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Out-of-the-way eats

Expect the unexpected at these restaurants, from crumpets to camel burgers

BY JAN NORRIS

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While it seems there are restaurants on every corner, some are actually a bit harder to find.

We sought out some of the hidden spots and unusual tables in our area that provide a unique dining experience worthy of the hunt.

Tucked into the end of the Abacoa Plaza in Jupiter is a little spot with big food. The couple who own Fit Body Bistro want to turn diners on to clean eating and healthful food — by offering up fresh flavors in dishes you can design yourself.

Jennifer Antonuccio and Chris

SEE EATS, A10 ►



Pancakes from Fit Body Bistro (above).

COURTESY PHOTOS

Literary series to profile two women authors

BY STEVEN J. SMITH

ssmith@floridaweekly.com

The Friedman Commission for Jewish Education has chosen the books of authors Lauren Belfer and Irina Reyn as centerpieces for the 15th anniversary of its literary series, Conversations With Jewish Writers.

The events, taking place in January and March, will provide unique opportunities for readers to experience informal conversations with each author in an intimate

setting of about thirty or so participants, according to CJE Executive Director Dr. Penny Beers.

“Conversations With Jewish Women Writers is an important way for our agency to connect with women of all ages in our community who have a common interest in quality, contemporary literature that tackles Jewish and gender issues,” Dr. Beers said. “We hope to grow this program over the coming years.”

Ms. Belfer’s novel, “And After the Fire,” was inspired by historical events and

focuses on two Jewish women — one, a European living in 18th-century Berlin and the other in present day America — and how their lives intertwine with a mysterious choral masterpiece written by Johann Sebastian Bach.

“Bach lived in an era of religious intolerance and some of his music lashes out at Catholics, Muslims and Jews,” Ms. Belfer said. “I’m sensitive to this issue, because many members of my family were mur-

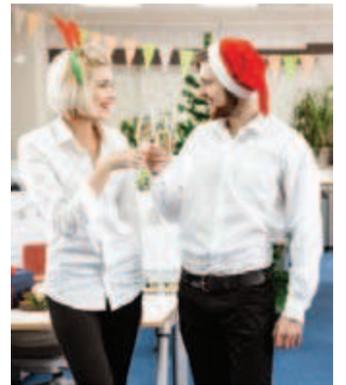
SEE AUTHORS, A5 ►

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Faces of Krome

Artist gives inmates an identity on paper. B1 ►



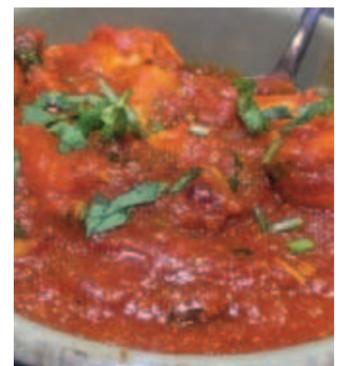
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The Dish

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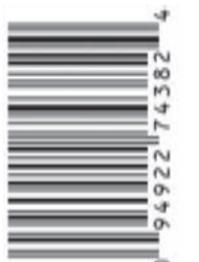
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COMMENTARY

Bitter harvest



After the most divisive presidential campaign in modern history, Donald Trump is poised to become the 45th president of the United States. He will place his right hand presumably on a Bible (although a Bible is not required) and swear before almighty God to defend and protect the Constitution of the United States. Good luck with that.

It is hard to imagine a more demoralizing prospect. The man has little regard for the self-evident truths he will swear to uphold. Civic lessons could prove helpful. For instance, the values and principles embodied in the president's oath of office are enshrined collectively in what historians call the nation's Charters of Freedom. It includes the Declaration of Independence, the Constitution and the Bill of Rights, documents foundational to our democracy. They have guaranteed the rights and freedoms of all Americans for more than 200 years.

Their prologue is a revolutionary principle unique to the United States and its form of democratic governance. It states "that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

This is the American creed, the fundamental principle through which government is granted consent of the governed. The Founding Fathers intended it so.

Adherence to the creed is a true measure of the democratic republic for which it stands. It is the standard by which Americans hold government accountable for its task of governing. The guarantee of equal protection under the law ensures the rights and responsibilities of citizenship are broadly shared.

The Founding Fathers planted their flag on the highest of grounds. But they knew the creed was aspirational. They were no strangers to human bondage and the many forms it takes. But moral purpose was their construct. It was the rock upon which to build a young nation toward a transformative form of self-government found nowhere else in the world. This was the toughest of tough love. It was the founding parents' plan of discipline for future generations, in its most instructive, democratic, hopeful form.

President-elect Trump repudiates this vision. He vows to abrogate the creed with an authoritarian form of government that is antithetical to democracy. He de-legitimizes at every opportunity our democratic institutions.

He falsely claims the nation's electoral system is rigged. Like Nixon, he ventures immunity for criminal wrongdoing, i.e., if the president does it, it can't be illegal. He believes he can mete out extrajudicial punishments at will.

He thinks personal enrichment at the

expense of the nation is a perk of the Oval Office. He is a serial liar, perverting fact and truth with impunity. He makes personal attacks on his critics and those with whom he disagrees. All this and the guy isn't even in office yet.

Meanwhile, liberals are licking their wounds and publicly shamed. Self-recriminations proliferate as the sum of failures total up to Republican-controlled everything. The most oft-repeated narrative? The vote for Trump was the primal scream of hardworking (white) Americans tired of being on the losing side of economic prosperity.

Voting for a racist, xenophobic, sexual predator was therefore justifiable. So, shame on everyone who didn't feel the pain and fear of the (white) working class. A vote for Trump was their cry for help. And, oh, yes. Not all people who voted for Trump are racist (sexist or xenophobic).

I get it. But it doesn't change the fact decent people voted for someone who is all those things. This isn't a figment of the liberal imagination.

The Ku Klux Klan endorses Trump. Trump is a hero to extremist, right-wing groups advocating for a white supremacist state. Trump's "chief strategist and senior counselor," Steve Bannon, is on record for encouraging conspiracy theories and anti-Semitic, racist and misogynistic hate speech. He is the white nationalists' desk in the White House.

The yield of nativist, racist spawn is violence and oppression of people perceived as "different." And sorry. Being

"white" won't make you safe. To become a target, you need only commit a transgression of difference while breathing.

This is a lesson in tyranny hard to miss when enforced and sanctioned by both faith-based institutions and government — as it was in the segregated South. Its most horrific yield was lynched black bodies.

Billie Holiday sang of the trees that bore this strange fruit, and of "blood on the trees and blood on the root."

Trump will take the nation to the lowest of these latitudes, where moral failures left the stain of hypocrisy on the faith community, where government sanctioned civil wrongs in opposition to civil rights and where the Ku Klux Klan last lynched an African-American in an Alabama community.

"Great again" is a promised return to a troubled past, and Trump is the symbol of its resurrection.

It is a "strange and bitter crop" that awaits the nation's harvest. ■

— Leslie Lilly is a native Floridian. Her professional career spans more than 25 years leading major philanthropic institutions in the South and Appalachia. She writes frequently on issues of politics, public policy, and philanthropy, earning national recognition for her leadership in the charitable sector. She resides with her family and pugs in Jupiter. Email her at llilly@floridaweekly.com and read past blog posts on Tumblr at llilly15.Tumblr.com.

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DECEMBER

COMMUNITY EVENTS & LECTURES



Diabetic-Friendly Cooking For the Holidays Demonstration

Thursday, December 15 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

Approximately 22 million people suffer from diabetes. For diabetics, the ingredients you use and the way you cook may make a difference.

Join our Director of Food & Nutritional Services and a registered dietician at Palm Beach Gardens Medical Center, for an informative, diabetic-friendly cooking demonstration. Afterwards, you'll even get to sample the food.

Registration is required.



Hands-Only Adult CPR Class

Tuesday, December 20 @ 6:30-7pm

Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. Palm Beach Gardens

Medical Center sponsors a monthly CPR class for the community, held at PBG Fire Rescue. Local EMS give a hands-only CPR demonstration and review Automated External Defibrillator use. Participants practice their new skills on CPR manikins.

Reservations are required.



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Heart Attack Risk Assessment

(blood pressure, BMI, glucose and cholesterol)

Wednesday, December 14 @ 8-11am

Osteoporosis Screenings

Thursday, December 15 @ 9am-1pm

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PALM BEACH GARDENS & JUPITER
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OPINION

It is a good day to die!



bill CORNWELL

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The government of the United States is not known for its efficiency. But it functions as a well-oiled machine when it comes to the unrelenting screwing of our Native American population.

The government has been shafting Native Americans for so long that it has almost become second nature. So routine is this institutionalized mistreatment that most of us give it little thought.

Our history is befouled by the brutalization and displacement of Native Americans, which began shortly after the first Europeans arrived. From there it was a short hop to the Trail of Tears, the establishment of a "Permanent Indian Frontier" (which was scandalously short-lived), the Indian Wars, countless broken promises and treaties and the establishment of reservations that remain a source of national disgrace.

Andrew Jackson, the architect of the Trail of Tears, was hailed by Americans of European descent for his harsh dealings with Native Americans.

When gold was discovered in California in 1848, the idea of a Permanent Indian Frontier in the West — a tenuous concept from the get-go — went out the window forever. The unfettered presence of "savages" would deter whites who were poised to stream en masse toward riches on the West Coast. Washington had assured Native Americans that the Permanent Indian Frontier was a solemn pact — one that would never, ever be broken. But, in a tradition that continues to this day, greed trumped principle.

The government early on attempted to justify its duplicitous treatment of Native Americans as something that was divinely inspired. Thus, Manifest Destiny was born. As Dee Brown wrote

in his 1970 classic, "Bury My Heart at Wounded Knee," "policy makers in Washington invented Manifest Destiny, a term which lifted land hunger to a lofty plane."

Mr. Brown explained the thinking behind Manifest Destiny: "The Europeans and their descendants were ordained by destiny to rule all of America. They were the dominant race and therefore responsible for the Indians — along with their lands, their forests and their mineral wealth."

This blatantly racist theory still infects the government's policies toward Native Americans.

Such is the case now in North Dakota, where Native Americans are protesting a pipeline that would carry North Dakota oil to a shipping point in Illinois. Proponents of the \$3.8 billion, 1,170-mile pipeline say it will be safe.

The Standing Rock Sioux Tribe and other Native American tribes aren't convinced. The tribes believe the pipeline has the potential to pollute the Missouri River — and their drinking water — and desecrate sacred burial grounds and cultural lands.

"The legal and ethical argument is about tribal sovereignty and the protection of natural resources," *The New York Times* has observed.

Native Americans have been physically protesting the pipeline, and it has turned ugly. North Dakota law enforcement agencies have dealt harshly with the protesters. To quell demonstrations, authorities have employed sound cannons, tear gas grenades and rubber bullets. They also used a skin-peeling, high-pressure, hypothermia-inducing water cannon on the crowd in sub-freezing temperatures.

According to a lawsuit filed late last month, some 200 protesters have been injured. Their injuries included sei-

zures, facial burns, broken bones, bruising and eye damage. One woman, the suit claims, nearly lost her arm.

It is excruciatingly sad that so little attention has been paid to this affair. Had this sort of ferocious treatment been unleashed on other oppressed minorities — African-Americans, Latinos, members of the LGBT community, Muslims, to name a few — the outrage would have been overwhelming.

It is mildly encouraging that not everyone is turning a blind eye. Some 2,000 military veterans were converging on North Dakota, vowing to act as "human shields" for the protesters. Tulsi Gabbard, an iconoclastic congresswoman from Hawaii, has joined the fray. The vets and Ms. Gabbard are true heroes.

The media will pay close attention only if the violence escalates to horrific levels. Otherwise, this will be just a curious little story about Native Americans raising hell in North Dakota.

The odds are stacked against the tribes, for sure, but they persist, unafraid and undaunted. They live in the grand tradition of Crazy Horse, the fierce Lakota warrior of the plains, whose call to battle was "hoka hey." Hoka hey, when loosely translated, means "It is a good day to die!"

Ominously, given the officially sanctioned violence that has occurred so far, hoka hey might be an appropriate rallying cry for those brave souls who seek justice for Native Americans in the frozen wastelands of North Dakota. *Note: The Army Corps of Engineers on Sunday denied permission for the Dakota Access pipeline to cross under a section of the Missouri River, handing at least a temporary victory to the Standing Rock Sioux tribe and its supporters.* ■



History strikes back



richLOWRY

Special to Florida Weekly

President Barack Obama won't explicitly say that Donald Trump is on the wrong side of history, but surely he believes it.

The president basically thinks anyone who gets in his way is transgressing the larger forces of history with a capital "H." In 2008, he declared John McCain "on the wrong side of history right now" (the "right now" was a generous touch — allowing for the possibility that McCain might get right with History at some future date).

Obama has returned to this phrase and argument obsessively. It is deeply embedded in his, and the larger progressive, mind — and indirectly contributed to the left's catastrophic defeat on Nov. 8.

For the left, History is not a vast, unpredictable, untamable force, but has all the characteristics of a stereotypical Whole Foods shopper. History reads *The Huffington Post*, and follows Lena Dunham on Twitter. It really cares whether transgender people get to use the appropriate bathroom. History was probably hanging

out at the Javits Center on election night, and collapsed into a puddle of tears right around the time Wisconsin was called.

The political dangers of this point of view should now be obvious: It assumes that certain classes of people are retrograde. Why would Democrats bother to try to appeal to working-class white voters if they are stamped with the disapproval of History?

It becomes a warrant for all manner of overreach. History evidently favored trying to get nuns to sign up for contraceptives they didn't want and forcing small business to bake cakes for gay weddings.

And, if History is thought to have an ascendant electoral coalition (and a hell of a data operation), it creates an unjustified sense of political inevitability. This is what the theorists of the "emerging Democratic majority," and most pundits on the left, bought into.

All that said, the evidence was pretty good for the proposition that welfare-state programs, once ensconced, could never be reversed and therefore must enjoy the approval of History. This assumption pervaded the Obamacare debate. Sen. Harry Reid lambasted Republicans for not "joining us on the right side of history" and compared them — of course — to defend-

ers of slavery.

In retrospect, History might not have been so enamored of sprawling legislation based on faulty economic premises. When Republicans pass a repeal bill, it will constitute the most significant rollback of the welfare state ever.

Another progressive assumption is that the nation-state is bound to decline, as supranational institutions like the European Union grow and cross-border migrations increase. In a trip to Germany in April, President Obama deemed Angela Merkel's policy of welcoming a massive wave of migrants as "on the right side of history." Never mind that its recklessness has caused a backlash that is still brewing. Obama believed the same of his own latitudinarian views on immigration, apparently never imagining people might consider it progress to tighten our borders rather than render them more porous.

Now, a president who so confidently associated himself and his cause with the tide of the future has presided over a political wipeout that will send much of his legacy into the dustbin. If nothing else, History has a keen sense of humor. ■

— Rich Lowry is editor of the *National Review*.

AUTHORS

From page 1

dered in the Holocaust. I wondered what if I came across an unknown masterpiece of Bach's music and what if its libretto was, by our modern standards, prejudicial and horrifying?

This story is in some ways about historical figures, but it is also very personal to me. And I know many people in the audience of the CJE event will bring their own passion and commitment to the conversation through our shared experience."

Ms. Reyn's book, "The Imperial Wife," pulls back the curtain on the politics and high drama in the Sotheby's and Christie's art worlds. The novel follows the lives of two women — one in contemporary New York City and the other in eighteenth-century Russia — as they are both affected by a priceless artifact. The book tackles issues of female ambition today and in the past.

"In writing this book, I was very interested in women at work and how women process power," Ms. Reyn said. "Especially getting to a place of power and the challenges they face to rise in their profession. I also wanted the story to speak to women in power in different time periods and how far women have come from the 18th century."

Dr. Beers said the CJE, a nonprofit organization, is dedicated to enriching and strengthening Jewish life and education throughout the greater Palm Beaches.

"Our Conversations With Jewish Women Writers program is for anyone interested in hearing from these wonderful authors," she said. "We want speakers who are animated, interesting and will appeal to our audience," Dr. Beers said. "And we've found them with Lauren Belfer and Irina Reyn."

Ms. Belfer's "And After the Fire" will be discussed from 9:30 a.m. to 11:30 a.m.



Lauren Belfer



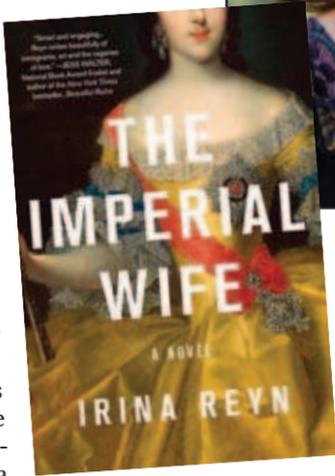
and 1:30 p.m. to 3:30 p.m. Wednesday, Jan. 25, in Palm Beach and Thursday, Jan. 26, in Palm Beach Gardens.

Ms. Reyn's "The Imperial Wife" will be discussed at the same times on Wednesday, March 1, in Palm Beach and Thursday, March 2, in Palm Beach Gardens. Exact location details will be provided upon receipt of registration.

Registration for each event is \$180, which includes the book purchase.



Irina Reyn



Those who do not wish to purchase the book may register for \$145. Light refreshments will be served. Reservations may be arranged by visiting www.cjeb.org/conversations or through Autumn Mella at a.mella@cjeb.org or 209-2604. ■



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PET TALES

Three new books answer your questions about cats

BY DR. MARTY BECKER,
KIM CAMPBELL THORNTON
AND MIKKEL BECKER

Universal Uclick

We at Pet Connection have always suspected that cats are aliens who have enslaved us to do their furry bidding. They train us to feed them, scoop their litter boxes and be their sidekicks — when they want us to be.

Cats are the most popular pets in the United States, with between 74 and 96 million of them sharing our homes. More than half a billion have colonized the world. And yet, they are still alien to many people. Fortunately, three authors have taken on the challenge of revealing the secrets of cats in all their infinite variety.

Abigail Tucker grew up with cats, but it wasn't until she became a mother herself that the science writer began to explore the lure of the cat, struck by her daughters' absorption with them. With her cat, Cheetoh, as muse, she explores feline natural history, behavior and relationships with humans in her book "The Lion in the Living Room."

There are lots of theories about why cats and people joined forces. Usually, it's related to cats protecting food from vermin. But when cats came indoors as companions, it was a real game-changer. Tucker's exploration of the results of that move, in the chapter "Pandora's Litter Box," is both funny and fascinating. Other chapters address wild cats, feline evolution, the war between cats and birders, feline genetics, exotic cat breeds



Cats are complex and sensitive, with many special needs.

and more.

Whereas Tucker gives an overarching view of the little hypercarnivores, cat expert Ramona Marek has written a guide to living with them successfully. Marek says the biggest mistake people make with cats is believing the myth that they are self-sufficient, aloof and solitary.

"This notion leads to cats being thought of as 'disposable' or able to survive on their own," she says. "Cats are domesticated companion animals who depend on us for food, social interaction and health care. We need to uphold our end of the domestication process."

In "Cats for the GENIUS," Marek offers readers the opportunity to "create a paw-sitive relationship with your cat from the start!" With advice on everything from A (acquisition) to V (vocalizations), she educates new owners about cat habits and needs they might never have considered. For instance, she says people are often surprised to learn

that cats prefer to have food and water in different areas. They don't know that cats are true carnivores with specific nutritional requirements. "Catification hacks" help them set up their homes in ways cats will like.

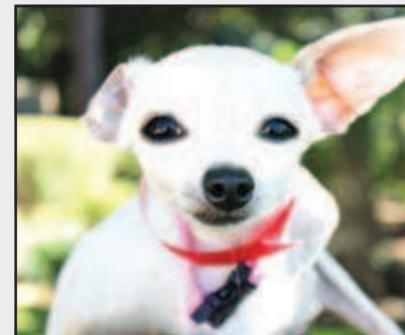
"By recognizing normal feline behavior, we can accommodate the home environment to fit their needs, which helps build a stronger, positive human-animal bond, keeping more cats in homes and out of shelters," she says.

For a more specialized take on feline foibles, award-winning author Dusty Rainbolt talks to veterinarians, veterinary behaviorists and cat consultants about the No. 1 — and No. 2 — cat behavior problem: inappropriate elimination. In other words, not using the litter box.

In "Cat Scene Investigator: Solve Your Cat's Litter Box Mystery," Rainbolt takes readers through the detective work necessary to figure out which cat is the culprit in a multipet home, why he's breaking cat law by peeing or pooping outside the box and how to send him to rehab instead of death row. Often, he's not misbehaving at all, but reacting to a treatable medical problem or a conflict with a person or other pet. Rainbolt's tips address how to identify and resolve issues and, best of all, how to get rid of the stain and stink.

"Litter box behavior is complicated," Rainbolt says. "It's like a mile-long mathematical equation. There are a lot of potential variables. But once you figure out what the variables are, you can solve the problem." ■

Pets of the Week



>> **Ziggy** is a 5-year-old, 4-pound male mixed breed dog that is one of the happiest little fellas you'll ever meet.



>> **Coco** is a friendly, loving 11-year-old female cat that would love to be the only pet in your life.

To adopt or foster a pet

The **Peggy Adams Animal Rescue League, Humane Society of the Palm Beaches**, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at www.hspb.org. For adoption information, call 686-6656. ■



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-Denise



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Youth-led holiday Music-Thon to benefit local children with bereavement needs

More than 150 music students from South Florida will participate in a 12-hour-long Music-Thon. Young guitarists, pianists, violinists and other musicians ages 5 to 17 will play in nonstop harmony to raise funds to directly benefit Camp VITAS, a bereavement camp that provides support to children and teens who have lost a loved one.

The event will be held inside The Gardens Mall in front of Bloomingdale's, 3101 PGA Blvd., Palm Beach Gardens, 10 a.m.-7 p.m. Saturday, Dec. 17.

VITAS music therapist Thomas A. Dalton will lead the extravaganza.

The overnight camp — which will be

held in January at Disney's Fort Wilderness campground in Orlando, — is offered free of charge to 30 to 35 campers on a first-come, first-served basis and includes a ticket to Disney's Animal Kingdom, all meals, transportation and camping equipment.

The local music students raise money through pledges and sponsors prior to the event. The event is open to the public and donations during the Music-Thon are welcomed.

If you know a child who needs bereavement support, inquire about attending Camp VITAS via Thomas. Dalton@vitas.com. ■

Advertorial

Why 3/4 of home sellers don't get the price they want for their home

A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that nearly three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most home-sellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

To hear a brief recorded message about how to order your FREE copy of this report call toll-free

1-866-274-7449 and enter 2000. You can call any time, 24 hours a day, 7 days a week.

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BEHIND THE WHEEL

Honda Ridgeline: The practical party pickup



Honda has always been good at identifying practical needs, and then creating a product around this sensible list. But often our choice of vehicle comes from the heart just as much as it comes from the head. There's no better example than the truck market. After all, we may never need three feet of ground clearance and wide off-road tires, but we sure do lust after it enough to put it in our driveways.

So what happens when the realistic minds at Honda go after the emotional truck market? The new Ridgeline is the answer.

The redesigned 2017 model is Honda's second generation of the pickup, and it tells a lot about their lessons learned. The exterior carries the latest design lines shared with Honda's crossovers, but the rear bed is unique to the Ridgeline, and it is quite a change from the previous model.

The old truck's silhouette had a flying buttress to gradually separate the cab from the bed. It appeared to want to flaunt how the vehicle was one seamless construction. The new Ridgeline does not. There is an abrupt 90-degree cut at the end of the passenger area, and even the sheet metal has a crease to create the illusion of separation between the

cab and the bed. This dividing line is the Ridgeline's effort to hide its difference from traditional pickups.

Conventional trucks use a ladder frame construction. It acts like a Lego set where one platform specifically engineered for hauling has different cabs and beds that can be easily locked into place. These separate components create a pleat where they meet. The unibody Ridgeline doesn't need this wrinkle, but the new one adds it just to appear like the rest of the trucks out there.

Honda does reinforce the body so that towing and hauling is in line with mainstream midsize pickups, but this

one was not built for the industrial crowd. The Ridgeline's bed is shallower than the competition, and as a result, the cargo volume is a few cubic feet less. For those who don't mind the last few bags of mulch hanging above the tailgate line, there are some nice benefits.

The new Ridgeline continues to have a genuine lockable trunk beneath the bed. This is more than just an area to store tools. With over seven cubic feet of volume, it's deep enough to give luggage watertight storage outside of the passenger cabin. There's even a drain plug, so this could be filled with ice and be the ultimate tailgate party cooler.

In fact, the Ridgeline seems to be

squarely aimed at those who love to entertain on the weekends. There are a host of features aimed at the party time crowd, and at the top of the list is the built-in exterior audio system. There are weatherproof "exciters" that can broadcast the equivalent of a 540-watt stereo system all through the truck bed. This can be operated via Bluetooth, so the DJ doesn't have to be near the truck to control it. This feature isn't available on the \$30,375 base model, but the \$43K upper level trims come with every option box checked, including the in-bed audio.

When the party is over, the Ridgeline can return back to a staid and stable Honda. The interior is quite similar to the Pilot crossover that it shares an assembly plant with in Alabama. That means there are plenty of options available to make the Ridgeline just as comfortable as any family hauler.

The Ridgeline further rebels against more of the traditional truck crowd by offering a fully independent suspension. This helps with its commuter image, but takes away from the off-road scene. The optional all-wheel drive is a similar level of capability where it is great for muddy roads, but it might not be the first one to blaze a new trail.

In the end, the practical minds at Honda have once again rationalized their way through truck design. The 2017 Ridgeline might not have all the right features for real truck people, but it has a host of exclusive amenities that work well in real life. ■



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December 2016

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While shopping at Bealls for our exclusive brands that celebrate the unique Florida lifestyle such as Leoma Lovegrove™ or Reel Legends®, we invite you to register to win a shopping spree or a brand new boat! This year we are giving away many prizes including a Reel Legends® custom-wrapped Hell's Bay 18 foot Glades Skiff boat, complete with an Evinrude 30HP motor and a custom trailer valued at \$39,500.

You are the reason Bealls has been a part of the Florida community for more than 100 years, and we would like to thank you for your continued support. We look forward to many, many more years together and wish you and your family a sunshine-filled holiday season and a very Merry Christmas!

Dan Love
President,
Bealls Department Stores, Inc.

Matt Beall
Senior Vice President,
Bealls Department Stores, Inc.



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“The concept is pure, clean eating. Most of our food is organic. It’s top quality food that tastes amazing. If you eat healthy, you feel good,”

— Jennifer Antonuccio, Fit Body Bistro, Jupiter

EATS

From page 1

Twardowski were looking for clean, green foods with no preservatives or dyes, gluten-free, no lab-designed GMO foods, and no hormones or antibiotics in the meats. They couldn’t find what they wanted in the area, so they opened Fit Body Bistro.

“The concept is pure, clean eating. Most of our food is organic. It’s top quality food that tastes amazing. If you eat healthy, you feel good,” Ms. Antonuccio said.

It’s counter-serve quick food in a casual atmosphere, but not “fast food dining,” she said. “It’s better than fine dining. Our food is fresher and better quality than most fine restaurants. And the prices are reasonable for this kind of food.”

Even if diners don’t care about healthy eating and clean foods, “They still love our food. We have a bison burger — not laden with toxins. Come in and get a burger and a nice glass of red wine that won’t give you a headache, and it’s a great meal,” she said, adding that a lot of diners who are skeptical come in with friends and are soon converts.

Pro baseball players, golfers, and other athletes sent by their trainers eat here regularly; others who have found it on the suggestion of a nutritionist or doctor come in to buy the meal plans — a six-day healthy dinner take-out you can design for around \$7 a day.

Customer favorites include a protein pizza, made with ground organic chicken as the “crust” and topped with a house-made “pushcart” tomato sauce. The party bowl is a base of the ground chicken topped with organic brown rice, sweet peppers, organic spinach, and a house-made picatta sauce.

“You can go crazy with all of our stuff — there’s a lot of mix and match. Build your own meals. Our breakfast items are all plant-based protein — the Fit French toast we make in-house. The Power Break is egg whites with two blueberry pancakes — they’re so good you don’t need syrup on them.”

For dessert, there’s the monster oatmeal cookie or a vegan fudgy brownie. They also carry Castronova’s Chocolate made by a Stuart chocolatier.

Fit Body Bistro, 5440 Military Trail #1, Jupiter; phone 627-5747; www.fitbody-bistro.com. Open Monday-Saturday for lunch; dinner, Monday-Friday. Closed Sunday.

For a walk on the wilder side, take a Gander at Tall Tales Café. It’s inside the sporting goods mecca, Gander Mountain, found behind The Home Depot on Northlake Boulevard.

The café, with a separate entrance, is an attractive space, meant to emulate a hunting or ski lodge in the mountains, perhaps. Except there’s a snook mounted on the wall, instead of the requisite cold-water fish you might see in such a setting.

The menu is hunter/fisher friendly, with several unique items, with a great deal of game meats and fish.

It includes elk, rabbit, venison, bison, ostrich, and a sliced kangaroo loin — which is served topped with almonds, mushrooms, herbs and a blood orange glaze.

There’s a camel burger on the menu, too.

“It’s a new item we’re trying out,” said general manager Lance Baitsholts.

The meats are flown in — the elk from New Zealand; the kangaroo from Australia, the bison from the U.S. Northwest. Spicy buffalo chili was on the menu dur-



COURTESY PHOTO

Serenity Garden offers tea and comfort near the Norton Museum.

ing a recent lunch visit. For tamer appetites, there’s chicken, salads, nachos, and all-from-scratch pizzas baked in a wood-fired oven.

In all, the game is “pretty popular” with diners, Mr. Baitsholts said. “A lot of people come in and want to try something they’ve never had.”

The audience leans to the outdoor and adventurous crowds, he said, with little call for vegetarian items. “We could accommodate them if they asked, but we don’t have many here asking for it.”

A full bar, including a large craft beer list, is also popular around happy hour. A banquet room accommodates up to 50.

Tall Tales Café at Gander Mountain, 100 Gander Way, Palm Beach Gardens; phone 627-5642; www.talltalesrestaurant.com. Open daily for lunch and dinner.

There’s peace and quiet at the Serenity Garden Tea House and Café, next to the Norton Museum in West Palm Beach.

The owner, Audrey Farrelly, hails from Dublin, where they know how to set a proper tea.

“Yes, we serve high tea,” she said. It’s tea as befitting the royals — with scones, clotted cream and jam, finger sandwiches, pastries and fruit bits, served on tiered serving stands.

She also does a fair amount of catered luncheons in-house — salads, soups, and sandwiches, such as summer chicken salad, pear and gorgonzola salad, or a ham and brie sandwich with mango chutney.

Thursday nights find her open late to accommodate the Norton spillover — it’s their Art After Dark event. She’ll offer wines and small bites.

Other events are group affairs — essential oil classes, where guests dine, then make and take home soaps, scents, and scrubs.

In the afternoon, there’s free wifi with \$5 scone and tea plates, and a \$4 glass of wine. “I get a lot of people coming in from their offices — it’s too noisy, and they need the peace and quiet.”

Wine pairing dinners are scheduled the first Wednesday of each month — with Cordon Bleu Catering helping with foods.

The quaint house is popular with ladies who lunch, but men find it just as charming, she said.

A private room accommodates nine, or a group can book the restaurant for a private event, which often is the case, she said.

Serenity Garden Tea House and Café, 316 Vallette Way, West Palm Beach; phone 655-3911; www.serenitygardentea.com. Open Tuesday-Friday, 11:30 a.m.-6 p.m.; Saturday, 11:30 a.m.-4 p.m. Closed Monday for private parties, and closed Sunday.



SCOTT SIMMONS / FLORIDA WEEKLY

Gander Mountain's Tall Tales has a Northwest look with Florida menu items.



COURTESY PHOTO

Jardin offers an international menu on Clematis Street in West Palm Beach.

The Tabica Grill has been around — for a couple of decades. Some diners might have forgotten about it, tucked into one of the many strip malls along Indiantown Road.

Too bad: Its extensive menu of American grill and some fusion favorites can satisfy a diverse crowd of diners.

Let’s start with that glorious bread — made in-house. It’s brought to the table to tempt you into lingering over a drink before you order. It works like a charm.

As for starters: The signature Cajun eggrolls are still here after many years, but so are short rib tacos and their version of Asian firecracker wings.

Several salads listed could be a meal with a choice of protein on top, especially if paired with a house-made soup.

Home-like grilled meatloaf — wrapped in bacon and served with garlic mashed potatoes and mushroom gravy; a hearty bone-in “osso buco” cut pork shank served with a tasty rosemary-tomato demi-glace; and the bistro roast chicken with roasted red potatoes show off the comfort-style menu.

There are steaks, grilled salmon, pastas, seafood etouffee, pork schnitzel, and Maryland-style crab cakes among other dishes — most of which are also on the Early Bird menu (must be in seats by 6:30 p.m. for it).

All of these pair with fair wine and extensive beer lists.

For dessert there’s a flavor-of-the-day crème brûlée to satisfy the sweet/creamy tooth.

Tabica Grill, 901 Indiantown Road, Jupiter; phone 747-0108; www.tabicagrill.net. Open for lunch Monday-Friday; dinner, daily.

Crave a bit of French? A delightful

little brasserie, beautifully built out by the owner, is The Parisian Restaurant & Wine Bar.

From the black-and-white tile floors to the wide, dark wood bar, it’s a transporting experience sitting down to dine.

Owner/host/chef Tarzi Benazzouz, son of a Parisian chef, occasionally puts a modern spin on the traditional classics, but doesn’t stray too far afield.

The foie gras terrine is flown in from France — why try to outdo the finest?

A charcuterie board features a Basque country ham — a nod to Mr. Benazzouz’s other heritage. Garlic sausage and duck mousse pate round out that plate.

Chorizo mussels are cooked with white wine, onion, and garlic broth — you’ll want extra baguettes to soak it up. An alternative is the classic mussels marinier (more bread here, too).

Duck confit, poached duck leg, is served with a classic apple-prune sauce and vegetables; the peppercorn NY strip comes with crispy little pommes frites.

No time for a whole meal? Those charcuterie plates or the cheese plates, paired with one of the French wines from a curated list, is a savior as a pre-theater light bite at the bar. The outdoor patio is now habitable in cooler weather: Dine under the stars, dreaming of gay Paree.

The Parisian Restaurant & Wine Bar, 201 N. U.S. Highway 1, Suite D-9, Jupiter; phone 360-2224; www.theparisianrestaurant.com. Open for dinner daily at 5:30 p.m., and Sunday brunch from 11 a.m. to 2:30 p.m.

A buzz is growing over the truly hidden find on Clematis in downtown West Palm Beach. Jardin, a restaurant that opened earlier this year, is owned by a newlywed couple who have put their best into an

international menu here.

A six-course tasting menu is one way to sample a lot of the creative chef's work. All the foods center on the seasons, and the menu changes daily.

For fall, it featured items such as cauliflower with maple yogurt, Vadouvan cashews, and grapes as a starter. Sweet potatoes and slow-roasted pork, duck tacos, and oven roast chicken with hen-of-the-woods mushrooms and marble potatoes were entrees — changed out with other dishes of the night.

Some thing stay: Charred octopus appetizer — a don't miss dish — is served with a chorizo gremolata and passion fruit with sprouted almonds.

Chef/owner Jordan Lerman, Florida born but with time spent in the Middle East, surprises diners with an unusual ingredient in nearly every dish. Find Forbidden rice served with fresh catch, or bulghur with a pork shoulder steak, along with endive and blue cheese. The pan-roasted duck has farro, mustard greens, and persimmons — with crushed peanuts.

A number of dishes are vegetarian or gluten-free — including the desserts made by Stephanie Cohen — a student of French pastry. A full bar and select wine list complements the foods here.

A tip: Sit at the bar and watch the chef hard at work, preparing foods fresh to order.

Jardin, 330 Clematis St., West Palm Beach; phone 440-5273; www.jardinrestaurant.com. Open for lunch, Tuesday-Friday; dinner, Tuesday-Saturday. Closed Sunday and Monday.



Down in Northwood Village is the perfect neighborhood spot. Pretend it's your neighborhood — you'll be treated as friends from the start at the always reliable Sunset Bar & Grill.



The Parisian offers French fare in Jupiter.

Chef Terry Marince and general manager Matt Reber opened this simple and slightly bohemian restaurant long before others were on the scene in the reborn Northwood Village. It's flamingo (well, sunset) pink and orange, and has the left-bank vibe going on throughout.

It's not just about the atmosphere — the foods are noteworthy in the simple, popular choices: steaks off the grill, a blackened fish selection, crab cakes, burgers and wraps, barbecue chicken, and a plethora of salads.

Add housemade daily soups and desserts — and a fair "sunset" menu (2 courses for \$20.16), reasonable prices, and a good bartender, and you have success.

It's a comforting experience to not have to do any heavy lifting at a dinner table.



Palm Beach Marriott Singer Island's 3800 showcases the cooking of Chef Gustavo Calderon.

Sunset Bar and Grill, 2500 Broadway, West Palm Beach; phone 832-2722; www.eatatsunset.com. Open Tuesday-Saturday for lunch and dinner.



For something really special, get in on the chef's table at the Palm Beach Marriott Singer Island's 3800 Ocean.

Chef Gustavo Calderon is a bit of a mad scientist and food wizard in the kitchen — his white chocolate coral reef holding up a bed of oysters on their shells with a sea-like foam is inspired plating — and just as tasty. Just one example of many we sampled at a media introduction dinner.

There's no telling what he'll put on your plate (unless you direct him to allergies or offenses); just be prepared to be entertained by the kitchen staff the whole time.

Up to five guests can book the counter that serves as the table.

The dinner is a five-course meal — with no dishes taken off the menu. Each menu is designed exclusively for the chef's table guests.

A 24-hour notice is required to book the table. Cost is \$79, plus \$45 with wines paired to each course (optional).

If that's not your pleasure, the restaurant that overlooks the ocean is open daily for a regular menu focused on farm-fresh meats and seafoods as well as vegetarian offerings.

3800 Ocean, in the Marriott Palm Beach Singer Island, 3800 Ocean Blvd., Singer Island; phone 340-1700; www.marriott.com/hotel-restaurants/. Open daily for breakfast, lunch, and dinner.

SOCIETY

Santa's Dance Arrivals



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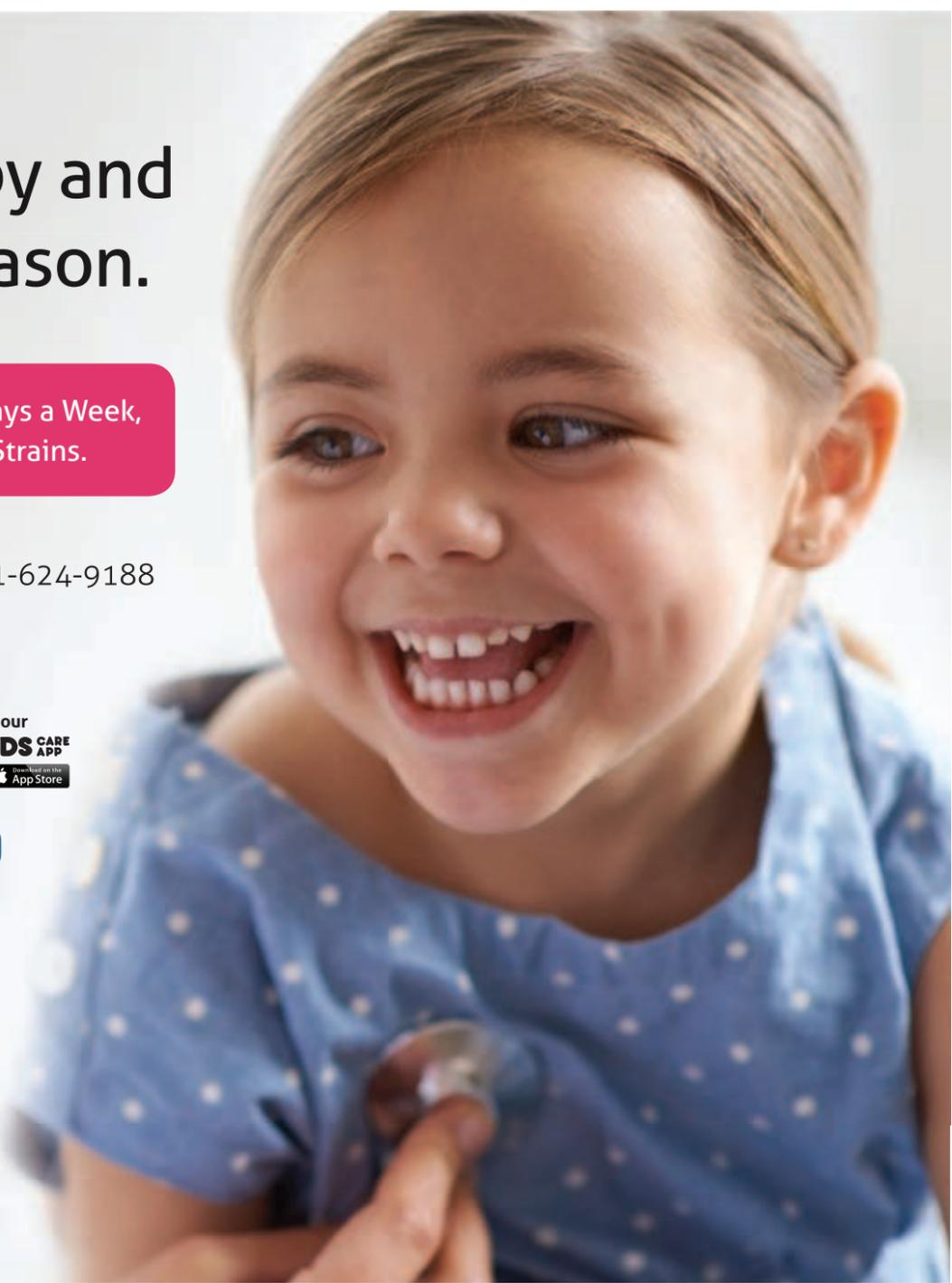


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SOCIETY

at The Gardens Mall



6



7



8



9



10

1. Cameron Ardaji, Daniella Ardaji and Paul Ardaji
2. Donna Carrington, Brent Carrington, Delaney Hernandez, Colleen Hernandez and Alyssa Hernandez
3. Stephanie McGriff, Camden McGriff, Josh McGriff and Kaitlyn McGriff
4. Steven Adlin, Bridgett Adlin, Mia Adlin and Clare Adlin
5. Catherine Thomas, Jennifer Thomas, Omai Thomas, Elf 1 and Elf 2
6. Denise Brestle, Tamra FitzGerald, Erin Devlin, Delaney Hernandez, Michele Jacobs, Remi Dabrowski, Teresa Dabrowski, Alyssa Hernandez and Colleen Hernandez
7. Leslie Preston, Taylor Heyeses, Thomas Heyeses and Brian Preston
8. Jagger Knoth, Kyle Knoth and Britt Knoth
9. Will Lazarchick, Melissa Lazarchick, Elle Lazarchick and Bill Lazarchick
10. Yessina Escobedo, Anthony Damigos, Donovan Damigo, Elf 1 and Elf 2
10. Tamra FitzGerald, Matt Brestle and Denise Brestle



11

ANDY SPILOS / FLORIDA WEEKLY

go to www.floridaweekly.com and view the photo albums from the many events we cover. Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.

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NETWORKING

Palm Beach North Chamber Breakfast at Palm Beach Gardens Marriott



1. Rhea Slinger, Donna Goldfarb and Marcie Tinsley
2. Joe Russo, Stacey Brandt and John Couris
3. Michael Gauger, Steve Stepp, Monique Heinz and Clint Shannon
4. Kathleen Carson and Carla Davis
5. Gwen Berry, Jennifer Sullivan, Chris Pettit, Mae Furguson, Mariel Rosenwasser and Jim Beriau
6. Carlos Berrocal and Maria Marino
7. Rick Sartory, Kris Armstrong and Emily Primm
8. Rick Upson, Becky Valencia, Shane Williamson and Bob Goldfarb
9. Chip Block and Jamie Goodman
10. Christopher Elg and Abby Brennan
11. Eric Jablin and Joe Russo Sr.



ANDY SPILOS/FLORIDA WEEKLY

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Life is too important to skip a beat. Heart Health Screenings are only \$69.

Heart disease is the leading cause of death in the United States. An essential key to preventing heart disease is knowing and managing personal risk factors. Jupiter Medical Center is offering heart health screenings to promote heart health.

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1025 Military Trail, Suite 200, Jupiter



HEALTHY LIVING

Cardiac rehab can get you on path to recovery



If you think you're too old for cardiac rehabilitation or that it is only for men who have had a heart attack, think again. Men and women of all ages and ethnic backgrounds can improve their overall health with cardiac rehabilitation if they have had one of the following conditions: heart attack, coronary artery bypass surgery, angioplasty and stents, peripheral arterial disease, cardiomyopathy, coronary artery disease, heart valve repair or replacement, heart or lung transplant, certain congenital heart diseases, chest pain or heart failure. Learn more about how cardiac rehabilitation can improve your health with the following information from Palm Beach

Gardens Medical Center. Cardiac rehabilitation is a customized, medically supervised program designed to improve the health and well-being of people who have experienced heart problems. It can help you recover after a heart attack, prevent hospital stays and heart problems in the future, deal with risk factors that can cause coronary heart disease, start living a healthier lifestyle, and improve your quality of life. Ultimately, cardiac rehabilitation can increase your chances of survival and reduce your risk of dying from heart problems.

Cardiac rehabilitation can start while you are still in the hospital and continue with monitored outpatient visits until you can safely follow home-based maintenance programs. The first stages of cardiac rehabilitation typically last about three to six months and begin with a review of your medical history and a physical examination to evaluate

your overall health. Tests such as an electrocardiogram may also be done to check your heart, as well as blood tests to measure cholesterol and sugar levels.

The Heart & Vascular Institute at Palm Beach Gardens Medical Center's cardiac rehabilitation program allows for continuity of care from diagnosis to treatment and recovery. The goal is to stabilize, slow or reverse the progression of cardiovascular disease by addressing physical, mental and social health. The medical team focuses on exercise, nutrition, behavior modification, counseling and heart health education.

After being discharged from the hospital, many patients begin a 12-week outpatient program that consists of three, one-hour sessions per week. Palm Beach Gardens' Rehab Center is supervised by registered nurses with a focus on cardiac care. Patients are never left alone to worry about whether an activ-

ity is safe because nurses monitor the heart before, during and after exercise.

Cardiac rehabilitation is recommended by both the American Heart Association and American College of Cardiology. Even after your cardiac rehabilitation program ends, you will need to continue to follow the diet and exercise routine you have established to maintain the heart-healthy benefits. Making this commitment will help you return to a normal schedule and rebuild your life.

Health screenings can lead to the early detection of heart disease and other conditions. Palm Beach Gardens Medical Center offers free heart attack risk assessments for the community on the second Wednesday of every month. Screenings include glucose, cholesterol, blood pressure and BMI. To register for the hospital's next heart attack risk assessment on Dec. 14, visit www.pbgmc.com/events or call 625-5070. For accurate results, fasting is required. ■

Pain drug may have lower risk of abuse, Scripps researchers say

Scientists from the Jupiter campus of The Scripps Research Institute have identified a possible drug candidate that suppresses pain and itch in animal models.

Their new approach also reduces the potential for drug abuse and avoids the most common side effects — sedation and anxiety — of drugs designed to target the nervous system's kappa opioid receptors, or KORs.

"The most significant aspect of the

study is that we can preserve itch and pain treatment qualities in a KOR agonist that we developed — triazole 1.1 — while avoiding the euphoria associated with narcotic opioids and the dysphoria associated with some other



BOHN

selective KOR agonists," said TSRI Professor Laura Bohn, senior author of the study.

The research was published online ahead of print in the journal *Science Signaling*.

KORs help regulate the release of the neurotransmitter dopamine. Drugs that target KORs have shown promise as therapeutic candidates because of their efficacy for treating chronic itch and relieving pain.

Unlike opioid narcotics that target other opioid receptors, these compounds do not produce a "high" or increased risk of overdose; however, they can deplete the body's supply of dopamine and produce dysphoria and sedation, side effects that have limited their clinical development.

Dr. Bohn said the new findings offer a promising new way to treat pain and intractable itch without the potential for abuse. ■

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HEALTHY LIVING

Taking a detour around guilt trips



lindaLIPSHUTZ

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Megan should have known she'd pay the price.

Three days had passed and Megan's mother, Sylvia, had not returned Megan's repeated phone calls. Typically, Sylvia never went a day without checking in with Megan about the grandchildren... that is, unless Sylvia was angry or hurt.

Sylvia clearly was upset that Megan and her husband, Steve, had spent Thanksgiving in Chicago with Steve's family. Megan had gone over the plans with her parents umpteen times, explaining that last year she and Steve had spent Thanksgiving with Megan's family, and that this year, it was only fair they spend the holiday with Steve's family. Megan further added that she and Steve saw her parents all the time, while Steve only got to see his family a few times each year.

Sylvia was not moved by Megan's efforts to be fair to both sides. Sylvia seemed to think that because she often helped babysit while Megan was working that Megan and Steve should kowtow to her.

Sylvia knew just what to say to prompt Megan's guilt. "Steve's parents can come to Florida more often if they want to see their grandchildren. And besides, are THEY here to help you out when you need them? Not at all. That's where I come in. You never consider my feelings or time."

Sylvia had become expert in employing the "hurts" of other loved ones to bolster her case. "I don't understand how you could upset your father this way. You know he just came out of the hospital and is worried about his health. He doesn't need another disappointment."

Sylvia could be the most loving parent, but since Megan was a little girl, Megan learned that if she didn't do things her mother's way, or concede to her mother's wishes, there would be major fallout. Megan was forever feeling guilty and on the defensive.

So, let's confess. Have we ever "guilt-tripped" our children to get our way—knowingly or without even fully realizing it? Have we been exerting undue pressure on our loved ones — perhaps, because of our own vulnerabilities or desires?

Just like with Sylvia, in the fictional-

ized vignette above, it's not uncommon for parents to manipulate or cajole to get their way. We sometimes may attempt to justify this pressure by saying it's in our child's best interest. But, if we're being honest with ourselves, it's likely we do so more to service our own interests than theirs. And, in the process, we're being role models for damaging relationship patterns that could become a troubling legacy of impaired functioning for future generations.

Studies have shown that parental "guilt trips" can have very damaging effects on the emotional development of young people. In a longitudinal study, published in the Journal of Research on Adolescence, researchers reported that "intrusive" psychological behavior was linked with less independence, and less productive reasoning during early adulthood; and further reports of a negative impact on developing healthy relationships.

It's important that parents examine what fuels their efforts to pressure their children. Some parents may have devoted so much of their attention to their children that they neglected large dimensions of their own lives. These individuals may have greater difficulty adjusting to the life changes that emerge as their children mature and have lives of their own. While it's natural for parents to look forward to their time with their children, well-adjusted parents acclimate to the changes, and give their children the space to develop lives and interests of their own.

What's so interesting is that manipulative behavior often is subtle and tough to detect, because the manipulation may be disguised under the guise of love and/or obligation. We may believe we are doing the right thing for the well being of the family, and not see clearly how we may have compromised their needs to take care of our own. For this very reason, it's important for us, as parents, to reflect on ways in which we exert influence over the lives of our loved ones.

Some parents harbor tremendous insecurities and worry that an independent child is a negative reflection on how lovable they are or how worthy a parent that they've been. Ironically, the opposite is actually the case: Mature, well-adjusted parents who communicate directly and effectively are more likely to raise confident, well-adjusted offspring.

Some parents have an entitled perspective and expect their families to fall into line. They resist the attempts

of their loved ones to express opinions and make choices of their own, and will assume a stance of indignation or self-pity.

Let's now look at the other side of the coin: How can we best manage the situation where WE'RE the ones who've been "guilt-tripped"?

Those who have fallen victim to this dynamic can spot some of its more glaring manifestations: tearful outbursts, angry accusations, passive-aggressive reminders of past niceties — all with the intent of exerting pressure on the other to conform to expectations.

Our families may offer us gifts or babysitting, but may have heavy expectations in return that we do things their way. When gifts are offered with strings attached, we may ultimately decide that we are paying too heavy a price. Over time there may be an overlay of resentment or a wish to rebel. It's especially galling (and effective) when the manipulator backs up their complaints by implying that a third party concurs they're in the right.

So what do we advise those who have fallen prey to a parent who is a seasoned "guilt tripper"?

It's important we step back for clarity to gain a perspective of the bigger picture. Experts will encourage beleaguered family members to stand our ground, while making firm, clear statements that we're no longer willing to cave into unreasonable demands. This will enable us to not take the ultimatums

personally, nor to fall into the traps that leave all the parties demoralized. If it's a relationship we value, there are steps we can take to preserve the harmony, even while we're asserting self-care.

Recognizing destructive patterns and asserting one's autonomy may be difficult — and not without some anxiety or fear. Seasoned "guilt trippers" may up the ante — by threatening emotional, social or financial reprisals. It's not uncommon to doubt oneself for taking the assertive steps or to back down.

Are we open to making these changes?

It takes maturity and growth for "guilt-trippers" to recognize that they are treating loved ones unfairly and to, not only address their vulnerabilities, but to perhaps get emotional support from trusted friends or professionals. And, for those of us who have been treated unfairly: When we work toward gaining the confidence to speak up with more assurance, we're taking important steps towards developing our sense of self.

— Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached in her Gardens office at 630-2827, online at www.palmbeachfamilytherapy.com, or on Twitter @LindaLipshutz.

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BUSINESS

“Something we do here that’s really nice is each office picks a charity to make a donation to.”

— **Jessica Catti**, FineMark’s marketing director



Booze-heavy blowouts of the past have become less common at office Christmas parties. But companies say the emphasis is still on fun.

The company party

How to celebrate the holidays with your bosses and colleagues

BY **DON MANLEY**

Florida Weekly Correspondent

’Tis the season for Herculean shopping, holiday decorations, sharing time with loved ones and another yuletide staple: the company Christmas party.

Businesses traditionally close out the year with a festive gathering for employees, whether at the office or off-

site, during working hours or after the workday’s end. While the booze-heavy blowouts of Christmas parties past have become less common over the years, companies still keep the accent on fun at the parties, in some cases marrying them to local charitable causes.

Fort Myers-based FineMark National Bank and Trust is among the companies that incorporate giving into their Christmas celebration. The bank has branches in Southwest Florida, Palm Beach, Arizona and South Carolina.

“Something we do here that’s really nice is each office picks a char-



CATTI

ity to make a donation to,” said Jessica Catti, FineMark’s marketing director. “Also, our associates collect money among themselves and adopt families through United Way. So every year we have six families that we buy gifts for, children and parents.”

FineMark’s expansion over the last

SEE PARTY, A20 ►



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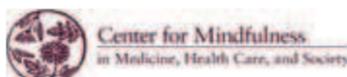
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Reservations are required. Space is limited to 30 participants per session. For more information on class fee, or to register, please visit jupitermed.com/mindfulness or call 561-660-1828.



MOVING ON UP

“Many small business owners don’t want to call a client to ask for a check. Don’t ever be afraid to ask for help when it comes to cash flow.”

— **Melissa Nash,**
President and CEO of Accounts Receivables Inc.

Name: Melissa Nash

Title: President and CEO of Accounts Receivables Inc.

City of business: West Palm Beach

BY MARY THURWACHTER

mthurwachter@floridaweekly.com

The business Melissa Nash started 10 years ago, Accounts Receivables Inc., helps other businesses stay in business by returning a positive cash flow.

“While we are best known as a collection agency, we are a receivables management firm and unbeknownst to others become the outsourced AR department for small- and medium-sized businesses,” Ms. Nash says.

“When we are able to find resolution, especially for a small- to medium-size business, and return the business to a positive cash flow, it’s very gratifying,” she says. “We help businesses keep a good cash flow so they can be competitive.”

Known as a collection services industry expert and author, Ms. Nash’s experience as president and CEO of Accounts Receivables Inc. will prove helpful to the Florida Collectors Association. During the annual conference on Oct. 27, Ms. Nash was sworn in as vice president. Next year, she will become president-elect and the following year, president.

Ms. Nash, who grew up in Belle Glade and has lived in Florida all her life, has been a member of the trade association,



COURTESY PHOTO

Melissa Nash says Accounts Receivables Inc. helps businesses get cash flow on track.

comprised of professional debt collectors with offices in Florida, for seven years.

“You’d be surprised at how many businesses need our help,” she said. “Many small business owners don’t want to call a client to ask for a check. Don’t ever be afraid to ask for help when it comes to cash flow.”

Her clients include governmental agencies, professional services businesses and homeowners and condominium owners associations.

She has helped other organizations

improve their cash flows through her book, “How to Get Paid on Time, Every Time.”

Her background is in residential real estate. She began her company when the recession hit. At first, she was ARI’s sole employee. In 2009, *Inc. Magazine* dubbed her one of “11 Businesses You Can Start in Your Pajamas.”

But she’s not working in her PJs anymore. Today, Ms. Nash has four full-time employees at her company headquarters on Clematis Street in West Palm Beach and 22 more at the company’s call center in Tampa.

“We’ve been in business 10 years and we have zero complaints,” Ms. Nash said.

Melissa Nash

Age: 48

Where I grew up: Belle Glade

Where I live now: West Palm Beach

Education: Attended Northwood University

My job today: President/CEO ARI, Accounts Receivables Inc.

My first job and what it taught me: I was a file clerk for a local law firm. I learned the importance of detail and how what can seem to be the least important job/task can actually make an office efficient and more profitable.

A career highlight: My highlight will be when I achieve my goal. I really want to be a job creator. I did not graduate from college. And, in hindsight, it’s made me work harder, read more, listen more. I know firsthand, professional

success can come from just determination and hard work. Call center jobs are good jobs. I want to provide a workplace with a family environment, which works together to meet our clients’ objectives (not our own). I am honored to have been selected by local municipalities for collection services. I want more and I think this is the path to the career highlight of job creation. Once I get there, I’ll raise the bar and keep going.

Hobbies: The community and politics. I believe we have more freedom when there is less government mandating our lives. In order to have that, it means that as a citizen it is my role to assist the poor, needy, widows and children. I so much enjoy spending time in the nonprofit world, either as a fundraiser or spending time in the classrooms or after-school centers with children making a direct impact. And I am addicted to “Meet the Press.”

Best advice for someone looking to make it in my field: Remain at all times adaptable. With ever-changing laws and regulations as well as changes in the economy, being able to adapt quickly to change is mandatory.

About my mentor: Bob Kanjian has been a friend and a constant mentor. Bob honed my closing and sales skills. At ARI, we believe the receivables is a continuation of the sales cycle. Based on his unique style, we use a proactive approach to turn the AR department into customer service to remove objections resulting in timely payment. ■

MONEY & INVESTING

What’s the future of OPEC and oil prices?



ericBRETAN

estaterick@gmail.com

One of my favorite lines from one of my favorite movies is during a tense battle sequence in “The Hunt For Red October” when Captain Mancuso calmly states, “The hard part of playing chicken is knowing when to flinch” before he skillfully destroys the enemy sub. Well, last week the game of chicken that OPEC and Russia were playing with U.S. shale and alternate energy producers came to an abrupt end as the largest oil producers backed away from letting the market dictate oil prices. Instead, after eight years, the oil cartel went back to the days of capping supply to drive up prices. So what can we learn from this grand experiment and what does the future hold for OPEC and oil prices?

First, OPEC’s decision validates James Carville’s saying, “It’s the economy, stupid!” Meaning economics trump almost everything else. Many believed that political or religious differences between Saudi Arabia, Iran and Iraq would make it impossible for OPEC to form a cohesive agreement. But when the Saudi Royal Family was forced to start selling the kingdom’s royal jewels, both literally and figuratively, I guess those things didn’t matter so much any more and cooperation ensued. Maybe there is hope for this world after all.



Second, the cartel’s decision confirms another great expression, “Pigs get fat but hogs get slaughtered.” For decades, oil producers greatly profited off of high energy prices while keeping a balance of supply and demand. But non-OPEC Russia and the U.S. started to ramp up their production, OPEC became greedy and rather than share the oil wealth it strived to drive their competition out of business by pushing prices down and grabbing market share any way it could. And while prices did plummet and some oil companies did go bankrupt, it was the OPEC countries that relied on huge oil revenues to fund their welfare states that hurt the most.

Third, OPEC is learning the hard way, “Not to put all of your eggs in one basket.” It is true that for decades these oil-producing countries made billions of dollars supplying the world with oil. But they then became complacent and assumed that this would continue indefinitely into the future. But then shale drilling started. And then Russia modernized its infrastructure. What if tomorrow some scientist invents cold fusion? Countries like Saudi Arabia are starting to diversify their economic base but this process should have started decades ago.

Finally, the oil-producing countries finally understood that, “Perception is

more important than reality.” The day OPEC and Russia announced their production cuts, oil prices shot up 10 percent. But after looking at the details of the agreement, many analysts questioned whether the price increase was justified. The production cuts were minor, many doubt that Russia could cut production even if it wanted to as oil has to flow from its cold weather pumps or they will freeze, Libya and Nigeria were exempt from the agreement, Iran was given special consideration as it ramps up production after decades of sanctions, and most OPEC members cheat on their quotas anyway. But just the perception of a production cut added billions of dollars to oil-producing economies.

So what is in store for oil prices down the road? As prices rise, the shale oil producers here in the U.S. will once again ramp up production. And while oil demand is expected to rise again next year, alternative energies and more efficient uses of energy are not positive for energy prices in the long-term. So most analysts believe that we will see higher prices in the short run, but once again lower prices in the years ahead. But I always remind myself, “Prediction is very difficult, especially if it’s about the future.” ■

— *Eric Bretan, the co-owner of Rick’s Estate & Jewelry Buyers in Punta Gorda, was a senior derivatives marketer and investment banker for more than 15 years at several global banks.*

Office party p's and q's

BY SUSAN BRYANT

www.monster.com

Your company's holiday gathering is just around the corner.

Time to let loose and party with your co-workers after a long year, right?

Wrong.

According to business etiquette expert Hilka Klinkenberg, the cardinal rule is to remember that no matter how festive the occasion, it's still about business. Don't fall off the fast track to success or risk damaging your professional reputation in one night of inadvertent blunders.

Ms. Klinkenberg offers the following advice to ensure a smooth, enjoyable evening.

■ **Before party time, find out who can come to the event.** Spouses and significant others are not always on the guest list. Ask ahead of time to ensure avoiding anything uncomfortable.

■ **Eat, drink and be merry — but in moderation.** Where else but the office party can you find the CEO and the mailroom clerk bellied up to the bar together? But remember: Alcohol plus you and your boss can add up to "I can't believe I said that" come Monday morning. If you choose to drink, do so minimally.

■ **Dress appropriately for the occasion.** Ms. Klinkenberg says this rule especially applies to women who sometimes use company parties to strut their stuff. Leave anything short, tight or



revealing in the closet. You've worked hard to create a professional image, and revealing clothes can alter your coworkers' and manager's perception of you as a competent professional.

■ **The company party might be the only time you see the president, CEO or vice presidents in person. Introduce yourself.** This is a great opportunity to become visible to your organization's higher-ups.

■ **At the very least, don't spend the entire evening with your regular office buddies.** Get in the holiday spirit and mingle with people from other departments.

■ **If you've been a star performer in your organization, you might be honored with a toast.** Accept the honor gracefully, but don't drink to yourself or clap when others are applauding you. Also, make a toast to the person who toasted you, thanking him for the recognition.

■ **Pay attention to the time you arrive and when you leave.** Even if you don't really want to attend, avoid arriving 20 minutes before the end just to make an appearance. On the flip side, don't party into the wee hours, either. Co-workers and managers will notice both errors in judgment.

■ **Be sure to thank those who coordinated the party.** They likely put in a great deal of effort hoping you would have a good time. Not only is saying thank you the nice thing to do, but it also makes you stand out from the many employees who don't.

On the planning side

If you're in charge of planning the company party, here are a few reminders:

■ **Consider the diversity of everyone who works for the company.** A Christmas party may alienate some staff. A holiday party is more inclusive.

■ **Is a daytime or evening party more convenient for most attendees?** For employees with children, arranging childcare for an evening event may be an issue. If you plan a party during office hours, however, make sure everyone can attend.

■ **Clearly convey to employees who is invited to the party.** If spouses or children are not included, say so.

■ **Plan an event that reflects well on the company.** Choose an appropriate location, control the alcohol flow and take your employees' interests into consideration. ■

— Susan Bryant is a contributing writer at www.Monster.com, a global online employment solution for people seeking jobs and the employers who need great people.

PARTY

From page 18

few years first necessitated a change in Christmas party locations from the bank's headquarters to the Sidney & Berne Davis Art Center in downtown Fort Myers. Today, each branch holds its own party so that employees don't have to travel.

Ms. Catti said the parties make for a nice conclusion to each year, and enable the bank to thank employees and foster camaraderie, even though everyone no longer gathers in a single location.

"If there's one bad thing about not having one party it's that we don't get to see everybody," she added. "When you're with people, but not in your working environment, it's a different situation. I think it's important to be with each other when you're not just in work mode."

At Priority Marketing in Fort Myers, holiday parties are not a static affair.

"Traditionally we do a holiday party for our employees and their significant others," said Holly Boldrin, director of public relations. "It's generally different every year. In the past, we've done restaurants. Last year, we did it at my house and had it catered. The idea is



COURTESY PHOTO

Kristina Kell, Kara Crevier, Kristy Stubelt and Lauren Murray at last year's holiday party at Chico's FAS.

to bring everyone together. Everyone works so hard throughout the year and the holidays are the time to celebrate our friendship."

An ugly sweater contest is also part of the fun for the company's roughly 30 employees, as are a Secret Santa gift exchange and gift cards for local restaurants or for one of the company's clients, Norman Love Confections.

Priority Marketing employees also raise money during the Christmas season to buy gifts for a needy family or to donate to a charity, such as a Kiwanis Club party for special needs children.

Company luncheons are the holiday party option of choice for many offices, including Marco Island's Condee Cool-

ing and Electric.

After-work gatherings are difficult to schedule for companies that offer 24-hour service, explained Erik Condee, vice-president and operations manager of the family-owned business. So the company treats its staff of 60 to an on-site, steak luncheon on the Friday before Christmas, with the managers doing the cooking. There are also giveaways of tools and a gift box containing a 5-pound ham, premium cheeses and more.

"We turn the phones over to the answering service so everyone can participate," said Mr. Condee.

A luncheon at Fleming's Prime Steakhouse & Wine Bar is this year's option for the Naples law firm of Grant Fridken Pearson. Off-site is a tradition, but the timing of the celebration can shift from year to year, said the firm's office manager, Judy Wright.

"We take a poll to see what our staff prefers," Ms. Wright said. "Sometimes



BOLDRIN



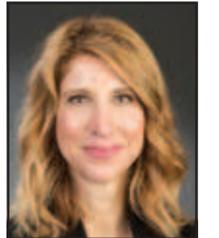
CONDEE

we do luncheons. Sometimes we do dinners. But we always do an event for the holidays."

At the Fort Myers headquarters of Chico's FAS, the annual holiday party can be a breakfast or an afternoon event for the campus' approximately 1,200 employees.

The festivities include raffles and contests in which groups compete by decorating a holiday sweater or snowman, something the fashion design and creative teams love, said Jessica Wells, vice president of public relations and corporate communications. There is also a charitable aspect to the celebration through the company's association with the Page Park Association and the Children's Home Society. Each year, Ms. Wells said, employees collect gifts for more than 200 children.

When thoughtfully planned by those in charge and approached responsibly and in the right spirit by all who attend, company holiday parties can blend together three of the holiday season's most essential elements: fun, camaraderie and providing a vital lifting of the spirits for those in need. ■



WELLS

Jupiter Medical Center Foundation has record-breaking fiscal year

Jupiter Medical Center Foundation raised \$41.8 million in 2016, which represents a 60 percent increase in money raised over fiscal year 2015, and a 120 percent increase over fiscal year 2014.

The organization attributes this growth to donors who recognize that supporting Jupiter Medical Center makes a concerted impact on the quality of care in the community.

"With this kind of philanthropic support, our community can, and will, continue to receive world class healthcare," said Liv E. Vesely, the president of the

Foundation, noting that the foundation's mission is to equip the medical center with the resources necessary to provide optimal health services in the region.

John Couris, president and CEO of Jupiter Medical Center, said donors invest in Jupiter Medical Center because "they recognize that we have created a new model of healthcare that combines cutting-edge academic medicine and research with patient-centered care ...

"We hold ourselves to a very high standard at Jupiter Medical Center, and it shows," he said.

In February, the foundation launched an ambitious \$300 million campaign. The \$41.8 million represent a major step in achieving the campaign goal.

According to the Association for Healthcare Philanthropy's 2015 *Report on Giving*, cash gifts and new commitments raised in 2014 by teaching hospitals was \$27.2 million on average, and median production funds raised by community hospitals was \$1.7 million. In comparison, Jupiter Medical Center Foundation raised \$41.8 million in fiscal year 2016; \$25.6 million in 2015; and \$19 million in 2014.

"This year, we were particularly thrilled to raise nearly \$42 million, furthering our ability to deliver integrated, patient-centered care," Ms. Vesely said.

The money raised by Jupiter Medical Center Foundation helps to expand points of access for care and supports pioneering education and outreach programs to foster the highest level of health care available.

The initiative also attracts some of the country's most skilled medical professionals, who are attracted to the medical center's leading-edge technology, treatment and protocols. ■

REAL ESTATE



COURTESY PHOTOS

North End beauty

SPECIAL TO FLORIDA WEEKLY

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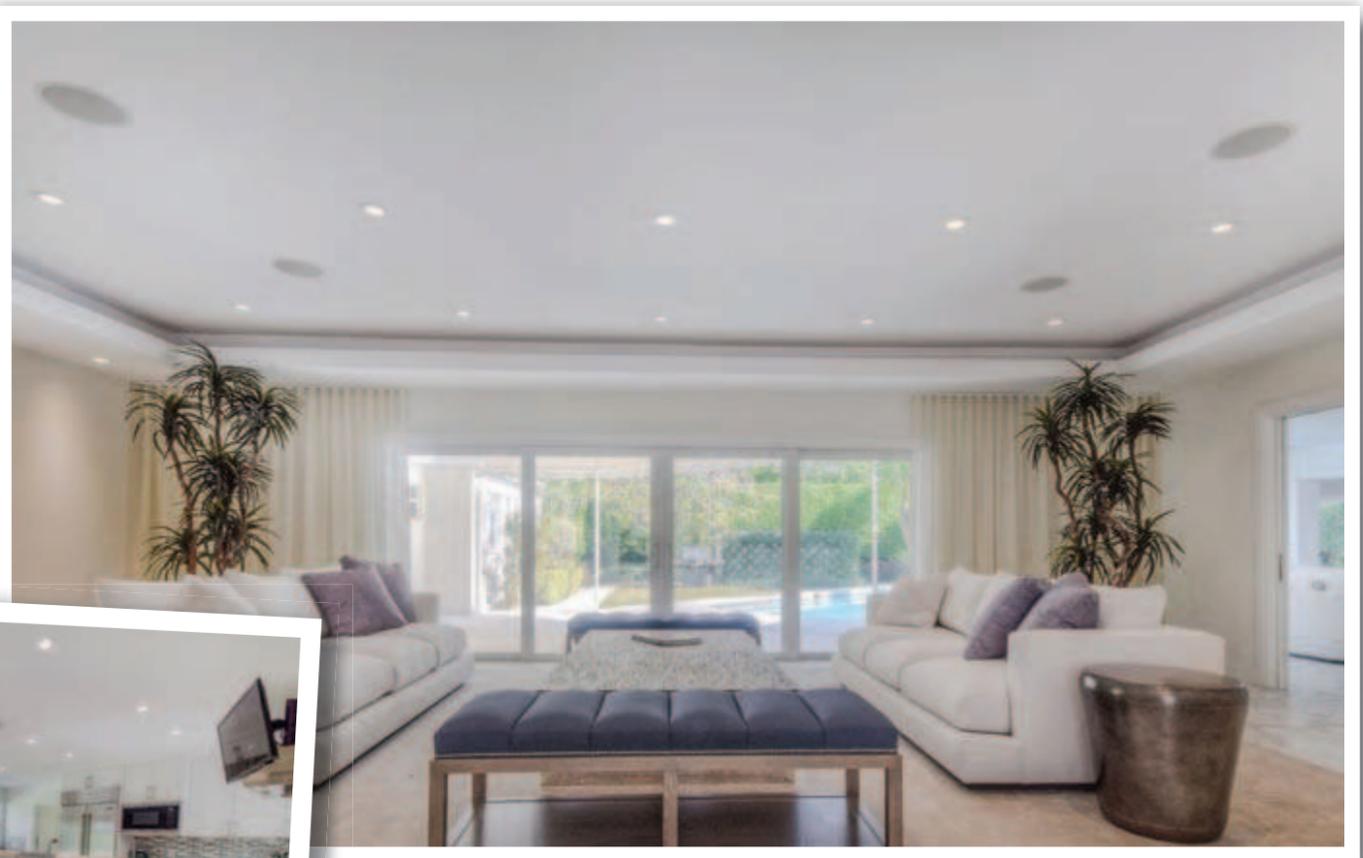
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4BR/2.1BA - This highly desirable Murano Model is located in fabulous Rialto, one of the most sought after gated communities in the heart of Jupiter. Upon entering this gorgeous home, you will be amazed at the soaring ceilings and how light and bright this home is. This well thought out floor plan features 4 bedrooms, all upstairs, with a spacious master suite, including a huge walk in closet. There is a convenient half bath downstairs and tons of storage. The view from the eat in gourmet kitchen features a spectacular sparkling lake behind the large fenced in yard surrounded by privacy and decorative landscaping. A real gem.

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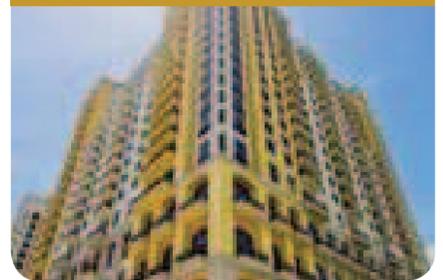
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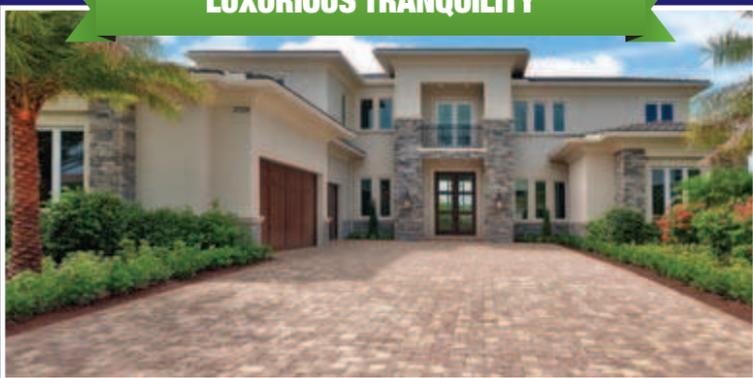
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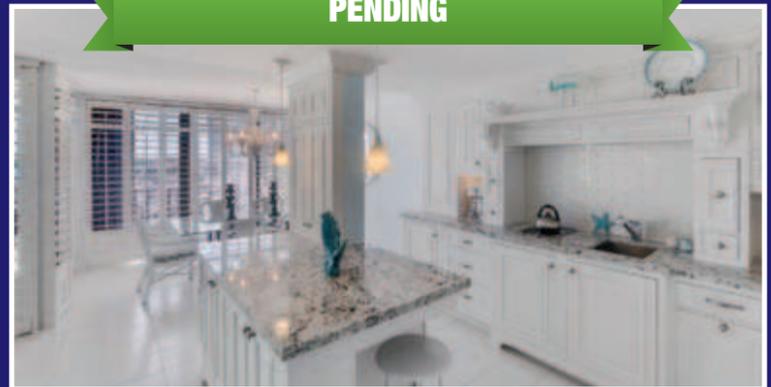
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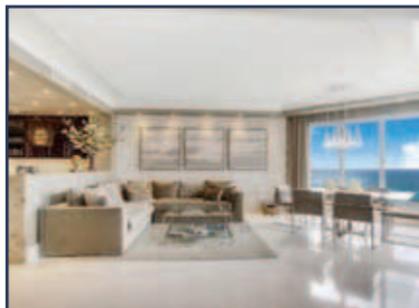
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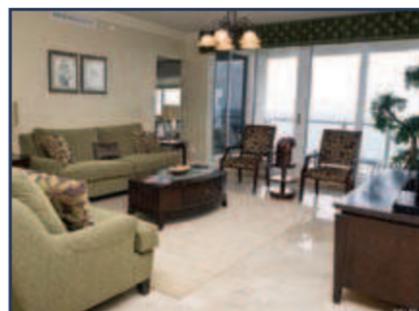
Ritz Carlton Residence 1804A
3BR+DEN/3.5BA - \$3,685,000



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2BR+DEN/2.5BA - \$1,699,000



Ritz Carlton Residence 705B
2BR+DEN/2.5BA - \$1,599,000

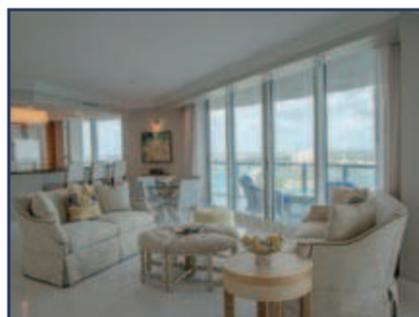


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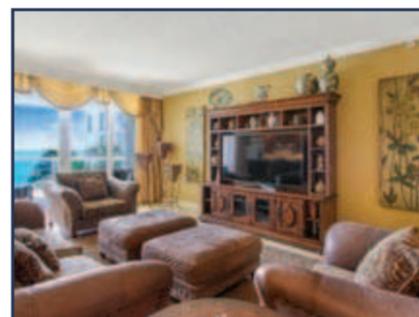
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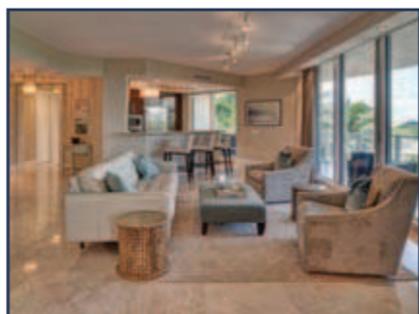
Ritz Carlton Residence 2506B
2BR+DEN/2.5BA - \$1,299,000



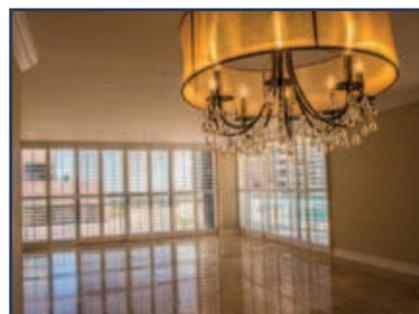
Beach Front 1503
3BR/3BA - \$1,225,000



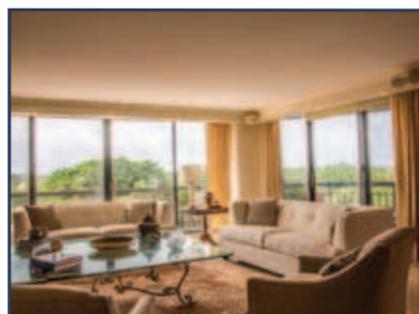
Beach Front 503
3BR/3BA - \$1,100,000



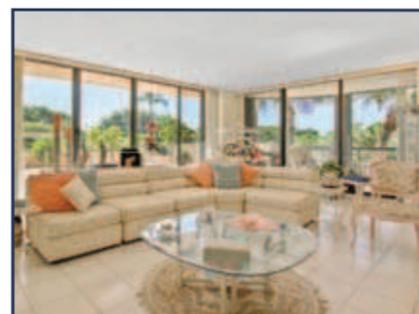
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Martinique WT202
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Martinique WT303
3BR/4.5BA - \$579,000



Martinique WT103
3BR/4.5BA - \$575,000



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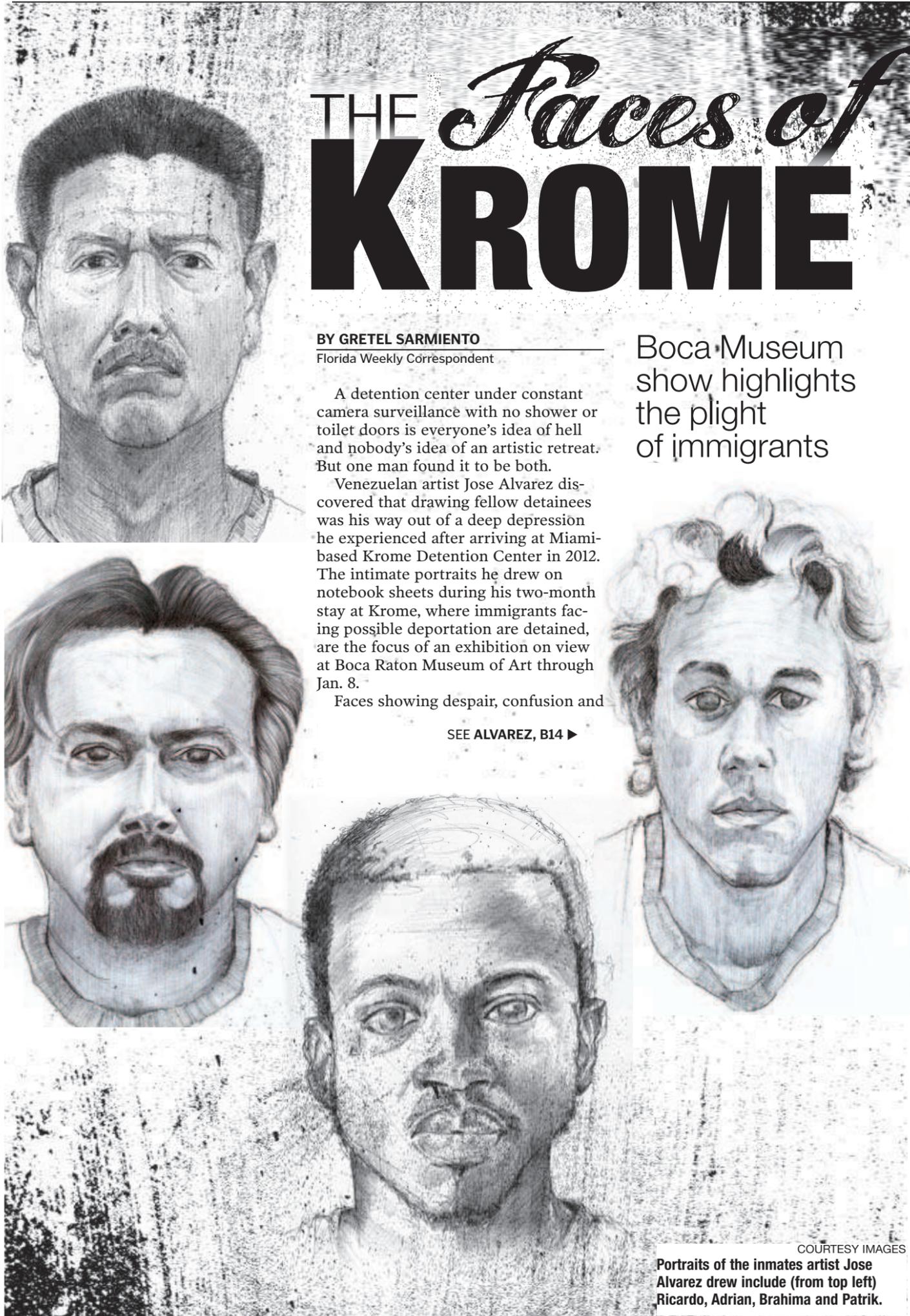


ARTS & ENTERTAINMENT

WEEK OF DECEMBER 8-14, 2016

WWW.FLORIDAWEEKLY.COM

| SECTION B



THE *Faces of* KROME

BY GRETEL SARMIENTO
Florida Weekly Correspondent

A detention center under constant camera surveillance with no shower or toilet doors is everyone's idea of hell and nobody's idea of an artistic retreat. But one man found it to be both.

Venezuelan artist Jose Alvarez discovered that drawing fellow detainees was his way out of a deep depression he experienced after arriving at Miami-based Krome Detention Center in 2012. The intimate portraits he drew on notebook sheets during his two-month stay at Krome, where immigrants facing possible deportation are detained, are the focus of an exhibition on view at Boca Raton Museum of Art through Jan. 8.

Faces showing despair, confusion and

SEE ALVAREZ, B14 ►

Boca Museum show highlights the plight of immigrants

COURTESY IMAGES
Portraits of the inmates artist Jose Alvarez drew include (from top left) Ricardo, Adrian, Brahima and Patrik.

HAPPENINGS



COURTESY PHOTO

Bernie Taupin (here with Elton John), will speak Jan. 10 at a Cultural Council event.

'Winter Break' of cultural events

BY JANIS FONTAINE
pbnews@floridaweekly.com

The holidays seem to start earlier each year, and some of us like to get our plans in place because it saves us worthless worry.

The Norton Museum of Art wants to help. (You may not care about this now, but cut it out and put it on the refrigerator. You'll be glad you did when Dec. 26 rolls around.)

You — or your houseguests and loved ones — can celebrate Winter Break at the Norton with free music, movies, art projects and tours of the museum.

By the way, did we mention admission is free?

Tell your guests they won't just see art in a silent, muted setting. They'll be doing art, too, and hearing lively discussions about the artwork in the Norton Collection. There also are film screenings and music

Drop-in art activities (materials are provided) are led by the museum's staff at 12:30 to 3:30 p.m. Dec. 27-30. Museum docents also will lead lively 15-minute Spotlight Talks, appropriate for all ages, focusing on a featured artwork at 1 p.m. and 3 p.m. The theme is "the gift."

Featured works are:

■ **Phyllida Barlow: The Gift of Sculpture** — Dec. 27. Transform ordinary material into a sculpture through wrapping and layering.

■ **William Merritt Chase: The Gift of Light** — Dec. 28. Capture the light in your own Impressionistic mini-landscape painting inspired by Chase's painting "Shinnecock Hills, Autumn."

■ **Teresita Fernandez: The Gift of Memory** — Dec. 29. Create your own "nocturnal landscape" inspired by the work of Fernandez.

■ **José Bedia: The Gift of Identity** — Dec. 30. Make a mixed-media collage that expresses your unique qualities.

Music is offered from 2 to 4 p.m.:

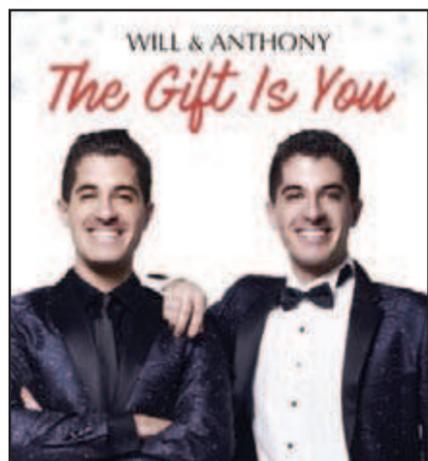
■ Violist David Pedraza and pianist Anya Nizhegorodsteva perform holiday music and add a classical spin to popular music on Dec. 27.

■ Guitarist Robert Alster plays holiday songs and pop and jazz standards Dec. 28.

■ The Jazz Harp Trio — Scott Marischen on harp, Josh Hill on bass, and David Schanzer on percussion — perform music from Miles Davis to Sting to holiday favorites on Dec. 29.

■ The Stradivarius Chamber Ensemble shares holiday as well as classical

SEE HAPPENINGS, B12 ►



Nunziatas return with Christmas EP

FLORIDA WEEKLY STAFF

Will and Anthony Nunziata have proven to be popular visitors to area stages, with two sellout shows at the Kravis Center and repeat performances at The Colony Hotel's Royal Room cabaret in Palm Beach.

On Dec. 11, the twin brothers return to Palm Beach County for a show at Delray Beach's Old School Square.

The show they are presenting, titled "Showstoppers," will include classics from Broadway's golden age, "The Impos-

sible Dream," "Just in Time," "Being Alive," "Somewhere," "Lily's Eyes" and their signature mash-ups of such songs as "Who Can I Turn To/What Kind of Fool Am I?" and "Some Enchanted Evening/This Nearly Was Mine."

You also can expect a few songs from "The Gift is You," a Christmas EP released in November. The five-song EP has three original songs, plus such classics as "O Holy Night" and "The Most Wonderful Time of the Year."

"For us, this CD is personal," Will Nun-

SEE NUNZIATAS, B14 ►

COLLECTOR'S CORNER

Images reflect another time in our racial history



scott SIMMONS

ssimmons@floridaweekly.com

It was 1946 or so, and Uncle Thurmond, Aunt Frances and my grandmother Dorothy returned to find the house they were renting in Mount Dora surrounded by sheriff's deputies.

It seemed Thurmond's maid, Florine, had been in town, seen her husband with another woman and had shot the cheating man with Thurmond's pistol.

My grandmother walked into the house and found Florine cowering in the closet.

"You'll have to go with the sheriff. We can figure something out," my grandmother told her.

The deputies arrested Florine and took her back to jail. Her husband later died from his wounds.

My grandmother and Aunt Frances returned home to Pahokee, and Thurmond stayed behind in Mount Dora, where he was brokering the Zellwood sweet corn crop.

Back then, Mount Dora was an even smaller town than today, and Thurmond heard that the sheriff was taking Florine home with him at night to cook and clean.

Thurmond called on the sheriff and asked what it would take to get his maid back.

According to family lore, he paid the sheriff \$1,000.

Florine came home to the Glades and took care of my cousins.

For better or for worse, that was racial justice in Florida in the 1940s, and a reflection of cultural norms of the day.

I think of those days in Mount Dora whenever I see photos of Al Jolson in blackface or remember how Hattie McDaniel was refused entrance to the Atlanta premiere of "Gone With the Wind." She went on to win an Oscar for her portrayal of Mammy in the movie.

It seems like another world, yet it was not that long ago.

One hopes we have changed, but I sense we still have far to go. ■



SCOTT SIMMONS / FLORIDA WEEKLY

This children's record is dated 1948 and has colorful illustrations, including one that is decidedly outdated.

THE FIND:

78 RPM record of children's music

Bought: Stuart Antique Show, Martin County Fairgrounds, 2616 SE Dixie Highway, Stuart. Next show is Jan. 14-15. www.floridaantiqueshows.com.

Cost: \$20

The skinny: I saw this 7-inch 78 RPM record and was smitten with the graphics, with their bold primary colors.

The record, issued in 1948 by Voco Records, includes recordings of the songs "Oh Susanna" and "Chicken Chatter," performed by Bob Kennedy in a country-swing style.

It's of cardboard with a grooved plastic playing surface on each side.

The side featuring the Stephen Foster song, "Oh Susanna," portrays two children in blackface.

It's shocking to see those images on a children's record, but black memorabilia of that era is popular among African-American collectors, who see these messages as part of their heritage.

I see it as an opportunity to learn, regardless of the price.

Holiday party — Doralea Asher of All Good Things Antiques will host a "Booze & Food" event, along with a storewide sale, 1-5 p.m. Dec. 17 at the store, 330 N. Dixie Highway, Lake Worth; 547-7606. ■

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CHRISTMAS

Mediterranean Seafood Buffet at Temple Orange Mediterranean Bistro
December 24th - 6 - 10pm | \$65 Adults | \$16 Children ages 5 - 12

Christmas Dinner at Angle
December 25th - 5 - 10pm | Five-course prix fixe tasting menu with optional wine pairing
\$85++

NEW YEAR'S EVE

Rock 'n Roll Tribute | December 31st - 8pm - 1:30am in the Grand Ballroom
Champagne reception, open bar, five-course dinner, live entertainment
by Decades Rewind and Philip Myers, midnight toast and late night after-party buffet
\$525 per couple | \$265 per person
Reserve the Rock 'N Roll Tribute Package inclusive of room and two tickets, rates from \$999

Dinner at Angle
December 31st | First seatings at 6, 6:30, 7pm | Five-course prix-fixe menu
\$90

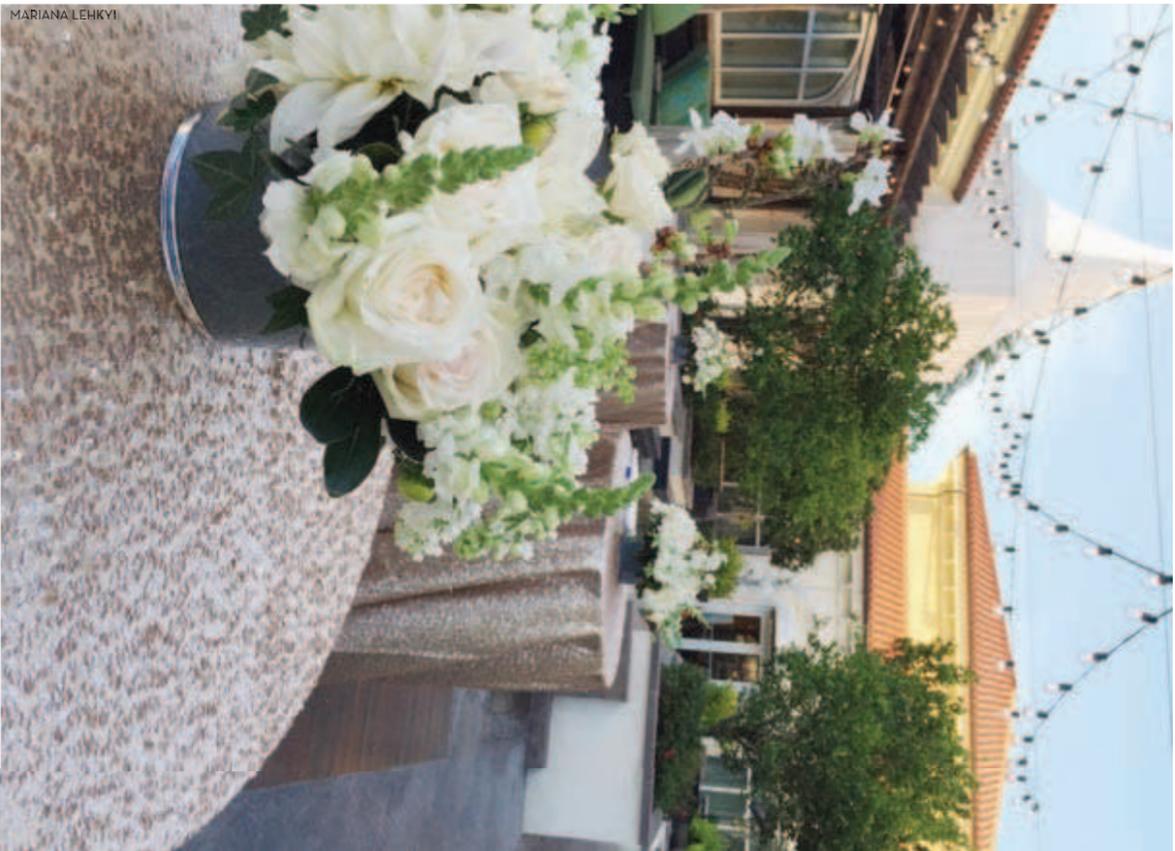
**Second seatings at 8:30, 9, 9:30pm | Five-course prix-fixe menu, includes wine pairing and champagne toast at midnight
\$175

**Rock 'n Roll Tribute access pass available for late seating guests at \$95



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LATEST FILMS

'Man Down'

danHUDAK
punchdrunkmovies.com



★ ★ 1/2

Is it worth \$10? Yes

"Man Down" doesn't start well. Soldier Gabe Drummer (Shia LaBeouf) is seen rescuing his captive son in an abandoned building as helicopters fly overhead. Why he has to rescue his son, why there's danger and the identity of the antagonists are all unknown — which means it's an action scene without context, which means it's pointless. And no, it's not so expertly staged and executed that it's good enough to exist on its own.

Thankfully, director Dito Montiel's ("Empire State") film gets progressively better as it goes, culminating in a substantial ending that is good enough to make the movie worth recommending.

"Man Down" has three intersecting

storylines, and each is compelling in its own way: The first tells of Marine Corps grunt Gabe as he survives basic training with his best friend Devin (Jai Courtney) and goes to Afghanistan. The second features Gabe speaking to a military shrink (Gary Oldman) about the horrible events he experiences. And the third chronicles Gabe's search for his wife (Kate Mara) and son (Charlie Shotwell) after a virus wipes out most of mankind. Any of these plotlines on their own would've made for an interesting narrative; all three create a jumbled, incohesive mess.

Yet by the end it all comes together, in part because everything — including the aforementioned out-of-context opening scene — is explained with sad-



dening clarity. This is not an accomplishment of proper pacing, as there are far too many scenes that should have been excised, including at least five minutes worth of Marine Corps basic training that amount to nothing. At 92 minutes it's hard to say the film is too long, but it is; if co-writers Mr. Montiel and Adam G. Simon could have gotten to the heart of the action and told the story with precision, their film would have been eminently more enjoyable.

It's interesting that given Mr. LaBeouf's reported off-screen antics he's recently chosen roles, both here and in last summer's "American Honey," in which his characters are a bit cuckoo. In both cases, however, they should not be laughed at. In "American Honey" his character represents the degradation of the Ameri-

can dream to its most primal level, and Gabe is a soldier who doesn't know how to cope with his life being torn apart. These are intense, complex roles that Mr. LaBeouf handles well; mind you his talent was never an issue, so if what he's doing can get people to work with him again, mission accomplished.

One thing "Man Down" does well by the end is showcase the terrors of military veterans' PTSD, and in doing so it suggests it's a much bigger problem than most people realize. Beyond identifying the problem, though, is the larger issue of how to help the veterans suffering from it. "Man Down" might help in that regard, but the film is unlikely to be embraced on a large enough scale to make a significant difference. ■

in the know

>> **Shia LaBeouf** previously worked with Dito Montiel on "A Guide to Recognizing Your Saints" (2006), which also starred Robert Downey Jr., Channing Tatum and Rosario Dawson.

FILM CAPSULES

Bleed For This ★★1/2

(Miles Teller, Aaron Eckhart, Katey Sagal) Boxer Vinny Pazienza (Mr. Teller) is a world champion when he breaks his neck in a horrific car accident. The

story of his road to recovery, with his trainer (Mr. Eckhart) by his side, is inspirational — in spite of the standard boxing movie plot points it includes. Rated R.

Nocturnal Animals ★★★1/2

(Amy Adams, Jake Gyllenhaal, Michael Shannon) An art gallery owner (Ms. Adams) reads a manuscript from her novelist ex-husband (Mr. Gyllen-

haal) that hits close to home. It's a three-tiered and densely complex story, and a stellar one at that. Ms. Adams and Mr. Gyllenhaal are terrific. Rated R.

Christmas Programs

at The Society of the Four Arts

Danú

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The Magic Flute

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pictured at right

The Nutcracker

SPECIAL FILM SCREENING

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Photo by Cory Weaver - Metropolitan Opera

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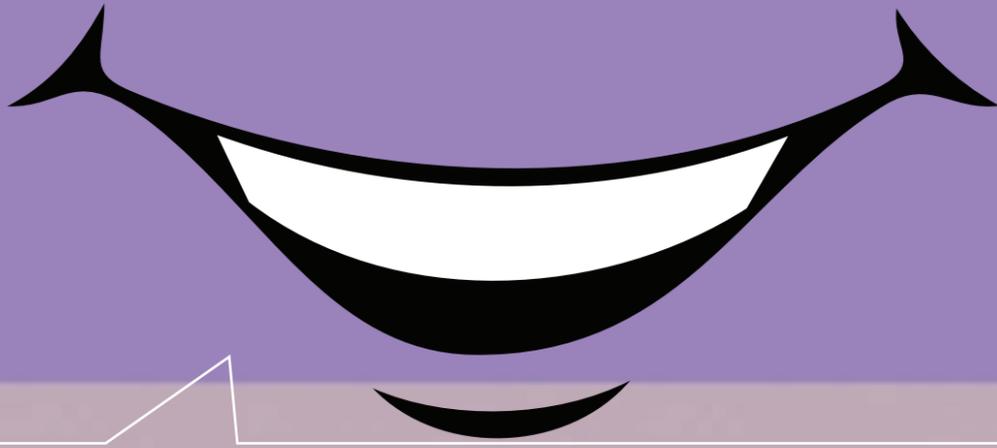
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CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnews@florida-weekly.com.

THURSDAY 12/8

Clematis by Night — 6-9 p.m. on the West Palm Beach Waterfront, 101 N. Flagler Drive, West Palm Beach. A free, family friendly concert. www.clematisbynight.net.

■ **Dee Dee Wilde Band plays Top 40 and R&B** — Dec. 8

FRIDAY 12/9

Stories in the Garden: Shapes All Around — 10-11:30 a.m. Dec. 9, in the Pavilion at Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. Free. Speaker: Stacey Burford, youth services librarian, leads. For ages 2-6. 233-1751.

SATURDAY 12/10

Family Improv with Maltz Jupiter Theatre — 10-11:30 a.m. Dec. 10, Cultural Council of Palm Beach County, 601 Lake Ave., Lake Worth. Part of the Arts in My Backyard Series. \$5 per family. Register in advance at the council, by phone at 471-2901 or online at www.palmbeachculture.com/our-impact/arts-cultural-education/family-saturdays.

Opera @ The Waterfront — 2 p.m. Dec. 10, Meyer Amphitheatre, 104 Datura St., West Palm Beach. The Palm Beach Opera presents its annual free 90-minute outdoor community concert featuring more than 100 local musicians performing arias and ensembles and a few Broadway show tunes. The show's featured artist is Australian heldentenor Stuart Skelton. Free. V.I.P. tickets, \$95, include valet service, a champagne welcome, preferred seating in the V.I.P. tent, and passed hors d'oeuvres. Stay to toast with the artists after the show. 833-7888; www.pbopera.org.

Eau Spa's Wonderland Ball — 5 p.m. Dec. 10, 100 S. Ocean Blvd, Manalapan. Cocktails and hors d'oeuvres, fire dancers, balloon artists, magicians, a silent auction and \$500 Eau Spa gift certificate giveaway. Benefits Nat King Cole Generation Hope. Bring the kids to play at AquaNuts "Kids Night Out" from 5 p.m. to 8 p.m. for an additional fee. Children will watch "Alice in Wonderland." Tickets: \$60. "Kids Night Out" at AquaNuts is \$80. 540-4960; www.eauspa.com or www.aquanutskids.com.

Mandel JCC Book Festival: "The Borscht Belt" — 7 p.m. Dec. 10, the Mandel JCC, 8500 Jog Road, Boynton Beach. A review of the summer playground in the Catskill Mountains of Upstate New York, by Marisa Scheinfeld. Tickets: \$16 Literary Society author and reader levels; \$20 guests, which includes a dessert reception with author. Info: 689-7700; www.jcconline.com/pbg.

SUNDAY 12/11

"Wounded Land" — Dec. 11 at Temple Beth El, 2815 N. Flagler Drive, West Palm Beach and Dec. 13 at the Weisman Delray Community Center, 7091 W. Atlantic Ave., Delray Beach. Florida premiere, at the Palm Beach Israeli Film Series. 833-0339; www.pbifs.com.

The Delray String Quartet — Dec. 11, at The Colony Hotel, 525 E.

Atlantic Ave., Delray Beach. Program 2: Haydn, Shostakovich and Dohnanyi with Tao Lin, piano. www.delraystringquartet.com.

TUESDAY 12/13

Judy Collins performs "A Love Letter to Stephen Sondheim" — 8 p.m. Dec. 13, PBSC's Duncan Theatre, 4200 Congress Ave., Lake Worth. Tickets: \$45 or \$75 for premium seating and a meet-and-greet with Ms. Collins at 868-3309 or web.ovationtix.com/trs/pr/964306.

LOOKING AHEAD

Clematis By Night — 6-9 p.m. Thursdays on the West Palm Beach Waterfront, 101 N. Flagler Drive at Clematis Street. Info: www.clematisbynight.net.

■ **Roots Shakedown performs Reggae** — Dec. 15.

■ **Bobby Rodriguez Orchestra performs American Classics & holiday favorites** — Dec. 22

Mandel JCC Book Festival: "The Orchestra Of Exiles" — 7 p.m. Dec. 15, at the Mandel JCC, 5221 Hood Road, Palm Beach Gardens. The biography of the violinist who founded the Palestine Symphony Orchestra and saved hundreds of people from Hitler, by author and documentary filmmaker Josh Aronson. Tickets: \$16, Literary Society author and reader levels; \$20 guests, which includes a dessert reception with the author. Info: 689-7700; www.jcconline.com/pbg.

AT DRAMAWORKS

Palm Beach Dramaworks at The Don & Ann Brown Theatre, 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2; www.palmbeachdramaworks.org.

"Tru" — Through Jan. 1.

"Collected Stories" — Feb. 3-March 5.

AT DREYFOOS

Dreyfoos School of the Arts, 501 S. Sapodilla Ave, West Palm Beach. 802-6000; www.soafi.org/events.

Chamber Winds Concert — Dec. 8. Meyer Hall. 802-6000; soafi.org/events

Musical Luncheon — Dec. 12. Table 26.

Jazz Combos — Dec. 12. Brandt Black Box.

Chorus Concert — Dec. 17. Meyer Hall.

AT THE DUNCAN

Duncan Theatre, Palm Beach State College, 4200 Congress Ave., Lake Worth. Info: 868-3309; www.duncantheatre.org.

Lightwire Theater's "A Very Electric Christmas" — 11 a.m. Dec. 10. A holiday production that's the perfect kids' introduction to theater. Part of the Weekend Family Fun Series. Tickets: \$15, series tickets \$33.

Judy Collins: A Love Letter to Stephen Sondheim — Dec. 13. A MusicWorks production. \$45, \$75. 868-3309; web.ovationtix.com/trs/pr/964306

AT THE EISSEY

Eissey Campus Theatre, Palm Beach State College, 11051 Campus Drive off PGA Blvd, Palm Beach Gardens. Tickets: 207-5900; www.eisseycampustheatre.org.

Indian River Pops presents Holiday with the Pops — 7 p.m. Dec. 11, The IRP and special guests, The Robert Sharon Chorale, for a holiday performance. Single tickets: \$25, half-price for students K - college with I.D.

Palm Beach Gardens Concert Band presents Holiday Concert — 7:30 p.m. Dec. 14. Tickets: \$15, free for students younger than 18 years of age.

AT THE GARDENS MALL

The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. 775-7750.

Santa's Enchanted Garden Photos — Through Dec. 24. FastPass available.

Maltz Jupiter Theatre Special Performance and Shop & Share — noon Dec. 10. Stop by the Information Desk and validate your receipts during mall hours. The Gardens Mall will donate 5 percent of the day's logged sales to the Maltz Jupiter Theatre.

Holiday Celebration — With The Gardens Mall's Kids' Club, 10:30-12:30 p.m., Nordstrom Court. Dance performances by Just Dance and storytime with Mrs. Claus.

AT THE KELSEY

The Kelsey Theater, 700 Park Ave., Lake Park. Info: 328-7481; www.thekelseytheater.com.

Rotorheads & The In Between — 8 p.m. Dec. 10. All ages welcome. \$10 in advance, \$15 at the door. Must be 21 to drink, bar available.

Bar Church — Beer & Carols Edition — 6:30 p.m. Dec. 16. Cheer, beer, holiday party foods, nonalcoholic drinks and your favorite Christmas songs. Bring an unwrapped gently used or new toy for children in Haiti. Ugly sweater contest with prizes. All ages. \$10; \$30 per family. Free for kids age 5 and younger. A ministry and fellowship event of Holy Spirit Lutheran Church.

AT THE KRAVIS

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 832-7469; www.kravis.org.

"An American In Paris" — Through Dec. 11. \$27 and up. Kravis On Broadway. Arrive by 6:45 p.m. for Beyond The Stage, a pre-performance discussion by Steven Caras.

The Other Mozart — 7:30 p.m. Dec. 9-10. \$32. Written and performed by Sylvia Milo. PEAK.

Alexandre Moutouzkine, Piano — 7:30 p.m. Dec. 12. Single tickets: \$30, or \$80 for the series of four performances.

The Hot Sardines Holiday Stomp — 8 p.m. Dec. 12. \$25 and up.

Kalichstein-Laredo-Robinson Trio — 8 p.m. Dec. 14. Arrive by 6:45 p.m. for Beyond The Stage, a preconcert discussion by Sharon McDaniel. Regional Arts Concert Series. \$29 and up.

Kalichstein-Laredo-Robinson Trio — 2 p.m. Dec. 15. Arrive by 12:45 p.m. for Beyond The Stage, a pre-concert discussion by Sharon McDaniel. Regional Arts Concert Series. \$29 and up.

AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$10 adults, \$5 children ages 6-18; free for younger than 6. Jupiter Lighthouse participates in the Blue Star Museums program. Children must be at least 4 feet tall to climb. Tours are weather permitting; call for tour times. RSVP required for most events at 747-8380, Ext. 101; www.jupitelighthouse.org.

Lighthouse Sunset Tour — Dec. 14 and 28. Time varies by sunset. \$15 members, \$20 nonmembers.

Lighthouse Moonrise Tour — 4:45 p.m. Dec. 13. \$15 members, \$20 nonmembers.

Twilight Yoga at the Light — 5:45 p.m. Dec. 12, 19 and 26. Mary Veal, Kula Yoga Shala, leads.

AT THE MALTZ

Maltz Jupiter Theatre, 1001 E. Indian-town Road, Jupiter. Tickets: \$56 single tickets. Ask about the four-play and the five-play package. Season tickets are \$202. www.jupitertheatre.org; 575-2223.

"Me and My Girl" — Through Dec. 18.

"The Producers" — Jan. 1- 29.

AT THE JCC

The Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Info: 689-7700; www.jcconline.com/pbg.

Dec. 8: Joan Lipton's Art History Lecture Series; Bridge; Resilience: A Key To Successful Aging.

Dec. 9: JBiz Networking Group; Bridge: advanced, beginner's supervised play.

Dec. 10: Family Cooking; Kid's Night Out.

Dec. 11: Perseverance Basketball Clinic.

Dec. 12: Explore the Treasures of Homestead Coral Castle and Spice & Fruit Park; Advanced beginner's supervised play, Timely Topics Discussion Group, mah jongg and canasta play sessions; The Extraordinary Two-Day Art & Accessory Event.

Dec. 13: Extraordinary Two-Day Art & Accessory Event; bridge, mah jongg.

Dec. 14: Supervised Improve Your Play of the Hand with Fred Nislow; Friends & Family CPR; bridge; mah jongg and canasta play; Men, Let's Talk; Stars of Opera: "Jan Peerce — If I Were A Rich Man."

AT THE PLAYHOUSE

The Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Info: 586-6410; www.lakeworthplayhouse.org.

"A Christmas Carol" — Dec. 10-11.

Screening of "Rotten Mangoes" — Dec. 11.

CALENDAR

Movies in the Stonzek Theatre:**"Evan's Crime"** — Dec. 8.**"Aquarius"** — Dec. 9-15.

AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 833-1812; www.palm-beachimprov.com.

The Hodgetwins — Dec. 8.**Clayton English** — Dec. 14-16.

AT THE SCIENCE CENTER

The South Florida Science Center and Aquarium, 4801 Dreher Park Road, West Palm Beach. Admission is \$16.95 for adults, \$12.95 for children ages 3 to 12 and \$14.95 for seniors aged 60 and older. Admission is free for kids younger than age 3 and museum members. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 832-1988; www.sfsccenter.org.

Our Body: The Universe Within — Through April 23.

AT THE FAIRGROUNDS

South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. Info: 793-0333; www.southfloridafair.com.

Great Train Expo — Dec. 10-11. A huge traveling model train show. www.trainshow.com.**Buckler's Craft Fair** — Dec. 10-11. www.bucklercraftfair.com.

LIVE MUSIC

Cafe Boulud: The Lounge — 9 p.m. Fridays, in the Brazilian Court Hotel, 301 Australian Ave., Palm Beach. Info: 655-6060; www.cafeboulud.com/palmbeach.**Camelot Yacht Club** — Jazz sessions start at 8 p.m. Tuesdays at Camelot Yacht Club, 114 S. Narcissus Ave., West Palm Beach. TCHAA! Band performs. 318-7675.**The Colony Hotel** — 155 Hammon Ave., Palm Beach. Info: 659-8100 or 655-5430; www.thecolonypalmbeach.com.**Motown Fridays with Memory Lane** — 9:30 p.m. to 12:30 a.m.**Saturday Late Night with the Dawn Marie Duo** — 9:30 a.m.-midnight, music and dancing, plus cameos by Royal Room headliners and other celebrity performers.**Royal Room Cabaret:** The doors open at 6:30 for dinner and the show starts at 8:30 p.m.**T. Oliver Reid** — Dec. 10.**The Four Freshmen** — Dec. 14-17. Tickets: \$70, plus \$50 food and beverage minimum.**Don Ramon Restaurante Cubano & Social Club** — Live music Thursdays-Sundays, 7101 S. Dixie Highway, West Palm Beach. 547-8704.**E.R. Bradley's** — 104 Clematis St., West Palm Beach. Friday, Saturday and Sunday. Info: 833-3520; www.erbradleys.com.**Guanabanas** — 960 N. A1A, Jupiter. Age 21 and older. Info: www.guanabanas.com.**Respectable Street Café** — 518 Clematis St., West Palm Beach. Info: 832-9999; www.sub-culture.org/respectables.

ONGOING

The Ann Norton Sculpture Gardens — 2051 S. Flagler Drive, West Palm Beach. Admission: \$10 adults, \$8 seniors and \$5 students. Free for members. Info: 832-5328; www.ansg.org.**"Eye on Photography: A Survey of Contemporary Themes"** — Through Dec. 28.**The Armory Art Center** — 1700 Parker Ave., West Palm Beach. 832-1776; armoryart.org.**"New & Now: Work by New Faculty Fall 2016"** — On display in the East and Greenfield Galleries. It's a multimedia exhibition featuring the work of artists Rosario Alborta, Judith Bert King, Jason LeVan, George Mesa, Ryan Parente from Infinite 3D Printers, Aimee Schulz, Vishan Seenath, Stacy Sollisch, Anna Torlen, Julia Townsend, Terry Widner and Betty Wilson.**The Center for Creative Education** — 425 24th St., West Palm Beach. 805-9927, Ext. 160; www.cceflorida.org.**"Wild Florida"** — A group exhibition featuring native, wild Florida photography. Through Dec. 17.**The Cultural Council of Palm Beach County** — 601 Lake Ave., Lake Worth. Hours: 10 a.m.-5 p.m. Tuesday-Saturday. Info: 471-2901; www.palm-beachculture.com.**Tony Arruza's 15 Surfboards by 15 Shapers** — Through Jan. 21.**The Flagler Museum** — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tickets: free for members; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6 free. 655-2833; www.flaglermuseum.us.**"Edward S. Curtis: One Hundred Masterworks"** — Through Dec. 31.**Harbourside Place** — 200 U.S. 1, Jupiter. Info: 935-9533; www.harbour-sideplace.com.**Live Music on the Waterfront** — 6-10 p.m. in the amphitheater.**Live Music Sunday on the Waterfront** — Noon-4 p.m. Sundays in the amphitheater.**Tai Chi Class** — 9 a.m. Saturdays. Cost: \$10.**AMPed Yoga** — 10 a.m. Sundays. An all-levels vinyasa yoga class led by Jennifer Martin. \$10. Alison Berkery offers at kids yoga class for \$5.**Jupiter Green & Artisan Market** — 10 a.m.-2 p.m. Sundays, year-round.**Jupiter Green & Artisan Market Mid-Week** — 3-7 p.m. Wednesdays, year-round.**The Historical Society of Palm Beach County** — Johnson History Museum, 300 N. Dixie Highway, West Palm Beach. Free admission. Info: 832-4164; www.historicalocietypbc.org.**"An American in Paris"** — Through Dec. 11, Kravis Center. 832-7469; www.kravis.org**The Delray String Quartet** — Dec. 11, at the Colony Hotel, 525 E. Atlantic Ave., Delray Beach. www.delraystringquartet.com**Opera @ The Waterfront** — By Palm Beach Opera, with heldentenor Stuart Skelton, 2 p.m. Dec. 10, Meyer Amphitheatre, 104 Datura St., West Palm Beach. 833-7888; www.pbopera.org**Judy Collins: A Love Letter to Stephen Sondheim** — Dec. 13, Duncan Theatre, Palm Beach State College, Lake Worth. 868-3309; www.web.ovationtix.com/trs/pr/964306**"For the Love of the Game: Baseball in the Palm Beaches"** — Highlights of America's favorite pastime in Palm Beach County.**The Lighthouse ArtCenter** — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is \$5 Monday-Friday, free on Saturday and for members and exhibiting artists. Info: 746-3101; www.LighthouseArts.org.**"Size Matters"** — Through Dec. 15.**3rd Thursday** — 5:30-7:30 p.m. the third Thursday of the month. Wine and passed hors d'oeuvres reception and exhibits, concerts, lectures, art demonstrations, live performances and gallery talks.**The Mandel Public Library of West Palm Beach** — 411 Clematis St., West Palm Beach. Info: 868-7701; www.mycitylibrary.com.**Pilates:** 10:30-11:30 a.m. Thursdays. Bring your own mat. By donation.**The Norton Museum of Art** — 1451 S. Olive Ave., West Palm Beach.

CALENDAR



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■ **"Question Bridge: Black Males"** — Through Dec. 18.

■ **Art After Dark** — 5-9 p.m. Thursdays.

The North Palm Beach Library — 303 Anchorage Drive, North Palm Beach. 841-3383; www.npblibrary.org.

Holiday Movie: "The Nutcracker" — 2 p.m. Dec. 15.

Friends of the Library Holiday Gift Wrap — 2-6:45 p.m. Dec. 19. Bring your boxed presents.

Knit & Crochet on Mondays at 1 p.m. Quilters on Fridays at 10 a.m. Chess on the first and third Saturday at 9 a.m. TreeSearchers Genealogy Club on the third Tuesday in Jan-May.

The Palm Beach Photographic Centre — 415 Clematis St., West Palm Beach. Info: 253-2600; workshop.org.

■ **"Dead Images: Photographs of the Grateful Dead"** — Through Jan. 4. From the archives of Robbi Cohn.

The Palm Beach Zoo & Conservation Society — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. every day, except Thanksgiving and Christmas. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 533-0887; palmbeachzoo.org.

The River Center — 805 N. U.S. 1, Jupiter. Hours: 9 a.m.-4 p.m. Tuesday-Saturday. The Loxahatchee River District was created more than 30 years ago to monitor and protect the river. Call 743-7123; www.loxahatcheeriver.org.

■ **Public Tour and Fish Feeding** — 2-3 p.m. Saturdays.

The Society of the Four Arts — 2 Four Arts Plaza, Palm Beach. Call 655-7227; www.fourarts.org.

Concerts and Theater productions:

Danú, "A Christmas Gathering: Féile na Nollag" — Dec. 14.

■ **"The Nutcracker" Special Screening** — Dec. 18. Staatsballett Berlin performs.

The Met Opera: Live in HD:

■ **Saariaho's "L'Amour de Loin"** — Dec. 10. \$27 or \$15 for students

■ **Mozart's "The Magic Flute"** — Dec. 17. \$27 or \$15 for students

■ **Verdi's "Nabucco"** — Jan. 7. \$27 or \$15 for students.

Exhibitions:

■ **"When Modern Was Contemporary: Selections from the Roy R. Neuberger Collection"** — Through Jan. 29. Admission is \$5.

■ **"Illustrating Words: The Wondrous Fantasy World of Robert L. Forbes and Ronald Searle"** — In the Mary Alice Fortin Children's Art Gallery.

Campus on the Lake Lectures — 805-8562 or visit www.fourarts.org.

■ **"Buddy Bombard: A Life of Grand Adventure," with Buddy Bombard** — Dec. 15. Book signing follows. Reservations required.

■ **"A Case for Color: A Vibrant Discussion," with master color-**

ist Gil Walsh and author Margaret Riley Muldoon — Dec. 12. Book signing follows. Reservations required.

Page Turners Book Discussions — Free. No reservations needed. Info: 655-2766; fourarts.org

"The Nightingale," by Kristin Hannah — Dec. 14.

Film Series: "The English Patient" — Dec. 16.

Florida Voices: "The One Man," with Andrew Gross — Dec. 15. Features a presentation by the author, a Q&A with the audience and a book signing.

AREA MARKETS

West Palm Beach Antique & Flea Market — 8:30 a.m.-2:30 p.m. Saturdays on Narcissus Avenue north of Banyan Boulevard. Free. Info: www.wpbantiqueandflea.com.

The West Palm Beach Greenmarket — 9 a.m.-1 p.m. Saturdays along the West Palm Beach Waterfront, 100 N. Flagler Drive, downtown West Palm Beach. Parking is free in the Banyan and Evernia garages during market hours. Info: www.wpb.org/greenmarket.

The Green Market at Wellington — 9 a.m. Saturdays through April 29 at 12100 Forest Hill Blvd., Wellington, next to the amphitheater. Pet friendly. Info: www.greenmarketatwellington.com ■

Jupiter Farmers Market at El Sol — 9 a.m.-1 p.m. Sundays, 106 Military Trail, Jupiter. Info: 283-5856; www.jupiterfarmersmarket.com.

Jupiter Green & Artisan Market at Harbourside Place — 3-7 p.m. Wednesdays at Harbourside Place, 200 U.S. 1, Jupiter. Info: 623-5600 or www.harrysmarkets.com.

Riviera Beach Marina Village Green & Artisan Market — 10 a.m.-2 p.m. Saturdays, 200 E. 13th St. at Broadway, Riviera Beach. Info: 623-5600 or www.harrysmarkets.com.

Lake Worth Farmers' Market — 9 a.m.-1 p.m. Saturdays, through April 29, Old Bridge Park, 1 S. Ocean Blvd., Lake Worth. Info: 283-5856; www.lakeworthfarmersmarket.com

Lake Worth High School Flea Market — 5 a.m.-3 p.m. Saturdays and Sundays, under the Interstate 95 overpass on Lake Worth Road. Info: 439-1539.

The Gardens GreenMarket — 8 a.m.-1 p.m. Sundays, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. Live entertainment from 9 a.m.-1 p.m. No pets. Through May 7. 630-1100; www.pbgfl.com.

Royal Palm Beach Green Market & Bazaar Veterans Park — 9 a.m.-1 p.m. Sundays, Veterans Park, 1036 Royal Palm Beach Blvd. Royal Palm Beach. Pet friendly. www.rpbgreenmarket.com

Jupiter Green & Artisan Market at Harbourside Place — 10 a.m.-2 p.m. Sundays, 200 N. U.S. 1, along the Intracoastal Waterway in Harbourside Place. Pet friendly. 623-5600 or visit www.harrysmarket.com.

The Green Market at Palm Beach Outlets — 11 a.m.-4 p.m. Sundays, 1751 Palm Beach Lakes Blvd., West Palm Beach. Info: 515-4400; www.palmbeachoutlets.com. ■



Pipes and Drums return to Tequesta

The pipes, the pipes, are calling in Tequesta.

For more than 25 years, Gallery Square North Shopping Center has played host to the Palm Beach Pipes and Drums at its Holiday Walk.

This year's walk is set for 5:30-8 p.m. Dec. 15. While strolling the center, visitors can view the "Size Matters: the BIG

and small Exhibition," at the Lighthouse ArtCenter, and the Village Art Studios will include the work of over 20 artists. Merchants will offer refreshments.

Gallery Square North Shopping Center, 373 Tequesta Drive, Tequesta. Admission is free. Call Village Art Studios at 310-8499 or Lighthouse ArtCenter at 746-3101. ■

PUZZLE ANSWERS

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6	5	4	3	2	1	7	8	9
9	2	7	8	6	5	1	4	3

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THE OTHER MOZART

Written and Performed by Sylvia Milo

Friday and Saturday, December 9-10 at 7:30 pm

Rinker Playhouse • Tickets \$32

Prodigies and prejudice: The true story of Amadeus' talented sister, whose fate was far different

This PEAK performance is made possible by a grant from the MLDauray Arts Initiative in honor of Leonard and Sophie Davis



ALEXANDRE MOUTOUZKINE, PIANO

A Florida Debut of "Who Stole the Mona Lisa?"

Monday, December 12 at 7:30 pm

Rinker Playhouse • Tickets \$30

Dazzling Florida debut – Keyboard prowess with video animation *Who Stole the Mona Lisa?*

Series sponsored by Harriett M. Eckstein New Art Fund
This concert is with support from The Raymond and Bessie Kravis Foundation

THE HOT SARDINES: HOLIDAY STOMP



Monday, December 12 at 8 pm

Dreyfoos Hall

Chestnuts aren't the only things roasting! Sizzling jazz, swing group ignites blazing holiday fare.

Tickets start at \$25 • Only Orchestra and Grand Tier sections available.

Beyond the Stage: Join us for a free musical presentation by The Dolphin Traveling Chorus from SeaWind Elementary in the Dreyfoos Hall lobby at 7:15 pm.



A SERAPHIC FIRE CHRISTMAS: ON WINTER'S NIGHT

James K. Bass, Associate Conductor

Wednesday, December 14 at 7:30 pm

Rinker Playhouse • Tickets \$45

Waxing nostalgic: Revel in Gregorian chant and glorious carols amid the glow of candlelight

Sponsored by Karin and John Strasswimmer



KALICHSTEIN-LAREDO-ROBINSON TRIO

Joseph Kalichstein, Piano
Jaime Laredo, Violin
Sharon Robinson, Cello

Wednesday, December 14 at 8 pm
Thursday, December 15 at 2 pm

Dreyfoos Hall • Tickets start at \$29

Presidential panache – Piano, violin and cello ensemble revisits program from Carter's inauguration

Beyond the Stage: Join us for free pre-performance talks by Sharon McDaniel in the Cohen Pavilion on December 14 at 6:45 pm, and on December 15 at 12:45 pm. Also on December 14, join us for a free musical presentation by Jupiter Academy of Music, Sounds of the Season in the Dreyfoos Hall lobby at 7:15 pm.

Series sponsored by Leonard and Sophie Davis



THIS WONDERFUL LIFE

Friday, December 16 at 7:30 pm

Rinker Playhouse
Tickets \$39

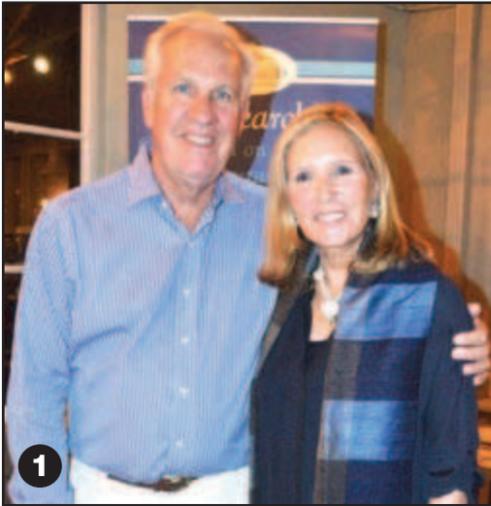
32 characters, one man – It's a *Wonderful Life* is reborn through actor's brilliance in solo play

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6-10PM
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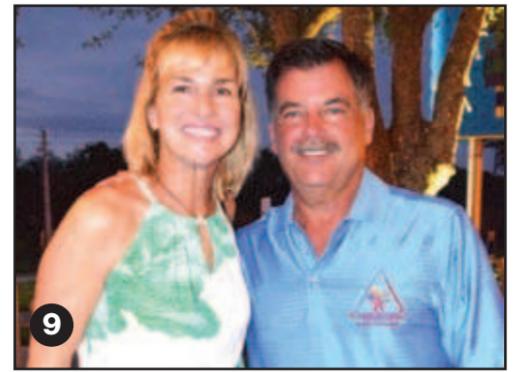
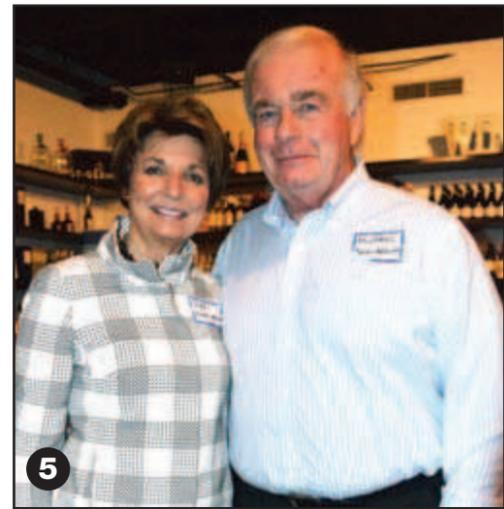
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HAPPENINGS

From page 1

and pop music in arrangements for piano, flute and cello on Dec. 30.

For the young and the young-at-heart, the Norton will screen classic holiday animated short films at 12:30 p.m. "A Charlie Brown Christmas" (25 minutes, 1965), will be screened Dec. 27 and 29. "How the Grinch Stole Christmas!" (26 minutes, 1966), will be shown on Dec. 28 and 30.

On Dec. 29, Art After Dark will take place at its usual time (5-9 p.m. Thursdays) with a concert and CD release party by singer, jazz pianist and Hammond B3 organist Gianni Bianchini and G.O.T. (Gianni's Organ Trio). At the special "Fes-

tival of Lights" DIY art activity, guest can personalize their own dreidel from 6 to 8 p.m.

The Norton Museum of Art is at 1451 S. Olive Ave. in West Palm Beach. The museum is closed on Mondays and major holidays. Admission is free. For more information, call 832-5196 or visit www.norton.org.

Attention, all budding playwrights!

Palm Beach Dramaworks is seeking submissions of new, unproduced plays for its developmental lab, The Dramaworkshop. Selected plays may become the subject of workshops, staged readings, and developmental productions, which take place in the Perlberg Studio Theatre, an intimate space designed and created specifically for The Dramaworkshop.

Last year, four plays went on to various phases of development, including Jennifer Fawcett's "Buried Cities," which received a full developmental production. Jennifer Faletto's submission, "Domestic Animals," begins developmental production in January.

Scripts are read by a company of resident artists, who choose a select few for development. The submission deadline is Jan. 31. Find guidelines and submission details at www.palmbeachdramaworks.org/dramaworkshop.

Still have questions? Contact the Dramaworkshop manager, Jeremy Quinn, at 514-4042, Ext. 117.

Bernie Taupin speaks

A rare opportunity to hear one of the most prolific and gifted lyricists of the last 50 years is coming up Jan. 10 at the Cultural Council of Palm Beach County.

Some of his fans might not even know his name even though they know all words to the songs he co-wrote. Instead they know the man with the melody and the piano and the larger than life persona.



David Pedraza: Dec. 27 at the Norton.

Stumped?

Bernie Taupin has been megastar Sir Elton John's lyricist since "Our Song."

And Mr. Taupin, it turns out, is no one-trick pony. The gifted man is also an author, writer, poet, painter, sculptor, performer and composer. Mr. Taupin said, "I'm gratified that serious art collectors and dealers are accepting and showing my work."

Critics say there is a consistency between his visual art and his lyrics, with both expressing common subjects in very different ways. Sculptures and paintings, he says, are much harder to complete than lyrics.

The Cultural Council will host a special spotlight luncheon, Evolution of an Artist, featuring Mr. Taupin, at the Kravis Center's Cohen Pavilion on Jan. 10.

The late Mark Borghi said Mr. Taupin's art "has always been evolving, from an original abstract, post-war aesthetic, to using a variety of elements, to his most recent collage-like work. He is a songwriter whose life is composed of translating words into a new medium." He said Mr. Taupin's work "looks right at home" next to works by Jackson Pollock, Hans Hoffman and Willem DeKooning.

Tickets for the Spotlight Luncheon with Bernie Taupin are \$150. VIP tickets are \$500 and include the 10:30 a.m. pre-recep-

tion in the lobby of the Cohen Pavilion and a meet-and-greet with the artist. The deadline to purchase tickets is Jan. 3. Call Kodie Ann Walcott at 472-3342 or email her at kwalcott@palmbeachculture.com.

Notable news from the Kravis Center

Mark your calendar with these additions and changes to the Kravis Center's schedule:

Billy Crystal has added actor/comedian Bonnie Hunt to his "Spend the Night With Billy Crystal" Tour on Jan. 22.

Broadway and TV Star Darren Criss has joined the 25th Anniversary 'Night Of Stars' performance hosted by Michael Feinstein at 7 p.m. Feb. 11. He is replacing Patti LuPone, who is opening on Broadway in the new musical "War Paint."

The New World Symphony is replacing the St. Petersburg Philharmonic at 2 p.m. Feb. 20.

The Prague Philharmonia MUSIC "At Eight" performance scheduled for Jan. 10, at 8 pm, has doubled the soloist lineup for its U.S. tour. In a rare move, the Philharmonia will carry renowned violinist Sarah Chang as well as pianist Andrew von Oeyen. The exceptional young American virtuoso is releasing his first album of works for piano and orchestra by Saint-Saëns, Ravel and Gershwin in January.

Pianist Lang Lang performs at 8 p.m. Feb. 21.

Tickets are on sale now for these MNM Productions coming to the Kravis Center.

- Monty Python's "Spamalot" — May 19-June 4. \$45.
- Stephen Sondheim's "Company" — July 21-Aug. 6. \$45.
- "La Cage Aux Folles" — October 6-22. \$45.

Need to know more? Call 832-7469 or visit www.kravis.org. ■

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THEATER REVIEWS

Maltz conjures joyous 'Me and My Girl'

BY BILL HIRSCHMAN
Floridatheateronstage.com

Pure joy suffuses Matt Loehr's face — and his hands and wrists and elbows and eyebrows and every other part of him as he cavorts nonstop — and we mean nonstop — in the Maltz Jupiter Theatre's delightful production of "Me and My Girl."

It seems that adjective "joy" gets paired with Loehr about every time we've written about his four previous turns at the Maltz, but no other word quite fits the infectious emanation from the supremely talented performer born about a half-century too late for inclusion in the Song-And-Dance Men Hall Of Fame.

But in this musical about a Cockney hustler who inherits a peerage, Loehr channels Ray Bolger, the early years of Dick Van Dyke, Donald O'Connor as well as physical comedians Charlie Chaplin, Jerry Lewis and, above all, Jim Carrey — sometimes all at once.

Director James Brennan and choreographer Dan Knechtges know what they have in Loehr and rarely allow him five seconds without indulging his inexhaustible ability to warble and prance. They never let him walk when he can stumble rubber-legged, rarely let him pass by a piece of furniture that he doesn't trip then somersault over it, few pieces of clothing that he cannot get tangled up in, no prop he cannot commandeer, no musical chord that doesn't set him to swirling or tapping.

Brennan, Knechtges and Loehr inject hundreds, literally hundreds of bits of comic business. The highly manic display is technically brilliant, endlessly hilarious and sadly distancing since we never stop marveling at Matt Loehr and don't really get a chance to fall in love with his character, Bill Snibson. A curmudgeon might carp that it's actually a bit too frenzied.

But these three are hardly alone in enchanting the audience, starting with the divine Julie Kleiner as Bill's beloved

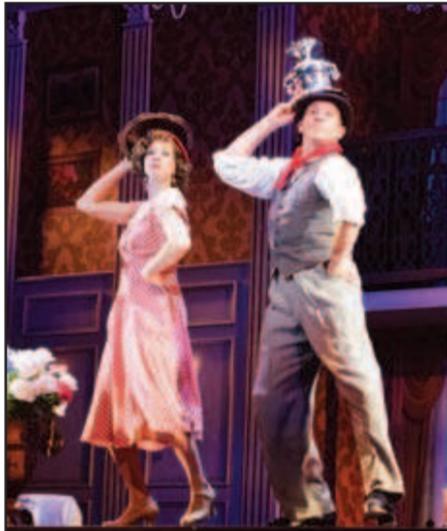


PHOTO BY JEN VASBINDER
Julie Kleiner and Matt Loehr in "Me and My Girl," at the Maltz Jupiter Theatre.

Sally Smith, thus bringing together two of the best musical theater leads familiar to local theatergoers. Then there is a first-rate supporting cast and production values equal to any regional production anywhere.

The show is a 1984 retooling of a museum-worthy 1937 music hall-style crowd-pleasing fable lampooning the supposedly inviolable abysses between castes in the British class system.

It centers on the irrepressible Bill, a rough around the edges numbers runner, pickpocket and street hawker from Lambeth. He is unaware that he is the issue of a brief marriage of his common folk mother and the wealthy 13th Earl of Hareford (pronounced much like the breed of cow). With his father's death, the Hareford household tracks down Bill because they need someone to father future Harefords.

To satisfy the terms of the will, a reluctant Bill must learn to be a "fit and proper" gentleman or renounce the title for an

annuity. The current Duchess thinks Bill can be shoehorned in, although cousin Sir John opposes him. The real problem is that the Duchess tries to undercut Bill's desire to marry Sally.

Bill tries to fit in with the crustiest of the upper crust, but his roots cannot be repressed. Whether he can stay true to himself, win over the bluebloods, avoid the seductions of a cousin with a loveless but monetary marriage on her mind, and keep Sally from running away to give him a chance at this future — well, you better be able to guess those answers.

Patrons won't know much of the venerable score. But it harbors arguably the most rousing first act closing number in musical comedy, "The Lambeth Walk," in which Bill and his busker pals pull the aristos into a jaunty strutting ode to their neighborhood. Really just a chorus and bridge, it's repeated over and over for five minutes, but it grows and grows and then grows some more in participants, volume, key changes and elation. (If you aren't humming this one leaving the theater, check your pacemaker).

The fish-out-of-water script is jammed with verbal humor — especially puns and malapropisms. Bill bemoans "Infamy. Infamy. They've got it in-for-me." Or when he meets a dowager who says, "I'm Lady Brighton," to which Bill snaps, "I love your beach." Or during the seduction when the tigress asks, "Do you like Kipling?" Bill answers honestly, "I don't know. I've never kipliped before."

These intentional groaners are pulled off perfectly because the actors never succumb to winking at the audience. There's also a witty nod to "My Fair Lady" that might escape some patrons.

The result is a dazzling never ending parade, such as when Bill is wearing a House of Lords ermine-collared cape and manages to get tangled up and tripping over it in ever more complex ways.

While Loehr does more pratfalls than Dick Van Dyke and steroid-equivalent

kinetic antics than Jim Carrey, he does get to slow a bit when he croons his solos and even flows into a Ray Bolger-smooth slide-and-glide dance in his 11 o'clock number, "Leaning On A Lamppost." He also has a convincing chemistry with Kleiner, especially when they are dancing together.

Speaking of which, it's a pleasure any time you see Kleiner, which only occurs about every season and a half — far too infrequently.

The supporting cast is first-rate, especially veteran actress Mary Stout as the matronly battleship Duchess and John Treacy Egan (one of the hoods in the Maltz's "Kiss Me Kate") as the doubting Sir John. Credit is due as well to Lauren Blackman as the avaricious but elegant Lady Jacqueline, James Donegan as the displaced heir presumptive, and James Beaman as a weirdly balletic solicitor who has a funny Gilbert & Sullivan-like patter song.

Maltz stalwart musical director Helen Gregory helms the 10-piece orchestra, which embraces every sprightly melody from the overture to the curtain call. As always, the creative team does solid work including Gail Boldoni's period costumes. Last but not least is Knechtges, whose choreography incorporates half the classic music hall moves in the playbook including having the cast play the spoons and use tennis rackets and shuttlecocks in production numbers.

"Me and My Girl" is the precisely the antidote for the seasonal angst — a couple of hours of escapist entertainment. The cast is clearly having a hell of a good time and it's almost guaranteed that you will, too. ■

— "Me and My Girl" runs through Dec. 18 at the Maltz Jupiter Theatre, 1001 E. Indiantown Road in Jupiter. Tickets: \$63-\$81; 575-2223 or www.jupitertheatre.org.

Fine performance, direction keep 'Tru' on track

BY BILL HIRSCHMAN
Floridatheateronstage.com

Audiences can marvel at the artistry from actor Rob Donohoe and director Lynnette Barkley in Palm Beach Dramaworks' production of "Tru," but the one-man bio-play about Truman Capote never quite touches the heart or coalesces narratively.

Donohoe, who intentionally lets any attempt at impersonation ebb early on, uses every technique he has learned in decades of performing to credibly inhabit the persona of someone who, as Capote says, first became famous for being a writer, then was famous simply for being famous.

Donohoe and Barkley are especially effective in the last third of the evening as loneliness eats through Capote's veneer layer by layer on an angst-filled Christmas Eve, forcing him to struggle not to indulge his alcoholism.

But Jay Presson Allen's 1989 script — in which Tru directly regales the audience with stories of his life — meanders and flits like a honeybee with ADD. It might reflect Capote's fractured mental state, but it fails to build a coherent arc and thereby robs the actor of a clear character development or life-changing realization. When Tru girds himself at the finale to enter the outside world, there's no sense how or why or if he has turned any emotional corner.

What Allen and Dramaworks have given us is an eavesdropping portrait of a moment in time, not a biography.

The play visits Capote on the day before Christmas Eve 1975 in his East Side apartment with a gorgeous view of twilight over the Chrysler and Empire State buildings.

His creative life is foundering. One of the finest American writers of the 20th century is aware that he is now best known now for his celebrity: "The only thing being famous is good for is cashing your checks in a small town."

And now matters have reached a tipping point. A chapter of his never-to-be-finished novel "Answered Prayers" has been published in *Esquire*. Its thinly veiled depictions of some of his closest friends in New York's high society have enraged them as a betrayal of his long-standing status as their confidante and lapdog. Several, including "Babe" Paley and "Slim" Keith, have cut him off dead.

On one level, he claims to be mystified at their feelings of being betrayed. After all, he avers, he is an artist and any friend of an artist knows everything is grist for the mill. But deeper down — and he never quite acknowledges this but must know it subconsciously — he has abused their trust as he has often used people around him in the past.

And now instead of being invited to their holiday celebrations, he is nursing his wounds in his abode, nervously

occupying himself with minutia, playing jazz on the cassette player, happily schmoozing on the phone with second tier buddies, even talking to himself, which is the conceit that explains why he is recalling vignettes from his life for imaginary visitors, us in the audience.

His jocular repartee on his lifeline telephone or speaking to us is peppered with crafted wit like, in dissing a floral gift, "Poinsettias are the Bob Goulet of botany." His twittering laugh shows no one appreciates his jokes more than he.

Capote also is his own best publicity agent: "I have lived an astonishing life and I've known everybody." He, indeed, frequents a rarefied world. He does not namedrop, but in telling stories about his acquaintances and intimates, he knowingly breezes past boldface names like Princess Margaret, Marilyn Monroe, Swifty Lazar, Gloria Vanderbilt, Lee Radziwill, Johnny and Joanne Carson.

But underneath the bonhomie, Donohoe and Barkley let us glimpse his depression and isolation — self-inflicted, he knows — gnawing at him. Initially referring to the tchockes in his living room, he also glances off his ego-enhancing dependency on these socialites and powerbrokers: "You can't really own anything. You can never own another person." Then he pauses. "But a person can own you."

Donohoe is a fine actor who has proven his stunning range at Dramaworks

from the quiet terror of the cultured well-to-do houseguest in "A Delicate Balance" to the grizzled dying reprobate in "Buried Child." He said in an interview that he was not trying to do a nightclub impersonation of Capote. But he has worked hard to try to summon elements familiar from Capote's television appearances, including the iconic fey, high-pitched Southern inflected voice as well as gestures such as emphasizing the absurdity of a point by arching his body to one side like a broken jack-in-the-box and throwing out his arms.

As Donohoe loses himself in the character, the externals of Capote fade away, leaving us with a fascinating character who is no longer the popular image recalled from talk show stints.

Donohoe succeeds completely at highlighting the inner turmoil under the public façade, a man conscious of being "an outsider with privileged access" to the world of the super-rich. But his Capote's ego apparently has fooled him into believing that those relationships were unshakeable. And now he realizes how wrong he was and how much his self-worth was predicated on them. ■

— "Tru" runs Dec. 2-Jan. 1 at Palm Beach Dramaworks, 201 Clematis St., West Palm Beach. Tickets: \$66, student \$10, subject to availability; 514-4042 or www.palmbeachdramaworks.org.

FLORIDA WRITERS

Threat of bird flu epidemic sets canine-aided security force into action

philJASON

philjreviews@gmail.com



■ **“Reckless Creed” by Alex Kava. G.P. Putnam’s Sons. 336 pages. Hardcover, \$27.**

Alex Kava’s highly original Ryder Creed series gets better and better as the title character gains in complexity. His interaction with FBI Agent Maggie O’Dell allows fresh challenges for this fine title character of the author’s earlier series. The originality of the Creed series lies in the occupation of its protagonist; the former marine is now an established, sought-after trainer of search-and-rescue dogs. He has a thriving facility on the Florida panhandle.



KAVA

The plot concerns a bird flu contagion that might have been manipulated, if not an unintended consequence of radical experimentation under the wraps of government agencies. How do you test an antidote without developing victims to catch and carry the disease? Among the alphabet soup of government medical research operations, something sinister is going on. Is there a chance that some rogue group is working to turn bird flu into a weapon?

Birds are falling out of the sky. Are

infected birds, living or dead, a threat to humans? Can the disease evolve or be engineered to that end? Is it an air-borne virus or is it conveyed by touch or by exposure to infected bodily fluids?

Such questions energize this red-hot thriller and, as we might expect, canine abilities come into play.

As usual, Ms. Kava masterfully employs the alternation of terse, vivid scenes to build a plot as much spatial as it is temporal. In Chicago, Tony, a long-time friend of Creed’s assistant Jason, is extremely sick. He’s being paid to touch as many surfaces as possible. Followers report his progress. He’s coughing up blood, feverish and nauseated.

Then he steps out onto the balcony of his 19th floor hotel room for some fresh air and is pushed over the railing, plunging to his death.

In New York, ailing yet determined Christina Lomax leads a marginal life in a similar employ. She plays the role of a tourist, disguising her actions as a player in an experiment. She too has handlers and followers.

In southern Alabama, Ryder Creed’s favorite search dog, Grace, discovers a young woman drowned in a river with rocks in her pockets. In Nebraska, Mag-

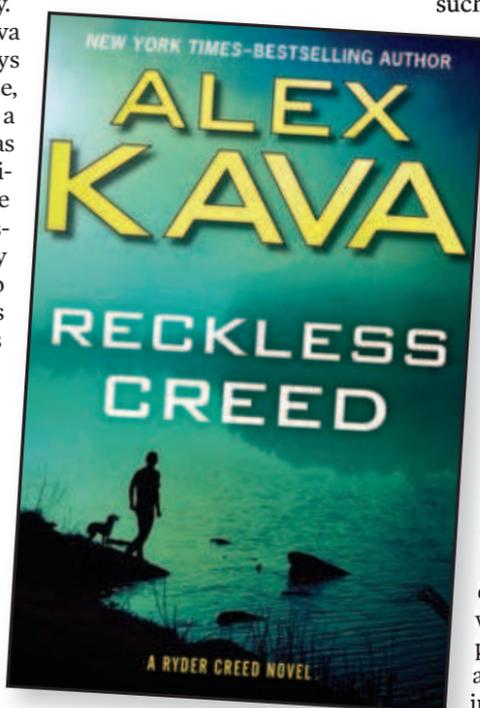
gie O’Dell sees redwing blackbirds falling from the sky.

Bird flu is the link, and Creed’s dogs are the hoped-for solution.

Can they be trained to sniff out bird flu contamination? And can they do so without becoming sick or dying? If so,

such dogs and their handlers could be instrumental in stopping an epidemic.

In following this plot thread, the author once again allows us to enjoy the canine-human relationships her series has already put stage center. Creed’s training of and partnership with Grace and his other dogs provides readers with the privilege of entering a special world of unexpected feeling and understanding. This uplifting experience has a bold spiritual dimension.



The effort to uncover the contamination source and the responsible individuals who are either deranged by uncurbed science or addicted to the power it fosters finds Creed and Maggie in major roles. Government agency turf wars, as ever, complicate the coordination needed to

deal with the problem. Oversized egos abound.

However, it becomes more and more apparent that a government scientist missing since a mudslide catastrophe in North Carolina (the center of a recent disaster case in which Creed and Maggie were involved) might be the one to meet the threat. The scientist had been working on dealing with such viruses before she disappeared.

Flitting around on the edge of the action is a mysterious character named Stephen Bishop. He moves furtively, exhibiting a nervous edge. Readers understand that he fits into this puzzle somehow, perhaps in a big way.

One of Ms. Kava’s challenges is to bring specialized scientific information and informed brainstorming about the feared crisis into the story without stopping the action. She needs to keep a proper balance of exposition and action — of telling and showing — that favors the showing.

Moreover, fact-laden conversation cannot be presented as if it existed to inform the reader; it must ring true to the needs and situations of the characters. Like every other challenge she has set for herself in this novel, she meets this one smoothly and effectively.

“Reckless Creed” is another winner from a writer whose savvy thriller-craft goes from strength to strength. ■

— Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, is a poet, critic and freelance writer with 20 books to his credit, including several studies of war literature and a creative writing text.

ALVAREZ

From page 1

anger are featured in the series of 30 portraits by Mr. Alvarez using black and blue ballpoint pens. Most are titled after a first name and accompanied by the horrific personal story of the man carrying it. The actual drawings are nothing extraordinary. The real power behind “Jose Alvarez (D.O.P.A.), Krome” is the narrative every line helps unveil. One notices the frowns, the guarded lips and the skeptical eyes.

One thing is to be harassed by local police, guerrillas and criminals demanding money to keep your business open, but to have them threaten your pregnant wife is something entirely different. To Colombian-born Adrian, that was reason enough to escape to the United States. The 26-year-old did just that, but his seven months’ pregnant wife was not allowed to board the plane. Adrian is now 41 years old. His sons are 20 and 22. At the time of his arrest, he ran a successful pool business and had employees of his own.

“David H.” was living in a wooden hut with a dirt floor and making \$5 a

day when he decided to battle freezing waters one night to make it to the United States. With the money he made working in the orange groves prior to his arrest, the 26-year-old had a brick house with concrete floors and tiles built for his entire family back in Guatemala.



ALVAREZ

The detainees often would talk to him while posing, Mr. Alvarez explained. As they recounted painful stories of betrayals, struggles and loss, strong emotions emerged, which he then tried to capture and even understand.

When the defiant-looking man in “Brahima” began crying in the middle of his drawing session and refused to elaborate, Alvarez returned the next day and asked him to pose again for finishing touches. During that second session, the artist asked the Ivory Coast native why he had cried, to which Brahima replied that he had never been drawn before.

Mr. Alvarez took the man’s emotional response to mean that he had never been noticed or acknowledged before. At his request, the artist went on to make another sketch for Brahima’s

daughter.

If one were to believe what certain political figures say, these are the faces taking Americans’ jobs and assaulting our women.

“Jeez, I wonder who you are talking about,” said Kathleen Goncharov, curator of contemporary art, who said the exhibition during election time by chance but admits the timing couldn’t be better.

“I think it really promotes understanding,” she said. “These people don’t come all the way here and go through all that trouble to rape and rob people. They are escaping violence, poverty and horrible things.”

Mr. Alvarez’s own story is not that different. He came to the United States in 1987 after experiencing persecution for being gay. He was already an “artist to watch” in 2011, when immigration officials arrested him for identity theft and falsifying a passport.

It was not long after doing his first drawing of “Julio, the Brazilian,” that Mr. Alvarez realized he had found something larger and far more important than an antidepressant. He started referring to it as a project and more requests from detainees followed. Asked if he ever imagined his rough drawings would hang at a museum, he responded with no hesitation: “Yes.”

He promised his subjects that he

would share their stories. They assured him that nobody cared.

“People needed to know all the reasons behind these crazy decisions to go to another country,” said Mr. Alvarez, whose D.O.P.A. acronym stands for his birth name — Deyvi Orangel Peña Artega. “The risks these people take. They get killed or raped or die of thirst or starvation. If you are doing that, it’s not because: hey, everything is hunky-dory back at home.”

A drastically different work of his titled “The Promised Land” serves as a closing curtain for “Krome.” The colorful, highly energetic painting gives the sad anecdotes on display a “happy end” of sorts.

Mr. Alvarez now hopes “Krome” becomes a traveling exhibition seen by millions. As for museum officials, well, they have a far more ambitious goal.

“I just hope it changes people’s minds about immigrants,” said Ms. Goncharov. ■

in the know

‘Jose Alvarez (D.O.P.A.)’

- >> **When:** Through Jan. 8.
- >> **Where:** The Boca Raton Museum of Art — 501 Plaza Real, Boca Raton.
- >> **Cost:** Free for members, students with ID, and age 12 and younger; adults \$12; seniors (65+) \$10; students (with ID) \$5.
- >> **Info:** 392-2500; www.bocamuseum.org.

NUNZIATA

From page 1

ziata wrote in an email. “In April 2016 our mom was diagnosed with breast cancer. Still in treatment, our mom’s strength

these past six months inspired us to write the title track of the CD.”

Their mom, Fran, has been one of the brothers’ biggest boosters.

So far, her work has paid off.

The brothers regularly tour the country, with their twin tenors blending in perfect harmonies.

This month, the Nunziatas hit the big time, with concerts Dec. 16-17 at New

York’s Carnegie Hall.

There, they will join another pair of frequent visitors to South Florida, sisters Liz and Ann Hampton Callaway, in a concert with the New York Pops.

— To purchase “The Gift is You” Christmas EP, visit iTunes, Amazon or www.willandanthony.com.

in the know

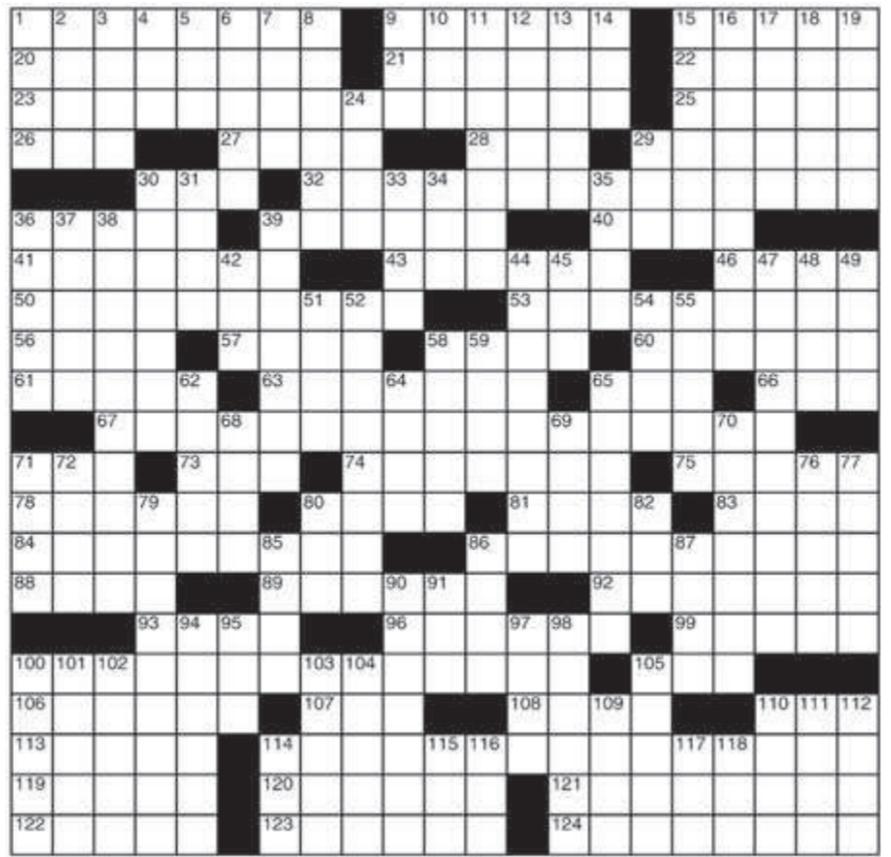
Will and Anthony Nunziata

- >> **When:** 7 p.m. Dec. 11
- >> **Where:** Crest Theatre, Old School Square, 51 N. Swinton Ave., downtown Delray Beach.
- >> **Cost:** \$42-\$52
- >> **Info:** www.oldschoolsquare.org.

PUZZLES

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 - 41 Try to be like
 - 43 "Pinball Wizard" band
 - 46 Shrek is one
 - 50 Great review from the wife of George Washington?
 - 53 Scandinavian king's lubricant?
 - 56 Certain iPad
 - 57 German coin
 - 58 Harvest yield
 - 60 Crooner Vic
 - 61 Tailor, e.g.
 - 63 Cut, as a 58-Across
 - 65 Hitler Gehrig
 - 66 Cause trouble to
 - 67 Question to an animal doc at an amusement park?
 - 71 Star, e.g.
 - 73 "illmatic" rapper
 - 74 Drop-leaf table
 - 78 Butlers
 - 80 Ruby and scarlet
 - 81 See 31-Down
 - 83 Crooner Perry
 - 84 Caesar's hail to a mariner?
 - 86 Buck that's toiling away?
 - 88 Enumeration
 - 89 Loafer liner
 - 92 Grand Slam tennis events
 - 93 Completely engrossed
 - 96 President before Bush
 - 99 — lance (pit viper variety)
 - 100 Seamstress who was Adam's mate?
 - 105 Downed
 - 106 Italian cry at a dinner table
 - 107 Canon — (camera line)
 - 108 Caspian Sea feeder
 - 110 "Attack, mutt!"
 - 113 Not as young
 - 114 Tennis great Rod who keeps everyone safe?
 - 119 Pixar figures
 - 120 "In this way"
 - 121 1970s-90s carrier to Lima
 - 122 Collagist Max
 - 123 Positive responses
 - 124 Eased up on
- DOWN**
- 1 Month after Aug.
 - 2 On — with (equal to)
 - 3 Paris — Gauche
 - 4 "— already said ..."
 - 5 Actor Voight
 - 6 First name of Poe
 - 7 Perfumery bottle
 - 8 6x9-inch book size
 - 9 One-eighty from NNW
 - 10 "X" amount
 - 11 Psych up
 - 12 Like a Thal
 - 13 Téa on TV
 - 14 Moral error
 - 15 Ball
 - 16 School unit
 - 17 Arm bones
 - 18 Nonreactive
 - 19 Amble along
 - 24 Aunts, in Baja
 - 29 Month after Nov.
 - 30 More briny
 - 31 With 81-Across, Beehive State NCAA team
 - 33 Lo-fat
 - 34 Suffix of ordinals
 - 35 Cello forerunner
 - 36 "Byzantium" actress
 - 37 AOL letter
 - 38 Hip-hop DJ's equipment
 - 39 Scrutinizes
 - 42 — kwon do (martial art)
 - 44 Carpenter's adhesive
 - 45 Clued in
 - 47 Is a little too proud of
 - 48 Queen in a sari
 - 49 Stunt master
 - 51 Boot part
 - 52 Sailors, say
 - 54 Take too much of, for short
 - 55 Member of an early-1900s art movement
 - 58 Debt memos
 - 59 Director Clair
 - 62 "— Cop" (1988 film)
 - 64 Commercial on the tube
 - 65 Olympic sled course
 - 68 "How — to know?"
 - 69 Celebration
 - 70 Jailbreaker
 - 71 Indy path
 - 72 Shankar on the sitar
 - 76 Edit, as text
 - 77 Scandinavian
 - 79 Hormones in some replacement therapies
 - 80 Harry Potter pal Weasley
 - 82 Draft inits.
 - 85 Its cap. is Vilnius
 - 86 Kaput
 - 87 Toss high up
 - 90 Brother of Iphigenia
 - 91 Director Ang
 - 94 Something novel
 - 95 Sch. org. that's too abundant
 - 97 Supply
 - 98 Operating skyward
 - 100 Theatricalize
 - 101 Courage
 - 102 Finish with
 - 103 Weird
 - 104 Out-of-the-way corners
 - 105 Bygone Olds
 - 109 Bygone Chevy
 - 110 Swedish film shooter
 - 111 French noun suffix
 - 112 Gunky stuff
 - 114 Use skillfully
 - 115 Ending for Brooklyn
 - 116 Abbr. in trig
 - 117 Part of L.A.
 - 118 Lemur cousin



SEE ANSWERS, B9

HOROSCOPES

SAGITTARIUS (November 22 to December 21) All signs point to a bright holiday, with all of those pesky problems finally resolved in your favor. Share the good times with people you love and, of course, who love you.

CAPRICORN (December 22 to January 19) Your plans should not be set in stone and cemented over. Leave some openings in case you need to make changes. Spend the holidays with your nearest and dearest.

AQUARIUS (January 20 to February 18) Surprise! This holiday finds you on the receiving end of the generosity of those who are usually the recipients of so much that you give so freely and lovingly.

PISCES (February 19 to March 20) That piece of good news assures that you'll be swimming in clearer, calmer waters this holiday season. There might be a storm or two ahead, but you'll weather it all in fine style.

ARIES (March 21 to April 19) I

know, dear Lamb, that you don't like anyone trying to take charge of one of your projects, but try to be a bit more flexible. A new idea could help hasten a positive result.

TAURUS (April 20 to May 20) I'm sure, like the time-thrifty Taurus that you are, that you've done much of your holiday shopping. But don't relax yet. Wrap those gifts now to save yourself lots of unwanted pressure.

GEMINI (May 21 to June 20) Be receptive when a family member or friend asks to confide in you. Your positive reaction could ensure that he or she will have a happy holiday experience.

CANCER (June 21 to July 22) Don't be rushed into wrapping up that workplace problem. Consider leaving it until after the holidays. This way you'll have the facts you need to reach the right resolution.

LEO (July 23 to August 22) You'll get news that will make you glow

brighter than the lights of the holiday season. Be sure to use what you learn both carefully and kindly, to avoid giving the wrong impression.

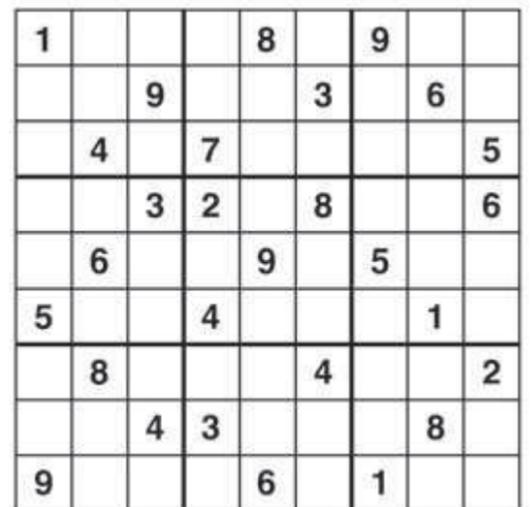
VIRGO (August 23 to September 22) That frayed relationship could be mended in time for the holidays if you were more flexible. Give a little, and you could get back a lot more.

LIBRA (September 23 to October 22) Things might not seem to be settling down as quickly as you would prefer. But it might be just a little holiday time flutter. You'll soon get news that will lead to more stability.

SCORPIO (October 23 to November 21) Stop getting so involved in everyone's personal problems that you lose time with loved ones. Remember, even the Supreme Court closes for the holidays.

BORN THIS WEEK: You have a flair for seeing things as you'd like them to be, as well as a gift for turning your perceptions into reality. ■

By Linda Thistle



Difficulty level:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

SEE ANSWERS, B9



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HOLIDAY EVENTS

TREE LIGHTINGS

Sandi Land — Through Dec. 31, The West Palm Beach Waterfront, 101 N. Flagler Drive, West Palm Beach. Wpb.org

“**Sandi**,” the world’s only 600-ton, 35-foot-tall holiday sand tree, is strung with more than 5,000 lights and is becoming a tradition in West Palm Beach. Sandi returns to center stage and kicks off “Holiday in Paradise,” a monthlong holiday celebration that features free family-friendly entertainment, including:

Sandi’s baby sculptures: Stop to “ooh” and “aah” over Sandi’s four little baby (25-ton) sculptures along the waterfront.

Sandi’s Light Shows: Light shows take place in 15-minute cycles 6:15-10 p.m. Sunday-Thursday and 6:15-11 p.m. Friday and Saturday. Twinkling lights and “snowflakes” fill the sky.

Glow for it Mini-Golf: Tee it up along the scenic Intracoastal Waterway with 9 holes of glow-in-the-dark mini golf for \$2.50 per person per round.

Snowie-Ville: Create your own tropical snowman with fun mix-and-match pieces.

Sandi’s Dressing Room: New this year, get a behind-the-scenes look at the glamorous side of Sandi. See her celebrity dressing room and all that it takes to keep Sandi looking holiday-ready. Open at 10 a.m. daily. Free.

Northwood Village Holiday Tree Lighting — Dec. 10, Joel T. Daves Park, Dixie Highway and Northwood Road, West Palm Beach. www.wpb.org.

PARADES

The 45th Annual Holiday Boat Parade — At 6:30 p.m. Dec. 9, the parade leaves from the Lantana Bridge near the Old Key Lime House and heads south along the Intracoastal Waterway to the C-15 canal in Delray Beach. The viewing party at the Boynton Harbor Marina, 735 Casa Loma Blvd., starts at 6 p.m. with live music. Other viewing areas are at Intracoastal Park and Jaycee Park, and Veterans Park in Delray. Bring a new, unwrapped toy for Toys for Tots. Info: www.catchboynton.com; 600-9097; www.boyntonbeachcra.com.

Delray Beach Holiday Parade — 6 p.m. Dec. 10, along Atlantic Avenue. The parade begins east of the Intracoastal and travels west to the Fire Department. More than 70 entries plus Santa riding along on the Delray Beach Fire Department’s Fire Truck. 243-7277, beardslloyd@mydelraybeach.com.

Seminole Hard Rock Winterfest Boat Parade — Dec. 10. The grandstand viewing area opens for this family friendly event featuring games including Slap Shot Hockey, a Rock-Climbing Wall, and a pitching challenge. Food and drink vendors including beer and wine. Begins at 6 p.m. in downtown Fort Lauderdale arriving at the park at 7:30 p.m. www.Winterfestparade.com.

The St. Lucie Christmas Parade and Paddleboard/Kayak Parade of Lights — 6:30 p.m. Dec. 10, starting at the Harbortown Marina. www.miatc.com.

Meridian Marina’s Martin County Christmas Parade — 6 p.m. Dec. 10, Sandsprit Park to the City of Stuart docks. Followed by a rock concert on the Riverwalk Stage in Stuart. Visit its Facebook page.

The Pompano Beach Holiday Boat Parade — 6 p.m. Dec. 11, beginning at Lake Santa Barbara north to Deerfield Beach. Info: (954) 941-2940; www.pompanobeachchamber.com.

The second annual Lake Osborne Holiday Boat Parade — 7:30 p.m. Dec.



Sandi is aglow through the end of the month at the West Palm Beach Waterfront

COURTESY PHOTOS

16 in John Prince Park, Lantana. Meet on the water at Anchor Inn by 6 p.m. The parade starts at 7:30 p.m. The parade route starts and ends at Anchor Inn. For info, or to participate, email osbornenachtclub@gmail.com a registration form or visit the Facebook page.

Boca Raton Boat Parade — 6:30-8 p.m. Dec. 17. A 6½-mile parade route from the C-15 Canal at the Boca/Delray border south to the Hillsboro Boulevard Bridge. 393-7995; www.myboca.us.

CONCERTS

The Delray Beach Chorale performs “Jubilate!” — 7:30 p.m. Dec. 9, Roberts Theater, Saint Andrew’s School, 3900 Jog Road, Boca Raton. 419-4878; (800) 984-SATB (7282); delraybeachchorale.org

Lightwire Theater’s A Very Electric Christmas — 11 a.m. Dec. 9-10, Duncan Theatre, 4200 Congress Ave., Lake Worth. A holiday production that’s the perfect kids’ introduction to theater. Part of the Weekend Family Fun Series. Tickets: \$15, series tickets \$33. 868-3309; www.duncantheatre.org

The Symphonic Band: Holiday Fun in the Sun — 7:30 p.m. Dec. 10 at PBSC’s Duncan Theatre, 42300 Congress Ave., Lake Worth. 832-3115; www.symbandpb.com.

The Holiday Brass Spectacular — 7:30 p.m. Dec. 10 and 4 p.m. Dec. 11, Lifelong Learning Society Auditorium at FAU MacArthur Campus, 5353 Parkside Drive, Abacoa. Features the Choral Society of the Palm Beaches with the Palm Beach Brass and the Palm Beach Children’s Chorus. \$25, \$10 students. 626-9997; www.choralsocietypalmbeaches.org.

The 14th Annual Gingerbread Holiday Concert — 3 p.m. Dec. 11, Boca Raton Resort and Club Great Hall, 501 E. Camino Real, Boca Raton. Holiday classics performed by the Lynn Phi-harmonia. Lynn student Laura Garrido will lead the sing-along portion of the concert. The annual event raises scholarship funds for the conservatory’s student musicians. \$35. 237-9000; events.lynn.edu.

Glory Be to God on High — 5 p.m. Dec. 11, St. Patrick Catholic Church, 13591 Prosperity Farms Road, Palm Beach Gardens. The St. Patrick Choirs and Florida Brassworks perform at St. Patrick Church’s Parish Christmas Concert. Info: alan@stpatrickchurch.org



Palm Beach Gardens Concert Band

FAU Presents Tuba Christmas 2016 — 5 p.m. Dec. 11, Mizner Park Amphitheatre, 590 Plaza Real, Boca Raton. Start a new tradition of holiday music performed by tubas and euphoniums, the legacy of Indiana University Professor Harvey G. Phillips. 393-7984; myboca.us/pages/mizneramph

Indian River Pops presents Holiday with the Pops — 7 p.m. Dec. 11, PBSC Eissey Campus Theatre, 11051 Campus Drive, Palm Beach Gardens. Special guests The Robert Sharon Chorale also perform. Tickets: \$25, half-price for students with ID. 207-5900.

Handel’s “Messiah” — 7 p.m. Dec. 11, University Theatre, FAU Boca Raton Campus, 777 Glades Road. The Delray Beach Chorale performs with FAU choral students past and present. Tickets \$20 at www.fauevents.com, 800-564-9539.

The Hot Sardines Holiday Stomp — 8 p.m. Dec. 12, at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. This ensemble, led by pianist Evan Palazzo and singer Elizabeth Bougerol, bring festive holiday fare from jazz to swing. \$25 and up. Arrive by 7:15 for Beyond The Stage, a free musical pre-performance. www.kravis.org; 832-7469.

Christmas through the Decades — 7 p.m. Dec. 14, Unity of Stuart, 211 S.E. Central Parkway, Stuart. Under the direction of Albert Miller, the Joyful Noise band and choir will perform popular Christmas songs from the 1940s through present day. The band will

feature Miller on piano, Chuck Chase on drums, Shirell Hix on keyboards, Doreen Poreba on percussion, Glenn Robinson on bass and Don Rowell on lead guitar. Tickets: \$10. 772-286-3878; www.unityofstuart.org

A Seraphic Fire Christmas: “On Winter’s Night” — 7:30 p.m. Dec. 14 at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. James K. Bass, associate conductor, leads a program of Gregorian chant and carols by the Grammy-nominated ensemble Seraphic Fire in a traditional Christmas concert. Tickets \$45. www.kravis.org; 832-7469.

Palm Beach Gardens Concert Band presents Holiday Concert — 7:30 p.m. Dec. 14, PBSC Eissey Campus Theatre, 11051 Campus Drive, Palm Beach Gardens. Tunes from the Christmas Song Book plus Hanukkah favorites. Tickets: \$15. Free for students younger than age 18. 207-5900.

Blue Suede Christmas — 7:30 p.m. Dec. 15, in the Pavilion at Old School Square, 51 N. Swinton Ave., Delray Beach. A holiday tribute to Elvis Presley. \$5 donation. www.OldSchoolsquare.org.

“The Polar Express” Movie and Activities — 5 p.m. Dec. 16, Mizner Park Amphitheatre, 590 Plaza Real, Boca Raton. Train rides, snow, refreshments. The movie starts at 6:30 p.m. 393-7984; myboca.us/pages/mizneramph.

St. Peter Catholic Church’s Singing Christmas Tree — 7 p.m. Dec. 16 and 17, St. Peter’s Parish Hall, 1701 Indian Creek Parkway, Jupiter. Features adult, children’s and bell choirs, with an orchestra. Audience sing-along. Tickets: \$10 adults, \$5 children age 12 and younger. 575-0837 or www.stpetercatholicchurch.com.

Handel’s “Messiah” — 7 p.m. Dec. 16, at the United Methodist Church of the Palm Beaches, 900 Brandywine Road, West Palm Beach. The Masterworks Chorus of the Palm Beaches performs this classical masterpiece. Soloists for these performances are Amber Rose, soprano, Danielle MacMillan, mezzo-soprano, Christopher Waite, tenor and Mark Aliapoulos, bass. A second show takes place at 7 p.m. Dec. 18, at the Royal Poinciana Chapel, 60 Cocconut Row, Palm Beach. Tickets: \$25 adults, \$10 students at www.masterworkspb.org or 845-9696. Tickets may be available at the door.

Beach Boys Christmas — 8 p.m. Dec. 16 at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Join the iconic group, grooving for more than 50 years,

HOLIDAY EVENTS

in a "Merry Christmas, Baby" show. \$30 and up. www.kravis.org; 832-7469.

TubaChristmas — 6 p.m. Dec. 17, Downtown at The Gardens, 11701 Lake Victoria Gardens Ave., Palm Beach Gardens. 340-1600; www.downtownatthegardens.com.

Dance Theatre of Florida presents "The Bell" — 7 p.m. Dec. 17 and 2 p.m. Dec. 18, PBSC Eissey Campus Theatre, 11051 Campus Drive, Palm Beach Gardens. This contemporary ballet is an interpretation of the classic children's story, "The Polar Express." Tickets: \$24 adults, \$20 students and seniors. 627-9797; www.dancetheaterofflorida.com.

Lessons and Carols - Noël! Noël! A French Christmas — 3 p.m. Dec. 18, St. Paul's Episcopal Church, 188 S. Swinton Ave., Delray Beach. Part of Music at St. Paul's. 278-6003; www.stpaulsdelray.org.

Handel's "Messiah" — 7 p.m. Dec. 18, Royal Poinciana Chapel, 60 Coconut Row, Palm Beach. The Masterworks Chorus of the Palm Beaches performs. 845-9696; www.masterworkspb.org.

"Rudolph the Red-Nosed Reindeer: The Musical" — 2 and 7 p.m. Dec. 23 at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. The beloved TV classic on stage with all your favorite characters. \$20 and up. www.kravis.org; 832-7469.

Live Christmas Eve Music — 6-10 p.m. Dec. 24, Downtown At The Gardens, 11701 Lake Victoria Gardens Ave., Palm Beach Gardens. 340-1600; www.downtownatthegardens.com

The State Ballet Theatre of Russia — 7:30 p.m. Dec. 26 in the Pavilion at Old School Square, 51 N. Swinton Ave., Delray Beach. Program: The Tchaikovsky Christmas Spectacular featuring selections from two of the greatest classical ballets of all time, all set to the music of Tchaikovsky, and featuring 50 of Russia's brightest ballet stars. \$30 adults, \$20 students. General admission seating. 243-7922; www.oldschoolsquare.org.

PLAYS

"The Christmas Carol" — Through Dec. 18, at the Sol Theatre, 3333 N. Federal Highway, Boca Raton. This adaptation by Brian Way of the beloved story about Tiny Tim and his poor family, and Mr. Scrooge, the local miser, is directed by Christopher Mitchell. Tickets: \$20 adults, \$12 for kids age 11 and younger. www.solchildren.org; 447-8829.

"A Charlie Brown Christmas" — 4 p.m. Dec. 10, Showtime Dance & Performing Arts Theatre, 503 SE Mizner Blvd., Royal Palm Place, Boca Raton. 394-2626; www.showtimeboca.com.

"This Wonderful Life" — 7:30 p.m. Dec. 16 at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Jeremy Kendall brings this poignant and uplifting one-man play based on the iconic 1946 holiday film, "It's a Wonderful Life," to the stage. Tickets: \$39. www.kravis.org; 832-7469.

Steve Solomon: Home for the Holidays — Dec. 22-23 in the Crest Theatre at Old School Square, 51 N. Swinton Ave., Delray Beach. The star and creator of "My Mother's Italian, My Father's Jewish & I'm in Therapy" returns with "My Mother's Italian, My Father's Jewish, I'm Home for The Holidays: The Therapy Continues..." Tickets: \$36-\$46. 243-7922; www.oldschoolsquare.org.

HOME TOURS

The 29th Annual Old Northwood Candlelight Holiday Home Tour — 5-9 p.m. Dec. 18. Homes are all decked out for the holidays, so what better time for a tour? John Volk, an Austrian-



Masterworks Chorus of the Palm Beaches performs "Messiah."

born architect made a major contribution to Old Northwood, designing his first five homes when he was only 25 years old. Four of those homes are on the tour. Other homes are Mediterranean Revival and Spanish Mission style, made popular by Addison Mizner, plus Craftsman-style bungalows and American FourSquare-style. Champagne, beer and wine and light tastings will be offered at homes on this self-guided walking tour. There will be a trolley for those who don't want to stroll. Tickets: \$35 or \$62.50 for VIP, which includes a pre-party, and a spot first in line for the tour. www.oldnorthwood.com

OTHER

Ongoing:

The 10th Annual Festival of Trees — Through Dec. 14, at the Ann Norton Sculpture Garden, 2051 Flagler Drive, West Palm Beach. More than 25 trees have been skillfully decorated by local interior designers, artists and florists around the theme "Celebrating Design through the Decades." A dazzling light and music show illuminates two of Ann Norton's monumental sculptures as it reflects into one of the venue's ponds. www.ansg.org; 832-5328.

Holiday Hope Tree — Through Dec. 19 at the Mall at Wellington Green, 10300 Forest Hill Blvd., Wellington. Donate a gift to a child at Place for Hope at the Hope Tree, or donate to one of the collection boxes throughout the community until Dec. 20. You can also donate directly to the Place of Hope, a faith-based, state-licensed children's organization that provides children and families with the care they need. www.placeofhope.com/events.

Holiday Light Show — Every night through Dec. 31, Downtown at The Gardens, 11701 Lake Victoria Gardens Ave., Palm Beach Gardens. This display of more than 500,000 colored lights is set to holiday music runs on the hour from 6 to 9 p.m. every night through the holidays. Visit on Wednesday for free carousel rides. 340-1600; www.downtownatthegardens.com.

Festival of Trees Community Days — 6-8:30 p.m. Dec. 8-10 and Dec. 12-14 at the Ann Norton Sculpture Garden, 2051 Flagler Drive, West Palm Beach. Visitors bask in the glow and the magic of the trees. Food from Emko. Entertainment from more than 20 local schools and community groups. \$25 adults, \$8 chil-

dren. www.ansg.org; 832-5328.

Peggy Adams Animal Rescue League's 45th Annual Christmas Ball — 7 p.m. Dec. 8, at the Sailfish Club in Palm Beach. An elegant holiday party with holiday lights, garlands, festive Christmas trees and decorations and of course adorable adoptable pets. Tickets: \$600. 472-8842.

The Salvation Army Angel Tree — 10 a.m.-6 p.m. Dec. 9-10, Boynton Beach Mall, 801 S. Congress Ave., Boynton Beach. Choose a child's name from the Angel Tree, and buy presents for him or her for the holidays. Info: 736-7900; www.boyntonbeachmall.com.

The Annual Carol-Sing — 4 p.m. Dec. 9, Burns Road Recreation Center, 4404 Burns Road, Palm Beach Gardens. Meet next to the lighted Christmas tree and Nativity scene. www.Pbgfl.com.

Screen on The Green and the Kids "Present Parade" — 5:30-11 p.m. Dec. 9 at the West Palm Beach Waterfront, 101 N. Flagler Drive, West Palm Beach. It's a triple feature at Screen on the Green. See the holiday classics, including "Frosty's Winter Wonderland" (6:30 p.m.), "Shrek the Halls" (7 p.m.) and "How the Grinch Stole Christmas," with Jim Carrey (8 p.m.). Bring your own blankets or lawn chairs. From 7 to 8 p.m. kids are invited to decorate boxes with paper and ribbon, then dress up as walking presents for a Present Parade. Santa also will visit from 6 to 8:30 p.m. www.wpb.org/events.

Cookie Cruise with Santa — 10 a.m. Dec. 10 aboard the Lady Atlantic, Delray Yacht Cruises. 243-7922, Ext. 1; www.OldSchoolsquare.org; www.delraybeachcruises.com.

The Humane Society's Holiday Hoopla and Bake Sale — 10 a.m.-5 p.m. Dec. 10, at its two thrift stores: Thrift Store Central, 2585 SE Federal Highway, and Thrift Store North, 1099 NW 21st St., both in Stuart. Half-price sale, shelter pets available for adoption and therapy pets on hand. (772) 286-6909 or (772) 232-4887.

Maltz Jupiter Theatre Special Performance and Shop & Share — Noon Dec. 10, The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. 775-7750.

KidX Club's Storytime with Santa — 3 p.m. Dec. 10, Boynton Beach Mall, 801 S. Congress Ave., Boynton Beach. Kids will enjoy a story by Santa and/or Mrs. Claus, holiday-themed arts and crafts and treats. Info: 736-7900; www.boyntonbeachmall.com.

Holiday Happenings — 5-8 p.m. Dec. 10, Delray Marketplace, 14851 Lyons Road, Delray Beach. Free photos with Santa, cookie decorating, face painting, hands-on holiday crafts, train rides, live entertainment. Info: 865-4613 or visit www.delraymarket.com.

Vanilla Ice Block Party 2016 — 6-10 p.m. Dec. 10, Downtown at The Gardens, 11701 Lake Victoria Gardens Ave., Palm Beach Gardens. 340-1600; www.downtownatthegardens.com

The Children's Gala — 5-7 p.m. Dec. 11 at the Ann Norton Sculpture Gardens, 2051 Flagler Drive, West Palm Beach. A night mini-merriment with child-friendly refreshments. \$40 for adults and children who must be accompanied by an adult. www.ansg.org; 832-5328.

Holidays are for dogs too — 6-8 p.m. Dec. 13, your pet can pose with Santa for a holiday photo. Big Dog Ranch Rescue will be collecting supplies for homeless animals, and will have furry friends available for adoption. Info: 865-4613 or visit www.delraymarket.com.

Breakfast with Santa — 9-11 a.m. Dec. 17, BRIO at The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. A plated breakfast and holiday activities including face painting, holiday crafts, cookie decorating, ornament making, and Christmas carolers. Santa Claus will be visit each table to collect wish lists, and will also take photos with guests. BYO cameras. \$11.95 adults; \$5.95 children. Reservations are required. 622-0491.

Cookie Cruise with Santa — 10 a.m. Dec. 17 aboard the Lady Atlantic, Delray Yacht Cruises. 243-7922, Ext. 1; www.OldSchoolsquare.org; www.delraybeachcruises.com.

Screen on the Green Delray Beach — 6:30 p.m. Dec. 17, Old School Square Park, Delray Beach. An outdoor holiday double feature. www.OldSchoolsquare.org

Sunday On the Waterfront — 4-7 p.m. Dec. 18 on the Palm Stage at the West Palm Beach Waterfront. The Aloha Islanders Tropical Holiday Spectacular is a high-energy Polynesian entertainment troupe whose show is packed with pulsating drums, hula dancers and Samoan fire-knife dancers. Info: www.Wpb.org/events for details.

Holiday Evening Tours of Whitehall — Dec. 18-23, Flagler Museum, 1 Whitehall Way, Palm Beach. 655-2833; www.flaglermuseum.us. ■

CUISINE

Bolay blossoms: Northlake location offers healthful fast food



janNORRIS

jan@jannorris.com

The new food kid on the block is **Bolay** on Northlake Boulevard across from **Costco**. It's a concept for the times: fresh foods with bold flavors, but in a type of fast-food, casual setting.

The masterminds behind it are well versed in the restaurant and chain business: **Tim Gannon** of **Outback Steakhouse** fame, and his son, **Chris Gannon**. This restaurant focuses on bowls of fresh foods that the diner chooses along the counter-service line.



GANNON

The name might sound French, but it's nowhere near it, though the chef who was consulted to create the menu, **Martin Oswald**, is European.

"We picked Bolay after going through a bunch of 'bowl' names. It doesn't mean anything, but was just a fun-sounding name," Tim Gannon said.

The 67-year-old worked closely with his son to create a restaurant that would appeal to a younger set than the one he created with partners back in the 1980s and '90s — **Outback Steakhouse**. Mr. Gannon is responsible for the chain's signature item — the **Bloomin' Onion**.

He also is involved in franchising a chicken fast-food spot, **PDQ**, with numerous South Florida locations.

As for Bolay, "The younger diner is looking for something with good food, better food than fast foods offer. And everybody's trying to eat better and more healthy foods today," he said.

Chef Oswald, who worked with celeb chef Wolfgang Puck, said it's time fast food cleaned up its foods and upped the game on flavor.

"Today you don't see all the butter and cream and heavy cheese sauces. The younger people want healthier food, and the older ones like me are looking to keep healthy — maybe their doctors have told them to eat better," he said.

The healthful combinations are noteworthy for encompassing international cuisines. Build a bowl with a base of a starch, if you like — Peruvian quinoa, "forbidden" rice, cilantro noodles, and make the bowl hot or cold — a sauté pan is on the line for stirring up the foods as they are ordered.

Add a vegetable from a list that includes smoked cauliflower, or Paleo Brussels sprouts — there are plenty of vegan choices for the health-minded.

Stop there and add a sauce such as carrot-ginger to keep it vegetarian, or move along to proteins: Tofu — still in the vegetarian vein, or Caribbean spiced (like jerk seasoning) steak, fresh ahi tuna, Thai shrimp, lemon chicken, barbecue chicken, or pork tenderloin.

Mushrooms, goat cheese, Parmesan, and mint-marinated tomatoes can be added.

The highlight of the drink station — fresh pressed juices. A special juicing machine was brought in to create the drinks made from whole fruits and veg-



COURTESY PHOTO

Bolay focuses on fresh, minimally processed ingredients.

etables. In a sampling early on, we were partial to two — the **Beets by Bolay**, with beets, mint, watermelon, and lime; and the **14 Karat Carrot**, with carrots, pineapple, and turmeric and cardamom infusions. Craft beers and select wines also are available.

With another nod to the millennial crowd, you can order online and pick up the food through the app, **Eatbolay.com**.

Another Bolay will open soon in Boca Raton; others throughout Florida are planned.

Bolay, 3333 Northlake Blvd #8, Palm Beach Gardens. Phone: 612-2859; www.eatbolay.com. Open daily for lunch and dinner.

In brief

Meraki Juice Kitchen opens Saturday, Dec. 10, in downtown West Palm Beach. It's a plant-based café and juice bar next to the **Alexander Art Park**. At the grand opening party, noon to 5 p.m., they'll serve free appetizers and samples of juices, plus offer half-off prices for their local craft beers and wines. One bite to look out for there: the **Coco Whip** — a vegan, gluten-free soft serve treat — with a number of toppings. (The add-ons are free during the spot's **Coco Whip Happy Hour**, Mondays, 4-7 p.m.) **Meraki** is at 328 Fern St., West Palm Beach. Phone: 508-6640. ■

VINO

Surprising wines to enjoy during the holidays



jerryGREENFIELD

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Once a year, it is practically mandatory for wine writers to recommend beverages that go best with holiday dinners, parties, and other festivities. I am not immune to that responsibility, and have been considering this puzzling issue for quite some time.

One way to look at the range of holiday wine choices is this: There are only two kinds of wine — the ones you like and the ones you don't. So it's easy to suggest that you drink your most special and most favorite wines at this happy time of year, and don't fret about whether they go with the food. That's always a good idea.

The other angle is to consider what's going to be on the table and give at least a little thought to how the wines will enhance the feast, and vice versa. That's what we do at our house.

The first challenge is that the traditional Thanksgiving table is a frenetic melange of textures and flavors. What with the turkey and gravy, tart cranberry sauce, marshmallows on top of the sweet potato casserole and that cream of mushroom soup/green bean mix, is there really a single wine that can work well with all those flavors and textures?

Yes — sparkling whites and rosés. And they don't even have to be Champagnes.

In fact, Prosecco, a sparkler from northern Italy, has taken the market by storm in the last year or so. The acidity cuts through the sweet dishes and the creaminess of the green bean and mushroom casserole, and enhances the tartness of the cranberry sauce. If it's not a universal pairing, it comes really close.

Of course, Prosecco isn't the only sparkler we should consider. They're making some interesting Champagne-style wines in Spain, as well. They're called cava, and come from the northeast corner of the country, generally close to Barcelona. Budget-priced, they're often a very good choice.

Then, of course, there's good old American sparkling whites. Among my favorites is Gruet, made with the expensive, labor-intensive Champagne method. Other great values include **Domaine Chandon** and **Schramsberg**, both of which are long-time favorites.

Happy holidays! When you set your table, put out a few bottles of ...

Vilarnau Brut Reserva Gaudi Limited Edition (\$15) — A cava from Spain made from traditional Macabeo, Parelada and Xarel-lo grapes. Intense aromas and flavors of green apple and tropical fruits with a good edge of acidity. WW 88.

Zonin Prosecco White Edition (\$17) — All Prosecco is made from the Glera grape, and Zonin winemakers add some other whites, in this case a touch of Pinot Bianco. A lot of fresh floral notes along



with typical tropical fruits. WW 89-90.

Zonin Prosecco Grey Edition (\$17) — In this wine, Glera is blended with 13 percent Pinot Grigio to add flavors of green apple and a bit of ginger on the finish. Great for an aperitif. WW 89-90.

And for something just a bit bolder, you might consider **Avignonesi Rosso di Montepulciano 2014 (\$16)** with its

aromas of strawberry, raspberry, and some tart pomegranate. There's a lot going on in this wine, including hints of violets, cherries and white pepper. Great with food or on its own. WW 92.

Ask the Wine Whisperer

Q. How can I tell if a wine has gone bad, or if it's flawed?

— Ken C., Parkland

A. Since about 85 percent of your sense of taste is actually sense of smell, your nose is your first and best guide to the condition of a wine. The most common flaw is when a wine becomes "corked." This means that a fungus called TCA has invaded the cork and the wine, making it taste "off" at best, and like wet cardboard or newspapers at worst. It's believed that 5 to 7 percent of wines bottled with corks pick up this flaw to some degree — thus the increasing popularity of screwcaps. Also look at color, because older wines can often lose their freshness and flavors. White wines gain color as they age, turning darker yellow and brown. Red wines lose color, so instead of a ruby or garnet red, you might see a brick-ish dull brown color. ■

— Jerry Greenfield is *The Wine Whisperer*. He is Creative Director of Greenfield Advertising Group. His book, "Secrets of the Wine Whisperer," is available through his website or on Amazon. Read his other writings on his website, www.winewhisperer.com.

FLORIDA WEEKLY CUISINE



COURTESY PHOTOS

Crowds gather at The Gardens Mall for the Grand Tasting at last year's Palm Beach Food & Wine Festival.

Palm Beach Food & Wine Festival

The Gardens Mall is all decked out for the holidays, and Santa is sitting on his oversized chair waiting for the kids.

But in place of sugarplums, look for amazing bites from area chefs and others at the Grand Tasting from 5 to 9 p.m. Dec. 11 — part of this week's Palm Beach Food & Wine Festival, which this year marks its 10th birthday as a premier culinary event in Palm Beach County.

It's the big finale for the chocked event — and quite a buy at \$75, with more than 50 food booths for sampling (and meeting new chefs), wines, a DJ and the big contest, the Grand Chef Throwdown Finale.

A new format for the Grand Chef competition includes the winner of the Chef vs. Chef contest held by Max's Harvest in Delray.

Chef Clay Carnes won, and will represent the challenger against two chefs who win a social media contest. The winner will have \$10,000 donated in their name to the charity they choose.

Leave the tots with Santa, though — only those 18 and up can attend.

Other events start Dec. 8, with many already sellouts. Check out the whole four days of the festival at www.pbfood-winefest.com.

—Jan Norris



There will be samplings of food, as well as plenty of wine, at this year's Grand Tasting.



SCOTT SIMMONS/
FLORIDA WEEKLY
The Kaffir lime-infused vegetable soup at Coolinary Café is loaded with fresh carrots, celery and other vegetables.

SCOTT'S THREE FOR 3 Food & Wine Festival chefs

A trio worth noting

1 COOLINARY CAFÉ

Donald Ross Village, 4650 Donald Ross Road, No. 110, Palm Beach Gardens; 249-6760 or www.coolinarycafe.com.

I've been visiting Coolinary Café since the week Tim and Jenny Lipman opened the restaurant, which specializes in inventively prepared farm-to-table fare. Good luck in getting a table there — it's that busy. The best seat in the house is at the counter, where you have a ringside seat as Chef Lipman and his team turn out the world's freshest vegetable soup (laced with Kaffir lime), the sausage of the day (I love the chicken) and decadently creamy deviled eggs.



LIPMAN

2 AVOCADO GRILL

125 Datura St., downtown West Palm Beach; 623-0822 or www.avocadogrillwpb.com.

Avocado figures prominently in chef/owner Julien Grimaud's restaurant. So do the small plates. The mushroom fricassee, with cheddar grits, truffle oil and chives, sounds good for my next visit. So does the beet salad, with goat cheese, mixed herbs and pears. A friend and I recently enjoyed the chicken paillard salad, with arugula, baby heirloom tomatoes, artichokes, red onion and plenty of parmesan.



GRIMAUD

3 THE REGIONAL KITCHEN & PUBLIC HOUSE

CityPlace, 651 Okeechobee Blvd., West Palm Beach; 557-6460 or www.eatregional.com.

If you do not order anything else here, get chef Lindsay Autry's fried chicken thighs, brined in sweet tea and served with her house-made bread and butter pickles. The chicken was fried crisp on the outside, juicy on the inside. Also worth trying: the tomato pie, with roasted tomatoes, sharp cheddar, caramelized onions and plenty of fresh herbs. It's what tomato is supposed to taste like — sweet and tangy all at the same time.



AUTRY

— Scott Simmons

THE DISH: Highlights from local menus

The Dish: Chicken Vindaloo

The Place: Taste of India, 7750 Okeechobee Blvd., West Palm Beach; 721-8600 or www.tasteofindiawestpalm-beach.com.

The Price: \$14.99 at dinner.

The Details: Brace yourself for this dish — it's spicy!

But the flavors are their own reward. Bits of chicken and chunks of potato

are served in a hot Goan red chili sauce that offers nuances of heat and the slightest of sweet. I tasted cinnamon, tomato, coriander and cumin, among other flavors in the thick, rich sauce that's served over basmati rice.

There must be something addictive in those spices. I've had vindaloo with shrimp — it left my gums burning — and I still was hungry for more.

Trust me on this: It's more flavor than heat. ■

— Scott Simmons



SCOTT SIMMONS/FLORIDA WEEKLY

GOLF, WATERFRONT & OTHER LUXURY PROPERTIES

THE BEAR'S CLUB, JUPITER



Largest Lot on the Championship Golf Course | 1.47 Acres | \$6.95M
3 Contiguous 1 Acre Lots on the Golf Course | From \$2.5M

TRUMP NATIONAL, JUPITER



Views of 8th Hole | 5BR/5.2BA | 5,479 SF | \$3.149M

OCEANFRONT, JUNO BEACH



Largest Condo Avail in Juno Beach | 3,995 SF | \$1.95M

SAN MICHELE, PBG



1 Story w/ Pool | Cul-de-Sac | 4BR/5.1BA | 4,043 SF | \$1.25M

FRENCHMAN'S CREEK, PBG



1-Story Lakefront Villa | 4BR/3BA | 3,207 SF | \$1.249M

BAY HILL ESTATES, WPB



Golf Course & Water Views | 4BR/4BA | 4,501 SF | \$949,000

VALENCIA RESERVE, BOYNTON



Gated Community, Impact Glass | 3BR/3.1BA | 2,615 SF | \$769,000

N. CYPRESS DR, TEQUESTA



Custom Pool Home, Impact Glass | 3BR/3BA | 2,082 SF | \$479,000

DUNES TOWERS, SINGER ISLAND



Completely Renovated | 2BR/2BA | 1,330 SF | \$399,900

SEAGRAPE, SINGER ISLAND



Completely Remodeled | 2BR/2BA | 1,400 SF | \$390,000



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