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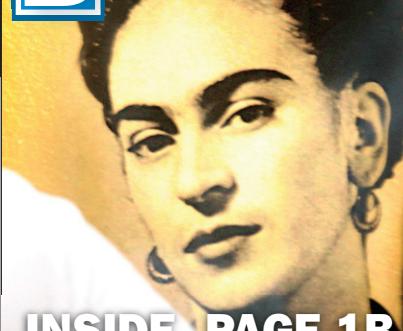
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INSIDE, PAGE 1B

## Food relief at Pasco fairgrounds

By Kathy Steele

ksteele@lakerlutznews.com

A federal emergency food relief program found a new location, and set new dates, to aid qualifying residents who lost food during Hurricane Irma.

Applications will be taken Nov. 5 through Nov. 8, from 7 a.m. to 6 p.m., at the Pasco County Fairgrounds, 36722 State Road 52 in Dade City.

Similar events have been staged in coun-

ties in the Tampa Bay area that have drawn tens of thousands of applicants.

The events have been plagued with reports of larger-than-expected crowds, hours-long waits, and traffic gridlock.

Previously, Pasco County commissioners had approved an agreement with the Florida Department of Children and Family Services to allow an emergency food relief program at the Land O' Lakes Recreation Center, off Collier Parkway in Land O' Lakes.

That department, in partnership with the

U.S. Department of Agriculture, is administering the Food for Florida relief program.

Before the Pasco County Commission initially approved the Land O' Lakes Recreation Center, they raised concerns about the location because it's on a busy corridor and at a recreation complex with youth athletic activities. After approving it, they quickly regretted the decision, and on Oct. 16 sent a letter to DCF officials withdrawing from the

See RELIEF, page 17A



COURTESY OF PASCO COUNTY

The cleanup of a sinkhole on Ocean Pines Drive in Lake Padgett Estates is completed, including removing contaminants from the water. Pasco County officials say the sinkhole's water quality is now better than Lake Saxon's water.

## Pasco County looks at costs to fix Lake Padgett sinkhole

By Kathy Steele

ksteele@lakerlutznews.com

Restoring the site of a sinkhole within the Lake Padgett Estates subdivision to "pristine" condition would cost as much as \$12 million. That idea was a non-starter for the Pasco County commissioners who reviewed a list of options on what to do next.

They also rejected a suggestion for a \$4 million bridge to span the sinkhole, and keep traffic flowing along Ocean Pines Drive.

The sinkhole opened on July 14 at 21825 Ocean Pines Drive, and swallowed two homes, a motorcycle and a boat. Five more houses on both sides of Ocean Pines have been condemned.

The county approved \$1.3 million for an initial cleanup of debris, and stabilization of the site. That work has been completed.

County commissioners reviewed future options at a workshop on Oct. 17 in Dade City.

The least expensive choice was to "do nothing" and install decorative fencing, with warning signs, around the sinkhole for about \$50,000.

But, options in between \$12 million and \$50,000 are on the table.

Pasco County officials plan to meet with residents of Lake Padgett for their input before making a final recommendation to county commissioners.

One option is to connect the sinkhole to Lake Saxon, which is about 90 feet away. That would cost about \$800,000.

"Any connection to the lake would not go over well with the community," said Pasco County Commission Chairman Mike Moore, who has heard from some residents in Lake Padgett regarding concerns about potential contamination from the sinkhole.

The University of South Florida is recommending that a survey be completed to determine how the sinkhole interacts with underground surrounding areas. The cost would be about \$15,000. Before that, county officials say an additional geological survey should be done at a cost of about \$100,000.

Ceres Environmental Services has completed its work to remove and dispose of floating debris from the sinkhole, pump and remove contaminated water, and stabilize the southeast portion of the sinkhole with granular fill.

Kevin Guthrie, assistant county administrator for public safety, said linking the sinkhole to the lake could be a "low-cost,

long-term, permanent solution."

The sinkhole, which went as deep as 50 feet, is now 10 feet deep, said Guthrie. And, he said, "The water quality in the sinkhole is better than in the lake."

Major portions of the two houses, the motorcycle and the boat remain in the sinkhole, but that's not unusual in such instances, Guthrie said.

"We have cars in sinkholes in just about every sinkhole in Pasco County," he said.

The lake connection is an idea worth exploring, said Pasco County Commissioner Kathryn Starkey.

"To me, when I was out walking, it made great sense to connect it to the lake," she said.

Historically, Pasco County officials say the lake's shoreline at one time extended beyond the sinkhole and included lots where homes now exist.

Along with the lake connection, cul-de-sacs on Ocean Pines also could be built on either side of the sinkhole. That would cost about \$1.7 million, bringing the total cost to about \$2.5 million.

Pasco County Commissioner Ron Oakley suggested that if cul-de-sacs are built, different names would be needed for the disconnected segments of Ocean Pines.

"It doesn't need to be confusing for emergency responders," Oakley said.

Another choice would be to reconnect Ocean Pines at the sinkhole and build up the road with sheet piles on either side. That

See SINKHOLE, page 17A

## Land O' Lakes library is open on Mondays again

By Kathy Steele

ksteele@lakerlutznews.com

Pasco County is experiencing rosier days for its 2018 budget, which began Oct. 1.

So, the good old days when Pasco County libraries were open on Mondays are on the way back.

Two libraries, including the Land O' Lakes Branch Library, had ribbon cuttings on Oct. 16 to celebrate a return to the tradition of Monday library hours.

"We've been advocating and advocating," said Elayne Bassinger, who serves on the library board. "We cannot tell you how grateful we are. This is exciting."

In addition to the restored hours, the Land O' Lakes library will add five additional full-time staff members, and more activities to its monthly calendar.

Budget cuts in past years axed Monday from all library schedules.

The situation was so dire, county commissioners in 2013 considered closing two

libraries: the New River Branch Library in Zephyrhills and the Centennial Park Branch Library in Holiday.

All libraries still remain closed on Sundays.

However, over the next three years, all of the county's libraries are expected to open again on Mondays, as the county's budget allows.

The goal is to restore library hours to the 2008 level of 40 hours a week for each library.

Land O' Lakes restored hours on Mondays are 10 a.m. to 8 p.m.

It's an extra day of the week to be open, but also adds a second day of evening hours. The library also is open the same hours on Tuesday.

Pasco County Commission Chairman Mike Moore joined Bassinger, Library Administrator Nancy Fredericks, Pasco County Administrator Dan Biles and library



KATHY STEELE

Pasco County Commission Chairman Mike Moore cut the ribbon to celebrate the restoration of Monday hours at the Land O' Lakes Branch Library. He was joined by Pasco County library officials, volunteers and library staff members.

See LIBRARY, page 17A



RICHARD K. RILEY

The beginning of the Rattlesnake Run began early on the morning of Oct. 21, with youths, seniors, dogs, strollers, and good intentions to complete the 1-mile course within 30 minutes.

## Rockin' & Rollin' at the Rattlesnake Festival

The 51st annual Rattlesnake Festival in San Antonio, a two-day affair, featured the Rattlesnake Run, wooden gopher tortoise races, a beer garden, a pumpkin patch and all sorts of ways to have fun. This year the event benefited the work of the Thomas Promise Foundation, which took over management of the event. Thomas Promise is a charitable organization that provides food in backpacks to help children who would otherwise go hungry over the weekend when school meals are not available.



Tom Glasgow and Edgar the Wonder Horse, performed at the festival. They've shared their talents for the past nine years.



Nine-year-old Faith DiMaria ties her shoes and shows off her medal for her completion of the first Rattlesnake Run.

The Fort Green Pickin' Society is an experienced group of musicians who enjoy picking traditional bluegrass, classic country, folk and the best new tunes. They were among seven musical groups performing during the two-day event.



Master Gardener Cathy Garcia points out one of the many different types of butterflies on display during the festival.

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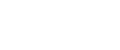
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# What's Cookin'

## There's no tricks here, only healthy Halloween treats

By Betsy Crisp, MS, LD/N

Special to The Laker / Lutz News



The thought of fall may bring to mind bright orange pumpkins, and when Halloween arrives, those pumpkins take on a personality of their own, as jack-o'-lanterns.

It's also a season when candy reigns supreme in the eyes of young witches, ghosts and other costumed characters who go door-to-door in search of treats.

But, for parents, nutrition and safety are the top concern.

So, here are a few tips to help keep your Halloween happy, healthy and safe.

### TRICK-OR-TREATING

If taking to the streets, young children should always be accompanied by an adult. Set curfews for your older children and make sure they know to stay with their group and stay on the sidewalks.

Make sure that children understand that they can only go to homes of neighbors they know.

Check your lawn and walkways for any obstacles and be sure to leave your lights on.

Keep pets inside or confined to an area of the home. This will keep your pet from being frightened and from frightening others.

To be even safer, consider planning a neighborhood, community or school party.

### TREATS

Let the children have fun collecting treats, but be sure they know that they must bring all home to be inspected before they can eat any.

Throw away any opened/unwrapped candy, and reject any homemade goods.

If your child has any allergies, be sure to check the ingredient label carefully.

Limit the amount they consume. Let them choose a few pieces a day, for a few days.

And remember, there are ways to give children delicious treats that will help control calories and won't promote cavities.

Betsy Crisp is a Professor Emeritus, UF/IFAS Extension - Family & Consumer Sciences



Spicy Apple Bars are a delicious and nutritious treat.

### Spicy Apple Bars

#### Ingredients

- 1 cup light brown sugar, packed
- 1/4 cup canola oil
- 1/2 cup low-fat milk
- 2 egg whites (1/2 cup egg substitute or 1 whole egg)
- 1 cup unbleached all-purpose flour
- 1 cup whole wheat flour
- 1 teaspoon baking soda
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon ground cloves
- 1 1/2 cups cooking apples, peeled and chopped (about 2 small)
- 1 cup walnuts, chopped
- 1/4-1/2 cup powdered sugar (optional)

#### Instructions

- Pre-heat oven to 350°F.
- Spray 13-inch by 9-inch pan with nonstick cooking spray.
- In a large bowl, mix together the brown sugar, oil, milk and egg.
- Stir in flours, baking soda, cinnamon, nutmeg and cloves.
- Mix in apples and walnuts.
- Pour into the pan and spread evenly.
- Bake 20 minutes or until wooden pick comes out clean.
- Cool for 30 minutes.
- **Optional:** Dust lightly with powdered sugar (they can be frosted or glazed, but those are less healthy options)
- Cool completely and cut into 2-inch by 1 1/2-inch bars.
- This recipe makes 36 bars, which have 95 calories each and just 3 grams of fat.

## Halloween safety advice

The Laker/Lutz News Staff Report

### TRICK-OR-TREATING TIPS

• Bring snacks from home when you go trick-or-treating so children have safe snacks if they get hungry.

• Once at home, inspect all candy and toys to avoid choking hazards.

• Only eat treats if in their original, unopened wrappers. Remember, when it doubt, throw it out!

• Keep candy up and away from dogs.

### COSTUME COSMETICS

• Only use products intended for use on the skin.

• Test makeup on a small area of skin first (arm/leg) to check for an allergic reaction before applying it to the face.

• Avoid the eye area when applying makeup.

• If makeup has a bad smell, throw it out. This could be a sign of contamination.

• Before bedtime, remove makeup and colored hair sprays to prevent eye and/or skin irritation.

Source: Florida's Poison Control Centers

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## HISTORY OF JEWISH SETTLERS

The first documented settler arrived in Tampa in 1844. Those who followed became part of a vibrant and dynamic Jewish community. Learn about Tampa's Jewish population, the economic role of Jewish-owned businesses and the role of Jewish residents in politics during a presentation Oct. 26 from 1 p.m. to 2 p.m., at the Jimmie B. Keel Regional Library, 2902 W. Bearss Ave., in Tampa, presented in partnership with the Tampa Bay History Center.

## MIKE MOORE OFF-SITE HOURS

Pasco County Commission Chairman Mike Moore will have office hours at the Pasco County Utilities Building, 19420 Central Blvd., in Land O' Lakes, Oct. 26, from 10 a.m. to 3 p.m. Citizens who wish to meet with Moore should call Terry Ewing-Chow, his assistant, to set an appointment. The number is (352) 521-4111, ext. 4682. The meetings will be in the Crystal Springs Conference Room on the first floor.

## AARP ANNUAL PICNIC

The Land O' Lakes AARP Chapter is having its Annual Picnic Meeting Oct. 27 beginning at 10:30 a.m., at Laird Park, which is at the corner of Collier Parkway and Parkway Boulevard in Land O' Lakes. Chapter members should bring your agreed-upon picnic lunch food item to share. If you have not been asked to bring a specific dish, bring a \$7 lunch donation (cash or check payable to AARP). Election of officers will happen at this meeting. Those wishing to donate a toy for Toys for Tots are asked to bring a new unwrapped toy or item for a teen.

## TRUNK OR TREAT

Our Lady of the Rosary Catholic Church, 2348 Collier Parkway in Land O' Lakes, will host its 21st annual Trunk or Treat Oct. 27 from 6:30 p.m. to 8 p.m. There will be a snack table in the courtyard. No scary or immodest costumes will be allowed. To sign up with your trunk, call (813) 949-4565.

## HIGH SCHOOL FIFTH QUARTER

After the football game, grab your friends and head to North Pointe Church, at 19862 Amanda Park Drive in Lutz, for free pizza, music, games and a chance to win a pair of Beats by Dr. Dre. The Oct. 27 event is from 9:30 p.m. to midnight.

## FESTIVAL AND CONCERT

Come to the field next to BarkYard at Bexley for a fall festival and concert. Eye Candy will be performing, and there will be food trucks, a costume contest, a pumpkin patch, pumpkin decorating and other festivities. Bring nonperishables for Feeding America. Bring your own lawn chairs and blankets. The Oct. 28 event is planned for 5 p.m. to 9 p.m. Bexley is located off State Road 54, west of the Suncoast Parkway. The address for Bexley by Newland Communities is 16950 Vibrant Way in Land O' Lakes.

## MEET MEMBERS OF SHERIFF'S OFFICE

The Edward Jones Office, at 18932 N. Dale Mabry Highway, Suite 102, will host an

## Godspell presentation

The Patel Conservatory will present "Godspell" Oct. 26 to Oct. 29 in the Straz Center for the Performing Arts' TECO Theater. The show will be performed by students in grades seven through 12. Shows are Thursday and Friday at 7 p.m., Saturday at 2 p.m. (sensory friendly) and 7 p.m., and Sunday at 2 p.m. Tickets start at \$20, and can be purchased by calling (800) 955-1045, in person at the Straz, or online at StrazCenter.com.

## Something wicked

The Straz Center for the Performing Arts, 1010 N. MacInnes Place in downtown Tampa, is unleashing a coven of witches — Elphaba, Ursula, Maleficent and The Witch Who Eats Children from Hansel and Gretel — in a free Fourth Friday performance at the Jaeb Courtyard Oct. 27 at 7 p.m.

## War of the Worlds

The Carrollwood Cultural Center, 4537 Lowell Road in Tampa, will present a live theater production of the original radio broadcast "War of the Worlds" by Orson Welles, Oct. 27 at 8 p.m., and Oct. 29 at 2 p.m. Tickets are \$12 to \$18 and can be purchased at CarrollwoodCenter.org, by calling (813) 922-8167 or at the door.

## Eight-room drama

Judgement House "Behind the Family Portrait," an eight-room drama, will be presented by First Baptist Church of Lutz, 18116 U.S. 41 N., in Lutz on Oct. 27, Oct. 28 and Oct. 29, as well as Nov. 3, Nov. 4 and Nov. 5. Call the church office for times and reservations at (813) 949-7495.



event aimed to help build a community of protection. The public is invited to come meet members of Hillsborough County Sheriff's Department District 1. The event is set for Oct. 27 from 4 p.m. to 6 p.m. Besides getting a chance to meet law enforcement personnel, the event includes refreshments, a chance to donate to a food bank and a chance to register your bicycle.

## ST. JOE FESTIVAL

The St. Joe Fall Festival at Scared Church, 32145 St. Joe Road in Dade City, is set for Oct. 28, from 10 a.m. to 4 p.m. The event features live music, arts and crafts, bouncy houses, face painting, carnival games, fish and wildlife, food and more. For information, visit StJoeFallFestival.com.

## HONORING VIETNAM VETS

The Wesley Chapel Noon Rotary Land O' Lakes Satellite Club is a Commemorative Partner with the United States Government to commemorate the service of veterans that served during the Vietnam War Era. It

plans a Commemoration Ceremony on Oct. 28 at 10 a.m., at the Land O' Lakes Community Center, 5401 Land O' Lakes Blvd. The community is invited. For information, call Sandy Graves at (813) 996-3011.

## CREATURES OF THE NIGHT

Tampa's Lowry Park Zoo, 1101 W. Sligh Ave., will host "Creatures of the Night" on Friday and Saturday nights through Oct. 28, for ghouls and goblins of all ages. The park will be open until 10 p.m., on the select nights. For complete information, visit LowryParkZoo.org.

## HORSEPOWER FUNDRAISER

HorsePower for Kids, 8005 S. Racetrack Road in Tampa, will host its 10th annual Fall Festival fundraiser through Oct. 29, on Saturdays and Sundays, from 11 a.m. to 5 p.m. There will be pony rides, hayrides, farm animals, face painting, a bon fire, games, train rides and live music. There also will be pumpkins available for purchase.

Admission is \$12 each for children and adults. Children age 1 and younger are free. Parking is \$1. For information, call (813) 855-8992, or visit HorsePowerForKids.com.

## TRUNK 'N TREAT

Grace Lutheran Church at Carrollwood is presenting Trunk 'N Treat on Oct. 28, from 5 p.m. to 7 p.m. Children will be able to dress in costumes to go trick-or-treating from decorated car trunk to car trunk for Halloween treats. The church's youth group will have a haunted shack as part of the event, and food will be sold to benefit the youth group going to a national convention next summer in Houston. The church is located at 3714 W. Linebaugh Ave.

## KOL AMI'S GOT TALENT

This evening of entertainment presents talented members of Congregation Kol Ami, 3919 Moran Road in Tampa. Admission is \$10 for adults and \$5 for kids for the Oct. 28 event, which begins at 8 p.m., and is in the social hall.

## HALLOWEEN HOWL

Main Street Zephyrhills will present "Halloween Howl" Oct. 28 from 4 p.m. to 9 p.m., on Fifth Avenue in Zephyrhills. There will be food and merchandise vendors, games, a safe trick-or-treat zone, and more. Admission is free. For information, call (813) 780-1414.

## COSTUME PARTY AND MUSIC

Rhythm & Brews, 4711 Gall Blvd. in Zephyrhills, presents The Headless Horseman of Hippie Hollow Party on Oct. 28, beginning at 6 p.m. The event combines an old-fashioned costume party and live music. Admission is \$10 in advance, \$13 at the door. For information, visit Facebook.com/events/485856861748586.

## WESLEY CHAPEL FESTIVAL

The Wesley Chapel Fall Festival is set for Oct. 28 and Oct. 29, from 11 a.m. to 6 p.m., at The Grove, 5827 Wesley Grove Blvd., in Wesley Chapel. Festivities on Oct. 28 include a pet parade and costume contest at 11:30 a.m., and a trunk or treat at 4 p.m. On Oct. 29, there will be a Mr. and Mrs. Pumpkin Pageant at 11 a.m. There also will be a Fall Festival Carnival open until 10 p.m. For information, call Simply Events at (727) 674-1464.

## FALL FEST

Fall Fest '17 will take place Oct. 28 from 10 a.m. to 2 p.m., at the Event Center, 8718 Trouble Creek Road in New Port Richey. There will be local vendors, trick-or-treat, and a Monster Truck Show by Race Ready Transmissions. Little ones can dress up for free candy. For information, please visit Facebook.com/eventcenterpasco or Event CenterPasco.com.

## BLAZING SADDLES

The Blazing Saddles Ranch, 10219 Wirt Road in Dade City, will host a Fall Festival Oct. 28 and Oct. 29 from 11 a.m. to 4 p.m.

Continued on next page



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Activities will include pony rides, pumpkin painting, hayrides, food and entertainment. For information, call (352) 588-0495.

#### FALL FEST AT OUTLETS

The Tampa Bay Moms Group, Tampa Premium Outlets and partners will host Fall Fest 2017 on Oct. 29 from noon to 6 p.m., at the Tampa Premium Outlets, 2300 Grand Cypress Drive in Lutz. Kids can dress up in costumes and stop at each booth for a game, giveaway or treat. There will be photo opportunities for families. There also will be roaming princesses and superheroes. Admission is free. Guests can print a giveaway ticket and bring it to the event for giveaways.

Visit [tinyurl.com/yccgs2njb](http://tinyurl.com/yccgs2njb).

#### BOO BASH

Heritage Church, 1854 Oak Grove Blvd., in Lutz, will host a Boo Bash on Oct. 31, from 6 p.m. - 8 p.m. This free family event is a fun and safe alternative to Halloween. It features candy, games, bounce houses, giveaways, concessions and entertainment. For information, visit [YesHeritage.com](http://YesHeritage.com).

#### SUNRISE DADE CITY ROTARY

The Sunrise Dade City Rotary Club will host a get-acquainted social Nov. 2 from 5:30 pm to 7 p.m., at Beef O'Brady's, 14136 Seventh St., in Dade City. In addition to complimentary hors d'oeuvres and door prizes, guests can talk informally with club members, learn the Rotary basics and become familiar with the club's major service projects. The group normally meets at 7 a.m., on Thursdays at the Hampton Inn in Dade City. If you want to attend the social, reserve a spot by calling Jane Freeman at (813) 783-6192.

#### FULL HEARTS, FULL PLATES

Formerly known as Empty Bowls, the event now called Full Hearts, Full Plates is set for Nov. 3 from 11 a.m. to 1:30 p.m., in the Historic County Courthouse Square in Downtown Dade City. The event helps raise awareness about hunger and food insecurities of youth in the Lacoochee community. All proceeds go to the supper program at the Lewis Abraham Lacoochee Boys & Girls Club. Tickets are \$10 for a pulled pork meal, with all of the fixins'.

#### ZEPHYRHILLS WOMAN'S CLUB

The GFWC Woman's Club of Zephyrhills will meet Nov. 3 at noon in the clubhouse at 38545 Fifth Ave., in Zephyrhills. The guest speaker will be from "Shoes for Schools," a 501(c)3 located in San Antonio. All women age 18 and older are welcome. Lunch will be served. For information, call questions, call (813) 404-5789 or (813) 310-9165.

#### TOUCH-A-TRUCK

Touch-a-Truck, a family friendly event, is planned for Nov. 4, from 10 a.m. to 2 p.m., at the new district park in Starkey Ranch, 11880 Lake Blanche Drive. The entrance to Starkey Ranch is at State Road 54, 4 miles west of the Suncoast Parkway. The event offers a hands-on experience with more than 100 vehicles, including military, police, fire, construction, school bus, helicopter, ambulance, SWAT and others. There also will be inflatables, carnival games, face painting and other activities. Admission is free. Parking is \$5. Last year's inaugural Touch-a-Truck event attracted more than 1,000 families.

#### STORE NEEDS VOLUNTEERS

The Community Thrift Store, 35229 State Road 54 in Zephyrhills, provides clothing and household items to those in Pasco County. Volunteers are needed to donate 3 1/2 hours a week. The store is a Christian ministry whose focus is to serve the community. Donations of some furniture, household items, toys, clothing and more are accepted. For information, call Jerry Jones at (217) 260-6337, or stop by the store.

#### AMATEUR RADIO CLUB

The Zephyrhills Area Amateur Radio Club will meet on the third Monday of each month at St. Elizabeth's Episcopal Church, 5855 16th St. There will be a business meeting at 6 p.m., followed by a coffee break and a discussion or presentation program covering various topics at 7 p.m. The club also hosts a breakfast at the Village Inn, 5214 Gall Blvd., in Zephyrhills, every Thursday at 8 a.m. For information, call Gerald Hewitt at (813) 780-1980.

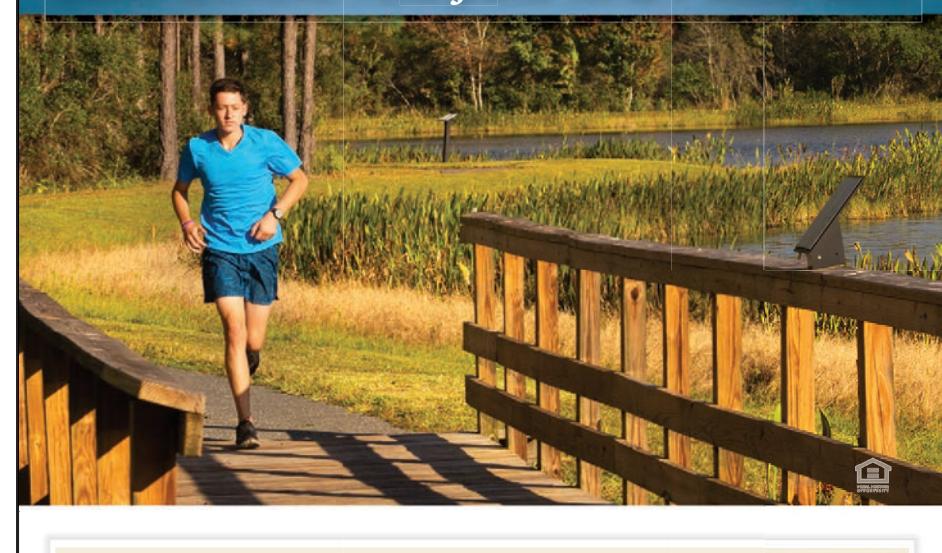
#### MARINE CORPS LEAGUE

Marine Forever Detachment 1440 meets the third Tuesday of every month at Franky D's Family Kitchen, 18450 U.S. 41 in Lutz. The meeting starts at 7 p.m., following Mess Call, which is every Tuesday at 6 p.m. For information, contact L. David Kirk at (813) 956-2469 or [dkirk@Marine4ever.com](mailto:dkirk@Marine4ever.com).

#### VOLUNTEER AT THRIFT STORE

Life's Treasures Thrift Stores is looking for volunteers, adults and teens ages 14 and older, to join the volunteer team. Teens can earn community service hours for the Florida Bright Future Scholarships Program. Schedules are flexible and no retail experience is needed. Proceeds from the stores benefit the programs and services of HPH Hospice and LifePath Hospice. For store locations, visit [ChaptersHealth.org](http://ChaptersHealth.org). For information, contact Anne Ferrell at (813) 357-5321 or [ferrella@chaptershealth.org](mailto:ferrella@chaptershealth.org).

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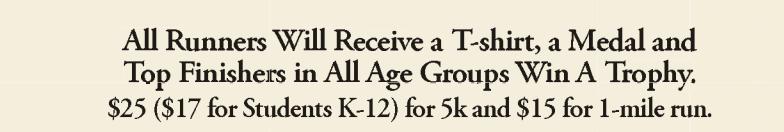


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# Pasco students share their special talents

By Kevin Weiss  
kweiss@lakerlutznews.com

The ovations and cheers seemed endless. The smiles, too.

Special needs students from four Pasco County schools shared their unique skills on Oct. 20 before more than 100 parents, peers, school faculty and community members.

The ninth annual Showcase for Exceptional Talent was in the auditorium at the Center for the Arts at Wesley Chapel

The event allows all of the special needs students to come together as a community to show off their talents. It encompasses students with developmental and intellectual disabilities, including autism, Asperger's syndrome, Down syndrome and so on.

From dancing and singing/duets, to lip-syncing and comedy skits, there wasn't a dull moment.

This year's hour-and-a-half show featured 25 routines from dozens of exceptional student education (ESE) students.

And, each exhibited skills with aplomb, unafraid of the main stage, bright lights or the large audience, that watched intently.

Clearly it was the students' day to shine.

Performers hailed from Wesley Chapel, Ridgewood and Zephyrhills high schools, as well as Weightman Middle School. A large-

scale digital backdrop recognized each act and the performers involved.

Wesley Chapel's David Dixon started the show on a patriotic note, with his rendition of the National Anthem.

Ridgewood High's Becky Bordeaux worked the crowd with her comedy, drawing hearty rounds of guffaws with every joke.

Weightman's Mauricio Diaz and Noah Brooks kept younger members of the audience engaged, hip-hop dancing to "Bank Account" by rapper 21 Savage.

Zephyrhills High's Ryan Womack, meanwhile, had older show-goers singing in unison with a stirring cover of "It's Not Unusual" by legendary Welsh singer Tom Jones.

During brief breaks in action, Wesley Chapel High's Anthony Minnick and Ashley Mendez served as masters of ceremony. They kept the show moving along with dialogue and introductions.

A grand finale was newly introduced this year. All ESE students were invited on stage to celebrate with a reprise song of Michael Jackson's "Bad."

The event ended about as well as it started.

It even elicited "tears of joy" from parent Dale Kimball, who also attended last year's show.

Kimball's 15-year son, Paul, has autism.

Paul was part of a Wesley Chapel High group ensemble that performed "Heigh Ho" from Snow White. He played the part of "Prince Charming," while his teacher, Penny Ward, played the Evil Queen.

It created quite the paradox, Kimball said, as Ward "is so kind and wonderful."

The Wesley Chapel parent pointed out the annual showcase is the closest to a stage most ESE students will ever get.

He also mentioned the staff at the schools are very encouraging to get even reluctant students to participate in the annual showcase.

"These kids never will be on a field, ever. These kids will never be on a stage, ever, except for something like this. You see the joy (of the kids)," Kimball said.

"We're so blessed to have this program," he added.

Bridget White, an ESE teacher at Wesley Chapel High, coordinated this year's showcase.

She concurred with Kimball's assessment the event provides an important and worthwhile experience for special needs students countywide.

"They don't always have the same opportunities to shine, and this is geared to them. They often are going to their siblings' events, so this gets to be just for them," White said.



KEVIN WEISS

Zephyrhills High's Ryan Womack performed an impressive cover of 'It's Not Unusual' by legendary Welsh singer Tom Jones. He was one of 25 acts during the 90-minute show.

In preparation for the showcase, participating students were offered two days of on-stage rehearsals, along with a few classroom rehearsals.

Beforehand, ESE teachers districtwide spread the word about the upcoming show with students and their families.

"Oftentimes, they have talents that we may not know about, that are (seen) at home," White said.

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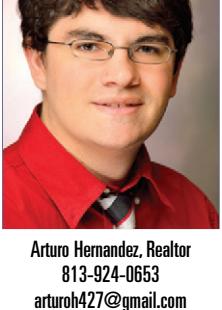
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Spacious & open 3 bedroom, 2 bath, 2 car garage w/ DEN on a pond home site in Lakeshore Ranch! Features upgraded 42" cabinets, granite countertops throughout, stainless steel appliances (gas stove), diagonal tile throughout except bedrooms. Priced at \$225,000. Contact Kathy Huntzinger at 813-784-1346 or Jodie Maddaloni at 813-382-2692.



**3115 HIGH MEADOW WAY, LAND O LAKES, FL 34639**

Gorgeous 4 bedroom 3 bath POOL home with 2,319 sq ft in Valencia Gardens. New exquisite granite in kitchen & bathrooms as well as new black stainless appliances. Walking distance to the community playground, an elementary school, daycare facilities, library & Recreation Center. Priced at \$334,900. Contact Angela Brunton at 727-457-6954.



**6802 CRESTHILL CT, TAMPA, FL 33615**

Charming Town N Country 3 bedroom 1.5 bath home with 1,589 sq ft, 1 car garage and 1 car carport allowing for additional covered parking. Home features many upgrades & overlooks the beautiful large, fenced corner lot with mature landscaping. Great location and convenient to shopping, restaurants and the Veterans Express. Priced at \$204,900. Contact Holly Ruhlig at 813-240-6768.



**0 HIDEOUT TRL, LAND O LAKES, FL 34639**

BEAUTIFUL CORNER LOT WITH VIEW OF OUTLAW LAKE! Great opportunity to build your dream home on this peaceful 1.02 acre lot located within the gated community of Outlaw Lake Estates & does not have any deed restrictions, HOA or CDD fees. Access to 40+ acre ski lake with community boat ramp. Priced at \$79,900. Contact Holly Ruhlig at 813-240-6768.



**0 LAKE CHARLES CIRCLE, LUTZ, FL 33548**

Build your dream home on this beautiful 1.58 acre treed, lake front lot on Lake Charles in a highly desirable area of Lutz. Convenient to everything with Dale Mabry just to the West and US 41 just to the East. Need more space? There is an adjoining 1.95 acre lot that is also available for separate purchase. Priced at \$535,000. Contact Heather Paterno at 813-833-7804



**22402 PANTHER RUN CT, LAND O LAKES, FL 34639**

Custom 4 br/2 ba home in Panther Run sub., with 2,382 sq feet on just under 1/2 ac (.48). LOADED with upgrades. Beautiful fenced property. Detached 3 CG plus drive thru covered parking & additional carport in back for boat or RV storage. Electronic remote controlled gate, screened lanai and huge patio with splash pool. Priced at \$350,000. Contact Stephanie Meid 813-695-0234.



**26527 CHIMNEY SPIRE LN, WESLEY CHAPEL, FL 33544**

Features 3 bedrooms and laundry upstairs, living room, dining room, kitchen and 1/2 bath downstairs. PLUS a 1 car garage. Open floor plan, All appliances included, including washer and dryer. WATER, BASIC CABLE, TRASH AND SEWER ARE INCLUDED IN the HOA fee! Community swimming pool. Priced at \$144,900. Contact Karen Hernandez at 813-918-5765.



**11329 VERSAILLES LN, #D, PORT RICHEY, FL 34668**

Beautifully maintained, totally updated, move in ready condo in the Timber Oaks 55+ community! 2 bedroom 2 bath condo with 1,332 sq feet. Timber Oaks has amenities to meet everyone's pleasure. Huge club house, 2 sparkling pools, library with hundreds of books, card room, billiards room and even a craft and sewing room! Priced at \$109,900. Contact Linda Ruhlig at 813-494-5433.



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# Cornerstone brings you safe, crystal clear water for your family

*Plus, refined water that prevents scaling and doubles the life of appliances*

**M**any people take for granted the water in their home — both working water used for taking showers and washing clothes, and drinking water for making coffee and ice cubes.

It's not until their showerheads become corroded with mineral build up, or their ice cubes look cloudy, do many families consider a water treatment and purification system for their home.

Unfortunately, by the time they do, the damage often has already been done to home appliances, faucets and grout which have become pitted, scratched, stained and may even require replacement.

The good news is that all of these symptoms of poor water quality can be resolved with a quality home water system that pays for itself in just a few years. Refined water also extends the life of a hot water heater because less sediment is deposited in the tank.

Like many of her customers, Dana Spears, owner of Cornerstone Air Conditioning, Plumbing & Electrical in Land O' Lakes, also waited too long before installing a water treatment and purification system in her home.

A wife and mother of five children, Dana and her husband, James, built a new home four years ago.

"We didn't think to put in a water system them, and that was a huge mistake because today my beautiful, expensive kitchen and bathroom faucets are pitted and scratched, my grout is cracking and there is so much corrosion in my dishwasher that we need to replace it," said Dana.

Cornerstone's Plumbing Department has always offered water treatment, but Dana found a real need to expand this area for her customers.

"Not only did my family home



need a water system, but many of our customers were also inquiring about what system was best for their home," said Dana.

Dana and her team researched dozens of manufacturers and systems, and selected Westinghouse because of its effectiveness, efficiency and 10-year guarantee.

"Westinghouse also offered Cornerstone exclusivity, which means we are the only plumbing company in the area that can sell their exceptional water systems," said Dana.

The Westinghouse Progressive Revolution Series works 24 hours a day delivering clean, soft working water to the entire house. Its refined water makes clothes and linens softer and brighter, and kitchen and bathroom faucets and showerheads become free of water spots, soap scum and scaling that restricts water flow.

For drinking water, the Westinghouse system delivers fresh, purified water on demand from a special faucet installed at the kitchen sink. Its technology removes nearly all of the contaminants in city water,

and leaves nothing but pure, clean, fresh tasting water.

"If you're buying bottled water, you can stop. And if you're relying on faucet or refrigerator filters, this gives your family a much higher level of purity," said Dana. "Essentially, you get unlimited bottled water — just think how much money you will save because you will no longer need to buy bottled water!"

As sediment builds up, it doesn't take long for water coming from a faucet that is not treated first by a purification system to taste like minerals and even look a bit cloudy. Many families spend \$20 or more on bottled water for their family a week, Dana explains.

Cornerstone also installs water treatment and purification systems for homes on well water. Well water is tested for iron, bacteria and other elements, and the system custom designed to meets the specific needs of a family's well.

The Westinghouse system can be installed same day or next in most homes with city water, especially in newer homes that are pre-plumbed for a water treatment system. Homes

## Why Refined Water?

**Pure, clean, fresh tasting water.** The purification process removes nearly all of the contaminants in your city or well water and gives you a limitless supply of higher quality drinking water.

**Save money:** Pure, crystal clear water from your faucet means you can stop buying bottled water for your home.

**No hard water spots and soap residue:** Glassware comes straight from the dishwasher, crystal clear. The same goes for stemware and flatware.

**Soft skin after shaving and bathing:** Rinses away all soap and cleaning products completely, leaving you with soft manageable skin and hair. Razors blades last longer and you can shave you closer.

**Water becomes a powerful solvent** - all by itself: Refined water will lift stains and clean surfaces, plus eliminate tough stains brought on by your old harsh water. Refined water also reduces the time it takes to clean your home, and also the need for harsh and sometimes toxic cleaners.

on a well may take up to two weeks for the testing and installation to be completed

Cornerstone's licensed plumbers are trained by Westinghouse and are certified to install its systems. Every installation is different, and all are integrated with the home's water system. All work is guaranteed and under warranty for a full year.

Cornerstone was founded in 2006 as an air conditioning service company. In 2012, it expanded into plumbing services, and two years later added electrical services. Its phones are answered 24/7, and technicians are available around the clock, including weekends and holidays.

Call (813) 949-4445 anytime, day or night. For more information, visit their website at [CornerstonePros.com](http://CornerstonePros.com).

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- Clean, refined water straight from your faucet

### 2. MAKES HOUSEHOLD CLEANING FASTER AND EASIER

- No gritty scale keeps your faucets and tile squeaky clean and shiny

### 3. APPLIANCES LAST YEARS LONGER

- Scale deposits corrode the inside of water heaters, dishwashers, icemakers and other home appliances

### 4. PAYS FOR ITSELF THROUGH TIME

- Reduced cost of cleaning supplies, hygiene products and bottled water

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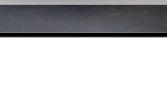


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# Area Families Continue To Discover Asturia

The second Fall Festival held earlier this month at Asturia, a master planned community in Odessa, was a tremendous success. Hundreds of local folks joined in the fun with hayrides, corn hole, bounce houses, crafts, face painting, carnival games and stuffing scarecrows for their yards back home.

And, when Fall Festival attendees were done playing, they toured Asturia's beautifully decorated model homes.

Ashton Woods, David Weekley Homes and ICI Homes are Asturia's exclusive builders. All have model homes open daily with on-site agents to assist homebuyers in selecting their next residence.

ICI Homes is the community's newest builder, and is opening its fully decorated Serena model in late December. This four-bedroom, three-bath home is 2,217 square feet and features a large gathering room, spacious gourmet kitchen and an owner's suite with a master bath that leads into a large, double entry, walk-in closet.

An office or guest bedroom is off the home's main living area, and two other bedrooms share a bathroom. The Serena has a two-car garage and begins at \$329,900.

In November, Ashton Woods is opening a new model home of its Suwanee floor plan. This unique, one-story home features a two-car garage in the rear of the home. The home boasts four bedrooms, two baths and a spacious front porch. Total square footage is 2,024 square foot, and pricing begins at \$274,990.

David Weekley Homes also offers floor plans with the garage in the rear with eight distinct floor plans in its Cottage and Garden series. It also builds traditional floor plans in its



The second Fall Festival at Asturia was a tremendous success.

Lake and Manor series, which combined offers 14 floor plans.

All Asturia builders provide a wide variety of home sizes and architectural styles. Pricing begins in the mid \$200,000s, and goes to over \$500,000.

## AWARD WINNING AMENITY CENTER

Everyone enjoys Asturia's distinctive, 5,800-square-foot Amenity Center and Clubhouse, which earned the prestigious Silver Aurora for the Best Recreational Facility at the 2017 Southeast Building Conference.

The Amenity Center incorporates a fully equipped state-of-the-art fit-

ness center, covered outdoor living rooms, a luxurious resort-style swimming pool and expansive lawn areas for recreation.

Asturia is a kid-friendly, family oriented lifestyle surrounded by miles of multi-use trails, interspersed with playgrounds, dog parks and pocket parks. The community has wide, meadow-like spaces, lovely ponds, thick stands of cypress and hardwood trees and large tracts of scenic wetlands.

## SECOND PHASE OPENS

It's been only two years since Asturia began selling homes, and already the award-winning development has moved into its sec-

ond phase.

This new second phase has 157 large home sites, adding to Asturia's first phase of 248 lots. Most Asturia homes back up to conservation areas, and all provide homeowners privacy and a peaceful, quiet surrounding.

Many families have been waiting for Asturia's second phase to open because its 55- and 65-foot lots offer some of the best woodland conservation views in the entire community.

A boardwalk has been built to connect the two smaller neighborhoods within Phase II, which will tie into the community's multi-use pathway that meanders for miles through residential areas, parks, playgrounds and the Amenity Center.

## ABOUT ASTURIA

When Asturia's development is complete in a few years, it will likely have less than 550 single-family homes.

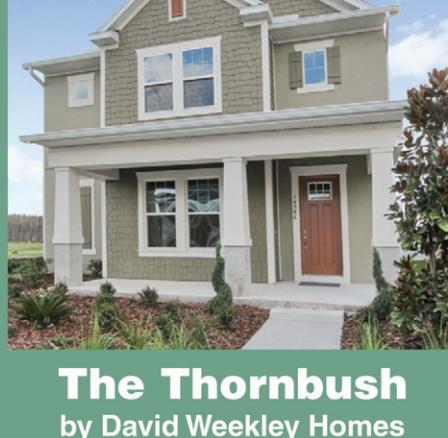
What makes Asturia stand out from other new home developments in the area is its smaller size. Other nearby planned communities have

between 3,000 to over 5,000 homes, and are looking at several years of construction

Asturia is a mixed-use, master-planned community located in the high-demand State Road 54 corridor in Pasco County. The community's central location is just five minutes from the Suncoast Parkway and also provides close proximity to U.S. 41, U.S. 19 and I-75. Its master plan incorporates retail, office, multifamily and a variety of single-family residential offerings.

More information can be obtained by visiting Asturia's model homes, registering at the community's website, [AsturiaFlorida.com](http://AsturiaFlorida.com), or by calling (813) 227-4148.

# Asturia A NATURAL PLACE TO...

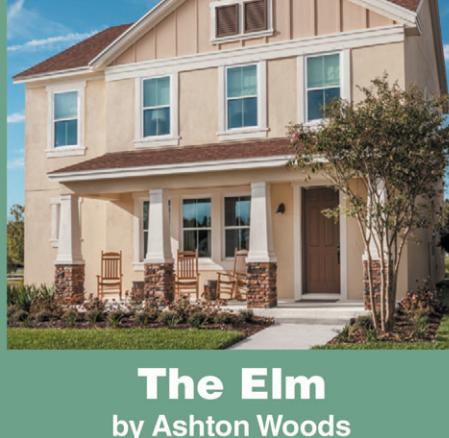


### The Thornbush

by David Weekley Homes

2,569 sq ft, 4 bed / 2.5 bath

\$359,990

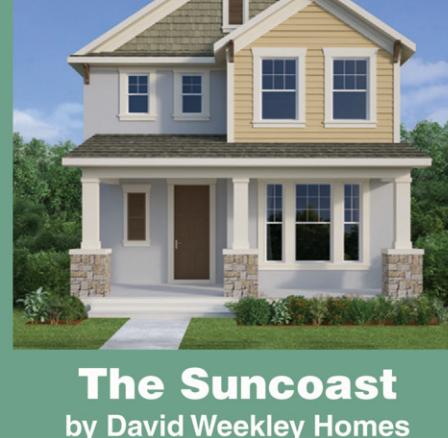


### The Elm

by Ashton Woods

2,379 sq ft, 4 bed / 4.5 bath

\$399,990

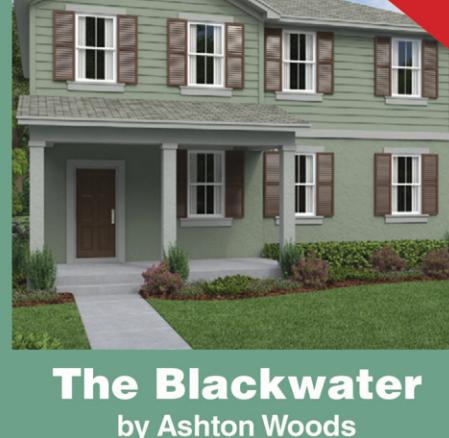


### The Suncoast

by David Weekley Homes

2,250 sq ft, 3 bed / 2.5 bath

\$300,128



### The Blackwater

by Ashton Woods

2,309 sq ft, 4 bed / 3.5 bath

\$299,990

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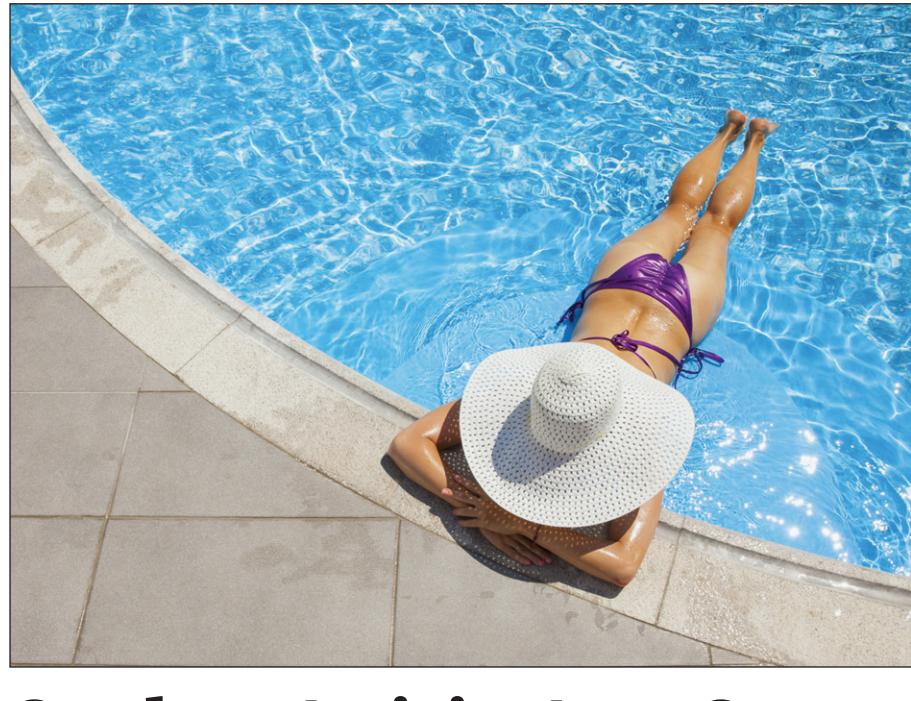
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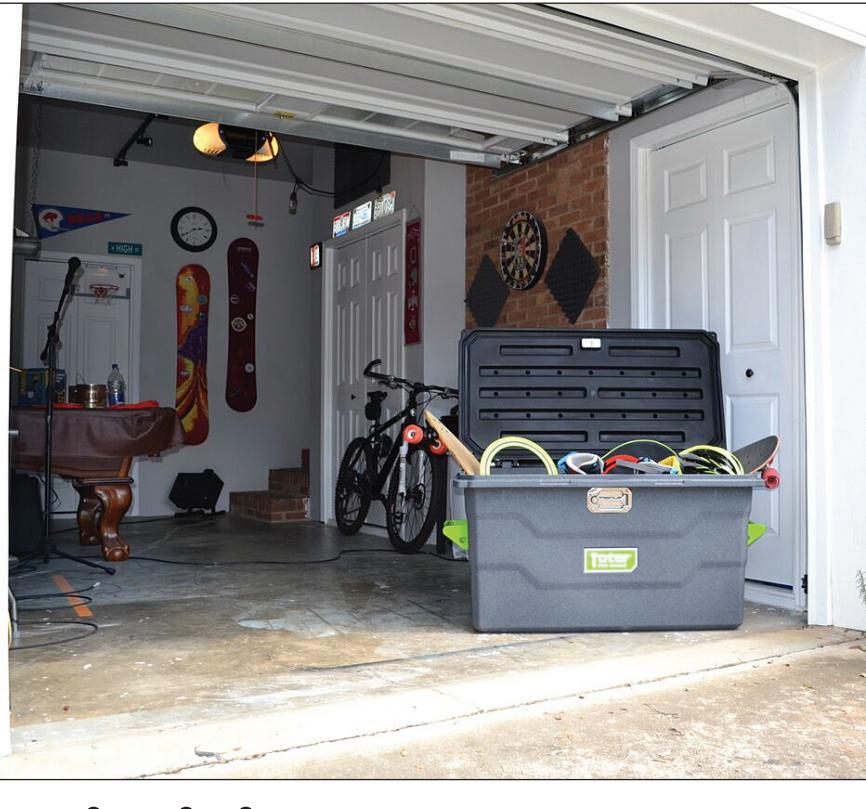
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## Maximizing Garage Storage

**R**egardless of the size of their house, most people are pressed for garage space. Here are some tips for making more of your precious garage storage.

- **Keep trash in its place:** To keep trash and odors contained, select a mobile trash cart with a tight-fitting lid. Some manufacturers even offer cart and can liners with deodorizers to keep your garage smelling fresh.

- **Invest in a multi-purpose job box.** Rolling options are great for work done only at home, while a job box may be better for those who do work elsewhere. If portability is important, look at lighter-weight options. New plastic job boxes combine the strength, durability and security of a large metal box with enhanced maneuverability.

- **Build up, not out:** Ceiling storage racks are an excellent way to use what would otherwise be dead space. Many racks are designed to fit directly above the area where an automatic door goes up and down. Peg boards for tools and stackable totes are also good choices.

- **Choose multipurpose storage:** Needs can change over time, so in-

vest in storage that can be used for a variety of items in multiple ways. For example, large, durable totes can hold lawn gear, tools or camping equipment.

- **Think mobility:** Being able to move containers within the garage is important. However, the ability to move them into your vehicle and hit the road quickly also makes life a lot easier.

- **Protect items:** Moisture and pests cause problems in even the cleanest garage. Look for durable storage containers with tight-fitting, critter-resistant lids.

- **Categorize:** Assign and color-code dedicated areas for each type of item -- tools, decorations, lawn equipment, etc. -- to avoid the hassle of searching.

- **Allow room to grow.** While it can be tempting to stuff every square inch, try to leave room for future additions. To ensure everything deserves the space it's occupying, do a yearly purge of unneeded or unused items.

Keeping the garage in order is a necessary evil, but with a solid game plan and the right equipment, it's easier than you think.

*Courtesy StatePoint Media*

## Keeping Your Home Beautiful With Pets

**F**or all the companionship pets provide, they can also mess up a clean, tidy home pretty quickly.

But instead of banishing your furry loved ones to certain rooms of the house, or simply submit to the chaos, you can follow a few savvy tips to keep your home fresh with less work.

### PET GROOMING

Brushing pets regularly is good for them -- and good for flooring and furniture. Do so every couple days in order to keep your pets' coats healthy and help prevent shedding fur from ending up everywhere.

After walking the dog or letting the cat into the backyard, wipe paws clean before they track in mud and debris. You can set up a clean-paws station by your home's entrance to help make this a habit.

### SMART FLOORING

There's no need to compromise on the quality of your home's flooring because of your pets.

"As much as we all love our pets, it's no secret that they can wreak havoc on flooring, especially carpets," says Jennifer Bertrand, Flooring America design consultant. "But by seeking flooring products specifically designed for busy homes with pets, you can maintain the look of your carpets."

### BERTRAND RECOMMENDS

Stainmaster's PetProtect as a good solution for pet owners.

"It resists pet stains, which means you can worry about other things, like which dog park to visit next. Your pup will love it too, because he won't get in trouble after his little mess-ups," Bertrand says.

When it comes to pet "mess-ups," the carpeting features a breathable moisture barrier de-



signed to prevent spills and accidents from soaking through the cushion and subfloor, so there are no lingering pet odors after a thorough cleaning. And because the carpeting releases more pet hair when vacuumed, this routine chore is made fast and simple.

Look for carpeting with extra durability and protection against color fading, which means it will stay newer-looking for longer, with no compromise to your pet's territory or your daily schedule.

### CLEANING HABITS

With smart pet-friendly flooring and furniture choices (think microfiber sofas), cleaning up after your pet and busy lifestyle should be easy. But remember, it's easier to clean as you go than it is to wait until things get out of hand.

Keep cleaning supplies nearby for spot cleans and quick touch-ups after mishaps, and remember to vacuum regularly. Don't forget corners, where build-up tends to occur. Wipe down surfaces to lift pet dander off baseboards, counters and window sills.

With a few tricks, and some smart pet-friendly product selections where carpeting and furniture are concerned, you can have the best of both worlds: a clean and fresh home, and all the members of your family -- including those with four legs -- together when and where you like.

*Courtesy StatePoint Media*



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The Toast of Tampa Show Chorus once again demonstrated its consistent excellence by capturing fourth place at the Sweet Adelines International 71st annual Convention and Competition in Las Vegas.

## Toast of Tampa brings home honors

By B.C. Manion

[bcmanion@lakerlutznews.com](mailto:bcmanion@lakerlutznews.com)

The Toast of Tampa Show Chorus placed fourth at the Sweet Adelines International 71st annual Convention & Competition, which wrapped up on Oct. 14, at the MGM Grand in Las Vegas.

This was the 13th time the group has competed on the international stage, and the group's success is consistent with its past performances.

In 2015 and in 2013, it took third-place at the international level, in 1993 it won the top prize, and in between it had a number of top-10 finishes.

"We took 108 ladies on stage," Beth Bosserman Curts said, via email.

"All choruses sing a 6-minute semifinals compulsory ballad and upturn," she said. This year, there were 33 choruses representing the best of regions in 15 countries in the competition.

Those who finished in the top 10 proceeded to the finals, Curts added.

In the finals, competing choruses present a 15-minute show package.

Of the 10, the winner and second place choruses were from opposite sides of Canada, Curts said. The ninth-place winner was from Stockholm, Sweden, and the other top finishers were from Chicago, Florida, Ohio, Baltimore, California and New Jersey.

"The top five choruses sang at very, very high levels," Curts said.

"Of the quartets, four chapter and one regional quartets sang," Curts added.

They, too, turned in excellent performances. Windsor placed third and GQ placed fifth.

Toast of Tampa is a group of female a cappella singers that performs in four-part harmony. Its members range from age 10

### If you go

Toast of Tampa Show Chorus presents Standing Room Only, featuring special guest Vocive

**WHERE:** University of South Florida Music Concert Hall, 3755 Holly Drive in Tampa

**WHEN:** Nov. 4, 3 p.m. and 7 p.m.

**COST:** \$40 patron; \$25 regular

**DETAILS:** The Toast of Tampa Show Chorus is an internationally recognized female chorus that performs four-part a cappella singing. As they perform, they sing and move with emotion and precision.

to 85.

They sing under the direction of internationally recognized Tony De Rosa, performing modern, complex arrangements.

Chorus members come from throughout Tampa Bay and other parts of Florida, including Jacksonville, The Villages, Sarasota, Bradenton, Fort Myers, Orlando, Melbourne and Crystal River.

Toast of Tampa draws members from all walks of life, including military veterans, new moms, grandmothers, real estate agents, accountants and others.

Members audition to join the group and are expected to meet high expectations.

Toast of Tampa practices on Tuesdays, from 7 p.m. to 10 p.m., with occasional weeks off. The sessions are at the T'Pepin's Hospitality Centre, at 4121 N. 50th St., in Tampa.

Those interested are welcome to come to a rehearsal to see if joining the chorus is something they wish to pursue.

Anyone wanting to know more about the group should call Toast of Tampa Show Chorus at (813) 963-7464, or email [info@toastoftampa.org](mailto:info@toastoftampa.org).

**THURSDAY, November 16, 2017  
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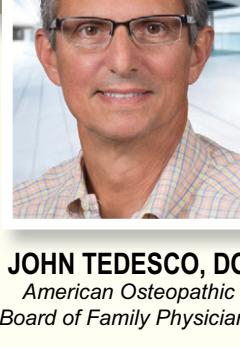
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# Welcome

## Alise Pastorik, ARNP

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### AARON PRESTON NAMED DIRECTOR OF MEDICAL/SURGICAL

Aaron Preston has been named director of medical/surgical at Regional Medical Center Bayonet Point, 14000 Fivay Road in Hudson.

Preston was promoted from his position in Infection Control Management. He joined the hospital in 2010. He served as a nursing supervisor from 2014 to 2015.

Before beginning his nursing career, he served in the United States Marine Corps, where he helped oversee communications during two combat tours.

He has a Bachelor of Science in nursing degree from St. Petersburg College and an Associate in Science in nursing degree from Pasco-Hernando State College.



Aaron Preston, RN, BSN

### INFANT/CHILD CPR

St. Joseph's Hospital-North will offer an Infant/Child CPR class Oct. 26 from 6 p.m. to 9 p.m., in Garden Classroom A at the hospital, 4211 Van Dyke Road in Lutz.

Those attending will learn CPR and choking rescue techniques on both infants and children, according to American Heart Association guidelines. The cost is \$40 per person, plus a \$10 fee if a completion card is required.

If registering online, call the Customer Service Center at (877) 692-2922 to pay the additional fee for the completion card. Call (813) 443-2046 to register.

### ALZHEIMER'S FAMILY ORGANIZATION CAREGIVER EVENT

The Alzheimer's Family Organization will host a free caregiver event at Rosecastle in Zephyrhills, at 37411 Eiland Blvd., Oct. 27, from 10 a.m. to 2 p.m. A continental breakfast and lunch will be served. The event also will feature vendors, speakers and more.

For information, call (352) 616-0170.

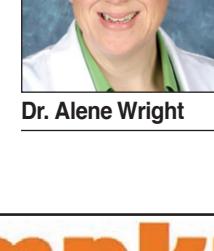
### NEWBORN CARE

St. Joseph's Hospital-North, 4211 Van Dyke Road in Lutz, will offer an interactive class on newborn care Oct. 28 from 9 a.m. to noon, in Garden Classroom A.

The class covers various aspects of infant care, including feeding, diapering, bathing safety, signs of illness and newborn characteristics. The \$25 fee covers the expectant mother and a support person.

### BREAST IMAGING TUTORIAL

Regional Medical Bayonet Point will continue its Tuesday Tutorials with a seminar presented by Dr. Alene Wright called "Breast Imaging 2017: Why, Who, When and What?" The Oct. 31 session begins with registration and lunch at 11:30



Dr. Alene Wright

a.m., followed by the tutorial, which starts at noon. The seminar will be presented in the Rao Musunuru MD Conference Center, 14100 Yosemite Drive in Hudson.

For information and reservations, call (727) 869-5498.

### BREAST CANCER SUPPORT GROUP

The Medical Center of Trinity will host a breast cancer support group Nov. 1 and Nov. 15, from 11 a.m. to 1 p.m., at the American Cancer Society Resource Room, 9332 State Road 54, Suite 402, in Trinity.

To register, call (727) 834-5630.

### BREASTFEEDING COURSE

The Medical Center of Trinity will offer a breastfeeding course Nov. 1 from 6 p.m. to 8 p.m., in the OB classroom at the hospital, 9330 State Road 54 in Trinity. Reservations are required.

Call (727) 834-5630 to register.

### CHILDBIRTH PREPARATION CLASS

The Maternity Suites at Oak Hill Hospital will host a free Childbirth Preparation Program for expectant parents Nov. 4, from 10 a.m. to 4 p.m., at the hospital, 11307 Cortez Blvd., in Brooksville. The class will be in the Maternity Suites Education Room, on the third floor of the North Tower.

To register, call (844) 769-2229.

### LIVING HEALTHY WORKSHOP

Enrollment is open for the Chronic Disease Self-Management Program "Living Healthy" workshop, a six-week workshop for those with conditions such as hypertension, COPD, heart disease, diabetes and arthritis. This workshop helps people learn real-life tools to help live a fuller, more comfortable life.

The workshop teaches techniques for handling problems such as frustration, fatigue, pain and isolation. It covers appropriate exercises for maintaining and improving strength, flexibility and endurance. It goes over the appropriate use of medications; communicating effectively with family, friends, and health professionals; nutrition; and, how to evaluate new treatments.

This free course will be offered at the Land O'Lakes Community Center, 5401 Land O'Lakes Blvd. The classes are every Tuesday from 9:30 a.m. to noon, for six weeks, beginning Nov. 7. Space is limited and reservations are required.

For information, call (727) 863-6868.

### DR. MANJUSRI VENNAMANENI RECEIVES NATIONAL RECOGNITION

The Access Health Care Physicians LLL, office of Dr. Manjusri Vennamaneni recently was recognized for excellence in diabetes care by the National Committee for Quality Assurance. The certificate of recognition is valid until Feb. 15, 2020.

Vennamaneni is chief medical director for Access Health Care and practices at Access Health Care's main office at 5350 Spring Hill Drive in Spring Hill.

### COREY D. CAMPBELL NAMED DIRECTOR OF MEDICAL TELEMETRY

Regional Medical Center Bayonet Point, 14000 Fivay Road in Hudson, has appointed Corey D. Campbell to be the hospital's director of medical telemetry.

Campbell joined the hospital in 2012 as a nurse intern. Most recently, he was the RN staff educator and co-manager of

Continued on next page

## Proudly Welcoming Malieri Colon-Rivera, MD, FACOG



Dr. Colon-Rivera earned her medical degree from Universidad Autonoma de Guadalajara, Mexico. Active member of the Puerto Rico, Florida & American Medical Associations; American Congress of Obstetrics and Gynecology; American College of Obstetrics and Gynecology. "I want my patients to know that I care for them, that I'm part of their team and that their health & concerns are my priority."

Obstetrics and Gynecology of Trinity is pleased to welcome Dr. Colon-Rivera to our team of physicians.

Our skilled and friendly team provides high quality, comprehensive and personalized medical care for women in all stages of life. Services include routine gynecological and pregnancy care, family planning and surgical procedures.

Our physicians are especially skilled in the areas of minimally invasive surgical procedures, including those utilizing the daVinci robot.

We are located on the campus of Medical Center of Trinity, just 15 minutes west of the Suncoast Expressway on State Road 54.



Jenny Buck, MD, FACOG



Reut Bardach, MD, FACOG



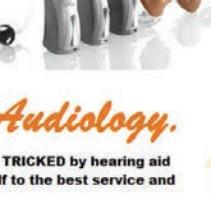
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Medical Telemetry. He has a Bachelor of Science degree in nursing from the University of Tampa, where he is a member of the Phi Tau Kappa Honor Society. He received his Associate of Arts degree from Pasco-Hernando State College, graduating with honors and also as a member of Phi Tau Kappa Honor Society.



**Corey D. Campbell**

Before attending nursing school, he served in the United States Army from 2001 to 2010.

#### **PRACTICING PHYSICIANS RECOGNIZED FOR QUALITY CARE**

Several Access Health Care physicians recently were honored for achieving high scores in quality care. These physicians

were honored for receiving Healthcare Effectiveness Data and Information Set (HEDIS) awards. Providers receiving recognition were: Hend Abdelmalek, Michelle Arrieta, Shammi Bali, Dalton Benson, Luis Contreras, Christopher Coppola, Dhammadika Ekanayake, Robert Hartzell, Jr., David Herndon, Akila Iyer, Raghu Juvvadi, Brian Kroll, Jennifer Laman, Oscar Lindo, Jose Lopez, Harish Madnani, Gaurav Malhotra, David Miller, Anthony Ngo, Anita Patel, Vakesh Rajani, Jagdeep Sandhu, Apurva Shah, Parikshit Singh, Veselin Stoyanov and Grigor Varlakov.

In addition, Dr. Manjusri Vennamaneni received a special award for her dedication to work with Freedom and Optimum, and the Access providers to improve quality score. The award was presented for "Leading your organization in the achievement of outstanding HEDIS® scores in recognition of your leadership, devotion, and commitment to our quality program."



## Time to get your 2017 flu shot

The Laker/Lutz News Staff Report

The Florida Department of Health in Pasco County is encouraging all Floridians to get a flu shot now, to protect themselves from the flu and to help prevent spreading it to others.

The flu season also happens to be at the same time when people tend to have more contact with others, as they visit family and friends for the holidays, according to a news release from the health department.

"The flu shot is the best holiday gift you can give to your family," Mike Napier, health officer for Pasco County said, in the release.

"It has never been easier, and it's never too late to get your flu shot."

The flu vaccine is recommended for everyone 6 months and older, including pregnant women. It takes about two weeks after vaccination for your body to develop protection against the flu. The Centers for Disease Control and Prevention recommends people get injectable flu shots. Nasal spray vaccine is not recommended for this flu season due to concerns regarding its effectiveness.

For more information about the health department's programs and services, visit <http://pasco.floridahealth.gov/>.

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## FREELANCE Photographers



The Laker/Lutz News is looking for freelance photographers to shoot community events in Pasco and north Hillsborough counties. Prefer candidates with newspaper or magazine experience, but will consider serious hobbyists with professional equipment. **Call or email Editor B.C. Manion with questions.**

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# Chalk Talk

Send school news to  
news@lakerlutznews.com

## SURPLUS SALE

Pasco County Schools Surplus Store will have a sale Oct. 25 from 1 p.m. to 6 p.m., at 7301 Land O' Lakes Blvd., Building 1, in Land O' Lakes. All items are sold "as-is." There will be no returns or refunds; all sales are cash only; no loading assistance will be provided; and, no children under age 18 will be permitted. The school district has a vast inventory of items that are no longer needed that will be sold at this sale.

## HELPING HURRICANE VICTIMS

Woodland Elementary School's National Elementary Honor Society collected \$530 through a coin drive to donate to the American Red Cross to help victims of Hurricane Harvey. The students continued to collect donations even as Hurricane Irma was threatening Tampa Bay, according to an item posted on the Pasco County Schools website.

## JOB AND INTERNSHIP FAIR

Pasco-Hernando State College and CareerSource Pasco Hernando will host a job and internship fair Oct. 26 from 9 a.m. to noon. The event will be at PHSC's West Campus in New Port Richey, 10230 Ridge Road, Room R151. Local employers with open positions and future opportunities will meet and greet job seekers from the community, and PHSC students seeking employment and internships. Job seekers interested in attending the job and internship fair must preregister for the event at <http://tinyurl.com/ycsy7h3b>.



COURTESY OF THE GREATER ZEPHYRHILLS CHAMBER OF COMMERCE

## Student Citizens of the month

Twenty students were honored as the Greater Zephyrhills Students of the Month at an Oct. 18 ceremony at The Church at Chancey Road.

Students honored for September were: Mateo Guerrero, The Academy of Spectrum Diversity; Bailey Coombs, The Broach School; Joseph Mohler, Chester W. Taylor Elementary School; Zoi Harper, East Pasco Adventist Academy; Jaijen DiLorzo, Heritage Academy; Hailey Daffron, Hope Ranch Learning Academy; Adara Cruz Ruiz, Raymond B. Stewart Middle School; Katiana Salazar, West Zephyrhills Elementary School; Issac Dupre, Woodland Elementary School; and, Dale Redditt, Zephyrhills High School.

Students honored for October were: Shane Holloway, The Academy of Spectrum Diversity; Lucas Rojas, The Broach School; Sah'ria Everett, Chester W. Taylor Elementary School; Matilda Howard, East Pasco Adventist Academy; Aiden Tilley, Heritage Academy; Luke Danchik, Hope Ranch Learning Academy; Bryanna O' Malley, Raymond B. Stewart Middle School; Kayla Gonzalez, West Zephyrhills Elementary School; Amiyah Walton, Woodland Elementary School; and, Annica Morgan, Zephyrhills High School.

For more information, contact Jackie Eden (727) 816-3334 or [edenj@phsc.edu](mailto:edenj@phsc.edu).

## PHSC COMMUNITY SEMINARS

Pasco County State College's Porter Campus at Wiregrass Ranch will host two upcoming community seminars.

They are:

- Medical Marijuana Legalization and Regulation Awareness Seminar, Oct. 26, from 1 p.m. to 3 p.m.
- Driving Under the Influence Awareness Seminar, Nov. 15, 11 a.m. to noon.

These seminars are open to students,

teachers, staff and the community. Both sessions will be in the Conference Center, Building B., Room 303, at Porter Campus, 2727 Mansfield Blvd.

## OUT OF THE DARKNESS COMMUNITY WALK

Pasco County will have its third annual Out of The Darkness Community Walk on Oct. 28 at 9:30 a.m., at Sims Park, at Grand Boulevard and Bank Street in New Port Richey.

The walk raises money for the American Foundation for Suicide Prevention. Last year more than 700 walkers raised \$30,000 for

the cause.

This year's goal is to attract 1,000 registered walkers and to raise \$35,000.

Join a team by going to this link: <http://bit.ly/2waWwzy>.

Pasco County ranked fourth in Florida in 2012 for the highest number of suicides.

This annual walk is aimed at raising awareness about depression and suicide, and is intended to provide comfort and support to those who have lost someone to suicide.

For more information, call Dawn Daniels Hahn, Gulf High School social worker, at (727) 774-3457.

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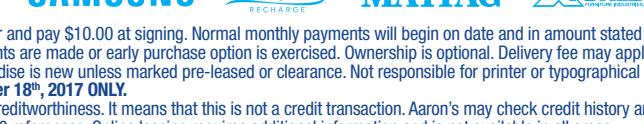
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# Tennis center secures management

By Kevin Weiss

kweiss@lakerlutznews.com

Plans to serve up more tennis opportunities for Zephyrhills residents — while also creating a regional asset — have moved yet another step forward.

The Zephyrhills City Council on Oct. 9 unanimously approved a 20-year contract with Tennis P.R.O. Florida, LLC, to operate and manage the proposed Zephyrhills Tennis Center.

Tennis P.R.O. is owned by Pascal Collard, who was the director of tennis at Saddlebrook Tennis Academy in Wesley Chapel from 2003 to 2006.

Most recently, he was tennis director at The Merion Cricket Club, a private club in Haverford, Pennsylvania.

Under the agreement, Tennis P.R.O. will be responsible for day-to-day operations of the facility, which will include providing lessons and running concessions. The firm also will handle memberships and fundraising.

Moreover, Collard's company will pay \$300,000 upfront for capital improvements to the facility — covered court, hitting walls, indoor and outdoor playground and so on.

The agreement also calls for the proposed facility to be open at least 80 hours per week, as weather permits.

"I'm very excited about starting as soon as possible," Collard told council members.

"I'm already working on the marketing, trying to find out what can we do to make it a big success. We want the community to be involved. We're also going to have a foundation, where we're going to try to do a lot of outreach programs," he said.

Council members unanimously agreed in

May to enter negotiations with Tennis P.R.O. LLC, to operate and manage the proposed tennis facility. The firm was selected over Management Partners and Net Results.

The planned \$2.19 million complex will include eight clay and two hard surface courts, two sheltered courts, two mini-courts and several pickleball courts, built to U.S. Tennis Association (USTA) professional standards.

It also will feature a pro shop, a multi-functional community room, and two office spaces. A second floor, if added, will include an observation deck overlooking the courts with concessions and a lounge for players.

The complex will be located on 4.7 acres of donated land at The District at Abbott's Square, a new real estate development situated north of Dean Dairy Road and west of Simons Road.

Officials say the project could break ground as soon as March, with construction estimated at 12 to 16 months.

Once complete, it will be renamed Sarah Vande Berg Memorial Tennis Center, after the former Zephyrhills High School district champion who became a scholarship player on the University of South Carolina Upstate women's tennis team. Vande Berg, the daughter of the Zephyrhills planning director Todd Vande Berg, died in an automobile accident at the age of 21 in October 2015.

City Manager Steve Spina said the city will receive no revenues in the first three years of the complex opening, to help Tennis P.R.O. recoup its upfront costs. For the remainder of the agreement, however, the firm will pay rent to the city based on a percentage of its profits.

Spina said the public-private partnership

resembles the one Zephyrhills has with the East Pasco Family YMCA, in which the city owns the building property, but outsources programming and facility management.

Meanwhile, recreation impact fees from The District at Abbott's Square and other developments will be used to finance most of the facility's construction costs, city officials say. The city also is looking into additional funding from USTA grants, Florida Recreation Development Assistance Program (FRDAP) grants, Penny for Pasco, and partnerships with Pasco County Parks and Recreation, and Pasco County Tourism.

Memberships, or hourly court rental fees, will be required to access the tennis facility, though Zephyrhills residents will see a price break compared to non-residents.

And, while those figures haven't yet been configured, they are expected to mirror other clay-court tennis centers in nearby communities.

The eight-court Cindy Hummel Tennis Center, in Auburndale, has yearly memberships ranging from \$75 to \$171, for unlimited court access. Elsewhere, the 10-court Plant City Tennis Center offers individual annual passes for \$350, and family annual passes for \$700. Hourly court fees range from \$1 to \$7 at both facilities.

"If you go to Plant City, if you go to Auburndale, if you go to Tampa — to have clay courts you have to have fees," Spina said.

Aside from serving east Pasco residents, officials believe the new tennis complex could become a draw for college and USTA-sanctioned events.

"We think this is more than a local tennis club; we think it will be a regional asset,"



KEVIN WEISS

Tennis P.R.O. is owned by Pascal Collard, shown here. Collard was the director of tennis at Saddlebrook Tennis Academy in Wesley Chapel from 2003 to 2006. He most recently served as the tennis director at The Merion Cricket Club, a private club in Haverford, Pennsylvania.

Spina told the council.

"This is a feather in our cap," said Alan Knight, council president.

"I'm excited about it," said Lance Smith, council vice president. "I think it's going to bring some people in here, and we don't really have any idea how big this is going to be....I think it's going to be a great success. I'm looking forward to seeing it come along."

## RELIEF, from page 1A

agreement.

The new site has one feature lacking at the recreation center - 20 acres for parking.

Fair association officials also have years of experience in handling crowds and traffic. Some of their staff will help with parking and other activities.

"We have traffic flow and people flow down to an art," said Dicky Brown, president of the fair association.

The rental agreement with DCF was finalized on Oct. 18, Brown said.

The agency will have the use of two buildings, including restroom facilities, and an open field for parking.

It's a major undertaking, and a strain on any community, Brown added. "But, we can get people off (State Road) 52 faster than anywhere because we have 20 acres of parking."

The search for a new site was a county-wide effort among local governments and agencies, including county commissioners, the school district and law enforcement, said Pasco County Commissioner Mike Wells Jr.

## LIBRARY, from page 1A

staff members for the ribbon cutting.

After years of deep cuts to library budgets, county commissioners approved a budget for fiscal year 2018 that added in more money for libraries, and also for parks.

Libraries are valuable to communities, Moore said. In addition to books, they also provide innovative technology, including Land O' Lakes makerspace, to help people learn.

Plus, they facilitate connections between people.

"It's a great meeting place," Moore said.

In addition to the Land O' Lakes library, at 2818 Collier Parkway, the county restored Monday hours to the Regency Park Branch Library, in New Port Richey. That library also will get new staff members.

"Those are the county's busiest libraries," Fredericks said.

To celebrate the restored hours, Land O' Lakes library patrons were treated to special activities, including pen turning, a silly dance party, a visit from "creepy" reptiles and invertebrates, yoga and Tai Chi.

"It's (fairgrounds) the only location that made sense and everyone worked together," said Wells, who is on the fair association's board.

The DCF will have hundreds of employees on site during the four-day program. Law enforcement from the Pasco County Sheriff's Office and Dade City will aid in traffic and crowd control.

Residents who come to the site can qualify for food replacement for September and October, based on income and losses suffered during Hurricane Irma.

People who currently receive food stamps through the Supplemental Nutrition Assistance Program, or SNAP, aren't eligible. Instead, they will be compensated with extra benefits through the monthly program.

For eligible applicants, Disaster-SNAP, or D-SNAP debit-style cards, will be issued if the applicant lived or worked in one of the 48 declared federal disaster counties from Sept. 5 to Oct. 4.

To speed up the process, DCF officials encourage applicants to preregister at least a day before coming to an application site.

For more information, please visit [Dcf.state.fl.us/programs/access/fff/](http://Dcf.state.fl.us/programs/access/fff/).

Looking ahead, Mondays now can be filled with additional activities on a regular basis on the library's monthly calendar, said Kathleen Rothstein, Land O' Lakes branch manager.

Yoga and Tai Chi will be offered on alternating Monday nights. There will be a Monday Movie Matinee. The library's Foundry, or makerspace, will be open at various times on Monday.

The Foundry has a variety of new technology including 3-D printers, state-of-the-art Computer Aided Design (CAD) equipment, an Oculus Rift virtual reality system, and an audio recording studio.

It also offers opportunities to work with traditional hand and power tools, as well as crafting tools and supplies, including yarn and thread.

Other programs scheduled on Mondays include an introduction to knitting, Autumn Candle Holder, Essential Oils, woodworking and Pumpkin Planter.

For more information on dates and times for scheduled library events at Land O' Lakes and other branch libraries, visit [PascoCountyLibraries.org](http://PascoCountyLibraries.org).

## SINKHOLE, from page 1A

would work as a dam to contain the sinkhole. The cost would be about \$800,000.

Whatever the final decision, there are financial implications for the county and residents.

Pasco County officials have said they want to get reimbursement for as much of its costs as possible. They view sinkhole damage largely as a private matter between insurance companies and the injured parties.

To that end, the county mailed demand letters and notice of financial responsibility to homeowners, renters and companies that have done remediation work in the past.

Left open is how much liability could

rest with Lake Padgett residents. Moore said residents are concerned about taking on maintenance costs of the sinkhole.

The subdivision has a special taxing district, created by Florida statute.

However, those funds are collected solely for the operation and maintenance of recreational facilities in the subdivision, including five lake parks, three boat ramps and a horse stable.

For fiscal year 2018, the per unit fee collected by the taxing district is about \$500, according to documents on Lake Padgett's website.

In describing the taxing district, website documents specifically state that it doesn't serve or have authority to serve as a Community Development District, civic association or a homeowner association.

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# Community Sports

Your Neighborhood Sports Source

## DuJuan Harris patiently awaits next NFL shot

By Kevin Weiss

kweiss@lakerlutznews.com

Once or twice a week, a veteran NFL running back can be found training at Wesley Chapel District Park, readying for another shot to play on Sundays.

"I'll get that call soon. I know how the game goes," he says.

Indeed, Brooksville native DuJuan Harris knows pro football all too well.

Since 2011, the 29-year-old has bounced around to eight NFL franchises across both coasts, in various capacities.

It has included multiple stints with the Jacksonville Jaguars (2011, 2017), and stops with the Pittsburgh Steelers (2012), Green Bay Packers (2012 to 2014), Minnesota Vikings (2015), Seattle Seahawks (2015), Baltimore Ravens (2015) and San Francisco 49ers (2015 to 2016).

He's spent just weeks with some teams, and months with others. He's been on practice squads and active rosters. He's even been a starter multiple times.

For Harris, it's all been a "blessing."

"I've bounced around to a lot of different places, but I got to meet a lot of great guys. I played side by side with some future Hall of Famers and some Hall of Famers now, so it's been amazing. It's been tough, but I wouldn't try to change it for anything; every team has been fun."

More recently, Harris spent preseason and training camp with the Jacksonville Jaguars until he was released in September.

It's not the first time he's been cut, and it surely won't be the last — should another NFL opportunity arise.

"Every year you've got to prove yourself, so it's a grind," Harris says. "It's a different kind of life, definitely. It's been a struggle throughout my career..."

The average NFL career is 3.3 years, according to the NFL Players Association.

It's undoubtedly shorter for undrafted free agents, like Harris.

"You can make the same mistake as a first-round guy, and (coaches) are going to pat him on the back and say, 'Oh, it's OK.' You make that same mistake (as an undrafted player), you're going to be gone," Harris explains.

The circumstances entering the league don't matter anymore to Harris.

Instead, he bides his time, relishing the chance to prove himself once again as a veteran player.

"It's something that I hold my head up for when I go to new teams," he says. "I don't get nervous about anything. I feel like you see someone new come in that door, you're going to have to worry. That's how it is in the NFL. That's what I tell some younger guys, 'Don't get down when you get released.'"

Whatever the reason, Harris consistently has been overlooked as a football player.

Despite starring at Central High School in Brooksville — where he recorded 3,000 career rushing yards and 45 touchdowns and holds a Hernando County record for the most yards in a single game with 363 yards and five touchdowns — Harris only had offers from Troy (Alabama) University and Florida A&M University.

And, after a prolific four-year college career at Troy — nearly 3,200 scrimmage yards and 32 touchdowns — Harris didn't receive



COURTESY OF NFL.COM

Since 2011, the 29-year-old Brooksville native has bounced around to eight NFL franchises across both coasts, in various capacities. That included a stint with the Green Bay Packers, from 2012 to 2015.

an invite to the NFL combine.

Perhaps it's his stature. He stands just 5-foot-7.

It's certainly not his athleticism or aggressive running style.

The chiseled Harris recorded the highest vertical leap (41.5 inches) and fastest 40-yard dash time (4.37 seconds) on his college team.

But an eye-opening pro day workout wasn't enough to have Harris' name among the 254 chosen during the 2011 NFL Draft, either.

"I didn't mind even not getting my name called on draft day," Harris says. "I really just wanted to hear my name called for my family. Just for them to hear it and for them to cheer about something. Other than that, my mindset is, 'I'm going to play football anyway. I'm going to be in the NFL, I'm going to get my respect one way or another, if I'm going to get picked or not.'"

Harris' done that year in, year out.

In 38 career NFL games, Harris has tallied 590 rushing yards, 244 receiving yards and three touchdowns. In regular season action, he's proven to be a productive back, averaging a career 4.1 yards per carry, and a reliable pass-catcher, with 21 receptions.

Harris, meanwhile, is confident he can still make plays, at 29 years old — aging by NFL standards.

"There's older guys that can still do it and I feel like if they can, then I can too. It's doable," he says.

His newfound athletic trainer, Bebe Roberts, also shares the sentiment.

"He's amazingly fast, but I didn't know he was that fast," Roberts says of observing Harris in a recent workout.

Roberts is a former Wesley Chapel High School track star. He's worked out other NFL hopefuls through his athletic training company, Fast Sprint Quick Performance, LLC.

His relationship with Harris dates back to high school, when they went head-to-head in local track meets — where Roberts beat the NFL player in the 100-meter dash. "He brings that up all the time," Roberts jokes.

Roberts' job is to maintain the NFL veteran's speed and flexibility, through hip stabilizers and other routine running back drills.

"He's a running back, so we don't want him to get tight, especially in the offseason," Roberts explains. "I did a lot of research on him, so I could help make him a better athlete."

Those personalized workouts are critical to Harris, who's fighting to stay in the sport that skews young.

"Every year since my rookie year, it's been the same thing. Just pretty much trying to work on everything. In this league, you learn something every year—and people get better every year," he says.

"You just got to stay prepared. You could have a skill set that's pretty good, but that doesn't mean it's going to work for you all the time. You've got to keep working at it."

Harris has temporarily settled in Wesley Chapel with his family, while he awaits his next football opportunity.

With ample downtime, he's been assisting in his wife's custom wig business, DarVida by Keysha.

"She makes the wigs and I take care of everything else; we make a good team," says Harris, noting he developed the professional website.

Interestingly, it's not the first non-NFL job he's had.

Harris garnered national headlines in the 2012 season, when he went from working at a Chrysler-Jeep-Dodge dealership in Jacksonville to the Green Bay Packers practice squad, eventually working his way onto the active roster as a starter.

That year, Harris took the sales job to supplement his income as he awaited his next NFL roster spot.

Harris recalls the unique circumstance:

"I'm not a big spender, but during the off-season there's only so far that your money can stretch. I didn't have enough to get me through an off-season and some of the season, so I had to get up and work. I couldn't just sit around and wait for something to happen."

"The process of getting a job was new for me. I never had to go in for an interview, dress nice and everything else. It all was new to me. I was only there for a week — didn't sell a car, but came close on a couple."

"It was fun and I was thankful for them giving me the opportunity. I was doing work-

### Additional Q-and-A with veteran NFL running back DuJuan Harris

On having his No. 20 jersey retired at Central High School's Sept. 29 Homecoming game:

"It didn't hit me until I got on the field. I was thinking, like, 'Wow, nobody in this school is ever going to wear my number again.' It kind of just hit me. My wife was trying to ask me, 'Did it really set in yet?' She saw, once I kind of got some tears in my eyes."

On the challenge of bouncing from various NFL franchises, with a family at home:

"That's when it got hard. When I was by myself it was simple....Just bouncing around from place to place, sometimes I've got to leave my wife, and for her to take care of things on her own—I hate having to do that. When you get to a new city and she has to go, now she's in a new place by herself. So, that's another thing that I've got to try to worry about on top of all the new (stuff) I've got to get ready for. So, it's difficult, but it is what it is. We'd rather go through all of it now."

On the feeling of getting released:

"You might feel like you're an outcast when you leave 'here' and get released 'here' and you might feel a little embarrassed and you want to be in your shell. But when you get a call from another team and go there, there's guys in that locker room that are going to worry because, 'Hey they just brought in a new running back, who's going to go?' And in this league, it's a numbers game. You just can't really think about all the negativity in the league because there's a lot. There's nothing you can do about it."

On what he misses most about the NFL:

"Just pretty much being in that (locker) room. Just that atmosphere itself, it's amazing and it's something that a lot of people wish they could be apart of. If I get another opportunity to prolong my career, it would be a blessing..."

On the difficulty of learning an NFL play-book, especially in a short period of time:

"It's definitely not like the video games. You've got to learn a new language pretty much. It's a little difficult. One word might mean something for one team and it means something else for another. And then the routes, they call the routes a little differently. But it's a copycat league. Everything you pretty much learn from other teams, you end up running that same play....I go to one team and I just try to learn the basics and then go from there. You've just got to put in the time. There's a lot more to it than people think."

outs in between, got a call from Green Bay and they asked me if I wanted to fly out the next day."

Now Harris hopes for a similar call, from any of the 32 NFL franchises — or even the Canadian Football League.

It may come sooner than later, as injuries mount and wide-eyed rookies make mistakes.

"In this game, if a young guy's not doing too well, they're going to go to a vet, no matter what. I'll get my name called soon," he said.



COURTESY OF POSITIVE COACHING ALLIANCE-TAMPA BAY Wharton High's Raweerat Khunduang

### TRIPLE-IMPACT COMPETITOR FINALISTS NAMED

Six senior athletes from schools in The Laker/Lutz News coverage area were recently named finalists for the Triple Impact Competitor Scholarship through the Positive Coaching Alliance-Tampa Bay:

- Raweerat Khunduang, Wharton High School
- Emily Leonard, Wiregrass Ranch High School
- Alexander Lopez, Steinbrenner High School
- Karissa Olsen, Wesley Chapel High School
- Andrea Wallace, Sunlake High School
- Chandler Carr (formerly of Lutz), Brooks DeBartolo Collegiate High School

The Triple Impact Competitor Scholarship seeks to salute student-athletes who have "demonstrated a commitment to improving themselves, their teammates, and their sport as a whole," according to a release.

Applicants had to submit essays and receive at least three recommendations from coaches, teachers or administrators.

A total of 25 Tampa Bay-area student-athletes from the high school class of 2018 were finalists for the Triple-Impact Competitor, which is presented by Sagitar Life Insurance Company.

Each of the finalists will next be interviewed by members of a selection committee. Scholarship winners will be named at a Tampa Bay Rays game in the 2018 season.



COURTESY OF MEG MERRITT

## Pasco County champs

For the second straight year, the Wiregrass Ranch High girls golf team won the Pasco County Girls' High School Golf Conference tournament. Buoyed by freshman Norah Caitlin, who shot a 69 to earn individual medalist honors, the Bulls edged 12 other Pasco schools at the Oct. 9 tournament at The Groves Golf and Country Club in Land O' Lakes. From left: Tyler Finn, assistant coach, and Zoe Wood, Mya Simard, Norah Caitlin, Morgan Sustachek, Laryn Finn and Jeremy Calzone, head coach.

forward averaged 8.8 points, 6.6 rebounds and 1.9 assists per game for the Crusaders last season, which reached the Class 5A regional finals. ESPN.com ranks Sieper as a three-star recruit and the nation's 42nd best post prospect for the 2018 recruiting class.

Darin Green Jr., a 6-foot-4 junior shooting guard at Wharton High School, has picked up a basketball scholarship from Rider (New Jersey) University, marking his second Division I offer in as many weeks. Green Jr., who helped guide Wharton High to a 20-6 mark and Class 8A regional quarterfinal last season, recently earned an offer from Florida Gulf Coast University in Fort Myers.

The Saint Leo University women's basketball team has picked up a verbal

commitment from Tampa Catholic guard Lenise Santiago. The 5-foot-8 junior averaged 8.1 points, 1.7 rebounds, 2.1 assists and 1.1 steals per game last season.

Former Wiregrass Ranch defensive back Shamaur McDowell, now a senior at IMG Academy in Bradenton, has decommitted from the University of Minnesota. The 5-foot-11, 184-pound McDowell, who originally committed to Minnesota on June 11, recently made the announcement on Twitter. McDowell, a three-star prospect ranked among the nation's top 150 cornerbacks for the 2018 class, has offers from North Carolina State, Washington State, Central Florida, South Florida, Purdue and Iowa State universities, among others, according to 247sports.com.

## Gallery exhibit showcases Mexican artist Frida Kahlo

By Kathy Steele

ksteele@lakerlutznews.com

Frida Kahlo is a Mexican artist whose face, with her riveting dark eyes and unibrow, is instantly recognizable — even to people who know little about her life and art.

Yet, more than 80 years after her first New York exhibition, Kahlo still fascinates as a woman, an artist and an iconic figure to feminists and political activists.

Pasco-Hernando State College's Rao Musunuru M.D. Art Gallery is hosting a Teacher's Discovery Traveling Exhibit to highlight Kahlo and her work.

The exhibit is free and open to the public.

The gallery, located in a wing of the college's library at 10230 Ridge Road in New Port Richey, is open from 9 a.m. to 7 p.m., on Monday through Thursday, and from 9 a.m. to 3:30 p.m., on Friday. The exhibit ends on Dec. 12.

"She was a revolutionary," said Connie LaMarca-Frankel, a humanities professor at PHSC, and a founder of the Tampa Repertory Theatre. "She was engaged in the politics of her day and at the same time was an artist."

LeMarca-Frankel brought her students to the exhibit to introduce them to Kahlo.

"Now maybe they'll start to think about her," the humanities professor said.

The exhibit includes large banners that feature Kahlo and recreations of her paintings.

Books on Kahlo are there, too, for study or a quiet moment to sit in a chair and browse their pages.

There's also an interactive video that gallery visitors can use to view La Casa Azul, Kahlo's house and garden in Coyoacan, outside Mexico City.

Kahlo was born in 1907 and died in 1954, at age 47.

Her short life was filled with debilitating pain from childhood polio and a bus accident that crushed and wounded her body. She spent nearly two years in a body cast. Lying on her back, looking into a mirror, she painted what she saw — Frida Kahlo.

She met Mexican muralist, Diego Rivera, a much older man than she, and already wildly famous. They had a tumultuous marriage, a divorce, and a remarriage. Both had love affairs.

For many years, she was known more for being Rivera's wife than as an artist in her own right.

She is known for her self-portraits, and for a folk-art style of painting that captured Mexican culture and challenged people's concepts of gender, race, class and the history of colonialism.

Two of her most known paintings are "The Two Fridas" and "Thorn Necklace and Hummingbird."

In "The Two Fridas," Kahlo did a double self-portrait. Both Kahlos are sitting down. One is garbed in European-style dress, the other in traditional Mexican dress.

In the other painting, Kahlo is wearing a thorn necklace, with a hummingbird pendant. On her right shoulder, a monkey pulls at the necklace, drawing blood. A black panther, with blue eyes, looks over her left shoulder.

"She was such a great personality. Her artwork is amazing," said Blythe Sanschagrin, who attended the exhibit's opening reception. "I love the story of how strong of a woman she was."

Kahlo's Mexican heritage seemed right for a celebration of multiculturalism during Hispanic Heritage Month, which was from Sept. 15 through Oct. 15.

The exhibit also serves a mission of the college to promote interactive events for students, said Ray Calvert, the college's director of libraries.

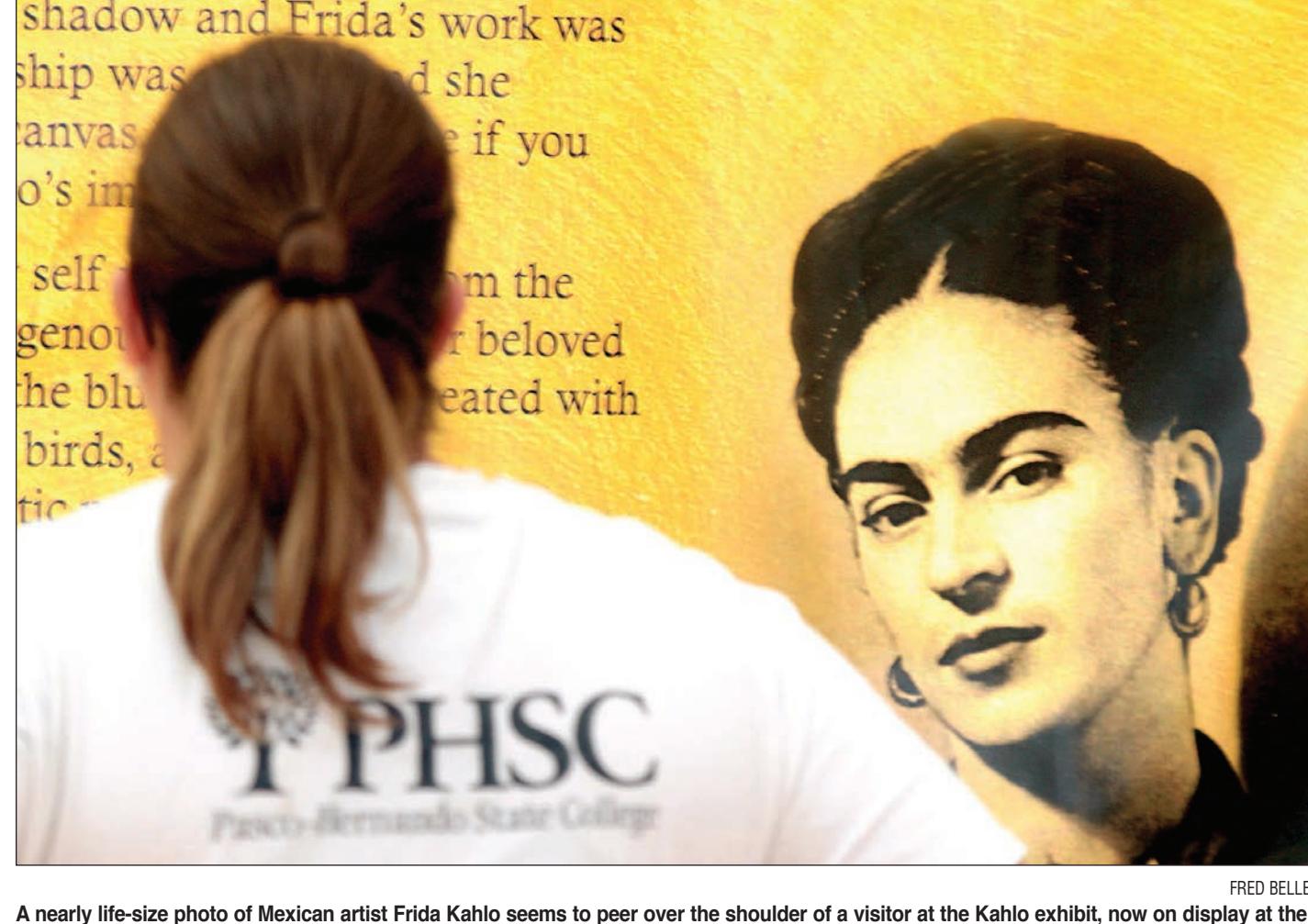
"The main thing is to generate awareness for students and create themes around which they can interact," he said.

Luz Himelhoch brought her own form of interaction to the opening reception.

She had about 30 students swaying and sashaying to Latin rhythms, as she taught them to dance the salsa and meringue.

She is a Kahlo admirer.

"Frida Kahlo is my hero," Himelhoch said. "This is a woman who had to endure so much at a young age. She still continued to forge on. She never gave up."



FRED BELLET

A nearly life-size photo of Mexican artist Frida Kahlo seems to peer over the shoulder of a visitor at the Kahlo exhibit, now on display at the Rao Musunuru M.D. Art Gallery on the west campus of Pasco-Hernando State College in New Port Richey.



New Port Richey resident, Amanda Swanson, 18, is a freshman at Pasco-Hernando State College. She came to the opening of the Frida Kahlo exhibit on campus to study and write about Kahlo's artwork.



Books on the artistry of Mexican painter Frida Kahlo abound, and are part of an exhibit at the Rao Musunuru M.D. Art Gallery at the Pasco-Hernando State College West Campus in New Port Richey.



Blythe Sanschagrin of Port Richey found a cozy spot to look over the work of Mexican artist Frida Kahlo.



A Pasco-Hernando State College student looks through a book with early sketches drawn by Mexican artist Frida Kahlo, nearly a century ago.



Maria Rhew, (standing) a Pasco-Hernando State College library senior staff assistant, and Natalie Danwing, 21, a PHSC senior, look over pictures of the work of Mexican artist Frida Kahlo.



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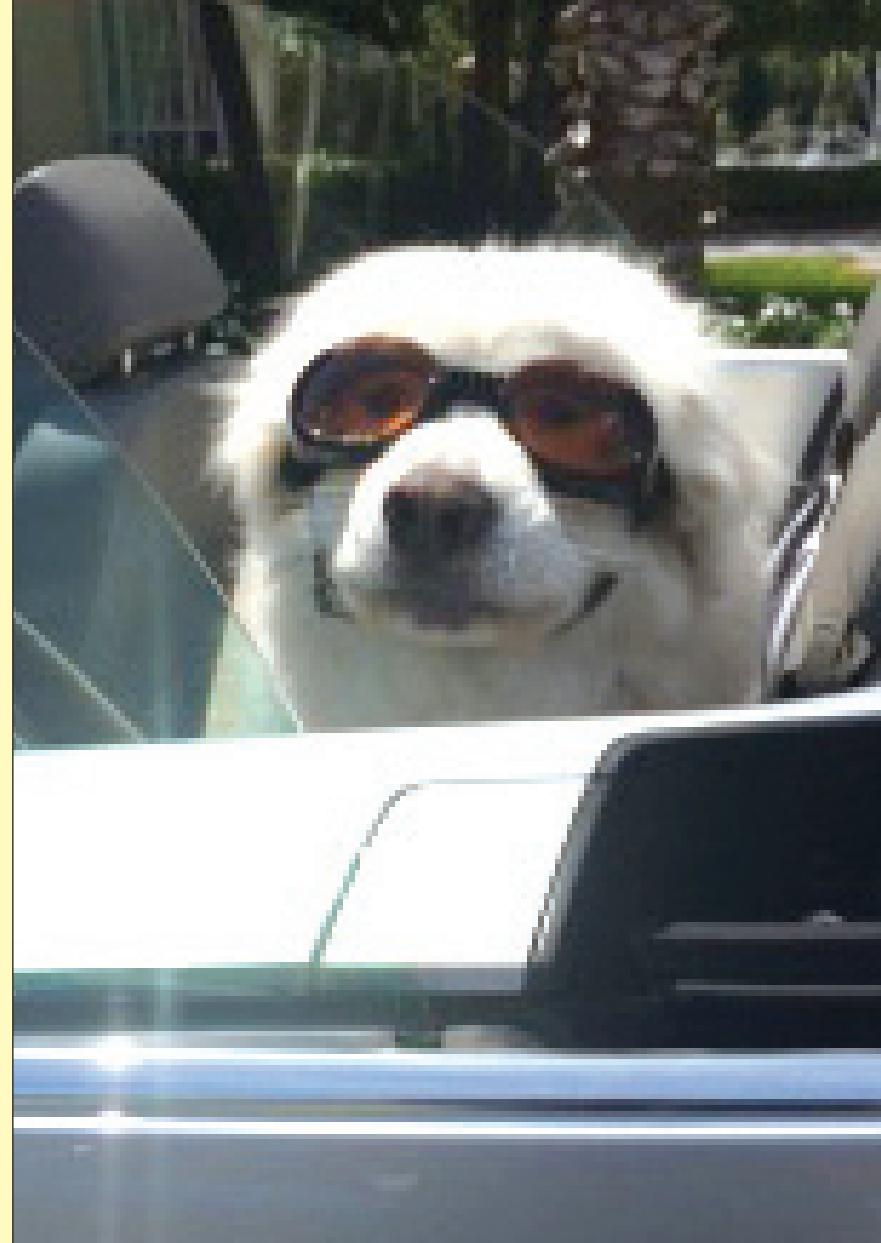
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## Kochanie is a back-seat driver

Kochanie is a 9-year-old Great Pyrenees. She does volunteer time with the veterans' home and the Florida Great Pyrenees Rescue. You might have seen her cruising around Land O' Lakes with her 'doggles' on. Kochanie's proud owner is Geri Cochran, of Land O' Lakes.

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The shelter has had a recent influx of young cats and unweaned kittens that could greatly benefit from foster care. Kittens often visit the shelter for recheck visits every two weeks, until they are old enough and weigh enough for their spay/neuter and adoption. Many of these kittens are too young to be staying in the shelter alone and need foster care to truly thrive and live. Please consider fostering with Pasco County Animal Services. If you are interested in fostering, come to the shelter to talk with a staff member or email [adoptionpartners@pascocountyfl.net](mailto:adoptionpartners@pascocountyfl.net).



## Pet Point Animal Hospital



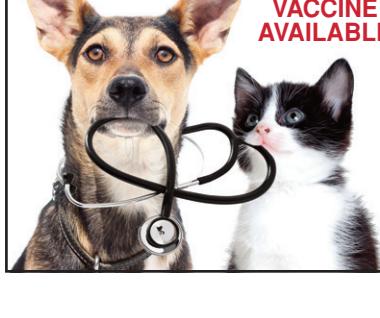
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## Pet Loss Support Group



Last Thursday of the Month from 3 - 4:30 p.m.

Upcoming Dates: Sept. 28, Oct. 26 & Nov. 30

Gulfside Center for Hospice Care

5760 Dean Dairy Road in Zephyrhills

Facilitated by Chaplain Mike Merritt

Our relationship with our pets is very special. For many of us, they are members of the family, and when the bond we share is broken, the resulting sense of loss and grief can be overwhelming. At Gulfside Hospice's Pet Loss Support Group, you can share your feelings with others who are going through a similar experience.

For more information or to RSVP, call 727-845-5707.

## Daisy is a shy girl

Daisy, a pretty little black-mouth cur mix, is timid and shy, but is increasingly coming out of her shell. She would greatly benefit from a home that doesn't mind giving her some love and affection to build her confidence. Daisy is not recommended for a home with young children, because she is nervous around them. As with all dogs, we recommend meet and greets. Daisy is spayed, microchipped and vaccinated and ready to go to her new home.

If you would like to foster a kitten or adopt Daisy, be sure to visit Pasco County Animal Services at 19640 Dogpatch Lane in Land O' Lakes. The adoption center is open Tuesday through Saturday, noon to 6:30 p.m. All adoption fees include spay/neuter, microchip and vaccines. For more information, email [adoptionpartners@pascocountyfl.net](mailto:adoptionpartners@pascocountyfl.net).

## PET PAWS

### PASCO ADOPTION SPECIALS

Pasco County Animal Services' shelter is overcrowded again, so it is reducing its adoption rates to \$25 for dogs and \$15 for cats. The fees still cover spay/neuter, microchipping and age-appropriate vaccinations. The shelter will also have an event called "No Tricks, Just Treats" on Oct. 28 from noon to 4 p.m., which is a free adoption day, with a donation. Animal Services is at 19640 Dogpatch Lane in Land O' Lakes.

### PET SUPPLIES PLUS HALLOWEEN EVENT

Pet Supplies Plus, 21703 Village Lakes Shopping Center Drive in Land O' Lakes, will host a Halloween event that will include kids' and dogs' costume contests, prizes and giveaways, trick-or-treat stations, kids' crafts and treats for pets. The event is on Oct. 28 from noon to 3 p.m.

### PET ADOPTION EVENT

Adoption fees will be waived for the first 75 pet adoptions at the Hillsborough County Pet Resource Center, 440 N. Falkenburg Road in Tampa. Patrons at the Subaru Love Pets' Tricks for Treats event also can enjoy food, candy stations and a photo booth for selfies with your new pet. The event is free, courtesy of Subaru of America, and the ASPCA. The event is Oct. 28 from 10 a.m. to 3 p.m.

### BOW WOW BINGO & LUNCHEON

Support Canine Companions for Independence by enjoying a catered luncheon and 10 games of Bow Wow Bingo on Nov. 2 at 11:30 a.m. A donation of \$20 covers lunch and bingo. The event is at the Lutz Community Center, 98 First Ave., N.W.

### PET FOOD BANK

If you are a struggling pet owner who is having difficulty providing the basic essentials for your pet, Pasco County Animal Services, 19640 Dogpatch Lane in Land O' Lakes, may be able to help, according to the department's website. Thanks to community donations of food and basic pet supplies, Animal Services has begun a Pet Food Bank. Supplies may be limited and will be available on a first-come, first-served, basis.

### SHARE YOUR PET NEWS

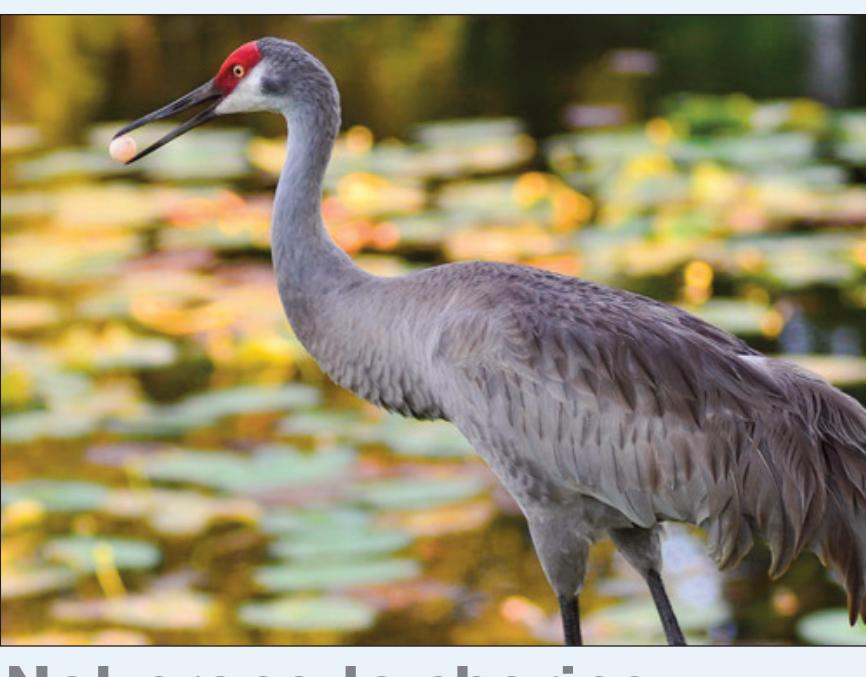
If you have pet news about adoptions, walks or other events for pet owners and their pets, you can let us know by sending us an email. We just need the basics: who, what, when, where and why.

The information should be submitted two weeks prior to the desired publication date. We also need a contact name and number, in case we have questions.

There is no guarantee of publication, but we consider each item we receive.

If you'd like to make a submission, send it to [news@lakerlutznews.com](mailto:news@lakerlutznews.com).

## LOCAL WILDLIFE



### Not prone to sharing

Ken Shepherd, of Lutz, captured this image of a Sandhill Crane in his backyard, as the crane was walking away from two cranes and their mom, so he could keep this turtle egg all to himself.

### SPAY & NEUTER CLINIC:

Call for appointment: Subject to \$3 medical, infectious & records fee. (includes pre-anesthetic exam, anesthesia, pain & antibiotic pre-medication)



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21515 VILLAGE LAKES  
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**Cat Neuter:** \$40      **Dog Spay:** \$50

**Dog Neuter:** \$40      **Dog Spay:** \$60

up to 11 lbs	\$50	up to 11 lbs	\$60
12 - 33 lbs	\$55	12 - 22 lbs	\$65
34 - 66 lbs	\$65	23 - 44 lbs	\$70
67 - 88 lbs	\$80	45 - 66 lbs	\$80
89 - 132 lbs	\$95	67 - 88 lbs	\$100
		89 - 132 lbs	\$120

PETS SHOULD BE HEALTHY & NOT PREGNANT.  
MUST BE CURRENT ON RABIES & DHPP/FVRCP VACCINES.

### VACCINES CLINIC: Monday-Friday 1 - 2 pm

Walk-Ins Welcome. Subject to \$3 medical, infectious & records fee.

Includes exam & economy vaccines. Consult us add'l \$30 on request.

- Rabies 1 yr \$15.00
- Feline Leukemia 2 yr \$25.00
- Feline Distemper Combo 3 yr \$30.00
- Rabies 3 yr \$30.00
- Canine Distemper Combo 3 yr \$30.00
- Bordetella/Kennel Cough \$18.00

[www.gentlecarenepethospital.com](http://www.gentlecarenepethospital.com)

[Facebook.com/Gentlecare Pet Hospital](http://Facebook.com/Gentlecare Pet Hospital)

## PUT YOUR PET IN THE SPOTLIGHT!

Send photo and information to:

*The LAKER/Lutz News*

Email to: [mrathman@lakerlutznews.com](mailto:mrathman@lakerlutznews.com), SUBJECT: Pet of the Week

Mail to: Pet of the Week, c/o The Laker, P.O. Box 479, Lutz, FL 33548

## The LAKER / Lutz NEWS WORD SEARCH & SUDOKU

Accompaniment	Drum	London	Room
Admit	Ears	Magic	Root
Agent	Eggs	Means	Rose
Ages	Errors	Near	Safe
Arts	Food	Need	Sauce
Bags	Forecast	Nuts	Shoe
Bans	Geese	Oath	Sight
Bear	Globe	Ones	Sore
Bone	Goes	Open	Spacecraft
Bound	Going	Ounce	Stand
Brought	Grow	Prayer	Stir
Buses	Hang	Rafts	Swan
Cans	Hero	Real	Tips
Cocoa	Hole	Rear	Used
Copy	Judged	Relax	Vague
Cups	Kiss	Rice	Vets
Dates	Know	Roar	Video
Deck	Live	Roof	Wish

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3						5
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SEE SOLUTIONS, PAGE 7B



## education & ACTIVITIES



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&

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# BUSINESS DIGEST

Send business news to  
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## CAREER SOURCE AIDS LABOR MARKET

CareerSource Pasco Hernando spent nearly \$6.2 million on four programs during 2016-2017 in support of the labor exchange between job seekers and employers, and on training workshops, according to a news release from CareerSource.

The investment brought a return of nearly \$51 million to Pasco and Hernando counties, measured by payroll gains.

CareerSource completed a data analysis and summary to gauge the labor exchange return on investment, or ROI. Based on conservative measurements of wage gains and benefits, the study determined that for each dollar spent by CareerSource, \$8.18 came back into the local economy.

Programs at CareerSource are focused on creating local economic growth, and providing economic stability for local residents of Pasco and Hernando counties.

The nonprofit's programs are intended to enhance confidence in the workforce, and to support a successful financial future. They provide unemployed workers with training, temporary assistance and employment services.

For information, visit [CareersourcePascoHernando.com](#), or call Hernando at (352) 200-3020/Pasco at (727) 484-3400, and ask to speak with a business service consultant.

## JOB OPENINGS

Superior Precast is seeking to fill about 100 positions during the next three years at its plant at 15486 U.S. 301, in Dade City. Positions include forklift operators, office managers, crew leaders, experienced welders, carpenters and precast production workers.

CareerSource Pasco Hernando aided Superior Precast at a job fair in August that drew about 115 job seekers. Onsite interviews led to nine on-the-spot hires.

CareerSource is continuing efforts to fill additional positions.

Superior Precast's new 63,000-square-foot facility manufactures a refined architectural precast building stone that

simulates natural cut stone. It specializes in custom cast stone.

Positions at Superior Precast pay about \$44,000, and include benefits such as holiday, vacation pay and health insurance.

For additional information, call (813) 377-1300 in Pasco or (352) 200-3020 in Hernando. Ask for a business service consultant.

## NEW JERSEY MIKE'S

Franchise owner Valarie Hager and General Manager Tyler Ryals had a grand opening celebration Oct. 11 at the new Jersey Mike's Subs shop, at 17471 N. Dale Mabry Highway in Lutz.

About 7,500 coupons were handed out in the community for a free sub with a minimum \$3 contribution to Steinbrenner High School Athletic Boosters. Customers must have a coupon to be eligible.

Since 2010, Jersey Mike's locations across the country have collected more than \$25 million for local charities, and have distributed more than 1.5 million free sub sandwiches to help various causes, according to a news release from Splash LLC.

Jersey Mike's was named the country's fastest-growing "limited service chain" and fastest-growing sandwich chain in the 2017 Nation's Restaurant News Top 100.

Jersey Mike's began operations in 1956. There are now more than 1,500 locations open and under development nationwide.

The restaurant's hours in Lutz are 10 a.m. to 9 p.m., seven days a week.

For information, call the restaurant at (727) 361-0572.

## HALLOWEEN MIXER

The Central Pasco Chamber of Commerce will have a Halloween Mixer Oct. 25 from 5 p.m. to 8 p.m., at the Legacy at Highwoods Preserve, at 18600 Highwoods Preserve Parkway.

Costumes are not required, but are encouraged.

For information, call the chamber at (813) 909-2722, or email [office@centralpascochamber.com](#).

## JOB AND INTERNSHIP FAIR

CareerSource Pasco Hernando and Pasco-Hernando State College will host a job and internship fair Oct. 26 from 9 a.m. to noon, at the college's West Campus, at 10230 Ridge Road, Room 151, in New Port Richey.

Local employers with open positions and future opportunities will meet and greet job seekers from the community, as well as PHSC students seeking employment and internships.

The fair is open to anyone looking for full-time, part-time and internships. Job seek-

ers coming to the fair must preregister at [JobAndInternshipJobFairOctober26.eventbrite.com](#).

For information on the job fair, contact Jackie Eden, assistant director, career and testing at PHSC, at (727) 816-3334 or [edenj@phsc.edu](#).

For more information on services provided by CareerSource, please visit [CareerSourcePascoHernando.com](#), or call (727) 484-3400 in Pasco or (352) 200-3020 in Hernando. Ask for a business services consultant.

## ECONOMIC DEVELOPMENT BRIEFING

The Greater Wesley Chapel Chamber of Commerce will host its monthly economic development briefing Oct. 26 from 11:30 a.m. to 1 p.m., at Pebble Creek Golf & Country Club, 10550 Regents Park Drive in New Tampa.

Guest speaker will be Kartik Goyani of Metro Development Group LLC. The company is developing Epperson Ranch and the nation's first Crystal Lagoon, which will have 7 acres of clear blue waters.

The cost is \$15 including lunch.

For information, contact the chamber at [office@WesleyChapelChamber.com](#), or visit [WesleyChapelChamber.com](#).

## EAST PASCO ECONOMIC DEVELOPMENT SUMMIT

The 2017 East Pasco Economic Development Summit is scheduled for Nov. 1 from 11 a.m. to 2 p.m., at the Pasco-Hernando State College Porter Campus, 2727 Mansfield Blvd., in Wesley Chapel.

The summit will feature panel discussions with key industry leaders. It will focus on economic impact and opportunities in major industries including health care, education, tourism and hospitality, and overall business development.

The key note speaker will be Dr. Jerry Parrish, chief economist and director of research for the Florida Chamber Foundation.

Panelists will include J.D. Porter, developer of Wiregrass Ranch; Andy Corty, publisher of Florida Trend; Kartik Goyani of Metro Development Group; Larry Morgan of Morgan Family Ventures/ComPark 75; and, Dan Biles, Pasco County administrator.

Pasco County Commission Chairman Mike Moore will moderate the panels.

The cost for Wesley Chapel Chamber of Commerce and Greater Pasco Chamber of Commerce members is \$40. It is \$50 for non-members.

Reserved tables for eight people, with a corporate logo, are \$400.

For more information, you can email [office@WesleyChapelChamber.com](#), or visit [WesleyChapelChamber.com](#).

## NETWORKING BREAKFAST

The Wednesday Morning Network Group will meet Nov. 1 at 7:30 a.m., at Hungry Harry's Family Bar-B-Que, at 3116 Land O' Lakes Blvd., in Land O' Lakes. Each attendee will be able to present a 30-second pitch. The cost is \$7 for members, if registered by Oct. 26, or \$10 for members and non-members at the door.

Please register online at [CentralPascoChamber.com](#).

For information, contact the chamber at (813) 909-2722.

## ZEPHYRHILLS BREAKFAST

The Greater Zephyrhills Chamber of Commerce will have its monthly breakfast Nov. 2 from 7 a.m. to 8:30 a.m., at the Golden Corral, 6855 Gall Blvd., in Zephyrhills.

The sponsor is Florida Hospital Zephyrhills.

The cost is \$8 for chamber members and \$10 for non-members.

For more information, please call the chamber at (813) 782-1913, or email [Eleanor@zephyrhillschamber.org](#).

## WOMEN-N-CHARGE

Join Women-n-Charge Nov. 3 from 11:15 a.m. to 1 p.m., at Pebble Creek Country Club, 10550 Regents Park Drive in New Tampa. The women share their talents and resources, and they build relationships with other women in business.

Guest speaker will be Dr. Elaine Onofrey, a board-certified acupuncturist physician. Her topic will be Acupuncture: Ancient Medicine in a Modern World.

The cost is \$15 for members and \$18 for guests.

Register at [Women-n-charge.com](#).

For information, call (813) 600-9848, or email [info@women-n-charge.com](#).

## SPONSOR A FASHION SHOW

Business sponsors are being sought for the Fashion Charity Show that will benefit Gulfside Hospice on Nov. 16 from 11:30 a.m. to 1:30 p.m., at Heritage Springs Golf & Country Club in Trinity.

The fashion show will feature guest emcee Deiah Riley, of ABC Action News.

Sponsorships are available starting at \$300.

Sponsors will receive pre-event recognition on social media; email blasts; website, program and banner recognition during the event; sponsor tables at the event; and recognition, after the event, in social media posts and news releases.

Vendor opportunities to display and sell merchandise also are available.

For information, contact Christina Miller at (727) 845-5707.

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## Yard Sales

### GARAGE / YARD SALES

**COMMUNITY GARAGE/BAKE SALE**  
The Highlands @ Scotland Yard Golf Course, Dade City, Saturday 11/4/17, 8am - 2pm.

**CRAFT & YARD SALE**  
Sat, Oct 28th, 12426 Green Oak Ln in Hickory Hills Sub, Dade City

**INDOOR MOVING SALE!** Rain or Shine, Sat & Sun Oct 28 & 29, 8am-3pm Antiques, Collectibles, Home Decor, etc. P.Buckley Moss Framed & unframed. 12441 Citation Rd. Spring Hill 34610

**LARGE GARAGE SALE** Sat-Sun Oct 27-28  
9am-1pm. Lots of misc merchandise, Christmas, Kitchen, 11630 Kent Grove Dr. Land O' Lakes area 34610

**YARD SALE FRIDAY** & Saturday Oct 27-28 9am - 2pm  
13325 14th Street, Dade City

**ESTATE SALE**  
**Oct. 27, 28 & 29**  
**Fri – Sunday;**  
**8am to 5pm**

**Family moving from 80-acre homestead**

Home décor, furniture, antiques, dishes, household items, appliances, clothing, exercise equipment, walker/transport chair, tools, gun safe

**2012 4-door Ford Truck**

4223 Smith Road, Wesley Chapel Located off Meadow Point Blvd.

### GARAGE SALE?

ADVERTISE with  
The Laker/ Lutz News  
**813-909-2800**

### GARAGE / YARD SALES

#### FREE GARAGE SALE ADS!



3 lines of text, with 35 characters and spaces per line, FOR FREE\*!

Call Rachel at **813.909.2800**  
Ask about discounts for community garage sales & display ads!

\*Private parties only

## Local Employment

### CHILD / ADULT CAREGIVER

#### IN HOME CAREGIVERS NEEDED

for developmentally disabled children & adults

- No certification necessary
- 1-2 years experience preferred
- Immediate employment opportunities
- Flexible Hours (days, evenings &/or weekends)

**Exceptional Care** Making Your Family Our Family.  
(813) 963-0618  
exceptionalcareoftampa@gmail.com

### GENERAL EMPLOYMENT

**DRIVER TRAINEES NEEDED NOW!**  
Become a driver for Werner Enterprises. Earn \$800 per week! Local CDL Training 1-877-214-3624

**CALL CLASSIFIEDS**  
**813-909-2800**

### GENERAL EMPLOYMENT

**ENTRY LEVEL HEAVY Equipment Operator Career!** Get Trained & Get Certified-Get Hired! Bulldozers, Backhoes and Excavators. Immediate, Lifetime Job Placement, VA Benefits 1-866-362-6497 (x)

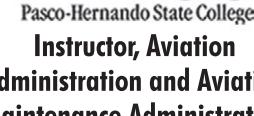


## AIRLINE CAREERS

Get FAA approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly.

Call Aviation Institute of Maintenance

**800-481-7894**



### Instructor, Aviation Administration and Aviation Maintenance Administration

#### Program Director (Job # 0702)

Dade City Campus

Open until filled

Pasco-Hernando State College (PHSC) is now accepting applications. For more information and to apply online visit our website at [www.phsc.edu/jobs](http://www.phsc.edu/jobs). EOE/ADA Compliance

*Imagine · Believe · Achieve*

### MEDICAL / DENTAL

**CANADA DRUG CENTER** es tu mejor opción para ordenar medicamentos seguros y económicos. Nuestros servicios de farmacia con licencia Canadiense e Internacional te proveerán con ahorros de hasta el 75 en todas las medicinas que necesites. Llama ahora al 1-800-261-2368 y obtén \$10 de descuento con tu primer orden ademas de envío gratuito. (z)

**CASH FOR UNEXPIRED DIABETIC TEST STRIPS!** Free Shipping, Best Prices & 24 hr payment! Call 1-855-440-4001 [www.TestStripSearch.com](http://www.TestStripSearch.com). Habla Español. (n)

**CASH PAID- UP to \$25/Box for unexpired, sealed DIABETIC TEST STRIPS.** 1-DAY PAYMENT. 1-800-371-1136 (v)

**JOB OPENING?**  
ADVERTISE with  
The Laker/ Lutz News  
**813-909-2800**

**MORE THAN 68,000 READERS PER WEEK!**

## CLASSIFIED RATES

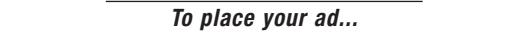
**Liner Ads . . . . .** starting at \$50 per week

**Display Ads . . . . .** starting at \$70 per week

**BUY 3 WEEKS GET 1 FREE!**

**FREE 'GARAGE SALE' ADS FOR PRIVATE PARTIES**

*Get 3 lines of text FREE • Additional lines just \$4 each  
No commercial ads, based on space availability • Free ads WILL NOT be accepted by phone  
COMMUNITY SALES ADS START AT \$24*



**DEADLINE: FRIDAY, 12 NOON**

*To place your ad...*

**call: 813-909-2800 or fax: 813-909-2802**

**email: [classifieds@lakerlutznews.com](mailto:classifieds@lakerlutznews.com)**

### MEDICAL / DENTAL

**DENTAL INSURANCE.** CALL Physicians Mutual Insurance Company for details. NOT just a discount plan, REAL coverage for 350+ procedures. 888-623-3036 or <http://www.dental50plus.com/58> Ad# 6118 (n)

**LUNG CANCER? AND** 60+ Years Old? If So, You And Your Family May Be Entitled To A Significant Cash Award. Call 877-648-6308 To Learn More. No Risk. No Money Out Of Pocket. (n)

**LUNG CANCER? AND** 60+ Years Old? If So, You And Your Family May Be Entitled To A Significant Cash Award. Call 877-648-6308 To Learn More. No Risk. No Money Out Of Pocket. (n)

**OXYGEN - ANYTIME.** Anywhere. No tanks to refill. No deliveries. The All-New Inogen One G4 is only 2.8 pounds! FAA approved! FREE info kit: 844-558-7482 (n)

**OXYGEN - ANYTIME.** Anywhere. No tanks to refill. No deliveries. Only 4.8 pounds and FAA approved for air travel! May be covered by medicare. Call for FREE info kit: 844-558-7482 (n)

**PRESCRIPTION MEDS** Verified and Approved Pharmacy Affiliate, 40%-80% Less! (Viagra, Cialis, Lipitor, Advair, Crestor, Lantus Solostar, Cozaar, Nexium) and Many More! Prescription Required. [www.AffordableRxMeds.com](http://www.AffordableRxMeds.com) 1-800-786-1237 (z)

**VIAGRA & CIALIS!** 60 pills for \$99. 100 pills for \$150 FREE shipping. NO prescriptions needed. Money back guaranteed! 1-888-278-6168 (n)

**VIAGRA 100MG AND CIALIS 20mg!** 50 Pills \$99.00 FREE Shipping! 100% guaranteed. CALL NOW! 1-866-312-6061 Hablamos Espanol (v)

**VIAGRA 100MG AND CIALIS 20mg!** 40 Pills + 10 FREE, SPECIAL \$99.00 100% guaranteed. FREE Shipping! 24/7 CALL: 1-888-223-8818 Hablamos Espanol. (n)

**HAVE YOU OR** someone you loved suffered severe complications from the use of Xarelto, Pradaxa, Talcum Baby Powder or IVC Filter? You maybe due Compensation, free consultation. Call The Sentinel Group now! 1-800-577-1007 (v)

### WORK FROM HOME

**PAID IN ADVANCE!** Make \$1000 A Week Mailing Brochures From Home! NO Experience Required. Helping home workers since 2001! [www.WorkingCentral.NET](http://www.WorkingCentral.NET) (n)

## Other Employment

### GENERAL EMPLOYMENT

**ATTN: CDL DRIVERS-** Avg. \$60k+/yr  
\$2k Sign-On Bonus  
Family Company w/ Great Miles  
Love Your Job and Your Truck  
CDL-A Req - (877) 258-8782  
drive4melton.com (x)

**BLOCK MASON**, \$19-24/HOUR. Skilled Laborers Also Needed! EXPERIENCE ONLY! Central Broward Construction. (954)491-2772 Apply in Person: 931 NW 53rd Ct., Ft. Lauderdale, FL 33309 (z)

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We Put Drivers First!  
Avg \$1100 Weekly +Newer KWS  
CDL-A Req- (877) 258-8782  
drive4melton.com (x)

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BCBS = 401k + Pet & Rider  
Home For Christmas!  
\$500 Holiday BONUS  
CDL-A (877) 258-8782  
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**CAN YOU DIG?** It's Heavy Equipment Operator Career! We Offer Training and Certifications Running Bulldozers, Backhoes and Excavators. Lifetime Job Placement. VA Benefits Eligible! 1-866-362-6497 (x)

### DRIVERS

Immediate Openings Now!  
Home Every Week, Excellent Pay/Benefits, 100% No Touch Freight,  
75% Drop & Hook.  
Class A CDL w/ 1 Yr. Exp. Req.  
CALL TODAY  
888-219-8039 (x)

### MEDICAL / DENTAL

**STRUGGLING WITH DRUGS** or ALCOHOL? Addicted to PILLS? Talk to someone who cares. Call The Addiction Hope & Help Line for a free assessment. 855-995-3142 (x)

### BUSINESS OPPORTUNITIES

**DRIVE WITH UBER.** No experience is required, but you'll need a Smartphone. It's fun and easy. For more information, call: 1-800-849-0782 (n)

### For Sale

### FOR SALE

**GREAT SLEEP = GREAT HEALTH!** Save now on a new mattress delivered fast! We guarantee you'll love sleeping on a [SnoozeCubeBed.com](http://www.SnoozeCubeBed.com) (s)

**SAWMILLS FROM ONLY** \$4397.00 - MAKE & SAVE MONEY with your own bandmill. Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: [www.NorwoodSawmills.com](http://www.NorwoodSawmills.com) 1-800-578-1363 EXT.300 (x)

**SAWMILLS FROM ONLY** \$4397.00 - MAKE & SAVE MONEY with your own bandmill. Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: [www.NorwoodSawmills.com](http://www.NorwoodSawmills.com) 1-800-578-1363 EXT.300 (x)

**TOP CASH PAID FOR OLD GUITARS!** 1920 - 1980 Gibson, Martin, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg, and Gibson Mandolins/ Banjos. 1-800-401-0440 (n)

### HEALTH & EQUIPMENT

**52 PILLS FOR** Only \$99.00 Your #1 trusted provider for 10 years. Insured and Guaranteed Delivery. Call now 1-800-224-0305 (x)

**ACORN STAIRLIFTS.** THE AFFORDABLE solution to your stairs! \*\*Limited time -\$250 O Your Stairlift Purchase!!\*\* Buy Direct & SAVE. Please call 1-800-615-4064 for FREE DVD and brochure. (s)

**ADVERTISE TO 10** Million Homes across the USA! Place your ad in over 140 community newspapers, with circulation totaling over 10 million homes. Contact Independent Free Papers of America IFPA at [danielleburnett-ifpa@live.com](mailto:danielleburnett-ifpa@live.com) or visit our website [cadmetads.com](http://cadmetads.com) for more information. (v)

**CHRONIC PAIN?** CALL Us to See if Your Private Insurer Covers a TENS Unit. Why Not Relieve Your Pain at Home? Comfort. Convenience. Complete Medical Solutions. CALL 1-888-658-8691 (z)

**GET HELP NOW!** One Button Senior Medical Alert. Falls, Fires & Emergencies Happen. 24/7 Protection. Only \$19.99/mo. Call Now 888-876-6128 (s)

**GOT KNEE PAIN?** Back Pain? Shoulder Pain? Get a pain-relieving brace at little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-752-2108 (z)

**OXYGEN - ANYTIME.** Anywhere. No tanks to re ll. No deliveries. The All-New Inogen One G4 is only 2.8 pounds! FAAApproved/FREE info kit. Call 888-885-3122 (s)

**STOP OVERPAYING FOR** your prescriptions! SAVE! Call our licensed Canadian and International pharmacy, compare prices and get \$25.00 OFF your first prescription! CALL 1-800-749-6515 Promo Code C201625 (z)

**STRUGGLING WITH DRUGS** or ALCOHOL? Addicted to PILLS? Talk to someone who cares. Call The Addiction Hope & Help Line for a free assessment. 1-800-511-6075. (s)

## Work for the FDVA-Great Benefits!!

### New Rates

**FDVA-BALDOMERO LOPEZ**

**STATE VETERANS' NURSING HOME**

**6919 PARKWAY BLVD.**

**LAND O' LAKES, FL 34639**

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Has opportunities for:

**OPS CNA: part time, Position #50509163**

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</div



# SAVE THE DATE

## FREE Community Hands-Only

### CPR Demonstration Training SATURDAY, FEBRUARY 3, 2018

Registration and Light Refreshments at  
at Regional Center Bayonet Point

**14108 Glacier Dr. Hudson, FL 34667**  
Back Entrance of

**RAO MUSUNURU M.D. Conference Center**

Classes start at 9:00am-12:00 noon

Classes held every hour

*Please call to register*

**727-869-5498 or 888-741-5119**

or visit **RMCHHealth.com**

Sponsored by the Musunuru Family

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## DISCOVER THE STRENGTH IN YOU

"I was struggling with borderline Diabetes, backaches, leg pain and exhaustion. I was getting winded when I walked. I found Samantha Taylor Fitness by her bulletin boards on the highway and thought 'I'm going to try that.' Today, I feel like I'm in my 40's, and I have so much more energy. I enjoy doing things. I had no idea you could reverse all that and Samantha Taylor Fitness did it for me." - Cathy M., a Transformed Member.

Find success and get results with private or semi-private personal training session or group boot camp workouts and a delicious eating plan. Fun, effective 30-minute workouts that have helped 6,000 women lose weight and get healthy.

### FREE NUTRITION SEMINAR:

### HOW EATING FAT CAN HELP YOU LOSE WEIGHT & BE HEALTHY

Saturday, November 4<sup>th</sup> at the Land O'Lakes Studio at 12:30 p.m.

Reserve your spot at: [Samantha Taylor Seminars.com](http://SamanthaTaylorSeminars.com)



See her inspiring story  
on our website that aired  
on ABC's Morning Blend



Lost 16.4 lbs. & 17.5 inches in 6 Weeks  
Now has Lost a Total of 43 lbs.

### If You Knew You'd Get Results, Would You Do it?

- ◆ Personal Training, specializing in the Baby Boomer Generation
- ◆ Or 30-minute Fit Body Boot Camp sessions, including Beginner Boot Camp
- ◆ Simple and Delicious Eating Plan (lose your cravings!)
- ◆ Friendly, Supportive Women's Environment
- ◆ Offering fat-burning sessions from 5:25 a.m. - 8 p.m. for your busy schedule
- ◆ No Diet, Shots or Pills...only natural, lasting results

### Book your Complimentary Body Transformation Analysis Today!

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**FITNESS**

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NOW WITH FOUR LOCATIONS TO SERVE YOU:

Land O'Lakes: 2206 Knight Rd. (1/4 Mile E. of US 41 on 54)

Wesley Chapel: 2653 Bruce B Downs Blvd. #205 (1/2 Mile N. of Wiregrass)

Carrollwood: 5020 Gunn Highway #250

Westchase: 12709 Race Track Rd.