

PALM BEACH FLORIDA WEEKLY®

IN THE KNOW. IN THE NOW.

WEEK OF OCTOBER 26-NOVEMBER 1, 2017

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Vol. VIII, No. 1 • FREE

TRYING TO KEEP YOURSELF FROM
 IRMA LAS VEGAS
 HURRICANES SHOOTING
 MARIA HOUSTON
 HARVEY MONEY
 HEALTH CARE TRUMP
 FIRES SICKNESS
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 GOING CRAZY?
 TWITTER
 INEQUALITY
 HARASSMENT
 UNCERTAIN
 CLIMATE
 MORONS

PHOTO ILLUSTRATION BY ERIC RADDATZ / FLORIDA WEEKLY

INSIDE:

Practical tips on how to deal with anxiety. **A15** ▶

With so much to feel anxious about right now, you are not alone, believe us. Here we look at how to try to keep cool in this crazy world.

BY ROGER WILLIAMS
 rwilliams@floridaweekly.com

AS HURRICANE IRMA CAME HURTLING in from the Atlantic at Category 5 strength last month, a year punctuated by some of the most odd and stress-inducing events of recent decades seemed to get suddenly crazier.

In Pasco County, tucked into the peninsula's midlands between Tampa and Orlando, two men created a Facebook

SEE **STRESS, A14** ▶

Going 'in depth' with photographer Brian Skerry

BY STEVEN J. SMITH
 ssmith@floridaweekly.com

In the world of oceanic photojournalism, you might say some of the most compelling articles are "Skerry stories" — stories covered by photojournalist Brian Skerry that tell daunting tales about the fragile state of our world's oceans.

"Historically I think people believe the ocean is too big to fail," Mr. Skerry said. "That it's vast and limitless, with endless bounty. But today we're realizing that's just not true and that we are linked to



SKERRY

the ocean for our very survival."

Mr. Skerry, 56, has spent the last 20 years as an award-winning photographer specializing in marine wildlife and underwater environments, most notably for *National Geographic Magazine*.

He will serve as keynote speaker for Log-



BRIAN SKERRY/NATIONAL GEOGRAPHIC

Brian Skerry photographs images of the deep.

SEE **SKERRY, A10** ▶

INSIDE

MARKET PULSE



FEATURING OUR AREA'S CEOs, PRESIDENTS, DIRECTORS, GENERAL MANAGERS AND BUSINESS OWNERS

FLORIDA WEEKLY

Market Pulse

See what local business leaders say about their outlook. **Inside** ▶



The full Monty

(Python, that is). An interview with John Cleese. **B1** ▶



Collector's Corner

Bird-shaped napkin rings chirp a nostalgic note. **B2** ▶



Behind the Wheel

The Lexus RX marks its second decade. **A20** ▶

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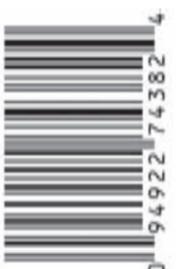
LESLIE LILLY	A2	AUTOMOTIVE	A20	COLLECTING	B2
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TAKE ME TO

Palm Beach Gardens Medical Center

Be prepared for an emergency. For your **FREE** first aid kit, call **855.831.2803**



COMMENTARY

Trick or Tweet



leslieLILLY

lilly@floridaweekly.com

If you follow national news, the last few months in America have been anything but business as usual, assuming you use normalcy as your standard of measure. If there is one phrase that best characterizes the stunning disarray at hand, it is, "I have never — insert any of the following words — seen, heard, and/or witnessed — anything like this in my life and/or American history."

The country is harshly divided on the judgment of whether that is a good thing or bad thing. I certainly have my own opinion on the matter. But whatever your take, we can probably all agree, for better or for worse, it is a true statement, whatever the superlatives.

I once wrote in a previous column about "Bizarro World," a fictional, cube-shaped planet imagined as a sci-fi comic book series by Marvel Comics. The tales had a mind-bending twist. Everything on Bizarro World was the exact opposite of life on Earth. In popular nomenclature, "Bizarro World" describes a "situation or setting which is weirdly inverted or opposite to expectations."

For example, on Bizarro World, abnormal was normal, false was true, fiction was fact, now was never, enemies were friends, hate was love and

injustice was justice. The rigor of the nuttiness was by design.

The planet's Bizarro-in-chief enforced this zaniness with a global edict and its citizens dutifully conformed.

Marvel anticipated endless possibilities for entertaining us with this comic inversion of reality on Earth as we know it. "Bizarro World" became an instant favorite among comic book fans. Its popularity ensured the term "bizarro" entered the urban lexicon.

Thus, an individual deemed a "bizarro" is an erratic, unpredictable, socially awkward person whose behaviors trigger ill-at-ease among those witness to his or her behaviors. Uncertainty is the only thing one can expect with certainty from a bizarro. They are people best avoided in social circumstances — because you know whatever is generated by their presence will not be good. This characteristic is magnified in a bizarro who holds power over others. The stakes are far higher, too. Remember, in Bizarro World, leadership is the failure to lead.

This would be funny if the joke weren't on us. Marvel Comics imagined Bizarro World as a fantasy. But its comparison as a fantasy to the reality that is Trump World is unavoidable.

In Trump World, rather than confidence and trust, our bizarro-style leader engenders fear and mistrust. The unsettling and provocative nature of his personality creates a magnetic field that entraps us all in its gravity. Trumpism is the political edict to which con-

formity is demanded.

We are reminded of this 24/7 by cable news and social media. We can't turn our eyes away, nor resist the spectacle, avoid its attitudes or behaviors, or escape its consequences. And each day brings a new crisis or disturbing revelation. The continuous onslaught confronts the experience and fact of 200 years of historical precedence — the norm for normalcy.

In no time at all, heredity becomes political destiny. The bizarro gene is being passed down the chain of command, through the right wing of the Republican Party, from Trump to Trumpists to Trumpism. The political mutation is found at the highest levels of government. It is Marvel Comics' "Bizarro World" made manifest in American democracy.

The Department of Education is working to annihilate public schools. The Secretary for Environmental Protection is an anti-environment. The U.S. attorney general is erasing civil rights protections and undoing decades of racial progress. The secretary of state is dismantling the international infrastructure and expertise required to practice diplomacy. The secretary of labor disparages labor and disdains fair employment.

The ultimate irony: We came to this strange place because to win an election in Bizarro World, you must lose it. And that's pretty much what Trump did, by 3 million votes.

It's been a wild ride since. The balance of the year does not look any more promising. Still, it is fall and time for some

solace in American holiday traditions. Halloween is upon us.

Then, lo and behold, just when the metaphor seemed to have run its course, it came to my attention that Marvel's "Bizarro World" celebrated Halloween, too. Maybe it will give a hint about how all this turns out, I thought.

In 2009, there was a comic book revival of "Bizarro World" titled "Halloween Special." In the first tale, Bizarro World's head honcho, (named, appropriately enough, Bizarro) is reading a comic book to an audience of Bizarro World citizens. They are held captive in their seats, bound and gagged. And, in honor of the holiday, dressed in Halloween costumes.

Updated for today's consumption, instead of a TED self-improvement session, led by some renowned thinker or patriotic titan, an autocrat is force-feeding Twitter rants to a diverse audience of Americans who have no choice but to observe and endure. It's Halloween in Trump World. And the era of trick or tweet. ■

— Leslie Lilly's professional career spans more than 25 years leading major philanthropic institutions in the South and Appalachia. She writes frequently on issues of politics, public policy, and philanthropy, earning national recognition for her leadership in the charitable sector. She resides with her family and pugs in Jupiter. Email her at lilly@floridaweekly.com and read past blog posts on Tumblr at [lilly15.Tumblr.com](https://lilly15.tumblr.com).



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Palm Beach Gardens
Medical Center

NOVEMBER

COMMUNITY EVENTS & LECTURES



Breathe Easier Knowing there are Treatment Options for Pulmonary COPD

Lecture by Jose De Olazabal Jr, DO

Thursday, November 2 @ 6-7 p.m

Palm Beach Gardens Medical Center // Classroom 4

Did you know, an estimated 15 million Americans are suffering from COPD? With early diagnosis and treatment, sufferers are able to breathe better and live a more healthful life. Join Dr. DeOlazabal for a free lecture as we recognize National COPD Awareness month.

*Light dinner and refreshments will be served.
Reservations are required. Please call 855.387.5864 to make a reservation*



Minimally-Invasive Treatment Options for Heart Disease — Mended Hearts Program

Lecture by Saurabh Sanon, MD, Medical Director of PBGMC's Transcatheter Therapies Program

Tuesday, November 14 @ 6-7 p.m

Palm Beach Gardens Medical Center // Classroom 4

Palm Beach Gardens Medical Center is teaming up with The Mended Hearts Program to provide support for heart disease patients and their families. Members will be able to interact with others through local chapter meetings, volunteer opportunities and special events. Members are encouraged to listen, share their experiences with other heart patients, and learn from healthcare professionals about treatment and recovery. A small fee* will be collected by the Mended Hearts Program for registration. This month, join Dr. Sanon for a lecture on some of the minimally-invasive treatment options we offer at the hospital.

*\$5.00 per year will be collected solely by the local Mended Hearts Program to provide educational materials for members.

*\$20.00 per year will be collected solely by the Mended Hearts Program if participants would like to become a national member.

*Reservations are required. Please call 855.387.5864 to make a reservation
Light dinner and refreshments will be served.*



Hands-Only CPR Class*

Tuesday, November 21, @ 6:30-7:30pm

Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. Palm Beach Gardens Medical Center

has teamed up with Palm Beach Gardens Fire Rescue to provide free monthly CPR classes for the community. Classes will be held at Fire Station 1. Local EMS will give a hands-only, CPR demonstration and go over Automated External Defibrillator (AED) use. Participants will have the opportunity to practice their new skills using CPR manikins.

*Certification will not be provided

Please call 855.387.5864 to make a reservation

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Please choose one class option:

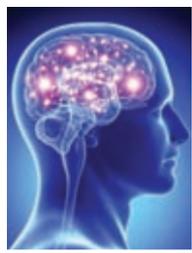
Wednesday, November 1 or

Wednesday, November 15, 6-7 pm

Palm Beach Gardens Medical Center // Classroom 4

Palm Beach Gardens Medical Center now offers a chair yoga class for the community. The class will be taught by the assistant nurse manager of cardiac rehab, Sara Chambers, who is also a certified yoga instructor. Using the same techniques as traditional yoga, the class is modified to allow for gentle stretching, designed to help participants strengthen their muscles and work on their balance.

Please call 855.387.5864 to make a reservation



Epilepsy Support Group

Monday, November 27 @ 6-8pm

Palm Beach Gardens Medical Center // Classroom 3

Palm Beach Gardens Medical Center is teaming up with the Epilepsy Foundation of Florida to give patients and families the opportunity to engage with others living with seizures and dealing with the obstacles that come along with epilepsy. Attendees are encouraged to share their experiences and will be educated by guest speakers in the medical field.

Please call 855.387.5864 to make a reservation

Smoking Cessation Classes

PBGMC (3360 Burns Road, PBG FL 33410) // Classroom 3

Palm Beach Gardens Medical Center is teaming up with the Area Health Education Center to provide education on the health effects related to tobacco use, the benefits of quitting and what to expect when quitting. A trained Tobacco Cessation Specialist guides participants as they identify triggers and withdrawal symptoms and brainstorms ways to cope with them.

- Wednesday, November 15th
- Wednesday, December 13th
- Wednesday, November 29th
- Wednesday, December 20th
- Wednesday, December 6th

Please call 855.387.5864 to make a reservation

All screenings held at: Palm Beach Gardens Medical Center

FREE COMMUNITY SCREENINGS

Free Heart Attack Assessment Screenings

(blood pressure, BMI, glucose and cholesterol)

Wed, November 8 @ 8am-11am | Classroom 3

Please call 855.387.5864 to make a reservation

Osteoporosis Screenings

Thursday, Nov 16 @ 9am-1pm | Outpatient Entrance

**FOR RESERVATIONS, PLEASE CALL
855.387.5864**



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Publisher

Melissa Barton
melissa.barton@floridaweekly.com

Editor

Scott Simmons
ssimmons@floridaweekly.com

Reporters & Contributors

Leslie Lilly • Roger Williams
Evan Williams • Janis Fontaine
Jan Norris • Larry Bush
Mary Thurwachter • Amy Woods
Steven J. Smith • Gail V. Haines
Andy Spilos • Ron Hayes

Presentation Editor

Eric Raddatz
eraddatz@floridaweekly.com

Assistant Presentation Editor

Hannah Kruse

Production Manager

Alisa Bowman
abowman@floridaweekly.com

Graphic Designers

Kathy Pierotti
Chris Andruskiewicz
Paul Heinrich
Linda Iskra
Meg Roloff
Scott Sleeper

Sales and Marketing Executive

Debbie Alpi
debbie.alpi@floridaweekly.com

Sales and Marketing Assistant

Betsy Jimenez

Circulation

Giovanny Marcelin
Evelyn Talbot

Published by

Florida Media Group LLC

Pason Gaddis

pgaddis@floridaweekly.com

Jeffrey Cull

jcull@floridaweekly.com

Jim Dickerson

jdickerson@floridaweekly.com

Street Address:

11380 Prosperity Farms Road, Suite 103
Palm Beach Gardens, Florida 33410
Phone 561.904.6470 n Fax: 561.904.6456



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OPINION

Letters to my father



Sometimes, you have to get a baseball player, even a dead one, to help you communicate with the dead. And the living.

Dear Dad,

I remain as imperfect all these years later as Ted Williams, who struck out at least six out of every 10 times he went to bat, as you probably remember. A real lousy baseball player. Maybe that kind of failure just comes with the last name — Williams. Anyway, Daddy, I'm more of a failure than I want to admit, but I can still swing the bat.

How about you?

Dear Dad,

I remain as capable in the game of life as Ted Williams in the game of baseball. I just wanted you to know: I'm really a hot-shot.

Since you died almost 19 years ago, I've been batting over .400, like Ted did when he batted .406 in 1941 after hitting six out of eight times at bat in the final two games of the season, that double-header on Sept. 28 against the Philadelphia Athletics. That was before the war, as you remember. Did you listen to that game on the radio?

And of course the last time Ted ever went to bat, in 1960 (remember that?), he hit a home run, finishing with a lifetime batting average of .344, I think.

What do you think?

Dear Dad,

Well, Daddy, in 2001, last day of March, I batted 1,000, unlike Ted Williams ever did or even got close to, as hard as that may be for you to believe. That brought my average way up.

I married this woman named Amy Bennett, is how that happened. That would lift any batter's average, like hitting 10 out

of 10 or 100 out of 100 or 1,000 out of 1,000 at the plate.

Also now, I have the three coolest sons in the world, as much alike as — not peas in a pod — the Milky Way Galaxy, the Andromeda constellation and Orion's Belt.

Dear Dad,

I'm still taking care of mom like I told you I would, and she's taking care of me, my wife, and all three of my remarkable sons, one way or another. I feel like Ted Williams with a blindfold, swinging away and getting lucky, connecting with a few pitches here and there and hitting them to deep center field way out beyond the wall. Way out over the bleachers. Way out — well, Daddy, beyond Mars and Jupiter and Saturn. Must be those weird genes you passed us, some kind of Gaelic jambalaya, if I can confuse cultural and culinary references.

Those people you came from Dad — they were all screwed up, in case you'd forgotten. Don't you think you should have picked somebody else? Like Ted Williams? He has our name, after all, why not our genes?

Dear Dad,

Joe's Delicatessen closed. Jake's is gone. John Castellano is dead. Carmen Basilio died in 2012 — you remember Carmen, born in 1927 in New York State, like you? The onion farmer, they called him? Hell, not only could he beat you in the ring but he outlived you, dammit, Daddy. Not that you weren't the toughest, biggest person I've ever known.

Meanwhile, Dad, there are still bears and elk at the ranch in Colorado, but the high-range cows have mostly gone now. I remember that last time I saw you come over the hill a half-mile away near day's end, a single solitary figure with a rifle up against the sky, coming. Always coming.

Wish you'd come over that hill again, Dad. I'll bet Ted Williams could do it.

Dear Dad,

This thing about your generation, how

it's "the greatest" — I know you wouldn't have seen it that way. You always looked for greatest-ness in individuals, like Ted Williams. There were some real knuckleheads in your generation along with all the greats, that's for sure.

Or there's a guy now, Daddy, Aaron Judge, playing for the Yankees, and he's pretty good — some say as good as Ted Williams. But he only hit .284 this season, with a few homers on the side — 52, I think. Still, it ain't over, Dad, 'til it's over.

By the way, Berra died two years ago, and every spring up until then he showed up in Florida during spring training to watch the Yanks.

Remember Florida, Dad, that place you never wanted to come, and didn't? I still insist you missed out.

Dear Dad,

Ted Williams played left field — he threw right but he also batted left — and I think that's significant. You were sort of a lefty too, Dad, and I'm afraid I fit that mold. Even though I'm right-handed, like you.

I remember when you wrote those letters to the editor of a big paper, the *Kansas City Star*, about how trickle-down, the Reagan tax policy, was horse crap — the rich would get richer and the working class would get screwed, you predicted. That was when ol' Ronnie lowered taxes for the wealthy. And his wife, Nancy, was trying to find Ted Williams' home run ball somewhere out beyond Jupiter.

Remember? And those angry people called us at night and shouted at you on the phone, and you thought it was funny?

Well, Daddy, you turned out to be right. But some Republican named Trump is doing it again. Or many Republicans. They're going to cut taxes for the rich. I'm sorry we haven't gotten this figured out yet.

On the other hand, if you don't like it, you can come back and do something about it.

I'll bet Ted Williams could.

Can you?

Love, Roger ■

Johnny Carson > Jimmy Kimmel



Jimmy Kimmel deserves credit for frankness, if nothing else. In a recent interview, the ABC late-night host said he doesn't care about losing Republican viewers.

We're a long way from Johnny Carson, whose "Tonight Show" was a national institution that enjoyed a broad audience — and was conducted like one. Carson steered clear of politics and kept his views to himself because it would "hurt me as an entertainer, which is what I am."

Kimmel may be an entertainer, but has no such inhibitions. He uttered what could be the epigraph for our times, saying of viewers who strongly disagree with his political views, "I probably won't want to have a conversation with them anyway."

From Carson to Kimmel is the story of the fracturing of media environment that has made niche audiences the coin of the realm. Add an inflamed anti-Trump resistance cheered on by the elite media,

and Kimmel kissing off Republicans is probably a good career move.

Stephen Colbert of CBS blazed this particular trail with increasingly over-the-top denunciations of President Donald Trump that vaulted him to the top of the late-night ratings. Jimmy Fallon, the heir to Carson's "Tonight Show" via Jay Leno, has pointedly declined to make his show *The New York Times* editorial page with a few jokes attached, and has seen a ratings decline.

It is important to note that these shows are competing for numbers that once would have been considered catastrophic. Carson could pull in 9 million viewers when one of his shows popped; he averaged 19 million viewers a night his final week on air in 1992. Colbert is winning the late-night race with 3 million viewers. This means that all it takes to become a giant of late night is winning over a Rachel Maddow-like audience, exactly Colbert's strategy.

If this trend is inevitable, it's not a good thing. It removes yet another neutral zone, free of social and political contention, from American life.

It means that the quality of the comedy on these shows probably goes down (agit-prop isn't funny), while the quality of the

political commentary is inevitably poor; Jimmy Kimmel's wholly ill-informed gun monologue subtracted from the nation's understanding of the issue, as you'd expect of a comedian who is only paying enough attention to absorb the flimsiest clichés of the gun debate.

As Kimmel's dismissive comments show, it's a short step from believing that you don't need the patronage of the other side to feel contempt for it. Colbert isn't trying to convince anyone; he's scolding and mocking Trump for the benefit of people who already hate him.

It would have been hard to believe that the old, maligned CNN debate program "Crossfire" would appear in retrospect to represent a golden age of a relative commitment to civil, informed political debate, but here we are.

Johnny Carson once said: "I would love to have taken on Billy Graham. But I'm on TV five nights a week; I have nothing to gain by it and everything to lose." Stephen Colbert and Jimmy Kimmel, competing for the crown in a much diminished late-night kingdom, beg to differ, and unfortunately, they're right. ■

— Rich Lowry is editor of the *National Review*.

El Sol Fest celebrates cultural diversity Oct. 29

With its mission to improve lives and inspire communities, the Jupiter neighborhood resource center El Sol, has presented El Sol Fest for more than a decade. Celebrating cultural diversity, the festival is the nonprofit's signature event in Jupiter and Palm Beach County. This year's festival takes place from 1 to 5 p.m. Sunday, Oct. 29, featuring artists, vendors, music, Latin food, entertainment and activities for kids. Admission is free and open to the public.

"It's a positive opportunity to highlight the richness we have," Jocelyn Skolnik, El Sol executive director, said in a statement.

Vendors will offer foods from Mexico, El Salvador and Honduras, "a universal joy that connects people of various cultures," Ms. Skolnik said, adding that "The idea is to appeal to the five senses."

Performers at the event include bossa nova guitar, Guatemalan marimba, a folkloric dance group, the Jupiter Elementary School choir and a mariachi band.

A petting zoo, pony rides, crafts and games will be available to children, along with a large children's area with a miniature train, a cake walk, face paintings and visits from princesses and cartoon characters.

El Sol Fest began as a celebration of art created by its day laborers. Since then, it has grown to attract painters, photogra-

phers and artisans from South Florida.

Mayan master painter Pedro Chavajay will display his original art, featuring Guatemalan themes and his experiences as a South Florida day laborer.

Multimedia artist and gallery owner Rolando Chang Barrero will display his work, including his "pájaro" icon, which deals with sexual identity and Hispanic culture. Mr. Barrero is known for his volunteer and advocacy work, and recently contributed to United Way of Palm Beach County's relief efforts for the Florida Keys.

The husband-and-wife team of Craig McInnis and Renata Rodrigues will present mixed-media, murals and seashell jewelry. Mr. McInnis is the creative director of

Fright Nights at the South Florida Fair Grounds, in which Ms. Rodrigues performs.

Emerging artists at the festival include Deb Schmidt of West Palm Beach, Rochel Schiffrin of Boynton Beach and Ryan Chimelis of Port St. Lucie.

El Sol is at 106 Military Trail, and helps people provide for themselves and their families. It also offers adult education, health referrals, nutrition assistance and other social services. Proceeds from El Sol Fest benefit the center's programs.

To learn more, email dmariani@marianimarketing.com or call 561-745-9860. ■



Stuart Air Show offers ride opportunities, upgrades

The three-day 2017 Audi Stuart Air Show will be held Friday, Nov. 3, through Sunday, Nov. 5, providing limited opportunities to ride in one of the following aircraft:

■ **Cobra Attack Helicopter:** Standard flights of 6-7 minutes and extended flights of 13-14 minutes will be available Saturday and Sunday.

■ **UH-1 Huey Helicopter:** Flights are 8-10 minutes, available Saturday and Sunday.

■ **T-6 Texan:** Flights are available between 8:30 a.m. and 11 a.m. and after 4 p.m. on Saturday and Sunday. Two flight options are also available: a 15-minute pattern-only-flight and a 20-30-minute aerobatic flight.

VIP ticket upgrades are available. Spectator seating on the show line is \$8 per person per day. Shaded seating in the Heineken Beer Garden, with two complimentary beers is \$25 per day per person. The Florida Craft Beer Experience upgrade features show-line seating and two complimentary craft beers from Walking Tree and Tequesta

Brewing Company for \$25 per day per person. The Bombers Squadron upgrade provides show-line seating, lunch, adult beverages and soda at \$60 per day per person.

The Friday Night air show features fireworks and twilight aerobatics. Spectator seating is \$8 per person. The Dirty Flight Suit Party features a buffet dinner, complimentary beer and wine, live entertainment, and premier viewing of the night flights. Tickets are \$115 per person and include the opportunity to meet the show's performers and pilots, air show sponsors, and other aviation aficionados.

Standard tickets purchased in advance are \$15 for adults and children older than 13 and \$25 at the gate. Tickets are \$5 for veterans and members of the military with military identification required. Premium parking is \$20.

To purchase tickets, visit www.StuartAirShow.com. To purchase tickets and to view passenger qualifications for rides, go to www.StuartAirShow.com and select "buy tickets" and "aircraft rides." ■

St. Andrew's sets annual golf tourney

St. Andrew's Episcopal Church will host its third annual golf tournament, a benefit for its missions and community outreach programs. The Saturday, Nov. 4, event takes place at the Atlantis Country Club, 190 Atlantis Blvd., Atlantis.

The tournament begins with registration and continental breakfast at 7 a.m., followed by a shotgun start at 8 a.m. Contests include closest to the pin and long drive. Soft-spiked shoes are

requested for the four-person scramble format. Refreshments will be served on the course. At 1 p.m., a silent auction, raffle and cash bar will be presented, followed by lunch at 1:30 p.m. Tickets to the reception and luncheon only are \$35 per person. The single golfer fee is \$125 and \$500 for a foursome. Hole sponsors are \$100 each and \$550 for hole sponsor and foursome.

For information call 561-582-6609 or email ragsdalj@comcast.net. ■

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Andrews McMeel Syndication

The Wild Hunt. Gabriel hounds. Black Shuck. The Baskerville Hound. Fluffy. Wait. Fluffy?

Any devoted Harry Potter fan knows Fluffy, the fearsome three-headed dog who guarded the philosopher's stone in the first volume of the Potter saga. Fluffy, purchased by Rubeus Hagrid from "a Greek chappie," is a not-so-subtle reference to Cerberus, the canine guardian of the gate to Hades, the Greek underworld. Cerberus was also said to have been the companion of the Greek goddess Hecate, who ruled the night, the moon, magic and witchcraft.

Spectral or supernatural dogs have been featured in mythology for millennia. In Egyptian lore, the dog-headed god, Anubis, weighed the hearts of the dead to determine their fate in the underworld. He was thought to protect graves and cemeteries and, later, to escort the dead from life to afterlife.

The connection of dogs to death and the afterlife isn't limited to Egypt and Greece. A host of ghost dog tales arose in medieval northern Europe. Stories of spectral canines are found from Scandinavia to Germany to France, but especially throughout Great Britain.

The hounds of the unearthly Wild Hunt may be the best known of these ghostly dogs. Known in Wales as the Cwn Annwn, the white hounds with red ears — a coloration that symbolizes their otherworldly nature and their association



Viking invaders telling tales of Odin's hound may have introduced the idea of fearsome black dogs to Great Britain.

with death — run wrongdoers to earth as well as escort souls to the next world. Legend has it that they run only on certain nights throughout the year, including All Saints' Day on November 1, Christmas and New Year's Day.

The vision of a phantom black dog foretells death in many parts of Great Britain. One such nocturnal canine apparition is the Barghest, a black dog with red eyes who haunts lonely byways, preying on unfortunates who come his way, and foretelling death by lying across the threshold of the doomed person's home.

Another ghastly dog who haunts the British countryside is Black Shuck. The shaggy black dog with saucer-size flaming eyes roams East Anglia. Legend has it that seeing him is a precursor of bad luck or

death by the end of the year.

Some black dogs have a more benevolent reputation. The Gurt, or Great, Dog of Somerset is a benign canine whose role is to protect children. And Jo Ashbeth Coffey of Devon, England, recalls the time she was living in Berkshire and saw a large black dog on a bend in the road as she was riding home on her motorbike.

"The next day I slowed down right at that corner remembering it, and just as well. As I came around the corner there was a black horse in the middle of the road. At normal speed, it could have killed us both," she says.

The spirit dogs of folklore have leaped into pop culture. One of the earliest, of course, is the Hound of the Baskervilles, made famous in the eponymous Sherlock Holmes story. Holmes creator Sir Arthur Conan Doyle may have been inspired by a sinister West Country phantom known as a yeth hound.

More recently, a Scottish deerhound (died black) played Padfoot in the movie "Harry Potter and the Prisoner of Azkaban." Potter author J.K. Rowling may have adapted the notion of Padfoot from the legend of a black dog in the West Yorkshire area known as Padfoot, who was benevolent if offered kindness. In "Prisoner of Azkaban," Padfoot is the canine form of shape-shifter Sirius Black.

While black dogs have a fearsome reputation in myths and legends, those of us who live with them know the real truth that's out there: They are our sweet and soulful companions both in life and in memory. ■

Pets of the Week



>> **Ziva** is a 2-year-old, 53-pound female mixed breed dog that has a glowing personality.

>> **Orange** is a 1-year-old male cat that gets along well with other cats and loves having his head scratched.



To adopt or foster a pet

The Peggy Adams Animal Rescue League, Humane Society of the

Palm Beaches, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at www.hspb.org. For adoption information, call 561-686-6656.



>> **Tilton** is a 3-year-old male tabby that has a head tilt, but is in good health. He likes to be petted and loves catnip.

>> **Sandy** is a 2-year-old female cat that is very loving and likes to sit on your lap. She gets along with other cats.



To adopt or foster a cat

Adopt A Cat is

a free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment (call 561-848-4911, Option 3). For additional information, and photos of other adoptable cats, see www.adoptacatfoundation.org, or on Facebook, Adopt A Cat Foundation. ■

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SOCIETY

Loggerhead Marineline Center's Go Blue Awards kickoff, PGA National Resort & Spa



Lynne Wells and Pete Wells

1. Camille Stout and Sophie Allen
2. Ellen Lawless and Joe Lawless
3. Lois Toonder, Noel Toonder and Madison Toonder
4. Diana Wilkin and Karen Marcus
5. Jack Duff and Suzie Duff
6. Jolyn Landrie and Tommy Justice
7. Rosemary Eastman and Bob Eastman
8. Lisa Golden and Betsy Munson
9. Meg Woodside, Sam Woodside and Betsy Munson

COURTESY PHOTOS

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.



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SKERRY

From page 1

gerhead Marinelife Center's ninth annual Go Blue Awards Luncheon on Oct. 27 at PGA National Resort & Spa in Palm Beach Gardens. The event, presented by Manatee Lagoon, an FPL Eco-Discovery Center, will recognize businesses, nonprofits and individuals who have promoted, implemented or contributed to a "blue" lifestyle of marine conservation. Awards will go to those who are leading the way in raising public consciousness and have made significant contributions to improve and protect oceans, beaches and wildlife.

"I'm glad to be part of a movement that creates awareness about this problem," Mr. Skerry said. "In the last 50 to 60 years, more than 90 percent of the big fish in the ocean have disappeared, because we have taken them all. There are a lot of problems in the oceans these days."

Mr. Skerry has covered a wide range of stories for *National Geographic* since 1998, from the harp seal's plight in frozen waters to the alarming decrease in the world's fisheries to dolphin intelligence — all cover stories in the magazine. In June, he was awarded the title of Rolex *National Geographic* Explorer of the Year, and that same month saw the publication of his latest book, "Shark." He said he plunged into underwater photography by chance.

"I was a diver first," he said. "I grew up in Massachusetts and from a young age fell in love with the ocean. I had a great desire to be an ocean explorer. I was about 17 when I attended a dive conference in Boston and saw underwater photographers and filmmakers presenting their work. I had an epiphany and



NATIONAL GEOGRAPHIC

Brian Skerry documents marine life for *National Geographic*.

realized that would be the perfect career for me — to be an ocean explorer, but do it with a camera."

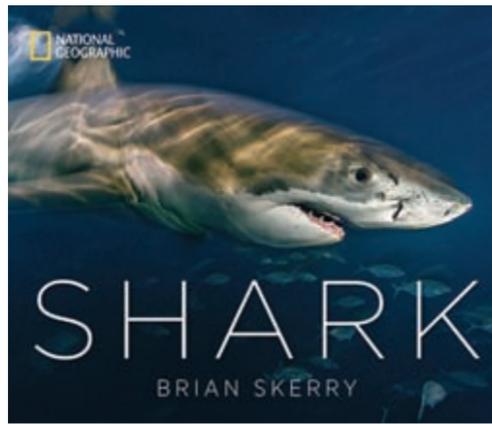
And he has done just that. In 2016, *National Geographic* published three consecutive feature stories by Mr. Skerry about predatory sharks. Another cover story, in the February 2017 issue, focused on protecting special underwater ecosystems in U.S. waters. His next — and 28th story — will be about whales.

"In the beginning I just wanted to do stories about animals and places that interested me, but I began to see a lot of problems occurring in the world's oceans," he said. "Things that may not be evident to most people. So as a journalist I felt a sense of responsibility — and a sense of urgency — to begin turning my camera to those issues."

Those included more than 100 million sharks a year killed by poachers

and a dramatic reduction in the numbers of fish he was accustomed to seeing in places where they once flourished.

"I saw coral reefs dying," he said. "I saw acidification due to an excess of carbon dioxide in the ocean, degrading anything



with a calcium shell. Habitat destruction. The cutting down of mangroves so a golf course could be built. The ocean is dying the death of a thousand cuts."

Mr. Skerry said it is not too late to find solutions to the issues that plague the world's oceans.

"The biggest thing we can do to help our oceans is to create protected places," he said. "Right now if you look at a picture of the globe, you'll realize we live on a water planet. Seventy-two percent of the Earth's surface is ocean. More important, 98 percent of the biosphere — the life that exists on Planet Earth — is in water. Yet only 2 to 3 percent of that is protected. Most scientists tell us to have a healthy planet we need to protect 30 to 40 percent of the world's oceans. So we're pretty far away from that. But we can do it."

Ocean protection, Mr. Skerry said, not only will ensure fish reproduction and replenishment of the fishery industry, it will also create climate stability.

"The oceans are an integral factor of this planet's weather and climate," he said. "Every other breath that a human being takes — 50 percent of our oxygen — is generated by the ocean. Yet we're treating it like a sewer. We're destroying it. That's why places like Loggerhead Marinelife Center in Juno Beach are so important. The most productive work is always done in local communities like that one. Loggerhead is a model for putting forth solutions and recognizing individuals and corporations that are doing the right thing. If we had places like Loggerhead in every ocean community, we'd all be in much better shape." ■

— For information on the Go Blue Awards and Loggerhead Marinelife Center, visit www.marinelife.org.

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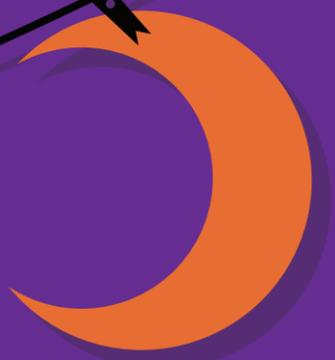
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What if I told you that a quick and painless screening could dramatically improve your chances of surviving one of the deadliest forms of cancer? Well, it's true.

This year, lung cancer will kill an estimated 85,000 men and 71,000 women — more deaths than breast, colon, pancreatic and prostate cancer combined. In addition, an estimated 223,000 people will be diagnosed with the disease. The good news is, CT lung screening is proven to help detect lung cancers in their early stages, when more than 80 percent of cases can be cured.

In most cases, lung cancers are fairly asymptomatic in the early stages, with symptoms usually presenting once a tumor has grown quite large or has entered a later stage. This is why yearly screening is critical. CT lung screening can detect early lung cancer before symptoms develop or the cancer spreads. Early stage lung cancer can be treated more easily and is more often cured than later stage lung cancer.

Jupiter Medical Center offers low-dose CT lung screening, which means the exam is performed using the lowest possible radiation dose. This type of CT scan does not require dyes or injections, and you do not need to swallow anything. The test, which takes just a few minutes, is non-invasive and painless. Most importantly, the exam is read by a board-certified, fellowship-trained radiologist.

But who should undergo an annual screening? As the medical director of the Thoracic Surgery & Lung Center of Excellence at Jupiter Medical Center, I recommend that current or former smokers who have smoked a pack a day for 30 years or two packs a day for 15 years get screened each year. I also recommend that nonsmokers consider getting a CT lung screen if they have any of the following risk factors for lung cancer:

- Exposure to asbestos, radon, silica, cadmium, arsenic, beryllium, chromium, diesel fumes or nickel
- Regular exposure to second-hand smoke
- Family history of lung cancer
- Health-related issues, such as COPD or pulmonary fibrosis

Low-dose CT lung screenings represent the first step in safeguarding your lung health. The test provides the clearest image of the lung tissue, making it the best tool for early detection. The purpose of the screening is to look for lung nodules, which actually are quite common and

can result from illnesses like pneumonia. Most nodules are noncancerous, with about 97 percent of them being nothing to worry about; however, a nodule can be early lung cancer. If the CT lung screen detects a nodule, our multi-disciplinary medical team will meet to determine if the nodule needs to be biopsied to avoid any unnecessary procedures.

The Thoracic Surgery & Lung Center of Excellence at Jupiter Medical Center offers a multidisciplinary approach to diagnosis and treatment. This means that our patients' medical care is not in the hands of just one doctor, but rather a team of doctors — from an oncologist, to a radiologist, to a thoracic surgeon. We work together to provide the most thorough diagnosis and the most effective treatment as possible, with the goal of streamlining each patient's experience, minimizing complications, improving outcomes, and decreasing anxiety and stress. Should we diagnose a patient with lung cancer, the team will oversee the patient's full course of surgery, treatment and recovery.

The Jupiter Medical Center Thoracic Surgery & Lung Center of Excellence is the area's only comprehensive program dedicated to the prevention, early detection and treatment of lung cancer. As such, we offer our patients the leading diagnostic and surgical technology. For example, we were the first facility in the country to offer four-arm robotic technology in the operating room. Today, the da Vinci® robotic surgical system is among the minimally invasive treatment options available at Jupiter Medical Center.

We are fortunate to have two of the latest generation da Vinci® robots that enable us to continue providing cutting-edge treatment for our community. With this advanced technology, I am able to make four small incisions to remove cancerous tissue and part of the lung. This procedure dramatically decreases both hospital stay and recovery time. My patients typically leave the hospital in two to three days and are able to return their daily activities one or two days later. This is in contrast to more traditional lung cancer surgery in which patients receive a large incision across the chest and remain in the hospital for up to two weeks.

As we approach November, Lung Cancer Awareness Month, this is a great time to get into the habit of having an annual CT lung screening. If you are a current or former smoker, you should be screened. The cost for this lifesaving test is just \$99 for those who do not have coverage for this type of screening. You and your loved ones will breathe easier knowing you are being proactive about your health. I will, too.

To learn more about the lung screening process and determine if it is right for you, please call Jupiter Medical Center at 561-263-4437 or visit www.Jupitermed.com/CT-Lung-Screening. ■



COURTESY PHOTO

An \$83,489 grant from the Community Foundation for Palm Beach and Martin Counties will support education programs at MacArthur Beach State Park.

Friends of MacArthur Beach receives grant for science education

A grant of \$83,489 from the Community Foundation for Palm Beach and Martin Counties has been awarded to Friends of MacArthur Beach to support education programs and the creation of the natural science education curriculum, Citizen Stewards: Securing a Sustainable Future.

The new Citizen Stewards program focuses on sustainability, utilizing “Leave No Trace” components; the development of “precipitation activi-

ties” during inclement weather and a citizen science program focused on marine debris.

The new curriculum will be available to park visitors and the 5,200 Palm Beach County students who go to the park for hands-on field experiences.

The grant was made possible by the John D. and Catherine T. MacArthur Fund, which focuses on environmental education and community advocacy projects. ■

Law firm helps heroes connect with canine forever friends

A local law firm wants to help provide military heroes with canine companionship.

“A Salute to Our Heroes,” an event presented by Lesser, Lesser, Landy & Smith and Big Dog Ranch Rescue, will honor veterans and first responders by paying the adoption fees for the first 100 dogs adopted by these heroes.

On Veterans Day, Nov. 11, Big Dog Ranch Rescue and the firm will host an event from 2-5 p.m. at the Big Dog Ranch

Rescue ranch, 14444 Okeechobee Blvd., Loxahatchee, to celebrate local military families and first responders and showcase dogs in search of a forever home.

“We are honored to help Big Dog Ranch Rescue in their efforts to unite dogs with military families and first responders within our community. Our goal is to find a forever home for 100 dogs by Veterans Day,” Gary S. Lesser, the firm’s managing partner, said in a statement. ■

Cocktail party launches shelter’s capital campaign

A cocktail reception will be held 5:30-7:30 p.m. Wednesday, Nov. 1, to kick off Holy Ground Shelter’s capital campaign, “Building a Home and Hope.” The event will be held at Costa Palm Beach on the second level of the esplanade on Worth Avenue in Palm Beach.

Holy Ground Shelter provides a home and hope to homeless pregnant and parenting young women and their children. Through the long-term program, young mothers learn responsible living, parenting and essential life skills as they complete high school and transition to college or vocational school. The women have ongoing guidance from a trained adult female mentor. While in the program, the girls work part-time and contribute part of their income to rent and utilities.

Proceeds from the kickoff reception will go to the purchase of an apartment complex that will allow the foundation

to extend services to young families.

Statistics from the Children’s Services Council of Palm Beach County indicate teen mothers are more likely to live in poverty, and fewer than half of all teen moms will ever graduate high school. Daughters born to teen moms are more likely to become teen mothers themselves, while a son is twice as likely to serve time in prison.

“The need for our services is urgent as teen pregnancy continues to be an ever-pressing problem in Palm Beach County,” said Donna McLoughlin, president of Holy Ground Shelter.

Tickets to the kickoff reception are \$50 and are available by calling 561-355-5040 or by e-mailing homeandhope@holygroundpbc.org. There will be complimentary valet parking in the Esplanade Garage.

For more information on Holy Ground Shelter, visit www.holygroundpbc.org. ■

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 JUPITER MEDICAL CENTER

ANXIETY

From page 1

page called “Shoot at Hurricane Irma — let’s show Irma that we shoot first.” For fun, they said. And 54,000 people expressed an interest in opening fire on the hurricane, according to the Pasco County Sheriff’s Office, whose officials used social media and television to strongly discourage such irrational action, hoping to create community-wide calm and a bullet-free living environment.

Although people began worrying and stressing 10 days before the storm arrived — and in spite of the fact Irma itself took place about six weeks ago — “it’s still not over,” said Stacey Chadwick Brown, a longtime licensed mental health counselor in Lee County.

“There are still reminders everywhere,” she said. “They’re still handing out water bottles and picking up debris.”

Families continue to live in motels with help from the Federal Emergency Management Agency. Contractors in roofing, electrical work, drywall, plumbing and others continue to be overworked. But Ms. Brown is referring to a deeper, perhaps more difficult part of the experience: “I’m talking about the emotional part of it — that’s not over,” she explained.

This week, *Florida Weekly* pauses to reflect on a stressful year for most if not everybody in the country and the state. Here, we consider what individuals might do to control stress and anxiety, rather than being controlled by it.

And not just Irma-induced stress, but the elevated tension from a seeming storm of other events delivered with nearly relentless daily effect through news and social media in the last year or so.

“Regardless of how stable people are, how comfortable their lives are, they can’t escape it,” said Ms. Brown, citing a long list of stress-inducers involving high winds, flooding, fire, gunfire, sexual harassment, the chest-thumping of racists and faux-Nazis and unnerving tweets from people in power.

“With the rise of social media it makes these global situations feel local and our local situations feel global, so there’s more of a collective impact,” said Nancy Dauphinais, also a licensed mental health counselor and chief operating officer of the David Lawrence Center in Naples.

“Not just news reports, but videos from cell phone cameras capturing traumatic images without being filtered or vetted,” she said. “Trouble seems omnipresent. So it leads to a heightened state of alert. We face stressful chemicals produced by the body on a daily basis.”

Self-care is not selfish

To start with, Americans lived through the tense presidential election cycle of 2016 with the loser earning 3 million more votes than the winner of the White House; then they were treated to a barrage of controversial and unsettling Donald Trump tweets, some even threatening nuclear war with enemies. From their living rooms or the palms of their hands or even on site they watched an earthquake in Mexico, hurricanes in Houston and Puerto Rico and Florida, and fatal wildfires in California. They stared in surprise at a march and counter-protest against white supremacists and Nazi flag-wavers that led to a killing in Charlottesville, Va., followed by a national debate on race. They witnessed almost in live time the worst mass shooting in U.S. history, in Las Vegas. Then came sexual harassment allegations aimed at Hollywood mogul Harvey Weinstein and the resulting “me too” explosion of testimonials by women in many walks of life who have suffered similar victimization.

And those were only some of the stressors of the last 18 months.

What does one do in the face of all that

trouble?

The answer, experts suggest, is to understand the stress and its effect, first. And then to control what you can control. Your breathing, to start with. Your “mindfulness,” a term that loosely means the capacity to fully engage the present moment of your life — “to live in the now,” as more than one professional counselor puts it.

That’s easier said than done, but good personal habits create an effective defense — a chance to live more comfortably just in the moment, in the now.

“One of realities of the 24-hour news cycle is we get much more direct exposure to anxiety-producing experiences from around the globe. Maybe they don’t affect us or maybe they do directly, but we go naturally to the question, ‘How am I affected?’” said Dr. Gerard Lawon, president of the nonprofit American Counseling Association based in Alexandria, Va. An expert in the traumas faced by people following cataclysms — storms or mass shootings, for example — Dr. Lawon flew into Southwest Florida and worked with the Red Cross to help people in and around Immokalee in Collier County in the days after Irma. Before that, he’d been in Houston.

“What we encourage is to begin with self-care even when nothing has gone awry,” he said. “Develop the habits of taking care of yourself. Get enough sleep, proper exercise, eat on a regular schedule and eat nutritious foods.”

In Ms. Brown’s words, “Self-care is not selfish. When the attendant in the airplane tells you to put your oxygen mask on first before trying to help anybody else, there’s a reason. If you don’t take

care of yourself first, you’ll just fall over and get in the way later.”

By developing good habits before the trouble, when your body reacts naturally to sudden high stress by flooding your system with anxious energy, you’ll be better equipped to handle it, the experts say.

“The sustained release of cortisol and endorphins in your body from before, during and after a storm like Irma or an event like happened in Las Vegas will mean your sleep is disturbed, your digestion can be off, and from start to finish it affects you on a cellular level,” said Ms. Brown.

“That’s why Barack Obama went gray so fast. So if people are already dealing with other things, too — maybe divorce or their kids are troubled or they’re under financial stress — then they come into all this (societal) stress starting a year or two back with an already heightened sense of personal stress, it gets really tough.”

Getting some perspective

Tense times have happened before, of course, but without the technologies of instant communication we now embrace. And in case you’re leaning toward the notion that somehow all of us 2017-ers have been chosen as the target of bad luck and trouble, a little perspective might help.

Alvin Felzenberg, presidential historian, public official and author most recently of “A Man and his Presidents — the Political Odyssey of William F. Buckley, Jr.,” divides his time between Washington, D.C. and Palm Beach. A visiting lecturer at the University of Pennsylvania’s Annenberg School for Public Communication, he was principal spokesman for the 9/11

Commission, and is now also director of communications for the Joint Economic Committee of Congress.

An aging baby boomer, Professor Felzenberg recalls some of the stresses of his youth as particularly sharp-edged.

“I do find these times stressful,” he said. “But in my college days we worried about the draft, the war in Vietnam, civil rights — and in my freshman year there were two major assassinations and major disturbances in cities that in many ways were a lot worse than what happened in Charlottesville.”

Following the assassination of Dr. Martin Luther King Jr. on April 4 of that year, rioting, looting, protesting and arson broke out in more than 100 American cities — over the next two days in Chicago, for example, 11 people were killed, 500 were injured and 2,150 arrested, with hundreds of buildings damaged or destroyed.

In June, Robert F. Kennedy was assassinated. Professor Felzenberg, 18, was a freshman at Rutgers University who went on to earn a Ph.D. in history from Princeton University and to step into a society for which change, and therefore stress, seems to be the lifeblood.

“So if you’re my age, you’ve been through this before,” he noted. “But there’s no question now that, even with the weather, something is atypical. There are floods, hurricanes, issues in California, Puerto Rico, Florida, Texas, Alabama — and we’ve had ‘August’ in New York for the longest time.”

Autumn in New York, he added in a nod to the 2000 film with Richard Gere and Winona Ryder, was unfolding outside the windows of a New York airport where he sat waiting to fly home in the seeming

“One of realities of the 24-hour news cycle is we get much more direct exposure to anxiety-producing experiences from around the globe. Maybe they don’t affect us or maybe they do directly, but we go naturally to the question, ‘How am I affected?’”

— Dr. Gerard Lawon, president of the nonprofit American Counseling Association based in Alexandria, Va.



“It wasn’t just the tenor (of debates about issues) and the surprising result and some of the atypical reactions, it was the shock of the election itself. Many people did not expect that result. So it causes stress.”

— Professor Alvin Felzenberg, presidential historian, political pundit and public official



first day of fall, last week.

The American conversation

But there are other things to worry about this year besides climate change or the “once upon a time,” Professor Felzenberg suggested.

In the 2016 elections, “It wasn’t just the tenor (of debates about issues) and the surprising result and some of the atypical reactions, it was the shock of the election itself. Many people did not expect that result. So it causes stress.”

The tenor of political discourse, as he described it — often angry, characterized by an abeyance of conversation but an abundance of insult — represents a distinct departure from traditional American conversation about issues of the kind once practiced by William F. Buckley Jr., the famous conservative pundit and host of an issues-focused television show, “Firing Line.”

In his private life, Mr. Buckley’s best friends were liberals, for the most part, Professor Felzenberg said. And on his show, he would often engage them in legendary and sometimes fierce debates, presenting the conservative side with power and eloquence.

“Buckley elevated the public discourse between Democrats and Republicans, liberals and conservatives alike — it was arguably the highest moment in the history of American television debate or discourse.”

That’s changed, and with it the level of frustration and stress, he surmised.

“The political conversation is extremely guttural and vulgar now — and I think stressful. I would even say it’s affecting the tenor of commercials and many things in popular culture. The entire atmosphere has been dragged down.”

It shows, even on the street, some say. Ms. Brown recalls her neighborhood emptying out all of a sudden, as Irma came storming in.

“Stuart (her husband) and I were outside with our drills, covering windows, and three police cars and a fire truck came rolling by with bullhorns saying, ‘GET OUT NOW!’ They went in and out of all of the neighborhoods near the river.

“That’s the kind of stuff that leads to panic.

“So after that, all the people were freaked out, trying to drive up the only interstate highway we have to get out of here,” she said. “Some people were releasing dogs on the side of the highway, some were fighting in gas lines, there were people camping on the side of the road — talk about a fight-or-flight response. That’s a serious drop of cortisol, right there.”

One of the steroid hormones used by the body to regulate many functions, “under stressful conditions, cortisol pro-

vides the body with glucose by tapping into protein stores via gluconeogenesis in the liver. This energy can help an individual fight or flee a stressor. However, elevated cortisol over the long term consistently produces glucose, leading to increased blood sugar levels,” according to an online source, todaysdietician.com.

“So everybody’s eating carbs and crappy food or drinking beer — they’re hot, tired, mad at the family because everybody is exhausted,” Ms. Brown said. “Those are the people who stayed (for the storm). The people who left were just as petrified and worried as the people who stayed, because people sitting in Atlanta watching all this felt paralyzed, and didn’t know what they were coming back to.”

It was almost as if Shakespeare had appeared to recall that humans have always suffered ambivalence and doubt in moments of high stress, suggested Professor Felzenberg.

“To be or not to be, that is the question. Whether ’tis nobler in the mind to suffer/ The slings and arrows of outrageous fortune,/ Or to take arms against a sea of troubles,/ And by opposing end them?” the poet wrote in his famous play, “Hamlet.”

The answer is action

For the experts or the merely thoughtful and reflective, the answer to that question may be to take some action — to control what you can control, and to avoid worrying too much about what you can’t control.

Stacey Chadwick Brown, licensed mental health counselor:

“Give yourself a little break,” advised Ms. Brown. “Have some compassion and empathy for what you’ve been through. We are microcosms of the macrocosm. The first line of defense is, you have to take care of yourself.

“So everybody just calm the hell down. Concentrate on your breath. Just breathe, because breath is healing. Intentional breathing is important: just sitting for a couple minutes and intentionally breathing in and out, trying to get yourself regulated.

“If you can do that, even just concentrating on the temperature of the air coming in and out of your nostrils, then you will calm your central nervous system. It’s connected to brain biology.



BROWN

“I’m a yoga person, so you collect your energy and bring it back into your mind and heart. These are the only things we can control: our breath and mind, our thoughts and actions. That’s it.”

Nancy Dauphinais, chief operating officer, David Lawrence Center:

“One of my strategies and one I’d recommend, is to look for resilience, to focus on areas or people of strength.

“Another strategy is mindfulness. When we’re bombarded it’s important to be present in the present moment, to stay in the now, to use meditation and reflective, to show counter balance to those stress responses being activated. I practice meditation every day using the Headspace app.

“And I think it’s important to avoid isolation and to be connected with people in the flesh — with support people. Family, friends, people at church who share your faith — real people.

“I also connect with my horse. That’s another thing we do at David Lawrence, partnering with the Naples Therapeutic Riding Center. Working with horses can be deeply relaxing.

“So between meditation and faith and community and for me my horse — I can stay engaged.

“And finally, it’s important to get help. Sometimes our stress levels outpace our stress control techniques. It’s OK to go see a professional. Someone who can help you set goals around managing stress, help you work at the way you’re thinking about things.”

Dr. Gerard Lawson, president, American Counseling Association:

“I go to the gym. I don’t enjoy it, but I like how I feel after. I love going out in the kayak, sitting disconnected from the phone. You can get recentered and regrouped.

“We have some of sources in controlling or moderating anxiety. One challenge is social media, with no editorial filters, no editorial judgment, nothing that says, ‘is it a good idea to post this?’ Just raw exposure.



DAUPHINAIS



LAWSON

“So be careful about when you check in. If something troubling is going on with the world, maybe you don’t tune in, immediately. Set some boundaries that work for you.

“Log out, don’t just close Facebook or Twitter, so they don’t pop up every time you pick up the phone.

“And we encourage people to think: What are healthy activities I can do that disconnect me from that ongoing drip, or exposure? Pick what you find renewing.”

Professor Alvin Felzenberg, presidential historian, political pundit and public official:

“Exercise helps — not necessarily becoming a gym rat unless you want to. Walking. Engaging in any kind of activity. It could be yoga, exercising in a room or jogging and running on the road — you create time to get your mind off of events.

“The second thing would be to seek out the company of loved ones, friends, family, in particular children — they are much more mature than adults. And animals. I like dogs, but some people love horses. These are great (therapists), horses and dogs. Great friends of humankind. We’ve been flocking together since Biblical times.

“And finally, reading is an immense and valuable escape. I always have a book with me somewhere. Stay away from TV and (control your use of) social media.”

“... Seek out the company of loved ones, friends, family, in particular children — they are much more mature than adults. And animals. I like dogs, but some people love horses. These are great (therapists), horses and dogs. Great friends of humankind. We’ve been flocking together since Biblical times.”

— Professor Alvin Felzenberg, presidential historian, political pundit and public official



FELZENBERG

SOCIETY

Palm Beach North Chamber's Mayor's Breakfast at Palm Beach Gardens Marriott



**Dave Talley,
Scott MacLachan
and Joel Flores**

1. Susan Kaplan and Abby Brennan
2. Todd Wodraska, Pat DeShong and Jack Lighton
3. Brittany Cartwright, Jimmy Borg and Maria Borg
4. Kristy Lee and Nicole Plunkett
5. Barbara Scarlata and Andy Blizzard
6. Aimee Shaughnessy, Shane Savage, Vanessa Grimaldi and Angel Adams
7. George Gentile and Chip Armstrong
8. Kim Castro and Rick Upson
9. Rhea Slinger, Michael Woody and Jill Janic
10. O'Neal Bardin, Judy Idle and Brian Idle
11. Jon Levinson, Rachel Litt and Dan Beatty
12. Sherra Sewell, Scott Powers and Denise Mariani

ANDY SPILOS / FLORIDA WEEKLY

BUSINESS

WEEK OF OCTOBER 26-NOVEMBER 1, 2017

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| A17

“A category that’s selling extremely well this year is killer clowns for children, for boys or girls, probably because of the movie ‘It.’”

— **Jim Dearborn**, a district sales manager for Spirit Halloween, which has pop-up stores all over South Florida



ERIC RADDATZ / FLORIDA WEEKLY

Amberlin Bogue keeps busy helping shoppers get into the right costume for the season at Halloween Megastore, with stores all over Florida.

Halloween galore

South Florida costume shops are gearing up for the haunting holiday

BY EVAN WILLIAMS
ewilliams@floridaweekly.com

CLOWNS WILL BE OUT IN FORCE on Halloween, retailers say, inspired by Pennywise from the movie based on Stephen King’s novel “It.” Classic costumes such as witches, ghosts and princesses also remain top sellers along with

a pantheon of pop culture characters including ‘20s flappers, ‘90s grunge rockers and Donald Trump.

Halloween is a mixing pot holiday when our collective dreams, nightmares and fantasies are on display. The only thing as much fun as the night itself is deciding what to wear. For that, there is no shortage of places to shop in South Florida, from family-owned costume

SEE GALORE, A18 ►

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GALORE

From page 17

shops to pop-up seasonal stores that vanish after the holiday.

"A category that's selling extremely well this year is killer clowns for children, for boys or girls, probably because of the movie 'It,'" said Jim Dearborn, a district sales manager for Spirit Halloween, which has pop-up stores in Port Charlotte, Fort Myers, Naples and across Palm Beach County. "That stuff has just been flying off the shelves."

Spirit has more than 1,300 seasonal stores in North America. Besides clowns, masks from the "Saw" and "The Purge" horror movie franchises have been popular, Mr. Dearborn said. The company also has the licensed rights to sell masks, home décor and other items based on the Disney movie "Hocus Pocus" and Netflix drama "Stranger Things."

For retailers, the Halloween season begins in August. Hurricane Irma for some stores wiped out weeks of profit near the height of their season in September.

Mr. Dearborn expected to recover in the few weeks before the holiday.

"Typically, the last 10 days of Halloween is when you do over 60 percent of your business for the entire year," he said. "They always say Halloween's a business that in a good economy does really great and even in a bad year — if it's a bad year people are looking for ways to escape a little bit and have a little bit of fun and forget what their problems are."

Since the hurricane, sales have been brisk at some shops, suggesting people are making up for lost shopping time.

"(Irma) killed our whole month of September, which is usually one of our busiest months," said Crissy Barchers, owner of Red Headed Witches, a year-round costume and accessories shop in an old funeral home in Cape Coral. But during the first week in October, her sales were up 35 percent.

This year, Steampunk-inspired costumes have been in fashion, she said, along with a versatile Gothic look, which can be parlayed into any number of characters such as vampires, dark angels and sorcerers.

While her store carries a full range of costumes, masks and other accessories for any age, it specializes in boutique items that could satisfy even serious Cosplayers. She also employs a makeup artist who can help customers achieve a frightening level of gory detail. (Reservations recommended.)

"You can really take your costume to the next level," said Ms. Barchers, who opened her shop five years ago.

In West Palm Beach, RIP Halloween Costumes is a seasonal pop-up store under a big tent alongside the related Mr. Jack O' Lantern's Pumpkin Patch.

It's the first year for RIP, which is owned by Scott Sanchez and Brandon Helfer. They also run a seasonal Christmas shop and spend part of the year in Los Angeles.

In addition to a wide array of masks, costumes, accessories and pumpkins, RIP and the Pumpkin Patch offer a pumpkin slide, pumpkin bowling, a ring toss and a petting zoo with goats, baby chickens and bunnies.

"The parents will be shopping for some Halloween costumes and the kids are playing," Mr. Sanchez said. "It's nice."

Besides clown and Trump masks, other popular characters this year include Wonder Woman, Transformers and Marvel superheroes, Mr. Sanchez said. The items are available on the store's website as well.

While RIP is one of the latest costume shops to open in South Florida, Masquerade & Balloons Galore is one of the oldest. It has a 6,000-square-foot showroom in Naples and an 1,800-square-foot shop in North Fort Myers.



EVAN WILLIAMS / FLORIDA WEEKLY

Crissy Barchers, owner of Red Headed Witches shop, says her store's makeup artist can help customers achieve the right look.



COURTESY PHOTOS

Goodwill Industries of Southwest Florida is a Halloween source for a variety of costumes this year.

Masquerade has been run by the Baier family for nearly 25 years and is open year-round, offering upscale holiday home decorating in the months after Halloween.

In addition to a full line of retail items, accessories and props, Masquerade specializes in rental costumes — with about 11,000 options.

"From Angels to Zorro and everything in between," said owner Rodney Baier, who runs Masquerade with his wife Barbara and daughter Bethany.

Full-scale Kermit the Frog, Super Mario and numerous other heads you might recognize wait for rental on the top shelves of the North Fort Myers location. Besides clowns and robots, at Masquerade what's old is new again.

"The '20s have been popular again," Mr. Baier said. "The gangster and flapper dresses."

Besides dedicated costume shops, thrift



stores are great destinations for do-it-yourself creations.

Goodwill's retail stores across the country specialize in Halloween costumes. The stores arrange their used clothing in costume categories along with brand-new seasonal products such as makeup or wigs to make Goodwill stores a "one-stop shop" for the holiday, said John Nadeau, vice president of operations for Goodwill Industries of Southwest Florida.

Halloween trends this year for Goodwill include "funny, simple (and) iconic" costumes, a spokesperson said, while "sexy, political (and) gory" costumes have fallen



EVAN WILLIAMS / FLORIDA WEEKLY

Rodney Baier, owner of Masquerade & Balloons Galore, which has locations in South Florida.

"From Angels to Zorro and everything in between ... The '20s have been popular again. The gangster and flapper dresses."

—Rodney Baier

in popularity.

Goodwill aims to compete with chain and big-box stores such as Target or Spirit. Mr. Nadeau begins preparing for Halloween nearly a year in advance, attending trade shows and figuring out what new accessory items to stock for popular costumes such as this year's clown favorite, and other tried-and-true costumes such as police officers and cowboys. He argues that purchasing real, discount clothes at Goodwill is a better value than packaged costumes at stores such as Target.

"Let's say you wanted to be a police woman, we'd sell you a real blue skirt and a real white blouse and then the accessories for the badge or police club or hat," he said. "We think we offer you a lot better value and options than shopping at a costume store."

You could also just skip shopping for Halloween. That's what Cape Coral resident John Karcher, 66, did when he was a kid. Mr. Karcher, who is running for city council in the Cape, had stopped in to Masquerade last week to rent an Uncle Sam costume for a Republican party meeting. When he was growing up in Louisville, Ky., his outfits were simpler.

"I just usually put on a dirty old T-shirt and carried a stick with a hobo bag," he said. ■

SOCIETY

Hurricane Irma benefit by Purple Heart Veterans of Florida, Tiger Lily Arts & Antiques, Palm Beach Gardens



- 1. Liz Sanford, D. Stephan Inezevy and Kenneth Easton
- 2. Bill Porter and Rob Surace
- 3. Brad Guarino-Sanders and Merrill Lochmaier
- 4. Angela Moe, Mike Karren and Angela Karren
- 5. Linda Oliver, Marla Inezedy and Penny Sheltz
- 6. Liza Sarinsky, John Biondo and Cheri Hertel
- 7. Joshua Finch, Toni Verkruysee and Bob Hughes
- 8. Thomas Burke and Norm Gitzen
- 9. Denise Spitzer and Susan Robin
- 10. Liza Sarinsky, Teddy and Cheri Hertel

GAIL V. HAINES/FLORIDA WEEKLY

Hispanic Chamber of Commerce announces benefit concert for Puerto Rico

BY GAIL V. HAINES

Florida Weekly Correspondent

A week after Hurricane Maria left its ugly stamp on the Island of Puerto Rico one local woman organized a fund-raising event.

Ana Barreto's dream became a reality in the three weeks that followed.

Pa'Lante Unidos Benefit Concert for Puerto Rico will be held noon to 8 p.m. Sunday, Oct. 29, at the Expo Center at the South Florida Fairgrounds.

This event will offer activities for all ages, including feature performances by Tito Puente Jr., Melina Almodóvar and Aileen Puente, all of whom are donating their time for the event, which was announced at Arrigo Dodge.

Ms. Barreto asked Jim Arrigo for corporate support. He quickly committed to the event.

In collaboration with the Hispanic Chamber of Commerce Palm Beach County, SOR Entertainment and Exit Realty Partners, Ms. Barreto's dream became a stronger reality. The next piece fell into place when the South Florida Fair donated its expo space for the event.

During the event, nonperishable items and monetary donations will be accepted. Organizers request no clothing be donated. Life-essential necessities are needed. All donations will be provided to the people of Puerto Rico.

Donations of monetary and nonperishable items also will be accepted at Arrigo Dodge, 6500 Okeechobee Blvd., West Palm Beach.

Presale tickets are available online at www.hispanicchamberpb.com. ■



1. Rita Demiez, Melina Almodóvar, Tito Puente Jr., Ana Barreto, Maggi Rosenberg, Theresa Agrícola, Jim Arrigo, John Arrigo, Maria Antuna and Miriam Acosta-Castriz
 2. Carmen Bernard, Tito Puente Jr. and Melina Almodóvar
 3. Jim Arrigo and John Arrigo
 4. Maggi Rosenberg, Tito Puente Jr. and Ana Barreto
 5. Jim Arrigo, Jennifer Sardone-Shiner and Ana Barreto
 6. Aileen Puente and Tito Puente Jr.

GAIL V. HAINES / FLORIDA WEEKLY

BEHIND THE WHEEL

The Lexus RX is thinking about you



The Lexus RX crossover is about to celebrate two decades of blazing a new trail. When the it first showed up in 1998 as a 1999 model, we didn't exactly know how to define it. The design was beefier than a station wagon and sportier than an SUV. It was one of the first vehicles of its kind and not all of us even knew the term "crossover" yet.

We would come to discover that the RX was the luxury epicenter of what would become the fastest growing segment in the next couple of decades. That has made it an international symbol for crossovers, as well as the consistent best-selling vehicle in the Lexus lineup. But rarely is the most popular student solely defined by the first one to arrive at school. So, what gives the RX staying power?

It starts with the design. Now in its fourth generation, the RX carries the most aggressive design elements that Lexus is promoting. The company is consciously trying to look as sporty as possible, and that includes the hour-glass grille and sharp-edge styling. The c-pillar is even partially done in black to give the floating roof appearance that's popular today.

But even with a very popular and modern look, the RX has been more about evolution than revolution. Big bumpers, minimal chrome and the long rake of the rear glass are pieces



from previous generations that have always had appeal. While the current RX doesn't look like the one from the winter of 1998, its lineage is secure.

Another piece that crosses generations is a quiet interior. Lexus' premium reputation is built on its ability to isolate the cabin from the outside world. Sometimes that gets criticism in a sports car, but it's exactly the kind of engineering that keeps the RX on top. After all, crossovers are popular because they ride a bit higher to give separation from the rest of traffic.

The feeling of luxury is more than just the silence. Material qualities

are exceptional — the plastics are as smooth and substantial as the metal elements and there's leather in all the right places. It's a layout that feels thoughtful, and the features do, too. For example, there are automatic high beams for the headlights, radar-guided cruise control and a pre-collision warranting system. It's almost like the RX has a mother-like level of concern for everyone's safety.

What may miss the mark for some people is the infotainment system. Most of us are accustomed to a touchscreen running the electronic wizardry of everything from the stereo to GPS navigation (when equipped). Lexus utilizes

a fingertip control module that's very much like a mousepad. The real advantage is that the large 12.3-inch display screen can be mounted closer to eye level, and it allows for more room in the dash to mount key components. This setup is intuitive and drivers will likely find it second-nature after a few weeks of ownership. Still, it's almost certain to feel awkward during the first test drive.

Our car was the front-wheel drive RX 350, which comes with a 3.5-liter V6. The motor has its roots in long-haul cars like the Toyota Camry. It has been refined for Lexus duty, so that not even valve noise intrudes on the cabin. In this application, it's producing 295 horsepower. It's no sports car, but that's only a few ponies short of a comparable Mercedes GLE — a vehicle carrying the weight of about two more people.

The real heart of RX's appeal is in the way it can make commutes and long journeys effortless. Light steering and just the right plush feeling in the ride means the trip is never taxing on the driver. There are more power options with the hybrid model and there's all-wheel drive available for those who need it, but the RX will always be a soothing ride more than an adventurer's machine.

Over the last 20 years, Lexus has consistently bet that there is appeal in providing a vehicle that feels like someone thoughtfully engineered it. This is a quality that helped to define the premium crossover.

While more vehicles continue to enter this market segment, the Lexus RX has staying power by remembering what made it the bedrock of luxury crossovers. ■

REAL ESTATE

OCTOBER 26-NOVEMBER 1, 2017

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| A21



COURTESY PHOTOS

Your Palm Beach Oasis

SPECIAL TO FLORIDA WEEKLY

Your friends will never want to leave this sophisticated, nearly 3,000-square-foot, three-bedroom, three-bath, two-story condo at Oasis in Palm Beach.

Ascend the mahogany staircase to your master and guest rooms with dramatic ocean views everywhere. Listen to soft tumbling waves as you fall asleep and awaken to captivating sunrises. The flexible floorplan with open kitchen, vast living area, two guest suites, master and morning room can be arranged according to lifestyle depending on your priorities. The unit with designer appointments may be purchased turn-key, fully furnished and equipped.

The residence is framed by 350 square feet of balcony overlooking terraced gardens, pool and ocean. All windows and doors are state-of-the-art and offer highest standard in hurricane impact glass protection. Volume ceilings and two-story windows enhance the dramatic design. The mahogany floating staircase adds a decided graphic punch. Other upgrades include custom electric windows treatments, two new air conditioning units and an upgraded electrical panel.

The architecturally distinctive Oasis complex is composed of three glass-encased buildings that artfully bring the beauty of Florida into the living space. The well-conceived common areas and glass elevators are a modern creation.

The Oasis offers resort-style living with a wide range of amenities, including boat dockage, a lakeside tennis court, three gyms, a heated pool with daily water and towels, garage, on-site storage room, two



card rooms, a library/gathering room, a game room, his and her cabana baths and barbecue area. The coveted dune deck is being expanded and is a marvelous place to relax in the sun surrounded by glorious views and the ocean breeze.

This truly is a serene oceanfront paradise with endless possibilities.

For more information, visit www.beachfrontoasis.com. ■

— It's offered at \$1,125,000 by Maryann Chopp of Sotheby's, 561-351-1277 or Maryann.Chopp@sothebyshomes.com.



ON THE LINKS

Bear Trap Bash raises awareness of Honda Classic charities

Larry BUSH

lbush@floridaweekly.com



Honda Classic Cares, the fund-raising arm of the **Honda Classic**, will host its inaugural **Bear Trap Bash** on Oct. 28. It will be an evening of "music, food and fun" at the **PGA National Resort & Spa**. Parenthetically, the 2018 Honda Classic is scheduled on the adjacent Champion course Feb. 22-25, with **Ricky Fowler** expected to return to defend his 2017 title.

Designed to raise awareness of the philanthropic impact of the charitable partners of the Honda Classic, the Halloween-themed party starts at 7 p.m. The dress code will be casual but those who attend in costume could win prizes. Tickets are \$225 per person and can be purchased at www.thehondaclassic.com.

Each registrant will be invited to select a charity partner from a drop down menu. Chosen charities will receive a percentage of the sale, sponsorship or donation.

Earlier this year as part of Honda Classic Cares Week, tournament officials awarded a record \$3.63 million to 133 local organizations. That has had a positive impact on the lives of more than 32,000 boys and girls and their families, the charity said. The Honda Classic has given more than \$35 million

to South Florida's children's charities since its inception 36 years ago, including more than \$20 million in the 11 years since Children's Healthcare Charity Inc. took over the event when it moved to PGA National in 2007.

The Bear Trap Bash is a continuation of Honda Classic Cares initiatives to work the year around to support the local community. Charities that will benefit from the Bear Trap Bash: **Allamanda Elementary School; Bella's Angels; Center for Child Counseling; Easter Seals of Florida; Els for Autism Foundation; Families First of Palm Beach County; First Tee of the Palm Beaches; Florida Outreach for the Blind; Girls, Academics and Basketball Inc.; Loggerhead Marinelife Center Inc.; Palm Beach Atlantic University golf teams; Palm Beach Gardens Foundation; Quantum House; Sea Turtle Adventures; Urban Youth Impact;** and many more.

More people, places and things:

Patrick Rada, an assistant at **McArthur GC** in Hobe Sound, won three South Florida PGA tournaments

between Aug. 7 and Sept. 29. Included were the **South Florida Open, Bonita Bay Club, 203; Global Golf Sales Cup, Addison Reserve CC**, point quota of plus-12; and Pro-Superintendent, **Frenchman's Creek GC-South**, with **Thomas Barrett**, gross 62. Then in October, he appeared ready to make a run at the Section Championship with a 68 at the **Turtle Creek Club** for the first round lead. But he added 81-79 at McArthur, his home course, and tumbled to 228, T-27.

Andrew Filbert, an assistant at **Bonita National CC** in Bonita Springs, won by five strokes at 71-68-71—210. He was six under par on the ninth and 10th holes the second and third rounds at McArthur, birdie-eagle the second, eagle-birdie in the finale. He finished as Section Player of the Year to earn a berth in the Honda Classic in February. **Mike Valicenti of Jonathan's Landing** was second on 71-70-74—215.

Other recent SFPGA winners:

Section Seniors, **Lost Tree Club — Mike San Filippo**, Hobe Sound, overall, for the third time, and the 60-69 age group, 132. Other flight winners were **Laurie Rinker**, Stuart, the only female in the field, 50-59, 135; **Bob Bilbo**, Port St. Lucie, 70-74, 151; and **Roger Kennedy Sr.**, Stuart, 75-older, 149. Mr. San Filippo also won in 2005 and 2016.

Assistants' Championship, The Quarry, Naples — Justin McCarragher, Fiddlesticks CC, Fort Myers, beating defending champion **Alan Morin, The Falls CC**, Lake Worth, on the sec-

ond extra hole after they tied at 138.

Pro-Scratch, Old Marsh GC — Michael Kartrude, The Bear's Club, and **Ryan Fountain**, Lake Worth, 61.

South Florida Open, Bonita Bay Club — Gene Fieger, Naples, seniors, 136, and **Jalen Ledger**, Palm Beach Gardens, amateurs, 214.

Pro-Superintendent, Frenchman's Creek-South — Jeff Waber and Kyle Ashbury, Broken Sound Club-Old course, net 55.8.

■■■■

Southeast Chapter:

Jeff Waber, Mark Mielke and Alan Morin were the winners at **Banyan GC** in the chapter's annual tripleheader. Mr. Waber, Broken Sound Club, Old course, won the head professionals division, beating **Roger Kennedy Jr., CC at Mirasol**, on the 10th extra hole after they tied at four under par 68. Kennedy won the Chapter Championship in June. Mr. Mielke, Jupiter, recently retired from the New York area, shot 66 to win the seniors championship. Mr. Morin, The Falls CC, also shot 66 to take the Assistants title for the sixth time since 1995, the third in the last four years.

Team Championship, Old Palm GC — Kenny Leech, Boca Raton, and **Patrick Rada**, Hobe Sound, 61, four-ball stroke play.

Pro-Scratch, Willoughby GC — Alan Morin, Royal Palm Beach, and **Ken Deckler**, in a match of cards with **Brian Peaper**, Tequesta, and **Chris Reeves** after they tied at six under 66, four-ball stroke play. ■



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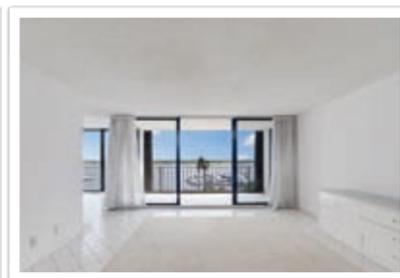
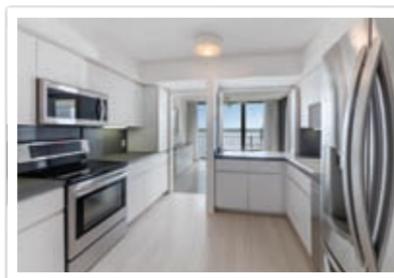
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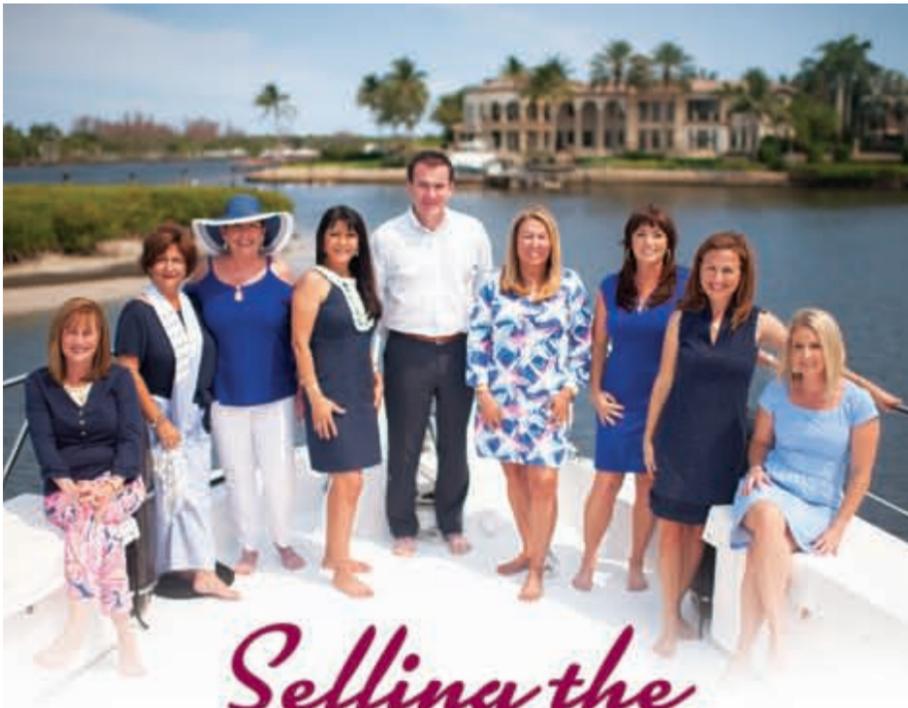
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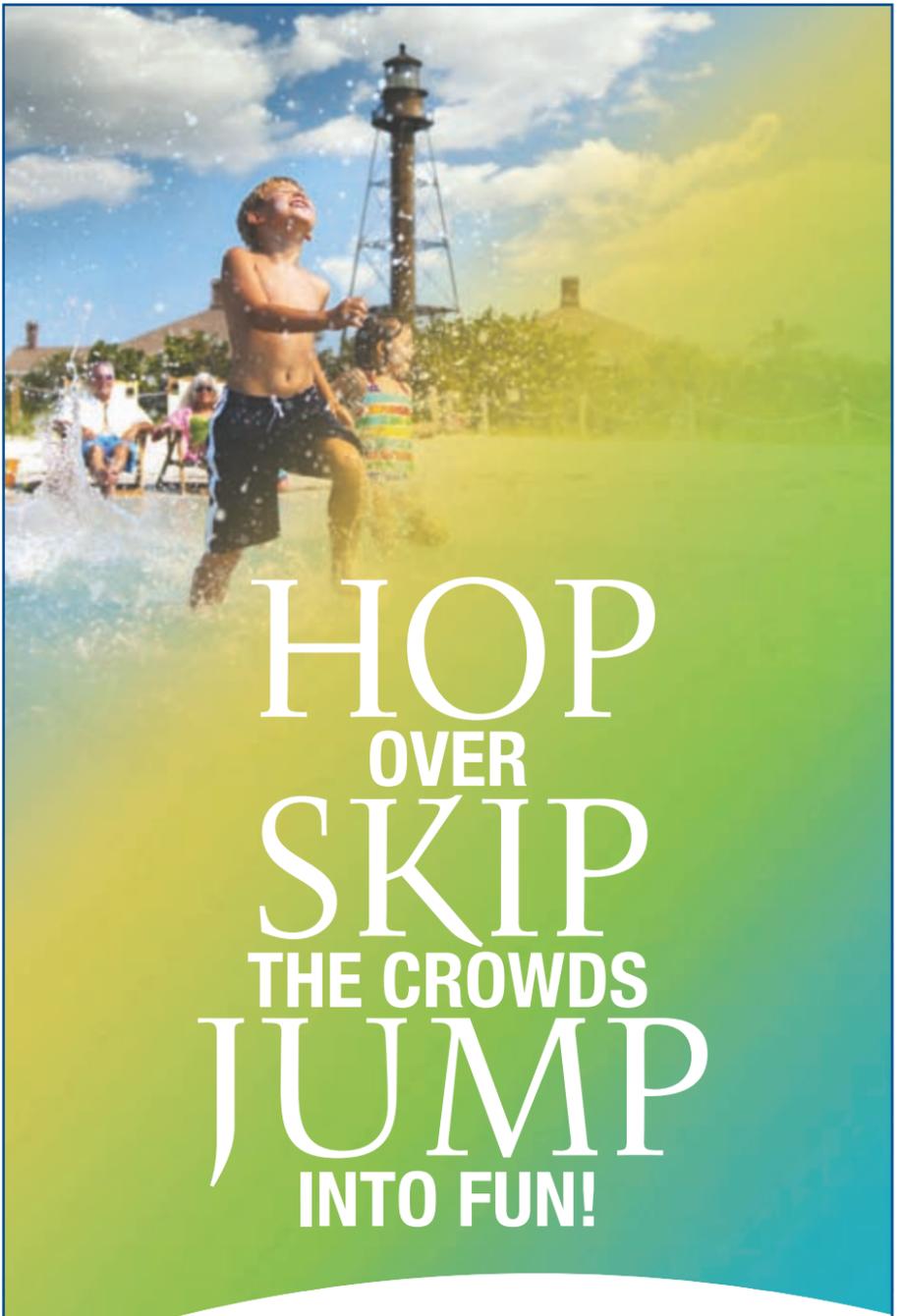
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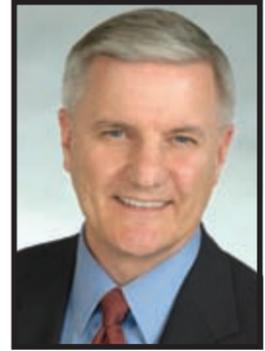
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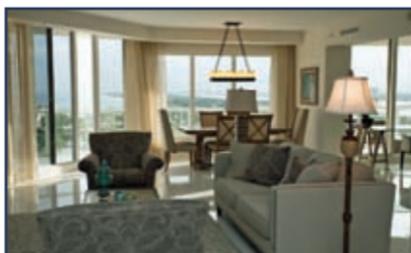
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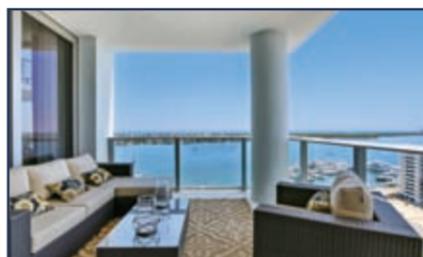


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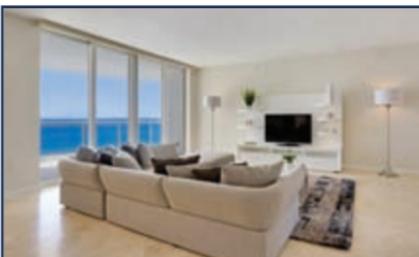


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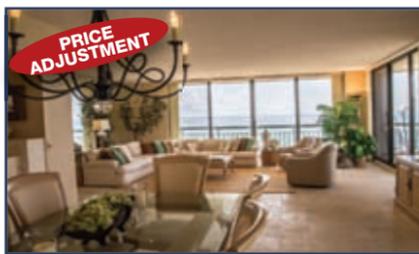
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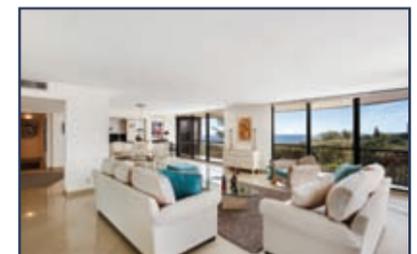
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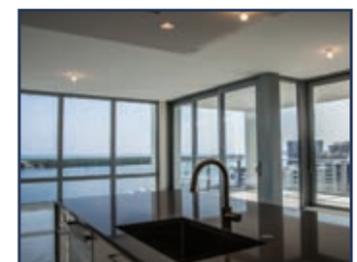
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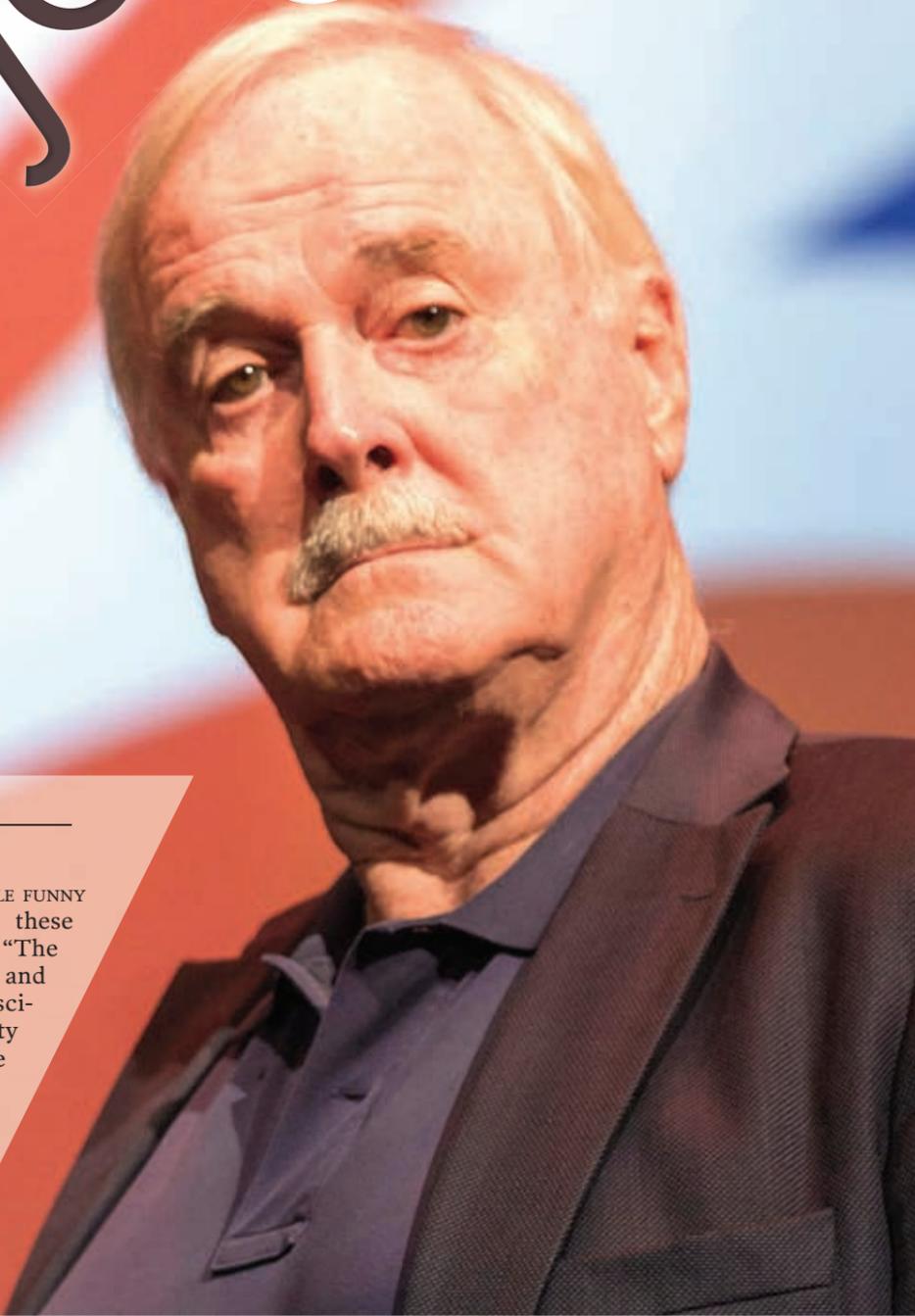
WEEK OF OCTOBER 26-NOVEMBER 1, 2017

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SECTION B

The actor known for Monty Python and the Holy Grail takes his show on the road, with a movie and a chat. He visits the Kravis Center on Nov. 1.

John CLEESE



BY JAN NORRIS

jnorris@floridaweekly.com

SEVERAL THINGS PUZZLE FUNNY man John Cleese these days. Politics, “The Walking Dead” and the American fascination with “Monty Python and the Holy Grail,” to name a few. “The thing that always puzzled me is that the Americans prefer, and think the ‘Holy Grail’ is

SEE CLEESE, B10 ►

HAPPENINGS



COURTESY PHOTO

Two lanes of Flagler Drive have been closed to vehicular traffic to make way for Flagler Shore, with a variety of activities on the 6/10ths of a mile of pavement.

It's new, it's neat, it's Flagler Shore in West Palm Beach

BY JANIS FONTAINE

pbnews@floridaweekly.com

Flagler Drive is changing, and we're not talking about bridge construction.

Introducing Flagler Shore.

This temporary redesign of two lanes of Flagler Drive between Lake Avenue and Banyan Boulevard — about 6/10ths of a mile — has one purpose: Making downtown even more pedestrian- and bicycle-friendly. It's part of a worldwide movement called “ciclovía,” where cities close streets to cars making the streets safer for strolling, shopping and staying in shape. The first Sunday of the month beginning Nov. 5, the city will celebrate the ciclovía philosophy and they want you to get up, get out and get moving!

Some of the changes you'll see include bistro-style seating and public art, more street performers and vendors bringing new energy.

This is a win-win for the visitors and merchants, and the city, as usual, has lots of activities and events planned. Most are free. Here's a summary:

Finding Nature on Flagler Shore: Nov. 4, from 9 a.m. to 2 p.m. As part of LagoonFest, Flagler Shore is your place to get in touch with nature with a series of walks and bike rides, morning yoga and meditation and other wellness activities, music by the Palm Beach Symphony, a live sewing bee by Resource Depot, a paint-by-numbers mural, live music performances by Lovelock Music Group, and the LagoonFest Regatta.

Pedal - Run - Walk with Purpose and Food Trucks at the Shore. From 6-9 p.m. the last Wednesday of every month, meet friends for an evening stroll or make new ones there. Meet at the intersection of Datura Street and Flagler Drive across from E. R. Bradley's Saloon. Grab dinner at one of the 15 or 20 food trucks, enjoy live music and a South Florida sunset. Cyclists can take a scenic ride through downtown beginning at 6:10 p.m. Mark your calendar with these dates and themes:

- **Early Santa Walk, Run & Ride:** Nov 29.

- **Lantern Walk, Run & Ride:** Dec. 27.

SEE HAPPENINGS, B14 ►

It's a wrap on another Florida Weekly Writing Challenge

BY CINDY PIERCE

cpierce@floridaweekly.com

Talk about a challenge. Choosing one winner from among a record 256 entries in the 2017 Florida Weekly Writing Challenge proved a difficult assignment for our editors and senior writers who had that responsibility. Nine of us divided up the initial load, each picking two favorites from the 28-29 stories we read.

SEE CHALLENGE, B11 ►

These two photographs served as prompts for the writers from Key West to Alberta, Canada, who submitted a total of 256 entries in the 2017 Florida Weekly Writing Challenge. Read the winning entry on page B11.



BETTY WELLS / FLORIDA WEEKLY



VANDY MAJOR / FLORIDA WEEKLY

COLLECTOR'S CORNER

Plastics enter the pecking order of objects at my house

scott SIMMONS

ssimmons@floridaweekly.com



Collecting is what it is. For some, it's hoarding. You can fill your house or garage or warehouse with indiscriminate mountains of stuff. Much of it may have no logic, but it's yours. For others, it's about curating. Those collectors want the best of the best. The most beautiful, the rarest. Most of us fall somewhere in between. As for me, I seek out items that catch the eye because of design or quality. Quality is what wins out for me every time, if only because quality endures. I liken it to a pair of shoes — a pair of inexpensive loafers looks like you cut corners after a few wearings. But a pair of Ferragamos gains patina with time — even if you're walking through holes in the soles, those shoes still look like Ferragamos. Yes, there's something to be said for an old sole — and for an old soul. A few years ago, I attended an estate sale handled by my friend, the late Lou Ann Wilson-Swan. The home she was liquidating was filled with quality antiques that had attracted top dollar from collectors in the 1970s and '80s. Among the objects was a set of a

dozen Coalport dinner plates. The porcelain from which those plates were made had a light-grabbing quality that was matched by the hand-painted decorations that covered each plate. That set would have sold for more than \$1,000 in decades past. I bought the set for around \$100 and never regretted it.

My friend Jim Antone, a Jacksonville antiques dealer, saw the plates and said, "A Rolls-Royce is a Rolls-Royce." The quality shone through — hence my attraction to them.

There also is something to be said for the eye-catching.

I was thinking about that as I selected this week's find — a pair of 1940s Bakelite, or Catalin, napkin rings in the shape of chicks. Collectors now use the terms Bakelite and Catalin interchangeably, though Catalin is a little heavier.

When Phenol-based plastics became widely available in the early 20th century, they were revolutionary.

Here was a material that was relatively durable, colorful and inexpensive to make. It also was more fire-resistant than its predecessor, celluloid.

But it was so forward looking, too. Artisans never could have replicated these fanciful shapes in natural materials, like stone or wood or glass or tortoise.

But using plastics, any-

thing was possible — even middle-class people could have affordable and attractive table settings.

The word "plastic" became synonymous with something cheap.

That's unfortunate, because even something as basic as these napkin rings would have been hand-finished.

But show me a red Bakelite radio, or caramel-colored cutlery handles, the deeply saturated greens of a mahjong set, and you have my attention. There's nothing cheap or tacky about those.

After all, they once were cutting edge, and all still have great graphic appeal.

And, at least in this case, cuteness defies the decades. ■

THE FIND:

A pair of Bakelite napkin rings

Bought: Noah's Ark Helping Pets, 824 Belvedere Road, West Palm Beach; 561-833-8131.

Paid: \$10.

The Skinny: My friend Janice Lowder, who owns this charity shop, had taken these napkin rings to sell at an antiques show without success.

When she offered the pair to me for \$10, I jumped at the opportunity.

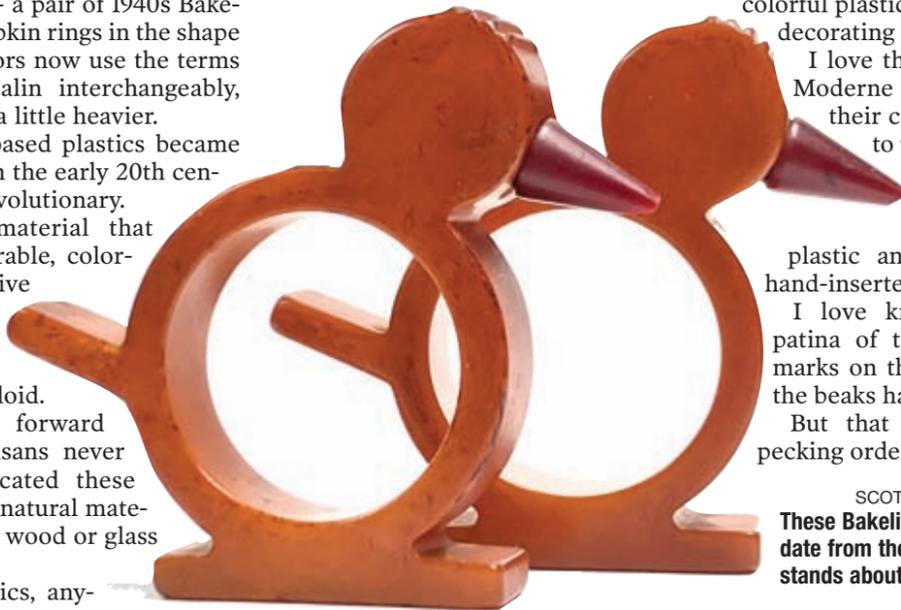
They're so much a product of their time — probably the 1930s or '40s, when colorful plastics began to dominate the decorating scene.

I love the stylized Art Deco-Art Moderne look of the birds, from their circular heads and bodies to their angled tail feathers.

The napkin rings would have been cut from caramel-colored plastic and the burgundy beaks hand-inserted.

I love knowing they have the patina of time — there are wear marks on their bottoms and one of the beaks has a nick in its tip.

But that doesn't diminish their pecking order in my collection. ■



SCOTT SIMMONS / FLORIDA WEEKLY
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THEATER REVIEW

Dramaworks' 'Little Foxes'
a searing look at greed

BY OLIVE H. COGDILL

FloridaTheaterOnStage.com

Greed — that timeless vice that steamrolls over everything in its path — is as relevant a theme today as it was in Lillian Hellman's 1939 drama "The Little Foxes," now receiving a sumptuous revival at Palm Beach Dramaworks.

The obsession with money and power has, at best, bought the disintegrating family of the Hubbards of Alabama, a barely disguised hatred of each other and the contempt of their neighbors and servants. At worst, Regina Hubbard Giddens and her two brothers, Benjamin Hubbard and Oscar Hubbard, have lost their souls, discarded somewhere along the line as easily as they cast aside the people in their lives or the wildlife Ben shoots daily.

What fuels the Hubbards' latest fixation is the chance to join forces with a Chicago company represented by William Marshall (a persuasive and all too brief appearance by Frank Converse). Marshall will join forces with the family to build a cotton mill to "bring the machine to the cotton, and not the cotton to the machine." The charming, yet a bit smarmy Marshall sees extra profits in the cheap labor and absence of unions. For the Hubbards, the deal will propel the family from the solidly upper middle class to the arena of the truly wealthy — able to buy and do just about anything.

Ben and Oscar want the deal very much as does Regina who lusts after the money and the freedom it will bring. But there is only one hitch: Regina's husband, Horace, who has spent the last five months in a Baltimore hospital, has refused to answer his brothers-in-law's letters and Regina's pleas about the business plan. Money is not a problem — Horace has the needed \$75,000, and more, for his share in bonds kept in a safe deposit box at his bank. Banker Horace's refusal to be a part of the Hubbards' plan goes much deeper than money.

Palm Beach Dramaworks could not have picked a better play to launch its 18th season and continue its mission of presenting classic and timeless plays. Although set in 1900, only the era-specific costumes, and perhaps the lack of cell phones, date this 78-year-old play. Sexism, racism, uncontrolled ambition, domestic abuse, sex, murder and embezzlement continue to be a part of society's fabric, sometimes hidden behind closed doors, sometimes now discussed on social media.

Dramaworks' production of "The Little Foxes," under the impeccable direction of J. Barry Lewis, quickly gets to the heart of the story, showing all the characters' myriad shadings and motives.

While the Hubbards are despicable people, they are not inherently evil. Ruthless, unconscionable and self-centered, yes. And each is certainly a product of his or her upbringing and the era in which he or she lives.

Kathy McCafferty, who played the flinty heroine in Dramaworks' "Outside Mullingar," is luminous as Regina, who more than anything wants money for the power it brings. Ms. McCafferty plays her not as a bitch, as a couple of people commented during one of the intermissions, but as a woman who desperately wants what has been denied her all her life. Her father left all his money to his sons, leaving her out; she

married Horace for financial support only to be trapped in a loveless marriage to a decent man who is repulsed by her naked ambition. Too many have discounted Regina, and she is tired of it. To Ms. McCafferty's credit, the actress makes us understand Regina's motives yet never completely sympathize with her. Ms. McCafferty's Regina is repulsive, yet the most interesting person in the room.

Regina's counterpart is her sister-in-law Birdie, whose marriage to Oscar quickly devolved into scorn and domestic abuse. Denise Cormier, making her Dramaworks debut, delves deeply into Birdie's psyche, who tries to hide her unhappiness with alcohol. Birdie and Regina are near mirror images of each other — each hates her life and each has learned to be disappointed by people, and it shows. The difference is Regina has turned her hatred externally, with animosity toward others while Birdie's has turned her dissatisfaction inwardly with liquor. (These two sides of the same personality was explored in the recent Broadway revival in which Laura Linney and Cynthia Nixon alternated as Regina and Birdie.)

As the brothers, Dennis Creaghan, one of South Florida's top actors, and James Andreassi, seen last season in Dramaworks' "Arcadia," each brings a sense of entitlement and privilege so desperately desired. Mr. Andreassi's Oscar is the more selfish, with little regard for his wife, Birdie, or his seemingly ineffective son, Leo (a terrific sleazy Taylor Anthony Miller). Oscar isn't just an enthusiastic hunter but a killer of wild animals, who leaves fowl and squirrels in his wake. When it is suggested that many of the town's poor residents could use the meat to feed their families, he just shrugs. Mr. Creaghan's Ben is the more practical, gleefully finding ways to cut out his brother and sister from any profits.

Rob Donohoe, who has been in seven Dramaworks productions, brings a sense of honor and calm to the Hubbards' chaos as Horace. Suffering from heart disease, Horace is no weakling, trying to secure a future for his daughter, Alexandra (a perceptive Caitlin Cohn) while using his money against Regina. Pale and shaky, Donohoe truly seems so ill that at least a couple of audience members expressed concern about his health. (He's fine; he's an actor.)

Avery Sommers, one of the area's best vocalists, brings an intuitive sense of observation as the maid Addie. Her subtle facial expressions show that she knows what this family is, and has no illusions about the people for whom she works. Yet, her respect for Horace and love for Alexandra keep her here.

Brian O'Keefe's costumes are spot on, illustrating an upwardly mobile family and each's character's personality. Once again, Michael Amico's scenic design pinpoints the settings' nuances. The formal furniture, the winding staircase and pocket doors leading to a dining room speak of money and a longing for being a part of the upper echelon. Paul Black's lighting and Brad Pawlak's sound enhance the production. ■

— "The Little Foxes" runs through Nov. 12 at Palm Beach Dramaworks, 201 Clematis St., West Palm Beach. Tickets cost \$55-\$90. Student tickets are available for \$15 Call 561-514-4042 or visit palmbeachdramaworks.org.

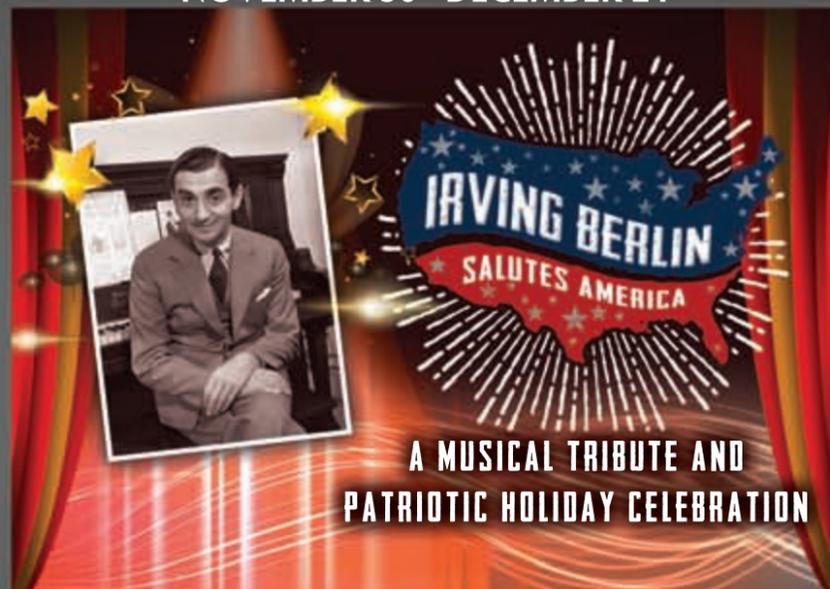
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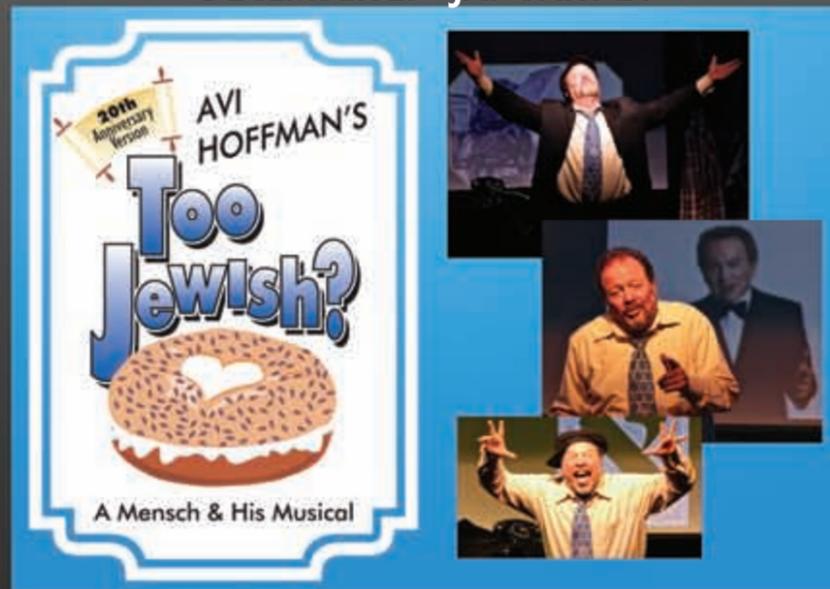
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CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnews@florida-weekly.com.

THURSDAY 10/26

Genealogy Fair — 5-7 p.m. Oct. 26, at the Palm Beach County Main Library, 3650 Summit Blvd., West Palm Beach. Features exhibits to help with family history research, plus demos of scanning and recording equipment. Light refreshments provided. 561-616-3455; www.gensocofpb.org.

Art After Dark — 5-9 p.m. Thursday. Tours, music, spotlight talks. Free. 561-832-5196; www.norton.org.

Ladies Night Out — 5:30-8:30 p.m. Oct. 26, iBar, PGA National Resort & Spa, 400 Avenue of the Champions, Palm Beach Gardens. Wine tasting, shopping, pampering by the Spa at PGA National and music by DJ Violinist Timothee Lovelock. Prize for the best and most creative mask; raffles and prizes. \$15 wine tasting ticket also includes one raffle ticket. Free valet parking. www.pgaladiesnightout.eventbrite.com.

Clematis by Fright — 6-9 p.m. at the West Palm Beach Waterfront, Flagler Drive at Clematis St., West Palm Beach. Cash prizes in the annual costume contest with categories for kids, adults, families and pets. A Haunted Hallows where children can safely trick-or-treat, live music by The Spam Allstars. Info: www.clematisbynight.net

Woodlawn Cemetery Walking Tour — 7:30 p.m. Oct. 26, 1500 S. Dixie Highway, West Palm Beach. Historians Janet DeVries Naughton and Dr. Ginger Pederson lead a Halloween-themed walking tour. Arrive by 7:15 p.m. and bring water, insect repellent and comfortable shoes. 561-804-4900.

St. Peter's Pumpkin Patch — Through Oct. 31. 9 a.m. to 8 p.m. Monday through Saturday, and noon to 8 p.m. Sunday, and 9 a.m. to noon Oct. 31 at St. Peter's United Methodist Church, 12200 W. Forest Hill Blvd., Wellington. Movie in the Patch takes place 7-9 p.m. Oct. 28. Screening "Spookley, the Square Pumpkin," a family-friendly film for all ages. www.stpeters-umc.org or call 561-793-5712.

The 16th annual Fright Nights — Opens 6-11 p.m. Thursday, 6 p.m. to midnight Friday and Saturday, through Oct. 28, South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. The largest haunted attraction in South Florida promises to be scary with new haunted attractions plus food, entertainment and midway carnival rides. Admission is \$30, which includes 30 tickets valued at \$1 each to be used for rides and haunts. Each haunt requires seven tickets and rides vary from one to three tickets. Tickets cannot be used for food. Parental discretion is advised for those younger than 12 years old. 561-793-0333; www.southfloridafair.com or www.myfrightnights.com.

Up Close with Ballet Palm Beach — "The List and Other Works" — 7:30 p.m. Oct. 26-27, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. This special fundraising performance features guest choreographer Christopher Huggins in a poignant tribute to the Holocaust. Also includes Balanchine's work, "Who Cares?" Tickets: \$60-\$120. Tickets include drinks a meet and greet with the choreographer, Ballet Palm Beach artistic staff and dancers. Ask about the option to upgrade to cabaret seating with cocktails and light bites. Info: 561-832-7469 or visit www.balletpalmbeach.org.

Florida Intergenerational Orchestra Open Rehearsal — 7-9 p.m. Oct. 26. The orchestra is seeking musicians of all ages. New musicians of all skill levels and scholarship auditions will be held. The founder and conductor is Lorraine Marks-Field. Call for location, registration: 561-482-8206; www.flia.org.

William Shakespeare's "Macbeth" — 8 p.m. Oct. 26-28, Sol Theatre, 3333 N. Federal Highway, Boca Raton. Adapted by Seth Trucks and Sara Elizabeth Grant. Tickets: \$20. Info: 561-447-8829; www.eveningstarproductions.org.

Richard O'Brien's "The Rocky Horror Show" — Through Oct. 31, PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. Tickets: \$35 or \$40 for reserved seats. An EntrActe Theatrical production. www.entractetheatrical.org; 561-445-9244.

Free Greyhound Adoption Month — Through Oct. 31, Palm Beach Kennel Club, 1111 N. Congress Ave., West Palm Beach. Awesome Greyhound Adoptions, Hounds for Heroes, Forever Greyhounds, Greyed A Greyhounds and Greyhound Pet Adoption will offer free adoptions for all approved applications, a savings of more than \$250. Info: pbkennelclub.com/greytpets.

The North County Art Association and Lighthouse Camera Club Exhibition — Through Nov. 10, Jupiter Community Center, 200 Military Trail, Jupiter. Features work by Linda Mathison, Pat Benedetto, Gerri Aurre, Lynda Koehler and Bill Clifton. Through Nov. 10. 561-741-2400; www.jupiter.fl.us/art.

"I Will Survive: Soundtracks of the 70s" — Through Nov. 19, PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. Conceived and written by Kevin Black & Mimi J. featuring music by an array of artists from ABBA to Carly Simon, to Gladys Knight, John Lennon and ZZ Top. Tickets: \$45 weekdays, \$48 weekends. Premium seats are \$65. 855-448-7469; www.pgaartscenter.com.

FRIDAY 10/27

Spookyville — Oct. 27-29 and Oct. 31, Yesteryear Village at the South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. An old-fashioned kid-friendly Halloween celebration with trick-or-treating, games, arts and crafts, a spooky house, food and drinks, carnival rides, bounce houses and a barrel train. Hours: 5-8 p.m. Friday and 11 a.m.-6 p.m. Saturdays and Sundays. For age 12 and younger. Admission: \$10, which includes rides and games, and kids age 2 and younger are free. Get tickets online at www.southfloridafair.com or at the gate. Parking is free.

Fall Festival — 6-8 p.m. Oct. 27, Burns Road Recreation Center, 4404 Burns Road, Palm Beach Gardens. Trick-or-treating on the trail, children's activities, live music by Burnt Biscuit, and food and drink for purchase. Free. 561-630-1100; www.pbgrec.com.

Fall Fest — 6-8 p.m. Oct. 27, Lake Park Harbor Marina, 105 Lake Shore Drive, Lake Park. This family friendly Halloween alternative features live music, arts and crafts, cash bar, trick-or-treating for kids in non-scary costumes. Music by D-Funk & the Flo. 561-840-0160; www.lakeparkflorida.gov

Nights at the Museum "Spooky Science!" — 6-9 p.m. Oct. 27, South Florida Science Center and Aquarium; 4801 Dreher Trail North; West Palm Beach. Spooky Halloween activities such as an interactive, family-friendly haunted house, hands-on science demonstrations,

costume contests with prizes, food and beverages from WT Cafe for purchase. \$13.95 adults, \$11.95 seniors, \$9.95 age 3-12, free for younger than age 3 and members. www.SFScienceCenter.org or 561-832-1988.

Shot Out: Adventures and Directions in Photography Exhibition — 6 p.m. Oct. 27, The Box Gallery, 811 Belvedere Road, West Palm Beach. Features the work of Marina Tito, Nicholas Natale, Chris Bivins and Brian Cattelle. An artist talk is planned at 7 p.m. followed by a reception from 8-10 p.m. with music by Lil Marsh. Info: 786-521-1199.

SATURDAY 10/28

The second annual fundraising Phantom 5K, Monster Mile and Devil Dash — Registration opens at 6 a.m. Oct. 28, Palm Beach Outlets, 1751 Palm Beach Lakes Blvd., West Palm Beach. Races include a Phantom 5K at 7:30 a.m., Monster Mile at 8:45 a.m., and a Kids Devil Dash for age 7 and younger. Awards Ceremony at 9 a.m. Participants are encouraged to wear costumes. Proceeds benefit Quantum House. Register online at register.racepartner.com/PhantomRun. Info: 561-515-4400; www.palmbeachoutlets.com.

Bear Trap Bash — 7-11 p.m. Oct. 28, PGA National Resort & Spa, Palm Beach Gardens. Open bar, food stations, prizes. Halloween theme. Costumes encouraged. Supports the Honda Classic Cares. Tickets: \$225. 561-799-4607; www.thehondaclassic.com.

Moonfest — 8 p.m. to 4 a.m. Oct. 28, along the streets of downtown West Palm Beach. Haunted house, art village, laser light show, food trucks, loads of live music, and a costume contest with cash prizes. Age 21 and older. Tickets: \$10. \$75 VIP includes a private tent, open bar, and food. A haunted house pass is \$8. www.moonfest.me.

Singer Rob Russell and pianist Danny Beck — 9 p.m. Oct. 28 and Oct. 31, Café L'Europe, 331 S. County Road, Palm Beach. The evening will include a costume parade with a grand prize, dancing and Halloween menu items. Halloween will include a costume contest with prizes, a prix fixe menu, dancing and entertainment. Reservations required at 561-655-8272.

SUNDAY 10/29

Cars & Coffee — 8 a.m. to noon Oct. 29, Palm Beach Outlets, 1751 Palm Beach Lakes Blvd., West Palm Beach. "Trunk or Treat" and Costume Party. A family friendly car show with exotic, custom and classic vehicles. Cost is \$5 per vehicle to display, free to spectators. Info: 561-515-4400; www.palmbeachoutlets.com

Journalist Dina Gold speaks — 11 a.m. Oct. 29, Mandel JCC, Hood Road, Palm Beach Gardens, and 7 p.m. Oct. 30, Mandel JCC, Boynton Beach. Topic: "Stolen Legacy and the Quest for Justice." Part of the 2017-18 Anti-Semitism and the Holocaust Speaker Series. Register at www.jewishpalmbeach.org or 201-887-0737.

Benefit Concert for Puerto Rico — Noon to 8 p.m. Oct. 29, Expo Center at the South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. A family-friendly music festival. Headliners include Nestor Torres, Tito Puente Jr., Elsten Torres Band, Laura Vivas of The Voice, Kiki Sanchez, and Aileen Rosario, plus the Journey Tribute Band Odyssey Road, The Cassie Ortiz Band, Bachata Artist Alejandro, and world-renowned salsa dancers. All proceeds to benefit Puerto Rico's hurricane relief. There's

also a VIP Area with special meet-and-greets, a soccer clinic, sports zone, obstacle courses, dominos, car show, cars, food, and drinks. Info: 561-832-1986 or visit www.hispanicchamberpb.org.

All That Jazz Luncheon — 1-3 p.m. Oct. 29, 190 Atlantis Blvd., Atlantis Country Club, Lake Worth. Pianist Copeland Davis will perform at this fund-raising luncheon hosted by the League of Women Voters of Palm Beach County. Tickets: \$45. RSVP online at www.lwvpbc.org or call 561-968-4123.

Trunk or Treat and Community Food Drive — 4 p.m. Oct. 29, First Presbyterian Church, 482 Tequesta Drive, Tequesta. Costume contest, hay ride, crafts and games, concessions and trick-or-treating from cars. Prize for best decorated car. Free, but donations on non-perishable food are requested. To enter your car, e-mail Family Ministries at cmabc7@gmail.com or call 561-746-5161, Ext. 105; www.tequestapres.org

Zimmermann's Café Chamber Music Season Opener — 4 p.m. Oct. 29, St. Andrew's Episcopal Church, 100 N. Palmway, Lake Worth. The performers are Lillian Caballero, flute; Margaret Donaghue Flavin, E-flat and B-flat clarinet; Orlando Scalia, Bb clarinet; Michael Walsh, A clarinet; Danielle Woolery, bass clarinet; Nathan Mensink, alto saxophone; Jorge Gomez-Abrante, guitar; Mari-Liis Pääk, violin; and Jason Calloway, cello. A discussion with the audience takes place between selections. Light food, wine, and other beverages will be served. Tickets: \$20, free for students with ID. www.Facebook.com/Zimmermann's Café Chamber Music

TUESDAY 10/31

Mall-O-Ween Trick-or-Treat — 5 p.m. Oct. 31, Palm Beach Outlets, 1751 Palm Beach Lakes Blvd., West Palm Beach. Trick-or-Treating at participating stores. Info: 561-515-4400; www.palm-beachoutlets.com

WEDNESDAY 11/1

Singers Needed — 8 p.m. St. Peter's United Methodist Church, 12200 W. Forest Hill Blvd., Wellington. Rehearsals for the Christmas Cantata are held on Wednesdays and singers are needed. The performances will take place Dec. 16-17. Call Ann at 561-718-5471 or email fsultym82@yahoo.com.

LOOKING AHEAD

Palm Beach Fellowship of Christians & Jews Welcome Back Reception — 5:30-7 p.m. Nov. 2, The Society of the Four Arts, Four Arts Plaza, Palm Beach. 561-833-6150 or visit palmbeachfellowship.net.

The Literacy Coalition of PBC's Great Grown-Up Spelling Bee — 6-9 p.m. Nov. 2, at the Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. A full 26 teams compete in a fun and entertaining trivia style spelling bee. Spectators are welcomed to join and watch. www.literacypb.org

St Luke's Fall Festival — Nov. 2-5, 2892 S. Congress Ave., Palm Springs. Rides, food, raffles. 561-965-8980.

AT THE COLONY

The Colony Hotel — 155 Hammon Ave., Palm Beach. Info: 561-659-8100 or 561-655-5430; www.thecolonypalmbeach.com.

CALENDAR

Motown Fridays with Memory Lane — 9:30 p.m.-12:30 a.m.

Saturday Late Night with the Dawn Marie Duo — 9:30 a.m.-midnight, music and dancing, plus cameos by Royal Room headliners and other celebrity performers.

Royal Room Cabaret — Shows start at 8 p.m. Tickets: \$75. Dinner options available.

■ **Nestor Torres** — Oct. 27-28

■ **David Damiani with Landau Murphy** — Nov. 4

■ **Jenene Caramielo** — Nov. 11

■ **Dennis Lambert** — Nov. 17-18

AT CORAL SKY

Coral Sky Amphitheatre, 601-7 Sansbury's Way, West Palm Beach. Info: www.westpalmbeachamphitheatre.com/events/. Tickets: 800-345-7000 or www.ticketmaster.com.

Kings of Leon — Oct. 27

AT DRAMAWORKS

Ann & Don Brown Theatre, 201 Clematis St., West Palm Beach. 514-4042, Ext. 1; pbdramaworks.org

"The Little Foxes" — Through Nov. 12. At the turn of the century in the Deep South, the ruthless, moneyed Hubbard clan poison everything they touch, by Lillian Hellman

"Billy and Me" — Dec. 8-31. Tennessee Williams and William Inge: two great American playwrights, one turbulent friendship, by Terry Teachout

AT THE GARDENS MALL

The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. 561-775-7750; www.thegardensmall.com.

Spooky Soiree — 5:30-8 p.m. Oct. 27, Grand Court, with a costume contest, trick-or-treating at participating stores.

The Literacy Coalition of PBC's Great Grown-Up Spelling Bee — 6-9 p.m. Nov. 2

AT HARBOURSIDE PLACE

Harbourside Place, 200 U.S. 1, Jupiter. Info: 561-935-9533; www.harbourside-place.com.

Live Music on the Waterfront — 6-10 p.m.

Teach the Beach Kick-Off Concert — Oct. 27

Classic Car Show & Eric Clapton Tribute — Oct. 28

Wyndham Grand Halloween Party — Oct. 28

Jupiter Green & Artisan Market — 10 a.m.-3 p.m. Sundays, year-round.

AT THE KELSEY

The Kelsey Theater, 700 Park Ave., Lake Park. Info: 561-328-7481; www.thekelsey-theater.com or www.holdmyticket.com.

Dope and (Hed) P. E. — 7 p.m. Oct. 27.

Knuckle Puck, Movements, With Confidence, Homesafe — 6 p.m. Nov. 2. Event tickets at foryourfriends.net.

AT THE KRAVIS

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 561-832-7469; www.kravis.org.

Up Close with Ballet Palm Beach — Oct. 26-27.

John Cleese, Live On Stage — Nov. 1. Plus a screening of "Monty Python and the Holy Grail"

Israel Philharmonic Orchestra — Nov. 4. Tickets start at \$39. Beyond the Stage: Arrive by 6:45 p.m. for a pre-performance talk by Sharon McDaniel.

AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. 561-747-8380, Ext. 101; www.jupiterlighthouse.org.

Lighthouse Book Club — 6-7 p.m. Nov. 1 and the first Wednesday of the month. Join the museum staff in book discussions on all things Florida. November's book is: "The Seminole Indian Wars" by John Missall and Mary Lou Missall. The complete book list is available online. Donation requested. RSVP.

AT MACARTHUR PARK

John D. MacArthur Beach State Park — 10900 Jack Nicklaus Drive, Singer Island, North Palm Beach. 561-776-7449; www.macarthurbeach.org.

Butterfly Walk — 11 a.m. Oct. 28.

Cruisin' Food Fest — 2-4 p.m. the second Saturday of each month. Car show, live music, food trucks.

AT THE MALTZ

Maltz Jupiter Theatre, 1001 E. Indian-town Road, Jupiter. 561-575-2223; www.jupitertheatre.org.

"Born Yesterday" — Oct. 29-Nov. 12.

"Disney's Newsies: The Musical" — Nov. 28-Dec. 17.

"Hairspray" — Jan. 9-28.

"An Inspector Calls" — Feb. 4-18.

"South Pacific" — March 6-25.

AT THE JCC

The Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Info: 561-689-7700; www.jcconline.com/pbg.

Oct. 26: Duplicate bridge

Oct. 27: Duplicate bridge

Oct. 30: Timely Topics discussion group, duplicate bridge

Oct. 30-Nov. 3: Duplicate bridge

Nov. 6: Timely Topics discussion group; duplicate bridge

Nov. 7: Duplicate bridge; The Book Festival presents: A World Erased: A Grandson's Search for His Family's Holocaust Secrets



■ **Nestor Torres** — The flutist plays Oct. 27-28 at The Colony Hotel, Palm Beach. Info: 561-659-8100 or 561-655-5430; www.thecolonypalmbeach.com



10.28
■ **Benefit Concert for Puerto Rico** — A family-friendly music festival. Noon to 8 p.m. Oct. 29, Expo Center at the South Florida Fairgrounds. Info: 561-832-1986 or visit www.hispanicchamberpbc.com

#OPENER
■ **"Born Yesterday"** — Oct. 29-Nov. 12, Maltz Jupiter Theatre. Info: 561-575-2223; www.jupitertheatre.org



10.27
■ **Kings of Leon** — Oct. 27, Coral Sky Amphitheatre. Info: 800-345-7000 or www.ticketmaster.com

Nov. 8: Duplicate bridge

AT MOUNTS

Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. Info: 561-233-1737; www.mounts.org.

Yoga in the Garden — 8 a.m. Thursdays through Oct. 26 in the Hutcheson Portico Area. \$10 members; \$15 nonmembers.

Yoga in the Garden: Sunday Serenity — 8 a.m. Oct. 29. \$10 members; \$15 nonmembers.

AT PBSC'S DUNCAN THEATRE

Palm Beach State College, 4200 Congress Ave., Lake Worth. Info: 868-3309; www.palmbeachstate.edu/theatre/duncan-theatre.

Dragons Love Tacos — Oct. 28.

Symphonic Band of the Palm Beaches presents 'Specially for You' — Oct. 28.

AT PBSC'S EISSEY CAMPUS THEATRE

Palm Beach State College, 11051 Campus Drive off PGA Blvd, Palm Beach Gardens. Tickets: 207-5900; www.eisseycampus-theatre.org.

The Gospel Stage Play "He Is Still More Than Enough" — Oct. 28. \$30 advance, \$35 at the door. 561-985-2773; www.ChiChiMaProductions.com

AT THE PLAYHOUSE

The Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Info: 561-586-6410; www.lakeworthplayhouse.org.

"Bye Bye Birdie" — Through Oct. 29.

In the Stonzek Theatre:

CALENDAR

Lucky — Oct. 27-Nov. 2

The Untold Tales of Armistead Maupin — Oct. 27-Nov. 2

AT PGA ARTS CENTER

PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. 888-264-1788; www.pgaartscenter.com.

"I Will Survive — Soundtracks of the 70's" — Through Nov. 19.

"Irving Berlin Salutes America" — Nov. 30-Dec. 24.

AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 561-833-1812; www.palm-beachimprov.com.

Steve Byrne — Oct. 26-28

Dominique — Oct. 29

Cedric the Entertainer — Nov. 3-5

AT THE FAIRGROUNDS

The South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. 561-793-0333; www.southfloridafair.com

Yesteryear Village, A Living History Park — Through Dec. 30. Learn what life was like in South Florida before 1940. "Town residents" will share their stories. Hours are 10 a.m. and 4 p.m. Thursday through Saturday. Tickets: \$10 adults, \$7 seniors age 60 and older, \$7 children age 5-11, and free for younger than age 5. Info: 561-795-3110 or 561-793-0333.

Ghost Tours — Fridays through Dec. 30. Tickets: \$18. Reservations required at 561-790-5232 or email yyv@southfloridafair.com.

Fright Nights — Through Oct. 28. Thursday-Saturday. New scary fright, a midway, food.

AT THE SCIENCE CENTER

The South Florida Science Center and Aquarium, 4801 Dreher Park Road, West Palm Beach. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 561-832-1988; www.sfsiencecenter.org.

GEMS Club — 5-7 p.m. the last Tuesday of the month. For girls in grades 3-8. Math, science, engineering and technology, with dinner and refreshments. \$7 fee. Pre-registration required at www.sfsiencecenter.org/gems.

Nights at the Museum Spooky Science! — 6-9 p.m. Oct. 27. \$13.95 adults, \$11.95 seniors, \$9.95 age 3-12, free for younger than age 3 and members.

AT FOUR ARTS

The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Call 561-655-7227; www.fourarts.org.

Exhibition: "Illustrating Words: The Wondrous Fantasy World of Robert L. Forbes and Ronald Searle" — In the Mary Alice Fortin Children's Art Gallery.

LIVE MUSIC

Angry Moon Cigars — 2401 PGA Blvd., 188 & 194, Palm Beach Gardens. 561-296-5995.

■ **Joe Birch** — 9:30-12:30 a.m. Thursdays. Live and acoustic rock.

■ **Robert McCarthy** — 9:30 p.m.-12:30 a.m. Friday and Saturday.

Camelot Yacht Club — Jazz sessions start at 8 p.m. Tuesdays at Camelot Yacht Club, 114 S. Narcissus Ave., West Palm Beach. TCHAA! Band performs. 561-318-7675.

The Pelican Café — 612 U.S. 1, Lake Park. Music from 6:30-9 p.m. Tuesday, Thursday and Friday. 561-842-7272; thepelicancafe.com.

Voltaire — 526 Clematis St., West Palm Beach, above Lost Weekend. 561-408-5603.

ONGOING

The Ann Norton Sculpture Gardens — 2051 S. Flagler Drive, West Palm Beach. Tickets: \$15 adults, \$10 seniors 65+, \$7 for students, free for members and younger than age 5. Info: 561-832-5328; www.ansg.org.

■ **"Ann Weaver Norton: Gateways to Modernism"** — Through Nov. 26. Made up of an array of Norton's drawings and pastels, maquettes and finished sculptures in various media.

Artisans On the Ave. — 630 Lake Ave., Lake Worth. Info: 561-582-3300; www.artisansontheave.com.

■ **Irene Jalowayski Taking Flight** — A one-woman show in glass.

APBC Art on Park Gallery — 800 Park Ave., Lake Park. Info: 561-345-2842; www.artistsofpalmbeachcounty.com.

■ **Portraits 2017 Exhibit** — Through Nov. 3.

■ **Free Collage Class** — 2 p.m. Oct. 28.

The Armory Art Center — 1700 Parker Ave., West Palm Beach. 561-832-1776; www.armoryart.org.

■ **Lunch and Learn** — Meets in the library. Free. Bring your own lunch.

The Audubon Society — Bird walk info: asetripinfo@gmail.com; 508-296-0238. www.auduboneverglades.org.

Bird Walks:

■ **Pine Glades Natural Area** — 8 a.m. Oct. 29, 14122 W Indiantown Rd, Jupiter. A moderately difficult along improved trails, dirt and uneven surfaces. About 1.5 miles. Family-friendly. Leader: Chuck Weber

Benzaiten Center for Creative Arts — 1105 Second Ave. S., in an historic FEC train depot building, Lake Worth. 561-310-9371 or 561-508-7315. www.benzaitencenter.org.

The Box Gallery — 811 Belvedere Road, West Palm Beach. 786-521-1199; www.TheBoxGallery.Info.

■ **Reflejos: An International Art Exhibition** — Nov. 3-4. The Guatemalan Tomorrow Fund will host the 25th anniversary of Ak'tenemit with this exhibit.

The Gallery at Center for Creative Education — 425 24th St., West Palm Beach. Info: www.cceflorida.org.

The Cultural Council of Palm Beach County — 601 Lake Ave., Lake Worth. Hours: 10 a.m.-5 p.m. Tuesday-Saturday. Info: 561-471-2901; www.palmbeachculture.com.

■ **Exhibition: "Made in Palm Beach Gardens"** — Through Nov. 18.

Downtown at the Gardens — 11701 Lake Victoria Gardens Ave., Palm Beach Gardens. 561-340-1600; www.downtownatthegardens.com.

The Flagler Museum — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tickets: free for members; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6 free. 561-655-2833; www.flaglermuseum.us.

■ **"Knights of the Air: Aviator Heroes of World War I"** — Through Dec. 31.

The Historical Society of Palm Beach County — Johnson History Museum, 300 N. Dixie Highway, West Palm Beach. Free admission. Info: 561-832-4164; www.historicalsocietyofpbc.org.

The Lighthouse ArtCenter — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is \$5 Monday-Friday, free the first Saturday of the month and for members and exhibiting artists. Info: 561-746-3101; www.LighthouseArts.org.

■ **Lighthouse ArtCenter's Faculty, Ceramics & 3D Exhibition** — Through Oct. 28.

■ **Third Thursday** — 5:30-7:30 p.m. the third Thursday of the month.

Loggerhead Marinelife Center — 14200 U.S. 1, Juno Beach. 561-627-8280; www.marinelife.org.

■ **Biologist Beach Walks:** 7-8:30 p.m. Monday, Wednesday, Thursday, Friday and Saturday. A staff member leads guests on the beach to discuss the nesting and hatching processes of sea turtles. \$10.

■ **Turtle Talk:** Sundays at 10:30 a.m. A 30-minute lecture and tour for age 8 and older. Free.

■ **Eco Adventure Series: Sea Creature Discovery: Twilight Tour** — 6-8 p.m. Oct. 28. LMC biologists lead local eco-excursions. All ages. Tickets: \$25.

Manatee Lagoon — 6000 N. Flagler Drive, West Palm Beach. The FPL Eco-Discovery Center. Info: 561-626-2833; www.visitmanateelagoon.com.

The Mandel Public Library of West Palm Beach — 411 Clematis St., West Palm Beach. Info: 561-868-7701; www.wpbcitylibrary.org.

■ **Essentrics Exercise Class:** 6-7 p.m. Wednesday, Clematis Room. Free.

■ **Bachata Dance Class:** 7-8 p.m. Wednesdays, PreFunction Lobby. Free. Bring your dance shoes and bachata with instructor Eliseo.

■ **World Dance:** 6:30-7:30 p.m. Thursdays, PreFunction Lobby. Free. Join instructor Dawn and learn dance moves including Bollywood, Belly Dance and Hula.

North Palm Beach Library — 303 Anchorage Drive, North Palm Beach. 561-841-3383; www.village-npb.org.

■ **Ongoing:** Knit & Crochet at 1 p.m. Mondays; Quilters meet 10 a.m. Friday;

Chess group meets at 9 a.m. the first and third Saturday.

The Norton Museum of Art — 1451 S. Olive Ave., West Palm Beach. Free admission. Info: 561-832-5196; www.norton.org.

■ **"Earth Works: Mapping the Anthropocene"** — Through Jan. 7.

■ **Architecture Collaborative** — Through Oct. 29.

The Palm Beach Photographic Centre — 415 Clematis St., West Palm Beach. Info: 561-253-2600; www.workshop.org.

■ **The 21st annual Members' Juried Exhibition** — Through Oct. 28.

■ **FOTOCamp 2017 Exhibiton** — Through Oct. 28.

The Palm Beach Zoo & Conservation Society — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. every day, except Thanksgiving and Christmas. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 561-533-0887; www.palm-beachzoo.org.

AREA MARKETS

Lake Worth High School Flea Market — 5 a.m.-3 p.m. Saturdays and Sundays, year-round, under the Interstate 95 overpass on Lake Worth Road. Info: 561-439-1539.

West Palm Beach Antique & Flea Market — 8:30 a.m.-2:30 p.m. Saturdays through May on Narcissus Avenue north of Banyan Boulevard. Free. Info: www.wpbantiqueandfleamarket.com

The Green Market at Wellington — 9 a.m. Saturdays through April 28 at 12150 Forest Hill Blvd., Wellington, next to the amphitheater. Pet friendly. Info: www.greenmarketatwellington.com.

The West Palm Beach Greenmarket — 9 a.m.-1 p.m. Saturdays along the West Palm Beach Waterfront, 100 N. Flagler Drive, West Palm Beach. Parking is free in the Banyan and Evernia garages during market hours. Info: www.wpb.org/greenmarket.

Lake Worth Farmers' Market — 9 a.m.-1 p.m. Saturday, through April 29, Old Bridge Park, A1A at Lake Avenue (1 S. Ocean Blvd.), Lake Worth. Info: 283-5856; www.lakeworthfarmersmarket.com.

The Gardens GreenMarket — 8 a.m.-1 p.m. Sunday, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. Live entertainment 9 a.m.-1 p.m. No pets. Through May 6. 630-1100; www.pbgfl.com/278/greenmarket.

The Village of Royal Palm Beach Green Market & Bazaar Veterans Park — 9 a.m.-1 p.m. Sunday, Veterans Park, 1036 Royal Palm Beach Blvd., Royal Palm Beach. Through April 29. Pet friendly. www.rpbgreenmarket.com.

Jupiter Green & Artisan Market at Harbourside Place — 10 a.m.-3 p.m. Sunday year-round, 200 N. U.S. 1, along the Intracoastal Waterway in Harbourside Place. Email info@harboursideplace.com.

The Green Market at Palm Beach Outlets — 11 a.m.-4 p.m. Sunday, year-round, 1751 Palm Beach Lakes Blvd., West Palm Beach. Info: 561-515-4400; www.palmbeachoutlets.com. ■

Chamber Music Society presents Ehnes Quartet at The Breakers

The Chamber Music Society of Palm Beach will kick off its season with a performance by The Ehnes Quartet at The Breakers Palm Beach at 7 p.m. Tuesday, Nov. 28.

A reception is planned for 6 p.m.

The Grammy Award-winning Ehnes Quartet is comprised of four acclaimed musicians: James Ehnes and Amy Schwartz Moretti (violins); Richard O'Neill, (viola) and Edward Arron (cello).

The group will perform Haydn's "Quartet, Op. 76 #1," Dvorák's "Cypresses" and Beethoven's "Quartet, Op. 59 #2."

Violinist James Ehnes, who plays the "Marsick" Stradivarius of 1715, lives in Bradenton with his family.

From November through May, the



COURTESY PHOTO

The Ehnes Quartet will perform Nov. 28.

Chamber Music Society of Palm Beach will offer performances in various venues from Boca Raton to Palm Beach.

For more information, call 561-379-6773, email info@cmspb.org, or visit www.cmspb.org. ■

Russell, Beck to entertain at Café L'Europe

For more than a decade, Rob Russell's singing career has taken a backseat to his job booking performers at The Colony Hotel's Royal Room.



RUSSELL

But now Mr. Russell will perform in a show of his own.

Mr. Russell and pianist Danny Beck will headline at Café L'Europe for two performances.

Until recently, Mr. Russell was the longtime entertainment director and emcee for the Royal Room cabaret at The Colony Hotel. Mr. Beck is a frequent guest vocalist with the Mel Urban Trio.

The first production will be at 9 p.m. Saturday, Oct. 28, and will include a costume parade with a grand prize, dancing and Halloween menu items.

The second performance will be held at 9 p.m. Tuesday, Oct. 31, featuring a costume contest with prizes, a prix fixe menu, dancing and entertainment.

For reservations, call 561-655-8272. ■

PUZZLE ANSWERS



7	1	8	4	6	2	9	3	5
4	3	9	7	5	8	6	2	1
2	6	5	3	1	9	8	7	4
3	9	6	1	4	7	5	8	2
8	5	2	9	3	6	4	1	7
1	7	4	2	8	5	3	6	9
9	8	3	5	2	1	7	4	6
6	2	7	8	9	4	1	5	3
5	4	1	6	7	3	2	9	8



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HARBOURSIDE PLACE

JUPITER, FLORIDA

HARBOURSIDE HAPPENINGS

TEACH THE BEACH KICK-OFF CONCERT



October 27 | 6pm-9pm

Teach The Beach will host an awareness & education event on conserving local oceans and environments. For information, visit: teachthebeach.org

CLASSIC CAR SHOW & ERIC CLAPTON TRIBUTE



October 28 | 6pm

Live music from Forever Eric, performing classics by "Eric Clapton"—starts at 7pm! Classic Car Show hosted by South East Rods & Customs starts at 6pm. Limited number of cars. Preregistration required.

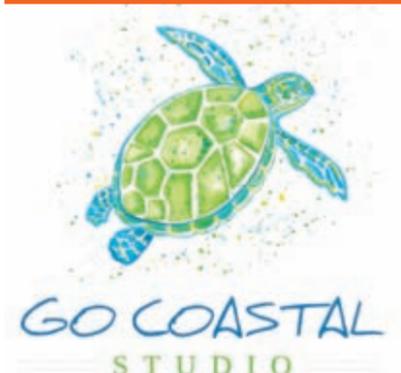
WYNDHAM GRAND HALLOWEEN PARTY



October 28 | 8:30pm-1am

Join the Wyndham Grand Jupiter for the best costume party in town! Prizes include hotel stays for 1st-3rd place! Visit: www.WyndhamGrandHalloween.com. Eventbrite.com for tickets. Cost: \$67. Open bar & food stations, must be 21+.

GO COASTAL STUDIO GRAND OPENING



October 28th | 10am-8pm

Join Go Coastal Studio for their Grand Opening Celebration! Shop for one-of-a-kind hand painted art, custom paintings and more!

HOWL-O-WEEN PET COSTUME CONTEST



October 29 | 5pm

Join Pucci & Catana Luxury Pet Boutique for the 3rd annual pet costume contest! First, second and third place prizes! Visit Pucciandcatana.com for more information. Cost \$10

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SOCIETY

Lady in Red Junior League kick



Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need

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 Dirty Martini
 Fro-Yotopia
 Grimaldi's Coal
 Brick-Oven Pizzeria
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 Paris in Town Le Bistro
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SOCIETY

Koff party at Costa, Palm Beach



10



12



13



11



Felicia Cortes and Josh Reynolds

GAIL HAINES / FLORIDA WEEKLY

- 1. Alyaa Akel and Isabella Daubois
- 2. Liz Sanford and Lenny Marine
- 3. Lauren Czarniecki, Krisen Laraia, Nicole Sydney, Marjorie Gallagher, Noemi Coltea, Morgan Beker, Chelsey Lucas and Lynn Morris
- 4. Beth Cressman, Rande Strassler and Winsome Mcleod
- 5. Ellen Vaughan, Andrew Mcmanus and Jen Flanagan
- 6. Lisa Hertas and Dana Hagan
- 7. Lisa Bagocius, Meagan Flenner, Kristie Wells and Allison Harper
- 8. Gabrielle Luo and Chong Luo
- 9. Lauren Czarniecki and Zymont Czarniecki
- 10. Maureen Conte, Alan Fried and Carol Anderson
- 11. Kristin Kellogg, Jessica Shapiro and Fe Tennyson
- 12. Brittany Hayward, Jo Perez-Dubois, Marcella Kiernan, Audrey Willett and April Marsland.
- 13. Terri Fekete, Chris Genske and Lisa Bagocius

300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.



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CLEESE

From page 1

funnier than 'Life of Brian,' but in England they think the 'Life of Brian' is the better film, as I do, too."

Mr. Cleese, longtime screen and voice actor, writer and producer, recently spoke by phone to promote his Nov. 1 appearance at the Kravis Center, which follows a screening of "The Holy Grail."

He says it's about full plots, as "A Fish Called Wanda," and his favorite, "The Life of Brian."

"It's a much better story. It's a proper story; it's got a proper plot. Which the 'Holy Grail' is a series of scenes. Some of them are, of course, very, very funny. But they're scenes knitted together. About how they all get together and then they wander around together — it's not much of a plot.

"So I've always loved 'Life of Brian.' It's also about a more serious subject, though not about religion so much, but how people follow religion and sometimes finish up going in the opposite direction of what the founder of the religion was actually trying to teach."

After his storied career, the one-man show he's doing around the country with "The Holy Grail" is some of the easiest money he's earned, he claims — just "showing up" after the movie airs and taking questions from the audience.

So what's the hardest money he's worked for?

"I would think some of the movies I've been on, because I don't like movies very much because they really take your life up. You have to get up terribly early in the morning and then you get into the place and get makeup and costume and then you have rehearsals.

"Then you have to figure out how to make your scenes work and that's great fun because it's creative.

"Then you do it again and again and again — from this angle and that angle, wide shot, close shot, and it's very, very boring.

"And then you go home, and think that's nice, and then you realize you have a lot to learn for the next day. So



PHOTO BY COLUMBIA TRISTAR

John Cleese and Graham Chapman in Monty Python and the Holy Grail.

you learn your lines while you're having supper and go to bed early — and do it all over again the next day and the day after that."

If you're only filming a couple days a week, it's one thing, he said, but day after day is a drain. It's 2½ years in the process, after filming, editing, screenings, refilming and so on.

"It's a very good way of earning money if you're obsessional."

Mr. Cleese is politically active in his native England's Liberal Democrats party, and opines on it often, but when asked about American political scene, and in particular, Donald Trump, he is nonplussed.

Asked, "With all the absurdity Monty Python has created over the years, could you have come up with a Donald Trump character?"

"Oh no!" he said, laughing. "People would have said it's too absurd. It cannot happen.

"I mean, when you have the leader of your country announcing there's an armada of ships sailing toward North Korea, and then you discover it's not an armada, which is a lot of ships — it's a flotilla, three ships, and they're not sailing toward North Korea, they're sailing away from North Korea. You think,

"What? What is going on here?" It's completely out of control!"

He says people are worried.

"I think people are quite anxious deep down, because they know there's no one in charge. There are three people running the country now: Tillerson, I don't like the way he's sacking experienced diplomats — I don't know what that's about. But I think he's fairly sensible with policies, particularly Iran.

"And then you've got Kelly and Mattis. The three of them are basically running the country, while Trump runs around trying to get everyone to pay him as much attention as possible. It's just ridiculous. You can't say anything more."

Mr. Cleese says, "It's like I feel about his supporters, it's like going to watch a pro wrestling match and not realizing it's fixed. It's fake. Some people actually get angry and say 'What do you mean it's fixed?'"

Taking a line from a famous Election Night sketch, he was asked what names he would give the two American political parties.

"I would describe them as the Party of the People Who Have Once Read a Book, and the Party of the People Who Have Never Read a Book."

in the know

John Cleese, Live On Stage, 'Monty Python and the Holy Grail'

>> **When:** 8 p.m. Nov. 1
 >> **Where:** The Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach.
 >> **Cost:** \$40
 >> **Info:** 561-832-7469 or www.kravis.org

The actor is now doing voice-over work, and has voiced a farcial synopsis of several seasons of "The Walking Dead," which has become a cult sensation on YouTube.

He laughs heartily talking about the zombie series.

"Oh, they asked me to do it. I had never seen it and I watched it. It quite astonished me — I've never seen anything so violent in my life."

At the same time, he said, "The scripts they sent me were very funny. I mean, you know they were not taking it seriously, and I thought, well, I suppose if you don't take it too seriously, this is fine.

"And then I thought of our Monty Python sketch, where people were having their limbs chopped off and everyone was laughing. And I thought, ah — this is good, and I actually reread the script and thought — this is actually very funny."

It's easy work, he says, and after a long and established career, the kind he will do in the future.

"You don't even have to learn new lines. You go into the recording studio and record until everyone is happy that you've got some good takes, and then you can go have lunch. It's completely without any stress."

He's over stress. No more movie-making, no more all-in hard work, he says.

"After all," he said, "I'm old. Very, very old. I don't know how old, of course, the memory goes, but I think I'm 107."

He actually turns 78 on Oct. 27.

"I don't have time to make movies," he said. "I'd rather have a nice meal in a restaurant." ■

HAPPENINGS

From page 1

- **Love Walk, Run & Ride: Jan. 31.**
- **Run of the Bulls: Feb. 28.**

Coffee and a Bike Ride. Start Monday off right with an early morning ride. Meet at Centennial Fountain at 6:50 a.m. for an easy one-hour ride to a new mystery location each week. Pick up your fuel — java or juice — downtown or BYO brew. You'll be finished by 8 a.m. Free. Through Feb. 26.

Lunch on the Shore. From noon to 2 p.m. on Wednesdays, have lunch by the Intracoastal. BYO lunch, pre-order food from a downtown restaurant, pick up take-out on your way, or check up the food trucks parked by 501 S. Flagler Drive. Delivery Dudes, Cravy and UberEats will be available for Shore-side delivery.

Saturday Sunrise Wellness. On Saturday from 9-10 a.m., head down to the Shore for free yoga, tai chi, or guided meditations by local instructors at the Waterfront Pier.

Made in WPB Crafting. From 9 a.m. to 1 p.m. the first Saturday of the month beginning Nov. 4, learn the joy of hand-work and making something beautiful with your own two hands. Resource Depot will host a live sewing bee booth. Meet next to the Visitor Center Waterfront Kiosk. Free.

Flagler Shore Unplugged: Dec. 16. Live music and dancing under the stars to local acoustic bands and solo acts.

Urban Stories Festival at Flagler Shore:



COURTESY PHOTO

Two lanes of Flagler Drive have been closed to vehicular traffic to make way for Flagler Shore, with a variety of activities on the 6/10ths of a mile of pavement.

Jan. 27. A day of story circles, soapboxes, speakers, spoken word art, and music. Info: www.urbansotriesfestival.com.

The Flagler Shore project will last only about five months, and the planners are interested in your reaction. They're encouraging you to email them at flagler-shore@wpb.org with your comments and suggestions.

To find out more about Flagler Shore, call (561) 822-2222 or visit www.wpb.org/flaglershore.

Culture and Cocktails returns

Another season of the super-popular Culture and Cocktails lecture series returns to The Colony Hotel in Palm Beach on Nov. 6.

The 13th season will feature two of West Palm Beach's most important cultural and philanthropic leaders, Alexander W. Dreyfoos and George T. Elmore.

The men will speak about "Putting it Together: A Conversation about the Birth & Growth of the Cultural Council of Palm Beach County," in recognition of the 40th anniversary of the Cultural Council. As two of the council's most ardent supporters, Dreyfoos and Elmore have changed the cultural landscape of our county. Attorney Bill Bone will facilitate the talk and the Q&A session that follows.

This is the first of five talks planned for the 2017-18 season.

Doors open at 5 p.m. for registration and cocktails, and the conversation begins at 5:45 p.m. Tickets are \$65 in advance, \$85 at the door, which includes beverages and hors d'oeuvres. Season passes for all five lectures are \$325. Proceeds support the Cultural Council. Admission is free for members of the Cultural Council at the \$250 level and above. The Colony Hotel is at 155 Hammon Ave., a block south of Worth Avenue in Palm Beach. For more information, call 561-472-3330. ■



ELMORE



DREYFOOS

WRITING CHALLENGE WINNER

Good Intentions

BY KRISTINE GILL

Naples

Lucy was careful to extend her arm so that her wrist rested on the windowsill and the tip of her cigarette breached the cement facade of their fourth story apartment. This way, the smoke spiraled upward and away instead of upwards and into the corners of the unit her husband Kelly was so careful to keep so very clean.

That, and because Kelly thought Lucy had quit.

The truth was she liked the idea of quitting, but part of her knew she didn't have it in her. Already the marriage deadline had passed, a date three years ago when she swore she would swap the habit for some kind of Target obsession or Zumba spinoff that other women her age claimed they were completely and totally addicted to.

Instead, she found herself blowing smoke into a bathroom fan at the reception hall while her maid of honor held her veil in one hand and fished in her purse for a bottle of perfume with the other.

It had been 20 years since her first cigarette and about the only thing she had done to improve her odds of the same premature death her father had succumbed to had been to switch to American Spirits. The brand boasted all-natural tobacco, which she explained to Kelly meant there were no additives.

And which Kelly explained to her might very well be true for the plant itself, but didn't mean jack sh-- when it came to the other things the company invariably did add to the finished product.

That a strong and stylized Native American adorned the thin cardboard did nothing for Kelly, who assured Lucy that inside the man's lungs were black. Native Americans didn't live very long in their heyday, he had pointed out. And Lucy had reminded him that smallpox was really beside the point.

Lucy blew smoke out of the side of her mouth so that the breath tickled her brow and fluttered her bangs. She noted

the chipping polish on her index finger as she ashed the tip and brought the fragile paper tube to her mouth again, squinting with the inhale.

Stevey Miller had given her her first cigarette, a Newport, during their walk from the bus stop one afternoon in middle school.

Lucy was a novice, but she had watched her father so often she found herself cupping the lighter gently as Stevey flicked a flame to life.

Inhaling through the filter instead of someone's second hand staleness gave Lucy such perspective. So this is what it felt like. It was warmer than she imagined, and the thing itself felt weightless between her fingers. She inhaled deeply, and Stevey watched to see whether she might cough, but her lungs had been primed for the occasion since birth.

Kelly fell in love with Lucy before he knew about the habit. It was easy to hide when restaurants didn't allow it and when you lived separately. She stashed the packs in the well of her car door and didn't keep spare lighters around. She only smoked outside and used mouth-wash afterward. Kelly didn't suspect a thing when he tasted her mouth for the first time, and she knew he'd be lying if he said she tasted different all these years later.

But with talk of kids and with fewer nights to herself, Lucy had softened to the idea that quitting was probably a good thing. Her father's first scare had come at age 40, and she was not far off. Plus she was tired of the harassment and the polite but strained attempts Kelly made at encouragement.

So she resolved to quit by the end of the year, which meant she needed to start tapering off her use now. Which meant she had to start smoking at the window first thing in the morning, and before Kelly got home in the evenings and when he was sh----- at night. She wondered how many times she could offer her cheek instead of her lips before he realized she was avoiding his tongue.

The toilet flushed down the hall, followed by the soft padding of feet.



Lucy smeared the glowing tip of her spent cigarette against the white cement and buried the butt in a potted plant on the sill, vowing to dig it out of the damp soil first thing in the morning. ■

Kristine Gill's winning entry was inspired by this photograph that was taken in Greece by Florida Weekly Senior Editor Betty Wells.

CHALLENGE

From page 1

Then all nine of us read the 18 finalists and chose our top three, with points assigned for everyone's first, second and third picks.

In the end, Naples resident Kristine Gill's "Good Intentions" earned the most points.

A media relations specialist with the Collier County Sheriff's Office, Ms. Gill majored in journalism and minored in creative writing at Kent State University in her home state of Ohio. She moved to Naples six years ago for a job as a reporter for the *Naples Daily News*. During five years at the paper she covered higher education, Naples city government and crime. She also wrote feature stories. She joined CCSO a year ago last month.

A career in news never dampened Ms. Gill's love of writing fiction.

"I've been writing stories ever since I was little" she says. "It's always come easily."

Throughout college classes in creative writing and even during a six-week fiction writers' workshop in Dublin, Ireland, offered through the University of Iowa, however, Ms. Gill says she "never had much luck" with writing prompts

like the photographs that serve as the starting point for the *Florida Weekly* annual Writing Challenge.

"I rarely get much inspiration from any kind of prompt," she says. So when she saw the first of this year's two photographic prompts for the Writing Challenge, she didn't ponder very long. "I just went with the first thing that came to mind and started writing," she says.

The result, "Good Intentions," is written from the point of view of a woman who knows she should quit smoking.

"I've never been a smoker," Ms. Gill says. "But I have tried to convince people to quit, including my grandpa and my sister."

"Doesn't everyone know someone they wish would stop smoking?"

More stories

Two entries in this year's Writing Challenge tied for second place: Neapolitan Greig MacCallum's "Waiting at the Window" and Fort Myers resident Douglas Molloy's "Clarity."

And three tied for third place: "Time Fighters" by Alexis Lamb of Marco Island, "Warriors of Peace" by Linda Mills of Venice, and "Chronological Time 2052" by Judy Rousseau, also of Venice.

Comprising the rest of the 18 finalists were (in alphabetical order by writer): "Our Day at the Beach" by Debbie Brumback of Port Charlotte; "Reach" by

in the know

Join the group

>> Kristine Gill, winner of the 2017 Florida Weekly Writing Challenge for her short story titled "Good Intentions," invites serious fiction writers of all levels of experience to join the Naples Writers' Group.



GILL

>> Two groups meet on alternating Wednesdays, one for writers of short stories and one for those who have novels in progress. Members discuss their processes and challenges and share their work for the purpose of receiving feedback from fellow writers in a supportive environment. A commitment to attend and participate regularly is expected.

>> For more information, email kristine.gill@gmail.com.

Samuel Burnley, Port Charlotte; "City Streets" by Kelly Cheary, Palm Beach Gardens; "Daisy at the Window" by Carolyn Clark, North Fort Myers; "Victory" by David Dorsey, Fort Myers; "Lee Island Lodge" by Anne Fleming, Naples; "Somebody" by Pat Aube Gray, Blairsville, Ga.; "What a Difference a Day Makes" by JoAnne Leone of Blairsville,

Ga.; "Yes, Mama" by J.E. Marksteiner of Fort Myers; "Do What Your Love" by Nancy Neuman, Port Charlotte; "Destiny" by Suzanne Smith of Englewood; and "Missing" by Julie Ward of Fort Myers.

For her winning fiction, Ms. Gill earns a place at the Sanibel Island Writers Conference coming up Nov. 2-5. The runners up — and all the writers who no doubt agonized over the other 250 entries we received this year — earn our heartfelt appreciation and respect. We wish we had prizes for everyone, but we don't. We will, however, print the other 17 finalists' entries as space permits over the next few weeks.

To all who stepped up to the challenge, thank you. ■

"I rarely get much inspiration from any kind of prompt ... I just went with the first thing that came to mind and started writing."

— Kristine Gill, winner of the 2017 Florida Weekly Writing Challenge

FLORIDA WRITERS

An engaging history through the lens of private residences and their owners

philJASON

philjreviews@gmail.com



■ **“River & Road: Fort Myers Architecture from Craftsman to Modern” by Jared Beck and Pamela Miner. University Press of Florida. 208 (oversized) pages. Hardcover, \$45.**

This copiously illustrated book is a lifestyle junkie’s delight. Delightful storytelling traces the history of the city’s architectural heritage while providing engaging stories of the houses’ various owners. Landmark neighborhoods get special attention, as does the interplay of the natural and man-made environments.

The prose style of this book, at once technically professional and adoring of its subjects, makes one wonder just how authors Jared Beck and Pamela Miner made their selections. How many residences had

to be eliminated so that the 28 survivors could be presented to tell the story?

After an efficient and yet alluring introduction, the book jumps into high gear with the exploration of a Craftsman bungalow with an oriental motif. Most people think of Craftsman structures as being fairly small, but this one on Osceola Drive near the Caloosahatchee River has imposing dimensions as well as the character of an edgy individual. The blending of styles is not unusual, or perhaps it’s a characteristic that the authors value highly.

The very next representative, a “Spanish-Italian-Moorish hybrid,” introduces readers to the all-important McGregor Boulevard area, the proud spine of Fort Myers. The photographs, here and elsewhere, are dazzling and make a powerful contribution to the book. These, credited to Andrew West, are exceptional.

One of the features of subtropical living is the interaction of indoor and outdoor living. This factor is evidenced in the discussions of most of these homes, including the “porch-centric bungalow” (another Craftsman), which also is notable for its evolution through layers of renovation over the years. This feature is inevitable for older homes too attractive to demolish and yet not up to the needs of modern family life. The question: How faithful to the essential character of the original dwelling are the

renovations and additions? This Poinciana Park property evidences judicious compromises.

Another gem in this jewelry box of homes is a rare Dutch Colonial Revival residence on Jefferson Avenue. As they should, its several modifications remain true to the essence of the style. It is part of a neighborhood distinctively plotted and developed

within the Seminole Park Historic District. Here as elsewhere, the authors take pains to admire the interaction between the particular residence and the neighborhood in which it plays a part.

From the older homes, the authors move on to those built after the Great Depression, into the 1940s and beyond.

A major style that was fairly new in the ’40s was ranch style. These plainer, simple houses soon became ubiquitous across the country as lavishness gave way to functionality and efficiency. The authors represent this trend with a residence on Marlyn Road. Though the house in Edison Park was modified by the owner who purchased it in 1996, most of the original elements remain; the primary additions are enhanced outdoor living space and richer landscaping.

A representative 1950s on Shadow Lane has remained pretty much unchanged since construction in 1956. Wearing mini-

mal ornamentation in deference to the tastes of the time, it is still occupied by original owner, Mina Corbin. The later ’50s brought thousands of Michigan Homes to the Southwest Florida region. These are usually smaller homes in the Modern style. The authors explore the representative features of such a residence on Stadler Drive off McGregor Boulevard.

As they continue their illustrated history, Mr. Beck and Ms. Miner explore the later 20th century and contemporary styles, some of which are international in flavor and tend toward being futuristic. However, there are also some recently build homes that echo the grandeur of earlier styles.

This architectural history of Fort Myers focuses on a broad understanding of the city’s past and present that includes insights about the people whose way of life reflected and influenced cultural change. The authors’ expertise and expressive energy, along with the well-chosen, vivid photographs, make for a most pleasure journey through time and into householders’ personal spaces.

About the Authors

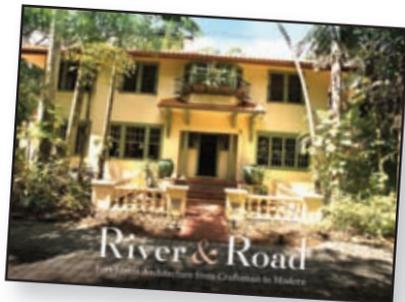
Jared Beck is an urban planner with a background including urban redevelopment, historic preservation and community development. He lives in Fort Myers. Pamela Miner, the former curator of collections and interpretations at the Edison & Ford Winter Estates in Fort Myers, is a historian with experience in historic preservation, museums and education. She lives in Naples. ■



BECK



MINER



LATEST FILMS

‘Breathe’

danHUDAK

punchdrunkmovies.com



★★★★

Is it worth \$10? Yes

You can’t blame Robin Cavendish (Andrew Garfield) for wanting to die. One day he’s strong and virile, playing tennis with his friends and loving life. The next day he’s paralyzed from the neck down and unable to breathe on his own. It’s polio. Now he requires a respirator to breathe and around-the-clock care. Even thoughts of his loving wife Diana (Claire Foy, “The Crown”) and unborn son are too torturous to bear, knowing he’ll never be the father he always envisioned himself being.

“Breathe” tells a sad (and true) story, to be sure, but it’s also one of unexpected hope. Slowly, Robin adapts to his condition, and thanks to caring friends and loved ones, finds happiness within it. If only all of us could be so strong in such a situation.

As Robin, Garfield continues to demonstrate considerable range. Last year he was an Oscar nominee for “Hacksaw Ridge,” and he may well be one again for “Breathe,” though the roles could not be more different. In the former he played a war hero who used every inch of his being to save lives; in this film we only see his face after the first 20 minutes, with his legs and upper body almost always covered in blankets when he’s paralyzed. This doesn’t take away his

voice, though, and Garfield also so effectively uses his eyes and facial expressions that he controls viewers’ emotions with a simple glance. It’s powerful stuff.

It comes as a surprise to learn the film marks the directorial debut of Andy Serkis, heretofore an actor best known for performance capture roles (Caesar in the new “Planet of the Apes” movies, “Gollum” in “Lord of the Rings,” etc.). His inexperience does not show.

William Nicholson’s screenplay provides standard foreshadowing in the beginning, and perhaps a few too many on-the-nose lines of dialog throughout (“I don’t want to just survive. I want to truly live!” Robin says), but as a whole, director Serkis balances the pathos with positivity relatively well. This is important because it prevents full-on, weepy, melodrama nonsense; the emotions evoked are earned, not manipulated for maximum “reach for the tissues” effect, which shows

a respect for both the audience and the story. (Note: The film was produced by Jonathan Cavendish, the real Robin and Diana’s son, who also produced “Bridget Jones’s Diary” and has worked in the film industry since 1990.)



Through it all, the love of Garfield and Foy’s Robin and Diana keeps the narrative grounded. It is unwavering and inspiring in its purity, making it the type of love we all hope to have.

“Breathe” isn’t everything a movie can be — and it’s certainly not for everyone — but it is a lovely love story that’ll make you feel good and maybe even shed a tear or two. That makes it a worthwhile trip to the movies. ■

FILM CAPSULES

Victoria & Abdul ★★★★★

(Judi Dench, Ali Fazal, Michael Gambon) The friendship between Queen Victoria (Dench) and an Indian servant (Fazal) late in her life is chronicled in director Stephen Frears’ latest. It’s a bit scattered in terms of narrative tone, but overall the touching, symbiotic friendship is a welcome sight to see. Rated PG-13.

American Made ★★★★★

(Tom Cruise, Domhnall Gleeson, Sarah Wright) Airline pilot Barry Seal (Cruise) is recruited by the CIA to take pictures over Central America, then becomes involved in drug and gun smuggling. Although it’s a captivating story that will keep you rooting for the anti-hero, it doesn’t have the visual panache this kind of film should feature. Rated R.

Stronger ★★★★★

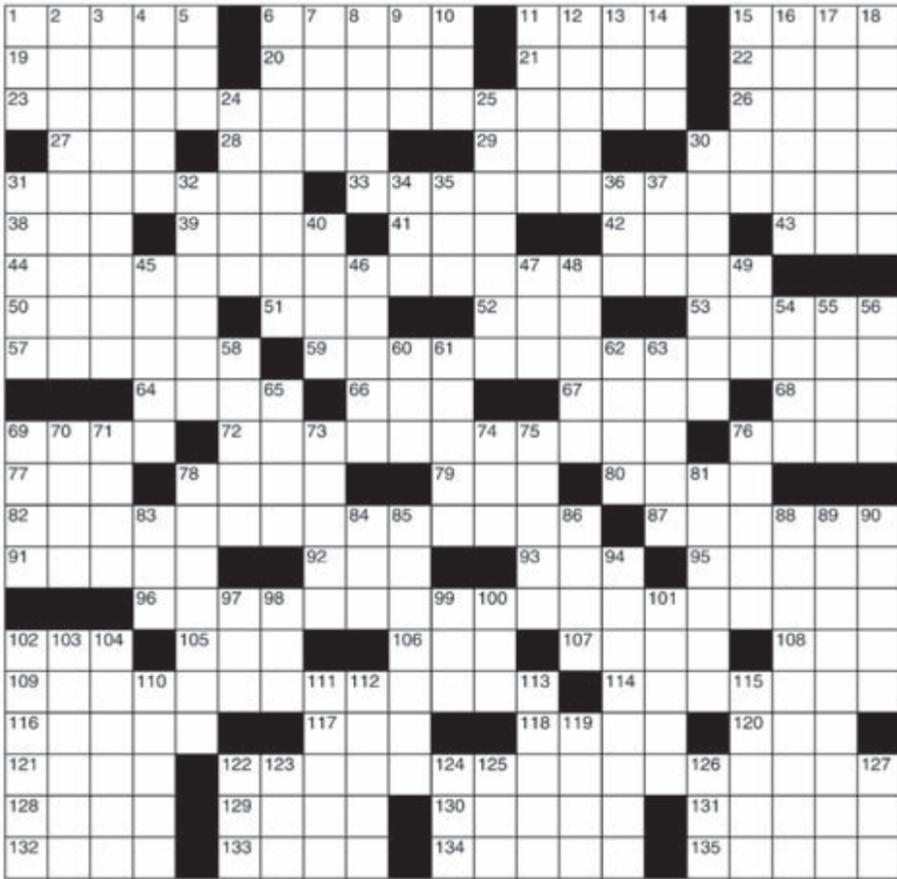
(Jake Gyllenhaal, Tatiana Maslany, Miranda Richardson) After losing his legs from just above the knee in the 2013 Boston Marathon bombing, Jeff Bauman (Gyllenhaal) adapts to a new lifestyle with his girlfriend (Maslany), mother (Ms. Richardson) and friends helping him. It’s an inspiring true story, and Gyllenhaal’s performance is Oscar-worthy. Rated R. ■

Did you know? ■

>> Footage of the real Robin and Diana is used before the end credits.

PUZZLES

WINE-INFUSED



- ACROSS**
- 1 Broilers, e.g.
 - 6 Incited, with "on"
 - 11 Emit violently
 - 15 Jules Verne captain
 - 19 Holy artifact
 - 20 Persona
 - 21 Witty Bombeck
 - 22 In between
 - 23 Wine-loving actress?
 - 26 Ruination
 - 27 Tot's "piggy"
 - 28 "The horror!"
 - 29 "— be a pleasure"
 - 30 Meter inserts
 - 31 Fixed charge
 - 33 Like pretty decent
 - 38 "Son of," in Arabic
 - 39 Actress Garr
 - 41 Used to live
 - 42 Untold eras
 - 43 Pirate's place
 - 44 Olympic sport that wine drinkers compete in?
 - 50 Wears
 - 51 Knead
 - 52 Academic URL ender
 - 53 Lubed (up)
 - 57 Exam giver
 - 59 Comedian telling jokes about wine?
 - 64 Cedar, say
 - 66 Egg cells
 - 67 Franz's skit partner
 - 68 In the way of
 - 69 Spanish pot
 - 72 Vegetable piece dipped in wine?
 - 76 "Fix" at the vet's
 - 77 Brazilian hot spot, in brief
 - 78 Autumn pear
 - 79 — and aah
 - 80 Lamarr of "Algiers"
 - 82 Wine-sipping nightclub vocalist?
 - 87 Adventurous
 - 91 Response to "Am not!"
 - 92 Negative or positive thing
 - 93 Klutzy person
 - 95 Bush-league
 - 96 Wine aficionados' electoral race?
 - 106 Wedding vow
 - 107 Plumlike fruit
 - 108 Feel sorry about
 - 109 Wine-fancying jazz trumpeter?
 - 114 Graphic material with no gray areas
 - 116 See 60-Down
 - 117 Bridal bio word
 - 118 Work measures
 - 120 Fix illegally
 - 121 Muddy earth
 - 122 Planetary features formed from wine?
 - 128 News tidbit
 - 129 Opera tune
 - 130 Queasy
 - 131 "The Brandon — Story" (1998 film)
 - 132 Sutures
 - 133 Banana skin
 - 134 Horses' runs
 - 135 Build upon
- DOWN**
- 1 Round figure
 - 2 Back bones
 - 3 Top Untouchable
 - 4 West African country
 - 5 Zool., for one
 - 6 Two-options-only
 - 7 FBI figures
 - 8 West African country
 - 9 Big head
 - 10 The, to 67-Across
 - 11 Make sure of
 - 12 Madrid art museum
 - 13 Grounded bird
 - 14 Ear clogger
 - 15 Big wheel
 - 16 PC-to-PC notes
 - 17 Mickey's girlfriend
 - 18 City in Texas
 - 24 Bellboy, often
 - 25 More flighty
 - 30 Huge guns
 - 31 Viewed thing via
 - 32 One who's expiating
 - 34 MYOB part
 - 35 Road coater
 - 36 Toon unit
 - 37 — polloi
 - 40 Radio's Don
 - 45 Terra —
 - 46 Really hate
 - 47 Joseph of ice cream
 - 48 Raw fish dish
 - 49 PC image file
 - 54 Vault (over)
 - 55 Raines of old Hollywood
 - 56 Pivotal WWII event
 - 58 Military info-gathering
 - 60 With
 - 116-Across, "Mildred Pierce" actress
 - 61 Betray by finking
 - 62 Every single
 - 63 Tattooed
 - 65 "Anyone —?"
 - 69 Ocean threat
 - 70 Fibbing type
 - 71 Ear piece
 - 73 — out (depict something via charades)
 - 74 Drench, in dialect
 - 75 2003-07 Fox teen drama
 - 76 Arab country
 - 78 Ponder
 - 81 Get a bit wet
 - 83 Sci-fi ability
 - 84 "... or — thought"
 - 85 Cuts into
 - 86 Arena yells
 - 88 Firmly fixed
 - 89 Not pressing
 - 90 Wave to, say
 - 94 Easy victims
 - 97 Chaney of silents
 - 98 Suffix with 9-Down
 - 99 Idaho county
 - 100 Typed guffaw
 - 101 A bit wet
 - 102 Hindu sages
 - 103 Fool's gold
 - 104 British prince
 - 110 Swarms
 - 111 Actress Potts
 - 112 Like princes
 - 113 Famous fable writer
 - 115 Did it wrong
 - 119 Bring down, as a building
 - 122 Q-Tip's style
 - 123 Hot temper
 - 124 Woody, e.g.
 - 125 Egg — yung
 - 126 Hellenic vowel
 - 127 — Paulo

SEE ANSWERS, B7 ►

HOROSCOPES

SCORPIO (October 23 to November 21) Rely on your keen instincts as well as the facts at hand when dealing with a troubling situation. Be patient. Take things one step at a time as you work through it.

SAGITTARIUS (November 22 to December 21) Your curiosity leads you to ask questions. However, the answers might not be what you hoped to hear. Don't reject them without checking them out.

CAPRICORN (December 22 to January 19) Be careful not to tackle a problem without sufficient facts. Even sure-footed Goats need to know where they'll land before leaping off a mountain path.

AQUARIUS (January 20 to February 18) Appearances can be deceiving. You need to do more investigating before investing your time, let alone your money, in something that might have some hidden flaws.

PISCES (February 19 to March

20) Your recent stand on an issue could make you the focus of more attention than you would like. But you'll regain your privacy as well as more time with loved ones by week's end.

ARIES (March 21 to April 19) Your honesty continues to impress everyone who needs reassurance about a project. But be careful you don't lose patience with those who are still not ready to act.

TAURUS (April 20 to May 20) Pushing others too hard to do things your way could cause resentment and raise more doubts. Instead, take more time to explain why your methods will work.

GEMINI (May 21 to June 20) Be more considerate of those close to you before making a decision that could have a serious effect on their lives. Explain your intentions and ask for their advice.

CANCER (June 21 to July 22) You might have to defend a workplace decision you plan to make. Colleagues

might back you up on this, but it's the facts that will ultimately win the day for you. Good luck.

LEO (July 23 to August 22) The Big Cat's co-workers might not be doing enough to help get that project finished. Your roars might stir things up, but gentle purrr-suasion will prove to be more effective.

VIRGO (August 23 to September 22) Someone you care for needs help with a problem. Give it lovingly and without judging the situation. Whatever you feel you should know will be revealed later.

LIBRA (September 23 to October 22) While you're to be admired for how you handled recent workplace problems, be careful not to react the same way to a new situation until all the facts are in.

BORN THIS WEEK: You're a good friend and a trusted confidante. You would be a wonderful teacher or a respected member of the clergy. ■

SUDOKU

Difficulty level:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

By Linda Thistle

7	1			6		9		
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		4		8		3	6	
9			5			7		6
6	2				4		5	
		1	6	7				8

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FLORIDA WEEKLY CUISINE

Polo Bar & Grill set to offer farm-to-table fare in Wellington

janNORRIS

jan@jannorris.com



A new restaurant will serve the horsy set in Wellington. Called the **Polo Bar & Grill**, the restaurant promises to be a farm-to-table concept that features food and events geared toward the equestrian community.

Gary Fellers and spouse **Jeanette Sassoon**, owners of the tack and apparel store **PoloGear**, are opening the grill in the **Polo West Golf & Equestrian Club** in time for the seasonal events, including the **Winter Equestrian Festival**, the **International Polo Club** matches, and the **Global Dressage Festival**.

Executive chef is **Victor Irizarry**, who has worked as a sous chef at **Seasons 52**, **Hard Rock Café** and **Walt Disney World**. He also holds a Master Sommelier certification.

In a release, the chef said, "Everything you see is going to be a la carte — it's going to be prepared daily, and it's going to be done fresh. We don't even have a microwave in the kitchen. There are no preservatives, no antibiotics, and everything we cook is the way it's supposed to be eaten. We are cooking from the heart."

Menu items include lump crabcakes, pan seared and served with raspberry coulis, garlic burre blanc and sweet chili sauce; free-range curry chicken wontons with a sweet chili sauce; wild mushroom blue cheese flatbread with garlic oil, fig and balsamic glaze; a 16-ounce dry-aged grass-fed beef ribeye, with truffle

mashed potatoes and vegetables; and a pork chop, grilled and basted with guava barbecue sauce served with horseradish yam mash and seasonal vegetables.

The décor is modern "fusion," with floor to ceiling windows overlooking the polo field in three dining areas, including the main Grill Room, patio and bar. Two banquet rooms are available.

Prices are set between \$10 and \$28.

All week long, events are planned here. A Sunday Patio Brunch will be a buffet, with unlimited mimosas, and live entertainment.

Thursdays, dogs are welcome, as the restaurant will host the Big Dog's Night Out adoption benefit for the Big Dog Ranch Rescue organization. Trainers will hold agility and obedience training classes.

Fridays will be Friday Night Lights, with equestrian events such as jumping, dressage and polo, followed by live entertainment.

Saturdays are Western in Wellington Night, with Western riding events, and country music featured.

Sundays are Polo Night, with polo matches and music.

The restaurant is set to open Nov. 9. Polo Bar & Grill, 2470 Greenview Cove Drive, Wellington. Phone 561-328-3800; www.polobarandgrill.com.

Avocado Grill come to PBG

Chef **Julien Gremaud** of **Avocado Grill** was celebrating the third anniversary of his restaurant in downtown West Palm Beach last week, but he'll soon have another one to party at.

He's bringing the second — and larger — **Avocado Grill to Downtown at the Gardens**, taking the former **RA Sushi** space behind the **Yard House** sometime in winter, planned to coincide with season, he said.

The French-born chef has been look-

ing in North County for sometime after dismissing southern county locales.

"For me, it was always Palm Beach Gardens based on the request of many of our Downtown West Palm Beach regulars. We consulted with a number of lawyers, contractors, and landlords, and after about 18 months, we finally had a deal with Downtown at the Gardens," he said.

The layout of the new place in the open-air mall will afford more space for outdoor seating and a prominent bar. The free parking, along with valet out front, is a big plus, he said.

Palm Beach Gardens' foods will be much the same, he said, with tweaks. "The menus will mirror each other, but each will have its own distinct feel."



GREMAUD

Diners can expect the same farm-fresh, seasonal ingredients on plates, he said, with specials that highlight what's in the market at the moment.

He originally took on the initial Datura Street location with some trepidation, but it's become a model of success.

He ponders what drove the popularity so quickly.

"The recipe for Avocado Grill's rapid rise to success has caused me to question whether it had something to do with me or our first downtown location. It might also have been a fluke — great food meeting good timing. Time will tell, of course, but we're excitedly optimistic."

The hardest thing to adapt to after opening his own place? Without hesitation: "Staffing," he said. "I knew that going into this, though."

And is there a possibility of a third

Avocado Grill?

"It's way too soon to tell," he said. "We are excited to see what happens with the second location though. Stay tuned."

In brief

He left his heart in Puerto Rico, and now Chef **Christian Quiñones** of **Bistro Ten Zero One** in West Palm Beach is trying to give it back. The chef's 4-year-old daughter and other family were on the U.S. island when Hurricane Maria ravaged it, leaving millions without power, food and clean water. Eventually, he was able to get word that all were safe, and brought his daughter here. To help his still struggling homeland, he and chef friends put together a relief dinner, appropriately dubbed **Puerto Rico in My Heart**, at the **West Palm Beach Marriott** Thursday, Oct. 26, 7-10 p.m. Tickets are \$50 in advance or \$60 at the door. This includes food from the participating chefs, drinks, music by **Ivan Melendez**, a silent auction, dancing and more. ... Diners and partiers also can help Puerto Rico at **Calaveras Cantina** in Jupiter's **Harbourside Place** on Saturday, Oct. 28. Ten percent of sales at their Halloween party, **Fiesta de los Muertos**, goes to Puerto Rico's relief. The party starts at 10 p.m., and costumes are encouraged with a \$200 prize for best dressed. Drink specials are on tap. ... **Spoto's Oyster Bar** at **PGA Commons** puts on a Gallo wine dinner with four courses in a Kick Hunger charity dinner Oct. 26. For \$65, diners get oysters (of course), crispy macadamia nut fried goat cheese with salad, grilled lobster with a grapefruit burre blanc, a pomegranate glazed quail and a red velvet brownie to end — all courses paired to different wines. Phone is 561-776-9448 to reserve a seat. ■

VINO

G'day, mate ... and good wine, too

jerryGREENFIELD

vino@floridaweekly.com



We were at a wine tasting in Aspen, sitting across a table from Stephen Henschke and Prue Henschke, with several glasses of their legendary Hill of Grace Shiraz in front of us. As I sip through the vintages, I'm blown away for several reasons. First, it's one of the two or three most famous wines to come out of Australia (along with the fabled Penfold's Grange and Clarendon Astralis) and the people across from me are practically legends. Second, Hill of Grace costs about \$350 a bottle, so there's not much chance I'll ever have any in my cellar. Third, the wine is arguably one of the purest expressions of what Australian winemaking is all about.

Wine is a cultural artifact and reflects the general personality of the country and the people who produce it. I think this is particularly true for the Aussies. If you've ever hung out with any, you know them to be hale and hearty, outrageously sociable and your best friend right from the first handshake. Accompanied by a ringing "G'day, mate," you get a slap on the back so hard it knocks you down. The wines do the same thing.



They're often characterized as the "in your face" variety. Truer words were never spoken.

Americans like the Aussie approach so much that the U.S. will soon be the second largest importer. Surprisingly, about 60 percent of the grapes grown in Australia are white: Chardonnay, Riesling, Semillon and the like. Around 30 percent are red and the rest go in to the "stickies," or sweet wines. It is, of course, the big heavy, extracted, fruity reds that capture our attention and interest most vividly. In fact, the big Shirazes and blends can be so powerful they need to age for eons before you'd dare open the bottle. (I attended a vertical tasting of Penfold's Grange a few years ago, and we drank the 1971. It could have used another 10 years

in the cellar.)

Unlike the French, Italians and even the Californians, most Aussie wines, even the greatest ones, are blended from fruit that's sourced from very extensive areas. Not much single-vineyard designation here, not much talk of "terroir" or importance of some sacred little piece of land that grows heavenly grapes. The designated winegrowing regions are enormous, and the grapes that wind up in the bottle come from far and wide. It would be like Napa winemakers blending in grapes from as far away as Washington State. Unthinkable for them.

About 99 percent of the winegrowing regions are clustered in the southeast corner of the country, with Margaret River the lone exception, being located all the way over there in the far southwest. And most of the famous valleys, like Barossa and Coonawarra, are relatively close to cities, making wine tourism a very easy thing to do, as long as you don't mind driving on the wrong side of the road after a few tasting room visits.

Another thing that makes Australian wines so much fun is that they like to put puckish and whimsical names on their bottles. The Monkey Spider. The Dead Arm. Carnival of Love. The Stump Jump (don't ask).

Until next time, enjoy our new recommendations.

Cline Chardonnay Sonoma Coast 2016 (\$11) — A pleasant everyday drinking wine with a nice balance between the vanilla notes from the oak and the hint of green apple. Toward the finish you may detect some pineapple and citrus flavors as well. WW 88.

CK Mondavi Family Merlot California NV (\$8) — Michael Mondavi's value priced line of "family" wines is a good choice for everyday sipping. This Merlot is a deep garnet color in the glass, with straightforward flavors of purple plum, cherry, blackberry and maybe a bit of pepper. Nicely complex. WW 85-86.

Grgich Hills Estate Chardonnay Napa Valley 2014 (\$43) — If there's one thing Mike Grgich knows how to do, it's make Chardonnay. This was the panel's favorite white of our tasting session. A huge burst of creamy oak, followed by pronounced flavors of grapefruit. Soft and round on the palate with well-integrated subtle green apple, lemon and a slight hint of pepper. If you want to splurge a bit on an upper-end Chardonnay, this is the one. WW 94-95. ■

— Jerry Greenfield is creative director of Greenfield Advertising Group and wine director of the international Direct Cellars wine club. His book, "Secrets of the Wine Whisperer," is available through his website, www.winewhisperer.com.

FLORIDA WEEKLY CUISINE

In the kitchen with...

JIMMY ZUCCARELLI, Coolinary Café in Palm Beach Gardens

BY MARY THURWACHTER
mthurwachter@floridaweekly.com

As a student at William T. Dwyer High School, Jimmy Zuccarelli already suspected a culinary career was his future. At 15, he took a job at Captain Charlie's Reef Grille in Juno Beach as a dishwasher, food-runner and busboy.

"One of the chefs called out for the day," he said. "I was given the chance to plate desserts and I remember being so excited and nervous that I was going to mess everything up. I finished up service and was offered a line position. I remember going home and staying up all night because I couldn't sleep. I could only think of what I was going to make the next day."

That experience solidified his resolve to become a chef and today, as sous chef for Coolinary Café, he says his sleep is still interrupted by thoughts of what he will make the next day. The excitement is still there.

Chef Zuccarelli has been at the Coolinary Café since it opened 5½ years ago. Previously, he was working at a few restaurants on the beach in the St. Petersburg/Tampa area.

"I moved there to open a restaurant," he said. "I was going to be the executive chef, but that fell through and I was looking for a way to get back to my hometown here. That's when I met Chef Tim Lipman, who was in the process of building his new restaurant (Coolinary Café) and offered me an opportunity to join the team."

Chef Lipman is his mentor.

"He is an all-around badass chef, knowledgeable and is always striving for the best of our abilities," Chef Zuccarelli said. "He is also a great friend. He's taught me to always stay hungry and never be satisfied. There are always ways to improve, there's always something to be learning from everybody you work with."

But it was his mother who first inspired Chef Zuccarelli in the kitchen.

"She has always been a great cook," he said. "She pushed us to cook and to know how to feed ourselves with food that tastes good. She was always encouraging us to better ourselves and the quality of food we were making."

At the Coolinary Café, one of his



COURTESY PHOTO

Jimmy Zuccarelli began working in the restaurant industry while in high school.

favorite things to cook (and eat, with a little bit of hot sauce) is curry pork shoulder over jasmine rice and pickled pineapple cauliflower slaw (\$25). "It's really good," he said.

He says he has no interest in leaving the Coolinary Café for another restaurant. "This is as big a part of my life as it is of Tim's (Lipman) and I feel I have just as much invested in it as he does," Chef Zuccarelli said. "We're there every single day and we're constantly talking, even on our days off...I don't have any desire to open my own place right now. I have a one-year-old son and I really enjoy being a father and being home with him. I'm fortunate to still have a family life, a personal life, not just not fully involved in the chef aspect of this. A big part of Coolinary is the lifestyle, not just in the restaurant, but also having a life and family time outside. That's something that I really cherish."

In his free time, Chef Zuccarelli and his wife like to go to the beach, ride bikes and explore new places together.

Jimmy Zuccarelli

Age: 30

Original hometown: Jupiter

Restaurant: Coolinary Café, 4650 Donald Ross Road, No. 110, Palm Beach Gardens, 561-249-6760, www.coolinary-cafe.com. Open 11 a.m.-9 p.m.

Mission: To create food that inspires others around me.

Cuisine: I don't want to limit myself to one specific type of food; I want to be able to prepare any type of food. I enjoy taking the best parts of different styles and combining them.

Training: I am a graduate of Florida Culinary Institute and was in the culinary program at Dwyer High School.

What's your footwear of choice in the kitchen? I wear Keen. I have orthotics and the full shoe fits them better. ■



COURTESY PHOTO

Fresh wraps from Malakor Thai Cafe in Northwood.

SCOTT'S THREE FOR 3 Places in Northwood

A trio worth noting

1 MALAKOR THAI CAFE

425 25th St., West Palm Beach; 561-762-9070 or www.malakor.com.

When I think of Malakor, I think of freshness. Everything just sings. The Thai fresh summer roll is packed with shrimp that tastes of the sea, carrots and other veggies, mint and a tasty tamarind peanut sauce. Chef Noopy Areerak also does an admirable job with stir-fried dishes and curries here and at Kao Gang, his restaurant in Palm Beach Gardens.

2 AGORA MEDITERRANEAN KITCHEN

2505 N. Dixie Highway, West Palm Beach; 561-651-7474 or www.AgoraKitchenwpb.com.

Owner Semih Arif Ozdemir brings together flavors from his native Turkey, as well as the rest of the Mediterranean region with a little help from his mom at this Northwood restaurant. The htipiti, or roasted red peppers with sun-dried tomato, feta walnuts and olive oil, sounds like my idea of heaven. Also good: The Chicken Beyti, with garlic-flavored chicken served with lavash bread and yogurt and topped with a tomato sauce.

3 SUNSET BAR & GRILL

2500 Broadway, West Palm Beach; 561-832-2722 or www.eatatsunset.com.

Owners Terry Marince and Matt Reber were Northwood pioneers when they opened their restaurant and the corner of 24th Street and Broadway in 2001. They've held on, growing a steady following of fans for their steaks, seafood and salads — I'm partial to the Sunset chopped salad, with turkey, fresh greens, gorgonzola dressed with balsamic vinaigrette.

— Scott Simmons

THE DISH: Highlights from local menus

The Dish: Shrimp and Hoecakes

The Place: Hutton, 407 Northwood Road, West Palm Beach; 561-847-4085 or www.huttonnorthwood.com.

The Price: \$14

The Details: I grew up in a family that loved its hoecakes — essentially, cornmeal pancakes that were devoid of any sweetness, and made with the requisite cornmeal, water, fat and a little tough love atop an iron griddle.

Those hoecakes were chewy and perfect for soaking up tomato gravy or the fat-laden drippings from butterbeans.

I don't remember anything like these tender hoecakes, which had a finer consistency than anything Granny cooked up on her old Detroit Jewel gas range.

But they were perfect for soaking up the earthy Creole gravy and the tangy chow chow that garnished the tender shrimp.

Other dining companions enjoyed the beautifully executed shrimp and avocado salad and beef sliders topped with wonderfully nutty foie gras. ■

— Scott Simmons



SCOTT SIMMONS/FLORIDA WEEKLY



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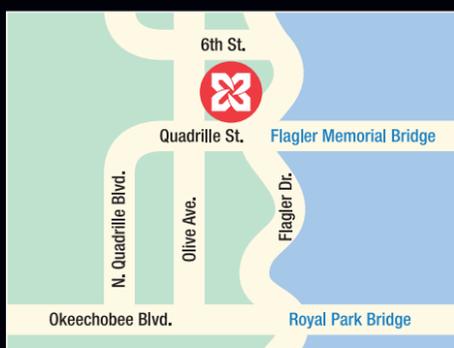
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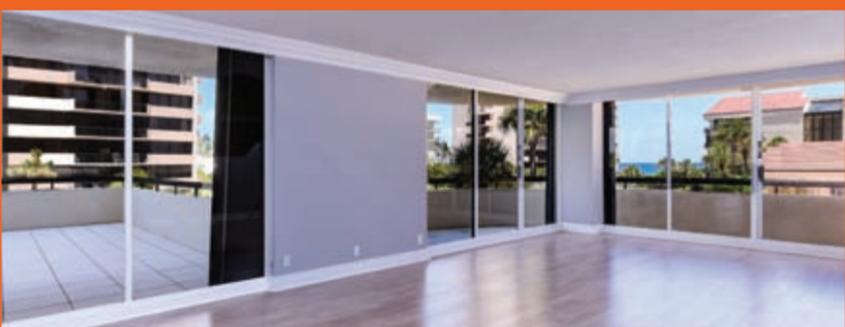
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Publisher
Melissa Barton
melissa.barton@floridaweekly.com

Copy Editor
Cathy Cottrill

Section Designer
Hannah Kruse

Graphic Designers
Chris Andruskiewicz
Alisa Bowman
Kathy Pierotti

Account Executives
Debbie Alpi
debbie.alpi@floridaweekly.com

Sales & Marketing Assistant
Betsy Jimenez
betsy@floridaweekly.com

Published by
Florida Media Group LLC

Pason Gaddis
pgaddis@floridaweekly.com
Jeffrey Cull
jcull@floridaweekly.com
Jim Dickerson
jdickerson@floridaweekly.com

Palm Beach Florida Weekly
11380 Prosperity Farms Rd., Suite 103
Palm Beach Gardens, FL 33410
Phone: 561.904.6470
Fax: 561.904.6456



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David Amado

Music Director and Conductor of the Atlantic Classical Orchestra Never compromising on excellence

What is the most significant change you've seen in your industry over the last year?

My industry changes slowly. The core of what we do is steeped in revered tradition. Nevertheless, we are constantly looking for ways to find cultural resonance — to address the needs of our community in ways that are unique to us. By far, the most significant development for orchestras in general has been the use of technology and social media — marrying a digital world with an analogue product.

Name the top three elements or practices that have been absolutely critical in the success of your business?

1. Quality: No compromises on excellence. We make sure we present top-notch talent, rehearsed impeccably. Brilliant musicians, and timeless music make our performance memorable, inspired and compelling.

2. Listening. Listening is fundamental to my job. But it does not stop when I step off the podium. We may present glorious performances, but without an engaged audience, it would not matter. Listening to our ACO family, on both sides of the proscenium, is vital to our health and growth by finding ways to address our patrons' desires while staying the course of our mission.

3. Loyalty: On a personal level, I feel a deep loyalty to the masterpieces I spend every day with and an equally strong devotion to our supporters, our musicians and our staff. Fostering that same loyalty from our community, our ticket buyers, donors, board and musicians, to both our institution and the art we make, helps ensure a sustainable growth curve.

What are things you'd like to change about your industry now? Your organization or business?

I would love to see a cultural shift that places greater value on the consumption of live, local performing arts. As a 501(c)(3) organization, we are not in the business of making money. Orchestras across the country celebrate if they can generate 40 percent of revenue from ticket sales. Most of the time, it is far less — around 25 percent to 35 percent. The remainder of revenue has to be raised. It sure would be nice to have a model that came closer to paying for itself as it would free up time and energy from fundraising and grant writing which could

WHO AM I?

NAME: David Amado

TITLE AND COMPANY: Music director and conductor of the Atlantic Classical Orchestra

YEARS WITH THE COMPANY: 2

YEARS IN SOUTH FLORIDA: 2018 marks the Atlantic Classical Orchestra's fourth year in Palm Beach County

(He lives in Maine but comes to Florida to work as the music director and conductor with the Atlantic Classical Orchestra.

He also is the music director and conductor of the Delaware Symphony Orchestra in Wilmington, Del.)

NATURE OF BUSINESS: Arts and entertainment

EDUCATION: Undergraduate at Juilliard where he studied piano. Master's in instrumental conducting from Indiana University

HOMETOWN: Blue Hills, Maine

then be spent on advancing our mission more aggressively. That can happen when we decide, as a culture, that what we do is worth paying a premium for.

What's your superpower?

I hear really well. I guess I am in the right business.

What will you base your success on for 2018?

We are always looking for ways to increase our reach, and attract new and diverse audiences to our performances. Broadening our base not only helps us enact and advance our mission, but helps ensure our financial health into the future.

How is social media impacting your industry or business this year? What's in store for 2018?

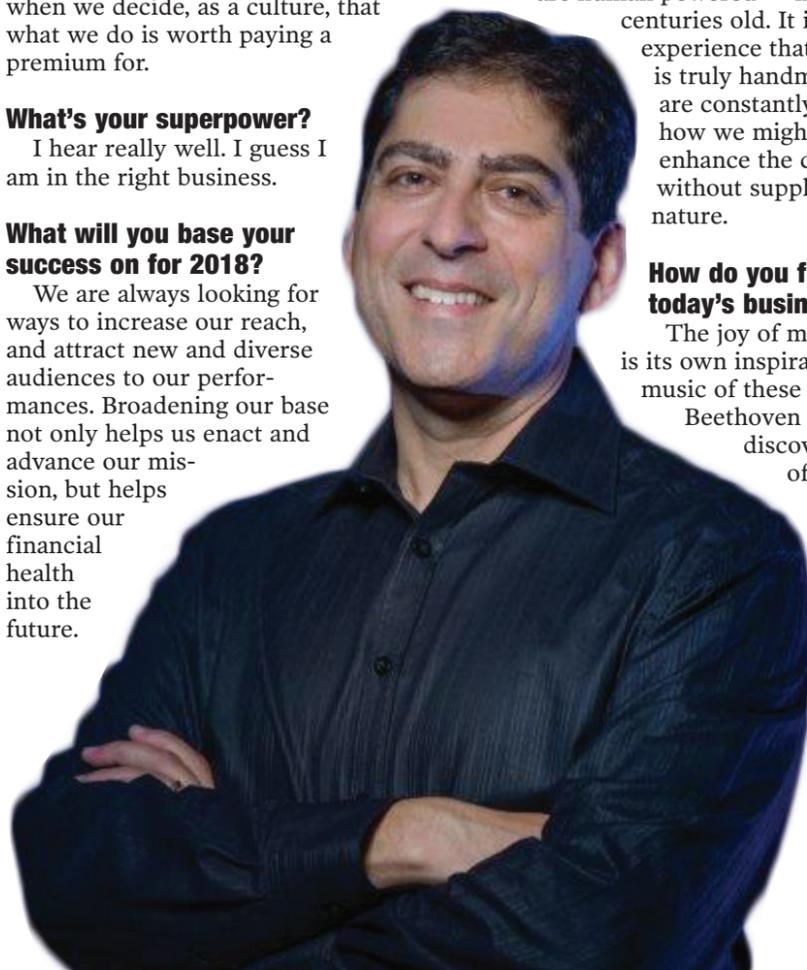
We are actively pursuing ways in which we can leverage a social media presence to generate sales. But even more importantly, we are pursuing ways that social media can help us foster a more engaged and informed audience base. By using platforms like Facebook and Instagram, we can demystify the mysterious, and illuminate the obscure — making our audience and potential audience more comfortable and engaged. A thoughtful social media presence can help us broaden both our physical reach and our intellectual one.

How are you using technology to improve your business?

I love this question. Though we are using social media to promote and inform, and we use all manner of technology to conduct day-to-day business, our core product — our performances — are deliberately, and gorgeously, low-tech. We play without amplification on instruments that are human powered — many of which are centuries old. It is that analogue experience that is so special — it is truly handmade. That said, we are constantly asking ourselves how we might use technology to enhance the concert experience without supplanting its analogue nature.

How do you find inspiration in today's business climate?

The joy of making art is that it is its own inspiration. Playing the music of these great masters like Beethoven or Brahms — or discovering the brilliance of a young composer — is humbling, motivating and genuinely inspiring. ■



David Amado

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Gregory R. Cohen

Board certified real estate attorney and partner with Cohen, Norris, Wolmer, Ray, Telepman & Cohen

Personal service and building relationships are key

What is the most significant change you've seen in your industry over the last year?

Greed. Everyone is trying to do a little bit of everything for a dollar, and unfortunately, the ability of these people to represent people competently, and further, the fiduciary obligations that are owed to clients, are lost as their goals are not to provide high levels of competent service, but rather to make some money. Family, trust and estate, personal injury and even criminal attorneys with little or no experience are now are trying to handle real estate transactions, issue title insurance and close transactions. Real estate companies now own title companies, mortgage and casualty insurance operations. The concept is just as ridiculous as a person calling me to defend them of murder because I "think" I can do it and can make some money trying. To be a good lawyer, to be good at closing transactions, or for that matter, to be good at anything, you have to focus in that area to gain the knowledge and expertise a client expects and is entitled to receive.

What improvements, innovations or changes do you foresee in your industry?

Because the market is so competitive, I see many people being forced out of the real estate, title insurance, and mortgage industries. When there were numerous ongoing transactions in the economy that occurred during the "boom," and "mini boom" 18 months ago, many people jumped into real estate in some fashion. Many non-practicing real estate lawyers expanded their practices into real estate, along with other inexperienced people handling title insurance and mortgage transactions (see above).

Since deal counts have now fallen (despite what many newspapers advertise), the part-timers will be forced out of the real estate industry which hopefully creates a higher standard level of service from those that remain in the industry who do this type of work full time.

With respect to title companies, and

WHO AM I?

NAME: Gregory R. Cohen
TITLE & COMPANY: Board certified real estate attorney and partner with Cohen, Norris, Wolmer, Ray, Telepman & Cohen
YEARS WITH THE COMPANY: 20 plus years
YEARS IN SOUTH FLORIDA: 45 Years
NATURE OF THE BUSINESS: Law firm and title insurance closing company
EDUCATION: University of Miami (Undergraduate and Law School)
HOMETOWN: Palm Beach Gardens

the new expanded enforcement laws against kickbacks and the unauthorized practice of law, I see many of them shut down and/or getting penalized, along with other parties that are associated with such companies.

How are you responding to changes in the local economy?

Too many lawyers, and for that matter bad ones. Too many egos. And, too many bad lawyers with egos. Just like doctors need to sometimes learn a little bedside manner, many attorneys forget the basics to try and be a good lawyer and a good person, with their clients' best interests in mind.

Not sure how the industry is responding other than reproducing more and more attorneys, but as for us, we just attempt to focus on being better lawyers and people, and not getting dragged down into the mud with others.

Name the top three elements or practices that have been absolutely critical in the success of your business?

1. Personal service - we go above and beyond with personal service and communication - e.g., telephone calls, emails, updates. Our clients are always informed to the utmost degree, including communications throughout all hours of the day and on the weekends.

2. Appreciating the relationship - There are so many lawyers and

title companies that when someone chooses us from the numerous others that is something we appreciate greatly. Many lawyers feel the client is so lucky to have them - we believe that we are the lucky ones as the client has chosen us.

3. Taking matters personally - Most lawyers ask why we take clients' matters so personally. Why wouldn't we? This is a major transaction to them and why wouldn't you treat all clients' matters like one of your own family members' matters?

Within the context of your current marketing/promotional strategy, how do you differentiate your company from your competitors?

We are lawyers, but we are also business people. We can see where a matter should be and how to get there fastest and most cost efficiently for the client. (Having done this so long, every transaction is a chess match that everyone has played before.) No matter what happens on each deal, we focus on the goal to do what is best for the client, unlike many others that I have to exhaustively deal with.

What's your superpower?

I get it done. I adapt to the requests of the client and their time schedules. I am available early mornings, late nights and all weekends, except when the kids have soccer games and

when the Miami Hurricanes football team is playing.

What will you base your success on for 2018?

Referrals, client satisfaction and how much I enjoy the practice of law. It is not always enjoyable, but with good clients and good people to represent, I generally really enjoy my practice, how it has transformed over the last number of years, and look forward to a similar year in 2018.

Who is a mentor to you within your industry?

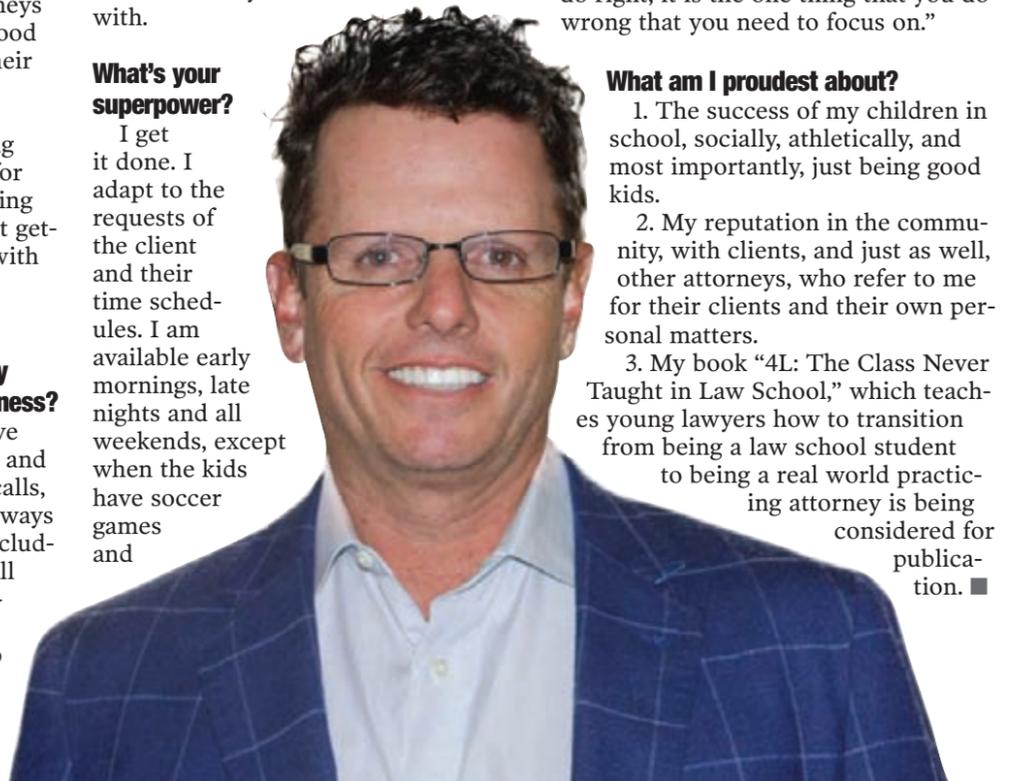
My father. Easy one. Practicing lawyer for 45 plus who cares. Has taught me commitment, work ethic, and how to be a well-rounded attorney and person. He also reminds me that he has taught me everything I know, just not everything he knows.

What wise words would you tell young people entering the work force today?

You are entitled to nothing. You have to earn your place. Also, as I tell my kids, "It is not the nine things you do right, it is the one thing that you do wrong that you need to focus on."

What am I proudest about?

1. The success of my children in school, socially, athletically, and most importantly, just being good kids.
2. My reputation in the community, with clients, and just as well, other attorneys, who refer to me for their clients and their own personal matters.
3. My book "4L: The Class Never Taught in Law School," which teaches young lawyers how to transition from being a law school student to being a real world practicing attorney is being considered for publication. ■



Gregory R. Cohen

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David M. Drossner, M.D.

Director, Ambulatory Outpatient Cardiology, Nicklaus Children's Hospital

Finding inspiration from patients and families

Name the top three elements or practices that have been absolutely critical in the success of your business?

Communication is a core value and priority in our practice. Excelling in communication between our patients and referring providers has given us an edge in accelerating our growth. Patient access is another crucial element driving our success. We never say no to the families that need our services. Finally, the use of information technology allows us real-time communication to share images and exchange information with our partners in the Advanced Pediatric Care Pavilion on our main campus in Miami.

Within the context of your current marketing/promotional strategy, how do you differentiate your company from your competitors?

We are contending first and foremost with congenital and acquired pediatric heart disease. Our organization differentiates itself from others as a group of high-quality pediatric providers representing multiple subspecialties with numerous national rankings and an international reputation as a world-class leader in pediatric healthcare. Additionally, we are the only nationally ranked pediatric heart program in South Florida and proudly offer offices in Broward, Palm Beach and Martin counties to enhance access. This fall, we will expand our outpatient footprint with our Nicklaus Children's Boynton Beach Care Center.

What will you base your success on for 2018?

Our primary metrics used to gauge success for the year 2018 will be patient satisfaction and outcomes. We are committed to providing a high quality product by excelling in the satisfaction of our patient experience. In addition, our program maintains transparency by publishing our surgical outcomes. We are very proud that our outcomes represent the best of pediatric cardiology and cardiothoracic surgery.

How are you growing and developing your employee skills?

Through leadership by example and

WHO AM I?

NAME: David M. Drossner, M.D.

TITLE AND COMPANY: Director, Ambulatory Outpatient Cardiology, Nicklaus Children's Hospital

YEARS WITH THE COMPANY: 3

YEARS IN SOUTH FLORIDA: 3

NATURE OF BUSINESS: Health care

EDUCATION: Board certified in pediatrics and pediatric cardiology

HOMETOWN: North Miami Beach

individual mentoring, our employees grow and develop skills centered on optimizing the experiences of our patients and families. This is accomplished via practicing skills on efficiency, communication, and compassion.

How are you recruiting new talent into your organization?

Recruiting begins with our national reputation and rankings in multiple pediatric subspecialties. This provides us a platform to communicate with the best and brightest applicants who are training at the top institutions nationally.

Can you tell us about a new hire that will make a positive impact this coming year?

We are very proud to announce that James Enos, our new pediatric cardiologist with The Heart Program at Nicklaus Children's, will lead the development of cardiology services at our new Nicklaus Children's Boynton Beach Care Center. Dr. Enos has unique training in the field of pediatric and fetal cardiology from some of the finest institutions in the Northeast. Echocardiograms, fetal echocardiograms and EKG screenings are now available at this location. Our Boynton Beach Care Center will be an extension of our first-class pediatric care facility providing detailed multispecialty pediatric care. The Boynton Beach Care Center will excel in providing first-class care to those pediatric patients with the most complex medical needs. In addition to cardiology, some of the other pediatric specialties offered at this new location are allergy and

immunology, endocrinology, nephrology, plastic and reconstructive surgery and rheumatology. A pediatric gastroenterology clinic is slated to begin this January.

What do you truly love about working here in Palm Beach County?

Palm Beach County is a wonderful community to work and live. The county is representative of individuals who grew up here as well as others who moved from afar seeking a lifelong destination to raise a family. I truly love this up-and-coming generation of residents seeking consistent local access and high-quality pediatric care for their families.

How do you find inspiration in today's business climate?

My inspiration comes from the patients and families whom I meet on a daily basis battling heart disease. I am motivated by each individual interaction with my patients. These families are smart, hard-working people who want the best quality care for their children. I strive to exceed those expectations during every visit. ■



David M. Drossner, M.D.

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Rick Eggert

Creative director/ Benzaiten

Fine art glass world embraces new technologies

What is the most significant change you've seen in your industry over the last year?

The most significant change to the fine art glass industry has been a major crack-down on safety regulations regarding the production of some glasses. This brought many shops to a standstill while new policies were established. As far as the non-profit industry, government has eliminated more and more funding, especially to those involved in fine arts. That's why it is imperative for us to involve our local community, because it is their support that keeps us fiscally viable.

What improvements, innovations or changes do you foresee in your industry?

The fine art glass world has embraced new technologies such as 3D printing and CNC tooling. CNC Machining is a process used in the manufacturing sector that involves the use of computers to control machine tools. Tools that can be controlled in this manner include lathes, mills, routers and grinders. The CNC stands for Computer Numerical Control. Thus, I see fine art glass staying at the forefront of technology, despite it being 5,000 years old.

How are you responding to changes in the local economy?

Our local economy feels strong. We have consistently increased our classes and workshops through continuing demand. Sales have also been healthy allowing us to expand all of our programming.

Name the top three elements or practices that have been absolutely critical in the success of your business?

The three things I feel are most important to our success are: Assembling a great team; Nurturing support within the community; and Offering unique experiences.

Within the context of your current marketing/promotional strategy, how do you differentiate your company from your competitors?

We have been able to differentiate ourselves from other art centers by offering

WHO AM I?

NAME: Rick Eggert
TITLE AND COMPANY: Creative director/ Benzaiten
YEARS WITH THE COMPANY: 3
YEARS IN SOUTH FLORIDA: 21
NATURE OF BUSINESS: Art center
EDUCATION: BFA from the Rochester Institute of Technology
HOMETOWN: Southampton, N.Y.

what no other center can. We are the only public access glass center offering traditional glassblowing on the entire east coast of Florida.

What will you base your success on for 2018?

We have just built an air-conditioned studio for fusing/slumping and flameworking. If we can develop strong programs and workshops in these studios, expand our ever-growing children's programming... to date we have exposed 2,500 children to magic of glass... then 2018 will be a huge success for us.

How are you recruiting new talent into your organization?

As we continue to grow we are always looking for new talent. We are hoping to develop an artist in residence program to keep talented artisans in our midst. At the same time we are very focused on building our local glass community. We have given several scholarships to encourage young, creative individuals to be involved in the studio.

What do you truly love about working here in Lee County/Collier County/Charlotte County/Palm Beach County?

Palm Beach County is a wonderful place to work as an artist. Aside from an inspiring climate, we have one of the best art markets in the nation with Art Palm Beach, Art Boca and Art Basel all within

easy reach, not to mention the multitude of local artists creating fantastic work.

How do you find inspiration in today's business climate?

Because of the crackdown on fine art funding and the abundance of nonprofits in our area, we are constantly being challenged to differentiate ourselves. This can bring out the best in us. It forces creative approaches to our entrepreneurial thinking. Also, helping others learn something new every day keeps me inspired.

What wise words would you tell young people entering the work force today?

Be very clear on what you want to achieve and be very stubborn about getting it. Perseverance is key! ■



Rick Eggert



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Roberta (Robi) Journey

CEO, Quantum House

Helping children and families during difficult times

What is the most significant change you've seen in your industry over the last year?

When Bernie Madoff came through a decade ago, most nonprofits in Palm Beach County were impacted in some way. Family foundations, individuals and corporations could no longer support those who were doing really important work. Donors became more laser focused with their gifts and nonprofits became even more transparent. Each year, this becomes more and more important - in a good way. Quantum House has always been committed to making sure that the minute a supporter crosses the threshold, they know exactly where their gift and their time are having an impact - to care for the families that we serve.

Name the top three elements or practices that have been absolutely critical in the success of your business?

Staying true to our mission, integrity and outstanding stewardship are the three



WHO AM I?

NAME: Roberta (Robi) Journey

TITLE AND COMPANY: CEO, Quantum House

YEARS WITH THE COMPANY: As a volunteer - 20 years; as staff - 9 years

YEARS IN SOUTH FLORIDA: Pretty much my whole life

NATURE OF BUSINESS: Nonprofit hospital hospitality house

EDUCATION: BA Communication Arts; Spring Hill College, Mobile, Ala.

HOMETOWN: Palm Beach County

practices that have been absolutely critical to our success. Each day we welcome children and families who are facing some of their most difficult days. We have cared for thousands of families in need over the past 15 years and each guest has been given much more than just lodging. They receive a huge embrace from the community and the peace of mind that they will get through a terrible time with support and care.

What are things you'd like to change about your industry now? Your organization or business?

I would love to change the perception that a nonprofit is not a "real" business. When businesses are brought to the table to discuss important economic and impact issues, seldom will you see a representative from the nonprofit world as a part of that group. The reality is that we have budgets just like any business with the normal anticipated expenses of payroll, utilities, insurance, supplies and more.

Within the context of your current marketing/promotional strategy, how do you differentiate your company from your competitors?

Many folks don't know about hospital hospitality houses until they need one. And, as the only house like this between Fort Lauderdale and Orlando, we

continue to make certain that anyone who needs a place to stay to be nearby while their child receives care, has the opportunity to do so. Creative marketing and strategies to get our message to the community and pediatric medical services are a top priority.

What will you base your success on for 2018?

Success in 2017 is operating with 30 guest suites providing lodging and love to hundreds more families, and providing opportunities for the community to join in on our journey by preparing meals, organizing arts and crafts, playing golf, reading stories, sharing their pets and all of their talents with the families who call Quantum House home. Because we are not exclusive to any illness or injury, we can welcome so many.

How is social media impacting your industry or business this year?

What's in store for 2018?

While I understand and appreciate the importance of social media, I just don't think you can beat the value of relationships. I hope that being able to pick up the phone or meeting for coffee will never be replaced. Social media allows Quantum House to share the message that the families we care for are just like you. Each of us has a child in our lives, a son or daughter, niece or nephew, a child of a friend, so each of us might need a place like Quantum House.

What do you truly love about working here in Palm Beach County?

For many, living in Palm Beach County is the prize for having lived a good life. We are the fortunate ones who are already here. Also, this is a very generous community. Folks here know that "giving back" and participating in making this a better place to live is just part of the deal.

How do you find inspiration in today's business climate?

My inspiration is the families who stay with us at Quantum House. These folks and their precious children are going through some pretty dark days. Seeing their challenges, their strength, their smiles and their tears can put everything into perspective. ■

Roberta (Robi) Journey

Keeping families together.



www.quantumhouse.org



Pattie Light

Co-owner, Koko FitClub of Abacoa Plaza
Always mindful of who we serve

What improvements, innovations or changes do you foresee in your industry?

People are smarter now than ever before, but we know there's a lot of bad information available. I see a future where people will seek assessments on certain bio markers that give them an opportunity to "take a selfie from the inside" to get a clear snapshot of their current status and then allow them to create a plan for what they should or shouldn't do to get the results they desire, based on that data.

Technology will also go from wearable technology, which by the way, only tracks WHAT you do - to using technology like the Koko Smartraining System, to understand what you NEED to do.

Name the top three elements or practices that have been absolutely critical in the success of your business?

We remember who we serve. We have carefully selected and trained our team to engage those customers who focus on quality, integrity and in my industry - results. They work tirelessly to deliver an experience that exceeds their expectation.

Koko is everything that a typical gym isn't. We are clean, friendly and personal. We greet our members by name when they walk in and we have monthly member appreciation nights. We know exactly who is in our club and they have the opportunity to join at a variety of six membership levels so they can work out with a coach every time, some of the time or

WHO AM I?

NAME: Pattie Light
TITLE AND COMPANY: Co-owner, Koko FitClub of Abacoa Plaza
YEARS WITH THE COMPANY: 1
YEARS IN SOUTH FLORIDA: 15
NATURE OF BUSINESS: Health and fitness
EDUCATION: High school
HOMETOWN: Detroit, Mich.

entirely on their own.

Partnering with the community is in our DNA. We were at ArtiGras and Art Fest with the Chamber. I serve on the Marketing/Access to Medical Care Subcommittee for Healthier Jupiter and we are so proud to host the BetterU Challenge with the American Heart Association of Palm Beach County to offer the Koko experience to 10 area women for a 12-week period. We are currently in the middle of a challenge and another will be launched in January.

What are things you'd like to change about your industry now? Your organization or business?

The average person lives for 79 years. For 68 years they're healthy but they stop doing things they love at age 35. Meanwhile more than 80 percent of all adults in the United States don't even belong to a gym. (any gym!) I'd like to push the industry by setting standards in health and fitness to create experiences that add 10 years to those rather depressing numbers.

Within the context of your current marketing/promotional strategy, how do you differentiate your company from your competitors?

94 percent of all people who belong to a gym don't get help.

72 percent of all people quit a gym because it's too dirty.

The average membership at other

gyms is used for six months and then cancelled after nine.

At Koko, our members are never alone. Whether they're working with a coach or our digital trainers, no matter what they are doing they always get help. Koko Nuts stay for an average of 22 months. We are the alternative to mainstream fitness.

What's your superpower?

I live by the motto "Kindness Matters" and I am often reprimanded for being naïve, but I'm sticking to that belief.

How are you using technology to improve your business?

Koko FitClub combines strength training, cardio exercise and nutrition planning all in a single, personalized plan. Through the use of our advanced technology, Koko customizes everything precisely to our members' bodies and goals, and provides quantified results so they know exactly how they are progressing.

How are you recruiting new talent into your organization?

We love hiring from within. Koko is all about working out with certified nice people. Having someone who truly cares about your success. If I hadn't had a coach who cared about me when I joined in early 2015 in Lakewood Ranch near Sarasota, I would never have embarked upon this journey which has led me to ownership as well as being 54 percent stronger.

What wise words would you tell young people entering the work force today?

Master the distinction between the convenience of replying by text and email vs. the need to slow the pace and make a personal call, write a handwritten note or request the opportunity to meet in person. Don't take the easy way out, because the reward comes from trying harder. ■



Pattie Light



A PLACE FOR YOU.
A PLAN FOR YOU.





You want to be fit, but traditional fitness has let you down. Experience individualized fitness at the gym where you truly belong. Our certified FitCoaches and proven Smartraining System™ will build a plan just for you, and coach you every step of the way. **Enjoy 30 days of individualized coaching for just \$30. No risk. No obligation. No gym scene.** Just life-changing results!

Come see what Koko FitClub can do for you!

Jack E. Lighton

President and CEO, Loggerhead Marinelifelife Center

The sea turtle tells us the health of the ocean;
the ocean tells us the health of our planet

What is the most significant change you've seen in your industry over the last year?

As our county continues to grow, our nonprofit sector continues to expand, offering PBC a staggering amount of annualized economic impact. The sector provides more than \$525 million in economic impact and supports nearly 12,000 jobs in the county. It has become more critical for our sector to collaborate with elected officials as well as various economic organizations to ensure the full voice of business in Palm Beach County is heard. Ensuring we are all in touch, communicating and demonstrating our economic value is vital.

What are things you'd like to change about your industry now? Your organization or business?

Perspectives. I encourage all who work in the nonprofit sector and those who support nonprofits' work to transform the impression that nonprofits are simplistic, feel-good organizations. Quite the opposite... Typically, nonprofits are highly complex mission-driven organizations that create significant business, community and mission impact. Nonprofits manage highly complex businesses that are significant contributors to our local economies. It is important to recognize the business value nonprofits bring to the communities they serve.

Within the context of your current marketing/promotional strategy, how do you differentiate your company from your competitors?

We are a highly unique

organization. There are not many sea turtle hospitals in the world. What LMC has done to differentiate ourselves is a two-pronged approach to better serve our guests / supporters and our scientists. LMC offers a very unique campus — it is fun and educational. We operate one of the most advanced sea turtle hospitals and teach

and train visiting veterinarians from around the globe. Our research laboratory is home to one of the largest sea turtle and ocean conservation datasets in the world. Behind the scenes, LMC is one



Jack E. Lighton

WHO AM I?

NAME: Jack E. Lighton
TITLE AND COMPANY: President and CEO, Loggerhead Marinelifelife Center
YEARS WITH THE COMPANY: 5
YEARS IN SOUTH FLORIDA: 37
NATURE OF BUSINESS: Philanthropic management
EDUCATION: BA, Oakland University, MBA (International Business), University of Phoenix
HOMETOWN: Grosse Pointe Farms, Mich.

How are you using technology to improve your business?

One of our most exciting technology developments is our new proprietary Caretta patient records platform. Gone are the days when we create paper charts for our patients, now everything is contained within an electronic database, making our hospital more efficient.

What do you truly love about working here in Palm Beach County?

For me, Palm Beach County is where I recharge, rest, play and become inspired to protect our ocean and beautiful marine life. Prior to my role as CEO at Loggerhead, I spent 15 years traveling the world in management consulting. I was fortunate to visit some amazing cities, but returning home to Palm Beach County was always my favorite destination. In addition to our beautiful climate, Palm Beach County has some stellar business and economic institutions.

How do you find inspiration in today's business climate?

My inspiration comes from observing the very tangible returns we have at our center. A sea turtle being rescued and saved; students on field trips; standing shoulder to shoulder with our volunteers cleaning our beach; watching sea turtle hatchlings take their first swim; being surrounded with the most passionate and professional staff. These tangible touchpoints inspire me to continue in our founder's footsteps with a goal of increasing our conservation and education impact.

What wise words would you tell young people entering the work force today?

Be overtly focused on your goals and find a career path that ignites passion within you. Spend time doing something you truly love. Passion mixed with excellent business drive can yield a truly spectacular career. ■

of Palm Beach County's premier scientific hubs.

What will you base your success on for 2018?

2018 will usher in a very exciting chapter in LMC's history as we will be breaking ground on our campus expansion. We opened our current facility in 2007 and it is time for us to do more to help protect sea turtles, serve more students and engage more scientists and innovators who can help us continue to invest in our most precious resource — the environment.

How is social media impacting your industry or business this year? What's in store for 2018?

To date, LMC has a combined social media network of over 110,000 followers, which allow us to reach nearly 1,300,000 unique individuals every month. We have seen significant increases in the way our followers and guests use social media and we continue to invest in innovative platforms. One exciting development we have for 2017/2018 is the use of Amazon as another retail endeavor. E-Commerce is of critical importance to the center; this element helps to keep our facility free of charge.



Sea Turtles and So Much More!

Loggerhead Marinelifelife Center is a nonprofit organization committed to the conservation of ocean ecosystems through public education, research and rehabilitation with a special focus on threatened and endangered sea turtles.



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Research • Rehabilitation




Education • Conservation




Brett Morris

GM/COO, The Polo Club

Success is gauged by the happiness of members

What is the most significant change you've seen in your industry over the last year?

The biggest change in the industry has been the desire for more flexible membership options from incoming members. People don't want to make the lifetime commitment that they were once willing to make and the industry has had to adjust to the change in demands. Polo has been at the forefront of that change with our 10-year options for our golf and tennis memberships and that has allowed us to stay successful in the face of a changing market.

What improvements, innovations or changes do you foresee in your industry?

The club industry has always been about offering more — more amenities, more services, and creating a lifestyle for our members. We have members who have lived at Polo for 25-30 years and the last thing we want is for them to lose interest. Golf and tennis will always be our focal points but we're adding amenities and services for those members who don't participate in those sports, or no longer can. We want to have something for everyone, and those efforts have been reflected in our expanded social calendar featuring a wide variety of entertainment events.

Name the top three elements or practices that have been absolutely critical in the success of your business?

Our success can all be attributed back to innovation. We've been innovative in our membership structure to offer incoming members flexibility that had previously been unprecedented in our area. We've been innovative in our offerings, specifically in our cultural and social calendars that feature events unlike any other club. And we've been innovative in our design, keeping our club fresh and modern in an otherwise aging industry.

Within the context of your current marketing/promotional strategy, how do you differentiate your company from your competitors?

We have recently shifted the majority of our marketing ad spend to various

WHO AM I?

NAME: Brett Morris
TITLE AND COMPANY: GM/COO, The Polo Club
YEARS WITH THE COMPANY: 5 ½
YEARS IN SOUTH FLORIDA: 5 ½
NATURE OF BUSINESS: Country Club
EDUCATION: Culinary Institute of America, Hyde Park, N.Y.
HOMETOWN: Wyckoff, N.J.

digital outlets and away from the print ads that have generally been commonplace in the club industry. By moving to digital, we have given ourselves the ability to make changes more frequently to adjust to the marketplace and the ability to track our successes and failures more accurately.

What will you base your success on for 2018?

Our success will always be dictated by the happiness of our members. Our ultimate goal is to offer them the best experience and service that we can possibly offer, and our ability to continue to raise the bar for our members is the ultimate barometer of our success. From a business standpoint, we grade ourselves on home sales and the member experience on a year-to-year-basis.

How is social media impacting your industry or business this year? What's in store for 2018?

Social media has changed the way we communicate with both our existing members and the outside world. We began advertising on social media channels in 2016 and have had success with that campaign and are increasing those efforts for next year. From an internal standpoint, however, we are really beginning to grow as a club. Social media channels allow us to communicate with our members more efficiently, informing them of our offerings and allowing them to interact with the club in various ways. We are also instituting some educational programs to help inform our membership of how to effectively use these channels to stay up-to-date with the club's offerings and programs.

Facebook? Twitter? Etc....

Facebook has been our most widely-used social media channel to date, but our biggest growth potential in 2018 is on Instagram. We have recently increased the activity of our Instagram account from the club side and have created a club-wide hashtag for members to use when they post pictures from club activities. The visual medium that Instagram provides pairs perfectly with the beautiful vistas that reside throughout our club, making it a natural fit for member interaction.

How are you using technology to improve your business?

Technology plays an integral part in our ability to provide five-star customer service to our members. On the back-end, we use technology to maintain efficiency and effectiveness for providing services to our members. On the member-side, we use it to improve communication and interaction. We have an app that allows our members to make reservations, book tee times and massages, and control their gate security, putting the technology in their hands.

What do you truly love about working here in Palm Beach County?

Being near the ocean with year-round warmth creates a relaxed atmosphere with a nautical feel that I enjoy, as do our members.

How do you find inspiration in today's business climate?

The inspiration for me is constantly staying fresh and new in a cyclical industry. It would be easy for us to just repeat our seasonal calendar, consistently offering the same programs annually. But our inspiration comes from avoiding doing the "same old thing" year after year. Some of our members have lived at Polo for close to 30 years. It's our job to make sure they want to stay and to give them new offerings, amenities and programming to keep our community fresh. My inspiration comes from that challenge of making things feel new year after year. ■



Brett Morris



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Jennifer Nicholson, ARNP

Nurse practitioner, Youthful Balance Medical Center
 Keeping costs low and exceeding patient expectations

What is the most significant change you've seen in your industry over the last year?

People are becoming increasingly aware of their health, wellness and habits. They are more proactive regarding their health and appearance. Patients are seeking more active, healthy and youthful lifestyles. This is the root of Youthful Balance Medical Center.

Name the top three elements or practices that have been absolutely critical in the success of your business?

Teamwork, innovation, listening to the patient's needs

What are things you'd like to change about your industry now?

Wait times for appointments. My office staff and I pride ourselves on zero to little wait times for an appointment. We promptly get appointments scheduled to best accommodate your schedule, then once it's the appointment time there is rarely any waiting to get started. A common complaint that we frequently hear is that patients wait excessively at other offices. We also take great pride in the time and listening ear that we give each and every patient.

Within the context of your current marketing/promotional strategy, how do you differentiate your company from your competitors?

We keep our cost for services comparable, if not below, our competitors. While still exceeding patient expectations and results. The heart of our business success lies in its marketing, of which our patient success stories are the most profound advertisements.

What's your superpower?

Aesthetics! My staff and patients regularly call me the "sculptor." I truly enjoy doing procedures and seeing transformations in a patient's appearance.

What will you base your success on for 2018?

Referrals, teamwork and continuing to touch patients' lives.

WHO AM I?

NAME: Jennifer Nicholson, ARNP
TITLE AND COMPANY: Nurse practitioner, Youthful Balance Medical Center
YEARS WITH THE COMPANY: 4
YEARS IN SOUTH FLORIDA: 33
NATURE OF BUSINESS: Medical, age management, wellness, weight loss and aesthetic practice
EDUCATION: Master's of science in nursing. Board certified advanced registered nurse practitioner
HOMETOWN: Pembroke Pines

How do you find inspiration in today's business climate?

Innovation is often associated with changing technology or the implementation of a new solution.

In today's constantly changing business environment, you can't afford to only do what you've always done. At Youthful Balance Medical Center, we believe change is necessary in order to thrive. The world we are operating in is changing, starting with what our customers want.

In order to stay inspired and survive in this climate, it takes a lot of forward-thinking to grow a business, and innovation is important.

Our keys to success are continued learning, staying current, communicating and brainstorming, engaging with our patients and remaining determined and creative.

How are you growing and developing your employee skills?

In a world of rapid change and continuing aggressive competition, you must practice continuous improvement in every area of your business and personal life. If you're not getting better, you're getting worse. Business coaching is an easy way to continuously improve yourself, your business, and your life. ■

How are you growing and developing your employee skills?

Continuously staying abreast on the latest and most innovative hormone, weight and aesthetic treatments. Regular advanced training courses, seminars and engaging in up to date literature.

What wise words would you tell young people entering the work force today?

Choose a career that you will find passion in. This can be done by shadowing a professional and getting hands on experience. Take the time and effort to truly educate yourself. Your career selection is important, as it will be your life.

In life, work and business, you will always be rewarded in direct proportion to the value of your contribution to others, as they see it. The focus on outward contribution, to your company, your customers, and your community, is the central requirement for you to become an ever more valuable person, in every area.



Jennifer Nicholson, ARNP



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Irving P. Seldin, J.D.

President and Owner, Visiting Angels

Showing Respect for Caregivers, Clients and Families

What is the most significant change you've seen in your industry over the last year?

Palm Beach County instituted a new licensing requirement for home health aides to combat elder abuse and financial fraud against the vulnerable. Unfortunately, a county ID badge merely indicates that the home caregiver has undergone an FBI fingerprint based check and is not disqualified from working due to certain criminal adjudications. We have always insisted on a more rigorous national and state criminal background check for each employee. Safety of the client is first and foremost. Many private caregivers do not have proper credentials, or cannot pass a criminal background check.

What improvements, innovations or changes do you foresee in your industry?

Technology has already had an impact on efficiency and quality in operations through scheduling software, electronic reminders and mobile communications. Technology in clients' homes continues to improve and expand. Today it is rare to find a frail older person who does not already have an emergency call device! Over the next few years, we will see home-based systems integrated with sensors that monitor patterns of behavior and send alerts when there is departure. If Mom doesn't open the medicine cabinet or the refrigerator door for a specified period, the system would send an alert to our office or to a family member so someone can check on her. Google and Amazon will make use of voice recognition technology to enable home bound people to connect with the outside world and do things like order groceries without the need to learn any technology. Other developments ahead with benefits for seniors include telemedicine and self-driving vehicles.

Name the top three elements or practices that have been absolutely critical in the success of your business?

Number 1: Respect. Number 2: Respect. Number 3: Respect. For our caregivers, for our clients, and for our client families. We insist that everyone within our organization treat these three groups with respect. Too often, caregivers in South Florida are treated poorly instead of respected as skilled, compassionate and dedicated professionals.

WHO AM I?

NAME: Irving P. Seldin, J.D.
TITLE AND COMPANY: President and Owner, Visiting Angels
YEARS WITH THE COMPANY: 7
YEARS IN SOUTH FLORIDA: 19
NATURE OF BUSINESS: Private duty home care, home health agency
EDUCATION: BA: University of Pittsburgh, MA: University of Michigan, JD: University of Michigan Law School
HOMETOWN: Palm Beach Gardens

We respect our employees and they in turn treat our clients and their families respectfully. That is one approach that differentiates us from many of our competitors. We respect what our clients are going through, and how important it is for them to maintain a sense of independence and self-esteem, and how hard it is to admit that they need help. We respect the families of our clients for their commitment to give their loved ones the support they need. It is hard to entrust the care of your parent or spouse to someone else, and we recognize the emotions that carries.

What's your superpower?

The ability to see things through the eyes of others. I understand the stress that many family caregivers experience and how important protecting their parents or spouses is to them. I've been there myself. I understand how helpless and threatened a person feels when they have to rely on others for help with even the most basic everyday needs. I understand the challenges our caregivers face every day in caring for our clients.

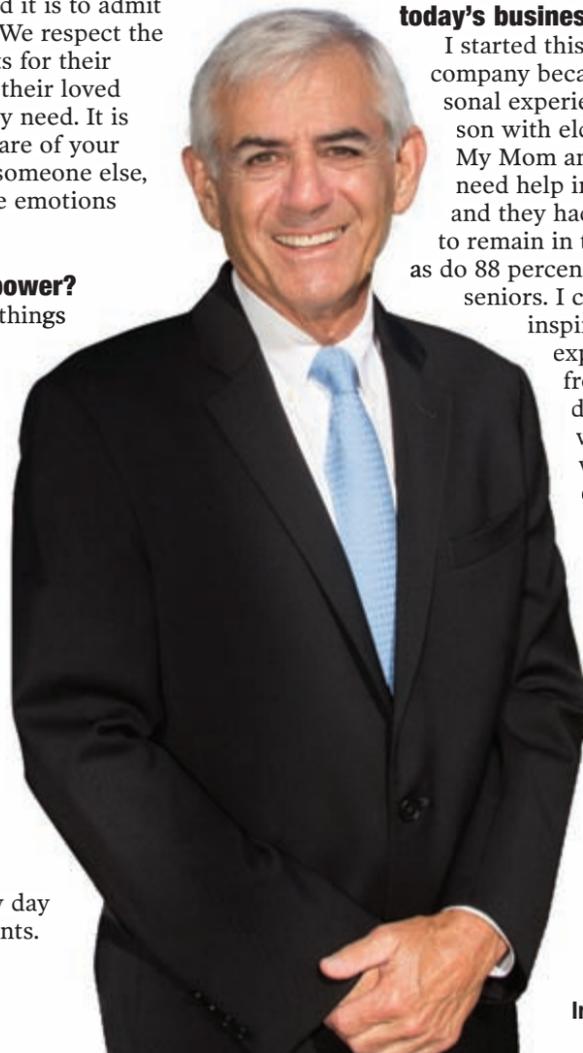
And I understand why it is important to the professionals that refer clients to us that we do a consistently excellent job: their own credibility and reputation is at stake.

How are you growing and developing your employee skills?

We have already begun rolling out multiple education modules that range from understanding Alzheimer's and Parkinson's, to safe transfer and hands-on care techniques. We are also implementing a Mentorship Program under which our most experienced and talented caregivers can help guide newer caregivers. One of my favorite educational topics is learning how to work with Holocaust survivors by understanding the special challenges they face. We are working with Alpert Jewish Family & Children's Services on this initiative and our caregivers are attending their excellent Honoring Life training program.

How do you find inspiration in today's business climate?

I started this home health company because of my personal experience as an adult son with elderly parents. My Mom and Dad started to need help in their mid-80s, and they had a strong desire to remain in their own home, as do 88 percent of today's seniors. I continue to draw inspiration from that experience, and from helping hundreds of families who are dealing with similar circumstances. ■



Irving P. Seldin, J.D.

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Ramón Tebar

Artistic and music director, Palm Beach Symphony
Strengthening people's passion for classical music

What is the most significant change you've seen in your industry over the last year?

As a musical organization, we don't have a tangible product. We deal with the art of sounds. In our music world, it takes years to absorb certain innovations. And because there is concern that arts audiences are aging, many arts organizations focus on attracting younger audiences. For us, that means new formats of concert and education and outreach programs that bring us into schools to add something extra to the academic curriculum. Unfortunately, music education has been abandoned in most schools, not only in the United States but worldwide, making it difficult to attract younger audiences. Our education programs help cultivate young musicians from an early age so we can keep classical music alive for many years.

How are you using technology and other innovations to build your audience?

Our approach to captivating new audiences includes changing the format of the traditional concert, using projections and modern techniques to combine music with visual art, and using mobile devices to enhance the concert experience. Our upcoming season has many mixed-media enhancements, including the use of video and rich imagery. We are also using social media to engage globally. And for the first time, we will be livestreaming one of our masterworks concerts.

Name the top three elements that are critical to the success of your business?

The quality of our programming is most important. Our music selections are bold and adventurous. You see this reflected in our choice to end last season with Mahler's Fifth Symphony, a piece that had never been performed in South Florida, and received resounding praise. We also have a strong governing board that nurtures our artistic growth while giving us a solid operational foundation. Finally, we have a wonderful base of donors who support

WHO AM I?

NAME: Ramón Tebar

TITLE AND COMPANY: Artistic and music director, Palm Beach Symphony

YEARS WITH THE COMPANY: 10

NATURE OF BUSINESS: Music

EDUCATION: Graduated with honors from Conservatorio Superior de Musica "Joaquin Rodrigo" de Valencia

HOMETOWN: Valencia, Spain

our mission in many ways. We rely on their support each season to keep us on a path for growth and success.

What would you like to change about your business?

I'd like to see even more experimentation in the format of concert programming and more new works. Not just contemporary works but also more unknown works from the past; music that is less played or never played by certain orchestras.

How do you differentiate your company from your competitors?

We are the only professional symphony orchestra in Palm Beach County. From humble beginnings, we have become a world-class orchestra of highly skilled musicians. We have great respect for our 44-year history, but we are motivated to keep growing to fulfill the needs of our expanding audience. This year we've added a chamber music series and more social events for members, and we're growing a new group of classical music lovers through our Young Friends of the Palm Beach Symphony.

What's your superpower?

My superpower is delivering first-rate quality in performing our repertoire. We have without any doubt the best group of musicians in all of South Florida. We perform in a variety of different venues, which makes us a very flexible

orchestra capable of performing wide ranging repertoires of different styles, using varying orchestra sizes, and tailoring each one to the individual audience and venue. This allows us to give a unique and memorable concert experience every time we play.

What will you base your success on for the 2017/18 season?

If we attract new audiences to our symphonic concerts – whether masterworks or chamber concert or children's program – and if we strengthen people's passion for classical music or even inspire new classical music lovers, then I will consider this season a success!

How are you recruiting new talent into your organization?

We have new talent every season, from young soloists to experienced artists. This season, we have more guest artists than ever before, including two brilliant guest conductors, Albert-George Schram and Robert Moody. And we are very happy to welcome the young pianist Maxim Lando as a guest soloist.

What do you truly love about working in Palm Beach County?

The dynamism that exists here is wonderful. I am very energized by imagining the limitless musical possibility that comes with performing in this county's wonderful variety of venues.

How do you find inspiration in your work?

Reading about what is going on in the music world, reading literature, visiting museums, going to concerts, listening to music non-stop, and studying arts constantly.

What wise words would you tell young people entering the work force today?

Follow your vocation and keep it alive with passion. ■



Maestro Ramón Tebar

PALM BEACH SYMPHONY
2017/18 SEASON

RAMÓN TEBAR
Artistic & Music Director

MASTERWORKS

SEVEN WONDERS
THE SOCIETY OF THE FOUR ARTS | December 6

ELECTRIFYING DISCOVERIES
BENJAMIN HALL | January 17

JOURNEY FROM GERMANY TO SCOTLAND
THE BREAKERS PALM BEACH | February 19

THE GLORY OF BAROQUE
CHURCH OF BETHESDA-BY-THE SEA | March 12

ROMANTIC REFLECTIONS
KRAVIS CENTER | April 17

CHAMBER MUSIC

PLAYING STILL
PALM BEACH DAY ACADEMY | January 10

TREASURES OF THE SPANISH PROVIDENCIA
HISTORICAL SOCIETY OF PALM BEACH COUNTY | February 7

BERNSTEIN & CO.
HARRIET HIMMEL THEATRE | March 21



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Elijah j. Watlington

Osher Lifelong Learning Institute Florida Atlantic University
Striving to make lifelong learning more accessible

What is the most significant change you've seen in your industry over the last year?

One significant change that has occurred over the past year in the field of lifelong learning is the plethora of scientific studies that suggest that a healthy mix of both physical and intellectual activity as we age helps us maintain our overall well-being. Engaging in lifelong learning education stimulates our brains and keeps our most important assets sharp.

What improvements, innovations or changes do you foresee in your industry?

Lifelong learning education courses are becoming more accessible to individuals who cannot leave their home to attend a college or university that provides the programs. Online courses are now more popular and offer the same benefits for adults who are going into a classroom. This improvement in the access of education is a great option for those who have mobility issues, lack of transportation or live in a rural community.

WHO AM I?

NAME: Elijah j. Watlington
TITLE AND COMPANY: Associate provost and interim executive director of Osher LLI at Jupiter
YEARS WITH THE COMPANY: 23
YEARS IN SOUTH FLORIDA: 23
NATURE OF BUSINESS: Education
EDUCATION: University of Virginia master's and doctorate (majored in curriculum and instruction and educational leadership)

How are you responding to changes in the local economy?

The Osher Lifelong Learning Institute acknowledges that some of our members may be on a fixed budget, and we want to make sure that we offer the opportunity to participate in our program. This program offers affordable one-time lectures and four-, six-

and eight-week courses. There is an annual membership fee of \$60, but you do not need to be a member to participate in our program. A one-time lecture for a member will cost \$25 and \$35 for a non-member. A four-week course will cost \$40 for members and \$60 for non-members. A six-week course will cost \$60 for members and \$85 for non-members and an eight-week course will cost \$80 for members and \$110 for non-members.

Name the top three elements or practices that have been absolutely critical in the success of your business?

One of the most critical elements of the program are the students who participate and support our lectures and courses because our program is self-supported financially and receives no state appropriation or budgetary support. The second critical element is the outstanding faculty that teaches for our program. Our professors provide university-level courses that broaden our students' understanding of diverse cultural, societal, scientific and global issues. The third element that is critical to the success of the program would be the support of FAU, which allows us to reach out to our local community of learners providing a diverse and enriching education.

Within the context of your current marketing/promotional strategy, how do you differentiate your company from your competitors?

Our program focuses on providing a liberal arts based education. We have very few "how-to" lectures and courses. The faculty that teaches for our program dedicates an exceptional amount of time to provide quality programs for our students. Our program gives individuals the opportunity to go back to school and get a university level education without the stress of homework and exams.

How is social media impacting your industry or business this year? What's in store for 2018?

Social media is a remarkable tool for keeping in touch, especially for seniors who keep in touch with kids, grandkids and sometimes even great grandkids. Social networks enable individuals to view videos, read blog posts, share pictures and have conversations with people. The use of video streaming will be the norm in the next few years for lifelong learning education. Seasoned adults are now better able to keep up with emerging technologies and can utilize a variety of devices to learn.

What do you truly love about working here in Palm Beach County?

There is so much to love about working in Palm Beach North. I have been with FAU for some time in various roles and each role included working on the John D. MacArthur Campus in Jupiter. This work is very fulfilling and the Jupiter campus is unique. We offer programs of study from five of FAU's ten colleges. We have stellar faculty who share their expertise in their field of research and we have the Osher Lifelong Learning Institute that offers courses and one-time presentations that you can't help but get excited about. I believe that each of us is a learner for life and here I can work and plan for the time I will be a full-time LLI student.

What wise words would you tell young people entering the work force today?

I would encourage them to:

- Obtain all the education they can find to support their career
- Know what you are passionate about and try to connect your work to that area.
- Find a mentor who will help you network and provide a place you can safely assess your progress.
- Carefully examine work offers and look for a work team you can value and enjoy. ■



Elijah j. Watlington

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