

PALM BEACH GARDENS & JUPITER

FLORIDA WEEKLY®

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WEEK OF AUGUST 18-24, 2016

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INSIDE:

■ Could software upgrade deter a malicious driver? **A12**

■ Self-driving cars could be here in 5-10 years, one expert says. **A13**



■ Another voice: We're a long, long way from self-driving cars. **A12**

Technology for self-driving cars is exploding, but are we ready?

The road to autopilot



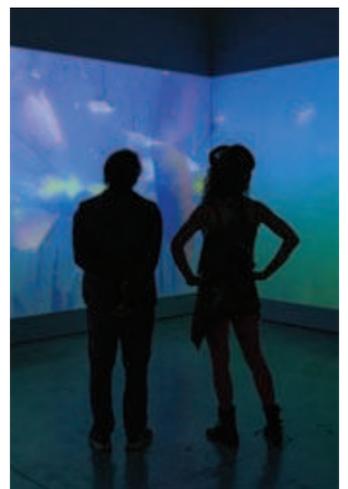
BY EVAN WILLIAMS

ewilliams@floridaweekly.com

ON A HOT JUNE MORNING THIS summer, a staff meeting of Kitson & Partners Babcock Ranch town planners crowded into the reception area of their offices east of Fort Myers and listened to a speaker, Larry Burns, explain the future of cars as he sees it.

Babcock Ranch in Charlotte and Lee counties is scheduled to open next year and eventually be home to some 50,000 people. They are also considering how to make self-driving cars a normal part of everyday life for residents and a test for how smart cars could change the way the we

SEE CARS, A13 ►



Water lilies

Norton offers a different view of Monet's iconic plants. **B1 ►**



Behind the Wheel

Honda Civic gains a new attitude. **A16 ►**



Society/Networking

See who was out on the town. **A20, B8-10 ►**



In the Kitchen

We check in with Dustin Parfitt of Oli's Fashion Cuisine in Wellington. **B15 ►**

Meals on Wheels founder Charlie Ring retiring, sort of...

BY MARY THURWACHTER

mthurwachter@floridaweekly.com

It's been six years since Charlie Ring founded Meals on Wheels of the Palm Beaches, an organization that delivers nutritious meals to homebound seniors. Now it's time for Mr. Ring to move on to something else.

The something else won't involve a rocking chair, but a golf course plays into his near-future agenda.



RING

November. Visiting the parks has long been a passion of Mr. Ring and his wife

"I plan to take a few months off and play a little golf," said Mr. Ring, who was born and raised in West Palm Beach. "I used to be a pretty good golfer."

His R&R agenda also includes a trip to a national park in

of 44 years, Patty. "We've been to most of them. We stay in the parks when we can, we hike and we enjoy ourselves."

After the time off, Mr. Ring, who lives in Palm Beach Gardens, intends to continue his consulting work with The Quantum Foundation, a local grant-making organization that supports health projects. He can share what he has learned with other fledgling nonprofits.

Meals on Wheels has come a long way in

SEE RING, A10 ►

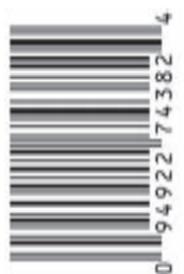
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COMMENTARY

Profiles in courage



leslieLILLY

lilly@floridaweekly.com

If the 2016 presidential election is any indication, there is no joy in Mudville; nor will there be any time soon. You remember Mudville. It is that mythical place immortalized in a famous baseball poem written in 1888. The poem remained popular all these years because its narrative is a familiar one.

It goes something like this: It's the bottom of the ninth. The hometown team is up, with two outs and two men on. Mudville's last hope, the mighty Casey, is up at bat. He's two strikes down. Then comes the final pitch. Casey whiffs the ball. It's game over. The loss settles over Mudville like a funerary drape.

It is a tale of a date with destiny, of a people and a place confident all was going to end well despite the precariousness of the team's situation. But, alas, it didn't.

Here's a modern but similar version: Team America is locked in a heated contest with a visiting team from a rogue league. The homeland's democratic traditions and values are at stake. It has been up to this moment, a brutal and exhausting competition, a winner-take-all fight.

The final inning is at hand. The last pitch is about to be thrown. Team

America has lost its certainty. Will the homeland win or lose? No one knows. The game has never before been played like this.

The star players are flawed. The stakes are impossibly high. Anger and fear infect the crowd. Catcalls rise that the game is rigged. Tensions spiral out of control. Fans spill onto the field, throwing punches at the players and each other.

This is no one-time matchup of rival teams; it is an electoral process on the verge of implosion. The parties' umpires are fleeing for cover, unable to rein in the crowd nor call the game. You have a feeling of dread this will end badly.

In such a contest, fair play and decency are passé. Trump denigrates a Gold Star family. He says the sacrifices he made to become a billionaire are comparable to that of a soldier sacrificing his life for his country.

He indulges in displays of world-class petulance, snubbing his Republican colleagues. Bad daddy is instructed by daughter to write 500 times, "I am a loyal Republican." He whines but submits to party discipline with the enthusiasm one reserves for a root canal.

The Democratic nominee, Hillary Clinton, has her own troubles, what with the ceaseless drone about her e-mails, her nuanced replies, feigning how deeply she regrets doing nothing wrong, the accusations of pay-to-play linked to her foundation's trolling for donors. Still, her favorability in the polls is increasing

in comparison to Trump, the scarier and more dangerous alternative.

Trump's fitness for the office is an open question, a product of his own deeply unsettling political persona. In reply to those alarmed by his erratic behavior, Trump says Hillary is the crazy one. But it won't stick.

In true Trump fashion, he has established himself as the brand for the meaning of crazy in a political context. His attitudes, behaviors, and public statements ensure his candidacy is the one to which all others will be compared on the not-fit-for-the-office measure.

Sen. Susan Collins, R-Maine, has done the principled thing, citing Trump's temperament, judgement and lack of self-restraint as why she is abandoning her party's candidate. She makes no claim on anyone else's right to make their own decision. Nor is she endorsing Clinton. But her action is indicative of the gravity in our choice of the next president. Trump says his supporters will vote for him even if he shoots someone in Time Square. It's the lowest bar for citizenship anyone has ever set for this country.

Republicans supporting Trump face the same moral crossroads as Collins: Will they put party before country and support their party's nominee, even if a Trump presidency puts the nation at risk?

John F. Kennedy would have described this as a "Profiles in Courage" moment, when an individual is faced with a grave

moral choice to do the right thing. His book on the subject was a Pulitzer Prize winner. It tells the stories of political leaders who defied their party's and constituents' opinions and did what they believed was in the country's best interest, courageously and often at great personal and professional sacrifice. History proved them right.

On the matter of party before country, Kennedy wrote, "We believe in this country in the principle of party responsibility, and we recognize the necessity of adhering to party platforms — if the party label is to mean anything to the voters. ... But when party and officeholder differ as to how the national interest is to be served, we must place first the responsibility we owe not to our party or even to our constituents, but to our individual consciences."

This election is not about the candidates or the parties. It is about doing what is best for the country and voting your conscience. ■

— Leslie Lilly is a native Floridian. Her professional career spans more than 25 years leading major philanthropic institutions in the South and Appalachia. She writes frequently on issues of politics, public policy and philanthropy, earning national recognition for her leadership in the charitable sector. She resides with her family and pugs in Jupiter. Email her at lilly@floridaweekly.com and read past blog posts on Tumblr at lilly15.Tumblr.com.

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8 Years

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SEPTEMBER

COMMUNITY EVENTS & LECTURES



Smoking Cessation Classes

Several One-hour Sessions

**Wednesday, Aug. 31, Sept. 7, 14, 21, 28
and Oct. 5 @ 5:30-6:30pm**

Palm Beach Gardens Medical Center // Classroom 4

Palm Beach Gardens Medical Center is teaming up with The Area Health Education Center to provide education on the health effects related to tobacco use, the benefits of quitting and what to expect when quitting. A trained Tobacco Cessation Specialist guides participants as they identify triggers and withdrawal symptoms and brainstorms ways to cope with them.

Reservations are required.



**The New Cardiovascular Stent –
A Leading-Edge Option**

Edward Mostel, MD

Thursday, September 15 @ 6-7pm

Palm Beach Gardens Medical Center
Classroom 4

Join Dr. Edward Mostel, interventional cardiologist on the medical staff at Palm Beach Gardens Medical Center, for an educational lecture on the revolutionary fully dissolving heart stent that disappears after the treated artery is healed. Palm Beach Gardens Medical Center is the first hospital in South Florida and the Treasure Coast to commercially utilize this innovative stent in the treatment of coronary artery disease.

Light dinner and refreshments will be served. Space is limited.



Hands-Only Adult CPR Class

Tuesday, September 20 @ 6:30-7pm

Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival. Palm Beach Gardens

Medical Center sponsors a monthly CPR class for the community, held at the Palm Beach Gardens Fire Rescue. Local EMS will give a hands-only, adult CPR demonstration and go over Automated External Defibrillator (AED) use. Participants will have the opportunity to practice their new skills using CPR manikins.

Reservations are required.



FREE COMMUNITY SCREENINGS

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Publisher

Barbara Shafer
 bshafer@floridaweekly.com

Editor

Scott Simmons
 ssimmons@floridaweekly.com

Reporters & Contributors

Leslie Lilly
 Roger Williams
 Evan Williams
 Janis Fontaine
 Sallie James
 Mary Thurwachter
 Katie Deits
 Amy Woods
 Steven J. Smith
 Andy Spilos
 Ron Hayes

Presentation Editor

Eric Raddatz
 eraddatz@floridaweekly.com

Graphic Designers

Chris Andruskiewicz
 Hannah Arnone
 Alisa Bowman
 Amy Grau
 Paul Heinrich
 Linda Iskra
 Kathy Pierotti
 Meg Roloff
 Scott Sleeper

Sales and Marketing Executives

Lisette Arias
 larias@floridaweekly.com
 Alyssa Liples
 aliples@floridaweekly.com

Sales and Marketing Assistant

Betsy Jimenez

Circulation Manager

Willie Adams

Circulation

Evelyn Talbot
 Headley Darlington
 Clarissa Jimenez
 Giovanni Marcelin
 Brent Charles

Published by

Florida Media Group LLC

Pason Gaddis

pgaddis@floridaweekly.com

Jeffrey Cull

jcull@floridaweekly.com

Jim Dickerson

jdickerson@floridaweekly.com

Street Address:

11380 Prosperity Farms Road, Suite 103
 Palm Beach Gardens, Florida 33410
 Phone 561.904.6470 n Fax: 561.904.6456



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PALM BEACH GARDENS & JUPITER
FLORIDA WEEKLY

OPINION

The differences are stark when comparing candidates



rogerBUCKWALTER

Special to Florida Weekly

It comes down to issues and temperament. That's how we should compare presidential candidates — and this year the differences are stark.

These criteria are interrelated. Positions on issues indicate a philosophy. Temperament, including judgment, indicates how a president might implement that philosophy.

Comparing the candidates' positions is hard because Donald Trump is simplistic rather than substantive, but consider these examples.

On Muslims, Trump opposes their entering the U.S. and questions the loyalty of Muslim Americans. Hillary Clinton would work with Muslims against terrorism, not stigmatize them all and alienate them.

On torture, Trump favors waterboarding and "worse." Clinton advocates legislation banning this barbarism, which violates basic morality.

On NATO, Trump undermines the U.S. commitment, while Clinton reiterates our long bipartisan support for that successful alliance.

On immigration, Trump would deport everyone here illegally and wall off Mexico's border, which Mexico surely won't finance. Clinton wants comprehensive reform and continued protection for people brought here as children.

On guns, Trump briefly opposed purchases by those on the no-fly and terrorist watch lists, a stance Clinton maintains. Clinton also would extend background checks, repeal gunmakers' legal immunity and stop assault rifle sales — not, as Trump lies, confiscate guns and abolish the Second Amendment.

On climate change, Trump calls it a hoax and would end fossil fuel limits. Clinton sides with scientists, saying it's real and we need clean energy.

And on infrastructure, there's a rare agreement, to upgrade roads, bridges, airports, seaports and other facilities.

Overall, Clinton's positions are far more constructive and realistic.

Temperament is critical because a president represents our country, and judgment is essential because we must trust that leader to handle problems we can't foresee and candidates can't address. This election, those qualities are being intensely debated.

The party of Abraham Lincoln — who heroically fought racism by freeing the slaves, the party of Theodore Roosevelt — who led progressivism in the early 1900s, has nominated for president Donald Trump — who unabashedly inflames violence, and racial, religious and ethnic hate.

That presents a profound choice for Republicans, who want to win yet preserve their party's principles. In 2016, they must not let the party of Lincoln become a bastion of bigotry.

Look at Trump's childish name-calling — such as "Pocahontas" to insult Elizabeth Warren's Native American heritage, "Mexican" to slur a judge of Hispanic ancestry, and pathetic labels to ridicule rivals. In trying to demean others, Trump demeans only himself. Clinton does none of this.

Look at Trump's assertion of toughness. In reality, bombast and bullying confess that one's arguments are too weak to prevail with rationality. Truly strong people, especially presidents, don't rely on narcissistic bragging. Clinton doesn't project faux toughness, just real steadiness.

While Trump's belligerence may be a pose, it incites a menacing passion in some followers. Yet beneath their bravado, they actually seem afraid. Their comments suggest they fear changing ethnic and racial demographics, an African-American as

president, globalized economic competition, immigration, and equal rights for gay and transgender people. They apparently fear an overdue end of exclusions that devalued fellow humans.

Look at Trump's impetuosity, speaking without careful thinking: about Muslims — where his entry "ban" initially was "total and complete" but repeatedly has been altered; about abortion — where he wanted women punished but later backtracked; about veterans — who he claims to "love" after disparaging POWs; about the disabled — where he mocked a disabled reporter, then tried to deny it; and about nuclear proliferation — where he ignores the dangers.

A president — whose every word has impact — cannot be rash. Clinton is indeed cautious and nuanced, which a president must be.

And look at Trump's detachment from reality. He lives in a world of birther nonsense, Benghazi canards, illusions that New Jersey Muslims cheered 9/11, and other hallucinations. Clinton harbors no such fantasies.

Concerning judgment, both candidates have had lapses.

Clinton's came when she used an unsecure private server for official e-mails and voted for the Iraq war. But she acknowledges those mistakes. Trump won't admit the mistakes of his intemperate speech and mixed business record.

In the end, who has the positions, thoughtfulness, temperament and, yes, judgment to deal with four years of known and unknown challenges?

By all those standards, Donald Trump is manifestly unfit for any high office, let alone the presidency. Hillary Clinton certainly has flaws but given the alternative, she's clearly the better choice. ■

— Roger Buckwalter of Tequesta is a retired editorial page editor of The Jupiter Courier.

Obama's parting shot



richLOWRY

Special to Florida Weekly

The Obama administration is entering its final months, but it's never too late to further diminish U.S. influence and discomfit our allies.

President Barack Obama is considering adopting a policy of "no first use," i.e., declaring that the United States would never use nuclear weapons except after a nuclear attack on itself or its allies. From Obama's perspective, this change would have the dual advantage of being something he can legitimately do on his own and representing a radical departure in the country's nuclear doctrine.

For 70 years, presidents of both parties have maintained a posture of nuclear ambiguity. We wanted enemies to have to contemplate the possibility of a U.S. nuclear response to acts of aggression. This added an extra element of uncertainty and risk to potential attacks on us or our friends, in the hopes of deterring them in the first place.

Advocates of no first use urge that

we get beyond "Cold War thinking," a favorite line of President Obama's as well. The end of the Cold War indeed changed the strategic environment, but it didn't make nuclear weapons obsolete, or render age-old concepts like deterrence inoperative, or eliminate international conflict.

Declaring no first use would kick away an element of our nuclear deterrent. Yes, we no longer have to worry about deterring a massive Soviet army facing west. But Vladimir Putin has already changed the borders of Europe through force, and there's no reason to think he's necessarily done. A RAND Corp. study says that Russian forces could reach the capitals of the Baltic States in less than 60 hours.

Why would we make Putin's calculation any easier, or ease the minds of other potential aggressors like China and North Korea? We might never use nuclear weapons in response to a conventional attack, no matter how brazen. Obviously the risks in resorting to nuclear weapons would be mind-boggling, but taking the possibility off the table serves no purpose. If we are going to have nuclear weapons, we should take advantage of their deterrent effect. Relying entirely on conventional forc-

es for deterrence would require more military spending and more forward-deployed assets by us and our allies. Of course, the analysts and activists who argue for no first use tend to be the same ones who think we spend too much on defense. One of these things does not go along with the other.

Our allies are freaked out about the prospect of no first use. They have long relied on our nuclear umbrella, and if it is being pulled back, countries like South Korea and Japan will need to reconsider their decisions to forswear nuclear weapons. This is why no first use would contradict President Obama's opposition to nuclear proliferation, and make Global Zero — the disarmament movement's goal of a world free of nuclear weapons — even more of a pipe dream.

In short, there is nothing to recommend no first use unless you are a lame-duck president heedless of strategic reality and looking to make a gesture of anti-nuclear righteousness. No first use would make the world, at the margins, a more dangerous place — and be a perfect parting shot for President Obama. ■

— Rich Lowry is editor of the National Review.

South Florida Science Center announces new board members

SPECIAL TO FLORIDA WEEKLY

The board at the South Florida Science Center and Aquarium has grown by three.

Mary Fairbanks Freitas, Julie S. Holmes and David John Stiles Nicholson joined the nonprofit's board of directors starting July 1. Their responsibilities include advisement in their respective areas of expertise and providing ethical and financial oversight.

"We are pleased to welcome such distinguished community leaders to our board of directors," said Matthew Lorentzen, chairman of the board. "The Science Center has experienced much growth, but there is so much more to accomplish. It is an honor to have the support of Mary, Julie and David, who bring experience and a fresh perspective to their new roles."



FREITAS

Ms. Holmes is vice president of human resources for Florida Power & Light and NextEra Energy's Nuclear Division. She plays a key role managing at NextEra Energy, primarily through talent management, leadership development and organization effectiveness.

In addition, she is accountable for corporate labor relations, corporate safety, and learning and developing through NextEra University.



HOLMES

Ms. Holmes has a bachelor's degree in public affairs from Indiana University and a juris doctor degree from California Western School of Law.

Ms. Freitas holds a bachelor's degree in media communications from Florida State University.

She worked in radio and television, including locally for WPTV NewsChannel 5 and for radio stations WRMF and WJNO, after completing her studies. Ms. Freitas, along with her husband, Mark, are well-known for their support of nonprofits locally through the Mark and Mary Freitas Foundation. Their philanthropic efforts focus heavily on

children and medical research.

Ms. Freitas is a trustee of the Preservation Foundation and the town of Palm Beach United Way. In addition, she is a board member of the Historical Society of Palm Beach County, a member of the development committee for the Rosarian Academy and a founder member of the Kravis Center. She recently co-chaired the Science Center's 2016 "Science of Happiness" benefit, and will again co-chair the 2017 fundraiser, with the help of Caroline Cummings Rafferty and Elizabeth Gordon.

Mr. Nicholson received his bachelor's degree in electrical engineering from Queen's University, Canada.

After several years with a variety of companies, including IBM and Mackay-Shields, Mr. Nicholson founded York Management & Research Inc.

As an entrepreneur for 40 years, he successfully launched six start-up companies in the computer software, manufacturing and investment advisory businesses and formed three of his own quantitatively driven private hedge funds.

After 20 successful years, he closed his hedge funds in May 2000 to focus on his family investments and philanthropic activities. Mr. Nicholson currently serves as the chairman and trustee of the Stiles-Nicholson Foundation; has served for more than 13 years as a volunteer and a member of the board of directors of Junior Achievement of the Palm Beaches; and was recently appointed to the advisory council of the department of astronomy at the University of Florida and to the board of directors of the Jupiter Medical Center Foundation.

"It is an exciting time to be part of our leadership team," said Lew Crampton, Science Center CEO. "The South Florida Science Center and Aquarium has been serving locals and visitors for more than 55 years, but we are only just getting started! We have plans to continue expanding and growing, because our community deserves a quality science center, where kids can go to learn and do science. We are honored to have the assistance of Julie, Mary and David, who we know will help us to continue to live our mission to 'open every mind to science.'"

The South Florida Science Center and Aquarium is at 4801 Dreher Trail N., West Palm Beach. For more information about the Science Center and fundraising events, email Marcy Hoffman, director of institutional advancement, at mhoffman@sfsciencecenter.org or call 370-7738. ■

Advertorial

Why 3/4 of home sellers don't get the price they want for their home

A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that nearly three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most home-sellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

To hear a brief recorded message about how to order your FREE copy of this report call toll-free

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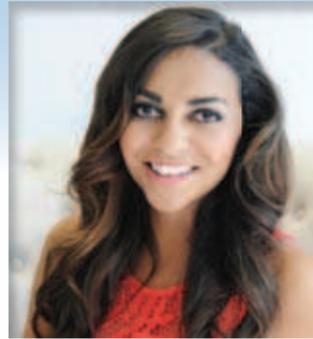
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PAPA CHIROPRACTIC & PHYSICAL THERAPY

Welcomes

Dr. Alessandra Colón Chiropractor

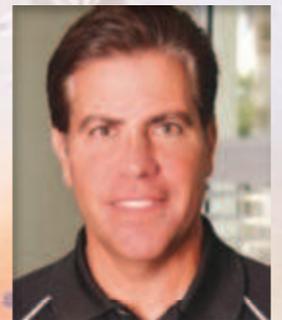
to our Palm Beach Gardens Office



- Bachelor of Science The University of Arizona.
- Doctorate of Chiropractic Palmer College of Chiropractic in Daytona.

Through personal hurdles, Dr. Alessandra Colón has developed a vast compassion for those seeking health and wellness. At age 14, Dr. Colón was diagnosed with stage 4 Cancer. Surviving the 25% odds to live, and entering full remission ripened her passion for healing and wellness. Dr. Colón's ardor led her to pursue her Doctorate of Chiropractic from Palmer College.

After graduation, Dr. Colón spent time traveling America, the Grenadines, Dominican Republic, and India treating over 4000 people with free chiropractic care. Soon after, she was deemed Woman Of The Year in 2015, through her charitable campaigning. Her commitment to promoting optimal health and well-being has been integral in free people from pain and increasing her patients whole body performance. Through her experiences she developed a whole person approach using the spine to evaluate the entire body. Dr. Colón is able to help all of her patients accelerate in their journey to good health.



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PET TALES

Meet and greet

When it comes to pets, don't 'lean in.' Tips on greeting etiquette

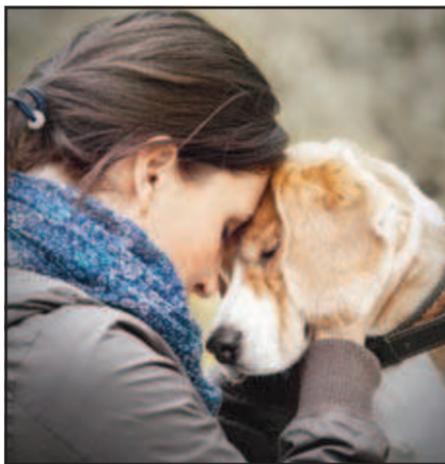
BY DR. MARTY BECKER
Universal Uclick

I was with friends in my hometown of Bonners Ferry, Idaho, and we were standing on the porte-cochere of a local hotel's restaurant. Coming directly at us on a retractable leash was a cute, energetic canine with curly black hair, weighing about 12 pounds. What stood out to me was not his physical appearance, but his emotions: He was clearly anxious and fearful.

He ran around on the end of the retractable leash, zigging and zagging like a marlin hooked off the Baja Peninsula. Like a blinking neon sign, he alternated between relaxing and returning to his anxious, fearful behavior. His owner was oblivious to his fear, anxiety and stress. All he needed was the comfort of a couple of pet lovers, right? Wrong.

Both of my female friends moved straight for the pooch, leaned over him, stretched out their hands toward his head and with direct eye contact said, "Aren't you a cute little doggy!"

The dog was in full-blown panic. For decades, millions of pet lovers have done exactly the same. Taught by parents, grandparents, friends, neighbors and other animal lovers, they learned to show affection for a dog by leaning in, extending a friendly hand and locking eyes in loving contact. But in working with dozens of boarded animal behaviorists, behavior tech-



When interacting with a dog you don't know, avoid getting up close and personal.

nicians and trainers, I've learned that all of that is wrong. All of it!

Here's how you should greet a dog.

1. Ask. Before you do anything, get the owner's permission to pet the dog. Not all dogs like meeting strangers.
2. Play hard to get. Don't rush toward the dog. Move slowly, talk slowly, extend your closed fist slowly. Let the dog choose if he or she wants to interact with you. Debbie Martin, a veterinary technician specialist in behavior and co-author of the "Puppy Start Right" book and preschool curriculum, says: "Let the dog make the first move. Dogs have an incredible sense of smell, and

they can smell us from across the street. We do not need to reach our hands into their personal space so they can smell us."

3. Get small. Looming over a dog can make him feel threatened or fearful. Rather than greeting a dog full-on, as if you're a store greeter ready to shake hands, turn your body sideways to reduce your profile, thus presenting a smaller perceived threat to the dog.

4. Extend a friendly fist. Once the dog has made the first move and is signaling interest in interacting with you, put out a closed fist down low, and let him make the approach. This is less threatening (and less annoying to the dog) than reaching out with the open palm of your hand and petting him on top of the head.

5. Eyes right. Your mom was right when she told you it was rude to stare. Dogs think it's rude, too. Don't make eye contact with a dog. That's considered a threat in his world. You can glance at him, but let your peripheral vision guide you.

6. Don't touch the head. Dogs have special places they like to be petted, but the head isn't one of them. The top of the head is taboo. Along the top of the back isn't so good, either. The best way to pet a dog is to lightly scratch along the side of the neck, side of the chest, or at the base of the tail.

7. What if a dog doesn't want to approach you? That's his business. Be content to admire him from a distance. He'll appreciate it more than you can imagine. ■

Pets of the Week



>> **Tiara** is a 3-year-old, 136-pound female mixed breed dog with a great personality. She is part-Great Dane.



>> **Simba** is a 7-month-old male domestic shorthair cat that gets along with other kittens.

To adopt or foster a pet

The **Peggy Adams Animal Rescue League, Humane Society of the Palm**

Beaches, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspb.org. For adoption information, call 686-6656.



>> **Rusty** is a neutered male orange tabby that is about 6 years old. He loves people, and really enjoys being petted.



>> **Dollywood** is a spayed long-haired female, about 4 years old. She's a bit shy when first meeting people, but she loves to be petted and brushed.

To adopt or foster a pet

Adopt A Cat is a free-roaming cat rescue

facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment. Call 848-4911, Option 5. For additional information, and photos of other adoptable cats, adoptacatfoundation.org. ■



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Foundation announces matching challenge to help pay for September Honor Flight

SPECIAL TO FLORIDA WEEKLY

The Levitz Family Foundation has come to the aid of Southeast Florida Honor Flight again by issuing a Matching Funds Challenge to raise money necessary to fly WWII and Korean War veterans to Washington, D.C., to see the memorials built in honor of their service.



Veteran Frederick Taeger participates in an Honor Flight to Washington, D.C.

The foundation will match the first \$37,500 raised dollar for dollar so that, at a minimum, a potential \$75,000 can be raised for the scheduled Sept. 10 flight.

Each Honor Flight transports veterans to Washington, D.C., for the day to visit and reflect at the U.S. Marine Memorial (Iwo Jima), Arlington National Cemetery, the World War II Memorial and the Korean War Memorial.

Money raised pays for 80 to 85 veterans to fly on a chartered American Airlines A319, four motorcoaches for the day's transport, police escort and meals, T-shirts and hats for the veterans.

Dates for the next two Southeast Florida Honor Flights in 2016 are Sept. 10 and Oct. 8.

The Levitz Family Foundation of



COURTESY PHOTOS

Each Honor Flight transports veterans to Washington, D.C., for the day to visit and reflect at the U.S. Marine Memorial (Iwo Jima), Arlington National Cemetery, the World War II Memorial and the Korean War Memorial.

Boca Raton, dedicated to partnering with organizations locally and internationally, rose to the challenge last summer when Southeast Florida announced a call to action for urgent funding. At that time, the foundation donated support for the October flight that was in jeopardy of cancellation.

This year, the Levitz board of directors has decided to make the donation a challenge to the community with the offer to match funds.

The Levitz Family Foundation, a nonprofit 501(c)(3) organization founded in October 2010, supports an array of needs in the community, including children, seniors and animal rescue.

"Local involvement is important to us," said foundation board member Alan

Rutner. "We were looking for a veteran organization with which we could have a strong connection. The timing was right when Southeast Florida Honor Flight was brought to our attention."

Southeast Florida Honor Flight, a 100 percent volunteer organization, schedules four trips to Washington per year for local veterans in Indian River, St. Lucie, Okeechobee, Martin and Palm Beach counties.

To help meet Honor Flight's need for funding to pay tribute to America's veterans and to participate in the Levitz Matching Funds Challenge, donations can be made online at honorflightsefl.org or sent to Southeast Florida Honor Flight Inc., P.O. Box 1503, Stuart, FL 34995. ■



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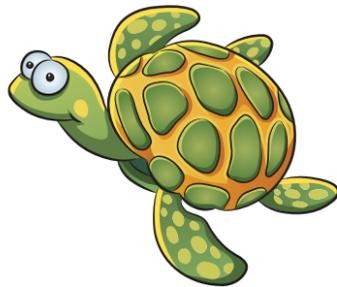
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RING

From page 1

six years, expanding its geographic scope and finding financial footing. Last year, 135 volunteers delivered 35,000 meals. When the organization began in 2010, Mr. Ring and his wife and a few volunteers delivered 4,000 meals prepared in a hospital kitchen. Clients are elderly folks, most of whom are unable to prepare and get food for themselves.

Meals on Wheels was not the first nonprofit Mr. Ring established. Mr. Ring made his living in real estate and development, and he also founded Episcopal Charities of Southeast Florida. During his 10 years there, Mr. Ring helped raise millions of dollars for 84 churches in the region and created the infrastructure to support outreach ministries.

"During my time at Episcopal Charities, I did a lot of research and found the senior population was being underserved," he said. "I read a study that said there were close to 200,000 homebound seniors in Palm Beach County. There are 19 senior service centers, where they can get a free meal, but they have to get there."

The cost to clients is minimal. "We charge what they can afford to pay (up to \$6)," he said.

Meals on Wheels is about more than taking warm, nutritious food to seniors.

"It's more than a meal, it is the engagement and interaction between the volunteer and the client," he said. "It means so much to people. It changes lives."

Mr. Ring, 68, said he likes being able to make a difference in people's lives.

"For me, there's a certain amount of reward to seeing a need and creating the



COURTESY PHOTO
Charlie Ring holds one of the thermal bags used to carry food to Meals on Wheels clients.

framework to start filling that need," he said.

"The nonprofit work has been a great journey for me and my wife," he said. "It's hard to make it without a spouse that supports you."

But it's time to move on. "I'll be 69 soon," Mr. Ring said. "I've always worked for myself."

That will continue. "People who are restless like me always do something. I'm helping Pam (Calzadilla, president and CEO of Meals on Wheels) out, but it's time to get out of her way. I'm forming an advisory committee and writing an endowment fund. We have the infrastructure to accept those."

For more information, see mealsonwheelspalmbeaches.org. ■

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Reality is that we're a long, long way from self-driving cars

BY MYLES KORNBLATT
Florida Weekly Correspondent

CAR COMPANIES HAVE BEEN TRYING TO GET rid of the driver since the tailfin was standard issue. Last month our interstate system turned 60 years old. Since its inception, General Motors, Mercedes and others have envisioned and invested in trying to take you coast-to-coast like a car was a private plane with an electronic pilot.

The largest roadblock for most of these projects was not a technology hurdle, but instead the infrastructure it would take to get there. It is only in recent years that we have not needed to invest in smart roads, because GPS, smartphones and other communication technology have helped to create a virtual electronic grid. It's a foundation we've never had before, and that's why autonomous vehicles seem to be on the fast track today.

But the reality is we still have a truckload of questions and regulations to overcome before we remove the steering wheel. After all, how does a cop write a ticket if one or more vehicles involved in an accident is autonomous? Can a mainstream provider insure the car? Is an occupant needed at all times or can our car come and pick us up?

But even these questions skip a few stages before a vehicle is "fully autonomous" — the top level in a six-tier industry-accepted definition. Right now we can buy cars with "partial automation." This is the third stage with driver aids that can help us keep



KORNBLATT

lanes, fully brake to avoid an accident, and warn of potential hazards.

These automated assistance features already have the potential for a dangerous knowledge gap with the next generation of drivers.

If new cars are smarter and communicate with each other, as well as have their own accident avoidance systems, younger drivers will likely rely on these and may never pick up all the proper safety habits. It creates a situation where the statistically least responsible drivers, i.e., teenagers, will be relying heavily on computer intervention for accident prevention. But they will be sharing the road with older and vintage vehicles that are heavier, less responsive and possibly not communicating with the automobile grid at all.

The even scarier question is will fully autonomous vehicles need to be programmed to kill? This might seem far-fetched, but consider the following hypothetical: A self-driving car recognizes a family of three entering the roadway in front of it. The car calculates it cannot stop in time. There's a brick wall to the left and single pedestrian on its right. Does this car have to make a decision whom to run into? It's a rare situation, but engineers have to go through each outlandish situation because it could happen out on the road.

But even through a myriad of pitfalls, the development of autonomous vehicles is necessary. This is an opportunity to provide unprecedented independence to the elderly and handicapped. As a society that prides itself on freedom, it is our duty to encourage and promote technology that provides a huge increase in quality of life to our members. We also need to make sure it can be purchased, insured and operated at a reasonable cost, so it is an alternative (not a replacement) for traditional driving.

If all of this seems a bit overwhelming, that's OK. We don't need to have all of the answers tomorrow. There are a lot of great minds working on this, but that doesn't mean we are going to get there soon, if at all. Those invested in the future of autonomous vehicles talk as if they are right around the corner. And that seems easy to believe, because there are already cars in our daily lives. But in this case, view the timetable more like the difference between sending a rocket to Mars and landing people there.

Creating autonomous vehicles is ambitious, admirable and the kind of technology that allows us to push beyond our boundaries. But just like a rocket to Mars, it's going to be a while before you strap your family in and let someTHING else do the driving. ■

— Myles Kornblatt is an automotive journalist, author, curator of the Miami Auto Museum and regular contributor to Florida Weekly.

"This is as big as moving from the horse and buggy to the Model T, not only in terms of safety and mobility for individuals but frankly for how cities and businesses are going to be transformed."

— Florida Sen. Jeff Brandes
(R-St. Petersburg)

"These automated assistance features already have the potential for a dangerous knowledge gap with the next generation of drivers ... (T)hey will be sharing the road with older and vintage vehicles that are heavier, less responsive, and possibly not communicating with the automobile grid at all."

— Myles Kornblatt, automotive journalist

Would software deter a malicious driver?

BY JANUSZ ZALEWSKI, PH.D.
Special to Florida Weekly

IT IS SO ENLIGHTENING TO READ AN OPINION of an insider into self-driving cars. Dr. (Larry) Burns explains in simple terms what a self-driving car is, at the same time discussing expected milestones of the project and its potential consequences. Moreover, it's delightful to see it coming to the heart of Southwest Florida. While I agree with what Dr. Burns is saying, it is always beneficial to have a second opinion of someone who can play devil's advocate.

The numbers are convincing. With self-driving cars, we can save on energy, clean air and time, and reduce fatalities from car accidents, with all this promising enormous cost savings for all stakeholders. Still, there are multiple unknowns. The design teams are certainly aware of it, but the public should know as well. So, let me articulate some of these unknowns.

With cars, we have things like air bags, anti-lock brakes, and drive-by-wire systems, which operate autonomously. And we have cruise control that now expands toward adaptive cruise control where the distance to other vehicles is controlled automatically. But when we add fully automatic driving capability to a car, we are changing the game totally, because it is similar to having a multidimensional cruise control, enhanced with multi-tasking. The number of dimensions increases so dramatically that it is like opening a Pandora's box. This is the first issue — complexity — which we don't know how to handle efficiently.



ZALEWSKI

The second issue is that a self-driving car may appear to be safer, because we eliminate human error. But one has to realize that this is at the cost of giving up control totally to the machine, or strictly speaking, to software.

Most software in industries I know is developed for "good enough quality," for a variety of reasons, but primarily due to a business pressure to place a new product on the market fast. In this context, can you really think about a car software upgrade? They will likely name it a recall.

What is at stake is how various kinds of disturbances affect the drive, to which the software must appropriately respond. Among those often dangerous elements one can include interacting with pedestrians, who are very unpredictable, sudden changes in driving conditions (especially weather), vehicles entering traffic unexpectedly or unexpectedly stopping in the middle of a road, drivers with malicious intentions, zombie drivers, and "hit-and-run" incidents. How do you write software to respond to something which is so unpredictable? It's not the usual but definitely the unusual which makes it difficult.

And it all leads to one magic phrase: safety first. Guaranteeing the safety of the vehicle and its passengers is crucial. A closely related issue is to provide security. Self-driving cars, especially their software, need to be certified from both perspectives, something which is rarely raised in public

discussions. I definitely see signs that the industry (Society of Automotive Engineers) and the regulatory agencies (National Highway Traffic Safety Administration) will be able to resolve it, but it will be a long and painful process, just like it has been for certification of aircraft.

Even though Babcock Ranch sounds like an excellent, although somewhat limited, proving ground for self-driving cars, one has to realize that the real testing of software is done on its boundaries, to verify its behavior in unusual conditions — perhaps even not anticipated by designers. This is how we educate students in the software engineering program at FGCU.

To conclude, 130 years since Karl Benz invented a car means 130 years of continuous improvements. The path from plain mechanical device to the one stuffed with electronics took over a century. Years and decades will pass between moving from partially automated to fully autonomous cars.

As a whole, it's definitely a disruptive technology. There is no doubt that a digitally enabled car combined with a new business model will cause dramatic changes in the industry and our everyday lives, opening a completely new world of possibilities. But at this stage, it is all very — emphasis on "very" — experimental, and needs further studies. ■

— Janusz Zalewski, Ph.D. is a professor in the software engineering department at Florida Gulf Coast University. His research includes safety critical systems and security mechanisms, software engineering and computer networks.

"With self-driving cars, we can save on energy, clean air, time and reduce fatalities from car accidents, with all this promising enormous cost savings for all stakeholders."

— Janusz Zalewski, FGCU software engineering professor

"The excitement of self-driving cars is overshadowing the reality. It's going to be 15 to 20 years before those cars are really a major part of our lifestyle."

— Lynne McChristian, Florida representative for the Insurance Information Institute

in the know

Questions for Larry Burns

■ Larry Burns is helping Google develop self-driving cars. He believes they could revolutionize transportation, becoming an everyday part of life for Babcock Ranch residents in Charlotte and Lee counties and on Florida's roads in five to 10 years.

Q. Insurance. Is that the biggest obstacle remaining to this?

A. "Well you know, some of the big players are going to self-insure with product liability and I think it's a very important question, I'm not going to say it's a concern. We think the government's going to play an important role here. You know when flu vaccines were created there was a big concern about allergic reactions to the vaccine so the suppliers were nervous about providing it and they were self-insuring, liability costs were skyrocketing and people who took the vaccine were worried about having a reaction. The government stepped in and they created the National Vaccine Injury Compensation Program. Twenty-five cents of every flu shot goes to that fund and then the government sorts this out. So I think there's going to be some mechanisms to take that insurance on ... We're going to eliminate 90 percent of the crashes so in theory insurance costs should drop dramatically. It's just that question of how do you protect yourself during that journey."

Q. It seems like the technology is there. Is that what's holding things back from moving forward?

A. "Two things. I think you're concerned about liability (for) one. And then the other is the laws on where vehicles can operate. Fortunately, Florida is one of the most proactive states on this. California said, 'We're all in favor of it, but you have to have a licensed driver in the car and it has to have a steering wheel, a brake pedal, an accelerator pedal.' We don't

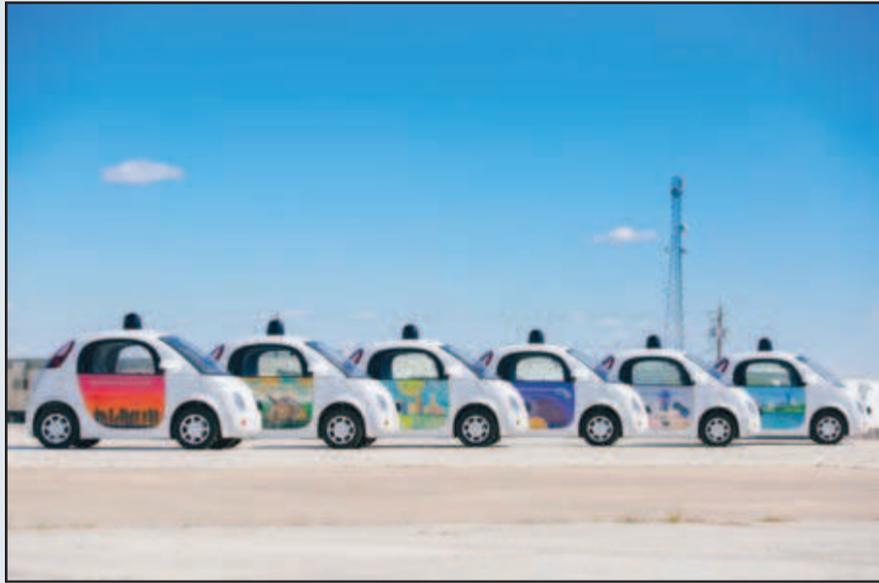


PHOTO COURTESY OF GOOGLE

Google is using its mapping and searching technology to develop autonomous cars.



COURTESY PHOTO

Larry Burns presents a plan for self-driving cars to developers of Babcock Ranch.

think that's the way to think about it. It was like when Henry Ford was popularizing the car some people felt that's all fine, but a horse has to be out in front of the car. Well, that wasn't really the right thing to do.

So I think we'll get through those things. That's why Babcock Ranch is so special. It can be the learning laboratory. I don't want our residents to think about themselves as test subjects, but it can be the learning laboratory for the entire state. Because our timing syncs up with the timing of the technology's maturity and the startups wanting to come in here and have a first market. So there's a lot of positive things that play to Babcock Ranch."

Q. Are there any issues with extreme heat or cold in terms of the technology?

A. "Not heat or cold. It's rain and snow. Snow especially is an issue. Not that we don't think we can get past it, we just haven't worked on it. Why try to solve that when we still are trying to get to the next step? I would say some very, very heavy rains in Flori-

da — probably still some work that has to be done to handle that. But all in all, Florida is the perfect place. It's flat, the streets are really in good shape compared to other states, well traffic engineered ... a proactive state government ... and the demographic of the population is aging.

"If driverless cars could get every person in Florida who is over 70 to just go out and do something, just anything one more time a week and spend \$20 engaging in the economy, the benefit to the state is enormous in terms of tax revenue."

Q. How do you see driverless cars taking people on longer trips outside the Babcock Ranch community?

"To be honest I think we're within a five-year window of companies like Google and others proving that a full-speed capable, fully engineered, fully safety-certified vehicle as you know it today can operate autonomously. So I don't think there's going to be anything constraining the autonomous driving system from going from Babcock Ranch to Naples and back. But those cars I think are going to be a little over-specified for the movements within the community. So I kind of see two markets emerging: a low-speed vehicle less than 25 mph tailored for the kinds of travel within the gated communities in Florida. And then a second fleet of full-speed capable vehicles that you could also request and get rides to Publix down the road or all the way to Naples or Fort Myers. You can have these as personal use, you don't have to share it. You could purchase one. But I think what most people really dislike about the car experience ... it's this hassle of parking. Here in Florida if it's a hot day like today and you go to Publix and you have to park way out in the back of the lot, that's just onerous versus being dropped off at the door. So I think you're going to have go-anywhere, anytime capability, and that's probably in a five- to 10-year window. Babcock Ranch is going to be on the cutting edge of it." ■

CARS

From page 1

get around.

A former General Motors executive and an adviser to the Google team that is developing self-driving cars, Mr. Burns described how this could play out.

It was in some ways an aspirational, Ted-like talk by a man with a vested interest in developing self-driving cars. It was also an insider's perspective from

a longtime car industry expert and engineer with a front-row seat to Google's plans. He offered a detailed, big-picture view of how the technology works, larger social and economic changes, and he addressed practical matters such as insurance.

Self-driving cars at Babcock could be part of a shared community fleet, he told them, available on demand similar to an Uber. In the next five to 10 years, they could shuttle residents to Publix or Fort Myers or Naples or across Florida to Palm Beach County — one of the communities he has studied to get an idea of how the cars will work in urban

areas.

Perhaps his biggest claim was that self-driving cars will make the world dramatically safer. About 35,000 people a year die in car crashes in the U.S. and 1.2 million die worldwide. Mr. Burns estimated deaths could be reduced by 90 percent with self-driving cars.

But that's likely only in a world in which nearly everyone uses autonomous cars. If, how and when we can get to that future is less clear and involves wide-ranging changes that could take decades.

Driverless cars are having a moment. Although fully autonomous vehicles are

not yet on the market, a growing number of states and the federal government are dedicating resources to get ready for their presence. The U.S. Department of Transportation dedicated \$4 billion over the next 10 years to kickstart car automation.

Florida has paved the way with legislation effective July 1 allowing licensed drivers to use autonomous vehicles in the state, encouraging research and requiring Metropolitan Planning Organizations and the Florida Department of Transportation to plan for more of them on the roads in the future.

Here is an edited transcript and summary of Mr. Burns's car talk to Babcock planners on Monday, June 12, and the Q&A that followed. It lasted a little more than 30 minutes and included slides and video. A former head of research and development for General Motors and professor of engineering practice at the University of Michigan, Mr. Burns was recruited in 2010 as an adviser to the Google team that is developing self-driving cars. He also is on the advisory board for Kitson & Partners, the Palm Beach Gardens company building Babcock Ranch.

In the these pages are others who lent their voices to the subject. Those include Florida Gulf Coast University software engineering professor Janusz Zalewski, and an automotive journalist and *Florida Weekly* contributor, Myles Kornblatt, who wrote editorials in response to the following transcript of Mr. Burns's talk.

The pitch

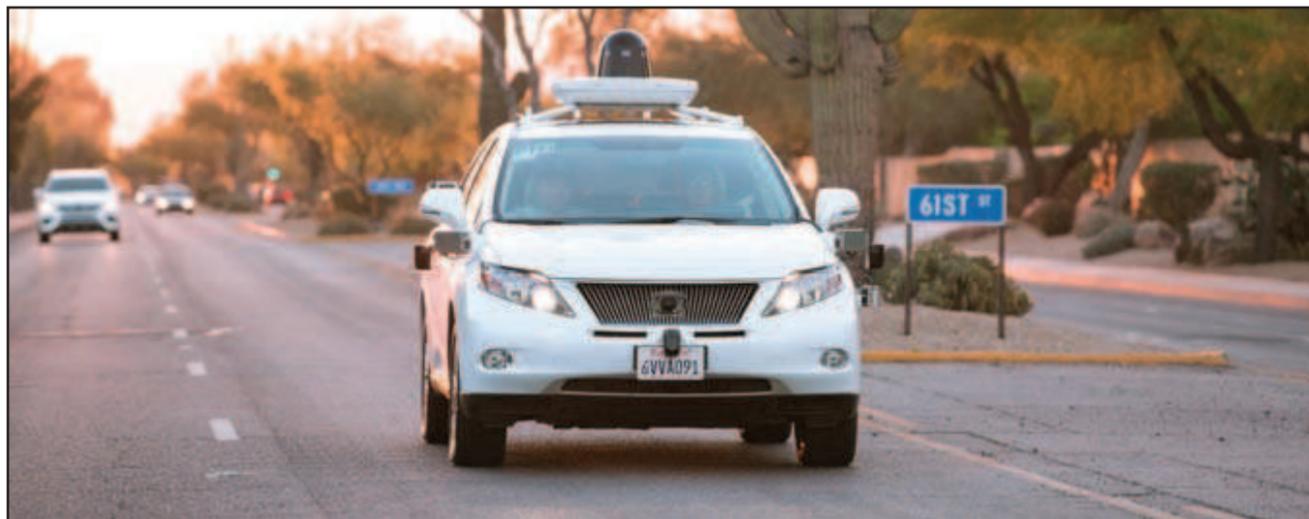
"Do you enjoy shopping for a car? Financing a car? Insuring a car? Buying and pumping gasoline? Getting a car washed or maintaining a car? Driving a car? Parking a car? Sitting in traffic? If you answered no to either one or many of these questions, I think you're going to be in for a very exciting future because I think we're going to find new



PHOTO COURTESY OF GOOGLE

Larry Burns, an adviser to Google, says design is "about speed to insight ... so this is right smack in the middle of Google's sweet spot ..."

SEE CARS, 14 ►



PHOTOS COURTESY OF GOOGLE

There are many questions about safety. What about drivers with malicious intentions? asks FGCU Professor Janusz Zalewski.

CARS

From page 13

ways of providing mobility to you.”

Since cars first started being developed in the late 1800s, they essentially have the same “design DNA,” Mr. Burns said, “driven with combustion engines, oil-based fuel, mechanical and hydraulic controls, they operate on a stand-alone basis. People own them, people drive them, and they’re for general purpose.”

There are about 1.2 billion vehicles worldwide.

“The downside, though, is there are 1.2 million fatalities a year, which is epidemic in scale. We depend on oil for energy, which makes us vulnerable to the cyclical nature of oil, there’s a lot of traffic delays there’s a lot of land-use concerns with parking in particular, climate change, and the roadway infrastructure is expensive. So all of this comes at a price. The good news is there’s a new DNA that’s emerged, the first time in a century we can begin to think about the roadway transportation system through a completely different lens.”

The new DNA includes driverless cars with electric drives, electric motors and electronic and digital controls, that are shared, connected and coordinated (borrowing from business modes such as Uber and Airbnb). They will also be tailored to specific uses while today’s cars are often less-efficient, too big and fast for most of the trips we take.

“When you combine connected, coordinated, shared, driverless and tailored, this is where the game really changes so it’s not any one technology and it’s not just technology alone. It’s technology and business models that are making the difference.”

How does Google’s technology work?

“... First they take a very detailed digital map of three dimensions ... They categorize everything that’s moving. They put sensors on the car, a laser on the roof, radars on each corner and a camera. And then they take all of that data from the sensors, bounce it against the map as a reference, and they make the exact same two decisions you’re making when you’re driving: You’re making them over and over again: How fast should I go and which way should I steer? That’s it, so you might ask, ‘Why Google?’ Well this is about speed to insight. A massive amount of information is coming in and then the insight is how fast should I go and which way should I steer. What’s Google do for a living? Search. It’s all about speed to insight so this is right smack in the middle of Google’s sweet spot of what

they’re capable of doing. It’s very sophisticated analytics, large databases, deep artificial intelligence, simulation models and then 1.5 million miles (that Google driverless cars have already gone). They have discovered pretty much everything they have needed to discover and solve that challenge using computer algorithms. So it’s not a fairy tale. I ride in their cars. The last ride I had I was in Mountain View, Calif. I rode for an hour in the middle of the day. Mountain View is a very busy community and I never had to take control of the car. So that’s how close we are. So now if a car can drive itself you can start to think about tailoring the design of the car.”

Smart cars, or electrically networked vehicles “could operate in platoons if you wanted more than two people to travel. The cars communicate with each other so they can give priority to emergency vehicles on the freeway ... They can really rethink the entire concept of an intersection. Do we even need traffic lights anymore?”

“(The cars) are designed not to run into each other, and because these vehicles weigh only about 750 pounds they’re much more amenable to recharging a smaller battery.

“The point of this video is to get you thinking that the future of mobility is something you wear, not something you drive, and it’s something you might park in your closet, not in your garage.”

“So putting all this together promises better mobility at radically lower cost. What do I mean by better mobility?”

“Safer. We’re going to take the crash out of the system.

“More convenient. If you want to

go somewhere ... the vehicle’s right at your door within minutes. You get in, it takes you to your destination, you’re not hassled with parking. You can use your time as you desire. I don’t mean this flippantly, but I’ve concluded that for most people driving is the distraction. Why else would they send a text in a car going 70 mph unless they thought that was more important than to drive? So it gives you your time back and this is much more affordable than owning a car.

“All of this can happen together, from a societal standpoint we can have fewer fatalities and injuries and less energy use, less emissions, better land use, more equitable access to (cars). From a cost standpoint, a lot of the analytical modeling done on this subject suggests that today if you own a car, personally own it and drive it, it (costs you) about \$1.60 per mile (including gas, finance, depreciation, insurance and maintenance). We think we can get that to 25 cents a mile. This is why Google, Uber, Apple, Tesla and others are (entering into) the auto business. There’s \$2 to \$4 trillion at risk of being disrupted if you actually get to this future. So this is just capitalism at its best quite honestly.”

“Google’s on record as saying they think they’ll have the technology by the end of 2018. Syncs up beautifully with Babcock Ranch’s growth. Does it matter? I think the consumer, business and societal opportunities are really compelling.”

Mr. Burns predicted that at Babcock, 20 to 50 autonomous vehicles might be used in 2018 to as many as 200 to 400 in 2021, with more than 50,000 residents, depending on how many trips they take each day.

“Essentially what we’re envisioning is that one of your residents could spontaneously request a ride. The closest available vehicle would arrive within minutes. I’m talking one or two or three minutes, not 10 or 15. The vehicle takes the resident to their destination, let’s say it’s to the lake house. The resident gets out of the driverless vehicle. (It) proceeds then to pick up somebody else that wanted a ride or if it’s not needed it would go and sit in the staging area.

“So we think it’s going to be very fast service, the service costs appear to be about the same as owning and operating a car. There are a lot of assumptions here so these are very preliminary results.

“So we need to also incorporate goods shipping into this. Because that same vehicle could be bringing you your groceries as well as picking you up on some other trip and then we’ll begin to find our collaborators and see if we can get this ready to go in sync with when the homes are built.” ■

in the know

The six levels of autonomous vehicles

In levels 0 through 2, a human driver monitors the driving environment. Cars through level 2 are on the market now. In 3 through 5, the car’s automated driving system monitors it.

>> 0 No automation

>> 1 **Driver assistance:** you’re in control but the car can in some instances steer, brake or speed up.

>> 2 **Partial automation:** The car may have autopilot but must be monitored by a person. It can help us keep lanes, fully brake to avoid an accident, and warn of potential hazards.

>> 3 **Conditional automation:** The car can fully drive itself in some conditions (such as on the highway).

>> 4 **High automation:** The car fully drives itself under most conditions.

>> 5 **Full automation:** The car drives itself in all roadway and environmental conditions.

— Source: *The Society of Automotive Engineers*

Voices ...

Lynne McChristian is Florida representative for the Insurance Information Institute.

“Here’s the point that a lot of people are missing. The excitement of self-driving cars is overshadowing the reality. It’s going to be 15 to 20 years before those cars are really a major part of our lifestyle. It’s going to be quite some time. That being said, insurance rates



MCCHRISTIAN

are based on actual loss data, actual claims. That means historical claims and there’s no history yet on self-driving cars. So there’s going to have to be data collected showing they’re really going to save lives and minimize accidents. And there’s every expectation they can do that. The insurance industry is looking forward to that future (because) 90 percent of car accidents are caused by human error.

“You’re going to see a market shift from an individual driver liability to product liability, so if the human is not in charge of the automobile and something malfunctions, is it the software? Is it the mechanics of the car? If there’s an accident there’ll be liability that will shift.

“The insurance industry is looking forward to this day (when autonomous cars realize their potential for reducing crashes) but it’s not around the corner, it’s miles down the road.”



Florida Sen. Jeff Brandes (R-St. Petersburg) is chair of the Senate Transportation Committee and one of the authors of new rules paving the way for autonomous vehicles in Florida, approved by Gov. Scott, which went into effect on July 1.

Could self-driving cars at Babcock Ranch have “go anywhere, anytime capability,” as Mr. Burns said, within the next five to 10 years?

“That’s not unrealistic,” Sen. Brandes said.

As more people use self-driving cars in the years to come, integrating them onto roads poses challenges.

“(R)ecognize we’re going to emerge into a more autonomous world but early on there’s going to have to be some hybrid model where there are a lot more human (driven) vehicles and we’ll gradually transition to an autonomous world.”

That might include, for instance, separate lanes on highways for driverless cars that can more safely go faster than the ones we drive now.

Driverless car in cities pose further challenges. Sen. Brandes said they could potentially transform public transportation, solving what is known as the “first mile, last mile” problem: taking people from doorstep to doorstep without having to walk to a bus stop. How soon will that happen? He guessed between 2025 and 2035.

He’s optimistic that driverless cars could make society safer sooner rather than later. “I think you’re going to see even when you get to a 10 to 15 percent adoption rate you’re going to see a radical reduction in the amount of accidents.”

He doesn’t see the need for further legislation in Florida to regulate self-driving cars, but predicts there will be “a massive education campaign.”

“This is as big as moving from the horse and buggy to the Model T, not only in terms of safety and mobility for individuals but frankly for how cities and businesses are going to be transformed. Just like nobody could have told you how the Model T could affect American cities I think no one fully comprehends how this technology will affect our daily lives, not fully. So we’re all going to discover this together.” ■



BRANDES

FLORIDA WRITERS

Wit and wisdom meet in the sweet 'hoot noir' howl of Wylie Coyote



■ **"I Don't Like Where This Is Going"** by John Dufresne. Norton. 256 pages. Hardback, \$25.95.

Wylie Coyote, the original and highly engaging character readers met in "No Regrets, Coyote" (2013, reviewed in these pages), is back. The publisher is uncertain about whether to use the phrase "A Wylie Coyote Novel" or "A Wylie 'Coyote' Melville Novel." Me, I don't care. I just want more. I like where this is going. Wonderfully wacky and yet suspiciously sane, this is hoot noir — a new subgenre.

Plot might not be its main interest. When author John Dufresne provides in his acknowledgments a "thanks to Jill Bialosky for finding the story in the manuscript," one can take it as a kind of confession. There's something jazz-like in Mr. Dufresne's thought process and prose, an improvisational wizardry of the highest order. Pyrotechnics, puns and even a bit of prophesy. When South Florida meets Las Vegas, anything can happen. You can forget about who killed two young women and still have a wonderful — though frequently disorienting — experience.

Therapist-turned-sleuth Wylie and his good friend Bay Lettigue, an illusionist (sleight of hand is his specialty) and a gambler, have left home for a while. Things have become uncomfortable in Melancholy, Fla.; mobsters are after them. Soon after their arrival in the mecca of delusion and corrupt values (their first stop is the Luxor), Bay gets to work in the casino; once they are moved into a proper longer-term residence, Wylie volunteers at the local crisis center.

The precipitating event happened back at the Luxor. Something caught Wylie's attention up at the apex of the pyramid when a woman fell over a balustrade and plunged to her death. The author's description of this seminal event, which I have no space to quote, is quite marvelous and sets high expectations for the rest of his story, expectations he meets and often surpasses. The detail and the distinctive evaluative thought process are given to Wylie himself. After all, he is the sleuth narrator of these experiences.

Was it murder? Accident? Suicide? As soon as readers discover who the deceased was and why she was in Las Vegas, they are on their way to the Q&A sequences that are at the heart of detective-centered crime fiction.

What's most curious is the reaction of the officials who visit the crime scene. Soon after, they don't seem to have any knowledge of anything untoward happening at the Luxor. There's no mention in the newspaper or on tele-

vision. Then come only denials by the police spokesperson.

Egypt is the leitmotif here. You die at the Luxor; you must come from Memphis — as did the deceased, Layla Jean Davis, who performed proton therapy research at St. Jude's Hospital.

At any rate, "The passing of Layla Davis played like the notes from an unclattered bell." Like that turn of phrase? Keep reading. You'll encounter warring Taiwanese gangs named Posse Galore and Bamboo Rats.

You'll hear about a crisis center caller with a speech impediment known to the center staff as Elmer the Dog Lisperer.

I'm smiling all over again remembering all this golden nonsense.

More? "I pulled out what I thought was my iPhone but was, in fact, a Trader Joe's sardine can."

What we get in this novel is a look at the corruption of American culture as symbolically centered in Las Vegas: a culture of greed where anything can be had at the right price or the judicious use of force. This is social satire with a strong bite. Occasionally, Mr. Dufresne offers the wise, sad truism: "To be ignorant of the suffering of others is to be complicit in that suffering, isn't it, whether the ignorance is willful and convenient or oblivious and genuine?"

He offers a dizzying cast of characters, including journalist Elwood, who helps the investigation along and explains the "anonymous monopoly" that runs the prostitution business.

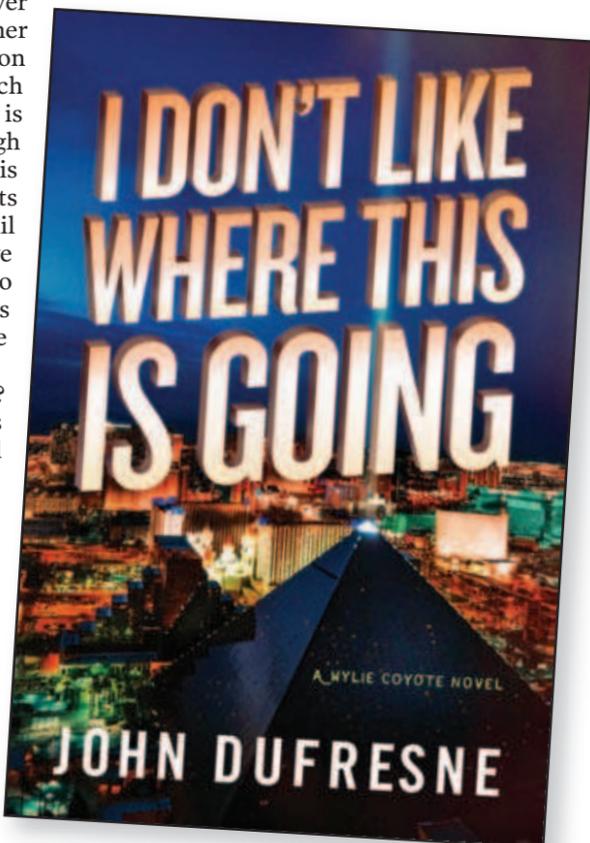
This is a world where you can buy a rocket launcher from craigslist, where everyone has at least one alias, and where a pair of off-duty metro cops known as Filthy Luka and Nicky Slots moonlight at the House of Mirth, where one can buy the services of "three unblemished virgins right off the banana boat from Belize."

You can laugh or cry, but you won't forget the unique vision and style of this most entertaining and provocative author, who lives in Dania Beach. ■

— Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, is a poet, critic and freelance writer with 20 books to his credit, including several studies of war literature and a creative writing text.



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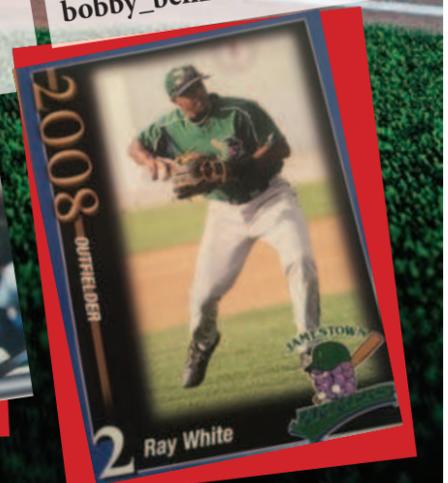
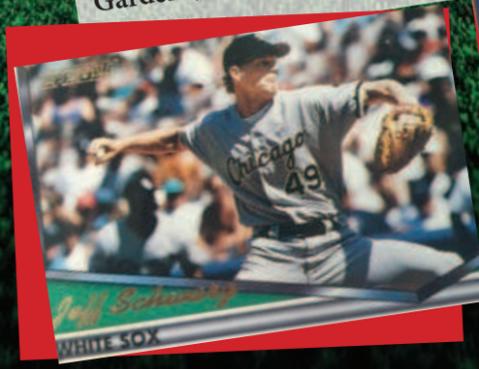


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BEHIND THE WHEEL

Finally, the best ever Honda Civic hits the road



mylesKORNBLATT
mk@autominded.com



We all know that one person who's really great, but it's hard to spend time with him because he just tries too hard to show off. That's how the Honda Civic has felt for the last 15 years.

In the late 1990s, this economy car had a lot of young fans who liked the nimble styling and tuning up the bulletproof motors. But the boy-racer image threatened the mainstream audience who rely on the Civic as a solid economy machine.

So in 2000, a revised car debuted with more mature styling and less emphasis on handling. For the next three generations, the Civic tried to be the grown-up of the group. Unfortunately, it just felt like the spunky neighborhood kid had come back from college as the anxious know-it-all.

That has changed with the all-new 2016 car.

The Civic has graduated, and it confidently stands on its own. Finally, now that this little Honda has stopped *trying* so hard to impress everyone, it actually *does* impress.

The new design of both the coupe and sedan feels like the result of a lesson hard learned. Comfortable in its own skin at last, the Civic is ready to embrace its sporty past without giving up the ability to attract mature adults.

Stability for a design like this means making sure there's a hint of familiarity even in the middle of a revolution. It starts up front with lines that seems borrowed from its bigger brother, the Accord. But that family face is met with a sleeker fast-back profile. In the rear, the taillights are part of an integral spoiler that would be considered a risky choice if it were not so downright attractive.

Inside, the same mature sports car feeling continues. Both the sedan and the coupe have well-designed seats, and when the optional leather is selected, they look and feel like BMW made them. Rear seat space is good, and the sedan provides a few more inches of legroom over the

coupe, making it entirely suitable for a family's second car.

There's a high center console to give the driver and passenger that cocooned feeling of being in a performance vehicle, but its real purpose is to house a multi-level versatile storage space that's large enough to swallow even gym-sized water bottles.

The touchscreen infotainment system is the true standout of the new Civic's interior. It starts out as nothing remarkable, although the standard backup camera is always a good thing to have. But on every model but the base one, Honda adds its Lanewatch feature: A side-mounted camera provides a clear view of the lane to the driver's right. Complete with distance

markings, it reduces blind spots and even helps see pedestrians at intersections. This is the exact kind of technology that comes from a grown-up sports car.

In the engine bay there's the choice of a 158-hp, 2.0-liter or a 174-hp, turbocharged 1.5-liter. This is the dividing line for the Civic. While the turbo version sounds like the performance choice, the continuously variable automatic transmission is geared for the more mature, economical crowd (rated at a combined 35 mpg). The lower-powered engine comes with VTEC and a six-speed manual transmission for all of those who want to rekindle the older boy-racer Civics.

No matter the motor, the Civic has merged its past and present into a satisfying feeling on the road. Honda's investment in new suspension components has yielded a sharpness that makes running around in the city a breeze and adds a little fun to the commute. At the same time, there's enough dampening that highway miles are not jarring.

Even with its new unified personality, the 2016 Honda Civic has not lost its core of providing value. A well-equipped base sedan starts at \$19,500, and while there are plenty of options to add, a loaded Touring coupe will still cost far less than \$30K.

This car was made possible only by Honda taking the time to cultivate a more mature image while at the same time remembering the sporty vehicle that sprung from the economy hatchback roots many generations ago. In other words, it took all of the Civics of the past to make the best Civic ever today. ■

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HEALTHY LIVING

What the doctor ordered

Research shows detaching from work can benefit physicians — and everyone

THE UNIVERSITY OF FLORIDA

If there are crumbs on your desk from countless lunches spent responding to emails and attending to other job-related responsibilities, it might be time to clean up and take a step back.

New research suggests that detaching from work during a lunch break can boost energy and help you to better respond to the demands of the day.

That's the message behind a study that finds early-career doctors — and the rest of us in general — can be better at our jobs if we simply set aside as little as 30 minutes a day for some "me" time.

The alternative, the study finds, is a scenario in which the patient may suffer.

The study, conducted by University of Florida and University of Tennessee at Chattanooga researchers and published in *Psychology, Health & Medicine Journal's* third issue in 2016, found that active recovery activities like exercising and volunteering can help employees respond better to their jobs' demands.

Researchers focused on the work and rest patterns of 38 early-career physicians from a teaching hospital in the Southeast. Of the participants, 63.2 percent were male, and the median age was 29. The typical physician can average an 80-hour work week, leaving little opportunity for leisure and sleep.

"Residents are a very unique population," lead researcher Nicole Cranley says. "The stressors they engage with through-

out the day are a lot more significant than those of the average American. Therefore, these moments of replenishment are that much more important."

Ms. Cranley did the research while a doctoral candidate in UF's department of behavioral science and community health. She is now a postdoctoral fellow at the University of North Carolina at Chapel Hill.

The study assessed the time early-career physicians spent at work versus the time they spent on sleep and leisure, their ability to detach from work during non-work hours and whether they engaged in active or passive recovery activities.

Physicians ranked activities they engaged in at home and at work for how draining or energy boosting they were.

The results showed that the time early-career physicians spent on work exceeded the time they spent on sleep and leisure activities combined — and although eating was the most highly ranked at-work activity, even lunch breaks were consumed by work.

"They grab things and go, or they are eating while they are in conference or listening to a lecture," Ms. Cranley says. "There really isn't that time when they are not doing something related to work."

Researchers also found that the participants had trouble psychologically detach-



a good state of mind. You have to be in a good place to be able to give your all to someone else," she says.

One way to replenish resources is engaging in active recovery activities outside of work, no matter how little time is available to engage in those activities.

"It doesn't matter if you only have 45 minutes to go to the gym. Take those 45 minutes for yourself," Ms. Cranley says.

The study's findings provide the groundwork to improve physician self-care and medical education.

"It's a very unique situation that residents are in because they are expected to have all of the answers, when oftentimes they don't," she says.

The goal of the research is to help medical schools and hospitals recognize the nature of the stressors that the early-career physician population faces and equip them with skills to deal with stress and recognize signs of burnout in themselves.

"I think where we are missing the mark is in medical education," Ms. Cranley says. "It's a culture issue. We need to reassure our health professionals that it's okay to need self-care."

"Everybody's valuable. Everybody needs to take care of themselves sometimes. We can't all be 100 percent all the time." ■

ing from work and that they engaged in more passive forms of recovery in their nonwork time. While passive recovery — watching television, for example — is not necessarily harmful, it does not help boost energy levels beyond the baseline as active recovery activities can.

These patterns of working without taking time to recover fully can lead to burnout.

"Burnout is a serious issue," Ms. Cranley says. "It's usually related to the fact that you're not taking enough time for self-care or engaging in activities that help you gain back some of those resources."

For physicians, she adds, higher levels of burnout lead to higher rates of poor-quality patient care. "You can only effectively care for someone if you are in

Study shines light on mutations responsible for heart conditions

SPECIAL TO FLORIDA WEEKLY

The leading cause of death in the world remains cardiovascular diseases, which are responsible for more than one third of overall mortality, according to the World Health Organization. Obesity and diet are obvious culprits behind heart disease but, over the past decade, research has also pointed to genetic factors, specifically mutations in cell adhesion components — the forces that bind cells together.

In a new study, scientists from the Florida campus of The Scripps Research Institute, in Jupiter, offer new molecular insights into how the interaction between specific genetic mutations and a cytoskeletal protein critical for the

proper development and maintenance of heart tissue can lead to conditions such as dilated cardiomyopathy (DCM) and hypertrophic cardiomyopathy (HCM) — and ultimately heart failure.

The new study, which was led by Associate Professor T. Izard of the Florida campus of TSRI, is published this week in an early online edition of the journal *Proceedings of the National Academy of Sciences*. The new insights could aid in the development of drug therapies to strengthen the hearts of patients suffering from age-related heart failure.

The study focuses on the protein vinculin and a variant form known as metavinculin, which is found only in muscle tissue. Vinculin has been shown to rein-

force the myocardial cell cytoskeleton, improving heart muscle contractility and prolonging life, while metavinculin plays an essential role in the development and function of the heart.

Both vinculin and metavinculin regulate cell adhesion and migration by linking the cell's cytoskeleton to adhesion receptor complexes via a process known as dimerization — the joining of two similar subunits. Control of the dimerization process is crucial for normal protein function in cell adhesion sites.

But mutations in the variant metavinculin, either inherited or spontaneous, corrupt this process, altering dimerization and, the study suggests, producing a decreased ability to stabilize criti-

cal cell adhesions, weakening the heart muscle over time.

The researchers found that these mutations — specifically, a mutation known as R975W in metavinculin — dictate the type of interaction during dimerization and can actually block the process. That, in turn, results in heart muscles that are far more susceptible to stress-induced heart disease.

The first author of the study, "Differential Lipid Binding of Vinculin Isoforms Promotes Quasiequivalent Dimerization," is Krishna Chinthalapudi of TSRI. Other authors include Erumbi S. Rangarajan of TSRI and David T. Brown of the University of Mississippi Medical Center.

For information, see scripps.edu. ■

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Home-price gains unfettered in most metro areas

NATIONAL ASSOCIATION OF REALTORS

Home prices maintained their robust, upward trajectory in a vast majority of metro areas during the second quarter of 2016, causing affordability to slightly decline despite mortgage rates hovering at lows not seen in more than three years, according to the latest quarterly report from the National Association of Realtors. The report also revealed that for the first time ever, a metro area — San Jose, Calif. — had a median single-family home price above \$1 million.

The median existing single-family home price increased in 83 percent of measured markets, with 148 out of 178 metropolitan statistical areas showing gains based on closed sales in the second quarter compared with the second quarter of 2015. Twenty-nine areas (16 percent) recorded lower median prices from a year earlier.

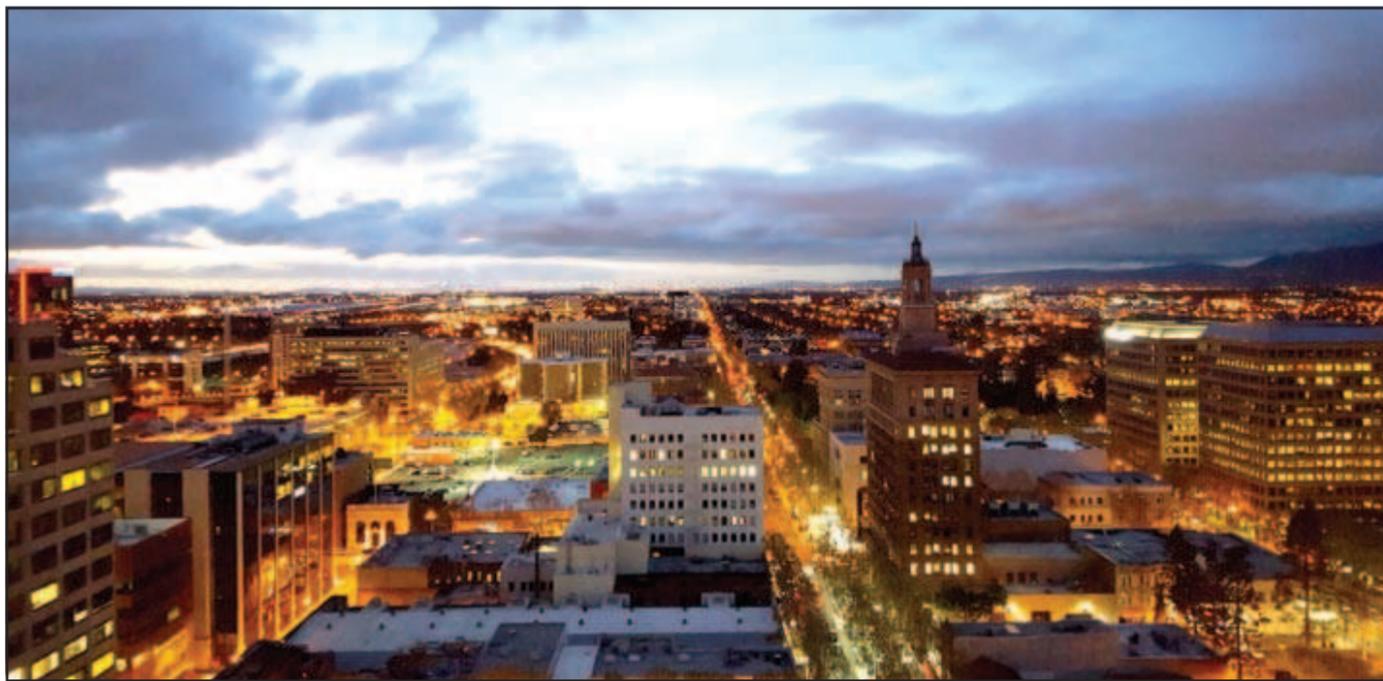
There were slightly fewer rising markets in the second quarter of 2016 compared to the first three months of the year, when price gains were recorded in 87 percent of metro areas. Twenty-five metro areas in the second quarter (14 percent) experienced double-digit increases — a small decrease from the 28 metro areas in the first quarter. A year ago, 34 metro areas (19 percent) experienced double-digit price gains.

Lawrence Yun, NAR chief economist, says a faster pace of home sales amidst languishing inventory levels pushed home prices higher in most metro areas during the second quarter. “Steadily improving local job markets and mortgage rates teetering close to all-time lows brought buyers out in force in many large and middle-tier cities,” he says. However, he adds, with homebuilding activity still failing to keep up with demand and not enough current owners putting their homes up for sale, prices continued their strong ascent, and “in many markets at a rate well above income growth.”

The national median existing single-family home price in the second quarter was \$240,700, up 4.9 percent from the second quarter of 2015 (\$229,400), which was previously the peak quarterly median sales price. The median price during the first quarter of this year increased 6.1 percent from the first quarter of 2015.

Total existing-home sales, including single-family homes and condos, rose 3.8 percent to a seasonally adjusted annual rate of 5.50 million in the second quarter from 5.30 million in the first quarter of this year, and are 4.2 percent higher than the 5.28 million pace during the second quarter of 2015.

“Primarily from repeat buyers moving up or trading down, existing sales increased each month last quarter and could have been even higher if not for a few speed bumps,” Mr. Yun says. Closings were slowed a bit by meager supply levels, he explains, and home prices in many areas are still rising too fast.



COURTESY PHOTOS

San Jose, Silicon Valley is the most expensive housing market in the nation.

At the end of the second quarter, there were 2.12 million existing homes available for sale, which was below the 2.25 million homes for sale at the end of the second quarter in 2015. The average supply during the second quarter was 4.7 months — down from 5.1 months a year ago.

Mr. Yun says that without enough new construction being built, existing inventory seriously failed to keep up with the growing demand for buying. As a result, homes typically stayed on the market for around a month throughout the second quarter, and more than 40 percent of listings sold at or above list price, with June being the highest share since NAR began tracking in December 2012 (43 percent).

“Many listings in a majority of markets, and especially those in lower price ranges, had multiple offers and went under contract quickly because of severely inadequate supply,” he says. “This in turn dented affordability and without a doubt priced out a segment of buyers attempting to seek relief from fast-growing rents.”

Despite falling mortgage rates and a small increase in the national family median income (\$68,774), swiftly rising prices caused home affordability to decline in the second quarter compared to a year ago. To purchase a single-family home at the national median price, a buyer making a 5 percent down payment would need an income of \$52,255; a 10 percent down payment would require an income of \$49,504; and \$44,004 would be needed for a 20 percent down payment.

The five most expensive housing markets in the second quarter were:

- San Jose, Calif., metro area (\$1,085,000)
- San Francisco (\$885,600)
- Anaheim-Santa Ana, Calif. (\$742,200)



San Francisco is the second most expensive housing market in the nation.

- Urban Honolulu (\$725,200)
- San Diego (\$589,900)

The five lowest-cost metro areas in the second quarter were:

- Youngstown-Warren-Boardman, Ohio (\$85,400)
- Cumberland, Md. (\$94,900)
- Decatur, Ill. (\$95,600)
- Binghamton, N.Y. (\$105,500)
- Rockford, Ill. (\$109,000)

Regional breakdown

Total existing-home sales in the Northeast jumped 7.6 percent in the second quarter and are 11.3 percent above the second quarter of 2015. The median existing single-family home price in the Northeast was \$273,600 in the second quarter, up 1.6 percent from a year ago.

In the Midwest, existing-home sales leaped 10.4 percent in the second quarter and are 6.6 percent higher than a year ago. The median existing single-family home price in the Midwest increased 5.1 percent to \$191,300 in the second quarter from the same quarter a year ago.

Existing-home sales in the South inched forward 0.3 percent in the second quarter and are 4.2 percent higher than the second quarter of 2015. The median existing single-family home price in the South was \$214,900 in the second quarter, 5.9 percent above a year earlier.

In the West, existing-home sales climbed 1.4 percent in the second quarter but are 2.2 percent below a year ago. The median existing single-family home price in the West increased 6.5 percent to \$346,500 in the second quarter from the second quarter of 2015. ■



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BY MARY THURWACHTER

mthurwachter@floridaweekly.com

Don Jones has been snacking on beef jerky for a very long time. Born in Nebraska, he joined the Navy right out of high school and enjoyed hiking, skiing and diving in his free time. His snack of choice: beef jerky.

“It’s a good source of protein,” Mr. Jones said. He’s still passionate about the meat treat. In fact, the Palm Beach Gardens resident and his wife of 46 years, Lupe, snack on — and sell — more than 200 premium jerky varieties in a range of sizes and flavors. The two, high school sweethearts, opened Beef Jerky Outlet at the Palm Beach Outlets this summer.

Founded in 2010, the Beef Jerky Outlet is the country’s first national jerky franchise. The West Palm Beach franchise is the 68th of 77 nationwide. The business calls itself an amusement park for carnivores.

“Jerky was a great snack throughout my 20 years’ military career and a big reason why I became interested in the franchise,” Mr. Jones, 64, said. For years, he made it at home.



COURTESY PHOTO
Don and Lupe Jones of the Beef Jerky Outlet in West Palm Beach.

“We started using the oven and hanging meat on oven racks with toothpicks,” he said. “Then we migrated to a small dehydrator and seven or eight years ago our kids gave us a large dehydrator, which of course benefits them because what Dad makes, they eat.”

This is a perfect time to open a jerky store because of the demand for lightweight, high protein foods, Mr. Jones said. Jerky is lean, high in protein and nutritional value and low in calories,

carbohydrates and fat (jerky is only 3 percent fat).

“I try to sample everything at the store,” Mr. Jones said. “My favorites are wild game, peppered elk and anything Cajun and spicy.”

Mrs. Jones favors prime rib jerky and sweet and spicy varieties.

Previously, Mr. Jones was director of security at Lockheed Martin. Before that, he worked on submarines in the Navy for 20 years.

“We had to move a lot while he was in the Navy,” Mrs. Jones said. She has more than 30 years of sales experience.

The couple has two children and four grandchildren.

They work together every day at the store and that’s going well, both said.

“I work in the front and she works in the back (of the store),” Mr. Jones said.

“We have worked together in the past,” Mrs. Jones said. “I was working in government housing and I had hired him as a plumber. We have our differences of opinion, but we work them out.”

Beef Jerky Outlet is in the Palm Beach Outlets, at 1741 Palm Beach Lakes Blvd., West Palm Beach.

Don Jones

Age: 64

Where I grew up: Lexington, Neb., until the age of 18, when I joined the Navy

Where I live now: Palm Beach Gardens, for 16 years.

Education: High school diploma and some college

What brought me to Florida: Employment with Lockheed Martin and scuba diving.

My first job and what it taught me: I worked at a Safeway grocery store that taught me people skills, being courteous, attention to detail.

A career highlight: In the Navy, it was being selected and accepted as a chief petty officer. In our new franchise, it was the blood, sweat and bruised knuckles to get the store open and see the happy smiles of people walking through the doors in awe.

What I do when I’m not working: Scuba diving and biking.

Best advice for someone looking to make it in my field: Don’t be afraid to come out of your comfort zone to try something new.

About mentors: In the Navy we have what is called “sea daddy.” They basically take you under their wing and teach you how to be a contributor to the Navy way of life. There is a right way to do things, a wrong way to do things and there is the Navy way to do things. Once you learn the Navy way you are golden. My sea daddy taught me to respect others, that it takes less time to do something right the first time than it does to do it half-assed and then have to do it again, and most importantly be there for your family and shipmates. ■

MONEY & INVESTING

Bank loan index reacts to increased demand for U.S. dollars



ericBRETAN

estaterick@gmail.com

I think one of the main reasons that people get stressed over financial decisions is that money matters are typically nontransparent and not very easy to understand. There is a reason that a loan application is dozens of pages long and the disclosures when you buy an annuity or mutual fund could take hours to read.

A prime example of this complexity is interest rates. As you probably are aware, rates across the globe have fallen to historical lows. That should be good news for borrowers, right? Well, many individual and corporation loan payments actually increased during the last quarter. Why are interest payments going up while overall rates are falling?

There are two general types of loans in the marketplace — fixed and floating. Fixed-rate loans have a fixed rate of interest for the life of the loan.

In contrast, the rate on a floating rate loan is tied to some type of index. For many student loans, mortgages, credit cards and business loans, that index is called LIBOR — an acronym for the London Interbank Offered Rate. In simple terms, it is the rate at which banks can borrow from one another. It is the banks’ short-term cost of capital.

Since the beginning of 2013, 90-day LIBOR has stood at around .25 percent.

And in the end of 2015, the Fed decided to increase short-term rates for the first

time since the financial crisis and LIBOR responded as many expected by jumping to around .5 percent. But in the last couple of months, LIBOR has moved in a way that surprised almost everyone. As central banks around the world have been cutting rates and flooding markets with money to stimulate economies, LIBOR has been rising. It now stands at .82 percent.

So for individuals and companies whose loans are tied to LIBOR, they are beginning to see higher interest payments.

While a .32 percent rate increase probably won’t make a noticeable difference on someone’s \$5,000 credit card balance, it can make a difference on a \$10 million business loan. And experts estimate the global amount of loans tied to LIBOR at almost \$7 trillion.

Primarily, the surge in LIBOR rates is due to money market fund regulations that are going into effect on Oct. 1. These rules were created after the financial crisis to protect money market fund investors.

The rules favor funds that invest in government bonds and impose restrictions and potential fees on nongovernment money market funds, which are seen as more risky. In response, investors have started to pull money out of short-term nongovernment funds, which has choked off some liquidity to banks. LIBOR rates have risen as banks fight for this decreased pool of money.

Secondarily, the pop in LIBOR rates is seen as result of increased demand for U.S. dollars.

The question is whether LIBOR will continue to increase and if regulators will modify their rules. Just another data point to watch in the months ahead. ■

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NETWORKING

Palm Beach Young Professionals at Swag in West Palm Beach



1. Alex Ponushis, Bob Goldfarb and Julia Kenty
2. Robin Williams, Robin Sexton and Chris Waite
3. Scott Shrader, Judi King and Neal Sibley
4. Ashley Mock, Jamie Tucker, Jeffrey Michaels, Ivan Dominguez and Ann Maus
5. Richard Gaff and Rachel Friedman
6. Howard Beardsley, Alexander Betancourt, Michael Faulhaber and Gina Hart
7. Chloe O'Connor, Ashley Rohlfing, Spencer Antle, Katie Cherubin and Liz Wellen
8. Jordan Kovacs, Charles Tarantino and Paul Musante
9. Jason Lowe, Julia Murphy, Jillian Markwith and Ivan Dominguez

ANDY SPILOS / FLORIDA WEEKLY

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COURTESY PHOTOS

Penthouse privacy at Oceanfront

SPECIAL TO FLORIDA WEEKLY

A dual privately secured elevator whisks you to this penthouse at The Oceanfront and opens to a private double-door entry.

Once inside this nearly 4,000-square-foot condo, you will enjoy the privacy that feels like the single-family residence of your dreams. Floor-to-ceiling glass doors and windows draw you to the residence's 1,045-square-foot wrap-around balcony, showcasing endless views of the ocean to the east, Juno Beach and Jupiter to the north, and the Intracoastal to the west.

This recently renovated open and spacious living floor plan includes 9-foot wood beamed ceilings, with a large living area that allows you to create multiple entertaining spaces for both formal and casual living. New custom remotely operated zoned electric sunshades by Conrad are installed on all windows and doors throughout the main living areas.

The granite wet bar opens to the living area with direct access to the kitchen and includes an under-counter refrigerator with icemaker and ample storage.

The large open gourmet granite kitchen with center island breakfast bar, has a SubZero refrigerator, Thermador double oven and cooktop and features a new built-in pantry and bookshelves. There are convenient custom drawers throughout. The kitchen also includes a large dining area with built-in cabinetry and new warming drawer. There is easy access to the balcony for morning coffee.

The bedrooms and den are along a wide corridor. Also off the hall are a guest powder room, two storage rooms, access to the stairway and the laundry room, which boasts a new full size LG washer and dryer, a new stainless steel second refrigerator, as well as additional storage.

The owner's retreat includes two full bathrooms and two walk-in closets as well as generous space to accommodate a king-size bed and lounge area with private access to the wrap-around balcony. For additional privacy, new 4-inch wood plantation shutters and custom drapes have been installed. New custom designer handmade wool carpeting completes this suite's décor.

The newly renovated library and den, also with access to the balcony, has custom hardwood flooring, Conrad remote sun shades, built-in custom cabinetry, shelving and a large desk.

The guest bedroom features a private full bath, walk-in closet, and direct access to the balcony with views north and west. There are beautiful wood plantation shutters and new Missoni designer carpeting.

The private 1,000+-square-foot rooftop deck, with ocean views, makes for a perfect setting for intimate gatherings as well as large group entertaining.

The Oceanfront's newly appointed gym, which is on the lobby level, will accommodate your daily fitness workout. Next to the gym are two private restroom facilities for men and women that include showers and saunas. There is an adjacent club

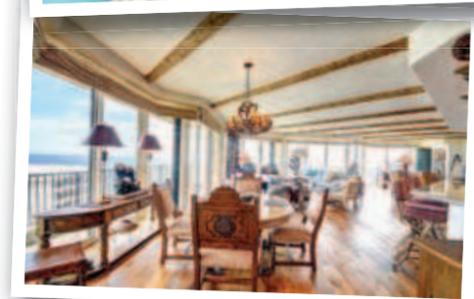
room available for private parties, with bar accommodations, all adjacent to the massive patio and pool area.

Newly designed and constructed Infinity pool, spa and expansive paver decking, with beautiful landscaping adjacent to your private air-conditioned pool side cabana with a kitchenette, sitting area, shower and water closet. You and your guests have private secured gate access to the beach adjacent to your cabana and a convenient outside shower.

A gated garage facility is beneath the building. The separately deeded oversized private two-car garage has an automatic door opener. The penthouse unit's garage provides easy access to the elevator and is near the private climate controlled wine storage unit.

Extreme security is provided with coded entrance gates and doors surrounded by property fencing and walls, secured gated garage. Elevators are locked and controlled by the resident for each floor. Building manager is on site Monday through Friday. The penthouse unit has a private state-of-the-art alarm system and accordion hurricane shutters.

Lang Realty is offering this oceanfront penthouse condominium at \$2,475,000. The agent is Jim Haneschlager, (561) 246-9910 or jimhfloridarealtor@gmail.com. ■





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Dale Benjamin | 561.818.8589



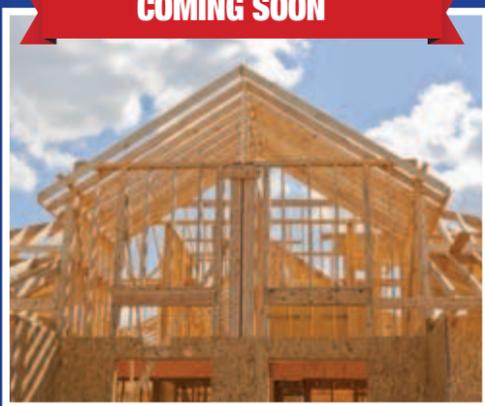
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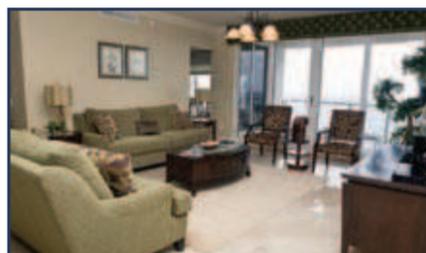
Ritz Carlton Residence 1804A
3BR+DEN/3.5BA - \$3,685,000



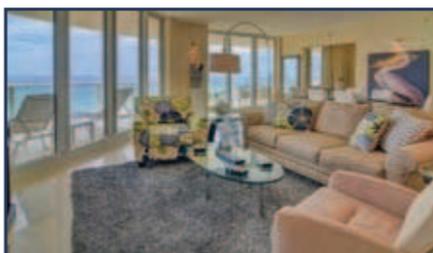
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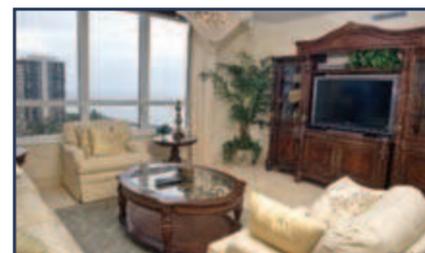
Ritz Carlton Residence 1502B
3BR/3.5BA - \$1,999,000



Ritz Carlton Residence 2104B
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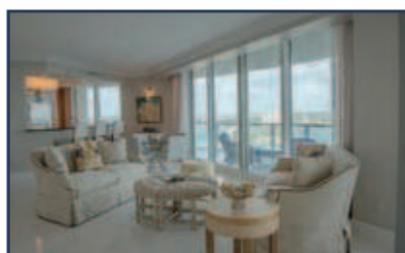
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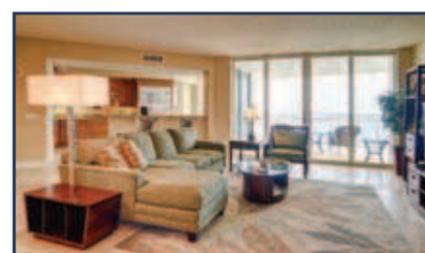
The Resort-Marriott 1251
3BR/3.5BA - \$1,399,999



Ritz Carlton Residence 204B
2BR+DEN/2.5BA - \$1,399,000



Ritz Carlton Residence 2506B
2BR+DEN/2.5BA - \$1,395,000



Beach Front 1603
3BR/3BA - \$1,250,000



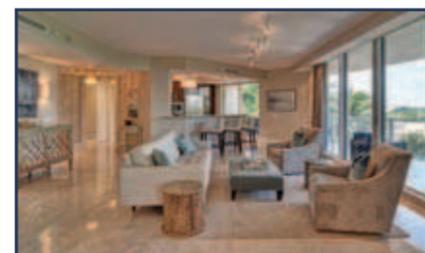
Ritz Carlton Residence 1106B
2BR+DEN/2.5BA - \$1,185,000



Ritz Carlton Residence 1506B
2BR+DEN/2.5BA - \$1,125,000



Beach Front 503
3BR/3BA - \$1,100,000



Ritz Carlton Residence 306B
2BR+DEN/2.5BA - \$1,024,900



Martinique WT202
3BR/4.5BA - \$599,900



Martinique WT103
3BR/4.5BA - \$575,000



Martinique ET503
2BR/3.5BA - \$549,999

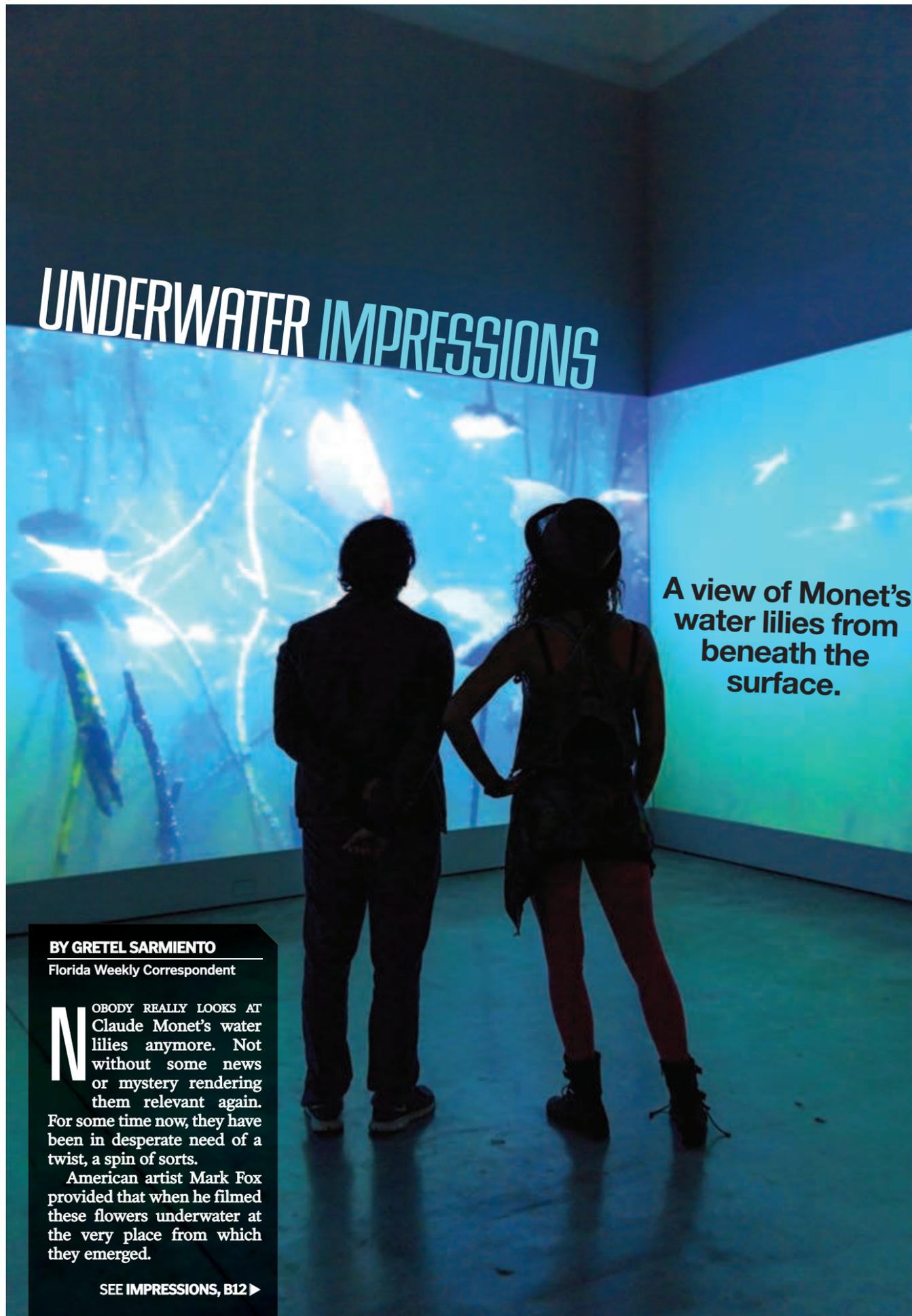


Seascape 8
2BR/2BA - \$450,000



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UNDERWATER IMPRESSIONS

A view of Monet's water lilies from beneath the surface.

BY GRETEL SARMIENTO
Florida Weekly Correspondent

NOBODY REALLY LOOKS AT Claude Monet's water lilies anymore. Not without some news or mystery rendering them relevant again. For some time now, they have been in desperate need of a twist, a spin of sorts.

American artist Mark Fox provided that when he filmed these flowers underwater at the very place from which they emerged.

SEE IMPRESSIONS, B12 ►

COURTESY PHOTO

Maltz single tickets go on sale to public Aug. 22

SPECIAL TO FLORIDA WEEKLY

Single tickets for the Maltz Jupiter Theatre's season will go on sale to the general public at 10 a.m. Monday, Aug. 22. With both subscription and single tickets available, seating options include orchestra, mezzanine and upstairs premium club level seats, accessible through the Green Room Club Level Lounge.

The 2016/17 season will include "The Audience" (Oct. 23-Nov. 6), "Me and My Girl" (Nov. 29-Dec. 18), "The Producers" (Jan. 10-29), "Disgraced" (Feb. 12-26) and

"Gypsy" (March 21-April 9).

Single-show ticket prices start at \$56, with flexible performance schedule options. The theater is offering two plans for season tickets, four-play and five-play, for the season.

Season tickets are currently on sale and begin at \$202, with two purchasing options: the five-play and the opt-out of one (four-play package). Season ticket holders save 10 percent to 15 percent on single ticket prices, and also get one fee-free ticket exchange per ticket per show and advance notice and ability to purchase tickets to limited engagements

and other special events. Groups of 20 or more receive an additional discount.

Current season ticket holders may purchase single tickets a week in advance, starting at 10 a.m. Monday, Aug. 15, through Friday, Aug. 19, at 6 p.m. For more information about upcoming shows and subscription options, visit jupitertheatre.org or call the box office at 575-2223. For more information on bringing your group to the theater, contact group concierge Shannon Murphy at 972-6117. To book The Green Room for your next business function, call 972-6110. ■

HAPPENINGS



COURTESY PHOTO

Shelley Keelor, Clay Cartland, Jinon Deeb, Michael Scott Ross and Leah Sessa in 'The World Goes 'Round.'

'World Goes 'Round' spins through a final weekend

BY JANIS FONTAINE

pbnews@floridaweekly.com

The acclaimed music revue "The World Goes 'Round" is on stage at the Kravis Center's Rinker Playhouse through Aug. 21.

Reviews of the MNM Production, which showcases the music of legendary Broadway songwriters John Kander and Fred Ebb, have been positive and the show earned a thumbs up from the Carbonell Awards.

The cast includes Clay Cartland (recently seen in "1776" at Palm Beach Dramaworks), and Jinon Deeb and Michael Scott Ross (who performed in "HAIR" at the Kravis Center). Shelley Keelor and Leah Sessa (who co-starred in MNM's production of "Side By Side by Sondheim") round out the cast.

Three directors came on board for this show: Bruce Linser, choreographer Kimberly Dawn "KD" Smith, and musical director Paul Reekie.

Tickets are \$45, or \$60 for stage-side cocktail table seats. The Kravis Center is at 701 Okeechobee Blvd., West Palm Beach. Info: 832-7469; Kravis.org.

A tribute to Bowie

This month's Sunday at the Waterfront concert is a tribute to one of the most iconic rock stars of any era: The late David Bowie.

From 4 to 7 p.m. Aug. 21, Station to Station, a Bowie tribute band, will play your favorite Bowie songs: "Let's Dance," "China Girl," "Rebel Rebel," "Ziggy Stardust," "Heroes" and "Suffragette City."

The band doesn't just sound like Bowie — it brings the energy and the style, the fashion and the vibe of the monster showman. This is no karaoke show: This is a tight, professional band and its members have honed their skills over the years on the road.

Sunday on the Waterfront takes place the third Sunday of the month at Meyer Amphitheatre at the West Palm Beach Waterfront at 104 Datura St.

The concert is free. Visit wpb.org or call 822-1515.

Dinner for a Cause

Chefs Julien Gremaud (The Avocado Grill), Clay Conley (Gratos) and Eric Baker (Max's Harvest) are solid supporters of Share Our Strength's No Kid Hungry campaign, so they've banded together to serve a five-course dinner with all the

SEE HAPPENINGS, B12 ►

KOVEL: ANTIQUES

French perfume lamps can bring dazzling prices

BY TERRY KOVEL AND KIM KOVEL

In the unsanitary world of the 18th and 19th century, bad smells were everywhere. There was no garbage pickup, no indoor flushing toilets and no refrigeration to keep food from spoiling. In the 1800s, a special lamp was used to remove the strong odors in hospitals and mortuaries. It was a catalytic lamp that burned an alcohol-based fuel. A cotton wick burned for a few minutes to heat a stone. After the flame was out, the heated stone turned odors into carbon dioxide and water. In 1897, a Frenchman improved the lamp by adding perfume to the fuel to make a scented room. Many lamps were made in figural shapes suitable for a living room or bedroom. Today, perfume lamps heat with electricity. The best 20th-century perfume lamps were made by French makers Robj, Aladin or Etling. A perfume lamp shaped like an Art Deco chorus girl sold at a Skinner auction in 2015 in Boston for \$1,968. The 10-inch lamp was marked "Meu Bach Aladin."

Q: Vintage sofas are much lower priced than new ones. I like Victorian sofas with curved backs but don't want to learn my bargain sofa has a problem I can't fix.

A: If you want a 19th century sofa you should buy from a knowledgeable dealer. So little of the frame shows, and it is difficult to tell a 19th-century sofa from an early 20th-century one. Smell any old upholstered furniture. Often, the smell will not leave. Decide if the upholstery is a color and condition you want to live

with. Re-upholstering furniture is very expensive. Sit on the sofa to be sure it is comfortable. Be sure you can get it in your van or car. If you want to use it in a basement or second-floor room, the stairs may have too low a ceiling or a turn that makes it impossible to take it inside. But if all looks OK, you will have a sturdy bargain.

Q: I'd like some information about an iron lamp marked "Goberg."

A: "Goberg" was made by Hugo Berger in Schmalkalden, Germany, beginning in 1895. He was part of the Jugendstil (Art Nouveau) movement in Germany. Candelabras, lamps and other decorative objects were made in iron and brass. Most Goberg items were sold in department stores in Europe.

Q: I have Russel Wright olive-green glazed dinnerware, including large platters. Where can I sell them and what price range would they sell for?

A: Russel Wright (1904-1976) was an American designer of domestic and industrial wares, including dinnerware, glassware, furniture, radios and interiors.

He made several dinnerware patterns in modern shapes for different manufacturers. The most popular is his first line, American Modern, which was made by Steubenville Pottery Co. from 1939 until 1959. Sets of dinnerware are hard to sell. First, you should find which pattern you have. Check to see what pieces are selling for online. Serving pieces sell for more than plates or cups and saucers. A perfect platter could be worth about \$50 and a dinner plate \$5, depending on the color.

Q: My childhood teddy bear is, I am told, a Steiff and valuable. What determines the price?

A: Some Steiff teddy bears sell for thousands of dollars but many things influence the price. A real Steiff should have a button in the ear that says Steiff. The high-priced bears are old and have mohair fabric in a rare color. White, lavender, black or red is best. Older bears are stuffed with straw, kapok, excelsior or sawdust, not polyester. Any nylon or plastic part suggests a newer bear, worth a lower price. Very large and very small bears are expensive.

Q: We've just been given a set of

silverware that we were told is 100-plus years old. It belonged to a friend of my husband's grandmother who gave it to his mother about 1910. It's a service for eight and pieces are marked "Lake Betty Silver Plate" on the backs. All is in excellent condition in a leather, velvet-lined case. We are wondering if the set has any value, other than sentimental.

A: Your silver-plated flatware is not as old as you think it is. The pattern name is Lady Betty and was introduced by International Silver Co. of Meriden, Conn., in 1940. The company was formed when some independent silver makers merged in 1898. Silver plating by electricity began in the U.S. in 1847, earlier in England. By the 1880s, more than 40 firms, mostly centered near Meriden, made simple to elaborate silver-plated tableware until the 1980s. Your flatware is not worth much — under \$100 — and places that buy silver to melt are looking for sterling silver, not silver plate.

Tip: Gold and silver trim on glass or ceramics will eventually wash off if cleaned in a dishwasher. Gold- and silver-trimmed glassware and ceramics should never be put in a microwave. The metallic glaze will cause electric arcing and could start a fire. ■

— Terry Kovel and Kim Kovel answer questions sent to the column. Write to Kovels, (Florida Weekly), King Features Syndicate, 300 W. 57th St., New York, NY 10019.

— Note: Scott Simmons' column will return.



COURTESY PHOTO
This chorus girl in a top hat and red dress was made in the Art Deco style of the 1920s. It sold for over twice the estimate at \$1,968.

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The stories and songs of acclaimed singer-songwriters return to our islands Sept. 23–Oct. 2. Dozens of shows feature artists like Even Stevens, Dylan Altman, and rising Nashville star Maren Morris at this third annual music festival that spans intimate venues on Captiva Island, Fort Myers Beach, and in Downtown Fort Myers. Get to the heart of the music you love and find out more at IslandHopperFest.com.

[#ISLANDHOPPERFEST](https://twitter.com/ISLANDHOPPERFEST)



CALENDAR

Please send calendar listings to calendar editor Janis Fontaine at pbnews@floridaweekly.com.

THURSDAY 8/18

Opera Benvenuto Goes Broadway — Noon Aug. 18, Benvenuto Restaurant, 1730 N. Federal Highway, Boynton Beach. Margaret Schmitt and Paul Offenkrantz, accompanied by pianist Vindhya Khare. Tickets: \$37, including tax and tip. Reservations required at 364-0600.

Science on Tap — 7 p.m. Aug. 18, Saltwater Brewery, 1701 W. Atlantic Ave. Delray Beach. Chris Gove, president of Saltwater Brewery, speaks: "Going Viral: Edible Six Pack Rings." Get a cup of coffee, a quality craft beer, or a glass of wine, and get the lecture for free. 370-7740.

Multi-Author Book Signing Event/Happy Hour — 5-7 p.m. Aug. 18, at Bice, 313 Worth Ave., Palm Beach. Meet local authors, have a glass of wine, buy a book, even stay for dinner. Hosted by the Palm Beach Writers Group. Free. Bice has happy hour drink specials and the Prix Fixe dinner menu is \$36. 629-2528; palmbeachwritersgroup@gmail.com.

Clematis By Night, Supersized — 6-10 p.m. Thursdays. It's an hour longer in the summer and features two bands. Free. Info: clematisbynight.net.

Aug. 18 — The Justin Enco Band (Rock) with Opener Krazy Train (Rock)

Reading Program: By and By — 7:30 p.m. Aug. 18 at the Norton Museum's Art After Dark, 1451 S. Olive Ave., West Palm Beach. Written by Lauren Gunderson, winner of the Lanford Wilson Award and the Steinberg/ATCA New Play Award, the play introduces Steven, a leading genetic scientist in the arcane world of human cloning, who is forced to reveal his best-kept secret: his daughter Denise. Directed by Lou Tyrrell. Free. 832-5196; Norton.org.

FRIDAY 8/19

Ladies Night Out — 6-9 p.m. Aug. 19, Florida Science Center and Aquarium, 4801 Dreher Trail N., West Palm Beach. Cocktails, liquid nitrogen ice cream, nail polish lab, food, win, music, a silent auction and the science of high heels. \$7 in advance, \$10 the day of the event. For 21 and older. SFScienceCenter.org; 832-1988.

Date Night Chocolate-Making — 7:30 p.m. Aug. 19, The Chocolate Spectrum, 6725 W. Indiantown Road, Suite 38, Jupiter. This two-hour class is a tasty way to get to know someone, and you get to take some sweets home. \$80 per couple. Info: 277-9886; thechocolatespectrum.com.

Symphonia Sizzles — 7:30 p.m. Aug. 19, Mizner Park Amphitheatre, Boca Raton. Part of the Summer in the City concert series. The Symphonia|Boca Raton performs under conductor Jeff Kaye, who also will perform a trumpet solo. BYO blankets and chairs are permitted or rent one for \$5. Food and beverage vendors on site. Info: 866-687-1201; thesymphonia.org.

SATURDAY 8/20

Loggerhead Marineline Day — 11 a.m.-4 p.m. Aug. 20, The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. An all-day exhibition featuring edu-

cational programs, conversations with scientists and family-friendly activities. Free. Info: thegardensmall.com.

Havana Nights: The Young Ambassadors for Hope White Party — 6:30 p.m. Aug. 20 at a residence in Delray Beach. A night of live music and dancing, silent auction, and Cuban cuisine that raises money for food, clothing and educational needs of foster children. Hosted by Place of Hope's Young Ambassadors for Hope. Young professionals, age 40 and younger, are invited to join and volunteer. Tickets: \$65 per person; \$110 per couple through Aug. 1. After Aug. 1, tickets are \$65 per person; \$110 per couple; available at placeofhoperinker.org. RSVP to Kaley at kaleyc@placeofhoperinker.org or call 483-0962.

Back To School — 7 p.m. Aug. 20, Performing Arts Academy of Jupiter, 6743 W. Indiantown Road, Jupiter. Features The Jove Comedy Experience in school-theme improv and sketch comedy. Tickets: \$18. Info: quitefranklyshow.com.

SUNDAY 8/21

Sunday on the Waterfront — 4-7 p.m. Aug. 21, Meyer Amphitheatre, 104 Datura St., West Palm Beach. Features Station to Station in a tribute to David Bowie. Info: 822-1515 or wpb.org.

TUESDAY 8/23

Chef's Collaboration Dinner for No Kid Hungry — 6 p.m. Aug. 23, at Avocado Grill, 125 Datura St., West Palm Beach. Chefs Julien Gremaud, Clay Conley and Eric Baker will serve a five-course dinner with proceeds benefiting the Share Our Strength's No Kid Hungry campaign. (nokidhungry.org). Seats are \$85 and reservations are required. 623-0822 or visit avocadogrillwpb.com.

Dinner and a Movie: Israeli Film & Food Night — Aug. 23 and 24, at the Mandel JCC in Boynton Beach and in Palm Beach Gardens. The summer film finale features the films "Hummus! The Movie" and "West Bank Story," plus a surprise short film. An optional dinner for purchase before the show includes the choice of an entrée (falafel with pita and greens or a green salad with a scoop of tuna salad), hummus, babaganoush appetizers and ice tea. The Boynton Beach dinner is catered by King David Restaurant. The Palm Beach Gardens dinner is catered by Aladdin Restaurant. Tickets: \$12. (877) 318-0071; pbjff.org.

LOOKING AHEAD

Clematis by Night — 6-10 p.m. Thursdays. An hour longer in the summer and featuring two bands. Free. Info: clematisbynight.net.

Aug. 25 — Valerie Tyson Band (R&B/Top 40) with Opener IndiGo The Band (R&B/Pop)

The third annual #LMCFash-Bash — 6-8 p.m. Aug. 25, at the Grand Court at The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. Features local personalities modeling designs by Lilly Pulitzer, JOHNNY WAS, J.McLaughlin, Bloomingdale's, Robert Graham, Vineyard Vines, Eileen Fisher, plus savory bites, cocktails and a raffle. Tickets: \$50, \$100 VIP, which includes a premium open bar, dinner by the bite, a luxury swag bag, and VIP after-party access. Benefits Loggerhead Marineline Center. Get tickets at marinelife.org.

AT THE COLONY

The Colony Hotel, 155 Hammon Ave., Palm Beach. Info: 659-8100 or 655-5430; thecolonypalmbeach.com.

Motown Fridays with Memory Lane performing everyone's favorite Soul City/Top 40 hits from the '60s through today. 9:30 p.m.-12:30 a.m.

Saturday Late Night with the Dawn Marie Duo — 9:30 a.m.-midnight, music and dancing, plus cameos by Royal Room headliners and other celebrity performers.

Royal Room Cabaret: Carole J. Bufford — Aug. 20, 27 and Sept. 3. Cabaret expert Stephen Holden called her a "doll-faced latter-day flapper with a broad sense of humor." \$120 per person for prix fixe dinner and show; \$60 for show only.

AT DRAMAWORKS

Palm Beach Dramaworks at The Don & Ann Brown Theatre, 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2; palmbeachdramaworks.org.

The 2016-17 season begins Oct. 14 with "The Night of the Iguana."

AT FOUR ARTS

The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Gallery and box office: 655-7226; fourarts.org.

Keep Calm and Color On — 1:30 p.m. every Thursday until Aug. 25 in the King Library. Join the adult coloring craze. Materials provided. Info: email kinglibrary@fourarts.org.

AT THE KELSEY

The Kelsey Theater, 700 Park Ave., Lake Park. Info: 328-7481; thekelseytheater.com.

Otep — Aug. 18.

Summer Meltdown Tour — 8 p.m. Aug. 20. Co-headliners Felicity & Raggy Monster, plus Hiding In Vegas, Ghost Cat and Church Girls.

The "As Good As Dead Tour" featuring Local H — 8 p.m. Aug. 23.

The Rocky Horror Picture Show Movie Event — 11:45 p.m. Aug. 27.

AT THE KRAVIS

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 832-7469; kravis.org.

"The World Goes 'Round" — Through Aug. 21 at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. A musical revue showcasing the songs of Broadway legends John Kander and Fred Ebb, including songs from "Cabaret," "Chicago" and "Kiss of the Spider Woman." The cast includes Clay Cartland, Jinon Deeb and Shelley Keelor, directed by Bruce Linser. Tickets: \$45 each, or \$60 for stage-side cocktail table seats. 832-7469; kravis.org.

AT THE LIGHTHOUSE

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$10 adults, \$5 children ages 6-18; free for younger than 6.

Jupiter Lighthouse participates in the Blue Star Museums program. Children must be at least 4 feet tall to climb. Tours are weather permitting; call for tour times. RSVP required for most events at 747-8380, Ext. 101; jupiterlighthouse.org.

Lighthouse Sunset Tour — Time varies by sunset. \$15 members, \$20 non-members.

Lighthouse Moonrise Tour — 7:15 p.m. Aug. 18. \$15 members, \$20 non-members.

Hike Through History — 8:30-10:30 a.m. the first Saturday of the month. Minimum age 5, ages 13 and younger must be accompanied by an adult that is at least 18 years old. Future dates: Sept. 3, Oct. 1, Nov. 5, Dec. 3.

Lighthouse Story Time & Crafts for Kids — 10:30-11:15 a.m. monthly in the Seminole chickee hut for story time and a craft activity. Ideal for kids ages 8 and younger. Bring a small beach/picnic mat. Free.

AT LOGGERHEAD

Loggerhead Marineline Center — 14200 N. U.S. 1, Juno Beach. Info: 627-8280; marinelife.org.

Public Guided Tours — 2-3 p.m. Monday and Friday, Aug. 19, 22, 26, and 29. \$7 adult, \$5 younger than 12, free for younger than 3. Also offered noon- 1 p.m. Sunday, Aug. 21, and 28.

Fish Feeding — 2-3:20 p.m. Tuesday and Thursday. Aug. 11, 16, 18, 23, 25, and 30. Also offered from 3-3:20 p.m. Saturdays, Aug. 20, and 27.

Dr. Logger Show — 2-2:30 p.m. Sundays, Aug. 21, and 28. Free,

AT MACARTHUR PARK

John D. MacArthur Beach State Park, 10900 Jack Nicklaus Drive on Singer Island, North Palm Beach. Info: 776-7449; macarthurbeach.org.

Educational Reef Program — 10 a.m. Saturdays, Aug. 20 and 27. Learn about the fish and other inhabitants of our near shore reef through a presentation and discussion. After the program is over, participants will be instructed on where to snorkel in the park. Bring your own snorkel equipment; a diver down flag is required for snorkeling activities and can be rented daily at the Beach Outfitters Gift Shop. Free with park admission.

AT THE MALTZ

Maltz Jupiter Theatre, 1001 E. Indiantown Road, Jupiter. 575-2223. Jupitertheatre.org.

Volunteer Open House — 4 p.m. Aug. 20. More than 400 volunteers help in every department in the theater. Find out about specific needs for volunteer. Closed-toe shoes are required. Visit all the stations and you may win a prize. Light snacks and beverages. 972-6105; jupitertheatre.org/volunteers.

AT MOUNTS

Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. Info: 233-1737; mounts.org.

Save Money on Your Landscape

CALENDAR

Classes — 9 a.m.-12:30 p.m. Aug. 20, in the Mounts Botanical Garden auditorium. Free. Call 233-1759.

Making a Garden Trough: The Hypertufa Process — 9 a.m. to noon Aug. 25, Mounts Botanical Garden Pavilion. Master gardener Ted Johnson will demonstrate how to create a hypertufa container and will supply tips on potting mixes and planting. Wear old clothes, bring clear plastic safety glasses and well-fitting, waterproof dishwashing gloves. \$30 members; \$35 nonmembers. 233-1757; mounts.org.

AT THE PLAYHOUSE

Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Info: 586-6410 or lake-worthplayhouse.org.

Lake Worth Has Talent — Auditions Aug. 27-28 for Oct. 30 show.

Stonzek Theatre: Limited release, independent films.

AT THE IMPROV

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 833-1812; palmbeachimprov.com.

Mike Epps — Aug. 19-20. \$40 or \$50 VIP.

Dean Napolitano — Aug. 25. \$15.

Arnez J — Aug. 26-28. \$22.

Ian Bagg — Sept. 1-4. \$20.

AT THE FAIRGROUNDS

South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. Info: 793-0333; southfloridafair.com.

Yesteryear Village — Now open year-round, travel back in time to Old Florida when schools were in one small building and houses did not have running water at this living history park. Open 10 a.m.-4 p.m. Thursday - Saturday. \$10 adults, \$7 seniors 60+, \$7 age 5-11 and free for age 5 and younger. Info: 795-3110 or 793-0333.

AT THE SCIENCE MUSEUM

The South Florida Science Museum, 4801 Dreher Park Road, West Palm Beach. Admission: \$15 adults, \$11 ages 3 to 12, \$13 for age 60 and older. Free for members and children younger than 3. Info: 832-1988; sfsiencecenter.com.

"Grossology: The (Impolite) Science of the Human Body" — Through Oct. 10.

LIVE MUSIC

Downtown at the Gardens — 11701 Lake Victoria Gardens Drive, Palm Beach Gardens. Info: downtownatthegardens.com.

2016 Rock 'N' Roll Summer concert series — Friday nights from 7-10 p.m. in Center Court.

■ **Alter Eagles** — Aug. 19. The music of the Eagles.

■ **Guanabanas** — 960 N. A1A, Jupiter. Age 21 and older. Info: guanabanas.com.

■ **Respectable Street Café** — 518

Clematis St., West Palm Beach. Info: 832-9999; Sub-culture.org/respectables.

■ **Cafe Boulud: The Lounge** — 9 p.m. Fridays, in the Brazilian Court Hotel, 301 Australian Ave., Palm Beach. Vocalist Raquel Williams performs an eclectic mix of American, Latin and Caribbean songs. Info: 655-6060; cafe-boulud.com/palmbeach.

■ **Camelot Yacht Club** — Jazz sessions take place Tuesday evenings at Camelot Yacht Club, at 114 S. Narcissus Ave., West Palm Beach, with resident band TCHAA! Band starts at 8 p.m. For more information, call 318-7675.

■ **Don Ramon Restaurante Cubano & Social Club** — Live music Thursdays through Sundays, 7101 S. Dixie Highway, West Palm Beach. 547-8704.

■ **E.R. Bradley's** — 104 Clematis St., West Palm Beach. Friday, Saturday and Sunday. Info: 833-3520; erbradleys.com.

■ **Paris in Town Le Bistro** — 6-9 p.m. Fridays, 11701 Lake Victoria Gardens Ave, Suite 4101, Palm Beach Gardens. Frank Cerabino plays French favorites on his accordion. Info: 622-1616; parisintown.com.

ONGOING

■ **The Ann Norton Sculpture Gardens** — 2051 S. Flagler Drive, West Palm Beach. The garden is undergoing preservation work and will reopen after Labor Day. Admission: \$10 adults, \$8 seniors and \$5 students. Free for members. Info: 832-5328; ansg.org.

■ **The Armory Art Center** — 1700 Parker Ave., West Palm Beach. Info: 832-1776; armoryart.org.

■ **Artisans On the Ave.** — 630 Lake Ave., Lake Worth. Info: 582-3300; artisansontheave.com.

■ **Exhibit: "Sea You Here"** — Forty artists were asked to reflect on the wonders of the sea.

■ **"Sizzling" HOT** — Opening reception 6-9 p.m. Aug. 19. More than 40 artists display their work which features the art of using heat in various forms, including hot kiln fused glass, encaustic hot wax, welding, soldering, polymer clay, enameling, pottery and ceramics, and raku. Refreshments. Free.

■ **APBC Art on Park Gallery** — 800 Park Ave., Lake Park. Info: 345-2842; artistsofpalmbeachcounty.com.

■ **Photography 2016 Exhibit** — Reception 5-8 p.m. Aug. 19. This grouping of original unaltered images will satisfy the photographer who likes to strip it down. Includes a solo exhibit by Durga Garcia. Through Sept. 30.

■ **The Box Gallery** — 811 Belvedere Road, West Palm Beach. (786) 521-1199.

■ **The Orishas of Cuba: The Saints of the Santeria Religion** — Through Aug. 30. Cuban artist Alberto Piloto Pedroso uses a syringe to create work.

■ **The Chocolate Spectrum** — 6725 W. Indiantown Road, Suite 38, Jupiter. An artisan chocolate shop that offers chocolate-making and pastry classes for all ages. Info: thechocolatespectrum.com.

■ **Chocolate-Making for Differently-Abled Children 10-15** — 4-5:30 p.m. Aug. 22. \$35.

■ **Ladies Night Out** — 7-9 p.m. Aug.



■ **Loggerhead Marinelife Day** — 11 a.m.-4 p.m. Aug. 20, The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens. Free. Info: thegardensmall.com



■ **The Dixie Chicks** — Aug. 20, Perfect Vodka Amphitheatre. Tickets: 800-345-7000 or ticketmaster.com



■ **Dinner and a Movie: Israeli Film & Food Night** — Aug. 23 and 24, at the Mandel JCC in Boynton Beach and in Palm Beach Gardens. See "Hummus! The Movie" and "West Bank Story." Tickets: \$12. (877) 318-0071; pbjff.org

■ **Mike Epps** — Aug. 19-20, Palm Beach Improv. Info: 833-1812; palmbeachimprov.com

25. When the going gets tough, the tough make chocolate. \$40.

■ **Chocolate-Making for Differently-Abled High Schoolers** — 6:30-8 p.m. Aug. 29. For kids in high school who like to cook and eat.

■ **The Cultural Council of Palm Beach County** — 601 Lake Ave., Lake Worth. Hours: 10 a.m.-5 p.m. Tuesday-Saturday. Info: 471-2901; palmbeachculture.com.

■ **Selections from the Armory Art Center** — Showcases 47 talented artists currently teaching at the Armory

Art Center. Aug. 27-Nov. 19.

■ **Women in the Visual Arts: ARTistic Visions** — A juried exhibition featuring artists from Women in the Visual Arts. Aug. 20-Oct. 1.

■ **The Flagler Museum** — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tickets: free for members; \$18 adults, \$10 age 13-17 with adult; \$3 age 6-12 with adult; free for younger than 6. 655-2833; flaglERMuseum.us.

■ **The Florida Trail Association Loxahatchee Chapter** — Leads

CALENDAR

nature walks. New adventurers are welcomed. Get info and register at loxfl-trail.org.

■ **Okeehetee Park Walk** — 7:30 a.m. Aug. 20, 7715 Forest Hill Blvd., West Palm Beach. A 4-mile leisure-paced hike. Call Paul Cummings at 963-9906.

■ **Hike on the Apoxee Wilderness Trail** — 8 a.m. Aug. 27, 3125 N. Jog Road, West Palm Beach. Joe Rosenberg leads a 9-mile moderate-paced hike. Bring plenty of water. 859-1954.

■ **The Historical Society of Palm Beach County** — Johnson History Museum, 300 N. Dixie Highway, West Palm Beach. Free admission. Info: 832-4164; historicalsocietypbc.org.

■ **“ArtCalusa”** — Through Aug. 27, in the third floor courtroom gallery.

■ **Jonathan Dickinson State Park** — 16450 SE Federal Highway, Hobe Sound. Park entry is a suggested donation of \$5. Info: 745-5551 or email friend-sjdsdp@gmail.com.

■ **Canoe or kayak river tours** — Every Friday and the last Saturday of the month, from 9:45 a.m. to noon. The tour is free with park admission. Registration in advance is required at 745-5551.

■ **The Lighthouse ArtCenter** — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is \$5 Monday-Friday, free on Saturday and for members and exhibiting artists. Info: 746-3101; LighthouseArts.org.

■ The gallery will be closed through Aug. 28.

■ **The Mandel Public Library of West Palm Beach** — 411 Clematis St., West Palm Beach. Info: 868-7701; mycitylibrary.com.

■ **Summer Dog Tales** — 11 a.m. Mondays, Thursdays, Saturdays. Meet the library’s specially trained therapy dogs that will listen to your child read. Call KidSpace at 868-7703.

■ **Learn Traditional Japanese Karate** — 7-7:45 p.m. Mondays. Learn self-defense, build confidence, get great exercise, and relieve stress. John Alford will teach.

■ **The Norton Museum of Art** — 1451 S. Olive Ave., West Palm Beach. Free admission. Info: 832-5196 or norton.org.

■ **“Giverny: Journal of an Unseen Garden”** — Through Oct. 30. Artist Mark Fox’s experience working on the grounds at Giverny, the home of French painter Claude Monet.

■ **“Spotlight: Lichtenstein and Monet”** — Through Aug. 21, Roy Lichtenstein’s work takes a fresh look at Monet’s lily pads. Lichtenstein’s “Water Lilies with Clouds,” is a large-scale print on stainless steel, which is the Norton’s most significant work by the Pop artist.

■ **The Palm Beach Photographic Centre** — 415 Clematis St., West Palm Beach. Info: 253-2600; workshop.org.

■ **The 19th annual Members’**

■ **Juried Exhibition** — Aug. 27-Oct. 29. Opening reception: 6-8 p.m. Aug. 26.

■ **The Palm Beach Zoo & Conservation Society** — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m. to 5 p.m. every day, except Thanksgiving and Christmas. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 533-0887; palmbeachzoo.org.

■ **Perfect Vodka Amphitheatre** — 601-7 Sansbury’s Way, West Palm Beach. Info: westpalmbeachamphitheatre.com/events/. Tickets: 800-345-7000 or ticketmaster.com.

■ **The Dixie Chicks** — Aug. 20.

■ **Oddball Comedy and Curiosity Festival** — Aug. 25. Features Sebastian Maniscalco, Gabriel Iglesias and Jim Jeffries.

■ **Fifth Harmony** — Aug. 26.

■ **Brantley Gilbert** — Aug. 28.

■ **Miranda Lambert** — Sept. 10.

■ **The River Center** — 805 N. U.S. 1, Jupiter. Hours: 9 a.m. -4 p.m. Tuesday-Saturday. The Loxahatchee River District was created more than 30 years ago to monitor and protect the river. Today it’s a teaching facility and recreation area that offers programs to enrich the community and the river. Call 743-7123.

■ **Volunteers needed** — The RC needs enthusiastic, personable volunteers age 14 and older. Call Megan at 743-7123 or email education@lreccd.org

■ **Public Tour and Fish Feeding** — 2-3 p.m. Saturdays. A staff member leads a tour of the facility, including a touch tank presentation and feeding.

■ **Macy’s Shop for a Cause** — Aug. 26-28. Purchase a \$5 Macy’s shopping pass for Shop for a Cause to help the center and get three days of bargains.

AREA MARKETS

■ **Riviera Beach Marina Village Green & Artisan Market** — 10 a.m. to 2 p.m. Saturdays year-round, 200 E. 13th St. at Broadway, Riviera Beach. Vendors of produce, coffees, smoothies, artisan specialty foods, health/nutrition vendors, and local artisan crafts, clothing and accessories. Interested vendors should call 623-5600; or visit harrysmarkets.com.

■ **Lake Worth High School Flea Market** — 5 a.m.-3 p.m. Saturdays and Sundays, under the Interstate 95 overpass on Lake Worth Road. Info: 439-1539.

■ **The Palm Beach Gardens Green-Market** — At STORE Self Storage and Wine Storage, 11010 N. Military Trail, Palm Beach Gardens. Open from 9 a.m. to 1 p.m. Sundays through Sept. 25. Info: 630-1100, or email recinfo@pbgfl.com.

■ **The Green Market at Palm Beach Outlets** — 11 a.m.-4 p.m. Sundays, 1751 Palm Beach Lakes Blvd., West Palm Beach. Arts and crafts, fresh flowers, homemade foods, organic produce. Info: 515-4400; palmbeachoutlets.com. ■

SINGLE TICKETS ON SALE THIS MONDAY, AUGUST 22 AT 10:00AM!

FEATURED PRODUCTION

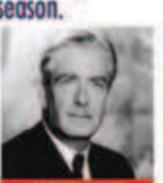
THE AUDIENCE

OCT 23 - NOV 6, 2016

For over sixty years, Elizabeth II has held private weekly meetings with each Prime Minister, from Churchill to Cameron. In these intimate and sometimes explosive conversations, we see glimpses of the woman who wears the crown and witness the moments that shaped a monarch. Go behind the walls of Buckingham Palace and into the private chambers of Queen Elizabeth II for the audience in Peter Morgan’s riveting new play that swept Broadway last season.



SPONSORED BY JOHN McDONALD COMPANY

 SIR WINSTON CHURCHILL	 SIR HENRY EDEN	 HAROLD WILSON	 SIR JOHN MAJOR
 MARGARET THATCHER	 TONY BLAIR	 GORDON BROWN	 DAVID CAMERON

Me and My Girl

NOV 29 - DEC 18, 2016

This heart-warming dance sensation follows an unrefined charmer who learns he is heir to the Earl of Hareford. But, he'll only earn his inheritance if he gives up his true love. Will love or money win? Fun for the entire family!

WRITTEN BY KATHY AND JOE SARAGESE AND PATTY AND BOB HENDRICKSON

THE PRODUCERS

JANUARY 10 - 29, 2017

Mel Brooks' Tony Award®-winning musical phenomenon about a down-on-his-luck producer and his accountant who scheme to produce a Broadway flop is sure to be a sell-out!

WRITTEN BY JANE F. NAPIER AND WILLIAM W. NAPIER

DISGRACED

FEBRUARY 12 - 26, 2017

This provocative new Pulitzer Prize-winning play examines the stories we share with our friends, the secrets we tell our lovers and the lies we tell ourselves.

WRITTEN BY JOE AND DAN HUNT AND THE BOY A. HUNT FOUNDATION AND PRISCILLA HEUBLEIN

GYPSY

MAR 21 - APR 9, 2017

Inspired by the memoirs of the legendary burlesque performer Gypsy Rose Lee, this Tony Award®-winning Broadway smash hit follows the dreams and efforts of a powerhouse stage mother to lead her daughters into show business.

WRITTEN BY MARIANNE GLICK AND MICHAEL WOODS AND IN LOVING MEMORY OF JOY & BILL GIBBLAND

3 WAYS TO PURCHASE TICKETS:

1 PHONE: (561) 575-2223

2 ONLINE: www.jupitertheatre.org

3 IN PERSON: 1001 East Indiantown Road, Jupiter, FL 33477





Local playwright to offer dinner theater presentation of 'Shell of a Man'

SPECIAL TO FLORIDA WEEKLY

Donna M. Carbone, a freelance writer/teacher/journalist living in Palm Beach Gardens, is being honored by Harbourside Place and Another Broken Egg Café with a dinner theater presentation of her play, "Shell of a Man" on Thursday, Sept. 1.



CARBONE

According to Ms. Carbone, "Shell of a Man" is based on the life of an actual Vietnam veteran and focuses on the effects of his 40-plus-year battle with PTSD. Her goal is to personalize this much-talked-about but barely understood condition in order to raise awareness of the need for better health care for men and women in uniform.



TIDWELL

The play will feature three actors who train at the Burt Reynolds Institute for Film and Theatre — Ewan Leslie as Robert Logan, Jeanne Tidwell as Adriana Fleming and Nancy Wood as Dawn Peters. Carbone mentioned that both Tidwell and Wood were experienced actors but said Leslie would be treading the boards for the first time in his career. "I'm so proud of my actors," she said. "There is a tremendous amount of dialogue to memorize in a short amount of time, but Ewan, Jeanne and Nancy are passionate about Robert's story, and I know



WOOD



LESLIE

that passion will show in their performances."

Another Burt Reynolds Institute student, Kevin Mayle, is responsible for creating the poster advertising the play.

In a recent interview, Ms. Carbone explained how "Shell of a Man" came to be written. "In 2011 I published two columns supporting better health care for veterans. A Vietnam vet wrote to me, expressing his thanks and beginning what was to become a much cherished and, often, painful friendship. He calls himself Robert L. We've never met. His face is but a ghostly image in an old photograph he sent to me.

"I hear his voice only through the emails we exchange. I believe that distance and the anonymity of the internet allowed Robert to share his life with me in a way few others have heard. What he said forced me to accept that, despite being well read, I knew nothing about what a black man endured being raised in the Jim Crow South or the effects of having served in a war zone. Although 'Shell of a Man' is told through the life of one man, it is in actuality the story of many men."

"Shell of a Man" was presented as a staged reading in April at the Dallas Convention Center, where it was warmly received. Carbone incorporated suggestions from that audience into the presentation that will take place at Harbourside. This time the play will be presented as a workshop performance, which is the second step in the production process, and will include another talk-back with the audience at the end of the show.

The dinner portion of the evening will begin at 5 p.m. and will include a fixed-price menu with a selection of two main courses. The meal will include a glass of wine and/or a cold beverage. The cost for both the dinner and the show is \$30. The play will begin at 7 p.m. Seating is limited. Tickets can be ordered by calling 385-1584.

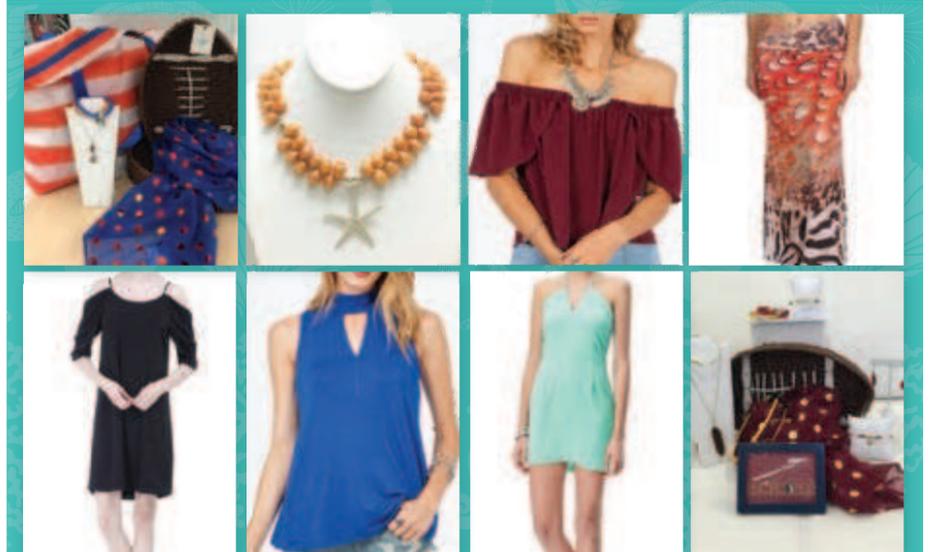
For more information, visit writeforyoullc.com.

Contact Ms. Carbone at write4you@comcast.net or call 385-1584. ■

PUZZLE ANSWERS

P	O	W	E	R	A	M	P	O	D	E	S	S	A	T	R	I	E	R			
A	N	A	L	O	G	U	E	B	I	G	T	O	E	H	E	N	C	E			
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7	6	4	9	1	3	8	2	5												



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DOWNTOWN
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Lisa Wesley, Ed Kabb, and Trish Crowe



1. Andrew Ganas, Nancy Ganas and Luke
2. Liz Liverman, Barb Schumacher, Lynna Butler, Lori Plotke and Scott Lombart
3. Brenda Gruber, Jonas Stankunas, Nancy Raicovich and Paula Stankunas
4. Cass Gunther, Cathy Quinn and Mary Quinn
5. Marcos Echevarria and Ronnie Rock
6. Toni Forbes, Rodney Forbes, Lynn Stange and Bob Stange
7. Jill Devito, Jack Domb and Anastasia Held
8. Melissa DaCunha and Stacey James Schoettler
9. Nathan Torres, Leony Rodriguez and Oscar Torres

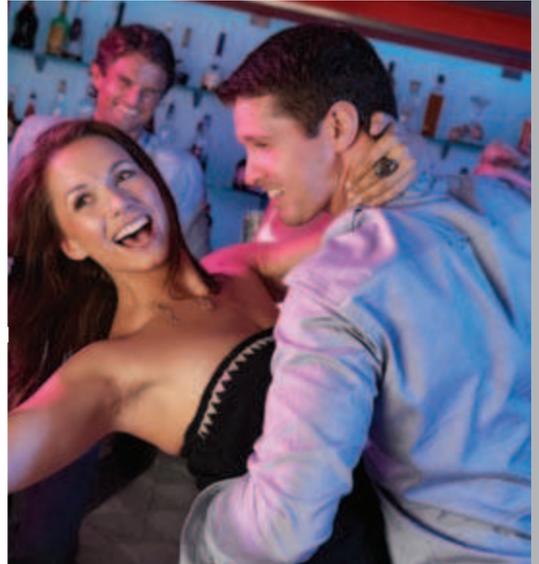


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entertaining

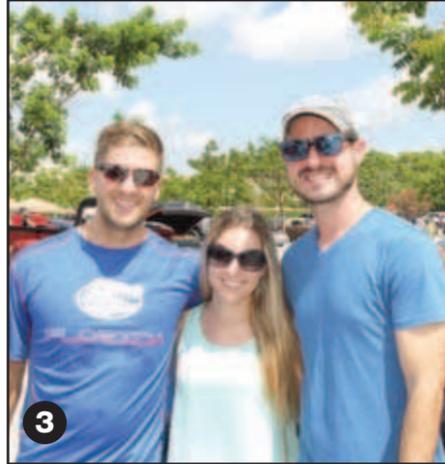
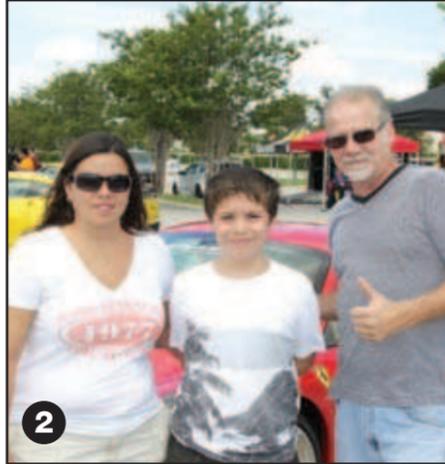


ways FREE!

 DOWNTOWN at the gardens

SOCIETY

Cars and Coffee at Palm Beach Outlets in West Palm Beach



1. Tara Sweet, Jason Sweet and Nadine Goff
2. Tonya Sensibaugh, Nathan Sensibaugh and Chris Sensibaugh
3. Devin Fontane, Erica Holden and Wayne Frerichs
4. Kim Volante
5. Gaige Stryker, Chris Stryker, Angela Stryker, Juan Rodriguez, Kevin Rodriguez, Kathy Rodriguez and Luis Lora
6. Joe Cormier, David Cardoso and Richard Rodriguez
7. Carlos Rivera and Jorge Ramirez
8. Julio Gomez, Ashley Frame, Taylor Moreland and Tori Moreland
9. Mike Phillips, Paul Stammer, Andre Hile and Bryan Juzwiak
10. Sidney Vallon, Chris Hagadorn, Andreas Christofano, Simone Shand, Eros Vallon, Keira Hasmatali and Emilla Vallon
11. Jared Richards and Jessica Quiggle



Paige Murneke, Pippa Dodge and Kristen Brawn



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LATEST FILMS

'Hell or High Water'



danHUDAK

 punchdrunkmovies.com

★ ★ ★ 1/2

Is it worth \$10? Yes

Superb in every way, "Hell or High Water" is a slow burn, tense and sublime American drama highlighted by fantastic writing and even better performances.

It's one of the best movies of the year. If the Old West told stories of good vs. evil and the protection of civilization against all who threaten it, this "New Western" adapts those principles for the present day with noticeably blurred lines. Brothers Toby (Chris Pine) and Tanner (Ben Foster) are as smart as can be when robbing numerous branches of Texas Midlands banks: They wear masks, always use a different car, only take low denomination bills (because 100s and above are traceable) and max out at less than \$10,000 each time. This keeps them below the radar of the FBI — but puts them in the sights of retiring Texas Ranger Marcus (Jeff Bridges) and his partner, Alberto (Gil Birmingham).

In addition to Toby and Tanner's methodology being smart, their reasons are valid (albeit selfish). Toby knows the bank is ready to foreclose on the family's land, and he wants to leave it in a trust for his two sons. So he and Tanner are stealing from the bank only to give the money back to the bank to pay off debts.

What's fascinating about the story from Taylor Sheridan ("Sicario") is that it's layered, piece by piece, to continuously reveal information the viewer doesn't necessarily expect. To wit, how they launder the money, Toby's real motivation for saving the land, etc., are all appropriately grounded in logic and reason. Even better, these gradual reveals are punctuated by standout supporting performances, especially Margaret Bowman as a spirited waitress at the T-Bone café, Katy Mixon as a waitress who flirts with Toby and Dale Dickey in the opening scene as a bank employee who gives the boys a piece of her mind.

Movies go from good to great with these small standout turns, so kudos to casting directors Jo Edna Boldin and Richard Hicks for getting every role right.

Of course it's Mr. Pine, Mr. Foster and Mr. Bridges who lead the way.

Mr. Pine's approach is stoic and sure as a dad who'll do anything to provide for



his kids, whereas Mr. Foster is unhinged as an ex-con who feels he has nothing to lose. As a weary widower who's dreading his oncoming retirement, Mr. Bridges so perfectly embodies churlish Marcus that he could very well be in line for a supporting actor Oscar nomination.

A relative unknown from Britain, David Mackenzie announces his directorial presence in a major way with this film.

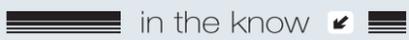
Most impressively, he uses the arid, vast and sun-baked landscape to create a sense of isolation that accentuates how lonely the characters feel: Toby because he's divorced and rarely sees his kids, Tanner because he's fresh out of prison and can't acclimate back to society, and Marcus because he's about to move into a solitary, boring retirement. Toby and Tanner are close, but you sense they know it's fleeting, as if they're both lost causes searching for a purpose and hoping beyond all hope that what they're doing will make someone else's life better.

It's for this reason that we still like the brothers.

But heck, we like Marcus too, especially his humorous and politically incorrect sentiments and uncanny instincts.

How rare it is to see a movie in which you root for everyone in spite of their various shortcomings, and for it to be executed with great tension and suspense to the very end.

Do not miss "Hell or High Water." ■


 in the know

 >> Although it's set in Texas, "Come Hell or High Water" was shot in remote areas throughout New Mexico.

FILM CAPSULES

Florence Foster Jenkins ★★ ★
 (Meryl Streep, Hugh Grant, Rebecca Ferguson) In 1944 New York City, wealthy socialite Florence Foster Jenkins (Ms. Streep) aspires to be an opera singer in spite of her notable lack of ability. Ms. Streep and Mr. Grant are a formidable duo, but it's director Stephen Frears ("Philomena") striking just the right tone of laughing at Florence but with the movie that makes it all work. Rated PG-13.

Suicide Squad ★★ 1/2
 (Will Smith, Margot Robbie, Jared Leto) The world's most dangerous criminals are given a reprieve from prison to fight a deadly witch (Cara Delevingne). Robbie steals the movie as Joker's (Leto)

squeeze Harley Quinn, and the action and soundtrack keep things popping, but the story has numerous problems. Set in the same DC Comics universe as "Batman v. Superman: Dawn of Justice." Rated PG-13.

Jason Bourne ★★ 1/2
 (Matt Damon, Alicia Vikander, Tommy Lee Jones) Bourne (Damon) gets new information about his past and has to fight off the CIA agents (Vikander, Jones, Vincent Cassel) who want him dead. The story has head scratching moments, but the action is tense and exciting. Make sure you're up to speed on the three previous Damon-led "Bourne" films or you'll be lost. Rated PG-13. ■

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SOLE FRANCESE
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Art After Dark looks at Art of the Garden

Artists have always tried to capture the beauty that God has made, and they'll always come in a close second. But some artists will come closer than others. Monet is an example where the garden inspired the painter who inspired many more.

Art After Dark, from 5 to 9 p.m. Aug. 25, takes you on a garden stroll of sorts to visit Monet's renowned paintings of the

garden and lily ponds at Giverny, France, as well as the gardens themselves in Mark Fox's video, "Giverny: Journal of an Unseen Garden." In this week's curator's conversation Glenn Tomlinson will speak about "Americans at Giverny" at 6:30 p.m. in the Fisher Gallery.

At 7:30 p.m., guest speaker Rochelle Wolberg, interim operations manager of Mounts Botanical Garden

of Palm Beach County, will discuss "the culture of gardens," and the common themes gardens convey: beauty, order, and strength. Wolberg's illustrated talk includes gardens from around the world.

Spotlight Talks, 15-minute talks on a variety of subjects, are given every 15 minutes from 5:30 to 6:15 p.m. in the Picower Gallery. Learn about the Gardens at the Villa Morena, Bordighera. In the King

Gallery, learn more about Giverny.

Music is a classical repertoire inspired by the natural world performed by Duo Pedrazzini.

Food and drink by Potions in Motion is served until 8:30 p.m. in the Central Courtyard.

Admission to Art After Dark is free. Info: 832-5196 or Norton.org. ■

— Janis Fontaine

IMPRESSIONS

From page 1

In 2010, after spending three months at Monet's Giverny home and contemplating his famous gardens, the artist-in-residence realized nobody had seen the famed lily pond below the surface.

"Obviously, I knew about Monet but being taken by his experience and seeing something new was very exciting," Mr. Fox said. "It was fantastic for me."

His video installation "Giverny: Journal of an Unseen Garden," featuring Monet's aquatic muses is now on view at the Norton Museum of Art through Oct. 30. The looped footage plays across five large screens. By placing the screens consecutively, the installation keeps in line with the horizontal setting of Monet's paintings in the Musée de l'Orangerie in Paris.

When the silent film begins, one can hardly make out the five projected scenes of murky waters and leafy greens. It progresses at a slow pace and just like at the l'Orangerie, foliage and water surround everything. The room becomes a sort of underworld, time slows down. One braces for a creature to appear but instead is treated to the colorful dance of "Les Nymphéas," which enter delicately like the *corps de ballet* opening an act, except they are the main attraction. The cameras don't lie. The water lilies come in yellows, light and deep purples. The fragments hit by the filtering sunrays look as if they have caught fire.

While filming them, the New York-based artist sought out to capture the ever-changing light much as Monet did. However, Mr. Fox has a far more abstract obsession of his own that is fed in part by his Catholic upbringing.

"I'm mostly interested in ritual and where ritual came from," he said. "What carries my work is the idea of how people are manipulated by forces they are not aware of."

Although he had employed video before in his artistic career, he never expected to use it during his stay at what is now the Monet Foundation in Giverny. After all, his main work consists of drawings, paintings and stainless steel site-specific sculptures.

"I could have just gone with the idea that I'm a painter so I'm just going to paint," he said. "Of course, painting would not have sufficed."

Three weeks of his internship had passed when the idea came to him.

"I can't tell you much more other than one day I was walking and then it just occurred to me that there had to be something that even Monet hadn't seen," Mr. Fox said.

He was determined to find a new door



COURTESY PHOTOS

"Giverny: Journal of an Unseen Garden" explores Monet's water lilies from an underwater perspective.



Artist Mark Fox at work in his studio.

into a world already heavily explored by tourists and fellow artists, not to mention by the master himself from the 1890s to 1926. Monet produced more than 200 paintings of his favorite motif, the water lilies. That's just what survived.

In a 1908 letter, the Impressionist writes: "These water and reflection landscapes have become an obsession. They are too much for an old man's strength. ... I have destroyed several of them."

Perhaps it was the instruction Mr. Fox received that the pond was off limits that pointed him precisely in that direction and later led him to submerge his camera using a string. There, he discovered a

familiar world that was also entirely new and entirely his own. His little experiment was followed by official approval, better equipment and a daily filming schedule that also mimicked Monet's work routine.

When planning the life-size series of the lily pond views, Monet wished for the viewer to get lost in the paintings and leave behind the horrors of World War I, which had just ended. He meant for the canvases to stretch along two consecutive oval rooms of l'Orangerie to convey a sense of infinity and spatiality, much like what Fox has done. However, the master did not get to see the opening and died a few months before, in 1926. Had he

lived, he would have witnessed the lack of public interest in his water lilies. It wasn't until after World War II that his late work enjoyed a new appreciation.

Asked whether the Impressionist would be pleased with Unseen Garden were he alive today, Mr. Fox said, "I would hope so." But more than that, he hopes his installation makes the viewer "slow down" and feel the experience rather than collect facts. It's a notion he likes to revisit and represented once through a piece of a museum being flooded by water.

"So calm and beautiful to watch," Mr. Fox said.

"Unseen Garden" is equally serene and striking and seemingly endless. The couch provided encourages a longer stay and most of the museum galleries are closed for renovations anyway. In the words of Monet again, one is to seek "refuge for undisturbed meditation in the midst of a blossoming aquarium." ■

in the know

Giverny: Journal of an Unseen Garden

>> **When:** Through Oct. 30

>> **Where:** Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach.

>> **Cost:** Free

>> **Info:** 832-5196 or Norton.org.

HAPPENINGS

From page 1

proceeds benefitting their favorite charity.

The Chef's Collaboration Dinner for No Kid Hungry takes place at 6 p.m. Aug.

23, at the Avocado Grill, 125 Datura St., West Palm Beach. Seats are \$85 and reservations are required. Call 623-0822 or visit avocadogrillwpb.com

Bye-bye super-sized CbN

The Aug. 25th Clematis by Night is the last in the city's series of super-sized dance parties with extended hours and

two bands.

The successful Summer in Paradise event series with its giant tops and glow in the dark mini-golf comes to a close, but not before one last fete. From 6 to 10 p.m. Aug. 25, the Valerie Tyson Band and IndiGo the Band perform, and for \$5 guests can play giant games that include human bowling, Jenga, human foosball

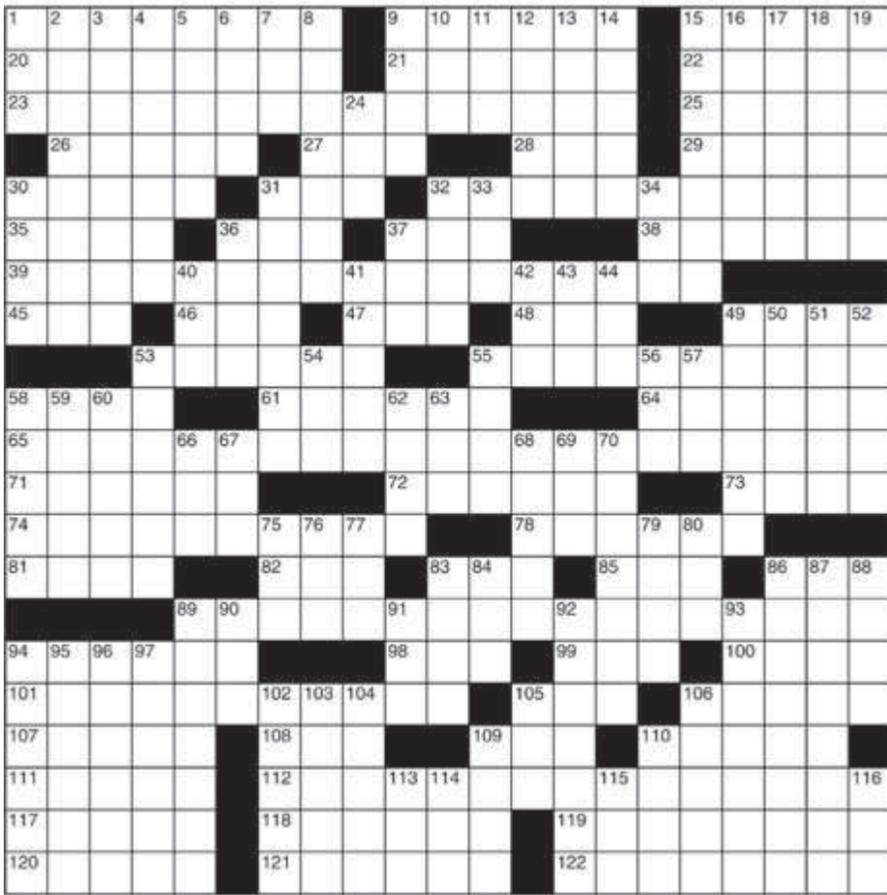
and sumo wrestling. All ages are welcome to play.

The last day for folks to visit Los Trompos, the colorful life-size tops, and Glow FORE It mini golf is Aug. 28. On Sept. 1, Clematis by Night returns to its traditional schedule of 6-9 p.m. and one band instead of two.

Info: clematisbynight.net. ■

PUZZLES

THE FIRST REVERSED



- ACROSS**
- 1 Signal-enhancing audio equipment
 - 9 Ukrainian port
 - 15 Judge, during a case
 - 20 Not digital, as a clock
 - 21 Largest "little piggy"
 - 22 As a result
 - 23 Gave some merchandise an awful review?
 - 25 Cultural values
 - 26 Film's name, e.g.
 - 27 Actress Wray
 - 28 Winning tic-tac-toe line
 - 29 Sans — (carefree)
 - 30 Ancient Aegean region
 - 31 Jazz band's job
 - 32 Lowers a lady again while tangoing?
 - 35 Yule libations
 - 36 Election winners
 - 37 Took a load off
 - 38 Alarm clocks, when going off
 - 39 Fashions, articles
 - 45 Osaka cash
 - 46 Partner of parks, briefly
 - 47 City grid: Abbr.
 - 48 Sac fly stat
 - 49 "Of course, amigo!"
 - 53 Spicy Korean cabbage
 - 55 Data about unstimulating java?
 - 58 Antares, e.g.
 - 61 Edible hero
 - 64 Roo's donkey pal
 - 65 Never took off one's teal jumper?
 - 71 Bushes' successors
 - 72 D major's relative key
 - 73 Sloop feature
 - 74 Casual pants dug out of the earth?
 - 78 Fly in Zambia
 - 81 Granola bits
 - 82 Most populous Idaho county
 - 83 Shar- — Jr.'s junior
 - 86 Boise-to-Las Vegas dir.
 - 89 Magazine devoted to razor sharpeners?
 - 94 Weather map line
 - 98 '80s sitcom
 - 99 Name of 13 popes
 - 100 Broad valley
 - 101 Thorough way to steal someone's milk shake?
 - 105 Hostile dog
 - 106 Clingy wrap
 - 107 Like wet weather
 - 108 Bruins' Bobby
 - 109 Lass
 - 110 Months before Oct.
 - 111 Make amends (for)
 - 112 What makes thin sheets stick together?
 - 117 Calculus pioneer
 - 118 Reciprocal
 - 119 German
 - 120 Lechers' looks
 - 121 Get garbed
 - 122 Devours greedily
 - 36 Bit of news
 - 37 P.D. rank
 - 40 Mumbai Mr.
 - 41 Hoops Hall of Famer — Thomas
 - 42 Poet's "before"
 - 43 "Castle" ailer
 - 44 By way of
 - 49 Bully's retort
 - 50 Twenty: Prefix
 - 51 Houston baseball team, briefly
 - 52 "— a Letter to My Love" (1981 drama)
 - 53 Krispy — (doughnut shops)
 - 54 Boiling
 - 55 Slicer site
 - 56 Store suffix with "two"
 - 57 Extra charge
 - 58 Replay mode
 - 59 Bone of the lower leg
 - 60 — -garde
 - 62 Chinwags
 - 63 "Smarter planet" co.
 - 66 Pa
 - 67 Financial paper, briefly
 - 68 "— then ..."
 - 69 Canon line
 - 70 Novelist Theodore
 - 75 Stud locale
 - 76 Hue and cry
 - 77 Middy break
 - 79 Bandleader Puente
 - 80 Francis Drake's title
 - 83 Aspirin unit
 - 84 Santa's aide
 - 86 Launching
 - 87 Haile — (Rastafarian savior)
 - 88 Site of delight
 - 89 Workers cutting timber
 - 90 La-la lead-in
 - 91 "My Gal —"
 - 92 Wail loudly
 - 93 Kind of plug
 - 94 Haifa locale
 - 95 Figurine, e.g.
 - 96 Yankee rival
 - 97 Pennant
 - 102 Nick of films
 - 103 Like comics
 - 104 Knight wear
 - 105 GoPro, e.g.
 - 106 Manage
 - 109 Singer Marvin
 - 110 Comfy-cozy
 - 113 — Jima
 - 114 Apprehend
 - 115 First Bible bk.
 - 116 TV hosts
- DOWN**
- 1 Golf number
 - 2 Evenly matched
 - 3 Inviting to enter with a hand motion
 - 4 Snobby sort
 - 5 Missouri city
 - 6 Film critic James
 - 7 Strong java
 - 8 Home aquarium inhabitant
 - 9 Comply with
 - 10 Make a hole
 - 11 Self-love
 - 12 Endured
 - 13 "Ditto"
 - 14 Fable figure
 - 15 Saint-Saens cello piece
 - 16 Won back
 - 17 Bury
 - 18 Nissan Leaf, for one
 - 19 Ingredients in plastics
 - 24 Witch
 - 30 Like pen smudges
 - 31 Small Italian dumplings
 - 32 Fans' shouts
 - 33 Ordinal ending
 - 34 Fin. neighbor

SEE ANSWERS, B7

HOROSCOPES

ARIES (March 21 to April 19) The typically tidy Ram or Ewe might want to butt out until things are settled on the home front. But get involved and let your Ovine sense of order help restore domestic tranquility.

TAURUS (April 20 to May 20) The Bovin's flair for fine-tuning complicated fiscal dealings comes in handy when an unexpected financial problem arises. Stay with it until it's resolved to your satisfaction.

GEMINI (May 21 to June 20) Family aspects remain strong. There might be some unresolved difficulties, but continued attempts to smooth things over eventually prove to be successful. A major purchase looms.

CANCER (June 21 to July 22) A promise that was made but never kept suddenly re-emerges in your life. You now have to decide if you're still interested in what it offers or if you've moved past it.

LEO (July 23 to August 22) Romance comes to unattached Leos and Leonas who have been waiting for Cupid to target them for far too long. Domestic purr-fec-tion is also enhanced for paired Felines.

VIRGO (August 23 to September 22) You need to take a much-needed break from that demanding project before too much energy-draining tension sets in. And don't be ashamed to ask for help.

LIBRA (September 23 to October 22) Change makes demands that you might find unwelcome at this time. But

instead of concentrating on the short run, look toward potential benefits down the road.

SCORPIO (October 23 to November 21) You have a gift for reviving projects that seem beyond repair. Use that same ability to restore a relationship that seems to have turned from loving to lifeless.

SAGITTARIUS (November 22 to December 21) Expect to be asked to use your combined wisdom and humor to resolve a problem. After all, folks not only value your advice, they also like how you give it.

CAPRICORN (December 22 to January 19) Most people consider you solid and steady. But you also can be quite capricious (which is a Latin word for "describing the behavior of Goats") when it suits your needs.

AQUARIUS (January 20 to February 18) People treat you as you wish to be treated. So if you want a change in your relationship, make it happen. Also expect someone to reveal some long-held secrets.

PISCES (February 19 to March 20) Stay with the decision you made, despite a sudden torrent of advice to the contrary from well-meaning people. Remember: You know your needs better than anyone.

BORN THIS WEEK: You like things tidy, with no loose ends. You also enjoy research and would make an excellent investigative reporter or scientist. ■

By Linda Thistle

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Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

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★★★ Expert

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FLORIDA WEEKLY CUISINE

Bonefish hooks up at Midtown; Lynora's coming to Jupiter



janNORRIS

jan@jannorris.com

Bonefish Grill re-opened early this month in its new location, Mainstreet at Midtown, with a charity gesture, giving 50 percent of sales to the United Way of Palm Beach County. The community-based fund received \$5,000.

The popular seafood restaurant moved from its spot in **The Shoppes at Oakbrook** on U.S. 1 to Midtown on PGA Boulevard for its "bustling" environment, according to the managing partner, **Jeremy Sartwell**.



SARTWELL

Though the size of the new restaurant is only 30 seats larger than the previous spot — 232 seats indoors and 34 on the patio — the big difference diners will see is the centerpiece horseshoe bar. It's the first one of its size in a Bonefish Grill.

Modern décor features earth tones throughout, and a stainless steel wall sculpture of a bonefish with sequined scales. Tall sconces etched with mangrove trees used as a divider between the bar and main dining room are functional art.

Familiar faces will greet and serve diners, since the staff followed Mr. Sart-

well to the new locale.

"I was lucky not to lose one server," he said. "That's been smooth, compared to other store openings."

Things are somewhat different in the back of the house, once home to Cantina Laredo. "The kitchen staff has actually grown," he said. "And at the previous store we had written tickets for orders; here, we have monitors."

The electronics take a while to get used to, Mr. Sartwell said, but harder to learn is new placement of the equipment — "muscle memory" relearning, he calls it.

Open for dinner daily, lunch Monday through Saturday, and a Sunday brunch, the restaurant is offering a lighter summer menu, including wild sockeye salmon topped with spinach and bacon; dayboat scallops from Massachusetts, with a corn risotto; and hand-cut grouper topped with shrimp and a citrus aioli.

Special summer cocktails have fresh fruit — strawberries and blackberries in the strawberry Rose martini, and watermelon in the fresh watermelon martini using house-made cucumber vodka.

Bonefish Grill is a chain — a part of the **Bloomin' Brands** restaurant family that includes **Outback Steakhouse**; it started in St. Petersburg. Wood-grilled seafood is the signature cuisine.

Lynora's to open in Jupiter

Lynora's, a long-time Palm Beach County Italian restaurant now on Clematis Street in West Palm Beach, will add a second location in Jupiter on U.S. Highway 1.

The restaurant centered on matriarch



LIBBYVISION

A section of the bar at **The Cooper** in Palm Beach Gardens.

Maria Abbenante's culinary traditions had a 30-year run in west Lake Worth, where families met for pizza nights and meals of traditional pasta dishes.



ABBENANTE

After an eight-year absence, the family opened its new location in downtown West Palm Beach in 2014, serving up old favorites like pizzas and pasta dishes, as well as "fusion" specials.

This fall, they plan to add their second location at 1548 N. U.S. Highway 1 in Jupiter.

Co-owner, and Maria Abbenante's spouse, **Rafaelle**, said so many customers from the North County area asked

for a second location closer to them, they obliged once they found the right spot.

The restaurant will have 70 seats, including a patio, with open kitchen and wood-burning oven.

A mid-October opening is planned; the restaurant will serve lunch, dinner and a weekend brunch.

In brief

Chef **Clay Carnes** is finishing the touches on his new **Cholo Soy Cocina**, a modern Mexican restaurant that



CARNES

will add to the growing group of dining spots on the Dixie Highway corridor in West Palm Beach. The chef is a winner of the Food Network's "**Cutthroat Kitchen**," and has been teaching cooking classes leading

up to the September opening. . . . With lobster season in full swing, **Spoto's in PGA Commons** is offering the "Lobsta' Special" — a 2-pound Maine bug for \$32.50 with sides. Call to reserve one as quantities are limited. . . . Also in PGA Commons, **The Cooper** has launched a new happy hour menu for night owls. For \$5 to \$12 a plate, those with the munchies can sate their cravings with Mexican street corn, chorizo cheese fries, beer-braised mussels, or a duck confit and black bean quesadilla — along with several others. Cocktails are only \$6. These are offered daily at the bar and on the outdoor patio from 9 p.m. to close. ■

VINO

It's not just a guy thing anymore



jerryGREENFIELD

vino@floridaweekly.com

It wasn't all that long ago that you asked for the wine list in a restaurant and the server automatically handed it to the man at the table. Not any more.

In years gone by most (if not all) winemaking operations were under the control of the male of the species. But there's been a shift over the last 30 years or so. First, several female winemakers — Helen Turley, Pam Starr and Heidi Barrett in the U.S., for example — have made a significant impact by making significant (and expensive) wines. And since winemaking is traditionally a family business, many winemakers have given their daughters major roles in the production and marketing sides of the operation.

In Italy, top-level winemakers Angelo Gaja and Piero Antinori both have ceded a good deal of responsibility to their daughters. In this country, Tim Mondavi's daughter Carissa plays a major role at the family's Continuum winery. The same thing is happening in other parts of the world.

But France has always taken the lead in giving these opportunities to women. It goes as far back as 1805, when Champagne maker François Cliquot died and left his winery to his wife, Barbe-

Nicole Ponsardin. The widow — *veuve* in French — Cliquot built the company into the iconic enterprise it is today. Several other major wineries in Bordeaux, Chateau Margaux and Chateau Lanessan among them, have prospered under the direction of female owners.

But even more interesting is the way women think of wine, purchase it and drink it. Vinexpo, the worldwide trade marketing organization, researches this sort of thing, and the trends are very revealing.

It has long been theorized that women perceive and actually taste wine differently than their male counterparts. There might be actual reasons for that, involving basic physiology and body chemistry. French wine critic Isabel Forêt has written extensively about this phenomenon in her annual guide to wine for women. Subtitled "How to Love and Understand Wine," it runs 500-plus pages.

In my experience, women direct their attention to the hedonistic side of wine consumption, focusing on the flavors, aromas and sensual aspects, while men tend to concentrate more on the grape varietal, soil type, where the wine was made ... the factual stuff.

Plus, women think about and perceive wine in different ways. The vast majority of women believe that drinking wine is compatible with maintaining a healthy, balanced diet (this is particularly true in the U.S.). They also see wine as an enhancement for special



events and fine food.

Vinexpo research shows that older women enjoy wine more. More than 70 percent of women ages 60 and older say they drink at least one glass per week, compared to 60 percent of 18- to 30-year-olds.

Although it's a common belief that women prefer white wines, research tells a different story. The split is actually 60-40 in favor of reds. And when women buy wine, most of them don't depend on male advice or assistance. More than 60 percent of women in the U.S. make their own choices.

So here's some advice for servers in fine dining restaurants as well as for the rest of us in general: When you bring the wine list to the table, ask who would like to have it. There's an excellent chance that a discriminating and

wine-savvy woman will be making the selection.

■ **Domaine du Tariquet Classic 2015** (\$11) — From the region of Gascony southwest of Bordeaux, this wine is made with the traditional white grapes of the region, most of which are not all that familiar to American consumers: ugni blanc, colombard, and gros manseng. It's absolutely delicious, with intense (but not overwhelming) acidity and exuberant flavors of citrus and tropical fruit. Find it. Buy it. WW 94.

Ask the Wine Whisperer

I've recently heard the terms "vertical" and "horizontal" wine tastings. What do they mean?

— *Michele L., Palm Beach*

A vertical tasting involves sampling the same wine from several different vintages. This is very educational, because it reveals how wine from the same producer can vary depending on weather and harvest conditions from year to year. In a horizontal tasting, you sample various wines of one particular varietal and region (for example, Russian River pinot noirs) from the same year. This allows you to discover the stylistic differences among individual producers. ■

— *Jerry Greenfield, The Wine Whisperer, is creative director of Greenfield Advertising Group. His book "Secrets of the Wine Whisperer" is available on Amazon and at winewhisperer.com.*

FLORIDA WEEKLY CUISINE

In the kitchen with...

DUSTIN PARFITT,
Oli's Fashion Cuisine
Chef/Owner of Fashion
Cuisine GroupBY MARY THURWACHTER
mthurwachter@floridaweekly.com

Dustin Parfitt is no stranger to serving the rich and famous. His restaurant, Oli's Fashion Cuisine has hosted many legendary faces since it opened six years ago. Let's see, there was Bill Clinton, Bill and Melinda Gates, Robert Duvall, Michael Bloomberg, Bruce Springsteen, Jimmy Buffett, Michael Jordan and rapper turned home renovator Vanilla Ice, to name a few.

None of them made him nervous.

But a few weeks ago, Mr. Parfitt cooked for celebrity chef Emeril Lagasse, and that got the Wellington chef and restaurateur a bit stressed. The menu included New York strip steak and octopus ala plancha. And it all turned out perfectly.

"That was the first time I cooked for a celebrity chef and I was nervous and excited," Mr. Parfitt said.

Mostly, though, Mr. Parfitt serves regular guests. He and his staff just treat them like big shots.

Oli's, owned by Mr. Parfitt and Juan Gando, took its name from Wellington pioneer Charles Oliver Wellington. The owners knew each other from having worked together at several Palm Beach restaurants, including Nick & Johnnie's and Cucina Dell' Arte.

"We wanted to bring Palm Beach-quality food and service to Wellington," Mr. Parfitt said. "Up until then there were mostly chain restaurants here."

The duo formed Fashion Cuisine Group, which has since opened other eateries in Wellington: The Grille Fashion Cuisine, the Seahorse Fashion Cuisine and Whitehorse Fashion Cuisine for the Palm Beach International Equestrian Festival.

"We also have Oli's food truck and front row catered seating at the Polo Club," Mr. Parfitt said.

In 2013, the Fashion Cuisine Group opened a restaurant on Clematis in West Palm Beach; however, that one didn't work out.

"We're happy in Wellington," Mr. Parfitt said. "We think we have our hands full and want to make everything we have even better."

During the season, Fashion Cuisine restaurants have 200 employees.



COURTESY PHOTO

Dustin Parfitt came to cooking by accident. He now is an owner of Oli's Fashion Cuisine.

The Fashion Cuisine moniker was inspired by a restaurant in Miami that Mr. Parfitt and his partners, all Hispanic, used to frequent. Beyond that, Mr. Parfitt explained, "you eat with your eyes first. We love to use different colored-sauces and to stack things up so it looks amazing."

The Wellington High School graduate did not train at any culinary school. Instead he learned the ropes by working for 10 years in the kitchen at a 5-star resort — The Breakers in Palm Beach.

He became interested in cooking after attending Palm Beach Community College and working at various area restaurants as a waiter. One day, he was supposed to wait tables at a downtown West Palm Beach restaurant when the chef called in sick and the owner put Mr. Parfitt in the kitchen to help. Mr. Parfitt performed so well the owner kept him there.

Mr. Parfitt and his wife of seven years, Shannon Finnerty, have two children, Amelia, 5, and Dusty, 4. They live in Wellington, where he grew up.

"My wife and I are into healthy living and working out," he said. "I run when I can, go to the gym and lift weights."

For those going to Oli's for the first time, Mr. Parfitt says they should try the lobster tacos (\$20) and grilled avocado wedges (\$14). They are among the most popular menu items.

But everything is delicious and artfully presented. It's comfort food that happens to be beautiful.

Dustin Parfitt**Age:** 38**Original Hometown:** Born in Pineville, Ky., but raised in Wellington.**Restaurant:** Oli's Fashion Cuisine, 10610 Forest Hill Blvd., Wellington; 792-2220, olifashioncuisine.com.**Mission:** To have the best restaurants in South Florida.**Cuisine:** Fashion cuisine**Training:** The Breakers in Palm Beach**What's your footwear of choice in the kitchen?** Dansko**What advice would you give someone who wants to be a restaurateur or chef?** Never quit, the American dream is still out there. With hard work and with determination you can do anything. ■

SCOTT SIMMONS/FLORIDA WEEKLY

Thaicoon consistently remains crowded for lunch. Dinner there is a great option, too.

SCOTT'S THREE FOR

3

Places for Thai

A trio worth noting

1 MALAKOR THAI CAFÉ

425 25th St., West Palm Beach; 762-9070 or malakor.com

Noopy Areerak just opened Kao Gang in Palm Beach Gardens, but you still should visit his first restaurant, in West Palm Beach's Northwood neighborhood. It's a great place to visit for wonderfully fresh fare — try the crispy money bag, a fried dumpling filled with sweet potatoes, carrots, corn, peas and curry powder, or anything with seafood, for that matter.

2 THAICOOON

450 Northlake Blvd., No. 4, North Palm Beach; 848-8538.

There's a reason why Thaicoon is packed at lunch, even during the summer. The food is fresh, and the staff genuinely cares that customers have a good experience. Among my favorites there: The fresh vegetable rolls, stuffed with steamed tofu, basil and shredded carrot, among other things, and the crispy duck, with tender duck and crispy skin and served with a sweet, spicy chili sauce.

3 TALAY THAI

7100 Fairway Drive, Palm Beach Gardens; 691-5662 or thaipalmbeachgardens.com.

Chef-owner Charlie Soo demonstrates the difference between Thai food and Thai dining at his Talay Thai, near PGA National — think scallops pan-seared and served with panang curry, fresh summer rolls packed with shrimp and vermicelli. And then there's the larger-than-life Mr. Soo, who frequently pops out of the kitchen to greet diners. His mom works the door — be sure to say hi to her.

— Scott Simmons

THE DISH: Highlights from local menus**The Dish:** Pad Cha**The Place:** Kao Gang Thai Sushi, 2626 PGA Blvd., Palm Beach Gardens; 660-6994 or kaogangpga.com.**The Price:** \$10 at lunch**The Details:** I like my Thai curries. Massaman is great. So is the mild green curry. But I may have met my match with the fiery pad cha.

The spicy red curry cleared my sinus-

es in a good way — it was brisk and refreshing on a hot summer afternoon, which is the idea of spicy foods.

And it was comparatively healthy, too, with Chinese key (that's an herb), carrots, red bell pepper, green beans and asparagus (yes, it's out of season, but this was pencil thin), all kissed with the essence of kaffir lime leaves.

Hungry yet? I know I am. ■

— Scott Simmons



SCOTT SIMMONS/FLORIDA WEEKLY

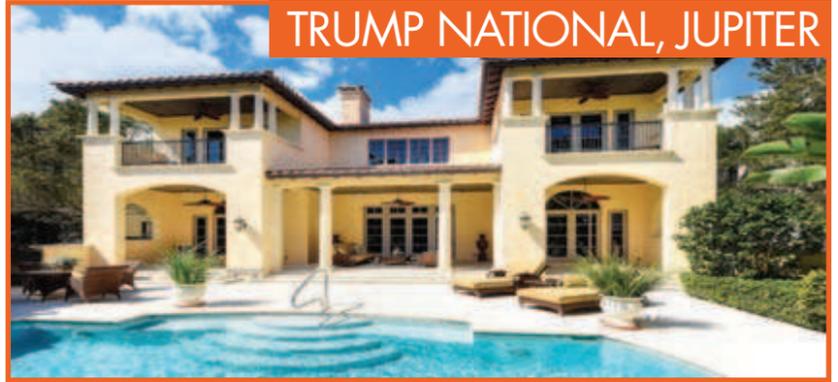
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SAN MICHELE, PBG



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N. CYPRESS DR, TEQUESTA



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AUGUST 2016

Florida Weekly's monthly guide to Looking, Feeling and Living Better

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Noninvasive approach to brain cancer | 6

Nourishing your child

A look at the
benefits of
breastfeeding | 8

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The Teeth Next Day solution uses a zirconia implant bridge as the final product attached to five or six dental implants. These implants act like the roots of natural teeth and permanently anchor the bridge to the jawbone.

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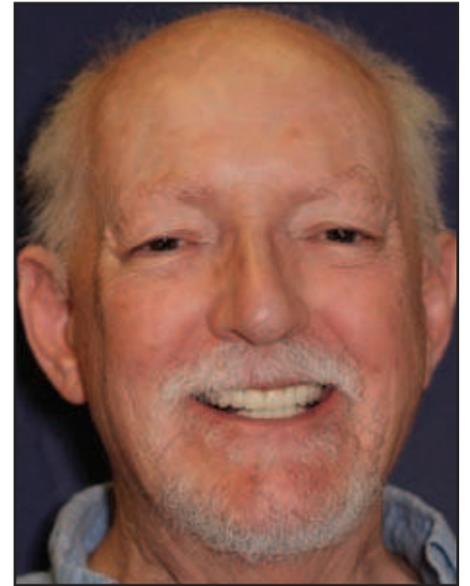
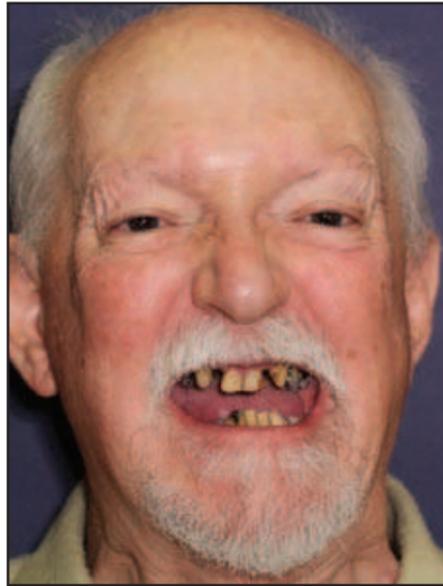
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to chew a meal.

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MonaLisaTouch laser therapy shown to restore women's sex lives

The subject of restoring intimacy has been one that has gone unmentioned for centuries as most women have been too uncomfortable to speak about such a personal subject. Fortunately, with recent breakthroughs in modern medicine, patients are now able to have these conversations with their urogynecologist.



Dr. Linda Kiley

561-701-2841
DR.LINDAKILEY.COM

I have been repeatedly asked questions on this subject, especially from patients who have had breast cancer and are receiving treatment to lower estrogen levels that have gone into menopause.

They want to know whether there are any other options out there. My patients have told me how they were not prepared for the effect it would have on their sex life, that lubricants don't work well, and they cannot use the vaginal estrogens as they cause irritation and burning, not to mention that they are afraid of them, despite their doctor's reassurances.

One of the side effects of menopause that doesn't get discussed very often is the vaginal dryness and thinning of the tissues accompanying low estrogen levels.

Symptoms may range from discomfort or pain with intercourse to recurring urinary tract or vaginal infections.

While vaginal estrogens can be a safe and effective treatment, not everyone is able or willing to use them.



Osphena is an oral medication, in the same family as Tamoxifen, designed to treat symptoms of vaginal atrophy (thinning and drying of the vaginal tissue), however, its effects on the uterus are similar to estrogen, and it may increase risks of blood clots similar to estrogens.

It is not recommended for breast cancer survivors at this time. Fortunately, there is another option for vaginal atrophy symptoms that has been shown to be effective and safe.

The MonaLisaTouch laser therapy has been tested in Europe and the U.S. and has demonstrated significant effectiveness in relieving symptoms of vaginal atrophy.

It is a quick, simple, and pain-free pro-

cedure that can be done without anesthesia in the doctor's office in just a few minutes. Sexual activity may be resumed in about 48 hours. Treatment consists of three sessions six weeks apart.

Studies have demonstrated a dramatic improvement in vaginal blood supply, elasticity and tone following treatment. The treatment lasts for a year, after which a "touch-up" is usually needed for optimal results.

Although the procedure is relatively new to the U.S., it has been used in Europe for several years and the data published from well-respected sources there and in this country have continued to find evidence for its treatment benefits.

Requirements for treatment include having an up-to-date pelvic/gynecologic examination, no current active vaginal infections or urinary infections, no history of vaginal/pelvic radiation treatment and no active vaginal disease or recent vaginal surgery.

At this time, because the treatment is relatively new to the U.S., insurance does not cover it. However, it provides a safe and effective alternative to hormonal treatments. ■

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Many of the symptoms commonly associated with aging are actually caused by declining hormone levels, such as testosterone as well as growth hormone and thyroid hormone....

Restoring these levels may help keep the brain young.

Youthful balance: Isn't that what everyone is looking for?

Testosterone replacement therapy for men

Testosterone is often referred to as the male sex hormone because it's responsible for male sex characteristics and men produce 10 times more of it than women.

The maintenance of adequate testosterone levels in men is essential for mental, physical, emotional and sexual well-being. More recently, studies



Angel E. Cuesta, M.D.
Youthful Balance

10887 N. Military Trail,
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have identified the potential metabolic consequences of testosterone decline, showing a potential role for low testosterone in age associated changes such as abdominal obesity, diabetes, high cholesterol, increased coronary risk factors and metabolic syndrome.

A recent study found that testosterone therapy did not increase the risk of experiencing a heart attack or stroke for men

with low testosterone levels and no prior history of heart disease.

Unfortunately, after age of 30, testosterone begins to decline and most men will experience a 1 percent to 2 percent drop in



testosterone levels per year. Fortunately, testosterone levels can easily be increased and the negative symptoms associated with low testosterone reversed.

Many of the symptoms commonly associated with aging are actually caused by declining hormone levels, such as testosterone as well as growth hormone and thyroid hormone, to name a few. Restoring these levels may help keep the brain young, so you can think clearly and solve problems, reduce the risk for depression, reverse mood changes, build muscle strength and stamina, promote increased lean muscle mass while decreasing body fat, preserve bone density and thereby reduce the risk for osteoporosis.

Optimal hormone levels enhance insulin sensitivity, making it a potentially useful tool in the treatment and prevention of type 2 diabetes and metabolic syndrome, promote healthy red

blood cell production, which is essential because red blood cells are required to carry oxygen throughout the body and increase energy levels.

Testosterone also is responsible for the maintenance of a healthy sex life, and sexual benefits of healthy testosterone levels include: enhanced libido/sexual desire, increased overall sex life quality and reduced risk for impotence/erectile dysfunction (ED).

According to the National Institutes of Health, estimates of the total number of American men who suffer from ED range from 15 million to 30 million. At age 40, approximately 40 percent of men are affected. This rate increases to nearly 70 percent in men age 70 years or older. After accounting for age, one of the most common causes of ED is hormonal insufficiency or hormonal imbalance. However, this is the easiest cause to correct as an individualized

bioidentical hormone replacement program may be all that is needed.

Modifications to lifestyle will go a long way toward restoring your testosterone levels, but it may not be enough. Most men will require testosterone replacement therapy in order to obtain optimal testosterone levels. The most effective vehicle of testosterone replacement therapy for men is in the form of injections or creams.

Our goal at Youthful Balance Medical Center is to restore your body's hormones to their optimum levels by creating a customized plan just for you using bioidentical hormones. We offer personalized, individual therapies that are based on each patient's unique hormonal makeup and their individualized symptoms and concerns to transform your body into a YOUTHFUL BALANCE!

So why just live longer when you can live better? ■

Cancer screenings lead to early detection

BY JL WATSON

Lee Memorial Health System

Heading to the doctors' office is easiest when there is a pressing need — sore throat, broken bone or infection. Seeking care when healthy may seem unnecessary, but it's important to maintain a health calendar and schedule preventative tests — particularly those designed to detect cancer in its earliest stages.

The American Cancer Society recommends the following cancer screenings.

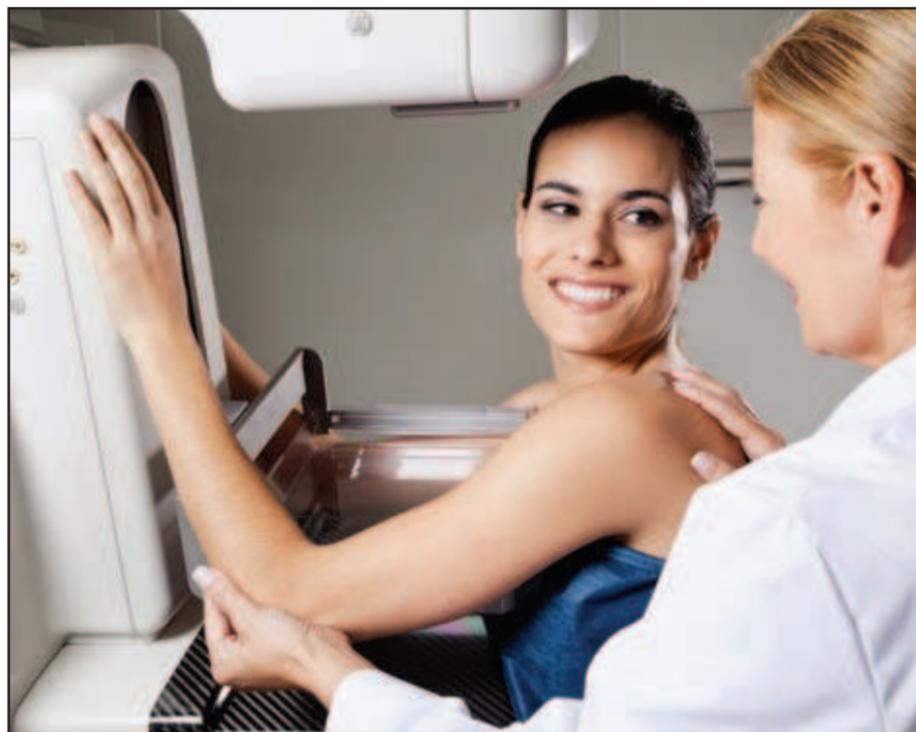
Breast cancer

- Women ages 40-44 may begin annual mammograms.
- Women ages 45-54 should get an annual mammogram.
- Women ages 55 and older may switch to mammograms every two years, based on conversations with their physician.

Colon and rectal cancer

Starting at age 50, both men and women should have one of the following testing schedules:

- Flexible sigmoidoscopy every 5 years, or
- Colonoscopy every 10 years, or
- Double-contrast barium enema every 5 years, or
- CT colonography every five years.



Cervical Cancer

Women ages 21 and older should be tested for cervical cancer.

- Women ages 21-29 should have a Pap test done every three years.
- Women ages 30-65 should have a Pap plus an HPV done every five years.
- Women age 65 and older who have

had regular cervical cancer testing in the past 10 years with normal results do not need cervical cancer testing

Endometrial (uterine) Cancer (h2)

At the time of menopause, all women

should be told about the risks and symptoms of endometrial cancer. Women should report any unexpected vaginal bleeding or spotting to their doctors.

Some women — because of their history — may need to consider having a yearly endometrial biopsy. Please talk with a health care provider about your history.

Prostate cancer

Starting at age 50, men should talk to a health care provider about the pros and cons of testing so they can decide if testing is the right choice for them. African-Americans who have a father or brother who had prostate cancer before age 65 should talk with a health care provider starting at age 45.

If you decide to be tested, get a PSA blood test with or without a rectal exam. How often you're tested will depend on your PSA level.

To reduce risk, some things to do: Avoid all forms of tobacco, including e-cigarettes. Maintain a healthy weight. Get moving with regular physical activity. Eat healthy with plenty of fruits and vegetables. Limit how much alcohol you drink (if you drink at all). Protect your skin. Know yourself, your family history and your risks. Get regular check-ups and cancer screening tests. ■

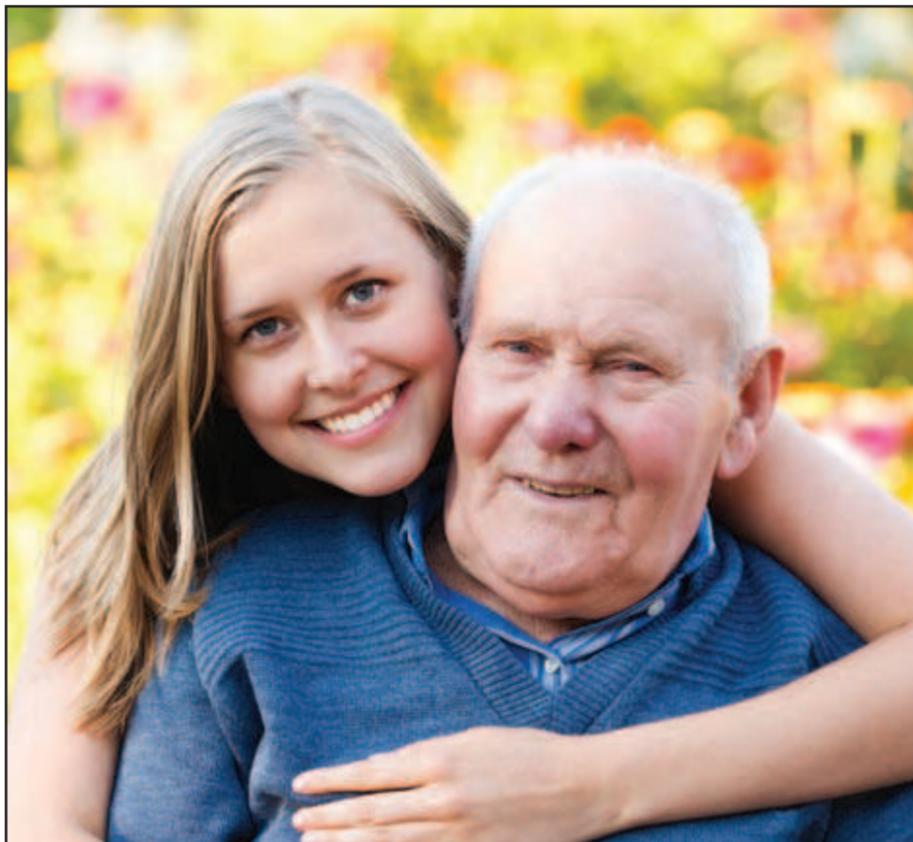
Ten tips for successful Alzheimer's interactions

The way a family member or caregiver communicates with a person who has Alzheimer's disease can make all the difference. What you say can create calm or chaos.

The goal should always be to prevent the person from feeling stressed, threatened or contradicted. This is not always easy to do, especially when emotions, frustration, and ingrained patterns

of interaction come into play. And the ingrained patterns are most difficult to avoid between a child and a parent or between a husband and a wife.

Over several decades of helping families cope with Alzheimer's disease, I've seen all kinds of advice; but nothing compares to the wonderful distillation of communication rules compiled by the Alzheimer's Association:



ABSOLUTELY NEVER!

ALWAYS!

ARGUE instead

AGREE

REASON instead

DIVERT

SHAME instead

DISTRACT

LECTURE instead

REASSURE

SAY "REMEMBER" instead

REMINISCE

SAY "I TOLD YOU" instead

JUST REPEAT

SAY "YOU CAN'T" instead

SAY "LET'S DO THIS"

COMMAND/DEMAND instead

ASK/MODEL

CONDESCEND instead

ENCOURAGE/PRAISE

FORCE instead

REINFORCE

Each of these rules can be illustrated with real-life examples of successful or unsuccessful interactions.

In future articles, I will discuss some common scenarios where following this powerful advice makes all the difference. ■

— *Visiting Angels is located in Palm Beach Gardens and is dedicated to helping seniors continue to live in their own homes by providing personalized home care and support services. For information, call 561-328-7611 or see visitingangels.com/palmbeaches.*



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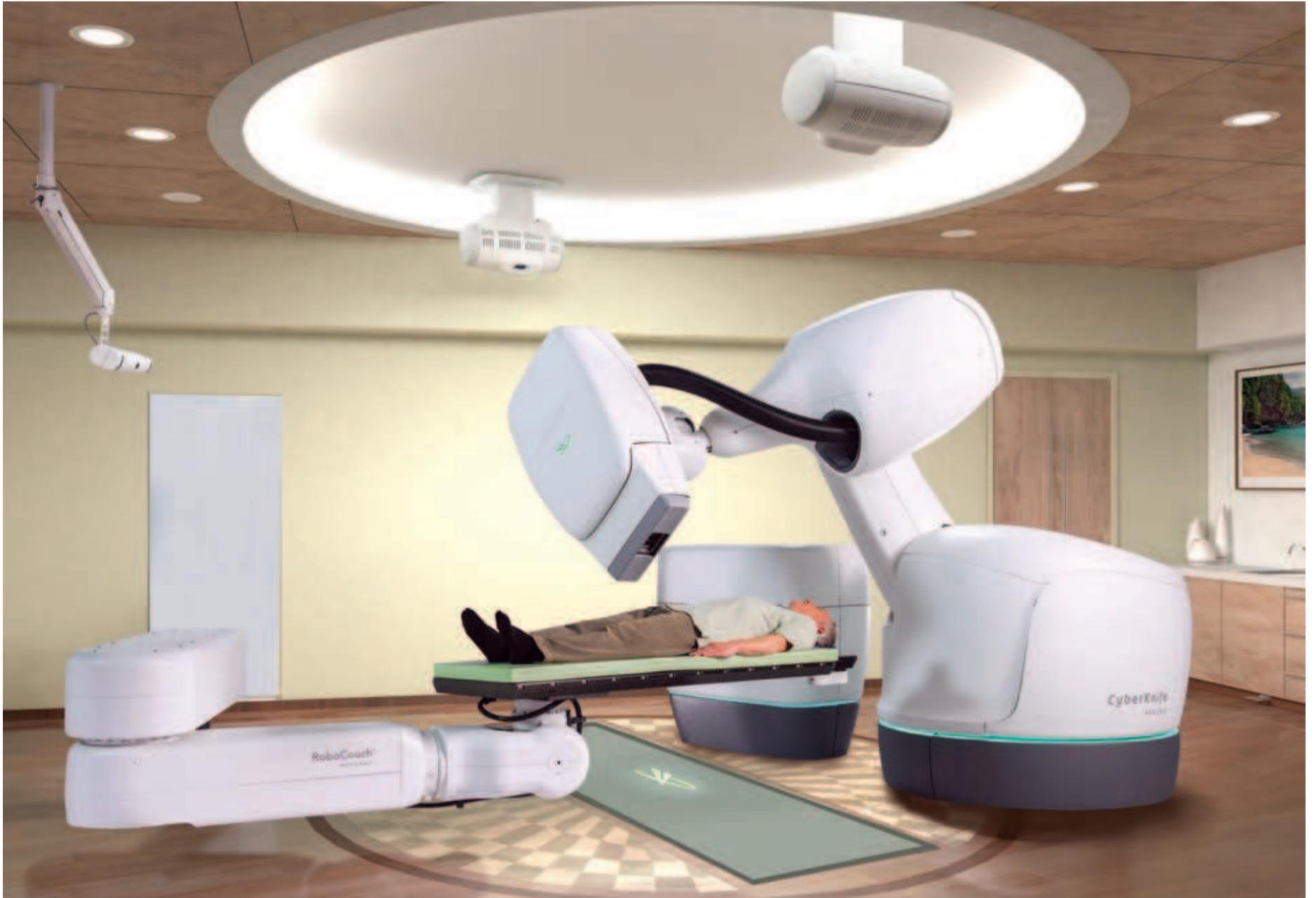
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Taking aim at brain cancer

Technology targets tumors in 5 days or less

It is the one word no one ever wants to hear their doctor say — cancer. But according to the American Cancer Society, more than 1.7 million Americans will receive that diagnosis in 2016 alone. The good news is that the majority of Americans can now continue to live full lives following their initial diagnosis, thanks in large part to the new medical technology and treatments now available.

In the past, having a cancerous tumor removed meant undergoing invasive surgery and recuperating in the hospital for days. Thankfully, as a radiation oncologist today, I have access to leading-edge technology that enables me to target and eliminate many types of tumors without even making an incision. Stereotactic radiosurgery destroys tumors with extremely precise, very intense doses of radiation while minimizing damage

to healthy tissue, offering accuracy akin to the sharpness of a surgeon's scalpel. However, there's no traditional surgery, anesthesia or hospital stay required. In fact, it's a pain-free cancer treatment.

Jupiter Medical Center was the first hospital in Florida to offer treatment with the CyberKnife M6. Today, our treatment team is the most experienced in the state when it comes to targeting tumors with

the revolutionary M6 system. Having performed stereotactic radiosurgery for more than 15 years now, I can attest that the M6 technology is a leap forward in cancer care. It can treat tumors anywhere in the body, from the lungs to the brain to the prostate, and is the best radiation oncology solution for targeting, tracking and adjusting in real-time to moving targets with extreme precision and accuracy.

The CyberKnife Robotic Radiosurgery System improves on other radiosurgery techniques by eliminating the need for stereotactic frames. As a result, the CyberKnife System enables us to achieve a high level of accuracy in a noninvasive manner and allows patients to be treated on an outpatient basis. The system can also pinpoint a tumor's exact location in real time using X-ray images taken during the brain cancer treatment that reference the unique bony structures of a patient's head.

Another distinguishing feature of CyberKnife is its robotic arm, modeled after technology used in car manufacturing. Instead of welding parts on an automobile assembly line, this arm travels around the patient to deliver hundreds of beams of radiation to a tumor from many different angles, with absolute precision.

Unlike other radiation systems, the CyberKnife System is able to treat patients in one to five days as opposed to what can be months in other forms of daily radia-

tion treatment. This is because of the CyberKnife System's extreme accuracy, which enables us to deliver the maximum dose very precisely.

Not only do most CyberKnife patients avoid surgery and finish treatment in a week, their brief course of treatment is pain-free. Having experience with many types of radiosurgery systems, I'm extremely excited at the speed and con-

venience this M6 technology allows me to offer patients.

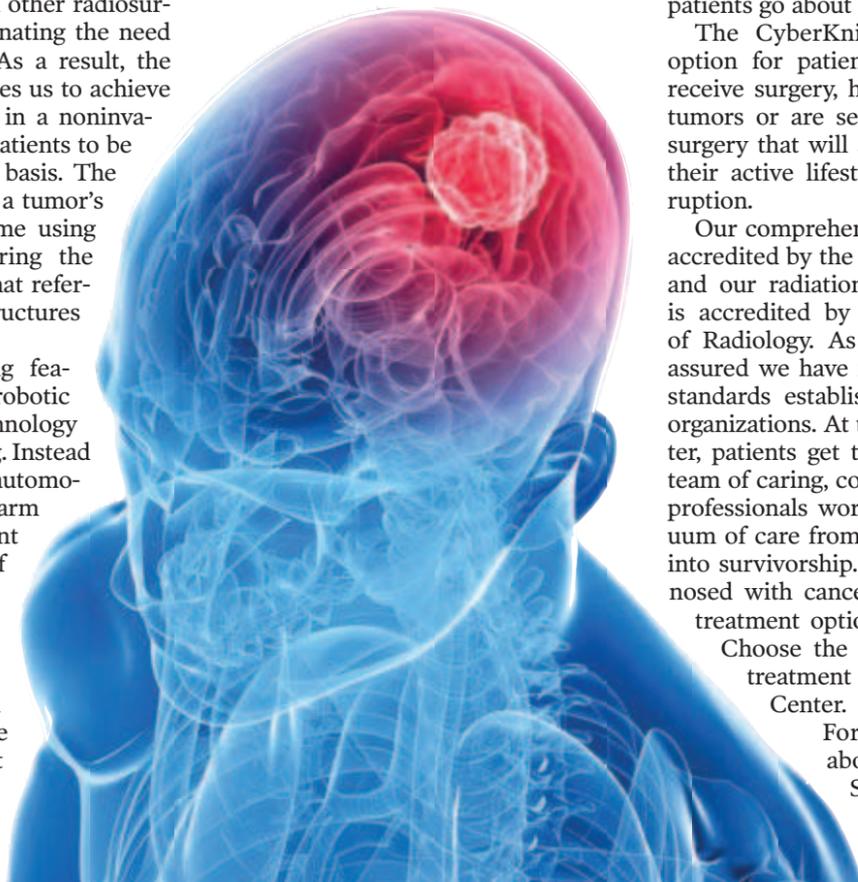
With the M6, the duration of each individual treatment session is dramatically shortened — typically lasting twenty minutes to an hour per treatment. When receiving treatments, patients simply lie down on a padded table and breathe normally while the CyberKnife System quietly moves around them. Even during their week of treatment, the majority of patients go about their regular routines.

The CyberKnife System is a great option for patients who are unable to receive surgery, have surgically complex tumors or are seeking an alternative to surgery that will allow them to continue their active lifestyles with minimal disruption.

Our comprehensive cancer program is accredited by the Commission on Cancer and our radiation oncology department is accredited by the American College of Radiology. As a patient you can be assured we have met the highest quality standards established by these national organizations. At the Foshay Cancer Center, patients get the benefit of an entire team of caring, compassionate healthcare professionals working across the continuum of care from diagnosis to treatment into survivorship. If you have been diagnosed with cancer you have more than treatment options, you have a choice.

Choose the very latest CyberKnife treatment at the Foshay Cancer Center.

For more information about the CyberKnife M6 System, visit foshay-cancercenter.com/cyberknife, or call (561) 263-4400. ■



Anthony E. Addesa, M.D.
Board Certified in Radiation Oncology and Stereotactic Radiosurgery
Medical Director of Radiation Oncology, Foshay Cancer Center
Jupiter Medical Center

Community unites to raise awareness of kidney disease

SPECIAL TO FLORIDA WEEKLY

The National Kidney Foundation of Florida's second annual Palm Beach Kidney Pump is set to kick off Sept. 24 at Carlin Park in Jupiter. Over 400 people are expected to step up for the event to raise awareness of kidney disease, organ donation and the importance of early screening and healthy lifestyle for those at risk.

"This walk will help others take the lifesaving step of getting their kidneys checked," said Rex Buchanan. "By participating in the Kidney Pump, we're all helping sound the alert about the public health problem of kidney disease.

There are 26 million Americans living with kidney disease, and most of them don't know it. Anyone with high blood pressure, diabetes, a family history of kidney failure, and anyone over the age of 60 is at risk and these people are strongly encouraged to get their kidneys checked."

With the increase in diabetes and high blood pressure — two major kidney disease risk factors — kidney disease is on the rise. In Florida alone, more than 30,000 people are being treated for kidney failure, and 4,627 people are awaiting lifesaving kidney transplants.

The Kidney Walk is the nation's largest fundraiser to fight kidney disease.



Held in nearly 100 communities, more than 75,000 walkers join NKF to raise

over \$8 million to help kidney patients and their families each year. More than 82 cents of every dollar donated directly supports NKFF programs and services.

Registration begins at 6:30 a.m. The 5K run begins at 7:45 a.m. and the 5K walk begins at 8:15 a.m. To register for the Kidney Walk, visit kidneywalk.org, and to register for the run, visit raceroster.com/events/2016/9716/2nd-annual-palm-beach-kidney-pump or call (305) 648-9004 for more information.

The National Kidney Foundation is the leading organization in the U.S. dedicated to the awareness, prevention and treatment of kidney disease. For more information, visit kidneyfla.org. ■

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If you have cancer, you have a choice in where you get treatment. No other center in Florida has more experience with CyberKnife M6 than Jupiter Medical Center. Contact us today to find out if the CyberKnife M6 is the best treatment for you.

Learn more at jupitermed.com/cyberknife
or call 561-263-4400.

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 JUPITER MEDICAL CENTER
Ella Milbank Foshay Cancer Center

Studies have shown that breastfed children and those who receive expressed breast milk for six months may be better protected against some common childhood illnesses and infections, such as diarrhea, ear infections and respiratory illnesses.



Nourishing your child

A look at the benefits of breastfeeding

ST. MARY'S MEDICAL CENTER

In honor of August as National Breastfeeding Awareness Month, the labor and delivery team at St. Mary's Medical Center would like to share some of the benefits associated with breastfeeding children.

Breastfeeding is a natural process that may take some time to get accustomed to, for both you and your baby. If you feel you need additional guidance or educational resources, talk with your doctor or a certified lactation consultant for suggestions on how to help you both during this time.

Studies have shown that breastfed children and those who receive expressed breast milk for six months may be better protected against some common childhood illnesses and infections, such as diarrhea, ear infections and respiratory illnesses. Additionally, when compared to formula-fed infants, breastfed infants may be less likely to develop childhood obesity.

Helpful tips for a successful start

To begin, you should start breastfeeding as soon as possible after delivery because your baby's instinct to nurse is very strong at this time. Breastfed babies usually eat more often than formula-fed babies because breast milk is more easily digested. Newborns tend to nurse every two to three hours, which stimulates the production of breast milk.

Watch your baby for signs of wanting to nurse, such as sucking motions or lip movements. Let your baby nurse from one breast for about 15 minutes, burp the baby, and then nurse from the other breast. If your child does not latch on again, try starting the next feeding with the second breast. Avoid giving your baby a pacifier for about a month as this could interfere with breastfeeding.

You'll be able to tell if your baby is getting enough milk by keeping track of wet and dirty diapers. In the beginning, your baby should have only one or two wet diapers a day. As your milk supply increases, this should increase to five or six wet diapers and three to four dirty diapers daily.

At St. Mary's Medical Center, our lactation team is committed to helping mothers breastfeed successfully, even after they've gone home. In addition to providing bedside guidance, lactation consultants are available as needed for private sessions in our lactation center to help patients further solidify this bond with their babies.

Benefits for mothers

Certain hormones released during breastfeeding can help the mother's uterus decrease in size and may delay the return of menstrual periods. Mothers who breastfed their babies also may have a reduced risk for developing breast, uterine or ovarian cancer.

Reading educational materials on this process during pregnancy may help give you a better idea about what to do for a smooth start. Additionally, speaking with friends who have breastfed or attending a breastfeeding support group meeting can help facilitate your experience.

St. Mary's Medical Center offers a weekly breastfeeding support group on

Wednesdays from 10 a.m. to 11 a.m. in our Lactation Center. Led by one of our International Board Certified Lactation Consultants, this support group is open to all breastfeeding mothers in the community, including employees, patients and mothers who are already at home with their children.

We heal for moms

In addition to being recognized by Healthgrades as part of the Top 5% in the Nation for Labor and Delivery, The Birthplace at St. Mary's Medical Center provides families with a Level III NICU, the highest designation by the state, and a lactation team that is dedicated to promoting a healthy breastfeeding process between mothers and babies.

For more information about the breastfeeding support group at St. Mary's Medical, or to reserve your spot, visit www.stmarysmc.com/events or call (561) 882-9100. To learn more about The Birthplace and our Level III NICU, visit www.stmarysmc.com/our-services/mother-baby. ■



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Oakstone offers 'social immersion' for students on the spectrum

SPECIAL TO FLORIDA WEEKLY

Parents that have children on the autism spectrum know what a challenge it can be to make sure their child gets the most out of school. More often than not, the student experience of a boy or girl on the spectrum is extremely different from that of a student not on the spectrum. But it doesn't have to be that way.

The new Oakstone Academy Palm Beach, near Southern Boulevard in West Palm Beach, is offering parents a better way through an innovative approach called "social immersion." The approach was developed at an Oakstone facility in Ohio and has achieved astounding results. It creates a completely inclusive environment for children with autism spectrum disorders, allowing them to be full participants in the classroom with peers who are not on the autism spectrum.

"Children are resilient, and when we challenge them and immerse them in a productive environment they tend to respond well," says Oakstone founder Dr. Rebecca Morrison. "After just one year of social immersion, we've seen children on the spectrum see gains of 15 IQ points, all thanks to being completely woven into the fabric of school life."

It's believed Oakstone Palm Beach is the only school in Florida that practices social immersion. It's part of why they have such an engaged and passionate volunteer base which includes local attorney Joe Landy, of Lesser, Lesser, Landy & Smith.

"I see miracles happen there on a daily basis," says Mr. Landy, who also



COURTESY PHOTO

Oakstone Academy allows students on the autism spectrum to be full participants with students who are not on the spectrum.

is a volunteer on Oakstone's board of directors. "Words cannot express the profound impact the school has on each and every student and the good they are doing for the Palm Beach County community."

Mr. Landy says the Oakstone board focuses on hiring and keeping talented, highly qualified teachers and maintaining small class sizes. Children on the autism spectrum learn how to socialize and interact with others while students without disabilities learn about compassion and leadership.

Dr. Morrison, a public school teacher

for 14 years, agrees that social immersion has many benefits. "I was convinced that children on the autism spectrum were blocked from expressing their true intelligence due to their severe social deficits. Social deficits falsely indicated cognitive delays and inappropriate or absent social skills and prevented children from being accepted." Immersing children with their peers in a supportive setting that emphasizes growth and acceptance has proved to be a breakthrough.

The West Palm Beach campus of Oakstone Academy offers full-day kin-

dergarten through eighth grade. Students are offered a range of hands-on experiences, collaborative learning groups, and traditional-style instruction. "From traditional instruction to innovative approaches, Oakstone provides balance for developing solid academic foundations in reading and math, with the excitement and fun of learning creatively."

Oakstone Academy is at 345 S Military Trail, West Palm Beach; (561) 585-7800 or oakstoneacademypalmbeach.org. ■



COURTESY PHOTO

From left, Howard Brown, CFO; Kerry Johnson, Assistant Chief Nursing Officer; Christy Wise, ER Director; David O'Brien, CNO; Todd Wagner, ER RN; Jeffrey M. Welch, CEO; Teresa Urquhart, COO; Alex Masmela, associate administrator.

Gardens Medical Center names winner of quarterly DAISY Award

SPECIAL TO FLORIDA WEEKLY

Palm Beach Gardens Medical Center announced Todd Wagner, RN, is this quarter's DAISY Award winner.

Mr. Wagner started his three-year tenure at the hospital in the telemetry unit and transferred to the emergency department, which he now refers to as his "home." To Mr. Wagner, nursing is more than just a job. He often visits other nursing units to check up on patients he took care of in the emergency room.

"Todd goes above and beyond with

every patient encounter as evidenced by the countless letters we receive from those he has taken care of," a colleague wrote in a nomination letter. "He leaves such a lasting impression that patients and families ask for him by name when they come to the ER."

The DAISY Award for Extraordinary Nurses is a special program that recognizes the outstanding deeds nurses perform every day. It was created by the DAISY Foundation, which was founded in memory of J. Patrick Barnes by his parents after they experienced the compassion and care of their son's nurses. ■



COURTESY PHOTO

Lauren Zuchman, Healthier Delray Beach project director; Wil Romelus, founder of Digital VibeZ and community supporter; and Carrie Browne, project director of Healthier Jupiter.

Palm Healthcare Foundation awards nearly \$2 million in grants to local nonprofits

SPECIAL TO FLORIDA WEEKLY

Palm Healthcare Foundation announced that it has awarded 35 grants totaling \$1,919,513 to local nonprofits. Together, the funding will support the increased health and well-being of Palm Beach County residents. All of the grant dollars were awarded in fiscal year 2016.

“For the past 15 years, Palm Healthcare Foundation has been committed to solving the county’s critical health care issues through creative, community-wide collaborations,” said Andrea Bradley, president and CEO. “We focus our resources on community-based care, as we work with targeted neighborhoods to address the underlying causes of health issues. There is much work to be done, and with the support of our many partners, we can tackle these issues directly and thoroughly.”

Palm Healthcare Foundation’s grants to area health organizations include:

211 Palm Beach Treasure Coast Inc. (\$10,000); American Cancer Society Inc. (\$81,513); Blue Ridge Institute Development Fund Inc. (\$2,500); Cancer Alliance of Help and Hope Inc. (\$2,500); Caridad Center Inc. (\$30,000), equipment and supplies for vision center — donor advised fund; Caridad Center Inc. (\$12,000), Racial Equity Institute; Caridad Center Inc. (\$35,000), Prevention, Education and Treatment Program; Clinics Can Help (\$40,000); Community Child Care Center of Delray Beach Foundation Inc. (Achievement Centers for Children and Families) (\$200,000); Community Foundation for Palm Beach and Martin Counties Inc. (\$10,000); El Sol Jupiter’s Neighborhood Resource Center (\$25,000); Florida Atlantic University, College of Business (\$50,000); Florida Atlantic University Simulation Center (\$50,000); Fred and Gladys Alpert Jewish Family & Children’s Services of Palm Beach (\$80,000);

Genesis Community Health Inc. (\$10,000); George Snow Scholarship

Fund Inc. (\$200,000); Hospice of Palm Beach County Foundation Inc. (\$25,000); Housing Partnership Inc. (\$26,000), funding supports a facilitated health dialogue in Lake Worth and the Glades communities named Health Dialogue to Action; Housing Partnership Inc. (\$35,000), Healthier Together Leadership Conference in 2016; Housing Partnership Inc. (\$200,000), this organization serves as the fiscal agent for the Healthier Together collaboration between the cities of Northern West Palm Beach and Riviera Beach with a goal to improve the overall behavioral health of their residents; Jupiter Medical Center Foundation (\$200,000); MyClinic (\$25,000); Northwest Community Consortium Inc. (\$75,000); Palm Beach Atlantic University Inc. (\$22,500), Online Healthcare Orientation (HCStudentsFL.org); Palm Beach Atlantic University (\$125,000),

Volunteer Nursing Corps implementation;

Palm Beach Cancer Institute Foundation/Sari Asher Center for Integrative Care (\$5,000); Palm Beach County Food Bank (\$10,000); Palm Beach County Youth for Christ (\$50,000); Pathways to Prosperity Inc. (\$200,000); Quantum House Inc. (\$50,000); South Florida Science Center & Aquarium Inc. (\$15,000); The Glades Initiative Inc. (\$3,000); Truth Point Church (\$10,000); Wellington Cares Inc. (\$2,500); Young People in Recovery (\$2,000).

Founded in 2001, Palm Healthcare Foundation Inc. is known for solving critical health care issues through creative communitywide collaboration. The foundation’s “Healthier Together” initiative strives to improve the quality of life in targeted neighborhoods.

The foundation is committed to finding ways for inspired giving and thoughtful funding to generate lasting change. It has invested more than \$67 million to support more than 100 organizations. For more information about Palm Healthcare Foundation Inc., visit palmhealthcare.org or call 833-6333. ■

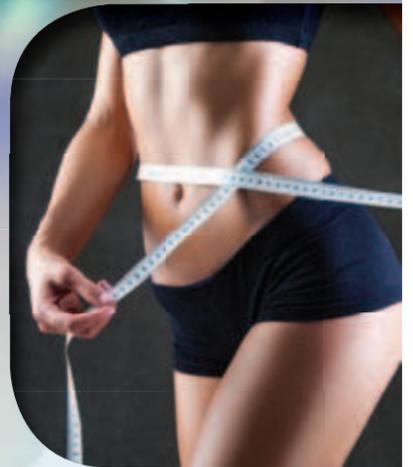


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