

PALM BEACH GARDENS & JUPITER

FLORIDA WEEKLY®

IN THE KNOW. IN THE NOW.

WEEK OF APRIL 20-26, 2017

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6.6 million domestic visitors | **739,000** international visitors | **4.4** million hotel room nights sold | **7** % increase in tourism

Easter is over and Passover has passed, signaling the end of winter season.
So how did businesses fare?



COURTESY PHOTO

Having a president who considers Palm Beach a part-time home is a good thing, say business leaders on the island.



DISCOVER THE PALM BEACHES

Clematis Street remains a popular draw for tourists and locals alike in West Palm Beach.

SEE SEASONED, A13 ►

BY MARY THURWACHTER

mthurwachter@floridaweekly.com

IT'S THAT TIME OF YEAR AGAIN — THE end of another busy season. Winter visitors are heading north, crowds at restaurants and stores are thinning and traffic is becoming a bit less congested. By all accounts, it has been a good season for the tourist industry and other business and nonprofits that feed off the fattened-up seasonal population.

"We had a historic number of visitors come to The Palm Beaches during

Area groups celebrate Earth Day

SPECIAL TO FLORIDA WEEKLY

Earth Day brings an opportunity to reflect on the planet and ways in which we can protect it. It's also a day of celebration.

At Loggerhead Marineline Center, the day includes Earth-friendly activities for all ages 10 a.m. to 4 p.m. April 22.

One of the activities is the Great American Clean-up, from 9 to 11 a.m., during which participants will help clean neighboring natural areas.

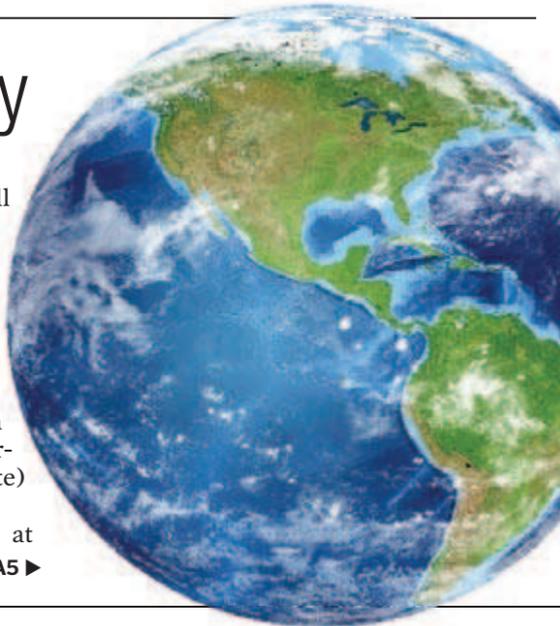
LMC staff and volunteers also will install educational signage throughout the coastal natural area north of the center, in

the Juno Dunes Natural Area.

The Earth Day Celebration also will offer free Turtle Yard tours, morning Hammock Hikes and a composting presentation, highlighting the science of decomposition and tips on living sustainably and growing a garden.

Visitors also can participate in a planting activity, with provided tools and resources to take their very own seedling home — including strawberries, green peppers (a sea turtle favorite) and green beans.

Loggerhead Marineline Center is at
 SEE EARTH, A5 ►



BBQ coming to mall

PA BBQ's Dean Lavallee says he will open in former Counter space. **B19 ►**



Shattering notions

Boca Museum's 'Glasstress' offers take on glass art. **B1 ►**



Kick up your heels!

'Kinky Boots' is rocking the Kravis Center. **B1 ►**



Carol's Corner

Carol Saunders covers society and cultural events. **B2 ►**

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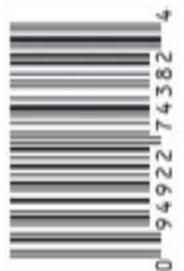
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Palm Beach Gardens Medical Center **ER** SETTING THE GOLD STANDARD IN EMERGENCY CARE IN THE HEART OF OUR COMMUNITY 561.625.5070 for a physician referral



COMMENTARY

Stand your ground



Lawmakers in Tallahassee are half-way through the 60-day legislative session. The state's annual business agenda is supposed to be completed by May 5, but don't count on it. The House and Senate have not yet reached agreement on major legislative proposals pending; and the deadline is fast approaching to get the state's future year budget approved. The final spending plan is jointly negotiated between the two chambers and must be blessed and signed by the governor before the beginning of the state's fiscal year on July 1.

The annual rite of passing a balanced state budget is the one compulsory responsibility our legislature is bound by law to perform. Last year, they didn't get it done during the regular session. The negotiations between the chambers to reach a compromise blew up. A \$4 billion disagreement soured the deal. Lawmakers in the House bitterly opposed the idea of funding Medicaid expansion. They threw a hissy-fit and adjourned without so much as a fare-thee-well to the Senate.

The impasse forced the governor's intercession and a special session to resolve the incomplete. The annual budget got done, but not without the taint of bad behavior flavoring the result. The only thing worse

than a disgruntled legislator is an ingrown toenail. They made everybody suffer.

Medicaid expansion died for good, its demise a casualty of the infighting. Hundreds of thousands of poor and low-income Floridians were left to seek last-resort medical care in the emergency rooms of charity hospitals. Billions in federal revenue to subsidize Medicaid were turned away. The beneficiary most profiting from the lawmakers' debacle was the Grim Reaper. He now collects his due from among the state's most medically vulnerable citizens.

Optimism is in short supply things will go more smoothly this time. Although the amount of revenue on the table remains roughly the same, about \$80 billion, there is a \$2 billion chasm yawning between the House and Senate versions of the budgets proposed. Everyone, including the governor, wants it their way or the highway.

Bones of contention include reductions in state spending to promote tourism and down-sizing the millions in tax-funded subsidies paid to private businesses, the construction of a reservoir to curb and clean the Lake Okeechobee discharges creating havoc on South Florida's Gulf and the Atlantic coasts, reforms to Florida's higher education system and bills to proliferate guns in ever-more public spaces.

There also is talk of abolishing "home rule," so the state can preempt local governments from regulating issues in their own backyards and there is a bill drafted with the assistance of Florida Power & Light that allows it to charge ratepayers for

speculative energy ventures in Oklahoma. If approved, it conveniently reverses a prior ruling by Florida's Public Service Commission that nixed the idea.

Among the bad ideas, first prize goes to a proposal to amend the infamous "stand your ground" law, so people accused of murderous intentions have "more leeway to claim self-defense and immunity." It shifts the burden of proof from shooters to the people shot and left either dead or alive.

It gets worse: When it comes to protecting and conserving the state's environment, never has a state been so ill-served as is Florida by its own state Legislature.

It's been two decades since Florida first got serious about the environment. It started by funding programs to enable the state to purchase, conserve and protect in perpetuity Florida's most environmentally sensitive lands and water resources. Florida Forever, established in 2000, received \$300 million annually for its first nine years.

Along came the Great Recession. The program took a hit. Its funding plummeted to zero. Yet, despite Florida's economy re-bounding, the Legislature continued to starve the program.

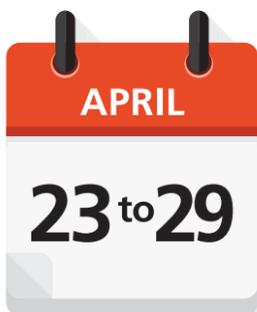
By 2014, Floridians voters had had enough. They approved by a 75 percent margin Amendment One to the state's Constitution. It confronts the state Legislature's hostility and challenges its parsimony toward the program's goals, establishing a state-funded war chest for land acquisition and water conservation. The

resources come from an existing source of revenue generated by the documentary stamp tax. It will generate about \$10 billion in revenue over the next 20 years.

Lawmakers are brazenly ignoring the people's mandate, instead budgeting and allocating the revenue for purposes inconsistent with the law. The misappropriations produce "savings" in general revenue to otherwise spend on a porker's wish list. The cheat is nothing short of robbery of Amendment One money by legislative misappropriation. Once upon a time, lawmakers might have been tarred and feathered for such an egregious abuse of power. But alas, civil society has intervened.

At last word, the Legislature proposes to cut the budget of the Department of Environmental Protection by more than 25 percent and completely ax funding for Florida Forever. It's an affront that demands a voter's reply. No one is more entitled to defend Florida's environment from the duplicity and avarice of its own lawmakers than Amendment One supporters. It's time to stand your ground. ■

— Leslie Lilly is a native Floridian whose professional career spans more than 25 years leading major philanthropic institutions in the South and Appalachia. She writes frequently on issues of politics, public policy, and philanthropy, earning national recognition for her leadership in the charitable sector. She resides with her family and pugs in Jupiter. Email her at llilly@floridaweekly.com and read past blog posts on Tumblr at llilly15.Tumblr.com.



Celebrating National Healthcare Volunteer Week

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Palm Beach Gardens Medical Center



MAY

COMMUNITY EVENTS & LECTURES



Don't Live in Pain Another Day

James S. Starman, MD
Orthopedic Surgeon

Thursday, May 4 @ 6-7pm

Palm Beach Gardens Medical Center | Classroom 4

Bone and joint pain can derail your life. Join Dr. James S. Starman, an orthopedic surgeon on the medical staff at Palm Beach Gardens Medical Center, for an educational lecture on osteoporosis and your treatment options available at the hospital.

*Light dinner and refreshments will be served
Please call 855.387.5864 to make a reservation*

Mended Hearts Program

Tuesday, May 9 @ 6:00-7pm

Palm Beach Gardens Medical Center | Classroom 4

PBGMC is teaming up with The Mended Hearts Program to provide support for heart disease patients and their families. Members will be able to interact with others through local chapter meetings and special events. A small fee* will be collected by the Mended Hearts Program for local member registration. *\$5/year collected solely by the Mended Hearts Program to provide edu. materials for members.

Please call 855.387.5864 to make a reservation

Hands-Only Adult CPR Class

Tuesday, May 16 @ 6:30-7pm

Palm Beach Gardens Fire Rescue | Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. Palm Beach Gardens Medical Center has teamed up with Palm Beach Gardens Fire Rescue to provide free monthly CPR classes for the community. Classes will be held at Fire Station 1. Local EMS will give a hands-only, adult CPR demonstration and go over Automated External Defibrillator (AED) use. Participants will have the opportunity to practice their new skills using CPR manikins.

Please call 855.387.5864 to make a reservation

Community Chair Yoga Class

Wednesday, May 17 @ 6-7pm

Palm Beach Gardens Medical Center | Classroom 4

PBGMC now offers a FREE chair yoga class. The class will be taught by the assistant nurse manager of cardiac rehab, Sara Chambers, who is also a certified yoga instructor. Using the same techniques as traditional yoga, the class is modified to allow for gentle stretching and is designed to help improve strength and balance.

Please call 855.387.5864 to make a reservation

Smoking Cessation Classes

PBGMC (3360 Burns Road, PBG FL 33410) | Classroom 3

Palm Beach Gardens Medical Center is teaming up with The Area Health Education Center to provide education on the health effects related to tobacco use, the benefits of quitting and what to expect when quitting. A trained Tobacco Cessation Specialist guides participants as they identify triggers and withdrawal symptoms and brainstorms ways to cope with them.

The class is delivered over six, one-hour sessions, from 5:30-6:30 p.m.

- Wednesday, April 26th
- Wednesday, May 17th
- Wednesday, May 3rd
- Wednesday, May 24th
- Wednesday, May 10th
- Wednesday, May 31st

Please call 855.387.5864 to make a reservation

Stroke – Panel of Experts Presentation

Thursday, May 18 @ 6-8pm

City of Palm Beach Gardens Council Chambers | 10500 N. Military Trail

In honor of Stroke Awareness Month, we are teaming up with St. Mary's Medical Center and Palm Beach Gardens Fire Rescue to offer free stroke risk assessments and a panel of experts presentation with a local stroke survivor. The event will be held at the Palm Beach Gardens Council Chambers, and there will be a question-and-answer session following the presentation.

Ali Malek, MD – Medical Director, SMMC Comprehensive Stroke Center and Neurointerventional Program

Dr. Arun Talkad, MD – Medical Director, PBGMC Primary Stroke Center

Chief Cory Bessette – PBG Fire Rescue Division Chief of EMS

*Light refreshments will be served.
Please call (877) 470-3928 to make a reservation*

FREE COMMUNITY SCREENINGS

Heart Attack Risk Assessment

(blood pressure, BMI, glucose and cholesterol)

Wednesday, May 10 @ 8-11am | Classroom 3

Osteoporosis Screenings

Thursday, May 18 @ 9am-1pm | Outpatient Entrance

*All screenings held at: Palm Beach Gardens Medical Center
3360 Burns Road*

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FLORIDA WEEKLY
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OPINION

Donald Trump, Jeff Sessions and the unleashing of police power

BY AMY GOODMAN
AND DENIS MOYNIHAN

As the world focuses on state violence from Syria to Iraq to Yemen to North Korea, the groundwork is being laid in the United States for unchecked state violence here at home. Donald Trump is making good on at least one

of his many campaign promises: promoting unfettered police power. His point person on these goals, Attorney General Jeff Sessions, is leading the Justice Department through a tectonic shift, abandoning Obama-era efforts to protect civil and voting rights, threatening more deportations and resuscitating the decades-old, failed "War on Drugs."

This week, Sessions told the International Association of Chiefs of Police, "Unfortunately, in recent years ... law enforcement as a whole has been unfairly maligned and blamed for the crimes and unacceptable deeds of a few bad actors." Sherrilyn Ifill, president and director-counsel of the NAACP Legal Defense Fund, said on the "Democracy Now!" news hour, "What we see with Attorney General Jeff Sessions is an effort to basically take us back in time ... this is a person who's stuck in the '80s, and in some instances, stuck in the '50s."

Ifill continued, "It's a kind of a retro view of law enforcement and policing in which he's attempting to wipe out the last 30 years of progress in this country, to the extent that it's been made — the last four years, in particular, where we've really been focused on the issue of policing reform."

Much of the recent efforts emanate



GOODMAN

from the summer of civil unrest in Ferguson, Missouri, in 2014. There, on Aug. 9, an unarmed African-American teenager, Michael Brown, was shot dead by Ferguson police officer Darren Wilson, sparking months of protest. By March 2016, the city of Ferguson and the Justice Department, then under Attorney General Loretta Lynch, entered into a consent decree "with the shared recognition that the ability of a police department to protect the community it serves is only as strong as the relationship it has with that community."

Before long, right-wing groups like The Heritage Foundation began referring to "The Ferguson Effect," claiming that consent decrees or any other type of judicial or civilian oversight of police actually increases crime by tying the hands of law enforcement. This argument has no basis in fact, but, like many of the policies being pursued by the Trump administration, now appears to be guiding official policy.

After the death of another young African-American man, Freddie Gray, who suffered serious spinal-cord injuries while in Baltimore police custody in April 2015, more civil unrest and protest led to another consent decree. Sessions attempted to delay implementation of that agreement, but last week a federal judge dismissed the motion. In a March 31 memorandum, Sessions instructed the Justice Department to review all "existing or contemplated consent decrees," signaling his intention to undermine the more than 100 such accords agreed to under the Obama administration.

"The statute that governs these investigations and consent decrees ... the Law Enforcement Misconduct Statute, 42 U.S.C. 14141 ... was enacted as part of the 1994 crime bill as a result of the Rodney

King assault and the acquittal of those officers in the first trial," Ifill explained. "[It] authorizes the attorney general to investigate unconstitutional policing, to engage in these consent decrees. To the extent that he [Sessions] is a law-and-order attorney general, this is a law he's willing to completely ignore."

Norm Stamper knows a thing or two about policing. A 34-year veteran officer, the former Seattle police chief is author of the book "To Protect and Serve: How to Fix America's Police." The Seattle Police Department is under a consent decree, and Stamper says it has done wonders to improve the situation there: "There's been a 60 percent reduction in use of force by Seattle police officers. There has been a dramatic decrease in the use of firearms, Tasers and batons."

Here is the kicker: "Police officers themselves, through the president of the Police Officers' Guild, are saying, 'We're grateful that we're at this stage of our progress.' The crime rate has continued to go down. Officer injuries are either flat or dropping. So there's been no so-called Ferguson effect or de-policing." About Sessions, Stamper says: "He's clearly in lockstep with his boss. ... He is clearly an apologist for the worst kind of policing in this country."

Longtime civil-rights attorney Sherrilyn Ifill sums up, "This is what Attorney General Sessions will unleash ... if we are not vigilant and resistant." ■

— Amy Goodman is the host of "Democracy Now!," a daily international TV/radio news hour airing on more than 1,400 stations. She is the co-author, with Denis Moynihan and David Goodman, of the newly published New York Times best-seller "Democracy Now!: 20 Years Covering the Movements Changing America."

The Russian stooge



richLOWRY

Special to Florida Weekly

The circumstantial evidence is mounting that the Kremlin succeeded in infiltrating the U.S. government at the highest levels.

How else to explain a newly elected president looking the other way after an act of Russian aggression? Agreeing to a farcically one-sided nuclear deal? Mercilessly mocking the idea that Russia represents our foremost geopolitical foe? Accommodating the illicit nuclear ambitions of a Russian ally? Welcoming a Russian foothold in the Middle East? Refusing to provide arms to a sovereign country invaded by Russia? Diminishing our defenses and pursuing a Moscow-friendly policy of hostility to fossil fuels?

All of these items, of course, refer to things said or done by President Barack Obama. To take them in order: He reset with Russia shortly after its clash with Georgia in 2008. He concluded the New START agreement with Moscow that reduced our nuclear forces but not theirs. When candidate Mitt Romney

warned about Russia in the 2012 campaign, Obama rejected him as a Cold War relic. The president then went on to forge an agreement with Russia's ally Iran to allow it to preserve its nuclear program. During the red-line fiasco, he eagerly grasped a lifeline from Russia at the price of accepting its intervention in Syria. He never budged on giving Ukraine "lethal" weapons to defend itself from Russian attack. Finally, Obama cut U.S. defense spending and cracked down on fossil fuels, a policy that Russia welcomed since its economy is dependent on high oil prices.

Put all of this together, and it's impossible to conclude anything other than that Obama was a Russian stooge, and not out of any nefarious dealings, but out of his own naivete and weakness.

The cost of Obama's orientation toward Russia has now become clearer. When he pulled up short from enforcing his red line, an agreement with the Russians to remove Bashar Assad's chemical weapons became the fig leaf to cover his retreat. This deal was obviously deficient, but Obama officials used clever language to give the impression that it had removed all chemical weapons from Syria. Never mind that Assad still used chlorine gas to attack his population — exploiting a grievous loophole — and

that evidence piled up that Assad was cheating more broadly.

The Russians eagerly covered for Assad because he's their client. What was the Obama administration's excuse? It effectively made itself a liar for the Russians at the same time Moscow bolstered the Assad regime we said had to go, smashed the moderate opposition we were trying to create and sent a destabilizing refugee flow into Europe.

With his secretary of state and U.N. ambassador hitting Russia hard over the Assad gas attack and Trump's strike challenging Russia's position, the administration looks to be adopting a hard-headed attitude without bothering with a doomed reset first.

Even if Obama eventually got tougher on Russia — imposing sanctions after the Ukraine invasion and sending contingents of U.S. troops to countries near Russia — he never entirely shed his reflex toward accommodation. No matter what conspiracy theorists might say, there's nothing to suggest anything untoward about Obama's relationship with Russia. But based on the record alone, you might have suspicions. ■

— Rich Lowry is editor of the National Review.

EARTH

From page 1

14200 U.S. 1, Juno Beach (just north of Donald Ross Road). For more information on LMC's Earth Day Celebration, call 627-8280 or visit its Facebook page.

Even malls are thinking about the environment.

The Gardens Mall Kids Club will host an Earth Day Celebration from 10:30 a.m. to 12:30 p.m. April 22 in Nordstrom Court. Activities will include arts and crafts, story time, kids yoga, games, Recycle Bingo, and refreshments. Nespresso also will have a table for a little pick-me-up for parents. Not a member of the Kid's Club? Register at www.thegardensmall.com/thegardensmall-kidsclub.

In West Palm Beach, you can celebrate Earth Day at the Ann Norton Sculpture Gardens from 11 a.m. to 5 p.m. April 22. Lectures, panel presentations, interactive learning stations and garden tours are planned. The ANSG is partnering with Loggerhead Marinelife Center, Manatee Lagoon, the Rare Species Conservatory Foundation and the South Florida Science Museum for this event. The gardens are at 2051 Flagler Drive, West Palm Beach. Call 832-5328 or visit www.ansg.org.



In Lake Worth, Gray Mockingbird Community Garden will host a day that includes two stages of music and entertainment, a food court, indoor green presentations and a fashion show. There will be children's games with prizes, a kids' craft area, plus a fruit tree giveaway to city residents. There also will be Earth Ball games, a drum circle, a kids' music circle, parachute games, as well as yoga and tai-chi.

The event is 10 a.m.-6 p.m. April 22 at 2000 N. D St., Lake Worth. Info at 246-0148 or www.graymockingbird.org.

Also in Lake Worth, Clay Glass Metal Stone Gallery will give out free seedlings the day before Earth Day.

The co-op gallery will open its "It's Not Easy Being Green" on April. Plein air artists, conservationists and activists who want to save this planet will be exhibiting.

One hundred seedlings will be given out to the first 100 visitors to this show. The gallery is at 15 S. J St., Lake Worth. Info at www.flamingoclaystudio.org. ■

COMMENTARY

Stop – Don't touch that kitten! Tips for kitten season

Kitten season is about to start in South Florida and whether it's tomorrow or next week, there's a very good chance you'll discover a tiny newborn kitten outside. Her life depends on what you do next.

First, when you see newborn kittens, resist the urge to take them to a shelter. Kittens less than 4 weeks old have little chance of survival if separated from their mothers and taken to a shelter. In fact, cats and kittens are the most at-risk animals for euthanasia in Palm Beach County.

Most discoveries of newborn kittens don't call for human assistance. No intervention is generally best until kittens can eat on their own.

Before scooping them up, please remember the phrase "mother knows best."

The kittens' best chance for survival is staying with Mom. Newborn kittens need a mother's care and antibodies from her milk. The mother also will train her kittens as only a mother can.

Quietly observe from a distance to see if mother is present. She'll need to leave her litter for short periods of time to find food for herself. If the kittens are clean and sleeping in a heap, Mom's most likely out finding food.

Never interfere with the kittens or their space as long as the mother is around. Do not touch them. Do not create a shelter. Do not try to keep them warm. Do not feed them. This may stress her and she may abandon her family.

However, you can provide food and water. Place containers far enough away from the nest so you won't disturb Mom and kittens, or draw predators (raccoons) to the area. Keep dogs and children far away.

When the kittens are eating on their own, this is the time to act. If Mom is friendly and can be handled easily, it's best to take her and the kittens indoors until they are old enough (visit www.PeggyAdams.org to determine how to approximate age of kittens) to be spayed or neutered (so they can't have babies themselves) and then adopted into new homes.



If Mom isn't friendly, she needs to be trapped and spayed, but not now while she is caring for her babies. Contact us and together we'll make a plan for trapping Mom and her kittens. Once kittens eat on their own they can be safely separated from Mom. You can begin the socialization process in your home or find someone to adopt them. The mother can then be trapped, spayed, vaccinated and returned to her outdoor home.

Got cats? Learn more at www.PeggyAdams.org/found-kittens-resources or call: 686-3663
www.pbcgov.com/animal or call: 233-1200. ■

— Rich Anderson Executive Director/
CEO
Peggy Adams Animal Rescue League
of the Palm Beaches, Inc.

— Dianne Sauve, Director
Palm Beach County Animal Care and Control

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PET TALES

Achy brachy dogs

BY DR. MARTY BECKER AND
KIM CAMPBELL THORNTON

Andrews McMeel Syndication

If you live with a bulldog, French bulldog, pug or other brachycephalic breed, you're probably familiar with large veterinary bills related to breathing difficulties, eye injuries and nasty skin-fold infections. But you might be surprised to learn that those dogs are also more prone to common conditions that affect all dogs.

That was the finding of a research team at Nationwide after analyzing its database of 1.27 million dogs from 2007 to 2015. They looked at 184,748 dogs of 24 breeds identified as brachycephalic — meaning they had large heads, short snouts and protruding eyes — to determine whether those dogs were less healthy, as healthy or more healthy than dogs without those features.

When accidents, infectious diseases and conditions related to brachycephalic anatomy, such as elongated soft palate and a smaller-than-normal trachea, were removed from consideration, brachycephalic dogs were less healthy across the board. Ear infections, allergies, bladder infections and pneumonia were all found at higher rates in dogs with shortened faces.

"The relative disease rates for pneumonia are particularly noteworthy," the report states. The prevalence of pneumonia was twice as high in brachycephalic dogs — 1.6 percent compared to 0.77 percent in other dogs.



Bulldogs and other flat-faced breeds can have shorter, less healthy lives than other dogs.

Brachycephalic dogs also had greater rates of digestive issues (including their infamous flatulence), tooth extractions, hyperthermia (overheating), valvular heart disease, bacterial skin infections, anal gland problems, patellar luxation, intervertebral disc disease, corneal ulcers and conjunctivitis.

Which breeds fall into the brachycephalic category? The breeds mentioned above are no surprise, but the list also includes the affenpinscher, Boston terrier, boxer, Brussels griffon, cavalier King Charles spaniel, dogue de Bordeaux, Japanese chin, Lhasa apso, mastiff, bull mastiff, Neapolitan mastiff, Pyrenean mastiff, Tibetan mastiff, Spanish mas-

tiff, Pekingese and Shih Tzu.

Even before this information was announced at the 2017 North American Veterinary Conference in Orlando, Florida, veterinarians have been concerned about the health of brachycephalic dogs.

In a presentation at NAVC in 2016, veterinarian Philip A. Moses addressed the health-related welfare of flat-faced dogs. A study by Niels C. Pedersen published last July in the journal *Canine Genetics and Epidemiology* reported that loss of genetic diversity in the bulldog was pronounced in the region of the genome that contains many of the genes that regulate normal immune responses. And at an Aug. 6 session at the 2016 American Veterinary Medical Association conference in San Antonio, Dr. Gail Golab, AVMA's chief advocacy and public policy officer, noted that breeding dogs for extreme physical characteristics such as brachycephaly and wrinkled skin had led to a multitude of health issues.

What can be done?

Dr. Moses says that beyond treating individual dogs surgically to relieve their breathing difficulties, it's important for kennel clubs, breeders, owners and veterinarians to recognize and learn about the health problems in these dogs and how they can be improved through better breeding. He regularly speaks to breed clubs about the issues associated with their breeds, especially those with a genetic basis.

In the 2016 NAVC proceedings, he says: "For example, hemivertebrae is highly heritable and could be virtually removed from most of these breeds if radiographic screening was compulsory. I advise that all dogs should have good-quality spinal radiographs taken at 6 months of age, and any dog with any vertebral body abnormalities should be neutered."

He urges breeders to educate new puppy owners about the problems associated with their breeds. ■

Pets of the Week



>> **Leo** is a 6-year-old, 55-pound male mixed-breed dog that loves his toys and loves to please his humans.



>> **Shelly** is a 9-year-old female cat that enjoys being vocal with her humans.

To adopt or foster a pet

The Peggy Adams Animal Rescue League, Humane Society of the Palm Beaches, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at www.hspsb.org. For adoption information, call 686-6656.



>> **Kate** is a 6-year-old female tabby that is very friendly with people and other cats, and loves to play.



>> **Patches** (aka "Cry Baby") is a 5-year-old calico that is shy when she first meets people, but is very vocal and gets along well with other cats.

To adopt or foster a cat

Adopt A Cat is a free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment (call 848-4911, Option 3). For additional information, and photos of other adoptable cats, see www.adoptacatfoundation.org, or on Facebook, Adopt A Cat Foundation. For adoption information, call 848-4911, Option 3. ■



Your Pet's HEALTH

by Mark P. South, B.Sc., D.V.M.



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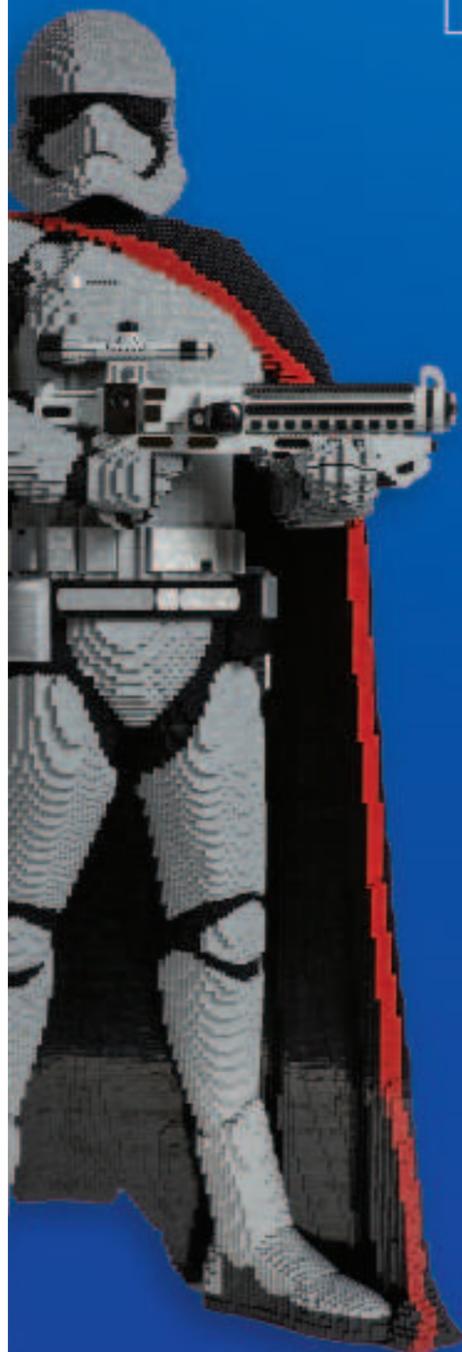
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Women to build Habitat home during National Women Build Week

Habitat for Humanity of Palm Beach County and the Marte family, future Habitat homeowners, will work alongside Lowe's volunteers and all-female construction crews May 6-14 for Habitat for Humanity's 10th annual National Women Build Week. Habitat's National Women Build Week invites women to devote at least one day to help build decent and affordable housing in their local communities.

More than 17,000 women, including Lowe's Heroes volunteers, are expected to volunteer at construction sites across the country as part of Habitat's 2017 National Women Build Week.

"We are proud to take part in a program that is powered by women, funded by women and empowers women. Participating groups represent Palm Beach County schools, corporations, civic groups and groups of families and friends," says Amy Brand, chief development officer of Habitat for Humanity of Palm Beach County.

At this year's home in the Coleman Park neighborhood of West Palm Beach, volunteers will work to build, paint and landscape the Marte home in anticipation of a Home Dedication in July. This is the fifth Women Build home to be undertaken by Habitat for Humanity of Palm Beach County.

"Through our partnership with Habitat and support of National Women Build Week, Lowe's empowers women to get involved in their communities, learn construction skills and make a meaningful impact," said James Frison, Lowe's director of community relations. "We're grateful to all the women in Palm Beach County who will volunteer this week to help build and repair decent and affordable housing."

Lowe's helped launch National Women Build Week in 2008 to empower women to advocate for affordable



COURTESY PHOTO

Kerry Colvett, Habitat for Humanity of Palm Beach County board member, works on a Habitat home.

housing and spotlight the homeownership challenges faced by many. Each year, Lowe's provides the support of their employee volunteers and Lowe's Heroes, and conducts how-to clinics at stores to teach volunteers construction skills so they can feel equipped to take part in the builds. Lowe's Heroes will be among more than 300 volunteers helping build decent, affordable housing in the Coleman Park neighborhood of West Palm Beach area as part of National Women Build Week.

Lowe's donated nearly \$2 million to this year's National Women Build Week, including a \$5,000 store gift card to Habitat for Humanity of Palm Beach County. Since 2003, Lowe's has committed more than \$63 million to Habitat's mission and helped more than 6,500 families improve their living conditions.

Habitat's first Women Build event was held in 1998. Since then, all-women construction crews have helped build more than 2,500 homes in partnership with families.

For more information on Habitat for Humanity's Women Build program and to learn about Women Build events in communities across the U.S. year-round, visit www.habitat.org/wb. ■

Rare plants up for bid at Mounts

Native plants are the gateway to sustainability. They protect the food web, attract butterflies and birds, conserve water, eliminate the need for harmful sprays and create an ecologically friendly and sustainable landscape.

The Palm Beach County Chapter of the Florida Native Plant Society is dedicated to promoting the preservation, conservation and restoration of native plants and native plant communities of Florida. The organization will host its 12th annual Rare and Unique Native Plant Auction from 7-9:30 p.m. Tuesday, May 16 at the Mounts Botanical Garden Auditorium in West Palm Beach. All proceeds will support the Florida Native Plant Society mission.

The 12th Annual Rare & Unique Native Plant Auction will feature Palm Beach

County resident Rufino Osorio, freelance writer, photographer and author of the cherished "A Gardener's Guide to Florida's Native Plants." He will share his extensive knowledge of native plants to educate potential bidders about the plants offered in the live and silent auctions.

The live auction, called Going Native - Harmonious Habitats, will feature groupings of native plants in six categories — Pineywoods, Scrub-a-dub, Going Coastal, Hammock Time, Disturbed and Wet & Wild. The silent auction will feature many unique or hard-to-find native plants, plus gardening and plant related items and services.

There is no charge to attend or bid. Payment for winning bids will be accepted in the forms of cash or check. ■

Environmental Resources Management receives award

With more than 500 film-goers in attendance, Palm Beach County's Department of Environmental Resources Management was recently presented with the Loxahatchee River Historical Society's Outstanding Stewardship Award at the third annual Wild and Scenic Film Festival.

"This special award honors individuals and organizations that have made significant contributions to the preservation and sustainability of our environmental and historical heritage," said Jamie Stuve, president and CEO of the Loxahatchee River Historical Society.

The mission of Environmental Resources Management is to establish, maintain

and implement programs to protect, preserve and enhance the land and water resources of Palm Beach County. This amounts to the management of more than 31,000 acres of Palm Beach County's "last wild places," including Juno Dunes, Delaware Scrub, Jupiter Ridge, Limestone Creek, North Jupiter Flatwoods, Cypress Creek, Pine Glades, Jackson Riverfront Pines, and the natural areas of the Jupiter Inlet Lighthouse Outstanding Natural Area. In addition to creating the lagoon area at the Outstanding Natural Area, this work includes removal of invasive plant species and conducting biological surveys and inventories. ■

Bats and alligators are nesting now, FWC advises

Florida's four-month bat maternity season started April 16 and lasts through Aug. 14.

This also is the time the alligator becomes more active for similar reasons.

The Florida Fish and Wildlife Conservation Commission reminds the public to keep their distance from these animals for safety and other reasons.

Florida is home to 13 species of native bats, including rare and threatened species.

Many bats roost in natural sites such as trees with cavities and peeling bark. However, homeowners and building managers who need to exclude bats roosting in houses or other structures can do so as long as it is not done during maternity season.

In South Florida, additional precautions are needed to ensure Florida bonneted bats, an endangered species, are not roosting in a structure because they may give birth to pups outside of the April 16 to Aug. 14 bat maternity season.

The FWC provides guidelines on how to safely and effectively exclude bats without harming them or people. Go to MyFWC.com/Bats for more information.

"Maternity season begins in mid-April when groups of bats gather to give birth and raise young, and continues through mid-August when young bats are able to fly and feed themselves," said Melissa Tucker of the FWC's Species Conservation Planning Section. "Bats are beneficial to Florida, since they consume many insects, including pests that can significantly damage agricultural crops."

There are several ways that Florida



residents and visitors can help bats:

- Preserve natural roost sites, including trees with cavities and peeling bark. Dead fronds left on palms can also provide roosting spots for bats.

- Put up a bat house.

- Report unusual bat behavior to: MyFWC.com/BatMortality.

You also can watch a video to learn more about conducting a bat exclusion: "How to Get Bats out of a Building." More bat exclusion information can be found at Batcon.org.

Get to know more about Florida bats by going to MyFWC.com/Bats. Contact your closest FWC regional office to speak with a regional wildlife assistance biologist if you have questions about bats in buildings.

The American alligator is a conservation success story. Florida has a healthy and stable alligator population, which

is estimated at 1.3 million and consists of alligators of every size. They are an important part of Florida's ecosystem, but should be regarded with caution and respect.

During spring when temperatures rise, alligators become more active.

Although alligator incidents are rare, the Florida Fish and Wildlife Conservation Commission recommends taking precautions when having fun near or in the water.

Alligators inhabit all 67 counties in Florida and can be found anywhere there is standing water. Reduce the chances of conflicts with alligators by swimming only in designated swimming areas during daylight hours. Also keep pets on a leash and away from the water.

Because alligators control their body temperature by basking in the sun, they may be easily observed. However, the

FWC urges people to keep their distance if they see one. And never feed alligators as it is dangerous and illegal.

The FWC administers a Statewide Nuisance Alligator Program to address complaints concerning specific alligators.

People with concerns about an alligator should call the FWC's toll-free Nuisance Alligator Hotline at 866-FWC-GATOR (392-4286).

SNAP uses contracted nuisance alligator trappers throughout the state to remove alligators 4 feet in length or greater that are believed to pose a threat to people, pets or property.

The FWC also works diligently to keep Floridians and visitors informed, including providing advice about living with alligators.

Learn more about alligators and bats at MyFWC.com. ■

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HEALTHY LIVING

Finding a balance in our friendships

lindaLIPSHUTZ

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"I heard you were out to dinner with the Blacks and the Smiths Saturday night. We would have loved to join you. I'm surprised you didn't invite us." Although Kelly's voice was calm as she said it, Laurie knew by experience, and from the look on her friend's face that Kelly was hurt, and probably, angry.

Laurie and Kelly had been friends for years, ever since their youngest had been in pre-school together. Both had been new to the neighborhood and hadn't known many other people. They became fast friends, sharing many activities and confidences.

As time passed, though, Laurie had begun to branch out, expanding her social life to include friends she had made at work or on the tennis team. Although Kelly had made some other friends, she largely relied on Laurie for social plans. Kelly could become quite possessive and territorial about how Laurie spent her time.

Laurie hated the way Kelly put her on the defensive whenever she made plans of her own. Sometimes, Kelly was subtle, and would casually ask Laurie how she'd spent her weekend. Other times Kelly was more blatant and would put Laurie on the spot. Laurie did not

believe she was obligated to include Kelly in all of her social activities, nor that she owed Kelly an explanation, or an apology. Laurie wanted to confront Kelly but knew how sensitive her friend was and worried that things would never be the same.

Exclusion always hurts, but especially so when we've been hurt by a person we trusted and counted on to be considerate of our feelings. Is it fair for friends to have expectations that we include them in most of our activities? Are these expectations fair or reasonable? Are there limits and parameters to guide us?

How do we define a friendship? Most of us look at our friendships from very personal vantage points. Unfortunately, we may set ourselves up for tremendous hurts and misunderstandings because we may have very different belief systems about what a true friendship entails.

Yes, we count on our friendships to be positive, affirming additions to our lives. Granted, we may enjoy very different kinds of connections with varied groups of people. Sometimes our relationships are superficial, but fill a need or purpose — parents of our children's friends, tennis teammates or collegial co-workers. We share common interests, and may keep things cordial and light. We are not likely to share important confidences.

Other relationships are grounded with deeper connections and purpose. With these treasured friends, we may speak the same language and have shared value systems. We know in our hearts that these

people have our backs and come through for us consistently over time. Because of a gratifying history, we may trust these people and feel safe enough to confide very personal matters, reaching out for advice and emotional support.

Most of us have learned to balance and share our friendships. We understand that our friends will have other loyalties and bonds, and are secure enough to give them the breathing room to have activities without us — no questions asked! We know our friends wouldn't like the feeling of being held hostage to obligations they never intended to sign onto.

We also have to remind ourselves that no friendship is perfect. We often grow in different directions, and must be flexible and open to these changes if the relationship is to thrive over time. Sometimes when friends pull away, it has nothing to do with their feelings about us. Rather, it may be a reflection of a change in their lives or their desire to take a different course.

When we refuse to make allowances for these changes or some lesser transgressions, we may create conflicts and compromise the comfort of the relationship. Just like with Laurie, in the fictionalized vignette above, our friends may become resentful if we vigilantly follow their comings and goings or castigate them for perceived slights.

We must be careful to step back and try to consider the situation from a less emotional stance. Sometimes when close friends don't include us, they may not have intentionally meant to hurt us. In

their minds, they may have made choices apart from us and don't feel an obligation to explain themselves. To be fair, they may have misjudged the impact of the exclusion, and might have navigated the situation differently if they knew the exclusion would have hurt as badly as it did.

It's not unreasonable to count on "friends" to be attuned to each other's feelings and to do their best to be considerate. There are many ways to soften the blow to others when we disappoint, or don't include them. Offering alternate options keeps the door open and shows sensitivity.

It's an especially painful betrayal to learn we misjudged the character of a person we valued.

Healing from hurts is a very personal, ongoing process. Our vulnerability to slights may point to fundamental insecurities we may hold. And, how we respond and conduct ourselves in the face of the hurt speaks to our own character and sense of self worth.

When we stay stuck too long in a resentful, vengeful place, it's often much tougher to move forward. Reaching out to others for emotional support is often validating and might lessen the sting of a rejection. Cultivating new interests and endeavors can also be a means of deflecting the hurt. At the same time, enthusiastically immersing ourselves in new friendships and projects can make an important difference. ■

— Linda Lipshutz, M.S., LCSW, can be reached at (561) 630-2827, online at www.palmbeachfamilytherapy.com, or on Twitter @LindaLipshutz.



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“The Palm Beaches have long been a preferred leisure destination for heads of state and commerce, dignitaries and celebrities ... From a tourism perspective, we expect that the renewed media focus on the president’s oceanfront retreat will raise the profile of The Palm Beaches and entice curious travelers to explore the vast array of recreational and cultural activities.”

— **Jorge Pesquera**, president and CEO of Discover The Palm Beaches, the tourism-marketing corporation for Palm Beach County

SEASON

From page 1



PESQUERA

the season, a remarkable eight years in a row of visitation growth since the Great Recession,” said Jorge Pesquera, president and CEO of Discover The Palm Beaches, the tourism-marketing corporation for Palm Beach County. “This is

powerful testimony that tourism marketing works.”

Last year, the total increase in visitation was driven by a 7 percent increase in domestic visitors and a 7.3 percent increase in Florida-based visitors, compared to 2015. The largest domestic growth markets were New York with a 5 percent increase, Miami/Fort Lauderdale with an 11 percent increase, and Orlando with a 9 percent increase in visitors. Most of the visitors to Palm Beach County (6.6 million) were domestic, while 739,000 visitors came from international regions including Canada, Western Europe and Latin America. The number of hotel room nights sold, 4.4 million, was a 2.3 percent increase over the previous year.

Have the frequent visits by the President Trump, who calls Mar-a-Lago in Palm Beach his southern White House, had an impact on the area, other than the annoying traffic jams and increased security costs?

“The Palm Beaches have long been a preferred leisure destination for heads of state and commerce, dignitaries and celebrities,” Mr. Pesquera said. “From a tourism perspective, we expect that the renewed media focus on the president’s oceanfront retreat will raise the profile of the Palm Beaches and entice curious travelers to explore the vast array of recreational and cultural activities, innovative restaurants and award-winning hotels that these headlining celebrities frequent during their regular visits. The Palm Beaches deliver more best-in-class experiences than anywhere else in Florida, and we look forward to welcoming folks from every walk of life who wish to join us in the year-round sunshine.”

The president’s visits have been good for Palm Beach businesses, said Laurel Baker, executive director of the Palm Beach Chamber of Commerce.



BAKER

“Regardless of the country’s events, Palm Beach always shines,” Ms. Baker said. “Having the president visit as often as he does has brought new awareness worldwide of the Town of Palm Beach — that makes everyone happy, particularly when the visitors stop by the stores and restaurants to enjoy the Palm Beach hospitality.”

On the chamber level, Ms. Baker added, “we had a terrific year — great speakers, audience attendance averaging 500 — lots of new members taking advantage of the various benefits. Life is good!”

Peter Emmerich, one of the owners of Grandview Gardens Bed & Breakfast in West Palm Beach, said he has not noticed a strong direct effect from the president’s visits.



COURTESY PHOTO

President Donald Trump has returned regularly to Mar-a-Lago, his Palm Beach mansion and club since taking office in January.

“Here and there a guest will ask where Mar-a-Lago is and if one can drive by. With some bookings, I suspect they chose our destination because of the buzz, but it is not dominant and we would be full in high season anyway, luckily.”



EMMERICH

“However, there is clear interest by the media. My business partner Rick Rose, who does the Worth Avenue Walking Tours every Wednesday during season, has been interviewed repeatedly by the largest Russian, Chinese and German TV networks regarding the effect of the president.”

The B&B has had a very good season and numbers are up, Mr. Emmerich said. “The room revenue Dec. 1, 2016, to March 31, 2017, is up by 7 percent and the room occupancy for the same period is up almost 3 percent. Our strong pillars during season continue to be the extended bookings from the gallerists and antique dealers for the four big art shows, as well as several long-stay, annual repeat-guest bookings.”

This last season also was the first time the B&B’s Palm Beach Vacation Rentals had a total of 15 short-term vacation rental units on the market for the entire season. All houses were fully booked for most of the season, basically at rack rate, Mr. Emmerich said.

Area restaurants also reported strong seasons.

At Guanabanas in Jupiter, business has been really good, said Executive Chef Vinny Trupia.

“We’re an outdoor restaurant so the weather is very important,” Mr. Trupia said. “We didn’t have much of a winter or rain, so it’s been really good.” On a good day, the popular eatery can serve between 1,000 and 2,000 diners.

On a smaller scale, Farmer Girl restaurant in Lake Worth also reports a good season.

“We’ve been rolling right along this year,” said owner Pete Roubekas. “For us the busy season runs from November until April, when many people go

north.”

Mr. Roubekas said he thinks his better-than-average season is the result of strong media coverage of last year’s free Thanksgiving dinner, when he said it would be his last after 32 years.



ROUBEKAS

“Some people thought that meant the restaurant would be closing, but that’s not true,” Mr. Roubekas. He said that he was getting older and that he annual dinners, which feed thousands each Thanksgiving, were an enormous amount of work. His family wanted him with them at home for the holiday.

Many local fundraising organizations also reported strong seasonal gains.

“We far exceeded our fundraising goal this year, due in large part to an exceptional and relevant speaker, Dr. Michio Kaku,” said Marcy Hoffman, director of institutional advancement at the South Florida Science Center and Aquarium. “We successfully tied in our theme, The Future of the Mind, with raising funds for our new \$2,000,000 walk-through brain exhibit to be installed next year, raising more than \$400,000.”



HOFFMAN

Dreyfoos School of the Arts Foundation Executive Director Kris Lidinsky said this had been another good year for fundraising there, as well.

“We are fortunate to have many committed donors, both in terms of foundations and individuals, who believe in our mission to supplement the arts and academic curriculum at the school. This translates into funds which enable us to provide 22 artist-in-residence positions for the school as well as \$135,000 in

scholarships to Dreyfoos students in addition to art supplies, private lessons, and covering travel expenses and tuition for summer programs, among other items. Our special events continue to be popular as we showcase our talented students in outstanding performances. Our pop-up, all-white dinner event, Dreyfoos in White, is growing in its appeal as an event where creativity abounds.”

The Palm Beach County Food Bank is grateful for the support it receives from the community, said the organization’s new executive director, Karen Erren.



ERREN

“Four years ago Bethesda-by-the-Sea started Empty Bowls in Palm Beach as part of its Feeding in February program and it has continued to be an outstanding event each year. Building on that success, we were delighted to have the opportunity to expand Empty Bowls into Delray Beach this season. It was also a great success with an enthusiastic and highly effective committee, generous corporate sponsors and a big turnout from the public the day of the event. This type of community-based event is important because it brings people together throughout the community to support the Palm Beach County Food Bank’s efforts in our fight against hunger.”

Likewise, the Girl Scouts of Southeast Florida had a solid year, according to CEO Lisa Y. Johnson.

“Girl Scouts is grateful to have the ongoing support of both seasonal and full-time residents for our annual Emerald Awards,” she said. “What we have found is that the relationship with an organization and a shared commitment for its mission is a driving force behind this support.” ■



JOHNSON

SOCIETY

19th annual Shamrock Classic at The Breakers in Palm Beach



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- 5. Harry Brock, Vickie Chouris, Iva Grady and Robert Shorr
- 6. Jenny Wade, Ken Wade and Robi Jurney
- 7. Julie Criser, Stanton Collemer and Kathleen Hager
- 8. Michele Kukla, Nancy Stainbach, Holly Lee and Heather Selvaggio
- 9. Jim Watson, Chuck Asman, Tom Piszczatoski, Gabrielle Finley-Hazle and Rick Maegler
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ANDY SPILOS / FLORIDA WEEKLY



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BY STEVEN J. SMITH
ssmith@floridaweekly.com

Shawn Nightingale is truly a man for all seasons.

A successful Off-Broadway producer whose “Sex Tips for Straight Women from a Gay Man” recently stopped at the Kravis Center, this part-time resident of Jupiter also runs four stores around Palm Beach County called Family Matters. These stores work closely with the U.S. Department of Agriculture’s Special Supplemental Nutrition Program for Women, Infants and Children, also called the WIC program. It provides federal grants to states for supplemental foods, health care referrals and nutrition education for low-income pregnant and postpartum women, as well as to infants and children up to age 5 who are at nutritional risk.

“I’ve had my WIC stores here for 25 years,” Mr. Nightingale said. “I opened my first one in South Miami, then another in Lantana. Subsequently, I opened 60 of them up and down the east coast. I’ve since sold all of those and still have four — in Delray Beach, Lantana, Greenacres and Mangonia Park.”

He said the program benefits more than just poor people.

“It’s not like food stamps,” he said. “You can make up to about \$47,000 a year with three kids and still qualify. You can be a working parent who’s just having a hard time affording expensive baby formulas.”

Mr. Nightingale learned about the program 30 years ago from a relative who was using it in California. He took her to a market in Los Angeles, only to discover the program’s eligible food



COURTESY PHOTO
Shawn Nightingale (left) has produced many shows, including “An Evening with Whoopi Goldberg and Bruce Vilanch (at right)” and “Sex Tips for Straight Women from a Gay Man” (at top).

brands and restricted quantities did not match those offered in standard grocery stores there. She left the store without many of the necessary items she needed and felt embarrassed and stigmatized by the grocery clerk as well.

“I said there has to be a better way,” he said. “So I opened the first WIC store here in Florida, where we only carried the cereals, cheeses and formulas that were qualified by the WIC program. Women could come in and whatever they bought, they were buying the right thing and the right amount. Also, my employees — many of whom are or have been on the WIC program as well — are trained to help them maximize the benefits of the program. It was a tremendous success. It still is. Our customers walk away with everything they’re sup-

posed to get.”

Mr. Nightingale is just as talented in producing shows as he is in helping needy families.

A Cape Cod native who grew up around theater in Provincetown, Mass., he has produced and worked with such famous names as Whoopi Goldberg, Joan Rivers, John Waters, David Sedaris, Bruce Vilanch and the Tony Award-winning Elaine Stritch.

He also co-produced the Broadway musical “Side Show” and “Sex Tips for Straight Women from a Gay Man,” currently in its fourth year at the 777 Theatre in New York, is the longest running comedy in Off-Broadway history.

No topic is taboo in this romantic comedy, set in a university auditorium at a meet-the-authors event. Shy and

studious moderator Robyn welcomes guest author Dan Anderson, who wrote the book “Sex Tips for Straight Women from a Gay Man.” With the help of a hunky stage assistant named Stefan, Dan aims to turn the presentation into an interactive seminar.

The play is based on the real-life book by Anderson and Maggie Berman and is for mature audiences.

“I’d say about 90 percent of our audience for ‘Sex Tips’ is women,” Mr. Nightingale laughed. “It’s a popular choice for bachelorette parties and as we tour the show around the country to cities like St. Paul, Denver, Des Moines and Milwaukee, we’re getting a lot of what I like to call women parties and girls’ nights out. But I must say if they bring their husbands, the men also find it very entertaining. The show is a bit risqué in places, but it’s all in good fun.”

Successful as his producing career has been, Mr. Nightingale said his Family Matters stores remain very close to his heart.

“Many times my clients have left our store and I’m in tears for them,” he said. “Instead of going to Publix, where they’d only walk away with about 50 percent of what they qualified for, now they’re walking away with 100 percent. And they’re buying from people with whom they feel comfortable talking about their problems. We relate to them on a face-to-face basis and try to help them in any way that we can. And that’s something you can’t put a price tag on.”

These stores don’t have their own websites, he said, but qualified customers can be directed to them by the clinics they visit for their WIC vouchers. ■

MOVING ON UP

"I get to meet so many people and help so many organizations through my community outreach."

— Erin Devlin,

Special events and PR director, The Gardens Mall

Name: Erin Devlin

Title: Special events and PR director at The Gardens Mall

Location: Palm Beach Gardens

BY MARY THURWACHTER

mthurwachter@floridaweekly.com

Lucky is the woman who loves to shop and then gets to work at her favorite mall. That's life for Erin Devlin, the special events and PR director at The Gardens Mall in Palm Beach Gardens.

The mall has been her home away from home for three years, since she was hired assistant marketing director. Her December promotion has the Florida native spearheading public relations, social media and philanthropic efforts for the mall.

The 30-year-old took the lead at the mall for the upcoming LEGO Takeover!, an interactive, family-friendly adventure that runs April 28 through May 15. The event features nearly 50 life-sized LEGO sculptures, building competitions, movies and local charitable partnerships.

The job, she says, is perfect for her.

"I get to meet so many people and help so many organizations through my community outreach," Ms. Devlin said. The former Cardinal Newman High School cheerleader also stays on top of latest fashion trends and sales as she visits the 150 retailers in the mall.



CAPEHART PHOTOGRAPHY

Erin Devlin received her promotion at The Gardens Mall in December. She loves to shop, so you may spot her at the mall on her off-hours.

In time when shopping malls face stiff competition from online shopping and outlet malls, The Gardens Mall offers the best experience for shoppers, Ms. Devlin said. "We have more than 150 retail shops, multiple dining opportunities, hair salons, nail salons, a post office and even a guest

concierge shoppers can text for directions, information or even reservations for one of the restaurants.

"The concierge can let you know if there's a long line at the Apple store and is great for gift giving suggestions," she said.

Erin Devlin

Age: 30

Where I grew up: Palm Beach Gardens

Where I live now: Jupiter

Education: Cardinal Newman High School in West Palm Beach; bachelor's degree in marketing from the Cox School of Business at Southern Methodist University in Dallas.

What brought me to Florida: I was lucky enough to have been born and raised in Palm Beach Gardens!

I moved to Dallas for four years to attend Southern Methodist University, but I knew that I always wanted to come back to Palm Beach County after graduation. Palm Beach County has so much to offer and after being away for four years, I really missed the weather, my family and our lifestyle.

My first job and what it taught me: While home over the summers from college, my dad hired both my sister and me to work at our family business. It taught me patience, customer service and flexibility.

A career highlight: Being able to bring LEGO Takeover! at The Gardens Mall, a three-week exhibit that will bring LEGO

to life at The Gardens Mall from April 28 through May 15.

Hobbies: I am a true girly girl at heart, so I hate to admit that even when I am not working you can often find me at the mall. However outside of the mall, I love to travel, boating, fishing and spending quality time with my family and friends. I enjoy working out — Orange Theory Fitness is my latest passion. I have recently begun participating in local 5ks and 10ks with my coworkers.

Best advice for someone looking to make it in my field: Understanding that every day in retail is going to be different, which is great, but requires flexibility.

About mentors: I am lucky to have come across Michele Jacobs at the beginning of my career, because she has taught me so much in the last 2.5 years that I know will help me continue to grow in my career. To list only one thing that she has taught me would be difficult. However, I think one of the most important things she has taught me is how important relationships are; both inside the work place and in our community. When I tell someone around Palm Beach County that I work at The Gardens Mall, they will usually ask "so you work with Michele Jacobs?" with their next response being, "You are SO lucky." She is one of the most well respected business women in the community and to be able to work and learn from her is an honor. I hope one day that people say those words about myself. ■

MONEY & INVESTING

Lowly JCPenney stock is risky, but it's a risk that may pay off



ericBRETAN

estaterick@gmail.com

Mention the department store JCPenney to anyone, and I think the reaction will be dependant on the person's age. Someone older than 50 may remember ordering items from its once-popular mail-order catalogs. A person born in the 1970s or '80s may recall his parents forcing him to a store to try on "back to school" clothing that he didn't want to wear. Bring up JCPenney to a Millennial and she may not know what you are talking about, never having stepped foot into a store.

Needless to say, the JCPenney brand is facing hard times and its stock price is reflective of this struggle. Just 10 years ago, the stock price was over \$85 per share. It is now below \$6. Of course, the entire retail industry is currently under strain, but JCPenney seems to be the poster child of a retail giant that has been brought to its knees. So what has caused this store to falter and can it ever regain its luster?

At its peak in the 1970s, JCPenney had over 2,000 stores across the U.S. and sold everything from clothing to appliances to car parts to shotguns and even groceries and pharmaceutical drugs. But in the 1980s, the department store decided to shed most of these businesses and focus mainly on apparel. This decision did not pan out for the company, as internet retailers Walmart, Target, Amazon and fast fashion retailers stole customers and

market share.

In 2011, JCPenney hired retailer superstar Ron Johnson to lead the company to greatness. Mr. Johnson formerly led Target and Apple stores to success and shareholders couldn't wait to see what he could do at struggling JCPenney. The new CEO dramatically changed how the retailer sold its products. He reasoned that consumers were tired of clipping coupons and waiting for big "sales" to buy items. He believed that people just wanted quality items at a fair price and that is how JCPenney started to sell its clothing.

Unfortunately, people did not respond well to Mr. Johnson's new sales strategy. First, it appears that people like the "game" of clipping coupons and shopping at sales. They like to feel like they are getting a "bargain" despite the fact that the same coupons and sales are available to everyone.

And without the aggressive promotions, people couldn't find a reason to shop at JCPenney. There were better pricing of name branded items online or at larger stores like Walmart. And JCPenney private label brands were deemed not as fashionable as similar brands at places like Target or fast fashion retailers.

As a result, sales at JCPenney plummeted. Mr. Johnson was fired in 2013. In the past few years, the company has returned to its practice of marking up items and then heavily discounting them



via coupons and sales. It has also committed to closing over 100 underperforming stores and cutting its workforce.

So is JCPenney dead in the water with no hope of rescue? I wouldn't write it off quite yet. First, the company has been focusing on improving its balance sheet by paying off debt and cutting expenses. More importantly, the company has a plan in place to improve sales by pivoting away from its almost sole focus on apparel. For example, it has a Sephora cosmetics "store within a store" in 590 locations and plans to open 70 more in the upcoming year. Cosmetics are a high margin business that drive consumers into a store.

JCPenney also recently announced that it will compete directly with Home Depot and Sears by selling appliances in its stores once again. These are products that consumers typically do not buy online and also can drive foot traffic.

Finally, the company has started a Home Service division within its stores where it is offering bathroom remodeling, blind installation, home water solutions, smart home technology, and home heating/cooling. Again, these are services that you cannot buy on Amazon and are something that can distinguish JCPenney from competitors like Walmart.

And it looks like these strategies are beginning to pay off. Earlier this

month, the company announced that it was delaying the closing of 138 of its stores because sales and foot traffic at these locations has been considerably higher than management anticipated after the store closings were announced.

But despite these positive changes, JCPenney stock remains at historical low prices. And from a valuation basis, the stock looks as discounted as a ski parka in July with its price to sales ratio at half that of many of its competitors. So much bad news is already priced into the stock that if one of its growth initiatives pays off, you could see a significant bounce in the stock. Clearly, JCP is a very risky stock right now but the risks just may be worth the potential reward. ■

— Eric Bretan, the co-owner of Rick's Estate & Jewelry Buyers in Punta Gorda, was a senior derivatives marketer and investment banker for more than 15 years at several global banks.

SOCIETY

Benefit for Vita Nova, National Croquet Center in West Palm Beach



Shannon Favole and John Favole



1. Anthony Marino and Mary Marino
2. Jamie Murray and Scott Murray
3. Brendan Prokop and Leah Miles
4. Julia Murphy and Katherine Murphy
5. Frank Gulisano, Carole Gulisano, Orfilio Pelaez, Camille Pelaez, Marge Benvenuto and Al Benvenuto
6. Jeff DeMario and Jill DeMario
7. Jennifer Merritt and Frank Gulisano
8. Yvonne De Varona, Jill DeMario and Stephanie Eberline
9. Mona Wilson and Patrick Wilson
10. Mike Bayer and Alex Santos
11. Sandy Coto and Jose Coto
12. Sarah Marmion and Bruce Zabriski

ANDY SPILOS / FLORIDA WEEKLY

REAL ESTATE



COURTESY PHOTOS

A Marlwood Estates marvel at PGA

SPECIAL TO FLORIDA WEEKLY

This outstanding one-story home with 3,508 air-conditioned living square feet was redesigned and reconstructed in 2010 by Puzzitiello Custom Homes, a third generation contractor that has been recognized for its emphasis on design, quality and workmanship.

Attention to every detail is evident in the extensive list of features in this beautiful property.

A new roof structure has hurricane-approved strapped joist and exterior studs and concrete tile. The home is fully insulated with Icynene foam insulation. The impact doors, windows and skylights provide hurricane security. A full wind mitigation certificate is available. The home is equipped with a three-zone air conditioner system, a 20kw automatic gas generator, 8-inch baseboards and crown molding throughout, central vacuum and sound system both inside and out with volume controls.

There is a spectacular view of the ninth hole of PGA National's Squire Course and lake from the main living

area, lanai and pool.

The award-winning gourmet kitchen is the interior focal point, featuring marble and granite counters, a center island, custom wood cabinetry and high-end appliances. A coffered ceiling with cypress inlay, and adjacent 14-foot breakfast bar and informal kitchen dining area all with hardwood flooring, make this a great gathering place for your family and friends.

The family room is open and adjacent to the kitchen and lanai, and features 14-foot coffered cypress ceiling, hardwood flooring, remote controlled gas fireplace and shades and a custom designed entertainment center and cabinetry with glass display shelves and storage.

A charming wine storage room is near the kitchen, dining and family room. There is a custom designed wrought iron decorative entry door with storage racks for over 200 bottles of wine.

The elegant formal dining room is on the front of the home adjacent to the entrance foyer, butler pantry and kitchen. Your guests will be impressed with the tray ceiling, wall sconces, wainscoting,

decorative columns, custom draperies and hardwood flooring.

The split bedroom plan provides for the privacy of an owners retreat with all the amenities you would expect in this caliber home. The main bedroom suite features vaulted ceilings, a sitting area, hardwood floors and three walk-in closets. The master bath features two vanities, decorative marble flooring, dual showers heads, a Whirlpool jetted tub and remote-controlled shades, custom mirrors and lighting fixtures, and a wall-mounted TV and private water closet room.

The guest bedrooms and den are adjacent to the family living areas of the home. One guest room is a private suite that includes a full bath, and an additional private outside entrance. Guest bedroom two shares another full bath with the third bedroom/den.

The home is complete with a full-service laundry/mud room equipped with a pedestal washer and gas dryer, a second refrigerator, 42-inch cabinetry, deep wash-tub and a private entrance just off the driveway.

A double 78-foot paver driveway with a

10-car capacity leads to an oversize 2.5-car garage with a commercial porcelain floor, pull down stairs leading to air-conditioned storage and a hurricane impact 18-foot door.

The exterior of the home encompasses an entertainer's dream with a magnificent 800-plus-square-foot covered lanai with cypress ceilings, travertine decking and four ceiling fans. There is a separate summer kitchen with granite tops and tile wall background, with custom cabinetry, a built-in gas grill, hood ventilation, refrigerator and sink. A separate marble custom wet bar with icemaker completes the entertainment amenities of this beautiful Lanai. A 34- by 17-foot saltwater pool with pool cleaner and Easy Touch remote controls is complete with a 2015 full screen enclosure. Beautiful landscaping, an eight-zone irrigation system, gas Tiki torches, and extensive outdoor lighting complete this remarkable property.

Lang Realty is offering this golf property at \$1,200,000. The agent is Jim Haneschlager, (561) 246-9910 or jimhfloridar-ealtor@gmail.com. ■



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BEHIND THE WHEEL

Palm Beach auction as much big dollar as bargain basement

mylesKORNBLATT

mk@autominded.com



Classic car auctions are intimidating by design. They are in a room filled with so many people it requires stadium seating (plus live network TV,) and everything is focused on one item at a time. So, if you're the person bidding on a car, it can feel like hundreds of eyes are following every twitch of your fingers.

Winners are heroes for a moment, and everyone else feels like a true loser ... at least until they wheel the next car up on stage.

All of this is part of a formula to extract the extra bid out of everyone. It might seem manipulative, but it's also why some owners only take their classic cars to auctions. However, there is some good news, and this year's Barrett-Jackson Palm Beach sale highlighted the optimistic side.

Even with an eye for trying to get the most money possible out of people, there were still plenty of affordable cars. There were multiple examples of iconic American classics — like the first-generation Ford Mustang and plenty of Palm Beach's favorite, the Mercedes 560 SLs. They all sold for well under \$20K. But those who watch the markets diligently also know that these were selling

close to what it cost for a private sale.

What makes Barrett-Jackson Palm Beach exceptionally attractive are affordable examples of cars that are unique beyond comparison. After all, it's hard to find an equivalent machine to a 1957 Fiat 500 microcar stuffed with a Porsche transmission and Subaru WRX 2.5-liter turbo motor hanging off the back. It doesn't get more survivor-grade than a 1977 Ford F-350 pickup with only 3,130 miles on it and so original that its current tires were installed four decades ago at the factory. There was even a right-hand drive 1990 Chevrolet Corvette that General Motors built as a concept to study selling the car in countries like England and Australia. Production never followed, making this

an exclusive find.

All of those vehicles sold for well under \$20,000. That's still real money, but anyone who frequents the local car shows has seen collectors spend more on custom vehicles that are not as unique as some that went through this auction.

Those just looking for rock-bottom prices could even find some interesting classics like a 1977 Ford Thunderbird, a 1981 Jaguar XJ6, and a 1963 Chevrolet Corvair convertible. These and many other second-tier classics had shining paint and were healthy enough to be driven home from the auction block ... and none of them broke the \$5K ceiling.

Possibly the largest standout from the bargain basement was a 1989 Maserati Biturbo Zagato Spyder. These cars

have the kind of reliability reputation that most people wouldn't wish on their worst enemy. Still, selling at \$1,700 gives someone who is mechanically inclined a beautiful Italian convertible for a Craigslist price.

The abundance of affordable cars doesn't mean that the event looked like a used car junkyard. Highlighting reasonably priced rides just illustrates that it's a large enough auction to include something for everyone.

Barrett-Jackson Palm Beach still included plenty of high-dollar exotics, including a specially-built 2006 Ford GT Targa for \$401,500, a 1988 Lamborghini Countach for \$236,500, and a 2010 Ferrari 599 GTB for \$200,200. The prestige and provenance of a 1968 Shelby Mustang GT500KR convertible once owned by actor Lee Marvin pushed the price to \$220K. Also, the first retail sale of a new 2018 Chevrolet Camaro ZL1 occurred during the auction. This was part of the extensive charity sales, and in this case, raised nearly a quarter of a million dollars for the United Way.

Auctions can be intimidating, but that shouldn't stop the average classic car dreamer. Many of the sale prices this year were at or below expectations. Barrett-Jackson will say that's the benefit of buying from their no-reserve auctions, and experts might see this as a sign of a softening market. But all you really need to know is that the deals are out there ... if you're willing to put up with all eyes on you. ■

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Todd Peter | 561.281.0031

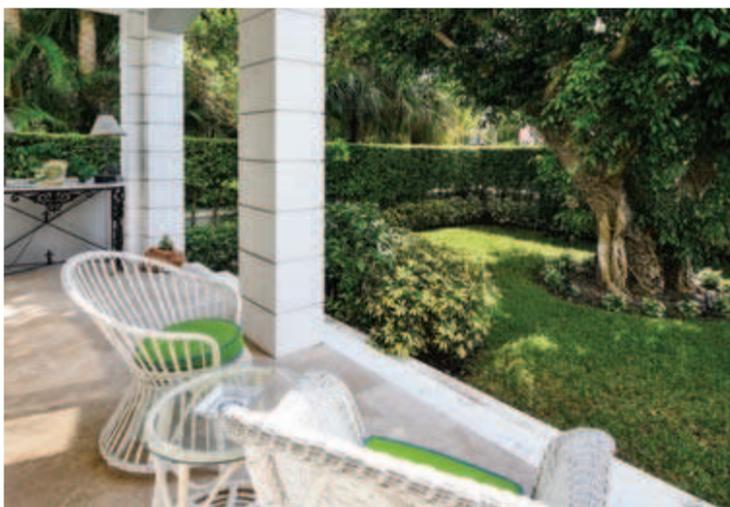
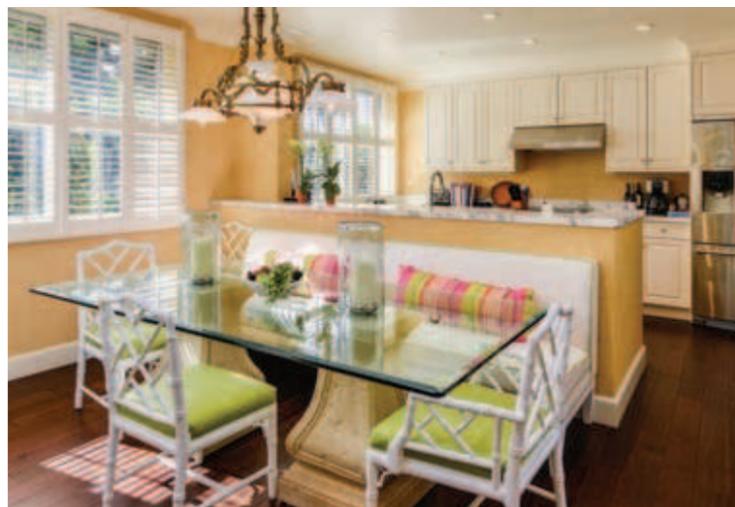
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Luxury Homes Specialist

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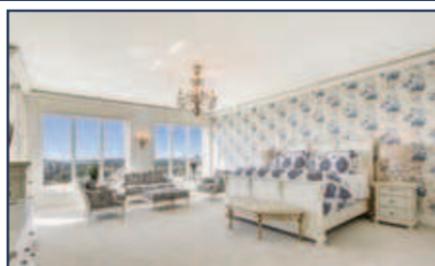
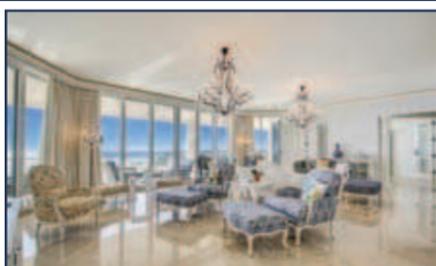
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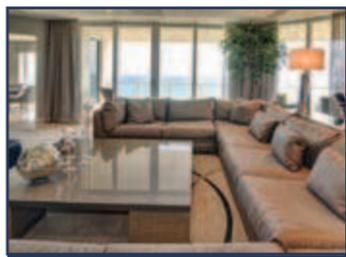


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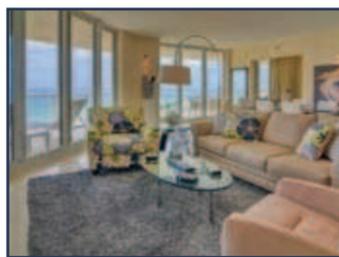
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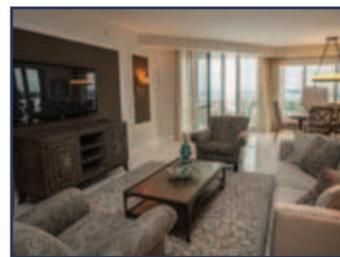
Ritz Carlton Residence 402A
3BR+DEN/3.5BA - \$3,600,000



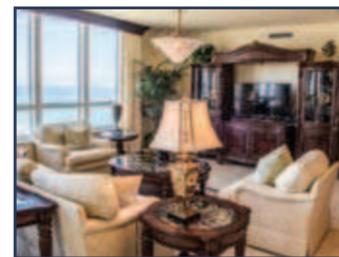
Oasis 15B
3BR+DEN/3.5BA - \$2,599,000



Ritz Carlton Residence 2104B
2BR+DEN/2.5BA - \$1,699,000



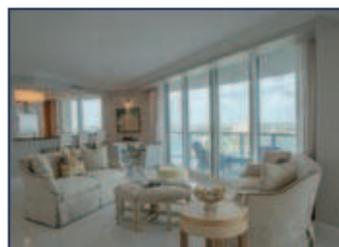
Ritz Carlton Residence 1805B
2BR+DEN/2.5BA - \$1,525,000



Resort 1651
3BR/3.5BA - \$1,399,000



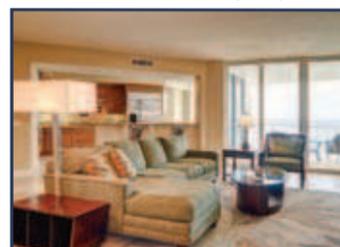
Water Club 1504-S
2BR+DEN/3BA - \$1,325,000



Ritz Carlton Residence 2506B
2BR+DEN/2.5BA - \$1,299,000



Ritz Carlton Residence 2206B
2BR+DEN/2.5BA - \$1,299,000



Beach Front 1603
3BR/3BA - \$1,250,000



Beach Front 1503
3BR/3BA - \$1,225,000



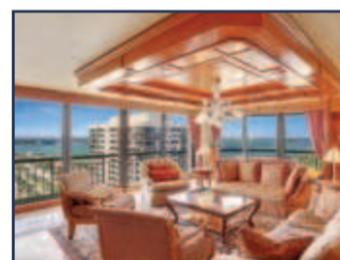
Ritz Carlton Residence 1106B
2BR+DEN/2.5BA - \$1,125,000



Ritz Carlton Residence 1506B
2BR+DEN/2.5BA - \$1,085,000



Ritz Carlton Residence 306B
2BR+DEN/2.5BA - \$995,000



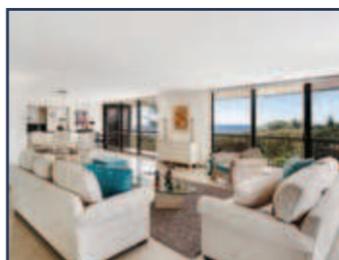
Martinique ET2503
2BR/3.5BA - \$869,000



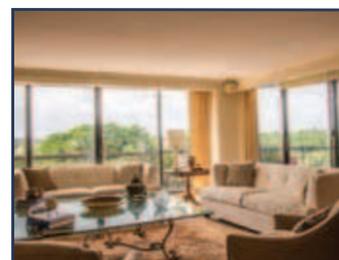
Martinique ET1603
2BR/3.5BA - \$694,900



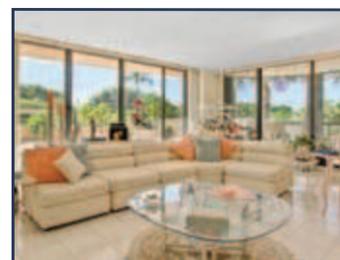
Martinique ET1903
2BR/3.5BA - \$625,000



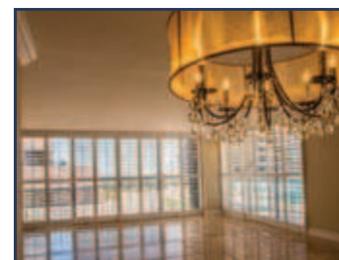
Martinique ET304
2BR/3.5BA - \$599,000



Martinique WT303
3BR/4.5BA - \$579,000



Martinique WT103
3BR/4.5BA - \$575,000



Martinique WT202
3BR/4.5BA - \$549,900



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ARTS & ENTERTAINMENT

WEEK OF APRIL 20-26, 2017

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| SECTION B

“Spooky Action,”
by Carol Prusa.



“As a curator, I didn’t focus on the medium but the content ... The work just happens to be in glass.”

— Kathy Goncharov,
curator of contemporary art

HAPPENINGS



PHOTO BY MATTHEW MURPHY

“Kinky Boots” continues through April 23.

‘Kinky Boots’ kicks up heels at Kravis Center

BY JANIS FONTAINE

pnews@floridaweekly.com

See what all the love is about when “Kinky Boots,” the award-winning hit musical that blended the talents of four-time Tony Award-winner Harvey Fierstein and Grammy-winner Cyndi Lauper, struts onto the Kravis Center stage through Sunday.

“Kinky Boots” has won every major award a musical can win — both here and abroad — including best musical, best score (Cyndi Lauper), best choreography (Jerry Mitchell), best orchestrations (Stephen Oremus) and best sound design (John Shivers).

The story, which is based in fact, confirms that two heads really are better than one. Charlie Price is desperately trying to keep the family shoe-making business alive when Lola enters his store and his life. Together they achieve more than anyone could have predicted.

If you go: Kinky Boots at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Show times: 8 p.m. Thursday, April 20; Friday, April 21; and Saturday, April 22, with matinees at 2 p.m. Saturday and Sunday, April 22-23. Tickets: \$27 and up. 832-7469; www.kravis.org.

City Sweat

Join your neighbors April 23 for a free group workout at the Meyer Amphitheatre, 104 Datura St., West Palm Beach. Each month a new style of exercise is introduced. The family-friendly workout begins at 4 p.m. The adults-only workout is at 5 p.m. Need more information? Email citysweat561@gmail.com.

Art After Dark at Norton

Art After Dark will be co-hosted by the Urban League Young Professionals of Palm Beach County and will feature performances by the Lauren Carter Band and the Burn Beautiful Slam Team on April 27.

Lauren Carter’s band includes Doug Carter on keys, Josh Esther on bass, and Omar Clark on drums, and their repertoire of neo soul tunes includes songs by Jill Scott, Corinne Bailey Rae, Alicia Keys and Erykah Badu, as well as jazz, R&B, rock, soul and gospel music. The band performs at 7:30 p.m.

The Burn Beautiful Slam Team includes poets and spoken word art-

SEE HAPPENINGS, B14 ►



PHOTOS BY EDUARDO CHACON

SHATTERING

Boca Museum show smashes notions about glass art

BY GRETEL SARMIENTO

Florida Weekly Correspondent

A society pushing the mechanical and simulation eventually begins manifesting the same symptoms in its art.

Could it be that we’re rapidly becoming repetitious?

An exhibit of autonomous glass pieces addressing thorny subjects is buying us some time.

SEE GLASS, B14 ►



Top: Javier Pérez’s “Carroña” (“Carrion”) sits in the foreground in this image from the Boca Raton Museum of Art’s “Glasstress” exhibition. Above: Works by 33 artists fill “Glasstress.”

PGA Arts Center to bring in summer shows

BY STEVEN J. SMITH

ssmith@floridaweekly.com

If you like comedies and musicals, the newly formed PGA Arts Center has three summer shows — “Baby Boomer Baby,” “Funny Old Broads” and “The Kosher Cheerleader” —planned to amp up the laughter factor, according to producer Philip Roger Roy.

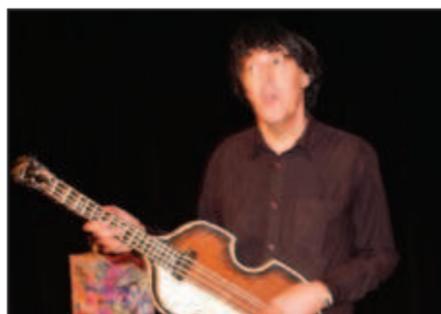
“We were looking for small comedies and musicals for the summer, knowing it’s the off-season and there will be fewer people in the area,” Mr. Roy said. “We believe we found the right

mix with these shows and since we pay rent all year round, we want to keep the place open by putting on shows that are fun and light.”

“Baby Boomer Baby” opens April 27 and stars Tommy Koenig, who is a writer and performer for the National Lampoon, he said. The show serves as an entertaining flashback through the ’60s, ’70s, ’80s and ’90s and the music that defined those times.

“Tommy tells a baby boomer’s story through the music that influenced our

SEE SHOWS, B17 ►



COURTESY PHOTO

Tommy Koenig sends up Paul McCartney in his “Baby Boomer Baby,” opening April 27 at the PGA Arts Center in Palm Beach Gardens.

CAROL'S CORNER

A look back at Maltz gala and a look ahead at Go Red for Women



Welcome to "Carol's Corner," a column that features stories about society, art and entertainment in the Northern Palm Beaches and surrounding areas.

I have been writing about these happenings for 15 years at the *Jupiter Courier Newsweekly*, along with a style column for five years in the now defunct *PBG Lifestyle Magazine*, which closed at the end of 2016. I am now very honored to be starting this new venture.

Noted with pleasure

This week's focus is on the magnificent **Maltz Jupiter Theatre** gala, "Everything's Coming Up Roses," held Feb. 25 in the Crystal Ballroom of the **Trump National Golf Club**, Jupiter.

It was an evening that I won't soon forget and an ideal venue for a large event like this and luxurious enough to help raise a record-breaking \$848,000 for the not-for-profit theater, thanks to the Event Committee headed up by Event Chairman **Sal Tiano** and Honorary Chairman **Michele Jacobs**.

The soiree broke all records, entertaining more than 400 guests and supporters for the Maltz, playing homage to the show "Gypsy" with the "Everything's Coming Up Roses" theme.

The evening consisted of a cocktail reception on the Crystal Ballroom



TRACEY BENSON PHOTOGRAPHY
The Maltz Jupiter Theatre's gala raised \$848,000. Pictured are Cressman Bronson, Ogden and Bonnie White, Michele Jacobs, Andrew Kato and Sal Tiano.

Veranda, dinner in the ballroom, a live auction, a presentation honoring **Bonnie** and **Ogden White**, friends of the theater since 2006, spectacular entertainment and dancing. Gorgeous designer gowns and handsome tuxes prevailed.

As guests, we all dined on a three-course meal, featuring sliced tenderloin with sauce bordelaise coupled with garlic herb shrimp and a delicious deconstructed black forest dessert, showcasing rich chocolate sponge cake with dark chocolate mousse, cherry compote, Chantilly crème and a butterfly garnish.

Chairman Tiano and Honorary Chairman Jacobs welcomed guests and offi-

cially kicked off the evening.

Setting the décor theme were colorful, dramatic centerpieces with floating candlelight illuminating the white tables dressed in a palette of navy blue, blush and rose gold that highlighted alluring starburst-style bouquets of blue hydrangeas, white roses, blue delphinium and white orchids. White and gold butterflies served as the event's theme.

With the Believe fundraising campaign for a major expansion currently underway, the large crowd was treated to a spectacular multimedia presentation that featured a 30-piece orchestra and high-energy performances from

more than 50 singers and dancers.

A group of 80 children from the **Maltz Jupiter Theatre Goldner Conservatory of Performing Arts** earned a standing ovation following their performance of "The Impossible Dream (The Quest)" from the musical "Man of La Mancha" as a mass choir.

The entire production, complete with singers, puppeteers, dancers, soloists, drummers, a bagpipe, a choir, ballet dancers and an ensemble, was directed by **Andrew Kato**, along with **Rachel Blavatnik**, associate producer, and **Ricky Nahas**, choreographer.

This colorful, professionally done show brought tears to the eyes of many people present, including this reporter. Those kids were wonderful, thanks to the conservatory's education director, **Julie Rowe**, and the instructors. Visit www.jupitertheatre.org or call 575-2672.

Go Red for Women luncheon

The Go Red For Women luncheon will be held April 21 at the Trump National Golf Club.

Go Red for Women is being presented by the **American Heart Association** and locally sponsored by **The Gardens Mall, Wellington Regional Medical Center, FPL, Dominick Cunningham & Whalen** and **Vitas Healthcare**.

Contact **Krissy Slazyk** at Krissy.Slazyk@Heart.org or call 697-6683 for tickets and more information. ■

— Keep sending in those events and photos to Carol Saunders at csaunders@floridaweekly.com. God bless!

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COLLECTOR'S CORNER

For the love of Bug-eyes, and other old toys



scott SIMMONS
ssimmons@floridaweekly.com

You could say Bug-eyes and I met cute.

It was 1982 or '83 at a luncheon in Venice. Whoever was supposed to go with my mom had bailed, so I joined her for the luncheon and the doll show that followed.



BUG-EYES

And there she was — staring at me through blue glass paperweight eyes that clearly had borne witness to more than a century of history.

Bug-eyes was the largest papier-mâché doll head I ever had seen.

But she was a mess. She was bald, part of the paint was missing from the left side of her face and the head and shoulder plate had long been separated from her body.

That didn't matter. She was beautiful, from the delicate brush strokes that formed her eyebrows to the palest of pink that covered her lips.

Then, there was the surprised look of those buggy eyes that shone in hypnotic blues.

I had planned to display the head as a

bust, but Bug-eyes had other ideas.

Later that year, we attended an antiques show in Sarasota and a doll dealer had a large body that was headless. It was made of cloth and had papier-mâché limbs. It looked like it could be a good fit.

We bought it, got it home and it was as though Bug-eyes' head and body had been reunited. She now stands an impressive 33 inches tall.

My mom's friend Mary Jo Brockington of Cape Coral did some restoration and another friend, Diana Dodd of Pine Island, created a dress.

It's hard to believe that Bug-eyes has been a part of my collection for over 30 years — we used her picture to promote a scary dolls package years ago when I worked at *The Palm Beach Post* — my mom picked up the paper and said, "Yep, there's Bug-eyes."

Bug-eyes now has siblings, and that's apropos of everything.

Old toys tell a story about coming of age in a world that no longer exists.

Papier-mâché tells the story of time in a way other materials can't, simply because it is organic and peels away to reveal layers of history.

If you're lucky, those layers reveal the love that first owner had for the toy. ■

THE FIND:

A papier-mâché doll

The place: Private sale in Naples.

Cost: \$35

The skinny: My mom knows how I like these old papier-mâché doll heads and accessories.

This little lady may be nearly 150 years old — the first child for whom she was a companion probably has been dead at least half a century, but the doll endures.

The 28-inch doll's head is mounted on a cloth body and she has papier-mâché lower arms and legs, and was probably made in Germany. Her clothing, though old, probably is not original. Her wig also is a replacement.

Thank goodness she has not been repainted.

Her face and hands show the marks of time — one can imagine she was dropped and kissed and played with all those years ago.

But her blue eyes still shine as brightly as they did for her first owner. ■



ANTIQUES

The time is always right for collecting sundials

BY TERRY KOVEL AND KIM KOVEL

Pocket sundials were very popular in the 18th and 19th centuries in Europe and America. A surprising number are sold to collectors each year as ornaments or historic relics, or as interesting and attractive conversation pieces. Auctions of scientific instruments sell sundials. A recent Skinner sale in Boston had brass or silver examples, many from the 17th and 18th centuries. They were made by hand with engraved lines and letters, and an inset compass. The gnomon, the upright piece that casts the shadow, was made so it could fit into the case that held the rest of the sundial. A silver octagonal plate with lines, numerals and a hinged gnomon was kept in a felt-lined leather case. The 2¾-inch French late 17th century antique sold for \$3,198, including the buyer's premium.

Q: I have a very old dresser or commode set that is in good shape except it's missing several of the drawer handles. I believe they are silver, and they are very ornate. Is there a good place I could look for matching pieces, or is there a place I can get some made?

A: There are many places that sell replacement hardware. You can find them online, or you can look for ads for replacement hardware in antiques publications. You also may be able to find similar hardware at antiques shows or flea markets. If you don't find an exact match, you can replace all the hardware with hardware appropriate to the period. Be sure the replacement hardware needs holes where the origi-

nal holes are.

Q: I have a milk glass dish that looks like those with a hen top, but this one has an animal. It is marked "Pat'd Aug 6, 1889." Does the date tell who made it and suggest price today?

A: The patent date tells the maker is Atterbury Glass Co. of Pittsburgh. It closed in 1903. Does the animal have red glass eyes? The red eyes were used on the most expensive Atterbury animals. Many companies made milk glass, and milk-glass dishes with animal or bird lids were available. Atterbury is one of the best. In 2000, the dish was worth \$175 to \$200. Today milk glass is not as popular with collectors, and your dish is worth only \$100 to \$150.

Q: I have a purple cow figurine with a small sticker on the bottom. Some of the words are worn off, but I can read "Freeman McFarlin, El Monte, California." The cow is 4 inches long and about 4 inches high. What is it worth?

A: Freeman McFarlin Potteries was in business in California from 1951 to 1980. Gerald McFarlin had a pottery in El Monte for several years before Maynard Anthony Freeman joined him in 1951. Freeman designed some of the whimsical animal figurines that also were made into salt-and-pepper shakers, sugars and creamers, and other items. The animals he designed are incised with his signature, "Anthony." Later, the company opened a factory



A small sundial by Michael Butterfield of Paris sold for \$3,198 at a Massachusetts auction recently.

in San Marcos, California. In 1980, International Foods bought Freeman McFarlin and the El Monte factory was closed. The San Marcos factory was sold to Hagen Renaker, which continued to operate it until 1986. The purple cow figurine sells for about \$15.

Q: I have some old 10-inch Duke Ellington and Benny Goodman records from the 1940s that I would like to sell. I know there are collector books for old stamps and coins, but are there any resources to help value old records?

A: People collect all kinds of old records because of their interest in a particular type of music, a particular artist or a particular music label. Most old best-selling records were pressed by the millions and are worth very little unless they are notable for some reason — an autographed jacket, a short run pressing, or an obscure title or artist. Buyers of old records usually look for records made before 1950 and after 1970 in new or nearly new condition, with the original paper sleeves or jackets. Your old 10-inch records probably are "78s," with one song that lasts about three minutes on each side. They are shellac, made before the era of long-playing vinyl records, and are not very desirable to collectors. There are websites that buy records and have very specific lists for what they want and what they don't want. Big band music is popular, but those records still only sell for about \$2. Your local library also might have price guides for old records, such as Standard Catalog of American Records 1950-1990, 9th edition, or Goldmine Record Album Price Guide, 8th edition, both by Dave Thompson. ■

— Terry Kovel and Kim Kovel answer questions sent to the column. Write to Kovels, Florida Weekly, King Features Syndicate, 628 Virginia Dr., Orlando, FL 32803.

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CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnews@floridaweekly.com.

THURSDAY 4/20

Art After Dark — 5-9 p.m. Thursdays at the Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. Tours, lectures, live music. Content varies weekly. Free. 832-5196; www.norton.org.

Clematis by Night — 6-9 p.m. Thursday, at the West Palm Beach Waterfront. Live music, food and drinks, vendors. www.clematisbynight.net.

■ **April 20:** Kings County plays Party Rock.

Women Buying Houses Discussion — 6-8 p.m. April 20, Serenity Garden Tea House, 316 Vallette Way, West Palm Beach. This series for women by women will host professional women speaking on topics of interest in their area of expertise. Realtor Ruth Nemec Spradley and loan consultant Aleida Salvador-Harbeck will speak. Free, but reservations are requested. www.serenitygardentea.com/events/womens-series

“Beehive: The 60’s Musical” — Opens April 20 and runs through May 14 at The Wick Theatre, 7901 N. Federal Highway, Boca Raton. 995-2333; www.thewick.org

Palm Beach’s Taste of the Nation — April 20, at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Restaurants participating include Avocado Grill, Max’s Harvest, Café Chardonnay, City Cellar, Costa Palm Beach, Dada and Eau Palm Beach’s Angle, Breeze Ocean Kitchen, Stir and Temple Orange. Tickets: \$125. www.nokidhungry.org/palmbeach.

Eye Cue: The Benjamin School’s Annual Exhibit — Through April 27, in Saks Court at the Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. Features classroom artwork by Benjamin students from sixth to 12th grade. On display through April 27. 775-7750.

FRIDAY 4/21

April Luncheon — 11 a.m. Friday, April 21, at the Tequesta Country Club, 201 Country Club Drive, Tequesta. The Christian Women’s Connection of the Northern Palm Beaches’ annual luncheon features tea, a fashion show by Coton Frais of Jupiter, a performance by musicians Marlene and Oscar Rodriguez and guest speaker Barbara Hattemer, author of “Field of Daisies,” speaks about writing stories about serious subjects but are fun to read. \$28. www.cwcnpb.com; email JMCI8@att.net; 254-8934; 746-3108.

Palm Beach Book Festival event — 2-3 p.m. April 21, in the Weyenberg Center on the second floor of the Lassiter Student Center, 900 S. Olive Ave., West Palm Beach. Features a panel discussion of the classics in classrooms with David Denby, author of “Lit Up,” and Ed Boland, author of “The Battle for Room 314.” PBA Professor of English Dr. Samuel Joeckel will moderate the discussion. From 3 to 4 p.m., Olympic gold medalist Laurie Hernandez will speak about her memoir, “I Got This: To Gold and Beyond.” Admission to both presentations is \$20. Get tickets at palmbeachbookfestival.com.

“Night in Vienna” Dinner Dance — 5 p.m. April 21, American German Club, 5111 Lantana Road, Lake Worth. Dinner from 6-8 p.m., music by the Harbar Brothers Band from 7 to 11 p.m.

\$8 cover for guests. Dinner is \$12. (Wienerschnitzel or fresh fish.) Music 7-11 p.m. Harbar Brothers band. 5111 Lantana Road, Lake Worth. Reservations recommended at 294-2770.

SATURDAY 4/22

The 20th annual Downtown Stuart Craft Fair — April 22-23, 26 SW Osceola St., Stuart. www.artfestival.com

Safe Kids Day — 11 a.m.-2 p.m. April 22, Center Court at Palm Beach Outlets, 1751 Palm Beach Lakes Blvd., West Palm Beach. Learn to prevent injuries, the leading killer of children in the U.S., and a bicycle rodeo. Hosted by the Children’s Services Council of Palm Beach County. Free. 515-4400; www.palmbeachoutlets.com.

Adopt A Cat “Bingo” Fundraiser — Noon April 22, at the Moose Lodge, 3600 RCA Blvd., Palm Beach Gardens. Bingo and a raffle to benefit the cats. Doors open at 10:30 a.m. Lunch available for purchase. 307-7114.

The 5th annual Heart & Soul Fest — 2-8 p.m. April 22, Rosemary and Eighth Street, across from the Sunset Lounge in West Palm Beach’s historic Northwest District. The event features Chanté Moore, an award-winning R&B and jazz singer best known for her Top 40 hits that include “Love’s Taken Over,” “It’s Alright,” “Old School Lovin,” “Chanté’s Got A Man” and “Straight Up,” along with local bands including Faith’s Place Center and Deep Fried Funk. Info: 822-1550; www.wpb.org/cra.

SUNDAY 4/23

Palm Beach International Polo Season — Sundays through April 23 at the International Polo Club Palm Beach, Wellington. A season of challenge cups, qualifier matches and tournaments leading up to the U.S. Open Polo Championship. The best players in the world compete at the USPA 113th U.S. Open Polo Championships. Matches offer a wide range of viewing options and seating from grandstand viewing, field tailgating, stadium seating, field-side champagne brunch at The Pavilion, and exclusive sponsor boxes. 282-5290; www.internationalpoloclub.com.

Film Screening: “Denial” — 6-9 p.m. April 23, Congregation B’nai Israel, 2200 Yamato Road, Boca Raton. Observe Yom HaShoah and Armenian Genocide Remembrance Day, which both fall on the same day, with an evening of refreshments and appetizers, a brief discussion on the Armenian Genocide and the Holocaust, and a screening of the film, based on the acclaimed book Denial: Holocaust History on Trial. A candlelit prayer service follows. 241-8118; www.rememberthem.eventbrite.com.

TUESDAY 4/25

Opera Benvenuto’s 17th Anniversary Candlelight Gala — 6 p.m. April 25, Benvenuto Restaurant, 1730 N. Federal Highway, Boynton Beach. The show will feature soprano Margaret Schmitt, tenor Paul Offenkrantz, baritone Gibson Dorcé and pianist Vindhya Khare and will include highlights from 17 years of Opera Benvenuto shows including grand opera, Viennese operetta and Broadway hits. The performance takes place in the candlelit ballroom and includes a three-course meal. Tickets: \$62, inclusive. Reservations are required at 364-0600.

LOOKING AHEAD

Clematis By Night — 6-9 p.m. Thursdays at the West Palm Beach Waterfront, 101 N. Flagler Drive at Clematis Street, West Palm Beach. www.clematisbynight.net.

■ **April 27:** Cassidy Diana performs country. www.cassidydiana.com.

Meet Author Jason Reynolds — 6-8 p.m. April 27, Mandel Public Library, 411 Clematis St., West Palm Beach. Mr. Reynolds is the author of critically acclaimed “When I Was the Greatest,” for which he won the Coretta Scott King/John Steptoe Award for New Talent. Reynolds will read from his award-winning novel about police brutality, racial tension, and the power of social media, as seen from the eyes of two teens — one black and one white. A book signing follows. Free. 868-7760; www.wpbcitylibrary.org.

“Baby Boomer Baby” — April 27-May 28 at the PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. Tommy Koenig, star of “National Lampoon” on Comedy Central, has earned positive reviews for his one-man “musicomedy,” described as “a flashback through our times and the music that defined them” through original songs, parodies, and character impersonations. Showtimes: 2 and 7:30 p.m. Thursday and Saturday, 7:30 p.m. Friday and 2 p.m. Sunday. Tickets: \$45. www.pgaartscenter.com; 855-448-7469.

The YMCA of The Palm Beaches’ Healthy Kids Day — 10 a.m.-2 p.m. April 29, 2085 S. Congress Ave., West Palm Beach. Active play and educational activities to keep kids moving and learning. 968-9622; www.ymcapalmbeaches.org/healthykidsday

Plant-a-Palooza! Spring Plant Sale — 9 a.m.-4 p.m. April 29 and 9 a.m.-3 p.m. April 30, Mounts Botanical Garden, 531 S. Military Trail, West Palm Beach. This two-day annual event was renamed to celebrate plants at this two day sale including rare, exotic and hard-to-find plants, trees and herbs from 100 vendors. Free for members (who also get early entry at 8 a.m.); \$10 nonmembers. 233-1751; www.mounts.org/event-calendar.

PBAU Alumnae Tea and Silent Auction — 1 p.m. April 29, at the Wyndham Grand in Jupiter’s Harborside Place. New this year is the VIVRE Couture Fashion Show produced by PBAU alumna Kristen Alyce and Florida native artist Sarah LaPierre, and showcasing a new high-end collection of handmade, hand painted couture gowns and accessories. Tickets: \$75, which benefits the Alumni Association Scholarship Fund. www.pba.edu/alumnae-tea-2017.

The Choral Society of the Palm Beaches performs Mozart’s “Requiem” — 7:30 p.m. Saturday, April 29 and 4 p.m. Sunday, April 30, in the auditorium of FAU’s Lifelong Learning Society, Jupiter campus, at 5353 Parkside Drive. Under the direction of S. Mark Aliapoulos and accompanist, Dr. Anita Castiglione, the 70-voiced chorus will be joined by a chamber orchestra and four soloists: soprano, Vindhya Khare; contralto, Kristin Rouwer; tenor, Byron Grohman; and bass, Dr. Lloyd Mims. Tickets: \$25, adults; \$10, students. www.choralsocietypalmbeaches.org or calling 626-9997.

Zimmermann’s Café Chamber Music: Music Written Today; Composers Here and Now — 4 p.m. April 30, St. Andrew’s Episco-

pal Church, 100 N. Palmway at Lucerne Avenue, Lake Worth. Composers include Frederico DeSena, Clare Shore, Gregory Stepanich, Timothy Thompson and Donald Waxman; performers are Jackie Gillette, clarinet; Dannel Espinoza, tenor saxophone; Jacob DiEdwardo, French horn; Eric Rucker, vibraphone; Eerang Ahn and Carolyn Morgan, piano; Mei Mei Luo, violin; and Susan Moyer Bergeron, cello. In keeping with the coffeehouse theme, the composers welcome lively discussion with the audience between selections. Light food, wine, coffee and other beverages will be served. Casual attire. Tickets: \$20 at the door. Free for students with ID. 586-0532.

PosiPalooza featuring Susan Wainwright, Sue Riley and Glen Roethel — 7 p.m. April 30, Unity Church in the Gardens, 550 Bush Road, Jupiter. PosiPalooza features Posi Award nominated artists from the emPower roster, sharing the stage in an unscripted show where artists follow a round-robin format, with the artists often accompanying one another. Also features a live auction and raffle. Tickets: \$25 and \$50 VIP. A barbecue dinner is offered from 5:30 to 6:30 p.m. (\$10). 741-6515.

AT DOWNTOWN

Downtown at the Gardens, 11701 Lake Victoria Gardens Ave., Palm Beach Gardens. 340-1600; downtownatthegardens.com.

Concerts in Centre Court — 6-9 p.m. Friday. Free.

■ **April 21:** Samantha Russell Band, country

■ **April 28:** Twisted Tapestry, indie rock

■ **May 5:** Groove Merchant

■ **May 12:** On The Roxx

■ **May 19:** Twisted Tapestry

Flashback Feature — 6:30 p.m. May 6

AT DRAMAWORKS

Palm Beach Dramaworks at The Don & Ann Brown Theatre, 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2; www.palmbeachdramaworks.org.

“Arcadia” — Through April 30.

“The Cripple of Inishmaan” — May 19-June 4.

AT THE EISSEY

Eissey Campus Theatre, Palm Beach State College, 11051 Campus Drive off PGA Blvd, Palm Beach Gardens. Tickets: 207-5900; www.eisseycampustheatre.org.

Keep Flippin’ Gymnastics — 1 p.m. April 28 and 1 and 6 p.m. April 29. \$19.

AT THE GARDENS MALL

The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. 775-7750; thegardensmall.com

Earth Day Celebration — 10:30 a.m.-12:30 p.m. April 22 in Nordstrom Court. Hosted by The Gardens Mall Kids Club. Activities include arts and crafts, story time, kids yoga, games, Recycle Bingo, and refreshments. Nespresso also will have a table for a little pick-me-up for parents. Not a member of the Kid’s Club? Register at www.thegardensmall.com/thegardensmallkidsclub.

CALENDAR

Lego Takeover! Kids Grand Opening Day — 1-5 p.m. April 29. Bricks 4 Kidz hosts this event in Grand Court with Lego building contests and entertainment. Register at www.my.bricks4kidz.com.

AT HARBOURSIDE PLACE

Harbourside Place, 200 U.S. 1, Jupiter. Info: 935-9533; www.harboursideplace.com.

Live Music on the Waterfront — 6-10 p.m. Friday and Saturday in the amphitheater.

Caddyshack Cocktail Party — 6:30-9 p.m. April 20 on the rooftop at Bravo!, 149 Soundings Ave., Jupiter. Hors d'oeuvres, specialty drinks, dancing, a Bill Murray look-alike contest. \$50, benefits The Arc of Palm Beach County. 747-4445; www.arcpbc.org.

Tai Chi Class — 9 a.m. Saturdays. Cost: \$10.

Jupiter Green & Artisan Market — 10 a.m.-4 p.m. Sundays, year-round.

Free Movies on the Waterfront — Free movies are held the fourth Friday of the month.

Classic Car Show and a tribute band performance — April 22. Live music from a Tom Petty & The Heartbreakers tribute band. Car Shows are held the fourth Saturday of the month.

AT THE KELSEY

The Kelsey Theater, 700 Park Ave., Lake Park. Info: 328-7481; www.thekelseytheater.com or www.holdmyticket.com.

Hellzapoppin Circus SideShow Revue — April 20. A circus stunt show and rock-n-roll freak show extravaganza with special guests. \$10 in advance, \$12 at the door.

AT THE KRAVIS

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 832-7469; www.kravis.org.

"Kinky Boots" — Through April 23. \$27 and up. Part of Kravis On Broadway.

Anna Bergman in "You're All the World to Me" — 7:30 p.m. April 20-21. Tickets: \$35.

Soul Crooners — April 27-30. \$30 and up.

Pokémon: Symphonic Evolutions — 7 p.m. April 29. \$20 and up.

AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$10 adults, \$5 children ages 6-18; free for younger than 6. Jupiter Lighthouse participates in the Blue Star Museums program. Children must be at least 4 feet tall to climb. Tours are weather permitting; call for tour times. RSVP required for most events at 747-8380, Ext. 101; www.jupiterlighthouse.org.

Lighthouse Sunset Tour — April 26 and May 3, 24. Time varies. Climb to the top. Reservations are required.

Lighthouse Moonrise Tours — May 10. View the full moon from the top.

Lighthouse Story Time & Crafts for Kids — 10:30 a.m. monthly. Story time and a craft for ages 8 and younger. Bring a mat to sit on. Free, but reservations are required. Next event: May 6.

Twilight Yoga at the Light — 7-8 p.m. April 24, May 1, 8, 15, 22, 29. Mary Veal, Kula Yoga Shala, leads. Donation. Bring a mat and a flashlight.

AT THE MALTZ

Maltz Jupiter Theatre, 1001 E. Indian-town Road, Jupiter. Tickets: \$56 single tickets. Ask about the four-play and the five-play package. Season tickets are \$202. www.jupitertheatre.org; 575-2223.

Comedy on The Club Level — April 21.

The Landsharks Band — 8 p.m. April 22.

Conservatory Show: "The Musical Adventures of Flat Stanley Jr." — April 29-30.

AT THE JCC

The Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Info: 689-7700; www.jcconline.com/pbg.

April 20: Duplicate bridge

April 21: Beginner's supervised play

April 24: Bridge: Advanced beginner's supervised play; duplicate bridge, Timely Topics discussion group; mah jongg and canasta

April 25: Duplicate bridge

April 26: Beginner's and advanced beginner's supervised play of the hand; mah jongg and canasta; duplicate bridge

April 27: Duplicate bridge

April 28: Beginner's supervised play; duplicate bridge

AT MOUNTS

Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. Info: 233-1737; www.mounts.org.

PLANT-A-PALOOZA! — April 29-30. A two-day spring plant sale.

AT PBAU

Palm Beach Atlantic University, 901 S. Flagler Drive, West Palm Beach. Performances take place at: DeSantis Family Chapel, 300 Okeechobee Blvd., West Palm Beach; Vera Lea Rinker Hall, 326 Acacia Road, West Palm Beach; Fern Street Theatre, 500 Fern St, West Palm Beach; Rinker Athletic Campus, 3401 Parker Ave., West Palm Beach. 803-2970; www.pba.edu/performances.

Spring Dance Concert — 7:30 p.m. April 20 and 21 at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Features the PBA Dance Ensemble under the direction of Dr. Kathleen Klein. Tickets: \$15 adults, \$5 students with ID. 832-7469; Kravis.org

Senior Art Exhibit Opening Reception — Opens 6 p.m. April 21, Warren Library.

Concert Choir Spring Concert — 7:30 p.m. April 21, DeSantis Family Chapel.

Symphonic Band Spring Concert — 7:30 p.m. April 22, DeSantis Family Chapel, 300 Okeechobee Blvd.,

#SFL TOP PICKS

#COUNTRY



■ **Samantha Russell Band** — 6-9 p.m. April 21, Downtown at the Gardens. 340-1600; www.downtownatthegardens.com

#FUNNYMAN

#CABARET



■ **Carlos Mencia** — April 20-23, Palm Beach Improv at CityPlace. 833-1812; www.palmbeachimprov.com

■ **Anna Bergman in "You're All the World to Me"** — 7:30 p.m. April 20-21, Kravis Center's Persson Hall. 832-7469; www.kravis.org

04.22



■ **The 5th annual Heart & Soul Fest** — With Chanté Moore, 2-8 p.m. April 22, Rosemary and Eighth Street, across from the Sunset Lounge in West Palm Beach's historic Northwest District. Info: 822-1550; www.wpb.org/cra

West Palm Beach. Features PBAU's Symphonic Band performing wind ensemble music and marches from a wide variety of genres and historical periods Tickets: \$10 adults, \$5 students with ID at 803-2970 or ticket_central@pba.edu.

Women's Chorale Spring Concert: Sigh No More, Ladies — 7:30 p.m. April 24, DeSantis Family Chapel.

PBA Theatre Presents: "The Mystery of Edwin Drood" — 7:30 p.m. April 26, Fern Street Theatre.

PBA Symphony Concert featuring the Lubben Triplets — 7:30 p.m. April 28, DeSantis Family Cha-

pel, 300 Okeechobee Blvd., West Palm Beach. An all-Beethoven program with guest conductor Albert-George Schram. Tickets: \$10 adults, \$5 students with ID at 803-2970 or ticket_central@pba.edu.

An Evening of Diverse Chamber Music — 7:30 p.m. April 29, Vera Lea Rinker Hall.

AT THE PLAYHOUSE

The Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Info: 586-6410; www.lakeworthplayhouse.org.

Neil Simon's "They're Playing Our Song" — Through April 30.

Upcoming Student Productions!

The Musical Adventures of
FLAT STANLEY, JR.

**APRIL 29
APRIL 30**

WEST SIDE STORY

**MAY 12
MAY 13**

#TheGodDolls

**JUNE 23
JUNE 24**

Summer Camps!

ENROLLMENT CRITERIA BASED ON STUDENT'S CURRENT GRADE, OR GRADE COMPLETED

<p>MONDAY - FRIDAY 9AM - 3PM</p> <p>SENIOR CONSERVATORY GRADES 6-12</p> <p>The GodDolls</p> <p>DIRECTED AND CHOREOGRAPHED BY RICKY NAHAS</p> <p>JUNE 5-23</p>	<p>MONDAY - FRIDAY 9AM - 3PM</p> <p>LEGO GRADES K-2</p> <p>MALTZ TALENT</p> <p>GRADES 3-5</p> <p>MUSICAL THEATRE CAMP</p> <p>JUNE 26-30</p>	<p>MONDAY - FRIDAY 9AM - 3PM</p> <p>Dance INTENSIVE W/ ALEXA EVANS</p> <p>JUNE 26-30</p>	<p>WEDNESDAY - FRIDAY 9AM - 3PM</p> <p>IMPROV & Comedy!</p> <p>GRADES K-2 AND 3-5</p> <p>MUSICAL THEATRE CAMP</p> <p>JULY 5-7</p>	<p>WEDNESDAY - FRIDAY 3:30PM - 8:30PM</p> <p>Dance</p> <p>COMPANY W/ BRIAN ANDREWS</p> <p>AUDITION ONLY</p> <p>JULY 5-7</p>
<p>JULY 10-14</p> <p>MONDAY - FRIDAY 3:30PM - 8:30PM</p> <p>Dance INTENSIVE W/ BRIAN ANDREWS</p> <p>JULY 31 - AUG 4</p> <p>MONDAY - FRIDAY 9AM - 3PM</p>	<p>MONDAY - FRIDAY 9AM - 3PM</p> <p>JUNIOR CONSERVATORY GRADES 3-5</p> <p>DIRECTED AND CHOREOGRAPHED BY RICKY NAHAS</p> <p>JULY 10-28</p>	<p>MONDAY - FRIDAY 9AM - 3PM</p> <p>FROZEN</p> <p>GRADES K-2</p> <p>MUSICAL THEATRE CAMP</p> <p>JULY 31 - AUG 4</p>	<p>MONDAY - FRIDAY 9AM - 3PM</p> <p>THE LEGEND OF SHERIDAN</p> <p>GRADES 3-5</p> <p>MUSICAL THEATRE CAMP</p> <p>JULY 31 - AUG 4</p>	

Register Online at: www.jupitertheatre.org/classes-and-camps or call: (561) 575-2672



CALENDAR

Live Theatre in the Stonzek: "Good People" — April 27-May 7.

Movies in the Stonzek Theatre: "Cezanne et Moi" — May 5-11.

AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 833-1812; www.palm-beachimprov.com.

Carlos Mencia — April 20-23.

Pauly Shore — April 27-29.

Tony Rock — May 4-7.

Billy Gardell — May 12-13.

AT THE SCIENCE CENTER

The South Florida Science Center and Aquarium, 4801 Dreher Park Road, West Palm Beach. Admission is \$16.95 for adults, \$12.95 for children ages 3 to 12 and \$14.95 for seniors aged 60 and older. Admission is free for kids younger than age 3 and museum members. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 832-1988; www.sfsiencecenter.org.

Our Body: The Universe Within — Through April 23.

Silver Science Days — 2-5 p.m. monthly. Guests age 60 and older get an afternoon of science lectures and demonstrations, a planetarium show and more than 50 educational exhibits. \$10, includes refreshments. www.sfsiencecenter.org/silver-science-days

GEMS Club — 5-7 p.m. the last Tuesday of the month. For girls in grades 3-8. Math, science, engineering and technology including dinner and refreshments. \$7 registration fee. Next meeting: April 25. Theme: Sports Science." A special presentation from a female in the sports science industry and themed activities and crafts. Preregistration required at www.sfsiencecenter.org/gems. Info: SFSienceCenter.org or 832-1988.

Nights at the Museum — 6-9 p.m. the last Friday of the month. Extended hours at the museum with interactive science crafts, activities, entertainment, exhibits, planetarium shows, and a chance to view the night sky. Food for purchase. \$13.95 adults, \$11.95 seniors, \$9.95 for age 3-12, free for younger than 3. Member admission is \$6 adults, free for child members.

AT FOUR ARTS

The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Call 655-7227; www.fourarts.org.

Bolshoi Ballet Live in HD: "A Hero of Our Time" — April 29 The Society of the Four Arts, Palm Beach. \$20 or \$15 for students with valid I.D. (Student tickets must be purchased in person).

The Met Opera: Live in HD: Tchaikovsky's "Eugene Onegin" — April 22. The Society of the Four Arts, Palm Beach. \$27 or \$15 for students. (Student tickets must be purchased in person).

Exhibition: "Illustrating Words: The Wondrous Fantasy World of Robert L. Forbes and Ronald Searle" — In the Mary Alice Fortin Children's Art Gallery.

LIVE MUSIC

BB&T CENTER — 2555 NW 136th Ave, Sunrise. www.thebbtcenter.com

Neil Diamond — April 26.

Camelot Yacht Club — Jazz sessions start at 8 p.m. Tuesdays at Camelot Yacht Club, 114 S. Narcissus Ave., West Palm Beach. TCHAA! Band performs. 318-7675.

The Colony Hotel — 155 Hammon Ave., Palm Beach. Info: 659-8100 or 655-5430; www.thecolonypalmbeach.com.

Motown Fridays with Memory Lane — 9:30 p.m. to 12:30 a.m.

Saturday Late Night with the Dawn Marie Duo — 9:30 a.m.-midnight, music and dancing, plus cameos by Royal Room headliners and other celebrity performers.

Royal Room Cabaret: The doors open at 6:30 for dinner and the show starts at 8:30 p.m.

Tony Danza — April 20-22.

Copper Blues at CityPlace — 550 S. Rosemary Ave., West Palm Beach. 404-4101; www.copperblueslive.com/west-palm-beach.

April 20: Big Medicine

April 21: Steven Vincent at 5 p.m., Jumbo Shrimp at 8:30 p.m.

April 22: Michael Klein at 5 p.m. and Manny Diquez Band at 8:30 p.m.

April 23: Taylor Road Duo

April 25: Zander James & Deal James

April 26: Summer Gill

April 27: JC Dwyer & The Blackbirds

April 28: Jason Van Deman at 5 p.m., Jason K & Signal Fire at 8 p.m.

April 29: Alex Zapatier at 5 p.m. and StereoBurn at 8:30 p.m.

April 30: Billy Livesay & Cuqui Berrios

E.R. Bradley's — 104 Clematis St., West Palm Beach. Friday, Saturday and Sunday. Info: 833-3520; www.erbradleys.com.

Guanabanas — 960 N. A1A, Jupiter. Age 21 and older. Info: www.guanabanas.com.

PGA Commons — 5100 PGA Blvd., Palm Beach Gardens. Info: 630-8630; pgacommons.com.

Spoto's Oyster Bar: Acoustic guitarist Sam Meador, 6-9 p.m. Wednesday, Steve Mathison & Friends, 5:30-8 p.m. Friday. Info: spotos.com; 776-9448.

The Cooper: Acoustic rocker Joe Birch, 6:30-9:30 p.m. Thursday; Andy Taylor, 6:30-9:30 p.m. Fridays; and bluesman Mark Telesca, 6:30-9:30 p.m. April 1. Info: thecooperrestaurant.com, 622-0032.

Vic & Angelo's: "Live Music Under the Stars" — Crooner Giovanni Fazio, 6:30-9 p.m. Tuesdays; Dawn Marie, 6-9 p.m. Thursday. Info: vicandangelos.com; 630-9899.

Respectable Street Café — 518 Clematis St., West Palm Beach. Info: 832-9999; www.sub-culture.org/respectables.

ONGOING

The Ann Norton Sculpture Gardens — 2051 S. Flagler Drive, West Palm Beach. Tickets: \$15 adults, \$10 seniors 65+, \$7 for students, free for



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CALENDAR

members and children younger than age 5. Info: 832-5328; www.ansg.org.

■ **“Todd McGrain’s The Lost Bird Project”** — On display through June 28.

■ **“RISING: The Mystical World of Sophie Ryder”** — On display through April 30.

APBC Art on Park Gallery — 800 Park Ave., Lake Park. Info: 345-2842; artistsofpalmbeachcounty.com.

Call for art: Digital Painting 2017 Exhibit featuring work created using digital software, printed on any medium. Submission Deadline: May 31. Exhibit dates: June 12-July 14. Opening reception: June 16.

The Armory Art Center — 1700 Parker Ave., West Palm Beach. 832-1776; armoryart.org.

The Audubon Society — Bird walk info: asetripinfo@gmail.com; 508-296-0238. www.auduboneverglades.org.

Benzaiten Center for Creative Arts — 1105 Second Ave. S., in an historic FEC train depot building, Lake Worth. 310-9371 or 508-7315. www.benzaitencenter.org.

The Cultural Council of Palm Beach County — 601 Lake Ave., Lake Worth. Hours: 10 a.m.-5 p.m. Tuesday-Saturday. Info: 471-2901; www.palmbeachculture.com.

■ **Dorene Ginzler and Art Siegel** — Through April 29.

■ **Mark My Words** — Through May 27. Showcases works by professional artists in Palm Beach County where words are both subject matter and muse.

The Flagler Museum — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tickets: free for members; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6 free. 655-2833; www.flaglermuseum.us.

The Historical Society of Palm Beach County — Johnson History Museum, 300 N. Dixie Highway, West Palm Beach. Free admission. Info: 832-4164; www.historicalsocietytpbc.org.

■ **“For the Love of the Game: Baseball in the Palm Beaches”** — Archival photographs and historical artifacts tell the story. Through July 1.

The Lighthouse ArtCenter — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is \$5 Monday-Friday, free on Saturday and for members and exhibiting artists. Info: 746-3101; www.LighthouseArts.org.

■ **The 38th Annual Members Only Exhibition** — Through April 26

■ **Third Thursday** — 5:30-7:30 p.m. the third Thursday of the month. Wine and passed hors d’oeuvres reception and exhibits, concerts, lectures, art demonstrations, live performances and gallery talks.

The Mandel Public Library of West Palm Beach — 411 Clematis St., West Palm Beach. Info: 868-7701; www.wpbcitylibrary.org.

The Real Deal About “Fake News” — 10 a.m. April 25. How to find the information you’re really looking for. Free.

“Get That Job!” Workshop — 10 a.m.-3 p.m. April 27. The Mandel Pub-

lic Library of West Palm Beach invites job seekers are invited to a professional development workshop which will cover topics such as resume writing, job searching tools and interview tips. The workshop is free and lunch will be provided.

Meet Author Jason Reynolds — 6-8 p.m. April 27, Mandel Public Library, 411 Clematis St., West Palm Beach. Reynolds is the author of critically acclaimed “When I Was the Greatest,” for which he won the Coretta Scott King/John Steptoe Award for New Talent. Free.

Pilates — 10:30-11:30 a.m. Thursdays. Bring your own mat. By donation.

The Morikami Museum and Japanese Gardens — 4000 Morikami Park Road, Delray Beach. Info: 495-0233; www.morikami.org.

■ **“Deco Japan: Shaping Art and Culture, 1920-1945”** — Through May 21.

North Palm Beach Library — 303 Anchorage Drive, North Palm Beach. 841-3383; www.village-npb.org.

Ongoing: Knit & Crochet at 1 p.m. Mondays; Quilters meet 10 a.m. Friday; Chess group meets at 9 a.m. the first and third Saturday; TreeSearchers Genealogy Club meets the third Tuesday of the month through May.

The Norton Museum of Art — 1451 S. Olive Ave., West Palm Beach. Free admission. Info: 832-5196; www.norton.org.

■ **Art After Dark** — 5-9 p.m. Thursdays.

■ **Pen to Paper** — Artists’ Handwritten Letters from the Smithsonian’s Archives of American Art — Through June 25. Artists such as Mary Cassatt, Frederic Edwin Church, Howard Finster, Winslow Homer, Ray Johnson, Georgia O’Keeffe, Claes Oldenburg, Robert Motherwell, Isamu Noguchi, Maxfield Parrish and Edward Weston.

The Palm Beach Photographic Centre — 415 Clematis St., West Palm Beach. Info: 253-2600; www.workshop.org.

■ **Photography of Place** — Through May 6. An exhibition by more than 20 artists who are best known for their images of specific geographic places.

The Palm Beach Zoo & Conservation Society — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. every day. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 533-0887; palmbeachzoo.org.

The River Center — 805 N. U.S. 1, Jupiter. Hours: 9 a.m.-4 p.m. Tuesday-Saturday. Call 743-7123; www.loxahatcheeriver.org.

■ **Public Tour and Fish Feeding** — 2-3 p.m. Saturdays. A staff member leads a tour of the facility, including a touch tank presentation and feeding.

The Taste History Culinary Tours of Historic Palm Beach County — Cultural food tastings at family-owned eateries, juice bars, teahouses and pastry shops along with showcasing local art shops, historic buildings and emerging cultural districts. All tours start at 11 a.m. Fee: \$50-\$60. Free for children younger than age 14. Reservations required. 638-8277; tastehistoryculinarytours.org.

■ **April 22** — Delray Beach & Boynton Beach ■

PGA ARTS CENTER IN PALM BEACH GARDENS PRESENTS

Baby Boomer Baby



Written by & Starring National Lampoon’s **TOMMY KOENIG**

Join actor/comedian Tommy Koenig’s hilarious, insightful and wildly entertaining musical flashback through our times and the music that defined it. You’ll love his ‘take’ on The Beatles, Madonna, Elton John, Tina Turner, Lady Gaga, James Brown, Santana, Bee Gees, Neil Young, Blondie, Bruce Springsteen, Ramones, The Eagles and many more!



“Hilarious. Hysterical. A Steady Stream of Fun!”
- LA Weekly

“A Master of Caricature. He’s A Major Talent!”

- New York Times



APRIL 27 - MAY 28

FUNNY OLD Broads

AUDIENCES ROARED WITH LAUGHTER!

“...had me laughing hard enough to compromise my bladder’s integrity... hilarious.”

- The Chicago Reader

“Always hilarious.”

- LeBon Travel & Culture

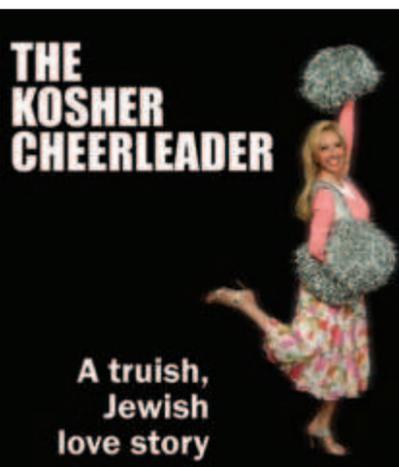
“...fast paced humor with musical comedy mixed in...delicious to watch...”

- Chicago Stage Standard



Starring Caryn Bark with Pam Peterson and Jan Slavin

July 6 - 30



THE KOSHER CHEERLEADER

A truish, Jewish love story

“Compelling”... “Engaging”... “Beguiling!”

- The Miami Herald

“Hilarious...” Remarkable Story”... “Had the audience in the palm of her hand”

- KABC Talk Radio

August 3 - 27

PGA ARTS CENTER (Formerly PGA Cinema/Loehman’s Plaza)

4076 PGA Boulevard, Palm Beach Gardens, FL 33410

(physically located off RCA Blvd: on PGA Blvd, heading East, take first right after passing 1-95, at Shell Gas Station, and then take the 3rd driveway on the right into the shopping center)

Tickets: **1-855-HIT-SHOW (1-855-448-7469)**

Groups (12+): **1-888-264-1788** • **PGAArtsCenter.com**



SOCIETY

11th Annual Place of Hope Bash at PGA National



"Like" us on Facebook.com /FloridaWeeklyPalm Beach to see more photos. We take more society and networking photos at area events than we can fit in

CONCERTS

in the **COURT**

Ring in the weekend Friday nights at Concerts in the Court. A different band each week from pop to rock, country to jazz—loud, live and **FREE**.

4/21 Samantha Russell Band *Country*
4/28 Twisted Tapestry *Indie Rock*
5/5 Groove Merchant *Pop / Rock*

6-9PM ★ **CENTRE COURT**

DOWNTOWN
at the gardens

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DowntownAtTheGardens.com

Palm Beach Gardens
Medical Center

Palm Beach Children's Hospital
at St. Mary's Medical Center

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DowntownAtTheGardens.com

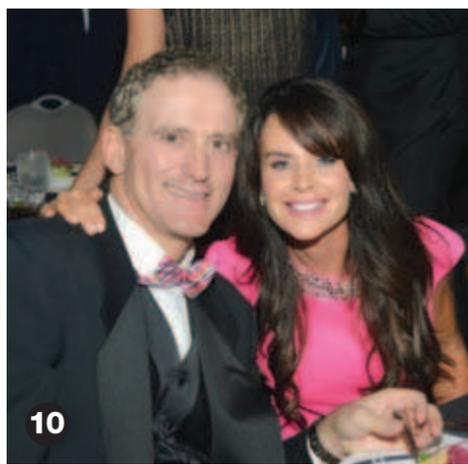
SOCIETY

Annual Resort and Spa in Palm Beach Gardens



Heather Bretzclaff and Kim Havlicek

COURTESY PHOTOS BY FOTOBOYZ



1. Maria McCraney and Steven McCraney
2. Jeni Ayers and Mike Ayers
3. Lauren Bender, Kim Havlicek, Charles Bender, Heather Bretzclaff and Bianca Vit
4. Dave Donten, Debbie Weinstein and Charles Bender
5. Maria Martin and JC Martin
6. Eric Ende, Sue Ende, Charles Bender and Karin Key
7. Erin Guy
8. Mickey Nocera and Brenda Nocera
9. Stephen Heiman
10. Sal Tiano and Kim Tiano

Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.

Indulgent

Downtown

DOWNTOWN
at the gardens

Twitter, Instagram, Facebook icons

The Blend Bistro
The Cheesecake Factory
Dirty Martini
Fro-Yotopia
Grimaldi's Coal
Brick-Oven Pizzeria
IT'SUGAR
MJ's BistroBar
Paris in Town Le Bistro
Sloan's Ice Cream
The Spice & Tea Exchange
Texas de Brazil
TooJay's
Yard House
Whole Foods Market

UNLEASH THE Foodie IN YOU

Come to **Downtown at the Gardens** for dining, drinks or both. Whether happy hour with friends, a romantic dinner for two, lunch with a client or dinner with the family, we've got the perfect menu to suit your inner foodie.

Downtown at the Gardens. All tastes for all people.

Over 2400 FREE Parking Spaces and Our Valet is Always FREE!

DOWNTOWN
at the gardens

DowntownAtTheGardens.com Twitter, Instagram, Facebook icons



HARBOURSIDE PLACE
JUPITER, FLORIDA

WEEKEND HAPPENINGS AT HARBOURSIDE

TRIVIA NIGHT

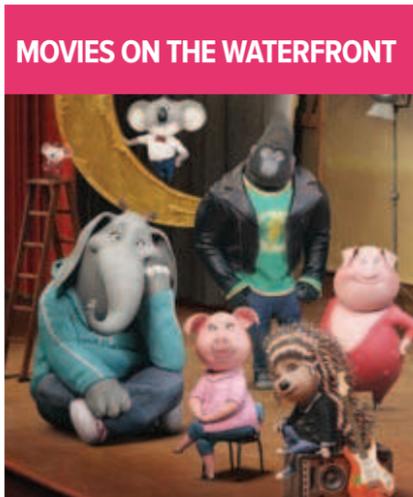


TOO BIZAARE
ECLECTIC SUSHI AND COCKTAIL LOUNGE

Wednesdays | 7pm – 9pm

Join Too Bizaare Eclectic Sushi & Cocktail Lounge every Wednesday for a free night of trivia. Prizes awarded for 1st, 2nd and 3rd place winners!

MOVIES ON THE WATERFRONT



Friday, April 21st | 8pm

Featuring: Sing (Rated PG). Watch 'Sing' for free at the waterfront amphitheater. Bring a blanket or chair & enjoy complimentary popcorn.

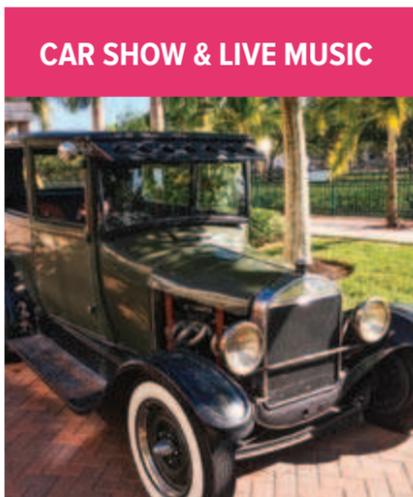
CATWALK & FASHION SHOW



Saturday, April 22nd | 3pm – 5pm

Join Educational Gallery Group for a free fashion show and catwalk, & watch students show off homemade designs using non-traditional materials.

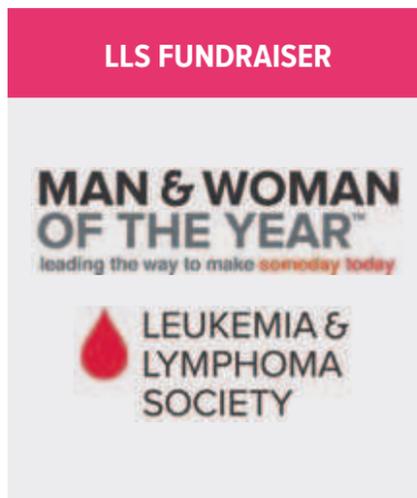
CAR SHOW & LIVE MUSIC



Saturday, April 22nd | 6pm/7pm

Classic Car Show, hosted by South East Rods & Customs, starts at 6pm (pre-registration required). Music from Piano Man, a Billy Joel Tribute, starts at 7pm.

LLS FUNDRAISER



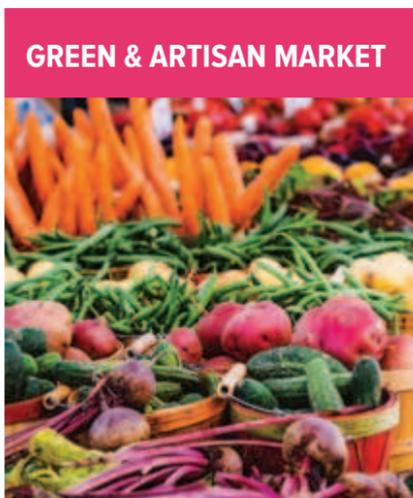
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LEUKEMIA & LYMPHOMA SOCIETY

Saturday, April 22nd | 6pm

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GREEN & ARTISAN MARKET



Sundays | 10am – 4pm

Stroll along the waterfront every Sunday and shop fresh produce, specialty foods, flowers, fashion, local art and more!



COURTESY PHOTO

A group of Cultural Arts Caravan 2016 campers surrounds a sculpture at the Boca Raton Museum of Art.

Kids' cultural arts camp to be held in early July

Area children will have a chance to receive a daily dose of art and culture this summer when the city of Palm Beach Gardens presents its innovative summer camp geared for art-minded 9-14 year olds. The 'Cultural Arts Caravan' traveling camp will be held July 3 and July 5-7. (There will be no camp on Tuesday, July 4.)

Campers will meet each day of camp at the Burns Road Recreation Center, 4404 Burns Road, and from 9:30 a.m. to 4:30 p.m., they will travel to a different cultural venue in Palm Beach County. All transportation is provided, and campers must bring lunch, snacks and drinks daily. The cost of the camp, including before- and aftercare, is \$225 for Palm Beach Gardens residents and \$282 for non-residents.

This camp for art lovers will travel

to local art galleries, cultural sights and theater venues such as Uptown Art in Jupiter, Delray Beach Playhouse, Lighthouse Arts Center in Tequesta and a climb to the top of the Jupiter Inlet Lighthouse. Sketching at the Juno Beach Pier and Loggerhead Marine Life Center will round out the week.

Campers will experience engaging hands-on art projects while working with professional artists in the community and receiving the benefit of greater individual attention. They will be encouraged to approach each off-site opportunity with a concentration on arts education.

Registration is available by visiting www.pbgrec.com or at any Palm Beach Gardens Recreation service desk. For more information, call Amy Stepper at 630-1116 or email astepper@pbgfl.com. ■

AREA MARKETS

Riviera Beach Marina Village Green & Artisan Market — 5-9 p.m. Wednesdays, 200 E. 13th St. at Broadway, Riviera Beach. Also has a flea market and antiques. Info: 623-5600 or www.harrysmarkets.com

Lake Worth High School Flea Market — 5 a.m.-3 p.m. Saturdays and Sundays, under the Interstate 95 overpass on Lake Worth Road. Info: 439-1539.

West Palm Beach Antique & Flea Market — 8:30 a.m.-2:30 p.m. Saturdays through May on Narcissus Avenue north of Banyan Boulevard. Free. Info: www.wpbantiqueandflea.com.

The West Palm Beach Greenmarket — 9 a.m.-1 p.m. Saturdays along the West Palm Beach Waterfront, 100 N. Flagger Drive, West Palm Beach. Parking is free in the Banyan and Evernia garages during market. Last market is April 22. Info: www.wpb.org/greenmarket.

The Green Market at Wellington — 9 a.m. Saturdays through April 29 at 12100 Forest Hill Blvd., Wellington, next to the amphitheater. Pet friendly. Info: www.greenmarketatwellington.com.

Lake Worth Farmers' Market — 9 a.m.-1 p.m. Saturdays, through April 29, Old Bridge Park, 1 S. Ocean Blvd., Lake Worth. Info: 283-5856; www.lakeworthfarmersmarket.com.

Delray Beach's Winter Green-

Market — 9 a.m.-noon every Saturday through May 20 at Old School Square Park, 96 NE Second Ave., Delray Beach. Info: 276-7511; www.delraycra.org/green-market

The Gardens GreenMarket — 8 a.m.-1 p.m. Sundays, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. Live entertainment from 9 a.m.-1 p.m. No pets. Through May 7. 630-1100; www.pbgfl.com

Jupiter Farmers Market at El Sol — 9 a.m.-1 p.m. Sundays through April 30, 106 Military Trail, Jupiter. Info: 283-5856; www.Jupiterfarmersmarket.com.

Royal Palm Beach Green Market & Bazaar Veterans Park — 9 a.m.-1 p.m. Sundays, Veterans Park, 1036 Royal Palm Beach Blvd. Royal Palm Beach. Through April 30. Pet friendly. www.rpbgreen-market.com.

Jupiter Green & Artisan Market at Harbourside Place — 10 a.m.-4 p.m. Sundays year-round, 200 N. U.S. 1, along the Intracoastal Waterway in Harbourside Place. Pet friendly. New vendors should email info@harboursideplace.com.

The Green Market at Palm Beach Outlets — 11 a.m.-4 p.m. Sundays, 1751 Palm Beach Lakes Blvd., West Palm Beach. Info: 515-4400; www.palm-beachoutlets.com. ■

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LATEST FILMS

'The Lost City of Z'

danHUDAK
punchdrunkmovies.com



★ ★ ★

Is it worth \$10? Yes

When I was 10 years old, my father sat me down to watch "The Godfather" (1972). I didn't understand most of it, but I was old enough to grasp Dad's intention in showing it to me, which was the emphasis on family. What I've discovered since then is that the importance of family is uniquely subjective, and therefore debatable.

Take Percy Fawcett (Charlie Hunnam) in "The Lost City of Z." He's "unfortunate in his choice of ancestors," a British aristocrat tells us, yet Percy is steadfast in trying to resurrect his family's besmirched name.

It's the early 1900s in Great Britain, and Percy's goal of advancement through military ranks has been rebuffed. He soon finds another path to redemption with the Royal Geographic Society, but there's a catch: He must be away for years as he creates maps in South America.

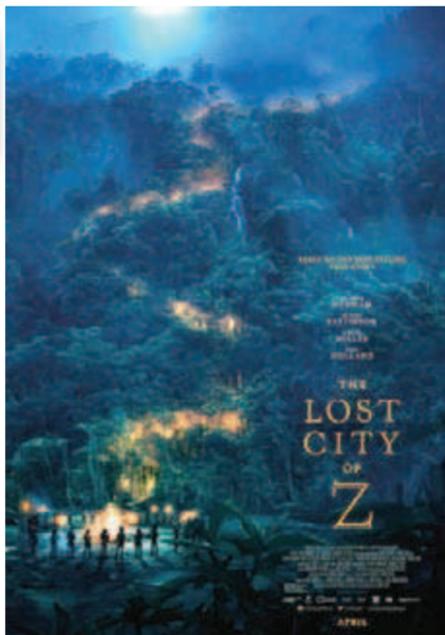
By this time Percy already has a wife, Nina (Sienna Miller), and son, Jack. He leaves them behind, but has pregnant Nina's blessing. This first voyage, accompanied by aide-de-camp Henry Costin (Robert Pattinson), is a complete success. He gets the respect he craves. He charts the map along the Rio Verde River with aplomb. He returns a hero.

But it's not enough for Percy. While in the Amazon, he saw signs of an ancient civilization and is determined to return to explore further. The hell with his family. Be damned with the dangers of the jungle, disease and savage locals. This is about legacy.

This is also where the central debate of the film comes into play.

On multiple occasions, Percy is gone for years at a time, all the while insisting that he's doing it for his family. But how does it help his sons and daughter to grow up with an absentee father? Or his wife to raise the children on her own, essentially? He's a role model for ambition and determination, but he's missing out on his children growing up.

It's a credit to writer/director James Gray ("We Own The Night") that son Jack (Tom Holland) calls Percy out for being a void in his life. Perhaps surprisingly, Percy has the temerity to be offended by the



teenage boy's bluntness. In his mind, Percy is doing right by his family. It's all subjective, remember, and don't forget: The story takes place in a different time with different cultural values.

Mr. Hunnam is strong as Percy, a man with integrity who is brutally honest — except perhaps with himself. Ms. Miller tries to give Nina an inherent strength and understanding, and she succeeds as much as the script allows Nina to have it. And Mr. Pattinson — much like Kristen Stewart — is nicely putting the "Twilight" films behind him in yet another challenging role.

Mr. Gray's dialog (based on the book by David Grann) isn't always strong, at times sinking to feebly foreboding statements such as Percy being told, "Ain't nobody comes back from there — ever," as he's about to travel the river for the first time. The line would have merit if the dangers of the journey weren't already well established; by the time it comes, we don't need a reminder.

But that's a small gripe in an intriguing, epic-scale story (it covers about 20 years) with strong performances and quality costume and production designs. "The Lost City of Z" is a film you will admire, question and debate long after it's over. And any movie that lingers with you like this has to have done something right. ■

in the know

>> **Tom Holland** can next be seen in the title role in "Spider-Man: Homecoming," opening July 7.

FILM CAPSULES

Frantz ★★ ★

(Pierre Niney, Paula Beer, Anton von Lucke) In Germany shortly after The Great War, a stranger (Mr. Niney) appears at the gravesite of a grieving woman's (Ms. Beer) fiancée (Mr. Lucke, seen in flashbacks), and he intends to get to know the fiancée's family. Tense drama whose supposed resolution comes in the middle, leading to an intriguing and unexpected second half. Rated PG-13.

Gifted ★★ ★

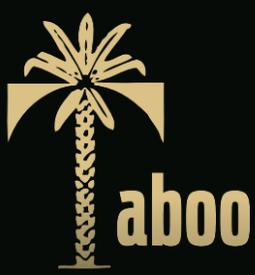
(Chris Evans, Jenny Slate, McKenna Grace) After her mother dies, a 7-year-old math prodigy (Ms. Grace) is the subject of a custody battle between her uncle (Mr. Evans) and grandmother (Lindsay Duncan). It's predictable and has the expected touching moments, but the best parts are the unexpected dashes of humor that make it endearing. Rated PG-13.

Smurfs: The Lost Village ★★ 1/2

(Voices of Demi Lovato, Joe Manganiello, Rainn Wilson) With evil wizard Gargamel (Mr. Wilson) in hot pursuit, Smurfette (Ms. Lovato), Hefty (Mr. Manganiello) and other Smurfs seek out an ominous lost village in their forest. The animation, action and humor are all average. But the target audience is little kids, and it effectively conveys the message that girls can grow up to be whatever they want to be. Rated PG.

T2: Trainspotting ★★ ★

(Ewan McGregor, Ewen Bremner, Jonny Lee Miller) Twenty years after ripping off his mates, Mark (Mr. McGregor) returns to Edinburgh and gets mixed up with the boys once again. Danny Boyle's sequel to his 1996 hit isn't the adrenaline rush the original is, but it nonetheless tells a compelling story that's worth a look. Rated R. ■



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GLASS

From page 1

The dusty remains of “L’Empire des signes” and “Alice’s Adventures in Wonderland” can be found inside distinctive goblets that are labeled with details on the book burnings. Nobody is mourning them more than their owner, Antonio Riello. It comes as a surprise to learn the Italian artist voluntarily destroyed his favorite books to serve them in these beautiful urns mimicking 16th- and 17th-century Venetian designs. “Ashes to Ashes” lets the viewers inspect and choose what knowledge to consume based on title, author and publication year. Think of it as a wine cellar and those casting shadows as the books’ lingering souls.

Mr. Riello is one of 33 artists who conceived the 46 glass works on view now through July 2 at Boca Raton Museum of Art. His is not the only piece to take a sacrificial approach in “Glasstress,” an exhibition bringing together artists from all parts of the world who don’t typically work with this historically devalued medium.

“As a curator, I didn’t focus on the medium but the content,” said Kathy Goncharov, curator of contemporary art. “The work just happens to be in glass.”

There is enough space separating the pieces to keep the show from feeling cluttered or rushed. The focus is on the daring shapes, the striking colors and provocative themes ranging from identity and social injustice to colonialism and environmental causes.

Take Michael Joo’s “Expanded Access,” which consists of shiny stanchions usually found in airports and banks to guide our steps or define a waiting line. The mirrored bars succeed at controlling our movements so long as we play along, suggests the New York City-based artist. But they are not strong enough to contain us if we go off script. “Cardiac Arrest VIII,” by South African artist Kendell Geers, delivers a similar warning with police batons made of glass. The batons are identical and hang neatly and undisturbed in the shape of a heart. There are no bloodstains. No cracks. A call for social change is all it would take to activate these spotless decorations into menacing weapons.

From a distance, Chinese artist Song Dong’s suspended black Venetian chandelier seems the type of artwork we would want to take home, brag about and happily stare at all day long. Until we realize this five-tiered alien entity has a name — Glass Big Brother — and IT is monitoring US. Those features we thought to be lovely motifs from afar are nothing less than LED-lit surveillance cameras. They are positioned at every level to capture every movement in the room. There is no need for the organism to stretch out its arms and grab us. Its presence and implications make us uneasy already.

A different level of discomfort is intro-



PHOTOS BY EDUARDO CHACON

The Boca Raton Museum of Art’s “Glasstress” exhibition challenges notions of glass as an artistic medium.

Pérez’s bleeding chandelier does.

“Carroña” (“Carrion”) features a mutilated Rezzonico-style chandelier being torn apart by stuffed crows that are happy to claim the reward of a fight in which they took no part. It hurts to watch. To set the dramatic stage, Mr. Pérez voluntarily smashed his spectacular red creation to pieces and left a translucent trail of blood on the floor. The sacrificial tone witnessed in earlier pieces is microscopic compared to this. The scene is raw and violent and feels real. Knowing the destruction was intentional, and those sharp beaks are not real, does nothing to suspend our strong belief that an actual creature is being eviscerated right before our eyes.

All the displayed pieces, including “Carroña,” were created at the Berengo Studio on the island of Murano, Italy. Two experienced installers traveled from Venice to put them together, said Ms. Goncharov. Nothing broke.

“Glasstress” is a bold attempt at weighting glass’s emotional power against well-known contenders by letting it breathe and shine on its own. Rather than conforming to fit into a predetermined weight class, the works have carved out a league of their own. As it turns out, glass can be looked at — not just looked through. ■

duced by Hans Op de Beeck’s “The Frozen Vanitas,” which is the remake of an ancient advice against human vanity and excess. The Belgian artist serves us grapes, a skull, and candles all in opaque glass and in the tradition of Dutch memento-mori still-lives from the 17th century, which rendered earthly achievements futile against the inevitability of death. The discomfort comes from spotting symbols of our modern times (a lighter, a cell phone) on Mr. Beeck’s table and realizing he is pointing at us.

Not all pieces exude a dark attitude or rely on it to get a reaction. It is the stunning hue and intricate design

of Portuguese artist Joana Vasconcelos’ “Blue Velvet” that leaves us speechless. The blue Murano glass chandelier hangs dramatically from the ceiling and brightens up the mood with LED lights and sparkling golden sequins. The long blue limbs are dressed up in polyester and wear handmade golden woolen crochet at the top. The result is electrifying.

If “Glasstress” had nothing but “Blue Velvet” and “Glass Big Brother” to offer, it would still be worth visiting if only to see firsthand how glass can become remarkable. But no piece recalibrates our brain, and injects greater admiration for this medium, quite the way Javier

in the know

“Glasstress”

>> **When:** Through July 2

>> **Where:** Boca Raton Museum of Art, Mizner Park, 501 Plaza Real, Boca Raton

>> **Cost:** Museum members, free; children (12 and under), free; adults, \$12; seniors (65 and over), \$10; students enrolled in a certificate or degree program (with a valid ID), free; adult group tours (15 or more), \$8; First Sunday of the month, free.

>> **Info:** 392-2500 or www.bocamuseum.org.

HAPPENINGS

From page 1

ists Sherrika Mitchell, Mike McCain, and Jon David Kelly. The South Florida-based team was founded by Asia Samson of the Peabody Award-winning HBO show Def Poetry Jam. They’ll perform some of their most powerful pieces at 7 p.m.

Spotlight Talks focus on the new “Pen to Paper” exhibition. At 5:30 p.m. artist Robert Motherwell is the topic, followed by Arthur Dove (5:45 p.m.), Georgia O’Keeffe (6 p.m.) and Alexander Calder (6:15 p.m.).

The DIY Art Activity from 6-8 p.m. explores the art of handwriting and artistic

calligraphy. Practice and experiment with pencils, felt-tip pens, markers, ink, pens and brushes. No experience necessary, all levels welcome.

The ULYP is a nonprofit organization for people age 21 to 40 from a wide variety of professional backgrounds who are dedicated to community service in education, health, quality of life, civic engagement and leadership.

If you go: Art After Dark — 5-9 p.m. Thursday, April 27, at the Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. Free. 832-5196, www.norton.org.

The Magna Carta

The Johnson History Museum, on the second floor of the restored 1916 court-

house at 300 N. Dixie Highway, West Palm Beach, is hosting the traveling exhibit, “Magna Carta: Enduring Legacy 1215-2015.”

The exhibit is designed to raise awareness about Magna Carta’s 800-year history using images of objects from Library of Congress collections that illustrate Magna Carta’s importance and explain its legacy. The exhibit is on display through May.

The museum is open from 10 a.m. to 5 p.m. Monday through Friday and 10 a.m. to 4 p.m. Saturday. Admission is free. Call 832-4164; www.hspbc.org.

Cast your vote for local star

Discover the Palm Beaches would like the public’s help selecting the 26th Annual Providencia Award winner. The award is

given annually to a local business, organization or individual who has demonstrated an extraordinary contribution to the vitality and prosperity of The Palm Beaches as a desirable tourist destination.

This year’s three finalists are the following: Boca Raton Resort & Club, Kravis Center for the Performing Arts and Lion Country Safari. The winner will be announced during Travel Rally Day + Providencia Award at the Lake Worth Casino & Beach Complex on May 12.

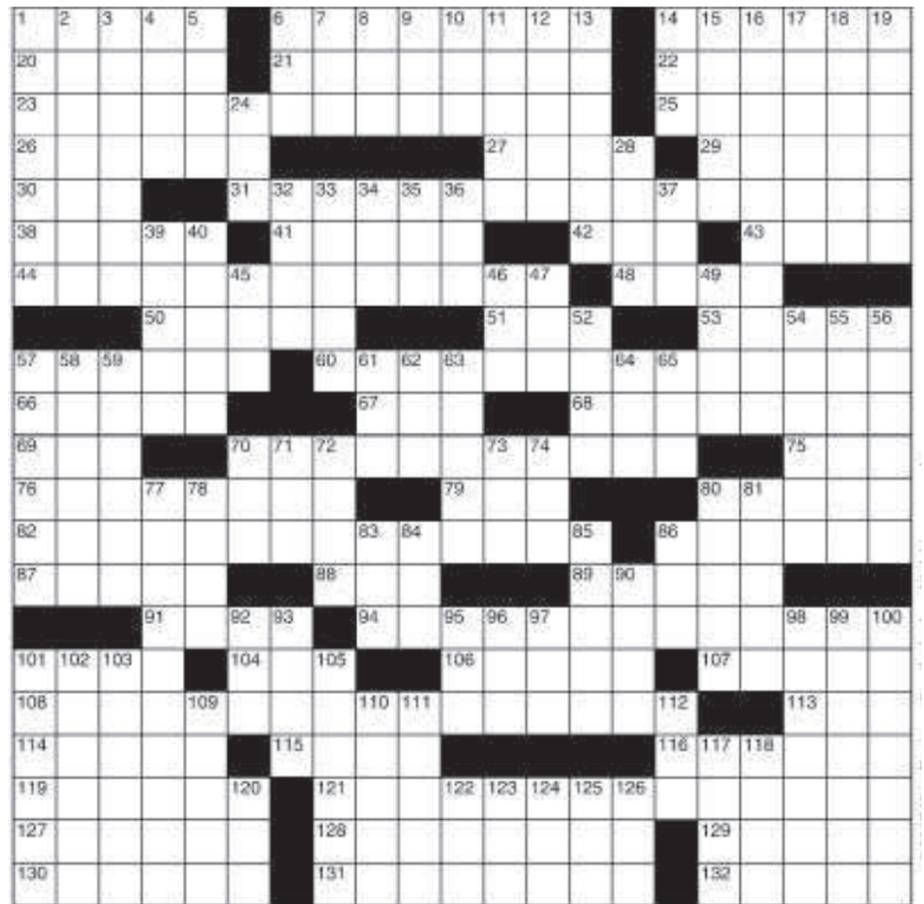
Cast your vote by midnight May 1 at www.pbpost.secondstreetapp.com/26th-Annual-Providencia-Awards/gallery/.

For more information about Discover the Palm Beaches, visit www.ThePalmBeaches.com. ■

PUZZLES

KP DUTY

- ACROSS**
- 1 Sinks in mud
 - 6 Baloney
 - 14 Place to exit
 - 20 As a whole
 - 21 Information collection
 - 22 Jumbo size at Starbucks
 - 23 College for chumps?
 - 25 Keep in custody
 - 26 "The plan was OK'd"
 - 27 Race pace
 - 29 Clark of film
 - 30 Classic Olds
 - 31 Like a bathing fish?
 - 38 "... unless I'm wrong"
 - 41 "It's — bet" ("You can't lose")
 - 42 Musical knock
 - 43 "... — ye be judged"
 - 44 Pudgy bodies?
 - 48 Steeped drinks
 - 50 Pitcher Warren
 - 51 Mauna —
 - 53 City in Southern Iraq
 - 57 —-faire (fact)
- DOWN**
- 10 "Conan" channel
 - 11 Bonnie of song
 - 12 Houston baseball pro
 - 13 Mexican cactus
 - 14 LAX takeoff guess
 - 15 Kind of shorthand
 - 16 Marketing of goods in stores, usually
 - 17 Authorize
 - 18 Makes silent
 - 19 Most sound
 - 24 Tel. book listings
 - 28 "How's —?"
 - 32 Curse word
 - 33 Organized bodies: Abbr.
 - 34 "— feezel" ("Spare me!")
 - 35 Time span
 - 36 Funds added to a bank acct.
 - 37 Alone
 - 39 Director Welles
 - 5 Garden pest
 - 6 401.
 - 40 Slightly warm
 - 45 Alpine river
 - 46 Giant Manning
 - 47 Junior, often
 - 49 Help in crime
 - 52 James with a 1958 Pulitzer
 - 54 Tiers.
 - 55 "Oh, God!" director Carl
 - 56 Obscure
 - 57 Starts, as a task
 - 58 Charm
 - 59 Grand Canal city
 - 61 Trauma-trained pro
 - 62 Long, thin fish
 - 63 Hosp. area
 - 64 Wichita-to-Houston dir.
 - 65 Bounce
 - 70 "— Mir Bast Du Schön" (1938 hit)
 - 71 Brow's curve
 - 72 Romanov title
 - 73 Shout, in Lille
 - 74 Family mem.
 - 77 Six-time U.S. Open winner
 - 78 Radio tuner
 - 80 Eyes
 - 81 Bone cover
 - 83 — Vegas
 - 84 "Quiet!"
 - 85 Janet of "Psycho"
 - 86 Pound noise
 - 90 Year, to Livy
 - 92 Equal, Prefix
 - 93 Feng —
 - 95 Radio spots
 - 96 On Soc. Sec., say
 - 97 Greek letters
 - 98 Bitter-tasting chemical salt
 - 99 "Madagascar 3: — Most Wanted" (2012 sequel)
 - 100 "CSI" procedure
 - 101 More banal
 - 102 Kingly home
 - 103 Tarzan, e.g.
 - 105 Conductor Toscanini
 - 109 Gossipy type
 - 110 Two-legged creature
 - 111 Op-ed piece
 - 112 Large playing marble
 - 117 Skiing base
 - 118 1980s Chrysler
 - 120 — Aviv
 - 122 Carders ask to see them
 - 123 Two, to Juan
 - 124 Eden exile
 - 125 Actress Susan
 - 126 Choice words?



SEE ANSWERS, B16 ▶

HOROSCOPES

ARIES (March 21 to April 19) Temper your typical Aries urge to charge into a situation and demand answers. Instead, let the Lamb's gentler self emerge to deal with a problem that requires delicacy.

TAURUS (April 20 to May 20) You are aware of what's going on, so continue to stand by your earlier decision, no matter how persuasive the counter-arguments might be. Money pressures soon will ease.

GEMINI (May 21 to June 20) By all means, have fun and enjoy your newly expanded social life. But don't forget that some people are depending on you to keep promises that are very important to them.

CANCER (June 21 to July 22) You need to wait patiently for an answer to a workplace problem and not push for a decision. Remember: Time is on your side. A financial matter needs closer attention.

LEO (July 23 to August 22) You

now have information that can influence that decision you planned to make. But the clever Cat will consult a trusted friend or family member before making a major move.

VIRGO (August 23 to September 22) Good news: You're finding that more doors are opening for you to show what you can do, and you don't even have to knock very hard to get the attention you're seeking.

LIBRA (September 23 to October 22) Your gift for creating order out of chaos will help you deal with a sudden rush of responsibilities that would threaten someone less able to balance his or her priorities.

SCORPIO (October 23 to November 21) Congratulations. Your energy levels are coming right back up to normal — just in time to help you tackle some worthwhile challenges and make some important choices.

SAGITTARIUS (November 22 to December 21) The sage Sagittarian

should demand a full explanation of inconsistencies that might be cropping up in what had seemed to be a straightforward deal.

CAPRICORN (December 22 to January 19) A conflict between obligations to family and to the job can create stressful problems. Best advice: Balance your dual priorities so that one doesn't outweigh the other.

AQUARIUS (January 20 to February 18) Don't guess, speculate or gossip about that "mystery" situation at the workplace. Bide your time. An explanation will be forthcoming very soon.

PISCES (February 19 to March 20) Boredom might be creeping in and causing you to lose interest in a repeat project. Deal with it by flipping over your usual routine and finding a new way to do an old task.

BORN THIS WEEK: You can warm the coldest heart with your lyrical voice and bright smile. You find yourself at home, wherever you are. ■

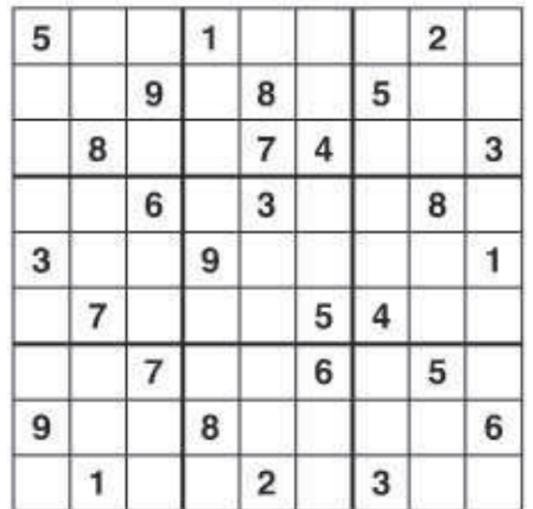
SUDOKU

Difficulty level:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

By Linda Thistle



SEE ANSWERS, B16 ▶

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■ **“Look Beyond the Mirror: A Creative and Simple Approach to Discover and Write the Story of You,”** by Penny Lauer. Privately published via the CreateSpace Independent Publishing Platform. 156 pages. Trade paperback, \$15.

The seed for this highly effective guide to memoir writing, at once practical and motivational, is a course the author gave at the Renaissance Academy (continuing education division) of Florida Gulf Coast University.



LAUER

The author approaches the project as first of all an exercise in self-discovery, a process without which the finished product would be of little use to readers — even if those readers are primarily family and friends.

Penny Lauer breaks the seemingly overwhelming task into a series of manageable steps, explaining the necessity of each step and offering, with exam-

ples, a preferred way of managing that step. Anticipating the inexperience and insecurity of her reader-students, she reaches out in a sympathetic, supportive voice with detailed advice on how to develop a flow of memories unblocked by self-censorship.

Memoir writers have to seek the emotional truths in the experiences they recall, then explore and fashion those experiences for their readers.

Ms. Lauer insists on the necessity of pushing ahead, generating as much material as possible before grouping the material and editing.

The steps in the book organize the novice writer's working life. The author insists on handwritten manuscripts (pardon the redundancy) on ruled paper in notebooks from which the pages can be removed and rearranged.

And Ms. Lauer says how and why this method works, and she also explains the need for a protected place for the writing to be done.

I agree that her system can work and produce exceptional results. I also feel that as people mature as writers, they need to explore a variety of processes. Changing your habits is a good way of waking up your perceptions and your writing.

But I worry a bit about the space Ms. Lauer gives over to distinguishing memoir from autobiography.

I don't see these categories as being at odds with one another. It might be well to consider memoir as a form of

autobiography and leave it at that.

After discussing how to bring forth the raw material and give it a workable shape, she gets into the nitty-gritty of enhancing the product.

She explains with economy and clarity the fiction techniques that can lend vitality to a work that is essentially nonfiction.

She gives examples of how sensory images work. She considers voice in narration and dialogue.

These areas of concern are often the topics of book-length explorations, but this dedicated teacher gets her students started and, it's hoped, makes them willing to look further into these and other writerly concerns.

She also discusses the importance of book and page design and what to consider in choosing a printer-publisher.

Memoir writing asks authors to think through a host of ethical questions. Does every assertion need to be factual? Should one make every effort to avoid bringing embarrassment or pain to people treated in the memoir?

Ms. Lauer handles these issues with aplomb.

Throughout their journey through

this book, readers will learn how and why to value what they are sharing with others.

The teacher asks her would-be memoirists to trust in her and to value their own uniqueness, the perception of which will emerge more fully once they leap into the process she has designed for them. She provides them with confidence, tools and her special brand of irresistible cheerleading.

A part-time resident of Naples, Ms. Lauer is the author of two novels: “Skipping Stones” and “Bottled Butterfly.” She has been a high school English teacher, a sales and marketing trainer, a Pan Am flight attendant and a fundraiser for various arts and community organizations. ■

— Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, is a poet, critic and freelance writer with 20 books to his credit, including several studies of war literature and a creative writing text.



PUZZLE ANSWERS

M	I	R	E	S		C	L	A	P	T	R	A	P		E	G	R	E	S		S		
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PGA

From page 1

generation," Mr. Roy said. "He's really a master of caricature and impersonation of musicians over the years. For example, he does all four of the Beatles, Madonna, Tina Turner, The Bee Gees, Elton John, Neil Young, Bruce Springsteen — all the musicians who influenced the baby boomer generation. He does their music. He's a one-man musical."

"Funny Old Broads," which runs July 6-30, brings humorist and playwright Caryn Bark together with fellow comedienne Pam Peterson and Jan Slavin in a mixture of song and standup comedy, featuring Ms. Bark's unique take on domestic life and her personal memories.

"We've had this show in the back of our minds for a while," Mr. Roy said. "We thought this would be the kind of show that might be fun for this area's audience. These women sing and tell jokes and it makes for a lovely evening or afternoon of entertainment."

"The Kosher Cheerleader" features celebrated standup Sandy Gelfound and plays Aug. 3-27. Ms. Gelfound spins a true story of her transformation from NFL cheerleader to Orthodox Jew. Born with a literal hole in her heart, her quest to fill that void takes her audience on a journey where she embodies the outrageous characters of her life in this singing, dancing comedy.

"It's a very interesting story about an Oakland Raiders cheerleader who had one Jewish parent and one gypsy parent," Mr. Roy said. "It's a fascinating, poignant, funny and entertaining show. Sandy's background is in theater and standup comedy, so it fits in with what we do."

Earlier this year Mr. Roy and his producing partner Dana Matthow took a multi-year lease on PGA Cinemas in Palm Beach Gardens, formerly called the Cinema 6, in Loehmann's Plaza, where they converted two of the building's six auditoria into theaters that now accommodate live stage productions. The pair owns a company called Playhouse Productions Inc., which produces shows all over the U.S. and Canada. Together they run Penn's Landing Playhouse in Philadelphia, but have put on shows in South Florida before.

"We started producing down here a number of years ago," Mr. Roy said. "We saw there was clearly a market we liked and an excuse not to be in Philadelphia and New York in the winter."

The PGA Arts Center's two theaters

seat 260 and 280 patrons respectively. A third space seating about 150 will be available for rentals within the next year. Mr. Roy said the landlord has done the basic renovations necessary to convert the auditoria from movie theaters to live theater performance spaces.

"We play in about 18 different markets across the country," he said. "Many of the theaters we play are converted movie theaters, which at some point were vaudeville houses. This is what we do."

The PGA Arts Center officially opened in January, with productions of "WaistWatchers: The Musical" and "My Son the Waiter: A Jewish Tragedy," both to enthusiastic response from an audience Mr. Roy said comprises 40-year-olds and up.

"We've had about 15,000 people through our doors already, since we opened," he said. "So we're off to a pretty good start." ■

"It's a very interesting story about an Oakland Raiders cheerleader who had one Jewish parent and one gypsy parent ... It's a fascinating, poignant, funny and entertaining show. Sandy's background is in theater and standup comedy, so it fits in with what we do."

— Philip Roger Roy, producer

in the know

>> Tickets for "Baby Boomer Baby," "Funny Old Broads" and "The Kosher Cheerleader" are on sale now and can be purchased online at www.pgaartscenter.com or by calling (855) 448-7469 or 508-8819. For group sales of 12 or more, call (888) 264-1788. Tickets for all summer shows are \$45. Show days are as follows: Thursday at 2 p.m. and 7:30 p.m., Friday at 7:30 p.m., Saturday at 2 p.m. and 7:30 p.m. and Sunday at 2 p.m.
>> The PGA Arts Center is at 4076 PGA Blvd. in Palm Beach Gardens.

Zimmermann's Café presents new music works, works-in-progress April 30

Zimmermann's Café Chamber Music will present a concert at 4 p.m. Sunday, April 30, in the parish hall of St. Andrew's Episcopal Church in Lake Worth.

Zimmermann's Café Chamber Music emulates J.S. Bach and the Collegium Musicum he directed in Leipzig, Germany. There, people gathered regularly to perform recent works and discussed them with friends in an informal atmosphere of a local coffeehouse. Now, Zimmermann's Café presents new works and works-in-progress by South Florida composers Frederico DeSena, Clare Shore, Gregory Stepanich (who also is a Florida Weekly contributor), Timothy Thompson and Donald Waxman.

The evening's performers are South Floridians Jackie Gillette, clarinet; Danel Espinoza, tenor saxophone; Jacob DiEdwardo, French horn; Eric Rucker, vibraphone; Eerang Ahn and Carolyn

Morgan, piano; Mei Mei Luo, violin; and Susan Moyer Bergeron, cello. The composers will be on hand for a lively discussion with the audience between selections. Light food, wine, coffee and other beverages will be served. Casual attire is encouraged.

Call 586-0532 for additional information on Zimmermann's Café Chamber Music events or to be added to the email list. ■

in the know

>> **What:** Zimmermann's Café: Music Written Today; Composers Here and Now!!
>> **Where:** St. Andrew's Episcopal Church, 100 N. Palmway, Lake Worth
>> **When:** 4 p.m. Sunday, April 30
>> **Tickets:** \$20 payable at the door; free for students with identification
>> **Info:** 586-0532



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FLORIDA WEEKLY CUISINE

PA BBQ eyes spot near Sears at The Gardens Mall



PA BBQ is going uptown — to the mall.

Dean Lavallee, owner, said his barbecue restaurant from Lake Park will be taking the place of the recently closed Counter Burger in The Gardens Mall.

“Sure, it’s a risk, but I think we’ll do OK there,” he said.

A Gardens Mall spokesperson could not comment on the deal until the lease is signed; Mr. Lavallee said it’s with the lawyers, and expected to be signed this week.



LAVALLEE

The restaurant would be PA BBQ & Grille’s eighth location. They have stores from Port St. Lucie to Boynton Beach and out west to Wellington.

Despite the gloom and doom predicted for malls in general, Mr. Lavallee believes they are more viable than ever — for specific retailers.

“We need to touch the things we’re buying. Retail has become all showrooms. The Restoration Hardwares and Crate and Barrels and West Elms all existed before online, but nobody was buying from them. We couldn’t touch the merchandise and didn’t trust it to be shipped, then have to ship it back when it wasn’t right.”

So, he said, “Retail isn’t dead — but it is changing.”

He thinks mall restaurants and quality food service are changing along with it.

“What we’re hearing from the mall is ‘We want recognizable middle-market local brands.’”

That’s PA BBQ, he said, and he’s anxious to answer the call.

“I love that someone is inviting me to the party and I don’t have to kick down the door.”

He first looked at the closed Figs location next to Macy’s west entrance. Parking was a problem and it was too small as well, he thought. And Figs couldn’t get footing, he said — a prob-



COURTESY PHOTO

Dean Lavallee would open a version of his PA BBQ & Grille in the spot occupied most recently by The Counter. The new location will have a patio and a firepit, he says. It also will have a full liquor license.



lem he was about to tackle before thinking better of it.

“I get myself in trouble trying to fix things other people failed at,” he said, laughing.

He’ll instead be on the north side of the mall between Sears and Bloomingdale’s. An outdoor patio will allow a firepit and tables without afternoon sun glare. A patio is a long-held dream for all his new stores, he said.

It also has an outside entrance, which can work to the restaurant’s advantage. He explained he won’t have to rely solely on a mall shopper for a client.

“I’ve been eating a lot at Brio and P.F. Chang’s over the past month. What I’ve noticed is most of their diners come in to eat and leave, and never even go to the mall. I think we’ll attract both (shoppers and destination diners).”

Not to mention the mall’s employees. “I think they’ll welcome our brand,” he said.

Mr. Lavallee wants to tweak the menu, incorporating farm-to-table foods, and adding a few approachable menu items from what he calls Americana — his childhood eats. A modern take on a Pop Tart is one of them.

“It will be a way to test some things,” Mr. Lavallee said. But the mall owners have asked him to leave the barbecue concept intact and work around its core.

“We can do that. We have the backbone of 28 years of doing what we’re good at. Smoking, grilling and saucing. We still want to champion smoked meats, ethnic foods and local foods. We don’t want to get so exotic people can’t recognize the food.”

A full liquor license, also in his long-time plans, is included in the new space, giving him a chance at increased bar business.

He’s looking forward to changes planned for the mall, including the revamped Apple store, which is doubling in size to become one of two Apple superstores in the state. Talk of Dick’s Sporting Goods coming to his end of the mall is a plus for him as well. “Those are my customers.”

He says mall owners are trying to create a one-up experience, bringing in

new people and attracting back customers who might have shifted to online shopping. New stores, and new restaurants, such as the recently opened wine bar and restaurant, Cooper’s Hawk, will draw new visitors — a win-win for everyone at the mall, he says.

“It’s exciting for me. Just give me the chance to compete.”

Mr. Lavallee is planning to open within three months.

“The good news and bad news about Dean is that I’m not risk averse,” he said, laughing. “I’m really excited about this. We’re really going to do it.”

In brief

The sun has set for Sun-Hai Tokyo, the 14-year-old Chinese restaurant near Marshall’s on PGA Boulevard. It was time for the owners to retire, according to the note on the door. Even after the plaza was redesigned, the restaurant changed little over the years, adding a sushi bar and refreshing the interior, but leaving untouched its money-papered foyer showing signatures of famous visitors. Its New York-style menu with an early-bird option remained a constant. No word on what might take its place. ■



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FLORIDA WEEKLY CUISINE

In the kitchen with... **VINNY TRUPIA,** Guanabanas Island Restaurant & Bar, Jupiter

BY MARY THURWACHTER
mthurwachter@floridaweekly.com



COURTESY PHOTO

Vinny Trupia has worked for Guanabanas since 2008.

Like the true Italian he is, Guanabanas Chef de Cuisine Vinny Trupia has a basil plant on his back porch. But until recently, that was the extent of Chef Trupia's gardening.

As part of his restaurant's Give Back Thursday events, Chef Trupia has partnered with Jupiter's El Sol Community Center to manage one of the community garden plots in Guanabanas' name. The restaurant donates its entire yield to feed hungry locals at El Sol.

"I saw it as a good team-building exercise," said Chef Trupia, who rallied his team of six sous chefs to the garden to turn dirt, plant vegetables, weed, water and harvest the plants.

"One of our sous chefs took his kids along to the garden and now he has them interested, too," said Chef Trupia, an Oklahoma native who moved to South Florida in 2000.

"It's been a lot of fun," he said of the gardening. "Each of us gives an hour or two a week to the effort."

Helping the community is important, he said.

"We (the restaurant and staff) are so blessed with success and for me, being executive chef here is a lot of fun — and a lot of work," he said. "We are happy to give back." Guanabanas has done other community outreach programs, he said, including helping with the culinary program at Jupiter Middle School and with projects at Jupiter Christian School.

Chef Trupia worked his way up in the restaurant business, starting as a dishwasher. He has held chef positions at Bianca's Italian Bistro in Juno Beach, and Bar Louie in West Palm Beach.

In 2008, he was hired as part of Guanabanas' culinary team.

"We're all about the freshness and quality," Chef Trupia said. "That's the key to our success. We're known for a fresh fish program. We purchase all our fish from Florida and I'm in touch with our fishermen on a daily basis. I have a phenomenal team to work with me."

Chef Trupia's father was a chef in Florida, but he wasn't his only inspiration. As a youngster, Chef Trupia watched his grandmother and mother prep and cook Sunday family meals, old-school Italian style.

Guanabanas, which serves between 1,000 and 2,000 people on busy days,

was founded by Jupiter surfers in 2004. The restaurant has become an institution in northern Palm Beach County. The open-air waterfront restaurant and bar with woven tiki huts, towering banyan trees and hand-chiseled coquina stone pathways is known for its lush, tropical setting, island-inspired cuisine, cocktails and live music from both national acts and the hottest names in South Florida.

True to its roots, the restaurant still provides current surfing reports on its website.

Vinny Trupia

Age: 35

Original hometown: New York City, though I grew up in Lawton, Okla.

Restaurant: Guanabanas Island Restaurant & Bar, 960 N. A1A, Jupiter, 747-8878, www.guanabanas.com; open at 11:30 a.m. for lunch and dinner seven days a week; breakfast served 8:30 a.m.-11 a.m. on Saturday and Sunday.

Mission: Providing guests with a truly unique outdoor dining experience. The restaurant offers true Florida experience with the creative outdoor restaurant design which utilizes quality exotic/local plants and trees, Key West/Old Florida-styled structures, hand-built chickee huts from the native Indian tribes of Florida, fresh Florida seafood and a premium bar with live music.

Cuisine: Florida island flair and traditional Caribbean and Latin cuisines

Training: Florida Culinary Institute in West Palm Beach

What's your footwear of choice in the kitchen? Emeril Lagasse slip-resistant service shoes

What advice would you give someone who wants to be a chef? Work hard. Be humble. This industry will give you what you put in to it. Always be willing to learn. Not a day goes by when I don't learn something new. ■



COURTESY PHOTO

Breeze Ocean Kitchen at Eau Palm Beach Resort & Spa.

SCOTT'S THREE FOR **3** Places for waterfront dining A trio worth noting

1 BREEZE OCEAN KITCHEN

Eau Palm Beach Resort & Spa, 100 S. Ocean Blvd., Manalapan; 533-6000 or www.eaupalmbeach.com.

The menu of newly refreshed outdoor area at Eau draws inspiration from across the sea — tangy ceviche, mojo Florida pink shrimp served on skewers, plus such comfort fare as burgers and lobster rolls. Yes, it's hot out. That's why we'd start off with a Bahama Mama — you know there's rum involved there. But it'll cool you down fast.

2 FRIGATE'S WATERFRONT BAR & GRILL

400 U.S. 1, North Palm Beach; 855-7497 or www.frigatesnpb.com.

Frigate's is of the few places in the North Palm Beach area for waterfront dining, and one always hears good things about the two-for-one happy hour, from 3 p.m. to 6:30 p.m. weekdays.



COURTESY PHOTO

Water views and seafood at Frigate's.

3 BRICKTOP'S

2373 PGA Blvd., Palm Beach Gardens. 530-4313 or www.bricktops.com/palm-beach-gardens/

The River House was a staple of fine dining in northern Palm Beach County for three decades. BrickTop's recently opened in the space with a menu that includes fresh Florida seafood, the ribs you may have tried at the restaurant's Palm Beach location and Deviled Eggs & Millionaire's Bacon. Sounds rich.

— Scott Simmons

THE DISH: Highlights from local menus

The Dish: The Hot Mess

The place: Burger Bar, Donald Ross Village, 4560 Donald Ross Road, Suite 100, Palm Beach Gardens; 630-4545 or www.burgerbar.com

The price: \$16.50

The details: Burger Bar calls this sandwich the Hot Mess, and it doesn't require much description on my part to see why.

The 8-ounce burger is topped with grated cheddar and a slice of Swiss cheese, jalapeños, two slices of bacon and a slightly spicy basting sauce that makes it sit up and sing.

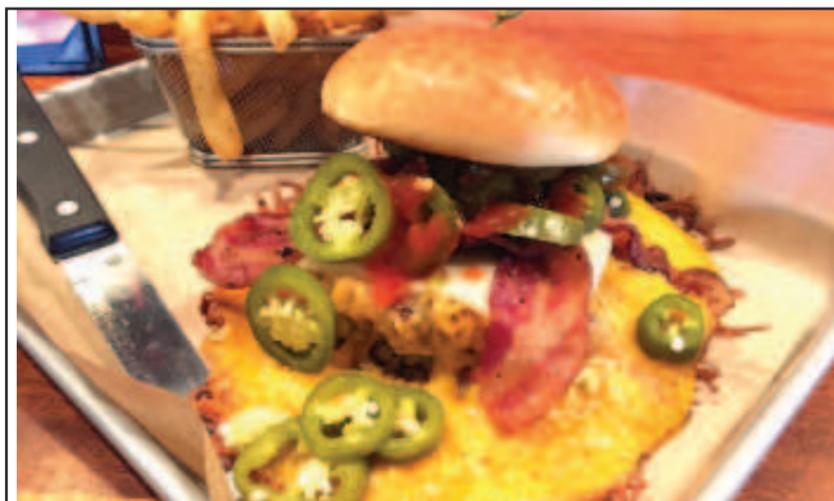
At first glance, we thought the sandwich was sitting atop hashed browns. It was then that we learned it actually was the grated cheddar cheese, grilled until crispy.

The burger itself, once you got to it, was juicy and cooked medium to order. The challah bun also was perfectly toasted.

But that cheese? It all was really too much, and much of it remained on the tray.

Still, it was a tasty sandwich that lived up to its name. ■

— Scott Simmons



SCOTT SIMMONS/FLORIDA WEEKLY



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- Chicago Stage Standard



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HOW MUCH QUALITY SLEEP SHOULD AN ADULT get? Experts recommend seven to nine hours a night, but most adults fall slightly short – averaging 6.9 hours. More than 70 million American adults have a sleep problem. About 40 million suffer from a chronic sleep disorder. Sleep disorders may result in any of the following: daytime sleepiness, snoring, apnea (or pauses in breathing during sleep), leg jerks, an inability to sit still, chronic fatigue, lack of concentration, memory problems, confusion, sleep walking, nightmares, headaches, nocturnal events and seizures, elevated blood pressure, obesity, stroke, Parkinson's disease and insomnia.

When sleep-related disorders go undiagnosed and untreated, they can lead to a decline in overall health and wellness. A good night's sleep is essential for maintaining good health and well-being.

Jupiter Medical Center's Sleep Center can help you get the sleep you deserve. For more than 20 years, the Medical Center's Sleep Center has been focused on diagnosing, evaluating and treating sleep-related disorders with a commitment to help every patient achieve restful sleep.

If you are among the millions of Americans who have trouble sleeping, here are seven habits of highly efficient sleepers that can help get you on the right track:

- **Habit One: Manage daily stress, reduce tension and unwind your mind**

SEE SLEEP, 9 ►

3D technology provides state-of-the-art diagnosis and treatment for dental implant surgery

In the past, placing dental implants involved a lot of guesswork.

Dentists used to rely on traditional black-and-white X-rays, which displayed only two-dimensional images, inaccurate in size and detail. The dentist could not see the bone, soft tissues or surrounding vital structures beneath the gums, so he would have to approximate the location of surgical implant placement.



Jay L. Ajmo
D.D.S., P.A.

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X-rays are fine for finding decay in teeth, but for dental implant surgery, 3D CT scans are now considered "the standard of care" in modern dentistry.

A CT scan is a volumetric image of your teeth, jaws, and surrounding vital structures. It shows, in high resolution and unparalleled detail, structures not visible with traditional X-rays.

3D CT scans provide both three-dimensional and cross-section views that are much more accurate than traditional two-dimensional X-rays.

These 3D computerized images provide detailed views of the facial structures that enable a qualified dentist to determine the quantity and quality of bone as well as bone density where the implants will be placed.

Vital structures such as nerves and sinuses are precisely located to add a great measure of safety not offered with traditional X-rays. With a 3D CT scan, the doctor can prop-

erly assess your specific case to determine if you're eligible for dental implants, whether bone grafting is necessary and plan precisely where to place the implants

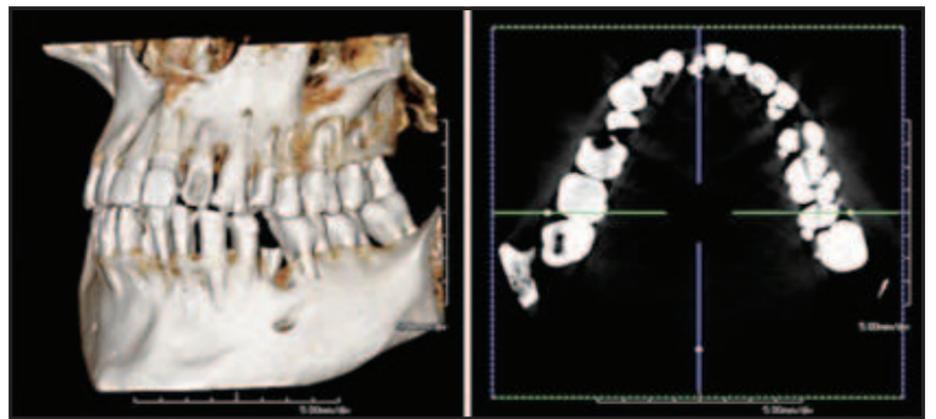
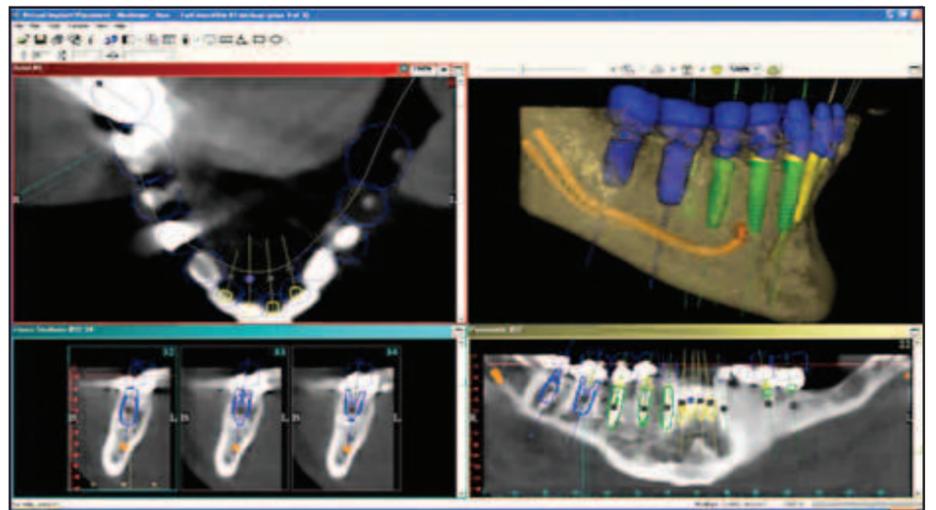
With this information, the dentist can determine the proper treatment approach for each individual patient, including the correct implant type, size and position for optimal implant placement.

These scans make implant placement more efficient and predictable while dramatically reducing the time a patient spends in the dental chair.

Cone beam CT technology emits very small amounts of radiation for the CT scan. In fact, the imaging requires less radiation than a traditional X-ray and the cone beam technology emits 80 to 100 times less radiation than a traditional medical grade CT scan of the same area.

You are seated in an open area unlike an MRI scan-and the CT scanner moves around your head. The scan will take place in the dentist's office and takes only 19 seconds.

— Dr. Jay Ajmo earned his Doctor of Dental Surgery degree from Emory University School of Dentistry in 1986. He is an active member of The American Academy of Cosmetic Dentistry and designated Master Cosmetic Dentist by the Rosenthal Institute for Aesthetic Dentistry. Dr. Ajmo has been awarded Diplomate Certification from the International Congress of Oral Implantologists, Diplomate from the American Dental Implant Association and a Mastership from the Misch International Implant Institute. He is an active member of The American Academy of Oral Implantologists. Dr. Ajmo is Board Certified in IV sedation and maintains an active membership with the American



COURTESY IMAGES

3D scans provide detailed views of the facial structures that enable a qualified dentist to determine the quantity and quality of bone as well as bone density.

Society of Dental Anesthesiology.

He focuses his practice on complete dental restoration, surgical placement of dental

implants, cosmetic smile design and sedation dentistry. Dr. Ajmo has been serving patients in his Palm Beach Gardens office since 1987.

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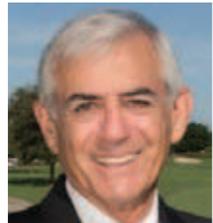
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Smart strategies for dealing with dementia

Dementia comes in many forms and has many causes. There is Alzheimer's disease, vascular dementia, dementia with Lewy bodies, and dementia caused by Parkinson's or Huntington's diseases. But did you know that "dementia-like" symptoms can be caused by adverse drug reactions, urinary tract infections and thyroid disorders? A deficiency in certain vitamins like B12, or poor nutrition and dehydration can also contribute to loss of brain function. If there are noticeable cognitive changes in an older loved one, don't dismiss it as dementia or a natural part of aging. There may



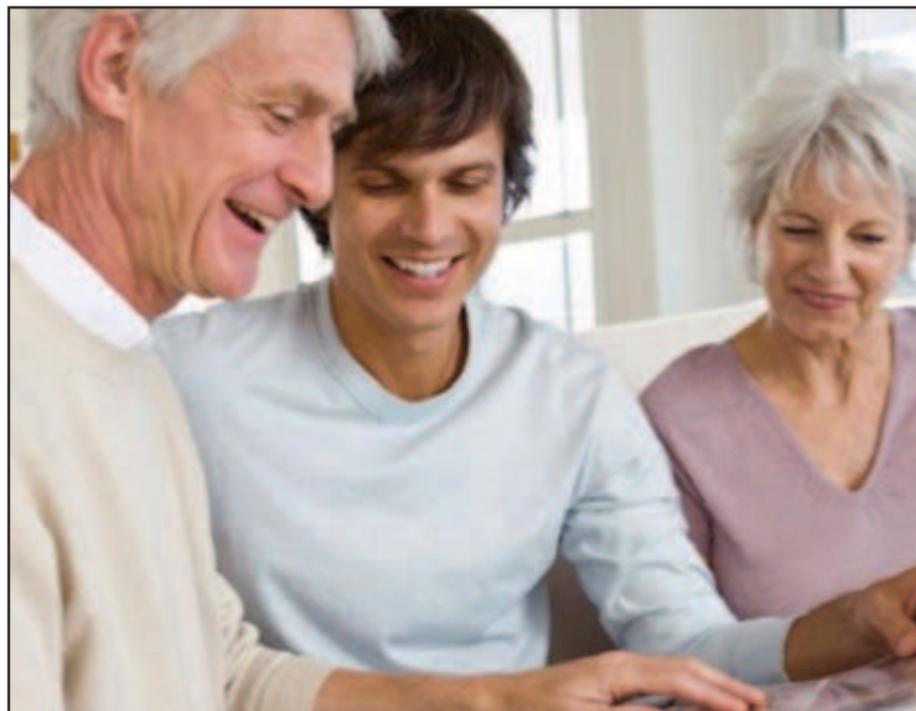
Irv Seldin
President
and Owner

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PalmBeaches.

be another diagnosis. Consult with a physician immediately. Sometimes after proper diagnosis and treatment, the symptoms can be reversed.

When dementia strikes, the person struggles as they suddenly find their world unfamiliar, confusing and often hostile. Families struggle because strategies are needed to cope with certain behaviors like wandering and agitation. Remember that in one of my earlier articles on Validation Therapy, I stressed



that it is futile to try and bring the person with dementia into your framework of reality, it is more comforting and less confrontational to enter theirs.

Here are some simple, smart strategies that can help your loved one when dealing with dementia. Start with these top five tips:

Use what you already know about the person: The individual is not the disease; remember their life history, likes and dislikes — use their stories to better

relate to them.

Smile and speak simply: Body language and tone of voice must be non-threatening; keep conversations short and to the point to avoid confusion.

Engage and encourage: Provide care in a relaxed manner; slow down and enable your loved one to do things for themselves; provide simple, enjoyable activities for stimulation.

Don't argue — distract instead: Acknowledge and respect what the per-

son is saying and doing; ask questions about their memories, or talk about their life and what they like while guiding them to the desired activity.

Step back from aggression: Agitation is often the result of an unmet need or reaction to an emotion; try to identify the trigger for the behavior and provide the solution rather than becoming angry or antagonistic.

Education of the family and caregivers is critical to successfully caring for someone who has dementia. Making the most of your loved one's remaining abilities can prolong their independence. Stay positive about each accomplishment! Don't let it bother you if everything takes more time or isn't done to perfection. If you are considering home care, keep in mind that professional caregivers are specially trained to make the tasks of daily living as easy as possible for the person with dementia, and create a safe and comfortable environment while providing appropriate activities to prevent withdrawal.

Visiting Angels of the Palm Beaches has a refreshing approach to homecare relationships. Let our "Angels" help you or a loved one recover from illness, accident or surgery, or assist with the care and companionship needed to remain comfortably and safely at home while aging in place or dealing with disease or the daily demands of living with Alzheimer's and Parkinson's. Call (561) 328-7611 or visit www.VisitingAngels.com/PalmBeaches. ■

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A nonsurgical procedure to improve orgasms and decrease urinary incontinence

Up to 25 percent of women have an orgasmic dysfunction, which is defined as the persistent or recurrent delay or absence of orgasm following a normal sexual excitement phase. The list of reasons this might happen is long and includes medications, hormone issues, medical problems or relationship issues.



Jennifer Nicholson
Nurse Practitioner
Youthful Balance
10887 N. Military Trail,
No. 7, Palm Beach Gardens
(561) 537-0537
youthfulbalance.net

The O-Shot® is not a drug. It's a procedure performed at Youthful Balance Medical Center in which your own blood platelets are injected into vaginal tissue. The theory proposed by the inventor, Dr. Charles Runels, is that platelets naturally attract your own stem cells to the injected area, therefore generate healthier and more functional tissue in the areas of sexual response in the vagina.

This rejuvenation process helps women experience orgasms with sexual intercourse and increases the strength of the orgasms. This not only helps women feel empowered and confident in their sexual identity, but when women reach climax, a substance known as Oxytocin, is released in the body, which reduces stress and gives an enhanced sense of well-being.

The O-Shot® also treats urinary incontinence. Administered through the O-Shot®,

PRP triggers the release of growth and healing factors that stimulate the tissue to rejuvenate. Relief is typically experienced within one to two weeks following the O-Shot®, and improvement continues over several weeks. Many patients have even had success resulting in reduced or eliminated need for medications used for treatment for urinary incontinence. Some have reported that they have completely stopped leaking urine after the O-Shot®.

With the O-Shot® you can expect:

- Stronger and more frequent orgasms
- Increased sexual desire
- Improved clitoral stimulation
- Increased natural lubrication
- Increased ability to have a vaginal orgasm
- Decreased urinary incontinence
- Younger, smoother skin of the vulva (lips of the vagina)
- Decreased pain for those with dyspareunia (painful intercourse)
- Increased natural lubrication

Women suffer silently when it comes to sexual problems. Reluctant to talk about it, often their condition goes untreated. There are many contributing factors to loss of sexual pleasure like menopause, childbirth, and even the natural aging process may result in sensation being lost, decreased sexual enjoyment and other functional issues in the vaginal region.

Am I suitable for this treatment?

It is estimated that as many as 1 in 20 women suffer from Female Sexual Arousal Disorder, which means that, while they may want to have sex, they find it difficult to get aroused, experience pleasure or achieve orgasm. Around 5 percent of



Does it hurt?

As a nonsurgical solution, there is minimal pain and discomfort associated with the O-Shot® treatment with some patients reporting experiencing no pain at all. The procedure is performed under local anesthetic to minimize any pain.

Is there any downtime/recovery time?

One of the big advantages of the O-Shot® treatment is that you can return to your normal activities immediately after treatment. Sexual intercourse can even be resumed the same day. ■

Call Youthful Balance Medical Center for your complimentary consultation today!

women are also thought to suffer from Female Orgasmic Disorder, where they can become aroused but have difficulty achieving orgasm. Some women also suffer with pain during and after sex, which is not from decreased lubrication or vaginal spasm, some suffer from stress urinary incontinence.

If you have any of these problems then the O-Shot® could be a solution for you. As with any treatment, you will need to have a consultation first in order to assess your suitability and rule out any contraindications.

Considering the pros and cons of health screening tests

NATIONAL INSTITUTES OF HEALTH

Catching chronic health conditions early — even before you have symptoms — seems like a great idea. That's what screening tests are designed to do. Some screenings can reduce your risk of dying from the disease.

But sometimes, experts say, a test might cause more harm than good.

Before you get a test, talk with your doctor about the possible benefits and harms to help you decide what's best for your health.

Screening tests are given to people who seem healthy in an effort to find unnoticed problems. Done before any signs or symptoms of the disease present themselves, these tests come in many forms. Your doctor might take your health history and perform a physical exam to look for signs of health or disease. They can also include lab tests of blood, tissue or urine samples, and imaging procedures that look inside your body.

"I wouldn't say that all people should just simply get screening tests," says Dr. Barnett Kramer, a cancer prevention expert at NIH. "Patients should be aware of both the potential benefits and the harms when they're choosing what screening tests to have and how often."

Teams of experts regularly look at all the evidence about the balance of benefits and harms of different screening tests. They develop guidelines for who should be screened and how often.

Choosing whether you should be screened for a health condition isn't always easy. Screening suggestions are often based on your age, family health history and other factors. You might be



screened for many conditions, including diabetes, sexually transmitted infections, heart disease, osteoporosis, obesity, depression, pregnancy issues and cancers.

Every screening test comes with its own risks. Some procedures can cause problems like bleeding or infection. A positive screening test can lead to further tests that come with their own risks.

"Most people who feel healthy are healthy," says Dr. Kramer. "So a negative test to confirm that you're healthy doesn't add much new information."

But mistakenly being told that you do or don't have a disease can be harmful. It's called a misdiagnosis.

A false negative means that you're told you don't have the disease, but

you do. This can cause problems if you don't pay attention to symptoms that appear later on because you think you don't have the disease. A false positive means that you're told you may have the disease, but you don't. This can lead to unnecessary worry and potentially harmful tests and treatments that you don't need.

Even correctly finding a disease through screening might not improve your health or help you live longer. You might learn you have an untreatable disease long before you would have. Or find a disease that never would have caused a problem. This is called overdiagnosis. Some cancers, for example, never cause symptoms or become life threatening, but they are likely to be treated if found by a screening test.

Cancer treatments can have harsh and long-lasting side effects. There's no way to know if the treatment will help you live longer.

An effective screening test might decrease your chances of dying of the condition. Most have not been shown to lengthen your overall life expectancy, Dr. Kramer explains. Their usefulness varies and can depend on your risk factors, age or treatment options.

If you're at risk for certain health conditions — because of a family history or lifestyle exposures, like smoking — you might choose to have screenings more regularly. If you're considering a screening, talk with your health care provider. ■

in the know

Questions for your doctor about screening

- What's my chance of dying of the condition if I do or don't have the screening?
- What are the harms of the test? How often do they occur?
- How likely are false positive or false negative results?
- What are possible harms of the diagnostic tests if I get a positive screening result?
- What's the chance of finding a disease that wouldn't have caused a problem?
- How effective are the treatment options?
- Am I healthy enough to take the therapy if you discover a disease?
- What are other ways to decrease my risk of dying of this condition? How effective are they?

Grant to bring HIV vaccine closer to human trials

SPECIAL TO FLORIDA WEEKLY

Professor Michael Farzan, co-chair of the Department of Immunology and Microbiology on the Florida campus of The Scripps Research Institute recently received \$4.8 million in funding through a 2017 Avant-Garde Award for HIV/AIDS research from the National Institutes of Health's National Institute on Drug Abuse. The new funding will support a five-year project, led by Dr. Farzan, to bring a potential HIV vaccine closer to human clinical trials.



FARZAN

This work will build on a 2015 study, published by Dr. Farzan and colleagues in the journal *Nature*, showing that researchers can use a gene-therapy approach to prompt muscle tissue to produce HIV-fighting antibodies or antibody-like molecules. Further studies from Dr. Farzan's lab have shown that this method works as a vaccine to

protect nonhuman primates from HIV. With the new funding, Dr. Farzan and his lab will explore the development of an "off switch" that halts production of these antibodies and antibody-like molecules. "To really make this vaccine concept work, we have to have a way to turn it off," Farzan said. The goal is to design a way to counteract negative reaction to the vaccine and make the vaccine safe for long-term exposure. Dr. Farzan is one of three researchers to win a 2017 National Institute on Drug Abuse Avant-Garde Award, which aims to stimulate high-impact research for

the prevention and treatment of HIV/AIDS in drug users. "With nearly 37 million people living with HIV worldwide, it is essential that researchers continue to develop effective prevention and treatment strategies for those suffering from this devastating disease, including people with substance use disorders," said NIDA Director Dr. Nora D. Volkow. "These scientists are pioneering exciting new approaches aimed at preventing and treating new cases of HIV and helping people at risk live longer, healthier lives." ■



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Palm Beach Children's Hospital expands pediatric surgeries

TENET HOSPITALS

As the only dedicated children's hospital between Fort Lauderdale and Orlando, the Palm Beach Children's Hospital consistently seeks to more effectively meet the medical needs of the children in our community. As part of these efforts, we've recently focused on further expanding our pediatric surgery program. This regional initiative, will help us improve pediatric systems of care, allowing us to stay up to date with the latest changes in pediatric surgery.

Led by Anne Fischer, MD, Ph.D., regional medical director of pediatric surgery for Tenet Healthcare's Coastal Division, the Palm Beach Children's Hospital's combined network of specialists for the pediatric surgery program ranges from neonatologists to orthopedic surgeons. In the event that your child needs care from a general, urological, plastic or orthopedic surgeon, specialists are available 24/7 in-house to treat patients as quickly as possible. Thanks to the many specialists associated with our hospital, we've had the privilege of healing not only local children, but also those from surrounding communities.

As parents, most of you witness and may even recall injuries associated with childhood. From scraped knees to more serious ailments, such as a head injury, the Palm Beach Children's Hospital is equipped to treat a range of conditions. Examples as to the kind of surgeries



FISCHER



our team performs include, abdominal surgeries, like appendix and gallbladder removals, orthopedic corrections for spine and limbs, as well as surgical oncologic procedures.

Additionally, our Level I trauma center treats some of the most severely injured adult and pediatric patients. Pediatric trauma surgeons are acces-

sible around the clock in the event that your child is involved in a vehicular accident, suffers a serious fall or other traumatic injury.

At the Palm Beach Children's Hospital, we offer a variety of inpatient and outpatient pediatric multidisciplinary programs. From our concussion treatment center and multidisciplinary pedi-

atric oncology program, to pediatric orthopedic, spine and general surgery, our team of dedicated pediatric surgical specialists work 24/7 in-house with specialists who treat anything from bumps and bruises, to more serious conditions. For more information about our services, visit www.palmbeachchildrenshospital.com, or call (888) 412-8141. ■

Scripps scientists develop new drug delivery method

SPECIAL TO FLORIDA WEEKLY

Scientists from the Florida campus of The Scripps Research Institute (TSRI) have developed a new drug delivery method that produces strong results in treating cancers in animal models, including some hard-to-treat solid and liquid tumors.

The study, led by TSRI Associate Professor Christoph Rader, was published March 16, 2017, online ahead of print in the journal *Cell Chemical Biology*.

The new method involves a class of pharmaceuticals known as antibody-drug conjugates (ADCs), which include some of the most promising next-generation antibody therapeutics for cancer. ADCs can deliver a cytotoxic payload in a way that is remarkably tumor-selective. So far, three ADCs have been approved by the U.S. Food and Drug Administration (FDA), but neither attaches the drug to a defined site on the antibody.

"We've been working on this technology for some time," Rader said. "It's based on the rarely used natural amino acid selenocysteine, which we insert into our antibodies. We refer to these engineered antibodies as selenomabs."

Antibodies are large immune system proteins that recognize unique molecular markers on tumor cells called antigens. On their own, Rader noted, antibodies are usually not potent enough to eradicate cancer. However, their high specificity for antigens makes them ideal vehicles for drug delivery straight to tumor cells.

"We now show for the first time that selenomab-drug conjugates, which are

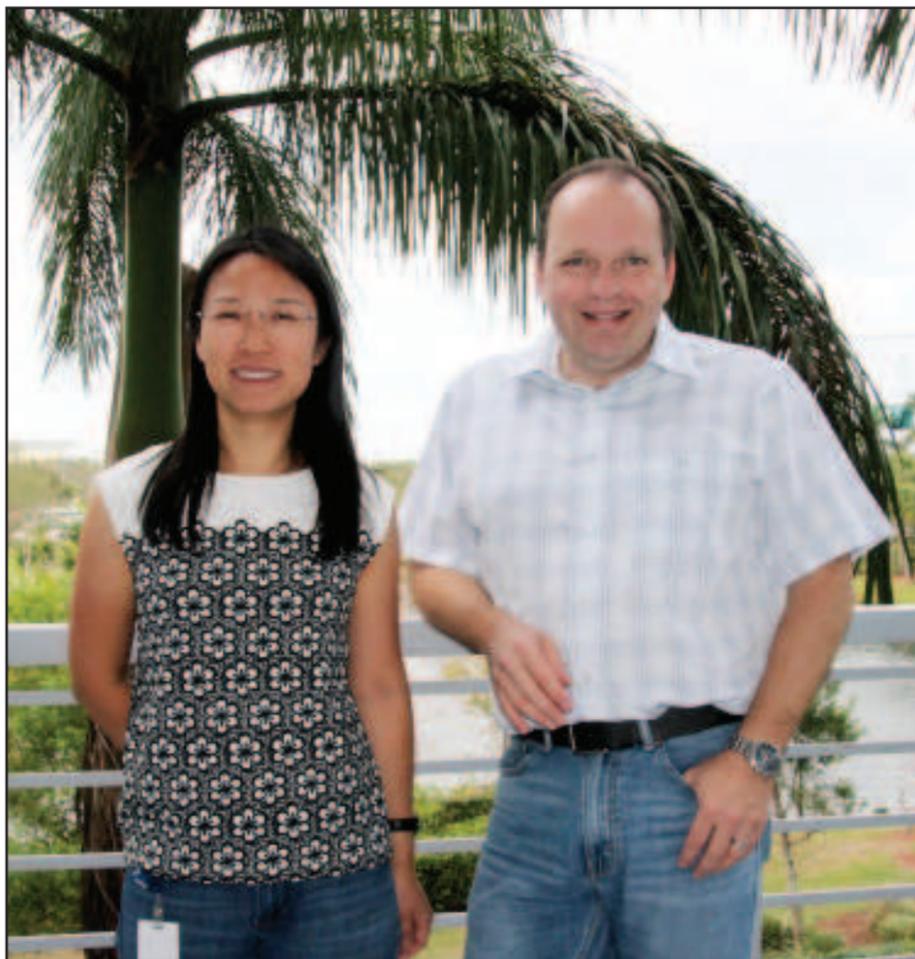
ADCs that utilize the unique reactivity of selenocysteine for drug attachment, are highly precise, stable and potent compositions and promise broad utility for cancer therapy."

Along with its potency, Rader noted, the ADC's stability is critical to its effectiveness. The researchers found that their new ADCs showed excellent stability in human blood in vitro and in circulating blood in animal models. Moreover, the new ADCs were highly effective against HER2 breast cancer, a particularly difficult cancer to treat, and against CD138 multiple myeloma. Importantly, the ADCs did not harm healthy cells and tissues.

"The selenomab-drug conjugate significantly inhibited the growth of an aggressive breast cancer," said TSRI Research Associate Xiuling Li, first author of the study. "Four of the five mice tested were tumor-free at the end of the experiment, a full six weeks after their last treatment."

The researchers plan to investigate similar ADCs going forward. Rader, along with TSRI Professor Ben Shen, was recently awarded \$3.3 million from the National Cancer Institute of the National Institutes of Health to test highly cytotoxic natural products discovered in the Shen lab using selenomabs as drug delivery vehicles.

In addition to Rader and Li, authors of the study, "Stable and Potent Selenomab-Drug Conjugates," were Tina Moroni, Pablo Martinez-Acedo and Alex R. Nanna of TSRI; Christopher G. Nelson, David Hymel and Terrence R. Burke Jr. of the National Cancer Institute; and Rajesh R. Nair and Lori Hazlehurst of the H. Lee Moffitt Cancer Center.



COURTESY PHOTO

Research Associate Xiuling Li (left) and Associate Professor Christoph Rader led the study on the Florida campus of The Scripps Research Institute.

The study was supported by the National Cancer Institute, the Lymphoma Research Foundation, the Klorfine Foundation and the Holm Charitable Trust. ■



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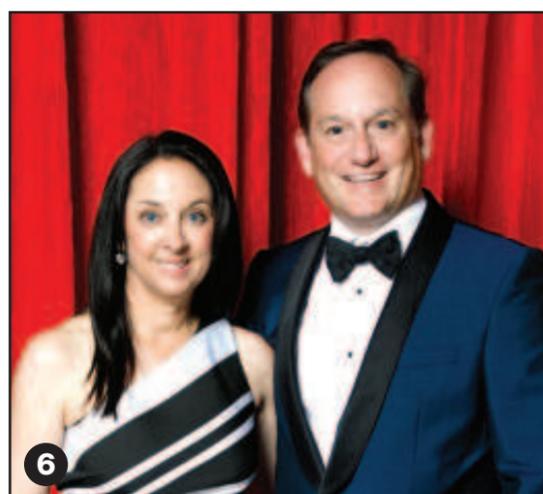
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SOCIETY

Jupiter Medical Center Black-Tie Ball, The Breakers in Palm Beach



1. Penny Murphy, Mary Humenansky, Erinn Campbell, Dina Turner, Dianne Couris, Lee Fox, Shari Fox, Lynn Stockford, Kimberly Villa, Andrea Albertini, Adriana Rosselli and Matteo Rosselli
2. Bonnie Haldeman, Maggie Taddeo, Liv vesely, Mary Lou Kennedy and Gail Scarpa
3. Augusto Villa, Kimberly Villa, Jennifer Harris, and Chris Harris
4. Mike Gervais and Heather Gervais
5. Robert Biscup and Meg Biscup
6. Shari Fox and Lee Fox
7. Harvey Golub, Connie Gordon, Dante Colussy, Roberta Golub, Don Travis and Belinda Travis
8. Shannon Cake



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SLEEP

From page 1

Learn and practice techniques like yoga or “The Relaxation Response” by cardiologist Herbert Benson to help prevent over-activation of the central nervous system’s “fight or flight” stress response.

Habit Two: Control Your Stimuli

Reserve your bedroom for rest and romance only. Make it a haven for sleep. Keep it cool (65 degrees), quiet (or soft calming sounds) and very dark. Remove phone, computer and books from your bedroom. Remove the TV or turn the brightness and volume down and put it on a sleep timer. Turn your alarm clock around so you don’t watch the clock. Listen to soft, calming sounds and if you can’t fall asleep within 20-30 minutes, go to another room and do something non-stimulating until you feel sleepy and then return to bed.

Habit Three: Develop a nightly relaxation ritual

Turn off your mind and train your brain to expect sleep at about the same time every day. Consistency is key – perform relaxation ritual activities at the same time, in the same order, every night, night after night and on the weekends.

Habit Four: Prepare your environment

Eliminate bright lights. Dim lights three to four hours before bedtime, dim night lights in the bathroom, get the most comfortable mattress and pillows you can afford, block out ambient noise using a white noise generator if necessary, put out animals, remove clutter and try aromatherapy (research shows lavender works best).



Habit Five: Watch your internal clock (or Circadian Rhythm)

Expose yourself to bright light at the same time every day when your day starts for about 30 minutes, go for a walk in the sun or have breakfast on a sunlit patio, get out of bed and start your day at the same time every day, regardless of how little you have slept. If you work at night and must drive home when the sun is out, wear the darkest sunglasses available that will still allow you to drive safely and wear them until you are inside.

Habit Six: Develop an exercise habit

Exercise every day – this can include walking and stretching. Studies show that exercise benefits sleep including increases in deep sleep (Delta) and with sleep consolidation. Talk to your doctor before beginning an exercise routine.

Habit Seven: Assess your sleep

Keep a sleep diary. Share with your doctor if you experience: snoring, which can be a sign of sleep apnea, a potentially deadly sleep disorder; any chronic sleep problem associated with daytime sleepiness; discomfort in the extremities, particularly the legs, that interferes with falling asleep or wakes you up at night; and/or chronic insomnia lasting longer than six months.

To schedule an evaluation or sleep assessment, schedule a tour or if you have questions, please contact Jupiter Medical Center’s Sleep Center at (561) 744-4478. ■

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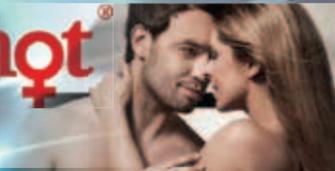
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Type 1, type 2 diabetes diagnoses on the rise among children and teens

NATIONAL INSTITUTES OF HEALTH

Rates of new diagnosed cases of type 1 and type 2 diabetes are increasing among youth in the United States, according to a study published April 13 in the *New England Journal of Medicine*.

In the United States, 29.1 million people are living with diagnosed or undiagnosed diabetes, and about 208,000 people younger than 20 years of age are living with diagnosed diabetes.

The SEARCH for Diabetes in Youth study is the first ever to estimate trends in new diagnosed cases of type 1 and type 2 diabetes in youth (those under the age of 20) from the five major racial/ethnic groups in the United States: non-Hispanic whites, non-Hispanic blacks, Hispanics, Asian Americans/Pacific Islanders and Native Americans. (The Native American youth who participated in the study are not representative of all Native American youth in the United States. Thus, these rates cannot be generalized to all Native American youth nationwide.)

Funded by the Centers for Disease Control and Prevention and the National Institutes of Health, the SEARCH study found that from 2002 to 2012, incidence, or the rate of new diagnosed cases of type 1 diabetes in youth increased by about 1.8 percent each year. During the same period, the rate of new diagnosed cases of type 2 diabetes increased even more quickly, at 4.8 percent. The study included 11,244 youth ages 0-19 with type 1 diabetes and 2,846 youth ages 10-19 with type 2.

“Because of the early age of onset and longer diabetes duration, youth are at risk for developing diabetes related compli-



cations at a younger age. This profoundly lessens their quality of life, shortens their life expectancy and increases health care costs,” said Dr. Giuseppina Imperatore, an epidemiologist in CDC’s Division of Diabetes Translation, National Center for Chronic Disease Prevention and Health Promotion.

The study results reflect the nation’s first and only ongoing assessment of trends in type 1 and type 2 diabetes among youth and help identify how the epidemic is changing over time in Americans under the age of 20 years.

Key findings

- Across all racial/ethnic groups, the rate of new diagnosed cases of type 1 diabetes increased more annually from 2003-2012 in males (2.2 percent) than in females (1.4 percent) ages 0-19.

- Among youth ages 0-19, the rate of new diagnosed cases of type 1 diabetes increased most sharply in Hispanic youth, a 4.2 percent annual increase. In non-Hispanic blacks, the rate of new diagnosed cases of type 1 diabetes increased by 2.2 percent and in non-Hispanic whites by 1.2 percent per year.

- Among youth ages 10-19, the rate of new diagnosed cases of type 2 diabetes rose most sharply in Native Americans (8.9 percent), Asian Americans/Pacific Islanders (8.5 percent) and non-Hispanic blacks (6.3 percent). The rates for Native Americans cannot be generalized to all Native American youth nationwide.

- Among youth ages 10-19, the rate of new diagnosed cases of type

2 diabetes increased 3.1 percent among Hispanics. The smallest increase was seen in whites (0.6 percent).

- The rate of new diagnosed cases of type 2 diabetes rose much more sharply in females (6.2 percent) than in males (3.7 percent) ages 10-19.

Cause unclear

“These findings lead to many more questions,” said Dr. Barbara Linder, senior advisor for childhood diabetes research at NIH’s National Institute of Diabetes and Digestive and Kidney Diseases. “The differences among racial and ethnic groups and between genders raise many questions. We need to understand why the increase in rates of diabetes development varies so greatly and is so concentrated in specific racial and ethnic groups.”

Type 1 diabetes, the most common form of diabetes in young people, is a condition in which the body fails to make insulin. Causes of type 1 diabetes are still unknown. However, disease development is suspected to follow exposure of genetically predisposed people to an “environmental trigger,” stimulating an immune attack against the insulin-producing beta cells of the pancreas.

In type 2 diabetes, the body does not make or use insulin well. Type 2 diabetes once was extremely rare in youth, but it has become more common in recent years.

Several NIH-funded studies are directly examining how to delay, prevent, and treat diabetes. For more information, visit www.nih.gov. ■

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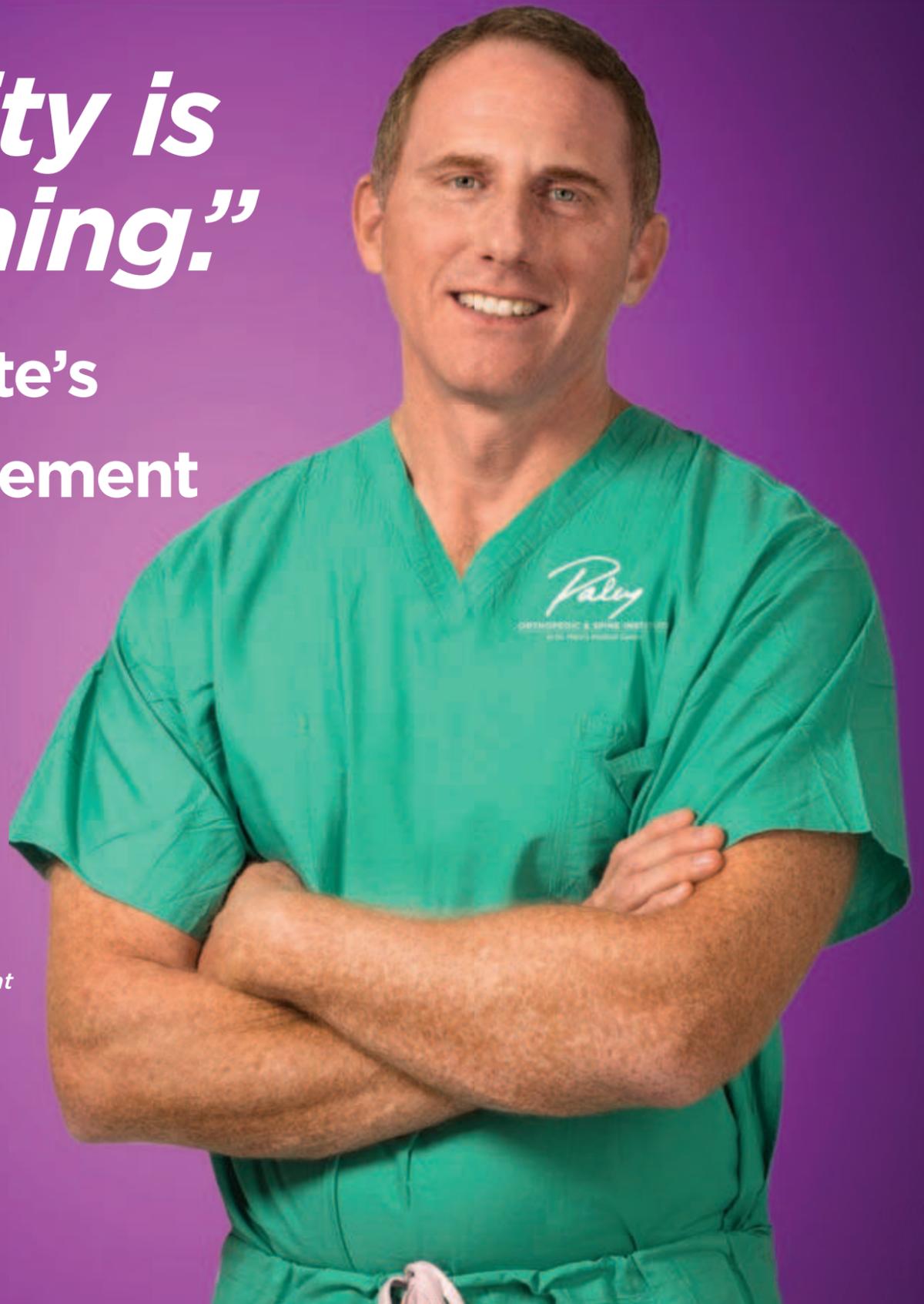
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