

PALM BEACH GARDENS & JUPITER

FLORIDA WEEKLY®

IN THE KNOW. IN THE NOW.

WEEK OF MAY 1-7, 2014

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BY THE NUMBERS

3,405

Female green, leatherback and loggerhead sea turtles lay eggs on Florida's east coast annually.

350

The amount a loggerhead can weigh in pounds.

3,000

The number of feet leatherbacks can dive.

1,122,129

Baby turtles that are expected to hatch on Florida's east coast beaches this year.



HOME AGAIN

Sea turtles make their annual journey to nest on area beaches

BY AMY WOODS

awoods@floridaweekly.com

TURTLE-NESTING SEASON ENTERS ITS THIRD MONTH WITH STRONG SIGNS from surveyors that 2014 will bring a bounty of baby reptiles to Palm Beach County's seashores.

Leatherback turtles already have made their way from the ocean to the sand to lay their eggs, and the first nests from the loggerheads have started appearing on beaches from Jupiter to Boca Raton. Green sea turtles, the third

SEE TURTLES, A10 ►

TOP: A sea turtle lays eggs near Gumbo Limbo.

INSET: A loggerhead baby emerges.

COURTESY PHOTOS; STATISTICAL SOURCE LOGGERHEAD MARINELIFE CENTER

Would you take a test that would predict your death in five years?

BY MARY JANE FINE

mjfine@floridaweekly.com

This is a simple, one-question quiz. Well, OK, it is a one-question quiz, but it's not so simple.

Here's the question: If you could take a blood test that would predict whether you'll be alive five years from now, would you take it?



FORTIER

And, if so, what would you gain by knowing? What would you lose?

"I think what it would do," says Good Samaritan's Dr. Daniel Fortier, an internal medicine physician with a specialty in geriatrics, "is raise awareness that you might be at risk."

Right. So, maybe you'd hasten to make out your will, put your affairs in order. Or maybe you'd take that long-postponed trip to Paris. On the other hand, maybe you'd feel a shadow hovering over you and become immobilized with worry.

Neither planning nor fretting is the test's intention. The idea is learning how such a test might help doctors identify people

SEE TEST, A11 ►

INSIDE



Singer's Song

Opera based on novel to premiere in Palm Beach. B1 ►



Networking

Who was out and about in Palm Beach County. A18-19, 20 ►



Business

Florida businesses prepare to adjust to the summer lull. A22 ►



Kovel's Antiques

American pottery portrays real and imagined animals. A30 ►

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COMMENTARY

The last bottom dollar blues



You know it is a bad day on Main Street when Family Dollar Stores announce they are closing 370 of 8,100 stores nationwide.

The company did not reveal the number of employees losing their jobs but did say shuttering the low-performing stores is a cost-cutting measure to bolster anemic earnings. Other belt-tightening includes cost reductions on about a 1,000 products in hopes customer traffic will increase.

The company's reboot did not make the front page of anybody's business section but it drew notice nonetheless because it is symptomatic of a deeper problem with the nation's economic recovery.

Family Dollar Stores cater to customers for whom stretching a dollar is the big reason people go there to shop.

It is their strategy to overcome their last bottom dollar blues.

Twenty bucks stocks a meager pantry or buys school supplies for the kids. You can find household cleaners, hair and beauty products, clothing, shoes, pet food, canned goods, home décor, and things you indulge in buying because even you can afford them.

It is a no-frills shopping experience. If you have not shopped at a Family Dollar, or similar stores, I am guessing it is because of multiple reasons: You are not a single parent and not unemployed. You do not work for minimum wage. You do not live on Social Security, in a coal camp or a backwater town. You are not a renter in any one of the millions of inner city, low-income neighborhoods like those in any number of counties in Florida.

These stores serve a customer for whom shopping at Wal-Mart is, by comparison, a big outing to Disney World: It does not happen often and it is memorable when it does.

The people who read the tea leaves say the weak earnings report of Family Dollar is a further sign of the chasm opening between those who are benefiting from an improved economy and those who are left behind.

The very rich are growing richer because those at the highest rungs of the economic ladder have benefited disproportionately from the economic bounce-back.

Income inequality is a huge and growing divide. The 1 percent is living high on Easy Street and the other 99 percent is trying to hang on to a modest standard of living on the other side of the tracks.

It is stark state of affairs no matter how you gild it and in Florida, the trend is especially alarming because the real income of ordinary Floridians is actually

declining, and has been for a long time.

Robert Trigaux, the business columnist for the Tampa Bay Times, writes in a recent article, "From 1979 to 2011 in the Sunshine State, the top 1 percent enjoyed a hefty 116 percent gain in average income to \$1.14 million.

Over the same 32-year period, the rest of Florida — the "bottom 99 percent" — saw their average income drop 8 percent to \$35,393."

He notes the economic danger inherent in a state economy where the vast majority of Floridians are actually losing income while the rich are getting even richer; and the economic disparities continue to widen, a trend line that has profound, long-term consequences — none of them good — for the economy of our state.

There is little evidence that our state's policy leaders are paying attention. Their regard of the economic realities faced by millions of poor and working families would be characterized as willful ignorance were it not for the fact this past legislative session demonstrates they actually do know, and they absolutely don't care.

The disdain with which the majority of state lawmakers regard the economic plight of millions of families is breathtaking.

To hear them tell it, redress of income inequality is a poison pill to the state's prosperity; and the social safety net only benefits drug addicts, illegals, the shiftless, lazy, looking-for-a-handout types who have no work ethic, and are

uneducated, unskilled, and consist of rip-off-artists who cheat the system, etc. etc., etc.

Of course, they don't mean you; they mean the other stereotypical, low-lives they cite as justification for treating every person in need or struggling to make a living as unworthy of the state's help or compassion.

With nary a pang of guilt, millions of the state's most vulnerable citizens are denied affordable healthcare, protection against wage theft, an increase in minimum wage, access to affordable housing, increased food security and unemployment benefits sufficient to provide a safety net for the long-term unemployed.

You would think it a crime to rob people of their hope, dignity, and a decent standard of living when it is greed rather than abundance that is the issue. Until we convince lawmakers otherwise, it isn't malfeasance; it's just a sorry shame. ■

— Lilly is a native Floridian and past president and CEO of the Community Foundation for Palm Beach and Martin Counties. Her professional career spans more than 25 years in the charitable sector, leading major philanthropic institutions in the South and rural Appalachia. She resides with her family and pugs in Jupiter. Email her at lilly15@gmail.com and follow Lilly on Twitter @lilly15.

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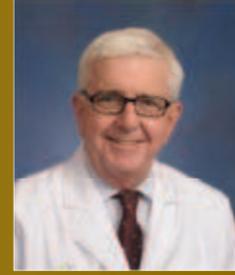
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OPINION

The stupid hounding of Condi Rice



richLOWRY

Special to Florida Weekly

If Condoleezza Rice were as self-pitying and politically crass as Attorney General Eric Holder, she would be wondering aloud what it is about her race and gender that accounts for the hostility to her.

Rice's speaking gigs on college campuses and her ascension to the board of the Internet company Dropbox have sparked protests calling for her to be disinvited, cashiered and generally isolated and shamed.

Condi Rice is not a natural lightning rod. She's such a disreputable figure that she's on the board of the Kennedy Center and the Boys and Girls Clubs of America. She's such a lightweight that she's a Stanford University professor. She's such a yahoo that she once accompanied Yo-Yo Ma on the piano.

The mob nonetheless believes that her due punishment for serving the wrong administration in the wrong cause should be banishment.

When the University of Minnesota

invited her to give a lecture as part of a series marking the 50th anniversary of the Civil Rights Act, the school's faculty roused itself. Roughly 200 of them demanded that the invitation be revoked, partly because she is unfit to be part of a civil-rights lecture series.

What would give anyone the idea that a woman who was the nation's first female African-American secretary of state, who experienced Jim Crow firsthand during her childhood in Alabama, who was friends with one of the girls killed in the Birmingham church bombing would have anything relevant to say about civil rights?

The Minnesota professors say that it is in a "spirit of free expression" that they ask for the reversal of Rice's invitation. Because nothing says free expression like shutting down someone's lecture.

They claim they would love to have Rice come to the school on some other occasion. Presumably to sit in the dock at a mock war-crimes trial.

The Rutgers faculty reacted in a similar vein to the selection of Rice as the school's commencement speaker. Does the Rutgers faculty really think Rice will urge graduating students to go out and start "wars of choice" and do "extraordinary renditions"? If the past is any

guide, Rice will tell the Rutgers students about the importance of getting an education, of finding their passion, of being optimistic — you know, all the truly dark stuff that animates quasi-war criminals.

The hounding of Rice, naturally, all goes back to Bush national-security policy. If support for the Iraq War is a mark of odiousness, though, Hillary Clinton, Joe Biden and John Kerry should never be allowed to set foot on a campus or sit on a corporate board, since they all voted to authorize it.

But Rice's critics aren't interested in argument. As usual, her harassment is about narrowing the range of respectability so as to limit the parameters of political debate. This time, it is failing. The leaders of the University of Minnesota, Rutgers and Dropbox have refused to dump Rice.

Of course, if the typical rules applied, the fierce opposition to her would be attributed to racism, sexism and any other handy "-ism." Just imagine what Eric Holder would say if his opponents embarked on a concerted campaign to silence and shun him. ■

— Rich Lowry is editor of the *National Review*.

Race matters: Resegregation and the rollback of affirmative action



amyGOODMAN

Special to Florida Weekly

"I say segregation now, segregation tomorrow, segregation forever." So proclaimed Alabama Gov. George Wallace more than a half-century ago. His proudly racist rhetoric was matched by heinous actions: Murders, lynchings and systemic violence, often endorsed or organized by state and local governments, were inflicted on African-Americans and their allies struggling for civil rights. Despite that, those fighting for equality prevailed. Among the successes were the Civil Rights Act of 1964, the Voting Rights Act of 1965, affirmative action and court-ordered integration of schools. But with this week's U.S. Supreme Court decision supporting Michigan's ban against affirmative action in state university admissions, and with the increasing resegregation of schools, it seems like Wallace's dream of "segregation forever" may be alive and all too well.

Nikole Hannah-Jones is an investigative journalist with the nonprofit news organization ProPublica, which has just published her yearlong, 9,000-word piece on the resegregation of public schools in Tuscaloosa, Alabama. This remarkable report, "Segregation Now," notes that "In Tuscaloosa today, nearly one in three black students attends a school that looks as if Brown v. Board of Education never happened." The Brown decision, issued in May of 1954, covered several pending court cases (all organized by the NAACP) challenging school segregation. U.S. Supreme Court Chief Justice Earl Warren authored the unanimous decision, writing, "We conclude that in the field of public education the doctrine of 'separate but equal'

has no place. Separate educational facilities are inherently unequal."

Hannah-Jones tells the history of school desegregation in Tuscaloosa through the lens of three generations of the Dent family. James Dent grew up in Jim Crow Alabama, never sharing a classroom with a white student. His daughter, Melissa, first went to an integrated middle school in 1980. It had taken decades for Tuscaloosa to implement desegregation, and then only by additional court orders. The city's two high schools were consolidated into one, Central High, which became a state powerhouse of excellence, both academic and athletic. Melissa went on to become the first in her family's history to graduate from college.

But this golden era of desegregation was short-lived. "Tuscaloosa has become one of the most rapidly resegregating school districts in the country," Hannah-Jones explained on our "Democracy Now!" news hour. "In 2000, when a federal judge released Tuscaloosa from its court order, the school board immediately voted to split up Central [High School]. Because of fears of white flight ... they created three high schools — two integrated and one that was entirely black." Here is her key finding: a new kind of segregation. While there are no "whites only" schools in Tuscaloosa, as there were up until 1979, there is now a struggling "blacks only" school — Central High. "The irony is that Central High School is actually located in an integrated neighborhood, but the white students right across the street from the school are gerrymandered into a district to go to an integrated school, and that Central was created as a black school by the intentional drawing of district lines."

The problem is not limited to the Deep South. UCLA's Civil Rights Project has been tracking national trends. Surprisingly, it found that "New York

has the most segregated schools in the country. ... Heavily impacting these state rankings is New York City, home to the largest and one of the most segregated public school systems in the nation." The UCLA report repeatedly uses a term that is now common in academic circles studying resegregation: "apartheid schools" — those schools with less than 1 percent white student enrollment. The report continues, "Across New York City, 73 percent of charters were considered apartheid schools and 90 percent were intensely segregated (less than 10 percent white enrollment) schools in 2010."

This week's Supreme Court decision will surely continue the trend of resegregation from high schools into colleges. The 6-2 vote upheld the Michigan ban on race-based affirmative action in state university admissions. Chief Justice John Roberts expressed his feelings about race in 2007, when he controversially said, "The way to stop discrimination on the basis of race is to stop discriminating on the basis of race." Justice Sonia Sotomayor, in her dissent from the majority this week, wrote, "My colleagues are of the view that we should leave race out of the picture entirely and let the voters sort it out. ... It is a sentiment out of touch with reality."

The reality is, racial discrimination and segregation go hand in hand. Racism may not boom from a governor's podium as it did in 1963 with George Wallace, but a racially divided America can never be equal. ■

— Denis Moynihan contributed research to this column.

— Amy Goodman is the host of "Democracy Now!," a daily international TV/radio news hour airing on more than 1,200 stations in North America. She is the co-author of "The Silenced Majority," a New York Times best-seller.

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PET TALES

Cat vax advice

Even an indoor kitten can benefit from a feline leukemia vaccination

BY DR. MARTY BECKER AND
KIM CAMPBELL THORNTON

Universal Uclick

Is your kitten vaccinated for feline leukemia virus? You may not have thought to do so if you plan for him to be an indoor cat, but veterinary immunology expert Ronald Schultz, DVM, says that vaccination during kittenhood, followed by a single booster vaccination at 1 year of age, is the best way to prevent the spread of the disease and reduce its incidence.

Feline leukemia virus is the most common cause of cancer in cats and can cause various blood disorders. Some cats with the disease have poor immune systems and are unable to fight off infections. Signs of the disease include appetite loss, weight loss, poor coat condition, pale gums and persistent diarrhea. In the United States, approximately 2 to 3 percent of cats are infected with the virus. That's a low percentage, but it's still a serious disease that is highly communicable.

Infected cats shed the virus through bodily fluids such as saliva, milk, urine and feces. They can spread it when they groom other cats, share food and water bowls, or use the same litter box. Nursing mothers can pass it on through their milk. Kittens younger than 4 months and sick cats have the highest risk of infection and a higher rate of infection — 13 percent or more.

Cats who are vaccinated as kittens and boosted at 1 year will most likely



Kittens are at high risk of infection with feline leukemia virus if they are allowed to roam outdoors or live with cats who have the disease.

have lifelong protection from the disease, even if they never receive another vaccination. Age-related resistance to the disease typically develops when cats are about a year old.

"If we could have as many cats immune as possible, we probably would start to see very little FeLV," Dr. Schultz says. "Now some people say 'Well, it's not that common anyway,' but it still creates some significant disease."

Many cat owners whose pets don't go outside skip this vaccine, assuming that it's not necessary. But cats can be escape artists or experience changes in lifestyle.

"I know an awful lot of indoor kittens that became outdoor cats," Dr. Schultz says. "Can we ever know when that animal is a kitten that it's never going to go outside and never be in contact with a

potentially persistently viremic cat? The answer to that is no."

Other concerns include potential reactions to the vaccine, which can include swelling or pain at the injection site, lethargy or fever. Some cats develop granulomas (inflammatory nodules) or sarcomas (soft tissue tumors) at the injection site. The University of California at Davis' School of Veterinary Medicine suggests using a recombinant FeLV vaccine, citing evidence that this type of vaccine is associated with a decreased risk of sarcoma formation.

The advisory panel of the American Association of Feline Practitioners seconds Dr. Schultz's advice to vaccinate kittens and boost the vaccination when they are a year old, but it does not consider FeLV a core vaccine, meaning one that is recommended for all cats. Adult cats should be vaccinated for FeLV only if they are at risk, according to the AAEP. Cats are at risk if they go outdoors, live with other cats who are known to be infected with FeLV, or live with other cats whose disease status is unknown.

If you discover that one of your cats has FeLV, have any other cats in your home tested for the disease. If they are infection-free, it's best to have them live separately from the infected cat so they don't share food and water bowls or litter boxes. Ask your veterinarian about the pros and cons of having the uninfected cats vaccinated, since vaccination doesn't help cats who are already infected. ■

Pets of the Week



>> **Rocky** is a 9-year-old neutered Manchester Terrier mix. He's well-behaved and knows how to sit, give paw and lay down. He qualifies for the Senior to Senior program.



>> **Rose** is a 2-year-old spayed domestic medium-hair, who was found taking a walk around the block. She enjoys attention and will let you pick her up and hold her.

To adopt or foster a pet

Peggy Adams Animal Rescue League, Humane Society of the Palm Beaches, is located at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspb.org. For adoption information, call 686-6656.

>> **Julius** is a neutered male tabby, approximately 3 years old. He has soft fur, and gets along well with people and other cats. He would love to be brought into a new "forever" home.



>> **Joey** is a neutered male black domestic shorthair, with flecks of grey. He's a playful character who'll make you laugh, and he gets along well with other cats.



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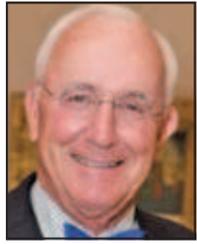
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Oxbridge Academy appoints three to its board of directors

SPECIAL TO FLORIDA WEEKLY

Oxbridge Academy has appointed Robert Kaufmann, Darlene Jordan and Karin Luter to its board of directors. They join current board members William I. Koch, Richard Callahan, Christina O'Donnell and Robert Simses.



KAUFMANN

Massachusetts.

He graduated cum laude from Harvard College, earned his M.B.A. from Harvard Business School and then worked for the university for more than a decade as director of admissions and associate dean of finance and administration. He resides in Palm Beach with his wife, Ellen Fuller Kaufmann, a longtime Palm Beach resident.



JORDAN

Ms. Jordan is the executive director of the Gerald R. Jordan Foundation, a nonprofit organization named for her husband that supports education, health and youth services, and the arts.

She was assistant attorney general for the Massachusetts Office of the Attorney General, and assistant district attorney in the Norfolk District Attor-

ney's office. She resides in both Palm Beach and Boston with her husband and daughter.

Ms. Luter was formerly the controller for Gulfco, the St. Regis/Ritz Carlton and the Plaza Hotel in New York, as well as an auditor for U.S. Bank, Aspen. A graduate of the University of Delaware, Ms. Luter resides in Palm Beach and Aspen.

Oxbridge Academy was founded in 2011 by energy magnate and philanthropist William I. Koch.



LUTER

The independent secondary school's mission is to provide a challenging, dynamic education in the classroom, laboratory, art studio and athletic fields to produce leaders through meaningful student research, collaboration and creativity.

Oxbridge strives to make students fall in love with learning through engagement in academic and community-based projects that speak to their talents and interests, and spark their curiosity and passion.

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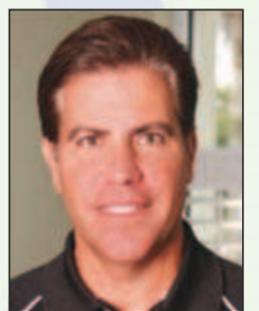
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Fortin Foundation contributes \$500,000 to Caridad Center

SPECIAL TO FLORIDA WEEKLY

The Fortin Foundation has contributed \$500,000 to enable Caridad Center to expand its dental clinic. Caridad is the largest free healthcare clinic operated through volunteer providers in the state of Florida, serving the working poor and the recently uninsured throughout Palm Beach County.

The expanded clinic will be called the Fortin Foundation Dental Clinic. The Fortin Foundation has supported Caridad for many years, including a \$20,000 donation in 2012 to support the Haitian Outreach Program.

"This extremely generous contribution will make a tremendous difference in the lives of Caridad Center's very low income patients," Laura Kallus, executive director, said in a prepared statement. "The working poor cannot usually afford visits to the doctor or dentist, and would suffer without the services available at Caridad."

Caridad Center provides 26,000 patient visits each year, bypassing costly emergency room visits and saving Palm Beach County taxpayers an estimated \$4.8 million annually. More than 400 local doctors, dentists and other medical professionals and volunteers donate their time (at a value of over \$2.3 million a year) to provide their services at Caridad Center.

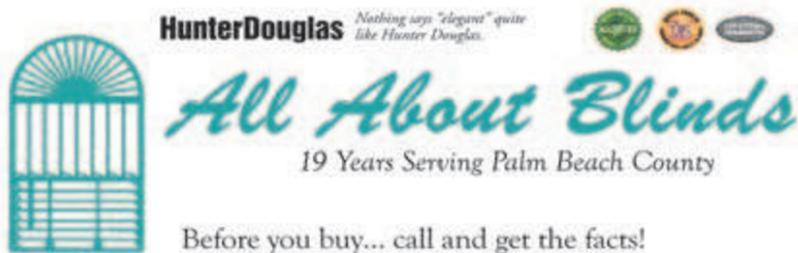
The Fortin Foundation has been extremely important to the civic life of Palm Beach County, first under the direction of Mary Alice Fortin and

now with the involvement of her children and grandchildren. Projects the foundation has supported in recent years, under the direction of foundation president Lesly Smith, include the United Way's Food Distribution Center in the Glades through the Glades Initiative, which distributed basic staples to more than 100,000 people last year and establishing two of the last three Boys and Girls Clubs built in Palm Beach County.

In past years, the Fortin Foundation provided funds for the restoration and renovation of Sea Gull Cottage, the oldest house in Palm Beach, as well as the restoration of the historic Memorial Fountain on Palm Beach.

Other projects the foundation has supported include the Mary Alice Fortin Building and Fortin Summit at Rosarian Academy, the Fortin Child-care Foundation for children with AIDS in South Bay, the Mary Alice Fortin Children's Art Gallery at the Society of the Four Arts, the town clock for the Town of Palm Beach, the lighting and palm tree beautification of South County Road, the Mary Alice Fortin Learning Wing at the DeGeorge Boys & Girls Club of Palm Beach County and the Fortin Homeless Center at St. Ann's Place, West Palm Beach.

Caridad Center is located at 8645 W. Boynton Beach Boulevard in Boynton Beach. For more information about the center, call 853-1638 or visit www.caridad.org. ■



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ST. LUCIE
Mets

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Palm Beach

SATURDAY MAY 10, 6:35PM

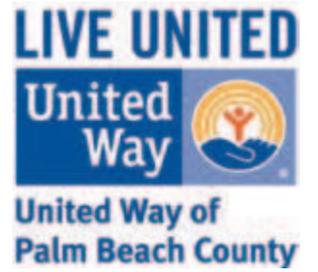
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Go to www.GreatGivePBC.org or call **1-844-GIVE-DAY** and make a donation to your charity of choice. Plus, you can join us for these fun and exciting events!

GIVE & GET!

7:00a.m. – 2:00p.m.

Panera Bread, CityPlace



Make a donation on-site or show your GREAT GIVE receipt to receive a \$5 Panera Bread gift card (to be redeemed on your next visit)! WIRK will be on-site doing a live remote and donors will have the chance to win GREAT prizes!

GIVING LOUNGE

7:00a.m. - Midnight

The Center for Philanthropy

700 South Dixie Hwy., West Palm Beach



The Community Foundation is planning an action-packed day of events at their headquarters in downtown West Palm Beach. Join us for fun activities and performances by local nonprofits; meet our media partners; participate in a pep rally; grab a bite to eat; or just celebrate the excitement with us! We will have computer stations and volunteers to help anyone who would like to make a donation that day. A full schedule of activities will be posted on www.yourcommunityfoundation.org prior to May 6.

#GreatGive FOOD TRUCK/TWEET UP

Lunch: 11:00a.m. - 2:00p.m.

Dinner: 5:30p.m. - 8:00p.m.

The Center for Philanthropy



Come by, say hi, grab some lunch or dinner from a Gourmet Food Truck and use the power of social media to help promote GREAT GIVE PBC & Martin. You might even win a prize! All trucks will provide a free soft drink to customers who show a donation receipt that day. Plus, special guests will be stopping by to take photos to post and tweet using #GreatGive.

SHOP & GIVE!

11:30a.m. – 2:30p.m.

Palm Beach Outlets, West Palm Beach



Join United Way of Palm Beach County and local volunteers for an exciting opportunity to shop, give and win! Shoppers who make Great Give donations on-site will receive free coupon books from Palm Beach Outlets and will have the chance to win GREAT prizes, including a mystery gift from the Outlets!

DIVE INTO GIVING

5:00 p.m. – 9:00 p.m.

Wine Dive, Clematis St., West Palm Beach



Join United Way's Emerging Leaders Society for an evening event all about giving! The first 200 guests will get one free drink and appetizers! At 8:00 p.m. a prize will be awarded to a Great Give donor. WRMF will be on-site doing a live remote, there will be celebrity bartenders serving up wine, beer and the specialty cocktail of the evening, the GIVetini. Plus, the Brews Brothers will perform!

GIVING MAKES ME HAPPY HOUR

4:00p.m. – 8:00p.m.

Kapow! and Dubliner, Mizner Park, Boca Raton



It's a party with purpose...cocktails for a cause – sip on a GIVetini and snack on specialty appetizers all to benefit GREAT GIVE PBC! Plus, you could win fun prizes that will be given away randomly throughout the evening to guests who show their donation receipt. Florida Atlantic University, a GREAT GIVE participant, and Modernizing Medicine, a GREAT GIVE sponsor, will both be on-site giving away promotional items and encouraging everyone to GIVE, GIVE, GIVE!

TURTLES

From page 1

species that proliferates along the South Florida coast, tend to nest in late May and early June.

“Leatherbacks have been going really strong here the past two years,” said Scott Duncan, a ranger at John D. MacArthur Beach State Park in North Palm Beach. “I’m just really excited to see the numbers and see where they end up this year and hope we can continue that positive trend.”

Mr. Duncan reported nine leatherback nests and one loggerhead nest after a recent survey of the two-mile-long strand, noting the count changes daily.

“We’re one of the darker beaches in the area, and there’s no renourishment, so we’ve got that going for us,” he said. “Sky glow in general is an issue.”

Sky glow refers to one of the many forms of light pollution that can disorient hatchlings scurrying into the sea.

“Every year, it’s lighting that’s really the biggest issue,” said Kirt Rusenko, a marine conservationist at Gumbo Limbo Nature Center, which, at last count, identified nine leatherback nests along Boca Raton’s beaches. “Twenty percent of hatchlings die because of lighting issues. They go the wrong way.”

The light of the moon reflecting off the surface of the water serves as a guide for the coin-size turtles, leading them east. Illumination from nearby businesses, condominiums, hotels, houses and roadways — and city lights in general — can confuse them.

“Florida has more loggerhead nests than anywhere in the world, so our nesting population is very critical,” Mr. Rusenko said. “There are cities that have actually passed ordinances restricting lighting use.”

The leading authority on light pollution, the International Dark-Sky Association has made a mission out of calling attention to the hazards of vanishing, star-filled evenings. Unnatural light not only disrupts ecosystems, it also threatens astronomy — two astronomers founded the group in 1988 — and wastes energy — \$2.2 billion worth in the United States.

“They’ve been at it for 25 years,” Mr. Rusenko said. “Ten years ago, people didn’t know anything about them, and now if you say ‘Dark-Sky,’ people have an idea of what’s up.”

Other obstacles threatened loggerhead and endangered leatherback and green turtles face include fishing practices and regulations, construction and development along the coast, loss of coral reefs, seagrass beds and other aquatic habitats, boat strikes, entanglement and natural predators such as foxes and raccoons.

“Don’t feed foxes and raccoons,” Mr. Rusenko said. “It leads to their overpopulation.”

At the Loggerhead Marinelifelife Center in Juno Beach, a total of 55 leatherback nests and six loggerhead nests dotted the coastlines of Juno Beach, Jupiter, Tequesta and Jupiter Island, as of April 25. Adrienne McCracken, field-operations manager, said, “The 2014 nesting season is going really well. So far, it is shaping up to be a great one.”

All three environmental organizations will offer turtle walks in June and July, with registration starting this month for the sure-to-sell-out, after-dark excursions.

The programs consist of a social gathering and informational meeting inside, where guides will brief guests on turtle behavior, biology, crawl patterns and egg-laying.

They also will discuss the critical do’s and don’t’s of turtle encounters. Then,



COURTESY PHOTOS

This sea turtle was laying eggs at Red Reef Park in Boca Raton last year. Gumbo Limbo Nature Center hosts turtle walks each nesting season.



A tote board near the Juno Beach pier keeps track of the turtle nest count.



Just-hatched turtles make their way to the water last year at MacArthur Beach State Park.

they will head outside to witness what they have learned.

“As always, it is important that people are aware of the nesting sea turtles and hatchlings,” Ms. McCracken said. “A few main ways people can help: Keep beach activities like digging and sandcastle-building in the wet sand so as not to disturb unmarked, incubating nests. Fill in holes and knock over

sandcastles before you leave the beach. If you walk the beach at nighttime, don’t use any form of light — even cell phones. The light will confuse sea turtles and their hatchlings. Never approach a nesting sea turtle or dig into a nest. Sea turtles are an endangered species, and it is a federal crime to disturb or harass them or their nests.” ■

in the know

Juno Beach-Jupiter beaches:

Leatherbacks – 55
Loggerheads – 6
Greens – 0

Boca Raton beach

Leatherbacks – 9
Loggerheads – 1
Greens – 0



MacArthur Beach State Park:

Leatherbacks – 9
Loggerheads – 1
Greens – 0

— Sources: Loggerhead Marinelifelife Center, Gumbo Limbo Nature Center, John D. MacArthur Beach State Park

TURTLE WALK PROGRAMS

>> **What:** John D. MacArthur Beach State Park’s Sea Turtle Talk & Walk

>> **When:** Member and nonmember registration begins May 28. Member walks are June 14 and 28 and July 12 and 26. Nonmember walks are June 2 through July 25.

>> **Where:** 10900 Jack Nicklaus Drive, North Palm Beach

>> **Cost:** Free for members and \$10 for nonmembers

>> **Info:** 561-776-7449, Ext. 102, for members and 561-624-6952 for nonmembers or macarthurbeach.org

>> **What:** Gumbo Limbo Nature Center’s Turtle Walk Program

>> **When:** Member registration begins May 3. Nonmember registration begins May 10. Walks are May 22 through July 17.

>> **Where:** 1801 N. Ocean Blvd., Boca Raton

>> **Cost:** \$10 for members and \$17 for nonmembers

>> **Info:** 561-544-8608 for members and 561-544-8603 for nonmembers or gumbo-limbo.org

>> **What:** Loggerhead Marinelifelife Center’s Wildlife Turtle Walks

>> **When:** Registration begins May 1. Walks are June 4 through July 26.

>> **Where:** 14200 U.S. Highway 1, Juno Beach

>> **Cost:** \$12 for members, \$17 for nonmembers and \$20 for walk-ins

>> **Info:** 561-627-8280 or marinelifelife.org

TEST

From page 1

who seem to be healthy but are really at risk for developing a life-threatening disease — to identify them before symptoms appear — the better to begin early treatment, if a condition is treatable, or to refer them for more specific screening procedures that might identify a potentially fatal condition.

For the moment, the test in question is not available. Much more research is needed before it will be. But according to a study that appeared in February in the online journal *PLOS Medicine*, markers found in a person's blood, body fluids or tissue may predict a significantly higher risk of dying within a half-decade. *PLOS* (Public Library of Science) *Medicine* publishes peer-reviewed research articles.

The article about the test explained how researchers in Finland and Estonia tracked 17,345 people, ages 18 to 103, to determine their causes of death. Both countries have health registries that collect and keep blood samples and health records for many years, the study said, and those registries include large numbers of people representative of the wider population.

In the Estonian group, the researchers looked at 106 blood components and determined that high levels of four naturally occurring molecules predicted imminent death. During the five-year study, 288 people who died had tested in the top 20 percent of those with high levels of the four markers. By comparison, just 15 who died had tested in the bottom 20 percent.

In the Finnish group, similar risks showed up in test subjects with elevated levels of the four biomarkers. A biomarker is a molecule found in a person's blood, body fluids or tissues that may signal an abnormal process, condition or disease, the study explained. The level of a particular biomarker may indicate a patient's risk of disease, or likely response to a treatment. Tests measure an individual's cholesterol levels, for example, to determine the risk of heart disease. At present, no single biomarker can predict a general risk of poor health in anyone of any age.

Here's how a study summary explains the basic concept:

"This study suggests that there are four biomarkers in the blood — alpha-1-acid glycoprotein, albumin, VLDL (very-low-density lipoprotein) particle size, and citrate — that can be measured by NMR spectroscopy to assess whether otherwise healthy people are at short-term risk of dying from heart disease, cancer, and other illnesses."

The researchers made allowances for genetic predispositions. They factored in differences in age and weight, and use of alcohol and/or tobacco. They factored in whether a person had a pre-existing illness and what their cholesterol level was.

The test is by no means infallible. Quite the opposite, in fact. The article went on to acknowledge "several limitations" to the study — among them, a failure to "identify what kinds of treatment might prove successful in reducing the

risks."

Far more research will be needed, the article noted, to determine if such testing can offer any clinical benefit.

Good Sam's Dr. Fortier, for one, is not impressed by the study's findings — and how the results might affect those who took such a test.

"I think they would just worry more," he says. "It could lead to a whole cascade of (follow-up) tests."

A stress test, for example, could lead to an angiogram, which could suggest a CT scan, and, in the end, the patient might still have no conclusive answers. It's worth remembering, Dr. Fortier says, that worrying can lead to anxiety, and anxiety can trigger physical ailments.

So, if a blood test could tell you whether you'd be alive five years from now, would you take it? Not surprisingly, a variety of people, asked that question, gave a variety of answers.

• Dr. Fortier pondered the notion, at first saying No, but then allowing that he might have the test done. "You know something?" he said. "Maybe I would do it, because I'm always for doing whatever I can for myself. If I could learn what I could do to change that (dire prediction)."

• "I would probably not take the test," said nurse Tiffany Morgan of West Palm Beach, "because I wouldn't want that to weigh on my head. If it told me I had an increased risk of heart attack or stroke, and what I could do to prevent that, I would take it. But I wouldn't want to just live with that every day."

• "Yes, of course I would take it if I could affect the outcome," said Sam Sewell, a theologian and psychotherapist in Naples. "Some years ago, I was told I needed a heart transplant and, if I didn't have it, I wouldn't live to see another Christmas. Well, I didn't have the heart transplant. I did some research on my own and made some lifestyle changes. I'm very much a fan of intervening and being my own doctor."

• "I wouldn't want to know," said Peggy Haas, a nurse from Palm Beach Gardens. "If it were just a strong possibility and I were able

to make lifestyle changes . . . but if not, then, no. I have a little 5-year-old grandson, and I wouldn't want to think that I might not see him again the next day."

For now, the five-year mortality test is merely an intriguing possibility. But other tests, already in existence, do offer people the possibility of assessing their future health outlook — a test, for example, that can identify genes that increase one's risk of developing Alzheimer's. But because there's no cure for Alzheimer's, health professionals don't recommend routine genetic testing for the disease.

Another test — the BRCA1 and BRCA2 — can test for the most common breast cancer genes. Inherited gene mutations for breast cancer most often show up in the BRCA1 and BRCA2 genes — but not all women with that gene mutation develop breast cancer. And women who don't have a detectable BRCA gene mutation may develop it. The test is not 100 percent accurate, but some women who test positive opt to undergo a mastectomy, just in case.

And there's another thing to consider: Worrying can cause a high level of anxiety and stress — and stress can lead to physical illness.

In the end, many just prefer the *que sera, sera* approach: What will be, will be. ■

"I wouldn't want to know. If it were just a strong possibility and I were able to make lifestyle changes . . . but if not, then, no. I have a little 5-year-old grandson, and I wouldn't want to think that I might not see him again the next day."

— Peggy Haas,
a nurse from
Palm Beach Gardens

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Play it safe to avoid sports-related head injuries

davideCARBONE

CEO, St. Mary's Medical Center



This month is National Trauma Awareness Month, and the theme this year is "Playing It Safe" with a focus on sports injuries. According to the American Trauma Society, in recent years, increasing numbers of people of all ages have been heeding their health professionals' advice to get active for all of the health benefits exercise has to offer. But for some people — particularly those who overdo it or don't properly train or warm up — these benefits can come at a price. From sprains, strains and shin splints, to fractures, dislocations and cuts, there are many ways you can hurt yourself when playing sports. But perhaps no injury is as alarming as one to the head. While sports injuries usually don't contribute to fatalities, the number one cause of death from sports-related injuries is traumatic brain injury.

A traumatic brain injury occurs when normal function of the brain is disrupted by a blow or jolt to the head, or if an object pierces the skull and enters brain tissue. This type of injury can cause a wide range of symptoms depending on the severity of brain damage. Signs of injury to the head may include headache, problems with balance, trouble coordinating motor skills, changes in sensory perception, impaired cognitive abilities or difficulty speaking. As a Provisional Level 1 Trauma Center, St. Mary's Medical Center offers the highest level of trauma services designated by the Florida Department of Health to treat the most complex injuries.

St. Mary's is one of 24 verified trauma centers in Florida and one of only 10 hospitals in the state that are certified as an acute Brain and Spinal Cord

Injury Program. In addition, the hospital is a state-designated Pediatric Trauma Referral Center. With more than 20 years of experience as a trauma center, St. Mary's Medical Center's staff is highly skilled in trauma surgery, neurosurgery, orthopedic surgery, nursing and many other specialties. According to a study published by the American Association of Neurological Surgeons, a review of 2009 data provided by the U.S. Consumer Product Safety Commission showed that more than 446,000 sports-related head injuries were treated in American emergency rooms. The top five causes of injuries are cycling, football, baseball and softball, basketball and water sports such as swimming, diving, scuba diving, surfing, water polo or water skiing.

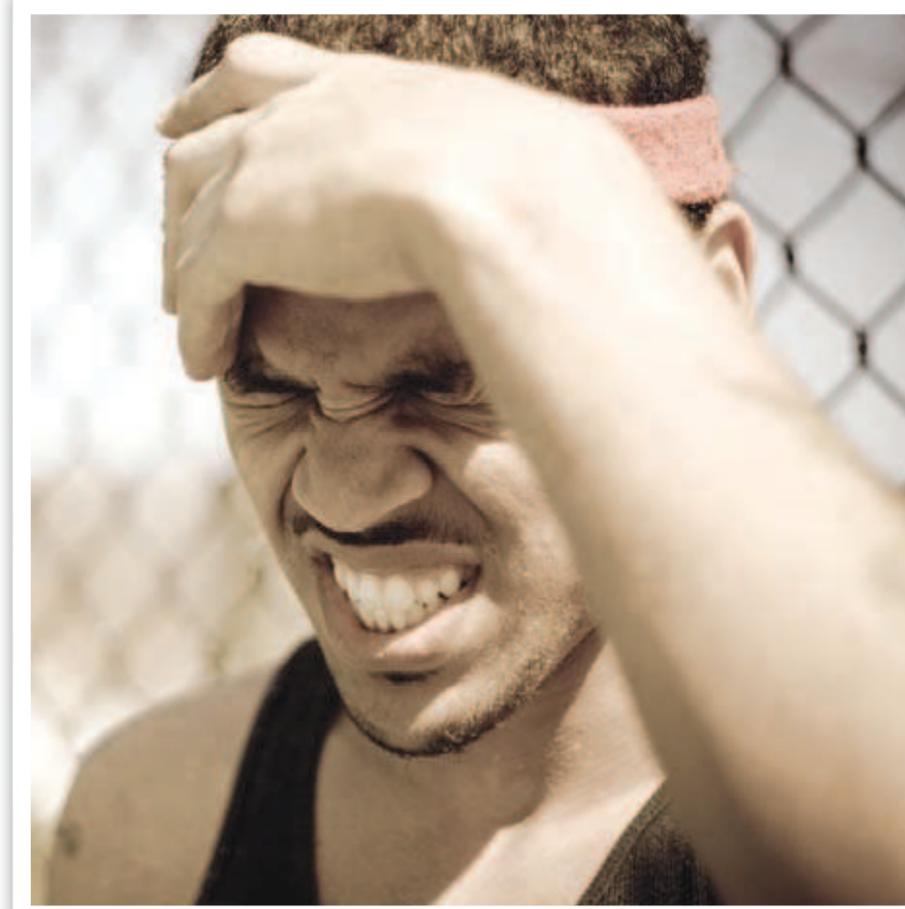
Other sports/recreational activities that contribute to the number of head injuries treated in U.S. hospitals include powered recreational vehicles (such as go-carts, all-terrain vehicles, dune buggies or mini bikes), soccer, skateboards, skiing and snowboarding, horseback riding, gymnastics, golf and hockey.

One of the best ways to prevent a sports-related head injury is to wear protective headgear or a helmet that has been approved by the American Society for Testing and Materials (ASTM) for specific sports.

ASTM-approved helmets, which have been thoroughly tested for many sports, must fit properly to provide maximum protection against head injuries.

In cycling, for example, an estimated 85 percent of head injuries can be prevented by properly using approved helmets. Other safety apparel or gear may also be necessary for certain sports, such as football.

Additional ways to prevent head injuries include not wearing clothing that may interfere with vision, not participating in a sport when ill or overly tired, avoiding uneven surfaces when cycling



or skateboarding, and not diving into shallow water or above-ground pools.

In a situation that involves head trauma, try to keep the injured person lying down, with head and shoulders slightly elevated, until medical help arrives.

Stop bleeding by applying firm pressure to the head wound, but not direct pressure if there might be a skull fracture. Be aware of changes in breathing and alertness, and begin cardiopulmonary resuscitation if the person shows no signs of circulation.

It is important to remember that with head injuries recovery will be variable

and the more severe the injury, the higher the chances are for permanent impairment.

Traumatic or more severe brain injuries can cause physical, cognitive, behavioral or emotional problems.

For more information about sports-related head injuries, talk with your neurologist or call 882-9100 for a free physician referral.

To learn more about the Provisional Level 1 Trauma Center at St. Mary's Medical Center, see www.stmarysmc.com. ■

How do we find a way to make our lives have meaning?

lindaLIPSHUTZ

llipshutz@floridaweekly.com



It was a glorious day — crisp and bright. Neil opened the shades, and quickly shut them. He knew it was a picture-perfect day to take the boat out, but it was hard for him to muster the enthusiasm. Ironically, he'd spent his entire professional career dreaming of the day he would be able to slow down enough to enjoy his leisure time pursuits. But, now that the time had finally arrived, and Neil was fully retired, he was apathetic.

Neil now had all the time in the world to pursue his hobbies, but after a while, each day had begun to look the same. He hated to complain, because, after all, he had the good fortune to have ample means to live a great life. But, what was it all about, anyway?

So, here's the question.

Do we face each morning with anticipation — looking forward to the day's agenda?

Or do we wake and face the day with resignation? Or, even worse, with dread?

Of course, our answers may fluctuate, as we face the ebb and flow of life's inevitable challenges and curveballs.

For some of us, the drive to be successful may have motivated our efforts in the earlier stages of life when we were raising a family or building a career. In those circumstances, we may have believed we had time for little else but our work life. In so many instances, our responsibilities may require us to commit to a schedule that demands our attention, but offers little in the way of stimulation or reward. We may believe we have no choice but to continue following a routine that's quite rote and unfulfilling. And, it may not occur to us that there would be any time left over for any pursuits that would offer a sense of valuable purpose. However, when necessity no longer commands that we pay full attention to the externals, and we have the luxury to chart our own course, we may find it incredibly difficult to shift gears.

It's especially at these times that we would be well served to step back eventually ask important existential questions.

Psychiatrist, and Nazi concentration camp survivor Viktor Frankl wrote one of the most influential books in the 20th Century: "Man's Search for Meaning." His memoir challenged countless individuals to look within to perhaps make sense of unimaginable horrors. But he further confronted his readership to consider the myriad possibilities in their own lives.

According to Frankl: "What man actually needs is not a tensionless state but rather the striving and struggling for some goal worthy of him. What he needs is not the discharge of tension at any cost, but the call of a potential meaning waiting to be fulfilled by him."

In this pursuit, we may seriously question whether we are truly satisfied with our everyday ventures. We may take inventory of our contributions and ask ourselves what we've done to make our mark on the planet. In the end, we may be reaching for that "certain something" that makes it all feel worthwhile. It's a deeply personal appraisal, with no right or wrong answers.

It may seem like some folks were born, just knowing the path that would offer them solid satisfaction. The rest of us may be harder pressed as we grapple to sort it out.

It probably requires taking the time to "dig deep" and truly look within ourselves. We may need to push through our comfort zone to consider goals we've been too lazy, too intimidated or too frightened to tackle. We may need to address the insecurities that previously may have prevented us from pursuing certain avenues. Perhaps we've worried others would judge us, or that we didn't have the skills. Or, simply, we may have been so consumed with putting one foot in front of the other in our everyday lives, we were not even aware that we

might have been feeling frustrated or discontented.

Many of us look to our interpersonal relationships as a source of pride and accomplishment. Truly giving to others can be hugely gratifying. Perhaps we may reach out to an estranged family member, or open up in an important way to a loved one. Our quest may be to navigate these relationships in deeper, more fulfilling ways going forward, taking important risks to open ourselves up to more fulfilling connections with significant others going forward.

There are many who may feel passionate about a particular pursuit, whether it's needlepoint, cycling, mountain climbing, or critiquing movies. Of course, it would be unfair for any of us to judge another person's direction or career path.

Some of us may take the time to consider our unique gifts and capabilities and elect to channel our efforts by volunteering to a cause we deem valuable. ■

— Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached in her Gardens office at 630-2827, online at www.palmbeachfamilytherapy.com, or on Twitter @LindaLipshutz.

Four families donate \$5 million to new Meyer Jewish Academy

SPECIAL TO FLORIDA WEEKLY

Nearly 16 years after relocating to its current location in West Palm Beach, the Arthur I. Meyer Jewish Academy is set to open new doors in Palm Beach Gardens thanks largely to the generous support of four philanthropic families who have donated more than \$5 million to the Jewish Federation of Palm Beach County's new Tomorrow Today campaign, with funds earmarked to the exemplary day school, the federation said in a prepared statement.

Donors include the Meyer family – Sydelle, her son, Bill, and his wife, Denise, and Sydelle's daughter and son-in-law, Gail Meyer Asarch and Dr. James Satovsky — whose patriarch, Arthur^zl — is the school's namesake. Claire and Melz^l Levine, Robert M. Beren, and Hank Strauss, have stepped forward with significant capital campaign gifts, joining the Meyer family to fund the relocation of the day school.

The Meyer Academy, which serves students in grades kindergarten through eight, will open August 20 at 5225 Hood Road, adjacent to the Mandel JCC where both partner agencies of the Jewish Federation of Palm Beach County can share facilities, including sports fields, a full-size gymnasium and an aquatics center.

For the Meyer family, this \$1 million gift was an easy decision. Sydelle's husband, Authur^zl, had stood up nearly two decades ago when the school, then named the Jewish Community Day School and located at Parker Avenue in West Palm Beach, was at a crossroads. He felt a responsibility to create a vibrant new school with a focus on exemplary Jewish and secular studies, and his lead donation to the school inspired others to help turn a vision into a reality.

"The school has grown in prestige. We decided as a family to elevate the school even further with the most advanced education techniques in a state-of-the-art facility," said Bill Meyer, who has served on the Meyer Academy's Board of Directors for 21 years, and has a 26-year old son and 30-year old daughter, both of whom attended the school in previous locations, in a prepared statement. "The first years of education set a critical foundation for future learning. My wife Denise visited day schools around the country to explore the best Jewish day school designs and practices, which were incorporated into the design. Not only is the new space top-notch for students, the research helped us identify how best to provide ample and effective space for teachers as well."

Bill's sister, Gail, added, in the statement, "Our continued support not only perpetuates our parents' dreams, but also reminds our children of the obligations for each generation to support the Jewish community."

The 68,000-sq.-ft., two-story Meyer Academy will house areas referred to as learning commons, including a multimedia center, science labs, a state-of-the-art TV studio and a production room. Classrooms will be equipped with advanced technologies from iPads to laptops, which support hands-on, exploratory learning across all grades and subject matter. The school also offers an International Baccalaureate Middle Years Programme for the sixth, seventh, and eighth grades.

"The Meyer Academy is a "high-tech, high-touch" academic campus, with our core focus on strong academics in a small-class setting where students are positioned to thrive," said Head of School Nehemia "Nammie" Ichilov, in the statement. "Another core component to our culture is a strong sense of community, where teachers know the students and the parents, where parents know each other, and where there is a sense of belonging,



LUCIEN CAPEHART PHOTO

Donors to the academy include Dr. James Satovsky, Gail Asarch, Sydelle Meyer, Denise Meyer and Bill Meyer.

not only for the child but for the whole family."

The school's foundation in Jewish education, which includes Judaic classes (students are also encouraged to learn a third language) as well as an 8th grade field trip to Israel, is the central reason Claire Levine, decided to donate \$2.5 million in her husband's name. The Melvin J. and Claire Levine Center for Jewish Learning is named in his honor. Her husband, Melz^l, who passed away in 2013, always had been passionate about Jewish education, attending Hebrew and Sunday school as a child. His grandfather was a rabbi.

"It's an honor that the Meyer Academy's Jewish learning program will bare Mel's name and continue his legacy of quality Jewish education and learning for students today and in the future," said Claire Levine.

Hank Strauss, a Palm Beach Gardens resident, whose most recent donation brought his total commitment to \$1 million, rededicated Strauss Hall, a popular space affectionately referred to as the "cafetorium." The Hall serves as the dining hall, stage, theatre and multi-purpose room. The new location will feature state-of-the-art sound and lighting.

Mr. Strauss is passionate about philanthropy and the local Jewish community. His three local granddaughters all attend Meyer Academy, and he has served on the Board of MorseLife since 1983.

With each donation going through the Federation's Tomorrow Today campaign, which has raised more than \$17 million to date, Bill Meyer highlighted the "strategic value of centralizing giving to local Jewish organizations so the allocation of financial resources can be distributed to benefit everyone."

"We get our best return on our philanthropic needs with fundraising centralized instead of each agency, which all do excellent work, approaching a similar group of donors. The needs of our Jewish community locally and abroad are dire; seeing these agencies action in work is proof enough that our resources are being well spent."

Meyer Academy is now accepting registrations for the upcoming school year. Spaces are limited. For more information about how to secure a seat, call the school at 686-6520 or contact admissions@meyeracademy.org.

Jewish Federation of Palm Beach County's Tomorrow Today Campaign (TTC) has raised nearly \$17 million to date. The Tomorrow Today campaign unites the Federation with its partner agencies for one cohesive and collaborative campaign that positions Palm Beach County's Jewish infrastructure, as well as critical hands-on programs and services, for future generations.

Funds from the Tomorrow Today Campaign will benefit the Federation as well as its partner agencies.

The Jewish Federation of Palm Beach County works to enrich Jewish life, care for vulnerable populations and build a global Jewish community. For more information, see jewishpalmbeach.org or call 478-0700. ■

Ask The Health & Beauty Experts

ASK THE COSMETIC SURGEON



Michael Lipan, M.D.,

Facial Plastic Surgeon
Gardens Cosmetic Center

Are you afraid of bad plastic surgery?

How to avoid the plastic surgery look

In the first half 2014, a number of celebrities have caught unwanted attention for "bad" facial plastic surgery. The Oscar award ceremony highlighted a number of actors and actresses who sought to reverse the signs of aging but instead wound up with facial features that were altered and appeared abnormal.

In this column, I've listed a few keys to preventing bad results after cosmetic procedures:

Have a long discussion with your plastic surgeon about what your goals are. Whether you're seeking a facelift or facial filler, you both need to be on the same page regarding your desired endpoint in order to get a good result.

Continuity of care cannot be understated. Staying with the same plastic surgeon is important in the long run. Patients that I've been treating with various procedures whether surgical or non-invasive will get better results because I best know their history. This information is vital to determine how that will impact any additional future procedures. I always review a patient's chart before every visit to give better guidance for what to do next.

Conservative approaches are best. Remember, my goal is always to restore how you looked when you were younger, not alter your appearance. Once your appearance is altered, people will notice and feel you have had bad plastic surgery. When procedures are overdone, it can be hard to correct. This is true for surgery as well as less invasive procedures, such as fillers.

Overall, the best results are achieved when you and your plastic surgeon have a good rapport, share the same sense of what is attractive and take a conservative approach with the goal of restoration rather than alteration. If you are interested in any facial plastic surgery procedures, please contact my office to schedule a free consultation.

Dr. Michael Lipan's interests are focused on facial plastic surgery, having completed a fellowship at Stanford University, a position accredited by the American Academy of Facial Plastic and Reconstructive Surgery.

Originally from New York City, Dr. Lipan completed undergraduate work at Cornell University, went on to graduate in the top quartile of his class with a distinction in research at the Mt. Sinai School of Medicine, and then trained with well-respected facial plastic and reconstructive surgeons at the University of Miami. Dr. Lipan resides in Palm Beach Gardens with his wife and their two daughters.

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ASK THE DENTAL EXPERT



Jay L. Ajmo D.D.S., P.A.,

Board Certified Sedation Dentist
PGA Center for Advanced Dentistry

Bone loss due to dentures

Question: Why do my dentures keep sliding around in my mouth?

Answer: If you lose teeth and wear a denture, you will get atrophy, which is jawbone loss and/or shrinkage. Over time, the atrophy will advance and the fit of your denture becomes compromised.

In fact, your dentures may slip and slide around in your mouth, and hopefully not out of your mouth. As bone loss gets worse, the fit of your dentures will deteriorate even further.

Natural teeth have 150-250 pounds per square inch (PSI) of chewing power. New dentures are around 50 PSI.

Dentures, after 10 years, can have a little as 6 PSI! However, with dental implants, your bone maintains its strength and function and you can restore 98 percent of the chewing power of natural teeth while avoiding the embarrassment of messy and dangerous denture adhesive.

This patient opted for dental implants and new teeth in both jaws to prevent bone loss and restore her chewing power back to what it used to be.

To alleviate her anxiety over visiting the dentist, she opted for IV Sedation. IV Sedation can only be administered by a Board Certified Sedation Dentist and is highly reliable, safe & effective for comfort & amnesia during all types of dental treatment.

Dr. Jay Ajmo earned his Doctor of Dental Surgery degree from Emory University School of Dentistry in 1986. He is an active member of The American Academy of Cosmetic Dentistry and designated Master Cosmetic Dentist by the Rosenthal Institute for Aesthetic Dentistry.

He's been awarded Diplomate Certification from the International Congress of Oral Implantologists, Diplomate from the American Dental Implant Association and a Mastership from the Misch International Implant Institute. He's a member of The American Academy of Oral Implantologists. Dr. Ajmo is Board Certified in IV sedation and maintains an active membership with the American Society of Dental Anesthesiology.

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'I Died and Lived To Tell About It' lecture to benefit Healing Touch Buddies

SPECIAL TO FLORIDA WEEKLY

Ticket sales have been swift, but seats still are available for the opportunity to see author, inventor and researcher Mellen-Thomas Benedict, whose brush with the afterworld more than 30 years ago will be the focus of a daylong seminar at Florida Atlantic University in Boca Raton.

On May 4, Benedict will present "I Died and Lived To Tell About It" - an inspirational lecture-and-lunch event that will include such sessions as "Living at the Speed of Light" and "Spirit of Gaia." The health-technology consultant and mind-and-body scholar will discuss advances in anti-aging phototherapy and quantum biology during "Living at the Speed of Light" while delivering a dynamic multimedia presentation touching on collective intelligence, metaphysics and starseed destiny during "Spirit of Gaia."

"The first time I heard Mellen's story, my life was changed forever," said Lindsay Babich, board chairwoman of Healing Touch Buddies, the local nonprofit organizing the lecture. "I understood how important a positive attitude is to my very existence and the future of our planet."

Proceeds from the fascinating fundraiser support the nonprofit's volunteer certified energy therapists who provide care and comfort to breast-cancer patients.

"In this, our 10th year, I have come to understand the value of what we do," said Betty Ann Baker, Healing Touch Buddies' co-founder and executive director. "This is our way of bringing peace and compassion to the world. Although it can be a challenge to hold an expansive, positive view in the midst of pain and suffering, we see and experience, looking deeply both inward and outward, endless richness to the mystery of our life and beyond."

In 1982, following a terminal brain-cancer diagnosis, Benedict lost all vital signs for 90 minutes and is believed to have died. When he awoke, not only was his disease in remission, but he also was able to recall the journey he took to the other side. The near-death experience revealed to him Earth's past and future, the soul's connection to the planet (Gaia) and mankind's role in the universe.

In the bestselling book *Life After Death*, Deepak Chopra called Benedict's experience the "Encyclopedia of the After Life."

The sessions run from 10 to 11:30 a.m. and 2 to 4 p.m., with vendor sales and lunch in between. Tickets cost \$50 for the entire event, or \$30 for either the morning or afternoon talks. VIP tickets, which include a wine reception from 4:45 to 6 p.m. and a DVD, cost \$125.

Funds raised will enable Healing Touch Buddies to train new therapists in method, support and care. Therapists are required to undergo a minimum of intermediate training in healing touch or Reiki, or energy-medicine instruction at the Barbara Brennan School of Healing, prior to entering the breast-cancer-specific Healing Touch Buddies program. Today, close to 100 volunteers serve women in Martin, Palm Beach and Broward counties, and their hours annually amount to more than \$100,000 in in-kind services.

Healing Touch Buddies is endorsed by the South Florida chapter of Susan G. Komen for the Cure and the Hippocrates Health Institute in West Palm Beach. Ongoing campaigns include "A Gift for Mom," to honor the memory of a mother, grandmother, sister or friend; "Train a Volunteer," to generate scholarship money; "Raise the Light," through which lanterns are purchased to represent the flame of care and compassion; and "The Naomi Thomas Endowment Foundation," named after a former client. ■



Benedict



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Miami experts, county emergency staff to present hurricane forecasting session

SPECIAL TO FLORIDA WEEKLY

With hurricane season quickly approaching, the Mandel JCC Palm Beach Gardens is inviting community members to attend a free presentation explaining the science behind hurricane forecasting and tracking on Thursday, May 8, at 7 p.m. Experts in the field will discuss the impact of the various hurricane categories, as well as crucial information for South Florida residents to prepare and stay safe during hurricane season.

The presentation will be led by Ph.D. students from the University of Miami's Rosenstiel School of Marine and Atmospheric Sciences, along with the planning manager at the Palm Beach County Division of Emergency Management, Jeffrey M. Goldberg. The Ph.D. students, who are well-versed in hurricane science, will provide explanations behind the complicated forecasts and discuss impacts associated with hurricanes. Mr. Goldberg will deliver additional information on new evacuation routes and what preparations are needed on the days leading up to a hurricane, as well as how to make a plan, build a kit, stay informed and get involved. A question-and-answer period will follow the presentation.

This year marks the nine-year anniversary of Hurricane Wilma, which

also makes this Florida's longest hurricane drought since 1850. This drought, in addition to the exponential growth of metropolitan South Florida in recent years, has created a knowledge deficit in hurricane preparedness.

The event is presented by the Academy of Continuing Education (ACE), which offers a variety of thought-provoking, educational and entertaining classes to the community. The ACE program offers secular class topics, such as current events, science, art and wellness, as well as an educational track based on Judaic and Israel studies, in partnership with area synagogues.

For more information about the Canes on Canes presentation or the ACE program in general, contact Gail Feldman at 712-5253. The Mandel JCC Palm Beach Gardens is located at 5221 Hood Road.

For more information about programs at Mandel JCC Palm Beach Gardens, visit www.jcconline.com or call 712-5200.

The mission of the Mandel JCC of the Palm Beaches is to help create a strong Jewish community by providing high quality programs close to where people live that connect people to Jewish life.

The JCC is a partner agency of the Jewish Federation of Palm Beach County. ■

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PGA Corridor Association 7th Annual Gaeta Private Property Rights Luncheon



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Blair Lee, Della Porter and Bert Premuroso



Samantha Schlosberg and Tom DeRita



Jamie Goodman and Eric Jablin

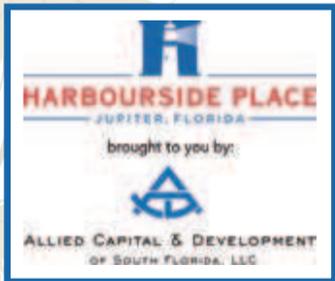


Ron Ferris, Della Porter and David Levy



Caroline Fallon and Don Hearing

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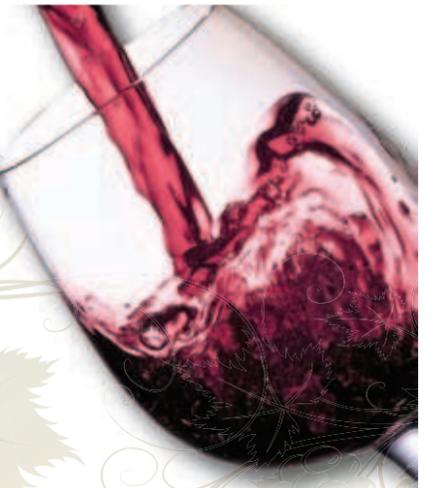
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PGA Corridor Association 7th Annual Gaeta Private Property Rights Luncheon



Sandra Foland and Tom DeRita



Eric Jablin, Samantha Schlosberg, Gary Gottlieb and Tom DeRita



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TARA HOO/FLORIDA WEEKLY

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WEEK OF MAY 1-7, 2014

PALM BEACH COUNTY COMMERCE

“Up until 2013 we couldn’t take much time off, so we tried closing one week each month of summer, at first...”

— **Mari Vivet,**
co-owner, Blue Windows Bistro



Dealing with the downtime

The summer slowdown means different things to Palm Beach businesses

BY ROGER WILLIAMS

rwilliams@floridaweekly.com

Like other things here, doing business in the subtropics is frequently counterintuitive, at least compared to challenges faced by other business owners in North America.

While folks in the north prepare for a continent-wide injection of tourist money set flowing by the Great American Summer Vacation — and while they respond to the proportionate increase in demand for more supplies and a more efficient logistics — small business owners on the Florida peninsula often find themselves challenged by completely different circumstances, they say.

From Palm Beach to Punta Gorda, and from Naples to Jupiter, they have to face rain gauges and thermometers that seem to rocket upward, and net incomes that

sometimes descend like fast elevators.

“We’ve tried several options over the last few years,” admits Mari Vivet, co-owner with her (French) husband, Christian Vivet, of the sophisticated little Blue Windows Bistro on U.S. 41 in South Fort Myers. “Up until 2013 we couldn’t take much time off, so we tried closing one week each month of summer, at first...”

What they will do this year — what any entrepreneur in southern Florida operating too far from Disney World

SEE DOWNTIME, A23 ►

New businesses move in at PGA Commons

SPECIAL TO FLORIDA WEEKLY

Inspired by European architecture, PGA Commons melds residential space with best-in-class shopping, dining and entertainment.

Recently, the outdoor plaza has added several new tenants, or announced their addition, to its lineup:

The Cooper, Craft Kitchen & Bar - Hartford, Conn.-based, innovative, bistro-style restaurant will open May 15. The menu is influenced and inspired by fresh ingredients that are locally sourced and mindfully prepared. The Cooper’s barrel-aged cocktails are modern interpretations of classic drinks.

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PGA Jet Charters - Private jet aviation. Delivers first-class service for regional and transcontinental flights within North America.

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Professional Risk Solutions - Wholesale brokerage insurance firm. Specializes in executive and professional liability insurance products.

Ramesses Group, LLC - Corporate office. Specializes in limited-edition, contemporary photography.

Revolution Dating - Personalized matchmaking and dating services.

The Refinery - Specializes in erectile dysfunction and testosterone replacement.

“PGA Commons has always been a popular shopping and dining destination,” said Jon Channing, president of the Channing Corporation, in a prepared statement. “But now we’re seeing a spike on the office leasing side. We offer the potential for growth and success. It’s a perfect fit.”

PGA Commons (pgacommons.com) features a collection of upscale boutiques, fine art galleries, top-tier restaurants, and a wide array of specialty stores and services. PGA Commons is at 5100 PGA Blvd., Palm Beach Gardens, 630-8630. ■

View From the Resort at Singer Island Private Residences #1453
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DOWNTIME

From page 22

to be part of that economic aberration will do this year to make lemonade out of the summer lemon — is not quite anybody's guess.

Each business owner seems to follow a logic of his or her own.

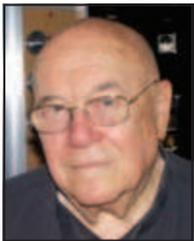
But whatever they do, it certainly does not appear to be merely sitting around and waiting for things to improve.

Instead, between roughly mid-April and mid-October — for about six months — they're challenged to exercise the most sophisticated economic calculations they possess. In short, they have to practice the true alchemy of the entrepreneur: dealing with the down time.

So, they retool, they re-educate, they refurbish (sometimes themselves, sometimes their properties) or they restore special summer deals to appeal to Florida travelers and tourists taking advantage of the Sunshine State's rainy season.

Strategies

Last week, for example, Jim Anderson, owner of Anderson Classic Hardware in West Palm Beach, had closed on Thursday and Friday to install an entirely new air-conditioning system in the popular store. Come deep summer, he figures, that will be no small attraction for the sweating multitudes who just love the way things work. His staff won't mind it, either.



ANDERSON

And in Lake Park at the Italian-nuanced Pelican Café, owners Karen Howe and Mark Frangione finish the in-season rush on Easter, and then downshift, slightly, to a summer gear designed to appeal to the locals.

"We do summer specials, we do live music on Wednesday nights to help us," explains Ms. Howe — "and we welcome the reprieve."

Across the state on Captiva Island, there is no reprieve at Jensen's Twin Palm Resort & Marina — in part because of the increasingly robust economy, and in part because of the Europeans, says Dave Jensen, one of three brothers who own and operate the resort.

"For us, and I believe for most businesses along the coast, we no longer have the summer 'doldrums.' Rate cutting has not been necessary because we have lots of visitors from other parts of Florida: Miami, Fort Lauderdale, Palm Beach, Orlando and the Tampa region."

Europeans add significantly to that mix, he says, especially since "their school calendar allows them to be here after the middle of August when the Florida children go back to school."

Refurbishing and upkeep of cottages, therefore, is scheduled after Labor Day and before the fall and winter holidays, Mr. Jensen explains.

That doesn't mean the business couldn't grow, though.

"Another opportunity for us with the European market would be to get direct flights from England and more from Germany. Maybe we, the hospitality folks, can have a pow-wow session with the port authority and see what we can do to make this happen."

In Punta Gorda, meanwhile, Ralph Allen is down in the engine room of one of his boats — the three-generation family business operates King Fisher Fleet with charters and cruises throughout Charlotte Harbor — fixing an engine as April rolls toward May and



business slows.

His daughter, Elissa Allen, who grew up on her dad's and grandfather's boats, is preparing a rather extraordinary selection of summer deals, she says — so business won't be slowing very much.

May, for example, is "Military Appreciation Month" in the King Fisher Fleet, when any active duty soldier, sailor or Marine, or any veteran, can cruise for free — and so can anybody who makes a \$10 donation to the Military Heritage Museum located near the Fleet office in Fishermen's Village.

There are also special deals for Mother's Day and Father's Day, Ms. Allen notes.

"For example, we have 14 moms coming from Sterling House (an assisted living facility) for Mother's Day, and they're all going on a sunset cruise at no cost," she says. "We really like doing that."

That's a significant give-a-way for the business, since tickets normally run from \$17.95 to \$29.95. But it's also good business, because "we're showing the customers in our own community a little love," she explains.

Or a lot of love.

That has to be done at some point — not just because it's a nice thing to do, but because it can ultimately boost profits or guarantee a base patronage that won't melt away in the heat, says Suzanne Sprech, assistant director of Florida Gulf Coast University's wide-reaching Small Business Development Center.

"Summer is a great time to do customer appreciations for existing customers — maybe some events or deals geared toward them, to add value to

day, all-evening six-day-a-week venture, they decided to do it differently, and just close for September.

Then last year, they chose to close the Bistro for three months — a bold but restorative move, Mrs. Vivet says.

And this year? Once again, they're taking a three-month hiatus. "After we close," explains Mrs. Vivet, "Christian is off on a quick trip to Paris to visit his family and then we are off to the mountains (of North Carolina and Georgia)."

That's about business, in part.

"From a cost of doing business perspective, between labor costs, spoilage, utilities and the lack of revenue, we actually reduced our expenses and overhead so much that the numbers made sense last year when we closed. Business drops off a lot when the 'winter visitors' leave town, so staying open isn't really cost effective.

"And after working 12 to 15 hours a day, six days a week at our 33-seat (plus eight at the bar) bistro, the chef (Mr. Vivet) needs a break. The only way we can really afford to do this, is that we are the owners, so we don't have to worry about hiring personnel for those two key positions — chef and front-of-house manager.

"The intimate size of our restaurant and the rental rate, along with not being in a mall that has restrictions on closings, also help make our 'taking a break' doable."

Making the resources work

For those who can't or won't take the long-vacation option, however, the SBDC, newly named the FloridaSBDC@floridagulfcoastuniversity (the new name is also the website) has aggressively upped its game to help small businesses all over the state, this summer.

For starters, the SBDC has hired some veteran, very knowledgeable consultants who stand ready to assist businesses — for free.

"Owners or managers can get educated during the summer, they can come get some consulting that could help change the way they do things" — and thus change the bottom line significantly, says Ms. Sprech.

"We have a QuickBooks expert, an international trade expert, a consultant that specializes in sales tax who came from the Department of Revenue: These are no-cost opportunities, although some seminars have a minimal cost themselves.

"So if they're drowning in QuickBooks, they can meet with that expert, who can help them retool or see if they're using their resources properly. Or maybe they want to trade outside the U.S. — they can meet with our international trade expert, Kevin Brady.

"Or they could attend our Small Business Resource Mini Trade Show, which kicks off May 14."

Any or all of that might help such entrepreneurs as Karen and Phillip Christie, co-owners of Smoke Signals Meats and Maverick Meat Processing, based in Lee County.

As a six-month blizzard of farmers market appearances where the Christies sell their high-end meat products subsidies, they're planning "to continue with what we did right, such as introducing locally raised, USDA inspected beef," says Mr. Christie.

The offseason, he adds, is no longer "off," he adds.

Instead, he plans to establish new relationships with local farmers, market the retail end of the business from his plant, and expand the customer base of restaurants in the region seeking local products, he says.

The Small Business Development Center, therefore, might help provide him a ticket to ride. ■

in the know

Advice from Suzanne Specht, assistant director, Florida SBDC

"In summer here, small business owners need to fine tune their marketing plans. Look at current budgets, develop new marketing tactics.

"A lot of times they forget about local customers — the locals. Look at them carefully. It's always easier to get perhaps more business from an existing customer rather than from a new customer. So look at whatever database you have for existing customers. What other products and services can you offer them?"

"Touch base. You have an opportunity in the summer to connect with and value existing clientele — the forgotten ones during season. These are the customers you have mainly had and will always probably have. "Offer them something new."



SPECHT

them, since they're sometimes forgotten in the rush of 'season,'" she says.

But gearing up the specials, offering reduced rates or sales, opening doors to special groups — all of that might prove more costly to a business and its hard-working owners than simply closing up shop for an extended period.

Especially when it comes to businesses that have to be hands-on all the time, such as restaurants.

After the Vivets tried a week per month off in summer from their all-

MONEY & INVESTING

Good investors read good books and lots of reports



Good investors read multiple periodicals on a regular basis and good investors attempt to annually read several books for much deeper investment understanding. Great investors are often found to be voracious readers, having an insatiable desire to keep learning and add to their skill set.

So important is reading (versus listening to financial pundits) that Sir John Templeton (the “Father of International Investing”) physically removed himself from the maddening crowd (spending most of his time in the Bahamas) and he removed himself from the most prevalent sources of financial information. By his own admission, he did not read many newspapers or listen to financial news, as he felt it was a distraction from the real learning process. He felt that the media skewed investor perceptions. Instead, he read corporate annual reports by the hundreds.

As many of the largest public companies will soon be releasing their 2013 year-end annual reports, you might want to make a list of several companies’ annuals that you will want to read. Your reading should span several sectors: e.g., railroad, car manufacturing, technology, food processing, health-care, energy, etc. If you undertake that discipline for 10 years, you will amass a large knowledge base across diverse sectors of the economy.

In addition to corporate annual report reading, many enlightened investors allocate effort and time to read several good investment books each year. Here are less well known investment books that can help you grow your understanding of investment styles and strategies and, more importantly, grow your understanding of your investing self.

First, you need to know your “emotional investment you.” Most people are not in touch with the reality of their emotions and how they get derailed in their thinking and actions. In these regards, it is good for all to read “Your Money and Your Brain: How the New Science of Neuroeconomics Can Help Make You Rich “ by Jason Zweig. Learn how: “Investment brains often drive us to do things that make no logical sense... (as our) emotional circuits deep in our brains make us instinctively crave what feels likely to be rewarding and shun whatever seems liable to be risky.” If you know that you have bought high and sold low; if you have wrongly exited a stock because it

missed earnings expectations by a penny; if you allocate much time to watching financial pundits but recognize that individually and collectively they have a terrible track record in market predictions; if you chase yesterday’s great performers; etc., then you are human, and you should read this book.

Second, the novice investor needs to know that even he can find his way through the investing maze. A book that helps beginning investors is a classic by legendary mutual fund manager Peter Lynch: “One Up On Wall Street: How To Use What You Already Know To Make Money In The Market.” Mr. Lynch affirms that the typical amateur investor has advantages over the typical mutual fund manager. The unseasoned investor is perfectly capable of spotting companies that: have a great new product, are entering a new market or have a new management team posed to turning a dull, desultory or damaged company into a superstar. Not that the numbers are unimportant; numbers follow breakthrough products.

Third, everyone needs to be reminded that their investing brilliance often is many times due to a bull market ... that a crash will one day bring humanity back to their doorstep. “Manias, Panics, and Crashes: A History of Financial Crises” by Charles Kindle Berger describes “peculiar

excesses” and how they are followed by a “revulsion from such excesses;” manias are followed by panics, crashes or crises. He describes how, somewhere along the way, the logic in investment thinking gets caught up with the emotions of profits and in the panic, how their investment thinking gets short circuited by the fear of further loss.

Fourth, most experienced investors eventually develop their investment style; they hone in on a strategy that works best for them. It is tailored to the specifics of the way they think, act, emote, how they want to live and allocate time and resources to investing, and the skills they bring to the table and resources. “Just One Thing: Twelve of the World’s Best Investors Reveal the One Strategy You Can’t Overlook” by John Mauldin takes investors beyond Graham and Dodd, or Templeton or Buffett or Lynch etc. Mauldin’s “greats” include Dennis Hartman who describes the Rules of Trading; A. Gary Shilling who writes on bonds; and a host of lesser known names... but all hugely successful. There is plenty of room for weirdness in investing and plenty of money to be made in these unique styles.

“Financial Shenanigans: How to Detect Accounting Gimmicks & Fraud in Financial Reports” by Howard Schlitiz pres-

ents a universal message: “that investors should always assume that (publicly traded companies have) the urge to exaggerate the positive and hide the negative ... will never disappear. And where the temptation exists, shenanigans often follow.” The financial misrepresentations and/or financial falsities in annual reports verbiage and financial statements happens if there is intent to mislead and it even happens when there is no intent to mislead. For instance, equity rock stars growing so fast often cannot handle their attendant financial reporting requirements; these managers live in a euphoric world of high-fives and deny anything that dampers their super star status.

On a regular basis, I read the posts at the online stock forum, Value Forum, not just for the posters’ comments, but for the posters’ linkage to insightful news columns, research and for their review of new investment books.

If there is just one great idea that you garner from such investment books, it will likely pay investment dividends multiple times over. ■

— Jeannette Showalter, CFA is a commodities broker with Worldwide Futures Systems, www.worldwidefuturesystems.com. Facebook: Jeannette Showalter, CFA.

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Sari's Angels

Nonprofit provides support for caregivers coping with cancer



BY AMY WOODS
awoods@floridaweekly.com

One year has passed since Ilene Arons' brother died from liver cancer. The Jupiter resident reflected on the moment by taking a walk on the beach while listening to Hawaiian artist Israel Kamakawiwo'ole's version of the song "Somewhere Over the Rainbow."

"Rob listened to that song over and over and over," Ms. Arons said of her sibling.

His death came shortly after that of their mother, Marilyn, who had colon cancer. In between, Ms. Arons' father, Joe, broke his hip.

"I couldn't believe all of this was happening at once," said Ms. Arons, who is project administrator in the Kravis Center's marketing department. "It was a little intense."

While at a volunteer event for the Friends of Jupiter Beach, she received a tip from one of the members that the Sari Center in West Palm Beach offered resources for caregivers.

"I thank God that this woman gave me that lead," Ms. Arons said. "She said, 'You have to speak to Patty Liebman at the Sari Center.'"

Patty Liebman works as an oncology counselor at the nonprofit organization founded on the principle of integrative care for those affected by cancer. She has 18 years of experience in the field, and an "Unsung Hero" Award from Susan G. Komen for the Cure.

"Patty really helped me through this journey," Ms. Arons said. "She is fantastic. I saw her quite a bit for 18 months. She understands cancer. She was able to help me with coping on a day-to-day basis, setting boundaries for myself."

The Sari Center offers a variety of services and treatments for cancer patients and their families, including acupuncture, Healing Touch, hypnotherapy, lymphedema treatment, massage therapy, nutrition classes, and support groups.

Ms. Arons received Healing Touch, a certified energy therapy technique that calms and nurtures the body and mind. She also attended nutrition classes.

"They were just so helpful to me and reminded me how to take care of myself," she said. "I had a really rough time, but I wanted to keep moving forward."

Today, Ms. Arons volunteers for the place that saved her spirit and renewed her well being. She sponsored a hole at last year's Sari Center Golf Classic and organized the event's silent auction. She also ran in the Sari Center 5K Run/Walk in February. Because of her efforts, she has become one of "Sari's Angels."

"I'll do anything for them," she said. "They're just a wonderful, wonderful



Corinne Danielson of Sari's Angels, Sidney Forbes, owner of the Forbes company, and Michele Jacobs, director of marketing and operations for Forbes, celebrate the "25 Years of Giving."

COURTESY PHOTOS



Joe Arons with his wife, Marilyn. Ilene Arons' mother died of cancer shortly before her brother, Joe, died of liver cancer.



Harriet Miller and Ilene Arons

organization. From the minute you walk into the Sari Center, it couldn't be a more comfortable environment. The people are what make it comforting. Corinne, from the very beginning, just welcomed me with open arms."

Corinne Danielson serves as the Sari Center's executive director.

"Yes, she's one of our angels," Ms. Danielson said of Arons. "She's amazing. So many people who have been served by the center want to find a way to give back. They become grateful."

The Sari Center debuted in August 2008, following the death of its namesake, Sari Asher, to multiple myeloma. Asher sought out integrative approaches to accompany her medical procedures and lived a better quality of life because of it. The Asher family started the center based on her holistic beliefs.

"A lot of people don't understand what

integrative cancer care is and how much it helps patients in their cancer process," Ms. Danielson said. "Healing Touch is excellent for fatigue in patients, for example, and a lot of our patients suffer from fatigue. Part of our marketing struggle is we're finding it hard to articulate what we do and how it helps."

Enter The Gardens Mall, kicking off the year with its "25 Years of Giving," a one-of-a-kind charity campaign that is offering a helping hand to some of Palm Beach County's most respected humanitarian organizations.

One of the 25 organizations honored by The Gardens Mall was the Sari Center. In addition to receiving a \$5,000 check, the center was included in a countywide media campaign to help raise additional money and awareness for the philanthropy.

"The exposure is huge for us," Ms. Dan-

ielson said. "It's expensive to get publicity, and we really thank The Gardens Mall for this exceptional nod of public acknowledgment."

"What the Sari Center offers to the community is compassion, invaluable resources, and a safe refuge from the storm," said Michele Jacobs, director of marketing and operations for The Forbes Company. "The Gardens Mall is very proud to be their philanthropic partner." ■

in the know

The Sari Center
 >>Where: 3401 PGA Blvd., Palm Beach Gardens
 >>Phone: 578-5900
 >>More Info: saricenter.org

PALM BEACH SOCIETY

“En Plein Air” opening, Cultural Council of Palm Beach County, Lake Worth



Barbara McDonald, John McDonald and Shirley Cowen



Edith Millard, Lorrie McKenna, Mary Mirabito and Tamara Giubardo.jpg



Barbara Wasserman and Martin Johnson



Carol Levy and Kat Albert



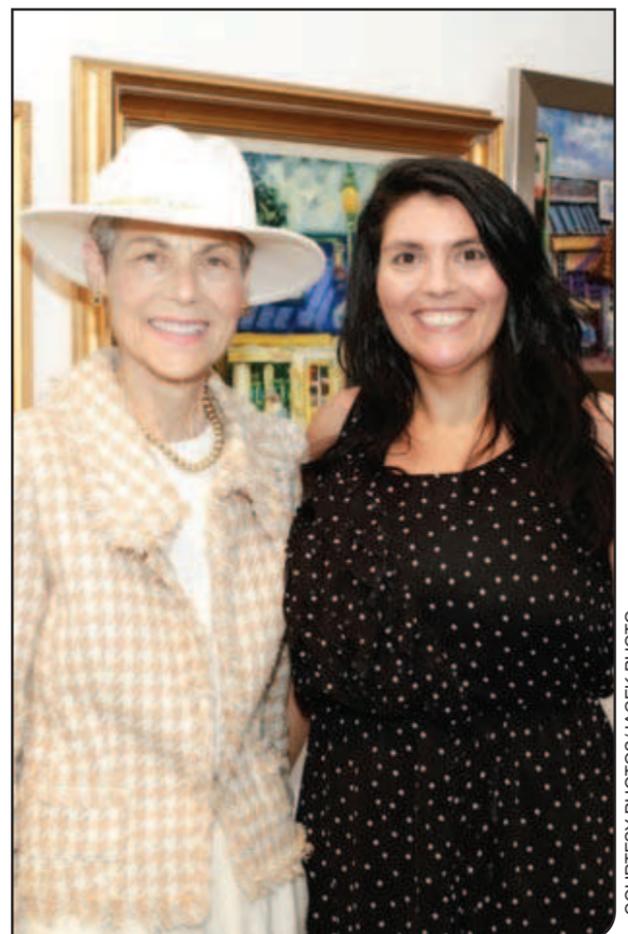
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COURTESY PHOTOS

Amazing ocean views, luxury amenities

SPECIAL TO FLORIDA WEEKLY

THE RITZ CARLTON RESIDENCES, SINGER Island, is the essence of luxury and sophistication with the aqua blue Atlantic Ocean as your backyard. The Ritz has unparalleled services and attention to detail with an amenity-rich lifestyle. The condominiums provide privacy, spaciousness and top-of-the-line features comparable to those found in an estate residence.

The interior of this 25th floor condominium was left untouched to enable the buyer's own interior designer the flexibility and freedom to design a space using the owners instructions and discriminating taste. The direct ocean views are spectacular — a blank canvas just waiting to see what nature will provide for the day. The glass balconies reinforce the transparency implemented in the clean architecture of the building.

The 2502A residence offers more than 4,500 square feet, which includes a state-of-the-art kitchen with Wolf gas stove and oven, built-in Meile coffee system, and Sub Zero refrigerator. The ocean-

front living area includes a wet bar and enough space to have a very large dining area or enclosed media room. Entering the master bedroom suite you will pass by the den/office where one can work and reflect on all the activity at the beach. This residence includes two additional guest bedrooms with ensuite baths for your family and friends.

Situated on 8.8 acres along the Palm Beach coastline, The Ritz Carlton Residences are a private oasis in a building that rises 27 stories and offers panoramic ocean views. The building offers five-star living, from housekeeping and valet services to gourmet dining and dedicated concierge. The Ritz Carlton Residences are just minutes away from Palm Beach's finest dining, entertainment and shopping. The Walker Real Estate Group specializes in selling and leasing at The Ritz Carlton Residences. Residence 2502A is offered at \$3,489,500. For information on this property and others at the Ritz Carlton Residences, Singer Island, Palm Beach, contact Jeannie Walker at 561-889-6734 or e-mail Info@WalkerRealEstateGroup.com. ■



TOP: Main balcony beach view.

ABOVE: Counters and cabinetry.

LEFT: Twin vanities.

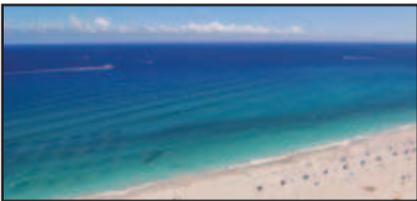
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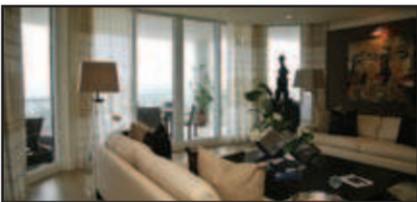
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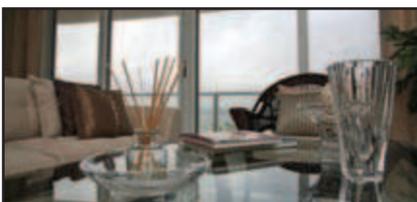
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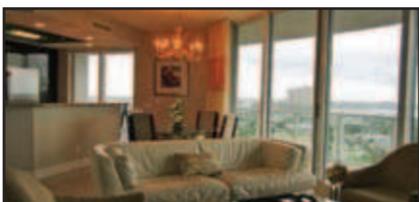
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COURTESY PHOTO

Mary Gushée and her husband Steve Gushée, who died of bladder cancer. Mr. Gushée had been the religion writer for the Palm Beach Post.

Fundraiser for bladder cancer research to honor Stephen Hale Gushée

SPECIAL TO FLORIDA WEEKLY

The Palm Beach Shop & Stroll will be held May 3 in Palm Beach to support the Bladder Cancer Advocacy Network. The event coincides with BCAN's Walk for Bladder Cancer, held in nearly 70 communities across the country.

The event features a fundraising "stroll" to increase bladder cancer awareness. The day will include a shopping opportunity for a cause. Twenty-three generous boutiques will donate 10 percent of proceeds from the day's sales to support BCAN.

The Palm Beach Shop & Stroll was conceived by Mary Gushée, owner of Mildred Hoit, in memory of her husband, Steve Gushée.

"My husband was a man of action," Ms. Gushée said in a prepared statement. "He was never afraid to speak the truth. That is what we are doing in his name — speaking the truth about bladder cancer."

With the help of a dedicated committee, Ms. Gushée hopes to raise \$100,000 to fund a Young Investigator Award for bladder cancer research. The research grant will be named in honor of Stephen Hale Gushée and help activate a new generation of scientists who are saving lives and will someday find a cure for bladder cancer.

Founder of BCAN, Diane Zipursky, stated, "We are so grateful for Mary Gushée and her committee. We know that this event will help raise awareness about bladder cancer and fund research to find a cure."

The honorary chairpersons for the Shop & Stroll are Hillie Mahoney and golf legend, Raymond Floyd.

To get involved, go to www.bcan.org.

Founded in 2005, the Bladder Cancer Advocacy Network is the only national organization devoted to advancing bladder cancer research and supporting those touched by the disease.

Through a comprehensive program of research, education and advocacy, BCAN is the leading voice for bladder cancer. For more information, visit www.bcan.org.

To participate in the Shop & Stroll meet at Mildred Hoit. Registration is at 8:30 a.m. The walk is at 9 a.m., rain or shine. Each sponsored walker will raise \$1,000 towards a research grant in early detection of bladder cancer.

Participating shops include Blue Provence, C'est Si Bon, C. Orrico, Elephant's Foot Antiques, Evelyn and Arthur, Heath & Company, J. McLaughlin, Kassatly's, Leta Austin Foster, Marley's Palm Beach Collection, Mary Mahoney, Mary Woerner Fine Arts, Maus & Hoffman, Mildred Hoit, Myers Luggage, Palm Beach Sandals, Pastel, Pioneer Linens, Richters of Palm Beach, Roger White Piano, Sherry Frankel's Melangerie, Stationer on Sunrise and T is for Table. ■



in the know

>> **FACT:** Bladder cancer is the 4th most commonly diagnosed cancer in men in the U.S.

>> **FACT:** There have been no major advancements in the treatment of bladder cancer in over 20 years.

>> **FACT:** The most common symptom of bladder cancer is blood in the urine.

Source: American Cancer Society



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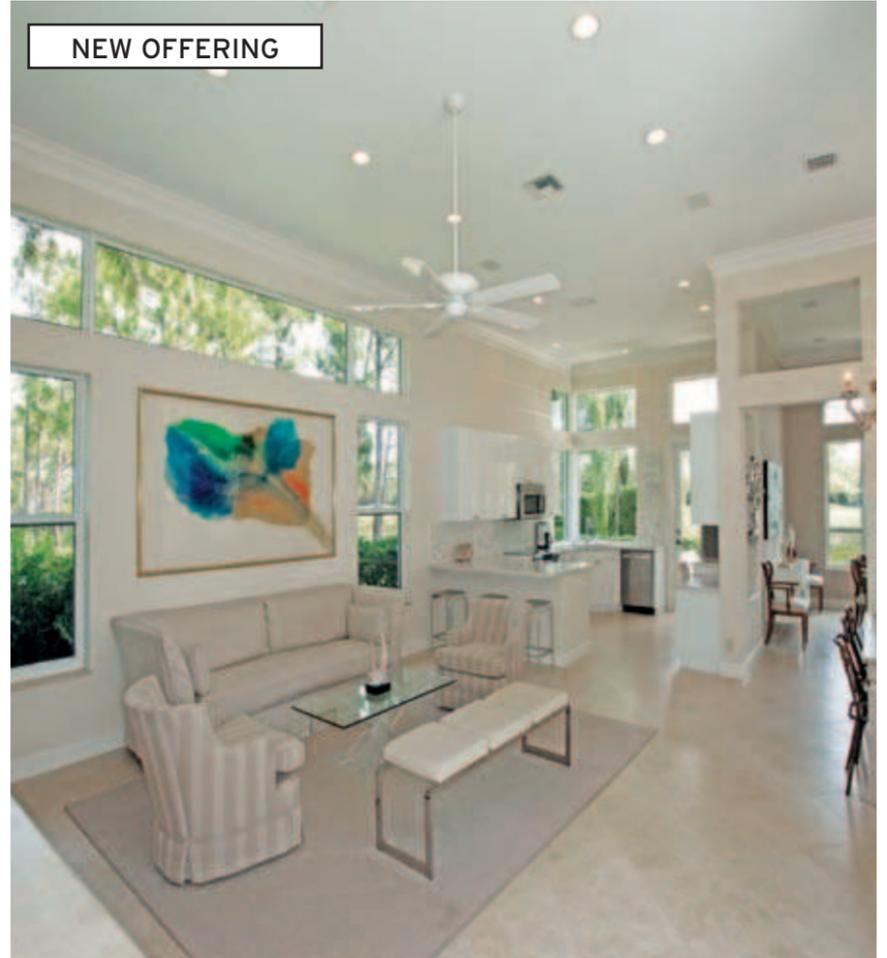


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KOVEL: ANTIQUES

American pottery portray real and romanticized animals

BY TERRY AND KIM KOVEL

American art pottery artists often painted pictures on their vases, pitchers and other pieces. They painted bats, frogs, rabbits, birds and other animals in their natural form, as well as fantasy animals represented as well-dressed humanlike figures. The marks on these ceramics often indicate the age, company and artist, as well as some other factory information about type of clay or glazes. What better way to suggest the origin, age and value of a piece today. Robert Bruce Horsfall (1869-1948) was an artist at Cincinnati's Rookwood factory, where he decorated a Standard Glaze pitcher with pictures of the Toad of Toad Hall from "The Wind in the Willows," the 1908 children's classic by Kenneth Grahame. The finished pitcher was then sent to Gorham Manufacturing Co., where it was given a silver overlay. The well-designed piece, with a complete history, sold for \$4,375 at a March 2014 Rago Arts auction in Lambertville, N.J., even though it had some minor imperfections.

Q: I have a Lloyd Loom baby carriage that was bought for my dad when he was born in 1924. The inside has been re-covered, but everything else is original and is still in very good condition. It has glass porthole-type windows in the side of the hood, a wooden handle, rubber tires on the wheels and a brake. A metal tag on it reads, "Lloyd Loom Products" and "Method Patented Oct. 16, 1917." Can you tell me approximately when it was built and the current value?

It's priceless to me because it was my dad's.

A: Marshall B. Lloyd (1858-1927) was an inventor and manufacturer. He opened Lloyd Manufacturing Co. in Menominee, Mich., in 1907 and began making children's wagons. In 1914 the company began making hand-woven wicker baby carriages. Then in 1917 Lloyd was granted a patent for a method of making a wicker-like material by weaving twisted brown wrapping paper around metal wires. He also invented a loom that wove the material, making the process much faster than weaving by hand. Lloyd Loom fabric is the name of the woven material. In 1919 Lloyd sold the patent for the process to a British furniture manufacturer. Your baby carriage was made between 1917, when the patent was issued, and 1924, the year your father was born. Today these carriages are not considered safe to use with a real baby, so they usually sell to doll collectors or decorators. It's worth about \$300.



Silver overlay on important pieces of pottery adds greatly to their value. This Rookwood vase with overlay by Gorham sold for \$4,375 at a March 2014 auction held at Rago Arts and Auction Center in Lambertville, N.J.

Coca-Cola serving tray is rectangular and measures 13¼ inches high by 10½ inches wide. It's worth close to \$400 if it's in near-mint condition or better. Of course, most old trays aren't near-mint, so even if yours is old, it probably won't sell for that much. Reproductions of this tray have been made since the 1970s, some even by the Coca-Cola Co. Some reproductions are round or oval, some may be marked with phrases like "Reg. U.S. Patent Office," and some may show a slightly altered image.

Q: I have a wooden cigarette machine that once dispensed old packs of cigarettes, like Lucky Strike, for 15 cents. It

doubles as a magazine rack. I know it was made sometime between 1929 and 1933. The label on it reads, "Howard Home Humidor, this humidor and its contents are the property of C.B. Howard Co., Inc.," and includes an address in New York. What is its value?

A: Your coin-operated combination cigarette dispenser and magazine rack probably was used in hotel lobbies or other places where a smoker might sit down to read a magazine and have a cigarette. Although it's called a "Home Humidor," it's unlikely someone would have a coin-operated cigarette dispenser in their home. C.B. Howard Co. made at least one other similar dispenser, a combination cigarette machine and end table. These date from about 1931. One sold a year ago for \$300.

Tip: Be careful when cleaning bronze figurines, lamp bases, bowls, etc. Never use steel wool, stiff brushes or chemicals. ■

— Terry Kovel and Kim Kovel answer questions sent to the column. By sending a letter with a question, you give full permission for use in the column or any other Kovel forum. Names, addresses or email addresses will not be published. We cannot guarantee the return of photographs, but if a stamped envelope is included, we will try. The amount of mail makes personal answers or appraisals impossible. Write to Kovels, (Florida Weekly), King Features Syndicate, 300 W. 57th St., New York, NY 10019.

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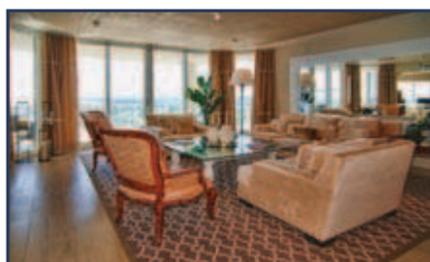
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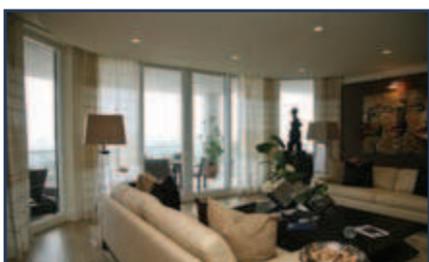
Ritz 2502A
3BR/3.5BA - \$3,489,500



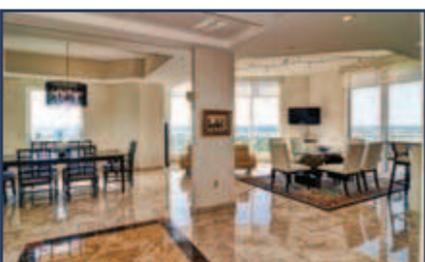
Ocean's Edge 1401
4BR/4.5BA - \$2,975,000



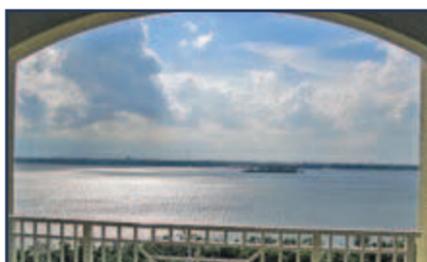
Ritz 1904A
3BR/3.5BA - \$2,899,999



Ritz 1704A
3BR/3.5BA - \$2,699,000

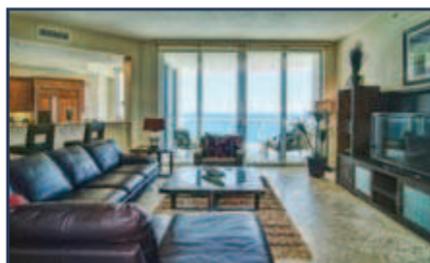


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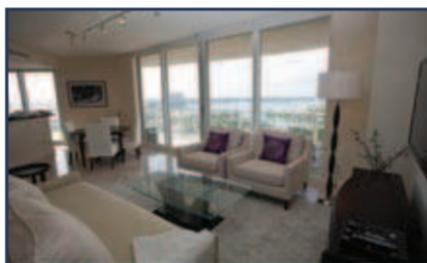
Beach Front 1903
3BR/3BA - \$1,499,000



Resort 1651
3BR/3.5BA - \$1,395,000



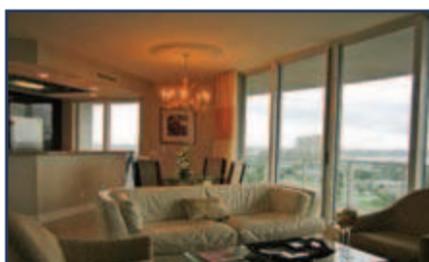
Beach Front 604
3BR/3.5BA - \$1,299,900



Ritz 1506B
2BR/2.5BA - \$1,280,000



Ritz 1206B
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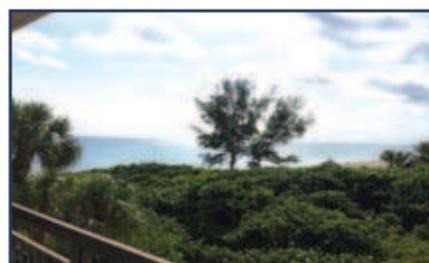
Martinique WT1402
3BR/4.5BA - \$825,000



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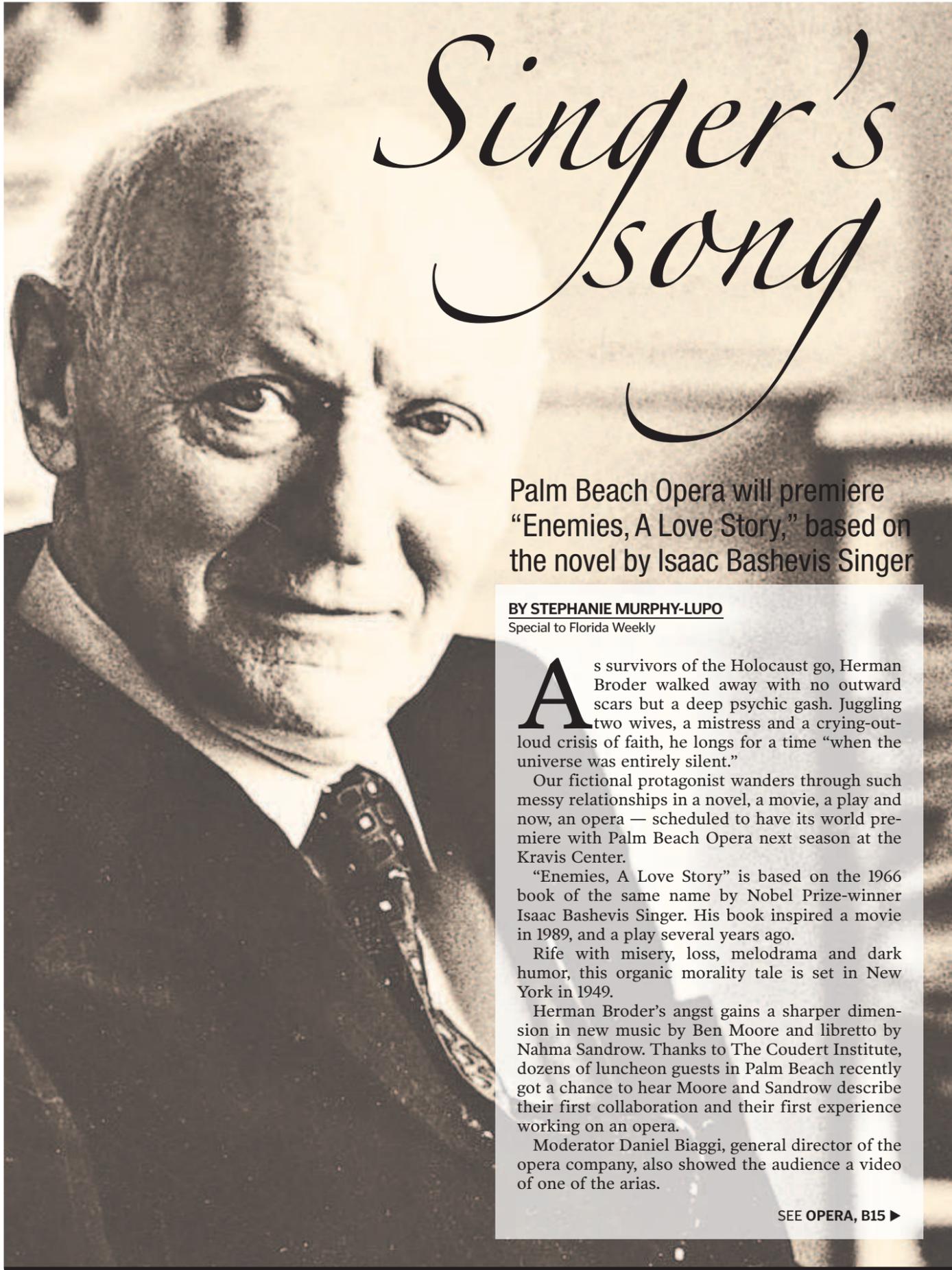


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WEEK OF MAY 1-7, 2014

A GUIDE TO THE ARTS & ENTERTAINMENT SCENE



Singer's Song

Palm Beach Opera will premiere "Enemies, A Love Story," based on the novel by Isaac Bashevis Singer

BY STEPHANIE MURPHY-LUPO
Special to Florida Weekly

As survivors of the Holocaust go, Herman Broder walked away with no outward scars but a deep psychic gash. Juggling two wives, a mistress and a crying-out-loud crisis of faith, he longs for a time "when the universe was entirely silent."

Our fictional protagonist wanders through such messy relationships in a novel, a movie, a play and now, an opera — scheduled to have its world premiere with Palm Beach Opera next season at the Kravis Center.

"Enemies, A Love Story" is based on the 1966 book of the same name by Nobel Prize-winner Isaac Bashevis Singer. His book inspired a movie in 1989, and a play several years ago.

Rife with misery, loss, melodrama and dark humor, this organic morality tale is set in New York in 1949.

Herman Broder's angst gains a sharper dimension in new music by Ben Moore and libretto by Nahma Sandrow. Thanks to The Coudert Institute, dozens of luncheon guests in Palm Beach recently got a chance to hear Moore and Sandrow describe their first collaboration and their first experience working on an opera.

Moderator Daniel Biaggi, general director of the opera company, also showed the audience a video of one of the arias.

SEE OPERA, B15 ►

Friends of Jupiter Beach plan next food, wine fest

SPECIAL TO FLORIDA WEEKLY

Friends of Jupiter Beach is announcing its 5th Annual Food and Wine Festival, set for 3 p.m.-6 p.m. May 17 at the Jupiter Riverwalk Events Plaza under the Indiantown Road Bridge.

This year's festival will feature more than 45 purveyors of foods, wines and other beverages. A greater and more varied selection of sips — including non-alcoholic options — will be on hand for the family-friendly, dog-friendly event that will feature live music from Bill Porter Music and the island sounds of TC Terry. Former county commissioner and FJB supporter Karen Marcus is honorary chair.

General admission ticket prices are \$35 in advance (if purchased by 5 p.m.

May 16 through the website), \$50 at the door and \$15 for children 12 and younger. VIP tickets are \$75. Purchase tickets in advance at FJBFoodandWine.org, at the May 3 beach cleanup or at the gate.

Participating restaurants include 3800 Ocean, Ahh Loi Thai & Sushi, Bimini Bay (formerly Sugar Cane Island Bistro), Bonefish Grill, Bubba Gump Shrimp Company, Buccan, Buonasera Ristorante, Carmela's Pizza and Wine Bar, Casa Mia, Cod & Capers Seafood Marketplace & Café, Coolinary Café, Cordon Bleu Catering, Corner Café & Brewery, dd's Cupcake Shoppe,

Gallery Grille, In the Kitchen, Ironwood Grille at PGA National Resort & Spa, Koon Manee Thai & Sushi, Krave, Leftovers, Little Moir's Food Shack, PB Catch, Pistache French Bistro, Schooner's, Season's 52, Tabica Grill, Table 427, Talay Thai, Too Bizarre Café, Tutti Frutti Frozen Yogurt and Whole Foods Market.

There will be wine, beer, spirits and soft drinks from Bonterra, BulletProof Wine & Spirits, Carey Chen Wines, Francis Ford Coppola Winery, Guanabanas, Leblon Cachaca, Oceana Coffee, Opici Imports, PRP Wines, Premier Beverage, Rex Goliath, Southern Wine & Spirits, Tequesta Brewing Company, Tito's Handmade Vodka, Treasure Coast Seltzer, Whole Foods Market, Winehooch and Yellow Tail. ■



INSIDE



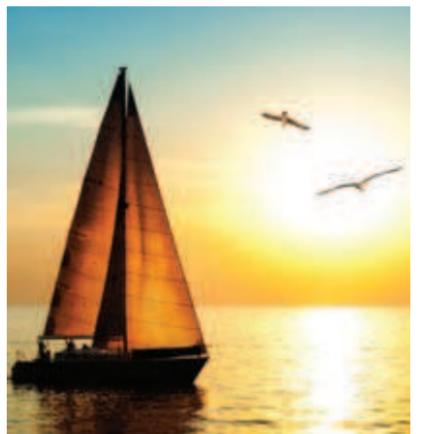
In the Kitchen

Christopher Slawson prepares living foods at Christopher's Kitchen. B19 ►



Society

See who was out and about in Palm Beach County. B7, 10-11, 14, 16-17 ►



Sandy Days, Salty Nights

Live on a boat? It's not always smooth sailing. B2 ►



Vino

Summer means opportunities to enjoy lighter, crisper wines. B18 ►

SANDY DAYS, SALTY NIGHTS

Anchors away



artisHENDERSON

sandydays@floridaweekly.com

A friend recently told me he plans to buy a sailboat, and I had to cover my mouth to hide my laugh.

“A sailboat?” I said incredulously. “But you don’t live anywhere near the ocean.”

He looked away liked I’d missed the point. Which is entirely possible — when it comes to men and boats, I’m forever in the dark. So it’s funny that this might be a predictor for my relationship compatibility, at least with men who have big sea expectations.

In an interview for the book “The Art of Doing: How Superachievers Do What They Do and How They Do It So Well,” the founders of OKCupid — four mathematicians who put more stock in personality algorithms than face-to-face chemistry — revealed the three questions that most accurately predict long-term relationship success:

- Do you like horror movies?
- Have you ever traveled around another country alone?
- Wouldn’t it be fun to chuck it all and go live on a sailboat?

I had to laugh at that last one. I see what they’re getting at, and I’m sure it doesn’t have much to do with a potential date’s seaworthiness. The question, I’d guess, measures how much a person values freedom versus stability, adventure over security.



For a girl like me, you would think the answer would be obvious. But my hunch is that most people who answer yes to this question haven’t spent much time on a sailboat.

My last stint on the water was a two-week tour of the Caribbean with a man so

handsome I had to squint to look at him. He had these big hands that he used to work the rigging (among other things). It should have been paradise. But this is what I remember: A day of choppy seas spent trying to hold down the tuna salad I’d eaten for lunch. A windy afternoon when the

boat heeled so far to the side I could dip my hand in the waves and I was sure we would founder. I remember seasickness and sunburns and the ever-present fear that things were about to go disastrously wrong.

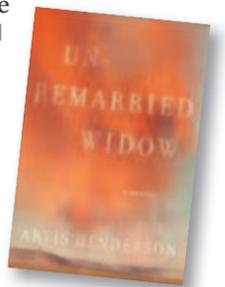
Chuck everything and live on a sailboat? Not my idea of fun.

But maybe I’m being unfair. Perhaps I’m misremembering that trip, in the way that we all misremember relationships when we’re trying to justify why we left a good thing. For every day of rough seas, we had three of smooth sailing. Even though we had gusty patches, most of the time the winds were just right. I spent a night or two lying awake, sure I could hear footsteps on deck, but most nights I slept an easy, water-rocked sleep.

And there was that man, of course, who deftly steered us into the wind and kept us safe from harm. I remember a warm and clear night, the two of us in a dinghy motoring back to the boat. We had cleared the curve of the harbor and entered a darkness so complete I’ve never seen its equal. Waves slapped the edge of the boat, and a shoal of stars winked down from overhead. In all the world, there was no place I’d rather be.

Is that what those OKCupid guys meant? ■

— Artis Henderson is the author of “Unmarried Widow” published by Simon and Schuster.



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COLLECTOR'S CORNER

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Art and Antiques Across Florida



Just when you thought season was winding down, up sprung a crop of antiques and collectibles events, including a couple of favorites.

■ **West Palm Beach Antiques Festival** — The first of the summer shows, this festival may well have different dealers from those you see during season. I will have a booth May 3-4. Please be sure to stop by and say hello. The show is noon-5 p.m. May 2, 9 a.m.-5 p.m. May 3 and 10 a.m.-4:30 p.m. May 4 at the South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. Tickets: \$8 adults, \$7 seniors, free for younger than 16. Two-day admission: \$12. A \$25 early buyer ticket allows admission 9 a.m. to noon May 2. 941-697-7475 or wpbaf.com.

■ **Kofski Estate Sale** — This high-end sale will include antiques and accessories from homes on North Lake Way, Worth Avenue and County Road in Palm Beach. That latter home is "a fabulous house," according to Kofski owner Chris Hill. It's 9 a.m.-3 p.m. May 3-4 at 5501 Georgia Ave., West Palm Beach; kofski.com. It's the last scheduled sale of the season, but Kofski's offices and retail locations will be open; 561-585-1776.



COURTESY PHOTO

SPOTTED: This large set of Royal Copenhagen Seagull dinnerware was \$699.99 at True Treasures, 3926 Northlake Blvd., Palm Beach Gardens; 561-694-2812.

■ **Auction by A.B. Levy's** — A.B. Levy's auction includes jewelry, timepieces, paintings, Gallé glass, sculptures, Chinese works and silver by Gorham, Tiffany & Co. and others. It's set for two sessions, 1 p.m. and 4 p.m. May 4 at 211 Worth Ave., Palm Beach; 561-835-9139 or ablevys.com.

■ **Estate sale** — Lulu's Stuff will hold an estate sale 9 a.m.-2 p.m. May 3 at 224 E. Lakewood Road (just south of Southern Boulevard and west of Flagler Drive), West Palm Beach. Cash only; 561-655-1529. ■

— Send your event information to Scott Simmons at ssimmons@floridaweekly.com.

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WHAT TO DO, WHERE TO GO

Please send calendar listings to calendar editor Janis Fontaine at pbnews@florida-weekly.com.

Thursday, May 1

■ **SunFest** — Through May 4 at the Waterfront, 10 N. Flagler Drive, West Palm Beach. Food, art and entertainment. Info: sunfest.com

■ **"Music of the Night: A Tribute To Andrew Lloyd Webber"** — Through May 11, The Plaza Theatre, 262 S. Ocean Blvd., Manalapan. A cabaret-style show with selections from "Cats" to "Evita." Starring Wayne LeGette, Laura Hodos, and Ann Marie Olsen. Directed by Amy London. Music direction by Mark Galsky. Show-times: 2 p.m. Wednesdays and Sundays; 7:30 p.m. Thursdays and Fridays at 7:30 p.m., and 2 and 7:30 p.m. Saturdays. Tickets: \$35. Info: 588-1820; plazatheatre.net

■ **"Million Dollar Quartet"** — Through May 4. Relives the jam sessions on Dec. 4, 1956, when a twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley together at the Sun Records in Memphis. Features James Barry as Carl Perkins, John Countryman as Jerry Lee Lewis, Tyler K. Hunter as Elvis Presley and Scott Moreau as Johnny Cash. Part of Kravis On Broadway. Show-times: 8 p.m. May 1-3, and 2 p.m. May 3-4. Tickets: \$25 and up at 832-7469; kravis.org. Info: MillionDollarQuartetLive.com.

Friday, May 2

■ **Safari Nights at the Palm Beach Zoo** — 5:30-9:30 p.m. Fridays through October, at the Palm Beach Zoo, 1301 Summit Blvd., West Palm Beach. Features meet 'n' greets, roving animal encounters, photo opportunities, craft station, carousel rides, dinner specials and live music in the Tropics Café. Admission: Members: Free in June, July and August, and \$15.95 age 13 and older, \$9.95 age 3-12, free for younger than 3. Nonmembers: \$9 age 13 and older; \$5 age 3-12; free for younger than age 3. Info: 533-0887. palmbeachzoo.org/special-events.

■ **West Palm Beach Antiques Festival** — May 2-4 (noon to 5 p.m. Friday, 9 a.m.-5 p.m. Saturday, and 10 a.m.-4:30 p.m. Sunday), South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. See hundreds of dealers in antiques, collectibles and decorative items at the Tickets: \$8 adults, \$7 seniors, free for younger than 16. Two-day admission: \$12. Also offered: a \$25 early-buyer ticket. Discount coupon online at wpbaf.com. Information: 941-697-7475.

■ **The Center for Family Services' Golf Classic** — May 2, Old Marsh Golf Club, Palm Beach Gardens. Breakfast, a shot-gun start followed by an awards luncheon. Tickets: \$395 per golfer and \$1,500 for a foursome. Also planned: A kick-off party and silent auction on May 1. Tickets: \$25 per person. Info: 616-1257; scollemer@ctrfam.org

Saturday, May 3

■ **Cruise In, a Benefit for Hospice Of Palm Beach County Foundation** — May 3, Legacy Place, 11290 Legacy Ave., Palm Beach Gardens. Classic and custom cars; trucks; corvettes; muscle and antique cars. Free. Info: shoplegacyplace.com

Wednesday, May 7

■ **Documentary and Benefit Concert for Dane Johansen** — May 7, Café Boulud at The Brazilian Court Hotel, 301 Australian Ave., Palm Beach. Hosted by The Chamber Music Society of Palm Beach, features cellist Johansen in a special preview of his "Walk to Fisterra," a musical pilgrimage and journey covering 600 miles in Spain while carrying his cello. He'll stop to perform Bach's "Six Suites for Solo Cello" in ancient churches along the way. Proceeds will fund his journey. Cocktails at 6 p.m., performance at 7 p.m. Tickets: \$125. Info: 379-6773; cmspb.org.

Looking Ahead

■ **The Open Door's 4th annual Designer Treasures Luncheon** — May 8, at PGA National Resort & Spa in Palm Beach Gardens. A special Mother's Day luncheon with an auction of gently used designer items along with a traditional silent auction. All proceeds benefit The Open Door, which provides mentoring teen mothers in Palm Beach County. The theme is Lilly Pulitzer-inspired. Tickets: \$85, \$850 for a table of 10. Info: mentorsforteenmothers.org or email angela@mentorsforteenmothers.org; 329-2191.

■ **Do at the Zoo** — May 9, at the Palm Beach Zoo, 1301 Summit Blvd., West Palm Beach. A fiesta-casual fundraiser features a movable feast, live entertainment, animal encounters, and a silent auction. Tickets: \$200 and up. Info: 533-0887. palmbeachzoo.org/special-events.

■ **Ballet auditions for the pre professional Division** — May 10, Florida School for Dance Education 4100 PGA Blvd., Palm Beach Gardens. For ages 12-20. Other glasses for all skill levels are also registering. Info: 627-9708.

■ **Mother's Day Weekend Culinary Tour** — May 10. The Taste History Culinary Tour explores the cuisine, culture, art and history of Lake Worth and Lantana. Food tours board at Macy's (East Entrance), 801 N. Congress Ave., Boynton Beach. Reservations required. Tickets: \$40. Info: 243-2662; tastehistoryculinarytours.org

■ **Ballet Palm Beach: "Tales My Mother Told," A Mixed Repertory Program** — May 11, PBSC Eissey Campus Theatre, 3160 PGA Blvd., Palm Beach Gardens. Tickets/info: 207-5900; balletpalmbeach.org

■ **"The World Through the Lens" Opening Reception** — 5:30 p.m. May 14, A Unique Art Gallery 226 Center St. A-8, Jupiter. A juried photography exhibition and sale. The exhibit runs through June 5. Info: 529-2748; artistsassociationofjupiter.com

■ **Harvey E. Oyer, III, Book Reception** — 7 p.m. May 14, at the Palm Beach Gardens Historical Society, 5312 Northlake Blvd., in the Kaleo building on the south campus of Christ Fellowship Church. "The Last Calusa" is the author and historian's third book in a series about the adventures of Charlie Pierce, one of South Florida's earliest pioneers. Refreshments before the program. Free. Info: PBGHistoricalSociety.org or 622-8538.

■ **Dr. Amir Amedi speaks** — May 14, Congregation B'nai Israel, 2200 Yamato Road, Boca Raton, in the Cohen/Friedkin Sanctuary. Amedi, an Associate Professor of Medical Neurobiology at The Hebrew University of Jerusalem, will explain his theory of "visual rehabilitation," and discuss findings on the connections between sounds and vision. Minimum suggested donation: \$18. Info: 241-8118; cbiboca.org/dramedi

■ **Save the Tiger 5K** — May 17. The run winds through Dreher Park and finishes in Fountain Plaza inside the zoo. A chip-timed, USATF sanctioned run. Registration: \$20-\$40. Register online at https://register.racepartner.com/Save-TheTiger5K/

■ **KDW Classic** — May 31. The family friendly kingfish-dolphin-wahoo fishing tournaments is produced by the West Palm Beach Fishing Club (WPBFC) and attracts more than 200 boats and nearly 1,000 anglers each year, and gives out a wide range of prizes for adults and kids. \$175-200 registration fee per boat before May 22, \$275 after. Register online at kdwwclassic.com. Info: Call WPBFC at 832-6780.

■ **Charity Golf Outing to Benefit SafeSpace** — June 7, Martin Downs Golf Club, 3801 S.W. Greenwood Way, Palm City. Benefits SafeSpace, a non-profit organization helping victims of domestic violence. Entry: \$95 or \$350 per foursome. Includes 18 holes of golf, golf cart, goodie bags, lunch, a sleeve of balls, awards and range balls. Info: jr-charitygolf.com.

At The Arts Garage

The Arts Garage, 180 NE First St., Delray Beach. Info: 450-6357; artsgarage.org.

Special events

■ **Performing Arts Academy Semester Showcase** — May 3

■ **Sherrie Austin** — May 10

■ **"In the Heights"** — May 15-18

■ **"The Trouble With Doug"** — Through May 11

Jazz project

At The Bamboo Room

The Bamboo Room, 15 S. J St., downtown Lake Worth. Info: 585-BLUE; bambooroomblues.com

■ **The Merry Franksters** — May 9, \$5,

■ **Albert Castiglia** — May 10. \$12-\$15,

■ **Igor and the Red Elvices** — May 16. \$20-\$25.

■ **Big Bill Morganfield** — May 17. \$18-\$23.

■ **Roadkill Ghost Choir** — May 23.

■ **Rod MacDonald's Big Brass Bed** — May 23.

At The Boca Museum

The Boca Museum of Art, 501 Plaza Real, Boca Raton. Admission: Free for members and children 12 and younger; adults \$8; seniors (65+) \$6; students

(with ID) \$5. Info: 392-2500; bocamuseum.org

■ **"Afghan War Rugs: The Contemporary Art of Central Asia"** — May 3-July 27. Features more than 40 rugs from a European collection.

■ **"Elaine Reichek: The Eye of the Needle"** — May 3-July 27. Knitted and embroidered artworks with a conceptual twist.

At The Colony Hotel

The Colony Hotel, 155 Hammon Ave., Palm Beach. Info: 655-5430; thecolony-palmbeach.com.

■ **In the Polo Lounge** — Tommy Mitchell, pianist, Thursday and Saturday evenings; Motown Friday Nights with Memory Lane.

Cabaret in the Royal Room

■ **Jeff Harnar** — May 2-3, May 9-10

■ **Faith Prince** — May 16-17 and May 23-24

■ **Mary Wilson** — May 30-31 and June 6-7

At Cultural Council

The Cultural Council of Palm Beach County, 601 Lake Ave., Lake Worth. Gallery hours are 10 a.m.-5 p.m. Tuesday through Saturday. Free. Info: 471-2901; palmbeachculture.com

■ **"Art Outside the Walls: En Plein Air"** — Through June 7. Features the work of Palm Beach County artists who have embraced the French expression "en plein air," or to paint in the open air, at 10 inspiring locations from Boca Raton to Jupiter. Artist lecture May 6 at 3 p.m.

At Delray Playhouse

The Delray Center For The Arts, Old School Square at 51 N. Swinton Ave. in Delray Beach. Summer hours: Tuesday-Sunday, 10 am - 4:30 pm; closed Monday and major holidays. Summer admission: \$5; free for children younger than age 6. Info: 243-7922; delrayarts.org.

At the Pavilion:

■ **Cinco de Mayo Festival** — 11 a.m.-10 p.m. May 3. Admission \$10; children under 10 free. Live music, dancing, traditional food, games, costume contest and Chihuahua race, presented by the Hispano-Latino Cultural Alliance.

■ **Free Open Readings** — May 8, June 12. The Writers' Colony invites aspiring writers and poets to share their original work. To sign up, call 364-4157.

■ **Old School BeerFest** — May 9. Craft brews, international beers and ciders; food stations (for purchase), wine sampling area, cash bar and live music by Pocket Change and Jay Blues Band. General: (7:30 to 10:30 p.m.) \$30 in advance; \$40 at the door. VIP: (6-7:30 p.m.) \$50 in advance, \$60 at the door.

■ **The Eldar Djangirov Trio** — May 23. \$40.

In the Crest Theatre Galleries:

■ **School of Creative Arts Showcase** — May 1-Sept. 28. A multi-media exhibit showcasing drawings, paintings,

WHAT TO DO, WHERE TO GO

collage, mixed media and photographs by adult and youth students and instructors.

In the Cornell Museum:

■ **2014 National Juried Exhibition** — Through May 11.

At Dramaworks

Palm Beach Dramaworks at The Don & Ann Brown Theatre, 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2; palmbeachdramaworks.com.

■ **Knowledge & Nibbles** — Eat lunch and learn about the upcoming production of "Tryst," 11:30 a.m.-1 p.m. May 14. To make a reservation, contact the box office at 514-4042, Ext. 2.

■ **"Tryst"** — May 16-June 8

■ **Summer 2014 to 2015 Season Tickets** — On sale now for non-members. Features Zorba (June 20-29); The Most Happy Fella (July 18-27); and Our Town (Oct. 10).

At The Duncan

The Duncan Theatre, Palm Beach State College, 4200 Congress Ave., Lake Worth. Info: 868-3309; palmbeachstate.edu/theatre/duncan-theatre.

■ **Junie B. Jones** — May 3

At the Gallery: (Hours: Monday through Friday 9 a.m. - 4 p.m. Info: 868-3270.)

■ **Aspira Art Show** — Through May 1, featuring works by artist Ramiro Colazo More.

At The Eissey

Eissey Campus Theatre, Palm Beach State College, 11051 Campus Drive off PGA Blvd, Palm Beach Gardens. Tickets: 207-5900 (unless otherwise specified) or eisseycampus theatre.org.

In the Eissey Campus Gallery:

■ **The 28th annual Student Art Exhibition 2014** — Through May 7, in the BB Building. Info: 207-5015.

■ **Rick Seguso Art Exhibition** — May 2 - June 4. Oil paintings.

At The Four Arts

Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Gallery and box office: 655-7226; fourarts.org.

■ **Film screening and tribute to opera superstar Virginia Zeani** — 6 p.m. May 8, In the Dixon Education Building. "The Life and Career of Virginia Zeani, Legendary Prima Donna Celebrating the Golden Age of Opera." A champagne reception will follow, with Madame Zeani. Tickets: \$60. Info: 805-8562; fourarts.org.

In the Mary Alice Fortin Children's Art Gallery:

■ **"Illustrating Words: The Wondrous Fantasy World of Robert L. Forbes, poet and Ronald Searle, artist"** — Through summer 2015.

At The Kravis

The Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 832-7469; kravis.org.

■ **"Million Dollar Quartet"** — Through May 4

■ **Spotlight on Young Musicians** — May 9. Tickets: \$10 in advance, \$12 day of show.

■ **Video Games Live with Orchestra and Choir** — May 17. Family Fare performance. \$20 and up.

Dance

■ **The Dancers' Space, Act III** — May 4 and 18, June 1 and 15

At The Morikami

The Morikami Museum and Japanese Gardens, 4000 Morikami Park Road, Delray Beach. Info: 495-2223; morikami.org

■ **Sushi & Stroll Summer Walk Series** — 5:30 - 8:30 p.m. May 9. A cold drink, a breathtaking sunset and a walk through a tranquil garden, taiko drumming, and sushi and craft sake. Admission: \$8 adults, \$6 age 4-10; free for age 3 and younger and museum members.

■ **World Bonsai Day** — May 10. Tour the renovated bonsai exhibition, observe bonsai demonstrations, and purchase your very own tree. Free with paid admission.

Family Fun Holiday Activity: Mother's Day Craft — May 11. Make your mother's day by making a special card for her. Free with paid admission

At The Mounts Garden

Mounts Botanical Garden, 531 S. Military Trail, West Palm Beach. Info: 233-1737; mounts.org

Connoisseur's Garden Tour — May 10-11. Mounts Botanical Garden hosts this popular annual tour of exceptional private gardens. This is your chance to peek behind the hedges of eight gardens from Boca Raton to Jupiter. Travel at your own pace. Tickets: \$20 members; \$25 nonmembers.

At PBAU

Palm Beach Atlantic University, West Palm Beach. Locations vary. Info: 803-2970; ticketcentral@pba.edu.

■ **The PBAU Symphonic Band Spring Concert** — 7:30 p.m. May 2, at the Persson Recital Hall, 326 Acacia Road, West Palm Beach. Directed by Dr. Dennis Hayslett, associate professor of instrumental music and director of instrumental studies. \$10 adults, \$5 students.

■ **An Evening of Diverse Chamber Music** — 7:30 p.m. May 3, in the Helen K. Persson Recital Hall in Vera Lea Rinker Hall, 326 Acacia Rd., West Palm Beach. Features classical music written for string quartets and small ensembles. Free.

At The Playhouse

The Lake Worth Playhouse, 713 Lake

Ave., Lake Worth. Info: 586-6410; lakeworthplayhouse.org

■ **The Playgroup presents Short Cuts 4** — May 7

■ **At the Stonzek Theatre — Films.**

At The Lighthouse

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$9 adults, \$5 children ages 6-18; children under 6 and active U.S. military admitted free. Children must be at least 4 feet tall to climb. Blue Star Museum Admission: May 27-Aug. 31. Tours are weather permitting, call for tour times. RSVP required for all events at 747-8380, Ext. 101; jupiterlighthouse.org.

■ **Lighthouse Sunset Tours** — May 2, 7, 16, 21. Time varies by sunset, weather permitting. Take in the spectacular sunset views and witness the Jupiter Light turning on to illuminate the night sky. Visitors get an inside look at the nuts & bolts of a working lighthouse watchroom. Tour lasts about 75 minutes. \$15 members, \$20 nonmembers.

■ **Hike Through History** — May 3. Discover the topography and natural history of Jupiter's National Conservation Lands historic site on this 2-mile trek. Minimum age 5, ages 13 and younger must be accompanied by an adult. Wear sun protection and bring water bottles.

■ **Free Lighthouse Chickee Chats Story Time for Kids** — 10:30 a.m. May 6. For kids ages 10 and younger. Chats last about 45 minutes, weather permitting. Bring a small beach or picnic mat for seating.

■ **Lighthouse Coffee & Book Club** — 6 to 7 p.m. May 7. Join the museum staff in book discussions on all things Florida. Refreshments available for purchase. Meets the first Wednesday of every month. Donations encouraged. RSVP.

■ **Lighthouse Moonrise Tour** — May 14. Time varies by sunset. Tours last about 75 minutes, weather permitting. \$15 members, \$20 nonmembers.

■ **Twilight Yoga at the Light** — Mondays. Time varies. May 5, 12, 19. Mary Veal, Kula Yoga Shala, leads. For all levels.

At Lynn University

Keith C. and Elaine Johnson Wold Performing Arts Center is at Lynn University, 3601 N. Military Trail, Boca Raton. Info: 237-9000.

■ **Celebration of the Arts: A Performance by faculty, staff and students** — May 2

At MacArthur Park

John D. MacArthur Beach State Park and Nature Center, 10900 Jack Nicklaus Drive, North Palm Beach. Info: 624-6952 or 776-7449; macarthurbeach.org.

■ **Turtle Talk & Walks** — Reservations open for members on May 5 for walks from June 14 and 28 and July 12 and 26. Info: 776-7449, Ext. 102. Nonmembers register for walks June 2-July 26, online beginning May 28, \$10,

through macarthurbeach.org.

At JCC

The Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Info: 689-7700.

Swimming lessons: Registering now. Info: 487-8276.

■ **May 1** — "Now and Then: Heroes & Myths through Israeli Songs," a lecture by Shani and Nir Boneh, Israeli Shlichim/Emissaries; duplicate bridge games. ACE Classes: Travel with the Bible in the Holy Land; Impressionism and its after effects

■ **May 2** — Still Life Painting Class begins; duplicate bridge games, bridge supervised play;

■ **May 4** — E's cooking at the J, a family cooking class; families pool party; puppet and doll making by the armory art center.

■ **May 5** — Advanced beginners bridge; timely topics discussion group; mah jongg & canasta play sessions; duplicate bridge games.

■ **May 6** — supervised bridge play; duplicate bridge games; Alzheimer's Support Group - Take Back Your Life; 92nd Street Y Live Broadcast with Ruth Reichl. ACE Classes: Israeli Folk and Pop Music; TED Talks

■ **May 7** — JBiz Networking Breakfast, mah jongg & canasta play sessions; duplicate bridge games; pinochle or gin and mingle.

■ **May 8** — "Hurricanes: Predicting and Preparing," — Scientists from the University of Miami's Rosenstiel School of Marine and Atmospheric Science speak; 50+ Basketball League Begins; duplicate bridge games. ACE Classes: Barcelona and Modernity-Picasso, Gaudi, Miro, Dali; comparing China to other ancient civilizations: Why did China's survive when the others didn't?

In the Bente S. & Daniel M. Lyons Art Gallery:

■ **Dr. Selig Schwartz "Remember"** — Through May 16.

■ **Artwork from the Tzohar Region** — May 22 through July 20. Info: 712-5209.

At The Mos'Art

The Mos'Art Theatre, 700 Park Ave., Lake Park. Info: 337-6763; mosarttheatre.com.

■ **Film** — "Ernest and Celestine," May 1; "Dancing in Jaffa" and "In Bloom," May 2-8.

■ **Live performance** — "High School Musical," 7 p.m. May 2, 3 p.m. May 3-4.

At Palm Beach Improv

Palm Beach Improv, CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 833-1812; palmbeachimprov.com.

■ **Tony Rock** — May 1-4

■ **Psychic Medium Bill Phillips** — May 8

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■ **Rob Schneider** — May 9-11

■ **An Evening with Craig Shoemaker: The Lovemaster** — May 15-18

■ **Carlos Mencia** — May 22-25

■ **Paul Mercurio** — May 29-31

At The Plaza Theatre

Plaza Theatre, 262 S. Ocean Blvd., Manalapan; 588-1820 or theplazatheatre.net.

■ **Main-stage production: "Music of the Night"** — Through May 11.

■ **At Club Plaza: Broadway's Second Banana** — May 8-10 and May 15-17. A tribute to musical theatre's comedic characters starring Elizabeth Dimon.

At Showtime

Showtime Dance & Performing Arts Theatre, Southeast Mizner Blvd., Boca Raton. Some plays performed at the Willow Theatre; most performed Saturday and/or Sunday. 394-2626; showtime-boca.com

■ **"Return to Broadway"** — May 3-4 (in the Willow Theatre)

At The Wick

The Wick Theatre, 7901 N. Federal Highway, Boca Raton. 995-2333; thewick.org.

An exhibit of costumes by respected designers from the history of the American theater. Open for tours, luncheons and high tea events (by appointment only). Tours start between 11 and 11:30 a.m. and include a guided journey through the collection and lunch. Tour & Luncheon (off-season): \$38. Groups are by appointment only.

■ **"Steel Magnolias"** — Through May 3

Fresh Markets

■ **Gardens GreenMarket** — 8 a.m.-1 p.m. Sundays, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. More than 120 vendors, vegetables, fruit, baked goods, crafts. No pets. The Gardens GreenMarket will move to the STORE Self Storage Facility, 11010 N. Military Trail, Palm Beach Gardens, for the summer season beginning May 11 through Sept. 28. Info: 630-1100; pbgfl.com/greenmarket.

■ **Green Market at the PB Zoo** — 11 a.m. to 5:30 p.m. the following Saturdays: May 3, 17 and 31, June 14 and 28, Palm Beach Zoo, 1301 Summit Blvd., West Palm Beach. Learn how buying local produce protects wildlife. Info: Vendors wanted at 585-6085; kgardner@palmbeachzoo.org

■ **Jupiter Green & Artisan Market** — 10 a.m. to 2 p.m. Sundays, Riverwalk Events Plaza, 150 S. U.S. 1, Jupiter. Baked goods, fresh produce, arts and crafts, jewelry, pet products. Vendors welcome. Info: 203-222-3574; harrismarkets.com.

■ **Sailfish Marina Sunset Celebration** — 6 p.m. Thursdays. Arts and crafts, live entertainment, food. Sailfish

Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores. Info: 842-8449.

■ **West Palm Beach GreenMarket** — No market May 3. Hours: 9 a.m.-1 p.m. Saturdays through May 31 at Waterfront Commons, downtown West Palm Beach. Includes vendors selling the freshest produce, baked goods, plants, home goods and more. Admission is free. Parking is free in the Banyan and Evernia garages during market hours. Info: wpb.org/greenmarket.

Ongoing Events

Free Live Music:

■ **Live Music** — 6:30 to 9:30 p.m. Mondays at the Pelican Café, 612 U.S. 1, Lake Park. Featuring Hal Hollander and Diane DeNoble. Info: 842-7272.

■ **Downtown Live** — 7 p.m. Fridays, Downtown at the Gardens' Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens.

■ **Music on the Plaza** — 6 to 8 p.m. Thursdays, Mainstreet at Midtown, 4801 PGA Blvd., Palm Beach Gardens. Info: midtownpga.com

■ **O-Bo Restaurant Wine Bar** — 7 p.m. Thursdays through Saturdays, 422 Northwood Road, West Palm Beach. Live jazz and blues by Michael Boone. Info: 366-1185.

■ **Sunday on the Waterfront Concert Series** — Free concerts the third Sunday of each month from 4:30 to 7:30 p.m. at the Meyer Amphitheatre, downtown West Palm Beach. Info: 822-1515; wpb.org/sow/.

■ **Adult Writing Critique Group meets** — 10:30 a.m. Saturdays, at the Lake Park Public Library, 529 Park Ave., Lake Park. For age 16 and older. Crafters Corner meets at 1:30 to 2:30 p.m. Saturdays. Info: 881-3330; lakepark-fl.gov/

■ **American Legion Post 371 meets** — 7 p.m. on the third Wednesday of every month in Palm Beach Gardens; 312-2981.

■ **American Needlepoint Guild** — 10 a.m. the second and fourth Mondays, at 110 Mangrove Bay Way, Jupiter. Call 747-7104 or email mbusler@comcast.net.

■ **The Ann Norton Sculpture Gardens** — 2051 S. Flagler Drive, West Palm Beach. Info: 832-5328; ansg.org. Through May 18: "Roberto Matta" and "Asaroton 2000-2013," by Vanessa Somers Vreeland.

■ **The Audubon Society of the Everglades hosts three events.** Info: Valleri at 385-9787 (evenings) or by email at valleribrauer@gmail.com. Or Linda at 742-7791 or hlindaase@aol.com

■ **Bingo** — Noon every Thursday at the Moose Lodge, 3600 RCA Blvd., Palm Beach Gardens. Lunch available at 11 a.m. Packs start at \$15. \$250 games. 626-4417.

■ **The Flagler Museum** — One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tour Henry Flagler's 1902 Beaux Arts mansion, Whitehall, which he built as a wedding present for his wife. Tickets: free for members; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6

free. 655-2833; flaglERMuseum.us.

■ **Food Truck Pow Wow** — 5-9 p.m. the first Friday of the month, Constitution Park, 399 Seabrook Road, Tequesta. Includes live music; admission is free. Info: tequesta.org

■ **FAU's Schmidt Gallery** — FAU's Boca Raton campus, 777 Glades Road. On display through summer: "Confluence." Showcases the work of Linda Behar, Misoo Filan, Raheleh T. Filsoofi, Stephen Futej, Isabel Gouveia and Kandy G. Lopez in sculpture, printmaking, painting and ceramics. Info: 297-2966.

■ **Ginger's Dance Party** — No dance May 3, but usually from 8-10 p.m. the first Saturday of the month, Palm Stage, Waterfront Commons, downtown West Palm Beach. Free. 822-1515; wpb.org/gingers.

■ **Holden Luntz Gallery** — 332 Worth Avenue, Palm Beach. Through May 10: "The Face of Beauty: The Photographer's Quest for the Inspired Portrait." Diverse and emotional photographic portraiture by Albert Watson, Herb Ritts, Dana Gluckstein and William Ropp. Info: 805-9550; holdenluntz.com

■ **The Lake Park Public Library** — 529 Park Ave., Lake Park. Super Hero Hour, 3:30 p.m. Thursdays for ages 12 and younger; Adult Writing Critique Group, 10:30 a.m. to 1 p.m. Saturdays for age 16 and older; Anime, 6-7 p.m. Tuesdays for age 12 and older. All events are free. 881-3330.

■ **Yoga in the Park** — 9:30 to 11 a.m. Sundays at Phipps Park, 4715 S. Dixie Highway, West Palm Beach. Under the banyan trees. Led by Yoga Path Palm Beach. Free, but donations benefit Palm Beach County's Guardian aAd-Litem program. Info: Look for us near the banyan trees! Info: 557-4026; yogapath-palmbeach.com/

■ **Le Cercle Francais** — Francophiles and Francophones meet at 6:30 p.m. the second Thursday of the month, in members' homes. Call 744-0016.

■ **Living Room Theaters** — On the campus of Florida Atlantic University, 777 Glades Road, Boca Raton. Info: 549-2600; fau.livingroomtheaters.com.

■ **Lighthouse ArtCenter** — Gallery Square North, 373 Tequesta Drive, Tequesta. Ongoing: The Third Thursday Art Group meets 5:30-7:30 p.m. the third Thursday of the month. Museum admission: \$5 age 12 and older. Free for younger than 12. Free admission on Saturday. Info/register at 748-8737; 746-3101; lighthousearts.org.

■ **At Lighthouse ArtCenter Midtown Gallery** — 4877 PGA Blvd., Palm Beach Gardens. Info: 746-3101.

■ **Loggerhead Marinelife Center** — 14200 U.S. 1, Juno Beach. Kids Story Time: 11:30 a.m. Saturdays; Hatchling Tales: 10:30-11 a.m. Wednesdays. Free. Info: 627-8280; marinelife.org.

■ **Loxahatchee River Environmental Center** — Burt Reynolds Park, 805 N. U.S. 1, Jupiter. Story time: 9:30 a.m. Thursdays. Info: 743-7123 or loxahatcheeriver.org/rivercenter.

■ **Korean War Veterans Association meets** — 9 a.m. the second Sunday of the month at the Palm Beach County Fire Rescue Station 42, 14276

Hagan Ranch Road, Delray Beach. Open to all veterans who served from June 25, 1950, to July 27, 1953, at any location, as well as any veterans who have served in Korea since July 27, 1953. Info: Robert Green at 496-5533; email bobwinwood@bellsouth.net.

■ **Multilingual Society** — Club forming: Chess & Scrabble — Meets May 8, June 5, July 17, Aug. 7 and Sept. 11, Multilingual Society, 210 S. Olive Ave, West Palm Beach. Info: 228-1688; multilingualsociety.org.

■ **The North Palm Beach Library** — 303 Anchorage Drive, North Palm Beach. Knit & Crochet: 1-3 p.m. Mondays; Kids Crafts for ages 5-12: 2 p.m. Fridays. Info: 841-3383, npblibrary.org.

■ **The Norton Museum of Art** — 1451 S. Olive Ave., West Palm Beach. Through May 4: "Qing Chic: Chinese Textiles from the 19th to early 20th Century." Through May 25: "To Jane, Love Andy: Warhol's First Superstar." Through June 22: "Industrial Sublime: Modernism and the Transformation of New York's Rivers, 1900-1940." Through Aug. 31: "Faux Real," by Mickalene Thomas. Admission: \$12 adults, \$5 students with ID, and free for members and children age 12 and younger. Info: 832-5196 or norton.org.

■ **Palm Beach Gardens Historical Society Enrichment Programs** — 7 p.m. the second Wednesday of the month at Historical Society, in the Kaleo building on the south campus of Christ Fellowship Church, 5312 Northlake Blvd., Palm Beach Gardens. Refreshments are served. Info: 622-6156; 626-0235; PBGHistoricalSociety.org

■ **The Palm Beach Photographic Centre** — City Center, 415 Clematis St., West Palm Beach. Through May 31: "Keys To The Cure" by artist Kelly Milukas and "The Art of Science: Under the Surface." "Keys" features more than 50 multimedia artworks and "Art of Science" features pictures taken through a microscope into the world of regenerative medicine. Hours: 10 a.m.-6 p.m. Monday-Thursday, and 10 a.m.-5 p.m. Friday and Saturday. Info: 253-2600 or visit workshop.org or fotofusion.org.

■ **The Palm Beach Zoo & Conservation Society** — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. daily. Ongoing events: "Wings Over Water" Bird Show: 11 a.m. weekdays; 11 a.m. and 2 p.m. weekends. "Wild Things Show": 1 p.m. weekdays; noon weekends. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 533-0887; palmbeachzoo.org. Just added: Green Market from 11 a.m. to 5:30 p.m. every other Saturday (May 3, 17, and 31, June 14, June 28) outside the zoo's gate, with local produce.

■ **The South Florida Science Center and Aquarium** — 4801 Dreher Trail N., West Palm Beach. Info: 832-1988 or visit sfsm.org. Silver Science Day — 2-5 p.m. second Wednesday of every month. For guests 62 and older. Admission: \$7, includes refreshments. Science Nights — 6-9 p.m. the last Friday of the month. Members: Adults \$5, free for children; Nonmembers: Adults \$12, children \$8, free for age 3 and younger. Planetarium shows and mini-golf are not included in event admission.

■ **Twilight Yoga at the Light** — Sunset Mondays at the Jupiter Inlet Lighthouse, Captain Armour's Way, Jupiter. Donations accepted; 747-8380, Ext. 101; jupiterlighthouse.org. ■

PALM BEACH SOCIETY

A family-friendly FUNdraiser to support Autism Society of Palm Beach/Martin County



John Miller and Caitlin Belder-Wood



RA Sushi staff



John Miller, Noelle Balsamo and Dr. Jack Scott



Lee Rosenfeld and Debra Rosenfeld



Cheryl Wise from Busch Wildlife with Sweet Potato the snake



Bravo Bears dancing

COURTESY PHOTOS

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2014/15 LIMITED ENGAGEMENTS

TICKETS ON SALE:
MONDAY, MAY 5, 2014 at 10:00AM

2014/15 YOUTH ARTIST CHAIR PRODUCTION OF

The Crucible
STUDENT PRODUCTION

Dark magic, jealousy and superstition take hold in Salem, Massachusetts. As witchcraft hysteria reaches a fever pitch, choices have to be made: conform to survive or uphold your beliefs whatever the consequence.

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A contemporary retelling of the children's classic Alice in Wonderland, *Through the Looking Glass* comes to life with eye-popping sets, costumes, magic and puppetry.

FRIDAY, OCTOBER 17 at 7:30PM

WHITE ACRES

UNPLUGGED IN THE GREEN ROOM

With a sound like Miranda Lambert and The Dixie Chicks, this Palm Beach duo blends country, folk and rock music in an intimate and captivating concert.

FRIDAY, NOVEMBER 21 at 8:00PM

SPYRO GYRA

This American jazz fusion band combines R&B, funk and pop music. Hear all the hits including "Shaker Song" and "Morning Dance."

MONDAY, DECEMBER 8 at 7:30PM

TONY KENNY'S CHRISTMASTIME IN IRELAND

A combination of comedy, traditional Celtic music and dance. From Irish classics to favorite holiday songs, this show will get you in the spirit of Christmas.

MONDAY, DECEMBER 15 at 7:30PM

PALM BEACH GARDENS CONCERT BAND HOLIDAY CONCERT

Hear popular and traditional Christmas and Hanukkah songs played by the full band, in a joyous celebration of the holiday season.

MONDAY, DECEMBER 22 at 7:30PM

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FRIDAY, JANUARY 2 at 7:30PM

BENEFIT CONCERT

"Chita Rivera is more than a musical theatre star. She's a force of nature!"
-Associated Press

CHITA
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SATURDAY, NOVEMBER 15 at 8:00PM

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FRIDAY, FEBRUARY 27 at 7:30PM

STEVE LIPPJA'S CENTENNIAL SINATRA Tribute

Backed by a 10-piece orchestra featuring all the hits such as "I've Got You Under My Skin," "I've Got the World on a String," "You're Nobody 'Til Somebody Loves You" and more!

SATURDAY, JANUARY 3 at 8:00PM

SO GOOD FOR THE SOUL

Celebrating the greatest Motown groups of the 60s and 70s. From The Temptations, The Four Tops, and this show will take you down memory lane.

FRIDAY, FEBRUARY 27 at 7:30PM

ABBAMANIA YOU'LL BE DANCIN' IN THE AISLES!

This tribute to the Swedish hit group Abba. Features the hits "Mamma Mia," "Voulez Vous," "Dancing Queen," and more!

MONDAY, FEBRUARY 23 at 7:30PM

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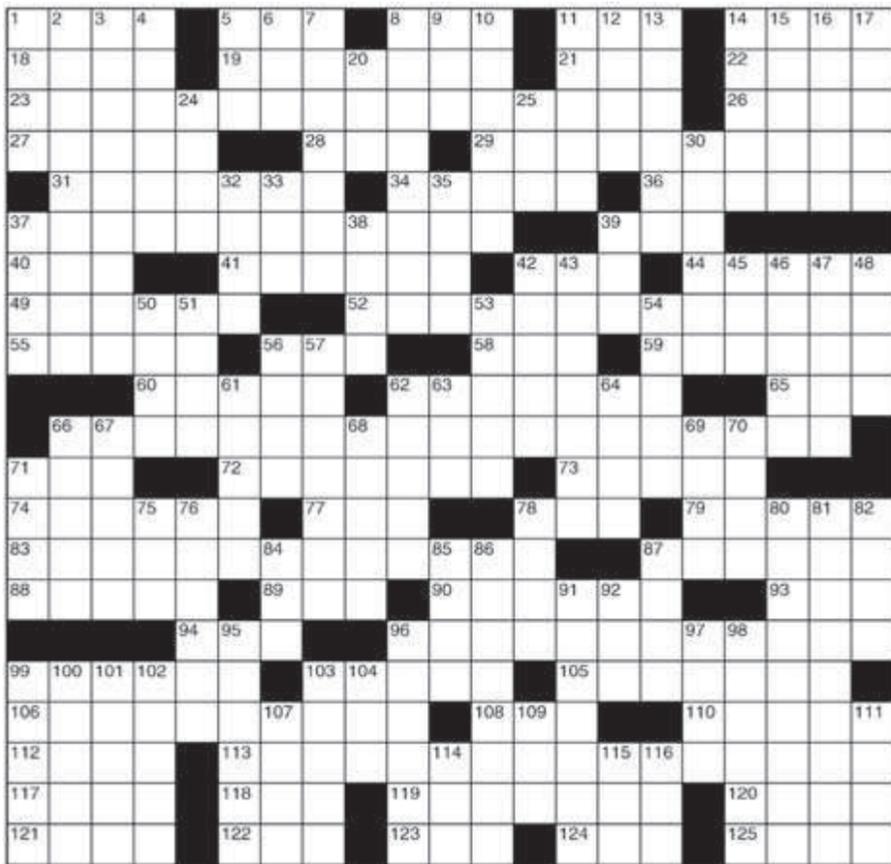
MONDAY, MARCH 23 at 7:30PM

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PUZZLES

SWITCH BOXES



- ACROSS**
- 1 Locale of the Taj Mahal
 - 5 Luggage bit
 - 8 Vietnam War's — offensive
 - 11 Crunched muscles
 - 14 Urge (on)
 - 18 Let out the secret
 - 19 Tum loose
 - 21 Knock on the noggin
 - 22 Walking stick
 - 23 Cereal grain big enough to be seen?
 - 26 Boy on "The Andy Griffith Show"
 - 27 "You've got —!"
 - 28 Aunt or uncle: Abbr.
 - 29 Lunatics on the schedule?
 - 31 Consoling comment
 - 34 Buckets
 - 36 Ironing line
 - 37 Joy felt by a warmonger?
 - 39 Bashful
 - 40 Took in food
 - 41 Traffic snarl
 - 42 — -mo (replay speed)
 - 44 Corporate shuffle, for short
 - 49 Comfy warm
 - 52 Second attempt at a phone call?
 - 55 "Glee" guy in a wheelchair
 - 56 Start for history
 - 58 "What am — think?"
 - 59 Riddle
 - 60 Love, to Luigi
 - 62 Army greetings
 - 65 With 114-Down, army affirmative
 - 66 Rule-following corporation division?
 - 71 Apple computer line
 - 72 Goes over
 - 73 Choir stand
 - 74 Best possible conditions
 - 77 — Bo (exercise system)
 - 78 Lemon drink
 - 79 Bobby of "battle of the sexes" tennis
 - 83 Directives to slow down?
 - 87 Cover with new paint
 - 88 Auctions, e.g.
 - 89 Hosp. areas
 - 90 Evening party
 - 93 Ending for schnozz
 - 94 Ewe or sow
 - 96 Part of the week that triggers something?
 - 99 — party (teen bash)
 - 103 1983 Woody Allen title role
 - 105 Princess in Disney's "Enchanted"
 - 106 Pit where splinters are extracted?
 - 108 Move hastily
 - 110 "— Lucy"
 - 112 Penne — vodka
 - 113 Two things of concern to a math-loving nurse?
 - 117 Buckets
 - 118 Requiring no Rx
 - 119 Record one's exit
 - 120 — Fitness (magazine for guys)
 - 121 Hit 1990s PC game
 - 122 — degree
 - 123 Prior to, to Prior
 - 124 Top-secret U.S. org.
 - 125 One-named deco master
 - DOWN**
 - 1 "SOS" band
 - 2 Old Roman arena fighter
 - 3 Very special goody
 - 4 Have — (whoop it up)
 - 5 Invest in
 - 6 Shaker Lee
 - 7 "Hallelujah!"
 - 8 Exhaust tube
 - 9 PC key
 - 10 Doctoral dissertation
 - 11 PLO chief
 - 12 Mahmoud
 - 13 Lightning —
 - 14 Oration
 - 15 Tea biscuit
 - 16 — New Guinea
 - 17 Army outfits
 - 18 Actress Della
 - 19 Summer, in Toulouse
 - 20 "The Time Machine" people
 - 21 Totally
 - 22 Practice performance
 - 32 Actress Jurado
 - 33 Foreman foe
 - 35 Off. helper
 - 37 — Hari (spy)
 - 38 Entice
 - 39 Apply turf to
 - 42 Exercise for the 11- Across
 - 43 Dance outfit
 - 45 London-based label
 - 46 Delivery doc
 - 47 Encountered again
 - 48 Mardi —
 - 50 Old Thailand
 - 51 Office fill-in
 - 53 Irks
 - 54 Avian homes
 - 56 — fixe
 - 57 Power plant feature
 - 61 Fat substitute brand
 - 62 Noble horse
 - 63 Get a total
 - 64 Ohio county
 - 66 Filmmaker Frank
 - 67 Of base 8
 - 68 Zeroes in on
 - 69 Nothing but
 - 70 Actor Bana
 - 71 Livid crowds
 - 75 '50s prez
 - 76 Question after a separation
 - 78 Unrepaired
 - 80 One taking defeat
 - 81 Black-tie ball, e.g.
 - 82 Don't exit
 - 84 "— whiz!"
 - 85 Hollywood's Morales
 - 86 Dietary fiber
 - 87 Ump cousins
 - 91 Continued, as a big fire
 - 92 Yale student
 - 95 Talk about incessantly
 - 96 John of Monty Python
 - 97 Pull back (in)
 - 98 Light up, poetically
 - 99 Holy song
 - 100 Mix of metals
 - 101 Abandons, as a lover
 - 102 "Halt!" asea
 - 103 Nada
 - 104 USNA grad.
 - 107 Mongrel dog
 - 109 Roadhouse
 - 111 In — (really existing)
 - 114 See 65- Across
 - 115 Letters after lambdas
 - 116 "Give — go"

◀ SEE ANSWERS, B13

HOROSCOPES

TAURUS (April 20 to May 20) Music and art dominate the week, giving the sensual Bovine a lot to appreciate. On the practical side, deal firmly, but fairly, with those who might try to undermine your work efforts.

GEMINI (May 21 to June 20) Good feelings continue to flow from your recent efforts to reconnect with family and friends. But be ready to defuse a dispute before it can disrupt all that peace and harmony.

CANCER (June 21 to July 22) A practical view of a romanticized situation could help to clarify some of its more confusing aspects before you make a decision that could be tough to undo later on.

LEO (July 23 to August 22) Pay more attention to what a recent spate of workplace criticism might say about your performance and not what you think it implies about you personally. Some flexibility might be called for.

VIRGO (August 23 to September 22) With new information, and new promises of support (not to mention growing self-confidence), this could be a good time to restart a project you couldn't quite handle before.

LIBRA (September 23 to October 22) Before you decide to close down a problem-loaded project and make a fresh start with someone else, try once more to reach a compromise with your balky partner. He or she might surprise you.

SCORPIO (October 23 to November 21) While you continue earning points for

your sharp negotiating skills, be alert for an attempt to undercut your efforts. You'll need to provide solid facts and figures to stay in the game.

SAGITTARIUS (November 22 to December 21) A minor health problem might cause you to ease up on your usually busy schedule. But you'll soon be back in the saddle and ready to pick up the reins and charge ahead.

CAPRICORN (December 22 to January 19) The adventurous Sea Goat might be eager to take on a new challenge. But before you do, you might want to take some time to check out previously overlooked factors.

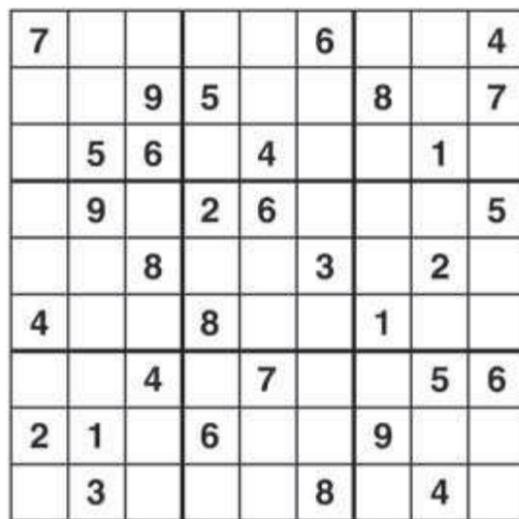
AQUARIUS (January 20 to February 18) A feeling of being overwhelmed by all that you have to do can be eased by setting priorities. Deal with the most urgent and time-sensitive situations first, and then work down the line.

PISCES (February 19 to March 20) Creating a calm, peaceful place for yourself in the middle of a roiling emotional whirlpool this week starts when you, and no one else, decide how to make decisions about your life.

ARIES (March 21 to April 19) This is a good week to look at healing bruised feelings and re-establishing weakened relationships. It's also a good week to start new projects and make new job-linked contacts.

BORN THIS WEEK: Your determination to stick with your principles wins the admiration of everyone who knows you. ■

By Linda Thistle



Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

★ Moderate ★★ Challenging
★★★ Expert

◀ SEE ANSWERS, B13

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The Railway Man

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★★

Is it worth \$10? No

"The Railway Man" begins the way many romances end: The boy ventures far to surprise the girl with whom he's completely smitten, and they embrace happily ever after. For Eric (Colin Firth) and Patti (Nicole Kidman), however, things soon get notably harder. This is not a love story; it's a tale of torture and betrayal, duty and honor, loyalty and hate.

Based on Eric Lomax's book and true story, it's set in 1980 Great Britain. After their wedding, the railway-obsessed Eric experiences a flashback to when he was

a prisoner of war in Thailand. Held by the Japanese and forced to build a railroad during World War II, Eric (as a young man played by Jeremy Irvine) is tortured when he's discovered with a radio. In 1980, his former platoon mate (Stellan Skarsgard) informs Eric that his torturer, Takashi (Tanroh Ishida when younger, then nicely played by Hiroyuki Sanada when older), is still alive, and revenge should be imminent.

The premise is intriguing, but director Jonathan Teplitzky never finds the right balance between past and present, and the entire narrative suffers. Part of this is because we don't buy the love story.

A timeline, or some suggestion of passage of time, would have helped. As is, it all happens too fast. What's more, one must believe Patti would have noticed Eric's PTSD breakdowns (and numerous little things, such as his being irresponsible with bills) prior to marrying him, but apparently not. Thus

we're left to wonder why she loves him so much, and it's hard to feel sorry for her when Eric tries to kill a debt collector with a box cutter.

Later, in another moment of frustration for the viewer, Eric says he'll do anything for his wife but then continues refusing to confront the demons afflicting their marriage. Not that that's easy, but it's hard to like someone who doesn't listen to himself.

These modern actions are intercut with younger Eric and his infantry mates as they strategize, get caught and suffer. It is here that Eric's intelligence shines and we grow to like him.

When he's tortured, we feel for him (thankfully the torture isn't bloody or graphic, but it is intense). Structurally, Mr. Teplitzky would have been better off giving us young Eric and the ordeal first, and then showing Eric as an old man still affected by the torment. Cutting between the two storylines requires the actions in one

moment the other, but far too often that effect is rendered moot by disparate events.

Mr. Firth's accent is thick and his performance is inconsistent, and Ms. Kidman looks like she just doesn't want to be there. That said, however, Eric's decisions late in the film nicely highlight an often-overlooked element of victims and their abusers as the years pass. This isn't enough to make "The Railway Man" worth running off to, but it does offer food for thought in a movie that doesn't do very much very well. ■

in the know

>> A documentary of the meeting between the tormentor and the tortured — Takashi and Eric — called "Enemy, My Friend?" was released in 1995. Also that year, a television drama called "Prisoners in Time" starred John Hurt as Eric.



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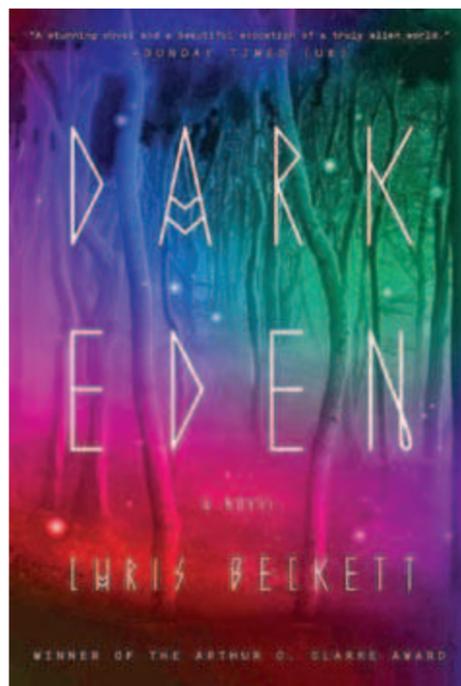
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BEACH READING

‘Dark Eden’

By Chris Beckett
(Broadway Books, \$15)

REVIEWED BY EALISH WADDELL

The Family lives on a planet of darkness, where the only light comes from the warm luminescence of the native plants and animals, and the untouchable glow of Starry Swirl high above. Long ago, two travelers were stranded here, and generations later, their descendants are still waiting for rescue, content to live their small, orderly lives and wait obediently to be spirited away to the near-mythical homeland that none of them has ever seen: Earth.

But as food becomes scarce and the stagnant rituals of Family life seem more and more stifling, restless young John Redlantern can't stop thinking about what could be out there beyond the cold mountains that ring their little valley. Gradually, grudgingly, he nudges his people's awareness out of its long complacency, opening up minds and hearts to dangerous ideas

and daring possibilities, setting in motion a momentous chain of events that will change the Family for good.

With inventive language and interesting characters, “Dark Eden” is a compelling and thought-provoking tale of human survival in a starkly non-human world. The planet of Eden is a simply gorgeous construction, an exotic night-world both beautiful and terrifying. The half-understood customs of the Family's Earth heritage have been transformed in unexpected ways by this alien place. But their desires and hopes, their impulses and their regrets remain unmistakably human, in ways that echo through the centuries to another long-ago Eden.

There's a deep shadow of sadness and loss, even a tinge of futility, overlying the story of these lonely castaways. Yet it's countered by a growing flame of potential and promise. The reader can't help but root for the Family to win its fight for survival — even, and perhaps especially, against those dangers that come from within. ■

Symphonic Band of the Palm Beaches presents two “Victory at Sea” concerts

SPECIAL TO FLORIDA WEEKLY

Maestro, strike up the band. And he will do just that. The Symphonic Band of the Palm Beaches will present “Victory at Sea” in concert at the Duncan Theatre of Palm Beach State College in Lake Worth on Monday, May 12, and again at the Eissey Campus Theatre in Palm Beach Gardens on Friday, May 16. Both shows are at 7:30 p.m.

Under the baton of Maestro Mark Humphreys, “Victory at Sea” is the Symphonic Band's annual tribute to America and its armed services, with particular focus on the U.S. Navy this year.

The program features excerpts from the soundtrack to NBC's groundbreaking 1950's documentary series “Victory at Sea,” a magnificent setting of “Eternal Father, Strong to Save” (widely known as “The Navy Hymn”), an intricate suite of patriotic tunes entitled “American Pageant” from the Marine Band library and other works appropriate to the evening's theme.

Tickets to either performance of “Victory at Sea” (priced at \$15) can be obtained by calling the Symphonic Band of the Palm Beaches at 832-3115.

For more information, visit www.SymBandPB.com. ■

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CONTRACT BRIDGE

Good card-reading pays off

BY STEVE BECKER

The “backward” finesse is a relatively rare play, but it can prove very effective when the setting is right.

Consider this deal where West leads three rounds of diamonds against your four-heart contract. You ruff and play the jack of trumps, East taking the ace and returning a club. After winning the club and drawing trumps, you are faced with the problem of avoiding a spade loser.

Ordinarily, you’d lead a low spade to the king, return a spade and finesse the jack. This line of play would succeed about half the time, but it fails in the present case because West has the queen instead of East.

However, you should know from the bidding that playing the spades normally is sure to fail. After East turns up with the ace of hearts, West becomes marked with the queen of spades because he needs it for his opening bid, and also because East would not have passed one diamond with an ace and a queen in his hand.

Under these circumstances, your best chance is to resort to a backward finesse. You begin by leading the jack of spades — not the eight — from your hand, planning to finesse if West follows low. If West covers with the queen, you win with dummy’s king, return a spade and finesse the eight. In the actual deal, the contract is made because East has the ten.

West dealer.
Both sides vulnerable.

| | | | |
|--------------|------------|--------------|--------|
| NORTH | | | |
| ♠ | K 9 4 | | |
| ♥ | Q 8 5 3 | | |
| ♦ | 10 6 2 | | |
| ♣ | K J 7 | | |
| | | EAST | |
| ♠ | 10 5 3 2 | ♥ | A 6 4 |
| ♥ | 9 | ♦ | 8 7 4 |
| ♦ | A K Q J 9 | ♣ | 10 9 2 |
| ♣ | 8 5 4 3 | | |
| WEST | | | |
| ♠ | Q 7 6 | | |
| ♥ | 9 | | |
| ♦ | A K Q J 9 | | |
| ♣ | 8 5 4 3 | | |
| | | SOUTH | |
| ♠ | A J 8 | | |
| ♥ | K J 10 7 2 | | |
| ♦ | 5 3 | | |
| ♣ | A Q 6 | | |

The bidding:
West North East South
1♦ Pass Pass 1♥
Pass 2♥ Pass 4♥
Opening lead — king of diamonds.

Mathematically, the backward finesse is a poor play, because West will have the queen and East the ten only one deal out of four, whereas the simple finesse succeeds in one deal out of two. But when West is known to have the queen, the backward finesse offers the only realistic hope of making the contract. ■

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| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 2 | 3 | 1 | 8 | 6 | 5 | 9 | 4 |
| 1 | 4 | 9 | 5 | 3 | 2 | 8 | 6 | 7 |
| 8 | 5 | 6 | 7 | 4 | 9 | 3 | 1 | 2 |
| 3 | 9 | 1 | 2 | 6 | 7 | 4 | 8 | 5 |
| 5 | 7 | 8 | 4 | 1 | 3 | 6 | 2 | 9 |
| 4 | 6 | 2 | 8 | 9 | 5 | 1 | 7 | 3 |
| 9 | 8 | 4 | 3 | 7 | 1 | 2 | 5 | 6 |
| 2 | 1 | 7 | 6 | 5 | 4 | 9 | 3 | 8 |
| 6 | 3 | 5 | 9 | 2 | 8 | 7 | 4 | 1 |

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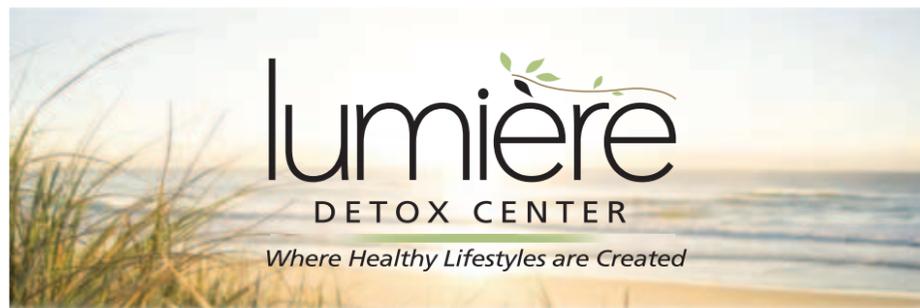
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LILA PHOTOS

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OPERA

From page 1

The multimedia presentation was a year in the making, said founder Dale Coudert.

"A new American opera is rare, so we were anxious to host a program to let people in on a very dynamic process, the birth of a new work," said Ms. Coudert, whose nonprofit institute dates to 2001. Patterned after the Aspen Institute, of which she is a member, it presents round-table discussions on culture, world affairs, science, philosophy and timely trends.

Observing some of "the intelligentsia of Palm Beach" in the audience, Mr. Biaggi said it is rare indeed for a regional opera company to present a new American work. Essentially, that's what he told the creators a few years ago, after they staged a first-act workshop in New York and the complete work in 2011 in Louisville, Ky. (on a grant from Opera America).



MOORE

A year ago, local audiences showed interest in a condensed version during Palm Beach Opera's "One Opera in One Hour" outreach series. About that time, Mr. Biaggi hinted that "Enemies, A Love Story" might be the company's first premiere of a new American work.

Presenting "new" is risky, but then again, how long should an entire artistic genre be defined by characters created centuries ago, reflecting what used to be?



SANDROW

Sanford "Sandy" Fisher, a seasonal resident of Palm Beach and prominent in cultural circles in Manhattan, commissioned the opera eight years ago. He looked to Mr. Moore to compose music that would make opera more widely relatable.

Mr. Moore had gained a reputation for "a gorgeously lyrical style" and "easy tunefulness," Mr. Biaggi said, quoting descriptions from both The New York Times, and Opera News.



BIAGGI

In an ironic coincidence, Mr. Biaggi learned the origin of the project years after the fact. When Mr. Biaggi joined Palm Beach Opera about four years ago, Mr. Fisher was a relatively new board member. Over lunch one day, Mr. Biaggi mentioned to Mr. Fisher the name of this new American opera being considered for "One Opera in One Hour."

"Sandy smiled at the name and said, 'I commissioned that opera.' Now, we have a chance to present an opera about people still alive, not dead for centuries," Mr. Biaggi said.

Open to change

With a cast, a director, an orchestra, a conductor and a set designer in place, the structure is well defined while the production remains fluid.

"We made changes even after 'One Opera in One Hour.' In fact, we may still be changing even during rehearsals (with opera director Sam Helfrich)," Ms. Sandrow noted.

Starring in the role of Herman is Canadian bass-baritone Daniel Okulitch, known on Broadway since 2002 when he



COURTESY PHOTO

"*Enemies, A Love Story*," was made into a 1989 movie that starred Anjelica Huston (rear), Margaret Sophie Stein (front left), Ron Silver and Lena Olin.

played Schaunard in Baz Luhrmann's production of "La bohème." His first solo album in 2011, "The New American Art Song," features world-premiere songs by several composers. Okulitch performed them at Carnegie Hall during the album's debut.

Moore welcomes the expertise of Daniel Stern, who will conduct the orchestra. The son of violinist Isaac Stern, he is the music director of the Israel Opera.

The composer made it clear during the program that he's excited about "so many moving parts" to the process:

"Every instrument has its own timbre. With a whole orchestra you can go so much broader (than just a piano) ... My mission has always been melody and lyricism. I react to the emotional impact. I look at the source, to see what is tugging at my heart," said Mr. Moore, who credited Fisher for the underwriting that got him started.

His job, he said, is, "find the best moments in the story and match them with my best tunes."

Getting used to opera

Those tunes were the hook for Ms. Sandrow, an award-winning author who also writes for musical theater. With libretto, however, she was in virgin territory. Writing for opera "took some getting used to," she said:

"But Ben's music is so melodic, you can sing his tunes in the shower. He had been working on this music for years, and he had a 'story.' But what fascinated me about him is the melodies that pop into his mind."

Mr. Moore approached Ms. Sandrow in 2010 to write the libretto, and she began by immersing herself in Singer's book, a novel which she said exists in the mind of Herman Broder, "in his confusion about loyalties and loves. In the opera version, the women in his life became real-er and larger."

The opera is a valid nod to Singer and is very faithful to his story:

"We stayed true to (the author). I tried to give it the texture of the languages," Ms. Sandrow said, referring to characters who are understood to be speaking Yiddish, Polish and English. "In English, a lot of cultural references are Christian in origin, though we don't necessarily notice it; in Yiddish, the references are to Jewish practice, so I seeded the libretto with quotations from prayers and psalms. Again, audiences will be

able to enjoy the opera without noticing that at all."

Consequently, the work reflects the sensibilities of a Jewish intellectual, a Polish farm girl, and assimilated New Yorkers.

Ms. Sandrow's book, "Vagabond Stars: A World History of Yiddish Theater," is in its third printing and has been translated into numerous languages. She wrote the book for the musical "Kuni-Lem!" (winning the Outer Critics Circle Award). In addition to books, she has written lyrics for musical theater and narrative features on aspects of culture and travel. Her articles have appeared in newspapers, magazines and journals.

She called the collaboration with Mr. Moore a good one. The pair worked regularly, employing "a lot of selection and pruning."

Finding the humor

Despite the broad brush of a story shaped around Holocaust survivors, "Enemies" has humor, even jokes. That requires a musical score that lets the audience discern the intended nuances, Ms. Sandrow said. In certain passages with stirring strings and vivid woodwinds, Mr. Moore's lyric talents posed a challenge:

"Ben composes gorgeous, lush melodies. But if (the music) is too damn lush, you may not be able to hear the words ... sometimes Ben will alter a note so the line can be heard, or we compromise and the (artist) sings it twice. It's working word by word to make every word sing-able," Ms. Sandrow said. "And you need to be able to get the jokes, too. This is a comedy."

After all, Herman is "a rat" who scurries from woman to woman, which challenged Ms. Sandrow to make him "interesting." At the same time, Moore rejected the idea of making him sympathetic.

In Singer's original tale, Herman is a Polish Jew, an intellectual who lands in New York believing that his wife, Tamara, and their children died in a concentration camp.

Herman eluded capture because the couple's maid, Yadwiga, a Catholic farm girl, let him hide in her father's barn. Grateful to her, yet despondent over his lost family, he marries Yadwiga and descends into melancholy interrupted by fits of denial.

He begins an affair with Masha, a Jew who survived the Holocaust. She

becomes the mistress he cannot live without — her own misery etched into the wallpaper of his adultery.

Enter Tamara, who has survived the camp, after all, and is willing to help Herman battle his demons.

Among them, his conflicts of faith — obsessed with Masha, frustrated with a loveless existence based on gratitude to Yadwiga, and doubting God when he dwells on the over-arching loss of his own children and generations of Jewish families.

During Mr. Biaggi's presentation, he showed the poster promoting the opera — a black and white scene of the main characters with the New York skyline in the background. If it conjures up a vibe of TV's "Mad Men" when no one was angry, that was the point, as Manhattan's atmosphere in the post-war years acted as something of a vise on Herman's state of mind.

"This is not your typical Holocaust-survivor story — it has satire," Mr. Biaggi said.

It was atypical in other genres, as well. When playwright Sarah Schulman adapted Singer's novel into a play, it first ran at the Wilma Theatre in Philadelphia in 2007. A critic for Temple News said at the time:

"*Enemies*' ironically depicts human beings who are not heroic, not enlightened, struggling to cope with inexplicable experiences. As a result, the work is edgy, unpredictable and — most importantly — deeply funny."

Referring to the lead character in his opera, Mr. Moore said, "Herman was an intellectual ... he's no Tevye (the milkman in Fiddler on the Roof)."

Composer draws major singers

The composer's work has engaged singers such as soprano Deborah Voigt, mezzo-sopranos Susan Graham and Frederica von Stade, tenors Lawrence Brownlee and Robert White, baritone Nathan Gunn and five-time Tony winner Audra McDonald.

He has written for art song, musical theater, cabaret, chamber music, choral music and comedy.

In 2006, music publisher G. Schirmer Inc. released the volume, Ben Moore: 14 Songs. In a review, Classical Singer Magazine stated:

"...you can find a breath of fresh air in the settings included in this volume... This composer is not afraid of the past, but rather embraces many of the most beautiful aspects of his artistic heritage while imbuing his work with its own personal colors and tones."

Palm Beach Opera's world premiere will bear the stamp of award-winning set designer Allen Moyer, a native of Pennsylvania. Moyer has created sets for the Metropolitan Opera, New York Opera, San Francisco Opera, Santa Fe Opera, Seattle Opera, and Opera Theatre of Saint Louis. He also has worked on Broadway since 1996, designing sets for about 10 shows. He won an Obie Award in 2006 for the musical "Grey Gardens" (along with nominations for a Tony Award and Drama Desk Award); and was nominated for a Drama Desk Award in 1999 for "That Championship Season."

"Allen is one of the most famous scenic designers in the business," Mr. Biaggi said. "This is really exciting, because we don't have any of this yet."

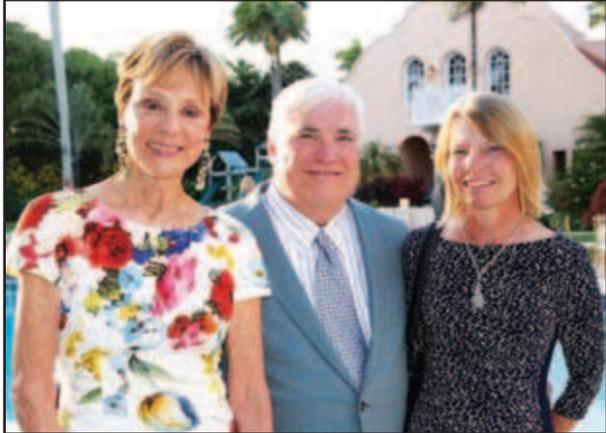
Mr. Moore and Ms. Sandrow live about 10 blocks apart on the Upper West Side of Manhattan, a world far removed from the one inhabited by the characters in their opera:

"I send him words (via computer)," Ms. Sandrow said. "A week later, I go over and he plays them for me." ■

— *The world premiere of Enemies, A Love Story will be performed Feb. 20-22 at the Kravis Center in West Palm Beach. For details, see pbopera.org.*

PALM BEACH SOCIETY

Chamber Music Society of Palm Beach cocktail party



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Jay Bauer, Eileen Berman and Daniel Biaggi



John Dotterer, Vicki Kellogg, Chris Kellogg and James Hopkins



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Trio Les Amies

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VINO

Warmer weather calls for lighter, fruitier wines

jimMcCRACKEN

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It's not as though it's ever really cold in South Florida, but even we tend to lighten up a bit come spring.

As winter menus of cream sauces and hearty roasts give way to dishes with a bounty of seasonal vegetables, more vinaigrettes and generally lighter ingredients, the change in what goes on the plate calls for something lighter to fill the glass as well.

Try sauvignon blanc or albarino when serving a dinner salad topped with a grilled chicken breast or shrimp. (This works best with vinaigrette-based dressings, rather than creamy ones.)

Fresh fruit needs acid as well as sugar to balance correctly. Wines with floral aromas like gewurztraminer work well with fruit, as does rosé.

Meats and vegetables done on the grill usually have fuller flavors and spices, so look for wines with more depth and bigger flavors for pairing, such as pinot noir, barbera and zinfandel blends.

Here are some wines I tasted recently that pair well with springtime foods:

Wine Picks of the Week:

■ **Elena Walch Gewurztraminer Alto Adige Italy 2013 (\$15):** Light in

body and straw yellow in color with honey, spice and floral essence on the nose, the aroma is followed onto the palate with fresh fruit, white flowers and almonds, and ends with a light acid on its lingering finish.

■ **Elena Walch Gewurztraminer Kastelaz Vineyard Alto Adige Italy 2012 (\$30):** Medium gold colored with a complex nose of floral, honey and smoke. The refined palate has orange peel flavors joined on the long finish with light oak and vanilla.

■ **Cambria Vineyards Bench Break Vineyard Chardonnay Santa Maria Valley 2011 (\$28):** Medium in color and full bodied with an elegant nose of apple, oak and vanilla. The palate adds white peach, orange peel and rich round tropical flavors, and has a well-balanced acidity on its lingering finish.

■ **Cambria Bench Break Pinot Noir 2011 Santa Maria Valley (\$28):** Medium purple in color, showing cherries and berries and a touch of rose on the complex nose. The palate fills your mouth with blackberries and raspberries, merging with dark cherries and dark fruits, while the lingering finish shows a touch of acid and good tannic structure.

■ **Domaines Schlumberger Les Princes Abbés 2008 Alsace (\$22):** Medium straw color with a rich floral and honey nose and spice. The palate is semi-dry with a fresh apple and nutty flavor, ending with a long finish.

■ **Hugel Gewurztraminer Alsace**



Domaines Schlumberger Gewurztraminer

straw color with lemon, smoke and a touch of oak on the nose. The palate has light citrus flavors and has a balanced finish with just a touch of acid.

■ **Momo Sauvignon Blanc Marlborough New Zealand 2012 (\$16):** Light in color and medium in body, the aroma is alive with citrus and green apple, which follow onto the palate mixed with lemon zest and grapefruit. The ending is brisk and clean.

■ **Robert Mondavi Chardonnay Napa Valley 2012 (\$20):** Medium yellow in color and body, this Napa classic wine has apple and peach aromas that mingle on the palate with pear, green apple and a nutty end. The finish has light oak and good fruit, with a lingering flavor in your mouth.

■ **Murphy-Goode Homefront Red California 2011 (\$12):** A blend

2011 (\$22): Very light in color with light and refreshing green apple, citrus and spice aromas and flavors, ending with a refreshing clean palate.

■ **Kendall-Jackson Grand Reserve Chardonnay California 2012 (\$15):** Light

of syrah, merlot, petite sirah and zinfandel, the nose has light blueberry and black cherry notes. The palate shows more blueberry flavor mixed with some white pepper at the end. Murphy-Goode is donating 50 cents per bottle to Operation Homefront, a nonprofit that provides assistance to families of service members.

■ **Paco & Lola Albarino Rias Biaxis Spain 2012 (\$18):** Bright straw yellow in color, with pear, citrus and floral notes on the nose. The smooth flavorful palate has apple and tropical fruits mixed with citrus, leading to the clean finish.

■ **Ronchi Terlé Barbera d'Alba Italy 2008 (\$20):** This medium-bodied wine starts with an impressive nose of berries, earth and smoke. The balanced palate features elegant black currant and cassis flavors and ends with a smooth oak and tannin finish.

■ **Sequoia Grove Napa Chardonnay 2012 (\$28):** Light straw color with a mix of lemon curd and lemon peel on the nose wound with a touch of smoke and vanilla. The aromas follow through onto the palate mixed with apple flavors and a floral essence, with vanilla and oak showing on the crisp, clean finish.

■ **Whispering Angel Chateau d'Esclans Cotes de Provence Rosé 2012 (\$25):** Light rosé in color, the aroma of strawberries merges with cherry and mixed berries on the palate, ending with a touch of spice on the creamy finish. ■

FLORIDA WEEKLY CUISINE

The Cooper to open at PGA Commons

SPECIAL TO FLORIDA WEEKLY

The Cooper, Craft Kitchen & Bar, which has its origins in a Hartford, Conn.-based string of restaurants, will open May 17 at PGA Commons in Palm Beach Gardens with a fundraiser to benefit the Nicklaus Children's Health Care Foundation.

Owner Richard Rosenthal of the Max Restaurant Group (no relation to South Florida restaurateur Dennis Max's dining empire) has promised locally sourced, fresh ingredients, barrel-aged cocktails, a fresh wine list and a lively list of microbrewed draft beers.

According to The Cooper's website, the executive chef is Adam Brown, who worked at such area restaurants as Sunfish Grill and Sundry House before joining Rapoport's Restaurant Group in 2004.

He was executive sous chef at Bogart's Bar & Grille and later became executive chef at Henry's in Delray



Beach. He was the opening executive chef at Burt & Max's in 2013.

That fundraiser for the Nicklaus foundation is 7 p.m.-11 p.m. May 17.

Tickets: \$50.

The restaurant is at PGA Commons 4610 PGA Blvd., Palm Beach Gardens. Reservations are required; thecooper-restaurant.com/opening. ■

Raise a glass to Cinco de Mayo

At Cabo: Cabo Flats will mark the holiday with a variety of festivities May 3-5 at its Palm Beach Gardens and Delray Beach locations.

On May 3, festivities include mariachi bands, drink specials and a live DJ at night.

On May 4, festivities include family fun and games during the day, mariachi bands, drink specials and giveaways, and on May 5, festivities include drink specials, giveaways and other excitement.

Cabo Flats is at Downtown at the Gardens, 11701 Lake Victoria Downtown Gardens Ave., Suite 5101, Palm Beach Gardens, 624-0024, and Delray Marketplace, 14851 Lyons Road, Suite 122, Delray Beach, 499-0378.

It also plans a new location, at the historic Rookie's building at the foot of the Roosevelt Bridge at 423 SE Federal Highway in Stuart.

At Rocco's: Rocco Mangel of Rocco's Tacos will hold Cinco de Mayo celebrations at all four of the restaurant's South Florida locations.

Each party will have drink specials along with several surprises including live entertainment, Pancho Villas mariachi bands, DJs, prize giveaways and free tequila pourings.

In Palm Beach County, restaurants are at 5250 Town Center Circle, Boca Raton, 416-2131; 224 Clematis St., West Palm Beach, 650-1001; and PGA Commons, 5090 PGA Blvd., Palm Beach Gardens, 429-4758. Info at roccostacos.com. ■

A couple of ways to celebrate Mom

The Colony Hotel's Polo Steaks & Seafood will offer a Mother's Day brunch from 11 a.m. to 3 p.m. May 11. There will be food stations offering omelets, waffles, hand carved prime rib of Angus beef, herb-roasted turkey or roast loin of pork, and various seafood specialties. There also will be salads, cold and hot buffets, fresh fruits and desserts. Cost is \$65 per person and \$32 for children under 12 years old. The Colony is at 155 Hammon Ave., Palm Beach; for reservations, call 659-8154.

For something different, **Taste History Culinary Tours of Historic Palm Beach County** offers a food and culture tour of Lake Worth and Lantana on May 10. Taste History is a four-hour food-centric narrated excursion of bus-riding and four to six blocks of walking through historic districts for alternate visits to eateries, markets, and an urban farm for food history, food-culture facts and tastings.

At least three to four restaurants are visited per Taste History tour, along with trips to historic buildings, cultural centers and art galleries.

The food tours board at Macy's (outside at the east entrance) at the Boynton Beach Mall, 801 N. Congress Ave., Boynton Beach.

Cost is \$40 per person, free for children under 18 (accompanied by an adult family member). Pre-payment is required.

Tickets can be purchased on-line at TasteHistoryCulinaryTours.blogspot.com; 243-2662 or e-mail tour@tastehistoryculinarytours.org. ■

FLORIDA WEEKLY CUISINE

In the kitchen with... CHRISTOPHER SLAWSON

Christopher's Kitchen

BY JAN NORRIS

jinorris@floridaweekly.com

In a few short years, Christopher Slawson has gone from a word-of-mouth private chef to owning a restaurant that's expanded twice in only three years.

At Christopher's Kitchen in Palm Beach Gardens, he takes the concept of a "plant-based" restaurant to new levels. Vegetarian, vegan and raw foods are prepared to appeal to anyone.

"I think everyone wants to feel great," Mr. Slawson said. "Right off the bat, people want food that tastes good. No matter what you're making it has to taste good or people aren't going to try it," he said.

But he says 85 percent of his customers are not vegetarians. "Most of them consume animal products on a regular basis, but they come here because the food's fresh and they like the vibe.

"I've had guys who tell me 'I was b----- and moaning because my wife dragged me down here.' Now, they're regular customers — they come in for their juices in the morning or wraps at lunch."

Though several pro athletes are frequent diners, it's mostly women who seek out the restaurant. "The male clientele are not really as educated about food. They're accustomed to a meat-heavy diet. Once they learn that eating plants makes you feel great, then it's OK."

Mr. Slawson, 31, didn't learn the diet from his parents, but adopted a vegetarian lifestyle in high school. After college, he moved to Santa Monica, Calif., where vegan and other plant-based diets are "the heartbeat of the area," he said. "I really connected with it."

He learned about a raw diet as well — foods not really cooked. These are plant foods not heated beyond 115 degrees so as not to kill their living enzymes.

As he learned more, he decided he wanted to open a restaurant. "It was a home run for me — it would be a way to get (the diet) out to the masses."

His family is in Florida, and he had some private clients he was making foods for here, along with those who wanted him to be their private chef, so



SCOTT SIMMONS/FLORIDA WEEKLY FILE PHOTO

Christopher Slawson serves raw foods from Christopher's Kitchen. He also has opened an organic grill and a take-out spot next door.

he returned to South Florida.

"I had 25 clients I was making food for. It became too much work, so that's how Christopher's Kitchen was born. The menu was an extension of the foods for a family I was working for."

He opened just as plant-based diets were garnering mainstream attention. "It was really wild. You get lucky. The timing, when we opened, couldn't have been better," he said.

But it's not only vegetarian, which sometimes includes dairy and eggs, or the stricter vegan (nothing but plant based foods) here. "The reason we're successful is we embrace all lifestyles of food. We're here to share, not to tell them what to eat. It's not conducive to the mission."

He sees a variety of diners come in to try the foods — wraps, sandwiches, pizzas, salads and main dishes. "People's food choices change all the time. You can have someone who says, 'I'm going to eat fish for a week.' Then the next time they come in, they're eating steak. But they're here. We're saying, 'That's OK. Keep that coming and you're good.'"

The most popular things on the menu are the fresh juices he blends in house. "It's a tie between Passion and Vitality. Passion is pineapple, strawberry, ginger, orange and trace minerals. Vitality has cucumber, pineapple, olive juice, and E3Live — a wild algae that's been known to help autism, brain and liver function. It's a superfood. We sell it by

the shot, too, and incorporate it into our juices."

CK tacos are another favorite. "We make a tortilla shell from nuts, seeds and vegetables. They're dehydrated, then cut into the shell. It's labor intensive."

For this reason, some of the foods are more expensive than their mainstream counterparts, but Mr. Slawson doesn't feel the restaurant pricing is out of line. "Everything on the menu is less than \$20. You can come in and get a full meal with a fresh juice for \$25."

The cold-pressed juices made daily feature six or seven ingredients each. "We bottle everything ourselves. It's a lengthy, labor-intensive process."

He's committed to the restaurant and its workers, as well.

"We believe in taking care of the people who work here, so that plays a role."

A private chef making this type of food would cost three times as much, he said. "We have people who come in and don't want to spend \$12 on a glass of fresh juice but they'll spend \$20 on a glass of merlot."

Quality costs. "You want the finer things, the best foods, it's going to cost."

"We don't cut corners or compromise quality. Everything we have is 100 percent organic. We pay more for the base products and with labor involved, coming from my perspective, I think we're really reasonable."

At the organic grill and wine bar next door, he expanded on the hot foods

served at Christopher's Kitchen. "We have gourmet pizzas, pad Thai coconut curry — we don't use any tofu or soy, though. We stay pretty clean with our foods. We bring it together flavor-wise with the sauces we use."

The wines served also are befitting the lifestyle — either organic, sustainable, or bio-dynamic or all three.

"We actually have a wine-tasting machine, you can get it by the ounce or half-ounce sample. You buy a card and put money on it, then buy what you want to try. It's a fun way to try a lot of different wines."

He likes that he's got a niche. "It really comes down to living a plant-based lifestyle. We hear from customers there's nothing like this anywhere. How many plant-based kitchens do you see?"

He's happy for the success that's brought the grill room and a take-out spot, CK Express, next door. "We're doing really well. We've tried to listen to our customers and give them what they need and want. We hope to grow the business and open more locations — that's the plan. We're thinking about opening a take-out concept in West Palm Beach."

Name: Christopher Slawson

Age: 31

Original Hometown: Portland, Ore.

Name of Restaurant: Christopher's Kitchen, Midtown, 4783 PGA Blvd., Palm Beach Gardens. 318-6191; christopherskitchenfl.com

Mission: "To serve you the freshest certified organic plant based cuisine, juices and super foods of superior nutritional value and delicious taste."

Cuisine: Organic plant-based cuisine.

Training for your job: "I'm self-taught."

What's your footwear of choice in the kitchen? "Nike or Vans."

What's your guilty food pleasure? "Don't have one anymore. After switching to eating clean plant-based foods, I eat anything I want without guilt."

What advice would you give someone who wants to be a restaurateur or chef?

"Listen to your gut and stay true to your mission and what you believe in. Never sacrifice quality, and learn from your customers whenever possible." ■

THE DISH

Highlights from local menus

The Dish: Barbecued half-chicken

The Place: Blue Front BBQ, 1132 N. Dixie Highway, Lake Worth; 833-6651 or mybluefront.com

The Price: \$12

The Details: There's one thing you can say for Blue Front — that tangy, slightly sweet sauce has remained the same.

John Paladino, son of developer and musician David Paladino, has reopened the Blue Front, long a mainstay on Palm Beach Lakes Boulevard, at the Art Deco building that once housed Kristine's and Jetsetter.

The space is beautiful.

And the food?

Well, it doesn't disappoint.

This chicken was smoked clear through in the smoker built off the patio area of the restaurant. The skin was a wonderful

reddish mahogany hue, and the meat was tender and juicy.

Our sides of collards and black-eyed pea salad were interesting takes on the classic dishes.

The collards were cooked *al dente* with plenty of flavorful pork. The salad could have used a little more vinegar and a little less cilantro, but it was tasty.

A second visit also found the St. Louis-style ribs worthy of ordering at this welcome addition to the Lake Worth dining scene. ■



SCOTT SIMMONS/FLORIDA WEEKLY

— Scott Simmons

— THE GARDENS MALL —

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