

PALM BEACH GARDENS & JUPITER
FLORIDA WEEKLY[®]
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WEEK OF SEPTEMBER 1-7, 2016

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PHOTOGRAPHED

Florida Weekly highlights the enduring art of photography **PAGES A8-11**



Michelle Tricca

michelletricca.com

"Black & White girl w bubbles"

BY ERIC RADDATZ
 eraddatz@floridaweekly.com

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SEE PHOTOGRAPHED, A8 ►

Clyde Butcher

clydebutcher.com

"Indian Key 5" - Everglades National Park

Book 'em: Hotel occupancy rate sets record

BY MARY THURWACHTER
 mthurwachter@floridaweekly.com

July was a good month for Palm Beach hoteliers. Hotel occupancy in the county reached an all-time high, with 71.9 percent occupancy, according to the latest report from STR, a national hotel industry research provider.

"This is the first time we've ever had a July occupancy above 70 percent during July since we began tracing with STR," said Jorge Pesquera, CEO and president



PESQUERA

of Discover the Palm Beaches, the tourism marketing corporation that promotes the 39 cities and towns and 15 tourism districts spanning 2,000 square miles and 47 miles of beaches from Boca Raton to Jupiter.

And the good news for



COURTESY PHOTO

SEE HOTEL, A17 ► **Grandview Gardens in West Palm Beach**

INSIDE



Luxe Living

Scott Robertson approaches design with an artist's eye.

INSIDE ►



Flavor Palm Beach

It's time for a month of dining specials. Are you hungry? B1 ►



Society

Superheroes visit Palms West, more. B8-9, B10, A12-13 ►



The Dish

C.W.S. cooks up cauliflower steak in Lake Worth. B15 ►

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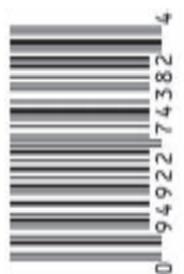
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COMMENTARY

Losing ground

leslieLILLY

lilly@floridaweekly.com



The historical origins of Labor Day are still subject to debate. We do know it became a federal holiday in 1894. There was a long run-up by trade unions and the labor movement to promote the idea, and it caught on. By the time Congress acted, 30 states already had inaugurated their own versions of a celebration. They orchestrated thousands of events to shower American workers with public appreciation.

These were all-day affairs. Vast picnic suppers in public parks followed on the heels of meandering parades. Brass bands entertained them with patriotic tunes. Flowery speeches droned on, late into the afternoon, generous superlatives heaping ever higher the orators' praise of the lowly wage earner. They called to their audience: "Look to your left; look to your right. Here beside you stand the cogs and the wheels that work together and lift the nation toward greatness and shared prosperity for all!"

For one fine day, ordinary men and women were raised upon the shoulders of the nation, their contributions toward building a thriving, American economy accorded dignity and respect. But alas, the holiday passed, American workers returned to their labors, faceless, swallowed up in the anonymity of their

workplaces. The reality of workers' lives was neither picnic nor pedestal in the decades leading up to the Great Depression.

Their workplaces were predatory. They toiled in dangerous and unsafe conditions. They were mercilessly exploited by profiteers, their fight for justice in the workplace thwarted by industries immune from oversight and regulation. The labor movement finally brought greater balance into the equation. Workers' pay and working conditions improved.

But in 1894 and for many decades thereafter, the Labor Day holiday was just that: a single day of respite from a yearlong battle to survive in industries notorious for their habit of chewing up and discarding employees as if human garbage — in mining, textiles, construction, agriculture, services and manufacturing. Being in the workforce then was no holiday; and, now, despite all the progress made, it is no holiday for today's workers either.

Sure, the labor movement made a huge difference. "How low can you go" as a U.S. business model was challenged on multiple fronts. Workers are protected by labor standards envied by workers around the world, but those standards always are under threat. Will we roll back laws forbidding child labor? Probably not. Will wage slavery make a comeback? A definite maybe.

In America, economic well being depends mightily on increasing income and earnings over a lifetime of work. The upward trajectory in income allows

for working people to take responsibility for educating children, owning a home, planning for retirement, accessing medical care. They even can take a vacation now and then. But this is where things have gone backward for today's working class families.

Upward mobility is broken, and worse, caught in a downward spiral. All working families are at risk. Wage disparity and income inequality have eroded what was, decades ago, a livable wage. This is not somebody else's problem. It is a national problem affecting a vast swath of American families, including Floridians.

Deciphering a recent Bureau of Labor Statistics study, Scott Powers of FloridaPolitics.com wrote, "In Orlando, the three occupations with the most jobs are "retail salespersons," "food preparation workers" (which includes fast food) and "waiters and waitresses." All these occupations combined total more than 120,000 jobs, or more than 10 percent of all Orlando's jobs. The kicker? None pays a median annualized pay of more than \$20,430. Is it enough to provide for a family? The answer? Not by half.

A livable, hourly wage to support a family of two adults (one working) and two kids in the Orlando-Kissimmee-Sanford metro area is \$18.04. To pay the estimated expenses for a family of this size in this metro area requires an annual income (before taxes) of \$49, 842.

Florida International University (FIU) soon will publish its 2016 "State of Florida Workers Report," a study assessing how Florida's workforce is faring

in the current economy. It is released annually around Labor Day. It's a good opportunity to temper gratuitous myth making with labor force facts.

The 2015 study reported Florida's wage gap grew significantly following the 2008 housing collapse and that from 1980 to 2014, salaries paid to the state's top 10 percent of wage earners grew 25 times faster than the pay earned by workers in the bottom 10 percent.

These and other data suggest Florida is winning the wage race to the bottom. It is among those states whose employers pay the lowest salaries among all states nationwide, and the state's largest metropolitan areas and its bigger cities offer the lowest paying urban jobs in America.

The state's reliance on the service sector may account for the prevalence of low-wage jobs, but these jobs also pay less in Florida than cities anywhere else in the country.

This is what workers seeking a livable wage call losing ground. ■

— Leslie Lilly is a native Floridian. Her professional career spans more than 25 years leading major philanthropic institutions in the South and Appalachia. She writes frequently on issues of politics, public policy, and philanthropy, earning national recognition for her leadership in the charitable sector. She resides with her family and pugs in Jupiter. Email her at lilly@floridaweekly.com and read past blog posts on Tumblr at lilly15.Tumblr.com

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8 Years

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SEPTEMBER

COMMUNITY EVENTS & LECTURES



The New Cardiovascular Stent – A Leading-Edge Option

Edward Mostel, MD

Thursday, September 15 @ 6-7pm

Palm Beach Gardens Medical Center
Classroom 4

Join Dr. Edward Mostel, interventional cardiologist on the medical staff at Palm Beach Gardens Medical Center, for an educational lecture on the revolutionary fully dissolving heart stent that disappears after the treated artery is healed. Palm Beach Gardens Medical Center is the first hospital in South Florida and the Treasure Coast to commercially utilize this innovative stent in the treatment of coronary artery disease.

Light dinner and refreshments will be served. Space is limited.



Hands-Only Adult CPR Class

Tuesday, September 20 @ 6:30-7pm

Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. Palm Beach Gardens

Medical Center sponsors a monthly CPR class for the community, held at the Palm Beach Gardens Fire Rescue. Local EMS will give a hands-only, adult CPR demonstration and go over Automated External Defibrillator (AED) use. Participants will have the opportunity to practice their new skills using CPR manikins.

Reservations are required.



FREE COMMUNITY SCREENINGS

Heart Attack Risk Assessment

(blood pressure, BMI, glucose and cholesterol)

Wednesday, September 14 @ 8-11am

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Thursday, September 15 @ 9am-1pm

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PALM BEACH GARDENS & JUPITER
FLORIDA WEEKLY

OPINION

The anteroom of hell



roger WILLIAMS

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As an ambassador of ink let me welcome you, Francis, or you, Chauncey — and you too, Lizbeth, or you, Jason, and even you, Kathleen or Matt — to the anteroom of hell.

Some of us think of the place you now stand as the anteroom of the U.S. House of Representatives and the Florida Senate, which is not the worst place in the world. But it's no place we'd let our children hang around, that's for sure.

By winning your primaries against other Republicans on Tuesday in U.S. District 19 and state Districts 27 and 28, you very likely sealed victories in your November races.

You have now reached the sub-pinnacle of political power and leadership in Washington and in Tallahassee, since Democrats are about as common as Florida panthers in your districts. The November assault mounted by your Democratic party opponents will likely prove as effective as the Charge of the Light Brigade.

Congratulations on your victories.

The pinnacle of political power (should you ever have the audacity to emerge from the sub-pinnacle, of course) is the White House.

At the sound of the bell, you in particular, Francis, or you, Chauncey, will come swinging out of the District 19 corner weighing in at about 170 pounds and wearing not the purple trunks but a dark suit and tie, with your millions packed in your gloves like rolls of quarters.

Coming out of the other corner will be a woman who gets to sleep in the White House for the next four years. Her political weight: about 200 tons. This is not the Bush administration, Chauncey. And Francis? She won't think you're the coolest guy on the planet because you run construction and oil companies, have a lot of money and go to church on Sunday.

So good luck, pal, and Vaya con Dios. If you don't know what it means, you should

look it up, since a lot of voters do.

But you, Lizbeth, and you, Matt, or you, Kathleen — you'll have your challenges, too.

The problem for all of you is water. And water can be turned into wine, as some of you know, so don't ignore this problem. (By the way, I prefer a very dry French Sauvignon Blanc in the whites, or if you must because you Republicans apparently like the color of blood, an Argentinian Malbec in the reds.)

We've really screwed up our water, Francis, no matter what the people in your oil companies, the ones that drill in the Gulf, tell you when you convene for board meetings.

And Kathleen, Matt, Lizbeth? You three. Please. Nobody is trying to take away our guns. It's a nonissue. Also, the flood of illegal immigrants has subsided as all the numbers suggest, but not the flood of polluted water.

So could all of you please start focusing on what actually matters at this point in time?

Mother Teresa of Calcutta said this, Francis — and I'd like all of you to heed it before you move into the White House someday: "Spread love everywhere you go. Let no one ever come to you without leaving happier."

She was not talking about sugar lobbyists, by the way.

The bottom line is this: Florida's economy and appeal are dying by the minute, by the yard and by the year because we aren't stopping companies that run cows or grow sugar, or local governments that don't regulate septic systems, or cities that continue to dump bad water into good, from poisoning what we have in small, incremental ways, every day, week, month and year.

We don't even let water flow in the right direction and quantities. And we could.

Result? Dead fish. Dead tourism. Dead businesses. And if you let it happen, dead Florida lifestyle and dead economy.

We don't care who's to blame: Big Ag and Big Sugar? Sure.

Septic? Yep.

Development and greedy local leader-

ship? Democrats? Martians?

Well, of course.

But we just don't care. We want you to fix it and we agree that all of them and all of us should help pay for it.

And you can. Your mothers would have wanted you to fix it. All of your grandparents would have been proud of you for fixing it. Think about them. Do you really care what lobbyists and officials for big companies that make money from bad solutions and bad science care about, in this issue? Would your mothers have cared?

Look, water is precious, and if you think I'm patronizing you, I'm not. Water is precious.

We have to protect it from people who will use it for gain. Commies, for example.

Let me just remind you of the immortal words of Gen. Jack D. Ripper, who launched a nuclear war from the Alaskan SAC base he commanded in Stanley Kubrick's blistering 1964 film, "Dr. Strangelove," to protect our water:

"Mandrake, have you ever seen a commie drink a glass of water?"

"Well, no, I can't say that I have," replies Group Capt. Lionel Mandrake of the Royal Air Force.

"It's because they pollute our waters," replies the general. "I can no longer sit back and allow communist infiltration, communist indoctrination, communist subversion and the international communist conspiracy to sap and impurify all of our precious bodily fluids."

Our precious bodily fluids, Francis. Hear that, Chauncey? Matt? Kathleen? Lizbeth? Jason?

"It's incredibly obvious, isn't it?" The general concludes.

"A foreign substance is introduced into our precious bodily fluids without the knowledge of the individual and certainly without any choice. That's the way your hard core commie works."

You should know that, all of you aspiring leaders.

So I welcome you — you primary winners — and I also implore you: Help us save our precious body fluids. Also known as our magnificent Florida water. ■

The Colin Powell defense



richLOWRY

Special to Florida Weekly

The influence that Colin Powell has over Hillary Clinton is something to behold. His word is her command. When he tells her to break the law and endanger the nation's secrets, she doesn't hesitate. She salutes smartly and does as she is told.

Clinton has been desperate for the moral cover of Colin Powell for her email arrangement since the scandal first broke last year. Now we've learned that Clinton told the FBI that Powell advised her to use private email as secretary of state at a dinner in 2009. This escalates Clinton's email defense from "Hey, Colin Powell did it, too," all the way to "Colin Powell made me do it."

The Powell defense doesn't make much sense. While the former general used a private email as secretary of state, it was at a time when the department didn't have a robust email system of its own. And he obviously didn't set

up his own private server. After Powell left State, the department's rules steadily got stricter about using official email for State Department business and preserving email records — and Clinton blew through them all. On the advice, we are supposed to believe, of none other than Colin Powell, the Professor Moriarty of Clinton's illicit email practices.

The New York Times reported that at a dinner party hosted by former Secretary of State Madeleine Albright that included other former secretaries of state, Albright asked Clinton's predecessors what counsel they would give her. Allegedly, Powell didn't advise Clinton (channeling Winston Churchill) that "diplomacy is the art of telling people to go to hell in such a way that they ask for directions," or even to avoid a land war in Asia. He told her to use private email.

Powell says now that's not how he remembers it. If Clinton really wanted someone's permission to use private email, she could have asked the State Department, which she never did. In a new book, the left-wing journalist Joe Conason writes that Clinton had already decided to use private email months before the Albright dinner.

Of course she had, and for her own reasons. She wanted to hide as much of her business as possible from journalists and congressional committees seeking information on how she operated. Given the gross intermingling of State Department and Clinton Foundation business, this was only prudent.

No wonder that Colin Powell finds Hillary's effort to enlist him as one of the justifications for her private server so galling. Powell told a reporter, "Her people have been trying to pin it on me." Referring to a description of his email practices he sent to her (at her request), Powell said, "The truth is, she was using (her private server) for a year before I sent her a memo telling her what I did."

No one forced Hillary to use her private email for State Department business in a manner so flagrantly against the rules. And no one forced her and her husband to run their foundation as a vast pay-to-play scheme whose inner workings must be shielded from public view. That's her responsibility and no one else's — certainly not Colin Powell's. ■

— Rich Lowry is editor of the *National Review*.

Group seeks creative approaches to diabetes prevention, management

SPECIAL TO FLORIDA WEEKLY

Healthier Jupiter is seeking inventive ideas to fund through its recently announced mini-grant program. The goal of the program is to engage the greater Jupiter community in creating innovative approaches to diabetes prevention and management.

Healthier Jupiter will award up to eight \$2,500 mini-grants to qualified not-for-profit organizations in our community to pilot ideas that will improve our collective community health in one of three focus areas: increasing access to affordable healthier food choices; helping individuals become more physically active on a regular basis; or promoting awareness of diabetes risks and accessing necessary medical care.

Interested not-for-profit organizations must attend a mandatory grants workshop on Wednesday morning, Oct.

26, at the town of Jupiter Community Center. Anyone may attend the workshop, but only proposals from qualified not-for-profit organizations will be considered. If you have an idea and are not currently part of a not-for-profit organization, please contact Healthier Jupiter project director Carrie Browne at 263-7580, or email her at carrie.jupiter@HealthierTogetherPBC.org. A brief application must be completed online and submitted by 5 p.m. Dec. 1.

The proposal must address one of the three focus areas outlined above and the funded project must take place within the Greater Jupiter area and benefit those who live, work or learn here. The grant selection committee will include community leaders from both the public and private sectors. The grant guidelines will be available at healthierjupiter.org by Sept. 15 and awards will be announced by Jan. 30. ■

River Center to take part in coastal cleanup

SPECIAL TO FLORIDA WEEKLY

The River Center will participate on Saturday, Sept. 10, in the International Coastal Cleanup, which includes a massive removal of litter and illegal dumping from our public spaces — neighborhoods, roadways, waterways, parks, schools, etc.

This cleanup will take place from 8-11 a.m. in Coral Cove Park.

Interested participants should bring a refillable water bottle, closed-toed shoes, sunglasses and a hat.

Help reduce waste by bringing a bucket and garden gloves.

Be sure to download the Clean Swell app onto any mobile device to log all of your cleanup data.

For more information or to volunteer for the cleanup contact the River Center at 743-7123 or RiverCenter@lrecd.org. ■

MONDAY AFTERNOON, SEPTEMBER 5

LABOR DAY CELEBRATION

WATCH PBKC'S TOP YOUNG SPRINTERS COMPETE IN THE \$20,000 GALLAGHER/KINNAIRD PUPPY STAKES! PLUS, FREE ADMISSION, FAMILY FUN ACTIVITIES & ESPN FROM 2-4 PM WITH A CHANCE TO GRAB YOUR SHARE OF \$500 INSIDE THE CASH CUBE!



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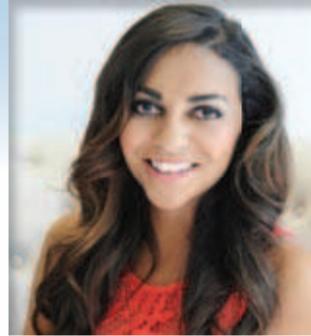
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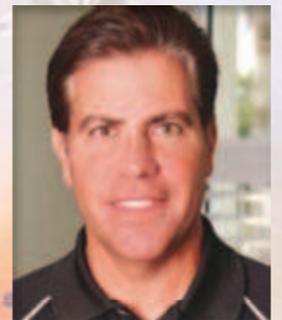
to our Palm Beach Gardens Office



- Bachelor of Science The University of Arizona.
- Doctorate of Chiropractic Palmer College of Chiropractic in Daytona.

Through personal hurdles, Dr. Alessandra Colón has developed a vast compassion for those seeking health and wellness. At age 14, Dr. Colón was diagnosed with stage 4 Cancer. Surviving the 25% odds to live, and entering full remission ripened her passion for healing and wellness. Dr. Colón's ardor led her to pursue her Doctorate of Chiropractic from Palmer College.

After graduation, Dr. Colón spent time traveling America, the Grenadines, Dominican Republic, and India treating over 4000 people with free chiropractic care. Soon after, she was deemed Woman Of The Year in 2015, through her charitable campaigning. Her commitment to promoting optimal health and well-being has been integral in free people from pain and increasing her patients whole body performance. Through her experiences she developed a whole person approach using the spine to evaluate the entire body. Dr. Colón is able to help all of her patients accelerate in their journey to good health.



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PET TALES

Longhaired pets require extra care to maintain their luxurious locks

BY KIM CAMPBELL THORNTON
Universal Uclick

From the Maltese to the Afghan hound, the Persian to the Maine coon, longhaired dogs and cats have a reputation for beauty and style. Their glamorous appearance comes at a price, though: That gorgeous coat can be a beast to care for. If you've fallen for a pet with long locks, we've gathered some tips to help you keep that coat stunning, healthy and tangle-free.

First, the bad news: There's no secret shortcut to caring for a long coat. It takes time and devotion. You're ahead of the game, though, if you groom it on a regular basis. When a longhaired pet's coat is neglected, the result is painful mats and tangles. Nobody wants that.

Grooming needs depend on the type of coat a dog or cat has, as well as its length. Longhaired pets may have a single coat or a double coat (one with a top coat and an under layer). They may have feathering (longer hair on the ears, chest, legs and tail); thick, fine, silky hair; or ruffs, britches or pantaloons. Double-coated pets typically shed more than single-coated pets.

Gather the right equipment. A pin brush moves smoothly through long hair and feathering. A bristle brush removes loose hair and dirt and polishes the coat. A wide-tooth comb removes downy undercoat. The curved wire pins of a slicker brush remove mats, loose hair and any flotsam and jetsam your dog picks up on a walk. Dogs with thick double coats may



The frequency of grooming a longhaired pet ranges from daily to weekly.

benefit from a session with an undercoat rake, especially during shedding season. If possible, ask a breeder or a professional groomer about the correct grooming tools and techniques to use.

Keep the face clean. Dogs with beards, mustaches and eyebrows (known as furnishings) lose their distinguished appearance if food is stuck in their fur. Comb out the furnishings after every meal to keep them looking nice.

Other trouble spots include the belly, the area where the legs meet the body (the "underarms") and the urogenital area. Many pets don't like having these areas touched (maybe they're ticklish). If you neglect them, though, these areas are most likely to develop mats and tangles. If you comb them before a problem starts, it will be a lot easier to accustom your pet to the attention.

Watch for a poopy butt. Every longhaired pet gets it at one time or another.

Get over the ick factor and check your pet's rear regularly to make sure no dingleberries are dangling from his fur. You may want to trim the area short to help keep it clean. Or have a professional groomer do a sanitary trim for a neater appearance.

Starting with a puppy? Practice for a few minutes every day. Even if your pup won't have his full coat for a year or two, he should learn now what to expect and how to stand nicely for it. You can gradually lengthen the amount of time you spend working on his coat.

Give extra care to aging or overweight longhaired pets. Cats, in particular, may have difficulty grooming themselves and need some additional attention.

Pay attention if your pet frequently bites or scratches at a specific area. On closer inspection, you may find a mat or tangle that needs attention. Be careful when trying to remove these. Severe mats may need professional attention.

When his coat is at its full glory, you should expect to groom your longhaired pet at least every other day. For some pets, daily attention is a must. If you have trained your dog or cat to enjoy grooming, the experience should be a bonding time for both of you. ■

Pets of the Week



>> **Malia** is a 2-year-old, 45-pound female mixed breed dog that is crate trained. She is affectionate but probably would be best as an only pet.



>> **Chantelle** is a 2-year-old female cat that is independent, but warms up to people.

To adopt or foster a pet

The **Peggy Adams Animal Rescue League, Humane Society of the Palm Beaches**, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspb.org. For adoption information, call 686-6656.



>> **Annie** is a spayed female calico, about 4 years old. She's high-spirited and very friendly with humans and other cats.



>> **Tango** is a neutered male orange tabby that is about 5 years old. He loves to play with people and other cats.

To adopt or foster a pet

Adopt A Cat is a free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment. Call 848-4911, Option 5. For additional information, and photos of other adoptable cats, adoptacatfoundation.org. ■

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Temple Beth El offers 'Taste of the High Holy Days'

SPECIAL TO FLORIDA WEEKLY

Most Jewish people know about the High Holy Days.

Even many non-Jewish people have heard of these holidays.

But what do they really mean?

Those questions will be answered at "A Taste of High Holy Days" from 4-5:30 p.m. Sept. 4 at Temple Beth EL, 2815 N. Flagler Drive, West Palm Beach.

Temple Beth EL is hosting the event in partnership with the Palm Beach Fellowship of Christians and Jews and the Jewish Federation of Palm Beach County. All faiths are encouraged to

attend the event, which is free.

Rabbi Leonid Feldman will be joined by Cantor Norman Brody, Cantor Jenna Daniels and the Temple Beth EL Choir. Apples and honey will be served.

The goal is to explain the meaning of the High Holy Days in a creative and innovative way, Rabbi Feldman said.

"On Rosh Hashanah, we celebrate the Jewish New Year, but it has nothing to do with Jewish history or Jewish people," he said. "Most people don't know that. We're celebrating the birthday of the world."

Call 833-0339, email office@bethelwpb.com or visit bethelwpb.com. ■

Advertorial

7 Deadly mistakes that will cost you thousands when you sell your Jupiter home

A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that nearly three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most home-

owners make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

To hear a brief recorded message about how to order your FREE copy of this report call toll-free

1-866-274-7449 and enter 2000. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to find out how you can get the most money for your home.

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Massachusetts General Hospital	A	☆☆☆☆
Brigham and Women's Hospital	B	☆☆☆
The Johns Hopkins Hospital	C	☆☆☆☆
NewYork-Presbyterian Hospital	C	☆☆☆☆
NYU Langone Medical Center	C	☆☆☆☆

*The Hospital Safety Score is an elite designation from The Leapfrog Group, an independent nonprofit that sets the highest national standards for patient safety, quality and transparency in health care. Score as of spring 2016. See how other hospitals compare at leapfroggroup.org/compare-hospitals.

**Centers for Medicare & Medicaid Services Overall Hospital Quality Star Rating is designed to help individuals, their family members and caregivers compare hospitals in an easily understandable way. Rating as of July 2016. See how other hospitals compare at medicare.gov/hospitalcompare.

Learn more at jupitermed.com/quality-safety

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PHOTOGRAPHED

From page 1

age, the fine art of photography still lives and thrives. We at *Florida Weekly* want to share with you some brilliant, colorful, poignant and profound images by a number of sophisticated and upcoming Florida photographers in our third annual Photographed issue.

Enjoy — and reach out to some of your favorite artists to let them know how much you enjoy their work. ■

— Photos curated and arranged by Eric Raddatz; eraddatz@floridaweekly.com



Katie Deits

“Down at the corner store”



Larry Blackburn

larryblackburnphotography.zenfolio.com

“Flamingo”



Mila Bridger

milabridger.com

“Melissa”



Vandy Major

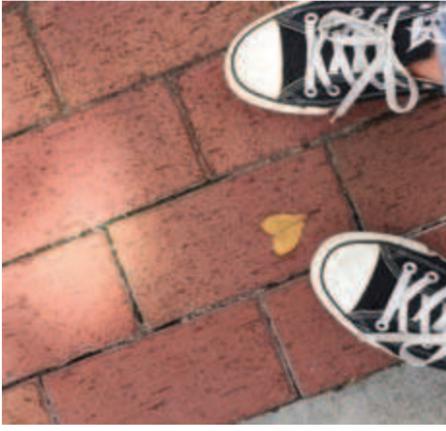
vandymajor.com

“Gloria”

Chris Kovaz

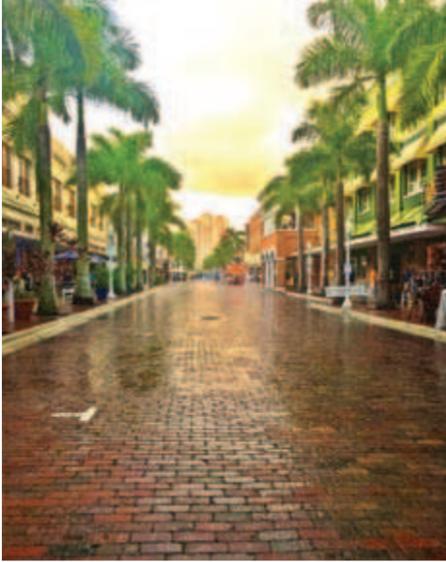
chriskovaz.com

“Kiss of Birth”



Rachel Burtram

"Sneaks"



Stephanie Davis

twitter.com/thedowntowndiva

"My Downtown Fort Myers"

Michelle Tricca

michelletricca.com

"Women in the sea"



Mike Kiniry

mikekiniry.com

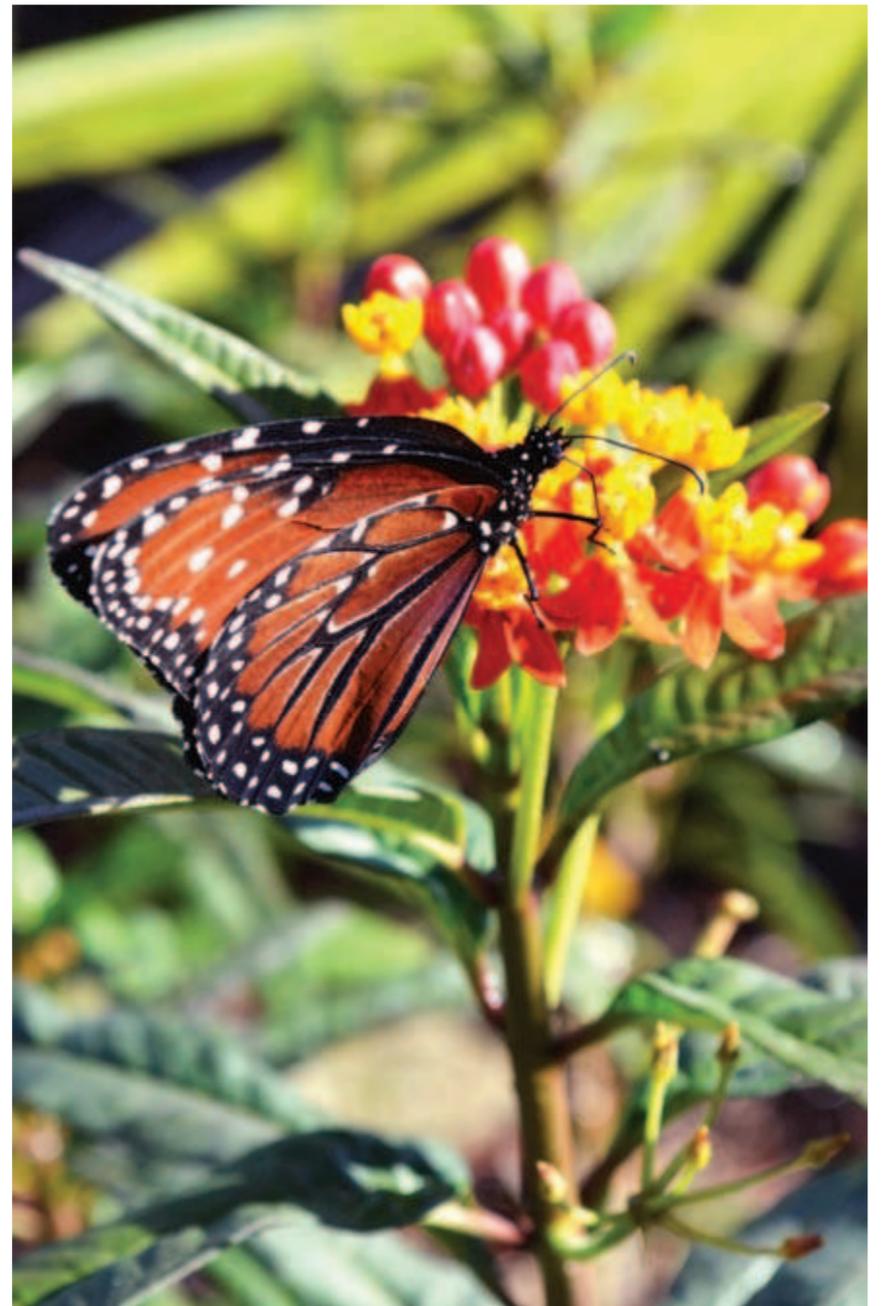
"Tarpon Street Pier"



Quinn Sedam

quinn-sedam.pixels.com

“Strike”



Garth Francis

garthfrancis.com

“When driving into Arcadia from Peace River Campground I passed this place that had a yard FULL of bicycles and parts many times but I never saw the guy who lived there. On recent trips I was saddened to see all the bikes and parts were gone. Someone must have told the owner he had to clean it up or he moved or passed away. On my last trip I finally saw the bicycle man! He was working on a trike in his yard so I pulled over to photograph him. He was skeptical of me at first but after I explained the curiosity I had on so many passings he warmed up and gave me his blessing to make this picture. Long live the bicycle man.”

Naomi Raddatz

“Louise’s Garden”



Andrew Spilos

palmbeachimages.net

"Frolic in the Fountain"



Vanessa Rogers

vanessarogers.com

"Cameron Kay with MC2 models Miami"



Lou Hernandez

fiddlerfilms.com

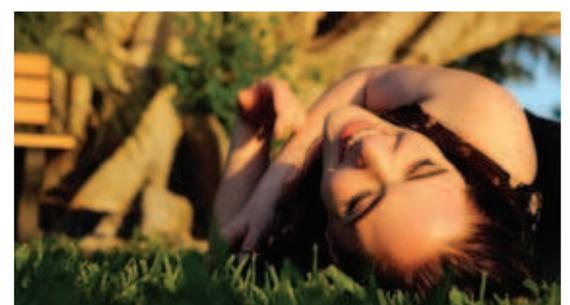
"The Kiss"



Nick Doll

nickdollphotography.com

"Fort Jeff"



Jenavieve Verley

"Daydream"



Clyde Butcher

clydebutcher.com

"Moonrise"

NETWO

Palm Beach North Chamber Breakfast Before



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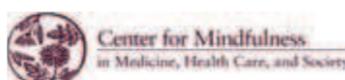
Learn more at jupitermed.com/mindfulness

Mindfulness-Based Stress Reduction: Fall 2016

Jupiter Medical Center, in collaboration with the University of Massachusetts Center for Mindfulness, is pleased to offer Mindfulness-Based Stress Reduction (MBSR). MBSR is proven to be an effective treatment for reducing stress and anxiety related to work, family and finances. Learn to activate and enhance your natural capacity to care for yourself and find greater balance.

Participants meet once a week from September 21-November 12, 2016. Program includes eight classes and one, all-day retreat.

Reservations are required. Space is limited to 30 participants per session. For more information on class fee, or to register, please visit jupitermed.com/mindfulness or call 561-660-1828.



WORKING

ore Hours at Marriott in Palm Beach Gardens



- 1. Carla Davis, Holly Finch and Sherra Sewell
- 2. Brandon Day, Walter Sabrin and Noel Martinez
- 3. Amy Royster and Carol Meneely
- 4. Kathy Phelan, Sherra Sewell, Debbie Nellson and Ilene Adams
- 5. Lisa Grossman, Scott Danielski, Jim Storme and Thomas Murphy
- 6. Angelique Allen and Beth Kigel
- 7. Jonathan Flah, Maura Nelson and Mark Marciano
- 8. Ed Gruvman, Ettie Feistman and Donna Goldfarb
- 9. Ettie Feistman, Emily O'Mahoney and Cynthia Wilson
- 10. Bonni O'Connell, Carlos Contreras and Natalie Alvarez
- 11. Angel Pachkowski and Rick Upson
- 12. Rick Sartory, Brian LaMotte and Christen Hutton
- 13. Rita Craig and Enid Atwater

ANDY SPILOS / FLORIDA WEEKLY



to www.floridaweekly.com and view the photo albums from the many events we cover. Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.



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The way home begins with more than directions.
It starts with conversation.

Lord's Place elects new board members

SPECIAL TO FLORIDA WEEKLY

The Lord's Place board of directors recently elected the following officers for 2016-17: Cornelia Thornburgh, Palm Beach, board chair-



THORNBURGH



BROWN



CHEIVES



HEATHCOE



WEISSMAN

woman; Michael Diaz, North Palm Beach, chief operating officer of Driftwood Hospitality Management, vice chairman; Robert Katzen, West Palm Beach, of The Ithaka Group LLC, treasurer; Diana Barrett, Palm Beach, of The Fledgling Fund, secretary; and Pamela McIver, Palm Beach, a retired advertising executive, past chairwoman.

New members elected to The Lord's Place board of directors are the Hon. Ann Brown, Palm Beach Gardens, former chairman of the U.S. Consumer Product Safety Commission; Barbara Cheives, West Palm Beach, president and CEO of Converge & Associates Consulting Inc.; Cynthia Heathcoe, Palm Beach Gardens, CEO of Contemporary Living furniture store; Michael Stevens, Palm Beach Gardens, a retail property leasing expert; and Adrienne Weissman, Jupiter, CEO of Evelyn & Arthur retailers.

The Lord's Place is a nonprofit organization with the mission of breaking the cycle of homelessness in Palm Beach County, providing life-changing services to the homeless at its five campuses. For more information, visit thelordsplace.org or call 494-0125. ■

Student receives scholarship from Women of AT&T

SPECIAL TO FLORIDA WEEKLY

Palm Beach Gardens resident Ariana Dooley received a scholarship from the Florida chapter of Women of AT&T.



DOOLEY

Ms. Dooley is a Palm Beach Gardens High School graduate. She starts at the University of Central Florida, where she plans to major in engineering.

WOA is an AT&T Employee resource group that supports personal and professional development for its members and community involvement. ■

ASK THE LEGAL ADVOCATE

ASK THE LEGAL ADVOCATE



Lise L. Hudson,
Hudson Family Law

THE URBAN MYTH OF THE UNWED

Marriage, especially among millennials, is a take it or leave it proposition. Couples are choosing more and more frequently to live in an intimate but independent relationship. Since early 2000, the divorce rate among Americans in a first marriage has dropped by almost 6%. Although the divorce rate among all marriages in the United States is still close to 50%, relationships appear to be longer lasting. What is less commonly known, however, is that because more couples are choosing not to marry, the number of children born out of wedlock is sky-rocketing.

In 2012, 40% of children were born to parents who were not married. By 2015, that percentage rose to over 50%. Paternity filings are at record highs. Contributing to this record number is the ongoing urban myth that unprotected sex leading to the birth of a child creates no consequences. Many famous and infamous one-night stands have led even the elite into court proceedings during which they are held responsible for child support and other child related expenses. Charlie Chaplin is a prime example. In 1945, he was determined by a California court to be the father of a child he claims could not have been his. Eddie Murphy, Larry Birkhead, Boris Becker, and Steve Jobs, among others, carry the dubious title of baby-daddy after brief, and sometimes, momentary flings.

Worse, these fathers labored under the assumption that they had equal rights to their unborn children, even though no marriage existed. As they quickly learned, nothing could be further from the truth. Until a petition is filed and a court makes a finding as to who the actual father of the child is, the mother has all the rights. The alleged father has no decision making authority and cannot even stop the mother from leaving without the filing of a legal action. Finding out your rights is the first step. Every client has the right to confidentially meet with me to discuss their circumstances. Forewarned is forearmed. If you would like to know more, contact me at: (561)472-0805 or on the web at www.HudsonFamilyLaw.com.

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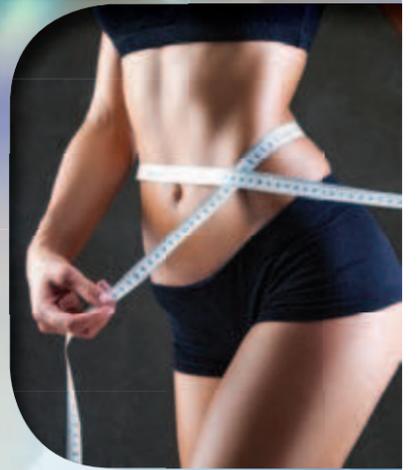
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Clinics Can Help set to move into newly expanded space Oct. 1

SPECIAL TO FLORIDA WEEKLY

Oct. 1 is the official move date for Clinics Can Help, a West Palm Beach-based nonprofit helping those in Palm Beach County with improved health care through the provision of medical equipment and supplies. Following its July 12 groundbreaking on National Disability Awareness Day, the nationally recognized nonprofit will offer more benefits for its clients' medical needs through its expanded facilities.

The expansion includes 5,000 square feet of office space, as well as a significantly larger warehouse that will help the organization meet the growing needs of children and adults across the county to access vital medical equip-



ment. CCH has become the answer for many families and individuals who are unable to attain the wheelchairs, walkers, hospital beds and other necessary medical equipment needed to improve, or to simply manage, their lives.

During the past decade, CCH has become locally and nationally recognized for its innovative programs such as the Lending Closet, which matches those in medical and financial need with donated items. Response has been overwhelming for CCH's KINDER (Kids in Need of Durable Equipment Right

Now) Project, which seeks and provides special adaptive strollers, wheelchairs and other equipment for children with serious medical conditions.

"We have been able to provide more than \$820,000 in reusable medical supplies and equipment last year alone," said Owen O'Neill, CCH founder and president. "Thanks to generous donations of equipment and funds, we are able to provide hundreds of wheelchairs, hospital beds, walkers and wound care supplies to children and adults throughout our area." Mr. O'Neill anticipates the new space will allow the organization to reach four times as many clients through the expanded warehouse and administrative facilities. Info at clinicscanhelp.org. ■

New indoor soccer league part of JCC fall children's program

SPECIAL TO FLORIDA WEEKLY

The Mandel Jewish Community Center Palm Beach Gardens sports program for children starting at age 2 through middle school has expanded its programming for fall.

Led by new sports director Michael Rudnet, the JCC is growing beyond its popular basketball league to offer a dedicated indoor soccer program and league in its state-of-the-art gymnasium. Other new programs include indoor volleyball, golf, dance and cheer, plus

enrichment programs for preschoolers, now called "Tiny Tots Sports."

The indoor soccer program, which begins at age 2 with a "parent and me" class, offers league play starting at 4 years old. The co-ed program features practices and games on the same day. Players will have the opportunity to learn the fundamentals of the game, including how to dribble the ball with their feet, good defense and offense, and the value of teamwork. The league will be led by Eric De Sousa, a former semi-pro soccer player and trainer.

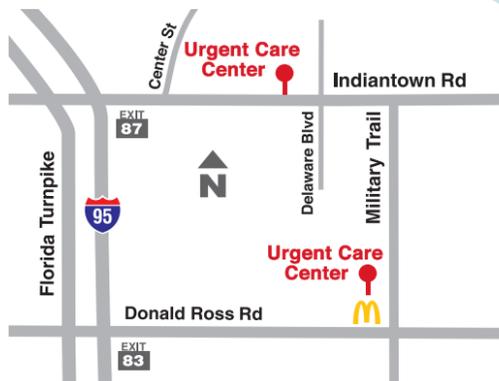
"We're excited to offer dynamic new programs to the community not widely available elsewhere, while also having them led by the professional coaches in the area," Mr. Rudnet said. "The JCC also listened to community interest for a high-quality sports program in an air-conditioned space so athletes can play in a cooler climate, and where parents also can enjoy watching the games more."

For more information, visit jconline.com/children or call 712-5275. The Mandel JCC is at 5221 Hood Road. ■

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HOTEL

From page 1

local tourism doesn't end there. The area experienced record-breaking half-year visitation, according to STR. Palm Beach County had 3.9 million visitors for the first half of 2016 (January through June), which is a four percent increase over the same time last year.

Hotel managers are saying much the same, at least about the high occupancy rate in July.

"We had a fantastic July and saw an influx of visitors who traveled anywhere from four hours to 10 minutes to visit us at Palm Beach Marriott Singer Island," said Stacy Lee, director of sales and marketing at Palm Beach Marriott Singer Island Beach Resort & Spa. "Visitors from the Northeast, Midwest and international destinations frequented the resort, as well as a healthy number of staycations from local area residents."



GOLD

Similarly, July was exceptionally good for Eau Palm Beach Resort & Spa in Manalapan, according to public relations director Nick Gold. But while the first half of the year was good, it was not record-breaking for Eau.

Mr. Gold attributes July's high occupancy to several things: There were five weekends in that month; summer rates are in place; Florida resident rates start at \$199 a night; the resort offers a third night free promotion; July 4 was on a Monday, so guests extended their



COURTESY PHOTO

Singer Island Marriott

stay, the Dave Matthews concert was held on the last weekend of the month and resulted in high occupancy; and the resort had an outstanding month with group business.

The Breakers in Palm Beach also had high occupancy during the summer, said Shannon O'Malley, media relations and communications manager.

"Year over year, we are fortunate to experience strong bookings through the summer months in both the leisure travel and meetings markets," Ms. O'Malley said. "Historically we see the greatest number of summer guests joining us from within the state of Florida, followed by New York, and the same is true this year."

"This year's seasonal promotion for leisure guests, which features special nightly room rates and generous complimentary daily benefits and additional savings, has enticed travelers to visit The Breakers as either a first time guest, or to return and experience our most recent enhancements," she said.

Some B&Bs had better occupancy this

Juy, too.

"We can fully confirm Jorge's statements for July 2016," said Peter Emmerich, one of the owners of Grandview Gardens B&B in West Palm Beach. "We had a 7 percent higher occupancy and 22 percent higher revenue comparing year-to-date July 2015 to July 2016."



EMMERICH

However, during the first half of the year, numbers at the B&B remained the same as last year, he said.

"Our mix of guests is strongly influenced in season by New York City and the Northeast (a lot of family and leisure visits), the Convention Center (art show exhibitors), Norton Museum (guest speakers, curators) and Palm Beach Atlantic University (parents)," Mr. Emmerich said.

"Additionally, we have a great niche with the European tour operator market,

which influences our summer business strongly, too, about 30 to 40 percent of our occupancy, couples and families. And yes, staycations are up, if you include Miami, Fort Lauderdale, Orlando, especially on the weekend (maybe 30 percent of our occupancy)."

The reason July is up? "We seem to be seeing many more families," Mr. Emmerich said. "Obviously, West Palm Beach as a destination has become attractive and safe for them. And less crowded, loud and expensive than Miami and Fort Lauderdale."

Not everyone could identify with the latest statistics from STR.

John Rinaldi, owner of Sabal Palm House Bed and Breakfast in Lake Worth, said he didn't see anything like what is being reported.

"Our July occupancy was down 1 percent, so it was average for this time of year," Mr. Rinaldi said. "However our August occupancy is down 57 percent from last year, which is major. We are not getting business from the Orlando or Miami areas and our foreign business is dead."

"We received many calls asking us about our algae problems in the beginning of the month and the reports of Zika are not helping. I honestly think that some of these numbers being reported are for just a few properties."

Discover the Palm Beach maintains that the county is on pace for record-breaking visitation for the calendar year of 2016, with an anticipated 7.2 million visitors by the end of 2016. The Palm Beaches is expected to surpass its record hotel room supply, up 4 percent over this time last year, and 9 percent more room nights were sold. The growth in number of hotel room nights sold compared to last year ranks second in the entire state, according to Discover the Palm Beaches.

But only time will tell. ■

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HEALTHY LIVING

Heat illnesses surge during extreme temperatures

BY LINDSEY NESMITH
lnesmith@floridaweekly.com

It's late summer in Florida, which means as temperatures continue to soar, so do incidents of heat exhaustion and heat stroke.

It cuts across all ages and is happening on both coasts.

Lee Memorial Hospital in Fort Myers has seen a 48 percent increase in heat-related admissions this summer over the last year.

According to hospital officials, local visits have ranged the full gamut of heat-related syndromes, from muscle cramps to heat exhaustion and stroke. While mild forms of the condition are easily treated with fluids and electrolytes, heat stroke

can fatally damage a person's vital organs and muscle tissue.

"There is a high likelihood of death if a patient with heat stroke does not receive treatment," said Dr. Lawrence Isaacs, an emergency medicine physician at Gulf Coast Medical Center. "Even with treatment there is approximately a 10 percent mortality with true heat stroke. The long-term consequences — even with treatment — can be renal failure, brain injury, liver damage and lung injuries. Some of these injuries are reversible."

Though certain populations — like small children and the elderly — are more at risk than others, admissions to local emergency rooms seem to divide between levels of activity, he said. Older patients are presenting with milder forms of heat illnesses, while younger people who are physically active in the heat, like football players and roofers, arrive with more severe cases of heat exhaustion and stroke.

"Younger, healthier patients tend to get heat stroke from exerting themselves, typically through hard labor or exercising," said Dr. Chantelle Dufresne, an emergency medicine physician at Good Samaritan Medical Center in West Palm Beach. "In elderly or debilitated patients, they are usually somewhere where it is hot outside or the a/c is broken and they are poorly nourished."

Florida, like the rest of the country, is setting records for high temperatures this summer, which possibly contributes to Lee Memorial Hospital's increase in heat-related admissions. Seven cities, including

Tampa and Fort Lauderdale, experienced the hottest July on record.

Heat exhaustion can often be treated without an emergency room visit, but a person who has an elevated body temperature or is disoriented should make the trip, Dr. Dufresne said.

"It is something to take seriously and it is better to be safe," she said.

While it's common knowledge that drinking water is an essential component of summer safety, most people don't know that maintaining their electrolyte levels is just as crucial to avoiding heat exhaustion or heat stroke. Sweating sheds salts like sodium and potassium and low levels can cause seizures. Water is simply not enough if you're working or exercising outside for extended periods of time.

"Drinking too much plain water will hydrate you, but can lower your sodium level," Dr. Isaacs said. "This is why sports drinks are better than plain old water if you're going to be very active in hot weather. They contain water and electrolytes."

People who are admitted to the emergency room with a heat-related illness will be cooled down immediately with cold intravenous fluids and ice packs, or possibly an ice bath in severe cases. From there, doctors will address any internal damage overheating may have caused.

To be safe this summer, be on the lookout for dark-colored urine, dizziness, fainting, headache, muscle or abdominal cramps, gastrointestinal upset, profuse sweating and a rapid heartbeat. Once noted, a person should drink lots of fluid, remove tight clothing, take a cool shower and sit near fans or apply cool towels. If symptoms persist for longer than fifteen minutes, go to the hospital.

Children under the age of 4 and adults 65 and older are more susceptible to heat-related problems because their bodies do not quickly adjust to high outdoor temperatures. ■

in the know

Watch for these signs and symptoms of heat exhaustion:

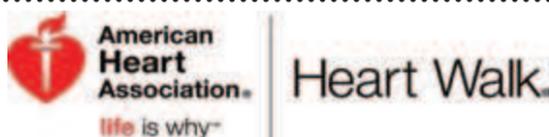
- >> Dark-colored urine (a sign of dehydration)
- >> Dizziness
- >> Fainting
- >> Headache
- >> Muscle or abdominal cramps
- >> Nausea, vomiting, or diarrhea
- >> Profuse sweating
- >> Rapid heartbeat



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HEALTHY LIVING

What to know about your own 'Labor Day'



On Labor Day, the first Monday of September, we nationally recognize the contributions workers make to our country, but "labor day" takes on a completely different meaning while pregnant! As a mother of two, I understand that getting ready for the birth of your child can be exciting and a little frightening, but knowing what to expect and planning ahead can help. You can never be sure about what surprises your baby may have in store for you. Some early signs may help you know when the labor process is beginning, although every woman will experience labor differently.

Even if it's weeks before your due date, call your doctor if you have any of the following signs of labor:

- Contractions that become stronger at regular and increasingly shorter intervals
- Lower back pain and cramping that does not go away
- Your water breaks (can be a large gush or a continuous trickle)
- You have a bloody (brownish or red-tinged) mucus discharge

Now that you're familiar with the signs of labor, consider developing a birth plan to communicate how you want labor and delivery to go. It can help you feel more confident about the birth and be involved in the decision-making process, even if there are unforeseen circumstances. You may want to include whom you want in your labor room for support, your pain management prefer-

ences and your desire to hold or nurse your baby right after birth. Once your birth plan is completed, share a copy with your doctor and the hospital where you plan to give birth, and pack one in your overnight bag to take with you.

No matter what day of the year your "labor day" occurs, at St. Mary's Medical Center, we deliver for you and work with you to meet your preferences whenever possible for your comfort, joy and peace of mind. With our Level III Neonatal Intensive Care Unit — Florida's highest designated level— and an on-site team of specialists available 24/7, you and your baby are in good hands. That's why more expectant mothers choose St. Mary's over any other hospital in Palm Beach County. If you have questions about having your baby at St. Mary's or would like to take a tour, please call our OB navigator at 882-6183. ■

Gardens Medical Center names new human resources officer

SPECIAL TO FLORIDA WEEKLY

Timothy Howard is Palm Beach Gardens Medical Center's new chief human resources officer.

Mr. Howard, who has more than 30 years of health care human resources experience, will be responsible for overseeing all HR management and industrial relations operations for the 199-bed acute care hospital and its departments.

"On behalf of the entire team at Palm Beach Gardens Medical Center, I would like to extend Tim a warm welcome," said CEO Jef-

frey M. Welch. "His 10-year tenure with Tenet has afforded him an extensive understanding of the company's practices and business approach."

Prior to his appointment at Palm Beach Gardens Medical Center, Mr. Howard served as the chief human resources officer at Tenet's Fountain Valley Regional Hospital in California for 10 years. In that role, he oversaw the labor/employee relations program and management training for the 400-bed hospital with 1,700 employees.

Mr. Howard earned his bachelor of science in management with a concentration in human resource management from Eastern Illinois University in Charleston. He is currently finishing up his master of arts in organizational management from the University of Phoenix. ■



HOWARD

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“My clients have had a pent-up desire to go to Havana and they’re willing to accept some of the regulations to have that experience before it gets too touristy. We’re all selling Cuba in my office.”

—**Connie Moody**, a senior travel consultant with Preferred Travel of Naples



Fathom's Adonia cruise ship rests in Miami in June before sailing to Cuba.

PREFERRED TRAVEL OF NAPLES COURTESY PHOTOS

Cuba travel

Trips come with limits

BY EVAN WILLIAMS
ewilliams@floridaweekly.com

Although many see full-scale U.S. tourism in Cuba as an inevitability in the years to come, it is still prohibited by our government. But carefully planned visits for a dozen official reasons, including travel for general educational purposes, have opened the door to groups, individuals and even luxury cruise ships that now take Americans to visit the storied island nation.

Travel agents in South Florida have had mixed success booking trips there

since diplomatic ties were re-established last year for the first time in more than five decades.

On the one hand, they say, there is a pent-up desire for many to see Cuba after being shut out for so long, to see what travelers perceive as a more authentic version of the country before American tourism and business — if and when it’s allowed — could transform the landscape with Cancún-style beach resorts and Starbucks.



Kids play soccer at a square in Havana last December.

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CUBA

From page 20

Connie Moody, a senior travel consultant with Preferred Travel of Naples, went with a group of 24 people for a long weekend in January organized by the luxury and adventure travel company Abercrombie & Kent. She has also traveled to Cuba on the Fathom Cruise Line's Adonia, which is owned by Carnival. Both trips have price tags upwards of \$4,000.

"My clients who are going and have gone with me are very experienced travelers," she said. "They've had a pent-up desire to go to Havana and they're willing to accept some of the regulations to have that experience before it gets too touristy. We're all selling Cuba in my office."

On the other hand, U.S. travelers are forced to stick to a set schedule of activities. The cost of trips is relatively high, and there are other inconveniences in a country with crumbling infrastructure. Internet service is spotty, and U.S. credit and debit cards don't yet work in Cuba — it's cash only.

Tour operators are required to keep records showing where they went, and Americans accustomed to being able to go where they please or to being ensconced in lush resorts might be disappointed. Visitors at times forgo niceties like air conditioning or bottled water. The country's lack of polish also has its charms, such as the 1950s cars for which the island is known.

"It's not going to be like going to Cancún," said David Dowrick, owner of The Travel Gallery in Tequesta. "But I think people come back and they enjoy it as long as you go with the right frame of mind, you're not going to be able to just go off and lay on the beach and have a drink. That's not what it's about, not now at least, because tourism hasn't been approved."

He also pointed out in an email, "These restrictions do not apply to Canadians or Europeans. About 1 million Canadians visited Cuba last year, representing about 40 percent of all visitors."

Among the 12 categories of travel allowed for U.S. citizens are general activities for cultural and educational purposes usually referred to as "people-to-people" travel. According to the U.S. Embassy in Havana that means maintaining "a full-time schedule of educational exchange activities ... that will result in meaningful interaction between the traveler and individuals in Cuba."

Lynnette Lydic, a Fort Myers-based travel agent with Concierge Cruises, studied up on Cuba to sell trips on Fathom's Adonia after diplomacy thawed, but so far few clients have been interested.

"I really thought that it was going to pick up but there's still so many restrictions on it," she said. "A lot of people think it's a tourist thing and you can go and have a drink on the beach, and you can't, you have to stay with your group. The good thing about the travel, though, is the group is taking you to places that you want to see anyway."

Pamela White, a Port Charlotte-based agent with Time 2 Travel Agency, said



MOODY



PREFERRED TRAVEL OF NAPLES COURTESY PHOTOS
Christmas lights hang from an apartment above a typical street in Havana last December.

clients who have inquired about a trip to Cuba decided not to go.

"Most of what I have seen personally is people are still waiting for those restrictions to let up. I have not had anyone who wants to go yet. They want to do their own thing, be able to hang out on the beach."

Group tours

Travel Gallery owner Mr. Dowrick recommended going on a visit through an established tour operator instead of trying to plan your own "people-to-people" trip.

"A tour operator will take care of all the government paperwork for you, and solo travelers have reported spending a lot of time trying to find transportation, bottled water and facilities up to the standards we enjoy here in the states," he wrote in an email. "Tour operators have done the homework for you. They select the best hotels, restaurants and modes of transportation so travelers can enjoy the cultural exchange."

Another option that he calls "Cuba-lite" is to take Fathom's Adonia cruise ship on a seven-day tour.

Preferred Travel consultant Ms. Moody has experienced Cuba both on a group visit last January organized by a luxury travel company, and on the cruise.

The group tour left Southwest Florida on a Wednesday night and flew out of Miami on Thursday morning for a long weekend on the island, returning on Sunday afternoon.

"The accommodations, the food, the experience the group and I had in January, everybody said it far exceeded expectations," Ms. Moody said.

Among the authorized events on their schedule, they went to a farmers market, met artists, musicians and a professor of sociology from the University of Havana. They enjoyed meals at family-run restaurants and stayed at the historic Art Deco Hotel Nacional de Cuba.

The cruise ship, which can hold 704 passengers, sailed from Miami and visited Havana, Cienfuegos and Santiago de Cuba.

"It's nice to have your ship be your floating hotel to come home to," she said.

Family visit

Those who go to Cuba to visit family have the chance to see a country that other U.S. citizens can't. Kristina Gear visited the island where her parents were born for the first time last December, meeting cousins, nieces and nephews. On Christmas Eve they roasted a pig, drank Havana Club rum and, of course, played dominoes.

"We kind of wanted to go before things changed too much because I had never been and I wanted to see how it really was before the Americans got in," said Ms. Gear, who is herself an American, born in Naples. She works for Preferred Travel as assistant to the president.



WHITE

Ms. Gear visited family both in Cotorro, outside Havana, and then in a town called Camajuani. The road trip to Camajuani was one example of why Cuba's infrastructure isn't yet ready for American tourism.

"I think the infrastructure will be the biggest obstacle, because it's very rough in a lot of areas," she said, including power outages, and lack of access to basics such as clothes, toiletries and drinking water. "And if people go to a country, they're going to want to wander throughout and driving was awful. The potholes are like sinkholes and you can't go very fast because you don't know when the next one's going to come."

She believes that potential American tourism and other investment in Cuba, while having some drawbacks, will raise the quality of life for her family and others there.

"Honestly, I think it would be really good for the people because they deserve to have what the rest of the world has," she said.

That appears to be happening little by little. For instance, major airlines were approved by the Transportation Department to start flights to Havana late this summer and in the fall from 10 U.S. cities, including Fort Lauderdale, Miami and Tampa. Approved airlines include Alaska, American, Delta, Frontier, JetBlue, Southwest, Spirit and United.

"Today we take another important step toward delivering on President Obama's promise to re-engage Cuba," Transportation Secretary Anthony Foxx said in a news release in July.

Southwest Florida International Airport (RSW) is not among the airports with major carriers offering flights to Cuba — at least initially.

"We applied and we wrote a letter and we didn't get it, but they're the bigger

markets so we really weren't surprised by it," said Carol Obermeier, director of air service development at RSW. "We're going to be watching very closely how those scheduled carriers perform."

She added, "That's a lot of capacity going into Havana (José Martí International Airport) and it's a very small airport." ■

in the know

The 12 categories of travel to Cuba authorized by the U.S. government

Family visits; official business of the U.S. government, foreign governments, and certain intergovernmental organizations; journalistic activity; professional research and professional meetings; educational activities; religious activities; public performances, clinics, workshops, athletic and other competitions, and exhibitions; support for the Cuban people; humanitarian projects; activities of private foundations or research or educational institutes; exportation, importation or transmission of information or informational materials; and certain authorized export transactions.

Visits for educational activities and support for the Cuban people include general trips called "people-to-people travel." What does that allow?

Travelers utilizing this general license must ensure they maintain a full-time schedule of educational exchange activities intended to enhance contact with the Cuban people, support civil society in Cuba, or promote the Cuban people's independence from Cuban authorities, and that will result in meaningful interaction between the traveler and individuals in Cuba ... In addition, persons relying upon this authorization must retain records related to the authorized travel transactions, including records demonstrating a full-time schedule of authorized activities.

— Source: Havana.usembassy.gov

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COURTESY PHOTOS

Old World charm at Beach Front

SPECIAL TO FLORIDA WEEKLY

Beach Front, Singer Island, is an exclusive, gated community in a resort setting encompassing just 59 residences. A distinctive, private entrance road through a mangrove-lined lake leads to the porte-cochere, where you are greeted by the concierge. There you will find a two-story lobby accessible from ground level via elevator or stairs, state-of-the-art fitness center, social activity room with bar and media room.

Step outside to the heated beachside swimming pool, spa, barbecue and sitting area in a garden setting on the second-level lanai terrace. An oceanfront boardwalk leads through natural dunes

to the beach where the concierge will set up your beach chairs.

You enter Residence 503 through a private elevator access and foyer. Floor-to-ceiling, energy-saving, tinted windows and sliding doors lead the way to large terraces with breathtaking panoramas, accessible from the living room, master bedroom and two bedrooms.

This condominium offers "Old World" charm and the feeling of being in an Italian villa. Enjoy three spacious bedrooms and three full baths; a beautiful master suite complete with two large walk-in closets, a beautifully appointed bath with marble countertops, spa tub and separate shower with frameless glass door. The kitchen includes high-end appliances,

breakfast bar and dining area overlooking the ocean. A beautiful basket weave back splash enhances the overall appeal of the kitchen work space.

This residence, which offers ocean to Intracoastal views with a tastefully decorated interior, is move-in ready for those looking to get out of the cold northeast winters! Come to Beach Front 503 and enjoy the beach lifestyle!

This beautiful condominium is being offered at \$1,100,000 by the Walker Real Estate Group - "Where Lifestyle Matters." For a private tour, call Jeannie Walker at (561) 889-6734 or visit WalkerRealEstateGroup.com. Contact: info@WalkerRealEstateGroup.com with any questions. ■



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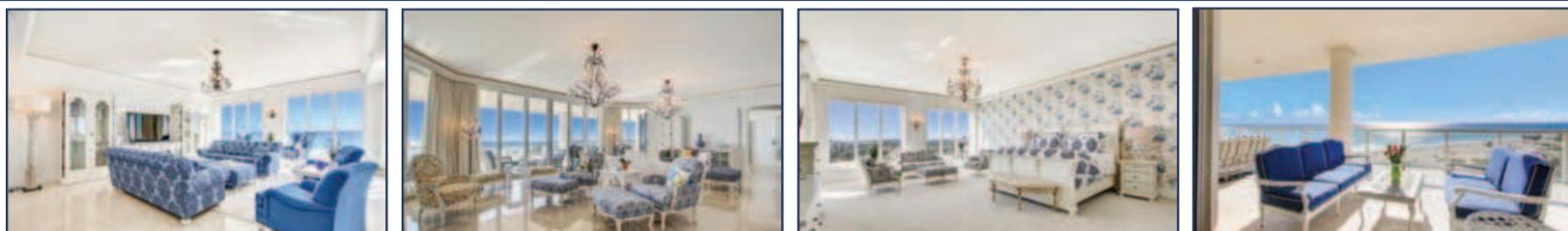
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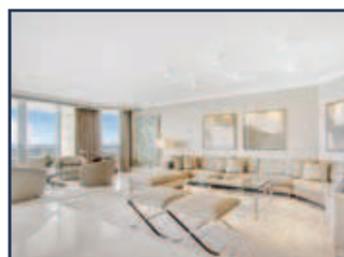
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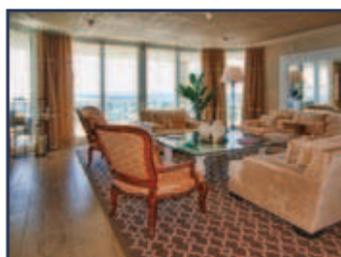
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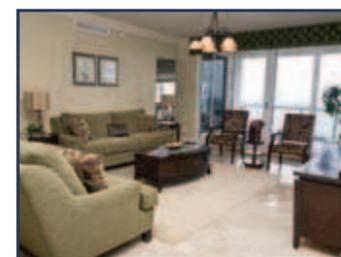
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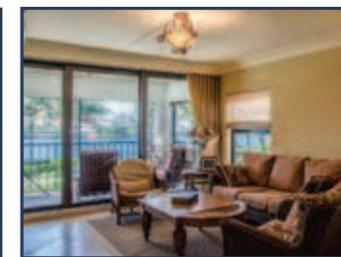
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ARTS & ENTERTAINMENT

WEEK OF SEPTEMBER 1-7, 2016

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| SECTION B

Isn't that special?

Flavor Palm Beach allows deluxe dining at bargain prices

BY JAN NORRIS
Florida Weekly Correspondent

ALL IT A BUYER'S MARKET FOR DINERS. FLAVOR Palm Beach, the monthlong restaurant promotion for Palm Beach County, returns for its eighth season Sept. 1. Briana Beatty, organizer and founder, is excited about this year's offerings. "We'll have close to 60 restaurants participating this year," she said.

SEE SPECIAL, B12

HAPPENINGS



A SFDASDFADSASFASDFEY

County Line Road performs Sept. 1.



Spred the Dub performs Sept. 8.

Clematis by Night returns to usual schedule

BY JANIS FONTAINE

pbnews@floridaweekly.com

Clematis by Night returns to its usual schedule, 6-9 p.m. Thursdays, beginning Sept. 1 and they've got your favorite acts on tap for the month.

- County Line Road performs country — Sept. 1 (clrband.com)
- Spred the Dub performs reggae — Sept. 8. Info: (spredthedub.com)
- Luis Manuel and the Charambo Band performs classic salsa music — Sept. 15. (Charamboband.com)
- Evil Monkeys perform classic rock — Sept. 22. (theevilmonkeys.com)
- L-Tribe performs R&B and Top 40 hits — Sept. 29 (L-Tribeband.com)

If you've never been to CbN, maybe this is your year. The weekly outdoor concert is a fan favorite that has been a staple of West Palm Beach's downtown scene for 20 consecutive years. Clematis by Night's name hasn't changed but the Waterfront sure has.

With the interactive fountains splashing and the Intracoastal Waterway visible across the Great Lawn, it's an idyllic setting for a free show and a cold drink. Visit one of the local restaurants or bring snacks from home. There are few rules and the mood is still laid-back.

For more information, visit clematisby-night.net.

Disney favorite on tap

Your favorite theater under the stars features the classic Disney film "The Princess and the Frog" from 8 to 11 p.m. Sept. 9, when Screen On the Green returns to the Great Lawn at the West Palm Beach Waterfront, 101 N. Flagler Drive, West Palm Beach. Bring your own chairs or blankets, snacks and drinks. Info: Wpb.org/events.

Northwood is hopping

Northwood Village, an enclave of artist workspaces and galleries, boutiques and coffee shops, just north of downtown West Palm Beach, hosts three free month-

Ballet Palm Beach announces 2016-17 season

SPECIAL TO FLORIDA WEEKLY

Ballet Palm Beach celebrates its 16th season with audience favorites and classics including "The Nutcracker," "Romeo and Juliet," and two mixed bills featuring reimagined fairy tales, "Snow White" and "Sleeping Beauty." Performances are at the Eissey Campus Theatre at Palm Beach State College. Season tickets are available through Oct. 22 at balletpalmbeach.org and provide patrons the best seats at a discounted price.

The season begins with a mixed bill, featuring "Snow White," Balanchine's "Tchaikovsky Pas De Deux" and a world premiere. "Snow White" is an adaption of Grimm's fairy tale following the adventures of an exiled princess hunted by a jealous queen and her magical mirror. In addition, Balanchine Trust has granted Ballet Palm Beach approval to perform Balanchine's high-spirited "Tchaikovsky Pas de Deux."



PHOTO BY JANINE HARRIS

Lily Ojea and Rogelio Corrales.

Finally, contemporary choreographer Roger Van Fleteren presents his new work.

Ballet Palm Beach leaps into the hol-

iday season on Thanksgiving weekend with "The Nutcracker." This beloved ballet, narrated by Tchaikovsky's magical score, tells the story of a young girl named Clara, who receives the unusual gift of a nutcracker from her mysterious uncle on Christmas Eve.

For Valentine's Day weekend, Ballet Palm Beach performs "Romeo and Juliet." Set amid vibrant Renaissance Italy, young love, fierce duels and tragic irony constitute Shakespeare's romantic tale. Prokofiev's recognizable music guides the beauty and passion of this classic. The opening show is a special family matinee, presenting an abridged version of the full-length ballet.

Just in time for Mother's Day, the season concludes with "Sleeping Beauty," depicting an enchanted kingdom in the throes of an offended fairy. The ballet is reimagined into a whimsical and one-act ballet, underscored by

SEE SEASON, B7

SEE HAPPENINGS, B7

KOVEL: ANTIQUES

Syndication helps comic book collectibles maintain value

BY TERRY KOVEL AND KIM KOVEL

Many comic book, movie and TV heroes are so popular that they inspire hundreds of different collectibles.

Often, interest in the characters dies about 25 years after the last new episode of their shows are shown. Some have continued to be popular because of TV reruns and their rebirth in new movies, comics or even plays.

"Underdog" was one of the characters created in 1959 for television cartoons selling General Mills cereal. In 1969, the show lost its sponsor, but 62 shows continued in syndication. They can be seen on TV, and other syndicated shows with Underdog as the hero were edited, rewritten and re-bundled to remain on TV until the late 1990s.

Many years on the air have helped "Underdog" collectibles remain popular and expensive. A 1974 child's metal "Underdog" lunchbox and thermos sold at a Hakes.com auction in fall 2015 for \$2,296.

Q: I have an old blue leather rocking chair with horsehair stuffing and fringe around the bottom. I was told it was my grandmother's and that she brought it over from Germany. The only marking on it is a round button on the back that I believe reads "Karpen Furniture." Can you provide any information and maybe a value?

A: Your chair was made by S. Karpen & Bros. of Chicago, Ill. Solomon Karpen, along with his nine brothers, started the



Underdog is pictured on this metal lunch box and matching thermos that auctioned for \$2,296. The character has remained popular because of television reruns.

company in 1880, and by 1900, it was the largest manufacturer of upholstered furniture in the world.

By 1927, Karpen had also built factories in Long Island City, N.Y., Michigan City, Ind., and Los Angeles, employing 1,800 workers. Karpen was in business until 1952. Your chair is in very distressed condition and it would be very expensive to recover. Any value it has would be sentimental.

Q: My sister was given a black Couroc serving tray with 37 presidential coins in it. The coin representing President Gerald R. Ford is in the center. It's

18 by 12½ inches. What can you tell me about it?

A: The Couroc Co. was founded in Monterey, Calif., by Guthrie Courvoisier in 1948.

The name is derived from the first four letters of his last name, "Cour," with "oc" added to make it sound like "rock." Most Couroc items were made of black resin and embedded with coins, wood, metal or objects from nature. Courvoisier died in 1963 and the company closed in the 1990s. The value of your tray is about \$30.

Q: More than 20 years ago, I purchased three electric light bulbs that are not just light bulbs. They have animals inside and light up when turned on. Two have dogs and one has a donkey. I can't find any numbers or markings on them and I am wondering if you can tell me when they were made and what they might be worth.

A: Light bulbs with glowing figural objects inside were first made in the 1930s.

They were invented by Philip Kayatt, founder and president of Aerolux Light Corp. of New York City, who patented the first novelty filament glow light in 1935.

From 1938 until the early 1970s, Aerolux made gas-discharge light bulbs with small figures in the bulbs. Called "cheer

lights," the low-wattage bulbs could be used in standard electric lamps. When the lamps were turned on, the figures glowed orange, pink, green or purple. Dogs were made from about 1938, and donkeys were made between 1940 and 1950. Other companies made similar bulbs. The value of glow bulbs can go from \$15 to \$65.

Q: I found an old post office box door in a box of things that were in my uncle's barn. It looks like it's bronze. The door has an eagle holding a bunch of arrows above a glass window. There is a combination lock dial above the eagle. Is this collectible?

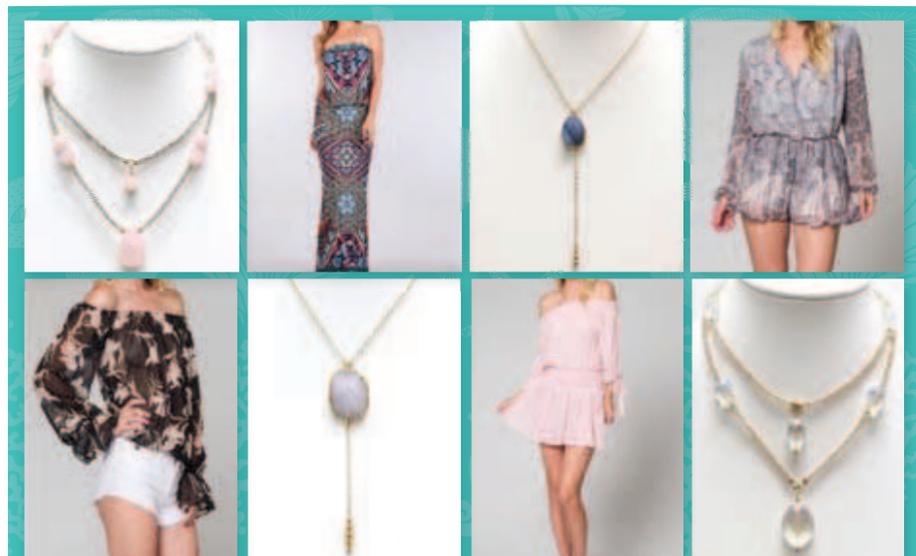
A: There are collectors interested in old post office box doors. They have been made of bronze, gold-painted aluminum and other metals.

Doors with an eagle holding arrows that were first used in about 1906 are fairly common. Some old doors have been made into a box-shaped bank. Most doors sell for under \$25.

Tip: Do not wrap or store scrapbooks in furniture made with pressboard. The pressboard emits gases over the years. ■

— Terry Kovel and Kim Kovel answer questions sent to the column. Write to Kovels, (Florida Weekly), King Features Syndicate, 300 W. 57th St., New York, NY 10019.

— Scott Simmons' Collector's Corner will return.



Kids back to school means Fall is just around the corner!

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FLORIDA WRITERS

Rural Florida town harbors a nutcase killer and a nosy sleuth

philJASON

philjreviews@gmail.com



■ **“Mud Bog Murder” by Lesley A. Diehl. Camel Press. 268 pages. Trade paperback, \$15.95.**

Cozy mysteries have established themselves as a thriving mystery subgenre. While there's plenty of suspense and plenty of investigatory action, the cozies have a warm feeling. Often humorous and usually uplifting, they are on the other side of noir.

While the queen of this category is Nancy J. Cohen (who even wrote a how-to book about this subgenre), Lesley A. Diehl is a contender.

“Mud Bog Murder,” the fourth Eve Appel Mystery, is set in a place called Sabal Bay, Fla., which I take to be a fictional stand-in for Ms. Diehl's rural residence of Okeechobee. Here, on the ranching property owned by Jenny McCleary, disaster strikes during the mud bog race, a favorite local entertainment that can bring the person whose property is rented a nice piece of change.

In fact, the disaster strikes Jenny, whose severed head is found flying through the air, spun up by the churning wheels of a participating monster truck. Pieces of her alligator-torn body are found near the Miccosukee tribe's airboat business.

Jenny had recently begun shopping at the quality second-hand clothing business owned and run by Eve Appel and her pregnant friend, Madeleine. Theirs is a mobile business about to be transformed into a fixed address store in town.

Eve and Madeleine might have become friends with Jenny, who was about the only property owner around who didn't resent seeing the shop owners among the

environmental protesters at the mud bog race. Why should these two be telling the ranchers how to use their land and trying to take away the pleasures of monster truck fans?

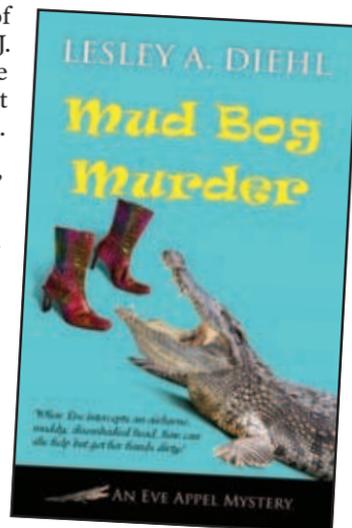
Resentment toward the protesters threatens the business. Eve and Madeleine can't even get local trades people to do repairs on the building, which the previous owner left in terrible condition.

When Eve's friend Grandfather Egret (his grandson Sammy is cautiously attracted to Eve) is arrested for the murder, Eve just knows this is a mistake and has to prove it. Alex, her PI boyfriend, resents her snooping ways, as does Frida, a local police officer. Yet Eve pushes on, and Alex becomes enlisted in the investigation. All want to help bring justice for Jenny's teenage daughter, Shelley, who in her disorienting grief has begun leaning on Darrel, the exploitative, abusive lowlife she calls her boyfriend.

Who would have had it in for Jenny? Where do the clues point? Most readers will focus on the sleuthing team that grows to include not only Eve and Alex, but also Madeleine's husband, David; Eve's former husband, Jerry; Sammy Egret and Eve's dear Nappi

Napolitani, the local mafia kingpin (you better believe it). One after another, suspects are identified and rejected — until only one is left. Among these are the rival property owners seeking the benefit of contracting for the mud bog race.

Another center of interest is Eve's fear of romantic commitment, which grew out of her wretched marriage to Jerry. Alex is pushing to tie the knot, but Eve keeps pushing him away. His anger is palpable, as is her uncertainty. Slowly, an attraction builds between Eve and Sammy Egret. An awkward situation for both of them at first, it gathers strength and naturalness through the novel. These plot interests combine with



Catching up with the writer

Lesley A. Diehl retired from her life as a professor of psychology and reclaimed her country roots by moving to a small cottage in the Butternut River Valley in upstate New York. In the winter she migrates to old Florida, with its cowboys, scrub palmetto and open fields of grazing cattle — a place where spurs still jingle in the post office.



DIEHL

Florida Weekly's Phil Jason had the pleasure of posing her a few questions. Find out more about her at lesleyadiehl.com.

Q: Which parts of the writing process do you enjoy the most, and which the least?

A: I enjoy creating the first draft where the ideas are fresh and come together in interesting ways. Since I like to insert humor into my cozy mysteries, this time in the writing is when I sometimes am so pleased with a clever scene or piece of dialogue that I laugh out loud. If I find it funny, I want to believe others will also.

The least fun is with edits after I've already edited several times. This is when I begin to see the story and characters emerging with greater depth and complexity. Painful as this editing is, it also gives me great pleasure to know how much better the writing is because I've worked it over so many times.

Q: Do you revise by wholes (full rough draft followed by a series of whole book revisions) or by parts (write a few pages, revise, write a few more pages, revise), or some other habit?

A: I revise what I have written the day before and use this as a way of keeping the story flowing and connected. I then may go back and revise a chapter. When I have a first revision, I will go through it and revise several times again. I also read the work out loud and print it out to make edits on a written page. After that, my editor gets it and we revise again.

Q: You say your Eve character has been improved over the four books. How has that happened?

A: Eve's signature characteristic was that she was an in-your-face kind of gal, a lively character, and one who usually took chances and went her own way. She was loyal to her friends and brilliant at sleuthing. I have begun to morph her into someone who retains her sass but who is more considerate of others and not so quick to take chances now that her life circumstances have changed. How has her life changed? That's part of the next several books, kind of a surprise I don't want to give away. Let me just say that Eve is more multidimensional now. I'm spending just as much time now with Eve as a character as I spend with the plot, and I love the twists and turns of plotting.

Q: What generated the mud bog races idea?

A: Mud bog racing came to the area of rural Florida where I live in the winter and, with it, some clashes between economic issues and environmental ones. This clash is at the center of the plot in “Mud Bog Murder,” and I pit Eve and Madeleine's concern with the environment against those who want to use the races to make money. The county can use an influx of money, but the way it's usually done in Florida is by ignoring wildlife and land use issues and putting development first. That conflict has come to rural Florida as it did to the coastal areas. ■

other features to provide a multifaceted reading experience. Richly drawn characters like Eve and her grandmother can be at once endearing and irritating. Darrel is a perfectly despicable bad boy. Grandfather Egret has wisdom, patience and courage.

Ms. Diehl examines several relationships in rewarding depth.

She also provides an entertaining overview of the cultural climate in rural Florida's small, inland communities — this

one within shopping distance of West Palm Beach, where Eve and Madeleine get those upper-class cast-offs to market back in Sable Bay.

Read it and smile. ■

— Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, is a poet, critic and freelance writer with 20 books to his credit, including several studies of war literature and a creative writing text.

SOCIETY

Loggerhead Marinelife Center benefit at Meat Market in Palm Beach



1. Amy Goodwin and Houda Sahyoun
2. Lynne Wells, Dan Call, Nikki Kundrun, Pete Wells

3. Linda Dunhill, Ted Ward and Candace Jorritsma
4. Kirsten Smith and Michael Thompson

COURTESY PHOTOS

CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnews@florida-weekly.com.

THURSDAY 9/1

Those Were the Days: Boca Raton in the 1960s — Through Dec. 22, Boca Raton Historical Society & Museum, 71 N. Federal Highway, Boca Raton. A retro exhibition chronicles Boca Raton's growth from farm town to university town and cultural center. 395-6766 or Bocahistory.org

Dinner and a Show: "Shell of A Man" — 5 p.m. Sept. 1, Another Broken Egg Café at Harbourside Place, Jupiter. Donna Carbone's play about a Vietnam vet's 40-year struggle with PTSD, and the courage he showed during the fight. Actors include Ewan Leslie as Robert Logan, Jeanne Tidwell as Adriana Fleming and Lee Marlow as Dawn Peters. Dinner is at 5 p.m., the show is at 7 p.m. A conversation follows the play. Tickets are \$30. 385-1584.

Clematis By Night — 6-9 p.m. Thursdays. Clematis returns to its usual schedule from 6-9 p.m. and features just one band. Free. Info: clematisbynight.net.

County Line Road — Sept. 1. County.

"It Had to Be You" — Through Sept. 4, The Bhetty Waldron Theater at Actor's Rep, 1009 N. Dixie Highway, West Palm Beach. An absurd comedy by Renee Taylor and Joseph Bologna, directed by Helen Buttery. Tickets: \$21. Info: 339-4687; kwpproductions.com

FRIDAY 9/2

West Palm Beach Antiques Festival — Sept. 2-4 (noon to 5 p.m. Friday, 9 a.m.-5 p.m. Saturday, and 10 a.m.-4:30 p.m. Sunday) at the South Florida Fairgrounds, West Palm Beach. Hundreds of dealers in antiques, collectibles and decorative items. Tickets: \$8 adults, \$7 seniors, free for younger than 16. Two-day admission: \$12. Also offered: a \$10 early-buyer ticket (noon-5 p.m. Sept. 2). Discount coupon online at wpbaf.com. Information: 941-697-7475.

Labor Day Weekend Sidewalk Sale — 10 a.m.-9 p.m. Sept. 2-5 at participating stores at the Palm Beach Outlets, 1751 Palm Beach Lakes Blvd., West Palm Beach. Info: 515-4400; palm-beachoutlets.com

SATURDAY 9/3

Collaboration: African Diaspora Exhibition — 6-8:30 p.m. Sept. 3 at the Center for Creative Education, 425 24th St, West Palm Beach. \$10 suggested donation to CCE's children's programs. On display through Oct. 21. Produced by A.T.B Fine Artists & Designers LLC. 805-9927, Ext. 160; cceflorida.org

Run or Walk to help save Jaguars — Sept. 3, Palm Beach Zoo, 1301 Summit Blvd., West Palm Beach. The only known remaining jaguar in the wild in the U.S. was last seen in Arizona. Run or walk through Dreher Park and finish the race inside the Palm Beach Zoo passing Malayan tigers, wallabies, Fennec foxes, New Guinea singing dogs, ocelots, and siamang gibbons. Info: 547-9453; palmbeachzoo.org/save-the-jaguar-5k-2016.

A Labor Day Weekend Tribute to Jimmy Buffett — 8 p.m. Sept. 3, On the Ocean Terrace at Palm Beach Mar-

riott Singer Island Beach Resort & Spa. Tickets: \$28, \$58 VIP, which includes a welcome cocktail, a meet-and-greet with Jimmy Stowe and the Stowaways, and early admission for sound check. palm-beach-marriott-singer-island.com

George Lopez — 8 p.m. Sept. 3, Seminole Hard Rock Hotel & Casino, Hollywood. Tickets: \$45-\$65. Ticketmaster.com or 800-745-3000.

LOOKING AHEAD

Clematis by Night — 6-9 p.m. Thursdays. Clematis by Night returns to its usual schedule on Sept. 1 and they've got your favorite acts on tap. Info: clematisbynight.net

■ **Spred the Dub performs Reggae** — Sept. 8. Info: (spredthedub.com)

■ **Luis Manuel and the Charambo Band performs classic Salsa music** — Sept. 15. (Charamboband.com)

■ **Evil Monkeys perform Classic Rock** — Sept. 22. (theevilmonkeys.com)

■ **L-Tribe performs R&B and Top 40 hits** — Sept. 29 (L-Tribeband.com)

The 5th annual "Teal & Tango" Girls' Night Out — 6-8 p.m. Sept. 8, in Bloomingdale's Court at The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. Shop, eat and drink...for a cause: Helping local woman fight ovarian cancer! Food, drinks, exclusive items, raffle baskets, goody bags, and entertainment, benefits H.O.W. (Hearing the Ovarian Cancer Whisper). Tickets: \$20. RSVP to alexa@howflorida.org or call 406-2109.

Workshop: Tips for Unlocking Your Creativity — 9:30 a.m.-12:30 p.m. Sept. 9, at the Arts Council of Martin County, 80 SE Ocean Blvd., Stuart. Certified creativity coach and author Doreen Poreba leads. \$40 for members, \$45 for nonmembers which includes a copy of Poreba's book, "Unlocking Your Creativity." Check-in and registration begins at 9 a.m. martinarts.org; 772-287-6676 ext. 3.

"Invasion of Privacy" — Sept. 9-25, The Abyss Stage, 2304 N. Dixie Highway, Wilton Manors. A Pigs Do Fly Production of Larry Parr's award-winning play that tells Marjorie Kinnan Rawlings' story of her right to freedom of speech and being sued for right to privacy by a former friend. Showtimes: 8 p.m. Thursday-Saturday, 5 p.m. Sunday. Tickets: \$35. 866-811-4111; pigsdoflyproductions.com or infinite-abyss.org

Butterfly Walk — 9-11 a.m. Sept. 10, Delaware Scrub Natural Area, 47 N. Delaware Boulevard, Jupiter. Hosted by the Atala Chapter of the North American Butterfly Association in partnership with the Palm Beach County Environmental Resources Management's Adopt A Natural Area Program. Free. Register on Eventbrite.com. For info, visit naba-palmbeach.org

AT THE COLONY

The Colony Hotel, 155 Hammon Ave., Palm Beach. Info: 659-8100 or 655-5430; thecolonypalmbeach.com.

Motown Fridays — Memory Lane performs everyone's favorite Soul City/Top 40 hits from the '60s through today. 9:30 p.m. to 12:30 a.m.

Saturday Late Night with the Dawn Marie Duo — 9:30 a.m.-mid-

night, music and dancing, plus cameos by Royal Room headliners and other celebrity performers.

Royal Room Cabaret: Carole J. Bufford — Through Sept. 3. \$120 per person for prix fixe dinner and show; \$60 for show only.

AT DRAMAWORKS

Palm Beach Dramaworks at The Don & Ann Brown Theatre, 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2; palmbeachdramaworks.org.

The 2016-17 season begins Oct. 14 with "The Night of the Iguana."

AT THE KELSEY

The Kelsey Theater, 700 Park Ave., Lake Park. Info: 328-7481; thekelseytheater.com.

The Kelsey Cares Comedy Night with Dean Napolitano — 8 p.m. Sept. 16. Proceeds benefit the Palm Beach Walk to defeat ALS. Tickets: \$15 in advance, \$18 at the door. Age 18 and older.

Full Throttle Pro Wrestling presents Fight Club: Round One — 8-11:30 p.m. Sept. 17. All ages with parent or guardian 21 or older.

Girls Night Out Male Review — 9-11:30 p.m. Sept. 30. A Las Vegas-style male revue. Age 18 and older with ID.

AT THE KRAVIS

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 832-7469; kravis.org.

'The President's Own' — Oct. 13. The United States Marine Band performs favorite Sousa marches, classic band repertoire, and lively solos.

Girls' night out — Oct. 26-30. Celebrate the silly side of sisterhood in "Girls Only: The Secret Comedy of Women," featuring sketch comedy and song parodies.

Beloved story — Oct. 29. A Vancouver production of Maurice Sendak's "Where the Wild Things Are," directed by Kim Selody, performs a single show.

The 2016-2017 Kravis On Broadway seven-show series — Tickets are on sale now for shows including "The Curious Incident of the Dog In The Night-Time" (Nov. 15-20); "An American in Paris" (Dec. 6-11); "Dirty Dancing - The Classic Story On Stage" (Jan. 3-8); "Beautiful - The Carole King Musical" (Jan. 31-Feb. 5); "The Phantom of the Opera" (March 23-April 1); "Kinky Boots" (April 18-23); "The Sound Of Music" (May 9-14). Call 832-7469; Kravis.org.

AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$10 adults, \$5 children ages 6-18; free for younger than 6. Jupiter Lighthouse participates in the Blue Star Museums program. Children must be at least 4 feet tall to climb. Tours are weather permitting; call for tour times. RSVP required for most events at 747-8380, Ext. 101; jupiterlighthouse.org.

Lighthouse Sunset Tour — Sept.

7 and 21 and Oct. 19 and 26. Time varies by sunset. \$15 members, \$20 nonmembers.

Lighthouse Moonrise Tour — Sept. 16. \$15 members, \$20 nonmembers.

Twilight Yoga at the Light — 7-8 p.m. Sept. 5, 12, 19, and 26. Mary Veal, Kula Yoga Shala, leads.

Hike Through History — 8:30-10:30 a.m. Sept. 3 and the first Saturday of the month. A 2-mile trek through the topography and natural history of Jupiter's National Conservation Lands historic site. Minimum age 5, ages 13 and younger must be accompanied by an adult that is at least 18 years old. Future dates: Oct. 1, Nov. 5, Dec. 3.

Lighthouse Story Time & Crafts for Kids — 10:30-11:15 a.m. monthly beginning in October in the Seminole chickee hut for story time and a craft activity. Ideal for kids ages 8 and younger. Bring a small beach/picnic mat. Free.

AT MACARTHUR PARK

John D. MacArthur Beach State Park, 10900 Jack Nicklaus Drive on Singer Island, North Palm Beach. Info: 776-7449; macarthurbeach.org.

Learn to Kayak — Noon Sept. 4. A land-based course provides beginners the skills needed for kayaking. Free with park admission; for reservations, call 624-6952.

Nature Photography Workshop — 9 a.m. to 1 p.m. Sept. 10. Bring your own camera equipment - point and shoot or SLR — wear light clothing, bring sun block and mosquito repellent. Fee is \$35 plus park entry fee paid at the gate.

AT THE MALTZ

Maltz Jupiter Theatre, 1001 E. Indian-town Road, Jupiter. 575-2223. Jupitertheatre.org.

Single tickets are on sale for these shows: "The Audience" (Oct. 23-Nov. 6), "Me and My Girl" (Nov. 29-Dec. 18), "The Producers" (Jan. 1-29), "Disgraced" (Feb. 12-26) and "Gypsy" (March 21-April 9). Tickets: \$56. Ask about the four-play and the five-play package. Season tickets are \$202. jupitertheatre.org; 575-2223.

AT THE JCC

The Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Info: 689-7700; jcconline.com/pbg.

Sept. 1 — Canasta 101 class, Duplicate bridge, Bridge: Intermediate bridge class, Bereavement support group

Sept. 2 — Bridge: Advanced Beginner's supervised play, duplicate bridge

Sept. 4 — Splish, Splash, Pool Bash

Sept. 5 — Closed for Labor Day

Sept. 6 — Duplicate bridge

Sept. 7 — Glucose and cholesterol testing, duplicate bridge, Mah Jongg & Canasta

Sept. 8 — Bridge: 2/1 Class, Canasta 101 class, duplicate bridge, Bridge: Intermediate bridge class

Sept. 9 — Duplicate Bridge, Bridge: Advanced Beginner's supervised play

CALENDAR

Sept. 10 — Kid's Night Out

Sept. 12 — Bridge: Advanced Beginner's supervised play, duplicate bridge

AT MOUNTS

Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. Info: 233-1737; mounts.org.

Ceramic Vessels for Ikebana — Sept. 10. Stacy Sollisch from the Armory Art Center will teach a workshop beginning with the guided construction of a clay vessel using foliage as imprinted design elements. A demonstration will be given to show the different options and the clay vessels will be glazed, fired, and returned to Mounts five days after the workshop for students to pick up. \$115 members; \$125 nonmembers, plus a \$10 materials fee. Register at the Armory Art Center at 832-1776, Ext. 33.

Everything Orchids: A Shady Affair Plant Sale — Sept. 10-11.

Literary Garden: Book Discussions — Sept. 13.

Summer Evening Stroll — Sept. 14.

AT THE PLAYHOUSE

Lake Worth Playhouse, 713 Lake Ave, Lake Worth. Info: 586-6410 or lakeworthplayhouse.org.

Stonzek Theatre: Limited release, independent films.

AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 833-1812; palmbeachimprov.com.

Ian Bagg — Sept. 1-4. \$20.

AT THE FAIRGROUNDS

South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. Info: 793-0333; southfloridafair.com.

Yesteryear Village — Now open year-round, travel back in time to Old Florida when schools were in one small building and houses did not have running water. At this living history park where interpreters share their stories about life prior to 1940 when many people raised their own livestock and gardens. Open 10 a.m.-4 p.m. Thursday - Saturday. \$10 adults, \$7 seniors 60+, \$7 age 5-11 and free for age 5 and younger. Info: 795-3110 or 793-0333.

AT THE SCIENCE CENTER

The South Florida Science Center and Aquarium, 4801 Dreher Park Road, West Palm Beach. Admission: \$15 adults, \$11 ages 3 to 12, \$13 for age 60 and older. Free for members and children younger than 3. Info: 832-1988; sfsciencecenter.com.

"Grossology: The (Impolite) Science of the Human Body" — Through Oct. 10.

LIVE MUSIC

Arts Garage — 180 NE First St., Delray Beach. Info: 450-8367; artsgarage.org.

■ **Albert Castiglia** — Sept. 2. Contemporary blues. The award-winning blues singer/songwriter and guitarist.

■ **Sean Chambers Band** — Sept. 3. "One of the top 50 blues guitarists of the last century" according to Britain's Guitarist Magazine.

■ **Cafe Boulud: The Lounge** — 9 p.m. Fridays, in the Brazilian Court Hotel, 301 Australian Ave., Palm Beach. Vocalist Raquel Williams performs an eclectic mix of American, Latin and Caribbean songs. Info: 655-6060; cafe-boulud.com/palmbeach.

■ **Camelot Yacht Club** — Jazz sessions start at 8 p.m. Tuesdays at Camelot Yacht Club, 114 S. Narcissus Ave., West Palm Beach. TCHAA! Band performs. 318-7675.

■ **Don Ramon Restaurante Cubano & Social Club** — Live music Thursdays through Sundays, 7101 S. Dixie Highway, West Palm Beach. 547-8704.

■ **E.R. Bradley's** — 104 Clematis St., West Palm Beach. Friday, Saturday and Sunday. Info: 833-3520; erbradleys.com.

■ **Guanabanas** — 960 N. A1A, Jupiter. Age 21 and older. Info: guanabanas.com.

■ **Respectable Street Café** — 518 Clematis St., West Palm Beach. Info: 832-9999; Sub-culture.org/respectables.

ONGOING

■ **The Ann Norton Sculpture Gardens** — 2051 S. Flagler Drive, West Palm Beach. The garden is undergoing preservation work and will reopen after Labor Day. Admission: \$10 adults, \$8 seniors and \$5 students. Free for members. Info: 832-5328; ansg.org.

■ **Artisans On the Ave.** — 630 Lake Ave., Lake Worth. Info: 582-3300; artisansontheave.com.

■ **"Sea You Here"** — Forty artists were asked to reflect on the wonders of the sea.

■ **"Sizzling" HOT** — More than 40 artists display their work, which features the art of using heat in various forms, including hot kiln fused glass, encaustic hot wax, welding, soldering, polymer clay, enameling, pottery and ceramics, and raku. Refreshments. Free.

■ **APBC Art on Park Gallery** — 800 Park Ave., Lake Park. Info: 345-2842; artistsofpalmbeachcounty.com.

■ **Photography 2016 Exhibit** — Through Sept. 30. This grouping of original unaltered images will satisfy the photographer who likes to strip it down. Includes a solo exhibit by Durga Garcia.

■ **The Boca Raton Museum of Art** — 501 Plaza Real, Boca Raton. Free for members, students with ID, and age 12 and younger; adults \$12; seniors (65+) \$10; students (with ID) \$5. Info: 392-2500; bocamuseum.org.

■ **Looking Away: Portraits from the Collection** — Through Sept. 15.

■ **The 65th annual All Florida Invitational** — Through Sept. 25. All artists are from the Sunshine State, selected by a panel of five internationally recognized, Florida-based artists.

■ **The Box Gallery** — 811 Belvedere Road, West Palm Beach. 786-521-1199.

■ **"Florida Flora and Fauna: The River of Grass and Beyond"** — Sept. 9-Oct. 2.



■ **West Palm Beach Antiques Festival** — Sept. 2-4 South Florida Fairgrounds, West Palm Beach. 941-697-7475; wpbaf.com



■ **Spred the Dub** — 6-10 p.m. Sept. 3, Harbourside Place, Jupiter. 935-9533; harboursideplace.com



■ **'Collaboration: African Diaspora'** — Sept. 3-Oct. 21. The Center for Creative Education, West Palm Beach. 805-9927, Ext. 160; cceflorida.org

■ **Carole J. Bufford** — She sings at The Colony's Royal Room through Sept. 3. 659-8100 or 655-5430; thecolonypalmbeach.com

■ **The Center for Creative Education** — 425 24th St., West Palm Beach. 805-9927, Ext. 160; cceflorida.org.

■ **The third annual 'Collaboration: African Diaspora'** — Sept. 3-Oct. 21. This year's group includes artists who are originally from, reside or are represented in the state of Florida in one location here in Palm Beach County.

■ **Opening reception** — Sept. 10. \$10 at Eventbrite.com

■ **Brunch & Lecture** — Noon-3 p.m. Sept. 17. Tickets: \$35 at Eventbrite.com

■ **The Chocolate Spectrum** — 6725 W. Indiantown Road, Suite 38, Jupiter. An artisan chocolate shop that offers chocolate-making and pastry classes for all ages. Info: thechocolatespectrum.com

■ **The Cultural Council of Palm Beach County** — 601 Lake Ave., Lake Worth. Hours: 10 a.m.-5 p.m. Tues-

CALENDAR

day-Saturday. Info: 471-2901; palmbeachculture.com.

■ **"Selections from the Armory Art Center"** — Through Oct. 29.

■ **"Women in the Visual Arts: ARTistic Visions"** — Through Oct. 2.

The Flagler Museum — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tickets: free for members; \$18 adults, \$10 age 13-17 with adult; \$3 age 6-12 with adult; free for younger than 6. 655-2833; flaglermuseum.us.

The Florida Trail Association Loxahatchee Chapter — Leads nature walks. New adventurers are welcomed. Get info and register at loxfl-trail.org.

■ **John Prince Park Walk:** 7:30-8:30 a.m. Sept. 3, 2520 Lake Worth Road, Lake Worth. Walk at your own hiking pace. Call Paul at 963-9906.

■ **Hike in Jonathan Dickinson State Park:** 8 a.m. Sept. 4, 16450 SE Federal Highway, Hobe Sound. A moderate-paced hike of 7 to 12 miles. Meet at the front gate of the park. Bring plenty of water. Call Mary at 213-2189.

■ **Monthly Chapter Meeting:** 7 p.m. Sept. 5, in the screen room behind the Okeechobee Park Nature Center, 7715 Forest Hill Blvd., West Palm Beach. Program: The Labor Day Ice Cream Social. Call Margaret at 324-3543.

Harbourside Place — 200 U.S. 1, Jupiter. Info: 935-9533; harboursideplace.com.

■ **All That Jazz** — 6 p.m. Sept. 2, with vocalist Fernando Diez.

■ **Live Music on the Waterfront** — 6-10 p.m. Sept. 3, with Spread the Dub.

■ **Live Music on the Waterfront** — 3-7 p.m. Sept. 4, with String Assassins.

■ **Live Music on the Waterfront** — 6-10 p.m. Sept. 9, with Groove Merchant.

■ **3rd Annual Chasen'Tailz KDW Fishing Tournament** — 11 a.m.-10 p.m. Sept. 10. Chasentailz.com.

■ **2nd Annual Antiques Mall Show benefiting Humane Society of the Treasure Coast Inc.** — 10 a.m.-2 p.m. Sept. 10. Bring your treasures to the Wyndham Grand Ibis Room (corner adjacent to Calaveras Cantina) to be appraised by PBS' Expert Appraisers from "Antiques Roadshow." Reservations are limited. Call (772) 600-3211 to schedule a showing. 1 item for \$20, 2 items for \$30 and 3 items for \$40. All proceeds benefit the Humane Society of the Treasure Coast.

Jonathan Dickinson State Park — 16450 SE Federal Highway, Hobe Sound. Park entry is a suggested donation of \$5. Info: 745-5551 or email friend-sjdsp@gmail.com.

■ **Canoe or kayak river tours** — Every Friday and the last Saturday of the month, from 9:45 a.m. to noon. Rent a canoe or kayak at the park's River Store or bring your own for this leisurely guided paddle on the Loxahatchee River. The tour is free with park admission. Registration in advance is required at 745-5551.

The Lighthouse ArtCenter — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Sat-



The Palm Beach Gardens GreenMarket continues at STORE Self Storage and Wine Storage through Sept. 25.

COURTESY PHOTO

urday. Admission is \$5 Monday-Friday, free on Saturday and for members and exhibiting artists. Info: 746-3101; LighthouseArts.org.

■ **Third Thursday** — 5:30-7:30 p.m. the third Thursday of the month. Wine and passed hors d'oeuvres reception and exhibits, concerts, lectures, art demonstrations, live performances and gallery talks.

The Mandel Public Library of West Palm Beach — 411 Clematis St., West Palm Beach. Info: 868-7701; mycitylibrary.com.

The Morikami Museum and Japanese Gardens — 4000 Morikami Park Road, Delray Beach. Info: 495-0233; morikami.org.

■ **Sushi & Stroll Summer Walk Series** — A garden stroll, a summer breeze, a cold drink, a taste of Asian history and culture, and a stunning sunset are on the menu at this annual summer series. From 5:30-8:30 p.m. the second Friday of the month through September. Next stroll: Sept. 9. Cost: \$8 age 11 and up, \$6 ages 4-10, free for age 3 and younger. Free for museum members. Buy tickets in advance and save a dollar.

■ **Transcending Forms: Japanese Bamboo Baskets** — Through Sept. 18.

■ **Shadows of the Floating World: Paper Cuts by Hiromi Moneyhun** — Through Sept. 18.

The Norton Museum of Art — 1451 S. Olive Ave., West Palm Beach. Free admission. Info: 832-5196 or norton.org.

■ **"Giverny: Journal of an Unseen Garden"** — Through Oct. 30. Artist Mark Fox's experience working on the grounds at Giverny, the home of French painter Claude Monet.

Old School Square — 51 S. Swinton Ave., Delray Beach. Info: 243-7922; old-school.org.

■ **Silent Disco** — 9 p.m. the first Thursday of the month at the Fieldhouse. Dancers hear high-energy dance music through wireless head phones. To nondancers, it's dancing without music. Next dance: Sept. 1. Tickets \$20.

■ **First Friday Art Walk** — 6-9 p.m. the first Friday of the month, Cor-

nell Art Museum and downtown Delray Beach. Begins at the museum viewing its exhibitions, then make your way to artists' studios in the neighborhood. Next walk: Sept. 4. \$5 suggested donation.

The Palm Beach Photographic Centre — 415 Clematis St., West Palm Beach. Info: 253-2600; workshop.org.

■ **The 19th annual Members' Juried Exhibition** — Through Oct. 29.

The Palm Beach Gardens Historical Society Enrichment Programs — Programs are held at Christ Fellowship Church on Northlake Blvd., Palm Beach Gardens at 7 p.m. on the second Wednesday of the month. Info: 622-6156 or 626-0235; PBGHistoricalSociety.org.

The Palm Beach Zoo & Conservation Society — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m. to 5 p.m. every day, except Thanksgiving and Christmas. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 533-0887; palmbeachzoo.org.

The PC Rams Computer Club — Meets every first Tuesday of the month at the North County Senior Center, 5217 Northlake Blvd., Palm Beach Gardens. Info: 601-7105.

Perfect Vodka Amphitheatre — 601-7 Sansbury's Way, West Palm Beach. Info: westpalmbeachamphitheatre.com/events/. Tickets: 800-345-7000 or ticketmaster.com.

■ **Miranda Lambert** — Sept. 10.

■ **Toby Keith** — Sept. 24.

The River Center — 805 N. U.S. 1, Jupiter. Hours: 9 a.m. -4 p.m. Tuesday-Saturday. The Loxahatchee River District was created more than 30 years ago to monitor and protect the river. Today it's a teaching facility and recreation area that offers programs to enrich the community and the river. Call 743-7123.

■ **International Coastal Cleanup** — 8-11 a.m. Sept. 10, Coral Cove Park. A massive removal of litter and illegal dumping from our public spaces. Bring a refillable water bottle, closed toed shoes, garden gloves sunglasses, a hat and a bucket if you have one. Register at 743-7123 or RiverCenter@lrecd.org

■ **Volunteers needed:** The RC needs enthusiastic, personable volunteers age 14 and older. Call Megan at 743-7123 or email education@lrecd.org

■ **Public Tour and Fish Feeding:** 2-3 p.m. Saturdays. A staff member leads a tour of the facility, including a touch tank presentation and feeding.

The Society of the Four Arts — 2 Four Arts Plaza, Palm Beach. Gallery and box office: 655-7226; fourarts.org.

Taste History Culinary Tour — Learn about the flavors, culture and history of local cities on a four-hour guided tasting tour. This family friendly walking and bus tour boards at Macy's (East Entrance) at Boynton Beach Mall. Reservations required. Tickets: \$45-\$65. Free for younger than 14. Benefits the non-profit Museum of Lifestyle & Fashion History. Info: 243-2662; tastehistoryculinarytours.org.

The West Palm Beach Hilton — 600 Okeechobee Blvd., West Palm Beach. 231-6000; hilton.com.

Summer Fridays at Galley — Live music beginning at 7:30 p.m. with tapas and craft cocktails.

■ **Saturday Night Dive-In Movie** — The movie starts at 8 p.m., outside.

AREA MARKETS

Riviera Beach Marina Village Green & Artisan Market — 10 a.m. to 2 p.m. Saturdays year-round, 200 E. 13th St. at Broadway, Riviera Beach. Vendors of produce, coffees, smoothies, artisan specialty foods, health/nutrition vendors, and local artisan crafts, clothing and accessories. Interested vendors should call 623-5600; or visit harrysmarkets.com.

Lake Worth High School Flea Market — 5 a.m.-3 p.m. Saturdays and Sundays, under the Interstate 95 overpass on Lake Worth Road. Info: 439-1539.

Delray Beach's Summer Green-Market — 9 a.m.-noon every Saturday through the summer, in the eastern half of the parking lot at the Delray Beach Tennis Center, 201 W. Atlantic Ave., Delray Beach. Info: 276-7511; delraycra.org/greenmarket.

The Palm Beach Gardens Green-Market — At STORE Self Storage and Wine Storage, 11010 N. Military Trail, Palm Beach Gardens. The market will be open from 9 a.m. to 1 p.m. Sundays through Sept. 25. Fresh produce, breads, seafood, cheeses, sauces, honey and handmade crafts under the large breeze-way, plus a few outdoor vendors with plants and flowers, as well as covered seating to cool off with a cold drink. Rain or shine. Info: 630-1100, or email recinfo@pbgfl.com.

Jupiter Green & Artisan Market at Riverwalk Event Plaza — 10 a.m.-2 p.m. Sundays, 150 S. U.S. 1, along the Intracoastal Waterway under the Indiantown Bridge, adjacent to Harbourside Place. Find produce, specialty foods, apparel, accessories, jewelry, arts and crafts, health and nutrition products. Pet friendly. New vendors should call 623-5600 or visit harrysmarket.com. For information about the market, visit jupitergreenmarket.com.

The Green Market at Palm Beach Outlets — 11 a.m.-4 p.m. Sundays, 1751 Palm Beach Lakes Blvd., West Palm Beach. Arts and crafts, fresh flowers, homemade foods, organic produce. Info: 515-4400; palmbeachoutlets.com. ■

HAPPENINGS

From page 1

ly events. For information, visit northwoodvillage.com.

The Art Walk is an evening of guided tours that begins at Hennevelt's Gallery, 540 Northwood Road, West Palm Beach. At 6 p.m. or 7:30 p.m. on Sept. 10, visit eclectic art galleries and outdoor murals, unique neighborhood shops and boutiques. Artists will be on hand to talk to the group and some will demonstrate their art. Registration is required. Tours are held the second Saturday of the month. For info, visit northwoodartwalk.com

The Food Truck Roll-in takes place on the third Wednesday of the month in the 500 block of Northwood Road. You'll find a variety of culinary experiences, live music, and an artist colony featuring live art and artisan vendors. From 6 to 10 p.m. Sept. 21. Visit northwoodvillage.com

Art Night Out is held the last Friday of the month, Sept. 30, from 6 to 9 p.m. on Northwood Road, West Palm Beach. Explore the artist's lifestyle with a stroll past galleries, boutiques and restaurants, as well as art and craft vendors from all over South Florida. Music is eclectic, with live street-side performers. Info: northwoodvillage.com

The Sunset Lounge Jazz Series continues on Sept. 24 with a performance by Nicholas Payton from 6 to 9 p.m. at the Lounge, 609 Eighth St., West Palm Beach. Nicholas Payton is a Grammy-winning a trumpet master and multi-instrumentalist,

considered by many to be among the greatest artists of our time. Tickets are \$20 at Eventbrite.com.

Armory show

The Armory Art Center opens a new exhibit featuring work by its new faculty members with a reception from 6 to 8 p.m. Sept. 2.

"New & Now: Work by New Faculty Fall 2016" will be on display in the East and Greenfield Galleries. It's a multimedia exhibition featuring the work of artists Rosario Alborta, Judith Bert King, Jason LeVan, George Mesa, Ryan Parente from Infinite 3D Printers, Aimee Schulz, Vishan Seenath, Stacy Sollisch, Anna Torlen, Julia Townsend, Terry Widner, and Betty Wilson.

An evening of talks by the artists takes place from 6-8 p.m. Oct. 6.

The Armory Art Center is at 1700 Parker Ave., West Palm Beach. Admission to the reception is free.

For more info, call 832-1776 or visit armoryart.org

Table 26 Dine for a Cause Dinner

Make your reservations now if you want to Dine for A Cause at Table 26 on Sept. 12. Owners Eddie Schmidt and Ozzie Medeiros will host the dinner, which will benefit Place of Hope. It features a four-course meal by chef Joe Ferro paired with selections from Paul Hobbs Winery. The evening will also feature a "Bid from the Heart" auction and a silent auction. The dinner, including tip, is \$195. Reservations required. Email Jamie Bond at jamieb@placeofhope.com or call 775-7195. ■

SEASON

From page 1

Tchaikovsky. This will be presented as a mixed bill alongside director and audience favorites from Ballet Palm Beach's repertoire.

Tickets begin at \$19 and can be purchased online at balletpalmbeach.org.

The complete schedule is:

"Snow White & Other Works"

Saturday, Oct. 22 — 2 and 7:30 p.m.

Sunday, Oct. 23 — 4 p.m.

"The Nutcracker"

Friday, Nov. 25 — 2 and 7:30 p.m.

Saturday, Nov. 26 — 2 and 7:30 p.m.

Sunday, Nov. 27 — 4 p.m.

"Romeo and Juliet"

Saturday, Feb. 18 — 2 and 7:30 p.m.

Sunday, Feb. 19 — 4 p.m.

"Sleeping Beauty & Other Works"

Saturday, May 6 — 7:30 p.m.

Sunday, May 7 — 4 p.m.

Sunday, May 14 — 4 p.m.

For more information about Ballet Palm Beach and its school, Ballet Palm Beach Academy, visit balletpalmbeach.org or call 630-8235. ■



PHOTO BY JANINE HARRIS
Madeleine Miller in a work by Roger Van Fleteren.

PUZZLE ANSWERS

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SOCIETY

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4



8



Roeluis "Superman" Dias and Luis "Batman" Estrada

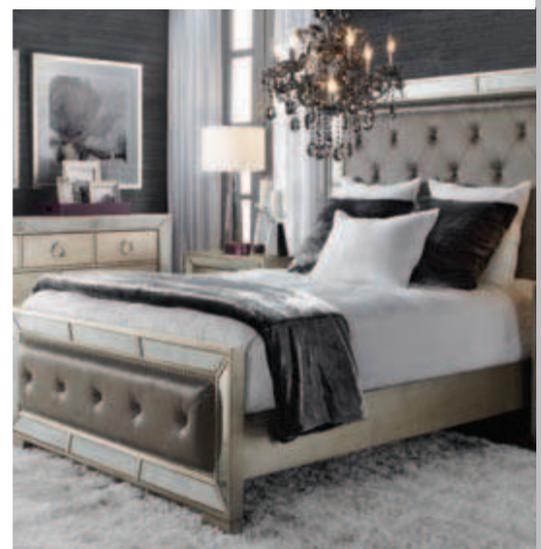


1. Gabriel Mofteh and Luis "Batman" Estrada
2. Roeluis "Superman" Dias
3. Kevyn Patino, Luis "Batman" Estrada and Bryan Pittino
4. Kathryn Walton, Michael Pace and Amy Bialczak
5. Bryan Patino, Roeluis "Superman" Dias and Kevyn Patino
6. Giselle Bruno and Luis "Batman" Estrada
7. Amberly Hernandez-Lopez, Gabriel Mofteh, Giselle Bruno and Tyson Santiago
8. Jose Acuña, Aiden Acuña and Luis "Batman" Estrada

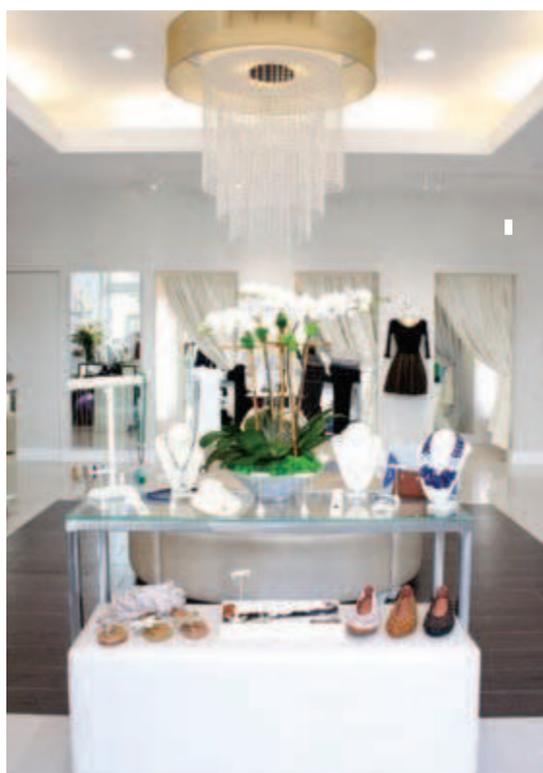
Go to www.floridaweekly.com and view the photo albums from the many events we cover. Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.



distinctly downtown

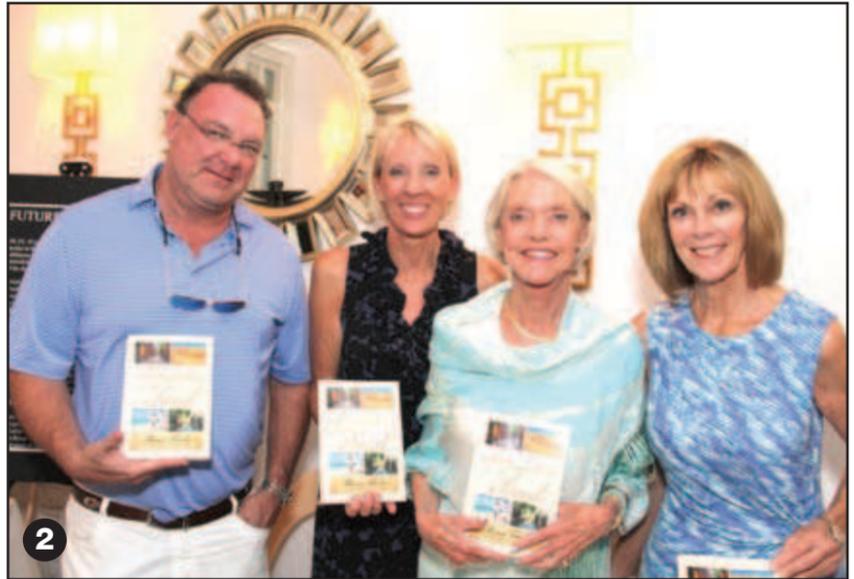


luxurious



SOCIETY

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Erik Brown and
Vickie Johnston



1. Joey Delguercio, Fancesca Tice, Roget Pontbriaz and Tammy Pontbriaz
2. John Allison, Cathy Helowicz, Marcie Chellis and Betty Munson
3. Anita Gabler, Judy Cooper and Gisele Weisman
4. Bobbi Shorr and Julie Cunningham
5. Teddy Aspergren and Robert Bailey
6. Cathy Helowicz and Melanie Cabot
7. Evelyn Harrison and Alexandra Harrison
8. Robyn Weiss, Howard H. Howard and Joan Weiss

ANDY SPILOS
FLORIDA WEEKLY

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LATEST FILMS

'Southside With You'

danHUDAK

punchdrunkmovies.com



Is it worth \$10? No

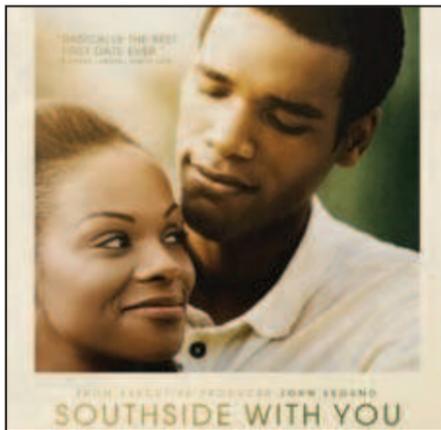
The tagline of "Southside with You" is inherently appealing, as it promises a candid look at Barack and Michelle Obama's first date in the summer of 1989. What it actually delivers, however, is a love letter to the current First Couple, one that depicts them with copious positivity and uses negative topics, such as Barack's negligent father, as sources of inspiration to make a difference.

I'm not a betting man, but I'm willing to bet writer/director Richard Tanne is a Democrat.

Bias aside, the reality is almost the entire movie is fraudulent. Although Mr. Tanne researched the story by reading accounts given by the Obamas about their first date, this only means the locations are accurate, not the conversation. The fictionalized discussion would be more tolerable if the dialog were interesting and about more than personal biographies and life philosophies, but it is not. Combined with low-budget production values and standard editing, the whole thing plays like a made-for-TV movie.

They spend an entire afternoon and evening together, though Michelle (Tika Sumpter) insists it isn't a date. She's Barack's (Parker Sawyers) advisor at their law firm, and with her establishing professional credibility and him on loan from Harvard Law School for the summer, she's worried about how it'll look. But he's a smooth-talker and undeterred, and as they venture from an art museum to a walk in a park to the movies for Spike Lee's "Do The Right Thing," she gradually warms to him.

Their conversation is uncannily personal (her father's MS) and revelatory (he's dated white women), much more than one would expect on a typical first date. She says she wants to help women and empower them. He says he feels a bigger calling in civil rights or, maybe, politics. Mr. Tanne isn't overtly foreshadowing the lives they are about to lead, but it's obviously where the viewer's mind is going to go and therefore seems intentional on the director's part.



And then there are moments that don't belong in the movie at all. A good 15 minutes (of the 84-minute run time) is set at a proposal for a community center meeting in which Barack doesn't even sit next to Michelle. She's told by nosey women what a great guy he is as he shakes hands with everyone. The leader of the event is given harsh feedback from locals who don't feel like the community center will ever be approved. Good thing Barack is there to appease the masses.

The thing is, this has little to do with their date and clearly wouldn't be in the movie if it didn't feature the current president of the United States as a younger man swaying an uneasy crowd to his side. It was lazy for Mr. Tanne to have a scene that feels this overwritten and tedious in a movie that's supposed to be about a budding love story, not a budding political career. Worse — and more unforgivable — is that (per the press notes) this meeting wasn't held on their first date, and therefore isn't authentic to the story.

It's impossible to watch "Southside with You" without thinking about the Obamas today, which means every line of dialog adds insight and perspective into the couple currently running the United States of America. The problem is, we have no idea if any of the dialogue is genuine, and with a movie like this, that matters.

Curiosity about the First Couple might be enough to inspire you to see this one, but knowing it lacks the substance it needs makes that a zero sum game. ■

in the know

>> "Southside with You" was shot in 15 days at or near many of the actual locations of the first date.

FILM CAPSULES

Hands of Stone ★★★

(Robert De Niro, Edgar Ramirez, Ana de Armas) Based on a true story, boxer Roberto Duran (Mr. Ramirez) emerges from poverty in Panama to become a world champion. Solid performances and editing allow this part biopic/part boxing movie to be a thoroughly engaging drama. Rated R.

Ben-Hur ★1/2

(Jack Huston, Toby Kebbell, Morgan Freeman) At the time of Jesus Christ (Rodrigo Santoro), a Jewish prince (Mr. Huston) is forced into slavery by his adopted brother (Mr. Kebbell), who is a Roman soldier. The story drags and the performances do little to enliven the stilted dialog; two decent action sequences are the lone saving grace. Rated PG-13.

Hell or High Water ★★★1/2

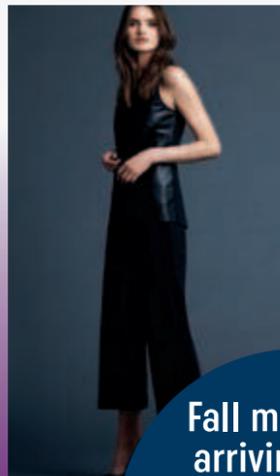
(Ben Foster, Chris Pine, Jeff Bridges) A Texas Ranger (Mr. Bridges) tracks two bank-robbing brothers (Mr. Foster and Mr. Pine) in this superb neo-western. A great drama highlighted by fantastic writing and even better performances, it's one of the best movies of the year. Rated R.

Florence Foster Jenkins ★★★

(Meryl Streep, Hugh Grant, Rebecca Ferguson) In 1944 New York City, wealthy socialite Florence Foster Jenkins (Ms. Streep) aspires to be an opera singer in spite of her notable lack of ability. Ms. Streep and Mr. Grant are a formidable duo, but it's director Stephen Frears ("Philomena") striking just the right tone of laughing at Florence that makes it all work. Rated PG-13. ■

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Scallops from Bistro Ten Zero One at the West Palm Beach Marriott.

COURTESY PHOTO

SPECIAL

From page 1

They range from the haute restaurants in Palm Beach and top steakhouses around the county, to two newcomer small-plate specialists who will offer regional American dishes, and a private country club open to the public only during this promotion.

Flavor Palm Beach menus are specially designed by each restaurant, and cost diners \$30 for dinner, and \$20 at lunch. It was designed to help out area restaurants in what is proven as the slowest month on their books.

“When I was doing market research for Flavor, Open Table, the food distributors, and others all said September was the best month for it; it’s the slowest for the restaurants.”

It’s during a hump after tourist summer season, and before the social season takes off.

The promotion is a huge marketing pull; restaurants pay into a marketing fund, and ads for Flavor Palm Beach are placed across the county, the state and even nationally, Ms. Beaty said. It also benefits the area’s hungry; \$1 from each reservation made through the Flavor website goes to the Palm Beach County Food Bank.

It’s a win-win for restaurants, which get to showcase certain menu items, and often, gain new diners.

“Some restaurants have told us that for them, September is the most profitable month of the year,” she said.

New restaurants are guided through menu selections. “We don’t want diners to have a different experience than they normally would. We work with the restaurants to show their true menus. But we want to give them great value, too.”

Frank Eucalitto, chef/owner of Café Chardonnay in Palm Beach Gardens, has been participating in Flavor since its inception, working with Ms. Beaty on menu structuring.

“It’s a good way to get our name out there to a larger audience. She’s now doing restaurants from the whole county. People are seeing other restaurants they may not be familiar with,” he said.

While some diners, especially those who travel a distance, won’t become regulars, many become repeat customers.

“We get some who come for the first time who get to know us, find out about our event space, and are booking private events here. We do a lot of birthday parties and anniversaries.”

Café Chardonnay will be showcasing a three-course menu for Flavor that includes dishes off its main menu, such as shrimp and grits; handmade gnocchi and wild



Caramel-glazed Atlantic salmon from Pistache, in downtown West Palm Beach.



Beef from Capital Grille, in Palm Beach Gardens and Boca Raton.

mushrooms; crab-crusted yellowtail snapper; roasted rack of lamb; and its noted housemade tiramisu as its \$30 dinner.

Craft Bar Kitchen in Jupiter is a newcomer to the program and will be offering a four-course menu, along with discounts on its signature cocktails, according to Dormal Allen, general manager.

“We’re looking forward to kind of getting our name out there, especially for those further south. We really don’t do any advertising, so it’s been all word-of-mouth.”

“We have an eclectic menu, which is what we’re known for. A really good lobster roll, and we have a hangar steak, chimichurri style with pico di gallo, and an oyster po’ boy — as a Southern touch,” he said.

Craft cocktails will be \$5 off and include those specials such as the Clueless — “We were clueless as to what to name it,” Mr. Allen says — made of Grey Goose pear vodka, lemon and lime juice and a touch of saffron. A watermelon-ginger martini, and the popular smoked old fashioned, made with actual smoked wood chips and infused with maple or cinnamon are among others offered.

“We’re all about presentation concepts,” he said, noting that drinks are made in front of the guests so they can see exactly what goes into them.

Salute Market is another newcomer, and



Sliders from Nitrogen, in Jupiter.

co-owner Michelle Lefkowitz is looking forward to introducing the small-plate concept in Palm Beach Gardens to newcomers.

“When we first opened, we knew we had a lot of great things, but we weren’t sure what the customer wanted. So we’ve been evolving into a full-service restaurant.”

The tapas-and-wine concept still draws the diners, she said.

“We worked with Briana to come up with a small-plate menu that fits what we are about,” she said. “Diners come and pick a few small plates, stay and have wine, and order some more. So we came up with a pick-three menu, playing off that.”

Bacon-wrapped, goat-cheese-stuffed dates, and the chef’s meatballs in marinara are among the plates they’ll offer, each paired with a wine suggestion. Diners will be introduced to the big sandwiches at lunch — including its now-famous stacked corned beef. “Everybody says it’s the best in Palm Beach County,” Ms. Lefkowitz said.

Other newcomers include Tansy and Little Chalet — Boca Raton restaurants. Evo in Tequesta also joins this year’s lineup.

in the know

Flavor Palm Beach

Flavor Palm Beach menus are specially designed by each restaurant, and cost diners \$30 for dinner, and \$20 at lunch. For a list of all the restaurants, and to view each menu, visit flavorpb.com. The promotion runs through Sept. 30.

- 3800 Ocean
- 50 Ocean/Boston’s on the Beach
- Al Fresco
- Barolo Ristorante
- Brandon’s at the Tideline
- Burger & Beer Joint
- Café Boulud
- Café Chardonnay
- Capital Grille, Boca Raton
- Capital Grille, Palm Beach Gardens
- Charley’s Crab
- Coola Fish Bar
- Craft Bar
- Eau Palm Beach — Angle and Temple Orange
- Echo
- Evo
- Graze at the Four Seasons Resort Palm Beach
- III Forks
- Imoto
- Ironwood at PGA National
- Jardin
- Jereve at EMKO
- Jove Kitchen and Bar at the Four Seasons Resort Palm Beach
- Leopard Lounge
- Limoncello
- Maison Carlos
- Meat Market Palm Beach
- Morton’s, Boca Raton
- Morton’s, West Palm Beach
- Nitrogen
- Pistache
- PB Catch
- Renato’s
- Rustic Inn
- Ruth’s Chris, Boca Raton
- Ruth’s Chris, North Palm Beach
- Ruth’s Chris, West Palm Beach
- Salute
- Sandpiper Cove at Old Port Cove
- Seasons 52 Boca Raton
- Seasons 52 PGA
- Sinclair’s Ocean Grill at Jupiter Beach Resort
- Spoto’s Oyster Bar
- Tanz
- The Cooper
- The Italian Restaurant at The Breakers
- The Little Chalet
- The Melting Pot, Boca Raton
- Tommy Bahama, Jupiter
- Vic and Angelo’s
- Texas De Brazil
- Bistro 1001

Old favorites such as III Forks, a Texas-based steakhouse in Midtown in the Gardens, is back again, as is Capitol Grille in Legacy Place. These higher-end eateries represent good values for the diners who can drop upward of \$80 or more per person off a regular menu.

“They are a great bang for the buck,” Ms. Beaty said, “and their menus are really lovely.”

Exclusive to the promotional month, Sandpiper Cove, a private restaurant in Old Port Cove in North Palm Beach, is open to the public.

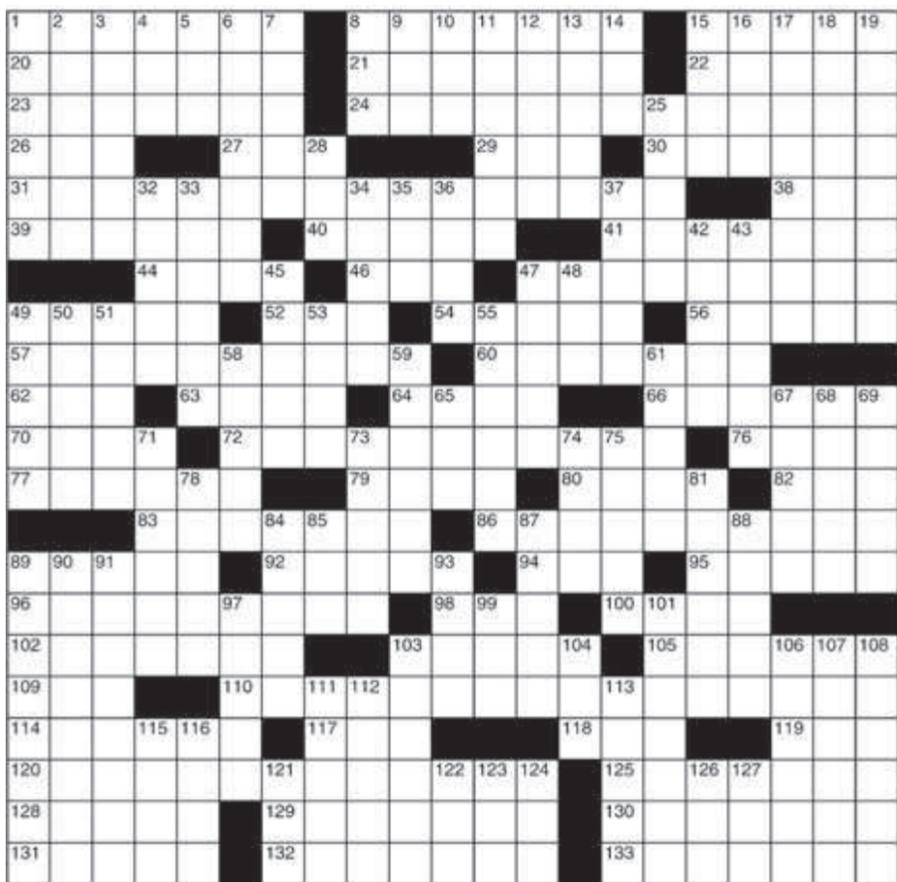
Creative dishes here include a “messy bowl” of shrimp and lobster, duck leg confit poutine, chicken under a brick with pickled watermelon and feta, and housemade Italian fritters.

West Palm Beach restaurants include Jereve, the open-kitchen modern concept on Dixie Highway with outdoor seating, Maison Carlos, also on Dixie Highway, and Pistache — a longtime favorite overlooking the fountains on Clematis Street offering French modern dishes.

Prices range from \$20 at lunch, to \$45 for certain dinners, though most are priced at \$30. No certificates or coupons are needed for the promotion, but reservations for the Flavor Palm Beach menu dinners are strongly suggested; many popular ones sell out. Not all serve the dinner daily — some are on selected weeknights. A diner’s tip: Lunch is usually easy to get into. ■

PUZZLES

TIME FOR A FRESH START



- ACROSS**
- 1 Keys that get "ticked"
 - 8 Mysteries
 - 15 Longtime Volkswagen model
 - 20 Port near Naples
 - 21 Allay
 - 22 Brand of deodorant
 - 23 SkyDome national anthem
 - 24 Harley-Davidson product
 - 26 TV's Sajak
 - 27 Meditation sounds
 - 29 With 64-Across, Japan's place
 - 30 A teacher prepares it
 - 31 Also called Nero's 111
 - 39 Political analyst Myers
 - 40 Devilish look
 - 41 Black-and-white bird
 - 44 Optical storage format for burning data
 - 46 Put- (pranks)
 - 47 Ranch jaunt
 - 49 "Socrate" composer Erik
 - 52 Black-and-white bird
 - 54 With 112-Down, backbeat instruments
 - 56 Billionaire Bill
 - 57 Marking the start of, as a 133-Across
 - 60 Homer epic
 - 62 Mani offerer
 - 63 Hydroxyl-containing compound
 - 64 See 29-Across
 - 66 Less jagged
 - 70 Cuts down
 - 72 Film set at Fater College
 - 76 Life-or-death
 - 77 Shoe part
 - 79 County south of Niagara
 - 80 — Pet
 - 82 Org. backing guns
 - 83 Like films, restaurants and bonds
 - 86 Key of Chopin's "Raindrop" prelude
 - 89 Less abundant
 - 92 Suspicious
 - 94 Bump hard
 - 95 Choir song
 - 96 #1 Beatles hit of 1964
 - 98 Unbroken
 - 100 Whaler, e.g.
 - 102 Non-rush-hour, say
 - 103 Pilot
 - 105 Some Japanese cartoons
 - 109 Uncle, in Rio
 - 110 Pampering treatment
 - 114 Carport's kin
 - 117 Meal crumb
 - 118 Sked guess
 - 119 Demier — (very latest fashion)
 - 120 Bed for eggs Benedict
 - 125 49ers' home, for short
 - 128 Fast Amtrak train
 - 129 Creator of Tigger and Eeyore
 - 130 Chemical salt in spinach and parsley
 - 131 Epoxy, e.g.
 - 132 How some things are chiseled
 - 133 An apt one is spelled out by combining the first two letters of nine Across answers in this puzzle
- DOWN**
- 1 14-legged crustacean
 - 2 Move out of Kansas city
 - 3 Kansas city
 - 4 Stimp's pal
 - 5 Gershwin the lyricist
 - 6 Granted
 - 7 "Me too"
 - 8 Bolt down
 - 9 Sydney's state; Abbr.
 - 10 Patricia T. O'Conner's "Woe —"
 - 11 Really go after
 - 12 Showy parrot
 - 13 Corporal on "F Troop"
 - 14 Sch. term
 - 15 Actress Fonda
 - 16 Bits of work
 - 17 Alternative to Wheat Thins
 - 18 Compound in pottery glazes
 - 19 Compounds paired with thymines in DNA
 - 25 Nobody — (mine alone)
 - 28 Sizzling bacon sound
 - 32 Munsters' boy
 - 33 Worship
 - 34 Japanese mushroom
 - 35 Author Kesey
 - 36 Fed Elliot
 - 37 After, to Gigi
 - 42 Israeli desert region
 - 43 Got silver, as hair
 - 45 Was too long, as a sentence
 - 47 Was given no choice
 - 48 Suffix with direct
 - 49 Fish-on-rice dish
 - 50 Trembly tree
 - 51 Meadows out
 - 53 — fruit (tangelo kin)
 - 55 Munched
 - 58 Not fitting
 - 59 Less distant
 - 61 "The way I —"
 - 65 Frazier fighter
 - 67 Black-clad mercenary
 - 68 Actor Flynn
 - 69 Update the arsenal of
 - 71 Hollywood's Meryl
 - 73 Dogfight
 - 74 "Mighty Bruins" sch.
 - 75 Frauds
 - 78 Old Yankee Combs
 - 81 Stepping (up)
 - 84 Analogous
 - 85 Hollywood's Stiller
 - 87 Middle Corleone brother
 - 88 Meat jelly
 - 89 Wear for mob quellers
 - 90 Promise to marry
 - 91 Beats into shape again
 - 93 Part of BYO
 - 97 Lots in life
 - 99 Nothing at all
 - 101 Paleolithic tool
 - 103 Trim up, say
 - 104 Adam and —
 - 106 Gordon of "Oklahoma!"
 - 107 Typo list
 - 108 One fishing with a net
 - 111 "— is an island ..."
 - 112 See 54-Across
 - 113 "Challenge accepted!"
 - 115 "— Ask of You"
 - 116 Composer — Carlo Menotti
 - 121 "Ball —"
 - 122 Mel's Diner waitress
 - 123 Orbit listing
 - 124 Born, to Gigi
 - 126 Rural denial
 - 127 Go by jet

◀ SEE ANSWERS, B7

HOROSCOPES

VIRGO (August 23 to September 22) Congratulations. You'll soon hear some positive feedback for all the hard work you recently put into a project. A Pisces could soon swim into your personal life.

LIBRA (September 23 to October 22) Someone whose friendship you felt you had to write off will try to revive it. What you do is up to you. But don't do it without giving it considerable thought.

SCORPIO (October 23 to November 21) A job-related plan might need to be reworked to allow for changes. Lucky for you that Saturn remains a strong influence that can help you focus on getting it done right.

SAGITTARIUS (November 22 to December 21) This is a good time to move into areas of self-discovery. You might be surprised about who you really are and how you really relate to those around you.

CAPRICORN (December 22 to January 19) Expect to confront someone who will make an unwelcome request. Stand by your resolve to do the right thing no matter what "persuasion" might be offered.

AQUARIUS (January 20 to February 18) A friendly competition could become more contentious than you expected. Take time out to discuss the reasons behind this unexpected change, and act accordingly.

PISCES (February 19 to March 20) You have a wonderful mind for solving mysteries, so you should feel confident

about solving the one developing very close to you. An unlikely source offers help.

ARIES (March 21 to April 19) Mars, your ruling planet, helps you deal with career challenges in a way that reflects some of your own hidden strengths. This impresses some important decision-makers.

TAURUS (April 20 to May 20) Your strong Bovine will, combined with your romantic nature (you are ruled by Venus), helps turn a romance with a potential for problems into one with more positive possibilities.

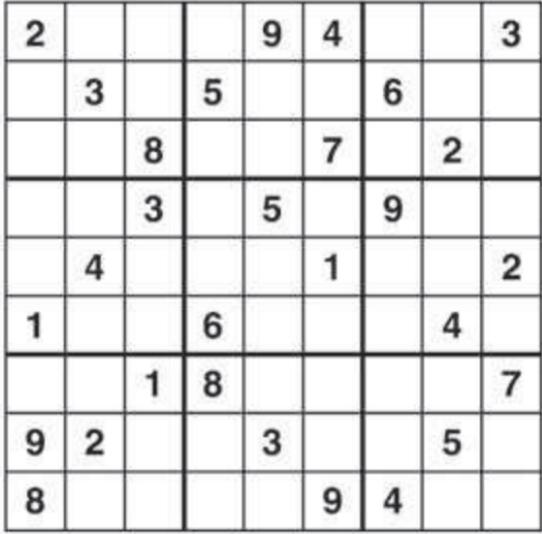
GEMINI (May 21 to June 20) Mercury's influence creates some unsettling moments, but nothing that you can't live with. You'll soon learn more about that major change that is about to be revealed.

CANCER (June 21 to July 22) Opportunities for you are like the phases of the Moon: constantly appearing and reappearing. So, cheer up. The opportunity you think you let slip by will be replaced by another.

LEO (July 23 to August 22) An opportunity that you hoped would open up for you remains closed. Stop wasting time scratching at it. Something else you'll like will soon make itself apparent and accessible.

BORN THIS WEEK: You're a great host or hostess. You love being with people, and you're very good at planning all sorts of social events that bring folks together. ■

By Linda Thistle



Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

★ Moderate ★★ Challenging ★★★ Expert

◀ SEE ANSWERS, B7

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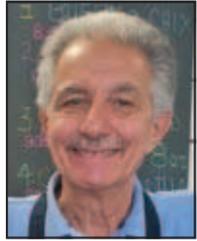
FLORIDA WEEKLY CUISINE

North Palm Beach's Crazy Cuban goes One Way

janNORRIS
jan@jannorris.com

It's round two for **Bill and Carrie Brogna** at their restaurant in North Palm Beach.

Their popular **Crazy Cuban** take-out spot in a small plaza along U.S. Highway 1 has morphed into **One Way Café**.



BROGNA

It reopened Aug. 23.

After 15 years strong as a lunch spot focused on sandwiches and housemade soups, its owner Mr. Brogna said it was time to update.

"We wanted to broaden our audience," he said. "A lot of people would see the sign and think we served Cuban food, and maybe pass right by. I'm not even Cuban — I'm Italian," he said, laughing.

The Cuban sandwiches and café con leche they served will remain on the menu. But since the owner's heart surgery four years ago, and a new appreciation for healthful lifestyles, he's updated the menu with a number of health-conscious foods.

Avocado toast at breakfast, a BLT, grilled chicken quesadillas and a blackened salmon salad with walnuts, apples and feta are among the dishes that the original chef, **Rodrigo Corona**, has

helped develop. Rice bowls and fish tacos are coming soon; the menu is still being created and right now, posted to a chalkboard.

"We had to reopen, we'd been closed long enough," said Mrs. Brogna. "We don't have our menus yet; the sign, the menus — all are on the way. We haven't even hung the light fixtures, either — they're sitting here behind the counter."

"It's been crazy. I had so many people calling to ask when we'd reopen," Mr. Brogna said. "My daughter came down from New York and we gutted the place. She designed all the walls and counters, the whole interior. Everything's new. We built it all ourselves."

The modern design includes white wood plank paneling on the walls, and a slatted wood fixed shade that covers the front window. The kitchen was expanded to add a new grill and oven, and the soda reach-in was moved out of the dining room to make more room for tables and the counter seating.

Diners can order at the counter and have a seat. Booths, counter, and tables seat 28, with six outdoor seats on the sidewalk to come. "They're for the smokers," said Mrs. Brogna.

But customers can expect the same fresh foods at breakfast and lunch, she said. "Everything is still homemade — even our balsamic vinaigrette. And of course our soups."

The housemade soups are a big draw among customers who missed the café while it was closed for the month-long renovation.

And the name? "My daughter picked it out," Mr. Brogna said. The Crazy Cuban moniker came with the place

they bought originally, so they left it — for 15 years.

"One Way, it's like the highway sign," Mrs. Brogna said. "You see a one-way sign, and you'll think: Let's go to One Way Café!"

Open for breakfast and lunch, One Way Café is at 11985 U.S. Highway 1, North Palm Beach. 625-3708.

Burger Bar gets new chef

Palm Beach Gardens' **Burger Bar** has a new chef, and a new, very experienced consultant.

Chef **Nunzio Billante** comes to Burger Bar most recently from the chain

La Brasa Grill and Rotisserie, but has notable stints with the **Big Time Restaurant Group**, where he developed the recipes for **Rocco's Tacos**, and **EPCOT's** iconic Mexican restaurant, **Hacienda de San Angel**, among others.

Helping broaden the menu and define the concept by identifying the customers is **Dennis Max**, longtime South Florida restaurant guru with dozens of success stories with both restaurants and chefs.

Mr. Billante has expanded the menu with a new section titled Beyond Burgers. Dishes for those nonmeat eaters include pan roasted salmon with an herb potato cake; local mahi with fried green tomatoes and chili mango relish, and chicken paillard, a simple chicken

breast with grilled zucchini and red pepper caper butter, and an ahi tuna with a sesame lo mein salad. Other of the chef creations are Cincinnati chili — spaghetti with chili; and prime beef meatloaf with giant onion rings and a mushroom BBQ jus.

Through his publicist, general manager **Kevin Taggart** said guest feedback is already a positive buzz around the new creations.

Mr. Max said there are other Burger Bars being considered. "I'm consulting right now, helping them refine their concept, and helping them to ID new locations. We're looking at South Florida: Boca Raton, Fort Lauderdale, Miami Beach."

Burger Bar is in the Donald Ross Village plaza, 4650 Donald Ross Road, Palm Beach Gardens; open daily for lunch and dinner. 630-4545.

In brief

The Grilled Cheese Gallery in West Palm Beach's **Northwood Village** has moved east a few doors to a bigger location. It took over the former **O-BO** spot on Northwood Road. The restaurant focuses on — what else? — grilled cheese and all its variations. Find them at 422 Northwood Road, West Palm Beach... **La Sirena's** family has returned from summer vacation in Italy and chef/owner **Marcello Fiorentino** will be showcasing some dishes from his travels as the restaurant reopens for its 30th year. It's a noted longevity in the restaurant world of South Florida. La Sirena is at 6316 S. Dixie Highway, West Palm Beach, and open for dinner nightly. ■

VINO

New Year's resolutions that we can make anytime we want

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Sorry ...I couldn't wait. The Chinese won't celebrate until the end of next January, but our Jewish friends are gearing up for their celebration in just a few weeks. So if you can't make resolutions now, then when?

I recently discovered an old column I'd saved from *The Wall Street Journal* from back in 2009, where then-wine writers Dorothy Gaiter and John Brecher made a list of 20 wine things to try in the new year. I said to myself, "Why wait?" After all, we can have wine fun whenever we darn well please. And many of the items on their list are well worth doing at any time of year.

For example, open a sparkling wine at home, just because you can. So many people save Champagne and other sparkling wines for a special occasion, but you can make any dinner special by popping the cork on a bottle of fizzy. There are dozens of reasonably priced sparkling wines on the shelves, many are Champagnes and others are made by the Champagne method. My favorite, mentioned in this space before, is Gruet, which comes from New Mexico, of all places. Their deliciously dry Brut is about \$18, and worth every nickel.

Try a wine from a different country. Of course, we tend to stick to wine types and producers we've sampled and

liked, but what about expanding your horizons a little? The red table wines from Portugal have become sensational values. The Portuguese have done a terrific job using the grapes traditionally vinified as Port (Touriga Nacional, Tinta Roriz, etc.) to make wines like the Quinta das Carvalhas Touriga Nacional Douro 2013, with plum, cocoa, spice and currant flavors all in the bottle for around \$20.

Shop at a wine store. Although I've written about buying wine in so-called "big box" stores, there are many advantages to patronizing smaller shops and being helped by a merchant who's caring, knowledgeable, and really understands wine. If you try a new wine and can't find it anywhere, an independent store can special order it for you. They hold tastings and other events where you can sample different wines and expand your horizons. They can put you on preferred customer lists and give you access to wines that may not be generally available. Building a relationship with a local wine retailer in your area is always a good idea.

Splurge, for once. People who can afford to drink a \$60-\$100 bottle of wine with dinner every night don't live at our house. But once in a while — not on a birthday or anniversary — go ahead and spend the money. Restaurant wine lists are often arranged by price, so start at the bottom where the "reserve" wines are, and just do it ...even if it's once a year.

Speaking of big wines, here are some suggestions in several price ranges.



Justin Isosceles 2012 (\$60) — This iconic wine from Paso Robles is a classic Bordeaux blend. Dark ruby garnet in the glass, aromas of plum, smoke, and bright fruit. The flavors are baking spice, cassia, vanilla, and black cherry. Needs time. WW 92-93.

Damilano "Lecinquevigne" Barolo 2012 (\$50) — It means "five vines" in Italian, and gives up Old World aromas of tobacco, leather and roses. The

earthy flavors persist through a long finish. WW 93.

Avant Red Blend 2013 (\$17) — A relatively new label from Kendall-Jackson, it's a very pleasing blend of six or seven red grapes. Blackberry and cherry on the nose, and the six months of oak aging adds a nice cedar note to the predominant cherry and raspberry flavors. WW 90.

Ask the Wine Whisperer

Q. — If a wine label says "Cabernet Sauvignon," is the wine in the bottle pure Cabernet, or are other grapes blended in?

— *Dominick B., Bonita Springs*

A. Depending on the laws of the particular state or region, the bottle must contain between 75 percent and 85 percent of the named varietal. So if the label says "Cabernet Sauvignon," there can be up to 25 percent of other grapes blended in, and they don't have to be disclosed. Most times, blending improves a wine, adding color, structure or aroma. Places like France, Italy and Spain don't list the name of the grape at all — just the name of the region it's from. For example, in the Southern Rhone, a red wine might consist of a blend of 10 to 13 different grapes, and the label will not let you know.

— *Jerry Greenfield, The Wine Whisperer, is creative director of Greenfield Advertising Group. His book "Secrets of the Wine Whisperer" is available on Amazon and at winewhisperer.com.*

FLORIDA WEEKLY CUISINE

In the kitchen with...

ALTHEA DRUMMOND,
Kersmon Caribbean RestaurantBY MARY THURWACHTER
mthurwachter@floridaweekly.comCOURTESY PHOTO
Althea Drummond founded Kersmon in 2007 and has drawn a growing crowd ever since.

If you didn't know better, you could easily drive right on by Kersmon Caribbean Restaurant. The 20-seat eatery is tucked into a little strip mall on the corner of Melaleuca and Jog in Greenacres.

But Kersmon's reputation for jerk and curry chicken, oxtail stew, rice and beans and fried plantains is widely known, thanks to word-of-mouth endorsements, fans of James Patterson books and reviews on Yelp.

Yelp's online dining guide routinely ranks Kersmon as the No. 1 restaurant in Palm Beach County and one of the Top 100 Places to Eat in the U.S. So people are finding the place. Lots and lots of people. Some Miami Dolphins have been seen eating at Kersmon. And Mr. Patterson became such a fan of Kersmon he wrote about the restaurant's chef/owner, Althea Drummond, in one of his books:

"Althea returned with a tray. Fried plantains. Rice and black beans. Oxtail stew. And a whole steamed and spiced grouper... We dug in. The oxtail was simply incredible. So was the grouper. So were the second and third Red Stripes." — Alex Cross in "Cross Justice."

Ms. Drummond is a fan of Mr. Patterson's, as well. They are a mutual admiration society. He loves her cooking. "He is very kind. Maybe he can help me get a cookbook published someday." Writing a cookbook is one of her goals, she said.

For the time being, however, Ms. Drummond has her hands full cooking and greeting guests. Once she learns their names, she doesn't forget them. Guests are like family to her, she said.

"She's like your Jamaican grandmother, if you had one — and I don't," said Stephanie Martin, a regular customer. "Kersmon is my favorite restaurant in the county," Ms. Martin said, "and I eat at a lot of good restaurants."

Born in Jamaica, Ms. Drummond, the oldest of three girls, learned to cook as a child. Her grandmother taught her.

"We lived in a rural area and we used the resources we had," she said. "There weren't so many prepared foods. No fast-food restaurants."

The family had chickens, a cow, a goat and crops — Spanish guava, Jamaican apples, carambola, guava, mangoes and sugarplums.

"Food and cooking is part of the culture," she said. Ms. Drummond had a restaurant and catering business in Kingston before moving to Florida in 2002. Kersmon (the moniker came from combining parts of the names of two of her nieces) opened in 2007, and Ms. Drummond quickly made it her own, with colorful furnishings and reggae music playing not too loudly in the background.

"I painted every chair myself," she said. And there's a rainbow of color on the chairs. The walls are colored green and orange and purple with paints she picked up at Lowe's in the "oops" section — colors returned by customers. Ms. Drummond could buy them at drastically reduced prices. Wall paintings, mirrors and other decorations were collected at garage sales and flea markets. Then she added her own artistic touches to most of them. "I like to use my hands a lot, not just for cooking," she said.

"On the island you never paid for certain things," she said. "So you become resourceful."

In her spare time, Ms. Drummond enjoys gardening. She enjoyed watching the Olympics, especially track and field.

"I got a track scholarship to a top high school in Jamaica," she said. Her specialties: long jump and triple jump.

But these days, it's Kersmon that keeps her running. And she's savoring every minute of it.

Althea Drummond**Age:** 52**Original Hometown:** Negril, Jamaica
Restaurant: Kersmon Caribbean Restaurant, 4622 S. Jog Road, Greenacres, 968-5656. Open Monday through Saturday for lunch and dinner.**Mission:** To serve the best Jamaican food anyone could ever produce.**Cuisine:** Jamaican, Caribbean**Training:** University of Technology in Kingston, Jamaica. Majored in hospitality and food service.**What's your footwear of choice in the kitchen?** No specific brand. I stick to comfortable shoes.**What advice would you give someone who wants to be a restaurateur or chef?** Work hard. There's no free space on your bingo card. ■COURTESY PHOTO
Paradiso offers elegant fare in an elegant space in downtown Lake Worth.**SCOTT'S THREE FOR 3** Places in downtown Lake Worth
A trio worth noting**1 PARADISO**

625 Lucerne Ave., Lake Worth; 547-2500 or paradisolakeworth.com.

Paradiso is a go-to spot for special occasions — especially since entrees can top \$48. But when your options include Half Roasted Duckling with Cassis Sauce, you have to pay the price.

The restaurant is Italian, but I am partial to the gazpacho — thick, rich chilled tomato soup that tastes more of Spain than Italy.

And the grilled octopus and squid are fork-tender.

2 DAVE'S LAST RESORT

632 Lake Ave., Lake Worth; 588-5208 or daveslastresort.com.

I've been coming to Dave's ever since it opened in 1999.

Why? It's bar food-plus, with everything kicked up a notch from where it has to be.

The cooks at Dave's do not shy away from heat in their conch chowder, and the sandwiches and entrees — is there anything more heartwarming than the sizzle of a fresh fajita platter? — are hearty and flavorful, from the 6.9-Mile Buffalo-style chicken sandwiches to the fish dishes. Dave's also offers a gluten-free menu.

COURTESY PHOTO
A quiet moment at the very popular Dave's Last Resort, which almost always is packed.**3 COUCO PAZZO**

915 Lake Ave., Lake Worth; 585-0320 or coucopazzo.com.

The name of restaurant means "Crazy Chef" in Italian.

But there's nothing crazy in the consistency of the food — classic Italian pasta and veal dishes, with a few thin-crust pizzas thrown in for measure, and a cioppino that's sure to whet your appetite for seafood on your next visit. I have friends who order the 14-ounce double pork chops each visit.

Couco Pazzo, just west of Dixie Highway, is off the beaten track for downtown dining, but it attracts quite a following during season.

— Scott Simmons

THE DISH: Highlights from local menus**The Dish:** Grilled Cauliflower Steak**The Place:** C.W.S. Bar & Kitchen, 522 Lucerne Ave., downtown Lake Worth; 318-5637 or cwslw.com.**The Price:** \$16**The Details:** I wasn't sure what to expect when I saw the cauliflower on the menu at C.W.S. It certainly seems to be a popular ingredient there — cauliflower mashed potatoes is one of the sides.

And it made an impressive vegetarian main course.

It's essentially a thick slice of cauliflower that's been grilled, then topped

with a mix of greens and dressed with vincotto, a sweet, potent balsamic vinegar. Confit tomatoes add dimension, as does the nutty quinoa served on the side.

The cauliflower had a wonderfully clean taste, though it didn't really blend with any of the other ingredients. It was heated through, but was al dente in texture, which made for tough eating.

Still, it was a satisfying dish, and it's nice to see restaurants willing to step up to the plate with bold vegetarian main courses. ■

— Scott Simmons



SCOTT SIMMONS/FLORIDA WEEKLY

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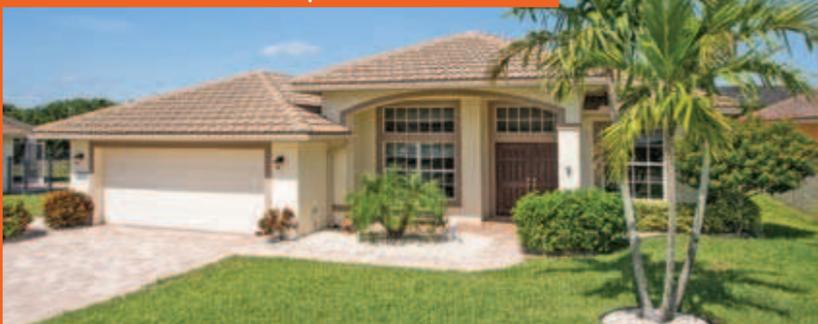
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Design with an artist's eye

Scott Robertson marries a lifetime of creative vision with elemental design

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CJ WALKER PHOTOGRAPHY

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A TRIO OF MAKEOVERS
A bedroom, a bath and a kitchen. **4 ▶**



Q&A
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Art Deco collides with classic French

Sofitel's contemporary architecture meets Roaring '20s Paris

Yes, South Florida is home to Art Deco.

We know it at a glance, in fact, thanks to streamlined 1920s and 1930s buildings across the Palm Beaches and, of course, the southern core of Miami Beach.

Sometimes the style blends with other design ideas, and it gets incorporated into contemporary architecture.

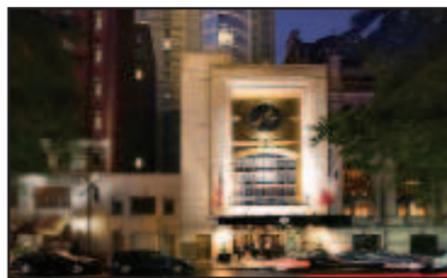
Case in point: Sofitel New York, the work of celebrated French designer Pierre-Yves Rochon and architect Brennan Beer Gorman. When the 30-story Midtown Manhattan hotel debuted, it was honored with the Emporis Skyscraper Award for best new skyscraper for design and functionality.

The lure of the property goes beyond a good night's sleep.

The Sofitel design/build team had a little help from a bygone era.

The namesake of Sofitel's Gaby Brasserie Française was a Parisian model who just 18 when she arrived in Manhattan. As the muse of couturier Paul Poiret, a fashion icon who designed the flapper dress, she worked as a lingerie model for Henri Bendel and appeared in Ziegfeld's "Ripples" and silent films. In the portrait that surveys the space, Gaby's presence still mesmerizes.

Sofitel's culinary program is helmed by French-born Executive Chef Sylvain Harribey, winner of Food Network's "Chopped." He is the architect of the restaurant's classic brasserie menu, but with a twist: think variety Hudson Valley foie gras scented with Cognac, pan-seared scallops with lemon poppy seeds and his signature French chocolate chip



bread pudding with salted caramel ice cream.

Massive bronze doors lead to the mahogany bar. Sofitel architects designed the dining room for people

watching, lining the 45th Street façade with multiple glass doors, just as you might expect at a French brasserie. It's a dark, elegant retreat, courtesy of the green marble-topped mahogany bar, stained glass and zebra-print banquettes and black marble flooring.

Those traveling to Manhattan who prefer a touch of Paris will find it at Sofitel, where 1920s supermodels and coq au vin blanc still go hand in hand. ■

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Photo exhibition at Art on Park Gallery



KATIE DEITS / FLORIDA WEEKLY

Artists of Palm Beach County's Art on Park Gallery debuted the "Photography 2016 Exhibit" of original unaltered photographs, with a solo exhibition by internationally renowned photographer Durga Garcia. It will be on display until Sept. 30 at the gallery, 800 Park Ave. in Lake Park. Info: artistsofpalmbeachcounty.org.

- 1. Sandy Friedkin and Durga Garcia
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- 4. Maxine Shreiber
- 5. Jean Hutchinson
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Making quick work of multifaceted makeovers

BY KELLY MERRITT

kmerritt@floridaweekly.com

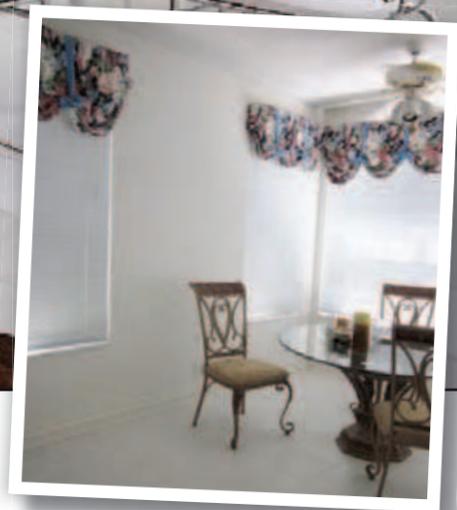
When it comes to makeovers, enthusiasm and work ethic go hand in hand. And in the case of Interior Designer Adelene Keeler Smith, a hearty helping of design love rounds out the magic trio that yields stunning results. This designing woman has a keen eye for transforming spaces great and small.



Adelene Keeler Smith



A whimsical screen offers interest to a dead corner and does not obstruct the view of this eat-in kitchen. Classic modern furnishings complete the look.



Delicious update

A bachelor's eat-in kitchen takes in lakefront views

Mrs. Smith's bachelor client purchased his home specifically for its views of the adjacent lake. And since so much of a home is centered on the kitchen, she set about marrying those vistas with a tasty design solution.

"It was a casual dining space, plus major construction wasn't an option — the existing white tile floors, ceiling fan and windows were all in pristine condition, so simplicity became the focus of the project," said Mrs. Smith, noting the challenge of changing existing metal micro-mini blinds that hindered the lake view. "We wanted to extend warmth and openness into that panorama so we replaced them with white wood venetian blinds and next transformed a dead corner using a whimsical floor screen."

Using modern classic furnishings like the Eero Saarinen tulip table, Mrs. Smith banished what she called cumbersome, heavy side chairs and installed light, "ethereal" pull-up chairs to match the wood tabletop for practicality.

"We created a lounge seating area so he could enjoy his morning fruit smoothie and newspaper and finally tied it all together using a Brazilian cowhide and other warm brown hues," she said.

"This was a project where we were working with new electrical, plumbing, drywall — everything possible that could be done — it was an exclusive 'his' bathroom for an older male client so I wanted it to very cool with a modern floating vanity, but with things like pull-out drawer storage and built-in lighting that could double as a nightlight," she said of the extras that were custom installed above the standard 36-inch height to accommodate the owner's 6-foot, 2-inch frame. "The large shaving mirror has a deep medicine chest with anti-fog and television components, flanked by twin cylinder pendants along with additional shower stall and general lighting."

No more dank and dark: The new seamless shower panel and door opened the shower space and the corner bubble tile details were embedded into an elongated wavy porcelain tiled field. Pendants, tiles and the high-rise toilet combined with strategically placed elements added visual height, too.

"This was all about functional beauty with an added personal touch of fine art," said Mrs. Smith of the vintage corporate logo that represented the owner's career as a Mobil Oil executive.

Teenage dream

Sweet sixteen remodel

In honor of their daughter's sweet sixteen and first prom, the parents of one teen commissioned Mrs. Smith to fashion a new bedroom scheme. The task? Incorporate the youngster's fondness for birds and Pennsylvania Dutch vivid colors and traditional motifs.

"It captured all the delights of coming of age to include two exclusive paintings commissioned by the designer plus the

Bathing beauty

A high-maintenance bathroom falls in line

The pre-construction task of transforming a dated condo bathroom required gutting it down to the metal studs and concrete slab.



Ask Karl
Interior Decorating & Design Blog



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Question: I am completely redoing my living room and I was just wondering are there basic rules to follow when arranging a living room?

— Bonnie of Jupiter Florida

Answer: Thanks for the great question yes there are certain important things to remember when arranging your living room. First you should try to establish a focal point and arrange furniture around it. Conversation areas are also something you want to remember so people can sit comfortably to talk to each other without straining or shouting. remember traffic flow and also always pull furniture away from the walls.

Thanks for using "ask Karl" for your great design question and remember we are here to assist you in your design challenges.

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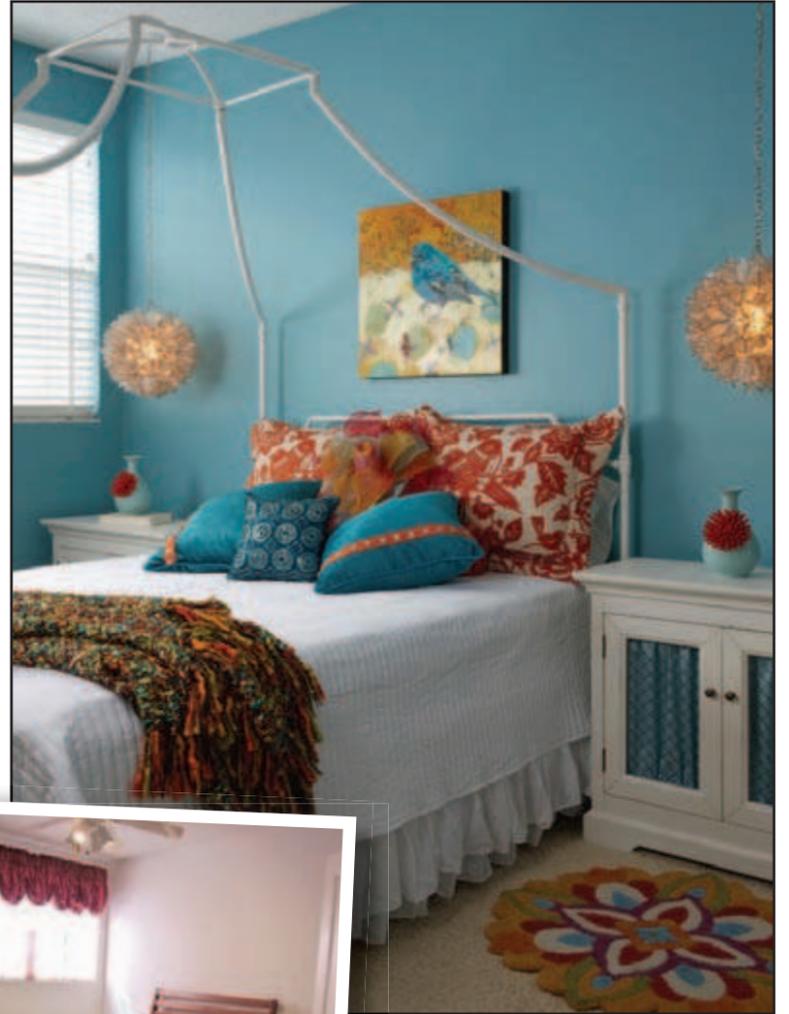
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This bathroom was redesigned to accommodate its tall owner; artwork honors his career with Mobil Oil.

ple trims and materials for a layered effect.” Mrs. Smith added colorful area rugs to match the mirrored desk that doubles as homework station and vanity. The makeover resulted in a room that will easily allow this young woman to transition from high school to college and beyond. ■

Adelene Keeler Smith Design
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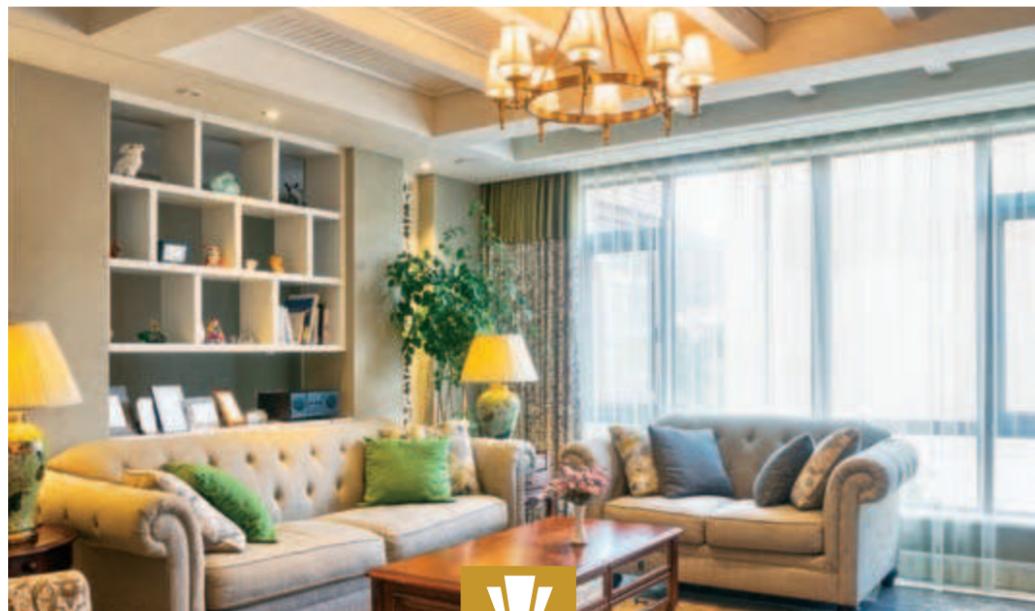


Bold colors and graphics update a teen’s room. The scheme is playful, but sophisticated enough to see her through to college and beyond.

parents’ request that I incorporate existing ceiling finish, fan, carpeting and window blinds to economize,” said Mrs. Smith. “I hung capiz pendants help to establish dimension and balance for the final placement of ‘Blue Bird’ fine art and canopy bed, plus custom fabricated reversible bed shams combined with plain discount pillows upgraded and embellished with sim-

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Design with an artist's eye

Scott Robertson marries a lifetime of creative vision with elemental design

BY KELLY MERRITT

kmerritt@floridaweekly.com

In "Prince of Tides," novelist Pat Conroy famously wished for "two lives apportioned to every man and woman."

For Scott Robertson, this is life imitating art — literally.

The former fine art and decorative painter transitioned into a second career, hanging up his paintbrushes to launch the Lake Worth-based design business Scott Robertson Interiors.

One of his last projects was working on the jaw-dropping ceiling at The Breakers Hotel in Palm Beach. It is one of many projects in which the artist takes pride, but now he is making high marks in the design community.

"After 20-plus years doing decorative painting for some of the most famous designers in the nation and some of the most beautiful homes in Palm Beach I had paid attention to what makes a beautiful room and also to



Scott Robertson was a decorative painter before becoming a designer.

customer service," said Mr. Robertson, who had spent a lifetime standing on scaffolding and knew it was time to shift gears.

He didn't just hang a shingle and call himself a designer. He went back to school and got a design degree and went to work for a design firm in Delray Beach before going out on his own. Mr. Robertson's ability to work in

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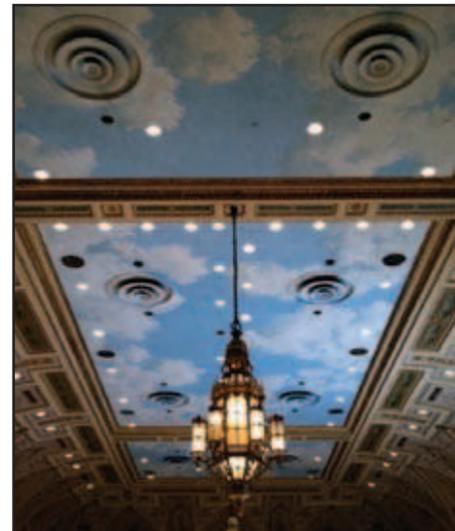
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“I love what I do and my favorite part of the job is working with the clients, because I love interacting with people and helping them create their home.”

— Scott Robertson



many styles keeps things interesting, but his favorite part of design work is people.

“I love what I do and my favorite part of the job is working with the clients, because I love interacting with people and helping them create their home,” he said. “It is a very rewarding job and I frequently joke that I can’t believe I get paid for doing this.”

One of the reasons Mr. Robertson’s clients clamor for his design acumen is not just to buy things, but because he is all too happy to incorporate a client’s existing collection into a design and to work around special pieces that mean something.

“In many ways it’s about being able to curate their objects, possessions in their home, things they love and have collected put it together in a new context that honors them and the object and this creates an interesting space,” he said. “Items that are precious to homeowners tell the story of who they are and what they have done and accomplished through their lives.”

Mr. Robertson is quick to point out that a comfortable home is not just

about acquiring possessions, but balancing what to keep and what to discard.

“Everyone talks about green design these days — I tell clients when we begin working together, ‘don’t throw that away just yet’ — it doesn’t get any greener than that,” he said. “They’ll often say they love this chair or that painting and then we’re off and running.”

In one of his favorite recent projects, Mr. Robertson designed a living room for a couple about to become empty nesters. With kids headed off to college, Mr. Robertson focused the furniture plan inward. In the case of another living room, he recycled his clients’ collection of vintage rattan and pine pieces, giving them a fresh look with a new color palette and a refinished floor.

“For a sitting area in the master bedroom of a Montreal apartment, I applied a golden color scheme to warm up the winter days the homeowners don’t spend in Florida,” he said.

For many homeowners, art is a major component. While Mr. Robertson has transitioned from painting to designing, his background never fails to be help-

ful to his clients, in particular in the trompe l’oeil department. That French term means to fool the eye — faux painting is one aspect of it, he says, while decorative painting on a whole encompasses stenciled ceilings to painted floors to wall finishes to murals to gilding, the range of what a homeowner might choose is dizzying.

In a town where what you put on your walls can outshine your couture, Mr. Robertson’s understanding of placement keeps him in high demand. It also fuels courage and color in design, like the bedroom he designed for the Red Cross Designer show house earlier this year. Helping clients manage beloved furnishings and new acquisitions is only part of the equation.

In much the same way that art evokes a feeling, Mr. Robertson understands how a room or set of rooms can have that same power. In the master bedroom and sitting room combo he recently designed, he had a purpose in mind.

“We selected a low-key color palette and what that did was set a restful mood,” he said. “In another project, a large architectural drawing from Radio

City and a painted floor gave a sitting area a bold impact in a cool quiet color scheme.”

In another home, an antique Bessarabian carpet set the style for the space, which anchored the client’s collection of antiques for a relaxed, but traditional room.

“If we have to throw everything out and start new we can do that — because it’s about creating their home, whether that means outfitting the home with all new items or looking for antiques and vintage items that help us tell that home’s story,” he said. “Rooms are for living.” ■

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SMARTYPLANTS

cultivates a Zen approach to plants

Most folks grew up with the neighborhood garden center.

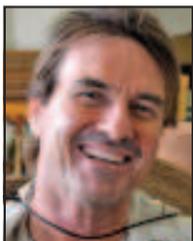
Remember those? Local folks sold flora guaranteed to bloom where it was planted.

Season ended for many of those local garden centers in the '80s and '90s, as big-box retailers came to the fore, often offering plants to the public at prices less than what those local retailers were paying wholesale.



EDWARDS

But big-box retailers aren't for everyone, and that's where SmartyPlants comes in.



HARDING

The Lake Worth store takes a Zen approach to garden centers, courtesy of owners Paul Harding and Marta Edwards.

New Age music plays in the background as wind chimes catch the breeze. Water splashes in the fountains as customers stroll among the plants.

You can design your own space, or you can call on SmartyPlants to do it — the firm designs and maintains landscapes across South Florida.

Mr. Harding and Ms. Edwards took a break to share tips.

What tips would you offer customers to begin the process of decorating with plants?

Landscaping is truly decorating with plants and it is like anything else — there is a learning curve if this is something new to you. It is important to select a landscape theme that is congruent with the style of the house to be landscaped. Drive around to get ideas or the feel you want and determine how much maintenance you are willing to undertake. Explore Florida's native plants as alternatives and consider creating a garden that brings butterflies and birds to your yard.

What are some questions clients should ask before spending a lot of money on plants?

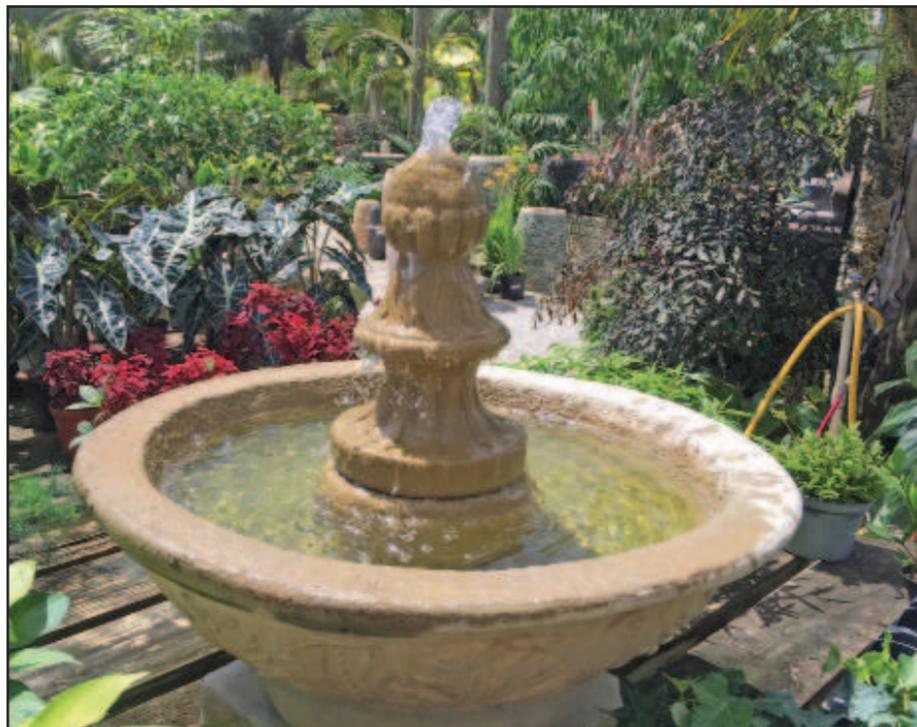
The old adage "right plant, right place" is so important. Are the plants you like appropriate for the exposure and conditions throughout the day? Are those plants susceptible to pests? Also, when and how to properly prune and fertilize is important to know and implement so your plants will perform and meet long-term expectations.

Is there a favorite trend in tropical plants right now?

Tropical plants have always been popular and will continue to be popular especially for people who live here seasonally. They want lush colorful gardens, and who can blame them? For Floridians, there is a definite increase in desire to create butterfly gardens. Numerous people come in asking for butterfly host and nectar plants which is wonderful. We see a less steep trend but a noticeable one to create gardens that incorporate South Florida native plants in the landscape — they require less care in the long run than their tropical counterparts. And finally, a markedly upward trend can be observed in decorating with succulents. This can be a challenge in South Florida during wet summers, but it can be done. Succulents



SCOTT SIMMONS / FLORIDA WEEKLY



perform especially well during hot dry summers like we have been experiencing.

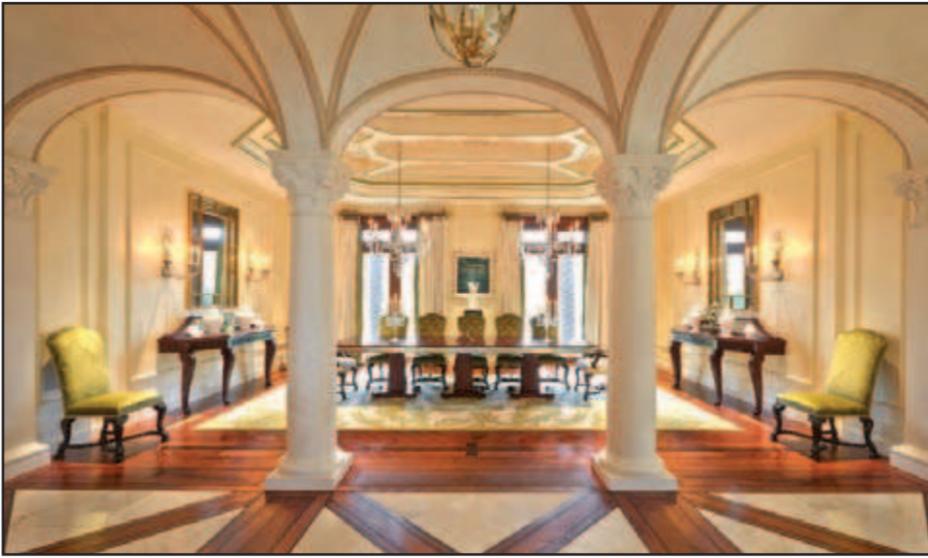
Which trends are you glad to see go away?

Sod! We are seeing more and more people give up on sod after replacing patches of their grass or replacing the entire yard multiple times. People say, "I want to sod the yard because I want low maintenance..." but this is inaccurate. Sod and low maintenance in the same sentence is an oxymoron. Sod requires regular water, regular fertilizer, herbicide and pesticide applications plus weekly mowing, which is a lot more than many shrubs or groundcovers need.

Also, we'd like to say goodbye to the concept of creating a monoculture hedge, which entails using one plant along the entire length for screening or decorating purposes. Trimming is required less often on a non-monoculture hedge and plants may be allowed to grow in their natural shape and size. ■

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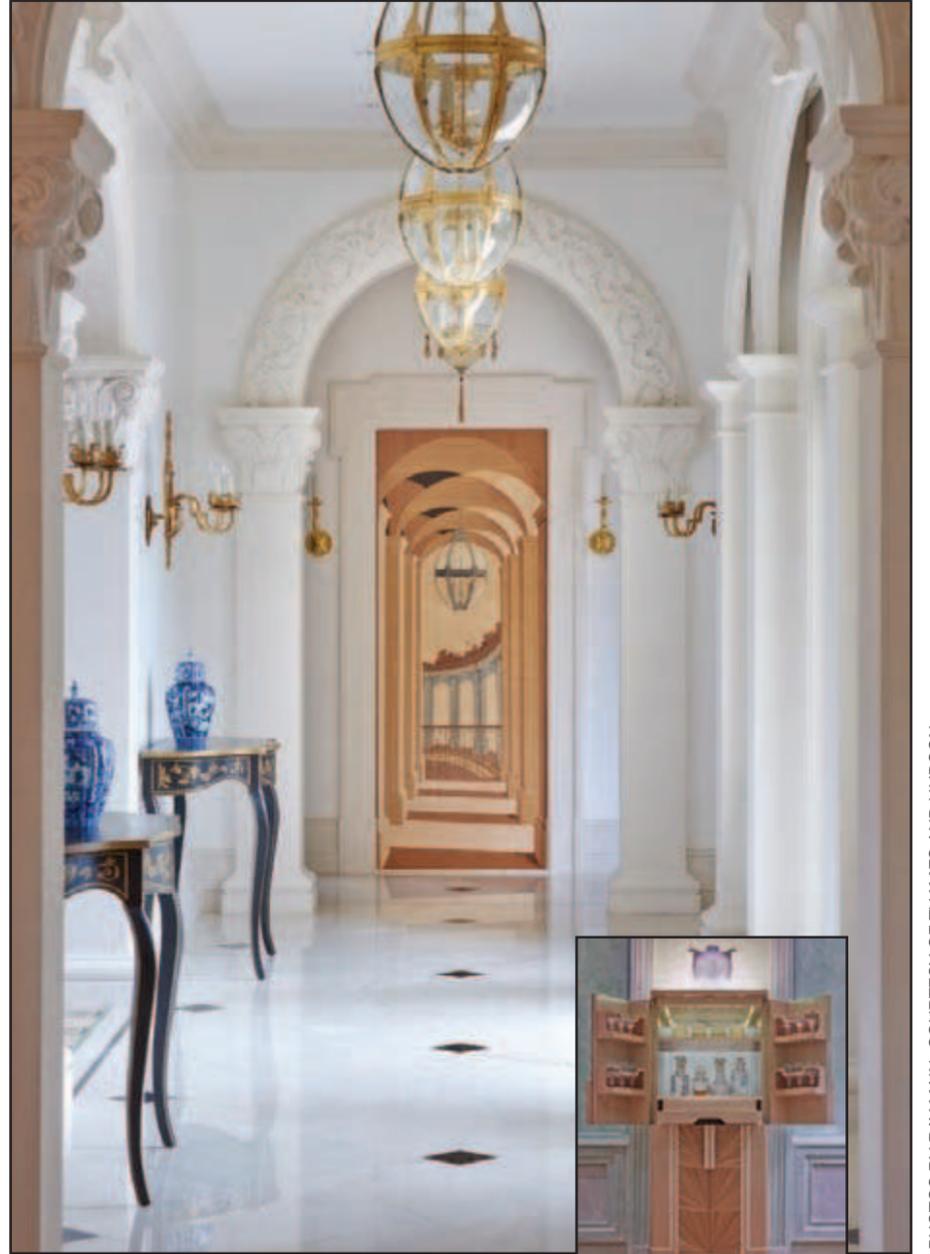
Pieces of the past come to life in modern designs

From Thames and Hudson comes an instant design classic from Tim Gosling that sure to become a staple in the libraries of fine homes.

Mr. Gosling has a knack for interiors that get noticed. In his book, "Classic Contemporary: The DNA of Furniture Design," Mr. Gosling takes readers on a journey that heralds a broad range of enduring design inspirations. His striking timeline is assembled in impeccable detail, with sources that date back to the 18th century and carry the reader through the 20th century.



It all flows together to illustrate why past designs have had such a durable shelf life and still inspire contemporary spaces. He calls this "the DNA of classic design," which he explains in his comparisons of eras. In these pages, those who appreciate Regency, Victorian, Art Deco and Modernism will find new things to love through the eyes of this visionary designer. It follows Mr. Gosling's "Classic Design for Contemporary Interiors" and an assemblage of his pencil sketches titled "London Secrets: A Draughtsman's Guide." ■



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