

# PALM BEACH FLORIDA WEEKLY®

IN THE KNOW. IN THE NOW.

WEEK OF FEBRUARY 21-27, 2019

www.FloridaWeekly.com

Vol. IX, No. 17 • FREE

**INSIDE:** Why Honda appears to be here to stay. **A11 ▶**

## It's go time

Big names, big attendance, big bucks as Honda Classic swings into South Florida



BY AMY WOODS

awoods@floridaweekly.com

**J**USTIN THOMAS JOINED A ROOM FULL OF journalists at The Honda Classic's media day and watched a video recap of his impressive playoff victory in last year's tournament.

The win marked his eighth — he now has nine on the PGA Tour — and he hinted at the

SEE CLASSIC, A10 ▶

Inset: Action from the 2018 Honda Classic.

COURTESY PHOTOS



COURTESY PHOTO  
The Volkswagen Beetle is ceasing production.

## Saying goodbye to an old friend

BY MYLES KORNB�ATT

Florida Weekly Correspondent

It's time to say so long to the Volkswagen Beetle. One of the best-known cars in the world is completing its second act this year.

The Beetle, or Bug, was reintroduced at the end of 1997 and will have remained in production until this summer. The full run will

fall short of the original's time in America by nearly a decade. Still, the compact VW has outlived many competitors introduced after it, like the Dodge Dart and Toyota's entire Scion marque.

And there's more to this story than just longevity.

SEE BEETLE, A24 ▶

INSIDE



### The winners will be

The Oscars take place this week. Our film critic analyzes who should win. **B1 ▶**



### Country and opera

Rib Roundup comes to Coral Sky; Palm Beach Opera goes noir with 'Don Giovanni.' **A5 ▶**



### Jupiter seafood fest

Dozens of restaurants to participate. **B15 ▶**



### Dining

A trio of places to dine during Lake Worth's street painting festival. **B15 ▶**

Download our **FREE App** today

Available on the iTunes and Android App Store.



PRSR STD  
U.S. POSTAGE  
PAID  
FORT MYERS, FL  
PERMIT NO. 715

OPINION A4  
PETS A6  
HEALTHY LIVING A18-21  
BUSINESS A22

EARL STEWART A25  
INVESTING A25  
REAL ESTATE A26  
ARTS B1

COLLECTING B2  
CALENDAR B4-6  
PUZZLES B13  
CUISINE B15





# COMMENTARY

## America already is great



rogerBUCKWALTER

Special to Florida Weekly



Donald Trump likes to bluster about America's greatness, but despite his favorite slogan, he knows nothing about what makes America great. This self-declared "nationalist" knows nothing about U.S. history, ideals and progress.

Let's go beyond the jingoistic superficiality and probe Trump's incessant marketing mantra: Make America great again.

Does "again" refer back to an era when America was great before losing that pinnacle? Does it mean a time of pervasive racism, when women lacked many opportunities, when LGBT people had to stay in a closet, when there were few public health care and antipoverty programs, a time before widespread Hispanic immigration or before the U.S. was heavily involved in the world and international institutions?

What is this imagined utopia that Trump brags that he alone can return us to? What is this repudiation of social and other gains? What is this longing to go backward and experience something "again"?

We certainly don't need a would-be strong man to lead us on that retreat.

America always has had faults, including slavery, segregation and economic injustice. But it always has had greatness — such as the Declaration of Independence, Constitution and hard-won victo-

ries for legal equality, and has done very well without Trump's obnoxious tirades.

We are great because of our respect for political opponents. In the U.S., we don't jail election losers — and don't, or at least shouldn't, vilify them as unpatriotic or treasonous. This respect is essential so that losers peacefully accept defeats and political minorities can strive to become majorities. Without respect, America could not be great.

We are great because of our free press — which is the people's guardian, not enemy, and prominently protected in the Constitution. Stifling that informative guardian is a prime impulse of aspiring dictators. Without a free press, America could not be great.

We are great because of our immigrants. Whether our journey was voluntary or not, we all are immigrants or their descendants — even Native Americans, whose ancestors crossed an Ice Age land bridge from Asia. New immigrants frequently have faced prejudice from some fearful earlier arrivals or their xenophobic offspring. But all this country has achieved is owed to immigrants and their progeny. They continue to vitalize the U.S. Without immigrants, America could not be great.

And we are great because of our diversity. We historically have been diverse and are becoming more so — racially, religiously and ethnically — and basic rights protect that pluralism.

Diversity gives us more insights, talents and cultural enrichment — forging a demographic whole that surpasses any single part. Without diversity, America could not be great.

Even with those great qualities, we should constantly try to make our country greater, by amplifying these and other hallmarks of our national character. We clearly need further advancements, including more opportunity for more groups, more climate safeguards and more leadership for global cooperation. These are ongoing challenges which progressive citizens and leaders persistently pursue.

But enhanced greatness won't come from arrogance, scapegoating or bigoted incitement, which never make any country great. Countries which have tried such paths to "greatness" eventually suffered bad ends.

All this is beyond Donald Trump, who rejects our genuinely great liberal heritage and thinks our greatness depends on him. Fortunately, most Americans outside of Trump's gullible, MAGA mania base know much better, as 2018's election proved.

They appreciate the true sources of American greatness and the true ways — with simple decency by all and for all — to make America even greater. ■

— Roger Buckwalter is a retired editorial page editor of *The Jupiter Courier*.

— Note: Roger Williams' column will return.

**EXTRA 20% OFF YOUR PURCHASE**  SAVINGS PASS

Sale, regular & clearance merchandise  
Excludes BEVs & select brands

WEDNESDAY-TUESDAY,  
FEBRUARY 20-26, 2019

Use promo code **WALK** on BeallsFlorida.com

**EXCLUSIONS:** BEVs (Bealls Extreme Values), Birkenstock®, Cobian®, Columbia, Hook & Tackle®, Huk™, Levi's®, Life Is Good®, Melissa & Doug®, Natural Life®, Nike®, Pelagic®, Reef®, Sakroots®, Simply Southern®, Under Armour®, Vionic® and additional online exclusions may apply. Valid for use on a qualifying merchandise purchase in Bealls Stores, by phone at 800-569-9038, on Click&Find® kiosks and on BeallsFlorida.com only. Bealls Bucks, Coast2Coast Rewards® & dollar-off discounts will be applied prior to percent-off total purchase discounts. Savings Pass must be presented at time of purchase. Limit one (1) Savings Pass per purchase. Cannot be applied to prior purchases, gift card purchases, existing Bealls Florida credit balances, taxes, or shipping charges and cannot be used with Employee Discount or any other offer. Savings Pass is applied to qualifying items on a prorated basis; returns will be credited at the return price on your receipt. Not valid at Bealls Outlet, Bealls Stores & BeallsFlorida.com are operated by Bealls Stores, Inc. and Beall's Westgate Corporation. SP01



990213191179000200305196

Bealls Stores & BeallsFlorida.com are operated by Bealls Stores, Inc. and Beall's Westgate Corporation.

BeallsFlorida.com

# BEALLS

— Live Life Local —

Shop savings throughout the store & at BeallsFlorida.com

**new balance**

To find the nearest Bealls Store, hours, and latest deals, visit BeallsFlorida.com

easy~spirit

**SKECHERS**

**COAST2COAST Rewards®** Earn a **\$5 REWARD** for enrolling! **NO EXCLUSIONS** Rewards valid on **EVERYTHING!** **SHOP. STACK. SAVE!** Visit BeallsFlorida.com/rewards for full Terms and Conditions.

**GET \$10 BEALLS BUCKS** for every \$50 you spend

Receive \$10 Bealls Bucks when you make a qualifying merchandise purchase of \$50 or more (before taxes) in Bealls Stores only. Bealls Bucks, Coast2Coast Rewards® & dollar-off discounts will be applied prior to percent-off total purchase discounts. Maximum of \$120 Bealls Bucks awarded per guest. Bealls Bucks have no cash value and can be redeemed in-store only at Bealls Stores. Bealls Bucks must be presented and surrendered at time of purchase; any remaining balance will be forfeited. Bealls Bucks cannot be earned on purchases of gift cards or applied to prior purchases, gift cards, taxes or existing Bealls Florida credit balances. Not valid at Bealls Outlet Stores. Offer cannot be earned or combined with Employee Discount. OP13A



# MARCH

## COMMUNITY EVENTS & LECTURES



### Smoking Cessation Classes

**Wednesday, Feb. 20, 27 and March 6, 13, 20, 27 @ 5:30 - 6:30 p.m.**

Palm Beach Gardens Medical Center // Classroom 3

PBGMC is teaming up with the Area Health Education Center to provide education on the health effects related to tobacco use, the benefits of quitting and what to expect when quitting.

*Please call 855.387.5864 to make a reservation. Reservations are required.*



### Legal Rights For Those With Epilepsy – Epilepsy Florida

*Representative from Epilepsy Florida, Sol Camanzo, Social Services Case Manager*

**Monday, March 4 @ 6 - 8:30 p.m.**

Palm Beach Gardens Medical Center // Classroom 3

Palm Beach Gardens Medical Center is teaming up with Epilepsy Florida to give patients and families the opportunity to engage with others living with seizures and dealing with the obstacles that come along with epilepsy. Attendees are encouraged to share their experiences and will be educated by guest speakers in the medical field.

*Please call 855.387.5864 to make a reservation. Reservations are required.*



### FREE Community Chair Yoga Class

*Class taught by Sara Chambers, RN, BSN, CYT*

**Wednesday, March 6 or 20 @ 6 - 7 p.m.**

Palm Beach Gardens Medical Center // Classroom 4

We now offer a chair yoga class for the community. The class will be taught by the assistant nurse manager of cardiac rehab, Sara Chambers, who is also a certified yoga instructor. Using the same techniques as traditional yoga, the class is modified to allow for gentle stretching, designed to help participants strengthen their muscles and work on their balance.

*Please call 855.387.5864 to make a reservation. Reservations are required.*



Mended Hearts™

### Mended Hearts Program – Cardiac Support Group

**Monday, March 18 @ 10 - 11 a.m.**

Palm Beach Gardens Outpatient Rehab Center  
2503 Burns Road, Palm Beach Gardens

PBGMC is teaming up with The Mended Hearts Program to provide support for heart disease patients and their families. A small fee\* will be collected by the Mended Hearts Program for registration.

*Please call 855.387.5864 to make a reservation. Reservations are required.*

*\*\$5.00 per year will be collected solely by the local Mended Hearts Program to provide educational materials for members.*

*\*\$20.00 per year will be collected solely by the Mended Hearts Program if participants would like to become a national member.*



**Take steps toward being heart healthy!**

Visit [PBGMC.com/pledge](http://PBGMC.com/pledge) to enter to

**RECEIVE A FREE COOKBOOK!**



### Hands-Only CPR Class

**Tuesday, March 19 @ 6:30 - 7:30 p.m.**

Palm Beach Gardens Fire Rescue // Station 1  
4425 Burns Road, Palm Beach Gardens

PBGMC has teamed up with PBG Fire Rescue to provide free monthly CPR classes for the community. Classes will be held at Fire Station 1. Local EMS will give a hands-only, CPR demonstration and go over Automated External Defibrillator (AED) use. Participants will have the opportunity to practice their new skills using CPR manikins. **Certification will not be provided.**

*Please call 855.387.5864 to make a reservation. Reservations are required.*



### New Robotic Assisted Orthopedic Surgical System – NAVIO - ONLY Hospital in Florida to Utilize

*Lecture by Dr. Chadwick Hampton, MD orthopedic surgeon on the medical staff at PBGMC.*

**Thursday, March 21 @ 6 - 7 p.m.**

Palm Beach Gardens Medical Center // Classroom 4

Palm Beach Gardens Medical Center is the ONLY hospital in Florida to now have the NAVIO robotic assisted orthopedic surgical system. Used to perform precise and accurate partial and total knee replacement surgeries, this new minimally-invasive surgery does not require a pre-operative CT scan and is designed to have less pain and swelling post operatively than traditional methods. Join Dr. Chadwick Hampton, Orthopedic Surgeon on the medical staff at PBGMC to learn more about the newest advancement in orthopedic care at our hospital.

*Reservations are required. Please call 855.387.5864 to make a reservation. Light refreshments will be served.*



### Pulmonary Fibrosis – Better Breathers Club

**Wednesday, March 27 @ 3 - 4 p.m.**

Palm Beach Gardens Outpatient Rehab Center  
2503 Burns Road, Palm Beach Gardens

Better Breathers Clubs are welcoming support groups for individuals with COPD, pulmonary fibrosis and lung cancer, and their caregivers.

*Reservations are required. Please call 855.387.5864 to make a reservation.*

## FREE COMMUNITY SCREENINGS

### Gardens GreenMarket Blood Pressure Screenings

**Sunday, March 3, 10, 17, 24, 31 @ 8 a.m. - 1 p.m.**  
10500 N. Military Trail, Palm Beach Gardens

### Free Heart Attack Assessment Screenings

(blood pressure, BMI, glucose and cholesterol)

**Wednesday, March 13 @ 7 - 11 a.m.**

Palm Beach Gardens Medical Center // Classroom 3

### Osteoporosis Screenings

**Thursday, March 21 @ 9 a.m. - 1 p.m.**

Palm Beach Gardens Medical Center // Outpatient Entrance

**FOR RESERVATIONS, PLEASE CALL 855.857.9610.**





PALM BEACH  
**FLORIDA WEEKLY**  
IN THE KNOW. IN THE NOW.

**Publisher**

Cindy Giles  
cindy.giles@floridaweekly.com

**Editor**

Scott Simmons  
ssimmons@floridaweekly.com

**Reporters & Contributors**

Roger Williams  
Evan Williams • Janis Fontaine  
Jan Norris • Larry Bush  
Mary Thurwachter • Amy Woods  
Steven J. Smith • Bill Meredith  
Gail V. Haines • Andy Spilos  
Christina Wood • Ron Hayes

**Presentation Editor**

Eric Raddatz  
eraddatz@floridaweekly.com

**Production Manager**

Alisa Bowman  
abowman@floridaweekly.com

**Graphic Designers**

Chris Andruskiewicz  
Emma Campos  
Paul Heinrich  
Linda Iskra  
Meg Roloff  
Scott Sleeper

**Account Executive**

Betsy Jimenez  
betsy@floridaweekly.com  
Tim Lurette  
tim.lurette@floridaweekly.com  
Dena Woodard  
denae.woodward@floridaweekly.com

**Circulation Supervisor**

Tara Rosheim  
tara.rosheim@floridaweekly.com

**Operations Manager**

Kelli Carico

**Office Supervisor**

Megan Roberts

**Published by**

Florida Media Group LLC

**Pason Gaddis**

pgaddis@floridaweekly.com

**Jeffrey Cull**

jcull@floridaweekly.com

**Jim Dickerson**

jdickerson@floridaweekly.com

**Street Address:**

11380 Prosperity Farms Road, Suite 103  
Palm Beach Gardens, Florida 33410  
Phone 561.904.6470 • Fax: 561.904.6456

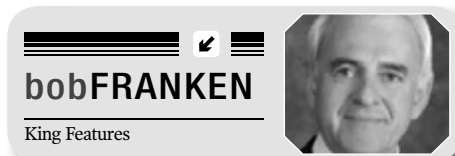


PALM BEACH  
**FLORIDA WEEKLY**  
IN THE KNOW. IN THE NOW.

Copyright: The contents of the Florida Weekly are copyright 2019 by Florida Media Group, LLC. No portion may be reproduced without the express written consent of Florida Media Group, LLC.

## OPINION

### Smarmy vs. Smart



When it comes to stories, most of us prefer tacky over technical. Tacky trumps substance. Or these days, attack-y Trump deflects substance. That certainly could explain the decidedly non-substantive high interest in Jeff Bezos, one of President Tweet's favorite targets. (True, there are thousands of favorite targets on Trump's list.)

Normally, Bezos does not generate sordid fascination. The founder of Amazon, he is the richest man in the world, and he does own The Washington Post, as any reader can tell you after being treated to that disclaimer in parentheses every time the Post does a story about him or his various diverse business interests. He's also famously publicity-shy.

These days, though, the Post has been riddled with parentheses as the paper joins media everywhere in chronicling the Bezos Scandal Chronicles.

They contain some typical elements of moral turpitude in the cyber age: sex, divorce and explicit text messages that somehow got into the hands of a sleazy tabloid that has adapted to modern

times by frequently obtaining what was supposed to be intimate communications. Those communications between Jeff Bezos and his paramour included very private pictures, including private-part selfies.

Secretly fooling around has been with us since the beginning of time. That is, until technology made secrecy obsolete. Of all people, Jeff Bezos, who is one of the inventors of online everything, has decided to fight back. He hired a famous security guy to investigate how the National Enquirer got hold of his lurid stuff, and who peddled it.

Then, and this gets really wild, the normally reclusive Bezos wrote a blog where he intimated that the scandal might have some political motivations and that furthermore, the Enquirer was trying to blackmail him into not pursuing that angle. "I prefer to stand up, roll this log over, and see what crawls out," wrote Bezos.

Implied is a desire to see if Donald Trump "crawls out," that somehow Trump was, uh, colluding with his old buddy David Pecker, who it just so happens is chairman of the media company that owns the Enquirer. He's also admitted to federal prosecutors that he killed unflattering stories about the Trumpster for a long time. Was this another example of his being a Trump chump?

However, there might be a more mun-

dane, not so lurid explanation: What if the Enquirer's alleged vendetta against Bezos was not bawdy but business? Consider this: Amazon is experimenting with cashierless stores. The shopper would pick up his or her food or merchandise and, through the all-intrusive miracle of technology, leave the store without checking out. The transaction would be recorded somewhere in that spooky "cloud." But think about where tabloids like the Enquirer are read and sold. That's right, the checkout counter, the very same checkout counter that would be eliminated by this legalized shoplifting.

How freaky is that? But no more so than the ability of the National Enquirers of this world, along with all social media, to tear down all personal space barriers.

Yes, I know, wouldn't we prefer our boilerplate sex scandals, particularly when they might be motivated by vengeful powerful people with names that rhyme with "rump" and "wrecker"? Wouldn't we love to add a dollop of illegality to the mix? But perhaps there is a substantive explanation. Gee, I hope not. ■

— Bob Franken is an Emmy Award-winning reporter who covered Washington for more than 20 years with CNN.

### The Bonfire of the Democrats



If Democrats are held to their own standards, then all three embattled state officials in the Commonwealth of Virginia should resign.

Even if Gov. Ralph Northam didn't appear in blackface in an image in his medical school yearbook, he confessed to once darkening his face as part of a Michael Jackson costume.

Attorney General Mark Herring, who called Northam's conduct indefensible, also used blackface once. Meanwhile, Lt. Gov. Justin Fairfax has been accused of sexual assault.

If ever wearing blackface — even in the 1980s, as both Northam and Herring did — is a career ender, and if we are supposed to "believe all women," then all three Democrats have to go.

Virginia is an indication of an inflamed and unforgiving Democratic mood that will define the party's battle for the 2020 presidential nomination.

Democrats are about to embark on the first "woke" primary, a gantlet of political correctness that will routinely wring abject apologies out of candidates and find fault in even the most sure-footed. The passage of time will be no defense. Nor the best of intentions. Nor anything else.

Any lapses will be interpreted through the most hostile lens, made all the more brutal by the competition of a large field of candidates vying for the approval of a radicalized base.

Being a progressive hero of long-standing doesn't afford any protection. Consider Elizabeth Warren. She certainly deserves all the grief she gets for her laughable identification of herself over the years as an American Indian.



But for the identity politics left, her fault runs deeper.

After taking a DNA test to prove her (distant) Native American ancestry, she stood accused, in the words of a member of a tribe in South Dakota, of "privileging nonindigenous definitions of being indigenous."

According to The New York Times, she had also tread "too far into the fraught area of racial science — a field that has, at times, been used to justify the subjugation of racial minorities and Native Americans."

Yes, Warren stood exposed as implicitly in league with the oppressors of Native Americans — and here she had just wanted Donald Trump to stop calling her Pocahontas. She apologized, and presumably will keep on doing it as long as she's running.

It's a season of apologies. When candidate Kirsten Gillibrand went on "The Rachel Maddow Show," the MSNBC host hit her for having in the past used the term "illegal alien," although it was standard and technically correct usage.

Gillibrand allowed that she was embarrassed by her past positions on immigration.

In every presidential campaign, candidates have to explain and backfill to get with the party's latest program. What will make this so much more intense for Democrats is the belief that even past mistakes involving the choice of words or symbolism are affirmatively injurious of other people. And that such mistakes represent deep sins to be repented of.

Even Kamala Harris, who calls racism, sexism and transphobia matters of "national security," isn't safe. She was once a prosecutor, after all. Reviewing her record, a New York Times op-ed writer said that "she needs to radically break with her past."

Who doesn't? No one will be woke enough to emerge from this process unscathed. ■

— Rich Lowry is editor of the National Review.





Metallica's Jason Newsted and his wife, Nicole.

## Metallica's Newsted brings art, music to help the Lighthouse ArtCenter

Metallica's Jason Newsted and Tequesta's Lighthouse ArtCenter are raising money in concert for the purchase of the art school's building.

When Metallica's bassist learned ArtCenter needed to buy the building after 21 years of leasing it, he wanted to get involved to make it happen, a news release said. As artists and art lovers, Mr. Newsted and his wife, Nicole, sprang to action with their "Raising the Roof" capital campaign.

Mr. Newsted will be painting one of his murals on the School of Art building, the couple will be presenting a special weeklong exhibition of their work at the ArtCenter Gallery, 373 Tequesta Drive, and Mr. Newsted and the Chophouse Band will be holding two benefit concerts at the gallery as well.

Opening reception of the exhibition will be at the gallery March 4 from 5:30-8:30 p.m. The two concerts are March 8-9 from 6-10 p.m. Tickets are \$10 for each.

"This is such a fantastic opportunity for the ArtCenter," said executive direc-

tor Nancy Politsch. "We are so grateful Jason and Nicole have embraced the ArtCenter and the Tequesta art community and are giving so generously of their time and talents to make our School of Art building purchase a reality."

In 2004, Mr. Newsted suffered a shoulder injury and after surgery he turned to painting during recovery. Painting continued to be a passion afterward and he had his first art gallery show opening in 2010 in San Francisco.

Ms. Newsted's practice includes painting, collage and wearable art. She studied on scholarship at Arizona State University and her paintings are in collections in Europe, the Middle East, Asia and America.

"Nicole and I love our neighborhood, we love being a part of a community like the one we have here in paradise," Mr. Newsted said. "Cherishing and preserving the local music and arts of past, present and future generations is vital for all of us."

For more information, call 561-746-3101 or go to [www.LighthouseArts.org](http://www.LighthouseArts.org). ■



**We accept most insurance providers including:**  
 BCBS • Cigna • GHI • Humana  
 Molina - Market Place  
 Sunshine/Ambetter • Tricare  
 UMR/Optum • WellCare

**THE OFFICIAL CHIROPRACTOR OF ROGER DEAN STADIUM.**  
 Home of the Miami Marlins and St. Louis Cardinals Spring Training.



### AUTO ACCIDENT TREATMENT CENTER

*We provide spinal decompression treatments!  
 Will see auto accident sufferers same day!*



## Full Physical Therapy Facility

**Treat Neck Pain, Back Pain and Sciatica caused by:**  
**Bulging/Herniated Discs • Degenerative Disc Disease**  
**Facet Syndrome • Failed Back Surgery**  
*All without the use of drugs, injections or surgery!*

SCHOOL, CAMP OR SPORTS PHYSICAL

# \$20



**DR. MICHAEL PAPA**  
 Chiropractor  
 Clinic Director



**DR. ALESSANDRA COLÓN**  
 Chiropractor  
*Se Habla Español*

**COMPLIMENTARY CHIROPRACTIC EXAM & CONSULTATION \$150 VALUE**


This certificate applies to consultation and examination and must be presented on the date of the first visit. This certificate will also cover a prevention evaluation for Medicare recipients. The patient and any other person responsible for payment has the right to refuse to pay, cancel payment or be reimbursed for any other service, examination or treatment that is performed as a result of and within 72 hours of responding to the advertisement for the free, discounted fee or reduced fee service, examination or treatment. Expires 3/31/2019.

**PALM BEACH GARDENS**  
 9089 N. Military Trail, Suite 37  
 Palm Beach Gardens, FL 33410  
**561.630.9598**

**JUPITER**  
 2632 Indiantown Road  
 Jupiter, FL 33458  
**561.744.7373**

**PORT ST. LUCIE**  
 9109 South US Hwy One  
 Port St. Lucie, FL 34952  
**772.337.1300**

**papachiropractic.com** *Welcome South Regenerative Medicine Center to our facility.*  
 28 Years in Jupiter & Palm Beach Gardens!



## HAVING PAIN? WANT TO AVOID SURGERY?

ASK US ABOUT OUR PRP & STEM CELL THERAPIES

WITH HYALURONIC ACID, GROWTH FACTORS, CYTOKINES AND MORE

**COMMON CONDITIONS TREATED WITH REGENERATIVE MEDICINE**

- PAIN MANAGEMENT
- SPORTS INJURIES
- ARTHRITIS
- TENDON INJURIES
- KNEE PAIN
- NECK PAIN
- BACK PAIN
- HIP PAIN

- NEUROPATHY
- ROTATOR CUFF INJURIES
- SHOULDER PAIN
- LIGAMENT INJURIES
- TENNIS/GOLFERS ELBOW
- SACROILIAC JOINT PAIN
- PLANTAR FASCIITIS
- ACHILLES TENDONITIS & TEARS

Regenerative Medicine may be administered through a simple procedure.

There is little, if any, down time after a procedure.

All protocols are in accordance with the Food and Drug Administration (FDA) and the American Association of Tissue Banks (AATB) regulations and standards.

**CONTACT US TO SET UP A ONE-ON-ONE CONSULTATION OR TO ATTEND ONE OF OUR UPCOMING SEMINARS**

**FOR MORE INFORMATION CONTACT OUR OFFICE AT 561-744-7373**

[info@southfloridaRMC.com](mailto:info@southfloridaRMC.com) | [www.southfloridaRMC.com](http://www.southfloridaRMC.com)

## Mimi Home HEALTHCARE

- A Family Business for Over 5 Years
- Specializes in All Types of Care
- Provides 24-Hour Services
- All Workers are Experienced in the Medical Field

561.452.6986 | Email: [Mimihomecarellc@gmail.com](mailto:Mimihomecarellc@gmail.com) | 954.779.0660





## EXECUTIVE ACCOUNTING

*We offer the following services:*

- Accounting Tax
- Financial Specialist
- Business Advisory
- Tax Plan Services
- Healthcare Planning

**FREE WEALTH ANALYSIS, CALL NOW! 772-335-5679**



# PET TALES

## Learning to walk

BY KIM CAMPBELL THORNTON  
Andrews McMeel Syndication

Remember Milo, the hound pup born with upside-down paws (a condition called bilateral congenital elbow luxation) who received corrective surgery at Oklahoma State University Veterinary Teaching Hospital in Stillwater last month? He's out of his restrictive splint and learning to walk again with the help of his foster family and OSU surgical specialist and rehab therapist Cara Blake, DVM.

The pins holding Milo's repaired elbows in place during the healing process were removed a few weeks ago, and Dr. Blake and her team began working with him and developing a plan to teach him how to walk, something the pup was never able to do. Therapeutic exercises, massage and other manual therapies are being used to help increase his flexibility and strengthen his muscles. But before he can walk — let alone run — he needs to learn to stand properly: to put his back legs in the correct posture, get his pelvis and spine straight, and get his front legs underneath him.

"Now that his elbows are in a more normal position, the way he was walking before isn't going to work for him," Dr. Blake says. "He will figure out, 'Oh, I can't walk like this anymore because it just doesn't work,' so I think that, together with doing exercises to retrain him, will allow him to progress



Rehab therapies are helping Milo develop the ability to walk.

at a pretty quick rate in terms of getting back to normal pelvic posture."

Bilateral congenital elbow luxation is rare in dogs. The surgeon who repaired the defect, Erik Clary, DVM, has seen only two other cases in his 27-year career and was able to operate on only one of them. He says general practitioners may never see a dog with this problem, even if they practice for 30 or 40 years.

"The earlier we can get to them, generally the better the possibility that we can help them with surgery," Dr. Clary says. "Sometimes the problem is not apparent when the puppies are really

young, when they're a week or two and just nursing. Their legs may not show those changes. But typically, when they get out to maybe 4 or 5 weeks, then usually it manifests, just like with Milo."

What Milo has going for him, Dr. Blake says, is that he's a puppy. He didn't have time to learn bad ambulatory habits before undergoing surgery, so retraining him will be easier than it might have been.

He still faces challenges. His front-end alignment could be an issue because he has no range of motion in his elbows. The scar tissue that formed after surgery helps to keep the elbows in place, but it can also affect mobility. Massage and other manual treatments may help to some degree, but he may never gain full range of motion.

That means he may have to learn to walk with straight elbows. Dr. Clary says the dog has a 50-50 chance of being able to walk normally one day.

This type of reconstructive surgery normally costs several thousand dollars. Part of the cost of Milo's care was subsidized by OSU's Pay It Forward Fund, started by students from the class of 2017.

Milo's foster caretakers with Oliver and Friends Farm Rescue and Sanctuary in Luther, Okla., are continuing his rehab exercises at home, and he already gets around well. Even though he may never walk completely normally, he can still have good quality of life.

### Pets of the Week



>> **Jake** is a 3-year-old, 51-pound male mixed-breed dog that is calm and gentle and will play well with other gentle dogs and has lived harmoniously with a cat.



>> **Boots** is a 2-year-old male cat that warms up once he receives treats.

### To adopt or foster a pet

The **Peggy Adams Animal Rescue League, Humane Society of the Palm Beaches**, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at [www.hspb.org](http://www.hspb.org). For adoption information, call 561-686-6656. ■

"Even dogs that have horrible end-stage elbow arthritis, who lose significant range of motion in their elbows, are able to go out and run around and play," Dr. Blake says. "Long-term, he may have some compensatory issues, but I don't think it will affect his overall quality of life." ■

## HAVE A CD RENEWING?

SHORT-TERM FIXED ANNUITIES ARE BACK!

**2.85%** GUARANTEED FOR 2 YEARS!

-AFTER THAT, WALK AWAY, NO PENALTY-

**4.00%** GUARANTEED FOR 5 YEARS!

-AFTER THAT, WALK AWAY, NO PENALTY-

EQUITABLE SECURE SAVINGS™  
Offering Safety & Security... with options!



William J. O'Keefe

8882 SE Bridge Road  
Hobe Sound, FL 33455  
772-545-3463 office  
561-310-5922 cell



Equitable Life & Casualty Insurance Company  
PO BOX 2460, SALT LAKE CITY, UTAH 84110-2460  
888-352-5178 FAX: 888-352-5126  
WWW.EQUILIFE.COM

SURRENDER CHARGES AND MARKET VALUE ADJUSTMENT MAY APPLY TO WITHDRAWALS MADE DURING THE GUARANTEE PERIOD. INTEREST RATES AS OF NOVEMBER 1, 2018 AND ARE SUBJECT TO CHANGE WITHOUT NOTICE. EQUITABLE SECURE SAVINGS™ IS A PRODUCT OF THE INSURANCE INDUSTRY AND NOT GUARANTEED BY ANY BANK NOR INSURED BY FDIC OR NCUA/NCUSIF. NOT A DEPOSIT. NOT INSURED BY A FEDERAL GOVERNMENT AGENCY. RESTRICTIONS APPLY. POLICY MUST BE SURRENDERED WITHIN 30 DAYS FOLLOWING THE GUARANTEE PERIOD OR POLICY WILL AUTOMATICALLY RENEW. MAY ONLY BE OFFERED BY A LICENSED INSURANCE AGENT. Available in all states except: CA, MN, NJ, NY, and SD.

ELC-SS-NP1 - Rev110118

## CUCINA CABANA



Cigar Lounge

Authentic Italian Continental Cuisine

Casual Fine Dining  
At It's Best  
Using Only the  
Freshest Ingredients

Best Happy Hour  
4-7pm Every Day  
at the Bar  
50% Off All Drinks!  
Chef Select Menu  
\$20 Entrees  
4-6pm Daily



Lobster Fra Diavolo



Linguine Clams



Live Entertainment  
Every Night



Stuffed Porkchop



Stuffed Artichoke

Follow Us On  
Facebook  
and Instagram



**BEST OF PALM BEACH COUNTY 2019**  
Nominated Best All Around Restaurant  
Best Place to Go Dancing

CUCINA CABANA



Sunday Brunch  
11-3pm  
\$14 Bottomless  
Mimosas or  
Bloody Marys

FOR RESERVATIONS & SHOWTIMES, CALL 561.626.1616  
1201 US Highway 1 • North Palm Beach, FL 33408  
[www.cucinacabanaistorante.com](http://www.cucinacabanaistorante.com)



## New entrepreneurial effort named 1909

Small business and startup founders have a supporter with the newly launched nonprofit 1909.

“Palm Beach County was founded in the year 1909, and we believe that right now everyone can be the founder of something great,” said Joseph Russo, executive director of Palm Beach Tech Association and 1909. “We seek to answer one simple question; Where do entrepreneurs in Palm Beach County go?”

The John S. and James L. Knight Foundation is committing \$250,000 to support the organization’s launch and first year operations to 1909 and the FAU Adams Center for Entrepreneurship.

“We’re excited to bring together entrepreneurs, business leaders, and governments in building a more informed and engaged, thriving community,” said Lily Weinberg, program director for com-

munity and national initiatives at the foundation.

Also supporting the initiative are the cities of West Palm Beach and Delray Beach, and Town of Lake Park. Each will fund 1909 programs and potentially workspace in their communities. Additional programs are being proposed in the cities of Boca Raton and Boynton Beach, and the north end of the City of West Palm Beach.

“Given that small businesses drive our economy, it’s important that emerging entrepreneurs and early stage startups have a place to go that eliminates barriers to growth and helps them turn their dreams into reality,” West Palm Beach Mayor Jeri Muoio said.

1909 will focus on bridging four gaps to entrepreneurship in Palm Beach County, as identified by the Business Development Board’s Entrepreneur

Taskforce: affordable workspace, consistent mentorship, business education and access to capital.

Affordable workspace will be fulfilled through the rebrand of Palm Beach Tech Space, now 1909, and offering a \$50 membership for 24/7 workspace in downtown West Palm Beach.

Consistent mentorship will be fulfilled by utilizing online software to allow entrepreneurs ability to access successful local business leaders on their own schedules.

Business education will be fulfilled through the expansion of FAU Adams Center for Entrepreneurship’s Bootcamp, now known as the “1909 Accelerator, presented by FAU” and providing a six-month course for \$300 in locations throughout the Palm Beaches.

Access to capital will be fulfilled through a \$50,000 portion of the grant

which will establish the 1909 Micro Grant Fund, providing financial support from local businesses to companies completing the 1909 Accelerator Program.

“This program will undoubtedly have a significant impact on the existing entrepreneurial ecosystem throughout Palm Beach County by supporting entrepreneurs of all types across our communities,” said Kevin Cox, assistant director of the FAU Adams Center for Entrepreneurship.

The Research Park at FAU, FAU Tech Runway Junior Achievement of the Palm Beach & Treasure Coast, Urban Youth Impact, Inner City Innovators, and Greater Delray Beach Chamber of Commerce also are partnering with 1909.

The first Accelerator Program hosted by FAU has begun with 1909 hosting a series of information sessions. ■

## Polo matches galloping onto Singer Island beaches

Visitors to Singer Island are used to the thunder of the waves.

But on Feb. 23, the Riviera Beach municipal beach will be home to the thunder of ponies’ hooves as six teams of polo players on 75 horses play three games of polo on the sand.

Organizers say the one-day event, Singer Island Beach Polo, is expected to draw 300 spectators in its first year.

Gates open at 10:30 a.m., followed by matches at noon, 1:30 p.m. and 3 p.m., concluding with a champagne toast to

the winners at 4 p.m.

More than 100 VIP tickets already have been presold to sponsors. Tickets to the VIP tent are \$100, with bar service and complimentary champagne. General admission is \$20.

No coolers or glass are allowed at the event. An afterparty open to the public will be held at Johnny Longboats, in the Ocean Walk Mall, directly behind the polo field.

Tickets may be purchased at [www.eventbrite.com/e/singer-island-beach-polo-tickets-54724378088](http://www.eventbrite.com/e/singer-island-beach-polo-tickets-54724378088) ■

## New clerk website makes for easy use

A reimagined MyPalmBeachClerk.com has made it easier to access public records and services provided by the clerk and comptroller.

The mobile-friendly website features a design that allows visitors to more quickly access the office’s online services, including court records, official records and traffic ticket payments, a news release said.

A search tool lets visitors find information about other clerk services with just a few simple clicks. The tool, nick-

named Cloogle, combines the clerk’s resources with speed and accuracy of a Google-like search.

“The future is digital, whether in government or the private sector,” said Clerk & Comptroller Sharon R. Bock. “We are committed to continuous advancement to exceed our customers’ expectations.”

The website, which remains at the same internet address, [www.mypalmbeachclerk.com](http://www.mypalmbeachclerk.com), works on all devices, including smartphones and tablets. ■

**MILITARY APPRECIATION DAY**

2 FOR \$25 OUTFIELD RESERVE, 2 FOR \$20 FAMILY ZONE, 2 FOR \$15 BANANA BOAT LAWN [MILITARY ID REQUIRED - BOX OFFICE ONLY]

**PURCHASE YOUR TICKETS TODAY!**

 VS  **3.2 ★ 1:05 PM**

 VS  **3.14 ★ 1:05 PM**







**561-500-HITS (4487)**  
**MLB.COM/FITTEAMBALLPARK**





**VisitingAngels.**  
LIVING ASSISTANCE SERVICES

*Peace of mind for you and your family!*

- Bathing, Dressing, Grooming, Daily Hygiene
- Fall Risk & Wandering Prevention
- Medication Reminders
- Shopping, Errands, Doctor Visits
- Meal Preparation
- Hourly thru 24 Hour Care: CNAs, HHAs
- Respite Care & Post Surgical Care
- Alzheimer's & Parkinson's Plan of Care

**2018 FLORIDA WEEKLY'S BEST**

**BEST OF HOME CARE PROVIDER**

**561-328-7611**  
**VisitingAngels.com/PalmBeaches**  
*Seasonal Clients Welcome!*

FL Lic#299994617



National Geographic photographer Brian Skerry

## Fundraiser helps scientists decipher dolphin communication

Would you like to know what dolphins say when they speak with each other?

National Geographic photographer Brian Skerry will be the presenter at the Wild Dolphin Project's 2nd annual Wild Ocean Science, the nonprofit's signature event, on March 2 at the Eissey Campus Theatre at Palm Beach State College, 11051 Campus Drive in Palm Beach Gardens.

This annual fundraiser for Wild Dolphin helps the research organization in Jupiter study and report on a specific pod of free ranging Atlantic spotted dolphins in the Bahamas. Spanning 30

years, the project is the longest running underwater dolphin research effort in the world, a news release said. With a focus on observing and recording underwater behavior and sound, the project is determined to crack the code of dolphin communication, so scientists are better equipped to protect them.

The fundraiser will be hosted by PBS NewsHour correspondent and journalist Miles O'Brien, and Denise Herzing, research director and founder of Wild Dolphin, will be available for book signing and photos.

Tickets can be had at <https://wild-oceanscience.ticketleap.com/2019/>. ■

*Hurry before tickets sell out!*

10th Annual  
**1000 WISHES**  
Luncheon & Runway Fashion Show

**MARCH 19, 2019 • 11 AM**  
The Mar-a-Lago Club

**Honoring**  
Connie Frankino  
Founder & Chairman of the Board

**Angel of the Year Award Recipient**  
Hermé de Wyman Miro

**Wine Sponsors**  
Madeline Fink  
Ted Mandes

**Fashion Presenter**  
THE GARDENS MALL

**Luxury Raffle Provided by**  
NINI JEWELS





Support this Landmark Event! Make a difference in the Lives of Local Foster Care Children.



**Amy Acierno and Guia Wells**  
Event Chairmen



**Robin Adler and Kimberly Kent**  
Event Co Chairmen

For Sponsorship Opportunities and Reservations contact Debra Tornaben at [Dtornaben@kidsanctuarycampus.org](mailto:Dtornaben@kidsanctuarycampus.org) or call 561-653-8274  
To buy tickets online please visit [www.kidsanctuarycampus.org](http://www.kidsanctuarycampus.org)



# Armory invites you to 'Get Painted'

FLORIDA WEEKLY STAFF

Arrive wearing white and leave wearing pattern.

That's the premise of "Get Painted at the Artists Ball."

The Armory Art Center's fundraiser will take place at the Armory on Saturday, Feb. 23.

Guests who want to participate in the fun will arrive dressed in white and will be painted on the spot by select artists. Attendees will enjoy a roaming dinner and live gypsy jazz featuring Palm Beach Post columnist Frank Cerabino. White aprons or a tote bag will be given to each attendee. White jean jackets can be ordered in advance or at the door for \$60.

"Get Painted" is set for 7-10 p.m. Feb. 23. Tickets are \$300 in advance or \$400 at the door. They can be purchased online at [www.armoryart.org/2019artistsball](http://www.armoryart.org/2019artistsball).

The Armory is at 811 Park Place, West Palm Beach. ■



PHOTO BY JACEK GANCARZ  
Nancy Albano Lambrecht shows off her painted tote bag.

## Yacht fundraiser supports children's arts education

The Center for Creative Education's upcoming 25th anniversary gala "The Silver Affair" is coming to West Palm Beach March 2.

The organization's mission the past 25 years is to educate children through the arts with free programs and "The Silver Affair" will be its first nighttime fundraiser on the 228-foot Seafair luxury yacht, docked on Clematis Street

and Flagler Drive in West Palm Beach.

While in port, guests will have a cocktail reception, dinner, dancing, live entertainment and afterparty.

Individual tickets to The Silver Affair are \$750, and tables of 10 are \$7,500.

For tickets and information, contact Vivianne Hallat 561-805-9927, Ext. 105, or visit [www.cceflorida.org](http://www.cceflorida.org) ■



PHOTO BY CHRIS SALATA/CAPEHART PHOTOGRAPHY

Belle Arti cochair Marti LaTour (left) and Darlene Dzuba.

## Luncheon showcases Dreyfoos School of the Arts students

A luncheon with an Italian theme awaits supporters of the Dreyfoos School of the Arts.

The school's foundation has an afternoon of entertainment and eats planned for the Belle Arti luncheon March 7 at 11:30 a.m. at the Cohen Pavilion at the Kravis Center for the Performing Arts.

Luncheon cochair Darlene Dzuba and Marti LaTour will invite attendees to bid on items in the silent auction. Featured items include an "El Anatsui — Variation 1C" print donated by Thomas W. Lollar in partnership with Elayne Mordes of Whitespace; a week's stay in a 16th century renovated home on a vineyard in the hills outside of Lucca, Italy; a two-night stay at The Breakers Palm Beach, along with items from Chanel, Stubbs and Wootton, Roberta Roller Rabbit and Maus & Haufman.

A special section of the auction will be reserved for items donated by businesses owned by Dreyfoos alumni.

The luncheon menu will feature Italian cuisine, followed by performances by students from the school.

Luncheon tickets are \$225 and can be purchased at [www.soafi.org](http://www.soafi.org) or by calling 561-805-6298. All proceeds from

the Belle Arti Luncheon support The Dreyfoos School of the Arts Foundation which last year provided more than \$1.1 million in support. ■

**↓ LOOK ↓**

**REUPHOLSTERY**

**CUSTOM WORK**

**LOW PRICES**



**CALL NOW!**

**561-746-2330**

**Striptique Inc • Since 1971**

IF YOU CAN'T **WALK** TO WORLD-CLASS SHOPPING & DINING WITHOUT LEAVING **YOUR NEIGHBORHOOD**



**THEN WHAT'S THE POINTE?**

PointeMidtown is a sophisticated boutique enclave of only **63 NEW LUXURY HOMES** in **Central Palm Beach Gardens'** most coveted live-shop-dine-walk destination

— Mainstreet at Midtown.

**LIVE • SHOP • DINE • WALK**



**AWARD-WINNING FURNISHED DESIGNER MODELS NOW OPEN**

**Grand Opening Prices**  
Starting from the Upper \$400s



**POINTE MIDTOWN**  
PALM BEACH GARDENS

[POINTEMIDTOWN.COM](http://POINTEMIDTOWN.COM)  
561-504-4657

4925 PGA BOULEVARD, just west of Military Trail  
PALM BEACH GARDENS, FL 33418



PRICE, TERMS AND AVAILABILITY ARE SUBJECT TO CHANGE AND RETRACTION WITHOUT NOTICE.



ASCEND PROPERTIES





COURTESY PHOTO

PGA National has done work on the Champion course that is expected to improve both player and spectator experiences at this year's Honda Classic.



COURTESY PHOTO

Justin Thomas won the 2018 Honda Classic.

## CLASSIC

From page 1

possibility of successfully defending the title.

"That video definitely brought back a lot of good memories," the 25-year-old Jupiter resident said, adding he hoped to recreate some of those moments this year.

With tournaments in California and Mexico in the weeks leading up to The Honda Classic, Mr. Thomas said he is lucky to call South Florida home.

"I've really enjoyed it," he said. "I've told that to people - is that I can't, at least for a while I mean, I can't see myself living anywhere else, at least if I'm going to continue to play golf that is, because it's - especially days like today - it's hard to beat this weather."

With commitments from such notable players as Rickie Fowler, Jim Furyk, Sergio Garcia, Brooks Koepka and Graeme McDowell, among others, The Honda Classic's field tends to be one of the best on the tour.

"Knock on wood, I don't think this tournament really has to worry too much about great players coming to it," Mr. Thomas said. "I mean, it's a championship golf course and has a very championshiplike feel, and it's no coincidence, you know, that they have such a tremendous field every year."

The Honda Classic takes place Feb. 25 through March 3 at PGA National. The first round starts Feb. 28.

"There's a handful of tournaments I feel like that kind of are on maybe potentially another tier," Mr. Thomas said. "This place has that vibe to it. A lot of great players come here, you know, whether we live here or not. We're going to want to go where the best fields are, you know, the best championships, the best test of golf, and I definitely feel like this is one of those."

"It's great having a champion like Justin Thomas for many reasons ... One, he's perhaps one of the nicest young men on the PGA Tour — you all have read plenty about that over the years. Two, he's local. He calls Palm Beach County home in Jupiter, just up the street. "

— Ken Kennerly, Executive Director

The nationally televised event enters its 13th year in Palm Beach Gardens and is expected to set attendance records at the resort. It also is expected to set fundraising records for The Honda Classic Cares, a charitable entity that gives back to more than 130 organizations in the area, including The First Tee of The Palm Beaches.

"It's so fun that I'm finally in a position where I can give back and have an impact on either those less fortunate or young kids or whatever it may be," said Mr. Thomas, a supporter of The First Tee of Louisville (Kentucky), where he grew up, The First Tee of Tuscaloosa (Alabama), where he attended college, and now the local affiliate. "It's really fun to be able to give back and see the positive impact and the smiles on kids' faces. You know, any way that you can make something better is a great thing. I'm a little bit biased, but it is nice to help the junior-golf community a lot."

During The Honda Classic's 38-year history, it has generated nearly \$40 million, all of which has benefited nonprofits.

"It continues to grow," Executive Director Ken Kennerly said. "We will certainly surpass \$40 million, and we're on track in 2021, for 40 years of The Honda Classic and on track - to hit over \$50



# Honda appears to be here to stay

**larryBUSH**

lbush@floridaweekly.com



If the PGA of America decides to move its headquarters to Texas, don't expect the Honda Classic to follow.

The Honda Classic — Feb. 25-March 3 at the PGA National Resort & Spa in Palm Beach Gardens — isn't going anywhere... they've already been there: 31 years on four different courses in Broward County, 1972 through 2002, then four years, 2003-06, at the Country Club at Mirasol in Palm Beach Gardens before moving across PGA Boulevard to PGA National in 2007, where it might should have been all along.

American Honda is the longest tenured sponsor on the PGA Tour, jumping aboard in 1982, the tournament's 11th of 12 years at Inverrary Country Club, followed by visits to Eagle Trace (9 times), Weston Hills (4) and Heron Bay (6) before coming to Palm Beach County. The tournament initially was known as the Jackie Gleason Inverrary Classic.

The greatest of them all, Jack Nick-

laus, won three years in a row at Inverrary, 1976-78, and now has been involved in another renovation of the Champion course at PGA National.

Reopened in December after the work of Chris Cochran, Nicklaus Design's senior design associate, the Champion has always been considered one of the most challenging in the game, not just on the PGA Tour.

Changes include the removal of the palmetto palms on the right side of the first fairway and the left side of the ninth. This gives players more options both from the tee and for approaches to the green, while also improving spectator flow during the Honda.

Green complexes have been rebuilt, shaped and grassed to allow for consistency in a variety of weather conditions. More than 14,000 square feet of putting surface has been recaptured, returning the greens to Mr. Nicklaus' original designs he implemented 16 years ago.

George and Tom Fazio were the original designers of the Champion, which opened in 1981. Mr. Nicklaus previously was involved in redesigns in 2002 and 2014. The Champion has hosted a Ryder Cup (1983), a PGA Championship (1987), 18 PGA Seniors and 15 PGA Ju-

niors championships.

Justin Thomas, the defending champion, considers the Honda Classic to be a home game. Though previously identified with Louisville, Ky., where he grew up, and Tuscaloosa, Ala., because he attended the University of Alabama, Mr. Thomas now lives in Jupiter. Not coincidentally, he is active with First Tee programs in all three communities.

"No, I don't live on a golf course here," he says without elaborating further. "I get to play enough golf when I'm home, I don't have to live on a course to get a game.

"But I can't imagine living anywhere else (but Palm Beach County)."

Mr. Thomas beat Luke List for the title a year ago on the first extra hole after they tied at eight under par 272. Mr. Thomas birdied the par-5 18th hole in regulation to force the playoff, then birdied it again a few minutes later for the win.

The golf course can change so much depending on which way and how hard the wind blows, Mr. Thomas noted. Then he listed nine of the 14 holes, excluding the par-3s, where he might use his driver off the tee, again depending on the wind: Nos. 2, 3, 6, 8, 9, 10, 12, 13

and 18.

At the traditional press briefing and luncheon, numerous other changes and additions were announced as Executive Director Ken Kennerly continued to emphasize that the Honda Classic is more than just a one-week golf tournament which is part of the PGA Tour's Florida Swing, but a year-around community event that helps create a family-friendly atmosphere.

The result: a record 224,642 "confirmed spectators" over seven days of perfect weather last year, from the pro-amateur on Monday through the final round the following Sunday. Furthermore, contributions to local charities are expected to exceed \$40 million this year. In 2018, some \$4.55 million was distributed to 130 organizations affecting more than 50,000 kids and families.

The Honda Classic will be telecast by Golf Channel 2-6 p.m. Thursday and Friday, 1-3 p.m. Saturday and Sunday. NBC will pick up the third and fourth round coverage 3-6 p.m. March 2-3.

For anything else, and everything else, you want to know, even if you didn't know today that you needed it, go to [www.thehondaclassic.com](http://www.thehondaclassic.com) or call 1-844-8Honda8. ■

million, which is pretty remarkable."

Mr. Kennerly lauded Mr. Thomas for his work with The First Tee groups.

"It's great having a champion like Justin Thomas for many reasons," Mr. Kennerly said. "One, he's perhaps one of the nicest young men on the PGA Tour — you all have read plenty about that over the years. Two, he's local. He calls Palm Beach County home in Jupiter, just up the street. And he really engages in charity and philanthropy and all that."

## On the course

Four new venues — for a total of 17 — will expand the tournament's already-impressive hospitality space to 250,000 square feet. Wright's Way, sponsored by Wright's Impact Window & Door, will pop up between the 11th and 17th holes, offering a built-in concession stand and a video board. Garden of Life presents the Oasis, on the 17th hole, features unobstructed views, covered seating and wines from around the world.

"The Legends Club, which is now in its third year, will grow again," said Andrew George, tournament director. "This is the third straight year of the popularity of that structure — kind of the best of the best from a food-and-beverage perspective."

Goslings Bear Trap tops them all as the most well-attended venue on the course, boasting 4,500-plus guests per day. It will receive a 5,000-square-foot upgrade, transforming it into a 40,000-square-foot stadium on three of the toughest holes in the game. The Lilly Pulitzer Lounge, on

the 10th hole, returns for its second year, treating patrons to nibbles, sips and shopping. Everything kicks off Feb. 21 at The Gardens Mall, where a preparty will run from 7 to 10 p.m.

"The city of Palm Beach Gardens is so happy to be a partner with The Honda Classic," Mayor Maria Marino said. "We are so happy to say that we are the home of The Honda Classic and to have winners like Justin Thomas come here and win and hold the trophy like he did last year and Ricky the year before..." ■



COURTESY PHOTO

Spectators watch the play from the grandstands at last year's Honda Classic.



COURTESY PHOTO

This year's Honda will offer four new venues for spectators to relax during play.

## in the know

### Honda Classic

#### >> When:

- Monday, Feb. 25 — Monday Pro-Am (Champion Course)
- Tuesday, Feb. 26 — Practice Rounds (Champion Course)
- Wednesday, Feb. 27 — The Honda Classic Cares Pro-Am presented by Tire Kingdom (Champion Course)
- Thursday, Feb. 28 — The Honda Classic — First Round
- Friday, March 1 — The Honda Classic — Second Round
- Saturday, March 2 — The Honda Classic — Third Round
- Sunday, March 3 — The Honda Classic — Final Round

### Special events

After Play Concert Series (begins at last putt drop, around 6 p.m.):

- Vinyl — 6-10 p.m. Feb. 28, Michelob ULTRA Terrace
- Fusion — 6-10 p.m. March 1, Michelob ULTRA Terrace
- Skratz Bastid — 6-10 p.m. March 2, Michelob ULTRA Terrace

#### >> Tire Kingdom Family Day:

- Honda Classic Kids Zone is open noon-8 p.m. March 2 in the Honda Pavilion, where there will be high-energy, interactive fun and games, contests and lots of prizes. Kids must be accompanied by a parent while participating in the Kids Zone. Fireworks Spectacular is at 7:30 p.m.

#### >> Where: PGA National Resort & Spa, 400 Avenue of Champions, Palm Beach Gardens.

#### >> Parking:

- General parking cost is \$10 per day or can be purchased in advance for \$50 for the week. General parking is located at Dyer Park on Haverhill Road North at Beeline Highway. All Honda and Acura vehicles park for free in general parking.



- BallenIsles Parking is \$25 per day drive-up (\$20 per day or \$80 for the week with advance purchase). The BallenIsles lot is adjacent to the entrance of BallenIsles Country Club (eastbound side of PGA Boulevard east of Florida's Turnpike).
- Preferred Parking is next to the Mirasol Elementary School (Marsh Pointe) 1 mile north of PGA Boulevard on Jog Road (first entrance to Mirasol). (Preferred parking pass required.)
- Valet parking is at PGA National Resort & Spa, 400 Avenue of Champions, Palm Beach Gardens. (Valet parking pass required.)

>> **Cost:** Ticket prices vary. Free admission to Pro-Am on Feb. 25; \$20 for Feb. 26 practice round; \$30 for Honda Classic Cares Pro-Am presented by Tire Kingdom; \$50 for Rounds 1,2,3 and final round, Feb. 28-March 3; \$55 for any single day. Gate prices for individual daily passes are an additional \$10 per day Tuesday and Wednesday, and \$15 more per day Thursday through Sunday. Passes to

>> **Info:** [www.thehondaclassic.com](http://www.thehondaclassic.com) or call 1-844-8Honda8.



# SOCIETY

## ArtiGras, Abacoa, Jupiter



1. Azizza Temple and Jason Fairclough
2. Emily Land, Stephen Land, Taylor Land and Lacy Land
3. Christina Kucek, Alaina Kucek and Tony Kucek
4. Beth Kigel, Johnny Simmons and Jill Mondo
5. Cindy Kirsche, Scott Kirsche, Marian Loy and David Loy
6. Amelia Gomez, Melissa Gomez and Addiel Gomez
7. Cristina Sabin, Matthew Blank, Christina Theiss and Kimberly Wyss
8. Julie McAuley, Ivan Rosa, Debbie Nellson and Matt Wilson
9. Jay Marra, Atticus Hatfield and Mara Hatfield
10. Jackie Cummings, Gianna Hornyak, Barbara Hornyak and Alexa Hornyak
11. Joe Barra and Gail Barra
12. Rebecca Seelig, Carolyn Sasso and Shani Core

ANDY SPILOS / FLORIDA WEEKLY

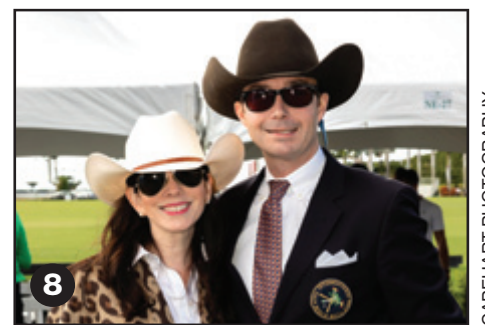
Nicole Stark and Kat Bee

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email [society@floridaweekly.com](mailto:society@floridaweekly.com).



# SOCIETY

## Young Friends of Palm Beach Symphony's A Polo Afternoon, International Polo Club of Palm Beach



1. Megan Clark, Tim Long and Kate Waterhouse
2. Cindy Burke and Jason McGuire
3. Sean Burnett, Burton Rocks, Mitch Stallings and Andrew Istler
4. Elisa Gaudet and Kristy McDaniel
5. Juan Salinas-Bentley, David McClymont and Diego Echeverri
6. Jessica Swift and Trent Swift
7. Julie Dahlstrom and Todd Dahlstrom
8. Xiomi Penn and Roby Penn

CAPEHART PHOTOGRAPHY

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email [society@floridaweekly.com](mailto:society@floridaweekly.com).



**Florida Weekly's news staff is exploring the prevalence of loneliness in today's society and is looking for your input. Please take a moment and answer the following questions:**

1. Do you describe yourself as lonely?
  2. If you would describe yourself as lonely, does your loneliness feel constant or fleeting?
  3. What do you feel is the main cause of your loneliness?
  4. Do you live alone?
  5. How do you combat feelings of loneliness?
- Please feel free to add any other information along with your answers.

**Send your name, age, town, answers to these questions, email address and a daytime phone number to:**

LONELY: Florida Weekly  
4300 Ford Street. #105  
Fort Myers, FL 33916

**Or email to [lonely@floridaweekly.com](mailto:lonely@floridaweekly.com)**



DESIGN • FURNISHINGS • ACCENTS

# Excentricities

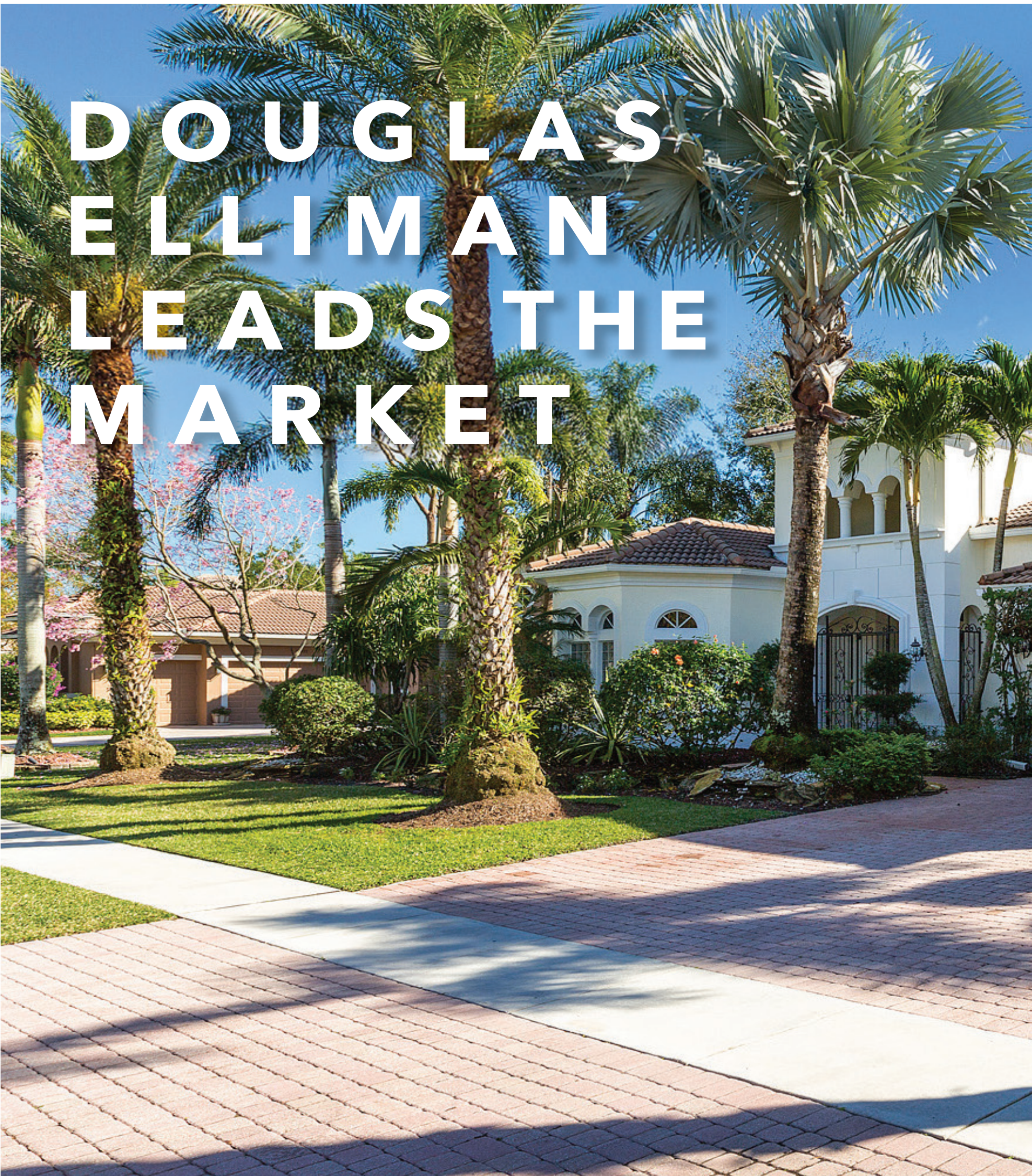
EST. 1986

**RECEIVE 30% OFF MSRP**  
ON ALL LEE INDUSTRIES & CR LAINE  
CUSTOM UPHOLSTERED FURNITURE  
FEBRUARY 25TH-MARCH 25TH, 2019

<p><b>NORTH PALM BEACH</b> 1400 Old Dixie Hwy. 561.845.3250</p>	<p><b>WEST PALM BEACH</b> 1810 S. Dixie Hwy. 561.249.6000</p>
<p><b>JUPITER</b> 225 E. Indiantown Rd. 561.748.5440</p>	<p><b>DELRAY BEACH</b> 117 NE 5th Ave. 561.278.0886</p>

**JUPITER OPEN**  
SUNDAY 11:00am-4:00pm  
[EXCENTRICITIES.COM](http://EXCENTRICITIES.COM)





# DOUGLAS ELLIMAN LEADS THE MARKET

## OUR SALES SPEAK VOLUMES

We are the largest independent, non-franchise brokerage in the nation and #1 in Palm Beach County for sales volume.

1111 LINCOLN RD, MIAMI BEACH, FL 33139. 305.695.6300. © 2019 DOUGLAS ELLIMAN REAL ESTATE. ALL MATERIAL PRESENTED HEREIN IS INTENDED FOR INFORMATION PURPOSES ONLY. WHILE THIS INFORMATION IS BELIEVED TO BE CORRECT, IT IS REPRESENTED SUBJECT TO ERRORS, OMISSIONS, CHANGES OR WITHDRAWAL WITHOUT NOTICE. ALL PROPERTY INFORMATION, INCLUDING, BUT NOT LIMITED TO SQUARE FOOTAGE, ROOM COUNT, NUMBER OF BEDROOMS AND THE SCHOOL DISTRICT IN PROPERTY LISTINGS SHOULD BE VERIFIED BY YOUR OWN ATTORNEY, ARCHITECT OR ZONING EXPERT. EQUAL HOUSING OPPORTUNITY. 

SOURCE: BROKERMETRICS® RESIDENTIAL TOTAL SALES VOLUME FROM 1/1/2018-12/31/2018



12426 Equine Lane, Wellington  
\$1,250,000 | Web# RX-10503075  
Kristina Lloyd 561.670.4270



[elliman.com/florida](https://www.elliman.com/florida)

FLORIDA | NEW YORK CITY | LONG ISLAND | THE HAMPTONS | WESTCHESTER | CONNECTICUT | NEW JERSEY | CALIFORNIA | COLORADO | MASSACHUSETTS | INTERNATIONAL



# SOCIETY

## Triple Crown Kickoff Mixer, Palm Beach International Equestrian Center



Katy Wentz and Amy Iofalla

- 1. Pattie Enright, Elizabeth Powers, Norman Gitzen and Mari Harner
- 2. Lena Moeller, Amanda Kellgren and Emilia Hallerskog
- 3. Sally Caplan, Maris Charney, Jayne Hernandez, Sharon Johnson and Chris Malvinni
- 4. Caelyn Adams, Sara Schmidt, Anne Cizaldo, Lisa McCleod and Sharon Watson
- 5. Katy Wentz, Teresa Anderson, Brian Parham, Kelly Tayne, Amy Iofalla, Lisa Weigman and Craig Bernstein
- 6. Norman Gitzen and Mari Harner
- 7. Juan Gonzalez and Jeanine Cabarellas
- 8. Scott Donn and Michelle Donn
- 9. MM Rutherford and Jeanne Chislom

ANDY SPILOS / FLORIDA WEEKLY



# SOCIETY

## Hearts and Hands gala for autism, National Croquet Center



1. Diane Potter, James Potter and Beth Potter
2. Aura Ortiz, Pam Ludwick and Tania Smith
3. Jay Huebner and Robin Huebner
4. Darby Hold and Bob Hold
5. Brian Seskin, Tracy Fogarty, Mark Kaufman, Carol Kaufman, Dana Kaufman, Darby Hold, Bob Hold, Leisa Williams and Michael Williams
6. Donna Stegall and Dan Stegall
7. Ellen Rosaler and Michael Kridel
8. Jonathan MacDonald, Lauren MacDonald and Lorri MacDonald
9. Maya Cohen, Zach Edenzon, Reese Carpenter and Michael Kaufman
10. Jason Portman, Michelle Wolke, Aaron Wolke and Kelisha Darling-Wolke
11. Donna Stegall and Remelyn La Penia
12. Florentino Ortiz and Zanaida Ortiz
13. Geoffrey Churchill and Samantha Mighdoll
14. Kathy Edenzon and Frankie Edenzon
15. Carol Kaufman and Mark Kaufman
16. Rick Gitomer and Merle Gitomer
17. Roger Bacon and Brett Carpenter
18. Ryan Tempone and Joanna Tempone
19. Michael Williams and Leisa Williams
20. Sheree Biafore and Kenneth Kretschman

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email [society@floridaweekly.com](mailto:society@floridaweekly.com).



REACHING PALM BEACH COUNTY'S MOST AFFLUENT READERS

# healthy living

FEBRUARY 2019

Florida Weekly's monthly guide to Looking,  
Feeling and Living Better

## Take heart

Palm Beach Gardens Medical  
Center offers more than  
30 years of cardiac care.

### PALM BEACH GARDENS MEDICAL CENTER

**A**t Palm Beach Gardens Medical Center, our commitment to cardiac care runs deep in our community. Ever since we performed the first open heart surgery in Palm Beach County and the Treasure Coast, we've been dedicated to creating new services and programs to offer innovative solutions to you.

From routine screenings and stress tests to interventional cardiology and minimally invasive surgery, our cardiovascular specialists work together to develop an individualized care plan for every single heart we encounter. So let us put our 35 years of experience to work for your heart today.

We were the first hospital in Palm Beach County and the Treasure Coast to perform open heart surgery, and we've remained one of the area's leading heart hospitals ever since.

- Nearly 18,000 open heart surgeries (1983-present)
- Nearly 300 TAVR's (2013-present)
- Over 100 Mitraclips (2014-present)
- Over 50 convergent procedures (2014-present)
- 50-plus Watchman procedures (2017-present)
- More than 100,000 cardiac catheterizations
- Consistent recognition by trusted organizations such as the American Heart Association

At Palm Beach Gardens Medical Center, our focus is on being able to help you, no matter the reason for your visit. In addition to the medical services we offer, we also have a comprehensive diagnostic specialty to be able to diagnose what might be troubling you quickly and precisely.

Rest assured, your heart is in experienced hands at Palm Beach Gardens Medical Center.

Palm Beach Gardens Medical Center is also an "A"-rated hospital from The Leapfrog Group's Fall 2018 Hospital Safety Grade. The designation recognizes Palm Beach Gardens Medical Center's efforts in protecting patients from harm and meeting the highest safety standards in the United States. We are the only hospital in Palm Beach County to get 3 consecutive A's for patient safety from the Leapfrog Group (Fall 2018, Spring 2018, Fall 2017)

The Leapfrog Group is a national organization committed to improving health care quality and safety for consumers and purchasers. The Safety Grade assigns an A, B, C, D or F grade to hospitals across the country based on their performance in preventing medical errors, infections and other harms among patients in their care.

For more information on what our hospital can do to help you or someone you love, go to our website at [www.pbgmc.com](http://www.pbgmc.com). ■





# Caregivers must learn to care for themselves



that Edna wasn't worth the expense. Martha agreed that I could manage without her." Gail blew up. "Martha had no right to encourage this without consulting me. She doesn't live in Florida. She's not the one who runs herself ragged!"

When Estelle attempted to defend Martha, Gail burst into tears. Estelle always took Martha's side, insisting that Martha's job was important, and that they shouldn't pressure her with day-to-day concerns.

But what about Gail's responsibilities? Gail hated to upset her mother or imply that Estelle was a burden. But it always felt like her sister not only didn't help, but had a condescending way of undermining her.

There are many South Floridians, like Gail in the fictionalized vignette above, who are placed in the "unelected" position of becoming the family member who lives closest to an aged relative, and who is therefore the one called upon to handle the problems that come up.

Let's be clear: The nearby relative may truly value the opportunity to support a loved one and may be genuinely on board to offer their love and assistance. But this person may find herself, on occasion, feeling self-pity or carrying resentment, believing their siblings are able to go blithely about their lives, never being inconvenienced by the emergencies that come up.

As we know, when extended family systems are overloaded by extreme circumstances, such as illness, financial upheavals or death, family members may find themselves regressing to previous, often disruptive, patterns of relating to one another. At these acute times negative feelings among family members



can assume to relieve the load, like placing orders for necessities online, or scheduling with the home-care agency.

This is a crucial time for caregivers to make sure they take ample steps of self-care to avoid "burnout" — sufficient rest, healthy diet and exercise and enjoyable downtime with close intimates.

There can be important steps to lessen the sting of the conflicts, and to forge stronger, more gratifying relationships. It is important for Gail to not let grievances fester without addressing them. Staying in an angry and unreachable place is actually a choice that one makes.

The way Gail communicates her frustrations is key. If she sticks to the facts and avoids a sarcastic, accusatory tone, she might be better able to reach her sister in a way that joins them together.

Understandably, there are some situations where the relationships are so fractured that the parties are just not able to get along. Ideally, finding a way to maintain civility would best diffuse an already volatile dynamic and ultimately best serve the needs of the elderly parent.

Adult children play a crucial role in helping aging parents. Even with the best of intentions, when people are burdened by stress and negative emotions, they are compromised in their ability to be helpful to their parents. It takes a purposeful effort on everyone's part to work collaboratively to provide the necessary care. ■

— Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. She can be reached in her Palm Beach Gardens office at 561-630-2827, online at [www.palmbeachfamilytherapy.com](http://www.palmbeachfamilytherapy.com).

"Gail!! I'm all out of Depends, and cannot make it through the night. Can you get them for me NOW?"

Gail was about to leave for her best friend's birthday dinner. Gail's 80-year-old, widowed mother, Estelle, lived 30 minutes away and counted on Gail to handle the lion's share of her needs.

Lately, Estelle's requests were becoming increasingly more demanding. Gail loved her mother dearly, and assisted her tirelessly — usually without complaint — even though she worked fulltime and had a lot on her plate. Gail's only sister, Martha, lives in Boston, and loves to say how she'd like to help more, but serving as partner in a prestigious law firm makes it simply impossible for her to pitch in.

Gail had finally insisted — despite Estelle's resistance — that Estelle agree to hiring a part-time aide for a few hours every afternoon to attend to Estelle's personal needs.

This was one of those times that Gail was grateful she'd insisted that her mother have Edna come each afternoon.

"Mom, just ask Edna to run out for the Depends and whatever else you need before she leaves tonight. I'm on my way to a party."

There was dead silence, before Estelle whispered: "I let Edna go. I told Martha

## Cancer care focused around you.

- Genetic and cancer screening.
- Experienced medical oncology team.
- The latest advances in cancer diagnosis and treatment.
- Access to clinical trials.

At Good Samaritan Cancer Institute, our experienced team is continuously working at the forefront of research and technology within the medical field to bring patients new and innovative research capabilities, treatment methods, and access to clinical trials. **Find hope in the Good Sam circle of care.**



PALM BEACH LAKES BLVD. AT FLAGLER DR.

To learn more about our oncology services or genetic testing, call 833.806.8773 or visit [goodsamaritanmc.com](http://goodsamaritanmc.com).



— knowledge — options — treatment —



# Sedentary lifestyle cancels out heart benefits of having a normal weight for adults, UF study finds

UF HEALTHTWEET

**S**tarting to slip with your New Year's resolution to exercise more?

A new University of Florida study may provide some motivation.

Researchers have found that low levels of physical activity can put healthy weight adults at the same risk for cardiovascular disease as adults who are overweight.

"Our study demonstrates that a sedentary lifestyle counters the benefit of being at a normal weight when it comes to heart disease risk," said lead investigator Arch G. Mainous III, Ph.D., chair of the department of health services research, management and policy in the UF College of Public Health and Health Professions, part of UF Health. "Achieving a body mass index, or BMI, in the normal range shouldn't give people a false sense of confidence they're in good health. If you're not exercising, you're not doing enough."

The study found that 30 percent of U.S. adults at a normal weight are at increased risk of heart attack or stroke. These adults had higher levels of belly fat, shortness of breath upon exertion, unhealthy waist circumference or less than recommended levels of physical activity, the UF researchers say.

"We have traditionally thought that people with a normal BMI are healthy and at low risk for heart disease, but increasingly we are finding that how much you weigh is not necessarily a measure of good health," said Mr. Main-



ous, the Florida Blue endowed chair of health administration. "Sedentary lifestyle markers may play a better role in predicting cardiovascular disease risk."

For the study, the investigators analyzed data from the National Health and Nutrition Examination Survey, a nationally representative study that collects data from a combination of interviews, physical examinations and laboratory tests. The study focused on participants ages 40 to 79 who did not have a previous diagnosis of coronary heart disease,

stroke or heart attack.

Researchers examined participants' sagittal abdominal diameter, which is a measure of fat in the gut region, and waist circumference as well as self-reports on the amount of moderate to vigorous physical activity, the amount of time spent sitting and whether they experienced shortness of breath either when hurrying or walking up a slight hill.

In addition, researchers calculated the American College of Cardiology

and the American Heart Association, or ASCVD risk score, of participants. The ASCVD risk score uses weighted variables, including age, sex, race/ethnicity, smoking status, diabetes status, cholesterol, blood pressure and blood pressure medication status, to calculate individuals' risk of having a heart attack or stroke within the next 10 years. A score of 7.5 percent or higher is considered high risk.

The investigators found the rate of high ASCVD risk score among people who are overweight was similar to the rate among people who had a normal BMI, but had indicators of a sedentary lifestyle.

For those looking to increase their activity level, Mr. Mainous suggests reviewing the Centers for Disease Control and Prevention's physical activity guidelines, which recommend at least 150 minutes of moderate intensity exercise a week for adults. Exercise should include a combination of aerobic activity and strength training.

In addition to Mr. Mainous, the study team included Rebecca Tanner, M.A., a research coordinator, and Ara Jo, Ph.D., a clinical assistant professor, both from the UF department of health services research, management and policy; Kiarash P. Rahmani, M.P.H., of the College of Medicine at the University of North Carolina, Chapel Hill; and Peter J. Carek, M.D., M.S., a professor and chair of the department of community health and family medicine at the UF College of Medicine. ■

## PERRY FAMILY HEALTH

PROUD TO BRING OUR SERVICES TO THE PALM BEACH GARDENS AREA



- CHRONIC ISSUES • PAIN MANAGEMENT
- COLD & FLU PREVENTION
- WEIGHT LOSS**
- FERTILITY & MALE ED
- DIGESTIVE HEALTH
- ACUPUNCTURE & ORIENTAL MEDICINE
- SMOKING CESSATION**
- CHINESE MEDICINE ACUPUNCTURE

*"Where Life Becomes Healthy Living"*

**CALL TODAY**  
FOR COMPLIMENTARY CONSULT.

TREATMENT OF ANXIETY, DEPRESSION  
AND MENTAL HEALTH AVAILABLE.

12300 ALT A1A, SUITE #115  
PALM BEACH GARDENS, FL  
NEXT TO GARDENS MALL • WE ACCEPT INSURANCE

**561.660.8511**  
DRLIZPERRY@GMAIL.COM  
WWW.PERRYFAMILYHEALTH.COM

## Good Samaritan Medical Center appoints new chief nursing officer

**G**ood Samaritan Medical Center has named Joseph Lopez-Cepero, MBA, BSN, RN, as chief nursing officer.

In his new role, Mr. Lopez-Cepero will assume the operational responsibility of nursing care at Good Samaritan Medical Center. With over 20 years of nursing experience, and as a member of the administrative team, he will play a key role in facilitating and directing nursing leadership and quality of nursing patient care.



LOPEZ-CEPERO

"Joseph earned this opportunity based on his excellent track record of achieving stellar results throughout his nursing career," said Tara McCoy, chief executive officer. "We look forward to his leadership and positive influence on the hospital's nursing staff and patient care."

Mr. Lopez-Cepero comes to Good Samaritan after serving in the same posi-

tion at Tenet hospital San Ramon Regional Medical Center in San Ramon, California. While there, Mr. Lopez-Cepero was responsible for all nursing operations including patient care, quality, patient satisfaction, staffing, productivity, budgeting and clinical documentation improvement with oversight of 350 hospital staff members.

Mr. Lopez-Cepero earned his Associate of Science in Nursing from Pasco-Hernando College in New Port Richey, Florida. He then went on to get his Bachelor of Science in Nursing from Western Governors University in Salt Lake City, Utah, and also received his MBA in Healthcare Management from Western Governors University.

Good Samaritan Medical Center is a 333-bed acute care hospital providing sophisticated, personalized medical care to Palm Beach County and the Treasure Coast for over 95 years.

To learn more about Good Samaritan Medical Center, or for a complimentary physician referral, visit [www.goodsamaritanmc.com](http://www.goodsamaritanmc.com) or call 561-650-6023. ■

## Explore how to improve your life at wellness fair

**K**ee everyone you love happy and healthy at the City of Palm Beach Gardens Health & Wellness Fair Feb. 23.

From 9 a.m.-3 p.m. at Burns Road Community Center, 4404 Burns Road, celebrate National Heart Awareness Month with more than 60 vendors. This event has nutrition and weight loss tips, home health care services, wellness retreats, counseling services, ways to improve your envi-

ronment, and health screenings including cholesterol, blood pressure, cardiovascular, spine and veins. Bring your workout wear to try miniclasses in yoga, boot camp, Zumba, Bolly Fitness, pickleball, rhythmic gymnastics and stroller power.

Food vendors will be onsite with refreshments for purchase. Admission is free. For more information, go to [www.pbrec.com](http://www.pbrec.com), call 561-630-1100 or email [recinfo@pbgfl.com](mailto:recinfo@pbgfl.com). ■



# Treating fertility, menopause, male ED, hormonal issues with Chinese medicine

**liz PERRY**

Doctor of Oriental Medicine,  
Perry Family Health



**T**rying to get pregnant? Is it just not happening quickly enough? Are you menopausal pre or post? Do you suffer from night sweats, irritability, or brain fog? Do you still have a desire to be intimate with your partner, but have trouble performing? Perry Family Health is now accepting new patients and effectively helping folks with these issues. Start your Valentine's Day off right, call 1-561-660-8511.

### How does Chinese medicine work?

- Acupuncture alone can often resolve many hormonal issues within the human body. It is extremely effective in fertility, helping couples to conceive. It effectively helps both men and woman achieve success in child bearing by regulating the woman's menstrual cycle, warming the womb and boosting the male testosterone levels.
- Herbal therapy is important in traditional Chinese medicine. Like acupuncture, herbs can address unhealthy body patterns that manifest in a variety of symptoms such as menopausal symptoms, fertility, male ED along with many other internal diseases.

■ Chinese medicine is considered a safe medical practice, often achieving great results, without side effects. Call 1-561-660-8511.

The National Institutes of Health found multiphasic fertility acupuncture positively influenced the women who received it compared to the women who used lifestyle modification alone. Those who conceived did so in half the time of their lifestyle only peers. NIH also shows TCM treatment for menopause is

equal to hormone replacement without side effects. Further, NIH portrays evidence of proven results for male ED.

By incorporating Chinese medicine, people are improving their well-being. Insurance companies are realizing it will cut overall healthcare costs that other more expensive modalities don't always treat effectively.

"I have irregular periods and have always suffered from terrible menstrual

cramps and clotting. I so wanted to have a family but after a year of trying we had no success. After just 9 visits, my period was not only regulated, I became pregnant! I continued to get treatments throughout my pregnancy to better my chances of successful child birth. I can't thank Perry Family Health enough!"

— 43-year-old female

"I'm a 55-year-old female in menopause. I had hot flashes, vaginal dryness, low back pain, knee pain and night sweats that were really bothering me along with the inability to sleep through the night. All I can tell you is that my hot flashes and night sweats are gone, my low back pain is gone, and my sleep is much better. I feel a much greater sense of well-being overall. I go weekly just to maintain feeling this way. Thank you, Dr. Perry!"

— 55-year-old female

"Dr. Perry treated me for my male ED with both acupuncture and herbs. I was able to enjoy intimacy with my wife that night! It took several months of treatments to achieve a continuous confidence and comfort level, but it worked! I thank you Perry Family Health!"

— 61-year-old male

Do you have something bothering you? Take a call of action today! Call to make your appointment at 561-660-8511. ■

## A Community Built on Heart.



From pioneering Palm Beach County's very first open-heart surgery program to bringing some of the latest cardiac treatment options to our community, Palm Beach Gardens Medical Center continues our mission to be the hospital you trust with all of your heart.

Call 877.346.1842 or visit [pbgmc.com/events](http://pbgmc.com/events) to sign up for a FREE heart screening.



Palm Beach Gardens  
Medical Center

3360 Burns Road | Palm Beach Gardens







# Think

LIKE A



# CFO

Small business owners might find more success by running their enterprises with the mindset of a chief financial officer

#### SPECIAL TO FLORIDA WEEKLY

**S**OME BUSINESSES STAY ON TRACK while others run off the rails. Often the fate of the business hinges on the main person running it — the owner — especially in the small business arena.

A small business typically has a slimmer margin for error, giving the owner a wide area of responsibilities. But sometimes the owner doesn't embrace all of those, and that failure to grasp other roles — and one in particular — can lead to a company's demise.

"Many people have businesses that run them," says Al Zdenek, the author of the book "Master Your Cash Flow: The Key To Grow And Retain Wealth" and of the

upcoming book "Master Your Cash Flow: The Key To Grow A Valuable Business." "They work FOR the business and not ON the business and lack basic finance literacy and comprehension. In other words, they are basically an employee with their name on the door. But you must approach your business with the mindset of a chief financial officer. A small business may not be able to afford a CFO, but someone has to take on that role and use those skills that many owners do not possess."

According to the Small Business Administration, only about half of all start-ups survive at least five years, and only 30 percent last 10 years. Experts attribute many failures to poor management in areas such as finance, purchasing, produc-

SEE CFO, A24 ►



# SOCIETY

## United Way networking, Manatee Lagoon



Donna Quinlan,  
Earnie Ellison and  
Njeri Kinyanjui



1. Marguerite Compiani, Jonelle Feeny, Barbara Mitrione and Mike Mitrione
2. Don Kiselewski, Alex Price, Ruth Mageria, Laurie George, Kim Jones and Mike Bauer
3. Lorenzo Borghese, Trey Jaggars, Steve Nudleburg and Mike Bauer
4. Britnye Kurty, Stephanie Glavin, Anne O'Neil and Megan Sparks
5. Alex Price and Lexi Savage
6. Cecilia Hudnet, John Kime and Julie Kime
7. Fabiana Desrosier, Seth Bernstein, Meredith Cruz and Laurie George
8. Dave DeMay, Mary Kay Willson and Todd Willson
9. Richard Gaff and Danni Gaff
10. Robin King and Jayce Latera

ANDY SPILOS / FLORIDA WEEKLY



# BEETLE

From page 1

The original Beetle left America in 1979. In the decades since WWII, it had really brought imported cars into the American mainstream. But Volkswagen was a very different company only 15 years later. While VW sedans such as the Passat and Jetta are firmly in the mainstream now, in 1994 they were undersized and overpriced. Sales were low because the company was selling European-sized cars at semipremium prices. Volkswagen was contemplating leaving the U.S. market entirely.

Then the Concept One debuted. Compact and rounded — and strongly reminiscent of the Beetle — VW saw that it made an instant emotional connection with the public and reignited a passion for the brand.

The concept car debuted in 1994, but production of the New Beetle didn't start until late 1997. Retro-style cars are more commonplace today, seen in everything from the Ford Mustang to the Fiat 500. But Volkswagen was breaking new territory in the '90s. It took time to engineer a modern front-engine, front-wheel-drive car to look like a rear-engine, rear-wheel-drive classic. Plus, the company was concerned whether nostalgia would equal sales.

VW soon discovered that Americans would happily line up for a car that looked like an old friend. Even after every flower child got a retro machine, sales were healthy because Volkswagen was offering a compact car with personality.

The Beetle's encore was almost exclusively a North American phenomenon. The car has been sold in other parts of the world, but places like Europe championed its predecessor, the Golf.

The New Beetle was neither the most affordable nor the most efficient economy car on the U.S. market, but VW delivered an obtainable piece of rolling emotion. Even the convertible version made sure to have the roof fold onto the rear end, just like the original.

Soon the Jetta and Passat were sporting more rounded lines to be a bit more Beetle-like. The little car became a gateway to help its larger sedan siblings grow in popularity and eventually stand on their own.

Today's Passat is built in Tennessee and sold primarily in North America; a version sold in Europe has less space.

It's an impressive feat for Volkswagen to go from nearly dead in the U.S. to being popular enough to build exclusive cars on U.S. soil — all in the span of 25 years.

This year's Beetle is the end of the run. Some Final Edition specials are available, but they involve mostly packaging and two paint colors. This one doesn't look significantly different than the redesigned 2012 model. In fact, the whole style is simi-



COURTESY PHOTO

The Volkswagen Beetle is ceasing production.

lar to the one that debuted in 1997.

Inside is a comfortable and modern car. Many of the components look like they were borrowed from across the VW line — which was the real secret to the Beetle: It was easy enough for Volkswagen to make, because it borrowed heavily from the Golf and Jetta. But those cars have recently moved to a new platform, and so it's time for the Beetle to end.

The Beetle has never strayed from being a good and solid little car, even when it was out to tug at your nostalgic heartstrings. Now that North America is a little more in tune with crossovers than hatchbacks, the bug is getting squashed. But before it's gone forever, it's good to acknowledge that the modern Beetle was far more than just a cutie. ■



# CFO

From page 22

tion and hiring. Paying heed to these departments as the de facto CFO can pay off for the small business owner in the long run.

Mr. Zdenek gives four reasons why an owner with a true CFO mindset can succeed:

■ **Finding more money.** This doesn't happen by looking under a mattress, but in a variety of ways through a smarter operation of the business. Reducing expenses, being creative, and landing more favorable deals can make a big difference in your daily cash flow.

"You need to find cash flow from the every-day decisions you make," Mr.

Zdenek says. "Some examples include negotiating better deals with vendors, or even switching vendors, weighing the pluses of renting or buying office space, negotiating a lower rent, incorporating new products into your business, and raising the prices of your goods or services."

■ **Setting clear targets on profitability.** A successful business requires that clear, specific goals are in place. Additionally, goal-setting means having a series of steps to make those goals a reality. "It's especially important to include expense control goals as well as revenue goals; when you're trying to increase revenue from the previous year, your expenses might go up," Mr. Zdenek says.

■ **Keeping business systems in sync.** Reaching profitability goals requires a regular monitoring of each part of your business. "As you hire people, update your marketing and sales

approaches, track inventory, it's all tied back to you and keeping on top of every aspect of your company," Mr. Zdenek says. "From there, you should build a championship team of experts inside your organization and also work with a championship team on the outside. But it starts with you as CFO."

■ **Tracking your results.** Keeping track of your business' progress or regression is crucial in terms of organizing and managing your business. "It gives you accuracy and clarity, allowing you to know when and how to adjust your practices and goals, where you need improvement," Mr. Zdenek says. Effective ways of tracking include a visual, such as a calendar or wall chart. Surveying customers for their input is important.

"Most business owners are running their business with a mentality that if there is enough money in the bank, the

business will stay afloat," Mr. Zdenek says. "But there's so much more to it if you want to be around at the end of five or 10 years." ■

— Al Zdenek is the president, CEO and founder of Traust Sollus Wealth Management, a boutique wealth management firm dedicated to empowering people to transform their lives and live the life they wish now and in the future. His books are "Master Your Cash Flow: The Key To Grow And Retain Wealth," and his upcoming book, "Master Your Cash Flow: The Key To Grow A Valuable Business." For more information, see [www.alzdenek.com](http://www.alzdenek.com).



ZDENEK



## EARL ON CARS

### Earl's suggested word track for no-haggle, no-hassle car buying

earlSTEWART

earls@estoyota.com  
561-358-1474



You can use this word track to buy a car online, via regular mail, over the telephone, or in person. I strongly recommend that you use online, but I know that some car buyers, seniors like me, are not as comfortable with buying over the Internet. Using this word track in person can work, but it will be much more difficult and take a lot longer. Only a person with very strong will, stamina, and a very thick skin should attempt face-to-face negotiation. I strongly recommend that you don't.

1. Dear Car Salesman, "Within the next two weeks (enter your own time frame), I will be purchasing (leasing) a (fill in the specific make, year, model and optional accessories)." (You should carefully research the vehicle that you decide to purchase using all sources of information available such as Consumer Reports. You should also test drive the car to be sure it feels and drives the way you want it to. It is vital that you not change your mind during the purchasing process. If you do change your mind, you must begin all over again. Never let a car salesman change your mind for you. That is one of their favorite ways to charge you more money than you had anticipated paying.)

2. "Please quote me your lowest price on (your specific car). This price must be an out-the-door price with only state sales tax and the license tag fees paid to



the state. To be sure there is no confusion, please understand that the only dollar amounts that I will pay in addition to the price you quoted are taxes and fees paid to the government. I will not pay dealer fees by any name such as electronic filing fees and tag agency fees."

3. "I understand that my request may not be one you wish to comply with because you are concerned that I will shop and compare your price with other car dealers. Your concerns are valid because this is exactly what I will do. You may be asking yourself, 'why should I do this if I know that my lowest price may not be low enough and that I will show it to your competitor to get an even lower price?' My answer is quite simple; you may have only a small chance of winning my business if you do give me your lowest price, but you will have ZERO chance of winning my

business if you do not, because you will never hear from me again."

4. "I will sell my trade-in to the highest bidder, just as I will buy my new car from the lowest bidder. I will also finance my car at the lowest interest bid by a bank or credit union. If you can meet or beat other dealers and banks, I will trade my car in to you and/or finance with you."

5. "If you quote me your lowest out-the-door price and I come to your dealership to purchase my car, please don't even think about: (A) Telling me that the car I specified was sold and that you would like to show me other cars just like it. (B) Telling me that the car I specified has some accessories/options that you installed like nitrogen in the tires, glass etch, pin stripes, floor mats, paint sealant, etc. (C) Telling me that you priced in rebates and incen-

tives that I don't qualify for like college graduate, military, customer loyalty, customer conquest, etc. (D) The price you quoted me is only valid if I finance my car through you. If you do any of these things, I will not only not buy from you, but I will report you to the Florida Department of Motor Vehicles, BBB, the County Office of Consumer Affairs, Florida Attorney General, and your manufacturer."

6. "If everything goes well with no shenanigans, I will write a letter of commendation to your owner and manufacturer. I will also tell all my friends, neighbors, relatives, work associates, and club members about my wonderful experience with you and your dealership. I will also post recommendations on Google, Yelp, Instagram, Facebook and Twitter."

7. "The choice is yours and I hope that you see the benefits of selling me a car at the lowest price you can afford to give me. I also hope you can see the dangers of giving me a dishonest price so that you can get me into your dealership and try to charge me more than we agreed."

8. "I wish you the best of luck and I sincerely hope we can do business and have a long car buying and servicing relationship."

If you apply this word track and do not vary from it or weaken to the car salesman's objections, you will buy your next new or used car for a very low price and without the haggle, hassle and resulting anxiety and anger that you've experienced in the past. Good luck. ■

## MONEY & INVESTING

### How to get a real sense of wage growth

ericBRETAN

estaterick@gmail.com



How do you define a "strong" economy? For most people, the key driver of a strong economy is the growth of their take-home-pay. This is especially true as a large percentage of the American population lives paycheck to paycheck, investing nothing in real estate or the stock market.

So it was welcome news last week when the labor department announced that real hourly earnings are at close to the best levels since the great recession.

To understand why real wages are rising, it is helpful to break this statistic down into its two component parts: nominal wages and inflation.

Nominal wage growth is how much paychecks are actually rising. For January, the government reported average hourly wages increased by 3.2 percent on an annualized basis. This healthy gain is driven by the high demand for workers across almost all sectors of the economy. Employers from Walmart to tech companies are being forced to pay higher wages in order to attract qualified workers.

But to get a true sense of real wages, it is important to subtract inflation from nominal wages. If your paycheck increased by 5 percent yet the price of everything you buy increased overnight by 10 percent, your real buying power



would actually decline. Fortunately for American workers, inflation has been relatively subdued in recent years. In the most recent reading, prices increased by a mere 1.5 percent year over year. Wage increases were more than double the rate of inflation, resulting in greater purchasing power for most workers.

The question for economists now is whether nominal wages can continue to rise without a resulting rise in inflation. For the time being, and for a couple of reasons, most analysts believe this can happen.

First, new technologies and a more educated workforce have led to worker

productivity gains. And because employees are producing more, employers can pay them more without having to raise prices.

Second, more people are re-entering the workforce because of these higher wages. These people who left the workforce during the great recession are taking away some of the wage pressures that could have resulted in even higher wages and then higher inflation.

Some economists, however, caution that real wage growth for many individuals across the U.S. is much smaller than these figures suggest. They point out that nominal wage growth is an average

number, not a median. This means that income growth in a few higher pay sectors results in a higher average number even if more lower wage workers in other areas are not experiencing greater take-home-pay. In addition, the economists point to areas of the country, such as cities, where housing costs make up a large portion of overall expenses and these costs are rising rapidly. Similarly, health-care costs are also increasing very quickly, and those with health issues will feel the brunt of these expenses more than an average person. The same goes for families with children in private school or colleges where inflation is higher than average. For all of these people whose personal level of inflation will be higher, real wage growth will be less.

Going forward, you can bet the Federal Reserve will be paying attention to both wages and inflation as it sets its policy decisions. I hope the economy and personal incomes can continue to grow at a steady pace while prices are kept in check. But with corporate earning growth starting to decelerate, many executives will be under pressure to increase prices to boost net income numbers, which could lead to higher overall prices and further Fed-driven interest rate increases. ■

— Eric Bretan, the co-owner of Rick's Estate & Jewelry Buyers in Punta Gorda, was a senior derivatives marketer and investment banker for more than 15 years at several global banks.



# REAL ESTATE



COURTESY PHOTOS

## Fabulous in Frenchman's Reserve

**SPECIAL TO FLORIDA WEEKLY**

This is an absolutely stunning home in the very desirable Frenchman's Reserve.

This home is loaded with upgrades, including marble flooring throughout the main living areas, teak floors in the master bedroom, upstairs area and office/den.

As soon as you enter you will notice the vaulted cathedral ceilings and custom trey ceilings throughout the home. The kitchen features quartz countertops, custom white cabinets and high-end appliances. The backyard area features a private oasis-type feel with the recently renovated saltwater pool, renovated pool deck and equipment. The property is nestled on a corner lot, giving the home very unique privacy, with gorgeous views overlooking the 16th fairway.

The master bedroom is downstairs, including two separate master bathrooms as well as your own personal sitting room in the master bedroom.

Upstairs includes three bedrooms and two baths, as well as an entertaining loft space.

It's a great home for entertaining and has a very desirable floorplan.

Beautiful drapes and window treatments are throughout the home.

It has very close proximity to the recently renovated clubhouse featuring golf, dining, tennis, spa, gym, clubhouse pool, and so much more! Call Jeff to schedule your private showing today.

Lang Realty has this stunning gem offered at \$1,385,000. The agent is Jeff Molner, 201-919-7969, jmolner45@gmail.com. ■



TrustcoBank.com | 800-670-3110



Home Town *in every way*

Checking that feels just like home.

Home Town Free Checking puts your financial goals first.

Member FDIC

## Best View on Singer Island!

5420 N. Ocean Drive #1704 • Singer Island • \$499,500

Call now to learn more about this incredibly valued 2/2 luxury condo. The moment you walk through the door, see the most breathtaking views. Sunrise and sunsets are spectacular!

Call **Jim Boucher, CPM**  
561-310-7842





Where curb appeal  
meets global appeal.

sothebys homes.com/palmbeach



50-Acre Ranch Colony Estate | \$17,750,000  
[JUPITEREQUESTRIANESTATE.COM](http://JUPITEREQUESTRIANESTATE.COM)  
 Todd Peter 561.281.0031

Palm Beach Brokerage  
 340 Royal Poinciana Way | Palm Beach, Florida 33480 | 561.659.3555

Operated by Sotheby's International Realty, Inc.

**Sotheby's**  
 INTERNATIONAL REALTY

**BUYERS!**  
 DO NOT MISS OUT  
 ON OUR COMING  
 SOON PROPERTIES!

Email [dawnmalloy@gmail.com](mailto:dawnmalloy@gmail.com)  
 your contact information  
 and request to be sent our  
 Coming Soon properties.

**OPEN HOUSE SUNDAY FEBRUARY 24TH • 1-3PM**  
**219 EVERGRENE PARKWAY, PALM BEACH GARDENS**



*Fabulous rarely available lakefront townhouse with 1st floor master bedroom and too many upgrades to list! This beautiful home is located within walking distance to the resort style amenities of Evergrene inclusive of clubhouse, cardio center, weight room, yoga room, ballroom, pickleball courts, basketball courts, putting green, children's splash zone, expansive pool and tiki complete with steel drums on the weekends. Live like you are always on vacation!*

*1st showings Sunday,  
 2/24 from 1-3pm.*

***You do not want to miss this one!***



**MAGNIFICENT MADISON!**  
*Original owners, meticulously maintained spacious open floor plan, 4 bedrooms, den, loft, 4 full baths, chef's kitchen with gas, bamboo wood floors, private pool/spa with rare views of lake and preserves. Brand new pool/spa heater, AC units 3 years young, exterior of home freshly painted and so much more. You do not want to miss this one! Offered at \$680,000*



**IBIS-6830 SPARROW HAWK DR., WEST PALM BEACH**  
*This fabulous home features master suite on the first floor plus den, 3 bedrooms with en-suite bathrooms and loft area upstairs, chef's kitchen with gas cooktop, private pool and spa and so much more! Everything you need is within the sought after community of Ibis! Offered at \$699,777*



**MALLOY REALTY GROUP**

[WWW.MALLOYREALTYGROUP.COM](http://WWW.MALLOYREALTYGROUP.COM)

DAN & DAWN MALLOY

**When you want a SOLD sign CALL 561-876-8135**

Malloy Realty Group at Premier Brokers International 9123 N. Military Trail Suite 104, Palm Beach Gardens Florida 33410



ADVERTORIAL

## Naples' newest life plan community designed for next generation of residents



There's exciting news coming from Moorings Park Grande Lake, Naples' new Life Plan (CCRC) Community being developed by Moorings Park, the premier provider of active retirement living in Southwest Florida, in partnership with esteemed luxury custom homebuilder and developer London Bay Homes.

The news includes the start of construction on the three buildings in Phase 1, and the release of sales in Phase 2.

"The launching of our sales effort for our second phase is another exciting chapter in the evolution of this new Life Plan community," stated Dan Lavender, CEO of Moorings Park Institute, Inc.

Currently, Phase II consists of two residential mid-rise towers, with a combined total of 23 residences.

Building F, with 12 residences, is located adjacent to the community's spectacular clubhouse and overlooks a large lake with the golf course beyond.

Building J, with 11 residences including one penthouse, is located to the west of the clubhouse and also offers views of the lake and golf course. One of the community's boardwalks, which extends out into the lake, is located just outside the building.

Except for the penthouse, which is a Laguna floor plan, all other residences in both buildings of Phase II are the spacious and open Brook floor plan.

The three-bedroom plus study/three-and-a-half-bath home has 3,230 square feet of living area and 3,905 total square feet including a 675-square-foot lanai, which is accessible from the great room and kitchen area, as well as the incredible master retreat.

The open kitchens feature an island counter with sink and seating, granite countertops, and GE stainless steel appliance package.

The master bath features his and hers sinks on opposite ends of an expansive granite countertop, a recessed shower for easy entry, and a private water closet.

There are still a few opportunities to purchase in Phase I, which has 47 residences.

Those who do purchase in the first phase will receive a social member-



**Top: Moorings Park Grande Lake consists of luxurious mid-rise residences, including spacious penthouses. Middle: The buildings at Moorings Park Grande Lake feature a coastal-inspired architectural design. Above Left: Gorgeous golf course and lake views are available from every residence. Above Right: The Moorings Park Grande Lake clubhouse lobby is warm and inviting.**

ship to Naples Grande Golf Club, which is located within walking distance of Moorings Park Grande Lake. The membership takes effect the moment residents take occupancy of their home and until such time as the Moorings Park Grande Lake Clubhouse is completed.

The membership includes golfing privileges on the Naples Grande Golf Club's 18-hole championship golf course, and dining options in Naples Grande's elegant clubhouse.

In addition, residents have access to Naples Grande Beach Resort and its Hart-Tru tennis courts, fitness center and spa, resort-style pool and beach, and preferred pricing on hotel rooms and dining.

Situated on 55 acres in the heart of Naples, Moorings Park Grande Lake will combine one-of-a-kind vistas of magnifi-

cent lakes and championship golf with luxury homes and exceptional healthcare. Entrance fees start at \$1.5 million and are 70 percent refundable. Assisted Living, Memory Care and Physician Services are included.

Moorings Park Grande Lake is a pet-friendly campus and has been designed to take advantage of the views of a 28-acre lake and the picturesque golf course beyond.

The physical environment presents an innovative and resort-style blueprint that provides for seamless physical and visual experiences. It also maximizes the beauty and appeal of waterfront living combined with high-end materials and services.

Consistent with other Moorings Park campuses, Moorings Park Grande Lake will include common areas that pro-

mote social interaction, which will allow and encourage residents to choose from indoor and outdoor activities year-round.

A few of the planned outdoor activities or amenities include a yoga pavilion, walking paths, lakeside parkettes with boardwalks, gardens, fire pits and overlooks, several bird-watching posts, and bocce and pickleball courts.

The areas for social gatherings were designed so the family members and friends of our residents could join in the various activities, which could include events such as outdoor concerts.

The clubhouse, as planned, will feature casual and fine dining venues, a private dining room, long curved bar, art studio, state-of-the-art fitness center, strength and cardio area, salon and spa, golf simulator, and a resort-style pool with poolside cabanas.

Also located in the clubhouse will be The Center for Healthy Living. The center is home to rehabilitation services, as well as the Care 360 concierge healthcare program, which was developed in partnership with NCH Healthcare System.

The Care 360 program offers a higher level of personalized primary care. Services are available to residents of Moorings Park with no additional fees, other than typical co-pays.

The Care 360 concierge physicians are accessible by appointment, plus 24/7 access via phone, text or email.

"Moorings Park Grande Lake is going to be a spectacular community that offers Simply the Best® qualities, amenities and healthcare services," stated Lavender. "We hope our friends from the east coast, looking for an incredible Life Plan community on the west coast, will visit our sales gallery in the near future."

The Moorings Park Grande Lake Sales Gallery is located at 7330 Premier Drive in Naples. Premier Drive is located on the south side of Golden Gate Parkway, between Airport-Pulling and Livingston roads, inside the entrance to Naples Grande Golf Club.

It is open Monday thru Friday from 8:30 a.m. to 5:00 p.m., Saturday, 10:00 a.m. to 4:00 p.m., and Sundays, 1:00 p.m. to 4:00 p.m. Information is available at MooringsParkGL.org, or by calling (239) 919-1620. ■



# At Moorings Park Grande Lake the *Excitement* is building.



Phase 1 Now Under Construction. Phase 2 Sales Launched.



The excitement is building throughout Naples as construction of Moorings Park Grande Lake begins. As we launch the sales of Phase 2, we invite you to learn about this new collection of Life Plan (CCRC) residences by Moorings Park and London Bay Homes. Discover *Simply the Best*® features and benefits of this new community including:

- Membership to Naples Grande\*
- Assisted Living, Memory Care & Physicians Services included
- Luxurious lakefront residences
- Boardwalk & yoga pavilion
- Clubhouse with resort-style pool & spa



**Entrance Fees from \$1.5 million and 70% refundable**

For information on this new community, please call 239-919-1620  
7330 Premier Drive, Naples, Florida 34105 | MooringsParkGL.org  
Visit our Sales Gallery Monday - Friday: 8:30 am - 5:00 pm

DEVELOPED BY



Moorings Park® is a nationally accredited, non-profit, Medicare-certified community and one of the only Life Plan communities with A or A+ ratings by Fitch and S&P. All dimensions are approximate. Actual gross square footage may vary. All images are conceptual renderings and developer reserves the right to make modifications, including amenities, without prior notice.

\*See your sales associate for Naples Grande Membership details.





# WALKER REAL ESTATE GROUP

561.889.6734

SINGER ISLAND • PALM BEACH GARDENS • JUPITER • NORTH PALM BEACH • JUNO BEACH

REPRESENTING THE PALM BEACHES FINEST PROPERTIES



**Ritz Carlton Residence 2601A**  
3BR+DEN/3.5BA - \$3,375,000



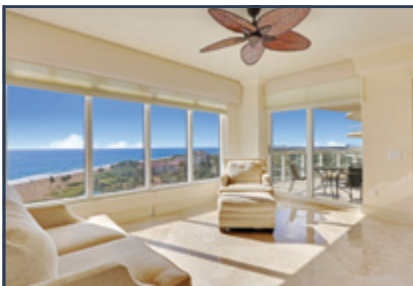
**Ritz Carlton Residence 2101A**  
3BR+DEN/3.5BA - \$3,150,000



**Ritz Carlton Residence 1904A**  
3BR+DEN/3.5BA - \$2,999,000



**Oasis Singer Island 19A**  
3BR+DEN/3.5BA - \$2,399,000



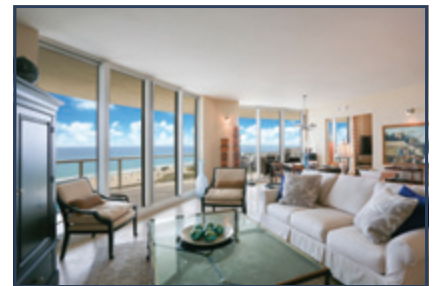
**Ritz Carlton Residence 1502B**  
3BR/3.5BA - \$1,999,000



**The Resort/Marriott 1650**  
3BR/3.5BA - \$1,650,000



**Ritz Carlton Residence 705B**  
2BR+DEN/2.5BA - \$1,575,000



**Ritz Carlton Residence 1204B**  
2BR+DEN/2.5BA - \$1,495,000



**Ritz Carlton Residence 2104B**  
2BR+DEN/2.5BA - \$1,450,000



**Water Club 1703-S**  
2BR+DEN/2.5BA - \$1,375,000



**Ritz Carlton Residence 204B**  
2BR+DEN/2.5BA - \$1,375,000



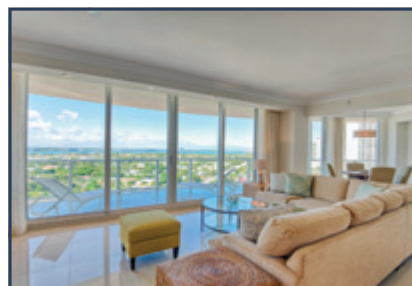
**Ritz Carlton Residence 2206B**  
2BR+DEN/2.5BA - \$1,225,000



**Ritz Carlton Residence 1806B**  
2BR+DEN/2.5BA - \$1,225,000



**Ritz Carlton Residence 1206B**  
2BR+DEN/2.5BA - \$1,150,000



**Ritz Carlton Residence 1106B**  
2BR+DEN/2.5BA - \$1,149,000



**Ritz Carlton Residence 205B**  
2BR+DEN/2.5BA - \$1,125,000



**Martinique ET1903**  
2BR+STUDY/2.5BA - \$1,095,000



**Martinique WT2404**  
2BR/3.5BA - \$815,000



**Martinique ET401**  
2BR/2.5BA - \$779,000



**Martinique WT804**  
2BR/3.5BA - \$625,000



[Info@WalkerRealEstateGroup.com](mailto:Info@WalkerRealEstateGroup.com)

Sign up today for the Singer Island Market Update at [www.WalkerRealEstateGroup.com](http://www.WalkerRealEstateGroup.com)





## ARTS &amp; ENTERTAINMENT

WEEK OF FEBRUARY 21-27, 2019

WWW.FLORIDAWEEKLY.COM

| SECTION B

And  
the  
winner  
will be ...



Predictions for the  
the 91st Acad-  
emy Awards to  
be broadcast at 8  
p.m. Feb. 24  
on ABC

BY DAN HUDAK

Florida Weekly Film Critic

**T**he 2019 Oscars will showcase an industry in transition and turmoil. As the Academy's desire for inclusivity broadens to include more minorities and international members, the show's producers are promising fan-friendly changes that they hope will raise viewership num-

SEE OSCARS, B8 ►

## Artist offers 'Evolving Perspectives'

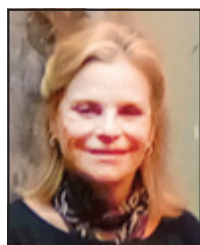
BY AMY WOODS

awoods@floridaweekly.com

A walk through her house is like a walk through her mind. The walls of the 2,850-square-foot home in PGA National serve as the grandest of galleries for a prolificacy of paintings imagined over the years.

As she looks lovingly at each piece, she is able to explain every brush stroke — whether dipped in acrylic, ink or oil.

"I'm an artist, but I don't paint pretty pieces," Lynne Solomon said. "I'm defi-



SOLOMON

nitely not into that."

Instead, the abstract expressionist attacks the canvas. Applying drips and drops, smears and smudges and surreal swaths that tell a tale — rarely does any white remain on a completed product.

"Everybody sees something different," Ms. Solomon says. "You don't go

by that and say, "That's a pretty flower,

or that's a pretty bouquet."

With titles such as "Branching Out," "Crossover and Entwined," as well as "Everything Comes from Something" and "Out of This World," her work reveals responses to emotional encounters.

"I have always just let myself go," Ms. Solomon said. "I'm old, but I'm not painting like an old woman."

The 71-year-old earned a master's degree in education from Arcadia Uni-

versity in Arcadia, Fla.

Whether your taste in music is fid-

SEE SOLOMON, B10 ►

## HAPPENINGS



COURTESY PHOTO

Kip Moore is one of the headliners of the WIRK Rib Roundup Music Festival, set for March 2 at Coral Sky Amphitheatre.

## Coral Sky goes country (and rock)

BY JANIS FONTAINE

pbnews@floridaweekly.com

Oh, yes!

Coral Sky Amphitheatre has released its summer schedule and as a diehard country music fan, there are a few shows no fan should miss.

The 20,000-seat amphitheater has about 8,000 reserved seats, with the rest open-air lawn seating. It's gone from an afterthought to a go-to destination, especially since the Country Megaticket has been a part of the plan. It's gone through name changes too — Perfect Vodka, Cruzan, Sound Advice, Mars Music — but the best name is still Coral Sky: You get a free sunset with every show. Unless it rains. Not so fun on the lawn then.

The 2019 country music season actually gets underway with WIRK Rib Roundup Music Festival on March 2. Acts tapped to play this year include Kip Moore, Chase Rice, Morgan Wallen, Chris Lane, Riley Green, Maggie Baugh and Ryan Montgomery. Plus, it's ribs, ribs and more ribs. Tickets start at \$30. Visit [www.ribroundupsouthflorida.com](http://www.ribroundupsouthflorida.com) for more information.

Always on the summer schedule is fan favorite Dave Matthews for a two-night gig. Mr. Matthews has performed at Coral Sky since 1996 and it's a piece of cake for the singer/songwriter to fill the seats on two nights. You'll see a lot of the same fans at the show both nights. Dave Matthews hits the stage July 26-27. Tickets start at \$65 for lawn seats and go up from there. Save your tax return.

The Country Megaticket officially kicks off with the golden boys of Rascal Flatts on May 23. Both fans and performers are going to be grateful for more temperate weather. Following Flatts, it's Dierks Bentley with Jon Pardi (July 19); Luke Bryan (Aug. 3), Brad Paisley (Aug. 17), Florida Georgia Line with Dan and Shay in tow (Aug. 29); Chris Young & Chris Janson (Sept. 14); Chris Stapleton (Oct. 12) and the Zac Brown Band (Oct. 18-19).

But it's not all country on the bill at Coral Sky. Other performers on the schedule include Christian singers Michael W. Smith & Newsboys on April 27; Slayer on May 11; Hootie & The Blowfish and Barenaked Ladies on June 8; Train, Goo Goo Dolls & Allen Stone on July 6; Heart & Elle King on Aug. 16 and Beck & Cage The Elephant on Aug. 30.

Whether your taste in music is fid-

SEE HAPPENINGS, B9 ►



## COLLECTOR'S CORNER

### Memories are nice, but I'm glad to have the real thing

**scott SIMMONS**  
ssimmons@floridaweekly.com



Some folks hear the sound of the ocean when they hold a seashell to their ear, the waves seemingly lapping back and forth across the millennia.

But for me, a shell conjures memories of childhood, of visits to Fort Myers and Bonita beach, of sand dollars and seashells by the hundreds. Coquina bibbing the salt water as it ebbed and flowed across the densely packed white sand.

We had those shells in abundance at home — whelks and cowries vied for attention amid the philodendron in the brick planter that separated my grandparents' formal living room from the casual Florida room.

Those were shells of the Gulf of Mexico and beyond.

One Thursday a month Grandma used some of her prettiest shells when she hosted bridge club.

The folding tables always were set with the good silver and china. Cremora filled the dainty crystal cream pitchers and granulated sugar replaced the cubes in the matching bowls.

Each table boasted two small Cambridge Glass shell ashtrays.

Grandma didn't smoke, but most of the women in her club did, and I can see those ashtrays supporting the smol-



SCOTT SIMMONS / FLORIDA WEEKLY  
**These Cambridge Glass shell ashtrays measure just under 3 inches across and date from the 1940s. They were made by the Cambridge Glass Co. of Ohio.**

dering cigarettes, each bearing lipstick traces on the filter tips.

The women gossiped and talked politics and husbands and grandchildren.

"That John Kennedy showed folks who was boss," I remember Clara saying during some crisis in the 1970s.

Marian complained about getting her husband to do ANYTHING.

And Grandma showed off the latest pictures of her grandchildren.

The scent of cigarettes, Estée Lauder cologne and White Shoulders perfume hung in the air and the teaspoons clinked in the coffee cups as the card game got underway.

The membership later dwindled — Grandma was the youngest in the

group, and by the 1990s, her contact with Clara, Marian and the others consisted of Christmas cards and visits to nursing homes.

One weekend, I came home to Fort Myers to visit and she took me aside.

She showed me a box packed with items destined for Goodwill and asked if I wanted anything.

Among the items she no longer used were the Cambridge shell ashtrays.

I saw the ashtrays and thought of Clara and Cremora, cards and Marian.

I took them home and proudly used them to serve mints on my own table.

Then, in 2001, I packed up and moved and the shells disappeared.

Early this month, I saw several sets

at the South Florida Depression Glass Club's show in Pompano Beach. I wanted to buy one of the sets, then decided not to — after all, if I had the memories, I didn't need the actual shells.

This past weekend, I was sorting treasure and trash in the garage — dated merchandise from when I sold glassware at shows in the late '90s, as well as objects from my former kitchen. I lifted one box, then another, and there were Grandma's shells, gleaming in shades of pink and pistachio, amber and Moonlight blue.

I was glad I decided not to buy.

Of course, Grandma and her friends now exist only in memory.

I'm glad to have these tangible souvenirs of their Thursday afternoons.

#### A fun political show

**The South Florida Political and Historical Collectibles Show** — My friend and former newspaper colleague Tom Peeling has run a political collectibles show for nearly three decades.

Tom's show attracts dealers from across the country who offer everything from objects associated with our Founding Fathers to Abraham Lincoln to current campaign buttons and pins.

It's a fun way to spend a Saturday. Careful! You might just learn something while having fun.

It's 9 a.m.-3 p.m. Feb. 23, Lake Worth Christian School gym, 7592 High Ridge Road, Boynton Beach. Cost: \$5; free for 12 and under. Info: 561-707-3090. ■

PALM BEACH OPERA



WOLFGANG AMADEUS MOZART'S  
**DON GIOVANNI**

February 22-24  
**ONE WEEKEND ONLY!**

*Mozart's must-see masterpiece is selling fast. Don't miss our film noir-inspired production of this beloved opera! Great seats start at just \$55.\**

*Sung in Italian with English supertitles projected above the stage.*

Order online or call today!  
**561.833.7888 | PBOPERA.ORG**

All mainstage performances at Kravis Center for the Performing Arts

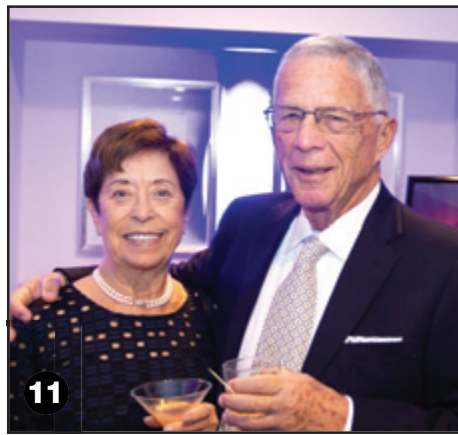
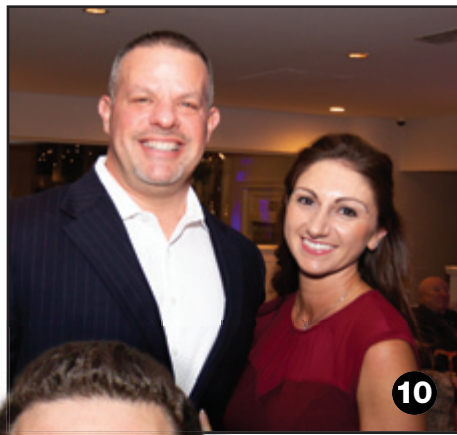


\*While tickets last



# SOCIETY

## American Cancer Society's Celestial Ball, Admirals Cove



**Julie Menitoff and Aaron Menitoff**



1. David Rohrer, Kathy Rohrer and Jennifer Alldian
2. Eddie Carreiro, Karla Carreiro, Jamie Bellamy and Carol Anderson
3. Orna Hadar and Ofer Shustik
4. Blake Johnson and Sara Johnson
5. Clint Jensen and Lisa Jensen
6. Billy Marozzi, Iva Ivanova, Emily Pantelides and Peter Robbins

7. Irina Abramov and Johnny Cain
8. Murray Friedman and Sunny Levinson
9. Brad Ball and Shannon Ball
10. Craig Valby and Jessica Valby
11. Eileen Cassman and Bob Cassman
12. Gary Vonk and Robbi Jurney
13. Joel Goldberg and Geri Goldberg
14. Jill Pescatore and Michael Pescatore

ANDY SPILOS / FLORIDA WEEKLY



# CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnewsfw@gmail.com.

## THURSDAY 2/21

**“Love in the Afternoon”** — 11 a.m. Feb. 21, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. The Kravis Film & Literary Club presents this twisty dramedy starring Gary Cooper as the middle-aged playboy Frank Flannagan whose obsession with Ariane (Audrey Hepburn), the daughter of a private detective. \$49, which includes a boxed lunch. www.kravis.org; 561-832-7469.

**Third Thursday @ 3 Lecture Series: Jamie Stuve** — 3-4 p.m. Feb. 21, Richard and Pat Johnson Palm Beach County History Museum, 300 N. Dixie Highway, West Palm Beach. “Elevating History: The Jupiter Inlet Lighthouse Legacy” by Jamie Stuve, president and CEO of the Jupiter Inlet Lighthouse & Museum. 561-832-4164, Ext. 100; www.hspbc.org.

**Music in the Courtyard** — 5-7 p.m. Thursday, in the Courtyard at Royal Poinciana Plaza, 340 Royal Poinciana Way, Palm Beach. Bring a blanket or find a seat on the patio. Also offered: Backgammon and Bubbles from 2-5 p.m. Sundays. www.theroyalpoincianaplaza.com.

**Pathways, Perspectives ... and Pizza** — 5:30-7 p.m. Feb. 21, Fellowship Hall at Royal Poinciana Chapel, 60 Coconut Row, Palm Beach. Short films followed by interactive discussions facilitated by Tom O’Brien and Rabbi Howard Shapiro. Free for members of the Palm Beach Fellowship of Christians & Jews, \$10 nonmembers. SVP to 561-833-6150; www.palmbeachfellowship.net.

**“Helmut Koller: Solo Exhibition” opening reception** — 6-10 p.m. Feb. 21, The Fritz Gallery, 211 Royal Poinciana Way, Palm Beach. Koller is best known for his vibrant large-scale canvases of species of the animal kingdom, rendered in a “New Pop” style. On display through March 17. RSVP to info@fritz-gallery.com or 561-906-5337.

**Clematis by Night** — 6-9 p.m. Thursdays, at the West Palm Beach Waterfront, Clematis Street and Flagler Drive, West Palm Beach. A free family-friendly concert, food and drink specials, shopping at the Antique and Flea Market and a free South Florida sunset. Info: 561-822-1515; www.wpb.org.

**Feb. 21:** Business as Usual.

**Chamber Music Society of Palm Beach** — Pianists Orion Weiss and Shai Wosner will present a program of works by Schubert, Brahms and David Lang at 7 p.m. Feb. 21 at the Norton Museum of Art, 1450 S. Dixie Highway, West Palm Beach. Opening reception begins at 6 p.m. The friends and former students of Emmanuel Ax have each been awarded the Avery Fisher Career Grant. For ticketing information, visit www.cmspb.org/ticketing page/.

## FRIDAY 2/22

**“Storytellers & Makers”** — 2 p.m. Feb. 22, at the Grand Tour, 340 Royal Palm Way, Palm Beach. A book signing and conversation between author and design historian Maureen Footer, who will discuss her latest book “Dior and His Decorators” and Annette Tapert, Palm Beach-based author and style expert. 561-660-7885.

**Art After Dark** — Inhouse performs 5-9 p.m. Feb. 22, Norton Museum of Art, 1450 S. Dixie Highway, West Palm Beach. Tours, talks, music, food and art in the newly remodeled museum. www.norton.org

**The Art of Space** — 6 p.m. Feb. 22, at the Satellite at CityPlace, West Palm Beach. A panel discussion with award-winning designers Debra Yates and Benjamin Burle, who will share images of their outdoor rooms, pools and environmentally friendly bird and bee-loving landscapes. Info: www.cityplace.com/events/thesatellitelectureseries.

**The Palm Beach Symphony performs “Shades of Greatness”** — 7:30 p.m. Feb. 22 at Rosarian Academy, West Palm Beach. Program: Brahms and Schubert. 561-281-0145; www.palmbeach-symphony.org.

**Guanabanas Live Music** — 960 A1A, Jupiter. Age 21 and older. No cover. www.Guanabanas.com; 561-747-8878.

**Steady Flow** — 9 p.m. Feb. 22. Funk/rock.

**Dr. Bacon** — 9 p.m. Feb. 23. Appalachian funk.

**iMayday!, RDGLDDRN and Little Stranger** — 8 p.m. Feb. 27.

## SATURDAY 2/23

**Lake Worth Street Painting Festival** — Feb. 23-24, downtown Lake Worth. 561-585-0003; www.streetpaintingfestivalinc.org.

**The 18th Annual Barry Crown Walk for the Animals** — Feb. 23, at the Meyer Amphitheatre, 104 Datura, West Palm Beach. This is a new location for the walk, but it still helps save animals. The pet-friendly walk begins at 9 a.m. Live entertainment and breakfast provided by Lynora’s. At 10:15 a.m. after opening ceremonies, the scenic walk takes place along the West Palm Beach Waterfront on Flagler Drive. Also planned: a pet costume contest with prize baskets, live demonstrations, vendors, and a silent auction and raffle. Register at www.walkwithpeggy.org.

**Health & Wellness Fair** — 9 a.m.-3 p.m. Feb. 23, Burns Road Community Center, 4404 Burns Road, Palm Beach Gardens. Celebrate National Heart Awareness Month with more than 60 vendors, information on nutrition and weight loss, home health care services, wellness retreats, counseling services, health screenings and free mini classes in yoga, boot camp, Zumba, bolly fitness, pickleball, rhythmic gymnastics and stroller power. Free. Refreshments for purchase. www.pbgreg.com; 561-630-1100.

**Family Fun Mini-Maker Fair** — 10 a.m.-noon Feb. 23, Mounts Botanical Garden’s Great Lawn, 531 S. Military Trail, West Palm Beach. Use your imagination to create something from the leftover supplies from the recent community build. A family-friendly event celebrating creativity and making things. Free with admission. Info: 561-233-1757; www.mounts.org.

**Jupiter Seafood Festival** — Feb. 23-24, Carlin Park, 400 S. A1A, Jupiter. Music, vendors, entertainment, corn-hole tournament and fresh seafood. \$10 at the gate, age 12 and younger free. www.jupiterseafoodfestival.com.

**Urban Youth Impact: Painting Workshop** — 6-8 p.m. Feb. 23, CityPlace, West Palm Beach. A family friendly painting activity at Urban Youth Impact Artisans Shop. RSVP to artisanshop@urbanyouthimpact.com. For info: www.cityplace.com/events/uypaintingworkshops/

## SUNDAY 2/24

**Dogs Day in the Garden** — 10 a.m.-3:30 p.m. Feb. 24, Mounts Botanical Garden, 531 S. Military Trail, West Palm Beach. Take a walk through the garden with your best four-legged friend. Shop at dog-friendly vendors. All dogs must be on a nonretractable leash. Free with admission. 561-233-1757; www.mounts.org.

**Lecture: “How Denmark’s Jews Escaped the Nazis”** — 11 a.m. Feb. 24, Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Speaker: Dr. Ralph Nurnberger. Part of the Antisemitism and the Holocaust Speaker Series. Free, but register in advance at www.jewishpalmbeach.org/holocaustcenter or 561-242-6642.

**“An Afternoon of Laughter”** — 1-4 p.m. Feb. 24, Palm Beach Improv, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Featuring Frank Del Pizzo and Carl Rimi, a silent auction, raffles, door prizes. Free parking at CityPlace garages. \$10 in advance, \$15 at the door. 561-574-7756; www.forevergreyhounds.org

**A Sunday Kinda Blues** — 2-4:30 p.m. Feb. 24 and March 10, Brewhouse Gallery, 720 Park Ave, Lake Park. 561-469-8930; www.brewhousegallery.com

**Concert: “Our American Heritage”** — 4 p.m. Feb. 24, DeSantis Family Chapel, 300 Okeechobee Blvd., West Palm Beach. The 80-member Masterworks Chorus of the Palm Beaches presents a showcase of the roots of America’s music, from patriotic to folk songs to spirituals. On the set list: “Beautiful Dreamer,” “Polly Wolly Doodle,” “All My Trials, Lord” and the “Battle Hymn of the Republic” and “A Tribute to the Armed Forces.” \$20 in advance, \$25 at the door, \$10 students. www.masterworkspb.org; 561-845-9696.

## TUESDAY 2/26

**Lecture Series: “Palm Beach: Murder, Mayhem and Madoff”** — 1:30 p.m. Feb. 26, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Lecturer: Bill Bone. Part of ArtSmart Continuing Arts Education. \$25. 561-832-74698; www.kravis.org.

**Juried art show: “Spectacle of Art”** — Feb. 26 - March 31, Artist’s Eye Gallery and Boutique, 604 Lucerne Ave., Lake Worth. Artwork in many mediums and styles, including a special exhibition by artist/photographer Diane DeHon. An opening reception takes place March 1 from 6-8 p.m. 561-586-8666; www.lwartleague.org.

## WEDNESDAY 2/27

**Lisa Frelinghuysen** — 11:30 a.m. Feb. 27, Sailfish Club, 1338 N. Lake Way, Palm Beach. The former Supreme Court Clerk who worked on the Virginia Military Institute women’s rights case, speaks about her former boss, “Behind the Scenes at the Supreme Court: Ruth Bader Ginsburg and her Legacy.” Free for members, \$150 guests. A reception for members is at 5:30 p.m. Feb. 26 at Villa dei Fiori. Presented by the Coudert Institute. 561-659-6161; www.Coudertinstitute.org

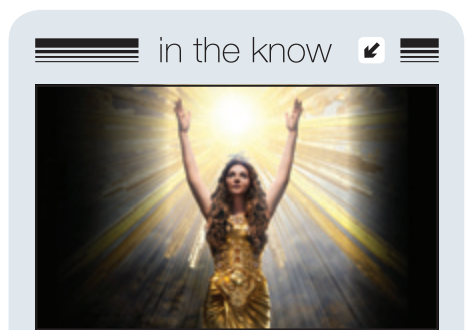
**Viennese Dreams 2nd Movement** — 7 p.m. Feb. 27 at Harriet Himmel Theater at CityPlace, 700 S. Rosemary Ave., West Palm Beach. The Palm Beach Symphony performs work by Mozart and Brahms with a clarinet quintet. \$35. 561-281-0145; palmbeach-symphony.org.

**Actors, Filmmakers and Writers wanted** — 7 p.m. Feb. 27, Actor’s Rep, 1000 N. Dixie Highway, West Palm Beach. Actors, writers, and filmmakers are invited to a free monthly event — the Alliance at Actor’s Rep — which will feature guest speakers or panels. Stage and screen actors, directors, and writers from beginners to seasoned pros are invited. 561-833-7529; www.actorsrep.org/alliance/

## ONGOING

**“You’re a Good Man, Charlie Brown” the Broadway Musical** — Through Feb. 24, A.C.T. Studio Theatre, Cedar Pointe Plaza, 2399 SE Ocean Blvd., Stuart. 772-932-8880; www.actstudiotheatre.com.

**“The Spitfire Grill”** — Through March 3, Palm Beach Dramaworks at the Don and Ann Brown Theatre, 201 Clematis St., West Palm Beach. An uplifting folk musical about a young parolee trying to start over in a little Wisconsin town. 561-514-4042; www.palmbeachdramaworks.com



SARAH BRIGHTMAN

### Worth the trip: Hot tickets across the state

- >> **SARAH BRIGHTMAN** — Feb. 21, Dr. Phillips Center for the Performing Arts, Orlando. www.drphillipscenter.org
- >> **DYLAN SCOTT** — Feb. 21, House of Blues, Orlando. www.houseofblues.com/orlando
- >> **JOE BONAMASSA** — Feb. 22, Dr. Phillips Center for the Performing Arts - Walt Disney Theater, Orlando. www.drphillipscenter.org
- >> **TOBYMAC WITH JEREMY CAMP** — Feb. 22, BB&T Center, Sunrise. www.thebttcenter.com
- >> **JOE BONAMASSA** — Feb. 23, Dr. Phillips Center for the Performing Arts - Walt Disney Theater, Orlando. www.drphillipscenter.org
- >> **TESLA** — Feb. 23, House of Blues, Orlando. www.houseofblues.com/orlando
- >> **TOBYMAC WITH JEREMY CAMP** — Feb. 23, Hertz Arena formerly Germain Arena, Estero. www.hertzarena.com
- >> **JIM BRICKMAN** — Feb. 24, Capitol Theatre, Clearwater. www.rutheckerdhall.com/capitol-theatre
- >> **TOBYMAC WITH JEREMY CAMP** — Feb. 24, Amalie Arena, Tampa. amalie.arenatampa.org
- >> **THE BEACH BOYS** — Feb. 25, Van Wezel Performing Arts Hall, Sarasota. www.vanwezel.org
- >> **THE BEACH BOYS** — Feb. 26, Barbara B. Mann Performing Arts Hall, Fort Myers. www.bbmannpah.com
- >> **CHICAGO SYMPHONY ORCHESTRA** — Feb. 26, Kravis Center, West Palm Beach. www.kravis.org
- >> **CYPRESS HILL WITH HOLLYWOOD UNDEAD** — Feb. 27, Jannus Live, St. Petersburg. www.jannuslive.com
- >> **THE BEACH BOYS** — Feb. 28, Ruth Eckerd Hall, Clearwater. www.rutheckerd-hall.com
- >> **BENISE** — Feb. 28, Barbara B. Mann Performing Arts Hall, Fort Myers. www.bbmannpah.com
- >> **BLOOD, SWEAT & TEARS** — Feb. 28, Seminole Casino Immokalee, Immokalee. www.seminoleimmokaleecasino.com

— Compiled by Janis Fontaine



## CALENDAR

maworks.org.

**Winter Equestrian Festival** — Through March 31, The Palm Beach International Equestrian Center in Wellington. 561-793-5867; www.equestriansport.com.

## LOOKING AHEAD

**Clematis by Night** — 6-9 p.m. Thursday, West Palm Beach Waterfront, West Palm Beach. Music, food, drink, vendors and a sunset. Info: www.clematisbynight.net.

■ **Feb. 28:** Chemradery

■ **March 7:** Marijah & the Reggae Allstars

**Jupiter History Trolley Tour** — 10 a.m. and noon Feb. 28, begins and ends at the Jupiter Inlet Lighthouse & Museum, Jupiter. This 90-minute trolley tour is narrated by guide Josh Liller, LRHS historian. Trolleys are enclosed and air-conditioned. Check in at the gift shop. \$20, includes site general admission. Get tickets online at www.jupiterlighthouse.org/calendar.

**Tequesta Strawberry Festival** — 9 a.m. to 1 p.m. March 2, First Presbyterian Church, 482 Tequesta Drive, Tequesta. A jewelry boutique, trifles and treasures, books, a bakery and a silent auction and raffle, kids' crafts and treats in the Strawberry Cafe. Strawberry shortcake, fresh strawberries and tomatoes, and their famous strawberry jam. A bounce house and face painting are \$5 or \$20 for unlimited play. www.tequestapres.org; 561-746-5161.

## AT DRAMAWORKS

**Palm Beach Dramaworks** — The Don and Ann Brown Theatre, 201 Clematis St., West Palm Beach. 561-514-4042, Ext 1.

■ **"The Spitfire Grill"** — Extended through March 3.

■ **"Fences"** — March 27-April 21.

■ **"The House of Blues Leaves"** — May 15-June 2.

## AT THE DUNCAN

**PBSC's Duncan Theatre** — 4200 Congress Ave., Lake Worth. 561-868-3309; www.duncantheatre.org.

■ **Summer of Love** — Feb. 27.

■ **MOMIX Dance** — March 1-2.

## AT THE EISSEY

**PBSC's Eissey Campus Theatre** — 11051 Campus Drive, Palm Beach Gardens. Purchase tickets at the Eissey box office at 561-207-5900 or www.eisseycampustheatre.org, except where listed.

■ **Julian Bliss Septet** — Feb. 25.

■ **The Kingston Trio** — Feb. 27. The folk singing trio has a timeless quality in this MusicWorks production. \$35-\$50.

■ **Rockin' Radio in the Gardens: Disco Inferno** — Feb. 28. \$35.

## AT FOUR ARTS

**The Society of the Four Arts** — 100 Four Arts Plaza, Palm Beach. 561-655-7226; www.fourarts.org.

**Art Exhibitions** — Hours: Monday through Saturday 10 a.m. to 5 p.m. and Sunday 1 to 5 p.m. Admission: \$10; free

for members and age 14 and younger.

■ **"Portraits of Courage: A Commander in Chief's Tribute to America's Warriors"** — Through March 31. A collection of portraits by President George W. Bush.

## Concerts

■ **Berlin Philharmonic Wind Quartet** — 3 p.m. Feb. 24. \$30. Free for members.

■ **Curtis Institute of Music: Curtis on Tour** — 7:30 p.m. Feb. 27. \$40. Free for members.

■ **Film Series** — Show times are 2:30 and 6 p.m. \$5 at the door. Free for members.

■ **"Breathe"** — Feb. 22.

■ **Esther B. O'Keeffe Speaker Series**

■ **Ben Stein, "America's Economic Future"** — Feb. 26.

MET OPERA:  
LIVE IN HD

■ **Giacomo Puccini's "La Fanciulla del West" (previously recorded)** — 1 p.m. Feb. 23. \$25, \$15 students. Student tickets must be purchased in person.

■ **Campus on the Lake Lectures** — All lectures take place in the Dixon Education Building. 561-805-8562 or visit www.fourarts.org.

■ **"Legendary British Actresses" with Elizabeth Sharland** — 11 a.m. Feb. 25. Book signing follows. \$20, free for members. Reservations required.

■ **"The Adventures of a Narrative Gardener: Exercises for Empowering the Conscience of the Eye" with Ron Fleming** — 2:30 p.m. Feb. 25. Book signing follows. \$20, free for members. Reservations required.

■ **"Treasures on Trial: The Art and Science of Detecting Fakes" with Linda Eaton** — 2:30 p.m. Feb. 27. \$20, free for members. Reservations required.

■ **"An Adventure in Food, Style and Fun" with Daphne Oz** — 2:30 p.m. Feb. 28. Book signing follows. \$20, free for members. Reservations required.

■ **Campus On The Lake Workshops And Classes** — Tickets, information: 561-805-8562 or visit www.fourarts.org.

■ **Director Series: The World of Photography with Sofia Vollmer Maduro** — 2:30 to 3:45 p.m. Feb. 22; March 1, 8, plus a field trip to a private art collection from 11 a.m. to 1:30 p.m. March 22. \$225 for the series.

## AT THE KELSEY

**Kelsey Theatre** — 700 Park Ave., Lake Park. 561-328-7481; www.thekelseytheater.com.

■ **The Stranger: A Tribute to Billy Joel** — March 1.

■ **Vintage Iron: Classic Motorcycle Festival** — 11 a.m. March 2.

■ **Jeremy's Ten: A Pearl Jam Tribute** — March 2.

## AT THE KRAVIS

**The Kravis Center** — 701



■ **Jupiter Seafood Festival** — Feb. 23-24, Carlin Park. www.jupiterseafoodfestival.com



■ **The Kingston Trio** — 8 p.m. Feb. 27, PBSC's Eissey Campus Theatre. 561-207-5900 or www.eisseycampustheatre.org



■ **Paul Anka sings "Sinatra: His Songs, My Songs, My Way"** — 8 p.m. Feb. 28, Kravis Center. 561-832-7469 or www.kravis.org



■ **Lake Worth Street Painting Festival** — Feb. 23-24, downtown Lake Worth. 561-585-0003; www.streetpaintingfestivalinc.org

Okeechobee Blvd., West Palm Beach. 832-7469; Kravis.org.

■ **Kravis Film & Literary Club presents "Love in the Afternoon"** — Feb. 21. \$49, includes a boxed lunch by Catering by The Breakers at the Kravis Center.

■ **"The Barbarian Nights," or "The First Dawns of the World"** — Feb. 22-23. (PEAK). \$42.

■ **Beyond the Stage:** Free post-performance talk by Steven Caras on Feb. 22.

■ **Vienna Boys Choir** — Feb. 25. 7:30 p.m. Jan Fulford, organ. Tickets start at \$15.

■ **Lecture Series: "Palm Beach: Murder, Mayhem and Madoff"** — 1:30 p.m. Feb. 26. Lecturer: Bill Bone. Part of ArtSmart Continuing Arts Education. \$25.

■ **Chicago Symphony Orchestra** — Feb. 26. 8 p.m. Riccardo Muti, conductor. (Regional Arts Classical Concert Series). An all-Beethoven program. Tickets start at \$40.

■ **Beyond The Stage:** Join us for a pre-performance talk by Sharon McDaniel at 6:45 pm in The Picower Foundation Arts Education Center.

■ **Riout Dance NY "Purple to Part"** — Feb. 27-28. 7:30 p.m. (PEAK). \$40.

■ **Beyond the Stage:** Join us for a free post-performance talk by Steven Caras on Feb. 27.

■ **Michael Feinstein conducts the Kravis Center Pops Orchestra** — Feb. 27. 8 p.m. Program: Doo Wop to Pop with guest artists Maureen McGovern and the Nunziata Brothers. Starts at \$84 for the 3-concert series; single tick-



# CALENDAR

ets start at \$35 beginning Nov. 2.

**Paul Anka sings "Sinatra: His Songs, My Songs, My Way"** — Feb. 28. Tickets start at \$35.

## AT THE LIGHTHOUSE

**Jupiter Lighthouse and Museum** — Lighthouse Park, 500 Captain Armour's Way, Jupiter. 561-747-8380, Ext. 101; www.jupiterlighthouse.org.

**Lighthouse Sunset Tours** — Spectacular sunset views and an inside look at the nuts & bolts of a working lighthouse watchroom. Tour time: 75 minutes. \$15 members, \$20 nonmembers. RSVP required.

**Lighthouse Moonrise Tour** — See the moon rise over the lighthouse. \$20 members, \$25 nonmembers.

**Lighthouse Story Time & Crafts for Kids** — 10:30-11:15 a.m. March 5, the first Tuesday of the month. Ages 8 and younger. Bring a mat. Free. Reservations required. Next meeting:

**Twilight Yoga at the Light** — 7-8 p.m. Feb. 25, March 4, 11, 18 and 25. By donation.

## AT THE IMPROV

**Palm Beach Improv**, CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Check web site for updates. 561-833-1812; www.palmbeachimprov.com

**Small Town Murder Live Podcast** — Feb. 21.

**Nephew Tommy** — Feb. 22-24.

**Chad Daniels** — Feb. 27.

**Darren Brand and Desi Banks: Nothing but Funny** — Feb. 28.

**Billy Cardell ("Mike & Molly")** — March 1-2.

## AT THE PLAYHOUSE

**Lake Worth Playhouse** — 713 Lake Ave., Lake Worth. 561-586-6410; www.lakeworthplayhouse.com

**Main Stage: "Wait Until Dark"** — Feb. 28-March 17.

**Films in the Stonzek Theatre** — 561-296-9382.

**The 2019 Oscar Shorts** — Through Feb. 21.

**The 2019 Cat Video Festival** — March 10.

## AT MALTZ

**Maltz Jupiter Theatre** — 1001 E. Indiantown Road, Jupiter. 561-575-2223; www.jupitertheatre.org.

**Season Production: "A Doll's House, Part 2"** — Feb. 24-March 10.

## AT GALLERIES AND MUSEUMS

**Adelson Cavalier Galleries** — 318 Worth Ave., Palm Beach. 10 a.m.-6 p.m. Sunday-Tuesday and 10 a.m.-8 p.m. Thursday-Saturday. 561-720-2079; www.adelsoncavalier.com.

**Ann Norton Sculpture Garden** — 253 Barcelona Road, West Palm Beach. Gallery and garden exhibition talks are



The Palm Beach Gardens GreenMarket offers fresh produce and more each Sunday.

available on Wednesdays at 11 a.m. and Sundays at 2 p.m. \$15 adults, \$10 age 65+, \$7 students, and free for children younger than 5. Free for members. 561-832-5328; www.ansg.org.

■ **"Contours in Metal: Sculpture by Gino Miles"** — Through May 12. Bronze and steel abstract sculptures are on display in the 2-acre garden.

**Armory Art Center** — 811 Park Place, West Palm Beach. Gallery hours: 10 a.m.-5 p.m. Monday-Friday, 10 a.m.-3:30 p.m. Saturday. Free. 561-832-1776; www.armoryart.org.

■ **"Artist-in-Residence Exhibition"** — Through March 9.

**The Artist's Eye Gallery & Boutique** — 604 Lucerne Ave., in downtown Lake Worth. Hours: Noon to 4 p.m. Tuesday-Sunday. www.lakeworthartleague.org; 561-586-8666.

■ **"Artistic Perceptions"** — Through Feb. 24. Mark your calendar for the outdoor show "Artist's Eye on the Alley" during the Street Painting Festival Feb. 23-24.

**Benzaiten Center for Creative Arts** — 1105 Second Ave. S., Lake Worth. Programming includes workshops, Meet the Artist dinners. 561-508-7315; email aholmes@benzaitencenter.org; 561-508-7315; www.benzaitencenter.org.

■ **Glastronomique Motown Style** — Feb. 23. Annual gala, with featured artist Martin Blank.

■ **Joseph Ivacic** — March 14-16. He will offer demonstrations.

■ **Rob Stern** — Live demonstration, April 27.

**Center for Creative Education** — 425 24th St., West Palm Beach. 561-805-9927; cceflorida.org/the-gallery/

■ **Passenger: A Global Journey** — Through March 30. A reception from 6-8 p.m. March 16 will benefit charity. \$10 suggested donation.

**Flagler Museum** — 1 Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday through Saturday, noon-5 p.m. Sunday. Admission: \$18 adults, \$10 youth ages 13-17, \$3 ages 6-12, free for younger than 6. 561-655-2833; www.flaglermuseum.us.

■ **"Maker & Muse: Women and Early Twentieth Century Art Jewelry"** — Through May 26.

**Norton Museum of Art** — 1450 S. Dixie Highway, West Palm Beach. Free admission for members, children younger than 12, and teachers and educators and active duty military (and immediate families) with valid ID. Free admission to all Friday and Saturday. Regular admission is \$18 adults; \$15 seniors, and \$5 for students with valid ID. 561-832-5196; www.norton.org.

■ **"Nina Chanel Abney: Neon"** — Through June 25.

■ **"Going Public: Collectors Celebrate the Norton"** — Through June 4.

■ **"Out of the Box: Camera-less Photography"** — Through June 18.

■ **"Oldenburg & Van Bruggen: The Typewriter Eraser, A Favored Form"** — Through June 4.

■ **"Spotlight: Ralston Crawford Across Media"** — Through May 14.

■ **"Good Fortune to All: A Chinese Lantern Festival in 16th-Century Nanjing"** — Through June 4.

■ **"WHO? A Brief History of Photography through Portraiture"** — Through Nov. 26.

**Lighthouse ArtCenter Gallery** — 373 Tequesta Drive, Tequesta. Free for members, \$5 nonmembers. 561-746-3101; www.lighthousearts.org.

■ **"Building Frank Lloyd Wright's Guggenheim"** — Through March 2.

■ **Sixth annual Plein Air Festival** — March 9-17.

**Palm Beach Photographic Centre** — 415 Clematis St., West Palm Beach. 561-253-2600 or visit www.workshop.org or www.fotofusion.org.

■ **Vincent Versace: 50 Years in Photography** — Through March 9.

**The Richard and Pat Johnson History Museum** — 300 N. Dixie Highway, West Palm Beach. Part of the Historical Society of Palm Beach County. 561-832-4164; www.hspbc.org.

■ **"Building Palm Beach: Addison Mizner's Legacy"** — Through June 29.

**The Palm Beach Zoo & Conservation Society** — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. every day, except Thanksgiving and

Christmas. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 561-533-0887; www.palm-beachzoo.org.

**The South Florida Science Center and Aquarium** — 4801 Dreher Park Road, West Palm Beach. Dinosaur Invasion through April 21. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 561-832-1988; www.sfsiencecenter.org.

■ **Science on Tap** — 7 p.m. Feb. 21. Drinks and a speaker: Dr. Stefan E Harzen from the Taras Oceanographic Foundation and Palm Beach Jupiter Dolphin Tours.

■ **Nights at the Museum: "Jaws, Paws, and Claws!"** — 6-9 p.m. Feb. 22.

■ **Young Maker Workshop @ STEM Studio Jupiter** — 10-11 a.m. Feb. 23.

■ **GEMS Club** — 5-7 p.m. Feb. 26. For girls in grades 3-8.

## AT THE MARKETS

**Singer Island Green & Artisan Market** — 10 a.m.-2 p.m. Fridays, Singer Island's Ocean Walk, 2401 Ocean Ave. along scenic A1A. Pet and kid friendly. www.singerislandgreenmarket.com.

**The West Palm Beach Antique and Flea Market** — 8:30 a.m.-2 p.m. Saturdays in the 300 block of Clematis St., West Palm Beach. Pet friendly. Free parking in the Evernia Street garage during the market. www.wpbantiqueandflea.com; 561-670-7473.

**The West Palm Beach GreenMarket** — 9 a.m.-1 p.m. Saturdays through April 20, West Palm Beach Waterfront, 100 N. Clematis St., downtown West Palm Beach. Parking is free in the Evernia/Olive Garage or \$5 in the Banyan/Olive Garage. Info: www.wpb.org/GreenMarket or 561-822-1515.

**Lake Worth Farmers' Market** — 9 a.m.-1 p.m. Saturday, through April 27, Old Bridge Park, A1A at Lake Avenue (1 S. Ocean Blvd.), Lake Worth. Info: 283-5856; www.lakeworthfarmersmarket.com.

**The Palm Beach Gardens GreenMarket** — 8 a.m.-1 p.m. Sundays, City Hall Municipal Complex, 10500 N. Military Trail. More than 140 vendors. Through May 5. No pets. 561-630-1100.

**The Village of Royal Palm Beach Green Market & Bazaar Veterans Park** — 9 a.m.-1 p.m. Sunday, Veterans Park, 1036 Royal Palm Beach Blvd., Royal Palm Beach. Through April 28. Pet friendly. A Wednesday evening market takes place from 3-7 pm. through April 24. www.rpbgreenmarket.com.

**Tiki Market** — 4-7 p.m. Sundays at the Rivera Beach Marina, 190 E. 13th St., West Palm Beach. Food and Caribbean merchandise. Vendors wanted. 561-844-3408.

**Jupiter Farmers Market at El Sol** — 9 a.m.-1:30 p.m. Sunday, 106 Military Trail at Indiantown Road, Jupiter. More than 40 vendors, locally harvested vegetables and fruits. 561-283-5856; www.jupiterfarmersmarket.com.

**Waterfront Market at Harbourside Place** — 10 a.m.-3 p.m. Sundays along the waterfront. Yoga class at 10 a.m. Live music at noon. Free parking during the market. Pet friendly. www.harboursideplace.com. ■



## Boca arts festival showcases an eclectic group of performers

It's a celebration of music, film, dance, concerts and authors.

The 13th annual Festival of the Arts BOCA, presented by the Schmidt Family Centre for the Arts, returns to the Mizner Park Amphitheater and Mizner Park Cultural Arts Center in Boca Raton, Feb. 28-March 10.

Opening the festival is Doris Kearns Goodwin, Pulitzer Prize-winning author and presidential historian. She will discuss her latest book, "Leadership in Turbulent Times," a news release said.

"We are over-the-moon to welcome our dear friend and longtime supporter, Doris Kearns Goodwin, to this year's festival, as well as Arturo Sandoval, who is back for a fourth time," said Charlie Siemon, chair and co-executive producer. "We have a fun mix of performances and a powerhouse of thinkers lined up for our 13th season."

The "force" will be with the festival March 1 as "Star Wars: Episode IV — A New Hope" is presented on the big screen to live music by The Symphonia, led by Constantine Kitsopolous, playing John Williams' Academy Award-winning score.

Other festival highlights include "Rhapsody in Blue," an evening of orchestral works performed by The Symphonia with jazz pianist and University of Miami Frost School of Music Dean Shelly Berg; Pink Martini, a band making an exclusive South Florida appearance; "An Evening of Clas-



COURTESY PHOTO

Ten-time Grammy winner Arturo Sandoval and his band are among the performers coming to the Festival of the Arts BOCA.

sical Russian Ballet" featuring performers from the Russian National Orchestra and the Bolshoi Ballet; Nu Deco Ensemble, a Miami-based chamber orchestra; and 10-time Grammy winner Arturo Sandoval and his band.

The "Authors and Ideas" program features scholar and author Jeffrey Rosen, who will speak about the Constitution in the 21st century; the screening of "Bending the Arc," a documentary that tells the story of young doctors who helped change the way public health issues are addressed in developing nations, followed by a panel discussion, "Global Public Health Today and Tomorrow," featuring Dr. Agnes Binagawaho and Tom Bollyky; "PoemJazz" with Robert Pinsky, who will read his poetry accompanied by a small jazz ensemble; and Pulitzer Prize-winning writer David Sanger, who will talk about his latest book, "The Perfect Weapon: War, Sabotage and Fear in the Cyber Age."

Tickets range from \$15-\$150 per person and are available at [www.festivalboca.org](http://www.festivalboca.org) or by calling 866-571-ARTS (866-571-2787). ■

# NOTHING LIKE **LIVE** ENTERTAINMENT!

PEAK Series

## RIOULT DANCE NY: PURPLE TO PÄRT



Wednesday and Thursday, February 27-28 at 7:30 pm

Rinker Playhouse • Tickets \$40

Renowned for sensual and exquisite artistry, this two-dance program reimagines one of Rioult's earliest works, *Te Deum*, choreographed when he was transitioning from dancer to choreographer, and set to the music of Estonian composer Arvo Pärt and *Fire in the Sky*, inspired by the music of Deep Purple.

**Beyond the Stage:** Join us for a free post-performance talk by Steven Caras on February 27.

Guests attending these PEAK performances will receive a ticket to one complimentary beverage.

PEAK Series made possible by a grant from the MLDauray Arts Initiative in honor of Leonard and Sophie Davis

## MICHAEL FEINSTEIN CONDUCTS THE KRAVIS CENTER POPS ORCHESTRA DOO WOP TO POP



Guest Artists  
**MAUREEN MCGOVERN AND ERICH BERGEN with WILL AND ANTHONY NUNZIATA**

Larry Blank, Associate Conductor

Wednesday, February 27 at 8 pm

Dreyfoos Hall • Tickets start at \$35

The Songbook through the years reexamined and celebrated from the Golden Age to the Brill building and beyond. Beloved songs that have changed our lives and a special tribute to the 45th anniversary of Maureen's McGovern's huge hit *The Morning After*.

Series with support from [Legends 100.3pm](http://www.legends100.3pm.com)

Concert sponsored by Sunny Sessa in Loving Memory of Leonardo Sessa

## CAPITOL STEPS MAKE AMERICA GRIN AGAIN



Friday through Sunday, March 1-17  
Tuesday, Friday and Thursday March 7 at 7:30 pm  
Wednesday, Saturday and Thursday March 14 at 1:30 and 7:30 pm  
Sunday at 1:30 pm

Rinker Playhouse

Tickets \$42

The Capitol Steps promise to *Make America Grin Again* with a bipartisan riot that's sure to trump their nearly 40 years of putting the "mock" in democracy. The all-new show, from the singing satirists who brought you *Orange is the New Barack*, comes a barrage of hysterical, hot-off-the-press political parodies.

Sponsored by Donald and Linda Silpe



Visit the Center's official website [kravis.org](http://kravis.org) or call 561.832.7469 Group Sales: 561.651.4438 or 561.651.4304

All programs and artists subject to change.



PALM BEACH GARDENS  
**HEALTH & WELLNESS FAIR**

Saturday, February 23

9:00 am—3:00 pm

— Burns Road Community Center —

4404 Burns Road, Palm Beach Gardens, 33410

Free Admission!

- ◆ Free Health Screenings
- ◆ Fitness Demonstrations
- ◆ Health & Wellness Vendors
- ◆ Healthy Food Trucks
- ◆ Nutrition Tips
- ◆ Mini Classes in: Yoga, Boot Camp, Zumba, Gymnastics, Pickleball, Stroller Power & More!





# OSCARS

From page 1

bers well above the 26.5 million viewers from last year, which was the lowest rated telecast in Oscar history.

How do you bring back an audience that, at least in part, tuned out because it was tired of political talk from celebrities? Producers promise to keep the show to a maximum of three hours, for one.

There's no host this year, which should spare us silly gags like feeding the audience. It will certainly also help that Best Picture nominees "A Star Is Born" and "Bohemian Rhapsody" earned more than \$200 million at the box office, and "Black Panther" reached \$700 million.

As for the awards themselves, there are some locks of course, but there's also often a surprise or two when the envelopes are opened, which makes it fun (if not infuriating for prognosticators).

Below I'll go through the "big six" categories and tell you who should win and who will win each.

## Best Actress

This is Glenn Close's to lose. This is her seventh career nomination and she has never won. Her performance in "The Wife" may not be showy, but it is terrific, and given that she's been doing great work her entire career, there's no doubt this is her time. Lady Gaga is nominated for "A Star Is Born," and she will go home with an Oscar, but hers will be for Original Song ("Shallow"), not acting. If Close is upset it will be Olivia Colman from "The Favourite" who does it. Colman won the BAFTA (British Oscar) for her performance as Queen Anne, and she is sublime as the childlike queen with way too much power. Melissa McCarthy ("Can You Ever Forgive Me?") and Yalitza Aparicio ("Roma") are honored just to be nominated.

Will win: **Close.**

Should win: **Close.**

## Best Actor

All eyes are on Rami Malek for his turn as Freddie Mercury in "Bohemian Rhapsody." It's not always Malek's singing voice (what we hear is a compilation of Malek, Mercury and singer Marc Martel), but Malek did do a fabulous job of capturing Mercury's mannerisms. It's a remarkable and bold performance. But then so is Christian Bale's work as Dick Cheney in "Vice," a character Bale said was inspired by Satan. It may be too politically polarizing to win, and Bale has won before (for "The Fighter"), but that doesn't detract from how extraordinary he is here. Speaking of extraordinary, Viggo Mortensen is perfect as Tony "The Lip" Vallelonga, the racist meathead at the heart of "Green Book." Mortensen's handling of the character's evolution is spot on at every turn, allowing us to like and root for this flawed man without a second thought. Also nominated are Bradley Cooper for "A Star Is Born" and Willem Dafoe for "At Eternity's Gate."

Will win: **Malek.**

Should win: **Mortensen.**

## Supporting Actor

Speaking of "Green Book," Mahershala Ali is the strong favorite to win Supporting Actor. He provides a nuanced, layered and thoroughly impressive piece of acting, notably more stellar than his work in "Moonlight" two years ago, for which he won the Supporting Actor Oscar. He's competing against last year's winner, Sam Rockwell ("Three Billboards"), for "Vice"; Richard E. Grant for "Can You Ever Forgive Me?"; the venerable Sam Elliott for "A Star Is Born"; and Adam Driver for "BlackKkKlansman."

Will win: **Ali.**

Should win: **Ali.**



COURTESY PHOTOS  
Above clockwise, Rachel Weisz and Emma Stone in "The Favourite," Mahershala Ali in "Green Book," Regina King in "If Beale Street Could Talk," Glenn Close in "The Wife," Marco Graf and Yalitza Aparicio in "Roma" and Rami Malek in "Bohemian Rhapsody."



## Supporting Actress

This is the toughest acting category to predict. The precursor awards have varied, so there's no frontrunner. Oscar pundits like Regina King for "If Beale Street Could Talk," and to be sure she is wonderful as a mother fighting for the freedom of her daughter's husband. King won the Golden Globe, but that's it in terms of momentum. This is the sixth career nomination for Amy Adams, who plays Lynne Cheney in "Vice." She's good, but this isn't a career-best performance. Two actresses from "The Favourite" are competing here as well: Rachel Weisz and Emma Stone. Conventional wisdom suggests they'll cancel one another out, but Weisz recently winning the BAFTA may be enough to propel her to a win. Rounding out the category is Marina de Tavira from "Roma."

Will win: **King.**

Should win: **King.**

## Best Director

"Roma" director Alfonso Cuaron, who won the Best Director Oscar for his last film, "Gravity," has already won the Golden Globe, Director's Guild and BAFTA this year, so he's a lock for Best Director again. "Roma" is a visionary masterpiece, full of symbolism and beautiful images that are easy to recognize for its craftsmanship. Curiously, this is the first time since 1987 that two Best Director nominees are from foreign language films: "Cold War" director Pawel Pawlikowski is also in this category. Relatedly, "The

Favourite's" Yorgos Lanthimos is Greek, and he made a splendid black comedy with great performances. If Cuaron is upset it'll probably be Spike Lee, who is the sixth African-American to be nominated for Best Director; no African-American has ever won. This is Lee's first career Best Director nomination; he is the favorite to win Adapted Screenplay. Adam McKay, who previously directed "The Big Short," completes the category for his work on "Vice."

Will win: **Cuaron.**

Should win: **Lanthimos.**

## Best Picture

And finally, Best Picture. Critical favorite "Roma" is the logical choice, as it won the Director's Guild and BAFTA, both foretellers of Oscar glory. But it's also in black and white, Spanish and slowly paced, so one wonders if voters (like many film lovers) will have the patience to sit through all 135 minutes of it. "The Favourite" tied "Roma" for the most overall nominations with 10, but is a love-it-or-hate-it type of movie, so it likely will not have the overall support needed to win. Similarly, "BlackKkKlansman" and "Vice" are too politically divisive. Both "A Star Is Born" and "Bohemian Rhapsody" excelled in their musical moments but struggled during mundane dramatic scenes — neither feels complete enough to win. "Black Panther" is a social and cultural breakthrough; if there's a surprise upset in this category, this could be



it. Of the eight nominees, though, "Green Book" feels the most like a Best Picture Oscar winner: It's a sentimental period piece with a great script and performances, racial themes and a touching story. Unfortunately, director Peter Farrelly isn't nominated for Best Director; only four films in 90 years have won Best Picture without a Best Director nomination, so if "Green Book" truly is "Roma's" biggest competition, it will have to overcome that historical precedent. I don't think it will.

Will win: **"Roma."**

Should win: **"The Favourite."** ■

in the know

**Watch it**  
 >> The 91st Academy Awards are Sunday night, Feb. 24 on ABC at 8 p.m.



# HAPPENINGS

From page 1

dles and pedal steel, screaming guitars or acoustic, Christian or blues, Coral Sky has a show this summer for you. Visit [www.coral.sky.amphitheatrewestpalm.org](http://www.coral.sky.amphitheatrewestpalm.org).

## Opera performs Mozart

He's young. He's arrogant. And he's charismatic. That's a lethal combination for the title character of Mozart's opera, "Don Giovanni."

Palm Beach opera explores the Don's character Feb. 22-24 in a production that's inspired by film noir.

The storyline goes something like this: Don Giovanni will stop at nothing to challenge unrequited lust — even if it means violence. But after one seductive conquest ends in murder, he finds himself at odds with the vengeful women of his past.

Director Kristine McIntyre, who has directed more than 80 operas across the country, makes her Palm Beach Opera debut in this reimagined masterpiece. At the baton is Palm Beach Opera's chief conductor, David Stern.

Soprano Danielle Pastin, who made her Palm Beach Opera debut in the company's world premiere of "Enemies, A Love Story" in 2015, returns to sing Donna Elvira. Also performing as Donna Elvira is Felicia Moore (Feb. 23) in another house debut.

Baritones Andrei Bondarenko and Edward Nelson (Feb. 23) will both mark their Palm Beach Opera debuts in the shared starring role of Don Giovanni. Mr. Bondarenko will also make his role debut in this performance. Last seen at Palm Beach Opera as the Countess in "Le Nozze di Figaro," Caitlin Lynch will perform as Donna Anna. Also singing as Donna Anna



COURTESY PHOTO

**Palm Beach Opera's production of Mozart's "Don Giovanni" takes a film noir theme. It's Feb. 22-24 at the Kravis Center.**

is Hailey Clark (Feb. 23), who will make her Palm Beach Opera debut.

Don Ottavio will be shared by tenors Bogdan Volkov, 2016 second-prize winner at Plácido Domingo's Operalia, and David Margulis (Feb. 23) in two debut performances.

Another Palm Beach Opera debut, Leporello will be performed by Joshua Bloom, who has sung principal roles at many major opera houses throughout his career. Zachary Nelson (Feb. 23) will also perform Leporello. Mr. Nelson was last seen at Palm Beach Opera in the company's 2016 production of "Carmen."

Former Benenson Young Artist Danielle MacMillan, last seen at Palm Beach Opera as Cherubino in "Le Nozze di Figaro," will perform as Zerlina. Masetto will be played

by South Florida native Neil Nelson, who headlined Palm Beach Opera's Summer Opera Nights series last year. Bass Mikhail Kolelishvili will perform as Commendatore in his Palm Beach Opera debut.

Performances are at 7:30 p.m. Feb. 22-23 and 2 p.m. Feb. 24 at the Kravis Center. Tickets start at \$20. Info: visit [www.pbopera.org](http://www.pbopera.org) or [www.kravis.org](http://www.kravis.org).

## CityPlace hosts Asia fest

Local cultural organizations are planning a celebration of Asian culture Feb. 22-24 at CityPlace featuring authentic dance, music and Asian culinary specialties, plus martial arts demonstrations, a tea ceremony and vendors of jewelry, clothing, herbs and home décor.

On Friday, following a demonstration of Chinese painting, a piece of art will be auctioned off, with proceeds benefiting Parkland Victim Foundation. The event is hosted by America China Chamber of Commerce and cohosted by United Creations Entertainment and Sweet Ginger Asian Bistro and sponsored by 123 Tea Trading and Angela Wang Florida Chinese Dance School.

Admission is free. Visit [www.asianculturalfest.com](http://www.asianculturalfest.com) or call Wanda Buskirk at 561-290-7142.

## PBA hosts piano competition

Last week, the 13th annual International Piano Festival Concerto Concert opened at Palm Beach Atlantic University. It's one of the premier musical events offered at PBAU. This annual challenge brings gifted pianists from across the globe to West Palm Beach to compete and earn the International Certificate for Piano Artists (ICPA), an accolade earned by just a designated handful of highly proficient pianists.

The competition culminates Friday, Feb. 22, with the International Piano Festival Concerto Concert at 7:30 p.m. in

DeSantis Family Chapel, 300 Okeechobee Blvd., West Palm Beach. This concert features the best pianist from the competition and the Palm Beach Atlantic Symphony in a program of Bach's Masterworks.

Tickets are \$25, \$10 for students with ID. Contact Ticket Central at 561-803-2970 or visit [www.pba.edu](http://www.pba.edu).

## Music at the library

Here's another great place to expand your music repertoire: The Mandel Public Library, 411 Clematis St., downtown, will showcase a soulful blues concert by award-winning artists Darrel Raines and George Caldwell. From 2-3 p.m. Saturday, Feb. 23, the veteran South Florida musicians perform blues, soul and funk.

Scholars say the history of the blues can be traced to the rural South in the late 19th century. Later, as the children of former slaves migrated north in the '30s and '40s, they brought the blues with them. Soon came a spinoff: Urban blues. Then another: R&B. And another: Rock 'n' roll. Surprised? Learn more from these two players at this free event. For information, visit [www.wpbcitylibrary.org](http://www.wpbcitylibrary.org) or call 561-868-7701.

## Black History Family Day

The newly reopened Norton Museum of Art will host its second annual Black History Family Day on Saturday, Feb. 23. The event is a celebration of the important African-American artists and their art and how it tells illuminates the cultural histories of black Floridians. The free program will highlight the Norton's collection of work by artists of African descent with specialized tours, family workshops, talks, and a teen art studio. The Norton Museum of Art is at 1450 S. Dixie Highway, West Palm Beach. Admission is free on Friday and Saturday. Call 561-832-5196 or visit [www.norton.org](http://www.norton.org). ■

## The Julian Bliss Septet:

*A Tribute to  
Benny Goodman*



**February 25, 8pm**

Recreating the exciting sound of swing from the 30's and 40's, Julian Bliss leads his septet through some of the great tunes of the swing era, staying true to the authentic feel but with a modern twist. Julian became enamored with the performances of Benny Goodman at the age of seven, and in 2010 decided to form a group to perform Goodman's music. The album "A Tribute to Benny Goodman" was released on Signum Records in June 2012 to critical acclaim from both jazz and classical reviewers. The Julian Bliss Septet have performed across Europe at leading venues and festivals including London's Wigmore Hall, the legendary Ronnie Scott's and the Concertgebouw in Amsterdam.

**Tickets: Orchestra \$40/Balcony \$35**

**February 28, 8pm**

Disco IS the sound of the 70s and it still has the power to get us "movin' and groovin'." You're invited to celebrate those disco days and boogie nights with a cast of New York's top performers singing and dancing to super-hits by The Bee Gees, Gloria Gaynor, Barry Manilow, Donna Summer and more! The stage will be ablaze with a live disco band and a trio of Broadway vocalists reminding you that "You Should be Dancin', YEAH!"

**Tickets: All Seats \$35**



**Get Your tickets at the Ticket Office or Online!**

11051 Campus Drive, Palm Beach Gardens ♦ Phone: (561) 207-5900

Web: [EisseCampusTheatre.org](http://EisseCampusTheatre.org)

Hours: Monday—Friday 10:00am-5:00pm & Two hours prior to curtain







“Back pain is stressful and debilitating. Living without it is a gift.”

Join Dr. Robert Biscup, Orthopedic Spine Surgeon, to learn about minimally invasive surgery and regenerative cell therapy for relief of back and joint pain.

**Thursday, March 7th @ 3 PM**

**Raso Education Center at Jupiter Medical Center  
1226 S. Old Dixie Hwy, Jupiter, FL 33458**

Reserve your seat today

**FREE MRI REVIEW**

Bring your MRI or CT scan to receive a complimentary review from Dr. Biscup.

Please call **800.533.7313**

or visit **www.BiscupSpine.com/seminars**

PALM BEACH | NAPLES | NEW YORK



BETSY JIMENEZ / FLORIDA WEEKLY

Lynne Solomon paints abstract expressionist works at her home in Palm Beach Gardens.

**SOLOMON**

From page 1

iversity in Pennsylvania, intending to pursue a teaching career like many other female graduates of the time. But she always adored art.

“I said to my mother, ‘Please send me to art school,’” Ms. Solomon said.

It wasn’t until she met an interior designer 40-plus years ago that she considered cracking her inner creative spirit.

“He told me to go into the arts, that I’d be good at it,” Ms. Solomon said. “It became a passion of mine.”

She started reading about art history. Then she enrolled in the esteemed Barnes Foundation in Philadelphia. It changed her life.

“I didn’t learn to paint at the Barnes Foundation; I learned to see there,” Ms. Solomon said. “To learn to see is an amazing, amazing thing. It has a whole different language — art does — when you really learn how to see.”

She also took classes at another American art school: Anderson Ranch Arts Center in Snowmass, Colo.

“I studied there, stayed in a dorm, the whole thing,” Ms. Solomon said. “I took it very seriously.”

The immersion led to the development of one of her earliest phases.

“Like Picasso, I go through my own phases,” Ms. Solomon said. “I just thought about everything being shaped like a pyramid.”

During her “pyramidal” phase, she

Painted a large-format depiction of the Continental Divide and named it Awakening. The 72-by-96-inch mixed media work hangs in her hallway.

“I would go back there again,” Ms. Solomon said of the center. “It helped shape me.”

Her travels also helped shape her. She has seen the wilds of Africa, the tundras of Australia and the caves of France. Iceland, Japan, South America and Russia are among the other countries she has visited.

“All these things fed my desire to express myself,” Ms. Solomon said. “I’ve been studying art my whole life, and I’ve embraced it for so long. I’m not getting any younger, but I still have a lot left in me.”

Fresh off an exhibit at Palm Beach Gardens City Hall that wrapped up in January, she opens a new one at Sandhill Crane Golf Club this month. The opening reception is Feb. 24. Fifteen works will be featured.

“I am so blessed to be able to do what I love,” Ms. Solomon said. “This is my world.” ■

in the know

**‘Evolving Perspectives’**

- >> **Time:** Dawn to dusk
- >> **Date:** Through March 31
- >> **Where:** Sandhill Crane Golf Club, 11401 Northlake Blvd., Palm Beach Gardens
- >> **Cost:** Free
- >> **Info:** www.pbgfl.com/gardensart

**Wanted!**  
New Listener's for the ONLY station in Palm Beach County playing the greatest music of all time from the 60's & 70's



www.TrueOldiesFLA.com

**PUZZLE ANSWERS**

F	R	A	U	M	A	S	S	A	G	E	S	C	O	T	P	P	S			
E	A	R	N	T	R	I	M	M	E	R	W	O	V	E	R	A	H			
T	H	E	I	N	V	I	S	I	B	L	E	M	A	S	O	N	O	N		
A	M	A	N	A	I	T	L	L	O	N	T	A	S	T	E	R				
V	I	S	A	S	E	A	S	O	N	C	O	N	N	E	R	Y				
E	P	S	I	L	O	N	S	S	R	I	O	P	T	I	M	A	L			
S	A	L	T	F	O	A	L	L	B	J	I	S	T							
Q	U	E	E	N	A	N	N	E	S	S	O	L	A	C	E	S	O	P		
L	E	D	A	D	A	L	Y	U	N	O	T	A	U	P	E					
S	A	P	S	O	S	A	E	R	O	S	C	L	A	S	P	E	R			
P	L	A	Y	S	W	E	L	L	W	I	T	H	S	O	O	T	H	E	R	S
A	L	I	M	E	N	T	I	S	N	T	T	A	T	A	R	A	E			
C	E	D	A	R	T	R	A	G	E	A	R	M	I	S	T					
E	N	S	O	U	N	D	E	R	S	U	S	P	I	C	I	O	N			
O	P	T	B	A	R	S	M	E	E	Z	R	A								
P	R	A	I	R	I	E	E	E	G	S	P	A	R	S	E	S	T			
C	U	R	S	O	R	Y	P	O	W	D	E	R	T	R	E	K				
G	I	B	E	S	E	E	R	I	C	U	S	S	A	L	S	A				
A	N	O	O	F	F	T	R	A	C	K	B	E	S	O	T	T	I	N	G	
M	E	R	D	O	U	R	S	T	O	L	E	I	N	E	R	I	E			
E	D	S	Y	O	L	O	A	S	S	E	N	T	S	R	A	P	S			

7	4	8	5	9	6	3	2	1
9	1	3	2	8	7	4	6	5
2	5	6	3	1	4	9	8	7
8	9	4	7	6	3	1	5	2
6	2	1	8	4	5	7	9	3
5	3	7	9	2	1	6	4	8
3	7	9	6	5	2	8	1	4
4	8	5	1	3	9	2	7	6
1	6	2	4	7	8	5	3	9



## FILM CAPSULES

BY DAN HUDAK

### The LEGO Movie 2: The Second Part ★★

(Voices of Chris Pratt, Elizabeth Banks, Will Arnett) It's Emmet (Pratt) to the rescue after monsters destroy his hometown of Bricksburg and kidnap his friends. It's amusing for older kids and adults, and the self-aware humor is welcome, but the franchise is losing its luster. The whole movie plays a bit tired. Rated PG.

### They Shall Not Grow Old ★★

(Directed by Peter Jackson) Comprised entirely of archival footage, propaganda, and photo stills that have been digitally remastered and colorized in 3D, the documentary is a look at the lives of British soldiers during World War I. It's a fascinating, detail-filled viewing experience that is unlike any World War I movie you've seen. Rated R.



### The Kid Who Would Be King ★★

(Rebecca Ferguson, Patrick Stewart, Louis Ashbourne Serkis) With the ancient evil Morgana (Ferguson) about to resurface, King Arthur's descendant, tweener Alex (Serkis), pulls the sword from the stone and leads a band of

knights to stop her. It's a fun reimagining of the legend that has a nice message for early teens who aren't the most popular kid in school. Rated PG.

### Stan & Ollie ★★

(Steve Coogan, John C. Reilly, Shirley Henderson) Years after their Hollywood stardom, Stan Laurel (Coogan) and Oliver Hardy (Reilly) tour the United Kingdom as Hardy's health start to wane. Coogan and Reilly are solid as the titular pair, but film is dramatically uneven and not as funny as you'd expect. Rated PG.



### Ben Is Back ★★½

(Julia Roberts, Lucas Hedges, Courtney B. Vance) On Christmas Eve, drug addict teenager Ben (Hedges) leaves rehab and returns to his family home, thrilling his mother (Roberts) but making his siblings and stepfather (Vance) nervous. The strong first half gives way to a cliché-ridden conclusion, but Roberts is in top form throughout. Rated R.



### If Beale Street Could Talk ★★

(Kiki Layne, Stephan James, Regina King) The loving courtship of Tish (Layne) and Fonny (James) is juxtaposed with scenes of prison visits after he's (allegedly) falsely accused of rape. We see them fall in love and desperately try to hold onto that love, especially as Tish is pregnant. It's a beautifully made film from director Barry Jenkins ("Moonlight"), as the music, narrative structure and performances (especially Regina King as Tish's mother) are all outstanding. Rated R.

### Mary, Queen of Scots ★★

(Saoirse Ronan, Margot Robbie, Guy Pearce) The story of Mary Stuart (Ronan), Queen of Scotland, as she had a "frenemy" relationship with her cousin, Britain's Queen Elizabeth I (Rob-

bie). Robbie has the higher-profile role, but it's Ronan who shines as the beleaguered Mary. It's not a great movie, but the performances are good enough for its leads to be in the awards conversation. Rated R.

### Aquaman ★★

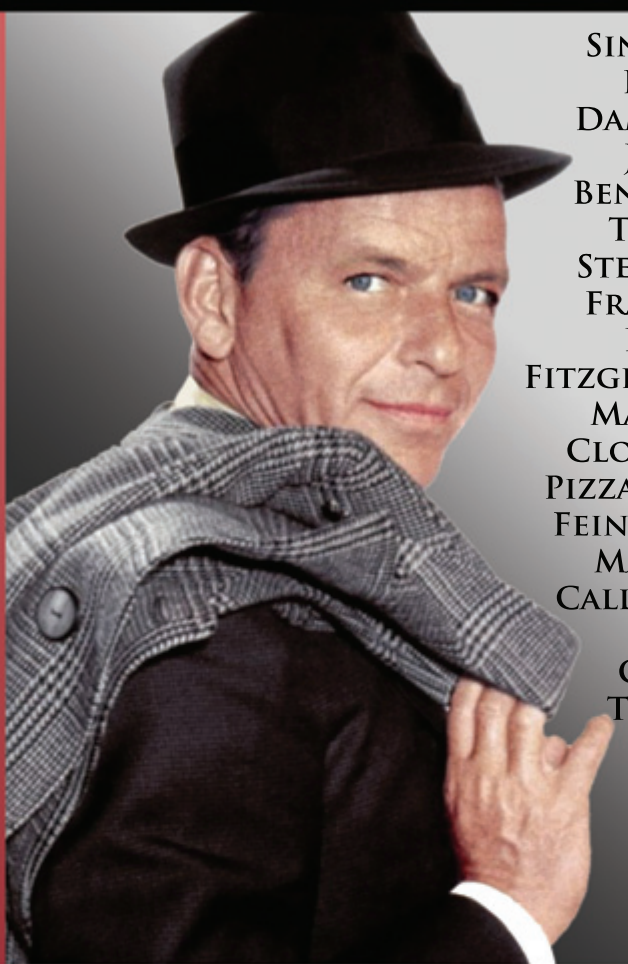


(Jason Momoa, Amber Heard, Patrick Wilson) With a war between humans and the underwater kingdom of Atlantis imminent, half-man/half Atlantean prince Arthur Curry (Momoa) must unite the two worlds as Aquaman. It's too long and there are too many storylines, but the sheer scale and ambition of director James Wan's ("Furious 7") film is to be admired. Rated PG-13.

### Mary Poppins Returns ★★

(Emily Blunt, Lin-Manuel Miranda, Colin Firth) In this sequel to "Mary Poppins" (1964), Blunt assumes the title role as Mary once again helps the Banks family in a time of need. The story is weak, but the song and dance numbers are superb. It's good enough to make the creators of the original proud. Rated PG. ■

DISCOVER



SINATRA  
BUBLÉ  
DAMONE  
JONES  
BENNETT  
TYRELL  
STEWART  
FRANCIS  
KRALL  
FITZGERALD  
MARTIN  
CLOONEY  
PIZZARELLI  
FEINSTEIN  
MATHIS  
CALLAWAY  
COLE  
COMO  
TORMÉ

Legends 100.3FM  
Where Legendary Music Lives - WLML  
Palm Beach County

legendsradio.com  
A Dick Robinson Entertainment Station



An American Bistro & Bar  
CASUAL DINING ON  
WORTH AVENUE PALM BEACH

OPEN 7 DAYS LUNCH & DINNER 11:30 AM - 10:00 PM  
SUNDAY BRUNCH 11:30 AM TO 3:00 PM

Happy Hour Everyday 4 to 6:30

VISIT US AT  
TABOORESTaurant.COM  
561.835.3500





# SOCIETY

## Furry Friends VIP preparty, Provident Jewelry, Jupiter



1. Seth Berman and Lara Pansolli  
 2. John Posey, Heather Posey, Jack Schofield and Beverly Schofield  
 3. Nadia Archambault and Susan Green  
 4. Linda Stein, Linda Marchese, Glenn Garcia and Louise Wallach  
 5. Patricia Deshong and Buddy  
 6. Penny Zarcadoolas, Linda Mennen and Carole Chapuis  
 7. Karen Baum and Herb Baum  
 8. Judy Haile and Chris Eversoul  
 9. Diana Bories and Jacques Bories  
 10. Linda Abrams and Cathy Carr  
 11. Karen Counts and Dick Bissell  
 12. Susan Parker and Michelle Rosander  
 13. Shirley Martinez de Villa and Rosita McAlees  
 14. Gemma Maxime and Paul Burnes



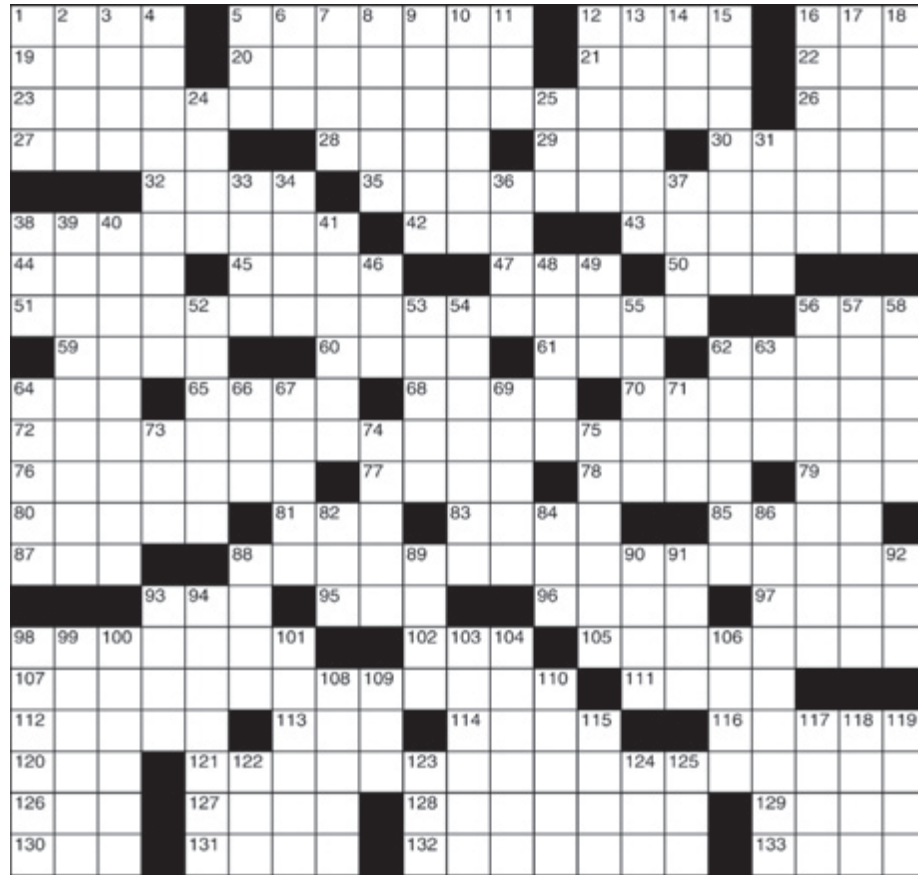
Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email [society@floridaweekly.com](mailto:society@floridaweekly.com).



# PUZZLES

## “SO THERE”

- ACROSS**
- 1 Mrs., in Munich
  - 5 Spa offering
  - 12 Tartan wearer
  - 16 Second afterthought in a letter, for short
  - 19 Work for
  - 20 Barber's tool
  - 21 Made cloth
  - 22 Arena cry
  - 23 Ghost of a bricklayer?
  - 26 A bit more than zero
  - 27 Kitchen range brand
  - 28 “— never fly”
  - 29 Toronto's prov.
  - 30 Fall bloomer
  - 32 Passport stamp
  - 35 Put herbs and spices on a James Bond actor?
  - 38 Greek vowels
  - 42 Mr., in Mysore
  - 43 Ideal
  - 44 Deicing stuff
  - 45 Stable baby
  - 47 JFK's veep
  - 50 Suffix with final or novel
- DOWN**
- 1 Cheese that crumbles
  - 2 Chicago mayor — Emanuel
  - 3 Territory
  - 4 Like surprise guests
  - 5 “Siesta Key” channel
  - 6 Shapiro of radio
  - 7 “Yes, yes!,” to Pedro
  - 8 “24: Legacy” actor Jimmy
  - 9 Saunters
  - 10 Actress Sarah Michelle —
  - 11 Poetic “prior to”
  - 12 Football player Lynn
  - 13 Sam's Club alternative
  - 14 —lacto-vegetarian
  - 15 Lessees
  - 16 For the time being
  - 17 Chain of bakery-cafés
  - 18 Singer Crow
  - 24 Finger part
  - 25 Bovine noise
  - 31 Sulky mood
  - 33 Den fixture
  - 34 After a while
  - 36 Grain tower
  - 37 Sheriff Taylor's kid
  - 38 Atty.'s name follower
  - 39 He co-founded Microsoft with Bill Gates
  - 40 Sominex and Nytol, e.g.
  - 41 Light shoe
  - 46 Grassland
  - 48 Pink wine
  - 49 Mo. #1
  - 52 Suez Crisis figure
  - 53 Tons
  - 54 Serum injector
  - 55 Winter drink
  - 56 Really big
  - 57 Collect-call connectors
  - 58 In itself
  - 62 Dojo mat
  - 63 Gray shade
  - 64 With 95-Across, wide keyboard key
  - 66 Fess (up to)
  - 67 Brief quarrel
  - 69 River romper
  - 71 Ton
  - 73 Singer
  - 74 Forest vine
  - 75 Does some harping?
  - 82 Polish, e.g.
  - 84 Stubborn equine
  - 86 Rink athlete
  - 88 Move slightly
  - 89 Attracted
  - 90 Mo. #9
  - 91 Bosc, e.g.
  - 92 Rebellion figure
  - 93 Soine feeder
  - 94 Study of poetic rhythm
  - 98 Minecraft, e.g.
  - 99 Wrecked
  - 100 Shady spots
  - 101 Impressive sight
  - 103 Mandates
  - 104 Some lizards
  - 106 Repose
  - 108 —Canada (oil biggie)
  - 109 Bruins great
  - 110 Russian money
  - 115 Not masked
  - 117 Turkish money
  - 118 Cut, as hair
  - 119 Many years
  - 122 Egg — yung
  - 123 Smile center
  - 124 Grab a chair
  - 125 Put— (deceptions)



◀ SEE ANSWERS, B10

## HOROSCOPES

**PISCES (February 19 to March 20)** You find yourself swimming in circles, looking for some way to get back on a straight course. But things get easier once you're able to refocus your energies.

**ARIES (March 21 to April 19)** Your efforts in behalf of a colleague do not go unnoticed, let alone unappreciated. Meanwhile, arrange to spend more time investigating that troubling fact you recently uncovered.

**TAURUS (April 20 to May 20)** Devoting a lot of time to a current career move means having less time for those in your private life. But once you explain the circumstances, they should understand and be supportive.

**GEMINI (May 21 to June 20)** Organizing your many duties in order of importance should help you get through them pretty quickly. Additional information puts that still-to-be-made decision in a new light.

**CANCER (June 21 to July 22)** Lingering bad feelings over a recent misunderstanding should fade as rec-

onciliation efforts continue. Meanwhile, vacation plans might need to be revised because of new developments.

**LEO (July 23 to August 22)** Love dominates the Lion's heart this week, with Cupid shooting arrows at single Leos and Leonas looking for romance. Partnered pairs also enjoy strengthened relationships.

**VIRGO (August 23 to September 22)** “Getting to Know You” should be the single Virgo's theme song as you and that special person discover more about one another. That workplace situation needs looking into.

**LIBRA (September 23 to October 22)** You might be upset at having your objectivity questioned in the handling of a dispute. But it would be wise to re-examine your feelings to make sure you're being fair with both sides.

**SCORPIO (October 23 to November 21)** A family dispute creates mixed feelings about how you hope it will be ultimately resolved. Best advice: Stay out of it and let the

involved parties work it through by themselves.

**SAGITTARIUS (November 22 to December 21)** Making an effort to smooth over even the smallest obstacles now will go a long way to assuring that things run smoothly once you're set to move on with your plans.

**CAPRICORN (December 22 to January 19)** A challenge to your authority can be upsetting, but your longtime supporters want you to defend your position so you can win over even your most adamant detractors.

**AQUARIUS (January 20 to February 18)** Being unable to get involved in a friend's problem calls for an honest approach. Provide explanations, not excuses. Another friend might be able to offer support for your decision.

**BORN THIS WEEK:** You're known for your charm and your wisdom, and there's no one who wouldn't want you to be part of his or her life. ■

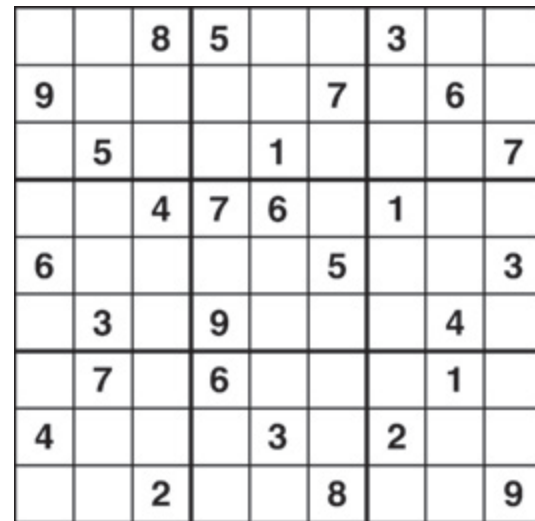
## SUDOKU

Difficulty level:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

By Linda Thistle



◀ SEE ANSWERS, B10

## Summer program offers youth a chance to act

Palm Beach Dramaworks has a new education initiative, The Academy@pbd, a summer program for teenagers that provides them with the opportunity to appear in a musical or play.

The shows to be performed are the musical “Edges” by Benji Pasek and Justin Paul, and Henrik Ibsen's play, “An Enemy of the People.” Casting for both productions will be determined through auditions, which take place on March 9 and 11.

Interviews also will be held on those dates for stage management positions. Performers and potential stage managers must be rising ninth graders through graduating seniors. No auditions are required for the Acting Intensive, which is open to rising sixth graders through

graduating eighth graders.

The two-week rehearsal period for “Edges” runs from June 10-27, with performances on June 28-29 at 7 p.m., and June 30 at 2 p.m.

Rehearsals for “An Enemy of the People” take place from July 8-25, with performances on July 26-27 at 7 p.m., and July 28 at 2 p.m.

The Acting Intensive runs from July 8-19, culminating in a performance on the final day of the two-week class. This course is designed for the student interested in developing technique while being challenged by professional instructors.

For more information, visit palm-beachdramaworks.org/academy. ■



# VINO

## Make an adventure out of navigating the world of wine

**jerryGREENFIELD**  
vino@floridaweekly.com



I once knew a couple who had a shared goal: to ride every major roller coaster in America. During their vacations, they would travel to amusement parks all over the country and do just that.

Around our house, a mutual goal is to sample as many types of wine as we can, from as many places, and hopefully to visit most of those places.

The joy of discovery is a major part of the delights of wine appreciation. Even after 25 years of enjoying and writing about wine, I still get surprised when someone pours me a glass of Airén, for instance, and I find out it's the most widely grown white grape in the world. Coming across it on the shelf might not be easy, though. Likewise, when you're browsing in the wine shop you might go right past that tall, skinny bottle of Picpoul de Pinet. But if you do, you'll be missing a treat.

The point is that in order to get the most out of the many pleasures offered by this ancient and (in many places) sacred beverage, you need to sample widely. Not overindulge, mind you, but stay open to new varietals, regions and experiences. If you sip one and don't like it, that's fine. At least you tried. I'm sure that if you sample widely enough,

your delightful discoveries will outweigh the disappointments.

All that being said, here is a compilation of new evaluations from my tasting panel and me as we catch up on several samples that have been waiting a while for review. Please try them. And enjoy.

■ **Tascante Nerello Mascalese Sicily 2014 (\$45)** — Don't let the translucent ruby color fool you: This wine is big and bold on the palate, which is typical of the Nerello Mascalese grape. Lots of blueberry and lots of structure, too. Because it's so nicely balanced between tannin and acidity, you'll want to enjoy this with highly flavored foods. WW 88-89.

■ **Chimney Rock Cabernet Sauvignon Stag's Leap 2015 (\$99)** — More than 80 percent Cabernet with dashes of the other classic Bordeaux varietals, this is a classic wine. Black fruit flavors of currant and cherry coat the palate, along with notes of toffee and vanilla from the French oak aging. Enjoy now or lay it down for a special occasion. WW 98.

■ **Dutton Goldfield Pinot Noir Sonoma Coast Redwood Ridge 2015 (\$62)** — This pinot is deep and opaque, unlike most others. A symphony of old world aromas rises from the glass: earth, tobacco,



mixed dark fruit. Very straightforward with some blueberry and a definite hint of cardamom. Produced by the Mondavi Family, which makes an annual donation to the Purple Heart Foundation for wounded military veterans. WW 87.

■ **Charles Krug Cabernet Sauvignon Generations Family Reserve Napa Valley 2014 (\$35)** — A stunner. Hedonistic dark cherry, blueberry and vanilla, with well-integrated silky tannins and a sweet finish.

Lovely now, but will age for at least a decade. WW 94.

### Ask the Wine Whisperer

**Q.** I've heard that some wines contain a substance called "brett." What is it, and what does it do?

— Marsha N., Miami

**A.** Brettanomyces is a type of yeast, one variety of which is used in the fermentation of beer. The wild variety, which can hide on grape skins, in wine barrels or anywhere in a winery, can produce a barnyard or horsey flavor and aroma. In small concentrations, in mainly red wines, it can even be desirable. But for most people, it's something of an acquired taste. ■

— Jerry Greenfield is wine director of the international Direct Cellars wine club. Visit his website to read his other writings.



licorice and leather. The fruit flavors chime in with cherry, raspberry and maybe even some black tea. Definitely not your everyday pinot noir. Give it time to open. WW 91.

■ **Chapoutier Bila-Haut Occultum Lapidem Rouge 2016 (\$30)** — In case you've forgotten your high school Latin, it means "hidden stone." This Rhône red is dense opaque garnet in the glass with aromas of smoke, bright dark fruit, tobacco and currant that pay off on the palate. Refined tannins lead to a long, slightly sweet finish. Lovely. WW 91.

■ **Purple Heart Red Blend Sonoma County 2015 (\$15)** — The blend is mostly merlot, with zinfandel, petit verdot and cabernet franc. It offers a nose of perfumed,

# SOCIETY

## The Palm Beach Wine Auction, Kravis Center



Cindy Mandes and Ted Mandes



Cynthia Jean and Henri Jean



David Page and Tuny Page



Kathryn Vecellio and Leo Vecellio



Shelley Menin and Craig Menin



Tamara Broadrick and Ron Broadrick



Rod Fink and Madeline Fink



Mariann Tenaglia and Stephen Colanero

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email [society@floridaweekly.com](mailto:society@floridaweekly.com).

CAPEHART PHOTOGRAPHY



## FLORIDA WEEKLY CUISINE

## Jupiter Seafood Festival returns to Carlin Park

janNORRIS

jan@jannorris.com



The **Jupiter Seafood Festival** turns seven this year, and it's bigger than ever.

**Lainey Muenich**, director, said the festival that began in **Abacoa** quickly outgrew that location.

"We moved it to **Carlin Park**. It makes more sense to be next to the water."

More than 100 food and nautical vendors will have booths set up at Carlin Park both days, Feb. 23 and 24. Ms. Muenich said there's food for every taste.

"**Guanabana's** and **Food Shack** are coming and representing local seafood. We have other small catering companies bringing regional and specialty seafood. One brings Cape Cod to it with lobster rolls and chowder, and we have conch salad from some Bahamians. There's a vendor bringing Louisiana-style seafood," she said.

No formal food judging takes place. "We just have fun with it," she said. "We have a shrimp-eating contest both days — whoever can eat the most shrimp. We just like for people to come and hang out and taste some food."

It's cash only for tickets, and food and drink sold separately. Admission is \$10 for those over 12; kids are free.

For all information, visit [www.jupiterseafoodfestival.net](http://www.jupiterseafoodfestival.net).

**Lake Worth food fest**

The free **Lake Worth Street Painting Festival** returns this weekend, and they've added a food component the night before.

**The Great Taste of Lake Worth** takes advantage of the closed-off streets on Friday, Feb. 22, and more than 30 restaurants and vendors from the area will serve bites and offer goods for sale on Lake and Lucerne Avenues downtown.

Only 300 tickets are available to this event. Live music and raffle prizes are part of the Taste; tickets are \$25 each.

Tickets are available at **Paws on the Avenue**, 525 Lake Ave., Lake Worth, and at the **Mad Hatter Lounge**, 1532 N. Dixie Highway, Lake Worth. For information, visit [www.streetpaintingfestivalinc.org](http://www.streetpaintingfestivalinc.org).

**Okeechobee Steakhouse brunch**

There's a new upscale brunch in town. **Ralph Lewis**, whose family owns the **Okeechobee Steakhouse**, decided the time was right to bring on the Steak and Egg Sunday brunch.

It has to do with the steakhouse's new event hall nearby — a perfect venue for brunch served family-style with dishes meant to share, Mr. Lewis said.

The signature plate is the Sunday Morning Steak n' Eggs: a half-pound prime New York strip with two eggs.

Diners can start with caviar or the steakhouse's shrimp cocktail. Or, two buttermilk biscuits served with bacon jam, honey and bone marrow butter.

Signature dishes include a short rib burrito with beef short rib, fried egg, potatoes and burrito toppings; bread pudding French Toast drizzled with a bourbon caramel sauce; shrimp-stuffed avocado with Thai sweet chili sauce; The Norma, a dish inspired by Mr. Lewis' grandmother featuring two eggs, corned beef hash and choice of potatoes or grits; and the Big Ralph, with two eggs, sausage gravy and biscuit, bacon or short rib hash, and cheese grits.

There's a full bar with typical brunch drinks, but bourbon cocktails are the signature drinks.

Brunch is served Sundays only, 10:30 a.m. to 2:30 p.m.

Okeechobee Steakhouse Event Hall is at 2888 Shawnee Ave., West Palm Beach. Visit [www.okeesteakhouse.com](http://www.okeesteakhouse.com) or call 561-683-5151.

**TYCA at Hai House**

The same group who recently opened **Hai House** in Palm Beach has come up with a fast-casual lunch spot next door. **Collab Hospitality** brings **TYCA at Hai House** to the **Esplanade**, with Chinese bowls and burritos in an Asian-fusion menu.

It's a build-your-own concept, with a bowl or burrito base, then greens, choice of rice, or noodles, then a number of vegetable and protein toppings.

Six signature sauces top off the meals, priced between \$11 and \$15.

TYCA (Thank You Come Again) is open lunch hours, 11 a.m.-2 p.m., Monday through Saturday, on the second level, 150 Worth Ave., Palm Beach. For information or to order take-out, visit [www.eatTYCA.com](http://www.eatTYCA.com), or call 561-766-1075. ■



COURTESY PHOTO

**Benny's on the Beach** is now open for breakfast, lunch and dinner seven days a week.

# JAN'S THREE FOR 3 Places to eat in Lake Worth for Street Painting fest

A trio worth noting

**1 CALLARO'S STEAKHOUSE**

717 Lake Ave., Lake Worth. Phone 561-588-9730; [www.callarossteakhouse.com](http://www.callarossteakhouse.com).

With new owners — former customers often make the best ones — the steakhouse has been refreshed, and the menu expanded with Italian chop-house dishes and steaks. Delmonico is a favorite. We, however, can barely get past the Beef on Weck: shaved roast beef on a caraway-seed and salt dusted kummelweck roll — with jus and horseradish de rigueur. My, oh, my.

**2 COUCO PAZZO**

915-917 Lake Ave., Lake Worth. Phone 561-585-0320; [www.coucopazzo.com](http://www.coucopazzo.com).

A longtime favorite in Lake Worth because of its consistency in food and hospitality. All Italian favorites, including the mussels (great in the fra diavolo sauce), fettuccini Bolognese, cioppino, eggplant lasagna, chicken portabella — and their pizzas. We keep coming back here simply because it delivers. Fun small bar, too.

**3 BENNY'S ON THE BEACH**

10 S. Ocean Blvd., Lake Worth. 561-582-9001; [www.bennysonthebeach.com](http://www.bennysonthebeach.com).

Get out of downtown and hit the beach. If ever there were a restaurant to take visitors, this is it. The ocean, a pier, plentiful seafood — what else is left? Crabcakes are award-winning, and the fish tacos a treat. Salads are a best bet, too, for those watching a waistline. Both inside and outside seating upper and lower decks. Note: Metered parking at the beach lots, but you do not have to pay to get onto the pier to dine at Benny's. ■

— Jan Norris, [jnorris@floridaweekly.com](mailto:jnorris@floridaweekly.com)

**THE DISH:** Highlights from local menus

**The Dish:** Coconut cake

**The Place:** City Diner, 3400 S. Dixie Highway, West Palm Beach. Phone: 561-659-6776; [www.mycitydiner.com](http://www.mycitydiner.com)

**The Price:** \$4.95

**The Details:** Let them eat cake! Specifically, the coconut cake that chef Richard Kline bakes. A golden rich moist cake is layered and topped with a thick buttercream that holds all the coconut flakes together. Toasted coconut is mixed in with the whipped cream served alongside the crème anglaise, and a faint dusting of cinnamon is just right over the plate. Try as we might, we can't stop at half a slice. Makes us want to order dessert first. We're just coco-nutty for this perfect dessert slice. ■

— Jan Norris, [jnorris@floridaweekly.com](mailto:jnorris@floridaweekly.com)







Photo credit: Eric Roth

## Baskets for Every Occasion

Visit our collection of baskets from around the world! Perfect for market, picnic, gifts and so much more... for you and your picnic.

*For you and your picnic*

561-328-7983  
picnicfashion.com



425 South Olive Avenue  
West Palm Beach

# FIESTA ON

# FLAGLER

THE SOUTH END NEIGHBORHOOD ASSOCIATION INVITES YOU TO JOIN US FOR FIESTA ON FLAGLER IN SUPPORT OF FAMILY PROMISE NORTH / CENTRAL PALM BEACH COUNTY

LOCATED AT THE SOUTH END OF FLAGLER DR.  
THURSDAY, MARCH 14th 6:30PM - 9:30PM

COCKTAILS, DINNER, LIVE MUSIC, AND SO MUCH MORE!  
SPONSORSHIP OPPORTUNITIES AVAILABLE

LEARN MORE: [info@familypromisencpcb.org](mailto:info@familypromisencpcb.org)

Family Promise®  
of South Palm Beach County, Inc.

Call 561-318-8864 x 2

For tickets, visit: <https://fiestaonflagler.eventbrite.com>

# WAIT UNTIL DARK

Feb. 28 - Mar. 17, 2019

713 Lake Avenue, Lake Worth  
[lakeworthplayhouse.org](http://lakeworthplayhouse.org) | 561.586.6410

# LIFE. STYLED.

**LUXCOM™**  
*Homes with Style + Substance*

**TOWNHOMES by LUXCOM**

**Close to Everything. A World Away.** A lake-front sanctuary of style and design in the heart of Wellington life. Select from 5 spacious floorplans and a wealth of choice finishes. Relish in this garden oasis with rich amenities including a private, gated entry, resort-style pool with cabana and sundeck, volleyball, stocked lake with fishing pier, dog park and much more.

3-4 BEDROOM, 2.5+ BATH, 1-CAR GARAGE  
TOWNHOMES FROM THE \$300'S

**START LIVING YOUR DREAM LIFE ...**

561 777 2322 Open Daily 10-6  
9919 Pioneer Rd, Royal Palm Beach FL  
[Greyson-Homes.com](http://Greyson-Homes.com)

FEATURED AMENITIES: LAKESIDE CABANA, SUNDECK AND RESORT-STYLE POOL.

GATED ENTRY / CABANA + POOL / PLAYGROUND / DOG PARK / VOLLEYBALL / LAKE + FISHING PIER

ORAL REPRESENTATIONS CANNOT BE RELIED UPON AS CORRECTLY STATING THE REPRESENTATIONS OF THE DEVELOPER. FOR CORRECT REPRESENTATIONS, REFERENCE SHOULD BE MADE TO THE CONTRACT. DEVELOPER RESERVES THE RIGHT TO CHANGE OR WITHDRAW ANY OFFER AT ANY TIME. NOT AN OFFER WHERE PROHIBITED BY STATE STATUTES. THESE CONCEPTUAL DRAWINGS AND FEATURES ARE FOR THE CONVENIENCE OF REFERENCE. THEY SHOULD NOT BE RELIED UPON AS REPRESENTATION, EXPRESSED OR IMPLIED, OF THE FINAL DETAIL. ADDITIONAL RESTRICTIONS MAY APPLY. PLEASE CONSULT A LUXCOM SALES REPRESENTATIVE FOR ADDITIONAL INFORMATION.

**REALTORS WELCOME**

# Your Home is Our Home

## Get the home state advantage. Ship your car home with us.

Door to Door or convenient drop off at Palm Beach International Airport

★ **800-800-2580** ★

**[www.shipcar.com](http://www.shipcar.com)**



# Jupiter Medical Center Urgent Care



**625 N. Flagler Drive, West Palm Beach**  
(On the west side of the Flagler Memorial Bridge)

## When you need us. Where you need us.

Minor emergencies • Illnesses • Flu shots  
Digital X-rays • EKGs • Lab services • Travel vaccines

Most major insurance plans accepted. Open daily, including weekends and holidays. No appointment necessary! Complimentary valet parking in the parking garage on 6th Street. For a virtual consultation, download our **CareAnywhere** app at [jupitermed.com/virtual-care](http://jupitermed.com/virtual-care).

**Hours: Monday-Saturday: 8 a.m.-8 p.m.**  
**Sunday: 9 a.m.-5 p.m.**

To learn more about our urgent care locations in Palm Beach and Martin counties, visit [jupitermedurgentcare.com](http://jupitermedurgentcare.com) or call **561-257-5982**.

 JUPITER MEDICAL CENTER

ADVERTISEMENT

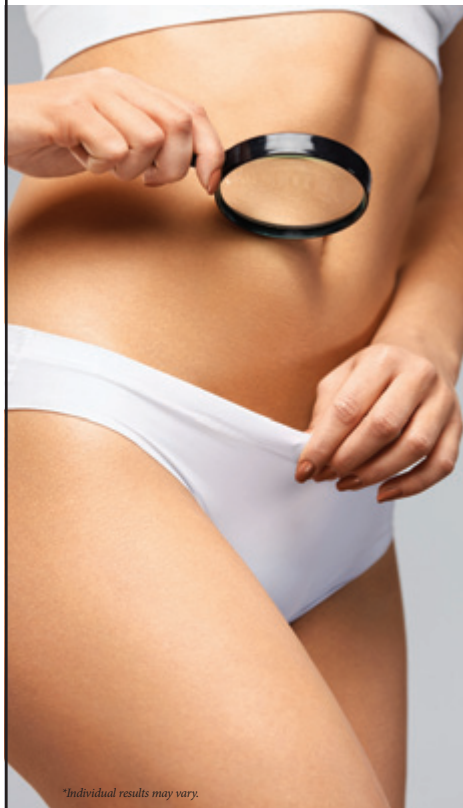


## LABIAPLASTY 101... LET'S TALK ABOUT IT!

### So what exactly is Labiaplasty?

Labiaplasty is an elective procedure, with little downtime, that reduces the size or corrects an asymmetry of the Labia Minora. Labiaplasty procedures have increased more than 200% over the past 5 years! Labiaplasty/Feminine Rejuvenation procedures are currently the fastest growing female elective procedure in the United States.

WHY?...as women are becoming increasingly more comfortable "talking about it" and realizing the empowerment in optimizing and embracing their feminine health and intimacy. For their relationships... and for themselves.



### Is this procedure for you OR someone close to you?

- Do you experience tugging or pain during intercourse?
- Are you consistently getting Urinary Tract discomfort/infections?
- Can you visually see your Labia outline through swimsuits, yoga pants, etc.?
- Are you uncomfortable when wearing fitted pants or clothing?
- Do you feel like this type of awareness is "holding you back"?
- Are you bothered when you exercise or perform certain movements?

*If you answered YES, to any of these questions, we can help U!*

### Does Dr. Anne perform Labiaplasty?

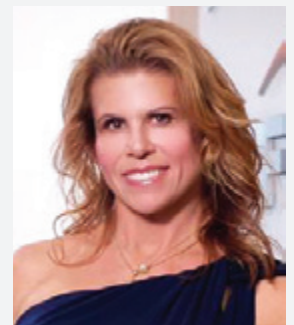
Absolutely! In fact, Dr. Anne trains other surgeons on her techniques and how to incorporate the CO<sub>2</sub>RE Laser with Intima procedure for an even elevated result.\*

P.S. Trust your "lady parts" with a woman...and a board certified woman...at that. (Who has been taking care of vaginas for nearly 20 years!)

## DR. ANNE LORD-TOMAS, D.O.

FACOGG COSMETO-GYNECOLOGY  
AAAASF Certified Surgical Facility

Dr. Anne has been in clinical practice for 18 years. She received her medical degree as a Doctor of Osteopathic Medicine from NSU in South Florida. Dr. Anne is co-partner and founder of U First Health & Rejuvenation/U First Surgical Center & U First MedSpa in SW Florida, alongside her husband, Dr. Robert Tomas. She is Board Certified in her specialty and a member of many organizations, including locally the LCMS. Her practice offers: "Below the Waist" feminine restorative/rejuvenation procedures, mastery in bio-identical hormone optimization, female and couples' wellness, well-woman exams, MedSpa and laser/injectables. She is passionate about and promoting others to balance busy lives with health and wellness, to age more optimally.



"I am privileged to help women live and age well in all aspects of their wellness...healthy, empowered intimacy is no exception."  
- Dr. Anne



**239.243.8222**  
12650 World Plaza Lane,  
Building 72, Suite 1,  
Fort Myers, FL 33907  
[dranneallin.com](http://dranneallin.com)  
[UFirstHealth.com](http://UFirstHealth.com)





BeallsFlorida.com

# BEALLS

— Live Life Local —

## Shop savings throughout the store & at BeallsFlorida.com



**new balance**

To find the nearest Bealls Store, hours, and latest deals, visit [BeallsFlorida.com](http://BeallsFlorida.com)

easy~spirit



**SKECHERS**



**CLOUDSTEPPERS**  
by Clarks

**EXTRA 20% OFF** | **YOUR PURCHASE**  
Sale, regular & clearance merchandise  
Excludes BEVs & select brands

WEDNESDAY-TUESDAY, FEBRUARY 20-26, 2019

Use promo code **WALK** on [BeallsFlorida.com](http://BeallsFlorida.com)

**SAVINGS PASS**

**EXCLUSIONS:** BEVs (Bealls Extreme Values), Birkenstock®, Cobian®, Columbia, Hook & Tackle®, Huk™, Levi's®, Life Is Good®, Melissa & Doug®, Natural Life®, Nike®, Pelagic®, Reef®, Sakroots®, Simply Southern®, Under Armour®, Vionic® and additional online exclusions may apply. Valid for use on a qualifying merchandise purchase in Bealls Stores, by phone at 800-569-9038, on Click&Find® kiosks and on [BeallsFlorida.com](http://BeallsFlorida.com) only. Bealls Bucks, Coast2Coast Rewards® & dollar-off discounts will be applied prior to percent-off total purchase discounts. Savings Pass must be presented at time of purchase. Limit one (1) Savings Pass per purchase. Cannot be applied to prior purchases, gift card purchases, existing Bealls Florida credit balances, taxes, or shipping charges and cannot be used with Employee Discount or any other offer. Savings Pass is applied to qualifying items on a prorated basis; returns will be credited at the return price on your receipt. Not valid at Bealls Outlet. Bealls Stores & [BeallsFlorida.com](http://BeallsFlorida.com) are operated by Bealls Stores, Inc. and Beall's Westgate Corporation. SP01

990213199262000200305196

Bealls Stores & [BeallsFlorida.com](http://BeallsFlorida.com) are operated by Bealls Stores, Inc. and Beall's Westgate Corporation.

**COAST2COAST**  
Rewards®

Earn a **\$5** REWARD for enrolling!

**NO EXCLUSIONS**  
Rewards valid on **EVERYTHING!**

**SHOP. STACK. SAVE!**

Visit [BeallsFlorida.com/rewards](http://BeallsFlorida.com/rewards) for full Terms and Conditions.

# GET \$10 BEALLS BUCKS

for every \$50 you spend

Receive \$10 Bealls Bucks when you make a qualifying merchandise purchase of \$50 or more (before taxes) in Bealls Stores only. Bealls Bucks, Coast2Coast Rewards® & dollar-off discounts will be applied prior to percent-off total purchase discounts. Maximum of \$120 Bealls Bucks awarded per guest. Bealls Bucks have no cash value and can be redeemed in-store only at Bealls Stores. Bealls Bucks must be presented and surrendered at time of purchase; any remaining balance will be forfeited. Bealls Bucks cannot be earned on purchases of gift cards or applied to prior purchases, gift cards, taxes or existing Bealls Florida credit balances. Not valid at Bealls Outlet Stores. Offer cannot be earned or combined with Employee Discount. OP13A



# LIST WITH A LUXURY LEADER

## THE BEAR'S CLUB, JUPITER



1 Acre + Estate | 6BR/7.1BA | 9,685 SF | \$9.475M

## ADMIRALS COVE, JUPITER



Direct IC for 85 Ft Yacht | 5BR/6.2BA | 5,812 SF | \$6.85M

## OCEAN'S EDGE 301, SINGER ISLAND



Condo with Private Pool | 4BR/4.1BA | 5,634 SF | \$5.499M

## FRENCHMAN'S CREEK, PBG



Deep Water Estate | 6BR/8.2BA | 7,003 SF | \$3.49M

## FRENCHMAN'S CREEK, PBG



Totally Renovated | 3BR/4.1BA | 3,325 SF | \$2.549M

## 420 RED HAWK DRIVE, JUPITER



Jack Nicklaus GC | 5BR/6.1BA | 4,460 SF | \$2.18M

## OLD PALM GOLF CLUB, PBG



Golf Estate | 3BR/3.2BA | 3,967 SF | \$1.595M

## PGA NATIONAL, PBG



Luxury Lifestyle | 5BR/4BA | 3,527 SF | \$775K

## BRIGADOON, JUNO BEACH



Updated | 2BR/2BA | 1,771 SF | \$705K

## DUNES TOWERS, SINGER ISLAND



Wide Water Views | 2BR/2BA | 1,330 SF | \$374K



**VINCE MAROTTA**  
LOCAL LUXURY EXPERT

**561.847.5700**  
vmarotta@marottarealty.com



**MAROTTA**  
REALTY GROUP  
ILLUSTRATED PROPERTIES

*Leading* REAL ESTATE COMPANIES OF THE WORLD®

LUXURY PORTFOLIO  
INTERNATIONAL®