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WEEK OF OCTOBER 4-10, 2018

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INSIDE: How and where do you get medical marijuana? **A8** ▶ | Experts Q&As. **A9-10** ▶ | Quotables — where some stand. **A11** ▶

FLORIDA & MARIJUANA

THE BASICS OF GETTING LEGAL CANNABIS IN THE SUNSHINE STATE

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AND EVAN WILLIAMS
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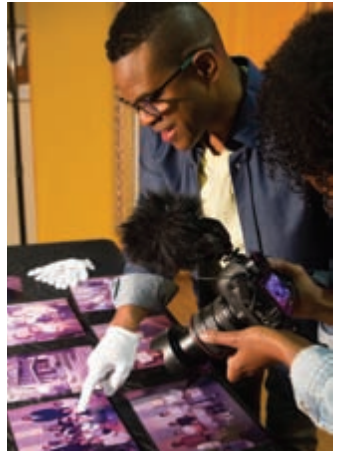
LOOKING FOR SOME MARIJUANA? While to many this question seems shady, the reality is you live in Florida, a state that now legally allows use of medicinal cannabis.

If your answer is yes, you may have some questions about how to get it. You are not alone.

Since 71 percent of Floridians voted in favor of legalizing medical marijuana in 2016, and Amendment 2 became law, a few things are sure.

You can get marijuana legally in numerous locations across the state. In order to get it, you have to go to a doctor to authorize you to use it, one who has been certified by a two-hour course approved by the Department of Health. There are

SEE WEED, **A8** ▶



Arts & Entertainment

PBS show to tell SW Florida history through photos. **C1** ▶



Book fest

There's no schlock in the Greater Naples Jewish Book Festival lineup of 25 authors. **C1** ▶



Imagine a world...

Naples resident Maureen Chodaba shares her story with breast cancer. **A12** ▶



Movie review

Critic Dan Hudak thinks "Night School" is worth a night out. **C17** ▶

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Area Agency on Aging a force for thousands

BY ROGER WILLIAMS
rwilliams@floridaweekly.com

Surprising as it may seem, especially to us, some of us are 60 or older. More than 625,000 of us are sprinkled into the landscape among 1.7 million inhabitants of Florida's southwestern coast, from Sarasota to Marco Island and inland through DeSoto, Glades and Hendry counties. Seven counties. A lot of aging people.

Sometimes we're wealthy, more often not. And sometimes we sit in nursing homes — upscale or bare bones, either one — and nobody comes to visit. Ever.

"I know many. In an entire year, 365 days, not one person ever comes to sit with them or spend time with them — not even one, not a single time. In a year," says a sobered Marianne Lorini, president and CEO of the nonprofit Area Agency on Aging, Southwest Florida.

When she retired from 35 years as a hospital administrator in Ohio and arrived here five years ago, she never expected to discover so much need — so much quiet desperation — among so many who had picked "paradise" to spend their golden years, she said.

In an elephantine irony, the Area Agency on Agency — 40 years old last month, when

SEE AGING, **A22** ▶

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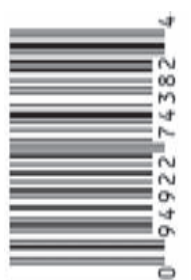
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COMMENTARY

Long, sweet season of heat



roger WILLIAMS
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Supposing, somehow, the human blueprint came with a design feature solidly established in the blueprints of many other mammals: short, sweet seasons of heat.

For a month each year, or maybe two or three weeks twice a year, females would give the signal. Then both sexes would run around aching with desire, co-mingling to satisfy that desire, and (if desired) reproducing.

Men and women would carry on afterward with a temperate and slightly cool appreciation for each other that never restrained the capacity for deep friendships, long solid alliances characterized by gentle respect and an enduring unwillingness on the part of males to drink beer and abuse women. And why? Because men wouldn't really want anything from women, or vice versa. Except sanity, stability and respect.

Sounds horrible, doesn't it. Life might be a lot less exciting for a lot of men and some women.

Can you imagine? You're born, you come out with a third short leg between the other two, but you can't strut around from one January to the next drinking beer, thumping on your chest and wolf-whistling at women because your blue-

print doesn't call for it. Horrors!

But wait. Since we're supposing here, just suppose humans were engineered with the capacity to enjoy the world as one long, sweet season of heat, morning to night, for a lifetime — but men came equipped with a governor.

On an internal combustion engine, the governor regulates its speed within certain parameters. Want to go 160? Not if your governor is calibrated to a max speed of 60, whether you like it or not.

That's a form of governmental regulation, of course; hence, "governor." A lot of people don't like it.

Most people recognize, however, that the cultural and legal governors of our behavior are roughly as effective as the governors in our engines; they can be dismantled. Or as bells on a seat-belt apparatus that make noise but don't stop the accidental tragedy when riders fail to fasten them.

There's nothing imperative about seat-belt warnings. When you climb into your vehicle, they ding for an irritating minute or two if you fail to fasten the seat belt. And then usually they quit. Either that, or you dismantle them too, with a hammer.

Same with the warnings that restrain male mistreatment of women (or anybody else's mistreatment of anybody else): They ding loudly. Rape is a crime (Ding)! Sexual abuse or harassment are crimes (Ding-Ding)! Using positions of power to gain sexual favors or even suggesting it is a massive misstep or a crime (Ding-Ding-Ding-Ding-Ding!).

But then the driver heads out, a drunk, powerful man with his seat belt unfastened. Too often that journey ends in the terrible evidence of ineffectiveness: bodies on the highway. The seat belt warning failed.

Rape laws, themselves, suggest after-the-fact governors. So do related laws — governors prohibiting men (or anybody else) from abusing women or children, or each other. Nothing happens until the deed is done, and proven in court.

Then the sky falls in, for everybody. The "governor" flat kills the engine; it'll never operate again. Unfortunately, the victim may not be able to operate normally again, either.

But supposing we came up with new governors for our engines, before-the-fact governors. Could we create a society with only a few or no perpetrators, and few or no victims?

We'd have to produce a race of drivers who didn't need governors on their engines because we raised them to govern themselves. Sounds like freedom and strength. But how would we do it?

Say, for example, you have two parents living in largesse, and they raise an only child. They get tired of the effort after about 13 years and send him off to Georgetown Prep, a high school described as "among the most selective boarding schools in the United States" — the only Jesuit Catholic boarding school in America, located in the Washington, D.C., suburbs of Bethesda, Md.

One parent becomes a lawyer when her kid is growing up, getting her law

degree while also teaching high school history, then later becoming a circuit court judge.

The other, already a lawyer, becomes president of the Cosmetic, Toiletry and Fragrance Association. For 20 years, no doubt smelling good the whole time.

And in the 13 years those parents have that kid at home, including roughly 10 in which they can actually speak to him in English he'll understand, they fail to teach him the single most important thing about living in the world, because no one told them they should: the mantra. It's a mantra more powerful than any presented by the Jesuits at Georgetown Prep, or the ethics professors at the Yale University Law School.

It would go roughly like this:

Never torment the weak. Never mistreat the slow-witted. Never silence or scoff at the confused. Never ignore the troubled. Never dismiss another race, another religion or the other sex as unworthy, or because you can. Champion your loved ones, celebrate your friends, defend anyone near you in need. Do it like a hurricane, do it like a soft spring evening, do it like you have one chance to save the world, every single time. And do it to the last damn breath you take.

What if that short mantra, 60 seconds in the saying, was the governor, attached by his parents to each man (and for that matter, each woman) to serve a lifetime?

That could be the door to a self-governed world more just, more generous and gentler than anything we've seen. A long, sweet season of heat. ■

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OPINION

The ballot ballgame

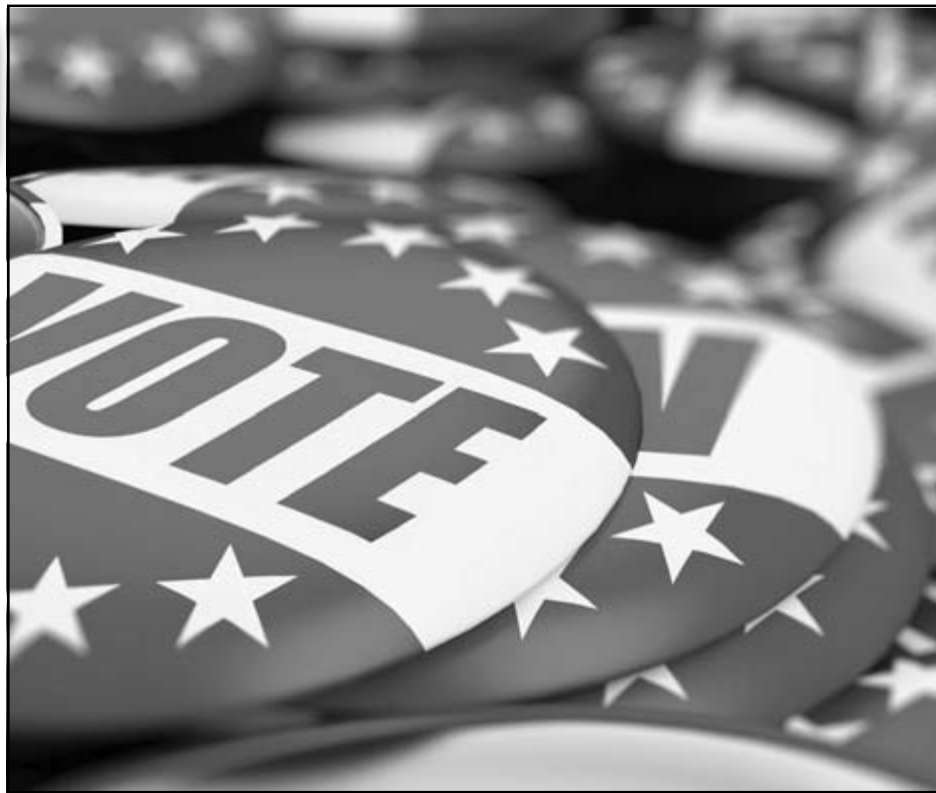


It happens several times a game: I'll announce to the world, "The entire season rests on this pitch (shot/play/whatever)." My friends long ago learned simply to ignore my sarcasm, which makes it difficult when I'm being serious. Such as when I announce, "The fate of the nation might rest on the upcoming election."

For real. Even though Donald Trump is not on the ballot, the midterms will determine if Congress can take a role in restraining his worst impulses. It should be obvious to those horrified by his presidency that they must install an effective opposition, which is to say a Democratic majority not only in the House of Representatives, but also in the Senate. That can happen only if all those millions of people who claim to be part of a "resistance" show up at the polling places in massive numbers, turnout that will overwhelm those in Trump's so-called base who will show up inspired by his message of hate and ignorance, and his constant stream of outright lies.

That is a big "if." It's always a challenge to Democratic Party leadership to get those on the left to find common ground with those in the middle, particularly when that leadership is nonexistent. Turnout for midterm elections is low anyway, but it will be high for those who are passionately pro-gun and anti-immigrant, meaning the pro-Trump millions. A large portion of the anti-Trump crowd is really just insipid about most everything, except maybe their anti-Donald feelings.

In addition, those who are center and left are afflicted by a sense of fair play. That has never concerned those on the right. The fact of the matter is, in politics, as legendary pro football coach Vince Lombardi said, "Winning isn't everything, it's the only thing." You can't deliver a knockout in a slugfest if you're wringing



your hands at whatever the other side is doing. And the Trumpsters are always doing something abusive.

With all that, Democrats are in for a brawl. Every time they hear someone predict that victory for control of the House is assured, their leaders, whomever they are, should cringe. Such cockiness breeds lethargy, which becomes a feeling that it's not all that important to stand in line at the polling places.

Besides, taking back the House is not enough. The Democrats really need the Senate, too, and that's an uphill battle. Under Mitch McConnell and the Republicans, the United States Senate has merely enabled Donald Trump and pursued conservative goals that favor the wealthy at the expense of everyone else. Besides, it's only the Senate that can block the federal court system from being taken over by regressive hard-liners. They are ruthless

when it comes to packing the judiciary.

If, perchance, the various charges of sexual assault against Brett Kavanaugh are enough to send his nomination down in flames, the Republicans in Trump's White House will simply name another reactionary. Only a Democratic Senate can advise and deny consent.

Trump is fully aware that a Democratic Congress, with its broad subpoena power, can make his life a living hell. Unless those who oppose Trump all get out and vote, they'll be forfeiting this vital election to his team and forfeiting the country. ■

— Bob Franken is an Emmy Award-winning reporter who covered Washington for more than 20 years with CNN.

Kavanaugh assault validates Trump



The attempted political assassination of Brett Kavanaugh is bad for the country, but good for a Trumpian attitude toward American politics.

The last-minute ambush validates key assumptions of Donald Trump's supporters that fueled his rise and buttress him in office, no matter how rocky the ride has been or will become. At least three premises have been underlined by tawdry events of the past weeks.

First, that good character is no defense. If you are John McCain, who genuinely tried to do the right thing and carefully cultivated a relationship with the media over decades, they will still call you a racist when you run against Barack Obama.

If you are Mitt Romney, an exceptionally earnest and decent man, they will make you into a heartless and despicable vulture capitalist, also for the offense of campaigning against Obama.

If you are Brett Kavanaugh, a respected

member of the legal establishment who doesn't have a flyspeck on his record across decades of public service in Washington, they will come up with dubious accusations of wrongdoing from decades ago when you were a teenager.

Second, that the media is an unremitting political and cultural adversary. In the Kavanaugh controversy, the press has been wholly on the other side, presuming his guilt and valorizing his accusers and their supporters, including Hawaii Sen. Mazie Hirono, whose most famous contribution to the debate was telling men to "shut up."

Third, that politics isn't just rough-and-tumble; it's red in tooth and claw. Process and norms are nice, but they go out the window as soon as something important is at stake, like a potential fifth vote on the Supreme Court to overturn Roe vs. Wade.

Senate Democrats may delicately talk about the importance of norms and civility on Sunday shows, but watch how they act. They sat on an accusation throughout an extensive process of vetting and questioning a nominee, then declared it dispositive evidence against his confirmation when it leaked at the 11th hour. They delayed a hearing with Christine Blasey Ford long enough to allow time for the second accus-

er to be persuaded to come forward.

All of this plays into Trump's support. Surely, a reason that the president appealed to many Republicans in the first place, despite his extravagant personal failings, was that they had decided that virtuous men would get smeared and chewed up by the opposition's meat grinder, so why be a stickler for standards?

If Trump's attacks against the media are over-the-top and sometimes disgraceful, at least he understands the score.

He may not be a constitutionalist, but he will be faithful to his own side, and fiercely battle it out with his political opponents.

The logic of this dynamic is risky. It can be self-defeating, and lead down the road of supporting, say, a Roy Moore, a kooky candidate doomed even in red Alabama. It can be corrupting, if character and standards are no longer considered important. But the dark view of our politics that has driven the Trump phenomenon for three years now is impossible to gainsay. Who can watch the frenzied assault on Brett Kavanaugh and say that it's wrong? ■

— Rich Lowry is editor of the National Review.

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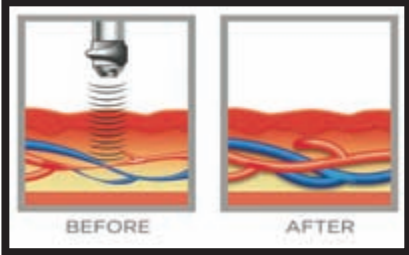
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Upcoming forum aims to clarify constitutional amendments

In an effort to clear up some of the confusion surrounding the proposed constitutional amendments, a consortium of civic groups are sponsoring a public forum from 6-7:30 p.m. on Thursday, Oct. 11, at the North Naples Church.



TRECKER

The forum is free, with open seating. Everyone is invited to attend and bring questions for the panelists.

Twelve amendments will appear on the November general election ballot, but three are still under review by the Florida Supreme Court and could be invalidated. Adding to the confusion, many of the amendments are "bundled," with several unrelated provisions contained within a single amendment. The voter can't separate the provisions. A vote for one is a vote for the entire package.

"It's been a long time since we've seen a lineup of amendments this complex. Hopefully the forum will help people sort through some of the confusion," said Dave Trecker, president of the Collier Citizens Council, which is one of the forum sponsors.

Three amendments will be featured at the forum, with pro/con speakers for each. The remaining amendments will be explained and discussed.

Amendment 1, providing an increase in the homestead exemption, will be supported by Dr. Jim Carter, a management consultant and local Republican leader, and opposed by Amber Hughes, senior legislative advocate for the Florida League of Cities.

Amendment 3 would give voters rather than the Legislature control of casino gambling in Florida. John Sowsinski, chairman of "Voters in Charge," will speak in favor of the amendment, and Isadore Havenick, vice president of Magic City Casino and the Bonita dog track, will speak against it.

Amendment 13, which would in effect ban greyhound racing in Florida, has raised strong feelings on both sides. Kate McFall, state director of the U.S. Humane Society, will argue in favor of the amendment, and Christopher Grieb, a greyhound trainer representing the Committee to Support Greyhounds, will oppose it.

Discussion of the remaining amendments will be led by Patrick Neale, a prominent local attorney and state law expert.

In addition to the Collier Citizens Council, forum sponsors include the Collier County League of Women Voters, the Greater Naples Chamber of Commerce, Collier County Presidents Council, Greater Naples Better Government Committee, Naples Press Club and Greater Naples Leadership. ■

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“You have to do everything from seed to sale.”

— Michael Costa, regional dispensary operations manager for Curaleaf

WEED

From page 1

now more than 1,700 physicians in Florida for you to choose from.

Via doctor's orders, patients who suffer from various ailments such as chronic pain, migraines, PTSD, anxiety and life-threatening illnesses are entered into a state registry and apply for a medical marijuana identification card. As of press time, there were close to 130,000 active state ID card holders.

Once you have your card, which the state says takes about a week, you can go to a dispensary and purchase marijuana. There are only 14 companies approved by the Department of Health called Medical Marijuana Treatment Centers that operate 55 retail storefront dispensaries throughout Florida. MMTCs are the only businesses allowed to grow, process and sell the product in the state.

“So you have to do everything from seed to sale,” said Michael Costa, regional dispensary operations manager for Curaleaf, an MMTc that runs 11 dispensaries in Florida, including in Fort Myers and Lake Worth.

Curaleaf's marijuana plants are grown and processed in Miami-Dade County. The state limited MMTCs to 25 dispensaries each in Florida, so you'll probably see new ones popping up.

Since Florida does not allow smoking marijuana, vaping is the thing closest to it. Curaleaf's most popular products are vape cartridges that are either filled with oil infused with marijuana compounds or the dried flower or bud itself sealed inside a pod.

Notably, cannabis with significant amounts of THC is much more popular than the “low-THC” varieties. In just the week of Sept. 14 to 21, retail stores dispensed 40.1 million milligrams (or 1,446 ounces) of medical cannabis, including 1.9 million milligrams of the low-THC variety, the DOH says.

It's still illegal to own or grow the flower, or roll and smoke a joint, though this state rule is being challenged in court, one of many areas of litigation over Florida's implementation of Amendment 2. Right now you can pretty much just buy edibles and oils, and you can vape. Depending on your doctor's recommendation, there are different varieties and strengths. While CBD (cannabidiol) oils provide benefits without getting you high, others with more THC do cause those effects. Usually doctors suggest a combination of the two.

Pretty easy, right?

So where do you start? What doctor should you see? Are there dispensaries near you? Check our updated cannabis guide and dispensary map on the following pages to get to the bottom of it all.

The amount of marijuana consumed in the United States is roughly estimated as a \$10 billion to \$20 billion business. These numbers are far from perfectly accurate as for the most part, transactions for product are mostly off the books because sales and consumption are still federally prohibited.

States such as Colorado, Washington, California, Oregon, Maine, New Hampshire and Alaska, which have legalized recreational use, have seen increases in sales and tax proceeds in addition to population surges and rising median real estate values. In Florida, medical cannabis sales are currently not taxed.

In addition to getting the bottom of the basics a consumer may wonder about, there are a few weird questions we had to ask.

Can you overdose on marijuana? No. You cannot overdose and die from mar-



COURTESY PHOTO

Inside Curaleaf, an MMTc that runs 11 dispensaries in Florida, including in Fort Myers and Lake Worth.

ijuana. But if you take way too much — which is especially easy to do with tasty edibles like brownies — it's not uncommon to spend a few very long, unpleasant hours riddled with anxiety.

Can you invest in marijuana companies? Yes. But first read Florida Weekly Money & Investing columnist Eric Bretan on why you should “hold off on buying marijuana stocks” in last week's edition.

How much will this industry be worth by 2020? Florida estimates a \$1.6 billion industry by then — not including the possibility that recreational pot will become legal.

In this edition you'll also find Q&As with local medical marijuana experts.

That includes Fort Myers physician Dr. Gregory R. Sonn, who runs Iona Cannabis Clinic. He is one of a growing number of doctors certified to approve patients for an official Florida medical marijuana ID card and order a variety of products for them.

Dr. Sonn's Iona Cannabis Clinic has opened offices in Key West, Islamorada, and last month in Port Charlotte where Dr. Tucker Greene, who worked in emergency medicine and medical toxicology in Southwest Florida, including for 15 years at Cape Coral Hospital, will preside over exams.

“We're trying to broaden our patient base and provide more service to people in other areas,” said Jodi Hahn, regional manager and executive assistant for Iona Cannabis Clinic.

Also, Cole Peacock of Apothecary Specialists, a medical marijuana consulting firm, gives background on the emerging industry, how tough it is to become a state-approved grower and the regulations that undergird Florida's fledgling cannabis market.

Why shouldn't you continue to buy illicit weed from your dealer and CBD oil from gas stations?

For many marijuana smokers, it is relatively easy to get it from their local, albeit illicit, dealer. A quarter ounce baggie of fairly potent dried buds costs about \$100 “on the street.”

Dr. Sonn in Fort Myers estimates many patients spend \$45 to \$100 per month on product, though it could cost much more. A marijuana patch can cost \$300 per month. And it costs \$225 for an

initial visit to Dr. Sonn, plus the cost of applying for a Florida ID card and renewing it every seven months. None of that is covered by insurance.

So why not go to a dealer — besides the obvious fact that it is illegal (possession of less than 20 grams is a first-degree misdemeanor in Florida)?

“When you're buying cannabis off the street you don't know what you're getting, it's not tested, you don't know what potency it has, you don't know if there are contaminants in it,” Mr. Costa of Curaleaf said. “Us being regulated by the Department of Health, we have to test everything for safety before it goes out our door. We also test for potency.”

And there is medical expertise.

“Lastly, there is the piece of the physician. Patients are typically working with physicians to allow physicians to manage their (use) in coordination with any other medications they're taking.”

When it comes to CBD oil, Mr. Costa argues again that the approved medical variety is safer and more reliable in its production and dosing.

“So if you have a patient with seizures or various other conditions they will know that you are getting exactly what you're getting and you can rely on it,” he said. “Everything is tracked. It's very similar to a pharmaceutical or food manufacture that would have that same certification.”

Cannabis culture fest

Interest in medical marijuana has become widespread even among some who have never used it in the past in any form.

On Sept. 21, Dr. Sonn and his staff held an after-work Cannabis Culture Fest social seminar at the Broadway Palm Dinner Theatre. A huge marijuana-leaf ice sculpture greeted guests, who ranged in age from their 20s to the 80s. Most appeared to be aging baby boomers.



EVAN WILLIAMS / FLORIDA WEEKLY

Jaime Renee Cruz of Cruz Cannabis Cooking and associate Ashleigh Rankin demonstrate how to make cannabis-infused gummy bears.

Afterwards about 60 people, nearly half of the 125-person limit on the invitation, signed up for a visit to potentially become a Florida marijuana ID cardholder, said Iona Cannabis Clinic regional manager Ms. Hahn.

People mingled outside the auditorium, where Florida's Medical Marijuana Treatment Center businesses, which operate dispensaries, including Curaleaf and Trulieve, had displays and answered questions.

At another table, Jaime Renee Cruz of Cruz Cannabis Cooking, and associate Ashleigh Rankin, showed attendees how to make marijuana candies.

Fort Myers native Stephanie Sumasky, 27, is one of Dr. Sonn's patients. She vapes (a cartridge filled with marijuana oil is fitted into a vape pen) as well as makes edibles to control pain and anxiety, and as a form of stress relief.

“It's awesome how many people it's helping,” she said. “I just think it's taken off. It's an awesome thing that a plant can help so many people.”

The fading, rearranging, but still prevalent stigma of marijuana culture was a theme underlying the event.

One 81-year-old Fort Myers man who got a prescription to use CBD infused marijuana oil to control the pain and nausea associated with radiation treatment for prostate cancer declined to give his name. He puts six to 10 drops of CBD oil in his coffee each morning.

“I think there still is a stigma,” he said. A Lee County high school teacher, Cape Coral resident Stephanie Peace, 44, said she wants to be honest with her students about marijuana and how it helped her after she was diagnosed with stage 4

lung cancer. But she treads carefully. "In my profession I have to be super careful," she said.

After her cancer diagnosis in 2015, the illness metastasized to other parts of her body. Although she had not previously been a recreational or medicinal user and didn't especially want the drug in her house, her loved ones had used it with success.

"It's worked for people close to me on arthritis and Alzheimer's (symptoms)," she said, "and I thought, what do I have to lose?"

In 2016 she started taking marijuana, often by making her own edibles, and adjusting her own dose. The first time she tried it, she simply got high. But she also found it helped her cope with anxiety during a difficult time, boosted her energy level, helped her sleep and eased inflammation from her chemotherapy medication. Thanks to surgery and other treatment, her cancer is now in remission.

She also believes marijuana may have increased the effectiveness of her chemotherapy, a claim that can't be proven for lack of research, though Dr. Sonn suggested in his presentation that cannabis could amplify the effect of other medications.

"No doctor can tell me," she said, "how did the chemo and the cannabis affect each other?"

Dr. Sonn made his way around the room before attendees filed into an auditorium and munched on some provided snacks as he lectured and took questions for about 45 minutes. A physician who practiced hospice and palliative medicine for 18 years before starting his own health and wellness practice four years ago, Dr. Sonn has a passion for the potential medicinal effects of cannabis.

"I am a true believer in cannabis as medicine," he said. "I believe it's a natural source."

Most of his patients are age 50 to 80, he said, and suffer from inflammatory conditions such as arthritis, that cannabis can help relieve.

One man in the room called out, "A lot of us, I think, are dying to decrease the opioids." Could marijuana help do that?

More marijuana, fewer opioids?

Dr. Sonn explained that it depends on each individual's level of commitment and situation but that marijuana can be used to wean patients off opioids.

One of Dr. Sonn's patients, a 49-year-old Cape Coral man named Scott, said marijuana helped him mostly stop taking opioid pain medication. He declined to give his last name because of the still-lingering stigma of impropriety around pot smoking, while almost no one would hide from being an occasional drinker.

"There's definitely still a stigma to it, but it's going the other way, man, it really is," he said. "But there's still that — and people don't believe it's medicine."

Around 2013, Scott started buying weed from a dealer and infused it with coconut oil using a countertop Magical Butter herb extractor. At the time he had been on prescribed opioids including Percocet and morphine for more than three years. The marijuana allowed him to wean himself off regular use of those harsher drugs, he claims, and by the time he went to Dr. Sonn in 2017 he was only taking one pill every now and then.

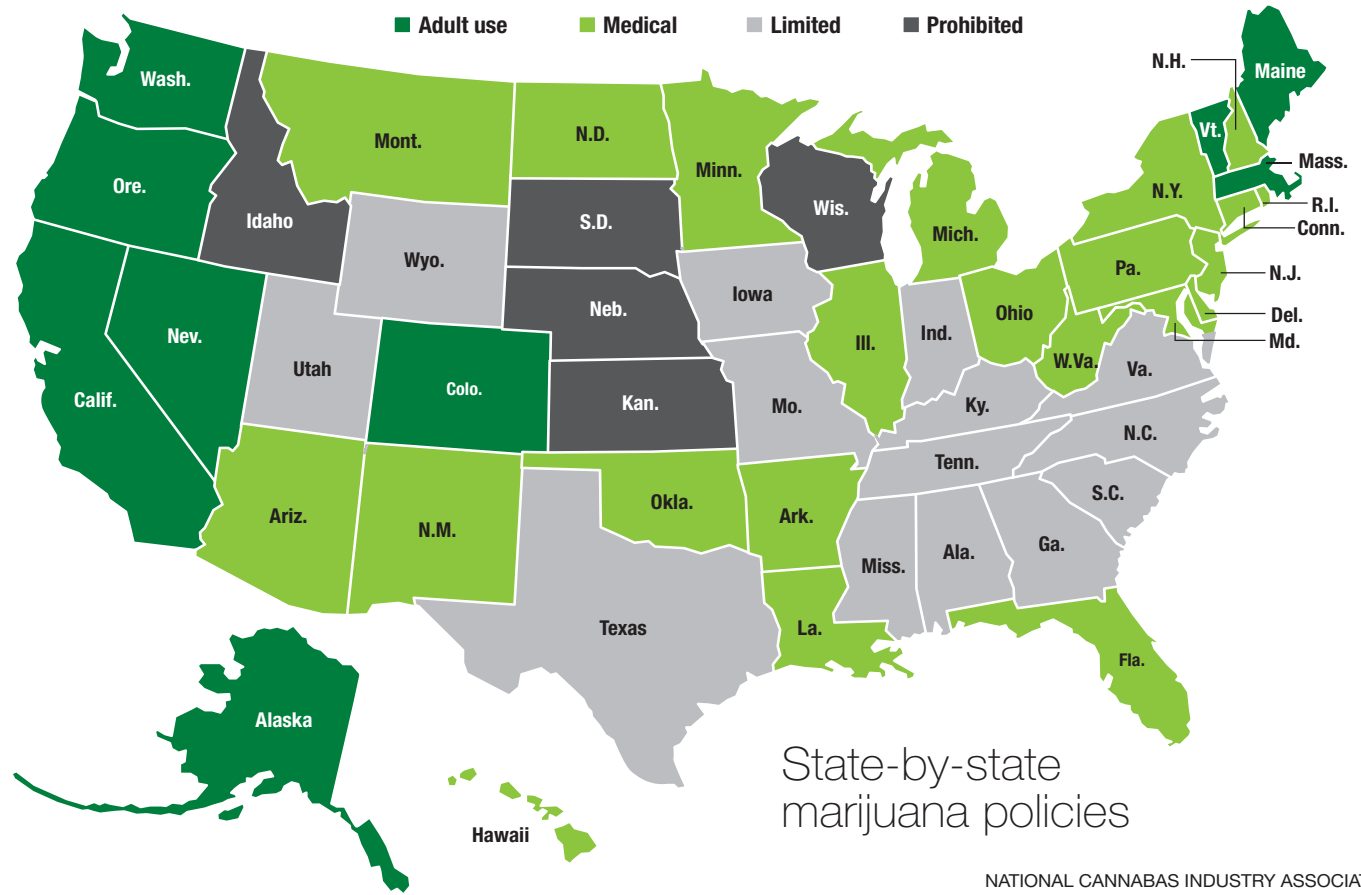
The medical marijuana experience has allowed him more variety and control over his use of the drug, and allows him to experiment with new products.

"There's a lot of variety and they're coming out with new things," he said. "I use 'em all. I vape. I usually take the (CBD oil) three times a day."

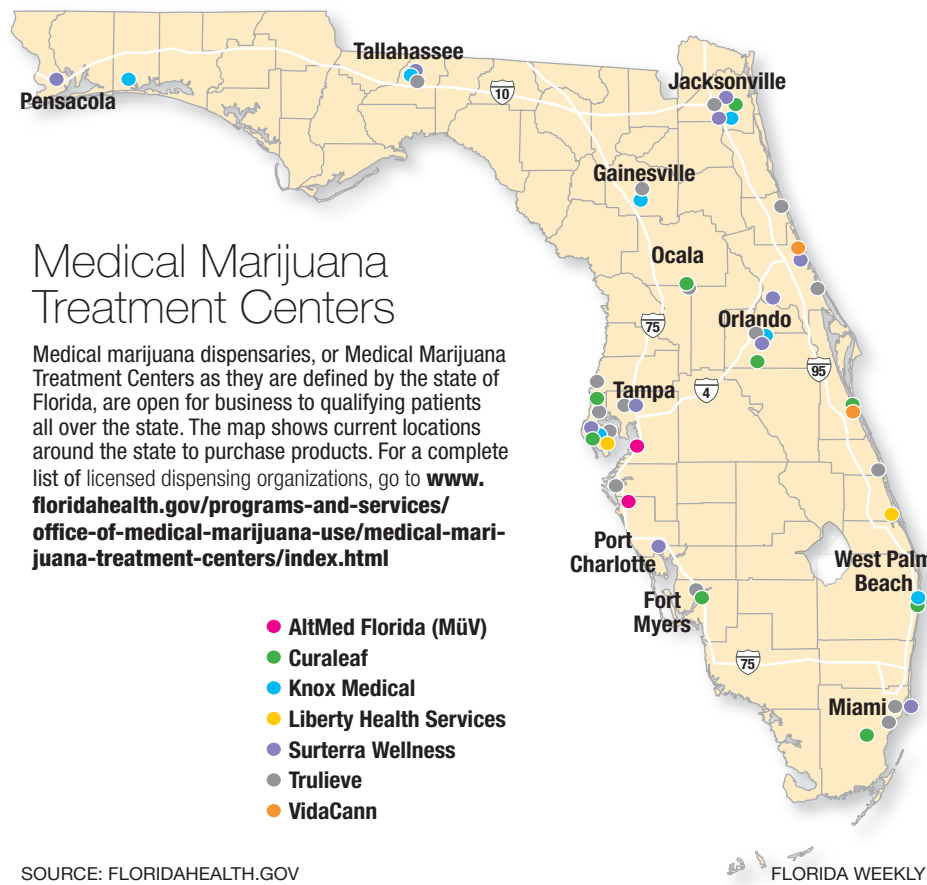
Depending on his pain level, he adjusts how much CBD and THC he takes to find a balance that works for him.

"The last four days I slowed down on my nighttime THC," he said.

SEE WEED, A10 ►



NATIONAL CANNABIS INDUSTRY ASSOCIATION



SOURCE: FLORIDAHEALTH.GOV



Steps to getting medicinal marijuana

- 1. Go to a doctor** qualified to prescribe medicinal marijuana. The doctor will be on the medical marijuana use registry. You must have a state ID card. When approved he will give you a prescription that you can bring to a medical marijuana dispensary.
- 2. Register with the state** to get your medical marijuana identification card. You can do this on your own or your doctor can help you with this. There is a \$75 registration fee.
- 3. Go to a dispensary** called a medical marijuana treatment center. Show your medical marijuana identification card. You can then purchase a variety of cannabis products.
- 4. That's it.**

** Be sure to consult with your doctor and attorney regarding usage, dosage and all concerns before trying at home.*



Products

The types of products you will see at Florida's dispensaries include those shown here by Curaleaf, including capsules, vape pens, cartridges and oils.

Physicians

Physician List

(licensed and trained to recommend cannabis / medical marijuana in Florida):

www.floridahealth.gov/programs-and-services/office-of-compassionate-use/_documents/completed-cme.pdf



Dr. Greg Sonn Q&A

- >> **What dangers, if any, do you feel you have to remind patients of the most?** You cannot be impaired. And pregnancy information, which is mandatory by state regulations.
- >> **How would recreational legalization change things for you?** I think it would hurt marijuana as medicine because it would allow the casual user any product, which means the idea and prescription would be minimized. Plus, my elderly or marijuana naive patient, which is 60 percent of my patients, would be reliant on a bud tender. (Same goes for flower.) Which if you were any other doctor in the area, would be a good thing. Most have minimum knowledge, but I know the medical and I teach and educate.
- >> **What are the biggest obstacles to your business operating here in Florida?** The other big companies in Florida were non-physicians. They came in to Florida from Nevada, Colorado and Arizona, advertised for a doctor and got started. I know; they hit me up early in the process.
- >> **What are the biggest misconceptions you are seeing in our community when it comes to medicinal marijuana?** They think they will be "stoned" all the time, or "I don't want to give up my guns."
- >> **Does insurance cover this?** No. I doubt it ever will. I also think this is why it won't be "legal" at the federal level. Too much money to lose. Insurance companies, VA drug plans, Medicare Part D, the list goes on. Plus I don't think the government really wants the population as a whole to be healthy.
- >> **What varieties of marijuana would you recommend?** Depends on condition and patient and wanted outcomes. "The entourage effect" and "micro dosing" are ... (important considerations for me and my patients).
- >> **What is the difference from those who self-medicate and the product that you offer?** You mean illegal marijuana? One form is legal, consistent, available in all type of strength percentages. Completely reproducible. The other is illegal and you could go to jail. ■



SONN

WEED

From page 9

He also has a choice between strains that include more Sativa marijuana, which typically leaves patients more awake, and Indica, which is more likely to cause drowsiness.

“It’s all trial and error, what works for you and what makes your whole body sync up,” he said. “You have to figure out where you get loopy and where you don’t so you can function.”

The marijuana is less powerful than the opioids in its level and immediacy of pain relief, he has found.

“The opiates, like you could take a pain med, a couple hours you feel total relief,” he said. “(Medical marijuana) will make things better but it doesn’t make it totally go away. Another thing, you don’t feel like a zombie either. (With opiates), you’re in a daze. That doesn’t happen now.”

A survey on cannabis research by the National Academies of Sciences, Engineering, and Medicine found insufficient evidence to either support or refute the success of cannabis users achieving abstinence from other addictive substances.

But a more recent study published in the American Journal of Public Health in November 2017 found that the legalization of recreational cannabis resulted in a modest short-term reduction in opioid-related deaths. Another study published in JAMA in May found that there was a reduction in opioids prescribed in the Medicare Part D population in states with medical marijuana policies.

FDA UN-approved

Dr. Gene D. Mahaney, president and medical director of Pain Management Consultants in Fort Myers, is a specialist in anesthesiology, pain management and addiction medicine.

Dr. Mahaney is hesitant to write orders for medical marijuana for patients because the drug’s ongoing illegal status at the federal level could put his practice at risk of being prosecuted, even if that’s unlikely.

“So it puts us in a bit of a quandary in that patients we think would be appropriate, there is a concern of the DEA coming in and taking away your license for doing that,” he



MAHANEY

said, noting that that has happened in California and Oregon.

“...(And) anyone who receives federal funding would be at risk.”

The federal Drug Enforcement Administration still classifies marijuana along with heroin and other hard drugs as a schedule I controlled substance with “no currently accepted medical use” — a definition denied by states including Florida, by patients, doctors, and researchers across the world.

While there has never been an overdose death attributed to marijuana and many doctors call it safer than alcohol, the DEA lists morphine, oxycodone, and even fentanyl, drugs which continue to cause thousands of overdose deaths each year, as having a lower potential for abuse than cannabis.

The Rohrabacher-Farr amendment passed in 2014 prevented the U.S. Department of Justice from using federal funds to “interfere” with states’ medical marijuana laws, according to the National Conference of State Legislatures.

“So there is some protection for doctors, patients and providers at the state level,” Mr. Costa of Curaleaf said.

But early this year, Attorney General Jeff Sessions appeared to reverse or weaken that rule in a memo giving U.S. Attorneys permission to once again prosecute in any state based on the old Controlled Substances Act of 1970, which prohibits cultivation, distribution, and possession of pot.

Dr. Mahaney and other physicians are against the federal ban because it has effectively made impossible — at least in the United States — the gold standard, randomized controlled studies that could potentially provide definitive evidence of some of the claims patients have made about marijuana’s effectiveness and vastly expand its use and effectiveness as medicine.

“There’s so much we don’t know with it,” Dr. Mahaney said. “It’s very hard to quantify its exact potential, to be honest.”

The lack of research and the federal ban has also led to a medical marijuana market where mainstream providers may be left out of the loop and patients often don’t get accurate information, Dr. Mahaney said. They may get directions for use from a clerk at a dispensary rather than a highly trained pharmacist, for instance.

“I think unfortunately the process for obtaining medical marijuana has been problematic for patients.”

That’s not to say there hasn’t been substantive research. Dr. Mahaney points out robust studies in Israel and the Netherlands, and is convinced of marijuana’s

effectiveness in treating some ailments: nausea (related to chemotherapy), seizures, as a sedative, and for mild pain relief. He believes marijuana could help patients reduce though not replace opioids and other prescription drugs.

“As a pure analgesic, it’s not much stronger than Tylenol No. 3,” he said, a pain reliever that includes acetaminophen and codeine.

“I think (medical marijuana) would be a good adjunct for pain management if it could be used in the context of replacing some of the benzodiazepines (Xanax, for example) and may be used in reducing the amount of narcotics people take.”

Survey of cannabis research finds more research needed

In contradiction to the DEA’s severe stance on weed, the National Academies of Sciences, Engineering, and Medicine in 2017 published a comprehensive survey of marijuana research, recommending that “steps be taken to overcome regulatory barriers that may make it difficult to do research on marijuana’s health effects.”

The report details about 100 reports on cannabis since 1999 and concludes based on the quality of the research how conclusive the results are. For instance, it found “conclusive or substantial evidence” that cannabis or cannabinoids are effective in treating chronic pain in adults, chemotherapy-induced nausea and vomiting, and improving patient-reported symptoms of multiple sclerosis.

Maybe the most conclusive research of all is that more research is needed. The list of conditions for which there is limited or insufficient evidence to support claims associated with marijuana, include, to name just a few: as a treatment for cancers, epilepsy, the symptoms of irritable bowel syndrome, curing addictions, improving symptoms of dementia, of post-traumatic stress syndrome, and better outcomes after a traumatic brain injury.

There is also substantial evidence of cannabis use and increased risk of car crashes, as well as the development of schizophrenia and other psychoses, especially among frequent users.

A U.S. Department of Health and Human Services web page notes that cannabis has been used “for a variety of health conditions for at least 3,000 years.”

Dr. Mahaney sees the federal government backing off approach eventually, if and when more states legalize the drug. In spite of federal rules, that’s clearly

not stopping the medical marijuana industry from rolling ahead in Florida, at least as far as possible within the state’s own limits.

Like weeds

Michigan-based Liberate Physician Centers employs doctors and staff at clinics there and in Illinois, Colorado and Florida. After officially opening its first Sunshine State office in West Palm Beach in 2015 — in anticipation of the 2016 vote — Liberate has opened clinics both by corporate expansion and franchising in Jacksonville, Port Charlotte, Fort Myers and Naples.

“We’re working on rolling out 10 new offices across the state,” said the company’s chief operating officer, Mark Turgeon, who oversees the Palm Beach office.

Potential areas of expansion include all sides of Florida. Mr. Turgeon mentioned Boca Raton, Fort Lauderdale, Miami, Tampa, Lakeland, Jacksonville and Orlando as possible locations.

Sensitive to the perception of the medical side of business catering to recreational users, he pointed out, “this is not about pot heads and kids getting stoned or anything like that.” Liberate patients’ average age in Florida is mid-50s.

“So our whole belief is, our physician centers are basically like wellness centers and we’re helping people with pain management in a holistic method, not writing prescriptions but making recommendations to people who qualify for medical marijuana cards,” he said. “We feel that and we know that we have changed people’s lives and we have testimonials from patients who got off the opioids and don’t have all those side effects anymore. You can’t get addicted to marijuana. And nobody’s ever died (of an overdose) from marijuana. And there are people dying every day from opioid addiction and overdose.”

But he also suggests that there is a significant amount of crossover between medical and recreational use. When Florida legalizes recreational marijuana, which some predict will happen in perhaps five to 10 years, that could change the market, he said.

“Recreational kind of changes the playing field a little bit because everybody can just walk in to a dispensary and get what they need, they don’t need to go through getting a medical marijuana card anymore.” ■



TURGEON

Cole Peacock Q&A

Mr. Peacock is a consultant for Apothecary Services, which advises those interested in beginning a medical marijuana business.

>> How hard is it to get approved to grow marijuana in the state? The state imposed stringent qualifications to receive a license ranging from 30-plus years of farming / growing in Florida to an exhaustive application process that, on average, costs multi-millions with no guarantee of being rewarded a license.

It is an extremely difficult process for license holders to receive the right to operate in Florida. Rightfully so, as the state wants to ensure that this industry is regulated correctly so we do not have shady businesses trying to operate in our state.

This follows the core values of Apothecary Specialists, founded in 2016, with the goal of providing “best-of-breed” services at the legislative and local levels, retail operations and preferred real estate locations. AS believes successful and sustainable companies in the medical marijuana sector share a common denominator of implementing best practices at every level of their companies. That stated, our team of industry experts and consultants, regulatory analysts, lobbyists, retail executives, marketing experts, writers and researchers provides expertise in all areas needed for our clients.

>> How big do you see this getting in Florida? Based on industry projections and the steady growth over the last year, this industry is set to be one of the largest industries in the state of Florida. Arcview Market Research, the leading publisher of cannabis market research, in partnership with New Frontier Data, the cannabis Big Data and analytics authority, has released its Florida Legal Cannabis Market State Profile, which shows the potential growth of the medical market after Florida voters overwhelmingly chose to legalize medical marijuana with more than 70 percent of the

vote. The official Arcview Market Research projection for the Florida market is \$1.6 billion by 2020 at a compound annual growth rate of 140 percent.

>> Do you see Florida ever getting recreational marijuana use approved? If so, how will that affect your business?

We believe Florida has the potential to go recreational in the next five to 10 years as it becomes a more accepted means of medicating. That time period could change depending on how/if the political landscape changes, but in general, watching other states, the recreational market tends to follow as the population accepts the medicine.

That said, the industry is so young the focus now is to properly identify dispensary locations, building community relationships and respect as well as serving the patients in need and ensuring those patients can receive the best care.

Our real estate business is securing locations not only for the current medical cannabis industry but also for the potential of recreational so that we are positioned with sustainable locations well into the future.

>> What are the biggest misconceptions you see in our community when it comes to medicinal marijuana? Not being educated about the industry and how it will operate in our state. The reality in Florida is medical marijuana is legal and it is going to be a significant industry in our state. The state of Florida implemented a highly regulated platform for the industry that aligns with pharmacy protocol and procedures which truly helps make the industry operate at the highest professional standards.

Florida was smart to implement a pharmacy-like process with a state registry of sales from all license holders to prevent any types of



PEACOCK

abuse, illegal sales or improper management. This protects the patients and businesses.

For those who think there will be flashing pot signs outside of a dispensary you may be disappointed as that is not allowed in Florida, nor is a walk-in dispensary. Patients have to see a state approved medical cannabis doctor and receive proper evaluations based on their ailments. Once the state approves the patient he can enter a dispensary and receive a product that matches his prescription, much like a visit to CVS.

>> How do you see jobs being created? This will be one of the largest employment industries in the state. You have thousands and thousands of jobs being created by each license holder not to mention the companies being created to support the industry. The job market will produce cannabis doctors with full staff and multiple locations, dispensaries that will employ thousands of jobs ranging from management positions to customer service positions. The security companies that are hired to protect the grow facilities and dispensaries. Marketing companies, industry consultants, testing labs with staffing that ranges from high-level scientist to lab managers as well as the grow facilities that will have full staffing from master growers, multiple team growers, budtenders, operations, marketing, branding, human resources and general support staff. I truly believe this industry will eventually be in the top tier of jobs creation in the state of Florida.

>> What is the biggest difference over where Florida is with medical marijuana now, over last year? The industry is ever-changing and the biggest difference is the increase in patient count and demand for products. Coupled with that are several potential licensee lawsuits and industry regulations pertaining to dispensary operations. I believe companies like ours with expertise in the industry will play a major role in upcoming legislation, the expansion and operations of dispensaries and real estate locations. ■

Quotables ... what some are saying

“Medical marijuana is a crucial alternative to deadly and addictive opioids. People suffering from terrible conditions have found relief, and we’ve seen a 25 percent reduction in deaths by opioid overdoses in states which have allowed medical marijuana. This growing industry strengthens our economy while ensuring access to medicine that people need badly. As commissioner of agriculture, I will work to expand patient access and champion new economic opportunities that come along with the growth of medical marijuana in Florida.”



FRIED

— **Nikki Fried**, Democratic nominee for agriculture commissioner

“I think medical marijuana can go a long way to help curb/treat the opioid crisis we now have. No one has died from a marijuana overdose ... This is going to be a huge market in Florida.”



BRUECK

— **Dr. Robert Brueck**, Liberate Physician Centers

“As leaders of this state, we must support and swiftly implement constitutional amendments. As attorney general, I pledge to adhere to that expectation and responsibility and recognize that over 70 percent of Floridians agreed that marijuana should be legal in medicinal form. After extensive hearings, the legislature, in balancing its responsibility to protect the welfare of Floridians with its mandate to allow for medicinal use of marijuana, enacted a law that did not permit the smokable form of marijuana, but made the drug legal for specific purposes. When a defense of state law is justifiable, there exists a duty to defend that law in court and, thus, the litigation to clarify the amendment’s scope is reasonable and not unexpected in light of the significant change to Florida’s drug laws.”



MOODY

— **Ashley Moody**, Republican nominee for Florida attorney general

“@FLGovScott has done everything in his power to block the will of the people. I had to sue and win. Now he’s appealing. @RonDeSantisFL is more of the same. @AndrewGillum would drop the appeal day one and backs my effort to legalize it!”



MORGAN

— **John Morgan**, Morgan & Morgan; forthepeople.com

“I think medical marijuana was long overdue for use as an effective tool to overcome opioid addiction. I believed that as a prosecutor and I believe it now. I have seen evidence of those benefits, with close, beloved friends or colleagues using medical marijuana to ease heart-wrenching suffering and life-damaging addiction.”



MOLLOY

— **Douglas Molloy**, defense attorney with over 30 years in the criminal justice system

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Living well is the best revenge — imagine a world without cancer

BY MAUREEN CHODABA

It has been said that living well is the best revenge against one's enemy. If that enemy happens to be something that has threatened your very survival, your definition of living well takes on a whole new meaning. It has nothing to do with extravagance and luxury. The concept of living well becomes a voice of hope with a force of its own. It becomes a celebration of life.

Cancer has been my worst enemy for more than 50 years. The disease began stalking my family in 1967 when my grandmother was diagnosed with breast cancer. Early detection of the disease, so crucial to survival, did not exist in those days. Wide spread use of mammography as a screening technique did not come about until well after a 1966 study demonstrated the positive impact of mammograms on survival rates. Unfortunately, that was too late for my grandmother. She passed away from the disease in 1968.

At that time, the disease also carried a stigma. No one spoke of it. I don't know if it was the word "cancer" or the word "breast," but the disease was spoken of only in hushed tones. This taboo of silence gave power to the disease; power that could only be destroyed by the voice of awareness.

The stalker made its return in 1979 and 1984 when my mother was diagnosed with two separate bouts of breast cancer. Early detection was the key to her survival. At that time, mammograms were used routinely. People spoke about a seemingly new concept of "breast cancer awareness." Women

were encouraged to perform monthly self-examinations of their breasts to check for lumps and other suspicious changes. There were even support groups for those who were diagnosed with breast cancer. My mother was helped by the Reach to Recovery program of the American Cancer Society, a support system that links breast cancer survivors with newly diagnosed patients. She later became a volunteer herself. Perhaps the acknowledgment that there were survivors of this horrific disease was the first step in the powerful force of living well.

Cancer still was not finished with its attack on my family. I was diagnosed with breast cancer in 1995. It seemed like the evil stalker was getting smarter, staging an ambush this time. I had two different types of breast cancer in one breast. The first type presented itself as a scaly rash that was misdiagnosed as dermatitis. Unfortunately, that was merely a disguise. As the months progressed from this initial appearance, a lump also emerged waving a red flag that there was something far more sinister in the lurks. The rash was finally diagnosed as Paget's disease of the nipple while the lump received the diagnosis of infiltrating ductal carcinoma. The cancer had also spread to the lymph nodes under my arm. Despite the advances in early detection, the disease



Maureen Chodaba

COURTESY PHOTO

proved itself to be a sneaky intruder of my life. I was a 38-year-old single woman with a job and a mortgage to pay, suddenly faced with the need for surgery and chemotherapy. The American Cancer Society came to my rescue with support from not only the Reach

to Recovery program, but the Look Good Feel Better program as well. This support program helps cancer patients deal with the cosmetic side effects of cancer treatments such as hair loss and changes in complexion. Look Good Feel Better lifted my spirits, giving me confidence and energy at a time when I needed it the most. It was one more way to take revenge on cancer by living well even in difficult times.

I didn't realize it at the time, but my best revenge on this monster was still yet to come. I fell in love and married the man of my dreams. My husband, Phil, is the light of my life who shows me how to live well every day of my life. I am truly blessed to be a breast cancer survivor. It has been many years since my last showdown with the disease, but I will never let my guard down. I am blessed with the opportunity to live well by being involved with the American Cancer Society, specifically with the ACS Imagination Ball and Relay For Life of Marco Island, two events that raise

funds to finish the fight against cancer once and for all. I dream of the day when cancer will never have the power to stalk my family again.

Imagine a world without cancer. Someday that world will be our reality. And that reality will be our best revenge. ■

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This October, Millennium will once again "go pink" across Southwest Florida to bring awareness to the fight against breast cancer. Early detection is key in fighting cancer! If you haven't already, please talk with your physician about your cancer risks and schedule your mammogram today. And, this isn't just for women. Men also need to consult with their doctor and share any family history of breast cancer. Mammograms save lives! Make sure you schedule one today.

Millennium is proud to support all of our team members and patients who are breast cancer survivors or currently fighting this battle. We also remember and honor those who we have lost to this disease. This month we "go pink" across our company for you -- our courageous fighters.

Sincerely,

Dana Planer, D.O.
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& Women's Health Advocate



www.MillenniumPhysician.com

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Baer's Furniture Shop for the Cure sets \$2 million goal in cancer fight

Baer's Furniture and the Baer family have raised nearly \$1.5 million for charity over the years, but no charity is as personal to the family and the business as the fight against cancer.

In observance of breast cancer awareness month, all 16 Baer's Furniture locations will celebrate a new "Shop for a Cure" campaign. The goal is \$2 million.

As a fundraiser, the campaign will work as follows: When someone makes a minimum \$1,000 purchase and donates \$100, Baer's will match that \$100 donation, plus give the customer a \$100 discount on their purchase.

"To us, business is personal," said Jerry Baer, president and CEO of Baer's Furniture. "Every family has been touched by cancer, and the Baer's Furniture family, which includes our wonderful employees and customers, is no exception. With thousands of transactions expected throughout the month at all 16 Baer's locations, we believe a considerable amount of money will be raised, and consider this effort as an investment in

our shared future as a community."

Baer's stores are located in Fort Myers, Naples, Port Charlotte, North Palm Beach, West Palm Beach, Sarasota, Stuart, Boca Raton, Lauderdale Lakes, Fort Lauderdale, Dania Beach, Pembroke Pines, Casselberry, West Melbourne, Pinecrest and Winter Garden.

"Our fourth generation has now joined our leadership team and we couldn't be prouder to continue to pave the way for future generations to act charitably," said Robert Baer, chairman of the board. "Every year as a family we enjoy participating in the Dolphin's Cancer Challenge, and contribute to organizations like City of Hope as a way of giving back to our community." All proceeds of this campaign will go to Sylvester Comprehensive Cancer Centers at the University of Miami Miller School of Medicine.

On Oct. 1, Baer's Furniture and the Baer family presented a \$100,000 check to benefit the Sylvester Center.

For more information, see www.baers.com. ■

Strides Walk set for Oct. 20 at Miromar

The American Cancer Society Making Strides Against Breast Cancer walks raise awareness and funds to save lives from breast cancer. Each event is a non-competitive three- to five-mile walk that brings people together to make a difference for everyone who has been touched by breast cancer.

The Southwest Florida Strides Walk is Saturday, Oct. 20, at Miromar Outlets, 10801 Corkscrew Road, Estero. Registration is at 7:30 a.m. and the walk begins at 9 a.m. Participants may register online or the day of the walk.

To learn more, call 261-0863. See www.swflstrides@cancer.org. ■

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COMMENTARY

Deep injection wells replace one bad practice with another

BY NICOLE JOHNSON

Environmental Policy director
Conservancy of Southwest Florida

At the South Florida Water Management District's recent governing board meeting, the district promoted a new idea for dealing with the water quality woes stemming from the mass dis-



JOHNSON

charges of polluted water down the Caloosahatchee and St. Lucie rivers.

This proposal would pump water during high-flow events 3,000 feet underground using Deep Injection Wells, or as the district has recently rebranded them, "emergency estuary protection wells."

There are a number of problems with this idea. First and foremost, it only



of this year, the Caloosahatchee experienced a Minimum Flow and Level exceedance — meaning the estuary

looks at half of the water management equation.

First, the Caloosahatchee River and estuary oscillates back and forth between extreme low flows and extreme high flows, and both are tremendously damaging.

During the first half of this year, the Caloosahatchee experienced a Minimum Flow and Level exceedance — meaning the estuary

wasn't getting enough freshwater before the high rainfall events in May, followed by the discharges that started in June.

We should all be focusing on solutions that address the needs of the entire system and recognize that throwing water away during excess times sets us up for extreme drought and low-flow conditions in the future.

Recently, drought conditions have occurred more often than not, and pursuing any plan that would permanently

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COMMENTARY

From page 15

remove freshwater from the system is not an appropriate way to expend taxpayer dollars or agency resources.

In fact, the comprehensive report on Florida's water future titled "Water 2070," prepared by the Florida Department of Agriculture and Consumer Services, 1000 Friends of Florida and the GeoPlan Center at the University of Florida, clearly indicates that Florida is on an unsustainable path for water supply.

Florida needs all of its freshwater if we are to support a growing population, agricultural needs and water for the natural system, including the Caloosahatchee and the Everglades.

Regardless of whether DIWs are being contemplated as a temporary strategy for emergency situations, this is merely substituting one wasteful water management practice (losing water to tide down the Caloosahatchee and St. Lucie) with another — losing the water by injecting it into the Boulder Zone.

This is not a quick or cheap proposal to implement, either. The capacity of the Boulder Zone is not understood, so test wells will need to be drilled and full implementation is estimated at approximately seven years at a cost of approximately \$300 million.

So instead of wasting our most valuable resource, at taxpayer expense, by injecting it underground, let's concentrate on maximizing surface storage throughout our watersheds, and fund and expedite Everglades Restoration projects with demonstrated ecological benefits.

These projects will provide hydrologic restoration, cleanse the water and reduce the damaging high-volume discharges to the estuaries, including the Everglades Agricultural Area Reservoir and the Central Everglades Project.

No matter how the South Florida Water Management District "rebrands" it, deep injection wells are not in the best interests of the state of Florida and its residents, today or in the future. ■

— *To learn more about the Conservancy of Southwest Florida's work, visit www.conservancy.org.*



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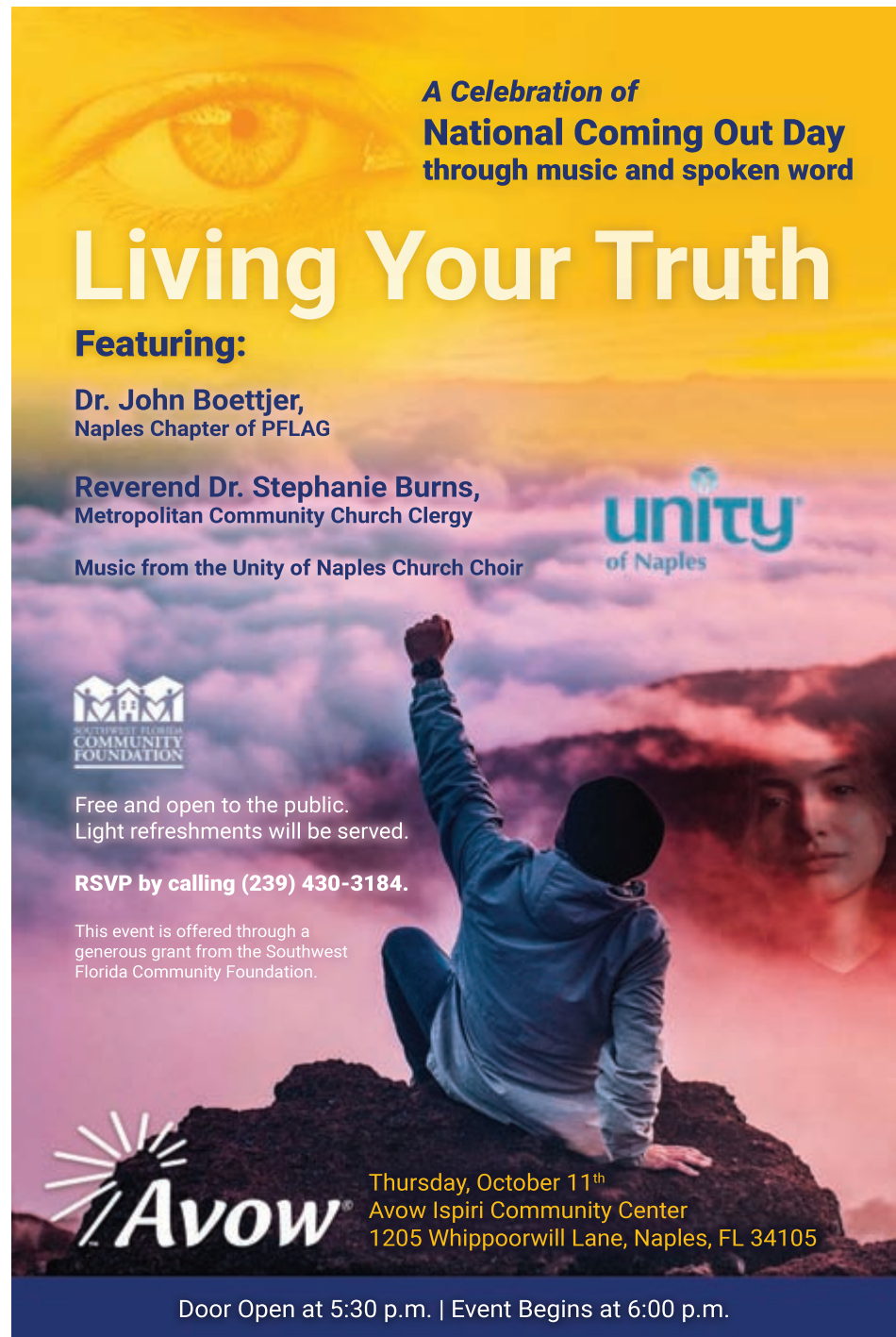
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NEWS OF THE WEIRD

BY THE EDITORS AT ANDREWS MCMEEL

Distributed by Universal Press Syndicate

Family values

Laurence Mitchell, 53, gets this week's Most Helpful Dad award for graciously driving his 15-year-old son and the son's girlfriend, also 15, to a Port St. Lucie park on Sept. 6 so they could "do their thang," as Mitchell described it. The Smoking Gun reported that when Port St. Lucie police officer Clayton Baldwin approached Mitchell's car around 11:30 p.m., after the park had closed, Mitch-

ell told him the kids "aren't out there stealing, they are just having sex. They could be out there doing worse." When the teenagers returned from the nearby soccer field, Mitchell's son told the officer they were "just smokin' and f--in'." Mitchell was charged with contributing to the delinquency of a minor, a misdemeanor.

Compelling explanations

■ While shopping at a Peoria, Ill., Walmart on Sept. 20, an unnamed 30-year-old woman filled her cart but also added a few items to her backpack: leggings, pencils, a quart of oil and a "Jesus Calling" Bible. After she paid for only the items in her cart, a loss prevention officer stopped her before she left the store. Peoria police were summoned, reported the Peoria Journal Star, and the woman explained to them she was hoping the Bible could help her spiritually: "(She) told me that it sounds strange, but she was trying to be more Christian," an officer reported. She was charged with misdemeanor theft.

■ After trying repeatedly on Sept. 12 to pull over a Toyota Prius driving with

expired tags on I-5 near Marysville, Wash., a Washington State Patrol officer finally caught up to the car at an intersection and verbally instructed the unnamed 42-year-old woman driver to pull over, reported the Everett Daily Herald. "I will not. I drive a Prius," was the woman's reply. The officer then asked her to step out of the vehicle, which she also refused to do, so he forced her out. "I will own your bank account," she told him. "I will own your house." When he asked her name, she responded, "None of your business." Finally, she was arrested for failing to obey instructions, failing to identify herself and obstruction.

No good deed

Tammie Hedges of Goldsboro, N.C., founded the nonprofit Crazy's Claws N Paws in 2013 to help low-income families with vet bills and pet supplies, so it was natural for her to take in 27 animals displaced by Hurricane Florence in September. Hedges treated many of the animals, found in the streets or surrendered by fleeing residents, with antibiotics and painkillers for fleas, cuts and other ailments. For that, The Washington Post

reported, she was arrested on Sept. 21 for practicing veterinary medicine without a license, after an official from Wayne County Animal Services visited the warehouse where the animals were housed. Kathie Davidson, a volunteer with Claws N Paws, said: "If she hadn't done what she did, then they'll be charging her with animal neglect and cruelty. What was she supposed to do?" Hedges was released on bond, and the charges were later dropped.

Bait and switch

Ironman triathlete Jaroslav Bobrowski, 30, of Landshut, Bavaria, was banned Sept. 14 from Running Sushi, an all-you-can-eat restaurant, for eating too much sushi. The Local Germany reported Bobrowski, a former bodybuilder, ate

close to 100 plates of sushi, which sent the restaurant into a panic and caused the owner and chef to tell him he was banished "because I'm eating too much." "He eats for five people," the owner complained. "That is not normal."

What was your first clue?

Romance novelist Nancy Crampton Brophy, 68, was arrested on Sept. 5 on charges of murdering her husband, Daniel Brophy, 63, in Portland, Ore., after apparently following her own advice, written in a 2011 essay titled "How to Murder Your Husband." In the essay, Crampton Brophy suggests that hiring a hit man is "never a good idea" and poison is traceable. Instead, reported The

Oregonian, she allegedly shot her husband on June 2 at the Oregon Culinary Institute where Daniel was a beloved chef. Police did not release a motive, and a neighbor said Crampton Brophy "never showed any signs of being upset or sad." On Sept. 17, she pleaded not guilty in Multnomah County Circuit Court, and her trial is set for Oct. 26.

People different from us

The Martin County Sheriff's Office has received repeated calls about a man in a Stuart neighborhood who conducts chores around the outside of his house in the nude. "I came out Sunday night to put the trash out, and I look over and he is bent over, winding up his hose, and I'm like that is my view of the neighborhood," huffed Melissa Ny to WPBF TV on Sept. 19. Other neighbors are taking a more measured approach. "Literally

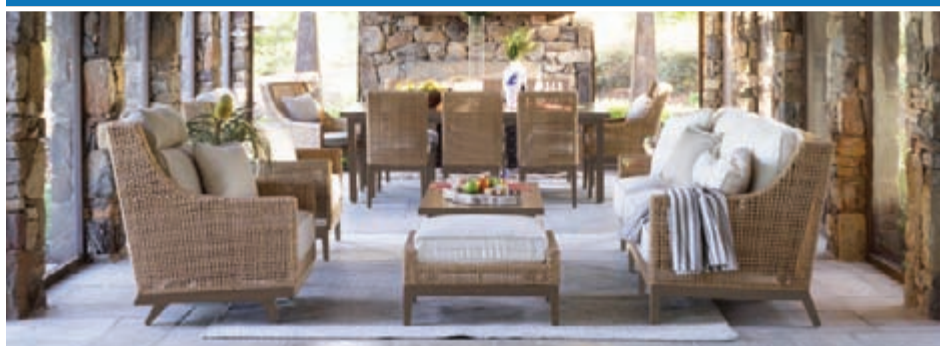
they are the nicest people you'll ever meet; they would give you their clothes if they had them on to give them to you," neighbor Aimee Canterbury told WPTV. The sheriff's department says there is nothing they can do as long as the man is on his own property and not touching himself inappropriately. The nudist declined to be interviewed, saying he and his family are private people. ■



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The Chevrolet Camaro has an advantage wherever it's parked. The name has been with us for over half a century, and so it's hard to find someone who hasn't had one on their shopping list at one time. It ensures a thumbs-up from any octane-driven crowd.

While impressing strangers is a great feeling for the ego, Chevy appears to understand that there needs to be more substance than just the muscle car nostalgia. Our test convertible is optioned to be thoughtful inside and out while still providing classic V8 power.

The white paint is like a blank canvas showcasing the dark elements of the large grille, furrowed brow headlights and hood vents. The black folding roof and tinted windows pair with these for an almost two-tone appearance. It creates one of the few ragtop convertibles that looks great with the roof in place.

Opening it up to the world reveals even more attitude. There are plenty of black elements inside to continue the same appeal it had with the top in place. Now it's joined by aggressive red inserts on the leather seats, door panels and other accents. This matches the red hash marks on the fenders — a feature borrowed from the Grand Sport Corvettes.

The result is a car that's well coordinated inside and out. It's a thoughtful and personal look, but a lot of option boxes are needed for this level of consideration.

Our test car was a 2SS version of the Camaro, and that's one of the most loaded packages around. It comes with a head-up display, premium audio system, wireless phone charging and heated and cooled seats (a great convertible feature.) All of this, plus all the color options creates a car approaching \$53K.

There's a refreshed car coming in 2019, so now is the time of year for good discounts. For those who think that's still a bit much for a Chevy, the Camaro convertible starts at \$32,900. Even the base ILS model is well-equipped with a touchscreen infotainment system, power front seats and a nifty automatic climate control system that doesn't take up much precious dash space.

Power windows and a power convertible top are also standard. Few drop-tops require manual labor anymore, but it's nice to acknowledge never needing to leave the driver's seat to open the car up to the world.

As attractive as the packaging may seem, the Camaro still suffers from the typical sports car ailments. The back seat is only for small children. Also, the muscular high door line creates less glass to let light inside. Owners will get used to this in the first few days, but new passengers might feel a little claustrophobic — making for a particularly good excuse to keep the top down.

Those who opt for the lower-priced convertible will be able to choose from a 275-horsepower 2.0-liter turbocharged four-cylinder and a 375-hp V6. But those who pay the premium for a test car like ours get a 6.2-liter V8 with 455 hp.

This motor does what a Camaro was meant to do: growl at lesser cars. The rumble is not loud enough to trigger letters from the homeowner's association,



but it does give the kind of bass that instantly makes other enthusiasts pay attention.

It's worth mentioning again how many people fondly look on a classic American nameplate with a proper V8 rumble. It's a nice ego boost, especially when the convertible allows direct eye contact. But the secret is that the nostalgia is only skin deep.

The Camaro SS convertible might have the look and sound of the traditional American muscle car, but its moves are modern and European. The steering is heavy and deliberate, the throttle response is linear and predictable and the suspension has a wonderful sense of grip that doesn't even lose cornering in the wet.

It all creates a level of confidence that's usually reserved for a BMW M-series vehicle or something from Mercedes AMG. That poise makes it especially fun to enjoy the monster motor to its fullest.

If there were a BMW badge on the front, this car would be praised for keeping its German composure while offering some American muscle car snarl. The fact that it's a Camaro means it creates nostalgia in the parking lots, attracts fans with its rumble and secretly is refined for the driver. That's a pretty convincing total package. ■

Annual symposium will provide latest cancer developments

A free, annual women's cancer symposium, Powerful Women Powerful Choices, is Saturday, Nov. 17, from 8:30 a.m. to noon. It is dedicated to providing the latest information about cancer.

The event, sponsored by 21st Century Oncology, will be held at the Hyatt Regency Coconut Point, 5001 Coconut Road, Estero. Complimentary breakfast will be provided. The keynote speaker for the event is humorist, professional speaker and cancer survivor Christine Clifford. Additionally, the event features a fashion show hosted by Cabi Fashions.

Multiple lectures will provide women the latest information about cancer. There will also be an expert panel titled "What You've Always Wanted to Know But Were Afraid to Ask" with an opportunity for questions and answers.

Other sponsors: Lee Health, Naples Community Hospital, Florida Weekly, Gulfshore Life Magazine and The News-Press.

Advanced registration is required and seating is limited. For reservations, call 936-0382. For more information, visit www.PowerfulWomenInfo.com.

Other upcoming breast cancer awareness events include:

■ **Partners for Breast Cancer Care Inc.** provides no-cost breast screening, diagnostic testing, surgery and treatment to low-income, uninsured women and men of any age in Lee, Hendry, Glades, Collier and Charlotte

counties. Clients are carefully screened for qualification.

Since 2006, the nonprofit spent \$1,899,134 helping 9,371 residents, providing 14,000 breast care procedures. Services fund mammograms, ultrasounds, stereotactic, ultrasound-guided, MRI guided biopsies, surgical consultations, breast MRI, excisional breast biopsy, lumpectomy, mastectomy, radiation therapy and chemotherapy. In the past 11 years, Partners for Breast Cancer Care diagnosed one man and 138 women with breast cancer.

A fundraiser for the organization, Light-Up Fashion Drive, is 5:30 p.m., Oct. 13 at Coconut Point, Estero. Donors are asked to purchase \$10 luminary bags to honor a survivor or in memory of someone who has passed from breast cancer. See www.pfbcc.paycepays.com or call Pamela Marino, 454-8583.

■ **CONRIC PR & Marketing** has launched **DRINK PINK**, challenging local restaurants to offer a signature beverage that will incite people to Cheers for Change. Participating restaurants are encouraged to donate a minimum of 10 percent of revenue from their signature pink drink sales in October to a nonprofit breast cancer organization of their choice. CONRIC PR & Marketing has identified four nonprofit organizations in Southwest Florida that support breast cancer patients: Cancer Alli-

ance of Naples, Partners for Breast Cancer Care, Bosom Buddies Breast Cancer Support and From Our Hearts.

The following restaurants are already on board:

- Azure Restaurant, 15301 McGregor Blvd., Fort Myers
- Boat House Tiki Bar & Grill, 17101 State Road 31, Fort Myers
- Boat House Tiki Bar & Grill, 5819 Driftwood Parkway, Cape Coral
- Bubba's Roadhouse & Saloon, 2121 Southwest Pine Island Road, Cape Coral
- Downtown Social House, 1406 Hendry Street, Fort Myers
- Fathoms Restaurant & Bar, 5785 Cape Harbour Drive, Cape Coral
- Gather, 5971 Silver King Blvd., Cape Coral
- Keylime Bistro, 11509 Andy Rosse Lane, Captiva
- Luna Rossa Italian Grill, 10801 Corkscrew Road, Estero
- Point 57 Kitchen & Cocktails, 3522 Del Prado Blvd. S., Cape Coral
- Prawnbroker Restaurant Group, 7790 Cypress Lake Drive, Fort Myers
- RC Otter's Island Eats, 11506 Andy Rosse Lane, Captiva
- Society Restaurant + Lounge, 13499 Bell Tower Drive, Fort Myers

- The Jac Sanibel Island Bar & Grille, 1223 Periwinkle Way, Sanibel
- The Firestone Grill Room, Martini Bar & Skybar, 2224 Bay Street, Fort Myers

For more information on the DRINK PINK campaign, visit conricpr.com/drink-pink/. ■



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AGING

From page 1

it received its 500,000th call for help — is arguably the largest and most significant force for the good with the littlest, most modest reputation in the Sunshine State. The Department of Elder Affairs is required by federal law to contract with the AAA on behalf of seniors. The Southwest Florida agency is now the busiest of 11 in the state, with 100 calls for help or more coming in every day.

But the AAA's reputation remains so seemingly obscure that people stare blankly when you mention it — unless they've discovered the agency out of unhappy need.

Need help understanding Medicare? Dealing with loneliness after the death of a spouse? Are you two weeks short of your next Social Security check and able to buy only one of two necessities — either your food, or your doctor-prescribed medicines? Unable to find transportation to the store or the doctor? Having trouble with your balance and vulnerable to a fall? Struggling as a caretaker of an aging or elderly person and not taking care of yourself?

All you have to do — if you know about it — is call the Area Agency on Aging.

"A lot of people get discharged from a hospital and they live alone," Ms. Lorini said. "And they don't have the support systems or people to help them in recovery."

So they get out, they go home, and they don't have food, prescriptions, somebody to take them to doctors. There's a big need there."

But unless people have needed help before, says Dr. Tom Felke, assistant professor and interim chair of the Department of Social Work at Florida Gulf Coast Uni-



FELKE

versity, they generally don't have a clue. They often don't know the number for United Way emergencies (211), and they certainly don't know the help-line number for the Area Agency on Aging (866-413-533).

In a study he did several years ago in the greater Naples area, he discovered that many people, including a sizeable number living in elegant gated communities or well-appointed condominiums, were struggling in silence with sometimes terrible problems, and they had no idea where to turn for help.

Pensions that had once been considered golden for a lifetime had run out. Financial planning prepared by the experts of years past had not counted on the costs of medicine today. The Great Recession had wiped out the savings and investments for old age, of some. And sometimes they were at risk of losing homes, but too proud to mention it. Finally, they were living a great deal longer than people did even in the 1970s or '80s or '90s.

"It's very difficult for the public to look at Southwest Florida — with all its wealth and its beauty — and realize we have so many poor people," Dr. Felke said.

"Many don't understand how hard the global recession hit this area. People who thought they would live out their remaining days in this idyllic scenario all of a sudden found themselves wildly upside down on mortgages, and experiencing huge medical issues — and for them that unfortunate situation is exacerbated by the fact that everything is coming back up after the recession. Real estate is high, and food, and transportation.

"So a place like the Area Agency of Aging is critical in supporting these in-



COURTESY PHOTO

Hank and Hallie Devlin, SHINE counselors.

dividuals."

Sadly though, "The AAA has limited resources and they suffer from a lack of public notice."

Nevertheless, the 38 employees and 110 volunteers across the seven-county region do wonders when they get calls — volunteers like Hank Devlin and Hallie Devlin, who work specifically helping aging people find the help they need through Medicare, a skill and even an art form all its own.

Their organization, again required by law by the federal government, is contracted to the Area Agency on Ageing. It's called SHINE. The acronym stands for Serving Health Insurance Needs for Seniors.

"We help people at a variety of points in time through individual counseling," Mrs. Devlin explained.

What is the best plan and when, for you? Plan A, B, C or D, or all of the above? People can enroll — and they must enroll immediately when they turn 65 even if they're working or face lifelong penalties — by calling the AAA, or walking into a Social Security office, or going online to www.SSA.gov, and indicating they plan to enroll, she said.

Part A helps cover hospital costs with no premium; Part B covers doctors' visits, outpatient lab work, flu shots, and equipment like wheel chairs or oxygen tanks. There's a monthly premium, Mrs. Devlin added: This year, \$134 to most people. It could go up next year.

Parts C and D are the Medicare drug plans, with C (sometimes called Advantage plus) wrapped up in D.

The Devlins — Hank is a retired insurance company executive — can help people understand and navigate the system easily. They have been helping people through SHINE and the AAA for 11 years, simply because they wanted to give something back, to do some good.

That's the nature of this beast, and its volunteers.

Wendy Hayes, the board chair for the AAA Southwest Florida, a registered nurse by training and experience who works privately with the elderly, explains what the AAA faces in general terms, this way.

"There's a constant battle for funding for the Department of Elder Affairs. We work with the power and light companies (to help aging people struggling to pay their electricity bills), we became the gateway to Medicare services, for example.

"Calls come to us and we do assessments of the need over the phone, and then in person with counseling. Maybe home care for Alzheimer's is needed. Maybe they need help understanding the Persons With Disabilities Act and getting money that's available."

Many may not know it's available. What they can get "is based on how much assistance they need in the home: Can they shower, get food, manage medications? Is the caregiver so overwhelmed and aging themselves — maybe another family member, an adult child — that they're not able to meet the needs?"

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waiting list, based on urgency.

"We have more than 1,000 people on our wait list," Ms. Lorini said.

"They're all different levels of urgency, from one to five, with five the greatest need. If we had adequate funding, we could get the people who are two or three and put services in place that would keep them there.

"Our main goal throughout is to keep people at home in the same environment, while maintaining their dignity and quality of life as long as possible. And that can save the state and federal governments millions upon millions of dollars each year."

In the view of Dr. Felker, voters could help better fund programs for the many deserving older people by demanding that politicians pay more attention.

"I go out and do these community speaking events," he said.

"In one, a gentlemen said to his wife, 'We have to start donating more.' And I said, 'keep a checkbook in your pocket when you talk to politicians.'

In these community meetings, I see people who know our city and county leaders, they know our representatives and senators. But what they are more willing to do is take their checkbook out and sign it on the spot (the AAA always needs donations, which are tax deductible). But they should go to those people and tell them what they want. When you're talking to those political leaders, keep a checkbook in your pocket.

"Somewhere we lost sight of that, and of the power we can have as public force." ■

in the know

Area Agency on Aging, Southwest Florida

- >> **Region:** Charlotte, Collier, DeSoto, Glades, Hendry, Lee and Sarasota counties.
- >> **Mission:** To help those ages 60 and older "live safely with independence and dignity." To work with and help fund lead elder help agencies in each county.
- >> **Size:** 38 employees, 110 volunteers across the seven-county region.
- >> **Elder Helpline:** 1-866-41-ELDER or 1-866-413-5337
- >> **Website:** www.aaaswfl.org
- >> **To volunteer or make a donation:** contact Kirsten O'Donnell at Kirsten.odonnell@aaaswfl.or, or call 239-652-6925.
- >> **Top 10 reasons for calls:**
 - How to apply for government-funded care
 - How to get assistance paying utility bills
 - How to get Medicare health insurance
 - How and where to get meals; to get affordable housing; to get transportation.

The Older Americans Act

- >> Established by Congress and signed into law in 1965, the Older Americans Act includes the following imperatives:
- >> "In keeping with the traditional American concept of the inherent dignity of the individual in our democratic society, the older people of the nation are entitled to, and it is the joint and several duty and responsibility of the governments of the United States (federal state and local) to assist our older people to secure equal opportunity to the full and free enjoyment of the following objectives:
 - Adequate income in retirement.
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 - Full restorative services for those who require institution care, and... services adequate to appropriately sustain older people in their communities and in their homes.
 - Opportunity for employment; retirement in health, honor, dignity.
 - Efficient community services, including access to low cost transportation."

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GUEST COMMENTARY

You are what you eat...and drink

BY DAVE TRECKER

Food, always a priority in Naples, got some good news this year. Southern Living magazine ranked Naples the South's fourth-best food town. And Collier County's Culinary Accelerator, a proving ground for new food businesses, opened in Immokalee. Add the usual debut of new restaurants and clubs, and it's been a pretty good year for foodies.



TRECKER

But the U.S. Department of Agriculture and a clutch of medical schools always put a damper on things. What we eat, it seems, affects our health and not always in a good way.

Where do things stand? Here's a quick summary.

Coffee, the lifeblood for many of us, got some favorable reviews. Studies published in the *Annals of Internal Medicine* found that people who drank two or three cups a day had a lower risk of death from heart disease or cancer than those who drank no coffee at all. And a British study of nearly half a million adults showed that coffee boosts longevity. Java may actually help you live longer. That's a three-point play. It props up an aging mind, and it's good for you to boot.

Unfortunately, there's an offset. If coffee adds years to your life, too much booze takes those years away. A study by researchers at Cambridge and Duke showed that three drinks or more per day could cut life expectancy by as much as five years. Good grief. The take-home message? Limit your alcohol intake to one drink a day.

That falls within limits prescribed by the Blue Zoners, who say a glass of wine per day, preferably red, is good for your health. Apparently the polyphenolic antioxidants in wine are most effective in low doses.

What about other beverages? Lots of new things are coming. Japan is introducing clear drinks, a whole shelfload of them — low-calorie espresso-water, colorless cola, high-fiber soda. And if you believe in the health benefits of marijuana, here's some really good news. Major breweries are getting ready to introduce pot-laced drinks, some with alcohol — a healthy high. And gin and tonic is making a comeback, complete with quinine to ward off leg cramps.

What about condiments, those spices you buy in tiny jars at the supermarket for five bucks apiece? Ginger, cinnamon, rosemary, garlic with ajoene. They have a long history of curing things. My wife's favorite is turmeric, and wouldn't you know, reports have shown she was prescient. It turns out turmeric, which is loaded with antioxidants, targets inflammation in the joints and, get this, apparently suppresses deposits in the brain leading to dementia. So far studies have been limited to rats and mice. But the outlook is good if you're a fan of chutneys, curries, chicken stews — dishes made better by a hefty dose of turmeric.

And speaking of dementia, best to cut back on sugar. Long blamed for promoting diabetes, obesity and tooth decay, sucrose and other low saccharides are now thought to contribute to memory loss — a tough blow to those of us with a sweet tooth.

Offsets to sugar? The Canadian Brain Health Guide recommends lots of berries (blueberries are particularly good), whole grains, beans and cold-water fish. Our neighbors to the north claim such a diet reduces risk of developing Alzheimer's by 36 percent.

So there's good news and bad news, but worst of all is the heightening concern about red meat. The outlook could hardly be worse. Correlations with cancer and heart disease are growing, and longevity appears to be compromised by too much beef. Those with dangerously high iron levels are told to steer clear (no pun intended). Then there's gout and uric acid-based kidney stones.

But the worst news was a finding recently published in *Consumer Reports*. Hundreds of meat samples (beef, pork, chicken) were found to be loaded with banned-drug residues. Bad stuff. Not for human consumption. The contamination was widespread, apparently stemming from misuse of veterinary drugs and growth stimulants. What did the experts recommend? Cut back even further on meat.

That's OK, say two of my granddaughters who are unabashed vegetarians. You don't need meat. You can eat very well, they say, on ratatouille and okra stew.

Not me. I'll take my chances with a cheeseburger. ■

—A chemist and retired executive of Pfizer, Trecker serves on a number of local boards. Follow his blog at www.theresidentscorner.com.

Church swap officially complete

The miracle church swap is complete. Grow Church and C3 have officially traded spaces. Following months of hard work, both churches have fully transitioned into their new locations. After an incredible grand opening weekend in its newly renovated facility, the Grow Church community now calls North Naples its new home.

As a result of the "church swap" (new facility), Grow Church was able to double the number of its children's classrooms, which enabled the church to open a new daycare called Bloom Day School. The church has grown in attendance by 25 percent already. The congregation is grateful for what God has done and is looking forward to more opportunities to reach the community and be a blessing to the surrounding areas.

The church currently offers two services on Sunday mornings at 9:30 a.m. and 11:15 a.m. For more information, check out www.GrowChurch.com and www.BloomDaySchool.com. ■



COURTESY PHOTO

A church new to center Naples

C3 Church recently opened its doors on Castello Drive in center Naples. If you've been a resident for a while here in Naples, you may recognize the location as Naples Sports Club. About four years ago, it became the home of Life Christian Church, which completely renovated the facility and turned it into a state-of-the-art church, complete with recreational areas and rooms for child-care. Life Christian has since changed its name to Grow Church and has moved to North Naples, and C3 Church has taken over the Castello location.

C3 is an arms-wide-open family where everyone is welcome to come to the table. The worship services contain the same things you see and hear at other modern churches: modern worship songs, teaching and preaching. But the emphasis is on people, not production. Casual dress is encouraged; even the pastors don't wear a suit and tie.

The church is also the host to Naples Performing Arts Center. NPAC is a tenant of C3 Church, utilizing the otherwise vacant space unused by most churches during the week. During the week, the facility is bustling with young people participating in dance and music lesson and preparing for upcoming performances.

On the first Friday of every month,



COURTESY PHOTO

C3 offers a "Parent's Night Out" where families can leave their children in a safe and fun environment and get a little time away from the young ones — and it's free! They have a whole host of activities from movies, video games, pool table, foosball, big-screen Wii and child care for the little ones. On a quarterly basis, C3 offers a free "Family Movie Night" — the next one is on Oct. 26 — "The Incredibles 2" will be shown and everyone is encouraged to dress as their favorite Disney character. So if you're looking for a great place for family, community and faith, check out C3 Church at www.c3naples.org. ■

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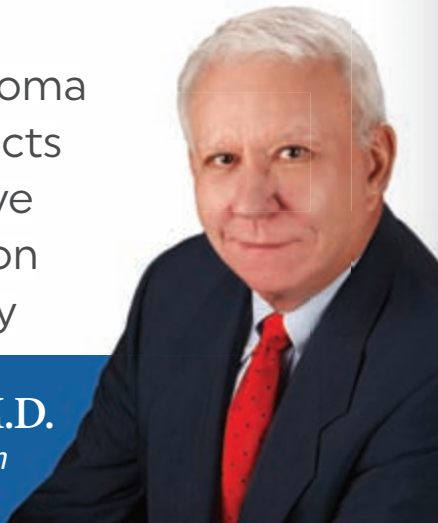
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Fighting pain with physical therapy

BY SEBASTIEN SAIITA
Physicians Regional Healthcare System

Pain; it's a part of the human experience that we go to great lengths to avoid, and yet its biological function serves an important role in survival and healing of our bodies. Without it, there would not be any warning when something is wrong, thus limiting our ability to react and risk further complications or even death. We cannot deny that treating it has been a subject of controversy and has left its mark on our healthcare system and society.

According to the Centers for Disease Control and Prevention, opioids are currently the main driver of drug overdose deaths. Opioids, both prescription and

illicit, were involved in 42,249 overdose deaths in 2016 (66.4 percent of all drug overdose deaths). This issue continues to gain attention and has compelled health care professionals to rethink how to go about treating long-term pain on a case by case basis. Patients are finding their healthcare providers are going beyond singular models of care (like prescription medications) with the use of medical analysis and weighing the risks and potential benefits of different treatments.

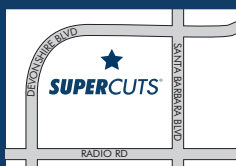
One such form of treatment that is garnering greater attention in recent years is physical therapy.

"We have seen a shift with patients towards getting more educated about their care and not wanting to sit around

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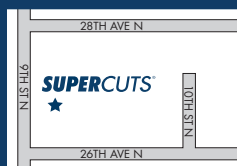
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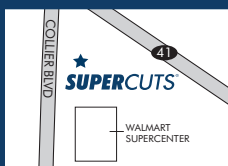
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wide range of conditions including those that commonly cause pain. The CDC's recommendations point to "high-quality evidence" that treatments provided by physical therapists are especially effective at reducing pain and improving function in cases of low back pain, fibromyalgia, and hip and knee osteoarthritis. Additionally, a number of studies show the efficacy of physical therapist interventions in preventing, minimizing, and, in some cases, eliminating pain in patients post-surgery, in patients with cancer, and in other clinical scenarios.

and just take pain medications," said Adam Carlson, PT, DP, and system rehabilitation director at Physicians Regional Healthcare System. "Especially in Southwest Florida, more adults live a very active lifestyle and like to include their activities in treatment for pain."

In a report on opioid prescription guidelines released in March 2016, the CDC recognizes that prescription opioids are appropriate in certain cases, including cancer treatment, palliative care and end-of-life care, as well as certain acute care situations, if properly dosed. But for other pain management, the CDC recommends non-opioid approaches including physical therapy.

"The great thing about physical therapy is that you can isolate the problem rather than taking a pain pill that affects the entire body," said Mr. Carlson. He points out that motion can sometimes be a natural pain blocker. "Think about the person that burns their finger; he or she will immediately start shaking their hand and jumping around."

Physical therapists work both independently and as members of multidisciplinary health care teams to enhance the health, well-being, and quality of life of their patients, who present with a

Remember that this information is not intended to replace the advice of your doctor, but rather to increase awareness and help equip patients with information and facilitate conversations with your physician that will benefit your health.

"Every day I see the positive outcomes of patients suffering from pain who are in physical therapy," said Mr. Carlson.

"I encourage patients to make sure they are educated about their medical condition or injury causing the pain, write down a list of questions, and discuss the pros and cons of different treatment methods with their physician," Mr. Carlson said.

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HEALTHY LIVING

Help to survive the financial cost of breast cancer

BY PATRICIA HORWELL
phorwell@floridaweekly.com

Breast cancer. As recently as the '70s no one wanted to talk about it. Fear and ignorance kept people away from you if you had it. No one knew what to say to you. Many considered it a death sentence. Today, we talk about it openly. We raise money as well as public awareness. In fact, we've dedicated the entire month of October to it.

If you are your sole support, you wonder if you'll be able to continue to work or how long it will be until you can return. You wonder if you will die or lose your breast or both. And then there's your hair. How will you react to chemotherapy or radiation? If you are always exhausted, who will do the cleaning?

Then there is the cost. Even with insurance, the bills will mount: surgeon, oncologist, and radiologist; hospital; co-pays for office visits, chemotherapy and radiation; other prescribed medications. Accessories like wigs, scarves, and breast forms aren't covered by insurance.

Fortunately, there is some assistance available. It won't pay all the bills, but it will help. It's no secret that a patient recovers quicker when she's stress-free.

This list is far from complete, but it is a start. Check with your oncologist for other similar organizations. In most cases, your doctor's office staff will help with the paperwork. Not everyone will qualify for every program, but many will.

Cleaning for a Reason — A non-profit organization that serves the United States and Canada. Its mission is to give the gift of free house cleaning for women undergoing treatment for any type of cancer. Due to popular demand, eligible women usually receive one free cleaning. Cleaning is performed by local companies that donate services. Visit www.cleaningforareason.org or call 877-337-3348.

The Cancer Card Exchange — This organization collects monetary and gift card donations and then distributes gift cards to verified cancer patients. Currently, there is a waiting list. To sign up or for more information, visit www.cancercardexchange.org or email info@cancercardexchange.org.

Good Wishes Scarves — Good Wishes Scarves provides an It's a Wrap or Good Wishes square scarf to anyone experiencing the thinning or loss of hair as a result of illness or treatment, at no cost. Visit www.goodwishesscarves.org or call 888-778-5998.

Heavenly Hats — This organization distributes new hats of all kinds to those of all ages who lose their hair due to the treatment of cancer or the many other medical conditions that cause hair loss. Since 2001, the organization has given way more than 4 million hats. Visit www.heavenlyhats.org or call 920-362-2668.

Casting for Recovery — Casting for Recovery provides healing out-



door retreat for women in all stages of recovery. Over the last 20 years more than 8,000 women have been served. Visit www.castingforrecovery.org.

American Cancer Society — Local American Cancer Society offices stock free wigs, hats and scarves. They also hold Look Good, Feel Better classes where participants learn some valuable makeup tricks to help them feel better

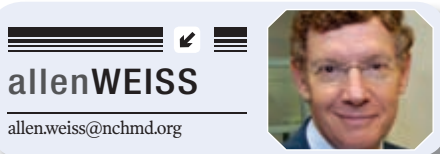
about their looks. Getting a makeup bag filled with about \$150 worth of free products doesn't hurt either. The American Cancer Society's toll-free number, 888-227-2345, is staffed 24 hours a day and can provide information and support. The local offices also provide free transportation to appointments (if ordered in advance) for those who have no other way of getting to doctor appointments of treatments. Visit www.cancer.org.

Fight Club Survivor Boutique — This organization has an online boutique for new and gently used breast cancer items. Find wigs, scarves, breast forms and mastectomy/lumpectomy bras. All items are available on a first-come, first-served basis and inventory changes constantly. Everything is free, just pay shipping charges. Visit www.fightclubsurvivor.org.

Patient Access Network Foundation's Co-Pay Relief Program — The network assists patients who cannot access the treatments they need due to out-of-pocket healthcare costs. Visit www.panfoundation.org or call 866-316-7263.

American Breast Cancer Foundation — The American Breast Cancer Foundation operates a national Breast Cancer Assistance Program that provides financial assistance for breast cancer screenings and diagnostic tests for uninsured and underserved individuals, regardless of age or gender. For more information or to apply, visit www.abcf.org. ■

A positive culture



allenWEISS
allen.weiss@nchmd.org

The powerful positive force of cultural transformation when applied to patients' best interests has profoundly wonderful consequences. NCH is currently jumping to the next higher level of patient experience while simultaneously lowering hospital acquired conditions and length of stay.

About 10 weeks ago, 4 North on

the Baker Campus was selected for a pilot study that was subsequently replicated on 4 East of the North Naples Campus. We asked two NCH Physician Group hospitalists to physically spend their entire weekdays embedded within the floor. Prior to this pilot, hospitalist physicians (who care for hospitalized patients) would round throughout the hospital from morning to night, spending a few minutes once a day with a patient. Families needed to be vigilant to meet with the physician in person, nurses would "catch as catch can" or play telephone tag to consult with the hospitalist, and consulting physicians/

support staff would similarly struggle to meet up or speak with the hospitalist.

We also added formal team rounds at 8:30 a.m. and 3:30 p.m. with social service, discharge planning, physical therapy, rehab, psychiatry, dietary, pharmacy and other supportive professionals contributing face-to-face.

Our initial goal to improve patient experience was stated by a 4 East patient, "The experience has been wonderful, like staying at the Ritz." Nine survey scores including "would recommend" and "overall rating" are trending upward. Moreover, "doctor communication" transiently ranked at 100 percent

— a first for us. These evaluations, based on surveys sent home about two weeks after discharge by an independent national company reporting to CMS, are completed by the patients or patients' families. Feedback from embedded physicians and consultants is similarly positive. While working harder due to higher turnover, nurses are pleased with the communication and feel good about the care their patients are receiving.

All the positive consequences and better patient experiences of embedding hospitalists in nursing units will spread throughout our system and help everyone live a longer, happier and healthier life. ■

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Florida Gulf Coast University President Mike Martin, right of Azul, the mascot, and President Emeritus Wilson Bradshaw, left of Azul the mascot, and other dignitaries break ground on the new Recreation & Wellness Center.

FGCU breaks ground on Recreation & Wellness Center

Florida Gulf Coast University officially broke ground on its Recreation & Wellness Center on Sept. 27.

The two-story building will feature a double gymnasium, group fitness room, multipurpose room, strength and fitness room and cardio deck as well as an observation concourse, administrative suite, exterior event plaza and exterior fitness area. The 47,737-square-foot facility is slated to open in the spring of 2020 and will cost about \$15 million to construct.

Speaking at a groundbreaking ceremony at the campus' South Village site, FGCU Board of Trustees Vice Chair Robbie Roepstorff said there are five critical ways the new center will benefit students.

"Exercise improves memory," she said. "Exercise improves and increases focus. It improves mood. It also releases stress ... and exercise promotes brain development."

The Recreation & Wellness Center will help the campus recreation department reinforce the impacts that a healthy student life has on student success. The additional physical space gives the department the ability to grow its programs and activities.

"This new center is where students come to build relationships with their fellow students," said Amy Swingle, director of FGCU campus recreation. "They get a sense of learning, a sense of well-being and others. They also get to build relationships and a connection to the university that's usually very personal and positive."

In addition to Ms. Swingle and Ms. Roepstorff, FGCU President Michael Martin and his predecessor, President Emeritus Wilson Bradshaw, along with Student Government Association President Jalisa White celebrated the new building. ■



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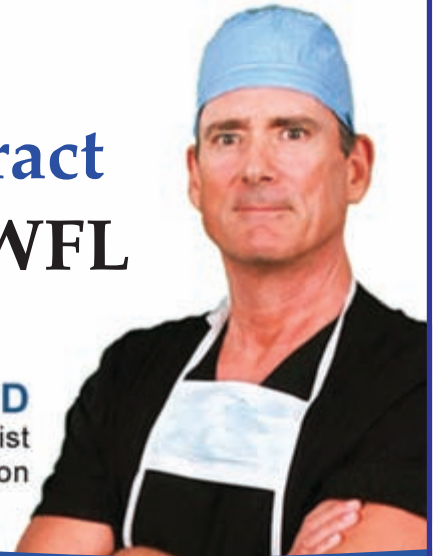
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Don't be spooked by cavities this Halloween

DR. PHILIP LOGRIPPO

With the arrival of fall, Halloween is right around the corner. Children will dress up as their favorite character or scary creature and head out trick-or-treating with the ultimate goal of collecting the largest sack of candy possible. Every parent knows all too well that this is followed by days and even weeks of sugar overload, wreaking havoc on our children's oral health and greatly increasing their risk for tooth decay. As responsible parents, we are faced with the balancing act of managing the large volume of candy intake while still allowing our children to enjoy the "fruits" of their labor.



LOGRIPPO

With this in mind, it's important to remember that how and when our children consume all this sugar plays a significant role in the potential damage it may cause. Each time we treat ourselves to a dose of candy, whether large or small, we provide the necessary fuel for cavity causing bacteria to get to work. In other words, how frequently we ingest the candy plays just as large a role in the risk of tooth decay as does how much candy we eat. For example, if our child is going to eat a candy bar, it's best to do so

all at once, and preferably following a meal. This way, the cavity causing bacteria living on our teeth only get fed one time for that entire candy bar, as compared to nibbling on it a little at a time over a few hours. Ingesting the sugar right after a meal feeds the bad tooth bacteria at a time when they are already satiated and not quite as effective in producing enamel destroying acids. From a nutrition standpoint, consuming candy following a meal buffers some of the untoward effects of the high sugar content. Its entry speed into the bloodstream is more gradual as it slowed down by the presence of food in the stomach, preventing unwanted blood sugar spikes.

Of course, nothing replaces thorough brushing and flossing. This not only removes the sticky sugary remains of the candy from the teeth, but more importantly, it helps remove the bacteria (biofilm) that is present on the tooth enamel that feed off the sugar and damage the tooth. Simply put, if the bacteria isn't present, it cannot cause damage, even in the presence of a little sugar.

Talking with your children prior to Halloween and setting some ground rules as to how and when the candy can be enjoyed may help prevent unrealistic expectations. If the amount of candy collected is just too large, consider making a trade with your child. Often children are willing to trade a portion of their candy for a small amount of



money, a new toy, or even getting to do something fun such as going to a movie.

Most importantly of all, have a happy and safe Halloween. ■

— Dr. Philip LoGrippe is a dental hygiene professor at Florida Southwestern State College.

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MONEY & INVESTING

Fed interest rate increase fights inflation, gives flexibility

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Last week, the Federal Reserve again raised its key short-term interest rate by one-quarter percent. This was a widely expected move by the Fed and most analysts and investors had no major reaction to it. However, President Trump was not a big fan of the Fed's actions. He stated, "I'm not happy about that. I'd rather pay down debt or do other things, create more jobs." The president's point was that no one really likes higher interest rates, other than maybe banks or other lenders. Is the Fed raising rates just to boost the banking sector? Or is there another reason for the Fed to increase interest rates and how does that affect the rest of the economy?

When the Fed announces that it is increasing or decreasing interest rates, it is generally referring to its benchmark rate, the Fed Funds Interest Rate. Surprisingly, the Fed funds rate is not a government interest rate at all. Instead, it is the interest rate that banks charge to lend money to one another so that they can maintain their reserve requirements on an overnight basis.

But if the Fed funds rate is set by individual banks, how can the Fed raise or lower this key rate? It does so by increasing or decreasing the amount of money in circulation. If the Fed wants

to increase the rate like it did last week, it would sell bonds and other securities to the banks in exchange for cash. This cash would be taken out of circulation. With less cash available, more banks would demand short-term loans to maintain their reserve requirements. Higher demand for loans translates to higher interest rates. And the Fed would operate in reverse if it wanted to lower rates by buying bonds, increasing the amount of cash in circulation.

The Fed funds rate is so important because many key interest rates are based off this key metric. LIBOR, prime rate, credit card rates, floating rate mortgage rates and many business loan rates are all set from the Fed funds rate. Generally speaking, when the Fed increases

its Fed funds rate, banks almost immediately raise the rates charged on many of its lending products. This is the reason that higher interest rates are generally good for banks and why bank stock prices typically rise when interest rates rise.


But the Fed does not raise rates just to help banks. Instead, it is a key tool in helping to keep the economy balanced and inflation in check. When the Fed funds rate is higher, banks' costs of funds are higher so they must charge a higher interest rate to their customers to maintain their profit margins. That means it costs more to buy a house, buy a car, buy clothes with credit card debt or build a new factory funded by debt. All of these things hurt consumer and business spending as well as job growth, which is why the president

was upset about the Fed move.

However, the Fed raises rates knowing it causes some near-term pain to the economy because it hopes to avoid much greater damage in the future. One of the most damaging influences on an economy is runaway inflation. Examples of this include Germany before World War II and present-day Venezuela. High inflation can feed on itself until it is completely out of control and destroys the entire economic system. Higher interest rates, slower economic growth and a smaller money supply can bring down inflation, which is a key reason that the Fed increases rates at the first sign inflation is starting to increase.

A second reason the Fed increases rates is that higher rates enable the Fed to lower rates when the economy is struggling to grow. Just as higher rates throttle back economic growth and spending, lowering rates often spurs growth as banks lend more at lower rates and people are more likely to borrow to fund their consumption and investment. But if rates are low to begin with, the Fed would be limited in its ability to drop rates when needed in a more urgent situation. So it is willing to trade a slightly less robust economy today for the ability to "juice" the economy when needed in the future. ■

— Eric Bretan, the co-owner of Rick's Estate & Jewelry Buyers in Punta Gorda, was a senior derivatives marketer and investment banker for more than 15 years at several global banks.

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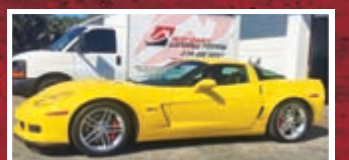
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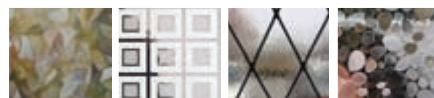
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A Matter of Trusts

If you hold meaningful assets, it's important to have some kind of estate plan in place, formalizing your final wishes — even if you're still relatively young. Trusts can help with that.

While trusts are commonly used by the wealthy, they can serve the middle class well, too. A trust involves assets being held by one or more trustees for the benefit of one or more beneficiaries, and it can be specific about when the assets go to the beneficiaries. (For example, it might be upon your death, or when an heir turns, say, 35.)

Trusts can be used for many purposes, such as dividing ownership of property. They can be preferable to wills sometimes, too. That's because they can take effect immediately, handling circumstances that wills cannot. For instance, if you're seriously injured, a trustee may take over your finances until you're able to assume responsibility again. Trusts can usually be changed without the formalities required for altering a will, and they can help you postpone or avoid some taxes. Assets that pass through trusts gen-

erally don't go through probate, so they can help you avoid unnecessary delay and expense, and can keep your arrangements more private.

There are downsides to trusts, though. For starters, they're often more complicated to create than a will. (A poorly drafted trust can be nearly impossible to execute.) Many professionals charge much more to draft a trust than a will, though it can still be worth the money.

There are revocable and irrevocable trusts, and living and testamentary trusts (the last are linked with wills). Clearly, one can get confused quickly in the world of trusts. It's also not always easy to determine when establishing a trust is your best move. Read up on the topic before deciding, and consider consulting a professional or two. You can learn more in "The Wall Street Journal Complete Estate-Planning Guidebook" by Rachel Emma Silverman (Crown Business, \$16) and "American Bar Association Guide to Wills and Estates" (Random House Reference, \$18). ■

My Dumbest Investment

Avoid Margin

The dumbest investment that I've been avoiding has been investing on margin. That's because I've learned lessons about it from other people's experiences.

For example, buying stocks on margin (that is, with money borrowed from a brokerage) leverages both your gains and losses. Also, you don't necessarily get to choose the bail-out point on a margin investment. If the stock falls and your equity drops below the minimum allowed percentage, a "margin call" will be triggered and your broker may sell some or all of your shares to bring you back to an allowed degree of leverage. So even if the stock bounces back, it may bounce back without you because of that margin call.

I have very rarely received investing advice from my parents, who grew up in the Depression, but two things they've said are: "We know you're working to pay off debt, but you aren't missing out on any 401(k) matching money, are you?" and "For goodness' sake, don't buy anything on margin." They saw people in the 1930s lose their homes because of margin calls.

— T.B., online

The Fool Responds: You're smart to steer clear of using margin. As you noted, borrowing money with which to buy more stock can amplify your gains, but it will also amplify any losses — while you pay interest charges. You don't need to use margin to make good money in stock investing. ■

Last week's trivia answer

I trace my roots back to 1914, when an immigrant in Minnesota started ferrying iron miners to and from work, cramming 15 into a car built for seven and charging 15 cents per ride. Today, I'm America's largest intercity bus company, reaching more than 3,800 locations in North America. I transport more than 17 million riders annually, and I deliver packages, too. I also operate the BoltBus business in parts of the U.S. My fleet features about 1,600 vehicles, and I travel more than 5 billion miles per year. Don't let my logo bite you. Who am I? (Answer: Greyhound Lines) ■



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Ask the Fool

Military Breaks

Q Do military people get any tax breaks?

— D.L., Keene, New Hampshire

A They do. For starters, some can exclude combat pay and other allowances and payments from taxable income, while combat pay can count as earned income for the Earned Income Tax Credit. Some reservists' travel expenses are deductible, as are some moving expenses for active-duty personnel moving to a new permanent station. Families of fallen soldiers can take advantage of tax-favored accounts, and there is tax forgiveness for those who die in action, while in active service in a combat zone, or from an injury received in a combat zone. Those serving in a combat zone and certain others can also have their tax deadlines automatically extended by 180 days. IRS Publication 3, "Armed Forces' Tax Guide," will tell you much more.

The Soldiers' and Sailors' Civil Relief Act offers some protections against eviction, the delay of civil court actions, a cap on mortgage rates, and reduced interest rates on credit card debt.

Learn more at defense.gov, irs.gov, and Fool.com/taxes.

Q Are initial public offerings (IPOs) good investments?

— N.O., Dalton, Georgia

A They can be, but it's generally best to steer clear of newly minted shares of stock until they've had a chance to settle down.

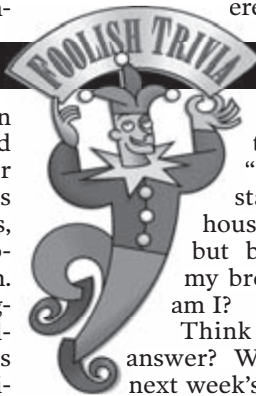
IPOs can be volatile and frequently don't fare too well in their first year. And it's mainly well-connected investors who get shares at their low initial prices; the rest of us end up buying later, often after prices have risen considerably.

Facebook, for example, debuted on the market in 2012. Shares were initially priced at \$38 apiece, but after about a month they were near \$30 and a year later near \$26. (Of course, they were recently near \$167.) ■

Want more information about stocks? Send us an email to foolnews@fool.com.

Name That Company

I trace my roots back to 1886, when a traveling book salesman recruited women to sell perfumes. Today I offer scores of products, with names such as Skin-So-Soft and Advance Techniques, and my sales force of independent representatives numbers around 6 million. I can boast of 90 percent brand recognition in most major markets worldwide. In 2016, I spun off my business in the U.S. and Canada into a new, pri-



vately held entity that added the word "New" to my long-standing name. I sell housewares and jewelry, but beauty products are my bread and butter. Who am I?

Think you know the answer? We'll announce it in next week's edition. ■

The Motley Fool Take

Take This Stock for a Spin

Few great dividend-paying stocks look more attractive than appliance titan Whirlpool (NYSE: WHR). The company is going through some tough times at the moment. In particular, the trade war building between the United States and other markets, such as China, has pushed up the company's steel and aluminum costs, which in turn have caused it to raise its prices in the United States. This is Whirlpool's most lucrative market, and higher costs and weaker sales from consumer sticker shock have hurt its sales and profitability.

But Whirlpool has been down this road many times before. After all, it is a cyclical company. Its management understands how to keep costs in check and

shift its focus to higher-growth regions. In recent years, the company has been buying its way into Asia, which offers a double-digit annual growth opportunity.

While sticker shock in the U.S. is a genuine concern, it tends to last for only a few quarters. Historically, the U.S. economy has expanded in 86 percent of the months since the end of World War II, and that bodes well for a brand-name appliance maker.

Fundamentally, dipping your toes in the water appears to make a lot of sense. With a forward-looking price-to-earnings (P/E) ratio recently of just 7.6, Whirlpool is as cheap as it's been in a decade. It also offers a dividend recently yielding 3.7 percent. ■

BUSINESS MEETINGS

■ **SCORE Naples** will host a QuickBooks seminar to help local businesses make educated decisions based on their financials. The event will take place 9:30-11:30 a.m. on Saturday, Nov. 3, at the Naples Accelerator, 3510 Kraft Road. The presenter is Cheryl Willett, president of Willett Business Management Inc. As an accountant and certified QuickBooks ProAdvisor, she provides setup, training and problem resolution for clients. Ms. Willett educates bookkeepers, accounts and CPAs on the intricacies of QuickBooks. \$30. Sign up by visiting www.scorenaples.org or call 430-0081.

■ **The Collier Building Industry Association** is hosting a speaker event 4-6 p.m. on Wednesday, Oct. 17, at The Club at Olde Cypress. The presenter will be Lesley Deutch, a principal based

in Florida for John Burns Real Estate Consulting. The company consults real estate industry executives across the country analyzing and summarizing the information needed to make decisions with confidence. \$30 for CBIA members, \$40 non-members. Register at www.cbina.net, or email nancy@cbina.net for non-members.

■ **SCORE Naples** hosts a social media series for business owners workshop from 5:30-7:30 p.m. on Tuesday, Oct. 23 and Nov. 6, at the Naples Accelerator, 3510 Kraft Road. Attendees will learn about the importance of email marketing. \$30. Sign up by calling SCORE Naples at 430-0081.

■ **The Leadership Collier Foundation and Greater Naples Chamber of Commerce** present the Naples Chil-

dren's Business Fair on Saturday, Oct. 20, at Gulf Coast High School. Local children ages 6-17 are invited to apply for a vendor space, where they can showcase and sell their original products and services. Visit www.napleschamber.org/childrendsbusinessfair for more information.

■ **Consultants from the Small Business Development Center at Florida Gulf Coast University** are available at the Greater Naples Chamber of Commerce, 2390 Tamiami Trail N., every Thursday. To make an appointment for a free session, call Suzanne Specht at 745-3704.

■ **Business Networking International goal setters and networkers** meet at 7:30 a.m. every Thursday at Emmanuel Lutheran Church, 777 Moor-ing Line Drive. Call Jamie Bergen at 572-



3720 for more information.

■ **Business Networking International goal setters and networkers** meet at 8 a.m. every Wednesday at St. Monica's Episcopal Church, 7070 Immo-kalee Road. Call Ted Fitzpatrick at 910-7994 for more information. ■

— Email business meeting announcements to rspencer@floridaweekly.com.

REINVENT

From page 32

ing a transition in your personal life, upheaval can be frightening. Author and businessman Paul Krasnow says it can also be a priceless opportunity to reinvent yourself.

"When you face a setback in your life, you have two choices," says Mr. Krasnow, author of "The Success Code: A Guide for Achieving Your Personal Best in Business and Life."



KRASNOW

"Remain stuck or move forward; it's that simple," he says. "Life is too short to spend it stuck and miserable. Take action now to change your life or get ready to watch life pass you by."

He speaks from experience. A former clothier, he went bankrupt early in his professional life, thanks to bad timing and hard luck. This failure could have derailed his future, but instead, he decided to fight for his life with everything he had.

"The Success Code" tells the story of Mr. Krasnow's journey, from his modest beginnings in 1940s Los Angeles, to starting over again after business failure, to his epic career rise as a financial representative at Northwestern Mutual Life Insurance Company.

"Reinventing yourself demands change," he says. "No matter how dire your circumstances, you can make changes today that will prepare you for a better tomorrow. You may have to find a new way to make a living, or start over in a new city, or take a big risk that terrifies you. Still, you have to be willing to change. It may not always be easy, but it sure beats staying stuck for the rest of your life."

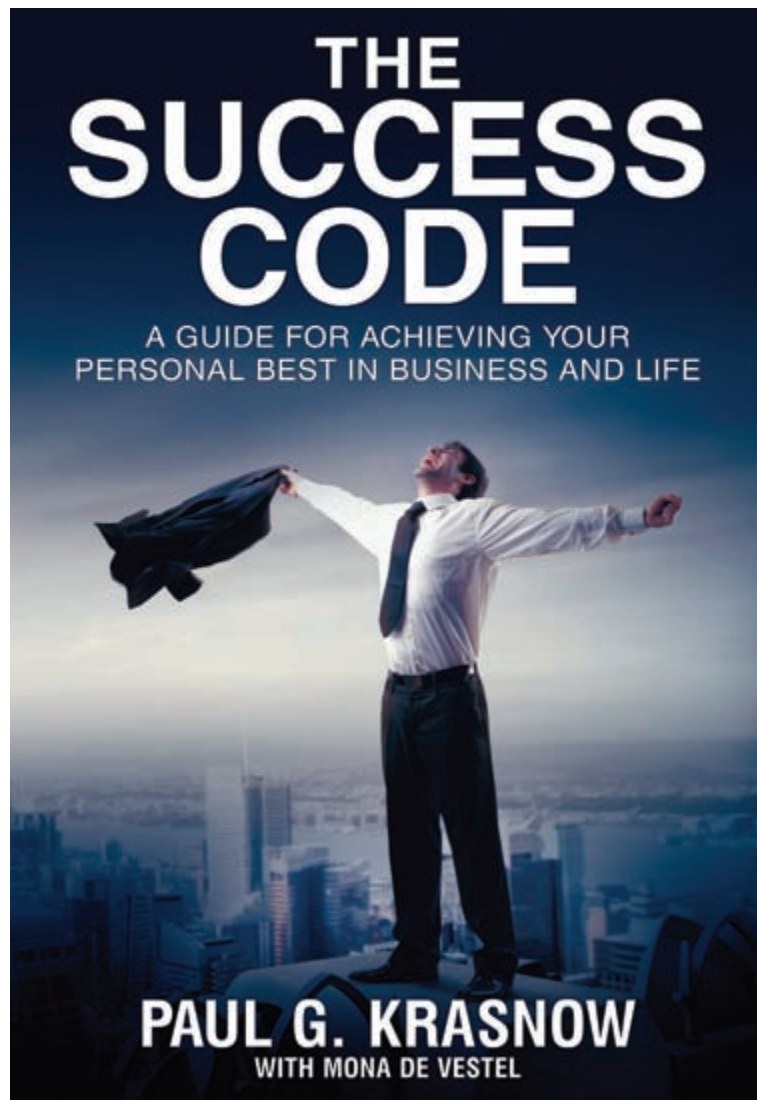
Here are some of his tips on how to embrace change and reinvent yourself:

■ **Realize it's never too late** - During the course of your lifetime, you will be called upon to reinvent yourself time and time again. Don't let yourself stay stuck in what you know. Make the most of the resilience you now have under your belt with overcoming previous challenges and strive for new horizons.

■ **Take an honest look at your life** - Muster the courage to look at your life and figure out where you've gone wrong and the changes you need to make to get back on track. Own up to the mistakes you have made and take responsibility for the part you played in getting yourself stuck. This kind of brutal honesty is not for the faint of heart, but it can free you up to learn from the painful consequences you are facing today.

■ **Move forward; just do it** - "Change is not rocket science," Mr. Krasnow says. "We all have a tendency to make life so complicated when it doesn't have to be. Simply make a decision to move forward. Don't try; just do it. People say they're going to try to change. Try? There is no such thing. There's doing it or not doing it."

■ **Dream big** - You are only as successful as your perceived limitations. How often do you limit yourself when envisioning the success you are capable of achieving? Don't settle for the limited vista of your present-day life. Instead,



PAUL G. KRASNOW
WITH MONA DE VESTEL

allow yourself to be willing to travel well beyond the bounds of the landscapes you might not be able to imagine today.

■ **Stay focused** - Once you decide to make a change in your life, it's time to get serious and focus on your goals. "Think of life as a journey in a train that travels on a track," Mr. Krasnow says. "Each track leads to a specific destination. Make a point of staying on the track of your choice, without getting

distracted and switching tracks. If you stay focused, you will certainly reach your desired destination."

■ **Pace yourself** - Making a major life change requires a steady pace. You work at it each day and keep at it (and then keep at it some more). Remember that extraordinary creations are not built in a day through occasional bursts of effort, but rather are crafted over long periods of time with daily, steady tasks. It's a marathon; stop exhausting yourself by sprinting from place to place.

■ **Know that failure is not an option** - When you realize that failure is not an option, it becomes clear that there is no stopping at the first obstacle you encounter along the way. "There is an opening, even in the most stubborn of barricades," Mr. Krasnow says. "Where is the opening in your current wall of obstacles? Is there a secret passage you had overlooked but is now emerging in front of you? Take that hidden path and forge ahead. Just keep your eye on where you want to go; you might find that a setback along the way was actually a shortcut to your desired destination."

We all know that change is not the most comfortable part of our lives, Mr. Krasnow concludes. "But know that the process of transformation is a gratifying experience, providing you find the courage to do it. You can adapt. You can take a new path in your life. And you will undoubtedly be better for it in the long run." ■

BUSINESS BRIEFS

Awards and new hires

■ Collier County attorney, mediator and arbitrator **Patrick H. Neale** has been named the 2018 Lawyer of the Year by Legal Aid Service of Collier County. In a statement, Legal Aid pro bono coordinator Jeffrey Ahren said of Mr. Neale, "Your leadership and support of Legal Aid in so many areas have tremendously assisted in the growth of our program, an increase in pro bono service by members of the private bar, and in raising awareness about the work our program performs in the community. This outstanding contribution includes your leadership, support and participation in several events. Legal Aid would not have enjoyed the success it has experienced concerning these projects and initiatives without your outstanding contributions - particularly through your pro bono work and economic support." Mr. Neale's law practice includes business and entrepreneur law, contracting law, land use, zoning and governmental law, real estate, drone law and bankruptcy.



■ **Naples Boat Mart** has earned Grady-White Boats' Bronze Anchor Sales Award and was also recognized with membership in the Grady-White Boats Admiral's Circle for the model

year 2018. The Bronze Anchor Sales Award signifies that Naples Boat Mart is one of the top three ranking dealerships in sales dollars among all Grady-White dealerships for the 2018 model year. It also earned the Admiral's Circle Award, which is reserved for the top dealerships in the Grady-White network that have achieved at least \$2.5 million in retail sales for the model year. This is the 18th year that Naples Boat Mart has earned this accolade.

■ **Ciccarelli Advisory Services** has added a new member to its family-focused firm: Lyndsey Landgraf. Ms. Landgraf will prepare materials for client annual reviews as part of the Planning Services team. She joins CAS with more than a decade of experience in management and fundraising. Ciccarelli Advisory Services is a comprehensive estate planning and wealth management financial services firm based in Naples.



LANDGRAF

Upcoming seminars

■ An upcoming seminar will show

business leaders how to shepherd their companies through difficult times and tough choices. The Above Board Chamber of Florida will address how to identify the right sales opportunities at a forum in Naples. In Naples, Creative Business Coaches founder and owner Susan Armstrong Ryan will lead a program designed to help challenge traditional business thinking. The "Never Leave a Sale on the Table - Unless You Really Should!" seminar panel features the following: Cynthia Davis, CEO of The Imaj Group and founder of Leaders of Distinction; Carrie Ann Texter, planned maintenance sales professional at Conditioned Air; Gary Harlan, owner and master colorist of ncolor {salon + boutique2}; and Niccole Neebling, director of sales, catering and marketing at Hilton Naples. The Naples meeting will take place from 11:30 a.m.-1 p.m. Monday, Oct. 8, at the Hilton Naples at 5111 Tamiami Trail N. Register at www.AboveBoardChamber.com or call 910-7426. The cost on or before Wednesday, Oct. 3, is \$28 for members and \$32 for non-members. After Oct. 3, it's \$32 for members and \$38 for non-members.

■ **SCORE Naples** will host a seminar on the benefits of effective employee management from 11 a.m. to 1 p.m. on Thursday, Oct. 18, at the Naples Accelerator, 3510 Kraft Road. The presenter is Kathy Rossi, an experienced HR professional with 25 years of experience in a wide range of industries including healthcare, legal, home building, IT



and manufacturing. She has worked for Paychex for seven years. She has a bachelor's degree in management and a master's degree in human resources. She is the director of workforce readiness for HR Collier and a Junior Achievement volunteer. For registration, go to www.scorenaples.org or call 430-0081.



■ The **Public Relations Society of America**, Gulf Coast Chapter meets from 11:30 a.m. to 1 p.m. on Tuesday, Oct. 23, at the Naples Hilton, 5111 Tamiami Trail N. Guest speaker Dr. Aysegul Timur, senior vice president of academic affairs and dean of the Johnson School of Business for Hodges University, will discuss "The Evolving Character of Collier County." Dr. Timur will address the present and future growth of Collier County by demographic and economic indicators. The cost is \$30 for PRSA members, \$38 for others (\$25 for students). Reservations required by Oct. 19 at www.gulfcoastprsa.org. ■

NETWORKING

Membership Director's Association of SWFL meeting at Club Pelican Bay



Kitsi Estrem, Donna Marie Amy, Laura Hill, Debbie Lohan and Christine Bryant



Jennifer Udd and Donald Sawin



Debbie Lohan, Daniela Jacob and Jennah Liskin

Joanne Baker, Kathie Pedit and Mary Johnson



Cheri Martin, Denise Smurra and Eileen Phillips



Renee Easley, Donald Sawin and Melissa Hansen

CHARLIE McDONALD / FLORIDA WEEKLY

Florida Weekly welcomes submissions for the Networking photo pages from business events, grand openings, professional association meetings, etc.

We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email editor Robbie Spencer at rspencer@floridaweekly.com.

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Baer's Furniture and the Baer family have been recognized many times for their charitable efforts over the years, having raised nearly \$1,500,000 to date. However, none of their contributions are so personal than the fight against cancer. Monday, October 1, 2018 at 9:30am, Baer's Furniture and the Baer family, presented a \$100,000 check to benefit Sylvester Comprehensive Cancer Center in Plantation, part of UMHealth – the University of Miami Health System.

Jerry Baer, President & CEO of Baer's Furniture, expressed the company's excitement about their effort to help save lives. "To us, business is personal. Every family has been touched by cancer, and the Baer's Furniture family, which includes our wonderful employees and customers, is no exception. With thousands of transactions expected throughout the month at all 16 Baer's locations, we believe a considerable amount of money will be raised, and consider this effort as an investment in our shared future as a community."

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COASTAL REAL ESTATE GUIDE

WEEK OF OCTOBER 4-10, 2018

WWW.FLORIDAWEEKLY.COM

| B1



House Hunting

935 Fifth Street South

It's all about location. Steps away from the sandy beaches of the Gulf of Mexico and the extravagant boutiques of Naples, within walking distance of Fifth Avenue and Third Street, is a home that is the sheer embodiment of luxurious living. Built in 2015 by Griffin Builders and exquisitely composed by RG Designs, 935 Fifth Street South is a custom Olde Naples home that is other-worldly, featuring a coastal interior that is illuminated by an abundant source of natural light due to grand transom windows and French doors. The home's interior neutral palette emanates a tranquil stillness throughout, while the open floor plan centers on a pristine Chef's kitchen, which includes imposing Wolf Appliances and a marble island with an

extraordinary leather finish. Three ensuite bedrooms provide plenty of room for family and friends, completed by an office den. A beautiful outdoor living area showcases a heated pool and spa, as well as an outdoor pool bath. This home is also energy efficient; among its features are Andersen Impact windows and doors, a 500-gallon LP gas tank, Lutron LED Lighting, Sonos built-in surround sound, elegant wood floors and more. Revel in the Naples dream with the convenience of low-maintenance downtown living. This four-bedroom, six-bathroom home is listed unfurnished for \$3,950,000 by Tony Grech, McQuaid and Company Real Estate Services. To set up a private showing, call 825-4555 or visit www.McQuaidCo.com. ■



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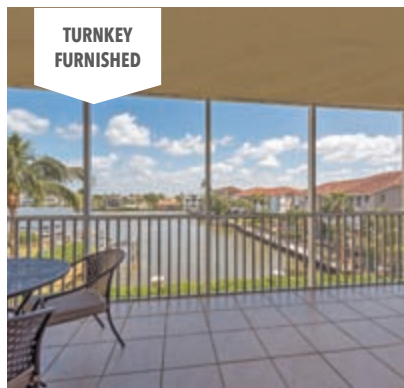
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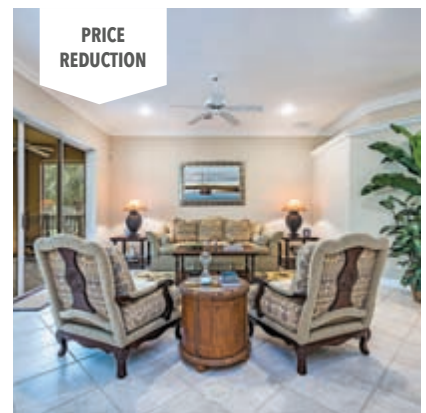
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U.S. Congressmen present water quality update to Realtors

United States Congressmen Francis Rooney (District 19) and Mario Diaz-Balart (District 25) presented an update regarding current and proposed water quality management projects to a packed room of concerned Naples Area Board of REALTORS members and several local and state officials in September at the Naples Conference Center.

“The Florida Everglades Restoration project is an ambitious and expensive project that will take years of work,” said Congressman Diaz-Balart, who went on to add that its funding approval was the federal government’s “most generous relief package in history.”

Rep. Diaz-Balart was instrumental in

bringing the restoration project to the attention of his federal constituents, and recently co-sponsored H.R. 2691 “Everglades for the Next Generation,” which would give authorization to the Army Corps of Engineers to carry out any project identified in the plan for which a project implementation report is com-

SEE WATER, B15 ►

COURTESY PHOTO

Commissioner Bill McDaniel, Rep. Byron Donalds, Congressman Francis Rooney, Bonita Springs Mayor Peter Simmons, Congressman Mario Diaz-Balart, Commissioner Penny Taylor, Councilman Reg Buxton and Rep. Bob Rommel.



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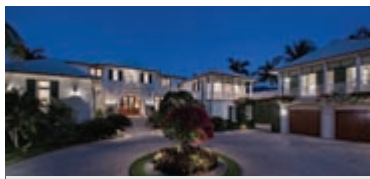
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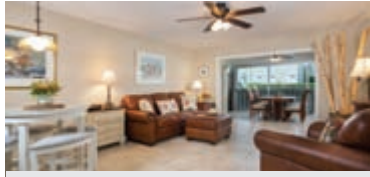
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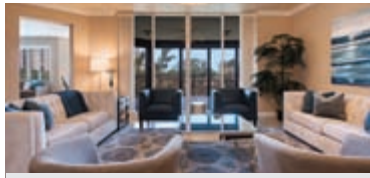
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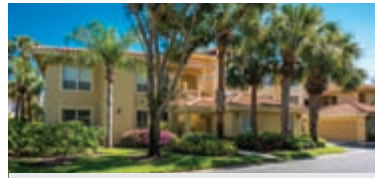
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 \$679,000



MARCO ISLAND
 1041 South Collier Boulevard #402
 Jim/Nikki Prange-Carroll 239.642.1133
 \$498,500



MARCO ISLAND
 140 Seaview Court #1506
 Cathy Brodie 239.272.7725
 \$449,900



FIDDLER'S CREEK
 3202 Serenity Court #2-202
 Lura Jones 239.370.5340
 \$429,000



FIDDLER'S CREEK
 9077 Cherry Oaks Trail #102
 ML Meade 239.293.4851
 \$387,500



FIDDLER'S CREEK
 8598 Pepper Tree Way
 Larry Caruso 239.394.9191
 \$379,900



LELY RESORT
 9095 Sahalee Court
 Rebecca Sinatra 239.227.8556
 \$1,149,900



LELY RESORT
 6980 Mauna Loa Lane
 Michelle Thomas 239.860.7176
 \$529,000



LELY RESORT
 7876 Valencia Court
 Matthew Meacham 239.825.4500
 \$409,900



VANDERBILT LAKES
 3733 Saybrook Place
 Coburn/Umscheid 239.825.3470
 \$515,000



SPANISH WELLS
 9909 Treasure Cay Lane
 Vanya/Dimo Demirev 239.565.0550
 \$380,000



BONITA FARMS
 27051 Lavinka Street
 Michael/Donna Ricci 239.896.7104
 \$299,900



BONITA BAY
 26931 Montego Pointe Court #202
 Harriet Harnar 239.273.5443
 \$415,000



USEPPA ISLAND
 310 Useppa Island
 Brian McColgan 239.410.7850
 \$2,425,000



USEPPA ISLAND
 511 Useppa Island
 Brian McColgan 239.410.7850
 \$577,500



USEPPA ISLAND
 522 Useppa Island
 Brian McColgan 239.410.7850
 \$535,000

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ADVERTORIAL

Kalea Bay residents love the community's amenities

Tower 2 now under construction

A clubhouse should be the social and recreational centerpiece of a community, and at Kalea Bay, the gated, luxury residential high-rise community currently being developed on Vanderbilt Drive in North Naples, that couldn't be more true.

"There are several reasons buyers have decided to purchase at Kalea Bay," said Inga Lodge, Vice President of Sales & Marketing for Kalea Bay. "The first is the beautifully designed three-bedroom plus den/three-and-a-half-bath and four-bedroom/four-bath tower residences with Gulf views. The other is our spectacular main amenity area, which includes our community clubhouse. Not only is it a dramatic sight as residents and visitors drive into the community, but it's now the envy of every community in the Naples area."

Kalea Bay's 88,000-square-foot main amenity area is located on the north side of the large lake at the community's entrance.

The clubhouse features three individual pools, including a resort pool, an adults-only pool and a children's pool, plus an expansive pool deck, an open-air bar, an indoor/outdoor restaurant, a fitness center, a snack bar, a lakeside fire pit, an Internet café and a gifts and sundries shop.

"All three pools overlook the lake and provide a multitude of recreational options for everyone who lives and visits here," said Lodge.

Expansive sun decks with lounge chairs and native, tropical plants separate each of the three pools for the ultimate in privacy.

If basking in the sun or taking a refreshing dip in the pool isn't on a resident's schedule, perhaps meeting friends for lunch, dinner or drinks is.

"We have the perfect place for all three," said Lodge. "The indoor/outdoor restaurant serves incredible meals throughout the day. And what better way to celebrate the good life in Florida than meeting family and friends for drinks while watching the sun set over the Gulf of Mexico. This is what living in Florida is supposed to be."

Adjacent to the clubhouse is the tennis pavilion with 4 Har-Tru tennis courts, as well as eight pickleball courts. Guest suites that can accommodate overnight guests and family members are also located nearby.

Residents also have a shuttle service that originates from the clubhouse and takes them to the beach.

"Two of the top-rated beaches in the country are only minutes away from Kalea Bay," stated Lodge. "They include Barefoot Beach Preserve Park, which was ranked #2 nationally, and Delnor-Wiggins Pass State Park, which was ranked #9."

The completion of the main amenity area at Kalea Bay coincided with the completion the community's first residential tower, which is sold out.

"That's why in May construction began on the community's second tower," said Lodge. "As of mid-September, 65 of the tower's 120 residences were sold. That represents a sales volume of \$138 million."

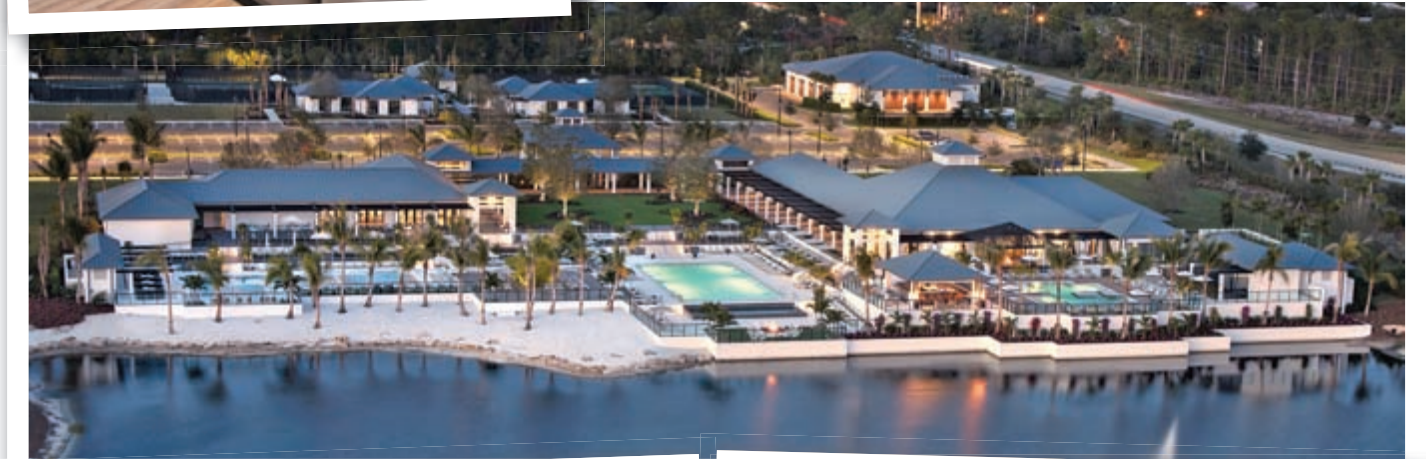
Like its predecessor, Tower 200 is also 22-stories, specifically, 20 floors of residences over two floors of parking.

Six floor plans are available in Tower 2. Residences 1 and 6 are 3-bedroom plus den/3.5 bath plans with 3,704 total square feet. Residences 2 and 5 are 4-bedroom/4.5 bath plans with 3,791 total square feet. Residences 3 and 4 are 4-bedroom/4.5-bath plans with 3,919 total square feet.

"Residents will revel in Gulf views,



Above: A fire pit at the clubhouse offers stunning views of the community's first tower on the opposite end of the lake. Left: The second tower's rooftop amenities will include a pool, open-air fitness center and sky lounge. Below: Kalea Bay's main amenity area includes the community's clubhouse which features three separate pools, an indoor/ outdoor restaurant, fitness center, open-air bar and Internet café.



Above Left: Tower 200 at Kalea Bay is 22 stories and features 120 luxury residences. Above Right: Residents of Kalea Bay have indoor and outdoor dining options.

open floor plans, a private elevator leading directly into their residence and wood floors throughout," said Lodge.

The custom kitchens have Wolf and SubZero appliances, a natural gas range, luxury cabinetry, quartz countertops, a Butler's pantry and oversized island, all standard features.

"Our floor plans have an open design we call 'lifestyle designs' that blends the kitchen seamlessly into the living and dining rooms, perfect for the way people live today," said Lodge.

The master bedroom includes an

oversized walk-in closet while the master bath has his and hers vanities, quartz countertops, luxury cabinetry, a soaking tub and separate glass-enclosed shower.

"Master suites, kitchens and main living areas in most units have direct views to the water and preserve. They are perfect vantage points to watch our spectacular sunsets," Lodge said.

Additional residential features include floor-to-ceiling windows and doors that open to large lanais with transparent glass rails.

"We take our outdoor living as seri-

ously as our indoor living with oversized lanais on every residence," said Lodge. High-tech wiring and fully equipped laundry rooms round out the list of features.

Like the first tower, Tower 200 will also have rooftop amenities including a pool, open-air fitness center and a sky lounge.

Prices in Tower 200 begin at \$1.4 million. For more information regarding Kalea Bay, visit the onsite sales center. It is located on Vanderbilt Drive, two-tenths of a mile north of Wiggins Pass Road. Call (239) 793-0110 or visit KaleaBay.com. ■

Naples Grande Membership*
included for Phase 1 residents

A *Grande* Life Awaits You



Learn about this new collection of Life Plan (CCRC) residences by Moorings Park and London Bay Homes during our Information Luncheon. Discover all the unique features and benefits of this new community including:

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- Assisted Living, Memory Care & Physician Services included
- **70% refundable entrance fees**
- Luxurious lakefront residences
- Boardwalk & yoga pavilion
- Clubhouse with resort-style pool & spa
- **Pricing from \$1.5 million**

Please join us for an Informational Luncheon
Friday, October 12th at 11:30 am
Moorings Park Grande Lake
Sales Gallery

7330 Premier Drive, Naples, FL
RSVP by October 10th by calling 239.919.1620



For information on this new community, please call 239-919-1620
or visit our Sales Gallery Monday - Friday: 8:30 am - 5:00 pm
7330 Premier Drive, Naples, Florida 34105 | MooringsParkGL.org

DEVELOPED BY



Moorings Park® is a nationally accredited, non-profit, Medicare-certified community and one of the only Life Plan communities with A or A+ ratings by Fitch and S&P. All dimensions are approximate. Actual gross square footage may vary. All images are conceptual renderings and developer reserves the right to make modifications, including amenities, without prior notice.

*See your sales associate for Naples Grande Membership details.



ADVERTORIAL

Mangrove Bay

Built on Old Naples' last remaining significant waterfront property for residential development, the homes at Mangrove Bay are designed for those with exceptional taste desiring an unequaled residence and lifestyle.

The Palm Cottage on Lot 5 at 1360 Central Avenue is under construction! Superior construction and luxury appointments are featured throughout this single-story residence. The home encompasses approximately 2,514 square feet of living space and a 3-bedroom, 2.5 bath floor plan. Features include (but are not limited to) solid standing seam metal roofing, natural gas, hardwood floors throughout the entire home, custom crafted cabinetry, Thermadore appliance package, volume ceilings in the living room and master bedroom suite, a private pool, an outdoor kitchen and fireplace and hurricane rated doors and windows.

With Old Florida inspired architecture, this MHK designed home offers Gulf access and a private boat slip included with home purchase.

Have you heard about our BUYER INCENTIVES? For each new home purchased, over \$100,000 in upgrades will be a complimentary inclusion. Upgrades include items such as outdoor kitchens, outdoor fireplaces and electric roll-down screens.

More Construction Updates:

Lots 6, 12, and 16 along with the Amenity Center are UNDER CONSTRUCTION! Additionally, construction is now completed on the seawall and boat ramp. Finished models are on the way and slated for completion in Fall 2018.

These include Lots 13 and 25, both featuring Coquina II at 3,232 square feet; Lot 26, Amelia I at 3,098 square feet; and Lot 41, Keewaydin I at 3,272 square feet.

The Amenities Center will have a private on-site concierge to cater to every resident's needs which can include recommending and making arrangements for comprehensive property management services. The center will also include state-of-the-art wellness/fitness equipment and ground level storage area for resident's kayas, paddle boards and jet-skis. Additionally, a multi-purpose room will be housed there which



can be utilized for entertaining, fitness classes and much more. In addition, residents will enjoy easy access to the new 20+/- acre Baker Park and bridge accessing the 120+/- acre Gordon River

Greenway Preserve with trails immediately adjacent to the community.

Soon to break ground is the Gulfshore Playhouse, a cultural icon in Naples which will be a wonderful complement

to the Mangrove Bay community. Mangrove Bay offers a choice of one and two-story, Old Naples cottage-style luxury single-family homes complete with private pools and individual boat slips.

An outstanding waterfront address close to Old Naples, Mangrove Bay provides a world-class lifestyle combining estuary views and Gulf of Mexico access with all the nearby shopping and entertainment venues of 5th Avenue South.

Built by Lotus Construction, LLC the exclusive General Contractor for Mangrove Bay, these waterfront homes are available and won't last long. Come by our Sales Office to learn more about this exciting new construction waterfront community in the heart of Old Naples. ■

DON'T MISS OUT ON OUR BUYER INCENTIVES!!!

Over \$100,000 worth of upgrades will be a complementary inclusion in the purchase of a new home.



FEATURED MODEL PALM COTTAGE

Located on Lot 5 at 1360 Central Avenue is under construction! Superior construction and luxury appointments are featured throughout this single-story residence. The home encompasses approximately 2,514 square feet of living space and a 3-bedroom, 2.5 bath floor plan. Features include (but are not limited to) solid standing seam metal roofing, natural gas, hardwood floors throughout the entire home, custom crafted cabinetry, Thermadore appliance package, volume ceilings in the living room and master bedroom suite, a private pool, an outdoor kitchen and fireplace and hurricane rated doors and windows.

- Living Area: 2,514 sq. ft.
- Bedrooms: 3
- Full Bath: 2
- Half Baths: 1
- 2-Car, Attached

FINISHED MODELS ON THE WAY!

Under Construction and Slated for Completion in Fall 2018.

- LOT 13: COQUINA II - 3,232 sq. ft.
- LOT 25: COQUINA II - 3,232 sq. ft.
- LOT 26: AMELIA I - 3,098 sq. ft.
- LOT 31: USEPPA I (Modified) - 3,488 sq. ft.
- LOT 41: KEEWAYDIN I - 3,272 sq. ft.



239.261.2200 | www.mangrovebaynaples.com
 201 Goodlette Road South | Naples, Florida 34102
 Sales Center Hours of Operation:
 Monday through Friday 10:00am-4:00pm
 Saturday 11:00am-4:00pm, Sunday 12:00pm - 4:00pm
 or by appointment.

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This spectacular new series features a choice of nine luxury home plans, ranging in size from 2,517 to over 3,700 square feet under air and over 5,000 in total living area.

From the mid \$700s

FIDDLER'S CREEK | CAPISTRANO

This exclusive enclave of just 33 elegant homes features a choice of five single- and two-story floor plans that offer from 2,627 to 3,702 under air, and breathtaking views of the championship Creek Course.

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PORT ROYAL



OPEN 10/7 1:00PM - 4:00PM

1201 GALLEON DR., NAPLES
• <http://royalshell.me/galleondrive>
• Extraordinary 5 BR, 6 BA Estate, Over 9,700 S.F.
\$13,875,000 MLS 217020067
Call for Details! 239.213.9100

BONITA BAY - TAVIRA



OPEN 10/7 2:00PM - 4:00PM

4851 BONITA BAY BLVD. #804, BONITA
• Visit Tavira804.com for Details
• 3 Bedrooms, 3.5 Baths + Den, 2 Car Garage
\$2,495,000 MLS 218002029
Gary & Jeff Jaarda 239.293.1507

BONITA BAY - SPRING RIDGE



26060 FAWNWOOD CT., BONITA
• Elegant Brick-Front Estate Home
• Circular Driveway, Gracious Entry
\$1,450,000 MLS 216069692
Dotti Fagan, The Fagan Team 239.272.4946

BELLE LAGO



19447 LA SERENA DR., ESTERO
• 5 Bedroom, 6 Bath Estate Home
• New Pool & Spa w/Travertine Deck
\$799,000 MLS 218056062
Dotti Fagan, The Fagan Team 239.272.4946

FAIRWINDS



OPEN 10/7 1:00PM - 4:00PM

10218 AVONLEIGH DR., BONITA
• Lake View, Entertaining Family Home
• 3 BR, 3 BA + Den, Home Theater
\$549,000 MLS 218049004
Jim Westerfield, Westerfield Group 239.287.6617

COLONIAL OAKS

NEW LISTING



OPEN 10/7 1:00PM - 4:00PM

9929 COLONIAL WALK N., ESTERO
• 3 Bedrooms + Den, 2 Car Garage
• Private Pool w/Southern Lake Views
\$387,000 Call for Details!
Corye Reiter, The Lummis Team 239.273.3722

SPANISH WELLS



OPEN 10/7 1:00PM - 4:00PM

8990 PALMAS GRANDES BLVD. #102, BONITA
• 1st Floor, 2 BR, 2 BA, 1 Car Garage Condo
• Beautiful Lake & Water Feature Views
\$269,900 MLS 218017846
The Boeglin Team 239.287.6414

MARCO ISLAND



OPEN 10/7 1:00PM - 4:00PM

941 EMBASSY CT., MARCO ISLAND
• Pristine Water Views, 60' Expansive Boat Dock
• 3 Floors, 2 Master Suites, Elevator, Endless Beauty
\$4,900,000 MLS 218036357
Sylvie Hall, Westerfield Group 239.300.3828

PENINSULA AT TREVISO BAY



OPEN DAILY 10:00AM - 5:00PM

9938 MONTIANO DR., NAPLES
• Furnished Burano Model w/Decorator Upgrades
• Immediate Occupancy
\$2,399,000 MLS 216077530
Peninsula Sales Team 239.777.7209

NAPLES BAY RESORT

NEW LISTING



1530 5TH AVE. S. #C-213, NAPLES
• Boaters Paradise in the Heart of Naples
• Furnished 3 Story Townhome, Private Elevator
\$1,274,000 MLS 218061820
Dodona & Omela, The Roboci Team 239.776.8123

THE COLONY - FLORENCIA



OPEN 10/7 1:00PM - 4:00PM

23850 VIA ITALIA CIR. #406, ESTERO
• 3 Balconies w/Spectacular Views
• 3 Bedroom, 3 Bathroom + Den High Rise
\$799,000 MLS 217064749
Taylor Ekovich 239.370.7715

BONITA ISLES

NEW PRICE



9260 ISLA BELLA CIR., BONITA
• 4 BR, 2.5 BA + Den, Bonita Isles' Largest Model
• Beautiful Lake View, Southern Exposure
\$540,000 MLS 218026884
Loretta Young, Team LaVita 239.450.5022

VINTAGE RESERVE

NEW PRICE



638 VINTAGE RESERVE CIR. #2-B, NAPLES
• Beautifully Appointed, Amenity Rich Community
• 2 BR + Den, Light & Bright Floor Plan
\$379,900 MLS 218044783
Dodona & Omela, The Roboci Team 239.776.8123

PELICAN SOUND

NEW PRICE



20850 HAMMOCK GREENS LN. #203, ESTERO
• Beautifully Upgraded 2 BR, 2 BA Condo
• Sweeping Scenery & Golf Course Views
\$225,000 MLS 218048939
Taylor Ekovich 239.370.7715

QUAIL WEST



4213 BRYNWOOD DR., NAPLES
• 5 Bedrooms, 6.2 Bathrooms + Den
• Furnished, Transitional Style Courtyard
\$2,999,000 MLS 218016888
Pam Olsen 239.464.6873

BAYFRONT GARDENS



187 BAYFRONT DR., BONITA
• Homesite w/Panoramic Bay & Canal Views
• Double Gated Community
\$2,250,000 MLS 217053693
Ed Biddison 239.218.7444

THE COLONY



4611 VIA RAVENNA, ESTERO
• 4 Bedrooms, 3.5 Bathrooms, 3,547 S.F.
• Dwayne Bergmann Custom Design
\$1,249,000 MLS 218056101
McMurray & Nette 239.850.7888

SHADOW WOOD - TAMARIND TRACE

NEW LISTING



OPEN 10/7 1:00PM - 4:00PM

23108 FOXBERRY LN., ESTERO
• Enjoy Sunsets w/Lake to Golf Course Views
• Expanded Floor Plan, 3 BR, 3.5 BA + Den
\$795,000 MLS 218062454
Cindy Reiff & Cathy Lieberman 239.272.1196

CORKSCREW SHORES



OPEN 10/7 1:00PM - 4:00PM

20537 SHADY GLEN CT., ESTERO
• 3 BR + Den, Pool, Stunning Designer Features
• Private Lanai w/Preserve Views, SW Exposure
\$482,500 MLS 218050237
Dotti Fagan, The Fagan Team 239.272.4946

HAWKSRIDGE - COLONY

NEW LISTING



2515 TALON CT. #402, NAPLES
• Pristine
• Well Located
\$343,000 MLS 218062505
Steve Suddeth & Jenn Nicolai 239.784.0693



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North Carolina Locations:
Highlands and Sapphir

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BONITA BAY - COCONUT ISLE



26448 BRICK LN., BONITA
• Visit 26448BrickLane.com for Details
• 3 Bedrooms + Den, Pool/Spa
\$1,199,000 MLS 218019976
Gary & Jeff Jaarda 239.293.1507

PALMIRA GOLF & CC



OPEN 10/7 11:00AM - 3:00PM

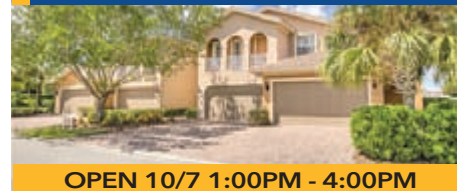
14074 LAVANTE CT., BONITA
• 4 BR, 4 BA + Den, 3 Car Garage, Pool
• 17' x 17' Master Suite w/Large Walk-In Closet
\$629,900 MLS 218040873
Veronika Meyers & Jim Nott 239.246.5786

BONITA BAY - WEDGEWOOD



26881 WEDGEWOOD DR #203, BONITA
• Bright & Open 3 BR, 2 BA, 2,000+ S.F.
• Magnificent Lake Views w/Southern Exposure
\$479,000 Call for Details!
Connie Lummis, The Lummis Team 239.289.3543

MEADOWS OF ESTERO



OPEN 10/7 1:00PM - 4:00PM

3620 LANSING LP. #202, ESTERO
• 2,841 S.F. of Luxury Living, 3 BR, 2.5 BA
• Long Lake View of Sunsets
\$335,000 MLS 218005211
Rick Warda, Westerfield Group 586.850.0018

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\$2,995,000 MLS 218045562
 Gary & Jeff Jaarda 239.248.7474

MARCO ISLAND



1280 STONE CT., MARCO ISLAND
 • Southern Views onto the Gulf
 • Gulf Entrance Minutes Away
\$2,850,000 MLS 218041216
 Kevin O'Leary 603.616.6010

PENINSULA AT TREVISO BAY



OPEN DAILY 10:00AM - 5:00PM

9933 MONTIANO DR., NAPLES
 • Furnished Domenica Model w/Decorator Upgrades
 • 4 BR, 4.5 BA + Den, 3 Car Garage
\$2,699,000 MLS 216080316
 Peninsula Sales Team 239.777.7209

PENINSULA AT TREVISO BAY



9946 MONTIANO CT., NAPLES
 • Quick Delivery w/Optional Furniture Package
 • 3,196 S.F., 3 Car Garage, Outdoor Kitchen
\$1,995,000 MLS 218031835
 Peninsula Sales Team 239.777.7209

PARK SHORE - VENETIAN VILLAS



4000 GULF SHORE BLVD. N. #300, NAPLES
 • 3 Bedrooms, 3 Bathrooms, 2 Car Garage
 • Boat Slip, Bayside Setting
\$1,895,000 MLS 218061848
 Gary & Jeff Jaarda 239.293.1507

PENINSULA AT TREVISO BAY



9882 MONTIANO CT., NAPLES
 • Full TPC Membership Included
 • 4 BR, 3.5 BA + Study, 3 Car Garage, 3,196 S.F.
\$1,695,000 MLS 218041276
 Peninsula Sales Team 239.777.7209

PELICAN BAY - CRESCENT



OPEN 10/7 1:00PM - 4:00PM

8460 ABBINGTON CIR. #1822, NAPLES
 • Private & Serene Golf Course Views
 • 3 BR, 3 BA + Den, Remodeled Condo
\$1,150,000 MLS 218056866
 Dodona & Omela, The Roboci Team 239.776.8123

BONITA BAY - BAYVIEW



4811 ISLAND POND CT. #1203, BONITA
 • Penthouse
 • 2,382 S.F. Under Air
\$1,100,000 MLS 217041042
 The Taranto Team 239.572.3078

PELICAN ISLE



445 DOCKSIDE DR. #204, NAPLES
 • Gorgeous Waterfront Views
 • Beautifully Renovated by BCB Homes
\$1,049,000 MLS 217074759
 Dru & Greg Martinovich 239.325.3505

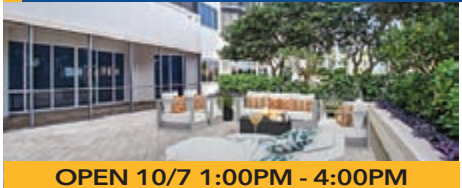
OLD NAPLES - MODENA



NEW PRICE

380 10TH ST. S. #204, NAPLES
 • Beautiful 2 BR, 3 BA + Den Townhouse
 • Bright & Airy Floor Plan, 1 Car Garage
\$939,000 MLS 218009698
 Galietti Team 239.826.5897

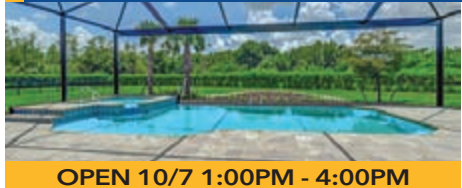
THE COLONY - FLORENCIA



OPEN 10/7 1:00PM - 4:00PM

23850 VIA ITALIA CIR. #105, ESTERO
 • Rare 3 Bedroom, 3 Bathroom, 3rd Floor Unit
 • Incredible Outdoor Patio
\$625,000 MLS 217039527
 Taylor Ekovich 239.370.7715

CORKSCREW SHORES



OPEN 10/7 1:00PM - 4:00PM

20529 SHADY GLEN CT., ESTERO
 • Peaceful Preserve Views, Coveted SW Exposure
 • 2 BR, 2 BA + Den, 3 Car GA w/Built-Ins & Sink
\$599,000 MLS 218044581
 Dotti Fagan, The Fagan Team 239.272.4946

BONITA BAY - WATERFORD



NEW LISTING

26290 DEVONSHIRE CT. #101, BONITA
 • Peaceful Golf & Lake Views
 • 3 BR, 3 BA, 2 Car Garage, 2,738 S.F.
\$589,000 MLS 218061215
 Gary & Jeff Jaarda 239.293.1507

LONGSHORE LAKE



NEW PRICE

11528 NIGHT HERON DR., NAPLES
 • 3 BR, 2 BA + Den, Pool, Totally Renovated
 • Beautiful Lake View from Screened-In Lanai
\$579,900 MLS 218042441
 Dodona & Omela, The Roboci Team 239.776.8123

BONITA BAY - BAY HARBOR



27025 SHELL RIDGE CIR., BONITA
 • Stunning, Remodeled, New Floors & Kitchen
 • Beach Club, Pickle Ball, Bocce & Marina
\$459,000 MLS 217071134
 Dotti Fagan, The Fagan Team 239.272.4946

BONITA BAY - WEDGEWOOD



OPEN 10/7 1:00PM - 4:00PM

26891 WEDGEWOOD DR. #202, BONITA
 • Spectacular Lake & Preserve Views
 • 2nd Floor, 3 BR, 2 BA, 2 Car Garage
\$442,000 MLS 218044253
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NEW LISTING

10340 YORKSTONE DR., BONITA
 • No Pool w/Private Preserve Location
 • 3 Bedrooms, 2.5 Bathrooms + Den
\$439,000 Call for Details!
 Deb Adams-Bateman 239.273.4824

HAWTHORNE



OPEN 10/7 1:00PM - 4:00PM

10216 COBBLE HILL RD., BONITA
 • Expansive Lake View
 • Beautiful Pool & Spa
\$389,000 MLS 218047775
 Deb Adams-Bateman 239.273.4824

SERRANO

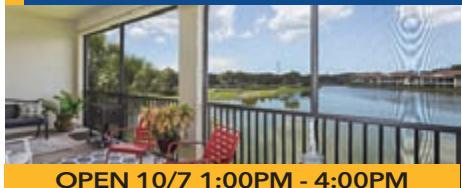


NEW LISTING

OPEN 10/7 1:00PM - 4:00PM

27028 ADRIANA CIR. #202, BONITA
 • 5 Miles to the Beach
 • Updated, 3 BR + Den, 2 Car Garage
\$310,000 MLS 218061534
 Sue Ellen Mathers 239.877.2726

HAWTHORNE



OPEN 10/7 1:00PM - 4:00PM

26510 LUCKY STONE RD. #201, BONITA
 • Beautiful Long Lake View from Oversized Lanai
 • Lives Like a Single Family at 2,300 S.F. Under Air
\$309,000 MLS 218044270
 Deb Adams-Bateman 239.273.4824

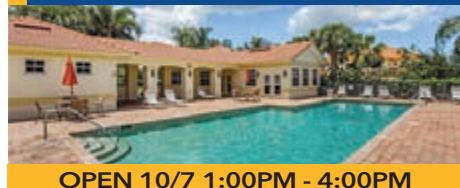
SPANISH WELLS



OPEN 10/7 1:00PM - 4:00PM

9181 LAS MADERAS DR., BONITA
 • 2 BR, 2 BA, Turnkey Attached Villa
 • Beautiful Lake & Golf Course Views
\$295,000 MLS 218024948
 Jim Griffith, The Boeglin Team 239.322.2409

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OPEN 10/7 1:00PM - 4:00PM

26497 LUCKY STONE RD. #201, BONITA
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 • Private & Pristine Preserve View
\$284,900 MLS 218057866
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ADVERTORIAL

Phase 1 buyers at Moorings Park Grande Lake to enjoy social membership to Naples Grande

There's exciting news coming from Moorings Park Grande Lake, Naples' new Life Plan (CCRC) Community being developed by Moorings Park in partnership with London Bay Homes.

It's been revealed that all Phase 1 buyers will receive a social membership to Naples Grande Golf Club. The membership takes effect the moment residents take occupancy of their home and until such time as the Moorings Park Grande Lake Clubhouse is completed.

The membership includes golfing privileges on the Naples Grande Golf Club's 18-hole championship golf course, and dining options in Naples Grande's elegant clubhouse.

In addition, residents have access to Naples Grande Beach Resort and its Har-Tru tennis courts, fitness center and spa, resort-style pool and beach, and preferred pricing on hotel rooms and dining.

These announcements, along with details regarding Moorings Park Grande Lake, will be discussed at an upcoming special event.

The informational luncheon will be held on Friday, October 12, at 11:30 a.m., at the Moorings Park Grande Lake Sales Gallery. Those wishing to attend need to RSVP by 5:00 p.m. on Wednesday, October 10, by calling 239-919-1620.

The Moorings Park Grande Lake Sales Gallery is located on Premier Drive, on the south side of Golden Gate Parkway, between Airport-Pulling and Livingston roads, inside the entrance to Naples Grande Golf Club.

"Moorings Park Grande Lake is going to be a spectacular community that offers exceptional healthcare services," stated Daniel Lavender, CEO of Moorings Park Institute, Inc. "We hope the public will take advantage of this opportunity to learn more about London Bay Homes' luxurious design and Moorings Park's commitment to Simply the Best® qualities, services and amenities."

Building upon the foundation that has made Moorings Park and Moorings Park at Grey Oaks the preferred choice for Life Plan (CCRC) communities in Southwest Florida, this third incredible neighborhood is planned for the next generation of residents.

Situated on 55 acres in the heart of Naples, Moorings Park Grande Lake will combine one-of-a-kind vistas of magnificent lakes and championship golf with luxury homes and exceptional healthcare.

Moorings Park Grande Lake is being created in partnership with esteemed luxury custom homebuilder and developer, London Bay Homes, long known for its award-winning architectural design and attention to detail.

"Future residents will be attracted to its natural beauty, classic design and total commitment to enabling them to live longer, healthier and happier lives," said Lavender.

"For nearly three decades, the brand promise of 'Private Label Living' has reflected our commitment to building and developing the finest luxury homes in Southwest Florida," said Mark Wilson, President of London Bay Homes. "It's an honor for us to now extend our philosophy of choice in design to the area's newest community."

The community will consist of luxurious mid-rise residences, including spacious penthouses. Prices start at \$1.4 million with 70 percent refundable entrance fees. Assisted Living, Memory Care and Physician Services are included.

Moorings Park Grande Lake is a pet-friendly campus and has been designed



Top: The resort-style pool with poolside cabanas overlooks the Life Plan community's large lake. Above Left: Gorgeous golf course and lake views are available from nearly every residence. Above Right: The Moorings Park Grande Lake clubhouse lobby is warm and inviting. Right: The clubhouse includes casual and fine dining venues and a long curved bar. Below: Moorings Park Grande Lake consists of luxurious mid-rise residences, including spacious penthouses.

to take advantage of the views of a 28-acre lake and the picturesque golf course beyond.

The physical environment presents an innovative and resort-style blueprint that provides for seamless physical and visual experiences. It also maximizes the beauty and appeal of waterfront living combined with high-end materials and services.

Consistent with other Moorings Park campuses, Moorings Park Grande Lake will include common areas that promote social interaction, which will allow and encourage residents to choose from indoor and outdoor activities year-round.

A few of the planned outdoor activities or amenities include a yoga pavilion, walking paths, lakeside parkettes with boardwalks, gardens, fire pits and overlooks, several bird-watching posts, and bocce and pickleball courts.

The areas for social gatherings were designed so the family members and friends of our residents could join in the various activities, which could include events such as outdoor concerts.

The clubhouse, as planned, will feature casual and fine dining venues, a private dining room, long curved bar, art studio, wellness center, state-of-the-art fitness center, strength and cardio



area, salon and spa, golf simulator, and a resort-style pool with poolside cabanas.

Also located in the clubhouse will be The Center for Healthy Living. The center is home to rehabilitation services, as well as the Care 360 concierge healthcare program, which was developed in partnership with NCH Healthcare System.

The Care 360 program offers a higher level of personalized primary care. Services are available to residents of

Moorings Park with no additional fees, other than typical co-pays. The Care 360 concierge physicians are accessible by appointment, plus 24/7 access via phone, text or email.

The Moorings Park Grande Lake Sales Gallery is open Monday thru Friday from 8:30 a.m. to 5:00 p.m., and is closed Saturdays and Sundays. Visit MooringsParkGL.org for additional information. ■

ADVERTORIAL

Stock releases The Cottonwood Collection at The Isles of Collier Preserve:

more models & neighborhoods available in South Naples

For nearly two decades, the name Stock Development has been synonymous with luxury homes in South Naples. That tradition continues as the company prepares for the upcoming winter season with the opening of new furnished models, the release of new neighborhoods the release of the new Cottonwood Collection at the Isles of Collier Preserve and the completion of a portfolio of beautiful ready-to-move-in homes.

Stock Signature Homes is expanding its offerings at The Isles of Collier Preserve with new models, new inventory homes and the release of The Cottonwood Collection of homes, which includes pricing from the mid-\$700s and a limited time offer of options and upgrades worth \$25,000.

This spectacular new series features a choice of eight luxury home plans, ranging in size from 2,500 to over 3,400 square feet under air and over 5,000 in total living area. These three and four bedroom designs include spacious interiors and spectacular outdoor living options.

Nestled amidst a pristine natural setting minutes from Downtown Naples, Isles of Collier Preserve features a colorful update of classic coastal living. Inspired by the timeless architecture and traditions of Old Naples, homes overlook miles of scenic kayak and hiking trails.

Stock has also released for sale the beautiful Canoe Landing neighborhood in Naples Reserve.

Canoe Landing consists of 64 homesites, nearly all of which offer waterfront views. Half of the homesites have been released in the first phase with home and homesite packages beginning at just \$480s. Stock's homes are from their Classic Series and include the Plantation III, the Marathon III, the Siesta III and the Wisteria. Floorplans range from 2,445 to 3,097 square feet under air and details can be found at www.stockdevelopment.com.

Stock has three furnished models open in Naples Reserve.

The spectacular Cocoplum is open as a furnished model and five new models from The Cottonwood Collection are scheduled to begin construction.

The Cocoplum model, which showcases an interior by Soco's Daniel Kilgore, is a 3,641 square foot residence that includes 1,004 square feet of covered lanai space. This four-bedroom, four and one-half bath home features a spacious great room design with an open, island-style kitchen, a dining room overlooking the lanai and a formal study. The home offers a spectacular outdoor living area and a three-car garage. Stock's home prices start from \$1.2 million.

Located just 10 minutes from downtown Naples, the Gulf of Mexico and Marco Island, Naples Reserve is a waterfront community centered around a picturesque 125-acre lake, with endless amenities for a casual, fun-filled lifestyle.

The community's initial lakefront resort-inspired amenities have been completed. These include The Island Club social center featuring a 5,160-square-foot clubhouse and an adjacent 3,500-square-foot fitness center with state-of-the-art equipment. Outdoors, a resort-style zero-entry pool offers dedicated lap lanes.

At Fiddler's Creek, Stock Signature Homes has released a beautiful new luxury home neighborhood.



Top: The Cocoplum at Isles of Collier Preserve. Above: The Plantation II at Naples Reserve. Right: The Ulyssa at Fiddler's Creek. Below Right: The Madison in Canoe Landing. Bottom: The Wisteria at Canoe Landing.

"Stock has released the Capistrano neighborhood in Fiddler's Creek, Canoe Landing in Naples Reserve and has new furnished models and inventory homes underway," said Claudine Léger-Wetzel, Vice President of Sales and Marketing at Stock Development. "It is an exciting time. Sales are strong as we continue to expand in one of the area's most desirable locations."

Capistrano is a spectacular enclave of 33 luxury homes offering five brand new floorplans, featuring a variety of spectacular golf course views. Most of the homes offer views across the beautiful fairways of the championship golf Creek Course. The floorplans also give homebuyers an amazing array of choices.

The uniquely designed single and two-story floor plans range from 2,627 to 3,702 square feet under air. They offer extraordinary flexibility with options that give the homes a range of three to six bedrooms. There are from three and one-half baths in the smallest home to four full baths and two half-baths in the largest plan.

All of the homes include large great rooms that open to a screened and covered lanai, which features outdoor kitchen and pool bath options. Inside, homeowners may choose a formal dining room, a formal study or extra bedroom suites.

The two-story plans include a large loft with a wet bar option and a bath. In each, a bedroom may also be included. All homes include a three-car garage. Prices in Capistrano begin from the mid-\$500's.

Visit a Stock Sales Center to find the lux-



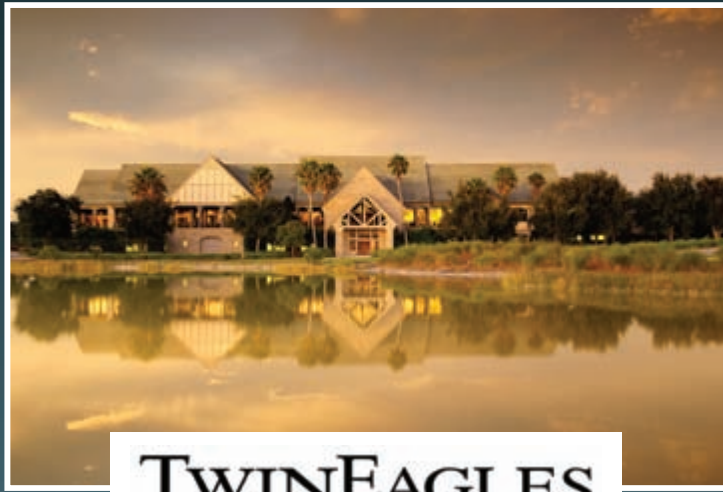
ury home of your dreams in South Naples! To see all that Stock has to offer, please visit the Stock Development website at www.stockdevelopment.com.

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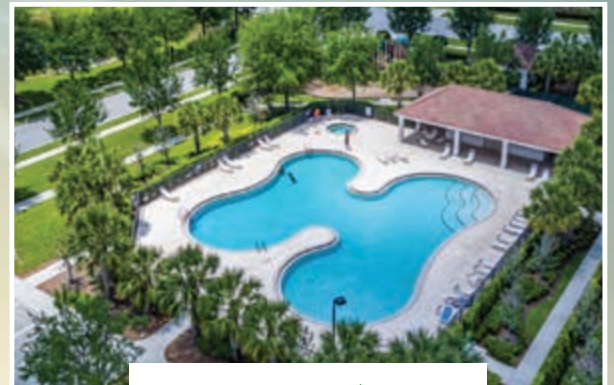
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WATER

From page 3

pleted, and any group of projects under the plan that the Corps determines will provide regional or watershed ecosystem or water supply benefits.

Congressman Rooney who, along with Rep. Diaz-Balart, recently voted to support the Water Resources Development Act of 2018, a bill that allows the Army Corps of Engineers to conduct projects improving water infrastructure and repairs as part of the Everglades Restoration and Herbert Hoover Dike projects, discussed several key Florida water projects that are already showing signs of water quality improvement like the re-channelization of the Kissimmee River. He also added that there is some growing interest in the exploration of whether boulder layer wells could provide wastewater solutions.

Rep. Diaz-Balart added, "Building bridges over U.S. 41 to let water flow naturally into the Everglades is another project that is part of the light at the end of tunnel."

Rep. Diaz-Balart went on to commend Rep. Rooney on his initiative to identify and bring fellow lawmakers to Florida where he provides tours so they can see the water quality issues first hand and understand the breadth of Florida's situation.

"Many of our colleagues own second homes in Florida so they already have a vested interest as property owners," said Rep. Rooney.

"Our work in Washington is to continue to advocate for funding to protect Florida's environment and economy," said Rep. Diaz-Balart.

With approved funds that were redirected from the hurricane relief fund, Rooney said "a total of \$700 million will be set aside to complete the Herbert Hoover dike repairs within five years. This allows us to hire three more contractors so work is done on schedule. Plus, the Army Corps of Engineers has promised to study necessary revisions to the lake's release schedule and also determine how much will go east and west."

A member of the audience asked about the Army Corps of Engineers and its role in the restoration process.

"The Corps is entrusted with removing water from the lake and regulating the quantity that is removed. The dike surrounding the lake has been determined to be structurally weak and that's what we are repairing now," said Rep. Rooney.

"We are closely focused on all areas surrounding the lake as it's a big part of the economy. Imagine if that lake were to die. The Corps will continue to explore what could happen if we keep lake levels lower in the wet season, and then do more releases in dry season," said Rep. Diaz-Balart.

The Congressmen also discussed their work to protect Florida's aquifers to make sure saltwater intrusion doesn't happen, and progress on the C-44 reservoir. Rep. Rooney commented, "This water reservoir is set to be complete in two years and will be located in West Palm Beach County where it will help clean the St. Lucie Estuary by pumping fresh water into the river."

NABOR's Water Quality Advisory Task Force will continue to be a presence at community and policy meetings where water quality is on the agenda. A second Water Quality Advisory newsletter will be distributed in October outlining water quality progress in Southwest Florida. ■



COCONUT CREEK LAKEFRONT • \$849,000

3 BEDROOMS • 4 BATHS • (2)1/2 BATHS • 3 CAR GARAGE • 5,362 SQ. FT

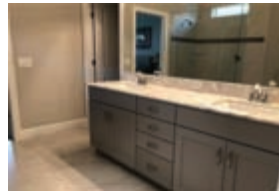
FORT MYERS • Custom-built lakefront estate located in Coconut Creek, a gated community with old Florida-style architecture. Estate offers volume ceilings, crown moldings, tile floors, a large formal dining room, custom drapes, outdoor kitchen, and a cabana poolside.



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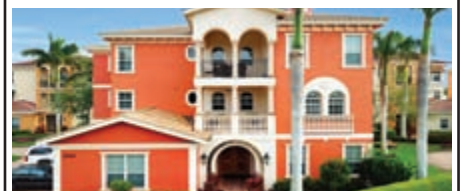
VOLTERRA – 10540 Via Milano Drive
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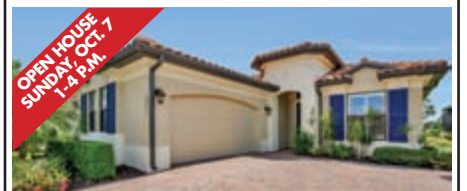
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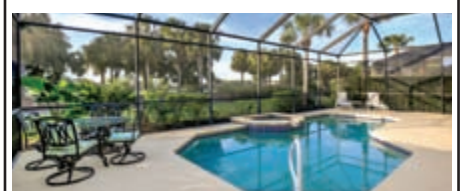


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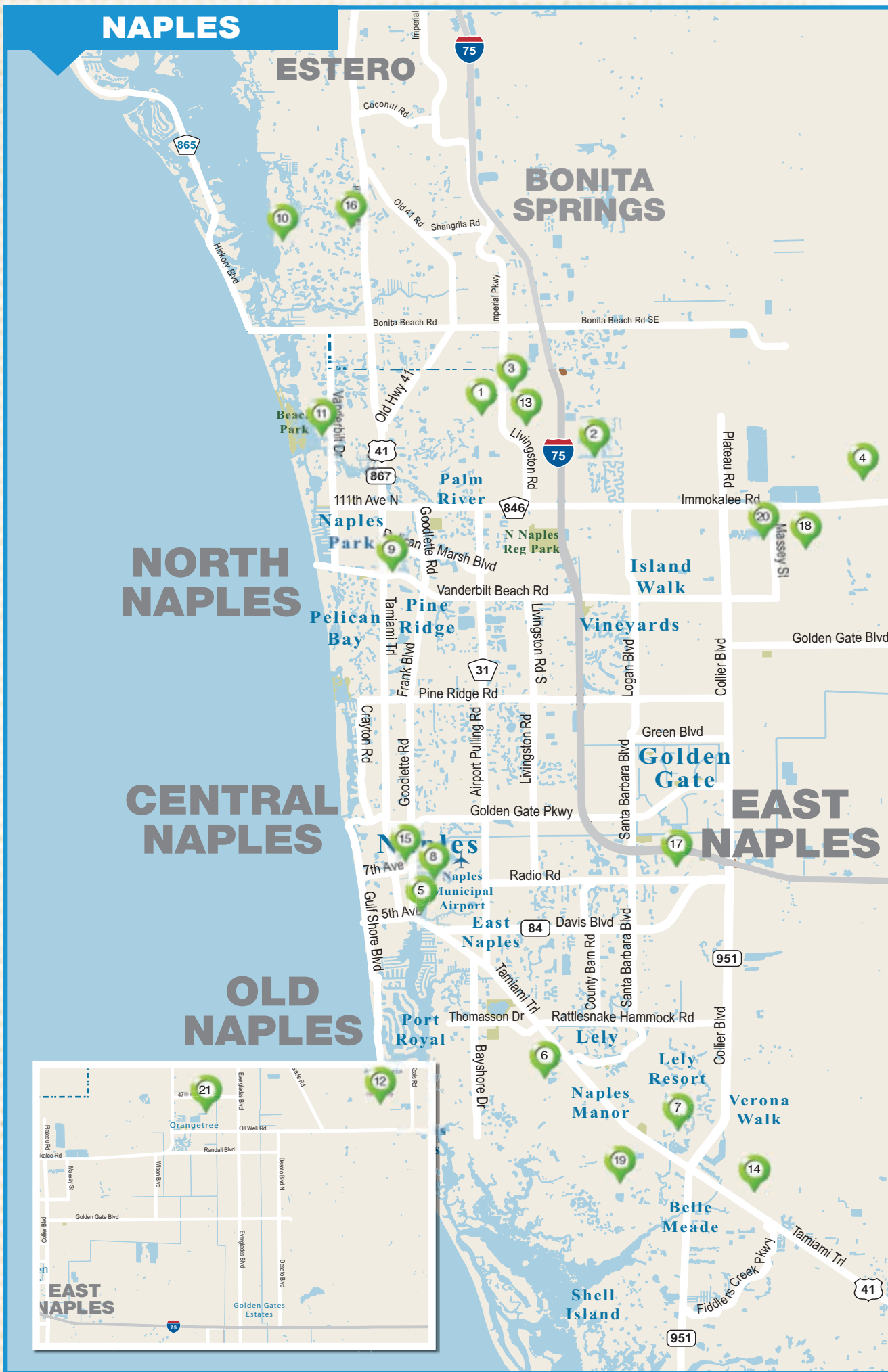
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Naples

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TORINO AT GREY OAKS	2121 Modena Court	\$1,650,000	John R Wood Properties	Emily K. Bua & Tade Bua-Bell 239.595.0097	Sunday 1-4pm
PARK SHORE	543 Parkwood Lane	\$1,500,000	John R Wood Properties	Emily K. Bua & Tade Bua-Bell 239.595.0097	Sunday 1-4pm
LELY RESORT - MAJORS	9095 Sahalee Court	\$1,149,900	Premier Sotheby's International Realty	Rebecca Sinatra 239.227.8556	Sunday 1-4pm
TERRACINA AT VINEYARDS	503 Terracina Way	\$1,350,000	John R Wood Properties	Emily K. Bua & Tade Bua-Bell 239.595.0097	Sunday 1-4pm
RESIDENCES AT MERCATO	9123 Strada Place #7125	From \$1,325,000	Premier Sotheby's International Realty	Sales Office 239.594.9400	Mon-Sat 10am-6pm & Sun 12-6pm
PARK SHORE - TERRACES	4751 Gulf Shore Boulevard North #1206	\$1,295,000	Premier Sotheby's International Realty	Polly Himmel 239.290.3910	Sunday 1-4pm
PELICAN BAY - CRESCENT	8460 Abbingdon Circle #1822	\$1,150,000	Royal Shell Real Estate	Dodona & Ornela, The Roboci Team 239.776.8123	Sunday 1-4pm
VILLALAGO AT MEDITERRA	18081 Lagos Way	\$1,100,000	John R Wood Properties	Emily K. Bua & Tade Bua-Bell 239.595.0097	Sunday 1-4pm
TREVISO AT THE COLONY	23750 Via Trevi Way #503	\$995,000	Domain Realty	Bill Arndt 239.250.5045	Sun & Wed 1-4pm
LELY RESORT - CLASSICS	7874 Players Street	\$899,000	Premier Sotheby's International Realty	Sean Meehan 239.404.0109	Sunday 1-4pm
PELICAN BAY - PEBBLE CREEK	7687 Pebble Creek Circle #104	\$660,000	Premier Sotheby's International Realty	Emie Barnes 239.877.0252	Sunday 1-4pm
BENT CREEK PRESERVE	9323 Glenforest Drive	\$649,900	Premier Sotheby's International Realty	Charlina McGee 239.770.1911	Sunday 1-4pm
CEDAR HAMMOCK	3816 Wax Myrtle Run Lane	\$649,000	Premier Sotheby's International Realty	ML Meade 239.293.4851	Sunday 1-4pm
GULF HARBOR	730 Pan Am Avenue	\$619,000	Premier Sotheby's International Realty	Gentry Wesner 239.595.7951	Sunday 1-4pm
MEDITERRA	28530 Calabria Court #102	\$550,000	John R Wood Properties	Emily K. Bua & Tade Bua-Bell 239.595.0097	Sunday 1-4pm
MARBELLA ISLES	13445 Monticello Boulevard	\$495,000	Premier Sotheby's International Realty	Kimberly Wagner 239.571.5474	Sunday 1-4pm
JASMINE LAKES AT CYPRESS WOODS	3915 Jasmine Lake Circle	\$399,900	John R Wood Properties	Emily K. Bua & Tade Bua-Bell 239.595.0097	Sunday 1-4pm
BAY FOREST	15260 Cedarwood Lane #202	\$390,000	Gulf Breeze Real Estate	Sue Myhelic 239.216.6444	Sunday 1-4pm
INDIGO LAKES	14983 Savannah Drive	\$365,500	John R Wood Properties	Emily K. Bua & Tade Bua-Bell 239.595.0097	Sunday 1-4pm
NAPLES PARK	820 110th Avenue North	\$359,900	Gulf Breeze Real Estate	Sue Myhelic 239.216.6444	Sunday 1-4pm
LELY RESORT	8986 Cambria Circle #2203	\$299,900	4 Percentage Realty	Bob Dratler 239.206.1672	Open by appointment
CYPRESS WOODS GOLF & C.C.	3455 Laurel Greens Lane #S-103	\$259,000	Gulf Breeze Real Estate	Sue Myhelic 239.216.6444	Sunday 1-4pm
WYNDEMERE - COURTSIDE COMMONS	502 Courtside Drive	\$198,000	Premier Sotheby's International Realty	Shelley Monteiro 239.919.7909	Sunday 1-4pm COUNTRY
CLUB MANOR	5499 Rattlesnake Hammock Road #105	\$149,500	4 Percentage Realty	Bob Dratler 239.206.1672	Open by appointment

Marco Island

MARCO ISLAND	941 Embasst Court	\$4,900,000	Royal Shell Real Estate	Sylvie Hall, Westerfield Group 239.300.3828	Sunday 1-4pm
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Bonita Springs

BONITA BAY - TAVIRA	4851 Bonita Bay Boulevard #804	\$2,495,000	Royal Shell Real Estate	Gary & Jeff Jaarda 239.293.1507	Sunday 2-4pm
BONITA BAY - WOODLAKE	3959 Woodlake Drive	\$739,000	Premier Sotheby's International Realty	Pamela Hershberger 239.784.7534	Sunday 1-4pm
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FAIRWINDS	10218 Avonleigh Drive	\$549,000	Royal Shell Real Estate	Jim Westerfield, Westerfield Group 239.287.6617	Sunday 1-4pm
BONITA BAY - WEDGEWOOD	26891 Wedgewood Drive #202	\$442,000	Royal Shell Real Estate	Cathy Lieberman & Cindy Reiff 239.777.2441	Sunday 1-4pm
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HAWTHORNE - COBBLESTONE	10216 Cobble Hill Road	\$389,000	Royal Shell Real Estate	Deb Adams-Bateman 239.273.4824	Sunday 1-4pm
SERRANO	27028 Adriana Circle #202	\$310,000	Royal Shell Real Estate	Sue Ellen Mathers 239.877.2726	Sunday 1-4pm
HAWTHORNE - CHESAPEAKE COVE	26510 Lucky Stone Road #201	\$309,000	Royal Shell Real Estate	Deb Adams-Bateman 239.273.4824	Sunday 1-4pm
SPANISH WELLS- LAS BRISAS	9181 Las Maderas Drive	\$295,000	Royal Shell Real Estate	Jim Griffith, The Boeglin Team 239.322.2409	Sunday 1-4pm
HAWTHORNE - CHESAPEAKE COVE	26497 Lucky Stone Road #201	\$284,900	Royal Shell Real Estate	Deb Adams-Bateman 239.273.4824	Sunday 1-4pm
SPANISH WELLS- LAS BRISAS	8990 Palmas Grandes Boulevard #102	\$269,900	Royal Shell Real Estate	The Boeglin Team 239.287.6414	Sunday 1-4pm

Estero

THE BROOKS - KENWOOD	22330 Kenwood Isle Drive	\$915,000	Premier Sotheby's International Realty	Roxanne Jeske 239.450.5210	Sunday 1-4pm
THE COLONY - FLORENCIA	23850 Via Italia Circle #406	\$799,000	Royal Shell Real Estate	Taylor Ekovich 239.370.7715	Sunday 1-4pm
THE BROOKS - TAMARIND TRACE	23108 Foxberry Lane	\$795,000	Royal Shell Real Estate	Cindy Reiff & Cathy Lieberman 239.272.1196	Sunday 1-4pm
THE COLONY - FLORENCIA	23850 Via Italia Circle #105	\$625,000	Royal Shell Real Estate	Taylor Ekovich 239.370.7715	Sunday 1-4pm
CORKSCREW SHORES	20529 Shady Glen Court	\$599,000	Royal Shell Real Estate	Mike Fagan, The Fagan Team 239.340.5455	Sunday 1-4pm
CORKSCREW SHORES	20537 Shady Glen Court	\$482,500	Royal Shell Real Estate	Mike Fagan, The Fagan Team 239.340.5455	Sunday 1-4pm
COLONIAL OAKS	9929 Colonial Walk North	\$387,000	Royal Shell Real Estate	Corye Reiter, The Lummis Team 239.273.3722	Sunday 1-4pm
MEADOWS OF ESTERO	3620 Lansing Loop #202	\$335,000	Royal Shell Real Estate	Rick Warda, Westerfield Group 586.850.0018	Sunday 1-4pm
THE BROOKS - SUNSET STREAM	23561 Sandycreek Terrace	\$187,500	Royal Shell Real Estate	Denny Koesters & Robin Bennett 219.789.0099	Sunday 1-4pm

Fort Myers

RENAISSANCE	9588 Via Lago Way	\$929,900	Premier Sotheby's International Realty	Jay Westerlund 239.216.1211	Sunday 1-4pm
THE FOREST - OAKS	16031 Forest Oaks Drive	\$884,000	Premier Sotheby's International Realty	Ray Felitto 239.910.5340	Sunday 1-4pm

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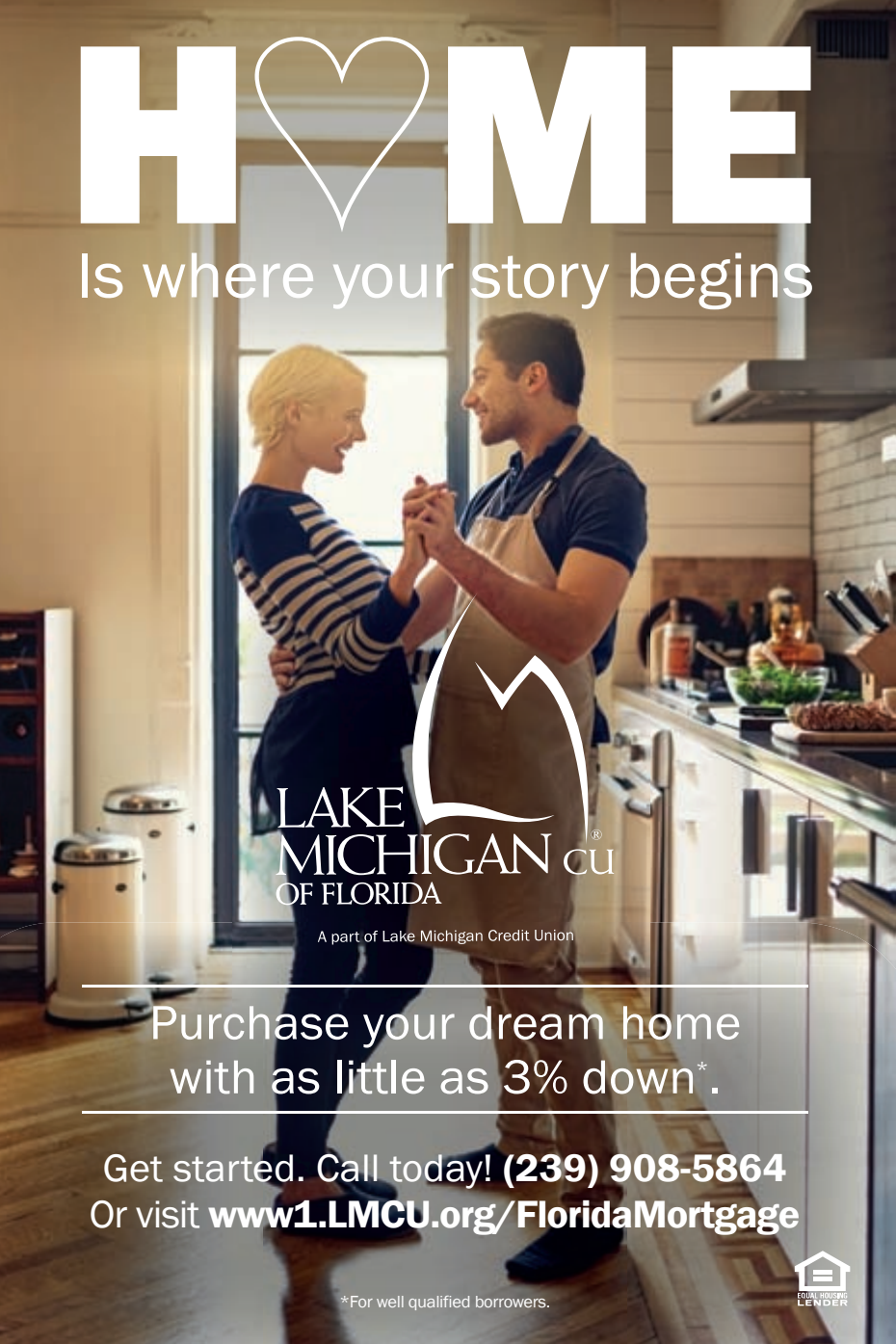
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ARTS & ENTERTAINMENT

WEEK OF OCTOBER 4-10, 2018

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SECTION C



COURTESY PHOTO

Thomas A. Lockyear II, historian at the Museum of the Everglades, shares a photo with FPUSA.

PBS show to tell SW Florida history through family photos

BY NANCY STETSON
nstetson@floridaweekly.com

A young man standing proudly by a 1940 Plymouth, one foot resting on the running board. A gaggle of children seated in age order on a floral couch. A just-married couple standing on church steps with rice in their hair, beaming. A family seated around a table, captured post-meal, mid-laughter.

Old black-and-white family photos intrigue us, even when they are not images of our own family.

The moment captured, never to be repeated, the event memorialized for all time:

First day of kindergarten. Birth of a baby. A visit from far-away relatives. Leaving for college. First apartment. A quinceañera. A bat mitzvah. A christening. A church picnic.

The Senegalese poet, Leopold Senghor, who wrote for the Negritude Movement, said, "A photograph is the purest thread from one person's eyes to another's heart," quotes Don Perry. "That, I think, is the power of these images," he says. "They haunt us. Because they're speaking to our heart."

Mr. Perry is the executive director of "Family Pictures USA," a new PBS show currently being recorded in Southwest Florida.

"This is 'Antiques Road Show' meets 'StoryCorps' with family photographs as the central element," he says.

Or, think of it as Studs Terkel's oral histories of everyday people, but using photos more than words.

"Basically, what we're doing, is taking the family photograph outside of the family album and bringing it into a public share, a public performance, in order to underscore their importance to our collective social and cultural history," says Mr. Perry. "Because when we think about history with a capital H, it's collected, it's curated, it's compiled by gatekeepers who have a particular point of view or perspective that may not necessarily capture the fullness and the richness and the nuance behind that history. And where you find that fullness, history and nuance are in the collected memory that is represented by these

SEE SHOW, C4 ▶

From a trail-blazing female comedy writer to the youngest White House speechwriter ever, there's no schlock in lineup of 25 authors



The Greater Naples Jewish BOOK FESTIVAL

BY PHIL JASON
Florida Weekly Book Critic

BEGINNING THIS MONTH AND CONCLUDING in April, the fourth annual Greater Naples Jewish Book Festival offers a series of events likely to surpass the stellar achievements of its first three years.

A project of the Jewish Federation of Greater Naples in cooperation with the Jewish Book Council, the festival brings 25 authors to 16 events at several venues. As in past year, several events feature two authors matched by a common theme or genre; others will showcase a solo presenter. Here's the fall lineup:

■ 7:30 p.m. Wednesday, Oct. 17, at the Hilton Naples: Comedy writer and performer Carol Leifer

— Television comedy was an exclusive all-boys club for years — until Ms. Leifer came along, blazing a trail for funny women everywhere. From "Late Night with David Letterman" and "Saturday Night Live" to "Seinfeld" and "Modern Family," Ms. Leifer has written for and/or performed on some of the



LEIFER

SEE FESTIVAL, C20 ▶

INSIDE



Stephanie Davis

'80s culture made it seem misogyny was normal. C2 ▶



Off Broadway

Comedy "Don't Dress for Dinner" opens Off Broadway Palm season. C10 ▶



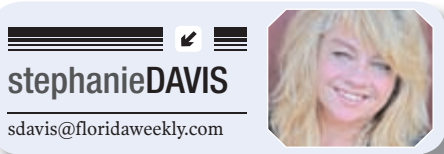
Cuisine

You'll want more than just a Taste of Peru. C27 ▶

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'80s culture made it seem misogyny was normal



In a world where a potential Supreme Court Justice, Brett Kavanaugh, is accused by multiple women of assault when he was young, and CBS executive Les Moonves loses his job because of allegations of harassment and assault that occurred back in the '80s, there seems to be a pervasive attitude that because these assaults happened years ago — or occurred when many of these men were “younger” — that it somehow doesn't count.

I had a conversation with an acquaintance who said, “If Brett Kavanaugh's accuser thinks that a guy jumping on her and trying to have sex with her in high school is ‘assault’ — then we've all been assaulted.” As if it were normal boyish behavior and was perfectly acceptable.

It's not. It was not acceptable when I was 15, and a 17-year-old football player who I had a crush on offered to drive me home and instead took me to a secluded area and told me to take off my shirt. Scared to death, when I meekly said no, he pounced on my five-foot-tall, 90-pound body. I managed to open the passenger door and run home. When I told some of my girlfriends about the incident back then, many said, “It sounds like he likes you!”

I'm not sure how as teenage girls in the '80s some of us mistook groping,

stalking and assault as signs that a boy liked us. Or how some still believe that to this day.

But I thought more about it when another friend pointed out that many of the films and songs from our tender years fostered that harmful attitude.

My friend used “Summer Nights” from the movie “Grease.” The girls sing: “Tell me more/Tell me more/Was it love at first sight?” While the boys sing, “Tell me more/Tell me more/Did she

put up a fight?”

That has to be one of the more misogynistic lyrics of the times.

Recently, Molly Ringwald wrote a fascinating piece for The New Yorker looking back on one of her most popular films, “The Breakfast Club.” She writes that when she showed the film to her daughter, she noticed a scene where Judd Nelson's character, John Bender peeks up her skirt and that seeing it now, in a climate where woman are

coming forward with their stories of being violated, the scene made her uncomfortable. And yes, Bender sexually harasses Claire throughout the whole film, but in the end he gets the girl.

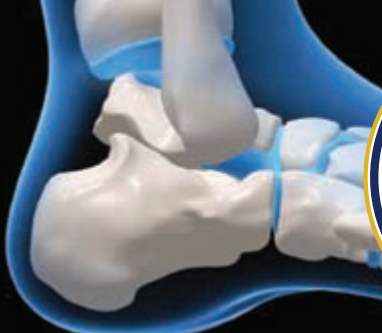

Other songs: “Every Breath You Take” by the Police about a man sexually stalking a woman. And even around the holidays, there's the creepy “Baby, It's Cold Outside” a duet that has the man offering the woman, “Maybe just a half a drink more.” And the woman asking, “Say, what's in this drink?” as he insists upon her staying the night.

I'm not trying to ruin any Gen X popular culture for any of my 40- and 50-something friends, but culturally accepted mores shaped us into thinking that if a boy hurt you, covered your mouth, held your hands behind your back, or told

you to take off your shirt, it was a sign of attraction, when it had everything to do with control and abuse.

When we dismiss Brett Kavanaugh's (or anyone's) harmful actions because “he was young,” we're telling our daughters that it's no big deal if a boy gets on top of you and clamps his hand over your mouth to silence you.

It has to stop with us. And unlike Sandy in “Grease,” we have to put up a fight. ■

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THIS WEEK ON WGCU-TV

THURSDAY, OCT. 4, 8 P.M.
Jamestown, Part 2

Settlers Farlow and Redwick show that their disdain for the women is intensifying and they attempt to send them a powerful message. When a mysterious illness spreads, they see an opportunity to exploit it and accusations of witchcraft are levied.

FRIDAY, OCT. 5, 9 P.M.
Great Performances
Grammy Salute to
Music Legends 2018

The tribute concert will honor the Academy's 2018 Special Merit Awards that include Tina Turner, Neil Diamond, Emmylou Harris, Louis Jordan, The Meters, Queen, Seymour Stein, Tony Agnello and Richard Factor, Hal Blaine and John Williams.

SATURDAY, OCT. 6, 8 P.M.
Antiques Roadshow
New York City, Part 1

Trash, treasure or in between? Visit New York with show hosts to see what turns up.

SUNDAY, OCT. 7, 9 P.M.
Poldark
Season 4, Part 2

Who will be the winners and the losers when a wrestling match, an election and an aspiring suitor bring competition with the highest stakes – personal and political – to Cornwall?

MONDAY, OCT. 8, 9 P.M.
American Experience

The Circus, Part 1
This is the first episode in a four-



"Poldark," Season 4, Part 2, 9 p.m. Oct. 7.

hour miniseries that tells the story of one of the most popular and influential forms of entertainment in American history.

TUESDAY, OCT. 9, 9 P.M.
American Experience
The Circus, Part 2

Drawing upon a visual archive and a host of performers, historians and aficionados, the episode follows the rise and fall of the gigantic, traveling tented railroad circus and brings to life an era when Circus Day would shut down a town and its stars were among the most famous people in the country.

WEDNESDAY, OCT. 10, 8 P.M.
Nature
Animal Reunions

What happens when people are reunited with the wild animals with which they forged a deep bond years ago? Will these gorillas, elephants, cheetahs and chimpanzees still recognize their human caregivers? ■

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OCTOBER

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Open House
October 11, 6:00-9:00

JOSEPH WENDT
CUSTOM CLOTHIERS
Spivey Trunk Show
October 12-13



Save The Date
October 20, 12:00-3:00



BAR TULIA
Guest Bartender Night
October 20

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Cambier Park
October 27, 1:00-4:00

HALLOWEEN
SPOOKTACULAR
October 31, 4:30-7:30

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SHOW

From page 1

family archives, these little moments that people think are so important to them that they take out a camera, take a picture, print it out and put it in an album so they can look at it later and remember that important moment.”

And, he adds, when those captured remembrances are put side-by-side with those of other people in the community, “it creates this incredible mosaic that contains a lot of similarities across our differences: ‘Oh, I didn’t know those people celebrated that, with the same instruments and same accoutrements that we celebrate X. They look like my family.’ So what we’re doing through this project, in a very subtle way, is to get people to see themselves in the experiences of others.”

“And we do it very innocently. We say, ‘Come tell us your story. Share your images of things that are important to you.’”

In the summer of 2019, they’ll broadcast three PBS specials of “Family Pictures USA,” with each one-hour show focusing on a different area of the country: Detroit, Southwest Florida and North Carolina.

“The television show is a look at a particular area through the lens of the lived experiences of the residents there, the people who live there, using their family photographs and their family stories,” he says. “Our host, Thomas Allen Harris, is going to build a storyline by connecting the dots between the different family narratives we are gathering.”

The show will hold two public events in southwest Florida, one at the Heights Foundation in Fort Myers on Oct. 13 and the other at the Boys & Girls Club in Immokalee on Oct. 20, both from 10 a.m. to 8 p.m.

Only 100 slots are available for each location. Those who sign up are asked to bring family photographs with them. They’ll be interviewed (and videotaped) for 15 minutes, and also have portraits taken with family members and with their photographs. Their photographs will be scanned and added to an archive; Participants will receive a copy of the scanned images on a CD.

“We’ll be looking for five to six people to do what we call deep dives,” he says. “For example, we met with Kathy Kelly, who was telling us about her family coming up from Key West. They landed in Chokoloskee.”

Kathryn Kelly, founder and president of the Heights Foundation in Fort Myers, is a fifth-generation Floridian. Her great-



COURTESY PHOTO

WGCU staged a kick-off event for the project.

great grandparents arrived in Chokoloskee in the early 1800s because they were Neapolitan sympathizers.

“They were his bodyguards,” she explains. “When he was captured, they left. Chokoloskee was a place where people went to hide if they were in trouble. It’s in the middle of nowhere, very swampy, with mangrove islands.”

In 1900, her ancestors sold the island of Chokoloskee to Ted Smallwood for \$600 and a barrel of whiskey.

She had two great-uncles who were rumrunners during the Prohibition and another who murdered a man. Her father, Ed Kelly, was a potato farmer in the Heights, where his daughter has now built a school and community center for the descendants of his farmhands.

She’s excited about the show.

“I think it’s brilliant,” she says. “I love what they’re doing. There’s just something about old photos. They just resonate with you. Just looking at them helps you realize how people lived during that era, how they dressed, how they looked.”

She has nieces and nephews and grand-nieces and -nephews, so her family now extends for seven generations in Florida. She’s resolved to go through the photos and talk about them with the younger generations, so they know their family history. And she also wants to sign up her 90-something-year-old Aunt Fran to participate in the project.

“It gives you a sense of belonging,” Ms. Kelly says.

“Family Pictures USA” grew out the Digital Diaspora Family Reunion Roadshow.

“Over the past 10 years in more than 55 cities on three continents ... we’ve interviewed 3,500 people about their



Thomas looking at photos in his archive

family stories and we gathered in excess of 40,000 images in a digital library that is still building,” Mr. Perry says.

They also made a film called “Through a Lens Darkly: Black Photographers and the Emergence of a People,” which debuted at the Sundance Film Festival in 2014 and aired on PBS the following year.

The point of the film was to show how black families used the camera as a tool of social change, he says. When they started out, they were told that black families did not have photographs.

“But photography came to the U.S. in 1840 in New Orleans by a man named Jules Lyon,” Mr. Perry says. “He was a free man of color who was in Paris in 1939 and learned photography from Louis Daguerre. So black people have been involved in photography from the very beginning. The images just weren’t collected.”

When they put out a call for photographs in Atlanta, the next morning people came with trunkloads of images going all the way back to the 1840s.

“If you want to find the image of the black family, you have to go to the family,” he says. “That’s why we started going around. When we released this film, we wanted to invite people to share their stories.”

While the history books are filled with stories of famous people, “Family Pictures USA” focuses on what Mr. Perry calls “ordinary folks.”

“We like to talk about the extraordinariness of the everyday ordinariness,” he says.

For example, he says, a woman in Boston was sharing a photograph of her family, a picture with six people in it.

“She said, ‘My grandparents were always dressed up in funny clothes.’ A woman in the back of the room said, ‘I know what they’re doing. Up front, those two people are my grandparents.’

“It turns out that the photo is an arti-



A photo of the Detroit production team, including Don (executive producer) in blue on the left and Thomas (host, executive producer) in the front.

in the know



FAMILY PICTURES USA

Open call to participate in “Family Pictures USA.”

- >> 10 a.m. – 8 p.m. Saturday, Oct. 13
The Heights Center, 15570 Hagie Drive, Fort Myers
- >> 10 a.m. – 8 p.m. Saturday, Oct. 20
At the Boys & Girls Club, 1155 Roberts Ave. West, Immokalee
- >> Sign up for a slot on either date by going to wgcu.org/familypictures, or go to Info@FamilyPicturesUSA.com (put “My Paradise Story” in the subject line) or call 877-FPU-SA3 (437-8723) and ask for the Paradise Desk.

fact of a road troupe for the Lincoln Players. The Lincoln Players were the first professional African-American theater group in the country. No one knew they had traveling road shows to other cities until now. And now those two women are doing a book about the Lincoln Players and are using family photographs.”

WGCU is one of three PBS stations in the country chosen to partner with “Family Pictures USA” for its national debut.

Additionally, the show will also work closely with Florida Gulf Coast University.

“Everywhere we go, we partner with institutions to be local repositories of everything we gather at these events — photographs, ephemera,” Mr. Perry says, explaining that along with photos, people often bring videotapes, home movies and newspaper articles.

“They’re creating a visual history of Southwest Florida and these collections that we’re gathering will be an integral part,” he says. “It will go to a permanent collection that will be open to the public, and people can continue to add to it. These are stories of a community. It’s also turning the light on and sparking in people a love of their own experiences and its value to them and its value to the rest of us.”

When he came down to Southwest Florida, his first impression was of “vastness, stretching forever,” he says. “There was a rawness, a frontier quality, something elemental in this landscape. One thing we’ve learned is that the land shapes the experience of the people who are there and the people shape the land.”

Those who lived here had to take care of the land and water and wildlife, because it was their livelihood.

“They depended upon it,” he says, “the cowboys, the Seminoles — they lived with this massive ecosystem. They had to work with it, not against it ... You cannot tell the story of Southwest Florida without telling their stories. They have photographs too. It’s very important to us that people see this, because when they do, they’ll think, ‘Oh, they’re just like me.’”

Why do people take photographs?

“They want to capture that moment, the specialness of that moment, that person, the person they love, the person who loved them,” Mr. Perry says. “It comes through in a photograph. We’re looking at images of love.”

“Our mission is to go around and ask people, ‘Tell us our story. Show us your images.’ And in the process, ‘Show us what love looks like.’ So we can all be enriched by that.” ■

COLLECTOR'S CORNER

Early phonograph cranks out sounds of the past

scott SIMMONS
ssimmons@floridaweekly.com



The day we visited the Edison Home was a hot one.

It was 1973 and I was 10 years old and I was on a fourth grade field trip.

I remember the sweat pouring down our faces as the school buses dropped us off near the huge banyan tree that shades the museum and laboratory.

The buses, like our classrooms at Orange River Elementary School, were not air-conditioned, and we longed for a breeze as we bumped and we bounced along Palm Beach Boulevard, past the motels, big houses and royal palm trees, then headed down Bay Street before making the turn onto McGregor Boulevard and exiting the bus.

For me, the Edison estate was a place of mystery.

The houses were on one side of McGregor, and the only parts you could see were the rooftops — hedges of croton and aralia and banks of the exotic shrubs and trees Thomas Edison had planted all but hid the views of the houses from the street.

The buildings are quite visible from the road today, but back then, you literally had to lean over the white picket fences to see anything more. The hurricanes of 2004, 2005 and 2017 cleared

all that vegetation.

Edison's laboratory and museum were across the street, and that's where tours started.

In the 1970s, many of the docents had been lab assistants to Edison himself, those lads of the teens and the '20s now old men themselves.

We checked out the laboratory, where his lab coat hung just as he left it, then moved to the museum, where his cars and his inventions were on display, including phonographs, their painted Morning Glory horns offering a symphony of pinks and blues that stood in stark contrast to the low-fidelity scratches and squawks that came from the early recordings.

At another display, I remember there being a large lightbulb.

"You can press this button and light up the entire room," the docent told us.

I lingered at the display, all set to push the button, but was chastised by another docent to stay with my group. I guess that hadn't been an invitation.

My mother, grandmother and I often returned to the Edison Home and neighboring Henry Ford estate at Christmas to see the decorations.

But it was 30 years before I returned to the museum portion of the property, to hear a holiday musical performance that included my niece and nephew.

I looked — the phonographs were still there — so was the lightbulb.

That time, I was not tempted to touch. ■

THE FIND:

A Victor VV-50 portable phonograph

Seen: DejaVu Estate Liquidators, 4086 PGA Blvd., Palm Beach Gardens; 561-225-1950 or www.dejavuestateliquidators.com.

The Price: \$150

The Skinny: Thomas Edison's creation in 1877 of a marketable phonograph was transformative — for the first time, you could record and keep a copy of the sounds of people's voices.

Early recordings were primitive — the sounds of thin, ghostly voices and tinny instruments arise from the scratches and surface noise of those first cylinder records.

Little had changed in recording techniques by 1921, the year Victor first marketed this VV-50 portable phonograph — singers and instrumentalists performed in front of a recording horn. There was no way to regulate the sound, other than by moving toward or away from the recording horn. Records became more true to sound in the late 1920s, with the advent of electrical recording processes that used microphones.

This player was the Walkman or iPod of its day. You could take this phonograph with you on picnics or easily move it around the house, and tuck it out of the way.



SCOTT SIMMONS / FLORIDA WEEKLY

The wood case is pretty, and the phonograph still gives a thrill with the shrill sounds of the past.

Don't forget:

The West Palm Beach Antiques Festival — Early buyer is noon-5 p.m. Oct. 5. Regular show hours are 9 a.m.-5 p.m. Oct. 6 and 10 a.m.-4:30 p.m. Oct. 7. It's at the South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. Cost: \$8 adults, \$7 seniors, \$10 for early buyer and \$10 for two-day admission. Info: 941-697-7475 or www.wpbf.com. ■

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WHAT TO DO, WHERE TO GO

THEATER

I'll Eat You Last – By The Studio Players, Oct. 5-21 at Golden Gate Community Center. 4701 Golden Gate Pkwy. 398-9192 or www.thestudioplayers.org.

Peter & The Starcatcher – By The Naples Players, through Oct. 28 at Sugden Community Theater. 263-7990 or www.naplesplayers.org.

42nd Street – By Broadway Palm Theatre Oct. 4-Nov. 17. 1380 Colonial Blvd. 278-4422 or www.broadwaypalm.com.

Becoming Doctor Ruth – By Florida Repertory Theatre through Oct. 21 in the ArtStage Studio Theatre. 2268 Bay St. 332-4488 or www.floridarep.org.

UrineTown: The Musical – By TheatreZone Oct. 11-14 at G&L Theatre. 13275 Livingston Road. 888-966-3352 or www.theatre.zone.

In Flight: The Story of Sabine Van Dam – By Gulfshore Playhouse in collaboration with Unitarian Universalist Congregation of Greater Naples at 11:15 a.m. Sunday, Oct. 14, at the church. 6340 Napa Woods Way. 455-6553 or www.uunaples.org.

An Iliad – By Gulfshore Playhouse Oct. 20-Nov. 4, at The Norris Center. 755 Eighth Ave. S. 866-811-4111 or www.gulfshoreplayhouse.org.

Rehearsal for Murder – By The Marco Players Oct. 24-Nov. 11 at The Marco Players Theater. 1089 N. Collier Blvd. 642-7270 or www.themarcoplayers.org.

THURSDAY 10.4

Pups in the Garden – Put your favorite pooch in the car (don't forget the leash) and head to Naples Botanical Garden for canine-friendly hours from 3-5 p.m. (also 9-11:30 a.m. Sunday and 8-11 a.m. Tuesday). Free for garden members and their dogs; regular admission for humans plus \$9.95 for their dogs. www.naplesgarden.org.

Free Concert – Rockin' Horse performs from 6-9 p.m. on the lawn at Mercato. 254-1080 or www.mercatoshops.com.

Art Reception – United Arts Council of Collier County hosts a reception for an exhibition of works by local secondary students in the organization's gallery from 5-7 p.m. Free, refreshments included. 953 Fourth Ave. N. 254-8242 or www.uaccollier.com.

FRIDAY 10.5

Fresh & Local – Golden Gate Community Center hosts a farmers market from 2-7 p.m. each Friday. 206-4339 or www.colliergov.net.

Free Film – Headquarters Library hosts a screening of "Les Misérables" (2012) at 1 p.m. 2385 Orange Blossom Dr. 593-0177 or www.collierlibrary.org.

All New – Gulfshore Playhouse hosts a reading of Donna Hoke's play "Teach" at 8 p.m. at The Norris Center as part of its New Works Festival tonight through Sunday, where playwrights debut plays they've workshopped with the company. \$17. 755 Eighth Ave. S. (866) 811-4111 or www.gulfshoreplayhouse.org.

SATURDAY 10.6

Met Live – Silverspot hosts a live viewing of the Metropolitan Opera's production of Verdi's "Aida" at 12:55 p.m.



Blues musician Damon Fowler performs at 8 p.m. Saturday, Oct. 6, at the Center for Performing Arts Bonita Springs, where he will perform selections from his latest album, "Sounds of Home." www.artcenterbonita.org

592-0300 or www.silverspot.net.

To Market, To Market – Stock up on fresh produce and locally made goodies at the Third Street South farmers market from 7:30-11:30 a.m. 434-6533 or www.thirdstreetsouth.com.

Sail Away – Naples Model Yacht Club hosts radio-control model sailboat racing at 9:30 a.m. each Saturday behind Dick's Sporting Goods. 5955 Naples Blvd. www.naplesmyc.org.

All Aboard – Volunteer docents from the Naples Train Museum are on hand at the Naples Depot Museum from 10 a.m. to 2 p.m. today to help visitors of all ages enjoy the outdoor and indoor trains. Corner of 10th St. S. and Fifth Ave. S. www.naplestrainmuseum.org.

Om in the swamp – Spiritual guide Bethanny Gonzalez hosts an outdoor meditation session at 9:30 a.m. in Corkscrew Swamp Sanctuary's natural amphitheater. \$20. 349-9151 or www.corkscrew.audubon.org.

Free Concert – Gypsy Sojourn performs at Naples Regional Library from 2-3 p.m. 650 Central Ave. 252-5123 or www.collierlibrary.org.

Chamber Concert – The Naples Philharmonic Chamber Orchestra performs works by Haydn, Bach and Pergolesi at 8 p.m. at Artis—Naples. 597-1900 or www.artisnaples.org.

All New – Gulfshore Playhouse hosts a reading of Alix Sobler's "Last Night in Inwood" at 8 p.m. at The Norris Center as part of its New Works Festival tonight through Sunday, where playwrights debut plays they've workshopped with the company. \$17. 755 Eighth Ave. S. (866) 811-4111 or www.gulfshoreplayhouse.org.

Sounds of Home – Blues musician Damon Fowler performs at 8 p.m. at Centers for the Arts Bonita Springs. \$20-\$30. 10150 Bonita Beach Road. 495-8989 or www.artcenterbonita.org.

Funny Guy – Comedian Nick Swardson ("Reno 911," "Grown Ups") performs tonight and Sunday, Oct. 7, at Off The Hook Comedy Club. 2500 Vanderbilt Beach Road. 389-6901 or www.offthehookcomedy.com.

SUNDAY 10.7

Musical Moments – Centers for the Arts Bonita Springs hosts a musical presentation of Halloween-themed works

at 3 p.m. \$25. 10150 Bonita Beach Road. 495-8989 or www.artcenterbonita.org.

Fresh Produce – Take your grocery list to the Naples Farmers Market from 9 a.m. to 2 p.m. at the corner Pine Ridge and Livingston roads.

Cruisin' – Miromar Outlets hosts a display of antique, custom and exotic cars from 11 a.m. to 3 p.m. 948-3766 or www.miromaroutlets.com.

Meet the Authors – Authors Steve and Kathy Doocy present their newest book, "The Happy Cookbook: A Celebration of the Food That Makes America Smile," at noon at Barnes & Noble. 598-5200 or www.bn.com.

Slice & Dice – Silverspot at Mercato screens the slasher classic "Halloween" (1978) at 2 p.m. and 7 p.m. \$11.80-\$15.50. 592-0300 or www.silverspot.net.

All New – Gulfshore Playhouse hosts a reading of Jennifer Maisel's "Eight Nights" at 3 p.m. at The Norris Center as part of its New Works Festival tonight through Sunday, where playwrights debut plays they've workshopped with the company. \$17. 755 Eighth Ave. S. 866-811-4111 or www.gulfshoreplayhouse.org.

MONDAY 10.8

Films for Film Lovers – Centers for the Arts Bonita Springs screens "The Invisible Guest" (Spain, 2016) at 7 p.m. A successful entrepreneur accused of murder has less than three hours to contrive an impregnable defense. \$10. 10150 Bonita Beach Road. 495-8989 or www.artcenterbonita.org.

TUESDAY 10.9

Chamber Concert – The Naples Philharmonic Chamber Orchestra performs works by Leonarda, Hensel and Farrenc at 3 p.m. at Artis—Naples. 597-1900 or www.artisnaples.org.

Art Reception – Marco Island Center of the Arts hosts a reception for its current exhibitions from 5:30-7:30 p.m. \$10 donation suggested. 1010 Winterberry Drive. 394-4221 or www.marcoislandart.org.

WEDNESDAY 10.10

Meditation Event – The Gypsy Sea Witch hosts a crystal bowl meditation from 7-7:30 p.m. each Wednesday at Koreshan State Park. \$20, registration

required. 3800 Corkscrew Road. 754-444-9779 or www.thegypsyseawitch.com.

Meet the Curator – Jack O'Brien, curator at Naples Art Association, leads a discussion on current art trends at 10 a.m. Free. 585 Park St. 262-6517 or www.naplesart.org.

COMING UP

Folk Concert – Penn Johnson performs from 5:30-7 p.m. Thursday, Oct. 11, at Marco Island center for the Arts. 1010 Winterberry Drive. 394-4221 or www.marcoislandart.org.

Soulful – Sounds of Soul performs Motown selections and more at 7:30 p.m. Friday, Oct. 12, at The Norris Center. \$30. 755 Eighth Ave. S. www.naplesgov.com.

Big Boats – Rose Marina hosts the Marco Island Boat Show from 10 a.m. to 5 p.m. Friday through Sunday, Oct. 12-14. 951 Bald Eagle Drive. 394-2502 or www.rosemarina.com.

Gross – Collier County Fairgrounds hosts its annual Halloween Gross House on select dates between Oct. 12-27, with a haunted house, hay rides and more. 455-1444 or www.colliercountyfair.com.

How Does Your Pumpkin Grow? – North Naples United Methodist Church hosts a special fall event with dunk tanks, mazes, live music, obstacle course and more on Saturday, Oct. 20, while its pumpkin patch is open each evening between Oct. 12-31. \$10-\$30. 6000 Goodlette-Road N. 593-7600 or www.nnumc.org.

Swamp After Hours – Corkscrew Swamp Sanctuary hosts an evening of live animals, discovery stations, crafts exhibitors and more from 5:30-9 p.m. Friday, Oct. 12. Free for children under 18 who are accompanied by an adult, \$14 for others. 348-9151 or www.corkscrew.audubon.org.

Improv Night – Centers for the Arts Bonita Springs hosts an improv performance at 8 p.m. Friday, Oct. 12. \$15. 10150 Bonita Beach Road. 495-8989 or www.artcenterbonita.org.

Om on the Sand – David Lawrence Center's Young Executives host a beach yoga session at 10 a.m. Saturday, Oct. 13, at Lowdermilk Park. \$25, registration required. 455-8500 or www.davidlawrencecenter.org.

Tap Man – Dancer Reggie Myers performs a high-energy tap show at 2 p.m. Saturday, Oct. 13, at River Park Community Center. Free, but reservations appreciated. 301 11th St. N. www.eventbrite.com.

On The Hunt – Love Hunter performs at 7 p.m. Saturday, Oct. 13, at The Norris Center. 755 Eighth Ave. S. 213-3049 or www.lovehuntermusic.com.

Tribute Show – Tom and Sandy Doyle perform The Les Paul & Mary Ford Tribute Show at 8 p.m. Saturday, Oct. 13, at Center for Performing Arts Bonita Springs. \$25-\$35. 10150 Bonita Beach Road. 495-8989 or www.artcenterbonita.org.

Free Concert – Naples Concert Band performs from 2-4 p.m. at Cambier Park. (513) 582-4031 or www.napleconcertband.com.

Free Film – Centers for the Arts Bonita Springs screens "Pirates of Penzance" in preparation for its youth production at 5 p.m. Sunday, Oct. 14. 10150 Bonita Beach Road. 495-8989 or www.artcenterbonita.org.

Early Birds – Corkscrew Swamp Sanctuary hosts a birding walk from 8-11

WHAT TO DO, WHERE TO GO

a.m. Tuesday, Oct. 16. \$10-\$25. 348-9151 or www.corkscrew.audubon.org.

Free Film – Mercato screens “The Nightmare before Christmas” at 7 p.m. Tuesday, Oct. 16, on the lawn across from Silverspot. 254-1080 or www.mercatoshops.com.

Meet the Author – Author Stuart Woods presents his latest book “Desperate Measures,” at 7 p.m. Tuesday, Oct. 16, at Barnes & Noble. 598-5200 or www.bn.com.

Live And Local – The Alex Lopez Express performs at 6 p.m. and 8:30 p.m. Wednesday, Oct. 17, at Artis—Naples’ Daniels Pavilion. 597-1900 or www.artis-naples.org.

Movies That Matter – The Holocaust Museum & Education Center of Southwest Florida screens “I Am Jane Doe” at 6:30 p.m. Thursday, Oct. 18, at Temple Shalom. Free, but offerings appreciated. Reservations required. 4630 Pine Ridge Road. 263-9200 or www.holocaustmuseumsfwl.org.

You Belong Among The Wildflowers – CREW Trust hosts a wildflower walk along the organization’s marsh trails from 9 a.m. to noon Saturday, Oct. 20. \$5-\$10. 4600 Corkscrew Road. 657-2253 or www.crewtrust.org.

Art Show – Members of Naples Art-crafters host an arts and crafts show from 10 a.m. to 4 p.m. Saturday, Oct. 20, at Cambier Park. www.naplesartcrafters.com.

Met Live – Silverspot hosts a live viewing of the Metropolitan Opera’s production of Saint-Saens’ “Samson et Dalila” at 12:55 p.m. Saturday, Oct. 20. 592-0300 or www.silverspot.net.

Free Film – Centers for the Arts Bonita Springs screens “Pirates of Penzance” in preparation for its youth production at 5 p.m. Saturday, Oct. 20. 10150 Bonita Beach Road. 495-8989 or www.artcenterbonita.org.

Brew for You – Mercato hosts the seventh annual Brew-Ha-Ha Craft Beer Festival with samples of over 60 craft beers, live music, silent auction, competitions and more from 5-8 p.m. Saturday, Oct. 20. Proceeds benefit Ronald McDonald Charities of Southwest Florida. 254-1080 or www.mercatoshops.com.

Missionary Talk – The Christian Rights and Freedom Institute hosts a lecture by Guatemalan missionaries John and Presvytera Alexandra Chakos at noon on Sunday, Oct. 21, at St. Katherine Greek Orthodox Church. Free, includes complimentary lunch. 7100 Airport-Pulling Road. 591-3430 or www.stkatherine.net.

Chamber Concert – The Naples Philharmonic Chamber Orchestra performs works by Dvorac, Poulenc, Chopin and Saint-Saens featuring pianists Christina and Michelle Noughten at 3 p.m. Sunday, Oct. 21. 597-1900 or www.artisnaples.org.

Don’t Think Twice – Bob Dylan performs at 8 p.m. Tuesday, Oct. 23, at Barbara B. Mann Performing Arts Hall in Fort Myers. \$69-\$129.50. 481-4849 or www.bbmanpah.org.

By The Light of the Moon – Fakahatchee Strand Preserve State Park hosts a moonlit tram tour from 5:30-8:30 p.m. Wednesday Oct. 24. \$35. 137 Coastline Drive, Copeland. 695-4593 or www.floridastateparks.org. ■

— Email calendar listings and high-resolution photos to Lindsey.Nesmith@floridaweekly.com.



■ **Silverspot** hosts a live viewing of the Metropolitan Opera’s production of Verdi’s “Aida” at 12:55 p.m. Saturday, Oct. 6
— www.silverspot.net

#SWFL
TOP PICKS

10.9



■ **United Arts Council of Collier County** hosts a reception to honor the art work of select secondary students from 5-7 p.m. Thursday, Oct. 4, at the organization’s gallery. Pictured here is Karina Pezeshkan’s “Trapped.”
— www.uac.collier.com

10.4



#SPIN IT

■ **Brody Jenner** comes to Fort Myers for a guest DJ set Friday, Oct. 12, from 10 p.m.-noon at Society. No cover charge. 13499 Bell Tower Dr, Suite 222
— societyfortmyers.com



#TWANG IT

■ **Scotty McCreery** plays The Ranch Concert Hall & Saloon at 9 p.m. Oct. 13.
— www.theranchfortmyers.com

10.13



10.7

■ **Centers for the Arts Bonita Springs** hosts a musical presentation of creepy, classical works at 3 p.m. Sunday, Oct. 7.
— www.artcenterbonita.org

GET OUT FOR A GOOD CAUSE

Sign yourself or a team up now and start collection pledges for the 2018 **American Heart Association Collier Heart Walk**. Sponsored by Arthrex, Moorings Park and an Anonymous Donor in Memory of Kyle Fernstrom, the non-competitive, 3-mile walk helps the fund groundbreaking research and lifesaving programs through the passion of walking together to change lives. The family- and pet-friendly event will take place rain or shine on Saturday, Nov. 3, at Cambier Park. Gates open at 8 a.m. and the walks sets out at 9 a.m. For registration or more information, visit www.collierheartwalk.org.

The fifth annual **Docs and Duffers golf tournament and raffle** hosted by The Foundation of Collier County Medical Society tees off at 8:45 a.m. Saturday, Oct. 6, at Bonita Bay Club Naples. An awards luncheon will follow the game.

Registration is \$175 per person, \$650 per foursome. Proceeds will benefit scholarships for students pursuing degrees in health care will help fund local health-care programs in need. Golfers and all others can participate in tournament raffles to win TVs donated by Perfect Solutions and a variety of other prizes. For more information, call 435-7727 or visit www.ccmsfoundation.org.

Friends of the River of Grass Greenway host free monthly bicycle tours on- and off-road in the Everglades. The next tour sets out at 9 a.m. Sunday, Oct. 7, from the visitor center at Shark Valley. The 15.8-mile ride along a paved road in the Everglades National Park will give riders a chance to see alligators, herons,

egrets, deer, turtles and snail kites. Panoramic views can be enjoyed from the observation tower at the halfway point.

Bicycles can be rented from the Shark Valley Tram Tour Company. Bring a helmet. You can bring your own drinks/snacks or purchase them at the visitor center.

The bicycle tours are part of FROGG's mission to focus on safety and environmental education and stewardship for those hiking, walking or cycling through south Florida and the Everglades. Other tours include rides through the Big Cypress, the Fakahatchee Strand, Loop Road, Ave Maria/Immokalee and historic Everglades City/Chokoloskee. FROGG has published brochures about these tours and other on- and off-road rides. Find them at www.evergladesrogg.org/events. For more information, call Patty Huff at 695-2397 or email info@evergladesrogg.org.

Toss your team in the ring for **Hole Masters for Horses**, the inaugural cornhole tournament to benefit Naples Therapeutic Riding Center, set for noon to 4 p.m. Sunday, Oct. 7, at the center, 206 Ridge Drive. Registration is limited to the first 32 two-person teams (all men, all women or co-ed). The competition will be double elimination format with each match consisting of a single game. Games will use "cancellation" scoring. First team to 21 wins; team must win by 2 points. Sign up for \$40 (four drink tickets for each team included). Registration closes Friday, Oct. 5. Spectators will pay \$5 for admission. Food trucks will be on hand. For more information, visit <https://one.bidpal.net/holemasters/welcome>.



OPERA NAPLES 2018-2019 SEASON

OPERA NAPLES ACADEMY CONCERT
NOVEMBER 7, 2018

OPERA STARS CONCERT SERIES:
MARÍA JOSÉ MONTIEL
NOVEMBER 16, 2018

A TOAST TO OPERA: TWO AIDAS
NOVEMBER 29, 2018

AN EGYPTIAN FANTASY: OPERA NAPLES' ANNUAL BENEFIT GALA
DECEMBER 11, 2018
CLUB PELICAN BAY

AIDA - GIUSEPPE VERDI
DECEMBER 19 & 21, 2018
ARTIS-NAPLES

OPERA STARS CONCERT SERIES:
NICOLE HEASTON
JANUARY 11, 2019

BEAUX ARTS CHAMBER MUSIC SERIES: MAXWELL QUARTET
JANUARY 22, 2019

A TOAST TO OPERA: L'ISOLA DISABITATA
JANUARY 29, 2019

L'ISOLA DISABITATA (THE DESERTED ISLAND)
FRANZ JOSEPH HAYDN
FEBRUARY 21 & 23, 2019

BEAUX ARTS CHAMBER MUSIC SERIES: ASPEN STRING TRIO
MARCH 6, 2019

AN EVENING WITH JOSEPH CALLEJA
MARCH 21, 2019
SPECIAL ENGAGEMENT

A TOAST TO OPERA: CARMEN
MARCH 26, 2019

OPERA NAPLES ACADEMY CONCERT
APRIL 9, 2019

BEAUX ARTS CHAMBER MUSIC SERIES: ROBERTO DÍAZ, VIOLA
APRIL 11, 2019

CARMEN - GEORGES BIZET
APRIL 24 & 25, 2019
ARTIS-NAPLES



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presented by Jewish Federation of Greater Naples

Comedian Carol Leifer: Wed, Oct 17 • 7:30 • Hilton Naples

Actor Stephen Tobolowsky: Tue, Oct 30 • 7:30 • Temple Shalom

\$36 in advance
\$45 at the door includes beverage and light snacks during book-signing reception

\$18 in advance
\$25 at the door includes dessert buffet during book-signing reception

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Carol Leifer, award-winning producer, actress and stand-up comedian, loves to make people laugh. Her dazzling, observational style humor earned her four Emmy nominations for her writing on such extraordinary television shows as *Seinfeld*, *The Larry Sanders Show* and *Saturday Night Live*. She has written for the Oscars telecast eight times, more than any other female writer. Starring in five of her own comedy specials that aired on HBO, Showtime and Comedy Central, Carol holds the record for the most appearances (25 times) on *Late Show with David Letterman*. Carol has also written two best-sellers.

If you are not familiar with the name Stephen Tobolowsky, you will certainly recognize his face! *USA Today* listed Stephen as the 9th most frequently seen actor in movies, having appeared in more than 200 films and TV shows. He currently appears on *The Goldbergs* and *One Day at a Time*. He is best known for playing Ned Ryerson in *Groundhog Day*, Sammy Jankis in *Memento* and Mr. Bates in *Freaky Friday*. He is also the consummate storyteller – warm, funny and profound. Stephen will share tales from his life and his two books, *My Adventures with God* and *The Dangerous Animals Club*.

For info on the festival's 25 authors, books, tickets & more: www.JewishBookFestival.org • 239.263.4205

GET OUT FOR A GOOD CAUSE



Bend, stretch and find your center when the **David Lawrence Center Young Executives** hosts beach yoga from 8:30-10 a.m. Saturday, Oct. 13, Lowermill Park as part of its Elevate Wellness Series. The session will be led by Jennifer Khosla, founder and CEO of Lean and Green Body, which specializes in holistic nutrition, yoga and personal training. The class is open to all community members and all fitness levels.

Registration is \$25, with proceeds benefiting the various holistic services provided to adults residing in DLC's Crossroads inpatient detox and residential addiction treatment programs. To sign up or for information about sponsorship opportunities, call the DLC at 304-3505 or visit www.DLCYoungExecutives.com.

The inaugural **Pan-Florida Challenge for Hungry Kids** golf tournament tees off Saturday, Oct. 20, at the TPC Treviso Bay Golf Club with a shotgun start at 8:30 a.m. Registration opens at 7:30 and includes a continental breakfast, greens fees and cart, lunch, prizes, and silent auction. Registration is \$125, and numerous sponsorship packages are available.

The tournament is the newest event on the Pan-Florida calendar, joining its signature fundraising event, the Pan-Florida Challenge Ride for Hun-

gry Kids, a bicycle ride that originates in Naples and gives riders the choice of routes from 10 to 200 miles long. PFC is a Naples-based nonprofit dedicated to ending childhood hunger by providing nutritious, kid-friendly meal packs to 2,500 elementary school children at 37 schools and aftercare sites in seven Florida counties. To register for the golf tournament or for more information, go to www.panfloridachallenge.org.



Place of Hope in Haiti holds its inaugural Drive for Hope golf tournament on Friday, Oct. 26, at Vineyards Country Club. Players will enjoy a continental breakfast and silent auction before the 9 a.m. shotgun start. Registration for \$250 includes 18 holes of golf, cart rental, continental breakfast, refreshments and an awards luncheon. Hole sponsorships and other underwriting opportunities are available. To sign up or for more information, visit www.PlaceofHopeinHaiti.org.

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ARTS COMMENTARY

'Murderers' at Theatre Conspiracy: This comedy kills!



Theatre Conspiracy makes murder fun. With its current production, "Murderers: A Killer Comedy," it presents us with not one, not two, but three people claiming to be murderers.

And that's a lot of murderers in a cast of three.

The play begins like an episode of the classic game show, "To Tell the Truth," with three people initially in silhouette, then revealed in light, each declaring, "I am a murderer."

Because of the opening, I thought only one was telling the truth, but it turns out that all three are murderers.

And no, they don't all kill each other.

This play is less like a novel and more like a book of interrelated stories: it's three sequential monologues. That's a little off-putting at first, especially if you're expecting something else, but the stories told are so gripping, we're soon drawn into them.

All three stories revolve around a place called Riddle Key, a senior community in Florida, complete with a country club and golf course.

Playwright Jeffrey Hatcher (who co-wrote the stage adaptation of "Tuesdays With Morrie") knows his subject matter and expresses it with both humor and a keen eye.

"Everybody eats by 5 p.m. and goes to bed before sundown. It's like living at the Antarctica," one character says.

Another describes how it's so quiet there's "nothing but the sound of the sun outside."

And a third describes the small apartments for the elderly as "beige wall-to-wall coffins."

Some things appear in all three stories, in addition to all happening at Riddle Key: the local doctor, Dr. Gupta; the golf course; ambulances; and a dance that's going to be held at the club. Oh, and of course, murder.

There are also references to senior things such as AARP magazine, golf carts (even used by those who don't golf), "Jeopardy," "Murder She Wrote," a Crown Victoria, tests and pills. And, a



COURTESY PHOTO

Rob Green and Shelley Sanders, standing, and Carolyn England perform in the comedy.

couple shout-outs to James Bond movies.

The first monologue is given by Gerald (Rob Green), dapper in black tie. He winds up in a marriage of convenience in a scheme to inherit millions. His new bride, older than him by a few decades, is suffering from kidney failure, and doesn't have long to live.

He starts telling us the whole story, in great detail, acting out the parts of the other characters, and before we know it, we're engrossed with his tale, which is full of surprises.

Mr. Green is an expressive, energetic actor and holds our attention.

The second murderer is Lucy (Carolyn England, making her Theatre Conspiracy debut). She's in a marriage that's way past its expiration date, and is chagrined to realize her husband has a

wandering eye. And, well, wandering feet, too. And it's all because a woman named Margaret has shown up, a woman who's never met someone else's husband she hasn't wanted to sleep with.

Like Gerald's tale, Lucy's story — and her victim — is also unexpected.

I just wish director June Koc had told her unmiked actress to project more. Her voice didn't fill the small theater and at times it was difficult to hear everything she was saying.

But the audience loved her, and found her highly relatable.

Minka (Shelley Sanders) rounds out this trio of murderers. A young woman working in the community's membership department, she's thrilled when her favorite mystery writer, a man with varied hilarious nom de plumes for each

niche mystery series he writes, moves to Riddle Key.

She finds his books a little bit too inspirational, and takes up murdering the way some women take up yoga or tennis, finding it addictive and best done on a regular basis.

The play becomes a true horror story, with an 87-year-old woman who is tricked into moving into Riddle Key. Her self-centered son and daughter-in-law consider her a bother and can't wait for her to die.

The playwright, Mr. Hatcher, who has written for the TV series "Columbo," comes up with some ingenious ways to kill people. (He's also written "Three Viewings," a similarly structured play with three monologues inside a funeral home. If it's anything like "Murderers," I'd love to see it. Perhaps Theatre Conspiracy will consider producing it in a future season.)

The set is simple, low-key sophistication: an armchair and round wooden side table overseen by a chandelier. In the back: two arched doorways, through which we can see two sets of lights. It's a very symmetrical set, and does not distract from the story at all. It's also very waiting-room generic, bland and inoffensive.

The front of the stage has a marble proscenium arch with crossed golf clubs and a giant golf ball as coat of arms. The name, RIDDLE KEY, is written in capital letters in gold across the top.

Don't let the idea of seeing serial monologues keep you from seeing this play. It's like listening to a humorous radio story; soon, the stage is populated with other characters (albeit invisible), some of them freshly dead.

And isn't Florida where people go to die, anyway?

Gerald, Lucy and Minka just want to help them along a little quicker. ■

in the know

'Murders: A Killer Comedy'

- >> **When:** through Oct. 7
- >> **Where:** Foulds Theatre at Alliance for the Arts, 10091 McGregor Blvd., Fort Myers
- >> **Cost:** \$26
- >> **Info:** 939-2787 or artinlee.org

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The fifth annual **Chip in for DLC golf tournament** to benefit the David Lawrence Center takes place Friday, Oct. 26, at Quail Creek Golf & Country Club. Lunch and registration begin at 11:30 a.m. Tee-off for the 18-hole scramble is at 1 p.m. Golfers will also be able to take part in raffles, skills challenges and a putting contest. Registration for \$250 includes green fees and a cart, lunch and an awards cocktail reception. Non-golfers can attend the reception for \$50.

Chip in for DLC is hosted by David Lawrence Center in partnership with David Lawrence Center Young Executives. Co-chairs are Peter Michaels and Joseph Stusek. Presenting sponsors are Cigna and Brown & Brown Insurance. Other sponsors to date are Cummings & Lockwood, Gulf Coast Construction, Florida Insurance Trust, DeAngelis Diamonds, IPC, Peninsula Engineering and Chad Commers of SVN®|KOVA Naples. Additional sponsorship opportunities are available.

To sign up or for more information, call 354-1445 or visit www.ChipInforDLC.org.

The third annual **Southwest Florida Home Base Golf Tournament** takes place on Veterans Day, Monday, Nov. 12, at Pelican's Nest Golf Club at Pelican Landing in Bonita Springs. The shotgun start is at 12:30 p.m. Registration for \$200 includes lunch, golf, cart and dinner.

Red Sox Foundation and Massachusetts General Hospital formed Home Base to offer care and support to post 9/11 veterans and their families. Southwest Florida Home Base provides clinical care, a three-month wellness program, community outreach and education. Sponsors, donors and participants are needed. For more information, call Pat Phelan at 980-1609 or email paphelan23@gmail.com.



The 2018 **Charity Classic Pro-Am Golf Tournament** to benefit The Immokalee Foundation takes place Monday, Nov. 12, at Bay Colony Golf Club. Golfers are also invited to the pro-am pairings party on Sunday evening, Nov. 11, at The Old Collier Golf Club and the Charity Classic Celebration gala on Friday night, Nov. 9, at The Ritz-Carlton Beach Resort. For information about registration and sponsorship opportunities, visit www.immokaleefoundation.org.



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ACT I

FORT MYERS, CHARLOTTE COUNTY OR NAPLES/BONITA EDITIONS

PUBLISH DATE: Fort Myers - November 7, 2018
Charlotte County, Naples/Bonita - November 8, 2018

SPACE DEADLINE: Wednesday, October 31st @ 12pm

ADS THAT NEED PROOFS: Wednesday, October 31st @ 12pm

CAMERA READY ADS: Friday, November 2nd @ 10am

ACT II

FORT MYERS, CHARLOTTE COUNTY OR NAPLES/BONITA EDITIONS

PUBLISH DATE: Fort Myers - February 6, 2019
Charlotte County, Naples/Bonita - February 7, 2019

SPACE DEADLINE: Wednesday, January 30th @ 12pm

ADS THAT NEED PROOFS: Wednesday, January 30th @ 12pm

CAMERA READY ADS: Friday, February 1st @ 10am

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- ACROSS**
- 1 Seasoned seaman, slangily
 - 8 Trees that yield a chocolate substitute
 - 14 Entry
 - 20 Muckety-muck
 - 21 Spain and Portugal, collectively
 - 22 Produce
 - 23 Start of a riddle
 - 25 There since birth
 - 26 Zeta-theta link
 - 27 Longtime name in gas
 - 28 "Three Lives" ('50s TV series)
 - 30 Sri Lankan language
 - 31 Light unit
 - 33 Toothpaste-endorsing org.
 - 34 Big and oafish
 - 36 Riddle, part 2
 - 42 Small Aussie parakeet
 - 43 Variety
 - 44 Small, for short
 - 45 Ending for baron
 - 46 Plum lookalikes
 - 47 Diner cuppa
 - 49 Warms up, as leftovers
 - 53 Riddle, part 3
 - 59 Fighter with Fidel
 - 60 Neighbor of Egypt
 - 61 Retina locale
 - 62 Italian farewells
 - 63 Baseballer Aparicio
 - 62 Italian farewells
 - 63 Baseballer Aparicio
 - 64 Clark of "Hee Haw"
 - 66 Original "Hee Haw" ailer
 - 67 A fire sign
 - 70 Threaded fastener
 - 71 Pop singer Goulding
 - 73 Gunky stuff
 - 74 Perm parlor
 - 76 Ph.D. hopeful's test
 - 77 Riddle, part 4
 - 83 Pedal for a floor loom
 - 84 Domain
 - 85 11 hours before noon
 - 87 Lead-in to Magnon
 - 90 "I'm — loss"
 - 91 Bikini part
 - 92 Acting unthinkingly, informally
 - 93 End of the riddle
 - 100 Cry to a good dog
 - 101 18-wheeler
 - 102 "I — Say No" (show tune)
 - 103 Cheese-topped chip
 - 104 Help to do wrong
 - 106 Jiggly treat
 - 108 Real heel
 - 111 Torino locale
 - 113 Riddle's answer
 - 117 Stop, legally
 - 118 "Seinfeld" gal pal
 - 119 Via E! or FX
 - 120 Will concern
 - 121 Prison boss
 - 122 Harmful flies
- DOWN**
- 1 Boy of Mayberry
 - 2 Place for hay
 - 3 "A little dab'll —"
 - 4 "Shameless" ailer, briefly
 - 5 Aladdin's monkey pal
 - 6 City in southeast Wyoming
 - 7 Big Apple opera house
 - 8 U.S. prez, militarily
 - 9 "Peek- —, I see you!"
 - 10 Kylo — (Darth Vader's grandson)
 - 11 Tater Tots brand
 - 12 Sch. locale with microscopes
 - 13 In no danger
 - 14 Foe of Spinks
 - 15 NBA position
 - 16 Rabbinical mysticism
 - 17 Descendant of Esau
 - 18 Bowling aims
 - 19 Having only daughters
 - 24 Skye of films
 - 29 Bad boy in "The Omen"
 - 31 Raced in a certain sled
 - 32 Big IT company
 - 33 Biblical boat
 - 35 Eastern rice dish
 - 36 Half a fl. oz.
 - 37 Hilo dance
 - 38 "Modern Family" actor
 - 39 Sofa type
 - 40 Writer Paton
 - 41 Grades K-12
 - 47 Karate relative
 - 48 "Scram!"
 - 49 Light units
 - 50 Vegas-to-Denver dir.
 - 51 Tic- — -toe board
 - 52 Peeved state
 - 54 "— Mutual Friend"
 - 55 Football's Tim
 - 56 Ensarl
 - 57 Concert itinerary detail
 - 58 Bone: Prefix
 - 59 Musical score symbol
 - 64 River buildup
 - 66 Manage
 - 67 Not on time
 - 68 Lioness in "Born Free"
 - 69 "How lovely!"
 - 72 ENT part
 - 73 Hair stiffener
 - 74 Singer McLachlan
 - 75 Political columnist
 - 76 Peggy
 - 78 1954-77 defense gp.
 - 79 Sister of Tito Jackson
 - 80 Hard cheese
 - 81 Singer Corey
 - 82 Not fitting
 - 86 Labor Day, e.g.: Abbr.
 - 87 Whodunit poison stuff
 - 88 Goes around
 - 89 One rejected
 - 91 Seek alms
 - 92 Cincinnati citizens, say
 - 94 Mexican bloom
 - 95 Certain reed player
 - 96 Ring of the iris
 - 97 Build-it-yourself auto
 - 98 Rights group, for short
 - 99 Actor Lyle or actress Nita
 - 105 Percolate
 - 106 Mrs. Jetson
 - 107 Idyllic garden
 - 108 Airport waiters?
 - 109 Fit for the job
 - 110 Hair colorers
 - 112 Gobbled up
 - 114 Lad or lass
 - 115 Road hazard
 - 116 Belfry animal

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SEE ANSWERS, C11

HOROSCOPES

LIBRA (September 23 to October 22) Watch that you don't take on more than you can handle when offering to help someone with a personal problem. There might be hidden factors you weren't told about.

SCORPIO (October 23 to November 21) That major move you've been considering could come sooner than you expected. Make sure you'll be ready with the facts you need when decision time arrives.

SAGITTARIUS (November 22 to December 21) Languishing relationships can benefit from a break in routine. Get out of the rut and do something new and maybe more than a little unpredictable this weekend.

CAPRICORN (December 22 to January 19) Although you don't think of yourself as a role model, your ability to make a tough decision at this time sets an example for others, who admire your courage.

AQUARIUS (January 20 to February 18) You need to move any

remaining obstacles out of your way before you can take on a new challenge. Seek advice from close, trusted friends and associates.

PISCES (February 19 to March 20) A career change appears increasingly likely to happen during the next several weeks. It's a good idea to start now to prepare, so you can be ready to make the move when the time comes.

ARIES (March 21 to April 19) A bid for you to step in and take over an incomplete project could prove to be an excellent learning experience that you can take with you when a new opportunity opens up.

TAURUS (April 20 to May 20) It's a good time for socializing, both with family and with friends. Your aspects also favor developing new relationships, any or all of which might become especially meaningful.

GEMINI (May 21 to June 20) Your success in handling a recent difficult situation prompts a request to

handle another workplace problem. But this is one you should accept only if you get all of the relevant facts.

CANCER (June 21 to July 22) New information about a past decision raises some unsettling questions from an old friend. Be prepared to explain your actions fully and, if necessary, make adjustments.

LEO (July 23 to August 22) This is not a good time to share personal secrets, even with someone you've known for a long while. What you don't reveal now won't come back to haunt you later.

VIRGO (August 23 to September 22) Pushing yourself to meet a project deadline is admirable. But be careful not to leave out important details in your rush to complete your work and send it off.

BORN THIS WEEK: You have a strong sense of obligation to justice, which inspires others to follow your example and do the right thing. ■

SUDOKU

Difficulty level:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

By Linda Thistle

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SEE ANSWERS, C11

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CONTRACT BRIDGE

The step-by-step approach

BY STEVE BECKER

Everyone knows that each player is dealt 13 cards and that each suit contains 13 cards, but many players neglect to take full advantage of this knowledge. If they referred to that magic number more often, they would find that the play of the cards is not nearly as difficult as it sometimes seems to be.

Here is a simple exercise utilizing the number 13. East wins the opening spade lead and continues the suit, South ruffing with the ace of diamonds. Declarer next plays the king of trumps, on which East shows out.

It is only trick three, but South already knows a great deal about the unseen hands. He knows that West started with exactly one spade and four diamonds, and also knows from the bidding that West has five or more hearts headed by the ace and most likely the jack.

At least 10 of West's cards are consequently known to be lodged in three suits, which is merely a different way of saying that West has at most three clubs.

All declarer has to do now is to take advantage of this knowledge. He should realize that if he simply draws trumps and then plays a low heart to the queen, he will very likely lose two heart tricks and go down one.

To stop this from occurring, he should cash the A-K of clubs, then lead a low trump to the ten and ruff a club. This

East dealer.

Both sides vulnerable.

NORTH

♠ 9 6 4 3
♥ Q 5 3
♦ 10 4
♣ 9 6 4 2

WEST

♠ 5
♥ A J 9 8 7
♦ 7 6 5 3
♣ 10 7 5

EAST

♠ A K Q J 10 7 2
♥ 4 2
♦ —
♣ Q J 8 3

SOUTH

♠ 8
♥ K 10 6
♦ A K Q J 9 8 2
♣ A K

The bidding:

East	South	West	North
1 ♠	Dble	2 ♥	Pass
4 ♠	5 ♦	Dble	

Opening lead — five of spades.

eliminates West's clubs.

South next draws West's last two trumps, reducing all hands to four cards, and plays the king of hearts. West, with only the A-J-9-8 of hearts left, must win with the ace and return a heart, allowing declarer to score the ten. If West doesn't take the first heart, he makes South's task even easier. ■

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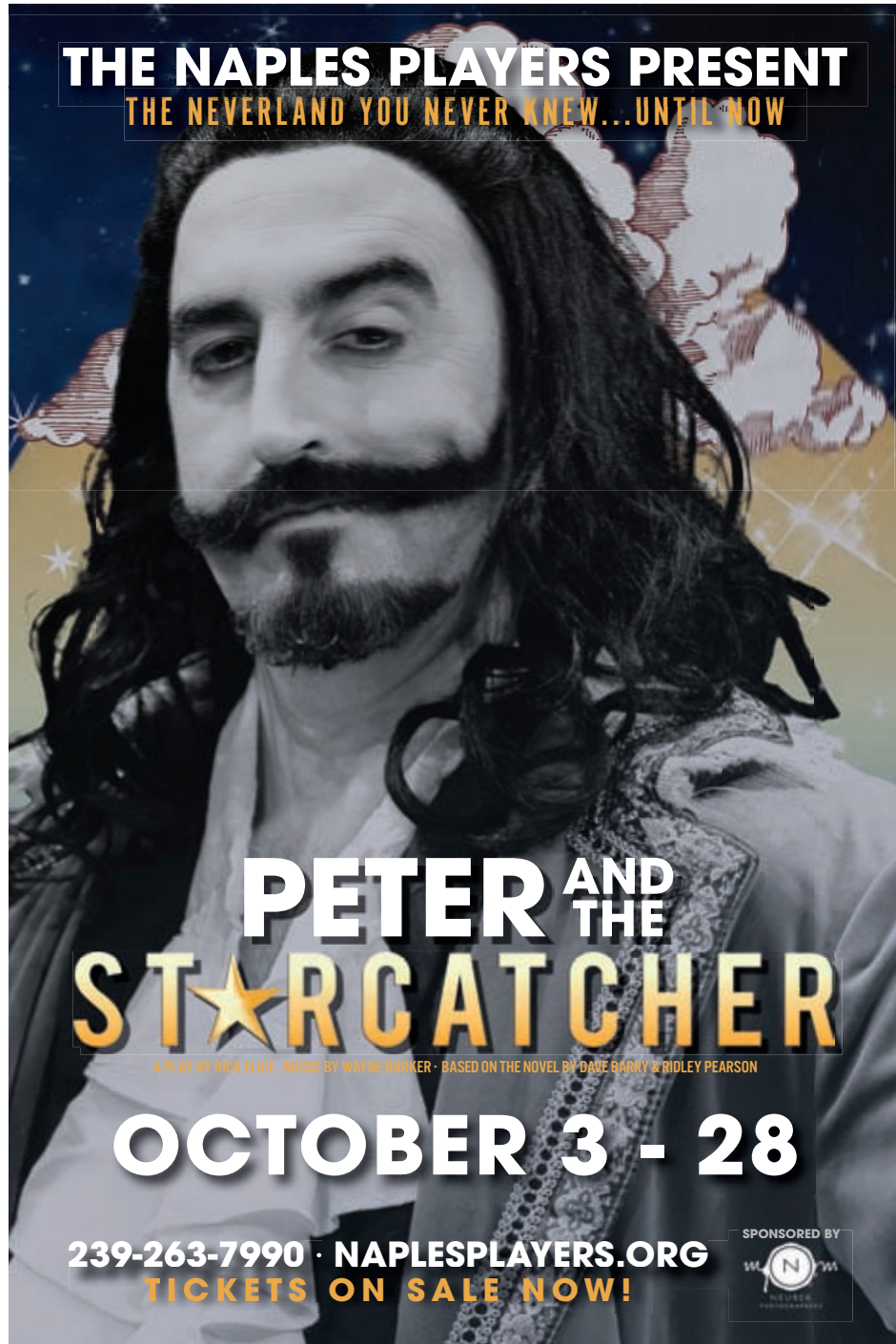
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FILM CAPSULES

Lizzie ★★

(Kristen Stewart, Chloe Sevigny, Jamey Sheridan) In 1892 Massachusetts, Lizzie Borden (Sevigny) falls for her family's maid (Stewart) while growing impatient with her oppressive father (Sheridan). It's a salacious story that plays as a timid character study. As a result, it's dull. Rated R.

A Simple Favor ★★★

(Anna Kendrick, Blake Lively, Henry Golding) After her new best friend Emily (Lively) disappears, Stephanie (Kendrick) searches for her and is shocked at what she finds. It's an intriguing crime drama from start to finish, with game and ready performances from Kendrick and Lively. Rated R.

BlacKkKlansman ★★★

(John David Washington, Adam Driver, Topher Grace) In the early '70s, an African-American police officer (Washington, Denzel's son) in Colorado Springs infiltrates the Klu Klux Klan with the help of his white Jewish colleague (Driver). Director Spike Lee's film is a bit long at 135 minutes, but it's also nicely acted and well told. Rated R.

Papillon ★★

(Charlie Hunnam, Rami Malek, Eve Hewson) A man (Hunnam) imprisoned for a crime he didn't commit protects, and plans an escape with, a weakling counterfeiter (Malek). Poorly structured and lacking logic, it's a remake of the 1973 classic that shouldn't have been remade. Rated R.

The Little Stranger ★★

(Domhnall Gleeson, Ruth Wilson, Will Poulter) In the 1948 English countryside, strange things start to happen after a doctor (Gleeson) is called to a home in which his mother used to work as a maid. It has an appropriately creepy setting, yet it all strikes as hollow and unsatisfying, a failure of execution after the proper mood is established. Rated R.

Christopher Robin ★★

(Ewan McGregor, Hayley Atwell, Bronte Carmichael) An adult Christopher Robin (McGregor) tries to keep his job, and his family together, when his old friend Winnie the Pooh (voice of Lee Cummings) finds him in London in need of help. The visual effects are impressive, but the story isn't really for kids or adults, and it's pretty dull. Rated PG.

Alpha ★★

(Kodi Smit-McPhee, Natassia Malthe, Leonor Varela) Believed dead by his tribe while on a hunting expedition, teenage Keda (Smit-McPhee) forms a symbiotic bond with a wolf dog. The exposition drags, and though there are some impressive visual sequences, the story is never engaging enough to overcome the sluggish start. Rated PG-13.

Generation Wealth ★★½

(Limo Bob, Tiffany Masters, Florian Homm) Documentarian Lauren Greenfield examines society's obsession with wealth, image and material possessions in this cautionary doc that raises more questions than it can answer. Still, it's an intriguing watch for its naked honesty, especially from those who greatly desired wealth, had it, lost it, and now understand it didn't make them happy. Rated R. ■



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'Night School'

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★★½

Is it worth \$10? Yes

Kevin Hart is annoying. This is not to mean he isn't funny — he certainly is, at times. Rather, he is annoying in an irksome manner: His pipsqueak screen persona, coupled with his occasionally high-pitched exasperation, can be grating. You want to smack him just as much as you laugh at or with him. But you do laugh, and that's the key.

In "Night School," he plays another in his long line of immature man-boys. Teddy is a high school dropout attending night school in an effort to earn his G.E.D. First and foremost, bravo to Teddy for going. Secondly, bravo to Teddy for having a beautiful girlfriend Lisa (Megalyne Echikunwoke), who he acknowledges is out of his league, and for wanting to better himself to be the man he feels she deserves. Certainly his intentions are pure — even if the lies he tells Lisa to cover up what he's doing are misguided.

The premise is standard, and director Malcolm D. Lee's ("Girls Trip") execution of the humor in the opening half hour is poor. Jokes are too absurd to be funny (Teddy makes a scene while taking the SATs, blows up his workplace, pulls a ruse in a fancy restaurant to avoid the bill, etc.), which is likely the byproduct of having six (!) credited writers on the script. These moments are Hart-centric, and a slog to sit through.

When Teddy starts attending night school the film becomes more of an ensemble piece, and everyone — especially Hart — shines. He's joined in school by homemaker mom Theresa (Mary Lynn Rajsakub), defiant teenager Mila (Annie Winters), dumb-as-nails Big Mac (Rob Riggle), aspiring singer Luis (Al Madrigal), a convict (Jacob Batalon) who attends via Skype and a guy (Romany Malco) who believes robots are taking over the world. Their caring but hardnosed teacher is Carrie (Tiffany Haddish), and the antagonist is Stewart (Taran Killam), a former classmate of Teddy's who's now a principal with an unhealthy affection for Morgan Freeman's "Lean On Me."

All the aforementioned cast members

have moments to shine, and for the most part succeed.

Attempting to steal the midterm exam is humorous, as is Rajsakub's Theresa trying to flirt for the first time in 20 years. Why Haddish's Carrie had to beat the crap out of Teddy to help him learn remains unclear, but darn if it didn't add some welcome physical humor. Malco has some timely one-liners, and Riggle's character is so stupid it's endearing.



One issue, though, is the timing of the dialogue after big laughs. Usually filmmakers know when laughs are coming and allow the movie to breathe for a few seconds afterward before someone speaks. This enables audiences to enjoy the moment and not miss anything. Inexplicably, Lee repeatedly has dialogue quickly follow a big laugh, and the words are impossible to hear with the crowd still roaring. It's a good problem to have, but it shouldn't be a problem at all.

"Night School" is ultimately a harmless amusement, an otherwise forgettable date night pic good for a laugh or two — and little more. ■

in the know

Tiffany Haddish recently won an **Emmy** for hosting "Saturday Night Live."



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PET TALES

Working dogs

BY KIM CAMPBELL THORNTON

Andrews McMeel Syndication

In Patagonia, the sheep are hardy, and the dogs are hardier. At Cerro Negro Estancia (Black Hill Ranch), halfway between Punta Arenas and Torres del Paine National Park in Chile, sheep are managed by a team of gauchos, herding dogs and flock guardian dogs. Together, they drive the sheep from winter to summer pastures and back again, direct them through chutes into stalls to be shorn of their heavy coats, and protect them from predators.

The current reigning member of the team is Manta, a cross between a border collie and a Patagonian dog called a barbucho, also known as a Magellan sheepdog. Barbuchos are typically used with cattle, but when crossed with border collies, they make good sheepdogs.

The cross combines the cleverness and trainability of the border collie with the endurance and weather-resistant coat of the barbucho. The goal is to create a working dog with traits suited to the climate and type of livestock worked.

Breed is less important than behavior. If a dog has good working ability, he or she is brought into the gene pool.

The result, in Manta's case anyway, is a dog with the black-and-white coloring of a border collie but a wirier coat and an ability to do anything she's asked — at least as long as it doesn't require opposable thumbs or speech.

One dog can work up to 300 sheep.



Manta's wiry coat helps protect her from the wind, rain and snow of Patagonia's harsh climate.

With about 4,000 sheep on the ranch, plus some 300 head of cattle, a number of dogs stay busy. At 7 years of age, Manta is still going strong, but younger dogs are in training to take over her job. Other puppies go to neighboring estancias, where they are in high demand.

Manta doesn't work alone. She's aided by Great Pyrenees dogs who act as enforcers against the region's primary predator: the puma. The 3-year-old Great Pyrenees who greeted us at the estancia is a friendly family pet, but her relatives who guard flocks on the

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ranch don't take any guff from the big cats, and they aren't especially fond of people, either.

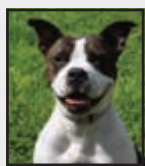
Brought up with lambs from an early age, the 80- to 120-pound dogs are fierce protectors of their woolly charges. They work independently, and a pair of them stay in the field with flocks for days at a time. Their presence alone is often enough to deter pumas and send them packing to seek easier prey. That's good for the ranchers, the sheep and the pumas themselves, who otherwise risk being shot for killing livestock — money on the hoof.

The Great Pyrenees originated in France, where the breed was used to protect flocks from wolves. The Kusanovic family, the owners of Cerro Negro, traveled widely and became familiar with the majestic white dogs in other countries. When they needed a guardian breed for their sheep, the Great Pyrenees was a natural choice, with a weather-resistant coat that allows them to thrive in cold weather and a serious, protective nature.

Now they breed the dogs for themselves as well as selling them to other estancia owners, who appreciate the protection from puma predation. The pumas might not like it so much, but it protects them from being shot, and that's an important boost to the local economy, where puma trekking by wildlife enthusiasts is taking off.

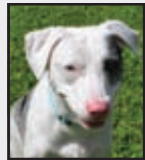
Visitors to Patagonia can see Manta and dogs like her demonstrate their abilities on estancias that offer tours, as well as at local shearing festivals, which usually run from October to the end of January (summer in the southern hemisphere). ■

Pets of the Week

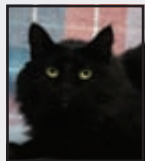


>> **Simba** is a 5-year-old female brown brindle and white beauty. She weighs 51 pounds, is good on her leash, and likes human attention. Simba has tested positive for heartworm disease and will require treatment. DAS will

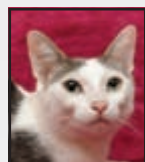
provide medications.



>> **Blu** is a 3-year-old male white and blue merle blue-eyed darling who weighs about 36 pounds. He is very handsome, friendly, and likes human attention. He has plenty of energy, and is playful and smart.



>> **Kaplan** is a 5-year-old male black domestic medium hair. He is very handsome with his luxurious coat and big beautiful yellow eyes. He is easy to get along with and a delight to be around.



>> **Earth** is a 1.5-year-old female white and gray domestic shorthair. She is a beautiful down-to-earth honey who likes to be brushed and petted. Earth is a lovely, affectionate young cat.

■ This week's pets are from **Collier County Domestic Animal Services**. Adoption fees for cats range from \$20 to \$60 and dogs from \$30 to \$80. Fees include sterilization surgery, vaccinations, pet license, ID microchip and a bag of food. Visit DAS at 7610 Davis Blvd. from 11 a.m.-6 p.m. Monday-Saturday. Adoptable dogs and cats from DAS are also at For Footed Friends in Marquessa Plaza on Livingston Road from 11 a.m. to 2 p.m. the first Saturday of every month. For more information, call 252-7387 or visit www.colliergov.net/pets.

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FESTIVAL

From page 1

best TV comedies of all time.

Her memoir, "How to Succeed in Business without Really Crying," charts her extraordinary three-decade journey through show business. An earlier title, "When You Lie About Your Age, the Terrorists Win: Reflections on Looking in the Mirror," will also be available for purchase and author signing. Light snacks and beverages included.

■ **7:30 p.m. Tuesday, Oct. 30, at Temple Shalom, Naples: Actor and storyteller Stephen Tobolowsky, back by popular demand - USA Today listed Mr. Tobolowsky as the ninth most frequently seen actor in movies, having appeared in more than 200 films and TV shows. He is also the consummate storyteller, warm, funny and profound. This year's festivalgoers will enjoy hearing more tales from his life and his two books, "My Adventures with God" and "The Dangerous Animals Club."**



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■ **7 p.m. Monday, Nov. 5, at the Hilton Naples: Jean Chatzky and Dr. Michael Roizen - Two of the world's leading experts will explain the vital link between health and wealth, sharing an actionable plan to add years to your life and dollars to your bank account. The financial editor for NBC's "Today Show," Ms. Chatzky is an award-**

winning personal finance journalist, bestselling author and AARP personal finance ambassador. Dr. Roizen, chief wellness officer for the Cleveland Clinic and frequent guest on "The Dr. Oz Show," is the co-author of seven New York Times bestsellers. A copy of their book, "Age-Proof: Living Longer Without Running Out of Money or Breaking a Hip," is included in the ticket price. Light snacks and beverages will be served.



CHATZKY



ROIZEN

■ **11:30 a.m. Thursday, Nov. 29, at the Hilton Naples: Jeff Oliver, author of "The Two-Plate Solution" - Mr. Oliver's wacky novel takes a team of chefs through a TV cooking competition set in Israel. The show's producers put the chefs into culinary competition against fake "terrorists" - but then actual terrorists invade the set. What's going on? Mystery and romance join hysteria in an adventure cooked up by the former Food Network executive who invented the hit series "Cutthroat Kitchen" and knows reality TV from the inside. Lunch is included in the ticket price.**

■ **7 p.m. Tuesday, Dec. 18, at the Hilton Naples: Jamie Bernstein, the oldest daughter of composer/conductor Leonard Bernstein - Ms. Bernstein will share insights from "Famous Father Girl: A Memoir of Growing Up**

Newcomers Guide

SOUTHWEST FLORIDA

"Our Region's Guide to Living in Paradise"

INSIDE: PLACES TO GO, THINGS TO DO

Our 2019 Newcomers Guide Southwest Florida publishes November 14th & 15th, 2018. This special section will be the only welcome-back guide distributed in Lee, Collier and Charlotte counties reaching more than 100,000 people.

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Bernstein,” her intoxicating meditation on a complex and sometimes troubled man, the family he raised and the music he composed – music that is an unforgettable part of modern American culture. The author shares her family’s relationships with other cultural icons like Mike Nichols and Jerome Robbins. A singer will join Ms. Bernstein to perform some of the legendary composer’s works.

Light snacks and beverages included.

■ 10 a.m. Wednesday, Dec. 19, at the Unitarian Universalist Congregation of Greater Naples: Brunch with author TBA.

The festival continues in January as follows:

■ 1 p.m. Wednesday, Jan. 9, at Temple Shalom: Two authors whose books are set in Israel – Izzy Ezagui’s “Disarmed” follows the aftermath of the loss of his arm in a 2009 mortar attack and is a story of determination that focuses on his long and torturous rehabilitation. Martin Fletcher was an NBC correspondent in Israel for 26 years and has won almost every award in TV journalism. His novel “Promised Land” is set in the early years of the new Jewish state, when two brothers reunite.

■ 1 p.m. Wednesday, Jan. 16, at Temple Shalom: Two nonfiction narratives – Stephen Flatow’s “A Father’s Story” recounts the author’s successful struggle to bring Iran, the funder of his daughter’s terrorist murder, to accountability. Gregory Wallace’s “The Woman Who Fought an Empire” tells the story of Sarah Aaronsohn’s heroic leadership of a Middle East spy ring aimed at saving Palestinian Jews from possible genocide.

■ 1 p.m. Thursday, Jan. 24, at the Sudden Community Theatre: The inside story on the making and astounding success of the classic film “The Graduate” – Beverly Gray’s “Seduced by Mrs. Robinson” tells the story of how a film made from an obscure novel became an iconic hit and influenced future filmmaking. This event will include a screening of the film and a presentation by Ms. Gray, a film industry veteran and entertainment journalist. What makes “The Graduate” a Jewish film? Come and find out.

■ 7 p.m. Thursday, Jan. 31, at the Hilton Naples: Comedy tonight! – Several members of the local community, chosen from auditions, will perform comedy routines with Jewish themes. After an intermission with drinks and snacks, author and professor Jeremy Dauber will discuss his book “Jewish Comedy: A Serious History.”

■ 1 p.m. Monday, Feb. 18, at the Naples Conference Center: Two nonfiction studies – Ariel Burger’s “Witness: Lessons from Elie Wiesel’s Classroom” offers a provocative and inspiring look at a Jewish icon who was also his decades-long friend and mentor. Yvette Manassis Corporon’s “Something Beautiful Happened” tells the story of how people of the small Greek island of Erikousa hid a Jewish family from the Nazis during WWII. The author, decades later, found the man’s descendants in Israel.

■ 1 p.m. Wednesday, Feb. 27, at the Jewish Congregation of Marco Island; and 1 p.m. Thursday, Feb. 28, at Temple Shalom: Jenna Blum and Alyson Richman – Ms. Blum’s “The Lost Family” features a husband devastated by grief he cannot voice, a frustrated wife competing with a ghost she cannot banish and a daughter sensitive to family pain. The repercussions of the survivors’ Holocaust tragedies are brilliantly portrayed. Ms. Richman’s “The Secret of Clouds” is told from the perspective of a young mother and the devoted teacher who befriends her son. Spanning two countries and several

in the know

Greater Naples Jewish Book Festival 2018-19
presented by
Jewish Federation OF GREATER NAPLES

»» **What:** 25 authors, 16 events Oct. 17-April 8
»» **Where:** Various venues in Naples and Marco Island
»» **Tickets, author bios and book synopses:** www.jewishbookfestival.org
»» **Questions:** 263-4205 or fedstar18@gmail.com

decades, it examines what it means to live life with a full heart.

■ 9:30 a.m. to 4:30 p.m. Wednesday, March 6, at the Naples Conference Center: A day of fiction – From 9:30 a.m. to 12:30 p.m., Carol Zoref (“Barren Island”) and Moriel Rothman-Zecher (“Sadness Is a White Bird”) will discuss their new works. Ms. Zoref’s book traces several generations of a Jewish immigrant family living on an island near Brooklyn, N.Y. Ms. Rothman-Zecher’s lyrical debut novel explores a young Israeli’s relationship with two Palestinian siblings.

Grab a quick lunch (or bring a brown bag) and settle back in from 1:30-4:30 p.m. to hear from Mark Sarvas (“Memento Park”) and Elyssa Friedland (“The Intermission”). Mr. Sarvas narrates the story of a Hungarian family’s painting that was looted during WWII. Ms. Friedland presents alternating husband/wife perspectives to illustrate how shallow our knowledge can be about those we love most

■ 1 p.m. Wednesday, March 27, at Temple Shalom: Rachel Kadish and Tova Mirvis – In “The Weight of Ink,” historical fiction author Ms. Kadish provides an interwoven tale of two women set in London of the 1660s and the early 21st century. The women are linked by a document for which one was the scribe and the other is summoned to assess many centuries later.

In “The Book of Separation,” Ms. Mirvis explores the tensions in her own life as a child in a tight-knit Orthodox family whose doubts eventually lead her, in her 40s, to separate from her marriage and from her Orthodox religious community. How can you enter a new way of living and remain close to those who believe differently?

■ 1 p.m. Monday, April 8, at Beth Tikvah: Two nonfiction writers, both relatives of Naples residents: David Litt, at 24, became one of the youngest White House speechwriters ever. He also became President Obama’s go-to writer for comedy. Mr. Litt will discuss his “Thanks, Obama: My Hopey, Changey White House Years.” In “The End of Old Age,” Marc Agronin, director of the memory center and research program at Miami Jewish Health, helps readers rethink the traditional view of old age as solely a time of loss and decline. Instead, he sees the aging process as a developmental force bringing unique strengths, creativity and opportunity. ■

— Phil Jason is co-chair of the Greater Naples Jewish Book Festival.

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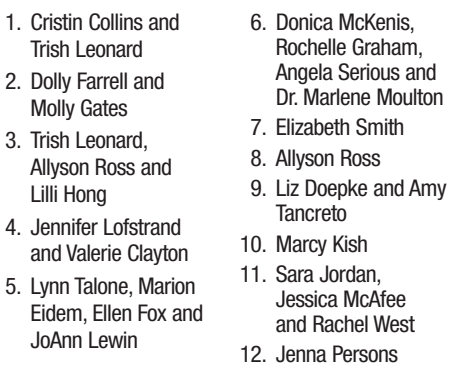
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Instructor: Taylor Ferranti, D.M.A, Associate Professor of Music Ave Maria University. Dr. Ferranti is an accomplished vocal pedagogue, singer, pianist, and conductor. He formally served as a tenured Associate Professor of Music at Cedarville University in Ohio. A versatile musician, he has sung leading tenor roles in opera and music theater, has served as a minister of music in several churches, and maintains a private voice studio in Naples.

SOCIETY

10th Anniversary of 'Love that Dress!' at Embassy Suites by Hilton



1. Cristin Collins and Trish Leonard
2. Dolly Farrell and Molly Gates
3. Trish Leonard, Allyson Ross and Lilli Hong
4. Jennifer Lofstrand and Valerie Clayton
5. Lynn Talone, Marion Eidem, Ellen Fox and JoAnn Lewin
6. Donica McKeniz, Rochelle Graham, Angela Serious and Dr. Marlene Moulton
7. Elizabeth Smith
8. Allyson Ross
9. Liz Doepke and Amy Tancreto
10. Marcy Kish
11. Sara Jordan, Jessica McAfee and Rachel West
12. Jenna Persons

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email editor Robbie Spencer at rspencer@floridaweekly.com.

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SOCIETY

Captains for Clean Water at The Bay House



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2. Chris Pearson, Vicki Weidle and Scott Weidle
3. Daniel Andrews and Chris Wittman
4. Jeanne Tierney, Peter Tierney and Megan Miller
5. Shelby McCullers, Katie Frederic and Angie Hall
6. Chris Nastasi, Joy Nastasi, Kelly Jones and Brad Jones

Hands Along the Water at Vanderbilt Beach



1. Steve Riccio, Alicia Costanza, Thomas Vestling, Dread Neck and Tiffany Keefer
2. Carol DiMento, Tina Seely, Jane Krug, Taylor Krug, Gail McHale and Bill McHale
3. Cami Lange, Marci Wessing, Lesa Monaghan and Jen Lange
4. Lynn Krippner and Danny Hawley
5. Andrea Noyes, John Kempley and Jonathan Noyes
6. Amber Crowley

CORI HIGGINS / FLORIDA WEEKLY

URSULA GIBBONS / COURTESY PHOTOS

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email editor Robbie Spencer at rspencer@floridaweekly.com.



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VINO

Big wines, big pleasures

jerryGREENFIELD
vino@floridaweekly.com



If you're ever in the enviable position of introducing a newbie to the world of wine, what would you pour? For me, the answer is Zinfandel, because this particular varietal makes big, luscious wines that are easy to understand and easy to enjoy.

To get a bit more insight, I interviewed Charlie Tsegeletos, the winemaker at Cline Vineyards. It is famous for its "Ancient Vines" Zin, so-called because many vines in California were planted decades ago and are still producing quality fruit to this day. As we've noted in past columns, Zinfandel grapes (which came originally from Croatia through Italy) were planted as far back as the Gold Rush era. They were shipped all over the country to home winemakers during Prohibition.

"There was usually wine on the dinner table when I was growing up," he recalls. "And, of course, I did a little unauthorized tasting at family gatherings. But when I had a taste of a 1976 Charles Krug Reserve Cabernet Sauvignon I thought, 'I'd really like to make something like that.'"

Everyone has their own wine epiphany: the bottle that does it for us. Ours was a Sauvignon Blanc from New Zealand. But whatever it was for Tsegeletos, he became an apprentice winemaker right out of college almost 40 years ago.

He sums up his approach the way most winemakers do: striving for balance. "The grapes will give you the fruit and herbal flavors. As winemakers we choose the sugar level and alcohol potential. We decide on the levels of oak and tannin, and none of these components should stick out — the flavors and aromas need to be in balance with one another."

The other good news is that the majority of Zinfandels are very attractively priced and are made to be enjoyed right away. We don't lay them down in the cellar for years and years, because the characteristic rich fruit flavors tend to fade over time. According to Tsegeletos, "We make reserve, single vineyard wines and wines for everyday drinking. You can find a very enjoyable bottle of Cline Wine for under \$20. I think if you make a delicious wine and price it right folks are going to find it."

And, of course, I had to ask my standard question about wine ratings. "If the rating is coming from a critic

or publication that you have learned to trust, then they can be a great help in guiding you to a wine you'll like," says Tsegeletos. He notes that consumers should do a lot of exploring on their own. "I'm the best judge of what I like in a wine."

Since there has been a lot of interest in so-called "vegan" wines, Tsegeletos follows through. "We farm using no synthetic fertilizers or herbicides or pesticides of any kind. We do not 'fine' our wines or use enzymes so all our wines are vegan friendly."

Here's a Cline discovery, and some others to seek out and enjoy.

Cline Ancient Vines Zinfandel Contra Costa County 2016 (\$15) – Cline produced this wine from 100-year-old vines. Dense ruby color, and a bit medium-bodied for a Zin, with bold flavors of strawberry. Oak aging adds more complexity, including layers of coffee and chocolate. WW 91.

Dutton Goldfield Zinfandel Russian River Valley Morelli Lane Vineyard 2015 (\$50) – Like most Zinfandels, this wine is dense on the nose and palate, but not heavy. Extracted flavors of blackberry and raspberry, along with cocoa and caramel from the 15 months it spent in French oak. Big stuff and great to pair with barbecue. WW 90.

Scheid Vineyards Sauvignon Blanc Monterey 2017 (\$22) – A sweeter version of this grape, round on the palate with harmonious flavors of peach and tangerine. The acidity balances the somewhat rich fruit flavors and provides a long, satisfying finish. WW 89.

Ask the Wine Whisperer

Q: Everyone says wine is such an "ancient" beverage. How old is it, really?

— Suzanne C.,

Naples

A: Pieces of pottery jars with traces of wine in them have been discovered in the Zagros Mountains in Iran and dated back over 5,400 years. It's also known that wine was made in the Nile delta as early as 3,000 BC. Thousands of wine jars have been found in the tombs of the Pharaohs. ■

— Jerry Greenfield is *The Wine Whisperer*. He is creative director of Greenfield Media & Marketing, and Wine director of the international Direct Cellars wine club. His new book, "Ask the Wine Whisperer," has just been published. Read his other writings at www.winewhisperer.com.



Gulfshore Playhouse to host New Works Festival, announces finalists

Gulfshore Playhouse has announced the finalists for its sixth annual New Works Festival, which brings together playwrights, actors and directors from across the country for a weeklong workshop culminating in a series of staged readings.



The New Works Festival will take place Oct. 4-7 and invites participants to join an exclusive behind-the-scenes look into the process of creating a new play by attending staged readings and a post-show talkback with the playwright.

"The New Works Festival is one of the most important ways we can contribute to the national landscape of theatre by fostering the birth of new plays, and encouraging emerging playwrights," said Gulfshore Playhouse founder and producing artistic director Kristen Coury.

Playwright finalists were selected by a corps of volunteer readers from a pool of 150 blind submissions. The event allows playwrights to transition from writing to adding actors and an audience, which helps them understand how the play works in a performance setting. Each staged reading will conclude with a live Q&A session with the playwright.

This year's finalists are:

■ "Teach" by Donna Hoke: Five actors, three characters, one story: Ten years ago, Ken and Chris were teacher and student. Now, they are principal and

teacher, and Emerson's suspiciously high grade gives Ken license to grill Chris until the young teacher is forced to

confront both past and present. "Teach" will be presented at 8 p.m. Friday, Oct. 5.

■ "Last Night in Inwood" by Alix Sobler: A major disaster in Manhattan has everyone on the island looking for high ground. For Danny's family and friends, that higher ground happens to be her one-bedroom apartment in Inwood. As the world outside goes to pieces, Danny tries to keep the peace among the assorted characters gathered in her space. "Last Night in Inwood" will be presented at 8 p.m. Saturday, Oct. 6.

■ "Eight Nights" by Jennifer Maisel: A young refugee woman finally free to start anew in the United States tries to vanquish the past that haunts her, alongside her father, husband, friends, daughter and granddaughter. "Eight Nights" will be presented at 3 p.m. Sunday, Oct. 7.

Christian Parker will direct "Eight Nights" and "Last Night in Inwood." Ms. Parker has worked with Merrimack Repertory, The Atlantic Theatre Company and Manhattan Theatre Club. Currently, Mr. Parker is a professor at Columbia University. Kristen Coury will direct "Teach."

Readings are \$17 each, with discounts for multiple shows. To purchase tickets, visit www.gulfshoreplayhouse.org or call the box office at 866-811-4111. ■

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CUISINE NEWS



Chef Asif Syed of 21 Spices hosts a 13-day culinary tour of India in December, where guests can immerse themselves in the subcontinent's food and culture.

Chef Asif Syed of **21 Spices** will lead a 13-day culinary experience tour of India Dec. 7-20. Participants will be guided through the cities of Delhi, Lucknow, Agra, Jaipur, Bangalore, Mysor and Asif's hometown, Hyderabad. Travel package includes five-star accommodations, flights, private transportation, insurance, private tours and park fees, fifty percent of meal costs and access to UNESCO sites. Prices start at \$9,908.47 and a 30 percent deposit is required. Call 772-888-1563 or email rhonda@culinarylatitudes.com for more information.

Take Note:

Ridgway Bar & Grill celebrates its 48th anniversary on Oct. 4, with free bratwurst at any of its bars in commemoration of the sausage's owner and operator Tony Ridgway sold at The Wurst Place, while guests can also snag a free carrot cake cupcake at Tony's Off Third. 1300 Third St. S. 262-7999 or www.ridgwaybarandgrill.com.

Bonefish Grill celebrates National Seafood Month with a different three-course meal each Thursday through October. Entrees on the roster include cod piccata (Oct. 4), salmon with a choice of signature sauces (Oct. 11), shrimp and scallop skewer (Oct. 18) and cold water lobster tail (Oct. 25). \$16-\$22. 1500 Fifth Ave. S. 417-1212 or www.bonefishgrill.com.

Alberto's on Fifth hosts a two-course meal Thursday, Oct. 4, to benefit Sunshine Kids, a local nonprofit that supports children with cancer. \$60, includes a glass of wine. 868 Fifth Ave. S. 269-6335 or www.albertosonfifth.com.

Barbatella hosts a pizza cooking class, where guests will learn how to make an authentic Neapolitan pie, at 11:30 a.m. Wednesday, Oct. 17. \$45, includes lunch. 1290 Third St. S. 263-1955 or www.barbatellanaples.com.

Zaza Kitchen on Marco Island cel-

brates National Taco Day with half-priced tacos for guests who dine-in on Thursday, Oct. 4. 1095 Bald Eagle Drive. 970-5205 or www.eatatzaza.com.

Osteria Tulia hosts CRU Night, where guest sommelier Marcello Palazzi of Winebow will pour glasses from 3 milliliter and 750 milliliter bottles of the rare Castello di Neive, Barbaresco Santo Stefano 2015 on Wednesday, Oct. 10. Only 50 restaurants around the country are supplied with this specialty vintage and guests at Osteria Tulia can enjoy it only until the establishment's supply runs out. 466 Fifth Ave. S. 213-2073 or www.osteriatulia.com

Naples Originals hosts its fourth annual Foodie Camp, where locals can register for 90-minute cooking lessons with local chefs at their own establishments, from Oct. 15-25. Classes are \$50 each and proceeds will benefit the culinary program St. Matthew's House. Visit the website for series schedule. www.eventbrite.com.

The French is offering a week of French cider specials to showcase Normandy's second highest export, apples. On the menu are apple salad (bacon, candied walnuts, truffle cheese with cider-brown butter vinaigrette), roasted pork tenderloin (Brussel sprouts, cauliflower crème and cider gastrique), apple-currant bundt cake with bourbon-cider glaze and the Buffalo Soldier cocktail (Buffalo Trace bourbon, apple, mint, Peychaud and strawberry syrup.) 365 Fifth Ave. S. 315-4019 or www.thefrench-naples.com.

21 Spices hosts a three-course dinner with a raffle and a henna artist to raise money to support flood victims in Kerala at 6:30 p.m. Thursday, Oct. 4. \$32, reservations required. 4270 Tamiami Trail E. 919-8830 or www.21spicesdining.com. ■



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CUISINE

You'll want more than just a Taste of Peru



drewSTERWALD
cuisine@floridaweekly.com

About a decade ago, a wave of Peruvian restaurants suddenly washed up on our shores. I remember visiting one of the first, Aji Limon on Pine Island Road in Cape Coral, and discovering the wonders of giant corn kernels, potatoes draped in a creamy yellow pepper sauce and the savory East-meets-South stir-fry known as lomo saltado with its unusual pairing of both rice and french fries.

Aji Limon continues to expand its empire — and our Peruvian palate — adding a fifth restaurant earlier this year in Bonita Springs. This one is called Taste of Peru, and it deserves more attention than it was getting on a recent Friday night when patrons were few. These months before seasonal residents return are lean and mean for Bonita restaurants, so I hereby encourage locals to get out and experience a Taste of Peru.

The country's cuisine boasts a unique and diverse pedigree, having absorbed influences from pre-Inca culture forward and from multiple continents. You'll find hints of Spanish, African, Chinese, Japanese and Italian culinary traditions on Taste of Peru's menu. Think beans-and-rice dishes, soy-seasoned grilled meats and marinated or fried seafood, pastas, peppers and potatoes. The food is modestly seasoned, generously portioned and plated with an appreciation for color and composition.

The dining room is spare and intimately sized, seating about 60 with a half-dozen seats at a bar next to the kitchen. It's gotten a partial makeover since the space was occupied by another Peruvian restaurant, Ceviche 41, the frosty aquatic blues giving way to warmer mustard and brick walls.

The friendly, efficient staff is quick to serve a little snack of crunchy cancha, toasted and puffed dried corn. We munched on the golden kernels while sipping a Peruvian beer called Cusqueña (\$4.99) and a glass of house Malbec (\$6.49).

In addition to eight variations of ceviche, Taste of Peru's appetizers include tamales, fried yucca and stuffed mashed potato cakes called causa rellena. We started with a shrimp and fish ceviche (\$15.99), the price of which might raise an eyebrow if it weren't for the entrée-sized portion. Truly, it was almost too much even for two



"Green spaghetti" is pasta slicked with lush pesto sauce and topped here with sautéed shrimp and vegetables.



DREW STERWALD / FLORIDA WEEKLY
The colorful paleta rellena or stuffed avocado, overflows with seafood salad.



A shrimp and fish ceviche includes choclo, giant Peruvian corn.



Beans and rice come together in tacu tacu, here paired with lomo saltado.

people to share, with eight large shrimp and countless chunks of white fish marinated in citrus juice, cilantro and red onion until it was "cooked" and opaque. A pile of big-kerneled corn called choclo — about the size of Chiclets — was served on the side along with creamy boiled sweet potato. Our server had asked how spicy we wanted the dish; "medium" was actually pretty mild, especially compared to the fiery aji Amarillo crema that sat on the table as a condiment (excellent when applied to those plump shrimp).

The palta rellena, or stuffed avocado, is another starter offered with choice of filling. The seafood salad version (\$9.99) was quite delicious. Bits of octopus and shrimp mingled with baby lima beans, peas, corn and fresh herbs in a light mayo-based dressing, all of it spilling out of the two perfectly ripe avocado halves. Squiggles of something creamy decorated the top like edible Silly String.

For once, a server asked if we were ready for the next course instead of delivering it while we were still enjoying our appetiz-



Lucuma cake is made with a golden tropical fruit similar to mamey sapote.

ers. I've grown frustrated by kitchens jumping the gun lately.

There's a lot to choose from in the main courses: arroz chaufa or fried rice, steaks and chops, grilled beef hearts, saltados with choice of proteins, Peruvian variations on paella and pot roast, fried whole fish and even a half-dozen vegetarian dishes.

Peru's rustic tacu tacu supposedly originated as a way to repurpose leftover rice and beans; they're mixed together into a loose patty and then fried in a skillet so that a crunchy crust develops on the bottom — like the much-prized socorrot from the bottom of a paella pan. At Taste of Peru you can pair tacu tacu with 11 variations of sautéed, grilled or fried breaded proteins (or enjoy it by itself); you can even choose from black beans, white beans or lentils. I was craving the salty goodness of lomo saltado (\$15.99), so I went with that traditional combination of sautéed beef, red onion and tomato seasoned with soy sauce. The beef was good quality, not overcooked and oh so tender. The sweetness of the caramelized onion

and slightly charred tomato made a nice counterpoint to the salty meat and earthy black beans tucked into the rice.

We were equally pleased with the tallarines verdes, or "green spaghetti," another dish you can customize with add-ins. The name comes from the Peruvian pesto that blends basil with spinach and tastes slightly creamier than the Italian version. The bright green sauce coated soft fettuccine noodles, which were topped with nine sautéed shrimp, red onion and tomato wedges (\$16.99). On the side were a few slices of boiled potato topped with the traditional yellow pepper sauce and a slice of hard-boiled egg.

If you skip appetizers, you might be able to finish your hearty entrees and consider desserts such alfajores (sandwich cookies filled with dulce de leche), flan or picarones (fried doughnuts). They were out of tres leches cake, so we split what was described as lucuma soufflé (\$5.49) but was more like a light cake. Lucuma, we were told, is a tropical fruit comparable to mamey sapote; it imparted a golden color but not much flavor that we could discern. The cake was attractively piped with whipped cream, and the word Peru was spelled out in curlicuing chocolate sauce on the plate.

Charming to the end, Taste of Peru truly whets your appetite to experience more of this South American culture. ■

in the know

Taste of Peru

26455 Old 41 Road, Bonita Springs; 301-4634

Ratings:
Food: ★★★★★
Service: ★★★★★
Atmosphere: ★★★

- >> **Hours:** 11:30 a.m.–9 p.m. Monday-Thursday, 11:30 a.m.–10 p.m. Friday-Saturday, 11:30 a.m.–8 p.m. Sunday
- >> **Reservations:** Accepted
- >> **Credit cards:** Accepted
- >> **Price range:** Appetizers, \$5.99-\$16.99; entrees, \$7.99-\$17.99
- >> **Beverages:** Beer and wine
- >> **Specialties of the house:** Peruvian cuisine
- >> **Volume:** Low
- >> **Parking:** Plaza lot
- >> **Website:** ajilimonperuviancuisine.com

★★★★★ Superb
★★★★ Noteworthy
★★★ Good
★★ Fair
★ Poor

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\$874,900
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This home is situated on 1/2 acre on a gulf access lake in desirable Southwest Cape Coral.
\$669,900
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CAPE CORAL



Spectacular 3/2 Direct Gulf Access Pool, Lift
Enjoy the Florida lifestyle w/this beautiful direct gulf access pool home. Dock w/lift. \$160,000 of upgrades.
\$660,000
1-866-657-2300 800CC043143.

CAPE CORAL



2.68 Acres in the North Woods Subdivision
3 bedrooms plus 2 large bonus rooms, the 20x40 beach entry pool was recently re-screened.
\$649,900
1-866-657-2300 800CC059038.

NAPLES



Gated Community
5/4 pool home located in the highly desirable community of Wilshire Lakes.
\$625,000
1-866-657-2300 800NA000938.

ESTERO



Beautiful Estate Home
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FORT MYERS



Beautifully Renovated Waterfront Gulf Access Pool Home
Everything has been totally remodeled & beautifully renovated. Waterfront gulf access pool home located in South FM!
\$549,000
1-866-657-2300 800CC058746.

CAPE CORAL



Direct Access Pool Home Minutes from the River
Featuring 4 bedrooms 2 full bathrooms and a heated waterfront pool with saltwater system.
\$539,000
1-866-657-2300 800CC058450.

FORT MYERS BEACH



Deeded Beach Access Condo
Beautiful 3 bedroom, 3 bathroom condo located in the prestigious and upscale community of Ester Bayside.
\$529,900
1-866-657-2300 800CC028818.

CAPE CORAL



Great Opportunity to Live in the Beautiful Rose Garden
Waterfront home on sailboat suitable, no bridge, gulf access canal that exits at Tarpon Point.
\$450,000
1-866-657-2300 800CC050465.

FORT MYERS



Gorgeous Gulf Access Home in the Heart of Fort Myers
This fully remodeled 3 bedrooms (2 master suites), 3 bathroom home is offering everything you are looking for!
\$439,900
1-866-657-2300 800CC044498.

CAPE CORAL



This Gulf Access Southern Exposure Pool Home Has It All
Spacious 3 bedrooms, 2 bath home features; an updated kitchen with newer appliances, and new granite counter tops.
\$415,000
1-866-657-2300 800CC056615.

CAPE CORAL



Beautiful Gulf Access Pool Home Sold Turnkey
Enjoy the stunning view down the wide intersecting canal.
\$399,900
1-866-657-2300 800CC038715.

CAPE CORAL



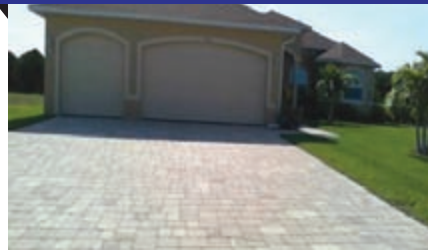
Very Rare Southern Exposure Direct Sailboat Access Pool Home
Walking distance to Cape Coral Beach and Boat House. Home is located in very popular Yacht Club area. Beautiful Views! **\$395,000**
1-866-657-2300 800CC045654.

CAPE CORAL



SE Cape Direct Access Pool Home with Boat Lift
Drop your boat from the lift and in under 1 mile you're up and running on the Caloosahatchee River. **\$389,000**
1-866-657-2300 800CC056213.

CAPE CORAL



Beautiful Pool Home, Assessments Paid
Travertine tile and high impact windows are throughout the home. Three bedroom, two bath and three car garage. **\$374,900**
1-866-657-2300 800FM052000.

CAPE CORAL



Custom 4/4 Pool and Spa
South exposure and almost 2500 sqft of living area! **\$349,900**
1-866-657-2300 800CC046587.

CAPE CORAL



Prime Cape Coral Location - Southern Exposure Gulf Access
Home is newly painted, pre-wired with transfer switch for a whole house generator & high efficiency A/C. **\$345,000**
1-866-657-2300 800CC053913.

CAPE CORAL



Gulf Access Canal Pool Home
Boaters you will love lowering your boat from your dock & heading out to the beaches or Gulf of Mexico. **\$344,000**
1-866-657-2300 800CC060412.

FORT MYERS



Whiskey Creek 3 Bed 2-1/2 Bath Pool Home
Fabulous Whiskey Creek, expansive home spacious living room with great views of pool area w/large deck and vaulted cage. **\$339,900**
1-866-657-2300 800FM048036.

CAPE CORAL



Beautifully Appointed Pool Home
Do not miss the opportunity to see this stunning home. **\$335,000**
1-866-657-2300 800LE050236.

FORT MYERS



Canal Front - Fort Myers Shores
A short boat ride to the Caloosahatchee River, canal front home, in Fort Myers Shores. **\$327,000**
1-866-657-2300 800LE052013.

FORT MYERS



Lakefront Beauty - Spacious - So Many Upgrades
Lakefront beauty! 4/2 home with just under 2000 sqft! Newer exterior paint (spring 2017), gorgeous updated kitchen. **\$320,000**
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ESTERO



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FORT MYERS



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ALVA



Stunning Golf Course Views
Updated River Hall on an oversized private lot, featuring 4 bedrooms and 5 bathrooms and room for everyone. **\$299,900**
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CAPE CORAL



Gulf Access Canal Home, Southern Exposure
3/2/2 canal home with coastal feel in SE Cape Coral. **\$290,000**
1-866-657-2300 800CC056372.

LEHIGH ACRES



Spacious Home on 1/2 Acre
Fantastic home sits on a corner 1/2 acre lot on quiet street. **\$290,000**
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FORT MYERS



South Fort Myers Large Single Family Home
Like new. 3 Bedroom, 2 bath, split plan. 1938 sqft, 2 car garage. New roof and A/C. **\$284,900**
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FORT MYERS



Colonial Country Club Attached Villa
Two bedroom, two bath attached villa. Pool and spa. Hurricane windows on the home and Storm Smart Shutters. **\$279,000**
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CAPE CORAL



SW Cape Pool Home with Southern Exposure
Built in 2002 this Floridian style ranch home offers tall vaulted ceilings in the main living area. **\$274,900**
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CAPE CORAL



Looking for a Big House with Plenty of Room for a Large Family
Great central location and all the space you need for that growing family! **\$269,000**
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CAPE CORAL



4/3 Split Floor Plan - Pool in Desired Country Club Area
Spacious 4/3 split floor plan with a pool in desired Country Club area. **\$269,000**
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CAPE CORAL



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Featuring 3 bedrooms + den/office, 3 bathrooms and a 2 car garage. **\$259,000**
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CAPE CORAL



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CAPE CORAL



Stunning Move in Ready Home in Quiet Cape Coral
Home boasts of peaceful setting in NW Cape Coral with 4 bedrooms, fenced yard, spacious floor plan and screened lanai. **\$249,900**
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Popular San Carlos Area
3 Bedroom 2 bathrooms, tile in kitchen and bathrooms, eat in kitchen. **\$239,900**
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LEHIGH ACRES



Extraordinary Home - Spotless Capri Model by Lennar
This home is designed to entertain. A very spacious kitchen offers both counter top seating and a cozy breakfast area.
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FORT MYERS



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Daniels Park is a wonderful, private, gated community that is close to everything, yet feels off the beaten path!
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CAPE CORAL



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Come see this beautiful landscaped 3 bedroom 2 bath home!
\$234,900
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ESTERO



2 Bed 2 Bath Grand Palm Beauty
Awesome view of the Golf Course.
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LEHIGH ACRES



Bear Lake Wide Water Views
Lake views from almost every room. Large 3/2 with huge lanai on lake. Never rented. \$1000 toward closing costs!
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FORT MYERS



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1-866-657-2300 800FM038318.

LEHIGH ACRES



Pool Home on Half Acre Lot
3 Bedroom, 2 bath pool home on 1/2 acre with family room and sunken living room.
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LEHIGH ACRES



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NORTH FORT MYERS



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Stunning view of River & Harbor. This spacious 2 bed/2 bath condo is located in North Fort Myers and minutes from downtown.
\$176,600
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CAPE CORAL



Home is Move in Ready!! Very Nice Home in NW Cape
Triple sliders out to the screened lanai. 3 bedrooms/2 baths, indoor laundry.
\$174,900
1-866-657-2300 800CC051070.

FORT MYERS



1st Floor Great Lake View Upgraded in Kelly Greens
Upgraded condo on the first floor with a great lake view located in Kelly Greens Championship.
\$174,500
1-866-657-2300 800FM079570.

PORT CHARLOTTE



He Who Hesitates Is Lost
Three bedroom, two bath, two car garage home has been updated and ready for the new owner. Tile, walk-in closets.
\$174,500
1-866-657-2300 800CH403930.

PORT CHARLOTTE



Gulf Access 10 Minutes to the Harbor
Very cozy 2 bedroom 1 bath home with concrete seawall and 6,000 boat lift.
\$169,900
1-866-657-2300 800CH249459.

PORT CHARLOTTE



Updated and Ready for New Owners
This adorable 3 bedroom, 2 bathroom, 1 car garage home features freshly painted interior, tile flooring throughout!!
\$165,000
1-866-657-2300 800CH404107.

FORT MYERS



2 Bedrooms, 2 Baths (1 1/2)
Property in excellent condition: Brand new A/C, kitchen with granite counter tops and stainless steel appliances.
\$165,000
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CAPE CORAL



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PORT CHARLOTTE



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PORT CHARLOTTE



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FORT MYERS



3 Bedroom - 2 Bath 3 Bed, 2 bath, attractive location, maintained and renovated. Contact realtor for a bargain. \$140,000 1-866-657-2300 800FM049178.

NAPLES



Cute 55 and over Manufactured Home Cute 55 and over manufactured 2/1.5 home. \$139,900 1-866-657-2300 800NA035792.

LEHIGH ACRES



Affordable Home with 1382 sqft of Living Space This home is located on a beautiful corner lot with a large canal in the back and is centrally located in Lehigh. \$139,000 1-866-657-2300 800LE044305.

LEHIGH ACRES



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NORTH FORT MYERS



Rare Find 3/3 Manufactured Home Well maintained, 2 lot corner. \$125,000 1-866-657-2300 800CC059246.

FORT MYERS



1st Floor Cross Creek Condo Want superb location, low fees, great amenities and first floor, all at an affordable price? Look no further. \$124,900 1-866-657-2300 800FM040975.

ENGLEWOOD



2 Bed 1 Bath in the Oxford Manor Area of Englewood Close to the beaches and shopping. Home needs some TLC, it has been a rental property with the same tenant since 2010. \$124,900 1-866-657-2300 800CH401986.

CAPE CORAL



Gulf Access Condo 2/2 corner unit overlooking a gulf access canal. \$123,000 1-866-657-2300 800CC007237.

FORT MYERS



2 Bed Condo 2nd Floor, Great Price! Grab your chance to own in the Villas at Venezia! This community offers low fees, gated access, fitness room. \$120,000 1-866-657-2300 800FM055182.

FORT MYERS



2 Bed/ 1 Bath Condo at Tuscany Gardens Priced to Sell Want to live in Tuscany Gardens Community? Here is your chance! This is 2 bedrooms 1 bathroom just under 1000 sqft. \$119,500 1-866-657-2300 800FM053123.

FORT MYERS



Location, Location, Location Great 2 bed 2 bath in a wonderful location and wonderful 55+ community. \$114,900 1-866-657-2300 800FM043132.

PORT CHARLOTTE



2/2 Condo in Tarpon Bay on the Water Come see this beautiful 2 bedroom 2 bathroom condo in the beautiful waterfront community of Tarpon Bay! Waterfront!! \$112,500 1-866-657-2300 800CH405463.

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Conveniently located in South Fort Myers near McGregor This 55+, 1st floor condo is freshly painted and carpeted. \$79,900 1-866-657-2300 800CC057046.

LEHIGH ACRES



Sought After Pinewood Condominium 2 Bedroom, 2 bathroom, last phase of Pinewood with stucco exterior and tile baths and showers. \$75,000 1-866-657-2300 800LE049966.

FORT MYERS



Great Winter Home with Low Fees Close to everything! 1/1 Great for a winter property. Low fees. \$69,900 1-866-657-2300 800FM058035.

FORT MYERS



Ground Floor Condo in Seven Lakes 1 Bedroom 1 bath condo with great views of golf course. Newer appliances and windows. Great 55+ place to live! \$56,000 1-866-657-2300 800FM053887.



Call 866.657.2300

A NAME YOU CAN TRUST TO SELL YOUR HOME

BARBARA M. WATT FOUNDED CENTURY 21 SUNBELT REALTY IN 1984

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