Anytime you have a guy like him at the front of your rotation, you have to feel good about it," coach Kevin O'Sullivan said.

Crawford solidified his status as a dominant starter when he threw a no-hitter in the opening game of the NCAA Gainesville Regional against Bethune-Cookman on June 1. Crawford's gem was the first complete game no-hitter by a Florida pitcher since 1991.

He finished his sophomore season

with a 3.13 ERA and 73 strikeouts in 77.2 innings.

Crawford credited since-departed starter Hudson Randall for helping him with his demeanor and ability to keep an even keel during his breakout season.

"He had ice running through his veins," Crawford said of Hudson. "He showed no emotion."

After dominating at the end of last season, Crawford refined his changeup while pitching for the USA Collegiate National Team during the offseason. Crawford, who relies mostly on his fastball and his slider, plans to use the changeup more often this season.

"I didn't even think about throwing it," Crawford said. "It just never came in my head that 'I want to throw this in this situation.' Whereas this year, when I get behind in the count, I can use it to get a ground ball."

Crawford said that improving his

SEE PITCH, PAGE 15



Junior right-hander Hannah Rogers is working on improving her pitch location this season. See story, page 16.

SEC honors UF sprinters

Dedric Dukes earned SEC Men's Runner of the Week, and Arman Hall won SEC Co-Freshman of the Week. Dukes was the Husker Invitational Men's MVP, and Hall set a personal record in the 400m at the same meet.

Gymnast wins SEC award

Freshman Bridget Sloan was named the SEC Gymnast of the Week after claiming her first all-around title in Florida's 197.575-196.175 win on Friday at Arkansas.

Crawford developing changeup

PITCH, from page 14

command of the changeup gives opposing batters more to think about.

He added that developing the pitch didn't necessarily entail taking advice from anyone. Crawford simply had to practice throwing it.

In UF's last scrimmage, O'Sullivan said Crawford

threw his changeup for strikes about 85 percent of the time.

"Obviously, he's always had the great fastball and the breaking ball," O'Sullivan said. "But I think the changeup, the way that's evolved, will take him to another level."

The expectations are higher than ever for Crawford with another year of experience and an improved arsenal.

Despite the hype, O'Sullivan

expects his No. 1 starter to stay grounded.

"I really think he's a team guy," O'Sullivan said. "He's very much concerned about how the team is doing and how they're progressing. He's done a great job with the younger players. I think he's really consumed about the team's success."

Contact Josh Jurnovoy at jjurnovoy@alligator.org.



Alligator File Photo / David Carr

Junior Jonathon Crawford throws a pitch during Florida's 9-8 victory against NC State in Game 2 of the NCAA Gainesville Super Regional on June 10 at McKethan Stadium.

UF bench outscored 40-12

HOOPS, from page 14

20-14 before halftime and 34-33 for the game.

Florida committed 16 turnovers to Arkansas' nine.

Razorbacks guard BJ Young tallied a team-best 13 points and five assists off the bench.

Eight Arkansas players scored at least seven points, and its bench outscored Florida's reserves 40-12.

UF has three days to regroup before hosting Mississippi State on Sat-

urday in the O'Connell Center.

"Sometimes getting humbled is a good thing to get us back to, 'Who are we?'" Donovan said.

"We could have played a very good game and lost, but for our basketball team to be down to anybody by 25, 26, 28 points, that's more of a reflection of us and not Arkansas. They played well — don't get me wrong — but they're not 28 points or 26 points better than us. They are when we show up like we did today."

A radio broadcast contributed to this report.

JOE, from page 14

franchise's brand internationally.

Some say playing in Europe is not worth the trouble, but for a team looking to rebrand itself, just about any exposure is good exposure.

He even ditched the Jaguars' signature home teal jerseys, making black the team's new primary color.

On Tuesday, Khan continued his demolition project by unveiling a new logo, the first change since Jacksonville officially joined the league in 1995. The franchise is expected to introduce new uniforms in April.

I'm not sure how to describe the new logo without sounding stupid, but here goes nothing. The jaguar looks more fearsome. The cat is aggressive and opportunistic, much like Mr. Khan. Frankly, I think the new logo is kind of badass. Teal nose and all.

With an owner as business-savvy and

forward thinking as Khan, I won't be surprised to learn of more changes down the road. The 'stache will not stand pat.

Khan has made something out of nothing before.

He came to the United States from Pakistan at age 16 with only \$500 in his pocket. His first job was washing dishes at an hourly rate of \$1.20.

Now, Khan owns auto parts manufacturer Flex-N-Gate and the NFL's Jaguars and is worth more than \$2.5 billion.

Khan is an innovator who will stop at nothing to achieve what he wants. He seized an opportunity in Jacksonville and is methodically bringing his vision for the Jaguars to life.

Khan is a man that strives to be ahead of the curve, and as he continually becomes more accustomed to the NFL, Jacksonville's prospects will only improve.

He is bold, he is a risk-taker and he is the only guy I want running the Jaguars.

Contact Joe Morgan at joemorgan@alligator.org.

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SPRING SPORTS SECTIONS

Issue Date	Sports Coverage
Mon. 1/7	Football Season & Bowl Game Recap (Deadline: 12/07/12)
Fri. 1/18	Gymnastics, Tennis, Swimming, Women's Basketball Men's Basketball vs. Missouri, Track & Field Gator Invitational
Fri. 1/25	Gymnastics Gators Link to Pink vs. Auburn
Fri. 2/1	Men's Basketball vs. Ole Miss, Swimming & Diving, Tennis, Women's Basketball
Fri. 2/8	Men's Basketball vs. Mississippi State Men's Golf Gator Invitational, Softball Preview
Fri. 2/15	Baseball Preview, Softball, Women's Basketball
Fri. 2/22	Tennis, Lacrosse, Baseball, Gymnastics Men's Basketball vs. Arkansas
Fri. 3/1	Men's Basketball vs. Alabama Softball, Baseball, Gymnastics, Men's Tennis
Mon. 3/18	Men's NCAA Basketball Tournament (Bracket)
Fri. 3/29	Men's Tennis, Baseball
Fri. 4/5	Track & Field Pepsi Florida Relays Orange & Blue Game (Approximate Date) Gymnastics NCAA Regionals
Fri. 4/12	Baseball, Men's Tennis

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Junior ace working on new pitches, improving location

ADAM LICHTENSTEIN

Alligator Writer

Hannah Rogers' ERA in 2012 would make AL Cy Young Award winner David Price's jaw drop. But for the Gators' junior righty, there's always room for improvement.

Rogers has been working on changing her pitch repertoire and improving her location.

"I am trying to work on hitting new spots with my pitches instead of just constantly hitting the same spots," Rogers said.

Despite improving her ERA from 1.92 in 2011 to 1.23 in 2012, Rogers' accuracy didn't show the same jump.

As a freshman, Rogers struck out 221 batters and walked 70 in 265.2 innings — a strikeout-to-walk ratio of 3.15.

During her sophomore campaign, she pitched fewer innings because of fatigue. In 228.1 innings, she tallied 202 punch outs and walked 65, dropping the ratio to 3.11.

But this year, Rogers is healthy and ready to go.

Rogers comes into 2013 as the Gators' ace and will likely throw the first pitch in Friday's season opener against Creighton

in the Kajikawa Classic in Tempe, Ariz.

"This is probably the best offseason I feel like I've had," she said. "I feel fresh

from my legs to my arms."

Coach Tim Walton said the junior has focused on getting back into top shape during the offseason.

"She doesn't say a lot," Walton said of Rogers. "Last week, I don't think she said anything to anybody. She just kept mowing batters down left and right and went about her business."

Walton said Rogers will be more dynamic when she takes the field for Florida this year, and Rogers' teammates agree.

Sophomore pitcher and first baseman Lauren Haeger has seen Rogers' new pitches in the bullpen and from the batter's box.

"[Rogers] has an amazing dropball that none of us can hit, no matter how many times we try," Haeger said. "And she has a lot of off-speed (pitches), so it really messes with your timing."

Freshman catcher Aubree Munro has caught Rogers in scrimmages and said the junior is one of the best pitchers she's ever caught.

"[Rogers is] an awesome pitcher for me, as a catcher, to work with," Munro said. "It makes my job pretty easy back there."



Alligator File Photo / David Carr

Junior Hannah Rogers pitches during Florida's 3-2 victory against Auburn on April 13 at Pressly Stadium. Rogers ranked sixth nationally with a 1.23 ERA last season.

UF Softball

MEN'S TENNIS

Freshman rebounding after struggling during fall season

CHRIS KIRSCHNER

Alligator Writer

Freshman Luke Johnson struggled during his first semester playing college tennis.

After going 2-6 in singles and 1-3 in doubles, the England product has bounced back during the dual meet season.

Johnson has become a reliable starter for the Gators, showing that he can earn victories for an inexperienced team.

With his victory against Furman's Richard Casagrande on Sunday, Johnson improved his singles record to 3-1.

He is 2-0 in doubles.

"I'm glad to see [Johnson] rebound and play disci-



Johnson

plined, solid tennis and working his way to the net to finish off opponents," coach Bryan Shelton said.

Johnson's improved play at the net is paying dividends in doubles.

Because Johnson plays in the advantage court, he does not serve and is at the net during most points.

Johnson has played with four different partners — Mike Alford, Florent Diep, Billy Federhofer and Stephane Piro — in four doubles matches this season.

Playing with Alford for the first time against the Paladins, Johnson helped win the doubles point for the Gators with an 8-4 victory against Furman's Jacob Behal and

Casagrande.

"It was great to clinch the point," Johnson said. "It was great momentum for us heading into singles play."

Johnson played Sunday's only closely contested match. Facing Casagrande, Johnson breezed by him in the first set, winning 6-1.

However, Casagrande battled back, winning the second set by clinching the tiebreaker for a 7-6 (5) win.

But Johnson regained momentum, taking the deciding 10-point tiebreaker (10-5) and securing the Gators' third sweep of the season.

"He lost a little bit of focus in the second set," Shelton said.

"You can see how quickly a match can turn, but Luke regained his confidence to rebound in the tiebreak."

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