

PALM BEACH GARDENS & JUPITER

FLORIDA WEEKLY®

IN THE KNOW. IN THE NOW.

WEEK OF NOVEMBER 17-23, 2016

www.FloridaWeekly.com

Vol. VII, No. 5 • FREE

"It's a business you can be very creative with ... I think the concept is fun and different and I think people like things they haven't seen before."

— Kelly Calistri, owner of mobile boutique Couture To Your Door

DRIVEN

BUSINESS OWNERS ARE FINDING IT'S PROFITABLE TO GO MOBILE



COURTESY PHOTO

BY LINDSEY NESMITH

lnesmith@floridaweekly.com

THE PREVAILING IMAGE OF AN American small business owner is someone forging her own professional path by the sweat of her brow — and often the skin of her teeth. A demanding service schedule, long hours and an overhead that includes at minimum a lease, insurance and inventory can make the idea of becoming a simple shop owner daunting. Factor in a staff that has to be managed and paid and

SEE DRIVEN, A10 ►

◀ **Matthew and Amanda Somsy of Curbside Gourmet, one of Palm Beach County's most in-demand and visible food trucks.**

Bars, restaurants, police prepare for Black Wednesday

BY EVAN WILLIAMS

ewilliams@floridaweekly.com

Black Friday is known as the start of the Christmas shopping season, but the unofficial kickoff party for the glories of holiday eating, drinking and socializing comes two days earlier on Thanksgiving Eve, sometimes called Black Wednesday, Blackout Wednesday, or even Drinksgiving.

Family and friends are back in town. Nostalgia is nearing its yearly peak. And with few respon-



sibilities for days to come for a lot of people, other than stuffing themselves silly, bars and restaurants across South Florida prepare for a night that ranks somewhere between New Year's Eve and any given Saturday.

"It is typically one of the busier bar nights of the year," said Kevin Offerman, owner of

City Tavern in downtown Fort Myers.

He staffs up as if it were going to be a weekend night.

"For a couple reasons, obviously it's a holiday the next day," he said. "Another reason is a lot of people come back into town, family comes back into town from college or elsewhere and they want something to do the night before they spend all day with their family."

Black Wednesday revelers would also be well advised to take an Uber or a cab, as police departments too are gearing up for

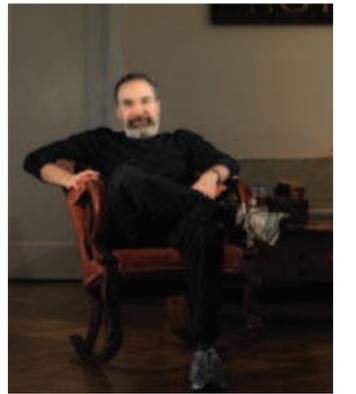
SEE WEDNESDAY, A16 ►

INSIDE



Food and Wine Fest

Event attracts the culinary world's top talents. **B1** ►



Patinkin gets casual

The returns for a show at the Kravis Center. **B1** ►



Pets

Lucky needs a home. Can it be yours? **A6** ►



In the Kitchen

James Strine walks the line at Grato. **B19** ►

Download our **FREE App** today

Available on the iTunes and Android App Store.



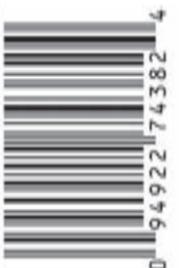
PRSR STD
U.S. POSTAGE
PAID
FORT MYERS, FL
PERMIT NO. 715

LESLIE LILLY A2
OPINION A4
PETS A6
HEALTHY LIVING A16

BUSINESS A18
MOVING ON UP A19
REAL ESTATE A21
ARTS B1

COLLECTORS B2
EVENTS B6-9
PUZZLES B15
CUISINE B19

Palm Beach Gardens Medical Center **ER** SETTING THE GOLD STANDARD IN EMERGENCY CARE IN THE HEART OF OUR COMMUNITY 561.625.5070 Call for a physician referral



COMMENTARY

Halcyon days



leslieLILLY

llilly@floridaweekly.com

It is Thanksgiving time again. It took a long time to get here. The 2016 election cycle left little room to anticipate anything but its conclusion. The nation is exhausted. We smart from self-inflicted wounds. We brutalized our electoral system and the democratic systems supporting it.

No one can truly say when or even if our democracy will fully recover. The grievous injuries done are still being tallied. Radical populism rocked the nation to its core. The rest of the world looks on in confusion and dismay.

If America were democracy's church, it would be time to call for a revival of spirit; for good shepherds to come and lead its flock from the wilderness and into safer pastures; for the demons of hate and violence to be cast out that threaten our unity; and for the moral corruption of false prophets to be revealed.

I imagine it like this because democracy's church is like no other. The words and deeds of the Founding Fathers are the rock on which the church is built. The Constitution and the nation's Bill of Rights stand as witness to its members. It is a living church infused by freedom's spirit and the rule of law.

When the church's glory shines bright, an altar call must surely follow. It invites congregants to stand and pledge allegiance to the United States of America, one nation, under God, indivisible, with liberty and justice for all.

Its wisest elders nod in affirmation. They know a fiery end awaits congregants refusing to repent their hateful, wicked ways. They warn: Woe be unto those who abandon their fellow Americans at the gates of a nativist hell. Judgment day will come. A democracy that abandons its historical values and principles endangers its very soul and the temple to which it is entrusted cannot prosper if its leadership abandons faith, hope and love — and love is the greatest of these. We bow our heads and say, "Amen."

Well, I am not expecting this sermon or an altar call to conscience any time soon. But the celebration of the Thanksgiving holiday is a good place to start the soul-searching and healing. This national holiday is a deeply American tradition.

We, the people, come together to give thanks for the blessings we commonly share as Americans. Being reminded of this has served us well throughout our history.

An altar call for a national day of thanksgiving was first made by George Washington in 1789. And no wonder: Birthing a new nation proved to be a momentous undertaking. One year earlier, the final draft of the Constitution finally emerged from the political rapids. But it wasn't a done deal.

The quarrelsome states had to ratify it. There were high-level arm-twisting and artful compromise. Few precedents existed to lubricate the way. Imagine how tumultuous the process. Consider the political acumen involved. This was high church, indeed.

But the job got done. Nine states ratified the historic document. That met the threshold required for the new Constitution to become binding among all the states. Once ratified by the remaining four states, the countdown began for the transfer of power from the old to the new form of government.

That moment arrived on March 4, 1789. On that day, the Confederation Congress handed over the keys to a new government. The first session of the U.S. Congress followed in New York City.

Soon after, in late April, George Washington, former commander of the Continental Army, was elected unanimously by the Electoral College as the first president of the United States.

Congress kept on working. It tweaked the founders' framework, reaching agreement in late September to ratify 12 constitutional amendments — 10 of which comprised the Bill of Rights — and sent them to the states for ratification. All 13 of the original colonies approved what Congress proposed.

So, 1789 was, by any measure, a very big year. Washington thought so, too, but his proclamation called for just a one-time, national day of thanksgiving.

But the idea caught on. The holiday continued to be celebrated in the decades

that followed. Family and communities assembled to replicate the mythical halcyon days of the Pilgrims' first Thanksgiving in the New World. It was the first harvest of the world's oldest democracy.

In November 1863, during the Civil War, President Abraham proclaimed Thanksgiving Day a federal holiday on the fourth Thursday of every November. The times were not unlike our own — violent disruption of civil society, a nation deeply divided, with disunion a genuine threat.

Lincoln's proclamation, written by his secretary of state, asked Americans to make penitence "for our national perverseness and disobedience," and to commend to God's care those experiencing "the lamentable civil strife in which we are unavoidably engaged." It implored the Almighty to heal the nation's wounds and to "restore it, as soon as may be consistent with Divine purposes, to the full enjoyment of peace, harmony, tranquility and Union."

One can only say, "Amen." ■

— Leslie Lilly is a native Floridian. Her professional career spans more than 25 years leading major philanthropic institutions in the South and Appalachia. She writes frequently on issues of politics, public policy, and philanthropy, earning national recognition for her leadership in the charitable sector. She resides with her family and pugs in Jupiter. Email her at llilly@floridaweekly.com and read past blog posts on Tumblr at llilly15.Tumblr.com.



We deliver for you.



At St. Mary's Medical Center, we've been helping families bring healthy, happy babies into the world for more than 75 years. Thousands of expectant parents over three generations have selected our award-winning services, renowned team of compassionate professionals, and our Birthplace Suites because of the peace of mind that we deliver. But we don't do it for the recognition. At St. Mary's, we're a caring family of highly experienced labor and delivery professionals helping families just like yours to grow and thrive. From births with no complications to those requiring our advanced Level III NICU, we deliver for you.

Schedule a tour today. Call 844-447-4687 or visit StMarysBirthplace.com

 **St. Mary's**
Medical Center
West Palm Beach, Florida



Palm Beach Gardens Medical Center



DECEMBER

COMMUNITY EVENTS & LECTURES



AFib Treatment Options

David Weisman, MD
Cardiac Electrophysiologist

Thursday, December 1 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

Approximately 2.7 million Americans experience atrial fibrillation, or AFib. Join Dr. David Weisman, a cardiac electrophysiologist on the medical staff at Palm Beach Gardens Medical Center for a lecture on AFib risk factors, symptoms and treatment options available at the hospital.

Light dinner and refreshments will be served.



Hands-Only Adult CPR Class

Tuesday, December 20 @ 6:30-7pm

Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. Palm Beach Gardens Medical Center sponsors a monthly CPR class for the community, held at PBG Fire Rescue. Local EMS give a hands-only CPR demonstration and review Automated External Defibrillator use. Participants practice their new skills on CPR manikins.

Reservations are required.



Pelvic Health and You

Linda Kiley, MD
Urogynecologist & Advanced Pelvic Surgeon

Tuesday, December 8 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

Join Dr. Linda Kiley, medical director of women's surgical services at Palm Beach Gardens Medical Center, for a lecture on pelvic health. Participants will learn about the causes of incontinence and have the opportunity to ask the doctor questions.

Light dinner and refreshments will be served.



FREE COMMUNITY SCREENINGS

Heart Attack Risk Assessment

(blood pressure, BMI, glucose and cholesterol)

Wednesday, December 14
@ 8-11am

Osteoporosis Screenings

Thursday, December 15
@ 9am-1pm

All screenings held at: Palm Beach Gardens Medical Center



Diabetic-Friendly Cooking For the Holidays Demonstration

Thursday, December 15 @ 6-7pm

Palm Beach Gardens Medical Center // Classroom 4

Approximately 22 million people suffer from diabetes. For diabetics, the ingredients you use and the way you cook may make a difference.

Join our Director of Food & Nutritional Services and a registered dietician at Palm Beach Gardens Medical Center, for an informative, diabetic-friendly cooking demonstration. Afterwards, you'll even get to sample the food.

Registration is required.

Take steps toward being heart healthy!

Visit PBGMC.com/pledge to



Receive a FREE Cookbook!

FOR RESERVATIONS, PLEASE CALL
855.387.5864



PALM BEACH GARDENS & JUPITER
FLORIDA WEEKLY
 IN THE KNOW. IN THE NOW.

Publisher

Barbara Shafer
 bshafer@floridaweekly.com

Editor

Scott Simmons
 ssimmons@floridaweekly.com

Reporters & Contributors

Leslie Lilly
 Roger Williams
 Evan Williams
 Janis Fontaine
 Jan Norris
 Sallie James
 Mary Thurwachter
 Amy Woods
 Steven J. Smith
 Andy Spilos
 Ron Hayes

Presentation Editor

Eric Raddatz
 eraddatz@floridaweekly.com

Graphic Designers

Chris Andruskiewicz
 Hannah Arnone
 Alisa Bowman
 Amy Grau
 Paul Heinrich
 Linda Iskra
 Kathy Pierotti
 Meg Roloff
 Scott Sleeper

Sales and Marketing Executives

Alyssa Liples
 alipless@floridaweekly.com

Sales and Marketing Assistant

Betsy Jimenez

Circulation Manager

Willie Adams

Circulation

Evelyn Talbot
 Headley Darlington
 Clarissa Jimenez
 Giovanni Marcelin
 Brent Charles

Published by

Florida Media Group LLC

Pason Gaddis

pgaddis@floridaweekly.com

Jeffrey Cull

jcull@floridaweekly.com

Jim Dickerson

jdickerson@floridaweekly.com

Street Address:

11380 Prosperity Farms Road, Suite 103
 Palm Beach Gardens, Florida 33410
 Phone 561.904.6470 n Fax: 561.904.6456

INLAND
PRESS

Subscriptions:

One-year mailed subscriptions:

\$31.95 in-county

\$52.95 in-state

\$59.95 out-of-state

Call 561.904.6470

or visit us on the web at
 www.floridaweekly.com
 and click on subscribe today.

PALM BEACH GARDENS & JUPITER
FLORIDA WEEKLY

OPINION

The way it is



roger WILLIAMS

rwilliams@floridaweekly.com

There's a new term for journalists and others who misjudged, underestimated or laughed off Donald Trump voters: elitist.

I'm guilty of the second of those charges — underestimation — even if Mrs. Clinton did win the popular vote in the United States, as I expected (I did not expect her to lose the electoral college).

So I'm an elitist, too. That's the way it is.

There are many reasons people inked the ballot football next to Trump-Pence, punting it into the American future, and I'm familiar with most. Family members, friends, neighbors, people with whom I work or play — many are Trump supporters. I listen to all of them. "Whew," wrote one of my cousins, a cattle rancher and ardent Trumper. "Now let's give him a chance." I'm good with that. My Facebook feed is not just an echo chamber of my own thoughts expressed by "friends," as another cousin put it about his own.

But I embrace the tag "elitist" because all of a sudden it's a Genetically Modified Organism of a word, a GMO with an altered meaning. Elitists are no longer people who think they're better than other people. Now, the word is synonymous with "critic."

If you criticize Mr. Trump, you're an "elitist." You don't understand working people, you don't understand farmers, you never recognized that "America begins west of the Appalachians," as a conservative Swarthmore College history professor once said.

Needless to say, I'm critical of anybody who calls Mexican immigrants rapists and grabs women by their felinities, or brags about it, whether he lives east or west of the Appalachians. I'm critical of anybody who spends almost all of his life on welfare — the ben-

eficiary of Daddy's money; the beneficiary of the money and support of U.S. taxpayers who have to make up what he doesn't pay for infrastructure, for war, for education, for health care; the beneficiary of special deals working Americans don't get, a man who artfully avoided military service or any other kind of service.

So it's easy to be an elitist, for me and for more than 50 million others.

One of the myths about Mr. Trump is that he's an outsider, somebody who broke through the deal-making insular world of politics-as-usual, a man who took on the system, who represents common men and some women (usually white) who have been shoved to the periphery of the American dream by Washington insiders in both major parties, themselves special-interest elitists.

In reality Mr. Trump is the ultimate insider. He's the ultimate beneficiary of a system that rewards the wealthy and usually white with charity welfare deals that make winning the lottery look like winning a bowl of Brussels sprouts.

But people who voted for Mr. Trump, more than 50 million of them, are not necessarily racists — at least not personal racists — or morons, as somebody suggested I might believe.

I do not believe that, even though I shared an observation by H.L. Mencken unearthed by a friend of mine:

"As democracy is perfected," Mr. Mencken once wrote, "the office of president represents more and more closely, the inner soul of the people. On some great and glorious day the plain folks of the land will reach their heart's desire at last and the White House will be adorned by a downright moron."

That smacks of elitism in both the old and the new senses, just as this comment does from a non-American named Winston Churchill: "The best argument against democracy is a five-minute conversation with the average voter."

The brilliant Mr. Mencken, who worked in his hometown at *The Baltimore Sun* for 40 years, represented an odd and hard-to-swallow paradox of brilliant and unsentimental insight along

with virulent anti-Semitism and racism.

His biographer, Charles A. Fecher, pointed out that Mr. Mencken exhibited "a curious mingling of total egalitarianism ... and patronizing superiority" toward blacks, whom he described as intellectually inferior to whites (in his private diary), while vehemently fighting to publish books or articles by black authors and criticizing segregation laws that still existed when he died in 1956.

That paradox of attitudes reminds me of some people who voted for Trump, a paradox refitted in their cases to the contemporary culture and its issues of immigration, race and economics.

For the moment, they have the final word. And I want to share some of that word with you here, part of a message that came to me about 36 hours after Mr. Trump became president-elect from one of the best and brightest of his supporters, Tommy Lee Cook. Mr. Cook is a musician, contractor and blues-club owner in Southwest Florida.

"Trump is awesome. When the left, right, globals, radicals, all line up against a man that's never been part of their corruption, it's refreshing. HRC and the Democrats are the worst thing to ever happen to Black America. LBJ's destructive Great Society and War on Poverty have put these poor souls in a place that's equal or worse than the old plantation. Do-gooders doing good whipping out the Government tit for all to suckle. Sad, sick and repugnant. AND, not understanding and looking the tenets of Sharia Law square in the eye and rebuking this caveman evil is an absolute farce of do-gooderism. Study it, know it, understand it; there's no co-existence with these adherents. It's just not possible. America and Freedom are about the individual, not the collective. It's as simple as that, or it once was. Regaining one's self-worth over the grip of the handout mentality will be the solution and salvation of the free spirit once again. If it's not too late. I love me, and by loving me, all that my world touches is a better place."

Shades of Ayn Rand. That's the way it is. ■

A big thanks to law enforcement agencies



ric BRADSHAW

Sheriff of Palm Beach County
 Sheriff's Office

It's been a very tough year for us in law enforcement.

The job of policing communities has become more difficult and dangerous following the horrendous killings and attacks on police officers and deputies in Dallas, Baton Rouge and other cities.

Suddenly, law enforcement is the target of protests and blame for every problem in our society.

This is undeserved, unnecessary and I'm not going to stand for it.

I've instructed my deputies to hold their heads up high as they go about their basic duties of serving and protecting our residents.

Yes, there have been problems in how some police officers handled situations across the country and locally.

However, as far as I'm concerned, we don't have those problems in our juris-

diction. Problems often are created by those wanting to cause trouble.

At the Sheriff's Office, I can tell you my deputies are highly trained in not only law enforcement tactics but also how to connect with residents and build trust between our agency and their communities. In fact, my staff has made training a part of just about everything we do. We not only adhere to training requirements set by Florida Department of Law Enforcement but we exceed them.

We also strive to give residents a voice and be a part of our efforts in providing policing that is accountable, transparent, and equitable in the communities we serve. When we do something wrong, we say we did something wrong.

But no matter how hard we work, and how much our men and women sacrifice to be deputies, our society unfairly expects so much more. I agree with what retiring Dallas Police Chief David Brown said at the tribute to the five officers killed in his city this summer:

"We're asking cops to do too much

in this country. We are. Every societal failure, we put it off on the cops to solve. Not enough mental health funding, let the cops handle it.... Here in Dallas, we got a loose dog problem; let's have the cops chase loose dogs. Schools fail; let's give it to the cops.... That's too much to ask. Policing was never meant to solve all those problems."

Police officers have done nothing wrong. We take action when it's needed to do our jobs and to protect residents, and ourselves, from attackers.

Law enforcement follows a simple equation: If people don't try to shoot us, stab us, run us over with a car, or come at us in other ways, then everything is going to be fine. It's called being compliant. Officers are forced to take action only when people aren't compliant.

Once again, I stand behind and support all of my deputies. During these hard times, I ask you to join me in thanking our deputies and police officers for putting themselves on the line to improve safety across Palm Beach County. ■

Boat parade, toy drive to return to area waters Dec. 3

SPECIAL TO FLORIDA WEEKLY

The waters of northern Palm Beach County will light up for charity Dec. 3.

The 22nd annual Palm Beach Holiday Boat Parade and 17th annual "On the Water" Toys for Tots Drive kicks off this year's holiday season in North Palm Beach.

Organized by the Marine Industries Association of Palm Beach County, the parade will stage and begin at the north end of the Lake Worth Lagoon and proceed north on the Intracoastal Waterway to the Jupiter Inlet Lighthouse. Tens of thousands of spectators will watch the procession of more than 50 decorated vessels sparkling on the Intracoastal Waterway. There will be extended fireworks at North Palm Beach Marina, Jupiter's Plaza Down Under on the Riverwalk and Harbour-side Place, plus a grand finale at the Jupiter Inlet Lighthouse.

Local country singer/songwriter and American Idol finalist Emily Brooke will be a grand marshal, joining Mo and Sally from KOOL 105.5 on the Log-

gerhead Marina Grand Marshal boat. Popular viewing locations also include Juno Park, Bert Winters Park, Sawfish Bay Park and Lighthouse Park.

The Palm Beach Holiday Boat Parade benefits the U.S. Marine Reserves Toys for Tots program. Last year, the MIAPBC collected thousands of toys for needy children in Palm Beach County making this event one of the top toy collecting events in Palm Beach County. Toy donations can be dropped off at dozens of local businesses (listed at www.palmbeachboatparade.org), or picked up dockside during the parade by a fleet of marked toy boat volunteers by waving a flashlight.

Boat entries will be accepted through Nov. 30. Boat entry is free and open to boats of all sizes. Judging is based on three factors: lights, enthusiasm and overall effect. The top three boats in each size category, plus "Best of Parade," win a total of more than \$10,000 in cash and prizes.

For more information, visit www.palmbeachboatparade.org or call 863-0012. ■

Peggy Adams hosts holiday pet food drive

SPECIAL TO FLORIDA WEEKLY

Peggy Adams Animal Rescue League operates a pet food bank called Peggy's Pantry to assist local families who are hurting financially and struggling to feed their animals. To help these families, Peggy Adams Animal Rescue League is holding a special food drive through Nov. 30.

The drive will help stock the shelves of Peggy's Pantry, which benefits as many as 1,000 pets each month.

"This is the season of giving, and I encourage all of those who can, to help bring cheer to families in need of

some extra help feeding their pets by donating new unopened food and other pet supplies to the Holiday Food Drive at one of the many drop-off locations across Palm Beach County," said Rich Anderson, executive director and CEO of Peggy Adams Animal Rescue League.

For a list of needed items and official drop-off locations, in addition to Peggy Adams Animal Rescue League, go to www.PeggyAdams.org/peggys-pantry.

Peggy's Pantry is open Tuesday through Saturday from 10 a.m. to 5 p.m. and is at 3200 N. Military Trail within the double-dome building. ■

Police Foundation golf tourney raises \$25,000

SPECIAL TO FLORIDA WEEKLY

The Palm Beach Gardens Police Foundation's 9th annual golf tournament on Oct. 29 raised more than \$25,000 in support of local youth programs and community outreach programs.

Held at the PGA National Resort and Spa on both the Champion and Fazio courses, the tournament drew some 250 golfers, who enjoyed breakfast, 18 holes of golf, lunch and an awards ceremony, all preceded by a Friday evening

reception at Brio Tuscan Grille in The Gardens Mall.

Money raised by the tournament helps support the Palm Beach Gardens Police Explorers, the BallStars Basketball Camp, Suits4Seniors, the annual college scholarship program, annual 9/11 essay contest and other programs that support youth who live in and go to school in Palm Beach Gardens.

For more information about the Police Foundation, visit www.pbgpf.org or call the foundation office at 799-4440. ■

Gardens Maid

Home & Office Cleaning Services

561-906-1854

www.gardensmaid.com | mirtha.meneses@gardensmaid.com

Palm Beach Gardens | Jupiter | Wellington | Tequesta | Juno Beach

Here's how Aflac can help your business:

- ▶ An extra layer of protection your employees need.
- ▶ No cost to your company.

To learn more about offering Aflac to your employees, contact:

Andrew Spilos | (561) 685-5845 | andrew_spilos@us.aflac.com



Coverage is underwritten by American Family Life Assurance Company of Columbus. In New York, coverage is underwritten by American Family Life Assurance Company of New York. Policies may not be available in all states. There may be indirect administrative or other costs.

AUTO ACCIDENT?

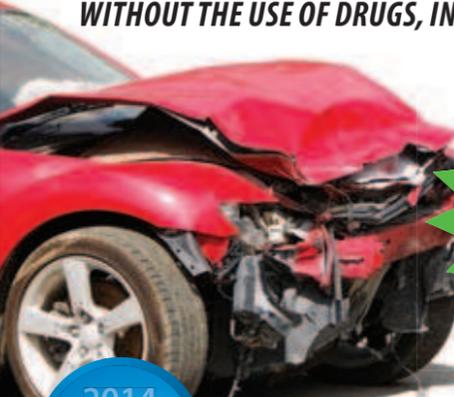
Get Back in the Game

Full Physical Therapy Facility

Treat Neck Pain, Back Pain and Sciatica caused by

- BULGING/HERNIATED DISCS
- FACET SYNDROME
- DEGENERATIVE DISC DISEASE
- FAILED BACK SURGERY

WITHOUT THE USE OF DRUGS, INJECTIONS OR SURGERY



School Physical,
Camp Physical,
Sports Physical
\$20





DR. MICHAEL PAPA
Chiropractor | Clinic Director



DR. ALESSANDRA COLÓN
Chiropractor

GIFT CERTIFICATE

\$150 VALUE

COMPLIMENTARY CHIROPRACTIC EXAMINATION & CONSULTATION

This certificate applies to consultation and examination and must be presented on the date of the first visit. This certificate will also cover a prevention evaluation for Medicare recipients. The patient and any other person responsible for payment has the right to refuse to pay, cancel payment or be reimbursed for any other service, examination or treatment that is performed as a result of and within 72 hours of responding to the advertisement for the free, discounted fee or reduced fee service, examination or treatment. Expires 12/08/2016.



PAPA

CHIROPRACTIC & PHYSICAL THERAPY

PALM BEACH GARDENS

9089 N. Military Trail, Suite 37
Palm Beach Gardens, FL 33410

561.630.9598

JUPITER

2632 Indiantown Road
Jupiter, FL 33458

561.744.7373

PORT ST. LUCIE

9109 South US Hwy One
Port St. Lucie, FL 34952

772.337.1300

www.PapaChiro.com • 25 Years in Jupiter & Palm Beach Gardens!

WE ACCEPT MOST INSURANCE PLANS

PAPA CHIROPRACTIC & PHYSICAL THERAPY

PET TALES

Pet mischief, mishaps a traditional part of the holidays

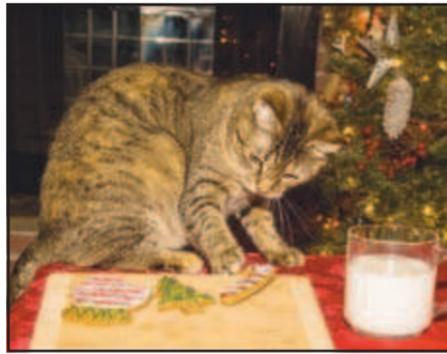
BY DR. MARTY BECKER,
KIM CAMPBELL THORNTON
AND MIKKEL BECKER

Universal Uclick

The 6-month-old Lab puppy grazed on the Christmas tree, gorging on glass bulbs, shimmery tinsel and more. When his owners brought him to the veterinary hospital, swollen with swallowed ornaments, he resembled a four-legged black tick with a pink tongue. A dose of barium to illuminate the intestinal tract on radiographs and force out the intestinal contents worked quickly, and before long, the dog was pooping out pieces of glass, string and wire hooks. As a big wad of tinsel emerged, it gave him the appearance of a giant New Year's Eve party blower.

No doubt all of us have memories of a cat scrambling up a Christmas tree, a swooshing dog tail overturning a lit menorah or a canine or feline counter cruiser tucking into the roast beast. As we enter the holiday season, it's time to bone up on pet-proofing our homes to prevent pet mischief. After all, no one, least of all our dogs and cats, wants to spend any of the days between Thanksgiving and New Year's in the veterinary ER. We've gathered some cautionary tails — er, tales — to help you adapt your holiday traditions to the realities of life with pets.

A pointer we know made the news when he ate a child's pushpin craft made with marshmallows to form a snowman. The dog ate the entire thing and



Whether they're naughty or nice, pets often play a starring role in holiday celebrations.

required emergency surgery to remove the pushpins. This year, the family will be surrounding the Christmas tree with a pet gate to prevent unauthorized ingestion of ornaments or presents.

Cats, famed for their ability to leap tall counters in a single bound, and their partners in crime, dogs of all sizes, are notorious for stealing food off plates, tables and counters, sticks of butter left out to soften, chocolate-covered espresso beans and marshmallow Santas (ask us how we know this). And we're not the only ones with larcenous animals.

Dexter, a Parson Russell terrier, lives with a family who made the mistake of leaving a box of holiday chocolates sitting on their coffee table. They came home to find the contents strewn all over the floor, with much of it eaten. Dexter, apparently a discriminating dog, picked out his favorite varieties from the box. Fortunately, the only outcome

was a case of diarrhea, but now family members make it a point to put unsafe food items (or anything they don't want him to eat) well out of their dog's reach.

In another case, curiosity didn't kill the cat, but it did cause him to get an unusual bath. Amanda Graves recalls the time her husband noticed that their Abyssinian kitten, Peyton, was looking a little greasy. Upon closer examination, he discovered Peyton was covered in chicken broth.

"He had pushed aside the silicone lid on a cooling stockpot of homemade chicken bone broth and had gone for a swim," she says.

Strategies that can help you head off holiday trouble include decorating with unbreakable ornaments, forgoing tinsel and putting unsupervised food out of reach.

To protect her cat Kismet, Sharon Melnyk gave up using ribbons to wrap presents.

"He would try to eat any kind of ribbon and once bit my finger trying to get at a ribbon I was holding," she says.

Choose pet-safe plants, too. Poinsettias have a reputation for being poisonous, but at most they cause mild stomach upset. Of greater concern are lilies, which can be lethal, and amaryllis bulbs and holly.

Our pets don't mean to cause trouble during the holidays; they just want to help us celebrate. These simple precautions make it easier and less stressful to enjoy the season. ■

Pets of the Week



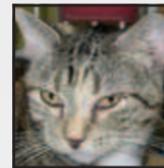
>>**Lucky** is a 3-year-old, 60-pound male mixed breed dog that is well behaved and calm.



>>**Kat** is a 2½-year-old female cat that is good with people.

To adopt or foster a pet

The **Peggy Adams Animal Rescue League**, Humane Society of the Palm Beaches, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspb.org. For adoption information, call 686-6656.



>>**Max** is a neutered male tabby with muted colors, about 4 years old. He loves people, likes to play and interacts well with other cats.



>>**Luke** (aka David Copperfield) is a neutered male black shorthair, about 6 years old. He is very friendly and curious, likes to interact with people and gets along well with other cats.

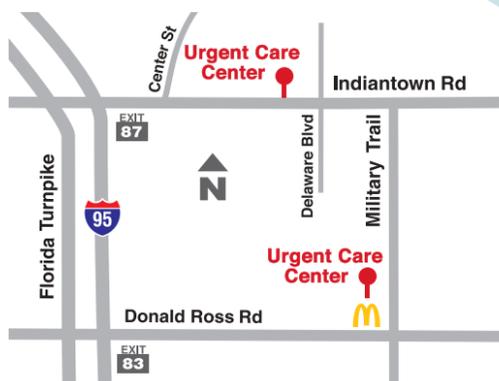
To adopt or foster a cat

Adopt A Cat is a free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment. Call 848-4911, Option 5. For additional information, and photos

Choose Urgent Care... from the hospital you trust!

Jupiter Medical Center is dedicated to providing you and your family with affordable, quality medical care. The professional staff at our Urgent Care centers will see you without an appointment in just a few minutes — and most insurance plans are accepted!

Walk in or schedule an appointment online.



In addition to treating minor emergencies and illnesses, we offer:

- Flu shots
- Digital X-rays
- EKGs
- Lab services

Hours: Mon. – Sat., 8 a.m. – 8 p.m.; Sun., 9 a.m. – 5 p.m.

Two convenient locations:

Abacoa:

5430 Military Trail, Suite 64, Jupiter
Next to McDonald's in the Abacoa Shopping Center

Jupiter:

1335 W. Indiantown Road, Jupiter
Next to Harmony Animal Hospital

Learn more at jupitermedurgentcare.com
or call 561-263-7010.

 **JUPITER MEDICAL CENTER**
Urgent Care

New scholarship available through Alliance of Women Executives

SPECIAL TO FLORIDA WEEKLY

The Alliance of Women Executives has announced its initial \$1,000 scholarship.

AWE is the vision of Vicki Tate, assisted by friends and colleagues Terri Dew, Sharon McCormick, Kaela Lerner, Cathy Peduto-Muzzio, Barbara Shafer and Elizabeth Love.

“Our mission statement says it all. We are a group of executive women sharing business experience and knowledge as well as promoting higher education for the next generation of women

through academic scholarships. Dreams can come true and AWE wants to help,” Ms. Tate said.

According to a national study by Sallie Mae and the market research firm Ipsos, “How America Pays for College,” 34 percent of college tuition is paid through scholarship funds and 98 percent of students are taking steps to make college more affordable.

AWE meets monthly. Meeting, membership and scholarship information is at www.allianceofwomenexecutives.com or at [facebook.com/AWEofPalmBeach](https://www.facebook.com/AWEofPalmBeach). ■

Advertorial

Avoid these 7 critical mistakes when selling your Palm Beach Gardens home

A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that nearly three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most home-sellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled “The 9 Step System to Get Your Home Sold Fast and For Top Dollar”.

To hear a brief recorded message about how to order your FREE copy of this report call toll-free

1-866-274-7449 and enter 2000. You can call any time, 24 hours a day, 7 days a week.

This report is courtesy of Chasewood Realty, Inc. Not intended to solicit buyers or sellers currently under contract. Copyright © 2016



BRING LUXURY HOME

PIONEER LINENS HAS THE FINEST COLLECTIONS OF DESIGNER HOME DECOR IN SOUTH FLORIDA. LET OUR EXPERIENCED SALES STAFF HELP YOU CREATE YOUR COMFORT ZONE.

COMPLIMENTARY PARKING ACROSS FROM FRONT ENTRANCE

561.655.8553

WWW.PIONEERLINENS.COM

201 CLEMATIS ST. WEST PALM BEACH, FL. 33401

HAMILTON JEWELERS PRESENTS

WATCHFAIR

Hundreds of watches from all Hamilton locations for these two days only.

Discover the newest collections and limited editions from the finest brands, including:

BAUME & MERCIER	CHANEL	PANERAI
BREGUET	G-SHOCK	PATEK PHILIPPE
BREITLING	HERMÈS	SHINOLA
BREMONT	IWC	TAG HEUER
CARTIER	JAEGER-LECOULTRE	TUDOR

VIEW OUR EXTENSIVE COLLECTION OF VINTAGE AND PRE-OWNED TIMEPIECES

TWO DAYS ONLY!

Friday, November 18th. 10am to 8pm.
Saturday, November 19th. 10am to 6pm.
The Gardens Mall, Palm Beach Gardens.

For more information or to schedule an appointment, please call 561.775.3600.

HAMILTON
FAMILY-OWNED JEWELERS SINCE 1912

PRINCETON PALM BEACH PALM BEACH GARDENS HAMILTONJEWELERS.COM



FEATURING THE HERITAGE BLACK BAY BRONZE

TUDOR

18 Months
Interest-Free Financing*

*Subject to credit approval. Minimum monthly payments required. See store for details.

The Mount Sinai Hospital in New York - ranked 8th nationally for cardiology and heart surgery - is here for you with a local practice in Palm Beach.

Mount Sinai Heart New York Palm Beach offers comprehensive diagnostic and interventional cardiac care. Our expert physicians and support staff guide you through therapies and preventive lifestyle changes to enhance and maintain your cardiac health.

Patients receive care locally in Palm Beach and have access to the leading-edge research and innovative treatment options of the entire Mount Sinai Health System.



**Mount
Sinai
Doctors**

MOUNT SINAI DOCTORS

HERE FOR YOU

IN PALM BEACH



For an appointment call 561-627-2210
or go to mountsinai.doctors.org/msdph4

Bluewater Babes' Fish for a Cure raises \$100,000

SPECIAL TO FLORIDA WEEKLY

Bluewater Babes Fish for a Cure donated \$100,000 from the 2016 Fish for a Cure tournament and event to long-standing local charities Cancer Alliance for Help & Hope, H.O.W. — Hearing the Ovarian Cancer Whisper, the Kristin Hoke Breast Health Program at Jupiter Medical Center and its own "Out of the Blue" financial assistance fund that supports local patients in financial need who are undergoing treatment for breast or ovarian cancer.

This year's tournament and events featured more than 50 decorated boats on the docks at Sailfish Marina Resort, the sounds of the electric 1980s band Hot Pink, the Tito's Handmade Vodka "Woody" RV, cocktail and costume contests and so

much more. More than 2,000 people and over 100 boats came out to join the babes.

Bluewater Babes Fish for a Cure is one of Florida's premier all-female fishing tournaments.

"We feel so blessed by the support of the community, our sponsors, friends and family that we are able to raise more funds each and every year, helping to increase the number of local breast and ovarian cancer patients in financial need," said Jennifer McGrath, director.

Next year's event, which again will be presented by Tito's Handmade Vodka, is set for Oct. 6-7.

For more information contact Ms. McGrath at 406-2509, Jennifer@bluewaterbabes.org or visit www.fishforcure.com and www.bluewaterbabes.org. ■

Grandma's Place plans holiday lunch

SPECIAL TO FLORIDA WEEKLY

Grandma's Place will hold its second annual Holiday Luncheon Nov. 29 at The Beach Club, Palm Beach.

The charity shelters abused or neglected children in a safe, home-like environment.

The luncheon, starting at 11:30 a.m., will include a wine reception, Grandma-tinis by Tito's Vodka and a silent auction. Followed by a delicious lunch and a small Live Auction by Neil Saffer. SOCAPRI of Palm Beach will provide informal modeling during the event and Liz Quirantes, WPEC-Channel 12 news anchor, will be the celebrity emcee.

Joan O'Connell and Lou Ann Wilson-Swan are co-chairs, Herme De Wyman Miro is the international honorary chair and Elayne Flamm is the honorary chair. Committee Members include Missy Agnello, Judy Barron, Sally D. Chester, RN, Sue Ellen Clarfeld, Richard Gaff, Eryn Grill, Patti Hadden, Cibi Hoffman, Eleanor Jones, Dina Rubio, Valerie Seifert, Robin Sharp, Everett Simon, Deanna Stepanian, and George Swan.

Tickets are \$150 per person.

To receive an invitation, donate an auction item, purchase a ticket, or sponsor the event, please call Roxanne Jacobs at 561-408-3060 or e-mail her at roxanne@grandmasplacepb.org. ■

P.B. Symphony plays 'Peter and the Wolf' for kids

SPECIAL TO FLORIDA WEEKLY

The Palm Beach Symphony performed four shows of Sergei Prokofiev's "Peter and the Wolf" with Ballet Palm Beach recently for Palm Beach County schoolchildren, including public, private and home-schoolers, at the Society of the Four Arts in Palm Beach.

Via the sold-out shows at the Kravis Center on Oct. 31, Nov. 2 at the 700-seat Eissey Campus Theatre in Palm Beach Gardens and two performances Nov. 4 at The Society of the Four Arts' 700-seat auditorium, the number of students served totaled 4,200 Palm Beach

County children, bringing music education to life through this orchestral performance. Transportation was provided at no charge.

The Kravis concert was part of the center's S*T*A*R Series for schoolchildren. The symphony performed two S*T*A*R series concerts two years ago, but those were held in the 300-seat Rinker Playhouse.

The concerts receive support from the venues as well as from Paul and Sandra Goldner, who donated a \$25,000 matching grant for education annually to the symphony, and from other contributors. ■

Holiday fundraiser highlights history of giving

SPECIAL TO FLORIDA WEEKLY

History, holiday traditions and vintage flair will accentuate the 2016 Opportunity Holiday Luncheon & Boutique. The Dec. 7 fundraiser at the Sailfish Club, The Gift of Opportunity, benefits Palm Beach's oldest children's charity.

"Opportunity began during the Great Depression, offering hope and help to children and families who were entrenched in poverty," said Elena Siems, who is co-chairing the event with Jennifer Lazara. "This year's luncheon is a fun way to learn about some other traditions that also began with generosity."

Inspirational speaker and historical fiction writer L.A. Chandlar plans to take guests on a journey to discover the real people and the stories behind the legends.

Since 1939, Opportunity Early Childhood Education & Family Center has been providing developmental programs for the children of working families in Palm Beach County. Opportunity currently serves 96 children, ages 6 weeks to 5 years.

The event is planned for 10:30 a.m.-2 p.m. Wednesday, Dec. 7. Tickets are available at www.opportunitypb.org. ■



PALM BEACH
Outlets

free
santa photo

November 25 to December 24

Two FREE 4x6 Santa photo prints and digital download of single image for every family who visits Santa.

santa's arrival

November 25 • 10am

Food Pavilion

First 100 people will receive gift cards from Palm Beach Outlets stores and more!

free santa pet photo

November 29 • 6-9pm

Support Peggy Adams Animal Rescue League with a suggested \$10 donation.



Peggy Adams
ANIMAL RESCUE LEAGUE

I-95 at exit 71 Palm Beach Lakes Blvd.

561.515.4400 | PalmBeachOutlets.com



A NEW ENGLAND DEVELOPMENT Shopping Destination

“Some people think that you’re going to make a lot of money opening a food truck and it’s not going to happen ... If you open up for a purpose, if you have a product that you really believe in, it’s really great to start and get it out there.”

— Matthew Somsy, Curbside Gourmet



COURTESY PHOTO

Curbside Gourmet launched its food truck in 2010 in Palm Beach County. Its owners are now exploring the launch of trucks in other areas.

DRIVEN

From page 1

the prospect of setting up shop seems punishing and unlikely.

But what if you could subtract a few major headaches like rent and payroll? Or if you could customize a space that is fully available when you want it, but isn’t racking up utility bills when you don’t?

South Florida business owners are buying trucks, vans and buses to provide residents with an array of services that span boutiques to auto repairs and giving customers a thrill at the same time.

“It’s a business you can be very creative with,” said Kelly Calistri, owner of mobile boutique Couture To Your Door in Naples. She had a career in medical research but realized that having two young children prevented her from working a regular 9-5 job. She decided it was time for her to pursue her longtime dream of owning a boutique. Originally, having a traditional storefront operation was her goal, but after putting four wheels under her vision, she said she couldn’t imagine serving her customers any other way.

“I think this is a really fun way to do it,” she said. “I think the concept is fun and different and I think people like things they haven’t seen before.”

According to the American Mobile Retail Association, about 82 percent of its members spent under \$9,000 on their rig and about 91 percent spent under \$9,000 to retrofit it to their specifications, less than a year’s rent on a commercial lease in a high traffic area. Business owners are often able to hit all the same shopping hotspots or at least capture similar customers to break even on their start-up costs within two years.

“People think, ‘if I try and it doesn’t work out, I’m out \$20,000 instead of \$200,000,’” said organization founder Stacey Jischke-Steffe.

Mobile retail services, by following



VANDY MAJOR / FLORIDA WEEKLY

Keri McDonnell owns Unforgettable Pet Grooming in Naples. She packed everything onto wheels in 2011.

the model set before them by food trucks, rose in popularity during the Great Recession when credit was tight. It no longer seems to be just a trend, Ms. Jischke-Steffe said, and is understood to be a business model that stands alone. Some people might start a mobile business with the intention of eventually moving into a storefront, but they tend to keep the rig operational because it works.

“It’s been incorporated into people’s business models in general,” she said. “We hear from a lot of people closing their brick and mortars because they want that flexibility to really target their customer and drive directly to them ... we’re also seeing people who maybe always wanted to have a store so they

open a truck first. They might eventually go into a brick and mortar and keep the truck.”

Curbside Gourmet, one of Palm Beach County’s most in-demand and visible food trucks, opened in 2010 and with its success, owners Matthew and Amanda Somsy have seen the catering side of their business flourish. Now they are exploring launching trucks in other markets. According to Mr. Somsy, business owners who have a good product can benefit from using a truck as a stepping stone.

“Some people think that you’re going to make a lot of money opening a food truck and it’s not going to happen,” he said. “If you open up for a purpose, if you have a product that you really



COURTESY PHOTO

Curbside Gourmet dishes out popular items like its Maine lobster rolls.

believe in, it’s really great to start and get it out there.”

While Curbside Gourmet still dishes out popular items like its Maine lobster rolls to South Florida’s hungry public and participates in food truck circuits, the Somsys served 180 weddings last year and the rig holds a special allure for private events.

“As far as the catering aspect, the truck itself has helped us for sure. It helps us bring the restaurant to our customers so they can have a house party and we won’t have to use their kitchen,” Mr. Somsy said. “A lot of your higher-end clients hire us to cater their parties because the truck color isn’t so invasive.”

It all seems to boil down to flexibility in the end, whether it is in hours, services or inventory. Scott Keller, who owns Tropical Extremes in Naples and Dallas with his wife, Christine, travels all over South Florida and takes pride in bringing new dollars into Collier County with his laser tag and entertainment services.

“The benefit is that my company brings outside revenue into the county and my staff is paid with money outside the county,” he said. The result is that he can afford to pay his staff well and provide better service to customers.

“We’re able to find the people and pay them really well to provide quality of



“Basically, when you take a car to a garage, you usually don’t have your vehicle and it’s an inconvenience to you ... If your car is on the side of the road and it’s quick and easy, I can get you up and running instead of having it towed to a shop. It saves people money.”

— **Wayne Martin**, Wayne’s Mobile Mechanic Service in Fort Myers

we could dispatch a mechanic right to your spot.”

Freedom of movement also allows Mr. Martin to provide a very handy and rare service: used car inspections. Most people in the market for a new vehicle aren’t knowledgeable about how much to pay for reasonable wear-and-tear and what makes a car a lemon. For an hourly rate, Mr. Martin can inspect as many cars as customers have lined up in the time they’ve contracted him for.

“You do have the right to inspect,” he said. “I’ll go out and inspect it top to bottom — from wiper blades to tire compression — and give you an analysis of what the car is and verify the car is worth the money.”

Mr. Martin echoed the sentiments of other mobile business owners that emancipation from a brick-and-mortar operation allows him more creativity with his services, mostly because he doesn’t have the financial pressure to meet overhead costs and be tied to one spot to meet with customers.

Mobile businesses do have a few pitfalls, Ms. Jischke-Steffe said, and one is that local ordinances vary widely and prospective owners have to do a lot of research to find out where they can operate and within what parameters.

“The last thing you want to do is buy everything and find out you can’t get a permit,” she said. “I always recommend people to start at the local level and find out rules and regs before they run out to get the truck and trailer. Sometimes those rules can limit the size and type of vehicle ... even if there are strict regulations, there are often ways around them.”

It’s also good to follow business etiquette. It’s not acceptable to open in front of a brick-and-mortar competitor.

“People can’t just stop in when they want to and that’s a major challenge. I’m finding places to be available to them during the day and farmers markets are a big help,” said Couture To Your Door’s Kelly Calistri. “I don’t go anywhere near other boutiques, so I mostly do private events. As long as I have permission of whoever’s driveway I’m in, I don’t have a problem.”

Curbside Gourmet deals with changing regulations in municipalities throughout South Florida. Food trucks can’t sell food within Palm Beach County’s downtown area, Martin County only allows them to sell food on private property and “in Delray Beach, the restaurant groups are so strong you can’t even step foot on Atlantic Avenue,” Mr. Somsy said. “You should definitely do your homework.”

While it’s great to see large companies embrace the mobile trend in their marketing, Ms. Jischke-Steffe said it takes a particular type of person to own a mobile business and particular type of customer to enjoy using them.

“It reminded me of the tiny home movement. You have a certain type of personality that really embraces mobile businesses,” she said. ■



VANDY MAJOR / FLORIDA WEEKLY

Kelly Calistri owns the mobile boutique Couture To Your Door.

a garage, you usually don’t have your vehicle and it’s an inconvenience to you,” he said. “If your car is on the side of the road and it’s quick and easy, I can get you up and running instead of having it towed to a shop. It saves people money.”

Because he doesn’t have large equipment like a lift, Mr. Martin has to forgo complicated repairs. He can, however, maintain fleets of service vehicles much more efficiently than a garage can.

“I do serve a benefit to certain businesses like contractors who can’t afford to have their truck down. There’s no inconveniencing the company by not having it.”

Success, he said, depends on finding the right niche where he hopes that he can grow enough excellent side-of-the-road service that prevents people from having to pay for a tow truck.

“It can prosper very well on a consumer level,” Mr. Martin said. “It would be a lot better than a road ranger because



service. They’re not bounce house staff, they’re entertainment,” he said.

Mr. Keller simply wouldn’t be in business if the pair operated Tropical Extremes in a facility, he said. His initial research into the business 11 years ago revealed that if he ran it in under-air space, the doors would shut in two years.

“A couple of friends looked at the cost per square foot and an hour-long conversation turned into 30 seconds,” Mr. Keller said. “They said I didn’t have enough to make the first two years.”

So he retooled his business plan and now caters to private parties in Collier and lots of corporate and college events in Lee and Dade counties. It requires a lot of time on the road, but it’s what makes his business work, he said.

Sometimes, business owners simply like offering their customers the personalized service mobility offers. Once people start offering services aboard a truck, they can offer more luxurious or customizable services, like Keri McDonnell, who owns Unforgettable Pet Grooming in Naples.

Ms. McDonnell started her business in a storefront but packed everything onto wheels in 2011 because she saw the benefit of giving her customers to-your-door service. Her month-to-month expenses are still comparable to her brick-and-mortar operation, but her client base now consists of regular customers who keep her very busy.

“It’s just a salon on wheels ... with mobile pet grooming, it’s more specialized and tends to be more expensive than a salon because I’m bringing it to customers,” she said. “It’s also less stress and people get that, so they’re willing to spend a little more for their pet.”

Ms. McDonnell soon discovered that

once she and a new customer have established a rapport, she could provide what she calls a “latchkey” service. The customer will provide her with a key so she can enter the home while he or she is at work, groom the animal in the truck and lock up when the appointment is over.

“They come home to a freshly groomed pet,” she said. “We’ll lock up and text that we left. We provide not only convenience of going to the home — clients don’t have to even be home.”

Then there are the traveling businesses that should have been on the road all along. Wayne Martin owns Wayne’s Mobile Mechanic Service in Fort Myers and saves motorists a lot of money when their cars break down.

“Basically, when you take a car to



VANDY MAJOR / FLORIDA WEEKLY

Wayne Martin owns Wayne’s Mobile Mechanic Service in Fort Myers and says he saves motorists a lot of money when their cars break down.

SOCIETY

American Heart Association Go R...



"Like" us on Facebook.com /FloridaWeeklyPalm Beach to see more photos. We take more society and networking photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, g



ADMISSION OPEN HOUSE

Tuesday, December 6

5:00 p.m. Refreshments & Registration

5:30 p.m. Program Begins




100%
 Accepted to 4-year colleges & universities


9:1
 Student-to-Faculty ratio
 Avg. class size: 16


75+
 Course electives offered to foster student inquiry, innovation and ideas


\$5 Million
 Need-based financial aid invested annually in bright young minds


27
 Athletic teams with 75% student participation in at least one sport


80%
 Faculty with Master's Degrees


Signature Programs:
 Aviation
 Cambridge Scholars
 Novel Writing
 Independent Research

To register for open house, visit OAPB.org/admission

3151 N. Military Trail, West Palm Beach, FL 33409 | 561.972.9600 |   

SOCIETY

Red Breakfast at The Gardens Mall



1. Michele Jacobs and Teresa Urquhart
2. Holly Maisto, Michelle Ketchum and Pam Rauch
3. Michele Schneider, Pam Rada, Robin Galanti, Michele Bachoon, Tammy O'Rourke, Robi Jurney and Kim Jones
4. Front row: Lynda Lomangino, Karmita Gusmano, Melissa Mickle, Tina Mahoney. Back row: Maitai Jabour, Shana Sheptak, Natalie Alvarez and Erin Shea
5. Terri Nissen and Martha Ahr
6. Michele Jacobs, Marcie Tinsley and Jean Wihbey
7. Suzanne Holmes and Shana Sheptak
8. Sally Ross Soter, Pam Rauch and Melissa Mickle
9. Angela Sweeting, Upendo Shabazz, Toni May and Connie Frankino
10. John Domenico, Susan Domenico, Allison Manis and Ari Malek
11. Mike Rajewski, Kara Duffy and Tom Cratty

ANDY SPILOS / FLORIDA WEEKLY

Go to www.floridaweekly.com and view the photo albums from the many events we cover. Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.

Cancer Care with Unique Expertise

The Specialists of Jupiter Medical Center Physicians Group



Lucy M. De La Cruz, MD
Fellowship-Trained Breast Surgeon; Board-Certified, General Surgery; Medical Director, Oncologic Research



Andrea Katz, MD
Fellowship-Trained Hematologist/Oncologist; Board-Certified, Internal Medicine and Medical Oncology; National Award Winner in Research and Publications



K. Adam Lee, MD
Fellowship-Trained Cardiothoracic Surgeon; Board-Certified, Cardiothoracic Surgery; Medical Director, Thoracic Surgery & Lung Center of Excellence



Donna Pinelli, MD, FACOG
Fellowship-Trained Gynecologic Oncology Surgeon; Board-Certified, Gynecologic Oncology and Obstetrics & Gynecology; Medical Director, Gynecologic Oncology and the Walsh Robotic Surgery Program



Nancy J. Taft, MD, FACS
Fellowship-Trained Breast Surgeon; Board-Certified, General Surgery; Medical Director, Comprehensive Breast Care Program

Compassion and expertise. These are the qualities for which the Jupiter Medical Center Physicians Group is widely known. People facing cancer, and their loved ones, can trust our team to provide the highest quality in personalized care. We use our decades of knowledge, advanced fellowship training, and the cutting-edge technology available at Jupiter Medical Center to optimally target all types of cancer.

To schedule an appointment with one of our cancer care specialists, call 561-263-4400.

Learn more at jupitermedicalphysiciansgroup.com

1210 S. Old Dixie Hwy. | Jupiter, FL 33458

 **JUPITER MEDICAL CENTER**
Physicians Group



BLACK FRIDAY DOORBUSTERS

FRIDAY, NOVEMBER 25 | **ONLY** | 8AM - 12PM

WRAP YOUR HOLIDAY SHOPPING UP EARLY THIS SEASON WITH THESE INCREDIBLE DOORBUSTERS FROM THE GARDENS MALL.

FROM **8AM - 12PM**
ON FRIDAY, NOVEMBER 25 **ONLY**,
GIVE MORE **&** RECEIVE MORE:

GIVE THE GIFT OF \$300 IN GARDENS MALL GIFT CARDS,
RECEIVE A BONUS \$30 GARDENS MALL GIFT CARD

GIVE THE GIFT OF \$200 IN GARDENS MALL GIFT CARDS,
RECEIVE A BONUS \$20 GARDENS MALL GIFT CARD

GIVE THE GIFT OF \$100 IN GARDENS MALL GIFT CARDS,
RECEIVE A BONUS \$10 GARDENS MALL GIFT CARD

GARDENS MALL GIFT CARDS ARE AVAILABLE FOR PURCHASE
AT THE **INFORMATION DESK**.



BEHIND THE WHEEL

BMW 330e is everything to everyone



mylesKORNBLATT

mk@autominded.com

We all have the one friend who has an outfit for every occasion but is still hesitant before stepping out the door. That indecisive pal will love the new BMW 330e.

Just like someone who needs to be ideally dressed for every outing, this plug-in hybrid seems to want to please every crowd. It is a premium marque sedan, an eco-friendly all-electric, a roomy family vehicle and a sports car, all rolled into one package. A description like that would almost mean that we can end the review right here, but the balance this BMW has to walk is worth investigating further. After all, does doing everything well mean it can truly master anything?

The design of the BMW 3-Series is quite handsome. Conservative sedan bodylines meet the furrowed brow headlights and hallmark twin kidney grille to create a shape that has become a symbol of success in the junior executive parking lot. There is nothing on the hybrid that alters it. In fact, the only way people can tell it's an eco-friendly plug-in hybrid is by the electrical outlet panel on the driver's fender and the eDrive badging on the c-pillar.

That kind of incognito is good news for the green-minded manager who thinks the Toyota Prius doesn't have the prestige for

a reserved parking space. Conversely, it might take a little extra explanation when pulling up to an Earth Day rally.

Inside there isn't much to distinguish the eDrive version either. The 330e comes standard with nice features like a power driver's seat, dual zone climate control and a premium HD stereo with infotainment screen and iDrive. Of course, like any true BMW, there's a huge list of technology and luxury options that can add a mortgage onto this sedan. The only giveaway to the electrified power is a few discrete buttons that allow the driver to choose how the car best utilizes its voltage.

The engine bay also doesn't look too different from the standard BMW lineup. The 2.0-liter turbocharged gas motor in the 330e is a 180 horsepower unit similar to what's available in the lesser 320i sedan. What is harder to see is the 87 hp electric motor that's sandwiched near the eight-speed transmission. The combination of the two isn't simple addition, so BMW lists the 330e at 248 total horsepower. This is the same as the conventionally powered 330i sedan, but the two vehicles behave quite differently.

First, the 330e is a genuine plug-in hybrid. Leave it charged overnight on a standard 110V wall outlet, and in the morning owners can expect the whisper quiet drive for 14 miles or less. The all-electric power can even propel the car up to highway speeds of 75 mph. But for everyone whose commute is more than a few blocks, there is a better use for the battery power.

The 330e can work with electricity in



tandem with the gas engine. This creates an interesting situation where the torque-happy electric motor will be used to start from a stoplight and then hand off acceleration duties to the turbo motor once it has spooled up to a more ideal rpm. Or at deceleration, the gas power will shut down, let the regenerative braking charge the batteries, and then start off again under stored battery energy. It is an engineering dance that maximizes both power and efficiency.

Because the electric and gas power plants work together so often, it feels like BMW has toned down the exhaust note on the 330e. It creates a very quiet car that never loses the handling sharpness that is

the bedrock of the 3-Series' appeal.

This alluring tango comes at a price. The BMW 330e starts at \$45,095, which is \$5,350 more than a 330i sedan. Even after tax credits, the most efficient drivers are not going to make up the electric efficiency savings of the plug-in hybrid for many years to come. In fact, when factoring in available government rebates, 330e shoppers looking for premium green machines will not be too far away from Tesla's all-electric Model S sedan.

But the 330e has a place in this world. It's not the ideal electric car or a luxury car bargain. Instead, with an adaptable master of none, BMW has created the premium accessory that fits every occasion. ■



COMING SOON!

Consign
& Design
GARDENS GALLERY



We are happy to announce we are **expanding** our successful Wellington store to beautiful Palm Beach Gardens! We are offering special consignment terms to anyone that consigns prior to our December opening.



IF YOU ARE THINKING ABOUT CONSIGNMENT, NOW IS THE TIME!

Please call...

561 814-6997 or 561 798-5222

You can also send photos to myconsignment1@gmail.com.

Like us on Facebook and download our mobile app. to get special discounts and photos of all incoming items.



9810 Alt A1A Promenade Plaza, Palm Beach Gardens



THANKSGIVING BUFFET

Thursday, November 24th

1pm - 7pm

Ironwood Steak & Seafood at PGA National Resort & Spa invites you and your family to gather at our tables for your Thanksgiving meal. Let us prepare your meal and clear the table so you can gobble gobble until you wobble!

ADULT BUFFET

- Parsnip Blue Crab Chowder
- Arugula and Roasted Beet Salad
- Cranberry Pecan Lettuce Salad
- Classic Caesar
- Breads, Biscuits and Sweet Breads
- Old Bay Poached Shrimp
- Bay Scallops
- Sri Racha Dusted Yellow Fin Tuna
- Smoked Salmon
- Butter Basted Tom Turkey
- Hickory Smoked Honey Ham
- Angus Beef Steamship
- Shrimp and Grits
- Yankee Pot Roast
- Stuffing
- Maple Roasted Yams, Pancetta Brussels Sprouts, Garlic Green Beans, Creamed Corn, Black Eyed Pea "Hoppin John," Cheddar Mac N' Cheese, Turkey Leg Confit

CHILDREN'S BUFFET

carved turkey n' gravy, mac n' cheese, mini cheeseburgers, pepperoni pizza, chicken fingers, curly fries, fresh fruit salad with marshmallows and cherries

DESSERTS

Pumpkin Pie, Banana-Coconut and Vanilla Wafer Trifle, Cupcakes Candied and Caramel Apples, and Assorted Pies and Tarts

\$78 per adult • **\$30** per child age 6-12

Plus tax and gratuity per person



For more information or to book your reservation call 561.627.4852
Private parties should call our Private Dining Events Manager at 561.624.8200

PGA National Resort & Spa, 400 Avenue of the Champions, Palm Beach Gardens, FL 33418 | pgaresort.com

HEALTHY LIVING

Prepare to quit smoking during annual Great American Smokeout

CENTERS FOR DISEASE CONTROL

If you're a smoker, quitting can be the single most important step you take to protect your health and the health of your loved ones. Smoking causes immediate damage to your body, and it threatens your future with increased risks for cancer, heart attack, lung disease and early death. Many people have probably urged you to quit smoking already, but we all know that quitting can be hard. Just as every journey begins with a single step, so, too, does quitting.

That's where the American Cancer Society's Great American Smokeout can help. This event takes place on Nov. 19 and encourages smokers to quit or to use the day to make a quit plan. Free help is available at all times, not just on Nov. 19, at 1-800-QUIT-NOW (1-800-784-8669) and at 1-855-DÉJELO-YA (1-855-335-3569) for Spanish speakers.

When you quit smoking during the Great American Smokeout, you have the support of many other people across the nation. And you're taking an important step towards a healthier life.

Five ways to get ready to quit

Quitting smoking can be hard, so a good plan can help you get past symptoms of withdrawal. Five steps can help.

- Set a quit date. Choose the Great American Smokeout or another quit day within the next two weeks.

- Tell your family and friends about your quit plan. Share your quit date with



the important people in your life and ask for support. A daily phone call, email or text message can help you stay on course and provide moral support. Try Smoke-freeTEXT for 24/7 help on your mobile phone.

- Be prepared for challenges. The urge to smoke is short—usually only three to five minutes. Surprised? Those moments can feel intense. Even one puff can feed a craving and make it stronger. Before your quit day, write down healthy ways to cope.

- Drink water.

- Take a walk or ride your bike.

- Listen to a favorite song or play a game.

- Call or text a friend.

- Remove cigarettes and other tobacco from your home, car, and workplace.

- Throw away your cigarettes, matches, lighters and ashtrays. Clean and freshen your car, home and workplace. Old cigarette odors can cause cravings.

- Talk to your pharmacist, doctor or quitline coach about quit options. Nicotine patches, gum or other approved quit medication can help with cravings.

Smoking and colorectal cancer

Quitting smoking can help you prevent many life-threatening illnesses, including colorectal cancer.

Of cancers affecting both men and women, colorectal cancer (cancer of the colon and rectum) is the second leading cancer killer in the United States, but it doesn't have to be. Screening can find precancerous polyps — abnormal growths in the colon or rectum — so they can be removed before turning into cancer. Screening also helps find colorectal cancer at an early stage, when treatment often leads to a cure.

If you are 50 years old or older, get screened now. If you think you may be at higher than average risk for colorectal cancer, talk to your doctor about getting screened early.

Why do you want to quit?

Perhaps you want to live a healthier life, live longer for your family members or save money that you'd typically spend on cigarettes.

Write down your reasons for quitting, no matter what motivates you to make this smart decision. Refer to the list whenever you have the urge to smoke. It will help remind you of all the reasons you want to quit. Remember, you can quit smoking and enjoy many healthy triumphs for years to come.

Your first quit day may come as a pleasant surprise to you. Making the decision to quit helps you realize and appreciate your own determination. You have the strength it takes to quit smoking forever.

For more information and help, see www.cdc.gov/features/greatamericansmokeout/. ■

WEDNESDAY

From page 1

a busy night with an increased presence.

"We definitely pay attention and place our resources strategically on that evening," said Lt. Seth Finman, public information officer with the Naples Police Department.

That includes more officers on patrol in shopping and business districts including Fifth Avenue South and Third Street South.

In downtown West Palm Beach, O'Shea's Irish Pub is preparing to "get slammed" said general manager Gary Murray in his lilting Irish brogue. Mr. Murray is originally from Limerick, Ireland.

"We're all Irish here," he said.

The night typically is not as busy as New Year's Eve or St. Patrick's Day, he said.

"It's like having a bonus Saturday night in the middle of the week, and people take full advantage of it."

O'Shea's will feature \$4 shots of Wild Turkey whiskey, Wild Turkey whiskey promo girls and live music with the band Axcents.

The kitchen at British Open Pub in Bonita Springs will be turning out plenty of meatloaf, steak and kidney pie, cottage pie and especially fish and chips on Black Wednesday — anything but turkey or ham — for an influx of hungry families.

"You've got a lot of people that have their grandkids and everybody come down for the holiday and they don't want to dirty up their kitchen the day before Thanksgiving, so they go out to eat," said manager Cathy Foster. "That's the feedback I get from them."

Black Wednesday is usually the second busiest night of the year after St.



One of the reasons Black Wednesday has become a party night is that college students like to reconnect with hometown friends.

Patrick's Day at The Celtic Ray Public House, a bar and restaurant in downtown Punta Gorda.

"With the possible exception of Halloween," said owner Kevin Doyle.

He doesn't know why that is exactly, but took an educated guess.

"My theory is that all the kids from all over come to see their parents here and

their parents go to bed at 9 o'clock and they're out partying," he said.

Mr. Doyle's son, Celtic Ray co-owner Max Doyle, will also be out late that night — working. The Celtic Ray's mobile food truck will be at Fort Myers Brewing Company serving classics such as fish and chips, Scotch eggs and battered bangers. He plans to serve many

college kids whose parents live in the area.

"Maybe they drove from Gainesville or Tallahassee and want to see some of their hometown friends or have a beer or whatever," he said. "Certainly I like to have a beer after a long drive."

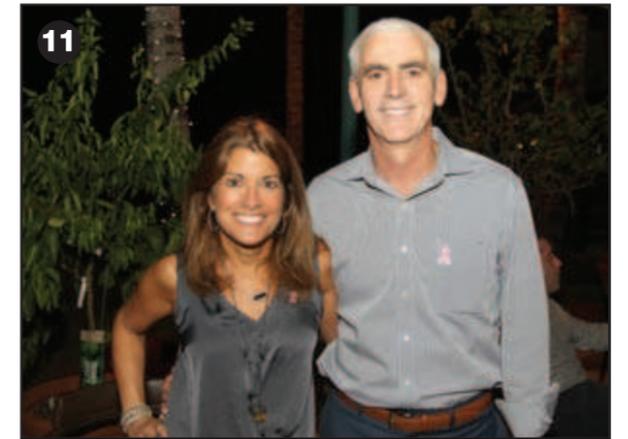
Just make sure that the drive comes before the beer (or four), not after. ■

SOCIETY

Big Wigs for Breast Cancer Awareness at The Cooper in Palm Beach Gardens



Dayve Gabbard, Jay Zeager and Claudia Mason



1. Brittany Hayward, Heather Laughlin and Kelly White
2. Denise Brestle and Matt Brestle
3. Karen Paxton, Jay Zeager and Kimmie Meissner
4. Karen Paxton, Teca Sullivan, Kimmie Meissner and Tamra FitzGerald
5. Heather Laughlin, Claudia Mason and Sandy Strader
6. Kelly White, Lynn Levy and Tammy Anton
7. Teca Sullivan and Erin Devlin
8. Steve Atkins and Kerri Morrison
9. Tony Solo, Sandy Strader and Jay Zeager
10. Nicole Bullaro and Nichelle Rains
11. Tamra FitzGerald and Paul Jamieson

ANDY SPILOS / FLORIDA WEEKLY

"Like" us on Facebook.com /FloridaWeeklyPalm Beach to see more photos. We take more society and networking photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover. Send us your society and networking photos. Include the names of everyone in the picture. Email them to society@floridaweekly.com.

BUSINESS

A18 |

WWW.FLORIDAWEEKLY.COM

WEEK OF NOVEMBER 17-23, 2016



COURTESY PHOTO

Jupiter Medical Center gets 'A' for patient safety

SPECIAL TO FLORIDA WEEKLY

For the second time in a row, Jupiter Medical Center has received an "A" grade from The Leapfrog Group, a national patient safety watchdog, ranking it among the safest hospitals in not only South Florida and the Treasure Coast but also in the United States.

The Hospital Safety Scores, a service provided by the Leapfrog Group, assign A, B, C, D and F letter grades to hospitals nationwide, and offer the most complete picture of patient safety in the U.S. health care system.

"At Jupiter Medical Center, patient safety is our top priority," said John Couris, the hospital's president and chief executive officer. "Our recent accomplishments with regard to safety and quality demonstrate our commitment to bringing the best health care to the community. Jupiter Medical Center

is the only hospital in Palm Beach, Martin and St. Lucie counties to currently maintain both an 'A' rating for patient safety and a four-star quality rating from the Centers for Medicare and Medicaid Services.

The pursuit of safety and clinical excellence is ingrained in the culture at Jupiter Medical Center. The hospital hired Dr. Ron Riner to serve as its chief quality officer.

"To determine their rating, The Leapfrog Group evaluates infection control, procedures to reduce complications in surgery, practices to prevent medical errors and the overall expertise of doctors, nurses and staff," said Steve Seeley, Jupiter Medical Center's vice president, chief operating officer and chief nursing officer. "Jupiter Medical Center excels in each of these categories, and we are constantly searching for ways to

improve upon our best practices."

The Hospital Safety Score provides data and research to help the public make informed decisions about a critical aspect of their health — the safety of their local hospitals. The goal of the Hospital Safety Score is to reduce deaths or injury from hospital errors and infections by shining a light on leaders in patient safety. Leapfrog's Hospital Safety Score uses publicly available hospital safety data to assign A, B, C, D and F grades to more than 2,500 U.S. hospitals twice per year. Hospitals are assessed on 30 different measures from prevention of common hospital-acquired infections like C.diff and MRSA to patient reports of their experiences during their hospital stay. To see Jupiter Medical Center's full score or those of other local facilities, go to www.hospitalsafetyscore.org. ■

Lake Worth resident joins Genesis board

SPECIAL TO FLORIDA WEEKLY

Genesis Community Health Inc., a nonprofit health center dedicated to serving patients of all economic levels, recently named Lake Worth resident Richard Bolko, CPA, MBA, to its board of directors.

Mr. Bolko serves as a CFO/controller for a health insurance agency and health insurance brokers. As the leader of the finance and accounting group, Mr. Bolko is responsible for the administrative, financial and risk management operations of his company.

"We welcome Richard's financial acumen to our board, as we continue to expand and provide more services to the community," said Genesis CEO DeAnna Warren.

Prior to his current position, Mr. Bolko served in various executive finance positions for organizations such as OJCO, TBC Corp. and FPL.

Mr. Bolko is a Florida Certified Public Account and holds master's degrees in accounting and business administration.

At three sites — one in Boynton Beach and two in Boca Raton — Genesis provides family care, women's wellness, pediatric services routine check-ups, testing/screenings, urgent care, OB-GYN services, HIV/AIDS testing, chronic condition diagnosis and management, school- and sports-required exams and dental care.

For more information, visit www.gencomhealth.org. ■



BOLKO

How to tell what you're getting from social media marketing

SPECIAL TO FLORIDA WEEKLY

Businesses, professionals and others who use social media to promote a brand often are unsure whether what they're doing is effective. The usual ways of measuring success — such as how many leads or sales were generated — don't really apply and that leaves them puzzled.

"Even people who are enthusiastic about social media aren't always clear on what to expect," says Jay York, senior social media strategist for EMSI Public Relations based in Wesley Chapel. One problem is that people mistakenly focus too much on "likes," figuring the more the better, he adds.

So just what are the best ways to calcu-

late whether you're setting and achieving realistic marketing goals on social media? Here are a few things Mr. York says you should expect from your efforts:

■ **Growth of followers** — You definitely should see growth in your number of followers. This is a long-term game, however, so don't get discouraged if it doesn't happen as quickly as you had imagined.

■ **Quality and quantity of reach** — Think of a billboard, Mr. York says: You can pay to put your message on a billboard alongside a highway, but are the passing motorists in your target audience? Some are, no doubt, but many are not. With social media, you can find the people interested in what you're offering. You can also use social media's analytic tools

to gauge how far and wide your message is reaching.

■ **Engagement** — The level of engagement on social media varies greatly. Some people just read or look at what everyone else is posting, but don't post themselves. Others regularly post their own content, and they like and share what others post. Often they've attracted an enormous following. "Those are the people you want to go after," Mr. York says. "Follow them and they might follow you in return. If they share one of your posts, then you're reaching their large audience."

■ **Traffic to your website** — Google analytics can tell you not only whether your website traffic has increased, but where that traffic came from.

■ **The immeasurable** — Sometimes the impact of social media efforts can't be measured. For example, if one person sees something a business posted on Twitter and mentions it to a friend, that friend might check out the company's website. If asked how they heard about the business, that person will say it was through a friend — even though it was social media that got the connection started.

"There's a science to managing a social media campaign," Mr. York says. "If you want the best results, you can't take a willy-nilly, anything-goes approach. You've got to carefully determine the most effective ways of reaching your target audience, choose content that's most likely to engage them, and monitor what's working." ■



The Home of Low Cost Mortgages

No Points, No Borrower Paid PMI, No Tax Escrow Required and Low Closing Costs!



Juno Beach Branch - 14051 US Highway One, Juno Beach, FL 33408 (561) 630-4521

*PMI - Private Mortgage Insurance. Lender paid Private Mortgage Insurance on loans over 89.5% Loan-to-value. Please note: We reserve the right to alter or withdraw these products or certain features thereof without prior notification.

www.TrustcoBank.com

MOVING ON UP

“My family owned flower shops, so growing up I was always working and watching my parents. Seeing them work hard over the years gave me the work ethic I have today: Work hard, play hard.”

— **Renee Schaefer**,
Owner of Antica Sartoria boutique

Name: Renee Schaefer
Title: Owner of Antica Sartoria boutique
City of business: Palm Beach Gardens

BY MARY THURWACHTER
mthurwachter@floridaweekly.com

While vacationing in Italy last year, Renee Schaefer noticed Antica Sartoria shops in different cities and loved the clothes she found inside.

“We walked into a store in Capri and fell in love with everything about the collection and the beachy chic vibe the brand represents,” Ms. Schaefer said.

She describes the clothes, designed by Giacomo Cinque, as “fresh, inspiring and statement-making pieces that women and children feel gorgeous wearing.”

The Jupiter woman wears the Italian clothing all the time now and feels certain other women in the United States will want to wear the Positano-based brand, too, especially in Florida.

With that in mind, Ms. Schaefer and her husband, Curtis Sigretto, opened an Antica Sartoria shop in Downtown at The Gardens in October. It is the fashion company’s first store in the U.S., although the couple has plans to open more shops next year.

“We’re looking at Key West, Naples, Boca and Miami,” she said. “We have exclusive rights to sell the brand in the



COURTESY PHOTO

Renee Schaefer fell in love with the Antica Sartoria line while traveling last year in Italy.

U.S.”

The 1,200-square-foot Palm Beach Gardens store (previously home to Izod) boasts an array of the brand’s signature turquoise and one-of-a-kind garments.

Breezy blouses, embellished denim, striking bathing suits, printed cover-ups, dresses and caftans, as well as unique necklaces and boho-inspired

beach bags reflect the shop’s “Positano Meets Palm Beach” vibe.

“Business has been great do far,” Ms. Schaefer said. “A lot of people around here travel to Italy and recognize the brand.”

Designer Giacomo Cinque only makes a limited number of each item for his 16 stores throughout Italy, and now the Palm Beaches.

“I try to keep a good price point,” Ms. Schaefer said. “I want everybody to enjoy the clothing.” A majority of the items in the collection sell for less than \$200. Accessories start at \$15.

The couple isn’t new to the retail business, but this shop is a new direction for them.

They own two Halloween Express franchise locations.

Mr. Sigretto, who founded Halloween Express in 1989 and served as president of more than 220 stores, also serves as a consultant for their Antica Sartoria store. Wayne Jenkins, the founder of Wellington-based Captive One Insurance, is the lead investor.

Ms. Schaefer grew up in Pennsylvania, where her father had a flower shop. She worked for him during holidays, but made her career in property management and development in New Jersey and Pennsylvania before moving to Florida nine years ago.

In January, Ms. Schaefer will return to Italy to choose a new line from Antica Sartoria for her Florida customers.

“I love the ocean,” Ms. Schaefer

said. And she enjoys being able to wear casual chic clothing all year round.

Renee Schaefer

Age: 53

Where I grew up: Upper Dublin, Pa.

Where I live now: Jupiter

What brought me to Florida: A warmer climate.

My job today: Owner of the new Antica Sartoria boutique at Downtown at the Gardens. I also serve as the operations manager for Halloween Express and Elk Creek Vineyards in Kentucky.

My first job and what it taught me: My family owned flower shops, so growing up I was always working and watching my parents. Seeing them work hard over the years gave me the work ethic I have today: Work hard, play hard.

A career highlight: Seeing Antica Sartoria come to life. I first saw the Italian brand in Italy and immediately knew we had to bring it to the United States. The pieces are exquisite, unique and special, and really embody that Positano Meets Palm Beach vibe. It’s a perfect reflection of who I am, who I have become.

What I do when I’m not working: Sport fishing and traveling.

Best advice for someone looking to make it in my field: Follow your dreams and do NOT give up!

About mentors: I am very self-driven, and consider myself my own mentor. ■

MONEY & INVESTING

After Trump win, stocks were up for biotech firms and down for gunmakers

ericBRETAN
estaterick@gmail.com



One thing I love about the markets is, for better or worse, how instantaneous reactions are to news and events. So while news pundits continue to debate about what a Trump presidency will mean for the country politically, the market had just a few hours between the election result and the market open to decide how to react. And on that Wednesday, the collective market anointed definite winners and losers as a result of the Republican victory.

The first big winner of the day was definitely biotech and pharmaceutical stocks. Both Clinton and Sanders were very critical of this sector during the campaign for driving up costs of certain drugs. Many feared that if Clinton won the election she would impose price caps on certain medicines, thus limiting this sectors’ profit opportunities. With Republicans now in control, analysts predict that there will be less scrutiny of drug prices. As a result, companies from Pfizer to Biogen were up 5 percent to 10 percent.

The materials sector was also a big winner on Wednesday. One of the tenets of Trump’s campaign was to boost American factory jobs by “leveling the playing field” with foreign corporations.



So companies like US Steel soared on expectations that the new president would enact policies to favor domestic steel companies over foreign competition.

Another key Trump campaign promise was to build up our military. That will cost money and defense contractors will be happy to spend those funds on our behalf. Already popular because of their dividends, now there is some upside to their revenue and incomes as well.

Energy companies also surged on Wednesday. Trump is known for supporting energy independence in America as well as energy jobs. Environmental

regulations and global warming, not so much. These companies are hopeful that Trump will decrease regulations and open new lands for energy exploration. Similarly, banks also had a great day as they too anticipate fewer costly regulations.

On the flip side, companies that rely on active trade with Mexico were hurt last week. Stocks like Cemex and even Constellation Brands (owner of Corona beer) saw their prices fall as Trump had campaigned to tear up the NAFTA trade agreement and build a wall on the border of Mexico.

Ironically, gunmakers also saw their stock prices drop. With a Clinton presi-

dency, analysts predicted many people would be scared that she would impose more stringent gun laws so they would rush out to buy firearms before these new laws were put into place. Without this fear, Trump’s lack of new gun controls may have the effect of actually decreasing the number of guns being purchased in the near term.

With Trump’s embracing of traditional fossil fuels like coal, oil and natural gas, it is no surprise that alternative energy companies underperformed the market last week. No one anticipates that President Trump will increase incentives for solar, wind or other renewable power sources.

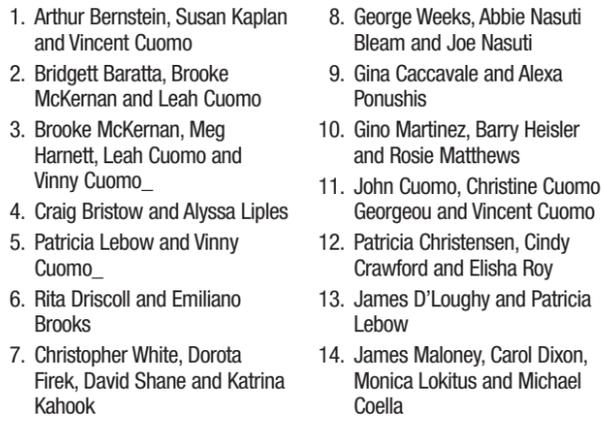
Finally, many investors believe that Trump’s economic policies will expand the deficit. This is bearish for Treasury Bonds and, not surprisingly, they sold off on Wednesday as well.

So while the market picked its winners and losers last week, it will be very interesting to see how many of these bets actually pay off down the road. As he proved during the campaign, Trump is unpredictable and does not follow conventional wisdom. It will be interesting to revisit this list a year from now to see just how right or wrong the market anticipated the economic results of President Trump. ■

— *Eric Bretan, the co-owner of Rick’s Estate & Jewelry Buyers in Punta Gorda, was a senior derivatives marketer and investment banker for more than 15 years at several global banks.*

NETWORKING

Vincent Cuomo event for Kids' Dreams at PGA National Resort



1. Arthur Bernstein, Susan Kaplan and Vincent Cuomo
2. Bridgett Baratta, Brooke McKernan and Leah Cuomo
3. Brooke McKernan, Meg Harnett, Leah Cuomo and Vinny Cuomo_
4. Craig Bristow and Alyssa Liplis
5. Patricia Lebow and Vinny Cuomo_
6. Rita Driscoll and Emiliano Brooks
7. Christopher White, Dorota Firek, David Shane and Katrina Kahook
8. George Weeks, Abbie Nasuti Blead and Joe Nasuti
9. Gina Caccavale and Alexa Ponushis
10. Gino Martinez, Barry Heisler and Rosie Matthews
11. John Cuomo, Christine Cuomo Georgeou and Vincent Cuomo
12. Patricia Christensen, Cindy Crawford and Elisha Roy
13. James D'Loughy and Patricia Lebow
14. James Maloney, Carol Dixon, Monica Lokitus and Michael Coella

"Like" us on Facebook.com /FloridaWeeklyPalm Beach to see more photos. We take more society and networking photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover. Send us your society and networking photos. Include the names of everyone in the picture. Email them to society@floridaweekly.com.

REAL ESTATE

A21 |

WWW.FLORIDAWEEKLY.COM

WEEK OF NOVEMBER 17-23, 2016



COURTESY PHOTOS

Elegant comfort at BallenIsles

SPECIAL TO FLORIDA WEEKLY

Fabulous water views surround this professionally decorated gracious nine-room home. The 3,838-square-foot, four-bedroom, 4½-bath home at BallenIsles includes marble and wood floors, custom carpeting, updated appliances, two built-in wine cellars, built-in sound system and three zone updated air conditioning units.

Custom double wood doors grace the entryway with views of water, lush golf course and an oversized patio perfect for swimming in the pool, relaxing, cooking and entertaining. Patio also contains raised spa and an outdoor shower.

The kitchen is a real cook's kitchen, with convection and double ovens, pantry, lots of counter space and tremendous storage for dishes, glasses, trays and all of your cooking needs.

Master bedroom offers wonderful water views, lots of custom built-in closets, sitting area and his and her updated baths, one with pool and patio direct access.

From the family room, enjoy listening to music, watching your favorite TV shows, your family swimming or fellow club members playing golf. The three-car garage includes custom built-ins for golf shoes and equipment, cleaning supplies and surplus storage.

Lang Realty has this BallenIsles home offered at \$1,499,000. The agent is Jay Agran, (561) 371-7224, j.agran@langrealty.com. ■





124 Via Bethesda, Palm Beach, Florida
Web# RX-10281525
Ashley McIntosh 561.685.0861

GLOBAL VISION. LOCAL KNOWLEDGE.

We offer access to buyers and properties all over the world, and our agents work and live right in your neighborhood... We're proud to be your neighbor.

340 Royal Poinciana Way, Suite 318, Palm Beach | 561.655.8600
For the full list of Douglas Elliman locations, visit elliman.com/offices/florida

KNOWN GLOBALLY. LOVED LOCALLY

With our office in the heart of Palm Beach and 6,000 agents nationwide plus the international scale and scope of Knight Frank Residential, the Douglas Elliman network reaches across 59 countries and 6 continents.



World's Fair house comes on market in Palm Beach

TOPTENREALESTATEDEALS.COM

The 1939 World's Fair remains the stuff of legends.

Billed as "Building the World of Tomorrow," the fair ran through 1940 and drew 44 million people.

One of the most popular exhibits included home designs of the future, a promise of a better time for a world battered by the Great Depression and the start of World War II. One of the home designs and winner of the fair's first-place prize as the "Home of the Future" was the Fore and Aft House, designed by popular modernist architect Belford Shoumate.

Mr. Shoumate was one of Palm Beach's most prolific architects in a career that spanned more than 50 years. His Fore and Aft model was built in 1940 on the Palm Beach Intracoastal Waterway near the ocean, now for sale at \$7,995 million.

He was instrumental in bringing Art Deco and modern home designs to Palm Beach instead of the more traditional Mediterranean-Revival styles that Addi-



son Mizner had pioneered on the island in the 1920s.

His 5,645-square-foot Fore and Aft House is designed to look like a boat hovering over the water — its ocean liner and Art Deco style replicate many elements of the great ocean liners of the period.

The home is longer than it is wide and designed with porthole windows and an upper deck with steamship railings to watch the sunsets over the water. Its five bedrooms have outside deck entrances much like the way one would access a ship's cabin and the roofline gives the impression of a sail. Tropical touches include ceiling fans, coral-rock walkway and extensive Florida foliage and palm trees to provide shade.

The home also has a unique Y-shaped two-car garage, pool, deep-water dock, fireplace, multiple built-ins and some original furnishings. It is the only lakefront house in Palm Beach with its own deeded oceanfront cabana and has 65 feet of Intracoastal Waterway shoreline. Burt Minkoff of Corcoran Group Real Estate has the listing. ■



COURTESY PHOTOS

Sotheby's
INTERNATIONAL REALTY

PROUDLY PRESENTS



GRACIOUS BERMUDA IN THE ESTATE SECTION | \$3,995,000 | Web: 0076788 | 11oviavizcaya.com

Outstanding buying opportunity in prized location. Proper Palm Beach Bermuda with three large bedrooms (possible master downstairs), spacious patio for poolside entertaining. Manageably sized property set amongst grand estates.

Jeff Cloninger | 561.329.8749

PALM BEACH BROKERAGE | 340 ROYAL POINCIANA WAY, PALM BEACH, FL 33480 | 561.659.3555 | SOTHEBYSHOMES.COM/PALMBEACH

Sotheby's International Realty and the Sotheby's International Realty logo are registered (or unregistered) service marks used with permission. Operated by Sotheby's International Realty, Inc. Real estate agents affiliated with Sotheby's International Realty, Inc. are independent contractor sales associates and are not employees of Sotheby's International Realty, Inc. 



Jeannie Walker
Luxury Homes Specialist

WALKER REAL ESTATE GROUP

561-889-6734



Jim Walker III
Broker

Singer Island • Palm Beach Gardens • Jupiter • North Palm Beach • Juno Beach

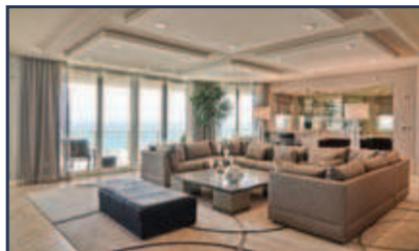
Representing The Palm Beaches Finest Properties



Ritz Tower Suite 7A
4BR+DEN/5.5BA - \$7,999,000



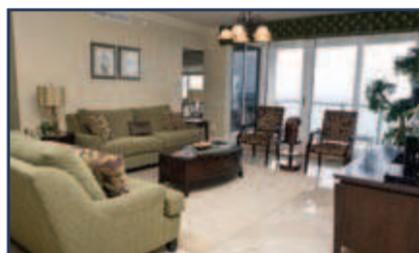
Ritz Carlton Residence 1804A
3BR+DEN/3.5BA - \$3,685,000



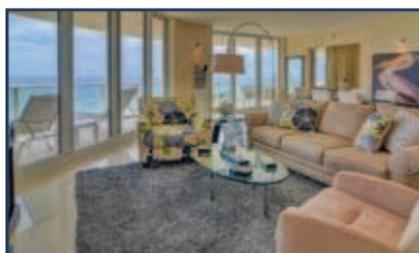
Ritz Carlton Residence 402A
3BR+DEN/3.5BA - \$3,600,000



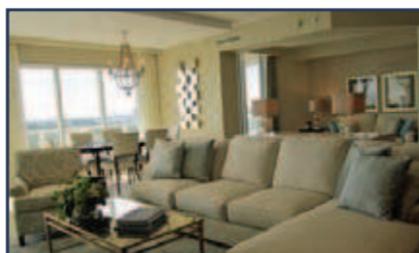
Oasis Singer Island 15B
3BR+DEN/3.5BA - \$2,599,000



Ritz Carlton Residence 1502B
3BR/3.5BA - \$1,999,000



Ritz Carlton Residence 2104B
2BR+DEN/2.5BA - \$1,699,000

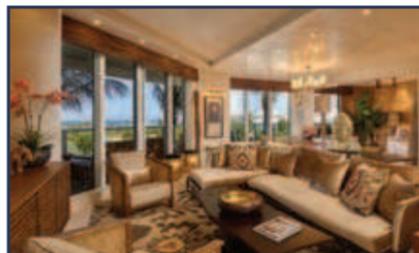


Ritz Carlton Residence 705B
2BR+DEN/2.5BA - \$1,599,000

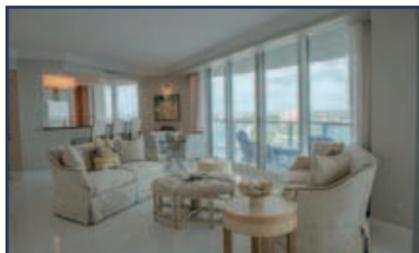


Ritz Carlton Residence 1105B
2BR+DEN/2.5BA - \$1,599,000

Sign up today for the Singer Island Market Update
www.WalkerRealEstateGroup.com



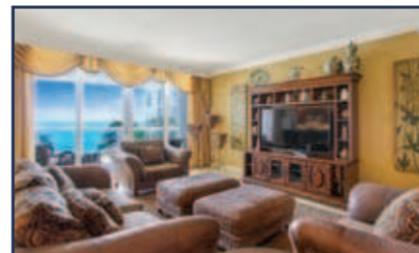
Ritz Carlton Residence 204B
2BR+DEN/2.5BA - \$1,399,000



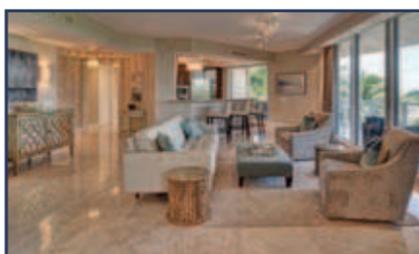
Ritz Carlton Residence 2506B
2BR+DEN/2.5BA - \$1,299,000



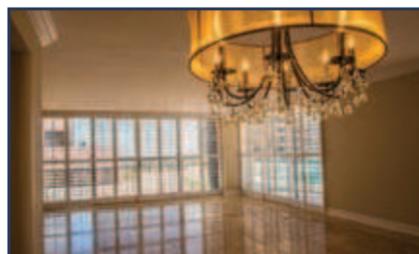
Beach Front 1503
3BR/3BA - \$1,225,000



Beach Front 503
3BR/3BA - \$1,100,000



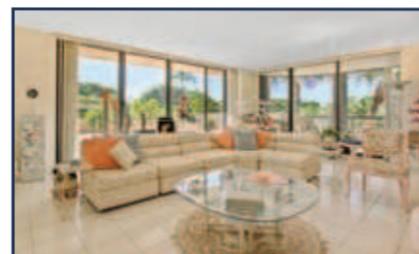
Ritz Carlton Residence 306B
2BR+DEN/2.5BA - \$1,024,900



Martinique WT202
3BR/4.5BA - \$599,900



Martinique WT303
3BR/4.5BA - \$579,000

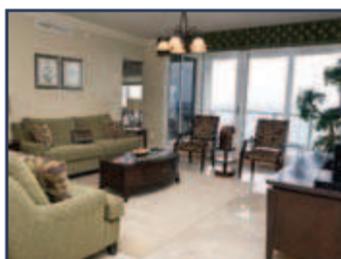


Martinique WT103
3BR/4.5BA - \$575,000

LUXURY RENTALS available... Ritz Carlton, Oasis



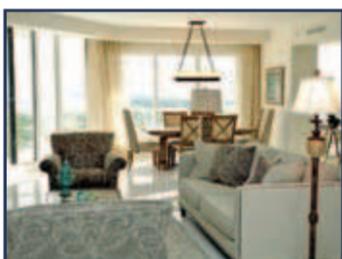
Oasis 8B
3BR/3.5BA - \$9,000



Ritz 1502B
3BR/3.5BA - \$8,500



Ritz 1105B
2BR/2.5BA - \$8,200



Ritz 1805B
2BR/2.5BA - \$8,500



530 Les Jardin
4BR/4.5BA - \$10,000



Info@WalkerRealEstateGroup.com



ARTS & ENTERTAINMENT

WEEK OF NOVEMBER 17-23, 2016

WWW.FLORIDAWEEKLY.COM

| SECTION B

A N Y B O D Y

HUNGRY?



Attendees raise a glass during the chef welcome at last year's Palm Beach Food & Wine Festival.

COURTESY PHOTOS

The Palm Beach Food & Wine Festival marks a decade of bringing culinary stars to the area

BY JAN NORRIS

jnorris@floridaweekly.com

The Palm Beach Food & Wine Festival brings a celebration of its own this year as it marks its 10th birthday as a premiere culinary event in Palm Beach County.

What once was a three-hour dine-around showcasing shops at the east end of Worth Avenue has grown over a decade into four days of dinners, seminars, and tasting events held in a number of venues in the county. It will again culminate in a grand tasting at The Gardens Mall in Palm Beach Gardens.

David Sabin, president of Brickhouse Public Relations in Palm Beach and festival organizer, is happy with how the event has grown up — and out — in its 10 years.

Back in 2006, the little dine-around event was planned for the 150 Worth



SEE FOOD, B14 ► Chefs offer samples during the Grand Tasting at last year's festival.

Patinkin returns to Kravis with 'Dress Casual'

BY STEVEN J. SMITH

ssmith@floridaweekly.com

If you're a fan of Broadway musicals and popular songs, this is one concert you won't want to miss.

Theater, film and television star Mandy Patinkin will bring his solo show, "Dress Casual," to Dreyfoos Hall at the Kravis Center for one performance, at 8 p.m. Sunday, Nov. 27. Mr. Patinkin said he will interpret tunes from the American Songbook accompanied by pianist Adam Ben-David.

"I love to sing," Mr. Patinkin said. "I always have. I started singing in the synagogue when I was seven years old. One



PATINKIN

this concert."

Mr. Patinkin's solo show had its genesis in the late 1980s and has undergone many variations. His notion always has been that it should be an informal, intimate evening of music that he shares

thing led to another. I did musicals, then someone said why don't you make your own album? I've worked with Paul Ford for years and we learned hundreds and hundreds of songs, many of which have gone into

with the audience.

"I call it 'Dress Casual,' because I dress casually so that I'm relaxed and comfortable," he said. "And I've had the time of my life doing it. Come relaxed. Dress casual. We're here to get away from the outside world for a while and take a vacation from it."

Describing himself as "a guy who is lyrically driven," Mr. Patinkin has chosen songs that tell stories and one composer with whom he particularly resonates in that regard is the legendary Stephen Sondheim.

"He, like me, sometimes has a battle

SEE PATINKIN, B13 ►

HAPPENINGS



COURTESY PHOTO

Armory Art Center

Armory kicks off 30th anniversary celebration

BY JANIS FONTAINE

pbnews@floridaweekly.com

Celebrate the 30th anniversary of the Armory Art Center with the alumni, faculty, board members, donors and students during a cocktail party at 7:30 p.m. Nov. 21, at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. The Armory Art Center was incorporated as a not-for-profit in 1986, after a group of art lovers renovated an abandoned Art Deco structure. The center opened its doors to the public in July 1987, thanks to its supporters, especially the late Robert Montgomery and his wife, Mary. For more information, visit www.armoryart.org.

'Duckling' tale

Introduce your child to theater with Lightwire Theater Company's production of "The Ugly Duckling," on stage at the Kravis Center in West Palm Beach at 10 a.m. Saturday, Nov. 19. Great storytelling and the timeless message of Hans Christian Andersen's fairy tale are modernized with a neon (and more) lightshow and dancers wearing puppet-like costumes outfitted with electroluminescent wires. The show is best suited for kids age 5 to 8, but kids of any age are welcomed. 832-7469; www.kravis.org.

Follow the light to a cure

The annual Light the Night Walk in Palm Beach County takes place from 5 to 9 p.m. Nov. 18, at the Meyer Amphitheatre, 104 Datura St., West Palm Beach. Hosted by and benefiting the Leukemia & Lymphoma Society. Walks take place after dark in more than 200 communities across North America, where the lanterns burn brightly as neighbors, friends and family unite to shine the light on a cure for blood cancers. A second walk takes place at Sunset Cove Amphitheater in Boca Raton from 5 to 9 p.m. Nov. 19. Info: www.lightthenight.org/pb.

Korean film 'Sea Fog'

The Mandel Public Library is a good resource for free screenings of foreign, international and independent films, and it's also a great place to borrow movies for free.

The next film is "Sea Fog," screening at 2 p.m. Nov. 20.

When seafaring Captain Kang learns his ship has been sold he decides to take on the job of smuggling illegal immigrants into South Korea. In a dense sea fog, mysterious tragedy unfolds, slowly

SEE HAPPENINGS, B12 ►

COLLECTOR'S CORNER

A treasure remains a treasure, even if its dollar value drops



scott SIMMONS
ssimmons@floridaweekly.com

My mom and I got our comeuppance years ago at an antiques show.

We asked the price of something. The dealer replied, "Well, if you have to ask, you probably can't afford it." Well, then!

Looking back, the dealer probably was right.

Her price probably was more than we wanted to pay or — closer to reality — more than we could afford.

But antiques tended to be more expensive back then, too, both by comparison to what wages were and by comparison to today.

For example, I never would have found a 19th-century French majolica plate for \$5 at a high-end auction gallery like the one I found recently. It easily would have been priced at 10 times that at a show 20 years ago. It probably still is worth a good amount more than the \$5 I gave, but not the \$75 or even \$100 it might have been worth in the heyday of traditional antiques.

That's because values have shifted. Simply put: What was treasure 35 or 40 years ago no longer is treasure to the collectors of today.

But that doesn't diminish the quality

of the piece or the enjoyment I receive from looking at it.

In fact, the lower prices on these treasures make them more accessible than ever to own and to use.

That's all the more timely as the holidays near and we debate whether it's too much work to use the good dishes or silver.

Why limit their use to the holidays? Fine china? Yeah, you can't put it in the microwave, but use it every day and enjoy it.

Life is too short to eat off of plastic. Use a gentle cycle and liquid detergent in the dishwasher.

Yes, the same can be said for silver-plated and sterling flatware. Get it out and use it. It will glow with everyday use — no polishing necessary. Sterling silver can go in the dishwasher, though the knives fare better with hand-washing.

I hear over and over again how someone has this set of china or that set of silver but never has used it.

Get out the good crystal. Treat it gently, but raise a glass and toast

the hope and happiness of being together with loved ones. Then do a quick hand-wash and put it away someplace where it's easily accessible, because you'll want to use it again and again.

And, perhaps with the patina of time and use, it will become even more of a treasure than you previously thought. ■

THE FIND:

A 19th-century majolica plate by Choisy-le-Roi

Where: Auctions Neapolitan, 20 10th St. S., Naples; (239) 300-4613 or www.auctionsneapolitan.com.

Cost: \$5

The skinny: The brightly glazed earthenware pottery called majolica has been used for popular decorative and utilitarian wares for more than 800 years.

It's named for the Spanish city of Majorca, but virtually every country of Europe made some form of the pottery.

In England, Wedgwood and Minton were renowned for their majolica.

In France, any number of companies made the pottery.

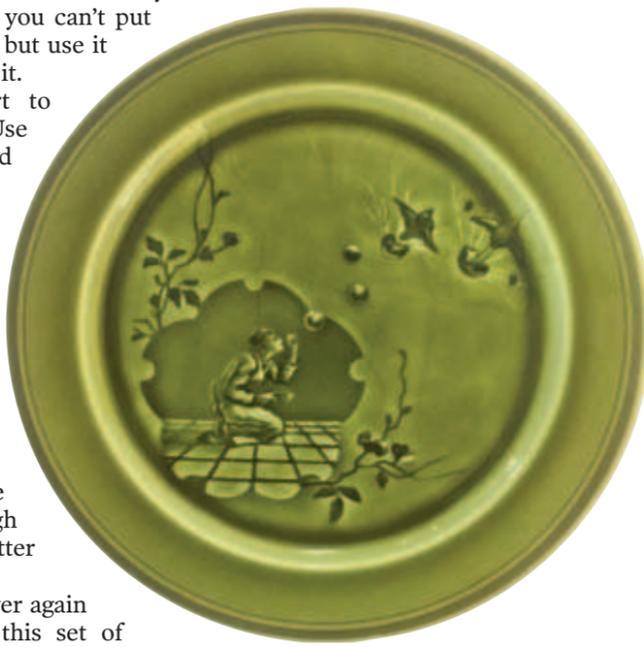
But I am in love with the shadings of this 8½-inch plate, made by Choisy-le-Roi, a company in operation from 1850 to 1910.

This piece draws inspiration from Japan, right down to the cherry blossoms that fade into the rim. Those Japanese influences became more common in Western design after markets opened there in the mid-19th century.

Based on the mark of this plate, which bears the initials "HB" — for Hippolyte Boulenger, a director of the company — it was made before the 1890s, and probably was part of a series.

I love the carved effect the glaze has on the relief of the design, and it will be lovely as art, preferably on my kitchen wall. ■

— Scott Simmons



SCOTT SIMMONS / FLORIDA WEEKLY
This 8½-inch French majolica plate was made in the 1870s or 1880s.



• SPECIAL HOLIDAY EVENTS •

Festival of Trees | November 30-December 4

Holiday Stroll | December 2

Creative ARTs Market | December 9-10

Downtown Countdown | December 31

25+ Shops and Services

50+ Restaurants and Entertainment Venues

20+ Art, Attraction and Activity Destinations

Stay 'n Shop for the Holidays!

Save and Be Merry With Our Specials for Downtown Accommodations

www.RiverDistrictHolidays.com/Stay



WIN A 2-NIGHT STAY DOWNTOWN!

STAY • EXPLORE • SHOP • DINE

Experience the Old Florida Yuletide Cheer of Downtown Fort Myers!



THE BEACHES OF
FORT MYERS
AND SANIBEL



www.RiverDistrictHolidays.com

Every Project has a story... Let *Coquina* tells yours!

Find the best of modern Florida living in *Coquina* magazine



For the finest services and products for renovations, home building, interior design, landscaping, and project development, pick up your copy of *Coquina* today at:

ROCHE BOBOIS

136 US Highway One, North Palm Beach

THE PAINTED OX

5800 S Dixie Hwy, West Palm Beach

FRAN MURPHY INTERIORS

12800 U.S. Highway One, Juno Beach

PIONEER LINENS

210 North Clematis Street, West Palm Beach

HIVE

424 Palm Street, West Palm Beach

DEA LUXURY ITALIAN LINENS

341 Worth Avenue, Palm Beach

WELLINGTON INTERIOR

DESIGN CENTER

9312 Forest Hill Boulevard, Wellington

MILLER'S FINE DECORATIVE HARDWARE

220 Center Street, Suite 3, Jupiter

501 South Olive Avenue, West Palm Beach

THE CONTAINER STORE

11201 Legacy Ave, Palm Beach Gardens

6000 Glades Rd, Town Center at Boca Raton

CAPITOL LIGHTING

2458 PGA Boulevard, Palm Beach Gardens

2863 State Rd 7, Suite 400, Wellington

From the Publisher of *PALM BEACH ILLUSTRATED*

palmbeachmedia.com

coquina
MODERN FLORIDA LIVING

EYE ON PHOTOGRAPHY

A SURVEY OF CONTEMPORARY THEMES

presented by
HOLDEN LUNTZ
GALLERY

In partnership with The Gardens Conservancy and Sentient Jet

ON DISPLAY through DECEMBER 28, 2016



Michael Massaia

Aligned with the Festival of Trees *Celebrating Design Through the Decades*, this exhibition will focus on artfully captured moments of design through the ages. Each room of the Ann Norton Sculpture Gardens Gallery will feature different decades of iconic photography.

GALLERY TALKS WEDNESDAYS AT 11 AND SUNDAYS AT NOON

10TH ANNUAL FESTIVAL OF TREES

DECEMBER 2-14, 2016

celebrating
DESIGN
through THE decades

PRESENTED BY
SENTIENTJET
a more thoughtful way to fly.

GALA EVENING, FRIDAY, DECEMBER 2nd - 7PM-10PM

CHILDREN'S GALA, SUNDAY, DECEMBER 11th - 5PM-7PM

COMMUNITY DAYS, DECEMBER 3rd - 10th & 12th - 14th - 6PM-8:30PM

"THE PREMIER HOLIDAY EVENT OF THE PALM BEACHES"

To purchase **TICKETS** visit www.ansg.org
or call 561.832.5328

HISTORIC HOME, ARTIST STUDIO AND RARE PALM GARDENS OF ANN WEAVER NORTON

2051 S. Flagler Drive • West Palm Beach, FL 33401
561-832-5328 • www.ansg.org
Gallery Hours Wed - Sun, 10 am - 4 pm
ANSG Members Free, Non-members \$10



LATEST FILMS

'Doctor Strange'

danHUDAK

punchdrunkmovies.com



★ ★ ★ 1/2

Is it worth \$15 (3D)? Yes

You know you've seen jaw-dropping action scenes in movies. What you don't know is how jaw-droppingly awesome the action is in "Doctor Strange." Please, dear reader, if you enjoy grand visual spectacles that push modern visual effects to new limits, do not miss this movie.

Director Scott Derrickson ("Sinister") takes the sidewalk and road bending of "Inception" to the next level and then some. Characters fight on the sides of buildings and open portals to different dimensions. Skyscrapers split in half, floors change shape and size, and so much more. These aren't just exciting action scenes; they are fantastic visual sequences that truly have to be seen to be believed.

The story holds up well enough. Dr. Stephen Strange (Benedict Cumberbatch) is a brash, arrogant neurosurgeon. His work is his life, which explains why he ignored a relationship with ER doctor Christine Palmer (Rachel McAdams) for the sake of his career. As happens, life soon humbles him.

A car accident leaves the doctor unable to use his hands, and therefore unable to work as a surgeon. After numerous failed fixes, hope emerges as Strange learns of a paraplegic (Benjamin Bratt) who's able to walk again. Soon Strange is off to Nepal to meet The Ancient One (Tilda Swinton), a sorcerer with mystical powers who, in her own words, "reorients the spirit to better heal the body." Strange's superhero training henceforth begins.

The villain is Kaecilius (Mads Mikkelsen), one of The Ancient One's former students, who wants to manipulate time and welcome a dark lord to Earth. Along with The Ancient One, her protégée Mordo (Chiwetel Ejiofor) and a spunky librarian named Wong (Benedict Wong), Strange tries to stop Kaecilius and his zealots from ruining the world.

How does this fit into the Marvel Cinematic Universe? Wong explains that the Avengers protect the world from physical threats while The Ancient One and her sorcerers protect it from mys-

tical threats. Strange also wears the "Time" Infinity Stone, which is the fifth of six stones that will be revealed before the next "Avengers" movie in May 2018.

A word of warning to the easily queasy: Though the film looks great in IMAX 3D, note that (as always) depending on where you sit, even the slightest head tilt might result in a possibly headache-inducing blurry image. Truly, some sequences are visually overwhelming. Usually that's a good thing, but here, given the scale of the images, it can feel like a bit much. If you have a big meal beforehand, and/or are uncomfortable with intricate surgical



procedures, go ahead and watch in regular old 2D. You will still enjoy it, and save a few bucks in the process.

Mr. Cumberbatch — who almost didn't do the film because he was busy with "Hamlet" on stage in London — handles himself well amidst all the computer-generated images surrounding him, as does the rest of the cast. There's also a decent amount of humor here, mostly from Strange's wise-guy remarks, that the otherwise gloomy movie certainly needs. Ultimately, though, it's the bold and imaginative images that make you say "Wow!" and will have you leaving the movie on a high. ■

in the know

>> Stay for the credits. Thor (Chris Hemsworth) makes an appearance.

FILM CAPSULES

Trolls ★★ ★

(Voices of Anna Kendrick, Justin Timberlake, Zoey Deschanel) Trolls Poppy (Ms. Kendrick) and Branch (Mr. Timberlake) try to save fellow trolls from being eaten by the bigger, badder Bergens. The animation isn't impressive, but the mash-ups of pop hits and the strong message of finding one's own happiness are enough to make this worth recommending. Rated PG.

Jack Reacher: Never Go Back ★★

(Tom Cruise, Cobie Smulders, Danika Yarosh) Ex-soldier Jack Reacher (Mr. Cruise) teams up with Major Susan Turner (Ms. Smulders) after they're both framed for murder. A mediocre sequel to the 2012 hit, it's predictable and strains to create interest. Even the action is boring. Rated PG-13.

Inferno ★★ ★

(Tom Hanks, Felicity Jones, Omar Sy) Robert Langdon (Mr. Hanks) wakes in Florence, Italy, with no memory of how he got there, but soon is thrust into stopping a deadly virus that could wipe out half the world's population. Director Ron Howard's ("A Beautiful Mind") pace is brisk and the story is a fun puzzle to piece together. Rated PG-13.

The Accountant ★★ ★

(Ben Affleck, Anna Kendrick, J.K. Simmons) An autistic accountant (Mr. Affleck) is secretly a highly trained killer in this action drama from director Gavin O'Connor ("Warrior"). The role is perfect for Mr. Affleck, the story is gritty in a good way and the action is solid. Rated R. ■

FLORIDA WRITERS

A piercing narrative of what binds and separates parents and children

philJASON

philjreviews@gmail.com



■ **“The Nix” by Nathan Hill.**
Knopf. 640 pages. Hardcover, \$27.95.

Riff is the word I'm looking for. But which definition will succeed in making the connection to Naples resident Nathan Hill's grandly terrific first novel? Here are two from the online Oxford



HILL

English Dictionary: (1) A short repeated phrase in popular music and jazz, typically used as an introduction or refrain in a song; (2) A monologue or spoken improvisation, especially a humorous one, on a particular subject. Many of the most astounding passages in “The Nix” are in a kind of riff style, but the best are extended riffs that go on for many pages. They are boldly and darkly satiric.

Laura Pottsdam, wayward student of English Professor Samuel Anderson, is revealed through riffs that express the self-indulgent thoughts that run through her mind and slither out of her mouth. She is at once airhead and supreme manipulator. She defeats Samuel's attempt to bring her plagiarism to any kind of just resolution. She exhibits a shrewd gamesmanship through which she threatens his career, a career already threatened by his inability to deliver a promised book manuscript to his publisher.

Readers first meet these two characters, and many others, in scenes set in 2011. The major piece of Chicago news that that summer is that a former radical female hippy, now middle-aged, has attacked Governor Packer. That woman is Samuel's mother, Faye, from whom the professor has been estranged since she walked out of their suburban household when he was a boy. Now she had found and lost herself in the violence of the 1968 Chicago riots.

This inventive novel is mostly fashioned by filling in the blanks between occurrences that happened during and between those polar years. A large cast of characters is needed to do this imaginative work, and an astounding representation of cultural and physical environments anchors and validates the characters who moved through them.

Samuel is something of an addict. He spends way too much time playing computer war games, in this case “World of

Elfscape,” inside of which he is Dodger the Elven Thief. Learning about the game and its allure is important to understanding the author's vision. For Samuel, the game keeps his mind off how far his star has fallen (and his marriage fallen apart) since being named a sure-bet young author at the age of 24.

His addiction, however, is nowhere close to the complete absorption into the Elfscape fantasy of the gamer known as Pwnage. The riff that captures Pwnage's failed attempt to free himself from his all-consuming immersion in this fantasy is one of the most amazing stylistic feats in the book. At once hilarious and tragic, it's a kind of shorthand for the theme of emptiness that dominates “The Nix.” The loss of his mother generates the emptiness in Samuel, who succumbs to writing a scandalous attack on her, the woman labeled the Packer Attacker, in place of the novel he cannot produce.

Various degrees and manifestations of emptiness define characters like Faye (defined by departures rather than arrivals), her immigrant father,

Fred, who is lost in memories of his Norwegian boyhood, and both Bishop and Bethany Fall, childhood friends whose lives are intertwined with Samuel's in psychologically disturbing ways (though Bethany's role later takes on redemptive power).

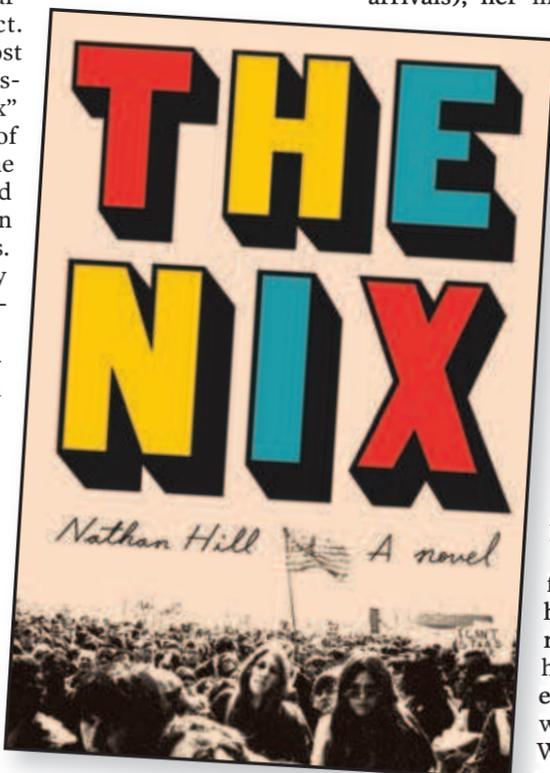
Mr. Hill skillfully marinates his novel in recent American history: the 1968 election season with its Vietnam War shadow, the echoes of 9/11 that conjure American

vulnerability and the slumbering economy that distinguishes the mood of the 2011 sequences. The earlier part of the frame is advanced by the fictional appearances of historical personages, notably Hubert Humphrey and Allen Ginsberg.

I don't read many 600-page novels these days, and yet I might read this one a second time before the year is out. It is so rich in observational power, so masterful in tuning emotional experiences, so carefully balanced in interweaving its story elements, so richly and evocatively stylized. And it is so true to the experiences of those who have sojourned that territory of time, place, crisis and personal evolution. The 600-plus pages went by very quickly, without the temptation to skip any of them.

Widely praised before its late-August publication, this imposing and highly entertaining first novel is certain to collect further accolades. ■

— Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, is a poet, critic and freelance writer with 20 books to his credit, including several studies of war literature and a creative writing text.



Jewish Federation
empowers
lives

With your help, we are
empowering Jewish college
students to **stand up to**
anti-Israeli activity on campus.

Changing. Empowering. Inspiring.



Jewish Federation
OF PALM BEACH COUNTY

100 days of
Impact

On #GivingTuesday (November 29),
answer the call or give online at
jewishpalmbeach.org

#GIVINGTUESDAY

CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnews@florida-weekly.com.

THURSDAY 11/17

Clematis by Night — 6-9 p.m. Thursdays on the West Palm Beach Waterfront, 101 N. Flagler Drive at Clematis Street. Terry Hanck sings the blues and R&B. Info: www.clematisbynight.net.

The Atala Chapter of the North American Butterfly Association — 7-9 p.m. Nov. 17, Pine Jog Environmental Education Center, 6301 Summit Blvd., West Palm Beach. Dean and Sally Jue will speak about Rare Butterflies of North Florida. Free. Guests welcomed. Info: www.nabapalmbeach.org for more information.

An Olde Fashioned Holiday — Nov. 17-19, at the Fieldhouse at Old School Square, 51 N. Swinton Ave., Delray Beach. This is the Pineapple Grove Chapter of the Southern Handcraft Society's 24th annual show. The juried arts and craft show features all handmade items, plus food and candy, raffle prizes. Hours are 9 a.m. to 8 p.m. Nov. 17-18, and 9 a.m.-2 p.m. Nov. 19. Contact Madeline at mhincken@gmail.com.

Palm Beach County Natural Areas Photography Lecture — 1:30 p.m. Nov. 17, North Palm Beach Library, 303 Anchorage Drive, North Palm Beach. Benji Studt gives a 30-minute talk and slide show. Learn about the Adventure Awaits series of free photo workshops in designated Palm Beach County natural areas. Free. 841-3383; www.npblibrary.org.

FRIDAY 11/18

St. Mark's Episcopal Church's Fall Festival Bazaar — 9 a.m.-5 p.m. Nov. 18-19, and 9 a.m.-1 p.m. Nov. 20, St. Mark's Youth Center and Gymnasium, 10635 Gardens East Drive, Palm Beach Gardens. A silent auction, beach cottage chic booth, bears and specialty crafts, Christmas items, children's toys, handmade quilts, gourmet and baked goods, estate and costume jewelry, and a variety of specialty vendors. Info: 622-0956; www.stmarkspsbg.org

November's Sip-N-Shop — 1-5 p.m. Nov. 18 and 25, at Straight From the Heart, 12100 U.S. 1, Suite C, North Palm Beach. Ten percent of the days' total sales benefit Place of Hope. Info: 775-7195 or email AmyleighA@placeofhope.com

The Jove Comedy Live — 6 and 8 p.m. Nov 18, the Performing Arts Academy of Jupiter, 6743 W. Indiantown Road, Jupiter. The early show is a family show. The 8 p.m. show is an adult show. at www.QuiteFranklyShow.com; www.FrankLicari.com.

"Jacques de Beaufort: Aesthetics and Surrealism" — Opening reception at 7 p.m. Nov. 18, The Box Gallery, 811 Belvedere Road, West Palm Beach. On display through Dec. 15. Curator: Rolando Chang Barrero. RSVP at Eventbrite.com.

SATURDAY 11/19

The Junior League of the Palm Beaches' Deck the Palms — 9 a.m.-4 p.m. Nov. 19, at the Palm Beach Convention Center, 650 Okeechobee Blvd., West Palm Beach. More than 125 vendors, a VIP lounge (\$40 cover), silent auction and a showcase of the league's community projects. www.jlpb.org.

The Friends of the Lake Park Library's Book Sale — 9 a.m.-2 p.m. Nov. 19, at the library, 529 Park Ave., Lake Park. Info: 881-3330.

The Jove Comedy Live — Nov. 19, Palm Beach School for Autism at Suri West in Wellington. Get tickets at Eventbrite.com

Lighthouse River Rendezvous — 6-9 p.m. Nov. 19, Jupiter Inlet Lighthouse and Museum, 500 Captain Armour's Way, Jupiter. A waterfront party on the banks of the Loxahatchee River and Jupiter Inlet will feature live jazz by Davis & Dow, a 40-item silent auction and food and beverages from local restaurant partners. A copy of the first-ever art-photography calendar featuring 12 images of the lighthouse taken by local photographers will be included in the ticket price. Tickets are \$75 and can be purchased from the Museum Gift Shop, by phone at 747-8380, Ext. 101, or online at www.jupiterlighthouse.org.

SUNDAY 11/20

Sunday on the Waterfront — 4 p.m. Nov. 20, Meyer Amphitheatre, 104 Datura St., West Palm Beach. Features the Palm Beach Atlantic University Symphony with featured artist Bárbara Padilla, a runner up on the fourth season of "America's Got Talent." BYO blankets and lawn chairs.

TUESDAY 11/22

Left vs Right: The Battle For Israel's Soul — 2 p.m. Nov. 22, Temple Shaarei Shalom, 9085 Hagen Ranch Road, Boynton Beach. Moderated by Brett Sandala. A second discussion will be held at 7 p.m. Nov. 22 at the Mandel JCC, 5221 Hood Road, Palm Beach Gardens. This discussion is moderated by Brooke Wiener. The discussion will focus on the varying views on Israel and the Middle East conflict. Guests speakers include Johnathan Jeremy "JJ" Goldberg and Jonathan Tobin. Info: 242-6671. Register online at jewishpalmbeach.org/leftvsright.

WEDNESDAY 11/23

Art Pop-In Palm Beach — Gallery with art by Edouard Duval-Carrié, Dan Leahy, Silvia Lizama, Austin Manchester, Patricia Nix, Carol Prusa, Patricia Van Dalen and Michelle Weinberg, 101 N. Clematis St., downtown West Palm Beach. Open 2-8 p.m. Nov. 23-Dec. 6. Info: 818-9952.

LOOKING AHEAD

Clematis By Night — 6-9 p.m. Thursdays on the West Palm Beach Waterfront, 101 N. Flagler Drive at Clematis Street. Info: clematisbynight.net

■ **No CbyN on Nov. 24.** Enjoy Thanksgiving.

Hippocrates Thanksgiving 2016 — Noon to 4 p.m. Nov. 24, Hippocrates Health Institute, 1466 Hippocrates Way, West Palm Beach. Reservations are required for this vegan Thanksgiving Celebration. Adults \$40, Kids age 5-12 \$20 in advance. Adults \$50, kids age 5-12 \$25 at the door. All proceeds benefit Hippocrates Scholarship Fund. RSVP to 471-8876; www.hippocratesinst.org/thanksgiving2016.

Ballet Palm Beach: "The Nutcracker" — Nov. 24-27, PBSC's Eisseys Campus Theatre, 11051 Campus Drive, Palm Beach Gardens. Tickets: \$19 and up at balletpalmbeach.org

AT DRAMAWORKS

Palm Beach Dramaworks at The Don & Ann Brown Theatre, 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2; www.palmbeachdramaworks.org.

"Tru" — Dec. 2-Jan. 1.

"Collected Stories" — Feb. 3-March 5.

"Arcadia" — March 31-April 30.

"The Cripple of Inishmaan" — May 19-June 4.

AT DREYFOOS

Dreyfoos School of the Arts, 501 S. Sapodilla Ave., West Palm Beach. 802-6000; soafi.org/events.

Fall Dance Concert — Nov. 18-20. Meyer Hall.

Prism Concert — Nov. 30 at the Kravis Center, West Palm Beach.

AT THE DUNCAN THEATRE

Palm Beach State College, 4200 Congress Ave., Lake Worth. Info: 868-3309; www.palmbeachstate.edu/theatre/duncan-theatre.

Fall Collection — 8 p.m. Nov. 19. Features Miami City Ballet, Ballet Palm Beach, New World School of the Arts, Demetrius Klein Dance Company, BAK Middle School of the Arts and The Dancers Space. Part of Create.DANCE. Florida. Tickets: \$25; series tickets \$45.

AT THE GARDENS MALL

The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. 775-7750.

What's Cooking? With Miss Nancy and Grace — 10:30-12:30 p.m. Nov. 19 in the Kid's Clubhouse, Nordstrom Court. Get Thanksgiving-ready courtesy of Macaroni Kid with Chef's Hat and placemat decorating. www.thegardensmall.com/thegardensmallkidsclub.

Santa's Enchanted Garden Photos — Through Dec. 24. FastPass available.

Pet Photos with Santa — Nov. 20, 27 and Dec. 4.

AT THE KRAVIS

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 832-7469; www.kravis.org.

Ask Your Mama: 12 Moods for Jazz — Nov. 18-19. Ron McCurdy's Quartet performs Langston Hughes Project. \$32. PEAK.

"The Ugly Duckling" and "The Tortoise and the Hare" — Nov. 19. A production of Lightwire Theatre Company. \$12. Family Fare.

AT THE PLAYHOUSE

The Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Info: 586-6410; www.lakeworthplayhouse.org.

"Death by Design" — Nov. 17-Dec. 4.

Movies in the Stonzek Theatre:

"Harry and Snowman" — Nov.

18-24. Director Ron Davis will be on hand for a Q&A Nov. 20, after the 6:45 p.m. show.

"The Entertainer" — Nov. 18-24.

AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$10 adults, \$5 children ages 6-18; free for younger than 6. Jupiter Lighthouse participates in the Blue Star Museums program. Children must be at least 4 feet tall to climb. Tours are weather permitting; call for tour times. RSVP required for most events at 747-8380, Ext. 101; www.jupiterlighthouse.org.

Lighthouse Sunset Tour — Nov. 30, Dec. 14 and 28. Time varies by sunset. \$15 members, \$20 nonmembers.

Lighthouse Moonrise Tour — 4:45 p.m. Dec. 13. \$15 members, \$20 nonmembers.

Twilight Yoga at the Light — 5:45 p.m. Nov. 21, 28, Dec. 5, 12, 19 and 26. Mary Veal, Kula Yoga Shala, leads.

Hike Through History — 8:30-10:30 a.m. the first Saturday of the month. A 2-mile trek. Minimum age 5, ages 13 and younger need an adult who is at least 18 years old. Next hike: Dec. 3.

Lighthouse Story Time & Crafts for Kids — 10:30-11:15 a.m. monthly in the Seminole chickee hut for story time and a craft activity. Ideal for kids ages 8 and younger. Bring a small beach/picnic mat. Free. Next story time: Dec. 6. Reservation required.

AT THE MALTZ

Maltz Jupiter Theatre, 1001 E. Indiantown Road, Jupiter. Tickets: \$56 single tickets. Ask about the four-play and the five-play package. Season tickets are \$202. www.jupitertheatre.org; 575-2223.

"Me and My Girl" — Nov. 29-Dec. 18.

"The Producers" — Jan. 1-29.

"Disgraced" — Feb. 12-26.

"Gypsy" — March 21-April 9.

AT MOUNTS

Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. Info: 233-1737; www.mounts.org.

Stories in the Garden: Garden ABCs — 10-11:30 a.m. the second Saturday. Stacey Burford, youth services librarian, reads, sings songs and teaches kids age 2-6 in the garden.

Next date: Nov. 18. Free.

AT PBAU

Palm Beach Atlantic University — 901 S. Flagler Drive, West Palm Beach. Performances take place at: DeSantis Family Chapel, 300 Okeechobee Blvd., West Palm Beach; Vera Lea Rinker Hall, 326 Acacia Road, West Palm Beach; Fern Street Theatre, 500 Fern St, West Palm Beach; Rinker Athletic Campus, 3401 Parker Ave., West Palm Beach. 803-2970; pba.edu/performances

PBA Theatre Presents: "The Marvelous Wonderettes" — Nov. 17. Fern Street Theatre.

Tauni De Lesseps Student Art Show Opening Reception — Nov. 18. Warren Library.

CALENDAR

An Evening of Diverse Chamber Music — Nov. 18. Vera Lea Rinker Hall.

Sunday on the Waterfront: PBA Symphony — Nov. 20. Meyer Amphitheatre.

Oratorio Chorus Concert: We Praise Thee, O God — Nov. 21. DeSantis Family Chapel.

AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 833-1812; www.palmbeachimprov.com.

RodMan — Nov. 18-19.

Improv's Annual Turkey Contest — Nov. 23.

Cedric The Entertainer — Nov. 25-27.

AT THE SCIENCE CENTER

The South Florida Science Center and Aquarium, 4801 Dreher Park Road, West Palm Beach. Admission is \$16.95 for adults, \$12.95 for children ages 3 to 12 and \$14.95 for seniors aged 60 and older. Admission is free for kids younger than age 3 and museum members. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 832-1988; www.sfsccenter.org.

Our Body: The Universe Within — Through April 23.

LIVE MUSIC

Cafe Boulud: The Lounge — 9 p.m. Fridays, in the Brazilian Court Hotel, 301 Australian Ave., Palm Beach. Info: 655-6060; www.cafeboulud.com/palmbeach.

Camelot Yacht Club — Jazz sessions start at 8 p.m. Tuesdays at Camelot Yacht Club, 114 S. Narcissus Ave., West Palm Beach. TCHAA! Band performs. 318-7675.

The Colony Hotel — 155 Hammon Ave., Palm Beach. Info: 659-8100 or 655-5430; www.thecolonypalmbeach.com.

Motown Fridays with Memory Lane — 9:30 p.m.-12:30 a.m.

Saturday Late Night with the Dawn Marie Duo — 9:30 a.m.-midnight, music and dancing, plus cameos by Royal Room headliners and other celebrity performers.

Royal Room Cabaret — Nicole Henry, Nov. 19 and 26.

Don Ramon Restaurante Cubano & Social Club — Live music Thursdays through Sundays, 7101 S. Dixie Highway, West Palm Beach. 547-8704.

E.R. Bradley's — 104 Clematis St., West Palm Beach. Friday, Saturday and Sunday. Info: 833-3520; www.erbradleys.com.

The Pelican Café — 612 U.S. 1, Lake Park. Jill and Rich Switzer, 7:30-10 p.m. Thursday. 842-7272; www.thepelicancafe.com.

Dawn Marie & Giovanni — They play favorite dinner and dance music 6:30-9:30 p.m. Tuesdays.

Jill & Rich Switzer — 7:30-10 p.m. Thursdays.

Respectable Street Café — 518 Clematis St., West Palm Beach. Info: 832-9999; www.sub-culture.org/respectables.

The Tin Fish — 118 S. Clematis St., West Palm Beach. 223-2497; www.tin-fishclematis.com

ONGOING

The Ann Norton Sculpture Gardens — 2051 S. Flagler Drive, West Palm Beach. Admission: \$10 adults, \$8 seniors and \$5 students. Free for members. Info: 832-5328; www.ansg.org.

"Eye on Photography: A Survey of Contemporary Themes" — Through Dec. 28.

Artisans On the Ave. — 630 Lake Ave., Lake Worth. Info: 582-3300; www.artisansontheave.com.

Irene Jalowayski "One Women Artist" — An opening reception takes place 6-9 p.m. Nov. 19.

APBC Art on Park Gallery — 800 Park Ave., Lake Park. Info: 345-2842; artistsofpalmbeachcounty.com.

APBC Art on Park Gallery's Members 2017 Exhibit — Submission deadline is Dec. 21.

The Armory Art Center — 1700 Parker Ave., West Palm Beach. 832-1776; armoryart.org.

"New & Now: Work by New Faculty Fall 2016" — On display in the East and Greenfield Galleries. It's a multimedia exhibition featuring the work of artists Rosario Alborta, Judith Bert King, Jason LeVan, George Mesa, Ryan Parente from Infinite 3D Printers, Aimee Schulz, Vishan Seenath, Stacy Sollisch, Anna Torlen, Julia Townsend, Terry Widner and Betty Wilson.

The Center for Creative Education — 425 24th St., West Palm Beach. 805-9927, Ext. 160; www.cceflorida.org.

"Wild Florida" — A group exhibition featuring native, wild Florida photography. Through Dec. 17.

The Cultural Council of Palm Beach County — 601 Lake Ave., Lake Worth. Hours: 10 a.m.-5 p.m. Tuesday-Saturday. Info: 471-2901; www.palmbeachculture.com.

Evenings at the Council: Open Mic Night — Nov. 18.

The Flagler Museum — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tickets: free for members; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6 free. 655-2833; www.flaglERMuseum.us.

"Edward S. Curtis: One Hundred Masterworks" — Through Dec. 31.

The Florida Trail Association Loxahatchee Chapter — Leads nature walks. New adventurers are welcomed. Get info and register at www.loxfltrail.org.

Okeehchee Park Walk — 7:30 a.m. Nov. 19, Okeehchee Park, 7715 Forest Hill Blvd, West Palm Beach. A 4-mile leisure paced walk. Call Paul at 963-9906.

The 25th Annual Big "O" Hike — Nov. 20-25. Walk the dike around the lake for a day or two or all six days. A registration form is available on the web site at www.loxfltrail.org. Call Roy at 422-2189.

#SFL TOP PICKS

11.18

■ **"Jacques de Beaufort: Aesthetics and Surrealism"** — Opening reception at 7 p.m. Nov. 18, The Box Gallery, 811 Belvedere Road, West Palm Beach. RSVP at Eventbrite.com

#ONTHEIRTOES

■ **Ballet Palm Beach: "The Nutcracker"** — Nov. 24-27, PBSC's Eissey Campus Theatre, 11051 Campus Drive, Palm Beach Gardens. Tickets: \$19 and up at www.balletpalmbeach.org

#HAHAHAHA

■ **RodMan** — Nov. 18-19, Palm Beach Improv at CityPlace. Info: 833-1812; www.palmbeachimprov.com

■ **Trail Maintenance in Dupuis** — Nov. 25-27. Work off those Thanksgiving calories by helping out. Mow, clip, and blaze the loop trails and ocean to lake hiking trail. Meet at Gate 1 at 8 a.m. Call Bea at 644-0777 or Fred at 585-6386.

Harbourside Place — 200 U.S. 1, Jupiter. Info: 935-9533; www.harbour-sideplace.com.

ONGOING:

■ **Live Music on the Waterfront** — 6-10 p.m. in the amphitheater.

■ **Nash Carey Band** — Nov. 18

■ **Live Music on the Waterfront** — Noon-4 p.m. Sundays in the amphitheater.

■ **Davis & Dow** — Nov. 20.

■ **Tai Chi Class** — 9 a.m. Saturdays. Cost: \$10.

■ **AMPed Yoga** — 10 a.m. Sundays. An all-levels vinyasa yoga class led by Jennifer Martin. \$10. Alison Berkery offers at kids yoga class for \$5.

■ **Annual Tree Lighting Ceremony** — 6 p.m. Nov. 19.

■ **Jupiter Green & Artisan Market** — 10 a.m.-2 p.m. Sundays, year-round.

CALENDAR

Presenting Our 2016  2017 "Season of Stars"

'The Royal Room'

"The Best Dinner & Show South of Manhattan"



'Nicole Henry' Nov. 12, 19, 26

Coming Next... 'T. Oliver Reid' Dec. 3, 10

Colony Hotel, 155 Hammon Ave. PB • 561-655-5430 • www.TheColonyPalmBeach.com

The Colony

DEANA MARTIN
ACCOMPANIED BY AN 18-PIECE ORCHESTRA



DEANA
SINGS
DINO

*Eissey
Campus Theatre*

TICKETS ON SALE NOW
WWW.LEGENDSRADIO.COM/DEANAMARTIN

TUESDAY, FEBRUARY 7TH - 7:30PM

CELEBRATING DEAN MARTIN'S 100TH AND
LEGENDS RADIO'S 3RD BIRTHDAYS

PRESENTED BY
Legends 100.3FM
Where Legendary Music Lives - WLML
Palm Beach County
A Portion of the
PROCEEDS TO BENEFIT
THE SOCIETY FOR THE PRESERVATION OF THE
GREAT AMERICAN
SONGBOOK

WWW.PRESERVEOURGAS.ORG

■ **Jupiter Green & Artisan Market Mid-Week** — 3-7 p.m. Wednesdays, year-round.

■ **The Historical Society of Palm Beach County** — Johnson History Museum, 300 N. Dixie Highway, West Palm Beach. Free admission. Info: 832-4164; www.historicalsocietypbc.org.

■ **"For the Love of the Game: Baseball in the Palm Beaches"** — Highlights of America's favorite pastime in Palm Beach County. Archival photographs and historical artifacts—some of them donations or loans from our community — tell the story.

■ **Jonathan Dickinson State Park** — 16450 SE Federal Highway, Hobe Sound. Park entry is a suggested donation of \$5. Info: 745-5551 or email friend-sjdsp@gmail.com.

■ **Canoe or kayak river tours** — Every Friday and the last Saturday of the month, from 9:45 a.m. to noon. Rent a canoe or kayak at the park's River Store or bring your own for this leisurely guided paddle on the Loxahatchee River. The tour is free with park admission. Registration in advance is required at 745-5551.

■ **The Lighthouse ArtCenter** — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is \$5 Monday-Friday, free on Saturday and for members and exhibiting artists. Info: 746-3101; www.LighthouseArts.org.

■ **3rd Thursday** — 5:30-7:30 p.m. the third Thursday of the month. Wine and passed hors d'oeuvres reception and exhibits, concerts, lectures, art demonstrations, live performances and gallery talks.

■ **The Mandel Public Library of West Palm Beach** — 411 Clematis St., West Palm Beach. Info: 868-7701; www.mycitylibrary.com.

■ **Get Published with the NaNoWriMo Writing Series** — 6-8 p.m. Thursdays until Dec. 8 and 6-8 p.m. Nov. 22. To promote National Novel Writing Month, participants will begin working towards the goal of writing a 50,000-word novel by 11:59 p.m. on Nov. 30. Local author Daphne Nikolopoulos (DJ Niko) will mediate the sessions. A series "Come Write In - National Novel Writing Month" meets from 1:30-4:30 p.m. Nov. 21-23, 26, 28 and 29, for writers to bring in their favorite writing tools and work on their novel surrounded by other local writers.

■ **Pilates:** 10:30-11:30 a.m. Thursdays. Bring your own mat. By donation.

■ **The Norton Museum of Art** — 1451 S. Olive Ave., West Palm Beach. Free admission. Info: 832-5196; www.norton.org.

■ **"Question Bridge: Black Males"** — Through Dec. 18.

■ **Art After Dark** — 5-9 p.m. Thursdays.

■ **The North Palm Beach Library** — 303 Anchorage Drive, North Palm Beach. 841-3383; www.npblibrary.org.

■ **John Blosser presentation** — 11 a.m. Dec. 3. Blosser, a musician and teacher, discusses the history of the mountain dulcimer and accompanies his presentation with popular and original musical compositions played on a variety of dulcimers.

■ **The Palm Beach Photographic Centre** — 415 Clematis St., West Palm Beach. Info: 253-2600; workshop.org.

■ **"Dead Images: Photographs of the Grateful Dead"** — Nov. 19-Jan. 4. From the archives of Robbi Cohn, who first started photographing musicians in 1984, and photographed nearly 400 different concerts. She became the first photographer officially licensed by the Dead. An Opening Reception takes place from 5:30-7:30 p.m. Nov. 18.

■ **The Palm Beach Zoo & Conservation Society** — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m. to 5 p.m. every day, except Thanksgiving and Christmas. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 533-0887; palmbeachzoo.org.

■ **Perfect Vodka Amphitheatre** — 601-7 Sansbury's Way, West Palm Beach. Info: www.westpalmbeachamphitheatre.com/events/. Tickets: 800-345-7000 or ticketmaster.com.

■ **The River Center** — 805 N. U.S. 1, Jupiter. Hours: 9 a.m.-4 p.m. Tuesday-Saturday. The Loxahatchee River District was created more than 30 years ago to monitor and protect the river. Today it's a teaching facility and recreation area that offers programs to enrich the community and the river. Call 743-7123; www.loxahatcheeriver.org.

■ **Safe boating course** — 8:30 a.m.-4:30 p.m. Nov. 19, Jan. 14, Feb. 11, and March 4. Taught by the U.S. Coast Guard Auxiliary Flotilla 52. Free but a \$10 refundable deposit is required to reserve your seat.

SYMPHONIC BAND OF THE PALM BEACHES

'Tis the Season ... for Music!



Join us for "Holiday Fun in the Sun"

* Night in the Tropics * The Night Before Christmas *
* Miami March * Israel Shalom * The Skater Waltz * And More! *

Saturday, Dec. 3, 7:30 p.m., Eissey Campus Theatre
Saturday, Dec. 10, 7:30 p.m., Duncan Theatre

Tickets: \$18 ☎ 561-832-3115 🌐 www.SymphonicBand.org

CALENDAR

Public Tour and Fish Feeding — 2-3 p.m. Saturdays. A staff member leads a tour of the facility, including a touch tank presentation and feeding.

The Society of the Four Arts — 2 Four Arts Plaza, Palm Beach. Call 655-7227; www.fourarts.org.

“Illustrating Words: The Wondrous Fantasy World of Robert L. Forbes and Ronald Searle” — In the Mary Alice Fortin Children’s Art Gallery.

Campus on the Lake Lectures — 805-8562 or visit www.fourarts.org

“Dine with Thomas Jefferson and Fascinating Guests” with James Gabler — Nov. 28. \$10; free for Four Arts members. Book signing and light refreshments to follow. Reservations and tickets required. The Society of the Four Arts, Palm Beach.

“The Nazi Titanic: The Incredible Untold Story of a Doomed Ship in World War II,” with Robert P. Watson — Nov. 30. Book signing follows. Reservations required. The Society of the Four Arts, Palm Beach.

Taste History Culinary Tour — Learn about the flavors, culture and history of local cities on a four-hour guided tasting tour. This family friendly walking and bus tour boards at Macy’s (East Entrance) at Boynton Beach Mall. Reservations required. Tickets: \$45-\$65. Free for younger than 14. Benefits the non-profit Museum of Lifestyle & Fashion History. Info: 243-2662; www.taste-historyculinarytours.org.

Delray Beach/Boynton Beach — Nov. 19

A Thanksgiving Weekend art and culinary tour of Lake Worth and Lantana — Nov. 26.

The Green Market at Wellington — 9 a.m. Saturdays through April 29 at 12100 Forest Hill Blvd., Wellington, next to the amphitheater. Pet friendly. Info: www.greenmarketatwellington.com

Jupiter Farmers Market at El Sol — 9 a.m.-1 p.m. Sundays through April 30, 106 Military Trail, Jupiter. Info: 283-5856; www.jupiterfarmersmarket.com.

Jupiter Green & Artisan Market at Harbourside Place — 3-7 p.m. Wednesdays at Harbourside Place, 200 U.S. 1, Jupiter. New vendors welcomed. Info: 623-5600 or www.harrysmarkets.com.

Riviera Beach Marina Village Green & Artisan Market — 10 a.m.-2 p.m. Saturdays year-round, 200 E. 13th St. at Broadway, Riviera Beach. Info: 623-5600 or www.harrysmarkets.com.

Lake Worth Farmers Market — 9 a.m.-1 p.m. Saturdays, through April 29, Old Bridge Park, 1 S. Ocean Blvd., Lake Worth. Info: 283-5856; www.lakeworthfarmersmarket.com

Lake Worth High School Flea Market — 5 a.m.-3 p.m. Saturdays and Sundays, under the Interstate 95 overpass on Lake Worth Road. Info: 439-1539.

The Gardens GreenMarket — 8 a.m.-1 p.m. Sundays, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. Live entertainment from 9 a.m.-1 p.m. No pets. Through May 7. 630-1100; www.pbgfl.com.

Royal Palm Beach Green Market & Bazaar Veterans Park — 9 a.m.-1 p.m. Sundays, Veterans Park, 1036 Royal Palm Beach Blvd. Royal Palm Beach. Through April 30. Pet friendly. www.rpbgreenmarket.com

Jupiter Green & Artisan Market at Harbourside Place — 10 a.m.-2 p.m. Sundays year-round, 200 N. U.S. 1, along the Intracoastal Waterway in Harbourside Place. Pet friendly. New vendors should call 623-5600 or visit www.harrysmarket.com.

The Green Market at Palm Beach Outlets — 11 a.m.-4 p.m. Sundays, 1751 Palm Beach Lakes Blvd., West Palm Beach. Arts and crafts, fresh flowers, homemade foods, organic produce. Info: 515-4400; www.palmbeachoutlets.com. ■

AREA MARKETS

West Palm Beach Antique & Flea Market — 8:30 a.m.-2:30 p.m. Saturdays through May on Narcissus Avenue north of Banyan Boulevard. Free. Info: www.wpbantiqueandfleamarket.com.

The West Palm Beach Greenmarket — 9 a.m.-1 p.m. Saturdays along the West Palm Beach Waterfront, 100 N. Flagler Drive, downtown West Palm Beach. Parking is free in the Banyan and Evernia garages during market hours. Info: www.wpb.org/greenmarket.

Sara’s Kitchen

SERVING BREAKFAST & LUNCH





WE NOW HAVE EGG-LAND’S BEST CAGE FREE LARGE EGGS

No Hormones or Antibiotics • 100% Vegetarian Feed

2000 PGA Blvd., Suite A3140, Palm Beach Gardens
SW corner of PGA Blvd & US Hwy 1 • City Centre Plaza
561-540-2822 • www.saraskitchenpalmbeachgardens.com
Mon-Fri: 7 AM-2:45 PM • Sat-Sun: 7 AM-1:45 PM



An American Bistro & Bar

THANKSGIVING AT TABOO

ENJOY A DELICIOUS THREE COURSE THANKSGIVING DINNER WITHOUT THE STRESS.

\$39.00 go to TabooRestaurant.com for menu



OPEN 7 DAYS LUNCH & DINNER 11:30 AM - 10:00 PM

SUNDAY BRUNCH 11:30 AM TO 3:00 PM

221 WORTH AVENUE, PALM BEACH, FL 33480

561.835.3500



MANDAL JCC
palm beaches



TEMPLE BETH AM
All of us together



The One School
at Temple Beth Am



TEMPLE BETH DAVID

Winter Wonderland

HOLIDAY BOUTIQUE

Free and open to the community



Sip and Shop

November 17

5-8pm

Shop

November 18

8:30am-4pm

Mandel JCC

5221 Hood Road

Palm Beach Gardens

For more information please contact Lissa at LissaS@JCCOnline.com

The mission of the Mandel JCC is to build community and enhance connection to Jewish life.

5221 Hood Road, Palm Beach Gardens • JCCOnline.com



SOCIETY

Jupiter Medical Center Foundation's



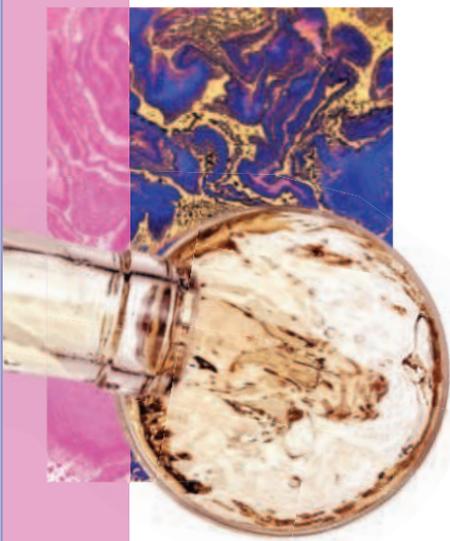
FREE *Style* FRIDAYS



FOOD • *Fashion* • MUSIC
Drinks • DEALS • *Fun!*

SIP & STROLL
NOV 18TH • 5:30

- Tasty treats • Drink samples • FreeStyle DJ • Stylist t
- Check out the latest arrivals at the boutiques
- Register to win a Boca Raton Resort & Club 3day/2nigh and spa treatments or a Shopping spree at Downtown



DOWNTOWN
at the gardens



DowntownattheGardens.com



Sponsors:

Palm

SOCIETY

Highballs & Hibiscus, PGA National



COURTESY PHOTOS

1. Adam Lee, Brooke McKernan, Richard Rendina and John Couris
2. Chelsea Lasater, Ben Lasater, Shannon Perez and Justin Perez
3. Jay Cashmere, Kelly Cashmere, Rena Toppe Ueltschi, Gina Sabean and Jeff Sabean
4. Genie Smith, Wendy Montesdeosca, Lori Roth, Whitney Perkins and Tanja Ajay
5. Patti Walczak and Paul Walczak
6. John Byrn, Ashley Fogg-Schutz, Jenn Byrn, Jessica Wojtanowski and Dave Wojtanowski
7. Chelsea Reed, Mariana Lehyki and Dina Turner
8. Richard Gaff, Danni Melita, Lauren Walker and Colin Walker
9. Sal Tiano, Kim Tiano, Sara Nestro and Rich Nestro
10. Jennifer Rhine, Beth Mourelatos, Michele Jacobs, Tiffany Freisberg, Erin Devlin, Denise Brestle, Celine Pelofi and Megan Hickey
11. Taylor Aguirre, Anthony Aguirre, Kelli Schaming, Jamie Fago, Joey Fago, Jessica Alden, and Andrew Keller
12. Stephanie Walczak, Elizabeth Fago, Liv Vesely and Jessica Mastroianni



WITH STYLE!
5-8:30PM • FREE

tips
 Light stay with dinner
 at the Gardens!



The Blend Bistro
 The Cheesecake Factory
 Dirty Martini
 Fro-Yotopia
 Grimaldi's Coal
 Brick-Oven Pizzeria
 It'Sugar
 MJ's BistroBar
 Paris in Town Le Bistro
 Sloans Ice Cream
 The Spice & Tea Exchange
 Texas de Brazil
 TooJay's
 Yard House
 Whole Foods Market

Come to **Downtown at the Gardens** for dining, drinks or both. Whether happy hour with friends, a romantic dinner for two, lunch with your workmates or dinner with the family, we've got the perfect menu to suit your inner foodie.
Downtown at the Gardens. All tastes for all people.

Over 2400 **FREE** Parking Spaces
 and Our Valet is Always **FREE!**

DowntownAtTheGardens.com

MALTZ JUPITER THEATRE PRESENTS

Me and My Girl

NOV 29 – DEC 18

Fun for the entire family!

This heart-warming dance sensation follows an unrefined charmer who learns he is heir to the Earl of Hareford. But, he'll only earn his inheritance if he gives up his true love. Will love or money win?

School Spirit Night FRI, DEC 2

Deaf Night Out TUE, DEC 13

Family Show Time FRI, DEC 16

FOR TICKETS: (561) 575-2223

www.jupitertheatre.org

1001 EAST INDIANTOWN ROAD, JUPITER, FL 33477

MALTZ JUPITER THEATRE

HAPPENINGS

From page 1

revealing itself in the thick fog.

“Sea Fog” is in Korean with English subtitles. The 111-minute film was directed by Sung-Bo Shim and released in 2014. The film will be show in the Third Floor Auditorium at the Mandel Library, 411 Clematis St., in downtown West Palm Beach. For more information, call 868-7701 or visit www.wpb.org/mycitylibrary.

World Series

“For the Love of the Game: Baseball in the Palm Beaches,” an exhibition at the Richard and Pat Johnson Palm Beach County History Museum, opened on Sept. 6, with a look at local baseball over the last 120 years.

After the Cubs’ history-making win, explore the history and backstories of the game of baseball through its baseball heroes, including some who grew up running the bases in the Florida heat. What’s most fascinating is the role Henry Flagler played in the growth of baseball as America’s favorite pastime. The museum is on the third floor of the renovated historic 1916 Courthouse.

Mark your calendar for two upcoming baseball lectures:

Kevin M. McCarthy speaks about “Baseball in Florida, one of his many books, on Jan. 11.

Tommy Hutton, the former major league player, speaks on Feb. 8.

The exhibit will be open until July 1. Info: 832-4164; www.hspbc.org.

Rock show

The 50th Annual Gem, Mineral, Bead, Jewelry & Fossil Show returns to the Expo Center at the South Florida Fairgrounds,

9067 Southern Blvd., West Palm Beach, on Nov. 19 and 20. Hosted by the Gem and Mineral Society of the Palm Beaches, this show features 80 dealers from all over the country offering a wide range of merchandise: Fine jewelry, Southwestern jewelry, loose beads, rocks and minerals for specimen collecting and cutting, loose precious and semiprecious gemstones, settings and findings, fossils, meteorites, tools, and books, plus educational activities, demonstrations, speakers and exhibits. Admission is \$9 for adults, or get a two-day pass for \$12. Children younger than age 12 are admitted free. Get a coupon for \$2 off admission at www.gemandmineralsociety.org. Hours: 9 a.m.-6 p.m. Nov. 19 and 10 a.m.-5 p.m. Nov. 20. Info: 588-5458.

Prodigy performs

Chelsea Chen, artist-in-residence at Coral Ridge Presbyterian Church in Fort Lauderdale, is the first young artist to play the organ at the Kravis Center as part of the Young Artist Series. She’ll play the new Marshall & Ogletree Opus 11 digital organ, named The George W. Mergens Memorial Organ, in March, thanks to a gift from Alex W. Dreyfoos.



CHEN

The 32-year-old artist earned a bachelor’s and a master’s degree from The Juilliard School, and an Artist Diploma from Yale University. The *Los Angeles Times* praised Chen’s performances for her “rare musicality” and “lovely lyrical grandeur.” Ms. Chen has also been featured on “Pipedreams,” a popular radio program that focuses on organs and organists.

Tickets are \$30 at 832-7469 or www.kravis.org. ■

SOUTH FLORIDA'S

95.9 the Palm

SOFT & RELAXING FAVORITES

BILLY JOEL

EAGLES

ELTON JOHN

MADONNA

959THEPALM.COM

DOWNLOAD THE 959THEPALM APP

561-627-9966



Photo by Kristian Schuller

L'AMOUR DE LOIN

LIVE ON SCREEN AT THE SOCIETY OF THE FOUR ARTS

Saturday, December 10, 2016 at 1 p.m.
TICKETS \$27 OR \$15 FOR STUDENTS

Finnish composer Kaija Saariaho’s breakthrough opera was described by the New York Times as “transfixing...a lushly beautiful score.” The groundbreaking new production is unlike anything on stage at the Met, and it is the dramatic story of a knight on a quest with his beloved on the other side of the sea.



THE SOCIETY OF *The Four Arts*
www.fourarts.org | 2 FOUR ARTS PLAZA | PALM BEACH, FL | 561-655-7226



The Metropolitan Opera
The Met: Live in HD series is made possible by a generous grant from its founding sponsor
The Neubauer Family Foundation



Global sponsorship of The Met: Live in HD is also provided by
Bloomberg Philanthropies
The HD broadcasts are supported by
Toll Brothers
America's Luxury Home Builder

FOUR ARTS. FOR EVERYONE.



COURTESY PHOTO

Mandy Patinkin says he loves the frisson of a live show.

PATINKIN

From page 1

with darkness,” he said. “Shakespeare did as well. And I think what we all have in common is we’re trying to turn the darkness into light. Another favorite lyricist of mine is Yip Harburg, who wrote the words to ‘Somewhere Over the Rainbow.’ I look for songs that teach me how to have fun, how to be silly, how to be serious, how to be thoughtful, how to talk to my kids, my fellow citizens and so on. Songs that help me get through the moment — such as this last election.”

Mr. Patinkin, a staunch Democrat, said that while he was disappointed with the election results, he has decided to let it energize rather than deflate him.

“This election and our defeat has empowered me and inspired me to raise my voice with greater courage whenever possible,” he said. “And to respect my fellow Americans — many of them my neighbors and friends — who voted differently from me and wanted a different kind of attention paid. I think it was a wakeup call to all of us to see how polarized some of us are, but we are all Americans — neighbors and brothers and sisters. And I just beg of all of us as individuals, as families, as communities, to listen to each other and hear each other’s differences and to move on with the great spirit of a country that leads — not only ourselves, but the world at large.”

Mr. Patinkin’s résumé boasts some of the most remarkable Broadway, film and TV shows in recent memory. The Emmy and Tony award-winning actor is probably best known for his Broadway roles as Che in “Evita” and Georges Seurat in “Sunday in the Park with George,” while his television credits include “Chicago Hope,” “Criminal Minds” and “Homeland.” And he had the immortal line from the film “The Princess Bride” in which he says, “Hello. My name is Inigo Montoya. You killed my father. Prepare to die.”

“I never dreamed that movie would become what it became,” he laughed. “There has been generation after generation of kids and parents and grandparents that come up to me, wanting to hear me say those words. I never would have

dreamt that in my whole life I’d be part of my generation’s ‘The Wizard of Oz.’ And now again with ‘Homeland,’ which critics and audience have responded to so well. I’m so thankful for these extraordinary experiences and the gifted artists with whom I have worked.”

The songs Mr. Patinkin will perform in his solo show at the Kravis Center became classics because they contain simple ideas that resonate with all of us.

“They contain ideas we all want and need to hear over and over again,” he said. “That’s why I can sing them for thirty years and not get tired of them. And it’s never the same material. I never know what I’m going to do. I have about 13 hours’ worth of material and I sometimes choose what I’m going to sing, as I go along. I base it on what happens during the show, what’s going on in the world or what pops into my head. I liken my show to a sushi restaurant I used to go to, where I would order a dish called ‘Trust Me.’ The chef would always serve something different, but great.”

For Mr. Patinkin, there’s nothing like the frisson of a live show.

“I certainly love that,” he said. “You can’t replace being with an audience, live. There’s nothing that beats it. They inform me. We work together and they are part of the experience.”

Mr. Patinkin related the experience of connecting with an audience to his title role in the Sondheim musical “Sunday in the Park with George.”

“That show really formed and shaped a profound part of my life,” he said. “The simple words that lyricist James Lapine repeated throughout the show, which are, ‘Connect, George, connect.’ That word, connect, is a word I want on my tombstone: ‘He tried to connect.’ That’s what I try to do in my work in front of a camera, behind a microphone, on stage.” ■

in the know

Mandy Patinkin, “Dress Casual”

- >> **When:** 8 p.m. Nov. 27
- >> **Where:** The Kravis Center, 701 Okeechobee Blvd., West Palm Beach.
- >> **Cost:** \$25-\$135.
- >> **Info:** 832-7469 or www.kravis.org.

PUZZLE ANSWERS

A	M	E	N	D	P	I	C	K	L	E	S	A	M	A	N	T	H	A
S	E	W	E	R	A	V	O	W	A	L	P	R	O	C	U	R	E	D
C	A	E	S	A	R	S	A	L	A	D	S	A	T	R	E	T	A	I
O	N	E	T	W	O	N	O	N	G	R	I	P	E	I	N	E		
T	Y	K	E	M	A	I	N	S	E	E	K	S	H	E	L	T	E	R
S	I	E	G	F	R	I	E	D	A	N	D	R	O	Y	O	A	S	I
I	S	M	C	O	N	V	E	N	T	G	R	A	S	S	I	L	E	
A	L	O	E	G	I	L	D	D	I	A	R	Y	U	C	L	A		
M	E	L	L	O	W	C	E	A	S	E	A	N	D	D	E	S	I	S
L	I	L	A	C	J	A	R	S	O	R	E	L						
S	E	I	Z	E	T	H	E	M	O	M	E	N	T	W	A	R	I	E
A	R	E	A	C	A	R	O	B	L	O	R	I	S	A	W	A		
A	N	N	C	H	R	I	S	P	I	N	A	T	A	S	N	O	T	
B	O	T	C	H	S	C	E	N	I	C	O	V	E	R	L	O	O	K
C	E	N	O	Z	O	I	C	E	R	A	A	L	S	O	M	A	S	T
A	X	I	S	G	R	A	D	G	I	G	S	O	O	T	H	E		
S	A	L	E	S	M	A	N	T	H	E	S	E	V	E	N	S	E	A
A	L	L	S	T	A	T	E	D	U	N	L	A	P	M	E	A	N	T
S	T	A	T	U	S	E	S	S	N	E	E	R	S	E	S	T	E	S

2	9	7	5	8	4	6	1	3
6	3	8	2	1	7	4	9	5
4	5	1	3	6	9	2	7	8
1	7	6	8	2	5	3	4	9
9	2	3	4	7	6	8	5	1
5	8	4	9	3	1	7	6	2
3	6	9	7	5	2	1	8	4
8	1	5	6	4	3	9	2	7
7	4	2	1	9	8	5	3	6

FLAGLER MUSEUM



“An absolute must-see” - National Geographic Traveler

For a free 2016-2017 Season Program Guide visit www.FlaglerMuseum.us or call (561) 655-2833

Edward S. Curtis: One Hundred Masterworks
On view through December 31, 2016



An Oasis in the Badlands by Edward Curtis, 1905.

The Fall Exhibition features extraordinary vintage photographs of the North American Indian by Edward S. Curtis. Born in 1868, Curtis first encountered intact Native American culture on a trip to Montana in 1900, sparking a monumental quest to safeguard and preserve the sacred legacy of the North American Indian for future generations.

Café des Beaux-Arts Open for the Season in the Flagler Kenan Pavilion
November 25, 2016 through April 16, 2017

Annual Christmas Tree Lighting Festivities and Special Holiday Lecture
December 4, 2:00 - 5:00 p.m.

HENRY MORRISON
FLAGLER MUSEUM
PALM BEACH, FLORIDA

A National Historic Landmark
One Whitehall Way
Palm Beach, FL 33480



Call (561) 655-2833 or visit www.FlaglerMuseum.us

ROYAL POINCIANA CHAPEL 28th Christmas Boutique



Boutique Clearance Sale
and
Fabulous Vintage Finds
Jewelry and Purses

Friday, November 18th
9:30 a.m. – 1:30 p.m.

and
Sunday, November 20th
11:30 a.m. – 2:00 p.m.

Royal Poinciana Chapel
60 Coconut Row, Palm Beach | 561-655-4212

FEST

From page 1

Avenue shops — now called The Esplanade — by Shamin Abas Public Relations.

“It was designed to bring a new audience into 150 Worth and reignite the interest of those who knew of it but didn’t come to shop there often anymore,” Ms. Abas said. A new mix of tenants to showcase and a few new restaurants in the area sparked the idea of food with fashion.

Chefs who presented came from the plaza and immediate area, primarily from Palm Beach. Echo and the Palm Beach Grill were first-year participants.

“David began working on it when it was a year or two in. He did such a good job with it, when my focus was turning to New York and the things we were doing there, I told him he was welcome to take it over and continue to grow it. He had such passion for it, and a very clear vision on its potential.”

Today, chefs and restaurants from around the state, along with Food Network stars, will be involved in either chef collaborative dinners, or at the grand tasting, where the original dine-around is recreated on a much larger scale.

“We started (in 2006) with 28 restaurants, I think, and for this year, 56 are already confirmed,” Mr. Sabin said in an interview weeks prior to the festival. It was a three-hour affair at the start, and now is 16 or 17 events over four days with at least 10 properties involved.

The organizer has had his own whirlwind year planning the anniversary event — along with his own wedding this summer to chef Lindsay Autry, and helping her open The Regional restaurant in City-Place in September.

“It’s been life in the fast lane this year, for sure. But it’s all good blessings.”

He’s looking forward to new chefs and events at this year’s festival meant to attract different age groups.

“Special for me this year is the opportunity to grow the events. Seeing new faces, like the Okeechobee Steakhouse, and seeing the old favorites — Echo, Palm Beach Grill, returning. We’re growing both south and north,” he said, referring to participating chefs coming from Miami and down from Martin County.

Dinners, lunches, and chef parties are planned again, with a couple of chef contests thrown in, including the Street Food Battle Royal.

Eau Palm Beach will host a breakfast event; the Palm Beach Grill will open one day for a lunch; and a grill competition with top celeb chefs such as Marc Murphy, Ken Oringer, Adam Richman, Anita Lo and others will be at the Four Seasons Resort.

Kids Kitchen a favorite

“Events that stand out for me are the



COURTESY PHOTOS

Chef Daniel Boulud hosted “Daniel & Friends” at Café Boulud last year. That will return this year on Dec. 11.

kids put on their chef’s hats and shirts — and learn. And they continue to come back every year: they bring pictures from last year and get them autographed.”

The teaching chefs include “Restaurant Impossible” star Robert Irvine, a crowd favorite, and Jeremy Ford, who brings his daughter to the class to join in. “It’s great to see the chefs cook with their own kids,” he said.

“And I think another one — and I’m biased — but still, lunch at The Regional. We’ll be open for lunch by then. Lindsay has been such a big part of the event, helping with logistics and planning the culinary. This will be her first opportunity for hosting an event.”

Newcomers of note bring a varied take on the foods featured at the collaboration dinners, he said, naming several. “Brad Kilgore of Alter and Blackbrick in Miami — he’s named one of the top new chefs of 2016 by *Food & Wine* magazine, and he’s nominated for a James Beard Award. He’s phenomenal. Lee Wolin of Boka in Chicago — he’s a Rising Star chef. Jonathon Sawyer he has several restaurants — Trentina and the Greenhouse Tavern and some other restaurants in Cleveland — he’s a James Beard chef.”

Closer to home are chefs from Palm Beach — Clay Conley of Buccan, Imoto and Grato; Aaron Black of PB Catch; and Julien Gremaud of Avocado Grill; Miami’s



The Chillin’ N’ Grillin’ event, set for Dec. 10 at the Four Seasons, already is sold out.

upcoming Bird and Bone restaurant, and crowd favorite Michelle Bernstein.

Mr. Sabin is expecting chefs to bring more diversity, and fresh foods to the table, especially at the grand tasting. “Years ago, you might see some pork belly or steam buns, but not like the international foods today with specialized ingredients and fresh foods, especially.”

Chefs are better at staging these events off-site, too, he said. “They know what it’s like to prepare 750 bites for taking onsite.”

Eric Grutka, a three-time winner at the Grand Chef Throwdown at the festival, returns to serve his foods from Ian’s Tropical Grill.

Mr. Grutka says he won’t be competing in the contest held at The Gardens Mall. “They threw me out,” he said. “I won three times in a row. I guess they wanted to change things out. But we’ll be there Sunday for the grand tasting.”

Over the years, he’s seen the trends at the festival. “I remember that year when every chef made beef shortribs. Usually there’s a lot more variety. One year, there was a lot of ceviches. Maybe we get hooked on a trend,” he said.

More fresh; less foam

Bruce Feingold, chef at Dada in Delray Beach, remembers the shortribs, too. Later, it was foams and bubbles.

“I think we’re getting rid of the ‘gastronomy.’ Sooner or later it’s overkill. Last year at the mall, I did the brulee watermelon: Sea salt with caramelized sugar, with smoked sheep feta and arugula with pesto. It’s a pretty good dish — I’m serving it on the brunch menu.

“This year, I may do a shrimp dish,” he said, musing about a take on a bagel using the shrimp as “lox” and a schmear of mascarpone for the cream cheese.

Mr. Grutka is going with chicken, with a big twist.

an osso buco like bite: a Frenched bone-on chicken thigh. I double-fry it, using egg white and rice flour, then have a soy sauce that we roll it in. We call them crack: cracklin’s — because they’re like crack candy — they order them over and over.”

Every year gets better for both chefs and the festivalgoers, though at times, there are growing pains, as Mr. Grutka noted.

The chefs and guests approved when judges from the Food Network were brought in for the chef competition, lending it an entertainment flair and drawing Food Network fans.

“Last year, it was a different environment (at the mall),” he said. “They outgrew the space on Worth Avenue and I understand the reason for the move. They can accommodate a lot more chefs and people. It was a little bit different for the chef competition. Harder to watch — at the Worth Avenue place, the chefs were down below in a pit area and you could watch from above.

“I hope they set up a stage this year — it was hard to see it.”

A new format for the Grand Chef competition includes the winner of the Chef vs. Chef contest held by Max’s Harvest in Delray. Chef Clay Carnes won, and will represent the challenger against two chefs who win a social media contest. Winner will have \$10,000 donated in their name to the charity they choose.

Mr. Sabin explained it’s a way to work technology-friendly guests into the process of choosing who competes.

Keeping fest small

The organizer agrees it’s tough to make changes. “We try to improve on it every year, but there’s a learning curve with everything.” He’s growing the fest slowly, not really wanting to get so big it’s no longer the event people remember.

He doesn’t give hard numbers, but says the fest breaks even, pretty much. “It was in the deep red for years, so this is actually good. It’s not really a money-making proposition. We can’t charge what it’s worth for say, the Kids Kitchen event.”

Prices range from \$75 to \$170; many events are already sellouts.

As for it growing as big as South Beach Food and Wine Festival, it won’t happen, he said, though he admires Lee Schrage, the organizer, as a mentor for success.

“I don’t think Palm Beach lends itself to the SoBe experience.” ■



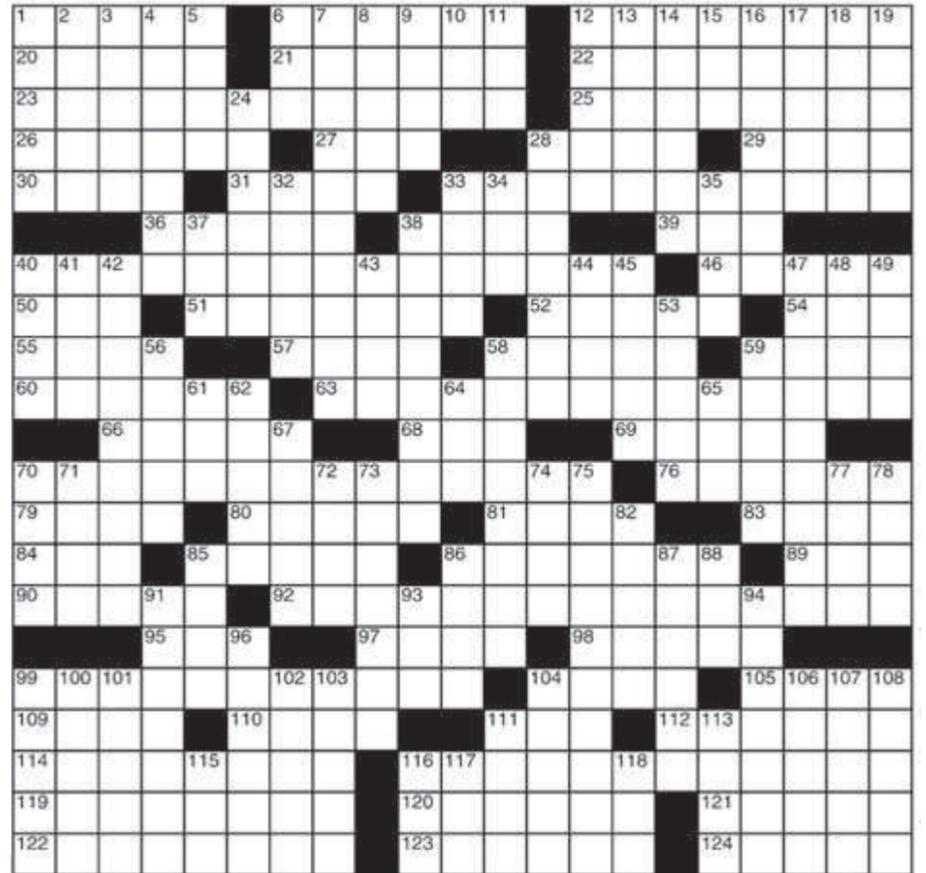
COURTESY PHOTO

The Palm Beach Food & Wine Festival’s Grand Tasting is set for Dec. 11 at The Gardens Mall.

PUZZLES

STARTING SOUND-ALIKES

- ACROSS**
- 1 Modify, as a bill
 - 6 With 68-Across, deli container
 - 12 "Bewitched" witch
 - 20 Stinky stream system
 - 21 Confession
 - 22 Acquired
 - 23 They have bases of romaine
 - 25 Common way to sell goods
 - 26 Boxing double-whammy
 - 27 Prefix with hazardous
 - 28 What cleats improve
 - 29 Article of Cologne
 - 30 Young 'un
 - 31 Leading
 - 33 Try to find a safe place
 - 36 Irishmen, e.g.
 - 38 Jokester Jay
 - 39 Skit show since '75
 - 40 Onetime popular pair in Vegas
 - 46 Spring in a dry stretch
 - 50 Doctrine suffix
 - 51 Nunnery
 - 52 Lawn stuff
 - 54 Ending for duct
 - 55 Shampoo additive
 - 57 Embellish richly
 - 58 Book by a bed
 - 59 The Bruins of the NCAA
 - 60 Hardly harsh
 - 63 Halt, legally
 - 66 Pale violet
 - 68 See 6-Across
 - 69 Socialist philosopher
 - 70 Live for right now
 - 76 Less trustful
 - 79 Place
 - 80 Chocolate stand-in
 - 81 Petty of Hollywood
 - 83 "I never — purple cow ..."
 - 84 — Taylor (clothing retailer)
 - 85 Matthews of "Hardball"
 - 86 They're hit at parties
 - 89 NSFW part
 - 90 Bungle
 - 92 Vista points
 - 95 Was in command of
 - 97 Royals manager
 - 98 Qatari chiefs
 - 99 It began with the Tertiary Period
 - 104 Plus
 - 105 Tar's spar
 - 109 Line crossing the origin
 - 110 One with a B.A., say
 - 111 Jazz band's engagement
 - 112 Appease
 - 114 Guy hawking
 - 116 Alternate title for this puzzle
 - 119 Geico alternative
 - 120 Grosset & — (book publisher)
 - 121 Denoted
 - 122 Social climbers' concerns
 - 123 Smiles derisively
 - 124 Old politico
 - 1 K Foppish tie
 - 2 Spiteful type
 - 3 Tech mag
 - 4 Retirement savings
 - 5 No-win situation
 - 6 Ballet step
 - 7 Goran of tennis
 - 8 Two-dot mark
 - 9 Michelle of figure skating
 - 10 Young 'un
 - 11 Letters before ems
 - 12 Flash
 - 13 MGM motto
 - 14 Changes gradually
 - 15 One, in Yahtzee
 - 16 Sweet bread spread
 - 17 Property
 - 18 German poet
 - 19 Actress
 - 24 "Night of the Living Dead" director
 - 28 Atlanta locale
 - 32 Ding- —
 - 33 Email folder heading
 - 34 Last part
 - 35 905-year-old in Genesis
 - 37 N.Y. Jets' ap.
 - 38 Get hired
 - 40 Chang and Eng's land
 - 41 Capri or Ely
 - 42 Skin softener
 - 43 Proof mark
 - 44 City in Algeria
 - 45 Prison parts
 - 47 Pastoral folk
 - 48 Troubles
 - 49 See 104-Down
 - 53 "The Exorcist" actor
 - 56 Doolittle of "Pygmalion"
 - 58 Run-down
 - 59 Exploitative sorts
 - 61 Shout to a matador
 - 62 Timepiece
 - 64 Cooke with soul
 - 65 MLB stat
 - 67 Burns partly
 - 70 Car from Sweden
 - 71 Rubik of Rubik's Cube
 - 72 Funny Idle
 - 73 Sauntered
 - 74 It's prohibited
 - 75 Trip-taking equipment
 - 77 "Star Wars" furball
 - 78 "Shoot!"
 - 82 Bullet points
 - 85 At the home of, to Henri
 - 86 Galileo's birthplace
 - 87 Songlike
 - 88 35mm camera choice
 - 91 Least far-off
 - 93 —wester
 - 94 Diffuses gradually
 - 96 Sets of doctrines
 - 99 Houses, in Havana
 - 100 Praise highly
 - 101 — Wafers
 - 102 Plenty angry
 - 103 Alternatives to walkers
 - 104 With 49-Down, option for an air passenger
 - 106 Really irked
 - 107 1953 Alan Ladd film
 - 108 Lab activities
 - 111 Heredity unit
 - 113 "My treat"
 - 115 Role in "The Hangover"
 - 116 NFL coups
 - 117 Savage sort
 - 118 Corp. execs



SEE ANSWERS, B13 ▶

HOROSCOPES

SCORPIO (October 23 to November 21) A tense personal problem needs to be talked out before someone decides to walk out. Resist making decisions until full explanations are offered from both sides.

SAGITTARIUS (November 22 to December 21) A technological glitch that caused problems recently will soon be repaired, and life can return to normal. A colleague has a surprising message to deliver.

CAPRICORN (December 22 to January 19) Your partner might feel that you haven't been as open with him or her as you should be. Deal with this now, before it turns into something more difficult to handle.

AQUARIUS (January 20 to February 18) Good news: Many of the stumbling blocks that affected the progress of some of your career projects are fading away. Things also start to look up on the home front.

PISCES (February 19 to March 20) You'll need that strong Piscean

pluck to get through waters that will be turbulent for a while. A more positive aspect soon emerges, along with some welcome news.

ARIES (March 21 to April 19) Keep those sharp Sheep eyes focused on a hazy situation. As things begin to clear up, you'll find a sharper picture emerging, showing something you will need to know.

TAURUS (April 20 to May 20) Watch your expenses through the end of the month. Later, you'll be glad to have extra money to pay for something that will make an acquisitive Bovine's heart beat faster.

GEMINI (May 21 to June 20) You're now ready to make that oft-deferred commitment, if you still believe it's what you want. Don't be afraid to change your mind if you feel you should go in another direction.

CANCER (June 21 to July 22) Now that you are moving on with your life after that recent disap-

pointment, how about reactivating your travel plans and taking someone special along with you.

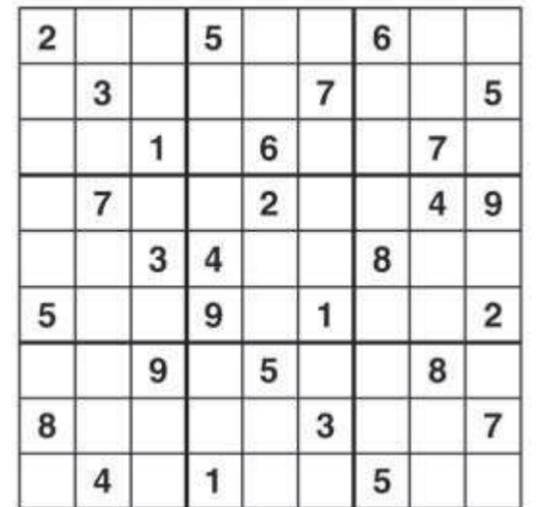
LEO (July 23 to August 22) Many new friends come into your personal life, which suits all of your social Lions just fine. However, one new friend might make demands that you could find difficult to deal with.

VIRGO (August 23 to September 22) Communication doesn't exist unless it's two-way. So if you're getting no replies to the signals you're sending, it could be time to look for someone more receptive.

LIBRA (September 23 to October 22) A workplace complication that you thought was ironed out develops new wrinkles that need attention. Meanwhile, expect continuing improvement in your home life.

BORN THIS WEEK: You are zealous in the pursuit of truth. You would make an excellent research scientist. ■

By Linda Thistle



Difficulty level:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

SEE ANSWERS, B13 ▶



FREE WI-FI

MILITARY TRAIL
PGA BOULEVARD

Deli Selections

- CORNED BEEF + PASTRAMI
- TURKEY "OFF THE FRAME"
- BRISKET + SMOKED FISH
- PITAS & WRAPS
- HOMEMADE SOUPS
- BREAKFAST OMELETS
- PANCAKES + BLINTZES
- GLUTEN FREE BREADS

CELEBRATING 20 YEARS

THE Boulevard
RESTAURANT & GOURMET DELI

GARDEN SQUARE SHOPPES + 10961 N. MILITARY TRAIL PALM BEACH GARDENS
(PUBLIX PLAZA + NW CORNER MILITARY & PGA)
561-776-8700 + WWW.BOULEVARDGOURMETDELI.COM

All Day Breakfast "On The Boulevard"



WEST PALM BEACH
ANTIQU & FLEA MARKET

EVERY SATURDAY OCT-MAY!
8:30AM TO 2:30PM

PET FRIENDLY | FAMILY FRIENDLY | FREE ADMISSION | FREE PARKING



PHONE: 561-670-7473

FOLLOW US ON FACEBOOK

TWITTER: @WPBAFMARKET

EMAIL: WPBANTIQUEANDFLEA@GMAIL.COM

WPBANTIQUEANDFLEAMARKET.COM

Rising Stars and Legends at the Kravis Center!



Young Artists Series

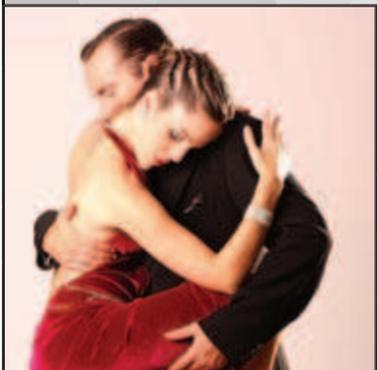
CHELSEA CHEN, ORGAN

Monday, November 21 at 7:30 pm

Rinker Playhouse • Tickets \$30

Globally renowned Artist-in-Residence at Broward church plays on the Kravis Center's Marshall & Ogletree digital organ, The George W. Mergens Memorial Organ, a gift to the Center from Alex W. Dreyfoos.

Series sponsored by **Harriett M. Eckstein New Art Fund**



ESTAMPAS PORTEÑAS TANGO DESIRES

Friday, November 25 at 8 pm

Dreyfoos Hall • Tickets start at \$20

Rich, riveting, seductive – Passionate dance, provocative music reveal Argentina's amor

Beyond the Stage: Join us for a free pre-performance talk by Steven Caras in the Cohen Pavilion at 6:45 pm.



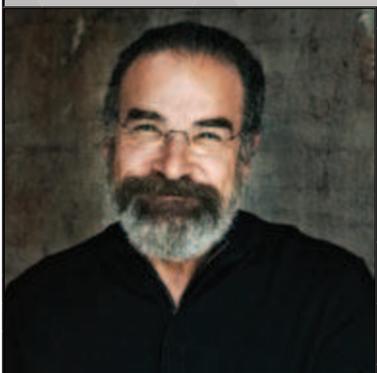
THE HAVANA CUBA ALL-STARS PERFORMING CUBAN NIGHTS

Saturday, November 26 at 8 pm

Dreyfoos Hall • Tickets start at \$15

First time in U.S.! Asere Friendship Tour salutes heritage, new relationship between countries

With support from **WPBT 25**

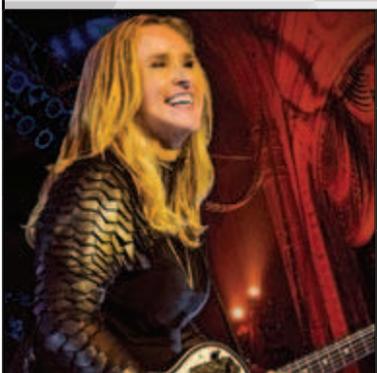


MANDY PATINKIN IN CONCERT DRESS CASUAL WITH ADAM BEN-DAVID ON PIANO

Sunday, November 27 at 8 pm

Dreyfoos Hall • Tickets start at \$25

Emmy-winning TV star and Tony-winning Broadway legend in his most electrifying role: concert performer



MELISSA ETHERIDGE'S HOLIDAY TRIO

Monday, November 28 at 8 pm

Dreyfoos Hall • Tickets start at \$20

Powerhouse rocker decks Dreyfoos Hall with festive favorites from new Christmas album

With support from **SunSentinel**

Flamingo Park neighborhood plans 24th holiday home tour

SPECIAL TO FLORIDA WEEKLY

The Flamingo Park Holiday Historic Home Tour returns for its 24th year Sunday, Dec. 4.

Flamingo Park is a neighborhood of historic homes, many in the Spanish Mission and Mediterranean Revival styles, built during the 1920s boom era north of Belvedere Road and east of Parker Avenue. Residents decorate their homes and yards with holiday lights for the night of the tour as judging for the annual Neighborhood Holiday Lighting Contest also will take place that evening.

Visitors can tour 12 historic homes and gardens decorated for the holidays, nine of which have not been featured on the tour before. The homes will be open 5-8 p.m. The tour will include a homemade holiday dessert reception featuring homemade holiday cookies by neighborhood residents and musical

entertainment.

Tastings from some of the area's finest caterers and restaurants, along with complimentary beverages, will be provided for tour guests. Parking is available throughout the historic Flamingo Park neighborhood. Guests are encouraged to wear comfortable walking shoes — no high heels as they mar the hardwood floors in the homes.

The tour is presented by the Flamingo Park Neighborhood Association. The tour is suitable for adults only — no children allowed.

Tour tickets are \$50 online at www.flamingopark.org prior to the tour and \$60 at the door. Ticketing, check-in and tour map distribution will be at 2420 Florida Ave., West Palm Beach. Tickets also on sale prior to the tour at Dontee's Restaurant, 620 Belvedere Road; The Armory Art Center, 1700 Parker Ave.; and Belle & Maxwell's, 3700 S. Dixie Highway, all in West Palm Beach. ■

Ballet Palm Beach plans luncheon

SPECIAL TO FLORIDA WEEKLY

Ballet Palm Beach's "Nutcracker"-inspired luncheon will be held at the Kravis Center's Cohen Pavilion at 11:30 a.m. Dec. 9.

The event, Ballet Palm Beach's top fundraiser, includes cocktails, a silent auction, fashion vendors and a performance by artists of Ballet Palm Beach.

Luncheon chairwoman is Joy Miltenberger and honorary chairwomen are

Erin McGould and Amy Swan. Event sponsors are Ms. Miltenberger and the Natural Medicine Health Clinic.

At 5:30 p.m. Nov. 17, Sequin in Palm Beach will hold a "shop for a cause" champagne evening, donating 20 percent of proceeds to Ballet Palm Beach.

Seats to the luncheon are \$150. Call 630-8235 or contact Gina Buntz at development@balletpalmbeach.org to reserve seats or for inquiries on sponsorship. ■

ONLINE REGISTRATION NOW CLOSED

...but a limited number of charity slots still available

NOVEMBER 24, 2016 TEQUESTA, FL
presented by PALM BEACH ROADRUNNERS

PACKET PICKUP
For your convenience there will be a packet pickup (chip, bib & shirts)

Saturday, Nov. 19th
10AM-1PM at JOHAN'S JOE
401 S. Dixie Hwy
West Palm Beach, FL 33401
(at the intersection of Fern Street and Dixie)

Wednesday, Nov. 23rd
11AM-6PM at
GOOD SHEPHERD CHURCH,
402 Seabrook Road,
Tequesta, FL 33469

Thursday, Race Day
6AM-7:45AM at the race site.

THANKSGIVING DAY

NOVEMBER 24 - TEQUESTA, FL

KIDS DASH | PUMPKIN 1-MILER 7:15 AM
RUN 4 THE PIES 4 MILES 8:00AM

Please bring a non-perishable food item for the food pantry

For information:
bob@palmbeachmarathontraining.com
www.palmbeachroadrunners.com

Choose your seat at the Center's **official website kravis.org** or call 561.832.7469 or 800.572.8471
Group sales: 561.651.4438 or 561.651.4304



SOCIETY

Maltz Jupiter Theatre gala kickoff at The Bears Club in Jupiter



1. David Dowrick and Andy White
2. Debra Barron, Todd Barron and Lyn Ianuzzi
3. Linda Epstein and Stephen Epstein
4. Sally Ann Weger, Carey Finney, Susan Johnson and Donna McKay
5. Kelly Garvis, Mary Ellen Healy, Dermot Healy and Jay Johnson
6. Lorraine Rogers-Bolton, Debra Barron and Lyn Ianuzzi
7. Deb McGinnis and Tess Sina
8. Robert Jacobs, Michele Jacobs and Andrew Kato
9. Kim Reckley, Cressman Bronson and Pam Dyar

ANDY SPILOS / FLORIDA WEEKLY

"Like" us on Facebook.com /FloridaWeeklyPalm Beach to see more photos. We take more society and networking photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover. Send us your society and networking photos. Include the names of everyone in the picture. Email them to society@floridaweekly.com.

SOCIETY

Art in the Gardens at Downtown at the Gardens



1. Delia Vergara, Gustavo Castillo and Maria Lagos
2. Heather Ashley Chase and Ladonna Green
3. Ken Hart and Dolores Levey
4. Melody Goff and Mitch Goff
5. Shawna Scarpitti and Barbara Leggett
6. April Davis
7. Teddy Duarte and Lynda Walker
8. Sheryl Buckingham, Tim Donovan and Mary Lu Workman

ANDY SPILOS / FLORIDA WEEKLY

Artworks



“Your Images on Metal”

Printing & Framing for Artists, Interior Designers and All.

We Know Framing. You'll Know the Difference.



WE CAN PRINT & FRAME YOUR DIGITAL IMAGES

www.artworksint.com - Call 561.833.9165
420 6th Street Downtown West Palm Beach, Fl 33401

Let's Create Something Amazing

FEATURING ITALIAN CLASSICS WITH A MEDITERRANEAN TWIST

LA FONTANA BAR & RISTORANTE
FAMILY OWNED & OPERATED
• DINE IN • TAKE-OUT • CATERING FOR ALL OCCASIONS •

\$10 OFF
WITH PURCHASE OF \$50 OR MORE
WITH THIS COUPON. DINE IN ONLY. LIMIT ONE COUPON PER TABLE. NOT VALID WITH OTHER OFFERS OR PRIOR PURCHASE. OFFER EXPIRES 11-30-2016

HAPPY HOUR DAILY 4PM-7PM
*INCLUDES DRAFT BEER, HOUSE WINE & WELL LIQUOR

1201 US HIGHWAY 1, SUITE 38
NORTH PALM BEACH
CRYSTAL TREE PLAZA (NEXT TO TRUE TREASURES)
WWW.PAMBEACHPIZZA.NET

561-408-3295 | OPEN EVERY DAY!
MON-THU 11:30AM-9:30PM | FRI 11:30AM-10PM | SAT 4PM-10PM | SUN 4PM-9:30PM

Live music Thur, Fri, Sat & Sun.
Early Bird Special

FLORIDA WEEKLY CUISINE

In the kitchen with...

JAMES STRINE,
Grato, West Palm Beach

BY MARY THURWACHTER

mthurwachter@floridaweekly.com

James Strine, executive chef at Grato, is known by his peers as a visionary chef with an in-depth knowledge of the marketplace. The Maryland native has come a long way since he worked as a dishwasher when he was 17. By the end of the first night on the job — and devouring one of his first chef-made meals — he had found a career.

"It was so good," Chef Strine remembered. "I loved it and I still remember how good it tasted — sauerbraten with potato dumplings and braised red cabbage."

After telling the chef how much he enjoyed the meal, the chef asked him if he wanted to learn how to cook. Chef Strine said yes and he launched his culinary career in that very restaurant.

In 1996, after working at the Maryland restaurant for two years, Chef Strine moved to Florida, where he advanced through The Breakers Resort Palm Beach's restaurants, learning about diverse culinary styles along the way.

After his stint at The Breakers, he returned to Maryland to become the chef/operator of his award-winning, family-run restaurant, Mick's New American Bistro.

From there, Chef Strine returned to Florida and spent nine years at Café Boulud in Palm Beach, most recently as executive sous chef. At Boulud, he honed classic French technique, and excelled in creating beautiful, bold dishes with a focus on seasonality.

When Clay Conley, chef/owner of the Italian restaurant Grato and a long-time friend, talked to Chef Strine about an opening at Grato, earlier this year, Chef Strine took the job. He became executive chef at Grato in mid-August.

"We work well together," Chef Strine said of Chef Conley,

"I love playing around with different pastas and grains," he said.

"I haven't picked out a favorite dish (at Grato) yet," he said. "We change the menu often. I recommend customers keep coming back so they can try everything. Whatever mood you're in, we can accommodate it. If you are in the mood for (brick iron) pizza, ours is the best around. If you want handmade pasta, you've got to try ours."

Chef Strine and his wife, Brandy, and daughter, Lilly, 8, live in West Palm Beach. Mrs. Strine is no slouch in the



COURTESY PHOTO

James Strine worked at The Breakers and at Cafe Boulud and owned his own restaurant before coming to Grato.

kitchen either, he said. In fact, if he had to pick his last supper it would be sloppy Joes, mac 'n' cheese and his wife's carrot cake, which he says is "the best around."

He doesn't worry about packing on the pounds.

"I don't overdo with food and I'm on my feet all day," he said.

In his spare time, Chef Strine supports several local charities including the Share Our Strength's No Kid Hungry campaign and Jeremiah Bullfrog's annual P.I.G. (Pork is Good) and Duck, Duck, Goose events. He has competed in and judged Cochon 555, competed in the Palm Beach Food & Wine Festival's 2015 Grand Chef Throwdown and won Max's Harvest 2015 Chef vs. Chef series competition.

James Strine**Age:** 40**Original hometown:** Woodsboro, Md.**Restaurant:** Grato, 1901 S. Dixie Highway, West Palm Beach; 404-1334; www.gratowpb.com.**Mission:** To maintain a casual, approachable, neighborhood restaurant with offerings you don't find in any in any other Italian restaurant.**Cuisine:** Modern Italian**Footwear of choice:** Balu from Bragard. The blue ones. I bought the last three pair in the world.**Training:** American Culinary Federation apprenticeship and chef Zach Bell.**Advice:** Before diving head first, make sure this is what you want to do. Be a stagier at a reputable restaurant for a while and don't commit to school right off the bat. This is a life choice, not just a job. ■

Talking turkey as restaurant menus turn to Thanksgiving



It's all turkey talk this week as many restaurants — most of those in hotels and several stand-alones — get ready to offer up a Thanksgiving Day special.

PGA National's Ironwood Steak and Seafood hosts a buffet that has all the traditional fixings: butter-basted turkey, smoked ham, stuffing, mashed potatoes, mac 'n' cheese, pumpkin pie and more. This year, there's a special kids' buffet, too, with favorites for the nonturkey set, such as chicken fingers. Cost is \$78 for adults, and \$30 for kids 6-12. Their dinner is served from 1 to 7 p.m. Make reservations by calling 627-4852, or visit opentable.com.

Spoto's Oyster Bar is offering a special ala carte menu from noon to 7 p.m. A variety of popular seafood items, including dozens of oysters on the half-shell, is joined by traditional turkey and its trimmings. Priority seating is available. Call 776-9448.

At **Bistro Ten Zero One** in the **West Palm Beach Marriott**, Chef **Christian**



QUINONES

Quinones is putting out quite a buffet spread with seatings at noon and 2 p.m. Roast turkey, pineapple glazed ham, pork loin with quince chutney, and mahi with braised fennel and orange are some of the items featured.

At 5 p.m., a special three-course menu is served. The buffet is 5-9 p.m., and is \$55 for adults, and \$27 for kids 12 and under. The prix-fixe dinner price varies. Reservations through opentable.com or by calling 833-1234, Ext. 1908.

Chef **Rick Mace** at **Café Boulud** in Palm Beach will serve a gourmet Thanksgiving three-



MACE

course prix-fixe dinner from 1 to 9 p.m. Dishes include pumpkin veloute, pheasant and foie gras terrine, wood-roasted turkey breast with country boudin, yams, and cornbread dressing, or bacon-wrapped trout with cornbread dressing and dandelion greens. Apple tarte tatin, pecan trifle,



COURTESY PHOTO

Melanie Robertson-Ober and her husband, chef Michael Ober, will host a pop-up wine dinner series at Serenity Garden Tea House.

and pumpkin pie are among the desserts. Cost is \$99 per person. Make reservations at cafeboulud.com/palm-beach/reservations/ or call 655-6060.

Pelican Café will host a Thanksgiving dinner from 3 to 9:30 p.m. in its newly renovated space in Lake Park; 842-7272 or www.thepelicancafe.com.

Also serving: **Testa's**, which recently began its 96th season in Palm Beach; 832-0992 or www.testasrestaurants.com. Speaking of longtime establishments, Worth Avenue's **Ta-boo** also will serve on Thanksgiving; 835-3500 or www.taboorestaurant.com.

Pop-up wine dinner series starts Dec. 7

Back from a summer trip to several wineries, German chef **Michael Ober** and spouse **Melanie Robertson-Ober** of **Cordon Bleu Catering** kick off their South Florida season with a pop-up wine dinner series at **Serenity Garden Tea House**.

The initial one, at 7 p.m. Dec. 7, will pair wines from the Rhone to a four-course dinner of brie and baguettes with an onion and herb jam; pike quenelles in creamy crayfish sauce; grilled beefsteak and bone marrow with green beans and gratin potatoes; and a chocolate tart with blueberry espuma.

Cost for this dinner is \$69 per person; monthly dinners through May are offered at a special membership price.

For details, and reservations, call 339-2444.

Serenity Gardens Tea House is at 316 Vallette Way, West Palm Beach. ■

— *Scott's Three for 3 will return.*

THE DISH: Highlights from local menus

The Dish: Pesto-crusted chicken breast salad

The Place: Avocado Grill, 125 Datura St., downtown West Palm Beach; 623-0822 or www.avocadogrillwpb.com.

The Price: \$14

The Details: I always contend that when it comes to food, simpler can be better.

After all, who needs the fuss of tons of ingredients when two or three well chosen ones will do?

That's what I love about the pesto-crusted chicken salad at Avocado Grill.

The basil of the pesto plays off the balsamic vinegar dressing, which adds a grace note of sorts to the spinach.

As always, chef/owner Julien Grimaud nicely balances flavors and portions.

The chicken breast was tender and had absorbed a bit of the pesto during grilling, and the chicken paillard salad, with its marriage of arugula, artichokes and heirloom tomatoes, also was satisfying. ■

— **Scott Simmons**



SCOTT SIMMONS/FLORIDA WEEKLY

GOLF, WATERFRONT & OTHER LUXURY PROPERTIES

THE BEAR'S CLUB, JUPITER



Largest Lot on the Championship Golf Course | 1.47 Acres | \$6.95M
3 Contiguous 1 Acre Lots on the Golf Course | From \$2.5M

TRUMP NATIONAL, JUPITER



Views of 8th Hole | 5BR/5.2BA | 5,479 SF | \$3.149M

OCEANFRONT, JUNO BEACH



Largest Condo Avail in Juno Beach | 3,995 SF | \$1.95M

SAN MICHELE, PBG



1 Story w/ Pool | Cul-de-Sac | 4BR/5.1BA | 4,043 SF | \$1.25M

FRENCHMAN'S CREEK, PBG



1-Story Lakefront Villa | 4BR/3BA | 3,207 SF | \$1.249M

SAN MICHELE, PBG



Gated Community | 6BR/6.1BA | 4,826 SF | \$1.179M

BAY HILL ESTATES, WPB



Golf Course & Water Views | 4BR/4BA | 4,501 SF | \$949,000

N. CYPRESS DR, TEQUESTA



Custom Pool Home, Impact Glass | 3BR/3BA | 2,082 SF | \$479,000

DUNES TOWERS, SINGER ISLAND



Completely Renovated | 2BR/2BA | 1,330 SF | \$399,900

SEAGRAPE, SINGER ISLAND



Completely Remodeled | 2BR/2BA | 1,400 SF | \$390,000



VINCE MAROTTA
LOCAL LUXURY EXPERT

561.847.5700
MarottaRealty.com



MAROTTA
REALTY GROUP
ILLUSTRATED PROPERTIES



healthy living

NOVEMBER 2016

Florida Weekly's monthly guide to Looking, Feeling and Living Better

Change your smile, change your life | 2

Is your weight getting in the way? | 3

Keep holidays stress-free for seniors | 7



During robotic surgery, the surgeon sits at the system console next to the patient, and has a 3D view inside the patient's body while controlling the robot's four arms in real time. The system translates hand, wrist and finger actions into precise movements with the da Vinci's miniaturized instruments.

Minimally invasive

Jupiter Medical Center's robotic system pioneering cancer surgery through tiny incisions

JUST A DECADE AGO, MOST SURGERIES WERE "OPEN," or invasive, procedures in which a surgeon made a large incision.

In the case of lung cancer, the cut could be several inches long as a surgeon maneuvered between the ribs to remove a tumor. Today, minimally invasive techniques have changed the standard of care for virtually all types of surgery.

Surgery for lung cancer at Jupiter Medical Center combines the best of everything, including thoracic surgeons, like myself, experienced in the latest minimally invasive techniques, cutting-edge robotic technology and multidisciplinary collabo-



K. Adam Lee, M.D.
Medical Director,
Thoracic Surgery & Lung
Center of Excellence at
Jupiter Medical Center
and Chief of Surgical
Oncology

SEE SURGERY, 5 ►

Change your smile, change your life

Are you suffering from missing teeth, damaged teeth, failing dental work or ill-fitting dentures? Does your poor dental health keep you from smiling, socializing and enjoying the foods you love? Have you undergone dental work that you keep having to redo every few years or are experiencing ongoing dental issues? Stop suffering from the endless cycle of root canals, gum surgery, dental infections, toothless smiles and embarrassment. Teeth Next Day is a solution designed to give you a brand new smile that looks, feels and functions like your natural teeth in just ONE DAY. Imagine coming into our state of the art facility designed for Teeth Next Day procedures and leaving the very next day with a brand new smile. Teeth Next Day is a life changing treatment that gives you a permanent and natural smile in just ONE DAY.



Jay L. Ajmo
D.D.S., P.A.

PGA Center for Advanced Dentistry
7100 Fairway Dr. Suite 59
Palm Beach Gardens
561-627-8666
PGAdentistry.com

Dr. Jay Ajmo is a certified implant dentist with over 25 years of experience in cosmetic and restorative dentistry.

He is one of only 400 dentists worldwide to hold a Diplomate Certification with the American Board of Oral Implantologists and is the exclusive South Florida provider of Teeth Next Day.

All procedures are performed utilizing the most advanced tools and techniques in modern dentistry including 3D CT Scans for precision implant placement.

Dr. Ajmo is supported by his dedicated team in his state of the art facility, designed for the utmost in patient comfort along with optimum cosmetic and functional results for the restoration of your smile.

How it works

The Teeth Next Day solution is a zirconia implant bridge as the final product attached to five or six dental implants.

These implants act like the roots of natural teeth and permanently anchor the bridge to the jaw bone. The permanent implant bridge used in the Teeth Next Day solution is made from zirconia, the most durable and longest lasting dental material available.

Unlike acrylic options that are offered in most dental implant centers, zirconia will NEVER chip, crack or stain.

Teeth Next Day replicates the look, feel and function of natural teeth making it the strongest and most naturally beautiful implant supported smile treatment available in modern dentistry.



for a precise fit. Every Teeth Next Day implant bridge is hand-stained to provide the most natural-looking color possible. Each of these innovations makes Teeth Next Day the most state-of-the-art option for the replacement of missing teeth, damaged teeth, failing dental work or ill-fitting dentures.

Patients who have undergone Teeth Next Day have transformed their appearance and their quality of life. No longer do they hide their toothless smile or struggle to chew a meal. Now, they have regained confidence to smile and eat the foods they love. Are you ready for a comfortable, healthy smile? Change your smile and change your life. Call today to schedule your complimentary consultation: 627-8666. ■

The latest technology

Not only is the Teeth Next Day solution made from one of the most advanced dental materials available, the procedure utilizes the latest technologies for precision fit and optimum design.

Dr. Ajmo's team uses 3D CT scans to precisely place your dental implants below the gum line. Each zirconia implant bridge is created using computer-aided design and CAD/CAM milling

Palm Beach Gardens Medical Center ORTHOPEDIC CARE

- BACK & SPINE SURGERY
- TOTAL JOINT SURGERY
- SPORTS MEDICINE
- ORTHOPEDIC REHAB



Palm Beach Gardens Medical Center wants you to enjoy the course, the game, and be the healthiest you can be. Our team of **ORTHOPEDIC SPECIALISTS** has trained at some of the most prestigious medical schools in the nation. If you take care of your game on the course, we will take care of your orthopedic needs off the course.

Call **561-625-5070** to register to attend one of our FREE Bone Density Screenings or for a complimentary physician referral.

Setting the Gold Standard in Orthopedic Care

3360 Burns Road • Palm Beach Gardens • pbgmc.com

Is your weight getting in the way?

Weight gain is a frequent complaint from patients and is an ongoing lifetime struggle.

Obesity is a rising epidemic in our country. In the United States, it is estimated that 93 million Americans are affected by obesity and almost 112,000 annual deaths are attributable to obesity. Individuals affected by obesity are at a higher risk for impaired mobility and experience a negative social stigma commonly associated with obesity.



Jennifer Nicholson
Nurse Practitioner
Youthful Balance
10887 N. Military Trail,
No. 7, Palm Beach Gardens
(561) 537-0537
youthfulbalance.net

Being affected by excess weight, obesity or morbid obesity significantly increases the risk of developing many other diseases, such as type 2 diabetes, hypertension, heart disease, stroke, osteoarthritis and much more. Unlike diabetes and hypertension, obesity cannot hide from those around you.

Weight management is a partnership between the patient, their family and the healthcare team. This partnership is one that is developed on an individual basis with each patient. Management of obesity includes diet, exercise, behavior modification and nutritional counseling. In most cases, medications for weight-loss (pharmacotherapy), supervised very-low calorie diets, structured meal plans



and injectable vitamins like B12 are prescribed. Most people have little or no side effects.

Getting a handle on eating behaviors is key to making a significant long-term change. While no one likes to keep food logs that require writing down all food eaten, this exercise has been shown to be important for long-term success. With all the variation in serving sizes, most individuals do not have a good understanding of how many calories are actually consumed in one day. Therefore, it is recommended that individuals keep a complete food log. This will also help the providers to get a better handle on areas of the diet to focus on at follow-up visits.

The current weight-loss model as

patients and providers know it, needs to be reversed. With pharmacotherapy as the core and foundation, then diet, exercise and behavioral modification as essential adjuncts. Once a desirable weight is achieved, a maintenance program needs to be continued using pharmacotherapy, diet, exercise and behavior modification. The medications suppress appetite, control cravings, improve insulin sensitivity and lower the metabolic set point.

One particular method of weight loss using medications is with the use of prescription hCG. This also can be combined with lipotropic (fat burning) and B12 injections. Patients can lose up to 20 pounds in 20 days or 40 pounds in 40 days.

Many studies have shown that accountability is one of the major factors influencing the ability of individuals to maintain long-term weight loss. Obesity is not a disease that's conquered in a day, month or year. It is a disease that must be fought every day for the rest of one's life. Weekly weigh-ins are a useful tool to hold individuals accountable. Just knowing there will be a weekly weigh-in decreases caloric consumption.

Other options for weight loss under the supervision of a health care provider is The Ideal Protein Weight Loss Method. It is a medically designed protocol containing two key components — weight loss and a healthier lifestyle education to assist you in maintaining your results after dieting.

The Ideal Protein Weight Loss Method is learning to live off of the body's own fat reserves. First the body depletes its simple and complex carbohydrate reserves and then turns simultaneously to its protein and fat reserves for energy.

Do you think you have a slow metabolism? Do you have trouble losing weight no matter what you do? Do you feel like your weight is getting in the way of your relationship, job and quality of life? Medically supervised weight loss is easier, faster and safer than standard diets because you are under the care of a physician throughout the course of your treatment. At Youthful Balance Medical Center, we can use medications and diet tools not available in commercial or self-directed diets.

Call Youthful Balance Medical Center today and let us come up with a weight-loss plan together! ■

America's Choice in Homecare.
Visiting Angels
LIVING ASSISTANCE SERVICES

Peace of mind for you and your family!
Let our Angels assist with:

- Bathing, Dressing, Grooming, Daily Hygiene
- Fall Risk & Wandering Prevention
- Medication Reminders
- Shopping, Errands, Doctor Visits
- Meal Preparation
- Hourly thru 24 Hour Care: CNAs, HHAs
- Respite Care & Post Surgical Care
- Alzheimer's & Parkinson's Plan of Care

561-328-7611
VisitingAngels.com/PalmBeaches
99.2% Client Satisfaction

FL Lic #30211527

Fit Body
BISTRO

ORGANIC & GLUTEN FREE

561-627-5747
JUPITER & BOCA
www.fitbodybistro.com

2016 FLORIDA WEEKLY'S Best

95% Organic,
100% Gluten Free,
Hormone Free,
Anti-biotic Free,
GMO Free, MSG Free,
No Preservatives,
No Dyes

(Jupiter) Monday - Friday 9am - 8pm
Sat - 9am - 4pm • Closed Sunday
(Boca Raton) Monday - Friday 11am - 8pm
Sat - 9am - 4pm • Closed Sunday

Abacoa Plaza - NW Corner of Donald Ross & Military
5440 Military Trail Suite #1 Jupiter, FL 33458
Boca Raton - SE Corner of Palmetto and Dixie Hwy
10 E. Palmetto Park Rd., Boca Raton, FL 33432

Avoiding Thanksgiving weight gain

PALM BEACH GARDENS MEDICAL CENTER

Do you ever wish that every day could be Thanksgiving? All the delicious turkey, creamy mashed potatoes, tasty green bean casserole, and mouth-watering pecan pie. While your mouth may be saying, "Yes," your waistline is calling out, "Whoa!" — and for good reason. Thanksgiving can be a real challenge if you are watching your weight, but you don't have to sabotage your diet. Palm Beach Gardens Medical Center is here with some tips to help you navigate the buffet table without depriving yourself.

Eat before you eat. This may sound counterproductive, but if you eat a wholesome breakfast and lunch you can avoid overeating at Thanksgiving dinner later. That way you'll have more control over your appetite because we tend to eat too much when hungry.

Go light on the calories. Many Thanksgiving goodies are loaded with extra fat and sugar, including mashed potatoes with all the butter and sweet potatoes covered in marshmallows. Recipes can be healthier by making a few substitutions, such as fat-free chicken broth to make gravy or plain yogurt in casseroles.

One size doesn't fit all. Just because certain dishes are offered doesn't mean you have to sample every one. Avoid the all-you-can-eat mentality and limit yourself to smaller portions if you cannot control the ingredients used in a dish.

Don't cover your whole plate. There's no need to pile your plate high with every food that is offered. Look over the buffet table first and then make your selections. Opt for reasonably-sized portions of holi-



day favorites that are served only once a year. Save room for dessert by skipping seconds.

Eat s-l-o-w-l-y. By savoring and chewing every bite thoroughly and putting your eating utensil down between bites you can enjoy your meal and be satisfied with one plate of food. Leftovers are often better the next day anyway. Pace yourself and eat only until you feel full. Drink plenty of water and try to keep alcohol

down to a minimum since calories from

alcoholic drinks can add up quickly. Put down your fork and go for some fresh air. Spread out the food and fun by going for a walk after your main meal and then having dessert later. It's a great way to get in some exercise and spend quality time with your family.

If you are eating out for your Thanksgiving meal, ask for food that is steamed, grilled or broiled rather than fried or sautéed. Request that sauces and dressing be served on the side, and watch out for

super-sized portions that tempt you to eat too much.

By making small adjustments to your holiday meal, you can enjoy Thanksgiving without the guilt. Learning how to prepare healthy meals can significantly improve your health year-round. Palm Beach Gardens Medical Center is hosting a free heart-healthy, diabetic-friendly cooking demonstration on Dec.15. To register, please visit www.pbgmc.com/events or call (561) 625-5070. ■

Stop hiding!
Start *living*

The Experts at **Medi-Weightloss®**

can help you win the weight loss battle, by providing:

- One-on-one support and motivation
- Fitness advice
- Recipes, shopping lists, and guidance for dining out
- Tips to overcome temptations



\$50 OFF
YOUR INITIAL
CONSULTATION
Expires 12/8/2016

MEDI
WEIGHTLOSS®
The one that works!

Richard DeLuca, Jr., M.D., M.B.A.
Dana Bilnoski, D.O.
Board Certified Family Physicians
4600 Military Trail, Suite 111 • Jupiter, FL 33458
jupiterfamilyhealthcare.com
561.776.5820

PURCHASE Signature Supplements
& Products ONLINE and at locations near you.
Shop.MediWeightloss.com



† On average, patients compliant with the Medi-Weightloss® Program lose 6-8 pounds the first week, and 14 pounds the first month. Rapid weight loss may be associated with certain medical conditions and should only be considered by those who are medically appropriate. THE PATIENT AND ANY OTHER PERSON RESPONSIBLE FOR PAYMENT HAS A RIGHT TO REFUSE TO PAY, CANCEL PAYMENT, OR BE REIMBURSED FOR PAYMENT FOR ANY OTHER SERVICE, EXAMINATION, OR TREATMENT THAT IS PERFORMED AS A RESULT OF AND WITHIN 72 HOURS OF RESPONDING TO THE ADVERTISEMENT FOR THE FREE, DISCOUNTED FEE, OR REDUCED FEE SERVICE, EXAMINATION, OR TREATMENT. ©2013-2016 Medi-Weightloss, LLC. All Rights Reserved.

SURGERY

From page 1

ration across disciplines and fields of study. Our thoracic surgery program uses the latest advances such as electromagnetic navigational bronchoscopy and stereotactic body radiation, as well as robotic-assisted thoracic surgery (RATS) and video-assisted thorascopic surgery (VATS).

Traditionally, a thoracotomy surgery was used to biopsy or remove tissue from the lungs.

This open chest procedure has a higher risk of infection and complications, as well as a longer recovery time

for patients. Through the minimally invasive RATS approach, risk is reduced and blood loss is decreased.

RATS requires only small incisions in the chest, rather than one large incision. By looking at a magnified 3D image of the patient's lungs and chest, we use the robotic technology to translate hand movements into precise actions. Patients experience less pain, scarring and since the RATS procedure causes less trauma to the body, recovery time also is reduced.

Another refinement of standard lung cancer surgery with similar patient benefits, VATS allows surgeons to operate through two to four openings between the ribs while viewing the patient's internal organs on a video monitor. Each opening is less than two inches in diameter, rather than the 6- to 10-inch inci-

sions common in open thoracic surgery.

The Frank E. & Mary D. Walsh Robotic Surgery Program at Jupiter Medical Center is one of the most comprehensive programs in the area and offers the leading technology of the da Vinci® Xi™ and Si™ Surgical Systems.

The recent introduction of the Xi™ system established Jupiter Medical Center as one of the first facilities in the world to possess this technology. And more than a decade ago, my thoracic team set the standard of innovations in lung cancer surgery by pioneering the first four-arm robotic thoracic surgery for lung cancer in the nation.

If your physician recommends surgery to treat lung cancer or another thoracic condition, you may be a candidate for minimally invasive da Vinci® surgery.

The da Vinci® Xi™ and Si™ Surgical Systems are sophisticated robotic platforms designed to enable complex surgery using a minimally invasive approach.

I have performed more than 1,300 of these minimally invasive robotic surgeries. We have helped patients realize tremendous benefits including fewer complications, less blood loss, lower risk of infection, shorter hospital stay, less pain, and faster return to normal quality of life.

Our investment in the most technologically advanced surgical equipment available, the da Vinci® Xi™ and Si™ Surgical Systems, and our years of experience and expertise speaks to our commitment to transform patient care and our desire to build a hopeful future for cancer care in South Florida. ■



5 Minutes
The time it takes to smoke a cigarette.

15 Minutes
The time it takes to get a CT scan that could save your life.

Lung cancer is the leading cause of cancer death, with approximately 90% of cases related to the use of tobacco. This puts smokers at the highest risk. Fortunately, more than 80% of lung cancers can be beaten if detected early using a CT screening.

\$99 Could Save Your Life

If you're a current or former smoker, or have a family history of lung cancer, low-dose CT lung screening at Jupiter Medical Center could help save your life. Some insurance plans now cover the cost. Our health navigator can help you understand your risk and your coverage. If you do not have coverage for screening, Jupiter Medical Center offers a self-pay price of \$99.

Please call 561-263-4437 for information and appointment availability.*

*Doctor's order is required to schedule an appointment.



Choose a screening center that's accredited and backed by a comprehensive thoracic and lung program.

Learn more at jupitermedscreenings.com

1240 S. Old Dixie Hwy. | Jupiter, FL 33458

JUPITER MEDICAL CENTER
Thoracic Surgery & Lung Center of Excellence



ADVANCED DENTISTRY

Cosmetic • Implant • Restorative • Sedation

I can eat anything and they feel so natural! It's really improved my appearance and boosted my confidence! Thank you, Dr. Ajmo!

-Denise



ARE YOU EMBARRASSED TO SMILE? ARE YOU SUFFERING FROM FAILING OR MISSING TEETH?

TRUST YOUR SMILE TO AN EXPERT!



Dr. Jay Ajmo, D.D.S., DABOI, is one of South Florida's leading dentists, treating patients with the highest level of care since 1987. He holds internationally recognized credentials in cosmetic and implant dentistry, and is certified in IV sedation. Dr. Ajmo

is one of only 400 dentists worldwide to hold a Diplomate Certification with the American Board of Oral Implantology. Now you can receive all your care with total comfort in one state-of-the-art facility.

TEETH NEXT DAY®

Dental Implant Solutions

Teeth Next Day®, offered exclusively at PGA Advanced Dentistry, is a leading-edge dental implant solution designed to give you a brand-new smile that looks, feels, and functions like your natural teeth – in just one day.

View our videos on our website to see how PGA Advanced Dentistry is improving lives, one smile at a time.

PGAdentistry.com

For your Complimentary Consultation or 2nd Opinion, call 561.627.8666.

(Includes No-Charge, Full-Mouth X-ray)

7100 Fairway Drive, Suite 59 | Palm Beach Gardens, FL 33418

The patient and any other person responsible for payment has a right to refuse to pay, cancel payment, or be reimbursed for any other service, examination, or treatment that is performed as a result of, and within 72 hours of, responding to the advertisement for the free, discounted fee, or reduced fee service, examination, or treatment. Comprehensive Examination (D0150) Full-Mouth Digital X-ray (D0330)



Keep the holiday season safe and stress-free for seniors

The holidays are a time when families gather together to celebrate the traditions of the season, but when senior loved ones are frail or suffer from chronic illnesses, the holidays can be challenging. Here are some helpful guidelines to ensure the holiday season is fun and festive for the entire family including senior parents, grandparents and older loved ones!

Food and drink

— Moderation is best! If older family members can manage their dietary restrictions and alcohol intake, as well as their medications, everyone will manage to have a good time! Alcohol can be hazardous for seniors, bring on depression and confusion, cause interactions with prescriptions, trigger falls and irregular heartbeat. Don't let seniors overindulge,



Irv Seldin
President and Owner

Visiting Angels of the Palm Beaches

561-328-7611

VisitingAngels.com/PalmBeaches.

and know the warning signs of a heart attack and stroke. Remind diabetics to check their blood sugar more often if changing their routine over the holidays, and provide "healthy" snacks in addition to holiday favorites.

Activities — Schedule the important activities earlier in the day to avoid fatigue, and stick to a routine for both meals and medications as much as possible. Non-stop holiday shopping and celebrating can exhaust the elderly and disorient seniors, especially if they are cognitively or physically impaired. Do not try to force anyone into an activity beyond his or her capacity. Even well orchestrated holiday plans can be ruined by an emotional or medical emergency, so be prepared and leave extra time to handle contingencies.

Health and medical issues — Senior family members traveling to spend the holidays with you should make you aware ahead of time about any health issues or illnesses they may have, or recent medical procedures. Be sure to remind them to pack their prescriptions and medical

supplies, and bring a contact list of their doctors along just in case something happens during their holiday visit.

Safety — Physical limitations, including poor eyesight and hearing, can lead to impaired mobility, which creates safety issues. Be sure to remove potential trip and fall hazards, and dangerous decorations in advance of the festivities. Remember those with Parkinson's struggle with balance and those with dementia or Alzheimer's are in danger of "wandering." Older adults move at a slower pace — be patient and do not rush them.

Manage meltdowns — Take depression seriously in seniors, especially around the holidays, when they are feeling emotional and facing physical challenges or the loss of a loved one. Avoid sensitive subjects like "selling the house." Don't demand decisions about doctors, or argue with siblings about what's best for Mom, Dad or Grandpa and Grandma. Holiday commotion and conflict can cause seniors stress and agitation, especially later in the day. Should a family member become agitated, escort them to a quiet room for a break from all the chaos. Then take a break yourself, the holidays are stressful for caregivers, too!

Give the gift of time — It is important to pace yourself and help your parents and grandparents to do so as well. The best gift you can give an older loved one is the gift of your time — be a good listener, share memories and photographs, watch movies together, bake something, sing songs, read the paper or do puzzles together.

Thanksgiving is next week and kicks off the holiday season, so be sure ALL your loved ones are focusing on their health and wellness now so they can enjoy themselves during the festivities ahead. Happy Holidays! ■

— *Visiting Angels of the Palm Beaches has a refreshing approach to homecare relationships. Let our "angels" help you or a loved one recover from illness, accident or surgery, or assist with the care and companionship needed to remain comfortably and safely at home while aging in place or dealing with the daily demands of living with Alzheimer's or Parkinson's diseases. Call (561) 328-7611 or visit www.VisitingAngels.com/PalmBeaches.*

YOUTHFUL BALANCE MEDICAL CENTER

WEIGHT LOSS

Made Easy!

HCG Diet Plan Only \$65/Week

- Free Consultation and Examination
- Free Lifetime Nutritional Guidance
- HCG Injections and Diet * Amino Acids and Supplements Additional. Must Present FLW Coupon. * Limited time offer. Call for details.



Ideal Protein Weight Loss Method

A Doctor supervised weight loss program

- Structured weight loss while supporting muscle mass
- Weekly one-on-one coaching, lifestyle education and guidance
- Personalized approach to setting weightloss goals based on your health profile

No More Double Chin - No Surgery - No Downtime! Now Introducing Kybella.



Introductory rate of only **\$650** per vial! Normally \$1,000 per vial

BIOIDENTICAL HORMONE

Therapy

Feel Younger... Live Better

- Improves Energy Level
- Improves Libido
- Improves Fat Loss, Muscle Tone & Much More!



\$10 Botox Per Unit for New Patients (with ad)

\$500 Juvéderm 1st time only. 1 Syringe. Must present FLW Coupon. Reg. \$650 Exp. 12/8/16

561-612-4824

www.youthfulbalance.net

10887 N Military Trail, Suite 7, Palm Beach Gardens

HORMONES | WEIGHT LOSS | BOTOX/JUVEDERM | B-12 | VITAMINS & SUPPLEMENTS | PLATELET RICH PLASMA | MICRONEEDLING

WE HEAL THE BRAVE.

When the bumps and bruises of childhood reach beyond the family first aid kit, our award-winning Pediatric Emergency Room stands ready to serve the children of Palm Beach County and beyond. As the largest dedicated Children's Hospital in Palm Beach County, we provide advanced care for everything from broken bones to pediatric oncology services. When it comes to your child's health, choose the hospital that's created just for them.



*Voted Best Pediatric ER
and Best Pediatric Hospital
in Palm Beach County!**

We heal for them.



**Palm Beach
Children's Hospital**
at St. Mary's Medical Center

*Join our Kids Club for Kids' Activities and Healthy Events.
561-841-KIDS • PalmBeachChildrensHospital.com*

*South Florida Parenting Magazine 2016