

PALM BEACH FLORIDA WEEKLY®

IN THE KNOW. IN THE NOW.

WEEK OF APRIL 26-MAY 2, 2018

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Vol. VIII, No. 26 • FREE

INSIDE:



Acts coming to this year's SunFest. **A10**

SunFest 2018



SUNFEST / COURTESY PHOTO

Thousands will line up to hear a mix of music in downtown West Palm Beach during the 36th edition of SunFest.

The 36th edition, heavy on reggae, rock and pop, with a hip-hop undercurrent, is not your father's jazz festival

BY BILL MEREDITH
Florida Weekly correspondent

“FLORIDA'S LARGEST WATERFRONT music and art festival,” SunFest, lands along the Intra-coastal Waterway in West Palm Beach for the 36th time May 3-6 — yet bearing little resemblance to the first such annual event

in 1983.

That comparatively small grassroots festival featured mostly local jazz artists and community orchestras. But by the close of the 1980s, SunFest had booked international headliners in R&B (Blood, Sweat & Tears), blues (John Lee Hooker) and jazz/fusion (Steps Ahead). And since the entrance of Paul Jamieson, who's been SunFest's execu-

SEE SUNFEST, **A10** ▶

Community Foundation to present Founder's Award

SPECIAL TO FLORIDA WEEKLY

The Community Foundation for Palm Beach and Martin Counties will present its Founder's Award to Lore and John Dodge at 11:30 a.m. on Tuesday, May 8, at the Kravis Center's Cohen Pavilion.

The award recognizes their lives of community service and charity.

The Dodes reside in Palm Beach, Palm City and New Hampshire.

Lore Dodge serves on the board of the Community Foundation.

The keynote speaker for the Founder's Award Luncheon will be Rip Rapson president, CEO and trustee of The Kresge Foundation, who will speak about the importance of community engagement, convening and partnerships.

“Rip is an international, sought-after keynote speaker and individual,” said Bradley Hurlburt, president and CEO. “He

is a national leader and sets the standard in urban policy and collaborative, philanthropic leadership. We are honored to have him at the Founder's Luncheon.”

The Community Foundation will share its new areas of focus based on a recent community needs study and recognize the Foundation's 2017/2018 grant recipients. WPBF-25's Felicia Rodriguez will host.

More than 500 are expected to attend the luncheon including board members, donors and fund holders, local nonprofit organizations, corporate sponsors and community leaders.

For tickets and other information, visit www.yourcommunityfoundation.org or call 561-659-6800.

For tickets and more information on the 2018 Founder's Award luncheon, visit www.yourcommunityfoundation.org or call 561-659-6800. ■



COURTESY PHOTO

John and Lore Dodge will receive the Community Foundation for Palm Beach and Martin Counties' Founder's Award.



The Dish

This Italian omelet will fill you up at John G's. **B15** ▶

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INSIDE



Something special

'Something Rotten' comes to Kravis. **B1** ▶



Driven

A look behind the scenes at Barrett-Jackson. **A15** ▶



Society

A peek at Jupiter Medical Center Foundation's Black-Tie Ball. **B2** ▶

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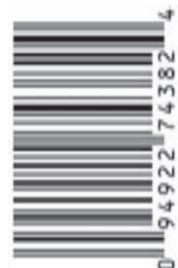
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COMMENTARY

Weak and timid Republicans

roger WILLIAMS

rwilliams@floridaweekly.com



When Dr. Ralph Reed's survey from the Faith & Freedom Coalition arrived in the mailbox of reader Bill Summerfield and his wife, Lois Hatcher, she "almost hit the roof," as he put it.

So Mr. Summerfield forwarded to me the "survey of 10,000,000 American Voters on President Donald Trump's Agenda for America."

It has a primary goal: to "apply pressure on the many weak and timid Republicans in Congress who are cowering in the corner and who drag their heels on President Trump's agenda for America — thinking this will help them curry favor with the 'dishonest news media' and Left who are stopping at nothing to destroy President Trump."

What an experience, reading Reed's Chicken-Little survey. It offered Mr. Summerfield, Ms. Hatcher and 9,999,998 other "Christian voters" leading questions that seem to suggest the sky is falling.

Questions like this: "How important is it to you for President Trump to quickly reverse and undo all government regulations (many enacted by Obama) that punish Christians for practicing and living their Christian faith?"

(Fact: Christians, Muslims, Jews and everybody else practice their faith freely in this society. Still.)

Or this: "What is your opinion of...Presi-

dent Trump UNDO(ing) all of President Obama's Executive Orders that attack Christians, attack religious freedom, attack the family, and attack common sense?"

(Fact: presidential orders don't attack Christians or religious freedom or families. They may or may not show common sense — that's arguable.)

Or this: "President Trump is now moving criminal aliens out of America ... He has terminated Barack Obama's deadly non-enforcement policies that allow thousands of criminal aliens to freely roam our streets ... What is your opinion?"

(Fact: Apprehension of illegal immigrants, and deportations, were higher during President Obama's administration than ever before or since.)

Or this: "We must move quickly before the anti-Christian, anti-family, anti-freedom Left has a chance to regroup ... We also know how timid many conservative members of Congress are in the face of all the attacks by the media and the Left."

"Move quickly" is a euphemism for Give Me Your Money.

Calling his survey, "this 90-day emergency campaign," Dr. Reed offers 10 million Americans a chance to put their money in his pocket, by checking the biggest box they can "in the amount of ... \$15, \$20, \$30, \$50, \$100, \$250, \$500, \$1,000 (or even) my best gift \$..."

Old Ralph doesn't mess around. He kicks a whole fire-ant hill of Republicans by calling them, "weak and timid."

I wonder how that will go over with some of the Republicans I know? They aren't weak, they aren't timid and they certainly aren't stupid.

As it turns out, Dr. Reed holds a Ph.D. in

history from Emory University, the same place former Republican House leader and presidential candidate Newt Gingrich got his. And he has a history himself.

He spent part of his youth in Miami before attending the University of Georgia to earn an undergraduate degree in history.

As an editor for the university's student newspaper, he was kicked off the staff for plagiarism.

Later, he headed the famous Christian Coalition from 1989 to 1997, but quit when the IRS and the Federal Election Commission started investigating the organization's finances.

As the millennium turned, Dr. Reed became part of lobbyist Jack Abramoff's scheme to bribe public officials and cheat his clients — Abramoff went to jail. Implicated but never charged, Dr. Reed earned a lot of money from native Americans. The Choctaw Tribe in Alabama paid Reed \$1.2 million at one point to advance its gambling interests. The money came through a third party, at his request, so it wouldn't be apparent to a conservative Christian base that he was championing gambling, according to a final report from the Senate Committee on Indian Affairs.

Although he sought a lieutenant governor seat in Georgia after that, the GOP leadership ultimately dropped him.

So he founded the Faith & Freedom Coalition, relying heavily, perhaps, on what he'd learned at the Leadership Institute, a nonprofit agency that "teaches conservative Americans how to influence policy through direct participation, activism and leadership," and "how to succeed in politics, government and the media."

Presumably by lying, if necessary. Among

other graduates are Vice President Mike Pence and Sen. Mitch McConnell, along with other politicians and lobbyists.

He described Faith & Freedom this way not long after he'd founded it in 2009: "Sort of a 21st century version of the Christian Coalition on steroids, married with Moveon.org, with a sprinkling of the NRA."

Jesus, guns and politics. That's always been a fertile combination for irrational, angry, self-righteous con artists. Dr. Reed is such a figure himself, a strident polemicist who believes lies are useful tools for achieving any end in political life. His pitch is both cynical and cancerous to a democratic republic in which disagreement and conversation are traditional strengths, not traitorous weaknesses.

But real conversation, and for that matter healthy disagreement, depend on participants who try to accept and marshal facts, not misrepresentations.

One of the survey questions that irritated Bill Summerfield and Lois Hatcher the most, they said, was No. 14: "President Trump says he will END the anti-Christian, anti-American so-called 'COMMON CORE' curriculum produced by the U.S. Department of Education under President Obama."

Ms. Hatcher taught public school for 40 years. As she and her husband pointed out in a note, common core didn't come from the U.S. Department of Education. The idea came from a group of governors. It was supported by both Republicans (former Gov. Jeb Bush was one of its chief champions) and Democrats.

Like it or not, it's a bipartisan American invention, some say intervention, designed to make us better as a people.

Like telling the truth. ■

In the kitchen with...

Semih Arif Ozdemir,

Agora Mediterranean Kitchen, West Palm Beach

It was not his original aim in life to own and operate a Turkish restaurant, but the transition has been a smooth and successful one for Semih Arif Ozdemir, proprietor of Agora Mediterranean Kitchen in the Northwood section of West Palm Beach.

"After graduating from college I was a mechanical engineer and an economist," Mr. Ozdemir said. "I was involved in a medical business and I did finance as part of a real estate business. But I soon realized there was not a good Turkish restaurant anywhere in the Northwood area and decided to open one."

It was a good move for Mr. Ozdemir, who started up Agora Mediterranean Kitchen five years ago. Since then the reviews have been impressive, with number one rankings on TripAdvisor and Yelp.

"The Mediterranean diet has become the most popular diet because it is so healthy," he said. "We use a lot of olive oil in our cooking, as well as the freshest ingredients to prepare our meals. Not a lot of people know about Turkish cuisine, so I try to make my restaurant customers feel as if they are at home, eating together. That's why we call it 'kitchen.' Now we have a lot of fans around Florida and even around the world."

Mr. Ozdemir credits his mother for inspiring his appreciation of Turkish food.

"She is a very good cook and makes delicious healthy food," he said. "And



Semih Arif Ozdemir owns Agora Mediterranean Kitchen in West Palm Beach's Northwood district (in background).

when I first came over to the United States I worked for a catering company. When I invited the owners over to my house for dinner, they tried my mom's food and loved it — so much so, in fact, that they organized some Turkish dinners themselves. That's when I first started to think about how a good Turkish restaurant could be successful."

The menu is inspired by a variety of Mediterranean specialties with a special focus on Turkish preparations, he added.

"Turkish cuisine and Greek cuisine are very similar, but we don't stop there," he said. "We've added Middle Eastern dishes as well. Because of its location, Turkey is the bridge to all countries, all continents and all religions. And our food reflects that."

Agora Mediterranean Kitchen promotes locally sourced ingredients and caters to a variety of dietary options by including a wide array of vegetarian,

vegan and gluten free dishes as well as traditional Turkish fare. The menu emulates this, offering everything from your basic burger to Izgara Kofte, which consists of grilled meatballs with rice and crispy greens.

"Our most popular dishes right now are the Grilled Aegean Octopus and the Red Snapper en Papillote," Mr. Ozdemir said. "Also, our Mixed Grill Platter is a delicious combination of all the meats on our menu — char grilled chicken shish, chicken on flat, gyro and Izgara Kofte, served with rice and grilled vegetables. But don't order these until you've tried our Mezes, or appetizers, first."

Cold Mezes range from Spicy Feta, Babaganoush and Violet Artichokes (braised in olive oil and fresh lemon juice) to the Just Aegean Dips (Hummus, Eggplant Salad, Cacik, and Pink Sultan served on warm pita bread) and the Agora Signature Sampler (Imam Bayildi,

Dolma, Spinach Delight, Piyaz and Braised Leeks served with pickles, olives and warm pita bread). Hot Mezes vary from the Zucchini Pancake and the Spinach Delight to the Warm Hummus and the Grilled Octopus.

When he's away from his restaurant, Mr. Ozdemir enjoys Mexican food, particularly fajitas and burritos, because their spices remind him of those used in the Turkish cuisine he loves. He also likes Japanese sushi, Chinese food and Thai dishes.

"But I will always focus mainly on Turkish food, because it is the cuisine of my childhood and my family," he said. "And we have a family feeling here, by the way. I'm not the boss and they are not my employees. We are family. We eat together and drink together. If I'm away from the restaurant for a few days I begin to miss it, because I'm away from my brothers and sisters."

Semih Arif Ozdemir

Original Hometown: Ankara, Turkey

Restaurant: Agora Mediterranean Kitchen, 2505 N. Dixie Highway in West Palm Beach. We serve dinner everyday 5 p.m. to 10:00 p.m. We also do catering. For more information, call 561-651-7474 or to make a reservation visit agorakitchenwpb.com.

Mission: To introduce locals to Turkish cuisine and eventually open more restaurants of this kind around the country.

Cuisine: Turkish

Training: No formal training in cuisine. Trained as a mechanical engineer; also worked on the business side of medicine and in real estate.

What advice would you give someone who wants to be a restaurateur or chef? "You have to like what you are doing. You also need to have a good team." ●

MAY

COMMUNITY EVENTS & LECTURES



FREE Community Chair Yoga Class

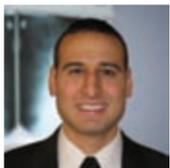
Class taught by Sara Chambers, RN, BSN, CYT

Please choose one class option:

Wednesday, May 2 or May 16 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

Palm Beach Medical Center now offers a chair yoga class for the community. The class will be taught by the assistant nurse manager of cardiac rehab, Sara Chambers, who is also a certified yoga instructor. Using the same techniques as traditional yoga, the class is modified to allow for gentle stretching, designed to help participants strengthen their muscles and work on their balance. *Reservations are required.*



Treatment Options for Common Foot and Ankle Issues

Lecture by Kenneth S. Gerszberg, MD – Orthopedic Surgeon on the medical staff at PBGMC

Thursday, May 3 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

During National Osteoporosis Month, join Dr. Kenneth S. Gerszberg, an orthopedic surgeon on the medical staff at Palm Beach Gardens Medical Center, for an educational lecture on common foot and ankle issues and treatment options available at the hospital. *Light dinner and refreshments will be served. Reservations are required.*



Stroke - Mended Hearts Program

Tuesday, May 8 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

PBGMC is teaming up with The Mended Hearts Program to provide support for heart disease patients and their families. Members will be able to interact with others

through local chapter meetings, volunteer opportunities and special events. Members are encouraged to listen, share their experiences with other heart patients, and learn from healthcare professionals about treatment and recovery. A small fee* will be collected by the Mended Hearts Program for registration. *Light dinner and refreshments will be served. Reservations are required.*

*\$5/year will be collected solely by the local Mended Hearts Program to provide educational materials for members. \$20/year will be collected solely by the Mended Hearts Program if you would like to become a national member.



Smoking Cessation Classes

Wednesday, May 23, 30 & June 6, 13, 20, 27 @ 5:30-6:30pm

Palm Beach Gardens Medical Center // Classroom 3

PBGMC is teaming up with the Area Health Education Center to provide education on the health effects of tobacco use, benefits of quitting and what to expect. A Tobacco Cessation Specialist will help participants identify triggers and withdrawal symptoms and brainstorm ways to cope. The class is delivered over six, one-hour sessions.



Hands-Only CPR Class

Tuesday, May 15 @ 6:30-7:30pm

Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. PBGMC has teamed up with Palm Beach Gardens Fire Rescue to provide free monthly hands-only CPR classes for the community. Certification is not provided. *Reservations are required.*



Mindfulness - Better Breathers Club

Guest speaker: A retired neurologist and sleep specialist

Wednesday, May 23 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

PBGMC is teaming up with The Better Breathers Club. Living with a chronic lung disease can be easier. Better Breathers Clubs are welcoming support groups for individuals with COPD, pulmonary fibrosis and lung cancer, and their caregivers. Learn better ways to cope with lung disease while getting the support of others in similar situations. *Reservations are required.*



Stroke Panel of Experts Lecture

Lecture by:

- Ali Malek, MD, Medical Director, SMMC Comprehensive Stroke Center & Neurointerventional Program
- Paul Acevedo, MD, Neurologist PBGMC Primary Stroke Center
- Cory Bessette, PBG Fire Rescue EMS Division Chief



Thursday, May 31 @ 6-8pm

PBG Council Chambers // 10500 North Military Trail



In honor of Stroke Awareness Month, we are teaming up with St. Mary's Medical Center and Palm Beach Gardens Fire Rescue to offer FREE stroke risk assessments and a panel of experts presentation with a local stroke survivor. The event will be held at the Palm Beach Gardens Council Chambers and there will be a Q&A session following the presentation. *Reservations are required. Light dinner and refreshments will be served.*



FREE COMMUNITY SCREENINGS

Free Heart Attack Assessment Screenings

(blood pressure, BMI, glucose and cholesterol)

Wednesday, May 9 @ 7am-11am
Classroom 3

All screenings held at: Palm Beach Gardens Medical Center

Osteoporosis Screenings

Thursday, May 17 @ 9am-1pm

Outpatient Entrance

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OPINION**Ryan gets out while the getting's good****bobFRANKEN**

Special to Florida Weekly

In Washington politics, rarely does anybody fully mean what he or she says. But few who know Paul Ryan doubt that he's sincere when he explains that he's abandoning his all-consuming job as House speaker to spend much more time with his wife, Janna, and their three kids. Believe it when he says he's not running for re-election to Congress because he's longing to be more than a "Saturday dad." So, he'll be going home to Janesville, Wis., as a private citizen next year. However, another reality in Washington is that there usually is more to the story.

The speaker is immensely powerful on paper, being second in line for presidential succession and leading the House of Representatives. But leading this group of House Republicans is an exercise in frustration. True, they hold a majority in Congress, but that's illusory. In fact, the GOP is badly split between conservatives, extremists and wackos. Trying to please them all is impossible. They run roughshod over each other as often as they do the hapless Democrats.

All too often, the roughshod is Paul Ryan — even though he has a longstanding reputation as an ambitious man who has been able to have it both ways, a harsh but reasonable-appearing right-winger. But now he wants to step off for a while, or at least have it appear that he is.

Now that Donald Trump has taken over, Ryan's survival skills dictate that he embrace the president at the same time he keeps him at arm's length. That's exhausting, and increasingly difficult, particularly since Trump has this tendency to go kablooy as the walls



close in. And they're closing in. Special counsel Robert Mueller's investigation is grinding on, and POTUS is in a tizzy. He's lashing out, and who knows what he'll do as the pressure builds.

Washington is not the place to be for someone who wants to position himself as a leader of the "I told you so" gang after the kablooy really hits the fan. Ryan's hometown is about as not Washington as any place can be to escape the splatter.

Besides, in Speaker Ryan's case, he certainly has calculated that the time has come to get out while the getting's good. It's no fun being a minority leader, and it's looking like the GOP might just lose control of the House. Forty-plus Republican members are exiting stage right, or being forced out because of scandals. If the Democrats avoid the tendency to squander their own momentum and actually assume the majority, Donald

Trump's presidency might well be toast, particularly if Mueller lowers the boom or Trump lowers it on himself.

Meanwhile, back under the Capitol Hill big top, the circus will become a political freakshow as those Paul Ryan left behind try not to look like clowns as they maneuver to replace him. The difficulty is to break out the long knives while not appearing to be a crude backstabber. But now Paul Ryan can be above all that.

If you don't think all of this has occurred to Ryan, I have some dairy land in Wisconsin I can sell you. Soon, he will be back in Janesville with the family. He insists that he won't run for office again. Don't bet on it. ■

— Bob Franken is an Emmy Award-winning reporter who covered Washington for more than 20 years with CNN.

No one likes a prig with an ax to grind**richLOWRY**

Special to Florida Weekly

James Comey did it, naturally, for the children.

Why does anyone in Washington take advantage of the most opportune moment to make a mint off publishing a tell-all book? It's never for the profits or the sheer satisfaction of sticking it to your enemies and putting yourself in the best possible light. No, there's always some ostensible higher cause. For the former FBI director, it's demonstrating, through his own sterling example, what ethical leadership is, "especially to young people."

That the nation's youth will be riveted to their TV screens in coming weeks, watching Comey's exquisitely thoughtful gymnastics of self-justification, and conclude that this is how to conduct themselves when they inherit the baton of the country's leadership seems extremely unlikely.

James Comey has managed the seemingly impossible. The former FBI director is locked in a death struggle with an

unpopular president who makes even his allies cringe with his belittling nicknames, foolish threats and strange view of the presidency — and somehow it is Comey who is coming away as the unlikable one.

That's because no one likes a prig, especially when he has an ax to grind. Comey has good reason to disdain Donald Trump, who fired him in humiliating circumstances and whose warped view of the Justice Department as an institution for the protection of the president is rightly anathema to him. Comey is just the latest of Trump's adversaries, though, who are diminished by the president dragging them down to his level and exposing their weaknesses.

Every Washington memoir portrays its author as the smartest guy in the room; Comey is the most ethical guy in the room, and he lets us know it. Underneath the high-mindedness is a thirst for petty revenge. He says he took note of the size of Trump's hand when they first met — smaller than his. He goes out of his way to say Trump looks like he wears tanning goggles.

Is all fair in a struggle with a president who calls you a "slime ball"? Maybe. But this is another instance of the country not being well-served by the president

or his opponents violating norms.

It's not a healthy precedent for former FBI directors to attack presidents they served, even if briefly in terrible circumstances. It doesn't do the standing of our law enforcement and intelligence institutions any good to have the men recently entrusted with leading them, like James Comey and John Brennan, brand themselves as committed partisans almost immediately upon leaving government.

It's understandable that Comey wants to get his side out. But he's already done that in his extensive memos that he made sure to leak upon his firing and in his congressional testimony. He'll probably have his moment in the sun again as a key witness in the Robert Mueller matter, depending on how it shakes out.

Yet none of that is as remunerative as cashing in as a hero of the resistance when the Mueller investigation is perhaps at peak intensity. Nothing is better than being the most righteous guy in the room — while still getting a huge payday.

Children, take note. ■

— Rich Lowry is editor of the *National Review*.

PET TALES

Gut feeling

BY KIM CAMPBELL THORNTON

Andrews McMeel Syndication

From the time Ana was young, she had intestinal problems. When she was only 5 months old, she suffered severe vomiting and diarrhea and wouldn't eat or drink. Instead she tried to eat nonfood items such as toys, cords and paint on the wall.

"We thought she was going to die. When she should have been gaining about 6 pounds, she lost about 6 pounds," says Ana's owner, Tracy Weber, of Seattle.

To help Ana thrive, Weber cooked special meals for the German shepherd puppy and tried different proteins and supplements. Nothing worked.

"When I called the vet and said, 'What do we try next?' she suggested a fecal transplant."

The gastrointestinal tract houses a complex collection of microorganisms known as the microbiome. They play a crucial role in health — not just of the gut, but of the entire body, including regulating the immune system. Microbiome population is affected by factors such as diet, antibiotics and gastrointestinal disease, and healthy animals have a highly individual microbiota.

Weber didn't know much about fecal microbiota transplants (FMT), and she didn't like the idea of implanting another dog's poop into her dog's gastrointestinal tract. But the more she researched it, the more she thought it would be worth a shot.

Fecal transplants are a rare instance of a treatment used first in humans and then in dogs and cats. In humans, FMT has been successful in treating 90 to 98 percent of recurring *Clostridium difficile* infections, leading to normalization of the microbiome. Clinical signs resolve within one to two days. For inflammatory bowel disease, though, the success rate is much lower, only 25 to 30 percent.

Nicknamed "re-population," FMT involves transplanting fecal material from a known healthy dog with good digestion, no parasites and no treatment with antibiotics for at least the previous three months. The process begins by blending the feces and separating out the solids. What remains is a soupy mixture of probiotic and fecal material that, for Ana, was administered as an enema into the colon. Another protocol involves inserting the material into the gut through a nasogastric tube, and one company offers an oral fecal transplant capsule.

Ana did not need to be sedated during the procedure. Afterward, she had to remain crated for six hours to give the microbes time to settle in to their new environment. Patients may be given loperamide (Imodium) to reduce the likelihood of a bowel movement.

It took several weeks before Weber saw improvement in Ana's appetite and chronic diarrhea, but the pica — the tendency to eat nonfood items — disappeared the same day as the fecal transplant. The transplant was repeated when the pica reappeared.

The number of fecal transplants required varies in both dogs and humans, probably depending on how difficult it is for gut microbes to stay alive in a specific digestive tract. In his lecture on the intestinal microbiome at the 2018 Veterinary Meeting and Expo, Texas A&M University veterinary microbiologist Jan S. Suchodolski says that in some patients, fecal transplants are repeated up to three times every three to four weeks. The procedure decreased the imbalance of microorganisms (known as dysbiosis) in most dogs, although a subset had no improvement.

"I have colleagues who say 70 percent of patients get better, and I have colleagues who say zero percent get better," Dr. Suchodolski said.

Of Ana, Weber says, "In general, (the transplants) have helped, but we may do a third with a different donor dog."



Ana, an 18-month-old German shepherd, benefited from two fecal transplants for her intestinal woes.

Do fecal transplants have potential for other health benefits? At Ontario Veterinary College in Canada, Shauna Blois, DVM, is investigating the benefit of fecal transplants for dogs with inflammatory bowel disease. And last year, researchers at the University of Florida College of Veterinary Medicine discovered a relationship between the brain, the gastrointestinal tract, and immune system diseases. The finding could have implications for treatment of certain immune and neurologic diseases as well as diseases of the gastrointestinal tract. ■

Pets of the Week



>> **Magoo** is a 5-year-old, 46-pound male dog and a friendly fella who's happy to see everyone and make new friends.



>> **Luna** is a 6-year-old female cat that is a shy, nice little girl, looking for someone to take her under their wing and let her nestle there.

To adopt or foster a pet

The Peggy Adams Animal Rescue League, Humane Society of the Palm Beaches, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at www.hspb.org. For adoption information, call 561-686-6656.



>> **Annie** is a 5-year-old female calico that's a bit shy at first, but very friendly when she gets to know you.



>> **Dollywood** is an 8- to 10-year-old female cat that's very affectionate, and enjoys the attention of her people. She loves to be petted and brushed.

To adopt or foster a cat

Adopt A Cat is a free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment (call 561-848-4911, Option 3). For additional information, and photos of other adoptable cats, see www.adoptacatfoundation.org, or on Facebook, Adopt A Cat Foundation. ■



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HEALTHY LIVING

Taking steps to identify, treat depression

lindaLIPSHUTZ

lipshutz@floridaweekly.com



Katie did not know how she would face the day.

Lately, everything had become such a monumental effort. But, just as she did every single morning, Katie pushed through her malaise, and willed herself to get up.

Katie rarely gave herself permission to deviate from a stringent early morning workout and diet regimen, but today she just didn't have the stamina to exert herself. However, the critical voices in Katie's head were now making her pay the price — admonishing her for sleeping through the alarm and canceling her weekly bootcamp class. The self-doubts and fears were especially virulent.

Despite her gut-wrenching anxiety, Katie found the wherewithal to pull herself together to arrive on time at work, dressing impeccably with a stylish, professional presence. Katie was even able to smile and banter with her coworkers, acting like she didn't have a care in the world.

Most of Katie's coworkers and friends admired her, believing her to be a sunny, well-adjusted individual. None would have ever guessed that Katie, not only suffered a gripping sense of anxiety, but an internalized pressure to be "perfect" and well under control. They would be floored to know the depth of her despair.

Appearances can be deceiving.

Have you ever made assumptions about a friend or coworker, only to discover later on that you had been terribly misguided about their circumstances?

Have you ever found yourself, just like Katie in the fictionalized vignette above, forcing yourself to make those Herculean efforts necessary to convince those around you that all was well? Have you ever struggled valiantly to hold it together, fearful of what others would think, if they only knew the full story?

What we don't often consider is the lengths that some people will go to keep their sadness hidden, hoping that those around them won't suspect that anything is wrong — because they may fear that the stigma will be too strong if they admit they are struggling. Even though this person might be smiling outwardly,



internally, she or he may be feeling ashamed and worthless. Ironically, these may be the very folks we envy, assuming they "have it all."

Many of us carry stereotyped assumptions about the symptoms of depression. We may assume that these individuals might present with symptoms that are visibly obvious to us all: sluggish, weighted down signs of sadness, perhaps with a blunted demeanor and a noted withdrawal from social engagement. We might expect to see noticeable weight gain or loss, or a disheveled appearance, evidence of low self-esteem, and/or negative thought patterns. Oftentimes, these individuals fall under the diagnostic category: Major Depressive Disorder in the Diagnostic and Statistical Manual of Mental Disorders, DSM-5 (the standard classification of mental disorders, edited by the American Psychiatric Association, and widely referred to by mental health professionals throughout the U.S.)

However, there are many people whose symptoms don't necessarily fit neatly into traditional diagnostic categories listed in DSM-5. Lately, an unofficial term has been touted in many circles, including articles for the lay public and mental health blogs: "High Functioning

Depression."

"High-functioning depression" (HFD) isn't a true medical diagnosis, but the term can be quite descriptive in better helping us understand the challenges of individuals like Katie, who may have serious struggles but who fly under the radar screen of those around them who might be able to offer them emotional support. Oftentimes, though, these folks don't have a full grasp, themselves, of what they are going through. They may know there is something terribly wrong. But, they may feel isolated and lonely, perhaps believing that the misery they feel is theirs alone.

They may mask their pain by overworking, distracting themselves with technology, or abusing substances. They may find themselves becoming both mentally and physically exhausted. Their condition may affect their sleep patterns, either making it difficult to sleep, or that they sleep excessively. They are often individuals with a lot of determination, who struggle silently, while enduring significant symptoms: without asking for help.

Those with HFD may set impossibly high standards for themselves, and may become self-critical and despondent, when they fall short of their expecta-

tions. They may carry an internal dialogue of negativity, and find relentless fault with others, the world at large, and especially with themselves. They may be wracked with excessive, unrelenting anxiety and self-doubt. But, sadly, those who are suffering often discount their own feelings and brush them aside.

As an aside, many of those who have been referred to as HFD, may be suffering from what is described in the DSM-5 as Persistent Depressive Disorder (formerly referred to as dysthymia), a lower-grade of depression, that can be marked by fatigue, lagging energy and a general sense of unhappiness that may last for most of the day, and which has persisted for two or more years. A serious concern is that, if left untreated, HFD, or dysthymia, can potentially segue into Major Depressive Disorder.

So, how can we identify those who suffer from HFD?

People with HFD are often under so much internal pressure, it's not uncommon for them to have a crack in their carefully pulled together armor. Paying attention to unexpected mood shifts, irritability or angry outbursts that seem excessive to the situation, could be an important clue. They may have trouble letting things go.

Showing interest in the well-being of our friend, family member or coworker is a first step. Letting them know we care, and that we are concerned about them, might create a climate where they will be inclined to open up. Support from others reminds a person with depression that they're not alone.

Ultimately, securing an accurate diagnosis, will be a major step in helping a person with HFD to feel better. A multipronged approach to treatment, including psychotherapy and/or medication, is often the most effective. However, lifestyle changes such as eating a well-balanced diet, getting regular exercise, meditation, avoiding alcohol and/or cigarettes, possibly switching from a demoralizing job, and most of all, being with supportive close friends and family members can make a big difference, as well. An effective plan may involve some trial and error, but eventually, treatment interventions can be quite effective. ■

— Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. She can be reached at 561-630-2827, online at www.palmbeachfamilytherapy.com, or on Twitter @LindaLipshutz.

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HEALTHY LIVING

The value of independence

Excellent health care that focuses on the needs of our community

donMCKENNA

President and Chief Executive
Officer of Jupiter Medical Center



They say that “all politics is local.” I believe the same can be said of health care. It is delivered locally and as a result, it should reflect the specific needs of the community it serves. As the new president and CEO of Jupiter Medical Center, I am proud to lead a team that provides exceptional care and service to our friends and neighbors in Jupiter and the surrounding communities in South Florida.

When I considered joining Jupiter Medical Center, I was drawn to the organization’s mission as a private, independent, not-for-profit medical center at the forefront of delivering today’s medicine. I was equally impressed with its commitment to working for the community it serves. Today at Jupiter Medical Center, we operate from a position of strength built on world-class excellence. We remain focused on expanding our clinical services and continuing to enhance the delivery of compassionate care.

The landscape of health care remains ever changing and always challenging.

As more and more national health care systems merge or acquire hospitals across the region, you might wonder why you should care. The truth is, independent hospitals offer something unique that should not be overlooked. As a stand-alone, not-for-profit medical center, Jupiter Medical Center is able to affect change in the manner we think is best for our community — without answering to a faraway board or shareholders focused on stock dividends. This enables us to maintain a fierce commitment to our mission to provide the best care right here in our community by delivering the specific services that our neighbors need and want.

The administrative and clinical leaders of the hospital and many of our trustees are proud neighbors and members of this community. Jupiter Medical Center is not only where we work, it is where we maintain our health and that of our family members. Together, we have our fingers on the pulse of local health care needs. Like our neighbors, many of us have benefitted firsthand from the compassionate care Jupiter Medical Center provides. It is no wonder our patient satisfaction scores are the best in the area and better than state

and national averages.

We believe that people in this region deserve access to the very best care in their own community. Jupiter Medical Center earned four stars for Overall Quality from the Centers for Medicare & Medicaid Services (CMS), and we are ranked among the best in the nation for risk-adjusted mortality — in the 99th percentile according to CMS. Additionally, Jupiter Medical Center is ranked in the top 5 percent in the country for preventing hospital-acquired infections according to Quantros, a leading health care analysis and software provider.

In addition, Jupiter Medical Center works with some of the best doctors in the region, many of whom were fellowship-trained at leading medical centers around the country. These physicians deliver cutting-edge treatment in a wide variety of medical disciplines, including radiology, cardiology, oncology and orthopedics. We also continue to expand to ensure that we provide the programs and services that our community requires. Within the next year, we will open a flagship cancer institute, inaugurate an open-heart surgery program, establish a comprehensive stroke program, and open a new pediatric

emergency room.

The level of care we provide is enhanced through partnerships we have formed with other leading institutions. For example, our collaboration with Mount Sinai Heart New York and Nicklaus Children’s Hospital allow our physicians to actively consult with doctors on cases and work together to share best practices and implement care protocols. We also share educational opportunities for physicians, nurses and other clinical staff. These partnerships impact patient care and have real benefits — both clinical and strategic — and still allow us to remain independent as a stand-alone, not-for-profit hospital.

For almost 40 years, Jupiter Medical Center has been focused on serving our community, and in turn, the community has faithfully supported our medical center. Today, our community support has never been greater—as evidenced by our strong philanthropic support and our high patient satisfaction scores. I look forward to leading Jupiter Medical Center in the years ahead. I believe that we are most effective and that we serve our community at the highest level as a stand-alone, independent medical center. ■

— Don McKenna became the new president and chief executive officer of Jupiter Medical Center in January 2018.



Ask the Health & Beauty Experts



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Joseph A. Costello,
DC, DABCO
Board Certified Chiropractic
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Dr. David W. Yates,
DMD

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Question: Should I floss daily? And are there alternatives to traditional string floss?

Answer: Floss only the teeth you’d like to keep. It really is a key habit to ensure good oral health and prevent cavities. A toothbrush simply cannot reach the plaque and food particles stuck between our teeth, so we need to floss to get at it. Simple brushing is even less effective for those with braces, which introduce countless new hard-to-reach crevices where bacteria can hide. As necessary as flossing is, it can still seem like a hassle. That’s why we’re so excited that old-fashioned flossing isn’t the only option. One of my favorite alternatives to traditional floss is the Waterpik® Water Flosser, the first powered interdental cleaner to earn the American Dental Association’s seal of approval. I highly recommend this as an option especially if you are not going to floss. You can purchase them at retailers like Costco, Rite Aid, Kohl’s or even on Amazon. The Cordless version is good for those with limited countertop space or if you travel often, as this is easy to pack.

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Predicting potential for pain may aid battle against opioid abuse

THE UNIVERSITY OF FLORIDA

As health-care providers and policy-makers look for ways to address opioid misuse, knowing who might be at risk for developing chronic pain could be an important tool for prevention.

A new University of Florida study has pinpointed patient characteristics associated with long-term musculoskeletal pain. Researchers say the information could help physical therapists and other clinicians identify at-risk patients and better tailor treatments to control their pain and potentially limit prescription of opioid medications for pain.

The UF scientists found that patients who had greater initial pain, a higher number of other health problems, additional symptoms from other body systems and more pain-related psychological distress were more likely to continue to have pain one year after treatment. The findings appear in the newest edition of the journal *Physical Therapy*.

“Musculoskeletal pain is very common and one of the leading causes of disability,” said Jason Beneciuk, Ph.D., D.P.T., M.P.H., a research assistant professor in the department of physical therapy in the UF College of Public Health and Health Professions, part of UF Health. “Being able to predict who will develop long-standing musculoskeletal pain will allow for better use of nonpharmacological treatment options, such as physical therapy.”

The UF study was designed to test the capability of a variety of screening tools for predicting persistent pain. The study included more than 400 patients receiving physical therapy for low back, neck, knee or shoulder pain at nine health care centers across the country.

Assessments included a measure of pain intensity, a history of previous medical diagnoses and two newly developed screening tools created by a UF pain research team. One asked patients to report symptoms they were experiencing in other systems of the body, including cardiovascular, gastrointestinal, endocrine, nervous, pulmonary and musculoskeletal. The second tool screened for pain-related psychological issues, including depressive symptoms, fear, anxiety and pain catastrophizing, which is characterized by beliefs that pain will worsen or nothing can be done to stop it. They also screened for positive emotions, such as self-efficacy and pain acceptance.

Patients completed the screening tools before treatment and four weeks, six months and one year later. The number of physical therapy treatments patients received varied, but averaged eight to 10 sessions over four to six weeks. Treatment was not standardized across patients.

At the one-year mark, 36 percent of patients were still experiencing persistent musculoskeletal pain. These patients had higher levels of pain at baseline, a greater number of other health problems and more pain-related psychological distress. The long-term pain predictors were the same across patients being treated for low back, neck, knee and shoulder pain.

Although it is too early in the research to offer treatment recommendations for high-risk patients, future recommendations could potentially include increased monitoring, structuring treatment to take into account multiple health conditions and/or teaching patients pain coping skills, Mr. Beneciuk said. ■

SOCIETY

Jupiter Medical Center Foundation's 42nd annual Black-Tie Ball, The Breakers



**Robert Biscup,
Meg Biscup and
Don McKenna**

- 1. David Walker, Roseanne Williams and Dennis Williams
- 2. Jerson Diaz, Liv Vesely, Maggie Taddeo and Joe Taddeo
- 3. Ed Edelman and Linda Edelman
- 4. Peggy Briggs and Doug Briggs
- 5. Bob Scheiwiller, Jackie Scheiwiller, A. John Merola, Jodi Butler, Rick Stoddard, Lynda Stoddard
- 6. Jayne Donahue and Tim Donahue
- 7. Michael Donnell, Lesly Smith and Tom Quick
- 8. Peggy Katz and Rick Katz
- 9. Sergh Aliev, Suzanne Niedland and Michael Chapman
- 10. Dorothy Marziotto and Robert Marziotto

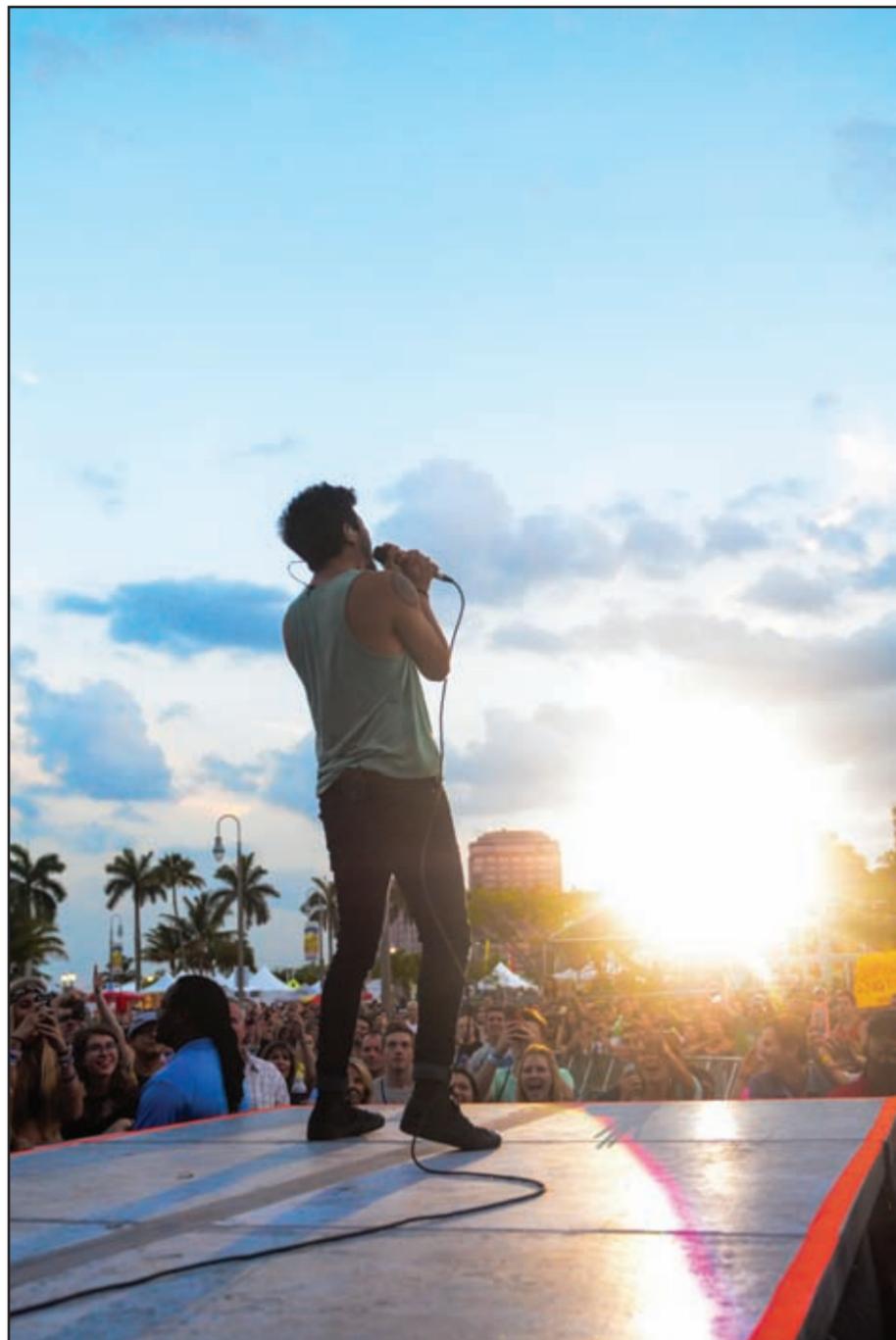
Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

LILA PHOTO



SUNFEST / COURTESY PHOTO

The Ford stage will draw such acts as The String Assassins, Sublime With Rome, Ice Cube and Pitbull.



SunFest offers music under the palms along the waterfront.

SUNFEST

From page 1

tive director since 1996 and been with the organization since 1990, such marquee names as Bob Dylan, James Brown,

Ray Charles, Herbie Hancock, Bonnie Raitt, Wilco, James Taylor, Jimmy Cliff, Lenny Kravitz, Phish, Ani DiFranco, Jackson Browne, Jeff Beck, Gregg Allman, Sheryl Crow, the B-52s, Tower of Power, Carrie Underwood, Buddy Guy, Bela Fleck & the Flecktones, Chaka Khan, Santana and Earth, Wind & Fire have dotted the Intracoastal landscape.

in the know



SunFest 2018

- >> **When:** • May 3, 5-10 p.m. (Marley Waters from 6-6:45 p.m., The O'My's 7:15-8:15 p.m., and Logic 8:45-10 p.m. on the northern Ford Stage; Brothers of Others 5:15-6 p.m., Living Colour 6:30-7:30 p.m., and Billy Idol 8-9:15 p.m. on the central Tire Kingdom Stage, and Sir Sly 6:15-7:45 p.m., and Girl Talk 8:15-9:45 p.m. on the southern JetBlue stage).
- May 4, 5-11 p.m. (DJ Adam Lipson 6:45-7:30 p.m., Olivia O'Brien 8-9 p.m., and Zedd 9:30-11 p.m. on the Ford Stage; Brother Sundance 6:15-7 p.m., Dreamers 7:30-8:30 p.m., and Incubus 9-10:30 p.m. on the Tire Kingdom Stage, and Hell & Hollar 5:45-6:30 p.m., Lukas Nelson & Promise of the Real 7-8:30 p.m., and Nathaniel Rateliff & the Night Sweats 9-10:15 p.m. on the JetBlue Stage).
- May 5, noon-11 p.m. (The String Assassins 1:15-2 p.m., The Sh-Booms 2:30-3:30 p.m., DK Stryker 4-4:30 p.m., Ice Cube 4:45-6 p.m., Paul Anthony & the Reggae Souljahs 7-7:45 p.m., Sleepwalkers 8:15-9:15 p.m., and 311 9:30-11 p.m. on the Ford Stage; NOSTALJAH 1:15-2 p.m., Toots and the Maytals 2:30-4 p.m., Soja 4:30-6 p.m., Nite Box 6:45-7:30 p.m., Samantha Harvey 8-9 p.m., and Nick Jonas 9:30-10:45 p.m. on the Tire Kingdom Stage, and Thoughts 1-1:45 p.m., Castlecomer 2:15-3:15 p.m., Grouplove 3:45-5:15 p.m., The Captain 6:15-7 p.m., Sremmlife Crew: Bobo Swae & Riff 3X 7:30-8:30 p.m., and Rae Sremmurd 9-10:15 p.m. on the JetBlue Stage).
- May 6, noon-9 p.m. (RDGLDGRN 12:45-2 p.m., Sublime With Rome 2:30-4 p.m., Sonali 5-5:45 p.m., Malu Trevejo 6:15-7 p.m., and Pitbull 7:30-9 p.m. on the Ford Stage; Lovelytheband 1-2 p.m., Third Eye Blind 2:30-3:45 p.m., DAFEAUXNITO 4:45-5:15 p.m., Ari Lennox 5:45-6:45 p.m., and PartyNextDoor 7:15-8:30 p.m. on the Tire Kingdom Stage, and The Ries Brothers 1:15-2:15 p.m., DNCE 2:45-4 p.m., battle of the bands winner Big Sounds Better 5-5:30 p.m., Liz Brasher 6-7 p.m., and Cake 7:30-9 p.m. on the JetBlue Stage).
- >> **Where:** Flagler Drive along the Intracoastal Waterway between Banyan Boulevard and Lakeview Drive, downtown West Palm Beach.
- >> **Info and tickets:** (\$43-\$54, with discount two-day, four-day youth, and senior packages). 800-SUNFEST (786-3378) or www.sunfest.com.

“Even by 1996, I think SunFest was still mostly a community-based event that primarily drew people from this area,” Mr. Jamieson says. “We’ve certainly grown since then. We had people from 30 different countries, every state in America, and 220 cities in Florida outside of Palm Beach County here last year. We’ve become a national and international destination, while maintaining that community flavor, thanks to a board, staff and volunteer base of people who are all incredibly hard-working and dedicated.”

The initial SunFest jazz quotient has waned over the years, particularly since 2012, in favor of popular music. This year’s lineup is heavy on reggae, rock and pop, with a hip-hop undercurrent.

“People here love reggae,” says Mr. Jamieson. “It’s a South Florida thing, and we have both up-and-coming and old-school reggae acts like Toots and the Maytals. As far as hip-hop, it became the most consumed form of music in the country in 2017, and we have Ice Cube and 311, a band that always draws well and has hip-hop elements. And pop acts like Nick Jonas, and classic rock bands like Living Colour, are also a draw.”

“Still, there will always be some people whose idea of classic rock is the Doobie Brothers [who appeared in 2002], and others who wonder why we don’t have country music. Which is where all the other festivals, like the recent Okeechobee and Tortuga events, come in. Artists can’t play both SunFest and one of those because of routing and proximity. It’s a balance of trying to give everyone what they want while realizing that you can’t always achieve that.”

For the first time in decades, this year’s SunFest will downshift from a five-day to a four-day format.

“For almost its first 10 years, SunFest was a four-day event,” Mr. Jamieson says. “And to be candid, going back to

that has a lot to do with the cost of the talent we strive for having escalated dramatically in recent years. So we did it because we didn’t want to reduce the quality of the talent, or significantly raise our ticket prices, which have always been very reasonable. Our four-day pass still costs less than some single concert tickets cost elsewhere.”

SunFest drew 175,000 patrons last year, although Mr. Jamieson expects those numbers may drop slightly with one less day of the festival. Still, that also makes it one of the larger waterfront music and art events in the Southeastern United States, although not every artist booked necessarily recognizes the SunFest name at first glance.

Take Nick Wold, the Seattle-born lead vocalist and guitarist for New York City-based pop trio Dreamers, which plays SunFest for the second time (the first was 2015) on May 4 before Los Angeles rock institution Incubus closes the night on the Tire Kingdom Stage.

“I’d never heard of SunFest until we got booked,” Mr. Wold says. “But once we read up on it, we got very excited to play there.”

Asked which artists Mr. Jamieson is most excited to see and hear this year, he offers up several.

“I’m looking forward to seeing Logic, the Thursday, May 3 closer on the Ford Stage,” he says. “He’s just starting to break out. Six months from now, people will be sorry if they missed that show. I like everything that night. We had Billy Idol a couple years ago, and Girl Talk a few years ago, and both put on strong shows. On Friday, May 4, Nathaniel Rateliff is super talented, and Incubus is a band we’ve tried to get for a long time and finally landed. For Saturday, May 5, I’m most excited to see Ice Cube. He doesn’t do that many live performances. On Sunday, May 6, I know Pitbull will put on a great show, but DNCE and PartyNextDoor will be a lot of fun, too.” ■



Billy Idol



Ice Cube



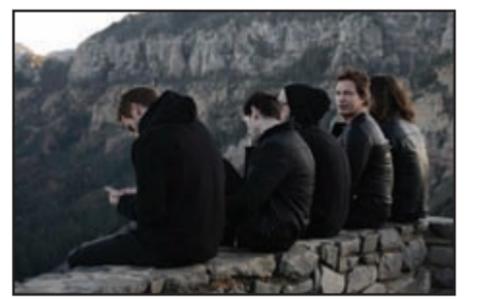
Cake



Zedd



311



Third Eye Blind



DNCE



Pitbull



Crowds gather around the Ford stage for performance at a past SunFest.

SOCIETY

The Lord's Place SleepOut raises more than \$600,000

Some of them were rich, others not so rich.

But more than 600 area residents turned out for The Lord's Place 11th annual SleepOut in West Palm Beach. The event, held April 6 at the United Methodist Church of the Palm Beaches, included a program of word and song celebrating the success stories of men, women and families who have worked their way out of homelessness through The Lord's Place's programs and services.

Palm Beachers participating in SleepOut this year included The Lord's Place Board Chairman Cornie Thornburgh, past chairman Pamela McIver with husband Brian McIver, along with Rev. Bob Norris of the Royal Poinciana Chapel, Diana Barrett and Bob Vila, Don Mintmire, Laurie and Gordon Batch-

elor, Jamie Star, Regina Porten, Tim Jones, Annie Cardelus, Heidi Green and Michael Kluger, among others.

During the program, The Lord's Place CEO Diana Stanley announced that more than 900 contributions from nearly 50 teams had helped the agency surpass its SleepOut fundraising goal of \$300,000 for a total of \$311,000. At that moment, The Lord's Place board member Ann Brown stepped onto the stage to make the surprise announcement that she and her husband, Don Brown, would match that amount. The audience jumped to its feet to applaud their generosity. It wasn't the first time this couple had made such an impact.

"Last year at The Lord's Place SleepOut, I stood up and announced that my husband and I would match every penny that was raised that night. Again

this year we were so taken by all the people attending — all races and creeds, rich and poor, old and young, the chronically homeless, the unemployed and the highly successful — all laughing and crying and applauding together: a true cross-section of life itself," Mrs. Brown said. "Don and I could not resist, as we felt all those same emotions once again. So again, I stood up and, with great joy, announced that we would match the \$311,000 that had been raised. Nothing means more to us than helping the needy get out of poverty and homelessness."

The program came to a close with the standing-room-only audience participating in a candlelight ceremony to commit themselves to helping The Lord's Place break the cycle of homelessness. Following the program, hun-

dreds slept out overnight. A closing reflection was led at dawn by The Lord's Place Board Member Rev. Dr. Bob Norris. Others who couldn't join SleepOut onsite opted to SleepIN at their home or in their neighborhood.

"We are so grateful for every one of the more than 900 individual donors, and our generous sponsors, who all helped us meet and exceed our SleepOut goal this year," said Ms. Stanley. "We aren't all in a position to make a major gift as the Browns have so generously done, but it is heartening to know that so many care about the less fortunate among us and give what they can to enable The Lord's Place to reach out a hand of hope to those we serve."

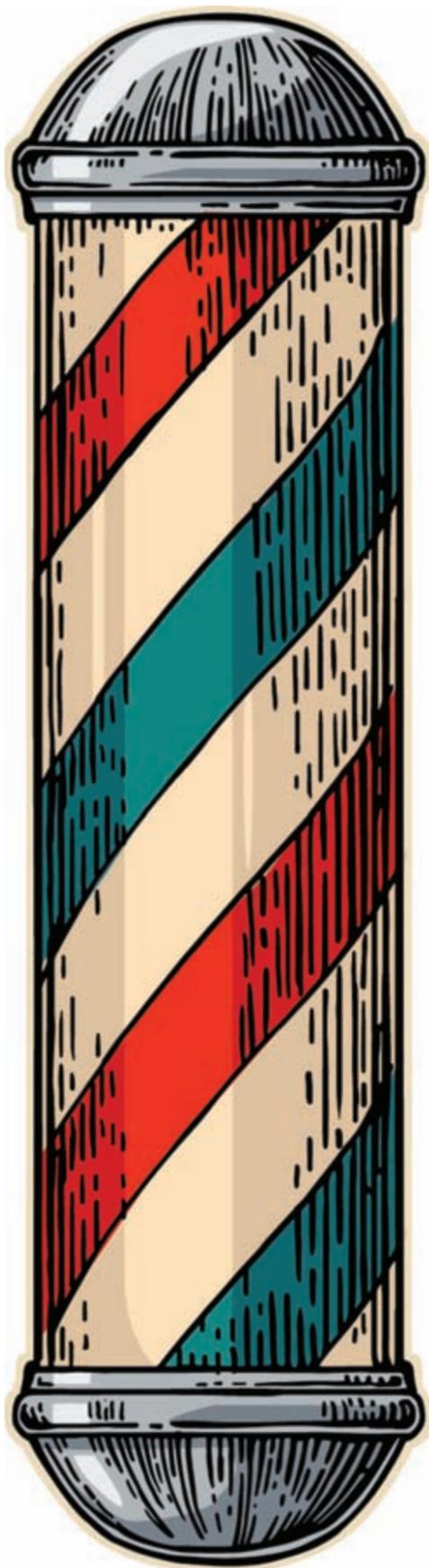
For more information about The Lord's Place, visit www.thelordsplace.org or call 561-494-0125. ■



1. Treasure Patrick
2. Roberta Stanley, Diana Stanley and Joanne Stanley
3. Keren Gonzalez performs during the SleepOut program.
4. Ann Brown, Don Brown and John Virgil
5. Jennifer Loyless, Daniel Gibson, Dave Loyless and Avery Loyless
6. Chrissy Hamon and Walter Hamon

7. Sasha Turner is interviewed by Diana Stanley in the SleepOut program.
8. Crystal Dole, Christopher and Andrew O'Bryant
9. Christopher Sutton and Terence Sutton
10. Dean Pohiman and Scott Powers
11. Gregg Weiss, Raphael Clemente and Mark Montgomery





*What's old
is new at
today's*

BARBER SHOP.

BY ROGER WILLIAMS

rwilliams@floridaweekly.com



ALL OVER FLORIDA, THE MOST OVERLOOKED sculptors in America work every day creating art that should be in a museum but can't, because it changes every week or every month.

We call them "barbers." For \$15 or \$20, good barbers can crown even cretins with a halo of hair so stylish it can make them sing in tune, find the right words, earn a salary raise without trying, become emotionally stable or get the new job in spite of the stiff competition.

SEE BARBER, A14 ►



South Florida real estate off to good start in first quarter

Overall, measured by price, sale and inventory trends, South Florida real estate markets performed well in the first quarter of 2018, according to Douglas Elliman Real Estate's first quarter 2018 South Florida Market Reports.

"What we saw this past quarter was a strong and consistent demand for South Florida real estate," said Jay Phillip Parker, Douglas Elliman's chief executive officer for Florida. "Buyers saw the opportunity to jump into the market, as sellers seemed to decide that this was a good time to sell with the result being increased pricing governed by increased inventory and homes spending less time on the market."

WELLINGTON — Median sales price for condos and single families moved higher. Condo sales rose, overpowering listing inventory which

declined. Single family sales declined as pending sales jumped.

Luxury condos: Median sales price rose 9.4 percent to \$377,500. Average square footage increased 8.4 percent to 1,996. Days on market was 157, up from 132. Listing discount was 3.7 percent, down from 5.5 percent. Listing inventory rose 34.8 percent to 62. Entry threshold began at \$340,000.

Luxury single family: Median sales price jumped 53 percent to \$1,530,000. Average square footage slipped 11.2 percent to 4,007. Days on market was 262, up from 146. Listing discount was 9.5 percent, down from 15.5 percent. Listing inventory slipped 7 percent to 252. Entry threshold began at \$895,000.

PALM BEACH — Number of sales surged for both property types as median sales price slipped. Condo inventory

remained largely stable as single family supply fell. Luxury median sales price surged as listing inventory expanded.

Luxury condo and single family: Median sales price surged 34.1 percent to \$10,025,000. Days on market was 122, down from 239. Listing discount was 14.6 percent, up from 13.2 percent. Listing inventory rose 16.3 percent to 100. Entry threshold began at \$5,425,000.

JUPITER — Single family price trend indicators for the overall and luxury markets boom. Condo price trend indicators were mixed as sales slipped.

Single family: Median sales price increased 11.9 percent to \$500,000. Days on market was 77, up from 73. Listing discount was 6.5 percent, up from 5.1 percent. Listing inventory declined 13.2 percent to 433.

Condo: Median sales price edged up

0.9 percent to \$285,000. Days on market was 46, down from 60. Listing discount was 5.1 percent, up from 5 percent. Listing inventory was unchanged at 318.

PALM BEACH GARDENS — Condo price trend indicators for the overall and luxury markets jumped. Single family price trend indicators declined as sales stabilized

Single family: Median sales price slipped 3.6 percent to \$461,663. Days on market was 83, down from 91. Listing discount was 7.9 percent, up from 6.6 percent. Listing inventory declined 12.1 percent to 540.

Condo: Median sales price rose 9.1 percent to \$240,000. Days on market was 49, down from 59. Listing discount was 4.5 percent, down from 5 percent. Listing inventory rose 0.4 percent to 237. ■

BARBER

From page 13

Along with such details as old-time chairs and striped poles, lathered shaves, hot towels and patience, such skill with clippers, razors and combs is a significant reason old-time barbershops are doing good business in many communities.

Although, explains Doug Flanagan, owner of King's Old-Time Barbershop on Kings Highway in Punta Gorda, "It is what it is — and it's a seasonal business. So, I'm not making as much money as I do in winter now, but it's still good work."

Good work and a good attitude. There are, after all, about 10 million people in the Sunshine State over 45, according to the U.S. Census Bureau, and half of them are men. Many can remember the original old-time barbershops, the ones that began to disappear in the 1960s.

When they find one like that — a modern take on once-upon-a-time — they often appear to appreciate it.

"Walking into the All City Antique Barbers Shop is like stepping into another era with the sights, scents and styles of days gone by — a simpler time when a shave and a haircut was also a social experience," says Alexis "Lex" Arellano, owner of the All City in West Palm Beach, in an online description.

Old-time barbershops still offer a society of sorts to their patrons, a place where conversations and confidences can be shared freely and safely. Along with the amenities of yesteryear.

It's "the same full-service barbershop that your ancestors had with hot lather and steaming hot towels," Mr. Arellano adds, pointing out some other shop amenities, too — a billiards table, yes, but also the inevitable nods to contemporary life: a flat-screen television and a gaming station.

Some shops, a few lucky ones, even employ old-time barbers themselves — men like Jim Gott, at 85 still cutting hair in Blake's Barbershop on West First Street in historic downtown Fort Myers.

The son of a Minnesota barber, he joined the Navy and started cutting hair on a destroyer during the Korean War — his father had sent him the tools, and before long both officers and men had abandoned the ship's barber and were coming to Mr. Gott, he recalls.

Finishing his wartime tour, he returned home, worked briefly in a Buick factory, and then took up his father's profession.

Mr. Gott has no plans to stop cutting hair "until God tells me it's time," he says.

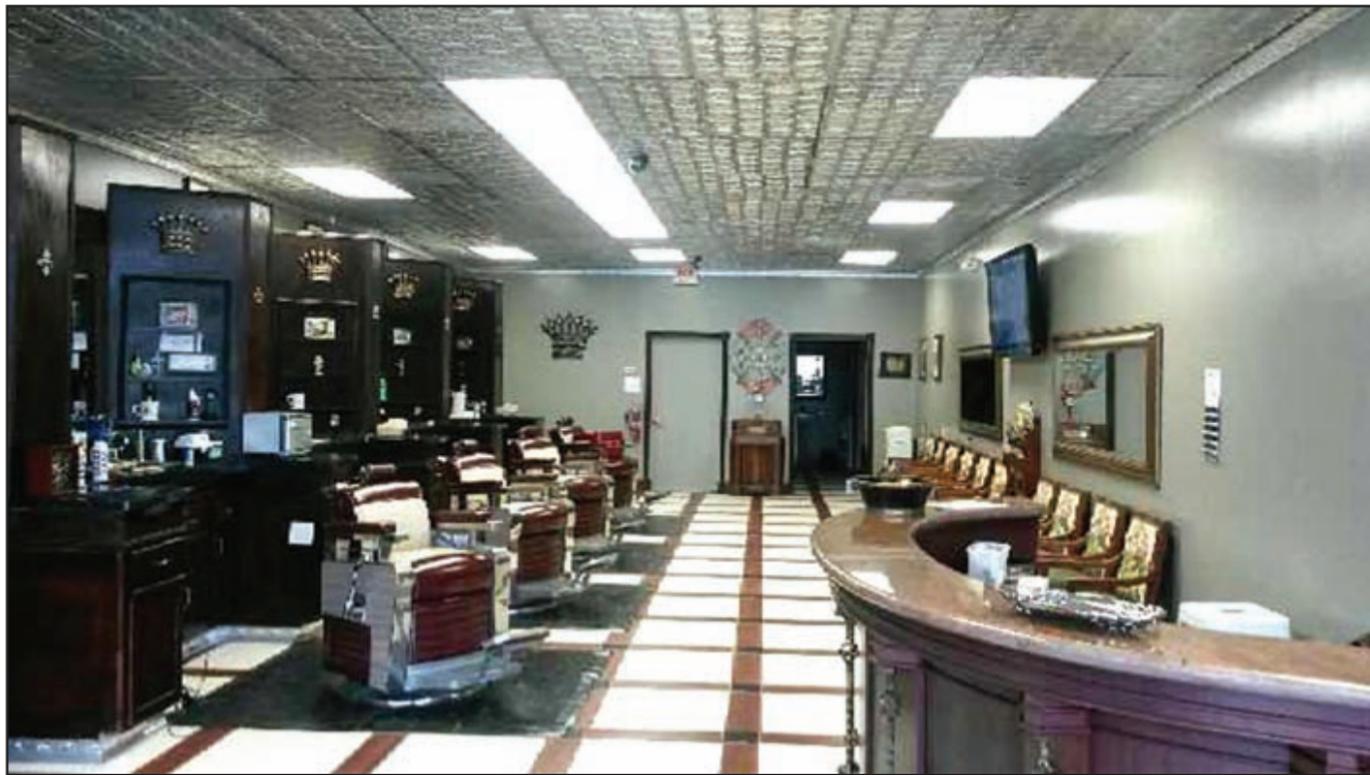
Fit, precise in his movements and deeply interested, he explains the work this way: "You're creating something in a haircut that can be done many different ways — that's what makes an artist (a real barber) rather than just a regular person."

"And it's very rewarding when you're talking to a different person from a different background with a different education or schooling — and you talk to all those different types of people by the day."

Out front of Blake's, the street is paved with bricks salvaged more than a decade ago that covered First Street when Thomas Edison periodically walked downtown from his home a half-mile to the west.

Not only that, but Edison had his haircut at Blake's before it was called Blake's, local historians say. Owners John Yeomans and Ruthann Yeomans, who bought Blake's in 1980 from Blake Landrum, a friend who had operated there for decades before that, have a restored 1920s barber pole out front and big, comfortable, antique barber chairs.

Blake's is the oldest continuously operating business downtown, at 87 years and running.



COURTESY PHOTO

King's Old-Time Barber Shop in Punta Gorda is almost a museum of antiques in itself.



COURTESY PHOTO

Barbara, administering an old-fashioned shave at King's Old-Time Barber Shop in Punta Gorda.



COURTESY PHOTO

Blake's in downtown Fort Myers.

Mr. Yeomans himself is the son of a barber, "and it was the last thing I ever thought I'd do," he's recalled. After growing up in the City of Palms and graduating from college, he became a ski instructor for a time in Colorado, then returned to become a high school history teacher. But when his father began to falter, Mr. Yeomans stepped in to help.

He made more money barbering than teaching, and he never looked back, he says.

"I was just telling some young people about Edison being in this shop, and they were like, 'Wow, so cool,'" says Yvette Mudrak, a Blake's stylist.

That

alone might be worth a visit to this shop, but Blake's offers a lot more than that.

"We offer customized care," Ms. Mudrak explains. "We don't take you and rush you through. You can get a shave around the neck and around the ears, with shaving cream and hot towels. And we offer the care the old-time way" — by being careful and doing the job right, whatever the job calls for.

Such solicitous work appeals to younger people too. In Naples at the Oldies Barbershop on Airport Pulling Road, owner Eric Medina offers "the finest haircut or shave on Florida's Southwest coast!"

And that's without charging an arm and a leg, says David Jacobson, a 30-something patron who first stepped into a stylish place that offered a fine haircut and style for \$90.

Then he found Oldies.

"I sat for about five (minutes) on a walk-in. I kept thinking to myself, 'Wow everyone looks really good in the chair.' When it was my turn, I realized why. These guys take the time to do it the right way. It's not fast, it's art, and they are truly masters at their craft. I walked out delighted and for about the same price as I would have paid at (a franchise). The hot lather and straight-razor touches usually cost three times the price!"

Part of the appeal of these old-time shops is the conversation, the stories — the kind once aimed at men alone. They have since become the provenance of both sexes.

Doug Flanagan, who once worked as a blackjack dealer in Atlantic City but hated the hours, owns and operates the classic King's Old-Time Barbershop.

New Jersey born and raised, with a quick wit and a tol-

erance for the wide range of humanity likely to pass through his antique chairs, he's expanded the business through four good years.

This year he brought the longtime owner of Barbara's Barbershop in Punta Gorda in with him; next year he hopes to maintain three other full-time barbers in the shop.

He kicked off the business with the notion of antiquing it, he says — of not only giving it an old-timey look, but using some of the real equipment.

The chairs he found at an auction and bought them for \$12 apiece. He started with the notion of a Formica-topped, 1950s-era greeting table up front, but then discovered a true antique secretary's desk once used in a barbershop, and bought that. He traveled to Wichita, Kan., to discover an 1890s-era metal ceiling.

"They wanted \$500 for it, it was in lousy shape, so I walked out the door. But they chased me and shouted, 'How much will you give for it?' I told them \$200." Now it's up in the shop.

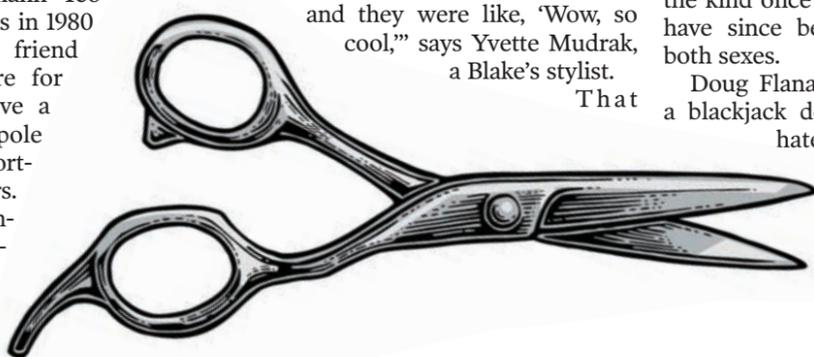
The barbering itself is work he likes, Mr. Flanagan says — but he doesn't necessarily consider himself an artist.

A craftsman, yes — that's how he thinks of his own work, mostly regular haircuts and hot-towel shaves. A regular haircut for seniors at King's is an astoundingly low \$13.

Mr. Flanagan talks to people, to anybody, in a straightforward manner.

And there's a great magazine rack — he even includes a 1939 copy of a Life magazine, reports Florida Weekly's Charlotte Editor Bob Massey, who is also from New Jersey and remembers the old-time shops.

And one more thing, Mr. Massey adds: "Every patron finishes with a hot towel — just like in the good ol' days." ■



BEHIND THE WHEEL

BMW's 430i convertible pays for premium privileges

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BMW made a declaration a few years ago when it created the 4-Series. More than just the two-door version of the popular 3-Series, the new name was about creating a more premium experience, and this 430i convertible is the proof.

Even if the two car lines have separate names, both the 3-Series and 4-Series share many design similarities. The hallmark twin-kidney grille has a dose of flair as chrome tabs connect it to sharp-angled LED headlights. There's a sleek body line that runs the full length and expertly incorporates the door handles. It ends with an unfussy rear that has a hint of integrated spoiler on the trunk.

The 4-Series does get a bit more brightwork, sporty faux fender vents, and few extras, but there is no denying it shares the 3-Series DNA. The real distinction starts when it's time to take the roof off.

There's just something alluring about a hardtop convertible. It carries a sleek coupe profile with a color-matched roof. When all the windows are rolled down, it has the cool pillar-less presentation that we learned to love on muscle cars. And the full roof neatly folds into the trunk when we want to be open to the world. This versatility comes at a cost

— \$53,945 for the base model.

While aiming for a more upscale market might just seem like snobbery, BMW has a genuine reason for aiming higher. The 2-Series is also a sports coupe/convertible line, and with only five inches less in its wheelbase, it's a close sibling to the 4-series. The little brother has a traditional fabric roof, similar engines, and starts at 23 percent less than the 4-Series convertible. With this car occupying the lower end, the base 430i drop top doesn't need to start out basic.

Inside it comes standard with 10-way power adjusting driver's seat, parking sensors and a nine-speaker HD stereo. The smart key system knows each assigned driver, and it adapts the driver's seat position, side mirrors, radio presets and dual zone climate control specifically to whoever enters the car.

BMW's iDrive on-board computer system has become quite user friendly over the years. It now works in conjunction with the 6.5-inch display screen and steering wheel controls to regulate all aspects of the car — from efficiency settings to the interior lighting preferences. The best part is when it's not being used to compute minute details, this system has a split screen so that options like the satellite navigation and satellite radio info can share the same space.



Adding on features is a tradition at BMW. The company offers a long list of extras that rivals a diner's menu, and some of these features are worthwhile. The \$1,100 head-up display not only has the speedometer, but it also works with the steering wheel fingertip controls to scroll through the radio presets. So, it really allows drivers to never take their eyes off the road. Also, when spending this much on a convertible, go ahead and splurge an extra \$550 on a look-at-me metallic color like the Snapper Rocks Blue seen in the photo.

One option box that's already checked on the 4-Series is the motor. While the 430i is the lowest level of the model line, the 3-Series models start one tier below. The 320i features a 2.0-liter tur-

bocharged motor that makes 180 horsepower. BMW turns up the boost to create the 248 horsepower engine found in the 330i and our 430i test car.

The lower-power 2.0 motor is a fine power plant, and it keeps BMW's tradition of sporting vehicles. But more is always better, and thus, the 4-series never even allows it under the hood in an effort to uphold its pure performance credentials.

What this means in the real world is a very eager machine. The twin-scroll turbocharger is there to boost the 430i both from a stoplight and for passing on the highway. It works particularly well on the interstate, where power band feels like it's only getting warmed up when reaching 70 mph (there's a good reason why the wind deflector is standard on this convertible.) And the level of stability while approaching illegal speeds is another reminder that BMW develops their cars with the high-speed Autobahn in mind.

It's this solid all-around feeling that can win customers. There are 17 other less expensive convertibles out there today (including BMW's own 2-Series.) Some of these are also more powerful and/or roomier. But the 430i's full chemistry of premium, power and poise delivers the kind of engineering that's at the soul of a proper BMW. ■

Barrett-Jackson rings up \$38.3 million in sales

BY MYLES KORNBLATT

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Spring is car season in Palm Beach, and that's thanks to the attention from the Barrett-Jackson auction. The 16th annual sale is as much as circus as it is an auto attraction — they housed nearly 700 cars under big top tents.

Barrett-Jackson is one of the more climactic auctions because nearly all vehicles have no reserve to meet.

So when one of these vehicles gets on the block, we all know it will go home with someone new. In fact, only three cars had reserves. They all were exotic Italians, and none of them contributed to the \$38.3 million in sales over the weekend.

The headline going into the auction was Palm Beach County mega collector John Staluppi was offering 145 vehicles from his private stash known as "Cars of Dreams." It was worth the extra attention, considering these sold for \$13.96 million in total, including eight of the top 10 highest sellers.

But the Barrett-Jackson Palm Beach sale also is about more interesting and affordable classics. So while a genuine Herbie the Love Bug Volkswagen Beetle sold for nearly \$130k, it was just as exciting to see a 1977 VW with only 116 total miles sell for \$36,600. And although most people have never seen an Austin Gypsy, a hot-rodded version of this British-style Jeep sold for \$32,450.

Not too much dipped below \$10k this year, but lovers of Corvettes or 1980s classics could find a few bargain basement items.

Probably the most surprising value classics at the auction were an interesting crop of Japanese domestic market



LEFT: A 1960 Willys Jeep Surrey, with the fringe on the top.



PHOTOS BY MYLES KORNBLATT/FLORIDA WEEKLY
RIGHT: A 1950 Cadillac Series 52 (and friends).



LEFT: A 1977 Volkswagen Beetle with 116 miles.
ABOVE: A 1962 Austin Gypsy.

(JDM) offerings. This segment is growing rapidly as more interesting cars from across the Pacific become old enough to be legally imported.

The proof is with more than a half-dozen examples of these right-hand drive cars, including a couple of coveted Nissan Skylines.

The Barrett-Jackson Palm Beach sale seems to understand that variety is the spice of (automobile) life. And glamour and affordability add a little extra pepper. ■

NETWORKING

Palm Beach Chamber of Commerce breakfast, Kravis Center



Tom Ross
and William
Cummings



ANDY SPILOS/FLORIDA WEEKLY

1. Jeremy Johnson, Melissa Sullivan, Jennifer Sullivan and Ryan Bridger
2. Ezra Krieg, Carlee Miller, Brian Edwards and Bern Navarro
3. Michael DeBock, Yianna Kaplanidis and Michael Athmer
4. Julia Murphy, Susan Kaplan and Katherine Murphy
5. Tim Kinzler, Tammy O'Rourke and Scott Sweigart
6. Joshua Daniel, Jay Zeager and Bob Goldfarb
7. Ashley Berry, Bruce Leet and Cara Pregadio
8. George LeMieuz and Vicki Pugh
9. Gary Lickle and Bill Meyer
10. Noel Martinez and Sarah Elwell

REAL ESTATE

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COURTESY PHOTOS

Water Club villa offers luxury retreat

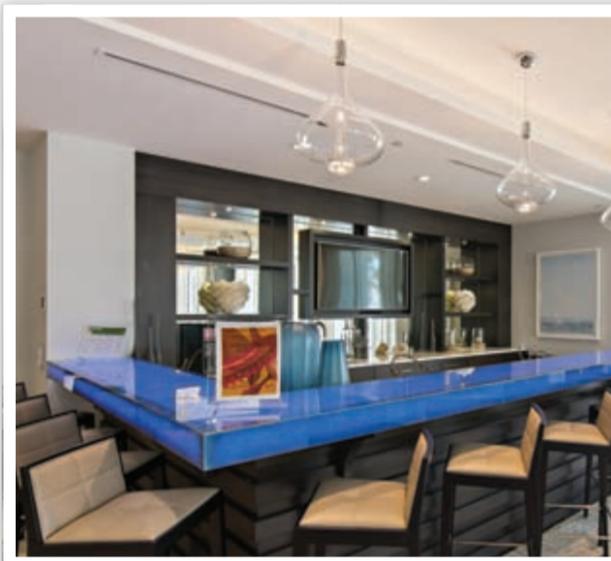
SPECIAL TO FLORIDA WEEKLY

Completed in December 2016, this luxury two-story North Palm Beach villa has its own two-car attached garage, a great room floor plan with summer kitchen and private patio deck that overlooks the wide harbor, and three bedrooms and three baths on the second floor. The master suite sits right on the water's edge with a large balcony, which offers the perfect setting to enjoy coffee with the sunrise.

Just steps away, enjoy all the amenities of Water Club, a Kolter community that include a state-of-the-art fitness center with movement studio; community lounge with fireplace, bar and billiard table; resort style pool and spa, lap pool and fire pit seating areas with a private beach and available day docks.

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ON THE LINKS

USGA visiting Jupiter Hills for Amateur Four-Ball Championship

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were Doug Snoap, Apopka, and Bob Campione, Palm Coast. It was Snoap's third win with as many different partners in the last eight years.

Florida Women's State GA:

Mary Jane Hiestand, Naples, won the Senior Amateur for the fourth time in the last six years, scoring 74-74—148 at CC of Ocala. Other flight winners: Christine Hunt, Ponte Vedra Beach, super seniors, 158; Kristine Boogren, Coral Springs, senior field, 161; Linda Sturges, Oswego, N.Y., senior field first flight, 184; and Marla Flinn, Bradenton, super senior field, 164. The best PBC showing was by Kathy Baker of Wellington, fourth in super seniors on 164.

Palm Beach County GA:

David Abell of North Palm Beach won a PBCGA event for the first time since 2009 when he teamed with Matt Minister to capture the sixth annual Pricey Par 3 at Jupiter Dunes GC. Abell and Minister got the edge in a chip-off at the second extra hole after four teams tied at four under par 50. The others were Scott Turner, Stuart, and Greg Forest, West Palm Beach, the 2017 champions; John Powers, Delray Beach, and Greg O'Mahoney, Tequesta; and Terry Wittek, Jupiter, and Jeff Helfrich, Stuart. It was Abell's seventh PBCGA title, including the 2005 County Amateur, the first for Minister. Apparently, Abell has recovered from a series of injuries that had sidelined him for several years.

A week later, Turner edged Robbie Wight by two Stableford points, 86-84, in the 17th annual Tire Kingdom International on PGA National's Fazio course. It was Turner's 10th PBCGA victory, his seventh since regaining his amateur status in 2016. He shot 67 on his own ball. Turner is the owner-operator of the Minor League Golf Tour. Second among 40 entries, Wight, an attorney, won the County Amateur in 2015.

Society of Seniors:

Michael Mercier, Juno Beach, was a member of the winning team in the 36th annual Ed Tutwiler Memorial Four-Ball at Kiva Dunes in Gulf Shores, Ala. Mercier and John Kircher, Pittsford, N.Y., won the senior division, ages 55-64, on the second playoff hole after they tied at 210 with Steve Hudson, Birmingham, Ala., and Lawrence Field, Palm Desert, Calif. Other age group toppers: super seniors, 65-74, Texans Jerry Hudgins, Tyler, and Mike Rice, Houston, 211; grand masters, 75-up, Claud Johnston, Canton, Mich., and Dick Clemens, Tampa, 222. It was Johnston's 13th SOS title.

South Florida PGA:

Brian Peaper and Biff O'Reilly, Lost Tree Club, North Palm Beach, won low gross for the second year in a row at the 39th annual Club Car/Pro-Official. They shot 65 at Frenchman's Creek-South compared to 66 last year at Fiddlesticks CC in Fort Myers. Peaper was also low pro with 69. Low net at 62 were Richard Terga and Patrick Pettit of Jupiter CC.

Three teams from Palm Beach County tied for second in the Foundation Pro-Amateur on the South course at Fort Lauderdale CC. Matching 63s were Colin Amaral-Mike Connors, CC at Mirasol; Kenny Leach-Kevin Smith, Don Law GA; and Mark Beaulieu-Bryce Buesin, Atlantic National GC. Winning with 62 were Jan Urso and Darryl Whitford of Inverrary CC in Lauderhill. ■

The USGA will be visiting the Jupiter Hills Club for the second time when it stages its fourth annual Amateur Four-Ball Championship, May 19-23, more than 30 years after the U.S. Amateur was played on the Hills course in August, 1987.

It may be stretching geography a bit to say Jupiter Hills is in Palm Beach County. The mailing address is Tequesta but the club is a mile or so north of the Martin County line. But if that is good enough for the U.S. Postal Service, who are we to argue?

Using the above rationale, there have been five USGA championships staged in Palm Beach County since 1963, with the Four-Ball followed by the Walker Cup at Seminole GC in May, 2021.

Here's a quick summary:

1963, Senior Women's Amateur @ CC of Florida, won by Marion Choate.

1978, Senior Amateur @ Pine Tree GC, Keith Compton.

1987, U.S. Amateur @ Jupiter Hills Club, Billy Mayfair.

1992, Women's Mid-Amateur @ Old Marsh GC, Marion Maney-McInerney.

1992, Senior Amateur @ Loxahatchee Club a week later, won by Clarence Moore.

In the Four-Ball, 36-hole qualifying is scheduled on the Hills and Village courses May 19-20. The Hills layout will be used the rest of the week for the match play competition: May 21, first round; May 22, second and third rounds; and May 23, semifinals and championship match.

Previous sites for the Four-Ball: 2015, Olympic Club, San Francisco; 2016, Winged Foot GC, Mamaroneck, N.Y.; and 2017, Pinehurst, N.C., CC, Nos 2 and 8. Bandon Dunes in Oregon is up next in 2019.

Volunteers are still needed at Jupiter Hills. For information, go to www.usga.org/fourball.

Florida State GA:

Two Juno Beach players tied for fourth at 221 in the 57th annual Senior Amateur at Mayacoo Lakes CC, West Palm Beach: 2014 champion Pete Williams and Michael Mercier. Bill Barnes of Bonita Springs won with a two-putt par-4 on the first extra hole, the 18th, edging Don Whittimore of Temple Terrace after they tied at 215. Moments earlier, Barnes "saved" double bogey at 18 after hitting his third shot into the pond in front of the green. Whittimore closed with 68, Barnes at 75.

Donald Staton, Boca Raton, was second in the 65-older division at the eighth annual Super Seniors Championship at Buckhorn Springs CC in Valrico, beaten one stroke, 218 to 217, by Doug LaCrosse of Tampa, a former PGA Tour Champions player. Other age group winners were Jim Mason, Freeport, 70-74, 149; and Edward Craig Jr., Orlando, 75-over, 146.

Jeffrey Horn, Boynton Beach, and Marc Dull, Winter Haven, tied for third in the 15th annual Senior/Mid-Amateur Four-Ball at Stone Creek GC in Ocala on 67-65—132. Dull was the FSGA Player of the Year for 2017. The winners at 131



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The award for Top Corporate Team went to CDM Smith.

SWA offers a race against trash

Where does your trash go when it goes away?

Last Sunday, 266 people found out when they took part in the Solid Waste Authority of Palm Beach County's Run AWAY 5K. This trail run/walk through the SWA Greenway Trail System brought participants through cabbage palm hammocks, pine flatlands and the SWA Rookery.

The event raised \$7,000 that benefited Resource Depot (www.resourcedepot.net), a local nonprofit that keeps reusable resources out of the landfill and puts them back in the hands of those who need them in our community.

After the 5K, participants and spectators explored the nearby SWA Education Center and learned how the SWA transforms garbage into electricity. ■

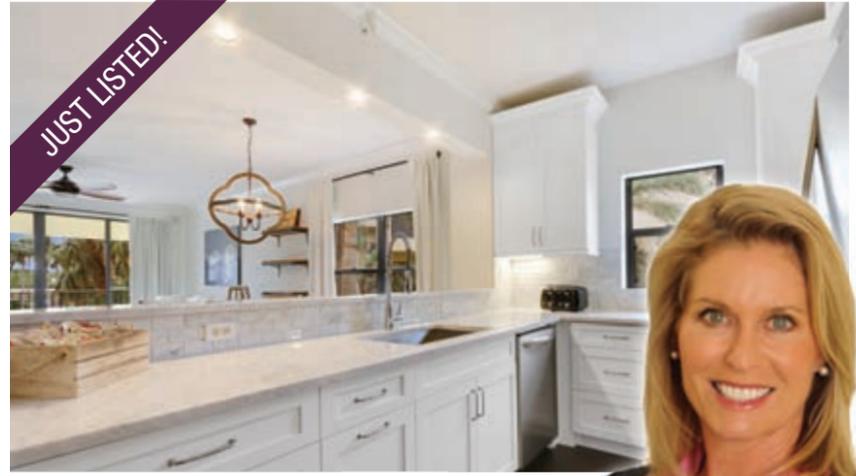


Overall race winner Todd Clements of Palm Beach Gardens dashes to the finish line at the 2018 SWA Run AWAY 5K.

COURTESY PHOTOS

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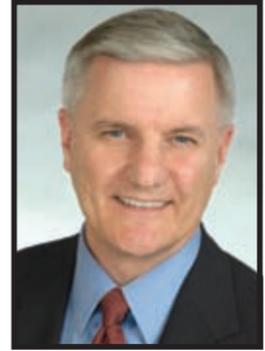
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Tower Suite 7A is a world class condominium with panoramic oceanfront views encompassing over 7,440 square feet under air. There are two massive living areas each with its own unique features. The kitchen is fit for a large family with two dishwashers, subzero refrigerator, beautiful LEEDS cabinetry along with a separate butler's pantry, additional subzero refrigerator, dishwasher and plenty of storage. Tastefully completed in a beautiful array of classically designed finishes that would suit any decor. Three large guest suites plus a master bedroom suite with his and her bathrooms, separate sitting room with a morning kitchen area and media center. There is a large office just off the master bedroom facing the ocean, perfect for watching the sea turtles make their way back to the ocean. This residence is being offered at **\$8,495,000**. For a private tour, please call Jeannie Walker (561) 889-6734.



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3BR+DEN/3.5BA - \$3,300,000



Ritz Carlton Residence 1804A
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3BR+DEN/3.5BA - \$3,200,000



Oasis Singer Island 17A
3BR+DEN/3.5BA - \$2,695,000



Oasis Singer Island 15B
3BR+DEN/3.5BA - \$2,599,000



Ritz Carlton Residence 1502B
3BR/3.5BA - \$1,999,000



The Resort 2050
3BR/3.5BA - \$1,799,000



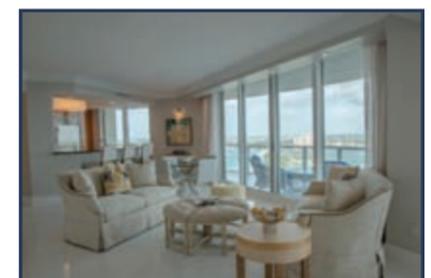
Ritz Carlton Residence 2104B
2BR+DEN/2.5BA - \$1,499,999



Water Club 1603-S
2BR+DEN/2.5BA - \$1,350,000



Water Club 1504-S
2BR+DEN/2.5BA - \$1,349,000



Ritz Carlton Residence 2506B
2BR+DEN/2.5BA - \$1,149,000



Martinique ET1903
2BR+DEN/2.5BA - \$1,095,000



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2BR+DEN/2.5BA - \$925,000



Martinique ET502
2BR/2.5BA - \$799,000



Martinique WT804
2BR/3.5BA - \$649,900

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ARTS & ENTERTAINMENT

WEEK OF APRIL 19-25, 2018

WWW.FLORIDAWEEKLY.COM

| SECTION B

"I think one of the integral messages of our show is a Shakespeare line:
'To thine own self be true,'" — Autumn Hurlbert

Something special

'Something Rotten!' offers a new take on Shakespeare



COURTESY PHOTOS



Autumn Hurlbert and Josh Grisetti in "Something Rotten!"

SEE ROTTEN, B10 ►

BY STEVEN J. SMITH
ssmith@floridaweekly.com

Autumn Hurlbert, who plays Portia in the national tour of "Something Rotten!" — which is making its next stop at the Kravis Center on May 1 — said she originally wanted to try out for the Broadway production, but there was a slight problem.

"I was super pregnant when they were auditioning," she laughed. "So that was out. I'd just had my baby, Lincoln, when the show opened on Broadway and I went to see it. It was one of my first outings after I had him and I'll never forget it. I laughed so hard and I just loved the character of Portia."

Symphony looks to Season 45

FLORIDA WEEKLY STAFF

Next season will be Palm Beach Symphony's 45th.

And the orchestra plans a mix of classics it says will inspire for 2018-19.

"In our landmark 45th anniversary season, we'll be celebrating our distinguished history while setting the stage for even more remarkable things to come," Executive Director David McClymont said in a statement.

Artistic and Music Director Ramón Tebar will conduct all five concerts in the series, two of which will feature guest soloists.



ESTEBAN PARCHUC / COURTESY PHOTO

SEE ROTTEN, B10 ► Ramón Tebar conducts the Palm Beach Symphony at the Kravis Center.

HAPPENINGS



COURTESY PHOTO

The Black Jacket Symphony will celebrate the 50th anniversary of 'Sgt. Pepper's Lonely Hearts Club Band.'

Concert marks Beatles album's 50th anniversary

BY JANIS FONTAINE

pbnews@floridaweekly.com

The Beatles' "Sgt. Pepper's Lonely Hearts Club Band" is universally revered as one of the best albums ever made. Although nothing will ever be able to match the experience of hearing those songs through young, virgin ears, The Black Jacket Symphony would like to embellish that memory with one of its own.

On April 29, The Black Jacket Symphony will celebrate the 50th anniversary of The Beatles' "Sgt. Pepper's" with a full live recreation of the musical masterpiece. The Black Jacket Symphony's signature is its — pardon the British term — spot-on reproduction of the Beatles' work.

It's a disgrace to call BJS a cover band, but in a way, they are. They're just the best cover band ever. The BJS recreates the music with such attention to detail that Sgt. Pepper's is especially challenging because of all the experimenting the Beatles were doing with sound and recording.

Since its first gig in late 2009, the BJS has played concerts featuring Pink Floyd's "Dark Side of the Moon" and the Eagles "Hotel California." Its musicians are hand-picked for each album recreation so there really isn't a single cover band. As many as 100 different musicians are in the BJS database waiting for a turn to perform one of these iconic albums.

The Black Jacket Symphony presents the Beatles' Sgt. Pepper's takes the stage at 7:30 p.m. Sunday, April 29, at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Tickets: \$15 and up at www.kravis.org or 561-832-7469.

Art After Dark at Norton

If you haven't visited the Norton Museum of Art for Art After Dark lately, stop by the museum May 3 on your way to SunFest. From 5-9 p.m., the museum offers art, an art workshop, live music and refreshments.

The popular spotlight talks will highlight artists who made films, specifically Hank Willis Thomas' "Opportunity;" Charles Sheeler's "Shadow and Substance," and Mickalene Thomas' "Naomi Look-

SEE HAPPENINGS, B10 ►

COLLECTOR'S CORNER

When it comes to Fenton glass, this stand takes the cake



scott SIMMONS
ssimmons@floridaweekly.com

Miss Beula loved her Fenton Silver Crest glassware.

The milk glass had a clear, ruffled border that always brought a smile from me — just how did the West Virginia glass company do that?

It was simple, it was pretty and it probably was the nicest thing Beula, my dad's stepmother, owned.

She had a few pieces of the glass in her tiny house in Belle Glade, but it was after she bought a larger house in Riviera Beach that she began to accumulate and display the pieces.

First, it was a pair of candlesticks. Then my mother bought her a basket.

By the time she moved to her home in Jupiter, a large epergne held the place of honor on her dining table, its tall horns filled with plastic flowers at times.

Alas, decorating may not have been Beula's strong suit, but she picked a classic to collect.

When Fenton first began to produce the glass around 1940, it was drawing inspiration from Victorian ribbon glass made by the English firm Stevens & Williams.

The company turned out pieces with the clear ribbon of glass around the

border, and branched out to blue (called Aqua Crest), green (Emerald Crest) and amber (Gold Crest).

I have lamps and dinner plates in Aqua, serving pieces in Emerald, as well as rarely seen pieces of pink- and turquoise-colored milk glass with the clear edge (called Silver Rose and Silver Turquoise). Rarer are the red (Flame) and black (Ebony) crests.

It amazes me to see the array of colors in which Fenton created its Crests, and I now have a collection of more than 100 pieces.

With Fenton glass, the quality is consistently nice, especially with older pieces. But the company continued reintroducing and reinventing color combinations up until it quit producing glass in 2011.

As for Beula, she could be prickly at times, but she always did the right thing, caring for my grandfather for the two long years of his decline.

She died in 1999, too young, and too soon after my grandfather.

But I smile to remember her each time I see a piece of the Fenton Crests.

Don't miss:

Historic Downtown Arcadia Antique Fair — Fourth Saturday of the month along Oak Street, 863-993-5105 or www.arcadiaantiques.com. ■



SCOTT SIMMONS / FLORIDA WEEKLY
This Fenton Ebony Crest cake stand dates from the 1950s or '60s. The company made the glass in an array of colors.

THE FIND: Fenton Ebony Crest cake stand

Bought: The Lord's Place Joshua Thrift Store, 7600 S. Dixie Highway, West Palm Beach; 561-537-4666 or www.thelordsplace.org.

Paid: \$25

The Skinny: I always have my eyes skinned for pieces of the Fenton Crests. Some, like the company's crystal-rimmed Silver Crest, are ubiquitous, popping up in antiques shops and thrift stores everywhere.

Others, like the black-rimmed Ebony Crest, are harder to find. Fenton first made its Ebony Crest in the 1950s. Its original formula for milk glass had an opalescent quality. The company changed its formula in the mid-1950s to the flat-white milk glass from which this cake stand was made.

It's unmarked, as are most Fenton pieces made before the 1970s, and it's a piece for which I will make room. ■

SunFest

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4 DAYS • 3 STAGES • 50 BANDS

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BEST DEAL

4 DAY PASS
\$81
LESS THAN \$21 A DAY

2 DAY PASS
\$65
SAVE \$11

1 DAY PASS
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Find the latest schedule, an interactive map, parking details CONTESTS, more with the SunFest App, powered by FORD.

★ **ENJOY THE ART DISTRICT & CHILLZONE!**
Relax, play and meet up with friends.




2018 GOLDNER FAMILY FUN SERIES

presents

CLEMENTINE



Clementine is having a terrible week, but this spunky eight-year-old doesn't let her daily visits to the principal's office get her down! Come join America's favorite curly-haired carrot-top as she navigates an epic third grade adventure you'll never forget. Appropriate for families with children ages 3 - 10.

Join Clementine and her friends for this family show!

SAT, APRIL 28 AT 11:00 AM

EISSEYCAMPUSTHEATRE.ORG

THEATRE TICKET OFFICE 561-207-5900
11051 Campus Drive, Palm Beach Gardens

FLORIDA WRITERS

Jeff Klinkenberg's fourth collection is another Florida treasure

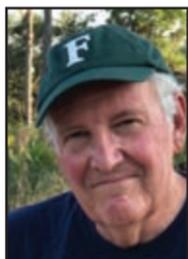
philJASON

philjreviews@gmail.com



■ **“Son of Real Florida: Stories from My Life” by Jeff Klinkenberg. University Press of Florida. 248 pages. Hardcover, \$24.95.**

You're not likely to find a book that can top this one for love of its topic, wisdom, curious information and a quiet, self-deprecating humor. If Florida has a soul, then Jeff Klinkenberg is its singer. If you enjoy unforgettable characters, nature, history or intriguing places, he offers plenty of well-turned vignettes to hold your attention and bring a smile to your face.



KLINKENBERG

However, it's not all smiles. There's a sadness here too: Much of what he calls “real Florida” is gone, and much more is fading. Mr. Klinkenberg respectfully memorializes what's gone. He makes his peace with what has replaced it. He is somewhat comforted by what's left.

He divides “Son of Real Florida” into 10 chapters, each of which has several smaller sections. This design makes for easy reading. While the book has various kinds of flow and continuity, there are plenty of resting places to enjoy before moving on.

After looking back to his relationship with his father, Mr. Klinkenberg (hereafter “Klink”) ruminates on what kind of lifestyles define Florida: beach bums, a taxi-driving woman from a small town to its tiny airport, a swampland wedding and living among rattlesnakes.

Representative special Florida people include Miss Martha the oyster shucker, Sheepshead George the fisherman and that rare phenomenon: an African-American Florida cowboy. The profiles are vivid, affecting and likely to stay with you. They deserve rereading.

What is real Key lime pie? This author has the answer. What happened to the citrus shops that used to dot the highways? Klink knows what and why. Then there's the problem of designing and growing the perfect, yet affordable and transportable, tomato.

Florida has distinctive culture-defining places. The Coral Castle and its devoted creator both belong to the vanished past but did limp into the 21st century. Luther Cook's garden was a millionaire's delightful hobby that kept him in touch with his boyhood. Then there's the real place named Rattlesnake and the place that lives only in collective Florida hopes and dreams: the fountain of youth.

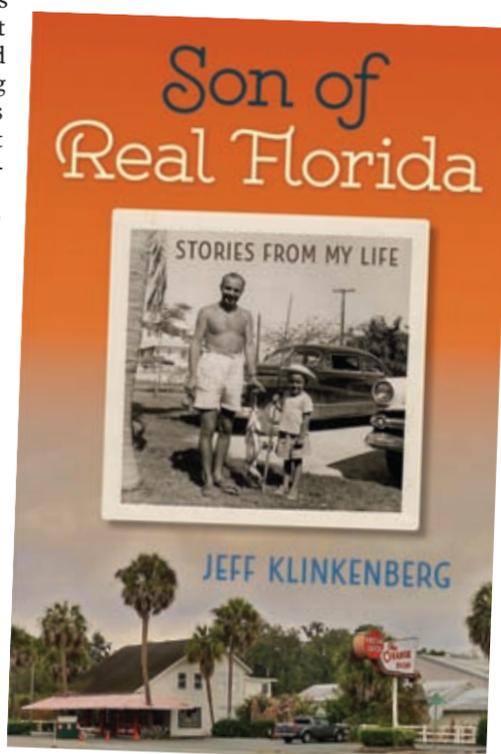
This fine author is eager to share his respect for other significant Florida authors and artists. Klink waxes nostalgic about the power of Robb White's “The Lion's Paw,” for him a classic of Florida literature. He profiles Patrick Smith; legendary photographer Clyde Butcher; Harriet Beecher Stowe; Michael Gannon; mermaid photographer Bruce Mozert, who eternalized Silver Springs;

and numerous lesser-known exemplary figures — exemplary, that is, of being one of a kind, including reformed criminal Billy the Kid Emerson. To this chapter Klink adds his personal list of books every Floridian should have on the shelf. They range from Marjory Stoneman Douglas's “River of Grass” to John D. MacDonald's “Condominium” and Randy Wayne White's “The Man Who Invented Florida.”

A section titled “Seasons of Real Florida” offers beautifully written, image-laden descriptions of the four seasons in Klink's beloved state. One might call them prose poems.

A section about the southernmost reaches of the Sunshine State offers enchanting portraits of the tiny Ochopsee Post Office, Coral Reef State Park, the Seven Mile Bridge, the Hemingway House (on Key West) and Dry Tortugas National Park. Others have written about these places, but Klink's descriptions are the most fun.

After sketches of another handful unforgettable characters, true Florida



originals, this exceptional Florida original says so long with a reprise of his career as a Florida newspaperman. He has been one of the best, and this book makes it very clear just why this is so.

About the author

Jeff Klinkenberg wrote for the Tampa Bay Times (formerly the St. Petersburg Times) from 1977-2014. He is the winner of the Florida Humanities Council 2018 Florida Lifetime Achievement Award for Writing; a two-time winner of the Paul Hansell Distinguished Journalism Award, the highest honor given by the Florida Society of Newspaper Editors; and a recipient of a 2018 Florida Folk Heritage Award. He is the author of “Alligators in B-Flat: Improbable Tales from the Files of Real Florida”; “Pilgrim in the Land of Alligators: More Stories about Real Florida”; and “Seasons of Real Florida.” ■

— Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, is a poet, critic and freelance writer with 20 books to his credit, including several studies of war literature and a creative writing text.

Got Tickets?

THE BLACK JACKET SYMPHONY PRESENTS THE BEATLES' SGT. PEPPER'S LONELY HEARTS CLUB BAND

50TH ANNIVERSARY CELEBRATION

Sunday, April 29 at 7:30 pm

Dreyfoos Hall
Tickets start at \$15

A full video wall, dazzling lighting and graphics create the ideal backdrop for this stunning tribute—including the performance of Sgt. Pepper's Lonely Hearts Club Band in its entirety—plus a full set of The Beatles' greatest hits.



MICKEY THOMAS TERRY ORGAN RECITAL

Saturday, May 12 at 7:30 pm

Rinker Playhouse
Tickets \$30

Renowned recitalist Dr. Mickey Thomas Terry shares his extraordinary skill on the George W. Mergens Memorial Organ, a custom Marshall & Ogletree digital organ.

TERRY FATOR

Saturday, May 12 at 8 pm

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Tickets start at \$25

Celebrated ventriloquist, singer and comedian, Terry Fator and his host of characters show off his masterful impressions and gift for entertaining.

For mature audiences.

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ALWAYS AND FOREVER: AN EVENING OF LUTHER VANDROSS STARRING RUBEN STUDDARD

Sunday, May 13 at 7:30 pm

Dreyfoos Hall
Tickets start at \$15

Ruben Studdard, hailed as the “next Luther” during his run on *American Idol*, sings many of the hits that made Luther a legend including *Endless Love*, *Dance With My Father* and much more.



Choose your seat at the Center's **official website kravis.org** or call 561.832.7469 or 800.572.8471
Group sales: 561.651.4438 or 561.651.4304

Artists and programs are subject to change.



FOR THE PERFORMING ARTS
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CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnews@florida-weekly.com.

THURSDAY 4/26

Art After Dark — 5-9 p.m. April 26, Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. Spotlight talks, tours. 561-832-5196; www.norton.org.

Clematis by Night — 6-9 p.m. Thursday, West Palm Beach Waterfront, West Palm Beach. Music, food, drink, vendors and a sunset. Info: www.clematisbynight.net.

Jupiter Christian School presents One-Act Theatre Festival

— 7 p.m. April 26-27, Eisse Campus Theatre, 11051 Campus Drive, Palm Beach Gardens. A two-night festival full of one-act plays and musical theatre selections. Tickets: \$15 adults, \$10 students, free for age 3 and younger. 561-746-7800; www.jupiterchristian.org

Israel Story's Mixtape: The Stories Behind Israel's Ultimate Playlist

— 7-9 p.m. April 26, Harriet Himmel Theater, CityPlace, 700 S. Rosemary Ave., West Palm Beach. Hosted by Jewish Federation of Palm Beach County and inspired by NPR's "This American Life," celebrate the 70th anniversary of the Jewish state with stories of Israel, musical performances, mixed media art by featured artist Hanoch Piven. Free. Israeli food for purchase. Register at www.jewishpalmbeach.org/israel70 or 561-615-4974 or bar.sananes@jewishpalmbeach.org.

Time Step — Through May 6, Stage Door Theatre, 8036 W. Sample Road, Margate. Award-winning director/choreographer Kevin Black's newest creation, with musical direction by Ben Bagby. Tickets: \$48. 954-344-7765 / www.stagedoorfl.org

Yom Ha'Shoah Art Exhibit — Through April 30, Mandel JCC, 8500 Jog Road, Boynton Beach. Free. www.jewishpalmbeach.org/holocaustcenter.

FRIDAY 4/27

Sunset Celebration — 6-9 p.m. April 27, Lake Park Harbor Marina, 105 Lake Shore Drive, Lake Park. Featuring OldSkool Band performing funk and jazz, cash bar, food, vendors. 561-840-0160; www.lakeparkflorida.gov.

Northwood Village Art Night Out

— 6-9 p.m. April 27, Northwood Road, West Palm Beach. Arts and craft vendors, specials from businesses, entertainment, galleries stay open late, street art, and dining deals. Plus a fundraiser for Arbor Day to benefit Northwood GREENlife. A \$5 donation buys a make-and-take project in partnership with Grow, Tiny Doors WPB and Nowlin Flower Shop. https://www.facebook.com/NorthwoodVillageFanPage/.

Wine & Cheese Fest to benefit Little Smiles

— 6-9 p.m. April 27, Palm Beach Outlets, 1751 Palm Beach Lakes Blvd., West Palm Beach. A fundraiser for Little Smiles, a nonprofit that creates little smiles by providing gifts and fun activities to children impacted by serious illness, homelessness or tragedy. \$10, includes a keepsake wine glass, wine tastings from Italy and a selection of cheeses. Live music. Get tickets at www.littlesmilesfl.org/events.

SATURDAY 4/28

Plant-A-Palooza Spring Plant Sale — April 28-29, Mounts Botani-

cal Garden, 531 N. Military Trail, West Palm Beach. More than 80 vendors of hard to find plants and accessories. Admission: \$15 adults; \$5 children; free for members. 9 a.m.-4 p.m. Saturday, 9 a.m.-3 p.m. Sunday. 561-233-1757; www.mounts.org.

Digital Tools to Grow Your Business

— Summit for small businesses presented by Palm Beach SCORE. Learn how digital tools can add to your client base, increase sales and improve your bottom line, 8:30 a.m.-1 p.m. April 28, Keiser University, 2600 N. Military Trail, West Palm Beach. Cost: \$20. To register, visit www.palmbeach.score.org or call 561-833-1672.

Abacoa Yard Sale

— 7 a.m.-noon Roger Dean Chevrolet Stadium, 4751 Main St., Abacoa, Jupiter. Free to attend; open to public. Info: 561-630-1831.

Access the Outdoors

— 10 a.m.-2 p.m. April 28 at Jonathan Dickinson State Park, 16450 SE Federal Highway, Hobe Sound. This family fun day and vendor and resource fair introduces children and adults with disabilities to the great outdoors at JDSP with games, resources, food, a scavenger hunt, raffle and prizes. Park entry fee is \$6 per car but the first 100 cars get in free. The park is ADA accessible. Dogs allowed on leash. 772-546-2771; www.jdstatepark.com.

Clementine

— 11 a.m. April 28, Eisse Campus Theatre, 11051 Campus Drive, Palm Beach Gardens. Part of the 2018 Goldner Family Fun series, presented by Barter Theatre. America's favorite curly-haired carrot-top as she navigates the waters of friendship, family, school and mischief of third grade. For ages 3-10. Tickets: \$12. 561-207-5900; www.EisseCampusTheatre.org.

The Music You Love! Romantic Masterpieces

— 2 p.m. April 28, Osher Lifelong Learning Institute Auditorium, FAU John D MacArthur Campus, Jupiter. Performer: Sofiya Uryvayeva Martin plays two pieces composed by Richard Addinsell and Edvard Grieg. \$25 members, \$35 nonmembers. www.fau.edu/osherjupiter; 561-799-8547.

Jubilant Song Concert Series

— 7 p.m. April 28, Metropolitan Community Church of the Palm Beaches, 4857 Northlake Blvd. in Palm Beach Gardens. Frank E. Perko III performs sacred, classical and contemporary music on the church's new Yamaha C-3 grand piano and Rodgers 599 organ. Tickets: \$25 at www.brownpapertickets.com. Info: 561-775-5900; www.mccpalmbeach.org.

SUNDAY 4/29

Free Tai Chi — 8-9 a.m. Sundays through May 6, Veterans Plaza Amphitheater, 10500 N. Military Trail, Palm Beach Gardens. Anyone younger than 16 must be accompanied by a parent. Info: 561-630-1100 or email recinfo@pbgfl.com.

Sweet Corn Fiesta

— April 29, Yesteryear Village, South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. A kids' zone with rides, costume contests, live music by the Krystal River Band and the Andrew Morris Band, and corn-eating and corn-shucking contests. \$10 adults, \$5 ages 6-11, and free for age 5 and younger. A \$5 unlimited rides wristband for kids. www.sweetcornfiesta.com.

The First Annual Beth El's Got Talent

— 3 p.m. April 29, in the Yeckes Chapel on the Temple Beth El campus, 2815 N. Flagler Drive, West Palm Beach. Free. Guests welcomed. Refreshments to

follow. 561-833-0339 or visit www.bethelwpb.com. To participate, email Alan Jacobson at alan@donohuerealestate.com.

The Masterworks Chorus performs "Requiem"

— 4 p.m. April 29, Meyer Hall at Dreyfoos School of the Arts, 500 S. Tamarind Ave., West Palm Beach. Wolfgang Amadeus Mozart's final composition. Guest soloists include Marina Hogue, soprano, Ashlyn Taylor, mezzo-soprano, Christopher Waite, tenor, and Dylan Evans, bass. Tickets: \$25 adults; \$10 students. www.masterworkspb.org; 561-845-9696.

Zimmermann's Café Chamber Music

— 4 p.m. April 29, St. Andrews Episcopal Church, 100 N. Palmway, Lake Worth. Five South Florida composers present compositions: Michael Bies' "Blue Ridge," Robert Hebble's "He Is Risen," Dorothy Hindman's "Jerusalem Windows" for piano trio; Dennis Kam's "Lokahi" and Carlos Rivera's "Raven Dance." Cabaret-style seating and "serve yourself" food, wine and coffee. \$20 cash or check at the door. Free for students with ID. www.ZimmCafeMusic.org or 561-586-0532.

"Choral Masterpieces Through the Ages"

— 4 p.m. April 29, Florida Atlantic University's Osher Lifelong Learning Institute Auditorium, 5353 Parkside Drive, Jupiter. The 70-member Choral Society of the Palm Beaches culminates 56th season with a collection of Leonard Bernstein's great choral performances. Student winners from the society's young artist vocal competition also perform. Tickets: \$25; \$10 students. www.choralsocietypalmbeaches.org, 561-626-9997.

WEDNESDAY 5/2

The West Palm Beach Fishing Club meets

— 7 p.m. May 2 at the WPBFC's historic clubhouse, 201 Fifth St. at North Flagler Drive, West Palm Beach. Mark Hightower will speak about Spillway Fishing for Snook and Update on the Spillway Project. Annual membership is \$80 for adults, \$25 for juniors age 10 - 18 and \$15 for pee wees (up to age 9). A family membership is \$150, plus a \$15 processing fee for new members. Info: http://www.westpalmbeachfishingclub.org/

LOOKING AHEAD

SunFest

— May 3-6, along Flagler Drive, downtown West Palm Beach. 561-659-5980, 800-SUNFEST; www.sunfest.com

Author appearance: Patricia Bernstein

— 10 a.m. May 3, Mandel JCC, 8500 Jog Road, Boynton Beach and 7 p.m. May 3, Mandel JCC, 5221 Hood Road, Palm Beach Gardens. The author's third book is "Ten Dollars to Hate: The Texas Man Who Fought the Klan" about Texas lawyer Dan Moody's fight against the Ku Klux Klan in Texas in the 1920s. Part of the Reel Matter Series. \$10 members, \$12 guests. Info: www.jcconline.com.

Art After Dark

— 5-9 p.m. May 3, Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. 561-832-5196; www.norton.org.

NO Clematis by Night

— Enjoy Sunfest!

Young Artist Series: Harlem Quartet

— 7 p.m. May 7, Rosarian Academy, 807 N. Flagler Drive, West Palm Beach. Presented by the Chamber Music Society of Palm Beach. 561-379-6773; www.cmspb.org

AT THE COLONY

The Colony Hotel — 155 Hammon Ave., Palm Beach. 561-659-8100 or 561-655-5430; www.thecolonypalmbeach.com.

Motown Fridays with Memory Lane — 9 p.m. to midnight.

After Party with Raquel Williams — 9 p.m. to midnight.

AT CORAL SKY

Coral Sky Amphitheatre, 601-7 Sansbury Way, West Palm Beach. 561-795-8883; www.westpalmbeachamphitheatre.com or www.livenation.com

Yanni 25 — Acropolis Anniversary Concert Tour — April 28

Lynyrd Skynyrd: Last of the Street Survivors Tour — May 4

Alan Jackson: Honky Tonk Highway Tour 2018 — May 12

AT DRAMAWORKS

Palm Beach Dramaworks, Ann & Don Brown Theatre, 201 Clematis St., West Palm Beach. 561-514-4042, Ext. 1; www.pbdramaworks.org.

Mainstage Productions:

"Equus" — May 16-June 3. A psychiatrist attempts to treat a young man who has a troubling obsession with horses, by Peter Shaffer.

Dramawise — A three-part opportunity to talk theater with others who are fascinated by the characters, themes, social relevance, and points of view. Act 1 features a revealing discussion of the play and playwright. The intermission and lunch at a local restaurant. Act 2 is an informative discussion with our production team. Three parts: \$50 members, \$60 nonmembers. Intermission and Act 2: \$40 members, \$45 nonmembers. Act 2 only: \$15 members. \$20 members.

"Equus" — May 17

AT DREYFOOS

Dreyfoos School of The Arts — 501 S. Sapodilla Ave., West Palm Beach. 561-802-6000; www.soafi.org/events.

Theatre Senior Showcase — May 4, Brandt Black Box

Senior Dance Concert — May 5, Brandt Black Box

Theatre Senior Showcase — May 5, Brandt Black Box

AT THE EISSEY

The Eissey Theatre, Palm Beach State College, 3160 PGA Blvd., Palm Beach Gardens. 561-207-5900; www.eisseycampus theatre.org.

Jupiter Christian School presents One-Act Theatre Festival — 7 p.m. April 26-27.

2018 Goldner Family Fun: Clementine — 11 a.m. April 28.

Ballet Palm Beach presents A Midsummer's Night Dream and Other Works — May 4-6

CALENDAR

AT HARBOURSIDE PLACE

Harbourside Place, 200 U.S. 1, Jupiter. Info: 561-935-9533; www.harbourside-place.com

Live Music on the Waterfront — 6-10 p.m. Friday and Saturday.

Waterfront Market at Harbourside Place — 10 a.m.-3 p.m. Sundays, year-round.

AT THE KELSEY

The Kelsey Theater, 700 Park Ave., Lake Park. Info: 561-328-7481; www.thekelsey-theater.com or www.holdmyticket.com.

The Helmsmen EP Release Party — April 28.

Hold(en) the Light's Two-Year Anniversary Event — April 29. Celebrate Holden Amory with dinner and a variety show.

Red Wanting Blue — May 5.

AT THE KRAVIS

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 561-832-7469; www.kravis.org.

"The Lion King Jr." — April 27-28. Presented by Franklin Academy.

Soaring Beyond Our Limits Fashion Show and Talent Showcase — April 28.

The Beatles' Sgt. Pepper's Lonely Hearts Club Band 50th Anniversary Celebration — April 29. The Black Jacket Symphony. Tickets start at \$15.

"Something Rotten" — May 1-6.

AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. 561-747-8380, Ext. 101; www.jupitelighthouse.org.

Lighthouse Moonrise Tour — April 29. Weather permitting. Spectacular sunset views and an inside look at the nuts & bolts of a working lighthouse watchroom. Tour time: 75 minutes. \$15 members, \$20 nonmembers. RSVP required. Get tickets online or call 747-8380, Ext. 101.

Lighthouse Story Time & Crafts for Kids — 10:30 a.m. the first Tuesday of the month. For ages 8 and younger. Bring a mat to sit on. Free, but reservations are required. Next meeting: May 1.

Twilight Yoga at the Light — 6-7 p.m. April 30, May 7. By donation. Mary Veal, Kula Yoga Shala, leads.

Lighthouse Book Club — 6-7 p.m. the first Wednesday of the month. Join the museum staff in book discussions on all things Florida. The complete book list is available online. Donation requested. RSVP. Next club: May 2

AT THE MALTZ

Maltz Jupiter Theatre, 1001 E. Indian-town Road, Jupiter. 561-575-2223; www.jupitertheatre.org.

Auditions — For "To Kill A Mockingbird" for students in grades 6-12 will be

held April 29. Make an appointment at (561) 743-2666, Ext. 123.

Conservatory Productions:

"Disney MULAN JR." — May 5-6. An action-packed story and tons of hit songs. Tickets: \$20 students. \$25 adults.

AT MACARTHUR

John D. MacArthur Beach State Park — 10900 Jack Nicklaus Drive, Singer Island, North Palm Beach. 776-7449; www.macarthurbeach.org.

Butterfly Walk — 11 a.m.-noon April 28.

MacArthur Under Moonlight Concert Series - Sonny Russell — 7 p.m. April 28.

AT THE JCC

The Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Info: 561-689-7700; www.jcconline.com/pbg.

Adult Pickleball: 9-11 a.m. Monday and Wednesday. \$15 members, \$18 guests, monthly. \$3 drop-in.

Duplicate Bridge: 12:30-3:30 p.m. Monday-Friday. \$9 members; \$11 guests.

Bridge: Improve Bidding, Declarer Play and Defense: 9:30-11:30 a.m. Tuesday (ongoing). \$10 class.

Bridge: Beginner/ Advanced Beginner Supervised Improve Your Play of the Hand: 9:30-11:30 a.m. Wednesday. \$13 members; \$15 guests.

Adult Fencing: 7-9 p.m. Wednesday. Age 14 and older. Four classes: \$80 members; \$90 guests.

Bridge: Intermediate Class: 9:30-11:30 a.m. Thursday. \$13 members; \$15 guests.

AT MOUNTS

Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. Info: 561-233-1737; www.mounts.org.

Environmental Film Series: "The Making of Washed Ashore" — 5:30-7:30 p.m. April 26. The film starts at 6:30, followed by a post-screening Q&A with beach gardener Diane Buhler of Friends of Palm Beach. Free for members, \$10 nonmembers.

Plant-A-Palooza: Annual Spring Plant Sale — April 28-29.

Beautify Your Garden with South Florida Native Plants — 10-11:30 a.m. May 6, Mounts Exhibit Hall A. Jeff Nurge, Florida Native Gardening & Native Choice Nursery, will teach. \$15 members; \$20 nonmembers.

AT PBAU

Palm Beach Atlantic University, 901 S. Flagler Drive, West Palm Beach. Performances take place at: DeSantis Family Chapel, 300 Okeechobee Blvd., West Palm Beach; Persson Recital Hall in Vera Lea Rinker Hall, 326 Acacia Road, West Palm Beach; the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. 561-803-2970; www.pba.edu/performances.

Symphonic Band Spring Concert — April 27, DeSantis Family Chapel. \$10, \$5 non-PBA students with ID.

An Evening of Diverse Chamber Music — April 28, Persson Recital

#SFL TOP PICKS

#REJOICE!

■ **Jubilant Song Concert Series** — Frank E. Perko III performs sacred, classical and contemporary music. 7 p.m. April 28, Metropolitan Community Church of the Palm Beaches. 561-775-5900; www.mccpalmbeach.org

#HAHAHA

4.28

■ **Kevin Nealon** — April 27-28, Palm Beach Improv at CityPlace.: 561-833-1812; www.palmbeachimprov.com

■ **Yanni 25** — Acropolis Anniversary Concert Tour, April 28, Coral Sky Amphitheatre. 561-795-8883; www.westpalmbeachamphitheatre.com or www.livenation.com

#SHUCKS!

■ **Sweet Corn Fiesta** — April 29, Yesteryear Village, South Florida Fairgrounds. www.sweetcornfiesta.com

Hall. \$10, \$5 non-PBA students with ID.

Bent by Martin Sherman — April 26-May 6.

AT PGA ARTS

PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. www.pgaarts.com and www.ticketor.com/pgaaartscenter/

An Evening with singer-songwriter Bianca Jazmine — 7 p.m. April 26.

Doors Alive — May 5. A Doors tribute band

An Evening with the Long Run — May 11. A tribute to the Eagles.

AT THE PLAYHOUSE

The Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Info: 561-586-6410; www.lakeworthplayhouse.org.

Main stage:

"Oliver" — Through April 29.

Black Box Series — All shows \$23.

Screenings in the Stonzek Theatre — 561-296-9382.

"Leaning Into the Wind" — April 26.

"Love and Bananas" — April 26.

"Double Lover" — April 27-May 3.

AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 561-833-1812; www.palm-beachimprov.com

Kevin Nealon — April 27-28

Chad Prather — May 3

AT THE SCIENCE CENTER

The South Florida Science Center and Aquarium, 4801 Dreher Park Road,

CALENDAR

West Palm Beach. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 561-832-1988; www.sfspacecenter.org.

Silver Science Days — 2-5 p.m. the second Wednesday. Guests 60 and older can enjoy an afternoon of science designed just for them. \$10.

GEMS Club — 5-7 p.m. the last Tuesday of the month. For girls in grades 3-8. Math, science, engineering and technology including dinner and refreshments. \$7 registration fee. A special presentation from a female in the science industry and themed activities and crafts. Pre-registration required at www.sfspacecenter.org/gems.

Nights at the Museum — 6-9 p.m. the last Friday of the month.

GEMS Club @ STEM Studio Jupiter — 5-7 p.m. the second Tuesday of the month at the STEM Studio; 112 Main St., Jupiter. Girls in grades 3-8 explore the worlds of math, science, engineering and technology. \$10 fee includes dinner and refreshments. Pre-register at www.sfspacecenter.org/stem-studio-gems.

AT FOUR ARTS

The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Call 561-655-7227; www.fourarts.org.

The Met Opera: Live in HD — \$27 or \$15 for students. (Student tickets must be purchased in person)

■ **Massenet's "Cendrillon"** — 1 p.m. April 28

Film Series — Tickets sold at the door. \$5. Show times are 2:30 and 6 p.m.

■ **"Spotlight"** — April 27.

LIVE MUSIC

The Arts Garage — 180 NE First St., Delray Beach. 561-450-6357; www.artsgarage.org.

■ **Circuit** — 8-11 p.m. April 26.

■ **The Mojo Ike and Val Experience** — 8-10 p.m. April 27.

■ **Jazz Gals** — 8-10 p.m. April 28.

■ **Spider Cherry** — 7-9 p.m. April 29.

Guanabanas — 960 N. A1A, Jupiter. Info: 747-8878; www.guanabanas.com

■ **Latin Noche: Electric Piquete and Elastic Bond** — May 19.

Respectable Street Café — 518 Clematis St., West Palm Beach. Info: 561-832-9999; www.sub-culture.org/respectables.

Voltaire — 526 Clematis St., West Palm Beach, above Lost Weekend. 561-408-5603.

■ **April 26** — Sweet Sweet Songwriter Nite.

■ **April 29** — Medicine Hat.

ONGOING

The Ann Norton Sculpture Gardens — 2051 S. Flagler Drive, West Palm Beach. Tickets: \$15 adults, \$10 seniors 65+, \$7 for students, free for members and younger than age 5. Info: 561-832-5328; www.ansg.org

■ **"Celebrating Boaz Vaadia (1951-2017)"** — Through April 29.

■ **"Behold, A New Eden: Laura Woodward and the Creation of Palm Beach"** — Through May 20.

APBC Art on Park Gallery — 800 Park Ave., Lake Park. Info: 561-345-2842; www.artistsofpalmbeachcounty.com.

■ **Palm Beach Gardens High School Student Exhibit** — Through April 27. Closing reception 5-8 p.m. April 27. Refreshments. Free.

■ **Still Life 2018 — Images of Posed Objects** — April 30-May 18. Opening reception 5-8 p.m. May 4.

■ **Free Collage Class** — 2 p.m. April 28. All ages welcome. Materials provided.

■ **Class: Acrylic painting with Irma Friedman** — 10:30 a.m. to 1:30 p.m. Monday and Wednesday. Learn your own personal style. Reservations required. Fee. 561-632-6401.

■ **Classes from Marsha Bhagwansingh** — 9:30-11:30 a.m. Saturdays. Classes in drawing, painting and calligraphy. Reservations required. Fee. 561-507-4527.

The Armory Art Center — 1700 Parker Ave., West Palm Beach. 561-832-1776; www.armoryart.org.

■ **Dreyfoos Visual Arts-Digital Media Senior Exhibition** — Through April 28.

■ **The Orchid City Brass Band Presents "Magic of Movies"** — 7:30 p.m. April 28.

■ **Florida Atlantic University MFA Candidates' Exhibition** — May 5-June 1, Montgomery Hall. Opening reception: 6 p.m. May 4.

The Audubon Society — Bird walk info: asetripinfo@gmail.com; 508-296-0238. www.auduboneverglades.org.

■ **Monthly meeting** — 6:30 p.m. May 1 in rooms 101 and 102 at FAU Pine Jog Environmental Education Center, 6301 Summit Blvd., east of Jog Road, West Palm Beach. Dr. Jerome H. Lorenz will talk about the plight of the roseate spoonbill at its habitat is slowly degraded by development.

Bird Walks:

■ **Peaceful Waters** — 7:30-10 a.m. April 28. Family friendly. Moderate: Improved trail; dirt and uneven surfaces. Medium length: 1-1.5 miles. Leader: Scott Zucker

■ **Evergreen Cemetery/Richardson Park** — 8 a.m.-noon April 28. In conjunction with the South Florida Audubon Society. A moderately difficult walk, but family friendly. Leader: Paddy Cunningham.

■ **Flamingo Quest (STA-2)** — 3:30-7 p.m. April 28. Mainly from auto; no walking required. Advance registration required. See website calendar for details. Leader: David Simpson

■ **Spanish River Park** — 8-10 a.m. April 29. Easy walk. Associated cost; see website for details. Family friendly. Leaders: Kenny Miller/Marcello Gomes

Benzaiten Center for Creative Arts — 1105 Second Ave. S., in a historic FEC train depot building, Lake Worth. 561-310-9371 or 561-508-7315. www.benzaitencenter.org.

■ **Members Only Field Trip to the WMODA** — 10 a.m.-3 p.m. May 17. A bus trip with a lunch stop at Mizner

Park.

The Gallery at Center for Creative Education — 425 24th St., West Palm Beach. Info: www.cceflorida.org.

■ **Royal Palm Beach High School International Baccalaureate Art Exhibition** — Through April 27.

CityPlace — 700 S. Rosemary Ave., West Palm Beach. 561-366-1000; www.cityplace.com

Live Music: 7:30-10:30 p.m. Friday and Saturday on the Plaza.

■ **April 27:** Juju

■ **April 28:** Culture Band

■ **Farm Stands @ CityPlace + Sunset Social Farmer's Market** — 5:30-9 p.m. Thursday. Produce, imported cheeses, breads and pastries, honey, oils and vinegars, seafood, plants, all-natural dog treats. 561-283-5856.

The Cultural Council of Palm Beach County — 601 Lake Ave., Lake Worth. Hours: 10 a.m.-5 p.m. Tuesday-Saturday. Info: 561-471-2901; www.palmbeachculture.com.

■ **Art & Décor** — Through May 12. The work of eight interior designers paired with eight professional artists created a customized vignette inspired by the artist's work.

The Deja Vu Art Gallery — 4078 PGA Blvd., Palm Beach Gardens. 561-225-1950.

■ **Grand Auction Preview** — 5 p.m. April 26. Featuring estate jewelry, couture clothing, mid-century modern, art, and collectibles.

■ **The Grand Auction** — 1 p.m. April 29.

Downtown at the Gardens — 11701 Lake Victoria Gardens Ave., Palm Beach Gardens. 561-340-1600; www.downtownatthegardens.com.

■ **Carousel rides help charity** — During April, 10 percent of the fee from carousel rides will support Autism Awareness and benefit Els for Autism, a Jupiter-based nonprofit organization committed to helping people on the autism spectrum.

Friday concerts: 6-9 p.m. Free.

■ **On the Roxx** — April 27. Top 40, Rock, Dance, R&B.

The Flagler Museum — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tickets: free for members; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6 free. 561-655-2833; www.flaglermuseum.us.

Exhibitions:

■ **"Masterfully Human: The Art of Gaugengig!"** — Through April 29. Guided exhibition tours Wednesdays at 10:30 a.m. and 3:30 p.m.

Special Events:

■ **Mother's Day** — May 12-13

■ **Founder's Day** — June 5

■ **Independence Day Celebration** — July 4

■ **Grandparents Day** — Sept. 9

The Florida Trail Association Loxahatchee Chapter — Leads

nature walks. New adventurers are welcomed. Get info and register at www.loxfltrail.org.

■ **Hike in Apoxee** — 8 a.m. April 28, 3125 N. Jog Road, West Palm Beach. Joe Rosenberg leads a 9-mile walk.

GardensArt — A city of Palm Beach Gardens Art in Public Places, various locations. 561-630-1100 or visit www.pbgreg.com/gardensart

■ **"Digesting My Memories"** — A solo exhibition by artist Henriett Anri Michel on display through May 30 at Sandhill Crane Golf Clubhouse, 11401 Northlake Blvd., Palm Beach Gardens.

Historical Society of Palm Beach County and Richard and Pat Johnson History Museum — 300 N. Dixie Highway, West Palm Beach. 561-832-4164; www.hspbc.org

■ **Picturing Nam** — Through May 25

■ **Beaches, Creatures and Cowboys: Florida Movie Posters** — June 4-July 28

The Lighthouse ArtCenter — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is \$5 Monday-Friday, free the first Saturday of the month and for members and exhibiting artists. Info: 561-746-3101; www.LighthouseArts.org.

■ **Exhibition: The 48th annual Kindergarten - 12th Grade Show and Sale** — May 2-25. Student artists from public and private schools from ages 5-18. Opening reception 5:30-7:30 p.m. May 2 for grades 6-12 and 5:30-7:30 p.m. May 3 for grades K-5.

The Mandel Public Library of West Palm Beach — 411 Clematis St., West Palm Beach. Info: 561-868-7701; www.wpbccitylibrary.org.

The Multilingual Language & Cultural Society — 210 S. Olive Ave., West Palm Beach. Info: 561-228-1688 or www.multilingualsociety.org.

■ **DROP-in classes** — French, Italian, Spanish. Pay as you go, \$40 for a two-hour class. Reservations required.

North Palm Beach Library — 303 Anchorage Drive, North Palm Beach. 561-841-3383; www.village-npb.org.

■ **Ongoing:** Knit & Crochet at 1 p.m. Mondays; Quilters meet 10 a.m. Friday; Chess group meets at 9 a.m. the first and third Saturday.

■ **"Hearing Loss, Friends & Families" support group meets** — 11 a.m. April 26 and May 24. Hosted by the Hearing Loss Association of America. Refreshments. Email: hearingloss.npbcc@gmail.com.

The Norton Museum of Art — 1451 S. Olive Ave., West Palm Beach. Free admission. Info: 561-832-5196; www.norton.org.

■ **"Gertrude Vanderbilt Whitney: Sculpture"** — Through April 29.

■ **"Channeling Immortality"** — Through May 6.

The Palm Beach Zoo & Conservation Society — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. every day. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 561-533-0887; www.palm-beachzoo.org. ■

AREA MARKETS

Singer Island Green & Artisan Market — 10 a.m. to 2 p.m. Friday, Singer Island's Ocean Walk, 2401 Ocean Ave. along scenic A1A. Pet- and kid-friendly. www.singerislandgreenmarket.com.

Lake Worth High School Flea Market — 5 a.m.-3 p.m. Saturdays and Sundays, year-round, under the Interstate 95 overpass on Lake Worth Road. Info: 561-439-1539.

The Green Market at Wellington — 9 a.m. Saturdays through April 28 at 12150 Forest Hill Blvd., Wellington, next to the amphitheater. Pet friendly. Info: www.greenmarketatwellington.com.

Lake Worth Farmers' Market — 9 a.m.-1 p.m. Saturday, through April 29, Old Bridge Park, A1A at Lake Avenue (1 S. Ocean Blvd.), Lake Worth. Info: 283-5856; www.lakeworthfarmersmarket.com.

The Gardens GreenMarket — 8 a.m.-1 p.m. Sunday, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. Live entertainment from 9 a.m.-1 p.m. No pets. Through May 6. 630-1100; www.pbgfl.com/278/greenmarket.

The Village of Royal Palm Beach Green Market & Bazaar Veterans Park — 9 a.m.-1 p.m. Sunday, Veterans Park, 1036

Royal Palm Beach Blvd., Royal Palm Beach. Through April 29. Pet friendly. www.rpb-greenmarket.com.

Jupiter Farmers Market at El Sol — 9 a.m.-1 p.m. Sundays, year round, 106 Military Trail, Jupiter. Info: 283-5856; www.jupiterfarmersmarket.com.

Waterfront Market at Harbourside Place — 10 a.m.-3 p.m. Sundays along the waterfront. Fresh produce, specialty foods, flowers and plants and local art. Yoga class at 10 a.m. Live music at noon. Free parking during the market. Pet friendly. harboursideplace.com

The Green Market at Palm Beach Outlets — 11 a.m.-4 p.m. Sunday, year-round, 1751 Palm Beach Lakes Blvd., West Palm Beach. Info: 561-515-4400; www.palm-beachoutlets.com.

Tiki Market — 4-7 p.m. Sunday at the Rivera Beach Marina, 190 E. 13th St., West Palm Beach. Food and Caribbean merchandise. Vendors wanted. Call 561-844-3408.

Farm Stands @ CityPlace + Sunset Social Farmer's Market — 5:30-9 p.m. Thursdays, CityPlace, 700 S. Rosemary Ave., West Palm Beach. 561-283-5856; www.cityplace.com. ■

Burt Reynolds Institute opens new theater in North Palm

The Burt Reynolds Institute for Film and Theatre has opened in the Village Shoppes of North Palm Beach.

The address for the Burt Reynolds Institute for Film and Theatre is 133 U.S. Highway One, Suite 115. The Institute is only open when classes are in session or when a production is being mounted.

The institute offers classes in acting, scene study and character development, audition preparation, improvisation, teleprompter proficiency, writing for novel/stage/screen for adults and a Young Hemingways writing class for children ages 10-14.

For more information, visit www.burtreynoldsinstitute.org. ■

PUZZLE ANSWERS



8	4	7	5	2	6	9	3	1
9	2	6	7	3	1	5	8	4
1	5	3	4	8	9	2	7	6
3	1	8	6	9	5	4	2	7
2	6	4	8	7	3	1	5	9
5	7	9	1	4	2	8	6	3
6	3	2	9	5	4	7	1	8
4	8	1	2	6	7	3	9	5
7	9	5	3	1	8	6	4	2

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An Auction Preview will be held

Thursday, April 26th, 5-8pm

with a champagne tasting, live entertainment and a silent auction.

Saturday April 28, 3-5pm

"Mo and Sally In the Morning" will help Support the cause with a live remote.

Bidders may also place bids online at: www.DeJaVuEstateLiquidators.HiBid.com

Sunday April 29, at 1pm

The GRAND AUCTION, featuring estate jewelry, couture clothing, mid-century modern, art, collectibles and more.

2017-2018 FLORIDA WEEKLY'S BEST

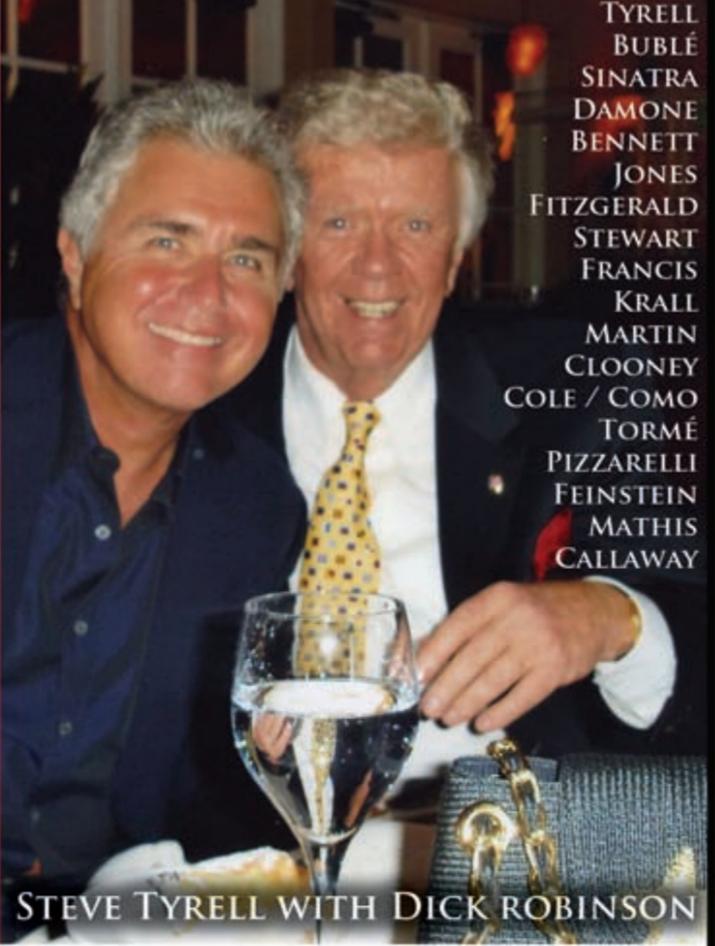
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SOCIETY

Wild & Scenic Film Festival, Jupiter



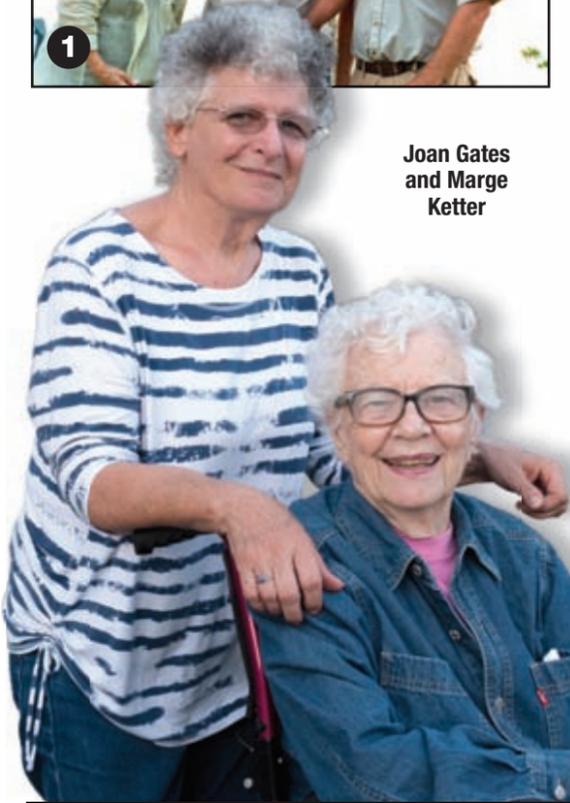
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3



4



Joan Gates and Marge Ketter



2

1. Jamie Stuve, Neal White and Pete Dewitt
2. Lily Infante and Melissa Williams
3. Lisette Usborne and Zhané Barber
4. Nancy Locke, Mark Serlin, Fran Shay and Alan Shay
5. Elaine Caradonna, Mariana Cunningham and Joan SantaMaria.



5

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need



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SOCIETY

Water Inlet Lighthouse and Museum



- 6. Craig Beisner and Carolyn Beisner
- 7. Tom Dye, Karen Dye, Christophe Dagassan, Nancy Waligora, Kristine Marino and Joe Marino
- 8. April Stephens, Rick Stephens, John Petto and Kathy Petto
- 9. David Gold and Lori Gold
- 10. Ana Castillo and Jonathan Glueckert
- 11. Betty White and Neal White
- 12. Trish Wright and Graham Wright



300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

GAIL V. HAINES/FLORIDA WEEKLY

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thepelicancafe.com

OPEN MOTHER'S DAY SUNDAY, MAY 13TH BRUNCH & DINNER
Make reservations early!

ROTTEN

From page 1

Despite the fact that she was a brand-new mother, Ms. Hurlbert was determined to get an audition for the national tour and approached her agents about it.



HURLBERT

“They looked at each other, shrugged and said, ‘OK, whatever floats your boat,’” she laughed. “And I booked it! Then my husband, Tim, and I looked at each other and said, ‘How are we going to do this?’ But this company is so generous. I’ve been able to bring my little boy and my husband along with me on tour.”

Hailed by the critics and nominated in 2015 for 10 Tony Awards, “Something Rotten!” arrives in West Palm Beach with three original Broadway cast members to complement Ms. Hurl-

bert — Rob McClure as Nick Bottom, Adam Pascal as Shakespeare and Josh Grisetti as Nigel Bottom. The musical tells the story of two playwrights in the 1590s stuck in the shadow of Elizabethan rock star Will Shakespeare. When a soothsayer foretells the next big thing in theater involves singing, dancing and acting at the same time, the Bottom brothers set out to write the world’s very first musical.

“Something Rotten!” is laced with inside jokes for Shakespeare aficionados and musical theater enthusiasts alike. But Ms. Hurlbert, whose Portia is Nigel Bottom’s love interest in the show, was quick to point out you don’t need to be either a Shakespearean scholar or a musical theater devotee to appreciate it.

“If you love Shakespeare, you’ll obviously get a lot of the references,” she said. “But if you know nothing about Shakespeare — or even hate Shakespeare — you’ll see we make fun of him, too. And if you’ve never seen a musical this is the perfect one to see, because we literally explain how one is made. There is an 8-minute production number that explains the complete history of musical theater.”

Ms. Hurlbert said the biggest reward she has gotten in playing the funny and kooky Portia has been in bringing laughter to the show’s audiences all across the country.

“Portia sees the world with purity and loving eyes,” she said. “She’s the eternal optimist. I think if you read the news or if you’re simply a person on this planet right now, you know things can be a little stressful. And this show brings the happiest of ‘happies.’ We always say if you don’t leave the theater in a better mood than the one you came in with, you only have yourself to blame. We’re all about giving you the laughter and the feel-goods.”

Ms. Hurlbert insisted she encountered no real challenges with her role, citing it’s “fun to play, the music is so beautiful and it’s a sheer joy to go onstage every night,” but she hinted it can be exhausting caring for a toddler between performances.

“And I haven’t been in my own bed or with my own things since Jan. 2, 2017,” she laughed. “That gets tiring and hard, especially touring with a toddler who doesn’t care that you work at night and loves to get up early each morning. This tour wraps up on May 20, so it will be

nice to get back in our New York City home — with a full kitchen — and surrounded by our friends. That said, we’ve seen some amazing cities that have really rolled out the red carpet for us — fantastic aquariums, restaurants, zoos. We’ve been afforded some wonderful adventures and I’ll miss that.”

Ms. Hurlbert said she wants Kravis Center audiences to leave with their faces and bellies hurting from laughter.

“I think one of the integral messages of our show is a Shakespeare line: ‘To thine own self be true,’” she said. “Life gets confusing and sometimes we’re so attached to our phones and what’s happening in the world that we can lose ourselves. There’s ample opportunity in today’s world to become detached from yourself. But every character in this show — flaws, quirks and all — is undeniably true to his or her own self. If there’s a message there, it’s stay true to yourself. Even if the audience gets a sliver of that, I’ll be happy.” ■

— “Something Rotten!” runs May 1-6 at the Kravis Center, 701 Okeechobee Blvd. in West Palm Beach. Cost: \$28-\$76. Info: 561-832-7469 or www.kravis.com.



COURTESY PHOTO

Artist Sri Prabha will lead a gallery tour May 3 at the Norton Museum of Art during Art After Dark.

HAPPENINGS

From page 1

ing Forward.” Talks are offered in 15-minute bites beginning at 5:30 and 7:45 p.m. At 7 p.m. the museum will present a screening of short films by artists in the Norton’s Collection.

At 6 p.m., mixed-media artist Sri Prabha leads an informal, 30-minute gallery tour to offer unique perspectives on works in the Norton’s collection and special exhibitions.

The DIY Art Workshop will feature ink brush painting of landscapes led by teaching artist Jill Lavetsky from 6-8 p.m.

Musical entertainment is a double header this week: Pianists from the BAK Middle School of the Arts will perform a recital of classical music and Disney favorites from 5:30 to 6:30 p.m. From 6:30 to 8:30 p.m., enjoy live jazz by Markis Hernandez Trio.

Each week, there is a cash bar until 8:30 p.m. featuring a signature cocktail.

Admission is free. The Norton is at 1451 S. Olive Ave., West Palm Beach. Call 561-832-5196 or visit www.norton.org

A new business opportunity

If you’ve been thinking of joining the growing West Palm Beach business community by opening your own retail business, you might just be able to finagle some discounted rent on your new office.

It’s late, but there’s still time to apply for the 12x12 competition.

The competition is presented by the city of West Palm Beach and West Palm Beach Downtown Development Authority. Twelve business owners who meet

the criteria and complete the online application process by the deadline will receive reduced rent for 12 months in The Thoroughfare, a new mixed-use space supremely located at 314 Clematis St. And there are more benefits: Initial marketing and advertising services, professional development training and three large-scale events to promote the space.

Like everything else, there’s a process involved. Semifinalists will be selected and interviewed about their business plan, and the 12 finalists will be named this fall. They’re looking for creativity, innovation, and exciting experiences that can complement the existing business ecosystem.

To apply, you must submit an application along with a 30-second video about your business and the value it will bring to the area. The deadline to apply is May 14.

Visit www.12x12wpb.com for more information.

Your vote counts

Discover The Palm Beaches wants your help choosing the next recipient of the Providencia Award.

This annual award is given to a local business, organization or individual who has demonstrated an extraordinary contribution to the vitality and prosperity of the Palm Beaches as a desirable tourist destination.

This year’s three finalists are Bahamas Paradise Cruise Line, The Brazilian Court Hotel, and the Palm Beach Zoo & Conservation Society.

Vote online through 11:59 p.m. on April 30 at www.pbpost.secondstreetapp.com/27th-Annual-Providencia-Awards/gallery/

The winner will be announced May 11. Info: www.ThePalmBeaches.com. ■

SYMPHONY

From page 1

“Korea’s hottest violin prodigy,” Soobeen Lee of Young Concert Artists, will perform Brahms’ “Violin Concerto” at the Symphony’s January 2019 concert; and American pianist Leon Fleisher will perform Mozart’s “Piano Concerto No. 12” at the season’s concert finale in April 2019.

Mr. Tebar’s masterworks series includes the following five concerts in four venues:

“**Symphonic Tales**” — 3 p.m. Dec. 2, Kravis Center. Program includes Johann Strauss’ “Overture to Die Fledermaus,” Zoltán Kodály’s “Dances of Galanta,” Alberto Ginastera’s “Four Dances from Estancia,” Ermanno Wolf-Ferrari’s “Overture to Il segreto di Susanna,” Alexander Borodin’s “Polovtsian Dances from Prince Igor” and Pyotr Ilyich Tchaikovsky’s “Suite from Sleeping Beauty.”

“**Enchanting Movements**” — 8 p.m. Jan. 10, Benjamin Hall (The Benjamin School, upper campus). Featuring guest soloist Soobeen Lee, violin, Young Concert Artists. Program includes Johannes Brahms’ “Violin Concerto” and Robert Schumann’s “Symphony No. 2.”

“**Shades of Greatness**” — 7:30 p.m. Rosarian Academy. Program includes Johannes Brahms’ “Serenade No. 2” and Franz Schubert’s “Symphony No. 9 ‘The Great.’”

“**Cool Winds**” — 7:30 p.m. March 18, the Society of the Four Arts. Program includes Wolfgang Amadeus Mozart’s “Sinfonia Concertante for four winds” and Joseph Haydn’s sixth, seventh and eighth symphonies.



CHRIS HARTLOVE / COURTEYS PHOTO

Leon Fleisher

“**Precious Gems**” — 8 p.m. April 12, Kravis Center. Featuring guest soloist Leon Fleisher, piano. Wolfgang Amadeus Mozart’s “Piano Concerto No. 12” and Anton Bruckner’s “Symphony No. 7.”

Palm Beach Symphony’s full season schedule, including chamber music programs, concert dinners, children’s programming and special events will be announced in the coming weeks. Members and subscribers interested in reserving or renewing for Season 45 can contact the Palm Beach Symphony Box Office at any time to lock in preferred seating before single tickets go on sale to the public: 561-281-0145. ■



ESTEBAN PARCHUC / COURTESY PHOTO
Maestro Ramón Tebar conducts the Palm Beach Symphony.

SOCIETY

Book signing by Michael Ridgill for 'Raynham Hall,'
Paris Ceramics, Palm Beach

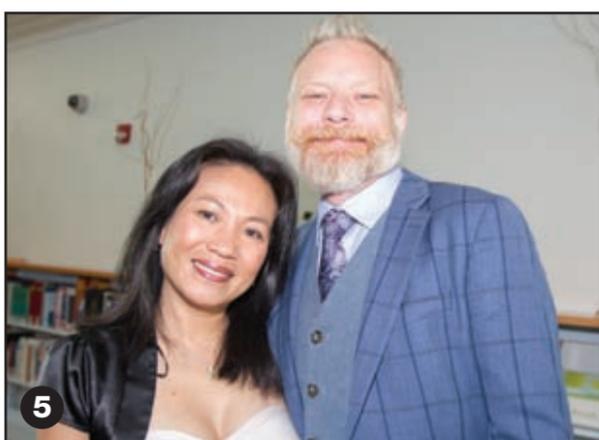


Eric Vifian,
Michael
Ridgill
and Peter
Emmerich

1. Anthony Averso, Seth Brice and Ronnie Lima
2. Cameron Neth, Erin Ryan and Victor Figueredo
3. Scott Moses, Sarah Gates and Alexander Ives
4. Scott Collison, Ewell Turnquist, Sharon Kearns, Jaime Torres and Keith Carrington
5. Taylor Smith, Kristin Kellogg and Krystian von Speidel
6. Michael Kagdis, Farley Rentschler, Virginia Oatley and Jack Rutherford
7. Katherine Lande, Michael Ridgill and Angela Vecellio
8. Julie Araskog and John Corey
9. Robert Spencer and Susan Oyer
10. Cynthia VanBuren and Rick Rose
11. Will Steele, Chris Drake and Victor Figueredo

SOCIETY

Food for Thought, Mandel Public Library



1. Chuck Muoio, Jeri Muoio, P.J. Laying and Robert Sanders
 2. Natalie M. Alvarez, Tony Comorat and Lisa Comorat
 3. Adrian M. Coffin and Carole Hogan
 4. Anthony Burks and Trina Slade Burks
 5. Anayn Fuller and Aaron Fuller
 6. Betsy Kallop, Maryann Hollihan and George Kollop
 7. Natalie M. Alvarez, Robert Nakushian and Janet Nakushian
 8. Hope Alswang, Edwige Gilbert and Anita Gabler
 9. Sheryl Wood, Pat Crowley and Carla Watkins
 10. Jack Harris and Kitty Omura
 11. Jane Myers and Beverly Myers
 12. Penny Murphy and Alan Murphy
 13. Lisa Hathaway, Chris Murray and Lois Frankel
 14. Tricia Trimble, Rebecca Weiss and Tom Trimble

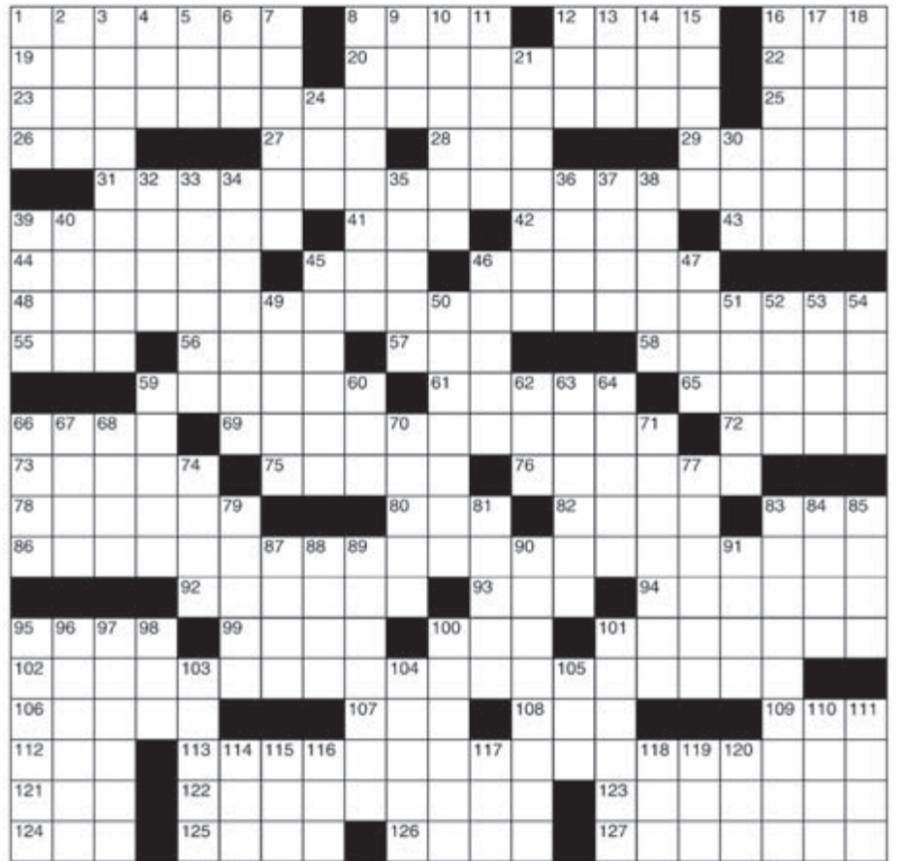


Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

PUZZLES

WILLIAMS WAIF

- | | | | | | |
|---|---|---|---|--|---|
| <p>ACROSS</p> <p>1 Fuel dispenser</p> <p>8 Beat, as wings</p> <p>12 Pairs</p> <p>16 Boohoo</p> <p>19 Waldorf — (hotel)</p> <p>20 Instantly</p> <p>22 Stan of comics</p> <p>23 Start of a riddle</p> <p>25 Eggs in a lab</p> <p>26 Lock insert</p> <p>27 AAA request</p> <p>28 — Aviv</p> <p>29 Entryways</p> <p>31 Riddle, part 2</p> <p>39 Said aloud</p> <p>41 Zebra's kin</p> <p>42 Very gloomy</p> <p>43 "Electric" fish</p> <p>44 One of the 12 apostles</p> <p>45 Post-Q string</p> <p>46 Alternative to Zolof or Paxil</p> <p>48 Riddle, part 3</p> <p>55 Olive of comics</p> <p>56 2004-10 nickname on the Houston Rockets</p> | <p>57 Actor Mineo</p> <p>58 Biting comedy</p> <p>59 Boozed up</p> <p>61 Slangy assents</p> <p>65 Arcade coin</p> <p>66 Not firm</p> <p>69 Riddle, part 4</p> <p>72 Allows to</p> <p>73 Less diluted</p> <p>75 Opening for a letter-shaped bolt</p> <p>76 Like part of the heart</p> <p>78 "The Simpsons" voice actor</p> <p>80 Disk in a 1990s fad</p> <p>82 "Milk" Oscar winner Sean</p> <p>83 OR figure</p> <p>86 Riddle, part 5</p> <p>92 Crystal-lined stones</p> <p>93 Scepter</p> <p>94 Mobster's code of silence</p> <p>95 Fair-minded</p> <p>99 Take — (sample the drink)</p> | <p>100 The "E" of PEI: Abbr.</p> <p>101 Having as a foundation</p> <p>102 End of the riddle</p> <p>106 Persona non — (outcast)</p> <p>107 Quadrennial games org.</p> <p>108 Brain wave test, in brief</p> <p>109 Chest bone</p> <p>112 Address for a knight</p> <p>113 Riddle's answer</p> <p>121 Koko or Kong</p> <p>122 Most itty-bitty</p> <p>123 Decorated pilots</p> <p>124 Get married</p> <p>125 Hedge shrubs</p> <p>126 Lofty works</p> <p>127 Least slobby</p> | <p>6 Prefix with represent</p> <p>7 Gave a gentle touch</p> <p>8 Whizzed by</p> <p>9 Ignited</p> <p>10 Some spitzes</p> <p>11 Actor Finch</p> <p>12 Lao —</p> <p>13 "Says —?"</p> <p>14 Gut-punch sound</p> <p>15 Exaggerated</p> <p>16 Dress</p> <p>17 Let slip</p> <p>18 Leavenings</p> <p>21 Quickly, musically</p> <p>24 Santa's laugh sounds</p> <p>30 Swallowed</p> <p>32 Utter agony</p> <p>33 Noble Brit</p> <p>34 Said nothing</p> <p>35 "Cómo —?" (Juan's greeting)</p> <p>36 Univ. lecturer</p> <p>37 Minnelli of "Arthur"</p> <p>38 Garner</p> <p>39 As many as</p> <p>40 "So — say"</p> <p>45 School break</p> <p>46 Volcano that destroyed St. Pierre</p> | <p>47 Small talk</p> <p>49 Knows the answer</p> <p>50 Be really flattering</p> <p>51 Ringlike isle</p> <p>52 Tandem, e.g.</p> <p>53 Pitcher</p> <p>54 Hankers</p> <p>59 Far from lax</p> <p>60 650, in old Rome</p> <p>62 Gardner of old films</p> <p>63 Table protector under a warm dish</p> <p>64 Not as iffy</p> <p>66 Fix, as a dog or cat</p> <p>67 Liqueur akin to Sambuca</p> <p>68 Herr's wife</p> <p>70 Pueblo dwellers</p> <p>71 Vocalize loudly</p> <p>74 Actress Diana</p> <p>77 Absence of vigor</p> <p>79 "Save me —"</p> <p>81 Avant — (totally new)</p> | <p>83 Cajun dish</p> <p>84 Painter Dix</p> <p>85 Bluish green</p> <p>87 "Baloney!" to Brits</p> <p>88 Falco or Adams</p> <p>89 Patches</p> <p>90 Costs for cheap apartments</p> <p>91 Jail unit</p> <p>95 Many-pieced puzzle</p> <p>96 Still green</p> <p>97 Roped in</p> <p>98 Trike rider</p> <p>100 Cut in glass</p> <p>101 Enthusiast</p> <p>103 Run-down</p> <p>104 Lead-in to economic or political</p> <p>105 Lead-in to colonial</p> <p>110 Glazes, e.g.</p> <p>111 Unequaled</p> <p>114 "— -hawl"</p> <p>115 "Gross!"</p> <p>116 Little — (tykes)</p> <p>117 British verb ending</p> <p>118 Be in the running (for)</p> <p>119 Noted time</p> <p>120 Actor Faxon</p> |
|---|---|---|---|--|---|



SEE ANSWERS, B7 ▶

HOROSCOPES

TAURUS (April 20 to May 20) Patience continues to be a virtue for the Divine Bovine. So as eager as you might be to get things moving, remember that time is on your side. Make good use of it.

GEMINI (May 21 to June 20) There's a wee bit of uncertainty in the early part of the week. But things clear up as more facts come to light. Spend quality time this weekend with family and friends.

CANCER (June 21 to July 22) An old friend's return could open new possibilities for both of you. But don't let yourself be rushed into anything. There could be some factors you haven't yet explored.

LEO (July 23 to August 22) This week offers a challenge you're raring to take on. And while eager to get started, do so slowly so that you can focus those sharp Cat's Eyes on every detail.

VIRGO (August 23 to September

22) Put your skepticism aside and listen to advice from colleagues who've been where you are now. What they say could be helpful as you get closer to a decision.

LIBRA (September 23 to October 22) A family matter might again require your reassuring touch. Handle it, as always, with kindness and fairness, even if some of your kin prove to be especially difficult.

SCORPIO (October 23 to November 21) Your ability to tackle even the most intricate details of a project is likely to impress some very important people. A relative shares news later this week.

SAGITTARIUS (November 22 to December 21) The Archer's aim might be focused on the big picture this week, but don't overlook checking for those details you might have missed.

CAPRICORN (December 22 to January 19) You might feel awkward asking for assistance, but who would

refuse the charming Goat's request? Do it, then go ahead and enjoy a musical weekend.

AQUARIUS (January 20 to February 18) Pour some cold water on that simmering misunderstanding before it boils over. The sooner things settle, the sooner you can move ahead with your plans.

PISCES (February 19 to March 20) You're in a highly productive period, which you feel can go on forever. But you could be courting exhaustion. Take time out to relax and restore your energies.

ARIES (March 21 to April 19) You've set a fast pace for yourself. But as you approach your goal, you might want to slow down a bit in order to take time to reassess your situation and make changes while you can.

BORN THIS WEEK: You can combine a sense of adventure with a penchant for practicality. Have you considered a travel-related field? ■

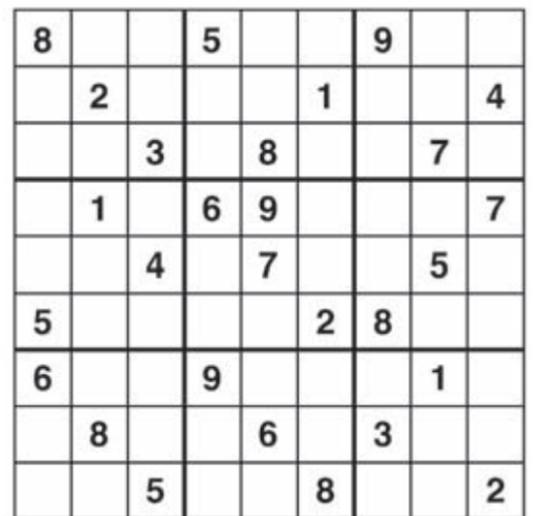
SUDOKU

Difficulty level:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

By Linda Thistle



SEE ANSWERS, B7 ▶

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FLORIDA WEEKLY CUISINE

Where's the beef? You'll find a variety of options at SunFest

janNORRIS

jan@jannorris.com



The millennials are driving food trends everywhere — including at this year's SunFest concessions.

Sharon Shortt of **San Francisco Puffs & Stuff**, who has coordinated the food at the event since its inception in 1983, says the 18- to 28-year-olds are bringing healthy, “clean” foods, plant-based foods — and beef — back.

“It's surprising, but beef is back with a vengeance,” she said. Quality meat is key, so for those beef lovers, she's adding wagyu beef sliders to the concession menus. The small burgers made from top-rated lean meat are crowned with caramelized onions and a sirracha sauce. At another new booth, there's an Argentine skirt steak, marinated and grilled, then served with black beans and rice. “For vegans, we can do black beans and rice with avocado on top — there is no animal fat in the black beans.” Asian foods also are trending, she said, and so are global street foods and hand-helds that can be eaten while standing.

“Kebabs are big,” Ms. Shortt said. “And I think poke' bowls are huge right now.”

That's led to the popularity of the booth called **Smooth Move**, serving plant-based bowls such as the acai (it's pronounced ah-SAH-ee) berry bowl. They're somewhat problematic, because once all the greens are prepped for the weekend, they can't be saved for a



COURTESY PHOTO

Smooth Move will provide plant-based bowls at this year's SunFest.

future event, and tend to go bad quickly.

People do want salads, she said, “But these are not our mainstays.”

Burgers and chicken sandwiches are still popular. Along with the wagyu beef slider, there are Pan-Asian inspired Hawaiian chicken sliders with shredded chicken, barbecue sauce, soy sauce, minced garlic, a little pineapple and cheese, served on little Hawaiian rolls.

Choices are available at the concessions for the restricted diet festgoer, too, she said. “Almost all the booths can do a vegetarian dish, and some have vegan as well. We have a gluten-free pizza crust to make pizzas for those who are gluten-free.”

The top seller, though is still the Pineapple Chicken: a coconut-curry chicken

salad served in a pineapple half. Hundreds are served every year at SunFest.

Ms. Shortt said, “People come back every year and tell us ‘We come just for the Pineapple Chicken.’”

Food booths at SunFest are at **The Fueling Station** at the North stage at Clematis, at **The Eatery** in the center section between Evernia and Fern streets and at **The Diner** at the South stage near Trinity Place. The floating bars on the barges serve drinks only. Foods and drinks are priced separately; cash works, and credit cards are now accepted.

SunFest 2018 runs May 3-6 along Flagger Drive in downtown West Palm Beach. For more information, tickets and schedules, visit www.sunfest.com.

Sweet corn rules at Fiesta

Corn on the cob fans shouldn't miss out on the big **South Florida Sweet Corn Fiesta** this Sunday, April 29, at Yesteryear Village at the South Florida Fairgrounds. The 18th annual Sweet Corn Fiesta's big draw is the Major League Eating's National Sweet Corn Eating Championship at 3 p.m. Watch as **Carmen Cincotti**, a world record holder for corn-on-the-cob crunching, defends his title. Challengers will need what it takes to eat 61.75 ears in 12 minutes or better to best Mr. Cincotti; that's the record. Amateurs 18 or older can try their teeth at a corn-eating contest, too — you must sign up before 12:45 to compete. Along with the national contest, there are games, live music, an old-fashioned bathing suit contest, and contests for corn shuckers as well. Kids' activities and crafts are part of the fiesta. Palm Beach County throws the event each year to recognize the area as the “Sweet Corn Capital of the World.” The county grows more sweet corn than any other county in the U.S., according to the state's Agriculture Department.

For more information about the event, including tickets, schedules, visit www.sweetcornfiesta.com.

In brief

Sorry to hear that **Costa**, a Palm Beach Mediterranean restaurant, has closed after only a year. Chef **David Valencia** was critically acclaimed, known for grilled octopus, crispy duck and pastas made in-house. No word on what will take on the tucked away space on the second floor of the **Esplanade** on Worth Avenue. ■

VINO

A tale of two sisters

jerryGREENFIELD

vino@floridaweekly.com



Sometimes, a story just falls into a writer's lap, and it has to be told. This one is a classic. It's about two sisters who grew up on opposite sides of the world, neither one knowing of the other's existence. It's about a dying man's wish, a tearful reunion and a remarkable coincidence.

We'll start with Robin McBride. She was born in Los Angeles, and when her parents divorced, her mother took her to live in picturesque Monterey County. She grew up with the sight of abundant grapevines stretching in every direction, and, not surprisingly, decided to make the wine business her career.

Nine years later, her father, who still lived in Los Angeles, met a woman from New Zealand. They married and had a daughter, Andréa. When the new Mrs. McBride was diagnosed with cancer, they decided to move to New Zealand to be closer to family. Andréa grew up in Marlborough, on the north end of the South Island, which is basically the Napa Valley of New Zealand. Guess what she decided she wanted to be when she grew up?

And so it went. Robin, the older sister, pursued her career in California having no contact at all with her estranged father. Andréa did the same in New

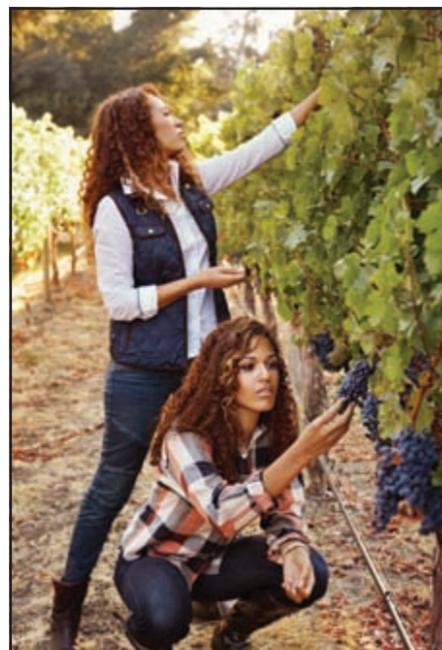
Zealand, never knowing she had a sister half a world away.

Years later, Mr. McBride was suffering from a terminal illness, and he called upon his extensive family (he was the youngest of 12 siblings) to find his daughters and get them together. Literally, a deathbed wish, and a monumental task, since back in 1995 internet tools like searching for someone on Facebook or “Googling” a person were still far in the future. This is where the hand of fate taps us gently on the shoulder and quietly points the way.

One of the McBride brothers, returning home from work around that time, turned on his television and happened to watch Oprah Winfrey interview ... whom? As destiny would have it, she had on her sofa two detectives who you'd hire to track someone down if they owed you money. They were generous with information about the tools, books and other resources they used to find people who didn't necessarily want to be found. The brother got the idea, and got busy.

It took a while, but he finally managed to find both sisters and put them in touch. In 1999, Robin flew from California to New York and met her long-lost sister Andréa at LaGuardia airport. Andréa was 16, and Robin was 25.

Robin remembers, “I knew who she was as soon as she walked off the plane. We look so much alike, and we were even dressed the same — almost.” From there, nature took its inevitable course. The sisters' love for wine enabled them



COURTESY PHOTO

Robin McBride, top, and Andréa McBride.

to build what's basically a global business, sourcing wines from both California and the finest winegrowing regions of New Zealand. The McBride Sisters collection is their third venture, and it furthers their mutual goals. As Andréa puts it, “We want to create and distribute wines that speak to female and multicultural wine lovers.” Seems like it's working.

I reviewed one of their rosé wines in a previous column. Here are two others, along with another new favorite.

McBride Sisters Collection Chardonnay Central Coast 2016 (\$17) — Deep yellow in the glass, on the slightly sweet side. This nicely balanced wine was fermented 50 percent in stainless steel and 50 percent in barrel. Flavors of green apple and white pear, along with white flowers. Very pleasant, especially for the price. WW 89-90.

McBride Sisters Collection Sauvignon Blanc Marlborough 2016 (\$15) — This is not your typical Marlborough example of the varietal. Green apple, lime and grassy aromas and flavors predominate with tart subtle acidity on the finish. WW 87-88.

Tom Gore Cabernet Sauvignon California 2015 (\$13) — This value-priced wine merits some consideration. It's an easy drinking example of the varietal, a little backward (decanting would help), containing a bold, extracted profile of mixed black fruit. WW 87.

Ask the Wine Whisperer

Q. Recently, I heard about a process used in winemaking called reverse osmosis. What is it? What does it do?

A. This process, which is also used for water purification and other purposes, is a kind of filtration. It's mostly used to reduce the amount of water in wine, and make it “bigger” and more concentrated. In short, it's often used to modify the wine's flavor profile. ■

— *Jerry Greenfield is The Wine Whisperer. He is wine director of the international Direct Cellars wine club. Read his other writings at www.winewhisperer.com.*

FLORIDA WEEKLY CUISINE

In the kitchen with...

BECCA TRAVERSE, Coolinary Café, Palm Beach Gardens

BY MARY THURWACHTER
mthurwachter@floridaweekly.com



PHOTO BY LIBBYVISION

Becca Traverse loves baking cakes.

When it comes to having passion for baking, Becca Traverse takes the cake. And she makes them, too, as one might expect of the pastry chef at the Coolinary Café in Palm Beach Gardens.

Her love of kitchen creations is almost as old as she is.

"I grew up in a family that loves food and cooking," Chef Traverse, 28, said. "My great-grandmother was an amazing baker and my grandfather was a chef. My mom loves cooking, and as a child, she taught me the fundamentals of baking. I've been hooked ever since."

From those days as a child, when Chef Traverse made the most of her Easy-Bake Oven, to her mastery of desserts at the Coolinary Café, the Jupiter resident absolutely loves what she does.

To hone her skills, Chef Traverse, a New Hampshire native, studied at the Culinary Institute of America in New York, specializing in baking and pastry.

From there, she moved to Boston, where she worked under Joanne Chang at Flour Bakery. Later, she became sous chef at Brasserie JO, a French restaurant at the Colonnade Hotel in Boston.

But two years ago, when her boyfriend, Andrew Rocklage, a trampoline park owner, wanted to move to Florida to be closer to his family, Chef Traverse decided to make a move, herself. "I wanted to be someplace warmer," she said.

She made a list of 20 restaurants in Palm Beach County that sparked her interest and took her résumé to each.

"The Coolinary was one of my last stops, and I immediately was just amazed by it," Chef Traverse remembered. "It's just such a cute restaurant and I was impressed with the food and style. One of the managers told me that they weren't hiring at the time, but he would talk to the owner (Chef Tim Lipman). I got a call from the manager to meet with Tim the next day. We ended up chatting for about an hour and we really hit it off. He told me he would try to figure out a way to get me on the team, but there was really no guarantee."

After returning to Boston with her fingers crossed, Chef Traverse heard from Chef Lipman a couple months later. He had a spot for her at his restaurant.

"One of my favorite parts of working

for Tim and Coolinary is that we have a good dessert menu that I can change if I want, but it's mostly customer favorites," she said. "There are about five dessert items on the set menu and then I put a new dessert on the specials menu almost every day to keep it interesting."

She said she doesn't have a favorite dessert, but especially loves making cakes. "I really like playing around with the flavors of a cake," she said. "What I like to do for friends, customers, too, is find out what their favorite flavors are — caramel, chocolate, Butterfinger, etc.— and I'll try to make a cake with those flavors."

One of her favorite things to order on the dinner menu is crispy pork shoulder ramen with bacon, mushrooms, bell peppers and a fried egg. "It's just so good, I would definitely recommend ordering that," she said.

In her spare time, she takes her Rottweiler to the beach. "I'm very devoted to him." And baking, of course. It's her passion and her profession, after all.

Becca Traverse

Age: 28

Original hometown: Exeter, N.H.

Restaurant: Coolinary Café, 4650 Donald Ross Road #110, Palm Beach Gardens, 561-249-6760, www.coolinarycafe.com

Mission: To put a twist on comfort foods and have fun with food.

Cuisine: Desserts — cakes, pies, tarts, artfully plating desserts

Training: Attended the Culinary Institute of America in New York

Footwear: Vans Chef shoes (unfortunately, they are discontinued, but I found a Sketchers brand that looks just like them). Chef shoes aren't exactly the most stylish of footwear, but the ones that I found look like leather slip-on skater shoes and are much more fashionable than the orthopedic look!

Advice for aspiring pastry chefs: Always follow your passion and never question your personal creativity. It's better to experiment and see what happens than to wonder what could have been. Also, work REALLY hard! ■



JAN'S THREE FOR 3 Places for dessert

A trio worth noting

1 BELLE & MAXWELL'S

3700 S. Dixie Highway, West Palm Beach. 561-832-4449; www.belleandmaxwells.com. Their ultra-rich chocolate bread pudding with warm caramel sauce and a scoop of cinnamon ice cream will leave you breathless. Good idea to have small plates here if you're going to attempt this alone, too. There are several other choices, but we can't attest to them as we can't get beyond this ultra decadence.

2 CAFÉ BOULUD

301 Australian Ave., Palm Beach. 561-655-6060; www.cafeboulud.com/palmbeach/. If a French restaurateur can't elevate dessert to a transporting experience, the world truly has gone mad. Café Boulud succeeds without misstep. A perfect foil for any of the delightful meals here is their Citrus baba: a tart citrus-syrup soaked cakelet napped by a Key lime Chantilly — a flavored soft whipped cream. It's served with a ginger-ice cream quenelle. Tres incroyable!

3 CAFÉ CHARDONNAY

4533 PGA Blvd., Palm Beach Gardens. 561-627-2662; www.cafechardonnay.com. Years ago, chef/owner Frank Eucalitto introduced his homemade tiramisu to the area at a time when the Italian version of a trifle was new to most Americans. It remains singularly the best we've had. With a cup of espresso or a glass of moscato, the mousseliike layers of amaretto-soaked ladyfingers, whipped mascarpone cheese, and espresso are heaven on a plate. ■

— Jan Norris, jnorris@floridaweekly.com

THE DISH: Highlights from local menus

The Dish: Italian omelet

The Place: John G's, Plaza del Mar, 264 S. Ocean Blvd., Manalapan; 561-585-9860 or www.johngs.com.

The Price: \$10.25; cash only.

The Details: Expect to wait in line if you dine at John G's.

But trust me: It's worth the wait if you do decide to visit the breakfast and lunch spot.

I sat at the counter for breakfast

on a Sunday, where we had omelets and other egg dishes. This fluffy Italian omelet was packed with sausage, pepperoni, green peppers, mozzarella, onion and mushrooms. It was topped with a tangy tomato sauce and served with a plate of decadent hash browns that are crisp, yet tender. If you go for lunch, order the gazpacho. It's the best anywhere. ■

— Scott Simmons



SCOTT SIMMONS/FLORIDA WEEKLY

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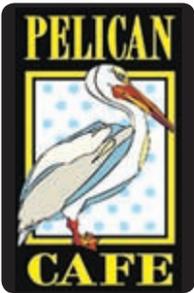


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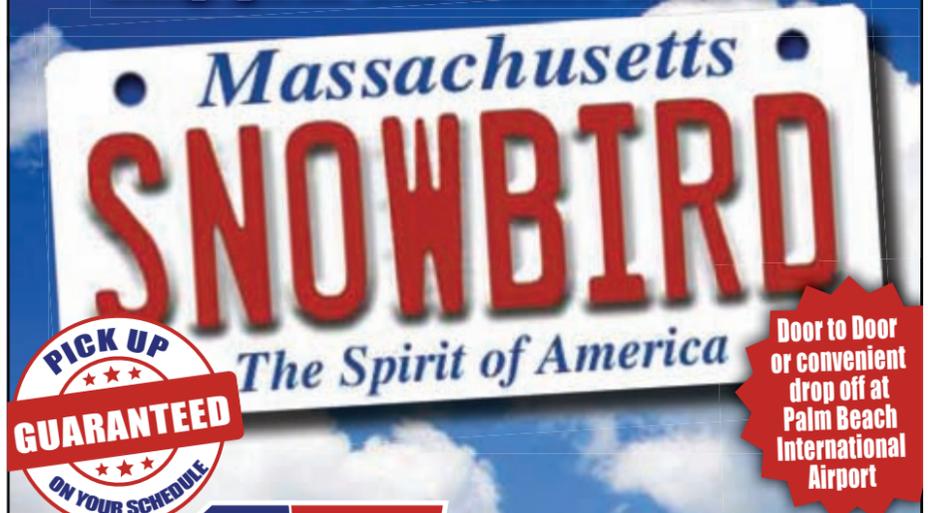
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