



Flying HIGH

Singer Island senior to receive Silver Service Medallion

BY AMY WOODS

awoods@floridaweekly.com

MANY A NONAGENARIAN blessed to live so long likely has a story to tell about the days of old. But few can say they flew military aircraft during World War II as a member of the Women Airforce Service Pilots.

Bernice "Bee" Falk Haydu did. The Singer Island senior who flight-tested UC-78s and AT-11s from 1942 to 1944 will receive The National WWII Museum's Silver Service Medallion to acknowledge the feat.

"There are actually many people today who never

SEE WASP, A10 ▶

Above: Bernice "Bee" Falk Haydu with gold medal. Inset: A Women's Airforce Service Pilot, or WASP, during World War II, in 1944.

COURTESY PHOTOS



Hometown boy

Ted Bell, author of the 'Hawke' series, talks his book. **B1** ▶



Behind the Wheel

The new Nissan Armada is on patrol. **A21** ▶



Collector's Corner

Does a Biedermeier chair leave us sitting pretty? **B2** ▶



In the Kitchen

We visit with Eric Baker of the newly opened Mazie's. **B15** ▶

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Sea turtle walks offer peek at nesting season

BY JANIS FONTAINE

pbnews@floridaweekly.com

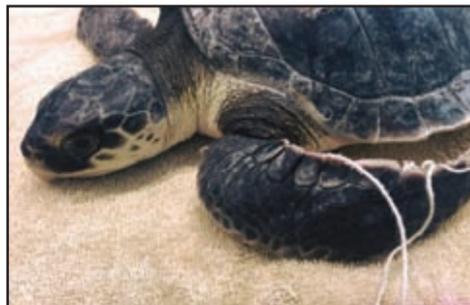
If you think tourists flood our beaches during spring break, you should see what sea turtles do during the summer.

In 2017, Florida Fish and Wildlife recorded just shy of 40,000 turtle nests on Palm Beach County beaches. With an average of 100 eggs per nest, we're talking about 4 million baby sea turtles hatching right in our backyards. Palm Beach County beaches have more sea turtle nests per mile than anywhere else in the United States.

South Florida puts out the welcome mat for five of the seven species of sea turtles — loggerhead, green, leatherback, hawksbill and Kemp's Ridley — beginning each March. Turtle walks, which begin soon, have been a tradition for many families, and there's nothing that compares to seeing these beloved, gentle giants of the sea lumber up the beach to dig a hole — except the sight of tiny hatchlings struggling to sea to begin their lives.

Several local parks offer after-dark walks

SEE TURTLES, A19 ▶



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Sea turtle walks are available at Gumbo Limbo Nature Center.

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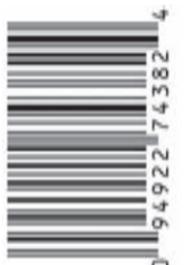
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COMMENTARY

Judgment Day



This will be the easiest column I ever wrote because I intend to dole out judgments, punishments and recriminations.

Typically a column takes me six or eight hours to write, and for very good reasons: First, I don't know what I'm talking about when I begin. Second, I observe the orthodox tradition in journalism, even in opinion writing, that insists on the use of facts.

And third, my wife isn't home. She's a lot more fun to engage than my own usually suspect opinions about anything.

Laying out your opinions each week is about as rewarding as staring in a mirror, for me. There is nothing in the world I would rather do less than stare in the mirror. But not out of virtue. On the contrary, I'll stare happily in any direction where beauty exists. In my case, that is not the mirror.

This is different. This came to me in a dream, or at least a state of dreamy wakefulness, with its voices and instructions and worries and epiphanies. Some people call that "God."

I suddenly realized: These people need to be judged, not merely discussed. And God's not here to do it — yet. So I'll have to.

You may know them: Donald Trump. Diane Feinstein. Michael R. Jordan. Rick

Scott. Scott Pruitt.

Let's not start not with Mr. Trump, who delivered more than 2,000 false or misleading statements as president by the end of his first year in office alone — lies fact-checked and verified as lies (it's true, they're lies) by reporters.

No, let's start with one of his minions, the pastor of the New Era Baptist Church in Birmingham, Ala.

Pastor Michael R. Jordan, you bring to mind the movie "White Men Can't Jump." You put this encouraging message on the sign in front of your church, recently: "Black Folks Need To Stay Out of White Churches." And, you probably figure, they need to stay out of white restrooms and restaurants. White folks need to stay out of "white" churches, too, pastor.

Judgment: Pastor, you will hereby be remanded to the custody of an all-black chain gang singing African-American hymns along Mississippi roads in summer heat in the year 1950, where you will work naked until you repent your sins, or you turn 95, whichever comes first. This means 1950 will be a long, long, long year for you, sir.

Dianne Feinstein, Democratic Senator from California — since 1992. Previously, you were San Francisco supervisor (1970 to '78), and mayor of San Francisco (1978-'88).

Judgment: Sen. Feinstein, you are hereby ordered to serve 25 years doing nothing but sipping tea and nibbling cookies poolside in a country club that accepts only wealthy Republicans. You will listen carefully to what they have to say about

everything, especially cars, spas, golf and tax-cuts. Then you can come back to the Senate — that is, if you can learn not to tell Californians and Americans they have to have "patience" with Donald Trump.

Rick Scott, Florida Republican governor since 2011, and now U.S. Senate candidate: In 1997, you resigned as CEO from the hospital company you founded, Columbia/HCA, during a Justice Department investigation to which your company finally pleaded guilty of fraud, settling the case for two fines amounting to \$1.7 billion. While you were CEO you became very, very, very rich as your company wrongly billed Medicare, Medicaid and other programs; falsely diagnosed patients to increase payments to hospitals; pretended that marketing and advertising costs were community education and should be reimbursed; and billed the government for home health care visits to patients who didn't qualify for them.

Then you won the governor's race in Florida in 2010 with \$75 million of your own money, before throwing in another \$13 million to win a second term in 2014, leaving you at the end of last year with a paltry \$150 million or so, a wealth you built from your fraudulent company, Columbia/HCA.

Governor, you've denied climate change as a reality, fired hundreds of regulators and researchers who kept an eye on our degrading environment and water, and allowed it to degrade even further.

Judgment: You are hereby remanded to the custody of the Kansas City doughnut shop you founded at the begin-

ning of your career to wash the grease each evening from the doughnut deep fryers while earning minimum wage — which you have helped keep low — until you pay back American taxpayers and Columbia/HCA stockholders for the billions they lost during your tenure as CEO.

Scott Pruitt, chief of the U.S. Environmental Protection Agency and formerly attorney general of Oklahoma, where the wind comes sweeping down the plain: Mr. Pruitt, you have worked assiduously to cut regulations that prevent cars, trucks and coal-burning factories from pouring out more toxins; you have labored to bring fricking fracking to public lands and public lands into fricking private hands.

Judgment: You are hereby ordered to sit naked, tied to a tree, in Bears Ears National Monument in southern Utah until you have personally apologized to 15 or 20 hungry bears for not resisting the move to drill for oil in their backyard. Or until the year 2100, whichever comes first.

Donald Trump, 45th president of these United States: Enough said.

Judgment: For everything you have done, especially that thing with your orange hair, you are hereby remanded to the custody of NASA officials, who will launch you into intergalactic space by next week so America can become the first nation to claim a manned mission not just to Mars, but to the stars. Make America Great Again!

My judgment is rendered. Go forth and sin no more. ■



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Smoking Cessation Classes

Wednesday, May 23, 30 & June 6, 13, 20, 27
@ 5:30-6:30pm

Palm Beach Gardens Medical Center // Classroom 3

PBGMC is teaming up with the Area Health Education Center to provide education on the health effects of tobacco use, benefits of quitting and what to expect. A Tobacco Cessation Specialist will help participants identify triggers and withdrawal symptoms and brainstorm ways to cope. The class is delivered over six, one-hour sessions.



Mindfulness - Better Breathers Club

Guest speaker: A retired neurologist and sleep specialist

Wednesday, May 23 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

PBGMC is teaming up with The Better Breathers Club. Living with a chronic lung disease can be easier. Better Breathers Clubs are welcoming support groups for individuals with COPD, pulmonary fibrosis and lung cancer, and their caregivers. Learn better ways to cope with lung disease while getting the support of others in similar situations. *Reservations are required.*



Stroke Panel of Experts Lecture

Lecture by:

- Ali Malek, MD, Medical Director, SMMC Comprehensive Stroke Center & Neurointerventional Program
- Paul Acevedo, MD, Neurologist PBGMC Primary Stroke Center
- Cory Bessette, PBG Fire Rescue EMS Division Chief



Thursday, May 31 @ 6-8pm

PBG Council Chambers // 10500 North Military Trail



In honor of Stroke Awareness Month, we are teaming up with St. Mary's Medical Center and Palm Beach Gardens Fire Rescue to offer FREE stroke risk assessments and a panel of experts presentation with a local stroke survivor. The event will be held at the Palm Beach Gardens Council Chambers and there will be a Q&A session following the presentation. *Reservations are required. Light dinner and refreshments will be served.*

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Publisher

Melissa Barton
melissa.barton@floridaweekly.com

Editor

Scott Simmons
ssimmons@floridaweekly.com

Reporters & Contributors

Roger Williams
Evan Williams • Janis Fontaine
Jan Norris • Larry Bush
Mary Thurwachter • Amy Woods
Steven J. Smith • Gail V. Haines
Ron Hayes

Presentation Editor

Eric Raddatz
eraddatz@floridaweekly.com

Production Manager

Alisa Bowman
abowman@floridaweekly.com

Graphic Designers

Chris Andruskiewicz
Paul Heinrich
Linda Iskra
Meg Roloff
Scott Sleeper

Digital Advertising Manager

Gina Richey
gina.richey@floridaweekly.com

Sales and Marketing Executives

Maurice Bryant
maurice.bryant@floridaweekly.com

Sales and Marketing Assistant

Betsy Jimenez

Circulation

Giovanny Marcellin
Evelyn Talbot

Published by

Florida Media Group LLC

Pason Gaddis

pgaddis@floridaweekly.com

Jeffrey Cull

jcull@floridaweekly.com

Jim Dickerson

jdickerson@floridaweekly.com

Street Address:

11380 Prosperity Farms Road, Suite 103
Palm Beach Gardens, Florida 33410
Phone 561.904.6470 • Fax: 561.904.6456



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OPINION

North Korea is acting up because Trump has it cornered



markTHEISSEN

Washington Post

North Korea's recent temper tantrum over U.S.-South Korean military exercises and its threat to pull out of its upcoming summit with President Trump are signs that Trump's North Korea strategy is working.

Over the past several months, Trump has boxed in Kim Jong Un. First, he ramped up economic pressure on Pyongyang while making clear that, unlike his predecessors, he was willing to take military action. Yet when Kim offered to meet face-to-face, Trump shocked everyone (probably including Kim) by reportedly accepting on the spot. Instead of rejecting the offer, or using it as a bargaining chip to elicit concessions, Trump said "yes" and put the two nations on a faster track to nuclear negotiations than anyone had anticipated.

Then, the president began shaping the parameters of an agreement — starting with making clear what kind of deal he would not cut. The North Koreans want a nuclear deal like the one President Barack Obama gave to Iran: sanctions relief up front, billions of dollars in cash, a weak inspection regime and sunset clauses on the back end. By withdrawing from the Iran deal last week, Trump sent Pyongyang a crystal-clear message: I don't cut deals like that.

He then used his senior officials to lay out the parameters of the kind of accord he would cut. Kim wants

to get paid for the promise of denuclearization. Appearing on "Face the Nation," national security adviser John Bolton played the bad cop and explained that that is not happening. Trump will only pay for actual denuclearization. The president, Bolton said, is looking for "a manifestation of the strategic decision to give up nuclear weapons (that) doesn't have to be the same as Libya but it's got to be something concrete and tangible. It may be that Kim Jong Un has some ideas and we should hear him out."

While Bolton set expectations for denuclearization, Secretary of State Mike Pompeo played the good cop and held out the twin carrots of security and prosperity if Kim agrees. "If North Korea takes bold action to quickly denuclearize," Pompeo said, "the United States is prepared to work with North Korea to achieve prosperity on par with our South Korean friends." That stunning offer is deeply destabilizing for Kim. If he goes to a summit with Trump and refuses to accept a deal that provides his country with prosperity on par with South Korea, then he can no longer blame the West for the misery of the North

Korean people.

In other words, Trump and his national security team have put Kim in a corner, offering him peace, security and prosperity, but only if he first denuclearizes completely, verifiably and irreversibly. Little wonder that North Korea is lashing out.

Kim might be looking for a pretext to get out of his meeting with Trump, and the military exercises provide a perfect excuse.

He may also be testing Trump to see how badly he wants the summit. Or he may be trying to drive a wedge between the United States and South Korea in advance of the talks. He knows South Korean President Moon Jae-in is deeply invested in his "Sunshine Policy" with Pyongyang. If the North threatens a little rain, perhaps the South — which desperately wants the summit — will pressure Trump to cancel the military exercises or be more flexible at the bargaining table.

Trump needs to show Kim that he won't respond to threats by refusing to call off the exercises. Through back channels, he needs to reaffirm his willingness to provide North Korea with security and prosperity in exchange for immediate denuclearization but also

make clear that if North Korea refuses, the alternative is not the status quo. Sanctions will be ramped up, and military action is possible. Above all, Trump should take North Korea's recent outburst as a signal that Pyongyang is feeling the heat.

A cornered animal roars, precisely because it is cornered. Stand firm, Mr. President, and don't let up the pressure. ■



Donald Trump's Jerusalem triumph



richLOWRY

King Features

In the second century A.D., Jewish rebels who had stunned the Romans and liberated a portion of Judea overstruck imperial coins with images and a message of their own, "Year One of the Redemption of Jerusalem."

The leader of the Jewish rebellion, Bar Kokhba, was fired by a vision of a united Israel with Jerusalem as its capital, which had been the exception during the prior millennium, thanks to the depredations of the Assyrians and Babylonians, among others. But such was the power of the national idea — and his messianic zeal — that Bar Kokhba ventured all on regaining it.

And lost. Not for nearly another 2,000 years would the vision come to fruition. At a ceremony in 1982 burying bones of some of those long-ago rebels with military honors, Israeli Prime Minister Menachem Begin declared: "Israel and Judea are reborn. We have redeemed Jerusalem."

King David conquered the city in 1000 BC and made it the capital of the kingdom of Israel. His son Solomon built the First Temple. But Jerusalem would repeatedly be captured and the Temple destroyed (first by the Babylonian King Nebuchadnezzar and then by the Roman Emperor Titus).

The Jewish people never forgot. In one of the miracles of our age, after long centuries of exile punctuated by genocide at the hands of the Nazis, they re-established Israel in 1948, and then gained control of all of Jerusalem in 1967 (prior to that, when Jordan held East Jerusalem, Jews couldn't visit the Western Wall).

The notion that the City of David isn't the capital of Israel was an impolite fiction, honored by the U.S. and the West for fear of provoking Arabs hostile to the very idea of the Jewish state. Its prime minister, parliament and highest court are based there, and it's unimaginable that Israel would ever agree to any peace deal that didn't recognize it as the capital.

The tired, conventional arguments against it haven't held up well in the wake of President Donald Trump's decision to move our embassy. The Arab

street hasn't exploded. The West Bank has been relatively quiet. Arab capitals haven't erupted in outrage. The flashpoint has been in Gaza, the terror statelet ruled by Hamas. Israel pulled out of Gaza more than a decade ago and has been rewarded with constant attacks emanating from a territory where the infrastructure of mayhem and destruction — rockets, tunnels and the like — is the only growth industry.

Hamas has goaded rioters to storm the Israeli border, defended by Israeli soldiers who fire on them if necessary to protect local communities (more than 50 were killed on a recent Monday). This isn't "the caravan" that arrived at the U.S. border with peaceful migrants seeking asylum, but a violent provocation that is a function of Hamas' commitment to Israel's destruction.

For now, that poisonous ambition looks more fantastical than ever. Trump's move is an acknowledgment of reality. It is also a symbolic statement of permanence, that Menachem Begin was correct when he said at the ceremony for the Bar Kokhba rebels 36 years ago, "Glorious fathers, we are back and we will not budge from here." ■

Outstanding educators honored with Dwyer Awards for excellence

The Economic Council of Palm Beach County Inc. in partnership with the Education Foundation of Palm Beach County Inc. has selected six educators to receive this year's William T. Dwyer Awards for Excellence in Education.

They are: Elementary Education:

- Bridget M. Lutz — Gove Elementary School
- Middle School Education: Porschia Shelton — Okeeheliee Community Middle School
- Senior High School Education: Fawn Tenenbaum — John I. Leonard High School
- Special Programs: Meredith Abrams — North Grade Elementary

- STEM: Susan Russo — Independence Middle School
- Career Education: Alicia Laurence-Bersch — Indian Ridge School

The recipients received \$3,000 and a crystal flame award during a ceremony May 8 at the Kravis Center in West Palm Beach.

The Dwyer Awards honor outstanding educators from public and private schools in Palm Beach County, increases awareness of the exemplary teaching in the community, supports educators with financial awards and encourages all residents to promote high standards for excellence in education.

For more information visit www.TheDwyerAwards.com or contact DwyerAwards@educationfoundationpbc.org. ■

Gifts to Heart Association to fund AFib centers

The American Heart Association has announced a \$5.2 million donation from Sarah Ross Soter and her husband, Bill, and a \$6.25 million donation from Joe and Linda Chlapaty.

A portion of the gifts will help to fund new centers within the heart association's Strategically Focused Research Network for Atrial Fibrillation along with funding to create an immediate health impact in each of their local communities.

There are 6.1 million people living with the uncertainty of atrial fibrillation and that number is expected to double by 2030. AFib is the quivering or irregular beat in the heart's upper chambers, which increases the risk of blood clots.

Left untreated, AFib doubles the risk of heart-related death and increases a person's chance of having a stroke fivefold.

The Sarah Ross Soter Center for AFib, will help find answers to critical questions to improve health outcomes for those living with AFib and support collaborative grants across the network.

The Joe and Linda Chlapaty Center will be home to a second Decision-making and Choices to Inform Dialogue and Empower AFib Patients Center within the Atrial Fibrillation (AFib) Strategically Focused Research Network.

The heart association is reviewing applications for the AFib Strategically Focused Research Network that will launch this July. ■

Philanthropist named president of opioid institute

G. Newmyer III of Palm Beach Gardens has been named president of The Opioid Research Institute, a nonprofit organization created to launch a web-based resource called OPIOID WATCH (at opioidinstitute.org).

Mr. Newmyer is a health care activist, consultant and investor.

OPIOID WATCH offers original, independent, nonprofit news and comment about the nation's No. 1 health care crisis. The free e-newsletter aims to synthesize the most important and

interesting epidemic-related news, including developments in treatment, recovery, regulation, legislation, litigation and research. Initially, the newsletter is published twice a week, and plans to grow. people devoted to combating the crisis.

Mr. Newmyer funded the Newmyer Institute for Innovative Teaching at Palm Beach Day Academy. He also created the Newmyer Fellowship for Innovative Surgery at Columbia University Medical Center. ■

University women chapter adds to board, awards scholarships

The Northern Palm Beach chapter of the American Association of University Women inducted new board members and celebrated its scholarship program May 16.

Sue Slone was chosen as the AAUW branch's Name Honoree for 2018. New officers recognized were program vice president Jane Wattick, treasurer Sally Bailey and secretary Chari Leader Kel-

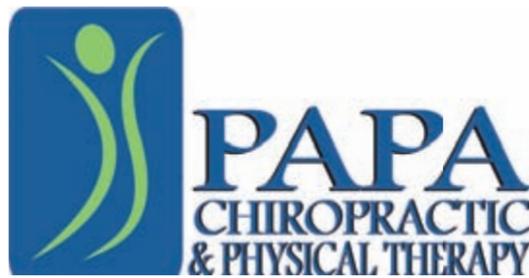
ley. Continuing officers are president Shirley Koo and membership vice president Carol Renick.

The chapter also awarded four Doris Karlik scholarships to undergraduate women.

For more information about the American Association of University Women, visit northernpalmbeach-fl.aauw.net. ■

PUBLIC NOTICE:

Jupiter Medical Center voluntarily closed its Lighthouse Detox Center at 1230 South Old Dixie Highway on April 9, 2018. Patient records will be retained and made available at the Jupiter Medical Center medical records department at 2055 Military Trail, Suite 101A, Jupiter, FL 33458.



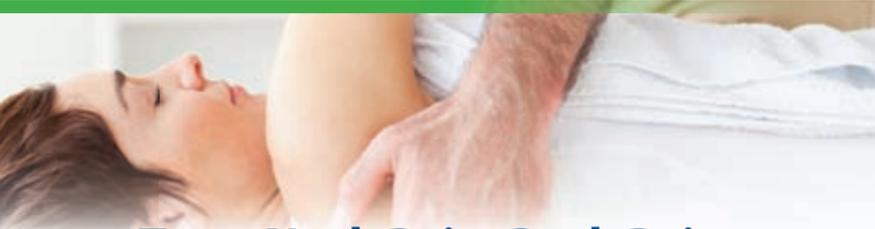
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PET TALES

Top pet traumas

BY KIM CAMPBELL THORNTON
Andrews McMeel Syndication

Our dogs and cats hate to let us know when they're not feeling well. It's instinctive for them to hide illness and even injuries, if possible.

Some emergencies are obvious, though, and an emergency, by definition, requires immediate treatment. Any time your pet experiences one of the following conditions, you need to get him to the veterinarian on the double, whether it's noon or nighttime, weekend or holiday.

- Hit by car. Even if your pet appears to be OK, he could have serious internal injuries.

- Falling out a high window. Cats have a reputation for surviving high falls, but that doesn't mean they don't sustain injuries.

- Blood gushing from an artery or bleeding from the mouth, nose or rectum.

- Loss of consciousness.
- Difficulty breathing, which can indicate choking, poisoning or heart failure.

- Sudden collapse or paralysis.
- Bloody vomiting or diarrhea.

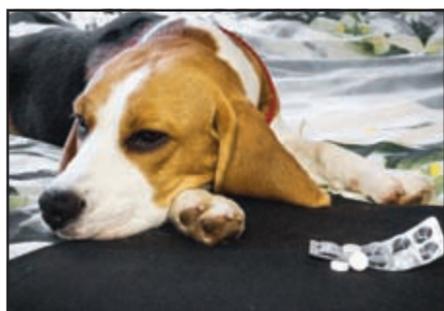
- Broken bones, difficulty walking or reluctance to put weight on a limb.

- Gums that are pale instead of a healthy pink.

- Seizures, tremors or staggering, which can indicate poisoning or neurological problems.

- Known ingestion of antifreeze, Easter lilies, rat poison, items containing xylitol or other toxic substances.

Some pets are more prone to certain types of emergencies than others. Cats, for



Many foods and over-the-counter medications that humans can take safely can be dangerous or fatal to pets.

instance, love to nibble on plants and can develop fatal kidney failure from eating any part of a lily, even small amounts of pollen.

In male cats, straining to urinate can signal an obstructed urinary tract. When that happens, toxins build up quickly and can kill the cat if the blockage isn't relieved rapidly. Cats who strain to defecate should also be seen right away.

Dogs, especially males but sometimes females, can also develop urinary obstructions from bladder stones or prostate disease. Breeds at higher risk include Dalmatians, bulldogs and black Russian terriers.

An enlarged stomach accompanied by drooling, panting and retching without bringing anything up is a sign of gastric dilatation volvulus, commonly known as bloat and often seen in deep-chested dogs. Never "wait and see" if your dog shows these signs.

Dogs are notorious for eating anything they run across, which leaves them open to ingesting toxic foods and pharmaceuti-

cals. Take your dog in if he eats grapes or raisins, fungi such as mushrooms or toadstools, dark chocolate, any food containing the sweetener xylitol, or drugs such as Tylenol, nasal spray or eye drops.

Another common pet emergency is severe vomiting and diarrhea accompanied by appetite loss. Those signs may be early indicators of life-threatening disease or gastrointestinal obstruction. Pets left untreated, especially cats or toy-breed dogs, can quickly become weak and dehydrated.

Pets with flat faces such as bulldogs, pugs and Persian cats are prone to heatstroke. If these pets are restless, have a rapid pulse, have trouble breathing or are panting or drooling, it's an emergency.

Cat and dog breeds such as Maine coons, ragdolls, Persians, American shorthairs and cavalier King Charles spaniels are at risk for congestive heart failure. Signs include unusual inactivity, tiring quickly, restlessness, panting, difficulty breathing, crackly breathing sounds and pale gums.

A pet who has trouble walking may have a spinal cord injury. Dogs or cats with long backs such as dachshunds or munchkins are susceptible to ruptured intervertebral disks.

If your pet experiences an emergency, the best thing you can do is to stay calm in the moment. Have your veterinarian's phone number and that of the nearest emergency clinic on speed dial, and call to let them know you're on the way and what the problem is.

Most important, know your pet's normal behavior. Noticing changes early can help you catch problems before they turn into emergencies. ■

Pets of the Week



>> **Tom** is a 4-year-old, easy-going cat that is very affectionate toward people and is good with other cats. His previous owner was no longer in the position to be able to care for him. Reference animal ID#1898344.



>> **Dude** is a 3-year-old, 60-pound male mixed-breed dog that is a handsome and outgoing guy. He is house trained, crate trained, good with other dogs and likes kids too. Reference ID#1898189.

To adopt or foster a pet

Palm Beach County Animal Care & Control is at 7100 Belvedere Road, West Palm Beach; 561-233-1222 or www.pbcgov.com/animal



>> **Sandy** is a 5- to 6-year-old male ginger kitty that enjoys napping in sunbeams, chasing feather toys, and cuddling with people and other cats. He is highly affectionate and gets along well with everyone he meets.



>> **Simon** is a male ginger tabby that was surrendered to the shelter after 11 years as a faithful companion. Inconsolable for months, he gradually learned to trust again. Simon must be an only kitty, unless he is adopted with his buddy, Sandy.

To adopt or foster a cat

Adopt A Cat is a free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment (call 561-848-4911, Option 3). For additional information, and photos of other adoptable cats, see www.adoptacatfoundation.org, or on Facebook, Adopt A Cat Foundation. ■

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Divorce Your Controlling Husband

You sometimes question "how can I be so unhappy when I'm married to such a charming and successful husband?"

But then you remember how he constantly puts you down in front of your family. How he belittles you and questions your intelligence. And how he constantly controls you, manipulates you, and prevents you from having normal relationships with friends and loved ones.

You're not a greedy person. All you want is to be happy, and feel appreciated in your life, and in your marriage. But you know deep down that this is never going to get better. Your husband is not changing. In fact, he's just getting worse.

Divorce is something you never thought you'd ever experience, but you know you must leave the marriage if you're ever going to have a chance at happiness. And you know now's the time. Your children have grown into adults and you're not getting any younger.

But at the same time you're worried. You don't know where to start, or how all this needs to happen. What you do know is he's going to make things difficult as you've seen how he's dealt before with others that have crossed him.

You feel all alone. Like a prisoner of your own circumstances. You're worried that nobody will see you and your situation for what it really is. At times, you feel like it will be impossible to ever get out of this unless you leave only with the shirt on your back. But it's not going to be that simple, as you need to secure your financial future. All of this makes you think about whether you should just put your energy into saving the marriage (again).

If you identify with this DRAMATIZATION you're likely married to a husband with a personality disorder. He's probably a Narcissist. If you've never heard this before you should take some time to read up on narcissism. Everything will probably start to make more sense.

Try your best to realize that you are not alone. Everyone, including you, deserves to be happy and feel appreciated. And just as you decided to do what ultimately led you to your husband, you can also make the decision to be free of him.

While your divorce will likely not be hassle free, there are some basic things you can learn that can minimize your husband's ability to make the divorce process harder than it needs to be.

Divorce Lawyer Christopher R. Bruce wrote a book specifically focused on helping women understand what he feels they "need to know" as they contemplate divorce from a controlling, manipulative, or narcissistic husband.

To get your free instant download of the book, go to this website: DivorceMyControllingHusband.com and fill out the online download form. When you request the book, you'll also have the option to get a free hard copy of the book mailed to you.

The book is free, but learning how to confidently approach divorce and move towards a more fulfilling life just might be priceless.

Christopher R. Bruce is licensed to practice law in Florida. His law firm, the Bruce Law Firm, P.A., has its main office located in West Palm Beach, and can be reached at (561) 810-0170.

Paid Advertorial

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Gently crush mint leaves between your fingers and add to a cocktail shaker. Fill the shaker with ice, Tito's Handmade Vodka, simple syrup or sugar, and fresh lime juice. Shake well, and pour everything including the ice into a glass. Top with soda water. Garnish with mint sprig and lime wedge.



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HEALTHY LIVING

Learning how to cope with becoming a caregiver



lindaLIPSHUTZ
llipshutz@floridaweekly.com

Dr. Reynolds entered the consultation room, but avoided looking directly into their eyes. That was the moment Laura knew her life had changed. She held her breath as she waited for the dreaded words: Brad had CANCER. Brad was quiet, but Laura knew her husband well enough to know how frightened he was.

Laura had a million questions to ask Dr. Reynolds, but her brain went blank. Laura knew she would have to garnish all of her emotional reserves, if she was going to be able to support her husband as they faced this battle.

There are few words in the English language more frightening to hear than the word: "Cancer." Just like with Laura and Brad in the fictionalized vignette above, the general public may understandably react with panic and fear upon hearing a life-threatening cancer diagnosis, anticipating a grueling path of dire scenarios. Loving family members may wish to offer guidance and support, but may feel helpless — not knowing what to say or do, when they themselves are devastated and depleted.

This week, I had the privilege of speaking with Marilu Henner, the acclaimed

actress, most noted for her role on the sitcom "Taxi", who can speak firsthand about going through this experience. Marilu, and her husband, Michael Brown, showed tremendous courage 15 years ago when they faced Michael's diagnoses of bladder and lung cancer, early on in their relationship.

When facing Michael's medical challenges, both Marilu and Michael were proactive in researching the latest medical findings — not accepting any recommendation as the gospel. Marilu took her role as caregiver very seriously, noting that a patient can be so consumed by emotions it will be hard for him or her to process, and then retain, important medical information.

"The caregiver can be the voice of reason, taking copious notes and asking pertinent questions," she said. Both noted that a sense of humor and showing affection can be key in protecting each other's well-being.

Both Marilu and Michael have asserted the need for each to be vigilant for their own self-care, and the care of the other. The two speak earnestly about taking proactive steps to take charge of one's personal health by changing diet, exercise routines, and ensuring adequate sleep. While the success of adding alternative practices to conventional medicine has been debated, it is generally accepted that adapting a healthy lifestyle and a positive attitude, while taking measures to eliminate stress, certainly will have a positive impact on one's mood and general well-being.

The couple wrote a book called "Changing Normal: How I Helped My Husband Beat Cancer," generously sharing their story in the hopes of making a significant difference in the lives of others.

Even the most loving, communicative couples may have difficulties opening up sensitive topics with each other at pivotal times in their relationship. Many cancer patients (and their partners) may feel pressure to show an upbeat side or to minimize the extent of their fears or discomfort. The patient may worry that they've become a burden and may be ashamed they are not able to actively participate in the relationship as they did

before. They may not want to worry each other, nor to add additional stress to an already over-taxed loved one.

At trying times, we should not assume we know what our partners are thinking or feeling, or what they are expecting of us. Understandably, we may be intimidated to ask the questions that would enable us to better understand them. However, sometimes when we attempt to protect our partners by holding back the expression of fears, sadness, or anger, we may unintentionally create emotional distance, and could miss an opportunity to soothe and comfort each other.

Cancer, and other major medical conditions, (and the necessary treatment regimens) may have a marked impact on our intimate lives and sexuality. Individuals may notice a marked change in their mood, libido, energy level, body image, sexual functioning and/or feelings of attractiveness. Partners may find their own desire impacted by the changes the cancer patient is experiencing. When the particular medical illness specifically impacts body areas of sexuality, the emotional sensitivity may be especially acute. There may be an awkwardness by both to broach these topics.

However, the avoidance may intensify the discomfort and feelings of isolation. Patients and their partners may be embarrassed to bring this up with their doctors, and some doctors may not broach these topics either. Committing to a path of opening up sensitive topics with each other, and speaking with more candor, can hopefully create a supportive atmosphere. It can be helpful to reach out to a skilled professional or support services to gather appropriate information, and to facilitate sensitive conversations.

What may be especially painful for caregivers in some circumstances is the realization that they can no longer lean on their partners for emotional support, and/or previously reassuring assistance in handling everyday matters. These individuals may not only mourn the shared collaboration and connection they may no longer have, but the caregiver may also feel overwhelmed that he or she must now shoulder new responsibilities and demands. The household

may be facing daunting financial strains due to rising medical bills, the need for nursing aides, and loss of income. The caregiver might feel isolated and alone, but plagued by feelings of guilt and frustration. This will be a critical time to reach out for assistance from one's extended network of loved ones and friends, professionals, community agencies and/or online support groups.

There are many resources in the community and online that may ultimately help us find comfort.

There are often websites specifically designed to give information about specific medical conditions. For example, the drug company Genentec offers a helpful online resource: Bladder Cancer Advocacy Network (BCAN): www.BCAN.org. (Note the "discussion guide" on this website that was spearheaded by Marilu and Michael.) Although the site has been written for bladder cancer patients, others facing serious medical conditions may find the information useful.

Obviously, not all of us will be able to relate to Marilu and Michael's message. We may not believe we have partners who will show us emotional support the way we need. We may not be inclined nor find it possible to adopt the optimistic attitudes and/or lifestyle changes that were so effective for Marilu and Michael.

Despite our best efforts to be proactive and maintain a positive approach, we may have discouraging outcomes that may be completely out of our control. No matter the ultimate outcome, we must remember the peace of mind that can follow from the loving efforts — and hopefully some cherished moments — we have made throughout this challenging period. ■

—Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached in her Gardens office at 561-630-2827, online at www.palmbeachfamilytherapy.com, or on Twitter @LindaLipshutz.

Ask the Health & Beauty Experts



MIRACULOUS EFFECTS OF LASER THERAPY FOR PAIN

Joseph A. Costello,
DC, DABCO
Board Certified Chiropractic
Orthopedist

Healing a Herniated Disc

Question: I have been told I have a herniated disc, what treatments are available to me and are they effective or is surgery the only alternative?

Answer: Most traditional treatments available today involve trying to reduce inflammation around the disc and nerve roots. Non-invasive procedures include traction (sometimes called decompression therapy), spinal manipulations, acupuncture, physical therapy. Surgery does not repair a herniated disc. Surgery is used to remove the portion of the disc which is directly inflaming a nerve root. The problem with surgery is that the disc is living tissue and once part of it is removed, the rest degenerates rapidly. This is the reason why surgery of the spine has such a high failure rate, which ultimately leads to more surgical operations or the need for long-term pain management medications and injections. The best alternative is Super Pulsed Laser Therapy. Super Pulsed Laser therapy has a potent anti-inflammatory effect upon both, the disc and the nerve root. Additionally, because the disc has a blood supply in the other 1/3, laser stimulation (photomodulation) of the tissue results in new collateral circulation within the disc as well as the growth of fibrocartilage. Simply put, damage to the outer 1/3 of the disc can HEAL! Results are therefore long term.

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Nurses honored by health care foundation

More than 300 people attended the May 10 Heart of Gold Reception at The Kravis Center to honor nurses of the year in Palm Beach County.

The event concluded the Palm Healthcare foundation's six-week "Thank a Nurse" campaign.

The highlight was the introduction of Palm Beach County's 2018 Nurses of the Year. Those nurses are:

- Barb Bzura, of Atlantis, Ascension Catholic Church, Catholic Charities
- Katie Clark, of West Palm Beach, Palm Beach Atlantic University
- Peter Gonzales, of West Palm Beach, JFK Medical Center
- Karen Gulleddge, of Jupiter, Academy for Nursing and Health Occupations
- Toni Harris, of Lantana, Palms West Hospital
- Patti Joyce, of Wellington, Children's Medical Services
- Mark Lefco, of North Palm Beach, St. Mary's Medical Center
- Marge McManus, of Palm Beach Gardens, Good Samaritan Medical Center
- Cheryl Morkan, of Port St. Lucie, Palm Beach Gardens Medical Center
- Inez Nascimento, of Boca Raton, Delray Medical Center
- Jessica Patino, of Greenacres, VITAS Healthcare
- Norma Reyes, of West Palm Beach, VA Medical Center

- Nuvia Rodriguez Machado, of West Palm Beach, CL Brumback Primary Care Clinic
- Julie Smith, of Boynton Beach, West Boca Medical Center
- Constance Upshaw, of Boca Raton, Department of Health - Palm Beach County
- Dr. Karen Wisdom-Chambers, of Lake Worth, Christine E. Lynn College of Nursing at FAU
- Latoya Wright, of West Palm Beach, Trustbridge

Over the past 16 years, Palm Healthcare Foundation has donated more than \$10 million to nursing initiatives designed to advance the field of nursing. ■

New treatment option avoids additional open-heart surgery

Palm Beach Gardens Medical Center now offers tricuspid valve in valve implantation for tricuspid regurgitation.

Tricuspid regurgitation is a heart condition that affects millions. Many require

surgical tricuspid valve replacement.

Surgically placed valves can deteriorate and malfunction over time, which may require more open-heart surgery for the patient.

This new treatment option allows a surgeon to implant a new valve within the old malfunctioning valve by going through veins.

To learn more, visit www.pbgmc.com. ■

BEHIND THE WHEEL



MYLES KORNBLATT / FLORIDA WEEKLY

Nissan's new Armada is on patrol

mylesKORNBLATT
mk@autominded.com



It's the beginning of rainy season in South Florida, and anyone who has ever encountered a well-worn mud trail has probably thought about a 4x4 SUV like this Nissan Armada.

The second-generation Armada has been with us for about a year now. It's not a new design, but it's new to us. This Armada is the Patrol SUV sold elsewhere on the international market. People who know 4x4 history will be excited about this news.

The Nissan Patrol is as well regarded in the international community as the Toyota Land Cruiser. The USA had an early opportunity to buy these off-road Jeep-like machines when Nissan/Datsun first appeared on our shores in the 1960s. After they stopped importing the Patrol, it followed a similar path of the Land Cruiser where it grew in size, but never lost the 4x4 ability that made them a go-to for the international community, including the United Nations relief vehicles. To bring that vehicle here gives the new Armada an instant respect that its Titan-based predecessor didn't earn.

While the new Armada looks nearly identical to the Patrol that has been available elsewhere in the world, it's distinct enough to carve out its own space in our market. It has the tall and boxy stance that is good for a truck-like SUV, and the rear pillar has the kind of thick curve that BMW uses to show power. The only vehicle that looks similar is the Infiniti QX80, because it's the Armada's up-market sibling.

Inside, there are more premium connections to the Infiniti with nice standard features like an 8-inch touchscreen, woodgrain materials on the dash and separate climate controls for the driver, passenger and rear. Plus, as a tall three-row SUV, there's the underlying luxury of having enough headroom to make the driver feel like he/she owns air space.

This SUV needs to feel premium, because the base rear-wheel drive model starts at \$47,385. A leather-clad top-of-the-line Nissan Armada Platinum Reserve with full-time four-wheel drive costs about \$67K. That's about where the pricing begins for the slightly more powerful and more prestigious Infiniti QX80 4x4, so the overlap is minimal.

Where the Armada is going to find the most competition is with the capa-



ble SUVs from mainstream nameplates. The Chevrolet Tahoe offers similar interior features, and its dimensions inside and out are within a few inches of the Nissan. The base price difference is even less than \$1,000.

The 394-horsepower 5.6-liter motor is the Armada's big advantage. It's a multi-valve V8 with dual overhead camshafts and variable valve timing. What this means in the real world is it has a big V8 grunt when needed for work duty, as well as decent acceleration in low-speed city traffic. The Chevy has a smaller 5.3-liter as standard, but it's lighter. It also has a larger V8 available in top trim levels that outprice the Armada.

We had mentioned the Toyota Land Cruiser as a historic competitor, but today, the Armada price tops out about \$16K before the Land Cruiser even begins.

The multi-link rear suspensions in the Toyota and Chevy are a solid axle that's often preferred for hauling large items, but the Armada actually has a slightly larger towing capacity. And its independent rear suspension is a favorite for those who spend more time on the road. Other IRS competition out there includes the Ford Expedition. That one can be optioned to have the largest towing capacity around, but not everyone likes its 3.5-liter EcoBoost V6.

Does all this competition start to feel confusing? It certainly is, because these larger SUVs are bought by people who need to dial in the right mix of towing toys, going off-road, and carrying a basketball team's worth of passengers. The new Nissan Armada rides in the middle of this class with decent power, size, and capability — all as standard. The few options it does offer are more about dialing up the level of luxury with multiple trim levels.

So, the salespeople at the Nissan lot probably won't have as many questions for you as Ford or Chevy. But they'll be able to talk about a history to rival the Land Cruiser, while offering more value-minded pricing. It's a fine line to walk, but selling capability in the rainy season should be easy. ■

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A NEW ENGLAND DEVELOPMENT Shopping Destination

WASP

From page 1

knew women flew in World War II," said Mrs. Haydu, the first WASP to earn the honor. "I will be accepting it not just for me but for all of the WASP."

The American Spirit Awards takes place June 8 at the New Orleans museum, and the 97-year-old mother of three, grandmother of eight and great-grandmother of one will don her uniform and represent the band of sisters who served their country at more than 120 bases across the United States.

"Of course, I'm extremely honored to have been chosen," Mrs. Haydu said, noting that the uniform she will wear belonged to another WASP member, as hers has been on display at the Smithsonian Institution's National Air and Space Museum since 1969. "I'm kind of a little overwhelmed at all of the honors that are being given."

In 2009, President Barack Obama signed a bill into law honoring the Women Airforce Service Pilots with a Congressional Gold Medal. Mrs. Haydu was in the Oval Office to witness the signing. In 2014, she accepted the Wright Brothers Master Pilot Award by the Federal Aviation Administration for achieving 50 years of flying experience. She has 54. In 2015, Vaughn College of Aeronautics and Technology in Flushing, N.Y., presented her with an honorary doctoral degree. She sported a cap and gown and tossed her tassel.

"It brings to light who we were, and what we did. We were not a really well-known secret."

The biggest honor of them all precedes the others by decades. In 1977, President Jimmy Carter approved legislation recognizing all who belonged to the WASP as veterans 33 years after Congress dissolved the program. She led the effort.

"We all anticipated being able to stay in service, and here we were being pushed out. We wanted to serve our country, but we wanted to serve it as pilots."

WASP's beginnings

After the attack on Pearl Harbor, pilots were in short supply. Not only were they needed to fight the war but also deliver advanced trainer planes to flight schools in the South. Twenty-eight female aviators volunteered to take those ferrying jobs, forming the country's initial WASP squadron. More than 1,000 would join the program dur-



Bernice "Bee" Haydu, a Women Airforce Service Pilot, or WASP, during World War II, stands next to an AT-6 Texan at Page Field in Fort Myers on Feb. 20, 2016.

DOD PHOTO BY NAVY PETTY OFFICER 2ND CLASS GLENN SLAUGHTER



Bernice "Bee" Haydu (left) looks on as President Obama signs S.614 at the White House, July 1, 2009. The bill awarded a Congressional Gold Medal to veterans of the Women Airforce Service Pilots.

WHITE HOUSE PHOTO BY PETE SOUZA

ing its two-year lifespan, operating out of Avenger Field in Sweetwater, Texas.

They flew every aircraft in the arsenal. In addition to ferrying, they towed gunnery targets, transported equipment and shuttled nonflying personnel to points of destination, as well as flight-tested aircraft that had undergone repairs. Seven months of take-offs and landings were required for the women to get their wings.

"I guess the hardest things were the

check rides," Mrs. Haydu said. "That was the worst part because, naturally, you get very nervous, and you hope you're giving them a good ride so you get a passing grade."

The battle to succeed was an uphill one.

"A lot of the men did not want women flying airplanes. This was their thing."

Hooked on flying

The Montclair, N.J., native, who grew up during the Great Depression, graduated from high school in 1938 and financially was unable to go to college. She landed a job as a secretary instead. Bored and "always feeling very sorry for myself," she decided to attend night school and enrolled in an aviation course. Then she took a flying lesson.

"I loved it. I was just hooked the first time I was up in the air."

She obtained her private pilot's license in Martins Creek, Pa. Following her service in the WASP, she returned to New Jersey, became a flight instructor, part owner of a flight school and eventually ran a Cessna dealership with her late husband, Joseph, also a pilot. The couple moved to Florida in the late 1970s and throughout the years owned 14 different types of single- and twin-engine planes.

"We would fly to California. We would fly to the Bahamas for a game of golf and come back the same day."

She quit driving last year after injuring her arm in a fall from a treadmill.

But that does not seem to have slowed her down. She spends her time speaking to the nation's youth and enlightening them about her life's work, which includes authoring "Letters Home:



COURTESY PHOTO

Bernice "Bee" Haydu, a Women Airforce Service Pilot, or WASP, during World War II, prepares to fly a Stearman Kaydet during flight training at an auxiliary field near Avenger Field in Sweetwater, Texas, in 1944.

1944-1945," a book that chronicles her time in the WASP through the letters she wrote to her mother while on duty.

"I love to talk to these young people. I tell them, 'If you have a desire to do something, go ahead and pursue it. Don't let them say girls don't fly. Just don't listen to them. Pick yourself up, dust yourself off and keep right on going.'" ■



COURTESY PHOTO

Paul Garber, historian emeritus of the National Air and Space Museum in Washington, D.C., discusses Women Airforce Service Pilot history with Bernice "Bee" Haydu, a Women Airforce Service Pilot, or WASP, veteran, while S. Paul Johnson, director of the museum, looks on, March 24, 1969. Mrs. Haydu donated her complete uniform, which is still on display.



COURTESY PHOTO

Bernice "Bee" Haydu poses in her helmet as a Women Airforce Service Pilot, or WASP, in 1944.

NEWS OF THE WEIRD

BY THE EDITORS AT ANDREWS MCMEEL

Distributed by Universal Press Syndicate

The naked truth

Letitia Chai, Cornell University class of 2018, arrived at her “Acting in Public: Performance in Everyday Life” class on May 2 ready to present a trial run of her senior thesis wearing a button-down shirt and cutoff denim shorts. Professor Rebekah Maggor was displeased, however, and asked Chai, “Is that really what you would wear?” She referred specifically to Chai’s “too short” shorts and told Chai that her clothing choices would distract “men’s attention” from the content of her presentation. Chai

left the room, but soon returned wearing just her bra and panties and delivered the entirety of her presentation. On May 5, she returned to the classroom to officially present her thesis and stripped down again, with more than two dozen others in the room joining her in bras and panties or boxers. Chai posted on Facebook about the incidents, telling The Cornell Daily Sun she wanted to raise awareness about this “huge societal issue.”

Try the decaf

In Hudson, on Florida’s west coast, Brandon Donald McCray, 47, came unglued on May 1 after discovering two of his socks missing. When suspicion fell on his roommate, Frank Smith, 53, McCray attacked him with a sword, according to WTVT. The attack

continued as McCray also struck and injured two women living at the home. Pasco County Sheriff’s deputies said Smith nearly lost several fingers trying to defend himself. Deputies arrested McCray at a neighbor’s house on charges of attempted homicide and battery.

People with issues

Police in Loerrach, Germany, responded May 14 to complaints about a domestic disturbance after a neighbor reported a loud confrontation that had been going on for some time. But when they arrived, they found a 22-year-old

man arguing with his girlfriend’s parrot, according to Metro News. The parrot had been barking like a dog, and the man became annoyed with it. No charges were filed.

Love in the drive-thru

@BurgerKing was looking for love in all the right places on May 9 when workers changed a Boston location’s sign to read: “@Wendys ... Prom?” and posted a picture to Twitter. United Press International reported that it took less than an hour for the red-headed fast-food

heartthrob, just a few doors down, to respond: “OK, but don’t get handsy and we have to be home by 10.” In a classic love triangle, @MoonPie expressed his disappointment: “I knew I should’ve asked sooner.”

Make art great again

A French museum dedicated to the work of painter Etienne Terrus announced April 27 that more than half of its collection from the 19th-century artist are forgeries. The Terrus museum in Elne, where Terrus was born, gathered a group of experts to inspect the works after a visiting art

historian noticed some of the paintings depict buildings that were not constructed until after Terrus’ death. In all, 82 paintings were determined to be fake. BBC News reported that the town’s mayor, Yves Barniol, called the situation “a disaster” and apologized to museum visitors

High on the hog

On Yaji Mountain in China, hog farmers are experimenting with high-rise hog breeding facilities that house 1,000 head of sows per floor. Xu Jiajing, manager of Guangxi Yangxiang Co. Ltd., told Reuters the “hog hotels” save “energy and resources. The land area is not that

much, but you can raise a lot of pigs.” The buildings range from seven floors to 13, with elevators to move people and pigs, and air circulation and waste management systems designed to reduce the risk of spreading disease.

Being Millennial

As finals were ramping up at the University of Utah at the end of April, one student’s class project went viral: Senior Nemo Miller created a stand-alone closet, placed in the J. Willard Marriott Library, where stressed-out students could go for a good cry. KSL TV reported The Cry Closet (#cryclosetuofu) caught on quickly; even with

a suggested 10-minute limit, @Gemini tweeted, “I stayed 11 mins but feel so much better thank you to whoever built this. Can we add a box of tissues please?” Miller filled the closet with stuffed animals and soft materials. “I think everyone just needs a safe space sometimes,” she said, “even if it’s in a very public place.” ■

ADVERTORIAL

11 Critical Home Inspection Traps to be Aware of Weeks Before Listing Your Home for Sale

The Palm Beaches - According to industry experts, there are over 33 physical problems that will

come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair. That’s why it’s critical that you read this report before you list your home. If you wait until the building inspector flags these issues for you, you will almost certainly altogether.

In most cases, you can make a reasonable pre-inspection yourself if you know what you’re looking for, and knowing what you’re looking for can help you prevent little problems from growing into costly and unmanageable ones.

To help homesellers deal with this issue before their homes are listed, a free report entitled “11 Things You Need to Know to Pass Your Home Inspection” has been compiled which explains the issues involved.

To hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-844-334-7014 and enter 2403. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to learn how to ensure a home inspection doesn’t cost you the sale of your home.

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For an appointment call 561-408-4245, or go to:
www.mountsinadoctors.org/westpalmbeach/



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WEEK OF MAY 24-30, 2018

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| A13

"You must develop the habits that let you leverage that degree into a job you love."

— **Paul Krasnow**, author of "The Success Code: A Guide for Achieving Your Personal Best in Business and Life."

ADVICE FOR NEW GRADUATES

A formal education is only a first step toward success

SPECIAL TO FLORIDA WEEKLY

WITH GRADUATION COMING UP, ALL your hard work is about to pay off. You've invested in an expensive formal education to ensure your bright future. That's half the battle, says Paul Krasnow. But it takes more than a formal education to guarantee a great career.

"Getting your degree is the first step in building the kind of life you want," says Mr. Krasnow, author of "The Success Code: A Guide for Achieving Your Personal Best in Business and Life."

SEE GRADUATES, A14 ►



MONEY & INVESTING

Things to review before you purchase an Exchange Traded Fund

ericBRETAN

estaterick@gmail.com



If you have been reading this column over the past few years, you know that I am a big fan of Exchange Traded Funds. These are investments that trade like stocks but enable an investor to gain exposure to an entire sector of the market. Typically, these funds track and mimic the performance of a certain

index like the Dow Jones or NASDAQ technology. But today there are over 5,000 ETFs traded on major exchanges across the world so how do you pick the right one to invest in?

Clearly the most important criteria to use when selecting an ETF is the index or sector that the fund tracks. There are ETFs that focus on bonds, stocks, international securities, commodities and currencies. These funds can be as broad as tracking the entire Russell 1000 stock index to as narrow as focusing on small capitalization biotech stocks. And some ETFs use options and other more com-

plex securities to magnify or invert the performance of a sector. For example, you can buy an ETF that returns double the movement of the technology sector or another that goes up when gold prices go down. You need to know exactly how the fund you are selecting will perform given a certain movement in the market.

Second, I like to look at an ETF's expense ratio. This is the amount of fees that the ETF will charge you to pay for the administrative costs of the fund expressed at an annual percentage of your investment. So, if the expense ratio

is .15 percent, that means that if the index that the ETF tracks goes up by 1 percent in a year you will only get a .85 percent return. Expense ratios vary wildly, from just .03 percent for the SPDR Large Cap Stock ETF to 3.5 percent for Breakwave Dry Bulk Shipping ETF. Generally speaking, the more "vanilla" the index, the less the expense ratio will be. But even ETFs that track the same index can have dramatically different expense ratios, so I like to buy funds that have the lowest expenses. A .1 percent subtraction from your return every year can make a big

SEE INVEST, A14 ►

GRADUATES

From page 13

But after walking the walk, he adds, “You must develop the habits that let you leverage that degree into a job you love.”

These habits, along with a strong work ethic, are your most valuable skill set and the real differentiators that fuel your career.

It’s also important to hit the ground running after graduation. There’s no better time to set a path toward financial success than right now, when you’ve got youth on your side.

Mr. Krasnow’s habits are what helped him build a career from the ground up. Following early success in the clothing industry, he experienced a financially devastating bankruptcy that forced him to rebuild his life from scratch. He went on to join Northwestern Mutual Life Insurance Company, where he has been a top producer for 40 years and won many Top Agent titles.

In “The Success Code,” he lays out the no-fail formula that took him to the top of his industry. Keep reading to learn his best practices that will bring you unprecedented success for years to come.

■ Fuel yourself with motivation — Mr. Krasnow says one advantage of being young is that you have hunger and “the spark.” Hunger is the drive that pushes you to work hard; “the spark” is the excitement, energy and anticipation of fulfilling your dreams. Seize this motivation and let it fuel your ambitions, he urges new graduates.

And speaking of ambitions: If you haven’t done so already, figure out exactly what you want to accomplish in your life and write up a description of the vision you would like to bring into fruition. Let this vision motivate you to strive for exactly what you want for your life, and accept nothing less.

■ Solidify your work ethic now — Today more than ever, you must have an iron-clad work ethic to succeed in your career. This means being punctual, professional, responsible, self-disciplined and productive. Be honest with yourself about which of these qualities you already possess and which you need to work on developing. Don’t feel discouraged if you fall short in some areas — they can take time to master. Instead, commit to sharpening each of these qualities to the best of your ability. People will start taking notice.

■ Fine tune your focus — Today’s

employees have greater responsibility and less time to complete their work. This forces them to multi-task — something most people are terrible at doing. Plus, they are constantly interrupted by email, text messages and social media. Mr. Krasnow says success often comes down to your ability to tune out all of this “noise” and get focused.

“Get rid of distractions and temptations until your work is finished,” he advises. “Turn off media, remove clutter from your desk and limit office chitchat anytime you have a task to complete. This creates an environment that best allows you to serve your clients and get your work done.”

■ Engage with your clients — Building and nurturing solid client relationships is the cornerstone of any successful business. Mr. Krasnow says fostering engagement requires your commitment to a personal code of integrity to ensure clients that you will work hard for them and that they are in good hands.

“Strive to be honest and authentic with your clients and your associates,” he says. “People will always be able to tell if you’re being friendly just to make a sale or estab-

lish a connection. ... Get to know your clients and show genuine interest in their lives, and check in even when you have nothing to sell them.”

■ Get some grit — From time to time, you will inevitably fail, lose or experience some kind of a professional or personal setback. When this happens, deal with the loss and move on. There’s no benefit in wallowing or succumbing to fear or anger.

“You have to believe that you can overcome anything, and then put that belief into practice,” Mr. Krasnow says. “Take a short amount of time to mourn your losses and process your emotions — just don’t dwell on them. Next, take responsibility for where you are today and resolve to address any behaviors that need to be changed. Finally, get back to your normal routine with resolve to do it better than ever.”

■ Work smarter, not harder — Learn to prioritize your daily goals. Create a to-do list and divide your tasks into three categories: critical, high-priority, and low-priority. Tackle each task in order of priority.

“Another good rule of thumb is to

stop reinventing the wheel,” Mr. Krasnow adds. “Make a habit of reusing and modifying resources already at your disposal.”

■ Never stop competing ... with yourself — Mr. Krasnow recommends using a practice he calls “the push-up principle” to achieve personal goals by starting at your current skill and ability level and consistently moving up from there. This process naturally leads to self-improvement through small, manageable steps.

“If you can do only five push-ups today, try doing six push-ups tomorrow,” he says. “The principle is incredibly simple, but it can create a long legacy of achievement. Set some reasonable goals and immediately start working to achieve them. Once you’ve proven to yourself how simple it is to execute your goals, your confidence level will begin to rise, and you can continually build on this momentum.”

■ Hone an ideal image — Your appearance should reflect the quality of your services, says Mr. Krasnow. Therefore, it pays to think of your health and wellness as an investment in your success. Without a strong, fit body, it’s difficult to have the stamina to do your best at work.

“Be sure you are getting enough sleep, eating healthy, exercising regularly. Give up smoking or excessive drinking.” Once you’ve got your health under control, he says, build a wardrobe that communicates the exact message you want to send to clients and associates. “You don’t have to spend a fortune,” he stresses. “But your clothing should fit well, and your eyewear, briefcase, purse, phone and other accessories should be stylish and contemporary. Remember, everything matters.”

■ Become a whole person — Mr. Krasnow believes your success — and ultimately, your happiness — lies in your ability to become a “whole person.” This means having a balanced and rich life in all areas of your existence. No matter how much fulfillment you get from your career, you still need to expand your life and enjoy all it has to offer.

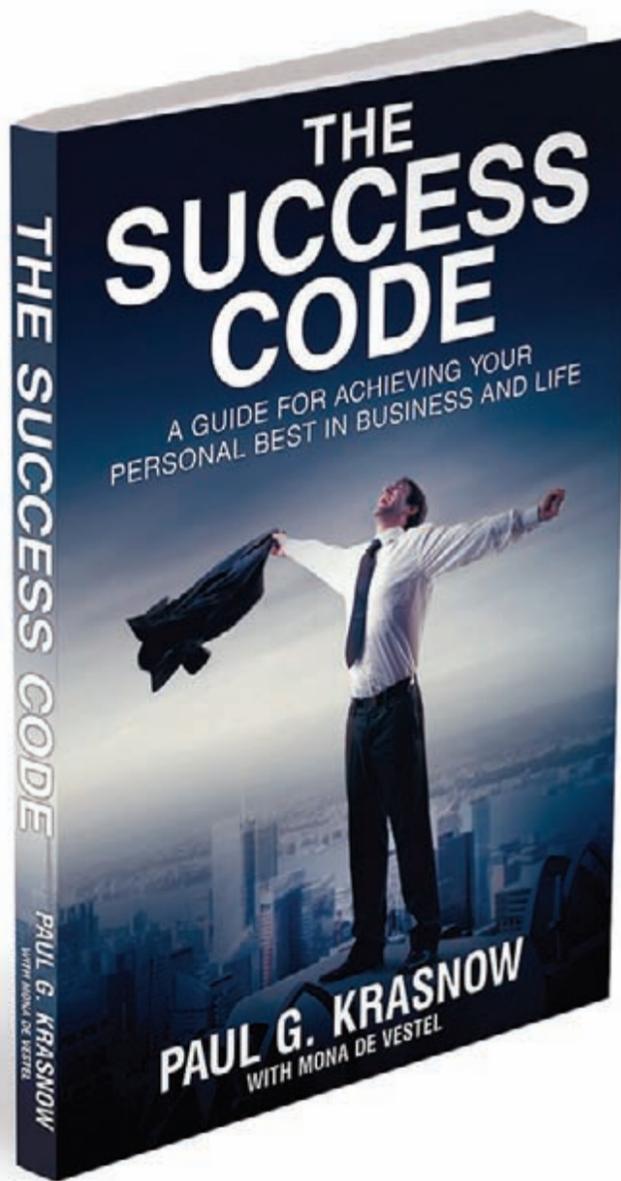
“When you are happy in life, it shows in your confidence and in your work performance,” he says. “Make time to be present with those around you. Develop a few hobbies outside of work and find some ways to enjoy the fruits of your labor. If you want to give something back, do some volunteer work.”

Whatever you do, he cautions, “Don’t make the mistake of just getting a job.”

“The people who did that without considering the consequences of their decisions early on are now entering their second careers. Instead, develop the habits that lead to success and use them to build a career. When you realize your potential now — and not years down the road — you can put it to work starting today.” ■



KRASNOW



INVEST

From page 13

difference if you are a long-term holder of the security.

The third aspect of an ETF I look at before buying is the top holdings of the ETF. Recently, I wanted to purchase an ETF that focused on high dividend U.S. stocks, so I selected two or three of the most popular. To my surprise, each had different stocks that made up its portfolio and even commonly held stocks did not make up a similar percentage of their respective overall funds. I would stay away from funds where just a few stocks make up a very large percentage of the overall ETF unless that is what you are looking for. I would also look at



the top 20 securities and see if you feel comfortable owning them.

Finally, before I purchase an ETF, I

see if there are any red flags that would make me cautious in purchasing it. For example, I see how large the fund is. If

it is very small, this may give me pause because it may have low illiquidity or may not perform well with significant market movements. Also, I look to see how long the manager of the fund has been the manager. With index funds this is not an issue but if the fund manager is being called on to make investment decisions, a change in management may be a warning sign. And lastly, I look at the historical performance versus the benchmark index that the ETF is tracking. If the fund underperforms the index over long periods of time, I would be hesitant to buy that fund unless there was a reason for that underperformance. ■

— Eric Bretan, the co-owner of Rick’s Estate & Jewelry Buyers in Punta Gorda, was a senior derivatives marketer and investment banker for more than 15 years at several global banks.

SOCIETY

Ford dealers' dinner, SunFest



Allan Young,
Iris Santos and
Gary Sarner

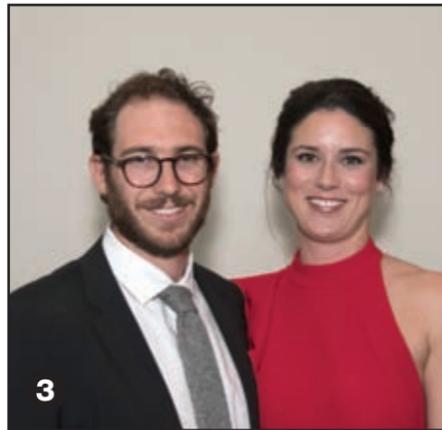
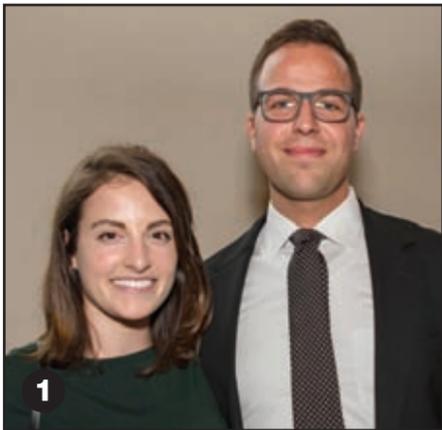


ANDY SPILOS/FLORIDA WEEKLY

1. Erinn Johnson, Rachael Johnson, Denise Weil and Gary Weil
2. Mike Bennett, Angie Bennett, Jackie Ramirez and Yvette Henson
3. Allan Young and Paul Jamieson
4. Jessica Koladiya and Alicia Colon
5. Jason Klein, Bill Barfus, April Graner Barfus, Rebecca Klein, Karen Clarke and Marty Rogo
6. Marlin Hanford and Lynn Hanford
7. Ben Silver and Anthony Hill
8. Bren Nicolas and Scott Nicolas.
9. Maria Fierros and JP Villanueva
10. Sam Schlickemeyer and Amy Harris

SOCIETY

Legal Aid Society's Pro Bono Recognition Evening, Palm Beach County Convention Center



1. Ali Seubert and Shawn Conti
2. Chelsea Bellew and Krista Downey
3. Devin Krauss and Katie Prince
4. Jana Croft and Bernie Lebs
5. Alex Woods, Natalie Eisen, Greg Martini and Lynda Martini
6. Amy Devore, Jeff Devore and Shelley Garcia
7. Travis Darsch, Shannon Darsch, Annette Mendoza and David Scarola
8. Michael Walsh, Jane Walsh, Kim Ackerman and Dave Ackerman
9. Morgan Egan, Ashley Devore, Becca Suskauer and Bailey Lyn Triggs
10. Elyse Egan and Amy Triggs
11. S. Brown, Nathaniel Brown and Simone Brown
12. Daniel Castro, Cynthia VanBuren, Lois Frankel and Rick Rose
13. Kristin Ahr and Michael Pipkens
14. Maria Devine and Glen Torcivia Scarola
15. Sandra Moses and Sia Barnes
16. Jennifer Lesser and Bruce Reinhart



Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

REAL ESTATE

WEEK OF MAY 24-30, 2018

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COURTESY PHOTOS

Island classic in Palm Beach

SPECIAL TO FLORIDA WEEKLY

This is a one-of-a-kind in-town location on Palm Beach's prestigious Dunbar Road. Situated on an oversized lot on the lake block, this newly built custom colonial residence offers five bedrooms, five full baths and two half-baths.

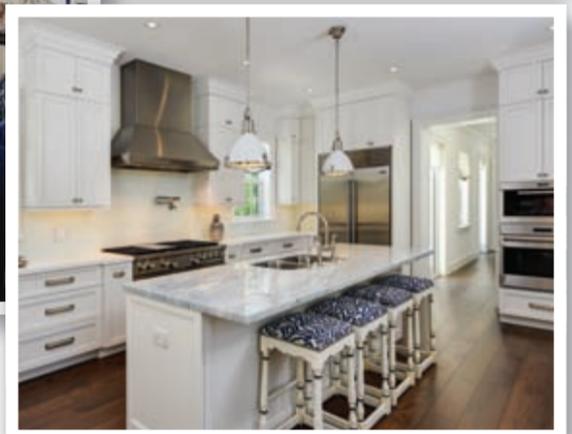
The home is light and inviting as you enter through an impressive foyer to the living areas surrounded by French doors leading to a covered loggia, large patio, pool, spa and gardens created by Nievera Williams Design.

In addition to two bedrooms with en-suite baths, the first floor is comprised of a large living room with fireplace, formal dining room, bar area, office, laundry room and a chef's dream kitchen flowing into an open and spacious family room.

Intricately designed banisters complement the staircase leading to the second floor, with two guest bedrooms with en-suite baths, a luxurious master suite, large balcony and second laundry.

This home was created with impeccable attention to detail using the finest materials and craftsmanship. Close to everything, yet quiet and private — perfect for island living at its best.

Offered at \$9,985,000 by Sotheby's. Heidi Wicky, 561-601-0006 or heidi.Wicky@sothebyshomes.com; Betsy Sorrel, 561-660-4848 or Betsy.Sorrel@sothebyshomes.com. ■



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COURTESY PHOTO

Alice and Pete Dye supervise work at a golf course they were designing. The Dyes, now in their 90s, are wrapping up their careers as golf course designers.

Legacy of Pete Dye lives on in his designs

LARRY BUSH
lbush@floridaweekly.com



Pete Dye's legendary career as a golf course architect is coming to an end.

"He can still sketch out a few holes," says his wife, Alice, who has established her own identity in golf course architecture, "but his memory is slipping. We just have a couple of projects left."

In late 2016, Pete Dye first showed signs of Alzheimer's disease and by the middle of last year his condition had declined significantly.

Son PB Dye has picked up the shovel and is working to complete the Links at Perry Cabin on the eastern shore of Maryland. Alice is helping with what is likely their last project. It is on land still owned by some of her family in Zionsville, Ind.

"It's on land where we once lived, where most of the kids grew up," she notes.

Pete, 92, and Alice, 91, have lived in Gulf Stream, near Delray Beach, for many years.

In February, the Pete Dye Room at the Harbor Town Golf Links on Hilton Head Island, S.C., was dedicated. The architectural timeline that is part of the display lists Perry Cabin as Dye's final work. Harbour Town, which he did in cooperation with Jack Nicklaus, was one of his first big jobs.

Pete's other works include the TPC Sawgrass in Ponte Vedra Beach, site of the PGA Tour's Players Championship earlier this month.

It all started back in 1961 when Pete got his first chance to design a nine-hole course in Indianapolis, his hometown. In the 57 years since, Pete and Alice have designed some 100 courses. That's far fewer than most of the other big-name architects of today and that's because the Dyes are unique in constructing without blueprints, preferring to stay on the property and oversee each aspect of the project. That may take longer than giving orders to a contractor and moving on to the next project. Standing on the site, they remained mindful of sightlines and natural backdrops, designing holes that were as stunning as they were difficult. "There's just the two of us," Alice notes. "We don't have an office or a staff. We do most of our work on the dining room table.

Alice remained at his side to ensure their designs kept the women's game in mind. During the 1970s, she won the Flor-

ida Women's Amateur three times, the USGA Women's Senior Amateur twice and played on one U.S. Curtis Cup team.

In addition to the U.S., the Dyes have built courses from the Dominican Republic to Switzerland. His local designs include Dye Preserve in Jupiter, Old Marsh in Palm Beach Gardens, Delray Dunes in Boynton Beach and the Cypress course at Palm Beach Polo.

Pete was named Architect of the Year in 1994 by Golf World magazine. Ten years later he received the Distinguished Service Award from the PGA of America, in 2005 he became the sixth recipient of the PGA Tour's Lifetime Achievement Award, and in 2008 he was inducted into the World Golf Hall of Fame.

Pete and Alice were simultaneous inductees into the Palm Beach County Sports Hall of Fame in 2014.

At Perry Cabin, near St. Michaels, Md., Pete Dye had been hired to redesign what was originally known as Martingham Country Club, then reinvented in 1971 as Harbortowne Resort & Country Club. By the time he was no longer able to visit the site last summer, he had already influenced the layout, having designed and made revisions to 15 holes as well as having input on the other three. Ponds were dug on the course to increase strategy as well as to mine material used to add elevation, movement and mounding.

While Pete was still able to visit Perry Cabin, the routine was always the same. He would work by himself in the morning, directing his attention toward the green complexes before breaking for lunch. And usually instead of dining at the Inn at Perry Cabin, Pete and Alice would join the construction crew for sandwiches in the maintenance building. In the afternoon, Alice would ride around the course with PB rather than Pete. "She didn't want Pete hearing her criticisms and observations," according to developer Richard Cohen. But eventually, the three Dyes would sit down and exchange their ideas, Cohen said.

Nothing of the former design remains. "The only thing left is the dirt," says PB Dye. "It was flatter than day-old beer."

For those who tee it up at Perry Cabin, Zionsville and his other designs over the years, they may not know or care that this is a Pete Dye golf course. What they should remember is the challenge, one full of surprises and as much fun as they want to make it.

And therein lies the legacy of Pete Dye. ■



TURTLES

From page 1

in search of nesting turtles. The tour leaders are experts in not disturbing the delicate dance of a female digging a hole and depositing 100 or so eggs.

Walks are offered at:

John D. MacArthur Beach State Park — On a barrier island north of Palm Beach you'll find the only state park in Palm Beach County. John D. MacArthur Beach State Park boasts three species of threatened or endangered sea turtles on its beaches. Walks begin May 30 and will be held June 4, 6, 11, 13, 15, 18, 20, 25, 27 and 29 and July 2, 6, 9, 11 and 13. The cost is \$12. MacArthur Beach State Park is at 10900 Jack Nicklaus Drive, North Palm Beach. Call 561-624-6952; www.macarthurbeach.org/turtle-walk/

Loggerhead Marinelif e Center. Registration is open for Loggerhead's turtle walks, beginning at 8:30 p.m. select nights in June and July. Walks are \$18, \$15 for LMC members. Walk-

ins are \$20, and a spot is not guaranteed. Children must be 8 years old or older. All participants must be able to walk up to a half-mile. Dates including June 1, 2, 6, 7, 8, 9, 12, 13, 14, 15, 16, 19, 20, 21, 23, 27, 28, 28, 30, July 3, 4, 5, 6, 7, 10, 11, 12, 13, 14, 18, 19, 20, 21, 25, 26, 27, 28 and 31. Call 561-627-8280 or visit www.marinelife.org.

Hobe Sound Nature Center —The nature center's tours are full for 2018, but you can put your name on a waiting list. It is at 13640 SE Federal Highway, Hobe Sound. 772-546-2067; www.hobesoundnaturecenter.com.

Gumbo Limbo Nature Center — Children must be age 8 or older to walk and minors younger than age 18 must attend with an adult. Walks are held every Tuesday, Wednesday and Thursday from June 5 to July 12, except July 4. The program begins at 8:45 p.m. and ends after a turtle is seen or at midnight, whichever comes first. Reservations are required. \$10 for members, \$17 nonmembers. Purchase tickets online at www.brownpapertickets.com or call 800-838-3006. Visit www.gumbolimbo.org/Walk-Release. ■

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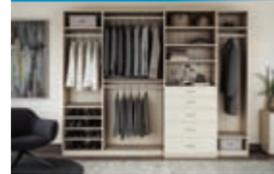
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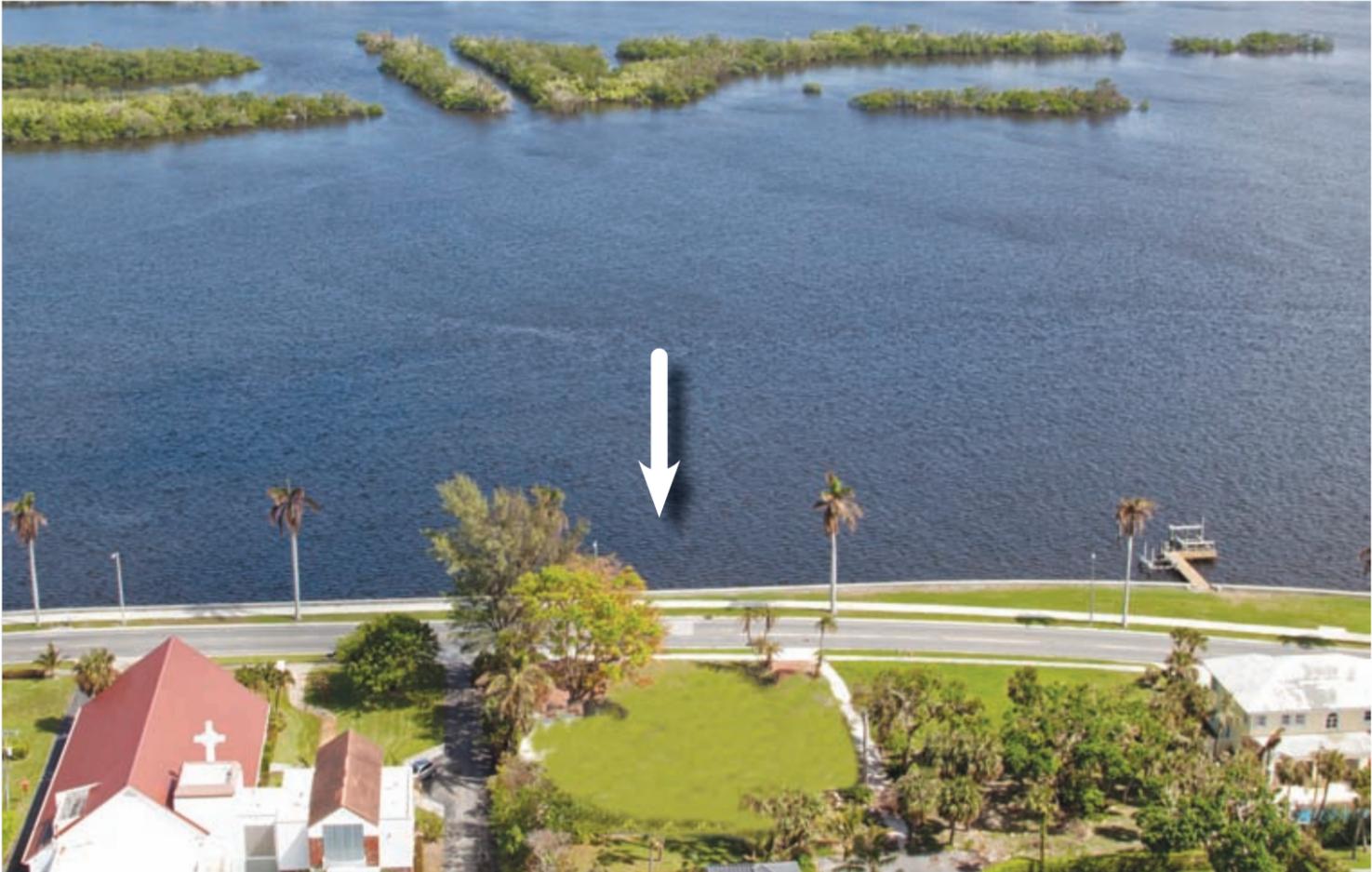


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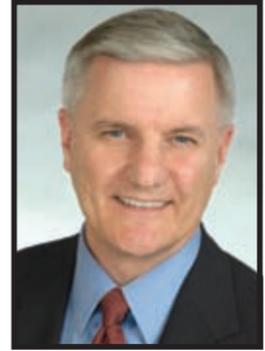
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Water Club 1504-S
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Water Club 1603-S
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Ritz Carlton Residence 1106B
2BR+DEN/2.5BA - \$1,149,000



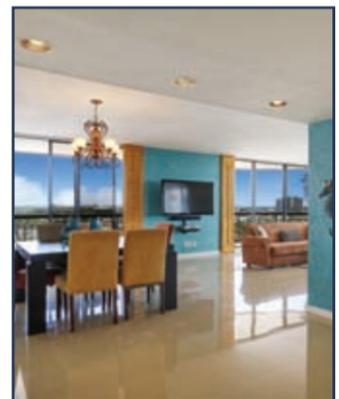
Ritz Carlton Residence 205B
2BR+DEN/2.5BA - \$1,125,000



Ritz Carlton Residence 2506B
2BR+DEN/2.5BA - \$949,000



Martinique ET502
2BR/3.5BA - \$725,000



Martinique WT804
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HOMETOWN BOY

Author and former Palm Beach resident Ted Bell looks ahead to bringing spy novels to the big screen.

BY STEPHANIE MURPHY-LUPO

Florida Weekly Correspondent

WHAT HAPPENS WHEN A REBEL with a well-stocked right-brain and a deft left-edge goes full throttle over a cliff onto a ledge with no discernible foothold?

When said rebel is author Ted Bell, his imagination boils over, soaking his writing table with puddles of danger, suspense and intriguing plot lines ripped from international headlines. Striding boldly off the steaming pages is protagonist Alexander Hawke, and Mr. Bell has him on a leash without limits.

A native of Tampa, Mr. Bell recently revisited Palm Beach and reminisced about living there in the years when his fictional knight yanked both

SEE HOMETOWN, B8 ►

▲ Tedd Bell

COURTESY PHOTO

ArtCenter goes full S.T.E.A.M. ahead for summer

FLORIDA WEEKLY STAFF

For more than half a century, Lighthouse ArtCenter has fancied itself to be one of a kind.

This summer, visitors to the Tequesta gallery and art school can take that literally.

From June 4 to Aug. 11, students will work in traditional media like clay, paint, and papier mache while at the School of Art, but in the gallery they will create 2D and 3D art projects incorporating Science, Technology, Engineering, Art and Math, or S.T.E.A.M. The S. Kent Rockwell Foundation paid for a new computer lab using software designed



SEE SUMMER, B9 ► Ted Lewin, "The World's Greatest Elephant."

COURTESY PHOTO

HAPPENINGS



COURTESY PHOTO

"Agua Viva," by Alexa Lim Haas, is an animated short about a Chinese manicurist in Miami.

Norton screening short films by women

BY JANIS FONTAINE

pbnews@floridaweekly.com

"Bold Voices, New Inroads: Short Films by Women Directors" will feature films recently screened at the Sundance and Tribeca Film Festivals. The festival kicks off at 6:30 p.m. June 7 at Art After Dark at the Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach.

Films include:

- "End of the Line," by Jessica Sanders. Winner of the Sundance and Cannes Young Director awards. Adapted from author Aimee Bender's surrealist short story about a man who buys a miniature man in a pet store.

- "Agua Viva," by Alexa Lim Haas. An animated short about a Chinese manicurist in Miami.

- "Salam," by Claire Fowler. A female Lyft driver on the night shift in New York City while she waits for important news from Syria.

- "The Fisherman" by Ana A. Alpizar. Humble Tomas really needs to catch a fish tonight.

The screening will be followed by a talkback with two of the directors: New York-based Alexa Lim Haas and L.A.-based Jessica Sanders.

Art After Dark also features its usual activities, including spotlight talks on art by women focusing on Sylvie Fleury's "Skin Crime 6" and Grace Hartigan's "Standing Figure," and live music from singer-songwriters Lindsey Mills and Ella Herrera who perform original folk, blues, and acoustic music. Miami-based artist Edouard Duval-Carrié will lead an informal, 30-minute gallery tour offering unique perspectives on works in the Norton collection.

Art After Dark is held each Thursday from 5 to 9 p.m. at the Norton. Admission is free. Call 561-832-5196 or visit www.norton.org/artafterdark for more information.

The guy next door is funny

Comedian Brian Regan brings the funny to the Kravis Center on Sept 20. Tickets are on sale now at the box office, by phone and online. The show will shake the rafters with laughter at 8 p.m. Sept. 20.

SEE HAPPENINGS, B9 ►

COLLECTOR'S CORNER

Making a case for mixing styles



scott SIMMONS
ssimmons@floridaweekly.com

If there's one thing I've learned after more than 40 years of traipsing through markets and antiques shops across the United States and in Europe, it is this: Objects of good design go together, regardless of origin.

I was chatting with a friend, antiques dealer Jeffrey Burgess, of James & Jeffrey Antiques in West Palm Beach and commenting on the range of furniture styles he had for sale during a warehouse sale.

For whatever reason, an Eames chair never looks out of place in a Victorian house, while many pieces of Victorian furniture never really look good, even in their own elements.

It's funny how that works.

And that's why I placed a 1940s Heywood Wakefield rattan chair next to an ordinary Victorian chest that my grandmother Dorothy painted an aqua color in the 1940s or '50s.

She always told me I should strip the piece and return it to its original state, but her 60- or 70-year-old paint has made the ordinary interesting, especially as the paint has mellowed, crackled and acquired a patina.

Those pieces in turn sit across from a set of 1820s English Regency-style chairs that are refined and elegant, with

curving backs and legs that evoke Greek klismos chairs of a few millennia before. Isn't it funny how good design keeps repeating itself?

And that was what I was faced with as I stared at a Biedermeier chair.

Jeffrey told me I should buy it to use with a black lacquer midcentury desk inspired by the great Paul McCobb.

I think they will work well together in the new home office I am creating.

After all, McCobb's midcentury modern desk is all about clean lines, as is that Biedermeier chair. And the black lacquer matches.

The Biedermeier design movement, which lasted roughly from 1815 to 1848 in Central Europe, drew inspiration from the French Empire designs of Napoleon, which in turn had drawn inspiration from motifs in ancient Rome. It also drew on the neoclassical lines of English Georgian furniture of the 18th century.

But Biedermeier was different from French Empire and English styles in one key way — its clean, sensuous lines were crafted in locally sourced woods — cherry, oak and ash — and without a lot of ornamentation.

It enjoyed a resurgence at the turn of the last century and inspired a new round of creation.

That reminds me that the

axiom of "what goes around comes around" still rings true for antiques and collectibles.

And at my desk. ■



SCOTT SIMMONS / FLORIDA WEEKLY
This Biedermeier-style chair dates from the early to mid-19th century. It was made in Europe — probably in what is now Germany or Austria. It would have been part of a larger set.

THE FIND: A Biedermeier chair

Bought: Habitat for Humanity Thrift Store, 1635 Old Dixie Highway, Jupiter; 561-253-2290 or www.palmbeach.habitatrestores.org.

Paid: \$30

The Skinny: I was tempted to buy this chair on a Thursday afternoon, then left it because it was pouring and I figured I'd never get it into the car in the rain.

I had second thoughts on Saturday and drove the 20 miles to Jupiter to buy it.

Once again, it was pouring, and the staff generously wrapped it in plastic for me.

The chair is an honest-to-goodness 19th-century piece, according to antiques dealer Jeffrey Burgess, who owns a pair that matches. It has a black lacquer top rail and a fruitwood frame.

It has had a repair to the curving back, just about the seat on one side. That's common for these chairs and it seems sturdy enough to use. ■

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PAIRINGS

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Enjoy a wide variety of samplings from Downtown West Palm Beach's most desirable restaurants and retailers.

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REGISTRATION

Beginning at 5:30 p.m. at City Hall plaza located at Clematis St. and Dixie Hwy.
There you will get your guide and badge for your tasting tour.

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CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnews@florida-weekly.com.

THURSDAY 5/24

Art After Dark — 5-9 p.m. May 24, Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. Spotlight talks, tours. 561-832-5196; www.norton.org.

Clematis by Night — 6-9 p.m. Thursdays at the West Palm Beach Waterfront, 100 Clematis St., West Palm Beach. Live music, food and drink, vendors and a glorious sunset. Info: clematisbynight.net

■ **May 24:** Paul Anthony & The Reggae Souljahs

FRIDAY 5/25

Sunset Celebration — 6-9 p.m. May 25, Lake Park Harbor Marina, 105 Lake Shore Drive, Lake Park. Food drink, live music by Memory Lane performing Motown, R&B and soul. 561-840-0160; www.lakeparkflorida.gov.

Northwood Village Art Night Out — 6-9 p.m. May 25, Northwood Road, West Palm Beach. Find the hidden artistic flowers all over the neighborhood, browse art and craft vendors, shop at the unique boutiques and chat with the gallery owners who stay open late. Plus street-side artists, an interactive art mural, live music and dining options. 561-822-1550 or visit the Facebook page.

"Avenue Q" opens — May 25-June 10, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. MNM Theatre Company opens its first production of 2018 with the winner of the Tony "Triple Crown" for best musical, best score and best book. Tickets: \$55. kravis.org; 561-832-7469.

"Equus" by Peter Shaffer — Through June 3. The Palm Beach Dramaworks production is on stage at the Don and Ann Brown Theatre, 201 Clematis St., West Palm Beach. A teenage boy with a religious fascination with horses blinds six of them. Psychiatrist Martin Dysart is tasked with unraveling the mystery behind the heinous act of his patient. 561-514-4042; www.palmbeachdramaworks.org.

Stars & Stripes Fashion Show at Camelot — 11 p.m. May 25, 114 S. Narcissus Ave., West Palm Beach. Featuring fashions from Back On The Rack Consignment store, hosted by Victor Concepcion. 561-408-1001.

SATURDAY 5/26

Run and Roll Group Run — 6 a.m. May 26, 410 Evernia St., West Palm Beach. Every Saturday through December, runners are invited to join the fun. Three hydration stations are provided. Run at your own pace, alone or in a group, from 4 to 24 miles. Beginners and walkers are welcomed! 561-650-1200; www.runandroll.com.

The Reset - Meditative Movement and Soulful Stillness — 4-6 p.m. May 26, Little Ocean Yoga, 401 Northlake Blvd. #9, North Palm Beach. Called an afternoon of meditation, journaling, and connection, admission of \$45 includes a Practice You journal, and a gift. 561-215-1597 or hey@bsoulworks.com or www.littleoceanyoga.com.

The Loxahatchee Battlefield Preservationists Walking Tours — 10 a.m. Saturday, May 26, at the historic battlefield at Riverbend Park, 9060 W. Indiantown Road, Jupiter. Learn the Seminole war history of our 1838 battle in Jupiter. Meet at the chickee. Free. 561-743-6419.

Remembering America's Heroes — 7 p.m. May 26, Eissey Campus Theatre, 11051 Campus Drive, West Palm Beach. A patriotic concert by the Indian River POPS Orchestra along with The Robert Sharon Chorale. "Salute to the Services" will be featured under the direction of Maestro Dwight Robert Roadman. \$25, \$15 for veterans and their spouses. 561-207-5900.

SUNDAY 5/27

Palm Beach Gardens Summer GreenMarket — Through Sept. 30, at its breezy, undercover summer location at STORE Self Storage and Wine Storage, 11010 N. Military Trail in Palm Beach Gardens. Hours: 9 a.m.-1 p.m. Sundays. Fresh produce, pastries, coffee, seafood, flowers, cheeses, spices, handmade crafts. No pets. 561-630-1100; pbgreg.com/greenmarket.

MONDAY 5/28

Memorial Day Ceremony — 9 a.m. May 28, Veterans Plaza Amphitheater, 10500 N. Military Trail, Palm Beach Gardens. Pay your respects to our nation's fallen service members with Fire/Rescue and Police Honor Guards and a wreath ceremony. Music will be provided by the Young Singers of the Palm Beaches. 561-630-1100 or email recinfo@pbgfl.com.

The South Florida National Cemetery — Memorial Day Ceremony is set for 1 p.m. May 28. It's at 6501 S. State Road 7, Lake Worth. 561-649-6489.

LOOKING AHEAD

Art After Dark — 5-9 p.m. May 31, Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. 561-832-5196; www.norton.org.

Clematis by Night — 6-9 p.m. Thursday, West Palm Beach Waterfront, West Palm Beach. Music, food, drink, vendors and a sunset. Info: www.clematisbynight.net.

■ **May 31:** The Goodnicks

■ **Pairings: A Food and Wine Event** — 5:30-9 p.m. May 31, in downtown West Palm Beach. Stroll Clematis Street to indulge in a smorgasbord of light appetizers, entrées and desserts paired with specialty cocktails, wine, spirits and coffee, plus live entertainment. The event is hosted by the West Palm Beach Downtown Development Authority in partnership with SunFest and LocalDines.com. Tickets are \$25 per person in advance; \$30 per person at the door. Visit www.downtownwpb.com/events/pairings-2018/ for more information.

Summer Jam Concert Series 2018 — June 2, Abacoa Amphitheatre, Jupiter. This '80s party featuring John Waite, Patty Smyth and Scandal, The Romantics, Tommy Tutone and The Filmores. www.musicjamproductions.com.

"Our Neighbors: Portraits of Homelessness" — June 1-30, Harold's Coffee Lounge, 509 Northwood Road, West Palm Beach. Jeanne Martin's photojournalism and silkscreen portraits. A closing reception featuring live music by Les Nuages and Frank Cerabino is planned for 6 p.m. June 29. The program will include French gypsy jazz and Parisian love songs. A portion of the proceeds from this show will be donated to St. Ann's Place Homeless Outreach Center for Men & Women. 561-833-6366; www.haroldscoffee.com

Local Doctors and Dentists perform for charity — June 1, Atlantis Country Club, Atlantis. Tickets are \$75, which includes hors d'oeuvres, dinner and show, taxes and gratuity. Proceeds benefits the programs of the Palm Beach County Medical Society Services including Project Access, Care Coordination, and Disaster Services. An art exhibition and reception begins at 6 p.m. following by dinner and the show at 7 p.m. www.pbcmcs.org or contact Deanna at 561-433-3940 or deanna@pbcmcs.org.

The second annual Taste of Recovery — June 2, Old School Square, 51 S. Swinton Ave., Delray Beach. Twenty-plus restaurants offer tastings of signature dishes, plus desserts and live entertainment. Benefits The Crossroads Club, a nonprofit organization in Delray Beach that provides free meeting space for 12-Step recovery groups. Hosted by Chef Louie Bossi. \$40. tasteofrecovery.com or 561-278-8004 or visit thecrossroadsclub.com.

AT CORAL SKY

Coral Sky Amphitheatre, 601-7 Sansbury's Way, West Palm Beach. 561-795-8883; www.westpalmbeachamphitheatre.com or www.livenation.com

Kenny Chesney: Trip Around the Sun Tour — May 24

John Fogerty and ZZ Top: Blues And Bayous Tour — June 3

Luke Bryan: What Makes You Country Tour 2018 — June 21

Weezer / Pixies — June 22

AT DRAMAWORKS

Palm Beach Dramaworks, Ann & Don Brown Theatre, 201 Clematis St., West Palm Beach. 561-514-4042, Ext. 1; www.pbdramaworks.org.

Mainstage Productions:

"Equus" — Through June 3. A psychiatrist attempts to treat a young man who has a troubling obsession with horses, by Peter Shaffer.

AT DREYFOOS

Dreyfoos School of The Arts — 501 S. Sapodilla Ave., West Palm Beach. 561-802-6000; www.soafi.org/events.

■ **Pulse Percussion Ensemble** — May 24, Meyer Hall.

■ **Dance Choreography Showcase** — May 24, Brandt Black Box.

AT THE EISSEY

The Eissey Theatre, Palm Beach State College, 3160 PGA Blvd., Palm Beach Gardens. 561-207-5900; www.eisseycampus theatre.org.

Indian River POPS Orchestra presents Remembering America's Heroes — May 26

Eissey Campus Gallery — BB Building. 561-207-5015 or www.palmbeachstate.edu/artgallerypbg

Palm Beach County Art Teachers Association Exhibition — Through Sept. 8.

AT HARBOURSIDE

Harbourside Place, 200 U.S. 1, Jupiter. Info: 561-935-9533; www.harboursideplace.com

Live Music on the Waterfront — 6-10 p.m. Friday and Saturday.

Waterfront Market at Harbourside Place — 10 a.m.-3 p.m. Sundays, year-round.

AT THE KELSEY

The Kelsey Theater, 700 Park Ave., Lake Park. Info: 561-328-7481; www.thekelseytheater.com or www.holdmyticket.com.

The High Divers & The Jake Walden Band — 8 p.m. June 1

Live Music Community Presents 4 All Kid Bands — 5 p.m. June 3

Disbarred A Tribute To The Music Of Chris Cornell — 7 p.m. June 8

Player One Peep Show : A Burlesque Show for Gamers — 8 and 11:45 p.m. June 9

Ordinary Boys A Tribute To The Smiths & Morrissey — 8 p.m. June 16

Blues Beatles at The Kelsey — 8 p.m. June 21

Dr. Bacon & Jedi Magic Carousel — 8 p.m. June 29

AT THE KRAVIS

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 561-832-7469; www.kravis.org.

Avenue Q — Through June 10. An MNM Theatre Company production

Kravis Center Dream Awards — June 3. Tickets \$15.

AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. 561-747-8380, Ext. 101; www.jupitelighthouse.org.

Lighthouse Sunset Tours — Weather permitting. Spectacular sunset views and an inside look at the nuts & bolts of a working lighthouse watchroom. Tour time: 75 minutes. \$15 members, \$20 nonmembers. RSVP required.

Twilight Yoga at the Light — 6-7 p.m. May 28. By donation. Mary Veal, Kula Yoga Shala, leads.

AT MACARTHUR

John D. MacArthur Beach State Park — 10900 Jack Nicklaus Drive, Singer Island, North Palm Beach. 776-7449; www.macarthurbeach.org.

Butterfly Walk — 11 a.m.-noon May 26.

Jacksonian Music Factory — 1-3 p.m. May 27.

Birding at MacArthur Beach — 1:30-2:30 p.m. May 27.

Sea Turtle Talk & Walk Registration — 9 a.m.-5 p.m. Cost: \$12.

AT THE JCC

The Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Info: 561-689-7700; www.jcconline.com/pbg.

Ongoing:

Adult Pickleball: 9-11 a.m. Monday and Wednesday. \$15 members, \$18 guests, monthly. \$3 drop-in.

CALENDAR

Duplicate Bridge: 12:30-3:30 p.m. Monday-Friday. \$9 members; \$11 guests.

Bridge: Improve Bidding, Declarer Play and Defense: 9:30-11:30 a.m. Tuesday (ongoing). \$10 class.

Bridge: Beginner/ Advanced Beginner Supervised Improve Your Play of the Hand: 9:30-11:30 a.m. Wednesday. \$13 members; \$15 guests.

Adult Fencing: 7-9 p.m. Wednesday. Age 14 and older. Four classes: \$80 members; \$90 guests.

Bridge: Intermediate Class: 9:30-11:30 a.m. Thursday. \$13 members; \$15 guests.

AT MOUNTS

Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. Info: 561-233-1737; www.mounts.org.

Exhibition: Washed Ashore — Through June 3.

Farm Your Backyard Vegetable Growing — June 9.

AT OLD SCHOOL SQUARE

Old School Square, 51 S. Swinton Ave. Delray Beach. 561-243-7922; www.Old-SchoolSquare.org

James Judd — 8 p.m. June 2. Crest Theatre. Tickets: \$65/\$45; premium club seating \$400.

The Hunts — 8 p.m. June 9. Crest Theatre. Tickets: \$45/\$35.

AT PGA ARTS CENTER

PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. www.pgaarts.com and www.ticketor.com/pgaartscenter/

An Evening of Rock with Dirty Skirty — May 26

An Evening with Nite Box: Album Release Party — June 8

AT THE PLAYHOUSE

The Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Info: 561-586-6410; www.lakeworthplayhouse.org.

Screenings in the Stonzek Theatre — 561-296-9382.

RBG — May 28-24

Last Movie Star — May 24

Lean On Pete — May 25-31

AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 561-833-1812; www.palm-beachimprov.com

Eric Schwartz — May 24

LaVell Crawford — May 25-27

Nate Bargatze — May 31-June 3

Hello My Name is Nate Caliendo — June 15-16

Jason Mewes — June 15

AT FOUR ARTS

The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Call 561-655-7227;

www.fourarts.org.

In the Esther B. O'Keeffe Gallery: Hours: Monday through Saturday 10 a.m. to 5 p.m. and Sunday 1 to 5 p.m. Admission: \$5; no charge for Four Arts members and children 14 and younger.

■ **Art Appreciation with Joan Lipton —** 11 a.m. June 6

■ **Summer Story Time —** 10:30 a.m. June 12

■ **Summer Chef Series —** June 14

■ **The iPhone —** June 19

LIVE MUSIC

American Airlines Arena — 601 Biscayne Blvd., Miami. 786-777-1000; www.aaarena.com

■ **Luis Miguel —** June 1-2

■ **Mix Live Presented by Uforia —** June 9

BB&T Center — 1 Panther Parkway. Sunrise. Tickets available through Ticketmaster. 800-745-3000; www.thebbtcenter.com

■ **Shania Now —** June 1

■ **Harry Styles —** June 9

■ **Maroon 5 —** June 17

■ **Daryl Hall & John Oates and Train —** June 24

The Colony Hotel — 155 Hammon Ave., Palm Beach. 561-659-8100 or 561-655-5430; www.thecolonypalmbeach.com.

■ **Motown Fridays with Memory Lane —** 9 p.m. to midnight.

■ **After Party with Raquel Williams —** 9 p.m. to midnight.

Hard Rock Live — 5747 Seminole Way. Hollywood 866-502-7529; www.seminolehardrockhollywood.com

■ **George Lopez —** May 26

■ **Harry Connick Jr. —** June 3

■ **Hulk Hogan and Rick Flair "Legends of the Ring" —** June 9

The Arts Garage — 180 NE First St., Delray Beach. 561-450-6357; www.artsgarage.org.

■ **Yvette Norwood-Tiger presents "A World Tour of Jazz" —** May 26

■ **The Garage Queen drag queen show —** June 1.

■ **Typhanie Monique —** June 2. Called a "modern-day Sarah Vaughan."

■ **Dr. Ed Calle —** June 8. The Latin Grammy Award-winning sax man will perform "Mamblue."

Flash Beach Seafood Grille & Tiki Bar — 9216 Bridge Road, Hobe Sound. 772-545-3969.

■ **May 26:** Jason Colaninno

■ **June 1:** Kinected

■ **June 2:** Acoustic Soul

■ **June 8:** The Bryce Allyn Band

Mizner Park Amphitheatre — 590 Plaza Real, Boca Raton. 561-393-7984; myboca.us/pages/mizneramph

■ **Lotos Music Fest featuring Cypress Hill, Bone Thugs-N-Harmony, + More —** 4 p.m. May 27

■ **Memorial Day Concert —** 6 p.m. May 28

■ **3 Doors Down & Collective**

#SFL TOP PICKS

#NOPROBLEM

■ **Kenny Chesney: Trip Around the Sun Tour —** May 24, Coral Sky Amphitheatre. 561-795-8883; www.westpalmbeachamphitheatre.com or www.livenation.com

#HAHAHA

■ **LaVell Crawford —** May 25-27, Palm Beach Improv at CityPlace. 561-833-1812; www.palmbeachimprov.com

#PUPPETRY

■ **"Avenue Q" —** May 25-June 10, Kravis Center. www.kravis.org; 561-832-7469

#DON'TMISS

■ **Celebrating Boaz Vaadia —** Through June 3, The Ann Norton Sculpture Gardens. 561-832-5328; www.ansg.org

Soul with Special Guest Soul Asylum — 7 p.m. July 10

Voltaire — 526 Clematis St., West Palm Beach, above Lost Weekend. 561-408-5603.

■ **May 24:** Law-A-Palooza Benefit Show!

■ **May 25:** Mass: Vampire Burlesque, Carlos Menendez, noon to 4 p.m.

■ **May 25:** Citizen Badger, Mona Lisa Tribe, Cardinal Moses, Mood Swing, 8 p.m. to midnight

■ **May 26:** Sushi Sessions & Cabaret Voltaire

■ **May 27:** Ray's Downtown presents: Camp Ray ! Jm & The Sweets, Tchaal, Joey George, Derek Mclean Trio, Blues Crusaders W. Rockin' Jake, JI Fulks

■ **May 31:** Sweet Sweet Songwriter Sessions Hosted By Ella Herrera

ONGOING

The Ann Norton Sculpture Gardens — 2051 S. Flagler Drive, West Palm Beach. Tickets: \$15 adults, \$10 seniors 65+, \$7 for students, free for members and younger than age 5. Info:

561-832-5328; www.ansg.org

■ **Celebrating Boaz Vaadia —** Through June 3

The American German Club of the Palm Beaches — 5111 Lantana Road, Lake Worth. 561-967-6464; www.americangermanclub.org

■ **Friday Night Dinner Dance in Honor of Memorial Day —** May 25. Doors open 5 p.m. Dinner 6-8 p.m. Entertainment by Matthias, playing traditional American and German favorites. Admission and dinner \$20, \$10 admission. Members: Dinner \$12.

■ **Fruehschoppen —** 10:30 a.m. - 2:30 p.m. May 27. Traditional foods and beer, wine, schnapps, mimosas and more.

APBC Art on Park Gallery — 800 Park Ave., Lake Park. Info: 561-345-2842; www.artistsofpalmbeachcounty.com.

■ **Class: Acrylic painting with Irma Friedman —** 10:30 a.m. to 1:30 p.m. Monday and Wednesday. Learn your own personal style. Reservations required. Fee. 561-632-6401.

■ **Classes from Marsha Bhagwansingh —** 9:30-11:30 a.m. Saturdays. Classes in drawing, painting and

CALENDAR

calligraphy. Reservations required. Fee. 561-507-4527.

■ **Call for Art:** Digital Imagery 2018 Exhibit. Deadline June 6. Exhibit is June 18-July 13. Work created using digital software, printed on any surface.

■ **The Armory Art Center** — 1700 Parker Ave., West Palm Beach. 561-832-1776; www.armoryart.org.

■ **FAU's MFA Candidates' Exhibition:** Through June 1, Montgomery Hall.

■ **The Audubon Society** — Bird walk info: asetripinfo@gmail.com; 508-296-0238. www.auduboneverglades.org.

■ **STA-1E** — 7 a.m. June 2. A driving tour. Advance registration required; see website calendar for details. Leader: Chuck Weber.

■ **Benzaiten Center for Creative Arts** — 1105 Second Ave. S., in a historic FEC train depot building, Lake Worth. 561-310-9371 or 561-508-7315. www.benzaitencenter.org.

■ **The Box Gallery** — 811 Belvedere Road, West Palm Beach. 786-521-1199; www.TheBoxGallery.Info.

■ **The IMPRESS Exhibition** — Through June 1. An exhibition of works by 8 contemporary artists whose work explores the varieties of techniques of the over 3000-year-old process of making impressions.

■ **CityPlace** — 700 S. Rosemary Ave., West Palm Beach. 561-366-1000; www.cityplace.com

■ **Live Music:** 7:30-10:30 p.m. Friday and Saturday on the Plaza.

■ **May 25:** Jam Band (Top 40's)

■ **May 26:** Clement Aubrey Band or Sweet Justice (Reggae Band)

■ **Wellness Wednesday: Fitness Hub** — 6:30-7:30 p.m. May 30. As part of the Wellness Wednesday series, Fitness Hub will offer a free Zumba or body combat class on the square the last Wednesday of the month through August. www.cityplace.com/events/wellnesswednesdayfitnesshub.

■ **The Cultural Council of Palm Beach County** — 601 Lake Ave., Lake Worth. Hours: 10 a.m.-5 p.m. Tuesday-Saturday. Info: 561-471-2901; www.palm-beachculture.com.

■ **"Debra Yates"** — Through May 26.

■ **"Places/Spaces: The Architectural Photography of Kim Sargent"** — Through July 28.

■ **"Educators and Artists"** — May 25-Aug. 18. Work in various mediums by 40 past and present faculty of the Dreyfoos School of the Arts in West Palm Beach.

■ **The Deja Vu Art Gallery** — 4078 PGA Blvd., Palm Beach Gardens. 561-225-1950.

■ **Downtown at the Gardens** — 11701 Lake Victoria Gardens Ave., Palm Beach Gardens. 561-340-1600; www.downtownatthegardens.com.

■ **Friday concerts:** 6-9 p.m. Free.

■ **May 25:** Casey Raines

■ **The Flagler Museum** — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tickets: free for members; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6 free. 561-655-2833; www.flaglermuseum.us.

■ **Founder's Day** — June 5. Free admission.

■ **Independence Day Celebration** — July 4

■ **Grandparents Day** — Sept. 9

■ **The Florida Trail Association Loxahatchee Chapter** — Leads nature walks. New adventurers are welcomed. Get info and register at www.loxfltrail.org.

■ **Hike In Apoxee** — 8 a.m. May 26, 3125 North Jog Road, West Palm Beach. Take a 9 mile hike in this urban wilderness. 561-859-1954.

■ **Jupiter Ridge Natural Area Hike** — 7:30 a.m. May 27, 1800 S. U.S. 1, Jupiter. Alan Collins leads the way to a small beach and will circle around on natural trails to the starting point, about four miles. 561-586-0486.

■ **GardensArt**, a city of Palm Beach Gardens Art in Public Places, various locations. 561-630-1100 or visit www.pbgreg.com/gardensart

■ **"Digesting My Memories"** — A solo exhibition by artist Henriett Anri Michel on display through May 30 at Sandhill Crane Golf Clubhouse, 11401 Northlake Blvd., Palm Beach Gardens.

■ **The Happiness Club of Palm Beach** — Meets at 5 p.m. the first Monday of every month at Bice Restaurant, 313 Peruvian Ave., Palm Beach. Donation: \$20 at the door or online at www.HappinessClubPalmBeach.com.

■ **The Historical Society of Palm Beach County and The Richard And Pat Johnson History Museum** — 300 N. Dixie Highway, West Palm Beach. 561-832-4164; www.hspbc.org

■ **Picturing Nam** — Through May 25

■ **Beaches, Creatures and Cowboys: Florida Movie Posters** — June 4-July 28

■ **The Lighthouse ArtCenter** — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is \$5 Monday-Friday, free the first Saturday of the month and for members and exhibiting artists. Info: 561-746-3101; www.LighthouseArts.org.

■ **Exhibition: The 48th annual Kindergarten - 12th Grade Show and Sale** — Through May 25. Student artists from public and private schools from ages 5-18.

■ **Loggerhead Marinelife Center** — 14200 U.S. 1, Juno Beach. 561-627-8280; www.marinelife.org.

■ **Manatee Lagoon** — 6000 N. Flagler Drive, West Palm Beach. The FPL Eco-Discovery Center. Info: 561-626-2833; www.visitmanateelagoon.com.

■ **The Mandel Public Library of West Palm Beach** — 411 Clematis St., West Palm Beach. Info: 561-868-7701; www.wpbccitylibrary.org.

■ **The Multilingual Language & Cultural Society** — 210 S. Olive Ave., West Palm Beach. Info: 561-228-1688 or www.multilingualsociety.org.

■ **DROP-in classes** — French, Italian, Spanish. Pay as you go, \$40 for a two-hour class. Reservations required.

■ **French Soirée Saturdays** — 6-9 p.m. Pizzeria That's Amore, 308 N. Federal Hwy, Boynton Beach. Live music by French performers Manon Robert on May 26, June 2 and 9, and Thierry Khalfa on June 16. Reservations at 561-536-4100.

■ **New session of French, Italian and Spanish group classes** — June 4-June 30. A four-week session

to brush up on your language skills, improve grammar and pronunciation or start learning a new language. Register by May 25 and save 10 percent.

■ **The Palm Beach Photographic Centre** — 415 Clematis St., West Palm Beach. Info: 561-253-2600; www.workshop.org.

■ **North Palm Beach Library** — 303 Anchorage Drive, North Palm Beach. 561-841-3383; www.village-npb.org.

■ **Ongoing:** Knit & Crochet at 1 p.m. Mondays; Quilters meet 10 a.m. Friday; Chess group meets at 9 a.m. the first and third Saturday.

■ **The Norton Museum of Art** — 1451 S. Olive Ave., West Palm Beach. Free admission. Info: 561-832-5196; www.norton.org.

■ **Unexpected Narratives: Videos by Chris Doyle and Muntean/Rosenblum** — Through July 15.

■ **William Henry Fox Talbot and the Birth of Photography** — Through July 15.

■ **The Palm Beach Gardens City Hall Lobby** — 10500 N. Military Trail. Exhibit hours: 8 a.m.-5 p.m. Monday-Friday. 561-630-1100; www.pbgreg.com/gardensart.

■ **The Palm Beach Zoo & Conservation Society** — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. every day. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 561-533-0887; www.palm-beachzoo.org.

■ **Snooza-pa-ZOO-za Family Overnight** — 7 a.m. May 25 through 8:30 a.m. May 26.

■ **Roar & Pour** — 4:30-9 p.m. May 26.

■ **The River Center** — 805 N. U.S. 1, Jupiter. Hours: 9 a.m.-4 p.m. Tuesday-Saturday. This teaching facility and recreation area offers programs to enrich the community and the river. Call 561-743-7123; www.loxahatcheeriver.org.

■ **The South Florida Fairgrounds**, 9067 Southern Blvd., West Palm Beach. 561-793-0333; www.southfloridafair.com

■ **Special events:**

■ **Florida Gun & Knife Shows** — May 26-27.

■ **The 15th annual Jerk Festival** — Noon to 10 p.m. May 28.

■ **West Palm Beach Antiques Festival** — June 1-3.

■ **Teach Palm Beach Teacher Job Fair** — June 7.

■ **Intergalactic Bead and Jewelry Show** — June 9-10.

■ **The 19th annual Philippine Summer Festival** — June 9.

■ **Ongoing:**

■ **Yesteryear Village, A Living History Park** — Learn what life was like in South Florida before 1940. "Town residents" will share their stories. Hours are 10 a.m. and 4 p.m. Thursday through Saturday. Tickets: \$10 adults, \$7 seniors age 60 and older, \$7 children age 5-11, and free for younger than age 5. Info: 561-795-3110 or 561-793-0333.

■ **City Kids on the Farm** — From 10 a.m.-4 p.m. every Thursday and Friday in July, kids will be immersed in agriculture. They will work in a "salsa" garden, learn about animal care and horse grooming, see vital vocations like candle-making and blacksmithing, and

play old fashioned games. Admission is \$10 for age 12 and older, \$7 for age 6-11, free for age 5 and younger, and \$7 seniors age 65 and older. School groups of 10 or more: \$5 per student, \$10 for accompanying adults. 561-795-3110; www.southfloridafair.com.

■ **The South Florida Science Center and Aquarium** — 4801 Dreher Park Road, West Palm Beach. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 561-832-1988; www.sfsciencecenter.org.

■ **Silver Science Days** — 2-5 p.m. the second Wednesday. Guests 60 and older can enjoy an afternoon of science designed just for them. \$10.

■ **GEMS Club** — 5-7 p.m. the last Tuesday of the month. For girls in grades 3-8. Math, science, engineering and technology including dinner and refreshments. \$7 registration fee. A special presentation from a female in the science industry and themed activities and crafts. Pre-registration required at www.sfsciencecenter.org/gems.

■ **Nights at the Museum** — 6-9 p.m. the last Friday of the month.

■ **The Taste History Culinary Tours of Historic Palm Beach County** — Cultural food tastings at family-owned eateries, juice bars, teahouses and pastry shops along with showcasing local art shops, historic buildings and emerging cultural districts. The tour is part bus riding and part walking. All tours start at 11 a.m. Fee: \$50-\$60. Free for children younger than age 14. Private and team building tours are also available. Reservations required. 561-638-8277; www.tastehistoryculinarytours.org.

AREA MARKETS

■ **Singer Island Green & Artisan Market** — 10 a.m. to 2 p.m. Friday, Singer Island's Ocean Walk, 2401 Ocean Ave. along scenic A1A. Pet and kid friendly. www.singerislandgreenmarket.com.

■ **Lake Worth High School Flea Market** — 5 a.m.-3 p.m. Saturdays and Sundays, year-round, under the Interstate 95 overpass on Lake Worth Road. Info: 561-439-1539.

■ **Palm Beach Gardens Summer GreenMarket** — Through Sept. 30, at its breezy, undercover summer location at STORE Self Storage and Wine Storage, 11010 N. Military Trail in Palm Beach Gardens. Hours: 9 a.m.-1 p.m. No pets. 561-630-1100; pbgreg.com/greenmarket.

■ **Jupiter Farmers Market at El Sol** — 9 a.m.-1 p.m. Sundays, year-round, 106 Military Trail, Jupiter. Info: 283-5856; www.Jupiterfarmersmarket.com.

■ **Waterfront Market at Harbourside Place** — 10 a.m.-3 p.m. Sundays along the waterfront. Fresh produce, specialty foods, flowers and plants and local art. Yoga class at 10 a.m. Live music at noon. Free parking during the market. Pet friendly. harboursideplace.com

■ **Tiki Market** — 4-7 p.m. Sunday at the Rivera Beach Marina, 190 E. 13th St., West Palm Beach. Food and Caribbean merchandise. Vendors wanted. Call 561-844-3408.

■ **Rust Market** — 9 a.m. to 1 p.m. the third Saturday of the month in the parking area at Kelsey Vintage, 748B Park Ave., Lake Park. Vendors of vintage and collectible items and decor, clothing, jewelry, artisan pieces, and more. Brunch, beer and mimosas available from Brick N' Barrel. Free parking. Next date: May19. www.kelseyvintage.com ■

LATEST FILMS

'Solo: A Star Wars Story'

danHUDAK
punchdrunkmovies.com



★ 1/2

Is it worth \$10? No

You know "Solo: A Star Wars Story" is off to a bad start when you have to read an essay before it begins. Not in the form of scrolling text, as is normal for an "Episode" film in the Star Wars franchise, but in staid blue text, appearing after we're reminded the story takes place "A long time ago in a galaxy far, far away." It's a set-up for what's to come, but none of it is relevant: Names of places, objects being smuggled, etc., are MacGuffins, and easily discerned from the opening moments without the aid of the literary information preceding it.

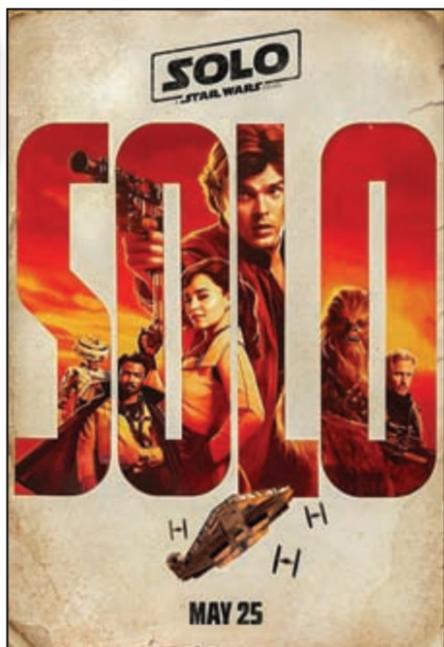
Spoon-feeding the audience isn't necessary, but this is what the "Star Wars" movies have come to: catering to "everyone" and taking few artistic risks along the way.

This movie is enormous, ugly and dull, an all-out disappointment that no one asked for in the first place.

It's also too long at 135 minutes, but straightforward: On his crime-ridden home planet, young Han Solo (Alden Ehrenreich) does what's necessary to survive. He's in love with Qi'ra (Emilia Clarke) but has to leave, vowing to return to rescue her. He joins up with smugglers Beckett (Woody Harrelson) and Val (Thandie Newton), believing a big score will let him return home. Along the way he meets Chewbacca (Joonas Suotamo) and Lando Calrissian (Donald Glover), among others — and yes, one of the few pleasures of "Solo" is seeing these relationships take shape.

If only it had more pleasures.

Director Ron Howard ("A Beautiful Mind") took over, and presumably brought on a more serious approach, after comedy directing tandem Christopher Miller and Phil Lord ("21 Jump Street") were fired while the film was in production a year ago. There's no denying Howard's ability or accomplishments, but the tone is notably dark here, with a color palette of muted browns that does little to liven things up. Add this to a script by father-son writing team Lawrence and Jonathan Kasdan that lacks any sense of fun and wonder,



and the whole thing equals a laborious drag.

What's more, Ehrenreich doesn't have the boyish charm of the original Solo, Harrison Ford, meaning his casting in the title role feels misplaced. Although he has adequate screen presence, Ehrenreich reminds one more of a young Jack Nicholson than he does a young Ford. Ansel Elgort ("Baby Driver") would have been the better choice as young Solo. There are loose connections to the "Star Wars" canon as well, including a surprise cameo late in the film that feels chronologically out of sync and cheap.

In a nutshell, "Solo: A Star Wars Story" encapsulates the issues hindering each new franchise film since Disney acquired "Star Wars" parent LucasFilm Ltd. in 2012: We have filmmakers trying so hard to jam-pack the movies with action, visual effects and connections to the first trilogy that they never tell a story well enough for it to stand on its own. Everything is catered to, and minimized for, the largest possible audience, and as a result, the movies lack conviction and integrity.

George Lucas' original and prequel trilogies certainly weren't flawless, but at least their flaws weren't as egregiously pandering as this. ■

in the know

>> "Star Wars: Episode IX," allegedly the last "Episode" film, is set for release Dec. 19, 2019.

FILM CAPSULES

Godard, Mon Amour ★★

(Louis Garrel, Stacy Martin, Berenice Bejo) The late '60s personal life of famed French director Jean-Luc Godard (Garrel), including his marriage to a young actress (Martin) and social activism, is chronicled in this nudity-filled drama. Director Michel Hazanavicius ("The Artist") has crafted the most unflattering homage to a great director that one could imagine, to the point that Godard is easily the least likeable character in the film. As a result, there's not much to enjoy. Rated R.

RBG ★★★

(Ruth Bader Ginsburg, Gloria Steinem, Bill Clinton) The life and career of Supreme Court Justice Ruth Bader Ginsburg takes center stage in this revealing tell-all documentary. We learn about RBG both personally and professionally, and by the end it's hard

to not have immense respect for her accomplishments. Rated PG.

Avengers: Infinity War ★★★★★

(Robert Downey Jr., Scarlett Johansson, Josh Brolin) The Avengers and the rest of the Marvel Cinematic Universe unite when villainous Thanos (Brolin) tries to take over the galaxy. Be prepared for anything, MCU fans — and rest assured the action, effects and humor are all top notch. Rated PG-13.

I Feel Pretty ★★1/2

(Amy Schumer, Michelle Williams, Tom Hopper) A woman with low self-esteem (Schumer) bangs her head and now views herself as beautiful even though she looks the same to the rest of the world. It's got a great message and will be perfect for a group of girl friends to enjoy together, but it's not consistently funny for the rest of us. Rated PG-13. ■

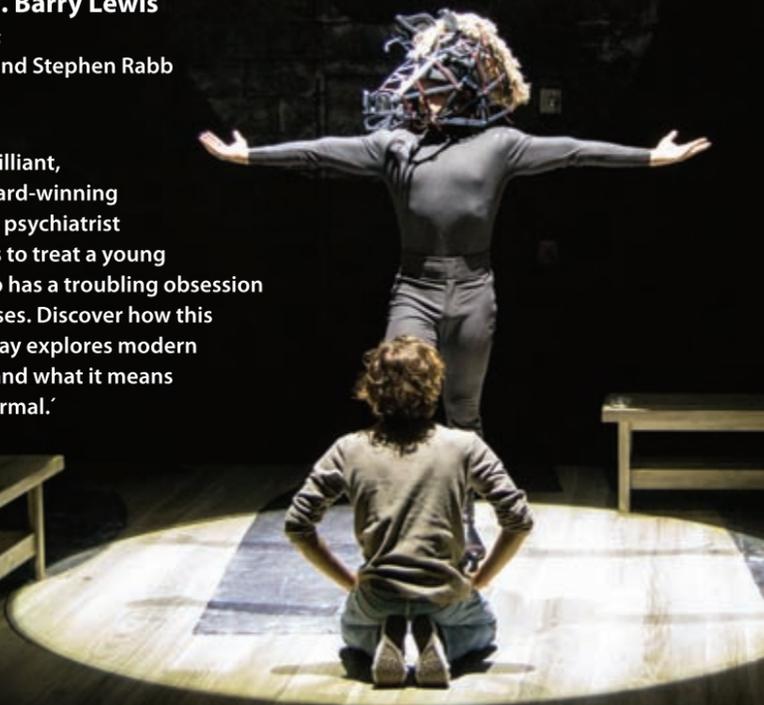
LIVE ON STAGE! MAY 18 - JUNE 3

EQUUS

by Peter Shaffer

Director **J. Barry Lewis**
Producers
Marsha and Stephen Rabb

In this brilliant, Tony Award-winning thriller, a psychiatrist attempts to treat a young man who has a troubling obsession with horses. Discover how this classic play explores modern themes and what it means to be 'normal.'



Theatre To Think About



561.514.4042

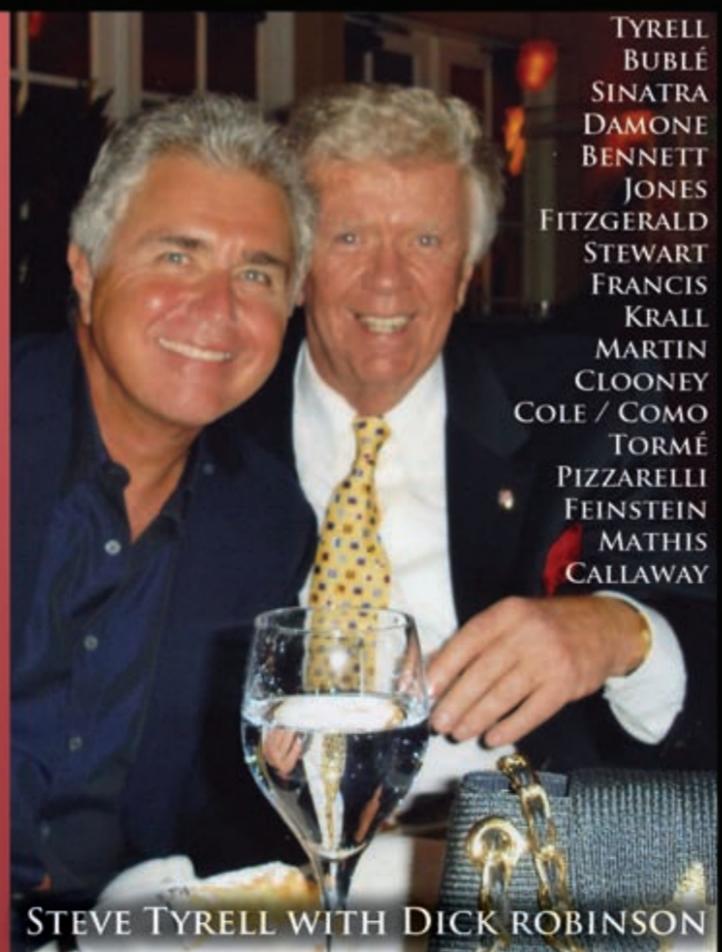
201 Clematis Street, West Palm Beach



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A Dick Robinson Entertainment Station

Life in Florida informs novelist's work

BY STEPHANIE MURPHY-LUPO

Florida Weekly Correspondent

Florida native and best-selling author Ted Bell described a little road trip the other day from his home in Greenwich, Conn., to the historic town of Sherman. His mission was to eyeball a litter of English Springer Spaniel puppies:

"I'm getting one in June, and naming him Captain," likely a nod to his late father, Theodore Augustus Bell Jr., a decorated captain in the U.S. Army Air Corps.

"I grew up with my dad ... my mom died when I was 6."

Mr. Bell was born in Tampa and lived there until the two moved to Coral Gables, where his father grew up:

"He loved planes. When he was just a kid, he got a job at the marine terminal on Dinner Key, where the old Pan Am Clippers were. He worked on planes in exchange for flying lessons and eventually he became a B-52 bomber pilot."

Rewind to the recent car ride: Mr. Bell's passenger was book narrator John Shea, whose voice enhances "Hawke," the first novel in the Alex Hawke series. In 2003, the hardcover was not yet rerecorded as an audio book:

"I wrote 'Hawke' but I never heard it before," Mr. Bell said. "I listened to the first chapter with tears in my eyes and thought, 'Man, it's pretty good!'"

"Overkill," 10th in the series, was published May 1, and publisher HarperCollins told Bell, "It's your best."

Rewind to another car ride decades ago, when Mr. Bell drove from Jacksonville to Tampa in his Triumph TR-3:

"When I got there, my grandfather said, 'Somebody's buying all the orange groves for miles, and I wanna know who.'" It was of course, Walt Disney, whose designs on Florida would alter its landscape forever.

Mr. Bell's maternal great-grandfather made his own mark in the state decades earlier. Alonzo Charles Clewis was a Tampa banker and the namesake for Clewiston. Born into a Georgia plantation family, he came to Tampa in the late 1880s to work for the Hillsboro Loan

and Abstract Co. He later launched the A.C. Clewis Fire Insurance Agency and bought other firms.

In 1914, Clewis set up the Tampa Building & Loan Association, which became the First Savings and Trust Co. He and Peter O. Knight Sr. started the Exchange National Bank and other banks on the west coast.

Clewis also bought large, soil-rich parcels around the south and west shores of Lake O, anticipating the potential for sugar cane. He and his partners, John Joseph O'Brien and his wife, Marian Horwitz O'Brien, formed Southern Sugar Corp., the forerunner to U.S. Sugar Corp.

When the Atlantic Coast Line Railroad extended its line through the area in the 1920s, Clewis and others helped finance the project.

Mr. Bell's grandmother was Clewis' daughter, Mary Trice, who met and married a lawyer from New York. They moved to Tampa when her husband, George Blaine Howell Sr., took a job running the trust department at Clewis' bank.

Their daughter, Mary Trice Clewis Howell, met Capt. Theodore A. Bell Jr. at a dance at MacDill Air Force Base, and they married in 1944. They had a son two years later, but divorced when Ted was young. His father remarried and moved the family to Coral Gables. Mary remarried, too, and moved to Puerto Rico, where she died.

Ted's stepmother had been Mary's best friend, so he was both devastated and conflicted — bookends for a loss that underpins a pivotal story line in his novels.

The Bells later lived in Fort Lauderdale, Jacksonville and New Orleans, and the author recalls that the specter of his most famous character began tickling his brain when he was 12. Living in a



COURTESY PHOTO

Author Ted Bell's family includes members of the family for whom Clewiston is named.

pretty, still-sleepy Florida town, he read all of Ian Fleming's books back to back.

"Reading was my whole life," and the notion of Alex Hawke gelled that summer, he said. Five years ago, Mr. Bell spoke about Cold War spy-craft at the Ronald Reagan Presidential Library and Museum:

"I gave a speech called 'How James Bond Saved My Life.' I just had to see into his world of fast cars, boats and planes."

Having grown up around a pioneering family of means — "the grand lifestyle of hot-and-cold-running servants," he enrolled at Randolph-Macon College in Virginia "because I couldn't get into Princeton ... I wasn't such a great student."

He graduated with a bachelor's degree in fine arts and has an honorary doctorate of fine arts from Kendall College in Michigan. He's also an adjunct

professor of English literature at Florida Southern College in Lakeland.

Mr. Bell is a member of the Defense Orientation Conference Association, a Department of Defense program which supports the U.S. military. He was a director of George Washington's home at Mount Vernon, and was an adviser to the undersecretary for Domestic Relations at the U.S. State Department.

His books are sprinkled with some real-life names well-known in Palm Beach circles: Dr. Kenneth Beer, Anson Beard, David Rosow, Jack McAtee and Betsey Hall.

But perhaps the dearest to Mr. Bell is his father, to whom he dedicated "Assassin" in 2004. The pilot received the Distinguished Flying Cross after three combat missions with the 77th Bomber Squadron, 11th Air Force, during World War II. Bell's salute:

"He was my first hero."

Success and accolades are one thing, but they don't compare to Mr. Bell's pride and joy, his daughter: Evelyn Byrd

Bell, an actress and model known as Byrdie Bell (he muses that perhaps she one day will pen something akin to what her father wrote about his father).

Byrdie's grandmother was Evelyn Byrd LaPrade, who married Oivind Lorentzen, a Norwegian industrialist. She also was a model whose maternal ancestor was William Byrd II, founder of Richmond, Va. (an oil painting of her hangs in the Colonial-era Governors Palace in Williamsburg).

Ted Bell's first wife was their daughter, Evelyn Byrd Lorentzen. She also lives in Greenwich, which makes it convenient when Byrdie is in town, Mr. Bell said:

"We're really close friends now, which is great for my daughter. And for the first time in my life, I'm living without any drama." ■

HOMETOWN

From page 1

of them into a literary gyre still spinning like a top on The New York Times Best Seller list:

"My best friends are in Palm Beach, and I loved living here ... a boat out my back door for trips to the Keys ... playing golf three days a week at the Everglades Club."

"Hawke" (2003) was the first novel in which Mr. Bell introduced the character of the British MI6 agent. "Overkill," 10th in the series, published May 1, and "mayday" is no casual reference. Readers will find Vladimir Putin on the run from oligarchs, parachuting into France on the way to plunder the world's gold in Switzerland; and Alexei Hawke, the agent's young son, kidnapped in the Alps.

While Mr. Bell relaxed at the Jupiter Island Club, he savored the specter of his work attaining yet another level. Paramount Pictures has bought the rights to all of his novels, and the studio has a movie in production planned for release next year (Warner Brothers already bought the rights to Mr. Bell's young-adult book, "Nick of Time," so Hollywood siblings may spar over our hometown boy).

"Hawke" the movie is loosely based on the ninth book in the series, "Phantom," in which Lord Hawke and his peren-

nial sidekick, former Navy SEAL Stokely Jones, land in a sticky wicket during a secret mission in Cuba.

Actor Tom Hardy is the name most bandied about to play the title role, and that would suit Mr. Bell just fine. He also would like to see Dwayne "The Rock" Johnson as Jones.

The executive producer of "Hawke" the movie is Lorenzo di Bonaventura, former president for worldwide production at Warner Brothers Pictures. He is best-known for the "Transformer" franchise, as well as for bringing "Harry Potter" and "The Matrix" to film. After a friend told him about Mr. Bell's work, the producer flew up to San Francisco:

"Lorenzo came to meet me and said 'Alex Hawke is my James Bond.'"

From the producer's lips "to God's ears" reflects Mr. Bell's anticipation about achieving an unattained goal: "Sitting in a dark theater watching a movie about one of my books. And we are sooooo close. ... But predicting movie deals is tougher than figuring out what will happen with Putin."

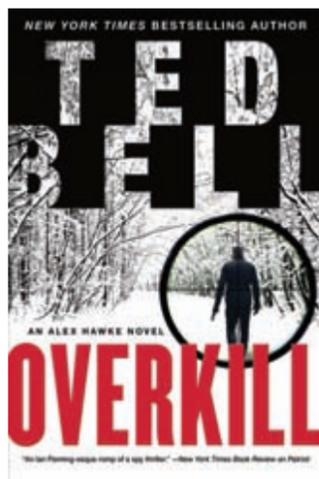
"Phantom" was definitely the hardest to research and write, "because science

was never my strong suit, and (delving into) artificial intelligence is not just some novelist on a lark."

"Tsar" was the second hardest (as it traces the rise of a "New Russia" and a modern KGB); causing Mr. Bell to master the chilling implications of a "new evil empire" in which the Russians manipulate Europe's economy and threaten America if it interferes with actions to reclaim her rogue states.

After channeling his fictional Brit for years, Mr. Bell began what he called an exciting new phase of reality in 2011. Sir Richard Dearlove, former chief of MI6, British Intelligence, sponsored Mr. Bell to be a Visiting Scholar at Cambridge University in the United Kingdom. Mr. Bell also was named Writer-in-Residence at Sydney-Sussex College, and studied at the Department of Political Science and International Studies at Cambridge.

Circle back to real-life references: In "Crash Dive" (2014), Mr. Bell's first eBook short-story, he masks the aforementioned as Sir David Trulove during a lunch at Boodle's. While his host sips gin and bitters at "one of the poshest man-caves in London" and Lord Hawke reads in the merits of a



Gosling, Black Seal, neat, they discuss what to do about a "boiling over" crisis which mirrors current geopolitical events: China's aggressive stance in the South China Sea, where it has built airstrips, garrisons and port facilities in the Paracel and Spratly island chains; and created artificial islands to hijack one of the world's busiest trade routes.

In "Crash Dive," Hawke flies an unmarked American F-16 Viper into hostile airspace, within sneezing distance of China, hoping to gain vital intel, turn on a dime, and avert global war.

Global is a good fit for Mr. Bell, as his first career was in advertising. When he retired in 2001 to write full time, he was vice chairman and worldwide creative director of Young & Rubicam. His industry awards include numerous Clios, Cannes Gold Lions and the prestigious Grand Prix.

Mr. Bell also has lived in Italy, France, New York, Chicago and Maine. Now, home is a 19th-century farmhouse in Greenwich, Conn. London remains his favorite city, and Bermuda is a convenient hop.

He is keeping his next title a secret, but we know he has proven that "one loaded word" is a solid hook. Mr. Bell recalls being at a Hollywood party one year, where public relations executive Peggy Siegel introduced him to Harvey Weinstein:

"(Harvey) said, 'yeah, I know Ted ... he's the one-word-title guy.'" ■

SOCIETY

Habitat for Humanity Women Build Fashion Show, The Gardens Mall



1. Nadine Dennis, Tara Okler, Bernie Godek and Janet Rodriguez
2. Brittany Coleman, Christe Carter, Diane Bartels, Ashley Carter, Bette Halloran, Chelsea Gruber and Brenda Gruber
3. Ada Gosier, Charlene Jordan, Destiny Jordan and Brandy Jordan
4. Brian Buckman and Angela Buckman
5. Cartiana Auguste and Kerry Colvett
6. Donna Goldfarb and Bob Goldfarb
7. Julia Murphy and Katherine Murphy
8. Malka Jacobson and Cathy Helowitz
9. Leticia Oriach, Sandal Sameer, Coleen Renz and Caila Buonadonna
10. Susan Kaplan and Jay Zeager
11. Becky Smith, Martha Russell and Carleen Newman
12. Jennifer Clarke, Shristina Sugrue and Joshua Daniel

**Bri Creswell,
Jeb Harrison
and Gabby
Creswell**

GAIL V. HAINES / FLORIDA WEEKLY

SOCIETY

Healthy Mothers, Healthy Babies' 'Moments' Luncheon, Mirasol



1. Elizabeth McDonough, Jane Wilson and Savita Kumer
2. Kristen Baxter, Alex Price, Kim Gregorio and Rebecca Rakitin
3. Amy Crease, Danielle Oldham and Nichole Vaughan
4. Brittany Wilson and Gabrielle Finley-Hazle
5. Kerry Diaz and Kris Shaak
6. Lillian Lesser and Gary Lesser
7. Meg Fielder and Terri Whilte
8. Kianta Prince-Bryant and Michael Coker
9. Ginny Prystawski, Regine DeBose and Lisa Park
10. Heather Gesin, Angela Claud, Readi Rodgers and Jennifer Michalczak
11. Marion Brito, Michelle Gonzalez and Anitra Moss
12. Lisa Slattery, Rob Settle and Angelica Valdez
13. Cara Hansen, Mary Raich and Anita Scarola
14. Shcad Hastings and Greg Bisignano
15. Desha Perez and Nancy Dipierro
16. Karen Seta and Shenee Romano



GAIL V. HAINES / FLORIDA WEEKLY

THEATER REVIEW

Beautiful production of 'Equus' gallops onto Dramaworks stage

BY BILL HIRSCHMAN
Florida Theater On Stage

Mere hours before the opening night of "Equus" at Palm Beach Dramaworks — a drama prompted by the true story of a troubled teen who blinded six horses — another troubled teen murdered 10 people and wounded 10 others in a nightmarish school shooting in Texas.

The resonances of this 45-year-old shattering drama already had been apparent to a cast rehearsing a half-hour's drive from Parkland. But they were inescapable to an audience hearing the echoes as the play did not so much justify but try to explain how a young person could wreak such horror.

Even more disturbing is how Peter Shaffer's brilliant script delves into an infinitely deeper philosophical level, asking in some unique cases (not school shootings!) whether a seemingly insane young person might not actually be living a more full and fulfilling life than "normal" conventional drudges like us.

It's not an easy work to produce. But this is Palm Beach Dramaworks, and its "Equus" stands among the most effective, perfectly executed productions that this company has wrought in its mission to deliver "theater to think about."

Director J. Barry Lewis creates a steadily rising flood of emotions in the circling interactions of Peter Simon Hilton as a psychiatrist trying to uncover the boy's secrets in order to heal him and Steven Maier as the teenager whose mercurial interior tempest engulfs them both as the doctor persuades the boy to reenact his life in flashback.

A warning: There is no gore, but the play's thematic melding of sex, religion and violence in two unnerving scenes; foul language; justifiable nudity, and Mr. Shaffer's refusal to end with easy answers intentionally push this work

way out of some people's comfort zones. The script is a masterpiece and this production does it full justice. It's decidedly not to everyone's taste; yet everyone should be exposed to its wake-up call that nothing is as simple as it seems.

The play opens in provincial England in 1973 with the distressed musings of child psychiatrist Martin Dysart who reluctantly agreed to treat Alan Strang.

Dysart relates the episode by episode psychological detective story as he interviews Alan, his parents and others, to uncover the source of the boy's dysfunction. Their accounts are acted out in flashbacks, during which secrets and conflicts are revealed, such as the mother's smothering religious fervor and his father's stolid pragmatic atheism.

From the moment of their first session, Alan's gangly body and laser intense blue eyes mark him as a being from another dimension. His emotions careen from anger to fear, resentment to need, combativeness to vulnerability — all of them vibrant unalloyed passions.

Dysart, on the other hand, is one of those highly intelligent and educated English middle-class professionals. He has empathy for his troubled patients but his self-effacing wit conceals an ever-deepening discontent and discomfort at the deadness of his life. All that fires his banked passion is a fascination with classical Greek culture and mythology that invades even his dreams.

As Dysart slowly gains Alan's trust and plays on the boy's need to expiate, he discovers that Alan literally worships horses with an adoration whose expression on monthly midnight rides melds sacred abandon and unacknowledged sexual urges. The warring parts result in a tragic collision.

Yet as Dysart closes in on the potential to "cure" the boy, he realizes that robbing Alan of his zeal "to make him

normal" may be a kind of sin when the boy's passion and life force incalculably outstrip anything Dysart has ever felt.

As Alan comes closer to recreating the eventual eruption under Dysart's seduction, the psychiatrist's doubt of the rightness of his course crests as the unanswerable dilemma comes to overwhelming commandeer him as totally as Alan's obeisance owned him.

The script is colloquial and elemental in its language for Alan, and gloriously lyrical for Dysart as he agonizes over the growing anxiety over the abyssal difference between the flatness of his life and the luminous substance of Alan's.

Mr. Lewis, once again, is a master at analyzing and evoking the playwright's intent beat by beat. His staging is fluid, especially charging from flashbacks of the treatment sessions into Dysart's venting to his confidant Hesther. But he is also undeniably responsible for a portion of the stunning performances.

The handsome smooth-speaking Mr. Hilton has visited before in Dramaworks' "Arcadia" and the Maltz Jupiter Theatre's "The Audience" and "Frost/Nixon." But the roles did not give him the well-deserved opportunity to dig so deeply into a character. Employing considerable Shakespearean credits, he masterfully embraces Mr. Shaffer's language in the emotionally intensifying soliloquy confessions to the audience. His voice bristles with a facile brittle wit that Mr. Hilton makes clear is an ineffective bulwark against the demons growing inside him.

But the discovery is Mr. Maier, who has had some experience, but — almost impossible to believe — is making his first professional stage performance.

Interviewed weeks ago, Mr. Maier came across as a likable, well-balanced, normal, trained young actor eager to embrace his first big break. His absolute

inhabitation of this troubled tortured soul was so complete that he was nearly unrecognizable. Every one of Alan's steadily changing intense emotions played across his mobile face as clearly as if projected on an IMAX screen. His painfully slender body is equally an instrument of angular limbs twisted every which way to express the pungent chaos inside, whether embracing the flanks of a horse or draped over a bench.

The supporting cast is unassailable. Anne-Marie Cusson, who gave one of last season's finest performances in "Collected Stories," is Hesther. Carbonell winner Mallory Newbrough is Jill, the girl who befriends Alan at the stables they work at and entices him into the inciting encounter. John Leonard Thompson is the father, and Julie Rowe is the mother, who insist that the parents are not the culprits. Steve Carroll is the horses' owner. Meredith Bartmon is a nurse and Domenic Servidio is the lead beloved horse Nugget, joined by fellow equuses Austin Carroll, Nicholas Lovalvo, Robert Richards Jr. and Frank Vomero,

Anne Mundell's minimalist set is backed by a charcoal wall with the word "Equus" dominating the stage. Kirk Bookman's evocative lighting bathes the set in a warm glow, except in flashback and surreal scenes flooded with a bright truth-telling white light. The characters were exposed by Franee Lee's costumes. Steve Shapiro unsettled the audience with an unearthly sound of moans that could be a demonic choir in hell.

Together, the crescendo of script, performance, visuals and Mr. Lewis' direction, "Equus" is one of the highlights of this or many other seasons. ■

— "Equus" plays through June 3 at Palm Beach Dramaworks, 201 Clematis St., West Palm Beach. Call 561-514-4042 or visit palmbeachdramaworks.org.

FLORIDA WRITERS

Almost down for count, Kirk McGarvey rebounds to outdo bad guys



philJASON

philjreviews@gmail.com

■ **Flash Points, by David Hagberg. Forge, 320 pages. Hardcover, \$25.99.**

This electrifying thriller continues the battle between David Hagberg's continuing hero, Kirk McGarvey, and the shrewd, highly skilled freelance assassin introduced in "Tower Down" (reviewed in these pages). Let's call that man, who has several identities, Kamal. He has roots in Saudi Arabia, but easily blends into Western environments. For sale to the highest bidder, he has his own agenda.

At the top of Kamal's list is the murder of Mac, his nemesis. Not only must he cleanse the world of this CIA operative and former director, Kamal needs to see Mac suffer, and maybe Mac's girlfriend as well. Mac had foiled Kamal's plan to bring down a second Manhattan skyscraper in "Tower Down."

However, what's making Kamal a very wealthy man is his agreement to put Mac out of the way for other reasons. Groups with opposing attitudes toward the new U.S. president want Mac out of the way because he is the person most likely to detect and foil their plans.

The group wishing to discredit the commander in chief is bankrolling a series of terrorist catastrophes meant to undermine the stature of the inexperienced, ill-equipped president. He will, so goes the scheme, inevitably blunder in ways that will make his replacement inevitable. This group's leaders have put Kamal on their payroll.

The cadre that supports the president wishes to use similar schemes to opposite ends. They will be manipulating events to make him look good; not only will the outcome assure solidifying his base, but also expanding it.

"Flash Points" opens with an explosion meant to destroy Mac's car and him with it. Although it was planned by Kamal, a hireling's misplacement of the explosive material lessens the impact. Nonetheless, Mac loses a leg. The CIA leadership thinks it best for him to recuperate in secret and for the word to get out that he has been killed.

While Mac gets used to his peg leg

and recovers from other wounds, he participates in the planning that will draw out the crafty Kamal.

The author alternates the center of consciousness so that readers switch back and forth between following Kamal's thoughts, emotions and actions and following Mac's. The tradecraft and courage of each is well displayed, as is their sharp contrast in values. Suspense builds higher and higher as the inevitable confrontation draws closer and closer.

One major difference between these sections is that, since Kamal is a lone wolf with no meaningful attachments, his character is isolated from normal human relationships. The sections that follow Mac are alive with his memories of his late wife and daughter, his love for girlfriend and co-worker, Pete, and his care for and camaraderie with several friends who are, in most cases, partners in the business of defending their nation.

Many of his fans have noted that Mr. Hagberg's novels are fresher than yesterday's news. He seems to anticipate near-future events and build premises on suppositions that come true before his books hit the marketplace. Of course, the president characterized in "Flash Points" is a stand-in for our current president — and he's a fine imitation.

Mr. Hagberg's descriptions of how the CIA works, how missions are designed and carried out, and the physical dimensions of his vivid characterizations contribute greatly to reader appeal. While it might seem superfluous for the author to inventory Kamal's wardrobe so many times, it becomes clear that this vain killer's concern for his appearance is connected to his disguise of normality, his need to fit in. He is always playing a part. Choosing the outfit is part of the tradecraft; but beyond this, Kamal enjoys looking good and spending his money with taste.

To put it more plainly: David Hagberg is a man of many words, but he does not waste them.

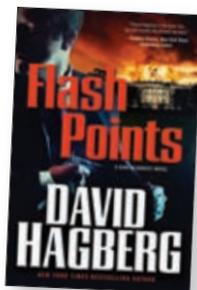
This is another fine political thriller from an acknowledged master.

About the author

David Hagberg is a former U.S. Air Force cryptographer who has traveled extensively in Europe, the Arctic and the Caribbean. He speaks frequently at CIA functions. Mr. Hagberg has published more than 70 novels of suspense, many of them bestsellers. These include "Allah's Scorpion," "Dance with the Dragon" and "The Expediter." He makes his home in Sarasota and, with his wife, enjoys sailing the west coast of the state and the Florida Keys. ■



HAGBERG



FLORIDA WEEKLY CUISINE

Downtown West Palm Beach set for Pairings event



Stroll around downtown West Palm Beach on May 31, and take in the **7th Annual Pairings Food and Wine Event**. It's food samples and wines from the downtown restaurants, spread out for blocks.

This year, newcomers such as the **West Palm Beach Brewery**, **MidiCi Pizza** and **Pipeline Poke Company** will be participating.

They'll join participating restaurants such as **Duffy's**, **Pizza Girls**, **Hookah Inn**, **Leila**, **Field of Greens**, **ER Bradley's**, **123 Datura**, **Bistro Ten Zero One** from the **Marriott** and more.

How it works: Participants sign up (tickets are \$25), and go to the check-in booth at Clematis and Dixie. There, you get a guide and a badge. Then at your leisure, stroll the downtown area to visit the businesses and restaurants offering the specials.

The event is 5:30-9 p.m., so you have a few hours to make the rounds. You can hop on the free trolley to go between spots. Wines and liquors will be offered as well to those over 18. Good idea to take a rideshare down if you plan to hit them all.

It's sponsored by the **Downtown**

Development Authority, **SunFest** and **LocalDines.com**, and is intended to introduce the variety of eats and drinks downtown to the locals.

For tickets and info, go to www.downtownwpb.com/events/pairings-2018/.

New name, locale for Chickpea

The Chickpea, a popular downtown West Palm Beach Mediterranean counter-serve, has changed its name and expanded into a new space.

Now at 330 Clematis St., the former **Jardin** space, it's under the new name **Anzo**. An open clean space accommodates diners who order at the counter and take their meal to a counter or table to dine.

The global cuisines at the café expanded as well, with bowls, wraps, and salads made to order from a wide selection.

Signature dishes lean to the Mediterranean roots but are "elevated with a global palate."

The Pink Tamarind is an example — it's a bowl with a coconut basmati rice base, topped with roasted miso salmon, green bean amandine, a peanut tamarind "gravy," chipotle lime edamame, crisp onions and slices of gala apples — all for \$11.45. Value is one of the big draws here.

While it's not a meatless cafe, meatballs are made from turkey, as on the Rice and Curry dish featuring basmati rice, the meatballs, purple cabbage slaw and crispy onions.

Chicken and salmon are the other animal protein choices. Vegetarians and vegans are easily accommodated with much of the menu plant-based and organic.

The restaurant mini-chain will be



LIBBYVISION

Prosecco Café in Palm Beach Gardens will offer a Monday night burger special.

expanding, according to its website, which promises Anzo is coming soon to **Midtown** in Palm Beach Gardens and **Shadowood** in Boca Raton. The Chickpea at Boynton's **Town Center** will convert soon to the new name and menu. Hours for all those include lunch and dinner; the downtown Anzo is open breakfast and lunch, 7:30 a.m. to 3 p.m., for now.

Anzo, 300 Clematis St., West Palm Beach. Phone 561-855-7028; www.anzo.com.

Summer specials

Summer specials and events are beginning to take off in our restaurants — now it's the locals' turn to be rewarded for their patience.

Sant Ambroeus in Palm Beach offers a new prix fixe menu for lunch and dinner, starting June 1. A new cocktail menu debuts with aperifs, too.

Chez l'Epicier brings back the all-you-can-eat mussels and fries on

Thursdays. The Palm Beach restaurant charges \$25 per person. They also offer a \$36 prix fixe three-course meal from a select menu, and a half-price main course deal from 5-6 p.m. daily for the early birders.

There's a \$6 Burger Night returning on May 28 to **Prosecco Café in PGA Commons**. Every Monday, create your own burger from their premium beef, then add toppings from a long list.

The **Avocado Grill** will be shucking half-price oysters on Mondays. Tuesdays, it's half-price wines all day at the bar and restaurant. A Light Bites menu of \$5 items is served at the bar only during dinner hours, Monday to Thursday. Hand-friendlies like a craft taco, lamb slider, empanada along with a scaled down kale and quinoa salad are examples from it.

Summer wine tastings are happening at **III Forks Steakhouse** on the first Wednesdays of the months through September (skipping 4th of July). They're \$25 a person, and it's a good idea to sign up for them.

In brief

It's end of season for **La Sirena**, where owners **Marcello** and **Diane Fiorentino** take the summer off, usually traveling to Italy or elsewhere with their kids. Last night for dining at the West Palm Italian icon is May 26 — reservations strongly suggested. ... Congrats to **Daniel Johnnes**, wine director for **Daniel Boulud's** restaurants. He was awarded this year's **James Beard Foundation** award for "Who's Who in Food & Beverage." ... **Hiroki Japanese Restaurant** in Palm Beach Gardens has closed permanently; no further word on it. ■

VINO

Blind tasting and the sommelier showdown



One of the most difficult and humbling events in the wine world is called a blind tasting. This is where someone puts a glass — or two or six — of wine in front of you and says, "OK what is it?" You're supposed to tell, just by seeing, sniffing and sipping, the grape varietal, what country and region it's from, and whether it's an older or more recent vintage. It isn't easy, and even the most experienced tasters sometimes get it wrong. I happen to be terrible at it.

If you decide you want to be a sommelier and you pursue an official certification in the field, the ability to taste blind — and nail the answers — is a major part of the final exam. So, I was pleased to be invited to a new event staged by the Naples Wine Collection.

They're calling it the Sommelier Showdown. The idea is that every Tuesday afternoon through May and June, two wine directors from clubs and restaurants in the area go head-to-head and blind taste four wines, attempting to identify them. Paying guests taste along and test their own skills against the pros.

The first showdown was held on May 1, pitting Eric Blais, wine director at the USS Nemo restaurant, against Scott Manard,



COURTESY PHOTO

Scott Manard, left, and Eric Blais competed in the weekly Sommelier Showdown, staged by the Naples Wine Collection.

food and beverage manager at the Bonita Bay Club. Along with those two experts, there were about 20 of us trying our luck at the two whites and two reds that were set before us.

There's a method to this. First, a professional certifying organization like the Court of Master Sommeliers gives you a document specifying the probable wine varietals and regions that are fair game for the test. For example, if they give you a Sauvignon Blanc, it will be either from the Loire Valley in France, or from New Zealand. They're not trying to fool you with some almost-extinct varietal from an obscure region in the foothills of the Pyrenees.

Second, there's an evaluation sheet (they call it a tasting grid) you fill out that classifies all the qualities of the wine

you're guessing at: color, fruit and non-fruit flavors; structure, like acidity and alcohol levels; and finally, your determination of the primary grape, including where it comes from and the type of climate. As if.

Well, as it turns out, Eric and Scott, while they didn't get every single one right, did better than the rest of us. I did the worst, but that doesn't stop me from listing some of my latest favorites, which I did not taste blind.

Charles Krug Sauvignon Blanc St. Helena 2016 (\$14) — Fermented completely in stainless steel, the wine preserves the varietal's characteristic and bold grapefruit and pineapple aromas and flavors. However, it's very round on the palate and not at all acidic. Very true to type. Watch for those lime and passionfruit flavors to kick in on the finish. WW 89.

Grgich Hills Estate Zinfandel Napa Valley 2013 (\$36) — This Zinfandel departs from the traditional flavor profile in a delightful way. Not a typical fruit bomb, there are notes of white pepper, spice, leather, blackberry and about 3 percent Petite Sirah thrown in for complexity and structure. More complex than many Zins and a refreshing newer style. WW 89-90.

Olema Cabernet Sauvignon Sonoma 2014 (\$23) — Another favorite of ours, this wine has 3 percent Petite Sirah blended in for structure. Complex notes of black cherry, smoke, vanilla and

tobacco — the layers of flavor just go on and on. WW 92.

Scala Dei Garnatxa 2016 (\$20) — A fresh aroma of ripe red berries with underlying mineral hints. Red berries on the finish and pleasant, well-balanced mouthfeel. WW 91.

Nipozzano Riserva Chianti Rufina 2013 (\$24) — A brilliant, clear scarlet red in the glass, with a complex nose of flowers, blackberry and blueberry. Some nutmeg and coffee in there as well. The tannins are fine grained, and there's a nice long finish. WW 90-91.

Ask the Wine Whisperer

Q. I've just become aware of a region in New Zealand called Central Otago. I know that New Zealand produces killer Sauvignon Blanc, but what is Central Otago known for?

— *Nathan S., West Palm Beach*

A. Central Otago, at the south end of the South Island, has become justifiably well known for the quality of its Pinot Noir. In fact, many Sauvignon Blanc producers from Marlborough and the North Island are now trying their hand at this difficult varietal in the region. ■

— *Jerry Greenfield is The Wine Whisperer. He wine director of the international Direct Cellars wine club. His book, "Secrets of the Wine Whisperer," is available through his website. Read his other writings at www.wine-whisperer.com.*

FLORIDA WEEKLY CUISINE

In the kitchen with... **ERIC BAKER,** Mazie's, West Palm Beach

BY MARY THURWACHTER
mthurwachter@floridaweekly.com

Opening a new restaurant takes on a whole new level of angst when you're the owner. Just ask Executive Chef Eric Baker, who recently opened Mazie's on South Dixie Highway along with general manager Jason Lakow and sommelier Sandra Lakow.

Chef Baker, who was executive chef at Max's Harvest in Delray Beach from 2014 until earlier this year, said he has opened new restaurants before as a chef, but launching this 2,600-square-foot eatery, decorated with old family portraits, was more challenging — and more gratifying. "It's like having a new child," said Chef Baker, a Boca Raton father of four. "It took about nine months to knock the building down and watch it come to life, all the details coming together. It's a different sense of responsibility. You have an entire team to consider, their livelihoods. It's a higher level of responsibility and a higher level of satisfaction."

Like having a baby, he said, "you have to be there to care for it, you just have to do it. At some point you reach a level of normalcy and take a moment to breathe and have a sigh of relief — but just a moment, then it's right back at it."

Mazie's, named after Chef Baker's paternal grandmother, pays homage to Old World flavors brought to the New World. "Mazie's ultimately embodies what I am, what I grew up eating. My grandmother was a wonderful inspiration for who I became. I spent time in the kitchen with her when we would get ready for holiday dinners."

Mazie has died, but her grandson says she would like what he has created.

"I think she'd be very proud of me," he said. He hopes Mazie's, which opened for brunch, too, will become an all-day gathering place.

The menu includes comfort dishes like chicken soup with brisket kreplach (the chef's favorite dish), sweet and sour brisket with broccoli egg foo young, smoked fish with mini bagels, roast chicken, steak with bacon-studded, crispy baked potato and Moroccan lamb knish.

On Sundays, Chinese takeout is the featured special. "That's something I grew up eating on Sunday nights," Chef Baker said. "It's been hugely popular."

Drawn to cooking from a young age, Chef Baker studied English literature and philosophy at Indiana University (at his parents' request), then traveled through Spain and China. He returned to the U.S. and began working in a restaurant on Long Island. While in New York, he took French language classes and



COURTESY PHOTO

Mazie's is named in honor of Executive Chef Eric Baker's grandmother.

then headed to culinary school in Paris.

He worked for Jean-Georges at Paris' Market before joining the team at Cafe Boulud, Palm Beach. Chef Baker and Mr. Lakow both worked at Cafe Boulud, but not at the same time. A mutual friend introduced them and they clicked. Sandra Lakow is Jason Lakow's wife.

Eric Baker

Age: 37

Original hometown: Syosset, N.Y.

Restaurant: Mazie's, 3815 S. Dixie Highway, West Palm Beach, 561-323-2573, www.mazieswpb.com. Open for brunch and dinner seven days a week.

Mission: Our mission is to provide a third place for everyone. Your first place is your home, the second is work, and we want Mazie's to be everyone's third place, where they can be social and it feels like home.

Cuisine: New World comfort food.

Training: He graduated from Indiana University and attended culinary school at L'Ecole Escoffier in Paris and was opening executive chef at the Buckhead Restaurant Group's Lobster Bar Sea Grille in Fort Lauderdale. Before that, he was executive sous chef at the W Hotel in Fort Lauderdale and the hotel's Steak 954, both Starr Restaurant Group establishments. Also held a sous chef position at Chops Lobster Bar in Boca Raton and a position at Café Boulud at the Brazilian Court in Palm Beach for four years under his mentor, Executive Chef Zach Bell. Also served as Chef de Partie at Restaurant Market in Paris, a restaurant of Jean-Georges Vongerichten, and worked in the kitchen at the two Michelin star L'Espadon, Ritz Hotel Paris and Louis XVI in Patchogue, New York.

What's your footwear of choice in the kitchen? Lanona Shoe Co. shoes

What advice would you give someone who wants to be a restaurateur: Work in the industry for a decade before you open a restaurant. You have to be a trusting person. You're only as good as the staff around you. You have to trust they're going to be able to accomplish what you've asked them to do. You can't do everything yourself. ■



LIBBYVISION

Chez L'Epicier in Palm Beach serves all-you-can-eat mussels on Monday nights.

JAN'S THREE FOR **3** Places for mussels A trio worth noting

1 CHEZ L'EPICIER

288 S. County Road, Palm Beach. 561-508-7030; www.chezlepicier.com

The classic *Moules et frites*, actually a Belgian favorite, shows up most often on French menus around town. The French-Canadian spot known for them in Palm Beach, where on Mondays they serve them up in summer as an all-you-can-eat affair, offers bowls of the flamingo pink and orange shellfish in a white wine broth. Bonus: some of the best fries in the entire county.

2 PISTACHE FRENCH BISTRO

101 N. Clematis St., West Palm Beach. 561-833-5090; www.pistachewpb.com

We like coming to this downtown charmer anytime, but in summer you get to see the kids splashing in the fountain in the park across the street, and it just makes things right. So traditional, the mussels are served "mariniere" — with a white wine, garlic and shallot broth and their also traditional crispy little fries, *pommes frites*.

3 THE PARISIAN RESTAURANT AND WINE BAR

201 N. U.S. Highway 1, Jupiter. 561-360-2224; www.theparisianrestaurant.com

This brasserie brings flavor to the mussels it serves as appetizers, with three choices: chorizo, with pan-seared chorizo sausage added to the traditional mariniere; blue cheese mussels, with bits of blue cheese stirred among the shellfish, and straight-up mariniere with the white wine, garlic and onion broth. Get extra bread to soak up these broths. Sit at the bar and try some new wine, too. ■

— Jan Norris, jnorris@floridaweekly.com

THE DISH: Highlights from local menus

The Dish: Tequila Lime Shrimp Tacos

The Place: Duffy's — multiple locations around the county; www.duffysmvp.com

Price: \$7.99

The Details: We don't usually go for tacos at a place with a homogenous bar menu. There are too many good tacquerias around these days. But on a recent stop in Duffy's for a bite and to catch a game, these were a light bite we decided

to try — and were pleasantly surprised. Guessing the tequila is in the shrimp marinade; the flavor isn't evident. But other flavors were — the pico de gallo was just right with slight cilantro and onion bits, and the guacamole fresh. Cabbage gave it crunch and the nicely seasoned shrimp were grilled to perfection. With a cold cerveza, just right. ■

— Jan Norris,
jnorris@floridaweekly.com



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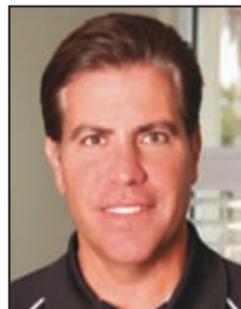
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