

PALM BEACH GARDENS & JUPITER

FLORIDA WEEKLY®

IN THE KNOW. IN THE NOW.

WEEK OF JANUARY 23-29, 2014

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Cruisin' along



DOUG MACGREGOR ILLUSTRATION

Our east-west corridor through the wilderness

BY EVAN WILLIAMS
ewilliams@floridaweekly.com

BOB NAPIOR MAY BE THE LAST PERSON YOU see for 50 miles, or the first in 50 miles, depending on which direction you're heading. He's the guy you see when you're out of gas and full of pee and in need of a Subway sandwich or cigarettes.

He's the manager at the BP food mart and service station at exit 101 off Interstate 75 in Naples, where he's worked for a decade. Mr. Napior is happy to answer a

SEE RIDE, A8 ▶

Breast cancer survivor a strong advocate for early detection

BY MARY JANE FINE
mjfine@floridaweekly.com

Stories about breast cancer are all the same.

Stories about breast cancer are all different.

The sameness is in the struggle — the fear and challenge, nausea and hair loss, fight and fatigue and survival.

The difference is in each woman. Margaret Schultz is one of them. Mrs. Schultz

KOMEN RACE FOR THE CURE 2014

had enough worry already, more than enough, the day her morning shower added a whole new level of worry and stress. Her experience is one of many thousands and, as a survivor, she spoke of it in the hope of alerting others to the importance of early detection and treatment.

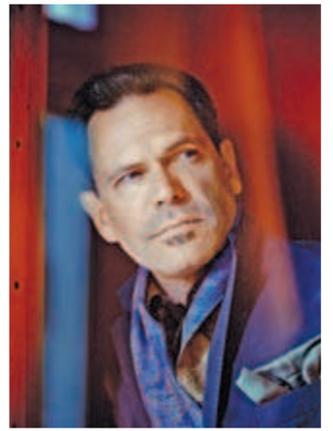
Every year since 1992, when the Susan G. Komen South Florida Race for the

Cure began, the Komen organization has worked hard to focus attention on the disease, the women who battle it, the efforts to eradicate it, the advances in treating it. Race for the Cure officials are quick to cite their statistics:

- 75 percent of the funds raised stay in the community and help under-insured women.
- One in eight women in our lifetime

SEE SURVIVOR, A14 ▶

INSIDE



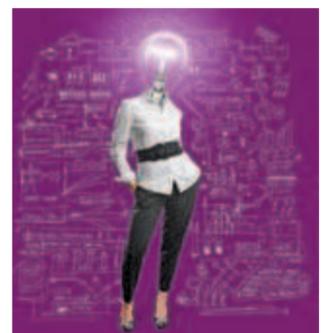
Ode to the Brill

Jazz singer Kurt Elling plays the Duncan Theatre, and sings an homage to Brill Building. **B1** ▶



Networking

See who was out and about in Palm Beach. **A24-A29** ▶



Leadership Institute

Executive Women, PNC Bank hosting daylong event. **A23** ▶



Kovel's Antiques

Sewing tables are a hit with collectors. **A34** ▶

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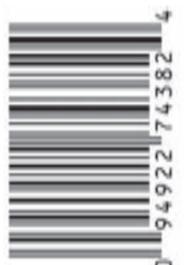
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COMMENTARY

A prescription for disaster



leslieLILLY

llilly15@gmail.com

If you have not visited the emergency room of your local hospital lately, you should consider an exploratory trip. Earlier this year, a medical event otherwise necessitated an unplanned visit by my husband and me. In addition to the emergency care, we received an education on the state of the nation's access to healthcare.

The experience exploded any doubts we might have had about the Affordable Care Act (ACA) and the urgent need for meaningful healthcare reform. The failures of our healthcare system — those that have transformed emergency rooms into the only and last resort for the uninsured to receive medical care — were on full display.

The waiting room was overflowing with the old, the infirm, the poor, the weak, the addled, the injured, the young, and the crazy. It was a warzone, an apocalyptic onslaught of the uninsured clamoring for medical care, with no other means to get it. They were met by a competent, skilled medical staff working feverishly to overcome language barriers, bind wounds, set bones, find beds, prescribe treatment, dispense medication, direct patients, settle disputes, and triage the paperwork. It was a chaotic

scene not easily dismissed as an aberration. Its replication is an almost daily occurrence in the emergency rooms of hospitals throughout the state.

Florida ranks No. 2 in the nation in having the highest number of uninsured residents under the age of 65, a total of about 3.8 million people. According to the U.S. Census, that number includes over 500,000 uninsured residents under the age of 19.

Hendry County wins the lottery among the state's counties for having the most uninsured residents, 35 percent of the county's population; Miami-Dade runs neck-in-neck with Hendry and has the second largest number of uninsured under 65, or nearly 750,000 residents. The Palm Beach County Health District data reports the number of uninsured in Palm Beach County is between 265,000 and 275,000 locally, about 28 percent of the population age 64 and younger, a figure up from around 180,000 in 2004.

According to a 2013 paper published by the Florida Philanthropic Network (FPN), Florida's atypically high numbers of uninsured are partially attributable to the employment sectors that overwhelmingly dominate its economy — tourism, agriculture and construction, the least likely employers to offer and provide some level of subsidy for health insurance for their labor forces.

The paper goes on to say Florida's status as a "right-to-work" state is also likely a contributing factor. Such policies may drive the large and disproportionate numbers of Florida workers trapped in

low wage jobs as the working poor. The state's small businesses do not typically offer health insurance to their workers either, which is how most Americans get their coverage.

These factors seem to make little or no impression on our governor or the state legislature. They refuse to expand Medicaid under the provisions of the ACA and improve access to healthcare among the state's neediest residents.

ThinkProgress.org says the economic consequences to the state are significant. Florida will lose a projected \$51 billion over the next 10 years in federal funding covering 850,000 low income Floridians; and the failure to expand Medicaid sentences thousands of residents to Medicaid-coverage purgatory. They earn too much to qualify for Medicaid but not enough to leverage the benefit of tax savings available through the ACA insurance marketplaces; and, because general tax revenues finance Medicaid, Florida residents will pay billions into the Medicaid system but not harvest the financial benefits.

Gov. Rick Scott made encouraging noises initially about supporting Medicaid expansion but is now in tactical retreat. According to the *Tampa Bay Times*, Scott brushed aside the issue of Medicaid expansion before an audience of reporters, focusing his remarks instead on the imminent cancellation of some 300,000 insurance policies — an act Florida Blue maintains is untrue.

Meanwhile, 4 million-plus uninsured Floridians, inclusive of more than a half

million children, are the disappeared in the policy priorities framing Governor Scott's bid for re-election. On the measure of increasing access to healthcare, the failure of the state's elected leadership to expand Medicaid under the ACA is a prescription for disaster.

Last summer, FPN's Health Funders Group gathered to discuss and anticipate philanthropy's role in the implementation of the ACA for especially those foundations and grantmakers with strong ties to local communities.

In Palm Beach County, foundations, nonprofits and public/private partnerships have joined together to leverage the opportunities afforded by the options for healthcare provided by the ACA.

Coming next week: Children's Services Council, Quantum Foundation and others collaborate to share information and work together to support access to healthcare for individuals, families and children in Palm Beach County. ■

— Leslie Lilly is a native Floridian and past president and CEO of the Community Foundation for Palm Beach and Martin Counties. Her professional career spans more than 25 years in the charitable sector, leading major philanthropic institutions in the South and rural Appalachia. She resides with her family and pugs in Jupiter. Email her at llilly15@gmail.com and follow Lilly on Twitter @llilly15.

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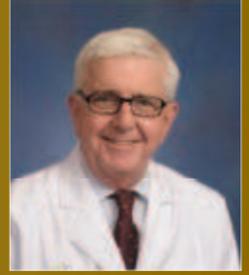
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OPINION

Obama's insincere war



richLOWRY

Special to Florida Weekly

Robert Gates has roiled the Beltway with perhaps the least surprising bombshell ever to appear in a tell-all Washington memoir.

Did anyone believe that President Barack Obama was passionately committed to the Afghanistan War that he escalated at the same time he announced a withdrawal date?

If what Gates tells us isn't particularly new, it still packs a punch coming from such a highly placed, credible source. For Obama, Afghanistan is the insincere war. More than 1,500 troops have died there during his time in office — almost three times as many as under George W. Bush — yet by early 2011, the president had lost whatever faith he had in the war, according to Gates.

In the telling of his former secretary of defense, Obama violated what should be the psychological Powell Doctrine: If you don't believe in it, don't fight it.

John Kerry famously asked during the Vietnam War: How do you ask a man to be the last man to die for a mistake? Obama evidently has been asking men to die for what he considers a mistake for years now.

As reported in the press, Gates describes a dawning realization at a March 2011 meeting in the situation room. "As I sat there," he writes, "I thought: The president doesn't trust his commander, can't stand (Afghan leader Hamid) Karzai, doesn't believe in his own strategy and doesn't consider the war to be his. For him, it's all about getting out."

This is the war that the president and other Democrats had long hailed as "the good war." Candidate Obama made the first item in his proposed "comprehensive strategy" in the war on terror, "getting out of Iraq and on to the right battlefield in Afghanistan and Pakistan."

The president may have meant every word he said at the time, but his position also happens to have been politically convenient. It allowed him to promise a quick exit from one (very unpopular) war while still sounding tough on the other. He wasn't a stereotypical dove, but a nuanced, clear-eyed hawk.

Once in office, the rhetoric came

due. By all accounts, the president felt trapped by his own advocacy. He and his team resented the military for asking for more troops than he really wanted to send. He escalated by about 50,000 all told, anyway, although with an uncertain trumpet and a highly ambivalent spirit.

If a president doesn't believe in a war, he is obviously less likely to see it through. The cost of liquidating our position in Iraq has been a resurgence of al-Qaida. If we pull out from Afghanistan right away, the Taliban will surely enjoy a similar windfall.

Obama has a remarkable ability to create critical distance between himself and almost anything. Here is a conflict that began with an invasion that he supported, that he consistently called for escalating and that he ordered tens of thousands of additional troops to go fight, yet he resisted taking ownership of it.

"I never doubted Obama's support for the troops," Gates writes, "only his support for their mission." Stranger words may never have been written about an American president. ■

— Rich Lowry is editor of the *National Review*.

Fukushima, an ongoing warning to the world



amyGOODMAN

Special to Florida Weekly

"I write these facts as dispassionately as I can in the hope that they will act as a warning to the world," wrote the journalist Wilfred Burchett from Hiroshima. His story, headlined, "The Atomic Plague" appeared in the *London Daily Express* on Sept. 5, 1945. Burchett violated the U.S. military blockade of Hiroshima, and was the first Western journalist to visit that devastated city. He wrote: "Hiroshima does not look like a bombed city. It looks as if a monster steamroller had passed over it and squashed it out of existence."

Jump ahead 66 years, to March 11, 2011, and 600 miles north, to Fukushima and the Great East Japan Earthquake, which caused the tsunami. As we now know, the initial onslaught that left 19,000 people dead or missing was just the beginning. What began as a natural disaster quickly cascaded into a man-made one, as system after system failed at the Fukushima Daiichi nuclear power plant. Three of the six reactors suffered meltdowns, releasing deadly radiation into the atmosphere and the ocean.

Three years later, Japan is still reeling from the impact of the disaster. More than 340,000 people became nuclear refugees, forced to abandon their homes and their livelihoods. Filmmaker Atsushi Funahashi directed the documentary "Nuclear Nation: The Fukushima Refugees Story." In it, he follows refugees from the town of Futaba, where the Fukushima Daiichi plant is based, in the first year after the disaster. The government relocated them to an abandoned school near Tokyo, where they live in cramped, shared common areas, many

families to a room, and are provided three box lunches per day. I asked Funahashi what prospects these 1,400 people had. "There's none, pretty much. The only thing the government is saying is that (for) at least six years from the accident, you cannot go back to your own town," he told me.

The refugees were given permits to return home to collect personal items, but only for two hours. Like Wilfred Burchett, Funahashi had to violate the government's ban on travel to a nuclear-devastated area in order to catch the poignant moments of one family's return on film. He explained how the family gave him one of their four permits to take the trip: "I tried to negotiate with the government, and they didn't give me any permission to go inside there. And no other independent journalist or documentary filmmakers got permission to go inside. But I got along very well with this family from Futaba," he explained, and sneaked back on their short trip.

The government's refusal to grant Funahashi access is indicative of another significant problem that has emerged since the earthquake: secrecy. Japan's conservative prime minister, Shinzo Abe, enacted a controversial state secrecy law early last December. Here in Tokyo, Sophia University Professor Koichi Nakano says of the new law, "Of course, it concerns primarily security issues and anti-terrorist measures. But ... it became increasingly clear that the interpretation of what actually constitutes state secret could be very arbitrary and rather freely defined by government leaders. For example, anti-nuclear citizen movements can come under surveillance without their knowledge, and arrests can be made."

Since the nuclear disaster, a forceful grass-roots movement has grown to permanently decommission all of

Japan's nuclear power plants. The prime minister at the time of the earthquake, Naoto Kan, explained how his position on nuclear power shifted:

"My position before March 11th, 2011, was that as long as we make sure that it's safely operated, nuclear power plants can be operated and should be operated. However, after experiencing the disaster of March 11th, I changed my thinking 180 degrees, completely ... there is no other accident or disaster that would affect 50 million people — maybe a war, but there is no other accident can cause such a tragedy," he said.

Prime Minister Abe, leading the most conservative Japanese administration since World War II, wants to restart his country's nuclear power plants, despite overwhelming public opposition. Public protests outside Abe's official residence in Tokyo continue.

"It gives you an empty feeling in the stomach to see such man-made devastation," Wilfred Burchett wrote, sitting in the rubble of Hiroshima in 1945. The two U.S. atomic-bomb attacks on the civilian populations of Hiroshima and Nagasaki have deeply impacted Japan to this day. Likewise, the triple-edged disaster of the earthquake, tsunami and ongoing nuclear disaster will last for generations. The dangerous trajectory from nuclear weapons to nuclear power is now being challenged by a popular demand for peace and sustainability. It is a lesson for rest of the world as well. ■

— Denis Moynihan contributed research to this column.

— Amy Goodman is the host of "Democracy Now!," a daily international TV/radio news hour airing on more than 1,000 stations in North America. She is the co-author of "The Silenced Majority," a *New York Times* best-seller.

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PET TALES

Pocket pet power

You can use clicker-training techniques to teach tricks to pocket-size pets

BY KIM CAMPBELL THORNTON
Universal Uclick

Can your ferret play basketball? Your rabbit race through weave poles? Your pot-bellied pig complete an obedience routine? Well, why not? These animals, as well as guinea pigs, rats, mice, gerbils and more, can all learn to amaze your friends and family by performing tricks and other behaviors on cue. Think it can't be done? So do most people, until they try it, says behavioral biologist and learning authority Karen Pryor of Watertown, Mass.

Using a clicker, you can teach "pocket pets" to raise a paw, go through hoops, stand up on their hind legs and put their paws on a box, put a pingpong ball in a miniature basket and play basketball, and pull on a string to turn a light on and off, Ms. Pryor says.

Clicker training involves marking a desired behavior with a sound — made by pressing down on the clicker — and then rewarding the animal with a favorite treat, toy or praise. Pets learn quickly that the sound of the clicker means they've done something you like and that a reward is forthcoming.

Teaching the animal to touch or follow a target, such as a wooden spoon or a chopstick, is usually the first step. Hold it out, and when the animal moves for-

ward to sniff it, click and give a favorite treat, something the animal loves that he doesn't get on an everyday basis. Even timid animals who aren't hand-tame can be willing to approach the target.

"Click the instant they touch or sniff or even look at the target," Ms. Pryor



Be patient when training your pocket pal. Animals learn at different rates, but all respond to praise and rewards.

says. "Then give them a treat. Don't make them come to you — just drop it in a little dish so they can get it without having to come near you. It's just temporary because as soon as they figure out what they're doing is making you click, they're going to stop being afraid of you.

"As soon as they'll come to the target or follow the target, you can do anything you want with them. You can teach

them to jump over your foot, go through a tunnel — you can have an agility course on the kitchen floor. Many people have taught guinea pigs and rabbits to weave through poles," says Ms. Pryor.

Teach tricks that are appropriate for your pet. For instance, ferrets are good with their paws and can learn to pick up things, while guinea pigs and rabbits are better suited to pushing items with their noses or hopping in and out of weave poles.

Laura Bourhenne, a dog and exotic animal trainer with Animal Attraction Unlimited in Woodland Hills, Calif., says teaching a nose touch is good for all animals, especially if you can train them to do it for an extended time.

"The behavior can be used to keep the animal still during a vet exam," she says. "And if I know how an animal looks when it turns in a circle and then that behavior changes or the animal won't do it when asked for it, then that can give me a big clue when something is off in the animal's body."

Teaching tricks has other practical benefits. Your pet can learn to come when called — very useful when a pocket pet has escaped from his cage — to move to a specific place, making it easier to clean his cage, and to be willing to sit still for handling, which comes in handy if you need to trim his nails or take him to the veterinarian. ■

Pets of the Week



>> **Mya** is a 3-year-old spayed American Staffordshire mix. She is gentle, cautious at first, and very good on a leash.



>> **Katty Perry** is an 11-month old spayed domestic shorthair. She is sweet, outgoing and beautiful. She is playful and loves to snuggle.

To adopt:

The **Peggy Adams Animal Rescue League**, Humane Society of the Palm Beaches, is located at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspsb.org. For adoption information, call 686-6656.



>> **Dorito** is a neutered male orange tabby, approximately 10 months old. He's a very affectionate boy who really enjoys his "cuddling time." He would be a great addition to a home with or without other pets.



>> **Garfield** is a neutered male gray tabby, approximately 2 years old. He is quiet and laid-back, and gets along well with people and with other cats.

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County Jewish Federation sets major capital campaign

SPECIAL TO FLORIDA WEEKLY

The Jewish Federation of Palm Beach County has announced a large-scale capital campaign to expand its services and relocate, renovate and re-energize key partner agency facilities that provide hands-on programs and services throughout the county, in Israel and around the world. The Federation describes its actions as "affirming its commitment to ensuring a vibrant and vital center of Jewish life for generations to come."

The capital campaign called "Tomorrow Today: A Community Partnership Project" is being led by a multi-generational group of Jewish community leaders who have made the move to turn vision into reality. The group has pledged their time and resources to create a new and modern infrastructure for future generations to thrive in Palm Beach County. Honorary co-chairs include Sheila and Alec Engelstein, Barbara and Jack Kay, Marilyn and Arnold Lampert, Ellen and Irwin Levy, Barbara and Mort Mandel, and Sydelle Meyer.

"To have the support, guidance and involvement from two generations of Palm Beach's most established and accomplished families is both remarkable and meaningful," David Phillips, president & CEO of the Jewish Federation of Palm Beach County, said in a prepared statement. Fundraising for the Tomorrow Today campaign is underway, with nearly \$16 million raised to date. The campaign will help ensure that Federation and its partner agencies are positioned to serve the future educational, recreational and social service needs of the

Jewish community. The partner agencies include the Ferd & Gladys Alpert Jewish Family and Children's Service (JFCS); Mandel Jewish Community Center of the Palm Beaches (Mandel JCC); Lorraine and Jack N. Friedman Commission for Jewish Education of the Palm Beaches (Friedman CJE); and Arthur I. Meyer Jewish Academy (Meyer Academy).

After sharing the Jeanne Levy Community Campus on Military Trail in West Palm Beach since 1990, Federation, Meyer Academy, Friedman CJE and the Mandel JCC are relocating, affording each the opportunity to expand their programs and services. Federation plans to relocate to a convenient, central location that will accommodate its growing scope of services that enrich Jewish life, care for vulnerable populations and build global Jewish community. Additionally, Federation will expand its reach and accessibility by opening satellite offices in the northern and southern parts of its service area.

The Mandel JCC opened its new center in Palm Beach Gardens in August and renovations are planned at its existing campus in Boynton Beach. Both locations offer high quality preschools and camps, as well as wellness, cultural arts and adult education programming.

The Hood Road location will also serve as the future site of the Meyer Academy, which will feature advanced technologies and optimal learning spaces in a modern building designed to meet the educational, social and physical development needs of its students in kindergarten through eighth grade. ■

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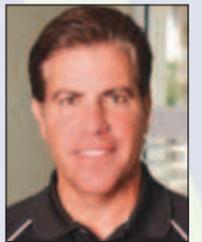
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Bob Napior manages the BP food mart and service station just before the toll onto I-75.



Alligator Alley was expanded to four lanes in 1993.



RIDE

From page 1

question or ring up a soda, dispatching customers with polite, easy efficiency. The South Florida-themed souvenirs sell well, the taxidermy alligator heads most of all. About two-thirds of Mr. Napior's customers are either getting on or off the Alley, he estimates.

"Half are in a hurry."

From there, the highway turns into a toll road: four lanes shooting arrow-straight, east and west across the wilderness of the Everglades. The 75-mile stretch has been called Alligator Alley ever since it opened in 1968 as a two-lane state road. Today's version opened in 1993. It ends (or begins) in Weston, taking travelers on to the greater Miami and Fort Lauderdale areas.

Known for being the speediest route across the peninsula, the Alley splits two distinct ecosystems — the Everglades and the freshwaters of the Big Cypress Swamp. Beyond the roadway, there are hidden ghost orchids, panthers, alligators and invasive pythons. It took months and truckloads of dynamite to blast out the trail. Nearly two decades later, planners reworked the road to make it safer for people and animals, and better for the Everglades. But today, drivers reaching triple-digit miles per hour aren't that uncommon.

After paying a \$3 toll, a driver can end up in Miami a couple of hours later, without noticing the National Panther Wildlife Refuge, Big Cypress National Preserve, and the greater Everglades, a vast wilderness inhabited permanently only by wildlife and the Seminole and Miccosukee Indian tribes. There are numerous exit points into Big Cypress for hiking, hunting and fishing, and scenes of breathtaking beauty if the trip is at least as much about the journey as the destination. People drive it for all kinds of reasons.

Mitchell Austin of Punta Gorda uses the Alley to get to continuing education courses on the other coast, and to go to sporting events like Miami Dolphins games.

"It's this little ribbon of perceived civilization because you're on this super-highway," said Mr. Austin, a 39-year-old city planner. "But right off it you're in the wilds. You're not the top of the food chain out there."

Pull off the road, and escape

At 4:07 p.m. on a Sunday in mid-January, a transparent white moon hung above the road.

You pass exit 80 at the State Road 29 overpass. If you get off, signs point to main entry points for Big Cypress National Preserve (729,000 acres) and Everglades National Park (1.5 million acres).

Down the road, mile marker 70 has stops for both east and westbound traffic. There are no bathroom facilities, but

there is a place to get out and stretch — as well as access to Big Cypress National Preserve. About a quarter mile in on a trail, a deer's footprint was printed in the mud, and the sun was dropping below the tree line. It leads into the Turner River Unit of the preserve, which contains more than 170 miles of trails.

Fort Myers-based town planner Bill Spikowski remembers stopping there once with his son.

"We walked two or three miles that day. We probably saw 50 alligators sunning themselves," he recalls.

There is also access to the preserve at mile marker 51 for westbound travelers. Once the state is finished refurbishing a rest stop later this year, there will be access at mile marker 63, said Bob DeGross, spokesperson for the Big Cypress National Preserve. There are hiking, hunting, fishing and camping opportunities.

"Driving across (the Alley), you go through two distinct regions of the Everglades ecosystem," he explained. "As you drive from Fort Lauderdale west to about mile marker 48 or so you're in the open sawgrass prairies of the greater Everglades. And then west of mile marker 48 or so you get up into the Big Cypress, and so you go from this vast open area of the Everglades to more of a mosaic of several different habitats."

"It's really a remote region that people don't really think about. They just drive 90 miles per hour through it. But if they really take their time to look around,

in the know

Everglades National Park:
 >> www.nps.gov/ever/index.htm

Big Cypress National Preserve:
 >> www.nps.gov/bicy/index.htm

they'll find that it's a unique area that provides an opportunity of escape from the very large urban areas on the east and west sides of it."

At the rest stop

The only fully equipped rest stop to gas up or eat at on the Alley is off exit 49 at Snake Road, 50 miles from Mr. Napior at the BP station. It's run by the Miccosukee Tribe on its largest reservation, totaling 74,812 acres, according to the tribe website. The Business Council, which handles public relations, didn't respond to a request for comment. The Tribe is not known for responding to requests from journalists.

The reservation lies north and south of the Alley. The tribe protects 55,000 acres as wetlands, with another 20,000 reserved for development. Of that, 13,000 acres is leased for cattle grazing. The rest includes the service station and Miccosukee police substation.

Along Josie Billie Highway, about a 20-minute drive from the Miccosukee stop, you'll find the Seminole Indians' Ah-Tah-Thi-Ki museum, boardwalk and

Alligator Alley

by the numbers ...

75

The distance between the Alley's tollbooths, from mile marker 25 at the eastern end to 100 at the western end. The highway is also called Interstate 75.

\$19.6

Millions of dollars of tolls collected in 2012

19,500

Average number of vehicles per day traveled the Alley in 2012.

\$3.56

Millions of dollars for the cost of tollbooth operations in 2010

110

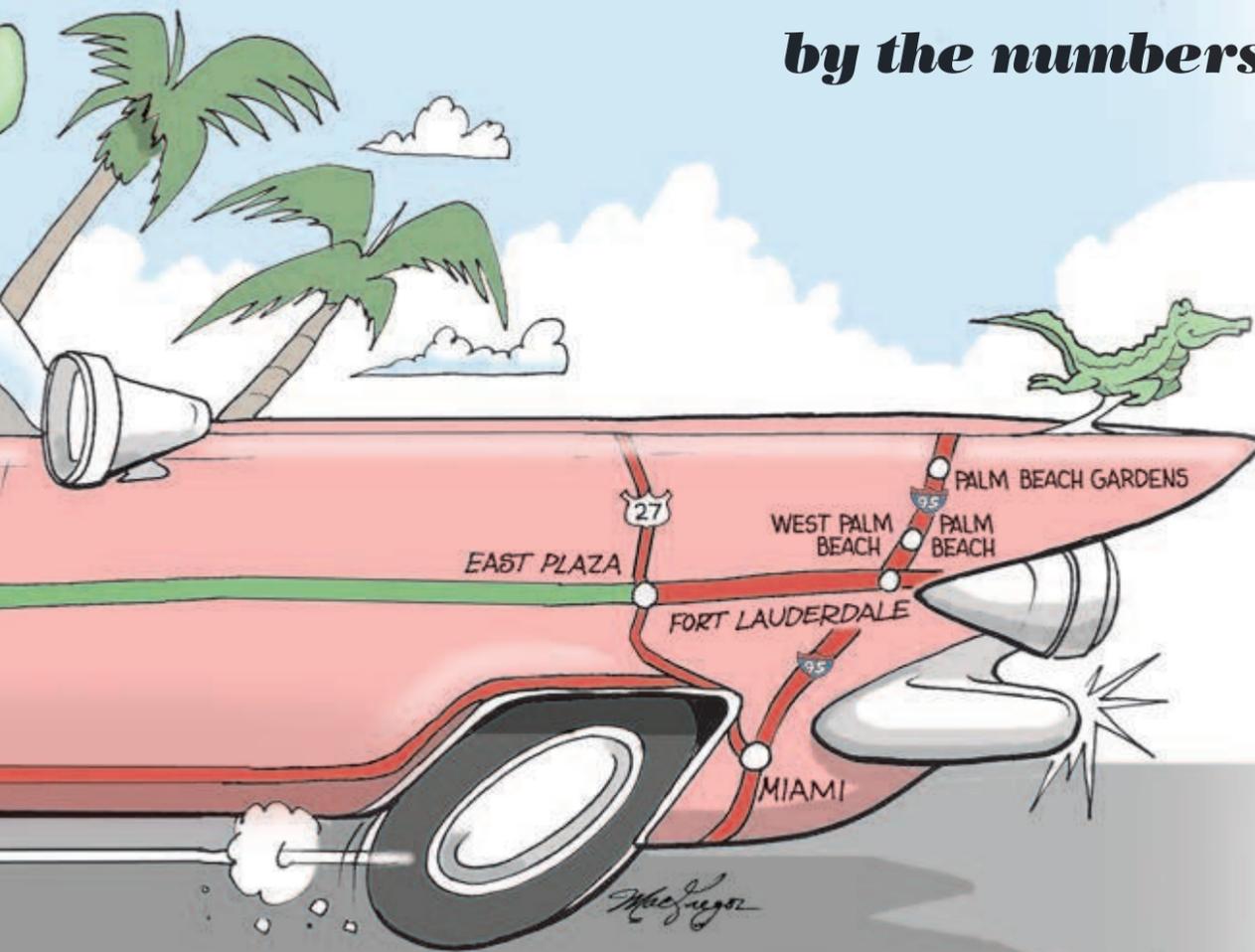
Miles per hour: How fast L.A. Dodgers outfielder Yasiel Puig was driving one Saturday night this December. He was stopped by FHP near mile marker 99.

\$1.50

the toll in 1969

\$3

the toll cost today



Motorists can pull off the road in several spots to view the native flora and wildlife.

Alligator Alley in 1969



other attractions. The gently winding drive goes through countryside. At 5:16 p.m. sprawling fields with cows were lit in hazy gold. On the other side of the road, vultures pecked at the lifeless body of a small alligator.

At 5:49 p.m. a family watched football at the Seminole gift shop and convenience store. A teenage couple looked at clothes, bows and arrows. On a bulletin board outside, a swamp buggy was for sale for \$35,000.

"My loss is your gain," the ad read.

Merging back on to the Alley, it was early night with planes, stars and planets in the sky.

Surprisingly, the soundtrack to the drive along the Alley came in clearly on the radio: "Blurred Lines," "Red, Red Wine," "Every Breath You Take," "Stayin' Alive," something by Chopin, and a country song.

"Take the keys to my heart and the keys to my car and just drive," the singer moaned.

Driving at night, the wilderness seemed deeper, and the highway narrower, the traveler guided by lights as electronic message boards blinked the minutes to the next exit.

First, strip off the muck

In spite of fierce opposition, the original Alley, two-lane State Road 84, opened in February 1968.

"The (American Automobile Association) thought up the name of Alligator Alley to express supreme contempt for a road which it said was 'designed with

a flagrant disregard for essential safety; that didn't to where its proponents said it would go; and that charged a toll besides,'" wrote August Burghard in his 1969 account, "Alligator Alley: Florida's Most Controversial Highway."

But 10 years before that, the Seminole Indians supported construction of the Alley and granted a right-of-way across their reservation. (Later, the Miccosukee Tribe split from the Seminole). Collier and Broward counties in 1961 pledged gasoline tax funds to guarantee construction bonds.

Clearing the way for the road was a tremendous effort. The Alley required a truckload of dynamite for rock blasting each week.

"Huge draglines, walking on special mats, inched their way out into the sawgrass to strip off the muck," Mr. Burghard wrote. "Barges carrying dynamite drills floated in behind these draglines to blast out the lime rock of the 'Glades floor.'"

Finally, the highway was laid, providing "a farm-to-market route for agricultural products and a swift, time-saving path across peninsula Florida for tourists."

The road was "... a badly needed transportation link between two of our state's fastest growing areas," said then Road Commissioner Jay Brown.

The Alley today still fulfills those needs, but there were major changes in the late 1980s. The state undertook a widening project, making it four lanes, two each way. The new highway opened in 1993.

Catching cars in the canals

Jim Noth remembers when the Alley was widened. As a two-lane road, "It was very dangerous," said Mr. Noth, vice president and transportation director with the West Palm Beach engineering firm Erdman Anthony.

"People would get behind trucks so you start getting more aggressive trying to pass. And if you dropped off the road, you basically just dropped off into the swamps."

But it wasn't just extra lanes that made the modern version a success. Mr. Noth recalls walking into the office of an old colleague who was working on the new design for FDOT. He saw a map on the wall with unusual lines drawn on it that marked the paths of panthers — collared and tracked — as they crossed the Alley. The state used the data to help design points where wildlife could cross under the road. Fences guide them to those points.

"There was a lot that went into that that I don't think people really recognize," Mr. Noth said.

It also improved the flow of water through the Everglades, which is often likened to one big, slow-moving river, from north to south.

"The old one probably functioned more as a dam in the Everglades than anything else," Mr. Noth said. "The new I-75, what we call Alligator Alley, addresses those kinds of things; (it) addresses, if you will, sins of the past."

More recently, cables running along

the bottom of the fenceline are designed to help stop cars from sliding into a canal. As soon as a car runs into them, FDOT employees who monitor traffic from remote locations are alerted and strobe lights on the road begin flashing. Adding the cables, said FDOT spokesperson Debbie Tower, was in response to vehicles and people that went missing on the Alley, who left for their destination and "simply didn't arrive." There were times they veered into canals, which can be 30 feet deep in places.

"These cars would disappear sometimes into the canal, literally submerge and disappear," Ms. Tower said. "Now, the minute that happens, we know it."

Dinner and a sunset

Capt. Rhett Morris and his wife JoEllen, owners of Beyond Borders Outfitters in Punta Gorda, often take the Alley to visit family and to vacation in Key West. Mr. Morris used to go hunting and fishing in wetlands near the Alley. He recalls sitting in a canoe in a canal one morning, counting alligators.

"You could easily count 200 alligators," he said. "It was the most incredible number of alligators in one short distance. They gravitate toward that canal when the 'Glades are drying up in the dry season."

On one trip he was waiting on a trail for a wild hog. It spooked before reaching him, and as it ran, a panther began its chase, parallel to the hog. Mr. Morris

RIDE

From page 9

watched the hog travel across a 20-foot opening in a thicket with the cat in pursuit.

“(The panther) was running so fast it just happened to hit that open ground in a whole leap and it never touched the ground,” he said. “I listened to it catch the hog, 30 or 40 yards away, which I might add was very brutal and vicious sounding.” He left the hunting site and headed back to civilization, hoping the cat was full. Still, after witnessing the harrowing scene, he continues to enjoy the drive across the Alley.

“It can be very scenic in the heart of the summer because of the monster thunderheads that build up around the area and watching those as you drive across can be pretty neat,” he said. “There are some instances where you’ll run into an approaching storm with the sun setting in the west on the way home. It’s totally different watching them cross the beautiful grass prairie.”

If you blink, you might miss it

Some drivers say they rarely see gators on the Alley, while others have more luck. It depends on different factors, such as the time of year, said Mr. DeGross of Big Cypress Preserve. Along with other wildlife, they may concentrate in canals or near water in the winter when it’s dry. If it’s cold outside they may stay down at the bottom. It also helps if you’re familiar with the landscape, and of course if you slow down and stop at an access point.

Panthers, black bear, coyote, bobcats and white-tailed deer make their home in the preserve. Birds along the Alley

include great blue herons, American egrets, ibis, little blue herons, wood storks and snowy egrets. Especially in the evening, large flocks of white birds may roost in groups, “and it looks like snow on the trees,” Mr. DeGross said.

The road is surrounded by herbaceous vegetation such as lilies and broom hedge, and of course, sawgrass. The sprawling cypress forests go dormant in the winter as the days become shorter. A wispy brown color in January, they’re often studded with nest-like clumps of bromeliads or “air plants” (not parasitic) that cling to the trees as support.

“(Cypress trees) usually begin to leaf out again depending on a number of factors, but typically around middle to late March,” Mr. DeGross said.

You can see bears, too

These days, you’re as likely to see a state trooper as you are an alligator on the Alley. Speeding is the biggest problem, and Florida Highway Patrol is aggressive about keeping a presence and enforcement. Distracted driving — texting, picking something up from the floor, chatting with other people in the car — exacerbates the problem.

“(It) is in a sense a true limited access highway,” said Trooper Ken Watson with the FHP. “It is a straightaway. That’s where we have our issues with really high speed.”

The average speed throughout I-75 is 80 mph, Mr. Watson estimates, or 10 miles over the posted limit.

“It seems to be consistent throughout the whole state,” he said. “Now you go to Alligator Alley, you can crank it up a little bit more. We have more triple-digit speeds on a daily basis on that stretch of highway. Because it’s such a high rate of speed if you have failure of any of your wheels, you’re going to be flipping, spin-

what’s been said

■ “Please Lord, I’ve been a good man. So if I get cotton-mouth bit, or attacked by some of Oscar the Alligator’s brothers, and if I get to that Big Job in the Sky, oh, please, Lord, let it be on dry land. Amen!”

— *Prayer by an anonymous construction worker on the Alley, from August Burghard’s 1969 book, “Alligator Alley.”*

■ “The Alley is the fastest. If you’ve gotta get somewhere fast, you take it. That’s why I think it’s kind of unpleasant to drive.”

— *Bill Spikowski, Fort Myers-based town planner*

■ “There were what I’ll call lilies, small bushes, along the side of the road as I was heading toward Miami-Dade County — about five to 10 minutes away from the toll booth. I noticed the lilies were covered in something gauzy and damp — spiderwebs. Mile after mile of thousands — tens, maybe hundreds of thousands of spiderwebs. It was beautiful how they went on and on,

the sunrise bouncing off of them — translucent nets catching and warping yellows and oranges. I thought about this innumerable army of spiders keeping the mosquito population under control.”

— *Oswaldo Padilla, editor, Fort Myers Florida Weekly*

■ “That idea of connecting places to enable mobility and economic growth are certainly critical...”

“It would be a much different road if there were opportunities for development along it.”

— *Steven E. Polzin, Ph.D., director of mobility policy, Center for Urban Transportation Research*

■ “Honestly I find that people drive on that road about the same speed they drive on I-75 through this state. You’ve got your people puttering along at 65 miles per hour and people going more or less the speed limit and people flying 90 plus miles per hour.”

— *Mitchell Austin, city planner for Punta Gorda*

ning, the good word to use would be a catastrophic crash. Chances of survival are slim.”

Mr. Watson remembers pulling over a motorcyclist riding with his girlfriend. They were doing 136 miles per hour, he said; fast enough that you could crash just from turning your head the wrong way into the wind.

Almost all the crashes on the Alley are due to “human factors,” he stresses.

In other words, they’re preventable. Nearly three-quarters of crashes on the Alley occur in clear weather, and the majority occur between 6 a.m. and 1 p.m.

“Either someone is looking at their phone, they’re not paying attention or because it’s such a linear road, people have a tendency to go into a kind of trance,” he said. ■



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Inspired Performance

Bob McCabe appointed to Feeding South Florida's board of directors

SPECIAL TO FLORIDA WEEKLY

The mission is nothing short of ending hunger in South Florida. The organization is Feeding South Florida — and it has added a new member to its board of directors. Organization CEO Paco Vélez has announced that Palm Beach resident Bob McCabe has been appointed to the board for one three-year term.

According to Feeding South Florida's records, 949,910 individuals in South Florida struggle to put food on the table; 296,600 of them are children. The food insecurity rate in South Florida is 17 percent, with Florida having the fifth highest food insecurity rate in the United States.

"We are delighted that Bob is a mem-

ber of our Board of Directors," Mr. Vélez said in a prepared statement. "Not only is he a respected businessman, but also dedicates his time to help the local nonprofit community. He is a great asset in furthering our mission to end hunger in South Florida."



MCCABE

Mr. McCabe is executive director, branch manager for Morgan Stanley's West Palm Beach offices, at 777 S. Flagler Drive. He has more than 29 years of experience in the finance field.

For the past two years, he has volun-

teered at Feeding South Florida's headquarters in Pembroke Park, and for several years, he also has advocated for the homeless at The Lord's Place in West Palm Beach and for The Haven, a home for boys in Palm Beach County.

Mr. McCabe holds a Bachelor of Science in economics and finance from Manhattan College in Riverdale, N.Y. He has lived in Florida for 17 years.

"I'm honored to be a part of Feeding South Florida's Board of Directors," Mr. McCabe said in a prepared statement. "I feel that it's very important to make a difference, and to be involved with an organization that is so truly committed to service in our local community."

Feeding South Florida's mission is

to end hunger by providing immediate access to nutritious food, leading hunger and poverty advocacy efforts, and transforming lives through innovative programming and education. Through a network of about 350 nonprofit partner agencies, Feeding South Florida strives to serve the almost 1 million individuals in need in Palm Beach, Broward, Miami-Dade and Monroe counties. As a member of Feeding America, the nation's leading hunger relief charity with 202 food banks in the network, Feeding South Florida is the sole Feeding America food bank in South Florida, and the largest in the state, distributing nearly 35 million pounds of food annually. Visit www.feedingsouthflorida.org or call 954-518-1818. ■

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MONEY & INVESTING

Separating fact from fiction in 'The Wolf of Wall Street'

jeannetteSHOWALTER, CFA
showalter@wwfssystems.com



Periodically, this column reviews movies related to investing and trading.

This week's column is a review of "The Wolf of Wall Street." My strong recommendation is to read this column and skip this R-rated film which more appropriately should be assigned a Triple R rating.

The movie's name might easily attract those who are curious about the inner workings of Wall Street, the power brokers and their extravagant lives. Possibly this column will satisfy that curiosity and save viewers money and three hours of viewing time. The movie offers little insight into Wall Street dealings. Instead, it is a nonstop viewing of sex scenes and addictive drug usage. Beyond those objections, the movie suggests that Wall Street's brokers are immoral, decadent and engaged in highly illegal practices, all to their customers' detriment — all for a broker's pleasure.

The movie tells its version of Jordan Belfort, who creates Stratton Oakmont, a Long Island brokerage firm (... actually not a Wall Street firm by location or caliber.) At its peak, some 1,000 employees "pump... then dump" penny stocks, executing this fraud between sexual indulgences of all sorts (in-house stripper shows, prostitution and open sex on the trading

floor) and 24/7 drug usage of cocaine and Quaaludes. All of the actors' communications are replete with expletives.

Jordan Belfort was, and is, an incredibly articulate and compelling salesperson. He could sell ice to an Eskimo. He began his career selling penny stocks to some of the least knowledgeable investors but elevated to the affluent retail market. As the latter are more experienced and more cautious of penny stocks, he devised a scheme to gain their confidence: deliver profits in trading blue chips and then transition them into trading penny stocks.

Mr. Belfort expanded his firm's lines of business from simply penny stock brokerage into the underwriting business, e.g., finding a company that wanted to go public and acting as the principal broker behind the initial public offering or IPO. In the movie, the IPO referenced was Steve Madden Ltd. (In real life, Mr. Madden, the shoe and fashion designer, was ultimately implicated in Mr. Belfort's schemes and served 41 months in prison and was forced to resign as CEO of Steve Madden Ltd. By comparison, Mr. Belfort only served 22 months.)

Trading in penny stocks has always come under scrutiny because: such

companies' merits are questioned and the spreads between bid (the top price offered by buyers of the stock) and ask

(the top price offered by sellers) are generally much larger than the bid and ask for large cap stocks traded on today's electronic exchanges. (Penny stock brokers can make a lot of money buying and selling when there is a large spread and investor exit can be difficult.) Yet another reason penny stocks are often suspect, at least in Mr. Belfort's case, was that "rat holes" were created to hide stock that the firm or Mr. Belfort had purchased at

much lower prices. The stock was then pumped higher on Belfort-spun stories and, with the stock at its zenith, was then dumped upon his clientele. Obviously, the clients had no idea that the companies' stories were false or that Stratton Oakmont or its principals were selling their IPO stock to clients at astronomically inflated prices.

There are several other major limitations to the movie.

First, it leaves out the pictures and stories of the devastation leveled upon Stratton Oakmont's victims. There are no interviews with plumbers and electricians who lost small fortunes or dentists

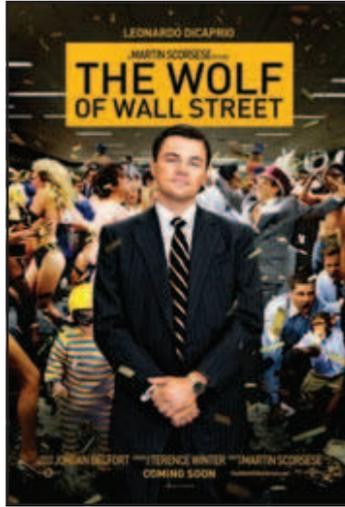
and doctors who lost millions. They are given no face or voice and in doing so, the viewer does not feel the carnage.

Second, the sad truth is that Mr. Belfort was released after 22 months in a country club-style prison. According to Bloomberg BusinessWeek in November 7, 2013's "Jordan Belfort, The Real Wolf of Wall Street," the Taft Federal Correctional Institution was described by inmates as better than many Manhattan hotels and Mr. Belfort "spent his days playing tennis and backgammon and hired others to do his chores... intelligent famous guys (were found) hanging out together."

Third, Mr. Belfort, in his undaunted salesmanship, struck a deal with the courts and regulatory bodies that he could tell his story of crime — in book and movie and speaking engagements — provided that half of his earnings go to restore his victims. So Mr. Belfort now earns up to \$30,000 per speaking engagement and he has spoken to many a corporate audience. Supposedly, Mr. Belfort has been hired to do work for Delta Air Lines, Symantec, Virgin Airlines, Wyndham, Telstra, Deutsche Bank, Fairfax Media, etc. But take that with a grain of salt as Mr. Belfort is known for spinning stories.

Not that Hollywood ever gets a Wall Street story right; but this one, while it has a factual basis, still takes and leaves the viewer in left field. ■

— Jeannette Showalter, CFA is a commodities broker with Worldwide Futures Systems. Find her on Facebook at Jeannette Showalter, CFA.



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COURTESY PHOTO

The middle bridge between West Palm Beach and Palm Beach is lit pink until the race. Komen hopes for 20,000 participants in the Jan. 25 Race for the Cure.

KOMEN

From page 1

will be affected by breast cancer.

- There are 2.5 million survivors in the U.S., the largest group of survivors in the world.

- The South Florida affiliate is the state's oldest 5K run/walk event and one of its biggest.

Margaret Schultz doesn't focus on statistics, and she doesn't dwell on the past. Still, years have gone by and she has not forgotten, not at all.

"There was a drainage from the nipple," she recalls now, a dozen years after her diagnosis. "I knew that was wrong. Most people, I think, would know you shouldn't have that."

Yes, but, as a retired nurse, Mrs. Schultz knew better than most. She knew right away what was coming — just as she'd known, for a long time, what was coming for Oscar, her husband of 50 years. He was in hospice care. He'd been a longtime smoker. He'd suffered from COPD — Chronic Obstructive Pulmonary Disease — for years. His lung-cancer diagnosis came as no surprise to either of them.

"He'd been in hospice for two weeks," she says, her voice quiet. "He never knew of my diagnosis."

Mrs. Schultz describes herself as pragmatic and efficient, qualities that had served her well in nursing. She made an appointment with her primary care doctor. She underwent a biopsy. She shouldered the diagnosis — yes, it was breast cancer — stoically, but not without fear. She told her daughter, a pharmaceutical-drug representative as pragmatic as her mother.

"She suggested talking to someone not interested in doing surgery," Mrs. Schultz recalls. Both of them hoped a lumpectomy would suffice. At Good Samaritan Medical Center's Breast Cancer Center, Mrs. Schultz met medical oncologist Dr. Marilyn Raymond, the center's medical director.

Dr. Raymond told her the bad news: She would need a total mastectomy. She also told other news: No radiation, no chemo would be necessary.

"The reason to get radiation is for local control (of cancer cells)," Dr. Raymond says. "In Margaret's case, the tumor was not close to the chest wall and not in the lymph nodes. So surgery removed it. With a mastectomy, there are only three reasons for radiation: if the tumor is larger than five centimeters, if it touches the chest wall, or if it



COURTESY PHOTO

Dr. Marilyn Raymond, right, medical oncologist at Good Samaritan's Breast Cancer Center, treated Margaret Schultz, a retired nurse.

significantly involves the lymph nodes. Her mammogram showed none of the three.

"The reason she didn't need chemo is that her cancer was caught very early. It was Stage 1, not advanced enough (to require chemotherapy). The risk would've outweighed the benefit. She had a good prognosis."

Mrs. Schultz did take tamoxifen — an anti-estrogen pill, not a chemotherapy — for five years. A hormone therapy, its side effects are generally hot flashes and fatigue. The Komen web site explains, "Tamoxifen (Nolvadex) has been used for over 30 years to treat breast cancers that are hormone-receptor positive. It attaches to the hormone receptor in the cancer cell, blocking estrogen from attaching to the receptor. Since hormone-receptor positive cells need estrogen to grow,

tamoxifen can slow or stop the growth of cancer cells."

As a nurse, Mrs. Schultz knew a lot about her disease, something that can be either helpful or terrifying.

"I had a head-to-foot bone scan, and I knew what they were looking for: metastasis. Those are the little nuances," she says in her matter-of-fact manner. "I think it's easier for making decisions, because I understood quite well what was being laid out to me. I understood the pathology, the lab work, the pluses and minuses. I'm used to thinking like that, because when you're trained in science, it doesn't die when you retire."

Dr. Raymond concurs, up to a point: "I agree with her about (knowledge making it easier to cope), but every little piece of information is torture to someone with a lot of knowledge, whereas

most people get the big picture and move forward."

Two months passed between diagnosis and surgery, time for Mrs. Schultz to confront the grief of widowhood, the planning of her husband's cremation and burial, to navigate the unfamiliar landscape ahead. She handled it, she says, "badly, in my opinion. I was depressed, but I had to take care of finances."

She and Oscar had met in Flint, Mich. "In a dance hall," she says. "In the 1950s, if you didn't dance, you were a wallflower. I had just graduated from nursing school, and I got a job at a local hospital. My brother and his date were going dancing, and they took me along."

Love at first sight? No, not at all. He told her he worked for the government. "He didn't tell me he was in the military. He was afraid I wouldn't see him again



COURTESY PHOTO

Participants and survivors gather at the 2012 South Florida Komen Race for the Cure in downtown West Palm Beach.

in the know

ABOUT THE RACE

For information about teams, individual sign-ups, volunteering or other aspects of the race, see komensouthflorida.org/race.

You can also register on Race Day, Jan. 25, at Post Centennial Park, Flagler Drive at Fern and Evernia in downtown West Palm Beach, beginning at 5:30 a.m.

Registration fees range from \$30 to \$45 for adults and \$15 for kids 12 and under. Race fundraising is a way you can help to ensure that local women and men receive life-saving breast health services. Also, you can continue to fundraise after the Race — until Feb. 28. If every race participant raises just \$100 in addition to their registration fee, Komen could raise an additional \$2 million to support local screening, treatment, and educational programs in the community.

The Race Day schedule

- >> 5:30 a.m.: Race Day registration opens
 - >> 7:30 a.m.: Women's 5K USATF Run (3.1 miles), Timed
 - >> 8:15 a.m.: Men's 5K USATF Run (3.1 miles), Timed
 - >> 9 a.m.: Team 5K Walk (3.1 miles)
 - >> 9:15 a.m.: 5K Walk (3.1 miles)
 - >> 9:30 a.m.: Kids' Run (ages 6 - 12)
 - >> 9:45 a.m.: Tots' Run (ages 5 and under)
 - >> 10 a.m.: 1 Mile Fun Walk at Post Park Awards Ceremony at Meyer Amphitheatre
 - >> 10:30 a.m.: Survivor Recognition Ceremony at Meyer Amphitheatre
 - >> 11 a.m.: After Party for the Cure, Downtown West Palm Beach and CityPlace at participating businesses
- (Wheelchair division starts 5 minutes prior to the women's and men's timed runs)

if I knew he was stationed in Germany."

And he was correct in that assumption, says Mrs. Schultz, who isn't one to mince words. She'd have assumed she was wasting her time with him so far away. So when they married, two-and-a-half months later, she wasn't sure about anything. "I didn't know if he was The One," she says, "but I was willing to test it out. My children said it was the biggest risk I ever took."

Decades later, when her husband's diagnosis came, Mrs. Schultz retired from nursing, to give herself more time with him. They had three months.

For Dr. Raymond, Margaret Schultz represents a vitally significant message: "Those are the important words to get out there," she says. "Early diagnosis."

Thanks to Mrs. Schultz's prompt visit to the doctor and her follow-up visits and surgery, she was able to forego much of the surgical aftercare. Too many women, Dr. Raymond says, ignore symptoms for fear of what they might learn.

"I saw one of those women last week," she says, "a woman whose one breast

was three times the size of the other. She's in her late 50s. She had to know something was wrong. She's having her PET scan (three-dimensional imaging), and I assume she has metastasis."

And, yes, the doctor says, working full time with cancer patients can be wrenching, but also "incredibly gratifying . . . because you get to know your patients, and all these new (treatment) discoveries keep it interesting."

"In the last two, three years, there have been advances in molecular typing (which can help determine the origin of a particular cancer and determine both its probability of recurring and its responsiveness to a given drug). There have been advances in treating all cancers — lung, gastric, colon. . . breast cancer (treatment) has been more successful than most."

Her desire to become a doctor, to specialize in treating cancer patients, was personal. "My best friend was diagnosed with a spinal tumor at 15," she says, "and my grandmother had stomach cancer."

Dr. Raymond's grandmother died of complications following surgery, a massive blood clot, but her best friend, who had had astrocytoma — essentially a brain tumor but in her spinal cord — recovered and was cured. "I am happy to tell you, she shocked the medical community," Dr. Raymond says. "She has two kids and is going strong."

A board member of the South Florida Komen affiliate, Dr. Raymond routinely walks in the Race for the Cure and will do so again in the 23rd annual 5K on Jan. 25. The affiliate hopes for 20,000 participants and seeks to raise \$2 million. The 2012 event suffered the consequences of political fallout — the backlash that followed the Komen organization's decision to cut funding grants for Planned Parenthood led to a quick reversal of that stance and restoration of the grants, but the damage had been done. Thousands of people nationwide — reportedly almost 20 percent — chose to bypass the year's Race for the Cure. The local affiliate attracted 14,000 participants, not the anticipated 20,000. They raised more than \$800,000, but that was far short of the hoped-for \$2 million.

"After that unfortunate Planned Parenthood incident, we're hoping that we bounce back," the doctor says. "It has always been a grassroots effort. Komen is a phenomenal organization."

Margaret Schultz chooses not to walk the Race walk — "I do my running on the tennis court," she says. "I contribute, but I haven't participated. I'm not in denial, but it's not something that I care to do."

What Mrs. Schultz does care to do, Dr. Raymond says, is share her experience with others: "She is an advocate for early detection." ■

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PARKWIDE WI-FI

3D mammography at Good Samaritan hospital may lead to earlier breast cancer diagnosis

SPECIAL TO FLORIDA WEEKLY

As the annual Komen Race for the Cure draws near — it's scheduled for Jan. 25 — Good Samaritan Medical Center is announcing that its Comprehensive Breast Center is enhancing its services by offering 3D mammography (breast tomosynthesis) for breast cancer screening. Tomography is a method of imaging by sections. Tomosynthesis is a method for performing high-resolution, limited-angle tomography. Breast cancer screening with tomosynthesis, when combined with a conventional 2D mammography, has a 40 percent higher invasive cancer detection rate than conventional 2D mammography alone.

The center's Selenia Dimensions breast tomosynthesis system, made by Hologic, offers exceptionally sharp breast images, an advanced ergonomic design providing more patient comfort. The ground-breaking tomosynthesis platform is designed to deliver superior screening and diagnostic performance for all breast types. It produces a three-dimensional view of the breast tissue that helps radiologists identify and characterize individual breast structures without the confusion of overlapping tissue.

The tomosynthesis screening experience is similar to a traditional mammogram. During the exam, multiple, low-dose images of the breast are acquired at different angles. These images are then used to produce a series of one-millimeter thick slices that can be viewed as a 3D reconstruction of the breast.

Breast tomosynthesis has the potential to benefit all screening and diagnostic mammography patients and is especially valuable for women receiving a baseline screening, those who have dense breast tissue and/or women with a personal history of breast cancer.

"The stage at which breast cancer is detected influences a woman's chance of survival," Mark Nosacka, hospital CEO, said in a prepared statement. "By offering the latest and more accurate technology in mammography, we hope to increase the number of women in the area who will come for routine screenings."

Breast cancer is the second leading cause of cancer death among women, exceeded only by lung cancer. Statistics indicate that one in eight women will develop breast cancer sometime in her lifetime. If detected early, the five-year survival rate is 98 percent.

To schedule a mammogram or ask questions about this breast health procedure, call 650-6023.

Good Samaritan Medical Center is a 333-bed acute care hospital, which has been providing sophisticated, per-



COURTESY PHOTO

Breast cancer screening with tomosynthesis, when combined with a conventional 2D mammography, has a 40 percent higher invasive cancer detection rate than conventional 2D mammography alone.

sonalized medical care to Palm Beach County and the Treasure Coast for over 90 years.

The hospital's Cancer Institute provides general and highly specialized cancer services with a patient navigator program. Good Samaritan Medical Center's Comprehensive Breast Center has earned National Accreditation. The hospital also offers technologically advanced surgical treatment options through its Surgical Institute, which boasts minimally invasive surgical techniques through advanced robotic and computer-assisted surgical technology.

To learn more about Good Samaritan Medical Center, or to find a doctor, see goodsamaritanmc.com or call 655-5511. ■

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NEWS OF THE WEIRD

BY CHUCK SHEPHERD
DISTRIBUTED BY UNIVERSAL PRESS SYNDICATE

Self-appreciation

Ask Americans how they stand compared to their fellow countrymen, and in survey after survey, the vast majority rank themselves "above average" in such areas as driving skill, sexual prowess and general honesty. A recent study of English prisoners, published in the British Journal of Social Psychology, revealed that those miscreants think they, too, are in the upper half. They rate themselves above average

(whether compared to Britons in prison or in society at large) in compassion, generosity, dependability, trustworthiness and honesty. In fact, the only trait on the University of Southampton survey on which the criminals failed to rank themselves as better than the typical Brit was "law-abid- ingness." On that trait, the inmates rated themselves merely as "average." ■

Compelling explanations

■ Pastor Ray Scott Teets, 66, of Fallen Timbers Community Chapel in Springhill Township, Pa., arrested in November for alleged "inappropriate contact" with an 11-year-old girl (daughter of parishioners) on at least three occasions, denied to police that the meetings were inappropriate. The girl, he said, requested counseling with him and suggested that the sessions take place in the storage shed in back of the chapel. (The girl said there were six meetings, lasting about 15 minutes each, and denied initiating them.)

■ Robert Bourque, 55, was convicted of DUI in Sarnia, Ontario, in October, but continued to deny the charge. He admitted he had four beers on the day of the traffic stop but said the Breathalyzer result was misleading because he had recently poured

alcohol into his ears to test his theory about how Jesus healed the sick. (Mr. Bourque was acting as his own lawyer.)

■ The mother and other relatives of William Medina, 24, said they felt hurt by the public's comments suggesting that Mr. Medina and his partner in the November Reading, Pa., armed robbery were "thugs." William was a "family man" — "no big hard criminal," his mother said. The two robbers, armed and wearing masks, were gunned down by a Krick's Korner customer who said he feared the worst when he saw the robbers leading a store employee at gunpoint into a back room. A Medina cousin said he deplored people's taking the law into their own hands. ■

Ironies

■ In December, a California appeals court endorsed actor Tippi Hedren's victory suing the lawyer who had earlier failed to win compensation for her from a 2006 studio accident. In Ms. Hedren's most famous movie role, she was attacked by birds in Alfred Hitchcock's iconic film, and in 2006 had been clobbered by falling scenery caused by birds nesting in an attic over a stage.

■ A man who won a Hollywood raffle to watch the finale of "Breaking Bad" with cast members was arrested in Fort Myers earlier this month and faces his own intent-to-sell drug charges. Two weeks

earlier, unrelated to the show or the raffle, a man with the same name as the show's protagonist (Walter White) was sentenced in Billings, Mont., to 12 years in prison on drug charges.

■ Officials in Taiji, Japan, announced in October they would build a tourist attraction to publicize a nearby annual dolphin cull in which thousands are killed. Park planners hope to attract visitors to swim and cavort in pools among the lovable, captured dolphins — and also to dine on dolphin meat (and rare whale meat) scored from the culls. Conservationists are, of course, disgusted by the project. ■

Fine points of the law

■ Michael Robertson, 31, argued via a lawyer before Massachusetts's highest court in November that his arrest for taking "upskirt" photographs of a woman on the subway should be tossed out — asserting that he has a constitutional right to take pictures of anything that is not covered up in public. Said his lawyer (a woman), noting that the victim's skirt provided only partial covering, "If a clothed person reveals a body part whether it was intentional or unintentional, he or she cannot expect privacy." (Mr. Robertson's case had been suspended at the trial court while he seeks a ruling on his legal interpretation.)

■ The December federal court decision,

by Judge William Pauley, dismissing a challenge to the National Security Agency's phone surveillance program, suggested that even if a citizen might prove that his constitutional right to privacy was being violated, that person could never know it in the first place and thus never challenge, because Congress purposely made the NSA program secret. In fact, wrote Judge Pauley, the alleged constitutional violation that created the current lawsuit only came to light because of the unauthorized leaks by Edward Snowden. Therefore, if Congress never amends its secret laws, citizens will never get to find out whether their rights are being violated. ■

Perspective

For nearly 30 years, until 2007, the U.S. national symbol, the bald eagle, was endangered and protected, but officially they (along with golden eagles) are now so insignificant that the government is willing to endure dozens of them being chopped to death annually in the blades of "clean energy" wind turbines. An Associated Press investigation in December revealed that the federal government is purposely ignoring the eagles' attrition out of fear that outraged conservationists' campaigns

will hinder development of wind power as an alternative to coal-produced electricity. (Another recent AP investigation revealed a similar painful choice in the continued commitment to ethanol as a cleaner alternative fuel even though that cleanliness is being increasingly questioned, and even though ethanol production requires the massive diversion of corn that could inexpensively feed millions of hungry people worldwide.) ■

Advertorial

Avoid these 7 critical mistakes when selling your home in 2014

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Villa Delle Palme was first featured as a show house in 1993.



Show house chairmen

American Red Cross Designers' Show House gets 20th anniversary makeover

SPECIAL TO FLORIDA WEEKLY

The neighborhood nicknamed SoSo (South of Southern Boulevard) is anything but. If proof is required, it's there in the encore showing of "Villa Delle Palme," the 1920s-era West Palm Beach home owned by Bob and Anne Kanjian – this year's American Red Cross 2014 Designers' Show House.

First featured 20 years ago as the selected property for the American Red Cross Designer Show House benefit event, the house is scheduled to open to the public from Feb. 20 to March 22. The transformation redux will be unveiled at a special preview party on Feb. 19, chaired by the home's owners along with former owners, Chris and Melanie Hill. More than 15 renowned interior and exterior designers will make their mark on the Mizner-styled villa.

Tucked just off Flagler Drive in West Palm Beach's SoSo area, the home's Churchill Drive address was flooded

with visitors when the Hills, now Palm Beach residents, originally opened Villa Delle Palme as a Show House destination in 1993. Now, the home balances its classic construction with the current needs of the Kanjian family as the Red Cross marks 38 presentations of the popular benefit event.

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies more than 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. Its mission is to prevent and alleviate human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

"Each year, more than 4,000 people attend this event and support the vital humanitarian mission of the American Red Cross," Show House chairman Bill Kopp said in a prepared statement. "People love to peek inside beautiful

homes and this year is a very special opportunity to experience fine living and outstanding interior design. I am betting many of our guests will have toured the home 20 years ago! It is an honor to lead an impressive 'best-of-the-best' design group in raising critical funds for the Red Cross mission."

In addition to Mr. Kopp, Designers' Show House co-chairmen include Stephen Mooney and Mimi Masri, design chairmen, and Frank Maguire and Susan Angert, boutique chairmen.

Selected designers for 2014 include:

- Fernando Wong Outdoor Living Design, Miami Beach – North Lawn
- HomeLife Interiors, West Palm Beach – Master bathroom
- Island Living & Patio, West Palm Beach – Back porch
- Jennifer Garrigues, Inc., Palm Beach – Living room
- Joseph Pubilliones Interiors, Inc., Palm Beach – Play room
- Scott Robertson Interiors Inc., Lake Worth-Front Bedroom
- Katherine Shenaman Interiors, West Palm Beach – Dining room
- Krista Watterworth Design Studio, Palm Beach Gardens – Loggia
- Melody Smith Interiors, West Palm Beach – Front powder room
- MMDesigns LLC, Palm Beach – Kitchen
- NXG Studio, Jupiter – Master bedroom
- Piper Gonzalez Designs, Royal Palm Beach – Back bedroom

■ Quigley Maguire Collections, Delray Beach – Public bathroom, upstairs bath

■ Stephen Mooney Interiors, Palm Beach – Study

■ Veronica Volani-Inza Interior Design, Inc., West Palm Beach – Office

The month-long benefit kicks off with a Wednesday night ticketed preview party that includes cocktails and hors d'oeuvres and a first peek at the makeover. The party offers an opportunity to meet the designers and ask questions about their rooms. Tickets for the Preview Party are \$200 per person.

General admission starts Thursday, and the home is open Monday to Saturday from 10 a.m. to 4 p.m., and Sundays from noon to 4 p.m. In addition to tours of the home, guests may also shop an on-site boutique. General admission is \$35 per person. Special arrangements may be made to book private events in the home.

Sponsoring the event are Robert Allen, Mary K. Oxley Foundation, Pioneer Linens, Quigley Maguire Interiors, Kirchoff Architects, Jo Malone and Classical South Florida Radio. Benjamin Moore is the official paint sponsor. Other sponsorships for the event are still available. For preview party or general admission information, call the American Red Cross Palm Beach Treasure Coast chapter at 833-7711 or visit www.redcross.org/pbtc. ■



Show house designers



Bob Kanjian and Anne Kanjian



Melanie Hill and Chris Hill

Improved quality of life goal of Gardens Medical Center program



Think you're too old for cardiac rehabilitation? Think cardiac rehabilitation is only for men who have had a heart attack? Think again. Men and women of all ages and ethnic backgrounds can improve their overall health with cardiac rehabilitation if they have had a heart attack, stable angina, coronary artery bypass graft(s), angioplasty or stent, heart valve repair or replacement or a heart transplant.

Cardiac rehabilitation is a customized, medically supervised program designed to improve the health and well-being of people who have experienced heart problems.

It can help you recover after a heart attack, prevent hospital stays and heart problems in the future, deal with risk factors that can cause coronary heart disease and help you start living a healthier lifestyle. Ultimately, cardiac rehabilitation can reduce your risk of developing heart problems and improve your quality of life.

The award-winning Heart Institute at Palm Beach Gardens Medical Center is proud to have a cardiac rehabilitation program that allows for continuity of care. The goal of the program is to stabilize, slow or even reverse the progression of cardiovascular disease by addressing the patient's physical, mental and social functioning through exercise, nutrition, behavior modification, counseling and education. The Heart Institute at Palm Beach Gardens Medical Center has received numerous awards and recognition for its cardiac care from reputable organizations such as Healthgrades, The Joint Commission and the American Heart Association.

Cardiac patients may begin the 12-week outpatient rehabilitation program as soon as one week after discharge.

The program consists of three one-hour sessions per week.

The rehab center is supervised by registered nurses with strong cardiac clinical skills, and patients are monitored before, during and after exercise. A doctor referral is required for participation.

Palm Beach Gardens Medical Center's rehab program has four main com-

ponents:

- A medical evaluation is conducted when the program starts to assess your physical abilities, medical limitations and other conditions. Your progress will be tracked throughout rehabilitation to customize the program to meet your individual needs and ensure your safety.

- Physical activities such as walking or biking help improve cardiovascular fitness, while resistance training with weights is used to stretch and condition muscles. Don't worry if you haven't been active before. Exercises are introduced at a comfortable pace and you will be taught proper form and techniques.

- Lifestyle education involves following a healthy eating plan by learning how to plan meals that meet your caloric needs. Your cardiac rehabilitation team also works with you to control risk factors for heart problems, such as



obesity, high blood pressure, high cholesterol, diabetes and smoking.

- Counseling is available to help you reduce stress by managing situations that could cause anxiety or depression.

- Cardiac rehabilitation is recommended by both the American Heart Association and American College of Cardiology. Even after your cardiac rehabilitation program ends, you will need to continue to follow the diet and exercise routine you have established to maintain the heart-healthy benefits. Making this long-term commitment will help you return to a normal schedule and rebuild your life.

For more information call 776-8584.

If you are interested in signing up for a heart attack risk assessment or participating in the hospital's next Heart Healthy Cooking class on Feb. 6, see pbgmc.com or call 625-5070. ■

Ask The Health & Beauty Experts

ASK THE COSMETIC SURGEON



Dr. Douglas Dedo,
Board Certified Facial Plastic and Reconstructive Surgery, Cosmetic Surgery, Head and Neck Surgery and Otolaryngology.

Doctor, Why does my child have recurrent nosebleeds?

In the wintertime when the temperature drops, the lining of the nose dries out as the humidity drops. With dry air and little fingers that pick and scratch the nose, germs are more likely to grow in the "warm moist green house" of the nose. This, combined with children at school who bring all sorts of germs in the flu season, you have the perfect storm for a nosebleed. As a parent who awoke to find his young daughter crying in a blood splattered bed and blood running from her nose, it was very disconcerting!! (even for a nose specialist). So what do to first? Pinch the tip of the nose, call your wife for back up and sit the child in your lap for 10 minutes as you hold pressure. This will usually stop the bleeding. Notice, I did not say lie her down, put ice on her neck or call 911. If, after four times of pinching the nose for 10 minutes, the bleeding does not stop, go to the emergency room. If it does stop, the next day make an appointment with your ENT doctor.

So why does the nose bleed? There is usually a low-grade infection in the nose that stimulates blood vessels to grow to bring in more blood to fight the infection. These fine vessels sit just under the lining and are not protected by any fat or thick skin as elsewhere in the body. With dryness, the lining cracks and the blood vessel ruptures. When you see the ENT doctor, if the vessels are fragile and bleeding they can be cauterized with silver nitrate. In addition, an antibiotic is prescribed for seven days.

Dr. Douglas Dedo has been serving the South Florida community for over 35 years and is Triple Board certified in Facial Plastic and Reconstructive Surgery, Cosmetic Surgery, Head and Neck Surgery and Otolaryngology. Dr. Dedo has held leadership positions in the American Academy of Facial Plastic and Reconstructive Surgery, the local hospital community as well as the past President of the Palm Beach County Medical Society. He has written 45 articles and chapters for textbooks and medical journals.

Gardens Cosmetic Center
4060 PGA Blvd. Suite 203
Palm Beach Gardens, FL 33410
561-626-3223
www.gardenscosmeticcenter.com

ASK THE DENTAL EXPERT



Jay L. Ajmo D.D.S., P.A.,
Board Certified Sedation Dentist
PGA Center for Advanced Dentistry

Bone loss due to dentures

Question: Why do my dentures keep sliding around in my mouth?

Answer: If you lose teeth and wear a denture, you will get atrophy, which is jawbone loss and/or shrinkage. Over time, the atrophy will advance and the fit of your denture becomes compromised.

In fact, your dentures may slip and slide around in your mouth, and hopefully not out of your mouth. As bone loss gets worse, the fit of your dentures will deteriorate even further.

Natural teeth have 150-250 pounds per square inch (PSI) of chewing power. New dentures are around 50 PSI.

Dentures, after 10 years, can have a little as 6 PSI! However, with dental implants, your bone maintains its strength and function and you can restore 98 percent of the chewing power of natural teeth while avoiding the embarrassment of messy and dangerous denture adhesive.

This patient opted for dental implants and new teeth in both jaws to prevent bone loss and restore her chewing power back to what it used to be.

To alleviate her anxiety over visiting the dentist, she opted for IV Sedation. IV Sedation can only be administered by a Board Certified Sedation Dentist and is highly reliable, safe & effective for comfort & amnesia during all types of dental treatment.

Dr. Jay Ajmo earned his Doctor of Dental Surgery degree from Emory University School of Dentistry in 1986. He is an active member of The American Academy of Cosmetic Dentistry and designated Master Cosmetic Dentist by the Rosenthal Institute for Aesthetic Dentistry. He's been awarded Diplomate Certification from the International Congress of Oral Implantologists, Diplomate from the American Dental Implant Association and a Mastership from the Misch International Implant Institute. He's a member of The American Academy of Oral Implantologists. Dr. Ajmo is Board Certified in IV sedation and maintains an active membership with the American Society of Dental Anesthesiology.

Jay L. Ajmo D.D.S., P.A.
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Juno Beach, FL 33408



Public Annual Meeting Monday, January 27, 2014 at 5:30p.m.

- Public Welcome to Attend
- Light Snacks & Refreshments
- Presentations From Staff

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HEALTHY LIVING

If you're unsure what to say to a compliment, say this: Thank You!



lindaLIPSHUTZ

llipshutz@floridaweekly.com

The party was in full swing when Rhonda arrived. As Rhonda looked around the room she became increasingly more insecure. The women were dressed in their finest, and each of them seemed relaxed and self-assured.

If only she had worn her red dress!

Rhonda had gone through her wardrobe several times deciding what to wear, but now doubted whether she had picked the right dress.

Before Rhonda could further bemoan the situation, Carol, the hostess, rushed up to greet her and gushed: "Rhonda, you look terrific. I just LOVE your dress!"

Rhonda couldn't stop herself. She muttered, "Oh, Carol, I feel so foolish. I didn't think everyone would be so dressed up. I just HATE how I look. Don't you think I look heavy in this outfit? I can't seem to drop the weight I put on over the holidays."

Carol smiled awkwardly and said: "Don't be ridiculous. You look just fine." Rhonda groaned inwardly. She knew she'd put Carol on the spot. For whatever the reasons, whenever anyone complimented Rhonda, she always put herself down.

Of course, we love to be complimented. Or do we?

Compliments are a boost to our esteem, and an acknowledgement of the efforts we've made. So why are so many of us uncomfortable when others compliment us? And, why do we take this discomfort even a step further and deliberately put ourselves down, when others have been kind enough to highlight our attributes?

We live in a culture that places great emphasis on physical appearances, and material and professional accomplishments. So many of us truly believe we



can never measure up to these enormously high standards — doubting our abilities to compete — and in the process devalue our self-worth.

Many of us have been raised to believe that modesty is a virtue, so we deplore any behavior that smacks of boastfulness. We may deliberately downplay our successes, and minimize accomplishments, with an inbred notion that there's a benefit to modest restraint. Some of us have become so uncomfortable accepting our successes, we may automatically deflect positive feedback, not even recognizing that this has become a habitual behavior and can become self-sabotaging.

Some of us take this reticence a step further and are deliberately self-deprecating. Sometimes, we're not even aware how this self-deprecation contributes to diminishing ourselves, in

our own eyes and the eyes of others. We may not even understand that we react automatically, deflecting positive feedback.

We may spend an inordinate amount of time comparing ourselves to others, and invariably conclude we're somehow not as accomplished, attractive or happy as these other people. We oftentimes make glowing assumptions about their lives, not realizing that much of the time we've jumped to erroneous conclusions. The end result is we feel badly about ourselves.

Throughout our lives, we often have fluctuating views of our worth, which may ebb and flow as we face certain challenges, disappointments and successes. We are constantly evaluating feedback from others, and looking within and without to continually appraise our value. When we are able

to process and accept more positive feedback, our self-esteem is boosted. When we look at ourselves through a negative, discouraging lens, our self-esteem plummets.

Oftentimes, when we are struggling with our sense of self-worth, we may doubt the sincerity of a compliment. We may feel patronized, or that the other person in some way feels inclined to compliment us, but is not necessarily sincere in their praise. If we feel unattractive, or inept, there's no way we could believe there's any truth to their words.

What we often don't consider is the other person's reaction to our denials. We don't always bear in mind that they may have extended themselves in a genuine way. We may be putting them in an awkward position, and unintentionally imply they're insincere phonies. And, importantly, they may feel squeamish in the presence of a person who's clearly insecure (and who may seek reassurance in irritating ways.)

In today's competitive world, it's often incumbent upon us to speak with confidence, and to appropriately highlight our assets if we're to succeed. Self-effacing people often compromise their own opportunities and stand in their own way.

So, there's a lesson here for all of us.

Let's pay attention to our reactions when we receive positive feedback. We can certainly practice taking a deep breath and pushing through the discomfort. We can certainly learn to graciously accept the good wishes and to simply say, "Thank you." ■

— Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached in her Gardens office at 561-630-2827, online at www.palmbeachfamilytherapy.com, or on Twitter @LindaLipshutz.

10 years later, seniors still feel benefits of mental exercises

The University of Florida

Older adults who received as few as 10 sessions of mental training show long-lasting improvements in reasoning and speed of processing skills 10 years after the intervention, according to UF Health researchers with the Advanced Cognitive Training for Independent and Vital Elderly, or ACTIVE, study.

The study findings appeared Jan. 13 in the *Journal of the American Geriatrics Society*.

"Our prior research suggested that the benefits of the training could last up to five years, or even seven years, but no one had ever reported 10-year maintenance in mental training in older adults," says ACTIVE researcher Michael Marsiske, an associate professor of clinical and health psychology at the University of Florida College of Public Health and Health Professions.

"One of the reasons that this is surprising has to do with how little training we did with participants, about 10 to 18 sessions," he adds. "This would be like going to the gym for between five and 10 weeks, never going again, and still seeing positive effects a decade later."

Participants who received the cogni-

tive training also reported significantly less difficulty with daily living tasks, such as housework, medication management and shopping.

Funded by the National Institute on Aging and the National Institute of Nursing Research, the ACTIVE study involved 2,832 seniors aged 65 to 96 who were divided into groups for 10 training sessions in memory, reasoning or speed of processing. Training was conducted in 60- to 75-minute sessions over a five- to six-week period. Some participants were randomly selected to receive booster training 11 and 35 months following the initial training. A control group received no training.

Researchers conducted outcome assessments immediately after the training and again two, three, five and 10 years later.

The researchers selected training programs in memory, reasoning and speed of processing because those cognitive abilities are important for activities of daily living and there is evidence that they decline with old age, Mr. Marsiske, a member of UF's Institute on Aging, says.

"If we can boost these basic skills, we think we can also boost everyday functioning or help people maintain their

independence," he adds.

At the 10-year mark, nearly three-quarters of study participants who received reasoning training and more than 70 percent of speed of processing participants were performing at or above their baseline level compared with about 62 percent and 50 percent, respectively, of control participants.

While memory improvements were not sustained 10 years later among participants in the memory-training group, older adults in all three of the training groups reported less decline in their ability to perform daily tasks. Future research could examine whether longer training periods or booster sessions might help older adults maintain gains in memory performance, Mr. Marsiske says.

ACTIVE investigators are currently studying ways to extend mental training beyond the training sessions to activities that older adults can do on their own, such as computerized training programs and workbooks that couples can do together. Mr. Marsiske and other researchers are also evaluating the effect of combining mental exercise with physical exercise.

"With the ACTIVE study I think we've permanently shattered the myth that old

dogs, and older humans, can't learn new tricks," he says. "I think underlying that is a clear understanding, not just from our work, but from the work of others, that a critical thing to do as we get older is to challenge ourselves with new things.

"Oftentimes older adults will ask, 'Should I do crossword puzzles?' And yes, those are wonderful things to do.

"But, if you're an expert crossword puzzler, late life is the time to take on some new challenge. So play video games or learn an instrument, because learning new things seems to be the real secret to maintaining mental functioning in old age."

In addition to Mr. Marsiske, ACTIVE investigators include George Rebok, The Johns Hopkins University; Karlene Ball, University of Alabama at Birmingham; John Morris, Hebrew Senior Life; Sharon Tennstedt, New England Research Institutes; Frederick Unversagt, Indiana University; and Sherry Willis, University of Washington.

ACTIVE research was supported by the National Institute on Aging and the National Institute for Nursing Research of the National Institutes of Health. ■

WEEK OF JANUARY 23-29, 2014

PALM BEACH COUNTY COMMERCE

LEADERSHIP INSTITUTE

Executive Women of the Palm Beaches partners with PNC Bank for inaugural event

SPECIAL TO FLORIDA WEEKLY

Executive Women of the Palm Beaches is hosting its first Leadership Institute on Jan. 31. The daylong event will feature speakers, breakout sessions and the “Human Library,” that will have experts facilitating a variety of topics.



BLOCK

Ellen Block, immediate past president of EWPB, said she hopes the event “serves to shine a light on EWPB as an organization committed to being on the leading edge of promoting and inspiring successful leaders.”



HADARY

“I can speak to the organizational goal that we raise the bar on our commitment to serving our business community by providing resources and real tools for each participant, wherever they may be on their career path, to enhance their opportunities for business success,” said Block, an attorney.



RHOADES

The keynote speaker is Ann Rhoades, a visionary human resources executive with more than 25 years of experience in a variety of service-based industries. She held the position of vice president of



PELTON

the People Department for Southwest Airlines and executive vice president of Team Services for Promus Hotel Corporation and most recently, the executive vice president of People for JetBlue Airways where she currently remains as a board member as well as president of People Ink, her Human Resources consulting company.

Session speakers

>>Rita Craig: Ms. Craig taps into nearly 40 years of global human resources experience to help transform clients – individuals, companies, public sector and associations – into highly effective employees, executives and organizations.

>>Susan Klein: Ms. Klein is CEO and Chief Visionary Officer of Success Technologies Inc. and was one of the first coaches to receive the Master Certified Coach designation. She is an executive coach and trainer specializing in leadership development with organizations worldwide.

>>Marsha Ellis Jones: Marsha Ellis Jones is executive vice president and chief diversity officer for The PNC Financial Services Group Inc. Jones leads the development and implementation of strategies and programs that help build and sustain a talented, diverse workforce and a culture of inclusion.

>>Joan O. Wright, MSW, MCC: Prior to founding O’Sullivan Wright in 2000, she was head of executive leadership development at Wachovia (Wells Fargo). Ms. Wright is a respected speaker at major global leadership and executive coaches conferences including Linkage and International Coaching Federation.

>>Naomi Ackerman: Ms. Ackerman is an experienced actress whose credits include theater, musicals, films and television. She is founder and director of the Advot Project, a registered 501(c) 3 that uses theater to facilitate social change.

the People Department for Southwest Airlines and executive vice president of Team Services for Promus Hotel Corporation and most recently, the executive vice president of People for JetBlue Airways where she currently remains as a board member as well as president of People Ink, her Human Resources consulting company.

Her bestselling book is titled, “Built on Values: Creating an Enviably Culture that Outperforms the Competition.”



Sharon G. Hadary, a recognized thought-leader on women’s leadership and entrepreneurship, is the breakfast speaker. Her book, co-authored with Laura Henderson, is “How Women Lead: The 8 Essential Strategies Successful Women Know.”

Sharon Hadary has been a corporate executive, a researcher, a consultant, a teacher, and an entrepreneur.

Ms. Block said Ms. Hadary “will set the tone for the day by presenting research indicating that what has proven to be a successful leadership model is based upon strategies traditionally employed by women but are not exclusive to women.”

“We women owe it to our communities to share our success strategies with everyone,” she said. “We certainly hope to see many men in our business community at this inaugural event.”

The Leadership Institute, hosted by EWPB and PNC Bank, will begin with registration at 8 a.m. The event is at the Kravis Center Cohen Pavilion, West Palm Beach.

Breakfast and a general session is at 9 a.m.; breakout sessions are at 11 a.m. The keynote luncheon address is at 12:15. Breakout sessions will be held again at 2:15, and the Human Library at 3:15. The day will end with cocktails and

networking.

Charlotte Pelton, EWPB president elect, said she hopes that, “not only will our members enjoy the richness offered that day, as each continues on her own personal leadership journey, but that nonmembers who attend will walk away saying that they learned a lot, that they made some really great connections, that they are happy they took time to help themselves, and that they saw firsthand the benefits offered by this exemplary organization.”

Ms. Pelton, who runs her own planning, marketing and resource development firm, said she has had many mentors during her nearly 40-year career.

“One of the best mentors I ever had was someone who quietly led by example, working harder than those who worked for him,” Ms. Pelton said. “His thoughtful leadership inspired us to give our all, to do the best job we could do each day, and to also support each other to achieve success. The working environment he created was one where there was absolute trust and true collaboration.”

Tickets for the Leadership Institute are \$175 for members and \$225 for nonmembers.

For more information and to register, see ewpb.org or call 512-1440. ■

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NETWORKING

Grand opening of Lighthouse Cove Adventure Golf, Jupiter



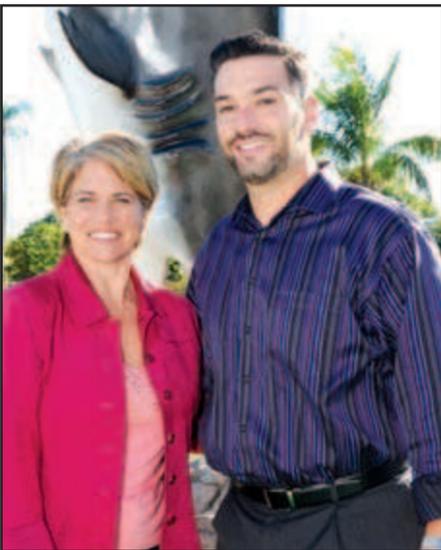
Allison Glassman



Emma Bartoli, Greg Bartoli, Juliana Bartoli and Patty Bartoli



Gail McCormack and Tim Glita



Beth Kigel and Noel Martinez



Will Lawson and Chad Lawson



Brenda Arnold, Kate Moretto and Lori Bonino



Max Lichter and Alison Lichter



Todd Wodraska, Tracy Wodraska and Karen Golonka



Brian Baughman, Janice Brunson and Gene Hudon

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NETWORKING

State of the County chamber event, Mandel JCC, Palm Beach Gardens



Wes Wiggins and Monte Lambert



Rob Torrington, Chet Tart and Belle Forino



Pam Johnson and Sheri Healy



Doncella Laney, Michele Ritter, Davide Carbone and Patti Patrick



L. Marc Cohn, Bert Premuroso, Eric Jablin and Ed Chase



Lynn K. Mabry, Tracey Etelson and Kathy White



Gaby Seabolt and Craig Fisher



Michele Jacobs, David Talley and Marcie Tinsley

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NETWORKING

Palm Beach County Drug Abuse Summit, Hanley Resource Center auditorium



Michelle Maloney, Mark Nosacka and Rachel Docekal



Eric Coleman, Ric Bradshaw, John McKenna and Randy Schultz



Mike Gauger and Norman Hemming



Todd Bonlarron, Lori Berman and Curt Siegmeister



Sarah Alsofrom, Sylvia Moffett, Jeri Muoio and Dave Kerner



Ric Bradshaw and Rachel Docekal

COURTESY PHOTOS

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NETWORKING

Committee meeting for Hanley Center's Family Picnic, Palm Beach International Equestrian Center



Dan Thomas, Denise Meers and Mike Gelin



Juliet Basore, Krista Basore and James Basore



Karen Holloway, John Riordan and Dena Foman



Lauren Elam and Brett Elam



Michelle McGovern and Kellen Smith



Sally Chester and Lisa Thomas



Sarah Alsofrom and Michelle McGovern



Tom Streit and Suzanne Holmes

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PALM BEACH NETWORKING

Palm Beach Chamber of Commerce breakfast meeting, The Breakers



Chris Kellogg, Michael Cabot and Michael Finn



Daryn Kirchfeld and Sue Ellen Beryl



David Sarama and Christina Sotolongo



Ian Zinn and Margaret May Damen



Jim Parker and Mike Caracciolo



Steve Wagmeister and Sandy Munoz



Joseph Tralongo, Greg Weisman and Christopher Smith



Kirk Beerthuis and Melanie Cabot



Mary Weiss, Penny Townsend, Lesly Smith and Gail Coniglio



Pam Henderson and Mas Massoumi

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PALM BEACH NETWORKING

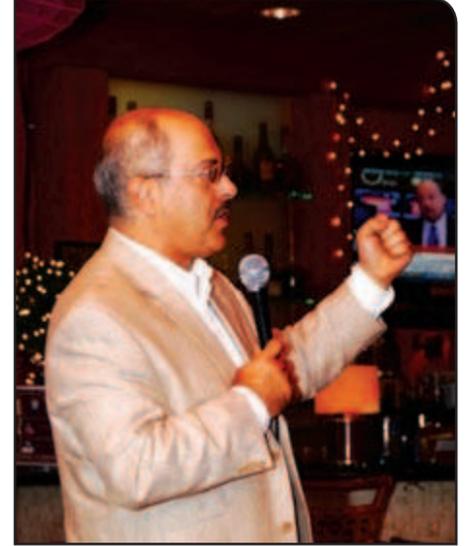
Palm Beach Business Group meeting, at 264 The Grill



Bill Feldkamp



Bob Goldfarb and Fred Amling



Cherif Medawar



Deborah Robinson



Deborah Robinson and Linda Presley



Penny Townsend



George Psoinos, Richard Kleid, Scott Hammond and Morris Loskove



Joel Cohen and Penny Townsend



Leesa Conley and Carolyn Keane



Luis Rivera and Cherif Medawar

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Exquisite details in
LOXAHATCHEE CLUB *home*

SPECIAL TO FLORIDA WEEKLY

Located in the prestigious Loxahatchee Club and situated on a nearly half-acre lot, this pristine home with a “Palm Beach” atmosphere has 3,785 square feet of living space and is one not to be missed. While maintaining privacy, the high elevation of this home at 202 Echo Drive, Jupiter, provides incredible water and golf course views. This light and bright three-bedroom, 3½ bath home has a spectacular kitchen and family room, as well as a formal living room, dining room, den, exercise room and screened patio. Marble flooring, beautiful crown molding

and crystal chandeliers are just a few of the exquisite details which set this home apart. The oversized backyard with southern exposure is the perfect setting for relaxing or entertaining around the heated pool. With its Jack Nicklaus designed golf course, The Loxahatchee Club campus includes a grand clubhouse, world-class fitness center, swimming pool and tennis courts; and all within minutes of world class dining and shopping. Fite Shavell & Associates lists the home at \$1,875,000. Agents are Paula Wittmann, 561-373-2666, pwittmann@fiteshavell.com, and Debbie Dytrych, 561-373-4758, ddytrych@fiteshavell.com. ■



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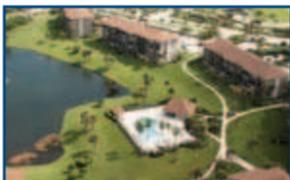
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How to Sell Your Home for the Price You Want and Need

Palm Beach Gardens/Jupiter - When you decide to sell your home, setting your asking price is one of the most important decisions you will ever make. Depending on how a buyer is made aware of your home, price is often the first thing he or she sees, and many homes are discarded by prospective buyers as not being in the appropriate price range before they're even given a chance of showing. Your asking price is often your home's "first impression", and if you want to realize the most money you can for your home, it's imperative that you make a good first impression. This is not as easy as it sounds, and pricing strategy should not be taken lightly. Pricing too high can be as costly to a home seller as pricing too low. Taking a look at what homes in your neighborhood

have sold for is only a small part of the process, and on its own is not nearly enough to help you make the best decision. A recently study, which compiles 10 years of industry research, has resulted in a new special report entitled "Home sellers: How to Get the Price You Want (and Need)". This report will help you understand pricing strategy from three different angles. When taken together, this information will help you price your home to not only sell, but sell for the price you want. To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-696-0751 and enter 1016. You can call anytime, 24 hours a day, 7 days a week. Get your free special report NOW to learn how to price your home to your maximum financial advantage.

This report is courtesy of Linda Daly, Keller Williams Realty Palm Beaches. Not intended to solicit property that is currently listed.

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Bank of America awards grants to Palm Beach County nonprofits

SPECIAL TO FLORIDA WEEKLY

The needs are basic — and vital: hunger and shelter and longer-term solutions to promote financial wellness through access to benefits and resources. In an effort to address such needs, the Bank of America Charitable Foundation announced \$500,500 in grants to South Florida nonprofit organizations, including 15 nonprofits in Palm Beach County. The Foundation also has given grants to Miami nonprofits, awards announced earlier this year, that support housing and workforce development and education programs.

"One in six Americans is at risk for hunger, and families are struggling to maintain other basic needs," Fabiola Brumley, Palm Beach County market president, Bank of America, said in a prepared statement. "We address these issues by focusing grants on our local communities, enabling people in Palm Beach County to access services and programs that address these needs while helping them prepare for a more financially stable future."

Some of the organizations receiving funding are:

* Adopt-a-Family of the Palm Beaches is dedicated to restoring families in crisis to stability and self-sufficiency by providing access to housing, rental assistance and support services such as food and clothing.

* The Lord's Place has been aiding homeless families and individuals in Palm Beach County for more than 30 years. The organization is a trusted agency that continues to create innova-

tive programs focused on breaking the cycle of homelessness.

* 211 Palm Beach/Treasure Coast's mission is to connect people to services 24 hours a day by understanding their individual emotional, financial and community needs and to support the health and human service system as a whole.

* United Way of Palm Beach County seeks to improve the lives of individuals and families in Palm Beach County by uniting the resources of donors, volunteers, agencies and the community.

Feeding South Florida, which is regionally funded in Miami-Dade, Palm Beach and Broward counties, also received a grant.

The funding is part of Bank of America's philanthropic focus on three core issues vital to the economic health of communities: housing, jobs and hunger and represents an important component of the company's lending, investing and giving activities to help advance local economies.

Bank of America's commitment to corporate social responsibility (CSR) is a strategic part of its business globally.

Its goal is to help create economically vibrant regions and communities through lending, investing and giving. By partnering with stakeholders, the bank says it creates value that empowers individuals and communities to thrive and contributes to the long-term success of our business.

The bank has core areas of focus, including responsible business practices; environmental sustainability; and strengthening local communities. ■

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418 31ST STREET

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KOVEL: ANTIQUES

Sewing table held prized place in pre-industrial American homes

BY KIM AND TERRY KOVEL
Special to Florida Weekly

Sewing was as important as cooking in centuries past. The most valuable things in an 18th-century American home were linens, bedcovers and drapes. The wealthy could import fabrics from Europe. The average family made their own fabric. They raised sheep or plants, sheared the sheep or harvested the plants, and went through many steps to make thread, color it and weave it into cloth. Then the cloth had to be cut and sewn into clothing or household items. So it is not surprising that the sewing supplies in a well-to-do home were stored in a special sewing worktable in the main room. The women of the household could take out the fabric and sew whenever there was time. It often was a winter job done while sitting near a fireplace. Most sewing stands looked like small tables and stood about 28 inches high, the height of a desk. There was a drawer to hold sewing tools, needles, thread, scissors and measuring tape. Many were made with a large fabric bag hanging below the drawer, accessible when the top of the table was lifted. It is a form not seen in the average 20th-century home, so when the bag is missing from a table, collectors may not realize they're looking at a sewing table with a missing part. An October 2013 Skinner auction offered an early 19th-century sewing table missing its original bag. The maple and mahogany worktable with an attractive patterned top sold for \$3,900.

Q: My mother bought a beautiful American Character doll for my 9th birthday in 1932. The doll's eyes open and close and her mouth is open in a smile that shows her teeth. She can't say "Mama" anymore, but other than that she is in fine shape. Can you tell me her present value?

A: The American Character Doll Co. was founded in New York City in 1919. The company made baby dolls, toddler dolls, mama dolls and other dolls in several sizes. The dolls were made of composition, rubber or hard plastic. American Character dolls were high-end dolls with well-made clothes. Although they sold for only a few dollars in the 1920s and '30s, they were expensive at the time. The company's best years were in the 1950s and early '60s when its Betsy McCall and Tiny Tears dolls were so popular. American Character Doll Co. went out of business in 1968 and its molds were sold to Ideal. It's impossible to suggest a value for your doll without knowing exactly which American Character doll you

have. But the loss of its voice lowers the value. American Character dolls sell for prices from under \$100 to a high of a few hundred dollars.



This Federal worktable probably was made in the early 19th century in Vermont. It sold for \$3,900 at a Skinner auction in Boston in October 2013.

Q: What is a "Mickey Mouse" telephone insulator? I keep getting that reference when I check online for Mickey Mouse collectibles.

A: Most telephone insulators, the glass pieces at the top of telephone poles that hold the wires, have rounded tops. A few varieties have protruding pieces that make the insulator look like a silhouette of Mickey Mouse's head. The protrud-

ing pieces look like large ears. Because the name and shape are unusual, these insulators are popular with collectors.

Q: I have a heavy brass letter opener marked "Harlow, Breed & Cooley Wool, 184 Summer St., Boston." Does it have any value?

A: Harlow, Breed & Cooley were wool dealers in Boston from about 1912 until about 1926. Advertising letter openers made of brass sell for under \$20 to over \$100, depending on the design.

Q: I paid \$50 for a hanging scale I bought at a yard sale. The scale says, "Pelouze Mfg. Co., Makers, Chicago, USA, patent pending." It can weigh items up to 20 pounds. Can you tell me its possible value?

A: William N. Pelouze founded Pelouze Scale and Manufacturing Co. in Chicago in 1894. The company made several different kinds of scales. It eventually was bought by Rubbermaid, which was bought by Newell Co. in 1999. Pelouze scales are now being made by Newell Rubbermaid. The price of a collectible is what someone will pay for it. You paid \$50 for the scale, so it was worth that much to you. Other similar scales have sold for \$35 to \$60.

Tip: Put ceramic saucers or glass or plastic plant holders under vases of flowers or potted plants to protect your furniture. You can buy inexpensive throwaway plastic dishes that have a rim and are exactly the right size and shape for a planter. ■

— Kim and Terry Kovel answer questions sent to the column. By sending a letter with a question, you give full permission for use in the column or any other Kovel forum. Names, addresses or email addresses will not be published. We cannot guarantee the return of photographs, but if a stamped envelope is included, we will try. The amount of mail makes personal answers or appraisals impossible. Write to Kovels, (Florida Weekly), King Features Syndicate, 300 W. 57th St., New York, NY 10019.

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Cultural Council exhibit features "The Florida Room"

SPECIAL TO FLORIDA WEEKLY

Florida's "Florida Room" is getting special attention from the Cultural Council of Palm Beach County. The Council will feature the work of nine Palm Beach County interior designers in "Interior Design: The Florida Room," an exhibition of vignettes that interpret the classic Florida living space.

The exhibition will open with a preview party on Jan. 30 from 5:30 to 7:30 p.m., and continue through March 29 at the council in Lake Worth. Tickets to the preview party are \$10 for general admission and free to Cultural Council members. The exhibition, which opens to the public on Jan. 31, is free.

"We want to offer a variety of arts experiences to our community and to our members," Rena Blades, president and CEO of the Cultural Council of Palm Beach County, said in a prepared statement. "Interior design is very much an art form and the talented designers that call Palm Beach County home have contributed to our quality of life. This exhibition highlights the ubiquitous Florida Room with eight unique interpretations that are sure to delight our audience."

The Florida Room is a distinct space in Florida homes that were built starting in the 1950s. The typical architectural style of the room takes full advantage of natural sunlight and year-round moderate temperatures, by generally having an abundance of windows, along with some protection from the elements. Florida room dwellers can enjoy a good view without being bothered by insects, heat or even the occasional cold spell.

Joseph Pubillones, a Palm Beach archi-

tect and designer, whose work has been featured on HGTV's "Designer Challenge," "Open House TV," and in several design magazines, is the guest curator of the exhibition. "The Florida Room has become the favored place for casual entertaining," Mr. Pubillones said in a prepared statement, and added: "Today, Florida rooms can be quite elaborate, but for me there is nothing more comfortable than having a favorite room to read, relax or even sip a Mojito in."

The participating designers are Stephen Mooney, Susan Morgan, Frank Randolph, Allan Reyes, Angela Reynolds, Nickie Siegel and Judy Weiss, Gil Walsh and William Wright.

"We have dedicated an entire exhibition to the Florida Room as it is an iconic representation of how we live in South Florida," Cultural Council Manager of Artist Services, Nichole M. Hickey, said in a prepared statement.

Lectures by the artists featured in the exhibition are scheduled for 3 p.m. on Feb. 11 and March 11.

The "Interior-Design: The Florida Room" exhibition is supported by Stark Carpet, Scalamandre, Boca Museum of Art, and Johnson's Custom Cakes and More.

The Cultural Council is the official arts and culture support agency for Palm Beach County serving nonprofit organizations, individual artists and arts districts. The Council markets the county's cultural experiences to visitors and residents, administers grants, expands arts and cultural education, advocates for funding and arts-friendly policies and serves the arts community through capacity building training and exposure to funders and audiences. ■



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<p style="text-align: center; background-color: #f0f0f0; margin: 0;">COTE D'AZUR - SINGER ISLAND</p> <div style="display: flex; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); background-color: #0056b3; color: white; padding: 5px; font-weight: bold; margin-right: 5px;">Rental</div>  </div> <p style="font-size: small;">Very nice and in pristine condition 2BR/2BA oceanfront rental. Enjoy the nice sunny exposure from Tower 1 of Cote D'Azur with great ocean views. Tile floors throughout living area and updated kitchen and bathrooms. Interior laundry room.</p> <p style="text-align: center; font-weight: bold;">Annual \$2,000 or seasonal \$3,500 rental. CALL: MARC SCHAFLER 561-531-2004</p>	<p style="text-align: center; background-color: #f0f0f0; margin: 0;">WOODSIDE ESTATES - JUPITER</p> <div style="display: flex; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); background-color: #0056b3; color: white; padding: 5px; font-weight: bold; margin-right: 5px;">Rental</div>  </div> <p style="font-size: small;">Adorable Key West Style Home on 1/2 Acre, just 2 lots from the Loxahatchee River & Community Day Dock/Fishing Pier, Impact Windows & Doors, Updated Kitchen w/Granite, Crown Molding, Mexican Tile, Covered Lanai, Lush Tropical Landscape, Open Pool, Rent includes Yard & Pool Maintenance!</p> <p style="text-align: center; font-weight: bold;">\$2,500 CALL: DIXIE SCOTT 561-346-2849</p>
<p style="text-align: center; background-color: #f0f0f0; margin: 0;">FRENCHMANS RESERVE - PB GARDENS</p> <div style="display: flex; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); background-color: #0056b3; color: white; padding: 5px; font-weight: bold; margin-right: 5px;">Rental</div>  </div> <p style="font-size: small;">This lovely 3 bedroom 2.1 bath townhome has it all! This is a ground floor end unit. Granite countertops in the kitchen and stainless-steel appliances. Upgraded finishes, which includes solid core interior doors. This townhome has an attached 2 car garage</p> <p style="text-align: center; font-weight: bold;">\$3,300 CALL: MARC SCHAFLER 561-531-2004</p>	<p style="text-align: center; background-color: #f0f0f0; margin: 0;">MIRABELLA - PALM BEACH GARDENS</p> <div style="display: flex; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); background-color: #0056b3; color: white; padding: 5px; font-weight: bold; margin-right: 5px;">Rental</div>  </div> <p style="font-size: small;">Fantastic rental, open great room plan. 2nd bedroom can also be used as a 2nd Master Bedroom. Third Bedroom is set up as an Office/Den. A must see!</p> <p style="text-align: center; font-weight: bold;">Annual \$2,700 or short term \$3,500 rental. CALL: KAREN CARA 561-676-1655</p>



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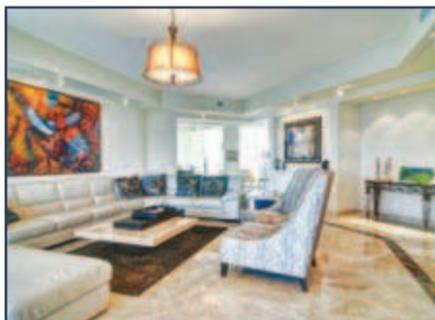
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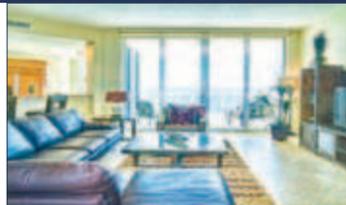


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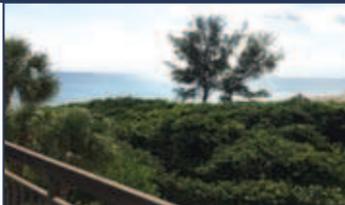
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3BR/3BA with spectacular views, 10 FT ceilings, marble floors and a private poolside cabana. **\$1,595,000**
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Martinique 1402 Rare 3BR/4.5 BA on the coveted SE corner. Breathtaking views of the Ocean & Intracoastal and city lights. Totally renovated with a contemporary flair. Water views from every room. A must see! **\$795,000**
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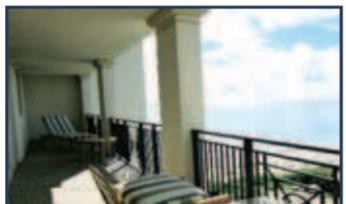
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Ritz 1704A 3BR/3.5BA Beautiful ocean front fully furnished residence. Professionally decorated with private elevator access. **\$2,699,000**
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Martinique WT201 2BR/3.5BA Unique completely renovated unit with spectacular large private terrace. A must see! **\$399,000**
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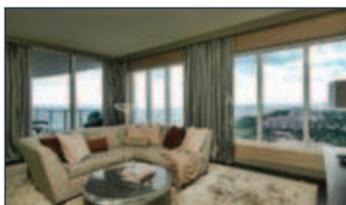
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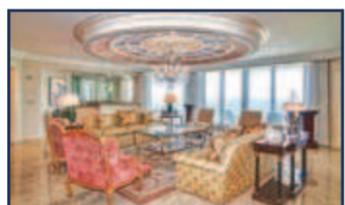
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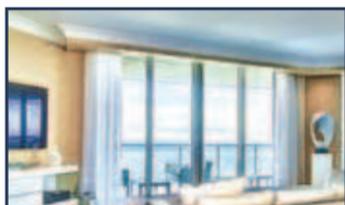
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WEEK OF JANUARY 23-29, 2014

A GUIDE TO THE ARTS & ENTERTAINMENT SCENE



ELLING TONES

Jazz singer pays tribute to songwriters of New York's Brill Building

Kurt Elling's speech patterns match his musical style.

He is at once lyrical and staccato, formal and at ease — not unlike the jazz music he will sing Jan. 25 at the Duncan Theatre in Lake Worth.

This concert will have a bit of a theme.

Mr. Elling's most recent album, "1619 Broadway," pays homage to the Brill Building, where songwriters created the hits that have defined the past century.

The songs Mr. Elling sings are iconic.

Think of "On Broadway," "Come Fly With Me" and "I Only Have Eyes for You."

But they don't sound anything like the originals.

He and his combo have stripped them bare then re-interpreted them.

"I follow my instinct as much as I can," he said by phone from New York. "We started with a concept in this case, and the concept was looking back to the Brill Building."

SEE ELLING, B7 ►

BY SCOTT SIMMONS • SSIMMONS@FLORIDAWEEKLY.COM

Palm Beach County theaters rake in Carbonell nominations

BY BILL HIRSCHMAN
Special to Florida Weekly

If the 38th annual Carbonell Awards honoring theatrical excellence in South Florida are considered a mirror by some, the nominations provide some interesting material for observers to chew over.

The awards will be handed out March 31, but the 99 nominations for 34 shows seem to depict a very healthy year for musicals and a less impressive number of new works produced, quality notwithstanding.

One sign of the strength in the season is that the judges nominated six for best musical rather than the usual five: "Annie" at the Maltz Jupiter Theatre, "In The Heights" at Actors' Playhouse, "The Longing and the Short Of It" at Arts Garage, "next to normal" at Slow Burn and "Thoroughly Modern Millie" at the Maltz. The directors of each of them were nominated and most of them provided nominations for various cast members, designers and creative staff.

The best play nominations went to an equally strong field: "A Raisin in the Sun" at Palm Beach Dramaworks,

"Cock" at GableStage, "Fear Up Harsh" at Zoetic Stage, "The Lion In Winter" at Dramaworks and "The Timekeepers" at Island City Stage.

Yet another clear trend was the continuing dominance of Palm Beach County as home to the most nominations with 62 nods, followed by Miami-Dade theaters with 28 nominations and Broward County theaters with 8 nominations. The Maltz earned the most nominations of any theater with 19, fol-

SEE CARBONELL, B7 ►

INSIDE



Family tradition

Tom Testa heads up his family's Palm Beach restaurant. **B23** ►



Sandy Days, Salty Nights

Our columnist is a rules girl who manages to break 'em all. **B2** ►



Society

See who was out and about in Palm Beach County. **B12-13, 19-22** ►



Flawless "Chorus Line"

Our critic says the Maltz nears perfection in this production. **B11** ►

SANDY DAYS, SALTY NIGHTS

A rules girl breaks them all



I've spent my entire adult life following a set of relationship rules gleaned from romance guides and common-sense wisdom, and frankly, I'm exhausted. I never realized that being good took so much work. So when a man I met at a friend's party invited me to drinks, I tried a new and experimental approach: I put all those strict rules to the side. Why not, I thought, let myself go a little?

The first rule broken: Always let the man set the date. When this particular gentleman suggested a weekend rendezvous — when I was already booked — I hesitated only a second before responding.

"How about tonight instead?"

For once I was direct — this after a lifetime of pussyfooting around. He didn't seem to mind. In less than two minutes we had drinks on the evening's agenda. Was it possible I had wasted all those years sticking to a useless set of rules?

Second rule broken: Two drinks maximum, one drink suggested, no drinks optimal. Normally I'm not a big drinker. I'm the girl who orders



a club soda and lime when everyone else is elbow-deep in two-for-one margaritas. But I figured if I was already breaking one rule, why not break them all? And my date was so affable, his company so enjoyable, that when he proposed a second round I happily agreed, even though I knew better. Later, a third round seemed just as good.

Third rule broken: Showing too

much interest. Every romance guide agrees that over-flirting on an early date ensures that a relationship will tank. One whiff of the possibility that a woman might be easy and a man will forever classify her — in Steve Harvey's terms — as a "sports fish."

"Keepers," Mr. Harvey says, are the women men want to marry, the ones with too much self-respect to throw themselves at every passing bachelor.

I flatter myself by thinking I'm in this category, but even I know it doesn't count when I'm three drinks in with a man who tells good jokes.

"You're so funny," I said at one point, giving his arm a lecherous grab.

My date pulled back. "You're certainly forward," he said.

I wanted to laugh. I'm not forward at all. I just happened to be breaking all my rules in one night.

Which turned out to be a bad idea.

As the night drew to an unremarkable close — a quick hug and no promises to be in touch — I began to understand why these rules exist in the first place. Not to snag a husband (anybody can do that), but to ensure that we respect ourselves. In our modern dating culture, we have so many opportunities to throw away our self-respect. We accept dates by text. We let men schedule last-minute mid-week affairs knowing that they're saving prime weekend time for a better candidate. We drink too much. And we offer ourselves up too easily.

The rules give us a guideline not just for good behavior, but for self-respecting behavior. That's something worth upholding, and I won't be breaking mine again anytime soon. ■

— Editor's note: The writer's recently published book, "Un-remarried Widow," was reviewed in *The New York Times* on Sunday, Jan. 5.

WARHOL'S FIRST SUPERSTAR

To Jane Love Brady

Norton Museum of Art

ON VIEW
FEBRUARY 2 - MAY 25, 2014

Warhol and Film Panel Discussion
SUNDAY, FEB. 2, 2014 / 3 PM
FREE WITH MUSEUM ADMISSION / LIMITED SEATING

Curator's Conversation
THURSDAY, FEB. 13, 2014 / 6:30 PM

Organized by the Norton Museum of Art
This exhibition is made possible through the generosity of
MURIEL AND RAPLH SALTZMAN.
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With additional support provided by the Milton and Sheila Fine Endowment for Contemporary Art and the State of Florida, Department of State, Division of Cultural Affairs and the Florida Council on Arts and Culture. Media support provided by The *Palm Beach Post* and *pbpulse.com*

COLLECTOR'S CORNER

scottSIMMONS

Art and Antiques Across Florida



SCOTT SIMMONS / FLORIDA WEEKLY

SPOTTED: This molded glass hors d'oeuvres or relish tray sports an Indian polo theme. It dates from the 1950s and was priced at \$95 at Timeless Furniture & Design, 2625 N. Federal Highway, Fort Lauderdale; 954-848-5776.

8 p.m. the fourth Saturday each month. Next fair is Jan. 25. The beauty of this fair? It's an easy drive from just about anywhere to shop, have lunch and shop some more before heading home. 863-993-5105 or arcadiafantiques.com.

■ **The Original Miami Beach Antique Show** — This is one of the oldest and largest indoor antiques shows in the country, with more than 1,000 dealers from around the world. It's noon-8 p.m. Jan. 30-Feb. 2; noon-6 p.m. Feb. 3, Miami Beach Convention Center, 1901 Convention Center Drive, Miami Beach. Tickets: \$20, good all five days; 239-732-6642 or originalmiamibeachantiqueshow.com. ■

— Send your event information to Scott Simmons at ssimmons@floridaweekly.com.

Miami would appear to be the place to be this weekend, and since it is no more than a couple hours' drive from just about anywhere locally, why not check out these first two shows?

■ **Miami Antiques Extravaganza** — This new show comes courtesy of veteran promoters Bill and Kay Puchstein, who run the West Palm Beach Antiques Festival. The show should have a range of antiques and decorative objects. It's noon-5 p.m. Jan. 24, 9 a.m.-5 p.m. Jan. 25 and 10 a.m.-4:30 p.m. Jan. 26 at the Miami-Dade County Fairgrounds, 10901 SW 24th St., Miami. General admission: \$10; early preview 9 a.m.-noon Jan. 24 is \$25; 813-597-9178; floridaantiqueshow.com.

■ **The Miami National Antique Show** — A long-time favorite, this show brings together dealers from across the country. It's noon-8 p.m. Jan. 24, noon-7 p.m. Jan. 25 and noon-5 p.m. Jan. 26 at the Miami Airport Convention Center, 777 NW 72nd Ave., Miami. Tickets: \$15, good for all three days; 239-732-6642 or miaminationalantiqueshow.com.

■ **Arcadia Antique Fair** — More than 100 dealers set up along Oak Street in downtown Arcadia starting at

January 31 -
March 2, 2014

OLD TIMES

by Harold Pinter

Director J. Barry Lewis

Producer Susan Bloom

When Kate's old friend, Anna, unexpectedly visits her and her husband Deeley after 20 years, conflicting memories give way to intimations of a mysterious past and an uncertain present.

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WHAT TO DO, WHERE TO GO

Please send calendar listings to Calendar Editor Janis Fontaine at pbnews@floridaweekly.com.

Thursday, Jan. 23

■ **Opening Night of The Donald M. Ephraim Palm Beach Jewish Film Festival** — Through Jan. 26, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Ticket prices vary. Get tickets at pbjff.org. Info: 736-7531; palmbeachjewishfilm.org.

■ **Art After Dark** — 5 to 9 p.m., at the Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. Half price admission, free for age 12 and younger. Info: 832-5196; Norton.org.

■ **Clematis by Night** — 6-9 p.m. Jan. 23, Centennial Square, West Palm Beach. Features Sweet Chariots. Jan. 30th: The Kinected. Feb. 6: Marijah & the Reggae Allstars "Bob Marley's Birthday" Info: clematisbynight.net.

■ **Last of the Knotts** — Through Jan. 26, Actor's Workshop & Repertory Company, 1009 N. Dixie Highway, West Palm Beach. 833-7529; actorsrep.org

■ **A Woman's Journey** — 9 a.m. to 2 p.m. Thursday, Jan. 23, at the Palm Beach County Convention Center, 650 Okeechobee Blvd., West Palm Beach. Johns Hopkins doctors and specialists spotlight the latest findings in women's health issues. Get a schedule, a list of speakers and registration info at 410-955-8660; hopkinsmedicine.org/awomansjourney/palm_beach/.

■ **Palm Beach Poetry Festival** — Through Jan. 25, Crest Theatre, Delray Beach Center for the Arts, Old School Square, 51 N. Swinton Ave., Delray Beach. 868-2063; palmbeachpoetry-festival.org

■ **"Ripe"** — Jan. 23-26, Adolph & Rose Levis Jewish Community Center, 9801 Donna Klein Blvd., Boca Raton. 852-3200; levisjcc.org

Friday, Jan. 24

■ **South Florida Fair** — Through Feb. 2, South Florida Fairgrounds, 9067 Southern Blvd., suburban West Palm Beach. 793-0333; southfloridafair.com

■ **Science Night at the Science Center** — 6-9 p.m. Jan. 24. Members: Adults \$5, Children: free; Non-Members: Adults \$12, Children \$8 (3 and under free). Planetarium shows and mini-golf are not included in event admission. Info: 832-1988 or visit sfsm.org

■ **"Squabbles"** — Through Feb. 9 at the Barn Theatre, 2400 S.E. Ocean Blvd., Stuart. Info: 772-287-4884; barn-theatre.com

■ **Aquinas Lecture** — 11 a.m. Jan. 24, DeSantis Family Chapel, PBAU, 300 Okeechobee Blvd., West Palm Beach. James B. South, an associate professor of philosophy at Marquette University and editor of the journal Philosophy & Theology, will speak. Free. Info: 803-2419.

■ **The Boca Raton Theatre Guild performs "Pippin"** — Jan. 24-Feb. 9 at The Willow Theatre at Sugar Sand Park, 300 S. Military Trail, Boca Raton. Info: info@brtg.org; brtg.org

■ **ArtPalmBeach** — Jan. 24-27, Palm Beach County Convention Center, 650

Okeechobee Blvd., West Palm Beach. 239-495-9834; artpalmbeach.com

■ **Roots Shakedown** — Free show of progressive-rock-reggae music, 9-11 p.m. Jan. 24, Guanabanas, 960 State Road A1A, Jupiter; www.RootsShakedown.com

■ **Palm Beach Opera presents "MacBeth"** — Jan. 24-26, at the Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 833-7888 or 832-7469; pbopera.org

Saturday, Jan. 25

■ **The Ann Hampton Callaway Quartet** — 7 to 10 p.m. Jan 25. The Borland Center, 4885 PGA Blvd., Palm Beach Gardens. Benefits the Jupiter Performing Arts Fund and band programs in Jupiter public schools. Tickets: \$75 VIP (includes a cocktail reception), \$35 general. Info: jpaf.org or 888-872-5723. Borland: 904-3139; borlandtheater.com

■ **Rare Book Sale** — 9 a.m. to 3 p.m. Jan. 25, King Library, Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Purchase intriguing and valuable selections from donations. Proceeds benefit the capital restoration of the 78-year-old King Library. Info: 655-2766 or e-mail kinglibrary@fourarts.org.

■ **The 5th Annual Boca Raton Fine Art Show** — Jan. 25-26, Sanborn Square Park, 72 N. Federal Highway, Boca Raton. a high quality, juried fine art and fine craft event. Info: 941-755-3088; HotWorks.org.

■ **The Florida Grand Opera presents "Nabucco"** — Jan. 25-Feb. 8 at Adrienne Arsht Center for the Performing Arts, Miami; and Au-Rene Theater of the Broward Center, 201 S.W. Fifth Ave., Fort Lauderdale. 800-741-1010; fgo.org

■ **Jeff Dunham: Disorderly Conduct** — Jan. 25, BB&T Center (formerly BankAtlantic Center), 1 Panther Parkway, Sunrise. Info: ticketmaster.com; 800-745-3000; thebbtcenter.com

Sunday, Jan. 26

■ **Art Hive's Indie Bride event** — noon to 5 p.m. Jan. 26 at the Palm Beach Gardens Marriot, Floral and cake displays, a Resource Depot featuring an eco-chic boutique, a fashion show, passed Champagne and mimosas; and by Art Hive Magazine, the arts and entertainment magazine of the Palm Beaches. Hosted by the North Palm Beach Cultural Alliance. Info: arthiveindiebride.com

■ **The North Palm Beach 4th Annual Hot Cars & Chili** — noon to 4 p.m. Jan. 26, Anchorage Park, 603 Anchorage Drive, North Palm Beach. An afternoon of music, food, raffles, cars/trucks, chili. Pre-register your vehicles for \$15 or register on site from 9 a.m. to noon for \$20. Free admission. \$5 to sample 15 different chilis and vote. Proceeds benefit the youth sports program at NPB Recreation. Food and drink vendors. Info: 841-3386.

■ **Festival of Hymns** — 4 p.m. Sunday Jan. 26, DeSantis Family Chapel, 300 Okeechobee Blvd., West Palm Beach. Features organist John Schwandt and the PBA Choral Department. Free. Info: 803-2419.

Monday, Jan. 27

■ **2014 USHMM South Florida Luncheon** — 11:30 a.m. Jan.27, Boca West Country Club, 20583 Boca West Drive, Boca Raton. Commemorates International Holocaust Remembrance Day. Judge Thomas Buerghenthal, a concentration camp survivor, will serve as the keynote speaker. Tickets: \$150. Info: 779-2516; ushmm.org

Tuesday, Jan. 28

■ **"Liberty without License"** — 6:30 p.m. Jan.28, at Government Center, 301 N. Olive Ave., 6th floor, West Palm Beach. an enlightenment and entertainment slideshow presentation with keynote speaker satirical writer Professor Ilya Katz. Free gift for all participants. Info: 786-975-8818.

Wednesday, Jan. 29

■ **Distinguished Historian Peter Watson speaks** — 2:30 Jan. 29, Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. One of Britain's most distinguished historians will discuss new book, "The Age of Atheists: How We Have Sought to Live Since the Death of God." A book signing will follow. Free. RSVP. Info: 805-8562; or e-mail campus@fourarts.org.

■ **The Moment of Memory Formation: A Spotlight on the Brain** — 5:30 p.m. Wednesday, Jan. 29, Royal Poinciana Chapel, 60 Cocoonut Row, Palm Beach. Part of the Max Planck Florida Institute for Neuroscience "Science Meets Music." Features scientific director Dr. Ryohei Yasuda and musical performances by young American soloists. Free, but reservations suggested. Info: 972-9027 or RSVP@maxplanckflorida.org

Looking Ahead

■ **Haifa Symphony Orchestra of Israel** — Jan. 30 at Community Church, 1901 23rd St., Vero Beach. Presented by the Indian River Symphonic Association. Info: 772-778-1070; irsymphonic.org

■ **Treasure Coast Pirate Fest** — Jan. 31-Feb. 2, Veterans Memorial Park / Riverwalk Center, 600 N. Indian River Drive, Fort Pierce. Pirates, scallywags and rogues offer up three days of family friendly fun. Formerly held in Stuart, the festival features pirate-themed attractions including a Pirate Encampment, pirate ships, live mermaids, a little buccaneer kids zone, costume contests, treasure hunts, pirate weapon demonstrations including real swords, muskets and cannons. A Pirate's Ball takes place Friday night (adults 18 and older.) Hours: 2-8 p.m. Friday, 10 a.m. to 8 p.m. Saturday, and 10 a.m. to 4 p.m. Sunday. Free, but donations of a "buck-an-ear" welcomed. Info: 792-9260; TreasureCoastPirateFest.com

■ **Comedian Jerry Seinfeld** — Jan. 31 and Feb. 1 at Hard Rock Live at the seminole Hard Rock Hotel & Casino, Hollywood. Tickets: \$79-\$169. Info: ticketmaster.com; 800-745-3000.

■ **John Lithgow speaks** — 11:30 a.m. Jan. 30, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. "Inside the Mind of John Lithgow is the keynote address for Palm Beach State College Foundation's STEAM Initiative fundraiser. Tickets: \$125. Info: 868-3450; palmbeachstate.edu/foundation/steam.

■ **Parade Productions presents "The Last Schwartz"** — Jan. 31 to Feb. 23 at The Studio at Mizner Park, 201 Plaza Real, second floor, Boca Raton. 866-811-4111; paradeproductions.org

■ **Laugh With the Library, Chapter 8** — Jan. 31, Delray Beach Public Library, 100 W. Atlantic Ave., Delray Beach. 266-0775; delraylibrary.org

■ **Hellraiser Anne Feeney in Concert** — Feb. 15, Unitarian Universalist Fellowship of Boca Raton, 2601 St. Andrews Blvd., Boca Raton. Feeney has made a career of following in the footsteps of Woody Guthrie for the past 35 years. PinkSlip, a folk duo featuring Bill Bowen and Joan Friedenber, will open. Tickets: \$15-\$25 donation, benefits the Peace Action Education Fund. Info: 954-942-0394 or franknick@gmail.com

At The Arts Garage

180 NE First St. in Delray Beach. Info: 450-6357; artsgarage.org.

■ **Randy Brecker** — Jan. 25. Jazz Project.

■ **The Hummingbird Wars** — Through Feb. 2. Theater.

At The Bamboo Room

15 S. J St., downtown Lake Worth. Info: 585-BLUE; bambooroomblues.com

■ **Thomas Wynn & The Believers** — 9 p.m. Friday, Jan. 24. \$10.

■ **Unlimited Devotion: A Tribute to the Grateful Dead** — Jan. 25. \$7.

■ **Marcia Ball** — Jan. 26. \$32, \$37.

■ **Joel DaSilva & The Midnight Howl** — Jan. 31. \$7.

At The Borland

The Borland Center, 4885 PGA Blvd., Palm Beach Gardens. Info: 904-3139; borlandtheater.com

■ **Irish Comedy Tour** — Feb. 1

At The Colony Hotel

The Colony Hotel, 155 Hammon Ave., Palm Beach. Info: 655-5430; thecolonypalmbeach.com.

■ **The Polo Lounge** — Tommy Mitchell, pianist, Thursday and Saturday evenings; Motown Friday Nights with Memory Lane.

■ **Cabaret in the Royal Room**

■ **Steve Tyrell** — Through Jan. 25. Tickets: Tues-Thurs \$135 for prix fixe dinner and show, \$70 show only; Fri-Sat \$150 for prix fixe dinner and show, \$85 for show only.

■ **Marilyn Maye** — Jan. 28-31 and Feb. 1. Tickets: Tues-Sat \$120 for prix fixe dinner and show, \$55 show only.

At Delray Beach Center

The Delray Center For The Arts, Old School Square at 51 N. Swinton Ave. in Delray Beach. Info: 243-7922; delraycenterforthearts.org.

WHAT TO DO, WHERE TO GO

■ At the Pavilion:

■ **Free Friday Concerts** — 7:30 p.m. Friday, Jan. 24, at the Pavilion. Features Brass Revolution. Food trucks and a cash bar. Free. Bring your own seating. Info: 243-7922, DelrayArts.org

■ In the Crest Theatre:

■ **Brian d’Arcy James** — Jan. 27-28.

■ **Capitol Steps** — Jan. 30.

At Delray Playhouse

950 N.W. 9th Street in Delray Beach. All tickets \$30. Group rates available for 20 or more. Info: 272-1281; delraybeach-playhouse.com.

■ **“You Can’t Take it With You”** — Feb. 1-16.

■ **“The Pajama Game”** — March 29-April 13.

■ **“Doubt”** — May 24-June 8

At Dramaworks

Palm Beach Dramaworks at The Don & Ann Brown Theatre, 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2, or visit palmbeachdramaworks.com.

■ **Knowledge & Nibbles** — Meet the director and actors of “Old Times,” 11:30 a.m.-1 p.m. Jan. 29. Tickets: \$25 guild members, \$30 non-members.

■ **Harold Pinter’s “Old Times”** — Jan. 31, Through March 2, with specially priced previews on January 29 and 30. A three actor play where past and present converge, directed by J. Barry Lewis. Showtimes: 8 p.m. Wednesday through Saturday and 7 p.m. Sunday; matinees at 2 p.m. Wednesday, Saturday and Sunday. Tickets: \$60. Students: \$10.

At The Duncan

Palm Beach State College, 4200 Congress Ave., Lake Worth. Info: 868-3309; palmbeachstate.edu/theatre/duncan-theatre.

■ **Kurt Elling** — Jan. 25

■ **Jeanne Robertson** — Feb. 7

At The Eissey

Palm Beach State College, 11051 Campus Drive off PGA Blvd, Palm Beach Gardens. Tickets at 207-5900, unless otherwise specified, or eisseycampustheatre.org.

■ **Peter Pan:** Jan. 22

■ **Linda Eder:** Jan. 31

At The Flagler Museum

One Whitehall Way, Palm Beach. Hours: 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Tour Henry Flagler’s 1902 Beaux Arts mansion, Whitehall, which he built as a wedding present for his wife. Tickets: free for members; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; younger than 6 free. 655-2833; flaglermuseum.us.

■ **Lunch in Café Des Beaux-Arts**

— 11:30 a.m.-2:30 p.m. Tuesdays-Saturdays, noon-3 p.m. Sundays. Tickets: \$40 non-members; \$22 members.

■ Flagler Museum Music Series:

■ **Atos Trio** — Feb. 18

■ **Talish Quartet** — March 4

At FAU

University Theatre, FAU’s Boca Raton campus, 777 Glades Road, Boca Raton. Info: fau.edu.

■ **Heather Coltman, piano, and the Amernet String Quartet** — Jan. 29.

At The Four Arts

Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Gallery and box office: 655-7226; fourarts.org.

■ **“Illustrating Words: The Wondrous Fantasy World of Robert L. Forbes, poet, and Ronald Searle, artist”** — Through summer 2015. On display in the Mary Alice Fortin Children’s Art Gallery.

■ **Encore Theater: William Shakespeare’s “MacBeth”** — Jan. 25

■ **American Chamber Players** — 3 p.m. Jan. 26

At The Kravis

Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Info: 832-7469; kravis.org.

■ **Fahrenheit 451** — Jan. 23-24

■ **Ladies of Letters: Dorothy Parker, Edna Ferber, Lillian Hellman** — Jan. 24

■ **Macbeth** — By Palm Beach Opera, Jan. 24-26

■ **Step Afrika** — Jan. 25

■ **Twelfth Night** — Jan. 25-26

■ **Johnny Mathis** — Jan. 27

■ **Dixie’s Tupperware Party** — Jan. 28- Feb. 1

■ **Haifa Symphony Orchestra** — Jan. 28-29.

■ **Jackie Mason** — Jan. 29. Comedy.

■ **Susan Egan** — The Belle of Broadway. Jan. 30-31.

■ **Miami City Ballet: Program II: See the Music** — Jan. 31-Feb. 2.

At The Playhouse

The Lake Worth Playhouse, 713 Lake Ave., Lake Worth. Info: 586-6410; lake-worthplayhouse.org

■ **“Ain’t Misbehavin’”** — Through Feb. 2.

■ **“The Last of the Aztecs”** — Jan. 22

■ **“Pete Seeger: Carry It On”** —

Feb. 8

■ **“One Flew Over the Cuckoo’s Nest”** — Feb. 22-March 16

At The Lighthouse

Jupiter Inlet Lighthouse and Museum, Lighthouse Park, 500 Captain Armour’s Way, Jupiter. Admission: \$9 adults, \$5 children ages 6-18; children under 6 and active U.S. military admitted free. Children must be at least 4 feet tall to climb. Tours are weather permitting, call for tour time. RSVP required for tours, 747-8380, Ext. 101. jupiterlighthouse.org.

■ **Sunset Tours** — Jan. 22

At Lynn University

Keith C. and Elaine Johnson Wold Performing Arts Center is at Lynn University, 3601 N. Military Trail, Boca Raton. Info: 237-9000.

■ **Philip Fowke in recital: The Art of Encore** — Jan. 25

■ **Collaborative Spotlight: Miami Brass** — Jan. 29

At The Lyric

Lyric Theatre, 59 S.W. Flagler Ave., downtown Stuart. 772-286-7827; lyric-theatre.com

■ **Gaelic Storm** — Jan. 22

■ **Glenn Miller Orchestra** — Jan. 23

■ **John Pizzarelli Quartet** — Jan. 25

■ **Capital Steps** — Jan. 27

■ **Acoustic Evening with Keb’ Mo’** — Jan. 28

■ **Mel Tillis** — Jan. 31

At MacArthur Park

John D. MacArthur Beach State Park and Nature Center, 10900 Jack Nicklaus Drive, North Palm Beach. Info: 624-6952 or macarthurbeach.org.

At The Maltz

1001 E. Indiantown Road, Jupiter. Call 575-2223 or visit jupitertheatre.org.

■ **“A Chorus Line”** — Through Feb. 2. Follows the audition process of theatre “gypsies” trying to land a job on Broadway. A cast of 26 triple-threat performers singing unforgettable songs.

■ **Swingin’** — Big band music, Jan. 26.

■ **Chris McDonald’s Memories of Elvis** — Jan. 27.

■ **“Other Desert Cities”** — Feb. 16-March 2.

■ **“The King and I”** — March 18-April 6.

At The Mandel JCC

5221 Hood Road, Palm Beach Gardens; 689-7700.

■ Current Events Discussion Group

— A lively discussions covering the most up-to-date topics from national affairs and foreign relations. 9:30 to 11:30 a.m. Thursdays at the Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Free for members; \$5 guests.

■ **Classes for Kids:** Tracie’s Music Together, Pre-School Superstar Sports, Pre-School Tiny Toes Combo Dance: Ballet, Tap and Jazz, Youth Sports Club, Youth Director’s Cut Mixed Media Workshop, Youth Ballet and Jazz, Youth Gymnastics, Pre-School Gymnastics are offered. Call for times.

■ **In the Bente S. & Daniel M. Lyons Art Gallery:** Through February 1: “The Art of Esther Nisenthal Krinitz.” Feb. 11 through March 27: “The Sculpture of Mehri Danielpour.” April 1 through May 20: “Let My People Go: The Soviet Jewry Movement 1967-1989.” May 22 through July 20: artwork from the Tzahar Region. Info: 712-5209.

At The Morikami Museum

4000 Morikami Park Road in Delray Beach. Hours: 10 a.m. to 5 p.m. Tuesday through Sunday. Info: 495-0233; morikami.org

■ **“Contemporary Kogei Styles in Japan”** — Through Feb. 23. Nearly 90 contemporary arts and crafts or kogei-style works comprising ceramics, textiles, lacquerware, dolls, and works of metal, wood, bamboo, and glass made by 40 of Japan’s most influential and leading kogei artists.

■ **“Breaking Boundaries: Contemporary Street Fashion in Japan”** — Through Feb. 23. Some of the most popular and imaginative clothing styles made and worn on the streets of Japan today. The clothing is accompanied by a selection of photographs of stylish street wear captured on the fashionable boulevards of Japan.

At The Mos’Art

Mos’Art Theatre, 700 Park Ave., Lake Park. Call 337-OPOD (6763) or visit mosarttheatre.com.

■ **Films:** The Armstrong Lie, Weekend of a Champion, The Best Offer, Bastards, Tech, Shooting Blanks, Class

At The Multilingual Society

Multilingual Society, 210 S. Olive Ave., West Palm Beach. Info: 228-1688; multilingualsociety.org

■ **Movie Night** — 6:30 p.m. Jan. 24, Multilingual Society. Screening a 2012 French documentary Chateaux de la Loire “Loire Valley Castles.” Subtitles.

■ **French Book Club** — 5 p.m. Jan. 25. Guided by a writer, Jean-Francois Chenin. Book: “Une vie française” de Jean-Paul Dubois.

■ **Live music** — 7 p.m. Jan. 31. Live music and songs performance in French, German and Italian by students of PBA University.

At Palm Beach Improv

Palm Beach Improv is at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach; 833-1812 or palmbeachimprov.com.

■ **Gabriel Iglesias** — Jan. 23-26

WHAT TO DO, WHERE TO GO

■ **Mitch Fatel** — Jan. 30-Feb. 1

At Palm Beach Polo

The 2014 Palm Beach Polo Season is open for grandstand viewing, field tailgating, lawn seating, field-side champagne brunch at The Pavilion, and exclusive sponsor boxes. Tickets start at \$10. Info: 204-5687; InternationalPoloClub.com.

■ **Joe Barry Memorial Cup (20 goal)** — Jan. 26

■ **Ylvisaker Cup (20 goal)** — Feb. 2, 9, 16, 23

■ **Maserati U.S. Open Polo Championship** — April 20

At Palm Beach Zoo

The Palm Beach Zoo & Conservation Society, 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. daily. "Wings Over Water" Bird Show: 11 a.m. weekdays; 11 a.m. and 2 p.m. weekends. "Wild Things Show": 1 p.m. weekdays; noon weekends. Tickets: \$18.95 adults; \$16.95 seniors, \$12.95 age 3-12, free for younger than 3. Info: 533-0887; palmbeachzoo.org.

■ **Muchacho's Birthday Bash** — Jan. 25. Face painting, entertainment, sand art, Jaguar Talks, and visits with Muchacho the jaguar, the birthday boy, who turns 20. Arrive early for a free gift.

At Science Center

The South Florida Science Center And Aquarium, 4801 Dreher Trail N., West Palm Beach. Info: 832-1988 or visit sfsm.org

■ **"Titanic: The Artifact Exhibition"** — Through April 20. Tickets: \$13 adults, \$9.50 age 3 to 12; \$11.50 for seniors 62 and older. Free for members and children younger than 3.

■ **Science Nights** — 6-9 p.m. the last Friday of the month. Members: Adults \$5, Children: free; Non-Members: Adults \$12, Children \$8 (3 and under free). Planetarium shows and mini-golf are not included in event admission.

At The Plaza Theatre

Plaza Theatre, 262 S. Ocean Blvd., Manalapan; 588-1820 or theplazatheatre.net.

■ **My Life on a Diet, with Renee Taylor** — Through Feb. 9.

At Showtime

Showtime Dance & Performing Arts Theatre, Southeast Mizner Blvd., Boca Raton. Some plays performed at the Willow Theatre; most performed Saturday and/or Sunday. 394-2626; showtime-boca.com

■ **Pocahontas** — Through March 1

■ **Les Miserables** — Jan. 25-Feb. 9 (a teen and young adult production)

At The Sunrise Theatre

117 S. Second St., Fort Pierce. Ticket prices vary. 772-461-4775; sunrisetheatre.com

■ **"Swan Lake"** — Feb. 26

■ **Teatro Lirico D'europa Presents "L'elisir D'amore"** — Jan. 23. Tickets: \$55/45

■ **KC & The Sunshine Band** — Jan. 25. Tickets: \$65/\$59

■ **Franco Corso Live** — Jan. 26. Tickets: \$45 VIP, \$35 general.

■ **The Fab Four — The Ultimate Tribute** — Jan. 29. Tickets: \$49/\$39

■ **Spencers Theatre Of Illusion** — Jan. 31. Tickets: \$35/\$25 and \$10 for age 12 and younger

Fresh Markets

■ **Sailfish Marina Sunset Celebration** — 6 p.m. Thursdays. Arts and crafts, live entertainment, food. Sailfish Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores; 842-8449.

■ **Jupiter Green & Artisan Market** — 5-9 p.m. Fridays, Riverwalk Events Plaza, 150 S. U.S. 1, Jupiter. Baked goods, fresh produce, arts and crafts, jewelry, pet products. Vendors welcome. Info: 203-222-3574; harrismarkets.com.

■ **Abacoa Green Market** — 9 a.m.-2 p.m. Saturdays at Abacoa Town Center, 1200 Town Center Drive, Jupiter. Info: reggie.chasesun@gmail.com.

■ **West Palm Beach GreenMarket** — 9 a.m.-1 p.m. Saturdays at Waterfront Commons, West Palm Beach. Fresh produce, baked goods, plants, home goods. Free parking in the Banyan and Evernia garages. Info: wpb.org/greenmarket.

■ **West Palm Beach Antique & Flea Market** — 9 a.m.-3 p.m. Saturdays on Narcissus Avenue, north of Banyan Boulevard. Info: 670-7473.

■ **Gardens GreenMarket** — 8 a.m.-1 p.m. Sundays, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. More than 120 vendors of seasonal vegetables and fruit, herbs, honey, baked goods, crafts. No pets. Info: 630-1100; pbgfl.com/greenmarket.

■ **Royal Palm Beach Green Market & Bazaar** — 9 a.m.-1 p.m. Sundays, Commons Park, 11600 Poinciana Blvd., Royal Palm Beach. Fruits and vegetables, flowers and plants, baked goods and arts and crafts. Info: rpbgreenmarket.com.

■ **Tequesta Green Market** — 9 a.m.-1 p.m. on the third Saturday of the month through April, at Constitution Park, 399 Seabrook Road, Tequesta. Locally-grown, fresh-from-the-farm, vegetables, fruits, meat, farm products, arts and crafts. Info: 768-0476.

Ongoing Events

■ **American Needlepoint Guild** — 10 a.m. every second and fourth Monday (next meeting is Jan. 27), 110 Mangrove Bay Way, Jupiter. Call 747-7104 or email mbusler@comcast.net.

■ **The Benjamin School Student Exhibition** — Jan. 17-March 2 in the Eissey Campus Theatre Lobby Gallery, 3160 PGA Blvd., Palm Beach Gardens. Info: 207-5905; eisseycampustheatre.org

■ **Bingo** — Noon every Thursday

at the Moose Lodge, 3600 RCA Blvd., Palm Beach Gardens. Lunch available at 11 a.m. Packs start at \$15. \$250 games. 626-4417.

■ **Boca Raton Museum of Art** — Through March 30: Futurism: Concepts and Imaginings features 38 works from Italian Futurists. Admission: Free for members and children 12 and younger; adults \$8; seniors (65+) \$6; students (with ID) \$5. At 501 Plaza Real, Boca Raton. Info: 392-2500; bocamuseum.org.

■ **School of Creative Arts Showcase** — Through Feb. 2; Crest Galleries, Delray Center for the Arts, Old School Square, 51 N. Swinton Ave., Delray Beach. A multimedia exhibit showcasing drawings, paintings, collage, mixed media and photographs by adult and youth students and instructors. Info: 243-7922; delraycenterforthearts.org.

■ **Cultural Council of Palm Beach County** — 601 Lake Ave., downtown Lake Worth. Info: 471-2901 or visit palmbeachculture.com.

■ **The Cornell Museum** — Old School Square, 51 N. Swinton Ave., Delray Beach. Through Feb. 2: "ELVIS: Grace & Grit Exhibition" a fine art photography exhibition. Through Feb. 2: "Flashback: A Retro Look at the '60s and '70s. Admission: \$8 general; \$6 seniors and students with ID; free for age 10 and younger. Free admission for Palm Beach County residents every Thursday.

■ **Downtown Live** — 7 p.m. Fridays, Downtown at the Gardens' Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens.

■ **Holden Luntz Gallery** — 332 Worth Ave., Palm Beach. Through Jan. 25: All That Glitters: A Fashion Photography Group Exhibition. Features fashion photographers Albert Watson, Arthur Elgort, Horst P. Horst, Kimiko Yoshida, and Andre de Plessel. Feb. 1-22: Haute Couture: The Polaroids of Cathleen Naundorf. Info: 805-9550; holdenluntz.com

■ **Journey to Eden** — Through Feb. 9, Ann Norton Sculpture Gardens, 2051 S. Flagler Drive, West Palm Beach. Twenty works by nature photographer Rob Cardillo. Info: 832-5328; ansg.org

■ **The Lake Park Public Library** — 529 Park Ave., Lake Park. Super Hero Hour, 3:30 p.m. Thursdays for ages 12 and younger; Adult Writing Critique Group, 10:30 a.m. to 1 p.m. Saturdays for age 16 and older; Anime, 6-7 p.m. Tuesdays for age 12 and older. All events are free. 881-3330.

■ **Le Cercle Francais** — Francophiles and Francophones can join for a monthly gathering at 6:30 p.m. the second Thursday of the month (next session Jan. 9), in members' homes. Call 744-0016.

■ **Lighthouse ArtCenter** — Gallery Square North, 373 Tequesta Drive, Tequesta. Through Feb. 15: "Chris Gustin" and "Spotlight on New Talent." Mr. Gustin gives a talk at 6 p.m. Jan. 23. Cost: free for members, \$3 for nonmembers. He also will hold a workshop 9 a.m. to 4 p.m. Jan. 24-25 at the ArtCenter's School of Art. Cost is \$175 for members, \$200 for nonmembers. Winter art class and workshop registration is now open. The Third Thursday Art Group meets 5:30-7:30 p.m. the third Thursday of the month. Admission: \$5 age 12 and older. Free for younger than 12. Free admission on Saturday. Info/register at 748-8737;

746-3101; lighthousearts.org.

■ **Lighthouse ArtCenter Midtown Gallery** — 4877 PGA Blvd., Palm Beach Gardens. Info: (561) 746-3101.

■ **Loggerhead Marinelifelife Center** — 14200 U.S. 1, Juno Beach. Kids Story Time: 11:30 a.m. Saturdays; Hatchling Tales: 10:30-11 a.m. Wednesdays. Free. Info: 627-8280; marinelifelife.org.

■ **Loxahatchee River Environmental Center** — Burt Reynolds Park, 805 N. U.S. 1, Jupiter. Story time: 9:30 a.m. Thursdays. Info: 743-7123 or loxahatcheeriver.org/rivercenter.

■ **Pelican Café** — Live music 6:30 to 9:30 p.m. Mondays at the Pelican Café, 612 U.S. 1, Lake Park. Featuring Hal Hollander and Diane DeNoble. Info: 842-7272.

■ **John D. MacArthur Beach State Park and Nature Center** — 10900 Jack Nicklaus Drive, North Palm Beach. Nature walk — 10-11 a.m. daily. Info: 624-6952; macarthurbeach.org.

■ **Music on the Plaza** — 6 to 8 p.m. Thursdays, Mainstreet at Midtown, 4801 PGA Blvd., Palm Beach Gardens. This week: The Bulldogs. Jan. 23: Slip and the Spinouts. Jan. 30: JP Soars & Gypsy Blue. Feb. 6: Roger Rossi & Class Action. Feb. 13: Wonderama. Feb. 20: SOSOS. Feb. 27: Professor Pennygoode's Mighty Flea Circus. Info: midtownpga.com

■ **The Norton Museum of Art** — Through Jan. 26: "The Four Princely Gentlemen: Plum Blossoms, Orchids, Bamboo, and Chrysanthemums." Through Feb. 23: "Phyllida Barlow: HOARD." Through March 23: "The Polaroid Years: Instant Photography and Experimentation." Through April 13: "David Webb: Society's Jeweler." Through Aug. 31: "Faux Real," by Mickalene Thomas. Art After Dark: 5-9 p.m. Thursday. Admission: \$12 adults, \$5 students with a valid ID, and free for members and children age 12 and younger. At 1451 S. Olive Ave., West Palm Beach. Info: 832-5196 or norton.org.

■ **The Palm Beach Photographic Centre** — City Center, 415 Clematis St., West Palm Beach. FOTOfusion is going on now, with lectures, classes, exhibits, and more. Hours: 10 a.m.-6 p.m. Monday-Thursday, and 10 a.m.-5 p.m. Friday and Saturday. Info: 253-2600 or visit workshop.org or fotofusion.org.

■ **The Stonzek Theatre** — 709 Lake Ave., Lake Worth. Call the theater for show times. Info: 296-9382; lakeworthplayhouse.org.

■ **Twilight Yoga at the Light** — Sunset Mondays on the deck at the Jupiter Inlet Lighthouse, Captain Armour's Way, Jupiter. Donations accepted. Info: 747-8380, Ext. 101; jupiterlighthouse.org

■ **Wick Theatre & Costume Museum** — 7901 N. Federal Highway, Boca Raton. Tour The Broadway Collection. Through Feb. 9: "42nd Street." Tours are led by theater professionals who give visitors a "behind-the-scenes" look at the work of iconic designers. Open for tours, luncheons and high tea events (by appointment only). Tours start between 11 and 11:30 a.m. and include a guided journey through the collection and lunch. Tour & Luncheon (off-season): \$38. Groups are by appointment only. Info: 995-2333 or thewick.org. ■

ELLING

From page 1

The Brill Building, built in 1931, is famous for housing music industry offices and studios where some of the most popular American music tunes were written.

Looking back at music created at that New York City landmark meant looking beyond the obvious.

"That really meant not just the classic era, but the 80 years or so of people writing music in that building," he said. "I focused mostly on their golden era, with people like Carole King and Burt Bacharach."

The names are legendary.

Besides Ms. King and Mr. Bacharach, they include Sammy Cahn, Mike Leiber and Jerry Stoller, Barry Mann, Cynthia Weil, Gerry Goffin, Paul Simon and

Duke Ellington.

"That means there's a very long list of compositions, from 'Yakety Yak' to 'You've Lost that Lovin' Feeling,'" he said.

But moving beyond the classic arrangements must be tough.

"I find things that I could really get behind and have a new arrangement, and a way from which to approach that material. I sing it in my version now," he said, adding, "When we've made a record I want to keep moving forward."

Being on the road, he is familiar with that forward motion.

He flew nearly 100,000 miles in a seven-month period last year, he said.

That schedule has its challenges.

"I try to surround myself with musicians every night who are going support me. It's a whole lifestyle," he said of being on the road.

He comes back to his Brill Building project.

"What surprised me was the breadth

and depth of the great songwriting that's been going down at the Brill this amount of time," he said.

So many of the songs that came out of that building are classics, as are Mr. Elling's vocals.

His baritone voice possesses a four-octave range.

Each of his albums has been nominated for a Grammy, and he has won every DownBeat Critics Poll for the past 14 years; he was named "Male Singer of the Year" by the Jazz Journalists Association eight times in that period.

Four years ago, Mr. Elling wrapped a tour with the Monterey Jazz Festival All-Stars and staged "Passion World," a commissioned event for Jazz at Lincoln Center with accordion virtuoso Richard Galliano. Some of the material he performs also was part of that.

"Come Fly with Me" is particularly adaptable. I am using it not only with the current tour, but with 'Passion World,' which is going to involve my singing in

about eight different languages," he said. "Passion World" is a journey unto itself.

"If you can imagine, you're inviting the audience to come along with you on a global performance," he said.

And what better invitation than a classic song?

"My goal is to embrace as broad an audience as I can. I'm fortunate to be able to sing for the world, as you can tell from my schedule," he said. "I get to reflect a lot of that music back to the audience." ■

in the know

>>What: Concert by Kurt Elling
>>When: 8 p.m. Jan. 25
>>Where: Duncan Theatre, Palm Beach State College, 4200 Congress Ave., Lake Worth
>>Cost: \$29
>>Info: 868-3309 or duncantheatre.org

CARBONELL

From page 1

lowed by Actors' Playhouse in Coral Gables with 13 nominations.

Once again, several actors and designers have multiple nominations, in some cases competing against themselves. Colin McPhillamy is nominated as best actor as the title character in "Exit the King" at Palm Beach Dramaworks, as well as supporting actor as the tweedy inspector in "Dial M for Murder" at the Maltz. Karen Stephens is nominated as best actress for her emotionally scarred vet in "Fear Up Harsh" and as supporting actress as the steely mother in "Doubt" at the Maltz. Patti Gardner is nominated as actress as Roxie Hart in "Chicago" at Boca Raton Theatre Guild and supporting actress in for "Sons of the Prophet" at GableStage. Manny Schwartzman is nominated for musical director for next to normal and "In The Heights." Mark Martino is nominated as director and choreographer for "Annie." Set designer Michael Amico is nominated for "Dial M for Murder" and "The Lion in Winter" at Dramaworks. Costumer Ellis Tillman is nominated for "The Fox on the Fairway" and "Ruthless!," both at Actors' Playhouse.

— Full disclosure: This reporter is a Carbonell judge or nominator and has been for 15 years.

— The 38th Carbonell Awards will be held at 7:30 p.m. Monday, March 31, at the Broward Center for the Performing Arts. Tickets are \$25 with \$20 tickets available for groups of 10 or more. Tickets sold the day of the ceremony are \$35. Info: Email rstockton@browardcenter.org or call 954-468-3280, Monday-Friday, 10 a.m.-5 p.m.

The complete Carbonell Award nominations:

Best New Work (play or musical): "Fear Up Harsh," Christopher Demos Brown, Zoetic Stage; "Glouces-

ter Blue," Israel Horovitz, Theatre at Arts Garage

Best Production of a Play: "A Raisin in the Sun," Palm Beach Dramaworks; "Cock," GableStage; "Fear Up Harsh," Zoetic Stage; "The Lion in Winter," Palm Beach Dramaworks; "The Timekeepers," Island City Stage

Best Director/Play: Joseph Adler, "Cock," GableStage; Lou Tyrrell, "Lungs," Theatre at Arts Garage; Michael Leeds, "The Timekeepers," Island City Stage; Seret Scott, "A Raisin in the Sun," Palm Beach Dramaworks; William Hayes, "The Lion in Winter," Palm Beach Dramaworks

Best Actor/Play: Cliff Burgess, "Lungs," Theatre at Arts Garage; Colin McPhillamy, "Exit the King," Palm Beach Dramaworks; Ethan Henry, "A Raisin in the Sun," Palm Beach Dramaworks; Michael McKeever, "The Timekeepers," Island City Stage; Nicholas Richberg, "Cock," GableStage

Best Actress/Play: Betsy Graver, "Lungs," Theatre at Arts Garage; Karen Stephens, "Fear Up Harsh," Zoetic Stage; Laura Turnbull, "Good People," GableStage; Pat Bowie, "A Raisin in the Sun," Palm Beach Dramaworks; Tod Randolph, "The Lion in Winter," Palm Beach Dramaworks

Best Supporting Actor/Play: Avi Hoffman, "My Name is Asher Lev," GableStage; Colin McPhillamy, "Dial M for Murder," Maltz Jupiter Theatre; Marckenson Charles, "A Raisin in the Sun," Palm Beach Dramaworks; Stephen G. Anthony, "Fear Up Harsh," Zoetic Stage; Todd Allen Durkin, "All New People," Zoetic Stage

Best Supporting Actress/Play: Angie Radosh, "Exit the King," Palm Beach Dramaworks; Jessica Brooke Sanford, "Fear Up Harsh," Zoetic Stage; Karen Stephens, "Doubt," Maltz Jupiter Theatre; Lindsey Forgey, "The Savannah Disputation," Zoetic Stage; Patti Gardner, "Sons of the Prophet," GableStage

Best Production of a Musical: "In the Heights," Actors' Playhouse; "The Longing and the Short of It," Theatre at Arts Garage; "Next to Normal," Slow Burn Theatre Company; "Ruth-

less!," Actors' Playhouse; "The Sound of Music," The Wick; "Thoroughly Modern Millie," Maltz Jupiter Theatre

Best Director/Musical: David Arisco, "In the Heights," Actors' Playhouse; Mark S. Hoebee, "Thoroughly Modern Millie," Maltz Jupiter Theatre; Mark Martino, "Annie," Maltz Jupiter Theatre; Max Friedman, "The Longing and the Short of It," Theatre at Arts Garage; Patrick Fitzwater, "Next to Normal," Slow Burn Theatre Company

Best Actor/Musical: Christopher Carl, "Annie," Maltz Jupiter Theatre; Matthew William Chizever, "Damn Yankees," Broward Stage Door Theatre; Matthew Korinko, "Next to Normal," Slow Burn Theatre Company; Nick Duckart, "In the Heights," Actors' Playhouse; Oscar Cheda, "They're Playing Our Song," Boca Raton Theatre Guild

Best Actress/Musical: Amy Miller Brennan, "Ruthless!," Actors' Playhouse; Laurie Veldheer, "Thoroughly Modern Millie," Maltz Jupiter Theatre; Margot Moreland, "They're Playing Our Song," Boca Raton Theatre Guild; Patti Gardner, "Chicago," Boca Raton Theatre Guild; Vicki Lewis, "Annie," Maltz Jupiter Theatre

Best Supporting Actor/Musical: Bruno Vida, "Next to Normal," Slow Burn Theatre Company; Burke Moses, "Thoroughly Modern Millie," Maltz Jupiter Theatre Clay Cartland, Next to Normal," Slow Burn Theatre Company; Gabriel Zenone, "Ruthless!," Actors' Playhouse; Ken Clement, "Chicago," Boca Raton Theatre Guild

Best Supporting Actress/Musical: Anne Chamberlain, "Next to Normal," Slow Burn Theatre Company; Elizabeth Dimon, "The Longing and the Short of It," Theatre at Arts Garage; Julia Dale, "Ruthless!," Actors' Playhouse; Lourele Sneeder, "The Sound of Music," The Wick; Missy McArdle, "White Christmas," The Wick

Musical Direction/Musical: Eric Alsford, "Ruthless!," Actors' Playhouse; Helen Gregory, "Annie," Maltz Jupiter Theatre; Manny Schwartzman, "In the Heights," Actors' Playhouse; Manny Schwartzman, "Next to Normal," Slow Burn Theatre Company;

Paul Reekie, "The Longing and the Short of It," Theatre at Arts Garage

Choreography/Musical: Denis Jones, "Thoroughly Modern Millie," Maltz Jupiter Theatre; Marc Robin, "Singing in the Rain," Maltz Jupiter Theatre; Mark Martino, "Annie," Maltz Jupiter Theatre; Ron Hutchins, "Chicago," Boca Raton Theatre Guild; Stephanie Klemons, "In the Heights," Actors' Playhouse

Best Scenic Design/play or musical: Michael Amico, "Dial M for Murder," Maltz Jupiter Theatre; Michael Amico, "The Lion in Winter," Palm Beach Dramaworks; Michael McClain, "The Timekeepers," Island City Stage; Paul Tate dePoo III, "Annie," Maltz Jupiter Theatre; Sean McClelland, "Next to Normal," Slow Burn Theatre Company

Best Lighting Design/play or musical: Donald Edmund Thomas, "Annie," Maltz Jupiter Theatre; John Hall, "Of Mice and Men," Palm Beach Dramaworks; Lance Blank, "Next to Normal," Slow Burn Theatre Company; Paul Miller, "Dial M for Murder," Maltz Jupiter Theatre; Preston Bircher, "The Timekeepers," Island City Stage

Best Costume Design/play or musical: Brian O'Keefe, "The Lion in Winter," Palm Beach Dramaworks; Chastity Collins and Nicole Stodard, "The Rover," Thinking Cap Theatre; Ellis Tillman, "The Fox on the Fairway," Actors' Playhouse; Ellis Tillman, "Ruthless!," Actors' Playhouse; Robin McGee, "Dial M for Murder," Maltz Jupiter Theatre

Best Sound Design/play or musical: Danny Butler, "An Iliad," Outre Theatre Company; David Hart, "The Timekeepers," Island City Stage; Marty Mets, "Dial M for Murder," Maltz Jupiter Theatre; Matt Corey, "Exit the King," Palm Beach Dramaworks; Rich Szcuzblewski, "Next to Normal," Slow Burn Theatre Company

Best Ensemble Production (play or musical): "All New People," Zoetic Stage; "I Love You, You're Perfect, Now Change," Plaza Theatre; "The Longing and the Short of It," Theatre at Arts Garage; "Making God Laugh," Actors' Playhouse; "Savage in Limbo," Alliance Theatre Lab ■



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and "Burnin' Old Memories"

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LATEST FILMS

'The Nut Job'



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★★

Is it worth \$10? No

The story of a squirrel banished from his home who's later forced to save the day should not be a tough nut to crack, and for the most part the makers of "The Nut Job" succeed in making a mildly amusing animated film aimed directly at kids. Be warned, though: There's not much here for adults, and even at less than 90 minutes it feels tedious and repetitive.

Surly (Will Arnett) is a squirrel who insists he doesn't need friends to be happy. With winter approaching and a food shortage looming, he accidentally burns down the oak tree he and his fellow animals call home. Banished from the park and forced to live in the city, Surly and his friend Buddy, a rat, stumble upon a nut store that seems to be the answer to their problems.

Unfortunately, the guys running the nut store are burglars plotting to tunnel into the bank next door. The criminals, led by a fresh-from-prison Mafioso type named King (Stephen Lang) and his dog Precious (Maya Rudolph), see Surly as a trivial nuisance. Meanwhile, animal leader Raccoon (Liam Neeson) dispatches squirrels Andie (Katherine Heigl) and park hero Grayson (Brendan Fraser) to the city to collect food. Naturally their paths collide with Surly, prompting high jinks and betrayals to ensue.

Director and co-writer Peter Lepeniotis apparently had no intention of appealing to adults with this film, seemingly content with its Saturday morning cartoon-quality aspirations and willfully void of social commentary. Fair enough. Not every movie needs to be deep and thought provoking; it can only be as good as it's trying to be, and in this case, that's not much of a compliment.

The story is expectedly conventional, and there were long gaps between the sounds of children laughing at the screening I attended. Perhaps that was because of sequences such as this one: Upon discovering a room full of nuts

and screaming that he had found "the lost city of Nutlantis," Surly says, "Sorry about that, went a little nuts," and then asks Buddy if he just said anything stupid. Yes, Surly, you did, and the sound of crickets in my head throughout the sequence didn't shield me from any of your stupid comments. As a whole, the dialog by Lorne Cameron is cutesy and forgettable, and not at all funny.

The 3D is also unimpressive. It mostly falls flat save for a few scenes with nuts and water flying into our faces. The colors are fair but not dynamic, and the backgrounds are a blurry mess.



"The Nut Job" was made by ToonBox Entertainment then picked up for distribution by Open Road Films last April, making it the first animated release in Open Road's two-year history. With financial prospects limited due to its release coming the weekend of Oscar nominations and "Frozen" still a hit in theaters, "The Nut Job" could well be the studio's last animated venture. Here's hoping the studio sticks to dramas (it gave us "End of Watch" and "The Grey") and becomes more selective with its other fare. ■

in the know

>> "The Nut Job" is based on director/co-writer Peter Lepeniotis' 2005 animated short called "Surly Squirrel."

CAPSULES

Her ★★★★★

(Joaquin Phoenix, Amy Adams, voice of Scarlett Johansson) In the near future, a loner (Mr. Phoenix) purchases and falls in love with a computer operating system (Ms. Johansson) designed with human emotions. With a great original screenplay from writer/director Spike Jonze ("Where the Wild Things Are"), this is a smart movie that offers a plausible look at the future and what it means to be in a relationship. Rated R.

after the patriarch goes missing. The performances are top notch and the story has a few surprises up its sleeve. Based on the Pulitzer Prize-winning play by Tracy Letts, who wrote the screenplay. Rated R.

Lone Survivor ★★★★★

(Mark Wahlberg, Taylor Kitsch, Ben Foster) Four members of Navy SEAL Team 10 are caught in a gunfight in the Afghan mountains in June 2005. The action is tense and exciting, and overall it's a solid movie, though it's unforgivable to reveal who the lone survivor is in the opening moments. Rated R. ■

August: Osage County ★★★★★

(Meryl Streep, Julia Roberts, Abigail Breslin) The dysfunctional Weston family convenes in its rural Oklahoma home

CONTRACT BRIDGE

Drury ending

BY STEVE BECKER

A thing of beauty is a joy forever, and this hand — played by Doug Drury, inventor of the Drury convention — undoubtedly qualifies for such status.

West opened with one spade, and, after two passes, Drury bid one notrump. This was perfectly proper in the balancing position, where a notrump overcall shows less strength than the 15 to 18 points normally associated with a direct one-notrump overcall.

North raised to three, and West led the seven of spades. Drury won with the nine and played a club. West took the king and made the excellent return of the queen of hearts. He was hoping to find partner with four or five hearts to the jack, and in that way stop the contract.

Drury could have assured himself of scoring a heart trick by covering the queen with the king — certainly the normal thing to do in the expectation that West had led the queen from the Q-J. But Drury's ESP was firing on all cylinders, and he confidently played the deuce from dummy.

Not only that, but when West continued with the three of hearts, Drury rose with the king, rejecting West's effort to convince him that he held the jack of hearts. Drury then led another club to West's ace, and West wisely cashed the ace of hearts to hold declarer to nine tricks.

West dealer.
Both sides vulnerable.
NORTH
♠ K 5
♥ K 7 2
♦ K J 10
♣ Q J 10 8 3

WEST	EAST
♠ Q 10 8 7 3	♠ 6 4 2
♥ A Q 3	♥ J 6 5 4
♦ 6 5 2	♦ 9 8 4 3
♣ A K	♣ 7 4

SOUTH
♠ A J 9
♥ 10 9 8
♦ A Q 7
♣ 9 6 5 2

The bidding:
West North East South
1 ♠ Pass Pass 1 NT
Pass 3 NT
Opening lead — seven of spades.

West's defense was superb but unsuccessful. Had Drury covered the queen of hearts with the king or not played the king on the second heart lead, he would have gone down one, losing three hearts and two clubs.

It was a dynamic battle, well-fought on both sides, with Drury finally emerging triumphant. ■

PUZZLE ANSWERS



9	8	7	2	5	3	1	4	6
2	4	6	1	9	7	8	5	3
5	1	3	8	6	4	2	7	9
3	5	2	7	4	9	6	1	8
6	9	4	5	8	1	7	3	2
8	7	1	6	3	2	4	9	5
1	3	8	4	2	5	9	6	7
7	6	5	9	1	8	3	2	4
4	2	9	3	7	6	5	8	1

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Jackie Mason

Dreyfoos Hall • Wed., Jan. 29 at 8 pm • Tickets start at \$25

This "equal-opportunity offender" brings his unique brand of satire and incisively humorous observations on the foibles of everyday life to the Kravis Center stage. *Contains adult language.*

Susan Egan, *The Belle of Broadway*

Thurs. and Fri., Jan. 30 and 31 at 7:30 pm

Persson Hall • Tickets \$35

Broadway's original Belle in *Beauty and the Beast*, Susan Egan also originated starring roles in *State Fair* and *Triumph of Love*, and played Sally Bowles in *Cabaret* longer than any other actress. Critics have hailed her as "divine" and "electrifying." Ms. Egan will perform tunes and share amusing anecdotes from her stellar stage career.

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Merle Haggard

Dreyfoos Hall • Mon., Feb. 3 at 8 pm • Tickets start at \$20*

Merle Haggard — member of the Country Music Hall of Fame and recent Kennedy Center Honoree — may be best known as "the poet of the common man."

Kenny Loggins

Dreyfoos Hall • Thurs., Feb. 6 at 8 pm • Tickets start at \$25*

This two-time Grammy Award-winning singer/songwriter has a roster of hit singles, including "House At Pooh Corner," "Danger Zone," "This Is It," "I'm Alright" and "Whenever I Call You Friend."

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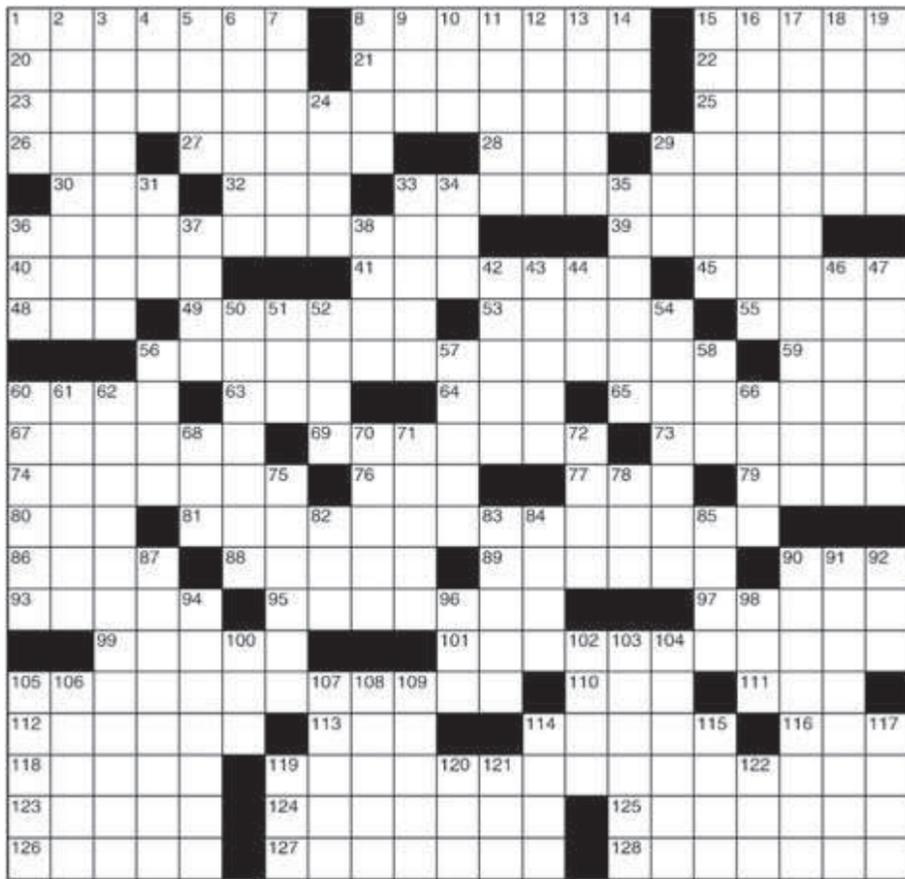


*Also available through ticketmaster



PUZZLES

AFTERWORDS



- ACROSS**
- 1 Ecstatic joy
 - 8 Injured
 - 15 Heart chambers
 - 20 Baseball's "Hebrew Hammer"
 - 21 The U.S., south of the U.S. border
 - 22 Bucking horse
 - 23 Two words that might follow BUTTER ...
 - 25 Arledge of TV
 - 26 Guess as to takeoff: Abbr.
 - 27 Shortcoming
 - 28 Yoga pad
 - 29 Not as bright
 - 30 The Louvre, e.g.: Abbr.
 - 32 Stephen of films
 - 33 SPORTS ...
 - 36 HARD ...
 - 39 Get choked by, as food
 - 40 Baseballer David a.k.a. "Big Papi"
 - 41 Secrete milk
 - 45 Discontinued
 - 48 — Moines, Iowa
 - 49 Congo River feeder
 - 53 Modify formally
 - 55 Spain's longest river
 - 56 STORM ...
 - 59 Winning line in tic-tac-toe
 - 60 To be, to Jacques "— in the bag!"
 - 64 — pah-pah band
 - 65 Begin the cruise
 - 67 — play (a simple job)
 - 69 Country music resort city in Missouri
 - 73 Tenor Jan
 - 74 More piquant
 - 76 Detroit-to-Montreal dir.
 - 77 Some toy batteries
 - 79 "An apple —"
 - 80 Summer, to the French
 - 81 AIR ...
 - 86 Castle-circling ditch
 - 88 Roman 553
 - 89 What the Tin Woodman asked for
 - 90 Derek and Diddley
 - 93 Sleep disorder
 - 95 Toss in some seasoning
 - 97 Plain as day
 - 99 Buddhism's — Lama
 - 101 POWER ...
 - 105 BLUE ...
 - 110 Critical hosp. ward
 - 111 Part of RSVP
 - 112 Having disembarked
 - 113 Pluralized -y
 - 114 Becomes smelting waste
 - 116 Letter before theta
 - 118 Hipbone part
 - 119 HAND ...
 - 123 Get the suds out of
 - 124 10th-century German king
 - 125 Most pointless
 - 126 See 44-Down
 - 127 Maximally massive
 - 128 Certifies (to)
- DOWN**
- 1 Rally or relay
 - 2 Far greater
 - 3 Pieces of merchandise
 - 4 "Tik —" (2009 #1 hit for Kesha)
 - 5 "Catch — You Can" (Dave Clark Five song)
 - 6 Gain back, as trust
 - 7 Took place as a result
 - 8 Left
 - 9 Aged
 - 10 Mom's bro
 - 11 "— Rae" (1979 film)
 - 12 Gloomy, in poetry
 - 13 Les — -Unis
 - 14 Rep.'s foe
 - 15 Abbreviate
 - 16 Tuba's kin
 - 17 SCHOOL ...
 - 18 Central
 - 19 Computers such as the Aspire and Extensa
 - 24 Banned apple spray
 - 29 Gene stuff
 - 31 Enjoy a slope
 - 33 Offed
 - 34 "LA Ink" channel
 - 35 Liaisons
 - 36 Car axle, e.g.
 - 37 France's Côte d'—
 - 38 Gymnastics great Korbut
 - 42 Qdoba items
 - 43 "Take —" (office order)
 - 44 With 126-Across, multiple-gear bicycle
 - 46 Beethoven's Third
 - 47 "Tom —" (1958 #1 hit)
 - 50 Cap. of the Gem State
 - 51 Pantry insect
 - 52 Fed. crash investigator
 - 54 Far out from the coast
 - 56 Sensed
 - 57 Film director Stanley
 - 58 I-90, e.g.
 - 60 Itchy skin condition
 - 61 Up-and-comer's eventual goal
 - 62 SUN ...
 - 66 Sewing line
 - 68 "What's the —?" ("Who cares?")
 - 70 Changed the décor of
 - 71 Writer Nin
 - 72 Of the entire U.S., e.g.
 - 75 Installed anew, as a carpet
 - 78 Shape of a parenthesis
 - 82 Hat, in slang
 - 83 Ken and G.I. Joe, say
 - 84 In — (unmoved)
 - 85 Give — to (approve)
 - 87 Coffee shop's cousin
 - 90 Has faith
 - 91 Non-written exam
 - 92 Pigs' hangout
 - 94 Freaked out
 - 96 iPhone extra
 - 98 #2 corp. execs
 - 100 Suffix with hex-
 - 102 Adorn richly
 - 103 Maine national park
 - 104 Guitarist Ted
 - 105 Carnivals
 - 106 Suffolk County town
 - 107 Metropolis, in Milan
 - 108 Microwaves, say
 - 109 Ain't right?
 - 114 Vexed state
 - 115 Crate piece
 - 117 Part of A&E
 - 119 Like kings: Abbr.
 - 120 Vegas cube
 - 121 "— for Alibi" (Sue Grafton book)
 - 122 Suffix with Ernest

◀ SEE ANSWERS, B9

HOROSCOPES

■ **AQUARIUS (January 20 to February 18)** Changing conditions might require you to alter some of your plans. While you might be agreeable to this, be prepared with explanations for those who do not want changes made.

■ **PISCES (February 19 to March 20)** Although you might have to deal with some detractors who aren't too kind in their critiques, you gain points when you're willing to stand up and defend your work.

■ **ARIES (March 21 to April 19)** Seeing the silly side of some really ridiculous situations helps give the Lamb a new perspective on how to handle them. Some important contacts can be made this weekend.

■ **TAURUS (April 20 to May 20)** Try to complete your outstanding tasks by midweek. This leaves you free to take advantage of new possibilities — both professional and personal — opening up by week's end.

■ **GEMINI (May 21 to June 20)** With both your creative side and your energy levels rising this week, you should be able to tackle that too-long-neglected project again. A family member might have important news.

■ **CANCER (June 21 to July 22)** An explanation you requested seems to be more confusing than enlightening. You should insist on clarifications now, rather than deal with problems that might arise later.

■ **LEO (July 23 to August 22)** Your energy levels might be ebbing a bit. But

that's no excuse for taking catnaps when you could be working on those unfinished tasks. There'll be time to curl up and relax by week's end.

■ **VIRGO (August 23 to September 22)** It's a good time to get those ideas out of your head and into a readable format if you hope to have them turned into something doable. A good friend is ready with worthwhile advice.

■ **LIBRA (September 23 to October 22)** Careful -- you might be stepping into dangerous territory if you decide to "exaggerate" the facts too much. Remember: The truth speaks for itself and needs no embellishment.

■ **SCORPIO (October 23 to November 21)** Although your workplace successes have earned you many admirers, there are some colleagues who are not among them. Be careful how you proceed with your new project.

■ **SAGITTARIUS (November 22 to December 21)** You might have to go into great detail to explain why you're currently reluctant to make changes to an already prepared plan. Be sure you have all the facts to back yourself up.

■ **CAPRICORN (December 22 to January 19)** Travel plans might still be uncertain. But instead of getting upset about the delay, open yourself up to other possibilities, and begin checking out some alternative destinations.

■ **BORN THIS WEEK:** You have a gift for creating a warm and loving environment between yourself and others. ■

By Linda Thistle



Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

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◀ SEE ANSWERS, B9

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THEATER REVIEW

Maltz delivers a flawless production of 'A Chorus Line'

BY BILL HIRSCHMAN
Special to Florida Weekly

The surprising strength of the Maltz Jupiter Theatre's production of "A Chorus Line" is how it delivers everything that your memory recalls fondly of past productions but infuses it with a welcome freshness that makes you glad you ventured to see it again.

If you have any affection for this classic, this is a must-see that earns the adjective flawless — a word rarely found in a theater review.

The magical element is that this first-class, no-asterisks ensemble and director/choreographer have gently underscored more than most productions that aching of all people yearning to be who they have discovered they are and who they want to be. As Cassie sings, the words ripped out of her spleen, "God, I'm a dancer; a dancer dances!"

"A Chorus Line" plugs into something primal in its audiences around the world whether or not the observer loves theater, or whether they long to be a welder or a poet. When the chorus sings, "I really need this job," everyone knows they aren't just talking about paying the bills; we all relate to wanting to do something that fulfills our soul and our self-respect.

For those living in a cave since 1975, "A Chorus Line" took the real oral histories of Broadway dancers and forged them through a ground-breaking extended workshop process. It resulted in a moving musical that ran 6,137 performances (not counting a later revival) and won Tony Awards for director/choreographers Michael Bennett and Bob Avian; dancers Donna McKechnie, Sammy Williams and Kelly Bishop; book writers Nicholas Dante and James Kirkwood; lyricist Ed Kleban and the late composer Marvin Hamlisch. It is follows a group of dancers auditioning for a new Broadway show. Besides exhibiting their dancing talent, they are forced through a merciless psychological cross-examination by the director/choreographer who quizzes them about their often-troubled pasts.

Director/choreographer Josh Walden has not tried to reinvent "A Chorus Line"; Maltz audiences would rebel at that. Many of the iconic images are recreated such as the dancers standing on the line holding their headshots in front of their faces. In fact, much of the choreography intentionally and extensively quotes the work of Bennett and Avian. But as with The Wick Theatre's current production of "42nd Street," civilians shouldn't underrate Mr. Walden's ability to get such a superb level of performance out of this crew.

It helps that this show has cast exemplary triple-threat performers. Every last one sings like a Broadway star and acts these roles with an unflinching plausibility in which the anxiety, hope, pain and joy are written across their faces and their body language. Just an example, watch Becca Andrews' Val, who never pulls focus from the person speaking, but who is always in the moment, always reacting to what is being said. They all do that.

Each also creates a fully realized persona. Although there are 17 dancers auditioning, it only takes 15 minutes or so before we can easily identify each one. That's part of the musical's secret and certainly the secret of this production's success — they are unique individuals and therefore worthy of rooting

for and investing your emotions in.

Many of the cast have done the show before, which must have been some help since they only had 2½ weeks rehearsal before a few days of tech rehearsal.

Mr. Walden, who was in the chorus line of the Maltz's "Hello, Dolly!" in 2012, has inserted his own staging touches, of course, but he knows and delivers the iconic essentials.

You have to love how some of the dancers in the opening dance audition sequence are not nailing the moves crisply; in some cases, they are out of step as they would be still learning the combinations.

The look is the same — the bare brick back wall of the theater, the white line and the mirrors which reflect the audience since the Maltz's back section slopes steeply upward. Therefore, much of the audience can see what the performers are seeing, an extra thrill for civilians. The rehearsal outfits look much like the original, but Anna Christine Hillberry built the 19 rhinestone and spangle outfits for the finale in her shop in the back of the building.

The entire cast deserves mention, but we'll single out a few. Elizabeth Earley as Cassie has that glorious dance solo, which she executes well if not with the sharpness we've seen in other productions. And oddly appropriately, she doesn't stand out on the line for the first half of the show. But her singing of "The Music and The Mirror" is heart-wrenching and her pleading for a job with the director (and former lover) is first-rate acting with no qualifiers.

As Paul, whose father sees him in a drag show, Jordan Fife Hunt's long monologue of excruciating self-revelation is emblematic of the production: deeply moving as in any other production but intriguingly different than the way you've seen it before.

As always, Jennifer Byrne's Sheila is all defensive acidity, but she exposes deep wounds and vulnerability in the gorgeous "At The Ballet" with the equally talented Michelle Petrucci as Bebe and Jessica Dillan as Maggie.

Miss Andrews as the drop-dead gorgeous Val also gives a slightly different spin to the hilarious "Dance 10, Looks 3." Camden Gonzales does the same in her solo "Nothing" and leading the cast in "What I Did For Love."

None of this shortchanges the rest: Noah Aberlin, Alex Aguilar, Lindsay Bell, Anne Bloemendal, Michael Callahan, Demarius R. Copes, K.C. Fredericks, Logan Keslar, Adam Lendermon, Gillian Munsayac, Shain Stroff and Brian Oglivie as Zach the stern director/choreographer. For some reason, the dancers cut from the group in the first scene did not get to make a bow, so we'll name them here: Laura Guley, Nick Lovalo, Jessica Perieria, Kiel Peterson, Emily Rynasko, Brian Varela and Nikki Allred.

The nine-member band led by musical director Eric Alsford was note perfect. Marty Mets' sound was clear, but there was a canned quality to it.

The Maltz's production nails the heart of this show with the force of an air gun. It's selling out quickly; get your seats. ■

— "A Chorus Line," through Feb. 2 at the Maltz Jupiter Theatre, 1001 E. Indiantown Road in Jupiter. Tickets: \$52-\$59; 575-2223 or jupitertheatre.org.

— Bill Hirschman is editor of Florida Theater On Stage. Read him online at floridatheateronstage.com.



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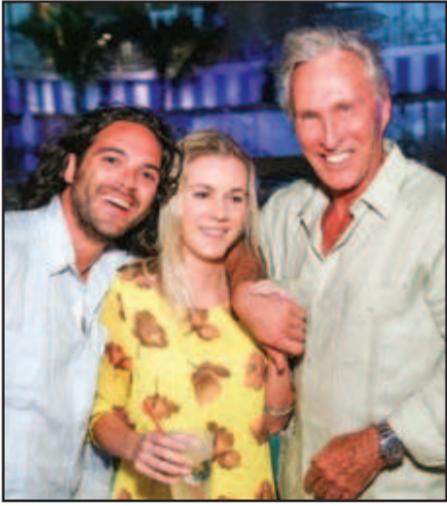
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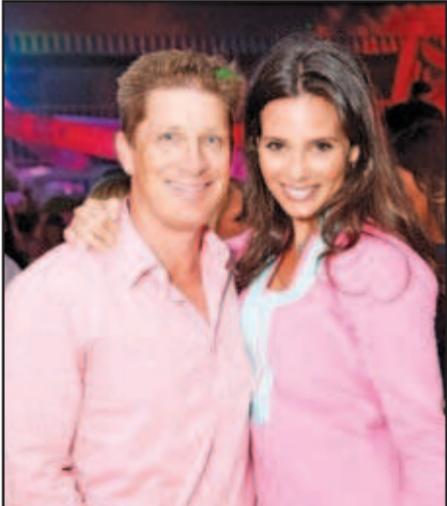
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Collage of artist photos: Dr. Bill Prince, a woman, a man in a suit, and Elton John.

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Symphonic Band of the Palm Beaches sets shows at Duncan, Eissey theaters

SPECIAL TO FLORIDA WEEKLY

Ah, yes, those WERE the days . . . and the Symphonic Band of the Palm Beaches is celebrating them with what it calls “an extended journey back in time to the Big Band era and the golden days of the Great American Songbook.”

The musical stroll down Memory Lane, “Those Were The Days” will present an evening featuring acclaimed guest artist Dr. Bill Prince, at the Duncan Theatre in Lake Worth on Saturday, Feb. 1 and again at the Eissey Campus Theatre in Palm Beach Gardens on Saturday, Feb. 8. Both shows are at 7:30 p.m.

The Symphonic Band boasts that “Dr. Prince captivates audiences with his extraordinary skill as a composer/arranger, his multi-instrument virtuosity, and a personable style that instantly transforms the concert hall into a virtu-

al college course on musical history and memories.” Mr. Prince has performed with a number of well-known big bands including Xavier Cugat, Ray Anthony, Tex Beneke, Les and Larry Elgart, Harry James, Tommy Dorsey, and Louis Bellson, as well as the Denver, Fort Lauderdale, Palm Beach and Jacksonville symphonies.

For “Those Were The Days,” Mr. Prince has either composed or arranged virtually the entire playlist for the Symphonic Band, which includes extended tributes to Louis Armstrong, Duke Ellington, and Harry James, familiar memories from Benny Goodman and Count Basie and a few Latin favorites.

Tickets to either performance of “Those Were The Days” are \$15 and can be obtained by calling the Symphonic Band at 832-3115. For more information, visit www.symbandpb.com. ■

Palm Beach Kennel Club hosts Super Bowl trip contest

SPECIAL TO FLORIDA WEEKLY

The Palm Beach Kennel Club offers participants a chance on Jan. 25 to win a trip to Super Bowl XLVIII in New York on February 2.

Admission is free. Those entering will fill out a form and drop it off into contest barrels located at the Customer Service Information Stands or in the Paddock Restaurant. Entries must be in by 3 p.m.

After Race 9, 10 names will be drawn and those finalists must check in before the start of the 10th race. The prize drawing for the Super Bowl Prize Pack-

age will be held after the 12th race. The winner must be present.

The Super Bowl Prize Package includes Two Super Bowl Tickets, a 3-night /4-day stay at the Holiday Inn, New York (Jan. 31-Feb. 3) and \$500.

Following the seventh race of the afternoon, the club will hold its Super Bowl Pooch Predictor Race. One Greyhound will represent the AFC champs and another the NFC victors.

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For more information, see pbkennelclub.com ■

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- Krasnoyarsk National Dance Company of Siberia..... February 5 ●
- Europa Galante with Fabio Biondi..... February 12 ●
- Walnut Street Theatre “Driving Miss Daisy”..... February 19 ●
- Arnaldo Cohen, piano..... March 12 ▲
- Flamenco Vivo Carlota Santana “A Soul of Flamenco” March 19 ▲

The Sunday Concert Series

3 p.m. • Tickets: \$20

- American Chamber Players..... January 26 ■
- Keyboard Conversations® with Jeffrey Siegel,..... February 2 ●
- “Mistresses and Masterpieces: Music of Chopin, Liszt, Schumann, and Brahms”
- Benjamin Grosvenor, piano February 9 ●
- St. Lawrence String Quartet February 16 ●
- Trio Solisti..... February 23 ●
- Elias String Quartet March 9 ●
- Keyboard Conversations® with Jeffrey Siegel,..... March 16 ▲
- “The Miracle of Mozart”
- Jerusalem String Quartet..... March 23 ▲
- Dailey & Vincent April 13 ▲

Tickets available: ■ 11/13/13; ● 1/15/14; ▲ 2/26/14

Inaugural Sand Sculpting and Seafood Festival features music, food and sand contests

SPECIAL TO FLORIDA WEEKLY

Lake Worth doesn't need to build castles in the sky — not when it's ready to launch its Inaugural Lake Worth Beach Sand Sculpting and Seafood Festival at the Lake Worth Casino Building and Beach Complex.

The new three-day event, on the Lake Worth Beach, is Friday, Jan. 24, through Sunday, Jan. 26, and will feature the experts who produce the world-famous Fort Myers Sand Sculpting events — The Sand Lovers — bringing the same level of professional sculptors who will build sand castles from scratch beginning on Friday and progress throughout the weekend for a final competition on Sunday afternoon.

Amateur sculptors can compete on Saturday in several categories — Sea Turtles (children up to 8); Dolphins (children 9-12); Sea Horses (groups of 6); Rays (teens 13-17); Manatees (18 and over). Entry fee is \$15 per person/team and includes a roped-off sand plot. All utensils — buckets, etc., must be provided. Those interested in entering may apply in person on Saturday from 10 a.m. to noon on the main stage. The competition begins at noon, with sculptors having until 4 p.m. to finish for judging. Awards will be presented at 5 p.m. For a full list of rules and an application, see www.lakeworth/events.com.

The event promises seafood galore — lobster rolls, grilled mahi-mahi, grouper fingers, conch fritters, conch and clam

chowder, fried clams, fried shrimp and more — and nautical vendors, a play area for kids, live music and a beach bonfire on Friday night.

Festival hours are Friday from noon to 9 p.m.; Saturday and Sunday from 10 a.m. to 5 p.m. Admission is free, metered parking and some activities have a fee — or park downtown and ride the free shuttle from Bryant Park Saturday and Sunday from 10 a.m. to 6 p.m.

Entertainment Schedule:

- Friday, Jan. 24
6 p.m.-9 p.m. Bonfire and The People Upstairs
- Saturday, Jan. 25
1 p.m. - 900 Seconds
3:30 - Sweet Justice
5 - Amateur Awards Presentation
- Sunday, Jan. 26
1:30 p.m. - Ed Stephen & Steel Drum Culture
3 - Professional Sand Sculptor Awards Presentation

The Lake Worth Beach Sand Sculpting and Seafood Festival is produced by the city of Lake Worth. Sponsors include Marriott Fairfield Inn, The Lake Worth Herald, WRMF Radio, WIRK Radio and The Palm Beach Post. The Lake Worth Casino and Beach Complex is located at 10 South Ocean Blvd. Lake Worth, Florida. For more information, see www.lakeworth.org/events or call 533-7395. ■

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FLORIDA WRITERS

No. 8 in the Matt Royal Mystery series hits another high note



■ **“Found” by H. Terrell Griffin.** Oceanview Publishing. 357 pages. Hardcover \$26.95.

H. Terrell Griffin’s eighth Matt Royal Mystery refines all of the pleasures his fans have come to expect. These include carefully shaded tough-guy investigators, brutal villains, witty banter among friends, robust romance, nonstop (it seems) eating and drinking in Sarasota area establishments, dogged investigation, constant threat and the enchantments of the Southwest Florida coastal setting.



Griffin

Throw in some World War II history (shaped to the ends of the present day plot) and you’ve got a complex web of questions that won’t give up their answers without a fight.

Mystery No. 1: Matt’s girlfriend, J.D. Duncan, a detective in the Longboat Key Police Department, receives a text message from a friend who had supposedly died more than a year ago. It contains the woman’s photo and the name Jed, Katie Fredrickson’s private nickname for J.D.

Is this a prank, or a call for help? Katie had disappeared when her husband was killed.

Mystery No. 2: A man in a stolen Jaguar pulls up to a condo complex, shoots elderly Ken Goodlow point blank and then drives onto a bridge that is opening and plunges with the Jaguar to his death. Witnesses reveal that Mr. Goodlow had served in WWII, moved to the nearby fishing community of Cortez soon after and had been president of the Cortez Historical Society.

He had come to the condo building to show a friend some old photographs taken shortly after the war.

Matt and J.D. soon interview Bud Jamison, another friend of Mr. Goodlow, who identifies the two of them as “the last of the young men who came back from the war and went to work on the boats,” fishing for a living. It soon becomes clear that whatever led to the murder has Mr. Jamison spooked. For he feels he might be next. But why?

Matt and J.D., with the assistance of Jock, Matt’s deep cover government operative, pursue the two mysteries through the tried-and-true drudgery of questioning witness, relatives of victims and people with any connection to the deceased driver of the Jag.

About a third of the way into the novel, the writer introduces another time line that he elaborates over several chapters interspersed among those developing the present day timeline. This thread gives us a sense of the Sarasota area (Cortez in particular) in 1942 and details the hap-

penings on a German U-boat patrolling the Gulf of Mexico with a clearly defined mission.

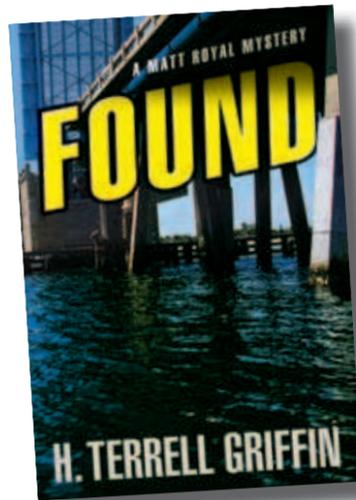
Because we have already had reference to several characters, like Mr. Goodlow and Mr. Jamison, who had come to the area about that time, we anticipate some connection with the submarine plot line. Even before this thread is introduced, another text message from Katie includes the cryptic message “U166.” Readers are allowed to understand this reference to a U-boat even before the investigators interpret the four-character clue.

As Matt, J.D. and their associates press forward, bringing other nearby law enforcement agencies into the cases and looking for links between those cases, readers enter a world of deadly narcotics turf wars, money-laundering operations and other criminal enterprises. The author allows his lead characters to ever so carefully place the puzzle pieces of potential evidence side by side, turning them around until they begin to fit. Eventually, the past and the present meet and the answers to the mystery’s questions are found.

Just as engaging as the fast-action, hard-driving and suspenseful plot is the maturing relationship between Matt and J.D. They have moved closer to the full trust that allows their deep love to flourish. Always happy to be with one another, they also know how to allow the much-needed “space” or independence needed for a healthy relationship. For all his desire to protect J. D., Matt recognizes and suffers through her need to meet her responsibilities and handle the risks of her profession.

H. Terrell Griffin’s craft reveals a relaxed sense of confidence. While most of the story unfolds through Matt’s first-person narration, there are occasional switches in point of view that enhance the reader’s insights and broaden the scope of sensibility. For all that is frightening and ugly in “Found,” for all of the pulsing energy, there is something comforting about the caring relationships and tonic humor that are hallmarks of Mr. Griffin’s vision. ■

— Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, is a poet, critic and freelance writer with 20 books to his credit, including several studies of war literature and a creative writing text.



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Vintage motorcycle festival Feb. 8-9 in downtown West Palm

SPECIAL TO FLORIDA WEEKLY

Hear it? The vroom, vroom, vroom of vintage motorcycles? Well, not yet but soon.

The West Palm Beach Downtown Development Authority and Palm Beach Gardens-based Vintage Iron Club, along with Ace Cafe London, have announced that they are bringing one of the largest-growing cultural movements to Palm Beach County: the Inaugural Iron & Clematis Vintage Motorcycle Festival, an event the organizers promise will be one of the largest vintage motorcycle festivals held in Florida.

The family festival kicks off on Feb. 8 at 2 p.m. and goes until 9 p.m., on the closed-down 500 block of Clematis Street in downtown West Palm Beach, and is for motorcycles and scooters 25 years or older.

Festival organizers expect over 250 vintage bikes. Trophies will be awarded for best-in-show bikes, a vintage fashion show is set for sunset, stage lectures will be presented on the history of motorcycles and Cafe Racers, and more than 25 national and local vendors will display their goods.

The event also promises live music from the Buckleheads, Morgan Bernard Band, Slip and the Spinouts, & The Riot Act. After-parties at O'Sheas & Longboards will feature more live music.

Admission is free, and parking is available nearby.

On Sunday, Feb. 9, Palm Beach International Raceway will host "Vintage Track Day Sunday," with a full day of moto activities. Bikers are encouraged to meet at O'Shea's & Longboards in downtown West Palm Beach from 8 a.m.

to 10 a.m. to head to the track where high speed pros will be on the course throughout the day, and vintage motorcycles will be allowed on the track for street speed-style parade laps and or Fast Track simulated racing.

More than 25 local and national vendors will be on site, and the Ace Cafe Pavilion will be open all day with views of the track, food and beverages for sale, and the iconic Ace Cafe merchandise. Admission to Ace Cafe is free.

The festival will donate a portion of the profits to the Canine Companions for Independence, the largest U.S. non-profit provider of assistance dogs for people with disabilities. Visit www.cci.org.

This is a family event for people who enjoy vintage motorcycles with a gentleman's touch, and an opportunity to explore custom and restored motorcycles with vintage-themed entrainment throughout the day.

For a roster of festival events, see facebook.com/VintageIronClub. ■



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KUVITTELE RAUHA 想像世界有了和平

STELL DIR VOR ES IST FRIEDEN HUGSA SÉR FRÍÐ

TUFIKIRIENI AMANI KÉPZELD EL A BÉKÉT

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AN ARTIST'S LIFE



A still life of pears by Barry Seidman

COURTESY PHOTO

In this series of occasional stories, visual and performing artists discuss their work habits

SPECIAL TO FLORIDA WEEKLY

Barry Seidman started his career creating commercial art.

You've seen his photography just about everywhere — his ad for Smirnoff's Orange Twist vodka has passed into legend.

But Mr. Seidman, who lives in Palm Beach Gardens, has made the transition from commercial to art — “the transition that only took a lifetime,” he jokes.

He has completed a so-called “photobiography,” an assemblage of photographs from 18 of his fine-art series. Titled “New Eyes”, the 7-pound, 395-page volume is offered as a limited edition book that is signed and numbered and includes an original print. It is available through his studio, or the Cultural Council of Palm Beach County.

“This book is a reflection of who I am, as an artist and a person, through my work over the last few decades,” he says. Check out his website at barryseidman.com.

What inspires you to work on your art? If I were more verbal I would write. I am a visual person, and must express myself with my personal vision. My brain fills through my eyes. The only way I have of getting it out of my system is with my camera. The work I produce is more akin to a painter in a studio rather than a photographer making snapshots. I choose not to go out into the world and bring back what I've seen, but to start with an idea, pre-visualizing and then executing it. I see that which is often overlooked. Highlighting what I

see and how I see it, the finished work is then presented in a very large format, inviting the viewer to walk in my landscape. I want others to see what they otherwise might have missed.

Is there anything special you do to spark that inspiration? Inspiration sometimes is very elusive and hard to come by. Sometimes inspiration is so fleeting it will last only moments, and other times I think it will last forever. I feel sometimes that I have hit a brick wall and will never have an idea again. That's when I become frustrated and have to search within my head for inspiration. Concepts often come in the middle of the night and shatter the blackness with the light of an idea. Still life, which is mostly what I do, affords me the luxury of working alone and gives me ultimate control to subtract the unnecessary and create images that become an illusion of simplicity.

When do you typically work? I work when those overwhelming urges of inspiration wash over me. It can be anytime: early, late, night, day. I start out in a darkened studio with a camera, some lights and a concept, which can be anything from a major production to a grain of sand. I don't know where or when my next inspiration will come, but when it does I better be ready.

When do you know it's time to put the work away? Fine art is finished when you say so. Commercial art is finished when your client says so. After years of a successful advertising photography career, I now need to focus on photography that expresses my vision and is completed only when I feel that vision has been achieved. ■

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PALM BEACH SOCIETY

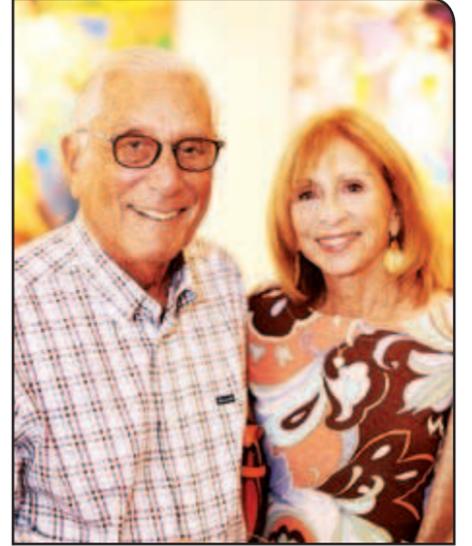
Onesimo Fine Art exhibition reception for artist Hessam Abrishami, PGA Commons



Hessam Abrishami



Judi Watson, Kaleigh Watson and Jean Fontaine



Saul Offit and Ann Offit



Lana Arnold and Linda Marchese



Judy Singer and Ira Singer



Lukasek Darnoscz and Kal Gerb



Amy Boyd and JJ Walsh



Lynn Kaston and Arnold Kaston



Christine Sullivan, Donna Lewis and Sue Beckerman



Sherri Valentino and Lori Lang



Hessam Abrishami and Debra Onesimo

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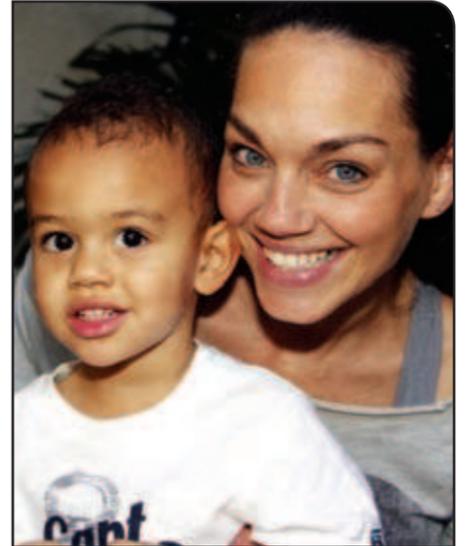
Christmas party with snow for kids at the Palm Beach Children's Hospital at St. Mary's Medical Center



Paul Walker and Sophia Walker



Tommy Comfort, Patti Comfort and Roma Comfort



Sheree Swanson and Dayson Swanson



Jayla Littleton, Ciairra Canady, Jamari Doakes, Santa Claus and Janae Littleton



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PALM BEACH SOCIETY

PartiGras, grand opening of the iClub at PGA National Resort & Spa



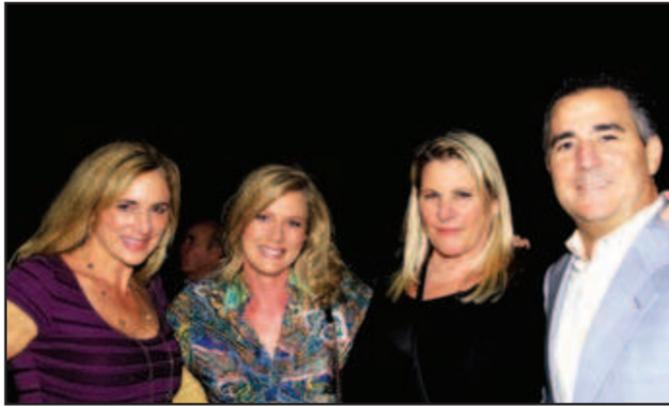
Bill Horn, Kathy Casper and Tamara Aull



Mike Trim, Polly Pepper and Tiffany Trim



Ron Jangaard and Lynne Jangaard



Carrie Deitz, Valarie Nichols, Carol Munzenrieder and Andrew Deitz



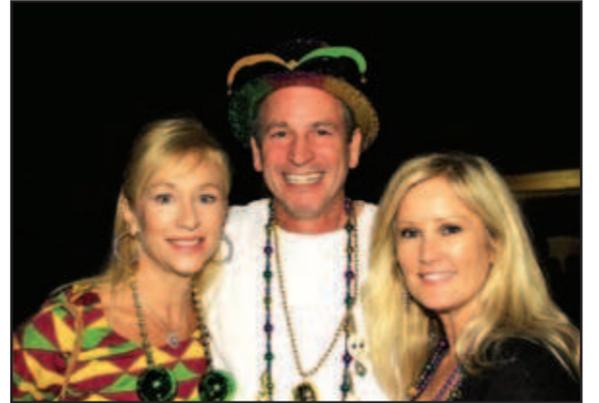
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Mary Colburn and Gwendolyn Boyd



Erin Devlin, Pamela Tombari, Brittney Raymond and Hanna Sosa



Marcy Duckworth, Marc Haisfield and Cana Bellaw



Jennifer Glover, Scott Glover and Laura Lusby



Joani Connor, Clayton Idle and Lindsay Idle



Karen Cantor, Robert Finkelstein and Kevra Finkelstein



Bill Horn and Jill Tiburzio



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PALM BEACH SOCIETY

Joe Barry Memorial Cup at the Palm Beach International Polo Club



Travis Laas and Caroline Roffman



Dina Pizolato, Scott Moses, Ann Bloys and Kristine Nadeau



DJ Irie



Susan Green and Erica Grossman



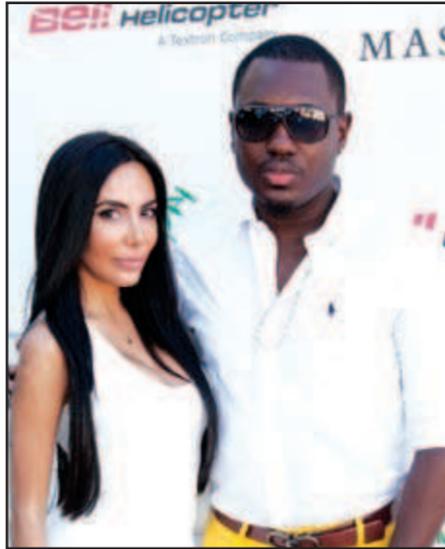
Amy Horrocks, Zac Potter and Brianna Mahler



Elena Terentyeva, Timothy Barton and Aliona Chernaya



Robin Perry and Michele LaCoursiere



Danielle Nicole and Jean Pierre Gaston



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Brooke Eden and John Wash



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LILA PHOTO

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FLORIDA WEEKLY CUISINE



Testa's opened its current location in 1946. Its interior looks much as it did then.

In the kitchen with... **TOM TESTA,** Testa's Palm Beach

BY LOREN GUTENTAG
lgutentag@floridaweekly.com

Many restaurants come and go, but Testa's of Palm Beach has stood the test of time. Surviving many challenges, including hurricanes and fires, Tom Testa says that there is nothing more important than maintaining what his family has built.

"I am very fortunate because most of what we do here was put in place by my father and uncle," says Mr. Testa. "We stay current with the food trends, but at the same time we make sure to stay true to the original vision of the restaurant."

Tom Testa, a descendant of Michele Testa Sr., the founder of Testa's in 1921, says that he has been working in the family business since the age of 12.

He remembers a time when Palm Beach was a small beach town. The restaurant used to house its workers in buildings a block north of the restaurant. There were buildings filled with efficiency apartments that faced the ocean back in the day.

He attended Cardinal Newman High School in West Palm Beach and remembers when that school, west of Congress Avenue, was out in the country. When the Palm Beach Mall was built in 1967, his relatives said no one would want to venture that far west.

Of course, they have been proven wrong on that. But they found a formula that worked for running a restaurant.

Growing up in Palm Beach, learning about the restaurant business and interacting with customers made Mr. Testa fall in love with the industry.

Although he went away for college — Mr. Testa attended Southern Methodist University in Dallas — he says his plan always was to return to Palm Beach to work in the restaurant and continue his family's history.

Testa's started 93 years ago as a small soda fountain in the Old Garden Theater in Palm Beach, just down the street from the restaurant's current location.



PHOTOS BY SCOTT SIMMONS/FLORIDA WEEKLY

Tom Testa grew up working at the family business, Testa's Palm Beach. His grandfather first opened the restaurant in 1921.



COURTESY PHOTO

Michele Testa Jr., Tom Testa's father, and Michele's brother, Joe Testa, stand at the bar with an unidentified woman in 1947.

Testa's later moved to the space that now is Nick & Johnny's, and has been in its current digs since 1946. The family also has a restaurant in Bar Harbor, Maine, which was created to operate seasonally.

"When we opened the location in Bar Harbor, our motto became pines in the summer, and palms year-round," says Mr. Testa.

Family is the No. 1 theme of the restaurant; not only are staff members treated like family, but customers become family as well.

"We have a scrapbook set up in our main dining room that shows our customers the history of where we started versus where we are today," says Mr. Testa. "We leave it on display so that

our customers not only feel like they are part of our family but also so that they know they are contributing to the history of our restaurant."

With an Italian-inspired background, Testa's serves everything from classic Italian dishes to seafood, steaks and brunch.

"Everything is fresh and made to order here," says Mr. Testa. "We know that food is cyclical, so we change the items on our menu to fit our customers' taste buds."

Allison Washart, the marketing and sales director, also says that they have kept menus from previous decades as a reminder of foods that were once popular.

Similar to the fashion world, Ms. Washart says that the cuisine trends are constantly changing.

"Sometimes we bring dishes back that worked years ago," says Ms. Washart. "If it worked once, then most likely it will be popular again."

Testa's prides itself of being a place for which people can dress up or dress down.

"There's nothing that I love more than interacting with the customers and making sure they are having a great experience," says Mr. Testa. "I love what I do and I am fortunate to be able to keep this business going."

Name: Tom Testa

Age: 54

Original Hometown: Palm Beach

Restaurant: Testa's Palm Beach, 221 Royal Poinciana Way, Palm Beach; testasrestaurants.com or 832-0992.

Mission: "Our mission here is to maintain what my family has built while being mindful of food trends and changes in taste. We also reach out to the area's business clientele where we offer valet parking for a quick sit-down breakfast and lunch or curbside pick-up."

Cuisine: Steak, seafood and Italian-inspired cuisine.

What is your footwear of choice in the kitchen? "I started wearing Shoes for Crews about six years ago," Mr. Testa says. "Before that, I would wear dress shoes around the restaurant and sneakers in the kitchen. After a while, it takes a toll on your body."

What is your guilty culinary pleasure? "I love Russo's Subs."

What advice would you give someone who wants to be in the restaurant business? "If you want to be in this business, then you have to be ready to be on call 24/7. It is a hard business to be in because your schedule is opposite from everyone else — while most people are playing, you will be working. You either love the business, or you don't." ■

THE DISH

Highlights from local menus

The Dish: Taco Salad

The Place: Nature's Way Café, 11911 U.S. Highway 1, Suite 103, Juno Beach; 627-3233 or natureswaycafe.com

The Price: \$8.50

The Details: Nature's Way Café has been a go-to place for us for more than 25 years, but we had no idea this location was tucked away in an office building along U.S. 1.

It was rainy and cool — not really a day for salad, but anything else would have been too much.

The chicken chili on this salad offered warmth and the bed of romaine provided a fresh touch. In between, there were layers of mild salsa, chips, jack and cheddar cheese and plenty of crunch from tortilla chips, making it refreshing and hearty, all at the same time. ■

— Scott Simmons



SCOTT SIMMONS/FLORIDA WEEKLY


202 ECHO DRIVE

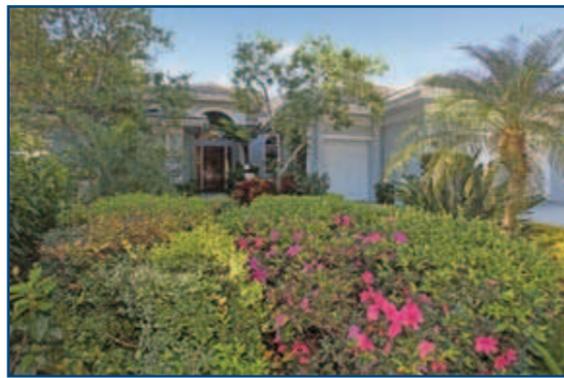
Situated on a nearly half-acre lot. 3BR/3.5BA, 3758 SF home with den, exercise room plus incredible water and golf course views. Marble floors, crown molding and crystal chandeliers. Oversized backyard with south exposure plus heated pool. Web ID 3224 **\$1.875M**


116 TERRAPIN TRAIL

Stunning custom 4BR/5.5BA home with pristine lake views. Light and bright. Relaxing Florida room with wall to wall sliding glass doors overlooks tropical pool/spa area with summer kitchen. Master suite with large balcony. Close to clubhouse. Web ID 3032 **\$999K**


216 LOCHA DRIVE

One of the only remaining custom estate lots. With rear SE exposure, this parcel offers golf and water views. Two lots that can also be subdivided. Web ID 3037 **\$2.495M**


100 TERRAPIN TRAIL

Custom built 4BR/3BA sits on an oversized lot. Ideal for vacationing or full time residence. 14' ceilings and hardwood floors. Master suite offers lake views. Web ID 2938 **\$1.099M**


123 ECHO LANE

Charming 3BR home on cul-de-sac with golf views. Overlooks 16th hole. Lovely outdoor entertaining area with screened lanai. Renovated kitchen. Web ID 3012 **\$1.199M**


152 SOTA DRIVE

Desirable oversized lot with lake views. Full set of architectural drawings for a custom estate incl. Luxury golf club community with all the amenities. Web ID 2853 **\$749K**


107 SOTA DRIVE

Rare opportunity to build your dream home on this vacant lot and a half. Beautiful lake views with a desirable southeastern exposure. Web ID 2822 **\$749K**


118 WEOMI LANE

Immaculate 3BR/3BA home including courtyard with heated pool/spa perfect for entertaining. Impact glass, French doors & marble floors. Web ID 2878 **\$699K**

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