

INSIDE



Honesty and grace
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He writes the songs
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 Remember these purses? This week's find is in the bag. **B2** ▶



Three for 3
 Jan Norris offers a trio of spots for Philly cheesesteak. **B15** ▶

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In Florida, a combination of climate, history and money creates just the right place for auto enthusiasts of all kinds.

CAR CRAZED



COURTESY OF THE CAVALLINO CLASSIC
Inset: The 1963 Chevrolet Corvette Grand Sport at Revs Institute.
Above: The Cavallino Classic takes place Jan. 23-27, 2019.

BY MYLES KORNB�ATT
 Florida Weekly Auto Writer

FLORIDA IS A DRIVER'S PARADISE. SURE, WE might occasionally get stuck behind a slow-going tourist rental car. But we are also at the crossroads of history, money and climate to be one of the best places for an automotive enthusiast. It starts with some great hidden gems that have been repurposed for drivers. One

SEE CRAZED, A8 ▶

Norton announces gifts, shows ahead of reopening

SPECIAL TO FLORIDA WEEKLY

The past year has been one of transformation for the Norton Museum of Art.

The West Palm Beach museum is undergoing a sweeping renovation that will reorient its entrance from the south side to the west, facing Dixie Highway, and will increase its exhibition space by 37 percent.

The Norton, which is scheduled to close July 15, will reopen to the public Feb. 9, 2019, unveiling a design by the Pritzker Prize-winning architect Lord Norman Foster, principal of Foster + Partners.

Education space also will increase by 50 percent.

New public gardens — the first to be designed by Norman Foster — will feature 11 modern and contemporary sculptures, and a new entrance will be anchored by Claes Oldenburg's monumental Pop sculpture "Typewriter Eraser, Scale X" (1998-1999).

The museum also announced a promised gift made by Palm Beach residents Howard and Judie Ganek of their collection in celebration of the new Norton. Comprising more than 100 modern and contemporary artworks, including painting, sculpture, ceramics and photography representing primarily European and American artists, the collection will enhance the representation of art from this era with significant examples by major figures previously not represented in the Norton's holdings. Among the artworks the Ganeks have committed are paintings by Damien

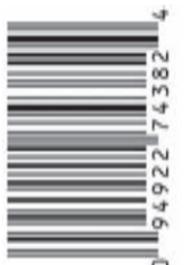
SEE NORTON, A9 ▶

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Palm Beach Gardens Medical Center



THE REVS INSTITUTE COURTESY PHOTO

COMMENTARY

Remembrance



rogerWILLIAMS
rwilliams@floridaweekly.com

Every breath we take still trembles with the inhalations of 6 million murdered European Jews and at least 23 million other civilians killed by genocide or in military action on the planet in World War II.

It boils down to this: Memory consists of what you saw. Take one step off the edge of that platform and you're standing in a cemetery called history — what other people saw and recorded and what others yet concluded about it.

History is a grave marker, an epitaph. Memory is alive.

The terrible adventure of World War I, therefore, is now for all purposes lost to memory. World War I is history.

But every breath we take still trembles with the inhalations of 6 million murdered European Jews and at least 23 million other civilians killed by genocide or in military action on the planet in World War II. Total military deaths from all causes number 21 million to 25 million, according to government and historic estimates; 407,300 were Americans. The victims are not yet lost to memory, not yet consigned only to history.

Most of the murdered Jews died between 1940 and 1945; roughly half were Polish. And they died in terrible pain — from bullets, fire, gas, ropes, privation and disease.

But even as victims they still have a life among us, because we remember them. A few of our neighbors and fellow countrymen knew them and talked to them — in some cases watched them die because they were with them when they died.

Let me describe just one of the many camps in Europe where Jews were violently murdered by Germans: Auschwitz.

The German army had seized half of Poland in a single month in 1939. The country itself is about 80 percent the size of Texas. Auschwitz is located in south central Poland — only 303 miles from Berlin, 334 miles from Prague, 520 miles from Munich, 621 miles from Rome, and 750 miles from Paris (a few miles farther than the distance from Miami to Atlanta).

In those German and European cities and many others, people frequently ignored or even helped deport Jews to Auschwitz and places like it during the war.

As they did elsewhere, at Auschwitz the Germans began shooting civilians. But ultimately that took an emotional toll on the executioners they sought to avoid, so they began looking for other, more efficient methods of killing.

In 1940, the Germans converted old barracks at Auschwitz to prisoner quarters,

began shipping the prisoners in by train from Germany and across Europe, and eventually began creating additional buildings — airtight — designed as gas chambers.

The next year, 1941, they began systematically killing Jews with a cyanide-based gas called ZyklonB. Men, women and children were marched into those chambers, frequently forced to raise their arms above their heads so they could pack more people inside, and made to stand in fear until their executioners poured pellets of ZyklonB through ports in the ceiling.

When the pellets hit air, they became gas. Victims died not by going to sleep and becoming comatose, but in terrible agony over periods as long as 15 or more minutes, witnesses have said.

As they suffocated, they clutched each other in desperation and panic. Their blood vessels ruptured under their skins. They bled from the ears, foamed at the mouth and died twitching or jerking in spasms that only gradually subsided. One wonders if mothers and fathers had the presence of mind and courage to kill their own children quickly, seeking to spare them agony. None can say.

With the trains running efficiently and the ZyklonB system working as they designed it, the Germans killed about 6,000 people each day at Auschwitz — mostly Jews, but also Roma (gypsies), homosexuals, resisters, religious opponents and prisoners of war.

Auschwitz as a general term includes several nearby locations — Auschwitz II-Birkenau, which served both as a slave labor

camp and an extermination camp with efficiently built gas chambers — and Auschwitz 3. Between May 1940 and May 1945 when the Germans surrendered to the Allies, 1.1 million people died at Auschwitz alone.

Many victims whose last sight was the inside of a chamber would live among us today, if Hitler had been stopped earlier. They'd be old now, children born in the 1920s or '30s or early '40s.

For all practical purposes they lived in our world, a world with electricity and indoor plumbing; with radio and telephone; with books, journals and daily newspapers. They would have understood us because theirs was the beginning of our culture, with its computers and cell phones and social media.

You know those people, and so do I: vibrant children with missing teeth and big smiles; hard-working parents who loved them; kindly old folks who put those kids on their knees.

They were beautiful young women and men who could have fallen in love, shared sex, work, friendship and lives, and made a million new worlds of healthy babies and hope.

But they were killed in an organized, cattle-herd slaughter, a genocide, by German Nazis and fellow Europeans.

We will offer this simple plea or prayer, therefore: Let us remember them while we still can.

Let us celebrate their lives by knowing their tragic history.

And let us share that history with our children, always. ■



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MAY

COMMUNITY EVENTS & LECTURES



FREE Community Chair Yoga Class

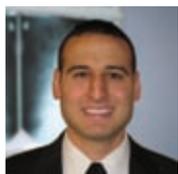
Class taught by Sara Chambers, RN, BSN, CYT

Please choose one class option:

Wednesday, May 2 or May 16 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

Palm Beach Medical Center now offers a chair yoga class for the community. The class will be taught by the assistant nurse manager of cardiac rehab, Sara Chambers, who is also a certified yoga instructor. Using the same techniques as traditional yoga, the class is modified to allow for gentle stretching, designed to help participants strengthen their muscles and work on their balance. *Reservations are required.*



Treatment Options for Common Foot and Ankle Issues

Lecture by Kenneth S. Gerszberg, MD – Orthopedic Surgeon on the medical staff at PBGMC

Thursday, May 3 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

During National Osteoporosis Month, join Dr. Kenneth S. Gerszberg, an orthopedic surgeon on the medical staff at Palm Beach Gardens Medical Center, for an educational lecture on common foot and ankle issues and treatment options available at the hospital. *Light dinner and refreshments will be served. Reservations are required.*



Stroke - Mended Hearts Program

Tuesday, May 8 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

PBGMC is teaming up with The Mended Hearts Program to provide support for heart disease patients and their families. Members will be able to interact with others through local chapter meetings, volunteer opportunities and special events. Members are encouraged to listen, share their experiences with other heart patients, and learn from healthcare professionals about treatment and recovery. A small fee* will be collected by the Mended Hearts Program for registration. *Light dinner and refreshments will be served. Reservations are required.*

*\$5/year will be collected solely by the local Mended Hearts Program to provide educational materials for members. \$20/year will be collected solely by the Mended Hearts Program if you would like to become a national member.



Smoking Cessation Classes

Wednesday, May 23, 30 & June 6, 13, 20, 27 @ 5:30-6:30pm

Palm Beach Gardens Medical Center // Classroom 3

PBGMC is teaming up with the Area Health Education Center to provide education on the health effects of tobacco use, benefits of quitting and what to expect. A Tobacco Cessation Specialist will help participants identify triggers and withdrawal symptoms and brainstorm ways to cope. The class is delivered over six, one-hour sessions.



Take steps toward being heart healthy!
Visit PBGMC.com/pledge to enter to
Receive a FREE Cookbook!



Hands-Only CPR Class

Tuesday, May 15 @ 6:30-7:30pm

Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. PBGMC has teamed up with Palm Beach Gardens Fire Rescue to provide free monthly hands-only CPR classes for the community. Certification is not provided. *Reservations are required.*



Mindfulness - Better Breathers Club

Guest speaker: A retired neurologist and sleep specialist

Wednesday, May 23 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

PBGMC is teaming up with The Better Breathers Club. Living with a chronic lung disease can be easier. Better Breathers Clubs are welcoming support groups for individuals with COPD, pulmonary fibrosis and lung cancer, and their caregivers. Learn better ways to cope with lung disease while getting the support of others in similar situations. *Reservations are required.*



Stroke Panel of Experts Lecture

Lecture by:

- Ali Malek, MD, Medical Director, SMMC Comprehensive Stroke Center & Neurointerventional Program
- Paul Acevedo, MD, Neurologist PBGMC Primary Stroke Center
- Cory Bessette, PBG Fire Rescue EMS Division Chief

Thursday, May 31 @ 6-8pm

PBG Council Chambers // 10500 North Military Trail

In honor of Stroke Awareness Month, we are teaming up with St. Mary's Medical Center and Palm Beach Gardens Fire Rescue to offer FREE stroke risk assessments and a panel of experts presentation with a local stroke survivor. The event will be held at the Palm Beach Gardens Council Chambers and there will be a Q&A session following the presentation. *Reservations are required. Light dinner and refreshments will be served.*



FREE COMMUNITY SCREENINGS

Free Heart Attack Assessment Screenings

(blood pressure, BMI, glucose and cholesterol)

Wednesday, May 9 @ 7am-11am
Classroom 3

All screenings held at: Palm Beach Gardens Medical Center

Osteoporosis Screenings

Thursday, May 17 @ 9am-1pm

Outpatient Entrance

FOR RESERVATIONS, PLEASE CALL 855.857.9610.



PALM BEACH
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OPINION**Pruitt awaits his fate****bobFRANKEN**

Special to Florida Weekly

In spite of all the controversy about Scott Pruitt's cushy D.C. condo, it's entirely appropriate that he was getting a sweetheart deal on a place to sleep. After all, for his entire political career, he's been in bed with the special business interests who resist any and all government efforts to protect against their ravaging of the environment.

In Oklahoma, as a state senator, then attorney general, and now the Trump administration's Environmental Protection Agency administrator, Pruitt has been a stalwart opponent of any regulation that would get in the way of the energy companies that have been his patrons. They and their extremist advocates have rewarded his efforts on their behalf handsomely.

Now that he has brought their bought-and-paid-for agenda to Washington, he has turned the EPA into the "Environmental Punishment Agency." He has been dismantling clean-planet rules left and right, and is dogmatically ignoring climate change science as he represents big business in pushing President Donald Trump's anti-regulation agenda.

He's also been living large, or trying to. His ridiculously cheap living arrangement at a lobbyist-owned apartment within spitting distance of the Capitol has been exposed by media reports, so he violated scoundrel rule No. 1 — which, of course, is "don't get caught." He was charged \$50 a night, far, far below market rate in D.C., but even with all the industry largesse, he's gotten greedy. And clumsy.

In fact, Pruitt is quickly becoming legendary, even by Washington's dreary standards. His insistence on spending



GAGE SKIDMORE / COURTESY PHOTO

\$40,000-plus of taxpayer money to construct a soundproof telephone room at his agency for his use was just one embarrassment. Until the drumbeat of criticism got too loud, he insisted on flying first class. EPA policy requires economy seating, with permission granted for an upgrade in exceptional circumstances.

Pruitt has adopted a policy of avoiding any but the friendliest, churning out interviews with the likes of Fox News and the right-wing Washington Times. However, even the Fox News interview was awkward, with correspondent Ed Henry asking tougher questions than he expected. He fumbled them, plain and simple. Looking bad on TV is the original sin in the Gospel According to Donald Trump.

So down at Casa Blanca, el presidente is trying to determine whether all the bad publicity is enough to add Scott Pruitt to the list of those he must replace. On the one hand, Pruitt has been shamelessly effective at gutting environment-saving regulations at the

EPA. That pleases POTUS, who insists he has full confidence in Pruitt.

But is that the Don Trump Kiss of Death? The indicators are becoming familiar. The president and maybe Chief of Staff John Kelly assure the unfortunate one that they have his back. At the same time, Sarah Huckabee Sanders or another White House-designated knife-wielder makes it clear that they possibly mean that his back is there to stab. So here was Sanders, making sure reporters knew: "We're reviewing the situation. When we have had a chance to have a deeper dive on it, we'll let you know the outcomes of that."

Scott Pruitt may be the next to take the dive ... with concrete. If he's smart, even while he struggles to stay on, he'll be making sure all those wealthy special interests are there when he leaves power, so he can cash in his chits. ■

— Bob Franken is an Emmy Award-winning reporter who covered Washington for more than 20 years with CNN.

Mark Zuckerberg's insufferable tripe**richLOWRY**

Special to Florida Weekly

Once again, Mark Zuckerberg is sorry. The founder of Facebook, who has apologized for privacy breaches throughout much of his company's existence, is back at it, on a much larger stage than ever before.

The proximate cause is the Cambridge Analytica controversy. In violation of Facebook's rules, the Trump-linked political consultancy schemed to get access to the data of 87 million users.

This has made Facebook a scapegoat for President Donald Trump's victory on par with the Russians and James Comey (at least before the FBI director got fired and became a Trump adversary).

It's not Zuckerberg's fault that he has suddenly been deemed on the wrong side of history, but the Cambridge Analytica blowup is bringing a useful spotlight on the most sanctimoniously self-regarding large company in America.

Facebook can't bear to admit that it has garnered the largest collection of data known to man to sell ads against

and line the pockets of its founder and investors.

The problem isn't that Mark Zuckerberg is a businessman, and an exceptionally gifted one, but that he pretends to have stumbled out of the lyrics of John Lennon's song "Imagine." To listen to him, Facebook is all about connectivity and openness — he just happens to have made roughly \$63 billion as the T-shirt-wearing champion of "the global community," whatever that means.

It's this pose that makes him and other Facebook officials sound so shifty. In a rocky interview with Savannah Guthrie of the "Today" show, Sheryl Sandberg was asked what product Facebook sells. "We're selling the opportunity to connect with people," she said, before catching herself, "but it's not for sale."

Something or other must be for sale, or Facebook is the first company to rocket to the top ranks of corporate America based on having no product or profit motive.

Guthrie, persisting, stated that Facebook sweeps up data for the use of advertisers. Sandberg objected: "We are not sweeping data. People are inputting data."

Uh, yeah. That's the genius of it. In a reported exchange with a friend while

he was a student at Harvard, Zuckerberg boasted of having data on thousands of students because "people just submitted it."

Zuckerberg has now managed the same trick on a global scale. On the one hand, Facebook has indeed made efforts to protect the data of its users, knowing that it can't risk a fundamental breach of trust. On the other, Zuckerberg has repeatedly said he's sorry for offenses against his users' privacy because his business model contradicts his self-righteous public posture.

It's possible to imagine something like Facebook run as a nonprofit service for the global commons. That's not what Zuckerberg chose to do. To his credit, he created a compelling — nay, for some people, addicting — product and made a killing for the ages.

Perhaps the public pressure will force the social network to give its customers even more control over the use of their data. At a minimum, it will have achieved something if it gets Facebook to give up the saccharine one-world rhetoric about its mission and admit the bottom line is as important to it as any other profit-making company. ■

— Rich Lowry is editor of the *National Review*.

Hanley program designed to connect families that have suffered opioid losses

Hanley Foundation recently announced the launch of Project C4OPE, a program designed to connect families who share the experience of a loved one who has died of an opioid overdose, survived an overdose, or are at high risk for an overdose.

Palm Beach County leads the state in opioid-related overdose deaths, with more than 600 recorded in 2017 alone and more than 5,000 total opioid overdoses recorded in 2016.

Families in the opioid crisis from across Palm Beach County can connect at Origins Resource Center in West Palm Beach on Thursday, April 26, from 6:30-8 p.m., for the first gathering of Project C4OPE, an opportunity for them to express their needs and wants around the topic of opioid overdose. The meeting is free and open to the public with advance reservations.

Under the direction of Hanley Foundation educator Barbara Shafer, the Project C4OPE sessions will offer a

safe place for families to discuss overdose prevention and education topics of interest.

Following the initial Project C4OPE session, Hanley Foundation facilitators and group leaders will host ongoing forums in four Palm Beach County geographic areas.

Monthly events will involve discussion of a range of topics.

As Project C4OPE forums expand, Hanley plans to introduce new programming — including opioid and alcohol prevention programming to children aging out of foster care and parenting programming through homeless shelters.

For more information, visit www.hanleyfoundation.org/project-c4ope/ or call 561-268-2355. ■



SHAHER

Literacy programs get a \$200,000 boost

A March 9 Love of Literacy luncheon featuring New York Times bestselling author Will Schwalbe drew 500 people and raised more than \$200,000 for the literacy programs throughout Palm Beach County.

"Will shared his love of literacy and passion for reading," said Kristin Calder,

CEO of the Literacy Coalition of Palm Beach County. "He inspired us all to read more books and find meaning and lessons in the books through talking about the stories. It was a great celebration in support of the Literacy Coalition's many literacy programs and initiatives throughout the county." ■

Temple Emanu-El Palm Beach offers community support groups

Temple Emanu-El Palm Beach offers a caregiver support group and a bereavement support group that are open to the community free of charge.

Both groups meet at the temple on the second and fourth Thursday of every month. The caregiver group meets from 10 to 11:30 a.m. and the bereavement group meets from 1 to 2 p.m.

Jordana Singer, a licensed psychotherapist, facilitates the bereavement support group, which is open to adults of all ages in various stages of grief.

For more information on the support groups or other events at Temple Emanu-El Palm Beach, visit tepb.org or call the temple office at 561-832-0804. ■

Nurses to be recognized by healthcare foundation

Palm Healthcare Foundation Inc. will launch its annual Thank a Nurse campaign to recognize the efforts of Palm Beach County's nurses.

Events include a free "Nurses Night Out" at Downtown at the Gardens from

5-8 p.m. on May 3.

Outstanding nurses from across the county will be recognized at the "Heart of Gold" reception from 6-8 p.m. on May 10 at the Kravis Center Cohen Pavilion. Tickets are \$35. ■

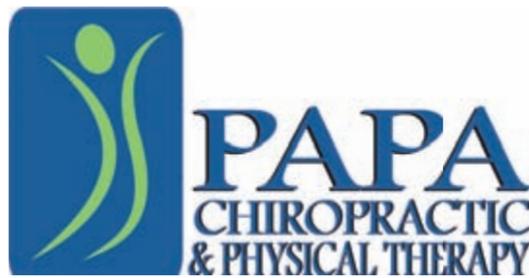
GTS Husky rescue saves dozens of endangered dogs

GTS Husky Rescue of Jupiter recently rescued 65 dogs left unattended in Mississippi when their breeder died.

These dogs were being kept outside at all times and were left in tiny crates with no space to run. Most dogs were undersocialized and are afraid of most people, but GTS will rehabilitate them and find homes.

GTS Husky Rescue is in excessive need for donations to help save these animals and get them back to health. Any type of donation helps whether it is as simple as a dollar or heartworm and hookworm medication.

For more information, visit www.gtshuskyrescue.com. ■



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SOCIETY

Palm Beach Symphony's Symphony of Treasures gala at The Breakers



- 1. Jill Baum and Marguerite Rosner
- 2. James Borynack and Adolfo Zaralegui
- 3. Ellis Parker, Nancy Parker and Ramón Tebar
- 4. Dawn Meiners and Mary Galvin
- 5. Denise McCann and Leslie Rose
- 6. Karen Rogers and Ken Rogers
- 7. Maxime Marks and Don Ephraim
- 8. Jose Figueroa and Lurana Figueroa
- 9. Nannette Cassidy and Trudy Brekus
- 10. Eunice Bigelow and David Bigelow
- 11. Leonard Klorfine and Norma Klorfine

PHOTOS BY CAPEHART

SOCIETY

Palm Beach North Chamber of Commerce Opiate Panel Discussion, Riviera Beach Marina



1. Nico Bitzer and Sherri Heino
2. Joan Kavooras and Michele Burst
3. Michael Reed, Belma Andris, Darcy Davis, Neal de Jesus, Aldo Morales and Mark Rubenstein
4. Diane Ratner and Jared Spooner
5. Chelsea Reed and Mark Reed
6. Chris Maleve, Peretheiura Baker and Tom Ceccarelli
7. Eduardo Gruzman, Rebecca Gould, Rick Upson and Reisha Montecinos
8. Donna Goldfarb and Irv Seldin
9. Summer Held, Gavin McNalley and Tracy Hackett
10. Seth Ullian and Liliana Davidson

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

GAIL V. HAINES/FLORIDA WEEKLY

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EMERGENCY ROOM
JFK MEDICAL CENTER
in Palm Beach Gardens

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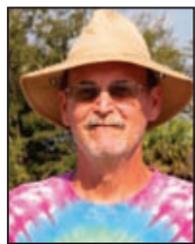
JFK EMERGENCY ROOM PALM BEACH GARDENS
4797 PGA Boulevard | Palm Beach Gardens, FL 33418 | 561-548-8200

JFKMC.com

CRAZED

From page 1

of the best examples is the number of remote air fields Florida had at the end of World War II. Decades of expansion have erased many of these, but ones like Buckingham Airfield east of Fort Myers have endured to become the perfect place to hold autocross events.



ELLIS

Established in 1942, the army airfield trained 50,000 gunners to defend bombers before closing in 1945. Since then it has quietly grown into a small airplane community, a hub for controlling the mosquito population, and the home of the Gulfcoast Autocrossers.

Autocross is a competition event where performance cars can legally be used to the fullest. These events traditionally need an open space of tarmac where courses can be laid out with something as simple (and forgiving) as plastic cones. Traditionally everything is welcomed from daily drivers to performance machines just legal enough to earn a license plate. They are divided into competitive categories, and everyone races the same course for the fastest time.

“Autocross is one of the most economic ways to do high-performance driving,” according to Mike Lawson, driver, instructor and member at Gulfcoast Autocrossers.

Mr. Lawson is quite competitive with a Scion FR-S. It’s a rear-wheel drive coupe that can be picked up for well under \$30K at a dealership today, and it’s already ready for competition this weekend. After initial preparation, a local racer might only need a set of tires annually and suspension component semiannually. So, the investment in maintenance can be as low as \$1,000 per year. But there is another side.

“I’m a poster child for excess,” says Gulfcoast Autocrossers president Craig Ellis. He has a race-repaired 2008 Chevrolet Corvette Z06, and that doesn’t even guarantee dominance. “I’ve spent a quarter-million, and I can still get beat by a nearly stock Miata.”

Mr. Ellis is not mismanaging his funds. It’s just more of a point about autocross events — autocross uses tight turning courses where a car with quick acceleration can be more competitive than one built for all-out speed. So, while Mr. Ellis’ enhanced Corvette can assert its dominance on longer road courses, its Buckingham lap times may never compare to something more commuter-friendly.

In fact, the prime racing upgrade to any car arguably can’t be found on a parts shelf. “The best modification in autocrossing is the driver,” says Mr. Lawson.



COURTESY PHOTO

The Cavallino Classic takes place Jan. 23-27, 2019, at The Breakers in Palm Beach.



COURTESY PHOTO

Barrett-Jackson Palm Beach auction is an April tradition at the South Florida Fairgrounds.

It takes an investment in time to learn from other experts and practice on a racecourse to really be competitive. Gulfcoast is one of the few autocross organizations that also runs a school for novices. People like Mr. Ellis and Mr. Lawson take drivers in their own vehicles and help them understand what a sports car really can do. Those who get bit by the racing bug during the Saturday learning sessions are the ones likely to pay \$30 to hit the track on Sunday for the full event.

There is plenty more racing to be enjoyed across South Florida, which has led to an active chapter of the Sports Car Club of America. This is a sanctioning body and educational hub for people

who want to drive full-speed on professional racecourses and/or want to move closer to professional competition.

For those who are more into grand touring than competing with their vehicles, South Florida also accommodates. The annual Florida Car Marathon takes place later this month. It’s a precision rally, which rewards participants for accurately holding a sustained reasonable average speed rather than high-performance driving. Thus, it provides the excitement of competition without needing to break legal speeds.

During its 500-mile run, the Florida Car Marathon will hit hotspots like the Sebring International Raceway. But no matter if it’s part of a driving event or just on a Sunday solo cruise, any enthusiast driving through south central Florida should make this stop.

Sebring is home to a 12-hour endurance race every spring that is one of the most famous in the world. This seven-decade tradition is where professional teams and ambitious amateurs are given half a day to prove their mettle.

“This is the long-standing testbed for the latest in road course racing,” said Jonathan Brownfield, a South Florida autocrosser, writer, Sebring attendee and all-around car-crazy enthusiast. “There’s a palpable excitement as past legends are connected through continuing to push the limits of competition and endurance.”

Even those who can’t make it to the 12 hours of Sebring can participate in some

weekend SCCA and club events. And there is a ton of respect for any vehicle that spends time on this hallowed racing ground. Heck, even just an official coffee mug from the welcome center will get respectful nods from fellow enthusiasts.

Sebring is South Florida’s most famous raceway, but it’s far from the only track. There is everything from amateurs running their quarter-mile drag racers at Palm Beach International Raceway, to the NASCAR season closer at Homestead-Miami Speedway.

While Gulfcoast is unique with its autocross school, many of these raceways will also have a driving school for those interested in learning how to properly get on the track.

But Florida’s automotive culture doesn’t have to be highly organized or expensive to enjoy. Anyone who doesn’t want to be a part of a planned event can find pleasure in a lazy Sunday on the Tamiami Trail or get adventitious finding new back roads across our state. Even those who don’t want to go far can appreciate a local event in their affordable classic cars and/or just enjoy being a spectator.

One of the easiest car shows to find today is Cars & Coffee. While this tradition started out in California, the car-crazy lifestyle of Florida means that most major cities have someone organizing one locally. What keeps the event popular is its unpretentious spirit. A brand-new 755 horsepower Corvette ZR1 can be parked next to a hodgepodge Volkswagen Beetle — both sharing the common thread of automotive passion.

The entire soul of Cars & Coffee is about being without airs and exceptionally affordable. There are plenty of similar events around South Florida using this name, but it’s not born from an official franchise. Cars & Coffee is just held together by automotive camaraderie. If one is charging money to park in the regular parking lot, and/or scrutinizing vehicles, then they don’t understand this grand tradition. But the good news is, even if the local one is getting greedy, there’s likely a proper Cars & Coffee right down the road.

When it comes to some of the best automotive events, snowbird season also often means car show season. So, while they might clog up the roads,



COURTESY PHOTO

Boca Raton Concours D'Elegance brings together vintage vehicles with a variety of pedigrees.



ROBBIE SPENCER / FLORIDA WEEKLY

The Revs Institute in Naples.

some of this added traffic includes choice machines. Both the east coast and west coast of Florida have a terrific premium example of a winter event featuring one of the world's most celebrated brands.

Every January the Cavallino Classic showcases multimillion-dollar classic Ferraris on the pristine lawns of The Breakers of Palm Beach. For those who can't afford the exclusive ticket, or just want to see these supercars live up to their reputation, there is an alternative. There are track events at PBIR held the week before the show that remind us that these concours-level prancing horses still burn high-octane.

While the Cavallino thrives on exclusivity, Cars on Fifth is a Naples February tradition that is one of the most accessible events around. In fact, although it's held by the local chapter of the Ferrari Club of America, the charity gathering has grown rapidly to invite everything from Jaguars to American muscle cars.

By April we've just concluded most of the major winter events. It's time now to plan ahead for next year's shows like the Boca Raton Concours d'Elegance, Wheels Across the Pond (British car show in Jupiter,) Naples Motorfest, and many other worthwhile gatherings. There are even new events being organized — like the first-ever Gasparilla Concours d'Elegance in Tampa next year.

The same weather and wealth that enrich shows in the winter also attract the car auctions. The Mecum Kissimmee sale every January has grown into a two-week event. There are so many cars filling the fairgrounds (over 3,000 in 2018) that enthusiasts can treat this more like a car show than an auction. And for those interested in buying, the massive number of vehicles needed to sustain a sale of this size also means



COURTESY PHOTO

The Cavallino Classic brings together classic Ferraris. It takes place Jan. 23-27, 2019, at The Breakers.

there are plenty of affordable classics.

Other major South Florida auctions also follow this feeling of providing something for everyone. The Barrett-Jackson Palm Beach sale has become an April tradition that feels like a mini fair with food vendors, trinkets and cars under four big top tents. And while there are plenty of new and vintage exotic machines, there are also sensible cars that sell for under \$5,000.

Of course, there are some great museums for those who really want to see the best cars. The Fort Lauderdale Antique Car Museum is home to a world-class showing of Packards. Muscle Car City in Punta Gorda lives up to its name with some of the best American big power machines around. The Elliott Museum in Stuart has a unique glass showcase that can bring cars closer to visitors with just the touch of a display screen.



COURTESY PHOTO

The Mecum Kissimmee sale is each January.

The best of them all is The Revs Institute. The Collier family has been at the bedrock of American Racing, and Miles Collier's collection is a world-class affair that is housed in Naples. It celebrates the art of the automobile, and there's a full wing devoted to Porsche (including a few cars that the company

would love to have back in in their corporate holdings.) Plus, this is the largest collection of the racecars that Briggs Cunningham built in West Palm Beach to take on the world.

The Revs Institute has spent many years as a private collection. But their mission to educate and preserve the classic car culture has led them to re-opened to the public. Viewing times are limited and tickets must be purchased in advance.

In the end, South Florida is a strong and varied car culture that's concentrated onto a small peninsula. We are the home to professional racing teams, track day amateurs, retired CEOs with \$1 million prototypes and teenagers with muscle car aspirations. And it's our inviting car culture that gives every one of these people a place to go, a place to see and a place to be seen. ■

NORTON

From page 1

Hirst, Anselm Kiefer, Sigmar Polke, Ed Ruscha, and Kara Walker; sculpture by Theaster Gates, Donald Judd, Anish Kapoor, Mario Merz, Juan Muñoz, and Kiki Smith; and photo-based work by Matthew Barney, Nan Goldin, Cindy Sherman, Lorna Simpson, Pipilotti Rist, Bill Viola, and William Wegman, among many others. A selection of these works will be on view as part of the museum's grand reopening.

"This commitment from the Ganeks is among the most important in the history of the museum, transforming our collection," Hope Alswang, executive director and CEO, said in a statement.

Leading the group of inaugural exhibitions will be the latest installment in the critically acclaimed RAW (Recognition of Art by Women) series, which discovers and promotes the work of contemporary women artists. Thanks to the Leonard and Sophie Davis Fund / ML Dauray Arts Initiative, which initially funded RAW for six years, the series will continue. The \$1 million gift also established the three-year Sophie Davis Curatorial Fellowship for Gender and Racial Parity, which has been

awarded to Ladi'Sasha Jones, who began this February.

In addition to the special exhibitions, the inauguration of The New Norton will feature site-specific installations commissioned for the grand opening. New York City-based artist Rob Wynne (American, born 1950), who works with text and hand-poured glass, will construct a work around the three-story Muriel and Ralph Saltzman Stairway that leads visitors between collection galleries in the new Foster-designed west wing. This commission will incorporate and expand upon Mr. Wynne's earlier piece, "I Remember Ceramic Castles, Mermaids & Japanese Bridges" (2012), which the Norton commissioned for installation in the original Ruth and Carl Shapiro Great Hall. A compilation of short films by photography and video artist Gregory Scott that provide a tongue-in-cheek view of art, artists and museums will screen in the new Leonard and Evelyn Lauder Restaurant. The artist selected to create an installation for the new Ruth and Carl Shapiro Great Hall will be announced at a later date.

Thematic installations of sculptures by major artists will be incorporated into the public garden. The subtropical garden and green space will echo the spatial concept of the museum's original 1941 master plan. Mimicking the series

of Art Deco-inspired pavilions encircling the museum's central courtyard, the Foster-designed garden will feature a sequence of "garden rooms" along the southern edge of the museum campus, ringing the Pamela and Robert B. Goergen Garden. Each room will be defined by native trees and plantings and will feature sculptures by such artists as Keith Haring, George Rickey, and Mark di Suvero, whose work will enter the Norton's permanent collection for the first time.

Inaugural exhibitions include:

"RAW: Nina Chanel Abney" — Feb. 9-June 25. Nina Chanel Abney (American, b. 1982) paints in a bold graphic style with a brilliantly colored palette and addresses the injustices of our time in compositions densely populated with abstracted, symbolic figures and shapes.

"Out of the Box: Camera-less Photography" — Feb. 9-June 16. From the earliest days of photography, artists have experimented with ways to record images without the use of a conventional camera apparatus. "Out of the Box" will present 40 works in this tradition drawn from the Norton's permanent collection of photography, most of which have never been shown publicly.

"Going Public: Florida Collectors Celebrate the Norton" — Feb. 9-June 4. This will include 50 to 60 rarely seen works from prestigious private South

Florida collections. Artists in this exhibition will include Mary Cassatt, Nick Cave, Bruce Conner, Rockwell Kent, Anselm Kiefer, Roy Lichtenstein and Jenny Saville, among others.

"Modern Spontaneity: Ralph Norton's Watercolors" — Feb. 9-May 7. The Norton's founder, Ralph Norton, loved the medium of watercolor and acquired major examples by both modern American and European artists. A selection of these will be the subject of the exhibition "Modern Spontaneity," featuring 17 watercolors from late 19th-century masters such as Winslow Homer through modernists such as Charles Burchfield, Charles Demuth and Fernand Léger.

"Good Fortune to All: A Chinese Lantern Festival in 16th-Century Nanjing" — Feb. 9-Jan. 28, 2020. Good Fortune to All will present an exceptionally rare group of six paintings from the late 16th century, which together depict a continuous scene of a Lantern Festival in Nanjing, the capital city of the Hongwu Emperor (reigned 1368-1398) who founded the Ming dynasty.

"Spotlight: Ralston Crawford Across Media" — Feb. 9-May 14. The museum will highlight a loan of a Ralston Crawford oil painting alongside a watercolor and three photographs by the modernist artist from the collection, three of which are new acquisitions. ■

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SOCIETY

Furry Friends' 'Fashion Frenzy' Ladies Night Out, Abacoa



1. Maida Remmer, Guido and Nancy Flynn
2. Myla Thompson, Gavin McSweeney, Janelle Marrone and Stephanie Sommovigo
3. Nancy Trance, Mary Porter and Max
4. Denise Mariani and Jennifer Sardone-Shiner
5. Joan Sardone and Ana Barreto
6. Stephanie Sommovigo, Myla Thompson, Janelle Marrone, Leah Shloamowitz, Erica Paul, Amy Test and Cathy Carr
7. Michael Frederick and Katie Madruga
8. Tim Byrd and Patricia Deshong
9. Renee Singer and Denise Lentze
10. Alex MacDonald, Lizzie Hollman, Duncan MacDonald, Lee Evanckek, Billy Holliman and Patty Walsh
11. Thorne Donnelley and Cynthia Tagliaferri
12. Karen Counts and Carol Melton
13. Kristina Tabilla and Dina Calloway
14. Erica Paul



GAIL V. HAINES/FLORIDA WEEKLY

Faith and Sille Gom

“Strong client relationships are hard to come by and clients know it ... That’s why, when you know how to create such relationships, you win your clients’ loyalty, earn referrals and enjoy repeat business for life.”

— Paul Krasnow, author of “The Success Code: A Guide for Achieving Your Personal Best in Business and Life”

BUILDING BETTER RELATIONSHIPS



*Earn loyalty,
referrals
and repeat
business by
engaging with
your clients in
the right way*

SPECIAL TO FLORIDA WEEKLY

THESE DAYS TRUST IS AT AN ALL-TIME low. People are suspicious of organizations, institutions and leaders across the board. At the same time, competition is fierce. Your clients can leave you at any time (and for any reason) and replace your services with something faster, shinier, sexier.

But here’s the good news, says Paul Krasnow: When you’re able to engage with clients the right way and build deeply connected, trust-based relationships



KRASNOW

SEE BUILDING, A14 ►

MONEY & INVESTING

Astronomical global debt means you must vet investments

ericBRETAN

estaterick@gmail.com



If you are like most Americans, you have just received your tax refund and you are using some or all of that cash to

pay down some form of debt. After all, it is no fun owing a mortgage, student loan, auto loan or credit card companies.

But what if I told you that no matter how big a payment you were able to make, you will still have more debt than you will ever possibly be able to repay? The Institute of International Finance just released its annual calculation of

the amount of global debt outstanding in the world and the number is mind-boggling. So what is this number and how will that affect you and the financial markets going forward?

Each year the institute, a global banking trade association, estimates the amount of debt outstanding in the world. This includes household debt, corporate debt, government debt and

debt issued by banks and other financial institutions. Just last week, the group estimated that this number for 2017 was \$237 trillion. The number is so large that to understand it, we must put it in perspective. There are around 5.4 billion adults in the world and if this debt were to be repaid equally among them, each

SEE DEBT, A14 ►

BUILDING

From page 13

with them, you automatically set yourself apart.

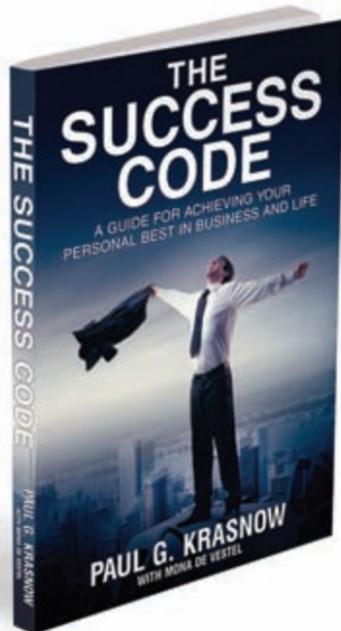
“Strong client relationships are hard to come by and clients know it,” says Mr. Krasnow, author of “The Success Code: A Guide for Achieving Your Personal Best in Business and Life.”

“That’s why, when you know how to create such relationships, you win your clients’ loyalty, earn referrals and enjoy repeat business for life.”

But such deep connections cannot be faked, he stresses.

“They require your attention, your care and your authentic desire to serve your clients to the best of your ability. In both bad times and good, your commitment to them should be your top priority. Not everyone is willing to create and nurture these kinds of relationships. If you are, your business will thrive.”

Mr. Krasnow knows this truth because he has lived it. A financial representa-



tive at Northwestern Mutual Life Insurance Company, he’s been a top producer for 40 years and has won many Top Agent titles with a performance record built upon years of engaging with clients and acting on the best practices he reveals in “The Success Code.” Here are some of them:

■ **First, commit to a personal code of integrity and live it each day** – Integrity should be a core value that steers all of your client interactions. This means committing to being honest and working hard with their best interests in mind.

“Develop a set of business integrity mantras you can strategically place around your office on Post-it notes or even posters,” Mr. Krasnow suggests. “Use them to remind yourself to always align your decisions with your code of business conduct.”

■ **Give them peace of mind** – Your clients should always be in good hands with you. Develop a system that works for you to proactively give clients the highest level of service at all times. Whether it’s having a perfectly tweaked project management system or a crystal clear communication system, make sure you can always respond to your clients in a timely manner and that you provide expert answers to all of their questions.

■ **Build trust by keeping your promises** – “If customer connections are the cornerstone of a successful business, trust is the cornerstone of a healthy client relationship,” Mr. Krasnow says. “Remember to keep your word and to deliver without fail. Keeping your word can be as small but equally important as never canceling an appointment or going over the allotted time for a meeting.”

This guideline might seem simplistic, he adds, but the approach will not only impress and delight clients, it will allow them to trust you with more business in the future. “Building client trust makes you a winner every time.”

■ **Be honest about what your services can deliver** – Don’t oversell or overpromise the results you offer. Manage your clients’ expectations so they won’t be disappointed. But whenever possible, do put them in touch with others who can help them where you cannot.

“Maybe they come to see you for insurance policies, but your consultant pal from college could help them streamline their business initiatives — so you connect them,” Mr. Krasnow says. “This will only widen your networks and strengthen your client relationships.”

■ **Don’t sell your customers products they don’t need** – Be upfront about products that would be a waste of their hard-earned money. Make their best interests your focus in approaching clients with your services. This tip is part of a larger philosophy of moving away from seeing a client as an immediate sale and moving toward building a long-term relationship.

■ **Deliver consistent service** – Mr. Krasnow knows that clients come to expect what they have experienced with your services in the past. Align yourself with a clearly defined mission, set of goals and level of commitment and ensure that clients receive the same level of care by delivering consistently high-quality service, time and time again.

■ **Find thoughtful ways to show you care** – Just showing up for your clients because you genuinely care about them is a sure way to solidify your connection with them.

“So send out birthday cards. Make a donation to a charity in your client’s name,” Mr. Krasnow suggests. “Get to know each of your clients and show genuine interest in their lives. Remember details and ask about their families and lives. Create an emotional connection any chance you are able.”

■ **Check in even when you have nothing to sell them** – Clients love to know you care about them beyond the sale of services. Do reach out to your clients from time to time and check in

with them to see how they are doing.

■ **Don’t forget about your existing clients, even when your business is booming with new ones** – Clients can tell when they’re on the back burner. “Nobody wants to feel like a third wheel, certainly not your trusted clients,” says Mr. Krasnow. “Keep that connection strong and nurture it every step of the way by staying in clear communication with all of your clients.”

■ **Resist going on autopilot** – Even if you have your sales technique down pat, find a way to actively engage with every client. Clients can sense if you’re phoning it in. “Try to step into the shoes of your client each time you have a meeting,” Mr. Krasnow says. “Remember that you are striving to improve their lives.”

■ **If you make a mistake, apologize and fix the problem immediately** – In most cases, customers aren’t interested in holding grudges — they want to forgive and forget. The best way to smooth things over when you’ve messed up is to make a heartfelt apology and then make it right.

“If your business is anything less than thriving, you should first and foremost examine your relationship with your clients,” Mr. Krasnow concludes. “The truth is, you are far more in control of your brand’s growth than you give yourself credit for. That’s why it’s so important to take true ownership of the connection you build with your clients. You’ll be amazed how much your deeper commitment to them will pay off in the long run.” ■

— Before joining Northwestern Mutual, Paul Krasnow suffered a financially devastating bankruptcy with a line of clothing stores he owned. Today he regularly speaks for multiple life associations in the U.S. and gives seminars for law firms and CPA firms in the Southern California area. For more information, visit www.paulgkrasnow.com. “The Success Code: A Guide for Achieving Your Personal Best in Business and Life (J&K Publishing) is available from Amazon.

DEBT

From page 13

would owe around \$44,000.

But even scarier is the fact that the majority of people around the world live in poverty with no savings and income of a few dollars a day. Clearly, these people could not be counted on to pay back this huge debt burden. So instead, if you were to ask only people in first world countries to pay back this debt, the burden would be about \$290,000 per person.

Where did this debt come from? Interest rates have been so low for the past several years that individuals, corporations and governments everywhere have eagerly borrowed this “cheap” money. And it is not just borrowers in rich countries that have embraced this trend. With investors clamoring for higher yields, even riskier borrowers have been able to access capital. In fact, the largest increase in borrowings on a percentage basis was countries like Argentina, Nigeria, Turkey and China.

However, developed countries contributed to the greatest dollar increase in overall debt. Most of these countries now have a debt to overall GDP ratio of over 300 percent. That means that if every dollar of output from these countries goes to paying off debt, it would still take three years to pay back its creditors.

These debt levels should be a great concern to investors. While there is significant publicity around rising government debt levels, this only makes up



around one-third of all debt outstanding. Corporate and personal debt make up a majority of loans and these funds also must be paid back as they mature. And with interest rates expected to rise over the next several years, this problem will only become greater.

As an investor, I would look closely at a potential investment target’s balance

sheet and only invest in a company that can survive in a higher rate environment.

I would also look for investments that would not be hit hard in another banking crisis or environment where people are cut off from credit.

Defensive stocks and consumer staples companies would be examples of this.

While I don’t think a debt crisis is just

around the corner, I definitely think it is something that we all must keep an eye out for. ■

— Eric Bretan, the co-owner of Rick’s Estate & Jewelry Buyers in Punta Gorda, was a senior derivatives marketer and investment banker for more than 15 years at several global banks.

NETWORKING

Central Palm Beach County Chamber of Commerce Sports & Tourism Luncheon, National Croquet Center



1. John Jerick and Joanna Montante
 2. Brittany Cartwright and Bob Goldfarb
 3. David Leland and Mickey Smith
 4. Brittany Cartwright, Elizabeth Houlihan, Fabiana DesRosiers and Dannielle Grayson
 5. Tad Rowe, Robbin Lee, Frank Gonzalez and Kimberly Leland
 6. Deana Pizzo and Kelly Kozuba

7. Alicia Vannini, Marissa Hayes and Doris Holton
 8. John Lacy and Jim O'Neil
 9. Joshua Franttiea and Danielle Franttiea
 10. Kelly Cavers and Ashley Miller
 11. Maria Pumarejo and Jonathan Flah
 12. Michale Napoleono and Tanya Siskind
 13. Rachelle Crain and Diana Daniel



Florida Weekly welcomes submissions for the Networking photo pages from business events, grand openings, professional association meetings, etc. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

EARL ON CARS

Buying a car when you have bad credit



There are fewer things more sensitive or embarrassing than having to share your personal credit problems with a stranger. Having credit problems can also put many buyers in a weakened and defensive position when buying a car. Many people with bad, or too little credit feel like the car dealer is somehow “doing them a favor” by selling them a car and getting them financed. Some car dealers will lead you to believe that your credit is worse than it is to put you on the defensive. If they can make you believe that they’re doing you a favor by getting you financed, you’re less likely to complain about the price of the car, the interest rate, and even the type of car you buy.

Make no mistake about it. A car dealer is probably making more money selling a car to a person with bad credit than one with good credit. If you have a credit problem, go about buying a car with the same care and due diligence as if you had the very best credit. Shop and compare your financing, your interest rate, and your trade-in allowance. Get at least three quotes on each of these.

Lenders who specialize in lending to those with bad credit are known as “special finance” lenders. Many of these lenders charge the dealer a large upfront fee, as much as \$2,500. Legally, the dealer is not supposed to add this fee to the price of the car you buy but, in the real world, the price of the car is usually higher as the result of this fee. Dealers also add high-priced but worthless warranties to the price of the cars with the excuse that the lender requires it. This is a lie: It’s illegal for lenders to require a warranty to finance a car. In addition to an upfront fee, the interest rates are very high from special finance lenders.

Because they anticipate a much higher

amount of repossession losses, they must make more on each transaction. Don’t automatically accept a dealer’s opinion that you must finance through such a lender. There are many conventional banks, credit unions and auto manufacturer lenders these days that loan to people with bad credit. Their interest rates are lower and they don’t charge large upfront fees.

There is much fraud in special finance lending. Credit applications are falsified to show more time on the job, higher incomes, etc. W-2 forms and check stubs are counterfeited. Buyer’s orders show accessories and equipment that do not really exist on the car.

Hold checks or promissory notes are misrepresented as cash down payment. Co-signers’ signatures are forged. Confederates pose as employers, answering cell phones or pay phones to verify employment. These falsifications are performed by finance managers, salesmen, brokers for special finance lenders (who are paid on commission) and the customers themselves.

If you sign a credit application, be sure that you know all the information on that application is accurate. Be sure that you understand and agree to all parts of the transaction including down payments, accessories on the car, etc. Never be a party to falsifying information to a lender to obtain a loan. This is a federal crime.

Advertisements aimed at people with bad credit usually exaggerate with claims like, “We finance everyone,” “Wanted,

good people with bad credit,” “No credit, no problem,” and, my favorite, “No credit application refused” (it doesn’t say your loan won’t be refused, just your application). My advice is to ignore these kinds of ads and these kinds of dealers. Their strategy is to take advantage of people with bad credit who they believe will buy any car, pay any amount of interest, and any profit to the dealers if the dealer can get them a loan.

It is common practice in Florida to encourage the car buyer to drive the car home immediately upon signing all the papers. In some states like New York this is not permitted until the car has been registered with the state in the new owner’s name. The reason for this immediate delivery (commonly referred to as the “spot delivery”) is to discourage and possibly even prevent the buyer from changing his mind. Taking possession of the car is a legal consideration that makes the purchase more binding.

I recommend that you not rush the purchase or the delivery.

For one thing, you want to be sure that the car is exactly the way you want it ... clean inside and out, all the accessories properly installed, no dings, dents or scratches, and that you have a complete understanding of how to operate all the features of the vehicle.

More important than anything above, is to be sure the car does not have an outstanding safety recall from the manufacturer. Independent used car dealers, especially those who specialize in folks with bad credit, have become the home

for dangerous used cars with unfixed safety recalls.

Many new car dealers, like the AutoNation stores, wholesale all cars with unfixed Takata airbag recalls. These cars are bought at auction by used car dealers like DriveTime, OffLeaseOnly.com, CarMax and thousands of others smaller used car dealers. These cars are retailed to people with bad credit who don’t ask the right questions because they are “grateful” to find financing. Always check the VIN of the used car you buy at www.safecar.com.

I mention the risk of the “spot delivery” in this column on buying a car with bad credit because it can be especially harmful to someone whose credit is denied after the car has been delivered. You will most likely be required to sign a “Rescission Agreement” before you drive the car home. This is a quasi-legal document which requires you to return the car if your credit is denied.

You will probably be told that your credit will be approved, but sometimes the dealer is wrong. The rescission agreement will have a charge for time and mileage that you have put on the car you are driving. Usually this is a very high charge from 25 cents per mile plus \$50 per day and higher. It can take weeks for a special finance lender to rule on a credit application. If your credit is denied you could owe the dealer thousands of dollars, which the down payment you made might not even cover.

As frightening as all the above may sound, the one single thing you can do to prevent bad things from happening when you purchase a car is to choose your car dealer very carefully.

How long has he been in business? What is his track record with the Better Business Bureau, the County Office for Consumer Affairs, and the Florida Attorney General’s Office?

Ask friends, neighbors, or relatives who have dealt with this car dealer what their experiences have been like. Choosing a good dealer with integrity will resolve 95 percent of all your concerns. ■

ANTIQUES

A Tiffany lamp is the ultimate antique item

Mention Tiffany and collectors may think of the very different things made by Louis Comfort Tiffany. He was so talented that it is almost impossible to know everything he did. He was a popular designer and creator of glass, pottery, jewelry, windows, lamps and even houses, rooms and gardens for many years, then fell out of favor less than 10 years after he died. But today, everything he did is back in style. Charles Lewis Tiffany, Louis Tiffany’s father, started a jewelry store in 1837 that still is in business with the name Tiffany & Company. Louis Comfort Tiffany (1848-1933) started his own business in 1879 and named it Louis Comfort Tiffany and Associated American Artists (1879-1902). He also was a decorator for his father’s company in the early 1900s. The name was changed to Tiffany Studios after his father died in 1902, and he became vice president. L.C. Tiffany usually signed his name on his famous iridescent glass instead of the Tiffany Studios company name. He also signed his name on his paintings and sketches. Today’s collectors and art buyers want anything with any of the many Tiffany marks, and some — like the best lamps — sell for over \$100,000. The record price for a Tiffany lamp is \$2,807,500.

Q: At an antiques show in Pennsylvania, I saw a small quilt that was labeled a “privy bag.” Of course I know what a privy is, but I’ve never heard of a fancy bag used to hold toilet paper in an outhouse. I have a bet with my husband that it is a dealer’s joke term.

A: You lose. There are references online dating back to 2010 for books and exhibits in Pennsylvania that feature quilted privy bags made to hold toilet paper. Some examples were at a recent show and one was priced \$995. There are other kinds, some embroidered, some from fancy fabric and some just reusable cloth food sacks. The quilted ones have almost all been reported from the Lancaster, Pennsylvania, area. Privy toilet paper often was pages of the old Sears and Roebuck catalog, or squares of newsprint that were stored

on a large nail. A decorative holder was crocheted in the 1920s-’30s from directions in some sewing magazines. A full, round, colorful crocheted skirt was made to fit a small doll. The legs of the doll

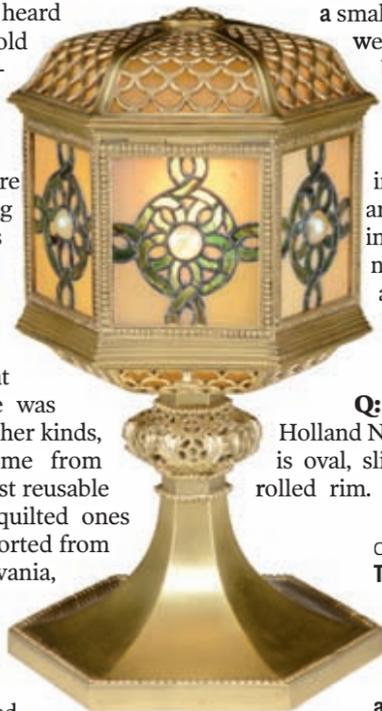
were stuffed into the cardboard center and the skirt covered the paper. It was kept near the seating area. Few outhouses in the United States today are left in camping and hiking areas. The parks furnish a portable biodegradable kit that is carried out of the park at the end of the hike.

Q: I think I have a Collier Holland No. 561 planter. The planter is oval, slightly bulbous and has a rolled rim. It looks like the Collier

pattern made by Gouda pottery, but it does not say Gouda. Other markings on the bottom are two diamonds, one above the other, and a stylized house. Have you come across anything like this?

A: Gouda pottery is popular with collectors. Gouda, Holland, has been a pottery center since the 17th century. And Gouda is the generic name for pottery made in several factories there. Some early Gouda items are marked with only a pattern name, or a pattern name and a number, and with or without the word Gouda. The Plateelbakkerij Zuid-Holland or PZH factory was founded in Gouda in 1897. In about 1910, the company developed a new process to make matte glazed pottery. Your planter has a version of the famous PZH — the little house that represents the Gate of Lazarus, once an impressive stone doorway of the leper infirmary in Gouda. The two diamonds, tip to tip, are the date mark for 1923. Gouda planters of this era sell for about \$125 to \$250. ■

— Terry Kovel and Kim Kovel answer questions sent to the column. Write to Kovels, Florida Weekly, King Features Syndicate, 628 Virginia Dr., Orlando, FL 32803.



COURTESY PHOTO
This 1½-inch-tall table lantern marked “Tiffany Studios New York” sold for \$6,655 at a recent James D. Julia auction in Maine.

REAL ESTATE

WEEK OF APRIL 19-25, 2018

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| A17



COURTESY PHOTOS

Palm Beach Modern Regency

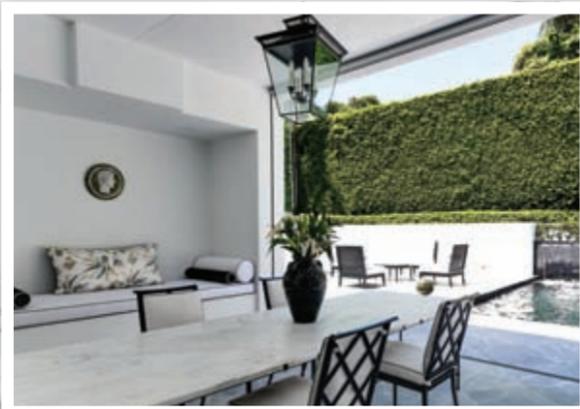
SPECIAL TO FLORIDA WEEKLY

This completely rebuilt custom home sits on one of the highest elevation lots in all of Palm Beach.

The exceptional modern Regency home has four oversized bedrooms, four full baths and two half-baths, with a total of just over 6,000 square feet. Only the highest quality materials and finishes were used to complete this extraordinary home, at 742 North Lake Way.

It's offered at \$8,395,000 by Sotheby's. Todd Peter, 561-281-0031 or Todd.Peter@sothebyshomes.com.

Cristina Condon, 561-301-2211 or Cristina.Condon@sothebyshomes.com. ■



PET TALES

Pet gadgets galore

BY KIM CAMPBELL THORNTON
Andrews McMeel Syndication

Every March, pet product manufacturers converge on Orlando to present their wares to buyers and media from around the world. More than 1,100 exhibitors displayed toys, beds, food and more last month at the Global Pet Expo, and we walked every single aisle — more than once — to make our picks of the cool, the comfortable, the innovative: the products that dog and cat owners will want to bring home to make their pets' lives more enjoyable or their own lives easier. Here are our top nine picks.

1. Be ready for anything on a walk with the Compleash, which combines a nylon leash, a built-in 10-ounce capped water flask, and two stackable bowls that can hold food, treats or personal items such as cash, credit cards or keys. The containers are part of the leash handle, and a waste bag dispenser can be attached to the leash as well. (MSRP \$24.99; sitstaygo.com)

2. Snake on a stick? The Elegant Snake cat toy by Be One Breed makes a crinkly sound when your cat pounces on it, and the handle allows you to wriggle it in a lifelike manner. Bonus: It's filled with catnip. (MSRP \$5.99; beonebreed.com)

3. Make your dog a treat master with Planet Dog's GuRu interactive toy. Insert treats into five different openings and let your dog have at it. He'll need to chew and squeeze the toy, which releases treats when the dog applies enough pressure to pop them out. (MSRP \$18.95; planetdog.com)



Discerning pet product testers accompany buyers at the Global Pet Expo.

4. Forever furless? That's the dream of many dog and cat owners whose clothes and furniture seem constantly covered in hair. The Lilly Brush promises to pick up pet hair with just a few swipes across clothing, upholstery, rugs and more. No peeling off tape; just rinse and reuse. (From \$12.95; lillybrush.com)

5. To help your anxious dog stay occupied while you're running errands or busy around the house, spread peanut butter, squeeze cheese or scoop canned food on the nubbly LickiMat from Hyper Pet, freeze it to make the treat last even longer, and set it out. Your dog can get in his licks and maintain his interest for a long time. (From \$5.99; hyper-pet.com)

6. Cats or dogs who scratch on furni-

ture or at doors and windows to get out can cause a lot of damage that's expensive to repair. Clawguard door and furniture shields protect surfaces without hurting pets. Sizes are adjustable, and covers come off easily when guests visit. (From \$14.99; www.clawguard.com)

7. Have a bag of poop and no place to toss it, and you don't want to put it in your car until you reach a spot with a trashcan? Enter the Tailgate Dumpster by Kurgo. The silicone holder attaches to metal vehicle surfaces (don't try it on aluminum or fiberglass). Put your poop bag inside and drive away from the beach or hiking trail stink-free until you can dump your dog's waste into a proper receptacle. (MSRP \$20; kurgo.com)

8. If your aging cat is having accidents outside the litter box, it might be too difficult for her to get in and out of. The Kitty Go Here litter box, with its low entrance, is easy for cats of all ages and abilities to navigate, especially if they have arthritic joints or other health issues that inhibit their mobility. (From \$15.99; kittygohere.com)

9. Travel in style with your 10-pound or smaller pet in the Madison carrier combined with the Pet-Trek 4-spinner-wheel folding trolley, both by A Pet With Paws. The eco-friendly carrier looks like leather but is made of recycled plastic bottles and has a breathable mesh back, side and top for easy entry and exit. The carrier can be pulled without tipping your pet backward, which is more comfortable and less frightening for him. (MSRP \$169-\$179, plus \$49 for Pet-Trek; apetwithpaws.com) ■

Pets of the Week



>> **Rebel** is a 3-year-old male cat that weighs 9 pounds. This fun-loving guy has tons of personality, loves attention and he's great with other pets. Stop by for a meet and greet; reference ID# 1899132.



>> **Ginger** is a 7-year-old female mixed breed dog that weighs 70 pounds and loves her pet toys. To meet Ginger, reference ID# 1835099.

To adopt or foster a pet

Palm Beach County Animal Care & Control is at 7100 Belvedere Road, West Palm Beach; 561-233-1222 or www.pbcgov.com/animal



>> **Keeno** is an 8- to 10-year-old neutered male Siamese mix, with beautiful blue eyes. He is very friendly with people and with other cats.



>> **Cary Grant** is a large, 4-year-old, male orange and white tabby. He's a little shy at first, but warms up quickly. He loves to be petted and brushed.

To adopt or foster a cat

Adopt A Cat is a free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment (call 561-848-4911, Option 3). For additional information, and photos of other adoptable cats, see www.adoptacatfoundation.org, or on Facebook, Adopt A Cat Foundation. ■



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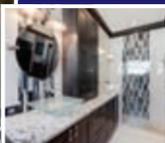
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Location, Location, Location!

Rarely available lake lot on cul-de-sac across from clubhouse with all of Evergrene's sought after resort style amenities. This home has everything. Master bedroom on the first floor with 3 bedrooms and a loft on the second floor. Spacious living room with room for the baby grand piano. Grand staircase, chef's kitchen and gas cooking and beautiful views of the lake are just a few highlights. Great investment property. Call 561-370-5736 for details.

SOLD!



8856 San Andros, West Palm Beach (Andros Isle)

Highest sold price per square foot in the last year!
Call 561-876-8135 To have your home sold.

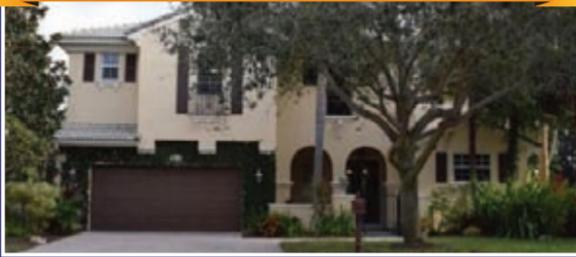
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PENDING



912 Mill Creek Drive (Evergrene)

Elliston Model Buyer Representation

PENDING



1212 Merlot Drive (Evergrene)

This home never made it to the market! Call Dawn at 561-876-8135 and let her know if you are interested in selling or buying a home. We have sellers and buyers on the sidelines and one of those buyers or sellers could be exactly what you need or are looking for!

SOLD!



930 Mill Creek Drive (Evergrene)

Elliston Model Buyer Representation

When you want a SOLD sign CALL 561-876-8135

Malloy Realty Group at Premier Brokers International 9123 N. Military Trail Suite 104, Palm Beach Gardens Florida 33410

West Palm Beach earns Tree City USA kudos

The city of West Palm Beach has earned the recognition as a 2017 Tree City USA by the Arbor Day Foundation in honor of its commitment to effective urban forest management.

The city also received a Tree City USA Growth Award for demonstrating environmental improvement and higher level of tree care.

West Palm Beach achieved Tree City USA recognition by meeting the program's four requirements: a tree board or department, a tree-care ordinance, an annual community forestry budget of at least \$2 per capita and an Arbor Day observance and proclamation.

"We know that trees are vital to the public infrastructure of our city and provide numerous environmental, social and economic benefits," said West Palm Beach Mayor Jeri Muoio. "I am proud that West Palm Beach has been recognized for being a community that makes planting and care of trees a priority."

The Tree City USA program is spon-



sored by the Arbor Day Foundation, in partnership with the U.S. Forest Service and the National Association of State Foresters.

For more information on the program, visit www.arborday.org/TreeCityUSA. For more information about the Mayor's Office of Sustainability, visit www.wpb.org/Departments/Sustainability/Overview. ■

Max McGould excels as student fundraising leader

Oxbridge Academy senior Max McGould, of West Palm Beach, has been named the winner of the "2018 Students of the Year" competition by The Leukemia & Lymphoma Society of the Palm Beach Area Chapter, and was awarded a \$5,000 college scholarship.

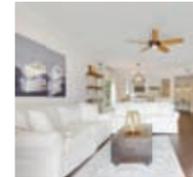
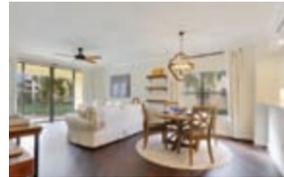
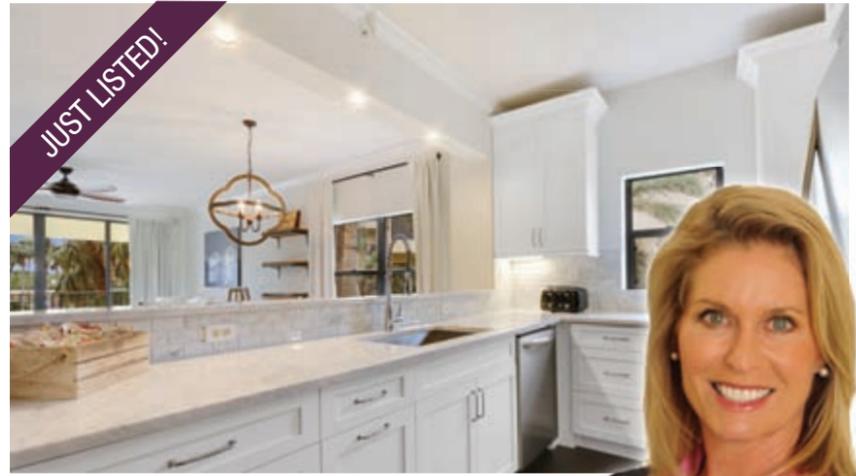
Mr. McGould was one of 10 candidate

teams selected to compete for the title by raising money to benefit the society and LLS and blood cancer research.

In just seven weeks, He raised over \$42,000 of the \$177,000 collectively raised by all 12 students representing different schools in Palm Beach County. ■

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Luxury Homes Specialist

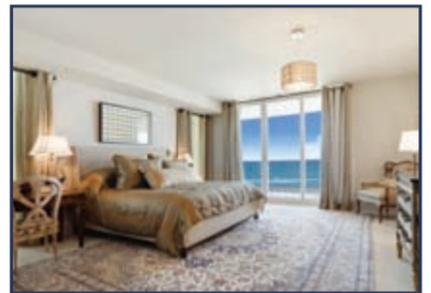
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SINGER ISLAND, two story direct ocean grand townhome, a rare find in condominiums. It could be used as one complete unit or can be locked off making two private residences or rental potential for the second floor or a corporate retreat complete with two master suites. Six bedrooms including two master suites, two kitchens, family rooms and living areas encompassing 7,210 square feet. When used as a full town home, the upper suite can be used for guests and a gathering room for the whole family. The kitchens are fully fitted with top of the line appliances and cabinetry.

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Water Club 1504-S

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Ritz Carlton Residence 2506B

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Martinique ET1903

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Ritz Carlton Residence 306B

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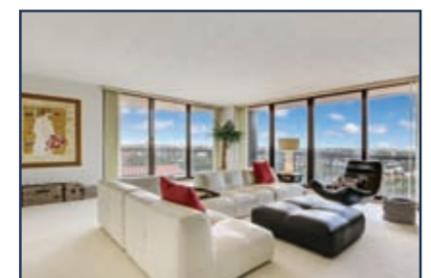
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Honesty *and* grace

Norton exhibition shows Whitney Museum founder's talent for creating her own work.

BY GRETEL SARMIENTO
Florida Weekly Correspondent

MANY MUSEUM WALLS HAVE depicted the exhaustion, scars and tears brought up by war and many have been the artists to explore the mixed emotions that barbarism and heroism conjure. The exhibition closing this month at the Norton Museum of Art looks to be, in that regard, nothing new. Only this time, a wealthy woman envious of the poor is behind the captivating bronze portrayals.

"Gertrude Vanderbilt Whitney: Sculpture" shows the honesty and grace with which the unwavering

SEE WHITNEY, B8 ►



Gertrude Vanderbilt Whitney's 'Daphne,' 1933.

Hitman David Foster coming to the Kravis

BY STEVEN J. SMITH
ssmith@floridaweekly.com

Anyone interested in capturing the essence of popular music over the last 40 years needs to look no further than the voluminous contributions of composer/producer David Foster, who will bring "An Intimate Evening with David Foster — Hitman Tour" to the Kravis Center on April 22.

"I'm excited to come to Florida," Mr. Foster said. "My first band, Skylark, which was a one-hit wonder with the song 'Wildflower,' lived and rehearsed in Miami."

Mr. Foster's songbook is nothing short of astonishing. He has won 16

SEE FOSTER, B8 ►



David Foster has written songs for everyone from Barbra Streisand to Michael Jackson. He performs some of those songs in concert.

COURTESY PHOTO

HAPPENINGS



COURTESY PHOTO

Steed Taylor's road tattoo will follow Rosemary Avenue north from Okeechobee Boulevard.

Artist gives peek at road tattoo for CityPlace

BY JANIS FONTAINE

pbnews@floridaweekly.com

Rosemary Avenue is getting a tattoo!

It's called a road tattoo and artist Steed Taylor has painted more than 45 of them around the world. His newest work is taking shape in the shadow of CityPlace in West Palm Beach as part of its ongoing reinvention.

"I'm captivated by roads, and the idea of using a familiar public space for art," Mr. Taylor said. These graphic artworks have graced roadways in the quiet New England countryside and in the middle of the hippest city in the world. People love these road murals for breaking up the monotony of blacktop.

Thomas Steed Taylor — Steed is a family name from his mother's side — was formally educated at the University of North Carolina at Chapel Hill, where he earned a BA in English and studio art, then at American University in Washington, where he earned an MBA in marketing. Finally, he trained at the Skowhegan School for Painting and Sculpture, but most of what he knows he learned, well, on the road.

Roads have meaning, Mr. Taylor said. Many people have a strong emotional connection to the strips of concrete that connect us.

"Roads are a huge part of American culture," he said. Imagine the road to Grandma's house, or the street where you grew up. That was your street. Consider all the songs and poems about roads. There are more than a few of those.

It's that emotional connection Mr. Taylor is trying to capture, and that message of connection is in tune with what the people responsible for recreating CityPlace want. It's also at the heart of the Art in Public Places initiative that's helping to bring more art to the city.

"The emotional connection to art in a city is essential," said Gopal Rajegowda, a senior VP at Related Companies, which oversees every aspect of the development, management, finance, sales and marketing of its West Palm Beach properties, including CityPlace. "Art has the potential to transform a city and its

SEE HAPPENINGS, B7 ►

COLLECTOR'S CORNER

Fashion and nostalgia? They're in the bag



Grandma was proud of her shell handbag.

She'd taken a class in the early 1960s at the Shell Factory in North Fort Myers and had learned the raw beginnings of coquillage, or shell art, gluing bits of treasure heaved from the sea onto the fabric panel that formed the side of a pocketbook she carried for years.

It was a white wicker purse with clear plastic that covered the shells, as I recall. It was, oh, so distinctly Florida.

When that handbag finally wore out, she carefully cut away the shell panel and tacked it to a wicker bag she kept the rest of her life.

It seemed every region had bespoke purses back in the day.

Of course, Nantucket baskets remain popular (and valuable).

But remember the other bags? In the later 1960s and 1970s, decoupage and painted purses came into vogue.

Annie Laurie (yes, that really was her name) created handpainted and decoupage wooden purses in the Palm Beaches.

Her purses remain popular with col-

lectors and Palm Beachers who love a touch of nostalgia.

Others may well remember the Caro-Nan baskets that seemingly were everywhere from the mid-1960s through the early '80s.

The purses, created by Carolyn McDaniel and Nancy Steele of Jackson, Miss., bore simple motifs of colorful townhouses they handpainted around the sides of baskets made in Vermont.

They localized them, painting the names of the boutiques that sold the purses onto the storefronts and other buildings, and adding decoupage elements that read "France," "Fabulous," "Palm Beach" and other locales. At the height of their popularity, Caro-Nan was selling 5,000 bags a month.

I remember seeing the bags at boutiques along Naples' Fifth Avenue South, as well as along tony St. Armand's in Sarasota.

The ladies who created the bags are now in their 80s, according to an interview they did a couple of years ago with the Jackson Clarion-Ledger.

In that interview, they described how the purses also could be used as seats at sporting events, and remembered how children would perch atop the purses in pews for better views at church.

The purses certainly speak to their time — and to mine. ■



SCOTT SIMMONS / FLORIDA WEEKLY
This Caro-Nan purse dating from the late 1960s to the early '70s was made for David's Fifth Avenue of Palm Beach.

THE FIND: A Caro-Nan purse created for David's Fifth Avenue, Palm Beach

Bought: Smiley Wiley Breast Cancer Foundation Thrift Store, 501 Alternate A1A, Jupiter; 561-632-8631 or www.smileywiley.org.

Paid: \$12

The Skinny: I remember seeing these bags when I was a boy — I thought it was so cool that a purse listed shops in towns I knew.

David's Fifth Avenue actually was

along Worth Avenue, near Via Mizner, in Palm Beach.

This purse is in good shape, considering its half-century or so of existence. Its quilted crimson calico lining offers an added touch of wit and whimsy.

And, yes, that's a 1967 penny glued to its top. I'm sure it's just for luck. We all can use that. ■

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Event Admission: \$15; Members Free

Shop over 80 vendors from all over Florida with an amazing assortment of rare and exotic plants, trees, shrubs, gardening accessories and more!

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For more information visit mounts.org or call 561-233-1757



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CLEMENTINE

Clementine is having a terrible week, but this spunky eight-year-old doesn't let her daily visits to the principal's office get her down! Come join America's favorite curly-haired carrot-top as she navigates an epic third grade adventure you'll never forget. Appropriate for families with children ages 3 - 10.

Join Clementine and her friends for this family show!

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THEATRE TICKET OFFICE 561-207-5900
11051 Campus Drive, Palm Beach Gardens

Theatre Lab plans premiere of 'Cuban Courage' at FAU

It's a tale that's been told through time. A family must decide to send a child away to keep him safe from an oppressive regime.

It's a story being told in the musical "Cuban Courage."

Theatre Lab, the professional resident company of Florida Atlantic University's Dorothy F. Schmidt College of Arts and Letters, will present "Cuban Courage," a world premiere by Mark Walter Braswell, on May 11 and May 12.

The story is of a Cuban couple's difficult decision in 1961 to send their only son, Carlos, alone to Miami to keep him safe and free from Communist indoctrination.

Imagine a boy being placed on a plane in Havana, bound for Miami, and his parents staying behind. Imagine that child arriving not knowing anyone in this new country or its language. And imagine this departure taking place as the revolutionaries in Cuba are establishing a Communist government and rapidly restricting travel and personal freedom.

These events come to life in "Cuban Courage," which is based on the true story of the child exodus called Operation Pedro Pan. In that secret plan, more than 14,000 children were flown without their parents from Havana to Miami between December 1960 and October 1962.

Mr. Braswell first learned of this historical event more than 15 years ago, when a friend in Washington, D.C., shared that he was one of thousands of children who fled from Cuba in the

Operation Pedro Pan exodus.

"In sharing the story, Lari told me about 'la pecera,' the glassed-in area at the Havana airport designed to separate parents from their children waiting to depart," Mr. Braswell said. "I couldn't imagine the anguish this must have caused those families. That moment of the story had a big impact on me."

After writing another historically based musical, Mr. Braswell decided to learn more about Operation Pedro Pan and soon felt compelled to write a dramatized version of it for the stage. In 2013, Mr. Braswell moved to Miami, where he conducted research and personal interviews, as well as later show-cased songs from the musical.

"I wanted to give an idea through my characters of what they went through," he said. "As I learned of the sacrifices these families made in order to protect their children, I quickly realized that this story was actually one of courage, Cuban courage."

In the musical, although Carlos adjusts to camp life in Florida and then to his foster family in Iowa, the painful memories of his exodus haunt him. He eventually reconnects with his past and embraces his future.

The play will be presented at 7:30 p.m. Friday, May 11, and Saturday, May 12 at the Heckscher Stage in Parliament Hall, 777 Glades Road, Boca Raton campus. Tickets are \$20 and there is free parking in Garage II, adjacent to Parliament Hall. Tickets can be purchased at www.fauevents.com or by calling 561-297-6124. ■

Zimmermann's Café plans final concert of season

Zimmermann's Café Chamber Music will present its last event of the 2017-2018 season at 4 p.m. Sunday, April 29, in St. Andrew's Episcopal Church's Frazell Hall, at the corner of Lucerne Avenue and North Palmway, in Lake Worth.

The concert features works by South Florida composers Michael Bies, Robert Hebble, Dorothy Hindman, Dennis Kam and Carlos Rafael Rivera.

The composers will be present and with the performers will have discussions with the audience between selections. Light food, wine, coffee and other beverages will be served. Casual attire is encouraged.

Tickets are \$20 cash or check payable at the door. Admission is free for students with ID. Call 561-586-0532 for additional information. ■

Autism foundation to benefit from DeJaVu liquidators auction

DeJaVu Estate Liquidators' April fundraiser is for the "ELs For Autism Foundation" in Jupiter.

DeJaVu Estate Liquidators will host a charity auction at 1 p.m. on April 29 and donate a portion of the proceeds to the "ELs for Autism Foundation." The foundation provides programs to help adults transition to all aspects of life, including

employment, independent living and recreation.

Online bids may be placed at www.DeJaVuEstateLiquidators.HiBid.com.

There will be a preview event with a silent auction at 5 p.m. April 26, in the DeJaVu Art Gallery, the former Loehmann's Plaza, 4076 PGA Blvd., Palm Beach Gardens. ■

Jupiter Inlet Lighthouse turns blue for autism month

An evening of family-friendly activities for the autism community is planned 5:30-7:30 p.m. Wednesday, April 25, at the Jupiter Inlet Lighthouse & Museum, 500 Captain Armour's Way, in Jupiter.

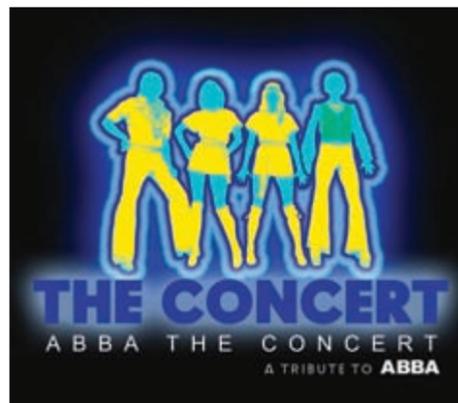
Autism Family Night at the Light — History at Your Fingertips, offers free admission to climb the lighthouse, and

a variety of hands-on, sensory activities for all ages.

Following the event, at dusk, and on April 26, the Jupiter Inlet Lighthouse will light up in blue in recognition of National Autism Month.

For more information and to RSVP, call 561-747-8380, Ext. 110., or email: adixon@jupiterlighthouse.org. ■

Add Some Music to Your Week!



ABBA THE CONCERT A TRIBUTE TO ABBA

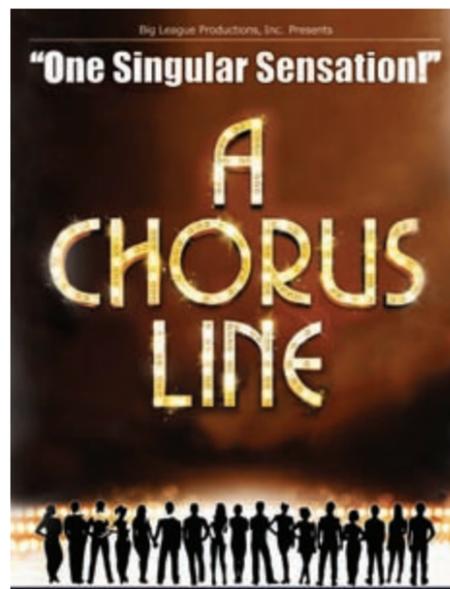
Thursday, April 19
at 8 pm

Dreyfoos Hall

Tickets start at \$20

Get ready to belt out your favorite ABBA hits during this incredible, true-to-life tribute! From *Mama Mia* to *Dancing Queen* and many more, you'll be transported!

Sponsored by **Sandy and Richard Bornstein**



A CHORUS LINE*

Friday, April 20
at 8 pm

Dreyfoos Hall

Tickets start at \$25

A true Broadway masterpiece—this celebrated musical immerses you in the real-life struggles of theater hopefuls in their pursuit of greatness on the Great White Way.

Sponsored by **John D. Herrick**

THE SILKROAD ENSEMBLE WITH YO-YO MA*



Saturday,
April 21
at 8 pm

Dreyfoos Hall

Tickets start at \$35

Renowned cellist Yo-Yo Ma, creator of the Silkroad Ensemble, redefines classical music by mixing the foreign with the familiar.

Sponsored by
BESSEMER TRUST

Jane M. Mitchell

*Visit kravis.org/beyondthestage for information on free musical presentations and talks.

Choose your seat at the Center's **official website kravis.org**
or call 561.832.7469 or 800.572.8471
Group sales: 561.651.4438 or 561.651.4304

Artists and programs are subject to change.



CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnews@florida-weekly.com.

THURSDAY 4/19

Art After Dark — 5-9 p.m. April 19, Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. Spotlight talks, tours. 561-832-5196; www.norton.org.

Clematis by Night — 6-9 p.m. Thursday, West Palm Beach Waterfront, West Palm Beach. Music, food, drink, vendors and a sunset. Info: www.clematisbynight.net.

■ **April 19:** Riverdown

Jupiter High School Drama presents "High School Musical" — 7 p.m. April 19-20, 2 p.m. April 21, Jupiter High School Theatre, Military Trail, Jupiter. \$10. 561-743-3471.

Celtic Thunder featuring Emmet Cahill — 7:30 p.m. April 19, Holy Name of Jesus Catholic Church, 345 S. Military Trail, West Palm Beach. Also features the Robert Sharon Chorale, the 84-voice chorale group. Tickets: \$30 at <http://www.emmetcahill.com/tour-dates/> or at the door.

The Donald M. Ephraim Palm Beach Jewish Film Festival's New Satellite Film Festival — Through April 19, at the Cinépolis Luxury Cinemas, 201 U.S. 1, Jupiter. Tickets: \$12 and \$14 matinees, \$14 and \$16 evening screenings. www.pbjff.org; 877-318-0071.

■ **"The Invisibles"** — 4 p.m. April 19. The story of 7,000 Jews hiding in attics, basements, and warehouses in Berlin, and the 1,700 who lived to liberation. Directed by Claus Räfle.

■ **"An Israeli Love Story"** — 7:30 p.m. April 19. Based on the true story of director and actress Pnina Gary, this is a passionate story of love and independence. Directed by Dan Wolman.

The 40th Annual Lighthouse ArtCenter Member Show and Sale — Through April 27, Lighthouse ArtCenter Gallery, 373 Tequesta Drive, Tequesta. The exhibition showcases art of all media from drawing, painting and photography to ceramics, sculpture and fiber art. Donations welcomed. 561-746-3101; www.lighthousearts.org.

Yom Ha'Shoah Art Exhibit — Through April 30, Mandel JCC, 8500 Jog Road, Boynton Beach. Free. www.jewish-palmbeach.org/holocaustcenter.

FRIDAY 4/20

The Palm Beach Writers Group — 11:45 a.m. April 20, Chesterfield's Pavilion Room, 363 Cocoanut Row, Palm Beach. Andrew Ray, MFA, director of production technology at PBAU, will speak about writing for feature films. \$40 members, \$45 nonmembers and guests. Pay online at www.palmbeachwritersgroup.com/upcoming-luncheons/

Generation Stand UP's #Glow-2Know Dance-A-Thon — 6-10 p.m. April 20, Harbourside Place Amphitheater, 200 N. U.S. 1, Jupiter. A DJ-driven dance party with a costume contest, and a showcase of presentations on social and emotional health topics by teen leaders from the nonprofit organization Stand UP Foundation. Admission: \$5-\$15. Register at 561-236-1056; www.standup-foundationfl.org/glow2know18.

SATURDAY 4/21

Hatsume Fair — April 21-22, Morikami Museum and Japanese Gardens, 4000 Morikami Park Road, Delray Beach.

A celebration of spring with martial arts demonstrations, taiko drummers, costume contests, artisan booths, plant sales, Japanese street fair food vendors and children's activities. 561-495-0233; www.morikami.org.

The Benjamin School's third annual TEDx Talk Event — April 21, Benjamin Hall at the Upper School campus. Nine guest speakers, 28 student speakers, food and entertainment. Tickets: \$15, includes food, \$20 on April 15. Info: www.thebenjaminschool.org/page/tedxthebenjaminschool

The 6th Annual Heart & Soul Fest — 2-8 p.m. April 21, Rosemary and Eighth Street, across from the Sunset Lounge in West Palm Beach. Entertainment features Kenny Lattimore, a Grammy-nominated R&B singer/songwriter, along with local bands the Valerie Tyson Band and Catch The Groove. Food and drink vendors. 561-822-1550 or www.wpb.org/cra

Dans la tradition de l'art brut VIP reception — 7 p.m. April 21, at the Box Gallery, 811 Belvedere Road, West Palm Beach. A wine reception featuring the work of Robert Catapano, Nelson Babilonia, and Eric Perna. RSVP at www.TheBoxGallery.info

SUNDAY 4/22

Free Tai Chi — 8-9 a.m. Sundays through May 6, Veterans Plaza Amphitheater, 10500 N. Military Trail, Palm Beach Gardens. Anyone younger than 16 must be accompanied by a parent. Info: 561-630-1100 or email recinfo@pbjff.com.

Party For The Planet — 11 a.m. April 22, The Palm Beach Zoo, 1301 Summit Blvd., West Palm Beach. Celebrate Earth Day by learning steps you can commit to that will truly make a difference for animals across the globe. Interactive, educational activities, eco-craft stations, and up-close animal encounters. <http://www.palmbeachzoo.org>

National Water Dance Performance — 4-5 p.m. April 22, Jupiter Inlet Lighthouse & Museum, 500 Captain Armour's Way, Jupiter. A unique dance performance design to call attention to the fragile nature of our waters. Free. 561-747-8380; Ext. 105; www.jupiterlighthouse.org

"Digesting My Memories" — GardensArt, a city of Palm Beach Gardens Art in Public Places program, presents a solo exhibition by artist Henriett Anri Michel. The exhibition, on display from through May 30, takes place at the new Sandhill Crane Golf Clubhouse, 11401 Northlake Blvd., Palm Beach Gardens. An opening reception will be held at Sandhill Crane Golf Clubhouse 5-7 p.m. Sunday, April 22. The event is complimentary and light refreshments will be provided by The Dancing Crane Restaurant. For more information, call 561-630-1100 or visit www.pbgreg.com/gardensart.

TUESDAY 4/24

The Palm Beach Flagler Rotary — 8 a.m. April 24, Chesterfield Hotel, Palm Beach. Joi Cardwell speaks. Reservations required at 561-659-5800 or pbflagler@gmail.com

Lecture: The Art of Ornament: Jewelry as a Record of History — 9:45 a.m. Tuesday, April 24, Osher Lifelong Learning Institute Auditorium, FAU John D MacArthur Campus, Jupiter. Lecturer: Barbara A. Falletta, Ed.D., who will tell stories where jewelry served a valuable historical function including Madeline Albright's brooches. \$25 members, \$35 nonmembers. www.fau.edu/osherjupiter; 561-799-8547.

WEDNESDAY 4/25

Autism Night at the Light & Lighting for Awareness — 5:30-7:30 p.m. April 25, Jupiter Inlet Lighthouse & Museum, 500 Captain Armour's Way, Jupiter. For families and caretakers with children on the autism spectrum. Hands-on, sensory activities for families in an autism-friendly environment, plus food and ice cream for sale. Free admission for families touched by autism. Register online at www.jupiterlighthouse.org. The lighthouse will turn blue on April 25-26 in a display of community support for National Autism Month. 561-747-8380, Ext. 110, or email: adixon@jupiterlighthouse.org.

Palm Beach Gardens Concert Band's Spring Concert — 7:30 p.m. April 25, Eissey Campus Theatre, 11051 Campus Drive, Palm Beach Gardens. It's the band's final concert of the season and it features soloist Frank Cerabino, columnist for The Palm Beach Post, who plays tenor sax and accordion. Tickets: \$18, free for students age 18 and younger. 561-207-5900.

LOOKING AHEAD

Lecture: Understanding the Debate Over Confederate Monuments — 9:45 a.m. April 26, Osher Lifelong Learning Institute Auditorium, FAU John D MacArthur Campus, Jupiter. Lecturer: Christopher Strain, Ph.D. who will frame the debate over Confederate symbols in contemporary American life. \$25 members, \$35 nonmembers. www.fau.edu/osherjupiter; 561-799-8547.

Lecture: Politics of Division: Antisemitism, Racism and Division in American Politics — 2:15 p.m. Thursday, April 26, Osher Lifelong Learning Institute Auditorium, FAU John D MacArthur Campus, Jupiter. Lecturer: Kevin Wagner, Ph.D., who will explore the nature of those divisions and the forces causing them. \$25 members, \$35 nonmembers. www.fau.edu/osherjupiter; 561-799-8547.

Grand Auction Preview — 5 p.m. April 26, DejaVu Art Gallery, 4076 PGA Blvd., Palm Beach Gardens. with a champagne tasting with live entertainment and a silent auction. Benefits the "ELs for Autism" Foundation. The Grand Auction featuring estate jewelry, couture clothing, midcentury modern, art, and collectibles takes place at 1 p.m. April 29. Info: 561-225-1950. Bid online at www.DeJaVuEstateLiquidators.HiBid.com

Art After Dark — 5-9 p.m. April 26, Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. 561-832-5196; www.norton.org.

Clematis by Night — 6-9 p.m. at the West Palm Beach Waterfront, Flagler Drive at Clematis St., West Palm Beach. Live music, food and drink, vendors. Info: www.clematisbynight.net.

■ **April 26:** Greye

Jupiter Christian School presents One-Act Theatre Festival — 7 p.m. April 26-27, Eissey Campus Theatre, 11051 Campus Drive, Palm Beach Gardens. A two-night festival full of one-act plays and musical theater selections. Tickets: \$15 adults, \$10 students, free for age 3 and younger. 561-746-7800; www.jupiterchristian.org

Israel Story's Mixtape: The Stories Behind Israel's Ultimate Playlist — 7-9 p.m. April 26, Harriet Himmel Theater, CityPlace, 700 S. Rosemary Ave., West Palm Beach. Hosted by Jewish Federation of Palm Beach County and inspired by NPR's "This American Life," celebrate the 70th anniversary of

the Jewish state with stories of Israel, musical performances, mixed media art by featured artist Hanoeh Piven. Free. Israeli food for purchase. Register at www.jewishpalmbeach.org/israel70 or 561-615-4974 or bar.sananes@jewishpalmbeach.org.

The Music You Love! Romantic Masterpieces — 2 p.m. April 28, Osher Lifelong Learning Institute Auditorium, FAU John D MacArthur Campus, Jupiter. Performer: Sofiya Uryvayeva Martin plays two pieces composed by Richard Addinsell and Edvard Grieg. \$25 members, \$35 nonmembers. www.fau.edu/osherjupiter; 561-799-8547.

"Choral Masterpieces Through the Ages" — 4 p.m. April 29, Florida Atlantic University's Osher Lifelong Learning Institute Auditorium, 5353 Parkside Drive, Jupiter. The 70-member Choral Society of the Palm Beaches culminates its 56th season with a collection of Leonard Bernstein's great choral performances. Tickets: \$25; \$10 students. www.choralsocietypalmbeaches.org, 561-626-9997.

AT THE COLONY

The Colony Hotel — 155 Hammon Ave., Palm Beach. 561-659-8100 or 561-655-5430; www.thecolonypalmbeach.com.

Motown Fridays with Memory Lane — 9 p.m. to midnight.

After Party with Raquel Williams — 9 p.m. to midnight.

AT CORAL SKY

Coral Sky Amphitheatre, 601-7 Sansbury Way, West Palm Beach. 561-795-8883; www.westpalmbeachamphitheatre.com or www.livenation.com

Foo Fighters: Concrete and Gold Tour '18 — April 26

Yanni 25 — Acropolis Anniversary Concert Tour — April 28

AT DRAMAWORKS

Palm Beach Dramaworks, Ann & Don Brown Theatre, 201 Clematis St., West Palm Beach. 561-514-4042, Ext. 1; www.pbdramaworks.org.

"Edgar & Emily" — Through April 22. In this comic fantasia, a young Emily Dickinson is visited by Edgar Allen Poe, by Joseph McDonough.

AT DREYFOOS

Dreyfoos School of The Arts — 501 S. Sapodilla Ave., West Palm Beach. 561-802-6000; www.soafi.org/events.

Duets Piano Recital — April 20, Meyer Hall.

Musical Theatre Showcase — April 20, Brandt Black Box.

Theatre for Young Audiences — April 21, Brandt Black Box

Visual Arts/Digital Media Senior Show — April 21, Armory Art Center.

Jazz Concert — April 21, Meyer Hall.

Musical Theatre Showcase — April 22, Brandt Black Box

Theatre for Young Audiences — April 22, Brandt Black Box

AT THE EISSEY

The Eissey Theatre, Palm Beach State College, 3160 PGA Blvd., Palm Beach Gardens. 561-207-5900; www.eisseycam

CALENDAR

pustheatre.org.

Keep Flippin' Gymnastics presents Dreamscapes — 1 and 6 p.m. April 21. Tickets: \$23. 561-745-2511; www.keepflippin.com.

Treasure Coast Youth Symphony presents Princess Dreams — April 23.

Palm Beach Gardens Concert Band's Spring Concert — 7:30 p.m. April 25.

Jupiter Christian School presents One-Act Theatre Festival — 7 p.m. April 26-27.

2018 Goldner Family Fun: Clementine — 11 a.m. April 28.

AT THE GARDENS

The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. 561-775-7750; www.thegardensmall.com

Benjamin Eye Cue — A student art exhibition by students from the Benjamin School, grades 6-12. Through April 24 in the Nordstrom Court.

AT HARBOURSIDE PLACE

Harbourside Place, 200 U.S. 1, Jupiter. Info: 561-935-9533; www.harboursideplace.com

Live Music on the Waterfront — 6-10 p.m. Friday and Saturday.

Waterfront Market at Harbourside Place — 10 a.m.-3 p.m. Sundays, year-round.

AT THE KELSEY

The Kelsey Theater, 700 Park Ave., Lake Park. Info: 561-328-7481; www.thekelseytheater.com or www.holdmyticket.com.

"The 25th Annual Putnam County Spelling Bee" — 7:30 p.m. April 20, 2 and 7:30 p.m. April 21 and 22. Tickets: \$30-\$40 in advance, \$35 and \$45 at the door.

AT THE KRAVIS

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 561-832-7469; www.kravis.org.

Kravis On Broadway:

"Something Rotten" — May 1-6.

PEAK Series — Each ticket comes with a free drink.

L.A. Theatre Works: "The Mountaintop," by Katori Hall — April 20-21.

It Gets Better — June 16.

Family Fare

Mermaid Theatre of Nova Scotia: "Rainbow Fish" — May 5.

The Rest

ABBA The Concert: A Tribute to ABBA — April 19. Tickets start at \$20.

The Mountaintop — April 20-21.

"A Chorus Line" — April 20. Tickets start at \$25. Beyond the Stage: Arrive by 6:45 p.m. for a pre-performance talk by Steven Caras.

The Silk Road Ensemble, with Yo-Yo Ma — April 21. Tickets start at \$35.

An Intimate Evening with David Foster: Hitman Tour — April 22. Tickets start at \$20.

Shen Yun 2018 — April 24. Present-

ed by the Florida Falun Dafa Association.

"The Lion King Jr." — April 27-28. Presented by Franklin Academy.

AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. 561-747-8380, Ext. 101; www.jupitelighthouse.org.

Lighthouse Sunset Tours — April 25. Weather permitting. Spectacular sunset views and an inside look at the nuts & bolts of a working lighthouse watchroom. Tour time: 75 minutes. \$15 members, \$20 nonmembers. RSVP required.

Twilight Yoga at the Light — 6-7 p.m. April 23, 30, May 7. By donation. Mary Veal, Kula Yoga Shala, leads.

Autism Family Night at the Light — 5:30-7:30 p.m. April 25.

AT THE MALTZ

Maltz Jupiter Theatre, 1001 E. Indian-town Road, Jupiter. 561-575-2223; www.jupitertheatre.org.

Auditions — For "To Kill A Mockingbird" for students in grades 6-12 will be held April 29. Make an appointment at (561) 743-2666, Ext. 123.

The inaugural ARC New Works Theatre Festival — Through April 22. A variety of works in different stages of development, designed to take audiences through the process of creating new work. Admission is free, but seating is limited. 561-575-2223; www.jupitertheatre.org

■ **"Three Points of Contact"** — 7:30 p.m. Friday. April 20. The new American musical by Ryan Scott Oliver will be presented as a concert. Contains strong language and adult themes.

■ **"Application Pending"** — 2 and 8 p.m. Friday, April 21. A new comedy written by Greg Edwards and Andy Sandberg and directed by Sandberg.

■ **"Captiva"** — 2 p.m. Sunday, April 22. Miami-based playwright Christopher Demos-Brown presents a reading of his award-winning play "Captiva."

■ **"Coral Gables"** — 7:30 p.m. Sunday, April 22, at 7:30 p.m. Demos-Brown will present a reading of his brand-new play "Coral Gables."

AT MACARTHUR

John D. MacArthur Beach State Park — 10900 Jack Nicklaus Drive, Singer Island, North Palm Beach. 776-7449; www.macarthurbeach.org.

Butterfly Walk — 11 a.m.-noon April 28.

MacArthur Under Moonlight Concert Series - Sonny Russell — 7 p.m. April 28.

AT THE JCC

The Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Info: 561-689-7700; www.jcconline.com/pbg.

Adult Pickleball: 9-11 a.m. Monday and Wednesday. \$15 members, \$18 guests, monthly. \$3 drop-in.

Duplicate Bridge: 12:30-3:30 p.m. Monday-Friday. \$9 members; \$11 guests.

Bridge: Improve Bidding, Declarer Play and Defense: 9:30-11:30 a.m. Tuesday (ongoing). \$10 class.



#DON'TMISS

■ **"Edgar & Emily"** — Through April 22, Palm Beach Dramaworks. 561-514-4042, Ext. 1; www.pbdramaworks.org



■ **The Silk Road Ensemble, with Yo-Yo Ma** — April 21, Kravis Center. 561-832-7469; www.kravis.org

■ **The 6th Annual Heart & Soul Fest** — With Kenny Lattimore. 2-8 p.m. April 21, Rosemary and Eighth Street, West Palm Beach. Entertainment features. 561-822-1550 or www.wpb.org/cra



■ **"Oliver"** — Through April 29. The Lake Worth Playhouse. 561-586-6410; www.lakeworthplayhouse.org

Bridge: Beginner/Advanced Beginner Supervised Improve Your Play of the Hand: 9:30-11:30 a.m. Wednesday. \$13 members; \$15 guests.

Adult Fencing: 7-9 p.m. Wednesday. Age 14 and older. Four classes: \$80 members; \$90 guests.

Bridge: Intermediate Class: 9:30-11:30 a.m. Thursday. \$13 members; \$15 guests.

AT MOUNTS

Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. Info: 561-233-1737; www.mounts.org.

Urban Farming: Hydroponics — 10 a.m. — noon April 21. \$20 members; \$25 nonmembers. Instructor: Greg Spencer, Master Gardener. Explore the basics of effective hydroponic gardening.

Environmental Film Series: "The Making of Washed Ashore" — 5:30-7:30 p.m. April 26. The film starts at 6:30, followed by a post-screening Q&A with beach gardener Diane Buhler of Friends of Palm Beach. Free for members, \$10 nonmembers.

AT PGA ARTS CENTER

PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. www.pgaarts.com and www.ticketor.com/pgaartscenter/

Jeff Grainger's Sinatra Experience — 7:30 p.m. April 22.

An Evening with singer-songwriter Bianca Jazmine — 7 p.m. April 26.

AT THE PLAYHOUSE

The Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Info: 561-586-6410; www.lakeworthplayhouse.org.

"Oliver" — Through April 29.

Screenings in the Stonzek Theatre — 561-296-9382.

"24 Frames" — April 19.

"Leaning Into the Wind" — April 2-26.

"Sidemen" — April 20-21.

CALENDAR

“Love and Bananas” — April 22-26.

“Double Lover” — April 27-May 3.

AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 561-833-1812; www.palm-beachimprov.com

Aries Spears — April 19-22

Kevin Nealon — April 27-28

AT THE SCIENCE CENTER

The South Florida Science Center and Aquarium, 4801 Dreher Park Road, West Palm Beach. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 561-832-1988; www.sfsccenter.org.

GEMS Club — 5-7 p.m. the last Tuesday of the month. For girls in grades 3-8. Math, science, engineering and technology including dinner and refreshments. \$7 registration fee. Pre-registration required at www.sfsccenter.org/gems.

Nights at the Museum — 6-9 p.m. the last Friday of the month.

AT FOUR ARTS

The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Call 561-655-7227; www.fourarts.org.

IBolshoi Ballet Live in HD — \$20 or \$15 for students. (Student tickets must be purchased in person.)

“The Flames of Paris” — April 22 at 2 p.m. Music by Adolphe Adam. Choreography by Yuri Grigorovich.

The Met Opera: Live in HD — \$27 or \$15 for students. (Student tickets must be purchased in person)

Massenet’s “Cendrillon” — 1 p.m. April 28

Film Series — Tickets sold at the door. \$5. Show times are 2:30 and 6 p.m.

“Pawn Sacrifice” — April 20.

“Spotlight” — April 27.

LIVE MUSIC

The Arts Garage — 180 NE First St., Delray Beach. 561-450-6357; www.artsgarage.org.

Jessica Morale and Del Pelson — 8-11 p.m. April 19.

Spam Allstars — 8-10 p.m. April 20.

South Beach Chamber Ensemble — 8-10 p.m. April 21.

The Maurice Frank Quintet — 7-9 p.m. April 22.

VIBE — Delray’s Hottest Jam Session — 8-10 p.m. April 24.

Circuit — 8-11 p.m. April 26.

The Mojo Ike and Val Experience — 8-10 p.m. April 27.

Jazz Gals — 8-10 p.m. April 28.

Spider Cherry — 7-9 p.m. April 29.

Guanabanas — 960 N. A1A, Jupiter. Info: 747-8878; www.guanabanas.com

Latin Noche: Electric Piquete and Elastic Bond — May 19.

Respectable Street Café — 518 Clematis St., West Palm Beach. Info: 561-

832-9999; www.sub-culture.org/respectables.

Voltaire — 526 Clematis St., West Palm Beach, above Lost Weekend. 561-408-5603.

April 19 — The Funktion: Public Sounds

April 21 — Cabaret Voltaire: Deep House

April 22 — Joey George & The Deadbeat Daddies

April 26 — Sweet Sweet Songwriter Nite

April 29 — Medicine Hat

ONGOING

The Ann Norton Sculpture Gardens — 2051 S. Flagler Drive, West Palm Beach. Tickets: \$15 adults, \$10 seniors 65+, \$7 for students, free for members and younger than age 5. Info: 561-832-5328; www.ansg.org

“Celebrating Boaz Vaadia (1951-2017)” — Through April 29.

“Behold, A New Eden: Laura Woodward and the Creation of Palm Beach” — Through May 20.

APBC Art on Park Gallery — 800 Park Ave., Lake Park. Info: 561-345-2842; www.artistsofpalmbeachcounty.com.

Free Glass Lampwork Demo — 2 p.m. April 21. How does Kelley make her jewelry?

Palm Beach Gardens High School Student Exhibit — April 23-27. Closing reception 5-8 p.m. April 27. Refreshments. Free.

Free Collage Class — 2 p.m. April 28. All ages welcome. Materials provided.

The Armory Art Center — 1700 Parker Ave., West Palm Beach. 561-832-1776; www.armoryart.org.

Dreyfoos Visual Arts-Digital Media Senior Exhibition — April 21-28.

The Orchid City Brass Band Presents “Magic of Movies” — 7:30 p.m. April 28.

The Audubon Society — Bird walk info: asetripinfo@gmail.com; 508-296-0238. www.auduboneverglades.org.

Bird Walks:

Wakodahatchee Walk — 8-10 a.m. April 20. Easy, on boardwalk or paved level surface, less than a mile. Family-friendly and handicapped-accessible. Leader: Valleri Brauer.

Frenchman’s Forest — 8-10 a.m. April 22. Moderate difficulty. Leaders: Melanie & Steve Garcia.

The Gallery at Center for Creative Education — 425 24th St., West Palm Beach. Info: www.cceflorida.org.

Royal Palm Beach High School International Baccalaureate Art Exhibition — Through April 27.

CityPlace — 700 S. Rosemary Ave., West Palm Beach. 561-366-1000; www.cityplace.com

Live Music: 7:30-10:30 p.m. Friday and Saturday on the Plaza.

April 20: French Horn Collective

April 21: Bryant De Toro

April 27: Juju

The Cultural Council of Palm Beach County — 601 Lake Ave., Lake Worth. Hours: 10 a.m.-5 p.m. Tuesday-Saturday. Info: 561-471-2901; www.palm-

beachculture.com.

Art & Décor — Through May 12.

Materio Private Collection: Important Images by Florida Artists — Through April 21.

Stephen Alarid Exhibition — Through April 21.

The Deja Vu Art Gallery — 4078 PGA Blvd., Palm Beach Gardens. 561-225-1950.

Grand Auction Preview — 5 p.m. April 26. Featuring estate jewelry, couture clothing, midcentury modern, art, and collectibles.

The Grand Auction — 1 p.m. April 29.

Downtown at the Gardens — 11701 Lake Victoria Gardens Ave., Palm Beach Gardens. 561-340-1600; www.downtownatthegardens.com.

Carousel rides help charity — During April, 10 percent of the fee from carousel rides will support Autism Awareness and benefit Els for Autism, a Jupiter-based nonprofit organization committed to helping people on the autism spectrum.

Friday concerts: 6-9 p.m. Free.

Twisted Tapestry — April 20. Rock ‘n’ Roll music with a twist.

On the Roxx — April 27. Top 40, Rock, Dance, R&B.

The Flagler Museum — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tickets: free for members; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6 free. 561-655-2833; www.flaglermuseum.us.

“Masterfully Human: The Art of Gaugengigl” — Through April 29. Guided exhibition tours Wednesdays at 10:30 a.m. and 3:30 p.m.

The Florida Trail Association Loxahatchee Chapter — Leads nature walks. New adventurers are welcomed. Get info and register at www.loxfltrail.org.

Okeehelée Park Walk — 7:30 p.m. April 21, 7500 Forest Hill Blvd., West Palm Beach. Meet at the hiking/biking trails parking lot. Call Paul at 561-596-4423. Public/Leisure.

Apoxee Wilderness Trail — 7:30 a.m. April 22, 3125 N. Jog Road, West Palm Beach. Alan Collins leads a 5-mile walk. 561-586-0486.

The Historical Society of Palm Beach County Johnson History Museum — 300 N. Dixie Highway, West Palm Beach. Free admission. Info: 561-832-4164; www.historicalsocietypbc.org.

“Shipwreck: Discovering Lost Treasures” — Through June 30.

The Lighthouse ArtCenter — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is \$5 Monday-Friday, free the first Saturday of the month and for members and exhibiting artists. Info: 561-746-3101; www.LighthouseArts.org.

Members Show — Through April 27.

The Multilingual Language & Cultural Society — 210 S. Olive Ave., West Palm Beach. Info: 561-228-1688 or www.multilingualsociety.org.

DROP-in classes — French, Italian, Spanish. Pay as you go, \$40 for a two-hour class. Reservations required.

The Palm Beach Photographic Centre — 415 Clematis St., West Palm

Beach. Info: 561-253-2600; www.workshop.org.

The Norton Museum of Art — 1451 S. Olive Ave., West Palm Beach. Free admission. Info: 561-832-5196; www.norton.org.

“Gertrude Vanderbilt Whitney: Sculpture” — Through April 29.

“Channeling Immortality” — Through May 6.

The Palm Beach Zoo & Conservation Society — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. every day. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 561-533-0887; www.palmbeachzoo.org.

AREA MARKETS

Singer Island Green & Artisan Market — 10 a.m. to 2 p.m. Friday, Singer Island’s Ocean Walk, 2401 Ocean Ave. along scenic A1A. Pet and kid friendly. www.singerislandgreenmarket.com.

Lake Worth High School Flea Market — 5 a.m.-3 p.m. Saturdays and Sundays, year-round, under the Interstate 95 overpass on Lake Worth Road. Info: 561-439-1539.

The Green Market at Wellington — 9 a.m. Saturdays through April 28 at 12150 Forest Hill Blvd., Wellington, next to the amphitheater. Pet friendly. Info: www.greenmarketatwellington.com.

The West Palm Beach Greenmarket — 9 a.m.-1 p.m. Saturdays through April 21 along the West Palm Beach Waterfront, 100 N. Flagler Drive, West Palm Beach. Parking is free in the Banyan and Evernia garages during market hours. Info: www.wpb.org/greenmarket. ■

Lake Worth Farmers’ Market — 9 a.m.-1 p.m. Saturday, through April 29, Old Bridge Park, A1A at Lake Avenue (1 S. Ocean Blvd.), Lake Worth. Info: 283-5856; www.lakeworthfarmersmarket.com.

The Gardens GreenMarket — 8 a.m.-1 p.m. Sunday, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. Live entertainment from 9 a.m.-1 p.m. No pets. Through May 6. 630-1100; www.pbgfl.com/278/greenmarket.

The Village of Royal Palm Beach Green Market & Bazaar Veterans Park — 9 a.m.-1 p.m. Sunday, Veterans Park, 1036 Royal Palm Beach Blvd., Royal Palm Beach. Through April 29. Pet friendly. www.rpbgreenmarket.com.

Jupiter Farmers Market at El Sol — 9 a.m.-1 p.m. Sundays, year round, 106 Military Trail, Jupiter. Info: 283-5856; www.Jupiterfarmersmarket.com.

Waterfront Market at Harbourside Place — 10 a.m.-3 p.m. Sundays along the waterfront. Fresh produce, specialty foods, flowers and plants and local art. Yoga class at 10 a.m. Live music at noon. Free parking during the market. Pet friendly. harboursideplace.com

The Green Market at Palm Beach Outlets — 11 a.m.-4 p.m. Sunday, year-round, 1751 Palm Beach Lakes Blvd., West Palm Beach. Info: 561-515-4400; www.palmbeachoutlets.com.

Tiki Market — 4-7 p.m. Sunday at the Rivera Beach Marina, 190 E. 13th St., West Palm Beach. Food and Caribbean merchandise. Vendors wanted. Call 561-844-3408.

Farm Stands @ CityPlace + Sunset Social Farmer’s Market — 5:30-9 p.m. Thursdays, CityPlace, 700 S. Rosemary Ave., West Palm Beach. 561-283-5856; www.cityplace.com. ■

HAPPENINGS

From page 1

residents, and we believe this collaborative public artwork has the potential to unite our residents, to create something ambitious with both meaning and beauty.”

Mr. Taylor says his painting has a lot in common with someone getting inked. “In the same way people mark their bodies, we’re marking the road with a commemorative artwork.”

The basic design is a long strip of simple knots combined with local flowers, but the highlight of the design will be the incorporation of the names of people who have protected and supported the unique character of West Palm Beach. Additional elements include musical notes of the jazz standard “Round Midnight,” a nod to Sunset Lounge and its unique history.

“Our goal is to call attention to the city,” Mr. Taylor said, emphasizing the power of unity and the community.

The mural will take Mr. Taylor about 16 days of painting with a crew of 18 and a bundle of volunteers to complete. Taylor’s tattoo is affectionately called *genii loci*, which is Latin for the protective spirits of a place. Mr. Taylor’s work takes hours of painstaking planning, as he maps out the design using a grid system to go from a tiny plan to a huge diagram that breaks the painting into pieces. They use a special traffic paint that dries quickly and won’t peel. It hardens up in about six hours, so any road closures will be minor. The final road mural will be about 1.2 miles long, stretching from CityPlace north on Rosemary to 11th Street.

Mr. Taylor thinks *genii loci* is his 48th tattoo, including one he painted in the rolling hills of Tennessee and another he painted in Beijing for the Olympics. That one was a challenge: It had Chinese characters that were readable in both directions.

Compared to others, Mr. Taylor said, “This piece is huge; the largest I’ve ever made and maybe the largest for a road ever.”

It wasn’t cheap. The mural will cost about \$260,000 to complete. The earnest artist is earning the fee. He’s giving *genii loci* 100 percent of his attention, he says, because he feels as though he’s been entrusted with an important responsibility.

“One thing that touches me is that I was invited to do this work here, to work with the people who want me to help them highlight their city,” Taylor said. He said it gives him “a sense of fullness.”

Painting has just begun, and visitors are encouraged to stop by and see what’s happening, but remember Rosemary Avenue will be closed to traffic off and on for about two weeks. Planners hope that Rosemary will provide a connection between tony CityPlace and the



COURTESY PHOTO

A documentary will highlight the creation of such sculptures as “Flash the Marlin,” at the Mounts Botanical Garden.

less-affluent area north of downtown, which is going through a renovation of its own.

There’s only one thing Taylor’s concerned about: Rain. “That could cause problems.”

Welcome to South Florida, Steed.

GreenMarket’s final week

It’s time to say goodbye to another season of green markets, but the City of West Palm Beach has a parting gift for you. The “Make Like a Tree and Leave” promotion in collaboration with the Mayor’s Office of Sustainability is a free tree giveaway during the final West Palm Beach GreenMarket from 9 a.m. to 1 p.m. Saturday, April 21, at the West Palm Beach Waterfront. (Available while supplies last.) For more information, visit www.wpb.org.

Environmental film screening

In an acknowledgement of Earth Day, Mounts Botanical Garden will screen the documentary “The Making of ‘Washed Ashore,’” part of Mounts’ environmental film series, at 5:30 p.m. April 25 in Exhibit Hall A, 531 N. Military Trail, West Palm Beach.

The exhibit “Washed Ashore: Art to Save the Sea” features 10 large-scale sculptures fashioned from trash and debris, most of it plastic, that artist Angela Haseltine Pozzi gathered from the beaches in her home state of Oregon. Pozzi says her goal is to have pieces that look beautiful from a distance, and heartbreaking and horrifying up close. Mission accomplished.

The evening also will feature a post-screening Q&A with beach gardener Diane Buhler of Friends of Palm Beach. The screening is free for members, \$10 for nonmembers, and \$5 for

age 5-12, which includes admission to the exhibit.

And mark your calendar for the garden’s annual spring plant sale, Plant-A-Palooza, April 28-29, throughout the garden. The two-day affair features more than 80 vendors of rare plants, plus fruit trees, supplies and accessories. Mounts is also hosting the annual rose and hibiscus flower shows and keeping its nursery and garden shop open.

Admission is \$15, \$5 for children, and free for Mounts members.

For more information, call 561-233-1757 or visit www.mounts.org. ■

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SIENA	RILES	ARENA	DEN
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5	4	3	8	1	7	6	9	2
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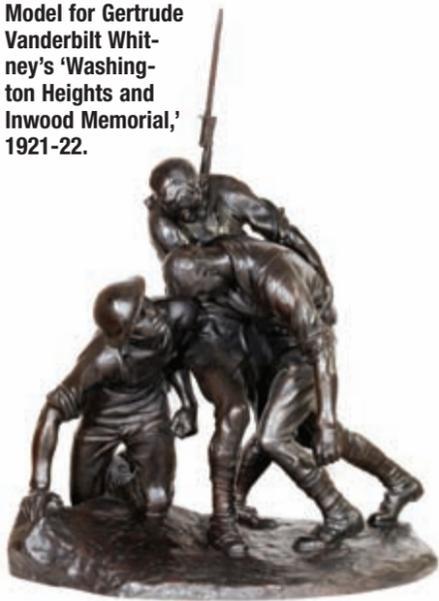
WHITNEY

From page 1

philanthropist approached the subject that set her apart among her contemporaries. The exhibition — the first since her death in 1942 — showcases about 45 of her wartime sculptures, classical works and drawings.

A soldier wraps his arm around the neck of his loved one in “Home Again.” From the way they look at each other, and the cane aiding his balance, we can deduce it has been a long, arduous wait for this reunion to take place. But in this moment, only the simple happiness that comes from being together and alive reigns. Nothing else matters. The wounded soldier featured in “His Last Charge” is not as lucky. Whitney captures the dramatic moment his body reacts to the agonizing pain caused by the bullet. His knees already have begun to bend. His pose suggests a quick death.

Model for Gertrude Vanderbilt Whitney's 'Washington Heights and Inwood Memorial,' 1921-22.



Gertrude Vanderbilt Whitney's 'Spanish Peasant,' 1911.



The same cannot be said for the moribund soldier featured in the “Washington Heights and Inwood Memorial” model. Two of his colleagues are trying to get him to safety but struggle with keeping him alert. The artist’s experiences after founding a hospital for wounded soldiers outside Paris serve as inspiration for the composition of the bronze war memorial dedicated in 1922.

“Spirit of the Red Cross” features a caregiver standing between an aviator and an injured soldier still recovering. Her arm stretched over the injured man suggests she is still watching after him and speaks to her nurturing nature and sense of duty. The three-figure piece from 1920 honors the role of nurses in times of war.

Whitney had a gift and the resources to explore it. Her wealth allowed her to transform her clay designs into stone and bronze. Her immediate struggle was of a different nature but equally fatal to those with an artistic spirit. The need for acceptance, for being taken seriously, comes through in one of her

in the know

‘Gertrude Vanderbilt Whitney: Sculpture’

>> **When:** Through April 29
>> **Where:** Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach.
>> **Cost:** Free
>> **Info:** 561-832-5196 or www.norton.org

quotes from 1919:

“It is all right for a poor struggling artist to seek out a place of seclusion where he can have his north light.... But let a woman who does not have to work for her livelihood take a studio to do the work in which she is most intensely interested and she is greeted by a chorus of horror-stricken voices, a knowing lifting of the eyebrows, or a twist of the mouth that is equally expressive.”

Her strong determination seems projected unto some of the works. In “The 102nd Engineers” (aka “In The Trenches”), a man digs the trenches that later would protect the troops. His focus and physical commitment demonstrate serious resolve to getting the job done. Another soldier refuses to leave his assignment in “At His Post,” despite relying on a stick for support.

The Whitney Museum of American Art founder had given birth to three children when she produced most of the sculptures on view. Rather than let guilt or judgment crush her spirit, she went on to produce evocative memorials and public monuments, such as the Titanic Memorial in Washington, D.C., and the A.E.F. (American Expeditionary Forces) Memorial, which paid tribute to the American troops who landed in Saint-Nazaire, France in 1917. Casts from both are included in the exhibition, as well as her nurse uniform from her service during World War I.

To deny the highly expressive works our serious attention simply because their author got plenty in her lifetime would be a disservice. Imagine the pieces came, instead, from the hands of a

poor, starving artist who touched and felt misfortune up close. For such an artist, molding a despaired face, giving shape to a blind man’s eyes, would have come easily, more naturally. It would have hit close to home.

The most striking notion on display in “Gertrude Vanderbilt Whitney: Sculpture” is that the sculptor seemingly had no obligation or need to create these tender scenes and few personal experiences to draw from. Robert Henri’s vivid portrait of her hangs near the entrance and conveys her unapologetic defiance and forward-thinking stance.

“I have no cause to complain; I should not, perhaps, be doing the work that I am doing today if it were not for the battle I had to fight to show that I was not merely amusing myself,” reads another one of her quotes from 1919. ■

Gertrude Vanderbilt Whitney's 'The Kiss,' 1933-35.



JACEK GANCARZ COURTESY PHOTOS

FOSTER

From page 1

Grammy awards (including three for Producer of the Year), an Emmy Award, a Golden Globe and three Academy Award nominations for Best Original Song. He has also earned the reputation as a purveyor of new talent, having played a key role in the career launches of Celine Dion, Josh Groban and Michael Bublé, to name a few. In addition, he created hit songs for music stars Barbra Streisand, Whitney Houston, Michael Jackson, Madonna, Andrea Bocelli, Rod Stewart, Stevie Wonder, Earth, Wind & Fire, Diana Krall, Natalie Cole, Michael Bolton, Seal, Chaka Khan, Kenny Rogers, Dolly Parton, Chicago, Hall & Oates, Brandy, 'N Sync, Boyz n the City and Gloria Estefan.

About 10 years ago, Mr. Foster added a new dimension to his résumé — performer. He hosted “Hitman David Foster & Friends,” two televised concert events in Las Vegas, which subsequently aired on PBS.

“I love public television, which is a

in the know

‘An Intimate Evening with David Foster — Hitman Tour’

>> **When:** 8 p.m., April 22
>> **Where:** Dreyfoos Hall at the Kravis Center, 701 Okeechobee Blvd. in West Palm Beach
>> **Cost:** \$20-\$105
>> **Info:** 561-832-7469 or www.kravis.org

great place for me, the kind of music I make and the kind of people I work with,” he said. “I hoped that I might launch a tour of some form of that show, showcasing the songs I was involved in — writing-wise, producing-wise or both.”

That show evolved into “An Intimate Evening with David Foster — Hitman Tour,” which Mr. Foster said includes such songs as “St. Elmo’s Fire,” “You Raise Me Up,” “All By Myself,” “Unforgettable,” “Hallelujah” and a medley from “The Bodyguard.” He insisted his new role of performer came naturally.

“I performed when I was a kid,” he said. “I was in a band, toured a little bit and I liked it. And I had a hit in 1985 with ‘St. Elmo’s Fire,’ which was an instrumental with my name on it, versus all the singers I’ve produced. Kenny Loggins invited me on stage to play it and that was quite a feeling.”

Originally from Vancouver, British Columbia, Mr. Foster now calls Los Angeles his home. His early musical influences ranged from classical music to the Beatles.

“I was a classical nerd and took lessons in that music which, of course, paid off,” he said. “But when the Beatles came along, that really changed my life. I heard pop music and decided that’s exactly what I wanted to be doing. I was also a jazz nerd and although I was not a great jazz pianist, I loved Bill Evans, Oscar Peterson, Keith Jarrett and Herbie Hancock and tried to emulate them.”

As for the songwriting, Mr. Foster said it developed over time and melodies never sprang from a beautiful sunset or an explosive revelation in the middle of the night.

“It’s a job,” he said. “My writing came



COURTESY PHOTO

David Foster

as a result of producing records and working with artists who needed another song for their record. As a good piano player, that worked out well. So my writing has always been co-writing.”

Mr. Foster has co-written — mostly providing the melody — with some of the best in the business: Mariah Carey, Kenny Loggins, Peter Cetera, Burt Bacharach, Carole Bayer Sager, Paul Anka, Lionel Richie, Richard Marx, Al Jarreau, Bill Withers and Madonna, among others.

“Collaboration is a little like a marriage,” he said. “You’re living together and trying to find your way. It can be a little awkward at times, but when you

click, it flows and it’s amazing.”

“An Intimate Evening with David Foster,” he added, tells his own story with help from singers Fernando Varela, Sheela Frazier and Pia Toscano.

“I take the audience on a journey from when I played with Chuck Berry at age 16 to my first Grammy to the failures, which are many,” he laughed. “From there it’s on to producing Natalie Cole’s ‘Unforgettable,’ co-writing with Peter Cetera and for his group Chicago, ‘The Bodyguard,’ Celine Dion. All of these various punch points in my career, with performances from Fernando, Sheela and Pia that are so compelling that the audience will really enjoy the songs.” ■

LATEST FILMS

'Truth or Dare'

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★★

Is it worth \$10? No

At some point in our lives, most of us have played Truth or Dare. The rules are simple: Choose "Truth" or "Dare," then either tell the truth or complete the dare. In real life, not fulfilling your obligation will cost you nothing except perhaps some fun points from your friends. In "Truth or Dare," it will cost you your life.

It's a clever premise, and being a thriller from Blumhouse Productions, the studio behind "Get Out," there's plenty to hope for here. Perhaps this optimism is what makes the lackluster movie all the more frustrating. The story is thin, the dialog is lazy, the acting ... doesn't really matter. This is by-the-numbers mediocrity for which the best compliment is that it's only rated PG-13; we don't need to see the grisly gruesomeness that's implied and, thankfully, the worst of it is left off screen.

College seniors, spring break. Olivia (Lucy Hale) and Markie (Violett Beane)

are best friends, so Markie tricks her into going to Mexico for the week. Markie's boyfriend Lucas (Tyler Posey) joins them, as do party girl Penelope (Sophia Ali), her boyfriend Tyson (Nolan Gerard Funk) and their gay friend Brad (Hayden Szeto). Moron acquaintance Ronnie (Sam Lerner) bumps into them in Mexico, and Carter (Landon Liboiron), a random stranger at the bar who sticks up for Olivia, rounds out the octet.

With the bar closing and spring break nearly over, Carter insists he knows of an after party. He takes them to an abandoned church in the middle of nowhere and kindly suggests playing Truth or Dare. The game is as awkward as usual, until Carter ruins it by getting weird: "Tell the truth or you die, do the dare or you die," he says before running off.

Of course, there wouldn't be a movie if his foreboding warning didn't have credence. Figuring out how to survive long enough to beat the game is intriguing for a while. Then the story behind exactly how this is all happening comes, and it's a bit weak. This happens when you have four credited screenwriters (more than two is always a bad sign). A little more ingenuity would've gone a long way here.

Some of the dares (emphasis on "some") are reasonably creative. The

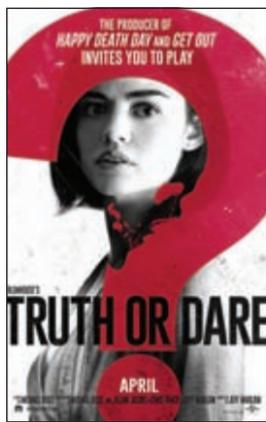
best is when burgeoning alcoholic Penelope is dared to walk along the edge of a three-story roof until she finishes a bottle of vodka. If only director Jeff Wadlow instilled more imagination into the rest of the film. Instead we get random individuals morphing into Joker smiles and freaking people out. It gets old after a while.

"Truth or Dare" deserves credit for this, though: At one point, Lucas advises to only choose truth. This makes sense because while the truth can hurt, at least it won't kill you. This means college

seniors actually use logic and do something smart. Unfortunately, though, it doesn't work out thanks to a plot contrivance that manifests shortly thereafter — and that's fine, because not much else works out in this movie either. ■

Did you know?

>> The cast played a real game of Truth or Dare during filming; the only central cast member not to play was Hale, who chose to go to bed instead.



FILM CAPSULES

Beirut ★★

(Jon Hamm, Rosamund Pike, Dean Norris) A U.S. diplomat (Hamm) in early '80s Beirut must negotiate the release of an old friend who's been taken hostage by terrorists. It's laborious to the point that you stop caring whether the hostage, the diplomat or anyone else comes out alive. Rated R.

Ready Player One ★★★½

(Tye Sheridan, Olivia Cooke, Ben Mendelsohn) In 2045, people use avatars to search for an "Easter Egg" in a virtual reality world. The visuals and action are great in director Steven Spielberg's latest, but it's the retro pop culture references, along with the classic rock soundtrack, that make this an absolute blast. Rated PG-13.

Chappaquiddick ★★★

(Jason Clarke, Kate Mara, Ed Helms) In July 1969, Senator Ted Kennedy (Clarke) drives his car off a small bridge, killing passenger Mary Jo Kopechne (Mara) and putting his political career in turmoil. What happened, how and the cover-up that followed makes for compelling drama that presents the information as objectively as possible. Based on a true story. Rated PG-13.

The Death of Stalin ★★★

(Steve Buscemi, Simon Russell Beale, Jeffrey Tambor) Following his death in March 1953, Josef Stalin's underlings scheme for control of Russia in this highly effective farce. It's silly, absurd and biting — and as darkly, morbidly funny as it aspires to be. Rated R. ■

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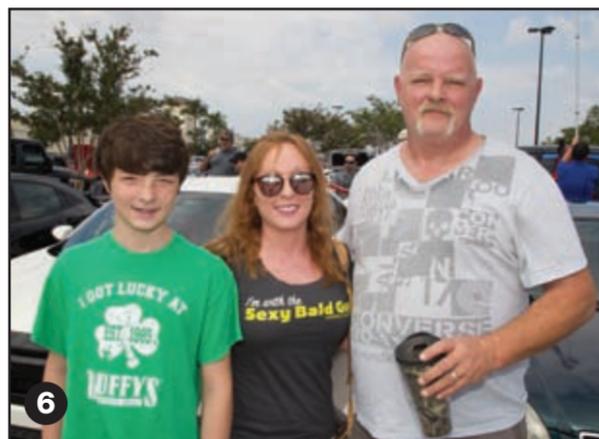
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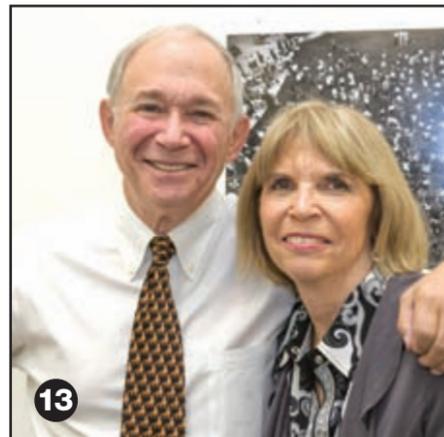
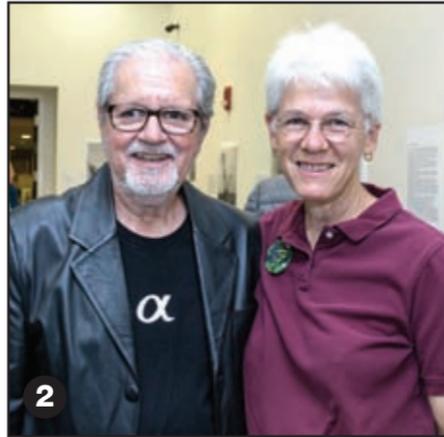


ANDY SPILOS/FLORIDA WEEKLY

1. Andrew Boden, Nicholas Boden, Andrew Boden and Gina Boden
2. David Rosa, Sheri Seidman and Steve Raig
3. Jaci Pena, Mike Winters, Logan Winters and Zach Winters
4. Kieran Sheehan, Virginia Ledakis and James Guerra
5. Rick Herbst, Matthew Barrett and Kristen Barrett
6. Kenon Nelson, Nancy Nelson and Lonnie Nelson
7. Deb Evers and Tom Evers
8. Paula Perez and JR Rodriguez
9. Sidney Harrison, Cainon Mishkell and Prian Arevalo
10. Vinny Hollar, Mary Hollar and Jonathan Hollar

SOCIETY

Palm Beach Photographic Centre exhibition openings



1. Arnold Drapkin and Elaine Drapkin
2. Art NeJame and Susan Lerner
3. Bill Analek and Pat Maher
4. Deborah Hengen and Steve Nester
5. Fred White, Dori White, Cameron White and Mia DeGirolmo
6. Lisa Cross, Mary Cross, Cole Tidd and Lane Tidd
7. Alan Morse, Bob Morse and Don Morse
8. Rachael Brown, Fatima NeJame and Art NeJame
9. Jennifer Walker, Shane Srogi and Jim Coulton
10. Florence Dodd and Doug Dodd
11. Maureen Conte and Zenon Bilas
12. Marcela Silva and Summer Piep
13. Lou Mark and Susan Mark
14. Jinelli Camilo and Malik Negron
15. Shane Drogi, Rachael Brown and Ben Cooper
16. Olga Strosberg and Serge Strosberg



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SOCIETY

SunFest Battle of the Bands, CityPlace



1. Andy Preston, Pilar Gonzalez and Begonia Palacios
2. Danielle Quintero, Melissa Sullivan and Amanda Rypkema
3. Lauren Rodriguez, George Matar and Nicki Boelens
4. Craig Campbell and Josh Weiner
5. Kennedy Lioso, Anya Lioso and Chris Lioso

6. Christina Carlson, Joe Franchino, Joe Conti, Lori Conte and Mike Fiebiger
7. Lucy Baxter and Raquel Herrera
8. Max McCabe and Caroline Young
9. Mike Smith, Carrie Smith, Jenny Hymes and Jeremy Hymes
10. Todd Trader, Ximena Bernal and Juliana Mateus



ANDY SPILOS/FLORIDA WEEKLY

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962 SW Saint Lucie West Blvd,
Port Saint Lucie | 772-871-5533

Linda Winston,
Cheri Craft and
Linda Carruth

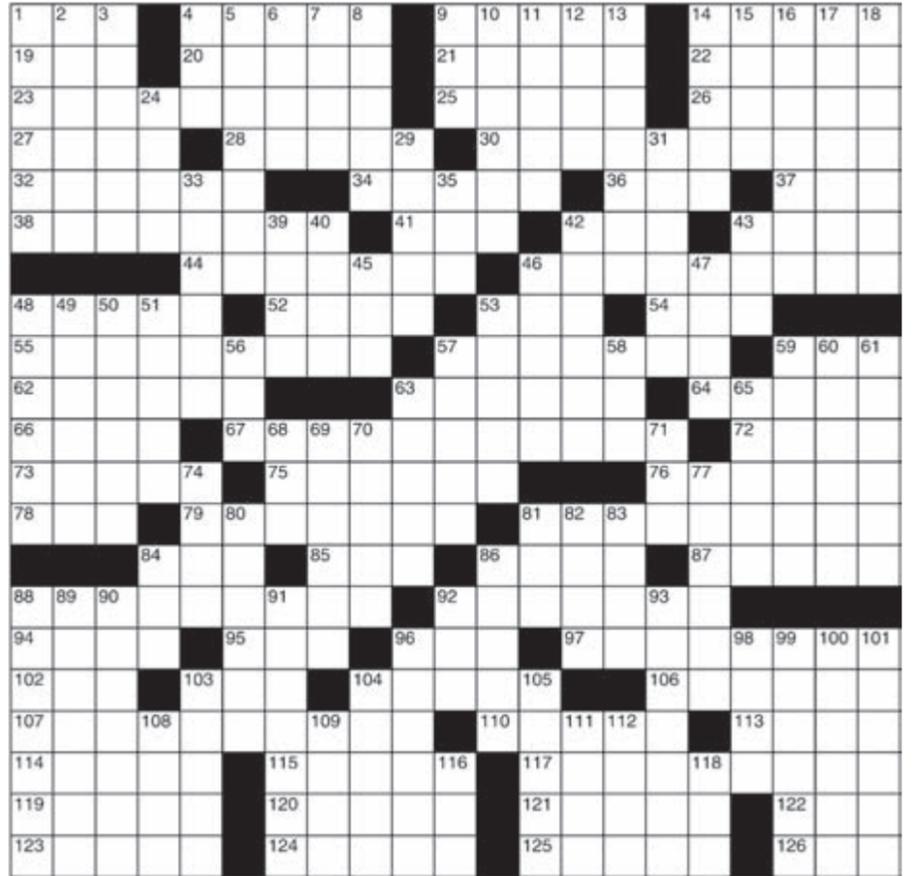


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PUZZLES

CELEBRITY SPOONERISMS

- ACROSS**
- 1 Former Delta rival
 - 4 Humane org. since 1866
 - 9 Shining
 - 14 Birds' beaks
 - 19 On top of, in verse
 - 20 Nerd relative
 - 21 City in Utah
 - 22 Bugged a lot
 - 23 Support a female donkey?
 - 25 All fired up
 - 26 Flag sewer
 - 27 "Dies —" (Mass hymn)
 - 28 Squirmy
 - 30 "Listen up, warm-blooded animal!"
 - 32 More itty-bitty
 - 34 African country
 - 36 Disfigure
 - 37 Horror director
 - 38 Open a new tavern?
 - 41 Magna — laude
 - 42 Baltique or Adriatique
 - 43 Units of bag thickness
 - 44 "Bridge of Spies" actor
 - 46 Core belief of orthopedic practice?
 - 48 Home to Pago Pago
 - 52 "Vesti la giubba," e.g.
 - 53 — Majesty
 - 54 IM-offering
 - 55 Choose a wooden peg?
 - 57 Aromatic resins
 - 59 Chai or pekoe
 - 62 Pyle and
 - 63 Railcar
 - 64 Sees
 - 66 Church call
 - 67 Makes a warden gentle?
 - 72 Australian avians
 - 73 Be the king
 - 75 Delilah
 - 76 Rub down
 - 78 Sketch show since '75
 - 79 Estate of a winegrower
 - 81 Curly-furred cat's giggle?
 - 84 The way, to Lao-tzu
 - 85 Undertake
 - 86 Thing to hum
 - 87 Wraith
 - 88 Descend upon a certain grainfield in droves?
 - 92 Circles around heavenly bodies
 - 94 Sails through
 - 95 Neither hide — hair
 - 96 Bad review
 - 97 Very tentative taste of food?
 - 102 Greek "H"
 - 103 Match unit
 - 104 Ballroom dance
 - 106 Dr. Seuss' real surname
 - 107 Pale people writing things quickly?
 - 110 Jetsons' dog
 - 113 Caffeine-laden nut
 - 114 Perrier rival
 - 115 Aristocratic
 - 117 Toast topper that's nifty?
 - 119 Tuscan town
 - 120 Bugs a lot
 - 121 Sporting site
 - 122 Big cat's lair
 - 123 Stunning gun
 - 124 Cries out
 - 125 Cyclist, e.g.
 - 126 Before, in verse
- DOWN**
- 1 Way of being thrilled or torn
 - 2 What to do if the shoe fits
 - 3 Esoteric stuff
 - 4 Modifying word: Abbr.
 - 5 Really rely on
 - 6 100-Down's partner in magic
 - 7 Euro fraction
 - 8 Big gulf
 - 9 Orang, e.g.
 - 10 Minister Billy
 - 11 Boston airport
 - 12 Outranking
 - 13 Guys on the job site
 - 14 Elephant king of kiddie lit
 - 15 Agenda unit
 - 16 "Open up!"
 - 17 The Bunkers' "old" car
 - 18 Hair salon employee
 - 24 Actor Dullea
 - 29 Agave plant
 - 31 Actress d'Abo
 - 33 Online brokerage
 - 35 Receivable
 - 39 What "there oughta be"
 - 40 Uncommon
 - 42 Choice bit
 - 43 Hollywood's Gibson
 - 45 Zippo
 - 46 Celebrity lawyer
 - 47 Mix, as salad
 - 48 Pickle units
 - 49 Flying guys
 - 50 "Chicago Hope" doctor
 - 51 Assenting to
 - 53 — impact on (effects)
 - 56 East, in Ulm
 - 57 Small jewel
 - 58 Suffix of enzymes
 - 59 V8 ingredient
 - 60 Musician's exercises
 - 61 Affirm
 - 63 Analyze
 - 65 Australian state capital
 - 68 — whole
 - 69 Subject
 - 70 Manicure aid
 - 71 Scoundrel
 - 74 University sports org.
 - 77 Tuna variety
 - 80 Wasp variety
 - 81 1921 sci-fi play
 - 82 Sufficient, in verse
 - 83 TV "Warrior Princess"
 - 84 "Conan" network
 - 86 Pacific island country
 - 88 "My Little Chickadee" co-star
 - 89 Wife of Nero
 - 90 Head-hugging hats
 - 91 Mega Millions, e.g.
 - 92 Soup holder
 - 93 French forest region
 - 96 Soft shade
 - 98 Moped, e.g.
 - 99 "Tristan und —"
 - 100 6-Down's partner in magic
 - 101 Boosler of comedy
 - 103 Sub detector
 - 104 Quaver
 - 105 Actor Werner
 - 108 Tarzan's lady
 - 109 Author Wiesel
 - 111 Actress Polo
 - 112 Bog grass
 - 116 Slalom path
 - 118 Pickle holder



SEE ANSWERS, B7 ▶

HOROSCOPES

ARIES (March 21 to April 19) Don't waste your time and energy fretting over remarks you consider unnecessary or unkind. Best advice: Ignore them, and just keep doing your usual good job.

TAURUS (April 20 to May 20) Getting that new perspective on a workplace situation could lead to a solution everyone will accept. Meanwhile, make time to keep up with your creative pursuits.

GEMINI (May 21 to June 20) Those changes you planned to implement in early summer might need to be reassessed. But don't make any moves until you've discussed this with someone you trust.

CANCER (June 21 to July 22) Your aspects favor harmony, making this a good time to work out problems in relationships — whether personal or professional, big or small. An old friend comes back.

LEO (July 23 to August 22) While you're still riding that high-powered

beam, you might begin to lose focus by week's end. Could be that you'll need to do a little cat-napping to restore your spent energies.

VIRGO (August 23 to September 22) An unexpected development creates a lot of excitement. Where it takes you is your decision. Check out the possibilities, then decide if you want to go with it or not.

LIBRA (September 23 to October 22) Although your supporters help you squash an unfair claim against you, don't let this go unchallenged. You need to learn more about the motives of those behind it.

SCORPIO (October 23 to November 21) There still are some tasks to clear up by midweek. Then you can welcome the new month on a high note. A friend brings surprising but very welcome news.

SAGITTARIUS (November 22 to December 21) You might want to change your plans before they're

set in cement. Consider advice from colleagues. But remember that, ultimately, it's your choice.

CAPRICORN (December 22 to January 19) A difficult situation is working itself out. Lingering problems should be resolved by week's end, allowing the Goat to enjoy a calmer, less stressful period.

AQUARIUS (January 20 to February 18) Be careful not to move so quickly that you miss possible warning signs that could upset your plans. Slow down. Your supporters will continue to stand by you.

PISCES (February 19 to March 20) Your generosity in sharing your time and wisdom with others leads to an intriguing development that could have you considering some interesting choices.

BORN THIS WEEK: You have a way of influencing people to be and do their best. You would make an excellent teacher. ■

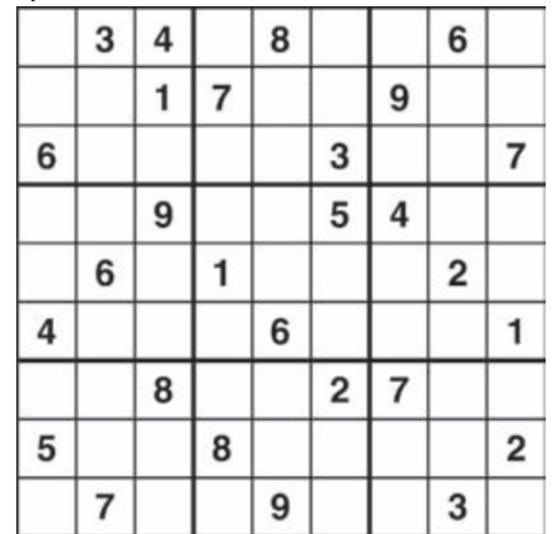
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Difficulty level:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

By Linda Thistle



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SOCIETY

Gay polo tournament, International Polo Club, Wellington



1. Allison Mandriota, Jon Chernes, Katy Calder and Jason Crowder
2. Cedar Crest Stables Team, Goshen Hill Team, RSM Team and Seminole Casino Team
3. Frank Moreno, Brian Monico, Corey Welch, Steven Smith, Louis Leon and Sergio Sano
4. Tom Balling, Ken Barnes and John Ducote
5. Amy Goorsky and Bobby Llewellyn
6. Craig Allen and Frank Smith
7. Don Todorich and Bruce Schreiber
8. Daniel Bain and Christian Vermast
9. Doug Marty and Yolanda Sheppard
10. Darian Clark and Amy Thornton
11. Jackie Hickman and Greg Schubert
12. Judy Schrafft and Robert Lowe
13. Karen Gray and Charlie Turk
14. Oscar Loynaz and Miguel Garcia
15. Sam Blue, Quincy Watkins and Weldon Mumford
16. Richard Messina, Lisette Hasoan and Frankie Izquierdo
17. Muffie Auerbach, Margaret Duprey, Barbara Foose and Judy Behren
18. Stephen Mooney, Johnathan Lozier, Mitch Brown and Rick Moeser
19. Lisa McClintock and Mag Formoso
20. Teddy Reikai, Jed Pearsall and Daniel Bain



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FLORIDA WEEKLY CUISINE

Good Samaritan offers patients a vegan menu

janNORRIS

jan@jannorris.com



Good Samaritan Hospital is stepping up to a new plate.

The West Palm Beach hospital is adding a vegan menu to its food options for patients.

"It's about time," says Dr. David Dodson, who helped launch the total plant-based program with the nutrition and administrative teams at Good Sam. "People should go to hospitals to get healthy."

Dr. Dodson, a West Palm Beach internist and former chief of staff at the hospital, was making rounds one lunchtime when he noticed one of his cardiac patients eating a burger.

"He had come in with a heart attack and had a stent. And he was eating a cheeseburger. I said, 'Something's wrong here.'

"I looked at the menu he had, and every day it was meat: pork chops, Salisbury steak, burgers — that wasn't right," he said.

He spoke with the staff nutritionists and suggested vegan menu items that could be substituted for meat-based ones. Vegan foods are those that are strictly plant based; no animal fats or dairy are used in preparation of the dish.

The hospital board had to approve the new menu, and did so, along with the medical team.

A black bean burger is now an option. Healthy snacks include hummus with pretzels and vegetables. Breakfast cereals are oatmeal and cream of wheat, with fruits and whole grain bread. There's a stuffed tomato, Malibu quinoa salad, Greek salad and an Asian spring roll on the menu as well.

The full menu is still being developed, but is set to roll out this month.

He has high praise for the kitchen staff and nutritionists. "They've worked really hard to create good food," he said. It won't help if it's not tasty and patients won't eat it.

Education is key, however, to both acceptance of the diet while in the hospital, and follow-up once the patient goes home. Vegan diet demonstrations are planned.

"Yes, it's a change, but if they don't change their diets, they're going to come back in with another heart attack," he said. Statins can reduce the chance of a second heart attack by lowering cho-

lesterol, but eliminating the cholesterol to start with is the answer, he said.

Talking to the staff at the hospital, he says everyone including the doctors and nurses are excited about it.

Dr. Dodson follows the vegan diet he's recommended for his own patients for years.

"My wife and I read 'The China Study' six years ago and that was it for us."

The 2005 book details a long-term study that purports to show scientific correlation between an animal-based diet and "typical Western diseases" — heart disease, diabetes and certain prevalent cancers.

"You eat a typical Western diet, you get typical Western diseases," the doctor said.

He's happy to see vegetarian and the stricter vegan diets become more mainstream, though he knows there will still be resistance, even within the hospital administration. All-around education is needed, he said.

"The hospitals are very sensitive to patient surveys. They're concerned that if a patient doesn't like the food, they'll give them a bad score. That's where the education comes in," he said.

He and administrators believe Good Samaritan is the first hospital in the state to implement a vegan menu, and one of only a few around the country.

"This is a good, positive step they're taking," he said. "I figured if the hospital would put their seal of approval on it, it will gain legitimacy.

"If you think about it, it makes sense: Serve healthy food for health."

In brief

Next year, the **South Florida Garlic Fest** turns 20. Applications for vending at this usually sold-out event are now available. The festival will be cut to a two-day event, Feb. 9-10, in John Prince Park in Lake Worth. For info, email coordinator Sarah Vallyly, sarah@festivalmanagementgroup.com. ... Down south, the **Las Olas Wine & Food Festival** is Friday, April 20, in Fort Lauderdale. Five blocks of the iconic shopping street are closed off 7:30-10:30 p.m. for the event and dozens of wineries and restaurants serve up sips and tastes to fest goers. The \$150 tickets benefit the American Lung Association. Info at www.lasolaswff.com. ... Plan for **Arbor Day**, April 28, and a visit to the **Grandview Public Market** in West Palm Beach. First 100 people get free trees. It's a chance to check out the new food hall in the Warehouse District at 140 Clare Ave. ■



COURTESY PHOTO

The Philly cheesesteak from Baldino's in Tequesta.

JAN'S THREE FOR 3 Places for Philly cheesesteak

A trio worth noting

1 BALDINO'S

791 U.S. Highway 1, Tequesta. 561-743-4224; www.baldinosfl.com.

The real deal, the macdaddy of Philly cheesesteaks in this area, and the first shop always mentioned in a cheesesteak sandwich comment. My Philly friends say so, and I'm not arguing. Baldino's brings in the rolls (Moribito brand) from up North — the most critical part. Then they serve the thin-sliced steak and melted yellow cheese on it to make The Original. The Works gets you onions, sweet and red peppers and mushrooms, too. Not bad pizza, either.

2 CENTER STREET NOOK

223 Center St., Jupiter. 561-743-0300; www.facebook.com/The-Nook-69478076796/.

Get it wit' or wit'out onions, but get a cheesesteak here by all means. The owners are from Philly, bleed Green (go Eagles!) and know what makes great cheesesteaks. Here, it's the Amoroso rolls used with thin steak, and good old Cheez Wiz all melted into deliciousness. Wit' onions is best, we believe. Bonus: Family friendly to the max.

3 OUR PLACE

2901 N. Federal Highway, Boca Raton. 561-750-9745; www.ourplacebocaraton.com.

Head to South County for this one. It's a trek, and tricky to find (it's in the Boca Raton Plaza Hotel), but if you're headed that way, the authenticity of all the food here makes it worth the trip. It's a great Philly cheesesteak, with the most tender beef possible — nothing chewy here. Onions, green and red peppers and melted cheese on the buttered toasty roll is the thing. (Since you're here, don't miss their fabulous chili or any of their homestyle foods.) ■

— Jan Norris

THE DISH: Highlights from local menus

The Dish: Chicken Vindaloo

Where: Indus Indian & Herbal Cuisine, 1649 Forum Place, Suite 6-7, West Palm Beach; 561-249-0123 or www.indusdine.com.

The Price: \$15.99

The Details: If there's one thing for which the West Palm Beach area is lucky, it is this: There are a few good Indian restaurants. Aroma, fairly recently opened at Village Commons, is one. Taste of India, on Okeechobee Boulevard, is another favorite. Indus

also has its moments.

This chicken vindaloo was packed with tender bits of chicken and potato and served in a fiery tomato sauce made with chilis and filled with liberal doses of turmeric, cumin, mustard and other spices.

That was tasty, but service was inconsistent, with mixups of beer and food orders. I'll be back, but I hope for more consistency in my experience. ■

— Scott Simmons



SCOTT SIMMONS/FLORIDA WEEKLY

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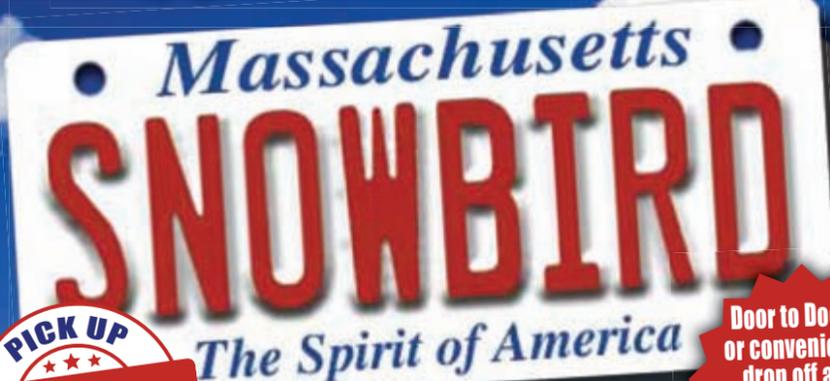
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TRUMP NATIONAL, JUPITER



Overlooking 5th Hole | 5BR/6.2BA | 5,858 SF | \$2.65M

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TRUMP NATIONAL, JUPITER



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BEACH FRONT 407, SINGER ISLAND



Directly on the Sand | 3BR/3.1BA | 3,950 SF | \$1.995M

SAN MICHELE, PBG



Builder Model | 4BR/4.1BA | 4,551 SF | \$1.395M

LAKE POINT TOWER, OLD PORT COVE



Panoramic Ocean to ICW Views | 3BR/3.1BA | 3,475 SF | \$1.395M

EASTPOINTE II, SINGER ISLAND



Ocean to IC Views | 3BR/2.1BA | 2,740 SF | \$1.249M

BAY HILL ESTATES, PBG



Golf & Water Views | 4BR/4BA | 4,501 SF | \$995K



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BY LASER MEDICA

AN ESTIMATED 20 MILLION PEOPLE in the United States have some form of peripheral neuropathy, a condition that develops as a result of damage to the peripheral nervous system — the communications network that transmits its information between the central nervous system and every other part of the body. Symptoms can range from numbness or tingling, to pricking sensations or muscle weakness.



COSTELLO

Desperate for relief after years of searching, patients are seeking alternative treatments for pain, and in some cases, using painkillers and medical marijuana to cope. One alternative is Laser Medica, which lists neuropathy as one of the conditions that its super-pulsed laser light therapy could help to improve.

"I thought, I have to try this because nothing else is truly working," said a patient of Dr. Joseph Costello, DC,

SEE LASER, 3 ►



High blood pressure and stroke

PALM BEACH GARDENS
MEDICAL CENTER

May is quickly approaching and so is Stroke Awareness Month. Approximately every 40 seconds someone in the United States has a stroke and roughly every four minutes someone dies of a stroke. It causes about one in 20 deaths annually — making it the fifth-leading cause of death — and the primary reason for long-term dis-

ability. So if you could take steps now to lower your risk of having a stroke, you would, wouldn't you?

Well, you can. First on your list would be to control your blood pressure.

The most important risk factor for stroke is high blood pressure, or hypertension. If left untreated, this condition can damage blood vessels throughout the body, causing them to narrow and clog more easily or

weaken them so they could burst resulting in internal bleeding. When blood vessels in the brain become blocked or break and then leak blood into the brain, brain cells begin to die and the brain is not able to function properly. In addition to stroke, high blood pressure also can cause other forms of brain damage including dementia and memory loss.

Blood pressure is the amount of force exerted by blood against artery walls. It is expressed in two numbers that are measured in millimeters of mercury (mmHg).

The first number, or systolic blood pressure, measures the amount of force when the heart beats. The second number, or diastolic blood pressure, measures pressure in the arteries between heartbeats. Normal blood pressure is less than 120/80 mmHg. Prehypertension may be diagnosed if the systolic pressure is between 120 to 139 mmHg or the diastolic pressure is between 80 to 89 mmHg. Blood pressure is considered

to be high if systolic pressure is 140 mmHg or higher, or if the diastolic pressure is 90 mmHg or higher, which can also be expressed as 140/90 mmHg.

Blood pressure can be controlled by making lifestyle changes or taking medication. Some ways to manage blood pressure include:

- Reducing salt in foods
 - Eating healthy foods, such as fruits, vegetables, whole-grain foods, low-fat or fat-free dairy products, fish, and low-calorie, low-fat snacks
 - Maintaining a healthy body weight
 - Engaging in physical activity on a regular basis by exercising through walking, swimming, riding a bicycle or dancing
 - Limiting alcohol intake to no more than two alcoholic drinks a day for men and one per day for women
 - Not smoking
 - Taking medications as directed by your physician to lower blood pressure
- Stroke. Aneurysm. Transient ischemic attack. Neurological emergencies can come on hard and fast, often with little warning, and have the potential to leave you severely impaired.
- When stroke occurs, efficient, expert treatment is necessary to prevent death or disability. You can count on the emergency department at Palm Beach Gardens Medical Center to be ready when the worst happens. For more information on our neurosciences program, go to our website at www.pbgmc.com/our-services/neurosciences. ■



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LASER

From page 1

DABCO, who asked to remain anonymous. He agreed to undergo Dr. Costello's recommended protocol: a series of 18 one-hour treatments spaced over as many weeks as the patient selected.

"I was quite desperate, so I elected to do six treatments a week for several consecutive weeks. By the fourth treatment, I was surprised to feel a major improvement," the patient said. "And by the time I got to the last treatment, the pain was completely gone. I was elated. It's the best I've felt in a decade."

These days, he maintains his miraculous results with a periodic one-hour

treatment every few months. This patient has joined the tens of thousands of other Laser Medica patients who have been relieved of their chronic pain via painless, noninvasive therapy that patients describe as "like being in a spa for an hour."

Laser therapy is a medical procedure that uses highly focused laser light energy to treat pain and inflammation. It works at the cellular level by stimulating the body's natural healing processes. This highly advanced technology is successful in treating both acute and chronic conditions, which traditional treat-

ment approaches have failed to remedy. "The efficacy of the laser-light therapy we offer has been verified by thousands of written reports — including one from Harvard University," says Dr.

Joseph Costello, a board-certified chiropractic orthopedist. "It's especially good for patients who have bone on bone knee arthritis."

That's because this noninvasive procedure is an "actinotherapy," which results in chemical and metabolic changes inside each human cell that come in contact with the high-intensity laser light. Simply said, the lasers accelerate the healing

potential of the cell. As Dr. Costello says, "Our treatment protocols actually heal human tissue. They often achieve results when other treatments, including surgery fail."

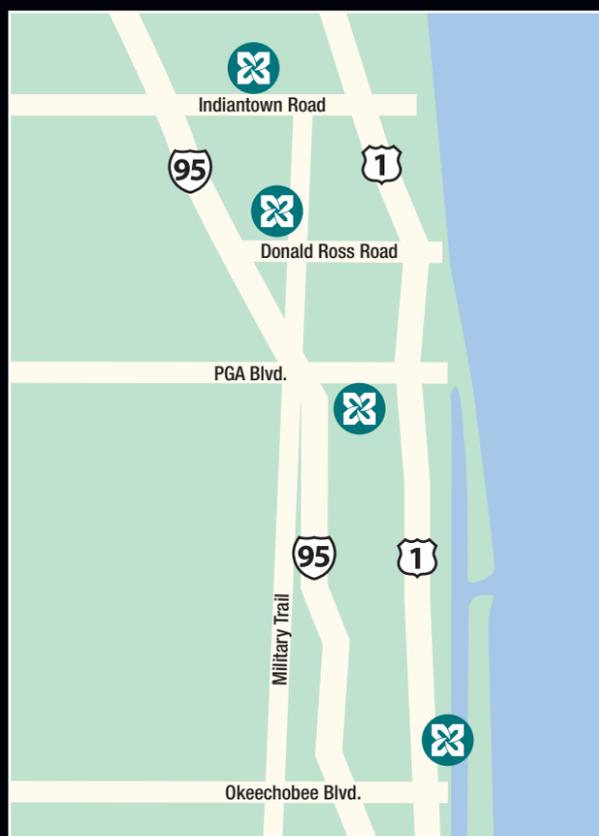
This includes, but is not limited to arthritis, back pain, disc herniation, headaches, knee and hip pain, neck pain, peripheral nerve disorders, neuropathy, sciatica, shingles, spinal stenosis and temporomandibular joint dysfunctions.

If you are seeking an effective treatment without drugs, surgery and the accompanying side effects, Super Pulsed Robotic Laser Therapy can be a real solution for anyone suffering constant pain.

— Laser Medica, Square Lake Plaza, 8645 N. Military Trail, Palm Beach Gardens. 561-329-5597 or www.lasermedica-florida.com. ■



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 JUPITER MEDICAL CENTER

Five ways to fight fatigue, energize your life

SPECIAL TO FLORIDA WEEKLY

Newsandexperts.com

Feeling tired is a common complaint people express. Sometimes the self-description morphs into, "I feel tired all the time," and experts say that's when extreme tiredness becomes better known as fatigue.



Dr. Raj Gupta

Fatigue, when someone lacks energy and feels exhausted mentally or physically, can negatively impact performance at work, family life and social relationships. Often, it is not a medical issue but one that can be reversed by a lifestyle change.

"People would be amazed at how much energy they'd have and how much better they'd feel if they treated themselves better," says Dr. Raj Gupta, author of "Wellness Center Solution: How Physicians Can Transform Their Practices, Their Income and Their Lives" and founder of Soul Focus Wellness Center. "We all have busy lives, but there are simple ways to not let your schedule overwhelm you and make your health suffer as a consequence."

Stress, Dr. Gupta says, can lead to fatigue symptoms such as a craving for sweets and salty foods, difficulty sleeping and irritability. He suggests five ways to fight fatigue and regain energy:

- Run on the right fuel

A busy lifestyle can lead to fast food or carryout. Therefore, preparation is important, Dr. Gupta says.

"Your energy and production are directly proportional to how you fuel your body," he says. "Always be thinking about what you will be eating later. Ideally, your diet should consist of eating approximately five times a day with a combination of complex carbohydrates — fruits and veggies — and lean protein."



- Cut caffeine, add water

Research indicates too much caffeine causes fatigue in some people. The stimulation wears off and more caffeine is needed to produce the feelings of energy and clear-headedness. Dr. Gupta recommends cutting back on all things containing caffeine — coffee, tea, chocolate, soft drinks. Also, water should be the preferred liquid.

"A person is recommended to drink half their weight in ounces per day," Dr. Gupta says. "You can be dehydrated and not even know it."

- Stop burning the candle on both ends

Dr. Gupta says fatigue is often directly related to sleep deprivation.

"When you sleep is when most of your healing takes place," Dr. Gupta says. "Without enough sleep, your immune system breaks down. It's rec-

ommended you get six to eight hours of sleep per night."

- Get regular exercise

Dr. Gupta stresses that no matter how busy people are, they need to make time for exercise on a regular basis, ideally for 20 to 30-minute sessions a minimum of four times per week.

"Regular exercise helps regulate your mood, makes you sleep more soundly and erases the little mistakes in our diet," Dr. Gupta says.

- Body adjustments

The body can come more alive with a chiropractic alignment that provides proper functioning.

"Chiropractic adjustments to the spinal column relieve the pressure of a choked or pinched nerve caused by the rotated vertebra," Dr. Gupta says. "A chiropractic adjustment increases one's vitality and turns up their energy."

He concludes that, "Living life with zest, vitality and complete health is easier than you think. By managing these five simple aspects, one can maintain a healthy, fulfilling life." ■

— Dr. Raj Gupta (www.drراجupta.com), who has more than 20 years experience as a chiropractor, is the founder of Soul Focus Wellness Center. He also is the author of "Wellness Center Solution: How Physicians Can Transform Their Practices, Their Income and Their Lives," and of the forthcoming book, "From Health Club to Health Care: How Gym Owners Can 10X Their Income." He has been featured in *US News and World Report Health*, *Woman's World Magazine* and *The New York Daily News*. He has a doctorate in chiropractic from Life University.

Surgical expertise sets Jupiter Medical Center apart in cancer care

As a surgical oncologist at Jupiter Medical Center, Dr. Shanel Bhagwandin meets people during one of the most challenging times of their lives. That was especially true for Murray Young, who at 90 years old was diagnosed with pancreatic cancer. Young was referred to Dr. Bhagwandin to determine whether he would be a candidate for surgery.



Shanel Bhagwandin, DO, MPH

When meeting patients for the first time, Dr. Bhagwandin engages them in the process, making sure they understand their options. They discuss whether the tumor is operable, the possible complications of pancreatic surgery, expectations around the patient's recovery, and more.

Although not all patients with pancreatic cancer are candidates for surgery, Dr. Bhagwandin found that Young's tumor was operable. Still, he wanted to make sure that the cancer would not likely spread after surgery, given the aggressive nature of pancreatic cancer. He also wanted to determine whether Young would be able to tolerate the

procedure at such an advanced age. As part of the protocol in such cases, Young went through three rounds of chemotherapy, and everything pointed to him being a good candidate for surgery.

"We gave him the most aggressive chemotherapy regimen up front and he tolerated it — everything went fine and that completely shifted the focus," Dr. Bhagwandin said. "He's fit and functional, so there was no reason not to do the procedure and give him the best opportunity for improved survival."

The pancreas is situated in the abdominal cavity in a space behind the stomach. It is shaped a bit like a fish with a wide head, a tapering body and a narrow, pointed tail — the site of Murray's cancer. Dr. Bhagwandin performed a distal pancreatectomy, which involves removing the tail of the pancreas and the spleen, while leaving the head of the pancreas in place to maintain normal function. The procedure was performed laparoscopically, which results in a shorter hospital stay, less post-operative pain, and minimal scarring when compared to traditional, open surgery without compromising the principles of the cancer operation.

Young spent four days in the hospital following surgery and is now recovering at home. Dr. Bhagwandin discusses patient expectations and goals

preoperatively and believes discharging patients as soon as it is medically safe enhances their recovery. Young, who now faces several rounds of chemotherapy, is pleased with the results thus far.

"Everything worked out very nicely," he said. "The surgery accomplished everything they wanted, so I can't complain."

While Young was a candidate for surgery, Dr. Bhagwandin noted that every case is unique. Some patients may ultimately be better suited for a more invasive procedure or another form of treatment, and cancer care must be individualized.

"The key is to work closely with our patients and engage them in the process from the onset," Dr. Bhagwandin said. "Ultimately, this can motivate patients throughout treatment and increase their odds for a more favorable outcome."

Helping patients achieve a favorable outcome during a challenging illness was a prime motivation for Dr. Bhagwandin's decision to pursue a career in surgical oncology. It was during his surgical residency at the University of Illinois that he encountered and treated cancer patients — many of them younger than he was at the time.

"Their energy and selfless motivation had such a powerful impact on me and ultimately impacted my decision to pur-

sue a career as a surgical oncologist," he said.

Today, Dr. Bhagwandin, who is fellowship trained in surgical oncology, is the only board-certified complex general surgical oncologist in Palm Beach, Martin, Indian River and Brevard counties and one of just seven in the state. Dr. Bhagwandin has broadened the gastrointestinal cancer program at Jupiter Medical Center, given his experience and current role as medical director of Surgical Oncology Network Development at Mount Sinai Hospital in New York. He is also part of the hospital's multidisciplinary tumor board, a team of specialists who actively collaborate to guide patients through their cancer treatment. The tumor board enables patients to get a second opinion from Mount Sinai without having to go elsewhere; and it enables physicians to leverage one another's experience to identify innovative treatment options.

To learn more about surgical oncology at Jupiter Medical Center, visit www.jupitermed.com. ■

— Dr. Shanel Bhagwandin is fellowship trained in surgical oncology. He is the only board-certified complex general surgical oncologist in Palm Beach, Martin, Indian River and Brevard counties and one of just seven in the state.

New hope for sufferers of hemorrhoids

Millions of people worldwide suffer from hemorrhoids — enlarged, bulging blood vessels in and about the anus and lower rectum.

There are two types of hemorrhoids — internal and external.

External (outside) hemorrhoids develop near the anus and are covered by sensitive skin. If a blood clot develops in one of them, a painful swelling may occur. It bleeds only if it ruptures.



Ronald S. Zelnick, MD, FACS, FASCRS
Jupiter Medical Specialists

561-575-7875

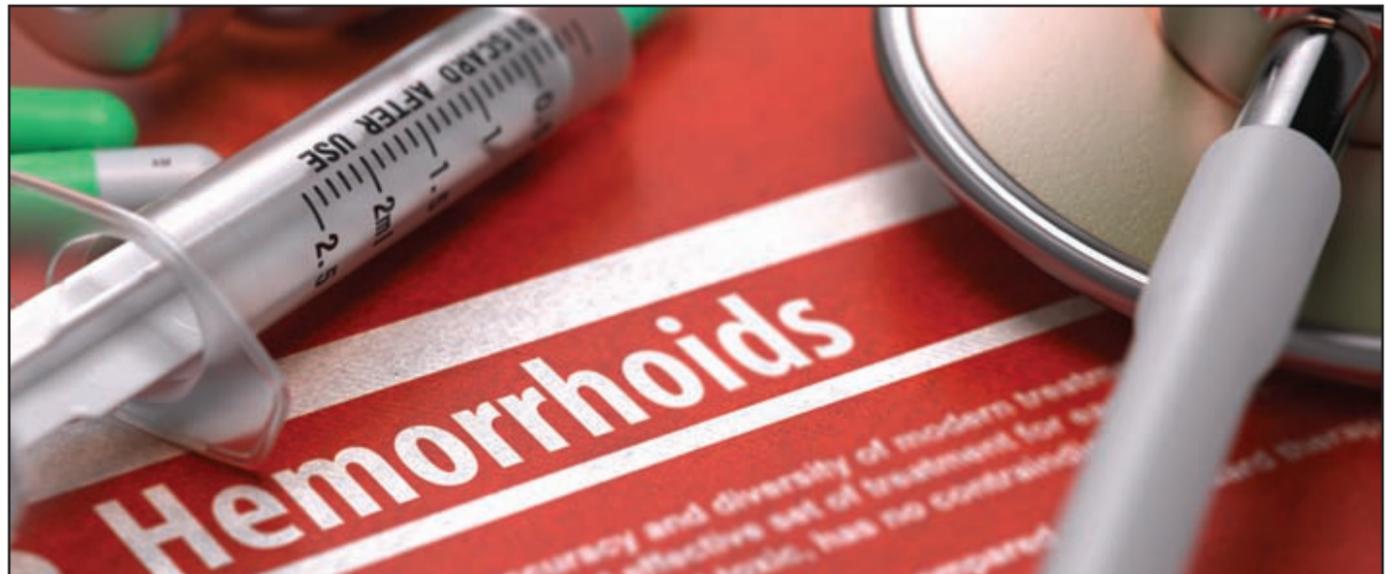
www.jupitermedicalspecialists.com

Internal (inside) hemorrhoids develop within the anus beneath the lining. Painless bleeding and protrusion during bowel movements are the most common symptoms.

However, an internal hemorrhoid may cause severe pain if it protrudes from the anal canal and cannot be pushed back in.

The exact cause of hemorrhoids is unknown. Our upright posture forces a great deal of pressure on the rectal veins, causing them to bulge. Contributing factors include aging, constipation, diarrhea, pregnancy, heredity, straining due to poor bowel function, overuse of laxatives and spending long periods of time on the toilet.

The tissues supporting the veins stretch and dilate; their walls become



thin and bleed. As the stretching and pressure continue, the weakened veins protrude. Symptoms include bleeding, protrusion, anal itching, pain and sensitive lumps.

There is no relationship between hemorrhoids and cancer. However, the symptoms of hemorrhoids, particularly bleeding, are similar to those of colorectal cancer. Therefore, it is imperative that all symptoms be investigated by a physician.

Mild symptoms can be relieved by increasing fiber in the diet, avoiding excessive straining, taking warm baths and using anesthetic creams.

More severe symptoms of internal hemorrhoids may be treated by rubber band ligation, which involves placing a small rubber band over the hemor-

rhoid, cutting off its blood supply. Several days later, the hemorrhoid and band fall off. The wound heals within 2 weeks.

The newest treatment, HET bipolar systems (Hetsystems.com), involves applying high-energy compression to internal hemorrhoids under sedation. It can be done in combination with colonoscopy, and multiple hemorrhoids can be treated in one procedure.

External hemorrhoids sometimes become thrombosed — develop a clot. They present as a painful perianal lump. Evacuation of the clot, performed under local anesthesia with a small incision, may bring immediate relief.

Hemorrhoidectomy, surgical excision, is the best method of perma-

nently removing hemorrhoids. It is necessary: 1) if clots repeatedly form in external hemorrhoids; 2) protruding hemorrhoids can't be reduced; or 3) there is persistent bleeding, especially when ligation fails. Surgery is done under anesthesia and is usually an outpatient procedure.

If you are a hemorrhoid sufferer, today's treatment options offer an excellent chance of relief. ■

— Dr. Zelnick is a board-certified colon and rectal surgeon at Jupiter Medical Specialists. He is a fellow of the American College of Surgeons and the American Society of Colon and Rectal Surgeons. His office is in Jupiter, and he may be reached at 561-575-7875.

BioMetrix offers healthy solutions

Terri Anderson jokes that the last time she did a sit-up was for the Presidential Fitness Awards. She was in elementary school. At age 47, Anderson maintains she hates to sweat and does not feel comfortable in a gym.

"If you want to know the best way to flip an egg, I can help you," says Anderson, who manages Juno Beach Café. "At a gym, I feel like a fish out of water."

When a patron at her restaurant told her about a concierge medical clinic and fitness center that was opening in North Palm Beach, Anderson decided to investigate. She joined BioMetrix in January.

"I am a creature of habit and my relaxation at the end of the day was to watch my TV shows and eat a bowl of moose tracks ice cream. I got away with it for years," Anderson says. "Then I got to a point where I was gaining weight and feeling tired. I knew I needed to do something."

The process at BioMetrix begins with a series of medical tests, along with strength evaluations, to determine the client's health and pinpoint any challenges. "Our program gives you everything you need to manage your health, wellness, and aging in one place," said BioMetrix CEO Alexander Catucci. "We want our clients to enjoy the best possible quality of life. If you give us six months, we will help you get back to the person you once were, or change you into the person you want to be."

Anderson says while she knew she was out of shape, she was shocked to



learn her body fat percentage and the reality of her calorie intake. With the help of the team at BioMetrix, she's changing her life. Anderson is working out twice a week with a trainer. Daily breakfast sandwiches and frappés have been replaced by protein shakes, lean cuts of meat, and vegetables.

"My husband says he notices a change. My pants are fitting better, and I definitely don't see muffin tops as much as I did," says Anderson. In six weeks, she's lost six pounds and dropped her body fat by more than 4 percent.

BioMetrix is also helping Anderson realize that being healthy is a commitment. "I feel better about myself. My life has changed because I have a different mindset." ■

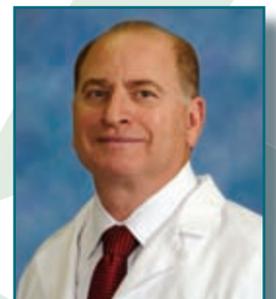
— BioMetrix is at Crystal Tree Plaza, 1201 U.S. Highway 1, Suite 9, North Palm Beach. 561-629-9000 or www.biometrix-life.com.

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RONALD ZELNICK, MD, FACS, FASCRS
Board Certified in General Surgery, Colon & Rectal Surgery
Fellow, American Society of Colon & Rectal Surgeons



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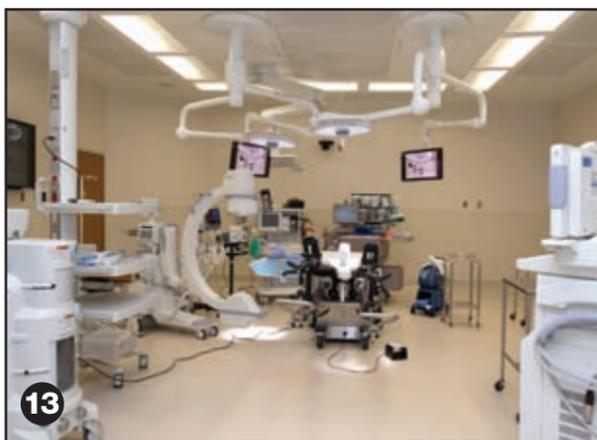
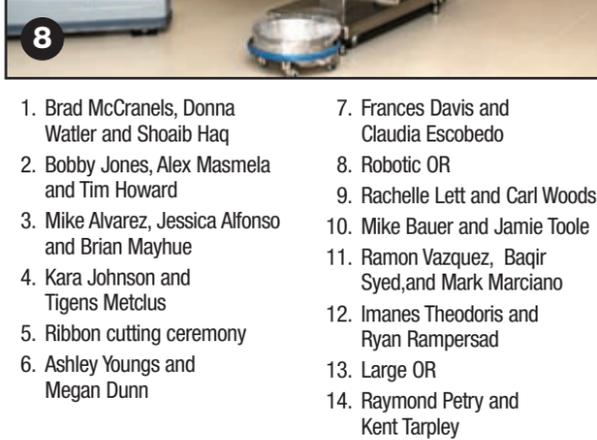
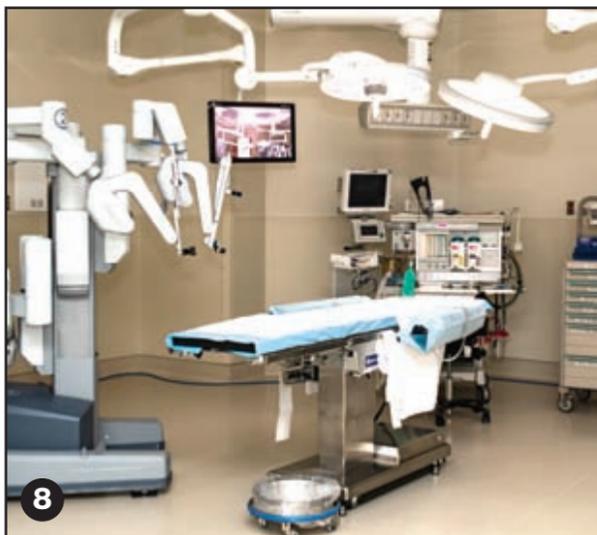
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SOCIETY

Ribbon cutting for OR expansion, Palm Beach Gardens Medical Center

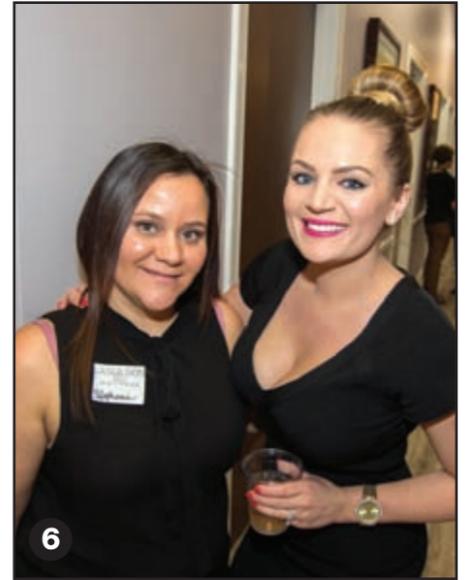


- 1. Brad McCranels, Donna Watler and Shoaib Haq
- 2. Bobby Jones, Alex Masmela and Tim Howard
- 3. Mike Alvarez, Jessica Alfonso and Brian Mayhue
- 4. Kara Johnson and Tigens Metclus
- 5. Ribbon cutting ceremony
- 6. Ashley Youngs and Megan Dunn
- 7. Frances Davis and Claudia Escobedo
- 8. Robotic OR
- 9. Rachelle Lett and Carl Woods
- 10. Mike Bauer and Jamie Toole
- 11. Ramon Vazquez, Baqir Syed, and Mark Marciano
- 12. Imanes Theodoris and Ryan Rampersad
- 13. Large OR
- 14. Raymond Petry and Kent Tarpley

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

SOCIETY

Palm Beach Obstetrics & Gynecology, Laser Skin & Wellness grand opening, Palm Beach Gardens



**Tammy Ehrmann
and Lauree
Simmons**



- 1. Idalia Baudo, Courtney Scranandre and Beth Stevens
- 2. Anais De Pineras, Terry Imai and Sindy Conover
- 3. Gregory Drew and Melinda Gill
- 4. Vivian Viteri and Karen Lederman
- 5. Sam Lederman, Vivian Viteri, Mark Enker and Irina Livschutz
- 6. Stephanie Feliz and Erin Astley
- 7. Jackie Golden and Angela Maple
- 8. Janice Laff, Sharyn Garritano and Lea Black
- 9. Sal Interlandi, Jessica Moscato and Jason Cintrella
- 10. Shannon Sanders, Adley DaSilva and Jo Goldberg

ANDY SPILOS/FLORIDA WEEKLY



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JOSEPH A. COSTELLO, JR., DC, DABCO

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Joseph A. Costello,
DC, DABCO
Palm Beach Gardens, FL



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