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june|july 2016 • vol. 07

Miami Herald

palette



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FEATURES

024 • **series on aging: housing**

It's no secret that the over-65 population is growing. What needs to be more clear is how different populations within that huge segment of society, including the lgbt community, will live their last years. In this first installment, we take a look at lgbt senior housing.

030 • **dj citizen jane**

A local girl with a global sound, DJ Citizen Jane is a veteran of the Pride circuit and the local club scene. Now she has her sights set on the future.

036 • **servicing up happiness**

South Florida is where people come from around the world to have a good time. Meet the merry makers behind the bars across town.

044 • **a place of pride**

The first place to recognize and memorialize the atrocities committed by Nazi's against lgbt individuals was also the first city in the world to legalize same-sex marriage. Welcome to Amsterdam, an old city with a thoroughly modern heart.



on the cover:
DJ Citizen Jane
 photographed by
 Carina Mask
 at C&I Studios,
 Fort Lauderdale.

What's your temptation?

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018



020



064

DEPARTMENTS

012 • in tune

Sometimes there's no need to reinvent the wheel, whether it's with classic gay Britpop, a teen coming-of-age road novel or an in-depth look at what we truly know about each other... even 45 years on.

014 • statement pieces

In honor of his post-humorous CFDA award, we take a look at David Bowie's influence on fashion and style.

016 • chez moi

Bring that carefree, sunny feeling of a day at the beach right to your own backyard.

018 • get cultured

FUNDarte's annual Out in the Tropics celebration promises to be hot with a series of performances, installations and exhibitions.

020 • the dish

On a hot summer day, there's nothing quite like a ceviche to cool you off and feed you right. Chef Juan Chipoco opens the doors to his delicious local restaurant empire.

022 • after hours

She shoots; she scores! Score big at a gay sports bar, home of cheap drinks and a laid-back vibe.

052 • on trend

Much progress has been made in terms of getting equal rights and respect, but has that come at the cost of our sense of style?

054 • scoreboard

While not a big sport in the U.S., the popularity of rugby worldwide means that team efforts around the globe to be more inclusive are making an impact.

056 • health check

Eating disorders are the deadliest mental health issue, and they are disproportionately prevalent in the lgbt community.

058 • serious business

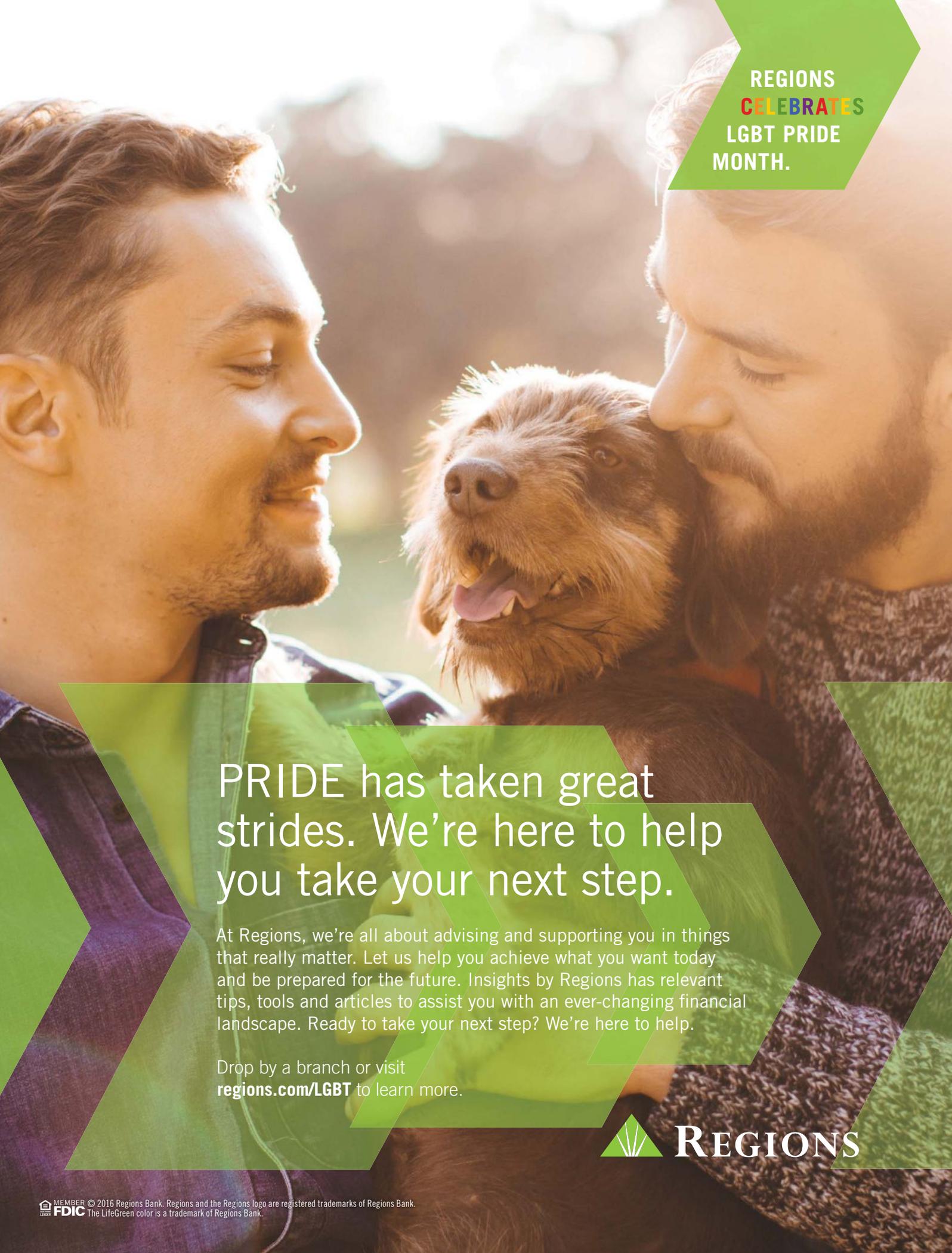
Criminal defense attorney Lea Krauss has always been a staunch advocate for LGBT rights. Now she is campaigning to make a difference as a circuit court judge.

060 • the scene

Were you there? Find out who attended the first Pride Fest of the season in Lake Worth, the Bed Races and Drag Races in Key West and the first Fort Lauderdale Fashion Week.

064 • out & about

Mark your calendar! Artistic events and outdoor activities promise to lure us all out.



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TOGETHER AS ONE

It's Pride month once again, and celebrations large and small are being held all over the country. Not only is it a chance to show support for what we believe, but it also gives others the opportunity to see just how large, diverse and really great our community is.

I can still remember attending my first Pride in San Francisco while working for *Girlfriends* magazine. I had only recently come out and was still relatively new to the area. The thought of having to work a booth and be publicly out was a huge deal for me. Little did I know that it would also be a pivotal moment. Having to interact with other people in the community

and experiencing the event itself left a lasting impression and helped shaped who I would become.

To this day I still get excited when Pride rolls around. There's something about being a part of the celebration and talking with so many people that makes me happy.

Miami's incredibly popular Gay Pride was held in April, with thousands in attendance. This was *Palette's* second participation, and it was great to see so many faces — young and old — roaming the streets. In a time when the LGBTQ community still faces many disparity issues, it fills me with hope to see so many people come out and show their support.

This year, we celebrate our unity as well as the news that President Obama has approved a proposal to designate the iconic Stonewall Inn as a national monument. It would be the first such monument honoring the history of the LGBTQ movement in the U.S., something that is long overdue. That's just one more thing we can celebrate at Wilton Manors Stonewall on June 18.

We can also take the opportunity to celebrate the overturning of oppressive and archaic efforts. Officials in Mississippi failed to appeal a ruling that found banning same-sex adoption unconstitutional. A year after marriage equality, adoption by same-sex couples is now legal in all 50 states — I guess this means the honeymoon is over!

Even with all the positive steps we've taken, we can't forget that anti-LGBTQ efforts are constantly being made. Transgender rights to public bathroom usage continue to be an issue in places like North Carolina and Mississippi. And yet, even as the debate rages on, there's plenty to feel good about when companies such as Starbucks, Hudson's Bay Company (parent company to Lord & Taylor and Saks Fifth Avenue) and Barnes & Noble join Target to show their support for transgender rights.

I hope everyone goes out and celebrates Pride the best way they know how. And I encourage you all to keep the fight going long after the parades have ended.

Don't forget to send your tweets to @paletteglt or drop me a line at ethan@miamiherald.com. We look forward to hearing from you. Be sure to follow us on Instagram and Facebook as well.

Stay Gold,

Ethan Duran
Creative Director

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WE ASKED

Why do you celebrate Pride?



JAMIE BAYO

Executive Director

OUTMiami Foundation

I celebrate Pride because as LGBT people we are often told by our communities, our governments and often even our loved ones that we are less than others and that because of our orientation or gender identity we don't deserve equal treatment... much less be "proud" of who we are. We are such a diverse group of people across all races, genders, identities, religions... you name it! Pride is an important opportunity for all of us to come together and honor our past while celebrating our present and building our future. Happy Pride!



NEIL CHAMBERLAIN

DJ & Business Owner

Bourbon St. Pub & Graffiti Menswear
Pride events are actually a celebration of the Stonewall riots but are referred to as Pride because we refused to hide anymore. We're not ashamed, we're proud of who we are so Pride was born. Pride is a time to celebrate how far we've come and remember how much more we still have to fight for. I celebrate Pride to stand with my fellow LGBT family and friends in a sign of solidarity and to let them know that we are all in this together fighting for our rights.



SUSAN KENT

Community Activist

Key West

Years ago, participating in Pride meant being a voice in the LGBT community. It meant standing up for equality. Now, Pride is a time to celebrate our rich history. I celebrate because I am lucky enough to live in a place that embraces diversity and shares the "One Human Family" message.

I celebrate all of the wonderful experiences I've had as a lesbian activist, including meeting Gilbert Baker, the creator of the Rainbow Pride Flag, and helping to produce the Key West Sea-to-Sea Rainbow Flag that stretched across our island from the Atlantic Ocean to the Gulf of Mexico; then years later holding a section of that flag on the steps of the Supreme Court to show support for Marriage Equality.



HERB SOSA

Director

Unity Coalition | Coalición Unida
Pride celebrations allow communities to reflect on those who fought for our right to equality, fairness and respect, and inspire [us] to continue the journey and leave no one behind. Harvey Milk lived this way. Sylvia Rivera and Marsha Johnson did as well. When Gilbert Baker gave us our rainbow flag, he gave us much more than colored strips of fabric; he gave us a symbol of our diversity and vibrancy, as well as our strength in unity and resilience. To me Pride is how I carry myself every day. How I earn my stripes with every act of leadership, integrity and respect. Pride is leading by example. *Orgullo es el poder y fuerza para simplemente, SER.* Pride is the power and force to simply, BE.

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Steve Rothaus covers LGBT issues in South Florida and is also the *Miami Herald's* assistant community news editor. Don't forget to check out Steve Rothaus' Gay South Florida News in the *Miami Herald* and at miamiherald.com — or follow his Twitter account, [@SteveRothaus](https://twitter.com/SteveRothaus) — for the latest information about our community.



JOHN DANGARAN

John Dangaran was raised on a cattle ranch in the high deserts of Nevada before graduating from San Francisco State University's Creative Writing Program. He has lived in the four corners of the continental U.S., from Washington and California to New York and now South Florida, which ultimately leads him to believe he has found a happy medium between being a country and city mouse. Most of his free time is spent in the kitchen with his chef-fiancée as her honorary taste tester. Follow his culinary adventures on Instagram [@PerksOfDatingAChef](https://www.instagram.com/PerksOfDatingAChef).



CHRISTINA MENDENHALL

Since she was a child, Christina has had a passion for photographing and filming an array of different subjects. She's been blessed with a gift for seeing the world in a unique way, and photography has given her the opportunity to explore this strange and beautiful world. She has documented everything from live music, people and street life to natural environments, sports, politics and architecture.

ThroughTheShutter.com



CARINA MASK

A photographer based out of South Florida, Carina was taken ahold by wanderlust ever since she was little. She loves to travel and take photos of landscapes and portraits. Being half Japanese, she spent a lot of time overseas being exposed to different cultures. She has a passion for documenting and exploring how people from diverse backgrounds see the world.

SeaofColour.com



ANDREW PRINTER

Originally from England, Andrew is an artist, writer and photographer.

Andrew's arts coverage has been recognized with three Press Club awards. His video-work has been broadcast internationally, and his photography is included in several national and private collections. He currently lives in Key West.

andrewprinter.com



JUSTIN TRABERT

Justin has been in the fashion and luxury industry for over 18 years, during which he collaborated with such notable organizations as the Jeffrey store in New York City, Hugo Boss, Nanette Lepore and Y-3 Adidas. In his new role as the National Brand Ambassador for Christofle Paris, he is a leader in the home décor and gift market and a knowledgeable expert in both traditional and modern day etiquette training.



MONTAGUE KOBBE

Montague Kobbé is a German citizen with a Shakespearean name, born in Caracas — a country that no longer exists — in a millennium that is long gone. He is the author of the novel *The Night of the Rambler* and the bilingual collection of flash fiction *Tales of Bed Sheets and Departure Lounges*. He has kept a column in Sint Maarten's *The Daily Herald* since 2008 and has translated over 20 photography books with Spanish publisher La Fábrica. His new novel, *On the Way Back* (Akashic, 2016) tackles issues of racial and social prejudice in Anguilla with a large dose of humor.

montaguekobbe.com

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CALL IT A COMEBACK

Nostalgia-inducing tunes, books and films bring the best of LGBT culture to the limelight.

by GREGG SHAPIRO

Though Pet Shop Boys and Erasure didn't invent gay Britpop, they went a long way toward perfecting it. These selections offer a fresh look at the beloved genre, as well as what it feels like to be teens on the road or a couple making discoveries about each other 45 years into marriage.

Grand Dames

Thirty years after releasing its critical and commercial hit debut, **Pet Shop Boys** returns with the aptly named **Super** (X2/Kobalt). Teaming up once again with *Electric* producer Stuart Price, PSB's Neil Tennant and Chris Lowe don't just spell out how they're going to achieve bliss on opening track "Happiness," they deliver it. Whether working personal nostalgia

into songs like "The Pop Kids" or unleashing a more serious side as with "Sad Robot World," PSB still sounds fresh and current. Best of all, at least nine of the 12 tunes qualify as irresistible dance tracks that fit in with — while updating — the duo's brand and sound.

While Tennant and Lowe of Pet Shop Boys have resisted the desire to record solo albums, **Andy Bell** of Erasure already has two. His third is the import **Torsten the Beautiful Libertine** (SFE/Cherry Red). With it, Bell further explores his theatrical side on a project that is more Marc Almond (Soft Cell) than PSB. Essentially a sexually graphic music hall experience, a few songs — like "We Were Singing Along To Liza" and "Loitering With Intent" — have enough Erasure spirit to appeal to

• From top: Pet Shop Boys return with *Super*; Jeffery Self's *Drag Teen*



long-term fans, while the other tracks reveal another side of Bell.

Y/A? Why not?

Jeffery Self is on a tear. First, *You're Killing Me* — the gay slasher comedy he co-wrote and stars in — has been released on DVD by Wolfe Video. Now his Florida-set Y/A novel **Drag Teen** (Push, 2016) is hitting bookshelves.

Desperate to find a way to earn a college scholarship and a way out of his boring hometown, JT agrees to take part in the Sixth Annual Miss Drag Teen Scholarship Pageant, despite the embarrassment of his prior attempt at drag during a school talent show. Encouraged by his hot boyfriend and classmate Seth and BFF Heather, the teen trio hightail it to New York during spring break. En route they get make-up tips, uncover the "ultimate drag closet of all time," enter "the Epcot of gay bars" and survive car trouble, while living out teen trauma, drag drama and high jinks galore.

Year of Years

With **45 Years** (Paramount Home Entertainment), gay filmmaker Andrew Haigh (*Weekend*, HBO's *Looking*) goes straight, so to speak. Based on David Constantine's short story, the action occurs the week prior to Kate (Oscar-nominated Charlotte Rampling) and Jeff's (Tom Courtenay) 45th anniversary party.

The couple's marriage is potentially jeopardized following the arrival of a letter, which reveals that in the early 1960s, shortly before Kate and Jeff were married, he was involved with a woman named Katia. While on a hike in Switzerland, Katia died in a fall, but her body was never recovered. However, due to changing climate conditions, it's discovered preserved in ice. Ultimately, Kate is unprepared for the biggest discovery.

Haigh, who has a gift for creating cinematic intimacy, is at the peak of his skills here. The relationship, with all of its cracks visible on the faces of the couple, feels lived-in and genuine. •




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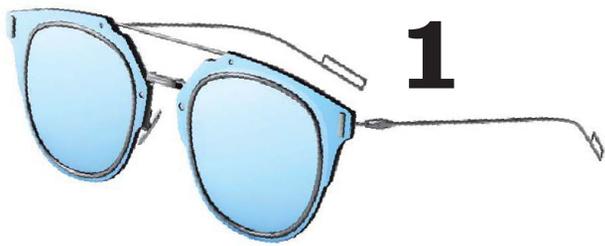
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1

Honored for his immeasurable contribution to the industry at this year's CFDA Fashion Awards, we take a look at one of David Bowie's legacies.

by CLAUDIA MIYAR

FASHION!

It's fitting that the most widely recognized picture of Bowie is of his face graced with a lightning bolt. His talent was like a flash of brilliance — illuminating the world with its genius. A true innovator, he often changed guises, creating a spectrum of bold fashion imagery. Whether it was androgynous or otherworldly, he had a profound understanding of fashion and performance as works of art. His alter egos — Ziggy Stardust and the Thin White Duke — are cultural icons in their own right. While best known for an incredibly eclectic music catalog, his visionary talents were also on full display in his art, acting, business ventures and, of course, fashion sense. A 2013 BBC poll result crowned him “the best dressed Briton in history.” A brilliant talent who inspired millions, he is often remembered and greatly missed. Here is a fashion tribute to the late, great David Bowie. •



2

We like dancing and we look divine in numbers like this Missoni Lame jumper!



3



4



5

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6



7



8



You can reach for the stars in these chunky rubber stella McCartneys.



9

I DON'T KNOW WHERE I'M GOING FROM HERE,
BUT I PROMISE IT WON'T BE **BORING**.

– David Bowie

10



Escape to a happy place of your very own by just stepping outside.

by CLAUDIA MIYAR

PERMANENT VACATION

Whimsical, textural and bright, the coolest furnishings right now happen to belong outdoors. Sit pretty

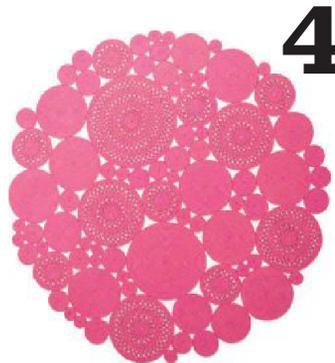
in a stunning lounge chair that resembles a cocoon made of red knots, but is actually made of powder-coated steel and hand-woven Sunbrella fabric. Enjoy al fresco dining with a table reminiscent of a weaver's loom but in eye-popping colors. Whether setting foot on a spiral rug, lounging in a hammock hand-woven in Thailand by local artisans or nodding off on a luxuriant terry cloth pillow, the best place to rest your world-weary head may be right in your back yard. •



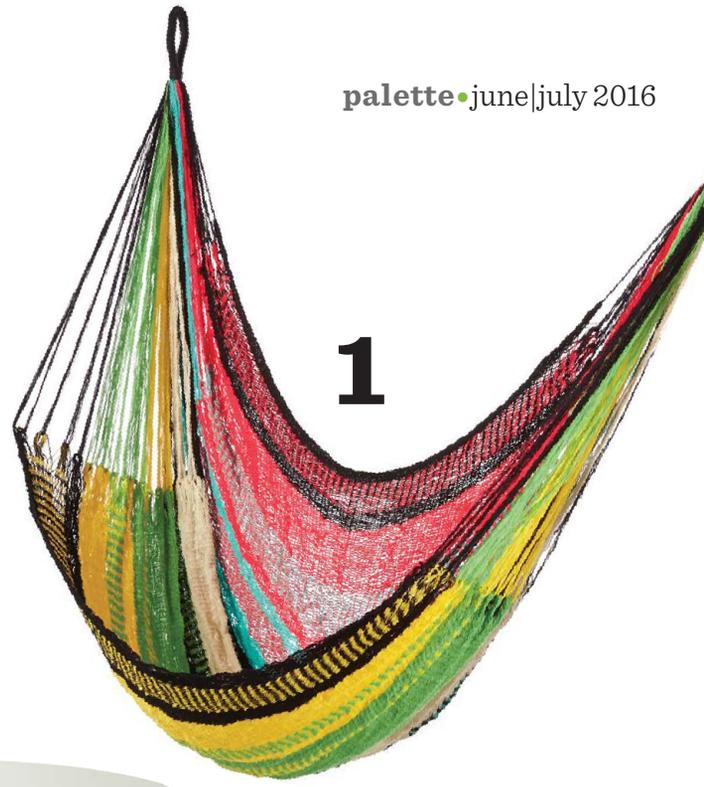
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3



4



1

Doze off without skipping a beat in an Hermès Après le Surf aqua terry cloth pillow.

where to buy •

1. Yellow Leaf Hammock Chair: CB2; 1661 Jefferson Ave., Miami Beach; 305.672.5155; cb2.com
2. Traveler Outdoor Dining Table: Roche Bobois; 450 Biltmore Way, Coral Gables; 305.444.1168; roche-bobois.com
3. Après le Surf aqua terry cloth pillow: Hermès, Miami Design District; 175 NE 40th St.; 305.868.0118; hermes.com
4. Paola Lenti Cosmo rug: Luminaire, Miami Design District; 3902 NE 2nd Ave.; 305.576.5788; luminaire.com
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• Juan Carlos Lerida

OUT IN THE TROPICS

FUNDarte's seventh annual event brings home queer flamenco and other exciting offerings.

by SHAYNE BENOWITZ

With a mission of intercultural exchange through cutting edge

performing arts, Miami's FUNDarte is producing its seventh annual Out in the Tropics at The Fillmore Miami Beach's Gleason Room from June 15–18. The artistic program is designed to challenge hetero-normative sexuality, gender identity and sexual orientation through a range of groundbreaking performances, from contemporary queer flamenco by Juan Carlos Lerida and Belén Maya to the Spanish homo-erotic play *La Otra Voz* by La Saraghina de Stalker Theater Company. The play is based on the 1930 French monologue by Jean Cocteau.

FUNDarte has created exposure for both emerging and established artists in Miami

since 2003, with an emphasis on connections across the city's diverse landscape. "Miami's a really interesting city with pockets of culture spread out," says Niurca Marquez, co-founder of FUNDarte. "If you live in South Miami, [for example], you don't drive elsewhere for your culture. We're nomads. We're open and we want to cross borders. We're after fluidity."

Out in The tropics achieves this cultural exchange by uniting Miami's LGBT community with the Latino and Caribbean cultures. "It's a beautiful moment when people who'd never be seated next to each other for a performance are," says Marquez. The flamenco double bill on June 18 of *Bailografía* and *Romnía*, for instance, should draw patrons for both the exquisite flamenco and the boundary-pushing LGBT narratives.

Other Out in the Tropics highlights include a performance by Brooklyn-based, lesbian folk and blues singer Toshi Reagon and her BIGLovely band on June 16. A 2015 Ford Foundation Art of Change Fellow, the *New York Times* describes her sound as "a love of mixing things up... [her] vocal style ranges from a dirty blues moan to a gospel shout to an ethereal croon."

The Saturday afternoon program on June 18 is free and open to the public at the Miami Beach Botanical Gardens. It will dive deeper into the artistic process and storytelling impetus with a panel discussion and an al fresco queer flamenco performance by Fernando LR Parra entitled *Bailar en Hombre*. It's the culmination of his research on the construction of masculinity in flamenco dance, the male-female relationship and the deep connection between gender and sexuality.

Beyond performances, the event also provides participants an opportunity to engage and interact.

A week prior to Out in the Tropics, on June 9 and 10, a series of 15-minute plays dubbed *Out of the Container* will be staged at the Centro Cultural Español's MicroTheater in downtown Miami. The program consists of LGBT-focused plays of 15 minutes in length performed for an audience of 15 inside a 20-foot container. Each work is presented six times in continuous sessions for a truly creative and experimental approach to storytelling. On June 15, Maya will present a free flamenco workshop at the Gleason Room, and other educational programming is also on the agenda. •

General Admission tickets can be purchased through fundarte.us or ticketmaster.com, by phone at 800.745.3000 or in person at The Fillmore Miami Beach box office.



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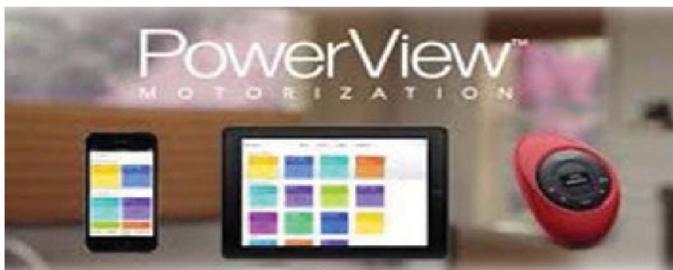


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RECIPE FOR SUCCESS

Chef Juan Chipoco brings the bold flavors of his home country to tables across Miami.

by JOHN DANGARAN

Chef Juan Chipoco is a hard man to pin down. His self-made success as a restaurant owner and chef is the kind of story that inspires people. In less than 10 years, Chipoco — along with his friend and partner, Luis Hoyos — has gained an ardent following throughout South Florida for serving some of the freshest, most flavorful ceviche

and Peruvian dishes at the growing number of restaurants they have opened throughout the area, including CVI.CHE 105 Downtown Miami, CVI.CHE 105 South Beach, Pollos & Jarras and Wasska Lounge. The powerhouse team is currently working on opening a new CVI.CHE 105 in Aventura, as well as kicking off a collaboration with South Beach institution Yuca, aptly named Yuca 105. While it may seem

like this is far from where it all began, it's also a return to how it all started.

Peruvian Made

In 1988, at age 25, Chipoco moved to Miami from Peru. “To be honest, I’m blessed. I come from Peru. Like everybody else, I immigrated by myself: no people, no friends, no family. I started from the bottom washing dishes to line cook, prep, busser, server, then as a chef,” Chipoco says.

It wasn’t until 2007 that he and Hoyos purchased La Cibeles, a small Cuban restaurant in downtown Miami. That same space would later house their first venture: CVI.CHE 105 Downtown. They initially tried to make the Cuban menu their own, but met with little success. After a year

CHIPOCO'S RESTAURANTS AREN'T JUST KNOWN FOR THEIR FOOD AND DRINK, BUT ALSO FOR THEIR LIVELY SOCIAL SCENE.

of struggling, their situation became so dire that the landlord was willing to forsake months of unpaid rent as long as he got his keys back.

"I called my mom and said, 'Look, I have to do something. I want to start doing Peruvian cuisine. I want to start doing your recipes,'" Chipoco remembers. "I talked to my mom, 'Do you remember how you make this and that? I remember you put some garlic and onions....'" His mother chimed in, reminding him about the vinegar. "I called every single day to ask a few things."

The Perfect Mix

Ceviche is one of those dishes you can find in one form or another on just about every menu in town. "Miami is already Peruvian," says Chipoco. "People from Miami are people from Venezuela, Colombia, Chile, Argentina, Indian, Chinese, Japanese. Because we have that influence, our food is influenced between Chinese, Japanese, French and Italian."

This confluence of cultures makes for a heady mix of flavors, aromas and textures. The menu at C.VI.CHE 105 features traditional

Peruvian dishes and modern takes on that country's staples. Likewise, Pollos & Jarras (chicken and pitchers) — opened in 2012 right next to the downtown flagship — focuses on Peru's deep culinary roots. But this eatery specializes in grilled and roasted meats, from rotisserie chicken and steak to *anticuchos* — pre-Columbian skewered meats. Wasska Lounge was set up between the two restaurants. The premium bar features specialty cocktails as well as wine, beer and spirits, and guests can also order small plates there. The various menus play to the rich Asian influences in Peruvian cuisine with array of oriental spices, tiraditos and maki.

Celebrating Flavor

All of Chipoco's restaurants are a celebration of flavor, so many of the dishes easily pair with a

classic Pisco sour, among other drinks. Chipoco even included his grandfather's drink on the menu: The Papa Alfonso Chilcano is a simple but classic mix of Pisco 105, ginger ale and lime.

Frequented by locals, celebrities, socialites and tourists, all the restaurants are known for their lively ambience. The downtown location has become a de facto post-game destination.

"We sat last Sunday 1600 people...I was trying not to put stress on myself. I want to just be relaxed and connect with everybody," says Chipoco. "I was working as a host...I was in the kitchen rushing food, talking to the employees...Everybody was on point." And that boundless energy is the key ingredient that makes it all come together so well. •

• Opposite page: Frutos del mar. This page from left: Pisco sour; Chef Juan Chipoco



BLOCK AND TACKLE

LGBT-friendly sports bars are the ideal spots to catch a game with friends.

by JOHN DANGARAN

Sometimes you can't explain why your favorite bar is your favorite. It could be the crowd, the happy hour or the staff, but for whatever reason, you know what to expect and you're comfortable with it. When it comes to sports bars, they come in all stripes, and South Florida has quite a few where you're guaranteed to find a cold drink and a good game on TV any day of the week. One of them may even become your new favorite spot to have a beer and enjoy a game among friends you haven't met yet.

Daily Exercise

GYM Sportsbar Fort Lauderdale brought new meaning to the idea of a South Florida gym last August. But there's a lot more kicking back and relaxing than working out that takes place here.

Right on the corner of NE 7th Avenue and Wilton Drive, this GYM is owner Rick Schmutzler's third effort at his winning concept. The first opened its doors in Manhattan's Chelsea neighborhood and was soon followed by an equally popular spot in West Hollywood Los Angeles.

A classic sports bar — just with a predominantly gay clientele — it features darts, poker nights and, of course, plenty of large-screen, high-definition TVs in an open, airy space — courtesy of the large windows

that face Wilton Drive. Not only is the set up welcoming, it also works well during play offs and other high-profile games that bring in a larger crowd.

Pub Grub

The full kitchen prepares a casual menu that includes burgers, fries and wings. And guests can also count on regular drink specials on Friday

Mondays, 2fer Tuesdays, Wellness Wednesdays, Thirsty Thursdays and a number of other themed nights.

While most patrons come in to sit back, grab a drink and watch a game or two, they can also choose to plug in on the popular N.E.R.D. (Nocturnal Electronic Recreational Deviance) gamer nights, which offer drink specials and video game madness. • gymsportsbar.com





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A Long Way Home

Now that
we are living
longer lives,
we are
tasked with
the challenge
of finding
the right
place to
call home.

By Carina Mask

Illustration by
Barbara Pollak-Lewis

Photos by
Christina Mendenhall





10
SENIOR
HOUSING



While it is important to celebrate all the achievements and victories made across the country in the last decade, 47 years have passed since the Stonewall Riots that rocked Greenwich Village, kick starting the movement that has culminated in the strides we can now celebrate. The LGBT activists and supporters that clashed with police during their raids are now the very people on the brink of yet another revolution. As they continue to age and transition from working to retirement, this growing population is faced with a number of challenges, most of which were never considered by previous generations of LGBT seniors, who often remained in the shadows their entire lives. While the vast majority of their heterosexual counterparts can depend on spouses and children to care for them well into old age, the aging LGBT community's network of friends

most often extends laterally, meaning their support network is aging right along with them. This generation — which endured the loss of countless loved ones during the AIDS epidemic, did not have the legal protection afforded by marriage rights and is almost universally childless — will depend heavily on the services offered and provided by public institutions, businesses and nonprofit groups, especially when it comes to housing.

A local organization working hard to address this very issue is The Pride Center. The board of directors is currently exploring different avenues toward building an affordable place for seniors to live right on the center's 5 ½ acre campus, which itself is in the heart of Wilton Manors. When the nonprofit organization Gay & Lesbian Elder Housing identified and reported on the dearth of low-income senior housing in greater Fort Lauderdale, it touched a nerve. Knowing that the Center specializes in filling gaps in services to the community, the City of Wilton Manors approached it with this issue. Tapped by the city and armed with data and figures on the growing national trend toward senior housing projects being built alongside LGBT community centers, they got to work right away.



Clockwise from top: Coffee & Conversation; Bruce Williams, senior services coordinator at The Pride Center; Rex Coston, 93, at the YMCA exercise class at The Pride Center



For the last 3 ½ years, the Center's board has been assessing the needs and potential for creating and maintaining a high-quality residential community for gay, lesbian, bisexual and transgender older adults that meets the needs of those individuals while remaining financially accessible for them. Currently, the Senior Affordable Housing Project is one of the Center's biggest endeavors. Though still in the process of securing funding, the Center teamed up with CarrFour — Florida's largest nonprofit developer — to start the plans for this project. Like any other project, elder housing needs to be well conceived and well operated to succeed, and this may include a number of considerations and design elements including: substantial green space; welcoming common areas where seniors can congregate and socialize; special rooms to pursue hobbies, take classes or host events; and, of course, accessibility features.

Since The Pride Center already runs one of the largest senior programs in the country, it has extensive experience providing precisely these kinds of amenities and features, making it the ideal candidate for just this kind of project.

"The center provides programming, such as Coffee & Conversation; SAGEworks, which provides job training for older



This page: Dr. Robert Versteeg, a doctor in social work; Director of Senior Services, Lisa Peters; and Director of Education, Jim Lopresti, of SunServe. Opposite page: Dee Duprey and Barry Bates at Coffee & Conversation

adults; senior exercise classes; workshops; and individualized navigation and linkage services to help people get linked and into culturally proficient health care providers,” says Kristofer Fegenbush, The Pride Center’s chief operating officer.

It is up to Bruce Williams, the senior services coordinator at the Center, to plan these activities, meetings and workshops. The senior exercise classes, for example, are a collaborative effort between the Center and the YMCA, and, according to Fegenbush, that program is one of the largest of its kind in the country for the YMCA.

These kinds of services are crucial for LGBT seniors. Not only do they provide access to much needed information and care, but they also create a safe space in which seniors can socialize with each other.

While a number of senior housing projects have been proposed and even started in South Florida, the Center is poised to break ground in a way that can set a standard for the industry as a whole.

Given the lack of LGBT-specific senior housing, there is also a push to educate mainstream facilities to provide culturally sensitive services to this underrepresented population. More than 39 million people in the United States are currently 65 years or older, and an estimated 1.5 million of them identify as LGBT. While it’s practically impossible to get exact figures — as not even federal health surveys include questions regarding sexual orientation or gender identity — one thing is certain: The numbers are expected to double by 2030. And not all of these people will have access to LGBT housing, even if there’s a building boom.

“From data nationwide [we know] that about 45 percent of LGBT seniors do not feel comfortable disclosing their sexual orientation,” says Fegenbush. “We feel that part of our role here is to help link people to care that is proficient and confident and sensitive to their needs.”

SunServe in Wilton Manors is a locally based nonprofit agency that provides a full roster of educational and training services that help support marginalized youth, seniors, minorities and HIV positive persons.

“It’s important for health care organizations — if they’re going to give quality care for their patients — [to] be as visible as

possible. The exact opposite happens in the LGBT community,” says Jim Lopresti, a senior clinical supervisor and director of education at SunServe. “When we’re most vulnerable we become the most invisible.”

SunServe has a series of programs aimed at educating mainstream senior service providers about the special needs the LGBT community may have. The organization hosts workshops at different locations, including home care agencies, assisted living facilities, hospitals and hospices and makes use of scenario-based training to bring cross-cultural care for LGBT senior patients. Using the Joint Commissions’ field guide on LGBT patient care — which pushes for hospitals in the United States to be more welcoming, understanding and inclusive of LGBT patients — SunServe has created an evaluation scale.

“I went to an independent living facility for older adults, and I interviewed the LGBT people that live here, at least the ones who came forward,” explains Dr. Robert Verstaag DSW, an independent contractor for SunServe. “I found closeted older adults living, not in fear, but they would still ‘de-gay’ their apartment if someone came in.” That is precisely the kind of cultural awareness facilities and care providers need to have in order to serve their communities.

The Pride Center is poised to break ground in a way that can set a standard for the industry as a whole.

One key factor that affects senior service providers across all demographics, is promoting and maintaining a sense of community. When seniors have spaces where they can feel comfortable and relevant, it can improve overall health, minimize negative views of disability, ward off depression and generally improve their quality of life.

Recognizing the scarcity in senior housing and the side effects that can have, organizations like Jewish Community Services of South Florida (JCS) have stepped up. JCS has plenty of experience supporting the local community. Its newest initiative — specifically targeting LGBT seniors — was launched last July.

“We have lots of different kinds of stories,” says Joan Schaeffer, JCS’s community liaison for LGBT services. “We have wealthier LGBT people. We have poorer LGBT people, people of all kinds of backgrounds...the housing thing is something that keeps coming up again and again.”

As a result, the organization’s growing roster of dedicated programs includes assistance securing appropriate housing, along with counseling for individuals, couples and families; support groups; education and training; and a host of social activities.

Though JCS is still in the initial stages of addressing the housing problem — which is especially pronounced in Miami-Dade, where Schaeffer explains there is pretty much nothing available — the organization is training whoever it can to provide culturally appropriate services wherever seniors currently live.

In addition to training, they are also focused on hosting events. “Social activities will continue to play an important role,” says Schaeffer. “It’s incredible because a lot of these people have no place to be and no place to go to socialize.”

For people who came of age when straying from the norm was grounds for social exclusion, prison terms and even death — think holocaust survivors — access to resources that provide informed care with respect is its own kind of homecoming. •





DU CITIZEN JANE

Keeping the good vibes
going is its own cause.



BY JOHN DANGARAN

PHOTOS BY CARINA MASK





not quite sure what DJ Citizen Jane's real name is. It could be Jane, though I don't think so. I could just ask, or do a quick Google search and probably hit the answer rather quickly. But to be honest, I prefer the mystery. It's kind of like not knowing a superhero's secret identity.

Even with her alter ego unexposed, DJ Citizen Jane is a shy, humble woman with dark, swept back hair. While her laid-back demeanor does not command a room when she enters it, she more than makes up for it when the beat drops. A skilled musician gifted with the uncanny ability to read a crowd, she is able to magnify her sound to the delight of those who come to listen, dance and let go in the music. You can hear her long before you see her. She is the girl who can play for any crowd, anywhere and is guaranteed to bring the house down.

We meet during a photo shoot in Fort Lauderdale at C&I Studios. She first stands in front of a large backdrop, taking up only a fraction of the space. Later, when we sit to chat on a couple of worn-out couches, she tells me that she's actually spun at this converted warehouse space before — last year's Miami-Fort

Lauderdale LGBT Film Festival after party. It was for the showing of *Liz in September*, starring model turned actor Patricia Velásquez. She could probably name drop dozens of places around town like that. She has played at Dream, Bongo's, The W Hotel, Nikki Beach, Macarena, the Setai, the Vagabond Hotel, Catalina and on and on.

THE BUILDUP

Born and raised in Miami Beach, the girl behind the decks is a home-grown talent whose beats can regularly be heard at local clubs. Her musical career has taken her all over the country and around the globe to Argentina, Canada, Mexico and Spain, but it's always Miami where she returns.

"This is my hometown," she says. "I don't see myself living anywhere else, other than maybe California one day. I can never just completely leave."

Music is in her blood. Born to a Cuban-American family, her brother, father and grandfather are all musicians. "I grew up with a lot of Latin culture," she explains. "My background is Cuban, so I'm very proud of my roots. I have no problem delivering that wherever I go as a piece of me, as a piece of my flavor and my music."

That is not to say that her set is comprised strictly of Latin music or songs with Spanish lyrics — by no means. That's just one of the weapons she can wield on a whim. In fact, that versatility, that inability to stay put, be defined or remain constant is precisely the way she's able to break down sound barriers. This has proven to be particularly useful in an area as diverse as South Florida.

"When I do house music, I put a lot of tribal, a lot of Afro-beats and different things like that," she says. Not sticking to a single niche or sound gives her the freedom to play anywhere and anytime. She is known for mixing in the moment and is not afraid to download a song on the spot to weave it into her playlist.

"I've pretty much found how to wiggle my way around and be able to please everybody," she says. "I just want to see people on the dance floor. That's my main goal. If I don't have people on the dance floor, then I'm not doing my job right."

THE CIRCUIT

Over the years, DJ Citizen Jane has become increasingly labeled as the people's DJ. A winner of several well-regarded awards, she was most recently recognized with a Pink Flamingo People's Choice Award for Favorite DJ — two years in a row. This reflects the public's appreciation as well as its understanding of her and how she plies her trade.

She isn't the kind of performer that simply plugs in and plays a two-hour set. She's all-in, fully submerged in the music and feeling the crowd. She's not afraid to leave the booth and jump head first into the party, nor is she against her fans approaching her.

"I like to keep that communication with the people that come out and see me," she says. "I don't want to be distant like 'you can't reach me.' They [can] come to my DJ booth and come talk to me. I totally love that... That's how you keep people following you."

MELODY MAKER

Surprisingly, this DJ started out singing folk rock. Deep within her Instagram feed you can find a throwback Thursday picture that offers a glimpse into that former life. It depicts a teenage girl with short, spiky, bleached-out hair. She's leaning into a microphone with a bright scarf hanging from its stand, an acoustic guitar tightly in her grip.

She's come a long way from when she started her musical journey, but this year, Citizen Jane is determined to retrace her roots. "I plan on writing my own song, remixing it and producing it with my own vocals to make it my own," she says. "I'm a singer myself, so I'm going to start with myself and take it from there."

She doesn't have to explain how excited and anxious she is about her new project. You can hear it in her voice. It's a big deal to her and a big step toward her dream of one day producing music for some of the world's top artists.

Citizen Jane is often on the road between March and October when she's busy touring the Pride circuit throughout the U.S. She has been a headliner for Gay Days Orlando, Gay Days Arizona, Atlanta Pride, Vancouver Pride, New York City Pride, Calgary Canada Pride, Austin Pride



on the road

Catch DJ Citizen Jane in South Florida and across the U.S. throughout the summer. Also, make sure to check out her Facebook and Instagram accounts for the latest updates on special appearances and tour dates.

June 2–5: Girls in Wonderland, Orlando
 June 16: North Jersey Pride
 June 24: Seattle Pride — White Party
 June 25: New York City Pride — Pier Pressure
 June 26: New York City Pride — Femme Fatale
 September 9–10: Womenfest, Key West
 September 24: Folsom Street Fair — Magnitude, San Francisco
 September 30–October 2: Plezzure Island, Galveston
 October 9: Atlanta Pride

and the 2014 Gay Games in Cleveland, Ohio. In the case of the Atlanta Pride, she broke barriers by being the first DJ to perform on the main stage in that event's 43-year history.

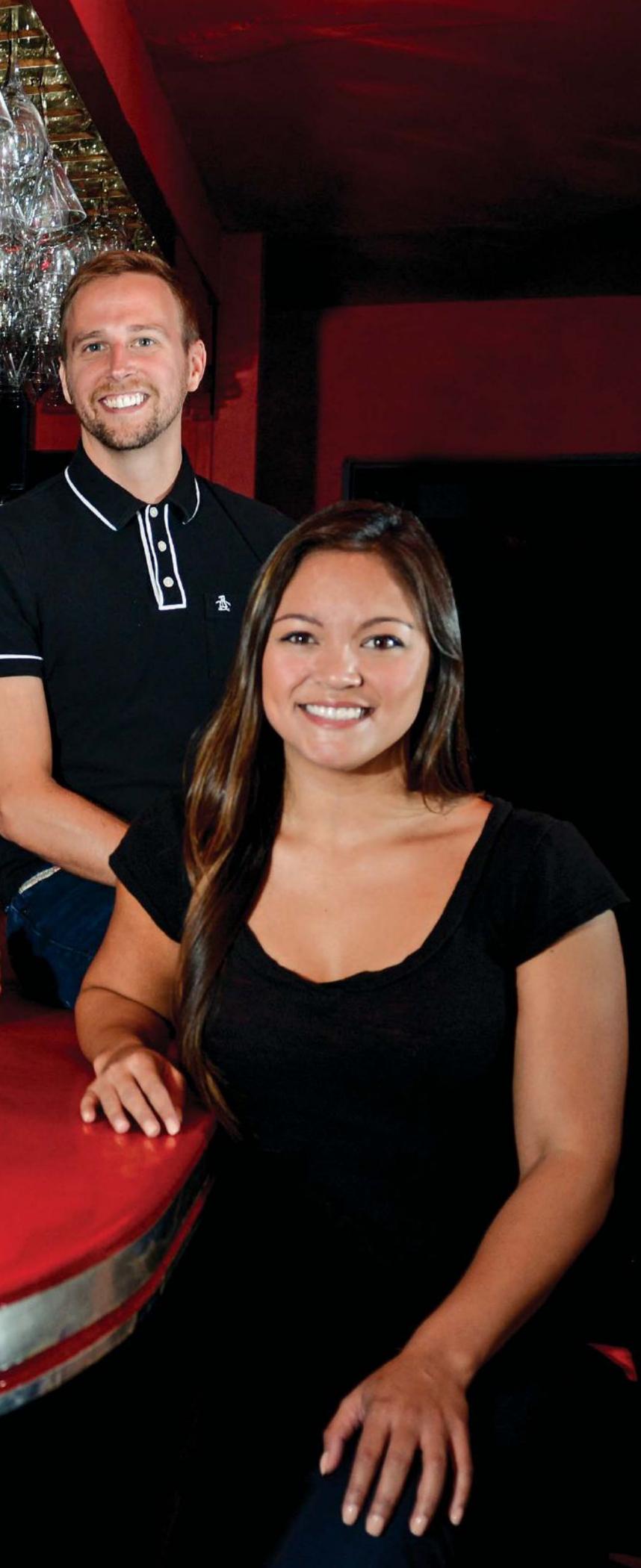
As in previous years, she's scheduled to headline a number of events in 2016. Gigs like this year's Folsom Street Fair are confirming what many locals already know; she's scheduled to play at Magnitude — dubbed Folsom's "Official Saturday Night Dance Event." While historically it has been a predominantly male event with women rarely invited to play, getting booked for this kind of party solidifies Citizen Jane's status as a crossover artist.

Her next big goal, aside from writing and producing her own music, is to break into the European and Asian markets, which is a feat. Far from not liking her style, the challenge with those markets lies in the high concentration of talent between France, Amsterdam and Germany. It's tough to get a foothold, unless you're a superhero. •



"IF I DON'T HAVE
PEOPLE ON THE
DANCE FLOOR,
THEN I'M NOT DOING
MY JOB RIGHT."





LIST

MIAMI PHOTOS BY CHRISTINA MENDENHALL
KEY WEST PHOTO BY ANDREW PRINTER

WHETHER YOU'RE
HITTING HAPPY
HOUR, HAVING
A CLASSIC
COCKTAIL BEFORE
DINNER OR DANCING
THE NIGHT AWAY,
THESE FINE
PROFESSIONALS
CAN GET
YOU SHAKEN
AND STIRRED
THE RIGHT WAY.

DANCE

ORIGINALLY FROM
VARIOUS PARTS
OF THE GLOBE,
FIVE LOCAL
BARTENDERS SHARE
THEIR TIPS AND
STORIES FROM
BEHIND THE BAR.

YOANY PEREZ, 29
BARTENDER AT HOY COMO AYER
BEHIND THE BAR: 2 YEARS
HOME CITY: REMEDIOS, CUBA
PLACES WORKED:
HOY COMO AYER IN MIAMI, FL

TELL US HOW YOU GOT YOUR START.

I didn't really plan on it. I was a waiter at Hoy Como Ayer, and one day the owner spent some time with me, teaching me how to make each of the drinks I now serve.

WHAT IS THE BEST PART OF YOUR JOB?

I love the satisfied look my customers get when they taste a delicious drink I have prepared.

SHARE ONE CRAZY STORY.

I was working one night and a group of girls started flirting with me, so I got up on the bar and started dancing. Pretty soon men and women all over the bar were whistling and clapping, so I took my T-shirt off but kept my undershirt. That got them so worked up they insisted I take that off too, and that night I made an extra \$80 in tips!

CHEFS OFTEN PLAY MY LAST SUPPER. WHAT WOULD YOUR LAST DRINK BE?

I'd have a drink I created that's called Meeting at Hoy Como Ayer, which includes: piña colada mix, blue Curaçao, aged rum and grenadine, and is topped with fresh strawberries, pineapple and Crown Royal.

WHAT IS YOUR MOST INDISPENSIBLE TOOL?

My cocktail shaker.



ROBERT ELDRIDGE, 31
BAR MANAGER AT THE BROKEN SHAKER
BEHIND THE BAR: 8 YEARS
NICKNAME: BOBBY
HOME CITY: MIAMI BEACH, FL
PLACES WORKED:
EMPIRE STATE SOUTH, FONTAINE'S
OYSTER BAR AND FRONT PAGE NEWS
IN ATLANTA, GA.

TELL US HOW YOU GOT YOUR START.

I started working at Ruby Tuesdays while I was in high school in suburban Virginia. I learned some basics and built friendships that brought me to the bar scene in Atlanta.

WHAT IS THE BEST PART OF YOUR JOB?

Creating and sharing positive experiences, having the opportunity to introduce and share excitement over a new or classic cocktail and, of course, becoming more familiar with new and old products on the market (AKA tastings!).

SHARE A TIP, TRICK OR TRADE SECRET.

I am a big fan of modifiers like vermouth and sherry. They add length and complexity to a cocktail. Sherries like *manzanilla* are also helpful with adding acidity. Please take care and refrigerate your wine-based ingredients though, freshness is key!

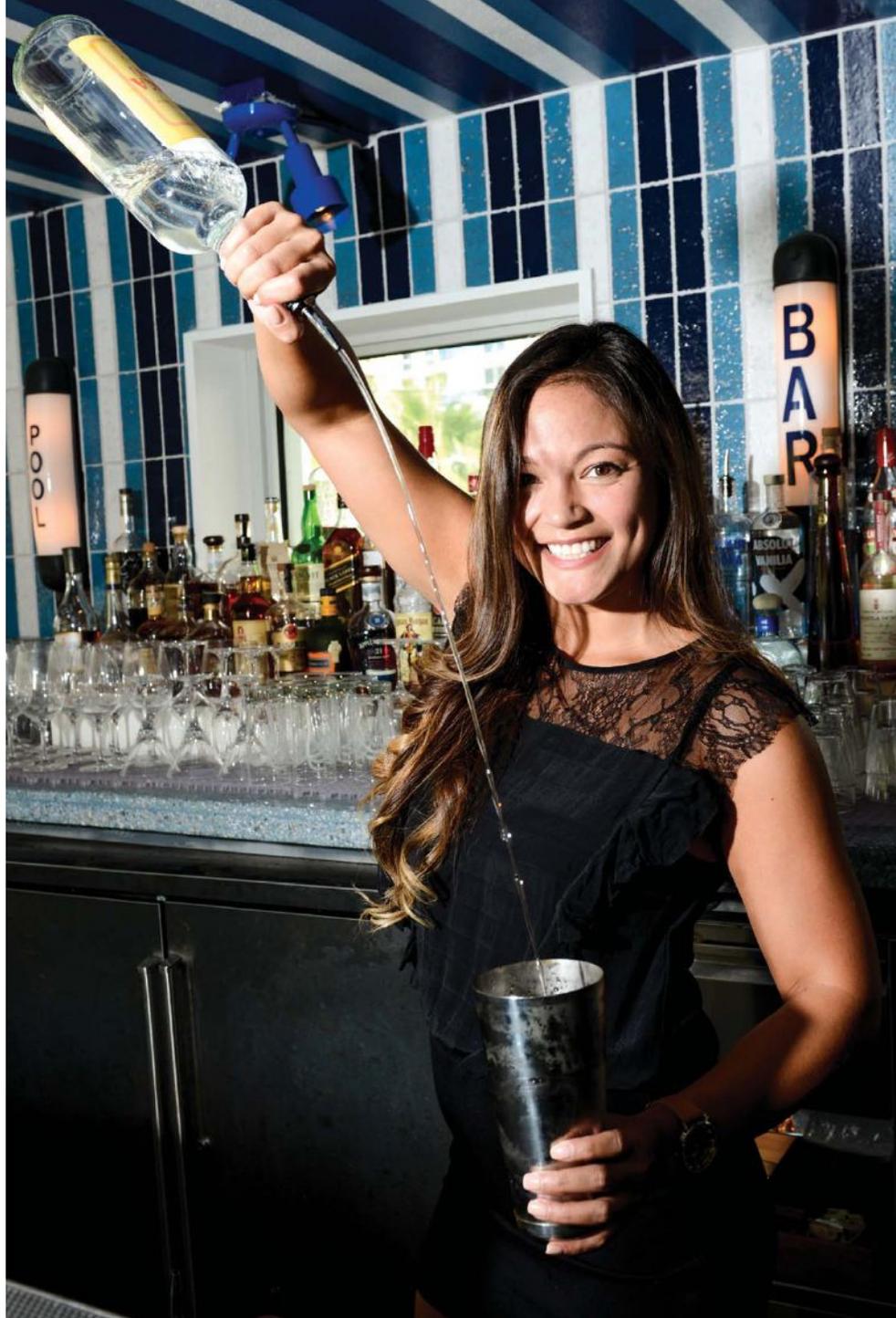
WHAT IS YOUR MOST INDISPENSIBLE TOOL?

I would have to say it would be the Boston shaker.

CHEFS OFTEN PLAY MY LAST SUPPER. WHAT WOULD YOUR LAST DRINK BE?

I would probably want my last drink to be a glass of Champagne... or a bottle. Champagne is perfect for any occasion; don't let anyone tell you otherwise.





ASHLEY BONGAYAN, 27
BARTENDER AT THE CONTINENTAL
MIAMI (STARR RESTAURANTS)
BEHIND THE BAR: 4 YEARS
NICKNAME: "BONG"
(BECAUSE OF HER LAST NAME)
HOME CITY: BEECH GROVE, IN
PLACES WORKED:
QBALL BILLIARDS IN JACKSONVILLE, FL;
NORMAN'S TAVERN AND
THE BUNKER AT 1826 IN MIAMI BEACH, FL

TELL US HOW YOU GOT YOUR START.

I started bartending on the weekends for some extra cash and realized I really liked it. Now that I'm back in school, it's a great way for me to have fun while making money, and it works well around my class schedule.

WHAT IS THE BEST PART OF YOUR JOB?

The best part of my job is having the opportunity to meet all kinds of different people from all over the world. You never know who is going to sit down and start drinking! Every person has a different story and something different to bring to the table (or bar top in this case). I've learned a lot about the world from people who've sat at my bar.

CHEFS OFTEN PLAY MY LAST SUPPER. WHAT WOULD YOUR LAST DRINK BE?

Perhaps a generous pour of Remy Martin Louis XIII cognac should be considered, however I think I'd like something more familiar for my last drink... I'd take a cold beer, like a Sam Adams.

SHARE A TIP, TRICK OR TRADE SECRET.

Behind the bar you are a mystery, a confidant, a servant and an actual person all rolled up in one. Choose wisely which role to present at any given moment.

TELL US HOW YOU GOT YOUR START.

I love the passion to serve the public. I enjoy making new connections and friends.

SHARE ONE CRAZY STORY.

I was working and someone ordered a drink, but since the music was too loud I couldn't hear her and asked her to repeat it again. I got closer and turned my head to hear her better, and she bit my ear.

CHEFS OFTEN PLAY MY LAST SUPPER. WHAT WOULD YOUR LAST DRINK BE?

Macallan 1965

SHARE A TIP, TRICK OR TRADE SECRET.

Remember your clients' drinks, and always have a smile.

WHAT IS YOUR MOST INDISPENSIBLE TOOL?

My bottle opener.



ALEJANDRO JUÁREZ, 25
BARTENDER AT AZUCAR NIGHT CLUB
BEHIND THE BAR: 5 YEARS
NICKNAME: EL ESPAÑOL
HOME CITY: MADRID, SPAIN
PLACES WORKED:
IBIZA BEACH IN IBIZA, SPAIN;
HOY COMO AYER IN MIAMI, FL



DANE MAJOROS, 30
BARTENDER AT BOURBON ST. PUB IN KEY WEST
BEHIND THE BAR: 12 YEARS
HOME CITY: POTTSVILLE, PA
PLACES WORKED:
PEARL'S AND ISLAND HOUSE
ALL MALE RESORT IN KEY WEST, FL

TELL US HOW YOU GOT YOUR START.

No one that knows me today would believe it, but I was very socially awkward in my youth. I started at 18 as a way to force myself to learn communication skills. Aside from a short time after graduating college, I've been bar tending and loving it ever since.

WHAT IS THE BEST PART OF YOUR JOB?

Hands down my customers. Key West is such a small island that we all really do become one big family here.

SHARE A TIP, TRICK OR TRADE SECRET.

Always come with a positive attitude behind the bar. People can grab a drink just about anywhere in Key West. It's the atmosphere that keeps them coming back to your bar.

WHAT IS YOUR MOST INDISPENSABLE TOOL?

At Bourbon St. Pub, my mouth <<insert sly grin emoji here>>.

CHEFS OFTEN PLAY MY LAST SUPPER. WHAT WOULD YOUR LAST DRINK BE?

I would like to think that I would choose something elegant and tasteful. Unfortunately I know myself better than that. If I'm going out, it'll be colorful. Probably a straight shot of Jameson. Caskmaker though... I'm expensive.

taste the rainbow





By Montague Kobbé

There's more to Amsterdam than its red-light district and cannabis stereotypes. World-class museums, theater shows and decades worth of LGBT history make this a must-see city, especially during EuroPride.



estled in the lowlands, where the River Amstel meets the banks of the IJ, is the city of Amsterdam. A bastion of liberal values and tolerance, in the last century the

Dutch capital has earned its place as one of the most active and entertaining destinations in Europe.

Characterized by its watery environment, Amsterdam is criss-crossed by a network of more than 62 miles of canals. These have inevitably led to comparisons with Venice, and the parallels don't end at the waterways, as both cities owe their rise to their emergence as key trading ports: Venice on the Adriatic coast, as the ultimate meeting point between East and West; Amsterdam as a major player in the once hugely profitable markets of the North and Baltic seas before the rise of the Dutch Republic as a colonial superpower.

But unlike its Italian *doppelgänger*, which has in many ways become a museum of itself, Amsterdam is dynamic and thoroughly modern — a city that has not only forged ahead with the times, but that often forces societies and cultures clinging to the past to keep up.

Amsterdam owes its reputation — for some progressive, for others libertine — to its permissive laws concerning the use of soft drugs and the sex industry. As is the case with most stereotypes, there is an element of truth amid a sea of speculation about both.

Since the 1970s, Dutch authorities have turned a blind eye to individuals carrying small amounts of cannabis for personal use and have sanctioned its safe consumption through authorized establishments known commonly as coffee shops, which are even certified with an emblematic green and white license. While over the past decade the government has clamped down on the domestic production of marijuana, and it has tightened the rules regulating coffee shops — most notably, prohibiting the sale of both alcohol and drugs at the same location — there are still around 200 of these establishments in Amsterdam alone. Adult locals and visitors alike are free to choose from a menu of different varieties of the weed with various degrees of potency and desired effect.

Similarly, Amsterdam's famed red-light district stands out as the gold standard among the many such destinations that exist across the continent, and there's a good reason for this. Not only is there a legal scaffolding that ensures the sex industry is largely legitimate and above board, there is also a centuries-long tradition linking the area known as De Wallen to the procurement of sexual services. Indeed, the connection between the two is so deep that in 2007 a statue paying tribute to all sex workers titled *Belle* was unveiled in the area right in front of Oude Kerk, the oldest church in the city. But that's just quintessential Amsterdam, a striking blend of old and new.

This page from left: *Belle* by Els Rijers; Burgerzaal with Atlas at the Royal Palace.

Opposite page, clockwise from top: cruising the Grachtengordel; bicycles along Reguliersgracht; the Homomonument by the Keizersgracht canal.





From top: © kavatenkara vilha / Alamy Stock Photo; © Jason Langley / Alamy Stock Photo; © David Gee / Alamy Stock Photo



proud history

There's a lot more to Amsterdam than a big red light shining on a thick cloud of smoke. Comprising close to 100 individual islands joined by more than 500 bridges, this is not only the commercial and financial center of the Netherlands, it is a vibrant northern metropolis — and there is no better time to explore it than summer.

The main draw this year is certain to be EuroPride, which is returning to the city for the first time since 1994. EuroPride kicks off with Pink Saturday, an event that since 1979 takes place annually in a different Dutch city and that on this occasion will lead to the traditional Pride Walk from Vondelpark to Dam Square. The two-week festival culminates in the world-famous Canal Parade, which includes dozens of LGBT organizations whose extravagant floats showcase their cause, as well as the joie de vivre that is endemic here.

Amsterdam's proud history of tolerance toward people of varying sexual orientations dates back to the interwar years, when the lax attitude of the so-called Lost Generation spread across continental Europe. In 1987, it became the first city in the world to erect a monument in memory of the LGBT victims of the Nazis. In the city center, right on the banks of the Keizersgracht canal, the Homomonument's three large pink granite triangles form a larger triangle that pays tribute to those who have suffered persecution because of their sexuality and is meant to “inspire and support lesbians and gays in their

struggle against denial, oppression and discrimination.”

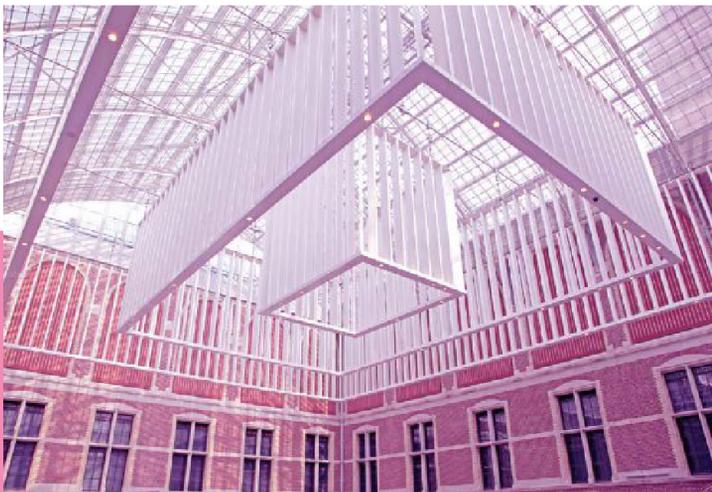
In 2001 the Netherlands became the first country in the world to recognize same-sex marriage as a basic right.

Reguliersdwarstraat runs from the Place Royale to Rembrandt square. Once a de facto gay district, it has become more mainstream as the world has caught up with Amsterdam's progressive pace. Still, it's home to a number of LGBT-owned and gay-friendly businesses, including clothing retailers, hairdressers, coffee shops, bike rental outlets and galleries.

But the evolution of this once “gay district” doesn't mean there aren't any places for the LGBT crowd to feel at home. Increasingly classic gay-bars have just morphed into a series of trendy spots where the open-minded straight audience can also get its fix of good music and great ambience. Club NYX is a popular nightlife destination. It offers three floors of graffiti- and glitter-covered concrete, as well as a DJ in the restroom that keeps patrons from missing a beat — even as they wash their hands at a giant pink phallus. Established in 2008, the Church nightclub lures in the crowds with its impressive sound system, outrageous stage shows and fantastically fun theme nights.

For the less club-oriented, entertainment is available at places like Lellebel and Prik, where drag shows and speed-dating events go hand-in-hand with cocktails and tasty bites. And then there's Café 't Mandje, which serves up smooth drinks with a heaping side of history. The

Opposite page, clockwise from top: Vondelpark; interior of Café 't Mandje; Reguliersdwarstraat. This page from left: interior of Rijksmuseum; Amsterdam's festive Canal Parade.



legendary bar was among the first LGBT establishments in the city. Bet van Beeren, herself a lesbian, opened the spot in 1927 and ran it with the mission to promote fun and respect to all. Though she died in 1967, her youngest sister Greet ran the place until it closed in 1982. Through great foresight, she chose to keep the interior intact and even allowed people to visit upon request. Just before her death, Greet got the ball rolling for the bar to make a comeback, and it's been drawing crowds since it reopened in 2008. A family business, it has been managed by Diana — Bet and Greet's niece — since its reopening. The pub is such an iconic part of the city that the Amsterdam Museum houses a replica.

Other destinations that offer a healthy dose of culture include Albert Cuyp Markt, just outside the ancient city walls. About 300 stalls line both sides of the street and sell everything from fruit, vegetables, cheese and fish to clothing, make-up and home décor at low prices. The market is next to Oud Zuid, where you can find both the Rijksmuseum and the Van Gogh Museum, among other galleries and institutions. World-famous Vondelpark is not just a Pride destination. Its open-air theater stages a seasonal line-up — from May through September — that makes it a tremendously popular summer destination.

about town

Famously bike-friendly, a network of more than 248 miles of cycle lanes stretch across and just outside the city. Touring the neighborhoods on a bike allows

you to check out places at a leisurely pace and do as the locals do. It's a particularly good way to take in the splendid architecture. Near the town center, monumental constructions recall the country's sumptuous past, from the old city gate of De Waag to the Royal Palace on Dam square. Adjacent to the northern end of the palace is also Nieuwe Kerk, which was consecrated in 1409, destroyed by the Great Fire of 1645 and turned into an exhibition center in 1979.

The neighborhood of Jordaan — the Dutch answer to New York's Tribeca — offers a delightful combination of art galleries and trendy boutiques along the outer rim of the canal belt and is possibly the most charming cycling route away from the bustle of the city center.

But when it comes to charm, nothing beats a cruise along the Grachtengordel — Amsterdam's four concentric canal rings. Though many of the houses along the canals have been refurbished, as you're gliding past them you still get the unmistakable feeling that you're traveling through the pathways of history.

Beyond bicycles and canals, you can also indulge in yet another iconic symbol of the Netherlands just 12 miles away: windmills. More than 9,000 of them once peppered the Dutch landscape, and though that number has shrunk by about 90 percent, there are still close to 1,000 left. Of those, only a handful are close to Amsterdam, but there are worse ways to spend your time than heading to Zaanse Schans to visit a cluster of restored windmills on an idle summer's day. •

This page from left: Zaanse Schans windmills; the quirky Jordaan neighborhood. Opposite page clockwise from top: Amsterdams street art is best appreciated from a bike; klompen – traditional wooden clogs – at a souvenir shop; the footbridge known as Python Bridge spans the canal between Sporenburg and Borneo Island in Eastern Docklands, Amsterdam.







WHERE DID ALL THE GLITTER GO?

The normalization of gay culture has induced a longing for rainbows, glitz and glamour.

by JUSTIN TRABERT

As Gay Pride month approaches, I can't help but think to myself: "What happened to all the glitz and glamour that used to be a hallmark of the gay community?" We were once the beat that gave life to the world of the arts. We were at the forefront of fashion, design, music and parties. But in recent years, it seems as if we've hit the snooze button on creativity and assimilated to the norm.

It seems like it was only yesterday that I awakened my inner gay self and flew out of the closet wearing lipgloss and a crop top, rainbow colors dangling all about me. Since I

felt I had been oppressed my whole adolescent life, I found that wearing certain clothes and shoes helped embody the life I had been missing. I had given myself license to do and wear what I pleased, and I was sure as hell going to let the world know that I was gay and proud to show it!

A few years later, I found my Emerald City: the circuit party scene. The city doors opened to a world of color, beautiful people, sparkling costumes and themed parties — and I love a good themed event. I bounced around all the great clubs, parties and parades. I created a different masterpiece outfit for each occasion. My apartment became my crafting studio, and I was its celebrity costume designer. I pranced around in my hot pants, go-go boots and theatrical clubbing makeup. I was always drenched in glitter. All the while, I was having a blast and had not a care in the world if people saw me as too gay or too feminine — at least they were looking at me.

This all changed when I moved to New York and stepped onto the dance floor at the infamous Roxy NYC. For the first time since I had come out I felt out of place. You see, the Roxy was a meat buffet and people were there to show it. Gay men were looking for a "masculine man" and dressing up in my usual costumes was almost guaranteed social suicide, or rather, the end of my sex life. So, I boxed up my ensembles and adapted to the new gay uniform of tight jeans and a cheap T-shirt — because let's face it, the shirt was coming off as soon as the dance floor warmed up. It appeared the gay community had forever changed, and we now represented a macho lifestyle that became increasingly less creative.

I have a working theory, and it goes like this: as homosexuality became more accepted by the mainstream, the community no longer felt the need to stand out in rebellion. We all became more "hetero" in our appearance and demeanor, and it worked both

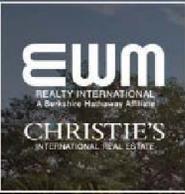
ways. Straight men became more comfortable with varying aspects of sexuality and as a result, the dress code became more fluid. The term "metrosexual" was coined, as both gay and straight men began to play on the same field for the first time — one big homogenous mass of people with similar looks and mannerisms. Today, our gaydars spin in circles, and you can no longer distinguish whether the muscular macho man

MY APARTMENT BECAME MY CRAFTING STUDIO, AND I WAS ITS CELEBRITY COSTUME DESIGNER.

with the trendy haircut, tweezed eyebrows and matching shoes and belt is gay or straight.

The characteristics that often defined the gay community have become blurred. Society seems to be moving toward a genderless or gender-neutral ideology. This concept is most obvious when powerhouse fashion legends, such as the house of Chanel, and mass retailer like Zara create entire product lines with gender fluidity as a central concept. Our own gay superstar, Ellen DeGeneres, has launched a line called ED that promotes the idea that clothes can be styled for a unisex society. I'm afraid it won't be long before everyone adopts one-piece jumpsuit like something out of a *Star Trek* movie.

Alas, there is a glimmer of hope out there. Every once in a while, I see the gay youth of today expressing themselves as they see fit, with just a dab of glitz and glamour. It helps remind me of the good old days when parties were filled with fashion, drama and a whole lot of glitter. •



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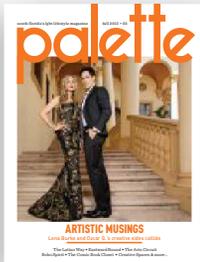
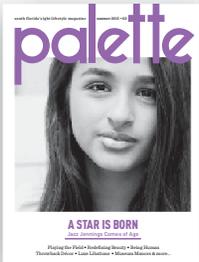
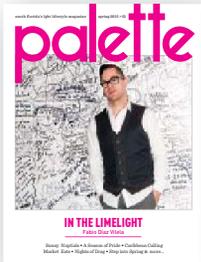


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RUCK, MAUL & SCRUM



While most of the sports world lags behind when it comes to inclusion, a few rugby players are tough enough to take the challenge.

by SOLE SASTRE

Much is said about the importance of tolerance and inclusion in all walks of life.

Still, discrimination is painfully persistent, and this is especially true in sports. While quite a few athletes have come out, raising the profile of LGBT presence and contribution in the sporting world, the truth is that the court, pitch and diamond are still sadly off-limits for many.

Looking to debunk preconceived notions and give all kinds of people an opportunity to play, South Africa's Jozi Cats have launched an ad campaign that turns stereotypes on their heads. Players were photographed illustrating a homophobic slur with a question mark, thus challenging the term.

The Jozi Cats are an LGBT team that offers a safe environment for individuals to engage in a sport

regardless of their sexual orientation and/or expression. But many sports, including rugby, have enough athletes to form gay leagues and even host world cups. International Gay Rugby was established in 2002 to unite the increasing number of teams around the world. Now, the competition culminates in the international Bingham Cup, one of the largest 15 A-side rugby tournaments in the world.

Also established in 2002, the National Gay Flag Football League joined the ranks of the Gay and Lesbian Tennis Alliance (1991), International Gay and Lesbian Aquatics (1987) and North American Gay Amateur Athletic Alliance (1977), among an ever-increasing number of sporting groups. These organizations are all part of a larger movement that offers the community more options. Where once, the local

gay bar was the sole place to meet like-minded individuals, the sports arena has provided another venue to do just that in a way that also embraces healthy living.

Beyond LGBT leagues, organizations like Athlete Ally help educate and empower the athletic community to take a stand against homophobia and transphobia at all levels. Allies who have participated in workshops and campaigns include Major League Baseball, the National Basketball Association and Women's National Basketball Association, among others.

In 2017 Miami will host World OutGames IV. Many of the best and most promising athletes from leagues around the world will compete for gold. Their very presence will challenge notions and inspire fellow athletes and would-be athletes of all backgrounds.

Likewise, this year's 8th Bingham Cup — in Nashville, Tennessee — will continue its tradition of challenging stereotypes. The event was named after Mark Bingham, an avid rugby player who died on United Airlines Flight 93 on September 11. It is commonly believed Mark may have been one of the people who tackled the terrorists on that flight, preventing it from reaching its target. Pansy?•



• Members of South Africa's Jozi Cats rugby team; flanker, Desmond Roux

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THINKING THIN

When an eating disorder takes over your life, it can be frightening and uncontrollable. Fortunately, there are ways to regain control.

by WYATT MYERS

With swimsuit season upon us, it's easy to let concerns about body image get the best of us. However, there's a fine line between wanting to look your best and becoming obsessed with your body to the point that it becomes a problem. For millions of Americans, these issues manifest themselves as eating disorders.

Understanding the Problem

Eating disorders can be manifested in several different ways. For example, individuals with anorexia nervosa see themselves as obese — even when they are at a healthy weight or even alarmingly underweight. This may lead them to severely restrict food intake or starve themselves, sometimes to life-threatening extremes.

People with bulimia nervosa have negative body image issues similar to those with anorexia nervosa. The difference is that individuals with bulimia often deal with the problem by bingeing and purging, meaning they overeat uncontrollably and follow up the bout with forced vomiting, fasting and/or laxative abuse to try to make up for their perceived recklessness.



Then there's binge-eating disorder, which poses an altogether different kind of threat. With this condition, people tend to lose control of their food intake. People overeat and then are wracked with overwhelming feelings of guilt and shame. These extreme emotional lows lead to eating for comfort, which propels the vicious cycle of overeating.

"Warning signs for this disease are a little trickier and harder to detect because oftentimes these people binge in private," says Ingrid Barrera, Psy.D., director of the Eating Disorders Program at the University of Miami Miller School of Medicine. "They feel embarrassed and guilty to binge in public, so other than possibly being overweight and having little to no self-control around food, people who suffer from binge eating are, in public, no different from those who overindulge in food."

Alarming Rates

In much of the literature, not to mention general societal belief, eating disorders are associated with young, white females. The reality

is that eating disorders impact a variety of different populations in different ways — and the LGBT community is no exception.

In fact, research from the National Eating Disorders Association (NEDA) indicates that eating disorders affect the LGBT population in unique ways. Gay men, for example, are more likely to experience an eating disorder at some point in their lives than their straight counterparts. In fact, among all men who report eating disorders, a staggering 42 percent identify as gay.

While the research is less clear, gay women also struggle with eating disorders. Here again, statistics from NEDA indicate that lesbians and bisexual women are twice as likely to binge-eat at least once in a given month. These trends are particularly alarming given the fact that eating disorders are the most lethal of all psychiatric illnesses.

Taking Control

Fortunately, the steps for recovering from an eating disorder, while not easy, are pretty straightforward and effective. It starts with recognizing that you have a problem and seeking professional help. Even if you think you can control the problem on your own, the reality is that eating disorders are illnesses that require treatment for full recovery.

"Seek help right away," says Dr. Barrera. "Immediate treatment is the best road to recovery. Working with a psychologist — possibly also a psychiatrist — and a nutritionist can make all the difference. Patients should know that it is not their fault, and that they are not alone. There is help, and the best thing is to find immediate support." •

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Q & A

Lea Krauss • Judicial Candidate

by RICK KARLIN

Criminal defense attorney Lea Krauss is a powerful voice for South Florida's LGBT community.

Over the course of her 16-year career, she has worked on criminal and civil cases, representing victims as well as the accused — primarily women and children. Krauss is also active in a number of charitable and social service organizations. She is the president of the Gay and Lesbian Lawyers Network, a board member of The Pride Center and a volunteer for Habitat for Humanity and Jewish Adoption and Family Care Options (JAFCO), just to name a few. Now, Krauss has a new career-defining position she plans on adding to her resume: circuit court judge.

Q: You're heavily involved in several charitable and social service

organizations. Why is that so important to you?

A: I grew up in a family where giving back was paramount. My family was involved in a number of organizations and my dad was honored a lot by the ACLU and a number of organizations. We were very involved with the temple. Service is a big part of who I am. If you give without your hand open, you receive much more. It's a big reason why I'm running for judge.

Q: What is one of the most important roles you've had so far?

A: I was on the board of The Pride Center. We were trying to increase diversity at the center and I was selected, as a woman, to increase programming for women. I volunteered to be the chair of what is now Women With Pride, which has since grown to be a full-time staff position. There are now incredible

programs for women that didn't exist before. It started as a referral center for LBT women for medical care and mental health services.

Q: What qualities do you think make you most qualified to become the next Circuit Court Judge?

A: I have been in court almost every day for 16 years and I have seen the difference a good judge can make. When people come to court, unless it's for an adoption, it really is your worst experience, your worst nightmare. It's frightening and it's scary, and you don't want to be there. But I've seen the difference that can be made by a judge who treats you with compassion, respect and who understands that you're not just a file, you're a person and your case is important. For me, that makes all the difference in the world.

Q: If you're elected, what kind of impact do you think you can make in the LGBT community?

A: It's important for people to understand that you don't have to set foot in a courtroom to be impacted by the decisions made by Circuit Court and County Court judges. For example, a local judge in Dade County found the law banning LGBT people from adopting to be unconstitutional. Judges in Broward, Palm Beach and Dade also ruled on same-sex marriage. These decisions affect all of us. •

• Former prosecutor, Florida Supreme Court-certified family mediator and circuit court judicial candidate Lea Krauss



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PRIDEFEST

Compass Pride held its annual PrideFest celebration March 19–20 in downtown Lake Worth. Kicking off the festivities in Bryant Park, the local LGBTQ community organized a weekend of nonstop entertainment; delicious food; diverse merchants, local businesses and organizations; and fun and games for all.



Clockwise from top left: Mad Hatter Lounge float • Bob Palumbo, Wade Hughes and Eddie Cottos • Palm Beach Schools District Police • Tim Parker, Gaby Ooyali, Woody Dawson and Tonio Wolfson • Roderick Clark-Scott and Lorie Clark-Scott • Patrick McKenney, Jeanne D'Arc Touissant, Guy Winters and Tim Yates • Kristen Gomez and Chris Gil

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DRAG RACE

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Clockwise from top left: Cathy Michaels and Gerry Hickson • Ron Gallant • Kendra Kinx • Sandy Guy • Just Whitney, Omar Gallego (winner) and Gassy Winds • Jason Young

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Clockwise from top left: Jennifer Lovedace and Joram Cervice • Gary Head, Erika Santos (FLLFW Marketing Director) and Kyra Burn • Shelley Leger and Niesha Mack Freeman • Festus Amarteifio, A.J. Donaldson, Victor Phillip and Drew Palacios • Roger Thut • Kahini Chandriani • Isidoro Tabarez (designer), John Pozo (designer) and Rene Mejia • Sarah Triton and Karl Stanholm

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BED RACES

Billed as “the most fun you can have in bed with your clothes on,” the bed races were once again part of the irreverent activities held during the 34th annual Conch Republic Independence Celebration. Created in protest of a 1982 Border Patrol blockade of the Florida Keys, the republic staged a ceremonial secession, complete with an attack on a government official, who was hit with a stale loaf of Cuban bread.



Clockwise from top left: A.J. Rivas, Anthony Martino, Erol Paenga, Ashton Cullinane, John Martino and Eric Perez • Tom Ryan, John Guy, Jon Baird, Lauren Lysiak, Esinider Gomez and Randy Gettel • Gina Masserati with wife Porsche • T.J. Goss leading the Hangover Hospital volunteers • Lieutenant J. Tripp and Kai Ferdinand Vicente • Humberto Gonzalez and Symara Jefferson

Andrew Printer

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CALENDAR OF EVENTS

Here is a selection of the many events taking place in South Florida.

June

Summer Time Moonlight

Sea Turtle Walks

Museum of Discovery and Science

Fort Lauderdale

June 7–July 14

mods.org

Key West Pride

June 8–12

keywestpride.org

BrookDale by Lazaro Godoy

Miami Theater Center, Miami Shores

June 10–25

mtcmiami.org

Cyndi Lauper

Mizner Park Amphitheater

Boca Raton

June 11

browardcenter.org

20th Annual American Black Film Festival (ABFF)

Miami Beach

June 15–19

abff.com

Stonewall Pride Parade

Wilton Manors

June 18

wiltonmanorsstonewall.com

TRANSART

Stonewall Museum & Pride Center

Wilton Manors

June 22–26

unitycoalition.org

Demi Lovato and Nick Jonas

BB&T Center, Sunrise

June 24

thebbtcenter.com

Stonewall Ball Black & White Party

Harriet Himmel Theater

West Palm Beach

June 25

compassglcc.com

July

Florida Supercon 2016

Miami Beach Convention Center

July 1–4

floridasupercon.com

Cirkopolis by Cirque Eloize

Ziff Ballet Opera House, Miami

July 7–31

arshtcenter.org

Culture Club

The Broward Center

Fort Lauderdale

July 8

browardcenter.org

32nd Annual Underwater Music Festival

Florida Keys National Marine Sanctuary

Looe Key Reef

July 9

lowerkeyschamber.com

Buyer & Cellar

Actors' Playhouse

at the Miracle Theatre

Coral Gables

July 13–August 7

actorsplayhouse.org

Miami Beach Bruthaz

July 14–18

mbb2016.com

The Naked Magic Show

The Broward Center

Fort Lauderdale

July 22–24

browardcenter.org

August

Janet Jackson

BB&T Center, Sunrise

August 4

thebbtcenter.com

Key West Tropical Heat

August 11–14

tropicalheatkw.com

Visit miamiherald.com/palette for an up-to-date listing of events!



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The **Medical Home** for All South Florida's **Diverse Families**

Care Resource is proud to be a leader in LGBT Healthcare Equality and proud of its historic commitment to provide services that are sensitive to the needs of the lesbian, gay, bisexual and transgender (LGBT) communities. Since our founding 31 years ago, Care Resource's services have promoted awareness, provided support for physical and mental health, and have been delivered with a supportive and culturally sensitive environment.

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Miami, FL 33137
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Miami - Little Havana
1901 SW 1st St., 3rd Flr.
Miami, FL 33135
Tel (305) 203-5230

Miami Beach
1701 Meridian Ave., Suite 400
Miami Beach, FL 33139
Tel (305) 673-3555

Oakland Park
871 W. Oakland Park Blvd.
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