

R: of course, you drank sassafrass tea in the spring of the year, anyway, to build up your blood.

P: Okay.

R: Yeah. The root, it's a tree that grows in north Florida and you get the root and boil the root and you, it's, the way I remember it, it's rather tasty because I remember we sweetened and I did put milk in it and it's a red tea and we drank that, but that hot sassafrass tea was supposed to break out measles.

P: Okay. I've heard that one. That's good. But I didn't know that they used the root of the tree.

R: No, it was the root, yeah.

P: Chicken pox, do you remember any? I've heard that you can take a black hen -- and it has to be black -- and scald it and then bathe the child in the broth.

R: I've never, I've never heard that. Now, I've heard <sup>it</sup> for shingles.

P: Uh huh.

R: You know shingles are supposed to come in your abdom'al area and if they go all the way around you and meet, it's supposed to kill you. That's what older people used to think. And the remedy for that was to kill a black chicken and they cut it's head off and while the blood was warm, let the warm blood run on the shingles. (laughter) I never saw it done...

P: Uh huh.

R: ...but I heard people talk about doing it.

P: That's something.

R: Yeah.

P: Okay, for cramps, for women?

R: I don't know....

P: Haven't heard any?

R: No, I don't. I don't know any.

P: Warts?

R: Oh, warts, frogs was supposed to cause warts and what was supposed to take them off? Someone who was born after a frog had died, I believe. They could take them off by some word they said, or something.