

PALM BEACH GARDENS & JUPITER

FLORIDA WEEKLY®

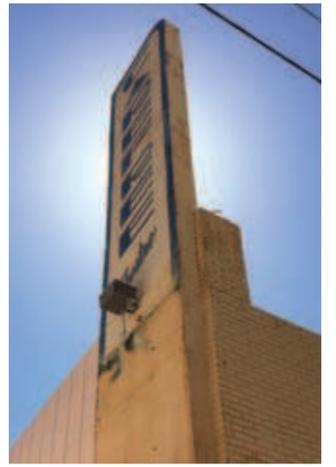
IN THE KNOW. IN THE NOW.

WEEK OF OCTOBER 20-26, 2016

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INSIDE



Carefree memories

70 years of memories of the Carefree Theatre. **A16-17** ▶



Maltz magic

Theater sets stage for its 16th season. **B1** ▶



69 years of steaks

Okeechobee Steakhouse opened in 1947. **A18** ▶

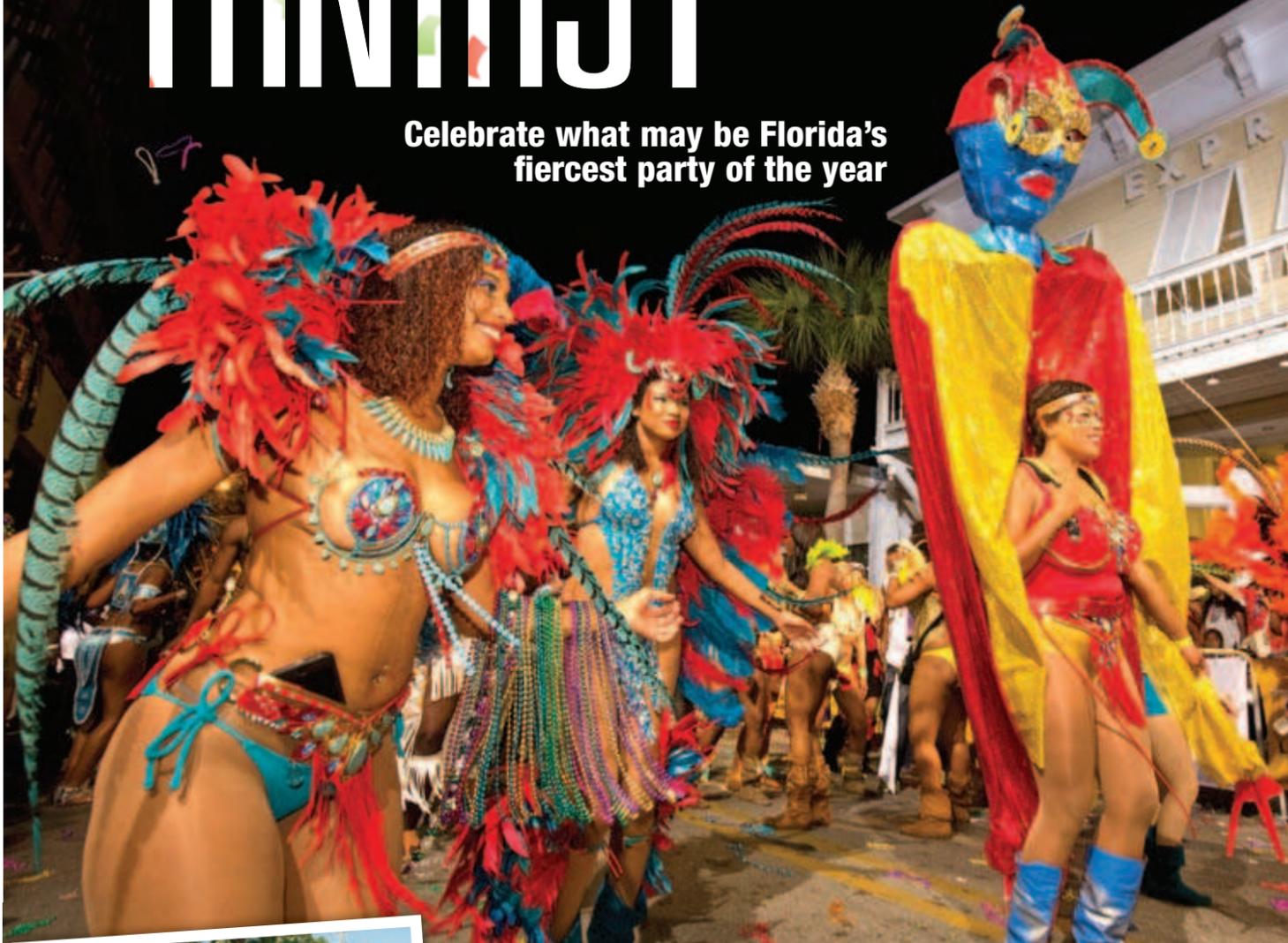


The Dish

Cholo Soy Cocina serves up some tasty tacos. **B19** ▶

Living the Key West FANTASY

Celebrate what may be Florida's fiercest party of the year



▲ Caribbean dancers prance down Duval Street last year. The nighttime extravaganza is often the highlight event of Fantasy Fest.

BY MAXINE LOPEZ-KEOUGH
Florida Weekly Correspondent

ASK YOURSELF: WHAT'S THE BEST WAY TO cram 60,000 bodies of varying mass onto an island with less than 6 square miles of land? Well, for starters, you should probably remove most of their clothing.

If that line of thinking seems logical to you, you're in luck: It's almost time for Fantasy Fest here in Key West, and the

bodies — large, small, taut, squidgy, old, young and all nearly naked — have already started arriving in droves.

Maybe you've been stuck in a cave for the past few decades; if so, you're forgiven for not knowing what Fantasy Fest is. A quick primer: Begun in 1979 as a way of boosting an otherwise dull and deserted time of year in Key West, this 10-day

SEE FANTASY, A8 ▶



▲ Costumed revelers, identifying themselves as Republican presidential candidate "Donald Trump's Illegal Immigrants," proceed down Fleming Street at last year's festival.

El Sol marks decade of helping workers

BY JAN NORRIS

jnorris@floridaweekly.com

El Sol, Jupiter's neighborhood resource center for those in the day labor workforce, is hosting El Sol Fest to mark its 10th anniversary, Oct. 23 from 1-5 p.m. The profits go back into the center's 22 programs.

What began as a coalition in the community to solve problems with the open-air day labor pool that formed on Center Street has turned into a thriving educational and information center that serves the town's immigrant community.

Andres Lopez, communications aide at



El Sol, says the focus remains on the laborers.

"Still the core of those we see," he said, with more than 100 laborers, both men and women, hired out for a day's work.

Registration is required of both workers

SEE EL SOL, A15 ▶

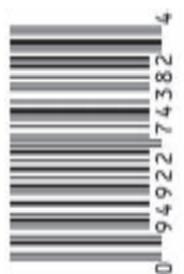
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LESLIE LILLY A2
OPINION A4
PETS A6
BUSINESS A18

MOVING ON UP A19
REAL ESTATE A21
BEHIND THE WHEEL A23
ARTS B1

COLLECTORS B2
EVENTS B6-9
PUZZLES B15
CUISINE B18-19

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COMMENTARY

The greatest show on Earth



Who doesn't love a circus? And what would a circus be without a side show? Well, we don't have to wonder. In this case, the circus is the 2016 presidential campaign. If the star attractions fail to please, there are always the sideshows featuring their political surrogates. What they offer is almost as fantastical as the ladies and gents making the big bucks inside the tent.

This is the "Greatest Show on Earth," a cornucopia of mind-bending performance art — but of a political sort. It has the chills, thrills and occasional screams of horror a genuine circus inspires. It offers high-flying trapeze work, politically dangerous and without a net. Anonymous maestros work the levers behind the tent flaps. They assume everything will go according to plan, until it doesn't; and then chaos ensues.

Inside the Big Top, the ringmasters crack their whips. They struggle to keep order. There no longer is a coherent process to rehearse the star performers. Civility is abandoned. Social media makes everyone a communications combatant. The debates are a counterfeited of the real thing, as remote from the serious issues facing the nation as a circus is from reality on the street. It is clown time.

Meanwhile, the donkey and elephants herded on the show's periphery are in full stampede, running this way and that, toward some ambiguous destination. They know not where the calamitous race will end. Even though Americans delight in the spectacle, they look nervously about for the nearest exit. They have no confidence in the direction they are led. They are hypnotized by the absurdity of it all, stuck in a passive state of stupidity. They are oblivious to the political hacks who take advantage of their communal distraction. With eyes wide open, the electoral system is robbed of legitimacy. The assault of cynicism threatens to bankrupt the entire process.

The media-induced trance is part of the surrogates' doing, too. They need only look and sound credible to be effective con artists. They pick donors' pockets, separate the facts from the truth and sow seeds of distrust and confusion. Their marks co-operate in their own seduction. They are happy to be taken for a ride from which they'll not return. Politics as entertainment is addictive.

Right-wing populists use the electoral process as a means to destroy it. Americans intoxicated with anger rally behind the onslaught, cheering it on. They thrill to uncaging an unpredictable force, empowered with their support to terrorize hapless "others." There is a twisted notion of economic revenge.

Alas, they are dupes, blind to and complicit in what is actually going on

— an electoral process so corrupted by money and special interests, that democracy is about to be stolen. Corporations are people. Money is free speech. We did it to ourselves.

When the show is done, when the full measure of the crime is taken, our regret will come too late. It won't matter if someone aspiring to be president of the United States is without the qualifications and experience to do the job. Donald Trump is the first candidate to get this close to the Oval Office without either. He is the proof of the concept the perpetrators of a failed democracy were looking to find. The irony is he found them first.

Yes, ladies and gentlemen. This is the "Greatest Show on Earth" — our incomparable American democracy making its periodic, peaceful transfer of presidential power. But the transition is dangerously out of control, like an ancient Roman circus where only the lions survive. Most of us will arrive at the polls exhausted. Still, more is to come. Even when the tent is quiet, the side shows ceaselessly beckon an audience with breaking news.

First comes the tease, henceforth of the undiscovered, the half-man/half-woman; or some other novel aberration never known to man — until now! It's all a part of the plan — whose plan we never know for sure. Call them the "Impresarios of Leaks." He/she/it promises the exposure of secrets will blow our minds and the election results, too.

Veiled threats hint of bombshell disclosures, an "October surprise." A

sickening reveal is made of Donald Trump's "locker room" talk, the adolescent euphemism he used to explain his adult sexual predations against women. October isn't even over yet.

In the last two presidential debates, a screen shot of the Declaration of Independence served as the background to the speakers' platforms. This historic, foundational document embodies the principles and values the Founding Fathers thought fundamental to guiding the emergence of the new democracy. It reminds us of the sacred trust we share as American citizens to serve and protect that vision, now, and for all future generations.

Think about the stark contrast between the Declaration's soaring aspirations — human equality, and life, liberty and the pursuit of happiness for all — and the reality show featuring the two dueling candidates on stage defending those ideals. The greatest show on Earth? Not hardly. And shamefully, not anymore. ■

— Leslie Lilly is a native Floridian. Her professional career spans more than 25 years leading major philanthropic institutions in the South and Appalachia. She writes frequently on issues of politics, public policy, and philanthropy, earning national recognition for her leadership in the charitable sector. She resides with her family and pugs in Jupiter. Email her at lilly@floridaweekly.com and read past blog posts on Tumblr at lilly15.Tumblr.com.



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OCTOBER

COMMUNITY EVENTS & LECTURES



Hands-Only Adult CPR Class

Tuesday, October 18 @ 6:30-7pm
Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. Palm Beach Gardens

Medical Center sponsors a monthly CPR class for the community, held at the Palm Beach Gardens Fire Rescue. Local EMS will give a hands-only, adult CPR demonstration and go over Automated External Defibrillator (AED) use. Participants will have the opportunity to practice their new skills using CPR manikins.

Reservations are required.



What you Need to Know About AFib

Simie Platt, MD
Cardiac Electrophysiologist

Thursday, October 20 @ 6-7pm
Palm Beach Gardens Medical Center // Classroom 4

Atrial fibrillation is the most common type of heart arrhythmia. Join Dr. Simie Platt, a cardiac electrophysiologist on the medical staff at Palm Beach Gardens Medical Center, for an educational lecture on AFib risk factors, symptoms and treatment options available at the hospital.

Light dinner and refreshments will be served. Space is limited.



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@ 9am-1pm

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OPINION

Obama's legacy may be mired in Syria



bill CORNWELL

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On Jan. 20 a new president will be inaugurated, making Barack Obama a private citizen once again. After eight grueling years characterized by unremitting, personally charged attacks against him and his family, Mr. Obama seems to be looking forward to his life as an ex-president. We wish him Godspeed.

Like his predecessors, Mr. Obama is spending his final months in office burrowing his legacy. That is understandable. When presidents depart, journalists and academics rush to render historical judgments. Americans are an impatient lot, and we want our "history" now, not years from now, when it has, of course, legitimately become history.

Former presidents are vexed that their failures overwhelm their triumphs. Jimmy Carter brokered the landmark peace agreement between Israel and Egypt, but the mere mention of his name now conjures images of a timid man in a cardigan whining about a national malaise. George H.W. Bush cannot understand why his masterful prosecution of the first Gulf War is obscured by his stumbling domestic policies and an ill-timed glance at his wristwatch during a presidential debate. Bill Clinton is embittered that he is forever linked to Monica Lewinsky. What about those high-rolling economic good times of the 1990s? he wonders. George W. Bush insisted, upon exiting the White House in 2009, that it would be at least 50 years before anyone could fairly assess his performance. He has a point, but it is hard to see how his lamentable record of two botched wars and a ruined economy will look any better in 2059.

Ronald Reagan is the only president of recent memory whose legacy remains largely intact and unscathed — more a testament to his aw-shucks amiability and

Irish charm than anything else. Reaganites swoon over the role he played in the collapse of the Soviet Union. Less remembered is that Mr. Reagan should have been impeached and convicted because of the Iran-Contra affair, which involved swapping arms for hostages and the illegal funneling of funds to right-wing rebels in Nicaragua. The Teflon President avoided impeachment by pleading he was blissfully unaware that Oliver North and his merry band of henchmen — operating out of the White House, no less — were shredding the Constitution right under his nose.

It is Mr. Reagan whom Mr. Obama hopes to emulate in the shaping of his historical record. But the emotionally distant Mr. Obama, lacking the Gipper's avuncular good cheer, will have a tough time pulling that off.

Many of Mr. Obama's shortcomings as president can be laid at the feet of radical Republicans who questioned the legitimacy of his election and were determined from the outset to bring him down — regardless of how much harm their unyielding opposition inflicted upon the Republic. He also faced, as our first African-American president, strong headwinds of racism. (Donald Trump's indefensibly vile birther ravings comprise Exhibit A in this regard.)

As noted, most presidencies are tarred by at least one notable failure. Mr. Obama's signal misstep, Syria, is a real whopper and a pluperfect disaster that will be dumped into the lap of his successor and complicate American foreign policy for decades to come. Mr. Obama's curious ambivalence toward this savage civil war has resulted in unspeakable carnage, an international humanitarian and refugee crisis of epic proportions, a diminution of American prestige and an emboldening of Russian President Vladimir Putin and his sadistic sidekick, Syrian President Bashar al-Assad.

The failure that is Syria will define Mr. Obama as surely as the Iraq fiasco has come to define George W. Bush. As with Mr. Bush, we needn't wait 50 years to make that historical pronouncement.

Republicans scream about Obamacare, Benghazi and a host of other real and imagined "scandals" and foul-ups, but future scholars and biographers will produce volumes that chronicle and dissect the agony of Aleppo.



EVAN EL-AMIN / SHUTTERSTOCK.COM

Mr. Obama understands the existential threat Syria represents to his standing. He says the debacle haunts him. He undermines that claim by insisting the Syrian quagmire is, in essence, unsolvable — a strangely passive and self-diminishing observation from someone who sincerely believes he ranks among the top five or so American presidents.

In an interview with Doris Kearns Goodwin, the Pulitzer Prize-winning historian, Mr. Obama said this of Syria: "But I do ask myself, 'Was there something we hadn't thought of?' Was there some move that is beyond what was being presented to me that maybe a Churchill could have seen, or an Eisenhower might have figured out? ... I think in this job one of the things you realize is there are problems that end up being really hard and by definition the only problems that come to my desk are the ones that nobody else can solve."

Fair enough. But to be mentioned in the same breath as Washington, Lincoln and the Roosevelts, a president must aggressively untangle the "really hard" problems and ultimately conquer "the ones that nobody else can solve."

That is the test of presidential greatness, Mr. Obama, and in Syria you flunked. ■

— Roger Williams' column will return next week.

The agony of the Republicans



richLOWRY

Special to Florida Weekly

Less than a month before the election, the Republican speaker of the House says he won't defend or campaign with his party's presidential nominee. The nominee has responded by slamming the speaker on Twitter, and his campaign manager is accusing some (unnamed) elected Republicans of sexual harassment against her.

The Donald Trump campaign and the Republican Party show every sign of entering into an ugly death spiral. The revelation of the Trump "Access Hollywood" tape occasioned a historic rupture, with elected Republicans around the country denouncing Trump and calling on him to step aside.

Any hope of Trump turning a corner with his relatively competent second debate was dashed when House Speaker Paul Ryan told his colleagues that he is concentrating on saving his House majority as a check on Hillary Clinton.

It is a fact that one out of two major-party presidential campaigns fail. Some fail badly. But the GOP may be about to

experience an unprecedentedly wrenching debacle because its nominee is an ideological interloper with no impulse control or regard for political norms. No matter how bad or weird the campaign seems now, it could get worse and stranger still.

Bob Dole was a horrible presidential candidate and not a particularly conservative Republican. But he was an honorable man who had a loyalty to things bigger than himself, including his political party. When Republicans had to cut him loose in 1996 to try to save their congressional majorities, he was a good and loyal soldier.

Does anyone expect that of Donald Trump? His investment in the party is nil, and he takes all slights personally, whether they are from Alicia Machado or the speaker of the House.

The "Access Hollywood" tape was a tipping point. In isolation, perhaps Republicans could have looked beyond it. But after so many controversies and interventions and alleged pivots, the dam finally broke.

The split creates the predicate for a GOP internal war until November and beyond. It will pit swing-state Republicans and those who want to save them, like Paul Ryan, against Trump's hard-core base and the balance of ordinary

partisan Republicans. The disunity itself will be damaging and dispiriting.

There will be every incentive for Trump to exacerbate rather than try to smooth over, or at least look past, the divide. Hitting back at his party critics energizes his fans, and, if he is headed for a loss in November, it sets up a stabbed-in-the-back narrative after the election. So his party detractors are insiders, quislings and, to believe his campaign manager Kellyanne Conway, sexual harassers.

The period before the first presidential debate, when Trump pulled close to a tie with Hillary Clinton, feels like an eon ago. He had come back with a month of relative discipline beginning in mid-August that now looks like a parenthesis in an otherwise recklessly selfish campaign.

That Trump would become a poisonous wedge issue within the GOP was always a plausible worst-case scenario. Now, it is upon us. Trump supporters in the primaries wanted to "burn it down." They may well be able to point to the wreckage of the post-November GOP as an indicator of their smashing success. ■

— Rich Lowry is editor of the *National Review*.

HALLOWEEN EVENTS

CLEMATIS BY FRIGHT

A free, frightful fete for the whole family is held each year from 6 to 9 p.m. on the Thursday before Halloween in Clematis by Night's timeslot.

The highlight is often the costume contest, with categories for kids, adults, couples, families and pets. People seem to get more creative when money is involved, and there's more than \$5,000 in prize money up for grabs for the best costumes. Registration begins at 6 p.m. and you must be present to win. The kid, family and pet costume contests take place at 7 p.m. and the adult and couple costume contests take place at 8 p.m. at the Lake Pavilion.

Family activities include hay rides, face painting, a caricaturist, balloon twisters, and games, and the Miami-based rock band Jason K & Signal Fire perform. From oldies to current covers to their own original material, the band delivers a little something for everyone.

At the Haunted Hallows, held on the Great Lawn, children can safely trick-or-treat with candy provided by nonprofit organizations and local businesses. Get your free Halloween bag, compliments of the City of West Palm Beach.

IF YOU GO: 6-9 p.m. Oct. 27, along the West Palm Beach Waterfront, Flagger Drive and Clematis Street, in downtown West Palm Beach. Free. Info: 822-1515; www.wpb.org/events.

BOO AT THE ZOO

This kid-friendly celebration of All Hallows' Eve has been held at the Palm Beach Zoo for 17 years. The safe, not-too-scary experience features candy chosen because the manufacturers' conservation and sustainability efforts, specifically related to palm oil. Unsustainable palm oil harvesting is a huge threat to Malayan tigers as well as other species who live in Southeast Asia and Indonesia.

Choose RSPO (Roundtable on Sustainable Palm Oil) certified candy for your own Halloween celebrations. Need a list of candy: Find the guide at www.palmbeachzoo.org/boo-at-the-zoo-2016.

Boo at the Zoo festivities will be held late on Oct. 28, from 5 to 8 p.m. and on Oct. 27, come from noon to 4 p.m. or 5 to 8 p.m. Sunday, the hours are noon to 4 p.m. Activities include Trick-or-Treating, costume character meet-n-greets, costume contests, pumpkin decorating, a kids' DJ, and a haystack hunt.

IF YOU GO: The Palm Beach Zoo, 1301 Summit Blvd., West Palm Beach. Admission is free for zoo members from noon to 4 p.m. Saturday, and \$5 for evening hours. Nonmembers: \$19.50 for ages 13 and older, \$14.50 ages 3-12, free for younger than age 3. Info: 547-9453; www.palmbeachzoo.org

XGLOSIVE TENNIS

The Palm Beach Gardens Tennis Center will host Halloween "XGLOsive Tennis," where players compete under dance-club-like black lights, to invigorating dance music, of course. Players are only visible from their glow-in-the-dark face painting, their XGLO T-shirt, and glowing accessories. There's a prize for the best costume.

This spooktacular tennis event takes place at the center at 5110 117th Court N., on Friday, Oct. 28, in two sessions. From 7:30-8:30 p.m., it's for players age 17 and younger. From 8:30-9:30 p.m., age 18 and older play. Info: 775-8277. Registration is \$20. Register online at www.pbgrec.com/tennis

THE GARDENS MALL'S HALLOWEEN PARTY

The mall will be packed with ghosts, goblins, and ghouls during its haunted howl-o-ween party at the Gardens Mall

from 5 to 8 p.m. Oct. 28.

The Spooky Soirée in the Grand Court will include trick-or-treating at participating stores, a costume contest, and lots of photo ops. Post yours on Instagram for the chance to win a \$250 mall gift card. Parents should stop by BRIO Tuscan Grill for a free Halloween cocktail.

At the Kids' Clubhouse in Nordstrom Court, members of the mall's Kids' Club will find science demonstrations, arts and crafts stations, and meet costumed characters including fairy princesses and Teenage Mutant Ninja Turtles. If you're not a member of the Kids' Club, register for free online at www.thegardensmall.com/thegardensmallkidsclub.

The Gardens Mall is at 3101 PGA Blvd., Palm Beach Gardens. Info: 775-7750; www.thegardensmall.com.

PALM BEACH GARDENS FALL FESTIVAL

Celebrate fall with your family and friends at the Fall Festival on Friday, Oct. 28, from 6-8 p.m. at the Burns Road Recreation Center, 4404 Burns Road. This family event will feature trick-or-treating on the trail, children's crafts and activities, live music by Burnt Bisquit and more.

Food and drink items will also be available for purchase. Don't forget your costumes, camera and trick-or-treat bag. The city of Palm Beach Gardens supports children with food allergies so look for the teal pumpkins for non-food treats while trick-or-treating on the trail.

This is a free event and is open to the public. Call 630-1100, or email recinfo@pbgfl.com for more information.

FRIGHT NIGHTS AND SPOOKYVILLE

The biggest Halloween celebrations in Palm Beach County are held at the South Florida Fairgrounds in suburban West Palm Beach. You'll find both the super-scary Fright Nights, one of the largest Halloween parties in Florida, but also the kid-friendly Spookyville at Yesteryear Village

Spookyville is an old-fashioned Halloween for families that want the fun without so much fright. The village's buildings come to life with costumed volunteers, and kids age 12 and younger will find plenty to appreciate, including safe trick-or-treating, kiddie rides, games, and arts & crafts. Costume contests will be held on Oct. 23 and 30.

For folks who can't get enough of dogs in costume, the pet costume contest is at 1 p.m. Oct. 22. You must register your pet with the team and pets must be on a leash. Sorry, no exotic pets.

Special Halloween food and drink are also offered. Admission: \$10, inclusive. Free for age 2 and younger.

At the other end of the fairgrounds, you'll find a world of tortured terror. New to the party this year are two "escape rooms," where costumed actors scare guests as they try to solve the puzzles that will let them out of the room.

Fright Nights takes place Oct. 20-22 and Oct. 27-29, from 6 to 11 p.m. on weeknights and 6 p.m. to midnight on Friday and Saturday nights. Tickets are \$25, which includes three haunted houses and unlimited midway rides. A \$30 Terror Ticket includes four haunted houses and unlimited rides.

Reservations are recommended for the Escape Rooms. A one-hour experience in a room is \$25, which includes unlimited access to the midway rides. Extra haunts are \$5 each.

Parental discretion is advised for kids younger than 12. Info: 793-0333; www.myfrightnights.com, www.escapefrightnights.com. ■

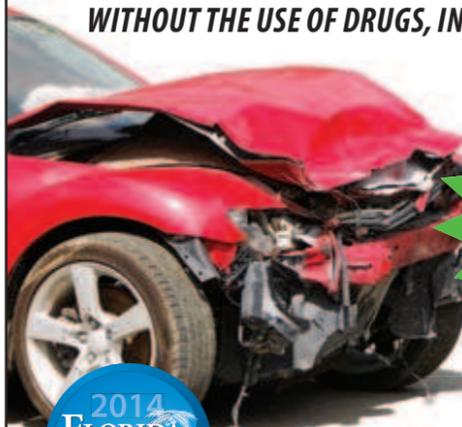
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PET TALES

One-two punch against heartworm

BY KIM CAMPBELL THORNTON

Universal Uclick

If you've heard that heartworm, a dangerous parasite that can cause serious disease and death in dogs as well as cats, is becoming resistant to the drugs we've long relied on to protect our pets, you've heard correctly.

"Failure of oral preventive drugs is reported most often from the Mississippi Delta area, where transmission rates are very high and resistance to preventive drugs has been confirmed," said Dr. John McCall, professor emeritus in the Department of Infectious Diseases at the University of Georgia College of Veterinary Medicine. "But the spreading of resistance to other parts of the country is just a matter of time."

The threat of heartworm that can't be prevented with our present drugs is not a minor one. Infection with heartworm, a parasite spread by mosquitos, can cause life-threatening immune system reactions, respiratory distress, kidney failure, heart failure and other symptoms in both cats and dogs. However, there's some good news, too. McCall recently published a study of a new two-step approach to fighting heartworm infection in dogs, one that targets both the heartworm and the mosquito that carries it.

"Heartworm is a two-parasite system," said Dr. Elizabeth Hodgkins, director of veterinary relations for Ceva Animal Health, which makes Vectra 3D, a topical mosquito repellent and insecticide for dogs that also fights fleas and ticks. "Until



Changes in mosquito populations make targeting mosquitoes an important part of heartworm prevention.

now, we have not targeted one of these parasites, the mosquito. We've relied on preventive drugs against the worm to do the 'heavy lifting' alone."

This flies in the face of how human public health programs fight mosquito-carried diseases like Zika virus, where the mosquito is always the primary target. Not only that, but putting all your health eggs in one prevention basket will always be less effective than protecting against disease with more than one strategy.

"When you get a flu vaccine, you still take other precautions, don't you?" asked Hodgkins. "You still wash your hands and avoid standing in the air space of someone who's coughing. You know there are other things you need to do to give that vaccine the best chance to keep you from getting sick." It's the same, she said, with heartworm.

When it comes to preventing the spread of resistant heartworm outside the South, or protecting dogs in areas where resistance is already present, targeting

the mosquito is a valuable extra layer of prevention.

Resistance is thwarted because the topical medication stops more than 95 percent of mosquitos from biting protected dogs. As a result, the dog has a greatly reduced risk of getting infected — and so does an uninfected mosquito, who might bite an infected dog later. That stops the transmission of both resistant and non-resistant heartworm.

On top of that, the repellent and insecticide killed 98 percent of the mosquitos exposed to a protected dog. That's good news for everyone, including humans, cats and other pets, who would benefit from a reduced mosquito population. "In areas where mosquitoes are abundant, hundreds, and possibly thousands, of mosquitos can bite a dog in a 24-hour period," said McCall. "The use of a repellent and insecticide could reduce this by 95 percent or more for an entire month."

While there's no such thing as 100 percent protection when it comes to living creatures, this double-defense of topical repellent and oral preventive medication is about as close as you can get.

Although cats also suffer from heartworm infection, there is currently no repellent safe for use on them. Owners of both cats and dogs should keep the treated dog away from the cat until the topical repellent is fully dry, usually a few hours after application.

Dog owners can learn more at www.fightheartwormnow.com, and should consult their veterinarian about how to protect their pets from heartworm infection. ■

Pets of the Week



>> **Mallory** is a 2-year-old, 54-pound female mixed breed dog that gets along well with anyone, and is happy either to chill or to play.



>> **Boogi** is a 4-year-old male cat that likes adventure. He also enjoys being cuddled.

To adopt or foster a pet

The Peggy Adams Animal Rescue

League, Humane Society of the Palm Beaches, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspsb.org. For adoption information, call 686-6656.



>> **Patches** is a spayed female calico cat, about 4 years old. She's shy when she first meets people, but is very vocal, and gets along well with other cats.



>> **Mugen** is a neutered male cat, about 2 years old, with white and black patches on his back and over one eye. He is friendly and playful. He loves to get pets and belly rubs.

To adopt or foster a cat

Adopt A Cat is a free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment. Call 848-4911, Option 5. For additional information, and photos of other adoptable cats, adoptacatfoundation.org. ■

FLORIDA WRITERS

Science is sexy in scintillating Hannah Smith thriller



"Seduced" by Randy Wayne White. Putnam. 352 pages. Hardcover, \$27.

Pythons, orange trees of ancient stock, infidelity, madness and greed. Is that all there is? Well, no. There is Randy Wayne White's gloriously complicated, totally unglamorous and fiercely independent Hannah Smith.

As in much of Mr. White's previous work, Florida's history and natural assets are much in evidence, as is the author's interest in saving what's left of the state's indigenous wildlife and ecosystem. In many of his novels, Mr. White makes science interesting, and "Seduced" is no exception. The extended, plausibly introduced discussions on how orange trees propagate, along with the reasons for finding clones of the original 16th century stock brought by Spanish adventurers, are almost addictive.

DNA issues, patents on seed development processes and the money to be made from disease-resistant strains of citrus take Hannah, her allies and her adversaries to dangerous cypress swamps, islands that, like much of Florida, are now denuded of the native animal population by the intrusions of ravenous giant pythons and other

exotic predators. Hey, if you're going to find the, orange trees, you're going to have to risk death by python.

True to form in the Randy Wayne White world, the predator most to be feared is the homo sapien.

From her cabin cruiser, Hannah sees some disturbance at her mom's cracker house. Turns out stroke survivor Loretta has been keeping up her affair with the former lieutenant governor of Florida, a wealthy old philanderer named Harney Chatham. Chatham seems to have died in the love making, and now it seems wise to move the body in order to disguise the place of death.

This frantic exercise in saving already wounded reputations soon puts Hannah in the company of Reggie (the deceased's loyal driver) and other Chatham employees. Among them is Kermit Bigalow, the manager of the Chatham citrus groves, a sizeable enterprise threatened by plant disease.

Bigalow, in a failing marriage and with a young daughter, is quickly enamored with Hannah — and doesn't hide his attraction. Hannah, off-guard, is first responsive to his advances, but then cools things off and sets limits. She and Bigalow share the interest in saving the threatened orange groves; Bigalow is particularly interested in the financial benefit of controlling breakthroughs in the cure. However, as Chatham's widow, Lonnie, so makes clear, she would own those discoveries made by him

while in her employ.

Lonnie, a former cheerleader, long tolerated her husband's indiscretions (including his affair with Loretta). Now that he's passed away, she is busy protecting her turf. She's locked Kermit out of his job, and she's worried about land Harney willed to Hannah. Moreover, there is evidence to keep hidden that threatens her own rights to inheritance.

Loretta and Lonnie are just two in an abundance of colorful characters here. There is also a psycho or two chasing after Hannah in pursuit of the magic orange tree stock. One of these is a rapist with his eyes on Hannah, who has enraged him by standing up to his taunts. Clients of Hannah's fishing guide business are among the contributors to the slow accretion of fascinating information regarding the science of oranges and the wealth that information might bring.

"Seduced" culminates with a beautifully crafted, lavishly extended action scene in the cypress swamp where Hannah, her would-be friends and likely enemies, and a python or two all interact in terrifying ways. The suspense thermometer is about to explode. Hannah's survival skills and courage are tested to the heart-pounding limit.

Aside from the three previous Hannah Smith novels and 23 Doc Ford books (most recently "Deep Blue"), bestselling author Mr. White has had four collections of his columns for "Outside" magazine and else-

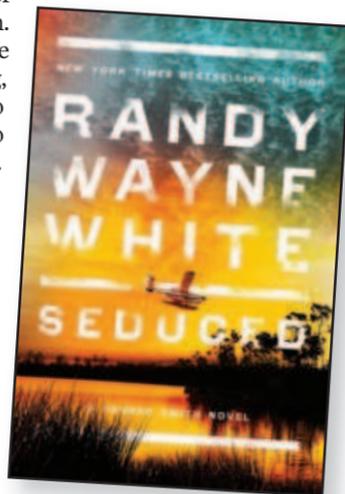
where published. A one-hour documentary film, "The Gift of the Game," about his trip to Cuba to find the remnants of the Little League teams founded by Ernest Hemingway in the days before Castro won the "Best of the Fest" award from the 2002 Woods Hole Film Festival, then was bought by PBS and broadcast station-by-station in the spring and summer of 2003.

Mr. White lives on Sanibel Island, where he was a light-tackle fishing guide for many years, and spends much of his free time windsurfing, playing baseball and hanging out at Doc Ford's Rum Bar & Grille. ■

in the know

Randy Wayne White's book-signing events for 'Seclusion'

- >> **Marco Island:** Sunshine Booksellers, 3 p.m. Friday, Oct. 21
- >> **Fort Myers:** Barnes & Noble, 7 p.m. Friday, Oct. 21
- >> **St. Petersburg:** Haslam's, 1 p.m. Saturday, Oct. 22
- >> **Sarasota:** Bookstore1, 6 p.m. Saturday, Oct. 22
- >> **Tampa:** Inkwood Books at Four Green Fields Irish Pub, noon Sunday, Oct. 23
- >> **Jacksonville:** The Bookmark, 7 p.m. Sunday, Oct. 23
- >> **Cocoa Beach:** Cocoa Beach Public Library, 1 p.m. Monday, Oct. 24
- >> **Vero Beach:** Vero Beach Books, 7 p.m. Monday, Oct. 24
- >> **Delray Beach:** Murder on the Beach, 7 p.m. Tuesday, Oct. 25
- >> **St. Petersburg:** Tampa Bay Times Festival of Reading, Saturday, Nov. 12



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FANTASY

From page 1

adults-only festival has since morphed into the largest event in the Keys, and one of the most popular of its kind in the country. (Imagine Halloween and Mardi Gras got very, very drunk one night in late January, and nine months later you've got Fantasy Fest.)

To hear locals tell it, the event started out small — quaint even, with early themes like “Old Key West” and “Plays of Tennessee Williams.” Over time, it developed a decidedly more adult attitude (most participants of last year’s “All Hallows Intergalactic Freakshow” seemed to have been space-shuttled in from a futuristic world where clothes are irrelevant, but silver body paint ubiquitous).

It's doubtful that founding member Joe Liszka could have foreseen today's current iteration of Fantasy Fest. Mr. Liszka, who in '79 was busy serving as the president of the Tourist Development Association of Monroe County, spent his days noodling out strategies to attract more tourists to the Keys. Always popular during the winter months among tourists fleeing the cold, business dropped significantly after the weather became more pleasant north of Miami. The snowbirds flew back to their nests, so to speak, leaving empty nests — and plummeting profits — behind them.

According to the official history of Fantasy Fest, Mr. Liszka led fellow TDA board member Frank Romano down to Duval Street on Halloween, and asked him to report what he saw when the twosome arrived at the quiet, uninhabited roadside. It turned out to be a trick question; Mr. Romano saw nothing, which was, Mr. Liszka explained, precisely the point. The island's residents and shopkeepers had developed a distinctly European habit of boarding up their homes and businesses and leaving for vacation en masse during the hottest fall months of September and October. To Mr. Liszka, there was no reason that Key West should conform to the typical tourist-driven template of high season/low season occupancy. Key West was sunny and strange all year round — why should its visitors not take advantage of the fact all 365 days of the year? He felt the island needed an injection of fun, something exciting that would draw crowds and reinvigorate the community during what had become a decidedly dreary time to be in the Keys.

Almost 40 years later, Fantasy Fest — still celebrated during the 10 days leading up to Halloween — has become the largest and most profitable of all of Key West's events. Hotels, B&Bs, and private rental homes sell out months in advance, with nightly rates skyrocketing in response. (During 2015's space-themed Fantasy Fest, a single hotel room was reportedly rented for almost \$700, double its yearly average rate of \$350.) In the weeks leading up to Oct. 1, costume stores spring up seemingly overnight, their aisles overflowing with feather boas, fishnet stockings, masks, makeup and wigs. But for some annual attendees, prep begins far more than a few weeks before the festival's start. With many of the festival's events offering thousands of dollars in cash prizes, seasoned attendees begin work on their costumes six to eight months in advance, with results ranging from Broadway-worthy to bordering on obscene.

Historically, Key West has been home to some of our nation's most dedicated drinkers. Indeed, during Prohibition, Florida remained the wettest state in the Union, maintaining its tourist-driven economy thanks to regular ocean shipments of “fish” curiously shaped like bottles of bootleg liquor. Throughout the 1960s and '70s, drugs were sold on Duval Street with the kind of vocal salesmanship now relegated to Spring Break T-shirt hawkers.



OWEN KILLIAN / FLORIDA WEEKLY

Key West locals Jen Hensen Clark and Shawna Miller Allen enjoy the Masquerade March (locals parade).



CHRIS ANDRUSKIEWICZ / FLORIDA WEEKLY

The 10 days leading up to Halloween make for a tremendous variety of costumed revelers who come to party en masse.

Though eventually the island was forced to clean up its act (thanks to a truly wonderful scheme perpetrated by FBI agents dressed as karate fans), there exists today a common misconception that during Fantasy Fest the usual laws are suspended in favor of an agreed upon 10-day no-holds-barred celebration that would make Hieronymus Bosch blush. The truth, however, is a bit less exciting: On Friday, Oct. 28, and Saturday, Oct. 29, a barrier is established around a few blocks of Duval and its adjoining streets, creating an official “Fantasy Zone,” inside the perimeter of which revelers may carry open (plastic) containers of alcohol. Backpacks, coolers, water guns and replica weapons are banned for obvious reasons, while mounted officers astride a herd of formidable, glossy-coated police horses perform crowd-control duties.

Technically, public nudity is illegal in Key West, but during Fantasy Fest that law in particular seems to stretch about a millimeter before its breaking point, much to the delight of participants (and, sometimes, to the horror of a few wide-eyed Dutch families whose travel agent neglected to mention their vacation would coincide with the raunchiest time of the year). Body-painting studios pop up along the length of Duval Street, with women ranging from nubile to decrepit lining up to have their torsos painted — which, the Key West police urge people to remember, still does not actually constitute wearing a top, and therefore request all bare breasts (painted to appear as twin basset hounds or otherwise) remain inside the designated Fantasy Zone.

This year's official Fantasy Fest — themed “Political Voodoo & Ballot Box Barbarians” — will begin with one of the

event's only PG-rated parties, the Goombay Festival. Spanning the weekend of Oct. 21, Goombay sees the historic neighborhood of Bahama Village turned into a kind of folksy, exuberant block party, complete with food and craft stalls, though the heart of the festival is undoubtedly the nonstop musical performances. Featuring a wide range of acts including reggae, funk and gospel, the stage at the intersection of Petronia and Fort Street becomes an inclusive dance party for the island's residents and tourists just beginning their Fantasy Fest vacation.

It's a joyful two days, with this year's accented by the return of the Cannonball Run Rolling Parade on Duval, the nation's

There are no limits or expectations for costumes; some riders look ready for their next scene on “The Walking Dead,” while others might smear some fake blood on their shirt and call it a day, but the more effort you put into your costume, the better, since families camp out in chairs along the way, cheering and filming.

oldest car rally. A must-see for any car enthusiast, the rally recently celebrated its centenary, and this year's relaunch on Friday the 21st promises an invigorated, unique collection; the rally drivers, whose journey begins in Massachusetts, will cruise through Key West before making their way to Cuba for the rally's last leg.

Of course, no Fantasy Fest is complete without its special brand of monarchy. For those unfamiliar with the symbolic coronation of the king and queen of Fantasy Fest, you're in luck: A new exhibit, now open at the Custom House Museum, explores the incredible legacy of the king and queen campaign, which to date has raised millions for the local nonprofit AIDS Help. The exhibit, “Fantasy Island,” takes viewers through the history of Fantasy Fest and the fundraising efforts that those competing for the crown have produced over the years. After you've familiarized yourself with the process, you'll feel at home attending the official royal coronation at the Casa Marina on Oct. 21.

In true Key West fashion, the election of this year's monarchy is less pomp and circumstance, more flamboyant fabulousness, with a two-hour stage show and appearances by local celebrities. Once crowned, the king and queen (awarded for having raised the most money for AIDS help during their campaign) will preside over the rest of the week's parties, parades, galas and get-togethers.

If altruism's your thing, swing by the USCGC Ingham, a Coast Guard cutter-turned-Maritime Memorial Museum, designated a National Memorial to Guardians Killed in Action in World War II and Vietnam.

The crew is hosting its kid-friendly



ANDY NEWMAN / FLORIDA KEYS NEWS BUREAU/HO

A float and walking group with revelers costumed as space creatures proceed down Duval Street last year in Key West during the Fantasy Fest Parade. The nighttime extravaganza was the highlight event of the 10-day Fantasy Fest costuming and masking celebration.

“King Neptune’s Curse and the Spirits of the Long Dead” party (but maybe shorten it to “spooky boat party” for the kiddos). Starting at 8 p.m., kids and adults can navigate the bowels of the historic ship while solving puzzles in an attempt to break Neptune’s curse, thereby saving the entire world. We’ve certainly accomplished less on a Friday night.

Let the kids bask in the glory of their heroism, then leave them at home for a decidedly R-rated version of one of their favorite fairy tales. “Peter Pan’s Adventures in Naughty Land: A Burlesque Parody” will see Key West’s best burlesque performers team up with special guests bearing saucy names such as Moana Amour and Cheeky Derriere, all hell-bent on subverting the classic children’s story by way of artful striptease. The show runs for six nights only at the Waterfront Playhouse, and after the success of last year’s “The Sexy Side of Star Wars,” it’s sure to sell out fast.

Though not an official Fantasy Fest event, the ever-popular Zombie Bike ride is certainly not to be missed. What started as a rag-tag bunch of weirdos careening down South Roosevelt has evolved into a traffic-stopping, national news-covered theme ride from East Martello to downtown Duval Street. Though the event has become less of a “ride” than a start-and-stop, slow-moving parade of fantastically zombified riders trying not to crash into one another, bike traffic along the 4-mile route usually decongests enough toward the end of the highway to allow for a friendly breeze or two.

There are no limits or expectations for costumes; some riders look ready for their next scene on “The Walking Dead,” while others might smear some fake blood on their shirt and call it a day, but the more effort you put into your costume, the better, since families camp out in chairs along the way, cheering and filming. It’s a unique spectacle to be sure, so tell friends out of town to keep an eye out — you might just make the evening news.

Monday Oct. 24, starts out with a bang — of a starter’s gun, that is, when the annual Heroes and Villains Run/Walk 5K takes off from the Southernmost Beach



ROB O’NEAL/FLORIDA KEYS NEWS BUREAU / HO

Braxton the Dalmatian leaps from his “fire engine” driven by owner Leah Burroughs, right, at last year’s Fantasy Fest Pet Masquerade.

Café. Dress up as your favorite hero or villain, make your way to the finish line as fast as you can, and you’ll be in the running (pun intended) for prizes such as “funniest costume,” “most creative” and more. The run ends, as all runs should, with a sunset beach party, after which the beach transforms into a pig roast. Thirty-five bucks gets you access to a buffet chock full of Cuban classics like sofrito, yucca, tostones, picadillo and, of course, roast pork.

On the other side of the spectrum, the unofficial but always titillating Kelly’s Kinky Carnival kicks off at 9 p.m. Monday night, with costumes required for entry — and make no mistake, these are some serious fetishists. The long-standing tradition has resulted in Monday night’s becoming an informal Fetish Night island-wide. Keep an eye out for pop-up BDSM parties (how many times have you heard that one?) and enjoy wandering around the Fantasy Zone for your first glimpse at just how far some people try to push the boundaries of “I swear, officer, I’m not naked.”

Tuesday Oct. 25, offers up a whole range of festivities, including an animal-themed all-you-can-drink SPCA party, the official

Fantasy Fest Poster Signing party, a Beach Bash featuring Patrick and the Swayzees, and of course, the always epic Captain Tony’s Party in Plaid, aka the perfect excuse for having held onto those horrifying madras pants for all these years. For a more obvious thrill, there’s also the Men of Labare Tightly Whitey Party, featuring the all-male Adonis-like revue made famous by the Magic Mike movies.

Dress code encourages sexy white underwear (not an oxymoron, contrary to what your middle school bully might have told you) and tickets are limited. If it was good enough for national treasure Channing Tatum, it’s more than good enough for Key West. One of the favorite nonofficially sponsored events is Tutu Tuesday at the Waterfront Brewery. This year’s theme is Tutus in Space.

Wednesday through Saturday are when Fantasy Fest really gets going, with multiple themed parties — some official, some unsanctioned — happening throughout downtown. Some of the legendary ones: the Pet Masquerade, where a procession of costumed pets and their incredibly crafty owners make their way across a stage at

the Casa Marina to compete for prizes; Wharfstock, where prototypical pirate hangout Schooner Wharf transforms itself into a psychedelic love-child groove fest, complete with body painting contest; the 34th annual Headdress Ball, where the phrase “the closer the headdress, the closer to God” gets tested out for serious cash prizes; the ABC party, where anything but clothes gets you in the door (the other side of which “bunnies” from Nevada’s most famous brothel are waiting, along with exotic dancers and cash prizes to the most creative costumes); an all-day, all-night street fair with crafts, food and last-minute souvenirs; the 16th annual Living Art Expo, where the best “human canvases” are awarded thousands of dollars; a White Party, Red Party, Blue Party, Pink Party, Toga Party, Slumber Party, Kinky Couple’s Party, Glow Party, Pirate Party, Foam Party, Nerd Party and Pajama Party; and, of course, the Dungeon of Dark Secrets party, which is exactly what it sounds like.

There are also two massive parades: the first, the locals-favorite Masquerade March. Thousands of costumed pedestrians gather to parade themselves through downtown to the delight of onlookers handing out shots and beads.

And then, there’s Saturday’s pièce de résistance: The Fantasy Fest Parade, a confetti-throwing, band-booming, float-filled colorful masterpiece to end the festival on a very, very loud note.

If you’re still alive by Sunday, congratulations! May we suggest scraping yourself off the floor and attending the annual “Fat Lady Sings” Tea Dance at La Te Da. We have it on very good authority that yes, there will be a fat lady present; yes, she will sing and that afterward, all of it — eventually, finally — will be over.

At least, until next year.

The full list of events, including tickets, start times and contact info for all official Fantasy Fest events, can be found at www.fantasyfest.com/ (those interested in attending any of the week’s unofficial events should utilize Facebook or <http://fantasyfestparties.com/>). ■



Spooky Soirée

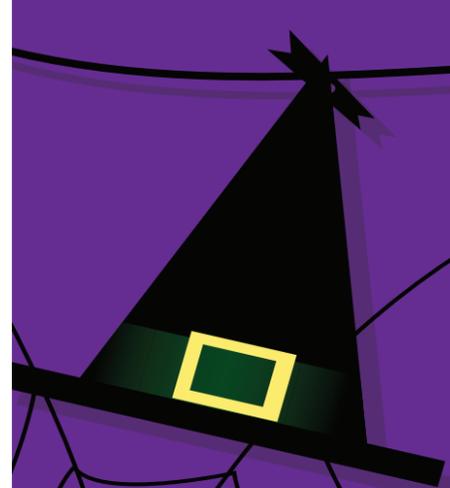
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'Dreyfoos in White' pop-up dinner to raise money for school

Here's one last excuse to wear white this season, but we can't tell you where — at least not yet.

The fourth annual "Dreyfoos in White" pop-up dinner party, set for 6-10 p.m. Nov. 12, will be held at a secret location in West Palm Beach.

It will be revealed one hour before the event, which benefits public school arts education at Alexander W. Dreyfoos School of the Arts.

At "Dreyfoos in White," guests dress in all white and host their own al fresco dinner party within the grand event — bringing simple fare or an extravagant feast or by buying meals from the prix fixe menu by SandyJames Fine Foods.

The Dreyfoos School of the Arts Foundation does the rest — providing tables, chairs, sparklers and white cloth napkins.

White-themed tablescapes created by partygoers compete for prizes for "Most Fabulous," "Most Humorous" and "Judges' Choice" awards.

Event tickets are \$50 each and are now on sale at www.soafi.org. Limited sponsor tables are available.

The secret location will be revealed at 4 p.m. via email and social media the day of the event. Setup begins at 5 p.m. with dinner and dancing from 6-10 p.m.

Visit www.soafi.org or call 805-6298. ■

Fenton to discuss 'Power of Walking'

Healthier Jupiter wants you to get in step.

Join Healthier Jupiter at Jupiter High School at 6:30 p.m. Wednesday, Oct. 26, for a discussion of practical insights to a more active and healthier lifestyle. The "Power of Walking" will be led by Mark Fenton, a nationally known public health, planning and transportation consultant.

Mr. Fenton will share his observations from a walk audit and "windshield tour" of Jupiter's neighborhoods and recommend steps

for everyone to take to increase walking and biking for overall health.

Mr. Fenton also will take part in a grants workshop for Healthier Jupiter's Mini Grant Program at the Town of Jupiter Community Center that's set for 8-11:45 a.m. Oct. 26.

Anyone may attend the workshop, but only proposals from qualified not-for-profit organizations will be considered. Interested not-for-profit organizations must attend the workshop. If you have an idea and are not currently part of a not-for-profit organization, contact Healthier Jupiter project director Carrie Browne at 263-7580, or email her at carrie.jupiter@HealthierTogetherPBC.org. Grant guidelines are at www.healthierjupiter.org/initiatives/grants. ■



FENTON

Advertorial

Avoid these 7 critical mistakes when selling your Palm Beach Gardens home

A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that nearly three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most home-sellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

To hear a brief recorded message about how to order your FREE copy of this report call toll-free

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Pensacola - WEAR (ABC)*

Sarasota - SunCoast News Network
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SOCIETY

Palm Beach GreenMarket



4



5



6



10



11



12

1. Leah Rockwell and Mary Pinak
2. Stella Wormus, Mia Wormus, Aaron Wormus, Annie Wormus and Jackson
3. Keith James, Paula Ryan, Sylvia Moffett, Dorritt Miler, Jeri Muoio, Shannon Materio and Cory Neering
4. Daniel Hudspeth, Hunter Hudspeth and Ashley Hudspeth
5. Jessie Azqueta, Rachel Azqueta, Tripp Azqueta, Kevin Nixon, Ilona Nixon and Nari Nixon
6. Miike Behrens and Danielle Behrens
7. Janice Leclainche, Christian Leclainche and Alex Leclainche
8. Lexi Redmond, McKenzie Rockwell, Johnelle Galimore, Morgan McCause and Cara Sentelik
9. Robert Latouche, David Latouche, Kenya Morris, Sharkeisha Morris and Aveyah Kelley
10. Manuel Pedomo, Shannon O'Brien and Natalie Owens
11. Kirk Barto, Claudia Barto and Taylor Materio
12. Connie Collins, Marina Galese and Kim Waters

ANDY SPILOS / FLORIDA WEEKLY

Go to www.floridaweekly.com and view the photo albums from the many events we cover. Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.

Community members thank Devonshire at PGA National staff for their service during Hurricane Matthew

On October 7, as the southeast coast braced for Hurricane Matthew, the community members at Devonshire, a senior living community in Palm Beach Gardens, knew they were in good hands.

Devonshire is built with top-grade steel beam construction in a non-evacuation zone, so no one was forced to leave their home. But it was the dedication of the Devonshire staff that really put community members at ease. The full-time maintenance team made sure everything ran smoothly throughout the storm. And Devonshire's culinary team stayed on-site to prepare meals that were shared in the community clubhouse.

After the storm, community members presented a card to the Devonshire staff. The sentiment was simple: thank you for making our lives happier, healthier, and safer.

To learn how you can become a member of the Devonshire community, call **1-800-989-7097** or visit **DevonshirePGA.com**.

TO THE WONDERFUL DEVONSHIRE STAFF,

THANK YOU FOR ALL YOU DO EACH DAY TO MAKE OUR LIVES HAPPIER, HEALTHIER, SAFER, AND FULLER. WE ESPECIALLY WANT TO THANK THOSE WHO STAYED HERE THROUGH HURRICANE MATTHEW. WE ARE GRATEFUL FOR THE DELICIOUS MEALS YOU PREPARED, THE PROTECTION YOU PROVIDED, AND THE LAUGHS WE SHARED.

THANK YOU!



DEVONSHIRE
AT PGA NATIONAL

An Erickson Living Retirement Community

SOCIETY

Big Wigs fundraiser for breast cancer at Cosmo & Company, West Palm Beach



Sasha Connolly,
Cosmo DiSchino
and Nadia Yazinka

1. Claudia Mason, Lynn Levy and Dayve Gabbard
2. Curtis Peery and Carolina Peery
3. Dia Ryan and Michael Banks
4. Jonathan Duerr, Erika Strimmer, Cosmo DiSchino, Lynn Levy, Raphael Clemente and Curtis Peery
5. Kim Spring and Raphael Clemente
6. Chris DiSchino, Cosmo DiSchino, Louis Lunetta Jr. and Louis Lunetta Sr.
7. Sandy Strader and Heather Laughlin
8. Michael Mushev, Isabella Mushev and Nicole Caprio
9. Patricia Kelleher, Kristi Holm, Marty Miller and Kim Atwell
10. Elide Collins, Lisa Campbell, Raphael Clemente, Patricia Kelleher, Patti Abramson and Lee Schwartz

"Like" us on Facebook.com /FloridaWeeklyPalm Beach to see more photos. We take more society and networking photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover. Send us your society and networking photos. Include the names of everyone in the picture. Email them to society@floridaweekly.com.

ANDY SPILOS / FLORIDA WEEKLY

BREAST CANCER AWARENESS EVENTS

Holding a breast cancer awareness event? Please let us know at pbnews@floridaweekly.com.

Taste of CityPlace — 5:30-8:30 p.m. Oct. 20, CityPlace, West Palm Beach. Food and cocktail tastings, live entertainment. Wear pink to support breast cancer. \$20 in advance, \$25 at the door, available at CityPlace Guest Services. 366-1000; www.cityplace.com.

Wine and Food Gala benefiting the American Cancer Society — 8:15-10:15 p.m. Oct. 21, Doris Italian Market & Bakery in the Shoppes at City Centre, 11239 U.S. 1, North Palm Beach. Sample more than 100 wines from around the world, enjoy a buffet of authentic Italian cuisine and sample artisan cheeses. Tickets: \$29.95. Making Strides Against Breast Cancer receives \$10 from each ticket sold. Guests receive a \$10 credit toward a wine purchase that evening. Get tickets at the market; (954) 572-5269; email customerservice@dorismarket.com.

Every Boob Counts 5K Run/Walk — 7:30 a.m. Oct. 22, John Prince Park, Lake Worth. Run or walk on this certified course around Lake Osborne, followed by family friendly activities. Proceeds to benefit Susan G. Komen, South Florida and other community outreach programs that increase breast cancer awareness, promote the importance of early detection and provide support and resources to those in our local community.

Key To The Cure Charity Shopping Event — 6-8 p.m. Oct. 26, Saks Fifth Avenue at the Gardens Mall, Palm Beach Gardens. This annual Key to the Cure event helps by donating two percent of purchases from the Charity Shopping Weekend (Oct. 27-30) to the Kristin Hoke Breast Health Program at Jupiter Medical Center, as well as 100 percent of the local proceeds from each limited edition T-shirt sold. 263-5728; www.jupitermed.com. ■

EL SOL

From page 1

and employers to provide accountability for both sides, and as a way to match workers to the job needed.

The town of Jupiter donated the use of the building at Military Trail and Indian-town Road to the center, where workers gather daily to be hired.

"We're not a job placement or staffing agency. We have to be careful matching corporations with a day laborer. If you want to make arrangements for multiple jobs, you have to do this yourself," he said.

Training for the staff at El Sol comes from the Career Source of Palm Beach County. The goal is to provide skills to move the laborers beyond day jobs to steady work. OSHA training for the workers also is encouraged by El Sol staff.

While there is a large group of volunteer workers at El Sol, including those from AmericaCorps VISTA, there is a paid staff, including Executive Director Jocelyn Skolnik, a native of Guatemala. She was recognized for her work by the White House in 2013 as a "Champion of Change."

Funding for the center is from several sources, but primarily grants and donations. "We apply for private grants and have in-kind support — donations of teaching materials, for example. Our only major fundraiser is the El Sol Fest, though," Mr. Lopez said.

As demographics change in Jupiter and Palm Beach County, programs are adapted to help others. "Today we have a lot of native-born Americans as day laborers," he said. "We're seeing an influx of people from Venezuela and Europeans also, as day laborers," he said, "but we're open to serve anyone who is a resident of Jupiter."

The core group is Mayans from Guatemala and from South Mexico. They have few resources available to them, especially in their native languages.

"We offer social services, such as legal aid and health programs, and education programs. English and Spanish literacy, for example. A lot of the time, they come here with little education, so they haven't even passed a sixth-grade education. And for many, Spanish isn't their first language, either. They may speak a Mayan language. So we give them that literacy in Spanish, then transition them into English classes, too," he said.

The school is for students and parents, or grandparents.

Extra help is provided at the high schools by Jupiter High School students working with their classmates.

They provide literacy work through other life-skill classes, such as cooking — and reading a recipe.

Advanced classes teach computer literacy, vocations such as floral design, and sewing. "Sewing is our most robust program," Mr. Lopez said.

A lunch for workers is offered, and women from the community volunteer to cook. "We have a full professional kitchen," Mr. Lopez said.

They also have a vegetable garden where some foods will be sourced for an upcoming market.

The women will also be providing foods for the festival. Eight countries are represented at the food vendor booths, including Mexico, Guatemala, Peru, and Spain.

Foods will range from Mexican soft tacos and tostados, and grilled steak platters with rice and beans, to Honduran baleadas — a folded tortilla filled with cheese and mashed beans; and horchata, a traditional rice drink flavored with cinnamon. Guatemalan chilles rellenos and hojuelas, a sweet fried pastry; Peruvian causas, a potato tart; and Colombian arepas, corn cakes, will be offered at pricing conducive to sharing or trying a variety.

"We want people to know how reasonable the foods are," Mr. Lopez said.

Other vendors will display artwork. "Among the day laborers we found amazing painters. It's grown into a signature festival, representing the Mayan heritage. We're proud of our Haitian artists as well."

"There will be beer dance performances, the traditional dance you see in Guatemalan villages. Music will be the traditional instruments, the marimba."

Other artists from the Lighthouse Art Center in Tequesta will participate, and there will be kids' activities such as face painting and hands-on art projects.

Mr. Lopez said, "It's really a celebration of art and history and culture — and a very family-friendly event." ■

in the know

El Sol Fest

>> **When:** Oct. 23 from 1-5 p.m.; a pre-festival cocktail event is \$40 on Saturday, Oct. 22, at 6 p.m.

>> **Where:** 106 Military Trail, Jupiter

>> **Cost:** Free

>> **For info,** visit www.friendsofelsesol.org.

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COURTESY PHOTO

Carefree Theatre in the 1950s, when it also had a bowling alley.

Carefree . memories

Looking back at a building that was more than just a building for generations

BY JAN NORRIS

jinorris@floridaweekly.com

Some will note the razing of West Palm Beach's Carefree Theatre as the end of an eyesore at the corner of Dixie Highway and Flamingo Drive. After all, the crumbling building that failed to weather hurricanes and changing times didn't warrant enough architectural significance to get the historical registry folks interested.

That made no difference to its many patrons and former workers, however, who saw it not just as a job site, but more of a home away from home. For them, it's painful to see it reduced to piles of bricks, making way for a new complex that could possibly house a new theater.

Scott Gartner, who worked as a booking agent and handler for bands coming through the Carefree, explained. "We all grew up there."

Joy Melegari-Bryson, a manager who wore a number of hats at the theater, including directing the shadow cast for the long-running midnight movie, "Rocky Horror Picture Show," agreed. "There are so many memories there. They may be able to knock down our building, but they can't take away our memories."

While in later years the building was home to a concert venue, a movie theater showing international art films, an art gallery, a café, and the Comedy Club, long-time locals remember it as a first-run movie theater, as well as a pool hall, and the "Bowlaway" — a 10-lane bowling alley where wooden pins were set by hand.

Leon Chalhub Jr. and his sister, Carol Chalhub Smith, remember their father's theater. Leon Chalhub was one of the three brothers who owned and ran the recreation complex.

"They had no experience," with theaters or bowling alleys, said Mr. Chalub. It was all a new venture for them. "My Uncle Elias and Dad ran the business because my Uncle George was in the war. He returned in 1945 and helped then."

The scoop on the beginning

Carefree's building started out as an ice cream parlor and coin laundry, then in 1939, the Chalhub brothers bought it

and converted it into the Carefree Bowlaway with a billiard room. It also housed a fabric store called Fashion Fabrics, run by Edna Chalhub, now Edna Panutsos — a sister to the owners.

In 1948, the movie theater, seating 805, was added to the east. The seat-count included a soundproof, glass-front "crying room" for moms with fussy babies, upstairs next to the projection booth.

It was a true silver screen Cinemascope movie house, debuting with the film, "The Egg and I."

"Growing up, parents would bring their children, drop them off on Saturday morning, and the kiddie shows would run in the morning. They had bowling leagues, and played Ping-Pong. "Back then, leaving your child wasn't a big problem. There was plenty for them to do," Mr. Chalub said.

The Chalub children worked there, as did most of their other family members, he said.

"We all participated. I remember my Uncle Elias used to have screenings where he'd actually bring a movie in he was considering. The family members all went to see the movie before he'd decide to purchase the movie for the public. It was after hours. All the good ones we saw — we just saw them first."

Mrs. Smith worked the concession stand, and helped set the bowling pins back in place after each set. "I also kept score for some of the bowling leagues," she recalls.

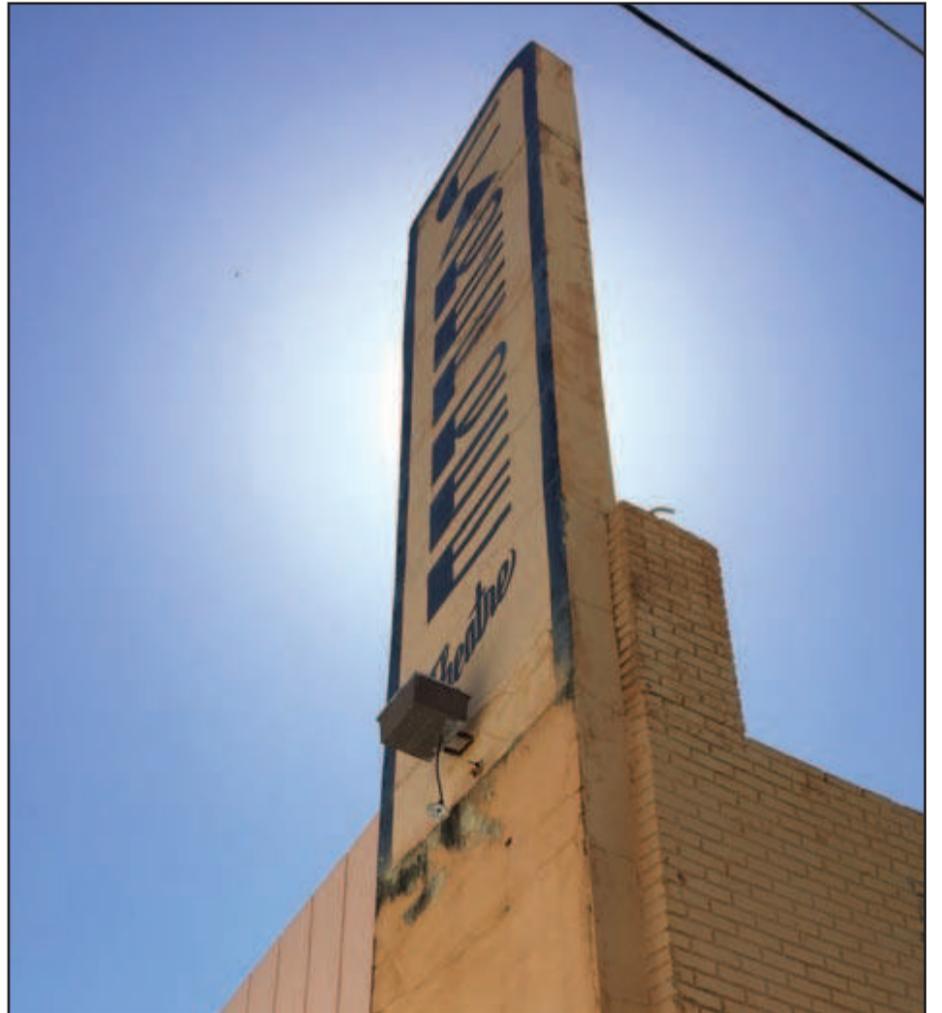
Mr. Chalub racked the pool balls for games in the men's billiard room.

"I can remember Burt Reynolds and Dick Howser, a major league baseball manager. They'd come in and play pool in the afternoons. Willie Mosconi, and a lot of the other famous pool players would come and put on exhibitions there."

His sister met Jackie Gleason when he came in to play pool. There was a flutter of excitement the morning the then first lady, Jacqueline Kennedy, came to watch a movie with her sister, Lee Radziwill.

"My mom let me and my cousin Sandra go," said Mrs. Smith. "They were already seated. We got on the row right behind them and sat on the edge of our seats. We were so close we could tell that she didn't have long fingernails."

Toward the end of the movie, she said, "All of a sudden about 10 men stood up all over the theater and they got up and went out to their limousine before the movie was over to eliminate a crowd. We got up right behind them. We went out and saw them get in — and they waved to us! It was a highlight for sure for us young kids."



SCOTT SIMMONS / FLORIDA WEEKLY

The sign of the Carefree Theatre was a South Dixie Highway landmark for decades.



Katie Deits (in the 1960s, left, and today, right) sneaked away to the Carefree to see "West Side Story."

A locals hangout

Area attorney Rae Franks remembers: "I went bowling there in junior high, then played pool in high school when they opened it to women." She noted the pool room was for men only for many years.

Katie Deits, a local artist and frequent contributor to *Florida Weekly*, went to the movies there

while in high school in the late 1950s and early '60s. "I saw 'West Side Story' there, even though my mother thought it was too racy. My parents forbade (me) seeing it, but I went anyway."

"It was more of a big deal going to the movies back then. We'd go there on dates. I remember the screen was so big. We didn't have big-screen TVs back then — the TVs were really small, so this was really big to us."

The seats everyone would later complain of were fine by her, she said. "There weren't any luxury theaters. The Palm downtown, but no luxury theaters like you have today with fancy seats."

Ms. Deits remembers all the area high school kids mingled there. "The Carefree was just a hang-out. It was an innocent time — there were no drugs, we didn't get into anything like that, we just hung out. After the movies or pool, we'd go over to The Hut. It was just what everybody did back then."

Mrs. Smith says one of her fondest memories is of her graduation night. "My Uncle Elias closed the theater at 10 o'clock. My entire graduating class was invited to come to an all night lock-in party. Once you arrived, you turned your keys in. We were allowed to bowl, watch movies, shoot pool, play Ping-

Pong, shuffleboard, and take advantage of all the snacks and use the entire facility the entire night for free. We were chaperoned by my parents, and aunts and uncles of a couple of us.

"The parents were so appreciative that they didn't have to worry about where their children were all night."

Her good friend Penny Greenberg Murphy, whose family owns Pioneer Linens, said, "I remember how much fun it was — they had the bowling alley, the movies there, and pool tables for the men."

"I remember going on a date there with friends — you knew everybody. Because everybody was so close, you might have gone to church or temple with them, or known them through family friends. A lot of my girlfriends were dating boys from Palm Beach High. We went to Forest Hill. A lot of people from both high schools were there, so when you were bowling, it was, 'Who is going to win? The Falcons or the Wildcats?'"

She remembers the more innocent days of an early West Palm Beach where the Carefree was a teen hangout. "It was still a small town. You knew everybody there. No matter where you went in those days it was like having a party with your friends all the time."

Her friend, Barbara Eissey Porscher, recalls the "best, best hamburgers there. They had a counter like Woolworth in the bowling alley. My parents and their friends lived on Flamingo, and we'd just walk down the street and I'd get a hamburger."

She also saw movies there. "I remember seeing 'A Man for All Seasons' and 'Out of Africa.'"

Another long-time resident, Janet Morgan, recalls going there for movie night. "There was no place to park. You had to walk down the street. That was a really big night on the town when you went to the movies back then, though. There weren't theaters everywhere like today, and only one movie was shown on that big screen."

"I'd go with a friend who loved the movies. She still talks about seeing 'Fiddler on the Roof' there. Afterwards,



MURPHY



COURTESY PHOTO

Owner Jon Stoll smiles in the lobby of the Carefree Theatre in a photo dating from 1984.



COURTESY PHOTO

The "Rocky Horror" shadow cast from the early 1990s, with Joy Melegari-Bryson at top center.

we'd go across the street — actually it was around the corner on Belvedere — to Howard Johnson's. She loved their fried clams."

Single-screen movies fade

In the 1980s, as multiscreen theaters became the trend, the individual movie houses were gradually abandoned, left to art-house screenings.

Concert promoter and Fantasma Productions founder Jon Stoll bought the Carefree in 1984. He left the movie theater intact, showing foreign and vintage films, and a few first-run movies, and hosting the Jewish Film Festival.

But it was as a concert venue he promoted the space, bringing in acts from around the country to play the intimate setting, where, according to all who attended, there was not a bad seat in the house.

Jesse Stoll, Jon's son, grew up in the theater, though he was too young to work there.

"It was a special place. One of a kind, really, in South Florida. It had a genuine, vintage vibe when you walked in."

His dad put money into the acts, but not into the building, he said. "You had to be prepared to walk into an experience. He didn't throw a lot of money into it."



JESSE STOLL

"It wasn't a real moneymaker at the end of the day. The AC didn't work, and it was loud. But it was more about the fans, and for the music. It was stepping back in time. It was a cozy place to play. "With all the technology today, it's rare to find that now."

It also proved an artists' springboard back in the day, he said.

Scott Gartner worked for Mr. Stoll from 1986 until the Carefree closed in 2006.

"Prior to him purchasing that theater, he produced shows in other theaters and concert halls. This was the first

time we had a venue that we actually owned and operated," he said.

The Band was the first to perform on the Carefree stage.

The first show Mr. Gartner worked was Graham Nash. He kept hand-written notebooks of all the acts that came through the theater over the years. "I missed some, but not that many."

One of the most memorable for him was the Dixie Dregs.

"I went to school with all those guys. It was an instrumental rock band with unbelievable classical and jazz built into it. Seeing all those local musicians from South Florida and watching them grow."

"I remember when Jon first booked it. I told him not to put it on a weekend night — do it on a Tuesday or Wednesday and we'd get everybody here. A lot of the musicians who wanted to see the show worked on the weekends. He did, and it was packed."

Other favorites included the Radiators — "I always thought they did a great show."

Mr. Stoll booked all kinds of bands — but teased that there were only really two, Mr. Gartner said. "He once said to me, 'There's only two types of bands that play the Carefree. Those on their way up...' and he left it hanging, those on their way down. He had the uncanny talent to book up-and-coming bands."

He recalls a young guy no one had ever heard of, opening for comedian Steven Wright. "His name was Harry Connick Jr. He played for 45 minutes and was unbelievable."

Other names he reads from his lists: Bela Fleck and the Flecktones, B.B. King, Christopher Cross, Kenny Wayne Shepherd, the Ben Folds Five, Tori Amos, Little Feat — who probably win the most performance award, he said, and Edwin McCain — "he was virtually unknown when he played here."

Blues guitarist John Mayer was just a youngster when he played the Carefree, right before his first big single came out.

Another Carefree office worker who reported to Mr. Stoll, Jennifer Sardone-

Shiner, formerly of Fantasma Productions, remembers when the name came across her desk.

"I had never heard of him. I was in my 20s, and I'd never heard of that guy. Marketing was different then. This was before social media and Facebook. There were flyers put out before events. But cell phones — they were like, what? Only a few other ways to get the word out, like fan clubs. It was a college-level scene. They had a whole different way of marketing the artists."

The Mayer show was popular, but not a sell-out.

But many of the shows there were, she said. "All the acts wanted to come here. It was because artists trusted him (Jon Stoll) and they wanted to work with a reputable promoter, and because the staff was hands-on and attended to everyone's needs."



SARDONE-SHINER

Cupcakes, puppies and health food trends

Mr. Gartner said handling the acts and fulfilling the wishes of the visiting artists was often his job.

That included shuffling the bands around from the dressing room upstairs to outside of the building through the side stage door that could shut from the inside, keeping out the act accidentally. "It was such an old-school, vintage vibe," he said.

"I remember the Motley Crue tour: I got the contract that said, 'Please have one cupcake, any flavor, on the production manager's desk at 8 a.m.' I don't think he ever ate it, but he knew if we could get that right, and on time, the show would be a good one. If not, we couldn't handle the band's production."

For Warren Zevon, he rented a puppy. His manager had contacted the Carefree ahead of time and said the singer-songwriter was depressed, and a puppy was the thing that brought him around.

So in the dressing room, Mr. Zevon had a puppy to cuddle.

The show was a success.

Then there were the food quirks to satisfy. "I learned a lot about microbiotic diets," Mr. Gartner said. "I had to go to all the health stores. It was a big trend back then."

The Comedy Corner, started next door in 1986, also drew up-and-comers.

Ms. Shiner ticks off the names of the young comics who were on their first legs: Chris Rock, Will Smith, Bill Maher, Carrot Top, Jerry Seinfeld and hometown favorite Dan Whitney. "You know his stage name: Larry the Cable Guy."

That persona was born on the Comedy Corner's stage.

Mr. Gartner remembers one of Sam Kinison's last performances there. "He did the first of two shows, and never showed up for the second. He was really sick and it wasn't long after, he died."

Ms. Melegari-Bryson remembers Leon Russell and Edgar Winter as the first concerts she worked after starting in the office at the end of 1987.

"But the one I saw most frequently was Meat Loaf and B.B. King. Not on the same bill!" she said.

A 16-year-old blues guitar wizard, Jonny Lang would do sleight-of-hand tricks during meet-and-greets after the concert, she said.

Then there were the physical problems of the old theater.

"At one of the first concerts I was at, Little Feat, they were going to turn off the AC. We had a 60-ton unit for the whole theater. It just couldn't handle it. With 750 bodies, lights during a concert — there was a tremendous amount of heat during a concert," Ms. Melegari-Bryson said.

Old seats, hot air, cheap popcorn

Ms. Melegari-Bryson wore dozens of hats, including the voice on the recorder for the movie times. Building maintenance was a constant part of her job, as well.

"I can't tell you how many seats I reupholstered, taking pliers to pull out the springs that were poking somebody in the butt. We reupholstered the half-walls, too."

She would argue with Mr. Stoll ("he could be tough and hard to get along with, but he was underneath a big teddy bear") for the audience's sake about the concession stand.

"Tickets were \$3.50, then went to \$4 and then \$4.50 at the end," she said. "With the art and foreign films, most of the audience was little old ladies. It was \$1 for a small popcorn. Sometimes they'd split one. Jon wanted to raise the price. I told him, 'Wouldn't you rather sell a lot at \$1 than a few at \$2?' or whatever he wanted to raise it to."

She handled projection for the movies before her stint as "mom" to a shadow cast for the "Rocky Horror Picture Show."

"Nineteen fifty-four was engraved on the side of the lens; it was three years older than me," Ms. Melegari-Bryson said. "The sound system was your average Dolby."

She handled the private screenings for movie critics. "I knew I'd get a better review from a certain (*Palm Beach Post*) critic if I put him in there with coffee and an ashtray so he wouldn't be distracted by a caffeine or nicotine fit. So I made sure he had a pot of coffee and the ashtray right there at his seat."

It was an atmosphere where workers, audience and talent all mingled.

"Tommy Chong (of Cheech and Chong) would come up to the crying room and hang out on the sofa and watch the movie. We became good friends," she said.

Doing 'The Time Warp'

In 1983, the Carefree began midnight weekend showings of the cult movie, the "Rocky Horror Picture Show." The campy film, what Ms. Melegari-Bryson called a "rite of passage," drew a crowd of misfits, and they were encouraged as time went on to interact with the movie. "The Time Warp" dance and callback lines were highlights.

"I was there for 14 of the years, and had a shadow cast for 12 years. I became the 'mom.' We had the longest-running Rocky shadow cast in Florida and at one point, the fourth longest in the nation. *Newsweek* talked about us."

"The thing about doing Rocky — it was all about having fun and all about acceptance. I gave up 51 Saturdays a year for those kids to have a drug and alcohol-free space. These kids started with me in their teens. A lot of them are 40 now — and still call me Mom."

There were dozens of weeks when the "Rocky" showing outgrossed the main feature, she said. "When attendance started falling, Jon would threaten to pull it ('Rocky') and I'd call Ron Wiggins at *The Post*. He'd write a story about us, and we'd sell out the theater for weeks again."

There was a rule that if there weren't five seats filled for any movie, they didn't have to show the movie.

"It was too expensive. So one night I moved the 9:25 movie and refunded the money. We had set up drums, and amps for guitars. We had a bunch of musicians and just had a jam session. It was really great."

News of the teardown has been painful, Ms. Melegari-Bryson said. She now lives in Pittsburgh.

"I've been crying for days when I heard about it. One of my kids got me a brick from the teardown. There are a lot of memories there. A lot." ■



COURTESY PHOTOS

Okeechobee Steakhouse has undergone many additions and renovations to its space near Westgate on Okeechobee Boulevard. Inset Photo: Norma Cannon Lewis stands in front of the Okeechobee Drive-In in October 1947.

Here's the beef

Okeechobee Steakhouse marks its 69th anniversary

BY JAN NORRIS

jinorris@floridaweekly.com

In post-war 1947, the boundaries of West Palm Beach didn't extend too far west of the railroad tracks. There were still military barracks along U.S. Highway 1 in Quonset huts for the airmen stationed at Palm Beach Air Force Base and Morrison Field. Dairy farms and cow pastures peppered the landscape where I-95 now intersects with Okeechobee and Palm Beach Lakes boulevards.

Military Trail ended at Okeechobee Road, as it was known then. Paved roads also ended at Military Trail. U.S. Highway 27, dubbed "way out west of town," was the state's main North-South artery long before the turnpike was built.

That's how it was when friends of Ralph Lewis told him he was crazy to think of opening a restaurant in Westgate — "so far out of town nobody would

go." But Mr. Lewis and his wife, Norma, were determined, and in October 1947, opened the doors to the Okeechobee Drive-In at Okeechobee and Wabasso Drive. It was only a few blocks from their home off Westgate Avenue.

They proved the naysayers wrong. Those doors have been open for 69 years to the restaurant now known as the Okeechobee Steakhouse.

"A steakhouse, I think, was my grandfather's goal from the get-go," said Ralph Lewis, third generation of the founding family. He has gradually taken over operations at the restaurant from his father, Curtis Lewis.

Ralph's grandfather got into the business at age 14, working in hotel kitchens. Over the years, he worked his way up to executive chef in hotels run by the owners of the Verano Hotel (later known as the George Washington Hotel) on Flagler Drive. "It's where he met my grandmother in 1935," Mr. Lewis said.



COURTESY PHOTO

Ralph Lewis is part of the third generation of Lewises at Okeechobee Steakhouse.

They traveled back and forth to Connecticut to work off-season there, and saved up their money. They were able to pay cash for the land and the construction materials for the restaurant, Mr. Lewis said.

The kitchen held a huge charcoal grill, vented by a brick chimney, used

to cook the chicken, shrimp, fish and steaks served at tables indoors as well as curbside to the cars. Painted on the building was part of the menu: "Char-broiled steaks... \$1.10 and up."

Within three years of opening, the couple also had a package store and liquor license, and patrons could buy a bottle to take home, or a drink at the bar.

"You could drive up and get a steak and a cocktail served on one of those metal trays that hooked to your car," Mr. Lewis said, laughing. "Back then, things were different."

Swamp buggies, and airboats

Diners came from all areas along the coast; to the west was all wild swamp and cow pastures. "People would come up to the steakhouse in swamp buggies and airboats," he said.

Food for the restaurant was purchased from Cheney Brothers on Dixie

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MOVING ON UP

“My wife and I have always figured you give the IRS a third, save a third and spend a third. ... At age 51, I could retire tomorrow, but I don't know what I'd do.”

— Peter H. Bozetarnik,
Partner at Bozetarnik & Company, LLP

Name: Peter H. Bozetarnik
Title: Partner at Bozetarnik & Company, LLP
City of business: West Palm Beach

BY MARY THURWACHTER

mthurwachter@floridaweekly.com

Peter H. Bozetarnik is a certified public accountant who learned problem-solving skills while working in construction as a teenager. He enjoys his work as a CPA, but says maybe he should have been a teacher. But he fills that urge as a volunteer with Junior Achievement of the Palm Beaches & Treasure Coast (www.juniorachievement.com).



BOZETARNIK

He teaches Junior Achievement programs at Palm Beach Gardens High School, Pleasant City Elementary School, Okechee Middle School, Jeaga Middle School and Jerry Thomas Elementary School.

And recently he became chairman of the board of directors at Junior Achievement.

The West Palm Beach man, founder of the certified public accounting firm of Bozetarnik & Company, LLP, loves teaching with Junior Achievement.

A board member since 2003, Mr.

Bozetarnik was treasurer for several years. Junior Achievement, he said, gives students relevant, age-appropriate, experiential programs that deliver career role models and cutting-edge tools, such as leadership, teamwork and decision-making skills.

Because it's never too early to start, Mr. Bozetarnik taught entrepreneurship to kindergartners last month.

“We try to get across the concepts of choice,” Mr. Bozetarnik said. He learned these concepts by trial and error.

“I was the youngest of seven,” he said. “We were relatively poor, lower middle class. I've worked since I was 14 and I've always had money. I've been pretty lucky.”

Working in construction early in life taught him so much more than how to build things.

“The construction industry teaches you to solve problems and think outside the box,” Mr. Bozetarnik said. “Every day, you run into a problem that was not on the blue print. I also learned that nothing replaces hard work.”

He is past-president of the Rotary Club of West Palm Beach and treasurer of the Associated General Contractors of America Florida East Coast Chapter.

Four years ago, he and his CPA wife, Kim, founded the certified public accounting firm of Bozetarnik & Company, LLP. They have one son, Thomas, 21, a student at Florida Atlantic University.

“My wife and I have always figured

you give the IRS a third, save a third and spend a third.” It has worked for them.

“At age 51, I could retire tomorrow, but I don't know what I'd do.”

So he continues to work and share what he has learned with students through Junior Achievement.

“I like opening minds, especially at the middle-school level,” he said. “With a little hard work and luck they can find a path to achieving their goals.”

Peter Bozetarnik

Age: 51

Where I grew up: Griffith, Ind., a small blue-collar town in northwest Indiana where most people worked in the steel mills or construction.

Where I live now: West Palm Beach. I moved here in 1997 as part of a job transfer.

Education: A B.S. in accounting from Indiana University, and attended additional courses at FAU to earn my Florida CPA license. Attended the University of Chicago, Executive Business Education Program — “Business Advisor.”

What brought me to Florida: My aging mother was living in Vero Beach and I had an opportunity to transfer with my employer from Charlotte to West Palm Beach.

My job today: My wife, Kim, and I own our own Certified Public Accounting firm. We specialize in midsize businesses and their tax issues.

My first job and what it taught me: I started working construction jobs at

age 14. My older brother was a carpenter and my brother-in-law was a bricklayer. We did side jobs every weekend to make ends meet in the recession of the early 1980s. The construction industry teaches you to solve problems and think outside the box. Every day, you run into a problem that was not on the blue print. I also learned, nothing replaces hard work.

A career highlight: Making partner at a national accounting firm, McGladrey. About one in 20 accountants that start in public accounting make it to partner. I was promoted to the Tax Leader of Florida and managed seven locations and about 80 professionals. Starting my own firm was another career highlight.

Hobbies: My wife and I love to travel and play golf. We travel about six to eight weeks a year.

Best advice for someone looking to make it in my field: Understand your role on the team and that each task is important. In public accounting everyone starts at the same level, staff accountant. You either get promoted or leave public accounting. A successful person is willing to do whatever is needed to get the task completed.

About mentors: My brother-in-law Larry Redden taught me hard work, problem-solving skills, common sense, ethics and honesty will get you everywhere you want to be. I took these blue-collar traits to a white-collar world and never looked back. ■

BEEF

From page 18

Highway, another pioneering family in the county. As for meat, “They would order beef from Smith, Richardson & Conroy. They were here for decades and decades,” Mr. Lewis said.

Beef was bought as a whole or half steers. “They'd age it in their warehouses, and we'd go pick it up, and break up the whole steers. They ground the burger, used some of it for lunch specials and ran other specials. They utilized everything.”

Only one of the original dishes that was so popular no longer appears on the menu, Mr. Lewis said. “We used to sell a ton of Lake Okeechobee catfish every week for decades and decades — from the '50s, '60s and '70s. We were very well known for our catfish.

“But people quit ordering it. Everybody's palates have changed. It's all steak and salmon now. Then, it was catfish and beer, or steak and beer.”

In 1958, their newspaper ad boasted that it was “Air conditioned!” A complete T-bone steak dinner was \$2.35; the steak alone was \$1.95. They advertised “catering for parties, take-outs, cocktails, and package goods.”

Along the bottom of the ad read: “The Crackers — Ralph, Norma and The Gang.”

“My grandfather was very proud of that,” Mr. Lewis said.

A locals' and celebs' favorite

Over time, the landscape changed; whole cities sit west of where the road ended when it was still a drive-in.

“Okeechobee has been widened several times since they've been there,” said Lee Spencer, owner of U and Me Moving and Storage in West Palm Beach.

The 93-year-old was born the year his parents bought the business he now runs. “There are four generations here now,” he says.

“I've known Curtis (Lewis) for many years. I was probably eating out there when it was a drive-in — I can't remember. I'm old,” he said, laughing.

Almost every lunch hour during the week finds him at the bar at Okeechobee Steakhouse. “I go with a group; the ‘lunch bunch.’”

These include many West Palm Beach long-timers, such as Chuck Schumacher, the automobile dealer, and Don Walker, a former real estate engineer. He sees area attorneys. “John — we call him the Sandman — is the guy who furnished all the sand to the golf courses in town. There are several others.”

Mr. Spencer often gets onion soup, and carries with him a tiny pair of scissors — he says it's to cut the cheese on top. “My late wife used to tease me about needing a pair of scissors to cut the cheese — it's so thick. I bring the scissors as a joke in her memory.”

Celebrities stop in often, Mr. Lewis said.

“Rudy Giuliani is a regular when he's in town. The owner of the Marlins, Jeff Loria. He eats here often, as do the Marlins players. They come over on a bus.

“And Vince Naimoli, one of the co-owners of the Tampa Bay Devil Rays, tells me this is one of his all-time favorite restaurants.”

The restaurant has been updated over the years, additions here, demolitions there. But a certain familiarity remains, and draws regulars — to the horseshoe bar at happy hour, and to the dining room booths for meals with friends.

Okeechobee Steakhouse recently announced plans for a bourbon room, and a martini room is a nod toward a



new trend in small-batch liquors and cocktails made from fresh ingredients to order.

Mr. Lewis said their wine program has been ramped up in the last decade as well. His wife, Laura, is in a sommelier class to provide education for the diners.

“This past year, we've brought in some high-end wines. We're going to put in some private wine lockers and offer wine dinners here,” he said.

After listening to their diners, they shut down their salad bar a few years ago. “The diners told us they wanted to be served in an expensive steakhouse. They didn't want to have to get up and make their own salad.” A few groused, but most approved, he said.

Further improvements will be made to the building behind the steakhouse. “We're putting in larger dry-aging rooms and a climate-controlled room to hold more wine.”

Though fish and other dishes are on the menu, steaks remain the top seller — a filet mignon and New York Strip in particular. They're brought to the table raw so diners can see the marbling and cuts before they order.

It's all done in house, too: The meats are still cut by hand seven days a week by two meat cutters on staff — 3,000

pounds a week is butchered and ground.

“We have to train them how to do it; nobody does it anymore — there are no butchers. It's because meat comes packed in boxes already cut to most restaurants. We do all our own.”

They prepare their own salad dressings, soups and sides as well.

And they gave away 7,000 free steaks last year as “birthday dinners.”

“We started that about 25 years ago. Word has traveled fast.”

The deal: Show your photo ID and dine here on your birthday to get a free 8-ounce steak with the purchase of one other adult entrée.

Having weathered most everything in the industry, including the cholesterol/red meat furor of the 1990s and a renewed interest in plant-based diets today, they have no plans to change much, he said. “Steaks are still Americans' favorite food. Vegetarians are not our target market. It's a carnivore's paradise here.”

Several staffers are long-timers at the steakhouse, but server Wesley Thomas is a 43-year vet. He started as a busboy and now is a dining room favorite, with patrons requesting his tables when they make a reservation.

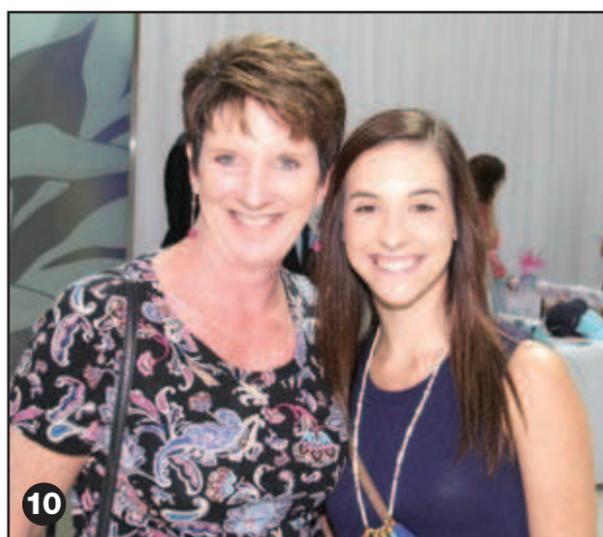
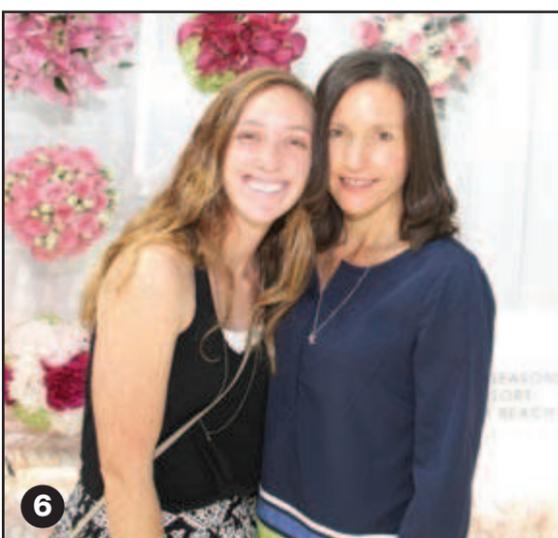
The Okeechobee Steakhouse is believed to be the longest continuously operating family-run steakhouse in Florida.

Jessica Fontaine, the restaurant's spokesperson, said her research turned up only Bern's in Tampa and Tropical Acres in Broward County as second oldest; they're two years younger.

Mr. Lewis has kids who are interested in taking over once he retires, though not anytime soon. “We're planning to be around a lot longer.” ■

SOCIETY

His and Hers Wedding Expo, The Gardens Mall



1. Ashley Nanier, Lauren Renwick and Susan Lee-Bishop
2. Amy Monagan and Alan Murphy Jr.
3. Linda Kennedy, Luke Farnham and Laura Farnham
4. Alexis Campbell, Teresa Dabrowski, Ashley Browne, Cecelia Hudnot and Elizabeth Schultz
5. Maya Eras and Laura Eras
6. Kourtnei Arron and Lisa Aaron
7. Sheila Amaro, Luti Landrau and Pearla Amaro
8. Chris DiRenzo and Allison Feeley
9. Lisa Horst and Beth Halpern
10. LouAnn Collins and Lauren Collins

ANDY SPIOLOS / FLORIDA WEEKLY

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COURTESY PHOTOS

Waterfront retreat in Juno Isles

SPECIAL TO FLORIDA WEEKLY

This wonderful waterfront home is in Juno Isles. The location of this three-bedroom, three-bath pool home could not be more perfect, being two lots from the Intracoastal Waterway and minutes from award-winning restaurants that are easily accessible by boat.

Imagine happy hour at the Square Grouper, dining at Jetty's and watching the sunset at U Tiki beach. Or perhaps lunch at Guanabanas or Waterway Café, dinner at Seasons 52 and dancing the night away at Harbourside Place.

For the boating enthusiast, there are 85 feet of waterfront with a full-length dock equipped with electric, water and a 12,000-pound boatlift.

Enjoy fishing?

The house is minutes from Jupiter and Palm Beach inlets and near deep-sea fishing spots.

At day's end, relax under your own tiki hut enjoying the grilled catch of the day, as the sun sets over the Intracoastal.

There is plenty of privacy here, with two master suites. The home has had many upgrades and there are quality appointments throughout the home, plus full hurricane protection.

Lang Realty has this Juno Isles home offered at \$1,099,000. The agents are Scott Warner, (561) 385-0938, and Julie Warner, (561) 635-6061; realtors@thewarnerteam.com. ■





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BEHIND THE WHEEL

Learn to love 100-plus mph with Lexus



Are you a slowpoke for driving 105 mph in a brand new Lexus? You are when the other three amateur drivers ahead of you pull away doing 120 mph.

This is the Lexus Performance Driving School, a traveling classroom with a dozen professional drivers teaching regular folks how to attack a racetrack. It's a new program designed to prove to Lexus customers (and prospective ones) the virtues of the luxury brand's performance engineering.

The whole session is less of a sales pitch and more of a trial by fire in \$80,000-plus cars. So it's the exact opposite of Amway.

In the case of the car that needed a prod beyond 105 mph, this was a game of follow the leader being played around Palm Beach International Raceway. If the group of four trailing cars can do its job of staying tight to the pro driver in front, then the whole group gets to go faster. It's a very rewarding system.

Lexus chose a great spot for its inaugural driving school weekend, because this South Florida track is more than 2 miles worth of pavement with 10 unique turns. When piloting the nearly ½-mile straightway in a 467-hp Lexus GS F, it's inevitable to hit speeds that would be a jailable offense on public roads.

This track session is part of a four-station program that also includes a maneuvering course, wet road skidpad and a timed road course, all specially assembled to showcase Lexus's F-Performance division.

Where BMW has M and Mercedes has AMG, a Lexus with an F in its name has been re-engineered to be a speedy luxury machine. But the buying public isn't necessarily aware how much is really altered under this performance banner.

Lexus has been around for nearly three decades. The first two were devoted to proving that the Japanese brands were capable of providing top-quality luxury cars. By the time Lexus debuted

the high-performance F moniker in 2007, it was so well established as a rock-solid luxury provider that speedy machines were often perceived as an afterthought.

The company has been turning the tide with cars like the very limited edition LFA supercar, and now it's looking to kick up its full mainstream street cred. With the RC F already on the market and the GS F fresh to dealer showrooms, there's a major push to prove this is more than just leather-clad luxury with a big V8 stuffed under the hood.

The time at the raceway isn't filled with jargon about transmission settings or why the adjustable torque-vectoring differential makes all the difference in

the GS F. Instead, it's about showcasing how much engineering goes into F-Performance machines by having drivers discover their individual limits on a racecourse. In the process, it fulfills a childhood fantasy of being tossed the keys to an exotic sports car with the only instruction to "Go crazy, kid."

While the day is rewarding to everyone who enjoys thrashing around expensive performance machines that don't belong to them, Lexus does make sure to end on a humble reminder.

International pro driver Scott Pruett recently started racing Lexus GT3s, and so the company brought him in to show us all what hot laps were really all about. For a man who has won at Le Mans, a few laps at Palm Beach is easier than most of our morning commutes.

Being a passenger for this all-out demonstration is already worth the price of admission. But surprisingly, Pruett's top speed in a GS F was only 14 mph more than the earlier amateur rounds. That says a lot for the confidence a good sports car can inspire.

But for a man who makes his living knowing the definition of an apex, the GS F allowed Pruett to grip every corner with a roller-coaster level of G-force. And his total lap times proved he could, literally, run circles around the rest of us Sunday drivers. It was a heart-stopping demonstration of what it takes to be a real professional racer, and a humbling reminder that we still have plenty to learn when this traveling school comes back to Florida next year. ■

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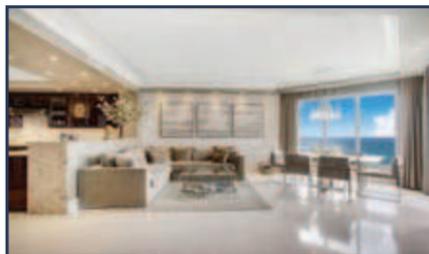
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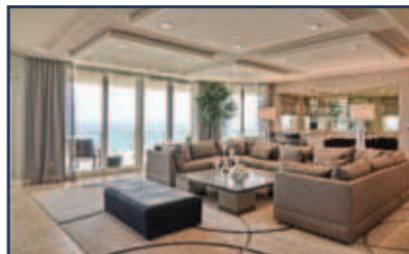
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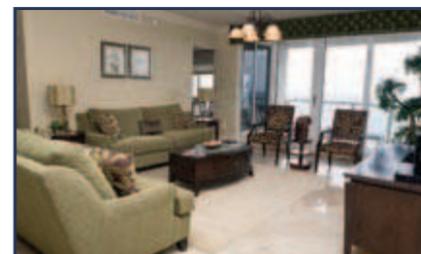
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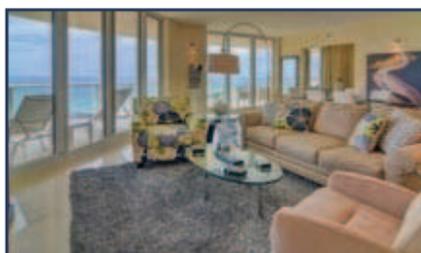
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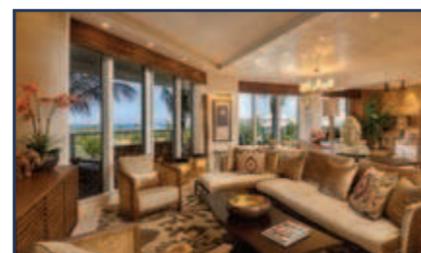
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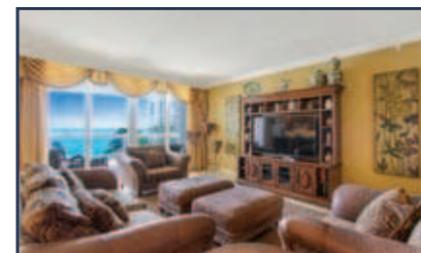
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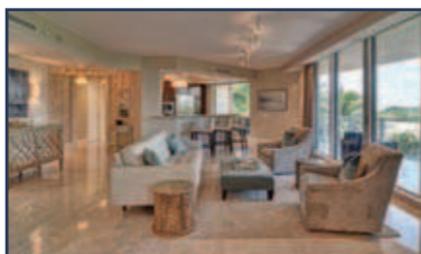
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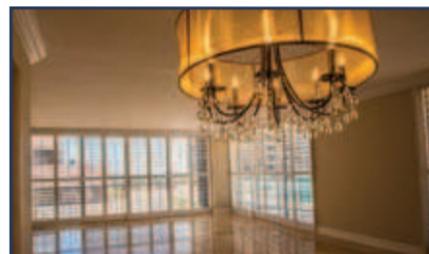
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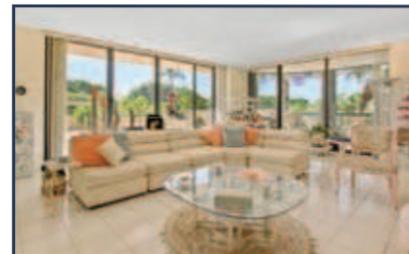
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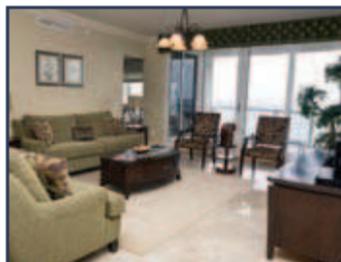


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WEEK OF OCTOBER 20-26, 2016

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| SECTION B

"We're not attempting to recreate the Broadway version ... You have to honor it to a certain extent, but that's the fun of it. You don't want to duplicate."

— **Andrew Kato**, Maltz Jupiter Theatre Producing Artistic Director and Chief Executive



COURTESY PHOTO

The Maltz Jupiter Theatre's Andrew Kato plans a season of old and new favorites for 2016-2017.

Maltz eyes expansion as it enters its 12th season

BY BILL HIRSCHMAN
Floridatheateronstage.com

On the cusp of the Maltz Jupiter Theatre's 12th season and a new fundraising campaign for a second major expansion, Producing Artistic Director and Chief Executive Andrew Kato once again is forging an unusual alloy of artistic aspiration and corporate pragmatism.

The nature of the new season continues to gently push at the comfort level of some longtime supporters with plays recently seen on Broadway while assuaging them with warhorse titles emblematic of the theater — but pledging a fresh vision for those weary of "that again."

The lineup is:

• **Peter Morgan's "The Audience"** (Oct. 23-Nov. 6) traces 60 years of Queen Elizabeth II's weekly meetings with prime

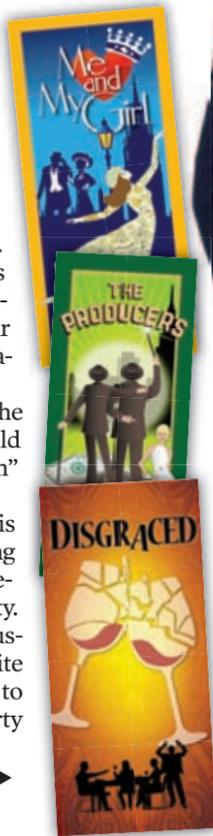
ministers from Churchill to Cameron.

• **"Me and My Girl"** (Nov. 29-Dec. 18) is a 1986 Tony-winning riff on 1930s British music hall shows. In it, a charming street Cockney learns he is an heir to royalty. The collision of cultures features peppy music and dance.

• **"The Producers"** (Jan. 10-29) the irreverent satire of show business held the Tony winner record until "Hamilton" this year.

• **"Disgraced"** (Feb. 12-26) This Broadway hit from 2012 is a harrowing Pulitzer-winning look at prejudice barely buried in polite sophisticated society. Four friends — an American-born Muslim-raised attorney married to a white artist, and a Jewish art dealer married to a black lawyer — find their dinner party sinking into conflict.

SEE MALTZ, B17 ►



'Vincent' examines turbulent life of famed artist

BY STEVE SMITH
ssmith@floridaweekly.com

Several years ago, actor James Briggs stumbled upon the one-man show "Vincent" — originally written and performed in 1978 by Leonard Nimoy — while searching for a production for a new theater company he was forming at the time called Starry Night Theater Company.

"The play came out of a Google search I did one day," Mr. Briggs said. "While shaving, I thought I looked a little like Vincent van Gogh and was wondering if anyone had ever written a play about him. Sure enough, up came Leonard Nimoy's name, which I thought was very interesting, since we all know him primarily as Mr. Spock from the TV show 'Star Trek.' I ordered a copy of the script and fell in love with it."

Mr. Briggs brings the show, told pri-

marily by Vincent's brother, Theo, to the Rinker Playhouse at the Kravis Center for the Performing Arts for three performances Oct. 21-23.

"The show is really Theo van Gogh coming to set the record straight about his brother's life," he said. "Theo was so distraught at Vincent's funeral that he wasn't actually able to say anything. He felt he had let his brother down. So about a week later, he gathered a group of friends and colleagues together to say the things he felt he needed to say about his brother. That's the basic premise of the play."

Mr. Briggs said Mr. Nimoy used hundreds of letters that passed between the two brothers to fashion the script.

"I actually read excerpts from some of those letters on stage," he said. "Theo van



PHOTO BY SAMANTHA MIGHDOLL

Actor James Briggs portrays Theo van Gogh in Leonard Nimoy's play "Vincent," at the Kravis Center from Oct. 21 to 23.

SEE VINCENT, B17 ►

HAPPENINGS



COURTESY PHOTO

Scarecrows from last year's contest depict characters from the movie "Despicable Me."

Scarecrows are coming to downtown

BY JANIS FONTAINE
pbnews@floridaweekly.com

Maybe autumn isn't quite so obvious in South Florida.

But did anyone notice how the angle of the sunlight has shifted? So have the shadows.

But if you need further evidence, look for the scarecrows.

The Historical Society of Palm Beach County's annual Scarecrow Contest is 2-5 p.m. Oct. 22 on the grounds of the Richard and Pat Johnson Palm Beach County History Museum.

The courthouse lawn will be filled with fall activities such as mini pumpkin decorating, a haystack hunt for treats, face painting, corn shucking and crafts tents. There will be agriculture displays and a bake sale. There also will be a pie-eating contest and musical entertainment by Americana Jones.

Admission is \$10 per person (children under 3 are free).

Tickets available at the door and in advance at www.hspbc.org. Info: 832-4164, Ext. 2.

Jazz at Norton

It's a night of music and environments.

The Norton Museum of Art's Art After Dark on Oct. 27 will include musical performances by Sammy Figueroa and his Latin Jazz Explosion and will feature spotlight talks on the theme of "environments." These 15-minute talks will highlight the work of a variety of artists who share a connection to the environment.

Mr. Figueroa, a renowned percussionist, will perform at the Norton for the first time.

Backed by an all-star band that includes John Michaelak (saxophone), John Lovell (trumpet), Goetz Kujack (drums) and Tal Cohen (piano), his performance will showcase music from his Grammy-nominated album "(Best Latin Jazz Album, 2005) ...and Sammy Walked In." The concert is set for 7:30 p.m.

The evening also is about art.

SEE HAPPENINGS, B17 ►

COLLECTOR'S CORNER/LOOK WHAT I FOUND

One find that never will outlive its usefulness

THE FIND:

scott SIMMONS
ssimmons@floridaweekly.com



Grandma gave up on polishing the bottoms of her Revere copper-clad pots. They turned dark almost as quickly as she shined them, she said, so why bother? But she always was fascinated to see how Campbell's tomato soup left the pot bottom glowing when it spilled. Aunt Cleo did the same, only she always hung one gleaming Revere pot on a hook in the archway that separated her kitchen from the breakfast nook. The heavy-gauge copper-clad stainless steel Revere Ware pots and pans were a staple of post-World War II American kitchens, like my

grandmother's and Cleo's. The Revere Ware was affordable and it was easy to care for, unlike the iron and enamel cookware of previous generations. It cooked beautifully, too, and had tight-fitting lids. Grandma and Aunt Cleo got a lifetime of use from their Revere Ware, and I've used pieces from their sets for the better part of two decades myself. But I love cooking with copper pots. Grandma and Aunt Cleo never cooked with copper pots, and that's a shame. The burnished metal conducts heat beautifully, and there is something deeply satisfying about the weight of a copper pot or pan in your hand. It's a reactive metal — that is, you don't want to cook tomatoes or other acidic foods in straight copper — so most pots are lined with nonreactive metal

in a process called "tinning." I always use wooden utensils with mine so I don't damage that lining. But nothing is better than copper for melting butter or baking up a hearty pan of potatoes au gratin or boiling up a pot of grits. And it looks good, too. Remember Mrs. Patmore's kitchen on "Downton Abbey"? Her copper pots were displayed and ready for use. She wasn't alone. Aunt Cleo thought enough of her copper-clad pot that she displayed it. I display mine, too, on a French iron pot stand that has ancient red paint with wear that tells the tale of pots and pans and meals past. And that whets the appetite for more memories — and some good cooking. ■

A trio of Bazar Français saucepans

Bought: The Church Mouse, 374 S. County Road, Palm Beach; 659-2154.
Paid: \$25 each
The Skinny: "Get you a copper kettle, get you a copper coil." So goes the Joan Baez song. But she was singing about moonshine, and with these pots, I'm talking about haute cuisine. Before there was Williams-Sonoma, there was the Bazar Français, a New York emporium of all things cooking founded in 1929 by Charles R. Ruegger. After World War II, the company began producing high-end copper and brass cooking accessories, which were sold from its store at 666 Sixth Ave. The company closed in 1975. These pots, while not as heavy a gauge as what one might see in the Mauviel line at Williams-Sonoma, are really good quality, with nice, heavy tinning. The pot lids bear the "666" mark and I know this set will be spectacular on my French iron pot stand. ■

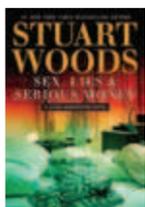
— Scott Simmons



SCOTT SIMMONS / FLORIDA WEEKLY
The largest of these three pots is 9½ in diameter. They were made in France and sold by the Bazar Français store in New York City.



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OCTOBER 22

Meyer Amphitheatre – 104 Datura Street
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THEATER REVIEW

Dramaworks delivers an emotional 'Iguana'

BY BILL HIRSCHMAN
Floridatheateronstage.com

The emotional histrionics and pyrotechnic acting in the first act notwithstanding, it's the quiet poignant moments of compassion and connection in the second act that are the most deeply affecting in Palm Beach Dramaworks' skillful resurrection of Tennessee Williams' "The Night of the Iguana."

This rarely revived play, among the last of Williams' works with a wide name recognition, is populated with damaged souls akin to Blanche Dubois trying to escape their past and make some kind of peace about their future in a cold, unforgiving world.

And while the peace they find at the end of this long day's journey into night is as imperfect as they are themselves, there is a sense of a salvation in the discovery of empathy and forgiveness for inborn weaknesses and flaws.

Such is the heart (in all its meaning) of Dramaworks' production, brought to life and light by Producing Artistic Director William Hayes, a fine cast and a superb support team.

The story is set in a single day and night in 1940 in a fourth-rate hilltop tourist hotel on the Mexican coast run by the recently widowed Maxine, a lusty, earthy woman barely able to say she's middle aged. Lurching up the hill is her old friend T. Lawrence Shannon, a disgraced minister reduced to leading cheap tour groups, often ending up at Maxine's establishment.

But the former alcoholic has far more haunting baggage than that of the women's church group he has alienated with haphazard ways and his tryst with a 16-year-old patron.

In fact, the fever-plagued Shannon is not simply teetering on the edge of a stygian abyss, he is beginning to tumble over and his only hope — no, he has no hope — our only hope is that someone will take pity and pull him back from toppling.

Surprisingly, that hope arrives in the form of Hannah Jelkes, a spinster painter traveling with her 96-year-old senile grandfather, a minor poet striving to finish his last work.

Complicating the situation are the steamy 16-year-old in heat, Charlotte, who persistently tempts Shannon, and the nominal head of the tour group, the judgmental Miss Fellowes.

As Shannon's world collapses on him like a cave-in, the resilient and resolute Hannah who has more fortitude than it appears and the voracious Maxine vie for Shannon's future.

For some reason, "Iguana" is not performed as often as the masterpieces in Williams' canon. Written in 1961 before he completely surrendered to symbolism, poetry and near-surrealism, "Iguana" is a transition between creative modes. For instance, the dialogue subtly slips into lovely lyricism that Mr. Hayes and the cast make seem natural but is in fact a reflection of Williams' highly theatrical vision of the beauty of yearning souls.

But it unmistakably echoes Williams' bottomless sympathy for sensitive human beings such as predecessors Blanche and Laura. Here, he has Hannah and Shannon in a last bunker against a harsh crass world exemplified by the invasion of German tourists celebrating Nazi victories over the Allies.

Tim Altmeyer's marathon performance as Shannon is bound to divide audiences. He enters the play as a man driven by fever and likely the DTs, seriously finding suicide an ever more attractive option. He stumbles about on rubbery legs, his arms flailing in uncontrollable spasms and his sweaty face contorting. Even lying in a hammock, his body cannot resist twitching.

Many people may find this operatic rendition over the top, but we did not. Mr. Altmeyer's performance is, for our money, masterful. He is always believable, always in the moment, even though he is on stage for the majority of the evening. His emotional writhing, whether literally or figuratively tied up, is harrowing. The only carp is that he often slurs his words. The North Florida actor is unrecognizable from the caustic writer in Dramaworks' 2014 production of "My Old Lady."

The unassailable performance belongs to New York-based Katie Cunningham, who triumphs over the difficult part of Hannah. Her creation may look like a mousy spinster schoolteacher, but by turns Ms. Cunningham credibly reveals facet after facet of quiet strength and clear-eyed pragmatism surpassing that

of everyone else's in the play, and yet she maintains a succoring compassion for human fallibility. This dichotomy makes Hannah arguably Williams' most admirable heroine, even though she has her own flaws.

The rest of the cast is just as fine, especially Kim Cozort Kay as Maxine. If she is not as earthy and sexually voracious as the film's Ava Gardner, she is more skilled at evoking the widow's barely disguised loneliness under the rough protective armor. Dennis Creaghan's doddering Nonno is believably at the end of his life, struggling to make one last artistic statement "against the dying of the light."

We can almost save time by copying past reviews referencing the bar-setting work of Dramaworks' creative team and behind the scenes crews.

Trying to avoid spoilers, to some degree the ghosts are exorcised, the chains are loosened and the characters start on new chapters they had not contemplated possible. But this is Tennessee Williams and while he saw this as having a more optimistic ending than most of his works, the futures pointedly are not of the happy-ever-after type. ■

— "The Night of the Iguana" runs through Nov. 13 at Palm Beach Dramaworks, 201 Clematis St. Tickets are \$66. Call 514-4042, or visit www.palmbeach-dramaworks.org.

— Bill Hirschman is editor of Florida Theater On Stage. Read him at www.floridatheateronstage.com.



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CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnews@florida-weekly.com.

THURSDAY 10/20

Art After Dark — 5-9 p.m. Oct. 20, Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. "Artists and Community" is the theme. Highlights include spotlight talks, the curator's conversation on "Question Bridge," by Cheryl Brutvan, and "A Closer Look" at Teresita Fernandez's "Nocturnal." Following the screening of the 2010 documentary "Make No Little Plans: Daniel Burnham & The American City," hear a panel discussion about the development planned for South Dixie Highway. Moderated by James Hall, deputy director of the Norton Museum of Art, with Dana Little, urban design director for the Treasure Coast Regional Planning Council; and Paula Ryan, District 3 commissioner, city of West Palm Beach. Free. Info: Norton.org

Clematis By Night — 6-9 p.m. Thursdays. Your favorite free al fresco concert. Info: www.clematisbynight.net.

■ **Biscuit Miller**, a CBN staple, returns to the stage on Oct. 20.

"The Complete Works of William Shakespeare" — Through Oct. 23, The Bhetty Waldron Theatre, 1009 N. Dixie Highway, West Palm Beach. The Bob Carter's Actor's Workshop and Repertory Company's production of the abridged, revised version by Adam Long, Daniel Singer, and Jess Winfield. Directed by Steve Enright. Tickets: \$21. 339-4687; www.kwpproductions.com.

FRIDAY 10/21

The fifth annual Haunted Pirate Fest & Mermaid Splash — Oct. 21-23 in Boynton Beach. Festivities begin with a free kick off concert from 6 to 10 p.m. Oct. 21 at the Ocean Ave. Amphitheatre, 129 E Ocean Ave., Boynton Beach. The HPF takes place along East Ocean Avenue between Seacrest Boulevard and Federal Highway from 11 a.m. to 10 p.m. Oct. 22 and 11 a.m. to 7 p.m. Oct. 23. These few city blocks are transformed into Hobb's Cove, a bustling old world port that's a favorite hideout among pirates, and Merlandia, a mysterious oasis alive with mermaids and mermaid song. This lively swash-buckling event features live music on 12 stages, children's activities, treasure hunts, pirate reenactments and stunt shows, a kids' costume contest, food and even live mermaids. Info: BBPIRatEfest.com.

"Absurd Oddities" — Opening reception 6-9 p.m. Oct. 21, Artisans On The Ave., 630 Lake Ave., Lake Worth. Free. Just in time for Halloween, the gallery offers the work of artists who are a little different (read as "creepy, bizarre and extreme"). Refreshments. Info: 762-8162 or 582-3300.

SATURDAY 10/22

Plant Thugs in Your Garden: Invasive Plants and Their Management — This free presentation begins at 10:30 a.m. Oct. 22, at the Jupiter Library, 705 N. Military Trail, Jupiter. Laurie Albrecht, a Palm Beach County environmental horticulture agent, will speak. Guests also get a voucher for two free three-gallon native plants. Pre-register by calling 744-2301.

Fire Fest 2016 — 1-9 p.m. Oct. 22, Jonathan Dickinson State Park, Hobe Sound. Learn about the importance of prescribed fire, fire safety, and preserving Florida at this Halloween-themed event. Burn demonstrations, live music, fire crafts, fire trucks and helicopters, live animal demonstrations, scavenger hunts, marshmallow roasting, and a spooky trail walk. Park entry is \$6 per vehicle for up to eight people. Special activities (fees) include interactive hayrides, bounce house and game area, and swamp buggy trail rides. Info: www.friendsofjdsp.org or 745-5551.

SUNDAY 10/23

The Core Ensemble performs a Hispanic Celebration — 2 p.m. Oct. 23, St. Andrew's Episcopal Church, 100 N. Palmway in downtown Lake Worth. The ensemble — cello, piano, and percussion, with actor David Perez-Ribada — will perform the work "Los Valientes" (The Courageous Ones). A reception follows and features an art exhibit by the children of Palm Beach County farm workers. Info: 582-6609

TUESDAY 10/25

Moving Forward: A Criminal Justice & Community Forum — 6-7:30 p.m. Oct. 25, at the Public Safety Conference Center, Room PSD 108, on PBSC's Lake Worth campus, 4200 Congress Ave. About 10 local community and law enforcement leaders will speak at a panel discussion focusing on the criminal justice system in Palm Beach County. The discussion is free and open to the public. Tory Dunnan, WPTV weekend anchor and multimedia journalist, moderates. The event is free and open to the public. Info: www.palm-beachstate.edu/Events/Forum

The Choral Society of the Palm Beaches — Tryouts for the choir are held from 6:30-7 p.m. Tuesdays, before rehearsals from 7-9 p.m., at First Presbyterian Church, 4677 Hood Road, Palm Beach Gardens. Singers are needed. See director Mark Aliapoulos. 626-9997; www.choralsocietyofthepalmbeaches.org.

WEDNESDAY 10/26

Improve Your Life Open House — 4-6 p.m. Oct. 26, Hippocrates Health Institute, 1466 Hippocrates Way, West Palm Beach. A guided walking tour of the institute is followed by a 10-minute movie, and a 30-minute informative lecture given by a keynote speaker. Also features raw food sampling and a Q&A session. RSVP at 471-8876.

LOOKING AHEAD

Read for the Record — Oct. 27. Join the Literacy Coalition of Palm Beach County with people countywide in reading "The Bear Ate Your Sandwich" in support of Jumpstart's international efforts to break the world record by getting thousands of adults to read the book on a single day to the most children ever. Hundreds of community volunteers will read Julia Sarcone-Roach's tale of a bear's epic journey as told by a dog, but more is better! Volunteers and childcare sites can sign up to participate at LiteracyPBC.org.

Jumpstart's Read for the Record Day — 10 a.m. Oct. 27, at Riverside Youth Enrichment Center, 10170 Riverside Drive, Palm Beach Gardens. Palm

Beach Gardens City Council members, the city manager, and officials with the Fire and Police Departments will join millions of participants from all over the world who will read the same book on the same day to children in the community. This year's book is "The Bear Ate Your Sandwich" by Julia Sarcone-Roach. Info: www.jstart.org/campaigns/read-for-the-record

The Executive Women of the Palm Beaches Foundation's annual luncheon — 11:30 a.m. Oct. 27, at Café Boulud in The Brazilian Court, 301 Australian Ave., Palm Beach. The keynote speaker is Ava L. Parker, president of Palm Beach State College. The event will honor Frances Fisher, who will be recognized for her work as a dedicated volunteer, advocate and supporter of charities in Palm Beach County. Ms. Fisher will introduce the 2016 recipients of the Lois Kwasman Community Impact Grants. Tickets: \$55, which includes valet parking. RSVP to 868-7070; www.ewpb.org.

Job Fair & University Transfer Days — 1-4 p.m. Oct. 27, on PBSC's Eissey Campus, 3160 PGA Blvd., in the BioScience Technology Complex, Room SC 127. Nearly 50 employers will be recruiting including Brown Distributing, city of Greenacres, FBI, NCCI Holdings, Nordstrom, Sinclair Broadcast Group, St. Mary's Medical Center, School District of Palm Beach County, The Breakers and TRC Companies. Free, open to all jobseekers. Info: www.palmbeachstate.edu/Career/Job-Fair.

Film screening: "Dark Side of the Full Moon" — 5:30-7:30 p.m. Oct. 27, Temple Judea, 4311 Hood Road, Palm Beach Gardens. The documentary explores the unseen world of maternal mental health in the U.S. through the eyes of filmmakers Maureen Fura and Jennifer Silliman. A discussion about what is being done to improve maternal mental health services in Palm Beach County follows the film. Hosted by the local nonprofit Jewish Women's Foundation of the Greater Palm Beaches. Tickets: \$20, which includes wine and cheese. Reserve your seat at www.jwfpalmbeach.org, or call 275-2200.

Clematis By Fright — 6-9 p.m. Oct. 27. The annual Halloween bash and costume contest takes place. See our Halloween listings for more info or visit www.clematisbynight.net.

Evening and Graduate Open House — 6 p.m. Oct. 27, Palm Beach Atlantic University, in the Enrollment Services Center, 1301 S. Olive Ave., in West Palm Beach. Speak to admissions counselors, and take the optional campus tour which begins at 5:30 p.m. Info: 803-2122; email to grad@pba.edu.

AT DRAMAWORKS

Palm Beach Dramaworks at The Don & Ann Brown Theatre, 201 N. Clematis St., West Palm Beach. Call 514-4042, Ext. 2; www.palmbeachdramaworks.org.

"The Night of the Iguana" — Through Nov. 13.

AT THE DUNCAN THEATRE

Palm Beach State College, 4200 Congress Ave., Lake Worth. Info: 868-3309; www.palmbeachstate.edu/theatre/duncan-theatre.

"Pete the Cat" — 11 a.m. Oct. 22. Tickets: \$10.

AT THE EISSEY

Palm Beach State College, 11051 Campus Drive off PGA Blvd, Palm Beach Gardens. Tickets: 207-5900; www.eisseycampus.com.

Ballet Palm Beach presents "Snow White & Other Works" — 2 and 7:30 Oct. 22 and 4 p.m. Oct. 23. See several moving pieces including Balanchine's choreography of Tchaikovsky "Pas de Deux." Tickets: \$19-\$45. 814-5598 or www.balletpalmbeach.org.

AT FAU JUPITER

John D MacArthur Campus, Jupiter. Info: 799-8813, www.fau.edu; kbarrel0@fau.edu.

America's Diplomats — 7 p.m. Oct. 27. A film screening and discussion led by Jeffrey S. Morton, Ph.D. \$15.

AT THE GARDENS MALL

The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens; 622-2115; www.thegardensmall.com. Eileen Fisher Personal Style Event — Sips, treats and \$25 off your purchase on Oct. 22.

Journeys Fall Sale — Through Oct. 31. Save up to 50 percent. Some exclusions apply.

AT THE KELSEY

The Kelsey Theater, 700 Park Ave., Lake Park. Info: 328-7481; www.thekelseytheater.com.

Jason Cardinal's Return To Florida — 9 p.m. Oct. 22. New original album and covers.

Jurassic Park Avenue's Reptile & Wildlife Expo — 10 a.m. Oct. 29-30. Reptile vendors, venomous exhibits, art vendors, music, accessories, wildlife shows. Tickets: one day \$10 in advance, \$15 day of the event, two days \$15 and \$20. Free for kids younger than 5.

AT THE KRAVIS

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 832-7469; www.kravis.org.

Leonard Nimoy's "Vincent" — Oct. 21-23.

Girls' night out — Oct. 26-30. Celebrate the silly side of sisterhood in "Girls Only: The Secret Comedy of Women," featuring sketch comedy and song parodies.

AT THE PLAYHOUSE

The Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Info: 586-6410; www.lakeworthplayhouse.org.

"Urinetown" — Through Oct. 23

Movies in the Stonzek Theatre:

"Author: The J.T. Leroy Story" — Oct. 20

"Reasons To Be Pretty" — Oct. 20-30. By Neil LaButte.

"IXCANUL" — Oct. 21-27.

"Being 17" — Oct. 21-27.

CALENDAR

AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$10 adults, \$5 children ages 6-18; free for younger than 6. Jupiter Lighthouse participates in the Blue Star Museums program. Children must be at least 4 feet tall to climb. Tours are weather permitting; call for tour times. RSVP required for most events at 747-8380, Ext. 101; www.jupitelighthouse.org.

Lighthouse Sunset Tour — Oct. 26, Nov. 2 and 30. Time varies by sunset. \$15 members, \$20 nonmembers.

Lighthouse Moonrise Tour — 4:45 p.m. Nov. 14. \$15 members, \$20 nonmembers.

Twilight Yoga at the Light — 5:45 p.m. Oct. 24, 31 and Nov. 7, 14, 21, 28. Mary Veal, Kula Yoga Shala, leads.

Hike Through History — 8:30-10:30 a.m. the first Saturday of the month. A 2-mile trek through Lighthouse Outstanding Natural Area. Minimum age 5, ages 13 and younger need an adult who is at least 18 years old. Future dates: Nov. 5, Dec. 3.

Lighthouse Story Time & Crafts for Kids — 10:30-11:15 a.m. monthly beginning in October in the Seminole chickee hut for story time and a craft activity. Ideal for kids ages 8 and younger. Bring a small beach/picnic mat. Free. Upcoming dates: Nov. 1. Reservation required.

AT MACARTHUR PARK

John D. MacArthur Beach State Park, 10900 Jack Nicklaus Drive on Singer Island, North Palm Beach. Info: 776-7449; www.macarthurbeach.org.

Birding at MacArthur Park — 9:30 a.m. Oct. 23. A ranger-led walk in search of birds. Reservations recommended. Free with paid park admission.

Butterfly Walk — 11 a.m. Oct. 29. A ranger led walk through hardwood hammocks in search of butterflies. Reservations are required.

AT THE MALTZ

Maltz Jupiter Theatre, 1001 E. Indian-town Road, Jupiter. Tickets: \$56 single tickets. Ask about the four-play and the five-play package. Season tickets are \$202. www.jupitertheatre.org; 575-2223.

"The Audience" — Oct. 23-Nov. 6.

AT THE JCC

The Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Info: 689-7700; www.jcconline.com/pgb.

Oct. 20: Canasta 101, bridge: intermediate class with JR Sanford, duplicate bridge games, bereavement support group

Oct. 21: Surf and turf fitness, advanced beginner's supervised play with JR Sanford, duplicate bridge games.

Oct. 26: Understanding Medicare in 2016, Parkinson's caregivers support group, surf and turf fitness, duplicate bridge games, mah jongg and canasta

Oct. 27: Canasta 101, Tibetan jewelry show, Bridge: beginner's I with J.R. San-

ford, Bridge: intermediate class with J.R. Sanford, duplicate bridge games.

Oct. 28: Bridge: special sectional, Tibetan jewelry show, surf and turf fitness, advanced beginner's supervised play with JR Sanford, duplicate bridge games.

Oct. 31: Advanced beginner's supervised play with J.R. Sanford, Timely Topics discussion group, duplicate bridge games, mah jongg and canasta, "An Introduction to Shaarei Yosher: A Mussar Perspective on the Meaning of Life.

AT MOUNTS

Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. Info: 233-1737; www.mounts.org.

Stories in the Garden: Garden ABCs — 10-11:30 a.m. the second Saturday. Stacey Burford, youth services librarian, reads, sings songs and teaches kids age 2-6 in the garden.

Design & Creating the Home Landscape — 9 a.m. - 1 p.m. Oct. 25, and Nov. 15. A three-part course in revamping your home landscape, with help from certified landscape designer Laura McLeod of Sanctuary Landscape Design. \$85 for members; \$95 for nonmembers.

The Essence of Scent: Fragrant Flower — 1-2 p.m. Oct. 20, Saks Fifth Avenue, The Gardens Mall, Palm Beach Gardens. Jo Malone London, of Saks Fifth Avenue, and Joel Crippen, Mounts Botanical Garden horticulturalist, explain perfume from its origin in fragrant flowers from the garden to final product. RSVP at 233-1751 or 694-9009, ext. 262.

AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 833-1812; www.palmbeachimprov.com.

Ari Shaffir — Oct. 20-22. \$22.

Paul Mercurio — Oct. 28-30.

Bruce Bruce — Nov. 4-6.

AT THE FAIRGROUNDS

South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. Info: 793-0333; www.southfloridafair.com.

Fright Night — Super-scary Halloween event with funhouses, escape rooms and a huge midway with rides and food.

Yesteryear Village — Spookyville, a not too scary Halloween party for kids takes place in Yesteryear Village. See our Halloween listings for more info. Info: 793-0333.

AT THE SCIENCE CENTER

The South Florida Science Center and Aquarium, 4801 Dreher Park Road, West Palm Beach. Admission: \$15 adults, \$11 ages 3 to 12, \$13 for age 60 and older. Free for members and children younger than 3. Info: 832-1988; sfsciencecenter.com.

Our Body: The Universe Within — Oct. 22-April 23, at the South Florida Science Center and Aquarium,

#SFL TOP PICKS

10.22-23

■ **Ballet Palm Beach presents "Snow White & Other Works"** — 2 and 7:30 Oct. 22 and 4 p.m. Oct. 23, Eissey Campus Theatre. 814-5598 or www.balletpalmbeach.org

10.22

#HAHAHAHA

#THEBARD

■ **Jason Cardinal's Return To Florida** — 9 p.m. Oct. 22. The Kelsey Theater. Info: 328-7481; www.thekelseytheater.com

■ **Ari Shaffir** — Oct. 20-22. Palm Beach Improv. Info: 833-1812; www.palmbeachimprov.com

■ **"The Complete Works of William Shakespeare"** — Through Oct. 23, The Bhetty Waldron Theatre, 1009 N. Dixie Highway, West Palm Beach. 339-4687; www.kwpproductions.com

4801 Dreher Trail N., West Palm Beach. Admission is \$16.95 for adults, \$12.95 for children ages 3 to 12 and \$14.95 for seniors aged 60 and older. Admission is free for kids younger than age 3 and museum members. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 832-1988; www.sfsciencecenter.org.

LIVE MUSIC

Cafe Boulud: The Lounge — 9 p.m. Fridays, in the Brazilian Court Hotel, 301 Australian Ave., Palm Beach. Info: 655-6060; www.cafeboulud.com/palmbeach.

Camelot Yacht Club — Jazz sessions start at 8 p.m. Tuesdays at Camelot Yacht Club, 114 S. Narcissus Ave., West Palm Beach. TCHAA! Band performs. 318-7675.

The Colony Hotel — 155 Hammon Ave., Palm Beach. Info: 659-8100 or 655-

5430; www.thecolonypalmbeach.com.

■ **Motown Fridays with Memory Lane** performing everyone's favorite Soul City/Top 40 hits from the '60s through today. 9:30 p.m. to 12:30 a.m.

■ **Saturday Late Night with the Dawn Marie Duo** — 9:30 a.m.-midnight, music and dancing, plus cameos by Royal Room headliners and other celebrity performers.

■ **Royal Room Cabaret** — To be announced soon.

Don Ramon Restaurante Cubano & Social Club — Live music Thursdays through Sundays, 7101 S. Dixie Highway, West Palm Beach. 547-8704.

E.R. Bradley's — 104 Clematis St., West Palm Beach. Friday, Saturday and Sunday. Info: 833-3520; www.erbradleys.com.

Guanabanas — 960 N. A1A, Jupiter.

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The Pelican Café — 612 U.S. 1, Lake Park. 842-7272; www.thepelican-cafe.com

Respectable Street Café — 518 Clematis St., West Palm Beach. Info: 832-9999; www.sub-culture.org/respectables.

The Tin Fish — 118 S. Clematis St., West Palm Beach. 223-2497; www.tin-fishclematis.com

ONGOING

The Ann Norton Sculpture Gardens — 2051 S. Flagler Drive, West Palm Beach. Admission: \$10 adults, \$8 seniors and \$5 students. Free for members. Info: 832-5328; www.ansg.org.

Botanicals, Antique Engravings and Lithographs — Through Oct. 30. An exhibition and sale of rare, antique engravings and lithographs depicting botanicals, fruit, architectural renderings and Coats of Arms as well as other subjects from the 1500s through the 1800s.

Artisans On the Ave. — 630 Lake Ave., Lake Worth. Info: 582-3300; www.artisansontheave.com.

APBC Art on Park Gallery — 800 Park Ave., Lake Park. Info: 345-2842; artistsofpalmbeachcounty.com.

Abstract: On display through Nov. 11.

The Armory Art Center — 1700 Parker Ave., West Palm Beach. 832-1776; armoryart.org.

"New & Now: Work by New Faculty Fall 2016" will be on display in the East and Greenfield Galleries. It's a multimedia exhibition featuring the work of artists Rosario Alborta, Judith Bert King, Jason LeVan, George Mesa, Ryan Parente from Infinite 3D Printers, Aimee Schulz, Vishan Seenath, Stacy Sollisch, Anna Torlen, Julia Townsend, Terry Widner, and Betty Wilson.

"String Fever" — Through Oct. 26 at the Burns Road Recreation Center Auditorium, 4404 Burns Road, Palm Beach Gardens. Features Richard Dickhaus' string and nail art images. Info: 630-1100. www.Pbgrec.com/gardensart

The Box Gallery — 811 Belvedere Road, West Palm Beach. 786-521-1199; www.TheBoxGallery.info

The Center for Creative Education — 425 24th St., West Palm Beach. 805-9927, Ext. 160; www.cceflorida.org.

The third annual 'Collaboration: African Diaspora' — Through Oct. 21. This year's group includes artists who are originally from, reside or are represented in the state of Florida in one location here in Palm Beach County.

The Cultural Council of Palm Beach County — 601 Lake Ave., Lake Worth. Hours: 10 a.m.-5 p.m. Tuesday-Saturday. Info: 471-2901; www.palm-beachculture.com.

"Selections from the Armory Art Center" — Through Oct. 29.

The Flagler Museum — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tour Henry Flagler's 1902 Beaux Arts mansion, Whitehall, which he built as a wedding present for his wife. Tickets: free for members; \$18

adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6 free. 655-2833; www.flaglermuseum.us.

"Edward S. Curtis: One Hundred Masterworks" — Through Dec. 31.

The Florida Trail Association Loxahatchee Chapter — Leads nature walks. New adventurers are welcomed. Get info and register at www.loxfltrail.org.

Hike on the Apoxee Wilderness Trail — 8 a.m. Oct. 22, 3125 North Jog Road, West Palm Beach. A 9-mile moderate-paced hike through wet prairies and tropical hammocks. Call Joe at 859-1954.

Grassy Waters Hikes — 7:30 a.m. Oct. 23, park at 8537 Northlake Blvd., west of I-95 on the north side of Northlake Blvd. Alan Collins will lead hour long walks on the Eagle Trail and Hog Haven Trail. Call 586-0486.

Easy Clip and Walk — 7:30 a.m. Oct. 29, Okeehelie Park, 7715 Forest Hill Blvd., West Palm Beach. Join Paul Cummings for a little trail maintenance. Call 324-3543.

Harbourside Place — 200 U.S. 1, Jupiter. Info: 935-9533; www.harbour-sideplace.com.

Jupiter Green & Artisan Market — 10 a.m. to 2 p.m. Sundays, year-round.

Jupiter Green & Artisan Market Mid-Week — 3-7 p.m. Wednesdays, year-round.

The Historical Society of Palm Beach County — Johnson History Museum, 300 N. Dixie Highway, West Palm Beach. Free admission. Info: 832-4164; www.historicalsocietypbc.org.

For the Love of the Game: Baseball in the Palm Beaches — Highlights of America's favorite pastime in Palm Beach County. Flagler got the ball rolling to entertain his guests and the sport exploded under the hot South Florida sun. Archival photographs and historical artifacts—some of them donations or loans from our community — tell the story.

Jonathan Dickinson State Park — 16450 S.E. Federal Highway, Hobe Sound. Park entry is a suggested donation of \$5. Info: 745-5551 or email friend-sjdsp@gmail.com.

Canoe or kayak river tours — Every Friday and the last Saturday of the month, from 9:45 a.m. to noon. Rent a canoe or kayak at the park's River Store or bring your own for this leisurely guided paddle on the Loxahatchee River. The tour is free with park admission. Registration in advance is required at 745-5551.

The Lighthouse ArtCenter — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is \$5 Monday-Friday, free on Saturday and for members and exhibiting artists. Info: 746-3101; www.LighthouseArts.org.

"eyes wide open: camera in hand" — Through Oct. 29.

Third Thursday — 5:30-7:30 p.m. the third Thursday of the month. Wine and passed hors d'oeuvres reception and exhibits, concerts, lectures, art demonstrations, live performances and gallery talks.

CALENDAR

The Mandel Public Library of West Palm Beach — 411 Clematis St., West Palm Beach. Info: 868-7701; www.mycitylibrary.com.

■ **Free Guitar Lessons** — 6-8 p.m. through Nov. 14. Join and jam in the group guitar class with musician Phill Fest. For all levels. Free.

■ **Pilates** — 10:30-11:30 a.m. Thursdays. Bring your own mat. By donation.

The Norton Museum of Art — 1451 S. Olive Ave., West Palm Beach. Free admission. Info: 832-5196; www.norton.org.

■ **“Giverny: Journal of an Unseen Garden”** — Through Oct. 30. Artist Mark Fox’s experience working on the grounds at Giverny, the home of French painter Claude Monet.

■ **“Question Bridge: Black Males”** — Through Dec. 18.

The Palm Beach Photographic Centre — 415 Clematis St., West Palm Beach. Info: 253-2600; workshop.org.

■ **The 19th annual Members’ Juried Exhibition** — Through Oct. 29.

The Palm Beach Zoo & Conservation Society — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m. to 5 p.m. every day, except Thanksgiving and Christmas. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 533-0887; palmbeachzoo.org.

The River Center — 805 N. U.S. 1, Jupiter. Hours: 9 a.m.-4 p.m. Tuesday-Saturday. The Loxahatchee River District was created more than 30 years ago to monitor and protect the river. Today it’s a teaching facility and recreation area that offers programs to enrich the community and the river. Call 743-7123; www.loxahatcheeriver.org.

■ **Volunteers needed** — The RC needs enthusiastic, personable volunteers age 14 and older. Call Megan at 743-7123 or email education@lrecd.org.

■ **Public Tour and Fish Feeding** — 2-3 p.m. Saturdays. A staff member leads a tour of the facility, including a touch tank presentation and feeding.

The Society of the Four Arts — 2 Four Arts Plaza, Palm Beach. Call 655-7227; www.fourarts.org.

■ **Keep Calm and Color On** — 1:30 p.m. Oct. 20.

■ **Florida Voices: Book Discussion** — “Sex, Lies, and Serious Money,” with Stuart Wood, 5:30 p.m. Oct. 26.

■ **Keep Calm and Color On** — 1:30 p.m. Oct. 27.

Taste History Culinary Tour — Learn about the flavors, culture and history of local cities on a four-hour guided tasting tour. This walking and bus tour boards at Macy’s (East Entrance) at Boynton Beach Mall. Reservations required. Tickets: \$45-\$65. Free for younger than 14. Benefits the nonprofit Museum of Lifestyle & Fashion History. Info: 243-2662; www.tastehistoryculinarytours.org.

UPCOMING TOURS:
Delray Beach/Boynton Beach — Oct. 22

West Palm Beach/Lake Worth — Nov. 5.

Lake Worth/Lantana — Nov. 12.

AREA MARKETS

West Palm Beach Antique & Flea Market — 8:30 a.m.-2:30 p.m. Saturdays through May on Narcissus Avenue north of Banyan Boulevard. Free. Info: www.wpbantiqueandfleamarket.com.

The West Palm Beach Greenmarket — 9 a.m. to 1 p.m. Saturdays along the West Palm Beach Waterfront, 100 N. Flagler Drive, downtown West Palm Beach. More than 80 vendors of produce, baked goods, prepared, artisan and specialty foods, unlimited mimosas for just \$10. Parking is free in the Banyan and Evernia garages during market hours. Info: www.wpb.org/greenmarket.

The Green Market at Wellington — 9 a.m. Saturdays from Oct. 22 to April 29 at 12100 Forest Hill Blvd., Wellington, next to the amphitheater. Fruits and vegetables, fresh flowers and plants. Fresh doughnuts, artisan foods, baked goods and artists and crafters. No market on Thanksgiving, Christmas and New Year’s weekends. Pet friendly. Info: www.greenmarketatwellington.com

Jupiter Farmers Market at El Sol — 9 a.m.-1 p.m. Sundays, Nov. 13-April 30, 106 Military Trail, Jupiter. Info: 283-5856; www.jupiterfarmersmarket.com.

Jupiter Green & Artisan Market at Harbourside Place — 3-7 p.m. Wednesdays at Harbourside Place, 200 U.S. 1, Jupiter. Info: 623-5600 or www.harrysmarkets.com.

Riviera Beach Marina Village Green & Artisan Market — 10 a.m. to 2 p.m. Saturdays year-round, 200 E. 13th St. at Broadway, Riviera Beach. Info: 623-5600 or www.harrysmarkets.com.

Lake Worth Farmers’ Market — 9 a.m.-1 p.m. Saturdays, through April 29, Old Bridge Park, 1 S. Ocean Blvd., Lake Worth. Info: 283-5856; www.lakeworthfarmersmarket.com

Lake Worth High School Flea Market — 5 a.m.-3 p.m. Saturdays and Sundays, under the Interstate 95 overpass on Lake Worth Road. Info: 439-1539.

The Gardens GreenMarket — 8 a.m.-1 p.m. Sundays, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. Live entertainment from 9 a.m.-1 p.m. No pets. Through May 7. 630-1100; www.pbgfl.com.

Royal Palm Beach Green Market & Bazaar Veterans Park — 9 a.m. - 1 p.m. Sundays, Veterans Park, 1036 Royal Palm Beach Blvd. Royal Palm Beach. Through April 30. Pet friendly. www.rpbgreenmarket.com

Jupiter Green & Artisan Market at Harbourside Place — 10 a.m.- 2 p.m. Sundays year-round, 200 N. U.S. 1, along the Intracoastal Waterway in Harbourside Place. Pet friendly. New vendors should call 623-5600 or visit www.harrysmarket.com.

The Green Market at Palm Beach Outlets — 11 a.m.- 4 p.m. Sundays, 1751 Palm Beach Lakes Blvd., West Palm Beach. Info: 515-4400; www.palmbeachoutlets.com. ■

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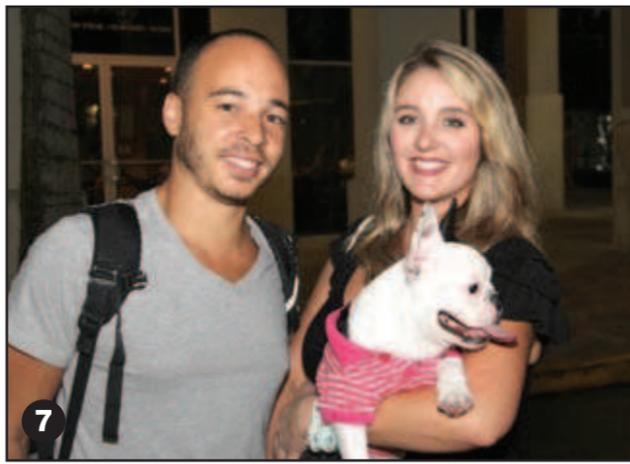
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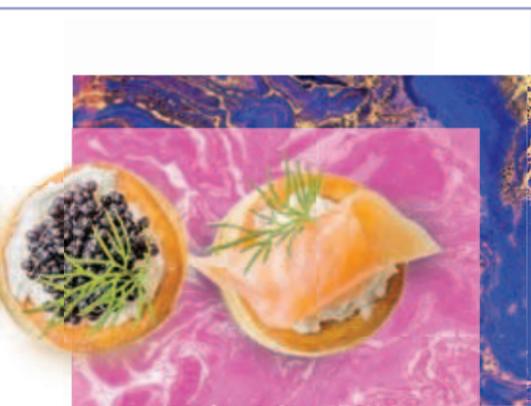
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6. John Moore and Stephanie Sterling
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- 3. Gloria Correa, Maria Correa, Andi Correa, Pat Correa, Luz Correa, Jay Correa and Melbi Correa
- 4. MaryAnn Matthews, Patricia Ryan, Karen Mahnik and Dianne Sophinos
- 5. Steve Hernandez and Stella Hernandez
- 6. Seiji Wiener and Yumi Yazawa
- 7. Julia Harlow and Laney Varnadoe

ANDY SPILOS / FLORIDA WEEKLY

"Like" us on Facebook.com /FloridaWeeklyPalm Beach to see more photos. We take more society and networking photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover. Send us your society and networking photos. Include the names of everyone in the picture. Email them to society@floridaweekly.com.

'Shell of a Man' returns to Harbourside for three nights

SPECIAL TO FLORIDA WEEKLY

Local playwright Donna Carbone returns to Harbourside with another dinner theater presentation of her play, "Shell of a Man."

This time the production will be offered with a bit of a twist. Ticket holders can dine on a prix fixe meal at Another Broken Egg Café and then walk a few steps to the new Vanilla Box Theatre, a venue created especially for this event.

The dates are Nov. 10, 11 and 12 — Veterans Day weekend. Dinner begins at 5 p.m. The show begins at 7 p.m.

Ms. Carbone originally brought the play to Harbourside in September and the demand for tickets far exceeded available seating.

The show was held inside Another Broken Egg Café, where Ms. Carbone and her production team had created an intimate theater environment.

In a recent interview, Ms. Carbone said, "I was standing offstage watching the audience. Grown men were crying. Women were leaning forward in their seats as though trying to touch the actors. One audience member told me that he forgot he was watching a play. He believed that the real Robert Logan was on stage speaking to him."

"Shell of a Man" is a true story. Robert Logan is a Vietnam veteran.

He was raised in the Jim Crow South and picked his first bag of cotton at the age of 2.

The hardship of his early life taught him the skills needed to survive a 40-year battle with PTSD.

Ms. Carbone's goal is to personalize this much-talked-about but barely understood condition in order to raise awareness of the need for better health care for our men and women in uniform. The play features Ewan Leslie as Robert Logan, Jeanne Tidwell as Adriana Fleming and Lee Marlow as Dawn Peters.

Ms. Carbone explained how "Shell of a Man" came to be written.

"In 2011 I published two columns supporting better health care for veterans. A Vietnam vet wrote to me, expressing his thanks and beginning what was to become a much-cherished and often-painful friendship. He calls himself Robert L. We've never met," she said. "His face is but a ghostly image in an old photograph he sent to me. I hear his voice only through the emails we exchange. I believe that distance and the anonymity of the internet allowed Robert to share his life with me in a way few others have heard. What he said forced me to accept that, despite being well-read, I knew nothing about the effects of serving in a war zone."

The dinner portion of the evening will begin at 5 p.m. at Another Broken Egg Cafe and will include a fixed price menu with a selection of three main courses. The meal will include wine and/or a cold beverage.

The cost for both the dinner and the show is \$40. The play will begin at 7 p.m. Seating is limited. Tickets can be ordered by calling 385-1584.

For more information on Donna Carbone, visit www.writeforyoullc.com or write write4you@comcast.net. ■

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ARTS COMMENTARY

Transport to freedom, however you can get it



Imagine a world in which Lincoln is assassinated while president-elect and the Civil War never happens.

Imagine a world where slavery is still legal in four Southern states nicknamed "The Hard Four": Louisiana, Mississippi, Alabama and the Carolinas (now one state). Slaves (or PBs, as in Person Bound to Labor) are tattooed at the base of the throat with the brand of their corporate owners. Blacks in the rest of the country are subjected to stops at any time and must carry papers with them at all times that prove they're free.

That's the alternate reality in "Underground Airlines" (\$26, Mulholland Books), a gripping novel by Ben H. Winters.

His antihero, Victor, is a former slave who, in exchange for his freedom, tracks down escaped slaves for the U.S. Marshal's Service. Of course, his freedom is questionable; he's still enslaved, only by another system. And his work is reprehensible: betraying his own, in order to not be sent back to a corporate plantation himself.

But Victor feels he has no option. A small tracking device was implanted at the top of his spine and if he tries to run, he'll be returned into slavery in the South.

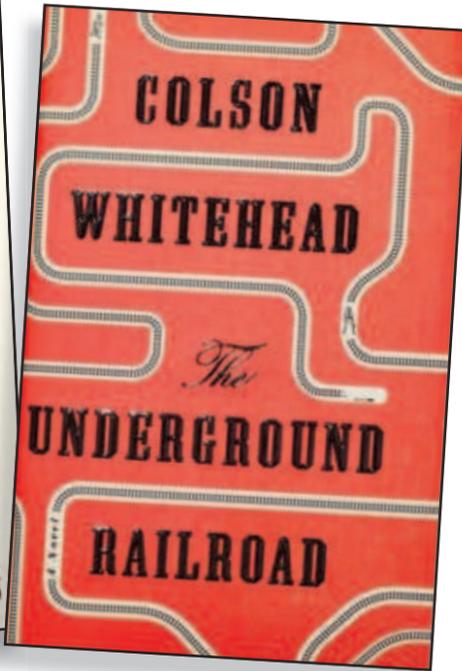
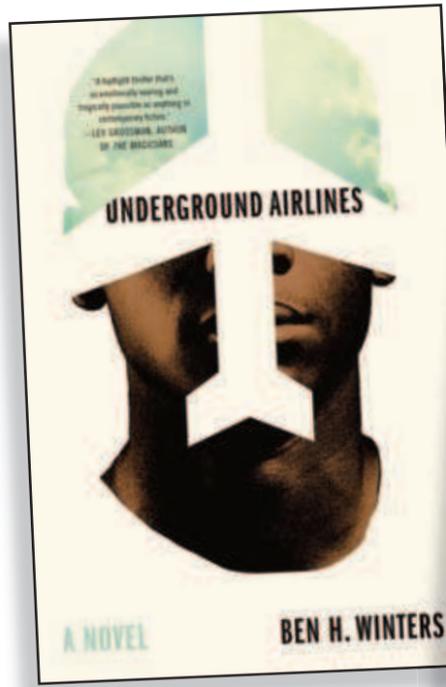
He calls himself a thief, a con man. He steals others' freedom and presents himself as different people, living in the shadows and putting on whatever new identity seems to fit the situation.

"I have a lot of names. Or, more precisely, it was my practice at the beginning of a new job to think of myself as having no name at all. As being not really a person at all.

"... I was not a person but a manifestation of will. I was a mechanism — a device," he says early in the novel.

"(I was) a man with no name, a quasi-employee of a clandestine branch, moving from city to city, job to job, under the supervision of a voice on a Maryland telephone."

Instead of being called an underground railroad, the covert system of helping slaves escape is the Underground Airlines, with pilots and cargo and connections.



"Underground Airlines is a figure of speech," Mr. Winters writes. "It's the root of a grand, extended metaphor, 'pilots' and 'stewards' and 'baggage handlers' and 'gate agents.' Connecting flights and airport security. The Airlines flies on the ground, in package trucks and unmarked vans and stolen tractor-trailers. It flies in the illicit adjustment of numbers on packing slips, in the suborning of plantation guards and the bribing of border security agents ..."

Though it eats him up inside, Victor also takes a perverse pleasure in his work: "That's the problem with doing the devil's work. It can be pretty satisfying now and again."

But he wrestles with his conscience, with his identity: "I was a monster, but way down underneath I was good. Wasn't I? ... Good underground. In the buried parts of me are good things," he insists.

It's easy to see why "Underground Airlines" debuted at No. 20 on *The New York Times* Best Seller List when it was released in July, and was No. 1 on the Indie Bestseller List. *Entertainment Weekly* magazine gave it an A-.

The author, who is white, has said in interviews he was thinking about the deaths of Trayvon Martin, Michael Brown and others when he wrote his novel.

The book is somewhat of a mystery/detective novel, somewhat science fiction, turning the world as we know

it upside down but creating a credible history. It is some ways alike to the one we live in and in some ways different.

Mr. Winters takes this new history to logical conclusions: Singer James Brown defects to Canada and refuses to play the U.S. ever again; the Olympic athlete Jesse Owens wins his gold medals, but winds up defecting to the Soviet Union, where he feels better treated.

"Underground Airlines" is compelling, unpredictable, full of twists and turns. It's also deep, layers upon layers.

'Underground Railroad'

There's been a lot of buzz about Colson Whitehead's novel, "The Underground Railroad" (\$26.95, Doubleday), released in August. It's an examination of racism and slavery, with one touch of whimsy: In this world, the underground railroad is literally a railroad that runs underground, taking slaves to Northern cities. (Mr. Whitehead told Terry Gross on NPR's "Fresh Air" that when he was a child and heard about the Underground Railroad, he imagined a subway running underneath the country. He told her he felt "a bit upset" when he learned that wasn't true.)

Named an Oprah Book Club pick pre-publication, it's also been nominated for a National Book Award and has been on *The New York Times* Best Seller list for seven weeks.

Its protagonist is a young girl, Cora, whose mother escapes, abandoning her on the Georgia plantation where they're enslaved. Cora's left to fend for herself and eventually runs away with another slave, Caesar, by means of the Underground Railroad.

Mr. Whitehead divides his novel into chapters about people or places, a kind of "Gulliver's Travels," with each new state providing its own strange ways and rules, obstacles and challenges.

He shows racism with all its myriad ugly faces; though Cora escapes the plantation, she winds up in South Carolina, where white people appear on the surface to be helpful. However, she winds up put on display at the Museum of Natural Wonders behind glass in dioramas of plantations and slave ships. And she discovers the local hospital's sterilizing escaped slaves without their permission, "stealing our futures."

"Truth was a changing display in a shop window, manipulated by hands when you weren't looking, alluring and ever out of reach," he has Cora say.

"The whites came to this land for a fresh start and to escape the tyranny of their masters, just as the freemen had fled theirs. But the ideals they held up for themselves, they denied others."

Mr. Whitehead is unflinching in his description of an America that uses black people as property, thinking nothing of hurting or killing them, an America that also lied to Indians and massacred them, stealing their land for itself.

Cora's journey is gripping and heartbreaking. This is a masterful book that is both personal and wide reaching.

It's interesting to note, too, that both novels stress the importance of reading in their protagonists' lives. Victor, in "Underground Airlines," would "spend whole days in the reading room of the big library downtown, a shadow in the corner; reading the great slave narratives, reading Ellison, Baldwin, Wright. Learning my own history. I read Zora Neale Hurston's masterpiece, the one that had, legendarily, been smuggled page by page out of a Florida cane plantation two decades before that state went free."

And Cora learns to read too, embodying the saying that the only thing more dangerous than a slave with a gun is a slave with a book.

These two novels are not only great reads, but cut to the heart like only truth can. ■

Feast of Little Italy to bring old, new favorites

SPECIAL TO FLORIDA WEEKLY

The 14th Annual Feast of Little Italy presented by Arrigo Fiat of West Palm Beach seeks to unify the community again.

Putting aside all of the politics that divide us, come Nov. 4, 5 and 6 to experience and create memories with family and friends while enjoying authentic Italian food, entertainment, festival rides, games, bocce and more.

The Feast is now in its 14th year.

Jerry Somma, Feast president, says "This is a special year, we are coming together to celebrate passion; passion for family, friends, music and heritage and right now our country feels a sense of passion. Regardless of your party preference, we say come together this weekend and be Italian and there is no

challenge too big that a good cannoli can't solve."

This year's entertainment will celebrate Italian and Italian-American artists. Headlining this year's Feast will be Salvatore Valentini (Heidi Klum's golden buzzer), a finalist on NBC's 2016 "America's Got Talent."



PISCOPO

This young crooner is known for his smooth vocals, from Dean Martin to Frank Sinatra, on Friday night.

This year's grand marshal, Joe Piscopo, an actor, singer, musician and comedian best known for starring on "Saturday Night Live," will perform on

Saturday night in a show filled with music and laughs.

Tommy Mara and The Crests, featuring his big band, will close out the Feast.

Feast favorites will include local romantic crooner Franco Corso, plus singer Elio Scaccio. Maria De Crescenzo, who tours with KC and the Sunshine Band, will make her Feast debut.

Each year, national and local chefs come to the Feast and instruct the public on how to cook a specialty dish.

In the Galbani cheese cooking pavilion, free cooking demonstrations are offered.

The cooking pavilion will be filled with nationally known chefs, most notably Marco Sciortino from the TV show "Come Dine With Me," local celebrity cook Virginia Sinicki from the KVVJ show on 97.9 WRMF, and chefs from the

Palm Beach Gardens Medical Center will be serving up light options to taste. Chef Nina Tomasik of Nina's Bakery will create art on dessert and cakes.

Seminars will be held from 5-7 p.m. Friday; noon, 2, 4 and 6 p.m. Saturday; and noon, 2 and 4 p.m. Sunday.

Voga Italia is the wine sponsor. Its collection ranges from white to red, and sparkling to sweet.

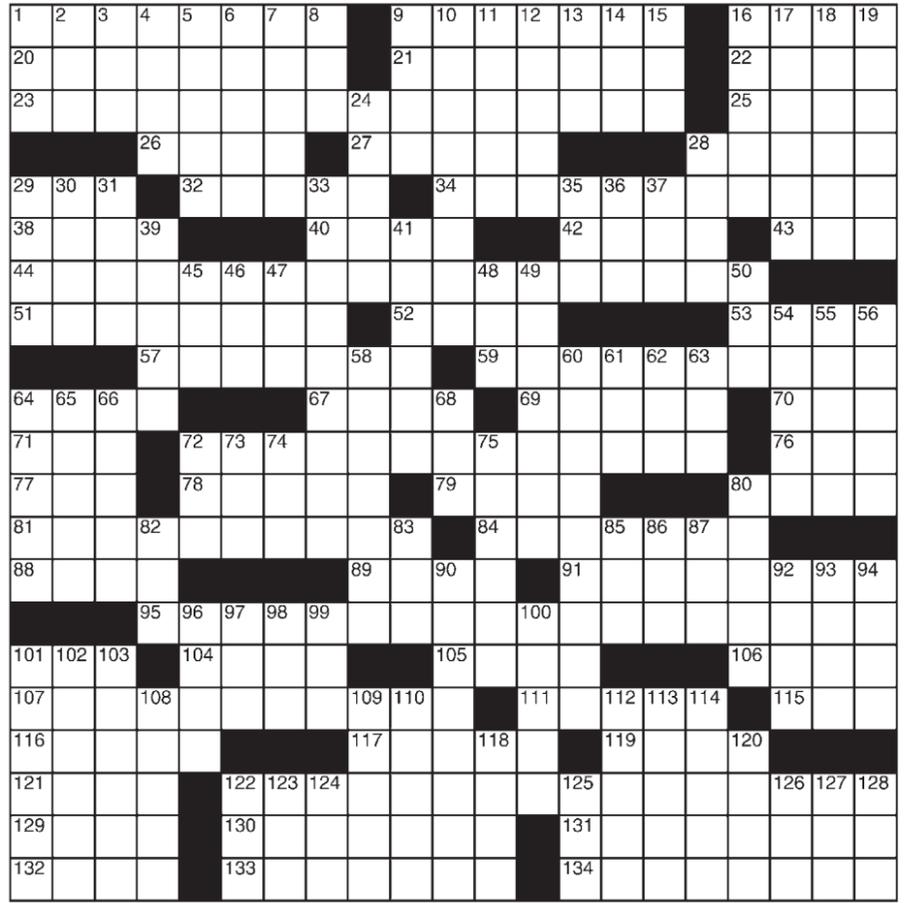
Free wine demonstrations will be held Friday at 6 p.m., Saturday at 3, 5, and 7 p.m. and Sunday at 1 and 3 p.m.

Festival hours are 3-10 p.m. Friday, 10 a.m.-10 p.m. Saturday and 10 a.m.-8 p.m. Sunday. Admission is \$7, discounted multiple day passes are available. Children 12 and under are free and there is free parking. www.feastoflittleitaly.com. ■

PUZZLES

REORDERING PARTS

- ACROSS**
- 1 Display shimmering milky colors
 - 9 Reinforcing eyelet
 - 16 Shapes of parentheses
 - 20 Like a Williamsburg district
 - 21 Eyeglass
 - 22 0
 - 23 Sharp-witted response from a creep?
 - 25 Eye part (with)
 - 26 Energy-filled
 - 27 Provide
 - 28 Hiatus
 - 29 Gut-punch response
 - 32 Mello — (drink brand)
 - 34 Like someone doing an oil change under a car?
 - 38 Plane part
 - 40 Gaelic language
 - 42 Columnist Barrett
 - 43 Took charge
 - 44 Sale on items having a quintet of hanging decorative threads?
 - 51 Suds-filled
 - 52 Bible bk. before Job
 - 53 Siesta, e.g.
 - 57 Greatest importance
 - 59 One-sixth of a foot?
 - 64 Circumspect
 - 67 Hula —
 - 69 Open, as a bolted door
 - 70 19th Greek letter
 - 71 Palette part
 - 72 Hold PC fixers dear?
 - 76 Work unit
 - 77 Lyric penner Gershwin
 - 78 Pulls down
 - 79 Jorge's "this"
 - 80 Hawkish god
 - 81 One telling fortunes by gazing into artificial light sources?
 - 84 Equally billed headliners
 - 88 Alternatively
 - 89 "— pity!"
 - 91 Working properly
 - 95 Bistro that's beautiful and also has great food?
 - 101 "I see now!"
 - 104 "It's — of words"
 - 105 They counter nays
 - 106 Ill-fated whaler
 - 107 What it used to take to get word in prehistoric times?
 - 111 8-pointer in Scrabble
 - 115 They cross rds.
 - 116 Fiery fits
 - 117 Steer snarer
 - 119 Nautilus VIP
 - 121 Hot-rod rod
 - 122 Lament from somebody who wants one of their sons to be named after director De Palma?
 - 129 Mad, with "off"
 - 130 Indian oven
 - 131 Oil conduit
 - 132 Water swirl
 - 133 Novelist Sábato
 - 134 Endeavoring anew
 - DOWN**
 - 1 Suffix with hill
 - 2 "Lenore" poet
 - 3 Brit's brew
 - 4 Extended
 - 5 Savor
 - 6 Attack tactic
 - 7 Noel
 - 8 Wapiti
 - 9 Govt. agents
 - 10 Train track supporters
 - 11 Well-timed channel
 - 12 Orbitz listing
 - 13 Old AT&T rival
 - 14 "Twilight" rock gp.
 - 15 Olympic ideal
 - 16 Sky color
 - 17 Expose
 - 18 Wrinkle
 - 19 Really wet
 - 24 Corp. shuffle
 - 28 Oat husk
 - 29 Sign- (approvals)
 - 30 Mishmash
 - 31 — beans
 - 33 Helped out
 - 35 Tolkien villain
 - 36 Seek to win
 - 37 Wildebeest
 - 39 Energy-filled
 - 41 "Ciao"
 - 45 Yule tree
 - 46 Outdoor gear retailer
 - 47 Suffix with 20-Across
 - 48 "— better be good!"
 - 49 Yell at from a distance
 - 50 Three: Prefix
 - 54 Come in
 - 55 Startle
 - 56 Violent sorts
 - 58 Mollycoddles
 - 60 Least comfortable
 - 61 U.K. channel
 - 62 "— di-dah!"
 - 63 Hosp. areas
 - 64 As long as
 - 65 Ear-relevant
 - 66 Stationery store units
 - 68 Marital beginning?
 - 72 Artist Gerard — Borch
 - 73 Comic Charlotte
 - 74 Age
 - 75 Flee from
 - 80 Humane org. of the U.S.
 - 82 Fence (in)
 - 83 Slowing down, in mus.
 - 85 Blast cause
 - 86 Craft
 - 87 San Luis —
 - 90 Speaks volumes
 - 92 Spa sighs
 - 93 — all possible
 - 94 Yanks' foes
 - 96 Klutzy ones
 - 97 A pair
 - 98 Honey holder
 - 99 Vase type
 - 100 Indian noble
 - 101 Make fizzy
 - 102 Humbugged
 - 103 Used a hook and line
 - 108 Sordid
 - 109 Rub away
 - 110 Tippling types
 - 112 Film festival flick, often
 - 113 Sprang
 - 114 Dying fire bit
 - 118 Trainee
 - 120 Airport near Paris
 - 122 Manhattan chaser?
 - 123 Way-off
 - 124 Red Roof —
 - 125 Busy mo. for the IRS
 - 126 VI / II
 - 127 Raggedy — (doll)
 - 128 Like some nos.



◀ SEE ANSWERS, C11

HOROSCOPES

LIBRA (September 23 to October 22) This is a favorable time to move ahead with your plans. Some setbacks are expected, but they're only temporary. Pick up the pace again and stay with it.

SCORPIO (October 23 to November 21) Your creativity is recognized and rewarded. So go ahead and claim what you've earned. Meanwhile, that irksome and mysterious situation soon will be resolved.

SAGITTARIUS (November 22 to December 21) A new associate brings ideas that the wise Sagittarian quickly will realize can benefit both of you. Meanwhile, someone from the workplace makes an emotional request.

CAPRICORN (December 22 to January 19) It might be a good idea to ease up on that hectic pace and spend more time studying things you'll need to know when more opportunities come later in November.

AQUARIUS (January 20 to Feb-

ruary 18) A relatively quiet time is now giving way to a period of high activity. Face it with the anticipation that it will bring you some well-deserved boons and benefits.

PISCES (February 19 to March 20) Go with the flow, or make waves? It's up to you. Either way, you'll get noticed. However, make up your own mind. Don't let anyone tell you what choices to make.

ARIES (March 21 to April 19) The pitter-patter of all those Sheep feet means that you're out and about, rushing to get more done. That's fine, but slow down by the weekend so you can heed some important advice.

TAURUS (April 20 to May 20) You're in charge of your own destiny these days, and, no doubt, you'll have that Bull's-eye of yours right on target. But don't forget to make time for family events.

GEMINI (May 21 to June 20) Be prepared for a power struggle that you don't want. Look to the helpful

folks around you for advice on how to avoid it without losing the important gains you've made.

CANCER (June 21 to July 22) Congratulations! You're about to claim your hard-earned reward for your patience and persistence. Now, go out and enjoy some fun and games with friends and family.

LEO (July 23 to August 22) The Big Cat might find it difficult to shake off that listless feeling. But be patient. By week's end, your spirits will perk up and you'll be your perfectly purring self again.

VIRGO (August 23 to September 22) A problem with a co-worker could prove to be a blessing in disguise when a superior steps in to investigate and discovers a situation that could prove helpful to you.

BORN THIS WEEK: You like to examine everything before you agree to accept what you're told. Your need for truth keeps all those around you honest. ■

By Linda Thistle

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6				3			5
		3	8				7 9
7				8			1
	3	1			2	9	
	6		9				8
		4			8	6	
9			1				2
	2			6			3

Difficulty level:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

◀ SEE ANSWERS, B16



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MALTZ

From page 1

• **“Gypsy”** (March 21-April 9) is arguably one of the finest musicals ever written and will be directed by Marcia Milgrom Dodge.

Besides the mainstage shows, the Maltz has a dizzying roster of auxiliary programs including concerts, special events and conservatory productions.

But it's the regular season slates that have helped the Maltz buck a nationwide trend of dwindling season subscriptions. This summer, the theater posted a record-setting 7,720 subscriptions and last season filled about 100,000 seats overall. Arguably the largest nonprofit theater in the state, it consistently wins Carbonell Awards for excellence. Although famous in the region for generous donors providing \$2.96 million of its enviable \$7.5 million operating budget, it's also famous for its emphasis on strategic planning worthy of a corporation. Last year, the budget was 40 percent contributed earnings and 60 percent earned, which is 10 percent above the national average of 50 percent earned.

The theater is known for its ability to use those resources thriftily, such as having a comparatively small staff of about 25 full-time employees and about 10 part-time employees, although 80-100 visiting artists are employed during the production season. Ticket sales cover the costs of the productions.

The Maltz is designed as a teamwork operation, but Mr. Kato is also clearly the leader with a hands-on approach to not just the balance sheet but in gently but firmly collaborating on the artistic efforts akin to producers like David Merrick and Cameron Mackintosh.

Still, among his key jobs is picking the season. He doesn't consciously choose a unifying theme like some other theaters. He prefers offering an obvious variety of genres to his patrons.

“I only ever produce things that I love,” he said last month above the din in the company's new scene construction shop in West Palm Beach. “But also I don't produce the Andrew Kato season because that would be very different.” For instance, he is eager to produce the Stephen Sondheim musical about a serial killer barber, “Sweeney Todd,” and says that may happen someday, but his “advisers” have strongly recommended against it right now.

He's OK with that — for a little while. “I think the number one rule of producing is ‘know your audience’ and I'm very attuned



to what our audience is, but I also have a responsibility to stretch that, understanding that you have to challenge them from time to time.”

So he mixes comfort food shows like ‘Me and My Girl’ with the lacerating “Disgraced.” “I happen to adore musical theater. But I get more excited, frankly, about the plays. Even when I go to see them on Broadway, I usually enjoy myself more at a play than at a musical (because) I'm a little bit more judgmental because it's my bailiwick, it's my wheelhouse.”

So when the Maltz does musicals, Mr. Kato's hallmark is to encourage directors to reinvent the old reliable titles. For instance, director Dodge and actress Vicki Lewis delivered a satisfying but reimagined version of “Hello, Dolly!” in 2012.

“We're not attempting to recreate the Broadway version. We never do that anyway with our musicals. Just because you've seen the show before, it's our responsibility and our pleasure to reinvent the musical within certain guidelines. You have to honor it to a certain extent, but that's the fun of it. You don't want to duplicate.”

On the other hand, you can't frustrate audiences who expect to see certain iconic moments and tableaux. That balance will be a challenge when the Maltz mounts the



Mel Brooks musical “The Producers.”

The grandfather of works like “Spamalot” and “The Book of Mormon,” “The Producers” was “one of the first musicals to be so outrageous, especially coming after 9/11 and so much of the sadness and discord within our country. Suddenly you have this unadulterated no-holds-barred musical where you're asking should I be laughing or not,” Mr. Kato said.

The key with good directors in such cases is “they are all looking for a sense of truth within that piece. The audience will be with you if you find the truth in that piece.” In “Dolly,” the truth was depicting a widow in late middle-age reawakening her life.

Mr. Kato knows not everyone will like every title, but the secret to building subscriptions is a track record that instills trust in the quality of the productions, even when the patrons aren't familiar with the show.

“They know that it's going to be different, it's going to be excellent, it's going to be fresh, so sign up, come with us on our journey,” he said.

But even in artistic choices such as choosing a season, the corporate planner is at work. For instance, the desire to try riskier fare is consciously balanced out by

programming “an antidote” musical that is a guaranteed crowd-pleaser.

The Maltz even plans long term for a fiscal disaster. “For me, over my last 11 years, it's about creating infrastructure. It's about making sure that a theater company is able to sustain a loss. You want to have everything in place so that an unanticipated blow doesn't shut you down,” he said.

Mr. Kato and much of the Maltz family may be working hard to mount this season's productions, but they are always thinking simultaneously about the future. That's not hype. Mr. Kato has the roster of mainstage shows for the next 10 seasons roughed out on his smartphone.

More prominently, the theater has been quietly raising money for a year from board members and staunch supporters toward a five-year capital improvement program: widening and deepening the current stage and backstage area, adding a third-floor rehearsal hall, enlarging the student conservatory training area and creating a second smaller theater where more risky plays and new works can be produced. Details will be released at a kickoff event at 6:30 p.m. Oct. 24.

The new second space would feed Mr. Kato's long-yearned-for desire to perform works that would stretch the theater, its artists and its audience — with an eye toward attracting younger patrons.

The price tag for the project is \$25 million to \$27 million, with \$4 million pledged already, Mr. Kato said. The theater had hoped to receive \$15 million as part of a proposed penny sales tax in Palm Beach County this fall, but county officials rejected it. Still, his board has decided to go ahead and try to raise the money from patrons. The theater expanded two years ago with a \$2.5 million project that renovated and expanded its second floor with event space and office space and added seats in a premium skybox area.

But the second space will allow for adding three more shows including other more challenging fare that he sees as essential to building a national reputation as a major regional theater.

“At a certain point to be a legitimate regional theater you have to be kind of like ‘This isn't summer stock; we're a regional theater and we're going to take the chance.’ It will be strategic, but ... we're moving into a direction where we're going to be a little more daring.... I think when we do it, people are going to go, ‘Oh my God, this is great!’ I really do.”

— For more information about the theater's upcoming shows and subscription options, visit www.jupitertheatre.org or call the box office at 575-2223. For group sales, contact Shannon Murphy at 972-6117. ■

HAPPENINGS

From page 1

At 6:30 p.m., join the “Artist Talk,” a presentation on “Giverny: Journal of an Unseen Garden,” which features curator Tim Wride in conversation with artist Mark Fox. Fox spent three months as an artist-in-residence on the grounds of the Monet Foundation at Giverny where he was searching for a way to capture Claude Monet's iconic garden from a fresh perspective. Find out what

he found.

An “Autumnal Expression” is this week's DIY project. From 6-8 p.m., learn and explore Morris Louis' technique of pouring paint by trying it yourself on a tiny canvas.

Admission is free. Art After Dark is an ongoing enrichment program held each Thursday from 5-9 p.m. at the Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. For more information, visit www.Norton.org or call 832-5196.

And ... A reminder that Feast of the Sea is at the Meyer Amphitheatre, 11 a.m.-4 p.m. Oct. 22. For details, see Dining Notes, Page B18.

VINCENT

From page 1

Gogh is the main character. He's the one who took care of Vincent, especially in his later years. They were very close and even lived together for a while in Paris. So most of the play is Theo, but there are places where I switch and become Vincent, which is really Theo's interpretation

of Vincent — Vincent as seen through his brother's eyes.”

He said the play includes more than 100 high-resolution projections of Vincent's artwork on a large screen. Theo reveals his brother as few knew him, but he is not interested in telling the story of one man's death. Instead, he underscores a greater significance Vincent's life brought to art and all of mankind. As seen through Theo's eyes, Vincent van Gogh continues to live on as a symbol of inspiration, courage, passion and the lust for life that art



COURTESY PHOTO
Percussionist
Sammy Figueroa
and his band
will play at the
Norton Museum
of Art's Art After
Dark.

inspires in all of us.

“What I hope audiences will take away from ‘Vincent’ is a deeper understanding of who he was,” Mr. Briggs said. “And a better appreciation of the struggles he went through. I think most people don't know about Vincent van Gogh beyond him being a very talented artist who cut off his ear and was institutionalized for mental illness. Like Theo, I want the audience to see that this was a man of immense talent and passion who was a 1,000-watt light bulb in a 10-watt world.” ■

in the know

“Vincent”

>> **When:** 7 p.m. Oct. 21, 7 p.m. Oct. 22 and 2 p.m. Oct. 23.

>> **Where:** Kravis Center's Rinker Playhouse, 701 Okeechobee Blvd., West Palm Beach. Cost: \$35, or \$30 with a senior, student or educator ID.

>> **Info:** 832-7469 or kravis.org.

FLORIDA WEEKLY CUISINE

Feast of the Sea comes ashore in West Palm Beach

janNORRIS

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The **Feast of the Sea** returns for its third year in downtown West Palm Beach Saturday, Oct. 22, with a two-part festival geared to the seafood lover.

Cooks will appreciate the demos by **Williams-Sonoma** staff; both dishes and equipment will be featured.

From 11 a.m. to 4 p.m., family-friendly activities, cooking demos, and some impromptu chef “knife fights” go along with the vendors serving up fish and shellfish. Live music and special exhibits for kids also are slated.

Later, beginning at 6 p.m., the festival transforms to a four-round cook-off. Sixteen chefs, from Martin and Palm Beach counties, including three finalists from last year, will try to unseat the crown of Maestro del Mar from 2015, chef **Blake Maletesta**.



MALATESTA

Mr. Maletesta is set to open **MIA Kitchen and Bar**, a restaurant with Florida cuisine, in Delray Beach by year's end.

Competitors for this year's Feast of the Sea include 2015 runners-up: **Fritz Cassel** of **Hullabaloo**, **Eric Grutka** of **Ian's Tropical Grill** and **Clay Carnes** of **Cholo Soy Cocina** — who recently won the **Chef vs. Chef** battle staged by **Max's Harvest** in Delray Beach.

Others competing include **Adam Brown** of **The Cooper**; **Edwin Bermudez** of **Nick and Johnnie's**; **Jeremy Hanlon** of **Benny's on the Beach**; **Joe Bonavita Jr.** of **50 Ocean**; **Martin Verano** of **The Alchemist Gastropub**; **Malaki Craft** of **Ocean Bleu**; **Cory Willard** of **Le Rendez-vous**; **Miguel Santiago** of the **Hilton West Palm Beach**; **Carl Murphy** of **Sandpiper's Cove**; **Dustin Parfitt** of **Oli's Fashion Cuisine**; **Christian Quinones** of **Bistro Ten Zero One**; and **Jesse Steele** of **C.W.S. Bar & Kitchen**.

The winner gets \$5,000 and bragging rights until next year.

At press time, a “People's Choice” phone app vote might take the contest high-tech and festgoers may get to choose their favorite from among the vendors.

■ **If You Go:** Feast of the Sea — 11 a.m.-4 p.m. Oct. 22, Meyer Amphitheatre, 105 Evernia St., West Palm Beach. Free admission; VIP daytime is \$60. From 6 to 10 p.m., tickets are \$125, includes grand tasting, competition viewing, open bar. VIP includes table-side service and more; \$225. Portion of the money goes to Ernie Els' Els For Autism Foundation. For information, visit www.feastofthesea.com.

No Kid Hungry dinner

For the fifth year, **Buccan** in Palm Beach will be the host restaurant for the **No Kid Hungry** dinner on Nov. 6 at 6 p.m.

Chef **Clay Conley** will have help from chefs from around the state, including **Joseph Burnett** of **Osprey Tavern**, Orlando; **Tim Lipman** of **Coolinary Café**, Palm Beach Gardens;

and **Michael Pirolo** of **Macchialina**, Miami Beach. Serving pastries and wine will be pastry chef **Jennifer Reed** of West Palm Beach's **Sugar Monkey** bakery, and master sommelier **Virginia Philip** of the **Virginia Philip Wine Shop and Academy**, West Palm Beach.



CONLEY



LIPMAN

A live auction with luxury culinary and travel experiences up on the block will be emceed by **Billy Harris**. **Share Our Strength** founder and CEO **Billy Shore** will talk about the work the organization does to relieve hunger in the United States. No Kid Hungry is a special campaign from the organization focusing on childhood hunger.

Tickets are \$250, with group tables available.

For information and to buy tickets, go to nokidhungry.org/NKH_PalmBeach.

In brief

City Tap in **CityPlace** rolls out the pumpkins for its inaugural **Pumpkin Smash** on Saturday, Oct. 22. Pumpkin beers — at least 25 — from around the country will be served, and they're showcasing a 200-pound **Great Pumpkin Cask**, along with pumpkin foods from chef **Brian Stevenson**. Music, games, and other activities are also “on tap.” The fun starts at 11 a.m....



COURTESY PHOTO

City Tap will have at least 25 pumpkin beers for its **Pumpkin Smash**.

Rotelli's old location in Lake Worth is expected to be home to a **Lilo's All American Café**, a 3-year-old restaurant in Delray Beach. Expect casual fare: tacos, sandwiches, and their special lobster roll. . . . Tickets go on sale Oct. 24 for the biggest food fest in South Florida: the **South Beach Food & Wine Festival**. Slated for Feb. 22-26, the



event draws thousands to the sands of South Beach, with bold-faced culinary names making appearances, signing cookbooks, and whipping up food for the crowds. Many events sell out fast, so if you are planning to go, hit the site — sobefest.com — bright and early on the 24th. ■

VINO

Here comes the judge

jerryGREENFIELD

vino@floridaweekly.com



A few samples arrived the other day from the Judge Palmer Wine Company. The bottle of Cabernet Sauvignon reading “Beckstoffer Georges III vineyard” got my attention big time. Andy Beckstoffer is probably the most famous grape grower in America, selling fruit only to the highest-quality winemakers at a price per ton that would make your eyes pop.

I had to find out how the owners of this winery, which I'd never heard of, could convince Mr. Beckstoffer to sell them any of his precious grapes, so I called them up and spoke to Palmer Emmitt, one of the principals. Turns out Mr. Emmitt and Beckstoffer go way back, and that helps.

“My journey into wine was a long and winding road,” Mr. Emmitt recalls. His father was a collector of Bordeaux and Napa Cabernets, but the first wine he was drawn to was a Pinot Noir from Oregon.

Later on, while living in San Francisco, he met winemaker Michael Scorsone, who is now his business partner.

“Michael was working as an assistant winemaker at Failla, making absolutely stunning Sonoma Coast Pinot Noirs, and amazing Syrah and Chardonnay,” he told me. “He let me taste them from the barrel.”

That was all it took.

Mr. Emmitt quit his job and moved to Sonoma.

Wine was in the Scorsone family's blood. “My father was born in Sicily,” Mr. Scorsone told me. “He would make wine in the garage when I was growing up and serve it to me mixed with 7-Up.”

The younger Mr. Scorsone went to the Culinary Institute of America in Hyde Park, N.Y., where he really caught the wine bug. Working a few harvests in Valpolicella, Italy, and New Zealand rounded out his education.

He and Mr. Emmitt teamed up in 2011.

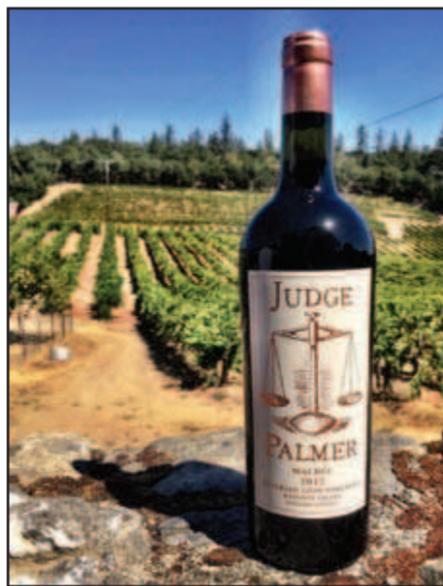
“We wanted to make wines that we want to drink,” Mr. Emmitt said. “They should be authentic and reflect the place where they are grown.”

Mr. Scorsone believes the winemaker's job is to get the grapes from the vine to the bottle with as little manipulation as possible. “Our mantra in the winery is, ‘Do less,’” he said. “It's not any sort of winemaking doctrine like organic or biodynamic. It's just what we think is the best wine possible from each lot.”

The partners named the winery in honor of Mr. Emmitt's grandfather, who was a judge in the California Gold Rush town of Placerville.

“We thought there was something very fitting about the parallel between what a judge does in a courtroom and what we think the winemaker's role should be in the winery,” he mused. “You need the knowledge and expertise to understand everything that happens, but the restraint to ensure that you don't interfere unnecessarily or impart too much bias.” He calls it “wine justice.”

In my sampling, I discovered that the



partners do justice to the prized Beckstoffer fruit, as well as to the grapes they source from other growers.

As a small winery, they don't have extensive distribution, but joining the wine club at judgepalmer.com offers significant discounts on all their offerings. Try them, and judge them with a jury of your peers.

■ Judge Palmer 2012 Malbec Bavarian Lion Vineyard (\$45) — Deep chocolate, cassis and mineral aromas on the nose with black plum flavors accented with tobacco, smoke, chocolate and a nice long finish. WW 91.

■ Judge Palmer Cabernet Sauvignon

Vintage Select 2012 (\$40) — A blend of lots from several vineyards, this wine shows the results of spending 24 months in mostly new French oak barrels. The fruit aromas are big and bold, with chocolate and smoke flavors on the palate. I'd give this one a little more time. WW 92.

■ Judge Palmer Cabernet Sauvignon 2012 Beckstoffer Georges III Vineyard (\$115) — This is the big wine I mentioned at the start of this column. Dark garnet in the glass, huge perfume on the nose and silky smooth on the palate. With brown leather, cinnamon, brioche and big black fruit throughout, it shows what a good winemaker can do with great fruit. WW 95.

Ask the Wine Whisperer

Q: I recently heard of a bug that attacks vineyards and kills the vines. Can you tell me what it is?

— *Julian K., Estero*

A: Unfortunately, grapevines have many enemies, including ones with four, six and eight legs. One of the worst is Pierce's Disease, which is spread by an insect intriguingly named the “glassy-winged sharpshooter.” The disease interferes with the flow of water throughout the vines, scorches the leaves and kills the plant. ■

— *Jerry Greenfield is The Wine Whisperer. He is also creative director of Greenfield Advertising Group. His book, “Secrets of the Wine Whisperer,” is available at winewhisperer.com and also on Amazon. Read his other writings on his website.*

FLORIDA WEEKLY CUISINE

In the kitchen with... PETE ROUBEKAS, Farmer Girl Restaurant in Lake Worth

BY MARY THURWACHTER
mthurwachter@floridaweekly.com



MARY THURWACHTER / FLORIDA WEEKLY
Pete Roubekas serves Greek specialties and more at the Farmer Girl in Lake Worth.

The marquee outside Lake Worth's iconic Farmer Girl restaurant reads "best soups in town." Customers won't argue. From vegetable to navy bean to chicken with rice, few can resist a bowl with dinner.

The man behind the soups — and the restaurant — is Pete Roubekas, a Greek immigrant who opened the eatery 35 years ago after moving to Florida from Ohio.

He owned and operated several restaurants in Ohio, but he wasn't always a restaurateur.

"I was a hairdresser and hairdressers make enough money to live, but I wanted to make more money," Mr. Roubekas, who moved to the U.S. in 1957, said. "When you come from overseas, you come to prove yourself."

Mr. Roubekas proved himself over and over again, opening several restaurants, first several in Ohio and eventually two in Florida. Besides the Farmer Girl on Dixie Highway in Lake Worth, he had a second location in Lake Park.

"It was very good, but too much work going back and forth with both places," he said. When 7-Eleven wanted to buy the building about 18 years ago, Mr. Roubekas sold it, and it's still a 7-Eleven.

He learned to cook from two chefs at his restaurants in Ohio.

"I had a lot of energy and I love what I do," he said. "For me, every dish is special, everything is a favorite. Everything I do has to be first class. They used to call me TLC, because they said I treated everything that way."

Mr. Roubekas gets up every morning at 4:40 a.m. to prep for breakfast. He makes all the soups, too.

Besides American fare, Farmer Girl serves Greek dishes including Spinach pie, moussaka, souvlaki, Greek salad and gyros, of course. (Sometimes that marquee boasts "the best gyro in town.")

His customers come from all over the world, he said.

"People can feel our warm welcome," he said. "Many people say that."

What's his biggest problem in running the restaurant?

"I don't have any problems," Mr.

Roubekas said. "If a cook doesn't show up, I fill in. I've learned not to get upset. I make the best of things."

One of his best-known and beloved community endeavors is Farmer Girl's annual free Thanksgiving dinner — turkey and all the trimmings. It's not just for the poor and homeless — anyone without a place to go that day can partake. Home deliveries also are part of the plan.

"I've done it for 33 years, but this will be my last," Mr. Roubekas, 78, said. "It's a lot of work — we start two weeks in advance — and my power is not what it used to be. My family would like me home and I would like to be there."

He and his wife reside in Lake Clarke Shores. They have three grown children — one son, two daughters and eight grandchildren.

While he has no immediate plans to retire, it's not out of the question, he said. "Maybe the kids will run it. We'll see. I take it one day at a time."

Pete Roubekas

Age: 78

Original Hometown: Bolati, Greece

Restaurant: Farmer Girl, 1732 N. Dixie Highway, Lake Worth; 582-0317.

Mission: To provide people with good homemade and reasonably priced cuisine and to treat customers like kings and queens.

Cuisine: American with Greek specialties

Training: I was trained by top chefs at the restaurants I owned in Lorain, Ohio. I worked my way from the bottom up because I love what I do and people enjoy it.

What's your footwear of choice in the kitchen? Shoes for Crews

What advice would you give someone who wants to be a restaurateur or chef? You have to love what you do and put in a lot of hours and hard work. ■



SCOTT SIMMONS / FLORIDA WEEKLY
The Caprese salad from Rhythm Cafe.

SCOTT'S THREE FOR 3 Places on Antique Row A trio worth noting

1 RHYTHM CAFÉ

3800 S. Dixie Highway, West Palm Beach; 833-3406 or www.rhythmcfe.com.

Rhythm Café has been serving fun food along South Dixie Highway for nearly three decades. The blackened shrimp, with peach chutney, lit my palate ablaze during a recent visit. I'll definitely order it again. The Caprese salad was composed of beautifully ripe tomatoes and creamy mozzarella. You have to love the menu description of the scallops: "Plump Sea Scallops Seared in a Screaming Hot Pan Until Golden Brown and Delicious, Precariously Situated Atop Julienne Vegetables, then Bathed with an Opulent Red Wine Butter Sauce." Indeed!

2 BELLE & MAXWELL'S

3700 S. Dixie Highway, West Palm Beach; 832-4449 or www.belleandmaxwells.com.

Belle & Maxwell's is great for lunch — order the Apple & Goat Cheese Salad, with plenty of greens, the aforementioned goat cheese, pecans, raisins and sliced apple. But dinner won't leave you hungry, either. At night, I enjoy the flatbreads — the gorgonzola with smoked bacon goes well with a glass of red wine. You can relax and let the cares of the world drift away.



COURTESY PHOTO
Belle & Maxwell's is a great place to refuel and relax over lunch or dinner.

3 CITY DINER

3400 S. Dixie Highway, West Palm Beach; 659-6776 or www.mycitydiner.com.

There's a reason why you'll find me at this memorabilia-packed place for breakfast most weekends (and some weekdays). Everything is beautifully prepared to order. My friends go there just for the corned beef and lobster hashes. For lunch, chef/owner Richard Kline's tomato basil bisque is among the best anywhere. Pair it with a Cobb salad and you have one of life's guilty pleasures.

— Scott Simmons

THE DISH: Highlights from local menus

The Dish: Cachetón and Pollo tacos

The Place: Cholo Soy Cocina, 3715 S. Dixie Highway, West Palm Beach; www.cholosoycocina.com or 619-7018.

The Price: Two tacos for \$6

The Details: Far be it from me to race to a new restaurant the week it opens.

But something told me chef Clay Carnes had things under control at Cholo Soy Cocina, along West Palm Beach's Antique Row.

Cholo is a slang term for the indigenous people of Latin America, Ecuador in particular. But it also means "mixed," and Mr. Carnes mixes a variety of Latin cuisines.

Tacos share menu space with ceviche, yuca

fries and plantain chips.

We tried the cachetón and pollo tacos.

The cachetón was filled with bits of tender smoked beef cheek and tangy pickled scallion. Mr. Carnes gets extra points for the creamy queso that cooled the tacos down.

Also tasty: The pollo, or chicken, which had a garlicky kick courtesy of the anchiote sofrito. It was served atop a purple cabbage slaw and with a cool but spicy smoked chile crema.

The tiny space was packed the Friday night we visited. But communal tables fill a small courtyard to the rear and lend a convivial spot to nosh and unwind with a brew from the small, but well-chosen list. ■

— Scott Simmons



SCOTT SIMMONS/FLORIDA WEEKLY

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OCTOBER 2016

Florida Weekly's monthly guide to Looking, Feeling and Living Better

Validation Therapy for Alzheimer's | 2

No double chin, no surgery, no kidding | 4

Why fellowship training matters | 8

Keep kids SUPER SAFE at Halloween

PALM BEACH CHILDREN'S HOSPITAL

DURING THIS TIME OF THE YEAR, IT'S IMPORTANT TO take necessary precautions to help keep your kids safe. The pediatric emergency room at the Palm Beach Children's Hospital at St. Mary's Medical Center would like to share the following safety tips:

- Children often want to help carve the pumpkin, but little fingers and sharp objects don't mix. Let your children draw the face on the pumpkin while you handle the carving. Your children also may enjoy cleaning out the pumpkin, painting it and saving the seeds to bake for a snack.

SEE HALLOWEEN, 8 ►

Do your best
to avoid real
scares this
season



Ten tips for successful Alzheimer's interactions

The way a family member or caregiver communicates with a person who has Alzheimer's disease can make all the difference.

What you say can create calm or chaos.

The goal should always be to prevent the person from feeling stressed, threatened or contradicted. This is not always easy to do, especially when emotions, frustration, and ingrained patterns of

interaction come into play. And the ingrained patterns are most difficult to avoid between a child and a parent or between a husband and a wife.

Over several decades of helping families cope with Alzheimer's disease, I've seen all kinds of advice; but nothing compares to the wonderful distillation of communication rules compiled by the Alzheimer's Association:



ABSOLUTELY NEVER!

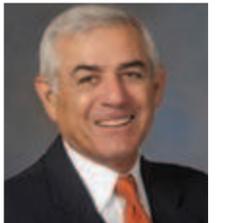
ALWAYS!

ARGUE	instead	AGREE
REASON	instead	DIVERT
SHAME	instead	DISTRACT
LECTURE	instead	REASSURE
SAY "REMEMBER"	instead	REMINISCE
SAY "I TOLD YOU"	instead	JUST REPEAT
SAY "YOU CAN'T"	instead	SAY "LET'S DO THIS"
COMMAND/DEMAND	instead	ASK/MODEL
CONDESCEND	instead	ENCOURAGE/PRAISE
FORCE	instead	REINFORCE

Each of these rules can be illustrated with real-life examples of successful or unsuccessful interactions.

In future articles, I will discuss some common scenarios where following this powerful advice makes all the difference. ■

— *Visiting Angels is located in Palm Beach Gardens and is dedicated to helping seniors continue to live in their own homes by providing personalized home care and support services. For information, call (561) 328-7611 or see www.visitingangels.com/palmbeaches.*



Irv Seldin
President,
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Patients who have undergone Teeth Next Day have transformed their appearance and their quality of life. No longer do they hide their toothless smile or struggle to chew a meal. Now, they have regained confidence to smile and eat the foods they love. Are you ready for a comfortable, healthy smile? Change your smile and change your life. Call today to schedule your complimentary consultation: 627-8666. ■

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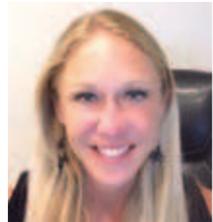
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No double chin, no surgery, no kidding!

Are you bothered by the fullness beneath your chin? You're not alone. You may be staring at your submental fullness or your "double chin" wondering why it will not go away.

A double chin is a common, yet undertreated facial aesthetic condition. It can detract from an otherwise balanced and harmonious facial appearance, lead to an older and heavier look, impact a broad range of adults and may be caused by aging, genetics and/or weight gain.

Fortunately, KYBELLA® can help. KYBELLA® is the first and only FDA-approved treatment to improve the appearance of moderate to severe fat beneath the chin (submental fullness) by physically destroying fat cells. When injected into the fat beneath the chin, KYBELLA® permanently destroys fat cells. Once they're gone, those cells cannot store or accumulate fat. Your body's natural metabolism then processes the fat cleared from the

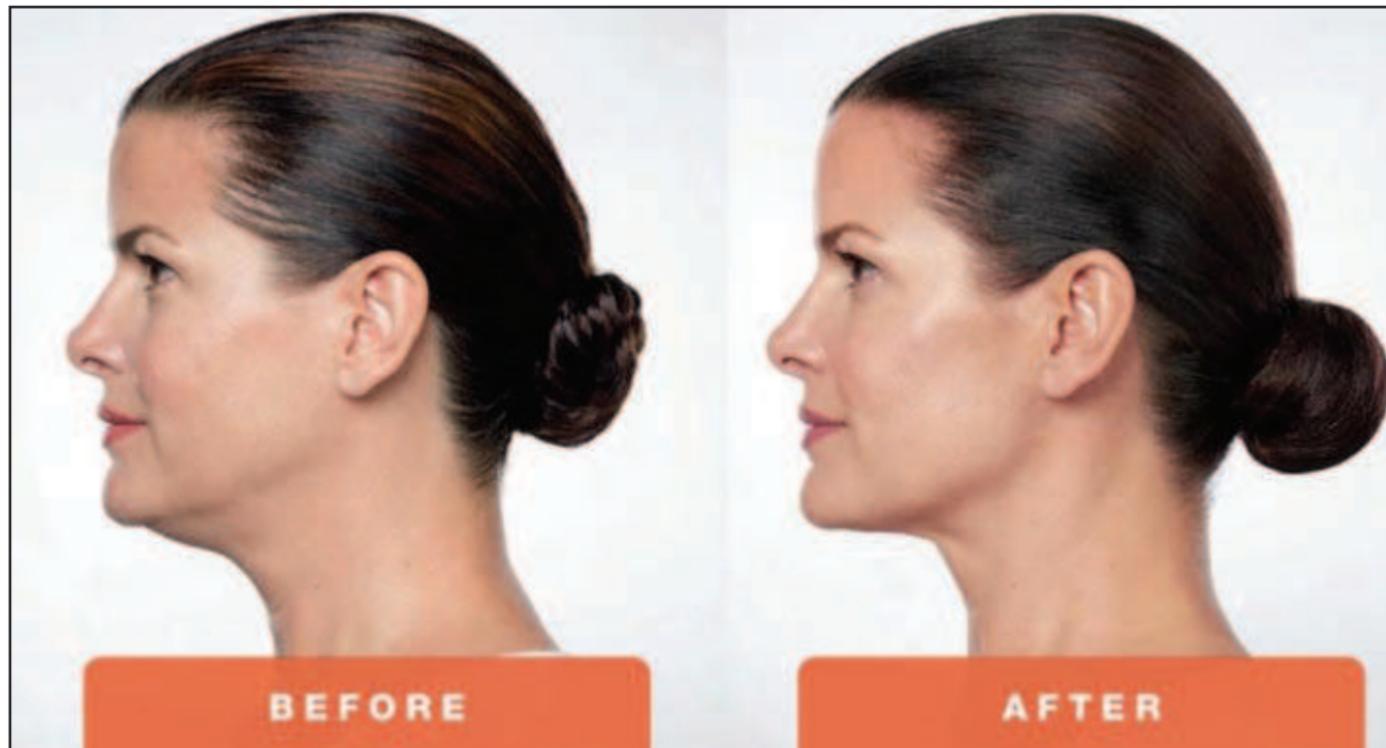


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Exercise releases hormone that helps shed, prevent fat

UF HEALTH

If a workout feels like more pain than gain, here's some motivation: Exercise releases a hormone that helps the body shed fat and keeps it from forming.

A group led by a University of Florida Health researcher has learned more about how the hormone irisin helps convert calorie-storing white fat cells into brown fat cells that burn energy. Irisin, which surges when the heart and other muscles are exerted, also inhibits the formation of fatty tissue, according to the researchers.

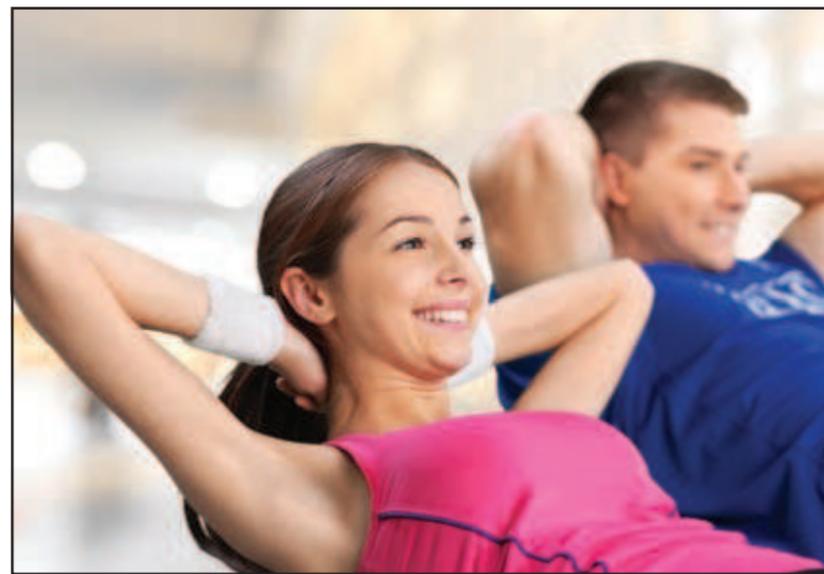
The findings show that irisin may be an attractive target for fighting obesity and diabetes, said Li-Jun Yang, M.D., a professor of hematopathology in the UF College of Medicine's department of pathology, immunology and laboratory medicine. The study is believed to be the first of its kind to examine the mechanisms of irisin's effect on human fat tissue and fat cells, researchers said.

Irisin appears to work by boosting the activity of genes and a protein that are crucial to turning white fat cells into brown cells, the researchers found. It also significantly increases the amount of energy used by those cells, indicating it has a role in burning fat.

Researchers collected fat cells donated by 28 patients who had breast reduction surgery. After exposing the samples



YANG



to irisin, they found a nearly fivefold increase in cells that contain a protein known as UCPI that is crucial to fat "burning."

"We used human fat tissue cultures to prove that irisin has a positive effect by turning white fat into brown fat and that it increases the body's fat-burning ability," Dr. Yang said.

Likewise, Dr. Yang and her collaborators found that irisin suppresses fat-cell formation. Among the tested fat-tissue samples, irisin reduced the number of mature fat cells by 20 to 60 percent compared with those of a control group. That suggests irisin reduces fat storage in the body by hindering the process that turns undifferentiated stem cells into fat cells while also promoting the stem cells' differentiation into bone-forming cells, the

researchers said.

Knowing that the body produces small quantities of fat-fighting irisin underscores the importance of regular exercise, Dr. Yang said.

More than two-thirds of U.S. adults are overweight or obese, according to the National Institutes of Health. While it's possible that the beneficial effects of irisin could be developed into a prescription medication, Dr. Yang said that is uncertain and remains a long time away.

"Instead of waiting for a miracle drug, you can help yourself by changing your lifestyle. Exercise produces more irisin, which has many beneficial effects including fat reduction, stronger bones and better cardiovascular health," Dr. Yang said.

The present study builds on other

findings about irisin's beneficial effects. In 2015, Dr. Yang's group found that the hormone helps improve heart function in several ways, including boosting calcium levels that are critical for heart contractions. In June, Dr. Yang and a group of scientists in China showed that irisin reduced arterial plaque buildup in mouse models by preventing inflammatory cells from accumulating, resulting in reducing reduction of atherosclerosis.

The findings about irisin's role in regulating fat cells sheds more light on how working out helps people stay slender, Dr. Yang said.

"Irisin can do a lot of things. This is another piece of evidence about the mechanisms that prevent fat buildup and promote the development of strong bones when you exercise," she said. ■

HALLOWEEN

From page 1

- Make sure your children understand the rules of Halloween safety. Develop a game plan and agree on the rules ahead of time. If older children are going out without an adult, make sure they understand the difference between vandalism and tricks.

- When shopping for costumes, check to make certain the material is flame retardant and that your child's vision won't be obscured by any part of the costume. Make sure the costume isn't too long to prevent tripping. If your child is wearing a hat, check to see that it won't slip down over their eyes.

- If your child is carrying props like a sword, knife or scythe, check to see that the tips are smooth and flexible enough to not cause injury.

- You may want to find an alternative to door-to-door trick-or-treating, such as going to a mall or community event. For a healthier option this year, you can attend the "Boo Bash Halloween Celebration" at Downtown at the Gardens. The Palm Beach Children's Hospital is sponsoring the event and will be handing out healthy snacks from noon to 4 p.m. Oct. 24.

- Have a responsible adult or older teen go with smaller children. Never allow children to go trick-or-treating alone. Older children and teens should go in groups.

- Make your home safe for those little trick-or-treaters. There are special lights that mimic a candle for jack-o'-lanterns. If you do use a candle, keep the pumpkin on a sturdy surface away from where the



children are likely to stand. Don't leave a burning candle unattended.

- Check your child's candy before they eat it. Throw away any open packages or homemade treats. If you have younger children, make sure they don't have any small or hard candies that can choke them.

In the event of an emergency, the emergency room at the Palm Beach Children's Hospital offers advanced medical, surgical, orthopedic and pedi-

atric treatments if an injury or illness strikes. The medical staff includes highly skilled emergency physicians, registered nurses and technicians whose goal is to provide excellent customer service and care tailored to each child's needs. The Palm Beach Children's Hospital has a dedicated team available 24/7 for the transport of newborns and pediatric patients from other hospitals, clinics and emergency departments to get children the services they need as quickly

as possible. Thanks to the hospital's dedicated staff, for the second consecutive year, the hospital was honored with two Kids Crown Awards for "Best Pediatric Emergency Room" and "Best Pediatric Hospital" in Palm Beach County.

For more information on the "Boo Bash Halloween Celebration" event or to learn more about the services offered at the pediatric emergency room at the Palm Beach Children's Hospital, please call (561) 841-KIDS. ■







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Lila Ristevska

Creator of the OZZYBALL and OzzyBall Training System
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largely overlap to make up a complete person. Most efforts in one area will fail as long as the minimum attention is not paid to all others. For this reason, all areas need some attention.

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ties.

These revolutionary insights are now proven in large scale, world wide studies and described by revolutionary thinkers like Harvard professor John J. Ratey, M.D., Eric Hagerman, Edward Hallowell, Richard Manning and many others, in books such as the national bestseller "Go Wild."

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new life starts with exercising your body. The best exercise for your brain is vigorous physical exercise. Your entire life will follow.

With Lila's training you will soon feel much closer to the purpose of your life: To live it more fully and to bloom and blossom and flourish.

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be fully self sufficient and continue blooming, blossoming, flourishing and living your life to the fullest.

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— Lila Ristevska is the creator of the OZZYBALL® OzzyBall Training System © Tel. (561) 713 6403 OzzyBall-USA@gmail.com Website: www.OzzyBall.com

Prostate cancer diagnoses continue to decline since recommendation against PSA screening

HEALTHDAY

Diagnoses of early prostate cancer continue to decline in the United States, following the U.S. Preventive Services Task Force recommendation against routine screening for the disease, researchers report.

The PSA screening involves a blood test that identifies levels of prostate specific antigen, a protein produced by the prostate gland. The test can determine when cancer exists, but it often wrongly identifies nonexistent cancer.

These "false positive" results can cause anxiety and lead to unnecessary follow-up tests. Because of this, the task force issued a draft recommendation against routine screening in 2011 and a final guideline in 2012.

Diagnoses of early prostate cancer in American men ages 50 and older dropped by 19 percent between 2011 and 2012 and by another 6 percent the following year, according to lead researcher Dr. Ahmedin Jemal, vice president of the American Cancer Society's surveillance and health services research program.

While many men may have been spared unnecessary anguish, however, less frequent screening might have a downside. Some experts worry more men will develop potentially fatal prostate cancer as a result.

"Prostate cancer is a slow-growing tumor, so it takes time," Dr. Jemal says. "We may see it over the next three to five years."

Dr. Anthony D'Amico, chief of genitourinary radiation oncology at Brigham and Women's Hospital and the Dana Farber Cancer Institute in Boston, says there is a balance in the task force recommendation.

"Some men who should not be treated are not being diagnosed, but that also



means some men who should be treated are either losing the chance for cure or presenting later and needing to undergo more treatment and more side effects for a possible cure," Dr. D'Amico says. The answer to this dilemma, he adds, will come with personalized medicine based on risk-based screening — screening men preferentially in good health and at high risk.

The decrease in diagnoses of early-stage prostate cancer might be partly due to a misreading of the task force's recommendation, adds Dr. Otis Brawley, the cancer society's chief medical officer, who believes the task force guideline is being misunderstood.

"The key word that is missed is 'routine,'" Dr. Brawley says. "The task force does not recommend routine screening. This in my mind means they are not against all screening. Also, they do call for informed decision-making regarding potential risks and potential benefits."

Using the Surveillance, Epidemiology and End Results database, Dr. Jemal and colleagues looked at cases of prostate cancer diagnosed between 2005 and 2013 in men ages 50 and older.

They found that from 2012 to 2013, early prostate cancer diagnosis rates per 100,000 men dropped from 356.5 to 335 in men ages 50-74. In men older than that, early cancer diagnoses fell from 379 to almost 354 per 100,000 men.

Meanwhile, cases of advanced prostate cancer remained stable in both age groups.

The findings leave some room for interpretation. Other factors leading to the decline could include improved preventive measures and changes in the incidence of unknown risk factors, Dr. Jemal says.

But Dr. D'Amico believes fewer screenings explain the statistics. The drop in the diagnosis of early prostate

cancer "is consistent with the drop in PSA screening," he says.

The main issue is whether this is an early sign that more high-risk disease, more disease that has spread and more deaths from prostate cancer will happen, he adds.

"My opinion is that we are probably heading for more high-risk and metastatic (cancer that has spread) disease in the next year or two, followed by more deaths from prostate cancer if the decline in screening is maintained," he says.

Dr. D'Amico adds that the only hope for a boost in PSA screening lies with the results of a British trial. If those findings, expected next year, show a benefit for PSA testing, perhaps testing rates will rebound, he says.

The American Cancer Society recommends that men "make an informed decision with their health care provider about whether to be screened for prostate cancer." The decision should be made after getting information about the uncertainties, risks and potential benefits of prostate cancer screening. The discussion about screening should take place at:

■ Age 50 for men at average risk of prostate cancer who are expected to live at least 10 more years.

■ Age 45 for men at high risk of developing prostate cancer. This includes blacks and men who have a first-degree relative (father, brother or son) diagnosed with prostate cancer at an early age (younger than 65).

■ Age 40 for men at even higher risk (those with more than one first-degree relative who had prostate cancer at an early age).

After these discussions, men who still want to be screened should get the PSA blood test. The digital rectal exam may also be used as a part of the screening, the cancer society says. ■

FoundCare opens office in North Palm Beach

SPECIAL TO FLORIDA WEEKLY

FoundCare Inc., a Federally Qualified Health Center located in West Palm Beach, has expanded to include an office in North Palm Beach to meet ever-growing health care needs in the local community.

Dr. Leslie Diaz, an infectious disease specialist, helms the office, which is located at 840 U.S. Highway 1 in North Palm Beach. The office includes a full staff of personnel, including ARNPs.

Office hours are Monday through Friday, 8:30 a.m. to 5 p.m., and Saturday and Sunday by appointment. Appointments can be made at FoundCare North Palm Beach by calling (561) 776-8300.

“We are excited by the opportunity to enhance FoundCare’s array of servic-



DIAZ

es in the northern part of the county,” said FoundCare CEO Yolette Bonnet. “As the north county area continues to grow, so has the need for our services.”

FoundCare’s Health Center is a Federally Qualified Health Center that offers pediatrics, adult medicine, chronic disease management, mental health services, dentistry, laboratory work and X-rays, and an on-site pharmacy. FoundCare accepts most insurance, Medicaid, Medicare and self-pay on a sliding fee scale. For further



information about FoundCare, call (561) HEALTHY (561-432-5849) or visit www.foundcare.org. ■

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Lucy M. De La Cruz, MD

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Orna Hadar, MD

Fellowship-Trained Breast Imager

Margaret W. Niedland Breast Center

Lynda Frye, MD

Fellowship-Trained Breast Imager

Medical Director, Margaret W. Niedland Breast Center

When you or someone you love is facing breast cancer, choosing a physician is a decision that shouldn’t be taken lightly. The qualifications of your specialists can have a direct impact on the outcome of treatment. It’s important to look for providers who are fellowship trained. Fellowship-trained physicians were accepted into advanced training programs and completed rigorous study at nationally recognized institutions. They possess specialized knowledge and expertise, and are up to date on the latest science, techniques and methodologies for the diagnosis, care and treatment of breast cancer.

At Jupiter Medical Center, we have the only fellowship-trained breast surgeons in northern Palm Beach County. In addition, our radiologists at the Margaret W. Niedland Breast Center are fellowship-trained and board-certified subspecialists in breast imaging. Through their training, our doctors are skilled at finding the smallest of cancers, reducing unnecessary biopsies and procedures, and maximizing treatment while limiting side effects.

To schedule a consultation with our highly qualified breast surgeons, call 561-263-4400.

To schedule your mammogram, call 561-263-4414.

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Fellowship training for physicians: What is it and why does it matter?

JUPITER MEDICAL CENTER

Patients today are savvy about researching their doctors, but they don't always understand the high levels of training that elite physicians pursue when completing their education. The qualifications of a specialist can have a direct impact on the outcome of treatment. It's important to look for providers who are fellowship trained. Fellowship-trained physicians were accepted into advanced training programs and completed rigorous study at nationally recognized institutions. They possess specialized knowledge and expertise, and are up to date on the latest science, techniques and methodologies for the diagnosis, care and treatment of breast cancer.

Nancy Taft, MD, FACS

Fellowship-Trained Breast Surgeon;

Fellow American College of Surgeons; Medical Director, Comprehensive Breast Care Program at Jupiter Medical Center



TAFT

"The year of my fellowship training allowed me to participate in every aspect of breast surgery including diagnosis and treatment of diseases of the breast and all clinical aspects of breast oncology, specifically pathology, radiology and medical and radiation oncology, as well as plastic reconstruction. This experience empowered me to have meaningful and comprehensive conversations to collaborate with my patients about their overall care and treatment plan. Additionally, I was able to create a great network of other fellowship trained breast surgeons and thought



COURTESY PHOTO

From left: Jupiter Medical Center's team of fellowship-trained breast surgeons, Nancy J. Taft, MD, FACS and Lucy M. De La Cruz, MD, with fellowship-trained breast imagers, Orna Hadar, MD, and Lynda Frye, MD. For more information, visit www.jupiterbreastcare.com.

leaders in the academic world with whom I can share and discuss ideas. It not only changed my entire life, but also continues to change the lives of my patients."

Orna Hadar, MD

Fellowship-Trained Breast Imager at

Margaret W. Niedland Breast Center; 16 years of experience

"Breast imaging specialists are trained to look at nothing but the breast. My one-year fellowship gave me countless opportunities to review all types of breasts and



HADAR

cancers of the breast, thus giving me the experience to see abnormalities better and faster. It helped me build confidence and ability in my skills, and provides patients with assurance that I am prepared for the challenges they face and to provide them with the best care."

You may not know breast cancer, but you know people. Find a physician and team that helps you understand it and that you trust — it's a long-term relationship. Do your research, meet the physician and go with your instincts. Look at those who think big and have made and will continue making big commitments.

At Jupiter Medical Center, we have the only two fellowship-trained breast surgeons in northern Palm Beach County.

In addition, both of our radiologists at the Margaret W. Niedland Breast Center are fellowship-trained and board-certified subspecialists in breast imaging. You get really good at something that you do repetitively. Through their training, our doctors are skilled at and committed to finding the smallest of cancers, reducing unnecessary biopsies and procedures, and maximizing treatment while limiting side effects.

To schedule a consultation with our highly qualified breast surgeons, call (561) 263-4400.

To schedule your mammogram, call (561) 263-4414. Learn more at www.jupiterbreastcare.com. ■

Researchers say new compound could help with treatment of alcohol, smoking disorders

NATIONAL INSTITUTES OF HEALTH

A new medication that targets part of the brain's stress system might help reduce alcohol use in people with alcohol use disorder, according to a new study by researchers at the National Institute on Alcohol Abuse and Alcoholism.

"Medications have become an important tool for treating alcohol use disorders, but current medications are not effective for all people with such disorders, NIAAA Director George Koob says. "We're committed to developing new medications to provide effective therapy to a broader spectrum of people with alcohol use disorders," he adds.

NIAAA is part of the National Institutes of Health.

As reported online in the journal *Neuropsychopharmacology*, researchers led by Raye Litten, Ph.D., acting director of the NIAAA Division of Medications Development, conducted a randomized clinical trial of ABT-436, a new compound designed to block the effects of vasopressin, a neuropeptide produced in the hypothalamus of the brain.

"Vasopressin helps to regulate the pituitary adrenal axis and other brain circuits involved in emotion," Ms. Litten explains. "As such, it plays a role in regulating stress, anxiety and their interaction with alcohol use disorders."

Ms. Litten, first author Megan Ryan



and their NIAAA colleagues worked with NIAAA's multi-center Clinical Investigations Group to recruit 144 alcohol-dependent adult men and women for the 12-week study. During a 28-day baseline period, female participants consumed at least 28 drinks per week, while male participants consumed at least 35 drinks per week. Participants were then randomized to receive either placebo tablets or ones containing the ABT-436 compound. Researchers monitored participants' alcohol consumption

as well as their mood changes and smoking habits, as these are known to co-vary with alcohol consumption.

Researchers found that participants receiving ABT-436 experienced more days of alcohol abstinence than those receiving the placebo. In particular, participants who reported high levels of stress appeared to respond better to ABT-436, in that both the frequency of their drinking and the number of heavy drinking days they experienced decreased.

"Our findings suggest that potential future studies with drugs targeting vasopressin blockade should focus on populations of people with alcohol use disorder who also report high levels of stress," says Ms. Ryan, who is a clinical project manager in the NIAAA Division of Medications Development.

Smokers might be another population that could benefit from ABT-436. In addition to its effects on alcohol consumption, study participants receiving the new compound experienced a reduction in smoking. The researchers suspect that ABT-436 might target the same areas in the brain that relate to withdrawal and stress and, in the process, influence both tobacco and alcohol use disorders. Additional research is needed to determine if that is the case.

The NIAAA is the primary U.S. agency for conducting and supporting research on the causes, consequences, prevention and treatment of alcohol use disorder and alcohol-related problems. NIAAA also disseminates research findings to general, professional and academic audiences. Additional alcohol research information and publications are available at www.niaaa.nih.gov.

NIH the nation's medical research agency and a component of the U.S. Department of Health and Human Services, includes 27 institutes and centers. For more information about NIH and its programs, visit www.nih.gov. ■



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Fit Body Bistro offers healthful fast-casual fare

Many people want organic and gluten free these days.

They know disease comes from the toxins, pesticides, and GMO foods we ingest every day — even “natural” or “farm to table” is not GMO-free, gluten-free or organic.

Many immune/auto-immune diseases, as well as other serious health risks, including weight gain, joint pain, wrinkles, premature aging, diabetes and digestive issues, all come from poor quality foods.

Fit Body Bistro, which continues to serve Jupiter, also introduces the newest and healthiest food concept anyone has ever seen in East Boca Raton.

It's a fast-casual restaurant unlike any other that's on a mission to provide great tasting pure food while supporting a healthy lifestyle and reducing inflammation — the culprit causing many auto-immune and other longterm diseases.

“You truly ARE what you eat,” say owners Chris Twardowski and Jen Antonuccio.

Mr. Twardowski and his wife, Ms. Antonuccio, founded Fit Body Bistro in 2013 after realizing they could not find quality food outside of the home. As more people are concerned about eating healthy, where their food comes from and are more conscious about what they put into their bodies, a larger audience feels many restaurants do not have the pure ingredients they are searching for to ensure optimal health.

Fit Body Bistro is a unique, fast-casual restaurant, serving and preparing food in a

way unlike any other in the area.

It's deliciously pure, 100 percent gluten-free food that is free of antibiotics, hormones, GMOs, dyes, preservatives and MSG, and is mostly organic or better.

Even the water is filtered throughout the entire facility; free from chlorine and chloramine (disease-causing toxins).

In addition, Fit Body Bistro uses reverse osmosis water for its fresh-to-order juices, organic lemon water, organic teas/coffees, smoothies and fusions, so no toxins or city water contaminants here. Fit Body Bistro goes to extraordinary lengths to ensure all items are the purest to promote optimal mental and physical performance.

ONGOING SPECIALS:

Check in for a free 12-ounce organic coffee, tea, lemon water or even a 2-ounce juice shot!

And check out the incredible BOGO half-off Saturday Special on their house-made gluten-free and organic quality (and vegan) treats.

The Jupiter store is on the northwest corner of Donald Ross and Military Trail, at the northwest rear side of the Publix Plaza. The new Boca Raton facility is on the southeast corner of Dixie Highway and Palmetto Park Road.

Check out more items and information at www.fitbodybistro.com and visit the Facebook pages. For Boca Raton: www.facebook.com/fitbodybistroboca/. For Jupiter:

www.facebook.com/FitBodyBistro/. ■



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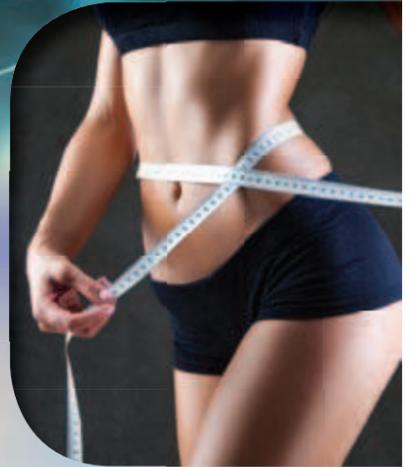


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