

PALM BEACH FLORIDA WEEKLY®

IN THE KNOW. IN THE NOW.

WEEK OF NOVEMBER 30-DECEMBER 6, 2017

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Vol. VIII, No. 6 • FREE

BY THE NUMBERS:

12 The average number of minutes an active shooter incident lasts.

43 Percent of the time the crime is over before the police arrive.

323 Mass shootings that have occurred in 2017 in the U.S.

Shooter

INSIDE:

• Run-hide-fight approach to mass shootings.

A13 ▶

How do you **stay alive** when a maniac starts pulling the trigger?



Footage from shootings at Columbine in 1999 and Zombiecon in 2016 shows just two of the many mass shootings that have occurred in the U.S.

BY BOB MASSEY

bmassey@floridaweekly.com

LIKE A SCENE OUT OF AN APOCALYPTIC horror movie, on the evening of Saturday, Oct. 15, 2015, downtown Fort Myers was swarmed by thousands of the living dead.

Well, at least folks who were dressed that way for Zombicon, the annual Halloween season festival that had crowds flooding the streets, restaurants and bars. The theme was “Fallout: 1985,” described as a 1980s throwback, post-

SEE SHOOTER, A12 ▶

Tour leader writes the book on visiting Palm Beach

BY MARY THURWACHTER

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Before Rick Rose concludes his weekly walking tours of Worth Avenue, he entertains questions. And the question he is asked more than any other is “where can I find a good book about Palm Beach?”

While there are plenty of good books that address the town’s colorful history, both in words and photos, Mr. Rose says there hasn’t been much to offer in terms of guides beyond Fodor’s and Lonely Planet Florida books. Palm Beach is relegated to just a few pages in those, not nearly enough to do the



ROSE

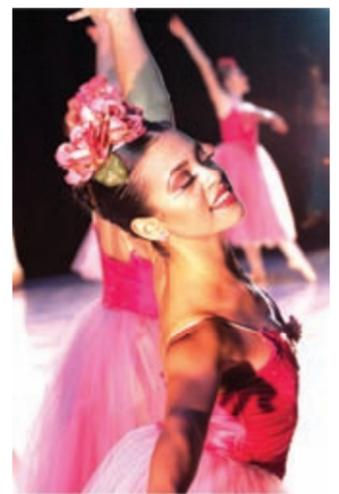
exclusive resort town inn, inspired Mr. Rose to write the book. “The guide is really meant to help someone understand what are the most significant things to see and do while you’re here,” said Mr. Rose, a second-generation Floridian, historian and the co-owner of a bed and breakfast.

justice. All that changed a few weeks ago with the debut of Mr. Rose’s book: “Palm Beach: The Essential Guide to America’s Legendary Resort Town,” a curated collection of destinations, must-sees and restaurant and shopping recommendations. All those tours leading 2,000 visitors a year around Worth Avenue and Palm Beach, and hosting more than 1,800 guests a year at his boutique

“The introduction in the guide is a brief history and almost an explanation as to why Palm Beach is the way it is in terms of being so exclusive and upscale. We locals think that everyone knows that Palm Beach is something special. Half, if not more, of the

SEE ROSE, A19 ▶

INSIDE



A new ‘Nutcracker’

Ballet Palm Beach brings its version to the Kravis. **B1 ▶**



Holiday events

Will and Anthony Nunziata, plus Seraphic Fire. **B16 ▶**



Behind the Wheel

How a stick shift gives a sports-car boost to economy rides. **A15 ▶**



Collector’s Corner

One cool vintage find that still stirs a breeze. **B2 ▶**

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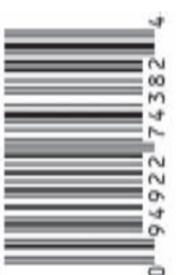


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Palm Beach Gardens Medical Center



COMMENTARY

Gift ideas for Puritans (notes to myself)



Hey Roger, as a direct descendent of the first Puritan liberal in the New World you need to shape up and think critically about indulgent gifts this holiday season.

You're morally and politically opposed to them, aren't you? So why are you weak? Why are you consistently enchanted by those big, splashy, sinful presents, like bottles of Scotch whiskey for more than \$12,000, or imported cars for more than \$100,000? What's wrong with you, bonehead? You're having too much fun. You need to be a lot stronger. You're just a puddle of excess. Get down and give me a hundred on your knuckles, you pissant! I wanna see some suffering during this holiday season. I wanna see some blood, dahmit, whether red or blue!

R

Roger, time to start thinking about Christmas, which is almost upon us. Okay, that's enough. Except for this: Jesus wouldn't recognize any part of it nowadays. Knowing that, what are you gonna give your kids for Christmas, a lump of coal?

Sorry, kid, Christmas is all about dirt poor and coal broke, because you come from Puritan stock. Your job is to save souls, not find fun and merriment under a pine tree. Here's some coal. Enjoy it before you die, kid. Painfully, as God intended.

Has anybody ever actually given his kid a lump of coal for Christmas? You could be the first.

Some kids get cars or bicycles or fancy clothes or Disney World passes or a new iPhone or a bound volume of "El Ingenioso Hidalgo Don Quijote de la Mancha" at Christmas.

And some kids get a lump of coal, maybe with a job starting at 16 in a West Virginia coal mine.

Jesus, what a world.

R

Hey Roger, wake up! Get crackin'! Hustle! Get off your rear! Go!

— Yours in the plague of conscience, R

My dear Mr. Roger Olney Williams III, father of Evan Williams and Nash Williams, son of Roger Olney Williams Jr., son of Roger Olney Williams, and 11th generation grandson of Roger Williams, formerly of London, the first liberal to arrive in the New World, settle Providence and found not only Rhode Island but the First Baptist Church in America, all while insisting his fellow Puritans keep their word in treaties with the Indians; also the first to write an English-Indian language dictionary, the first abolitionist who led the first effort to stop slavery in a British-American colony, and the first to strongly insist on the separation of church and state — and therefore the first to get his butt kicked out of Salem, Mass., one January night in 1635 during a blizzard and have to walk more than 50 miles through the deep snow to be saved by... wait for it... Jesus!

Jesus? No, I'm afraid not. He was saved by

the Wampanoag Indians, those pagans, who liked him more or less (probably less) and took him in for the rest of the winter, until he could found Providence and the state of Rhode Island, moving his family out of Massachusetts to join him:

What was I saying? Oh yeah, my dear Mr. RW, how are you doing? Having a good day? And hey, bub: Christmas is almost here. Have you bought any gifts for the family yet?

R

Dear Roger, have you considered Hanukkah? Look, pal, I ask because Hanukkah involves gifts — every day for eight days, not just on one little day — and it doesn't come with that albatross they call "the Puritan tradition" hanging around your neck. A person celebrates Hanukkah and he can eat, drink, dance, smile, laugh, and — let's just be honest — make wonderful uninhibited love with his wonderful uninhibited spouse, who isn't being choked to death by the Puritan no-pleasure tradition because she's Jewish. So wadded say? Convert to Judaism?

I would.

Sincerely, your ghost-of-Puritan-Christmases-Past,

Roger Williams

PS: Tibetan Buddhism is good, too. The Christians and the Jews have some wacko leaders and real oddballs managing affairs for them from time to time, but the Tibetan Buddhists have the Dalai Lama, and his judgment is always perfect, a signature of the heart inscribed broadly across the pages of kindness and bound forever in the book of compassion.

Hey Roger, look, why don't you worry about all this next year? Be a Puritan tomorrow, not today.

I recommend the following options for family and friends:

- The Macallan Lique Crystal Decanter of 55-year-old Highland Single-Malt Scotch Whiskey, for \$12,500, with 100 bottles said to be left available in the U.S., or something like it: (www.us.themacallan.com);

- The 2018 Maserati Quattroporte starting at just \$105,200 (www.maseratipalmbeach.com, or www.naplesluxuryimports.com);

- The bamboo fly-fishing rod with reel and case made by Jason Fox, for \$10,200 (www.etsy.com);

- "The one and only" X-15 flamethrower (legal) for about \$1,600, (www.throwflame.com);

- The Vladimir Putin Cat-Scratching Post — or posts for Obama, Clinton or Trump — for \$169, if they're not sold out (www.drunkmall.com);

- The Hillary Clinton Nut-Cracker, \$33.95, from (you guessed it) www.stupid.com;

- The 70-hour coiled beehive candle, made from beeswax, for \$32.99 at www.amazon.com;

- And finally, pal, a lump of actual coal if you can't stand all the fun — well, two lumps of coal actually "for that guy that broke up with you by text... for that lost client who decided cheaper with diminished quality from off shore is better than your quality... for that ex-girlfriend who used the old adage no man wants to hear: 'It's me, not you.'" And, I suppose, for the offspring of Puritans, just because. Coal, \$6.99 (www.thegreatcanadiangiftcompany.com). ■



"I feel like a totally new man! I'm now proud to show off my smile and it's even given me a bit of an ego boost! Thank You, Dr. Ajmo!"
- Antonio

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Palm Beach Gardens
Medical Center

DECEMBER

COMMUNITY EVENTS & LECTURES



Start Your New Year's Resolution Early – Heart Healthy Cooking Demo

Lecture by Steven Malosky, MD, Interventional Cardiologist on the medical staff at Palm Beach Gardens Medical Center

Thursday, December 7, @ 6-7:30 p.m.

Palm Beach Gardens Medical Center // Classroom 4

Are you looking to get a head start on your healthy New Year's Resolutions, but don't know your way around the kitchen? Join Dr. Malosky and a PBGMC chef for a heart healthy cooking demo paired with a lecture. Afterwards, you'll even get to sample the nutritious food.

Reservations are required. Please call 855.387.5864 to make a reservation



Depression Related Heart Disease – Mended Hearts Program

Lecture by Upton Sagar, MD, Cardiologist on the medical staff at Palm Beach Gardens Medical Center

Tuesday, December 12 @ 6-7 p.m.

Palm Beach Gardens Medical Center // Classroom 4

Palm Beach Gardens Medical Center is teaming up with

The Mended Hearts Program to provide support for heart disease patients and their families. Members will be able to interact with others through local chapter meetings, volunteer opportunities and special events. Members are encouraged to listen, share their experiences with other heart patients, and learn from healthcare professionals about treatment and recovery. A small fee* will be collected by the Mended Hearts Program for registration. This month, join Dr. Sagar for a lecture on depression related heart disease.

*\$5.00 per year will be collected solely by the local Mended Hearts Program to provide educational materials for members.

*\$20.00 per year will be collected solely by the Mended Hearts Program if participants would like to become a national member.

*Reservations are required. Please call 855.387.5864 to make a reservation
Light dinner and refreshments will be served.*



Hands-Only CPR Class*

Tuesday, December 19, @ 6:30-7:30 p.m.

Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. Palm Beach Gardens Medical Center

has teamed up with Palm Beach Gardens Fire Rescue to provide free monthly CPR classes for the community. Classes will be held at Fire Station 1. Local EMS will give a hands-only, CPR demonstration and go over Automated External Defibrillator (AED) use. Participants will have the opportunity to practice their new skills using CPR manikins.

*Certification will not be provided

Please call 855.387.5864 to make a reservation



FREE Community Chair Yoga Class

Class taught by Sara Chambers, RN, BSN, CYT

Please choose one class option:

Wednesday, December 6 or

Wednesday, December 20, 6-7 p.m.

Palm Beach Gardens Medical Center // Classroom 4

Palm Beach Gardens Medical Center now offers a chair yoga class for the community. The class will be taught by the assistant nurse manager of cardiac rehab, Sara Chambers, who is also a certified yoga instructor. Using the same techniques as traditional yoga, the class is modified to allow for gentle stretching, designed to help participants strengthen their muscles and work on their balance.

Please call 855.387.5864 to make a reservation

Smoking Cessation Classes

PBGMC (3360 Burns Road, PBG FL 33410) // Classroom 3

Palm Beach Gardens Medical Center is teaming up with the Area Health Education Center to provide education on the health effects related to tobacco use, the benefits of quitting and what to expect when quitting. A trained Tobacco Cessation Specialist guides participants as they identify triggers and withdrawal symptoms and brainstorms ways to cope with them.

The class is delivered over six, one-hour sessions, from 5:30-6:30 p.m.

- Wednesday, December 6th
- Wednesday, December 13th
- Wednesday, December 20th
- Wednesday, January 3rd
- Wednesday, January 10th
- Wednesday, January 17th

Please call 855.387.5864 to make a reservation

All screenings held at: Palm Beach Gardens Medical Center

FREE COMMUNITY SCREENINGS

Free Heart Attack Assessment Screenings

(blood pressure, BMI, glucose and cholesterol)

Wed, December 13 @ 7am-11am | Classroom 3

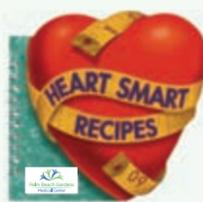
Please call 855.387.5864 to make a reservation

Osteoporosis Screenings

(for women only)

Thursday, December 21 @ 9am-1pm | Outpatient Entrance

Take steps toward being heart healthy!
visit PBGMC.com/pledge to enter to Receive a **FREE Cookbook!**



FOR RESERVATIONS, PLEASE CALL

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Palm Beach Gardens Medical Center | 3360 Burns Road | Palm Beach Gardens | PBGMC.com

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OPINION

The hypocritic oath

BY BOB FRANKEN

There's no such thing as the Hypocritic Oath, but there should be. Translated from the original Pig Latin, it is: "Be sanctimonious if you want, but don't get caught doing the very same thing you're so holier-than-thou about, otherwise it'll bite you in the butt." That is a very loose translation.

Among those it has bottom-bitten is Sen. Al Franken. He goes first because we're related. We're friends, so anyone who's not happy with what I say here can rip me a new one. Al has been outspoken about female rights, but don't you know, he stands accused of physically imposing himself on fellow performer Leeann Tweeden while on a USO tour 11 years ago. Not only that, but he was photographed pretending to grope her chest while she slept. It was tasteless, to say the least, and stupid.



SEN. AL FRANKEN

Now a second woman has come forward to say that while she posed with Franken at the Minnesota State Fair, he grabbed her rear end. So, is he a hypocrite? Al himself says he is. In his apology to Tweeden, he wrote: "I respect women. I don't respect men who don't. And the fact that my own actions have given people a good reason to doubt that makes me feel ashamed."

Our next stop on our hypocrite parade is TWEETUS, Mr. President. No sooner had Sen. Franken been hoisted by his own petard than President Donald Trump took to Twitter to bang out: "The Al Frankenstein picture is really bad, speaks a thousand words." First of all, the doofus misspelled "Frankenstein." Secondly, if there's anyone who should be avoiding this subject, it is Donald Trump, who is charged with all manner of sexual violation. Fourteen women that we know of



have claimed that they were his victims. He'd often brag about such things.

Trump, of course, is from the never-admit-anything school, much like Roy Moore in Sweet Home Alabama. Moore has been credibly accused of being sweet on just about any teenybopper in a skirt back when he was in his 30s, which was nearly 40 years ago. He stands accused of sexually assaulting a 14-year-old, among others. Moore denies it all, and he's refusing to abandon his Senate bid. He's rallying his fellow Christian fanatics, who are normally sternly prudish about sex — except when it comes to their boy Roy, and Donald, of course.

But let's spread the love; hypocrisy is definitely bipartisan. With our sudden interest in purging all piggishness, those leading the charge are the very same ones

who ran interference for Bill Clinton back when he was president and faced a drumbeat of credible charges. That's because he supported their progressive agenda. Monica Lewinsky and Paula Jones were just two of the women they savaged. They have a lot to answer for, and so does Hillary, who was criticized by enemies as being her husband's perv enabler. Now she's telling a radio interviewer that "Every situation has to be judged on its own merit," meaning husband Bill's situations were somehow different. They were not.

Obviously, there's a huge difference between politicians, certainly now, but there's one thing they have in common on all parts of the left-middle-right spectrum: Most of them are card-carrying hypocrites. ■

Alabama's Roy Moore is pure Steve Bannon



Roy Moore is the Steve Bannon project in a nutshell.

For the former Trump operative, the Alabama Senate candidate's tattered credibility is a feature, not a bug. If Moore had well-considered political and legal views, good judgment and a sterling reputation, he'd almost by definition be part of the establishment that Bannon so loathes. Since Moore has none of those things, he's nearly an ideal representative of the Bannon insurgency.

Events in Alabama make it clear that Bannon's dime-store Leninism — burn everything down, including perhaps the Republican Senate majority — comes at a considerable cost. In this enterprise, the truth and standards don't matter. Being anti-establishment is an escape clause from personal responsibility, and war means proudly defending the indefensible.

It's no accident that Bannon ended up joined at the hip to the one Republican in the state of Alabama who might be capable of losing a Senate race. Bannon

went out of his way to associate himself with Moore, and to make the former judge — twice jettisoned from the state's highest court — a poster boy for his style of politics.

There are two options in terms of Bannon's role in Alabama.

If he's the Svengali he portrays himself as, he's falling down on the job. It appears Bannon didn't do thorough opposition research on his own candidate, a standard professional practice, and couldn't prevail on Moore to get his story straight before talking to the media.

Then there's the option that Bannon is simply a glorified bystander in Alabama, which is consistent with the fact that Moore would have almost certainly won the primary with or without Bannon's support. Donald Trump was Donald Trump long before Bannon showed up, and, sure enough, he's been Donald Trump since Bannon left the White House.

Ultimately, Bannon is a barnacle on the Trump brand, although one that can't get his story straight. Sometimes he says the Trump administration is effectively over, in which case he's implicitly saying that his erstwhile boss abandoned his voters within a year of taking office.

Bannon doesn't dare follow this thought through to its logical conclu-

sion. Instead, he inveighs against Senate Majority Leader Mitch McConnell.

Bannon's argument that a globalist cabal has coalesced to thwart Trump's agenda in Washington is contemptible nonsense. Obamacare repeal and replace failed in the Senate, not because McConnell wasn't determined to pass it, but because three Senate Republicans went their own way despite McConnell's good-faith efforts.

If Moore were in the Senate, he'd presumably be a reliable Republican vote like any other Alabama senator. The only difference is that he hates McConnell. Is that worth the reputational risk to the party of being associated with such a compromised figure? If there is a new Republican Senate leader in the next Congress, he sure as hell isn't going to be a bomb thrower (Senate leaders never are). So what's the point?

Apparently to find an unbelievably checkered collection of Senate candidates, and to put Senate seats at risk by nominating them, no matter what their electoral appeal or vulnerabilities. Steve Bannon wants as many Roy Moores as possible.

— Rich Lowry is editor of the *National Review*.



COURTESY PHOTO

Palm Beach Holiday Boat Parade, toy drive coming up Dec. 2

It lights up the night and it lights up the water.

And along the way, the Palm Beach Holiday Boat Parade and "On the Water" Toy Drive will help brighten the lives of children in need.

The boat parade and toy drive will be held at 6 p.m. Saturday, Dec. 2, in North Palm Beach. The events, now in their 23rd and 18th years, respectively, are produced by the Marine Industries Association of Palm Beach County. The toy drive benefits Toys for Tots and Little Smiles.

The parade starts at the north end of the Lake Worth Lagoon and proceeds north on the Intracoastal Waterway to the Jupiter Inlet Lighthouse. Tens of thousands of spectators are expected to view the procession of dozens of decorated vessels amid traveling fireworks. Extended fireworks will be held at Harbourside Place, with a grand finale at the Jupiter Inlet Lighthouse. In addition to these, popular viewing locations include Juno Park, Bert Winters Park, Sawfish Bay Park and Lighthouse Park.

Sal "The Voice" Valentinetti, a past runner-up of "America's Got Talent," will join grand marshals Mo and Sally from KOOL 105.5. Santa Claus will make an appearance on the last boat.

The Palm Beach Holiday Boat Parade benefits the U.S. Marine Reserve's Toys for Tots Program and Little Smiles of South Florida. Last year, 10,000 toys

were collected for needy children in Palm Beach County, making it event one of the area's top toy-collecting events. A list of local businesses accepting toy donations is available by visiting www.palmbeachboatparade.com. Toys will also be collected dockside during the parade by a fleet of marked toy boat volunteers.

Deadline for boat entries has ended, but judging is based on lights, enthusiasm and themed decor. The top three boats in each size category, plus "Best of Parade," win a total of more than \$10,000 in cash and prizes.

In order to allow parade vessels to pass, bridges along the route will be open, resulting in temporary road closures. Times are not exact, but based on past parades, Parker Bridge will open between 6 and 6:15 p.m. PGA Bridge will open between 6:30 and 6:45 p.m. Donald Ross Bridge will open between 7:15 and 7:30 p.m. Indiantown Road Bridge will open between 8 and 8:15 p.m. Jupiter Federal Bridge will open between 8:15 and 8:30. Boat parade permitting allows a 45-minute opening for all bridges, so travelers are advised to use alternate routes. Regular bridge opening schedules will be in effect when the parade is completed at the Jupiter Inlet Lighthouse.

For more information, visit www.palmbeachboatparade.com, email alyssa@marinepbc.org or call 561-863-0012. ■

MCC plans AIDS Day service, celebrates new instruments

The Metropolitan Community Church of the Palm Beach Gardens serves the local LGBT community and its loved ones. In February, it launched a fundraising effort to replace the church's vandalized organ and aged piano.

The church recently welcomed about 100 followers and friends to a concert featuring its new Yamaha C-3 grand piano and Rodgers 599 organ, purchased from the \$61,000 raised during the campaign.

"After our church was vandalized last year, the support from the community was overwhelming," said Senior Pastor Rev. Dr. Lea Brown. "The kindness and generosity of so many people helped us to raise the more than \$60,000 we needed to purchase these beautiful new instruments."

Metropolitan Community Church will

honor World AIDS Day at 10:30 a.m. Sunday, Dec. 3. The church will also launch a Jubilant Song Concert Series in 2018, featuring sacred, classical, folk, instrumental choral and solo music.

For more information, call 561-775-5900 or visit www.mccpalmbeach.org. ■

in the know

Metropolitan Community Church World AIDS Day

With guest preacher Mary Fisher

>> **When:** 10:30 a.m. Sunday, Dec. 3

>> **Where:** 4857 Northlake Blvd., Palm Beach Gardens

>> **Info:** 561-775-5900 or www.mccpalmbeach.org.

Tourney benefits families of fallen officers

The second annual Golf for C.O.P.S. charity tournament will be held on Monday, Dec. 11, at Tequesta Country Club. Proceeds benefit the Concerns of Police Survivors organization, providing families of fallen law enforce-

ment officers with critical emotional and financial support.

Most of the 25 foursomes have been filled, but sponsorships are still available. To learn more, email charities@themcdavidgroup.com. ■

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PAPA
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& PHYSICAL THERAPY

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PET TALES

Pet books

BY KIM CAMPBELL THORNTON
Andrews McMeel Syndication

It's that time of year again — the season of gift giving. We gave up long ago trying to find just the right trinket for family and friends; we just give books instead. There is always something to suit anyone's interests. If you're buying for pet lovers this year — or for yourself — there's a "bonanza" of books from which to choose.

Raise a glass to working-class cats employed in security, brand management and customer relations at breweries, distilleries and wineries. You'll giggle your way through Brad Thomas Parsons' "Distillery Cats," profiles of 36 feline members of the organic pest control brigade. With its charming illustrations, quotes from cat lovers and drink recipes, it's a spirited choice for anyone who appreciates cats and cocktails.

Does your cat have mojo? He will if Jackson Galaxy, star of "My Cat From Hell," has anything to say about it. Cat mojo is all about confidence, Galaxy says, in his new book "Total Cat Mojo: The Ultimate Guide To Life With Your Cat." Filled with Cat Daddy Facts about feline genetics, anatomy, habits and history, the crash course in cats, co-authored with animal behavior expert Mikel Delgado, Ph.D., covers the whys and wherefores of cat behavior, physical and emotional needs, and how to troubleshoot tabby tizzies.

First-time dog owners will benefit from "Modern Dog Parenting" by trainer and behavior consultant Sarah Hodgson. There's advice on understanding canine



An assortment of new books is available to please first-time and experienced pet owners.

behavior, dealing with dog dramas; recognizing fears; providing good grooming, first aid and nutrition; and, of course, having fun together.

John Shivik didn't like cats. Then Pinguino entered his life. The relationship they developed led to the wildlife biologist's study of animal personalities, presented in his book "Mousy Cats and Sheepish Coyotes." With humor, heart and science, he explores the bonds between humans and animals. "All of us would do better if we learned to accept individual personality in all animals, even when it means giving up a little of our own individuality," he writes.

Here's one for the murder-mystery fans. At a Christmas tree farm, Melanie Travis finds a surprise beneath one of the

trees — a dead body guarded by a shivering Maltese. Travis finds herself plunged into a mystery as she seeks to identify the man and notify his family. In "Wagging Through the Snow," the 21st of the series, author Laurien Berenson weaves together mystery, humor, dogs (of course!) and the effects of alcoholism and homelessness on families to create a short but sweet holiday tale.

Readers with a strong interest in the science behind the workings of the brain will appreciate "What It's Like to Be a Dog: And Other Adventures in Animal Neuroscience." Author Gregory Berns, who trained dogs to willingly enter (and lie quietly in) an MRI scanner so he could better understand how they thought, follows up by addressing the complexity of animal intelligence and emotions.

Remember ultramarathoner Dion Leonard, who unexpectedly acquired a canine teammate during a 155-mile race through China's Gobi Desert last year? His book "Finding Gobi" chronicles the story of how the little stray dog attached herself to him during the race, determined not to fall behind, and how he grew to love her. But love is never easy, and Leonard encountered numerous obstacles to bringing Gobi home to Edinburgh, not least of which was her mysterious disappearance after the race, miraculous recovery and a four-month quarantine in China before they could go home together. He writes: "... from the moment I said yes to Gobi, my life has been different. She has added to all the good things in my life and brought healing to some of the bad." ■

Pets of the Week



>> **KB** is a 4-year-old, 58-pound male mixed breed dog that loves to go on walks.



>> **Girly** is a 13-year-old female cat that needs a home. She has tested positive for FIV. She qualifies for the Fospice program. Adopt her and all routine medical care, food, medication and other supplies will be provided by the shelter, free of charge.

To adopt or foster a pet

The Peggy Adams Animal Rescue League, Humane Society of the Palm Beaches, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at www.hspb.org. For adoption information, call 561-686-6656.



>> **Amelia** is a 1-year-old female classic blue tabby with white fur. She is a large, affectionate love bug who really enjoys contact with her humans.



>> **Night Sky** is a 1½-year-old black female cat that loves getting attention from her humans.

To adopt or foster a cat

Adopt A Cat is a free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment (call 561-848-4911, Option 3). For additional information, and photos of other adoptable cats, see www.adoptacatfoundation.org, or on Facebook, Adopt A Cat Foundation. ■

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2017 BetterU Challenge updates

The American Heart Association has launched a program with Koko Fit Club to improve the cardiovascular health of Palm Beach County women.

The purpose of the Go Red For Women BetterU Challenge is to empower women to take charge of their heart health because heart disease is their No. 1 killer, yet 80 percent of all cardiovascular events may be prevented.

Here's a look at how the 10 women who are participating in BetterU are faring:

- Eight weeks of the challenge completed
- All 10 women still actively pushing to the end of the challenge
- Such great results that Koko FitClub of Abacoa has agreed to host another challenge for 10 more, with participants starting in January.

Pattie Light

When we quietly commit to ourselves that we need to improve the quality of our life and eliminate certain behaviors or add others,



LIGHT

it's hard to make that promise stick. But can you imagine telling the whole community, "I'm in! Sign me up and then watch me?" I have so much respect for our ladies because they are all managing to thrive throughout

the 12-week process. They are finally giving themselves permission to take the time to care for themselves instead of others. It's our honor to help them make the change of a lifetime.

Lee Ann Atkinson

The Better U Challenge has been an amazing experience so far. It is the first time ever that I have consistently dedi-

cated time to myself to exercise. I have been to KoKoFit Club 33 of the last 35 days and feel great!

Lisa Robare

The BetterU Challenge has helped me get back on track with goals to a better me.

I am very grateful to have been accepted to this challenge. It definitely has helped me get focused on myself so that I can strive for a longer, healthier life.

My strength has improved so much since the beginning of this challenge.

I haven't met my weight goal, however the inches for me makes more of a difference when I'm feeling good in my clothes. For me, Koko FitClub is like a family — the fitness coaches and the smart machines are there to help guide us to what will work best for us.

I definitely feel that I'm in the right place and on the right track. My focus is to continue to keep my head up and my heart strong. ■



Margaret Walter



Erin Westberg



Liliana Penalver-Murray



Lisa Robare

Remember or forget? Memory depends on subtle brain signals

The nose knows how to trigger memories.

The fragrance of hot pumpkin pie can bring back pleasant memories of holidays past, while the scent of an antiseptic hospital room may cause a shudder.

Scientists on the Jupiter campus of The Scripps Research Institute (TSRI), writing in the journal *Cell Reports*, detailed how the intricate biochemical mechanism for storing scent-associated memories differs slightly from a less-understood mechanism for erasing unnecessary memories.



DAVIS

Understanding how brains actively erase memories may open new understanding of memory loss and aging, and open the possibility of new treatments for neurodegenerative disease.

In multiple ways, the processes of forgetting and remembering are alike. In fruit fly models of odor-associated learning, both the saving and erasure of memories involves dopamine activation of the brain cells. This clue is important for understanding the human brain.

"The olfactory systems of flies and humans are actually quite similar in terms of neuron types and their connections," study leader Ron Davis, Ph.D., co-chair of TSRI's Neuroscience Department, said in a statement.

Also, in both remembering and forgetting, activation of the neurons causes them to make an identical messenger molecule, cyclic AMP, leading to a cascade of activity within the cell, either building or breaking down memory storage, Dr. Davis said.

"So how do the cells know when they are getting a forgetting signal verses an acquisition signal? That was the huge, perplexing question," he said.

TSRI Professor Kirill Martemyanov, Ph.D., and Staff Scientist Ikuo Masuho, Ph.D., found that a type of signaling protein in neurons played a role. Dr. Masuho and Dr. Martemyanov screened a panel of these signaling proteins, called G proteins, against cells that expressed two key receptors known to be involved in memory and forgetting.

It appears in flies that some level of forgetting is a constant, healthy process.

"The idea is, constantly as we learn information, there is a slow process that whittles away memories, and it continues whittling them away unless another part of the brain signals the memory is important and overrides it," Dr. Davis said.

It may be that the process of acquiring and forgetting memories ebbs and flows in a state of balance, he said. Important memories like the taste of pumpkin pie might be forever retained, but trivialities like what you wore 10 years ago can fade into oblivion without consequence.

"If you have too much memory that is old and unnecessary, why keep them around? Why shouldn't you have a system for removing those for optimal function of the brain?" Mr. Davis asked. "We're getting all this information, all this learning during the day, and the brain may be saying, 'No, no, bring me back to my basal, my happy state.'"

Many questions remain to be solved, he noted. "We need to figure out what is downstream—walk down the pathway to find the complete signaling system for forgetting," he said. "We are very early in this research." ■

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HEALTHY LIVING

Gratifying relationships may lie beyond family

lindaLIPSHUTZ

llipshutz@floridaweekly.com



Melissa had promised herself she would be over it by now.

She had sworn that as a mature woman with an accomplished career and a family of her own she wouldn't allow herself to get upset by the relationship of her mother, Doris, with Melissa's younger sister, Natalie. Melissa was sick and tired of hearing how wonderful Natalie was. It had gotten to the point that Melissa was now avoiding her mother's calls.

From Melissa's vantage point, Natalie had been the apple of Mom's eye from the time Natalie was a little girl. Adorable and agile from the outset, Natalie had shown exceptional prowess and eventually had aspirations of becoming an Olympic gymnast. Mom had tirelessly promoted Natalie's ambitions, investing a small fortune of her own money and tireless hours of her time traveling the globe for training and competitions.

However, even after an unfortunate accident as a teen halted Natalie's promising career, Mom did not shift her focus to pay more attention to her other children.

It was upsetting enough that Mom had never been around when they were younger, but even now, when the three siblings had become adults and had families of their own, Mom's attention remained focused on Natalie and Natalie's family.

Of course, on the few occasions when Melissa complained about this unequal treatment, Doris vociferously denied showing favorites. Doris would insist that she loved all three of her children (and grandchildren) equally.

But, even the most neutral outsider could observe that Doris and Natalie shared a unique bond — one that far eclipsed her relationships with her other children. And, as much as she tried, Melissa was just not able to let it go. Did Mom not see how obvious it was that she favored Natalie hands down?

Even though we might consider ourselves to be reasonable, well-adjusted adults, and would like to think we've taken proactive steps to work through the realities and insecurities of our childhoods, there may still be deeply rooted wounds that fester just below the surface.

Despite our efforts to tamp down any negativity, and to take the proverbial "high



road," there will always be certain people and/or situations that may trigger our deepest vulnerabilities. This may lead to an almost reflexive, visceral reaction of ugly feelings and behaviors that come roaring to a head.

There has been much written about the impact of our sibling relationships on our psyches. What is it about those earliest sibling rivalries that allow them to fuel so many hurts and insecurities throughout our lives? Why can't we just let them go?

Sibling relationships often are the longest interpersonal relationships most of us will ever have. Whether these connections have been deeply rewarding or seriously flawed, siblings share an interconnected legacy.

Because our sibling relationships are usually our first interpersonal experiences (outside of parental bonds), these relationships largely shape our sense of self and others. There are many factors that will influence the intensity of the sibling bond, including, but not limited to, birth order, genetics, individual temperaments, the individual's gender, the way the individual is treated within and outside the family and the ethnic and socio-economic environment. Each child's experience may be very different — when each child is born and when the family may face different stresses and financial challenges.

It's important to further note that, independent of parental influences, siblings often strive to distinguish themselves from each other, often competing to best each other by interpersonal, athletic and academic achievements. This sibling com-

petition is often a catalyst that enables family members to form separate identities and personalities.

The parental-child relationship is a complicated mix of each person's behavior and, importantly, how each person perceives he or she is being treated emotionally by the others. Obviously, this is a very subjective assessment, and different family members may strongly challenge another person's perception of the family truth.

Most parents will profess to love their children equally and will insist they are not only treating their children the same, but fairly. It is very difficult for any parent to accept that he or she may have shown favoritism, and in the process, may have caused undue hurt. Parents may find themselves drawn to the child who is more accepting and loving toward them, or who they feel they have more in common with.

From a very early age, many young people have radars up, watching to see how they are being treated and comparing this to how they perceive their siblings are being treated. They quickly learn the family culture and can differentiate the parental reactions to their mishaps, watching to see if parental favor is meted out to the other's advantage.

In many instances the sibling interaction can be a blueprint for a pattern of how a person may treat other important people outside of the family — whether romantic, friendship or workplace related — or how they believe others are treating them. Sometimes a person with

self-esteem issues may attribute negative motives to family members that can be a telling statement of his/her own vulnerabilities, rather than actual mistreatment.

Some may say, "You pick your friends, not your family." This expression can be quite instructive in guiding us through the sibling drama. When familial relationships have been particularly painful, there might be a strong incentive to gain insight and to make realistic changes.

Some siblings are able to have mature, heartfelt conversations as adults with the aim of smoothing rough edges and a desire to carve out new possibilities. They may come to understand that sometimes the very tensions felt between siblings who perceive themselves as being treated unequally have aggravated family ties.

Because these patterns may be so deep-seated in each of our personality, identity and world-view, it can be quite difficult, if not impossible to shift to a different perspective of understanding family dynamics. Accepting the realities and letting go of grudges requires flexibility and a willingness to accept some disappointment and ultimately to forgive and/or apologize.

When we strive to fill our lives with gratifying relationships and meaningful pursuits, we often take important steps to build a full life apart from our family of origin. It is in our reach to "choose" gratifying connections that may hopefully lessen the powerful sting of hurtful family wounds and to enhance an important dimension of our lives. And, importantly, at times, we must all take self-protective steps and may navigate demoralizing family relationships accordingly.

And, of course, parents and grandparents should take special care to make sure they notice the unique qualities of each of their offspring, and to make an effort to demonstrate their admiration and support of each individual, by their affirmations and actions. Reminding ourselves that these efforts may have a far-reaching impact on the emotional well-being of the people who are so important in our lives could be the catalyst to make us mindful of highlighting the special traits of each of our children. ■

— Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached in her Gardens office at 561-630-2827, online at www.palmbeachfamilytherapy.com, or on Twitter @LindaLipshutz.

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Know the signs

Not everyone who has an eating disorder is dangerously over- or underweight

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How do you feel after you eat? Satisfied? Too full? Or maybe even guilty? Being too focused on food can sometimes turn into an eating disorder.

People with eating disorders have severe, persistent and unhealthy thoughts and behaviors about food. As a result, they might eat way too little or way too much.

Eating disorders are not a lifestyle choice. They are serious illnesses that affect your body's ability to get proper nutrition. This can lead to health issues, including heart and kidney problems or even death.

The three most widely recognized eating disorders are binge-eating disorder, bulimia nervosa and anorexia nervosa. Binge-eating disorder is the most common eating disorder in the United States.

"Binge-eating is not just a lot of over-eating," explains Dr. Cynthia Bulik, an expert on eating disorders at the University of North Carolina-Chapel Hill. "There's this sense of loss of control. You start eating, and you feel like you just can't stop."

People with binge-eating disorder eat well beyond being full. They often eat until they feel very uncomfortable. Afterward, they're usually overcome by feelings of guilt, shame and distress. They are often obese.

When binge eating is followed by "purging," it's called bulimia nervosa. People with bulimia nervosa might follow binge eating by vomiting or taking laxatives to purge, by fasting or by over-exercising. They're often able to maintain a normal weight because their purging compensates for the extra calories, but bulimia nervosa can cause other health issues, like heart irregularities or problems with the digestive system.

On the other extreme, people with anorexia nervosa eat very little. They see themselves as overweight, even when they are dangerously underweight. It's the least common of the three eating disorders, but is often the most deadly.

An eating disorder can develop for anyone, at any body weight or shape and at any time. But most eating disorders start in the teen or young adult years.

"When young people show signs of an eating disorder, there is this tendency to think that they might outgrow it or that it's just a phase," Dr. Bulik says. "But the most likely path is in the direction of developing a full-blown eating disorder."

What causes eating disorders isn't known. Genes and family history, mental and emotional health, as well as environment and culture can all influence whether someone develops one of these complex conditions. Some NIH-funded researchers are studying possible genetic causes for eating disorders. Others are looking for changes in the brain. They hope their studies will help guide how eating disorders are diagnosed and treated.

Because many people with eating disorders might not think they need treatment, family members and friends can be very helpful. Express concern. Say you're there to listen.

"If you're concerned that you or a family member might have an eating disorder, the key is really to see a health professional with expertise in eating disorders for an evaluation," Dr. Bulik says.

Treatment plans tailored to individual needs can include talk therapy, nutritional counseling and medications. ■



in the know

Unhealthy eating habits

You can't tell by someone's size if they have an eating disorder. But you can look for certain signs:

- >> Skipping meals.
- >> Making excuses for not eating.
- >> Eating in secret or separately.
- >> Persistent worrying or talking about healthy eating, exercise, being overweight or losing weight.
- >> Eating much more food in a meal or snack than what's considered normal.
- >> Eating large amounts of sweets or high-fat foods.
- >> Leaving during meals to use the toilet.
- >> Expressing depression, disgust, shame, or guilt about eating habits.
- >> Frequently checking the mirror for perceived flaws.

Ask the Health & Beauty Experts



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Wendy Miller
Acupuncture Physician
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SHOOTER

From page 1

apocalyptic mix replete with bands, DJs, dance troupes and other exotic entertainments. Not to mention the estimated 20,000-plus participants, most of them made up as zombies.

For Capt. Jay Rodriguez of the Fort Myers Police Department, the crowds — which had been reveling since the festivities started at 4 p.m. — were now thinning as the event approached its conclusion at midnight. As the on-site supervisor for the event, he had a detail of other officers strategically placed throughout the area, on the alert for any signs of trouble that, thus far, never materialized.

But then, at about 11:45 p.m., Capt. Rodriguez received the call that no law enforcement officer wants to hear in a crowded venue.

“Shots fired.”

“Immediately, we just ran to the location where we heard the shots,” Capt. Rodriguez said. “By the time we got there, there was no one actively engaged in the shooting, so the question was, ‘Who is the suspect?’ Now you have a wide variety of potential suspects, but you want to prevent further loss of life. We didn’t know what we had or who we had or how many we had, so we just went ahead and cleared downtown Fort Myers — a pretty excessive crowd in the thousands — in about 14 minutes.”

The shooter, who has never been apprehended, had sprayed gunfire into a crowd, killing one person and wounding six others. In spite of that, there is one thing everyone agrees upon: It could have been a lot worse.

It was a very different scenario than in many other active shooter situations, where the perpetrator is identified, and often caught in the act. It’s certainly different from the incident where Devin Patrick Kelley killed 26 at First Baptist of Sutherland Springs, Texas, earlier this month. And that shooting was very different from Stephen Paddock mowing down 58 and injuring 546 when he opened fire from his hotel room on a crowd attending a concert in Las Vegas last month. Which was different from Sandy Hook Elementary School in Connecticut, where Adam Lanza took 26 victims — 20 of them children — in 2012. Or Omar Mateen’s slaughter of 49 patrons of Orlando’s Pulse nightclub last year.

“Every circumstance can be very, very different,” said Charlotte County Sheriff Bill Prummell. “From what recent history has taught us, we could be facing anything at any time at any place. Your perpetrators nowadays are not using just firearms. They’re using vehicles, blades, explosives.”

Even so, there are enough similarities to allow the law enforcement community to address the questions plaguing us: What kind of individual would so unconscionably perpetrate such crimes? Can they be identified in advance, potentially preventing tragedy and the massive loss of human life? What should a bystander do in an active shooter situation to avoid becoming a victim?

The answers to these questions are not always as easy as we’d like to think.

Who are you?

The FBI defines an active shooter as one or more individuals actively engaged in killing or attempting to kill people in a populated area. Unlike a defined crime, such as a murder or mass killing, the “active” aspect allows that both law enforcement personnel or civilians have the potential to affect the outcome of the event based upon how they respond.

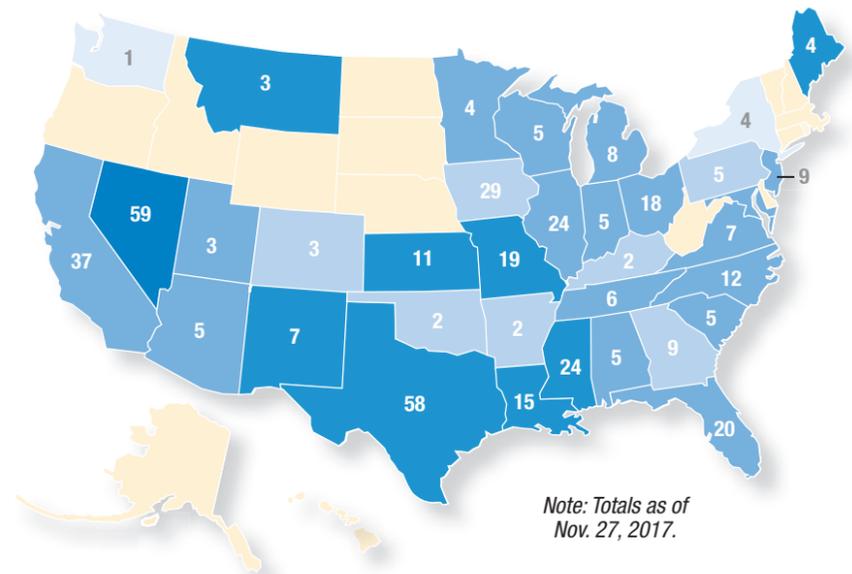
Thus, for example, Kelley presumably could have murdered more victims

Mass shootings by state

Until Stephen Paddock opened fire at a Las Vegas country music festival, Texas had the highest number of deaths by mass shooting in the nation in 2017. Because of Nevada’s small population, it is up to 20 mass shooting deaths per one million people this year. The map below rates each state for mass shooting deaths per million and gives the total deaths for the year.

Mass shooting deaths per one million by state in 2017.

0-0.3 0.3-0.7 0.7-1.9 1.9-7.7 20 No mass shootings



Note: Totals as of Nov. 27, 2017.

SOURCE: GUN VIOLENCE ARCHIVE

SCOTT SLEEPER / FLORIDA WEEKLY

in the Texas church had he not been engaged by a gun-wielding private citizen.

That there has been an increase in active shooter incidents over the last nearly two decades is not a matter of debate — only by how much. A controversial report released by the FBI in 2013 has come under scrutiny for its criteria, claiming a higher percentage in frequency than statistics indicate. Everyone would agree, however, that this type of event occurs all too often.

A separate FBI document giving single-paragraph descriptions of active shooter incidents in the United States from 2000-2016 is 30 pages long. And a report from the Congressional Research Service — in which mass shootings are defined as those in which shooters select victims somewhat indiscriminately, and kill three or more people — place Las Vegas as the 38th mass shooting in the nation this year. Add to those the incidents that have occurred outside of public places, and the tally rises to 307 (www.shootingtracker.com).

The active shooter phenomenon is made all the more frightening for its unpredictability.

“Although risk can be assessed,” according to a presentation by Patrick Diggs, a behavioral health consultant in St. Petersburg, “violence is impossible to predict.”

“Most shooters want to produce the most casualties within the first couple of seconds of firing, so they pick the highest concentration of people by firing into crowds,” said Robert Scali, a veteran Green Beret, former bodyguard for Hollywood action star Steven Seagal, and author of “The Unconventional Close Protection Training Manual,” which has several chapters pertaining to active shooters. “It’s historically the same thing. It’s a mindset. A lot of people who commit these acts are not trained, but they have casualty-producing weapons.”

There is no practical profile to help us pinpoint a potential shooter. What can be gleaned is that attacks are rarely random, and are usually the product of organized thinking and behavior. It is not uncommon for them to suffer from borderline personality disorder, narcissistic personality disorder or a sociopathic personality.

According to Mr. Diggs, active shooters might exhibit certain traits such as a belief that they are being treated unfairly, a history of threats or intimidation or a tendency toward violent behavior, substance abuse, an obsession with firearms and volatile or impulsive behavior. Also,

they are usually male, paranoid, do not take well to criticism and hold a grudge. They are also likely to know at least one person at the kill site.

In the interest of prevention, the persons most likely to notice these behaviors — especially if they have been worsening over time — are usually friends or family members.

“If anything looks out of the ordinary, make sure you report it to law enforcement,” said Capt. Rodriguez. “It might be someone you know personally who’s starting to talk out of character about doing something. A family member will notice something out of whack, or a person starting to act differently. If we could catch it early, we could prevent loss of life.”

If the worst does occur, however, individuals need to prepare physically and mentally to respond to an active shooter incident.

Practice makes perfect

In the early 1990s, a new slang phrase crept into the American lexicon — “going postal.” The term evolved from several acts of workplace violence committed at U.S. Postal Service facilities in various locations over several years.

Postman Patrick Sherrill was the catalyst for the trend, killing 14 fellow USPS employees and wounding six in a 1986 incident in Edmond, Okla. Two more such events followed in 1991, and another two in ’93.

While the series of shootings jarred the American culture, it was the Columbine High School massacre that launched the realization that law enforcement needed to revise their active shooter protocols.

“Columbine changed police strategies,” Capt. Rodriguez said. “We don’t just sit and wait for the SWAT team. We don’t have that option. We’ve changed drastically on how we do our active shooter scenarios.”

“We teach that the first one or two deputies on scene are going to go in and locate the threat immediately,” Sheriff Prummell said. “They’re not waiting. They’re going in to secure the threat by whatever means necessary.”

While the law enforcement agencies contacted by *Florida Weekly* declined to discuss specific operational plans, each one claimed to have several different ways to respond, depending on the situation. They not only plan it, they train for it.

“Today, training is more than ever in law enforcement,” Sheriff Prummell said. “It used to be considered more

or less a job, but now it’s a profession. We are very highly educated and highly trained in everything we do.”

Last year, the Palm Beach County Sheriff’s Office participated with other agencies in an elaborate active shooter training exercise at Palm Beach International Airport. Actual employees were included so that they, too, could get a taste of what might occur during an actual shooter situation and how they should respond. Rounding out the exercise were numerous civilians role-playing victims who had been shot and wounded or killed, complete with sprays of blood surrounding their bodies.

The PBCSO’s roughly three-minute video can be seen on YouTube (youtu.be/C9KC9enwVV4).

“Columbine got this all started in 1999,” said Capt. John Barkley, administrative services captain and commander of the SWAT team for the Naples Police Department. “We’ve been training for active shooters since then. Years ago, we went away from just the schools. Every officer goes through vector shooter training every year. Of course, we’ve expanded this to offices and malls. We’ve had opportunities to train off-hours at these venues, which is beneficial for the public that we’ve trained to handle these situations.”

Law enforcement response protocols aren’t all that have changed. The rash of mass shootings, especially over the past several years, has emphasized the need for law enforcement to educate the public on how to respond to active shooter situations.

No time for time

At a conference on active shooters from a law enforcement perspective delivered in February at St. Petersburg College, Lawrence Hickman of the Boston Police Department’s SWAT team cited the following statistics:

- The average active shooter incident lasts 12 minutes.
- Thirty-seven percent last less than five minutes.
- Forty-three percent of the time, the crime is over before police arrive.
- In 57 percent of the shootings, an officer arrives while the shooting is still underway.
- Patrol officers are most likely responding alone or with a partner. When responding alone, 75 percent had to take action.
- A third of those officers who enter the incident alone are shot by the intruder.

In short, by the time law enforcement arrives or is able to engage the shooter, it will likely be too late before the tally of victims racks up. So agencies are training civilians how to protect themselves.

The agencies that *Florida Weekly* contacted all offer training on demand.

“If requested, we’ll come out and assess the business and give them some ideas of what they can do and how they could respond if something like that were to occur,” Sheriff Prummell said. “It helps us, too, because our teams will go through the buildings and we’ll get a better idea of the layout and what we can do if, God forbid, we need to respond.”

The Charlotte County Sheriff’s Office, like many agencies, maintains blueprints of hospitals, schools and other buildings so that first responders will have a “lay of the land” when they enter a structure to locate the shooter.

Last year, the agency participated in “Active Shooter in Healthcare Settings - Survival Skills, Exercise and Workshop,” a multiagency initiative that used the Charlotte Harbor Event & Conference Center in Punta Gorda as a training ground.

“I think it’s the first time it was done in Charlotte County,” said Lynne Stickley, emergency planning specialist who was also named this year’s Public Safety Employee of the Year. “It was started

through the Suncoast Disaster Healthcare Coalition. We had a contract with St. Petersburg College that specializes in this type of training. How this came about is I had attended this event in Pinellas County, and I told the coalition we need to have one in our area.”

Similar training from the Collier County Sheriff’s Office helped nurse Tracy Ramsay, who was able to remember what she was taught and retain her composure when she and her husband found themselves under fire during Pad-dock’s fusillade in Las Vegas.

“Years ago, we used to teach people to just hunker down,” Sheriff Prummell said, “but these incidents have taught us to relook at this very differently. And it’s something as simple as Run-Hide-Fight.”



Palm Beach County Sheriff’s Office active shooter training at Palm Beach International Airport

COURTESY PHOTO

Hidden wisdom

“Run-Hide-Fight” is the most popular protocol taught to civilians. In truth, it’s only one of a few potential responses.

“I am a certified instructor in several of the other nationally recognized models for active shooter response for civilians,” said Sgt. Neal Bohannon of the Collier County Sheriff’s Office. “What I will tell you is, at the core, they’re all the same. Each has their nuances but at the core, those concepts are the same. Whether you call it ‘run’ or ‘evacuate,’ it’s the same thing. But the concepts are all valid. We use Run-Hide-Fight because it’s easier for our citizens to remember.

In virtually all of the protocols, the first response should be to run — that is, to get away from the shooter’s location immediately.

However, the trick is that it must be done safely, without putting yourself in the shooter’s line of fire.

“It’s important for people to be flexible, to know your surroundings,” Capt. Barkley said. “Don’t get hung up on doing one certain thing. If you can escape, that’s always going to be the best thing. Run away from it.”

Mr. Scali believes in one critical step

before running.

“I had this thing where I used to train my children,” Mr. Scali said. “I would say, ‘Here’s what you do if you hear gunfire, in any situation. Get on one knee, assess the situation and move in the opposite direction of the gunfire.’ These are very simple directions, but it’s a plan, and having some kind of plan keeps people alive. When you’re on one knee, you’re lowering yourself as a target, especially if someone’s firing into a crowd chest high.

“When I teach people about personal protection, I teach them the same thing: Don’t react — act. Reacting to a situation is the worse thing you can do. Everyone is going to herd toward the exit, which creates a bottleneck effect, which creates a larger target for the shooter.”

“One thing we try to tell people is don’t be the one to say, ‘It’s probably just fireworks — I don’t think that’s gunfire,’” said Capt. Barkley. “Be the one to be the first one to run. You can always be the one to come back later and say, ‘I’m sorry, I thought it was gunfire. I didn’t know it was the backfire from a car or someone popping balloons.’”

When running isn’t feasible, the Hide

portion of the equation kicks in. If possible, this should include barricading the entrance to your location. It almost means eliminating any evidence that might alert an active shooter to your presence.

“While barricaded, turn off the lights, minimize any noise — turn off your cell phone ringers, your TVs, anything like that,” Sheriff Prummell cautioned. “Remain quiet. It’s like hide-and-seek. You don’t want to give yourself away, so you want to be as quiet as possible.”

In the event the shooting is taking place in an open area, take cover. But the cover must be protective.

“There’s a difference between cover and camouflage,” Mr. Scali noted. “Cover is caliber-dependent. If someone’s firing a rifle and you get behind something, it had better be enough to stop a rifle round. Camouflage will not stop incoming bullets, where cover will.”

Once you’re safely barricaded, stay there until met by a law enforcement officer.

“I know emotions run high,” said Capt. Rodriguez. “Some people can remain calm; some can’t. We understand that, but you have to understand that, as law enforcement, we have to make sure the threat is neutralized. We don’t know how many shooters are involved. There are multiple examples where there was more than one shooter. I’ve actually seen some research data that they plan this way, where one suspect will go first. Once that suspect is neutralized, there’s the potential that another, sometimes multiple suspects will engage.”

When the good guys do arrive, “You need to be very clear on what the law enforcement officer is telling you,” Capt. Barkley said. “We’re going to tell you to have your hands up in the air, open your hands, don’t carry stuff with you, don’t have your cell phone in your hand or anything like that, don’t point, try not to scream, and we will come and get you and let you know when it’s safe. You will be escorted out of there. Whatever the situation is, we’re always going to assume there’s more than one shooter. We’re going to search the entire area.”

While the Run and the Hide are the safest alternatives, there are times when your luck runs out. There’s nowhere to go, no escape — and you find yourself face to face with a shooter who has every intention of killing you.

That leaves only the scariest option.

Startle and swarm

“The last case scenario — if you can’t run and you’re unable to hide — is you’ve got to fight,” Sheriff Prummell said. “You’re not going to have a choice in the matter.”

Robert Tirollo is a former Lee County Sheriff’s Office SWAT team commander who is now a shooter response training instructor teaching the ALICE protocol (Alert-Lockdown-Inform-Counter-Evacuate) — to civilians as well as a law enforcement protocol called RAIDER to SWAT teams around the country. ALICE’s Counter is equivalent to Fight

— although “fight” might conjure images of trading fisticuffs with a shooter — not the preferred technique to use.

“Counter is not to fight the bad guy — that’s law enforcement’s job,” Mr. Tirollo explained. “Counter interrupts the thought process. If I throw something at your face while I’m in the middle of talking to you, your normal subconscious response is going to be what we call either a primeval flinch or a startle response. When something comes at your face that you don’t expect, your eyes are going to close, your head is going to turn, your hands are going to come up to protect your face. That’s a natural defensive reaction for any human being. ... If their hands are in front of their face in defense mode, they’re not going to be able to accurately shoot.”

The technique works best with a group confronting the attacker.

“You’ve got a bunch of people throwing coffee mugs, books, water bottles, shoes, staplers, tape dispensers, whatever at the bad guy, that is enough to completely throw off their thought process and put them into defense mode.”

But it doesn’t stop there.

The other aspect of Counter is swarm, in which several people all grab the shooter at the same time — “no fighting, no pressure points, nothing crazy,” he specified — just each person grabbing an arm, a leg, a head — whatever’s within reach — and dropping their body weight to take the attacker to the ground.

This way, the shooter can be restrained until law enforcement arrives.

Mr. Tirollo likens it to using a fire extinguisher while waiting for firefighters to respond.

“It’s a tool, not an end-all,” he said. “It’s like using CPR. You still call 911, but it allows you to buy time until help arrives.”

Because the worst thing a potential victim can do, he emphasized, is nothing.

“If I would tell everyone just one most important thing, it would be: Do something,” Mr. Tirollo said. “Theodore Roosevelt had a great quote. He said, ‘In any moment of decision, the best thing you can do is the right thing, the next best thing is the wrong thing, and the worst thing you can do is nothing.’ If you sit there and do nothing, you are nothing but a stationary target. Evacuate, barricade, counter — do something.”

“You have to pick up whatever you can to use as a weapon,” Sheriff Prummell said. “You’re basically fighting for your life at that point. You can’t run, you can’t hide, you are confronted right there. It’s you or the shooter.”

No matter what the circumstance, always look for the option that might allow you to stay alive. And when you find it, take it. There have already been too many victims. ■

CALL 911 ONLY WHEN IT'S SAFE TO DO SO

RUN

- HAVE AN ESCAPE PLAN
- EVACUATE
- LEAVE YOUR BELONGINGS
- HELP OTHERS IF POSSIBLE
- DO NOT MOVE WOUNDED PEOPLE

HIDE

- BE OUT FROM SHOOTER'S VIEW
- LOCK DOORS AND BLOCK THEM WITH FURNITURE
- KEEP YOUR OPTIONS FOR MOVEMENT
- SILENCE PHONE
- BE QUIET

FIGHT

- ACT AGGRESSIVELY
- INCAPACITATE THE ACTIVE SHOOTER
- THROW OBJECTS
- YELL AND CALL FOR HELP
- FIGHT ONLY AS A LAST RESORT**
- BE PREPARED**

CALL 911

- CALL 911 WHEN YOU ARE SAFE

WHEN LAW ENFORCEMENT ARRIVES

- GIVE INFORMATION TO THE OPERATOR
- FOLLOW THE INSTRUCTIONS OF POLICE OFFICERS
- DROP ANY OBJECT
- KEEP HANDS VISIBLE

in the know

About active resources

>> **FBI:** The FBI maintains a web page of resources for dealing with active shooters at www.fbi.gov/about/partnerships/office-of-partner-engagement/active-shooter-resources

>> **ALICE training:** There will be a class on the ALICE response for civilians from 8 a.m.-4 p.m. Monday and Tuesday, Jan. 22 and 23, at the Fort Myers Police Department, 2210 Widman Way. For details: www.cvent.com/events/alice-instructor-certification-training-fort-myers-police-department-fort-myers-fl/event-summary-a6729b93240d4dbc82506d5e7b184e44.aspx?Refid=00000

>> **Training exercise video:** Watch the highlights of a Palm Beach County Sheriff’s Office active shooter training at Palm Beach International Airport at www.youtube.com/watch?v=C9KC9enwV4



COURTESY PHOTO

Jupiter Medical Center, founded in 1979, has 1,800 employees, 615 physicians and 640 volunteers. The hospital recently broke ground on a new pediatric emergency unit.

Continuum of care

New Jupiter Medical Center CEO looks forward to being part of community-minded organization

BY MARY THURWACHTER

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Donald McKenna wasn't looking to leave his post as president and chief executive officer of St. Mary's Health Care System in Athens, Georgia. The not-for-profit healthcare system encompasses three hospitals and serves 13 counties.

Things have been going well there, after all. In fact, Mr. McKenna was recently honored as "CEO of the Year" by the Georgia Alliance of Community Hospitals. His teenage sons are happy in school there, and his wife, a primary care physician, has a thriving practice in Athens, as well.



MCKENNA

Despite his contentment, Mr. McKenna will be moving the family to Jupiter next year after he becomes president and chief executive officer of Jupiter Medical Center. He was selected after the board of directors launched a four-month national search for the job, previously held by John Couris, who resigned in August to become president and chief executive officer of Tampa General Hospital.

What attracted Mr. McKenna to Jupiter?

"Jupiter Medical Center has positioned itself in the continuum of care, and the center's strive for excellence, whether it be starting new clinical services — I know they've done tremendous work in establishing their open-heart program, which will start next year — and their commitment to cancer," he said. "Many organizations have chosen to stay their current course. Whereas, if you look at Jupiter,

SEE JMC, A16 ►

CityPlace adds seasonal pop-ups

You never know what will pop up at CityPlace, including a pop-up.

The shopping, residential and retail hub south of downtown West Palm Beach will bring added flavor to its holiday season tenant mix starting at 11 a.m. Saturday, Dec. 2, with WPB Collective's pop-up shops.

WPB Collective occupies an almost 5,000-square-foot space on the mall's plaza, formerly occupied by RH Baby & Child.

The collective will host a rotating mix of local, regional and national artisans, fashion lines, jewelry designers and specialty food and beverage brands.



CAVALLARI

At its launch, the collective will present Dreamallows, Pumphouse Coffee Roasters and Vagabond Apparel Boutique.

Uncommon James by Kristin Cavallari will occupy the space until Dec. 10.

Ms. Cavallari will meet guests from noon to 3 p.m. Saturday, Dec. 2.

Throughout December, photographs, paintings and drawings created by Palm Beach County young people will be pre-

sented by Urban Youth Impact's Urban Youth Artisans Shop.

The fast-casual and health-oriented restaurant Field of Greens, will open its latest spot in The Shack, featuring salads, sandwiches, smoothies and other dishes.

For visual indulgences, the exterior of CityPlace's hexagonal space on the plaza was recently painted by Miami's Chalk & Brush; and a mural by Japanese artist Frankie Cihl will transform the exterior of the 581-foot Hibiscus Garage.

"The Shack, WPB Collective and our partnership with Urban Youth Impact

add important elements that are key to the re-imagining of CityPlace," said Gopal Rajegowda, senior vice president of Related Companies. "Through this process of experimentation, we intend to bring the public an ever-changing assortment of experiences that inspires a constant sense of discovery."

WPB Collective opens at 11 a.m. Saturday, Dec. 2.

Store hours are 11 a.m.-8 p.m. Tuesday and Wednesday; 11 a.m.-9 p.m. Thursday, Friday and Saturday; and 11 a.m.-5 p.m. Sunday.

To learn more, visit CityPlace.com or call 561-366-1000. ■

BEHIND THE WHEEL

Stick shifts put the econobox fun in your hands



For most of us, a car is chiefly an appliance. Something that can reliably get us to work, take the kids to sports practice or run to the store — and likely do all three in the same day. That's why reliability is so high on our shopping lists, that when looking for something new, we just assume it's already going to be as faithful as the dishwasher.

But if constancy, practicality and affordability are the top requirements, they don't necessarily need to be a tradeoff for driving excitement. And while a family-priced Ferrari is still likely never going to happen, there's a simple solution that few people utilize: stick shifts.

The manual transmission has been thought of as an option for high performance vehicles. But that's not completely true anymore. The world of gearboxes has evolved over the last decade. Exotic sports cars now look to race-developed dual-clutch transmissions that let computers produce quicker 0 to 60 mph times than the same vehicle with a traditional manual transmission. That makes stick shifts a badge of honor for those who want added driving involvement.

More than just fun, the manual transmission is a lesson in economics. The average price of a new car is creeping up toward \$35,000 in this country. It might not feel that steep, because there are big rebates that take out some of the sting. But not every car needs to even crest \$30K, especially when it's a college grad's first car, a family's second vehicle or anyone else who would like to stay budget friendly.

Manual transmission cars usually start at the bottom of the price scale and are phased out somewhere around \$20K as option and trim levels escalate.



Compact family sedans like the Volkswagen Jetta (left) and the Mazda3 (right and top) are at the heart of the practical and value market.

They'll return when cars like the Corvette are on the shopping list, but the ones we're thinking about here hit the heart of the practical and value market — compact family sedans like the Chevrolet Cruze, Ford Focus, Honda Civic, Hyundai Elantra, Mazda3, Nissan Sentra and Volkswagen Jetta.

We know there is an intimidation factor to rowing through the gears, but take

some time to investigate how benign the undertaking is in reality.

The Volkswagen Jetta is a nice example for beginners. Its standard five-speed manual transmission has good spacing between gears and a shift linkage that feels like rigid pathways guiding each shift. The clutch is light and forgiving, and so it's not a burden in everyday traffic.

But more than just comfortable, the stick shift adds a new dimension to the VW's motor. Anyone shopping at the local VW dealer might want to drive the manual and automatic Jettas back-to-back. The base 1.4-liter turbo is an ideal power plant with low-displacement efficiency for highway cruising and a turbocharged boost for acceleration.

The automatic car feels confident on the road and there's good acceleration from the six-speed auto gearbox (a \$1,000 option.) But for those who can find a stick shift, there's an extra kick of youthful energy.

This may be a sensible car with massive backseat space and plenty of room to carry luggage, but the driver feels much more connected by rowing through the gears. And when no one is looking, a sports-car like burst of acceleration is only a downshift away. This helps the very family-friendly Jetta feel like a more exotic European. No one will mistake the experience for a Porsche, but it's always nice to know that practicality also has a pulse.

This is far from a perfect scenario. Crossovers are more popular in today's market, and most of them come standard with automatic transmissions. Plus, while all the sedans named in this article (and more) come standard with a five- or six-speed manual transmission, dealers don't carry very many. In fact, because stick shifts are in the minority, car companies have worked to get their automatics to shrink the fuel economy advantage these used to enjoy.

But these budget-friendly manual cars are a reminder that enthusiasts don't have to own driving gloves and know their mechanic by name. Stick shifts, although a rarity, provide that wonderful moment when a car-like appliance can also unleash a burst of excitement. After all, you may drop the kids off at soccer practice, but you get to make the journey home by yourself. ■

EARL ON CARS

The lowest priced car can end up being the most expensive



Too often car buyers focus on buying the car that fulfills their preferences of styling, size, and accessories that they can buy for the lowest price. There are other important cost considerations you should look at before buying the cheapest alternative.

Resale value is the No. 1 consideration that is most often overlooked by car buyers. All cars depreciate in value, but some hold their value a lot better than others. You might save a \$1,000 by choosing to buy one used or new car over another more expensive make and model. But if the make and model that cost \$1,000 more, held its value by \$2,000 more over the three years you owned the car before trading it back in, the "lowest priced car" was really \$1,000 more expensive.

There are several ways you can check on how much cars will depreciate. A good one is to check the resale value of that same make of car that is 3 or 4 years old. You can do that with a whole-

sale buying guide such as Kelly Blue Book, NADA Appraisal Guide or Black Book. You can also find this information on the Internet. Kelly Blue Book, for example, is www.KBB.com. If you are thinking about buying a new 2018 car of a model and make, find out what a 2015 model sells for today. Compare other makes and models.

Maintenance and repair cost are the second biggest factors in measuring the true cost of a car. When a car has a relatively higher depreciation, one of the biggest reasons is probably because it is more prone to break down. Check *Consumer Reports* or surf the Web to find the projected repair histories of the cars you are comparing. Saving \$1,000 on a particular make and model is not very significant when you are facing the cost of a blown transmission or engine.

Big cash rebates and big discounts are not necessarily a good thing. First you have to ask yourself, why is it necessary for this manufacturer to giving me such a big cash rebate (I have seen them advertised as high as \$11,000) to sell its car? You will generally find that the manufacturers of higher quality, higher demand cars offer fewer rebates and discounts. These are also the manufacturers of cars that depreciate less and cost less in terms of repairs. Big rebates



and discounts also negatively affect a car's resale value. It's what you could call "vicious cycle." A car is hard to sell because of its high repair costs and high depreciation so the manufacturer pays a big cash rebate to sell it. The rebate lowers the value of the used car of that make and model because the price of a used car directly tied to the cost of that same new car.

You will be surprised how much the color of the car you buy can affect the resale value. Think about it. The color was very important to you when you bought your last car. It is just as important to the person who will be buying the car you trade in. The most popular colors are white, silver, beige and black. If you have a "thing" for green, blue,

orange or another unusual color, it can negatively affect the resale value of that car by more than \$2,000. I'm not suggesting that you always buy a white car, but if you like white, silver, beige and black you are going to get more money for that trade-in than if you like blue and green. Bright colors can be good for certain models. Red is a popular convertible color for example.

Be sure to check your cost of insurance before you make a final decision. Cars with side airbags, highly rated in collision and rollover tests, relatively low cost of repair especially for bumpers and non-high-performance cars have much lower insurance rates.

Cars are no different than any product that you buy when it comes to the principal of "the cheapest product is usually not the best value." You buy a quality pair of shoes, paying more than you would for a cheap, poorly made pair because they will look good and wear many times longer. Shopping for the lowest price is a very good idea, but only after you have chosen a car that has low depreciation, operating costs and cost of repair. ■

— The opinions of this columnist do not necessarily reflect the opinions of Florida Weekly.

MONEY & INVESTING

Big jeweler Signet sees rough going

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Being in the jewelry business, I like to follow the various publicly traded companies in my industry to get clues as to the various trends in this sector. But you can imagine my surprise when last week Signet Jewelers, the largest jewelry retailer in the world, announced terrible earnings and slashed its forecast for next year.

Are people no longer buying jewelry? Am I in the wrong business? Immediately I started to panic.

So why did Signet so badly miss its earnings expectations and what does that mean for the jewelry industry?

Although you may not have heard of Signet Jewelers, I would bet you know many of the brands under its umbrella. It owns Kay Jewelers, Zales, Jared, and Piercing Pagoda among others.

The company was founded in 1949 in the UK as the Ratner group and quickly grew to over 1,000 locations by the 1990s. But then in 1991, the CEO of the company, Gerald Ratner gave a public speech where he said that he could sell his products so cheaply because, "it's total crap" and he further said that a pair of earrings in his store was "cheaper than a M&S prawn sandwich but probably wouldn't last as long." Consumers fled from Ratner stores and the firm almost went out of business.

But new leadership was hired and the company changed its name to Signet Jewelers in 1993.

Today Signet operates more than 3,600 locations around the globe and has annual revenue of \$6.4 billion.



But during its latest quarterly earnings announcement, the company announced it lost money during the previous 3 months and same store sales were in decline. Investors reacted very negatively to the news and the Signet's stock immediately dropped 25 percent.

Management pointed to one main reason for the drop in earnings and

sales. The company blamed the loss on higher costs relating to the sale of some of its credit portfolio.

During the previous years, the company was financing its customers' jewelry purchases and was keeping those loans on its books. Investors started to get nervous about this huge credit portfolio and demanded that the company

sell some of this risk and outsource consumer lending going forward. Unfortunately, the sale did not go as smoothly as the company would have liked. And even more troublesome, the company that Signet chose to run its credit business going forward, credit card service company Alliance Data Systems, has imposed tighter conditions on lending money for jewelry purchases, which is limiting future sales.

The major uncertainty going forward around Signet is whether the company can prosper without the crutch of loose lending.

Can the company attract affluent consumers that can pay for its products up front?

The company also hopes to grow its online platform so it can bring in sales without the extremely high costs of a mall retail location with high rents, personnel costs, and insurance. While Signet is making strides in this area, it needs to continue this growth to be successful in the future.

So, it seems like the jewelry business is not doomed after all (at Rick's Estates & Jewelry in Punta Gorda, we are doing great and would love for you to stop on by for any jewelry gifts for the holidays). Most of the problems with Signet are company specific and not those affecting the entire industry. So, given the many issues surrounding the company, I would avoid it now even at these depressed levels until the company can prove it can grow both store sales without loose lending practices as well as its ecommerce platform. ■

— Eric Bretan, the co-owner of Rick's Estate & Jewelry Buyers in Punta Gorda, was a senior derivatives marketer and investment banker for more than 15 years at several global banks.

JMC

From page 14

it is looking to better itself to better the community. That was something that intrigued me and I'm just happy to be a part of that, part of a progressive organization."

He said that knowing the community, the connection with healthcare in South Florida, and also the benefits of being part of a larger community, were appealing.

"We said, you know, the timing's right, it's a great organization," Mr. McKenna said. "It's growing, it's very progressive, very community-minded, and that's something that really resonated well here."

Florida, however, is not new to Mr. McKenna, who has 26 years of health care experience. He began his career in the early 1990s as a director at Palm Beach Gardens Medical Center and later served as chief operating officer of North Ridge Medical Center in Fort Lauderdale. Later, he was the administrator and chief operating officer of Wuesthoff Medical Center in Melbourne.

His plan for Jupiter Medical Center? That's still to be determined.

"I have so much to learn," said Mr. McKenna, who begins in January. "They have done phenomenal work already. I'd like to appreciate better what has taken place, listen and then listen again. We have solid, wonderful leadership, very intelligent, competent folks, a very engaged board. Before I make any deter-

minations, I think it would be wise for me to listen to the physicians, listen to the community."

The hospital already is on a solid path, Mr. McKenna said, but he plans to make it better.

"I'd use this as a platform and see where people really want to come," he said. "Nobody really wants to come to a hospital, but everyday people trust the hospital by turning into the parking lot when they have their emergency. They make a conscious decision and they're trusting us to do the best job for them. It's our responsibility to make sure we do that."

What the medical center has done a great job with, he said, is coming to the community and not relying on the community to come to it.

"The new approach to care is being available in communities to care for the large majority of what people need, whether it's primary care or urgent care," he said. "And then when somebody needs a higher level or more intense care, they have the relationship and they have the trust. We have their information relative to records and what have you, and then they come visit the hospital for the things they need to have done at the hospital. That's a great model. That trust is so important."

One of his strengths is his willingness to be a collaborator and to do what's necessary for patients and getting the staff to understand that, he said.

"I'm very much orientated to team," he said. "I think it's what makes you strong. Nobody knows everything, but collectively, the sky is the limit and I'm really looking forward to joining that team that brings such great intellect and

capacity and capability."

Being a good listener is another of his strengths.

"If you don't listen, you don't get a complete picture of what really is the challenge or solution or direction that we may need to take," he said. "You're short-sighted if you think you don't need to listen."

His interest in healthcare as a career stems from his passion for problem-solving, collaboration and teamwork. But he never considered becoming a doctor.

"I was never a clinically-orientated person, even in high school," Mr. McKenna said. "I just knew that wasn't my sweet spot. I thought I was going to be an accountant until my first class in theory... You migrate to things that you enjoy."

And he loves his work. "It's changing all the time so it keeps everybody engaged, always looking for ways to do things better, safer and more efficiently," he said. "I enjoy that part of the job — and the relationships, and who you're helping whether it be an individual, a family or a community. It's all good, purposeful work."

Founded in 1979, Jupiter Medical Center has 1,800 employees, 615 physicians and 640 volunteers. For more information, call 561-263-2234 or visit www.jupitermed.com.

Name: Donald McKenna, President and CEO of Jupiter Medical Center

Age: 52

Where I grew up: Hauppauge, Long Island, N.Y.

Where I live now: Athens, Georgia, but plans to move to Jupiter with his

wife, Jana, and their two teenage sons.

Education: Bachelor's degree in business administration and master's in public administration from Long Island University in Brookville, N.Y. A Fellow of the American College of Healthcare Executives; serves on the Metro Hospitals Governing Council of the American Hospital Association.

My first job and what it taught me:

I worked at McDonald's as a teenager. One day, Mother's Day, we were very, very busy and the manager told me he needed me to mop the restrooms, and I said, "Don't make me do that." I wanted to keep doing what I was doing. About five minutes later I could hear the water running in this area where they would fill the mop bucket. I went back and saw it was Steve, the manager. I was really embarrassed. I said, "Steve, I'll do it." I'll never forget what he said next. He said he wouldn't ask me to do anything he wouldn't do himself. That phrase, that moment that experience has served me very well over my career as a professional, as a parent, as a husband. I share that story with my kids. You know you're going to be asked to do things that may not be what you want to do but you have to do it. I believe it's a character-building opportunity and it shows that you are a member of the team. The only way to succeed is if you're part of a team.

Hobbies: Golfing, boating and watching my sons play baseball.

Best advice for someone looking to make it in my field: Flexibility is essential. Take every opportunity to learn as much as you can about as much as they'll let you. Always show respect and have high integrity. ■



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COURTESY PHOTOS

Trump National treasure

SPECIAL TO FLORIDA WEEKLY

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Less than 2 miles from the Atlantic Ocean, this enclave of 82 privately owned homes with 50 fractional ownership properties creates a low traffic, intimate community with owners of all ages. Club membership at Trump National is available, either "Social" or "Full Golf," but is not mandatory for home ownership.

509 Bald Eagle Drive is in the Estates, protected behind a second security gate, in a section of the largest homes in the community. This property has six bedrooms, six full

baths, two half-baths, two two-car garages and 5,614 square feet of air-conditioned space. Overlooking the 8th hole on the Jack Nicklaus signature golf course, this home boasts a first-floor master suite with home office, expanded backyard with privacy wall, eastern rear exposure, outdoor kitchen, and much more. Built with the finest quality materials, the home features impact glass windows and doors and a generator. List price is \$2,690,000.

Best of all, each estate home at Trump National comes with a residential services coordinator who is personally responsible for the maintenance of the property. They oversee full weekly landscape services, pool services twice per week, concierge garbage pickup three times per week, biweekly exterior home inspections, and a la carte management and engineering services.

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ROSE

From page 1

people really don't know that. They know that President Trump has a place here now, but that's really all they know. They don't really know the history behind it."

The first chapter includes basic introduction information in addition to the history, and how Palm Beach became what it is, and also local lingo, weather information — from air and water temperature by month — to typical Palm Beach attire.

"As we know, Palm Beach is different," Mr. Rose said. "It's not Fort Lauderdale. But you have to remember that millions of people who come to Palm Beach don't know that. The book helps you make the most of your stay in Palm Beach because it helps you prioritize what you should see and do while you're here."

Among the many must-sees on the island, Mr. Rose writes, are the Flagler Museum, The Breakers, Lake Trail and, of course, Worth Avenue and its lovely vias.

The book is dedicated to the author's friend and mentor, longtime Palm Beach historian Jim Ponce, who originated the Worth Avenue Walks and took Mr. Rose under his wing as his understudy for 10 years. Before Mr. Ponce died in December

2015, Mr. Rose had taken over the weekly walks on Wednesdays from December and through April. This year, the 75-minute tours, which begin at 11 a.m. Dec. 6 at Via Amore, 256 Worth Ave., benefit the Garden Club of Palm Beach. Tickets are \$10.

Like Mr. Ponce before him, Mr. Rose leads the tours dressed like a proper Palm Beach gentleman, which means a nice pair of slacks usually a colorful jacket and a Panama hat as a nod to Addison Mizner, the resort architect whose Mediterranean Revival and Spanish Colonial Revival interpretations left a permanent stamp on Palm Beach and South Florida.

"I wear bright jackets and light pants,"

Mr. Rose said. "I try to wear things that I got on Worth Avenue or which would typically be available on Worth Avenue — Stubbs and Wootton slippers, jackets from Brooks Brothers, shirts from Ralph Lauren."

One of Mr. Rose's favorite subjects is Mizner, because of the architect's colorful personality and how it influenced his success.

"He was probably only a mediocre architect," Mr. Rose said. "But he was a talented artist and a natural PR person. The monkey

that he had, Johnnie Brown, was not only a pet. Photographers loved to photograph Mizner with his monkey."

Many folks are surprised to learn that while Mizner made \$10 million in revenue from about 1918-1928, he died a penniless man and was buried in an unmarked grave in San Francisco.



MARY THURWACHTER/FLORIDA WEEKLY

Rick Rose leads one of his Historical Walking Tours of Worth Avenue.

Besides what he learned from Mr. Ponce and his own extensive study, Mr. Rose said he relied on the research done by Christina Orr-Cahill, the former director of the Norton Museum of Art, who wrote her doctoral thesis on Mizner.

"One aspect that people have forgotten is that Palm Beach became not only America's first resort destination, but the fact that it became the most exclusive resort destination. A lot of that has to do with World War I, because so many of the Gilded Age families used to go to the South of France and the Mediterranean during the winter months.

"That's where you went to get away from the cold," he said. "(Paris) Singer was one of the many families that had a big estate on the South of France, but they couldn't access those houses during World War I because the war was raging in Europe. No one was going to the Mediterranean at all. There was a void and it was practically Paris Singer's idea to establish Palm Beach as the American Riviera."

It's no coincidence that Palm Beach became exclusive, Mr. Rose said. "It's really because there was a proactivity on the part of Singer, who was so well-connected

with all the other wealthy families of the era, and Addison Mizner, to create Palm Beach as America's Riviera."

Visitors who take the Worth Avenue tours or read Mr. Rose's guidebook will learn much about Singer and Mizner. But there's so much more to discover.

From the perspective of the book, The Breakers is ground zero.

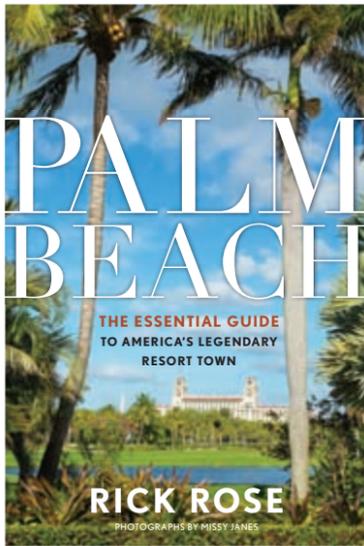
"The target audience that gained the most from the book are any types of guests staying at one of the hotels in the midtown section of Palm Beach," Mr. Rose said. "For me, The Breakers would be ground zero. But really, the same holds true for the Bradley Hotel, the Brazilian Court, the Colony, the Chesterfield — any hotels in that area are really ground zero for the book because priority has been given to anything on the island."

When you go out from the island, the level of inclusion and information recedes or declines when you get farther away from Palm Beach.

Mr. Rose has a degree in hospitality from Florida State University College of Business and worked for major hotel groups for 20 years, mainly in international sales and marketing. He left the international hotel business in 2004 and co-owns and operates Grandview Gardens Bed & Breakfast and Palm Beach Vacation Rentals in West Palm Beach. ■

— The book, published by Globe Pequot, an imprint of Rowman & Littlefield, is available for \$19.95 at www.bn.com, www.amazon.com and www.indiebound.org or at local retailers, including the Classic Bookshop and Sherry Frankel's Menagerie in Palm Beach.

— For information on the Historical Walking Tours of Worth Avenue, see www.worth-avenue.com/specialevent/historical-walking-tour-at-worth-avenue/



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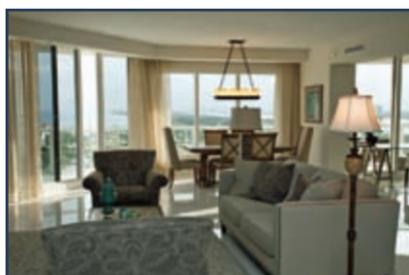


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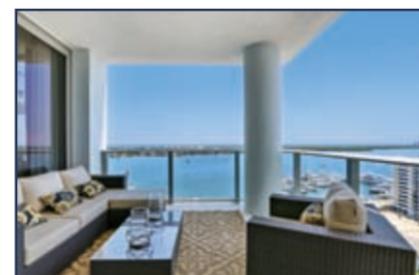
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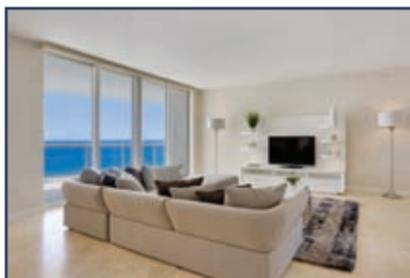
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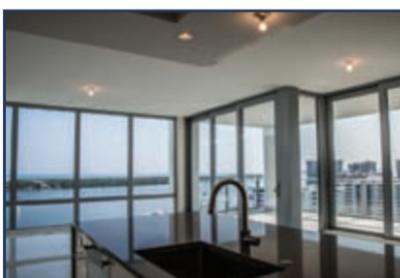
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Water Club 1504-S
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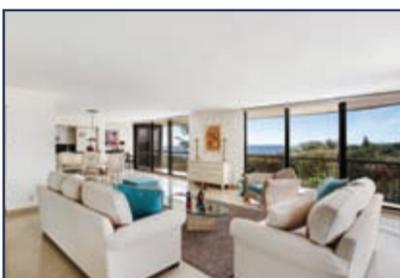
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ARTS & ENTERTAINMENT

WEEK OF NOVEMBER 30-DECEMBER 6, 2017

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SECTION B



TOP: Tyveze Littlejohn as The Nutcracker. ABOVE: Adriana Salazar in "Waltz of the Flowers."

Ballet Palm Beach brings its version of the classic tale to the Kravis Center

BY SCOTT SIMMONS
ssimmons@floridaweekly.com

PALM BEACH COUNTY'S OWN professional ballet company is all grown up and is headed for the big time with a classic Christmas tale.

For the first time, the company will present "The Nutcracker" at the Kravis Center.

And for those performances set for Dec. 1-3 in the 2,195-seat Dreyfoos Hall, Colleen Smith, the company's founder and artistic director, had to rethink the show she has presented

SEE NUTCRACKER, B14 ►

HAPPENINGS



COURTESY PHOTO
The Flagler Museum will hold a Gilded Age Christmas tree lighting on Dec. 3.

Flagler offers a Gilded Age tree lighting

BY JANIS FONTAINE
pbnews@floridaweekly.com

Ah! The splendor of the Gilded Age! The Flagler Museum puts on all its glitz and glamour for the annual celebration of Christmas At Whitehall.

Festivities kick off Dec. 3, with the tree lighting. From 3 to 5 p.m., guests can visit Whitehall's first floor, which is decorated in traditional Gilded Age fashion.

The focal point is a 16-foot tall Christmas tree in the Grand Hall with its traditional ornaments and colored electric lights. Edward H. Johnson, Thomas Edison's friend and partner in the Edison's Illumination Company, first strung about 80 red, white and blue electric Christmas tree lights together for his Christmas tree in 1882, near the start of the Gilded Age. Kids can meet Santa Claus, while parents enjoy refreshments and listen to joyful holiday music on the historic J.H. & C.S. Odell pipe organ.

One of Flagler's traditions still kept today is the performance of holiday music on the Steinway Piano in Whitehall's Drawing Room. The grand art case piano was custom designed to match the aluminum leaf detailing of the Louis XVI-style room and special performances take place at 3:40, 4 and 4:20 p.m.

If you're longing for a good old-fashioned carol-sing, gather in the courtyard at 4:30 p.m. and let your voice join with others in some of the most beloved Christmas music of the times.

At 4:55 p.m., Henry Flagler's youngest descendants will come forward to light the Grand Hall Christmas Tree.

A new tradition at Whitehall is the annual Special Christmas Lecture that illuminates the stories and events that shaped our modern Christmas traditions. This year, Penne Restad's lecture, "Christmas on the Homefront: Celebrating the Holiday During Wartime," will look at the ways we celebrated Christmas during WWI. Dr. Restad will discuss the traditions that grew among families forced to keep up the spirits at home while loved ones fought overseas and tried to celebrate as best they could. The presentation will take place at 2 p.m. Dec. 3, an hour before the doors open for Christmas at Whitehall. Tickets for the lecture, which includes admission to the museum, are \$28 for nonmembers, \$10 or free for members.

The Flaglers opened their home to local children, presenting gifts, and in

SEE HAPPENINGS, B15 ►

'Little Shop' a farcical feast of fiendishly floral fun

BY STEPHEN J. SMITH
ssmith@floridaweekly.com

If you've a hankering to sink your teeth into a juicy, delicious slab of musical theater, Michael Lifshitz says MNM Productions' upcoming "Little Shop of Horrors" is the bloody special of the day.

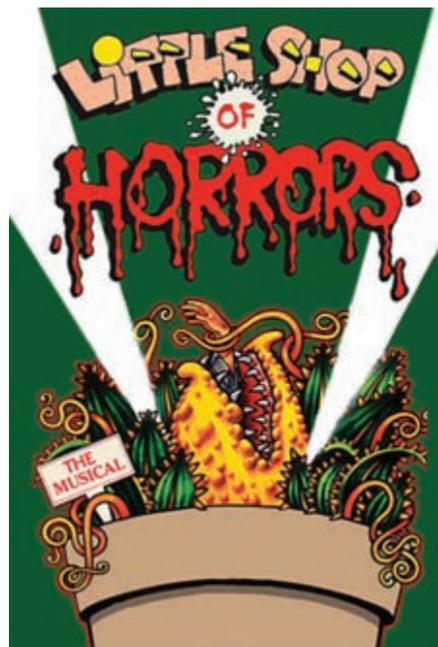
"We wanted our fourth show this season to be an audience pleaser with a recognizable title," said Mr. Lifshitz, who, with Marcie Gorman-Althof, is co-producer of MNM Productions. "Even if they haven't seen the stage play, the movie is wildly popular. We're hoping to capitalize on the notoriety of the original 'B' movie and both the original Off-Broadway and Broadway productions."

MNM is co-presenting "Little Shop" with the Kravis Center at its Rinker

Playhouse Dec. 1-17. This rollicking, rock and roll/doo-wop musical about a shy florist and his ravenous, flesh-eating plant is based on the 1960 black comedy movie of the same name, directed by Roger Corman. The musical opened Off-Broadway in the early '80s and was made into a popular film in 1986 starring Rick Moranis, Ellen Greene, Vincent Gardenia, Steve Martin, Jim Belushi, John Candy, Christopher Guest and Bill Murray. It enjoyed a successful revival in the 2003-2004 Broadway season, running almost a year at the Virginia Theatre.

"We knew we could cast 'Little Shop' based on the people we know here in the area who we have already worked with," Mr. Lifshitz said. "As always, our focus is

SEE SHOP, B14 ►



COURTESY PHOTO

MNM Productions and the Kravis Center will present "Little Shop of Horrors" Dec. 1-17.

COLLECTOR'S CORNER

Will this 1920s appliance join my fan club?



scott SIMMONS
ssimmons@floridaweekly.com

To hear my maternal grandmother tell the story, she had a near-idyllic existence living on a hill above Connersville, Indiana, during the 1940s and '50s.

My great-grandparents owned the home that once had belonged to my great-great-grandparents; my grandparents had built a Cape Cod cottage behind that house, so everyone moved freely from house to house.

During the evenings in those days before air conditioning was widely available, the family would gather on the porch of my great-grandparents' Victorian home. There, they listened to the radio — Jack Benny was a favorite — and read and sewed.

And above that healthy din was the steady hum of the brass-bladed GE fans.

There were several of the fans to keep the air moving on the large porch.

When the house was sold, my grandfather kept one of the fans, a 1915 model he brought to Florida in 1958.

I remember the heavy fan being stored atop a metal shelf in the utility room before making its way to the floor next to the washer.

It had been consigned to an outdoor storage shed when I rescued it — I had visited a store in Sarasota that cleaned

and lacquered the old fans, and I had a dream of doing just that.

I never made it quite that far, though I did have the fan's cord replaced.

When the repair shop called to say the fan was ready for pickup, the serviceman remarked that its motor ran silently.

That was more than 20 years ago.

Today, I marvel that something more than 100 years old was designed to endure.

When my air conditioning died this spring, that old GE lent a steady breeze, cooling the house and stirring memories of a time when fans like it were the only game in town.

I'm not sure how Southerners endured in the days before electricity and those early fans.

Of course, folks were used to the heat.

My dad's mother, Dorothy, remembered it would be so hot on the family farm in Georgia that they dragged pallets onto the porch floors to sleep outside. There was no breeze to speak of in the summer, otherwise the central dogtrot hallway of the house would have drawn air into the rooms. They didn't even have electricity in the country until late in the 1930s.

In Florida, we adapted.

The 1960 house in which I grew up in Fort Myers had walls of windows.

So did my maternal grandparents' 1958 home — you could see the boats going up the Caloosahatchee from their picture window.

Grandma remembered putting a cou-



SCOTT SIMMONS/FLORIDA WEEKLY
The blades of this 1920s A.C. Gilbert Polar Cub fan are about 6 inches in diameter.

THE FIND:

A 1920s Polar Cub Jr. fan

Found: Bulldoggers Antiques, 205 N. Federal Highway, Lake Worth; 561-312-6732 or www.bulldoggersantiques.net.

Cost: \$80

The Skinny: Those of us of a certain age might remember the A.C. Gilbert Co. as the creator of Erector Sets and American Flyer trains.

But the New Haven, Conn., company also made products such as this 8-inch-high fan, a Polar Cub Junior, made in the 1920s.

This little fan has a new cord; turn it on and it whirs, stirring up a breeze and, hopefully, a memory or two. ■

ple of sheets on the living room floor and lying down next to me for a nap in the afternoons before they installed air conditioning. A box fan kept the air moving.

Even after we had air conditioning at home, many public institutions did not yet have it.

Orange River Elementary School, where my mother taught and where I attended grade school, had no air conditioning. Neither did Lee Middle School, also in Fort Myers.

There were box fans in the classrooms of those schools, which were designed with banks of windows that

opened on a lower level on one side of the rooms, while another side had a clerestory of windows above the blackboards.

I don't know that the teachers got the notion of opening those upper windows so the breeze would carry the warm air through them, so we baked.

Now, we can marvel at how comfortable air conditioning has made living year-round in South Florida.

But I can take a look back at that GE fan and marvel that it's still able to effortlessly move the air a century after its creation.

And that, folks, is cool. ■

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Opportunity to host lunch, shopping event

As the holiday shopping season begins, look no further than Palm Beach's oldest children's charity to fill your gift list. Opportunity Early Childhood Education & Family Center will host its annual Holiday Luncheon & Boutique on Wednesday, Dec. 6, at the Sailfish Club in Palm Beach. The 10th annual fundraiser will encourage guests to "Give the Gift of Opportunity."

Luncheon guests may also browse for "wrappable" gifts from exclusive boutiques. The shopping portion of the event compares to an overflowing trunk show featuring "it bags" by Neely & Chloe Burch, original jewelry creations from Idalia Baudo and the latest home accessories from HIVE.

Give the Gift of Opportunity this season! Sip, shop, and socialize at the 2017 Holiday Luncheon & Boutique on Wednesday, Dec. 6, at the Sailfish Club. Proceeds benefit the programs for the children and families of Opportunity Early Childhood Education & Family Center. Tickets are available online at www.opportunitypb.org. ■

Church plans dinner theater performances

Looking for "A Perfect Christmas" this year? You may find it at a church.

For the 25th consecutive year, the congregation of the United Methodist Church of the Palm Beaches will stage its annual Christmas Dinner Theater.

This year's event, dubbed "Mission: Christmas 2017," features a production of "A Perfect Christmas," a story of two families in crisis who have forgotten the true meaning of Christmas until Anna, an angel, delivers the message of Christmas as only she can.

Performances are Wednesday, Dec. 6, Thursday, Dec. 7, and Friday, Dec. 9. The doors open at 6 p.m., with a traditional Christmas turkey dinner served at 6:30 p.m., followed by the show at 7:30 p.m. The church is at 900 Brandywine Road in West Palm Beach.

Tickets are \$25 for adults and \$15 for children ages 12 and under. Tickets can be purchased at www.umcpb.com/mission-christmas or by calling the church at 561-687-5411 or at the church, at 900 Brandywine Road in West Palm Beach.

All proceeds will pay for local mission projects of the church. ■

Choral Society conjures 'Magic'

The Choral Society of the Palm Beaches plans to offer a little "Holiday Magic" this month.

The group, directed by S. Mark Aliapoulos, will perform festive musical numbers from Leonard Bernstein's "Chichester Psalms" and Benjamin Britten's "Ceremony of Carols," in two shows, set for Dec. 9-10 at Florida Atlantic University's Osher Lifelong Learning Institute Auditorium in Jupiter.

Performances are 7:30 p.m. Saturday, Dec. 9, and 4 p.m. Sunday, Dec. 10. Cost is \$25, \$10 for students.

The auditorium is at 5353 Parkside Drive, Jupiter. Info: www.choralsocietypalmbeaches.org. ■

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Cost: \$10 plus a donation of an unwrapped, new toy gets you ONE DRINK ticket. Pre-register now for the party you don't want to miss. <https://biggestofficeparty.eventbrite.com>

WE EXPECT A SELLOUT!



Mandel JCC presents literary events in December

The first week of December is a week of scholarship at the Mandel JCC, with a focus on authors and books.

On Sunday, Dec. 3, and Tuesday, Dec. 5, Mandel JCC will host a number of authors who will discuss their works and respond to audience comments. Choose one author per time block. The schedule and fees follow.

SATURDAY, DEC. 3: Boynton Beach Jewish Book Fair

A daylong celebration of books, Mandel JCC, 8500 Jog Road, Boynton Beach.

■ "The Book of Separation: A Memoir," by Tova Mirvis. 10:30 a.m.

This is a memoir of a woman who leaves her faith and her marriage, and sets out to navigate the terrain of a new world. Ms. Mirvis is the author of "The Ladies Auxiliary," "The Outside World" and "Visible City." With "The Book of Separation," she shifts genres, revealing some autobiographical aspects of her fiction.



MIRVIS

■ "The Trial of Adolf Hitler: The Beer Hall Putsch and the Rise of Germany," by David King. 10:30 a.m.

Based on trial transcripts, police files and other new sources, including some 500 documents recently discovered from



KING

the Landsberg Prison record office, "The Trial of Adolf Hitler" is the never-before-told story of the scandalous courtroom drama that paved the way for the rise of Adolf Hitler and the Nazi Party.

■ Keynote Lunch: "The Trust," by Ronald H. Balson. Noon.

When his uncle dies, Liam Taggart reluctantly returns to his childhood home in Northern Ireland for the funeral. When he arrives, he learns that not only was his uncle shot to death, but that he'd anticipated his own murder: In an astonishing last will and testament, Uncle Fergus has left his entire estate to a secret trust, directing that no distributions be made to any person until the killer is found. Mr. Balson is a Chicago trial attorney, educator and author of the international bestseller "Once We Were Brothers."

■ "The Saturday Evening Girls Club," by Jane Healey. 2 p.m.

Four young immigrant women living in Boston's North End in the early 1900s find sanctuary from their home lives in a social pottery-making group, where they find hope for a better future.

■ "Managing Bubbie," by Russel Lazega. 2 p.m.

Her devoted family only wants the best for their Bubbie in her twilight years, following a life as a Holocaust survivor who has risen above the squalor of Poland's ghettos, fled across war-torn Germany and survived the winter-ravaged Pyrenees on foot with three children.

■ "Get Out of Your Own Way Guide to Life: 10 tips to Shift Gears,

Dream Big, Do It Now," by Justin Loeber. 2 p.m.

This book is an in-your-face, funny, no-nonsense, socio-business handbook for anyone yearning for inner-personal success.

■ "Kasper Mutzenmacher's Cursed Hat," by Keith Fentonmiller. 3:15 p.m.

This is the story of the Mützenmacher family, cursed to sell hats since their ancestor stole Hermes' teleportation hat in the fourth century. Kasper doesn't mind making hats, but his life changes when the government reclassifies him as a Jew in 1938. Kasper must convince his son and grandson to break the curse that has trapped the family in the hat business for 16 centuries. Their lives will depend on it.

■ "Bronx Heart, Jerusalem Soul," by Raya Sue Harris. 3:15 p.m.

Bronx native Tyra Miller discovers acts of courage by her devoted Jewish family, leaving her wondering if she'd be capable of making similar sacrifices. Her guilt propels her on an academic journey to Israel where she falls in love with the country's rich ancient history, modern development and people.



HARRIS

■ "When the Heavens Kiss the Earth: Mystical Insights for Personal Growth," by Rabbi David Karmi Ingber. 3:15 p.m.

The purpose of life, fate, destiny, free will and a grand plan, the spiritual uni-

verses and body and soul are explained from the perspective of the great Kabbalists, elucidated with analogies, metaphors and stories. At the end of each chapter, Rabbi Ingber brings theory into action with exercises and practical applications to transform ideas into reality.

Dec. 3 admission varies as follows:

- Three authors, lunch and presenting author book discount: \$40 for JCC and Literary Society members; \$50 for guests
- Three authors: \$27 for JCC and Literary Society members; \$33 for guests
- Keynote lunch only: \$18 for JCC and Literary Society members; \$21 for guests
- Per author presentation: \$10 for JCC and Literary Society members; \$12 for guests

Tuesday, Dec. 5: Celebrating Sisterhood

Temple Emanu-El, 190 N. County Road, Palm Beach

■ "My Jewish Year: 18 Holidays, One Wondering Jew," by Abigail Pogrebin.

Ms. Pogrebin wants to understand what has kept holidays vibrant for thousands of years and embarks on intensive research, observation, and writing about the milestones on the Jewish calendar. A book about Jewish holidays and understanding how contemporary people find personal meaning in these traditions.

Dec. 5 admission: \$38 for members of the temple, Author & Reader Literary Society and JCC Members; \$44 for guests.

For more information or to register for any of the events, visit www.JCCOnline.com/bookfestival. ■

FLAGLER MUSEUM PROGRAMS



"An absolute must-see" - National Geographic Traveler

Fall Exhibition
Knights of the Air:
Aviator Heroes of World War I
On view through December 31

Café des Beaux-Arts
Serving a Gilded Age style afternoon tea through April 1, 2018

Christmas Tree Lighting and Special Holiday Lecture
December 3, 2:00 - 5:00 pm

Holiday Evening Tours
Tour Whitehall after hours
December 19 - 23




HENRY MORRISON

FLAGLER MUSEUM

PALM BEACH, FLORIDA

A National Historic Landmark
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DEC 8 - DEC 31

WORLD PREMIERE

Billy and Me

featuring
Nicholas Richberg
Tom Wahl
Cliff Burgess

by
Terry Teachout

director
William Hayes

producers
Louise and Barry Snyder



Theatre To Think About

201 Clematis Street, West Palm Beach, FL 33401








Sponsored in part by the Board of County Commissioners, the Tourist Development Council and the Cultural Council of Palm Beach County

561.514.4042 | palmbeachdramaworks.org

Fellowship 'Sunday Conversations' expand to four programs

The Palm Beach Fellowship of Christians & Jews kicks off its Sunday Conversations series on Dec. 3 with author Richard Rene Silvin speaking about "Mar-a-Lago: Post to Trump."

The program will take place 4-5:30 p.m. Dec. 3 at the Wells Fargo Private Bank Community Room, 255 S. County Road, Palm Beach.

Mr. Silvin has published five books, including a memoir about his friendship with the Duchess of Windsor; a history of Palm Beach seen through the eyes of architect Addison Mizner; and a historical novel about the SS Normandie.

The remaining three programs in this series will take place in the Royal Poinciana Chapel's Fellowship Hall, 60 Coconut Row, Palm Beach. The series has expanded from three to four programs.

"The series was very well-received the past two seasons and there are so many outstanding speakers here locally to choose from, so we added a fourth program this season," said Enid Pollack, program committee chair.

The rest of the series:

■ Jan. 21: Robert Watson PhD. will present "Is Civility Dead...and Does It Matter?" Watson is an award-winning author who has published 40 books and hundreds of scholarly articles on history and politics.

■ Feb. 19: Richard D'Elia PhD will present "Churchill: France, India and Other

Little-Known Controversies." D'Elia is a retired U.S. Army officer and a college professor.



WATSON

■ March 18: Deborah Pollack, a Palm Beach art dealer, author and speaker, will present "Beauty and a Couple of Beasts."

To celebrate its 25th anniversary season, the Fellowship is offering a variety of programs with the theme "Seeking Common Ground." The Fellowship was founded in 1993 by a handful of Palm Beach residents who were determined to take aim at intolerance and discrimination.

"This is the third season for Sunday Conversations, our lecture series designed to bring people of all backgrounds together to share common interests," said Fellowship Chairman John C. Randolph.



D'ELIA



POLLACK

"The presenters are all top-notch speakers on a variety of historical and cultural topics."

Light refreshments will be served. Reservations are requested. Visit www.palm-beachfellowship.net or call 561-833-6150. ■

Celebrate December with the City of Palm Beach Gardens

34TH ANNUAL GARDENS HOLIDAY BAZAAR
FRIDAY, DECEMBER 1 • 11AM-7PM
SATURDAY, DECEMBER 2 • 9AM-4PM
 Burns Road Recreation Center
 4404 Burns Road

TREE LIGHTING FESTIVAL
WEDNESDAY, DECEMBER 6 • 6-8PM
 Burns Road Recreation Center
 4404 Burns Road

THE GARDENS GREENMARKET
 SPONSORED IN GOOD HEALTH BY PALM BEACH GARDENS MEDICAL CENTER
SUNDAYS THRU MAY 6, 2018
RAIN OR SHINE
 10500 N. MILITARY TRAIL

FOR MORE INFORMATION:
 561-630-1100 • RECINFO@PBGFL.COM • WWW.PBGREC.COM

HARBOURSIDE PLACE
 JUPITER, FLORIDA

HARBOURSIDE HAPPENINGS

ART FOR ANIMALS



Saturday, December 2 | 6PM -9PM

We invite you to join us for an evening of beautiful art and animals. Enjoy a cocktail and do some shopping to benefit wildlife. House of Art's Gallery will be donating 15% of the proceeds from any art sold to the Busch Wildlife Sanctuary.

PALM BEACH HOLIDAY BOAT PARADE



Saturday, December 2 | 5PM- 10PM

Harbourside Place is the premier viewing location for the Holiday Boat Parade. Enjoy family-fun activities including face-painting, balloon artist, games, live music, and more!

LIVE MUSIC ON THE WATERFRONT



Fridays & Saturdays | 6pm – 10pm

Join us at the waterfront amphitheater to enjoy live music.

Friday, December 1: Professor Pennygoode's Mighty Flea Circus
Saturday, December 2: Andrew Morris Band

harboursideplace.com | 561.935.9533
 Connect with us: #HarboursideFL

CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnews@florida-weekly.com.

THURSDAY 11/30

“Irving Berlin Salutes America” — Nov. 30-Dec. 24 at the PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. A musical tribute and patriotic celebration featuring Berlin’s greatest songs featuring cabaret performers Melissa Jacobson, John Lariviere and Leah Sessa. Tickets: \$45-\$48, \$40 for veterans with ID. 561-808-3446; www.pgaartscenter.com

Clematis By Night Holiday Tree Lighting — 6 p.m. at the West Palm Beach Waterfront. Two bands, tree lighting at 7 p.m., activities, vendors. www.clematisbynight.net

“The Songs of the Rolling Stones” — 7-9 p.m. Nov. 30, Osher Lifelong Learning Society Institute, FAU John D. MacArthur Campus, Jupiter. Join performer Rod MacDonald & The Humdingers for an easy-on-the-ears tour through the lives, music and genius of this unique band, told in their songs. \$25/member \$35/non-member. 561-799-8547; www.fau.edu/llsjupiter

Loxahatchee Visions: The Eighth Annual Juried Art Contest — On display through January in the Visitors Center at the Arthur R. Marshall Loxahatchee National Wildlife Refuge, 10216 Lee Road, Boynton Beach, off U.S. 441 between Atlantic Avenue and Boynton Beach Boulevard. Entry fee \$5/vehicle. www.loxahatcheefriends.com; 561-734-8303.

FRIDAY 12/1

2017 Holiday Tree Lighting Ceremony — 6-8 p.m. Dec. 1, Town Green, Park Avenue at Ninth Street, downtown Lake Park. Santa arrives at 6:15 p.m. Tree lighting at 7 p.m. Entertainment, games, vendors. www.lakeparkflorida.gov or 561-840-0160.

“RaWk — The Art of Jason Newsted” — Dec. 1, Cultural Council of Palm Beach County, 601 Lake Ave., Lake Worth. The Grammy Award-winning artist and former Metallica bassist Jason Newsted opens a specially curated exhibition. The opening coincides with the Cultural Council’s 40th Anniversary season and features a live performance by Jason Newsted and The Chophouse Band at 7:30 p.m. during the Dec. 1 exhibition opening. The band will perform again Jan. 12. Tickets are \$25. 561-471-2901; www.palmbeachculture.com.

Amber M. Moran “Celebrating the Sunshine State” — Through Jan. 4, Palm Beach Gardens City Hall Lobby, 10500 N. Military Trail, Palm Beach Gardens. A ‘Meet & Greet the Artist’ is planned for 5:30-7:30 p.m. Dec. 1. 561-630-1100; www.pbgrec.com.

SATURDAY 12/2

By the Banyan Tree Historical Walking Tours — 10 a.m. Saturdays, during the GreenMarket. Offered the first and third Saturdays. Rick Gonzalez leads. Leaves from the banyan tree at the corner of Lantana Avenue and N. Clematis Street, and finishes at the Johnson History Museum. \$10, benefits the Historical Society of Palm Beach County. Next tour: Dec. 2. 561-832-4164, Ext. 2; www.hspb.org.

Opening of “Washed Ashore: Art to Save the Sea” — Dec. 2, Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. This new exhibit features 10 giant sea-life sculptures made entirely of marine debris collected

from beaches. The sculptures are located throughout the garden’s 14 acres and are on display through June 3. The opening is free for members and children age 4 and younger, \$15 nonmember adults and \$5 age 5-12. 561-233-1757; www.mounts.org.

SUNDAY 12/3

Pet Photos with Santa — 7:30-9:30 p.m. Dec. 3, The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. Make a reservation at the Guest Services desk. 561-775-7750; www.thegardensmall.com.

MONDAY 12/4

The Happiness Club — 5 p.m. Dec. 4, Bice Restaurant, 313 Peruvian Ave., Palm Beach. Topic: “Making Happiness a Choice.” Speaker: Travis Suit. Cost: \$20, includes passed hors d’oeuvres, one cocktail, raffle. www.Happiness-ClubPalmBeach.com.

Author discussion: Antonio Villa Cabello — 6 p.m. Dec. 4, Palm Beach County Library Main Branch, 3650 Summit Blvd., West Palm Beach. “Codicicia, Cronica De Una Guerra Anunciada” is the Spanish writer’s latest book. He analyzes and discuss the events that led to the Spanish American War in 1898 that ended the dominium of Spain in America. Free. Register in advance at 561-233-2600.

TUESDAY 12/5

Bake Sale and Raffle — 10 a.m.-5 p.m. Dec. 5, North Palm Beach Library, 303 Anchorage Drive, North Palm Beach. Hosted by the Friends of the NPBL. 841-3383.

WEDNESDAY 12/6

Public Discussion: How & When to Make Life End Decisions — 6-8 p.m. Dec. 6, The Palm Beach Post auditorium, 2751 S. Dixie Highway, West Palm Beach. Hosted by the League of Women Voters of Palm Beach County. Speakers include: Brent Schillinger, MD; Michael Ravitsky, D.O., a cardiologist; John Pastore, a financial planner; and John E. Peterson, P.A. Elder Law. RSVP required at www.lwvpcb.org.

Women’s Philanthropy Speaker Event — 7 p.m. Dec. 6, PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. Featured speaker: Archie Gottesman. Hosted by the Jewish Federation of Palm Beach County. Register at www.jewishpalmbeach.org or 561-242-6604.

LOOKING AHEAD

Clematis by Night — 6-9 p.m. at the West Palm Beach Waterfront, Flagler Drive at Clematis St., West Palm Beach. Live music, food and drink, vendors. www.clematisbynight.net.

■ **Dec. 7** — Jason K & Signal Fire performs rock.

■ **Dec. 14** — Business as Usual plays dance/pop/party music. www.businessasusualband.com.

■ **Dec. 21** — The Chris Thomas Band performs big band, jazz and soul. www.thechristomasband.com.

■ **Dec. 28** — No Clematis by Night — Happy Holidays!

“After Nature: Auralizations of the Anthropocene” — 7 p.m. Dec. 7, Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. New York-based, Grammy-nominated bassist Melvin Gibbs and

saxophonist/physicist Stephon Alexander, who is the author of *The Jazz of Physics*, will perform music inspired by the work of Justin Brice Guariglia, on display now. The concert takes place during Art After Dark, which also features lectures, tours, DIY art projects and more. Tours of the Earth Works exhibition will be offered before the concert at 5:30 and 6:30 p.m. Free. 561-832-5196; www.norton.org.

Pet photos with Santa at Palm Beach Outlets — 6-8 p.m. Dec. 10, in the food pavilion at Palm Beach Outlets, 1751 Palm Beach Lakes Blvd., West Palm Beach. Get two 4-by-6-inch prints for a suggested \$10 donation to the Peggy Adams Animal Rescue League. 561-515-4400; www.palmbeachoutlets.com.

Speaker Event: Bret Stephens — 7 p.m. Dec. 13, Eastpointe Country Club, 13535 Eastpointe Blvd., Palm Beach Gardens. A discussion with Pulitzer Prize-Winning New York Times Columnist Bret Stephens. Hosted by the Jewish Federation of Palm Beach County. \$18 in advance, \$25 at the door. Christine.Bon-giorno@jewishpalmbeach.org.

AT THE COLONY

The Colony Hotel — 155 Hammon Ave., Palm Beach. 561-659-8100 or 561-655-5430; www.thecolonypalmbeach.com.

Motown Fridays with Memory Lane — 9 p.m. to midnight.

After Party with Raquel Williams — 9 p.m. to midnight.

AT DRAMAWORKS

Ann & Don Brown Theatre, 201 Clematis St., West Palm Beach. 514-4042, Ext. 1; pbdrameworks.org

“Billy and Me” — Dec. 8-31. Tennessee Williams and William Inge: two great American playwrights, one turbulent friendship, by Terry Teachout.

Dramalogue: Talking Theater — A series that explores all aspects of theatre, in conversations with or about the industry’s top professionals and master artists. Dramalogue events are Tuesdays at 2 p.m. and 7 p.m. Subscription: \$108. Individual tickets: \$23.

Presentation: Tennessee Williams & William Inge, Playwrights — Dec. 12. Hosts: Terry Teachout and William Hayes.

Dramawise: “Billy and Me” — Dec. 7. A three-part discussion of the finer points of theater with others who are fascinated by the characters, themes, social relevance, and points of view. Act 1 features a discussion of the play and playwright. The intermission and lunch at a local restaurant for casual discussions with other fans. Act 2 is a discussion with the production team. Three parts: \$50 members, \$60 nonmembers. Intermission and Act 2: \$40 members, \$45 nonmembers. Act 2 only: \$15 members, \$20 members.

DREYFOOS SCHOOL
Dreyfoos School of the Arts, 501 S. Sapodilla Ave., West Palm Beach. 561-802-6000; www.soafi.org/events.

Jazz Combos Concert — Dec. 5, Brandt.

Philharmonic Concert — Dec. 6, Meyer Hall.

Winter Holiday Dance Performance — Dec. 10, Meyer Hall.

THE DUNCAN THEATRE

4200 Congress Ave., Lake Worth. 561-868-3309; www.duncantheatre.org.

“The Nutcracker” — Dec. 1

Petula Clark — 8 p.m. Dec. 7. Tickets: \$50-\$75.

PBSC’S EISSEY CAMPUS THEATRE

11051 Campus Drive, Palm Beach Gardens. Purchase tickets at the Eissey box office at 207-5900 or eisseycampustheatre.org, except where listed.

Symphonic Band of the Palm Beaches presents Brilliant Brass! — Dec. 8.

Indian River POPS Orchestra presents Home for the Holidays — Dec. 10.

Palm Beach Gardens Concert Band presents Winter Concert — Dec. 13.

AT THE GARDENS

3101 PGA Blvd., Palm Beach Gardens. 561-775-7750; www.thegardensmall.com

Kids’ Club Holidays — Dec. 9. Craft projects and ornament decorating.

Holiday Musical Extravaganza — Dec. 16. Students from the Palm Beaches and the Treasure Coast perform seasonal music on piano, violin, voice, flute, and guitar in Bloomingdale’s Court. 10 a.m. to 7 p.m. Proceeds benefit Camp VITAS, a bereavement camp for children and teens who have lost a loved one.

Holiday Gift Wrap Suite — Through Dec. 24. Free giftwrap, charge your cell-phone and catch a favorite holiday movie. Stop in from 11 a.m. to 7 p.m. on the upper level near the food court. Donations will benefit The Arc of Palm Beach County.

Salvation Army Angel Tree — Through Christmas Eve. Buy a gift for a kid in this worthy program.

Santa’s Enchanted Garden opens — Through Dec. 24. Visit Santa in his Enchanted Garden in the Grand Court.

AT HARBOURSIDE

Harbourside Place, 200 U.S. 1, Jupiter. 561-935-9533; www.harboursideplace.com.

Live Music on the Waterfront — 6-10 p.m. Friday and Saturday.

Jupiter Green & Artisan Market — 10 a.m.-3 p.m. Sundays, year-round.

AT THE KELSEY

The Kelsey Theater, 700 Park Ave., Lake Park. 561-328-7481; www.thekelseytheater.com or www.holdmyticket.com.

“The Little Mermaid, Jr.,” presented by Maplewood Playhouse YAC — 7:30 p.m. Dec. 2. Tickets: \$20 in advance, \$25 at the door.

AT THE KRAVIS

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. 561-832-7469; www.kravis.org.

Regional Arts Concert Series: MUSIC “At Eight” & MUSIC “At Two”:

CALENDAR

■ **Vadym Kholodenko. Piano** — 2 p.m. Dec. 4. Beyond the Stage: Arrive by 6:45 p.m. for a pre-performance talk by Sharon McDaniel.

■ **Orpheus Chamber Orchestra** — 8 p.m. Dec. 5. Beyond the Stage: Arrive by 6:45 p.m. for a pre-performance talk by Sharon McDaniel.

Adults at Leisure Series: Tickets: \$29.

■ **Julie Budd: Remembering ... Mr. Sinatra** — Dec. 5.

Family Fare:

■ **Virginia Rep On Tour** — Dec. 9. "Beatrix Potter's Christmas," "The Tailor of Gloucester" and "Rainbow Fish."

Also playing:

■ **Ballet Palm Beach performs "The Nutcracker"** — Dec. 1-3. The Dec. 1 show for kids is part of the S*T*A*R series. www.balletpalmbeach.org

■ **"Little Shop of Horrors"** — Dec. 1-17. Tickets start at \$35. An MNM Production.

■ **Jazz at Lincoln Center Orchestra with Wynton Marsalis** — Dec. 7. With special guest Catherine Russell. Tickets start at \$35.

AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. 561-747-8380, Ext. 101; www.jupitelighthouse.org.

■ **Lighthouse Sunset Tours** — Weather permitting. Spectacular sunset views and an inside look at the nuts & bolts of a working lighthouse watchroom. Tour time: 75 minutes. \$15 members, \$20 nonmembers. RSVP required.

■ **Lighthouse Moonrise Tour** — Offered monthly, weather permitting. Spectacular sunset views and an inside look at the nuts & bolts of a working lighthouse watchroom. Tour time: 75 minutes. \$15 members, \$20 nonmembers. RSVP required. Get tickets online or call 747-8380, Ext. 101.

■ **Hike Through History** — 8:30-10:30 a.m. the first Saturday of the month. Discover the topography and natural history of Jupiter's National Conservation Lands historic site on this 2-mile trek. Free, but RSVP required. Next hike: Dec. 3.

■ **Twilight Yoga at the Light** — 6-7 p.m.

■ **Lighthouse Story Time & Crafts for Kids** — 10:30 a.m. the first Tuesday of the month. For ages 8 and younger. Bring a mat to sit on. Free, but reservations are required.

■ **Lighthouse Book Club** — 6-7 p.m. the first Wednesday of the month. Join the museum staff in book discussions on all things Florida. November's book is: "The Seminole Indian Wars" by John Missall and Mary Lou Missall. The complete book list is available online. Donation requested. RSVP.

AT THE MALTZ

Maltz Jupiter Theatre, 1001 E. Indian-town Road, Jupiter. 561-575-2223; www.jupitertheatre.org.

■ **"Disney's Newsies The Musical"** — Through Dec. 17.

AT MOUNTS

Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. 561-233-1737; www.mounts.org.

■ **Yoga in the Garden** — Dec. 3 and 17

■ **Stories in the Garden** — Dec. 8.

■ **The Literary Garden: Book Discussion** — Dec. 12.

AT PBAU

■ **Palm Beach Atlantic University** — 901 S. Flagler Drive, West Palm Beach. Performances take place at: DeSantis Family Chapel, 300 Okeechobee Blvd., West Palm Beach; Persson Recital Hall in Vera Lea Rinker Hall, 326 Acacia Road, West Palm Beach; the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. 803-2970; pba.edu/performances

■ **Symphonic Band Fall Concert** — Dec. 1, DeSantis Family Chapel. \$10, \$5 non-PBA students with ID.

■ **An Evening of Diverse Chamber Music** — Dec. 2, Persson Recital Hall. \$10, \$5 non-PBA students with ID.

AT THE PLAYHOUSE

The Lake Worth Playhouse, 713 Lake Ave., Lake Worth. 561-586-6410; www.lakeworthplayhouse.org.

Main stage:

■ **"A Christmas Story"** — Through Dec. 3.

Limited Engagements:

■ **Divas Holiday Party** — Dec. 8

■ **"It's a Wonderful Life: The Radio Play"** — Dec. 9-10. \$25 adults. \$15 age 12 and younger.

Children's Shows:

■ **"The Snow Queen"** — Dec. 14. \$8 adults \$8, \$6 children.

AT PGA ARTS CENTER

PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. 888-264-1788; www.pgaartscenter.com.

■ **"Irving Berlin Salutes America"** — Nov. 30-Dec. 24.

AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. 561-833-1812; www.palmbeachimprov.com.

■ **Jo Koy** — Dec. 1-2

■ **Val Kilmer: Cinema Twain** — 7 p.m. Dec. 3

■ **Steve Lemme & Kevin Hefferman from Super Troopers** — 8 p.m. Dec. 7-9

AT THE FAIRGROUNDS

The South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. 561-793-0333; www.southfloridafair.com

■ **West Palm Beach Antiques Festival** — One of the largest shows in the state, noon-5 p.m. Dec. 1, 9 a.m.-5 p.m. Dec. 2 and 10 a.m.-4:30 p.m. Dec. 3.

12.01

■ **"RaWk — The Art of Jason Newsted"** — Former Metallica bassist Jason Newsted opens a specially curated exhibition Dec. 1, Cultural Council of Palm Beach County, Lake Worth. Live performance by Mr. Newsted and The Chophouse Band at 7:30 p.m. during the Dec. 1 exhibition opening. The band will perform again Jan. 12. Tickets: \$25. 561-471-2901; www.palmbeachculture.com

#DOWNTOWN

■ **Petula Clark** — 8 p.m. Dec. 7 at the Duncan Theatre, Lake Worth. 561-868-3309; www.duncantheatre.org

12.05

■ **Orpheus Chamber Orchestra** — With Truls Mørk, cello. 8 p.m. Dec. 5, the Kravis Center. Beyond the Stage: Arrive by 6:45 p.m. for a pre-performance talk by Sharon McDaniel. 561-832-7469; www.kravis.org

12.06

■ **"Seven Wonders"** — By the Palm Beach Symphony, 7:30 p.m. Dec. 6, The Society of the Four Arts. Call 561-655-7227; www.fourarts.org

Tickets: Early buyer VIP three-day pass, 9 a.m.-noon Dec. 1, \$25; general admission, \$8; seniors, \$7; 2-day admission, \$10. www.wpbaf.com or 941-697-7475.

■ **Yesteryear Village, A Living History Park** — Through Dec. 30. Hours are 10 a.m. and 4 p.m. Thursday through Saturday. Tickets: \$10 adults, \$7 seniors age 60 and older, \$7 children age 5-11, and free for younger than age 5. 561-795-3110 or 561-793-0333.

■ **Ghost Tours** — Fridays through Dec. 30. Tickets: \$18. Reservations required at 561-790-5232 or email yyv@southfloridafair.com.

AT THE SCIENCE CENTER

The South Florida Science Center and Aquarium, 4801 Dreher Park Road, West Palm Beach. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. 561-832-1988; www.sfs-science-center.org.

■ **Silver Science Days** — 2-5 p.m. the second Wednesday. Guests 60 and older can enjoy an afternoon of science designed just for them. \$10.

■ **GEMS Club @ STEM Studio Jupiter** — 5-7 p.m. the second Tuesday of the month at the STEM Studio; 112 Main St., Jupiter. Girls in grades 3-8 explore the worlds of math, science, engineering and technology. \$10 fee includes dinner and refreshments. Pre-register at www.sfs-sciencecenter.org/stem-studio-gems.

AT FOUR ARTS

The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Call 561-655-7227; www.fourarts.org.

■ **In the Mary Alice Fortin Children's Art Gallery:**

■ **"Illustrating Words: The Wondrous Fantasy World of Robert L. Forbes and Ronald Searle."**

■ **In the Esther B. O'Keeffe Gallery:** Hours: Monday through Saturday 10 a.m. to 5 p.m. and Sunday 1 to 5 p.m. Admission: \$5; no charge for Four Arts members and children 14 and younger.

■ **"A Man for All Seasons: The Art of Winston Churchill"** — Saturday, Dec. 1 through Sunday Jan. 14. This intensely personal exhibition includes 28 paintings along with rarely

#SFL
TOP
PICKS

CALENDAR

seen photos, film clips, artistic portraits and historic memorabilia.

Illustrated Lecture:

■ **"A Man For All Seasons: The Art of Winston Churchill"** — 11 a.m. Dec. 9. With Edwina Sandys, artist and granddaughter of Winston Churchill. Free.

■ **Bolshoi Ballet Live in HD** — \$20 or \$15 for students. (Student tickets must be purchased in person.)

■ **"The Taming of the Shrew"** — Saturday, Dec. 9 at 2 p.m. Music by Dmitri Shostakovich. Choreography by Jean-Christophe Maillot.

■ **Special Screenings:** Free, but tickets are required. Call the box office at 561-655-7226; www.fourarts.org

■ **"It's a Wonderful Life"** — Saturday, Dec. 2 at 2:30 p.m.

Live Performances:

■ **"This Wonderful Life"** — Dec. 3 at 3 p.m. Free for members, \$20 nonmembers.

■ **Palm Beach Symphony, "Seven Wonders"** — 7:30 p.m. Dec. 6. Free for members. \$40 (balcony), \$45 (orchestra) nonmembers.

■ **Annual Christmas Concert: Seraphic Fire, "A Seraphic Fire Christmas"** — 7:30 p.m. Dec. 13. Free for members. \$40 (balcony), \$45 (orchestra) nonmembers.

Holiday Film:

■ **"It's a Wonderful Life"** — Dec. 2.

■ **Book Signings and Discussion Groups:** All programs take place in the Dixon Education Building during the King Library's renovation.

Florida Voices:

■ **"Hidden History of Florida," by James C. Clark** — 1:30 p.m. Dec. 12. Free.

■ **Talk of Kings Book Discussion:** These popular book discussions take place at 5:30 p.m. Free. no reservation needed.

■ **"Hillbilly Elegy: A Memoir of a Family and Culture in Crisis," by J.D. Vance** — 5:30 p.m. Dec. 5.

LIVE MUSIC

■ **Angry Moon Cigars** — 2401 PGA Blvd., 188 & 194, Palm Beach Gardens. 561-296-5995.

■ **Joe Birch** — 9:30-12:30 a.m. Thursdays. Live and acoustic rock.

■ **Robert McCarthy** — 9:30 p.m.-12:30 a.m. Friday and Saturday.

■ **The Pelican Café** — 612 U.S. 1, Lake Park. Monday and Tuesday. 561-842-7272; thepelicancafe.com.

■ **Respectable Street Café** — 518 Clematis St., West Palm Beach. 561-832-9999; www.sub-culture.org/respectables.

■ **Voltaire** — 526 Clematis St., West Palm Beach, above Lost Weekend. 561-408-5603.

ONGOING

■ **The Ann Norton Sculpture Gardens** — 2051 S. Flagler Drive, West Palm Beach. Tickets: \$15 adults, \$10 seniors 65+, \$7 for students, free for members and younger than age 5. 561-832-5328; www.ansg.org.

■ **"Gordon Cheung — New Order Vanitas"** — Dec. 9-Feb. 4.

■ **APBC Art on Park Gallery** — 800 Park Ave., Lake Park. 561-345-2842; www.artistsofpalmbeachcounty.com.

■ **Drawing / Pulled Prints Exhibit Opens** — 5-8 p.m. Dec. 1. Plus it's the annual Members' Appreciation Party with live music by Swing Street.

■ **The Armory Art Center** — 1700 Parker Ave., West Palm Beach. 561-832-1776; www.armoryart.org.

■ **Lunch and Learn Armory** — Bring your own lunch and listen in.

■ **Most Influential Women in Contemporary Art** — Dec. 4. Mark Cohen speaks.

■ **The Audubon Society** — Bird walk asetripinfo@gmail.com; 508-296-0238. www.auduboneverglades.org.

■ **Annual Holiday Pot Luck Dinner and Lecture** — 6 p.m. Dec. 5. Topic: "Audubon's Fight for the Everglade Snail Kite and the Everglades" by Paul N. Gray, Ph.D., Audubon Florida Science Coordinator.

Bird Walks:

■ **STA-1E Stormwater Treatment Area** — 7:30 a.m. Dec. 2. No walking required. Advance registration required. A release is required available online. Leader: Dan O'Malley

■ **Wellington Preserve** — 8 a.m. Dec. 3. Easy walk, but longer than a mile. Leaders: Walt Hakenjos and Paul Thomas.

■ **Green Cay Nature Center** — 7:30 a.m. Dec. 4. An easy walk, medium distance, family friendly, and handicap accessible. Leader: Paton White.

■ **Pine Jog (Birding before Dining)** — 4-6 p.m. Dec. 5. A moderate walk on improved trail, dirt and uneven surfaces. Leader: Lauren Butcher.

■ **Benzaiten Center for Creative Arts** — 1105 Second Ave. S., in a historic FEC train depot building, Lake Worth. 561-310-9371 or 561-508-7315. www.benzaitencenter.org.

■ **The Gallery at Center for Creative Education** — 425 24th St., West Palm Beach. www.cceflorida.org.

■ **Women In The Visual Arts 'Artistic Dimensions' Reception** — 6-8:30 p.m. Dec. 9. \$10. On display through Jan. 19.

■ **Downtown at the Gardens** — 11701 Lake Victoria Gardens Ave., Palm Beach Gardens. 561-340-1600; www.downtownatthegardens.com.

■ **Jazz Sundays** — 1-3 p.m. the first Sunday of the month

■ **The Flagler Museum** — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tickets: free for members; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6 free. 561-655-2833; www.flaglERMuseum.us.

■ **"Knights of the Air: Aviator Heroes of World War I"** — Through Dec. 31.

■ **Christmas Tree Lighting** — 3-5 p.m. Dec. 3.

■ **The Florida Trail Association Loxahatchee Chapter** — Leads nature walks. New adventurers are welcomed. Get info and register at www.loxftrail.org.

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CALENDAR

■ **John Prince Park Walk** — Dec. 2, 2520 Lake Worth Road, Lake Worth. Call Paul at 596-4423.

■ **Hike In Jonathan Dickinson State Park** — 8 a.m. Dec. 3, 16450 S.E. Federal Highway, Hobe Sound. About 7-12 miles, quick paced. Call Mary at 213-2189.

■ **Monthly Chapter Meeting** — Dec. 4, Okeehetee Park Nature Center, 7715 Forest Hill Blvd., West Palm Beach. A cookie exchange and program at 7:30 p.m. Guests welcome. Call Margaret at 324-3543.

■ **The Happiness Club of Palm Beach** — Meets at 5 p.m. the first Monday of every month at Bice Restaurant, 313 Peruvian Ave., Palm Beach. Donation: \$20 at the door or online at www.HappinessClubPalmBeach.com.

■ **The Historical Society of Palm Beach County** — Johnson History Museum, 300 N. Dixie Highway, West Palm Beach. Free admission. 561-832-4164; www.historicalsocietypcb.org.

■ **"Shipwreck: Discovering Lost Treasures"** — Through June 30.

■ **"Visions of Florida: Clyde Butcher"** — Through Jan. 31.

■ **The Lighthouse ArtCenter** — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is \$5 Monday-Friday, free the first Saturday of the month and for members and exhibiting artists. 561-746-3101; www.LighthouseArts.org.

■ **"Elegant Threads: Wearable Art & Surface Design Exhibition"** — Through Dec. 9.

■ **Third Thursday** — 5:30-7:30 p.m. the third Thursday of the month. Wine and passed hors d'oeuvres reception and exhibits, concerts, lectures, art demonstrations, live performances and gallery talks.

■ **Loggerhead Marinelife Center** — 14200 U.S. 1, Juno Beach. 561-627-8280; www.marinelife.org.

■ **Biologist Beach Walks** — 7-8:30 p.m. Monday, Wednesday, Thursday, Friday and Saturday. A staff member leads guests on the beach to discuss the nesting and hatching processes of sea turtles. \$10.

■ **Manatee Lagoon** — 6000 N. Flagler Drive, West Palm Beach. The FPL Eco-Discovery Center. 561-626-2833; www.visitmanateelagoon.com.

■ **The Multilingual Language & Cultural Society** — 210 S. Olive Ave., West Palm Beach. 561-228-1688 or www.multilingualsociety.org.

■ **Grammar Workshop** — 11 a.m. Dec. 2. Advanced beginner and intermediate levels in French, Italian and Spanish. Cost: \$40 for 2 hours. Register in advance.

■ **Traditional Multilingual Potluck** — Dec. 10. For teachers, students and members. Bring a dish. RSVP before Dec. 5 to nk@multilingualsociety.org.

■ **North Palm Beach Library** — 303 Anchorage Drive, North Palm Beach. 561-841-3383; www.village-npb.org.

■ **Ongoing: Knit & Crochet** at 1 p.m. Mondays; Quilters meet 10 a.m. Friday; Chess group meets at 9 a.m. the first and third Saturday.

■ **Bake Sale and Raffle** — 10 a.m.-5 p.m. Dec. 5.

■ **"Hearing Loss, Friends & Families" support group meets** — 5-7 p.m. Nov. 30. Hosted by the Hearing

Loss Association of America. Refreshments. Email: hearingloss.npb@gmail.com.

■ **The Norton Museum of Art** — 1451 S. Olive Ave., West Palm Beach. Free admission. 561-832-5196; www.norton.org.

■ **"Earth Works: Mapping the Anthropocene"** — Through Jan. 7.

■ **"Brilliant: Recent Acquisitions"** — Through Dec. 10.

■ **The Palm Beach Photographic Centre** — 415 Clematis St., West Palm Beach. 561-253-2600; www.workshop.org.

■ **"Local Eyes, Global Views: Celebrating the Photography of Barron Collier, Alexander W. Dreyfoos and Leslie Slatkin"** — Through Jan. 5.

■ **The Palm Beach Zoo & Conservation Society** — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. daily. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. 561-533-0887; www.palmbeachzoo.org.

AREA MARKETS

■ **Lake Worth High School Flea Market** — 5 a.m.-3 p.m. Saturdays and Sundays under the Interstate 95 overpass on Lake Worth Road. 561-439-1539.

■ **West Palm Beach Antique & Flea Market** — 8:30 a.m.-2:30 p.m. Saturdays through May on Narcissus Avenue north of Banyan Boulevard. Free. www.wpbantiqueandfleamarket.com.

■ **The Green Market at Wellington** — 9 a.m. Saturdays through April 28 at 12150 Forest Hill Blvd., Wellington. www.greenmarketatwellington.com.

■ **The West Palm Beach Greenmarket** — 9 a.m.-1 p.m. Saturdays along the West Palm Beach Waterfront, 100 N. Flagler Drive, West Palm Beach. Parking is free in the Banyan and Evernia garages during market hours. www.wpb.org/greenmarket.

■ **Lake Worth Farmers' Market** — 9 a.m.-1 p.m. Saturday, through April 29, Old Bridge Park, A1A at Lake Avenue (1 S. Ocean Blvd.), Lake Worth. 283-5856; www.lakeworthfarmersmarket.com.

■ **The Gardens GreenMarket** — 8 a.m.-1 p.m. Sunday, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. 630-1100; www.pbgfl.com/278/greenmarket.

■ **The Village of Royal Palm Beach Green Market & Bazaar Veterans Park** — 9 a.m.-1 p.m. Sunday, Veterans Park, 1036 Royal Palm Beach Blvd., Royal Palm Beach. Through April 29. www.rpbgreenmarket.com.

■ **Jupiter Green & Artisan Market at Harbourside Place** — 10 a.m.-3 p.m. Sunday, year-round, 200 N. U.S. 1. Email info@harboursideplace.com.

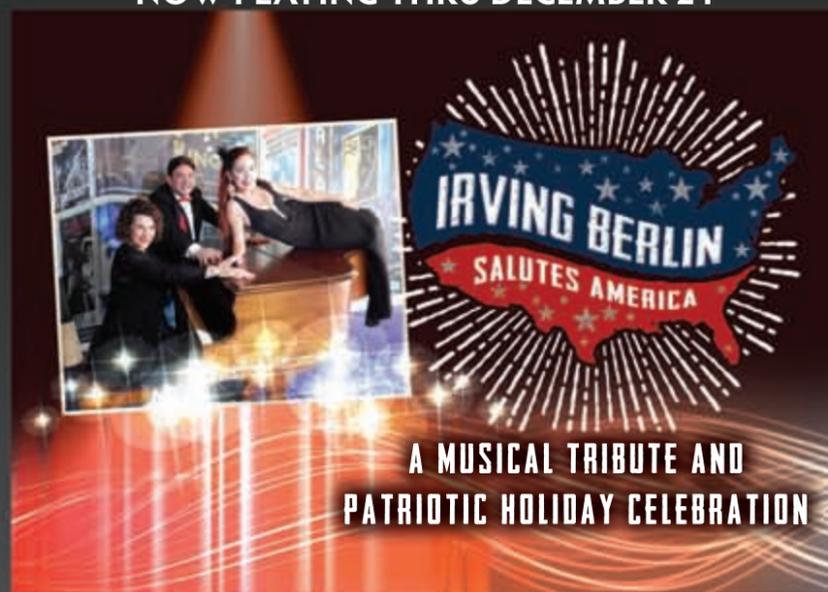
■ **The Green Market at Palm Beach Outlets** — 11 a.m.-4 p.m. Sunday, 1751 Palm Beach Lakes Blvd., West Palm Beach. 561-515-4400; www.palmbeachoutlets.com.

■ **Jupiter Farmers Market at El Sol** — 9 a.m.-1 p.m. Sundays, 106 Military Trail, Jupiter. 283-5856; www.jupiterfarmersmarket.com.

■ **Farm Stands @ CityPlace + Sunset Social farmer's market** — 5:30-9 p.m. Thursdays, CityPlace, 700 S. Rosemary Ave., West Palm Beach. 561-283-5856; www.cityplace.com. ■

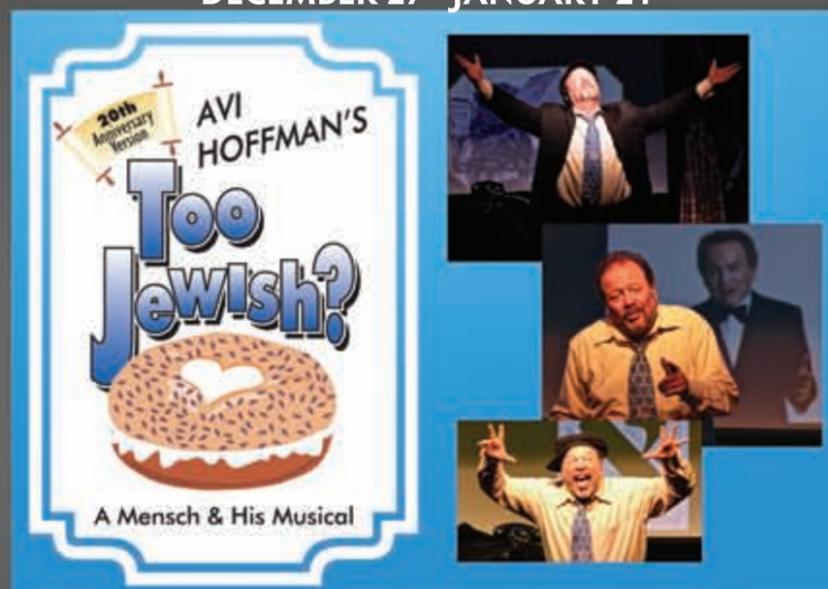
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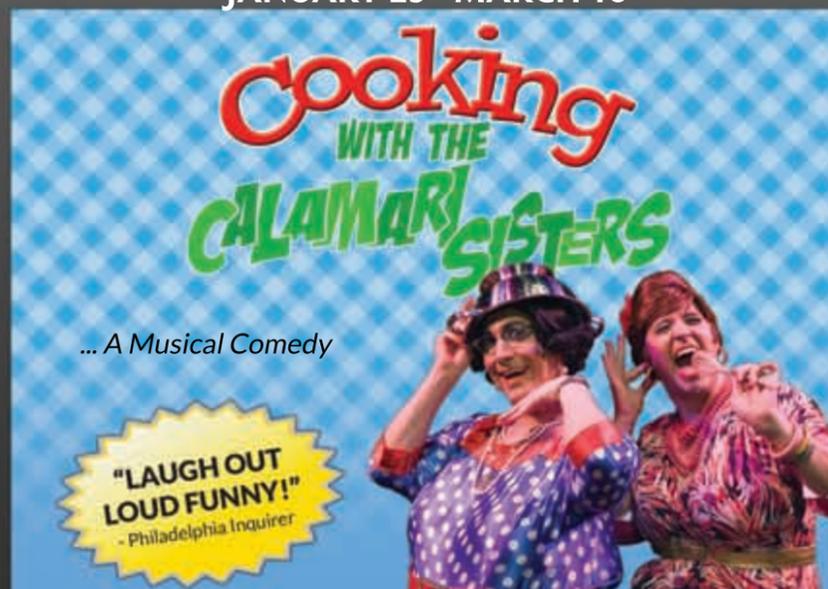
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SOCIETY

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10



12



13

ANDY SPILOS / FLORIDA WEEKLY



11

1. Andrea DiZeo and Margarita Tucitt
2. Andrew Gerber, Dukess Gerber, Channing Gerber and Coulton Gerber
3. Pierce Ordille, Sloane Ordille, Charlie DeJesse, AJ DeJesse, Liz Ordille, Anthony Ordille, Natalie Ordille and Vivian Ordille
4. Brenda Garcia, Jenny Garcia, Jenny Garcia and Armando Garcia
5. Gus Renny and Eva Renny
6. Chelsea Brotman, Sunny Brotman, Steve Brotman, Lucy Brotman and Patti Brotman
7. Finley Fox, Justin Fox and Tia Fox
8. Jordan Walsh, Deanna Walsh and Brayden Walsh
9. Harrison Gregorio, Kim Gregorio, Elinor Gregorio and Chris Gregorio
10. Vicki Vought, Kati Vought and Nancy Vought
11. Kristen Hritz, Haileigh Hritz, Ryan Hritz and Bobie Hritz
12. Tamara Drock, Ryan Drock, Parker Fay and Emily Fay
13. Rahassan Farrell, Kingston Farrell and Colleen Garland



Savannah Bacon and Michelle Bacon

300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

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LATEST FILMS

'The Man Who Invented Christmas'

danHUDAK

punchdrunkmovies.com



★★

Is it worth \$10? No

There are many problems with "The Man Who Invented Christmas," and the first is its title. It rings false. You hear/see it and immediately think it can't possibly be true. We learn director Bharat Nalluri is trying to suggest Charles Dickens' novella "A Christmas Carol" created Christmas as we know it. That's fine, but "Christmas as we know it" is darn different from "invented Christmas."

The film endeavors to show Dickens' (Dan Stevens) inspirations for the novella, and the hardships he faced in getting it done. For absolutely no good reason the movie starts in 1842 New York City, where Dickens is on a promotional tour. From this prologue we learn that Dickens is a popular writer. If you didn't already know Dickens is a popular writer, you should go to high school. He did invent Christmas after all.

Three flops and 16 months later, it's October 1843 and Dickens is short on cash with a wife, Kate (Morfydd Clark), four kids and a house full of family. His father's (Jonathan Pryce) a moocher, Kate's pregnant and he clearly picked a bad time to renovate the house. His only friend is John Forster (Justin Edwards), who also appears to be his agent, manager and lifeline to the outside world. Later, Forster is the inspiration for the ghost of Christmas present.

With his publishers not trusting him after poor sales for "Martin Chuzzlewit," Dickens decides to self-publish his next book, "A Christmas Carol: A Ghost Story of Christmas." The problem is he has a mean case of writer's block, and inspiration comes and goes. Worse, most times when he is being productive he's annoyingly interrupted.

This isn't good, and I don't mean just from Dickens' point of view. The film's best scenes come as Dickens imagines Ebenezer Scrooge (Christopher Plummer), Jacob Marley (Donald Sumpter), etc., and so when his writing is interrupted so too are the movie's most

enjoyable moments. Sometimes writers (screenplay by Susan Coyne) and directors can't get out of their own way, and this certainly qualifies.

Outside of Dickens' imagination, which includes conversations with Scrooge, he also gets ideas from the world around him. Names, people and situations will ring familiar for those already acquainted with "A Christmas Carol," and these knowing moments comprise the film's charm. But cumbersome subplots, including Dickens' irresponsible father and troubled childhood, do little to accentuate the main



story, and as a result the entire narrative exists in tedium.

Finally, and ironically, for a movie allegedly about the invention of Christmas there's not much Christmas here — those expecting yuletide merriment based on the title will be sadly disappointed. On the other hand, if you weren't expecting yuletide merriment because you went to high school and think the movie is about a famous writer, you'll only be mildly disappointed. ■

Did you know?

>> "A Christmas Carol" was published Dec. 19, 1843, and was sold out by Christmas Eve that year. By the end of 1844, 13 editions had been released. The book has never been out of print.

FILM CAPSULES

Justice League ★★1/2

(Gal Gadot, Ben Affleck, Jason Momoa) Batman (Affleck) and Wonder Woman (Gadot) bring in new recruits to help them fight off an alien bad guy intent on taking over the world. It starts slow, but some levity in the second half makes it enjoyable. Rated PG-13.

Wonderstruck ★★1/2

(Julianne Moore, Millicent Simmonds, Oakes Fegley) In separate storylines set 50 years apart (1927 and 1957), deaf 12 year-olds (Simmonds and Fegley) in New York City search for what they feel their lives are missing. Strong performances, great visuals and masterful direction from Todd Haynes ("Carol") make this one of the nicest and most fulfilling movie experiences of the year. Rated PG.

Daddy's Home 2 ★★★

(Mark Wahlberg, Will Ferrell, Mel Gibson) Co-dads Dusty (Wahlberg) and Brad (Ferrell) have their own fathers (Gibson and John Lithgow) come to town for Christmas, which leads to family chaos. It's notably funnier than its 2015 predecessor, and is the perfect way to get in the Christmas spirit this year. Rated PG-13.

Thor: Ragnarok ★★★1/2

(Chris Hemsworth, Mark Ruffalo, Cate Blanchett) Thor (Hemsworth) and Hulk (Ruffalo) must save Thor's home planet of Asgard from the villainess Hela (Blanchett). It's so much fun! The action and visual effects are top notch, and best of all it's hilarious from start to finish. Rated PG-13. ■

FLORIDA WRITERS

A masterful exploration of the causes and consequences of an unjust conviction

philJASON

philjreviews@gmail.com



■ "Monument Road" by Michael Wiley, Severn House. 256 pages. Hardcover, \$28.99.

When we first meet Franky Dast, he is just out of prison. Falsely convicted of a double murder eight years ago and now in his mid-20s, he's entering a world he has not yet begun to figure out.

It is largely due to his own efforts that Franky has been given his freedom. He was betrayed by Higby, the demonic arresting officer who put him on death row, by his ill-equipped public defender and by a system that had no interest in raising questions about the past.

Bitter over the lost years and the taint on his name, Franky gains employment with the Justice Now Initiative, a small organization that aids people facing the same problem of having been unjustly imprisoned. A haunted man, he's not an ideal employee, but his supervisors nurture him as best they can.

In order to more fully establish his innocence, Franky feels the need to discover who was really guilty of murdering the two young teenage brothers with whom he had an innocent encounter that doomed him.

Just as he had done much of the investigative work that set him free, Franky is back at it again, trying to follow up on the death of the boys and to find others whose lives and deaths seem to have linked circumstances and details.

With no bars hemming him in but often confused and determined to be in charge of his own life, Franky is taking chances that might get him in trouble.

This gorgeously crafted, shudderingly dark novel blends the genres of psychological thriller and murder mystery. Many will find the author's probing of Franky's tormented psyche to have primary appeal. However, the young man is also an adept reasoner and a bulldog at getting close to people who might have secrets he needs to draw out.

The version of Jacksonville that Michael Wiley takes his readers through is a stretch of the urban and suburban American South blighted by corruption and contamination of all kinds. Autopsies reveal unusually high

mercury levels; a powerful judge holds sway over how and whether law — as actualized in the sheriff's department and the courtroom — is administered; and the low-end rooming house where Franky rents a room is a sordid, grimy place (although its owner/manager seems to be a competent and caring person).

Lowlifes and roughnecks are everywhere, some out of their own volition and others hired or otherwise motivated to scare Franky away from his pursuit of the truth. They don't want the past dug up. The officer who maniacally pursued Franky's conviction is even now unwilling to admit to Franky's innocence and remains a threat.

There are, however, signs of hope in this noir morass. Dr. Patel, Franky's psychologist, is helpful though limited. And Franky is not able to fully benefit from his advice. A female partner of the hardnosed sheriff's officer slowly comes to understand the ways in which Franky was set up and the merit of his mission. Hank and Jane, the people

who have given Franky meaningful work at the Justice Now Initiative, are models of patience and sensible advice, even though Franky cannot always heed it.

Most important is Cynthia, the curious young woman who works at the local movie complex and who becomes Franky's girlfriend. Her wisdom and spirituality are a solace and balm to Franky's erratic streaks and desolation. Mr. Wiley's portrait of the growth of this

relationship is extremely perceptive and moving. Cynthia's fire-scarred legs, sometimes wrapped around Franky, take on a talismanic quality.

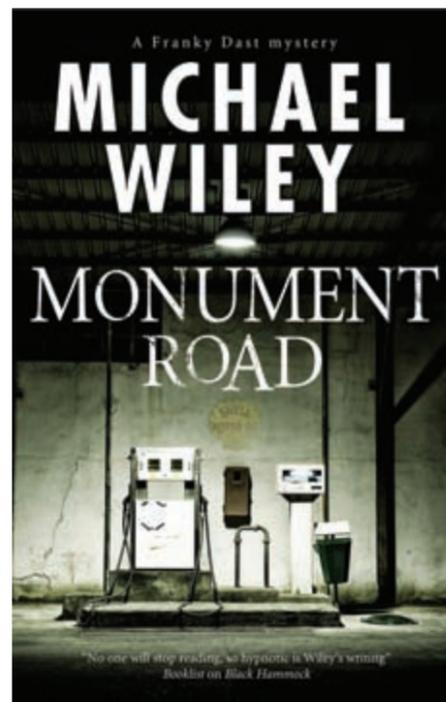
Masterfully setting in motion his main character's goals and the array of blocking forces, the author carefully orchestrates the larger and smaller revelations, the successes and failures along Franky's path, into a thundering coda of suspense.

About the author

Michael Wiley has published the Daniel Turner Thriller series (including "Blue Avenue," "Second Skin" and "Black Hammock") and the Shamus Award-winning Joe Kozmarski Private Detective series ("A Bad Night's Sleep," "The Bad Kitty Lounge" and "Last Striptease"). He grew up in Chicago and has lived and worked in the neighborhoods and on the streets where he sets his Kozmarski mysteries. He now teaches literature at the University of North Florida in Jacksonville, the setting of his Daniel Turner stories (which have been reviewed in these pages). ■



WILEY



Armory brings together art, music, food for festival

BY JANIS FONTAINE

pbnews@floridaweekly.com

Do we need to even say it? Art makes a beautiful, long-lasting, meaningful gift, and this weekend, the Armory Art Center in West Palm Beach will host the second annual West Palm Beach Art Festival, the perfect place to make the perfect purchase.

The West Palm Beach Art Festival has all the components it needs to stack up next to the other art festivals each year, and Palm Beach County, it seems, has an insatiable appetite for beautiful work. Last year, more than 6,000 showed up to browse the work of the 80-plus artists chosen to display, who work in ceramics, drawing, fiber, furniture, glass, jewelry, photography, printmaking, sculpture, mixed media and paint.

From 10 a.m. to 5 p.m. Saturday and Sunday, local and visiting artists will display the best of their work, while others offer demonstrations of their craft. Local musicians perform, food trucks will fill bellies, and lots of art activities are planned.

The artists' 10-foot-by-10-foot tents will be scattered around the Armory's sculpture garden and parking lot just south of Howard Park, at 1700 Parker Ave., West Palm Beach. The Kravis Center, the Palm Beach County Convention Center, Hilton West Palm Beach and CityPlace are within walking distance.

From 11:30 a.m. to 4:30 p.m., Sam Perry will be in the gallery to discuss his show, "Social Set: Paintings, Drawing and Videos." Mr. Perry teaches at PBAU and at the Armory Art Center.

Entertainment highlights include The Johnny Bonez Band on Saturday and Les Nuages and the Orchid City Brass Band on Sunday.

Activity and entertainment schedule

Saturday, Dec. 2:

■ Palm Beach State College Jazz Quintet performs at 10:30 a.m.

■ Printmaking & Papermaking in the Young Artist Building, Room 101, at 11:30 a.m.

■ The Palm Beach Pipes & Drums perform at noon.

■ The Palm Beach State College Jazz Sextet performs at 1:30 and 3:30 p.m.

■ Painting & Sound, a demonstration, in the Young Artist Building 101 at 2 p.m.

■ A Raku demonstration will be given in the Kiln Area at 3:30 p.m.

■ The Johnny Bonez Band performs at 3:45 p.m.

Sunday, Dec. 3:

■ The Roaring Kelly Band performs at 10:30 a.m.

■ A 3D jewelry demonstration takes place in the jewelry studio at noon.

■ Les Nuages perform at 12:30 p.m.

■ A ceramics demonstration on large pots takes place in the ceramics studio at 1:45 p.m.

■ The Orchid City Brass Band performs at 2 p.m.

■ A block-printing demonstration is offered in the Young Artist Building, Room 101.

■ Nick Manzino performs at 3:30 p.m. to close the show.

For more information, visit www.westpalmbeachartsfestival.com. ■



A MAN FOR ALL SEASONS THE ART OF WINSTON CHURCHILL

Saturday, December 2, 2017
through Sunday, January 14, 2018

Winston Churchill, the great wartime leader and prime minister of Britain, was 40 when he began to paint. This intensely personal exhibition includes 28 of his paintings along with rarely seen photos, film clips, artistic portraits and historic memorabilia.

Winston S. Churchill (1874-1965), "Distant View of Èze," 1930 (detail).
Oil on canvas, 20 x 30 in. (50.8 x 76.2 cm.) Coombs No 209.
Collection the family of the late Julian Sandy



THE SOCIETY OF *The Four Arts*

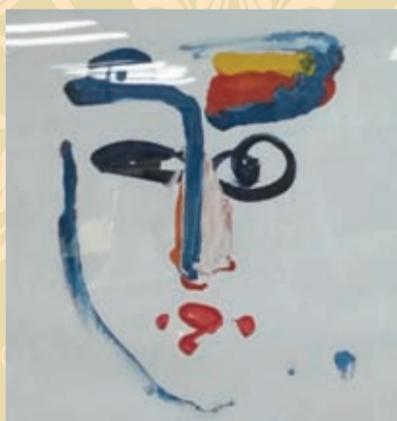


www.fourarts.org

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An exhibition organized by the National Churchill Museum at Westminster College in Fulton, Missouri, and The Society of the Four Arts, Palm Beach, Florida.

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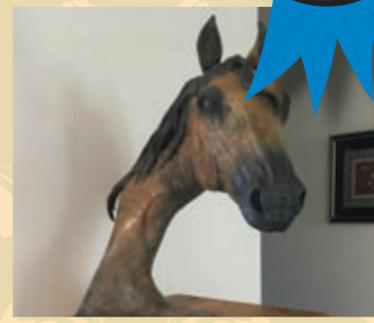
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NUTCRACKER

From page 1

for many years at Palm Beach State College's 750-seat Eissey Campus Theatre.

"The thing for us was we needed to have a set that was big enough and grand enough to fill the space. That was our deal. We have this beautiful new set. It's going to fill the space and help tell the story better," she said.

We all know the bare bones of the E.T.A. Hoffman tale that provides the framework for Tchaikovsky's ballet, right?

In it, a young girl named Marie's favorite Christmas toy, a nutcracker, seemingly comes alive. He becomes her prince, there is a battle, and then they go to his enchanted kingdom to rule.

The themes of Hoffman's works often teeter between fantasy and reality.

"What I loved about the Hoffman fairy tale was that he had this line about how magic was around us, if we only have eyes to see it," Ms. Smith said.

There wasn't necessarily a moral to this tale.

"His fairy tales were the first like that. He was sort of like a precursor to Lewis Carroll," she said. "Most before had a moralistic bent."

The beauty of Hoffman's storytelling is that it inspires adults to take a child-like approach.

"I just want this to be full of wonder. It needs to be because we will have children come to the theater for their very first experience at the ballet. It's not the kind of wonder they'd see on a movie screen or at Disney World, but what they'd see at a ballet," Ms. Smith said.

The sets have grown to accommodate the larger stage and the 60 or so dancers who will be performing.

"We have a proscenium that is part of our set that looks like an old theater proscenium. It frames the picture the whole time," Ms. Smith said.

Sometimes, a story is better told without words.

"Ballet tells this story in its own way. There's something magical and wonderful about using beautiful set pieces. And it's elegant. There's an elegance about it that I think is wonderful," she said.

There also is an elegance in producing something locally.

Ms. Smith grew up in Palm Beach County, but left at the age of 16 to pursue her dance training in Washington, D.C.

"I didn't perform it as a child," she said of "The Nutcracker." "I was 18 when I had my first professional contract, so I didn't grow up learning all the roles in 'The Nutcracker,' like my students do."

It's exciting for them to play a venue like the Kravis Center.

And it's important for the company. "I talked to our board chair and told her we had to perform our 'Nutcracker'



AJ HOWELL / COURTESY PHOTO

Dancers Danielle Glynn, Sarah Wilson and (in front) Madeleine Miller in "Snow Scene" from "The Nutcracker."

at the Kravis Center," Ms. Smith said.

It not only changes the way in which Ballet Palm Beach views itself, but the way in which potential audiences view the company.

"It helps people believe in the validity of the company, and that if it can stand up with all the things that are at the Kravis Center, it will intrigue them enough that they might come see us at other venues," she said.

The production will continue to grow. "There will always be ways to add more to this production — we've already talked about what else can be done. You can't do everything the first year — there's no place else to go."

And students will continue to learn, both from the team of instructors at Ballet Palm Beach and from the professional dancers who perform with the company.

"They're learning by example," Ms. Smith said of her students. "That was a huge part of the premise of the beginning of the company. Our students see the company members coming and going from the studio and they rehearse with them so they see what they can

aspire to."

The youngsters may have to perform the same role for a few years.

"But when they know other members in the company have been this or that, no part is too small and every part matters and I'm one part of a much bigger wheel. That's an important lesson for kids," she said.

It's all about teaching them responsibility.

"The understanding that there is no small part — there is an expectation. Everybody is important, so you are expected to be at as many rehearsals as possible. You all are important."

It's just as important to Ms. Smith that Palm Beach County maintains a professional ballet company.

When she was coming of age in the 1960s and '70s, there were few performance venues, beyond the Royal Poinciana Playhouse and the West Palm Beach Auditorium.

"It was sad that I had to leave. Not able to stay and be in your home because of the thing you want to do — I don't believe that's the best-case scenario for students. They need to be in their homes

with their mom and their dad and they deserve to have a place where they can train and prepare for their next phase of the careers," she said.

Her voice brightened.

"Many of the students can start college at Palm Beach State College and still be dancing," she said.

And there's something else.

"We feel like 'The Nutcracker' has to be our annual gift to the community. That's important to us. This is our town and this is our gift. It's not just about the company making an impression," Ms. Smith said. ■

in the know

Ballet Palm Beach's "The Nutcracker"

>> **When:** 7:30 p.m. Dec. 1, 2 p.m. and 7:30 p.m. Dec. 2 and 2 p.m. Dec. 3

>> **Where:** Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach

>> **Cost:** \$19 and up.

>> **Info:** 561-832-7469 or www.balletpalm-beach.org.

SHOP

From page 1

all about casting local talent and they're extraordinary."

This version of "Little Shop" is directed by Bruce Linser, who previously helmed MNM productions of "Company," "The World Goes 'Round" (Carbonell and Silver Palm awards, Best Ensemble) and "Side By Side By Sondheim." It will feature Mike Westrich as Seymour, Mallory Newbrough as Audrey, Peter Librach as Mushnik, Jim Ballard as Orin Scrivello and Robert Richards Jr. as the voice of Audrey II. Michael Wallace rounds out the cast, with Nayomi Braaf, Gabrielle Graham and Shenise Nunez as the singing urchins.

"Mike Westrich has worked with us

before as Galahad in 'Spamalot' and Berger in 'Hair,'" Mr. Lifshitz said. "He has played Seymour before and we're more than happy to bring him back to the role. And anyone who has seen Mallory Newbrough's work has been blown away by it. She is back with us for the third time. Mallory has played such a wide range of characters and has been marvelous in each one. Peter Librach is an amazing character actor and Jim Ballard's resume is as long as both of my arms. And Robert Richards Jr. has an amazing voice, bringing a fierce, funny and malevolent presence to the character of the bloodthirsty plant, Audrey II."

Situating the revolving set, which depicts both the inside and outside of the florist shop where the action takes place, proved to be a challenge.

"We discovered the platforms that make up the Rinker stage — which

we've used for all of our other shows except for 'Spamalot' — were not going to bear the necessary weight that we needed to put on them," he said. "So for this production we have built our own stage, consisting of 32 platforms. Usually the set is done with screens or a curtain and you pull them closed to play a scene in front while the set is changed behind. In our case, the set will revolve so you'll see both the inside and outside of the flower shop depending on which way it's turned. That way, any scene on the street will look like it's actually taking place outside the flower shop."

Mr. Lifshitz cautioned those who pursue deeper themes of the musical — such as pure human values wrestling with the darker mores of a capitalist culture — might miss its truer purpose, which is to provide an evening of unabashed entertainment, set to the music and lyrics of

the team of Alan Menken and Howard Ashman.

"The show is just fun, with no overarching message," he said. "And anybody walking into the theater better be planning to have fun. Don't think too hard about this one. It's kind of hard to think anyway, when you're presented with a main character that's a 12-foot cross between an avocado and a Venus flytrap." ■

in the know

"Little Shop of Horrors"

>> **Where:** Rinker Playhouse at the Kravis Center, 701 Okeechobee Blvd. in West Palm Beach

>> **When:** Dec. 1-17; evening shows at 7:30, matinees at 1:30

>> **Cost:** \$35-\$45

>> **Info:** 561-832-7469 or www.kravis.org

HAPPENINGS

From page 1

keeping with that, children will receive boxes of Animal Crackers, the iconic English biscuit with roots that trace back to the early 1800s. In 1902, the Nabisco "Barnum's Animals Crackers" were introduced. Nabisco's circus-themed cookie/crackers were the first to add a string, so it could be used as a Christmas ornament.

If you can't attend the tree lighting, but want to still see Whitehall dressed up for the holidays, tours are offered "after hours," when the glow from the 1902 light fixtures illuminates the finery of the Gilded Age decorations and decor. Each evening begins with a reception at

6:30 p.m. featuring carols, refreshments, and holiday-themed activities, followed by tours at 6:50, 7:05, 7:15 and 7:25 p.m. Visitors receive a traditional Flagler Museum Christmas cracker following the tour, and the museum store will remain open for holiday shopping.

Tickets for the Holiday Evening Tours are \$25 for adults, \$18 for younger than age 18. Hang on to your ticket stub: It's good for 15 percent off your check at Sant Ambroeus, Palm Beach, through Jan. 31.

More holiday happenings

Here are a few of the don't-miss performances scheduled for the holidays:

The Kravis Center has a variety of options for your holiday schedule. Especially for the kids, "A Charlie Brown Christmas Live! On Stage" bounds onto the Kravis Center stage on Dec. 23.

If you're looking for a romantic date night for the holidays, consider celebrating with 98 Degrees on stage at the Kravis Center on Dec. 10. Tickets start at \$29.

If you're feeling a little closer to the Lord, or you want to, A Gospel According to Jazz Christmas on Dec. 14 features Kirk Whalum and Jonathan Butler and special guests John Stoddart. This Kravis Center Community Outreach Event has tickets starting at \$15.

And finally, apparently four tenors were not enough. The TEN Tenors: Our Holiday Wish takes the stage Dec. 17. Tickets start at \$25. Tickets for these performances and more are available by phone at 832-7469 or at www.kravis.org

Across the bridge in Palm Beach, Seraphic Fire's annual Christmas concert, "A Seraphic Fire Christmas," returns to the Society of the Four Arts, Palm Beach, at 7:30 p.m. Dec. 13. The concert is free for members, nonmember admission is \$40 (balcony), \$45 (orchestra). For tickets, call 655-7226 or www.fourarts.org.



COURTESY PHOTO

The group 98 Degrees will play a concert Dec. 10 at the Kravis Center.

in the know

Christmas at Whitehall

>> **Where:** The Flagler Museum, 1 Whitehall Way, Palm Beach

>> **When:** 3-5 p.m. Sunday, Dec. 3. Free with Museum Admission

>> **Schedule of events:**

- Refreshments in the West Room: 3-4:30 p.m.
- Meet Santa Claus in the Pavilion: 3:30-4:30 p.m.
- Brief Organ Performances in the Music Room: 3:30, 3:50, and 4:10 p.m.
- Brief Piano Performances in the Drawing Room: 3:40, 4, and 4:20 p.m.
- Holiday Caroling in the Courtyard: 4:30 p.m.
- Christmas Tree Lighting: 4:55 p.m.

>> **Tickets:** \$18 adults, \$10 age 13-17, \$3 age 6-12 and free for children younger than age 6.

>> **Info:** 561-655-2833; www.flaglermuseum.us.

PUZZLE ANSWERS



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2	7	6	9	8	3	5	1	4
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4	9	1	3	7	2	8	6	5
8	6	2	4	5	1	7	9	3
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HOLIDAY EVENTS

Here are some of the special holiday performances planned for the month of December. There are even a few bona fide Christmas miracles — make that bargains — on stage, like 98 Degrees at the Kravis Center, with tickets starting at \$29.

■ **Ballet Palm Beach Presents "The Nutcracker"** — Dec. 1-3, The Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Tickets: \$19 and up. 561-832-7469 or www.kravis.org.

■ **"The Nutcracker"** — Dec. 1, The Duncan Theatre, 4200 Congress Ave., Lake Worth. An hour-long performance designed for kids age 3-10 and their families. \$18. 561-868-3309; www.duncan-theatre.org.

■ **Holiday film screening of "It's a Wonderful Life"** — 2:30 p.m. Dec. 2, The Society of The Four Arts, 2 Four Arts Plaza, Palm Beach. Free but tickets are required. 561-655-2766; www.fourarts.org.

■ **The Delray Beach Chorale performs "A Holiday Celebration"** — Dec. 2, Olympic Heights High School, Boca Raton. 561-419-4878, 800-984-7282; www.delraybeachchorale.org.

■ **Carols by Candlelight** — 7 p.m. Dec. 2 in the Pavilion, Old School Square, 51 N. Swinton Ave., Delray Beach. Tickets: \$15, \$5 students, \$100 VIP includes reserved seating area, complimentary snacks and a cash bar. Proceeds benefit Old School Square educational programming. 561-243-7922; www.Old-SchoolSquare.org.

■ **"A Christmas Story"** — Dec. 3, Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Call 561-586-6410; www.lakeworthplayhouse.com.

■ **Special Christmas Lecture: Christmas on the Homefront** — 2 p.m. Dec. 3, Flagler Museum, 1 Whitehall Way, Palm Beach. Dr. Penne Restad will speak about celebrating the holiday during wartime at home and abroad. 561-555-2833; www.flaglermuseum.us.

■ **The Holidays at Whitehall Christmas Tree Lighting** — 3-5 p.m. Dec. 3, Flagler Museum, 1 Whitehall Way, Palm Beach. Free with museum admission. 561-655-2833; www.flaglermuseum.us.

■ **"This Wonderful Life"** — 3 p.m. Dec. 3, The Society of The Four Arts, 2 Four Arts Plaza, Palm Beach. Free for members, \$20 nonmembers. www.fourarts.org.

■ **The 29th Annual Living Christmas Tree** — Dec. 3, Dolly Hand Cultural Arts Center, PBSC's Belle Glade Campus. 1977 College Drive, Belle Glade. 561-993-1160; www.palmbeachstate.edu/theatre/dollyhand.

■ **"A Seraphic Fire Christmas"** — 7:30 p.m. Dec. 5, St. Mark's Episcopal Church, 3395 Burns Road, Palm Beach Gardens. Tickets: \$50-\$75. www.stmarks.ticketspice.com/seraphic-fire-concert.

■ **Will and Anthony Nunziata in "Broadway Holiday"** — 8 p.m. Dec. 6, Crest Theatre, Old School Square, 51 N. Swinton Ave., Delray Beach. Holiday favorites "O Holy Night," "The Christmas Song," "I'll Be Home For Christmas," "Joy to the World," "Some Enchanted Evening," "The Prayer," "New York State of Mind." Tickets: \$40 and \$30. 561-243-7922; www.oldschoolsquare.org.



WILL & ANTHONY
"BROADWAY
HOLIDAY"

Will and Anthony Nunziata will perform Christmas classics and more in "Broadway Holiday," at 8 p.m. Dec. 6, Crest Theatre, Old School Square, Delray Beach.



COURTESY PHOTO

Seraphic Fire will play shows at St. Mark's Episcopal Church and The Society of The Four Arts.

■ **Diva's Holiday Party** — Dec. 8, Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Call 561-586-6410; www.lakeworthplayhouse.com.

■ **Screen on the Green** — 6-10 p.m. Dec. 8, the Great Lawn at the West Palm Beach Waterfront, 101 N. Flagler Drive, West Palm Beach. Screening the film "Frozen" and the holiday favorite "How the Grinch Stole Christmas." Free. www.wpb.org.

■ **Hope for the Holidays** — 3 p.m. Dec. 9, DeSantis Family Chapel at PBAU, 300 Okeechobee Blvd., West Palm Beach. The Robert Sharon Chorale performs. Tickets: \$15, \$5 students with ID. 561-687-4245; www.robertsharonchorale.com.

■ **Winter Tapestry 2017** — 7:30 p.m. Dec. 9, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. The 15th annual concert by the Young Singers of the Palm Beaches. Tickets: \$15-\$45. 561-832-7469; www.kravis.org.

■ **A Very Muppet Christmas** — Dec. 9-Jan. 13, Showtime Dance & Performing Arts Theatre, 503 SE Mizner Blvd., Royal Palm Place, Boca Raton. Performances take place Saturday at 4 p.m. \$14 adults, \$10 children. 561-394-2626; www.showtimeboca.com.

■ **Radio Play: "It's a Wonderful Life"** — Dec. 9 and 10. 561-586-6410; www.lakeworthplayhouse.com.

■ **A Polka Office Holiday Party with The Alex Meixner Band** — 8 p.m. Dec. 9, the Kelsey Theatre, 700 Park Ave., Lake Park. 561-328-7481; www.thekelsey-theater.com.

■ **The Choral Society of The Palm Beaches performs "Holiday Magic"** — Dec. 9-10 at the Lifelong Learning Society Auditorium, FAU Jupiter Campus, 5353 Parkside Drive, Jupiter. Tickets: \$25. 561-626-9997; www.choralsocietypalmbeaches.org.

■ **FAU's Tuba Christmas** — 5 p.m. Dec. 10, Mizner Park Amphitheatre, 590 Plaza Real, Boca Raton. 561-393-7984; www.myboca.us/pages/mizneramph

■ **Handel's "Messiah"** — Dec. 10, University Theatre, FAU's Boca Raton campus, 777 Glades Road, Boca Raton. www.faevents.com.

■ **The 15th annual family friendly Gingerbread Holiday Concert** — 3 p.m. Dec. 10, Boca Raton Resort and Club Great Hall, 501 E. Camino Real, Boca Raton. Performance by the Lynn Philharmonia. \$35. Arrive at 2 p.m. for pictures with Santa. 561-237-7745; www.lynn.tix.com.

■ **Home for the Holidays** — Dec. 10, PBSC Eissey Campus Theatre, 11051 Campus Drive, Palm Beach Gardens. The Indian River POPS Orchestra performs. \$25. 561-207-5900 or www.eisseycampus-theatre.org.

■ **Handel's "Messiah"** — Dec. 10, FAU University Theatre, Boca Raton. The Delray Beach Chorale performs. 561-419-4878, 800-984-7282; www.delraybeachchorale.org.

■ **98 Degrees at Christmas** — Dec. 10, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Tickets start at \$29. 561-832-7469; www.kravis.org.

■ **Winter Holiday Dance Performance** — Dec. 10, Meyer Hall, Dreyfoos School of The Arts, 501 S. Sapodilla Ave., West Palm Beach. 561-802-6000.

■ **"A Seraphic Fire Christmas"** — 7:30 p.m. Dec. 13, The Society of The Four Arts, 2 Four Arts Plaza, Palm Beach. Free for members. \$40 (balcony), \$45 (orchestra) nonmembers. www.fourarts.org.

■ **A Gospel According to Jazz Christmas** — Dec. 14, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Features Kirk Whalum and Jonathan Butler and special guests John Stoddart. A Kravis Center Community Outreach Event. Tickets start at \$15. 561-832-7469; www.kravis.org.

■ **Handel's "Messiah"** — 7 p.m. Dec. 15 at Benjamin Hall, Benjamin Upper School Campus, 4875 Grandiflora Road, Palm Beach Gardens, and 7 p.m. Dec. 17, Royal Poinciana Chapel, 60 Cocoonut Road, Palm Beach. Performed by Masterworks Chorus of The Palm Beaches. 561-845-9696; www.masterworkspb.org.

■ **Holiday Chorus Concert** — Dec. 16, Meyer Hall, Dreyfoos School of The Arts, 501 S. Sapodilla Ave., West Palm Beach. 561-802-6000; www.awdsoa.org.

■ **An Ellington Nutcracker** — Dec. 16, University Theatre, FAU's Boca Raton campus, 777 Glades Road, Boca Raton. Features the Florida Wind Symphony Jazz Orchestra. www.Faevents.com.

■ **Music at St. Paul's features Advent Lessons & Carols** — 3 p.m. Dec. 17, St. Paul's Episcopal Church, 188 S. Swinton Ave., Delray Beach. \$20 suggested donation. Free for age 18 and younger. 561-278-6003; www.stpaulsdelray.org.

■ **The TEN Tenors: Our Holiday Wish** — Dec. 17, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Tickets start at \$25. 561-832-7469; www.kravis.org.

■ **The Gay Men's Chorus of South Florida** — Dec. 17, Hard Rock Café, Hollywood. \$40-\$155. 866-502-7529; semihardrockhollywood.com.

■ **Christmas Cabaret in the Club Level** — 6 and 8 p.m. Dec. 19, Maltz Jupiter Theatre, 1001 E. Indiantown Road, Jupiter. This is a Christmas sing-a-long with three guest soloists and the choir from the Goldner Conservatory of Performing Arts. Tickets: \$25. 561-575-2223; www.jupitertheatre.org.

■ **Holiday Evening Tours** — Dec. 19-23, Flagler Museum, 1 Whitehall Way, Palm Beach. Reception: 6:30 p.m. Tours at 6:50, 7:05, 7:15 and 7:25 p.m. \$25 adults, \$18 younger than age 18. Present ticket to receive 15 percent off at Sant Ambroeus, Palm Beach, good through Jan. 31. 561-655-2833; www.flaglermuseum.us.

■ **Steve Solomon's "My Mother's Italian. My Father's Jewish & I'm in Therapy"** — Dec. 19-23, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Tickets: \$35. 561-832-7469; www.kravis.org.

■ **Canadian Brass Holiday** — Dec. 21, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. With Joel Bacon on organ. Tickets start at \$15. 561-832-7469; www.kravis.org.

■ **Movie screening: "The Polar Express"** — 5:30 p.m. Dec. 22, Mizner Park Amphitheatre, 590 Plaza Real, Boca Raton. 561-393-7984; www.myboca.us/pages/mizneramph.

■ **Dreyfoos School of The Arts Alumni Holiday Party** — Dec. 22, Roxy's Rooftop, West Palm Beach. www.soafi.org.

■ **A Motown Christmas** — Dec. 22, Maltz Jupiter Theatre, 1001 E. Indiantown Road, Jupiter. Pays tribute to the Temptations, the Four Tops, and the Supremes, and their hits. Tickets: \$45 and \$55. 561-575-2223; www.jupitertheatre.org.

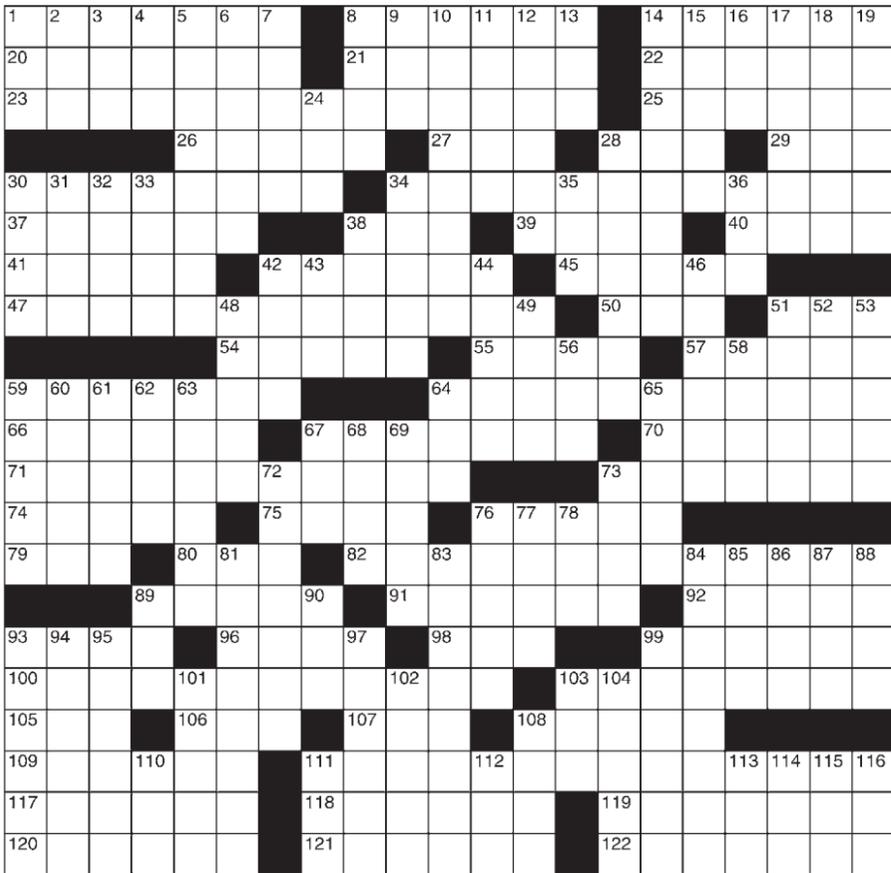
■ **Broadway Christmas Wonderland The Holiday Show** — Dec. 22, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Tickets start at \$25. 561-832-7469; www.kravis.org.

■ **Holiday film screening: "The Nutcracker"** — 1 p.m. Dec. 23, The Society of The Four Arts, 2 Four Arts Plaza, Palm Beach. Free but tickets are required. 561-655-2766; www.fourarts.org.

■ **"A Charlie Brown Christmas Live! On Stage"** — Dec. 23, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Family Fare. 561-832-7469; www.kravis.org. ■

PUZZLES

23RD AMENDMENT



- ACROSS**
- 1 Tussle (with)
 - 8 Hindu chant
 - 14 Robotic floor vacuum
 - 20 Predicted
 - 21 Daisy types
 - 22 Relatives of 21-Across
 - 23 Pounding one's shawl?
 - 25 Like sacred statues
 - 26 Step up or down
 - 27 Instant, for short
 - 28 Santa — College
 - 29 In history
 - 30 Book parts
 - 34 What aviator Orville or Wilbur was called?
 - 37 Found on these pages
 - 38 Kitty treat
 - 39 Fill up fully
 - 40 Celtics rival
 - 41 "What the Butler Saw" dramatist Joe
 - 42 Does penance
 - 45 Sprinter Bolt
 - 47 Small songbird with a cartoon cat?
 - 50 60-min. units
 - 51 "Rockaria!" band, in brief
 - 54 Singer Clay
 - 55 San — (Italian resort)
 - 57 Poet W.H. — your valise forcefully?
 - 59 Fusion
 - 64 Old laundry machine that's totally on the Fritz?
 - 66 Raving sort
 - 67 People debating
 - 70 Bistro, e.g.
 - 71 "Goodbye, Columbus" author when he's very angry?
 - 73 Throw from a steed
 - 74 Tea garnish
 - 75 Apple debut of 1998
 - 76 Mini-serving
 - 79 Prior to
 - 80 Flan need
 - 82 Damage done to a periodical?
 - 89 Pub buys
 - 91 Find a new place for, as a pet
 - 92 Islamic equivalent of kosher
 - 93 Trial attire
 - 96 Siestas
 - 98 "Mazel —!"
 - 99 Hereditary sequence
 - 100 Declaration upon pulling
 - 103 Many a handcuffed person
 - 105 — -Jo ('80s track star)
 - 106 That guy's
 - 107 Certain Wall
 - 108 Paradigm
 - 109 Hereditary
 - 111 Actress Fay who was always cheerful?
 - 117 Get free of
 - 118 Silky goat or rabbit
 - 119 Helm handler
 - 120 Beaches
 - 121 Observed in the vicinity of
 - 122 Actor Erik
- DOWN**
- 1 Yackety-yak
 - 2 Lament
 - 3 — Khan
 - 4 Impose
 - 5 Capital of Kosovo
 - 6 Like the pre-Easter period
 - 7 — Allan Poe
 - 8 Comic Jay
 - 9 Bunyan's tool
 - 10 Story for an anchor
 - 11 Radials for a Rolls, say
 - 12 Fails to stay poker-faced
 - 13 Viper variety
 - 14 Slickers and galoshes
 - 15 Wilde with wit
 - 16 Bison-hunting tribe
 - 17 Household
 - 18 Intelligent
 - 19 Fancy ties
 - 24 "— the season!"
 - 28 Gallery gala
 - 30 Grub
 - 31 Berlin man
 - 32 Funnyman
 - 33 Hireling
 - 34 "... three — a tub"
 - 35 Ocean liquid
 - 36 Hotel
 - 38 Cast a ballot
 - 42 Take — view of
 - 43 "Bad!" sound
 - 44 Shopping jag
 - 46 Old Testament book
 - 48 Racial equality gp.
 - 49 Part of YTD
 - 51 Lawn gadget
 - 52 Dirty looks
 - 53 Ham — (deli classic)
 - 56 Rx signers
 - 58 Golden rule's second word
 - 59 Plenteous
 - 60 Bill of "Real Time"
 - 61 Japanese film genre
 - 62 Stitch's cartoon pal
 - 63 Dive variety
 - 64 "Yeah, no kidding!"
 - 65 Taylor of "The Nanny"
 - 67 Chair part
 - 68 Traipse
 - 69 Sporty auto
 - 72 Tepees' kin
 - 73 — Reader (alternative digest)
 - 76 Sierra Nevada lake
 - 77 Sea of — (waters off Ukraine)
 - 78 Gaming "City" dweller
 - 81 Non-Jews
 - 83 Somehow manages with
 - 84 Pair attached to an axle
 - 85 Also- — (losers)
 - 86 Scores
 - 87 Arose (from)
 - 88 Painter Paul
 - 89 Nectar lover
 - 90 CIA worker
 - 93 Searches and robs
 - 94 Wise-looking
 - 95 Bucking one
 - 97 Card game expert John
 - 99 Bestows
 - 101 Triangle, e.g.
 - 102 Fly into — (get furious)
 - 103 Madison Ave. output
 - 104 Find a new purpose for
 - 108 "— first you don't succeed ..."
 - 110 Corn spike
 - 111 Once existed
 - 112 — pro nobis
 - 113 That gal's
 - 114 Levin or Glass
 - 115 TV neighbor of Homer
 - 116 Time of note

SEE ANSWERS, B15 ▶

HOROSCOPES

SAGITTARIUS (November 22 to December 21) Avoid rushing full gallop into that volunteer project without knowing what's expected of you. Take things a step at a time as you begin to find your way.

CAPRICORN (December 22 to January 19) Good news: You should begin to feel more comfortable expressing your emotions. This will go a long way in helping you with that personal situation.

AQUARIUS (January 20 to February 18) An old friend gives confusing signals. Best advice: Don't assume that things will necessarily work themselves out. Ask questions and demand straight answers.

PISCES (February 19 to March 20) A new relationship needs time to develop. Be careful not to let your emotions flood your natural sense of caution. Meanwhile, check out that new job offer.

ARIES (March 21 to April 19) Start

preparing now to make sure you get the credit you're due for all that effort you put in to get that project off the ground. A new challenge emerges after the 15th.

TAURUS (April 20 to May 20) You're still charging full steam ahead on the job -- and that's fine. But take time to share the joy of preparing for the upcoming holidays with folks you love.

GEMINI (May 21 to June 20) A former detractor resists joining your ranks just yet. Give him or her time to learn more about what you're doing. Meanwhile, devote more time to friends and family.

CANCER (June 21 to July 22) Be careful not to be goaded into a tiff by someone who might be looking for a fight. Remain cool as you make your exit. Be assured that others will rally to your support.

LEO (July 23 to August 22) Kudos on getting the well-deserved Lion's share of the rewards for a job well-done. Now you can take a breather

from your workaday duties and spend time with your family.

VIRGO (August 23 to September 22) You enjoy a quick spurt of renewed energy just in time to meet that upcoming deadline. A potentially romantic situation looms. How it develops will be up to you.

LIBRA (September 23 to October 22) Watch out for distractions that could cause delays and leave you running twice as fast to finish your work by the 15th. Then go ahead and have fun.

SCORPIO (October 23 to November 21) You might prefer to work on current tasks on your own. But be open to a potentially useful suggestion from someone who admires you and wants to help.

BORN THIS WEEK: Your sense of right and wrong sometimes causes you to come into conflict with others. But you invariably come out ahead ■

SUDOKU

Difficulty level:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

By Linda Thistle

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SEE ANSWERS, B15 ▶

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10. Evan Nader, Lisa Hines and Chip Block
11. Lynne Wells, Patti Travis, Bob Newman and Kim Newman
12. Tom Frankel, Ray Graziotto, Jill Krum and Jason Haselkorn

ANDY SPILOS/FLORIDA WEEKLY

FLORIDA WEEKLY CUISINE

Spirits-based Brick & Barrel
to bring gastropub fare to Park Ave.

janNORRIS
jan@jannorris.com



Chef **David Schroeder** considers himself a hometown guy. Though born in New Jersey, he grew up in North Palm Beach, and after some stints in California, and Miami, he returned to his childhood roots.

He took over **Costello's**, an Italian restaurant in **Abacoa's** downtown and turned it around after three years. He then sold it to build out **Das Biergarten**. The German-themed gastropub offered wursts and some sandwiches, but the focus was on the beer selection.

"I created it five years ago, and sold it in January. I was ready to do something more challenging foodwise," he said.

Now he's created a new craft spirits-based gastropub, **Brick & Barrel**, set to open Dec. 1 in Lake Park on Park Avenue. It's in the former **Lilly's Café** space.

The location spoke to him, he said. After searching the area from Lake Worth to Jupiter, he kept coming back to Lake Park.

"After I saw the space, I knew it was what I wanted. I saw the potential with the theater and a brewery opening right here. I met **AJ (Brockman)**, and met with the town managers and others who were really encouraging about the area and what's happening here."

Mr. Brockman has revitalized the area with an **Arts District**, revamping the **Kelsey Theater** and attracting several businesses to the town's main street. Several new food and beverage venues are in the works, and office space is filling up.

The chef redesigned the former café, adding brick to the walls and a stainless-topped bar along one wall. It's to be the focal point, he said.

"We think the show is here, behind the bar."

A curated selection of spirits, with a focus on bourbons, will complement a local-brews list. **Deanna Thibeau**, a mixologist from the critically acclaimed **Jardin** of West Palm Beach, will manage the bar, creating unique cocktails.

"She's amazing," Mr. Schroeder said. "When we started talking, I knew she was the right person. She uses advanced culinary techniques. She was asking if we'll have a Cryovac and sous vide available to infuse flavors for her drinks. I said, 'Well, sure.' She's out in front of me."

A mural by artist **Craig McInnis** covers the wall opposite the bar. The fantasy scene gives the restaurant a hip edge, fitting with foods, beers and cocktails, according to the chef.

Mr. Schroeder is particular about the details of serving: Special bowls for mussels and plates for tapas are being designed by **Lani Goodrich** of **Avenue Pottery** in West Palm Beach. He bought and then nixed Mason jars as glassware; they'll now be used for soups, or possibly some desserts.

Tables, high-tops and gray leatherette banquettes fill the room, giving it 60 seats inside.



COURTESY PHOTO

Brick & Barrel chef/owner
David Schroeder.

The tables, including a communal table for the window, are rustic but chic wood tops he saw while doing a farm dinner at **Swank Farm**. Wood legs will replace the standard metal bases, keeping the look organic.

He'll expand seating to outdoors in a few months — two parking spaces out front, useless, he says, will be converted to a patio with several tables.

Foods will be pub-friendly, to match the drinks. But unusual, "things you don't see everywhere else," with small plates, and light entrees that fill a menu designed around local produce and special meats.

Many of the dishes come from his German and French culinary backgrounds and love of game meats.

"Pheasant chili, oxtail shepherd's pie — brought over from the Biergarten," he said. "They were really popular. But we'll do things like steak Diane — it was on the menu at **Bouchon**," he said.

He interned at the famed bistro in Yountsville, Calif., with renowned chef **Thomas Keller** — who also spent time in Jupiter in his early years.

Fried chicken tacos in a waffle-cone taco shell are on the menu; a trio of chocolate tacos may be on the dessert list created by his brother — a baker.

Pub bites from Puerto Rico may appear, as well: pig ear chicharones, bacalao (salted fish fritters) and yucca fritters.

"My sous chef is from Puerto Rico, so I asked him to contribute dishes he thinks would be good, and we added some of his ideas," Mr. Schroeder said. He encourages his staff to weigh in on all facets of the restaurant.

He was hands-on working inside when we visited, putting light bulbs into the hanging pendants.

"It's all hands on deck right now," he said, laughing about a host of workers helping with construction who will become servers, sous chefs and bartenders once it opens.

"We're at full-tilt for the opening. The kitchen equipment just came in and we're getting it set up today. Dec. 1 is coming fast."

In brief

The World's Biggest Office Party 2017 is Thursday, Dec. 7, at **PGA National Resort's iBar**. A live band, drinks and complimentary hors d'oeuvres along with prizes are part of the affair. Bring an unwrapped toy for **Toys for Tots**, and pay \$10 (buys you a drink), then party and network away. Go to Eventbrite.com and search World's Biggest Office Party to register.... Now that **Prince Harry** has announced his engagement, perhaps a tea toast is in order? Check out the Royal Tea service, which includes Champagne, tea and a bisque offered the entire month of December at the **Serenity Tea House** in West Palm Beach. Phone 561-655-3911 to reserve... Last two wine dinners of the year are slated this month at **La Sirena**. Dec. 4, it's the Terrabianca wines (\$99); on Dec. 11, it's Marco Uperi with Ardevino (\$89). Call the West Palm Beach restaurant to reserve, since the dinners are sell-outs: 561-585-3128. ■

SCOTT'S
THREE
FOR **3** Places in
Lake Park
A trio worth noting**1** PELICAN CAFÉ
612 U.S. 1, Lake Park; 561-842-7272 or www.thepelicancafe.com.

This restaurant, which is in a vintage cottage, bills itself as the place "Where Nantucket meets the Florida Keys." That description holds up well, especially with the menu created by the husband-and-wife team of Mark Frangione and Karen Howe. Many of the Italian-influenced recipes come from Mr. Frangione's family — beef carpaccio, eggplant rollatini, covered in his mom's Sunday sauce. You get the picture. Oh, and don't forget the homemade doughnuts served during brunch. We're partial to the blueberry glazed, but the apple cider cinnamon sugar ones sound pretty enticing.



COURTESY PHOTO



SCOTT SIMMONS/FLORIDA WEEKLY

2 GUADALAJARA RESTAURANT
905 Federal Highway, Lake Park; 561-814-5740.

I could have made a meal of the fresh chips and salsa at this friendly Mexican restaurant — that salsa had multiple depths of tangy flavor. We also enjoyed our burritos and enchiladas (at right) and the welcoming service.

3 SOUTHERN KITCHEN
801 U.S. 1, Lake Park; 561-844-1735.

This breakfast and lunch spot is the go-to place for movers and shakers from Singer Island to Juno Beach. Just about everyone who's anyone stops in for the meatloaf, chili or a salad. It's Southern to the core in the best sense of the word — y'all is spoken here. If folks don't come for the hearty lunch portions, they stop in to visit with staff and other diners. And be sure to check out that coconut cake on the counter. It's a winner every time, or what we in the business call "just desserts."

— Scott Simmons

THE DISH: Highlights from local menus

The Dish: Cracked conch

The Place: Old Florida Bar & Grill, 250 W. Indiantown Road, Suite 101, Jupiter. Phone 561-203-2302 or www.oldfloridabarandgrill.com.

Price: \$12.95

The Details: Conch isn't something found on many menus around town, and there's a reason for it. It's a bear to clean the sea snail. So Old Florida owner Tommy Gregory has an employee dedicated to that job alone. Once cleaned, the conch is pounded, breaded lightly and flash-fried to preserve the tenderness accomplished by pounding. This takes expertise, and they demonstrate this in the kitchen handily. The generous portion of the crispy seafood is the perfect sharable for the table. It's served with a slightly spicy remoulade; you can heat it up with hot sauce by asking. Another variation of the same fried conch is served as a sandwich — equally good with raw onion and the same remoulade. Pair it with one of their drink specials at \$6: a real deal as a meal. ■



JAN NORRIS/FLORIDA WEEKLY

— Jan Norris

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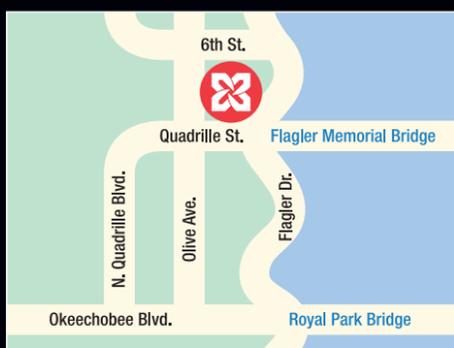
 

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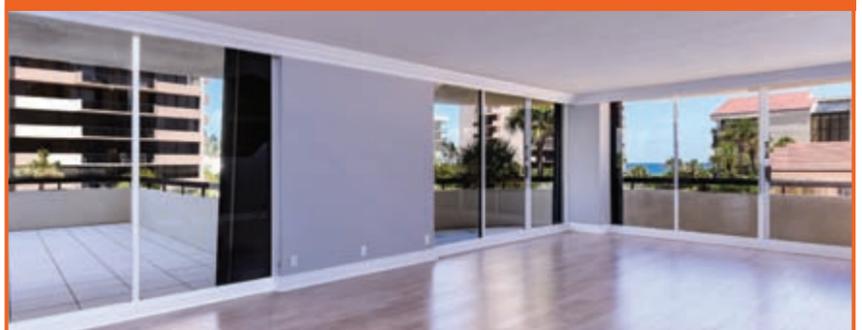
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