

PALM BEACH GARDENS & JUPITER

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WEEK OF DECEMBER 5-11, 2013

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Jane Mitchell talks about chairing the Kravis Center board, creating the paradigm for surgical power tools and saving a certain aquamarine that now resides at the Smithsonian

Polished PERFECTION

▲ The Kravis Center

▲ Jane Mitchell

JANE MITCHELL MAY BE THE KRAVIS CENTER'S MOST ENTHUSIASTIC advocate. That's just what you might expect from Ms. Mitchell, the performing arts center's new board chair. But there is nothing highfalutin about her personal style, never mind that she helped create the paradigm for surgical instruments and last year made history by donating the world's largest cut aquamarine to the Smithsonian Institution. When she arrives at the Kravis, she breezes in the front door, extends her hand and in a voice that reveals her

SEE PERFECTION, A8 ►

STORY BY SCOTT SIMMONS • SSIMMONS@FLORIDAWEEKLY.COM

COURTESY IMAGES

Old craft of sailmaking requires new techniques; same calm ability



COURTESY PHOTO

John McNally and daughters stand near a boat sporting one of his creations.

BY TIM NORRIS

tnorris@floridaweekly.com

Sails can carry a person and a family almost anywhere, given a craft and water underneath, sometimes even on dry land, if John McNally's life and work are any guide. They can take you into trouble and pull you out of it, too. They can pay the bills. They can soothe your soul or roil it up. Wits, wisdom, reflexes, patience, you'll need them all.

Behind a curtain of greenery along 121st Terrace North on Jupiter's far west side, Mr. McNally's sail-making loft encloses a maritime realm, not just a business called

Gulfstream Sailmakers but a trade and a calling.

Some sailing is solitary, celebrated in solo boats and epic voyages. Mr. McNally's one-man enterprise, lonely as it might seem, brings a flotilla of kindred spirits. Sails, the making and the using of them, have carried him across the state and around the Gulf and Caribbean, into Atlantic and Pacific, through storm and straits, fair winds and foul.

At work, with family near, he inhabits a more peaceful place.

A breeze ruffles the tall pines, dropping

SEE SAILMAKER, A22 ►

INSIDE



New onstage

Palm Beach Dramaworks opens a "Lion" and it's all about "Annie" at the Maltz. **B1** ►



Networking

See who was out and about in Palm Beach. **A22, A24** ►



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A look at the long-range cost of Obamacare. **A20** ►



Antiques

That antique may be the work of a noted artist. **A12** ►

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COMMENTARY

Nonprofits all a-Twitter



leslieLILLY

lilly15@gmail.com

If social media did not catch your attention before, the rollout of the Twitter IPO stock offering surely did. After the sale, the company is valued at about \$29 billion dollars, even though it has yet to make a profit.

However, with 232 million active users reported, there is cause for hope it will.

ABC News predicts that a new wave of social media IPOs will follow Twitter, inspiring more frenzies. Users of social media continue to explode in number because the services migrate so easily for use on smart phones and tablets. Charities see the power of the new tools and their use of social media outpaces the private sector.

Nonprofits have had to struggle initially to get their boards on board, create the internal infrastructure necessary to manage and staff the functions, and acquire and master the competencies to make it all worthwhile.

It is not one-size-fits-all and there are multiple options, including message boards, blogs, social networking, podcasts and video. Social media explodes the ways and means charities can reach out and communicate to diverse audiences; and provides anytime-access to information and news about the organi-

zation.

The three applications used commonly by charities include Facebook, Twitter, and YouTube. Facebook is a user-friendly way to increase the visibility of organizations on the web and invite a more informal means of staying in touch and communicating with their "friends."

Twitter allows the interaction of people, events and interests, and pushes out content in micro-messages to attract and grow a community of "followers." YouTube allows the uploading and screening of original videos that an audience of billions accesses freely, and according to Nielsen, reaches more U.S. adults from ages 18-34 than any cable network.

Development staffs see enormous fundraising potential in the use of social media.

An organization can build its brand and visibility before a vast new audience of prospective donors. Nonprofits commit to social media platforms, not so much to better serve current donors but rather more to anticipate a new generation of giving.

Millennials — the young people born during the period from approximately 1980 through 2000 — expect to get their information and do their business online. Social media is the communications platform of choice for appealing to this next generation of prospects.

Nonprofits can bridge the generational, donor divide and straddle the threshold separating the new world of web-based communications from more

traditional marketing methods, but the stretch to accommodate both approaches is not easy. Resources are finite.

An added challenge is that social media requires nonprofits to exercise and strengthen organizational "muscle groups" they either do not have or have little experience re-applying for these purposes.

The barriers are multiple: There is not enough staff skills, time and know-how. There is not enough technical knowledge. There is too little familiarity with the mediums. The almost instantaneous obsolescence of social media communications absorbs enormous energy. People are skeptical and question the value and return on the time and trouble invested. Risk is higher in interacting with an opinionated public, and the real killer is the realization what is new soon grows quickly old again and the race to keep up is never over.

It is a long, slow slog for nonprofits making the transformation. There is a heavy dependency on traditional methods of communications — snail mail, print reports, brochures, newsletters, ads and public service announcements, broadcasts on radio and television.

Board members now tend to be a print-loving generation reluctant to give up their preference for hard copy. It is a challenge for nonprofit managers to sort all this out and still have time to get their work done, but the incentives are high to succeed.

The value and worth of social media

is, like the Twitter IPO, based on the magnitude of its potential to yield future returns.

It is not a level playing field among charities to all get online and get going. Large nonprofits have the budgets to support the expertise and firepower necessary to design and launch successful, online marketing and communications campaigns. Small- to mid-size organizations rarely have the same flexibility.

They face higher stakes in making the trade-offs necessitated by a limited budget and smaller staff; and choosing between short and longer-term goals and priorities for investment.

The effective use of social media is a higher mountain to climb in these circumstances, but offers, in the long term, a more cost-efficient, effective way to reach out to a new generation of prospective donors — the new philanthropists destined to take center stage are all about connecting with people and interests through access to the digital world. ■

— Leslie Lilly is a native Floridian and past president and CEO of the Community Foundation for Palm Beach and Martin Counties. Her professional career spans more than 25 years in the charitable sector, leading major philanthropic institutions in the South and rural Appalachia. She resides with her family and pugs in Jupiter. Email her at lilly15@gmail.com and follow Lilly on Twitter @lilly15.

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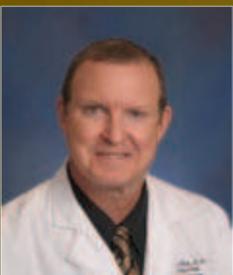
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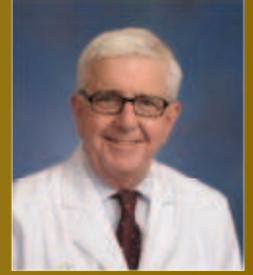
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OPINION**The new climate deniers**

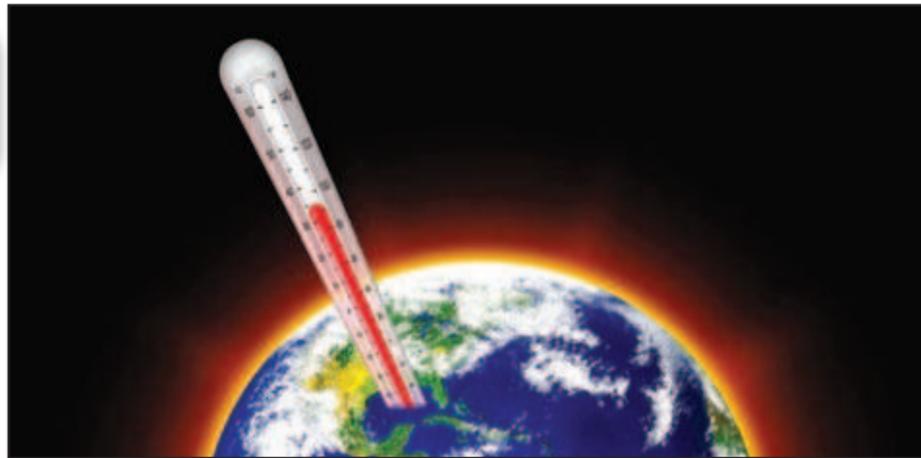
There are few things sadder than the “climate denier.” He ignores the data and neglects the latest science. His rhetoric and policy proposals are dangerously disconnected from reality. He can’t recalibrate to take account of the latest evidence because, well, he’s a denier.

The new climate deniers are the liberals who, despite their obsession with climate change, have managed to miss the biggest story in climate science, which is that there hasn’t been any global warming for about a decade and a half.

“Over the past 15 years air temperatures at the Earth’s surface have been flat while greenhouse-gas emissions have continued to soar,” The Economist magazine writes. “The world added roughly 100 billion tons of carbon to the atmosphere between 2000 and 2010. That is about a quarter of all the CO2 put there by humanity since 1750.” Yet, no more warming.

The Economist has been decidedly alarmist on global warming through the years, so it deserves credit for pausing to consider why the warming trend it expected to continue has mysteriously stalled out.

The deniers feel no such compunction. A denier feels the same righteous sense of certitude now, when warming has stopped, as he did a decade ago. *Washington Post* columnist Eugene Robinson recently opined that “sensible people accept the fact of warming” — but appar-



ently not the fact of no-warming. He scorned those “who manipulate the data in transparently bogus ways to claim that warming has halted or even reversed course.” Does he include James Hansen, the famous NASA scientist, among these dastardly manipulators? No one this side of Al Gore has warned as persistently about global warming as Hansen. He nonetheless admits that “the five-year mean global temperature has been flat for a decade.”

None of this means that the Earth didn’t get hotter in the 20th century, or that carbon emissions don’t tend to create a warmer planet, or that warming won’t necessarily begin again. It does mean that we know less about the fantastically complex global climate system than global-warming alarmists have been willing to admit. The Economist notes the work of Ed Hawkins of the University of Reading in Britain. He has found that if global temperatures stay the same for a few more years, they will fall below the range of 20 climate models. In other

words, the scientific “consensus” will have been proven wrong.

Why the stall in warming? According to *The Economist*, maybe we’ve overestimated the warming impact of clouds. Or maybe some clouds cool instead of warm the planet. Or maybe the oceans are absorbing heat from the atmosphere. Although the surface temperature of the oceans hasn’t been rising, perhaps the warming is happening deep down. James Hansen thinks new coal-fired plants in China and India, releasing so-called aerosols into the atmosphere that act to suppress warming, may be partly responsible for the stasis in temperatures.

Hey, but don’t worry. The science is all “settled.”

What is beginning to seem more likely is that the “sensitivity” of the global climate to carbon emissions has been overestimated. If so, the deniers will be the last to admit it. ■

— Rich Lowry is editor of the *National Review*.

Talking turkey about climate change

Another extreme weather event disrupted one of the most popular traditions here in the United States, Thanksgiving. Meteorologists at The Weather Channel named the winter storm Boreas, after the ancient Greek god of the north wind, the bringer of winter. They report that at least 14 people have been killed by the storm, and 58 million people have been impacted. Boreas dumped snow and freezing rain across the northeast of the country on the busiest travel days of the year. TV weather reports follow a standard format: the intrepid crew stands alongside a snowy highway or at an airport with stranded passengers. Why not use these fossil-fueled backdrops as an opportunity to discuss climate change? Why not talk about how our lifestyles, so profoundly dependent on greenhouse gas emissions, from driving cars to flying in planes, contribute directly to disruptive weather?

Climate science predicts that, as the planet warms, extreme weather events of all types will increase in their frequency and their severity. The Tyndall Centre for Climate Change Research is an organization based in Britain, bringing together scientists and other experts to research, assess and communicate the unfolding realities of global warm-

ing. Scientists from the Tyndall Centre attended last week’s United Nations climate summit in Warsaw, Poland. Kevin Anderson is the deputy director of the center. While Warsaw is a two-hour flight from Manchester, he spent 23 hours in transit, taking trains.

“The carbon dioxide emissions from flying... it’s sort of emblematic of modern life, for the wealthy few of us, that it symbolizes what we do, day in, day out. We don’t think twice about burning more and more carbon,” Anderson told me. He says a radical shift is needed, immediately, in how we live our lives, in order to avert climate-change-related disaster. “If you sit in on the big plenary sessions, what you hear are these ministers with sort of platitudes and ‘We must do something about it’ — all motherhood and apple pie... we have our cake, and we can eat it. The science is showing this is completely misguided,” Anderson said of the U.N. climate negotiations.

The conference grants one member of the youth delegation time at the podium. This year, Marian Hussein Osman, a Somali youth climate activist from Mogadishu, addressed the crowd: “Where human existence is non-negotiable, you’ve made a 21-year wager on our future. ... Greed and the petty interests of a minority should not rob us of what have become inarguably inalienable human rights. With our homes, livelihoods and even geophysical existences at risk, raised ambition on climate change is not optional; it is vital.”

Near the end of the summit, close

to 800 people walked out, declaring Warsaw the worst summit to date. They wore signs reading, “Polluters Talk, We Walk,” since the UN process in Warsaw was, for the first time, co-sponsored by the coal and petroleum industries. As the hundreds of NGO representatives and activists gathered for the walkout in the atrium in Warsaw’s National Stadium, the site of the climate summit, Kumi Naidoo, the executive director of Greenpeace International, took the microphone: “Our message to our political leaders: Understand that nature does not negotiate. You cannot change the science. And we have to change political will. And it’s within their capacity to do that, and they cannot drag their feet any longer.”

Those who walked out wore a second message as well: the Spanish word, “Volveremos,” and its English translation, “We Will Be Back.” Jamie Henn of 350.org captured the spirit of the walkout, and the collective pledge among those gathered to intensify grassroots organizing, on a global scale: “We’re beginning to figure out that to make progress on climate, we can’t just come to these conferences and ask leaders for action; we really need to take on the industry itself.” ■

— Amy Goodman is the host of “Democracy Now!,” a daily international TV/radio news hour airing on more than 1,000 stations in North America. She is the co-author of “The Silenced Majority,” a *New York Times* best-seller.

HOLIDAY HOURS



DECEMBER 2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			05 10am - 9pm	06 10am - 9pm	07 9am - 10pm	08 11am - 7pm
09 9am - 9pm	10 9am - 9pm	11 9am - 9pm	12 9am - 9pm	13 9am - 9pm	14 9am - 10pm	15 10am - 8pm
16 9am - 10pm	17 9am - 10pm	18 9am - 10pm	19 9am - 10pm	20 9am - 10pm	21 8am - 10pm	22 9am - 9pm
23 9am - 10pm	24 8am - 6pm	25 Christmas Day Closed	26 8am - 9pm	27 10am - 9pm	28 10am - 9pm	29 12pm - 6pm
30 10am - 9pm	31 10am - 6pm	01 JANUARY 2014 10am - 6pm				

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PET TALES

Here comes Santa Claws

No matter which holiday you celebrate, these tips will help keep your pet safe

BY DR. MARTY BECKER AND
KIM CAMPBELL THORNTON

Universal Uclick

One of my most memorable holiday cases was the Labrador retriever puppy (what else!) who had swallowed an entire string of Christmas tree lights. When he was brought in, gagging, I opened his mouth and could still see the plug, far in the back. I have to admit that it was tempting to anesthetize him, plug it in, and see if an ethereal glow from the body would tell us where in the gastrointestinal tract to look for the lights. This was a case that called for a specialist, though. We didn't have the imaging or endoscopic equipment to locate and remove the lights.

Sometimes, it's almost as if pets think the holidays aren't complete without a trip to the emergency room. They suffer electroshock burns of the mouth from chewing on Christmas tree light cords, devour whole plates full of fudge, eat the toxic mistletoe berries off kissing balls, and raid the trash for the string used to wrap the turkey or ham. We've seen it all, and we don't want you to have to. The following tips will help you keep your dogs and cats safe, whether you celebrate Christmas, Hanukkah, Kwanzaa or Festivus.

■ Cover garbage cans securely or place them up high or behind closed doors. Eating cooked bones or the

paper or string used to wrap meat can cause intestinal obstructions or injuries. Nobody wants to spend what should be a festive day waiting to hear the results of a pet's emergency surgery.

■ Replace live holiday plants with artificial ones. Amaryllis, holly, lilies and mistletoe all have varying degrees of toxicity. If you're lucky, your pet will simply nibble on them and then throw up the greenery in the middle of Uncle Marvin's long-winded story about his visit to the Grand Canyon. But in a worst-case scenario, your pet could suffer severe vomiting and diarrhea, difficulty breathing, or even death in a matter of hours.

■ Tether the tree. What self-respecting cat isn't going to climb the Christmas tree? To keep it upright, use fishing line to anchor the tree to the ceiling. Surrounding the tree with an exercise pen — tastefully decorated, of course — will further protect it from marauding dogs or curious kittens.

■ Say "no" to tinsel and ribbons. Cats, and sometimes dogs, love to play with the shiny strands, but if swallowed, they can cut or obstruct the intestinal tract.

■ Go electric. Burning candles are beautiful, but it takes only the swish of a dog or cat tail to knock them over, causing burns or starting fires. Use flameless candles instead.

■ Avoid shock and oww. Coat electrical cords with Bitter Apple or wrap them in tough cable covers to prevent curious



pets from chewing on them.

■ Scent sense. Scent diffusers and potpourri contain highly toxic essential oils. Pets who lap up the spilled liquid or ingest large amounts of potpourri can suffer severe burns to the mouth and esophagus or other serious internal injuries. Keep containers away from pets, and wipe up spills immediately and thoroughly.

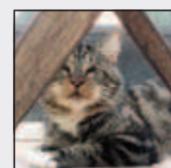
■ Provide a retreat. Make sure your pet has a quiet place, such as a crate or little-used room, where he can go to get away from visitors, loud holiday music and the high-pitched squeals of children.

■ Is it safe to put a Santa cap or antlers on your pet? Your call. How vengeful is he? But the best way to enjoy the holidays with your pet is to schedule some extra cuddle time in front of the tree. A nice, long ear scratch will help both of you survive the season. ■

Pets of the Week



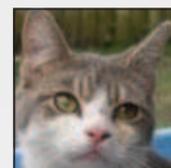
>> Amos is a 7-year-old neutered Labrador Retriever. He loves people and like to play. It would be best if he is the only pet in the house.



>> Guy is a 2-year-old neutered domestic shorthair. Sightless from birth, Guy uses his whiskers and ears to "see" and gets around fearlessly. Wearing a harness Guy loves going outdoors on his leash. He needs to be the only pet in a household without small children.

To adopt:

The **Peggy Adams Animal Rescue League**, Humane Society of the Palm Beaches, is located at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspb.org. For adoption information, call 686-6656.



>> **Handsome** is a neutered male domestic shorthair, approximately 12 months old. He lost his home when his owner passed away, and would love to be part of a new family. He is very affectionate, and gets along well with other cats.



>> **Frances** is a spayed female long-haired calico, approximately 5 years old. She came to the shelter when her owners lost their home, and is

waiting for a new "forever home".

To adopt:

Adopt A Cat is a no-kill, free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public Mon-Sat, 12 noon to 6 P.M. For additional information, and photos of other adoptable cats, see our website at www.adoptacat-foundation.org, or visit us on Facebook (Adopt A Cat Foundation). For adoption information, call 848-4911 or 848-6903.

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One-year countdown begins for first who need REAL ID

Anne M. Gannon, Palm Beach County constitutional tax collector, alerts drivers born after Dec. 1, 1964, that their one-year countdown to meet the federal REAL ID deadline started on Dec. 1.

Drivers and individuals with state-issued licenses and IDs born after Dec. 1, 1964, have until Dec. 1, 2014 to comply with the law.

A REAL ID will be required to board a commercial flight or enter a federal building. Everyone else, those born before Dec. 1, 1964, are not required to have a REAL ID until Dec. 1, 2017.

"The intent of this law is to help keep us safe from terrorists and improve the integrity and security of state issued driver licenses and IDs," said Ms. Gannon, in a prepared statement. "Secure identification documents are a vital component of preventing another attack on our country like 9/11 and reducing fraud."

How do you know if you have a REAL ID? REAL ID driver licenses and ID cards have a star in the upper right-hand corner. If you don't have a star, your license or ID is not REAL ID compliant.

A REAL ID cannot be issued online or through by mail. Homeland Security requires that you bring specific, original

documents to prove birth, social security and residence. If you've changed your name, for example by marriage, then you'll need additional documents to prove that change, according to Ms. Gannon.

"We want to help people get prepared. This is an easy transaction when you bring the right documents," she said. "We suggest against waiting until the last minute. The December 1, 2014 deadline immediately follows November, our busiest month of the year."

People are also advised to check when their license expires. If it expires after the deadline, plan to renew early. Licenses and ID cards can be renewed 18 months in advance.

In 2010, the Florida Legislature transferred the job of issuing REAL ID compliant driver licenses and ID cards to local tax collectors. The Palm Beach County tax collector has seven service locations that provide driver license services. Online appointments for driver license service are available. Customers can also view wait times at each service location.

Information about documents needed, setting times for appointments and other information can be found at pbc-tax.com. ■



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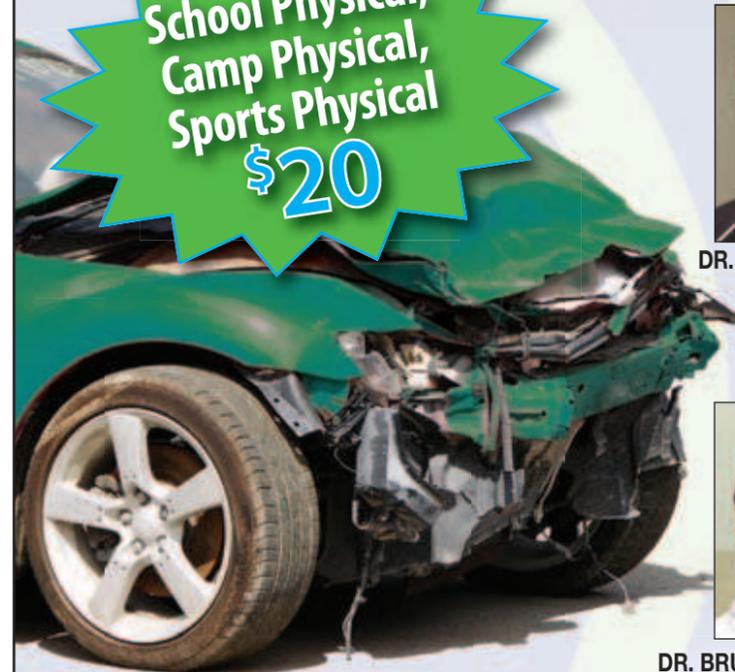
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PERFECTION

From page 1

Oklahoma roots, says, "I'm Jane Mitchell."

And when she heads to the center's Founders' Room for an interview, she pauses to offer a tour of the space, set aside for the Kravis' key supporters.

Perhaps that ability to talk to anyone and everyone is part of what made her successful in business and in life.

Well, that and some creative thinking.

That's what led her to run the family business, Midas Rex, learn about gemology to the point that she has a huge gem in the Smithsonian.

Now, she has turned her attention to the arts in Palm Beach County.

She credits her parents for the creativity. Dad and Mom were academics; Dad was at the University of Oklahoma.

"Going back to the very early days, I was involved with music, with performing arts. My father was a professor of music at a university and one of his assignments in that role was to oversee the touring performing fine arts program," she says after settling into one of the sofas in the Founders' Room. "He allowed me to go with him and to tag along backstage and I got to see and meet, and sometimes as I got older, I was able to assist some with some of the stars that came to town."

It clearly made a lasting impression on the young Ms. Mitchell.

"It just seemed natural to me to have an interest in a performing arts center, and especially such a fine building as this," she says, gesturing to the room. "When it went up, I could see this was not just an amateur — this was really the real thing coming, and I guess I just really felt this was an opportunity for me right here in Palm Beach County."

She has lived in Palm Beach County for 34 years, but before that, she had lived in Germany for a time, and later San Francisco.

Family business milestone

Ms. Mitchell, 65, found her career path when she partnered with her mother and uncle in the 1970s to form Midas Rex, which pioneered the first surgical power equipment.

"There were a lot of obstacles because it was totally new technology to have power equipment in the operating room," she says. "Prior to this technology coming into the O.R., it was all hand tools, things like saws, things like drills, that really were manual tools that were powered by the surgeon's hands and the surgeon's grip and muscle."

In many ways, that was as surgery had been for millennia.

"To introduce power equipment to that arena was totally new and it was, of course, hard to expect a surgeon to walk in on a living patient and try out something brand new," she says. "That obstacle led us to realize there needed to be some kind of training so that surgeons could use the equipment in a non-threatening environment, not in live surgery on a patient, so that they could be comfortable and not have the risks involved with trying it in live surgery."

It was a milestone, she says.

"It not only transformed surgery, it streamlined even a hospital's view of certain surgical techniques," she says.

A procedure to open a skull that once had taken 1½ hours was reduced to a 1-minute procedure, thanks to the Midas Rex drills.

"So you can see how that helped the operating team, the surgeon himself, anesthesia time for the patient, quicker recovery time for the patient because of not so much anesthesia, more sur-



Jeff Bland, curator Jeffrey Post, museum director Kirk Johnson and Jane Mitchell unveil Dom Pedro at the Smithsonian's National Museum of Natural History in Washington, D.C. COURTESY PHOTO

geries per day for the O.R. to be able to schedule, so it had a lot of ripple effects, not just that it was new technology," she says. "It really did cause quite a change in the procedure of that kind of operation."

The family's musical training helped Midas Rex develop a format for training surgeons to use the equipment.

"Our backgrounds as musicians actually came into play because we saw it as the need to practice," she says of the Midas Rex training protocol.

Surgeons "have something new to learn, they're using their hand skills, their dexterity, so this was what we lit on was the correlation between the musical skills, the dexterity training that every musician goes through and applying some of those same ideas and that concept to developing a hands-on training for this new kind of equipment."

The training helped give surgeons the confidence to use the new technology.

"That was the breakthrough because we just could see that surgeons were far too cautious and should be cautious to experiment in live surgery, so we created laboratory training sessions where they could test their ideas, try it themselves and get comfortable with the equipment before using it in the operating room," she says.

Funny thing is, the mechanics of the process were fairly basic.

"The whole idea of the bone drill was created by my uncle. He was a general practitioner but scrubbed in on certain neurosurgery cases," Ms. Mitchell says. "He had seen better, more sophisticated equipment in his neighbor's woodworking shop."

After her mother retired from a career as an educator, she partnered with Ms. Mitchell's uncle in the business.

"She began to travel and I traveled with her and we called on medical centers and particular prominent surgeons in the field," Ms. Mitchell says. "Eventually, my brother came on to run the New York City office. My father also retired from his musical education in the university as the department head, so all of us just kind of kept adding on and eventually it outgrew the family circle. But then we hired Ph.D. consultants who brought the education attitude because we wanted to approach it all from an educational viewpoint."

Settling in Palm Beach County

Ms. Mitchell became chairman and CEO of the company and eventually led the company through its 1998 sale to Medtronic.

Running the company had other perks.

"It's eventually what led me to meet my husband," she says. She met her husband, Jeff Bland, at surgical conferences. "He was doing work for his family. He eventually sold his company to Bristol-Myers, so he was free to join the company."

Selling the company left Ms. Mitchell free to travel for pleasure, instead of work. It also allowed her to spend more time in Palm Beach County, though she also has a home in Wyoming and checks in regularly on her mother, now in her 90s and living in Texas.

"It really was a nice step to realize that I could finally live in this town and not just repack my suitcase when I came to town," she says.

Once she and Mr. Bland were able to settle down for a while, they saw the area's cultural landscape had been transformed.

"We could look around and realize how much this town had changed from when I had first moved here, and to realize that there was a blossoming culture and it was getting better all the time," she says.

She found herself drawn to the area's cultural offerings.

"I wanted to feel this was my hometown and to get to know people here, get to have relationships right here in town. I did a planned research to think about what groups might be of interest and I found those groups representing the cultural center of life, and so it just seemed to me that the Kravis Center was a great fit for me," she says.

Judy Mitchell, CEO of the Kravis Center and no relation to Jane Mitchell, agrees.

"She really has made an effort to educate herself about nonprofits in general and our business in particular. She really is a very thoughtful and studied person," Judy Mitchell says by phone. "Her background is in for-profit business. She recognized early on that there are substantial differences in a non-profit setting and really learned how to home in on that in the efficiency."

The Kravis Center's board oversees a performing arts center that has 100 full-time and 70 part-time staff members,



DONALD E. HURLBURT/SMITHSONIAN INSTITUTION
Dom Pedro measures 14 inches and contains 10,363 carats. Its value has been estimated at \$7 million to \$10 million.

more than 600 volunteers and a \$24 million annual operating budget.

Some business people have a tough time reconciling books that show no profit.

Jane Mitchell chuckles at the thought. "The money that comes in kind of goes right out? Well, I guess it's only the balance that changes," she says.

"A corporation has to spend money to make money, and the difference is that we are guided by a mission, and that's the biggest thing I have come to understand is that we're providing a service."

She joined the center's board in 2006 and has gone on to chair the board's Development Committee and served on the Governance/Nominating Committee.

"She's a very nice woman and a very thoughtful woman. She gives a lot of thought to whatever the project is,

whatever the topic is," Judy Mitchell says. "She's very methodical. That's a good thing with an organization our size."

Much of the Kravis Center's support base has been in Palm Beach.

That also is changing. The center's two previous board chairs, Alex Dreyfoos and William Meyer, live in or near Palm Beach. Jane Mitchell, the center's first female chair, lives in Palm Beach Gardens.

"Our support is actually pretty broad-based," Judy Mitchell says. "She lives in the more northern part of the county. We have board representation from Boca, from Wellington. We have members of the board coming from all parts of the county. It's been a gradual change. It's not a sudden change. It's gradually changed over the years to be much broader to really be seen as a Palm Beach County performing arts center."

Dom Pedro

It's not hyperbole to suggest the Kravis Center is one of the county's jewels, and Jane Mitchell certainly is familiar with all manner of gems.

She studied gemology and earned her full diploma with the Gemological Institute of America.

"That goes back to my being such a heavy traveler and working person in my career that I had no opportunity to be here for a weekly course or constant lecture series, so I was pretty hampered by what I could add to my schedule," she says.

She saw an advertisement for a course in a flight magazine. It was a correspondence course, with occasional hands-on coursework that she could complete when she was in vari-



Jane Mitchell stands with her husband, Jeff Bland, during an event honoring her being named Kravis Center board chair.

COURTESY PHOTO

ous cities for medical conferences. She enrolled in one class as an experiment and was hooked on the power of the raw gems.

"That's the gift of the Earth. Sometimes crystals can be beautiful without a human touch," she says.

Which brings us to a certain aquamarine, Dom Pedro.

Last year, Ms. Mitchell and her husband donated the 14-inch, 10,363-carat gemstone to the Smithsonian Institution, where it is on display near the Hope Diamond. Like the Hope, it is difficult to place a value on Dom Pedro, though it reportedly was offered to the Smithsonian in the late '90s for \$7 million to \$10 million.

It seems as though Dom Pedro was fated to become hers, then ours.

In 1992, when Ms. Mitchell was vis-

iting Idar-Oberstein, a German town known for its gems, she found a jeweler who employed a famous stonecutter.

"I was there the day they bought the rough piece in Brazil and it was because of that it kept my interest to check on it," she says.

She later arranged an exhibit of the piece at Northern Trust Bank in Palm Beach; for a time, it was stored in her vault there.

"It rested in my bank vault and I thought it was really cool that after all those years of my knowing about it, it was in my care for an exhibit in town," she says. "Then I heard they wanted to cut it up."

That started her on a mission.

"Somehow that bothered me, and my husband and I decided it should not be cut up," she says.

That's how she and Mr. Bland ended up owning the stone.

"We purchased it and we owned it for 13 years. We hoped it would always be on display," she says.

Somehow, she knew Dom Pedro was meant for bigger things.

"We had it at home a few times, but we tried not to take any unnecessary risks," she says. "We weren't frivolous with it at all. We didn't want to view it as something that was our private pleasure."

She visits Dom Pedro four or five times a year, and her reaction remains the same.

"The color knocks me over every time I see it, even now. There's something beautiful about it. It's hard to explain. I guess beauty is that way. It speaks. True beauty is recognized. There's something about the color, the clarity, the way the light plays on the cuts," she says.

She knows the stone is where it belongs.

"We get mail from strangers who have been by to visit," she says. "I'm so appreciative that someone might take the time to write a little note about how they enjoyed seeing it at the museum."

Every facet of Dom Pedro tells a story, from the miners who pulled it from the Earth, to people who chose not to cut it up, to the cutters who enhanced its shape.

But it goes beyond that, she says.

"It was developing its own story. In the end, I kind of see it as the final triumph of the piece is the response by the individual viewer."

The same thing could be said of the Kravis Center's product and, perhaps, Jane Mitchell's own uncanny ability to find an audience. ■

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JMC's Peter Gloggner joins Lighthouse ArtCenter board

Peter Gloggner has joined the Board of Directors at Lighthouse ArtCenter.

"Peter's career in healthcare has focused on human resources and relationship building," said Katie Deits, executive director of the Tequesta museum and art school, in a prepared statement. "It is a skill set that will help the ArtCenter as it heads into its second half-century."

Mr. Gloggner, who moved to the area in 2011, is vice president and chief human resources officer at Jupiter Medical Center, a 283-bed hospital with 1,700 employees, 520 active physicians on the medical staff and 700 volunteers.

The medical center also is a nonprofit, like the ArtCenter.

"That gives Peter a unique perspective when it comes to finding ways to grow amid the financial constraints of our business model," Ms. Deits said. He also has implemented diversity programs at the hospitals at which he has been employed.

The ArtCenter's 18-member board oversees a museum and art school that is currently marking its 50 anniversary. It draws members and patrons from all over Palm Beach County and the Treasure Coast.

"It's great to have Peter's fresh perspective at northern Palm Beach County's oldest cultural institution, both as someone who works in the corporate world and a recent resident," Ms. Deits said in the statement.

Before he came to Jupiter, Mr. Gloggner



GLOGGNER

ner was vice president for human resources at Union Hospital in Elkton, Md. He has nearly 20 years of experience in human resources. He is a graduate of the University of Missouri in Columbia, Mo., and holds a Master in Business Administration from William Woods University in Fulton, Mo. He is a member of the Society of Human Resource Management, and has achieved the Senior Professional Human Resources certification. He lives in Palm Beach Gardens.

For more information about the Lighthouse ArtCenter, call 746-3101 or visit lighthousearts.org. ■

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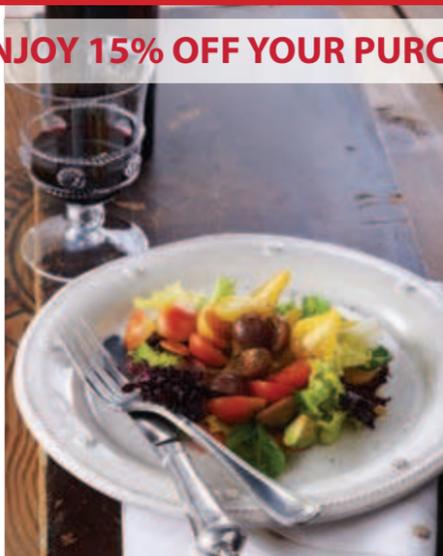
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COMMENTARY

Down these mean streets



rogerWILLIAMS
rwilliams@floridaweekly.com

A long time ago, an investigative reporter named Peter Franceschina pulled up a chair next to mine at the bar, ordered a pint, and slapped down a piece of paper.

"You're always talking about honor," he said, giving the word a slightly corrosive ring. "Ever seen this?"

He'd printed out the words of Raymond Chandler, writing not in one of his hard-bitten detective novels, but in an essay, "The Simple Art of Murder." The words described the character Chandler molded most famously in his fiction.

Chandler: a World War I veteran, a drinker, a man who was clinically depressed. Chandler: arguably one of the great literary stylists of 20th-century American fiction.

When I read the words, I thought they described my friend himself, the frequently solitary Franceschina, along with another friend and investigative reporter, Lee Melsek.

I thought they described my father, too, who was not an easy man to live with — but he was the best man I've ever lived with.

In the 15 intervening years since I took Chandler's passage to heart, I've recognized a few other men and women through his looking glass, as well.

Robert Hilliard, for example, the Sanibel-based novelist, playwright, and professor emeritus. A combat-wounded

World War II veteran, he survived the Battle of the Bulge at 19 to help rescue about 10,000 Jews from American mistreatment in the months following the German surrender.

His daughter, Mara Verhayden-Hilliard.

A Columbia University Law School grad, she could have made millions practicing corporate law or working as a defense attorney for wealthy lawbreakers. Instead, she helped form the Partnership for Civil Justice Fund, in Washington, D.C., to protect the rights of the many.

Laura Germino and Greg Asbed.

Brown University graduates, together they founded the Coalition of Immokalee Workers and spent the last two decades improving the lives of thousands of the most poor and most important contributors to our well-fed society — immigrant and migrant farm workers.

Jeff Cull. A Naval Academy graduate and retired Navy commander who flew jets off aircraft carriers, he decided to become an investigative reporter and later a co-owner and the executive editor of this paper.

Investigative reporters are often unpopular, because often they have to investigate people with power, money and influence who are very popular — which is also true of federal prosecutors.

Especially Doug Molloy.

Molloy: the long-haired, cowboy-booted hotshot of an Assistant U.S. Attorney in Florida's Middle District who retired last month after decades spent busting bad guys in state and federal court.

Molloy: a film expert, a mesmerizing storyteller and writer, an aging but unre-

pentant rock 'n' roller with the ferocity of a warrior and the instinctive lyricism of a poet.

Molloy: an intensely loyal and proud father.

The week he quit, he had both knees replaced. A few days later — suited and booted — he hobbled out to meet me.

"Are you in pain?" I asked.

"This is nothing," he replied. "I've been married three times."

All of these men and women have one thing in common: In the most literal and forceful sense, they're patriots, as worthy of the title as any founding father or mother, or as any Marine or soldier or sailor.

None are flag wavers, however. Instead, they're scarred, starved and barred characters of the most resilient variety. "Everybody has a story," Molloy told me.

Some had parents who weren't perfect. Some had parents who died too young. Some had family members who died too young. Some had spouses who weren't perfect.

And some of them aren't perfect themselves, as hard as that is to believe.

But all of them fly the same imperative banner above their lives.

These are its colors: Insist on the rule of law, the Constitutional freedoms, and equal rights.

Practice personal tolerance and compassion when possible but employ fierce resolve when required.

And finally, always go armed with that single blood-shedding, gut-busting, no-retreat notion: either do the right thing, or go down trying.

When he was 16, he told me, Molloy

ran across the same lines by Chandler that Peter Franceschina shared with me years ago, and I'm about to share with you.

They helped shape his life.

Here's what Chandler wrote:

"Down these mean streets a man must go who is not himself mean, who is neither tarnished nor afraid...."

"He is the hero; he is everything. He must be a complete man and a common man and yet an unusual man. He must be, to use a rather weathered phrase, a man of honor — by instinct, by inevitability, without thought of it, and certainly without saying it. He must be the best man in his world and a good enough man for any world. I do not care much about his private life; he is neither a eunuch nor a satyr...if he is a man of honor in one thing, he is that in all things.

"He is a relatively poor man, or he would not be a detective at all. He is a common man or he could not go among common people. He has a sense of character, or he would not know his job. He will take no man's money dishonestly and no man's insolence without due and dispassionate revenge. He is a lonely man and his pride is that you will treat him as a proud man or be very sorry you ever saw him. He talks as the man of his age talks — that is, with rude wit, a lively sense of the grotesque, a disgust for sham, and a contempt for pettiness.

"... If there were enough like him, the world would be a very safe place to live in, without becoming too dull to be worth living in." ■

KOVEL: ANTIQUES

Famous artists can be part of your collection

BY TERRY AND KIM KOVEL

Special to Florida Weekly

Artists often create many different kinds of art: paintings, etchings, prints, ceramics, jewelry, furniture, marble sculptures, bronzes and perhaps designs for commercial products. So it is possible to buy a piece of jewelry by Alexander Calder for far less than one of his large mobiles. Or an electric fan or pedal car designed by Viktor Schreckengost, who is best known for making the ceramic "Jazz Bowl," an icon that has sold for as much as \$200,000. Works by famous artists can be part of your collection if you buy war bond posters (Norman Rockwell) or advertising figures (Maxfield Parrish) or teapots (Michael Graves). Lockwood de Forest (1850-1932) was an American artist and decorator who worked in the American Orientalist style, influenced by his travels in India and the Middle East. By 1915, he had moved to California, and his paintings were typical California landscapes.

Today collectors are again searching for some of his furniture, jewelry and textiles made after 1879 at the Ahmedabad Wood Carving Co. and later at Tiffany. De Forest's furniture was modeled after chairs he had seen in Indian palaces. It was hand-crafted of teak, brass and other materials. A pair of 1881 chairs designed by de Forest sold for \$242,500 at Bonhams New York in September 2013. But bidding on the chairs may have gone that high because de Forest used them in his own home — and they were later purchased by William Randolph Hearst, the famous newspaper publisher.

Q: I have a picture of a bouquet of flowers painted on porcelain. It is framed and there is a label on the back that reads "A Mottahedeh Design." I would love to know more about it and its value.

A: Mottahedeh & Co. was founded in 1929 by Rafi and Mildred Mottahedeh. The couple had the largest privately held collection of Chinese Export porcelain in the world at that time. The company made reproductions of pieces in the collection as well as copies of other fine china. The reproductions were sold at Tiffany and Co. and gift shops. Mottahedeh also made reproductions of museum pieces, including items made of porcelain, brass, crystal, silver and stoneware. It has made reproductions for the White House, the State Department and several museums and historical sites. The company was sold in 1992, but it's still in business, making reproductions. It has headquarters in Cranbury, NJ. Value of your painted porcelain plaque is about \$150.

Q: My mother saved S&H green stamps in the 1970s, and she used the stamps to get me a bank that looked like a little cash register. It was green and had a panel on the front that read "Uncle Sam's 3 Coin Register Bank." I loved it, but I lost it years ago. In 1996 we bought a house and found the same kind of bank in our attic, but this one is black tin. It has the same front panel. I can read only the bottom of the faded back panel, which reads "Durable Toy & Novelty Co., Division of Western Stamping Co., Jackson, Michigan." Does this toy we found in the attic have any value?

A: Durable Toy & Novelty Co. invented a single-coin Uncle Sam's register bank in 1906. The three-coin version was first made in 1923. It was made of cold rolled steel, and instructions for operating the bank were painted on the back. The bank accepts nickels, dimes and quarters and can't be opened until \$10 has been deposited. Western Stamping Co. bought Durable Toy & Novelty Co. in 1958 and continued to make the three-coin bank until the 1980s. Production was moved to Asia in the 1960s, and the bank was then made of tin instead of steel. The tin bank was made in different enameled colors, including black, green and red. A limited edition was made in chrome in 1981 to celebrate the 75th anniversary of the bank. Your black tin bank was made after 1960 and sells for \$15 to \$25.

Q: I have some old postcards with colored drawings of the head and shoulders of pretty women wearing big hats or Indian headdresses. The pictures are copyrighted by Schlesinger Bros., New York. What are they worth?

A: The Schlesinger brothers were photographers in business in New York from 1907 until the 1920s. The company published greeting cards as well as postcards. The pictures on your postcards are hand-colored



The strange legs and fencelike back on this chair are copied from Indian designs. A pair of these chairs sold in September for \$242,500 at a Bonhams auction in New York. They were created by Lockwood de Forest, who also was known for his paintings and other designs.

photomechanical reproductions of pencil drawings. They also were produced in a large size, suitable for framing and hanging on the wall. Postcards with pictures like yours sell for about \$10 each.

Q: I have a wooden coat hanger marked "W.J. Woods, Springfield's oldest clothing store, established 1848." The "arms" of the hanger can be folded so that it completely collapses for storage. Can you tell me when it was made?

A: The W.J. Woods Co. sold clothing for men and boys. It had stores in several cities in Massachusetts, including Springfield, Worcester, Utica, Providence and Brockton. It was in business until at least the 1920s.

Tip: Use shallow boxes to store dolls. They are not to be piled on top of each other. ■

— Terry Kovel and Kim Kovel answer questions sent to the column. By sending a letter with a question, you give full permission for use in the column or any other Kovel forum. The amount of mail makes personal answers or appraisals impossible. Write to Kovels, (Florida Weekly), King Features Syndicate, 300 W. 57th St., New York, NY 10019.

Jewish federation launches leadership development program

The Jewish Federation of Palm Beach County is launching a new flagship program designed to identify and develop future Jewish leaders. The Bildner-Winer Leadership Succession Initiative, generously underwritten by Joan and Allen Bildner and Marilyn and Michael Winer, will offer inspirational, educational and leadership development programs to a select group of promising individuals in the community. The program will include five training activities, including a one-week journey of discovery to Israel; two two-day domestic retreats; and dinner events.

"We truly believe that investing in the right people pays precious and enduring dividends," said CEO David Phillips, in a prepared statement. "That's why we designed this exciting initiative to allow us to expand our bench strength and continue to lay the groundwork for a vibrant and vital future."

This leadership development program will include interactive education and learning opportunities, including guest lectures, local and overseas site visits, and in-person meetings with top Jewish executives, philanthropists and long-time leaders in the community. Scholars will provide sessions on leadership, team-building and philanthropy, as well as offer tips on how to motivate and engage others.

"The Jewish Federation of Palm Beach County wants to ensure the continuity of dedicated, skilled and knowledgeable leaders who will help carry the Federation into the future and serve on behalf of the entire Jewish community," said Federation President Sandy Baklor, in

the statement.

The group will be limited by design to create a sense of shared commitment and responsibility. Participants are expected to assume a senior level role at the federation when service is requested, make a meaningful capacity contribution to the Annual Campaign, attend a meeting to discuss legacy giving, and be present at all five programs.

"No community can exist and thrive without strong, clear leadership grounded in values and integrity," said Allen Bildner. "It is our honor to invest in this wonderful program that is designed to create the kind of empathetic, strategic leaders of heart and substance who will drive this community forward in the years to come."

Michael Winer added, "Being a leader takes drive and sound thinking, which come from an individual's core values and beliefs. Funding the LSI program is a way in which our family can make an important contribution to the leadership development efforts in our community, and we are pleased to do it."

The cost to participate, including land expenses in Israel for transportation, tour guides, overnight accommodations and meals, will be underwritten for each selected leader. Participants will only be expected to pay for roundtrip airfare. Spouses or significant others are encouraged to attend all of the programs at their own expense.

To volunteer or to nominate someone, contact Dr. Helene Lotman, executive vice president and chief talent officer, at helene.lotman@jewishpalmbeach.org or 242-6659. ■

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Browns' gift to El Sol to fund English classes

A gift of \$70,000 from philanthropists Ann Brown and Don Brown will ensure that the El Sol Resource Center can offer daytime English classes for two more years.

The donation covers salaries of three daytime English teachers and an AmeriCorps computer lab instructor. The free classes are held three days a week and attended by workers waiting to be hired for jobs.

"It is really people like Ann and Donald Brown that help fill such critical needs that benefit the community and we couldn't do it without them," said El Sol Executive Director Jocelyn Skolnik, in a prepared statement. "Their generosity enabled us to expand and sustain the daytime English classes that were cut back last year when budget cuts forced the Palm Beach County School District to end its support of the program."

The Browns' gift is inspired by the couple's lifelong commitment to education for children and adults, according to the statement.

Mrs. Brown, a member of El Sol's board of directors, said, "It is absolutely critical for all immigrants to learn English and for their families to learn English."

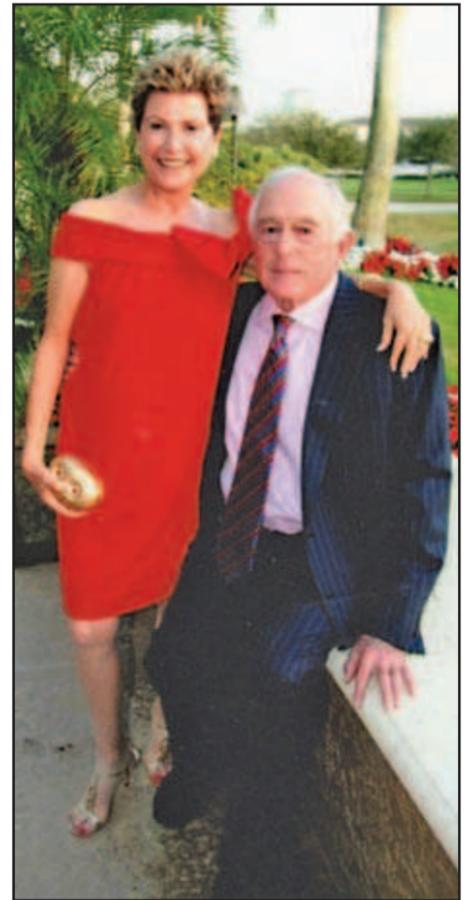
The importance of learning to speak and write English well was ingrained in her at an early age, Mrs. Brown said. Her mother was an English teacher who stressed the importance of proper grammar, she said.

Ann formerly was a two-term chairman of the U.S. Consumer Product Safety Commission in Washington, D.C. As chairman she was recognized for revitalizing the agency and for her caring and concern for the safety of America's families.

She attended Smith College and graduated from George Washington University in Washington, D.C.

Mrs. Brown is a senior adviser to the nonprofit group Safe Kids and previously served on the board of directors of the Hanley Center in West Palm Beach.

The couple has a joint interest in education and in helping people get out of poverty, Mr. Brown said in the



COURTESY PHOTO

Ann and Don Brown

statement.

A retired developer and teacher, Mr. Brown is the son of Russian immigrant parents. He holds law degrees from Georgetown and George Washington University and taught for 12 years at Harvard Business School.

He was founder of the SEED school of Washington, D.C., the nation's first public boarding school, and a second SEED school in Baltimore.

Mr. Brown currently is on the adult education board of Florida Atlantic University and is vice chairman of the board of directors of Palm Beach Dramaworks in West Palm Beach.

The couple lives in Palm Beach Gardens, and has a home in Washington, D.C. ■

Juno Beach unveils 9/11 memorial

The Town council of Juno Beach will unveil and dedicate the new art work that was commissioned by artist Mark Fuller for the "Juno Beach 9/11 Remembrance Project."

The dedication will be held at the project site on Dec. 6 from 5:30 p.m. to 6 p.m. at 340 Ocean Drive, Juno Beach.

For more information, call 656-0326. ■



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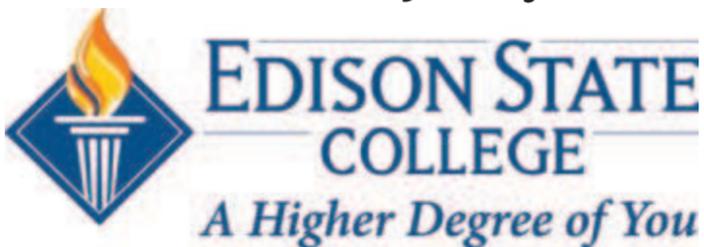
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NEWS OF THE WEIRD

BY CHUCK SHEPHERD
DISTRIBUTED BY UNIVERSAL PRESS SYNDICATE

Something in the air

■ Is the signature smell of Texas A&M University more “Italian lemon, bergamot and iced pineapple” or more “bat feces” and “chilifest stink”? The two commentaries were contrasted in a November *Wall Street Journal* report on the introduction of Masik Collegiate Fragrances’ Texas A&M cologne (one of 17 Masik college clients) at around \$40 for a 1.7-ounce

bottle. Louisiana State University’s scent conjures up, insisted one grad, the campus’s oak trees, but so far has pulled in only \$5,500 for the school. (To a football rival of LSU, the school’s classic smell is less oak tree than “corn dog.”) The apparent gold standard of fan fragrance is New York Yankees cologne, which earned the team nearly \$10 million in 2012. ■

A real ladies’ man

■ Among America’s most prolific “fathers” (in this case, perhaps better considered “egg-fertilizers”) are Nathaniel Smith, age 39, who claimed on TV’s “Divorce Court” in September that he is the father of 27. The late Samuel Whitney’s grown stepdaughter Lexie Woods learned that he claimed 54 before he died in July at age 87. Smith (known in Dayton, Ohio, as “Hustle Simmons”) insisted

that he is a fine father (doesn’t smoke or drink, keeps contact with most of the kids, has “only” 21 child-support orders out), and besides, he told WHIO-TV, “I know of people who have even more than me.” (Among Whitney’s belongings, said Woods, were a “pile” of birth certificates and a stash of maximum-strength Viagra. “He was a likable man, a ladies’ man.”) ■

Collateral damage

■ In October, a 28-year-old man, reeling from a domestic argument in Port Richey, put a gun to his head and, against his girlfriend’s pleas, fired. As a neighbor across the street stood on her porch, the suicide bullet left the victim’s head and made three wounds on the neighbor’s leg, sending her to the hospital.

■ About a week later, on the Norwegian island of Vesteroy, a moose hunter missed his target but hit an obscured cottage in the distance, wounding a man in his 70s as he answered nature’s call. He was airlifted to Ullevaal University Hospital in Oslo. ■

Aerial questions

In November, barely two weeks after a small plane carrying 10 skydivers left no survivors when it crashed on the way to an exhibition near Brussels, Belgium, nine skydivers were able to dive for safety

when two planes headed for a tandem jump collided near Superior, Wis. News stories did not address how experienced skydivers escaped one plane but not the other. ■

Religious services

■ In September, Orthodox Jewish communities once again staged traditional kaporot, in which chickens are killed in a prescribed way for the purpose of “transferring” a believer’s latest sins over to the chicken (whose death banishes the sins). (In many such ceremonies, the chickens are donated for food, but protesters in Los Angeles criticized rogue practitioners who

simply tossed carcasses into the trash.) ■ In November, Miami-Dade County animal services found a severely injured chicken with a family’s 4-by-6 photograph protruding from its chest, having been haphazardly “implanted,” along with a note containing several hand-written names, apparently a casualty of local Santeria services. ■

Too fast for small investors

■ Some Americans still believe that stock market sales are typically made human-to-human, but the vast majority of buys and sells now are made automatically by computers, running pattern-detecting programs designed to execute millions of trades, in some cases, less than one second before rival computer programs attempt the same trades. In September, a Federal Reserve Board crisis involved, at most, seven milliseconds’ time. The Fed releases market-crucial news typically at

exactly 2 p.m. Washington, D.C., time, tightly controlled, transmitted by designated news agents via fiber optic cable. On Sept. 18, somehow, traders in Chicago reportedly beat traders elsewhere to deal an estimated \$600 million worth of assets — when theoretically, access to the Fed’s news should have been random. (In other words, the drive to shave milliseconds off the “speed of light” has become quite profitable.) ■

Potty news

■ Toilets are always a favorite protest symbol, most recently employed by David Labbe, disputing a zoning decision by officials in Augusta, Maine, preventing the sale of his house to Dunkin’ Donuts. To protest, he has begun lining his property with discarded toilets. Augusta-native Labbe says he has given upon his city and his neighbors who fear traffic problems if

a Dunkin’ Donuts opens. On the same day, coincidentally, toilets made news in Los Angeles, where YoYo Li was about to open the city’s first toilet-themed restaurant, patterned after several in Taiwan in which diners squat at tables and eat off commode-shaped serving vessels. ■

Advertorial

7 Things You Must Know Before Putting Your Home Up for Sale

Palm Beach Gardens/Jupiter - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today’s market. The fact of the matter is that nearly three quarters of homesellers don’t get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most

homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled “The 9 Step System to Get Your Home Sold Fast and For Top Dollar”.

To hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-866-274-7449 and enter 2000. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to find out how you can get the most money for your home.

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HEALTHY LIVING

You can fix that unhappy relationship — but it will take work



lindaLIPSHUTZ

llipshutz@floridaweekly.com

Nancy looked at the melted container of Haagen Dazs with disgust. No matter how many times she reminded Ralph, he never used his head.

She stormed into the family room, letting Ralph know — in no uncertain terms — that she'd had it: "Of course, now that the company has left, you're relaxing on the couch and everything gets left for me to clean up! You have absolutely NO consideration at all."

Ralph was furious. Nancy never seemed to notice the efforts he made. He was convinced she RELISHED catching him at fault.

"Can't a guy relax, without hearing about it all the time? I was up early this morning. I set up the chairs. I went to the store for the wine and flowers. But I never get credit for anything I do. All you do is criticize me. I don't know why I bother at all."

From Nancy's perspective, she was the long-suffering wife — misunderstood and rarely appreciated. All she'd ever wanted was a husband who was considerate and appreciative.

Ralph, on the other hand, felt completely demoralized. Even when he did make an effort, Nancy would find fault and jab at him for the things he did not do.

Yes, many of us have been in seemingly impossible relationships.

We may carry a laundry list of the slights and injustices we believe we've endured. We may even feel sorry for ourselves, convinced we're the victims of unreasonable mistreatment.

It's never pleasant to entertain the notion that our attitude and behavior may have a lot to do with the difficulties and distress in our relationships. It couldn't be OUR fault we're not getting along. Or, could it?

Although Nancy and Ralph are a fictionalized couple, a lot of us may sheepishly identify with the described interaction.

Both Nancy and Ralph see themselves as the unappreciated victims in an unhappy relationship.

Nancy doesn't see how her critical negativity may discourage Ralph and deter any motivation he may have to please her. Ralph, on the other hand, may not see that his laxness can be quite irritating and may provoke Nancy's wrath.

In "Feeling Good Together," psychiatrist Dr. David Burns

outlines an approach to human relationships that he calls CIT (cognitive interpersonal therapy.) He states that CIT is based on three ideas.

First, "We all provoke and maintain the exact relationship problems that we complain about. However, we don't seem to realize that we're doing this, so we feel like victims and tell ourselves that the problem is all the other person's fault."

Secondly, "We deny our own role in the conflict because self-examination is so shocking and painful, and because we're secretly rewarded by the problem we're complaining about."

And, "We all have far more power than we think to transform troubled relationships — if we're willing to stop blaming the other person and focus instead on changing ourselves."

"You can often reverse years of bitterness and mistrust almost instantly — but you'll have to be willing to work hard and experience some pain along the way if you want to experience this kind of miracle."

Dr. Burns asserts that, in order to motivate another person to change, "you have to examine your own behavior and see if you're subconsciously fueling the fire." When both parties are at odds and working against each other, they're both also standing in the way of increased intimacy and enjoyment.

Most of us prefer to point the finger and bemoan the fact that we're the victims. Of course, there are always instances where we interface with people who are so difficult or troubled no amount of effort will make a significant difference. However, much of the time, we can be hugely influential in turning disappointing relationships around if we consider approaching the other person in a notably different way.

It takes a tremendous amount of courage and humility to focus inward when trying to improve relationships. However, countless mental health professionals will confirm that focusing on ourselves, and making productive changes in how we reach out to important people may be an important first step. And, when we initiate responsible changes, it may be very gratifying to observe how our partners may soften, and, in turn, respond with genuine efforts of their own. ■

— Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached in her Gardens office at 630-2827, online at www.palmbeachfamilytherapy.com, or on Twitter @LindaLipshutz.

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How to reduce your risk of heart attack this winter



Winter means cooler temperatures and the holiday season, but did you know it also brings an increased risk of heart attack?

Studies show the risk of dying from a heart attack is greater in the winter than at any other time of year, with cardiac mortality at its highest in December and January. While the reasons for the increase in heart attacks are complex — including changes in hormone, stress and exertion levels — you can take steps to reduce your risk.

There are several reasons heart attacks are more frequent in winter.

First, during the winter months, changes in hormonal balances put individuals at greater risk for cardiovascular problems.

In addition, the colder temperatures cause arteries to tighten, restricting blood flow, reducing oxygen to the heart and causing blood pressure to increase, all of which can set the stage for a heart attack, especially in plaque-clogged arteries.

During winter months people tend to exercise and do yard work and other physical activity earlier in the day. Since blood pressure rises naturally in the morning, increased exertion early in the day can contribute to heart attacks.

The flu season also may play a role in the increased number of heart attacks. The influenza virus may trigger inflammation of the heart, which may cause a heart attack.

The holidays may play a role in the increased number of heart attacks. People overindulge in food and alcohol, which often leads to weight gain and contributes to the risk for heart attack.

Alcohol has its own heart risks, increasing blood pressure, contributing to abnormal heart rhythms and increasing the risk of depression. The hustle and bustle of the holiday season can also be a source of stress, with many people pressed for time and money. Anxiety and depression tend to increase during this time of year, further increasing the risk of heart attack.

Palm Beach Gardens Medical Center's nationally accredited Chest Pain Center is capable of rapidly diagnosing and treating heart attacks. Timing is essential when it comes to heart attacks; fast treatment can become a life or death matter and can also define the quality of life after the attack. The symptoms of a heart attack must be recognized immediately once the attack occurs.

Though there are several reasons heart attacks are more common in winter, Palm Beach Gardens Medical Center recommends steps you can take to reduce your risk.

First, avoid over-exertion and talk to your doctor about appropriate physical activity.

The holidays provide ample opportunities to eat and drink, but try to do so in moderation. Avoid caffeine and nicotine, both of which can exacerbate heart problems, and consider taking at least 400 IU (international units) of vitamin D each day.

Low levels of vitamin D have been found more often in heart attack patients. Finally, be sure to get your flu shot, which can cut your risk of heart attack in half.

In any season, the best medicine to ward off heart attacks is prevention: Cultivate heart-healthy habits, such as regular exercise, weight control, and a diet rich in fiber, fruits and vegetables.

Also, know your cholesterol, blood pressure and blood sugar levels.

Finally, to combat the holiday blues, take solace in the company of friends and loved ones.

Palm Beach Gardens Medical Center recently celebrated 30 years of performing open-heart surgeries. The hospital performed the first surgery in Palm Beach County and the Treasure Coast in 1983 and has since remained one of the area's leading heart hospitals.

If you are interested in receiving a free heart attack risk assessment screening, join Palm Beach Gardens Medical Center on Dec. 5 at the Mandel Jewish Community Center from 8 a.m. to 10 a.m.

There will also be heart attack screenings available on Dec. 11 at Palm Beach Gardens Medical Center from 8 a.m. to 11 a.m.

For accurate results, fasting is required. Register at www.pbgmc.com or call 625-5070. ■

Ask The Health & Beauty Experts

ASK THE COSMETIC SURGEON



Michael Lipan, M.D.,
Facial Plastic Surgeon
Gardens Cosmetic Center

Botox for the Holidays

Question: When should I get a filler if I want to look best for a holiday party?

Answer: The holidays are approaching and many patients are seeking consultations for facial fillers and botox/dysport which offer quick improvement with no down time and few risks. Consider these issues when deciding on scheduling your visit:

1. Allow 2 weeks for all bruising to resolve - Bruises can occur with any injection procedure. Luckily, they are rare in my experience. Avoiding aspirin, ibuprofen or fish oil one week prior to a treatment and very slow injection techniques help to avoid bruising. Arnica montana cream can decrease bruising and yellow or green tint concealer can cover a resolving bruise.

2. Botox can take 5-7 days to take effect - Unfortunately, Botox or Dysport won't work overnight. I recommend to get injected a week before an important social event. If you plan even further ahead, you also leave time for minor touch ups.

3. Facial fillers evolve with time - For the most part, the effect of facial fillers is instantaneous. There is a period of time afterwards that you may notice subtle changes. This is especially true with Juvederm since it absorbs water. These changes usually take about a week to occur.

The main message is to plan ahead. This allows me more flexibility to achieve the look you desire. Scheduling a consultation one to two weeks ahead is very helpful. To see if an injectable filler or botox is right for you, please call my office to schedule a free consultation.

Dr. Michael Lipan's interests are focused on facial plastic surgery, having completed a fellowship at Stanford University, a position accredited by the American Academy of Facial Plastic and Reconstructive Surgery.

Originally from New York City, Dr. Lipan completed undergraduate work at Cornell University, went on to graduate in the top quartile of his class with a distinction in research at the Mt. Sinai School of Medicine, and then trained with well-respected facial plastic and reconstructive surgeons at the University of Miami. Dr. Lipan resides in Palm Beach Gardens with his wife and their two daughters.

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Techniques that reduce fear of the dentist

Question: I have a terrible fear of going to the dentist. What should I do?

Answer: If you fear going to the dentist, you are not alone. Dentalphobia, or fear of the dentist, is one of the most common fears, second only to public speaking.

The key to coping with dental anxiety is to discuss your fears with your dentist. Once your dentist knows your fears, he will be better able to work with you to determine the best ways to make you less anxious and more comfortable.

The good news is that today there are a number of strategies that can be tailored to the individual to reduce fear, anxiety, and pain. You may have heard of Sedation Dentistry described in a variety of ways: "Anxiety Free Dentistry", "Mild Oral Sedation", or "Twilight State." Some dentists offer mild oral sedation which involves prescribing a sedative to relax & reduce stress. All of these procedures refer to you being given a sedative before treatment.

For patients who want to be totally unaware of the treatment or are in need of longer dental procedures, IV sedation is the preferred treatment.

IV Sedation is highly reliable, safe & effective for comfort & amnesia during all types of dental treatment. IV Sedation can only be administered by a Board Certified Sedation Dentist, and it's onset is immediate & can be increased easily & rapidly to meet the individual's needs. This is a huge advantage compared to oral sedation.

Dr. Jay Ajmo earned his Doctor of Dental Surgery degree from Emory University School of Dentistry in 1986. He is an active member of The American Academy of Cosmetic Dentistry and designated Master Cosmetic Dentist by the Rosenthal Institute for Aesthetic Dentistry. He's been awarded Diplomate Certification from the International Congress of Oral Implantologists, Diplomate from the American Dental Implant Association and a Mastership from the Misch International Implant Institute. He's a member of The American Academy of Oral Implantologists. Dr. Ajmo is Board Certified in IV sedation and maintains an active membership with the American Society of Dental Anesthesiology.

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MONEY & INVESTING

Obamacare's likely economic consequences



Only U.S. citizens living in a cave would be unaware of the massive problems in the rollout of Obamacare. Its delays, dislocations and confusions all translate into economic waste and added expense.

So great have been the Obamacare problems that the unbelievable recently happened within our legislatures: many Democrats aligned with Republicans to temporarily put on hold certain features of Obamacare. This banding together came on the heels of millions of citizens facing termination of their once-affordable policies.

However, the one-year delay in full rollout of Obamacare has been rejected by approximately 20 percent of the states with another 40 percent still undecided as of this writing. A delay will not stall hefty increases in health-care premiums for those who have purchased individual health insurance for themselves and their families, and for those who are covered under small-group insurance — an estimated 15 million people. In fact, the delay was rejected by many states that felt it would cause further dislocations in the insurance markets and confuse those needing insurance even more.

Beyond the immediate costs of fixing website glitches even after \$1 billion was spent in the website's design, beyond the hundreds of millions spent to make Obamacare operational, beyond the per-

sonal trauma of dropped insurance, and beyond the sting of significantly higher health-insurance premiums as a result of Obamacare, there are absolute costs to the economy of Obamacare, and that pain is yet to be felt.

What was promised was a "fiscally neutral" social solution, neither reducing gross domestic product growth nor adding to it; neither making money nor adding to the federal deficit. But those promises are clearly not in the cards — unless the 2,700-page plan gets dramatic fixes.

Obamacare is likely to become a saga of costly health-care dislocations; it will, at minimum, have a recessionary impact and might result in something worse: stagflation, an economic environment in which there are rising costs but the economy is stagnant, not growing. As stated in last week's column, the risks of recession are much greater at this juncture in that the tools and game plan of the Federal Reserve Bank seem to have run their course and have effected only paltry economic growth. If interest rates are already near zero and we slip into recession, then how are rates to be lowered to stimulate? Will negative interest rates be used?

There has been a very large spike in premiums for those covered under individual policies.

These increases have been estimated to run as high as 50 percent for the small business owner and for the individual.

The impact on premiums for group policies of larger corporations is not fully known at this time in that corporations were granted a one-year delay for Obam-

acare implementation.

According to the Congressional Budget Office, 156 million Americans — more than half the population — was covered by employer-sponsored insurance in 2013. It is expected that corporate plans will see meaningful rate hikes and, per Forbes: "The mid-range estimate is that 66 percent of small employer plans and 45 percent of large employer plans will relinquish their grandfather status by the end of 2013," wrote the administration. All in all, more than half of employer-sponsored plans will lose their "grandfather status" and become illegal (Forbes, Oct. 31, "Obama Officials In 2010: 93 Million Americans Will Be Unable to Keep Their Health Plans under Obamacare"). These changes could be huge problems for businesses and workers — a very recessionary force that will be fully felt one year from now.

Spikes in premiums reduce disposable income, so fewer "things" can be bought, less money is available to make mortgage payments, etc. Spikes in group-insurance premiums will reduce business capital investment, new hiring and possibly existing employees' salaries. Cutbacks in these two key components of gross domestic product — consumption and business capital investment — would have to be offset by unlikely increases in net exports and government expenditures for a neutral effect on GDP.

Besides a recessionary aspect, Obamacare has inflationary elements: self-employed individuals and businesses will likely seek to recapture their health-care increases by increasing prices for their

goods and services.

Small businesses, the lifeblood of U.S. economic recovery, might have already cut workers' hours and jobs in preparation for 2015, when they will be required to offer health insurance to their employees. By 2015, businesses with 50 or more full-time-equivalent employees will be required to offer workers health insurance or pay a fine.

It is expected that premiums will dramatically rise for younger men and women who will subsidize the cost of health care for older, sicker Americans. But the young people needed to fund the program might get derailed: many feel great and would prefer to pay the penalty for non-insurance than pay \$1,200-plus for insurance coverage.

What if they get sick? They will apply for insurance and can't be refused due to their pre-existing condition.

Collectively, the cost of the program is many trillions and can curb GDP, lower tax revenues, worsen the deficit and, possibly, create inflation coupled with stagnation in the economy. ■

— Jeannette Showalter, CFA, is a commodities broker with Worldwide Futures Systems. Find her on Facebook at Jeannette Showalter, CFA.

Correction

In last week's Money & Investing column we mentioned Larry Summers' former jobs. Mr. Summers was Secretary of the Treasury in the Clinton Administration.

Palm Beach County architects' group presents design awards

The Palm Beach Chapter of the American Institute of Architects, representing more than 500 licensed architects throughout the county, presented what its professional peers have determined is the best work of the year by local architects.

Recipients of Merit Award were Kaluz Waterfront Grill, Slattery & Associates Architects Planners, Inc.; Private Equestrian and Polo Facility, REG Architects, Inc.; Delray Medical Center Bed Tower Addition, Stephen Boruff AIA Architects + Planners, Inc. and Showtime Cinema Mixed Use Development, Currie Sowards

Aguila Architects.

The Excellence Award winners were Kissimmee Lakefront Park, Stephen Boruff, AIA Architects + Planners, Inc. and Office Headquarters and Art Gallery, Palm Beach County Cultural Council, REG Architects, Inc.

Jurists for the 2013 Design Awards were Mark H. Smith, AIA, LEED AP is president of Smith Architects; Guy W. Peterson, FAIA has received 70 design awards and honors and Sam Holladay, AIA of Seibert Architects.

For more information call 832-8223. ■

Clerk & Comptroller reports receive top awards once again

When Clerk & Comptroller Sharon Bock was elected in 2004, one of her priorities was educating Palm Beach County residents about government finance and bringing transparency to how their tax dollars are spent.

That led to the creation of Checks and Balances: Your Guide to County Finances, an easy-to-read citizen's report on Palm Beach County's finances. And for the seventh consecutive year, the Clerk & Comptroller's office earned the prestigious "Outstanding Achievement in Popular Annual Financial Reporting" from the Government Finance Officers

Association (GFOA), this time for the Fiscal Year 2012 version of the annual financial guide, the clerk's office said in a prepared statement.

Also recognized by the GFOA for the 24th consecutive year was the Comprehensive Annual Financial Report (CAFR), also produced each year by the Clerk's office. The report received the association's prestigious "Certificate of Achievement for Excellence in Financial Reporting" for the Fiscal Year 2012 version of the CAFR.

For information about the Clerk's office, call 355-2996. ■

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WEEK OF DECEMBER 5-11, 2013

PALM BEACH COUNTY COMMERCE

Ho ho ... hold on a minute

Beware of the usual — and some new — holiday ripoffs

SPECIAL TO FLORIDA WEEKLY

Consumers can fall into any number of traps over the holidays and become victim to identity thieves, hackers and deceptive online merchants. The Better Business Bureau warning holiday shoppers and donors to look out for new, and common, scams this holiday season.

UPS/FedEx/DHL/USPS package delivery scam

The scam begins with an e-mail complete with a phony tracking number informing you that there was a package delivery error. You'll be instructed to open an attachment to print out a correct delivery label that you're supposed to take to the nearest UPS/FedEx/DHL/USPS office. Open the attachment, however, and you'll open your computer to malware and virus attacks. Delete the phony e-mail.

Scam shopping sites online

Some sites offer electronics, the "must have" toys, or luxury goods at prices that are too good to be true. Every holiday season BBB hears from holiday shoppers who paid for a supposedly great deal online, but received nothing in return.

Bogus charitable pleas

The holidays are a time of giving which creates a great opportunity for scammers to solicit donations to fill their own pockets. Beware of solicitations from charities that don't necessarily deliver on their promises or are ill-equipped to carry through on their plans.

E-Card Scam

This fraudulent e-mail claims to contain an electronic greeting card from an anonymous individual, such as a "friend" or "classmate." The fraudulent emails, which claim to be from legitimate greeting card companies, tell consumers to click on a link in the email message to view their e-card. Clicking on the link can possibly expose a person's computer to a virus. If you receive one of these e-cards from a generic "friend," or from a person whose e-mail you don't recognize, delete it.

Surveys Offering Holiday Spending Cash

In an effort to take advantage of cash-strapped holiday shoppers, scammers are posing as popular retailers and e-mailing fake surveys to consumers. One email has a subject line that reads, "Online Survey from Wal-Mart Stores!!!" The body of the message states, "This survey has been sent only to a few people from our random generator!", and "You've been selected to take part in our quick and easy 9 questions survey. In



return we will credit \$90 to your account - Just for your time!" The e-mail includes a link to a Web site where the recipient is supposed to take the survey, but navigates to a site asking for personal information.

Also be aware of these:

■ **Malware e-cards:** Viruses and malware often travel in e-mail attachments or links. Don't click on an email from someone you don't know or a name you don't recognize. When it doubt, delete!

■ **Stranded grandkids:** It's the classic "grandparent scam." If your grandchild, other relative or friend calls or e-mails to say they were robbed or hurt overseas, check before wiring money.

■ **Counterfeit gifts:** Low prices on luxury goods are almost always cheap counterfeits. At best, you'll look like a Scrooge. At worst, you may be helping finance drug traffickers or terrorists.

■ **Pickpockets:** Need we say more? Keep your purse or wallet secure when shopping. Don't get overburdened or put shopping bags down, even for a moment. Thieves are watching!

■ **Stolen gift cards:** Buy gift cards only from reputable dealers, not online or from individuals. It's easy for a scammer to sell you the card, then pull off the funds before you can even give the gift.

■ **Fake coupons:** Be cautious when downloading coupons. Always make sure you are at a retailer's real website. Be especially careful with coupon sites that ask for personal information.

■ **Santa scammers:** What could be more jolly than a letter from Santa addressed directly to your child? Make sure the site is real and not gathering your data for identity theft purposes.

■ **Fake charities:** Charities count on end-of-the-year giving, so be generous if you can. But be careful, too, because scammers set up fake charities with similar sounding names.



■ **Bogus websites:** It's easy to mimic a real website, with logos and everything. Red flags: http (not the more secure https), no contact information, asking for payment by wire or money card.

■ **Travel scams:** With busy holiday travel, bargains may be tempting. Be cautious when booking through online ads, never wire money to someone you don't know, and ask for references.

■ **Romance scams:** Everyone wants a special someone under the mistletoe, so holidays are prime time for scams. Be careful with an online sweetheart who gets cozy too fast or asks for money.

■ **Puppy scams:** Be very careful buying pets online, especially at the holidays. You may get a puppy mill pooch with problems, or you may get nothing at all because it was a scam.

To check the reliability of a company and find trustworthy businesses, visit BBB.org. BBB is an unbiased nonprofit organization that sets and upholds high standards for fair and honest business behavior. Businesses that earn BBB accreditation contractually agree and adhere to the organization's high standards of ethical business behavior. The first BBB was founded in 1912. Today, 113 BBBs serve communities across the U.S. and Canada, evaluating and monitoring more than 3 million local and national businesses and charities. ■



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PALM BEACH NETWORKING

Executive Women of the Palm Beaches Foundation Pace Center for Girls luncheon at the Kravis Center



Natalie Alvarez and Charlotte Pelton



Regina Bedoya, Harreen Bertisch and Sandra Close-Turnquest



Angela Clarke and Maddison Trueblood



Bill Fleming and Minx Boren



Charlotte Pelton, Minx Boren and Ellen Block



Lisa Bondurant, Tish Carlo and Pam Payne



Joanne Davis, Monica Manolas and Vicki Pugh



Virginia Spencer, Harreen Bertisch, Angela Clarke and Minx Boren

COURTESY PHOTOS

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SAILMAKER

From page 1

shadow on a 19-foot Flying Scot sailboat, beached and titled to starboard, waiting for water, and a garage door opens to the McNally loft: not an elevated aerie or sleeping nest but a workplace. A “sail loft,” he explains, is an interior space large enough to lay out, piece together and sew a finished product. The word comes from what the wind puts in a sail, filling it full.

He has moved this space and its wood floor three times and expanded it, too, stretching onto it sail-cloth and other material from three-foot-wide bolts out full-length, ranging to 1,500 square feet, to measure, to cut, to sew and fit tight. He pins fabric to floor with awls. He reams out slots and holes with a drill, hammers grommets into place with a mallet. He does his sewing on two venerable Consew machines, one straight-stitch, for a tight and true line, one zig-zag, for strength. His calling card reads “Rigging, sales, repairs, canvas, sailboat sales/charter/lessons.”

He might add “escape” and “renewal.” He is an engineer of gossamer getaways. “In God’s creation, you know, you don’t have any engine noise,” he says. “Sailing is natural power. It’s just nice to be out there, away from the hustle-and-bustle of the world. Even if you’re just somewhere near shore, you’re close to civilization but you’re really away, seeing some cool stuff.”

To get out there, though, you need a hull, a deck, a mast, rigging, a set of sails. Sailing can’t be passive, at least not for the captain, and sail-making takes a craftsman’s hand.

The act and art of sailing, Mr. McNally says, stepping across a wood floor brocaded with markings for measurements, is about angles, plotting them, reading them, using them. The prime angle is set by the wind, and the wind shifts and dances. So sailing is also about surprises, the kind that can bollix all that figuring and reward it, too.

He’s at work, one morning, repairing the stitching in a kite-boarder’s kite. Rarely simple. “The kites down on the beach, you know, they have spinnaker cloth, really light cloth,” he says. “This one is set up in a sleeve, so I can’t just stick it under the sewing machine. They sewed the binding on, folded it back over and sewed it again.” He has to pull it all apart before he can cinch it back together. In the afternoon, he says, he’ll head out to a boat to sew a couple of broken slides back on a sail.

He can still cut-and-stitch the sail itself with the best of them.

Mr. McNally’s stock-in-trade is far from the weather-beaten, water-stained, straight-sheeted canvas of lateen rigs and galleons, brigantines and clipper ships. He still trades in canvas but most often handles the plastic and composite fabrics of nu-tech. To repair the day’s covers, he uses Teflon thread; his prime sailcloth thread is called B-92, a sun-resistant polyester. One of his standard materials, in fact, looks close-up like decorative art, gold threads of Captiva yarn laid cross-hatch and at angles across Kevlar over a backing of Mylar, shiny, strong, light, flexible.

Old-fashioned canvas, he explains, lies flat and stretches. Newer materials keep their shape and can be curved, like a wing. “Dacron is the one we use most, all different weights and styles and finishes,” he says. “Then you can go into the synthetic plastic stuff, you know, Kevlar, Spectra, Mylar.”

He also works the smartphone, the incoming, the outgoing, the photo files. He sometimes sends words and pictures while leaning at the helm.

What industrial chemistry and com-



COURTESY PHOTO

The art of sailing, says John McNally, is about angles — plotting them, reading them. The prime angle is set by the wind and the wind dances.

puter-driven technology have done for sails and communicating about them, though, has mostly un-done sail-makers. As with so many other trades, the machinery and economy of mass and computerized production have turned artisans into attendants. What sailmakers once designed and cut out by hand is now pieced more quickly with less waste by electronic scanners and plotters and sewn en masse.

Much of that takes place overseas. “Back when we were making sails in a loft in the U.S., when I was younger, Neil Pryde was making sail offshore, and we used to make fun of him, call ‘em Hong Kong sails, have to re-cut ‘em,” he says. “But then they became big, because they’re cheap. Now that’s happened with everything. Sri Lanka and China have these huge places that make sails. So a lot of people will say they’re sailmakers in the U.S., but they’re still making sails offshore.”

Gulfstream Sailmakers no longer centers on the making. On this day, the proprietor is putting a new cover on a furling jib, to protect it from the sun, and sewing an umbrella cover for another jib, not as satisfying as cutting and sewing the jib itself or a mainsail or spinnaker, but better-paying. Nowadays, most of the sails he designs are assembled and stitched in a sail loft in South Carolina; then he takes them to boats and installs them.

“It’s a lot less labor for me,” he says. For income, and for energy, Mr. McNally has branched into brokering, finding and selling sailing yachts. While the “romance” of old-time sail-making might translate to calluses and sweat, he does appreciate the handmade beauty of one of the yachts he’s marketing, the “Narwhal,” an American Marine 50-foot Grandbank trawler, current price U.S. \$119,000. He smiles and says, “Over the years, it’s probably had a million dollars

of work done on it. All-mahogany interiors. A cool boat.” What he sells, he says, he also sails, to wherever the boat is going.

John McNally, for one, doesn’t miss the manual labor. The term “handmade” may have a romance to it, but the hand-making is slow, arduous and expensive. “It’s just work,” he says.

Just then, his daughter Jessica calls through the open garage door, smiles, waves. You labor at a craft for food and shelter, sure, but there are always other motives.

Since he was a little boy, sailing meant family. “I was a kid, sailing, racing with my Dad and my two brothers over in St. Petersburg,” he says. “My Dad came home from a boat show, and he bought a Pearson 26 (a sloop). That changed my life. Then he bought a Lindbergh 26, and then we had little boats, Razors and stuff like that. We couldn’t wait to get on the water.”

Back in the concrete-and-sheetrock world, he struggled to chart a course for his life, as so many do. In a sense, he let the wind take him. It took him to a familiar – and a family – place.

“I had gone to junior college and didn’t really know what I was going to do,” Mr. McNally recalls. “My brother was working for the summer at a sail loft, Johnson Sails, while he was going to school, and so we both worked there during the summer. Then he went back to school and I just kept working there. We didn’t sew; all we did was lay out sails and get them prepared to be sewn by seamstresses, who were in a room.

“I didn’t know how to sew, so I was curious. People would complain about how hard it was, and I had the time to do it over again. So at lunchtime I sat down and taught myself how to sew.”

Some people like sailing alone, others prefer a crew, teamwork, company. Mr. McNally works at his trade alone, now, but nothing replaces family and friends.

Look at this, he says, plucking up the smartphone, and he kneads the screen.

“In God’s creation, you know, you don’t have any engine noise. Sailing is natural power. It’s just nice to be out there, away from the hustle-and-bustle of the world. Even if you’re just somewhere near shore, you’re close to civilization but you’re really away, seeing some cool stuff.”

— John McNally, sailmaker

The first photo shows his family on a dock, the Flying Scot floating just behind them: his wife, Janine; his three children, Jessica, 27; 21-year-old Kirsten, and Robert, age 8, and Jessica and husband Tommy Oshea’s son (and John McNally’s grandson) Clinton, age 6. “So Robert is Clinton’s uncle,” the senior McNally says, and smiles and shakes his head. A trampoline, and a bicycle, and a boat, always there for Robert, are ready for Clinton whenever he comes by.

John McNally met Janine on deck. He had come through a divorce, as he says, “with a lot of baggage, and two kids, who were 12 and 7. I was lookin’, but I didn’t know HOW to do it, how to date or anything.” He DID know how to sail, something he had rarely done during his first marriage, and the return to sailing, he says, marked another turning point in his life.

“A friend of mine lives down the street,” he says, “and I was going out with him and his wife on their boat with another gal, this was in ‘98, and Janine just got invited and she came down to the dock. It was funny, because I went home and I was tellin’ my mom about Janine and how she had wanted to take wind-surfing lessons. She already knew how to sail. My Mom said, ‘You idiot, she just wants to go out with you.’ So I called her up, and I called her ‘Jeannette.’”

The romance soon found its current. A year later they married, and they spent their honeymoon on a chartered 50-foot Beneteau in the Virgin Islands ... joined by the sailmaker’s parents and brothers. “She’s a good sport,” Mr. McNally says of his wife. The family also embraced her. She teaches first grade, now, in Jupiter Farms Elementary School, where Robert also goes to school, and enjoys the teaching and endures the paperwork. A maritime outing can be rejuvenating. So, her husband says, can a maritime competition.

For Mr. McNally, as for many small-craft sailors, racing is bracing. “It’s not like we’re racing them with racing sails, like serious racers,” he says. “Just cruising boat races. But it’s a lot of fun.” Competition is also, he says, the best way to learn. “You could sail for 10 years and not learn as much as you can if you race in three or four races,” he says, “because you’re sailing to a point. You have to trim the sails right. Even when I go out cruising, I want to sail with the sails trimmed right.”

PALM BEACH NETWORKING

The Society of the Four Arts hosts the Palm Beach Chamber of Commerce



Brandyce Stephenson, William Cummins and Elvio Salazar



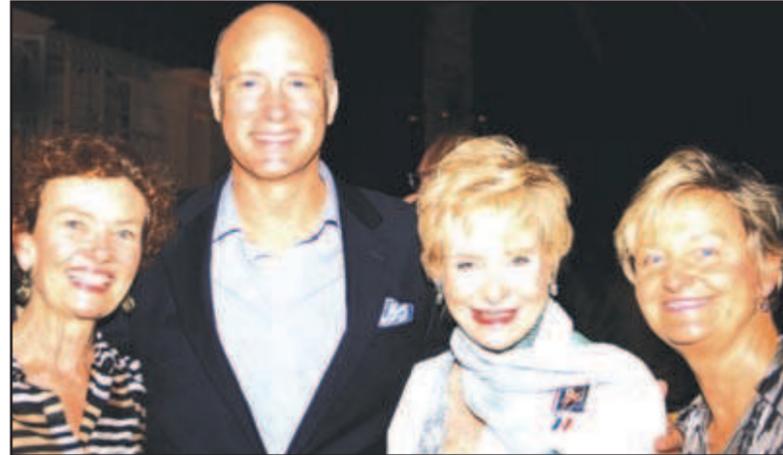
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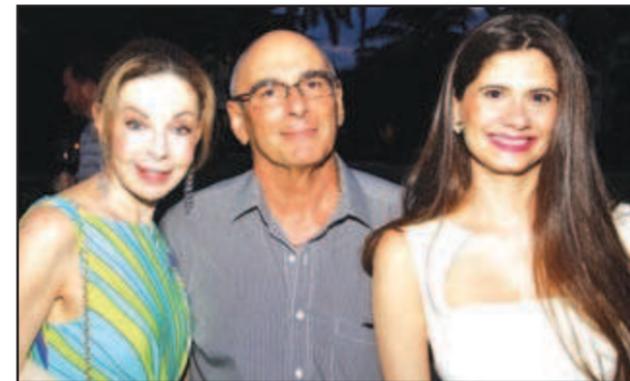
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One Singer Island – setting the standard for luxury

SPECIAL TO FLORIDA WEEKLY

Imagine being one of only 15 exquisite residences with a private gated entrance leading to a covered porte cochere. The exterior architecture communicates an address that is special from all others surrounding it, as an ultra-luxury, boutique tower: One Singer Island sets the standard in terms of grandeur, sophistication and beauty.

Residence 601 features a lavishly equipped master suite, boasting a breakfast bar, his-and-hers walk-in-closets, sitting area and sweeping balcony with commanding vistas of

the Intracoastal Waterway and beyond. The sumptuous master bath is elegantly designed around custom wood vanities, a luxurious roman tub, private his-and-hers water closets with bidet and separate shower.

A state-of-the-art gourmet kitchen features a 48-inch Sub-Zero refrigerator and wine cooler, and a stainless steel Wolf appliance package that includes cook top, warming drawer, double ovens, microwave and a Miele built-in coffee system.

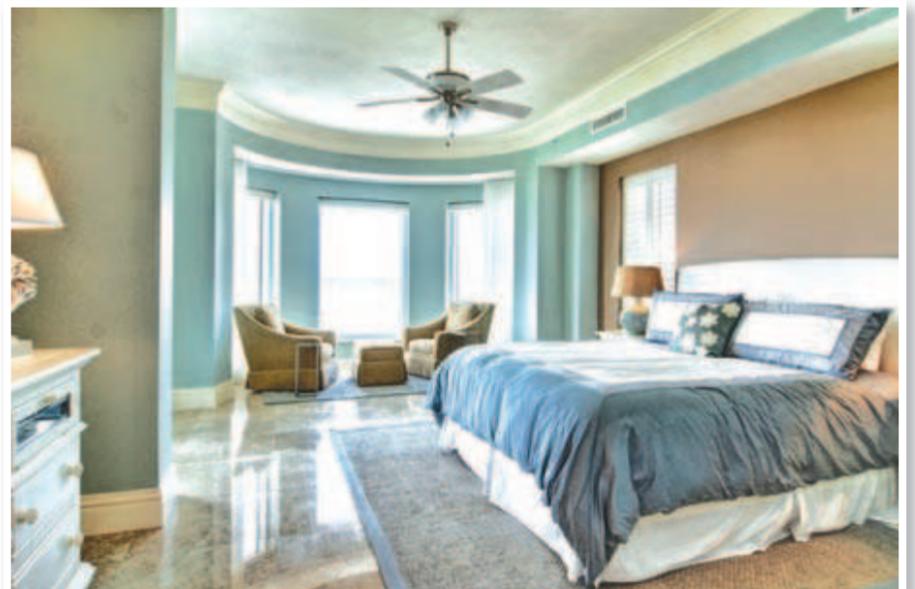
The home offers more than 3,400 total square feet, three ample size bedrooms and a family room overlooking the

Atlantic Ocean. One can enjoy morning coffee watching the sunrise from the family room balcony and watch sunsets from the front balcony.

The unique luxury of One Singer Island is felt as one enters the lobby with imported mosaic in art deco design complete with winding staircase. The breathtaking amenities level sets the standard of luxury and uniqueness within the Singer Island community. A wine room offers private temperature-controlled wine lockers with two tasting tables and magnificent vaulted ceilings. Step into the billiards room for a casual game with friends. The spectacular

clubroom provides residents a place for intimate gatherings. A media room is close by with state-of-the-art technology.

Enjoy five star living, nestled between the celebrated Worth Avenue, PGA Golf, and Wellington's horse country, One Singer Island is just minutes away from Palm Beach's finest dining, entertainment and shopping. The Walker Real Estate Group specializes in selling and leasing at One Singer Island. The home is offered at \$1,600,000. For further information on this property and other Singer Island properties, contact Jeannie Walker at 561-889-6734 or e-mail Info@WalkerRealEstateGroup.com. ■



Pet odors, cluttered home are no-no's when you're trying to sell

heather
PURUCKER BRETZLAFF



Last month I received an offer on one of the properties that I had listed. It was the first offer in more than five months on this particular listing and it was a very good offer — in fact the closing is supposed to take place next week.

When I first listed the property, the owner (who also happens to be a relative) had expectations of selling it within the first 30 days. I felt this was realistic given the fact that the neighborhood is very desirable, it was a fairly new home and the design of the home would appeal to most buyers. The home has four bedrooms and 4½ bathrooms with just under 4,000 square feet of living space. The outdoor area is like a resort; very large pool, water fountains, beautiful landscaping and outdoor summer kitchen.

It was my relative's second home. She lived in it full time when it was first built, but moved up North permanently within the last month.

When the home hit the market last year, I had several calls wanting to see the property. My relative was still living there with two large dogs and a cat. The home was decorated nicely, but her recent lifestyle change left her with some additional furnishings that did not match her décor. The home was decorated in soft color palettes with very clean lines. The additional pieces were very heavy and somewhat outdated, which covered up the cleanliness of the home and clashed with the

other décor.

The very first showing that I had, the family walked in and out of the home in less than five minutes. They never even went outside to see how beautiful the outdoor area was. Later that evening I received feedback from their agent. He said their son had a severe animal allergy and they felt it would take too much renovation to remove the pet odor and dander from the home.

I understood their concerns and talked to my relative about this. She was not pleased, but was very aware that the home had a strong pet odor. She worked during the day and allowed the pets to roam the house. Unfortunately, they were not trained as much as she liked and she would come home to some unwanted "presents" most of the time.

I encouraged her to replace the carpets so the home was fresh and felt that would get rid of most of the odor. She did not want to do it at the time and felt that the new owner would replace the carpet with their own décor.

My next showing was the very next day. The family spent quite a bit of time in the home and the showing went well. They had been looking in the neighborhood for the past six months and liked the design of my relative's home and the location. They came back for a second showing the same day. They were ready to purchase.

Again, there was no offer and this family could not see past all of the "clutter" in the home. They did not want to renovate or update the home and couldn't seem



Immediately following the changes, I did a mini marketing campaign to the surrounding neighborhoods and also advertised through my email marketing. Three clients who had previously been through the home called to come for a second showing.

It took one week after the small changes for the home to go under contract at a very good price! It was very important for buyers to visualize what the home looked like with their own furnishings

and freshly updated offering the "move in" condition that they were looking for.

You don't have to move out all your furnishings, replace carpet, do renovations and get rid of your beloved pets prior to selling.

What I am suggesting is when it comes to selling your home, always put your best foot forward, and look at the home from a buyer's perspective. De-clutter the space, freshen up any areas that are worn and neutralize the home so it appeals to most buyers.

Most important, make sure it is clean and tidy prior to each showing as possible. This will always bring you a higher price and a more confident buyer throughout the closing process. It may be a small expense up front, but I guarantee that you will sell your property in less time at a higher price. ■

My relative was in and out of town at this point and did not want to be bothered. She believed that the right person would come along and be able to see beyond those issues.

After four months and several showings, my relative was getting settled in up North and I convinced her to do what I had suggested since she was not visiting as much as she thought. She agreed and I coordinated for the carpets to be replaced, the home to be repainted on the inside and for the furnishings to be moved to storage.

— Heather Purucker Bretzlaff is a Realtor with the Corcoran Group in Palm Beach. She can be reached at 722-6136. This column first ran in Florida Weekly in August 2012.

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OLD MARSH GOLF CLUB: \$1.895M

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Heather Bretzlaff 561.722.6136, Craig Bretzlaff 561.601.7557



Craig A. Bretzlaff
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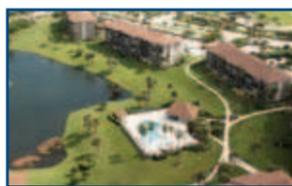
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December Community Lectures at Jupiter Medical Center

Jupiter Medical Center is hosting community lectures in December and January.

Women Talk: Healthy Eating for the Holidays will be held on Dec. 12 at 5:30-6:30 p.m. at the Raso Education Center, Clarke Auditorium. The lecture, featuring Yolanda Torres, RD, CDE, will discuss how to make healthy choices during the holiday season and still feel satisfied. Space is limited, to register visit www.jupitermed.com/events or call 263-2628.

The Nutrition for a Healthier Lifestyle classes will resume in January.

Topics for the classes include: Healthy Eating for Women and Men, Supermarket Savvy, Emotional and Personality Impact on Eating, Food Label Reading/Portion Distortion, Dining Out Guidelines/Physical Activity and Healthy Eating on the Run/Fitting it into Your Lifestyle. These classes are \$59 which includes a healthy eating starter kit. Reservation is required and space is limited to 12 participants. For more information or to register, call 263-2628. Classes will be held on Jan. 6, 13, 20 and 27, 6-7 p.m. at the Raso Education Center, Clarke North. ■

Freedom Waters hosts 3rd Yachting Under the Stars

Freedom Waters hosts Yachting Under the Stars in Palm Beach on Dec. 8. The third annual event benefits children with special needs and veterans, and will take place on board the classic yacht Mariner III.

The Mariner III is a 122-foot restored fantail motor yacht built in 1926. Freedom Waters Foundation's goal for this year's event is to raise enough funds to take more than 500 kids and veterans on boats in 2014.

Ticket price is \$550 for an individual and \$1,100 for a couple. The sit-down event accommodates 50 people and

is close to sold out, but there are a few tickets available for contributing to help Freedom Waters serve these families. Tickets and donations are tax deductible.

The yacht departs from and returns to The Palm Beach Yacht Club, 800 N. Flagler Drive, West Palm Beach.

Boarding time is 3:30 p.m. for a cruise from 4-8:15 p.m. Yachting attire is required and live music and dancing are available. This year's event sponsor is Gosling Rum.

For more information, visit www.yachtingunderthestars.com. ■

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Luxury home sales keep rising, so competition is tough

lindaBRIGHT



There has been a steady increase in homes sales month after month in 2013.

Luxury sales have been particularly robust. This is great news for sellers, and buyers can still benefit from the overall recovery of the housing market.

A couple, clients I have sold several homes to over the years, contacted me to ask me to connect with their son, Gordon, and daughter-in-law Tina. They were thrilled that they had finally made the decision to relocate to Palm Beach Gardens.

Gordon and Tina had been visiting their parents in Palm Beach Gardens for the last five years during the holidays to get away from the cold weather in Connecticut where they live. Gordon and Tina have a beautiful, high-end home they have shared with their three children for the past 15 years. Their kids are approaching college age and the feeling was unanimous for the entire family that they were ready to move to Florida.

Gordon, Tina and their children have great memories of visiting their parents-grandparents in Palm Beach Gardens and wanted to focus their search on luxury homes in this area.

We focused on viewing homes in gated golf communities in Palm Beach Gardens. Both Gordon and Tina enjoy golf and the kids occasionally enjoy playing with them as a family. It was important to them to feel a sense of community upon moving to the area, and they knew



this would be easily achieved with a country club community.

Since the inventory is limited in luxury homes, we discussed focusing on their top few priorities in what they wanted for their home.

Their priorities were unobstructed views, natural light, a practical, open floor plan and interesting architectural design.

I advised Gordon and Tina the position of a home on the property and the natural light that the interior of a home received has been known to improve resale value, so this was a great option to focus on.

Focusing an unobstructed view was another criteria for Gordon and Tina.

We discussed it's important to love what you see when you look outside each day.

One of the things that Gordon and Tina enjoy most about their luxury home in Connecticut is the open floor

plan as they often invited friends and family to enjoy their home with them. They planned on entertaining often, so we discussed that it would be important to choose a home which has enough space to maintain a clear separation between entertaining and private areas.

Architectural uniqueness was another priority for Tina and Gordon. I advised them that great architecture will retain value over time.

As Gordon and Tina began the search for luxury homes we recognized that there were limited opportunities.

Shortly after a home came on the market with the criteria they were looking for it had an offer on it. Gordon and Tina quickly recognized that there are many luxury buyers in the market looking for the same criteria they were looking for. We spent three consecutive days looking at every luxury home which met the criteria on the market.

I discussed with Gordon and Tina

the importance of first choosing the community that fit their family's needs and then focus on the home within that community.

We were fortunate enough to locate a home with all of the aspects they were looking for. Gordon and Tina did not hesitate to make a strong offer on the property.

They are happily living in a home in a country club community in Palm Beach Gardens. Gordon, Tina and their family regularly enjoy the amenities of their community. It happened to be the same community that their parents live in, where they created many holiday memories they enjoyed for years.

Many experts in the industry report the good news of the housing recovery and it promises to get even better.

The real estate industry has experienced many changes in the last few years, the positive news reflects the luxury homes are selling very well and there are many qualified buyers than in previous years. The demand for luxury homes in country club communities in Palm Beach Gardens and surrounding areas has been strong.

Luxury properties are selling, with buyers competing for a small list of high-end homes.

If you are considering purchasing a luxury home in the area and you locate the home that fits your family's needs, it's a great time to purchase you dream home now and moving forward into 2014. ■

— Linda Bright is a real estate professional with Mirasol Realty Operated by Fite Shavell & Associates, lbright@mirasolrealty.com, 629-4995.



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Max Planck research advances knowledge of triggers in memory formation

A discovery by a research team led by Dr. Ryohei Yasuda at the Max Planck Florida Institute for Neuroscience in Jupiter has significantly advanced basic understanding of biochemical mechanisms associated with how memories are formed, according to a statement from Max Planck.

The research focused on the communication between synapses and the nucleus of a neuron, specifically the mechanisms by which signaling initiated at synapses is transmitted into the nucleus to induce chemical changes.

How that relates to memory formation may be better understood with some background.

More than a century ago, scientists generally recognized that the number of neu-

rons in the adult brain did not increase significantly with age. That gave neurobiologists good reason to believe that memories were not formed by new neuron production, but rather by a strengthening of the connections between existing neurons to improve the effectiveness of their communication.

The strength of two connected neural pathways is thought to result in the storage of information. This process of synaptic strengthening is known as long-term potentiation (LTP).

LTP is one of several phenomena underlying synaptic plasticity, the ability of chemical synapses to change their strength. Memories are thought to be created, or encoded, by modifications in

synaptic strength. It is known that LTP and memory formation requires gene transcription at cell nucleus.

Dr. Yasuda's team has been looking at the behaviors of proteins involved in synaptic plasticity within dendritic spines - small bristles on the surface of neurons that receive synaptic signals. There are roughly 10,000 spines on the dendritic branches of each neuron (and roughly 100 billion neurons in the adult brain).

His team's most surprising and unexpected finding, he said, was that induction of LTP in as few as three of these spines was sufficient to exert profound effects on activity of proteins that control gene transcription in the cell nucleus. The team also discovered that these spines

needed to be distributed over at least two dendritic branches for this process to be triggered.

The Science report was authored by Shenyu Zhai, Eugene D. Ark, Paula Parra-Bueno and Yasuda. Zhai and Ark are affiliated with the Department of Neurobiology at Duke University Medical Center.

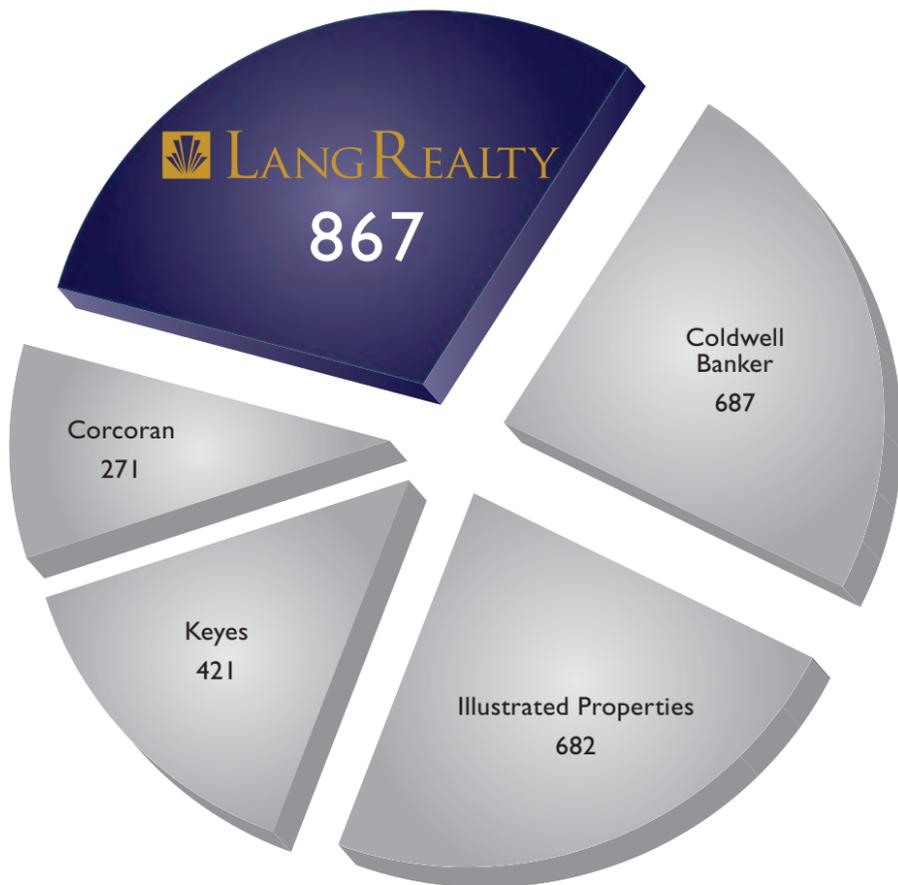
Dr. Yasuda said this research project has been underway for four years. It began when he was also at Duke and was completed after he came to Max Planck.

"The initial data and our unexpected finding, resulted from almost the first experiment," he said in the statement. "But it took us nearly four years to confirm the results and understand the mechanisms involved." ■

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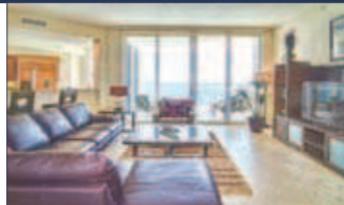
For more information on these Great Buys and Next Season's Rentals, email us at

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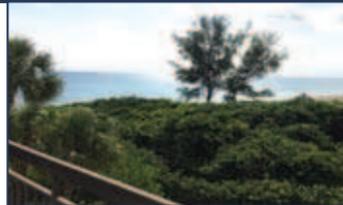
Beach Front PH 2002 4BR/4.5BA Penthouse with over 4,000 Sq ft. of living space. Upgrades plus poolside Cabana. **\$2,150,000**

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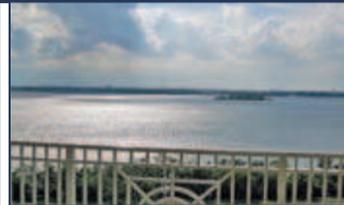
Beach Front PH 1903 3BR/3BA Spectacular views. This unit has 10FT Ceilings, marble floors and a private poolside cabana. **\$1,595,000**

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Martinique ET304 2BR/3.5BA Coveted SW corner unit. Ocean views, porcelain floors throughout. Light and bright with neutral tones. **\$525,000.**

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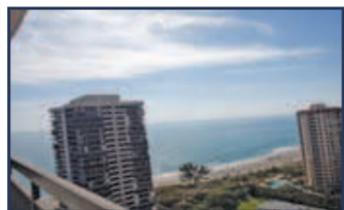
Ritz 1704A 3BR/3.5BA Beautiful ocean front fully furnished residence. Professionally decorated with private elevator access. **\$2,699,000**

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Martinique WT201 2BR/3.5BA Unique completely renovated unit with spectacular large private terrace. A must see! **\$399,000**

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Martinique WT2304 2BR/3.5BA Amazing Views of ocean & ICW. Coveted SE corner on 23rd floor. **\$585,000**

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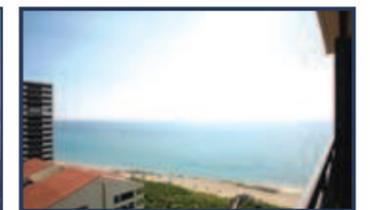
Frenchman's Reserve 2BR/2.5BA- Rolls Royce of Chambord with luxurious upgrades including elevator. **\$789,000**

Kathy Miller – 561-601-9927



Resort 1750 3BR/3.5BA Ocean views from this private residence at the Resort on Singer Island - beach front living at it's absolute finest. Outstanding amenities! **\$1,299,000**

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Martinique ET1103 2BR/3.5BA One of a kind 11th floor ocean front condo with beautiful ocean & intracoastal views. Designer built-in furnishings. A must see. **\$649,000**

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Martinique WT2302 3BR/4BA Coveted SE corner unit with impact glass. Beautiful views of ocean and ICW. fully furnished, Immediate availability Turnkey. **\$849,000**

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Jeannie Walker – 561-889-6734

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WEEK OF DECEMBER 5-11, 2013

A GUIDE TO THE ARTS & ENTERTAINMENT SCENE

History and a musical

“The Lion in Winter” roars into Dramaworks

It's Christmas 1183 in Chinon, France, and Henry II of England has gathered his family for the holiday. Of course, Henry's family comes directly from the history books in “The Lion in Winter,” the 1966 play by James Goldman.



TANNOUS

Attendees include Henry's wife, Eleanor of Aquitaine, whom he has kept imprisoned for 10 years, their three sons, Richard, Geoffrey and John, and King Philip II of France.

But the holiday in question is something straight out of Goldman's imagination.

And it is one that is inspiring a young talent, Pierre Tannous, who plays King Philip, known as Augustus.

“You know, I think with this material in particular, it's not written in a way that's indicative of, say, 1,200 years ago, and so we're not having to deal with all these thees

SEE “LION,” B4 ▶

Maltz looks to bright ‘Tomorrow’ with ‘Annie’

She came to life during the Great Depression in Harold Gray's comic strip.

And “Annie” and has come to life again onstage musically at the Maltz Jupiter Theatre, with a cast of 28.

In Charles Strouse-Martin Charnin musical, Annie keeps a sunny disposition despite living in an orphanage and being terrorized by the matron, Miss Hannigan. Annie finds a faithful companion in a stray dog, Sandy, and an unlikely father in billionaire Oliver Warbucks.



YOUNG

It's a role for which Clara Young, the Annie of this show, has been preparing.

“I went on a lot of auditions for ‘Annie’ and I really wanted to get it, so I'm really happy I finally got to do it,”

she said during an interview at the Maltz, where she was joined by co-stars Vicki Lewis and Christopher Carl, the Miss Hannigan and Daddy Warbucks of this production,

SEE “ANNIE,” B4 ▶



THEATER REVIEW

Our critic says the Rockettes' performance lives up to expectations.

B16 ▶

Stories by Scott Simmons
ssimmons@floridaweekly.com

It's a family affair at the Symphonic Band

BY AMY WOODS
Special to Florida Weekly

A family affair will unfold when the Symphonic Band of the Palm Beaches returns to the stage for its holiday concert series.

Three generations of Gebeloffs and two generations of Murrays will raise their instruments and play along with the 70 or so other ringers who comprise the long-established and well-respected community group. The first concert is Dec. 7.

“Music has always been a bond for my family,” said Stephen Gebeloff, a clarinetist and saxophonist, whose father Norman and daughter Rachel also play in the band. “We see the gift being passed down.”

The 2013-14 season marks the 50-year-old's third with the band. Mr. Gebeloff's 76-year-old father, a multitalent on the clarinet, flute and saxophone, has gigged with the group for two years. Rachel, 13, a student at Independence Middle School in Jupiter, made her debut in October at the first concert

series.

“I introduced him to the band,” Mr. Gebeloff said of Norman. “My daughter, she's been hearing me play for two years now and auditioned this year. It brings a sense of pride to me for a lot of reasons.”

The Murrays' influence on the Symphonic Band of the Palm Beach dates back to 1983, when wife Chris, 48, then a senior at Jupiter Community High School, received one of the nonprofit

SEE BAND, B3 ▶

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Evolving menu

Rick Mace embraces South Florida food at Cafe Boulud. B19 ▶



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Life is fleeting; learn to embrace the moment. B2 ▶



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SANDY DAYS, SALTY NIGHTS

Beach exhibitionism makes a reluctant believer

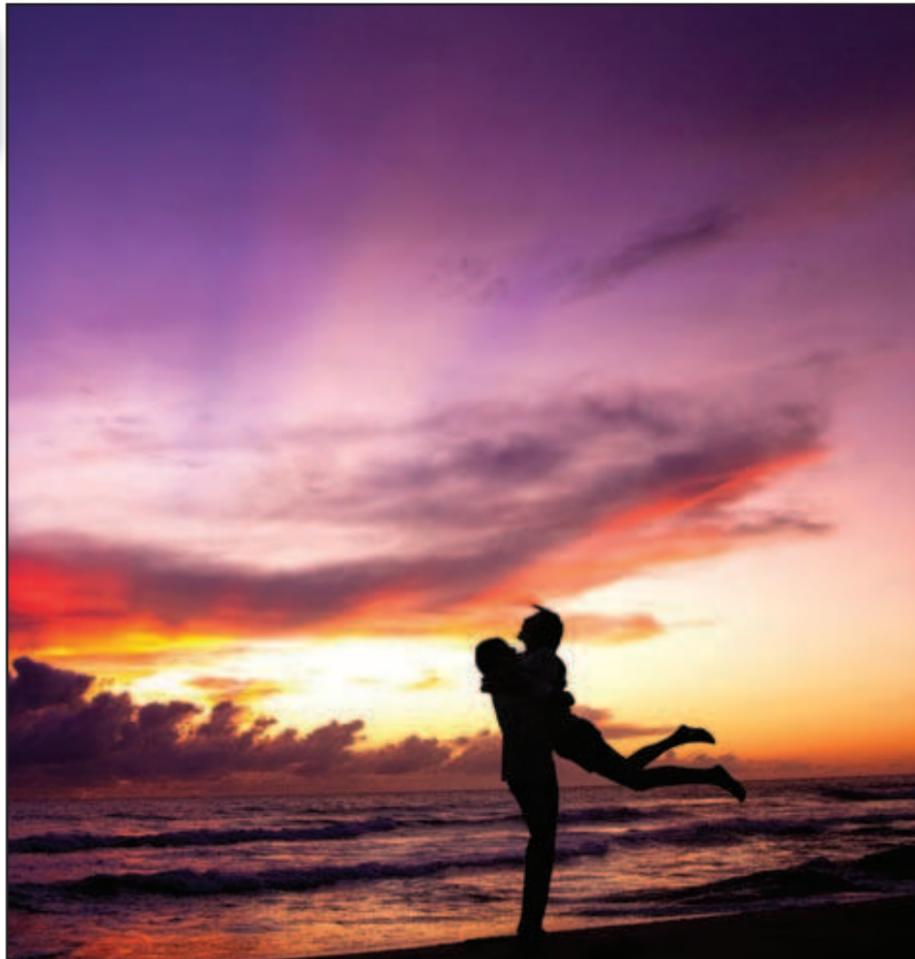


When I'm not in a relationship, coupled people seem to be everywhere.

I've been single for a long time now, and I can't make it through the day without running smack against some smugly loving pair. At the grocery store, at the post office — they are omnipresent in their canoodling. If I weren't already so cynical about love, all those couples would push me off the proverbial edge.

Not that I blame them. During my own partnered stretches, I'm the first to broadcast the sweetness of being in a relationship. I like holding hands in public, and I enjoy making soft eyes across the table in a restaurant. I want people to know how lucky I feel. So why should I hold it against other couples for flaunting their good fortune?

It's just that sometimes I need a break. There are places and moments when I think, *Can you please tone it down?* For me that place is the beach. I like to take a walk every night around sunset. I troop out with my faded plastic bucket, the kind kids play with in the sand, and I pick up detritus from the vacation life: cigarettes butts, bottle caps, juice boxes — all the trash people forget to throw away when they're too busy having a good time. I walk head down, my eyes on the sand,



scanning for garbage and clearing my head of the day's worries. I'm always amazed at how a little beach cleaning can

make me feel so zen.

When I head out on this nightly trek, I expect a fair amount of romantic show-

manship. It's the beach, after all. I've seen couples kissing as the sun set over the water and partners cuddled on beach blankets. I've witnessed vast quantities of portraits taken, men and women looking brightly at the camera so that their self-satisfaction can be broadcast not just to the near vicinity but their entire, far-flung social network. None of this I mind.

What finally got to me happened the other night — a couple engaged in a standing make-out session midway down the island. I think, a little kissing: fine. Some light groping: also fine. But full-on legs intertwined pelvic thrusting with hair pulling? Not on the beach at sunset, thank you very much.

It was the kind of scene I hated to see — yet still couldn't pull my eyes away from. The couple separated just as I neared, my plastic bucket banging against my leg, indignation shooting from me like sparks.

At 100 yards I had assumed they were teenagers. Who else would be so heedless? At 50 yards I thought they were in their mid-20s, steeped in all that heady romance that leads to marriage.

But as I passed them I realized that they were older than I am by at least 20 years. Suddenly I had the thought: *Well, why not?*

Love is so fleeting, its blessings so rare. If a passionate sensation should overcome us on the beach — or at the post office or the grocery store — why should anyone try to contain it? We should all be so lucky to have moments like those. ■



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BAND

From page 1

organization's scholarships. The clarinetist continues to leave a legacy by bringing her husband Jim, 50, and son Shaun, 17, to weekly rehearsals.

"I just feel like I owe a lot to them because they did so much for me when I was in school," said Ms. Murray, who in addition to playing for the school band sat in with the adults. "It helped my personal musicianship a lot, and now I feel like I know so much band literature."

She met Jim at the University of Florida — they both marched in the Gator band — and now the percussionist and their French-horn-playing son have joined Ms. Murray in her return to her rhythmic roots.

"It's really neat being back in the band and playing," Ms. Murray said. "I missed that. When you sit inside of a music ensemble, just the sound waves just really move you."

She said the three of them have grown closer because of their musical ties.

"It's a great thing to be able to have something connecting you as family members," Ms. Murray said. "When your kids become teenagers, you want to have something in common with them. It's fun going to rehearsals with Shaun and Jim and me."

No one in the Symphonic Band of the Palm Beaches gets paid, and everybody covers his or her own expenses. The band channels the money it makes from tickets sales to educational scholarships and school grants.

David Hinds, vice president of the 53-year-old nonprofit organization, said \$180,000 in scholarships and \$134,000 in grants have provided countless students

"This band is so popular. Our tickets are reasonable and are for people that maybe can't afford the Kravis Center."

— David Hinds

with musical opportunities they might not have had.

"Music is another language," Mr. Hinds said. "It's a known fact that it definitely helps you with math and several other subjects, yet the first thing that goes are what they consider the non-necessities, which are the arts."

The Symphonic Band of the Palm Beaches has made it a mission to promote cultural awareness, music education and personal growth in children by awarding scholarships and grants, as well as donating instruments — 38 to date. Offering the community memorable, toe-tapping concerts at affordable prices is its other goal.

"This band is so popular," Mr. Hinds said. "Our tickets are reasonable and are for people that maybe can't afford the Kravis Center."

Not only are audiences enthusiastic about the band's 10-concert season, so are the players.

"We have people drive up from Weston for rehearsals and driving down from Port St. Lucie," Mr. Hinds said. "We had two girls from Clewiston. For them to spend that kind of money on gas and time and everything, it's got to be a really rewarding experience for them to do that."

The Symphonic Band of the Palm Beaches is included in the Extraordinary

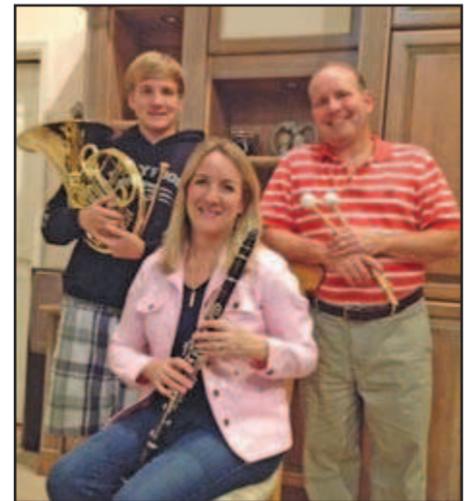


COURTESY PHOTO

The Gebeloffs: Father Stephen, 50, daughter Rachel, 13, and grandfather Norman, 76, play together in the Symphonic Band of the Palm Beaches.

Charities of Palm Beach County's 2014 nonprofit directory. The published book highlights smaller nonprofit groups that have annual budgets below \$3 million and often go unrecognized.

"It makes the thousands of hours of volunteer preparation, rehearsal and individual practice time by our board, band members and conductor all worthwhile," Mr. Hinds said of the honor. ■



COURTESY PHOTO

The Murrays: Son Shaun, 17, mother Chris, 48, and father Jim, 50, play together in the Symphonic Band of the Palm Beaches.

in the know

- >>What: Holiday Party II
- >>When: 7:30 p.m. Dec. 7 and 13
- >>Where: Dec. 7, Duncan Theatre, 4200 S. Congress Ave., Lake Worth; Dec. 13, Eisseys Campus Theatre, 11051 Campus Drive, Palm Beach Gardens
- >>Cost: \$15
- >>Info: 832-3115 or symbandpb.com

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- Keyboard Conversations® with Jeffrey Siegel,.....January 8 ■
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- Jay Hunter Morris, Tenor..... January 22 ■
- Krasnoyarsk National Dance Company of Siberia..... February 5 •
- Europa Galante with Fabio Biondi February 12 •
- Walnut Street Theatre "Driving Miss Daisy"..... February 19 •
- Arnaldo Cohen, piano..... March 12 ▲
- Flamenco Vivo Carlota Santana "A Soul of Flamenco".... March 19 ▲

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3 p.m. • Tickets: \$20

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- Jerusalem String Quartet..... March 23 ▲
- Dailey & Vincent April 13 ▲

Tickets available: ■ 11/13/13; • 1/15/14; ▲ 2/26/14

“ANNIE”

From page 1

directed by Mark Martino.

Her disposition seemingly is as sunny as Annie's.

“She never looks on the bad side. She's always finding a great way to put things, like when the homeless people are singing before ‘Hooverville,’ they had newspapers for blankets and she didn't know what to say, then she thought, ‘read in bed,’ so she always wants to put things on the bright side and doesn't want to feel bad about things,” Miss Young said.

The show is keeping her busy.

But at age 10, she already is a veteran, having starred as Cindy-Lou Who in the national tour of “How The Grinch Stole Christmas.”

“Some of the challenges are being able to memorize all the lines, but it's still really fun because you make a lot of friends,” she said. “And for school, it's actually not that hard. Right now, I'm using a booklet and my tutor in New York City is Skyping with me, and for ‘Grinch’ they actually hired a tutor, so it was not that bad.”

And fortunately, she gets guidance from her co-stars.

Ms. Lewis, who starred in the Maltz production of “Hello, Dolly!,” is nationally known for roles on the television series “Newsradio” and “Three Sisters.” She currently stars as Dr. Sonya on “How I Met Your Mother.”

So how does the effervescent Ms. Lewis reconcile with the bitter Miss Hannigan?

“You know, I wondered about that. The kids are all the same height as me because I'm so short, so there's something kind of comical about it, but we rehearsed a scene and my biggest fear was, ‘I don't want to scare these lovely little children.’ But we had a lot of

laughs, didn't we?” she said.

Ms. Lewis gestured to Miss Young.

“Yesterday, I had to capture her, she was trying to escape as Annie, not the real you — we love you in rehearsals. I had to take her and fling and toss her. I said, ‘You do it and I'll just act like I'm throwing you,’ and she just flung herself across the room and I said, ‘Are you hurt?’”



LEWIS

Both Ms. Lewis and Mr. Carl had thoughts on the life of a performer. “You know, the one thing that I've always been struck by that I wish someone had pulled me aside and said was to enjoy it but also make sure that you cultivate your own life, your own interests, your friends and your family and all that kind of stuff because that's the stuff that's going to get you through when the stuff of show business kind of falls away for awhile because it's always hills and valleys, hills and valleys. I was very driven, which I think is a wonderful, wonderful quality. You need that to be in this business and sort of have staying power in it,” she said.

She continued: “I wish I would have embraced all that other stuff too, and not been, ‘Yeah, yeah, yeah, eye on the prize, because it, I think, it keeps you happier and healthier and I think it gives you a really good sort of jumping-off point when you get rejected in show business, when people are not so great — all those kinds of things that do happen sometimes. Then you're out on your own, so it's good to cultivate all that other stuff, which I wish someone had said that to me.”

Mr. Carl agreed.

“I second that big time. It's really important to have a real life as well as this. But the work ethic of kids in the business today...”

“Oh, it's crazy,” Ms. Lewis interjected.

“When I was this age, I would have never been this focused,” said Mr. Carl, who is making his Maltz debut.

Ms. Lewis laughed.

“I was going to the mall on the weekends when I was your age, and I would make my younger sister walk 10 feet behind me because my mom would make me take her, and I'd be like, ‘You can't pretend you're with me,’” she said.

These kids have a real maturity onstage.

“I'm really impressed with the focus and the energy that the kids have in the show,” Mr. Carl said. “When the adults came in and we came in together the other orphans had already been working for the weekend and they



CARL

were so excited to show what they had learned musically at that first table read, and it was exciting to watch them being excited and for them to want to show off what they had learned. We have to step up to the plate

and meet them.”

“That's true,” Ms. Lewis agreed. “They're really, really talented.”

But beyond talent, the show requires a certain look. Of course, Miss Young as Annie will sport a curly-locked wig. Ms. Lewis also will cover her shock of red hair for her role as Miss Hannigan.

And Mr. Carl, who has appeared on Broadway in Disney's “Tarzan,” the Lincoln Center revival of “South Pacific” and “Mamma Mia,” shaved his head for his role as Warbucks.

But the character is so much more than a shiny dome and a suit.

“I sort of got the impression that he's gruff and hard. But the more I have read the role, I realize it's not that he's gruff, there's a reason why he became as successful as he is. He just is very focused, and I think that there is a difference between being gruff

and focused,” he said. “I think that it is interesting to play that man who slows down just enough to realize that he's got a heart that this little girl brings out in him and I think it's interesting to play and not play him cold. He's not. He's passionate. That's what took him from being as poor as Annie is to where he is today.”

And Mr. Carl's character ties in with that Jazz Age score.

“I think that this score is so infectious. Every song has something that is indicative of the era it portrays. Certain songs are so iconic now. ‘Tomorrow’ is applicable to today, and ‘Easy Street.’ ‘Little Girls,’ it just stops the show,” he said.

Also a show-stopper: That harridan, Miss Hannigan.

“What is important to me in this production is to find the darkness of her. I don't think she's a flashy, silly character. I think she is an alcoholic who is unhappy, and in that there's a lot of humor you can find,” Ms. Lewis said. “It's 1930. It's a depression. It's a dark, dark place she lives in and I want to make sure I root the reality of the character in that and define the humor out of it.”

It's a bleak, but essential, role.

“I'm the antithesis of the joy and the light, and if I'm joy and light too much, there's no plot for her,” she said.

True enough.

And if you believe Annie's big song, the sun'll come out tomorrow.

This musical wouldn't have it any other way. ■

in the know

>>What: “Annie”
>>When: Through Dec. 22
>>Where: Maltz Jupiter Theatre, 1001 E. Indian-town Road, Jupiter
>>Cost: \$52 and up
>>Info: 575-2223 or jupitertheatre.org

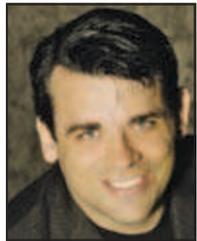
“LION”

From page 1

and thous and all this heightened language that not many people understand,” Mr. Tannous said.

William Hayes, Dramaworks' producing artistic director and the director of this show, agreed.

“I think that Goldman, back in the '60s when he wrote it, he used a more contemporary dialogue in order to make it more accessible to a modern audience and he does it effectively, and



HAYES

also in creating the dynamic between the husband and wife and siblings. It's billed as a comedy and we approach it as a comic drama,” Mr. Hayes said.

But Mr. Hayes has been acting in and producing at Palm Beach Dramaworks for more than a decade.

This is Mr. Tannous' first role at Dramaworks, where he has worked three seasons as an assistant stage manager. Not to worry, though; he's is a seasoned actor who has held roles at Palm Beach Shakespeare Festival, where he portrayed Ferdinand (“The Tempest”), Malcolm (“Macbeth”) and Francis Flute (“A Midsummer Night's Dream”), and last summer, starred as Willie in the Arts Garage production of “Cabaret Verboten.”

“The obstacle, I guess, with this play is being able to travel this line between



COURTESY PHOTO
C. David Johnson and Pierre Tannous spar in a scene from “The Lion in Winter.”

the drama and the comedy of this, and to make it funny, to let the audience know that they're allowed to laugh during this, but let them know that it's still a very serious situation for the people in this play,” he said.

Philip is a man on a mission.

“He comes into this situation hoping to get one thing ... this piece of land, and that his half-sister would marry Henry's son Richard,” he said.

But the play progresses.

“It becomes something else and you realize that Philip's father, Louis, was treated very poorly by Henry, and it almost becomes like a bit of revenge when he comes into this place to get the land, but really to seek revenge for his father, who was so severely wronged by the king of England,” Mr. Tannous said. “He's cunning, he's smart, he's intelligent. He ends up playing everybody in the play — all three sons and Henry.”

It's meaty material.

“It's different. It's so different. I've done plays previously, and I like to call them fast-food plays because they're just up and down. You rehearse it for two weeks, you perform it for two weekends, and that's it. To know that there's eight weeks at the end of this, where you're going to be evolving and working on a character with all these other people, it just gives an opportunity to explore so many different avenues with so many talented people,” he said.

Dramaworks brings together a talented creative team.

Besides Mr. Tannous, the cast includes stage veterans C. David Johnson as Henry and Tod Randolph as Eleanor, as well as Katherine Amadeo, Justin Baldwin, Cliff Burgess and Chris Crawford.

“I get juiced up when things are based on true historical characters because one of the aspect of directing I like most is the research,” Mr. Hayes said.

And learning about the people behind the characters.

“This dysfunctional family, what we do onstage is an understatement compared to how they really lived their lives. They needed major family therapy,” Mr. Hayes said. “Eleanor of Aquitaine was imprisoned for a total of 15 years, because when she and a couple of the other sons rose up against Henry, she was imprisoned. That was back in 1173 when she rose up against him. And of course, later in life, after Henry died, the brothers would rise up against each other. It was just a fascinating period to me.”

Eleanor has transcended time. While Ms. Randolph will portray her in the Dramaworks production, Katharine

Hepburn portrayed her memorably in the screen version of “The Lion in Winter.” Rosemary Harris created the role on Broadway.

Eleanor had been married to King Philip II's father, King Louis, but the marriage was annulled after she bore him only daughters.

“She was maybe the first feminist, I don't know, but she could certainly hold court and stand up to any man. She had a reputation of being extremely smart and elegant and beautiful and just strong-willed,” Mr. Hayes said. “In fact, King Louis just couldn't even deal with it. But she was also a very sexy and vibrant woman who would ride out on crusade with Louis and she just flirted with everybody she met. She knew how to use her sexuality to gain power.”

Mr. Hayes paused to remember that there was no Christmas gathering of the royal court in 1183, that this is a fictional account. At the core, it transcends more than 800 years to something basic:

“Each of these characters wants love and each of these characters feels rejected by somebody.”

Emotionally needy people? You can't get much more universal than that. ■

in the know

>>What: “The Lion in Winter”
>>When: Dec. 6-Jan. 5
>>Where: Palm Beach Dramaworks' Don & Ann Brown Theatre, 201 Clematis St., downtown West Palm Beach
>>Cost: \$52 and up
>>Info: 514-4042 or palmbeachdramaworks.org

CONTRACT BRIDGE

An anti-percentage play

BY STEVE BECKER

Bridge is largely a game of percentages, but it is first and foremost a game of reasoning. Whenever possible, a player should try to improve on the cold mathematical percentages by putting to use any extraneous information he might gain as the play progresses. If he does this regularly, he will occasionally discover that the so-called percentage play is destined to lose, and that his only real chance is to adopt an anti-percentage play.

For example, take this deal where South lost the first two club tricks and ruffed the third club. Declarer had to lose a diamond trick, so the contract hinged on not losing a trick to the king of hearts.

Declarer knew that the correct percentage play in hearts, missing three to the king, was to lead the jack from dummy and finesse. This would offer a much better chance of avoiding a heart loser than simply playing the ace in the hope of catching the singleton king.

But before committing himself to this line of play, South decided to collect a bit more information about the opposing hands. So at trick four, he led the diamond deuce to the queen, and when this lost to East's ace, he realized he would have to abandon the normal percentage play in trumps and instead pin his hopes on finding West with the singleton king. This was because East had passed at his first turn and had already shown up with the A-Q of clubs and ace

North dealer.

Both sides vulnerable.

NORTH

♠ K Q 7
♥ J 10 8 5 2
♦ Q 6
♣ K 5 3

WEST

♠ J 8 5 3
♥ K
♦ 10 8 7 4
♣ J 10 9 2

EAST

♠ 9 6 2
♥ 7 4
♦ A 9 5 3
♣ A Q 8 6

SOUTH

♠ A 10 4
♥ A Q 9 6 3
♦ K J 2
♣ 7 4

The bidding:

North	East	South	West
Pass	Pass	1♥	Pass
3♥	Pass	4♥	

Opening lead — jack of clubs.

of diamonds. Had he also held the king of hearts, he would surely have opened the bidding.

And so, after East returned a diamond at trick five, South won with the king and laid down the ace of hearts, felling West's king to score a well-deserved victory. The collateral information declarer collected during the early play had changed the percentage play into a non-percentage play. ■

Dec. 6, 2013 - Jan. 5, 2014



by **James Goldman**

Director **William Hayes**

Producers **Ruth & Ted Baum**

Featured Restaurant Sponsor **Leila Restaurant**

There's intrigue and subterfuge afoot in the court of King Henry II, as his wife, Queen Eleanor of Aquitaine, and their three over-eager sons plot and counterplot to force him to name his successor.



Call the Box Office for Showtimes
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WHAT TO DO, WHERE TO GO

Please send calendar listings to pbnews@floridaweekly.com.

At The Arts Garage

The Arts Garage is at 180 NE First St. in Delray Beach. Call 450-6357 or visit artsgarage.org.

■ **Performing Arts Academy FAME** — Dec. 5. Based on the 1980 movie, the play follows a group of performing arts students as they learn to master their craft and grow up alongside each other, rising to the various challenges that face them.

■ **All Day Grunge and Glamour** — Dec. 7. Arts Garage invites you to paint the streets red, with Calle Rojo. This catered event will feature Latin cuisine, Caribbean cocktails and non-stop entertainment. Highlight is Grammy Award-winning salsa phenomenon Marlow Rosado.

■ **Global Invasion: Simpre Flamenco** — 8-11 p.m. Dec. 14. Tickets start at \$25.

At The Bamboo Room

The Bamboo Room is at 15 S. J St., downtown Lake Worth. Call 585-BLUES or visit bambooroomblue

■ **Shemekia Copeland** — 9 p.m. Dec. 6. Tickets: \$30, \$25; \$28 day of show.

■ **Pat Travers Band** — 9 p.m. Dec. 7. Tickets: \$25, \$20; \$23 day of show.

At The Boca Theatre

Located at various venues. For ticket information, call 948-2601 or visit brtg.org.

■ **"Marilyn: Forever Blonde"** — Through Jan. 11. A recreation of what might have been Marilyn Monroe's last chance to tell her story in her own words. Conceived by award-winning producer and writer Greg Thompson. Tickets: \$25 prior to opening; \$30 after opening.

■ **"Respect: A Musical Journey of Women"** — Dec. 5-Jan. 5. Mizner Park Cultural Arts. Musical by Dorothy Marcic details the journey of women through music. Combining excerpts of 60 songs, women's stories are shared about finding dreams, lost love, relationship issues, entering the workforce, gaining independence and more. Tickets: \$38.

At The Colony Hotel

The Colony Hotel is at 155 Hammon Ave., Palm Beach. Call 655-5430 or visit www.thecolonypalmbeach.com.

■ **The Polo Lounge** — Tommy Mitchell, pianist, Thursday and Saturday evenings; Motown Friday Nights with Memory Lane

■ **Michel Bell & Catherine Matejka** — Through Dec. 7, dinner 6:30 p.m., show 8:30 p.m. Tickets: Show only \$45; dinner and show \$90.

■ **The Four Freshmen** — Dec. 11-14, dinner 6:30 p.m., show 8:30 p.m. Tickets: Show only \$50; dinner and show \$100.



COURTESY PHOTO

See Phyllida Barlow's "untitled: brokenupturnedhouse2013" as part of her Norton Museum of Art exhibition, "Hoard," open through Feb. 23.

At Old School Square

Delray Beach Center for the Arts is in Old School Square at 51 N. Swinton Ave. in Delray Beach. Call 561-243-7922 or visit delraycenterforthearts.org.

■ **"Defending the Caveman"** — 8 p.m. Dec. 6-7; 5 p.m. Dec. 7. Crest Theatre. Tickets: \$40.

■ **WITVA Showcase** — Nov. 4-Dec. 8. Crest Galleries. Monday-Friday, 9:30 a.m. — 4:30 p.m.; Saturday 10 a.m.-3 p.m. Work in a variety of media by members of Women in the Visual Arts.

■ **School of Creative Arts Showcase** — Dec. 10-Feb.2; May 1-Sept. 28. Crest Galleries. Monday-Friday, 9:30 a.m.-4:30 p.m.; Saturday 10 a.m.-3 p.m. A multimedia exhibit showcasing drawings, paintings, collage, mixed media and photographs by adult and youth students and instructors.

■ **Cornell Museum Exhibits** — Through Feb. 2. Tuesday-Saturday, 10 a.m.-4:30 p.m.; Thursday until 8 p.m.; Sunday, 1-4:30 p.m. Closed Mondays and major holidays. Admission: \$8 general; \$6 seniors and students with ID; free for ages 10 and under. Palm Beach County residents receive free admission every Thursday.

■ **"ELVIS: Grace & Grit Exhibition"** — This fine art photography exhibition is from the CBS photo archive. The collection of 35 large format, candid and on-air photographs, shot by various CBS Television photographers, documents Elvis before the Las Vegas years — during his meteoric rise to stardom. "Flashback: A Retro Look at the '60s & '70s": Reminisce and enjoy a fun display of music, movie and sports memorabilia on loan from the community.

■ **Holiday Carousel** — Through Jan. 1. Monday through Friday, 5-9 p.m.; Saturday, 10 a.m.-9 p.m.; Sunday 1-9 p.m. Old School Square Grounds. Rides: \$2.

At Delray Playhouse

Delray Beach Playhouse is at 950 N.W. 9th Street in Delray Beach. Call 561-272-1281 or visit delraybeachplayhouse.com. All tickets \$30 (group rates available for 20+).

■ **"Driving Miss Daisy"** — Through Dec. 15

■ **"Harlem On My Mind"** — Dec. 9-18. The Influence of Harlem on The Great White Way. Tickets: \$30.

■ **"You Can't Take it With You"** — Feb. 1-16

■ **"The Pajama Game"** — March 29-April 13

■ **"Doubt"** — May 24-June 8

At Dramaworks

■ **Palm Beach Dramaworks' Don & Ann Brown Theatre is at 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2, or visit www.palmbeachdramaworks.com. Knowledge & Nibbles** — Have lunch, then meet the directors and actors of "The Lion in Winter." 11:30 a.m. Dec. 4. Cost: \$25 guild members, \$30 non-guild members. Reservations: 514- 4042, Ext. 2.

■ **"The Lion in Winter"** — Dec. 6-Jan. 5

■ **"Our Fair Lady"** — Lee Wolf interviews Sally Ann Howes, 2 p.m. and 7 p.m. Dec. 10. Tickets: \$20

■ **"The Actor's Director: Elia Kazan"** — A presentation by J. Barry Lewis, 2 and 7 p.m. Dec. 17. Tickets: \$20

At The Duncan

The Duncan Theatre at Palm Beach State College, 4200 Congress Avenue, Lake Worth. Call 868-3309 or visit www.palmbeachstate.edu/theatre/duncan-theatre.

■ **Holiday Party II** — By the Symphonic Band of the Palm Beaches, 7:30 p.m. Dec. 7; 832-3115 or symbandpb.com.

■ **The Nutcracker** — 7 p.m. Dec. 13. Presented by Dance Alive National Ballet, featuring an international roster of award winning dancers. Become entranced by the beauty of the Sugar Plum Fairy and her dazzling Court, enchanted by the swirling snowflakes and cheer for the tiny toy soldiers and their leader, the handsome Nutcracker Prince. Tickets: \$15.

At The Eissey

The Eissey Campus Theatre is at Palm Beach State College, 11051 Campus Drive off PGA Blvd, Palm Beach Gardens. Tickets at 207-5900, unless otherwise specified, or www.eisseycampustheatre.org.

■ **Winter Music Festival** — By the Benjamin School, 7 p.m. Dec. 5. Tickets: \$5; 472-3476.

■ **Holiday with Gyorgy** — By Gyorgy Lakatos, 8 p.m. Dec. 6. Tickets: \$20.

■ **Holiday Harmonies: To Kids From 1 to 92** — By Women of Note Chorus, 4 p.m. Dec. 7. Tickets: \$15 adult, free for 18 and under.

■ **Holiday Party II** — By the Symphonic Band of the Palm Beaches, 7:30 p.m. Dec. 13; 832-3115 or symbandpb.com

■ **"Holiday Greeting with the Pops"** — 7 p.m. Dec. 15, The Eissey Campus Theatre. Featuring the Robert Sharon Chorale, a children's chorus, bell ringers and more. Tickets: \$25.

■ **An Exhibit of Acrylic Paintings by Pat Heydlauff** — In the Eissey Campus Theatre Lobby Gallery. Dec. 6-Jan. 15.

At The Four Arts

The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Gallery and box office 655-7226 or visit www.fourarts.org.

■ **"Illustrating Words: The Wondrous Fantasy World of Robert L. Forbes, poet and Ronald Searle, artist"** — Through summer 2015. On display in the Mary Alice Fortin Children's Art Gallery.

■ **"Deco Japan: Shaping Art and Culture, 1920-1945"** — Through Jan. 10. The exhibition is drawn from The Levenson Collection and is organized and circulated by Art Services International, Alexandria, Va.

■ **"Delirious Japan: Japanese Visual Culture in the Age of Art Deco"** — Illustrated Lecture by Kendall H. Brown, Professor of Asian Art History, School of Art, California State University, Long Beach, Calif. 11 a.m. Dec. 7.

At JCC

The Mandel JCC is at 5221 Hood Road, Palm Beach Gardens; 689-7700. All events are at the JCC unless otherwise noted.

■ **Dec. 5:** Cultural Tour: Art Basel Miami Beach, 9:30 a.m.; Preschool Gymnastics, 2:30 p.m. (other times available); Youth Gymnastics, 2:30 p.m. (other times available); Line Dancing, 7 p.m.; Needlepoint with Norm, 7 p.m.

WHAT TO DO, WHERE TO GO

■ **Dec. 6: Tracie's Music Together, 9:30 a.m. (other times available); Garnishing** — A Culinary Feast for the Eyes, 10 a.m.

■ **Dec. 8:** Daddy & Me Basketball, 10-10:45 a.m.; Tracie's Music Together, 9:30 a.m.; Pre-School Superstar Sports, 11 a.m.; Youth Art Program by Armory Art Center, 1:30 p.m.; Duplicate Bridge Monthly Sunday Game, 12:30 p.m.

■ **Dec. 9:** Preschool Cooking, 3 p.m.; Youth Cooking, 4 p.m.; Pre-School Superstar Sports, 3 p.m.; Pre-School Yoga Yeladim, 3 p.m.; Youth Gaga, 4 p.m.; Celebrating Sisterhood Community Author Brunch: Guest Author Lynn Povich, 10 a.m. at Temple Emanu-El; 92nd Street Y Live Broadcast with Howard Gardner at Ballen Isles Community, 8:15 p.m.; PBJFF Presents Orchestra of Exiles, 7 p.m.; Belly Dancing Lessons, 7 p.m.; PTST Ultimate Abs & Glutes, 8 a.m.; PTST Ultimate Dance, noon.

■ **Dec. 10:** Pre-School Superstar Sports 1:30 p.m.; Youth Dodge Ball League, 4 p.m.; Youth Extreme Dance, 3 p.m.; Preschool Pee Wee Soccer, 3 p.m.; Academy Special Event: Palm Beach Gardens Medical Center Presents: Heart Healthy Cooking Demonstrations & Samplings, 7 p.m.; PTST Miami Flex, 9 a.m. and noon; PTST Pump, 10 a.m.

■ **Dec. 11:** Academy Special Event: Author Ronald Balson, 7 p.m.; Pre-School Superstar Sports, 1:30 p.m. (Other times available); Youth Superstar Sports, 4 p.m.; Pre-School Pee Wee Basketball, 3 p.m.; Pre-School Hippy Hop Dance, 3 p.m.; Youth Ultimate Cheer Dance, 4 p.m.; Welcome to Medicare Lecture 10 a.m.

■ **Dec. 12:** Tracie's Music Together, 9:30 a.m. (Other times available); Pre-School Superstar Sports, 3 p.m. (Other times available); Pre-School Tiny Toes Combo Dance: Ballet, Tap and Jazz, 3 p.m.; Youth Sports Club, 4 p.m. (Other times available); Youth Director's Cut Mixed Media Workshop, 4 p.m.; Youth Ballet and Jazz, 4 p.m.; Youth Gymnastics 2:30 p.m. (Other times available); Pre-School Gymnastics, 2:30 p.m. (Other times available).

■ **Current Events** — Join lively discussions covering the most up-to-date topics faced by our local community including national affairs and foreign relations as it relates to the United States. Thursdays, 9:30-11:30 a.m.; Free/Members; \$5/Guests

■ **Let's Talk: 75 Minutes with George (George Feirstein)** — This series includes a discussion about today's national and worldwide social, political, and educational events. This season's current events will be analyzed. Thursdays; 12:30 p.m.; Dec. 5, 12.

At The Lighthouse

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$9 adults, \$5 children ages 6-18; children under 6 and active U.S. military admitted free. Children must be at least 4 feet tall to climb. Tours are weather permitting, call for tour time. RSVP required for tours, 747-8380, Ext. 101. www.jupiterlighthouse.org.

■ **Twilight Yoga at the Light** — Dec. 9, Dec. 16, Dec. 23, Dec. 30. Meet on back porch of Lighthouse Museum 15 minutes before class time. Yoga with Mary Veal, Kula Yoga Shala, on the Lighthouse deck at sunset! Class is for all levels. Beginners welcome. Bring a yoga mat and a flashlight. Class offered by donation. Class is weather-dependent (check website).



COURTESY PHOTO

The Dover Quartet performs at 7:30 p.m. Dec. 9 as part of the Kravis Center's Young Artist Series. Performance will be in the Rinker Playhouse. Tickets: \$30.

■ **Hike Through History** — Dec. 7. This two-mile trek passes through historic points of interest on the 120-acre Jupiter Inlet Lighthouse Outstanding Natural Area. The hike departs from the flagpole at the Jupiter Inlet Lighthouse and is weather dependent. Program is open to adults and children. Minimum age 5, ages 13 and under must be accompanied by an adult. Hikers footwear, active wear, a hat, and a full water bottle or canteen should be carried. Admission is free but space is limited; RSVP required. 747-8380, Ext. 101.

At The Kravis

The Kravis Center is at 701 Okeechobee Blvd., West Palm Beach. For tickets, call 832-7469 or log on to www.kravis.org.

■ **Radio City Christmas Spectacular starring The Rockettes** — Through Dec. 8, Dreyfoos Hall. Showtimes vary. Tickets start at \$35.

■ **An Evening with David Burnham in Mostly Broadway** — 7:30 p.m. Dec. 5-6. Persson Hall. Tickets start at \$35.

■ **Young Artists: Dover Quartet, Bryan Lee, Violin; Joel Link, Violin; Milena Pajaro-van de Stadt, Viola; Camden Shaw, Cello** — 7:30 p.m. Dec. 9. Rinker Playhouse. Tickets: \$30.

■ **Kate Clinton, The Sis-Boom-Bah Tour** — 7:30 p.m. Dec. 11-12. Rinker Playhouse. Tickets start at \$38.

■ **A Toast to Cinema: Hollywood's Hit Music on Parade** — With Jessica Hendy, John Boswell, Lee Lessack and Scott Coulter — 11 a.m. and 2 p.m. Dec. 12. Dreyfoos Hall. Tickets: \$28.

■ **Michael McDonald: This Christmas, An Evening of Holiday and Hits** — 8 p.m. Dec. 13. Dreyfoos Hall. Tickets start at \$25.

■ **Family Fare: Arthur Christmas** — 7 p.m. Dec. 14. Gosman Amphitheatre. Tickets: \$5.

■ **Bernadette Peters** — 8 p.m. Dec. 14. Dreyfoos Hall. Tickets start at \$25.

At The Lake Park Public Library

Lake Park Public Library is at 529 Park Ave., Lake Park. All events are free. 881-3330.

■ **Super Hero Hour** — 3:30 p.m. Thursdays. Ages 12 and under.

■ **Adult Writing Critique Group** — Saturdays 10:30 a.m.-1 p.m. 16 years and up.

■ **Anime** — 6-7 p.m. Tuesdays. Ages 12 and up.

At The Lake Worth Playhouse

The Stonzek Theatre is at 709 Lake Ave., Lake Worth. Playhouse: 586-6410; Films: 296-9382. www.lakeworthplayhouse.org.

■ **Onstage: "The Game's Afoot... or Holmes for the Holidays"** — Through Dec. 8, 2 p.m. matinees, 8 p.m. evenings. Tickets: \$23-\$35. Diva's Holiday Party — Join your favorite Queens as your favorite Holiday Divas. Songs, skits, comedy. Dec. 13. 8 p.m. \$15 all tickets.

■ **Film:** Call the theater for schedules.

At Living Room Theaters

Living Room Theaters, on the campus of Florida Atlantic University in Boca Raton, is at 777 Glades Road. Call 549-2600 or visit fau.livingroomtheaters.com.

■ **Film:** "Twice Born," Dec. 6; "The Broken Circle Breakdown," Dec. 6; "Richard II," Dec. 8.

At Lynn University

Lynn University's Keith C. and Elaine Johnson Wold Performing Arts Center is at 3601 N. Military Trail, Boca Raton. (561) 237-9000.

■ **Preparatory School of Music Recital** — 10 a.m. Dec. 7. Wold Center. Free. For info, call 561-237-9000.

■ **Gingerbread Holiday Concert** — 3 p.m. Dec. 8, Boca Raton Resort & Club. Performances by the Lynn University Philharmonia Orchestra. Raises money for scholarships. Tickets: \$35.

At MacArthur Park

John D. MacArthur Beach State Park and Nature Center is at 10900 Jack Nicklaus Drive, North Palm Beach. 624-6952 or www.macarthurbeach.org.

■ **Nature walk** — 10-11 a.m. daily

At The Maltz

The Maltz Jupiter Theatre is at 1001 E. Indiantown Road, Jupiter. Call 575-2223 or visit www.jupitertheatre.org.

■ **"Annie"** — Through Dec. 22

■ **Palm Beach Gardens Concert Band Holiday Concert** — 7:30 p.m. Dec. 23. Tickets: \$15.

■ **Capitol Steps** — New Year's Eve—5 & 8 p.m. Dec. 31. Tickets: \$50, \$60 and \$85 for VIP.

■ **"A Chorus Line"** — Jan. 14-Feb. 2

■ **"Other Desert Cities"** — Feb. 16-March 2

■ **"The King and I"** — March 18-April 6

At The Mos'Art

The Mos'Art Theatre is at 700 Park Ave., Lake Park. Call 337-OPOD (6763) or visit www.mosarttheatre.com.

■ **Open Mic Night** — 8-11 p.m. Dec. 5.

■ **Garden Folk Concert** — Carla Ulbrich, aka "Professional Smart Aleck" and singer/songwriter, 6-10 p.m. Dec. 7. Doors open at 6:30. Cost is \$20 at the door. Info: fsl143@comcast.net or (301) 807-7801 www.gardenfolkconcerts.org.

■ **Films:** Dec. 5: "Dear Mr. Waterson" and "Blue is the Warmest Color." Dec. 6-12: "Let the Fire Burn" and "The Great Beauty."

At North Palm Beach Library

303 Anchorage Drive, North Palm Beach; 841-3383, www.npblibrary.org.

■ **Knit & Crochet** — 1-3 p.m. Mondays

■ **Kids Crafts ages 5-12** — 2 p.m. Fridays

At PBAU

Palm Beach Atlantic University, 901 S. Flagler Drive, West Palm Beach. For tickets: 803-2970 or ticketcentral@pba.edu.

■ **Tauni De Lesseps Student Art Show** — 8 a.m.-5 p.m. Monday-Saturday, 1-5 p.m. Sunday. Through Dec. 11. Warren Library. View award-winning student artwork.

■ **PBAU Distinguished Artists Series: Wayne Bergeron, Jazz Trumpeter** — 7:30 p.m. Dec. 6. Helen K. Persson Recital Hall in Vera Lea Rinker Hall. Tickets: \$20 general admission; \$10 students.

■ **An Evening of Diverse Chamber Music** — 7:30 p.m. Dec. 7. Helen K. Persson Recital Hall in Vera Lea Rinker Hall.

WHAT TO DO, WHERE TO GO

At Palm Beach Improv

Palm Beach Improv is at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach; 833-1812 or palmbeachimprov.com.

■ **Dave Coulier** — Various times Dec. 5-8. Tickets: \$20

At The Plaza Theatre

Plaza Theatre, 262 S. Ocean Blvd., Manalapan; 588-1820 or www.theplaza-theatre.net.

■ **"I Love You You're Perfect Now Change!"** — Dec. 5-22. Wednesday and Sunday, 2 p.m.; Thursday and Friday, 7:30 p.m.; Saturday, 2 p.m. & 7:30 p.m. Take a musical journey through dating, love and marriage, all while dealing with in-laws, newborns, family car trips and frisky seniors. Directed by Kevin Black. Starring Wayne LeGette, Mia Matthews, Mike Westrich, Leah Sessa. Tickets: \$45.

Fresh Markets

■ **Sailfish Marina Sunset Celebration** — 6 p.m. Thursdays. Shop for arts and crafts made by artists from around the country. Sailfish Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores; 842-8449.

■ **Jupiter Green & Artisan Market** — 5-9 p.m. Fridays, Riverwalk Events Plaza, 150 S. U.S. 1, Jupiter. Free. Includes baked goods, fresh produce, arts and crafts, jewelry, pet products and more. Vendors welcome. Contact Harry Welsh at (203) 222-3574 or visit www.harrysmarkets.com.

■ **West Palm Beach GreenMarket** — 9 a.m.-1 p.m. Saturdays at Waterfront Commons, downtown West Palm Beach (through May 31). Includes vendors selling the freshest produce, baked goods, plants, home goods and more. Admission is free. Parking is free in the Banyan and Evernia garages during market hours. Info: wpb.org/greenmarket.

■ **Abacoa Green Market** — 9 a.m.-2 p.m. Saturdays at Abacoa Town Center, 1200 Town Center Drive, Jupiter. Info: reggie.chasesun@gmail.com.

■ **West Palm Beach Antique & Flea Market** — 9 a.m.-3 p.m. Saturdays on Narcissus Avenue, north of Banyan Boulevard. For information, search Facebook or call 670-7473.

■ **Gardens GreenMarket** — 8 a.m.-1 p.m. Sundays, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. Come shop at more than 120 vendors with an abundance of just-picked, orchard-grown goods, a wide selection of seasonal vegetables and fruits, fragrant herbs, honey, and homemade old-fashioned breads, doughnuts, pies, cheeses, sauces and handmade crafts. Leave your pets at home. Visit pbgfl.com/greenmarket or call 630-1100. The meats, sauces, jewelry,

■ **Palm Beach Green Market & Bazaar** — 9 a.m.-1 p.m. Sundays (through April 27), Commons Park, 11600 Poinciana Blvd., Royal Palm Beach. Shop some of the area's finest vendors selling fruits and vegetables, fresh flowers and plants. Enjoy artisan foods, baked goods and a unique selection of artists and crafters. www.rpbgreenmarket.com.

■ **Royal Palm Beach Green Market & Bazaar** — 9 a.m.-1 p.m. every Sunday. Commons Park, 11600 Poinciana Blvd. Royal Palm Beach, through April 27. Shop some of the areas finest vendors selling fruits and vegetables, fresh flowers and plants. Enjoy artisan foods, baked goods and a unique selection of artists and crafters. www.rpbgreenmarket.com.

Thursday, Dec. 5

■ **Great Books Reading and Discussion Group** — Dec. 5 and 19. Meets at 10 a.m. the first and third Thursday of each month. Barnes & Noble coffee shop, 11380 Legacy Ave., Palm Beach Gardens. Free; 624-4358.

■ **Story time session at the Loxahatchee River Center** — 9:30 a.m. Thursdays, Burt Reynolds Park, 805 N. U.S. 1, Jupiter; 743-7123; or visit www.loxahatcheeriver.org/rivercenter.

■ **Bingo** — Noon every Thursday at the Moose Lodge, 3600 RCA Blvd., Palm Beach Gardens. Lunch available at 11 a.m. Packs start at \$15. \$250 games. 626-4417.

■ **Clematis by Night** — Live music 6-9 p.m. Thursdays, Clematis Street at the Waterfront, downtown West Palm Beach, 822-1515 or visit www.clematisbynight.net. Dec. 5: Holiday tree lighting with Randy Houser and Brooke Eden. Dec. 12: New Horizon Band. Dec. 19: Holiday Circus by Ringling Bros. and Barnum & Bailey Circus. Dec. 26: No performance. Jan. 2: Eclipse.

Friday, Dec. 6

■ **Palm Beaches Marathon and RunFest** — 4-8 p.m. Dec. 6: Publix Health & Fitness Expo, Harriet Himmel Theater, CityPlace. 6-10 p.m. Dec. 6: Waterfront 5K/10K, Waterfront Commons, downtown West Palm Beach. 10 a.m.-6 p.m. Dec. 7: Publix Health & Fitness Expo, Harriet Himmel Theater. 6:30 a.m.-1:30 p.m. Dec. 8: Palm Beaches Marathon, Half Marathon and Relay, Waterfront Commons. 7:30 a.m.-2 p.m. Post Race Festival, Waterfront Commons. Registration for the 10K is \$60 during Race Week. Registration for the 5K is \$45 during Race Week. Race fees for the Marathon portion of Palm Beaches Marathon and Run Fest presented by Publix are now \$125, \$105 for the Half Marathon. Email PBMinfo@usroadsports.com for more information or visit runpalmbeaches.com.

■ **West Palm Beach Antiques Festival** — See hundreds of dealers in antiques, collectibles and decorative items 9 a.m.-5 p.m. Dec. 6, 9 a.m.-5 p.m. Dec. 7 and 10 a.m.-4:30 p.m. Dec. 8 at the South Florida Fairgrounds, West Palm Beach. Tickets: \$8 adults, \$7 seniors, free for under 16. Two-day admission: \$12. A \$25 early buyer ticket allows admission at 9 a.m. Dec. 6. Discount coupon online at wpbaf.com. Information: 941-697-7475.

■ **Florida School for Dance Education** — 4100 PGA Blvd., Palm Beach Gardens. Dec. 6, 5-7 p.m.; "The Kingdom of the Sweets," excerpts from The Nutcracker, and refreshments, activities and a silent auction. Adults \$15, Children \$10. RSVP at 627-9797.

■ **Food Truck Pow Wow** — 5-9 p.m. the first Friday of the month (next session Dec. 6), Constitution Park, 399 Seabrook Road, Tequesta. Includes live music; admission is free. Info: tequesta.org

■ **Multilingual Language & Cultural Society** — 210 South Olive Ave., West Palm Beach. End of the Year Party with Frank Cerabino. Dec. 5, 7-9 p.m. Free for MLCS members; \$10 general admission.

■ **Downtown Live** — 7 p.m. Fridays, Downtown at the Gardens' Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens.

Saturday, Dec. 7

■ **Merasha debut concert** — Palm Beach County resident Merasha launches her debut album "Lunatic" with a free concert at B.B. King's at CityPlace in West Palm Beach. Doors open at 2 p.m. Dec. 7. Besides songs from the album, Merasha and her band The Alien Invasion will play covers from Led Zeppelin, Alicia Keys, Daft Punk and Joss Stone. More information at merasha.com. No cover charge.

■ **North Pole at Legacy Place** — noon-3 p.m. Dec. 7 and 14 at Legacy Place, 11290 Legacy Ave., Palm Beach Gardens. See Santa and Mrs. Claus, train rides complete with garland, bows, holiday gumdrops, a miniature train and elves and more. There will be a petting zoo, holiday miniature pony encounter, trackless train rides, meet-and-greet with Santa and Mrs. Claus at the "North Pole" in their splendid carriage sleigh, and a special craft area where children can create a personalized letter to Santa and leave it in a special Express mailbox. All events are free and open to the public. Info: www.shoplegacyplace.com or call 285-2910.

■ **Kids Story Time** — 11:30 a.m. Saturdays, Loggerhead Marinelife Center, 14200 U.S. 1, Juno Beach; free. Visit marinelife.org.

■ **Ginger's Dance Party** — 8-10 p.m. Saturdays, Palm Stage, Waterfront Commons, downtown West Palm Beach. Free. 822-1515; wpb.org/gingers.

Monday, Dec. 9

■ **Barre Pilates Classes** — Ages 16 years and up can participate 6:15-7:05 p.m. Mondays at the Burns Road Recreation Center, 4404 Burns Road, Palm Beach Garden. Sign up for a 6-week session or just pay the drop-in fee per class. For more information or to register, visit www.pbgfl.com/recreationandparks or call 630-1100.

■ **American Needlepoint Guild** — 10 a.m. every second and fourth Monday (next meeting is Dec. 9), 110 Mangrove Bay Way, Jupiter. Call 747-7104 or email mbusler@comcast.net.

Tuesday, Dec. 10

■ **Le Cercle Francais** — Francophiles and Francophones can join for a monthly gathering at 6:30 p.m. the second Thursday of the month (next session Dec. 12), in members' homes. Call 744-0016.

Wednesday, Dec. 11

■ **"Abstract Expressionism"** — A Solo Exhibition By Margie Agoston, Visual Artist, through The Artists Association of Jupiter, 6:30-8:30 p.m. Dec. 11 at A Unique Art Gallery, 226 Center St. #8 in Jupiter. A portion of proceeds from sales of artworks will benefit Toys for Tots. Bring an unwrapped toy and you will receive a chance to a win a custom art piece. Call 529-2748 or email info@artistsassociationofjupiter.com.

■ **"Dance the Night Away"** — Gala celebrating The Center for Family Services' 52nd anniversary, 7 p.m. Dec. 11, Club Colette, Palm Beach. Tickets: \$600. Proceeds benefit The Pat Reeves Village-Emergency Shelter. For more information, call Stanton Collemer at 616-1257, email SCollemer@ctrfam.org or visit www.ctrfam.org.

■ **Hatchling Tales** — 10:30-11 a.m. Wednesdays. Loggerhead Marinelife Center, 14200 U.S. Highway 1, Juno Beach; 627-8280 or info@marinelife.org.

Ongoing Events

■ **The Artists of Palm Beach County** — Small Works Exhibit at Art on Park, 800 Park Ave., Lake Park. Most works will be 12 inches by 12 inches or smaller and will be priced at less than \$100. Enjoy drinks and refreshments at the opening reception on Black Friday from 5 to 8 p.m. The show runs through Dec. 24. Hours are noon-6 p.m. Monday-Saturday, extended hours through the holidays until 8 p.m. Friday and Saturday nights; 345-2842.

■ **Ann Norton Sculpture Garden** — The 7th Annual Holiday House, 10 a.m.-4 p.m. Wednesday-Sunday through Dec. 14. Tickets: \$10 adults; \$8 seniors; \$5 students; 7th Annual Festival of Trees Gala: "The Wonder of Words," 7-10 p.m. Dec. 6. More than 25 trees decorated with poetic themes fill the gardens. Guests are invited to join in for an evening of hors d'oeuvres and spirits to will kick off the holiday season. Tickets: \$225 non-members; Festival of Trees Community Days, 6-8:30 p.m. Dec. 7-14. Special musical and dance performances from area students, including the Oxbridge Academy of the Palm Beaches will enchant all. Tickets: \$15 adults; \$7 children; Festival of Trees Children's Gala, 5-7 p.m. Dec. 15. Tickets: \$40 (Children must be accompanied by an adult). The gardens are at 253 Barcelona Road, West Palm Beach. Phone: 832-5328 or ansrg.org.

■ **Aqua Pilates** — 10-11 a.m. Tuesdays and 5:15-6:15 p.m. Thursdays at the Palm Beach Gardens Aquatic Complex, 4404 Burns Road, Palm Beach Gardens. All equipment provided. Drop-In fee is \$6 for residents of Palm Beach Gardens and \$8 non-residents. Call Brittani Benko at 630-1145.

■ **Armory Art Center** — Dec. 6-8. The Annual Holiday Studio Sale features one-of-kind handmade items made by Armory students and instructors. Art Basel Miami Beach Bus Trip — 9 a.m.-6 p.m. Dec. 6. Tickets will include round trip bus transportation and admission to Art Basel — Miami Beach and Art Miami. Tickets: \$45. Patrons Dinner: 6-9 p.m. Dec. 11. The Chesterfield hotel, Leopard Lounge. This event helps raise money for the Armory's visual arts programs for both youth and adults. Tickets: \$275. The Armory is at 1700 Parker Ave., West Palm Beach; 832-1776 or armoryart.org.

■ **Boca Raton Museum of Art** — Through Dec. 29: "Nancy Davidson: Let'er Buck." Through Dec. 29: "Dulce Pinzón: The Real Story of the Superheroes." Through Jan. 5: "Caught on Film": Photography from the Collection. Hours: Tuesday-Friday 10 a.m.-5 p.m.; Saturday-Sunday, noon-5 p.m.; Wednesdays, 10 a.m.-9 p.m.; closed Mondays and holidays. Admission: Free for members and children 12 and under; adults \$8; seniors (65+) \$6; students (with ID) \$5. Boca Raton Museum of Art, 501 Plaza Real, Boca Raton (In Mizner Park). 561-392-2500; bocamuseum.org.

Marlins, Cardinals spring training schedules set for Roger Dean

The Miami Marlins and St. Louis Cardinals will return to Roger Dean Stadium in 2014 for 28 games, plus 2 exhibition games, according to the Spring Training schedules released by the two teams.

The teams will battle the New York Mets, Atlanta Braves, Minnesota Twins, Detroit Tigers, Washington Nationals, Houston Astros and the World Series Champions, the Boston Red Sox, during Grapefruit League action.

Spring Training will begin with two exhibition games. The Marlins will host the University of Miami on Feb. 26 and Florida International University on Feb. 27. Both games will begin at 1:05 p.m.

Roger Dean Stadium will host 16 home games for the Marlins and 14 for the Cardinals.

The Cardinals kick off their Grapefruit League season on Feb. 28 against Miami at 1:05 p.m.

The Marlins will host the New York Mets in the season's only night game at Roger Dean Stadium to provide those who cannot attend afternoon games a chance to see the Spring Training Baseball. They will play on March 14 at 7:05 p.m.

Season tickets for either or both teams can be purchased at Roger Dean Stadium Ticket Office or by calling 630-1828. Individual game tickets go on sale Jan. 11 at 10 a.m. during Roger Dean Stadium's 'Fan Fest' and via Ticketmaster.

Group tickets and 6+ mini plans are also offered. For more information call the stadium office at 775-1818.

For more information see RogerDeanStadium.com.

2014 Complete Spring Training Schedule:



Feb. 26, Hurricanes @ Marlins, 1:05 p.m.; Feb. 27, Golden Panthers @ Marlins, 1:05 p.m.; Feb. 28, Marlins @ Cardinals, 1:05 p.m.; Mar. 1, Cardinals @ Marlins, 1:05 p.m.; Mar. 2, Mets @ Cardinals, 1:05 p.m.; Mar. 3, Astros @ Marlins, 1:05 p.m.; Mar. 4, Twins @ Marlins, 1:05 p.m.; Mar. 5, Red Sox @ Cardinals, 1:05 p.m.; Mar. 6, Red Sox @ Marlins, 1:05 p.m.; Mar. 7, Marlins @ Cardinals, 1:05 p.m.; Mar. 8, Nationals @ Cardinals, 1:05 p.m.; Mar. 9, Tigers @ Marlins, 1:05 p.m.; Mar. 10, Tigers @ Cardinals, 1:05 p.m.; Mar. 11, Mets @ Cardinals, 1:05 p.m.; Mar. 12, Braves @ Marlins, 1:05 p.m.; Mar. 13, Braves @ Cardinals, 1:05 p.m.; Mar. 14, Mets @ Marlins, 7:05 p.m.; Mar. 15, Nationals @ Marlins, 1:05 p.m.; Mar. 16, Mets @ Cardinals, 1:05 p.m.; Mar. 17, Mets @ Marlins, 1:05 p.m.; Mar. 18, Astros @ Marlins, 1:05 p.m.; Mar. 19, Twins @ Cardinals, 1:05 p.m.; Mar. 20, Cardinals @ Marlins, 1:05 p.m.; Mar. 21, Nationals @ Cardinals, 1:05 p.m.; Mar. 22, Mets @ Marlins, 1:05 p.m.; Mar. 23, Cardinals @ Astros, 1:05 p.m.; Mar. 24, Nationals @ Marlins, 1:05 p.m.; Mar. 25, Cardinals @ Marlins, 1:05 p.m.; Mar. 26, Nationals @ Cardinals, 1:05 p.m.; Mar. 27, Marlins @ Cardinals, 1:05 p.m. ■

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 (Narcissus Ave. and Banyan Blvd. in front of the Old City Hall)
 GPS 200 Banyan Blvd.
CALL 561-670-7473
www.wpbantiqueandfleamarket.com

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2	5	8	3	4	7	9	1	6
3	7	1	9	8	6	2	4	5
6	9	4	5	2	1	7	3	8
8	3	7	6	1	4	5	9	2
4	6	2	8	5	9	1	7	3
5	1	9	7	3	2	8	6	4
1	4	6	2	9	8	3	5	7
7	2	5	1	6	3	4	8	9
9	8	3	4	7	5	6	2	1

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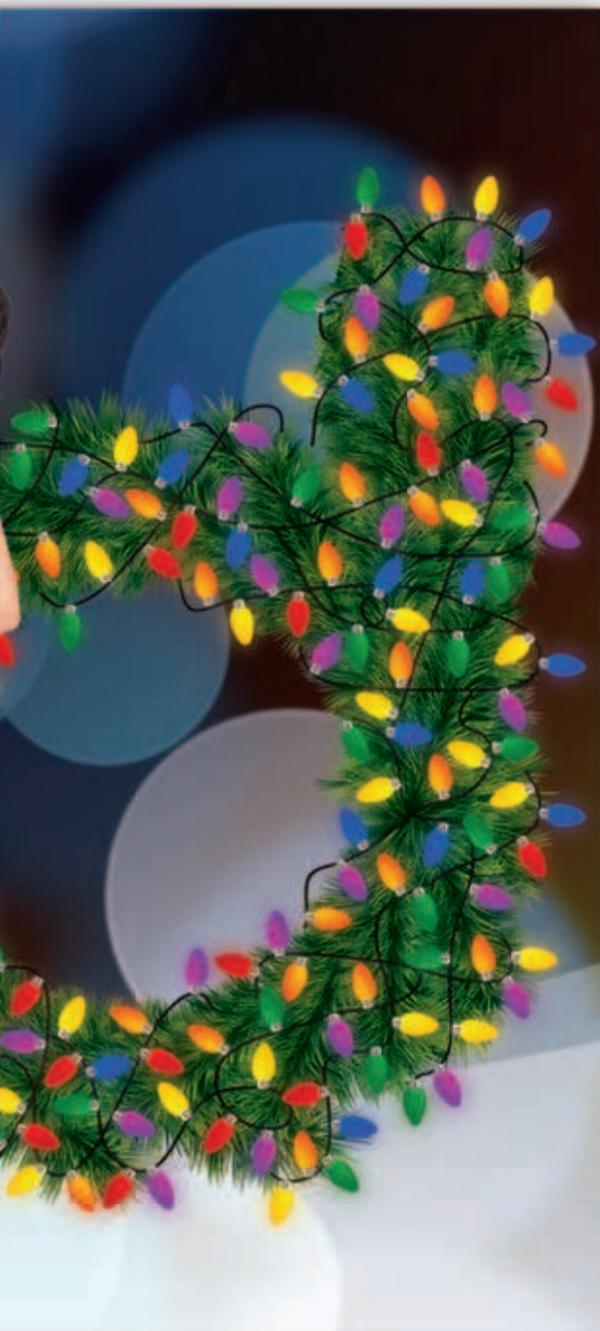
Jack Lighton and Jim Toomey



Jack Lighton, Glenn Glazer, Lynne Wells and Pete Wells

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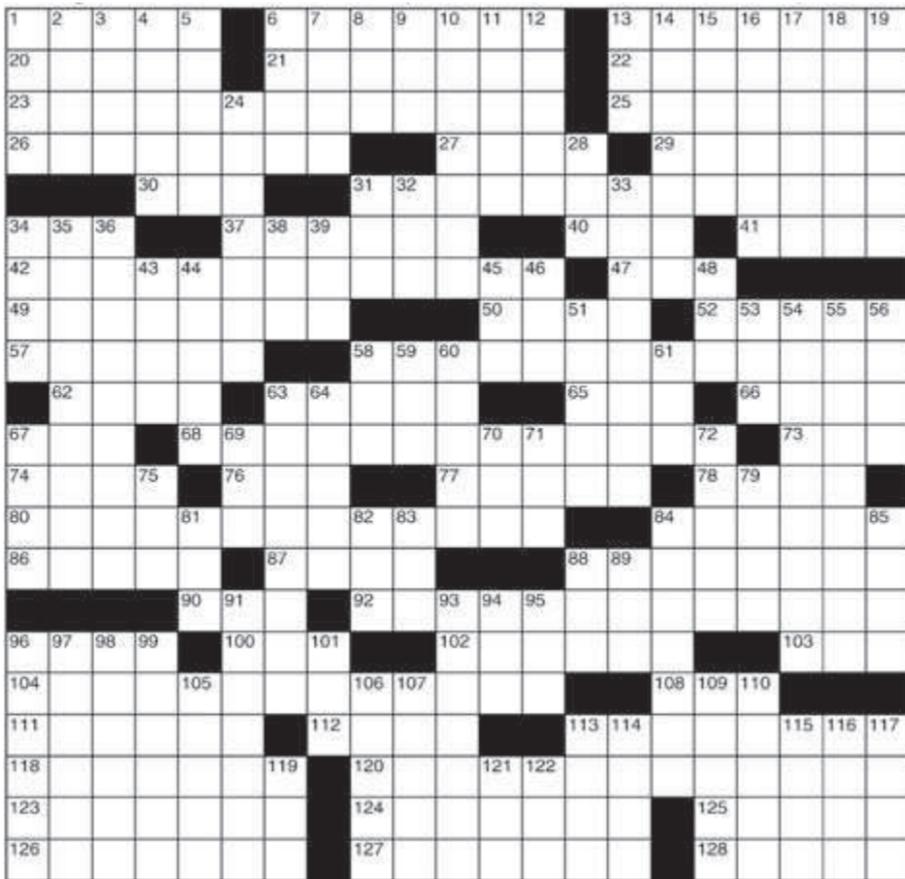
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PUZZLES

JOKE TIME JUMBLES



- ACROSS**
- 1 Joe of "Raging Bull"
 - 6 Boss woman
 - 13 Gabs with flirtatiously
 - 20 Routinely
 - 21 Explorer Leif
 - 22 Carolina of fashion
 - 23 Bought brass and bronze?
 - 25 Swallow greedily
 - 26 Selected passages
 - 27 Mediocre grades
 - 29 Field marshal Erwin
 - 30 Took a chair
 - 31 Where a beautiful woman swims?
 - 34 Jay-Z hit, e.g.
 - 37 Moon of Jupiter
 - 40 Restroom, for short
 - 41 City in central Sicily
 - 42 "Alas, it's true, Ms. Bergen?"
 - 47 Autumn chill
 - 49 Dolled (up)
 - 50 Library of Congress ID
 - 52 "Hawaiian Favorites" singer
 - 57 "Yer darn —!"
 - 58 Show off parquet work?
 - 62 Ocean Spray flavor prefix
 - 63 Take — (chance it)
 - 65 Oil qty.
 - 66 "... some kind of —?"
 - 67 Ruminant's chew
 - 68 Guthrie launches a Jedi master into a somersault?
 - 73 Addenda to ltrs.
 - 74 Blind as —
 - 76 Hesiod's H
 - 77 Like Carroll's "borogoves"
 - 78 Part of TLC
 - 80 Tinkerbell's ancient milky gem?
 - 84 "The Raven" maiden
 - 86 Blasé feeling
 - 87 Yemen port
 - 88 Sugar quantity
 - 90 During each
 - 92 Maneuver to avoid a traffic jam doesn't work?
 - 96 Hot tub locales
 - 100 Succor
 - 102 Beaverlike rodent
 - 103 Driver's peg
 - 104 Inundate
 - 108 Size up from medium:
 - 111 Actor
 - 112 Big drink
 - 113 Recurring melodic fragment
 - 118 Scale ranges
 - 120 What each of this puzzle's eight longest answers is a
 - 123 Least nice
 - 124 Hit from behind
 - 125 Rainer of film
 - 126 Classifies
 - 127 Myopic cartoon guy
 - 128 Rocker Bob
 - DOWN**
 - 1 Pontiff
 - 2 PC-sent page
 - 3 Glue — (adhesive brand)
 - 4 Gives up
 - 5 Prefix with red
 - 6 Pal of Ernie
 - 7 Savings plans, briefly
 - 8 Jazz poet
 - 9 Scott-Heron
 - 9 Cato's 1,150
 - 10 Withdrawn from people
 - 11 "True Blood" co-star
 - 12 Stephen Adams of photography
 - 13 "Evita" role
 - 14 Title king for the Bard
 - 15 Strong rival of Sparta
 - 16 — I'oeil
 - 17 Homily
 - 18 Spur
 - 19 Simmered Spanish dish
 - 24 Decided to enter
 - 28 "My Gal —"
 - 31 Dandy fellow
 - 32 GI's address
 - 33 Popular Irish ballad
 - 34 Spellbound
 - 35 Like the conga drum, ethnically
 - 36 Destine
 - 38 Manipulate
 - 39 Fishing stick
 - 43 "— girl!"
 - 44 1986 book by rocker
 - 45 Sassy talk
 - 46 Big inits. in fashion
 - 48 Many a sharable PC file
 - 51 Soft as a — bottom
 - 53 Ending for Rock
 - 54 Like the United Way and NPR
 - 55 Locale-specific regulation
 - 56 Meal bits
 - 58 "What's the —?"
 - 59 Molokai or Maui; Abbr.
 - 60 Penny-pinch
 - 61 Municipal pol.
 - 63 Certain female opera solo
 - 64 Writer Dahl
 - 67 Snug eatery
 - 69 Not a bus.
 - 70 Ms. Zadora
 - 71 Size that's the opp. of 108-Across
 - 72 — clubs (certain card)
 - 75 Capote, to his buddies
 - 79 Koumikova of the court
 - 81 Quick bark
 - 82 Berlin article
 - 83 Yoko —
 - 84 Sticking by
 - 85 In addition
 - 88 35mm camera type
 - 89 Maui paste
 - 91 Impassioned
 - 93 Letter shuffle
 - 94 Hwy. crime
 - 95 Old religious scandal inits.
 - 96 Gallery in western CA
 - 97 Sites
 - 98 Big arteries
 - 99 California county
 - 101 Bad.
 - 107 Prefix
 - 105 Capital of Delaware
 - 106 Bee cluster
 - 107 Pied —
 - 109 Fish parts
 - 110 Come after
 - 113 — concern
 - 114 "— I" ("Me too")
 - 115 Take — at (insult)
 - 116 Hit with a zapping gun
 - 117 — and terminator
 - 119 Aves.
 - 121 Lyric-penning
 - 122 Gershwin
 - 122 Tripod piece

◀ SEE ANSWERS, B9

HOROSCOPES

■ **SAGITTARIUS (November 22 to December 21)** A financial matter requires close attention. Also, news from a trusted source provides the means to help sort out a long-standing state of confusion and put it into perspective.

■ **CAPRICORN (December 22 to January 19)** This is a good time to reinforce family ties. Make it a priority to assess and resolve all outstanding problems. Start the upcoming holiday season with a full measure of love.

■ **AQUARIUS (January 20 to February 18)** Don't be pressured into a so-called solid-gold investment. Wait until the holiday distractions are over. Then take a harder look at it. You might find that the "gold" is starting to flake off.

■ **PISCES (February 19 to March 20)** A former friend might be trying to heal the breach between you by using a mutual friend as an intermediary. Best advice: Keep an open mind despite any lingering bad feelings.

■ **ARIES (March 21 to April 19)** Careful, Lamb. Don't let your generous nature lead to some serious overspending as you contemplate your holiday gift-giving. Your social life kicks off into high gear by week's end.

■ **TAURUS (April 20 to May 20)** A positive attitude helps you weather annoying but unavoidable changes in holiday plans. Aspects favor new friendships and reinforcement of existing relationships.

■ **GEMINI (May 21 to June 20)** Demands on your energy level could be

much higher than usual as you prepare for the upcoming holidays. Be sure to pace yourself. Friends and family will be happy to help.

■ **CANCER (June 21 to July 22)** Don't allow a suddenly icy reaction from a friend or family member to continue without learning what caused it — and what can be done to restore that once warm and caring relationship.

■ **LEO (July 23 to August 22)** A relationship seems to be unraveling, mostly from a lack of attention. It might be a good idea to ease up on whatever else you're doing so you can spend more time working to mend it.

■ **VIRGO (August 23 to September 22)** New facts emerge that not only help explain the recent rift with a trusted colleague, but also might provide a chance to wipe the slate clean and make a fresh start in your friendship.

■ **LIBRA (September 23 to October 22)** A family member's personal situation is, fortunately, resolved in time for you to get back into your hectic round of holiday preparations. An old friend might bring a new friend into your life.

■ **SCORPIO (October 23 to November 21)** Pace yourself in meeting holiday pressures and workplace demands to avoid winding up with a frayed temper and a Scorpian stinger that lashes out at puzzled kith, kin and colleagues.

■ **BORN THIS WEEK:** You have a way of saying the right thing at the right time. Your friendships are deep and lasting. ■

By Linda Thistle

2		3		9	6
	7		8		5
		4		1	3
8			1		2
4	6			9	1
		9	7		6
		6		9	
	2			3	8
9		4		5	6

Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

★ Moderate ★★ Challenging
★★★ Expert

◀ SEE ANSWERS, B9

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LATEST FILMS

'Frozen'

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★★★★½

Is it worth \$15 (3D)? Yes

There's a reason girls become enamored with Disney princesses. It's because Disney is better than everyone else in the world at creating heroines who get to do cool things and sing wonderful songs and save magical kingdoms. The princesses are fantasies that couldn't possibly exist, of course, but the idea that they *can* be real is too intoxicating and effervescent for little girls to know what to do with themselves.

"Frozen" now wonderfully adds to the list of Disney heroines, and this time there are two princesses your daughters will want to be next Halloween.

In the kingdom of Arendelle, Princess Elsa (Idina Menzel) is born with the magical power to create snow and ice. However, when she's unable to control it and nearly kills her sister Anna (Kristen Bell), Elsa is forced to live in solitude.

Years later, after Anna's mind is wiped clean of nearly dying at her sister's hand, Elsa loses control of her abilities when she's crowned queen. Snow, ice and frost encapsulate Arendelle during its otherwise hot and busy summer, leaving Anna to venture into the frozen forest to find her sister and talk some sense into her.

Unprepared for the cold, Anna is helped along by an ice salesman named Kristoff (Jonathan Goff), his trusty reindeer, Sven, and a silly snowman named Olaf (Josh Gad).

It is a compliment to write that this movie could easily be adapted into a Broadway musical and lose little of its appeal. It features original songs from husband-and-wife songwriters Kristen Anderson-Lopez and Tony Award-winner Robert Lopez ("Avenue Q"). These numbers, in a word, are splendid. Ms. Menzel's "Let It Go," sung when Elsa abdicates her throne to live in the mountains, is rousing, beautiful, emotional and chilling (pun intended), a true showstopper in a film full of quality work. Other notable songs are "For The First Time In Forever" sung by Ms. Menzel and Ms. Bell, and "In Summer,"

in which snowman Olaf cutely pontificates about how much he'd love the summer.

Writer/directors Chris Buck and Jennifer Lee's touching story also features ample laughs and exciting action sequences full of imagination. What's more, the sweeping, colorful visuals are cool and crisp in 3D. Whether it's the interior of the castle, high up in the snowy mountains or the glistening ice, the production design is lush and gorgeous and the animation is superb.

Pixar might be considered the reigning king of cartoons, but the folks at Disney Animation are not far behind. Given that the studio created feature-length



animation and animated musicals with "Snow White and the Seven Dwarfs" in 1937, its enduring legacy and influence is notable. Recently, "Tangled" (2010) was absolutely fantastic, and "Wreck-It-Ralph" (2012) was a box office smash; now "Frozen" is the best animated film of its year, meaning the studio doesn't look to be slowing down anytime soon. And we the audience, gratefully, get to enjoy every moment. ■

in the know

>> An original Disney Animation short titled "Get A Horse," which begins in the style of the Mickey Mouse shorts of the late 1920s and then takes a modern twist, precedes "Frozen." The short is absolutely delightful, so don't be late to the theater.

CAPSULES

Homefront ★★

(Jason Statham, James Franco, Winona Ryder) Looking to get away from his law enforcement career, former DEA agent Phil Broker (Mr. Statham) retreats to a small Louisiana town, only to find trouble with an ambitious local drug dealer (Mr. Franco). It's a by-the-book action flick that gets more boring as each of its 100 minutes passes. Rated R.

Nebraska ★★★

(Bruce Dern, Will Forte, June Squibb) Old and cantankerous Woody (Mr. Dern) and his son David (Mr. Forte) travel from Montana to Nebraska to claim a million dollar sweepstakes prize Woody received in the mail. Although there are

strong performances in this latest film from Alexander Payne ("Sideways"), it lacks the sharp wit and originality of his other work. Still, it's a solid effort. Rated R.

The Hunger Games: Catching Fire ★★★

(Jennifer Lawrence, Liam Hemsworth, Josh Hutcherson) Katniss (Ms. Lawrence) and Peeta (Mr. Hutcherson) must keep their faux romance alive during a victory tour or face extermination from President Snow (Donald Sutherland). Solid visuals, exotic costumes, and a story that's nicely building toward something greater make this a worthy sequel to "The Hunger Games" (2012). Rated PG-13. ■



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IMAGE: George Wesley Bellows (American, 1882-1925), Winter Afternoon, January 1909 (detail)



Financial gifts kids will actually like

With so much materialism surrounding the holidays, it's nice when you can give a gift that accomplishes more than just adding to someone's collection of stuff—especially when it comes to gifts for impressionable children. Of course, anyone who has spent more than five minutes around a child knows they can be hard to please, which makes finding a gift that's both entertaining and educational a tall order.

Considering these uncertain economic times, many parents are looking for gift ideas for kids this year that also help teach a lesson or two about savings. Here are five financial gifts for children that will both develop their financial literacy and keep them amused.

An awesome piggy bank

Saving money is the foundation to developing positive financial behaviors, but it can be a real struggle to convince your kids of that fact. A great way to encourage children to save their money is by giving them an awesome "piggy" bank to keep it in. But don't worry, gone are the days of boring, ceramic farm animals—now you can find banks shaped like arcade games, robots—even Darth Vader. And we all know there's nothing cooler than Darth Vader.

Math 'video games' Stock in a kid-friendly firm

"Grand Theft Auto 5" may be the game title of choice this Christmas, but you would probably rather improve your kids' financial literacy than their criminal history. There are many educational tools on the market that take the form of video games, such as Leapfrog's Leapster—a hugely popular and highly rated handheld gaming device for kids age 4 through 9.

Like hiding zucchini in your delicious banana nut muffins, there's nothing more satisfying than tricking your kids into enjoying something that's—yuck—actually good for them.

More likely appreciated by somewhat older children, buying stock as a gift is a great option for the young entrepreneur in your life. Choose a company such as Disney, Coca-Cola, or if you're feeling generous, Apple, and buy stock in a custodial account for the child. You can buy colorful, single-share stock certificates in some 200 companies—including Disney, Build-a-Bear, GameStop, Harley-Davidson, McDonald's, Nike and Nintendo—at OneShare (www.oneshare.com).

You can tell the child on your gift list that they now own a piece of that company, which is almost as cool as the fact that the investment could be worth a whole lot more by the time they're an adult. Sure beats a savings bond from Grandma.

Cold, hard cash

It's hard to go wrong offering a crisp, green bill as a gift, but don't pass on the opportunity to instill the all-important value-of-a-dollar lesson. When giving physical money, it's best to have a savings goal associated with the gift—such as offering \$40 specifically toward the purchase of a new bicycle. In other words, don't just hand over the money and expect the kid who's receiving it to put it to good use without some guidance.

Their first wallet

Children love it when they're treated like mini-adults, and nothing says "big kid" like owning a wallet. Depending on the child's age, you can either give a toy wallet, or a real one to use daily. Either way, kids soon will learn that a wallet is even more fun to own when there's actually some money inside.

Financial gifts for children don't have to be dull—with the above gift ideas, entertainment and saving money can go hand in hand. ■



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Strange but true

BY SAMANTHA WEAVER
Special to Florida Weekly

■ Between 1659 and 1681, it was illegal to celebrate Christmas in Massachusetts. If you were caught celebrating, you would be fined five shillings.

■ St. Nicholas is actually a historical figure, although the name was spelled differently. St. Nikolaus was the bishop of Myra in Asia Minor, and he died on Dec. 6, 343. In different regions of the world he is known as Klaus, Nickel, Sünnerklas, Seneklos, Pelznickel, Knecht Ruprecht, Weihnachtsmann and Christkindl. Sometimes he travels on foot, and sometimes he's shown riding a white horse, a reindeer, a mule or even a goat.



erism, consider that as early as the mid-1820s, Santa Claus was being employed to sell Christmas goods.

■ Clement Clarke Moore, the author of "A Visit From St. Nicholas" (more popularly known as "The Night Before Christmas"), was born during the American Revolution and died during the Civil War.

■ The modern image of Santa Claus was invented by American cartoonist Thomas Nast in the late 1800s. Until his cartoons were published at the end of the 19th century, no one really pictured Santa as a fat, jolly old man with white hair.

■ The first image of a Christmas tree to be printed in the United States appeared in Boston in 1836. It was an illustration to a book written by a German immigrant.

■ There is no Biblical or historical reason to place the birth of Jesus on Dec. 25. It was only in the fourth century that the church officially decided to observe Christmas on Dec. 25. ■

■ In 1712, Cotton Mather said, "The Feast of Christ's Nativity is spent in Reveling, Dicing, Carding, Masking, and in Licentious Liberty ... by Mad Mirth, by long Eating, by hard Drinking, by lewd Gaming, by rude Reveling." Doesn't sound much like today's celebrations, does it?

■ If you think that Christmas has only recently become a nightmare of consum-

8 days of Hanukkah have rare companion

BY AVIVA YAFFA
Special to Florida Weekly

An extremely rare convergence of the Hebrew and Gregorian calendars will result in the first full day of Hanukkah falling on Thanksgiving Day this year for the first time ever — and the last time for another 75,000 years, experts say. The event even has its own trademarked term, "Thanksgivukkah."

The eight-day holiday of Hanukkah, or Festival of Lights, started this year at sundown on Nov. 27. While Thanksgiving officially has been around for 150 years, Hanukkah marks an event more than 2,000 years old, when the Jewish people rose up against their Assyrian conquerors in the first known successful rebellion against tyranny.

When the Jews reclaimed the temple in Jerusalem, they rededicated it by lighting the lamp that hangs over the ark holding the Torah — the sacred scroll — which must be kept lit at all times. However, only one day's oil was found, and it would take eight days for more to arrive. But, miraculously, that one-day supply of oil burned for all eight days.

Hanukkah starts with the lighting of one candle (representing an oil lamp) in a special candelabra called a Menorah. Another candle, called the "shamus" (said to represent the Lord's presence), is also lit. One more candle is added each evening until all

eight, and the shamus, are alight.

Hanukkah is a family holiday. Gifts are given on each day, usually to the children. Special olive oil-based foods are served. In recent years, a growing number of families have dedicated the celebration to a "Make the World Better" theme, based on the Talmudic teaching that God deliberately created an imperfect world so that every human being could later help move it toward perfection. Children are encouraged to join their parents by donating their "Hanukkah gelt" (holiday money) gifts to causes that further this goal, for example, by making donations to groups that fight hunger and support education and health services.

Some Jews in North America and Israel have taken up environmental concerns in relation to Hanukkah's "miracle of the oil," emphasizing reflection on energy conservation and energy independence. An example of this is the Coalition on the Environment and Jewish Life's renewable energy campaign. Donations also can be made to environmental groups such as the Sierra Club, the World Wildlife Fund or the Jewish National Fund's tree-planting program. (After all, an environmentally healthy world is automatically a better one.)

Finally, on the eighth day, many families invite friends and neighbors from other religious or ethnic groups to a dinner to celebrate our common aspiration for peace and freedom for all. ■

2014 SPRING TRAINING

6+ MINI PLAN ORDER FORM



To utilize this plan, a minimum of 6 games must be ordered. Orders of 5 or less games will not be processed until after January 11, 2014, following the individual ticket on sale date and charged the regular individual game prices.



ALL OPPONENTS, GAMES & TIMES ARE SUBJECT TO CHANGE

STEP 1 PLEASE SELECT 6 OR MORE GAMES FROM THE FOLLOWING SCHEDULE:

DAY	DATE	HOME TEAM	OPPONENT	TIME	FIELD BOX #	LOGE BOX #	BLEACHERS #
Wed	Feb 26	Miami Marlins	University of Miami	1:05P	\$15	\$15	\$15
Thur	Feb 27	Miami Marlins	FL International University	1:05P	\$15	\$15	\$15
Fri	Feb 28	St. Louis Cardinals	Miami Marlins	1:05P	\$27	\$25	\$14
Sat	March 1	Miami Marlins	St. Louis Cardinals	1:05P	\$31	\$29	\$19
Sun	March 2	St. Louis Cardinals	New York Mets	1:05P	\$31	\$29	\$19
Mon	March 3	Miami Marlins	Houston Astros	1:05P	\$27	\$25	\$14
Tues	March 4	Miami Marlins	Minnesota Twins	1:05P	\$27	\$25	\$14
Wed	March 5	St. Louis Cardinals	Boston Red Sox	1:05P	\$39	\$36	\$24
Thur	March 6	Miami Marlins	Boston Red Sox	1:05P	\$39	\$36	\$24
Fri	March 7	St. Louis Cardinals	Miami Marlins	1:05P	\$27	\$25	\$14
Sat	March 8	St. Louis Cardinals	Washington Nationals	1:05P	\$31	\$29	\$19
Sun	March 9	Miami Marlins	Detroit Tigers	1:05P	\$31	\$29	\$19
Mon	March 10	St. Louis Cardinals	Detroit Tigers	1:05P	\$27	\$25	\$14
Tues	March 11	St. Louis Cardinals	New York Mets	1:05P	\$27	\$25	\$14
Wed	March 12	Miami Marlins	Atlanta Braves	1:05P	\$27	\$25	\$14
Thur	March 13	St. Louis Cardinals	Atlanta Braves	1:05P	\$27	\$25	\$14
Fri	March 14	Miami Marlins	New York Mets	7:05P	\$27	\$25	\$14
Sat	March 15	Miami Marlins	Washington Nationals	1:05P	\$31	\$29	\$19
Sun	March 16	St. Louis Cardinals	New York Mets	1:05P	\$31	\$29	\$19
Mon	March 17	Miami Marlins	New York Mets	1:05P	\$27	\$25	\$14
Tues	March 18	Miami Marlins	Houston Astros	1:05P	\$27	\$25	\$14
Wed	March 19	St. Louis Cardinals	Minnesota Twins	1:05P	\$27	\$25	\$14
Thur	March 20	Miami Marlins	St. Louis Cardinals	1:05P	\$27	\$25	\$14
Fri	March 21	St. Louis Cardinals	Washington Nationals	1:05P	\$27	\$25	\$14
Sat	March 22	Miami Marlins	New York Mets	1:05P	\$31	\$29	\$19
Sun	March 23	St. Louis Cardinals	Houston Astros	1:05P	\$31	\$29	\$19
Mon	March 24	Miami Marlins	Washington Nationals	1:05P	\$27	\$25	\$14
Tues	March 25	Miami Marlins	St. Louis Cardinals	1:05P	\$27	\$25	\$14
Wed	March 26	St. Louis Cardinals	Washington Nationals	1:05P	\$27	\$25	\$14
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THEATER REVIEW

Rockettes kick things up a notch for the holidays

BY BILL HIRSCHMAN
Special to Florida Weekly

When I grew up in a suburb of New York City, my parents insisted that I would not live that close to Manhattan and not take in its iconic landmarks: the Statue of Liberty, the Natural History Museum, FAO Schwartz. But the one world-famous landmark we never visited, being Jewish, was the "Radio City Christmas Spectacular." Thanks to the Kravis on Broadway series, I can cross that off my bucket list and report that it is, unlike much in life, precisely what its reputation promises.

Start with spectacular. Nearly 40 people on stage tapping, swirling or gracefully gesticulating while crooning to tunes played by a lush if not live orchestra through 12 scenes.

Of course, the stars are the long-limbed and lovely Rockettes whose synchronized terpsichorean numbers are as crisp as an Arctic wind whether they are performing the 80-year-old classic "March of the Wooden Soldier's or percussively snapping out "The Twelve Days of Christmas."

The Manhattan version on Radio City Music Hall's massive stage holds 36 dancers; on the road, it's 18, but they deliver a pretty impressive sight themselves whether they're playing Santa's reindeer in the opening or living tinsel in the finale with costumes containing 3,000 crystals.

If you're just not feeling the season's spirit yourself, the best way to see this

is with a kid. Bring your own or borrow one from next door or just sit within a few feet of somebody else's. Their delight is infectious as they shriek or gasp at each new tableau. They clap along to the music when prompted to by the characters on stage — and sometimes even without prompting.

One of the surprises for the Scrooges is that while the whole thing is as G-rated as a Pixar cartoon, it fortunately is missing that manufactured button-pushing manipulative feel of nearly every sucrose-drenched Disney product in the last quarter-century. It's all very show-bizzy and polished, but it never feels like someone is trying to sell you something, although there is a gift store in the lobby. A warm and genuine aura pervades it all, reminiscent of creamy tasty eggnog without the rum.

If the Rockettes are the headliners, a case can be made that the real star is the 50-foot LED screen that provides an animated ever-morphing series of seemingly 3D photorealistic backdrops that amp up the spectacular quotient a few hundred points. When Santa and his reindeer fly into the air, we follow them in to the clouds. Later massive tree ornaments float by and change colors like the largest screensaver of all time. But the most astounding set piece is the first act closer in which the live Rockettes board a mock-up of a New York City double-decker tour bus and take a night-time tour from Radio City, around Rockefeller Center and ending in Times Square (complete with prod-

uct placements ads for Chase and New York Life). The viewpoint of the screen is timed with the turns of the bus on stage, giving a surprisingly convincing and enchanting travelogue for the audience.

If we were on Santa's knee, we might pass on the Red Ryder BB gun and ask for a live orchestra, but that's carping. The quality of the sound here is superb.

The evening moves briskly, rarely holding for more than a few seconds of applause. The show's ADD take on The Nutcracker is delightful although the two-act ballet is cut to a seven-minute Tchaikovsky's Greatest Hits version.

If you've seen the show before, this 2013 edition is mixture of old reliable numbers dusted off and updated plus several new ones.

A devout Christian might begin to wonder whose holiday this is because the first 10 numbers are about as secular as can be, but the show ends with an unabashedly spiritual Living Nativity tableau, plus a triumphant finale of "Joy To The World," although it starts with a disco beat.

The whole endeavor is a fresh and charming way to celebrate the holiday.

"Radio City Christmas Spectacular" runs through Dec. 8 at the Kravis Center, 701 Okeechobee Blvd. Tickets \$35-\$78. call 832-7469 or 800-572-8471. ■

— Bill Hirschman is editor of the online Florida Theater Onstage. Read his blogs and reviews at floridatheateronstage.com.

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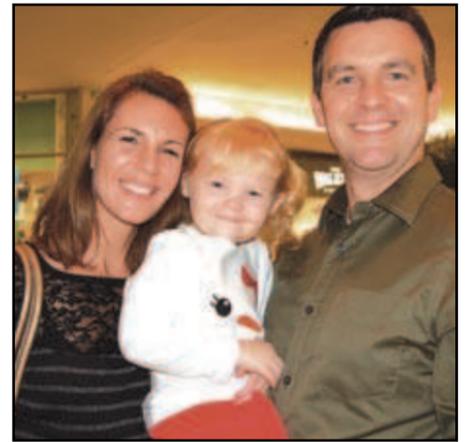
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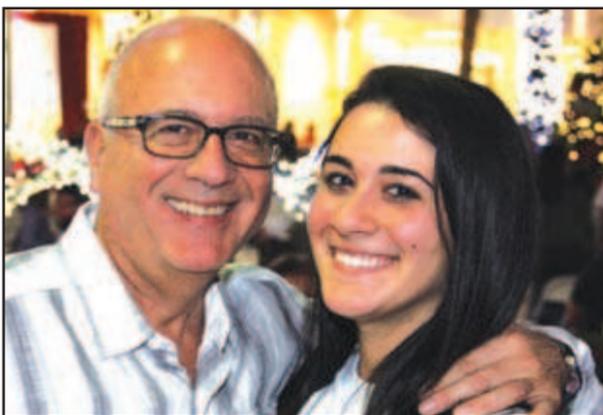
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PALM BEACH SOCIETY

“Downtown Lights Up the Night,” at Downtown at the Gardens, Palm Beach Gardens



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Sylvia Sickle, Marc Sickle, Nicole Sickle, Kim Dellers and Julie Beacom



Gloria Landa and Elvira Huergo



Kelly Buist and Michelle Buist



Suzann Dasilva, Alex Dasilva, Fran Dasilva and Christopher Dasilva



LLOYD Mazer, Hanalee Mazer, Todd Mazer, Zoe Mazer and Melissa Mazer



Marjorie Toussaint, Tharah Toussaint and Yves Toussaint



Sammy Ameer, Amel Ali, Luma Ameer and Yousif Ameer



Sean Lavelle, Nicole Lavelle, Turner Lavelle and Meritt Lavelle



Natasha Barber, Victoria Barber, Evan Liberman and Nadya Liberman

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FLORIDA WEEKLY CUISINE

In the kitchen with...

RICK MACE, Café Boulud

BY SCOTT SIMMONS
ssimmons@floridaweekly.com

Rick Mace whetted his appetite for fine ingredients during a childhood on a hundred-acre farm in Ohio that involved gardening, hunting, fishing and, yes, farming.

That love of quality ingredients and cooking has served him well, and it's something that informs his cooking at Café Boulud, where he now is executive chef.

Family helped cultivate that love.

"I was in my mother's and grandmother's kitchen," he said. "We lived out in the country and it was typical to cook at home and take advantage of the family's vegetable garden."

It's almost a wonder he wasn't inspired to bake.

"One grandmother was a baker and she would bake pies and sell them at an antique auction they had in the barn," he said. "Later, I spent time in the kitchen with my father when he was single."

He studied at New England Culinary Institute, where he earned a degree in culinary arts.

After he finished school, he accepted positions in kitchens at such destinations as Butler's Restaurant at The Inn at Essex in Vermont and San Diego's Barona Valley Resort.

In 2007, Mr. Mace joined Chef Daniel Boulud's restaurant group as executive sous chef at Daniel Boulud Brasserie at The Wynn Resort Las Vegas. He left the Brasserie in 2010 to become executive chef at the RT Lodge in Maryville, Tenn.

This summer, he joined Café Boulud after executive chef Jim Leiken left to spend more time with his family.

We caught up with Mr. Mace between the lunch and dinner rushes at Boulud, where he was adapting to the Florida growing season, which begins in fall, while growing seasons in the rest of the country end.

"It's the inverse of everything that I've ever known. It's a lot of fun, but at the same time it's kind of inspiring," he said. "In the past week and a half, we've gotten heirloom tomatoes from Palm Beach County. I'm from the Midwest, these are things that were in their peak



Rick Mace joined Café Boulud as executive chef this summer.

COURTESY PHOTO

in summer."

But it's not just the vegetables that inspire him.

"I'm getting to see and work through all the local fish and shellfish," including stone crabs and spiny lobster, he said. "Black fin tuna — it's really beautiful stuff."

The area also is not too cosmopolitan for this chef, who is a country boy at heart.

"When we got the call this summer from the Dinex Group (parent company of Café Boulud), it was something that

we thought about and we knew the type of experience that was in the past and that nothing but positive would come from it," he said.

He and his wife found a house in the south end of West Palm Beach.

"We relocated here and got the oldest one enrolled in school and I started work," he said. "And it seems like everything is fallen into place."

Even at Café Boulud.

"Here in the café, the menu itself has a framework. What we do is what makes sense, what's in season and what

complements the other," he said.

That menu changes gradually.

"We don't necessarily do changes in a drastic sort of way. It tends to be a very organic dialogue," he said. "We follow the rhythm of the four seasons and the changes we see here. ... It's a very fun process because everything is evolving."

Name: Rick Mace

Age: 34

Original Hometown: Spencer, Ohio

Restaurant: Café Boulud, The Brazilian Court Hotel, 301 Australian Ave., Palm Beach; 655-6060 or cafeboulud.com

Mission: Speaking for the restaurant, we're here to really celebrate the cuisine of Daniel Boulud and everything he has taught us in the kitchen. For myself personally, the mantra that keeps me going from day to day is to be reverent of the tradition and the roots of cuisine.

Cuisine: Continental with a twist

Training: Degree in culinary arts at New England Culinary Institute

What's your footwear of choice in the kitchen? I've always worn clogs — Sanita clogs. They're very durable and they have the heel and that is good for your lower back. I work a lot of hours standing up and I always feel pretty good standing up at the end of the day, so I'll give them an endorsement.

Culinary pleasure: I love home cooking. But for me, the best things are comfort foods — fried chicken, meat loaf, mashed potatoes, macaroni and cheese. They're inherently bad for you but I'd never quit.

What advice would you give someone who wants to be a restaurateur or chef? The main thing in this business is you really have to bear in mind that it's a long career and you have to become a professional based on achievements. There's a lot of attention on chefs and restaurants and dining in general. It's a very complicated business. There's a lot to learn. I learn every day. It's just one of those things. Any good cook who has to start out in the business has to master the basics, then I don't feel there's a destination in cooking; it's more an expression of where you are right now. ■

THE DISH

Highlights from local menus

The Dish: Thai Basil Sauce with chicken

The Place: Siam Square Thai Cuisine & Sushi Bar, 12100 U.S. Highway 1, Suites F&G, North Palm Beach; 626-8218 or siamsquarekitchen.com

The Price: \$7.95 lunch, \$11.95 dinner

The Details: We love Thai food. Its exquisite blend of sweet and sour and hot and mild just tantalizes the palate.

So it's nice when we have another option for Thai cuisine.

Siam Square's version of a favorite, Thai Basil Sauce, offers up a nice rendition of the dish.

Tender chicken is sautéed with a mix of sweet basil, chilies, crushed garlic,

scallions and bell peppers that is just intoxicating — the basil scent greets the nose long before the plate arrives at the table.

At lunch, it's served with a wonderful, light chicken and rice soup and accompanied by a spring roll.

Also tasty: A green curry that packed some serious heat and the melt-in-your-mouth soft-shell crab.

We're hungry just thinking about it. ■

— Scott Simmons



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