

# PALM BEACH FLORIDA WEEKLY®

IN THE KNOW. IN THE NOW.

WEEK OF AUGUST 16-22, 2018

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COURTESY PHOTO

Florida Weekly won awards for stories on growth, human trafficking and Arlo Guthrie.

## Florida Weekly sweeps press awards: Named best weekly newspaper in state

### SPECIAL TO FLORIDA WEEKLY

The Florida Press Association has named Florida Weekly the best weekly newspaper in the state after the newspaper racked up 25 journalism awards at the 2018 Florida Media Conference in Orlando.

Florida Weekly also recently earned five awards at the Society of Professional Journalists Sunshine State Awards in Miami, which included all daily newspapers in the state. In addition to the top FPA award for weekly newspapers with circulation above 15,000, Florida Weekly writers, designers and editors won 12 first place, five second place and seven third place awards.

The team of Vandy Major, Scott Sleeper, Jan Norris, Nanci Theoret, Evan Williams, Roger Williams, Eric Raddatz, Scott Simmons and Betty Wells won the prestigious Claudia Ross Memorial Award for Investigative Reporting for a 20-page special report on Florida's water issues. It is the fourth time that the newspaper has won this award.

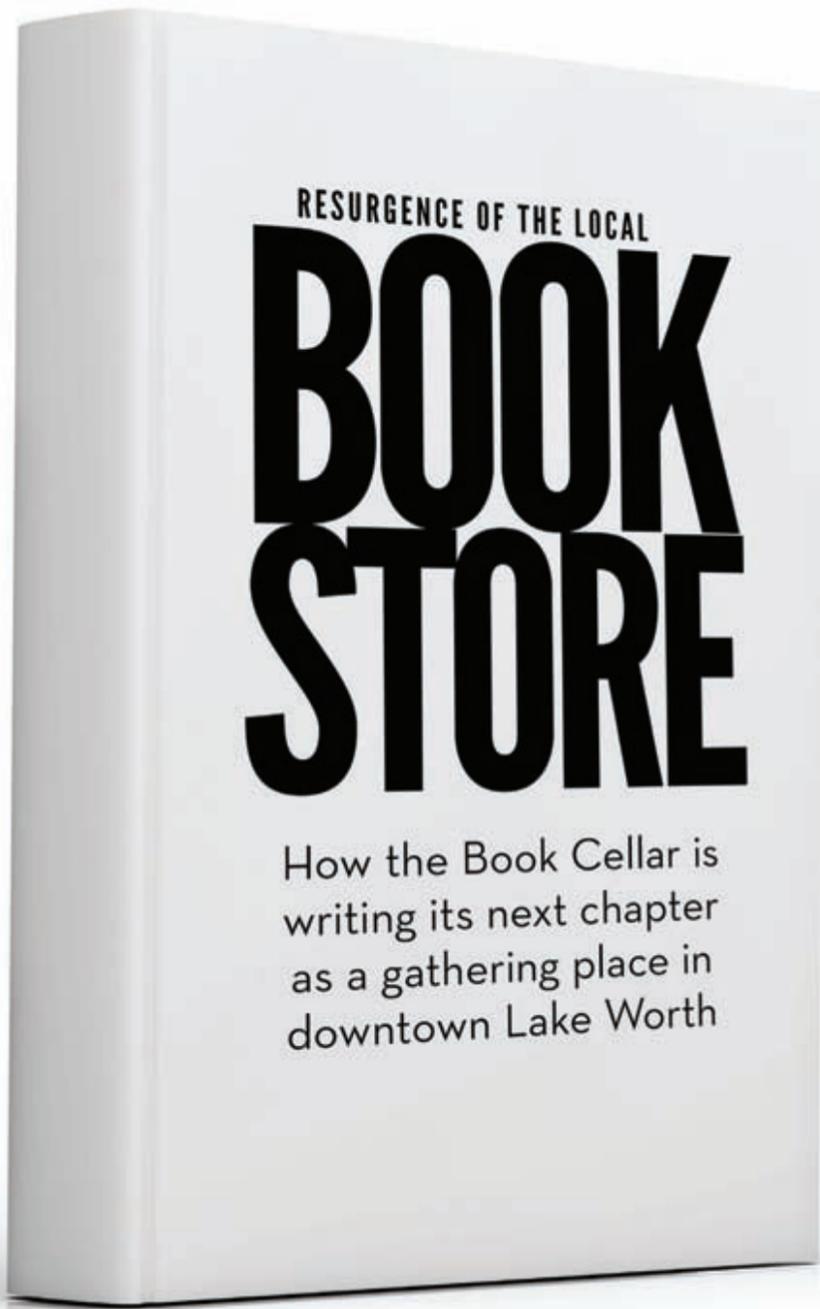
Evan Williams won six first place awards along with three second place and one third place awards.

"It's very gratifying to be singled out by your peers for outstanding work," said Florida Weekly cofounder and Executive Editor Jeffrey Cull. "And this team works tirelessly week after week to create the type of newspaper that connects with our more than 220,000

SEE AWARDS, A23 ►

"Everything that goes around comes around ... The pre-Amazon stores were getting bigger and bigger, 10,000 to 20,000 square feet. Now the new independent stores that are opening are small, 2,500 square feet. They just need to curate titles that they feel their customers will buy on the spot, and then offer a website where they can buy anything else they want."

— Wanda Jewell, executive director of the Southern Independent booksellers Alliance, which counts 76 independents in Florida



GAIL V. HAINES / FLORIDA WEEKLY

The Book Cellar in downtown Lake Worth.

BY RON HAYES

Florida Weekly Correspondent

AS YOU'VE NO DOUBT HEARD BY NOW, the good old, independent neighborhood bookstore is no more.

It fell off its twig and kicked the bucket. Shuffled off its

SEE BOOK STORE, A14 ►

## INSIDE



### Guitar master

Jeff Beck marks 50 years of musical skill at Coral Sky. **B1** ►



### Behind the Wheel

The Volkswagen Golf GTI turns 35. **A20** ►



### Seaside solidarity

Hundreds turn out for Hands Along the Water. **A9** ►



### The Dish

We're hungry for Hunan Chicken at Grand Lake. **B11** ►

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# COMMENTARY

## The Republican dilemma



With the possible exception of the Civil War, the single most dire threat to a secure Florida future for any generation in the 173-year history of the Sunshine State is now upon us.

Not even the Great Depression or World War II can compare to the threat that could end life here as we know it by 2100, 82 years from now.

We're on the verge of an ecosystem collapse our young children will inherit.

While climate change and the warming oceans will flood some of our most populated coastal communities in the next few decades, we have a more pressing problem: Our own toxic freshwaters now extend throughout Florida, but in particular through the southern half of the peninsula.

From Orlando and Tampa south almost 200 miles to Florida Bay, we've poisoned ourselves.

This is the current picture: The 143-mile dike surrounding Lake Okeechobee can't contain the water flowing into it each year. The water can't filter southward to Florida Bay as it has for the previous 5,000 years without flooding the 741,000-acre Everglades Agricultural Area, created in 1948 and still supported by U.S. taxpayers, and surrounding towns.

Water in the lake is already polluted by decades of Orlando-area runoff, agricultural runoff and back-pumping from the EAA, no

longer a common practice.

The lake's managers release water east and west when the depth threatens the dike. The already polluted water picks up more pollutants from old, unregulated septic systems and both sewer and city runoff on its downstream course to the sea.

Marine life and humans along the river and at the coasts suffer the consequences. So do the southern Everglades and Florida Bay, where about 95 percent of the bird life that existed in 1900 is gone, scientists estimate.

Meanwhile, 6 million residents of southeast Florida who depend on the vast Biscayne aquifer underlying the southern Everglades are at risk of losing their drinking water because fresh water no longer filters through the system in sufficient quantities to push back the intruding saltwater.

The current devastating algal blooms both in fresh water and salt east and west of Lake Okeechobee, therefore, are bell-ringing notifications: We're on the verge of rendering Florida uninhabitable.

While fish-killing toxic red tide, a salt-water algae, and the blue-green bacterial algae that can sicken or kill people sometimes years after they've encountered it in fresh water are natural occurrences, both seem to explode in warming waters when fueled by agricultural and septic pollutants, natural or not.

Worst of all, we've continued to pollute our waters while fully recognizing a coming disaster we had chances to stop — especially in the last eight years.

In 1960, when both air conditioning and mosquito control became widespread, there were 5 million Florida residents. Since then, Florida leaders have tended to put in place

regulations that managed growth, reduced pollution, and sought to avoid the crisis that now confronts us as our population exceeds 20 million.

But that bipartisan tendency changed in 2010. Republicans led by Gov. Rick Scott have disassembled the old model for living that required enforced regulation of development and protection of water, instead creating a state the governor calls "business friendly."

I am sorry to say, Republicans have allowed most of the current catastrophe by willfully avoiding opportunities to head it off. The reason I am sorry to say it is personal: Some of the brightest, most vibrant people I know are Republicans (or Libertarians) and a few have been stung by my comments.

One friend responded bitterly this way, in a Facebook post: "You must be right, 'cause eight years ago none of the vectors were in place leading to today's disaster, the Caloosahatchee was pristine, and that \$1.8 billion dike repair hadn't even been imagined. Clearly, only one group of miscreants were involved in creating the problem. They're all the same, those Republicans. Not even really human, like you, at all. How can you stand even sharing facilities? Time for separate drinking fountains and bathrooms, for a start."

So I am sorry, but the facts, now widely reported, remain these: Gov. Scott killed the Florida Forever conservation program established by Gov. Jeb Bush.

In 2012, he backed off the U.S. Environmental Protection Agency, claiming with fellow Republicans it would create undue burdens to business owners by enforcing clean-water standards that might have prevented or at least greatly reduced the severity of the cur-

rent devastation.

He defunded and weakened the state's Department of Environmental Protection, firing 58 DEP employees.

He dropped enforcement cases against polluters from about 2,300 to about 800 in his first two years as governor.

He cut the budgets of Florida's five water-management districts roughly in half, letting go longtime, knowledgeable employees and bringing in real estate lawyers, developers and business people to manage the districts.

He weakened standards for toxic chemicals allowed to flow into state waters.

He signed a law preventing local governments in Florida from banning Styrofoam and polystyrene in products.

He supported offshore drilling while pretending he didn't, as emails between Gov. Scott and Interior Secretary Ryan Zinke revealed.

He dismantled the Department of Community Affairs that tracked and controlled big development in the state, monitoring and measuring the potential effect of any proposed development on wetland and water resources.

And he resisted and ignored proposals to restore the Harmful Algal Bloom task force that was decommissioned in 2001; that single failure to act, alone, likely played a prominent role in the algal explosion we've faced along the Caloosahatchee River to the gulf at Charlotte Harbor, and along the St. Lucie River to the Indian River Lagoon and the Atlantic, at Stuart.

And now he wants to be a U.S. senator.

What are the many Republicans who care about Florida's future going to do? ■

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## Palm Beach County Heart Walk

Meyer Amphitheatre, West Palm Beach

Saturday, November 17<sup>th</sup>

Fun starts at 8am

Walk starts at 9am

[PalmBeachHeartWalk.org](http://PalmBeachHeartWalk.org)

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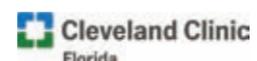
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# AUGUST

## COMMUNITY EVENTS & LECTURES



### FREE Community Chair Yoga Class

Class taught by Sara Chambers, RN, BSN, CYT

**Wednesday, August 15 @ 6pm - 7pm**

Palm Beach Gardens Medical Center // Classroom 4

Palm Beach Gardens Medical Center now offers a chair yoga class for the community. The class will be taught by the assistant nurse manager of cardiac rehab, Sara Chambers, who is also a certified yoga instructor. Using the same techniques as traditional yoga, the class is modified to allow for gentle stretching, designed to help participants strengthen their muscles and work on their balance.

*Please call 855.387.5864 to make a reservation. Reservations are required.*



### Patient Experience – A PBGMC Priority

Lecture by Acsah Abraham, MHA

Patient Relations Manager

**Thursday, August 16 @ 6pm - 7pm**

Palm Beach Gardens Medical Center // Classroom 4

At Palm Beach Gardens Medical Center, hospitality and patient experience are main priorities, which is why we instituted the Patient/Family Advisory Council. Join Acsah Abraham, patient relations manager at Palm Beach Gardens Medical Center for a lecture on what we are doing to distinguish ourselves as leaders not only in high-quality care, but in service as well.

*Reservations are required. Please call 855.387.5864 to make a reservation.*

*Light dinner and refreshments will be served.*



### Hands-Only CPR Class

**Tuesday, August 21 @ 6:30pm - 7:30pm**

Palm Beach Gardens Fire Rescue // Station 1  
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. Palm Beach Gardens Medical Center has teamed up with Palm Beach Gardens Fire Rescue to provide free monthly CPR classes for the community. Classes will be held at Fire Station 1. Local EMS will give a hands-only, CPR demonstration and go over Automated External Defibrillator (AED) use. Participants will have the opportunity to practice their new skills using CPR manikins. **Certification will not be provided.**

*Please call 855.387.5864 to make a reservation. Reservations are required.*



### Smoking Cessation Classes

**Wednesday, AUG. 22, 29 & SEP. 5, 12, 19, 26**

**@ 5:30pm - 6:30pm**

Palm Beach Gardens Medical Center // Classroom 3

PBGMC is teaming up with the Area Health Education Center to provide education on the health effects related to tobacco use, the benefits of quitting and what to expect when quitting. A trained Tobacco Cessation Specialist guides participants as they identify triggers and withdrawal symptoms and brainstorms ways to cope with them.

*Please call 855.387.5864 to make a reservation. Reservations are required.*



## FREE COMMUNITY SCREENINGS

### Osteoporosis Screenings

**Thursday, August 16**

**@ 9am - 1pm**

**Outpatient Entrance**

**All screenings held at: Palm Beach Gardens Medical Center**

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# OPINION

## With apologies to Dr. Seuss



A note from your writer: So much of what happens these days in the political realm is utter nonsense. Why not tell it in verse? At least there will be rhyme with no reason.

Every Who in Whomerica likes freedom a lot,

But the Trump who lives here in Washington, Does Not!

The Trump hates democracy, to the point of malfeasance.

Now please don't ask why, we all know the reasons.

It could be his head isn't screwed on just right,

It could be, perhaps, that his pants are too tight.

But I think the most likely reason may be

That he has a brain that's the size of a pea.

Whatever the reason, his pants or his brain,

He manages to be a perennial pain.

He's teamed up with his Russian friend Putin,

Although he insists that there was no collusion.

He fires angry tweets at many questioning Whos;

He lets fly with charges that they're spreading "fake news."

If he could he'd attack them, perhaps with an ax

Instead of relying on "alternative facts."

He rages and rages to all he may face,  
And riles up the yay-Whos who make up his base.



He's often at rallies; there's no limit where he'll go  
To sop up the love, satisfying his ego.

His most rabid of followers think he's just great.

They adore what he says, as he spews out his hate

Against immigrants, media, other critics he'd silence,

Whipping them up to a frenzy until they're near violence.

Never mind it's all lies, misrepresentments,

He pushes their buttons, the politics of resentments.

His supporters are not just these deplorable souls,

His true power comes from the internet trolls.

They would steal our democracy, and not only a Russian heist,

There's a real danger here coming from the alt-right.

They call themselves that, but they're fascists and bigots.

When it comes to the hate, they would turn on the spigots,

They're fanatics and crazy, but also effective,

After all, one of their own has gotten elected.

The Trump's stealing democracy, taking it away inch by inch.

He's not like Dr. Seuss and his wonderful Grinch

Seuss wrote a classic, a true snappy rendering

Our saga may not have any such happy ending.

It is possible that unless we resist

Whomerica's freedoms will no longer exist. ■

— Bob Franken is an Emmy Award-winning reporter who covered Washington for more than 20 years with CNN.

## Elizabeth Warren's lie



Elizabeth Warren is branching out.

The Massachusetts senator, who has made a career of unfairly maligning bankers and other alleged capitalist malefactors, is now smearing the criminal justice system, too.

In a speech at a historically black college in New Orleans, she declared that "the hard truth about our criminal justice system: It's racist ... I mean front to back."

Her riff is a sign that the Democrats are going to leaven their lurch toward socialism with a condemnation of America as fundamentally racist.

The U.S. criminal justice system is obviously a legitimate topic of debate. But the contention that U.S. law enforcement is a product of racial hatred is a paranoid lie.

The basis of the racism charge is the obvious disparities in the numbers. Blacks are 13 percent of the population, yet they account for 38 percent of state prisoners, and for more than roughly 30 percent of fatal police shootings.

The driver for mass incarceration, we

are always told, is a racist war on drugs. But this is a myth. In his book "Locked In," John Pfaff notes that at its height in 1990, the share of state prisoners serving time for drugs was just 22 percent. The proportion fell to less than 16 percent in 2014. So you could release all drug offenders and still leave mass incarceration intact. And you wouldn't just be releasing black prisoners — 33 percent of white inmates in state prisons are drug offenders,

It is true that the incarceration rates for drug offenses are much higher for blacks. This may be a product of enforcement bias, or other factors such as whites are more prone to use private, as opposed to open-air, drug markets.

The biggest reason for the overall disparity in incarceration is different rates of offending.

Blacks account for about 50 percent of homicides. It's not that the police are simply making up these crimes. The numbers for violent crime accord with reports from crime victims of the race of their assailants.

The same applies to police shootings. Joseph Cesario, a professor of psychol-



WARREN

ogy at Michigan State University, writes that "the differences in involvement in criminal situations between black and white citizens fully explains the population — level disparity in fatal police shootings."

Now, it's entirely fair to argue that different rates of offending are a function of the vestiges of racism, and that it is urgent to pursue criminal justice reform given how the status quo affects black families and communities. But the idea that we are living in a latter-day apartheid South Africa, with a system designed to jail and immiserate blacks out of sheer maliciousness, is contemptible, poisonous and wrong.

It is telling that Elizabeth Warren is going there. There are two reasons. One is that she has a Bernie Sanders problem: She is a white politician who has overwhelmingly devoted herself to economic issues. She needs to play identity politics catch-up. Two, in reaction to Donald Trump, the left is embracing a sweeping indictment of America as undemocratic and racist at the core.

Warren's performance shows that the party is prepared to consider no critique of America too radical or out of bounds. ■

— Rich Lowry is editor of the National Review.

## Alswang to step down as CEO of Norton Museum

She came. She saw. She built. And now she's retiring.

Hope Alswang, executive director of the Norton Museum of Art, said she plans to step down March 1, 2019. She will cap her nearly nine-year tenure at the West Palm Beach museum with the opening on Feb. 9 of a major expansion and enhancement designed by Pritzker Prize-winning architect Lord Norman Foster.



ALSWANG

Under Ms. Alswang's leadership, the Norton is in the final phase of a \$100 million capital campaign for The New Norton. Throughout her tenure, the museum has significantly expanded its collection, receiving donations of more than 875 artworks and acquiring more than 700, which notably increased its collections in contemporary art and photography. With these additions, the Norton grew its representation of

works by women artists and artists of color by more than 150. In addition, she inaugurated the Recognition of Art by Women (RAW) exhibition series, which highlights living women artists; organized critically acclaimed exhibitions; and embedded the Museum more deeply in its community by increasing opportunities for free admission and programs for the public.

"Hope has had an electrifying effect on the Norton Museum of Art during her tenure," Harry Howell, chairman of the Board of Trustees, said in a statement. "In supporting our curators to develop groundbreaking exhibitions and significantly expand the permanent collection, she has brought the museum global attention. Now, thanks to her efforts and those of a committed board of trustees and dynamic staff, the Norton is on the cusp of successfully realizing a stunning new wing and beautifully enhanced campus that will transform this institution."

He said the museum's trustees have formed a search committee for a new director. ■

## Sculpture gardens gets new leader

The Ann Norton Sculpture Gardens has a new leader.

Cynthia Kanai will assume the role of CEO on Sept. 17.

She fills a position left vacant by Roger Ward, who resigned after less than a year and a half on the job.

Prior to accepting this new leadership role at ANSG, Ms. Kanai worked 28 years at Palm Beach Day Academy, most recently as the development director and before that, as lead fifth-grade teacher for 25 years. She was responsible for raising \$5.5 million for the school's Great Expectations campaign and spearheaded initiatives to achieve successful donor support



KANAI

for the school's annual fund, corporate sponsorship and all school fundraising events.

Ms. Kanai was awarded the William T. Dwyer Excellence in Education Award in Palm Beach County in 2012, and in 2010, the Adele Shook Merck Excellence in Education Teacher of the Year Award. She earned a master of science in leadership from Palm Beach Atlantic University and a bachelor of science degree in education from Cameron University in Oklahoma.

She resides in Atlantis with her husband, Dennis, a partner in a CFO consulting firm, and they have two grown children.

The Ann Norton Sculpture Gardens was home to Norton Museum of Art founder Ralph Norton and his wife, Ann, a noted sculptor. For information, visit [www.ansg.org](http://www.ansg.org) or call 561-832-5328. ■

## Cultural Council taps Indiana man as CEO, president

Palm Beach County's umbrella group for cultural organizations has a new leader.

David B. Lawrence has been named president and chief executive officer of the Cultural Council of Palm Beach County, the organization announced this week. He begins his job Aug. 20.

Mr. Lawrence spent almost two decades at the Arts Council of Indianapolis, serving as president and CEO for the last nine years. His arts management background includes work with Indianapolis Opera,



LAWRENCE

Indianapolis Symphonic Choir, Clowes Memorial Hall, Indiana Repertory Theatre, Indiana University Auditorium and the INB Broadway Series.

A graduate of DePauw University, Mr. Lawrence is an elected member of the Executive Committee of the United States Urban Arts Federation and a founding member of the national Emerging Leaders Council for Americans for the Arts. He serves on the boards of Visit Indy and the Greater Indianapolis Progress Committee. He played a key role in the Indianapolis Cultural Development Commission, including conceiving and implementing the Fast Track Funding Program and pioneering arts infusion strategies for the city. ■

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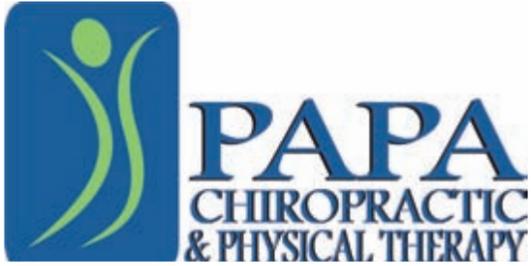
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# PET TALES

## Inside heartworm

BY KIM CAMPBELL THORNTON  
Andrews McMeel Syndication

Climate change, failure to give preventive products, and the beginnings of resistance to preventives are among the reasons why veterinarians are seeing more cases of heartworm disease in dogs — and cats. When the American Heartworm Society performed its triennial incidence survey last year, it found that while the highest incidence remains in the southern United States, no state is free of the harmful internal parasites, spread by the bite of an infected mosquito or, in the case of states such as Alaska, arriving by way of already-infected dogs brought from out of state.

Dogs are natural hosts for heartworms. Once an infected mosquito injects microfilaria — microscopic baby heartworms — into a dog's bloodstream, the worms begin to mature and reproduce. As they get larger — heartworms can achieve a length of 1 foot during their 5- to 7-year lifespan — and increase in numbers, they clog the heart, lungs and associated blood vessels, causing heart failure, lung disease and other organ damage.

Cats are more resistant to the parasites, but they can acquire them. Clinical signs include weight loss, exercise intolerance, vomiting, diarrhea, coughing, gagging, difficulty breathing and wheezing. Even indoor cats are at risk. Approximately 25 percent of indoor cats are heartworm positive, according to the American Heartworm Society.

Heartworm disease is easy to prevent



Heartworm disease affects more than a million pets in the United States.

with a monthly pill or topical treatment, and it's comparatively less expensive than treating a pet with heartworms. But people forget to give preventives, or they don't give them year-round, giving infective mosquitoes a shot at spreading the parasites. Cool or dry weather slows transmission, but it doesn't eliminate it.

"Most people think they don't need to give it in the winter," says Craig Prior, DVM, owner of Murphy Road Animal Hospital in Nashville, Tennessee. For instance, he says, dogs should stay on preventives for two months after the last exposure to mosquitoes and go on them one month before mosquitoes become active again. With climate change, some species are staying active longer throughout the year and venturing into new areas.

For those reasons, parasitologists recommend treating pets with parasite preventives year-round.

An associated concern is the beginning of resistance to preventive prod-

ucts. Some populations of heartworms, primarily in the Mississippi Delta area so far, are becoming resistant. "By keeping pets on year-round preventives, we decrease the risk of developing more resistant populations and increase the effectiveness of the preventives," says Leni K. Kaplan, DVM, community practice service lecturer at Cornell University College of Veterinary Medicine in Ithaca, New York.

Adding a dog-safe mosquito repellent (avoid anything containing DEET) to your dog's arsenal against mosquitoes can beef up his protection. Research published in 2016 found that the combination of a heartworm preventive with the mosquito repellent in the study, Vectra 3D, was 100 percent effective in blocking transmission of immature heartworms from dogs to mosquitoes — one of the stages of the heartworm lifecycle — and more than 95 percent effective in repelling and killing mosquitoes for 28 days after treatment.

"The addition of a topical product that prevents mosquito feeding adds a second element of protection to the pet," says Byron Blagburn, Ph.D., a parasitologist at Auburn University College of Veterinary Medicine. "So not only do you prevent heartworm infection if the pet is on prevention, but you prevent the likelihood that the pet will see a mosquito."

While Vectra3D isn't safe for cats, the good news is that if the repellent is used on a dog in the same household, the cat will share in protection because fewer mosquitoes will be present. ■

### Pets of the Week



■ **Squish** is a 5-year-old, 65-pound male mixed breed dog that is energetic and has personality-plus.



■ **Tommy** is a 3-year-old male cat that enjoys relaxing and getting attention.

#### To adopt or foster a pet

The **Peggy Adams Animal Rescue League, Humane Society of the Palm**

**Beaches**, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at [www.hspb.org](http://www.hspb.org). For adoption information, call 561-686-6656.



■ **Zorro** is a male cat with mesmerizing eyes that seem to look into your soul. He is fascinated by water and prefers the paw-to-mouth method of drinking from his water dish.



■ **Dixie** is a female Siamese cat, around 3-5 years old. She is an affectionate, low-key kitty who loves head scratches and belly rubs. She would enjoy a quiet household.

#### To adopt or foster a cat

**Adopt A Cat** is a free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment (call 561-848-4911, Option 3). For additional information, and photos of other adoptable cats, see [www.adoptacatfoundation.org](http://www.adoptacatfoundation.org), or on Facebook, Adopt A Cat Foundation. ■

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## Divorce Your Controlling Husband

You sometimes question "how can I be so unhappy when I'm married to such a charming and successful husband?"

But then you remember how he constantly puts you down in front of your family. How he belittles you and questions your intelligence. And how he constantly controls you, manipulates you, and prevents you from having normal relationships with friends and loved ones.

You're not a greedy person. All you want is to be happy, and feel appreciated in your life, and in your marriage. But you know deep down that this is never going to get better. Your husband is not changing. In fact, he's just getting worse.

Divorce is something you never thought you'd ever experience, but you know you must leave the marriage if you're ever going to have a chance at happiness. And you know now's the time. Your children have grown into adults and you're not getting any younger.

But at the same time you're worried. You don't know where to start, or how all this needs to happen. What you do know is he's going to make things difficult as you've seen how he's dealt before with others that have crossed him.

You feel all alone. Like a prisoner of your own circumstances. You're worried that nobody will see you and your situation for what it really is. At times, you feel like it will be impossible to ever get out of this unless you leave only with the shirt on your back. But it's not going to be that simple, as you need to secure your financial future. All of this makes you think about whether you should just put your energy into saving the marriage (again).

If you identify with this DRAMATIZATION you're likely married to a husband with a personality disorder. He's probably a Narcissist. If you've never heard this before you should take some time to read up on narcissism. Everything will probably start to make more sense.

Try your best to realize that you are not alone. Everyone, including you, deserves to be happy and feel appreciated. And just as you decided to do what ultimately led you to your husband, you can also make the decision to be free of him.

While your divorce will likely not be hassle free, there are some basic things you can learn that can minimize your husband's ability to make the divorce process harder than it needs to be.

Divorce Lawyer Christopher R. Bruce wrote a book specifically focused on helping women understand what he feels they "need to know" as they contemplate divorce from a controlling, manipulative, or narcissistic husband.

To get your free instant download of the book, go to this website: [DivorceMyControllingHusband.com](http://DivorceMyControllingHusband.com) and fill out the online download form. When you request the book, you'll also have the option to get a free hard copy of the book mailed to you.

The book is free, but learning how to confidently approach divorce and move towards a more fulfilling life just might be priceless.

Christopher R. Bruce is licensed to practice law in Florida. His law firm, the Bruce Law Firm, P.A., has its main office located in West Palm Beach, and can be reached at (561) 810-0170.

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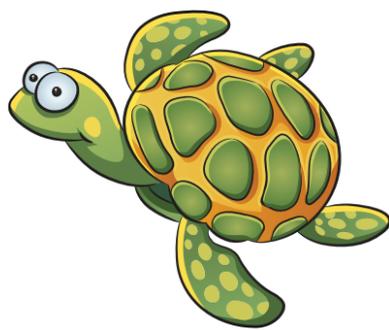
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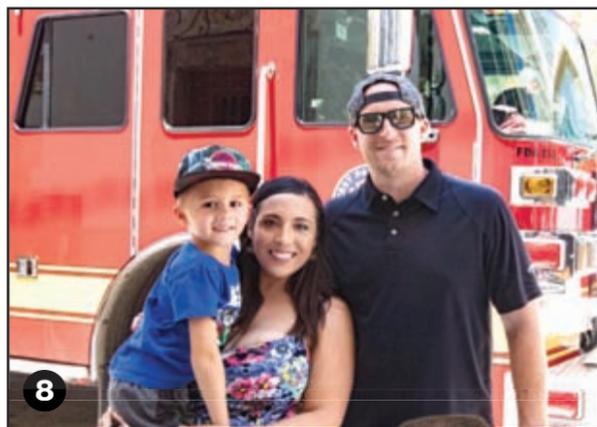


THE GARDENS MALL



# SOCIETY

## Trucktopia, downtown West Palm Beach



1. Matthew Salnick, Kingston Salnick and Jaclyn Salnick
2. Michelle Estevez, Owen Estevez and Chadd Estevez
3. Moira Moxley and Louis Moxley
4. Diane Arroyo and Orlando Arroyo
5. Jeremy Beagle, Waylon Beagle and Tiffany Beagle
6. Maddox Karvois and Dave Thomann
7. Luca Canseco, Kristen Canseco and Noah Canseco
8. Michael Moriello, Anisa Moriello and Mark Moriello
9. Sean Freed, Kellan Freed and Amanda Freed

**Kobe Moore, Kaylee Cernuto, Matt Cernuto and Josh Cernuto**

ANDY SPILOS / FLORIDA WEEKLY

# Solidarity along the shore

On Aug. 12, hundreds of people gathered at Lake Worth Beach to raise awareness of toxic algae along Florida's shores as part of a statewide event dubbed "Hands Along the Water." The seawaters along both coasts of the state have been affected by water releases from Lake Okeechobee. The west coast also has been plagued by a red tide outbreak that has shut down beaches and left scores of fish, marine mammals and sea turtles dead along its shores. ■



1. Barbara Shafer, Aimee Pasioka and Alex Pasioka
2. David Hoer, Jessie Hillegas and Tom Johnson
3. Sue Cox and Rose Loeff
4. Chelsea Jeansonne and Robin Russo
5. Tiffany Maenzi and Sandra Newberry
6. Tracy Conklin, Riley Conklin and Jaimie Hamilton
7. Nora Burd and Bob Burd
8. Ramona Copeland, Lily Curtis, Sue-Ellen McKenna, Roy Provencher and Theresa Provencher
9. Annette Marie Kay and Jeanna DiMinno
10. Telene Thomas, Tiffany Coutee, Tiana Kaufmann, Michelle Dur



# Part 2: The Florida Weekly Writing Challenge

*"I hate writing, I love having written."*  
— Dorothy Parker

Welcome to Part 2 of the 2018 Florida Weekly Writing Challenge. The photo of the garden cherubs you see here is the second prompt of four that will make up this year's contest. Wordsmiths who accept our challenge have until midnight Sunday, Aug. 26, to send us a story inspired by the image.

Part 1 of the contest is closed (we received 135 entries). We'll print new prompts and submission deadlines for Part 3 on Aug. 29 and Part 4 on Sept. 12.

Here are the rules:

■ If you submitted something for Part 1, great. Thank you. You are also welcome to take us up on Parts 2, 3 and 4 of the challenge. But please limit your output to one per prompt.

■ Keep your narrative (no poetry) to 750 words.

■ Give it a title and run it through Spellcheck.

■ Put your full name, phone number and city/state you live in at the end of your masterpiece.

■ Send it, either attached as a Word document or simply pasted into the body of the email, to [writing@floridaweekly.com](mailto:writing@floridaweekly.com). Snail mail offerings will not be considered.

Our editors look forward to reviewing the entries and selecting one winner, whose author will receive a ticket to the 13th annual Sanibel Island Writers Conference (value: \$500). With keynote speaker and New York Times bestsell-



IVAN SELIGMAN / FLORIDA WEEKLY

ing author Ann Hood ("She Loves You Yeah, Yeah, Yeah," "An Italian Wife," "Somewhere Off the Coast of Maine," "An Ornithologist's Guide to Life" and "The Obituary Writer," among others),

the conference is set for Nov. 8-11 on Sanibel Island.

The 2018 Florida Weekly Writing Challenge winner will be notified by Oct. 15, and the winning entry will be

published in all our editions.

Questions? Email [writing@floridaweekly.com](mailto:writing@floridaweekly.com) and we'll get back to you. ■

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## Palm Beach Chamber to host first breakfast of the season

Cardinal Newman High School will be greeting members and guests in the Mediterranean Ballroom with music and song. As breakfast sponsors, the school's president, The Rev. David Carr, will speak to the audience on the history and role the school as played in the community.

John Haymore, owner of the HRS Group LLC, serves as president of the Human Resource Association of Palm Beach County and will serve as moderator of the morning's program to discuss key issues impacting all businesses.

The program will feature a panel discussion by human resource professionals discussing safety and security in the workplace.

The chamber breakfasts are scheduled monthly throughout the season. Members attend at no cost; future members are charged \$40 in advance, or \$50 at the door. Reservations, due by Thursday, Aug. 23, are required, either on-line at [www.palmbeachchamber.com](http://www.palmbeachchamber.com) or at the office. ■

## League of Women Voters plans talk, luncheon

The League of Women Voters of Palm Beach County continues its series of events addressing current events:

Gerrymandering & the Courts — 10-11:30 a.m. Saturday, Sept. 8, The STEM Education Center. Partisan gerrymandering is the practice of drawing legislative and congressional district lines to maximize and perpetuate the power of an incumbent political party. Special guest speaker is Thomas Wolf from the Brennan Center for Justice at NYU School of Law. Presentation starts promptly at 10 a.m. Admission is free, but RSVPs are requested online at [www.lwvpbc.org](http://www.lwvpbc.org). The Stiles-Nicholson STEM Education Center is at 4802 Dreher Trail N. in West Palm Beach,

across from the South Florida Science Center and Aquarium.

"What's On the November Ballot" — Explanation of the State's 13 Amendments — 11:30 a.m.-1 p.m. Wednesday, Sept. 26, Atlantis Country Club. This event will feature the Speakers Bureau from the League of Women Voters of Palm Beach County. Registration starts at 11 a.m., and attendees should be seated for serving at 11:30 a.m. Tickets for this luncheon are \$25 per person until September 19, and \$35 after that date. RSVPs are requested online at [www.lwvpbc.org](http://www.lwvpbc.org) or by calling 561-968-4123. The Atlantis Country Club is at 190 Atlantis Blvd. ■



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# BOOK STORE

From page 1

mortal coil and joined the choir invisible. Bereft of life, it rests in peace. Pushing up daisies. Et cetera.

Yes, the traditional neighborhood bookstore is deader than Monty Python's parrot, felled by an online predator named amazon.com.

Everybody says so.

Fortunately, Tami Ayraud hasn't heard, or simply refuses to believe it.

On Oct. 6, Ms. Ayraud and two co-owners opened The Book Cellar, an actual independent neighborhood bookstore at the corner Lake Avenue and J Street in the heart of Lake Worth's bustling downtown.

"I was living in Miami and moved here two years ago because of the small-town, funky atmosphere," Ms. Ayraud explained on a recent Wednesday morning as one customer arrived to collect a title he'd ordered and others browsed the shelves. "It had a good vibe."

Ms. Ayraud's sister and brother-in-law, Danica and Arvin Ramgoolam, had opened Townie Books in Crested Butte, Colorado, back in 2011. It survived, thrived, and they'd begun talking about opening a second store somewhere else. But where?

"Lake Worth has kind of an artsy, cultural area, so you know people who are enjoying the arts and music is where you'd want a bookstore to be," she reasoned.

In April 2017, the Ramgoolams visited, spied the available storefront at 801 Lake Ave., and signed a lease in July.

"One of the things people still want is to browse and have a bookseller who can help them," Ms. Ayraud said. "There are so many books out there, it's hard to know what to pick. But a lot of people still think bookstores are closing everywhere."

Not so long ago, they were, but the tale of the dying neighborhood bookstore has a lot in common with the old adage about the fish that gets eaten by a bigger fish — with a hopeful twist.

Once upon a time, book lovers loved independent neighborhood bookstores. They knew the owners, and the owners knew what books they might like.

And then, in the 1980s, the mall chains came along. B. Dalton and Waldenbooks seemed to have a store in every shopping mall. Corporate, but still kind of cozy.

And then the big-box bookstores arrived and we had Borders and Barnes & Noble. Thousands of square feet with thousands of books, plus CDs, DVDs, coffee and a Danish.

Could anything be worse for the local independent bookstores of America?

Of course!

In 1995, a great white shark called amazon.com swam onto the scene. Now discounted books were just a click or two away, and by the end of the millennium, the number of independently owned bookstores in the U.S. had dropped by 40 percent.

And let's not forget the Kindle, which arrived two years after Amazon. Not only were bookstores dying, the printed book itself was about to be swallowed by that circling shark. Everybody said so.

But then came the ironic twist. Amazon didn't just injure the little mom-and-pop bookstores, it hit Waldenbooks, Borders and Barnes & Noble even harder. Borders closed its last 400 stores in 2011, and Barnes & Noble is struggling. In 2013, the chain's West Palm Beach store at CityPlace closed after 12 years, replaced by an LA Fitness gym and leaving the city without a bookstore for those who want a mental workout.

Suddenly, the independent stores had



**ABOVE: The Book Cellar is at Lake Avenue and J Street in downtown Lake Worth. RIGHT: Customer Joseph Martz relaxes at the counter on a Thursday morning. BELOW RIGHT: The Book Cellar has outdoor seating along J Street.**

room to breathe again, and as the mall and big-box stores disappeared, independents crept back.

According to the American Booksellers Association, more than 570 independent stores opened between 2009 and 2015 — a 40 percent increase after more than a decade of closings. Today, the ABA claims 2,300 independent stores in the U.S.

"Everything that goes around comes around," says Wanda Jewell, executive director of the Southern Independent Booksellers Alliance, which counts 76 independents in Florida. "The pre-Amazon stores were getting bigger and bigger, 10,000 to 20,000 square feet. Now the new independent stores that are opening are small, 2,500 square feet. They just need to curate titles that they feel their customers will buy on the spot, and then offer a website where they can buy anything else they want."

Still, the Amazon shark is constantly circling. Independents simply can't offer the kind of discounts Amazon has. But those discounts aren't always as great as many believe, Ms. Jewell says.

"If you look at a single bestselling title on Amazon, the discount might be 40 percent," she notes, "but across Amazon, the average discount is only 11 percent. Is 11 percent worth giving up your community store? I think customers have the impression it's a lot more."

To combat the Amazon discount, the



newly resurrected independents have concentrated on becoming more than a bookstore. Browse around The Book Cellar and the difference is striking.

You'll find thousands of books — Local Interest, Spirituality and Self-Help, Poetry, Pets, Classics and Fiction — and a lot more, too.

They have T-shirts adorned with literary themes in both adult and kids' sizes, including one with the store's motto: "Read Books, Drink Coffee, Fight Evil." Also, toys, book bags and puzzles.

In December, two months after opening, Ms. Ayraud added a cafe with a counter, tables and comfy sofas, offering coffee, wine, sandwiches and pastries, all with appropriately bookish names. There's a "Love In The Time Of Hummus" appetizer, "The Great Goatsby" flatbread and, of course, a "Green Eggs

ALL PHOTOS BY GAIL V. HAINES / FLORIDA WEEKLY  
**Tami Ayraud and two co-owners opened The Book Cellar last fall.**

& Ham" breakfast.

"I'm not sure a bookstore can make it on just books anymore," Ms. Ayraud concedes. "I went to the Mountains & Plains Booksellers convention where there were hundreds of representatives, and almost all had some type of cafe or restaurant along with the books."

Ultimately, she said, The Book Cellar wants to be a gathering spot, and so she's been aggressive in offering, not just stuff to read, but also plenty of stuff to do.

The store's events calendar is packed with activities, from book clubs to kids' storytimes, live jazz and trivia nights, poetry slams and wine tastings.

So far, Ms. Ayraud said, it's working. "Lake Worth has been very supportive," she said. "This is a community center, not just a bookstore. People come here to hang out and meet each other."

On this Wednesday morning, Ian Palmer dropped by with his wife and his American Staffordshire terrier, Trance Gemini, named for a character on the sci-fi TV series, "Andromeda."

"I like the people here," he said. "I come for coffee mostly, and sometimes cookies. And a lot of books."

Nearby, Justin Lee shared his table with a cup of coffee and a gluten-free berry muffin.

"This is my favorite new spot on the avenue," he said, "it's a nice atmosphere with very nice people. It's a wonderful spot."

Meanwhile, Jim Snyder of Palm Beach was ensconced at the end of the counter with his laptop and a glass of wine. At The Book Cellar, glasses are half-off on "Wine Wednesdays."

"I'm here maybe eight days a week," Mr. Snyder said. "I start with a cappuccino, progress to wine, and then take my wine outside and smoke my cigar on the bench."

The one thing he doesn't want from The Book Cellar, he said, is books.

"I don't read," Mr. Snyder explained, without a trace of guilt. At 18, he'd happened on a list of the 100 books every cultured person should read, read them all, and figures nothing more important has been written since.

"If they find some new undiscovered writings by Sophocles, I'll come in and order it," he allowed. "But even if you don't read, this is a great place to be." ■

— For more information, visit [www.bookcellarlw.com](http://www.bookcellarlw.com).

# healthy living

AUGUST 2018

Florida Weekly's monthly guide to Looking, Feeling and Living Better

# Keeping COOL

*Tips for preventing heat-related illness*

**PALM BEACH GARDENS MEDICAL CENTER**

**S**OMETIMES TOO MUCH OF A GOOD THING CAN BE A BAD THING, such as too much sun. Exposure to the sun helps plants grow, supplies energy, and helps the body produce vitamin D for strong bones. But too much sun can lead to a number of heat-related illnesses, some of which can be potentially life-threatening.

Normally, the body can cool itself by sweating. But in several situations, and for certain people, this just isn't enough. High humidity, staying out in the heat too long and exercising too much for your age or physical condition can make the body temperature rise to dangerous levels. Other risk factors for heat-related illness include being under the age of four or over age 65, and being obese, ill or on certain medications.

There are several types of heat-related illnesses.

Sunburn occurs when the skin becomes red and unusually warm after sun exposure. The skin also may later blister and peel.

Heat rash may appear as a red cluster of pimples or small blisters, usually on the neck and upper chest, in the groin area, under the breasts and in elbow creases.

Heat cramps can cause heavy sweating as well as painful spasms in the abdomen, legs and arms.

Heat exhaustion results in heavy sweating, pale skin, muscle cramps, fatigue, weakness, dizziness, headache, nausea or vomiting, and fainting.

Heat stroke, which can cause death or permanent disability if not treated immediately, has warning signs of a very high body temperature (above 103 degrees), a strong and rapid pulse, throbbing headache, dizziness, nausea, confusion, not sweating and unconsciousness.

SEE HOT, A16 ►

Staying properly hydrated is important when outdoors in the heat.



# Gardens Medical celebrates 50th anniversary

Palm Beach County's first hospital to perform open-heart surgery is celebrating its 50th anniversary.

Founded in 1968, Palm Beach Gardens Medical Center is now a 199-bed acute care hospital serving the medical and surgical needs of Palm Beach County and the Treasure Coast. The hospital was the first in Palm Beach County to perform open-heart procedures and has since remained one of the area's leading heart hospitals.



Palm Beach Gardens Medical Center offers comprehensive cardiac care and advanced minimally invasive procedures, including Transcatheter Aortic Valve Replacement (TAVR) and MitraClip. The hospital is also the first in Palm Beach, Broward and Martin County to adopt the minimally invasive convergent approach to treat patients with atrial fibrillation.

"Palm Beach Gardens Medical Center has become trusted by families throughout the Palm Beaches and Treasure Coast for the quality of our medical care and



Members of the team at Palm Beach Gardens Medical Center mark the hospital's 50th anniversary.

the dedication and warmth of our people," said Trey Abshier, chief executive officer of Palm Beach Gardens Medical Center. "We will continue to bring advanced medical technologies and innovative services to our community.

Additional services include orthopedics and joint replacement, an Advanced Certified Primary Stroke Center, diagnostic imaging, general and robotic surgery, a dedicated Epilepsy Monitoring

Unit and 24-hour emergency care.

Palm Beach Gardens Medical Center also is the only hospital in Palm Beach County to earn an "A" for patient safety in the fall of 2017 and the spring of 2018 by Leapfrog.

imaging, general and robotic surgery, an Epilepsy Program and 24-hour emergency care. Palm Beach Gardens Medical Center's Emergency Department offers all private rooms and is equipped

with technology to help increase patient comfort, reduce wait times and provide up-to-the-minute patient status, as well as immediate access to film-based radiological images, interpretations and related data. The hospital's Epilepsy Program is the first of its kind in Palm Beach County to have a dedicated Epilepsy Monitoring Unit for patients in need of further assessment.

Palm Beach Gardens Medical Center has been recognized by The Joint Commission as a Top Performer on Key Quality Measures for four years in a row and by Healthgrades® as a Five-Star Recipient for the Treatment of Heart Failure for 10 consecutive years (2007-2016). The hospital was also the recipient of the American Heart Association's Get With The Guidelines - Stroke Gold Plus Quality Achievement Award for three years in a row (2013-2015). Additionally, Palm Beach Gardens Medical Center earned Chest Pain Center Accreditation from the Society of Cardiovascular Patient Care. For more information or for a complimentary physician referral, please call 561-625-5070 or visit www.pbgmc.com. ■

## COOL

From page 15

Heat-related illnesses and deaths can be prevented. To stay cool when temperatures are extremely high, use common sense and follow these tips:

Drink plenty of fluids, but not ones that contain alcohol or large amounts of sugar,

which can cause the body to lose fluid. Stay away from very cold drinks since they may cause cramps.

Drink fruit juices or sports beverages to replace salt and minerals that are removed from the body when working or exercising in the heat.

Wear clothing that is light weight, light colored and loose fitting.

Apply sunscreen that has a sun protection factor of 15 or higher approximately half an hour before going outside.

Try to limit outdoor activities to morning or evening hours when temperatures are lower.

If not used to exercising or working in a hot environment, begin slowly and gradually increase activity level.

Stay indoors in an air-conditioned place. Fans can help, but they cannot prevent heat-related illnesses once temperatures reach the high 90s.

Never leave a child or pet in a parked car. Avoid hot foods and heavy meals that

can add heat to the body.

If you or a loved one start feeling the effects of heatstroke, you'll receive the care you need as quickly as possible at Palm Beach Gardens Medical Center. You'll have access to all the care you need, all in one place. Our emergency team includes emergency specialists, paramedics, medical technicians and specially trained doctors and nurses. Use our online registration tool and check in to the ER online. Go to www.pbgmc.com/inquicker ■



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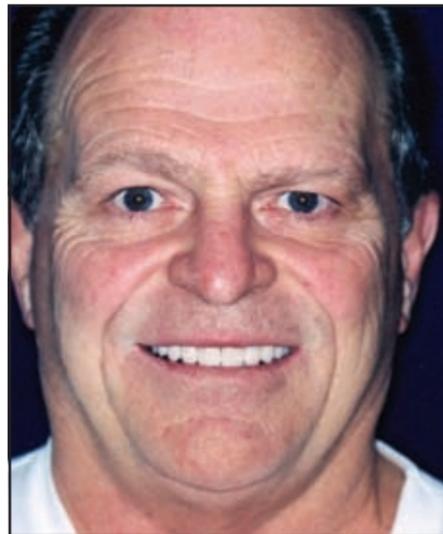
Best of all, if it’s not so engaging or attractive, or even worse, if you are ashamed of it or hide it, we can help and help easily! Imagine a simple way to change not only your appearance, but everything about your life. When you feel great about yourself, everything is great!



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 PGA Dentistry Jupiter  
 2151 Alternate A1A  
 South, Suite 1300  
 Jupiter, FL 33477  
**561-575-5599**  
 ppgadentistryjupiter.com

Meet Frank, an outgoing, corporate owner, in a very

high-pressure career, who was not very happy with his smile. He stays fit and is on the cutting edge of technology, but he felt his smile was not opening the doors that it should and that some doors were closing because of it. When we met Frank, he was a 50-something business owner from the Northeast who wanted an improvement in his smile and hence his appearance. He wondered if we could help with his spaced teeth and his grinding (bruxism) habit, that he felt was due to his job. He felt he had



Frank's smile, before (above) and after.

“monster teeth” and was not happy with them.

In our office, our extraordinary staff will greet you over the phone with loving care and concern for you and your problem. That is only one of the things Frank found extremely attractive about PGA Dentistry Jupiter. He found our office very professional and technologically advanced, but also accommodating and friendly, as if we were his lifelong

best friend. He told us that we made him feel we wanted the best for him and not what was best for us. He actually could not wait to get the process started during his first introductory visit.

After a few short days, Frank was back in the office to begin his treatment, which included both the top and bottom teeth, (see photo). Though Frank is truly a “teddy bear “ at heart, he thinks of himself as a “tough guy,” but admitted to

being a little frightened of the drill and the dentist. Learning of his anxieties, we were able to give Frank some medications that relaxed him both before and during the procedures. He tells us that he barely remembers the treatment, and there was absolutely no pain or apprehension throughout.

Prior to treatment, Frank had spaces between his teeth, and he had broken and cracked a few of them because of his grinding habit. The dentistry for us was straightforward and uncomplicated. He was able to leave our office after one visit with both his top and bottom teeth completed in temporaries that looked so amazing that he and his family thought he was finished, when these really were only plastic temporaries. After a couple of short weeks, Frank returned to our office for the final delivery of porcelain crowns. He told us that his grinding habit had stopped immediately after his temporaries were placed and that he had no pain at all. During that time, the dental laboratory had duplicated his temporaries in porcelain in every way. At the placement visit, he was so relaxed that he did not need medications to calm his fears, since he says, the staff had done that for him.

After his teeth were delivered, he said that we had so greatly exceeded his expectations that he wishes he would have done it years sooner! Frank says he is producing more now than ever and he owes it to his new perspective on life and he smile we had given him.

See for yourself, give us a call — you won’t be disappointed. What Louis Prima sings is absolutely on point — “When you’re smiling, the whole world smiles with you.” It’s true. ■

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## BUSINESS

A18 |

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WEEK OF AUGUST 16-22 2018

**RATES UP, REFFIS DOWN**

Fewer people refinance homes as interest rates pick up

**BY EVAN WILLIAMS**  
ewilliams@floridaweekly.com

**T**HE AMOUNT OF HOME REFINANCE loans in the U.S. is projected to be less than half what it was just two years ago because interest rates have ticked back up past the all-time lows they reached after the Great Recession, the Mortgage Bankers Association reports.

In 2016, lenders approved about \$1 trillion worth of home refinancing loans in the U.S. That dropped by 40 percent in 2017 to \$600 billion and is expected to fall to \$460 billion by the end of this year. The forecast is based on Freddie Mac's 30-year fixed rate for home purchases.

"Typically, people are looking for a decrease in their rate from a quarter of a point or a half a point to make it worth the cost of refinancing."

— Mike Fratantoni, chief economist with the Mortgage Bankers Association

SEE REFFIS, A19 ►

## The Lord's Place named to best workplace list

An organization that helps break the cycle of homelessness has been named a great place to work.

The Lord's Place recently was named one of Florida's Best Companies To Work For. The Lord's Place ranked ninth in the list of the 32 mid-sized companies receiving the honor, with 50 to 249 employees. This is the fifth consecutive year that The Lord's Place has received this designation.

The annual Best Companies list is featured in the August issue of Florida Trend magazine. One hundred companies are ranked in small, medium and large employer categories.



"We are pleased to once again be recognized by Florida Trend as one of the best companies to work for in Florida," The Lord's Place CEO Diana Stanley said in a statement. "It is a recognition of our company's culture to demonstrate to our employees their great value as they work to help some of the most vulnerable members of our community. This work brings with it unique stressors as well as rewards. We are diligent in our efforts to make sure our team members know they are appreciated and are critical to the success of our work."

To participate in the award program, companies or government entities had to employ at least 15 workers in Florida and have been in operation at least one year. Companies that chose to participate underwent an evaluation of their workplace policies, practices, philosophy, systems and demographics. The process also included a survey to measure employee satisfaction. The combined scores determined the top companies and the final ranking.

"Employers we speak with talk a lot about how workplaces are changing and

how young employees' expectations are changing. For the Best Companies issue this year, we spoke with new hires and got their perspectives on what attracted them to the companies where they now work and what they now like best about their workplaces. One key concern that young workers talk about is whether the company seems to care about more than their academic record and technical qualifications," Executive Editor Mark Howard said in a statement.

SEE WORKPLACE, A19 ►

# REFIS

From page 18

a decrease in their rate from a quarter of a point or a half a point to make it worth the cost of refinancing,” said Mike Fratantoni, chief economist with the Washington D.C.-based industry group. “And now we’re in a situation where about 80 percent of homeowners no longer have that incentive.”

Fewer people are refinancing now primarily because they already did or they bought their home during that period of unprecedented low rates. But while refinance loans as a whole have gone down, new or “purchase money” mortgages have for some ticked up.

“The majority of people that have owned their homes for a while already refinanced a few years ago when the rates were really low,” said Kim Nyberg, vice president of professional and executive banking with Edison National Bank in Fort Myers.



NYBERG

She estimated that Edison National’s loan originations are roughly 80 percent new or purchase money and 20 percent refinance loans now, while at the height of refinancing, when interest rates were at their lowest, that equation was a closer to 50/50.

In the U.S., MBA data shows a similar story: refinance loans as a total share of home loans reached 45 percent in the second quarter of 2016 and fell to 26 percent in the second quarter of 2018.

Marisa McDougall, president and owner of Naples-based Southwest Florida Mortgage Solutions, is seeing the same trend in Collier County.

“Right now, it’s about an 80 percent purchase market and the reason being is rates have gone up, so people are not refinancing unless they need to pull cash out from the equity of their property,” she said. “Or maybe they want to buy another property, and they want to pull the cash out and purchase that property on a cash transaction.”

Lenders knew interest rates would have to go back up eventually. Part of the reason the refinance loan market shrunk so much is not just that rates were at all-time lows, but that they remained that way for so long.

The average interest rate for a 30-year fixed-rate mortgage fell from more than 6 percent in 2007 to 4.45 percent in 2011. It reached an all-time annual average low of 3.65 percent in 2016. In July the rate rose to 4.53 percent, Freddie Mac reports.

## in the know

### U.S. weekly averages as of 8/9/2018



Source: www.freddiemac.com

“Even really back as far as 2011 we saw rates dipping below 5 percent and then they just kept falling,” said Greg McBride, West Palm Beach-based chief financial analyst for Bankrate.com, which provides financial analysis and comparison services. “A good part of the last six years was below 4 percent. What happened was anyone who bought a home during that time got a really great rate, certainly lower than the one that’s out here today, and anybody who had a higher rate was able to refinance as rates dropped.”



MCBRIDE

Ms. McDougall pointed out that while the refinance business has started to lag, those higher rates may also signal a healthier economy.

“Because the economy is doing so well, rates have gone up,” she said. “It was predicted that would happen as the economy recovered. My philosophy is with the new (presidential) administration it has begun to recover and rates have gone up. So we’re definitely in a purchase market right now.”

Mortgage Bankers Association chief economist Mr. Fratantoni reflected that opinion.

“The increase in mortgage and interest rates more broadly is reflecting the strong economic growth we’re experiencing so that’s positive,” he said, with the Federal Reserve increasing rates because of a stronger job market and

lower unemployment.

Interest rates are still historically low even though they’re rising, he said, which makes some types of refinancing attractive.

“In our area, if someone’s refinancing it’s usually one of two reasons,” said Connie Ritchhart, senior vice president of residential lending with Charlotte State Bank & Trust in Charlotte County. “They have an adjustable-rate (loan). Or they want to do a bill consolidation.”



RITCHHART

“Most people, they refinanced when the rates all went down, so now the rates have increased so there’s no reason for them to refinance unless they’re doing it for a specific reason.”

Adjustable-rate loans include home equity lines of credit that may be combined with a mortgage to achieve a lower interest rate.

“I’m still doing my share of refinances, because people have a home equity line of credit whose rates are increasing,” said Jeff Brown, a Fort Myers-based mortgage loan originator with Synovus Mortgage Corporation. “They want to take that home equity line of credit, combine it with their



BROWN

mortgage, and have one fixed rate.”

People may also look at refinancing for other reasons besides just locking in a lower interest rate, as well, such as shortening the term of their loan or because they used to have bad credit but their situation has improved.

But refinancing a mortgage loan comes with closing costs for the homeowner as well. It’s a personal calculation.

“I think the biggest take-away when considering a refinance is to have a mortgage loan originator analyze the numbers with a client individually to determine if a refinance is best,” Mr. Brown said.

For Darren Lynch, a Fort Myers-based loan officer with First Florida Financial Group and president of the Southwest Chapter of the Florida Association of Mortgage Professionals, debt consolidation is the top reason why clients refinance. That’s become more popular, he said, as home prices also continue to rise and people have more equity in their home. They are able to combine other loans with a mortgage.

“People will also do cars and student loans, you name it,” he said. “It just boils down to how much money you’re saving per month.”

Debt consolidation and cash-out refinancing, which are typically also popular when interest rates are relatively low, may bid well for retailers, Bankrate’s chief financial analyst Mr. McBride pointed out.

“Home Depot and Lowe’s love that,” he said. “If people are paying off other debt they’re freeing up room in the household budget so they’ve got more discretionary income.” ■

The average interest rate for a 30-year fixed-rate mortgage fell from more than 6 percent in 2007 to 4.45 percent in 2011. It reached an all-time annual average low of 3.65 percent in 2016. In July the rate rose to 4.53 percent, Freddie Mac reports.

# WORKPLACE

From page 18

“The best companies obviously provide strong pay and benefits to their employees, but they also offer fun diversions,” Florida Trend Publisher Andy Corty said in the statement. “And these top companies encourage employees to participate in the organization’s overall success with training and open communications.”

The Best Companies To Work For In Florida program was created by Florida Trend and Best Companies Group and is endorsed by the HR Florida State Council. Best Companies Group managed the registration, survey and analysis and determined the final rankings. For a list of the 100 Best Companies To Work For In Florida, go to [www.FloridaTrend.com/BestCompanies](http://www.FloridaTrend.com/BestCompanies). ■

“It is a recognition of our company’s culture to demonstrate to our employees their great value as they work to help some of the most vulnerable members of our community. We are diligent in our efforts to make sure our team members know they are appreciated and are critical to the success of our work.”

— Diana Stanley, The Lord’s Place CEO

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## EARL ON CARS

### Red flags to watch for when buying a car

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#### The "Big Sale Event"

If you go online or turn on the TV, you will find that most car dealers are having a "sale" of some kind. It may be because of a holiday, "too large an inventory" of cars, to "reduce their taxes," "the manager is out of town," or some other nefarious lure. "Advertising 101" says you should give the prospective buyer a "motive to act." Unfortunately, it doesn't matter whether the motive is real or not. The fact is that most car dealers do not sell their cars for less during "sales events" than they do at any other time. I point this out so that you don't rush your buying decision. If you don't buy a car during the tight time constraints of a phony sales event, you can negotiate just as good a price, if not better, the next day. The exceptions to this are legitimate rebates offered by the manufacturer. These often expire at the end of the month, which is one reason why the "last day of the month" really can be the best time to buy a car.

"The price I'm giving you is only good for today."

If a salesman or sales manager tells you that, it is only a tactic to push you into buying the car. The only exception would be the expiration of a factory rebate. Once again, this is simply a tactic to push you into buying before you have a chance to do your comparative price shopping.

"Take the car home today and see how you like it."

Test-driving the car you are considering buying home can be a good thing. It will give you a lot better idea about how the car performs, etc. However, there are two reasons the car salesman offers this. One is that you must leave the vehicle you might be trading in with the car dealer. This means that you cannot shop prices with other dealers. The second reason is the psychological impact of parking that new car in your driveway where your family and neighbors can see it. The slang expression for this is "the puppy dog." If you were to take home a little puppy from the pet store, you and your children would fall in love with her and could not return her the next day.

"You must give me a deposit before I can give you a price."

This must be one of the most insulting ways that some car salesmen have of intimidating a prospective buyer. It's amazing how many people actually succumb to this which allows the salesman an element of control — you can't leave until they give you your money back. If confronted with this ultimatum, simply walk away.

"Are you ready to buy a car today?"

Often, if you say no to this question, the salesman will tell you to come back when you are ready to buy. He will tell you to shop around and come back with your best price so that he can beat it. The salesman is afraid that, if he does give you his best price, you will go somewhere else and that salesman will beat it. Of course, that is the whole idea of



competition and that is exactly what you should do. If the salesman is afraid to give you a price because his competitor will beat it, it must not be the best price!

"Make me an offer and I will take it to my manager for approval."

This is a very common tactic that you may have already encountered. It's not unethical. It's simply part of negotiating. I point this out so that you are fully aware that this is part of the negotiating game. Be aware, that no matter what price you offer, the manager will ask you for more money. Even if you mistakenly offered a high price that would be a very large profit for the dealer, the manager would ask you for more money. The psychology behind this is that if you suddenly accepted the offer, you may frighten the customer by thinking he had offered too much (which he would have). When you negotiate, you must be well versed on

what is a good price for that car. Start out below the best price you think you can buy it for. If you cannot negotiate a price close to your best price, get up and leave. Continue this process with another car dealer.

"The 'really big' discount"

The other day a friend showed me direct mail advertising piece from a new car dealer with a coupon good for \$2,000 discount on any car in his inventory. This is very common for online and TV ads, too. Federal law requires new cars to have a price sticker on the window named the Monroney label. A discount from this suggested retail price gives you a fair basis for comparison. Unfortunately, most car dealers today,

increase the suggested retail price substantially with the use of an addendum to the Monroney sticker often referred to as a "Market Adjustment Addendum." This "adjustment" can be several thousands of dollars. Be sure you know what the true MSRP is for the car when you have been offered a "big discount."

The best protection from all of the above is to find a car dealer that you can trust. Ask your friends about their experiences with dealers and call the Better Business Bureau and the County Office of Consumer Affairs. I have a list of dealers that I recommend and a list to beware of that you can access online at [www.GoodDealerBadDealerList.com](http://www.GoodDealerBadDealerList.com). All things being equal, choose the dealership that has been in business a long time and an owner or general manager who will make himself accessible to you and all his customers. ■

## BEHIND THE WHEEL

### Long live the hot hatch king

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G-T-I — three letters take a hatchback from practical to performance. The Volkswagen Golf GTI has been doing this for so long that it's the true father of the hot hatch segment. And just like George Clooney, this car has an exceptional track record of staying youthful without being too immature.

It might be hard to believe, but the GTI has been in the U.S. for over 35 years. There are plenty of other car companies cashing in on historic names and retro looks. Yet, the GTI remains gentle evolution — although there's also not much that can be done to the hatchback silhouette.

Instead, VW focuses on the details to make its hot hatch look different from the standard Golf. It includes wheels that are as aggressive as buzz saws; a sporty red line that runs across the grille and through the headlights; and the kind of slats up front that look like they belong on the side of a Ferrari Testarossa.

Inside is a well-equipped sports car. Every GTI comes standard with features like a power driver's seat, touchscreen infotainment system, and one of the best sports steering wheels in the industry. There's a golf ball-style knob on the six-speed shifter, or the dual-clutch six-speed automatic is available for \$1,100. They all have the large rear hatch and folding



rear seats that give this pocket rocket the cargo versatility of a small crossover.

There are three different trim levels, and where they vary also provides insight into the GTI's broad market. The standard S version gets a set of cool plaid cloth seats that pay tribute to the original. They are a quality item that have good bolstering and red stitching. It feels like a value starting at \$27,310.

A loaded top-of-the-line Autobahn trim like our test car adds a ton more premium features, including leather seats, adaptive cruise control, blind spot monitoring, dual-zone climate control

and a larger infotainment system. This top-dog hot-hatch starts at about \$36K, which invites some premium German nameplates for a direct comparison.

The wide pricing path seems to reflect the GTI's long history that has created a multi-generational following. Just as it was when the GTI first appeared in the U.S. in the early 1980s, younger buyers can spend a little extra to upgrade from a Golf to a performance-minded GTI. But the people who were there to see the first generation in the showrooms are now better established and want their dream car with a little extra coddling.

Regardless of the amenities, what makes a proper GTI is its grand tradition offering a magical mix engine and suspension. It starts with the 220-horsepower 2.0-liter turbocharged motor. This is responsive, quick and the power delivery is linear. It creates a feeling of trusty fun where shooting through a gap in traffic can be accomplished with a confidently steady right foot and a single downshift.

The suspension feels like it has spent more time in finishing school than its competitors. It has the agility of a small economy car in the city, and the ride quality doesn't feel as harsh as a sports car. When the road opens up, it has a mystic ability to stay sharp, tight and predictable through the corners.

Volkswagen has nearly perfected the front-wheel drive sports car with a front differential that virtually eliminates torque steer. The mid-level SE adds an upgraded differential that actively helps improve cornering. The Autobahn edition also includes a suspension with adaptive dampers. This helps make the GTI a sharper tool for carving roads, so there are some measurable driver benefits for paying for the upgrades. Still, the standard GTI is already quite a well-balanced machine.

By maturing with its fans and never leaving any new ones behind, the Golf GTI has carved out a niche as the benchmark for all the hot hatches that came after it. This car could have been sold on its nostalgia alone, but instead, VW has made the right investments so that no one can knock the king off his throne. ■

## THE EXTRA MILE

### How to be the 'Nordstrom's of auto service'

**melissaORTIZ**

Foreign Affairs  
European Automotive shop



We believe the experience of taking your car into an automotive shop for maintenance or repairs shouldn't be any different than enjoying dinner at an upscale restaurant, visiting an exemplary doctor for a thorough health checkup or shopping at a high-end retail store. It all comes down to the expertise and quality in the services rendered.

If you go to a nice steakhouse, you're going to get much better service than at a McDonald's. A good restaurant will cook your food perfectly. The wait staff will be attentive and present for you when you need them.

The same goes for a well-run doctor's office. You know they're experts in their field and they're kind and attentive to you when you're not feeling your best. In a high-end retail store, you get special attention and someone to help you find exactly what you're looking for. The goal is to see you walk out of the store happy.

So how do we duplicate those experiences when getting your car repaired at Foreign Affairs? For starters, people call us the "Nordstrom's of automotive service," which refers to our commitment to customer service. We strive to be the best at this. We know getting your car repaired can be a headache and can potentially hurt your wallet, so what we try to do on our end is minimize that pain as much as we can.

As soon as you walk in our front door, you immediately encounter a warm and welcoming environment. Our lobby area is warm and inviting, certainly nothing like an auto repair shop. It's a place where you can sit, be comfortable, read or even do some work. We have TVs, couches and even work areas where those who wish to wait on site can plug their laptop into our Wi-Fi and get things done.

We also serve cappuccino and espresso fresh from a machine right here on the premises. We even decorate the cappuccino foam to make it even more enjoyable. Customers rave about the quality of these beverages, which represent simple touches that make them smile.

You're also greeted and checked in by specially trained service advisors. If

you're not a car person, they explain in plain English what's wrong with your car and what will be done to fix it. We never take advantage of our customers on things they may not know about the auto repair industry.

This means we don't up-sell them on products and services they don't need. We always look to be as open and honest as possible to gain our customers' trust and build a long-term relationship. We're not looking for a one-time experience with them. We want our customers to service their European-made car here for however long they own it.

Another group of people we have working indirectly with customers is our technicians out back. They strive every day to make sure that your car is serviced to a world-class level, to a factory level. They go above and beyond any typical auto mechanic.

The way they do this is by frequently attending training sessions to improve their skills.

They also look to be as transparent as they possibly can in the repair process, which involves taking photos of what they're doing every step of the way. These pictures show exactly what is in need of repair. The mechanics then send reports to the customer showing them

the problem and honestly recommending what should be fixed.

We believe this procedure actively involves the customer in the course of action rather than simply taking their car away and blindly repairing it without the customer seeing or knowing what the actual problem is.

In addition, we offer customers free Uber rides to and from our shop.

Loaners are fine, but often they're pretty expensive. Sometimes you'll get stuck with a 1990 Ford Taurus or another car you wouldn't exactly like to be driving around in, especially when you're used to driving a more upscale European car such as the ones we service. With a free Uber ride there's no inconvenience to your family and friends who might otherwise have to pick you up or drop you off.

Again, the idea here is to make things as easy and painless as possible — getting you to home, work, or anywhere you need to go. We call that the Foreign Affairs difference. ■

— Foreign Affairs European Automotive Shop is at 1681 N. Military Trail in West Palm Beach. For more information, call 561-478-9999 or log on to [www.foreignaffairsauto.com](http://www.foreignaffairsauto.com).

## MOVING ON UP

### Max Planck scientist to research memory center of the brain

BY MARY THURWACHTER  
[mthurwachter@floridaweekly.com](mailto:mthurwachter@floridaweekly.com)

New to the distinguished group of neuroscientists at Max Planck Florida Institute for Neuroscience is Yingxue Wang, Ph.D, a research group leader whose team will study the neuronal mechanisms of memory.

"Through my research, I hope to uncover how the brain encodes episodic memory, a unique type of memory responsible for processing and storing novel events that we experience in our day to day lives," Dr. Wang said. "In order to parse out how this type of memory works, I will explore the neural circuitry of the hippocampus, a specialized part of the brain that is involved in the formation and retention of episodic memory."

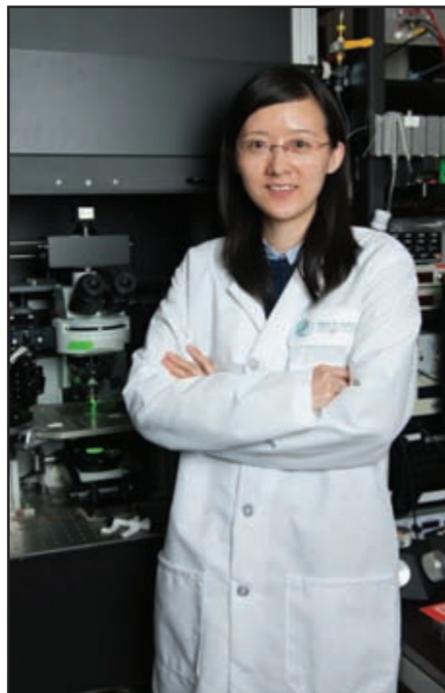
The Wang Lab will integrate cutting-edge genetic, imaging and electrophysiological approaches with advanced computer modeling to reveal the mechanisms by which memories are formed and subsequently stored.

In particular, her lab will take a deeper look into the memory of our personal experience, known as episodic memory. Akin to how a video recorder immortalizes moments in time, episodic memory embodies the brain's ability to capture these individual moments, group them together and store them as an interconnected stream of events; becoming a giant storage file of memories on demand.

Why is studying memory so important to her?

"Memory allows you to link from your past to the present to the future," she said. "Memory makes us who we are. That's fundamentally why this is interesting for me. We can consider humans as one type of functioning machinery and how nature views us in such a way that we can be so intelligent and can be unique."

Additionally, she says her work is so



COURTESY PHOTO

Yingxue Wang came to Max Planck in February.

important to her because of her technical background. "Because I'm interested in designing machines," Dr. Wang said. "The best way to design something is to learn from the best. A human brain is one of the best machines ever viewed."

Dr. Wang hopes to use the knowledge gained from her research to design computational systems that emulate the robust and complex computing power native to the human brain; further advancing technology into the future.

Before taking the job at Max Planck Florida, Dr. Wang worked at the Janelia Research Campus of Howard Hughes Medical Institute, where she studied the coordinated, sequential activity patterns generated by the memory center of the brain, the hippocampus, during the course of a memory task.

Trained as an electrical engineer, she

completed her graduate study under the mentorship of Drs. Shih-Chii Liu, Tobi Delbruck and Rodney Douglas at the Swiss Federal Institute of Technology Zurich (ETHZ).

Her work has been published in high impact journals such as "Nature Neuroscience, Hippocampus, eLIFE" and "Frontiers in Neuroscience."

Dr. Wang said she was drawn to Max Planck because of the interactive and collaborative research environment. "Labs work closely together, and the entire staff is extremely supportive," she said. "From microscopy to mechanical engineering, MPFI is ready to assist at all stages of the research process so that we can focus on our science."

To learn more about the Max Planck Florida Institute for Neuroscience, and the research done in the Wang Lab, visit [www.maxplanckflorida.org](http://www.maxplanckflorida.org).

#### Yingxue Wang

**Where you grew up:** Beijing, China

**Where you live now:** Jupiter

**Education:** B.S. in Electrical Engineering, Beijing University of Technology, China; M.S. in Electrical Engineering, Royal Institute of Technology (KTH), Sweden; Ph.D. in Electrical Engineering, Swiss Federal Institute of Technology, Zurich (ETHZ), Switzerland.

**What brought you to Florida:** I joined Max Planck Florida Institute for Neuroscience in late February.

**Your first job and what it taught you:** I worked as a software engineer at Beijing Pattek Limited Co. (Institute of Automation Chinese Academy of Sciences). There, I was involved in a project to develop a biometric recognition system. During this period of time I got interested in artificial intelligence.

**Career highlights:** During my Ph.D training, I designed computational systems on silicon chips to mimic biological circuits in the brain. These systems were among the first fully reconfigurable silicon circuit designs that incor-

porated electronic circuits of a network of neurons with dendrites and synapses. The goals of this work were twofold: 1) to develop efficient computing systems with a brain-inspired design, and 2) to provide a real-time simulation tool for understanding how dendrites, single neurons as well as their networks perform computations.

During my post-doc training at Janelia Research Campus, HHMI, I studied the activity of neurons in the hippocampus that represents memory traces, which are the physical patterns neurons use to encode memory. Through my work, I was able to isolate the neuronal activity patterns that are associated with the internally stored memories from those directly triggered by the information received from the external world.

**Hobbies:** Reading, history, literature (particularly ancient Chinese literature) and traveling when I have time.

**The spark or seminal moment that made me decide on my chosen field:**

My graduate work made me realize that to design a better brain-inspired computational system, it is essential to achieve a better basic understanding of how the brain processes and stores information. Therefore, after graduation, I decided to switch from electrical engineering to neuroscience, and joined Pastalkova lab to study the mechanisms that neurons use to encode and store memory.

**Best advice for someone looking to make it in my field:** I believe that interest is the best teacher. Find what you are passionate about and enjoy it.

**About mentors:** I am lucky enough to have many excellent mentors throughout my career. I would like to specially thank Eva Pastalkova, one of my post-doc supervisors. She brought me into the field of neuroscience, trained me to become a researcher and taught me how to design and conduct experiments from scratch. Without her, I would not have been where I am right now. ■

# REAL ESTATE



COURTESY PHOTOS

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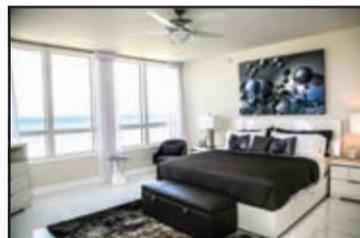
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rises 20 stories and houses 66 private condominium residences and 239 resort units. The hotel is managed seamlessly by Marriott Resorts. The private residences at the Resort at Singer Island are also among the finest in luxury living in South Florida. Residents have the privilege of their own amenities and services in addition to all the outstanding five-star amenities available to hotel guests. All residences are located on the preferred east side of the building and feature extraordinary Atlantic Ocean and Intracoastal Waterway views and the finest interior appointments. Treat yourself to a massage at the Resort's luxury spa. Savor a delicious meal and great views at one of the three restaurants. Go for a swim in either the outdoor infinity pool or lagoon pool with a slide. Enjoy the fitness center, sauna, whirlpool, scuba diving or beach yoga. Explore area beaches from the resort, including West Palm Beach, John D. MacArthur Beach State Park and Manatee Lagoon.

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## ON THE LINKS

## Lake Worth golfer named to U.S. team for Junior Ryder Cup

larryBUSH

lbush@floridaweekly.com



After playing in one of the longest days of tournament golf in the 118-year history of the **United States Golf Association** on a Saturday, just two days later Alexa Pano of Lake Worth was named to the U.S. team for the 11th biennial **Junior Ryder Cup** matches, a captain's pick by Allen Wronowski, past president of the **PGA of America**.

All this happened on a weekend in July when most of the golfing world was watching Tiger Woods trying to win a major championship for the first time in more than a decade — he didn't — but instead saw Francesco Molinari become the first Italian ever to win one of professional golf's four biggest tournaments, the British Open.

It was the 70th annual **U.S. Girls Junior** at Poppy Hills Golf Course in Pebble Beach, Calif.

In the semifinals, a match between two former Drive, Chip and Putt national champions, Pano, 14, beat medalist Lucy Li, 15, of Redwood Shores, Calif., 1-up, then lost to Yealimi Noh, 16, of Concord, Calif., 4 and 3 in the 36-hole finals.

There had been nearly 16 hours of fog delays during the week at Poppy Hills, including 30 minutes Saturday morning,

and thick fog rolled in not long after the championship match ended. As a result, Ms. Pano played 51 holes the final day, Noh 49.

A week earlier, Ms. Noh had won the Girls Junior PGA Championship in Lexington, Ky., with a record 24 under par 264. Ms. Pano was fourth, seven shots behind at 271.

"She played really solid the whole day," Ms. Pano said of Ms. Noh. "She just killed it the whole week. I can't really complain with even par or one under and losing."

In the other semifinal Saturday morning, Ms. Noh beat incoming Duke University freshman Gina Kim, 18, of Chapel Hill, N.C., 3 and 2.

The Junior Ryder Cup between girls and boys teams from the U.S. and Europe is scheduled Sept. 24-25 at Disneyland Paris. Ms. Li and Ms. Noh are also on the U.S. squad.

The "big boys" Ryder Cup follows Sept. 28-30 at Le Golf National in Paris.

**FSGA:** Remember this name, Gabriel Lench of Lake Mary, when the **102nd State Amateur** is played next June at the Loxahatchee Club in Jupiter. He'll be the defend-ing champion and he also won in 2014. Then a couple of weeks later, Mr. Lench won the 72nd annual Florida Open at the Innisbrook Resort in Palm Harbor.

At the State Amateur, Mr. Lench beat Marc Dull of Winter Haven, the FSGA Player of the Year in 2017, with par-4 on

the second extra hole after they tied at 285 at the Concession Club in Bradenton. The low Palm Beacher was Andrew Kozan of King's Academy who tied for ninth at 296.

In the State Open, Mr. Lench beat another top state amateur, Tampa's Joe Alferi II, 208 to 210.

Sharing low pro and tied for third overall at 211 were Matt Cote of Palm Harbor and Mickey DeMorat of Melbourne.

The Palm Beach delegation was led by Conor Richardson of West Palm Beach, tied for 10th overall with 215.

Carlos Marrero of Delray Beach and the University of West Florida shot 208 to win the **State Publinx** at Southern Dunes in Haines City.

A stroke back in second on 209 was Ricky Hendler, representing Florida Atlantic University and a resident of Holmes Beach in Manatee County.

In the **Southern Four-Ball** at Jacaranda GC in Plantation, two local teams tied for second at 131: Daniel Eggertson, The Acerage, and Ben Adelberg, Delray Beach, with Scott Turner and Greg Forest of Stuart. Winning with 130 were Plantation's Scott Kennedy and Ben Finley.

**FWSGA:** Haydyn Gibson of Clearwater scored 67 the final round for 210 and a six-stroke victory in the 24th annual **Stroke Play Championship** at Ritz Carlton GC in Orlando. Tara Joy Connelly of North Palm Beach tied for

third at 217, one shot behind the 216 by runnerup Lauren Clark of Orlando. Connelly's card read 71-71-75.

**PGA of America news of Palm Beach County members:**

**New Members** — Zachary Brown and Shane Henrion, Boca Raton Polo Club; Chad Call and Tyler Smith, Everglades Club; Brett Graf and Dominic Smith, Atlantis GC; Garrett Bernhardt, PGA Hq.; Kevin Johnson, Palm Beach Gardens; Austin Rentz, Old Marsh GC; Jared Shaw, Delray Dunes CC; Andrew Stenger, Fountains CC; Fredric Stone, Boca Raton; and Travis Worthington, The Club @ Ibis.

**Quarter Century Club** — David Duncan, Palm Beach Gardens; Jay Himeberger, Lake Worth; Brian Hughes, Keiser University of Golf; Christopher Kaufman, BallenIsles CC; Chris Naperalski, Eastpointe CC; Kellie Stenzel, Palm Beach CC; and Dennis Walters, Jupiter.

**Certified Professionals** — Michael Bove, Boca West Club, golf operations; Luke Frazier, Wellington, player development; Michael Valicenti, Jonathan's Landing GC, Jupiter, teaching and coaching.

**College coaching changes** — Men: Evan Smith, St. Andrews (men and women); Brennan Webb, head coach, and Bo Andrews, assistant, Tennessee; Women: Katie Fatcher, Emory. ■

## AWARDS

From page 1

weekly readers."

In addition to the individual awards, the editors and staff won for best special section, "Big Trouble," and community service for maintaining the only continuous news feed for the residents of Key West in the aftermath of Hurricane Irma.

Florida Weekly is locally owned and publishes newspapers in Greater Fort Myers, Greater Naples, Bonita Springs, Charlotte County, Palm Beach Gardens, West Palm Beach, Key West and Babcock Ranch with a combined circulation of more than 90,000. The firm's ninth newspaper, Venice Florida Weekly, begins publishing next month.

The Florida Press Association's Weekly Newspaper Contest is open to monthly, semi-monthly, weekly, semiweekly, and tri-weekly newspaper members.

A complete list of Florida Weekly award winners:

**Florida Press Association: First Place (Circulation over 15,000)**

- **Investigative Reporting:** "Big Trouble," Vandy Major, Scott Sleeper, Jan Norris, Nanci Theoret, Evan Williams, Roger Williams, Eric Raddatz, Scott Simmons and Betty Wells

- **Multimedia Storytelling:** "Shell of a good time," Nanci Theoret and Vandy Major

- **General News Story:** "Stopping human trafficking," Evan Williams

- **Outdoor and Recreation:** "Horsing around," Roger Williams

- **Special issues, section or supple-**

**ment:** "Big Trouble," Florida Weekly staff

- **Community Service:** "Hurricane Irma," Florida Weekly staff

- **Community History:** "Harlem, Florida," Evan Williams

- **Feature Story:** Profile: "At home with Arlo," Scott Simmons

- **Best Reader-generated Photograph:** "Hurricane Irma," Doug Kollmer

- **Health, Medical and Science Reporting:** "Dimensions unending: 3D," Evan Williams

- **Feature Story:** Non-profile: "What happens in an Uber car (.. does not stay in an Uber car)," Jan Norris

- **State and Local Tax Reporting:** "Footing the bill," Evan Williams

**Second place**

- **State and Local Tax Reporting:** "Movies move on," Eric Raddatz

- **Business Reporting:** "Entering Florida's spirit world," Evan Williams

- **Local Government Reporting:** "2017 Legislative session," Evan Williams

- **In-depth Reporting:** "Opioid death," Evan Williams

- **Serious Column:** Roger Williams

**Third place**

- **Informational Graphic:** "Big Trouble," Scott Sleeper

- **Agricultural and Environmental Reporting:** "Misunderstood. Mistreated. Maligned. Muscovy," Evan Williams

- **Arts, Entertainment and Review Reporting:** Nancy Stetson

- **Health, Medical and Science Reporting:** "Saving the imperiled sawfish," Nanette Crist

- **In-depth Reporting:** "Shooter," Bob Massey

- **General Excellence:** Florida Weekly staff

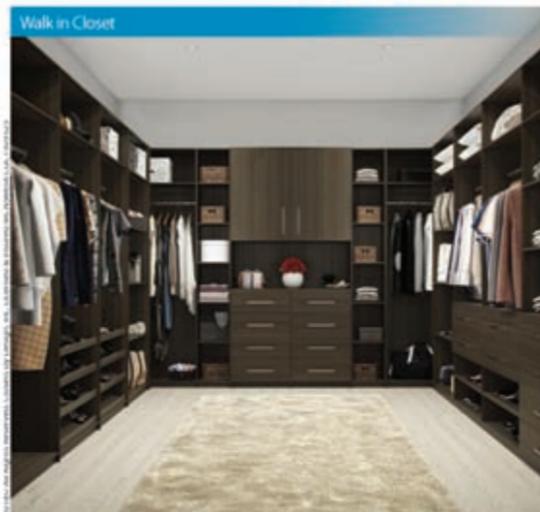
- **Feature Story: Non-profile:** "The state of women," Robin DeMattia. ■

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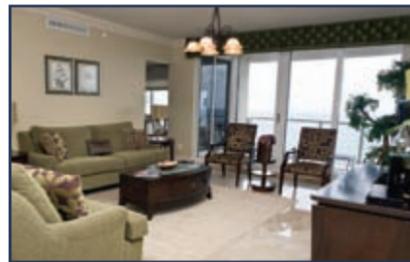
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## ARTS &amp; ENTERTAINMENT

WEEK OF AUGUST 16-22, 2018

WWW.FLORIDAWEEKLY.COM

SECTION B



Jeff Beck is touring with Paul Rodgers and Ann Wilson of Heart. They stop Aug. 25 at Coral Sky Amphitheatre.

PHOTO BY ROSS HALFIN

# THE GUITARIST'S GUITARIST

Fifty years into a fabled career, Jeff Beck shows no signs of slowing down

BY DAVE GIL DE RUBIO

Florida Weekly Correspondent

IN THE ANNALS OF ROCK 'N' ROLL HISTORY, JEFF Beck will always be considered part of the Big Three of highly influential guitarists that came out of the UK in the mid- to late-1960s. Like the other two, Eric Clapton and Jimmy Page, Beck served time in The Yardbirds. But unlike the other two, Mr. Beck has spent the past five-plus decades charting a career course that's found him traveling down broader musical byways that has made it far more difficult to pin him down musically.

And he wouldn't have it any other way.

This supremely talented instrumentalist, who is considered a "guitarist's guitarist" has

SEE BECK, B7 ►

JEAN-LUC OURLIN / COURTESY PHOTO  
Jeff Beck started his career in the UK in the mid- to late 1960s.

## Marinelife Day offers a lesson in ecology

FLORIDA WEEKLY STAFF

Yes, we typically visit The Gardens Mall to shop.

But careful: You might just learn something at this year's Marinelife Day.

For the sixth year in a row, Loggerhead Marinelife Center will partner with The Gardens Mall to provide turtle lovers with an interactive afternoon at Marinelife Day on Saturday, Aug. 18. The free exhibition, which takes place from 11 a.m. to 4 p.m. in the Grand Court of The Gardens Mall, will highlight sea turtles and ocean conservation. This

year's theme is #PlasticFreeWithLMC, which will emphasize the importance of reducing single-use plastics from our everyday routines.

Marinelife Day is designed for the entire family.

There will be a special appearance by LMC's mascot, Fletch, ocean-themed activities and exhibits that highlight the conservation, rehabilitation and research work carried out at Loggerhead Marinelife Center, plus chances to win prizes. Youngsters also can enjoy

SEE MARINELIFE, B7 ►

## HAPPENINGS



COURTESY PHOTO

"Reading in the Rain" by Louis Fourbare.

### Photo Centre show highlights members' work

BY JANIS FONTAINE

pbnews@floridaweekly.com

One of the most anticipated annual art shows is the Palm Beach Photographic Centre's annual Members Show. This juried exhibition, in its 22nd year, features the work of member photographers, both amateur and professional, from around the world. In the mix, visitors will find contributions by four Palm Beach shutterbugs: Jacqueline Asplundh, Beth Karson, Sandi Pfeifer and Anita Seltzer.

A free opening reception takes place from 6 to 8 p.m. Aug. 24. The winners will be announced for the Best of Show cash prize of \$950 and two Merit Awards, good for free tuition for a FOTOfusion Passport or a Master Workshop. The show officially opens Aug. 25 and will be on display through Oct. 27.

The juror for this show was photojournalist Scott McKiernan, known for his leadership of the ZUMA Press companies, including its wire service for editorial photos. In 2016, Mr. McKiernan received the Jim Gordon Award from the NPPA for Editor of the Year.

Also on display are the photographs taken by this summer's FOTOCamp participants. This exhibition by talented kids age 10 to 17 is a popular glimpse into tomorrow's vision. During the reception, they'll announce the FOTOCamp Student of the Year who will receive an SLR camera.

The Photo Centre is in the City Centre municipal complex at 415 Clematis St. in downtown West Palm Beach. For more information, visit [www.workshop.org](http://www.workshop.org) or call 561-253-2600.

### A new shopping opportunity

As if Clematis by Night weren't enough fun, the organizers have added the new Antique and Flea Market at Clematis by Night, open 6-10 p.m. Thursdays in August and 6-9 p.m. Thursdays in September and beyond. The market will be set up under the trellises along South Clematis Street, and will feature antiques and crafts, including jewelry, clothes and decorative items. For more information, visit [www.wpb.org/events](http://www.wpb.org/events).

### Summer Opera Nights returns

If you missed the Palm Beach Opera's first Summer Opera Nights, you've got another chance to enjoy a family friendly evening of live opera,

SEE HAPPENINGS, B7 ►



FLORIDA WEEKLY FILE PHOTO

Crowds fill The Gardens Mall for last year's Marinelife Day. This year's will take place Aug. 18.

## COLLECTOR'S CORNER

### There's always something to be said for choosing the best you can buy



scott SIMMONS  
ssimmons@floridaweekly.com

My grandparents' neighbors thought they were so lucky.

They had bought nice antiques in the 1930s and '40s, kept them for a half-century, then sold everything for more than was paid for it 50 years before when they downsized from their Fort Myers home to a villa at Sun City Center, the retirement community in the Tampa Bay area.

And you know what? The neighbors, Edith and Huntley Casey, were lucky.

But they were lucky in part because they had chosen well to begin with.

All the pieces the Caseys had, from an 1820s Federal-style cherry hutch to a pair of twin four-poster beds, fit as well in their California ranch bungalow as they had in the couple's larger traditional-style former home in Alexandria, Va. That meant the furniture had a broad range of appeal and was of a scale that could be used anywhere from a condo to a manse.

Then there was the quality — if these pieces were not the best of the best, they were close to it, with original finishes and hardware. Over the years, they had done the scholarship on their

antiques, going to quality shows and visiting with reputable gallery owners and antiques dealers so they knew what they were seeing.

The market of today is very different from the market in which the Caseys were selling off their antique furnishings. I don't know that we necessarily can consider our antiques as investments, but I can promise you that you will receive a higher return on rarer, better quality art and antiques than you will on lesser pieces.

Quality almost always wins out — the Fostoria, Cambridge and Heisey department store-quality glass I collected in the 1990s has plummeted in value, with the more commonly found pieces that once fetched \$50 and \$100 sitting on the shelves of resale shops for months priced at one-tenth of that. But many of the Steuben and Tiffany pieces that were available at the same time have retained a much higher percentage of their value, often fetching at least half, if not all, of their 1990s prices. And even rarer pieces of the aforementioned department store-quality wares still command higher prices at specialty glass shows.

So it goes in the world of collecting, where we downsize and edit, making room for more and better.

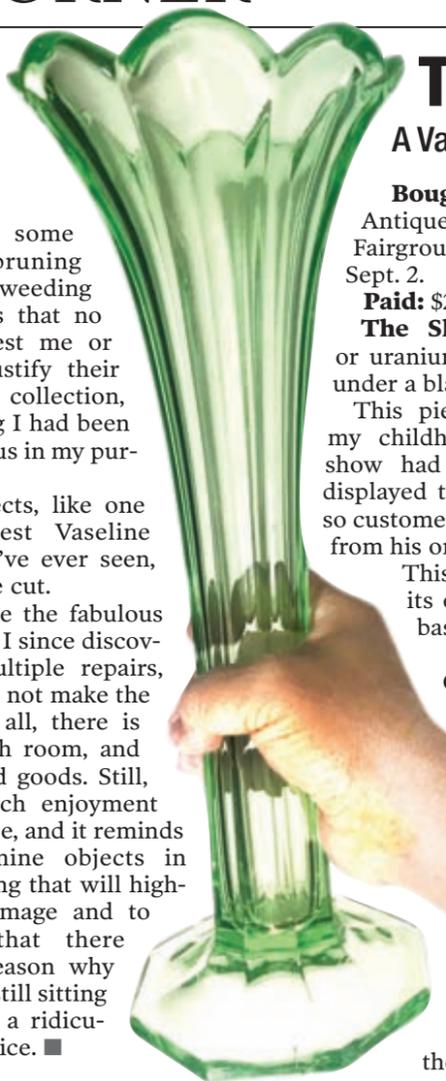
That brings me back to the Caseys. They always chose well.

I've thought a lot about them as I have

been doing some judicious pruning of my own, weeding out treasures that no longer interest me or no longer justify their space in my collection, often wishing I had been more judicious in my purchases.

Some objects, like one of the largest Vaseline glass vases I've ever seen, will make the cut.

Others, like the fabulous Parian figure I since discovered has multiple repairs, probably will not make the cut — after all, there is only so much room, and it is damaged goods. Still, I've had much enjoyment from the piece, and it reminds me to examine objects in proper lighting that will highlight any damage and to remember that there often is a reason why that piece is still sitting in a shop at a ridiculously low price. ■



SCOTT SIMMONS / FLORIDA WEEKLY  
This Vaseline glass vase stands an impressive 15 inches high. It dates from the 1920s or '30s.

### THE FIND:

A Vaseline glass vase

**Bought:** West Palm Beach Antiques Festival, South Florida Fairgrounds. Next show is Aug. 31-Sept. 2.

**Paid:** \$250

**The Skinny:** So-called Vaseline, or uranium, glass glows when placed under a blacklight.

This piece transports me back to my childhood, where each antiques show had at least one dealer who displayed the glass under a blacklight, so customers could see it eerily glowing from his or her booth.

This 15-inch vase has a glow all its own, from its thick, pressed base to its outstretched rim.

It was made by one of the Ohio or West Virginia glass companies in the 1920s or '30s — my money is on Tiffin or Cambridge, though even the Depression glass experts aren't sure.

Its green color is bright and light-grabbing, and it's one of the largest pieces of the genre I've ever seen.

In collecting, value often is all about something being the largest, the smallest or the rarest.

I've never seen another piece quite like it, and that earns it a spot in my collection. ■

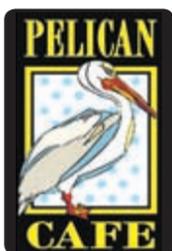


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## CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at [pbnews@floridaweekly.com](mailto:pbnews@floridaweekly.com).

## THURSDAY 8/16

**Clematis by Night** — 6-10 p.m. Thursdays, the Great Lawn at the Waterfront, Flagler Drive and Clematis Street, West Palm Beach. Free music, vendors, food and drink. 561-822-2222 or [www.clematisbynight.net](http://www.clematisbynight.net).

■ **Aug. 16:** Mischief (Classic Pop Rock) and headliner Poor Life Decisions (Rock).

■ **Antique and Flea Market:** 6-10 p.m. Aug. 16, 23 and 30, and 6-9 p.m. Thursdays beginning in Sept. under the trellises along S. Clematis St. with antiques and crafts, including jewelry, clothes and decorative items.

## FRIDAY 8/17

**Baking Class at Loic Bakery** — 6-7:30 p.m. Aug. 17, 480 Hibiscus St., Suite 116, West Palm Beach. Call for details. 561-570-1425; [bakeryloic.com](http://bakeryloic.com).

**Wine Down with Art at CityPlace** — 5:30-7 p.m. Aug. 17, at the Armory Art Experience at CityPlace, 700 Rosemary Avenue, Store #136, West Palm Beach. A lively still life set up for you to learn some basic painting skills from Spence Townsend. Painting materials and wine are provided. 561-832-1776.

**Dog Days of Summer** — 6-9 p.m. Aug. 17, Artisans on the Ave Gallery, 630 Lake Ave., Lake Worth. The gallery is partnering with Paws on the Ave, 525 Lake Ave., and PBC Animal Care and Control to sponsor pet adoptions, plus displaying lots of dog-related or inspired artwork and offering treats and discounts at both locations. 561-582-3300.

**The Enigmatic Mind and World of Bjorn Davidson opening reception** — 7 p.m. Aug. 17, The Box Gallery, 811 Belvedere Road, West Palm Beach. Admission to the opening is free, but RSVP is requested online at [www.eventbrite.com](http://www.eventbrite.com). The exhibition is on display through Sept. 1. "Portraits, Paintings, and Prints" takes you on a visual journey that includes notable cultural images of icons like Edie Sedgwick, James Bond, and Ernest Hemingway will be on display Aug. 17-23. A series of nude and semi-nude studies that explores Asian and American sensibilities of the female form will be on display Aug. 24. An adults-only exhibition, The F Collection, will be on display Sept. 1-7. This grouping of fetish-based images and photography slideshow depicting a world only few know. 786-521-1199; [www.TheBoxGallery.info](http://www.TheBoxGallery.info)

## SATURDAY 8/18

**Brain Sparks** — 9 a.m.-1 p.m. Aug. 18, STEM Studio, 1209 Main St., Unit 112, Jupiter. Explore real brains, view fluorescent, glowing microbrains, use your brainwaves to control objects. \$10, includes snacks and lunch. Register online at [www.sfsiencecenter.org](http://www.sfsiencecenter.org).

**Women's Health Conference** — Women's Wellness Conference for Lesbian, Bisexual, Transgender and Straight Allies, 9 a.m.-3 p.m. Aug. 18. CShells Massage will be present all day offering free massages. CVS will perform health screenings and give flu shots. Compass Community Center, 201 N. Dixie Highway, Lake Worth. Cost: \$20. Info: [www.compassglcc.com](http://www.compassglcc.com).

**A Day at The Ballpark to ben-**

**efit Quantum House & American Cancer Society** — 1 p.m. Aug. 18, Roger Dean Stadium, 4951 Main St., Jupiter. Games, raffles, and kids' activities plus local cancer survivors will be recognized before the game. Tickets: \$10 with the proceeds benefiting the two charities. Businesses can get a \$250 package that includes 25 tickets, the company's logo on the videoboard and a special shout out from the stadium press box. Info: Email [aadams@lesserlawfirm.com](mailto:aadams@lesserlawfirm.com) or <http://bit.ly/l1l3ball>.

**Fredi Cohen: "Celebrate Our Evolving Feminine: In Life, Art, Architecture, & Furniture"** — Opening reception from 5 to 7:30 p.m. Aug. 18, Armory Art Experience at CityPlace, 700 S. Rosemary Ave., West Palm Beach. Free standing multi-media sculpture and original art built into architecture and furnishings, a preview of work she'll show at Spectrum Miami and ArtExpo New York. Free. [www.fredicohenart.com](http://www.fredicohenart.com). On display through Aug. 31. 561-832-1776; [www.armoryart.org](http://www.armoryart.org)

## SUNDAY 8/19

**Music at St. Paul's** — 3 p.m. Aug. 19, St. Paul's Episcopal Church, 188 S. Swinton Ave., Delray Beach. Program: "Baroque and Beyond" with violinist Mei Mei Luo and harpsichordist Paul Cienniwa. Arrive by 2:30 p.m. for a pre-concert conversation with composer Karl Henning. \$20 suggested donation. Free for age 18 and younger. <http://www.music.stpaulsdelray.org>

**Presentation: Protect Our Children From Human Trafficking** — 5 p.m. Aug. 19, First Presbyterian Church, 482 Tequesta Drive, Tequesta. A free, age-appropriate presentation by Catch the Wave of Hope for middle-schoolers and older. Dinner follows. Donation requested. RSVP to [shannon@tequestapres.org](mailto:shannon@tequestapres.org) or 561-746-5161, Ext.106; [www.tequestapres.org](http://www.tequestapres.org).

## MONDAY 8/20

**Stars of David: From Story To Song In Concert** — 7:30 p.m. Aug. 20, Mizner Cultural Arts Center, Boca Raton. Starring Avi Hoffman and an all-star cast with original songs from some of Broadway's top composers and lyricists. [www.miznerparkculturalcenter.com](http://www.miznerparkculturalcenter.com); 844-672-2849

## TUESDAY 8/21

**The Way Café Feeding Program** — 1 p.m. Tuesday, St. Andrew's Episcopal Church, 100 N. Palmway in downtown Lake Worth will offer free hot dinners at 1 p.m. Tuesday for the homeless and working poor, supported by donations and staffed by volunteers. Info: 561-582-6609.

## WEDNESDAY 8/22

**Stroller Daze** — 9 a.m. to noon Aug. 22, South Florida Science Center and Aquarium, 4801 Dreher Trail N., West Palm Beach. A special age-appropriate event for little ones with science crafts, storytelling, discovery center and play-ground play, all geared toward kids age 5 and younger. A special menu will be available for purchase at WT Café. \$8.50 for adults, FREE for children and Science Center members.

## LOOKING AHEAD

**Bridal Bouquet Workshop** — 6-9

p.m. Aug. 23, Flower and Fringe, 316 S. Dixie Highway, West Palm Beach. Learn step-by-step techniques used to construct bouquets. \$125. Register by 5 p.m. Aug. 21. [www.flowerandfringe.com](http://www.flowerandfringe.com).

**Clematis by Night** — 6-9 p.m. Thursday, West Palm Beach Waterfront, West Palm Beach. Music, food, drink, vendors and a sunset. Info: [www.clematisbynight.net](http://www.clematisbynight.net).

■ **Aug. 23:** Khemistry (Top 40) opens. Headliner: Eclipse (Variety/Classic Pop).

■ **Aug. 30:** Sunset East (Alternative Pop-Rock) opens. Headliner: Crazy Train (Rock/Top 40)

**Summer Opera Nights** — 6-10 p.m. Aug. 24, Elizabeth Avenue Station, 1500-C Elizabeth Ave., West Palm Beach. A family-friendly evening of opera, drinks and games. Tickets: \$10 adults, \$5 students, free for children younger than 12, which includes one drink. A food truck will also be on site. Street parking. 561-833-7888.

## AT THE COLONY

**The Colony Hotel** — 155 Hammon Ave., Palm Beach. 561-659-8100 or 561-655-5430; [www.thecolonypalmbeach.com](http://www.thecolonypalmbeach.com).

■ **Copeland Davis** — 5:30-9:30 p.m. Sunday, Wednesday, Friday and Saturday in the restaurant.

■ **Lenny Zinni** — 5:30-9:30 p.m. Monday and Thursday in the restaurant

■ **Jazz Trio** — 5:30-9:30 p.m. Tuesday in the restaurant

■ **Motown Fridays** — 9:30 p.m. to 12:30 a.m. Royal Room

■ **Live Jazz Brunch** — 11 a.m.-3 p.m. Sunday.

## AT CORAL SKY

Coral Sky Amphitheatre, 601-7 Sansbury's Way, West Palm Beach. 561-795-8883; [www.westpalmbeachamphitheatre.com](http://www.westpalmbeachamphitheatre.com) or [www.livenation.com](http://www.livenation.com).

■ **Wiz Khalifa & Rae Sremmurd** — Aug. 17

■ **Lindsey Stirling & Evanesence** — Aug. 18

■ **Jeff Beck, Paul Rodgers & Ann Wilson** — Aug. 25

## AT THE GARDENS

The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. 561-775-7750; [www.thegardensmall.com](http://www.thegardensmall.com).

**Loggerhead Marinelife Day** — Bring your receipts to guest services and the mall will donate 5 percent back to Loggerhead.

**Walk This Way Walking Club Program: Protect the Skin You're In** — 8:30 a.m. Aug. 21, Nordstrom Court. Lean risk factors and more about skin cancer. RSVP to 561-622-2115.

**Kids Club SafariParty** — 10 a.m. to noon Aug. 25, Nordstrom Court.

## AT THE KELSEY

The Kelsey Theater, 700 Park Ave., Lake Park. Info: 561-328-7481; [www.thekelseytheater.com](http://www.thekelseytheater.com) or [www.holdmyticket.com](http://www.holdmyticket.com).

■ **Dan Sperry Illusionist** — 8 and 10 p.m. Aug. 18.

■ **Rockliscious Battle of the**

**Bands** — 8 p.m. Sept. 1.

## AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. 561-747-8380, Ext. 101; [www.jupitertighthouse.org](http://www.jupitertighthouse.org).

**Lighthouse Sunset Tours** — Aug. 29. Weather permitting. Spectacular sunset views and an inside look at the nuts & bolts of a working lighthouse watchroom. Tour time: 75 minutes. \$15 members, \$20 nonmembers. RSVP required.

**Lighthouse Moonrise Tour** — Aug. 25 and 26. See the moon rise over the lighthouse. \$20 members, \$25 nonmembers.

**Twilight Yoga at the Light** — Aug. 20, 27. By donation. Mary Veal, Kula Yoga Shala, leads

## AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 561-833-1812; [www.palmbeachimprov.com](http://www.palmbeachimprov.com)

**Steve Trevino** — Aug. 16-18

**Tom Segura** — Aug. 24-26

## AT THE BALLPARK

Roger Dean Chevrolet Stadium, 4751 Main St., Jupiter. 561-775-1818; [www.rogerdeanchevroletstadium.com](http://www.rogerdeanchevroletstadium.com)

**The Jupiter Hammerheads and the Palm Beach Cardinals** are lighting up the diamond with fast-paced baseball action through Sept. 2. Special promotion nights:

**Pizza-Palooza** — Aug. 16. For just \$20, fans get a game ticket in a suite filled with all-you-can-eat pizza, plus pizza from numerous pizzerias will be offered throughout the Jupiter and Palm Beach area.

**Evan Cohen Bobblehead Night and Dog Days of Summer** — Aug. 25. Get a bobblehead with the purchase of a special ticket package. Proceeds benefit Duffy's Foundation. Plus, it's dog days of summer so Fido can come too. Fido's ticket is \$5 which benefits local pet charities.

**Tire America Day** — Aug. 30. Fun for the whole family including bounce houses and post-game fireworks and the Zooperstars, a hilarious inflatable show.

## ONGOING

**American German Club of the Palm Beaches** — 5111 Lantana Road, Lake Worth. [www.americangermanclub.com](http://www.americangermanclub.com) or 561-967-6464, Ext. 2.

■ **German Night** — 5 p.m. Aug. 17. Entertainment 7-11 p.m. by Chet. Guests: Dinner and admission: \$20. Admission: \$10. Members: Dinner: \$12.

■ **Masskrugstemmen Championship** — 6 p.m. Aug. 18. This year's champion will win a trip to NYC to represent the American German Club at German-American Day in Central Park.

■ **Monthly German Beerfest!** — Noon Aug. 19. \$20, all-inclusive. Lunch served 1-3 p.m. Entertainment by the Easy Living Band from 12:30-5:30 p.m. Lawn games.

## CALENDAR

**The Armory Art Center** — 1700 Parker Ave., West Palm Beach. 561-832-1776; www.armoryart.org.

■ **Connections Jewelry and Ceramics:** Through Aug. 17. Featured student and instructor work by Maria Tritico and Lisa Johnson, jewelry instructors and their students and Mark Walnock, ceramic instructor and his students.

**The Burt Reynolds Institute for Film and Theatre** — Village Shoppes of North Palm Beach, 133 U.S. 1, Suite 115, North Palm Beach. Regularly scheduled classes are \$30 per week or \$100 per month. 561-743-9955; www.burtreynoldsinstitute.org

**Classes offered:**

■ **Intermediate Acting for age 8 and older**

■ **Junior Acting and Improv for age 8 and older**

■ **Fundamentals of Acting**

■ **Improvisation Plus for adults**

■ **Creative Writing for serious writers**

■ **Specialty classes** such as the On-Camera Workshop, Monologue Techniques and Teleprompter Proficiency are available on a rotating basis.

**CityPlace** — 700 S. Rosemary Ave., West Palm Beach. 561-366-1000; www.cityplace.com

■ **CreativeMornings Palm Beach's August Gathering** — 8:30-10 a.m. Aug. 17 at the Culture Lab, 575 South Rosemary Ave. A presentation on community by senior vice president of Related Companies, Gopal Rajegowda.

■ **Wellness Wednesday: Fitness Hub** — 6:30 – 7:30 p.m. Aug. 29. Fitness Hub will offer a Zumba or Body Combat class on the Square. Free.

■ **Sunday Yoga at the Culture Lab:** 10:30-11:30 a.m. Sunday. A Vinyasa yoga class. By donation. Register at www.cityplace.com/events/culturelabyoga.

■ **Assemblage:** An Organically Grown Exhibition: Noon to 6 p.m. Thursday through Sunday.

■ **\$5 Ticket Tuesdays at AMC Theaters CityPlace** — AMC Stubs members (it's free to join) entitle you to \$5 tickets on Tuesdays. With the \$5 Cameo Combo get a savory popcorn and Coca-Cola, it's a cheap date day or night at \$10.

■ **Walking Art Tour** — 3-5 p.m. Saturday. Explore the art installations and murals created by artists from around the globe on this 90-minute guided walking tour. The tour ends with refreshments and appetizers at Hilton West Palm Beach. Tickets at eventbrite.com

■ **Feeding South Florida Food Drive** — Through Sept. 30. Donate three non-perishable food items at Guest Services and get four hours of free parking in one of the CityPlace garages.

■ **Live music** 7:30 – 10:30 p.m. Friday and Saturday.

■ **Aug. 17:** Southern Sounds – Billy Craver and Emily Brooke

■ **Aug. 18:** Clement Aubrey

■ **Aug. 24:** Kchemistry

■ **Aug. 25:** Lauren Echo

**Downtown at the Gardens** — 11701 Lake Victoria Gardens Ave., Palm Beach Gardens. 561-340-1600; www.downtownatthegardens.com.

■ **End of Summer Bash** — 11 a.m.-2 p.m. Aug. 18. Games, music, stilt walkers, jugglers, carnival treats. Free admission with a school supply donation to the Education Foundation of Palm Beach County.

**Summer concerts:** 7-9 p.m. Free.

■ **Aug. 17:** Zendatta: The Police

■ **Aug. 24:** Trezz Hombres: Zz Top

■ **Aug. 31:** Jaded: Aerosmith

**The Florida Trail Association Loxahatchee Chapter** — Leads nature walks. New adventurers are welcomed. Get info and register at www.loxfltrail.org.

■ **Okeehelie Park Walk** — 7:30 a.m. Aug. 18, 7500 Forest Hill Blvd, West Palm Beach. Meet at the hiking/biking trails new parking lot, 7:30 a.m. Contact: Bruce Brown, 772-333-1837 Public/Leisure.

■ **Hike on the Apoxee Wilderness Trail** — 7:50 a.m. Aug. 25, 3125 North Jog Road, West Palm Beach. A strenuous 9-12 mile hike. Joe at 561-859-1954.

■ **Frenchman's Forest Stroll** — 7:20 a.m. Aug. 26, 12201 Prosperity Farms Road, Palm Beach Gardens. An hour-long walk on shady trails. 561-586-0486.

**The Historical Society of Palm Beach County and The Richard And Pat Johnson History Museum** — 300 N. Dixie Highway, West Palm Beach. 561-832-4164; www.hspbc.org

**John D. MacArthur Beach State Park** — 10900 Jack Nicklaus Drive, Singer Island, North Palm Beach. 776-7449; www.macarthurbeach.org.

■ **Intro to Snorkeling** — 11 a.m. Aug. 18. Learn the basics of snorkeling in a land-based course for beginners. Reservations. Free.

■ **Bluegrass Music with Untold Riches** — 1-3 Aug. 19. Free.

■ **Butterfly Walk** — 11 a.m. Aug. 25. A walking tour. Reservations required at 561-624-6952.

■ **Introduction to Surfing** — 1-3 p.m. Aug. 25. A ranger-led course for adults and age 12-17, with an adult. Free. Reservations required. 561-624-6952.

**The Lighthouse ArtCenter** — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is \$5 Monday-Friday, free the first Saturday of the month and for members and exhibiting artists. Info: 561-746-3101; www.LighthouseArts.org.

**North Palm Beach Library** — 303 Anchorage Drive, North Palm Beach. 561-841-3383; www.village-npb.org.

■ **Ongoing:** Knit & Crochet at 1 p.m. Mondays; Quilters meet 10 a.m. Friday; Chess group meets at 9 a.m. the first and third Saturday.

**The Palm Beach Photographic Centre** — 415 Clematis St., West Palm Beach. Info: 561-253-2600; www.workshop.org.

■ **The 22nd Annual Members' Juried Exhibition 2018** — Aug.



#SFL TOP PICKS

**8.18**

■ **Lindsey Stirling & Evanescence** — Aug. 18, Coral Sky Amphitheatre. 561-795-8883; www.westpalmbeachamphitheatre.com or www.livenation.com



#ILLUSIONS

■ **Dan Sperry Illusionist** — 8 and 10 p.m. Aug. 18, The Kelsey Theater. 561-328-7481; www.thekelseytheater.com or www.holdmyticket.com



#PIANOMAN

■ **Copeland Davis** — 5:30-9:30 p.m. Sunday, Wednesday, Friday and Saturday at the Colony Hotel. 561-659-8100 or 561-655-5430; www.thecolonypalmbeach.com



#HAHAHA

■ **Steve Trevino** — Aug. 16-18, Palm Beach Improv at CityPlace. 561-833-1812; www.palmbeachimprov.com

24-Oct. 27. The exhibition, which is open to photographers worldwide, both amateur and professional, encourages experimental and mixed techniques. 561-253-2600;

**The Palm Beach Zoo & Conservation Society** — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. every day. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 561-533-0887; www.palm-beachzoo.org

**The South Florida Fairgrounds** — 9067 Southern Blvd., West Palm Beach. 561-793-0333; www.southflorida-fair.com.

■ **Yesteryear Village, A Living History Park** — Learn what life was like in South Florida before 1940. "Town residents" will share their stories. Hours are 10 a.m. and 4 p.m. Thursday through Saturday. Tickets: \$10 adults, \$7 seniors age 60 and older, \$7 children age 5-11, and free for younger than age 5. Info: 561-795-3110 or 561-793-0333.

■ **The 2018 Convention of Jehovah's Witnesses** — Aug. 17-19.

■ **Lecture Series in Yesteryear Village** — Aug. 25. Speaker: Elliot

Kleinberg, The Palm Beach Post.

■ **Kids World Family Fun Fest** — Aug. 25-26.

**The South Florida Science Center and Aquarium** — 4801 Dreher Park Road, West Palm Beach. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 561-832-1988; www.sfsiencecenter.org.

## AREA MARKETS

**Singer Island Green & Artisan Market** — 10 a.m. to 2 p.m. Friday, Singer Island's Ocean Walk, 2401 Ocean Ave. along A1A. Pet and kid friendly. www.singerislandgreenmarket.com.

**Palm Beach Gardens Summer GreenMarket** — Through Sept. 30, at its breezy, undercover summer location at STORE Self Storage and Wine Storage, 11010 N. Military Trail in Palm Beach Gardens. Hours: 9 a.m.-1 p.m. Sundays. No pets. 561-630-1100; pbrec.com/greenmarket.

**Waterfront Market at Harbourside Place** — 10 a.m.-3 p.m. Sundays along the waterfront. Pet friendly. harboursideplace.com. ■

# SOCIETY

## Venus Williams unveils Roger Dean Chevrolet Stadium skyboxes



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1. Judah Lang, Kristen Lang, Arianna Lang and Chad Lang
2. Kevin Mikolas, Scott Haarbaueu and Nathan Mikolas
3. Ava Seymour, Venus Williams, Christina Citrola and Cadence Timm
4. Cali Walton, Kat Walton and Cole Walton
5. Vicki Brackett, George Estornell, Alyssa Estronell, Garrett Hayward, Hannah Hayward, Malayna Estornell, Marley Estornell and Noah Clark
6. Daniel Halleran, Michelle Halleran and Mark Halleran
7. Ribbon Cutting with North Palm Beach Chamber of Commerce
8. David Norris, Wendy Norris and Dave Markarian
9. Dilma Bennett, Alicia Malka Summers and Jasmine Edwards
10. Andrew Seymour and Sarah Campbell
11. Nicole Fernandez, Venus Williams and Stephanie Fernandez
12. Marianne Lefurge and Howard Lefurge
13. Roger Dean Staff, NPB Chamber, Venus Williams and Sonya Haffey



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11



12



13

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email [society@floridaweekly.com](mailto:society@floridaweekly.com).

# HAPPENINGS

From page 1

drinks and interactive games and trivia. On Aug. 24 from 6 to 10 p.m., the new Elizabeth Avenue Station in the developing Warehouse District in downtown West Palm Beach becomes a stage for the Palm Beach Opera's many talented performers. This program has a theme of "Behind the Scenes at the Opera" and

will feature bass-baritone Neil Nelson. Performances take place at 6:45, 7:45 and 8:45 p.m.

Tickets are \$10 for adults, \$5 for students, and admission is free for children younger than 12. Admission includes one free drink. A food truck will be on-site with snacks, entrees, and desserts



NELSON

available for purchase. Elizabeth Avenue Station is at 1500-C Elizabeth Ave., West Palm Beach. Street parking is available. Get tickets by phone at 561-833-7888, online at or at the door.

## Bamboozle 2018 is coming

Mark your calendar for Aug. 25. From 6 to 8 p.m. along Clematis St., West Palm Beach, teams of four use clues to compete tasks, challenges and obstacles with different levels of difficulty and point values. The team with

the most points wins. The team entry fee is \$100 and benefits Little Smiles, a nonprofit that grants wishes and sponsors activities for children in hospitals, group homes, hospices and shelters affected by serious illness, homelessness or tragedy. Register from 4:30-6 p.m. at Roxy's Pub, 309 Clematis St., West Palm Beach. An after-party on the rooftop, with free food, drink specials and awards, follows. Ask about sponsorship opportunities. For info, visit the Facebook page at LittleSmilesofflora. ■

# BECK

From page 1

seen his schedule ramp up considerably in the past two years. In 2017, Mr. Beck released "Live at the Hollywood Bowl," which chronicled his 2016 performance at this storied venue that commemorated 50 years of his musical career.

This year not only sees him hitting the road with Paul Rodgers (of Free and Bad Company) and Ann Wilson (lead singer of Heart) for the Stars Align Tour, but releasing "Still On the Run: The Jeff Beck Story," a documentary that does a deep chronological dive into the life of this notoriously private British musical icon.

Featuring testimonials from the likes of Rod Stewart, Slash, Jan Hammer, Ronnie Wood, Mr. Clapton and Joe Perry, along with plenty of insight from the film's subject, it shines a light on the hot rod-loving Brit and his quest for new and different creative challenges that have added up to such a unique musical career. Not surprisingly, it was a project in which the unfailingly polite and self-deprecating Mr. Beck didn't want to necessarily want to participate.

"I turned it down, probably twice or three times. But they kept coming back and they were so sweet and said they were going to do the best job they could. It was really touching for me, too, when I saw it. I wondered where the money went — maybe it was in bribes," he said with a laugh during a recent phone interview. "Eric Clapton said such generous things that were so touching to me. There was always this almost unhealthy acid feeling in The Yardbirds where [the narrative was] that he hated me because I replaced him. The stories in the band were that he was a moody, aggressive young guy who would knock you off. Then I met him for the first time. I'm not saying he wasn't without mood at sometimes, but I was, too. So what? We were young and trying to get there."

Mr. Beck's talents have not only found him carving out quite an impressive solo career, but led to his working with a wide range of artists including Kate Bush, Diana Ross, Cyndi Lauper, Morrissey, Seal,



MARCO ROSANOVA / COURTESY PHOTO

Jeff Beck will perform with Paul Rodgers and Ann Wilson of Heart on Aug. 25.

Donovan, Stanley Clarke, Les Paul, Kate Bush and Toots and the Maytals. Through it all, his enthusiasm and appreciation of his fellow musicians is undiminished and genuine. He gets a kick out of recounting seeing Jimi Hendrix play in England for the first time as a relative unknown and sharing his impression with Pete Townshend, who was coming in to see Hendrix's second show as Mr. Beck was leaving from the first one.

"I saw maybe one of the first or second shows [Hendrix] ever did [in England] at Queensgate. I'll never forget it. It was a funny thing because nobody knew who he was and it was just a bunch of models there — mostly girls wearing Carnaby Street stuff. And he comes on and starts 'Like a Rolling Stone' and playing the guitar with his teeth and I thought, 'What am I going to do tomorrow?'" Beck recalled with a laugh. "I was coming out of that show and saw Pete Townshend, who asked, 'What's he like?' I said, 'He's like

you, without the arm swing."

Another favorite anecdote focused on pressuring his label, Epic Records, to have him record with Stevie Wonder.

"I refused to do anything until they hooked me up with him. I was pretty adamant that I wanted to play with Stevie. They said he was doing supper clubs and singing songs like 'For Once In My Life.' I had that 'For Once In My Life' album, which is fantastic. I thought, 'How is this going to work?'" Beck said. "I was told if they wrote a song and played on his album, then it would be fair [for him to do the same]. I go over there and — what an education. I can't explain it, but the music just poured out of him. He'd sit at the clavinet, sing gibberish lyrics and all of a sudden a song was born, right in front of me. Just to watch him play, the way he did. And that was the arrangement between Motown and Epic. That's how they got me out of the garage."

Currently on the road with Mr. Rodgers

and Ms. Wilson (as well as playing a few of his own dates), Mr. Beck was anxious to play live, having been out of commission last year after undergoing a surgical procedure and not having been in the studio for 18 months.

"I didn't want to be two years off the road, which is the last time we toured and I played the Hollywood Bowl. I had to sit out last year because I had a shoulder operation. It was over in a day, but it was a year of agony. I couldn't put a t-shirt on for six months. I could get it over my head, but I couldn't pull it down. So I just sat by the pool and it was a brilliant summer," he said.

"I was thinking that I should be doing something, and I really understood what it was like to be challenged. I couldn't even push myself off the chair," Mr. Beck said. "But it's all better now and it's all looking good. We'll hopefully have three incredible diverse shows with Paul and Ann's voices, loads of memories, loads of great new stuff and somewhere I fit in the middle." ■



## Stars Align Tour: Jeff Beck & Paul Rodgers and Ann Wilson of Heart

>> **When:** 7 p.m. Aug. 25  
 >> **Where:** Coral Sky Amphitheatre, 601-7 Sansbury's Way, West Palm Beach  
 >> **Cost:** \$21 and up  
 >> **Info:** 561-795-8883 or www.livenation.com

# MARINELIFE

From page 1

such LMC programs as Jr. Vet Learning Labs, Conservation Corner, Sea Turtle Story Time and much more.

LMC also will announce winners of its fourth annual Juno Beach Pier Photo Contest, a community photography contest powered by Facebook and Instagram, with an independent panel of judges that includes Michael Brown, local photographer; Eric Call, Palm Beach County Parks and Recreation; Lori Griffith, local photographer; Mayor Jason Haselkorn, Town of Juno Beach; Ben Hicks Local photographer; Greg Lovett, Palm Beach Post photographer; Fatima NeJame, Palm Beach Photographic Centre; Nancy Politsch, Lighthouse ArtCenter; Scott Simmons,

Florida Weekly; and Jupiter Mayor Todd Wodraska. There also will be a luxury raffle with donations from retailers and The Gardens Mall.

The Gardens will host a Shop & Share, donating 5 percent of the day's total logged shopping receipts to Loggerhead Marinelifelife Center. At Marinelifelife Day, participants can contribute to Ocean Conservation and Sea Turtle Rehabilitation in two ways:

- Mention Loggerhead Marinelifelife Center when you show your receipts at one of the Information Desks (Grand Court, Sears Court and Nordstrom Court) and LMC will receive five percent of the day's total logged receipts (up to \$100,000).

- Shop from 11 a.m. to 4 p.m. at one or more of the stores (Alex and Ani, Brooks Brothers, Bunulu, California Pizza Kitchen, J. McLaughlin, Jimmy Choo, Kendra Scott, Lilly Pulitzer, Madewell, Michael

Kors and Tory Burch) participating in the additional "Shop & Share" that individually contribute to LMC.

More info is available at [www.thegardensmall.com/events/loggerhead-marinelife-day](http://www.thegardensmall.com/events/loggerhead-marinelife-day). ■

# PUZZLE ANSWERS

ORTEGA	SHAWLS	PICKETS
ROEPER	PARIAH	INHERIT
CONE	SILENCE	ATINGLE
ADDER	UCLA	TENOR
GIVES	FELLOW	PUPIL
CUSSEERS	TARAS	RONA
APTIVA	ASSIGN	ASSISTS
SPARING	THEROD	SIESTAS
TET	HEAT	APED
ADSPACE	PUFFUP	VAULTS
INDEPENDENT	LENS	
SEPTIC	ORGANS	ASSERTS
AVA	SAUL	WELD
FINLESS	RETINA	DISPLAY
ALIAS	ERECTS	DECIDE
RENO	CRICK	TOASTER
IRISMURDOCH	PAIRS	
ADIEU	GALE	CACHE
AFFORDS	THEEYES	HAVEIT
FIANCEE	EARNER	APOLLO
TENSORS	STREET	NEWTON

1	8	5	3	7	6	9	4	2
9	4	3	1	5	2	7	6	8
6	7	2	8	4	9	3	1	5
8	1	4	6	3	7	5	2	9
2	6	9	5	1	8	4	7	3
3	5	7	2	9	4	1	8	6
7	2	1	9	6	3	8	5	4
4	3	8	7	2	5	6	9	1
5	9	6	4	8	1	2	3	7

## LATEST FILMS

### 'BlacKkKlansman'

**danHUDAK**

punchdrunkmovies.com



★★★

#### Is it worth \$10? Yes

On its own, "BlacKkKlansman" is nicely acted, dramatically engaging and visually interesting. It's a good movie. This review is on the basis of those attributes, though it is clear director Spike Lee is aiming for far more profound (i.e., anti-right) social commentary, and he no doubt alienates half of the potential audience as a result.

Many movies are intended as escapism; "BlacKkKlansman" is the exact opposite. Set in the early '70s, it follows a police officer in Colorado Springs named Ron Stallworth (John David Washington, Denzel's son). Trying to prove himself as a detective, he calls the phone number included in a newspaper recruitment ad for the Klu Klux Klan. He's convincing. They like him. They want him. He's African-American.

The ruse begins: Ron and his Jewish colleague, Flip Zimmerman (Adam Driver), attempt to join the KKK. Ron handles the phone calls, Flip appears in person. Their sergeant (Ken Garito) and chief (Robert John Burke) agree to the investigation in the hope of exposing potential crimes before they happen. The bulk of the suspense lies in Flip hanging with the KKK, hoping they don't find out he's not who he says he is, and hoping they don't find out he's Jewish.

The KKK guys aren't dumb caricatures, which is important: If they were fools we wouldn't be able to take them seriously, and if we couldn't do that there would never be a sense of danger for Flip when he's with them. Thankfully Walter (Ryan Eggold), the head of the local chapter, and the fastidious and untrusting Felix (Jasper Paakkonen), are all business (there is one buffoon among them, however — the portly Ivanhoe (Paul Walter Hauser) is depicted as little more than a racist goof.

Eventually Ron on the phone, and Flip in person, get to meet Grand Wizard David Duke (Topher Grace), and when they do, the plot twists and danger amp up to an explosive ending. Lee includes his standard stylistic flourishes, such as the floating camera, and obviously

the racism we're used to in his movies is omnipresent. More importantly, he imbues the proceedings with a cryptic sense of fun, not at the KKK's members' expense, but at the absurdity of the entire situation. You'll like Ron and Flip, and because you can laugh with them as well, the movie works.

To those who say "BlacKkKlansman" is "important," and that everyone "should" see it, check yourself. What's important to you may not be important to others, and the reasons you think someone "should" see it may be the same reasons someone else hates it.



Historically, movies have had the power to sway social belief, at least to some extent, but rarely has society been this politically polarized. And when there's such a stalemate that one side doesn't want to listen to the other, let alone believe anything the other is saying, it's a stretch to assert that seeing "BlacKkKlansman" will have an impact on politics. It may, but it's more likely that it will not.

So what are we left with? A movie that is legitimately well made and acted, and tells a compelling story. Just don't expect it to be an escape from ... anything. ■

#### in the know

>> The film won the Grand Prix award at the 2018 Cannes Film Festival; it is the second most prestigious award (after the Palm d'Or) that the festival offers.

## FILM CAPSULES

BY DAN HUDAK

### Christopher Robin ★★★

(Ewan McGregor, Hayley Atwell, Bronte Carmichael) An adult Christopher Robin (McGregor) tries to keep his job, and his family together, when his old friend Winnie the Pooh (voice of Lee Cummings) finds him in London in need of help. The visual effects are impressive, but the story isn't really for kids or adults, and it's pretty dull. Rated PG.

### Generation Wealth ★★★½

(Limo Bob, Tiffany Masters, Florian Homm) Documentarian Lauren Greenfield examines society's obsession with wealth, image and material possessions

in this cautionary doc that raises more questions than it can answer. Still, it's an intriguing watch for its naked honesty, especially from those who greatly desired wealth, had it, lost it, and now understand it didn't make them happy. Rated R.

### Mission: Impossible – Fallout

★★★½

(Tom Cruise, Henry Cavill, Rebecca Ferguson) Ethan Hunt (Cruise) and his team botch a mission, then have to save the world to make up for their mistake. The action is once again top notch, and the story has more twists than you're expecting. This is one of the best action franchises in movies today! Rated PG-13. ■

## Special day at Roger Dean to benefit charities

Roger Dean Chevrolet Stadium and Lesser, Lesser, Landy & Smith plan "A Day at the Ballpark" on Saturday, Aug. 18, with proceeds from the event benefiting local nonprofits Quantum House and the American Cancer Society.

Quantum House, on the grounds of St. Mary's Medical Center, opened its doors in May 2001 to families going through difficult times. The house continues to be where "hope has a home" for more than 1,000 family members every year. Additionally, American Cancer Society has programs and services to help manage cancer treatment and recovery, as well as find the emotional support needed.

Local cancer survivors will be recognized before the game as the stadium's Baseball Buddies, in which the survivors will take to the field with the Jupiter Hammerheads for the National Anthem. Children from the Quantum House will have the opportunity to assist Hammerheads Manager Smoke Randel with the exchange of lineups

and will kick off the game with "Play Ball." In addition, lawyers from Lesser, Lesser, Landy & Smith will bartend for the cause, with all proceeds going to the two charities. There also will be games, raffles and other activities for fans of all ages to enjoy.

That day, the Jupiter Hammerheads will take on the Bradenton Marauders. In light of the special event, the game time has been moved up from its originally scheduled start time of 5:30 p.m. and will instead begin at 1 p.m.

Fans can purchase tickets for \$10, with the proceeds from each ticket going back to the two charities. Additionally, businesses can buy a \$250 package that includes 25 tickets, the company's logo on the videoboard and a special shout-out from the stadium press box.

Tickets are available now by contacting Angel Adams at aadams@lesserlawfirm.com or through the ticket link, bit.ly/lillsball. ■



## Kiwanis Club plans football roast

The Kiwanis Club of Palm Beach Gardens will be holding its 28th annual College Football Roast on Tuesday, Aug. 28, at the Palm Beach Gardens Marriott.

Paxton Boyd of ESPN West Palm 106.3 Radio will emcee what is billed as an evening of fun at the expense of the University of Miami, Florida State University, University of Florida, Florida Atlantic University, and University of Central Florida football programs. There also will be food, a complimentary cocktail, college sports memorabilia silent auction, live auction, raffle prizes and more.

"We are very excited this year's 'coaches' are Jeremy Marks-Peltz (UM), Graham Elder (FSU), Andy Treadwell (UF), Ken LaVicka (FAU), and Erik Kohler (UCF)," event chair Skip Miller of GreenspoonMarder LLP

said in a statement.

The fun kicks off at 5:30 p.m. with a tailgate party and games, followed by the Roast and a live auction.

Proceeds of the fundraiser support the community service projects of the Kiwanis Club of Palm Beach Gardens Foundation, including college scholarships for local high school graduates and youth programs, and other programs designed to improve the lives of children in the community.

Sponsorships are still available and individual tickets are \$65 in advance and \$70 at the door.

For more information about the 28th annual College Football Roast, to become a sponsor, or to purchase tickets, call Skip Miller at 561-838-4556 or visit www.KiwanisCollegeFootball-Roast.com. ■

## ArtiGras issues call for artists

The Palm Beach North Chamber of Commerce is now accepting artists' applications online at zapplication.org for the 2019 ArtiGras Fine Arts Festival, scheduled for Feb. 16-18 in Jupiter.

Produced by the Palm Beach North Chamber of Commerce and presented by Palm Beach Gardens Medical Center, ArtiGras will be celebrating its 34th anniversary.

This award-winning outdoor art festival showcases a juried exhibition of 300 fine artists from across the country. The three-day event also features interactive art exhibits, children's activities, live music and demonstrations.

Artists' applications are being accepted for jury selection in 13 fine art categories. Entries are reviewed by an expert panel of jurors for 270 fine art spaces.

In addition, the ArtiGras Fine Arts Festival offers the "Emerging Artist" category for local artists. This program offers selected developing artists mentoring services, professional booth photos, complimentary tent rental and a profile in the ArtiGras program. Qualifications include artists who have



COURTESY PHOTO

Artist Frank Strunk III stands in his ArtiGras booth.

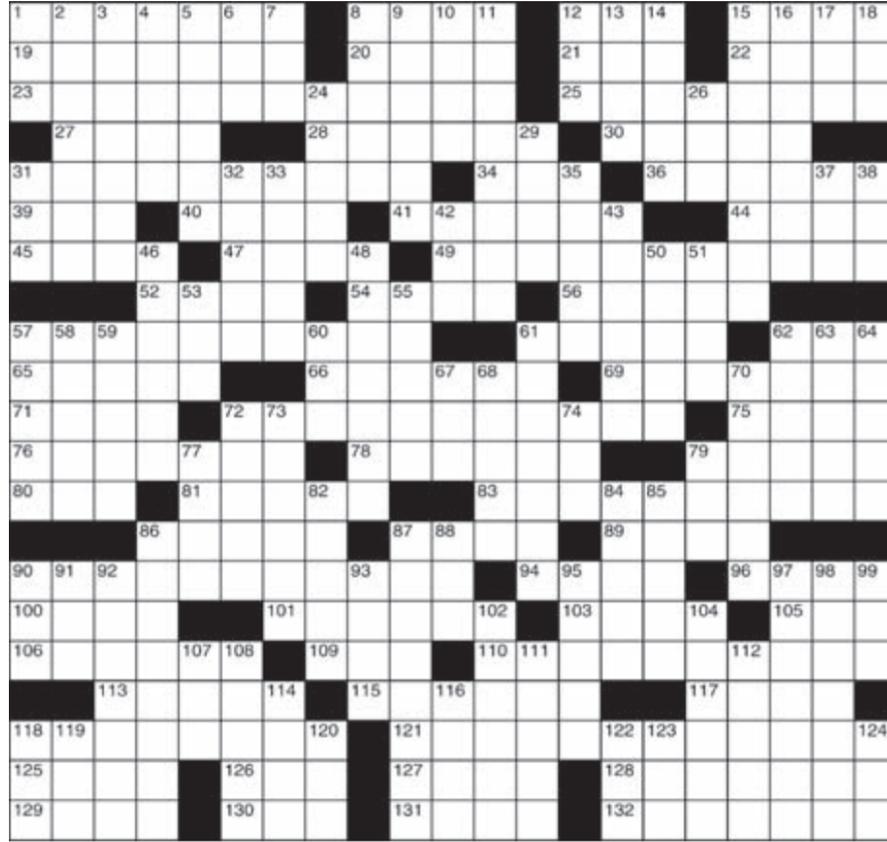
never exhibited in a show and reside in the Palm Beach County area. Emerging Artist applicants should proceed in the same manner as professional artists and submit artwork online through Zapplication.org.

Deadline for artists to apply online for inclusion in ArtiGras is Wednesday, Sept. 12. Artists can email artists@artigras.org, call 561-748-3942 or visit www.artigras.org for more information. ■

# PUZZLES

## BIRD-LOVING CELEBRITIES

- ACROSS**
- 1 Small packages
  - 8 Barely gets, with "out"
  - 12 Lyric penner Geršwin
  - 15 Bamboozle
  - 19 Sea-related
  - 20 Bit of 19-Across flora
  - 21 Brew barrel
  - 22 Sampras of tennis
  - 23 Bird-loving "Hud" Oscar winner?
  - 25 Bird-loving former Argentine first lady?
  - 27 Hip-hop's Snoop —
  - 28 Speed skater Eric
  - 30 Saffron, e.g.
  - 31 Bird-loving "Show Boat" composer?
  - 34 With 111-Down, put in reserve
  - 36 Fit to be ingested
  - 39 Invoice fig.
  - 40 Ending for Saturn
  - 41 More ghostly
  - 44 Hersher of the mound
  - 45 Butte relative
  - 47 Circle's lack
  - 49 Bird loving co-star of "The Parent Trap"?
  - 52 Seize with a certain tool
  - 54 URL-starting letters
  - 56 Old Russian despots
  - 57 Bird-loving Rolling Stones frontman?
  - 61 Hones
  - 62 Certain PC readout
  - 65 Diarist Nin
  - 66 Iris feature
  - 69 In name only
  - 71 Twirled
  - 72 Bird-loving host of "The Tonight Show"?
  - 75 O'Hara plantation
  - 76 "Madame" of wax
  - 78 Insightful
  - 79 Popular dorm dish
  - 80 Beatified Mlle.
  - 81 Free of dirt
  - 83 Bird-loving "Private Benjamin" star?
  - 86 Fleece
  - 87 Violinist Hilary
  - 89 Humorist Bombeck
  - 90 Bird-loving "Lethal Weapon" co-star?
  - 94 Truck type
  - 96 Final Four gp.
  - 100 Basso's solo, say
  - 101 Is grinning
  - 103 State treasury
  - 105 Even a bit of cinnamon gum brand
  - 109 Snow-capped peak
  - 110 Bird-loving "Santa Baby" singer?
  - 113 Like pixies
  - 115 City on the Rio Grande
  - 117 "That's not for — say"
  - 118 Bird-loving "Que Sera, Sera" singer?
  - 121 Bird-loving "White Christmas" songwriter?
  - 125 Boastful
  - 126 Lyrical poem
  - 127 Call for Benjamin
  - 128 Ceramic casserole dish
  - 129 Pull along
  - 130 Lie-down
  - 131 "Jane —"
  - 132 Tainted
  - DOWN**
  - 1 Soda
  - 2 Campus life
  - 3 Witty replies
  - 4 Payload
  - 5 Mind-boggler
  - 6 Required driving doc.
  - 7 Philos., e.g.
  - 8 Cafe patron
  - 9 "Eine — Nachtmusik"
  - 10 "Goodness!"
  - 11 Carrier of a demo case
  - 12 U.S. prez with Mamie
  - 13 Charges (up)
  - 14 Showing awe
  - 15 Superficially plausible
  - 16 Brain parts
  - 17 — -Z
  - 18 Most priests
  - 24 In the lead
  - 26 Concealed
  - 29 No, to Hans
  - 31 Road tie-up
  - 32 Kagan of justice
  - 33 Hint of color
  - 35 Grade for sophomores
  - 37 Maui wreath
  - 38 First in line?
  - 42 Summer hrs. in PA
  - 43 Take on, as the challenge
  - 46 Name in low-carb dieting
  - 48 "War is hell" general
  - 50 Glossy fabric
  - 51 P-U linkup
  - 53 A.M. drinks
  - 55 They beat deuces
  - 57 Ship poles
  - 58 Data for processing
  - 59 Result in
  - 60 Shapely leg, slangily
  - 61 Old TV's John-Boy and Erin
  - 62 Alpaca kin
  - 63 Rod of baseball
  - 64 Quaffed
  - 67 O'er and o'er
  - 68 Chuckle
  - 70 Person from Provo
  - 72 Minty quaff
  - 73 Lofty goals
  - 74 Toon frame
  - 77 Like sore muscles
  - 79 Dreamy sleep phase
  - 82 Luring smell
  - 84 Resign, as a position
  - 85 Like Joyce and Yeats
  - 86 Mimicking a mad dog
  - 87 Phone service providing aid
  - 88 "How — you?"
  - 90 Pat
  - 91 Radio host Shapiro
  - 92 Nation of West Africa
  - 93 Repulsive
  - 95 Actor Zac
  - 97 Actress FitzGerald or Stasey
  - 98 Basketball Walker or painter Watteau
  - 99 Positive vote
  - 102 Pitcher Tom
  - 104 Shutterbug's equipment
  - 107 Flunking grades
  - 108 Medium-hot mustard
  - 111 See 34-Across
  - 112 Gymnast Strug
  - 114 Zilch, to Juan
  - 116 Mice, to owls
  - 118 Netflix item
  - 119 Dinghy thing
  - 120 "Indeedy"
  - 122 Some sporty autos
  - 123 Gathered together
  - 124 Flanders of Springfield



◀ SEE ANSWERS, B7

## HOROSCOPES

**LEO (July 23 to August 22)** A shift in workplace management could be helpful for talented Leos and Leonas who have been waiting to have their accomplishments rewarded by receptive leadership.

**VIRGO (August 23 to September 22)** A misunderstanding between you and someone you care for should be corrected immediately. This relationship is too important to lose over a bruised ego.

**LIBRA (September 23 to October 22)** A welcome piece of good news helps clear the air in a family situation. A job-related incident also eases as more information provides a clearer focus on the problem.

**SCORPIO (October 23 to November 21)** Quick action to heal bruised feelings pays off in a big way. Now you'll be able to move forward with your plans without that problem holding you back.

**SAGITTARIUS (November 22 to December 21)** Your creativity

combined with a positive attitude should give you a considerable edge in finding a way to get around the negativity you've run into.

**CAPRICORN (December 22 to January 19)** That sudden streak of stubbornness could cause some problems. Try to be more open to helpful suggestions and more flexible in making needed changes.

**AQUARIUS (January 20 to February 18)** Now that that special relationship appears to be well and truly restored, you can spend more time dealing with those long-needed workplace changes.

**PISCES (February 19 to March 20)** A new opportunity sounds promising. But watch out for any conditions that might be attached. Before making a decision, ask that each one be explained in detail.

**ARIES (March 21 to April 19)** Your honesty might upset some people, but you inevitably win more

admirers for having the courage to tell the truth when others are more likely to scramble for cover.

**TAURUS (April 20 to May 20)** Your efforts to defend your project begin to show favorable results. You should soon be able to win over even the most determined detractors who had lined up against it.

**GEMINI (May 21 to June 20)** You win praise for your selfless efforts in a very difficult situation. But be careful not to allow your generous nature to be exploited by those who have their own agenda.

**CANCER (June 21 to July 22)** A trusted colleague sheds light on a recent spate of puzzling workplace situations. This should give you the information you need to bring to your superior's attention.

**BORN THIS WEEK:** You can be distracted by promises of good times, yet you ultimately reach the goals you set for yourself. ■

## SUDOKU

Difficulty level:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

By Linda Thistle

3					8		6	
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		9	6					3
6				3				1
9			5					8
		4		9				3
	5				6	4	2	

◀ SEE ANSWERS, B7

## Flagler Museum receives bluegrass nomination

It was built as a glittery Gilded Age estate.

But the Flagler Museum is receiving kudos for its downhome music program.

The International Bluegrass Music Association has selected the Flagler Museum's Bluegrass in the Pavilion as one of the finalists for its Special Event of the Year Award. With five finalists nominated by members of the IBMA, the winner will be announced at the IBMA's Special Awards ceremony in Raleigh, N.C., on Sept. 27.

The Flagler Museum has presented a bluegrass concert in the Flagler Kenan Pavilion for the past 13 years. Through the leadership of Board President George G. Matthews, the museum has been able to present such award-winning groups as Dailey & Vincent,



COURTESY PHOTO

The International Bluegrass Music Association has picked the Flagler Museum's Bluegrass in the Pavilion as a finalist for a Special Event of the Year Award.

Blue Highway and The Gibson Brothers, Flatt Lonesome and Lonesome River Band, Balsam Range and The Grascals, among others. ■

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## FLORIDA WEEKLY CUISINE

## Local Dines founder launches Quisine Club

BY JAN NORRIS

jnorris@floridaweekly.com

What to do when your formerly successful business model is outdated, and copycats have fractured your audience? You reinvent.

"I knew we had to do something different," said Taylor Morgan, whose successful Local Dines discount dining program had reached a plateau.

The half-off dining certificates she began offering in 2001 as South Florida Dines had too much competition.

"Everyone was trying to get the restaurants to give them gift certificates in exchange for advertising, and they were being beaten up by all these companies like Groupon, Restaurants.com and even the radio and newspapers getting into it," she said.

There was a stigma, too, she said, for using the paper 50-percent-off certificates.

"People didn't want to use them on a date or with a business dinner. They didn't want to look cheap," she said.

But they did want dining discounts.

Local Dines was bringing in over \$1 million in 2012-2013, she said.

"In 2015, we started seeing a decline. I began watching a trend."

The program wasn't growing — new restaurants weren't signing on. Sales were lackluster.

"We couldn't get in the door. We knew we had to do something different," she said.

She said she had "an epiphany" in 2017: a subscription service for dining discounts.

She worked on an outline of what the new program would be and took it to her staff the following day.

"They shot holes in it," she said, "but it started to evolve. I knew I was onto something."

She worked for months on the idea of a "club" with membership cards. Diners would sign up on a monthly basis and be offered a set discount at any restaurants



PHOTO BY CLARE COCO

Taylor Morgan's Quisine Club uses a membership card to enable diners to get discounts.

in the program.

The accounts would be stored on the membership card presented with the check — no certificates needed.

She named it the Quisine Club.

The program was beta-tested with select restaurants and the initial group of members this spring.

"We got a lot of feedback. I set up a Facebook page for the beta-testers, and they started conversations among themselves. Not only did they come up with suggestions, but they made friends and talked about the restaurants."

Creating the social community based on the club is part of the new program, she said.

"Today, it's all social media. And how do we find restaurants? With our phones. And, what do we look for? Location."

The Quisine Club website has lists of all the participating restaurants by location. Restaurants pay a fee to be in the program and with that, get a photo shoot and Google virtual tour for their page.

The diners get a flat 20 percent off the check before tax and tip — and alcohol is included. The red Quisine Club card

is simply presented with payment at the end of the meal, similar to a warehouse club purchase. The member information is on the card — active membership status or not.

"It's discreet," Ms. Morgan said. "That's a big difference. And there's no math, figuring what percent of the meal without alcohol or certain other restrictions apply to the amount. It's a straight 20 percent, shown on your check. It doesn't kill the restaurant. They love it."

Diners can use the card at participating restaurants anytime but major holidays, but only once per week per single restaurant.

"There will be plenty to choose from," she said. "They could eat at a different restaurant every night of the month with the card."

As for the \$9.95 monthly cost to become a member, "One meal can pay for your membership," she said. She illustrated a savings of \$6.80 for two people at a popular diner for breakfast. "If you went to a nice restaurant with a big group with wine, you could potentially pay for a year's membership with the savings."

Restrictions are few. "It's any meal

the restaurant serves — breakfast, lunch, dinner, brunch. No blackout dates except major holidays. And it can't be used with other promos. The customers love it. They're begging us to sign on restaurants all over."

For now, the participating Quisine Club restaurants are from Pompano Beach to Vero Beach, and represent full service to counter service eateries and every cuisine across the board.

"We're expanding daily," she said. "It's growing faster as word spreads."

A referral program also is in place with members and restaurants earning money monthly for those they enlist.

Members sign up for the program monthly and can cancel at any time. It's auto-billed to a card, with a two-day notification at the end of the month.

"It's perfect for snowbirds, who can cancel when they go back up North, then sign up again when they come back."

Ms. Morgan hopes to have stickers soon for restaurants to place prominently indicating they are Quisine Club members. Info cards to add to the check have been provided.

As for Local Dines, it's still active, with a separate website so anyone can purchase half-price certificates.

But she expects the Quisine Club to eclipse the program as diners figure out the savings and ease of the new one.

As the club launches, there are promo codes available to get a month's free membership to try it.

"Our goal is to help diners find new restaurants, and help restaurants get new diners who become regulars," she said.

Her plan is also to give back to the community.

"When we reach 10,000 members, we're going to give \$2,000 a month to a local charity."

Her goal is to take the program nationwide. "It's so exciting," she said. "I think it's going to be big." ■

## COCKTAILS &amp; PARADISE

## The importance of social media



alexKOWTUN

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Instagram: @successful

When people hear that the Monkey In Paradise Vodka brand was started in Florida on social media — before even creating an actual product — many ask me, "Is social media really THAT important?" Our product proves that it can be. An estimated 77 percent of Americans currently have social media profiles, and social media users are expected to grow to almost 3 billion by 2020. As a result, my answer is "YES!" Social media can be crucial for business owners, employees, and consumers alike.

It is true that too many of us are glued to our smartphones or devices, and that social media addiction, cyberbullying and the spread of misinformation are huge concerns in our increasingly virtual interactions. However, it is possible to use social media to connect, educate and collaborate more than ever before. It's now easier to find the people and projects locally and around the world who make you want to truly engage in



social and business situations. In other words, social media can help you as a consumer and/or business owner find the people, places, brands, causes, and activities that resonate with you and enhance your real life, not just your virtual one.

Instagram, Facebook, LinkedIn, Twitter and Snapchat are tools now used by businesses, business owners, and

company executives to increase brand awareness and revenue. Interestingly enough, especially for millennials, people prefer to follow a personality rather than a brand. For this reason, social media marketing today is usually more effective when it comes directly from the face of a CEO, founder, and/or spokesperson who builds a personal audience and following.

I've experimented with this concept myself by growing my personal Instagram account @successful, and by using my first and last name on LinkedIn and Facebook. I post genuine content that shares my very adventurous lifestyle, along with some of the hard work it takes to build Monkey In Paradise Vodka. This authentic, "behind-the-scenes" material creates a loyal personal following, which is then introduced to and familiarized with the vodka product. I can't stress how important and effective this approach has been to the growth of our brand, and for many businesses in almost every industry.

Employees also can benefit from how they position themselves online. It takes a lot of work to build a real following on social media. A thriving social media account can demonstrate commitment and creativity to potential employers or supervisors, as well as opens the door to a whole audience that a company may not have had access to otherwise.

Like anything else, social media is best used responsibly and in moderation. However, it can help build businesses, communities, and relationships like never before. Looking forward to seeing you online and around town. Cheers. ■

## FLORIDA WEEKLY CUISINE

## New chef draws on French, island influences at Bistro 1001



**Sidney Semedo**, the new chef at **Bistro 1001** in the **West Palm Beach Marriott**, remembers the first meal he cooked.

"My mother ran a restaurant in the Cape Verde Islands, where we lived. And she called one day to say she was running late," he said. "I made fried fish and rice — basic, but I cooked the meal. I was 7 years old. From then on, I went to work with my mom and helped her prep and cook."

Since then, he's been in kitchens.

A few years after his first stove experiences, the family moved to Dorchester, Mass., where his mother took over an existing restaurant.



SEMEDO

"The cuisine was island food, and our African island food is similar to Tobago, and Jamaican cooking. It's a little different, but a lot of the same," he said.

He took over the small restaurant at age 17, and put his stamp on it, adding French dishes.

"In Cape Verde, French cooking is worshiped. It's worshiped around the world. It was what I wanted to learn," he said.

He enrolled in Le Cordon Bleu, the French cooking school, to train in the traditional techniques he believes are the foundation of all modern cuisines.

"I'm a young chef, but I cook using traditional techniques. French food is my cuisine. It's how Escoffier used to do things. He is one of the founding fathers of French cuisine," he said.

Duck liver mousse, moussalines and terrines are among his repertoire.

He said he doesn't go along with all the mash-ups going on with some plates.

"I believe you should take the best ingredient you have and make it simply, let it speak for itself, then use flavor in all the other ingredients around it to add flavor."

He uses the red snapper dish on the menu as an example.

"The snapper is char-grilled simply with salt and pepper. Then we found the best sweet corn, and used chipotle to make a sweet corn sauce. It's supposed to complement the fish — you can still taste the fish, but you get the subtle flavor and heat of the chipotle and the sweet taste of the corn. It's subtle, but with just a touch of heat. You can't go too crazy or out of the box for our hotel guests."

His native foods are much spicier, but he must please a varied audience at Bistro 1001. Those include vegetarians and vegans; a small portion of the menu is set aside just for them.

"I started reading all I can about restricted diets and vegetarian menus. I want to be able to offer something for everyone on my menu.

"For example, I make a crispy tofu taco, with pico de gallo, the works. I make a vegan risotto of the day," he said. Cooked properly, as he's been taught, no cheese or butter are needed to thicken or flavor the traditional Italian rice dish.

The chef has replanted the garden around the patio near the kitchen as well, following some hotel construction

that beat up some of the plants, he said. He's added a variety of peppers and tomatoes, and just harvested three new types of peppers he's using now.

He's learning as much as possible about Florida ingredients by watching a YouTube channel, "Florida Fresh." While New York and Boston restaurants where he worked could get any product anytime; in Florida, things are not always readily available. Mr. Semedo wants to use as many ingredients as possible from local or area farmers.

He'll feature those ingredients in his Chef's Corner on the menu. Every week it will change, but a three-course meal running Saturday through Friday will feature that star ingredient of the week.

He's also rebooting the wine dinners. The first one is Aug. 29, and he'll feature a menu to match Italian wines.

"I used to be the head of the bar program and I was executive chef at a previous restaurant. One of my favorite things is to infuse vodka or dehydrate fruits and other things and hand it to the bartender to create drinks with."

He continues the tradition of house-made charcuterie, adding that he cures his own bacon. "It takes longer to cure because I don't use nitrites. All I use is the pork belly that I trim, sugar, salt and spices. Then I leave it to cure in the refrigerator at a constant temperature. Because I'm not using any preservatives.

"We have a little smoker, then I smoke it over apple wood, oak, maybe hickory. It goes on my prize dish on the menu: a giant BLT with 15 slices of bacon, eight lettuce leaves, and one whole plum tomato." He laughs, and says, "It's all served on big old Texas rye."

Bistro 1001, in the West Palm Beach Marriott, 1001 Okeechobee Blvd., West Palm Beach. Phone 561-833-1234; www.bistro1001.com. Open daily.

## Draft House takes Hog Snapper space

**The Draft House Bar & Grille** has opened in the former **Hog Snapper** site on U.S. 1 in North Palm Beach. **Randy Epstein**, former manager of **Tall Tales**, the restaurant at Gander Mountain, has opened the pub-type spot with a menu that's casual and beer-friendly.

Burgers, cheesesteaks, flatbreads, Mingo's Famous Poppers — jalapeño poppers stuffed with chicken and served with clam dip — jumbo wings, deli sandwiches, entrees and desserts, as well as a kids' menu are on the lists.

Decor remains largely the same from Hog Snapper, with the fishnet ceiling effect. Now, TVs also hang overhead, and a Foosball table is tucked in an alcove. The main feature is the bar that runs nearly the length of the restaurant.

As for Hog Snapper, the original in Tequesta remains open. A worker there said they were told summer at the North Palm location was the downfall; in winter, they sustained a steady business, but the number of snowbirds there made it hard to survive the slack months.

## In brief

**Inch and Ounce**, a new Vietnamese restaurant, is opening in the former **Chickpea** site. Pho, the broth soup poured over fresh vegetables in a bowl, and banh mi, soft-bun sandwiches, are on the menu. ... Get in on free rum drinks and special food and drink pairings Aug. 16 at **The Galley** in the **West Palm Beach Hilton**, to celebrate National Rum Day. Talking like a pirate is optional. ■



COURTESY PHOTO

Savor seafood while enjoying this view at 50 Ocean in Delray Beach.

# JAN'S THREE FOR 3 Places in east Delray Beach

A trio worth noting

## 1 PIZZA RUSTICA

1155 E. Atlantic Ave., Delray Beach. 561-279-8766.

This is a late-late-night favorite in a seaside town where "recovery" food is sorely needed after bar crawls. Square slices with dozens of choices — including gluten-free, are displayed in the cases. The namesake pie, with artichokes, olives and sundried tomatoes is a winner; and the giant slices won't kill your wallet at \$6 either. Counter ordering is how it's done, but you can eat in as well.

## 2 50 OCEAN

50 S. Ocean Blvd., Delray Beach. 561-278-3364; www.50ocean.com.

With a view and ambience like this, it doesn't have to be about food, yet it is. Sitting above Boston's on the Beach, the restaurant serves up signature seafood plates as well as landlubber fare, inspired by Florida foods. Seasonal and creative specials are worthy of the trip.

## 3 J &amp; J SEAFOOD BAR AND GRILL

634 E. Atlantic Ave., Delray Beach. 561-272-3390; www.jjseafooddelray.com.

Lobster cocktail, anyone? How about fresh clams? Here's where the locals get them, along with other fresh seafood, in a small bistro-like setting. Grouper, a shrimp and crab cake tower with filet, over mashed potatoes, coconut-curry shrimp and scallops, seafood mac n cheese — all dishes you want to try. Save some for your next visit. ■

— Jan Norris, jnorris@floridaweekly.com

## THE DISH: Highlights from local menus

**The Dish:** Hunan Chicken

**The Place:** Grand Lake, 7750 Okeechobee Blvd., No. 6, West Palm Beach; 561-681-1388 or www.grandlakefl.com.

**The Price:** \$12.50

**The Details:** I had a tough choice deciding which dish to feature for this. Three friends and I essentially made gluttons of ourselves, feasting on squid, hot and sour soup, two chicken dishes and two pork dishes, but I ultimately chose this one because it was the one I had ordered.

Tender bits of chicken get tossed with vegetables, garlic and ginger in a mildly spicy sauce. Also outstanding: That salt and pepper squid, which was lightly breaded and fried until crisp on the outside, tender on the inside. ■



— Scott Simmons, ssimmons@floridaweekly.com

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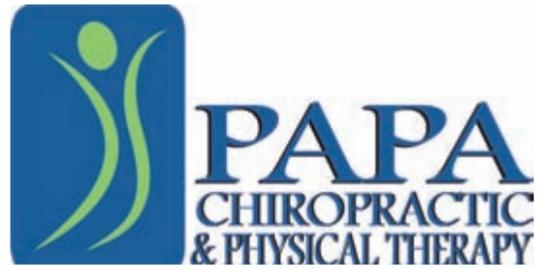
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Frank Eidelman, MD

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"It's important that we provide our patients with the best medical care and ease of access to specialty care if needed," says Frank Eidelman, MD, Director, Center for Medical Specialties.

To complement the primary and specialty care, the Wellington location offers onsite EKGs and echocardiograms as well as point-of-care services like glucose testing and hemoglobin A1C testing.

"Our patients appreciate the resources and services offered, including shorter wait times and same-day appointment access," adds Dr. Eidelman.

To schedule an appointment at Cleveland Clinic Florida's Wellington location call 800.639.DOCTOR or visit [ClevelandClinicFlorida.org/WellingtonAppt](http://ClevelandClinicFlorida.org/WellingtonAppt).

## Your Wellington Primary Care Team



Jessica Garcia, MD  
Family Medicine



Shari Robins, MD  
Family Medicine



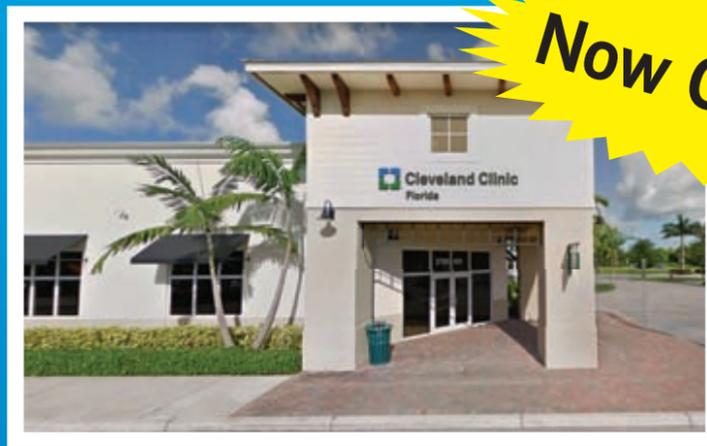
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