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WEEK OF MAY 8-14, 2014

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Here's to the people, places and things that make Palm Beach County so special

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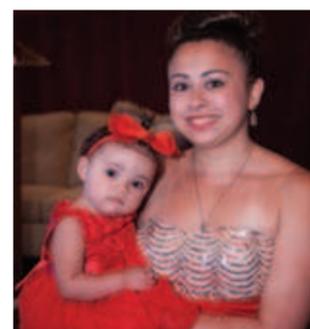
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Honor Flight says thanks to veterans with trips to D.C.



Honor Flight at PBI

COURTESY PHOTO

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

America's Greatest Generation fought the good fight against fascism and hatred during World War II.

And Honor Flight wants to say thank you, before it's too late.

As a way of expressing its thanks, Honor Flight takes those men and women who served in the U.S. military to see the World

War II memorial in Washington, D.C.

"We do four flights a year, and we typically take about 85 veterans per flight, or about 350 per year," said Todd Tucker, a lieutenant with Martin County Fire-Rescue and chairman of Honor Flight Southeast Florida. The local chapter had flown about 1,300 veterans to Washington by the end of 2013, he said.

SEE HONOR FLIGHT, **A10** ▶

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COMMENTARY

Let them eat cake

leslieLILLY

llilly15@gmail.com



We have all heard the 225-year-old urban legend of how Marie Antoinette, the Queen of France, tossed, with a callous remark, a blazing match into the peasants' furor of discontent, causing the conflagration known as the French Revolution. As an absolutist monarch, Queen Marie cared little for the troubles of her poor and starving subjects. When confronted with the harshness of their life, she supposedly sniffed, "Let them eat cake" (or "brioche" in proper French). Queen Marie's wealth and power was emblematic of the superrich of her own era. If her dining table was empty of rolls, she had instead a piece of cake infused with butter and eggs to satisfy her yen for carbs. The poverty-stricken who were breadless, hungry and homeless in the street had no such option. Her contemptuous response to the suffering of her people got her head chopped off; and thus the legend of her ill-considered reply is the classic metaphor for the arrogant conceit of pampered plutocrats who are clueless about the realities of life for the millions of families living outside their palace walls. It is a classic story but it turns

out to be mostly fiction. Nonetheless, the phrase endures because the myth that surrounds it captures the arrogance and pitilessness of the powerful and rich toward the less fortunate.

The Palm Beach Post recently reported on George Will's presentation before a large crowd at Palm Beach Atlantic University last month. The summary of his remarks by the Post got me thinking about Marie Antoinette and the famous quote. Will is a conservative intellectual who writes a column appearing twice weekly in *The Washington Post* and about 400 other newspapers. His subjects are foreign and domestic politics and public policy.

According to the Post, Will quipped that for every ten immigrants allowed into the U.S., we should deport a tenured professor. It was a flippant way to make the point "immigrants bring energy to this country," a positive statement if you overlook his presumption, that in order to achieve comparable worth, ten immigrants are needed to equal one academic. His scornful reference to master educators was not very diplomatic either, considering there were probably a few in his audience; and it was also a disparaging snap at the hand that taught him, given the guy studied at Magdalen College, Oxford, and received MA and PhD degrees in politics from Princeton University.

On issues of domestic policy, Will stated his belief Americans need to

relinquish their attachment to promises made to them by their government, including Medicare and Social Security. The Post quotes him as saying we need to fight "government intrusion" and "give back some of the promises Americans have learned to expect."

It is the kind of "for your own good" speech that makes you wary, especially when demands for deep sacrifices are inimical to your own economic well-being; and espoused by those least likely to suffer the consequence of the pain to come. It sounds like a "Let them eat cake" dismissive parroted by a plutocracy that has not a care or a clue about the harsh economic realities faced by millions of low and middle income Americans. The hot breath of the radical right supplies oxygen to their movement to make government the source of all the country's problems, deflecting their own responsibility in creating with their greed the economic meltdown that almost brought the nation to its knees.

Still, they are enormously successful here and elsewhere, killing publicly funded efforts to stimulate the economy or redress the legitimate grievances of people who lost their livelihoods, their homes, and their hope because of the economic chaos. The plutocrats have nothing but disdain for the long term unemployed who they say will only grow fat and lazy with the indolence such generosity breeds. Instead, they and Will propose we break the social

contract that American history has proven is important if all Americans are to aspire to a decent standard of living. They sadly accept that the impoverishment of millions of Americans is unavoidable. It is not the business of government to lift people out of poverty or keep them from destitution. Money spent so unwisely, says Will, steals the incentive of people to work, be self-reliant, creative, and independent. These are the pious justifications made by people to do nothing that know nothing about the despair in one's heart when you are down to your last buck or you can't adequately provide for your family.

George Will has it wrong: People living on minimum wage can teach him and his allies a thing or two about just how creative, self-reliant, and entrepreneurial you have to be to stretch a twenty-dollar bill until Andrew Jackson grins. They will tell you it is no piece of cake. And if Queen Marie still had her head, she would say it's a revolution in the making. ■

— Lilly is a native Floridian and past president and CEO of the Community Foundation for Palm Beach and Martin Counties. Her professional career spans more than 25 years in the charitable sector, leading major philanthropic institutions in the South and rural Appalachia. She resides with her family and pugs in Jupiter. Email her at llilly15@gmail.com and follow Lilly on Twitter @llilly15.

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OPINION**Challenge to Hillary is Democratic win-win****richLOWRY**

Special to Florida Weekly

Hillary Clinton is in a formidable position to win the Democratic presidential nomination in 2016, should she decide to run. But someone else also is in an enviable position: Whoever challenges her.

The dynamics of the Democratic 2016 race so far feel more like an incumbent president clearing the primary field of any potential spoilers prior to a re-election bid rather than a wide-open nomination contest. At this early juncture, the question is not so much who will be her opponent(s), but whether she will have any, or even one.

She certainly should. Any serious Democrat with some gumption and ambition would be a fool to pass up the race based on the forecast of a Clinton coronation. Running against Hillary in 2016 is the greatest growth opportunity in the Democratic Party.

Whoever runs against Hillary will, for at least some period of time, be the hottest thing in American politics. On the

cover of Time. Interviewed on all the Sunday shows. A figure of fascination whose every move is followed obsessively by every political outlet in the nation.

All of this happens right out of the gate. It would be a massive barrage of free advertising in exchange for the act of showing up. What politician with national aspirations wouldn't want such a prominent platform?

What he or she would do with it is anyone's guess. That would depend on the proficiency and message of the challenger's campaign, but history suggests that it would more likely than not get some traction.

As much as politics abhors a vacuum, the media hate a stale political narrative. Watching Hillary Clinton march unopposed to the Democratic nomination would be nightmare of tedium for journalists who thrive on conflict and drama. The rooting interest of the press will be for someone to run against Hillary, and to make a real race of it.

As a presidential campaign, Hillary Clinton 2.0 so far looks as though it will be like Hillary Clinton 1.0, only more so. Her campaign will operate on the basis of sheer blunt political force and cold hard cash. Its rationale will be inevita-

bility and the history-making prospect of the first woman president.

She is very unlikely to face anyone with the sheer political skill of Barack Obama, or with a narrative that fits the moment as precisely as his did in 2008. But she hasn't changed. Some of the same factors that accounted for her vulnerability last time haven't gone away: She lacks a deft political touch; the energy of the party is to her left; she has a resume, but not accomplishments; she is cautious to a fault.

There will be a tendency among some Democrats to want to see Hillary spared the rigors of a competitive nomination battle. This is a mistake. The only thing worse for Democrats than Hillary getting roughed up in the primaries would be her getting nominated without any chance to exercise her atrophied political muscles.

Whoever runs against her would in fact be doing her a kind of service, although surely an unappreciated one. And who knows? Hillary's prospective candidacy may look unbeatable, but she's been inevitable before. ■

— Rich Lowry is editor of the *National Review*.

When cruel and unusual punishment becomes usual**amyGOODMAN**

Special to Florida Weekly

The state of Oklahoma tortured a man to death last week. On Tuesday, April 29, Clayton Lockett was strapped to a gurney in the state's execution chamber. At 6:23 p.m., before a room of witnesses that included 12 members of the media, the first of three drugs was injected into his veins. Ziva Branstetter, enterprise editor at Tulsa World, was among the reporters who watched. She later reported Lockett's ordeal, minute by minute:

"6:29 p.m. Lockett's eyes are closed and his mouth is open slightly.

"6:31 p.m. The doctor checks Lockett's pupils and places his hand on the inmate's chest, shaking him slightly. 'Mr. Lockett is not unconscious,' (Oklahoma State Penitentiary Warden Anita) Trammell states."

Branstetter's detailed eyewitness account goes on:

"6:38 p.m. Lockett is grimacing, grunting and lifting his head and shoulders entirely up from the gurney. ... He appears to be in pain."

Suddenly, the blinds were lowered, concealing the grim activity in the execution chamber. The reporters were told to exit. Lockett was pronounced dead at 7:06 p.m. Branstetter said on the "Democracy Now!" news hour, "We were told by the Department of Corrections last night that they haven't even determined that this qualified as an execution, because he died of a heart attack 43 minutes later." Most Oklahoma executions last about six minutes. Department of Corrections Director Robert Patton later explained, "His vein exploded."

Oklahoma had never used this particular "lethal cocktail" before: midazolam, a sedative; vecuronium bromide, to stop respiration; and potassium chloride, to stop the heart. Charles Warner was scheduled to be killed on the same day as Lockett. After the horrifically botched execu-

tion of Lockett, Oklahoma Gov. Mary Fallin issued a 14-day stay of execution for Warner. Announcing a review of lethal injections, Fallin said on Wednesday that

"the state needs to be certain of its protocols and procedures for executions and that they work." While the review she has ordered will include an autopsy of Lockett by an independent pathologist, the overall review is being conducted by a member of her cabinet, so its independence is being questioned.

Lockett and Warner had sued Oklahoma, claiming that the secrecy surrounding the source of the drugs and the execution cocktail violated their constitutional rights. One Oklahoma judge agreed and issued a stay last month. Justices of the Oklahoma Supreme Court ultimately agreed and issued their own stay of execution on April 21. On April 22, Gov. Fallin, claiming the Supreme Court had no jurisdiction, ignored the stays and rescheduled the executions to April 29. The next day, the Supreme Court rescinded its stay, stating that the inmates do not, in fact, have the right to know the chemicals to be used in their execution.

"After weeks of Oklahoma refusing to disclose basic information about the drugs for tonight's lethal-injection procedures, tonight, Clayton Lockett was tortured to death," said Madeline Cohen, attorney for the other condemned man, Charles Warner. "The state must disclose complete information about the drugs, including their purity, efficacy, source and the results of any testing. Until much more is known about tonight's failed experiment of an execution, no execution can be permitted in Oklahoma."

Lockett's botched execution follows on the heels of a similar debacle in Ohio. On Jan. 16, Dennis McGuire was subjected to a two-drug cocktail. His son, also Dennis, witnessed the ordeal: "My dad began gasping and struggling to breathe. I watched his stomach heave. I watched him try to sit up against the straps on the gurney. I watched him repeatedly clench his fists. It appeared to me he was fighting for his life, but suffocating. The agony and

terror of watching my dad suffocate to death lasted more than 19 minutes."

There are many more such stories. States are desperate for the execution drugs, as pharmaceutical companies in Europe refuse to sell to state governments in the U.S. any chemical that might be used in an execution. The Colorado Independent obtained email documents showing the assistant Oklahoma attorney general joking with a Texas colleague that he might be able to help Texas get the drugs in exchange for 50-yard line tickets for a top college football game.

The Death Penalty Information Center lists 144 people who have been exonerated from death row since 1973. These are innocent people who might have been executed. An article published in the respected Proceedings of the National Academy of Sciences, released just a day before Lockett's execution, suggests that more than 4 percent of all death-row prisoners would be exonerated, given enough time to properly review their cases. Even in cases where guilt is not in question, an argument can be made on a purely financial basis. It costs three to four times more to execute a prisoner than it does to incarcerate for life with no chance of parole.

Most developed nations have banned capital punishment. The United States stands shoulder to shoulder in continuing this barbaric practice with countries like China, Iraq, Iran and Saudi Arabia. As states commit atrocious experiments on prisoners like Lockett, it is vital to remember that the Constitution prohibits cruel and unusual punishment. Sadly, cruel and unusual is becoming more and more usual. ■

— Denis Moynihan contributed research to this column.

— Amy Goodman is the host of "Democracy Now!," a daily international TV/radio news hour airing on more than 1,200 stations in North America. She is the co-author of "The Silenced Majority," a New York Times best-seller.

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PET TALES

Chicken tales

Keeping chickens as pets and egg-layers is a popular pastime, but it's a good idea to know what you're getting into

BY DR. TONY JOHNSON

Universal Uclick

About three years ago, my wife and I “happened” upon some chickens. A family friend had gotten caught up in the recent rage of urban chicken acquisition and had obtained six chickens. They had forgotten to obtain any housing for them, so we offered to help out and take three of the birds.

We read up on chicken husbandry, built a coop and drove over to bring home our new flock in cat carriers.

Here's the upside to chicken ownership:

- Great, fresh eggs, every day (on average, each chicken lays one egg per day).
- No need to buy eggs anymore — a cost savings, and we know our chickens are humanely treated.
- Fun for the kids to watch (us, too — chickens are hilarious goofballs).
- Easy disposal of our kitchen waste — they eat everything (as long as it's not moldy or an avocado; avocados are chicken kryptonite). With two 2-year-olds at home, we have lots of leftover “I won't eat that!” food.

Now, here's the downside:

- They are noisy: They squabble and fight like junior-high girls at the Filene's Basement shoe sale rack. Sometimes, I have to go out back and shout a loud: “SHHHHHHHH! If you don't shut up, I am calling The Colonel!”

- Poo. Everywhere. There's no way to potty train a chicken, and no such thing as a chicken diaper. We let them out for some



Chickens eat bugs and weeds in your yard, generate great fertilizer and even make your breakfast.

fresh air and bug-eating, and they poo. A lot. Everywhere.

- Although ours have tested negative for salmonella, I do worry about our family's exposure to it, given the large amount of poo around. (More on this below.)

- We will never, ever have nice landscaping. In their obsessive quest to find the juicy bugs and worms, they dig up everything. Then, for good measure, they poo on it.

Chickens have become a feathery emblem of the “new naturism” — if you fancy yourself a self-sustaining, eco-minded person, a wee flock is de rigueur these days. And, like many fads, the initial rose-tinted joy soon fades to reality.

Chickens can carry salmonella and a few other bacterial baddies. These can do a number on your GI tract and really put a hurting on you if you're very young, very old or have weakened immunity. If you get

it, you'll be hugging the commode for a few days, or worse.

We constantly clean up after them, and even then I feel like we always have some poo lying about. Washing hands after handling them or the eggs is a must. Here is some CDC info on safe home chicken ownership: blogs.cdc.gov/publichealthmatters/2010/10/thinking-about-keeping-live-poultry

Another great source of information and support is the community at Backyard Chickens: www.backyardchickens.com.

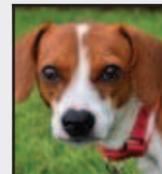
Egg handling is important, too. There is a healthy debate about washing the eggs: Some say it removes an invisible slime layer that keeps bacteria out, while some say to wash them. Since we eat them as soon as we collect them, we don't wash our eggs (unless they are really dirty), but just wipe them off. Here is a link to safe egg-handling information: www.ext.colostate.edu/pubs/foodnut/09377.pdf.

The life of a chicken owner is easy, delicious and fun. It's a great way to lessen your eco-footprint and teach your kids where their food comes from. But you don't want to get halfway into it and say to yourself, “What the CLUCK were we thinking?”

With a little prep, a little reading and a little precaution you, too, can safely enjoy all the benefits of having your own flock! ■

— Guest columnist Tony Johnson, DVM, is an emergency and critical care specialist and serves as minister of happiness/medical director at Veterinary Information Network.

Pets of the Week



>> **Major** is a 1-year-old neutered male beagle mix. He's the sensitive type and needs a little TLC to make him feel safe and secure. Major needs a stable home with a patient person.



>> **Mom Cat** is a 3-year-old spayed female Abyssinian/mix. She was found roaming streets with no home and was pregnant. Her kittens have been adopted.

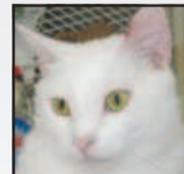
To adopt or foster a pet

Peggy Adams Animal Rescue League, Humane Society of the Palm Beaches, is located at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspb.org. For adoption information, call 686-6656.

>> **Callie** is a spayed female calico, approximately 3 years old. She is very friendly and loves to play. She would be a good fit in a home with other cats.



>> **Teddy** is a neutered male white shorthair, approximately 2 1/2 years old. He has a sweet personality and enjoys contact with people.



To adopt or foster a pet

Adopt A Cat is a no-kill, free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public Mon-Fri, 2 p.m. to 6 p.m., and Saturday, 2 p.m. to 5 p.m. For information, and photos of other cats, visit adoptacatfoundation.org, or on Facebook, Adopt A Cat Foundation. For adoption information, call 848-4911.



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NEWS OF THE WEIRD

BY CHUCK SHEPHERD
DISTRIBUTED BY UNIVERSAL PRESS SYNDICATE

Price of friendship

“Whoever said, ‘Money can’t buy you friends’ clearly hasn’t been on the Internet recently,” wrote *The New York Times* in April, pointing to various social media support services that create online superstars by augmenting one’s Facebook “friends,” Twitter “followers” and Instagram “likes.” The reporter described how, by paying a company \$5, for example, he immediately acquired 4,000 “friends,” and had he splurged for \$3,700, could

have had a million on his Instagram photo account. Such services have been around for two years, but earlier, cruder versions (sometimes, just unmonitored email addresses) are now sophisticated “bots” — groups of computer code created on algorithm farms in India and elsewhere — that “behave” on social media with original messaging (often “drivel,” wrote the *Times*) as if they were real people.

The entrepreneurial spirit

■ In April, Haagen-Dazs announced it will introduce two new ice creams (thankfully, only in Japan): carrot orange (with bits of pulp and peel) and tomato cherry (made from tomato paste).

■ A South Wales ice cream maker (“Lick Me I’m Delicious”) announced in April that it has perfected an ice cream containing about 25mg of Viagra per scoop (though it is not yet generally available).

■ In January, London’s *Daily Telegraph* found three British companies in compe-

dition to sell deodorant supposedly made especially for women’s breasts. According to one, Fresh Body, “We’re replacing ‘swoobs’ — dreaded boob sweat — with smiles.”

■ Owner Christian Ingber recently opened a sandwich shop in Gothenburg, Sweden, named “A F***ing Awesome Sandwich.” An American expatriate told Stockholm’s *The Local* news service that Swedes think English “curse words” are “cute and charming.”

Science fair

■ China’s *Chengdu Commercial Daily* reported in March that Liu Yougang, 23, finally had surgery to remove that whistle he had swallowed when he was 9. He had been experiencing worsened breathing — and had been making “shrill whistle sounds” nightly after falling asleep.

■ London’s *Daily Star* featured Sarah Beal, 43, of Arley, Warwickshire, England, in a March story demonstrating her skin condition in which writing words on her skin makes it puff up for about an hour before it recedes. It is referred to by doctors as the “Etch A Sketch condition” (formally, dermatographia), and despite occasional pain, she described it as “cool” and a “party trick.”

■ Cornell University graduate student Michael Smith, disappointed at the paucity of research on the pain of honeybee

stings, decided to evaluate the stings himself (but in line with the Helsinki Declaration of 1975 on safe self-experimentation). Mr. Smith’s protocols required five stings a day on various body locations for 38 days — at least three on each of 25 body areas. The worst, according to his pain index, were the nostril (9.0) and the upper lip (8.7).

■ North Carolina’s Wake Forest Institute for Regenerative Medicine is already well known to *News of the Weird* readers for creating functional organs in the lab (most notably, perhaps, growing a human bladder and a rabbit’s penis). In an April article in the *Lancet*, the program announced that it had implanted artificial vaginas in four women in the U.S. A functioning vagina, the director told BBC News, “is a very important thing.”

Leading economic indicators

■ While Medicare continues to be among the most costly federal services, and U.S. doctors continue to drop out of the program because of paltry fees for some procedures, other specialists are rewarded with such outsized compensation that almost 4,000 physicians were paid \$1 million or more for 2012 and about 350 of those totaled nearly \$1.5 billion, according to Medicare records released in April 2014. Ophthalmologist Salomon Melgen of West Palm Beach, Fla., took in more than \$20 million and treated 645 Medicare patients with a total of 37,000 injectable doses of Lucentis (a much more expensive drug than the popularly regarded equivalent, Avastin), according to *Business Insider*. (In fact, taxpayers

could have saved more than \$11 million with Avastin on Dr. Melgen’s billings alone, according to an April *Washington Post* analysis.)

■ Visitors to the New York City office of Clear Channel radio station group chairman Bob Pittman are greeted excitedly as they step off the elevator by a “tunnel” of “fine mist.” However, a spokeswoman told a *New York Post* reporter in March that it “isn’t for cooling or humidifying,” but to impress advertisers, in that Clear Channel knows how to project the advertiser’s logo against the mist. (Clear Channel, the *Post* reported, is \$21 billion in debt and has laid off “thousands” of employees.) ■

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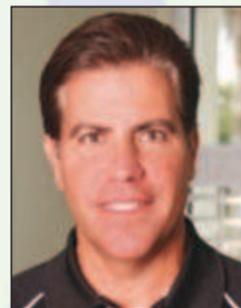
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County History Institute receives achievement award

SPECIAL TO FLORIDA WEEKLY

The Palm Beach County History Institute, a consortium of local nonprofits, will receive an outstanding recognition in organizational achievement by the Florida Trust for Historic Preservation at its annual conference.

The award recognizes outstanding examples of preservation of architectural, archaeological and cultural resources in Florida.

Founded in 2009 by the education directors at the Historical Society of Palm Beach County, Preservation Foundation of Palm Beach, Flagler Museum, Spady Cultural Heritage Museum, Morikami Museum and Japanese Gardens and Jupiter Inlet Lighthouse and Museum, the PBCHI's goal is to

educate teachers about Palm Beach County's history, architecture and culture.

As the first of its kind in South Florida, this innovative collaboration evolved out of a need to bring the experiences of visiting these historic sites to the classroom in response to decreased local field trip funding. The Institute hosts a series of summer workshops at historic sites throughout the county, offering teachers personalized training through tours, lectures and panel discussions with an emphasis on integrating local history into a variety of subjects. Teachers who complete the requirements receive up to 28 in-service points toward the renewal of their teaching certificates through the School District of Palm Beach County.

"It is a tremendous honor to be recog-

nized by the Florida Trust for the exceptional partnership of the PBCHI," said Tony Marconi, education curator of the Historical Society of Palm Beach County and chairman of the PBCHI, in a prepared statement. "Combining our resources allows us to provide innovative curriculum to enhance the students' learning of local history. We hope other organizations in the state can use this model to create a lasting impact on teachers, students and communities."

The awards ceremony will take place on Friday, May 16, at the Florida Trust for Historic Preservation's conference in Tampa. The next PBCHI for local teachers will be held June 16-20. For more information, call 832-4164, ext. 104, or visit www.historical-societypbc.org. ■

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COMMENTARY

Summer camp



rogerWILLIAMS

rwilliams@floridaweekly.com

Too often, parents and grandparents simply accept the status quo when it comes to imprisoning their children in summer camps.

They commonly buy themselves a kid-free week by shuffling their young charges off to the usual art camp or science camp or music camp or nature camp or sports camp, without ever considering a more worthy alternative.

They might even do it two or three times a summer, on each occasion patting themselves on the back for being good parents.

But I want to suggest a much more relevant option: the Issues Camp.

Since nobody has come forward to outline such a camp, I will do it here, for free.

The Issues Camp provides children a hands-on opportunity to safely experience the adult world into which they will soon charge headstrong and self-righteous. The Issues Camp will allow them to experience the activities of adults who were once children, too, but never had such an opportunity for camp, and are now running our world.

Here's how the camp is organized for a five-day period.

Issues Camp, Days 1 & 2: Governance.

Children will practice the key skills required to carry on as federal, state, county or city elected officials.

On these important days they will learn to shake hands (this is also good exercise, especially after shaking hands 300 times in a hot sun); accept lavish treatment from lobbyists (such treatment will include fine meals, special deals on vacation homes or cars, future employment for family members, and future income-producing opportunities, all in return for favors); accept bribes under the table, in which children are taught the basic skills required to pass \$100 bills back and forth under the table without dropping them, or being seen; and decision making.

As future decision makers, children will learn such crucial skills as commissioning a lengthy study, ordering a closed meeting, accepting public records requests with open smiles and then shredding the requested records electronically as well as physically — or simply refusing to provide them until they are sued.

To round out this important portion of Issues Camp, children will be given a short course in the art of blame, titled, "How To Blame The Media." Here, they are taught to mutter two words — "the media" — in an accusatory tone that suggests both nauseated disgust and the detection of a sudden highly unpleasant odor, all while shaking their heads in a negative fashion and pointing their fingers.

They are also taught key expressions, including "the liberal media," or "the one-sided media," or even such historic terminology as "those muckrakers."

Issues Camp, Days 3 & 4: The Environment.

This important two-day introduction

to official stewardship of Florida's natural places can be conducted in one of several locations, depending on the expertise or preferences of camp counselors and instructors. Staff will be specially chosen either from the retired ranks of the U.S. Army Corps of Engineers or from private industry. For example, veteran instructors might hail from the management teams of the Fanjul Brothers, owners of Domino Sugar and Florida Crystals; or the Dan A. Hughes Co., oil prospectors from Houston, Texas; or Collier Resources, owners of the mineral rights on more than 800,000 acres of land in and around the western Everglades; or the Deseret Cattle & Citrus ranch near St. Cloud, with the largest poop-producing cow herd in the United States (more than 45,000, producing 33,000 calves a year, according to some reports). That's to name just a few.

The Dumping Hour: Typically, students will gather either along the Kissimmee River near its mouth just north of Lake Okeechobee, or on the Indian River Lagoon System's St. Lucie River east of Lake Okeechobee, or at the headwaters of the Caloosahatchee River on the west side of the lake for what the Issues Camp will call, the "Dumping Hour."

This is very likely to be a favorite among both students and staff.

During the Dumping Hour — which may, in fact, last several years or decades — each student will be positioned on the river's edge and supplied with 50-gallon drums of liquid phosphorous, liquid nitrogen, a variety of water soluble pharmaceuticals, containers of traditional household septic waste and big bags of trash.

Following the instructor's count of "One, Two, THREE-STANDS-FOR-INDUSTRY," each student will dump the contents of his or her barrel into the water.

Issues Camp, Day 5: Development.

During this final day of Issues Camp, students will be taught the rudimentary skills required to drive a bulldozer. They will also be given hands-on demonstrations in the laying of asphalt, in which students ride with instructors who allow them to pull the release levers as asphalt is spread across the earth.

In the bulldozer portion of the day, each student will be asked to sit in the driver's seat, lower a massive bucket, put the machine in gear, and drive it forward through an actual patch of native scrub, provided for each student enrolled in Issues Camp. Students are required to remove such anti-development, anti-business, anti-jobs species as saw palmetto, scrub oak, gopher tortoises, new-growth cypress, scrub-jay habitat and the like.

Future Issues Camp courses will teach the art of building large, dense developments on lands where local-government codes restrict them.

By enrolling your child or grandchild in such a camp, you can help provide him or her with real-world skills and an understanding of the realities behind them, presented in an environment full of bonhomie and the warm approval of adults who will be both supportive and very knowledgeable guides to a prosperous Florida future. ■



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COURTESY PHOTO

Veterans gather at the World War II Memorial in Washington, D.C., during the April 26 Honor Flight to the capital.

HONOR FLIGHT

From page 1

For Mr. Tucker, joining the group seemed like a natural thing to do.

"I saw an article that some people were meeting to form an Honor Flight hub. I hadn't heard of the organization at that point," he said.

He attended that meeting and was hooked.

"I signed up to go as a guardian and ended up going on the second trip and was absolutely blown away by the experience and the mission," he said.

Honor Flight made its first trip, from Ohio, in May 2005, soon after the memorial was completed. The Southeast Florida chapter, formed in 2008 to serve the state's Treasure Coast, has grown to include Indian River, St. Lucie, Martin, Okeechobee and Palm Beach counties.

These World War II veterans, who are in their 80s, 90s and beyond, join other vets on a commercial flight to Washington.

Once they arrive in the capital, they receive a hero's welcome.

"The arrival is where the veterans start to understand that this is going to be much more than just a trip to see some stones and some granite," Mr. Tucker said.

Other veterans and dignitaries are on hand to greet them as they exit the plane.

"They know some sort of surprise is in store for them," Mr. Tucker said.

A Marine Corps brass band plays, "and thousands are there to greet them," Mr. Tucker said. "They are filled with tears of pride and joy."

And for the volunteers who accompany the veterans?

"It's overwhelming. I've been on every trip but one. You never get used to that," Mr. Tucker said. "It really renews your faith in all the things that are good in our country."

The veterans have lunch, tour the monuments and fly back the same day.

As they near the end of the flight, they have mail call, with letters and cards

in the know

- >> **What:** Honor Flight
- >> **When:** Flights from South Florida are scheduled for May 24, June 5-7, Sept. 20 and Oct. 25.
- >> **Info:** 855-FLY A VET (855-359-2838) or info@honorflightsefl.org

from family members and friends thanking the veterans for their service.

"It's one of the most emotional parts of the trip. We don't tell the veterans in advance that we're doing that. When they get those letters, particularly from grandkids and great grandkids, the plane is usually awash in tears," Mr. Tucker said.

It reminds him of the veterans in his family.

"I had a lot of my uncles that did serve in World War II, and my grandfather on my mom's side served in World War I," Mr. Tucker said. "I didn't learn to appreciate that until I was grown. It wasn't until after I became an adult that I appreciated who those the guys were."

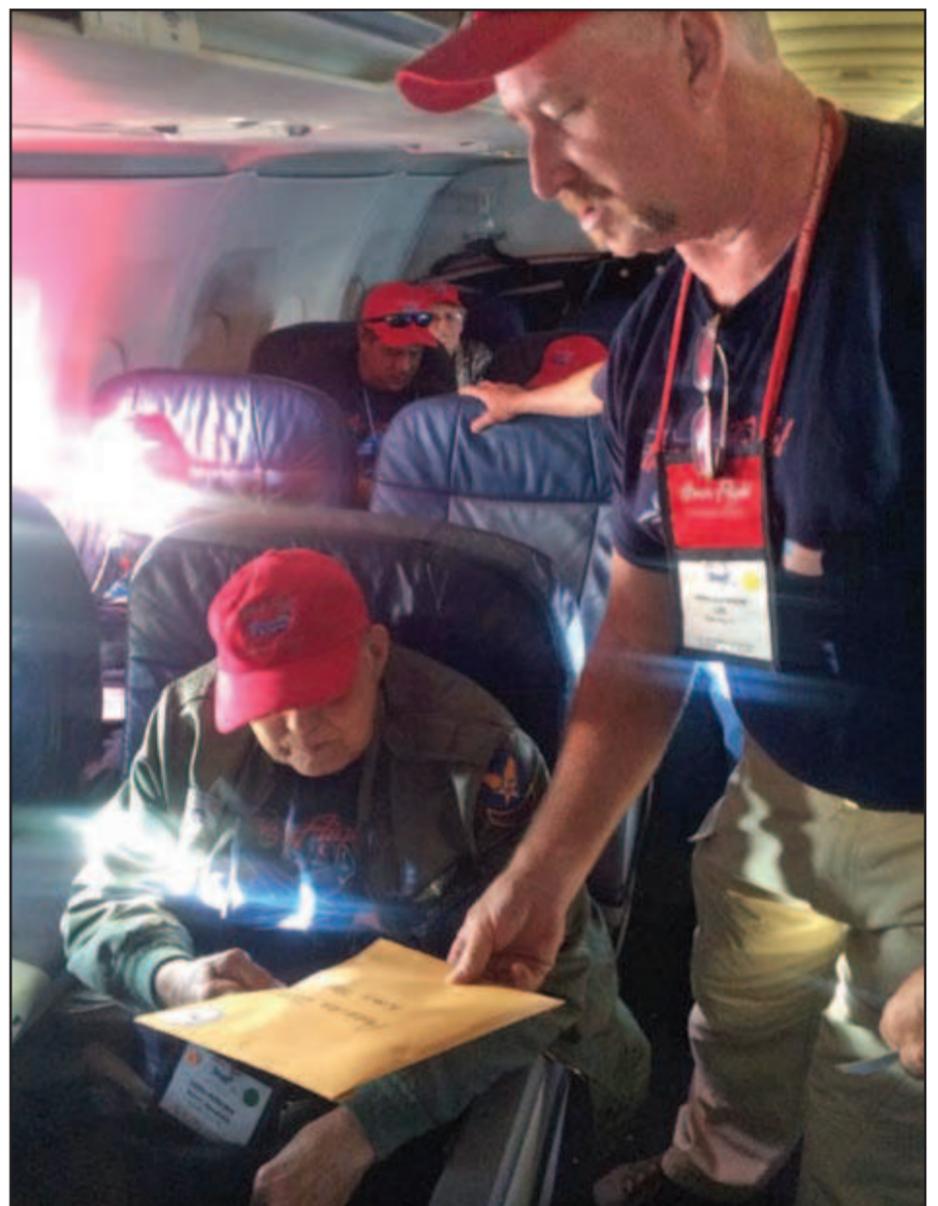
People have been generous with their money and their time, but many members of the Greatest Generation are not Web-savvy or may be in assisted living and nursing facilities.

"We're having a difficult time reaching some of the World War II veterans and we know there are thousands we haven't reached," he said, making one request:

"If you know a World War II veteran or if you are a World War II veteran, please contact us."

The journey to Washington includes bus transportation, meals, T-shirts, and other amenities required to travel comfortably. Disabled veterans are also welcome; with advanced arrangements, complimentary wheelchairs, oxygen and medical staff will be available.

Honor Flight also encourages friends and family members of these veterans to be on hand at the airport to welcome them home. Next flight is May 24, and the group plans flights June 5-7 to commemorate the 70th anniversary of D-Day.



COURTESY PHOTO

Honor Flight holds a mail call for the veterans on the return flight.

More than 16 million men and women served in the U.S. military during World War II.

Of them, only about 1.2 million remain, and they're dying at a rate of 550 a day, according to The National World War II Museum.

That makes the work of Honor Flights all the more urgent.

"We had a 99-year-old on the last flight and we've had a 101-year-old vet,

I think. We've had several 99-year-olds," Mr. Tucker said.

At one point, Honor Flight had a long waiting list for vets, but that list has shrunk.

"If you put an application in today, you have a pretty good chance of getting in in the fall," Mr. Tucker said. "We have the planes, we have the funding, we have the know-how. All we need is you." ■

KDW Classic set for May 31

SPECIAL TO FLORIDA WEEKLY

One of the largest Kingfish-Dolphin-Wahoo fishing tournaments in Florida returns to Riviera Beach Marina this month. The 12th annual Palm Beach County KDW Classic is set for Saturday, May 31. The event is produced by the West Palm Beach



Fishing Club and generally attracts more than 200 boats and nearly 1,000 anglers each year. The Classic is a family-and-friends-oriented event offering a wide range of prizes for adults and kids. Even those who don't catch a fish can win money and prizes.

"Everyone seems to really enjoy how we produce the event," said Pete Schulz of Fishing Headquarters in Jupiter, who is chairman of the WPBFC and serves as the tournament weigh-master. "The captain's meeting, the weigh-in and the awards party are all very entertaining. We even have an online photo contest." Photos can be submitted the week of the tournament at #KDWCLASSIC.

Broad-based support from sponsors and an ongoing commitment to give something back to the local community contribute to the KDW Classic's ongoing success, organizers said. Past tournament proceeds have been used to create new artificial reefs, install reef saving mooring buoys, support the Riviera Beach scholarship fund and aid the annual Kid's Fishing Day program produced by the fishing club's charitable affiliate, the Palm Beach County Fishing Foundation.

The Marine Industries Association of Palm Beach County has been the KDW Classic's presenting sponsor since the beginning. Numerous other sponsors participate in the event by underwriting the cash awards, providing raffle items and other tournament giveaways. More than \$32,000 in guaranteed cash prizes, regardless of the number of boats entered, and more than \$30,000 in raffle items and trophies are up for grabs.

The tournament prize format is designed to spread the wealth. Prize-winning paychecks are offered eight places deep for kingfish, dolphin and wahoo, and 10 places for junior anglers. "Our cash award sponsors make that happen," said tournament committee member Bud Tyska of Tuppen's Marine & Tackle. "Luck is another factor that is

part of our tournament philosophy. The Classic's 'Big Fish Wins' format keeps luck a significant part of the winning formula.

"Anybody can luck into that one big fish. Plus, by not offering aggregate catch awards we're not putting as many fish on the dock. We don't want to promote excessive fishing practices." Mr. Tyska said.

A change in this year's rules will allow participants to visually check out and depart from one of three inlets: Jupiter, Palm Beach or Boynton Beach. "Our intention is to make the event more convenient for participants. If they have fish to weigh they will still need to visually check back in with the committee boat inside Palm Beach Inlet at the end of the day," said Mr. Schulz.

There are many other ways to win in the KDW Classic. Every registered boat is eligible for significant prizes valued at over \$1,000. All junior anglers are eligible for one of the Junior Treasure Chest prizes, 15 \$100 bills. And, every boat entered in the tournament is eligible for the \$2,000 'Hit the Jackpot' cash prize, awarded by a randomly drawn boat number. Winners must be present at the awards party and must show their official boat number to collect the prize. The male and female angler lucky enough to weigh-in the heaviest fish of the tournament will be crowned the king and queen of the classic by the Marine Industries Association of Palm Beach County.

Anglers can register for the tournament online at www.kdwclassic.com. Prior to May 22, the tournament entry fee is \$175 for WPBFC members and tenants at Riviera Beach Marina, New Port Cove, Old Port Cove, North Palm Beach Marina and the Palm Beach Yacht Center. For all others, the early entry fee is \$200 per boat if paid by May 22. After May 22, all boat entries are \$275. For additional tournament information, call the WPBFC at 832-6780. ■

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HEALTHY LIVING

Breach with your partner? Repair begins with one talk



lindaLIPSHUTZ

llipshutz@floridaweekly.com

A woman called her husband at the office. He answered brusquely. "I'm busy. Is this important?"

Now, depending on the couple, or the given week, or the given day, this interaction could be met with a broad range of reactions:

She might react by saying to herself: "He sounds upset. I know he had that important meeting with his biggest client. I hope it went well. He'll fill me in later."

Or she might say: "I don't know why I bother to call him. He never takes the time to talk to me."

Or: "He's so full of himself. He thinks his job is so important, and what I do is so insignificant."

As the above scenario depicts, the way you are feeling about yourself and the way that you feel about your partner dramatically impacts the way you will interpret their words and behavior. The woman who believes her marriage is in a secure place will probably give her husband the benefit of the doubt, assuming an abrupt tone means he is worried or upset. She will not feel criticized or attacked.

John Gottman, a nationally acclaimed relationship expert, revolutionized the study of marriage after many years of rigorous scientific research, which included observing volunteer couples behind two-way mirrors. In fact, his team was able

to predict which couples were going to make it (or get divorced) in 91 percent of the cases.

According to Gottman, most committed relationships start off with a high degree of positive interactions and a sense of true friendship. Despite the inevitable disagreements and irritations of everyday life, these couples are able to maintain what is referred to as "positive sentiment override." This means that the positive thoughts about the relationship and each other are so pervasive they tend to supersede the negatives. They feel hopeful and secure about their lives together and assume the best in nebulous circumstances. It would take a very significant conflict for them to lose their equilibrium as a couple.

Over time, frustration and resentment can build to a point that the couple loses their sense of friendship and camaraderie. If an estrangement becomes more pronounced, they might insidiously slide into "negative sentiment override," whereby the littlest perceived slights become major obstacles and molehills become mountains.

They may next ascribe negative intentions that may not have been there at all. The husband might say: "Oops, I forgot to pick up the dry cleaning" and she says: "I'm not surprised. You show no interest in what goes on in this house." She interprets his forgetfulness to mean he doesn't care about her anymore or that he DELIBERATELY didn't run the errand. The battle heats up.

Gottman discovered that successful couples regularly employ what is technically called "repair attempts" — state-

ments or actions to let the other know they are sorry and want to make things right. When couples are in a good place they may naturally know how to humor or coax their partner out of a bad mood. When couples are not in a good place, they may have to make concerted attempts to reach out in a way that is well received.

For repair attempts to be effective, each partner must be willing to let go of an indignantly entrenched place to be receptive to the other's good intentions. Otherwise, they might take turns reaching out or rebuffing the other, with no clear resolution. The research also emphasizes that when unhappy couples are able to openly discuss and acknowledge positive aspects of their partner and the relationship, they are often able to eventually strengthen their bond.

Research has shown that the partners who turn "toward" each other rather than away are building an emotional bank account of good will. The demands and challenges of everyday life can become so absorbing that we are not always mindful and attentive to the important daily concerns of our loved ones.

Making it our business to ask how an important meeting went, or listening with interest when our partner relates a story (and following up the next day to ask what happened) shows interest and caring. So many of us get so absorbed in our television shows, emails or video games that we unintentionally send out a message of disinterest. Not surprisingly, the research confirmed that people who knew the most about their loved ones' inner worlds, were the ones who had the most rewarding relationships.

It becomes very clear that some couples can remain close, even though they are facing major disagreements. Gridlock occurs when two people are entrenched in diametrically opposed positions; trying to convince the other to come around. Letting go of this notion, and accepting that they may never totally agree about the best solution, paves the way for collaborative problem solving. What sets these couples apart is that they communicate respect and appreciation, even when they are struggling to come up with solutions.

In our romantic relationships, it is not surprising for people who are angry and critical to still carry deep longings to return to an earlier time of tenderness, comfort and passion. It can seem like a huge emotional risk to reach out to a frosty partner, asking to open a dialog, especially when we're feeling hurt, angry or uncertain. Sometimes, we may have trouble doing so without outside support. But, so importantly, our partner is often the very person who will ultimately be able to help us heal our deepest hurts. ■

— This article appeared in Florida Weekly in May 2011.

— Linda Lipshutz, M.S., LCSW is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached in her Gardens office at 630-2827, or online at palmbeachfamilytherapy.com.

Glaucoma drug helps women with blinding disorder linked to obesity

NATIONAL INSTITUTES OF HEALTH

An inexpensive glaucoma drug, when added to a weight-loss plan, can improve vision for women with a disorder called idiopathic intracranial hypertension (IIH), according to a study funded by the National Institutes of Health.

IIH, also called pseudotumor cerebri, predominantly affects overweight women of reproductive age. An estimated 100,000 Americans have it, and the number is rising with the obesity epidemic. The most common symptoms are headaches and visual problems, including blind spots, poor side vision, double vision and temporary episodes of blindness. About 5-10 percent of women with IIH experience disabling vision loss.

"Our results show that acetazolamide can help preserve and actually restore vision for women with IIH, when combined with a moderate but comprehensive dietary and lifestyle modification plan," said Dr. Michael Wall, a professor of neurology and ophthalmology at the University of Iowa in Iowa City.

The trial was funded by NIH's National Eye Institute, and coordinated by the Neuro-Ophthalmology Research Disease Investigator Consortium. The results were published recently in the Journal of the American Medical Association, and will be presented during the Clinical Trials plenary session of the American Academy of Neurology meeting in Philadelphia.



Acetazolamide (Diamox) is best known as a glaucoma drug. It has been commonly prescribed for IIH, but without much evidence that it helps. The IIH Treatment Trial tested the benefits of acetazolamide plus a weight loss plan versus the weight loss plan with a placebo pill, over six months. Patients

in both treatment groups had improved vision, but those receiving the drug had the greatest improvement. All patients were allowed to take headache medications throughout the trial, and both groups experienced a similar reduction in headache.

"The vision problems associated with

this condition can be extremely debilitating, at significant cost to patients and the health care system. Yet there are no established treatment guidelines. We made it a priority to develop an evidence-based treatment for helping patients keep their vision," said Eleanor Schron, Ph.D., director of clinical applications at NEI.

IIH is named for one of its key physical findings — an increased pressure within the fluid-filled spaces inside and around the brain. This in turn can cause swelling and damage to the optic nerves that connect the eyes to the brain. A 5-10 percent weight reduction appears to improve symptoms for many patients, but can be difficult to achieve and maintain. Acetazolamide is known to reduce fluid production in the brain, and is often used as an add-on therapy. In severe cases, surgical procedures may be used to relieve pressure on the optic nerve.

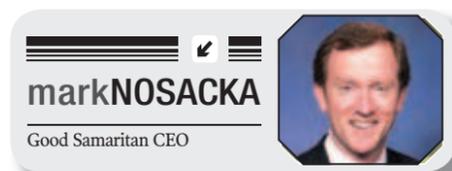
Another strength of the study was the weight loss program, he said. The New York Obesity Nutrition Research Center designed the program to achieve moderate, sustainable weight control with an emphasis on changing lifestyle, as opposed to just dieting.

The trial will follow participants for five years to gauge whether they're able to maintain a healthy weight and control their symptoms over the long term.

For more information about the trial and a complete list of study sites, visit www.clinicaltrials.gov. ■



Primary Stroke Center: What it means to you



markNOSACKA

Good Samaritan CEO

In honor of National Stroke Awareness Month this May, Good Samaritan Medical Center encourages the community to learn about the symptoms of a stroke along with staying informed about stroke care medical centers in the area.

If you notice a sudden change in your vision or maybe one of your arms or legs feels heavy, numb or weak – you may be having a stroke. The signs of a stroke may include the sudden onset of one or more of the following symptoms:

- Numbness or weakness of the face, arm or leg
- Confusion, trouble speaking or understanding
- Trouble walking, dizziness or loss of balance or coordination
- Trouble seeing in one or both eyes
- Severe headache with no known cause

Recognizing the symptoms of a stroke and seeking prompt medical care can greatly improve your chances of recovery.

Every 40 seconds in the United States, someone has a stroke, and about every three to four minutes someone dies as a result of a stroke. If stroke is separated from cardiovascular disease, it is the fourth leading cause of death in the United States. About seven million Americans are stroke survivors, yet many of them have serious, long-term disabilities.

Why early care is important

When someone is having a stroke, they need prompt emergency medical care. During a stroke, blood supply to the brain is cut off or disrupted, causing part of the brain to go without the oxygen-rich blood it needs. The longer the brain goes without blood, the greater the chance a disability will occur.

The National Institute of Neurological Disorders and Stroke conducted a five-year study on the use of tissue plasminogen activator (tPA), a clot-busting drug. The study found that patients who received tPA within three hours of the first stroke symptoms were at least 30 percent more likely to recover with little or no disability after three months. When a person is having a stroke, doctors must first determine whether the stroke is caused by a clot (ischemic stroke) or by a ruptured blood vessel (hemorrhagic) before tPA can be used. This is because tPA can only be used for ischemic strokes, which account for about 87 percent of all strokes.

Improving care

The Brain Attack Coalition, a group of 14 national organizations including the American Academy of Neurology, the American Association of Neurological Surgeons, the American College of Emergency Physicians, the American Society of Neuroradiology and the American Stroke Association, developed joint recommendations for hospitals to create stroke care centers as a way to improve the quality of care for stroke patients.

The primary goal of Good Samaritan Medical Center's Primary Stroke Center is to promptly assess the patient's condition and order the tests needed to diagnose the type of stroke. The team also works to stabilize the patient's blood pressure, heart rate and other vital functions. If the tests show that the patient's stroke is the result of a blood clot blocking a vein in the brain, then tPA can be given to help break up the clot. The team must administer the tPA within three hours of the first symptoms of a stroke, when it is most effective.

Good Samaritan's stroke team includes physicians such as neurologists or neurosurgeons who specialize in the care of strokes. Nurses from the hospital's emergency department or intensive care centers are also part of the stroke team. The team is available around the clock to respond when a patient with stroke symptoms comes to the hospital.

After receiving appropriate emergency care, Good Samaritan's stroke patients are then admitted to the hospital to undergo continuous monitoring and evaluate whether rehabilitation services are necessary.

Benefits of a stroke center

According to the Brain Attack Coalition, hospitals with stroke centers have shown improved treatment times for stroke care and better patient outcomes.

Good Samaritan Medical Center's stroke program has been awarded certification from the Joint Commission as a Primary Stroke Center because of its multidisciplinary stroke care and rapid diagnostic and treatment protocols. The center is also a part of Tenet Florida's Advanced Neuroscience Network, an integrated delivery system of medical professionals and hospitals focused on offering a full continuum of neurological care throughout South Florida. Last November, Good Samaritan earned the Get With The Guidelines – Stroke Gold Award from the American Heart Association, which attests to our commitment to quality patient care.

Good Samaritan Medical Center periodically offers lectures on the topic of stroke that are open to the public. To reserve your spot at one of our upcoming events, please call 650-6023. ■

Ask The Health & Beauty Experts

ASK THE COSMETIC SURGEON



Dr. Douglas Dedo,
Board Certified Facial Plastic and Reconstructive Surgery, Cosmetic Surgery, Head and Neck Surgery and Otolaryngology.

Doctor, "What is this balloon sinus business I've been hearing about?"

In sunny south Florida springtime is year "round" and there is always something growing and blooming. As such, people with allergies and chronic sinus problems can be miserable 24/7. Then add moisture and humidity to the mix and you have the perfect storm for fungus and mold. It's no wonder that everyone living in this tropical paradise isn't sick with allergies and sinusitis! We all try over the counter antihistamines, (Zyrtec, Allegra, Claritin), decongestants (Sudafed, pseudoephedrine), and nose sprays to dry up the drainage, unblock our noses and clear our heads, unfortunately, when these remedies fail it's time to see your physician. If the drainage is clear a shot of steroids or topical nasal steroids are the next line of defense. I tell my patients there are two ways to treat the allergic nose, medications for the symptoms and if that fails, an allergy work up with shots to try and get at the cause of the allergies for relief. However, when the nasal mucous turns yellow, green and/or bloody, its time to seriously examine those cavities in your skull: the sinuses. At this point you should be visiting your friendly ENT doctor who can correlate your symptoms, cultures, & CAT scan, with what is seen on endoscopic exam of your nose. When your symptoms are recurrent and resistant to multiple medical treatments, it means your sinuses are blocked and unable to drain. Today, with the marvels of computerized x-rays, tiny telescopes and balloons, we can not only drain your sinuses in the office but also provide a permanent cure for sinus headaches, chronic sinusitis, nasal blockage and polyps! Get sinus relief today by calling 561-776-7112 for an appointment or visit fast sinuspainrelief.com.

Dr. Douglas Dedo has been serving the South Florida community for over 35 years and is Triple Board certified in Facial Plastic and Reconstructive Surgery, Cosmetic Surgery, Head and Neck Surgery and Otolaryngology. Dr. Dedo has held leadership positions in the American Academy of Facial Plastic and Reconstructive Surgery, the local hospital community as well as the past President of the Palm Beach County Medical Society. He has written 45 articles and chapters for textbooks and medical journals.

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ASK THE DENTAL EXPERT



Jay L. Ajmo D.D.S., P.A.,
Board Certified Sedation Dentist
PGA Center for Advanced Dentistry
Gum disease special treatments

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Answer: A cleaning, or prophylaxis (prophy), is designed to remove all the debris on your teeth above the gum line. These surfaces are easily accessible to the hygienist, and their geometry is easy to manage.

When you have gingivitis (first stage of gum disease), or the more advanced stages called periodontitis, the disease has migrated down into, and below, the gum line. It takes specialized instruments and a greater skill set to remove bacteria and debris at this depth.

These dental instruments are designed to aid the practitioner with negotiating the roots' anatomy below the tissue. Some of these instruments are made to debride only a quarter of the root's surface. It may take three different instruments to completely remove bacterial deposits from around a tooth.

Though it may seem like a "cleaning" to you, when you have periodontal disease, it is necessary to not only remove the debris above the gum line, but it is essential to get the deposits that lie below.

This is why a simple prophylaxis will not maintain your gums. Unless the bacterial biofilm is completely removed from all your roots' surfaces, your periodontal disease will persist.

Dr. Jay Ajmo earned his Doctor of Dental Surgery degree from Emory University School of Dentistry in 1986. He is an active member of The American Academy of Cosmetic Dentistry and designated Master Cosmetic Dentist by the Rosenthal Institute for Aesthetic Dentistry.

He's been awarded Diplomate Certification from the International Congress of Oral Implantologists, Diplomate from the American Dental Implant Association and a Mastership from the Misch International Implant Institute. He's a member of The American Academy of Oral Implantologists. Dr. Ajmo is Board Certified in IV sedation and maintains an active membership with the American Society of Dental Anesthesiology.

Jay L. Ajmo D.D.S., P.A.
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Science center exhibit offers twists, turns of "Mazes"

SPECIAL TO FLORIDA WEEKLY

The South Florida Science Center's latest exhibition offers a bit of a twist and a twin.

"Mazes," open through Sept. 14, is designed to lead visitors on an adventure through a series of interactive brain-teasers, 3-D puzzles and full body games.

The exhibition winds its way over 9,000 square feet with more than 60 puzzling experiences. Visitors can run a marathon with their fingers on the Finger Mazes, become a "webmaster" by climbing through an intricate web of ropes in the Web Maze, get lost in a network of color in the Color Maze and conquer puzzling perplexities in the Maze of Illusions.

"This is quite possibly the most interactive exhibit we have ever hosted," science center CEO Lew Crampton said in a statement. "Themed mazes are powerful kinesthetic learning tools. This is hands-on, minds-on science at its best and we know that the exhibit will create a memorable experience for our visitors — one that is both entertaining and educational."

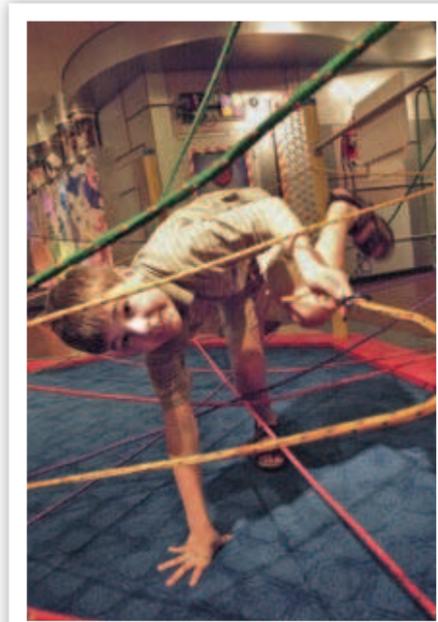
"Mazes" aims to encourage guests to explore new ways of problem-solving, challenge the relationship between the mind and the eye, nurture creativity and serve as a bridge between multi-generational boundaries. The exhibit also offers visitors an opportunity to build their very own mazes.

Last year, the science center completed a \$5 million expansion and renovation. In addition to "Mazes," the science center offers more than 50 hands-on educational exhibits, an 8,000-gal-

lon fresh and salt water aquarium that features both local and exotic marine life, a digital planetarium, conservation research station, Florida exhibit hall and an interactive Everglades exhibit.

During "Mazes," admission to the science center is \$14 for adults, \$10.50 for children ages 3 to 12, and \$12.50 for seniors 62 and older. Admission is free to science center members.

The South Florida Science Center and Aquarium is at 4801 Dreher Trail N., West Palm Beach and is open Monday-Friday from 9 a.m. to 5 p.m., and on Saturday and Sunday from 10 a.m. to 6 p.m. For more information, call 832-1988 or visit sfscecenter.org.



Visitors can maneuver through the Web Maze at the South Florida Science Center.



Visitors can try their hand at the science center's Marble Balance Maze.



Kids can make their own mazes at the science center.



Tavern Puzzles challenge hand and eye at the science center.

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PALM BEACH SOCIETY

American Cancer Society's 19th Hole Club in Palm Beach



Peter Kostis, Jamie Zahringer and Ian Baker-Finch



Michael Kratzberg, John Flag III and Ray Celedinas



Dr. Elizabeth Bowden



Cory Valentine, Jamie Zahringer and Buddy Marucci



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PALM BEACH SOCIETY

American Cancer Society's 19th Hole Club in Palm Beach



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Debra LeVasseur and Caryna Nina



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Julie Reveley and Mary Stanton



Mikolaj Bauer and Carol Jenkins-Jaeger



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Karyn Lamb, John Pickett and K.C. Pickett



George Tomasi, Chris Kelly, Bobby Collins and Jeff Webster

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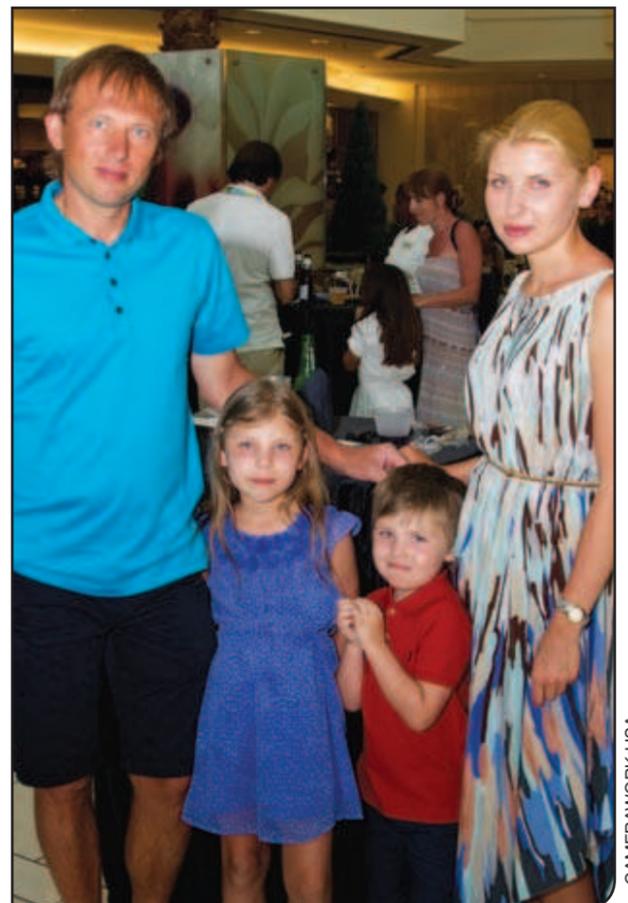
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Scripps to develop new diagnostics for cancer, rheumatoid arthritis, colitis

Scientists from the Florida campus of The Scripps Research Institute have been awarded a \$2.3 million grant from the National Institute of General Medical Sciences of the National Institutes of Health to develop new technology to diagnose cancer, rheumatoid arthritis and colitis.



Thompson

professor, will be the primary principal investigator for the four-year study.

"We've already identified a number of biomarkers for rheumatoid arthritis that we're in the process of validating," Thompson said. "The platform we are developing is faster and more versatile than existing technologies."

Such biomarkers could allow for better, more individually tailored treatments because they could be used to diagnose and monitor disease progression or remission as patients experience different treat-

ment options.

At the heart of the new study is a unique group of enzymes known as protein arginine deiminases (PAD). An increase in PAD activity has been noted in a number of conditions, such as inflammatory diseases like rheumatoid arthritis as well as cancer and Alzheimer's disease.

PADs participate in reactions in the body that form the amino acid citrulline in proteins through a process known as citrullination, a modification that can have a significant impact on the structure and function

of the modified proteins. While the exact role of citrullination remains unknown, inhibition of citrullination in animal models, using a compound developed by Thompson, has been shown to alleviate the severity of rheumatoid arthritis, ulcerative colitis, atherosclerosis, lupus, nerve damage and cancer.

In addition to developing biomarkers, the scientists will use the grant to better understand this modification and whether it provides a common link among these disparate diseases. ■

May Mammography Special

In Honor Of Mother's Day, bring the women in your life that you care about – your mother, sister, aunt, grandmother, daughter and your best girlfriends. It could save their lives.

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WEEK OF MAY 8-14, 2014

PALM BEACH COUNTY COMMERCE

GreenMarket opens May 11

BY AMY WOODS

awoods@floridaweekly.com

The popular Palm Beach Gardens GreenMarket starts its summer run at STORE Self Storage on May 11, providing the produce-picking public the opportunity to shop in the shade while the sun swelters.

The city and the storage facility have, for the second year, entered into an agreement to house the GreenMarket through the dog days of summer.

"Our staff wanted to go year-round, but mainly, the public wanted us to go year-round," said Christy Wolnewitz, the city's operations manager. "It's very hot, though."

The special setup at STORE Self Storage will include 55 vendors – compared to the 140 that fill the grounds of City Hall during the regular season – under a covered breezeway, tables and chairs for patrons to sit at and enjoy their breakfast, and a few additional tents outside the breezeway with products for sale.

"We are very pleased to have this partnership with STORE," Ms. Wolnewitz said. "It's been very beneficial for both of us. It gives us a place to go under cover, and it gives them foot traffic."

STORE Self Storage on the northwest corner of PGA Boulevard and Military Trail provides climate-controlled personal storage, as well as high-tech wine storage, and has an audio-, video- and Internet-equipped conference room for community and corporate use.

The GreenMarket's successful first run at the facility in 2013, with vendor waiting lists and streams of shoppers, convinced the city to do it again.



COURTESY PHOTO

When the weather heats up, the Palm Beach Gardens market moves under cover at the STORE self storage.

"It will give the public an offering of being able to come to an open-air market during the summer," Ms. Wolnewitz said.

An estimated 1,000 to 2,000 residents from around the county will attend the Saturday-morning market each week. Between 3,000 and 4,000 attend weekly from October to May.

"We're very proud of the way the market has grown," Ms. Wolnewitz said. "They pretty much come looking for us now, and that's a beautiful thing."

The Palm Beach Gardens GreenMarket's year-round schedule makes it one of the more popular in town, drawing loyal customers from other areas whose markets have closed or will soon. West Palm Beach's "Fresh of the Waterfront"

GreenMarket will have its final day May 31, and the Green Market Stand at the Palm Beach Zoo & Conservation Society comes to an end June 28. Both the Lake Worth Farmers Market and the Wellington Green Market closed April 26. The Jupiter Green & Artisan Market will remain open Sundays through the summer.

The Palm Beach Gardens GreenMarket moves back to City Hall on Oct. 5.

"We pride ourselves on being green – that's our goal," Ms. Wolnewitz said. "We're getting you your produce from the farm to the plate as much as we can."

While most of the vendors sell sustainable food, the ones selling candles, soaps, jewelry and other crafts consider

the environment when making their wares.

"The crafts that we have at the market are truly handmade," said Jennifer Nelli, the city's recreation supervisor. "They're not buy-to-sell items. They're handmade by the vendor that's selling them. That makes them a little more special than your everyday gift-shop item."

Other vendors sell prepared meals, including omelets and potatoes, shrimp and grits, and conch fritters and crab cakes. Fresh flowers and potted orchids fit into the mix, as well.

"Our goal is to get something into the market that we don't currently have," Ms. Nelli said. "But we never turn down farmers."

Among the more interesting vendors:

- Mom's Pops freezes fresh ingredients such as strawberry mint and basil lime into its gourmet popsicles. "You see the chunks of the fruit in the popsicle," Ms. Nelli said.

- Farriss Farms specializes in grass-fed beef and duck eggs. "They are \$8 a dozen, but people love them," she said.

- Treasure Coast Seltzer bottles a variety of waters and offers tastings at the GreenMarket. "They also do boxed water, which is becoming very popular, so it's not in plastic," she said.

Carl Frost, owner of Kai-Kai Farm, has made the pre-dawn trip to the Palm Beach Gardens GreenMarket from western Martin County for four consecutive seasons "because we make money there."

"We usually sell most of our produce there, and I can't say that about a lot of the markets," Mr. Frost said. "It's consistent and better than most. It's our largest greenmarket, so it's turned out to be a winner." ■

May 14 Palm Beach Chamber breakfast set for the Kravis Center

SPECIAL TO FLORIDA WEEKLY

Internationally renowned speaker Dr. Mohammad Bhuiyan of the Yunus Creative Lab Inc. will speak about micro-financing at the May 14 Palm Beach Chamber of Commerce breakfast.

The breakfast will be held at the Kravis Center — parking will be free and most convenient in avoiding the bridge tie-ups from crossing from the island that will be taking place.

The breakfast will be sponsored by Tim Gannon of PDQ on behalf of the Palm Beach County Food Bank.

Deadline to RSVP to the chamber is May 7. Call 655-3282 or email Kristen@palmbeachchamber.com.

Dr. Bhuiyan has more than 30 years experience in corporate, academic, international organizations and the nonprofit sector, with British American Tobacco, the Food and Agricultural

Organization of the United Nations, Pfizer and the United Nations Development Program.

Yunus Creative Lab Inc. promotes youth and female empowerment, "social business" to solve social problems, sustainability and the elimination of poverty and unemployment. ■

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Girls II Women

Program steeped in success stories recognized by The Gardens Mall

BY AMY WOODS

awoods@floridaweekly.com

The sixth-, seventh-, and eighth-graders in the Girls II Women program have worked for weeks preparing poems and letters to honor their mothers, grandmothers and, in some cases, their guardians.

These written words will fall on the ears of the invited guests at a gathering just in time for Mother's Day. On Saturday, May 10, a luncheon will be held at Bloomingdale's at The Gardens Mall, where dozens of darling daughters will read aloud the reasons why they love the women who have raised them.

"This is testing their writing and essay skills," said Anne Messer, a board member of the local nonprofit that aims to help middle school girls in underserved neighborhoods. "But I'm sure there will be some tears shed."

The luncheon represents one of the varied monthly field trips the Girls II Women program offers its members in an effort to broaden their horizons and build their self-esteem.

"There's a lot of organizations that focus on high school girls, which is all well and good," said Ms. Messer, who co-founded the organization in 1997. "We decided a long time ago that we were going to focus on middle school girls. That's a very tender and impressionable age."

Girls II Women's current class includes 60 students from two schools: Lake Shore Middle in Belle Glade, and Roosevelt Middle in West Palm Beach, its mentors comprise area businesswomen from all walks of life who impart their experiences to the often-misguided youths.

Messer remembered one of the earlier presentations.

"They all wanted to be models or singers, and we said, 'That would be great,' but we also wanted to say, 'Get an education, because an education will lead you to find a fulfilling career,'" she said.

Such presentations take place in each school twice a month, providing an ongoing presence of role models for the girls to follow.

"We are from all different career backgrounds...an in-home seamstress, women who do hair and makeup, bankers - everything," Ms. Messer said.

Success stories abound. Alicia Jennings graduated from Pahokee Middle Senior High School as class valedictorian and got accepted to Brown University in Rhode Island.

"She had never been out of Pahokee," Ms. Messer said.

Jennings then enrolled in Harvard Medical School.

Leticia Delanardo, another Girls II Women graduate, called Messer about five years ago, all grown up. Ms. Delanardo had attended college, returned to Belle Glade to become a teacher at Lake Shore Middle School, and wanted to become a mentor for the program.

"I almost fell out of my chair," Ms. Messer said. "I couldn't believe it."

She praises Nancy Talbert Smith, the retired educator from Pahokee who conceived of the program for giving girls a new outlook on life.

"She asked us if we'd be willing to mentor girls," Ms. Messer said. "I felt that the world is their oyster, and they could do or be anything they wanted, and I wanted to be sure I got that mes-



Anne Messer, left, serves on the board of Girls II Women. Michele Jacobs, right, says what the group does for young women is "life-changing." COURTESY PHOTOS

sage to them."

Those who graduate from the program and meet all its requirements have the opportunity to take a guided tour of U.S. colleges paid for by the organization.

In March 2013, the girls traveled to Boston to visit Harvard University, Boston College, and the University of Massachusetts, with a walk along the historic Freedom Trail and a visit to the Museum of Science in between.

"That's the cream of the crop," Ms. Messer said. "That's the icing on the cake. But they have to earn it."

The next tour will take place in 2015.

"We really want these girls excited about attending college," Messer said. "Even if they never go, they can at least say they visited a college campus and got the experience. We just want them to find a career that they enjoy and that they can make a living at."

The trips come at a cost: \$500 per girl. A majority of the funds will originate from the Cocktails for College event, a glamorous evening of fashion and frolicking at The Gardens Mall in October.

"We look forward to hosting Cocktails for College. It's an honor to support the Girls II Women organization and their mission," said Michele Jacobs, corporate director of marketing and operations for The Forbes Company. "What they are doing for these young women is life-changing."

As part of a campaign celebrating the shopping mecca's quarter century in Palm Beach Gardens, The Gardens Mall named Girls II Women one of its 25 charities.

"Last year's Cocktails for College event was the most successful fundraiser we've ever had in the history of Girls II Women," Ms. Messer said. "The mall underwrote everything. We are delighted to be recognized as one of their selected charities. We're very, very grateful." ■



Tonya Davis Johnson, of Girls II Women, Sidney Forbes, owner of The Forbes Company, and Michele Jacobs, director of marketing and marketing and operations for Forbes, at an event for "25 Years of Giving."



The Girls II Women program offers field trips to places like the Henry Flagler Museum.

MONEY & INVESTING

Financial planning problems elicit diverse solutions



elicit varying answers: whole life, universal life, annuities, corporate stock options, a trust filled with equities or hedge funds or private equity, creation of a family business, purchase of commercial real estate holdings, etc.

Pose a medical problem to various health-care professionals, each having diverse areas of medical specialization, and you will probably get a series of diverse answers. For instance, pose the question about how to get rid of aches and pains to a general practitioner, an arthritis specialist, sports medicine practitioner, pain disorder specialist, a chiropractor, an acupuncturist, a massage therapist and a holistic specialist, and you will get answers that vary from prescriptions, to physical therapy, to recommendations for green diets and detoxing, to an MRI, to a request for weekly adjustments, and the list goes on. Logically, their answers will reflect their particular knowledge base, and of course, their particular revenue base.

Equally so, pose a broad financial question to a variety of diverse finance and legal professionals and you will get a litany of answers reflecting their expertise and their revenue base. The question, "How should I build a life estate and what are the most efficient ways to pass on the estate?" posed to a life insurance professional, a stockbroker, a real estate broker, a banker, an entrepreneur, a corporate executive, a private equity manager, hedge fund manager, etc., will

How can it be that one question has so many disparate answers? The reason is that most investment professionals can only sell specific products and they then tailor the use of those products to answer the many financial questions that hopefully creates a new client base.

For instance, the life insurance professional offers insurance and annuity products, and these products can be used to solve the question of building an estate and/or tax efficiently passing along an estate. The real estate broker answers with land, commercial, industrial and residential holding directly or in partnership form. The corporate executive answers with amassing corporate stock options and getting coverage under corporate health plans, etc. The stockbroker will point to equities. The entrepreneur will insist on a startup business.

The sample question is akin to asking how to reach NYC from D.C. Answer: By train, by plane, by car, by bike, by boat, etc. The tenured pilot can comment about his airlines' flights, but he probably can't comment on other airlines and certainly can't reliably comment on boat, train, car, etc., nor can the tenured train conductor comment about flight schedules.

But somehow in the area of finance, the person posing the generic question thinks that all finance professionals across diverse financial disciplines will answer in unison. But the insurance broker is generally... but not always (as some are very sophisticated)... not in position to respond beyond the specifics of life insurance and, even beyond the types of insurance products offered by their firm. And it might be that it is a challenge for them to fully understand the intricacies of many products offered by their firm! Of course, there is greater commonality of answer from those who have a financial planning certification of some sort; but again, you will find differences if their business practice specializes in particular investment vehicle.

Far beyond a preference to stick to their financial products, many of these professionals are capable of understanding and selling a variety of products/solutions... but often it requires different certifications (time and money) and differing compliance reporting (time and money) and differing product/firm relationships (sometimes in conflict and not do-able).

So what is the average Joe to do?

First, see if you can find a financial generalist who has had experience across many financial disciplines. This is usually very hard to find. Few investment professionals have sold insurance, been an equity broker, invested in hedge funds themselves, run a large commercial real estate portfolio, started a busi-

ness and had a sojourn as a corporate executive. But some investment professionals have been trained and worked across disciplines. Why so little cross training/work experience? Because the world of big finance demands "experts" and "specialists," and that is where the big money lies. The average Joe has to settle for someone with less experience and a smaller knowledge base.

So, if there is not a generalist who can discuss these various investment realms, then you might want to take it upon yourself to interview a consortium of investment professionals: e.g., two life insurance salesmen, two investment advisers, two real estate developers or brokers, two equity money managers, two trust and estate attorneys. Then you will have become the generalist. Each professional will promote the good points of their products. Your interviews of others will bring further insight into the strengths and weaknesses of these products.

Third, find out how the investment professionals make their money and then you will understand the skew in their solutions. After all, even though professionals might heartily believe in their products, services, counsel, etc., their compensation is somehow tied to recruitment and retention of clients. ■

— Jeannette Showalter, CFA is a market specialist with Worldwide Futures Systems. Follow her on Twitter @rohshowalter and on LinkedIn.

PALM BEACH SOCIETY

H.O.W. Hearing the Ovarian Cancer Whisper event at A.R.T. Fine Jewelry and Art



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PALM BEACH SOCIETY

Maltz Jupiter Theatre honors its volunteers



Judy Stock



Fran Hyde



Billy Bones



Lynette Kabula, Carol Smith, Rita Wilson, Julia Krar and Susan Fichandler



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COURTESY PHOTOS

Timeless resort-style residence at BallenIsles

SPECIAL TO FLORIDA WEEKLY

THIS MUST-HAVE CUSTOM GOLF COURSE estate is exquisitely designed and decorated with only the finest appointments offering formal and informal living at its best. The thoughtfully updated lavish residence with guesthouse is perfectly positioned on a large, beautifully landscaped lot with many exotic plants overlooking lush green fairways, lake and the 8th tee of the South Course at BallenIsles.

An impressive Versace-style entrance with double mahogany doors and elegant foyer with hand-painted walls and domed ceiling reveal a truly spectacular, light-filled, eclectic estate home just under 13,000 square feet filled with gorgeous chandeliers, carefully positioned mirrors, faux painting and tranquil views. Stunning saturnia stone floors, soaring ceilings, intricate millwork, niches and large walls ideal for displaying objects d'art are evident throughout.

The chef's gourmet kitchen with large breakfast room overlooking the pool offers a panoramic bay window suitable for a round table to seat 10 people. An adjacent full butler's pantry and bar, plus a 400-bottle wine room assists with entertaining in the formal dining room where French doors reveal a private gar-



den with fountain. The family room is open to the kitchen and features a large built-in entertainment center.

Outdoors, a tropical paradise awaits. The back is gated and hedged to provide security, privacy and panoramic golf course views. Complete with a custom designed lap pool and spa, palm-shaded patios, covered and screened porches and sprawling verandas that are ideal for relaxing poolside or casual entertaining.

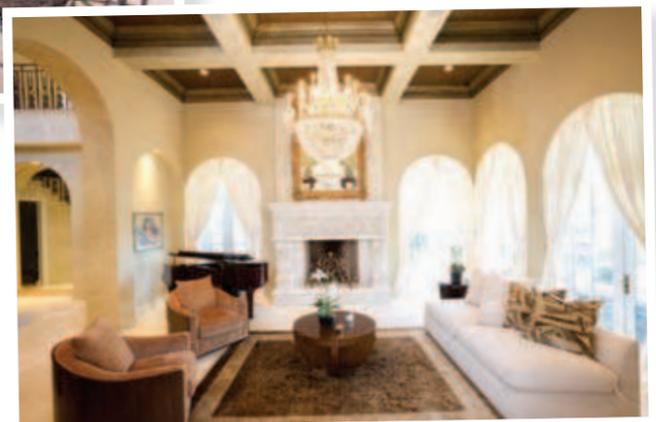
A grand staircase with a one-of-a-kind wrought iron railing adds character

and intrigue to what's above. A glass elevator is also available to the second floor, which is dedicated to the master suite. Surrounded by a wrap-around balcony and a bridge walkway to the exercise room or office, this owner's sanctuary is graced with beautiful his and her separate bathrooms, large walk-in closets, and a spacious sitting room

with full bar and fireplace.

The home at 28 St. Thomas Drive in BallenIsles, with six bedrooms and 7 1/2 baths, is listed at \$3,297,000. For information, contact Susan DeSantis at 301-3888 or sdesantis@fiteshavell.com.

BallenIsles features manned, gated security, three championship golf courses, a new 62,000-square-foot tennis/sports/spa complex with state of the art workout facility, a 72,000-square-foot clubhouse, three restaurants and is lushly landscaped with manicured grounds throughout. ■



KOVEL: ANTIQUES

Faux finishes meant to fool can fetch a price in their own right

BY TERRY KOVEL AND KIM KOVEL

SPECIAL TO Florida Weekly

Expensive woods like teak or mahogany, marble, stone and other materials used to make expensive furniture are often imitated by a painted surface. Faux finishes have been used since the days of ancient Egypt. The Greeks and Romans admired murals that were examples of trompe l'oeil (fool-the-eye) paintings. Life-size objects on tables, half-open doors, stairways and furnishings included in these paintings looked real. The tradition of faux finishes experienced a resurgence in the 19th century. A major Civil War monument with an interior of pink marble walls was restored a few years ago. It was discovered during the restoration that the monument's walls were actually made of white marble painted with a faux finish that made the wall look like expensive pink marble. No doubt it was done to save money — and it was so well done it fooled the public. Inexpensive wood used to make furniture has been painted to resemble mahogany, bamboo, teak, birds-eye maple or just decorative graining. Tabletops were “improved” with a faux marble finish. Talented artists also painted tops with what looked like multicolored mosaic designs.

Bamboo furniture was the latest rage in the early 1800s. Bamboo was hard to get in Europe and the United States, so Chinese-style furniture was made with wooden parts shaped like bamboo, then painted with trompe l'oeil graining. The wooden parts were stronger than real bamboo, so the faked parts often were an improvement. The tradition of painted furniture has continued, and collectors pay a premium for American



A faux (fake) bamboo finish was created for this late 19th-century American folding chair. Useful and decorative folding chairs in this style were made using both real or fake bamboo. This chair sold for \$180 at a 2013 Neal Auction Co. sale in New Orleans.

“grained wood” country pieces made from 1850 until about 1880. But the finish must be original and in good condition.

Q: Can you tell me if the old Franciscan earthenware pattern named Sierra Sand contains lead?

A: Franciscan china was fired at high temperatures and is safe, but you can buy a lead-testing kit at a hardware store or online and test it yourself to see if the glaze contains lead. Lead-free glazes have been required on dinnerware sold in the United States since the 1980s. But glazes may contain some lead and still be considered “lead free,” according to U.S. Food and Drug Administration guidelines. If the pottery was fired at the correct temperature for the right amount of time, the lead fuses to the pottery and does not leach off. While your Franciscan dishes are safe, watch out for any pottery made in Mexico or China, hand-crafted pottery, pieces that are highly deco-

rated or have decorations painted over the glaze, and pottery with orange, red or yellow glaze.

Q: An uncle in Ireland gave us an old clock. The inscription on the face of the clock is “Lepaute, Hger Du Roi.” It has Roman numerals for the hours and Arabic numerals for the minutes. Do you have any idea how old the clock is and what it might be worth?

A: The Lepautes were master clockmakers in the 18th century. Jean-Andre Lepaute (1720-1789) began making clocks in Paris in about 1740. He specialized in large clocks for public installations and invented several improvements to clocks. He was a “Horloger du Roi,” a clockmaker to the king, by 1751. His brother, Jean-Baptiste (1727-1802), joined him in business in 1759 and became head after Jean-Andre retired in 1774. After Jean-Baptiste died, his nephews ran the business for several years. Some clocks by Lepaute sell for several thousand dollars. Your clock would need to be seen by an expert to determine its value. A very famous 1765 mantel clock has auctioned for \$111,462.

Q: My father found a metal Coca-Cola serving tray in the attic of a railroad depot being torn down in Fayette, Mo., in the early 1980s. It has been hanging in my parents' home ever since. I have tried researching it but haven't had any luck. The tray is rectangular and 24 by 34 inches. It has a green border surrounding a red inner border. In the center is a picture of a woman in a white gown wearing a tiara and holding an open black fan. Her right elbow is resting on an

elaborate pedestal with flowers on it. The words on the tray are: “Delicious, Refreshing, Drink Coca-Cola, At Fountains 5 cents, In Bottles 5 cents.” Can you help?

A: Your tray is a reproduction that dates from the late 1960s or '70s. The woman pictured is Lillian Nordica (1857-1914), a famous American opera singer. Coca-Cola used her image on oval serving trays in 1905. A 1975 tray similar to yours, but with a bottle of Coke on the pedestal was made to celebrate the 75th anniversary of an Atlanta bottler. That tray, with a history printed on the back, sells for about \$20 today. Other trays like yours have a glass of Coke on the pedestal. Many authorized and unauthorized reproduction and “fantasy” Coca-Cola trays (a fantasy tray uses an old image but doesn't copy a vintage tray) have been made since the 1970s. They sell for \$5 to \$75, depending on quality, condition, rarity and whether or not the tray was authorized by the company or a bottler.

Tip: Re-glue a doll's wig with rubber cement. It's removable if you later want to change the wig. ■

— Terry Kovel and Kim Kovel answer questions sent to the column. By sending a letter with a question, you give full permission for use in the column or any other Kovel forum. Names, addresses or email addresses will not be published. We cannot guarantee the return of photographs, but if a stamped envelope is included, we will try. The amount of mail makes personal answers or appraisals impossible. Write to Kovels, (Florida Weekly), King Features Syndicate, 300 W. 57th St., New York, NY 10019.

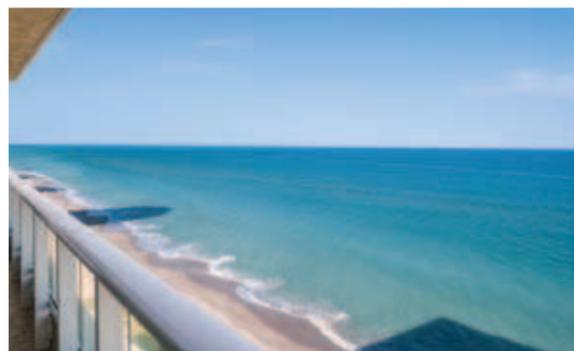
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LIVING IN FLORIDA

Termite colonies function as one organism

BY CHARLES SOB CZAK
livingsanibel@gmail.com

More closely related to the cockroach than the ant, termites share a common ancestor that scuttled about the earth 300 million years ago. Colonies of termites form what is called a "superorganism," reducing the role of the individual termite to being completely dependent on the survival of the entire colony. Subterranean termites require moisture and contact with the soil or another water source to survive.

Termites, when they first emerge from the egg, are unable to digest wood, which

is their primary food. Young termites must first eat the feces of other termites to ingest symbiotic microorganisms that allow them to break down the cellulose they feed on. The scientific name for this strange behavior is called "proctodeal trophallaxis." The queen, through a complex system of pheromones, completely controls the colony, from producing back-up queens, to the number of workers and the number of fertile kings she might have.

There are more than 4,000 species of termites on earth and all combined, they equal three times the mass of the 6.7 billion people on the planet. In Africa and India, people eat



COURTESY PHOTO

Subterranean termites

termites and they are actually a highly nutritious source of protein. The U.S. Department of Energy is currently studying termites for a source of hydrogen production. The 200 species of microbes in their stomachs make them one of the most efficient bio-reactors on Earth. A single sheet of typing paper, when consumed by termites, can produce two liters of hydrogen. With the development of fuel cells that burn hydrogen, we may all be driving our cars on termite-produced gas in the not-too-distant future.

Of course, when termites invade a home and decide that it represents their personal buffet of cellulose, the outcome can be catastrophic. There are homes in Florida that have been so riddled with termite damage that the only effective treatment is to tear the house down and rebuild. If subterranean termites are discovered in or around your house, the best advice is to call a certified termite inspector and take whatever action

they recommend as soon as possible. In Key West and New Orleans, almost every home has some degree of infestation and the cost of termite damage in North America alone runs into the tens of billions of dollars.

Termites are eaten by a wide variety of animals. Green and brown anoles, opossums, armadillos, rodents, insects and birds will all feast on termites given the opportunity. Ironically, termites have yet to make it to table fare in America, even though our homes are regularly eaten by them. ■

in the know

Subterrean termites

>>Lifespan: Varies with species, from 2 to 4 years for the workers and up to 15 years for a queen

>>Length: 0.15-0.45 inches

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"I have been in the business of consulting clients my entire career. It is so rewarding to help navigate my clients through one of the biggest financial transactions of their lives, while making it as seamless for them

as possible. It's a privilege to do what I love as part of an illustrious team that embodies the same vision."

This is the latest exciting development from The Malloy Realty Group as they have been focused on providing superior service with highly specialized individuals, while

creating a dynamic real estate team.

Leah Bryant resides in Abacoa, a community in Jupiter, and is the proud mother of two children, ages 9 and 14. She regularly volunteers at Habitat for Humanity and various cancer research projects.

About The Malloy Realty Group at Keller Williams

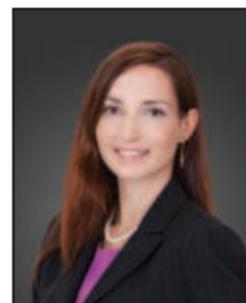
With over 40 years of combined experience in the industry as real estate professionals, we have found that providing the very best service is essentially about putting our clients first. This means keeping ourselves accessible, being good listeners, communicators, and responding quickly to our clients' needs. This "client first" philosophy has always been our approach and it commands us to continually improve our skills, personnel and ways of doing business. Additionally, implementing the latest technologies enables us to do everything we've always done more efficiently. The Malloy Realty Group continues to raise the bar while extending the range of services we provide to our clients.



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Broker Associate
561-370-5736



Dawn Malloy, CNE, CLHS
Broker Associate
561-876-8135



Leah Bryant, P.A.
Realtor
561-843-3088

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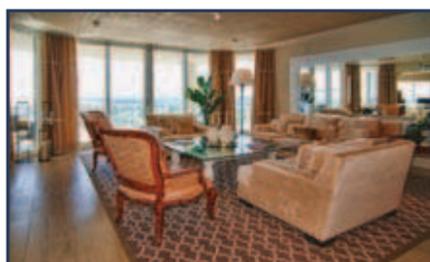
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3BR/3.5BA - \$3,495,000



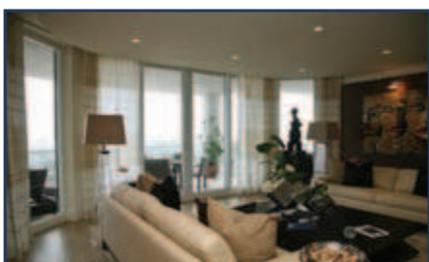
Ritz 2502A
3BR/3.5BA - \$3,489,500



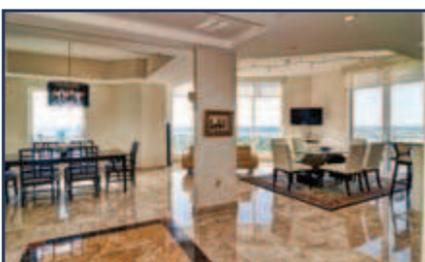
Ocean's Edge 1401
4BR/4.5BA - \$2,975,000



Ritz 1904A
3BR/3.5BA - \$2,899,999



Ritz 1704A
3BR/3.5BA - \$2,699,000

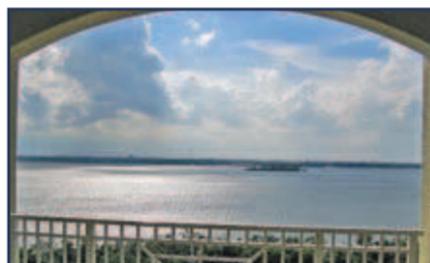


Beach Front 2002
4BR/4.5BA - \$1,995,000

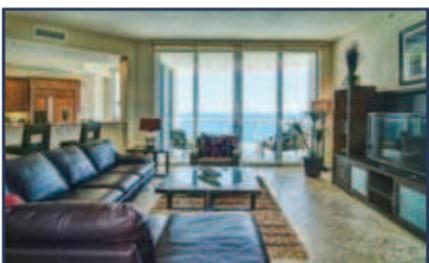


Ritz 1903B
2BR/3BA - \$1,799,000

For More Information Call Jeannie Walker (561) 889-6734
info@walkerrealestategroup.com



One Singer 601
3BR/3BA - \$1,600,000



Beach Front 1903
3BR/3BA - \$1,499,000



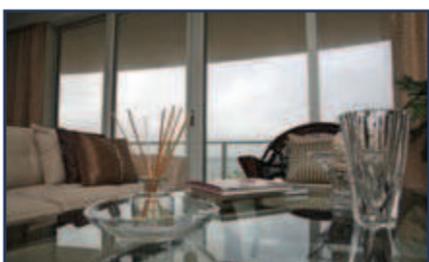
Resort 1651
3BR/3.5BA - \$1,395,000



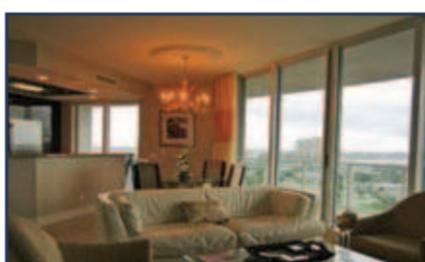
Beach Front 604
3BR/3.5BA - \$1,299,900



Ritz 1506B
2BR/2.5BA - \$1,280,000



Ritz 1206B
2BR/2.5BA - \$1,199,000



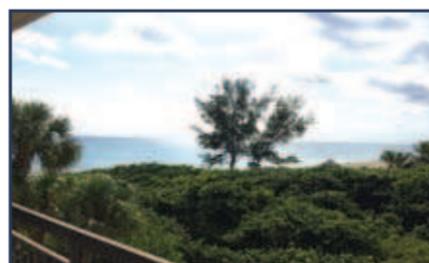
Ritz 606B
2BR/2.5BA - \$1,125,000



Martinique WT2003
3BR/4.5BA - \$699,000



Linda Lane – Palm Beach Shores
3BR/2BA - \$575,000



Martinique ET304
2BR/3.5BA - \$499,000



Martinique OV10
3BR/4.5BA - \$425,000



Resort 1511
2BR/2BA - \$399,950



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ARTS & ENTERTAINMENT

WEEK OF MAY 8-14, 2014

A GUIDE TO THE GREATER FORT MYERS ARTS & ENTERTAINMENT SCENE



THE MOVIES ARE FULL OF DYSFUNCTIONAL MOTHERS WE LOVE TO HATE...

MOMS from hell

BY NANCY STETSON
nstetson@floridaweekly.com

MOTHERS ARE WARM, LOVING, nurturing and self-sacrificial. Unless, of course, they're Moms from Hell.

Then all bets are off.

If the stereotypical portrayals of motherhood on the big and small screen are to be believed, moms are women who live to cook and clean while wearing pearls and heels along with their aprons. They're ecstatic about vacuuming.

We know reality isn't like that.

That's why it's so much fun to see the opposite extreme: mothers who are devious, manipulative, totally unlikeable and unlovable.

If our own mother is a little difficult to get along with, well, we can feel relief at seeing some of her quirks reflected on the screen.

Or, we can count our blessings that as bad as she is, she isn't as

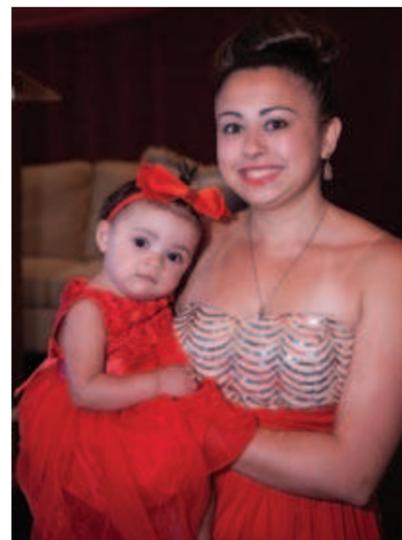
SEE MOMS, B7 ►

INSIDE



Sandy Days, Salty Nights

Here's a primer on aging gracefully. B2 ►



Society

One event has everyone seeing red, and every dog has its day at Pooch Prom. B8-9, 14 ►



Movies

"Fading Gigolo" pales compared to the classics. B11 ►

Boot, Scoot & Baseball boogies into Roger Dean

BY BRITTANY MILLER
Special to Florida Weekly

The family-friendly Roger Dean Stadium is rolling out The Great 8 — a series of eight premiere promotional nights during the 2014 Florida State League season. The promotional program kicked off in April with "Star Wars Night," and "Boot, Scoot & Baseball" is set for Saturday, May 10, when the Palm Beach Cardinals take on the St. Lucie Mets at 6:35 p.m. in Jupiter. Gates will

open at 5:30 p.m.

"Quite honestly, they are the biggest eight games of the year," said Mike Bauer, general manager at Roger Dean as he explained the concept behind The Great 8 and the themed night planned for each of the eight baseball games.

"We've got quite a bit going on for a Saturday, and we're really excited," Mr. Bauer said. "Everything that we do during the minor league season is really centered around families. It's family-friendly wholesome fun." The

new Boot, Scoot & Baseball will be exactly that, giving the hometown Jupiter ballpark a down-home twist.

The country-themed evening will feature Rodeo Flag Girls, who will appear before the National Anthem. Rodeo clowns will be there, too, doing promotions and games with guests. Children can get their faces painted, and the "scoot" aspect of the event will be covered by the Cassidy Cool Zone's line

SEE BASEBALL, B13 ►



The Dish

Chicken salad at Gallery Grille may be the perfect midday refresher.

PLUS: Brunch spots for Mom. B15 ►

SANDY DAYS, SALTY NIGHTS

A primer on aging (and dating) gracefully



artisHENDERSON
sandydays@floridaweekly.com

I recently sat in the park for a spell, enjoying the sunshine and fine weather. A woman of a certain age came to sit beside me and we shared a few moments in the sun. White-haired and impeccably dressed, she wore flaming red lipstick and had a beauty mark penciled on her right cheek. She was, in a word, fabulous.

We chatted about the spring day, the pizza place on the corner, the teenager with pink hair across the street. The woman shifted on the bench, searching for a more comfortable spot, and said to me in a low growl, "Never get old. It's a bitch."

I had to laugh. Lately, I'd been thinking the same thing.

It's funny the way age slips up on us. My mother recently cleaned out her spare room and found a stack of photos from the summer of 2010. Not that long ago, in the larger scheme of things, but still I was struck by how much younger I looked. It scares me to think what another four years will do.

For the most part, I try not to be vain about aging. When my friends talk about Botox or the latest youth serum, I just roll my eyes. Age is inevitable, I tell them. We can't outrun it, and we

certainly can't defeat it. The best we can do is manage its ups and downs with grace and class.

That's what I say in my optimistic moments, anyway.

In other, darker times, I curse every person under 30 who calls me "ma'am."

I haven't been labeled "miss" in more than two years.

I want to weep each time a stranger's eyes slide off me, disinterested, and I remember the line from an aging poet — once a great beauty — who said she didn't need the bag boys at the grocery store to flirt with her, she just wanted them to notice her.

Last week I traveled back to my alma mater for a panel where I sat on stage with five other alumni ranging from recent graduates up to, well, me. I was the oldest, sure, but I had on a sexy dress and high heels and I felt certain I could hold my own, even if the students in the audience were the class of 2018.

As if in confirmation, one of the other panelists approached me at the reception afterward. He was cute and quirky, artsy and funny. He had on funky socks and trendy glasses, and as we swapped stories about traveling in Europe, I surreptitiously checked out his nametag: Class

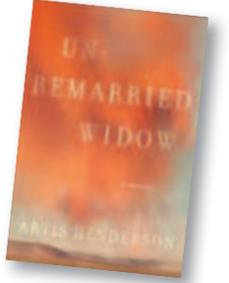
of 2010, a good eight years younger than I am.

I actually (and embarrassingly) thought, I've still got it. For a brief wondrous

moment, I believed that getting older isn't so bad. Then my young friend turned to me in the middle of a conversation about technology and said brightly, "I guess when you were here they still had carrier pigeons."

He would have done less harm if he'd socked me in the gut. But I just laughed, all grace and class. Anyway, I'm sure I could teach him a thing or two. ■

— Artis Henderson is the author of "Unmarried Widow" published by Simon and Schuster.



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Sat & Sun: 8am – 2pm

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COLLECTOR'S CORNER

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Art and Antiques Across Florida



Auctions and estate sales should keep collectors busy on both coasts. Here is a sampling of upcoming events:

■ **Bruce Kodner Galleries** — The Lake Worth gallery plans an auction that includes paintings, porcelain and more at 1 p.m. May 10, 24 S. Dixie Highway, Lake Worth; 800-356-3637 or brucekodner.com.

■ **Auctions Neapolitan** — The Naples company has a couple of events. First up: an estate sale is set for May 10 in one of Naples' best neighborhoods, according to the company. Check the website for the address and time of the event. Auctions Neapolitan also plans a collectors' delight auction at noon May 21. The company is cataloging a selection of fine art, sterling silver, tribal items, carpets, furniture and more. Check the website for updates. Auctions Neapolitan is at 1100 First Ave. S., Naples; 239-262-7333 or auctionsneapolitan.com.

■ **Palm Beach Auction Gallery** — The company will have an auction of a variety of items at 6 p.m. May 12 at 4115 SR 7 Ste. Y-1, Lake Worth; 561-855-4783 or palmbeachauctiongallery.com.

■ **Tag sale** — Bill Hood Auctions plans a 1,000-item tag sale starting at



SCOTT SIMMONS/FLORIDA WEEKLY
Spotted: This Fabergé egg, originally sold to mark the millennium in 2000, was priced at \$750 at the West Palm Beach Antiques Festival at the South Florida Fairgrounds. Next show is June 6-8. Info: wpbaf.com.

8 a.m. May 17. Mr. Hood's company typically takes in a range of art and antiques, so you never know what you will find at one of these sales. It's at 2925 S. Federal Highway, Delray Beach; 561-278-8996.

■ **West Palm Beach Antique & Flea Market** — The market, which offers a little of everything, is 9 a.m.-3 p.m. Saturdays on Narcissus Avenue, north of Banyan Boulevard in West Palm Beach; 561-670-7473. ■

— Send your event information to Scott Simmons at ssimmons@floridaweekly.com.

PUZZLE ANSWERS

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WHAT TO DO, WHERE TO GO

Please send calendar listings to calendar editor Janis Fontaine at pbnews@florida-weekly.com.

Thursday, May 8

■ The Open Door's 4th annual Designer Treasures Luncheon

— May 8, at PGA National Resort & Spa in Palm Beach Gardens. A special Mother's Day luncheon with an auction of gently used designer items along with a traditional silent auction. All proceeds benefit The Open Door, which mentors teen mothers in Palm Beach County. The theme is Lilly Pulitzer-inspired. Tickets: \$85, \$850 for a table of ten. Info: mentorsforteenmothers.org or email angela@mentorsforteenmothers.org; 329-2191.

■ Music of the Night: A Tribute To Andrew Lloyd Webber

— Through May 11, The Plaza Theatre, 262 S. Ocean Blvd., Manalapan. A cabaret-style show with selections from "Cats" to "Evita." Starring Wayne LeGette, Laura Hodos, and Ann Marie Olsen. Directed by Amy London. Music direction by Mark Galsky. Show-times: 2 p.m. Wednesdays and Sundays; 7:30 p.m. Thursdays and Fridays at 7:30 p.m., and 2 and 7:30 p.m. Saturdays. Tickets: \$35. Info: 588-1820; plazatheatre.net

Friday, May 9

■ **Do at the Zoo** — May 9, at the Palm Beach Zoo, 1301 Summit Blvd., West Palm Beach. A fiesta-casual fundraiser features a moveable feast, live entertainment, animal encounters, and a silent auction. Tickets: \$200 and up. Info: 533-0887. palmbeachzoo.org/special-events

■ Jazziz Cocktails for a Cause

— May 9, Jazziz, Mizner Park, 201 Plaza Real, Boca Raton. Tickets: \$20, includes live music, one cocktail and hors d'oeuvres. Plus, raffles and a silent auction as well. Benefits Gift of Life Bone Marrow Foundation. Info: giftoflife.org/tickets

Saturday, May 10

■ Ballet auditions for the pre professional Division

— May 10, Florida School for Dance Education 4100 PGA Blvd., Palm Beach Gardens. For ages 12-20. Other glasses for all skill levels are also registering. Info: 627-9708.

■ Mother's Day Weekend Culinary Tour

— May 10. The Taste History Culinary Tour explores the cuisine, culture, art and history of Lake Worth and Lantana. Food tours board at Macy's (East Entrance), 801 N. Congress Ave., Boynton Beach. Reservations required. Tickets: \$40. Info: 243-2662; tastehistoryculinarytours.org

Sunday, May 11

■ Ballet Palm Beach: "Tales My Mother Told," A Mixed Repertory Program

— May 11, PBSC Eissey Campus Theatre, 3160 PGA Blvd., Palm Beach Gardens. Tickets/info: 207-5900; balletpalmbeach.org

Monday, May 12

■ **"Victory at Sea"** — May 12 at PBSC's Duncan Theatre, Lake Worth.

The Symphonic Band of the Palm Beaches performs its annual tribute to the Armed Services, with focus on the Navy this year. Both shows are at 7:30 p.m. Tickets: \$15. Info: 832-3115; symbandpb.com

Wednesday, May 14

■ "The World Through the Lens" Opening Reception

— 5:30 p.m. May 14, A Unique Art Gallery 226 Center St. A-8, Jupiter. A juried photography exhibition and sale. The exhibit runs through June 5. Info: 529-2748; artistsassociationofjupiter.com

■ Marilyn Murray Willison Book Signing

— 4 to 7 p.m. May 14 at Christofle Palm Beach, 150 Worth Ave., Palm Beach. The international journalist will sign copies of her fifth book, "The Self-Empowered Woman." Champagne and light hors d'oeuvres. RSVP to 833-1978.

■ Harvey E. Oyer, III, Book Reception

— 7 p.m. May 14, at the Palm Beach Gardens Historical Society, 5312 Northlake Blvd., in the Kaleo building on the south campus of Christ Fellowship Church. "The Last Calusa" is the author and historian's third book in a series about the adventures of Charlie Pierce, one of South Florida's earliest pioneers. Refreshments before the program. Free. Info: PBGHistoricalSociety.org or 622-8538.

■ Dr. Amir Amedi

— May 14, Congregation B'nai Israel, 2200 Yamato Road, Boca Raton, in the Cohen/Friedkin Sanctuary. Amedi, an Associate Professor of Medical Neurobiology at The Hebrew University of Jerusalem, will explain his theory of "visual rehabilitation," and discuss findings on the connections between sounds and vision. Minimum suggested donation: \$18. Info: 241-8118; cbiboca.org/dramedi

Looking Ahead

Delray Beach Athletic Club's Fitness Weekend. Info: delrayac.com; Steve at 954-557-8220; steve@delrayac.com

■ The 2nd Annual Vino Las Vegas

— May 16, in the Historic Gymnasium at Delray Beach Center for the Arts at Old School Square. Play casino games, sample wine and craft beer. Wine tasting: \$35. Texas Hold 'Em tournament: \$50. Reservations required.

■ Family Fitness Fun Day

— May 17, Delray Beach Community Center (next to Tennis Center). Friendly fitness competitions, raffles, prizes.

At The Arts Garage

The Arts Garage, 180 NE First St. in Delray Beach. Info: 450-6357; artsgarage.org.

Special events

■ **Sherrie Austin** — May 10

■ **"In the Heights"** — May 15-18

■ **Art Exhibit: "Shifting Gears"** — Opens May 29.

■ **Alma de Tango** — Tango Milonga — May 30. World champion tango dancer Monica Llobet, accompanied by the Anibal Berraute quartet.

Radio theatre

■ **"The Trouble with Doug"** — Through May 11

Blues

■ **21 Blue** — May 17

At The Bamboo Room

The Bamboo Room, 15 S. J St., downtown Lake Worth. Info: 585-BLUE; bambooroomblues.com

■ **The Merry Franksters** — May 9, \$5

■ **Albert Castiglia** — May 10, \$12-\$15

■ **Igor and the Red Elvices** — May 16, \$20-\$25

■ **Big Bill Morganfield** — May 17, \$18-\$23

At The Boca Museum

The Boca Museum of Art, 501 Plaza Real, Boca Raton. Admission: Free for members and children 12 and younger; adults \$8; seniors (65+) \$6; students (with ID) \$5. Info: 392-2500; bocamuseum.org

■ **"Afghan War Rugs: The Contemporary Art of Central Asia"** — Through July 27. Features more than 40 rugs from a European collection.

■ **"Elaine Reichek: The Eye of the Needle"** — Through July 27. Knitted and embroidered artworks with a conceptual twist.

At The Colony Hotel

The Colony Hotel, 155 Hammon Ave., Palm Beach. Info: 655-5430; thecolony-palmbeach.com.

■ **In the Polo Lounge** — Tommy Mitchell, pianist, Thursday and Saturday evenings; Motown Friday Nights with Memory Lane.

Cabaret in the Royal Room

■ **Jeff Harnar** — May 9-10

■ **Faith Prince** — May 16-17 and May 23-24

■ **Mary Wilson** — May 30-31 and June 6-7

At Delray Beach Center

The Delray Center For The Arts, Old School Square at 51 N. Swinton Ave. in Delray Beach. Summer hours: Tuesday-Sunday, 10 am - 4:30 pm; closed Monday and major holidays. Summer admission: \$5; free for children younger than age 6. Info: 243-7922; delrayarts.org.

At the Pavilion:

■ **Free Open Readings** — May 8, June 12. The Writers' Colony invites aspiring writers and poets to share their original work. To sign up, call 364-4157.

■ **Old School BeerFest** — May 9. Craft brews, international beers and ciders; food stations (for purchase), wine sampling area, cash bar and live

music by Pocket Change and Jay Blues Band.. General: (7:30 to 10:30 p.m.) \$30 in advance; \$40 at the door. VIP: (6-7:30 p.m.) \$50 in advance, \$40 at the door.

In the Crest Theatre Galleries:

■ **School of Creative Arts Showcase** — Through Sept. 28. A multimedia exhibit showcasing drawings, paintings, collage, mixed media and photographs by adult and youth students and instructors.

In the Cornell Museum:

■ **2014 National Juried Exhibition** — Through May 11.

At Dramaworks

Palm Beach Dramaworks at The Don & Ann Brown Theatre, 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2; palmbeachdramaworks.com.

■ **Knowledge & Nibbles** — Eat lunch and learn about the upcoming production of "Tryst," 11:30 a.m.-1 p.m. May 14. To make a reservation, contact the box office at 514-4042, Ext. 2.

■ **"Tryst"** — May 16-June 8. Karoline Leach's thriller.

■ **Summer 2014 to 2015 Season Tickets** — On sale now for nonmembers. Features "Zorba" (June 20-29); "The Most Happy Fella" (July 18-27); and "Our Town" (Oct. 10.)

At Roger Dean

Roger Dean Stadium, 4751 Main St., Jupiter. The Jupiter Hammerheads or the Palm Beach Cardinals compete almost daily through Aug. 31. Info: 775-1818; rogerdeanstadium.com.

■ **Boot, Scoot & Baseball** — May 10. Rodeo Flag Girls; rodeo clowns, face painting, adoptable pets, mechanical bull.

■ **Halfway To Halloween** — May 31. Trick-or-treating, costume contests and a haunted front office. Kids age 15 and younger should come in costume. A helicopter candy drop in the outfield at about 5 p.m.

At The Four Arts

Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Gallery and box office: 655-7226; fourarts.org.

■ Film screening and tribute to opera superstar Virginia Zeani

— 6 p.m. May 8, In the Dixon Education Building. "The Life and Career of Virginia Zeani, Legendary Prima Donna Celebrating the Golden Age of Opera." A champagne reception will follow, with Zeani. Tickets: \$60. Info: 805-8562; fourarts.org.

In the Mary Alice Fortin Children's Art Gallery:

■ **"Illustrating Words: The Wondrous Fantasy World of Robert L. Forbes, poet and Ronald Searle, artist"** — Through summer 2015.

WHAT TO DO, WHERE TO GO

At The Kravis

The Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 832-7469; kravis.org.

Music

■ **Spotlight on Young Musicians** — May 9. Tickets: \$10 in advance, \$12 day of show.

■ **Video Games Live with Orchestra and Choir** — May 17. Family Fare performance. \$20 and up.

Dance

■ **The Dancers' Space, Act III** — May 18, June 1 and 15

At The Morikami

The Morikami Museum and Japanese Gardens, 4000 Morikami Park Road, Delray Beach. Info: 495-2223; morikami.org

■ **Sushi & Stroll Summer Walk Series** — 5:30 - 8:30 p.m. May 9. A cold drink, a breathtaking sunset and a walk through a tranquil garden, taiko drumming, and sushi and craft sake. Admission: \$8 adults, \$6 age 4-10; free for age 3 and younger and museum members.

■ **World Bonsai Day** — May 10. Tour the renovated bonsai exhibition, observe bonsai demonstrations, and purchase your very own tree. Free with paid admission.

■ **Family Fun Holiday Activity: Mother's Day Craft** — May 11. Make your mother's day by making a special card for her. Free with paid admission

■ **Demonstrations of Sado: The Way of Tea** — May 17. Observe the ever-changing demonstration, rich in seasonal subtleties about the true spirit of sado — harmony (wa), reverence (kei), purity (sei), tranquility (jaku). Times: Noon, 1, 2 and 3 p.m. \$5 with museum admission.

At The Mounts Garden

Mounts Botanical Garden, 531 531 S. Military Trail, West Palm Beach. Info: 233-1737; mounts.org

■ **Connoisseur's Garden Tour** — May 10 and 11. Mounts Botanical Garden hosts this popular annual tour of exceptional private gardens. This is your chance to peek behind the hedges of eight gardens from Boca Raton to Jupiter. Travel at your own pace. Tickets: \$20 members; \$25 nonmembers.

At The Playhouse

The Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Info: 586-6410; lake-worthplayhouse.org

■ **"Short Cuts 4"** — Nine 10-minute plays, 8 p.m. May 8.

■ **At the Stonzek Theatre** — Films

At The Lighthouse

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$9 adults, \$5 children ages 6-18; children under 6 and active

U.S. military admitted free. Children must be at least 4 feet tall to climb. Blue Star Museum Admission: May 27-Aug. 31. Tours are weather permitting, call for tour times. RSVP required for all events at 747-8380, Ext. 101; jupiterlighthouse.org.

■ **Lighthouse Sunset Tours** — May 16 and 21 and June 6, 11, 20 and 25. Time varies by sunset, weather permitting. Take in the spectacular sunset views and witness the Jupiter Light turning on to illuminate the night sky. Visitors get an inside look at the nuts & bolts of a working lighthouse watchroom. Tour lasts about 75 minutes. \$15 members, \$20 nonmembers.

■ **Lighthouse Moonrise Tour** — May 14 and June 13. Time varies by sunset. Tours last about 75 minutes, weather permitting. \$15 members, \$20 nonmembers.

■ **Twilight Yoga at the Light** — Mondays in May and June. Mary Veal, Kula Yoga Shala, leads. For all levels. Donation.

■ **Hike Through History** — June 7.

■ **Lighthouse Story Time & Crafts for Kids** — June 3.

■ **Lighthouse Coffee & Book Club** — June 4. Book: "Devil in the Grove: Thurgood Marshall, the Groveland Boys, and the Dawn of a New America" by Gilbert King

At MacArthur Park

John D. MacArthur Beach State Park and Nature Center, 10900 Jack Nicklaus Drive, North Palm Beach. Info: 624-6952 or 776-7449; macarthurbeach.org.

■ **Turtle Talk & Walks** — Reservations open for members for walks on June 14 and 28 and July 12 and 26. Info: 776-7449, Ext. 102. Nonmembers register for walks June 2-July 26, online beginning May 28, \$10, through macarthurbeach.org.

■ **Summer Camp** — Register now for camp from June 9 and ending July 21. Info: macarthurbeach.org/summer-camp/

■ **Nature Photography Workshop - Advanced Photography Techniques** — May 10 from 9 a.m. to 1 p.m. Technical and artistic instruction by two local pros for beginners to advanced. Drinks and light snacks provided. \$35, plus park admission.

■ **Bluegrass Music with the Conch Stomp Band** — May 11. Free with park admission.

■ **Beach Clean-up** — May 10 from 9 to 11 a.m. Trash bags and gloves provided. Community service hours. Info: Art at 776-7449, Ext. 109.

At The Maltz

The Maltz Jupiter Theatre, 1001 E. Indiantown Road, Jupiter. Info: 575-2223 or visit jupitertheatre.org.

■ **"The Pajama Game"** — May 16-17. Tickets: \$20 adults; \$15 children.

■ **Tickets for the 2014/15 season** — Tickets for musicals, dramas, special productions, special engagements and limited engagements are on

sale now. Info: 575-2223; jupitertheatre.org

At JCC

The Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Info: 689-7700.

Swimming lessons: Registering now. Info: 487-8276.

■ **May 8: "Hurricanes: Predicting and Preparing"** — Scientists from the University of Miami's Rosenstiel School of Marine and Atmospheric Science speak; 50+ Basketball League Begins; duplicate bridge games. ACE Classes: Barcelona and Modernity-Picasso, Gaudi, Miro, Dali; comparing China to other ancient civilizations: Why did China's survive when the others didn't?

■ **May 9:** Supervised bridge play; duplicate bridge games.

■ **May 10:** Duplicate bridge games; kids night out: dive-in fiesta party.

■ **May 12:** advanced beginners bridge; mah-jongg & canasta play sessions; duplicate bridge games; timely topics discussion group.

■ **May 13:** Supervised bridge play sessions; duplicate bridge games; art gallery opening reception for Leon Azulai, an artist from the Tzfat Artist Colony.

■ **May 14:** Duplicate bridge games; mah-jongg and canasta play sessions; pinochle or gin and mingle.

■ **May 15:** Duplicate bridge games.

In the Bente S. & Daniel M. Lyons Art Gallery:

■ **Dr. Selig Schwartz, "Remember"** — Through May 16.

■ **Artwork from the Tzhar Region** — May 22 through July 20. Info: 712-5209.

At The Mos'Art

Mos'Art Theatre, 700 Park Ave., Lake Park. Info: 337-6763; mosarttheatre.com.

■ **Films** — May 8: "Dancing in Jaffa" and "In Bloom." May 10-14: "Bright Days" and "Tim's Vermeer."

At The Multilingual Society

Multilingual Society, 210 S. Olive Ave., West Palm Beach. Info: 228-1688; multilingualsociety.org

■ **Through May 24:** French, Spanish, Italian, German, Portuguese, Russian and English (ESL) classes.

At Palm Beach Improv

Palm Beach Improv, CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 833-1812; palmbeachimprov.com.

■ **Psychic Medium Bill Phillips** — May 8

■ **Rob Schneider** — May 9-11

■ **An Evening with Craig Shoemaker: The Lovemaster** — May 15-18

■ **Carlos Mencia** — May 22-25

■ **Paul Mercurio** — May 29-31

At The Plaza Theatre

Plaza Theatre, 262 S. Ocean Blvd., Manalapan; 588-1820 or theplazatheatre.net.

■ **Main-stage production: "Music of the Night"** — Through May 11.

■ **At Club Plaza: Broadway's Second Banana** — May 8-10 and May 15-17. A tribute to musical theater's comedic characters starring Elizabeth Dimon.

At The Wick

The Wick Theatre, 7901 N. Federal Highway, Boca Raton. 995-2333; thewick.org.

An exhibit of costumes by respected designers from the history of the American theater. Open for tours, luncheons and high tea events (by appointment only). Tours start between 11 and 11:30 a.m. and include a guided journey through the collection and lunch. Tour & Luncheon (off-season): \$38. Groups are by appointment only.

■ **"Ain't Misbehavin'"** — May 8-June 1

Fresh Markets

■ **Gardens GreenMarket** — 8 a.m.-1 p.m. Sundays, May 11 through Sept. 28, at the STORE Self Storage Facility, 11010 N. Military Trail, Jupiter. More than 120 vendors, vegetables, fruit, baked goods, crafts. No pets. Info: 630-1100; pbgl.com/greenmarket.

■ **Green Market at the PB Zoo** — 11 a.m. to 5:30 p.m. the following Saturdays: May 17 and 31, June 14 and 28, Palm Beach Zoo, 1301 Summit Blvd., West Palm Beach. Learn how buying local produce protects wildlife. Info: Vendors wanted at 585-6085; kgardner@palmbeachzoo.org

■ **Jupiter Green & Artisan Market** — 10 a.m. to 2 p.m. Sundays, Riverwalk Events Plaza, 150 S. U.S. 1, Jupiter. Baked goods, fresh produce, arts and crafts, jewelry, pet products. Vendors welcome. Info: 203-222-3574; harrismarkets.com.

■ **Sailfish Marina Sunset Celebration** — 6 p.m. Thursdays. Arts and crafts, live entertainment, food. Sailfish Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores. Info: 842-8449.

■ **West Palm Beach Antique & Flea Market** — 9 a.m.-3 p.m. Saturdays on Narcissus Avenue north of Banyan Boulevard. Info: 670-7473.

■ **West Palm Beach GreenMarket** — Hours: 9 a.m.-1 p.m. Saturdays through May 31 at Waterfront Commons, downtown West Palm Beach. Includes vendors selling the freshest produce, baked goods, plants, home goods and more. Admission is free. Parking is free in the Banyan and Evernia garages during market hours. Info: wpb.org/greenmarket.

WHAT TO DO, WHERE TO GO

Ongoing Events

■ **Live Music** — 6:30 to 9:30 p.m. Mondays at the Pelican Café, 612 U.S. 1, Lake Park. Featuring Hal Hollander and Diane DeNoble. Info: 842-7272.

■ **Downtown Live** — 7 p.m. Fridays, Downtown at the Gardens' Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens.

■ **Music on the Plaza** — 6 to 8 p.m. Thursdays, Mainstreet at Midtown, 4801 PGA Blvd., Palm Beach Gardens. Info: midtownpga.com

■ **O-Bo Restaurant Wine Bar** — 7 p.m. Thursdays through Saturdays, 422 Northwood Road, West Palm Beach. Live jazz and blues by Michael Boone. Info: 366-1185.

■ **Sunday on the Waterfront Concert Series** — Free concerts the third Sunday of each month from 4:30 to 7:30 p.m. at the Meyer Amphitheatre, downtown West Palm Beach. Info: 822-1515; wpb.org/sow/.

■ **Adult Writing Critique Group meets** — 10:30 a.m. Saturdays, at the Lake Park Public Library, 529 Park Ave., Lake Park. For age 16 and older. Crafters Corner meets at 1:30 to 2:30 p.m. Saturdays. Info: 881-3330; lakepark-fl.gov/

■ **American Legion Post 371 meets** — 7 p.m. on the third Wednesday of every month at VFW Post 9610 in Lake Park. For information on eligibility,

meetings, and activities, call 312-2981.

■ **American Needlepoint Guild** — 10 a.m. the second and fourth Mondays, at 110 Mangrove Bay Way, Jupiter. Call 747-7104 or email mbusler@comcast.net.

■ **The Ann Norton Sculpture Gardens** — 2051 S. Flagler Drive, West Palm Beach. Info: 832-5328; ansg.org. Through May 18: "Roberto Matta" and "Asaroton 2000-2013," by Vanessa Somers Vreeland.

■ **The Audubon Society of the Everglades** meets monthly and hosts bird walks. Info: 742-7791; Valleri at 385-9787 (evenings). auduboneverglades.org

■ **Bird Walk** — May 10, Green Cay Wetlands, Boynton Beach. 12800 Hagen Ranch Rd. Meet outside Nature Center main door. Leader: Cliff Dean.

■ **Bird Walk** — May 14, Peaceful Waters, Wellington, on the southeast corner of Village Park, 11700 Pierson Road. Meet at beginning of boardwalk. Leader: Sue Young.

■ **Bird Walk** — May 17, Wakodahatchee Wetlands, 13026 Jog Road. Meet at top of boardwalk. Leader: Valleri Brauer.

■ **Bingo** — Noon every Thursday at the Moose Lodge, 3600 RCA Blvd., Palm Beach Gardens. Lunch available at 11 a.m. Packs start at \$15. \$250 games. 626-4417.

■ **Children's Research Station** — Kids program teaches science skills through an experimental lab. 3:30 p.m. Wednesdays and Fridays; 11 a.m., 1 p.m. and 2 p.m. Saturdays. Free. Loggerhead Marineline Center, 14200 U.S. 1, Juno Beach. Info: 627-8280.

■ **Club forming: Chess & Scrabble** — Meets June 5, July 17, Aug. 7 and Sept. 11, Multilingual Society, 210 S. Olive Ave, West Palm Beach. Info: 228-1688; multilingualsociety.org

■ **Cultural Council of Palm Beach County** — 601 Lake Ave., Lake Worth. Gallery hours are 10 a.m.- 5 p.m. Tuesday through Saturday. Free. Info: 471-2901; palmbeachculture.com. "Art Outside the Walls: En Plein Air" — Through June 7. Features the work of Palm Beach County artists who have embraced the French expression "en plein air" or to paint in the open air at 10 inspiring locations from Boca Raton to Jupiter.

■ **The Flagler Museum**, One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tour Henry Flagler's 1902 Beaux Arts mansion, Whitehall, which he built as a wedding present for his wife. Tickets: free for members; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6 free. 655-2833; flaglermuseum.us.

■ **FAU's Schmidt Gallery** — FAU's Boca Raton campus, 777 Glades Road. On display through summer: "Confluence." Showcases the work of Linda Behar, Misoo Filan, Raheleh T. Filsoofi, Stephen Futej, Isabel Gouveia and Kandy G. Lopez in sculpture, printmaking, painting and ceramics. Info: 297-2966.

■ **Holden Luntz Gallery** — 332 Worth Avenue, Palm Beach. Through May 10: "The Face of Beauty: The Photographer's Quest for the Inspired Portrait." Diverse and emotional photographic portraiture by Albert Watson, Herb Ritts, Dana Gluckstein and William Ropp. Info: 805-9550; holdenluntz.com

■ **The Lake Park Public Library** — 529 Park Ave., Lake Park. Super Hero Hour, 3:30 p.m. Thursdays for ages 12 and younger; Adult Writing Critique Group, 10:30 a.m. to 1 p.m. Saturdays for age 16 and older; Anime, 6-7 p.m. Tuesdays for age 12 and older. All events are free. 881-3330.

■ **Yoga in the Park** — 9:30 to 11 a.m. Sundays at Phipps Park, 4715 S. Dixie Highway, West Palm Beach. Under the banyan trees. Led by Yoga Path Palm Beach. Free, but donations benefit Palm Beach County's Guardian ad-Litem program. Info: Look for us near the banyan trees! Info: 557-4026; yogapathpalmbeach.com/

■ **Le Cercle Francais** — Francophiles and Francophones meet at 6:30 p.m. the second Thursday of the month, in members' homes. Call 744-0016.

■ **Lighthouse ArtCenter** — Gallery Square North, 373 Tequesta Drive, Tequesta. Ongoing: The Third Thursday Art Group meets 5:30-7:30 p.m. the third Thursday of the month. Museum admission: \$5 age 12 and older. Free for younger than 12. Free admission on Saturday. Info/register at 748-8737; 746-3101; lighthousearts.org.

■ **At Lighthouse ArtCenter Midtown Gallery** — 4877 PGA Blvd., Palm Beach Gardens. Info: 746-3101.

■ **Loggerhead Marineline Center** — 14200 U.S. 1, Juno Beach. Kids Story Time: 11:30 a.m. Saturdays; Hatching Tales: 10:30-11 a.m. Wednesdays. Free. Info: 627-8280; marineline.org.

■ **Loxahatchee River Environmental Center** — Burt Reynolds Park, 805 N. U.S. 1, Jupiter. Story time: 9:30 a.m. Thursdays. Info: 743-7123 or loxahatcheeriver.org/rivercenter.

■ **Korean War Veterans Association** — 9 a.m. the second Sunday of the month at the Palm Beach County Fire Rescue Station 42, 14276 Hagan Ranch Road, Delray Beach. Open to all veterans who served from June 25, 1950, to July 27, 1953, at any location, as well as any veterans who have served in Korea since July 27, 1953. The chapter volunteers at functions including parades, flag-raising and funerals. Info: Robert Green at 496-5533; email bobwinwood@bellsouth.net.

■ **The North Palm Beach Library** — 303 Anchorage Drive, North Palm Beach. Knit & Crochet: 1-3 p.m. Mondays; Kids Crafts for ages 5-12: 2 p.m. Fridays. Info: 841-3383, npblibrary.org.

■ **The Norton Museum of Art** — 1451 S. Olive Ave., West Palm Beach. Through May 25: "To Jane, Love Andy: Warhol's First Superstar." Through June 22: "Industrial Sublime: Modernism and the Transformation of New York's Rivers, 1900-1940." Through Aug. 31: "Faux Real," by Mickalene Thomas. Admission: \$12 adults, \$5 students with ID, and free for members and children age 12 and younger. Info: 832-5196 or norton.org.

■ **Palm Beach Gardens Historical Society Enrichment Programs** — 7 p.m. the second Wednesday of the month at Historical Society, in the Kaleo building on the south campus of Christ Fellowship Church, 5312 Northlake Blvd., Palm Beach Gardens. Refreshments are served. Info: 622-6156; 626-0235; PBGHistoricalSociety.org

■ **The Palm Beach Photographic Centre** — City Center, 415 Clematis St., West Palm Beach. Through May 31: "Keys To The Cure" by artist Kelly Milukas and "The Art of Science: Under the Surface." "Keys" features more than 50 multimedia artworks and "Art of Science" features pictures taken through a microscope into the world of regenerative medicine. Hours: 10 a.m.-6 p.m. Monday-Thursday, and 10 a.m.-5 p.m. Friday and Saturday. Info: 253-2600 or visit workshop.org or fotofusion.org.

■ **The Palm Beach Zoo & Conservation Society** — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. daily. Ongoing events: "Wings Over Water" Bird Show: 11 a.m. weekdays; 11 a.m. and 2 p.m. weekends. "Wild Things Show": 1 p.m. weekdays; noon weekends. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 533-0887; palmbeachzoo.org. Just added: Green Market from 11 a.m. to 5:30 p.m. every other Saturday (May 17 and 31, June 14 and 28) outside the Zoo's gate, with locally grown produce.

■ **The South Florida Science Center and Aquarium** — 4801 Dreher Trail N., West Palm Beach. Info: 832-1988 or visit sfsm.org. Silver Science Day — 2-5 p.m. second Wednesday of every month. For guests 62 and older. Admission: \$7. Science Nights (ongoing) — 6-9 p.m. the last Friday of the month. Members: Adults \$5, free for children; Nonmembers: Adults \$12, children \$8, free for age 3 and younger. ■

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MOMS

From page 1

bad as all that.

For this Mother's Day, here are some classic Moms from Hell: dysfunctional movie mothers we love to hate.

■ "Mommie Dearest" (1981)

Joan Crawford, played by Faye Dunaway.

Type of mother: abusive, control freak.

When it comes to cinematic mothers from Hell, "Mommie Dearest" is most likely the first film that pops into people's minds: The spectacular temper tantrums. The compulsion about cleaning. The endless obsession with appearances. The desire to control everyone's life.

Based on Christina Crawford's 1978 memoir about growing up as the daughter of Joan Crawford, "Mommie Dearest" is about the penultimate bad mother. Even those who have never seen the movie know her dictum: "No wire hangers!"

■ "Throw Momma From the Train" (1987)

Mrs. Lift, played by Anne Ramsey.

Type of mother: overbearing, demanding, verbally abusive.

The Pennsylvania Dutch, with their unique syntax, would say, "Throw Momma from the train a kiss." But Owen, played by Danny DeVito, just wants to throw Momma from a train, period. Or rather, he'd prefer to have someone else do the dirty deed for him.

And when we meet his mother, wonderfully played by Anne Ramsey, we understand: She's a nag, always yelling, always demanding. She calls Owen names and belittles him, in a voice that sounds like two trains grinding against each other.

When Owen's creative writing teacher, Larry (Billy Crystal), suggests he watch Alfred Hitchcock's "Strangers on a Train" for its plot development, Owen has a brainstorm: He'll murder Larry's hated ex-wife for him, and Larry can kill Momma for Owen.

When Larry initially declares he's no murderer, Owen optimistically tells him, "Just meet her. Maybe she'd be somebody you'd like to kill."

■ "The Manchurian Candidate" (1962)

Eleanor Iselin, played by Angela Lansbury.

Type of mother: manipulative, deceitful, incestuous.

It's tough to write about this classic thriller without giving away the clever and devastating plot twists. Suffice it to say that Angela Lansbury plays a calculating, manipulative mother who wants to see her husband become vice president. As for her son, war hero Major Bennett Marco (Frank Sinatra), well, she wants him to get rid of the competition.

And this mother will stop at nothing to get what she wants.

Her methods are devious to the extreme.

In Richard Condon's novel, which the movie is based upon, the mother actually sleeps with the son at one point, but in the movie that was watered down to a kiss, as the director knew it wouldn't get past the censors of the early 1960s.

(A remake was made; we recommend the original.)

■ "Ordinary People" (1980)

Beth Jarrett, played by Mary Tyler Moore.

Type of mother: cold, withholding, perfectionist.

Mary Tyler Moore is so frosty in "Ordinary People" she makes you shiv-



MGM STUDIOS

Anne Ramsey played Mrs. Lift in "Throw Momma from the Train," an overbearing demanding and verbally abusive mother.

er. Her role as Beth Jarrett is 180 degrees away from her cheerful Laura Petrie or Mary Richards personas.

In this movie based on Judith Guest's novel, Beth has lost one teenage son in a boating accident. Her other son, struggling with survivor's guilt, tries to commit suicide.

Beth seems much more concerned with image and having things go "back to normal" than with helping her son heal. She withdraws her affection at the time that he needs it most.

This is a mother who is deep in denial and withholds what any child needs most: love and nurturing.

Absolutely chilling.

■ "Gypsy" (1962)

Rose Hovick, played by Rosalind Russell.

Type of mother: stage mother, manipulative, jealous.

Is there anything worse than a stage mom? They dictate their children's lives, living out their own fantasies for fame through their offspring.

Based on a true story, "Gypsy" stars Rosalind Russell as Mama Rose, the uber-stage mom who pushes her two daughters into show business, whether they want to act or not. They start out in vaudeville, but when one daughter eventually runs off, Mama Rose concentrates all her efforts on the remaining, younger daughter, who grows up to be Gypsy Rose Lee.

I ask you: What type of mother forces her daughter into stripping?

This is the sad story of a woman who feels fame has passed her by and tries to live her life vicariously through her daughter.

■ "Postcards From the Edge" (1990)

Doris Mann, played by Shirley MacLaine.

Type of mother: narcissistic, competitive, manipulative.

In "Postcards From the Edge," based on Carrie Fisher's comic novel of the same name, Suzanne (Meryl Streep) is a young actress with a drug problem. She also has a mother problem: Doris Mann (Shirley MacLaine), an aging star who is much more famous. Doris lectures Suzanne on her drug use, while herself drinking to excess.

Wherever Doris is, all the attention has to be focused on her. Even when her daughter sings at a party, she has to follow up by performing a song herself, upstaging her once again.

Life with mother is just one big competition for the spotlight.

■ "August: Osage County" (2013)

Violet Weston, played by Meryl Streep.

Type of mother: cruel, verbally abusive.

Mattie Fae Aiken, played by Margo Martindale.

Type of mother: verbally abusive, belittling.

"August: Osage County," based on Tracy Letts' Pulitzer prize-winning play of the same name, gives us not one,

but two abusive mothers. Actually, the whole damn family in this ensemble piece is pretty dysfunctional. But then again, just look at the mother, and you can understand why.

Violet Weston (Meryl Streep), who herself had a rough, abusive childhood, is a pill-addicted alcoholic whose acidic tongue cuts her children to ribbons. "I'm just truth-telling," she insists, as if that makes her cruelty all right.

Her sister, Mattie Fae (Margo Martindale) is relentless in belittling her son, whom she still calls Little Charles even though he's a grown man. Cringing in her presence, he's a bundle of nerves, apologetic for even existing.

■ "Million Dollar Baby" (2004)

Earline Fitzgerald, played by Margo Martindale.

Type of mother: greedy, uncaring.

In "Million Dollar Baby," based on a collection of boxing stories by F.X. Toole, Maggie Fitzgerald (Hilary Swank) wants to become a boxer. It takes her a while

to convince Frankie (Clint Eastwood) to be her trainer, but she finally does. Although her mother, Earline, played by Margo Martindale, does not appear in the movie much, when she does, she proves herself to be a totally despicable human being. Earline belittles Maggie's dreams and accomplishments. When Maggie earns enough money to buy her family a new home, instead of thanking her, Earline berates her, claiming the house will cause her to lose her welfare payments and Medicaid benefits. When (SPOILER ALERT) Maggie ends up in the hospital, her family actually goes to Disneyland and Universal Studios Hollywood before going to the hospital to see her. It's obvious this mother doesn't care about her daughter's well being and only sees her as a meal ticket.

■ "The Sopranos" (1999 to 2007)

Livia Soprano, played by Nancy Marchand.

Type of mother: manipulative, passive aggressive.

OK, technically this isn't a movie; it's an HBO series. But it is available on DVD. Livia Soprano, mother of New Jersey mobster Tony Soprano, is so bad, so reprehensible, that we couldn't leave her off this list.

She is the mother of all mothers from hell: passive aggressive, wheedling, demanding, manipulative, never happy with anything.

When Livia indignantly claims, "I don't know what you're talking about," is she simply in denial, growing forgetful, or being incredibly devious?

And what mother sanctions a hit on her son?

The late Nancy Marchand played Livia Soprano to the hilt.

In her final role as an actress, she gave us an unforgettable Mom from Hell we all loved to hate. ■

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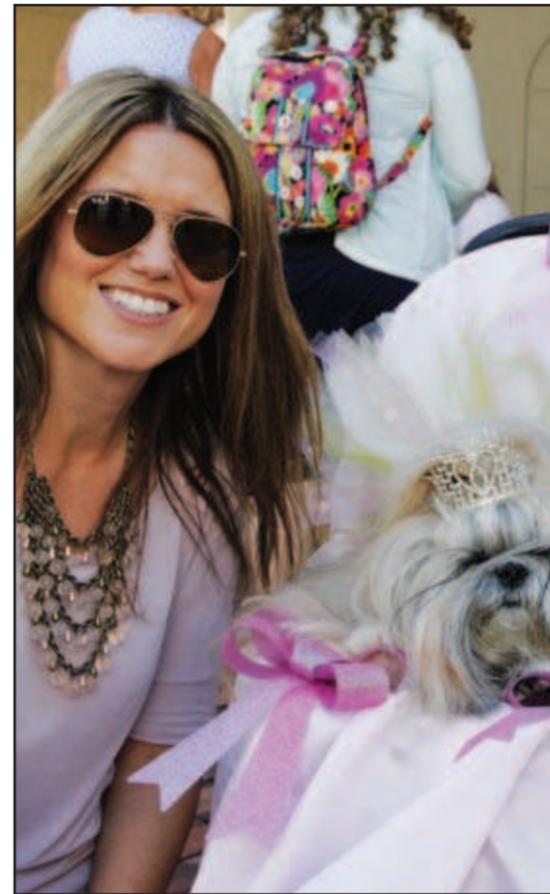
Alejandro Lopez, Ashlee Crunk and Margarita



Alex Marlowe, Rita Mascaro and Pattie McElvy



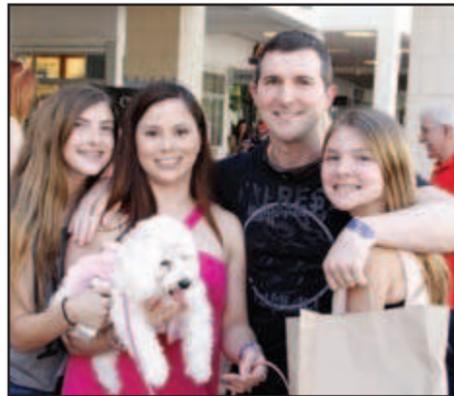
Annette Baine, Stuart Baine and Pepper



Heather Graulich, Gianna and Evan Graulich



Lois Weiss and Daphney



Sarah Klersy, Frances Klersy Tom Klersy, Lauren Klersy and Zoey

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Join us **May 8 & June 12** for a special edition of Throwback Thursday from 11am-2pm. Post a photo of you enjoying lunch at Downtown at the Gardens on special days with #tbtdowntown and Downtown at the Gardens.





CH SOCIETY

ntown at the Gardens



Steve Subin, Becky Subin and Rudy



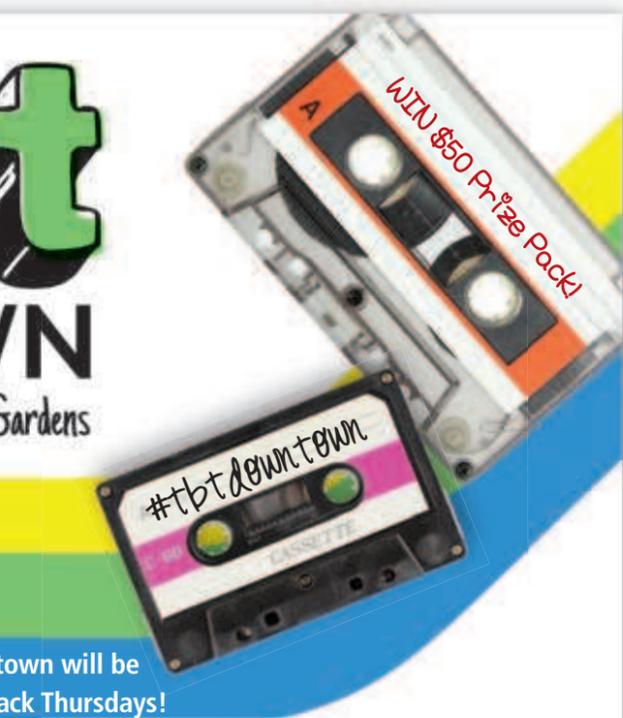
Diane Israel and Tucker



Nancy Nicholson, Danielle Risick and Andi

ANDY SPILOS/FLORIDA WEEKLY

more society and networking photos at area events than we can fit in the newspaper. www.fweekly.com and view the photo albums from the many events we cover.



town will be
ack Thursdays!

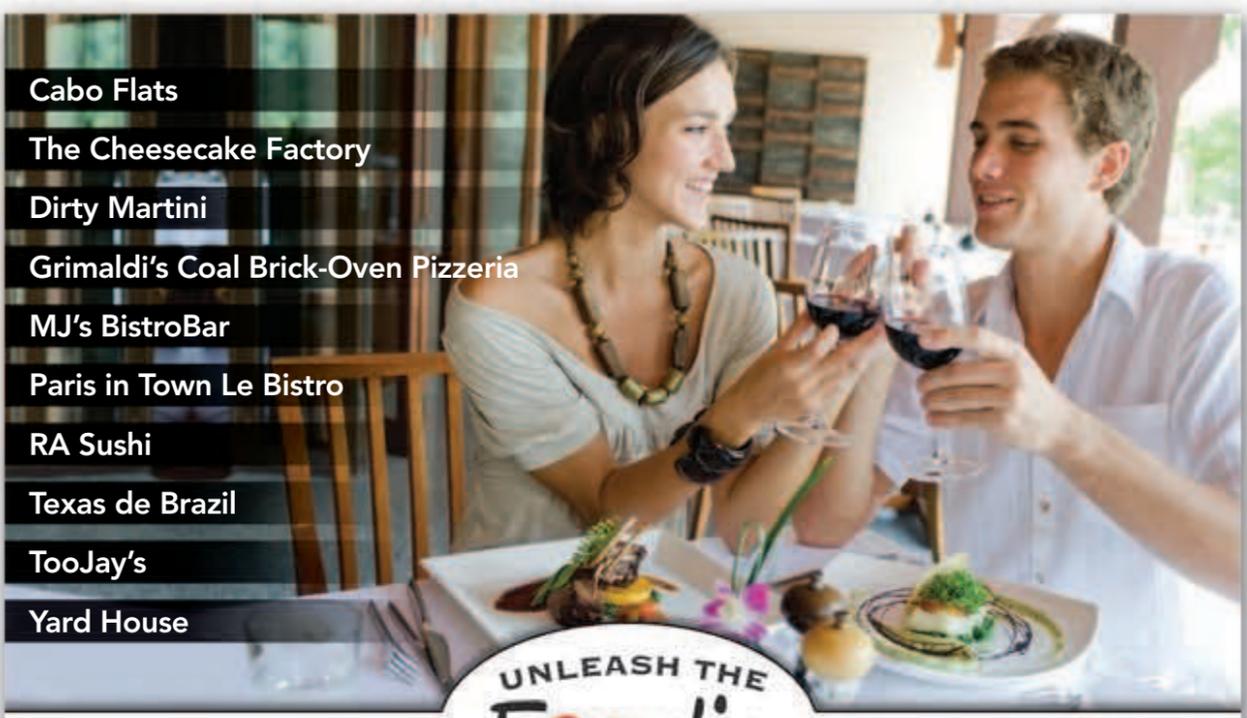
Thursday Pics

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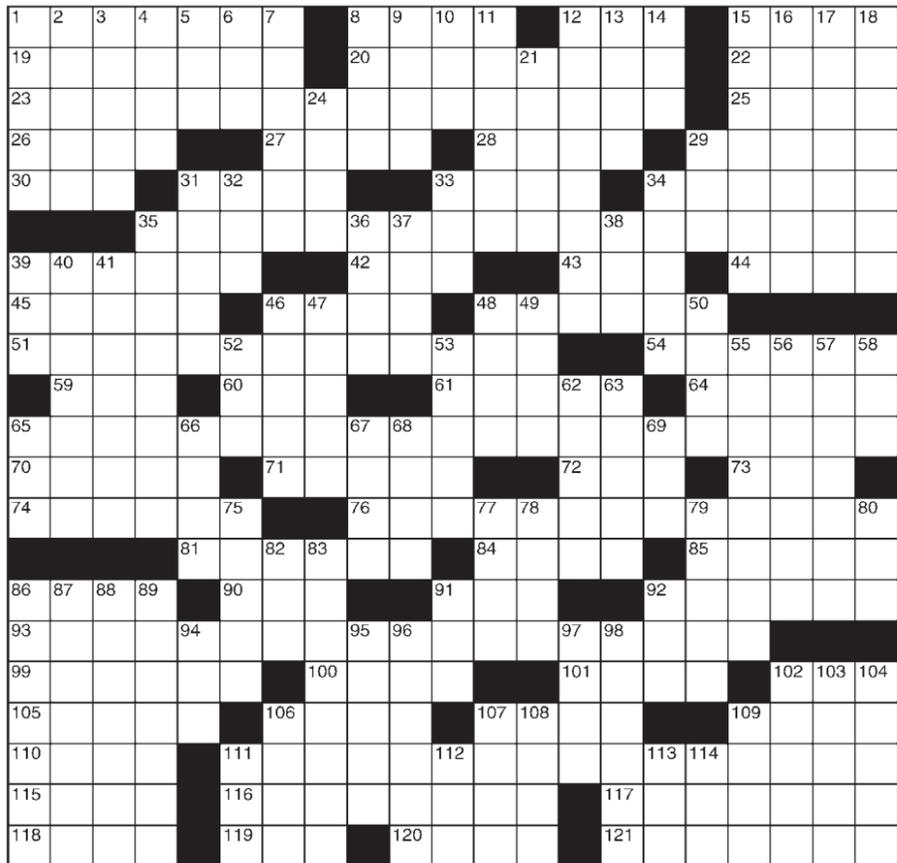
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PUZZLES

WHAT THEY SHOULD HAVE STARRED IN



- ACROSS**
- 1 Kingston's country
 - 8 "Terrible" time for tots
 - 12 Pep rally cry
 - 15 La — Tar Pits
 - 19 Fragrant
 - 20 Headset half
 - 22 "Act — age"
 - 23 Not "Five Easy Pieces," but the 1994 family film ...
 - 25 Shape
 - 26 Problems for vain people
 - 27 Netman Arthur
 - 28 Pipe fittings
 - 29 Really wreck
 - 30 Scout group
 - 31 "This — be!"
 - 33 "Zip — -Doo-Dah"
 - 34 Gloom-filled
 - 35 Not "Three Amigos," but the 1986 comedy ...
 - 39 Small vise in a wood shop
 - 42 — standstill
 - 43 Israel's — Aviv
 - 44 Greek letters
 - 45 She lived with TV's Bradys
 - 46 Train travel
 - 48 "The Pickle" star Danny
 - 51 Not "Road to Rio," but the 1998 romantic drama ...
 - 54 Compound of element #53
 - 59 Eyeball
 - 60 "Either you do it — will!"
 - 61 Prudish sort
 - 64 — dish (lab container)
 - 65 Not "Rocky," but the 1974 parody ...
 - 70 Celestial ram
 - 71 Prefix with surgery
 - 72 Footed vase
 - 73 Urban trains
 - 74 Film preview
 - 76 Not "Blue Steel," but the 2004 satirical drama ...
 - 81 Commotion
 - 84 Minorca, e.g.
 - 85 Bring — to one's eye
 - 86 African cobras
 - 90 See 52-Down
 - 91 Shih —
 - 92 Boats' rears
 - 93 Not "This Gun for Hire," but the 1999 monster movie ...
 - 99 Track legend Ashford
 - 100 Pianist Peter
 - 101 Despot Idi
 - 102 Bit of a bite
 - 105 Multi-act show
 - 106 TDs or RBIs
 - 107 Sonar image
 - 109 She left Ike
 - 110 Swift steed
 - 111 Not "Shine," but the 1998 action comedy ...
 - 115 Sheehy or O'Grady
 - 116 Troop group
 - 117 Old Buick
 - 118 Cover girl Macpherson
 - 119 Engine fuel
 - 120 Overdue
 - 121 Main dishes
 - DOWN**
 - 1 Joshed
 - 2 Old truism
 - 3 Numskull
 - 4 Greek war god
 - 5 It has a small charge
 - 6 Baby lion
 - 7 At an angle
 - 8 The "T" of MIT: Abbr.
 - 9 Stop dozing
 - 10 Space ball
 - 11 Stretchy swimsuit
 - 12 Vegas game
 - 13 Hill dwellers
 - 14 "Yoo-hoo!"
 - 15 Coercively
 - 16 Extripate
 - 17 Russia's landmass
 - 18 Sleeve bands
 - 21 More vigorous
 - 24 Wine region of Italy
 - 29 Ontario's capital, on a scoreboard
 - 31 Bit part
 - 32 Abstract art pioneer Jean
 - 33 "Caught you!"
 - 34 Thousand: Prefix
 - 35 Jungle knives
 - 36 Finger's tip
 - 37 WWII battle town in France
 - 38 Toon pic
 - 39 Taxi
 - 40 Cessation of operations
 - 41 West African country
 - 46 Air, as an old episode
 - 47 Walk — line
 - 48 Gillette brand
 - 49 "The devil — the details"
 - 50 "Klutzy me!"
 - 52 With 90-Across, high muckety-muck
 - 53 Cook's wear
 - 55 Discerned
 - 56 Artist's studio
 - 57 Wagner's "— und Isolde"
 - 58 Berlin article
 - 62 Cranium
 - 63 Start a volley
 - 65 Vampire —
 - 66 River in Belgium
 - 67 Indian sage
 - 68 Big hairdos, briefly
 - 69 Opposite SSW
 - 75 Emphasize gloatingly
 - 77 Magnitude
 - 78 "The rest — to you"
 - 79 Like a — a cage
 - 80 52-wk. spans
 - 82 Apple on a desk
 - 83 Ghosts
 - 86 C-worthy
 - 87 A handful of
 - 88 Be the victor
 - 89 Unlike oil in water
 - 91 A boxing ref may call one
 - 92 Poli —
 - 94 Humorist Bill
 - 95 Like kale and endive
 - 96 Crafty
 - 97 Forest home
 - 98 Medical vial
 - 102 Weeper of mythology
 - 103 Habituate
 - 104 Peels, as an apple
 - 106 Hypo liquids
 - 107 "— ever so humble ..."
 - 108 Suffix with electro-
 - 109 "There's gold in them — hills!"
 - 111 Practical joke
 - 112 Cell stuff
 - 113 VIP in D.C.
 - 114 FDR follower

HOROSCOPES

TAURUS (April 20 to May 20) You still need to work out last-minute snags in your dealings with a rival. Hold your ground despite a perceived lack of support. Things should turn around before you know it.

GEMINI (May 21 to June 20) Best not to delay preparing for that upcoming family event. The sooner you get things started, the better chance you have of finding potential problems and making needed changes.

CANCER (June 21 to July 22) The romantic Moon Child might be reluctant to see the reality behind that "ideal" situation. But by midweek, the practical Crab emerges to help clear away the moonbeams.

LEO (July 23 to August 22) Although the Big Cat might be receptive to more "purr-suasion" to get you to agree to a workplace change, make sure you can distinguish the fine line between facts and flattery.

VIRGO (August 23 to September 22) Your positive attitude in the workplace helps to get you noticed by the right people. Now go ahead and use some of that new self-confidence to help shore up a personal relationship.

LIBRA (September 23 to October 22) Although you might still have to work out some problems with a business partner, things go more smoothly on the home front. An investment opportunity might need more study.

SCORPIO (October 23 to November 21) Don't be reluctant to act on your suspi-

cion. Even if others see nothing wrong, the astute Scorpio could sense an underlying problem that isn't always obvious on the surface.

SAGITTARIUS (November 22 to December 21) A new opportunity presents some obstacles that need to be dealt with as soon as possible. Delaying action in hopes that the problems will go away could be counterproductive.

CAPRICORN (December 22 to January 19) A friend or family member's request might carry some hidden factors that could later create problems. Be sure you know all the facts before you make your decision.

AQUARIUS (January 20 to February 18) A setback in implementing a plan could turn out to be a blessing in disguise. Use the downtime to rework your original concepts and see where changes could be made.

PISCES (February 19 to March 20) You might not be consciously fishing for compliments, but admit it -- won't you feel great when your efforts are noticed? So accept the praise gracefully. You earned it.

ARIES (March 21 to April 19) Untangling personal problems might take more time than the impatient Lamb expected. But it's important to hang in there until all those knotty situations are straightened out.

BORN THIS WEEK: Your love of beauty in your personal life extends to your efforts to protect and preserve the natural world around you. ■

By Linda Thistle

4			1		9	3	
	7	5			4		2
	1			8		6	
	5				3		1
8			7			5	
		1		9			6
6		7		3			8
	3		8			7	
		2			5		9
						9	4

Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

★ Moderate ★★ Challenging
★★★ Expert

◀ SEE ANSWERS, B3

◀ SEE ANSWERS, B3

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LATEST FILMS

Fading Gigolo

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★★

Is it worth \$10? No

In "Fading Gigolo," writer/director/star John Turturro's script calls for his character to have a threesome with adventurous middle-agers played by Sofia Vergara and Sharon Stone. That's right: The funny-looking Turturro writes himself into bed with bona fide hotties Ms. Vergara and Ms. Stone. Genius.

Unfortunately "Fading Gigolo" doesn't offer much besides admiration for its conceit.

Floravante (Mr. Turturro) is a kind, unassuming florist in New York City. His friend Murray (Woody Allen) shocks him with a proposal: Murray's unhappily married dermatologist, Dr. Parker (Ms. Stone), and her best friend Selima (Ms. Vergara) want to have a threesome, and they're willing to pay for this service.

Ever the businessman, Murray pimps Floravante out to Dr. Parker (who wants to try him alone first) and other ladies who crave a nice guy to satisfy their needs. Floravante feels bad about taking advantage of vulnerable women, but it's not like they didn't ask for his help.

Mr. Turturro's dialog rarely feels natural. Instead of flowing with rhythm, they stick and stay with a thud, causing the narrative to plod along rather than thrust forward. This is especially evident as Floravante comforts Avigal (Vanessa Paradis), an orthodox Jew who's been sitting Shiva for two years for her deceased husband. Their bond is intended to be platonic, that of two lonely souls needing a genuine connection, but it feels trite and forced. They're not having conversations; they're speaking in metaphors, platitudes and phony

moral righteousness: "You bring magic to the lonely," Avigal tells Floravante with faux poetic words that don't fit her personality.

Making it worse is the Brooklyn cop (Liev Schreiber) who yearns for Avigal but is too pathetic to deserve her. This guy is a creepy, unnecessary accessory whose only function is to ruin the ending.

Ms. Stone, Ms. Vergara and Mr. Allen are here for comic relief, and their jokes hit and miss. Here's the thing:

Mr. Turturro, who has a total of six writing credits to his name, should not be writing jokes for Woody Allen. Only Woody Allen should write jokes for Woody Allen. Mr. Turturro's jokes play like sad attempts to write Woody Allen jokes: "I'm your whore," Floravante says. "Hey, it's the oldest profession," Murray quips. This is followed by the "wah-wah" failure sound effect in your head.

Mr. Turturro's message seems to be that carnal pleasures don't buy happiness, and that religious doctrine is too restrictive. Fair enough. It's just really hard to have that in the same movie as a threesome with Ms. Stone, Ms. Vergara and bad Woody Allen jokes.

In an apparent attempt to essentially thank Mr. Allen for playing Murray, Mr. Turturro includes a few subtle "Annie Hall" nods, including a conversation between Floravante and Murray that begins with a long shot as they walk down a sidewalk. And for good measure, there's an homage to "Casablanca" toward the end as well. Unfortunately, none of these moments make "Fading Gigolo" any better; in fact, they only serve to remind us how much this movie pales in comparison to the classics. ■



in the know

>> This is only the second time since "Antz" (1998) that Woody Allen has had a credited appearance in a film he did not direct. The other is the little-seen "Picking Up The Pieces" (2000).

FILM CAPSULES

The Railway Man ★★

(Colin Firth, Nicole Kidman, Hiroyuki Sanada) In 1980 a British man (Mr. Firth) is given the chance to confront the Japanese soldier (Mr. Sanada) who tortured him at a POW camp during World War II. The jumping timeline between past and present doesn't serve the movie well, and the performances are only so-so. Based on a true story. Rated R.

Transcendence ★★1/2

(Johnny Depp, Rebecca Hall, Morgan Freeman) A terminally ill scientist uploads his brain into a computer and evolves at a dangerously alarming rate. The ending is given away in the beginning, and the second half is a bit too much sci-fi fantasy for its own good. Still, it gives you plenty to think about. Rated PG-13. ■

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Advertorial

Not your typical car dealer

SPECIAL TO FLORIDA WEEKLY

Buying a car at the best of times is a stressful and often frustrating experience. Even with tools like CarFax and AutoCheck, the used car customer may not really have the information needed to make an informed decision.



COURTESY PHOTO
Bill McLaughlin started AutoMax in Lake Park.

One business is out to change that.

North Palm Beach resident Bill McLaughlin has come up with an alternative — one he hopes changes the way all of America shops for cars and trucks.

Mr. McLaughlin, the former president and CEO of Starwood Vacation Resorts, was looking for something post retirement to "get him out of the house" when he hit on a way to not only make money but help others.

"I've always been a car guy," he said.

Setting himself up as an auto manufacturer's representative, he began to attend closed auctions, buying as many as 15 off-lease vehicles at a time, mostly for Northeast dealerships looking for rust-free Florida cars. His client list grew to include new car dealers from New York to Georgia — dealers sold on Mr. McLaughlin's stringent testing and practice of charging the dealerships only \$500 over his cost.

He started AutoMax of America in 1992, scouring the country for luxury brands, transporting them to Florida then shipping them out as soon as possible.

"AutoMax doesn't look like your typical car lot," he said of the 5401 North Haverhill Rd #105 in West Palm Beach. "It looks more like a maintenance place with 30-50 cars set up to ship to different parts of the country. Through word of mouth and friends

of friends we started getting requests direct from the consumer and so we set up a website."

A car buyer can log on to automaxofamerica.com and enter in exactly the type of car he or she is looking for from color, make, options, model to mileage.

"I put in an order last Monday and we just picked up two trucks from Bill in less than a week," said Buddy Wittmann of Wittmann Building Corporation in Palm Beach. "There were only five of these trucks in the U.S. You couldn't ask for a more reliable and honest salesperson."

It takes about a week for Mr. McLaughlin to find the requested car. He charges consumers the same \$500 over wholesale fee he charges dealerships and if you are a veteran or in the military, the price is reduced to \$250.

"I have access to 100,000 to 150,000 cars every week," Mr. McLaughlin said. "I can find the exact car you are looking for. I charge less than what the dealerships charge in dealer's fees."

Mr. McLaughlin, who served four years in the military, was born in West Point. His father was an instructor there. He says he has been around the military his whole life and is committed to helping active service men and women, and veterans, find affordable cars.

"I don't make any money on those cars," he said. "It's hard to find a quality car for less than \$2,000. People don't realize how much work goes into what we do."

Mr. McLaughlin's cars come with the CarFax and AutoCheck reports in addition to his own condition report and post-sale inventory. He recommends all car buyers purchase extended service warranties because the cars he specializes in — BMW, Acura, Porsche, Mercedes-Benz, Lexus — can be expensive to service. If your warranty is about to expire or you don't have one - call and ask about our extended warranty service. For information, call 632-9093 ■

This article appeared in Florida Weekly on 10/11/2012.

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CONTRACT BRIDGE

Warning: Danger ahead

BY STEVE BECKER

There are no magic rules to guide one to the best opening lead, and often the wrong choice will produce a disastrous result.

Consider this deal where South wound up in six clubs doubled. Perhaps East should have opened three spades, which might have shut the opponents out of the bidding. Instead he started with one spade, allowing North-South to find their club fit.

West's spade lead was a dubious choice, as he should have realized that North's four-spade cuebid indicated a void in the suit and that a spade lead would therefore accomplish nothing. Whether West should have led a diamond or a heart is debatable — but his actual lead proved fatal.

Declarer ruffed the spade in dummy and led the queen of clubs, on which East followed low. South made a good guess by going up with the ace and leading five rounds of hearts, discarding all three of his diamonds in the process.

West ruffed the fifth heart, but by then the setting trick — East's ace of diamonds — had already flown the coop. As a result, declarer made the slam and scored 1,660 points instead of going down one, which would have been his lot had West led a diamond originally.

Had it occurred to West that a spade lead was wrong, he might, of course, have misguessed and led a heart, in which case declarer would still have made the con-

West dealer.
Both sides vulnerable.

NORTH			
♠	—		
♥	A Q J 9 2		
♦	9 8 4 2		
♣	Q 10 8 5		
		WEST	EAST
♠	K Q 10 6	♠	A J 9 8 5 4 2
♥	10 8 6 3	♥	7 4
♦	Q 10 6	♦	A J 3
♣	K 2	♣	7
		SOUTH	
		♠	7 3
		♥	K 5
		♦	K 7 5
		♣	A J 9 6 4 3

The bidding:

West	North	East	South
Pass	Pass	1 ♠	2 ♣
3 ♠	4 ♠	5 ♠	Pass
Pass	6 ♣	Pass	Pass
Dble			

Opening lead — king of spades.

tract. But then again, West might have led a diamond and beaten the slam.

The bottom line is that since a spade lead did not figure to gain anything for his side, West should have dismissed it as a possibility and considered an alternative. ■

Ballet Palm Beach presents "Tales My Mother Told"

SPECIAL TO FLORIDA WEEKLY

Ballet Palm Beach offers a different and special way to mark Mother's Day — its final performance of the season is "Tales My Mother Told." The performance is a mixed repertory program of short works in honor of Mother's Day. Each of the dances in the charming one-time-only show is meant to celebrate mothers and the images they conjure. The ballet will include a pas de deux series inspired by the iconic Fred Astaire and Ginger Rogers, as well

as a new work by artistic director Colleen Smith, titled "Because I Said So."

The ballet company also promises "an after-performance surprise" for those who bring their mother to the performance, which lasts about an hour. It will be performed at 4 p.m. on Mother's Day, May 11, at the Eisey Campus Theatre at Palm Beach State College, 11051 Campus Dr., Palm Beach Gardens. Tickets start at \$15 and can be purchased at www.balletpalmbeach.org or by calling 207-5900. ■

Now Playing on Seaview

Frank Sinatra	Elvis Presley	Carly Simon
Michael Buble	Journey	Beach Boys
Rod Stewart	Eric Clapton	Neil Diamond
Chicago	Celine Dion	Bette Midler
Billy Joel	Linda Ronstadt	Sting

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COURTESY PHOTO

Team mascots turn out for a Florida State League game at Roger Dean Stadium.

BASEBALL

From page 1

dancing and country music.

For children, Boot, Scoot & Baseball features the company of four-legged animal farm friends in a petting zoo. And if real-life animals aren't your thing, there also will be a mechanical bull. Adults can get in on the fun, too, with dollar beers.

"Everything that we do during the minor league season is really centered around families. It's family-friendly wholesome fun," said Mr. Bauer, himself the father of two young sons.

"We are a very family-friendly environment. We're affordable, which is important these days. We're less expensive than going to the movies, we're less expensive than mini-golf and, believe it or not, we're less expensive than bowling," he said.

Admission to games at Roger Dean is \$8.50 for adults and \$6.50 for kids and seniors.

"We're a great way for a family to come out and connect. The pace of baseball really lends itself to that," Mr. Bauer said. "I really like that word —

'connect' — how often do you really connect with your family anymore and really get to talk? What a great environment for that."

According to Mr. Bauer, attendance at most games averages about 800 people.

"We're hoping for 2,000 to 2,500 people at Boot, Scoot & Baseball, which would be a really nice crowd for our minor leagues," he said.

The Great 8 promotions have been bumped up from what last year was called The Super 6. "This is a new one," Mr. Bauer said of the first-time event. "We're hoping that it's successful. All of the rest of them have been really successful. This is the new one. We're going to see how this goes."

Florida State Minor League Baseball continues with a "Halfway to Halloween" celebration May 31; a Kids Fest on June 21 that benefits Loggerhead Marinelife Center; the Town of Jupiter's Fourth of July Celebration "Mega Bash" July 3-4; Swings & Wings set for July 19, which benefits Little Smiles; Baseball & Brews on Aug. 2; and Back to School Night on Aug. 9.

Roger Dean Stadium is at 4751 Main St. within Jupiter's Abacoa neighborhood.

For more information on the Florida State League season or the various events hosted at Roger Dean Stadium as part of The Great 8, call 775-1818 or visit rogerdeanstadium.com. ■



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Tryst
 by **Karoline Leach**

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Director
J. Barry Lewis

Producers
 Louise & Barry Snyder

In this psychological thriller, a coldly calculating, handsome con man woos and marries vulnerable women, then takes all their money and runs — until he meets his match.

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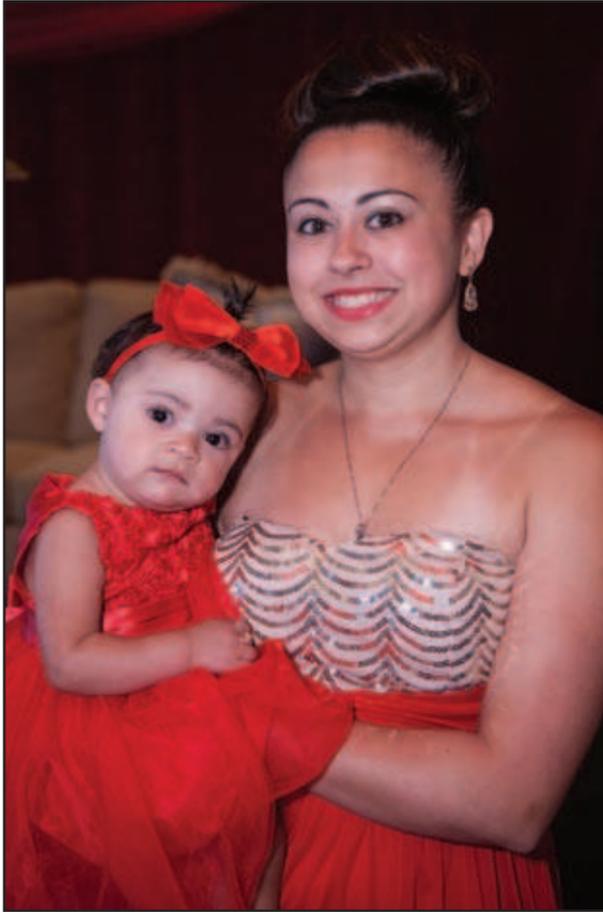


PALM BEACH SOCIETY

Go Red for Women Luncheon at The Club at Admiral's Cove



Heather Lyons and Sheryl Williams



Jasmin Lobo and Felicia Lobo



Jennifer Brancaccio and Mary Castronuovo



Andrea Brodlieb and Ken Brodlieb



Jennifer Chiusano and Lorraine Rogers-Bolton



Jennifer Lizza, Angelina Baldassare and Jeanette Staluppi



Larry Coomes and Shannon Coomes



Ruth Schwarzkopf and Nancy Hogan

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"Like" us on Facebook.com /FloridaWeeklyPalm Beach to see more photos. We take more society and networking photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover.

FLORIDA WEEKLY CUISINE

It's Mother's Day. Will it be brunch, lunch or dinner?

BY JAN NORRIS

janorris@floridaweekly.com

Taking Mom out on her day? Area restaurants and hotels are offering specials for brunch and dinner this Sunday, May 11. Here's a look at several around the county. Procrastinators may get lucky and find a walk-in available — but reservations are required for most.

Bistro Ten Zero One, Marriott, West Palm Beach, 1001 Okeechobee Blvd., West Palm Beach; 561-209-3353; bistrot1001.com

From noon to 5 p.m., the Mother's Day brunch here features a variety of traditional brunch items such as eggs and omelets and waffles; a carving station has bone-in Palmetto Creek ham from Florida and a beer-brined roast turkey; a raw bar with crab legs, green-lip mussels and oysters on the half-shell; seared fish with bay scallops, rock shrimp and white wine, braised osso buco, free-range-chicken; a variety of salads, pastas, and desserts.

Cost is \$45 for adults or \$22 for children 10 and under. Tax, tip and beverages not included.

Café Boulud at the Brazilian Court hotel, 301 Australian Ave., Palm Beach; 655-6060; cafeboulud.com

A buffet brunch in the courtyard will be served from 11 a.m. to 3 p.m.

Menu features carved leg of lamb, prime rib, house-made pastas and more. Desserts by pastry chef Eric Snow include panna cotta, strawberry fraiser and freshly baked pastries.

Cost is \$68 for adults; \$35 for children 10 and under. Tax, tip and beverages not included.

Vic & Angelo's, 4520 PGA Blvd., Palm Beach Gardens; 630-9899;

Also: 290 East Atlantic Ave., Delray Beach; 278-9570; vicandangelos.com

Buffet brunch served from 10 a.m. to 3 p.m. and feature carving station with filet mignon, prime rib and turkey; a raw bar with oysters, shrimp and clams; omelet, waffle stations, salads, main dishes such as bracirole, chicken Marsala, raspberry-glazed salmon, pizza, pastas and house-made pastries. Adult brunch includes one complimentary glass of champagne.

Cost is \$39.95 adults; \$19.95 children 6-10. For each adult who orders the buffet, up to two children age 5 and under eat free. Tax, tip and beverages not included.

Ironwood Steak and Seafood at PGA National Resort, 400 Avenue of

the Champions, Palm Beach Gardens; 627-4852; pgaresort.com

Brunch is served from 11 a.m. to 3 p.m. and includes seasonal fruits, bagels, smoked Scottish salmon, omelet and Belgian waffle stations; artisan cheese board, Caprese salad, shrimp, brine-cured bacon, pan-blackened corvina with fruit salsa; herb and cider pan-seared chicken and pastry chef's house-made selection. Carving board includes rosemary crusted prime rib. Adult brunch includes one complimentary glass of champagne or a mimosa.

Cost is \$55 adults; \$19 children under 12. Tax, tip and beverages not included.

III Forks Steakhouse, 4645 PGA Blvd., Palm Beach Gardens; 630-3660; iiforks.com



The ribeye at III Forks.

A three-course prix-fixe brunch/dinner is offered from 11 a.m. to 8 p.m. Meal choices include III Forks salad with apples, blue cheese, pecans and field greens with a maple walnut vinaigrette, or a steakhouse wedge salad — iceberg wedge with tomatoes, applewood-smoked bacon and local blue cheese; pan-seared red snapper with couscous and roasted pineapple salsa; coffee-coriander rubbed tenderloin with smoked tomato demi-glace, truffled mashed potatoes and grilled asparagus; or fire-roasted red pepper chicken with herb roasted potatoes and roasted mushrooms. Desserts include a Texas pecan cake or chocolate mousse.

Alternative ala carte items available, including the steak menu and sides.

Cost is \$46.95, adults. Children under 12 can have soup or salad, entrée and dessert for \$16.95. Coffee and tea included; other beverages, tax and tip are not included.

Binks Forest Golf Club, 400 Binks Forest Drive, Wellington; 578-8206; binksforestgc.com

Binks Forest Golf Club chef Mark will prepare a special brunch buffet from 10 a.m. to 3 p.m.

Cost is \$32.95 adults; \$10.95 children 7-12; free for kids 6 and under. Tax, tip and beverages not included.

The Bistro, 2133 S. U.S. Highway 1, Jupiter; 744-5054; thebistrojupiter.com

From 11:30 a.m. to 3:30 a brunch is served, and from 3:30-9:30 p.m. they will

serve dinner.

Three-course menu choices include a bistro salad, Caesar salad, Thai chicken or roast stuffed turkey, chicken bistro, lobster ravioli, curry lamb pie, wild mushroom spinach ravioli, organic salmon, seasoned seared tuna, 6-ounce filet mignon or fish and chips. Modern dessert selection. Grand Marnier or chocolate soufflé is an addition \$5.

Cost for lunch is \$35; for dinner, \$39.95. Tax, tip and beverages not included.

Grande's Bella Cucina, 4580 Donald Ross Road, Palm Beach Gardens; 932-0840; grandesitalianrestaurants.com

Brunch is served 9 a.m. to 3 p.m.; dinner, 3-10 p.m.

The buffet brunch includes ham and roast beef; pasta, waffles, pancakes, and numerous breakfast/brunch items including salmon lox, sausage, bacon, biscuits and gravy, eggs Benedict, pastries and desserts.

Cost is \$24.95 adults; \$9.95 children 6 and under. Tax, tip and beverages not included.

Jupiter Beach Resort, 5 S.R. A1A, Jupiter; 746-2511; jupiterbeachresort.com

The resort will feature a brunch buffet in the grand ballroom from 11 a.m. to 2 p.m.

A deluxe salad station, antipasto and vegan foods stations will be set up, along with carving stations featuring roast turkey, prime rib and roast pork loin; a sushi, raw bar and smoked salmon station feature assorted seafood. Numerous hot entrees served on buffet, along with fresh fruits and cheeses, breakfast canapés, assorted quiches and an omelet station. Seasonal desserts are featured.

Cost is \$45 adults; \$20 for children under 12. Tax, tip and beverages not included.

The Breakers, One S. County Road, Palm Beach; 655-6611; thebreakers.com

The Breakers offers three choices for Mother's Day brunch at the resort. In the Circle room, from 11 a.m. — 3 p.m., the big, traditional Breakers all-out brunch is served. Carving stations, raw bars, salads, entrees, breakfast-through-dinner items are a feast for any appetite. Cost is \$125 adults; \$45 children 11 and under.

The Ponce de Leon Ballroom brunch is served from 11:30 a.m. to 3 p.m.; hot and cold selections and stations around the room. Cost is \$115 for adults; \$40 children 11 and under.

The Flagler Steakhouse at the Ocean Golf and Tennis Club House overlooking the golf course serves from 11 a.m.

to 4 p.m. A three-course plated menu is available. Cost is \$65 for adults; \$25, children 11 and under.

Tax, tip and beverages are not included in any of the meals.



The Majestic Princess II

Majestic Princess II Mother's Day Brunch Cruise

Sailing from Port of Palm Beach, 200 E. 13th St., Riviera Beach; 254-0424; majesticprincesscruises.com

A leisurely cruise takes Mom along the Intracoastal Waterway from 11:30 a.m. to 1:30 p.m. and features a brunch. Menu items include eggs Benedict, bacon, sausage, waffle station, fruits, house salad, spinach and ricotta-stuffed chicken, roasted potatoes, roasted vegetables assorted pastries and desserts.

Cost is \$50 adults; \$35, children 6-12. Tax and tips not included; alcoholic beverages extra.

Pistache, 101 N. Clematis St., West Palm Beach; 833-5090; pistachewpb.com

Brunch will be served 11 a.m. to 3 p.m. at the French bistro across from the fountains in downtown West Palm Beach. A three-course menu includes first-course choices of seared tuna crudo, roasted golden beet salad, salmon tartare, foie gras torchon, saffron and Pernod mussels, and onion soup gratinee. Entrees include pork confit hash, Maine lobster Benedict, steak frites, jumbo lump crab quiche, duck confit salad, pain perdu with house made duck sausage, grilled swordfish, rock shrimp pasta. A variety of desserts is on the menu.

Cost is \$49 and includes one complimentary mimosa, Bellini, bloody Mary or specialty coffee. Tax, tip and beverages not included.

3800 Ocean at the Marriott Singer Island, 3800 Ocean Ave., Riviera Beach; 340-1795; 3800oceanrestaurant.com

Buffet brunch served from 9 a.m. to 3 p.m. in the dining room overlooking the ocean. Buffet stations feature a variety of brunch foods and seafoods with a dessert station.

Cost is \$48 adults; \$16 children under 12. Tax, tip and beverages not included. ■

THE DISH

Highlights from local menus

The Dish: Chicken Salad

The Place: Gallery Grille, Gallery Square North, 383 Tequesta Drive, Tequesta; 575-3775 or gallerygrille.com

The Price: \$11.95

The Details: The server told us this would be the most refreshing item on the menu, and she wasn't kidding.

Gallery Grille prepares its chicken salad, with mayonnaise, some bell pepper and a touch of basil, and it doesn't need anything else, especially when it is served atop a bed of baby greens, fresh strawberries, cantaloupe, cherry tomatoes, sliced onion and shredded carrots.

The white-meat chicken is tender, and that kiss of basil seals the meal. ■

— Scott Simmons



SCOTT SIMMONS/FLORIDA WEEKLY

Comings and goings

Hello: Barolo Ristorante has opened at Crystal Tree Plaza (1201 U.S. Highway 1, North Palm Beach; 626-1616 or barolopalmbeach.com). The menu offers classic Italian fare.

Also new: Sabai Thai has opened at the Camelot Motor Lodge (1000 N. U.S. Highway 1, North Palm Beach; 799-2729 or palmbeachthai.com).

Goodbye: Pita Grille in North Palm Beach closed after being unable to come to an agreement on an extension of its lease, according to a notice it posted on its Facebook page. ■

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so special

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Welcome
to Florida Weekly's
Best special section

The Best compiles the obscure, the beautiful, the whimsical and the wondrous. It allows us all to take an off-kilter look at the people, places, food, art and music that make Palm Beach County a great place to live.

Many "best of" publications are filled solely with content that's bought and paid for; that's not our style at Florida Weekly. Yes, our advertisers — the folks who make this piece of Floridian pulp and history you hold in your hands possible — receive shout-outs from us here. It's only fair. And with these items, too, we've been able to loosen up and have some fun.

The non-scientific, non-crowd-sourced process by which we choose our Best winners begins with a meeting of writers in cramped quarters sipping bad coffee. Varied in background, interests and generation, the scribes are then set free to scour the nooks and crannies of our region and the Florida Weekly archives.

From all of this comes this celebration of all that is superior, and it is good.

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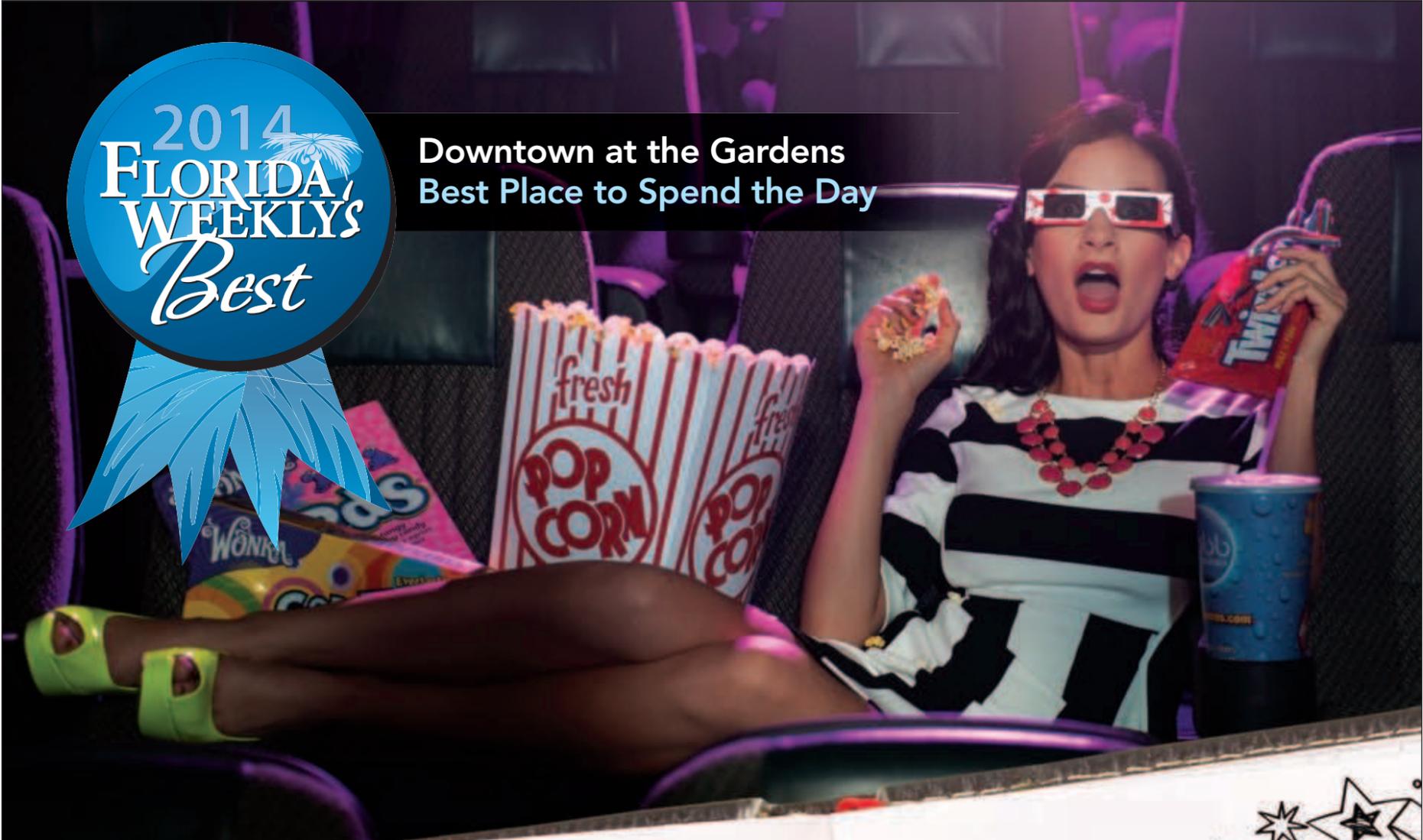


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- 5:15pm: Relax in Downtown Park with a new book
- 6:45pm: Meet husband for a romantic dinner for two
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>> Lang Realty

Since 1981, Lang Realty has been growing into one of South Florida's premiere independent residential real estate companies. Lang specializes in Boca Raton, Delray Beach, Palm Beach Gardens and Palm Beach County, with 12 offices located in the heart of Palm

Beach and St. Lucie counties' country club communities and luxury residential neighborhoods, in addition to Port St. Lucie. Lang Realty's more than 350 full-time professional real estate sales associates provide personal, individualized service to clients buying or selling properties. Lang Realty has been Palm Beach County's No. 1 broker in golfing communities, waterfront properties, luxury estate homes and family neighborhoods. 877-357-0618; langrealty.com

BEST IMPROVEMENT PLAN

>> Ibis Golf & Country Club

Ibis Golf & Country Club on the western outskirts of West Palm Beach, a community with more than 1,800 homes that features lake, golf or preserve views in a collection of 33 beautiful neighborhoods, offers everything from condominiums, villas, single-family homes, new construction and large estate homes, priced from the \$200,000s into the millions.

The private golf community bordered by the 12,000-acre Grassy Waters Nature Preserve feels like an oasis of natural beauty.

It's the only club in the world with three Nicklaus family courses (Jack, Jack II, and Steve) and each of them is unique.

Last fall construction began on a \$33 million new Sports Village and Clubhouse enhancement and expansion. The Sports Village will consist of a two-story fitness complex, full-service spa, casual bistro and a resort-style aquatic center. Here members will enjoy Pilates, yoga, swimming laps, relaxing in the spa, or dining poolside with friends. Expansion of the clubhouse includes a modern kitchen, spacious cultural activities room, new locker and card rooms, expanded ballroom and pre-function spaces, and several dining venues including a formal dining restaurant and bar, casual pub with an outdoor terrace, and main grille dining overlooking the

pristine golf courses. The full project is scheduled for completion in late 2015, with the Sports Village opening fall of 2014. 8225 Ibis Blvd, West Palm Beach; 625-8500; ibisgolf.com.

BEST PLACE TO SPEND THE DAY

>> Downtown at the Gardens

Downtown at the Gardens, Palm Beach Gardens' most happening shopping, dining and entertainment destination, really is the best place to spend the day. The unique mix of boutiques here, restaurants to suit everybody's taste and entertainment practically every day—from live music to a one-of-a-kind Florida-themed carousel for the kids—keeps locals and visitors returning day after day. Check out Downtown at the Gardens and you'll know just what we mean. Downtownatthegardens.com.

BEST GAME IN TOWN

>> The Honda Classic

Palm Beach Gardens has dripped for decades in golf. Surrounded by superbly designed courses and inhabited by world-famous pros, the city serves as the home of the Professional Golfers' Association of America. PGA National is steeped in the history of the game and every March, serves as the site of The Honda Classic. For the past two years, No. 1-ranked Tiger Woods has joined the field, making the short trip from Jupiter Island to help kick off the start of the PGA Tour's Southern Swing. The Honda Classic draws close to 200,000 spectators for four days of top-notch golf that caps a week's worth of activities, including kickoff parties, pro-ams, concerts, fireworks and all-around fun. thehondaclassic.com.



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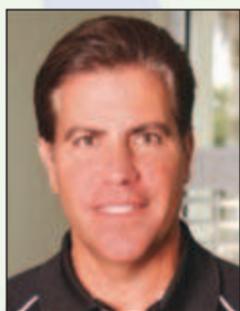
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BEST PLACE TO DOCK AND DINE

>> Waterway Café

You’ve heard of calling ahead for reservations — at the Waterway café you can radio in from your boat and have a table or the food waiting for you. With 300 feet of docks, bring the yacht or the sailboat — the bridge next door will open for your mast. Food is solid surf and turf selections, and drinks are free-flowing. The bonus: The value-driven happy hours and the early bird dinners take the sting out of paying big bucks to fill up the boat. 2300 PGA Blvd. Palm Beach Gardens, 694-1700-waterwaycafe.com.

BEST DISPLAY OF ARCHITECTURAL BEAUTY

>> The Mar-a-Lago Club

That crescent-shaped casa between the ocean and the Intracoastal Waterway at the end of Southern Boulevard on Palm Beach has symbolized the prestige of the island since 1927. An icon and a treasure, The Mar-a-Lago Club now is a members-only palace for pampering, partying and playing. Through a deal reached between the town and the historic home’s owner, Donald Trump, the public has limited access to the mansion during charity events and is able to appreciate the architecture that has earned the property the name “the jewel of Palm Beach.” Monumental touches include intricate carvings and sculptures on the exterior, Italian stone on the structure’s many curves and arches, endless displays of Spanish tile and a gold “thousand-wing” ceiling.



BEST CAR WASH

>> Unlimited Auto Car Wash

Your car is sure to shine for the least amount of money with the range of options at Unlimited Auto Wash Club’s three locations in central and northern Palm Beach County. Interior detailing includes carpet shampooing and leather cleaning and conditioning. They even have an “up to” 72-hour clean-car guarantee, so your car will continue to look spiffy, even during summer. Drive in at 6812 Indiantown Road in Jupiter, also at 4109 Northlake Blvd. in Palm Beach Gardens, and 1850 Okeechobee Blvd. in West Palm Beach. UnlimitedAutoWashClub.com.

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BEST VIEW OF THE COUNTY

>> From atop the Ferris wheel at the South Florida Fair

There's a lot to love about the South Florida Fair — the food, the farm animals, the pig races and the beer are among its more-popular highlights. A contingent

of fair-goers comes not only for the roasted corn, the poultry tent, the sprinting sundae and the buckets of brew but also for the wild rides. With names like Cliffhanger, Mega Drop and Ring of Fire, Wade Shows Attractions' crazy contraptions thrill those willing to lose their stomachs. The Giant Wheel is a more passive pleasure and offers a sweepingly endless view of

all four corners of the county from more than 100 feet above West Palm Beach. One would have to be in an airplane to get a better vista. South Florida Fair, Jan. 15-Feb. 1, 2015, southfloridafair.com

BEST PLACE TO DRESS FOR LESS

>> Gwen's Consignment Connection

Mother-daughter team Gwen Steffen and Trecei Echard own Gwen's consignment, which offers top clothing at the best prices around. If you're looking for very gently worn designer and couture outfits at reduced prices, this is the place. Gwen was owner of the Clothes Horse located in Mount Lebanon, Pa., for 20 years, and opened Gwen's after retiring and moving to Palm Beach Gardens. 9810 A1A in Promenade Shopping Center next to Publix, 671-6076.

BEST MIRASOL REAL ESTATE COMPANY

>> Mirasol Realty

Looking for a home in The Country Club at Mirasol? Then Mirasol Realty may have the home for you. Mirasol Realty is on the grounds of South Florida's premier residential golf community and acts as the club's exclusive real estate partner. Set on more than 2,300 acres, The Country Club at Mirasol offers a variety of upscale, private, family residences. Mirasol offers a unique collection of homes that feature golf course, lake or natural preserve views. Mirasol Realty's expert knowledge of this community makes the company your go-to firm for The Country Club at Mirasol. 11300 Mirasol Blvd., Palm Beach Gardens; 622-7070 or mirasolrealty.com



PGA COMMONS

What are you craving today?



Vic & Angelo's



Panera Bread



Spoto's Oyster Bar



Prosecco Café



Kabuki Sushi-Thai-Tapas



Rocco's Tacos & Tequila Bar

At PGA Commons, we give you seven reasons (restaurants) to join us for lunch. From Pad Thai, to salads, sandwiches, and pastas, we have something for every craving. Stroll along Restaurant Row and enjoy some of the finest cuisine that the Palm Beaches have to offer.

Opening soon - The Cooper Craft Kitchen & Bar.

PGA Commons is located along the South side of PGA Boulevard in Palm Beach Gardens between I-95 and Florida's Turnpike. 5100 PGA Boulevard, Palm Beach Gardens 33418 • 561.630.8630 • pgacommons.com



BEST PLACE TO WATCH CHAMBER MUSIC

>> Flagler Museum

Sitting among Gilded Age glory in a room that looks out to the Intracoastal Waterway on Palm Beach, lovers of the finer things in life enjoy chamber music in an intimate setting — the Flagler Museum’s West Room. Four exquisite concerts

performed by groups of international musicians comprise the annual series, designed to evoke the Whitehall tradition of musical gatherings with hosts Henry and Mary Lily Flagler. The evening shows offer guests the opportunity to experience chamber music the way it was intended in a setting that some critics have described as the best in South Florida. Following the intricate interpretations of classical masterpieces is a champagne and dessert reception with the players. flaglermuseum.us

BEST NIGHT OUT

>> PGA National Resort

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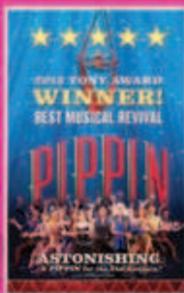
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Cultivating a love of learning, celebrating academic excellence and integrating a rich secular and Jewish studies curriculum, Meyer Academy students pursue their full potential as critical thinkers, joyful learners and good citizens. For over 40 years, the Meyer Academy has been dedicated to preparing students to make a difference — in school and in life. The Meyer Academy will continue this mission in its new, 68,000-square-foot facility in Palm Beach Gardens, opening this fall. Meyer Academy is an International Baccalaureate World School and a Department of Education “2013 Exemplary High Performing Blue Ribbon School.” 5225 Hood Road, Palm Beach Gardens; 686-6520; meyeracademy.org



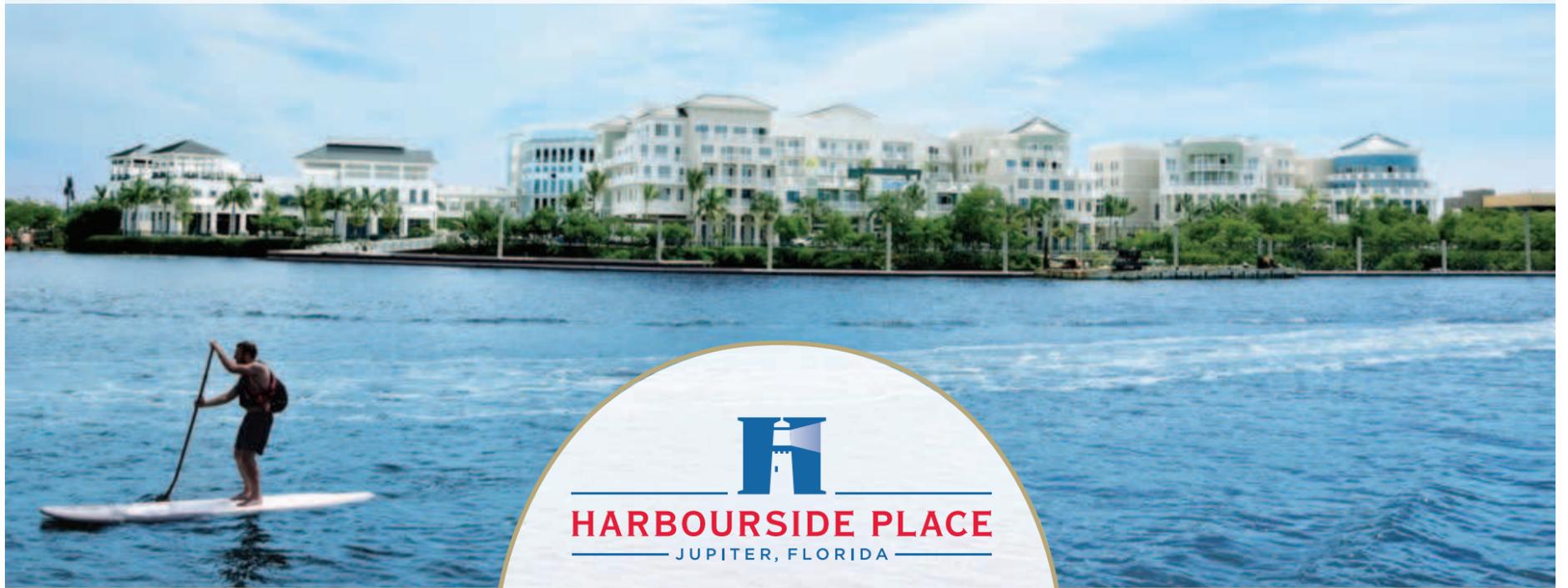
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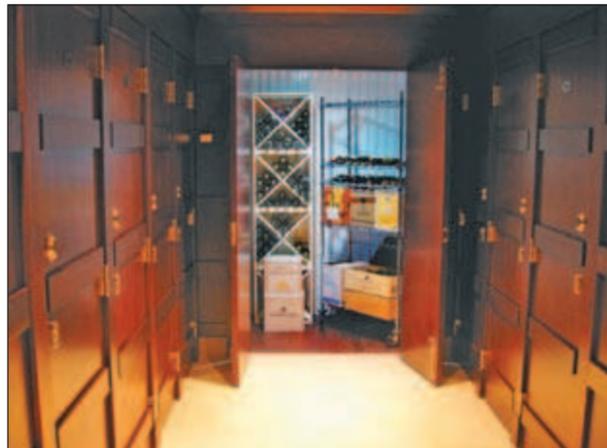


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BEST ANTIQUING EXPERIENCE

>> Historical Society of Palm Beach County's Evening on Antique Row

Antiquing after dark defines this wild West Palm Beach street party that raises money for the Historical Society of Palm Beach County. Not only can ticket-paying, wristband-wearing, wine-glass-toting patrons browse items in the storied shops of the Antique Row District on South Dixie Highway, they also can dance to live music, see costumed characters, savor samplings from a variety of gourmet food trucks and sip vintages from around the world, signature cocktails — this year's drink was the lychee-tini — champagne and beer. An espresso and cappuccino bar offers a nonalcoholic alternative. The after-party usually is as fun as the three-hour, six-block event that supports the Richard and Pat Johnson Palm Beach County History Museum and its collections. historicalsocietyphc.org

BEST FLAG DISPLAY

>> Northwood University

A colorful ring of flags stands at the entrance to Northwood University in West Palm Beach, and what makes the display so impressive are the countries represented: Brazil, Bulgaria, Columbia, Switzerland, Tunisia, Turkey and more. The U.S. flag towers above them all, and the school's Seahawks' flag also is in the mix. Northwood University, a premier business school that originated in Michigan, long has drawn students from all over the world. It partners with educational institutions in Switzerland to promote degree completion for international students and study-abroad opportunities for local students. Those attending the

school come from Puerto Rico, the Virgin Islands and 46 other countries. The top countries of student origin include Canada, China, Germany, Sweden and the United Kingdom. northwood.edu

BEST PLACE TO ENJOY LUNCH

>> PGA Commons

PGA Commons is a distinct dining and shopping center conveniently located along the south side of PGA Boulevard in Palm Beach Gardens between I-95 and Florida's Turnpike. "Restaurant Row" at PGA Commons gives you seven reasons (restaurants) to dine there for lunch. From Pad Thai to salads, sandwiches and pastas, they have something for every craving. The restaurants are: Kabuki Sushi-Thai-Tapas, Panera Bread, Prosecco Café, Rocco's Tacos & Tequila Bar, Spoto's Oyster Bar, The Cooper (opening May 19), and Vic & Angelo's. Stroll along Restaurant Row and enjoy some of the finest cuisine the Palm Beaches have to offer. 5100 PGA Blvd., Palm Beach Gardens; 630-8630; pgacommons.com



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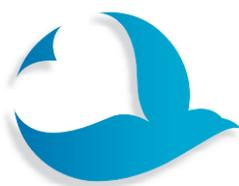
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BEST HUSBAND-WIFE LUXURY REAL ESTATE TEAM

>> Craig Bretzlaff and Heather Bretzlaff

Husband-wife Craig Bretzlaff and Heather Bretzlaff are the Bretzlaff Team at the Corcoran Group Real Estate. Their passion is luxury real estate. Craig is a former PGA Golf Professional, who fully knows and understands the intricacies of private clubs and membership at an unparalleled level. This experience and understanding is invaluable when introducing his clients to the finest private club communities in South Florida. Heather is a licensed General Contractor and Top producer in the luxury market. Growing up in Palm Beach Gardens with an award-winning luxury homebuilder as a father, Heather knows the luxury market. Her insight and knowledge of the marketplace combined with her keen sense for market values supports her proven success in real estate for more than 20 years.



They’re top producers, proving that working together and being a married couple can pay off. Craig.bretzlaff@corcoran.com; heather.bretzlaff@corcoran.com

BEST CITYPLACE PLAYGROUND

>> Revolutions

A sophisticated playground for both children and adults, Revolutions has exploded at CityPlace in West Palm Beach with more than 20 lanes of sexy-chic bowling, a room full of boardwalk games that are far from honky-tonk and a deejay booth that overlooks a behind-the-bar stage. An impressive sports-book-style stadium, an exclusive VIP lounge and concierge services make the Revolutions the “best luxury-entertainment experience” in the county, boasts sales manager Michael Iddis. With both indoor and outdoor bars, a sleek lobby with über-modern lighting, billiard tables, a video arcade and 54 big-screen televisions, Iddis might be right. The joint offers 35,000 square feet of fun, fresh American fare, live music and special-occasion and corporate party planning; 203-6188.



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BEST NEW WATERSIDE DEVELOPMENT

>> Harbourside Place

Harbourside Place, on the Intracoastal at Indiantown Road at U.S. 1 in Jupiter, features a 14,000-square-foot waterfront amphitheater; a 4,050 square foot rooftop plaza overlooking the amphitheater; a 4-Star Wyndham Grand with about 11,000 square feet of ballroom space, 31 marina slips and a host of high-end retail stores and restaurants. Water taxis will ferry folks all over. Developers are hoping it will become Jupiter's newest downtown. Harboursidejupiter.com

BEST PICKLES

>> Park Avenue BBQ & Grille

It's Friday night, you've eaten mostly healthy all week, hit the gym five days straight, and now can't wait to feast on the juiciest, most flavorful ribs in Palm Beach. Naturally you turn into Park Avenue BBQ & Grille — the obvious choice for the best barbecue. You sit at your table, tuck your napkin into your collar... and order pickles? That's right ... not only is Park Avenue the best barbecue in town, the restaurant can now boast the



best pickles in town too, thanks to owner Dean Lavallee's vision of turning food waste into soil to produce locally grown vegetables bursting with flavor. Take Park Avenue's Hotties. Upon first bite, they're sweet and then gradually as you chew, they light up your taste buds with a subtle hint of fire. But the pickles are just the beginning ... Lavallee is working around the clock on his worm farm creating new ways to use old things. From produce to tableware, nothing at Park Avenue BBQ & Grill goes to waste. The vision: a relaxed atmosphere where you can eat local, fresh, natural foods at an affordable price while enjoying the most succulent flavors in barbecue. Visit one of his eight locations in North Palm Beach, West Palm Beach, Wellington, Tequesta, Boynton Beach, Boca Raton and Stuart. For addresses, menu and contact information, see pabbqgrille.com

BEST HOME CARE FOR LOVED ONES

>> Home Care Assistance

Though Drew Barrymore and Adam Sandler can make memory loss look cute through a series of 'first dates,' the reality is that if a loved one has ever suffered with dementia, there's not always much to laugh about. Home Care Assistance wants to prevent that struggle by developing personalized care plans to meet their individual client's needs, goals and preferences. Based on the latest research that mental stimulation is associated with slower cognitive decline, the non-pharmacological, activity-based Cognitive Therapeutics Method was developed. The



Method currently includes more than 20 activities to target one of the five primary domains of the mind: problem solving ability, attention span, speech, visual-spatial perception and memory. Home Care Assistance not only improves their clients' mental acuity, but also their overall quality of life, in the comfort of their very own home. 1201 U.S. Highway 1, Suite 8, North Palm Beach. 429-8292; homecareassistance.com.

BEST VIEW FROM A CONDO

>> Water Glades on Singer Island

The trio of towers that serves as the southernmost anchor to Singer Island's stretch of beachfront condominiums has perspectives other concrete tallboys don't. Each building at Water Glades sits on an angle, providing unit owners with maxed-out views of the ocean and Intracoastal Waterway. While both bodies of water are standard-issue for most condominiums in the county, Water Glades has a third: the tide-sensitive estuary at John D. MacArthur Beach State Park, to the north. As the last development before the park begins, Water Glades looks less into the shadows of neighboring buildings and instead offers a tableau of sunrises, sunsets, natural beach and — with a pair of binoculars — wading waterbirds. Watergladescondo.com



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BEST ‘LAPTOP HOBO’ HANG

>> Grand Court at The Gardens Mall

When the Easter bunny and Santa Claus are not holding holiday court in the expansive space outside Macy’s in The Gardens Mall in Palm Beach Gardens, shoppers can take a break from searching for that perfect pair of shoes, summer swimsuit or designer hand-

bag by hanging out in the aptly named Grant Court. Starbucks is nearby, tables and chairs are plentiful and well-spaced, and wireless-Internet service is available, making the air-conditioned area a great place to plunk down with a laptop. The food court beckons a short distance away on the second floor, and there are restrooms down by Sears, giving the so-called “laptop hobo” all the comforts of home — with a bonus: people-watching. thegardensmall.com

BEST BLOWDRY SALON

>> AIRBAR

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ship through a commitment to the principles of trust, integrity and innovative thinking.

Visit Illustrated Properties Corporate office at 2725 PGA Boulevard, Palm Beach Gardens, or call 776-4557. See Ipre.com for all 21 office locations and contact information.

BEST CHURCH SIGN

>> Lighthouse Church, North Palm Beach

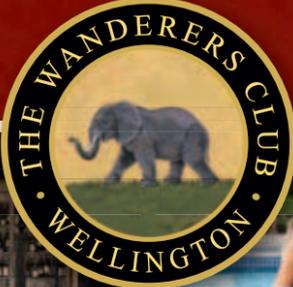
We appreciate the wit, whimsy and spirit behind the signs at Lighthouse Church, even if they did stir up controversy last December with a sign that read, "Christmas — Easier to spell than Hanukkah." Other signs have played off baseball, football and religion, all with equal aplomb. Another favorite: "Prevent Truth Decay — Brush Up on Your Bible!" Lighthouse Church, 757 Lighthouse Drive (at Prosperity Farms Road), North Palm Beach; 622-7440 or lbcnpb.org



BEST BOUNCING WORKOUT

>> Fitness by D-Zyne

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BEST INTIMATE SPOT

>> Studio at Ann Norton Sculpture Gardens

Ann Norton's studio is a sacred spot at the sculpture gardens that bear her name. The high-ceilinged studio, tucked into the northwest corner of the property, is filled with her maquettes and unfinished works. A cabinet holds her tools, which look as though she just left them there.

It's a quiet and calm space, perfect for reflecting on how art is something bigger than all of us. The Ann Norton Sculpture Gardens are at 253 Barcelona Road, West Palm Beach; 832-5328 or ansg.org.

BEST USE OF A PIANO

>> Kretzer Piano Music Foundation's Keys to the Cities

Artists decorated 20 or so pianos that were placed in public spaces throughout Palm Beach County in a special marriage of visual art and music. The idea was to encourage people to sit down and create music in public.

Kathi Kretzer, the woman behind the foundation, is a visionary, because after the event, the pianos were dispersed to local children's charities and community organizations so the music could continue; kretzerpiano.com.



BEST ARTS ADMINISTRATOR

>> Rena Blades, president and CEO of the Cultural Council of Palm Beach County

In the decade since she took over at the Cultural Council, Ms. Blades has given the arts umbrella group a focus that it previously lacked.

Now, at its headquarters in downtown Lake Worth,

it provides a meeting space for arts organizations, as well as exhibition space for local artists, with such creative shows as the recent "Florida Room" and the current "Art Outside the Walls: En Plein Air." She is known for having a ready ear and down-to-earth advice for the area's cultural groups. The Cultural Council of Palm Beach County is at 601 Lake Ave., downtown Lake Worth; 471-2901 or palmbeachculture.com.



BEST VISION FOR A CULTURAL INSTITUTION

>> Norton Museum of Art

For nearly 70 years, the Norton Museum had quietly built an impressive collection and a reputation for creating quality exhibitions, but it had not built a reputation for welcoming the public.

All that has changed over the past few years under the guidance of its director,



Hope Alswang, who is leading the effort to make the museum more accessible. A master plan unveiled last year would reorient the museum's entrance to Dixie Highway, and nearly double gallery space. Historic bungalows that line the southern border of the museum would be integrated into the 6.3-acre campus as housing for the director and visiting artists, studios and research facilities. 1451 S. Olive Ave., West Palm Beach; 832-5196 or norton.org.

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741 Turtle Beach	SOLD*	Lost Tree Village	\$4.75M
7862 Old Marsh Road	SOLD	Old Marsh Golf Club	\$3.85M
7790 Old Marsh Road	SOLD	Old Marsh Golf Club	\$1.895M
12881 Brynwood	SOLD*	Old Marsh Golf Club	\$1.794M
133 Echo Drive	SOLD*	The Loxahatchee Club	\$1.19M
1073 Morse Blvd	SOLD*	Singer Island	\$839K
1401-S	UNDER CONTRACT*	Water Club	\$1.649M

Current Available Listings...



4+ ACRES OCEANFRONT

JUPITER ISLAND | \$11.495M



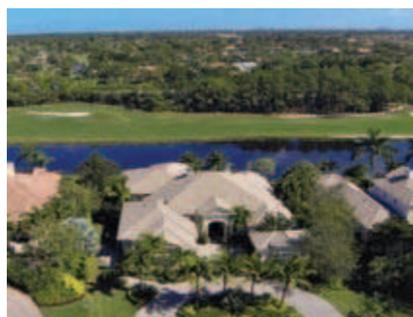
NEW OFFERING

RANCH COLONY ESTATES | \$4.65M



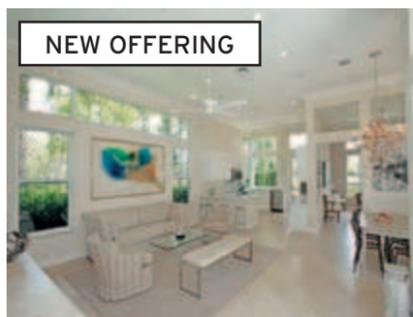
NEW OFFERING

OLD MARSH GOLF CLUB | \$3.195M



OLD MARSH GOLF CLUB | \$2.35M

*Represented the buyer



NEW OFFERING

OLD MARSH GOLF CLUB | \$1.375M



BREAKERS WEST | \$1.225M

What Our Clients Are Saying...

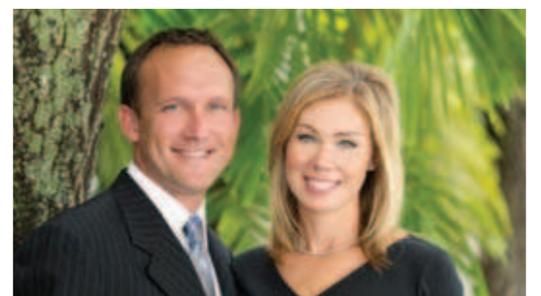
"I hope it will be years before we purchase another home but should we be in the market to buy or sell, the 1st call will be to Heather & Craig Bretzlaff. I have referred them to many of my friends and their experience has mirrored ours. I could not recommend them highly enough."

Chuck and Brenda McGarrity

"Heather has proved to be an invaluable asset in the marketing and sale of my properties in Old Marsh Golf Club and Mirasol Country Club. She found the perfect buyers and the deals were seamless. I plan on using her and Craig in any future real estate dealings I have."

Linda Culligan

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BEST OF THE PHILANTHROPISTS

>> Milton and Tamar Maltz and Roe Green

These patrons of the arts, who hail from Cleveland, have turned the northern Palm Beach County cultural scene on its head. Mr. and Mrs. Maltz have transformed the Maltz Jupiter Theatre into an institution that has received international attention. Ms. Green's recent gift of \$1.5 million enabled the theater to build out its space and enhance its income stream. The three also have been supporters of the Cultural Council of Palm Beach County, Florida Atlantic University and Palm Beach Dramaworks, among others.

BEST DANCE STUDIO

>> Florida School for Dance Education

Florida School for Dance Education, located in Palm Beach Gardens, is turning out the area's best dancers — pun intended. The studio's children's, student, and pre-professional programs are taught by the area's best teachers, dedicated to training dancers for

their futures, whatever that might be. The studio also offers Pilates, fitness training, and a variety of open and exercise classes for those interested in recreational dancing. 4100 PGA Blvd., Palm Beach Gardens; 627-9708; floridaschoolfordanceeducation.com.



BEST PLACE FOR A SONG AND A DANCE

>> Duncan Theatre

Each year, Mark Alexander and his team at the Duncan Theatre put together an amazing program of cutting-edge dance and classical music.

This past season alone brought Koresh and Paul Taylor dance companies and Pilobolus, plus music by pianist Conrad Tao, Amernet String Quartet and the Gould Piano Trio.

The popular music was diverse as well, with concerts by jazz master Kurt Elling, Women of Ireland, William Close & The Earth Collective and Jesse Cook. That only whets our appetites for next season. The Duncan Theatre is at Palm Beach State College, 4200 Congress Ave., Lake Worth; 868-3309 or duncantheatre.org.



BEST PLACE TO STYLE YOUR HOME OR BUSINESS

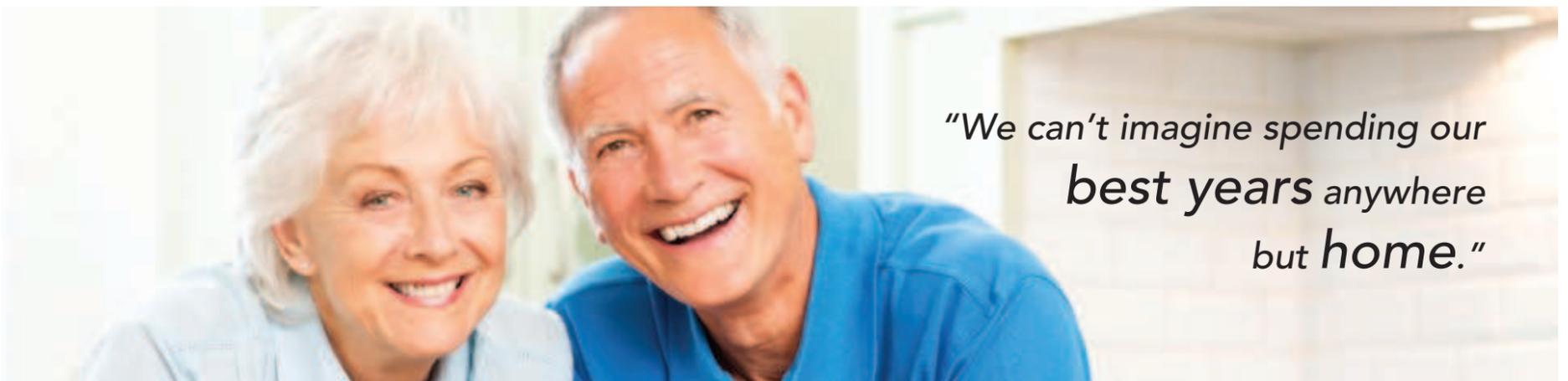
>> Aqua Home & Design

After years of designing environments and showpieces for the area's top builders and homeowners, Aqua Home has opened a retail space offering objects and furnishings that will inspire homeowners to take their decors to the next level. Find the perfect accessory or two, or engage Aqua Home to do full architectural design services, from a free consultation to full-scale demolition and construction plans and construction administration. Midtown, 4747 PGA Blvd., Palm Beach Gardens; 630-8090 or aquahomeinteriors.com.

BEST PLACE TO DISCOVER A TREASURE

>> True Treasures

Owner Elena Johnson is known for her discriminating taste — after all, the store's flagship at Crystal Tree Plaza recently was a destination for the furniture from Oprah Winfrey's home. But Mrs. Johnson also manages an inventory of fine art, china, antiques and other accessories, all elegantly displayed like the treasures they are. Two locations: Crystal Tree Plaza, 1201 U.S. Highway 1, Suite 15, North Palm Beach, 625-9569; 3926 Northlake Blvd., Palm Beach Gardens; 694-2812 or truetreasuresinc.com.



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Darlene Love: The Christmas Special
Tuesday, December 9, 2014

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Wednesday, March 18, 2015

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BEST BEACH BOARDWALK

>> John D. MacArthur Beach State Park

The quarter-mile-long boardwalk that spans a wild-life-laden estuary at John D. MacArthur Beach State Park in North Palm Beach offers glimpses into the natural habitat of some of Florida's most revered species, including manatees and roseate spoonbills, and that's before pedestrians reach the pristine, two-mile-long stretch of sand and dune. A tram operated by park volunteers makes several trips daily across the boardwalk for those who are unable (or don't want) to make the trip by foot. Oftentimes, the tram driver will stop and point out waterbirds, mammals and fish seen along the way. The boardwalk is outfitted with informational placards, benches and sunshades and is tall enough for kayakers to pass under — even during high tide. macarthurbeach.org

BEST GUY TO HAVE YOUR BACK

>> Dr. Michael Papa

When Dr. Papa began serving the Palm Beach County community in 1989, he implemented an innovative gentle approach to chiropractic care and physical therapy and has built on that foundation for 25 years. His multidisciplinary practice offers a combination of health care, chiropractic care, complementary therapies and state-of-the-art diagnostic testing that enhances his ability to treat each patient's individual needs, bringing lasting resolutions to



their health concerns. Jupiter West Medical Center Physical Therapy, 2632 W. Indiantown Road, Jupiter, 744-7373 and 9089 N. Military Trail, Palm Beach Gardens; 630-9598 or papachiro.com.

BEST PLACE FOR A TASTE OF NEW ENGLAND

>> Chowder Heads

Chowder Heads offers fresh seafood dishes created to delight any appetite, from farm-raised salmon, to live Maine lobsters, New England classic clams and oysters.

The restaurant literally brings the ocean to your table, flying in live Maine lobsters every other day, and offering a comforting selection of award-winning chowders and bisques. It's growing, too. Look for a second location to open this year on Okeechobee Boulevard in West Palm Beach. Driftwood Plaza, 2123 S. U.S. Highway 1, Jupiter; 203-2903 or chowderhead-susa.com.





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BEST FAMILY BUSINESS

>> Schumacher Lake Park and Schumacher West Palm Beach

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BEST PLACE FOR COMPASSIONATE CARE

>> Hospice of Palm Beach County and Broward County

Hospice is not about dying, but rather about living life in comfort and with dignity.

It's not just about the patient, either.

Hospice of Palm Beach County and Broward County offers holistic care and support for the entire family that is designed to improve physical, psychological and spiritual well-being, whether at a patient's home, assisted living or nursing facility or one of Hospice of Palm Beach County and Broward County's facilities. 300 East Ave., West Palm Beach; 848-5200 or hpbc.com.



BEST PLACE TO SEE A SHOW

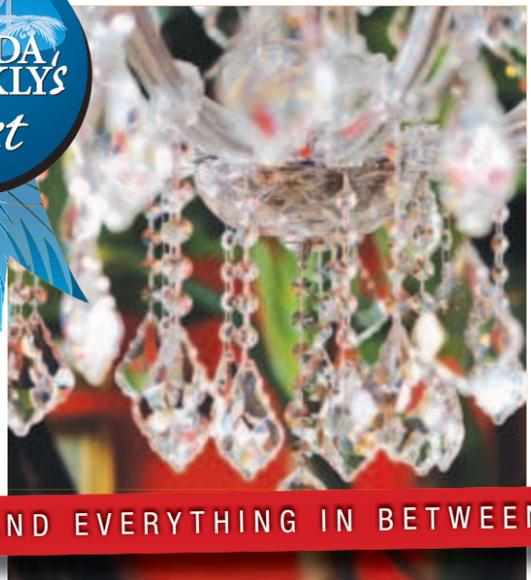
>> The Kravis Center for the Performing Arts

The Kravis Center's mission is to enhance the quality of life in Palm Beach County by presenting a diverse schedule of national and international performing artists and companies of the highest quality. The Kravis Center also fosters arts education by offering comprehensive educational and community

outreach programs. Approximately 550 performances take place at the Kravis Center each season with performance attendance of more than 500,000. To date, the center has hosted more than 2 million school-children and hundreds community groups. This season, the Kravis Center offered a dynamic and varied schedule of performances from classical to cutting-edge, including ballet, pop, jazz, Broadway, opera and more. 701 Okeechobee Blvd., West Palm Beach; 832-7469 or Kravis.org.







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BEST PLACE TO EAT WITH YOUR EYES

>> Aah Loi Thai and Sushi

Chef Roy Villacrusis could be an artist elsewhere — but he has everyone around beat with his beautiful food. The bonus is it's delicious as well. Unique dishes fall under his Asiatic cuisine umbrella — we favor the ise ebi maki — a steamed lobster in kimchee sauce, with tobiko, masago, shiso peppers and pickled ginger aioli. But whatever his special of the day is, try it. The list is lengthy for sushi and sashimi — and if you can't decide, there's always the Omakase tasting — let the chef design it all.

Thai cuisine here is from another favorite — Talay Thai from Charlie Soo of Palm Beach Gardens. 3755 Military Trail, Jupiter; 748-5201

BEST PLACE YOU SHOULDN'T FORGET ABOUT

>> West Palm Beach's Northwood Village

In West Palm Beach, you have to travel north from downtown to Northwood Village, the city's version of SoHo. It's hip, with a lively restaurant scene, thanks to such mainstays at Sunset Grill and Café Centro, as well as such newer spots as O-bo, Garage, Malakor Thai, Relish, This Is It Café, Bistro Bistrot Bakery and Harold's Coffee Lounge. The art galleries and antiques shops offer plenty of options for shopping as well. 822-1551 or wpb.org/northwood.

BEST AT RECYCLING PRETTY MUCH EVERYTHING

Gulfstream Goodwill Industries Inc.

Gulfstream Goodwill Industries is inherently environmentally friendly. When people donate their used goods to Goodwill, it keeps unwanted items out of landfills and prevents the production of unnecessary new materials.

The GoodGeeks Computer Refurbishing department reconditions donated computers to manufacturer specifications and industry standards to be like-new condition for resale. They are sold in most of the Gulfstream Goodwill stores at a reduced rate giving individuals and families an opportunity to add a computer to their daily lives. Some say Goodwill is the original "Green" company because it recycles, renews and



reuses nearly all of the donated items given to Goodwill on a yearly basis. Goodwill's entire philosophy is centered around donating gently used items for sale in the thrift stores and then using the revenue to fund programs and services to assist people with disabilities and other barriers to employment to become self-sufficient, working members of our community. Gulfstreamgoodwill.com

BEST BAR TO WAIT FOR A TABLE

>> Maxi's Line-Up

Sure, you can wait on the benches outside of Little Moir's Food Shack for a table. Especially in season expect an hour-long wait for a spot of one of a few tables. Instead, stroll next door to Maxi's Line-Up after putting in your name. The two are connected through an archway.

At the long snaking bar or tables along the wall you can grab a craft brew and nibble a bite while you wait, and get in on the entertainment. There's live music every night — bands like Crazy Fingers, the Seagrape Souljahs, The Helmsmen and Future Prezidents among them. Lulls have karaoke or good house tunes, too., 103 S. U.S. 1, Jupiter; 741-3626; littlemoirs.com



Goodwill

Gulfstream Goodwill Industries, Inc.



Retail Stores

Boynton Beach
9764-2 S. Military Trail, 33437
(561) 740-4407

Greenacres/Woodbridge
6601 Forest Hill Blvd, 33413
(561) 964-5841

Greenacres/Woodlake
5821 Lake Worth Rd, 33463
(561) 967-5525

Jupiter Super Store
1280 W. Indiantown Rd, 33458
(561) 748-6614

Palm Beach Boutique/Embassy
210 Sunset Ave, 33480
(561) 832-8199

Palm Beach Gardens Boutique
4224 Northlake Blvd, 33410
(561) 622-2910

Riviera Beach
3500 Broadway, 33404
(561) 842-9112

Royal Palm Beach
9920 Belvedere Rd, 33411
(561) 784-2830

West Palm Beach/Pine Trail
1837 N. Military Trail, 33409
(561) 478-8824

West Palm Beach/South Dixie
5400 S. Dixie Hwy, 33405
(561) 832-8893

Express Donation Centers

Boynton Beach
9764-2 S. Military Trail, 33436

Boynton Beach
3499 West Woolbright Rd, 33436

Lake Worth
7577 Lake Worth Rd, 33467

Palm Springs
1676 South Congress Ave, 33461

Royal Palm Beach
1104 Royal Palm Beach Blvd, 33411

Royal Palm Beach
11997 Southern Blvd, 33411

Wellington
1925 Birkdale Dr, 33414

West Palm Beach
4085 N. Haverhill Rd, Ste C5, 33417

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www.gulfstreamgoodwill.com



BEST PLACE TO BEAT THE CLOCK

>> Jupiter Donut Factory

Set your alarm on Saturday morning for cock-a-doodle-thirty. It's the only way you'll get a hot, tasty donut from this dream donut spot in Jupiter. Folks line up to get the red velvet and cream cheese donuts, a maple bar with bacon sprinkles, a Boston cream oozing custard, or the chocolate donuts glazed with more chocolate. Or any number of daily specials. We're told they have great breakfast sandwiches, too, but we can't get past those delicious rings of goodness. But do go early and take cash if you're only eating one or two — they have a minimum credit card purchase. 141 Center St., Jupiter; 741-5290

BEST PLACE TO TRY LIONFISH

>> LEFTOVER'S CAFE

Lionfish? That poison-barbed weird predator taking over our reefs — on a menu? Yes, indeed. Leftover's serves it up not only as a service to the environment but as a pretty good eater, too. Turns out the flesh is mild and flaky — just what most diners want. There's no poison in the flesh and once cleaned, it can be dished up in a number of ways. But if lionfish isn't your thing, try Pompano, cobia, triple-tail and any number of local fishes not found on everybody's menus. It's a fish-a-copia here — they know their seafood. 451 University Blvd., Jupiter; 627-6030

BEST PLACE TO GET GAS AND FOOD

>> Tandoor and Curry in the Chevron

So you usually are picking up cashews and Ho-Hos or chips and a slushy. Swing next door at this Chevron station into Tandoor and Curry and get some real food — real tasty Indian food. It's to-go or sit-down, but either way, you're in for a flavorful stop. For quickies, we recommend the vegetable samosa — only a buck. The shrimp-coconut curry is delish, but if you want more traditional, they offer goat Karahi. Chicken tikka masala, butter chicken and a number of paneers and daal dishes are dished up by the friendly owners and staff — chat them up for more info on the dishes and suggestions for a great meal. Nothing on the menu's nearly as expensive as the gas, either. 1730 S. Military Trail, West Palm Beach; 357-9100; tandoorcurry.com

BEST PLACE TO LEARN HOW TO PRONOUNCE PHO

>> Vietnamese Express Café

In their new location, Vietnamese Express Café has

a bigger and more open dining room. They still do take-out, of course. It does take a bit of time for the pho to come out, but diners looking for an authentic version of the rich, fresh-vegetable and meat soup can't do much better. Bowls full of sprouts, green onions, cilantro and cellophane rice noodles are ladled with the hot broth — pork or beef, tofu or chicken. It's a steamy meal-for-two in a bowl that will clear up whatever ails you. Don't miss the spring rolls here, either. And by the way, it's pronounced "fah" with a slight "r" at the end. 421 Northlake Blvd., North Palm Beach; 841-1313; vietnameexpresscafe.com

BEST \$6.99 WAY TO BLOW A DIET

>> A shake from Relish

Skip the burgers, however tempting. Go straight to Fall Off the Diet Wagon with their hand-crafted milkshakes. It's a guarantee you'll return because you can't settle on just one flavor....too bad they don't offer a shake sampler. Bananas Foster is among our top five favorites, but the Espresso bean, and Salted Caramel rate. Heaven in a frosty cup. Chocolate truffle, carrot cake (a shake of the month selection) and Key lime pie rank right up there. Would be nice to take one home, but they probably won't last out of the parking lot. 401 Northwood Road, West Palm Beach; 629-5377; relishburger.com





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BEST PLACE TO ORDER IN FRENCH

>> Paris in Town Le Bistro

With the carousel right outside and charming lighting indoors, you could almost envision yourself near the Arc de Triomphe at Paris in Town.

Steak au poivre, bread and cheese with wines, escargot, proper soupe a l'oignon, and a café au lait — what's more French?

When to go? After work for a glass of vino with cheese at the bar, or for brunch on the weekend, or salad during the week with ladies who lunch.

At their sister café on U.S. 1 in Palm Beach Gardens you can get a café au lait and croissant for breakfast from their bakery case, or pick up a gourmet sandwich. 11701 Lake Victoria Gardens Avenue (Downtown at the Gardens), Suite 2203; 561-340-1600; parisintown-bistro.com

BEST PLACE TO HAVE EGGS WITH A KING

>> Old Dixie Cafe

Diners are meant to have a friendly, down-home atmosphere no matter where home is — this one is no exception. Along with hash browns and eggs and the requisite Belgian waffles and egg salad sandwiches, you can take in the antique funk the friendly owners collect.

Locals meet here so there's a lot of "hi ya" and tablehopping going on. Elvis and his contemporaries is the preferred soundtrack — his be-bop goes along with the classic cars from the sock-hop era the owners also collect. Look for old car gatherings in the parking lot on some weekends; call if you want a schedule. 300 N. Dixie Highway, Jupiter; 747-2952

BEST HANGOVER CURE

>> Southern Kitchen's chili-cheese omelet

OK, so you don't admit to a hangover. Whatever it is that has your sorry butt dragging in for breakfast at 1 p.m. on a Sunday needs the chili-cheese omelet here.

Made with three eggs and a whole mess of chili with beans, onions, cheese and a side of potatoes — this is the cure-all. A wealth of other breakfast and lunch specials exist but probably won't work as well.

Weekends see a wait here — it's a popular locals spot. Don't forget to feed the meters, by the way — they are enforced. Southern Kitchen, 801 U.S. 1, Lake Park; 844-1735

BEST SPOT TO DRINK IN HISTORY

>> HMF at the Breakers

The class and culture of this grand old dame hotel and resort is back — at HMF. They tout "glamour is back" — and they're spot on. Gatsby would fit right in here. Classic hand-crafted cocktails paired with smart plates that are more than just trends, but foods created to match the alcohol make this a winner of a happy hour or after-hour place. You can make a meal of it, definitely — just dress a bit, bring friends and plan to socialize.

Make a silent toast to Henry Morrison Flagler, the godfather of the place. (P.S. Don't miss their "Rules and Rituals" on their website.) HMF at The Breakers, 1 S. County Road, Palm Beach; 290-0104; hmfpalmbeach.com



BEST PLACE TO WATCH A SUNSET

>> Arthur Marshall Loxahatchee National Wildlife Refuge

An extension of the Everglades, the preserve is a view into the River of Grass. A boardwalk loops through a stand of cypress trees near the Visitor's Center, and there are a number of trails to set up a camera to capture the sunset over the wetlands. There's a 12-mile bike trail on the levee along the canal.

Canoes, kayaks and bikes are available for rent here; go early in the day or at dusk for best wildlife views. 10216 Lee Road, Boynton Beach

BEST PLACE TO TRAIN FOR A TRIATHLON

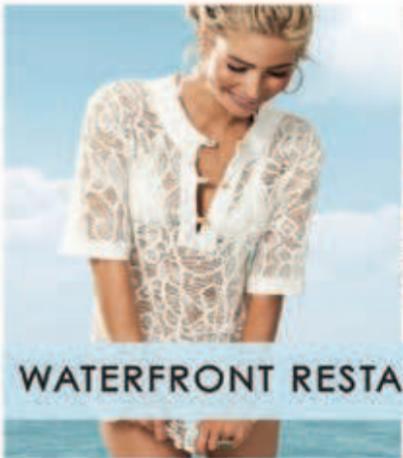
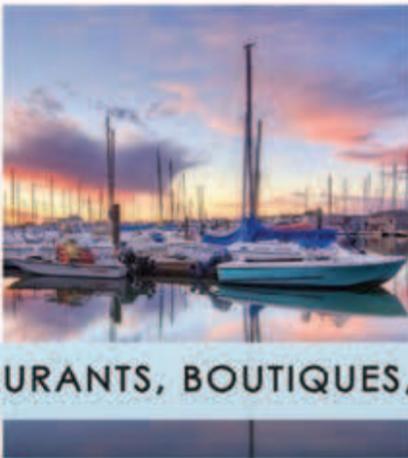
>> On Your Mark Performance Center

They don't just fix and sell bikes and competition gear for running and cycling at On Your Mark; they walk the walk — or the run, bike and swim. Matt and Julie Goforth, owners, are big-time competitors in the triathlon and bike competitions statewide and elsewhere.

They can point you in the right direction — or invite you along for a training ride. Friendly and knowledgeable, they're a competitor's edge.

They have information on many of the contests upcoming and can teach newcomers how to ease into competition — a smart plan. 819 N. Federal Highway, Lake Park; 842-2453; oymbike.com




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BEST PLACE TO FIND THAT RARE COLTRANE ALBUM

>> Confusion Records

It's confusing, for sure, in this temple to vinyl that is Confusion Records — packed as it is like a seed in grape.

Finding that jewel may seem daunting till you merely ask — nicely will get you far — for what you're trying to track down. The owner is brilliant at his stash. Rare discs, novelties and everything in between are here — some in pristine condition. You can get lost for days in the racks, since artist leads to another. Can't find it this trip? Leave your wish-list for John and he'll keep a sharp eye out. 848 Park Ave., Lake Park; 848-1882

BEST PLACE TO GET TASSELS AND HORNS FOR YOUR DAUGHTER'S BIKE

>> Lake Park Bicycles

It's not a law bike shop owners have to be friendly, but it's a welcome relief when you have a kid crying over a popped tire and need a fast fix.

Tony the service guy is your man. He bought the family-owned bike shop — the oldest in the county at 40+ years — a few years ago.

He does custom work, too — adds pink baskets, pink wheels and tassels, if that's your pleasure.

They sell, rent and service all bikes here — and "emergency" flat fixes can be in less than an hour (if they're not slammed with pink basket emergencies). 1438 10th St., Lake Park; 842-0303

BEST PLACE TO ACT LIKE A BRIT

>> Serenity Garden Tea House

You've got to feel as though you're in Merry Ol' when here — surrounded by teapots, tablecloths and scones with true lemon curd.

Afternoon tea — the kind Americans call the more pretentious sounding High Tea — with clotted cream is served for groups or parties who reserve. Otherwise, it's a perfectly civil spot for a cuppa and a bowl of house-made soup (a specialty), sandwiches and salads. Plenty of finger-type pastries desserts are on tap. If the owner is actually from Ireland, we won't tell. 316 Vallette Way, West Palm Beach; 655-3911

BEST PLACE TO GET YOUR IRISH UP

>> Paddy Mac's

If it's a shepherd's pie and a pull of Guinness you'll be wantin', it's Paddy Mac's for sure. The real deal, Paddy Mac's is now an institution in the Gardens — even with ex-owner Ken Wade now a consultant for new owners — long-time patrons who are keeping it intact.

No need to change the friendly bar and tiny corner set aside for the golfers who come in to brag, or the stage area where Irish and local favorite bands perform. Plenty of Irish and American fare and cold beers and a good whisky list meet expectations of locals and tourists — even those from Erie. 10971 N. Military Trail, Palm Beach Gardens; 691-4366; paddymacsrestaurant.com



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13951 U.S. Highway One, Juno Beach; 11025 RCA Center Drive, Palm Beach Gardens; anchorcommercialbank.com

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BEST PLACE FOR A CUPPA JOE AT SUNRISE

>> Juno Beach pier

Thank you, Loggerhead Marinelife Center, for taking over the concession at this pier. Now served: Oceana Coffee — a local roaster that puts out great brews. Go on now — make the pier a ritual. Get a cup of coffee at sun-up and enjoy the view — knowing tourists pay thousands to visit — and it's yours for the price of coffee. You'll want to take a camera — or not. Sometimes, it's best to have it all to yourself. 14776 A1A, Juno Beach; 799-0185

BEST CURE FOR THE SUMMER COLD

>> TooJay's chicken soup

There really is science to back up the chicken soup

for a cold theory. But we don't care — we just like chicken soup when we're sick. Two options: Chicken soup and noodles, or matzoh ball soup from TooJay's is the ticket. Whatever they do — and maybe we just don't want to know — it's right. It's soothing, comforting and makes us think it's full of healing powers. Whatever — it's delicious. Tip: Get some rye or rolls from their bakery to go along with it. Crackers are just meh. Toojays.com

BEST PLACE FOR STAYCATION CAMPING

>> KOA Campgrounds at Lion Country Safari

The lion sleeps tonight and you can, too, nearby — though you may hear them during the night. The KOA Campground at Lion Country Safari gets you a place to stay (there are three cabins if you need one), a hot shower and admission to the wild animal park. Spots for tent and RV camping are available,

along with a general store, heated swimming pool, play areas, laundry and picnic pavilions. Tip: The website features discount coupons. 2003 Lion Country Safari Road, Loxahatchee 793-1084; lioncountrysafari.com

BEST PLACE FOR A ROMANTIC DINNER UNDER THE STARS

>> Renato's

This long-time Italian favorite that opens onto a courtyard dripping in bougainvillea seems as though it were picked up off an Italian coastal side street and plopped here.

The doors to the inside dining room are flung open so outside comes in — and with the service too often missing today (read that: pros), it's where to go to feel a touch nostalgic. Romance is just in the air around here — evidenced by the number of engagements and anniversary dinners they serve. Food is classic and consistent — but the atmosphere pushes it to an experience, not just a meal. 87 Via Mizner, Palm Beach; renatospalmbeach.com



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BEST PLACE TO DITCH WHO YOU CAME WITH

>> Cabo Flats

Don't worry if that date doesn't work out here — there's plenty more to choose from. Cabo Flats is a meet-up market — there, we said it. But a happy one with good drinks, fun nibbles and a steady beat. Therein is the secret. It's so loud, you can say, "I'm leaving now," and maybe they'll hear, "I'm going to the bar for another drink."

The inside-outside bar is a plus, too. Move around a lot and nobody will notice when you aren't out or in. 11701 Lake Victoria Drive, Palm Beach Gardens (Downtown at the Gardens); caboflats.com

BEST BOAT LAUNCH TO HEAR 'HEY, WATCH THIS!'

>> Lake Park Marina on a Sunday afternoon

There are plenty of points for observation all around the Lake Park Marina, including their long fishing pier. Best spot for seeing how not to do things, sometimes, is at the boat launch.

Boaters coming back from nearby Peanut Island hit a time warp sometime after leaving, and forget how to back a boat trailer into the water or load a boat. It's

mostly amusing minor mishaps.

Some are a bit costly — those with outboard motors they fail to lift before hauling fall into this. There are numerous gouges in the ramp and some torn up motor shafts on more than a few boats around here.

On the last Friday night of the month, a Sunset Celebration is held harborside. Lake Park Marina, 105 Lake Shore Drive, Lake Park, lakeparkmarina.com

BEST PLACE TO ROCK — AND ROLL THE DICE

>> Island Breeze Casino boat

A completely remade ship now hauls gamblers and fun-seekers three miles into the Atlantic for a night of blackjack, poker, craps and roulette.

The Island Breeze set sail from the Port of Palm Beach a couple months ago, and now gives lunch and dinner cruises daily, weather permitting. There are 200 slots, mini Baccarat, live roulette, world-class poker and Palm Beach County's only Sportsbook gaming.

Full buffets are available, along with lounge foods and a sports bar. Port of Palm Beach, One E. 11 St., Riviera Beach; 410-7447; ibreezecasino.com

BEST PLACE TO LET THE TOTS RUN OUT THAT ENERGY

>> Burns Road Rec Center playground

Few playgrounds are as well outfitted as this one — with fake turf, too, so the tots can shed their rubber shoes and run free.

It's a totally fenced area with plenty of benches and a ton of kids — mostly 8 and under. A picnic area and water fountain are available, and in case of a bad boo-boo, the fire department is right across the street. Bathrooms are inside the rec center — where older kids can shoot hoops and take classes.

The pool is open for summertime swims, too — and kiddie pools are available here. Burns Road Community Center, 4044 Burns Road, Palm Beach Gardens; 630-1100



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BEST ALL-VOLUNTEER GROUP

>> Friends of Jupiter Beach

The beaches at Jupiter are dog-friendly — and it's thanks to the Friends of Jupiter Beach that they remain so.

The group of more than 4,000 volunteers has a beach-cleanup project monthly, and gives out thousands of doggie-poop bags every year. They volunteer as Ambassadors, telling visitors with dogs how to be on good beach behavior to ensure beaches stay cool for canines.

They've hauled tons of trash off the beach in their clean-ups, and sponsor fund raisers to pay for needed supplies.

One paid member coordinates the whole thing —

everything else is done by volunteers. Two paws up! 2188 Marcinski Road, Jupiter; 748-8140; friendsofjupiterbeach.org

BEST "COFFICE"

>> Barnes and Noble

Free wi-fi is no longer a guarantee of a great spot to work outside the house. A bookstore, though, with free wi-fi and a coffeeshop is a natural.

At Barnes and Noble, not only do you have reference material at your fingertips, you can relax in peace without a bunch of javaheads pouring brew all over you or hogging a place by the sugar bar.

Once you're charged up in the coffee area, you can move to a comfy seat somewhere quiet or in the book

department of your choice.

Reference staffers on hand — check! Just be kind and do order coffee. It's a bit much to show up with your own. The wi-fi and atmosphere are already free. 11380 Legacy Ave., Palm Beach Gardens; 625-3932; barnesandnoble.com

BEST PLACE FOR LADIES WHO LUNCH

>> Teapots and Treasures

A little like an eclectic aunt's parlor, if she lived back when they had parlors, but brighter — that's the vibe at Teapots and Treasures.

Serving loose teas, a variety of sandwiches and desserts, the 13-year-old spot has remained a favorite of ladies who lunch.

An adjoining store has the "treasures" in the shop for sale — as are most of the items in the small, cozy dining room.

For "princesses" — a children's birthday party can be booked here. 9339 Alternate A1A., North Palm Beach; 881-0447; teapotsandtreasures.com



Advertorial

Fresh New England Seafood

Savor all that New England has to offer right here in South Florida

How is it possible to get fresh New England seafood in South Florida that will make you believe you are sitting on the water in Bar Harbor? We found Chowder Heads restaurant on US Highway 1 in Jupiter, Florida. Owner Ed Wells has brought his love of New England seafood and a passion for superior customer service to this restaurant. We rate this as one of our top ten Florida finds. Clean, yummy food and a neat atmosphere.

We asked the cordial staff for recommendations on their menu. To our surprise Chowder Heads is more than meets the eye. They fly the seafood fresh from New England every other day. The recipes are 65 years old from Caron's in Salem MA. "It's about the seafood not about the sauces and gravies", Wells told us, and he was right!

We started with some Maine steamers and R.I. chowder, both were off the charts good. For our main course I had the Maine Lobster roll with slaw and Suzie had Ipswich fried clam platter with onion strings, both were fresh "Authentic New England Seafood" cooked to perfection. I loved the strings and the slaw, wow!

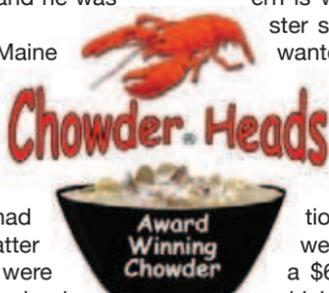
A quick search online reveals an agreement that Chowder Heads offers not only the freshest New England sea-



food in South Florida but also the authentic taste. A local blogger recently visited the restaurant and fondly wrote: "I had the Southern style lobster roll which is served warm in butter, Northern is where it's more of a lobster salad. It was everything I wanted it to be. The roll was packed with lobster meat and the bun was toasted with butter just the way I like it."

Their Jupiter location has Happy Hour each weekday from 3 to 6pm and a \$6.95 appetizer/bar menu which includes their award winning chowders. Daily seafood specials can be found in the restaurant or by visiting their Facebook page.

Their "soon to be Famous" Maine Lobster Bisque as well as all three of



their award winning clam chowders New England, Manhattan and Rhode Island (we thought the Rhode Island was unique and delicious) can be purchased from their on-site market inside the restaurant to take home. They have seafood salads, fresh shrimp, haddock, fresh steamers and scallops too. Having a party? They make awesome party platters too. Chef was making a lobster Platter when we were there. He put lobster claws all around the outside with lemons and cocktail sauce then lobster salad in the middle with those famous New England hot dog rolls buttered and ready for toasting at the customers

house. Yummy! Chowder Heads success since they opened their doors in 2012 had led them to a new second location which will be opening in July 2014 off Okeechobee Blvd in West Palm Beach, Florida. "The new location will leave guests feeling as though they've walked through the doors and entered Boothbay Harbor", said Wells. Add the romantic touch of dining under the stars... I can't wait! For more information or to view the menu visit their website www.ChowderHeadsUSA.com or call 561-203-2903. Have fun! Tony & Suzie on the road.



BEST PLACE TO GO ELECTRIC ON TWO WHEELS

>> 1-Stop Scooter Shop

Admit it: You've always wanted to go zipping along the beach on a scooter. Today, options for them include the electrics as well as gas, and electric bikes — popular with boaters.

A line called GIO Italian scooters are the hot electric ones — in a candy store of colors. The retro-looking Valentine Puma Cycle, gas-driven is sold in red and aqua and comes with nifty fenders. Beefier motorcycle-like scooters, the Motorinos, command the top prices.

Not sure if a scooter is for you? One- and two-seaters can be rented by the day or week (must be 16). 139 U.S. 1, Lake Park; 328-7346; 1stopscootershop.com

BEST PLACE TO TEST A PHONE

>> Earl Stewart Toyota

He put it out there several years ago in an ad: The buck and phone call stop with Earl Stewart personally.

The owner of the Toyota dealership in Lake Park put a phone in his dealership and more or less dared everyone to use it. His line: He is accessible to his customers constantly.

The guy keeps promises. If you dial the phone sitting front and center in the dealership, he'll answer. He's been known to get out of the shower to do so — it rings to his cell phone that's active 24/7.

Just ask the 3-year-old who recently tried it out. "Hello?" Earl Stewart, not only answered: "Earl Stewart," he tried a conversation. Realizing he had an underage driver on the line, he came out of his office to personally greet the young man and his family. 1215 U.S. 1, Lake Park; 844-3461; earlstewarttoyota.com



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BEST FLIP FLOP

>> Palm Beach Sandals

As the story goes, Jackie O. first made a splash with these flipflops at Easter service in Palm Beach, and now the expertly crafted shoe is symbolic of the area. Available in custom colors and with monograms, Palm Beach Sandals are an absolutely iconic sandal to step into. A complement to a woman's wardrobe,

really no matter the occasion, Palm Beach Sandals are never a flop. They're durable, classy, and you can really never own too many pairs. pbsandals.com

BEST TOTE BOARD

>> Turtle nest count board at Juno Beach

Want to know what the turtle season's like so far?

Just check the beachside blackboard that's visible as you drive along A1A in Jupiter south of Marcinski Road.

Sea turtle nests are spotted, marked and counted by volunteers who monitor the nests and help conservation groups keep tabs on the turtle nurseries.

March through October is turtle nesting season along our beaches — that's why there are no lights along the beach: they confuse baby turtles who are trying to follow the moon back to the sea. Don't dig where orange tape is present; take care to stay on marked paths along the beach dunes to avoid disturbing unmarked nests. On A1A south of Marcinski Park, Jupiter



BEST PLACE TO GET MOM BACK ON HER FEET

>> Medical Homecare Supply

It's tough to suddenly need a wheelchair or walker or a raised toilet seat — not exactly items you pick up at Target.

When a family member is incapacitated, however, this shop will be a best friend. With lift chairs, ramps, compression socks and accessories, cushions and pillows, it provides aid to those who need a hand in daily living and mobility. For those needing the items only temporarily, most are available for rent. 640 Northlake Blvd., North Palm Beach; 842-3708; medicalhomecare.com

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BEST PLACE TO GET LOST IN OLD FLORIDA ON TWO WHEELS

>> Riverbend Park

If you go early on a weekday morning, you have this park to yourself. Cycling through the canopies of sabal palm groves with cypress stands in the water alongside and herons stalking fish along the bank, you are transported to a Florida that's quickly vanishing.

You can hike as well, but there are more than 10 miles of shell-rock loops and trails to explore among the 665 acres, filled with flora and wildlife. It's open daily 'til sunset — the second best time to come.

Picnic tables and chickees are available for groups (reserve in advance); there are port-a-potties along

the way. The park is open to horses and riders as well, and there are bike, canoe and kayak rentals here.

Pack food, water and bug repellent, unplug your phone, and just be. 9060 W. Indiantown Road, Jupiter; 741-1359; pbcgov.com

BEST PLACE TO GO FOR A SUMMER REJUVENATION TREATMENT

>> Youthful Balance Medical Center

Weight-loss and vitamin treatments, along with

Juvederm are among treatments offered at the Youthful Balance Medical Center.

Dr. Angel Cuesta has more than 25 years in clinical experience in Anti-Aging, Preventative, Emergency and Urgent Care. A program of nutrition and fitness are integral parts of the center's care. It's the only medical team in the area doing PRP — the platelet-rich plasma treatment that uses a patient's own blood platelets to fight aging.

Spider-vein treatment (sclerotherapy), also is available, along with a number of other cosmetic and hormone procedures. 10887 N. Military Trail, Palm Beach Gardens; 537-0537; youthfulbalance.net



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BEST AQUARIUM DISPLAY FOR KIDS

>> South Florida Science Center and Aquarium

Any aquarium is fascinating for kids, but this is a huge display of aquatic creatures in several tanks — including the 3,500-gallon predator tank with sharks, eels and barracudas, among others.

Other tanks feature reef fish or crustaceans; still others have jellyfish floating in a mesmerizing display.

A seahorse corral fascinates the youngsters, and a touch-tank teaches kids how and when to interact with sea life.

Feedings are from 1 to 2 p.m. Tuesdays, Thursdays and Saturdays, and kids can pet alligators on Saturday at 2. South Florida Science Center and Aquarium, 4801 Dreher Trail N., West Palm Beach; 832-1988; sfsciencecenter.org

BEST MOM AT FRONT OF HOUSE

>> Lilly Soo at Talay Thai

“Let Mama Soo take care of you!” is how we’re greeted at Talay Thai.

Mama, Lilly Soo, is in charge of the dining room at the iconic Thai restaurant where her son Charlie helms the stove.

“She’s special,” he says of his mom. She sometimes drives him crazy, he says, but the love shows overwhelmingly.

She’s proud of her son’s elegant cuisine — always ranked highly among North County restaurants and packed in season.

If you go tip: Get her to show you the elephant paintings on the back wall. 7100 Fairway Drive, Palm Beach Gardens; 691-5662; talayonpaga.com





BEST PLACE TO GET A GROWLER FILLED

>> Tequesta Brewing Co.

Well, it's the only place to get a growler filled at the present time in North County. The state legislature has bills before it to change the laws preventing other spots from offering the special refillable bottle, but until it passes, only a few breweries offer the jug.

But get one (quart- or gallon-sized) at TBC and have it filled with Der Chancellor, Gnarly Barley, Terminally Ale or Julio's Weizen — or whatever else is on tap, fresh brewed that week.

It's a great spot to sit around and talk homebrewing, too — it's how everyone in the business got started at some point. 287 U.S. 1, Tequesta; 745-5000; tequesta-brewing.com

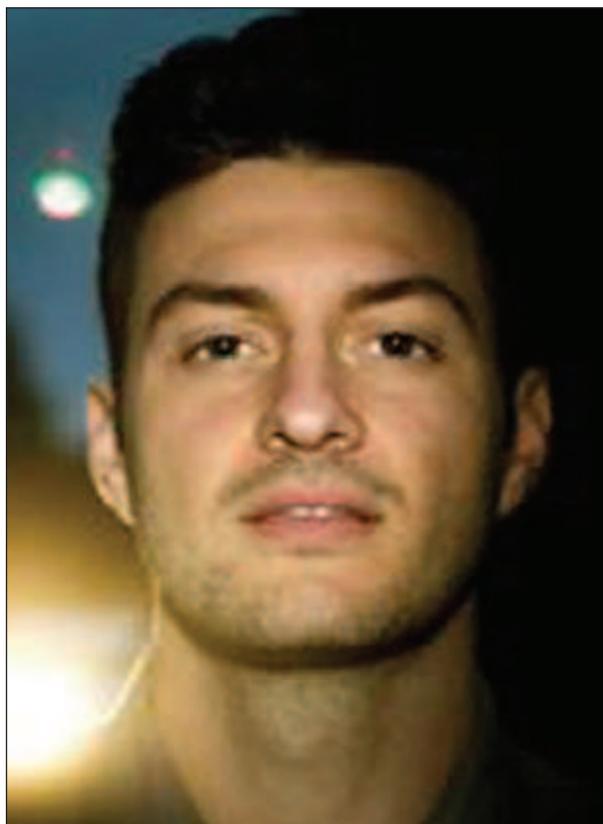


while sipping from a drink in your hand — so really it's a win-win. Hansen is young, professional, vibrant, and so talented. He's especially good at playing classic rock jams on the guitar, but before you know it, you're listening to a mash-up mix blending today's hits with the rock songs you know and love. Hansen knows how to read a crowd too, so no matter what, you know you're going to have fun.

BEST NEW ARTS EVENT

>> Annual Plein Air Festival

The Lighthouse ArtCenter brought together more than 30 juried artists for four days to paint at various locales throughout Palm Beach County, then awarded thousands of dollars in prizes. Other cultural organizations jumped onboard the plein air bandwagon this season — the Cultural Council's current exhibition highlights paintings from 10 county locales, and the Artists Association of Jupiter brought together 75 artists from around the country. What better way to highlight the sights of the county than through the eyes of artists?



BEST LOCAL MUSICIAN FOR A NIGHT OUT

>> Greg Hansen

You've seen him with regular gigs at Jumby Bay and other hot spots around town, and if you're watching guitarist/singer/songwriter Greg Hansen perform, you're probably also singing, dancing and clapping

BEST MISNAMED RESTAURANT

>> Hullabaloo

Despite sounding like someplace that you might drop off your pre-schooler to try the whole "square peg, round hole" thing, Hullabaloo is a fantastic place for adults to grab a bite. The creative menu that focuses on European dishes (from marrow bones to handmade pasta) has something for everyone, and the cocktails are creative and delicious (try the Nina Simone or the Ian Curtis). Hullabaloo offers indoor and outdoor seating, as well as a converted Airstream that can be reserved for groups. Way more fun overall than Lincoln Logs. 517 Clematis St., West Palm Beach — 833-1033

BEST YOUNG FRIENDS GROUP

>> Young Friends of the Norton

There are many worthwhile young-friend groups out there, but this one has attracted a solid following of 20- to 40-year-old do-gooders who want to make a difference, advocating for the visual arts. YFON membership begins at \$250 and includes a list of tangible benefits in addition to connecting Palm Beach County's who's who of up-and-comers.

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BEST HISTORIC SPOT

>> Jupiter Lighthouse

Perhaps no site in Palm Beach County is as iconic as the Jupiter Inlet Lighthouse and Museum — literally serving as a guiding light to the area since 1860. You’ve probably admired the lighthouse from land or sea, but have you ever stepped inside? Climbing its spiral staircase will leave you a little breathless, but it’s worth it for a view of the inlet.

There are indoor and outdoor exhibits on the grounds of the lighthouse

Prices are \$9 for adults, \$5 for children ages 6-18. Ages 5 and under and active U.S. military with ID are admitted free. North side of the Jupiter inlet, 500 Captain Armour’s Way, Jupiter, 747-8380, jupiterlighthouse.org.

BEST FIRST DATE

>> Yard House

After a lot of careful consideration and informal polling about what’s important in a first date, it’s Yard House for the win. It’s upscale and casual all at once, and you don’t have to worry about ordering something too expensive or feeling low budget. The restaurant’s music is an excellent conversation starter, and evenings at the Downtown at the Gardens location can turn into late nights at the hot spot if things are going well with all of the other nearby restaurants and bars. 11701 Lake Victoria Gardens, Palm Beach Gardens, 691-6901.

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BEST SUNDAY FUNDAY

>> Peanut Island

Sunday Funday — everybody’s doing it. The expression simply means to take full advantage of your Sunday as an opportunity to keep celebrating the weekend rather than worry about its near-ending. The best spot to do this is on a boat at Peanut Island in Riviera Beach. One side of the island is known as the “family” side, while a reality show could be made of the party on the island’s opposite side. Alcohol possession is restricted to permitted areas and strongly enforced. 6500 Peanut Island Road, West Palm Beach

BEST SIGNATURE DRINK

>> The Capital Grille Stoli Doli

Indulge in Capital Grille’s signature Stoli Doli, a pineapple-infused Stoli Vodka martini, aged seven to 10 days to an absolutely divine perfection. Sip it alongside a luxury full meal, or at the restaurant’s bar. Trust us when we say, this thing is good, but go easy on the drinks because they’re so light and refreshing, they go down like water. Legacy Place, 11365 Legacy Ave., Palm Beach Gardens; 630-4994

BEST PARTY BRUNCH

>> Wine Dive

On Sundays, Wine Dive on Clematis Street in West Palm Beach basically turns into a club. During the day. Your body kind of plays tricks on you when you walk in, with loud beats and drinks coming from every direction as if it were a Friday or Saturday just after midnight. But it’s “brunch” and it’s Sunday. Wine Dive is definitely a scene, and great for people-watching young party-goers. 319 N Clematis St, West Palm Beach; 318-8821



BEST RADIO SHOW HOSTS

>> Mo & Sally

Kool 105.5’s husband and wife duo Mo & Sally have a popular show over Palm Beach and the Treasure Coast’s radio waves. Audiences find Monte Foster and Sally Severeid sweet and charming. And they are in demand as hosts outside of the studio, frequently emceeding charity events and doing volunteer work. They just make you want to let out a really big “Awww!”

BEST GUACAMOLE

>> Rocco’s Tacos

Rocco’s Tacos has become a bit of an institution, now with locations in West Palm Beach, Boca, Fort Lauderdale, Palm Beach Gardens and Orlando, and with a Brooklyn, N.Y., location coming soon. It’s a toss-up what makes this Mexican dining experience so darn irresistible. It’s fun atmosphere, the food is fresh, and the tableside guacamole is to die for. It’ll cost you a pretty penny, but it’s so, so worth it. There’s something addictive on those seasoned chips it’s served with, too. Roccostacos.com

BEST METEOROLOGIST

>> Steve Weagle

A familiar face in Palm Beach County since 1998 on WPTV, Chief Meteorologist Steve Weagle delivers the best forecasts in Palm Beach County. This Canadian has turned into quite the Florida beach bum, so he always covers the good stuff — which is how it’s looking on the coast. We love Steve’s charming delivery, and we love his Snuggle Alerts, although he issues them few and far between with few cool days a year.



BEST PLACE TO SPOT A NESTING SEA TURTLE

>> “Pierless” in Juno

The stretch of shore along Juno Beach is home to many an endangered sea turtle friend, and the best spot to watch a nesting sea turtle is at a beach known as “Pierless” in Juno Beach. If you happen to spot one, remember to respect these ancient creatures by observing them from a distance and eliminating any beach lighting (no lights, flash photography, or bright clothing). Watching a sea turtle lay its eggs is a beautiful experience.



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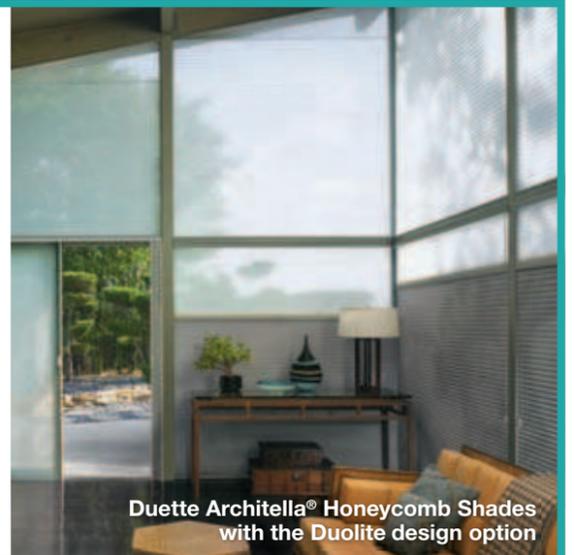
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