



The Spectrum

"The Student Voice of The College of The Bahamas"



Email: spectrum@cob.edu.bs Volume 14 - Issue 2 - October 2010

Two Cars Stolen on Campus

HOW SAFE IS YOUR CAMPUS AND WHAT CAN YOU DO

by Brittany Moss
Staff Writer

Last month, two Nissan Sentra's were reported missing from The College of The Bahamas Parking lot.

According to Director of Security, Wellington Francis, the first car stolen was reported at the end of the day, upon returning from class the owner could not locate the vehicle.

Francis assured that a security officer was in fact on duty but had not reported any suspicious activity.

The second stolen vehicle was that of a male student who



■ The Nissan Sentra is one of the most common target for thieves. Two of these cars were discovered missing at COB last month. Courtesy of Dependable Car.com

reportedly had lost his keys in one of the classrooms and when he went to his car it was not there.

Francis assures the student population investigations are still ongoing with both matters.

The entire security staff encourages students to park in close proximity to the security booth if possible. Although it's impossible for every student to do such, it is possible to buy safety equipment such as wheel locks, security shields and blankets to remove items from plain site.

Francis also urges students to be more responsible with their belongings, he asserts "Students are too careless and leaving their valuables all over the place".

He stressed that laptops are the hottest items that are reported stolen and students should not leave it on their car seats.

Investigator of Security, Ricardo Miller ensures they are here to help students. He advises students to join the security in crime prevention.

"This has been a very good year", said Miller.

"In order to continue the trend students have to adhere to the rules and regulations of the college."

Law and Criminology Major, Kandice Maycock, express her views to Spectrum.

She said, "I believe the securi- ■ Continued on page 2

Presidential Search Update

The Search for COB's next President Continues...

by Lamech Johnson
Staff Writer

After months of anticipation over the selection of a new president, The College of the Bahamas may not have to wait much longer.

Officials of the Office of Communications confirmed that the university hopeful has reached the seventh step of the presidential search process as listed on COB's website.

In mid-September, the three candidates, Dr. Betsy Vogel Boze, Dr. Susan Coultrap-McQuinn and Dr. Kathryn Bindon were all part of step 6 of the search process, which was Evaluation part two.

The three candidate finalists met with staff, students, alumni and members of the community in forums that allowed them to convince the audience that they were the best choice to be the fifth president of The College of the Bahamas.

Despite the information on the President Search page not being updated since the first week in September, secretaries of both the Office of Communications and the President's Office validate that a decision is being made on choice of the next President once the respective parties involved play

their part in that regard.

After visiting the website, it is shown that the respective parties are the College Council, who will determine whether it supports the recommendation and the Minister of Education, who will approve the recommendation in accordance with the terms of the College Act.

Discussions with the preferred candidate will be held to ensure provisional acceptance of an offer should one be made. The final recommendation will be presented for final approval by Council.

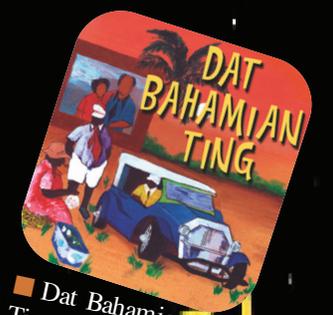
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UWI has Food Drive

by Alton McKenzie and Renaldo Toote
UWI, LLB Program

The experience thus far with the Poverty Law I class has opened the eyes of many students to the plight of the poor in The Bahamas. The course endeavors to expose students to the various aspects of poverty that are common to most societies, but in particular those that plague the poor in The Bahamas. Thus far in the course there is a critical analysis of what poverty is, and contrary to the conception of the average person, it goes much deeper than simply a person's inability to afford to feed and clothe oneself. Undoubtedly, lack of financial resources is a part of Poverty, but poverty also encompasses an individual's lack of access to other basic rights, for example, access to justice, a right to health care, education and the list goes on.

The students of the class were like most Bahamians, prior to taking this class, many assumed the Bahamas, with its high standard of living "compared to the rest of the region" has a very low poverty percentile and those that were poor didn't want to do any better for themselves. The number of persons within the country living below the "poverty line" in 2001 was estimated to be around 9.3% of the total population. The numbers may seem small but the drastic disparity between the rich and the poor is telling. The Gini coefficient (a commonly used indicator of inequality) of the Bahamas is 0.57, which is equal to that of Brazil a country with almost 400 times the population of The Bahamas. Inequality in the Bahamas is significantly higher than the rest of the Caribbean. The state of poverty in this country has been exacerbated by the multi-year global



■ Pictured are Law Students and lecturer Mrs. Mukiri Smith with representatives from the Salvation Army (Ms. Kanaday), The Randfurly Home (Mr. Roberts) and Great Commissions (Mrs. Henchel).

Photo courtesy of UWI students

recession/depression; by all accounts the present reported jobless rate of 14% is likely to have doubled according to officials from Non-

Governmental Organizations (NGO) like the Salvation Army and Great Commissions Ministry (whose pantries are very low or empty). These organizations are in the trenches doing whatever they can to assist the poor and marginalized on a daily basis. Added to this, donations to local NGO's have dropped off considerably as compared to last year. The great support the public has extended to Haiti in the wake of the Earthquake early this year as reported by the NGO's have left many willing donors "fatigued", in spite of this, the NGO continue their struggle, it was because of reports like this the class decided to give support through a food drive.

The state of poverty and inequality in our great country is enough to depress the most optimistic of individuals, but all is not lost. There are hundreds, if not thousands of people across this great country who, despite the dire reports have done and continue to do their part in fighting poverty in whatever way they can. It is people

like this that have inspired the Poverty Law I class to do its part and assist in some way to make it a little easier for some person in need. The efforts of the class coincided with "World Food Day" by the Food and Agriculture Organization (FAO) and "The International Day for the Eradication of Hunger" marked on The 17th October as day to eradicate hunger. This may seem a lofty goal but the members of the Poverty Law I class have organized a food drive in support of this goal.

The food drive resulted in \$460 dollars donated, which was utilized to purchase more items. The target for

collections were surpassed by willing donations of rice, tuna, corned beef, sardines and soup. All items were distributed to The Salvation Army, Great Commissions Ministry and the Randfurly Home.

The support by the college community was decent, classmates, family members, and church organizations all supported the class in this effort. It has been both a joy and a humbling experience to know that just a little time and money can go very far. The students hope that next year the College Community will play a bigger role in the effort to end hunger and poverty in this great nation.

■ Car Theft from page 1

ty has to be aware at all times. Most of the times I do not see any security in the T block parking lot. That has to be corrected".

Nursing Major, Jasmine Marshall, said, "I do not stay on campus long but from what I observe every time I do come on campus securities are around and seems to be doing their job. I always have to show my ID".

Miller closed by saying the security staff will forcefully administer the showing of ID's in order to enter the campus ground. Persons' without will not enter without it.

Safety Tips for Students

- Refrain from creating methods of getting outsiders on campus.
- Avoid isolated areas especially in the evening.
- Students that are walking in the areas of Tucker Road, Poinciana Drive and Thompson Boulevard should be careful when displaying their cell phones and other items.



■ On Tuesday October 19, The College's own Faculty ensemble, C-Force, released their CD entitled Tchaka Mizik. Music Professors Chris Justilien, Christy Lee, and Christine Ganggelhoff make up this musical group. Pictured from left to right: Lee, Gangelhoff, SCCA Chair Pam Collins, and Justilien. *Photo by Kandice Eldon (Office of Communication)*

COBUS holds Leadership Retreat

COBUS Oakes Field and COBUS NBC collaborate

by Dauran McNeil
COBUS

On Friday Sept. 17, 2010 a two day Executive Leadership Retreat for the College of The Bahamas Union of Students began. The retreat brought together executives of the New Providence Main Campus and the Northern Bahamas Campus (NBC) of the College. Donovan Elreno Bowe, Public Relations Director, COBUS NBC said, "The COBUS leadership retreat was most insightful, it allowed for a dynamic grouping of young Leaders to network. It created an opportunity for all parties to speak concerning many of the plights facing the Union. It was ideal in improving work relationships- a weakness in our archipelagic nation. Retreats of this degree are essential as we move even closer to becoming a University."

The retreat commenced with an introduction by Senator, Lawrence Rigby II of the main campus. This was followed by the introduction of the revised constitution, which ended the night in a great debate. The COBUS NBC executives were unsettled, startled as well as disagreed with some of the changes in the newly revised constitution. For a moment, it appeared as if there was separation within the organization, which had to be addressed and corrected immediately for the common good of the organization.

The last day of the Leadership Retreat began with "Knowing your role" which was conducted by Antonio Butler Jr., President of COBUS main campus and Romall Russell, President of COBUS NBC. This was followed by Lottis Shearer- Knowles, Director of Student Leadership, who led the group in a thorough evaluation of the organization to formulate a vision and mission statement for



Members of COBUS Oakes Field Campus and Northern Bahamas Campus during their Executive Leadership Retreat. Photo courtesy of COBUS

COBUS. This portion of the retreat allowed members to combine their ideas and thoughts to create a vision and mission statement that would guide COBUS in the future. After which, executives ate lunch together while discussing pertinent issues, with the revised constitution at the helm.

Distinguish Toastmaster Wentworth Stubbs presented on parliamentary procedures that gave executives rules and guidelines to govern their meetings in a fair and orderly manner. This portion of the retreat stimulated much questions and clarification for COBUS executives that Toastmaster Stubbs was able to provide.

This then led to the much-anticipated discussion of the revised COBUS constitution. The meeting room was

transformed into a makeshift Senate room as Senator Black attempted to clarify all legalities. However, as the session continued, the COBUS NBC was insisting and determined to make their voices heard and also for changes to be made in their favour. After much emotion and deliberation it was concluded that COBUS NBC submit their amendments to be included in the revised constitution.

Though the revised constitution evoked strong debate and emotions, Constitutional Reform Committee Chair, Indera K. Smith said, "it was insightful and showed the work of democracy." This now leaves COBUS NBC and COBUS main campus in a better position than it has ever been whereby both campuses can be unified to serve students in fair and efficient way.

REGISTRATION SCHEDULE

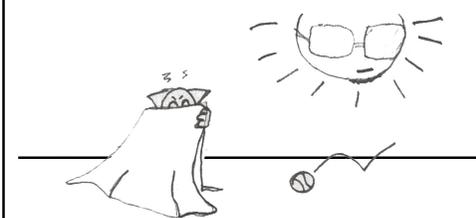
OCT 25	Advisement and Authorization begins
NOV 7	Course Reservation begins
NOV 7-9	Cycle 1 - Seniors Registration
NOV 9-11	Cycle 1 - Juniors Registration
NOV 11-15	Cycle 1 - Sophomores Registration
NOV 15-21	Cycle 1 - Freshmen Registration
NOV 21-27	Cycle 1 CEES Students Registration
NOV 26	Advisement and Authorization ends
DEC 28	Late Fee applied for returning students
DEC 29	Deregistration for unpaid students
JAN 4	New Student Orientation and Advisement
JAN 5	New Student Registration
JAN 6	Late Registration begins
JAN 7	Late Registration ends
JAN 10	Classes begin

CAMPUS CARTOONS by S.A. Hanna

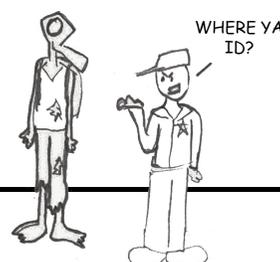
UNANSWERED QUESTIONS THIS TERM



DO ROBOTS ALSO NOT FINISH THEIR 120 ESSAY BECAUSE OF FACEBOOK?



DO THE VAMPIRE STUDENTS STILL HAVE TO TAKE PHY ED?



WHAT IS COBUS DOING ABOUT THE RIGHTS OF ZOMBIE STUDENTS?



WHAT IS BEING DONE ABOUT MERMAID CLASS CONDITIONS?

Poverty

by R. Mabelle Major
Staff Writer

There is a peculiar site that I pass almost daily at least once. This site though not commonplace is not exactly rare in this bejeweled Christian nation where gospels of health and wealth are being preached daily. It is the site of a makeshift home on the side of some road where someone, some human being is left to salvage some form of dignity. I pass this transformed abandoned fruit stand covered with worn tarp, which was once royal blue but is now a light shade of blue and filled with holes and I can't help but to peer inside. It is a nice place, clean and well thought out, with a makeshift dining room, bedroom and sitting area. The bed is made up out of old carpets and some linen that once had a floral pattern on it that's either faded from use or dulled by dirt. And I think to myself daily, but for the grace of God there go I!

In a world where the victims of tragedies are often blamed for their problems it is not hard to imagine the justifications that

we make as we pass the makeshift home of a fellow human being. I imagine it must be the same excuses we make when we see people eating out of garbage bins, or when we see children wandering the streets barely clothed. It must be their fault! It was their bad choices within the context of intimate personal relationships; their poor judgment in friends; their use of narcotics and alcohol. It has to be their fault because they're lazy, after all we started out poor but we didn't allow our origins to determine our destiny. It's because they refuse to accept Jesus as lord and savior. Now while I concede that they are somewhat responsible - I don't recall Jesus giving parameters when He stated that: "Whatever you do to the least of my brethren you do it unto me!" There were no situational ethics applied by Jesus, we are commanded to love and to care for each other as we would love and care for Him.

Man on the Street

by Lamech Johnson and Erin Knowles
Staff Writer

Power Outages

"Save your work" the techno mentors always say. It is so much easier said than done. With so much momentum going and the motivation to type so many words per minute, one doesn't have time to periodically click Ctrl+ S.

It is the worst curse that could be wished on any student, especially if he or she is half-way or three quarters through completing an assignment.

Zoom! Just like that, the power is gone. Some exaggerated "Noooo's" fill the computer labs and libraries, accompanied by whispered profanities, making it obvious that some students didn't save their work. The generator should automatically kick in right? Not always. The students in the A-lab can tell you. On October 14, 2010 while students were completing assignments, checking emails, face booking and doing whatever students use the computers for; power went out on COB's campus about quarter past 10am.

What was even more frightening was that instead of the generator kicking in, it emit-

ted a large puff of smoke that shocked students and had them on their feet as they were watching from the window. Luckily for them, power was restored 10 minutes later.

Students in A-13 and other labs were fortunate that day. Power outages that have happened before lasted much longer.

Carla Tinker, an Education major, expressed distaste when the electricity when out in the library. She exclaimed "the generator didn't even kick in. It took about ten to fifteen minutes to do so and I didn't even get to save, so I lost my work."

Tinker is not alone in her disgust, Raynessa Watkins, Stephanie Hanna and numerous other students have suffered considerable work loss as a result of power outage.

Although Ctrl + S may seem an impossible task, its benefits will only be recognized when you find yourself sitting to a computer and the screen goes black.

When everything else fails, electricity, generator and all, saving your documents won't.

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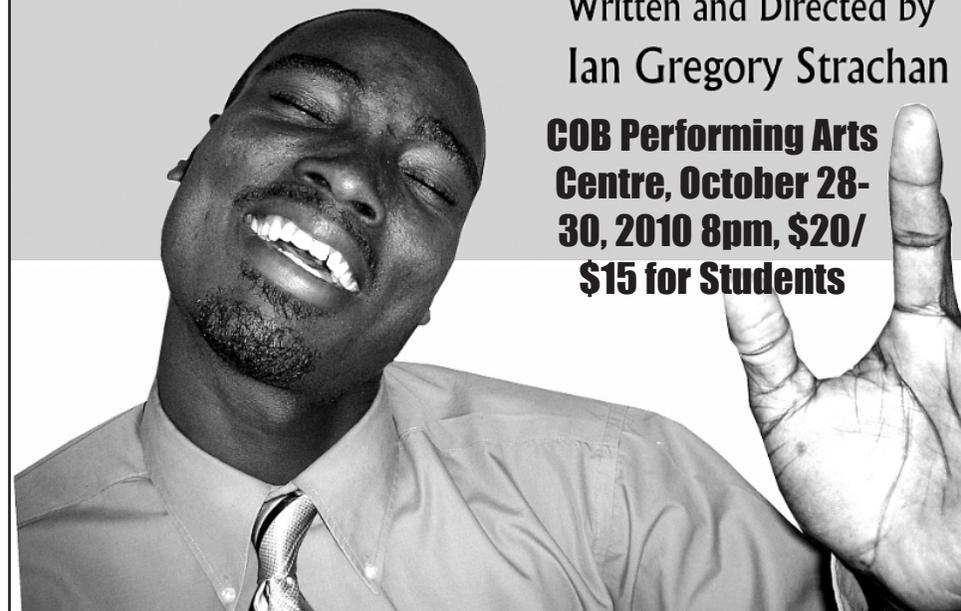
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Vanessa L. Clarke

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The views expressed in the Opinions section are not those of the Spectrum Newspaper or The College of The Bahamas.

Pa and the Preacher

Written and Directed by
Ian Gregory Strachan
**COB Performing Arts
Centre, October 28-
30, 2010 8pm, \$20/
\$15 for Students**



Movie Review

BY ALICIA CARTWRIGHT

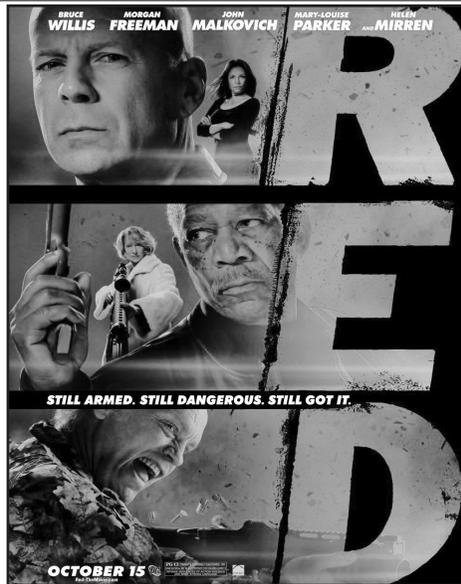
RED

RED is an action/comedy based on the cult D.C. Comics graphic novels by Warren Ellis and Cully Hamner. In this film there is a delicious abundance of action scenes mixed with various humorous body language and statements.

In *RED*, Frank Moses (Bruce Willis), a former CIA agent, is tagged RED (Retired Extremely Dangerous). A hit is put out on him, putting him, his love interest Sarah (Mary-Louise Parker), and anyone in close contact with him in mortal danger. In Frank's pursuit to stay alive he gathers his old CIA companions, Joe (Morgan Freeman), Marvin (John Malkovich) and Victoria (Helen Mirren), who also have been "listed". This leads to the uncovering of one of the biggest conspiracies and cover-ups in government history.

These retired CIA agents are all starved for action so when the opportunity was presented there was no hesitation. Throughout the movie these agents' soft spot seems to be being called old; most memorable scene featuring this includes a bullet being shot directly into a rocket producing a gorgeous explosion; I must say that it was totally awesome.

There is no shortage of laughable situations and it can be said that "RED" was much more of a comedy than an action



■ RED Movie Poster

Courtesy of Summit Entertainment, Di Bonaventura Pictures & DC Entertainment film. However, the action really was not disappointing and even though some very good scenes were present in the trailer, such as Frank getting out of a spinning car and not getting hit while shooting, it didn't make it any less delicious.

Of course there is romance however it's not over-powering or sappy and overall it was rather funny (would love to describe but spoiling is mean). I say watch this movie, just don't sit too close to the screen-it hurts.



Humor Column

by S.A. Hanna

Letter to a "Supermodel"

Dear Camille,

As we have never formally met, I would like to apologize for staring at you like you are a piece of meat. Perhaps if I were a vegetarian my glances would convey a longing for some sort of coconut tart or decadent fruit filled pastry, but let us not dance around the issue with flowery words. Assuming that the pictures on Facebook are actually you, then you are, if not the definition of beauty, the most apt description of it. From your ample 32 C's to the mole 6.7cm from your belly button, you are the personification of physical perfection, (your feet are kinda weird, but I'm completely willing to over look that.)

Camille while there is no doubt that I can write about your beauty till it begins to sag and crease and develop sparse amounts of weird facial hair that you tweeze away in the car on the way to work, that is not the purpose of my letter. I have discovered of late that, not only do my loins burn for you, but also my heart and liver. Assuming that I have not contracted an exotic strain of hook worm, I will venture to say that I am perhaps in love with you. My friends have tried their best to convince me that you are the worst possible choice for me. See they think that you are a shallow depraved person, but they don't know you like I know you. From your profile on Facebook I can see you are a Leo. I too am a fan of the Detroit Lions team. Now I have carefully assembled and annotated a list of reasons why you should accept my proposal for us to engage in more personable relations.

1. After watching the film, "The Day After Tomorrow", I began preparing for the impending apocalyptic, cold snap that

would plunge us into the second ice age. For several years I have been procuring subcutaneous fat enough to keep both you and I warm with said apron of belly fat. (It also works as a Polar Bear deterrent.)

2. I am a writer, which aside from the vocation of cartoonist is as close to a scavenger that modern life allows. So in the cold summers to come, I will be able to forge for food, from the left over carcasses of vultures and hyenas. Aside from writing, I am also a fledging movie director. Some of my work has been described as "Uwe Bol meets Ed Wood..." so the work obviously speaks for itself.

3. In my spare time, I have uncovered 8 of the 11 secret herbs and spices to some surety, with an official letter from the main KFC branch in Kentucky validating at least two of the ingredients that I have uncovered, these being chicken and salt. You can read more about it in my blog.

4. I have a small underground cult following, (like literally a 'cult' there are statues and incense burnings in sacred groves with vestal virgins in all white, it's really cool you should hang sometime we meet on Thursdays at the Hub, it's really a hip scene with the chanting and such.)

5. I'm a Cartoonist.

There are of course many more attributes that undoubtedly would convince you of my suitability as a suitor but they are too numerous for me to place in this 500 word column, but I think that I have stated enough to get you whet (sic) ...your appetite. Camille, I'm not asking you to marry me, just for you to bear my young.

Poke me,
Stephen

■ Ghastly Minutes for the Halloween Season - The phone card salesmen are stepping up their style. This season they can be seen sporting disturbing masks, bearing fine credit for all prepaid victims.

Photo by Alicia Cartwright



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Shakespeare in Paradise Selected Reviews

A Midsummer Night's Dream

by Alicia Cartwright
Staff Writer

A Midsummer Night's Dream written by William Shakespeare and dramaturge by Nicolette Bethel, Reva Devi and Travis Cartwright-Carroll was one of the eight productions in Shakespeare in Paradise...

A Midsummer Night's Dream, directed by Patti-Anne Ali, included four separate

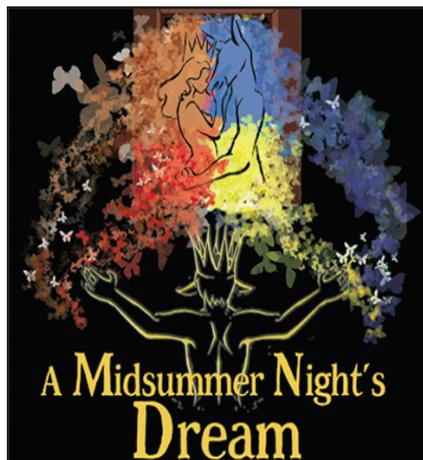
groups of characters - the royals, the lovers, the laborers and the supernatural's - all of which are connected in some way.



■ The Fairy Queen Titania. Photo courtesy of SiP.org

The play, set on the Island of Cat Island, begins with the royals Theseus (Scott Adderley), commissioner of Cat Island, and Hippolyta (Monique Toppin), Carib queen, preparing for their marriage. This was disrupted by Egeus (Julie Ritchie Bingham) trailed by Hermia (Dana Ferguson/Patti-Anne Ali), Demetrius (Valentino Lloyd) and Lysander (Matthew Wildgoose)-three of the lovers. Hermia loves Lysander; however, Egeus wishes Hermia to marry Demetrius and seeks help from the commissioner who in turn gives Hermia until his wedding to think about her options.

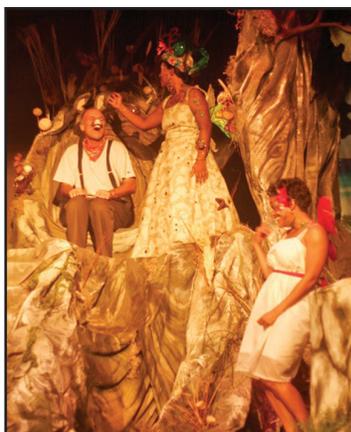
The beauty of the plot unravels as Helena (Nicole Fair-Bhatti) is in love with Demetrius which intrigues Oberon (Mark Humes), king of the mermen, who is already up to mischief with Titania (Jovanna Hepburn), queen of the forest. Oberon is determined to obtain the Indian changeling boy Titania possesses. The rest of the play depicts how everything unfolds notably due to a mistake by Puck



■ Art by Lindsay Braynen courtesy of SiP.org (Dion Johnson), Oberon's second in command, which leads to many hilarious scenes.

The laborers are hardly ever involved with the other characters and are actually a preparation for a play. This, in my opinion, was the highlight of the play bringing in just pure humor notably from Thisbe (Travis Cartwright-Carroll) and Pyramus (Gordon Mills).

The costumes were well done and suited each character's part. The setting also worked well and since most of the play occurred within a forest there was not much changes that had to be made for each scene. This play was great. I happened to have been fortunate enough to watch this play for free, however I must



■ Bottom and the fairies. Photo courtesy of SiP.org

say that if I had actually spent the money it would have been purely worth it.



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Dat Bahamian Ting

by Reva Devi
Editor in Chief

Dat Bahamian Ting, written and directed by Bahamian-born Robin Belfield, is about a Methodist Minister from England, who migrates to his first church ministry in The Bahamas. Set sometime in the 1960s/1970s and based on a true story, the play follows the young minister (played by Joseph Thompson) as he adjusts to the culture shock of out-island life and falls in love with a Bahamian church member (Dana J. Ferguson). Dat Bahamian Ting enjoyed success in the UK before Belfield brought it home for Shakespeare in Paradise.

The greater part of the play is told from the minister's perspective, with Ferguson also playing the other colorful characters the minister meets on the island. From his foiled ideas about what his first ministry would be like to his clumsy and embarrassing mishaps throughout the show, the audience laughed from start to finish.

It is interesting to think of this play as

an export of Bahamian culture, as many Europeans would have gotten a good look at Bahamian culture through the migrant's perspective. All the realities of Out Island life up to as recently at the early 1990s would have been apparent in all its glory. Tokens such as the oral tradition of storytelling, the friendly, welcoming nature of the people, and late-night crab catching, as well as Bahamian English were well-displayed. The climax of the story even takes place very fittingly, at a Junkanoo celebration on the island, where the audience was treated to Junkanoo music.

The actors shone. The audience would not have enjoyed the play half as much without Thompson's perfect mastery of the minister's complete awkwardness. The physical comedy was matched only by Ferguson's sheer talent, playing as much as seven small speaking characters to perfection. The tiny cast and crew produced an amazing show that was a must-see during the Shakespeare in Paradise 2010 season.

Horn of Plenty featuring Indio

by Travis Cartwright-Carroll

Production Manager

At the National Art Gallery an anxious crowd, wine in hand, awaited the start of Horn of Plenty. A production comprising of eight of William Shakespeare's sonnets, it took the audience through the picturesque atmosphere of the Gallery. The wine added an excellent touch to the reciting of the sonnets. Mendoza Wines helmed by Pia Farmer sponsored the wine for audiences. The "Sonneters" as they referred to themselves, featured The College of the Bahamas (COB) students under the direction of Dr. Keith Wisdom with assistant director, Education Major Erin Knowles as well as assistance and performance by COB's lecturer Dr. Tony Francis. Wisdom certainly trained his actors vigorously as students whose first time performing went effortlessly to an eager crowd. The tour began upstairs on the balcony, where singer, Bobby Pinder set the mood for the theme of love, and traversed the interior of the facility until the crowds met downstairs to conclude. This proved to be a fantastic journey

filled with interesting art coupled with centuries old poems re-imagined, retold and reenacted.

After Horn of Plenty the second half of the evening began – Indio. Indio is a one man act written and performed by former standup comedian Alaudin Ullah, accompanied with the percussions by Avirodh Sharma. This performance was a coming of age story, one of identity, culture-shock, acceptance and stereotypes. Ullah certainly has a love for the stage and for story-telling. His story is not new, but the territory, a young Bangladeshi child growing up in Spanish Harlem is certainly original. The story and the way it is told is fantastic and moving. Yet there were some flaws to the show. First of all the mood of the show was a complete contradiction to the mood established in Horn of Plenty. Second the story-telling could have been a bit better – Ullah was reading from a script. No actor, comedian or story-teller should have a script on stage during a performance. With all gripes aside, the show was definitely worth it.

Literary Expressions

Imminent Death

By Erin Knowles

Shall we call it a light spry...

As daylight turned to dusk, defined by this...light spry, I remember the gray, unforgiving asphalt, the speed gauge hauntingly creeping up, but never above thirty five. I remember my father's face.....

"Can't we go any faster, we'll never reach home, everyone's passing you" the nagging fifteen year old squirmed.

Before anything could make sense, before ever hitting thirty six, complete stop became the main destination.

Going faster became the least of my objectives.

Arms forward, hoping with all breath and strength that my tiny hands could somehow..... Somehowstop this blood from flowing, save my face from the shards of glass forcefully implanting itself everywhere there is flesh. When these tiny hands failed to mediate the meeting of my face with dashboard..its position became redundant.

Demoted! Or perhaps promoted!

Promoted to preserving the last of the most precious elements of living, that red substance that falls so freely from my limbs, from my face, from my mouth, from my forehead, from my very being.

The stench permeates the atmosphere, swallowing, hoping it would all go away, but it becomes more real as I swallow and taste the foul thing that I smell. It's not a dream, the blood is real, the glass is real...I don't know if I'm real. But of course I am real. I think.

Then all sense of smell disappears, I reach for the mirror and.....

"Please don't look at your face"..... Shocked, indulged in my selfishness I forgot about the other individual, my father.

My face begins to burn realizing now that tears mixed with blood are falling down my swollen cheeks, I whisper "are you ok"

"I'm fine, my leg is broken" Realizing now that the pain engulfing my face has equally taken over my body.

It's clear; it has happened to me, this is my mangled body. Burning flesh, lacerations, contusions, misplaced.....displaced bones.

"I'm sorry I did this to you" he says, no response.....

Yanked out and forced onto a truck I cry for my father "please don't leave him"

I remember it all but I don't recall my life ever flashing before my eyes.....

Food Variety at the College

by S.A. Hanna
Staff Writer

What kind of choices do you have?

College is the place to explore new freedoms as a young adult.

Every year hundreds of high school stu-

Here's a list of food establishments in the vicinity of The College

- Bahamas Subs and Salads
- Bamboo Shack
- Bradon's Deli
- City Market Deli
- D and C Take Away
- Dunkin Donuts
- Johnson's Take Away
- KFC
- McDonald's
- The Reef
- Rosalie's Take Away (Dirty's)
- The Shoal
- VIP Chinese Restaurant
- Wendy's

places are frequented by the College community simply because of their proximity to the compound while other establishments have their merit as community institutions.

Third year English Education Major, Lizinga Rolle, is not choosy when it comes to getting lunch. According to Rolle, she usually eats from McDonald's or Wendy's because their prices meet her budget and there is variety of items on the menu. But for Geovana Swaby, a second year Art Major, she recommends the popular Fast Food chain, Wendy's, because of her personal taste preferences, in her words "Wendy's is awesome." The taste palette of all College students are not so contrived that they are suited to fast food. The questionable production and preparation of fast food worries some members of the community like second year, Small Island Sustainability Major, Shomekhan Cargill, who prefers to eat at Brandon's Deli, "because its food and not processed (expletive)." Others like Joel Johnson a third year Culinary Arts Major recommends that students bring their own food from home. Johnson says this is not only because of health reasons but because he feels that "you will get tired of fast food." Despite



the seeming infinite choices there are still limits in lunch options for vegan and vegetarian students like Aisha Major a second year Spanish/Language Major. She

laments the few places that can accommodate her dietary restrictions, so she also recommends bring food from home.



dents join the College community and aside from the flexibility of class schedule and dress codes, there is also a sudden plethora of choices in places to get lunch. While the discussion of where to eat maybe moot at high school, at the College there is within walking distant, over ten fast food eateries. The question for the freshman is then, where to eat? Some



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Gamer review

The state of Role Playing Video Games

by Travis Cartwright-Carroll
Production Manager

For the eight people that still play Japanese Role Playing Games (JRPG), like Final Fantasy, Dragon Quest, Grandia, Tales series, Suikoden etc, don't take this the wrong way, but it's time to move on. Earlier this year Square Enix released Final Fantasy XIII and three weeks later the game was selling on Amazon for \$20. Essentially long time fans got a big disappointment. How many times can we truly save some unknown planet from the "be all, end all" with a spunky blonde girl/boy that has an optimistic disposition? Western Role Playing Games (WRPG) have drastically developed the genre. Games like Star Wars Knights of The Old Republic, Lost Planet, BioShock and the juggernaut Massively Multiplayer Online Real Playing Game (MMORPG) World of Warcraft have created a separate faction of evolved JRPG followers crafting a WRPG dichotomy.

Now that's not to say that JRPG's are lost causes and you should burn your entire collection of Final Fantasy games, no, just



Cloud from FF7 is perhaps the best known JRPG character ever. His days at the top are over though.

is, here's a light background. BioShock is a mixture of Real Playing Game (RPG) and first person shooter where the player traverses a fallen 1950's American themed Utopia that is submerged underwater. The player has to stab himself with a syringe to gain power-ups and then brutally murder enemies in order to survive. Can you say power drill to the head? Now imagine a Final Fantasy game where some whiny 12-year-old protagonist is off in a quest to convince the antagonist that they really shouldn't destroy the world. On this journey you encounter bunnies, giant chickens and loveable albeit stereotyped, catalysts. Oh how fun - not. Which sounds more appealing? A mind exploding WRPG or some girly JRPG? I'm biased you say? I need to grow up and stop indulging in childish pursuits you reiterate? How about you learn the real meaning for the acronym A.D. you french person you.



BioShock features the oddest protagonist in an RPG yet. Notice the drill for a hand.

burn FF VIII! What I'm saying is that the world changes, tastes change, yet for the young 12-17 year old gamer, JRPG's may satisfy their needs and for them, nostalgia is crafted out of these experiences. For the older guys that grew up playing Final Fantasy, Chrono Trigger (and Cross), Grandia, Suikoden and so on, western games hold more appeal just because certain things have been changed. For instance random battles are missing in most WRPG's, as well as the childish feel of the game. Can you honestly say a 12 year old should play BioShock? Just for the two of you that don't know what BioShock

All of this aside I'm not going to hate on JRPG's anymore in this article. Seriously if you managed to sit through Final Fantasy XIII and not throw up, I'm not going to say anything. Like all things in life, we all have different tastes. You may be the odd person in the crowd that actually understood Wolfgang's "Sorrows of Young Werther" or you may be the odd person that doesn't even know what that is. Regardless it's all about taste, maturity and time. For you none RPG folks out there, these games stem from 20 hours to 60 hours to complete. Therefore, do you really want to sink an average of 10 hours a week for six weeks into a game that doesn't satisfy you in the end? As a college student can you even afford this time? Yes you can!

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On Thursday October 14th students of Annatol Rogers, C.R.Walker and Government High School were treated to English in the Park. The brainchild of Dr. Helean McPhee from the School of English, the day was meant to spread awareness and appreciation for English studies. The day was filled with events ranging from a spelling bee, to sonnet reading and an open mic. Photos by Alicia Cartwright.



SPORTS

After the Game: Physically Fit: Why Aren't You?

by Imran Rahiem

Sports Editor

In the digital age of 2010, physical fitness in The Bahamas has taken a hit. As a college student, I remember when I played sports every day. From football to hide and seek, playing in the streets was the most fun. Today, amazingly, I haven't seen any children playing football or basketball. Most children talk about the latest app on their iPod touch, iPhone, or the latest video game. Most young adults say the same things, adding Facebook updates, text messages or song downloads.

The Bahamian society has imitated in many ways the culture of our neighbor, The United States of America (USA). Some things contribute for the better and some for worse. Some of the negative results affecting both The Bahamas and The US are obesity, heart disease and high cholesterol. According to obesityinAmerica.com, downtoEarth.org, cdc.gov, and globalresearch.ca, in America there is an epidemic of obesity. The Bahamas is a mere 300 miles or less from the United States; of course such an epidemic will affect us. In addition to music, television, and the latest phones, The US has made physical fitness unimportant. As a result, physical fitness in the Bahamian society has taken a backseat to social networks, music and reality shows.

You may ask: What does it take to become physically fit? Not much apparently, the NFL has a program called play60 where they encourage children to have at least 60 minutes of physical activity a day. Only 60 minutes? If one takes the initiative to become more active overall, the upside is huge. Being a more physically fit person means lower cholesterol, lower blood pressure, a smaller chance of a heart attack and lower health care bills in the long run.

How easy is it? This is a typical routine for fitness. One can go jogging for about 30 minutes in the morning before leaving for work, eat a salad for lunch and jog once again for 30 minutes in the afternoon. On weekends, it would be beneficial to pick up a sport like tennis, basketball or beach volleyball. All of these are easy to play in The Bahamas, which has an abundance of tennis courts, basketball courts and beaches. Cutting down on eating unhealthy foods like fried foods, junk foods and even those heavy on salt. It isn't as difficult as many believe. Healthy doesn't mean a crash diet, healthy can mean eating less of everything you eat now and exercising to build up your metabolism. We all love our beautiful culture; I would love it if more people were alive to see it.

The Good the Bad and the Ugly The 2010 NFL Season Halftime Report

The 2010 NFL Season is upon us, and after six games there have already been several surprises. Some surprises have been good, some bad and some ugly. The good surprises include the Chicago Bears at 4-2, the Kansas City Chiefs at 3-2 and leading a division with the San Diego Chargers and Denver Broncos in it. The bad, include the Dallas Cowboys, Minnesota Vikings and the San Francisco 49ers who are combined 4-14. Here are some more surprises of this 2010 season.

The Good

The Arch in St. Louis

The 2010 NFL season has for the first time since 1998 picked a quarterback who has played so well so early in the season. The last quarterback to do so was Peyton Manning. Sam Bradford from the University of Oklahoma was drafted by the St. Louis Rams with the number one overall pick in 2010 and has been a welcome change in St. Louis. With Sam Bradford as a starter the Rams have won three games out of six and are only one half game back of the division leaders Seattle Seahawks and Arizona Cardinals. While in St. Louis the famous Arch represents the gateway to the American west, Sam Bradford represents the gateway to a winning future for a team that only won one game last season. In six games this season Sam Bradford had 1,357 passing yards and seven touchdowns. In comparison Peyton Manning, who has been to 10 Pro Bowls in 12 seasons and has a Super Bowl win had 1364 yards and six touchdowns in his first six games as a starter.

The Rush is On

Julius Peppers, a ten year veteran was unemployed after the 2009-2010 NFL season. After his 10 year career with the Carolina Panthers where he had 81 sacks in 10 seasons he was released. He was given a 92 million dollar contract from the Chicago Bears and now is disrupting passers, harassing blockers, and giving offensive coordinators nightmares, not to mention making offensive linemen nervous. Pepper's is responsible for more false starts by opposing teams than any other player in the NFL this year. The Green Bay Packers had two false starts back to back on the Bears one yard line against the Chicago Bears. Julius Peppers was happy to point out a player who jumped twice.

The Bad

The Toothless Panthers

The entire Carolina Panther football team has won zero games, scoring 52 points and giving up 110 points in five games. The Panthers boast two 1000 yard rushers from 2009 in DeAngelo Williams and Jonathan Stewart, but can't get enough offense to win a game. Rookie third round pick quarterback Jimmy Clausen who was named the starter after starter Matt Moore was benched has been horrible and has a quarterback rating of 52.2. In fact before the 2010 draft, Clausen was mentioned as a potential first round pick. The numbers won't lie; the Panthers ranked 32 or last, in yards of offense per game, points scored per game

and passing yards per game. Defensively they rank 20th in points allowed and 26th in yards per game rushing given up.

Moss is not Boss

Randy Moss, formerly of the New England Patriots is back in Minnesota, the team that drafted him in 1998. In 2010 he has only 18 receptions for 275 yards and four touchdowns in six games. In comparison Denver Bronco receiver Brandon Lloyd who was unemployed two years ago, has 34 receptions for 663 yards and three touchdowns in six games or Indianapolis Colts receiver Austin Collie who has 44 receptions for 503 yards and six touchdowns. In fact Randy Moss's numbers are very unMoss like. Moss is on pace for a 733 yard season, a far cry from his 1205 yards per season in the last 12 years. In fact in the Patriots 41-14 blowout win over the Miami Dolphins, Randy had no catches. The drop in his production resulted in a trade from the New England Patriots to the Minnesota Vikings for only a third round pick.

The Ugly

What can't the Browns do for you?

The Cleveland Browns have already played their third string quarterback, Colt McCoy a third round pick, five games into the season. Starting quarterback Jake Delhomme and second string quarterback Seneca Wallace have both missed time due to injury at the same time. Offensively, In Browns rank last in points scored, 14.7 per game, and 23rd out of 32 teams in yards per game. Defensively the Browns give up 349 yards per game, ranking them 23rd in the NFL. The Browns have won one game this season, overcoming a 371 yard passing day by Carson Palmer to win 23-20 in Cincinnati. They lost their other five games by an average of eight points. However the Browns average only 17 first downs a game. By comparison the San Diego Chargers lead the NFL with an average of 24 first downs a game.

Still Recovering

This is the Buffalo Bills in a nutshell. While trailing by 10-3 on September 12th, 2010 against the Miami Dolphins, the Bills elected to commit a safety on purpose, giving the Dolphins two points. They then attempted an onside free kick in the hope of recovering the ball and driving down the field to score and tie the game. A winning strategy, except by NFL rules there can be no onside free kick. The Buffalo Bills are still recovering from their four Super Bowl losses over 10 years ago. They are currently winless in five games, averaging 260 yards per game on offense, good for 30th in the league, and an anemic 144 yards per game passing. Despite having Chan Gailey as a new coach, the Bills are on their way to a winless season. Since they play in the very difficult AFC East, with the New England Patriots, Miami Dolphins and New York Jets who are 4-1, 3-2 and 5-1 respectively, it wouldn't get better before it gets worse.

SPORTS

The NBA 2010 Season Fresh Starts

by Imran Rahiem

Sports Editor

Eastern Conference

- Boston:**  **Adds:** Delonte West, and Shaquille O'Neal
Drops: Rasheed Wallace. **Trades:** None
- New Jersey:**  **Adds:** Jordan Farmar, Travis Outlaw, Johan Petro, Ben Uzoh and C Brian Zoubek
Drops: Keyon Dooling. **Trades:** Yi Jianlian to Washington for Quinton Ross
- New York:**  **Adds:** Shawne Williams, Patrick Ewing Jr, Roger Mason Jr and Amare Stoudemire.
Drops: Tracy McGrady, and Cuttino Mobley. **Trades:** None
- Toronto:**  **Adds:** Ronald Dupree, and Amir Johnson
Drops: Chris Bosh **Trades:** None
- Chicago:**  **Adds:** Carlos Boozer, Ronnie Brewer, Kyle Korver, Omer Asik, Kurt Thomas, Keith Bogans and C.J. Watson **Drops:** Rob Kurz **Trades:** Kirk Hinrich, and rights to Kevin Seraphin to Washington for the draft rights to Vladimir Veremeenko.
- Cleveland:**  **Adds:** Samardo Samuels, Kyle Lowry, Jawad Williams. **Drops:** Danny Green
Trades: LeBron James to Miami for two future first-round and second-round draft picks.
- Detroit:**  **Adds:** Tracy McGrady, Terrico White, Greg Monroe **Drops:** None
Trades: None
- Indiana:**  **Adds:** Magnum Rolle and Lance Allred **Drops:** None
Trades: Acquired Darren Collison and James Posey from New Orleans and traded Troy Murphy to New Jersey, who traded Courtney Lee to Houston. They traded Trevor Ariza to New Orleans.
- Milwaukee:**  **Adds:** Darrington Hobson, Earl Boykins, Drew Gooden and Keyon Dooling
Drops: None **Trades:** Bucks acquired Corey Maggette and a 2010 second-round draft pick from Golden State for Charlie Bell and Dan Gadzuric.
- Atlanta:**  **Adds:** Pape Sy and Josh Powell **Drops:** Evan Brock, Richard Delk and Ricardo Marsh
Trades: None
- Charlotte:**  **Adds:** Kwame Brown **Drops:** Darius Miles, Javaris Crittenton
Trades: Traded C Tyson Chandler and C Alexis Ajinca to Dallas for C Erick Dampier, F Eduardo Najera, G Matt Carroll and cash considerations
- Miami:**  **Adds:** Da'Sean Butler, Eddie House, Zydrunas Ilgauskas. **Drops:** James Jones
Trades: Acquired LeBron James for two first round and second round picks from the Cleveland Cavaliers.
- Orlando:**  **Adds:** Malik Allen and Chris Duhon **Drops:** None
Trades: None
- Washington:**  **Adds:** Josh Howard, John Wall, Kevin Seraphin and Hilton Armstrong **Drops:** Zydrunas Ilgauskas **Trades:** Traded F Dominic McGuire to Sacramento Kings for draft picks. Traded rights to Vladimir Veremeenko to Bulls for Kirk Hinrich, and rights to Kevin Seraphin.

Western Conference

- Denver:**  **Adds:** Shelden Williams **Drops:** None
Trades: None
- Minnesota:**  **Adds:** Anthony Tolliver, Darko Milicic **Drops:** Delonte West
Trades: Minnesota acquired F Michael Beasley from Miami for a 2011 and 2014 second-round draft picks and cash considerations. Minnesota also traded Ramon Sessions and Ryan Hollins and a future second-round pick to Cleveland for Delonte West and Sebastian Telfair.
- Oklahoma City:**  **Adds:** Cole Aldrich **Drops:** None
Trades: Traded draft rights to F Craig Brackins and F Quincy Poindexter for Morris Peterson and the draft rights to C Cole Aldrich from New Orleans.
- Portland:**  **Adds:** Steven Hill **Drops:** None
Traded: The Trailblazers traded Steve Blake, Travis Outlaw to the L.A. Clippers for Marcus Camby
- Utah:**  **Adds:** Francisco Elson, Raja Bell, Gordon Hayward and Jeremy Evans
Drops: Carlos Boozer and Kyle Krover **Trades:** None
- Golden State:**  **Adds:** Rodney Carney **Drops:** None **Trades:** Traded for David Lee from the New York Knicks for Anthony Randolph, Kelenna Azubuike, Ronny Turiaf and a 2012 second-round draft pick. Also traded C.J. Watson to the Chicago Bulls for a second round draft pick.
- L.A. Clippers:**  **Adds:** Jarron Collins, Jake Voskuhl, Marqus Blakely, Stephen Dennis, Jon Scheyer, Brian Cook, Randy Foye and Ryan Gomes
Drops: None **Trades:** None
- L.A. Lakers:**  **Adds:** Trey Johnson, Andrew Naymick, Devin Ebanks, Theo Ratliff, Steve Blake, and Matt Barnes
Drops: None **Trades:** None
- Phoenix:**  **Adds:** Matt Janning, Gani Lawal **Drops:** Amare Stoudemire **Trades:** Sent a 2010 second round draft pick to the Atlanta Hawks for Josh Childress. Also sent Leandro Barbosa and F Dwayne Jones to the Toronto Raptors for Hedo Turkoglu.
- Sacramento:**  **Adds:** Antoine Wright, Hassan Whiteside, DeMarcus Cousins and Pooh Jeter
Drops: Connor Atchley, Joe Crawford, Marcus Landry, J.R. Giddens and Donald Sloan
Trades: None
- Dallas:**  **Adds:** Brian Cardinal, Steve Novak, and Dominique Jones
Drops: Rashad McCants, and Sean Williams
Trades: None
- Houston:**  **Adds:** Brad Miller **Drops:** Antonio Anderson, Mike Harris and McNeal
Trades: Sent David Anderson to Toronto for a future second-round draft pick.
- Memphis:**  **Adds:** Xavier Henry and Greivis Vasquez **Drops:** Luke Jackson, Tre Kelley and Kenny Thomas
Trades: None
- New Orleans:**  **Adds:** Mustafa Shakur, Jannero Pargo, Pops Mensah-Bonsu and D.J. Mbenga
Drops: None **Trades:** None
- San Antonio:**  **Adds:** James Anderson and Gary Neal
Drops: James Gist **Trades:** None