

R: chicken and dumplings, chicken and dressing, along with other vegetables.

P: Uh huh. And corn bread?

R: Corn bread. Yes, I've had some corn bread.

P: You didn't have white bread very much?

R: No, no light bread. Now I can remember when I first began to see light bread.

P: Even with the....

R: I don't know when it was. It must have been in the twenties, I guess, that it come out. Corn bread and biscuits. Get up every morning, bake biscuits for breakfast and for breakfast have sausage and grits and biscuits, syrup.

P: Sounds great.

So you usually had a pretty substantial breakfast.

R: Yes.

P: Did you usually have eggs, too?

R: Eggs, yes. We usually had eggs. We had chickens on the farm, so we had all them eggs.

P: And then you would eat your main meal at lunchtime.

R: Yes, that was the main meal, and then usually ate what was left over, especially if you'd cooked a big pot full of peas and corn and different things for you noontime meal, why, then, you ate what was left over, and if you had -- which we always did -- cows and milk, why, clabber.

P: I've heard of it.

R: It's milk when it sours.

P: Okay.

R: What yogurt is just, I sometimes say, just glorified clabber.

P: Uh huh. (laughter)

R: See, you know, of course it has some seasoning in it. But ate that at night, lots with, and sweetened it with syrup.

P: Uh huh.

R: Put syrup in it and had that along with your leftover, leftovers from the noontime meal. Especially in the summertime when the weather was hot. We very seldom cooked at night, unless, you know, it was a special occasion or something.

P: Okay. So clabber was a sweet kind of desert.