

PALM BEACH GARDENS & JUPITER
FLORIDA WEEKLY[®]
 IN THE KNOW. IN THE NOW.

WEEK OF OCTOBER 10-16, 2013

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Vol. IV, No. 1 • FREE

"I'm always looking forward to the GreenMarket. I'm blessed with a job in which I go out and spend my Saturdays on the water."

— **Katrina Resch**,
 West Palm Beach
 GreenMarket



Fresh baked goods at the Palm Beach Gardens market.

Home grown

Major area green markets reopen with fare you can't just find anywhere

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

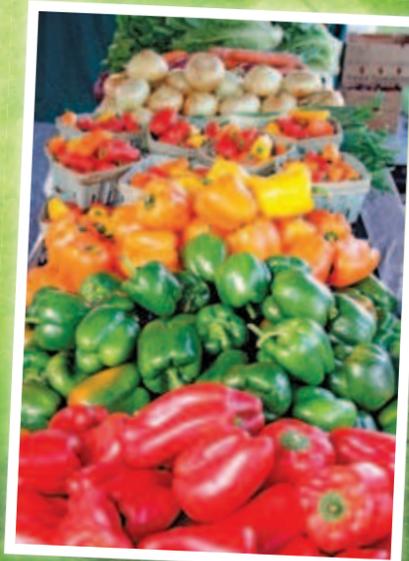
FLORIDA HAS ITS SEASONS BACKWARD. While folks up North were enjoying the fruits of their gardens this summer, Floridians were basking in the sun or trying to keep cool in the shade while the remains of their gardens withered away.

And now, as Northern growers are tilling the remains of this summer's crops into the ground, Florida's growing season is about to get underway.

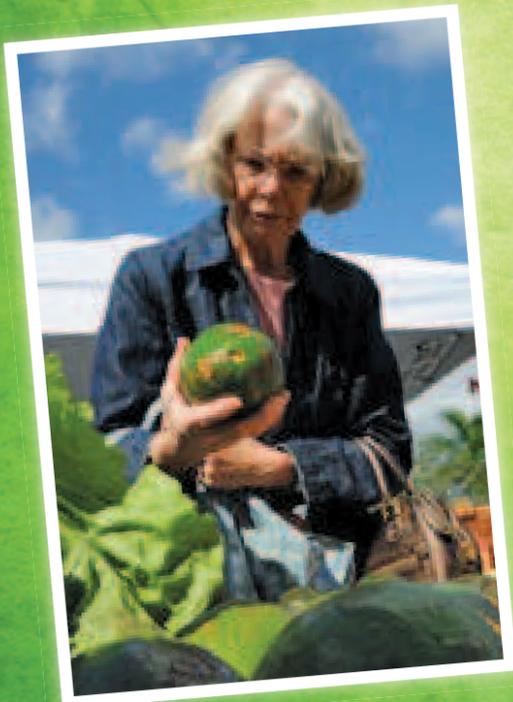
But maybe backward is the way to go.

After all, with that change of seasons comes fresh markets.

SEE HOME GROWN, A8 ►



Fresh vegetables at the Palm Beach Gardens market.



Wellington green market

ANDREW SPILOS / FLORIDA WEEKLY; COURTESY PHOTOS

INSIDE



Staging Steinbeck

Dramaworks' season opener is "Of Mice and Men." **B1** ►



Society

See who was out and about in Palm Beach County. **A12, 22-23**



Power driven

FPL has one of the largest hybrid-electric fleets in the nation. **A19** ►



Kovel on antiques

Antique Wardian cases are growing in value. **A21** ►

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SEE NICKLAUS, A10 ►

Nicklaus markets new golf ball line to help his foundation

SPECIAL TO FLORIDA WEEKLY

When it comes to Jack Nicklaus, charity is a matter of course.

So it stands to reason that the Golden Bear, who has pinned his name to all manner of golf accoutrement, now has his own line of golf balls.

He hopes his latest venture will simplify golf, as well as give back to the game and to charity.

Mr. Nicklaus is introducing three golf balls — Nicklaus Black, Nicklaus Blue and

Nicklaus White — to accommodate three skill levels of players, using the traditional tees from which they typically play.

"We all know that the game of golf can be challenging enough, so we are trying to simplify the decision-making process of selecting the right golf ball and at the same time provide consumers the highest-quality golf balls and at a price that encourages charitable support," Mr. Nicklaus said in a statement. "By buying these balls, players will get the added benefit of supporting these wonderful charities that

help children in need as well as the families that dearly love them."

The balls, which will begin shipping in November, initially will be sold exclusively online at www.nicklaus.com and through golf/pro shops at the more than 200 Nicklaus Design courses nationwide.

A percentage from every golf ball sold in those shops will be donated directly to the Nicklaus Children's Health Care

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New businesses, online fundraising help nonprofits stay on budget



Nonprofits make a budget plan annually. They begin the process by calculating where they want to go, how much it will cost to get there, and whether they can raise the funding necessary to underwrite the plan.

They rely on multiple sources of funding to finance and sustain the cost of doing business. Once the gavel falls, and the board approves the budget, it becomes the blueprint for guiding forward the achievement of the organization's aspirations. The budget also helps quantify expectations for the organization's future performance.

If goals accomplished exceed the expectations set, so much the better. Interim course corrections during the year account for the unexpected — a grant decline, repair of a leaking roof or a windfall gift. Staying on track is the task of effective management. Woe to the charity that over-estimates its opportunities, under-estimates its potential risks and liabilities, and fails to keep its balance sheet in the black.

It takes a thoughtful process for an organization to calculate and arrive at an accurate prediction of its future income and revenues. This judgment call is at the heart of a charity's fiscal challenge. Stewardship in this context is adherence to the principle that an organization's burn rate of expendi-

tures does not exceed its projected sources of income.

In the wake of the recession, with uncertainties about funding so much more pronounced, it has gotten much more difficult for nonprofits to maintain the exquisite balance between income to out-go.

To keep the engine running, charities have an assortment of tried-and-true development strategies, including grant-writing, direct appeals, annual and year-end giving, fee income generated by contract services, and fundraising events of every hue and stripe.

Few have the luxury of income streams that are permanently endowed and/or fully predictable; and fewer still plant the seeds for future harvest of planned gifts that provide periodic transfusions of additional assets.

Nonprofits are always on the scramble for funding and competition is keener now. Traditional sources have either dried up or been heavily eroded by an economy unfavorable to nonprofit interests and sustainability.

These reasons alone are sufficient to spur charities onward to seek new ideas.

Online fundraising has seen double-digit growth among all nonprofits since 2009. It is rare to find a nonprofit nowadays that is not at least thinking about ways it can increase its virtual audience by having an active presence on the web.

Facebook is one of the options most commonly exercised because it is a user-friendly way to create a virtual space to wage, with limited staff and

a few mouse-clicks, an on-going social media campaign to attract new friends.

Turning friends into prospective, online donors is a powerful motivator driving the growing use of social media by nonprofits to communicate and market their charitable brand.

Social media is one of the more visible of new-new strategies to open up new sources of giving, but nonprofits are also in pursuit of other ideas, such as fees for services or revenue from the sale of goods to customers or clients — earned revenue, in other words.

Multiple examples exist in Palm Beach County of this kind of entrepreneurship among nonprofits. The approach has the added advantage of providing nonprofits a way to achieve a double bottom line — to do well financially by investing in social good.

You may be familiar with some charities that operate businesses, like Goodwill Industries stores and Habitat for Humanities' Re-store operations.

Both recycle and sell donated goods and reinvest the income in client support services and programs.

There are other lines of business such as that of The Lord's Place, an organization dedicated to breaking the cycle of homelessness in the county.

The nonprofit operates the Café Joshua Catering Company, a thriving enterprise that provides full-service catering for businesses and other nonprofit organizations throughout Palm Beach County.

The proceeds from the business

support the programs and services of The Lord's Place. It also provides the organization's clients on-the-job training and experience in food preparation and service that helps them to secure future employment opportunities.

Non-profit businesses use their profits to improve the services they provide to the community rather than pay dividends to private investors.

The formula for success requires a charity to find the right "fit" and have the prerequisite skills, training and business expertise.

A recent article in the Harvard Business Review noted that the biggest obstacle to scale for the social sector is the absence of effective funding models.

The Lord's Place and charities that are similarly blazing new business trails may be on to something that will solve this development dilemma. ■

— Leslie Lilly is a native Floridian and past president and CEO of the Community Foundation for Palm Beach and Martin Counties. Her professional career spans more than 25 years in the charitable sector, leading major philanthropic institutions in the South and rural Appalachia. She has written and spoken frequently on issues affecting charitable giving and the non-profit community and is recognized nationally and in Florida for her leadership in the community foundation field. She resides with her family and pugs in Jupiter. Email her at llilly15@gmail.com and follow Lilly on Twitter @llilly15.



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Age: a major factor

A woman's chance of getting breast cancer increases with age. Your chance by your current age is:

age 20	1 in 1,681
age 30	1 in 232
age 40	1 in 69
age 50	1 in 42
age 60	1 in 29
age 70	1 in 27
Lifetime	1 in 8

Source: American Cancer Society
Breast Cancer Facts & Figures
2011-2012.

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2009 - 2012**

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2009 - 2012**

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OPINION**Ted Cruz wins**

richLOWRY

Special to Florida Weekly

Long ago, Ted Cruz earned the hatred of every elected Democrat in Washington. Now, he's on his way to doing the same with nearly every Republican.

He is, to paraphrase Winston Churchill's quip about Secretary of State John Foster Dulles, a bull who carries a china shop with him. He had barely begun his 21-hour filibuster — or, to be strictly precise, 21-hour-long speech — when he compared his doubters to appeasers of Adolf Hitler, and he ended it roughly a day later with a prickly exchange with Senate Majority Leader Harry Reid.

The Cruz eye-rollers had plenty of occasions to roll their eyes — perhaps no senator has caused so many colleagues to mutter under their breaths in his first eight months in the world's greatest deliberative body — but the conservative grass roots cheered. They are desperate for passion and, above all, fight, and Cruz delivered them during his long hours holding forth on C-SPAN2.

We should stipulate upfront that he is not going to defund Obamacare. As a legislative strategy, the defund effort is far-fetched to the point of absurdity. The theory is that after a government shutdown, pressure becomes so intense on Democrats that Reid buckles and passes a measure defunding Obamacare, and Barack Obama signs it.

Why would a little downside political risk in the current confrontation move them? We're talking about a party that spent decades trying to pass something like Obamacare and a president who was content to lose his House majority over it.

The Cruz all-nighter wasn't a legislative tactic so much as it was what 19th-century anarchists called "the propaganda of the deed." It made a point. It dramatically reaffirmed Republican resolve to repealing Obamacare. It also saved Cruz's reputation among the tea-party conservatives. By spending nearly an entire day attacking Obamacare on the Senate floor, Cruz demonstrated enough gutsiness to take the sting out of his imminent defeat.

In the longer run, the outcome in the short term is irrelevant to Cruz's stature as a conservative leader. No one asked whether Ronald Reagan had suc-

cessfully blocked the ratification of the Panama Canal Treaty in 1977 when he ran for president in 1980. For that matter, no one asked whether Sen. Barack Obama had successfully defunded the Iraq War in 2007 when he ran for president in 2008.

Obama's example is instructive: When before have we heard of a new senator capturing the imagination of his party's base, establishing an unimpeachable standard of purity on a hot-button issue absolutely essential to it and beginning to run for president shortly after arriving on the national scene?

Who knows whether Cruz ultimately tries the same thing? But the scoffers are probably the same kind of people who chuckled at backbencher Newt Gingrich giving speeches to an empty House chamber on C-SPAN so many decades ago. Gingrich was playing an outside game, and so is Cruz. The disdain for him among insiders will be inversely related to the admiration for him among the much more important outsiders.

They will sustain him in a crusade against Obamacare that, alas, will extend long beyond this fall's fiscal fights. ■

— Rich Lowry is editor of the *National Review*.

Herman Wallace, free at last

amyGOODMAN

Special to Florida Weekly

Herman Wallace died a free man. After close to 42 years in solitary confinement, with only days to live, federal Judge Brian Jackson ordered Wallace's release on Tuesday by overturning his 1974 murder conviction. He died in New Orleans three days later, on Friday, Oct. 4.

Herman Wallace was one of the "Angola 3," along with Robert King, who was released from prison in 2001, and Albert Woodfox, who remains imprisoned in solitary confinement, despite having his sentence overturned on three separate occasions. These three men, all African-American, were locked up in what was considered America's bloodiest prison, maximum-security Louisiana State Penitentiary, known simply as "Angola." The sprawling prison is on the grounds of a former slave plantation, with 5,000 prisoners. It's named for the African country where many of its earlier enslaved occupants came from. Prisoners toil in the prison's fields, overseen by armed guards on horseback.

Wallace first went to prison for robbery. He, Woodfox and King formed one of the first prison chapters of the Black Panther Party, organizing inmates to oppose the systemic violence and sexual slavery that pervaded the institution.

Wallace and Woodfox were then convicted of the 1972 murder of a young prison guard, Brent Miller. No physical evidence linked the men to the crime. A bloody fingerprint at the murder scene, which matched neither Wal-

lace's nor Woodfox's fingerprints, was ignored by authorities. Wallace and Woodfox believe they were targeted by officials because of their organizing work. After their conviction in 1974, they were put in solitary confinement along with Robert King, who was being punished for another crime, also one that he did not commit.

The story of the Angola 3 is told in "Herman's House," a documentary recently broadcast on the PBS series "P.O.V." It follows the collaboration between Wallace and artist Jackie Sumell. She heard Robert King speak after his release, and decided to write to Wallace. The documentary includes Herman Wallace's voice, from recorded phone conversations with Sumell.

"Jackie, in your letter you asked me what sort of house does a man who lives in a 6-foot-by-9-foot cell dream of?" Herman Wallace says. "In the front of the house, I have three squares of gardens. The gardens are the easiest for me to imagine, and I can see they would be certain to be full of gardenias, carnations and tulips. This is of the utmost importance. I would like for guests to be able to smile and walk through flowers all year long."

I interviewed Jackie Sumell the day before the surprise announcement of Wallace's release. She said that his dream house "will outlive his flesh and bones — Herman's legacy, his commitment to the people and the story of his injustice. It's important to build this house in the incarceration capital of the world." Louisiana has the highest per-capita incarceration rate in the United States, 13 times higher than that of China. It also leads the nation in people freed after being wrongfully convicted.

The Angola 3 were united for the last time Tuesday. The prison rules allowed

King and Woodfox to say their final goodbyes to Wallace, not because he was leaving prison, but because he was dying. By sheer coincidence, that was when the judge overturned Wallace's conviction, and they were the ones who gave Wallace the news. Robert King described their final moments together: "Albert's last words were, 'Herman, we love you, and you're going to get out today.'" King described how Albert Woodfox leaned over, hands and feet shackled, and kissed Herman goodbye on his forehead. Amnesty International has called on Louisiana Gov. Bobby Jindal to immediately remove Albert Woodfox from solitary confinement.

Wallace was transferred to an ambulance and driven to the Louisiana State University Hospital in New Orleans. He has dreamed of his release for years, and describes it in "Herman's House":

"I got to the front gate, and there's a whole lot of people out there. ... I was dancing my way out. I was doing the jitterbug. ... I turn around, and I look, and there are all the brothers in the window waving and throwing the fist sign — it's rough, man. It's so real. I can feel it even now."

Herman Wallace was strapped into an ambulance, not dancing, as he left the prison, hanging on to life by a thread. But he was free, after almost 42 years in solitary confinement, longer than any other prisoner in U.S. history. ■

— Denis Moynihan contributed research to this column.

— Amy Goodman is the host of "Democracy Now!," a daily international TV/radio news hour airing on more than 1,000 stations in North America. She is the co-author of "The Silenced Majority," a *New York Times* best-seller.

Mandel JCC debuts academy of continuing education with open house on Oct. 10

SPECIAL TO FLORIDA WEEKLY

The Mandel JCC in Palm Beach Gardens is hosting an open house for its new Academy of Continuing Education on Thursday, Oct. 10 at 7 p.m. The open house will celebrate the debut of the Academy and provide guests with an exclusive first look at what classes the program offers. Fall classes begin Oct. 22 and are held at the Mandel JCC on Tuesdays and Thursdays through Dec. 19.

The Academy features a dynamic range of educational courses for adults in three, 9-week semesters during the Fall 2013 season. Classes are organized in six tracks: Arts, Contemporary Issues, Humanities, Judaic and Israel, Science and Wellness. The Academy gives adults the opportunity to rekindle previous passions, ignite new interests, stay involved in current events and meet new people.

"Whether an everyday subject about computing or finance or family relation-

ships, to exploring the secrets of the universe, or insights into Jewish traditions, the Academy offers area access to experts in each field," said Bob Maurer, chairman of the program, who is also president and founder of American Corporation for Education and Training, in a prepared statement.

For more information on the Academy of Continuing Education, see www.JCConline.com/mandel or call 689-7700. The Mandel JCC is located at 5221 Hood Road, just west of Central Boulevard. ■

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JUPITER MEDICAL CENTER

OCTOBER EVENTS

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• Free concert from The Party Dogs • Face painting • Balloon sculpting • Raffle prizes • Pink cookies
This event is in partnership with the Abacoa Food Truck Invasion. Bring the whole family - and **don't forget to wear your PINK!** For more information visit jupiterbreastcare.com/events, [facebook.com/jupitermedical](https://www.facebook.com/jupitermedical) or call (561) 263-2896.

Friday, October 11, 2013 | 6 p.m. – 9 p.m. | *Abacoa Town Center, Jupiter*



Key To The Cure Charity Shopping Event

Join Saks Fifth Avenue in Palm Beach Gardens for its annual Key to the Cure Event. Two percent of purchases from the Charity Shopping Weekend (**Wednesday, October 16, 2013 to Sunday, October 20, 2013**) will be donated to the Kristin Hoke Breast Health Program at Jupiter Medical Center, as well as 100% of the local proceeds from each limited edition t-shirt (\$35) sold. For questions or to purchase tickets, please call (561) 263-5728 or visit jmcfoundation.org.

Key To The Cure Private Cocktail Reception

Wednesday, October 16, 2013 | 5:30 p.m. – 9 p.m. | *Saks Fifth Avenue, Gardens Mall, 3101 PGA Boulevard, Palm Beach Gardens* | \$40 per entry ticket | \$75 per couple entry



Making Strides Against Breast Cancer

Join Jupiter Medical Center at the American Cancer Society's Making Strides Against Breast Cancer and help us continue to save lives and create a world with less breast cancer and more birthdays. For more information or to register for a team, visit jupiterbreastcare.com/events or [facebook.com/jupitermedical](https://www.facebook.com/jupitermedical).
Saturday, Oct. 19, 2013 | 9 a.m. walk begins | *Meyer Amphitheatre, 105 Evernia St., W. Palm Beach*



Nights At Niedland

It's a pink-tastic party! Join us for a special night out in honor of Breast Cancer Awareness Month. Event includes: • Tours • Wine & Chocolate • Appetizers & Pink Champagne • Breast Health Information & Risk Assessments • Boutique Shopping • Physician Meet & Greet • Juicing & Healthy Cooking Demo & Tasting • KOOL 105.5 Guest Appearance by Sally Severeid • Raffle Prizes & Giveaways • Makeup & Skin Care Demos with Samples • Chair Massage • 30-Minute Mammograms.

Thursday, Oct. 24, 2013 | 5:30 p.m. – 7:30 p.m. | *Niedland Breast Screening Center, 11310 Legacy Place, Suite 110, Palm Beach Gardens*



Brake For Breakfast

Join KOOL 105.5 and Jupiter Medical Center's Comprehensive Breast Care Program for Brake for Breakfast. Make a quick pit-stop on your way to work. Drive through for information on women's breast health, pick up a complimentary goody bag and insulated lunch bag filled with breakfast items.

Wednesday, October 30, 2013 | 6:30 a.m. - 9 a.m. | *Abacoa Shopping Center on the corner of Military Trail & Donald Ross Road in Jupiter (East parking lot by Jupiter Medical Center's Urgent Care Center.)*

PET TALES

Tick tactics

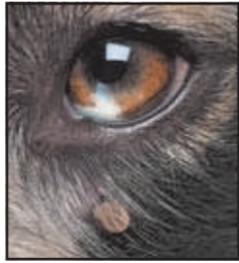
More ticks mean year-round preventive measures are a must for dog and cat owners

BY KIM CAMPBELL THORNTON
Universal Uclick

In the span of less than a week, I found two ticks on my dog Harper, a Cavalier King Charles spaniel. In 25 years of dog ownership, that was a first. We live in Southern California, so ticks are a fact of life, but Harper doesn't typically go into areas where ticks are found. We don't have a yard, and she's not allowed on local hiking trails. I can only surmise that the ticks hitched a ride on me — ick! — after a hike and made their way onto Harper.

Tick populations are increasing. And there aren't just more of them; they're being found in more places than in the past, says veterinary parasitologist Dr. Susan E. Little of Oklahoma State University. Milder winters; more white-tailed deer, which carry the tiny arachnids; and increasing development in formerly rural areas are among the factors in the ticks' spread.

Like me, you might never have had to worry about ticks before, but now is a good time to talk to your veterinarian about their prevalence in your area. Many tick species have moved out of their original habitats, carried away by migratory birds, coyotes and deer. One or more species of ticks can now be found in every state, including Alaska and Hawaii. Ticks used to be active from spring through fall, but warmer winters mean that some species are staying active as late as February,



Depending on where you live in the United States, there are six to eight major tick species and many minor ones.

depending on where they are located. That's bad news, since ticks are major carriers of diseases that affect both humans and dogs and cats. Most of us are familiar with Lyme disease, but ticks also transmit spotted fever, ehrlichiosis, babesiosis and Cytauxzoon felis, which infects cats. The ticks that primarily transmit these debilitating and sometimes deadly diseases are the black-legged tick (*Ixodes scapularis*), the Lone Star tick (*Amblyomma americanum*) and the American dog tick (*Dermacentor variabilis*).

Protect yourself and your pets from tick-borne diseases with the following measures:

- Provide all your pets with lifetime parasite control. "We always say to treat every pet every month all year long," Dr. Little says. Dogs and cats don't spread tick-borne diseases directly to their owners, but they can acquire diseases from ticks as well as bring ticks into the home or yard. And just because your dog or cat stays mainly indoors or lives in a certain

geographic region doesn't mean he's not at risk.

- Ask your veterinarian which ticks and tick-borne diseases are common in your area and which product is best for protecting your animals. The information may have changed since you last learned about ticks.

- Apply tick-prevention products on a regular schedule. It's no longer effective to try to time parasite control to start in spring and stop after the second killing frost.

- Check your dog or cat for ticks anytime he has been outdoors. Keep a tick-removal device on hand and know how to use it.

- Make your yard less welcoming to ticks by removing leaf litter, mowing the lawn frequently, keeping landscaping free of tall grass and brush, and fencing your yard to prevent incursions by deer and other animals that carry ticks. A three-foot swathe of wood chips or gravel between your lawn and wooded areas won't keep ticks away, but it does serve as a visual reminder that you are entering the tick zone.

- Use insect repellent on yourself and wear protective clothing.

- After a hike or other outdoor excursion to tick-friendly wooded areas with tall grass, give yourself a cursory examination for the little bloodsuckers, so you don't drive them home to your pets. ■

Pets of the Week



>> **Tashi** is a 3-year-old neutered domestic shorthair. Tashi is a bit shy, but after a while warms up to people.

To adopt: **The Peggy Adams Animal Rescue League**, Humane Society of the Palm Beaches, is located at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspb.org. For adoption information call 686-6656.



>> **Frankie** is a neutered male with blue eyes, approximately 3 to 4 years old. He's deaf, but gets along just fine! He's very friendly, and really enjoys human contact.



>> **Tiny** is a beautiful spayed female tortoiseshell, approximately 1 year old, with distinctive markings. She's a small girl, very mellow, and likes her "quiet time".

To adopt: **Adopt A Cat** is a no-kill, free-roaming cat rescue facility located at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public Mon-Sat, noon to 6 p.m. For additional information, and photos of other adoptable cats, see our website at www.adoptacatfoundation.org, or visit us on Facebook (Adopt A Cat Foundation). For adoption information, call 848-4911 or 848-6903.

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Dinner, dancing and auctions will raise funds for cat shelter

The Adopt A Cat Foundation will hold its 6th annual Spa'CAT'Ti dinner at 6 p.m. on Saturday, Oct. 19 at Moose Lodge #2010 in Palm Beach Gardens.

For \$25 — \$10 for children 10 and under — attendees will be treated to a spaghetti dinner and an evening of entertainment including live music, dancing, silent auctions, raffles and door prizes. Music will be provided by the band "A Little Knight Music."

Tickets can be purchased at the Adopt A Cat Thrift Store, 804 U.S. Highway 1, Lake Park, or by calling 351-1504 or 848-4911. Tickets will also be available at the door on the night of the event.

Moose Lodge #2010 is located at 3600 RCA BLVD., Palm Beach Gardens.

Adopt A Cat Foundation is a no-kill, free-roaming cat rescue and adoption facility located at 1125 Old Dixie Highway, Lake Park. For information, see www.adoptacatfoundation.org, or Facebook (Adopt A Cat Foundation). ■



Frances



Handsome



Tango



Lizzie

COURTESY PHOTOS

The fundraiser spaghetti dinner will help cats like these, that need forever homes.

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The Happy Camper Foundation is a 501 c3 public charity. Our mission is to enrich the lives of as many local children as possible by providing summer camp scholarships. For more information, please visit our website at www.happy-camper.org or call 561.758.0094



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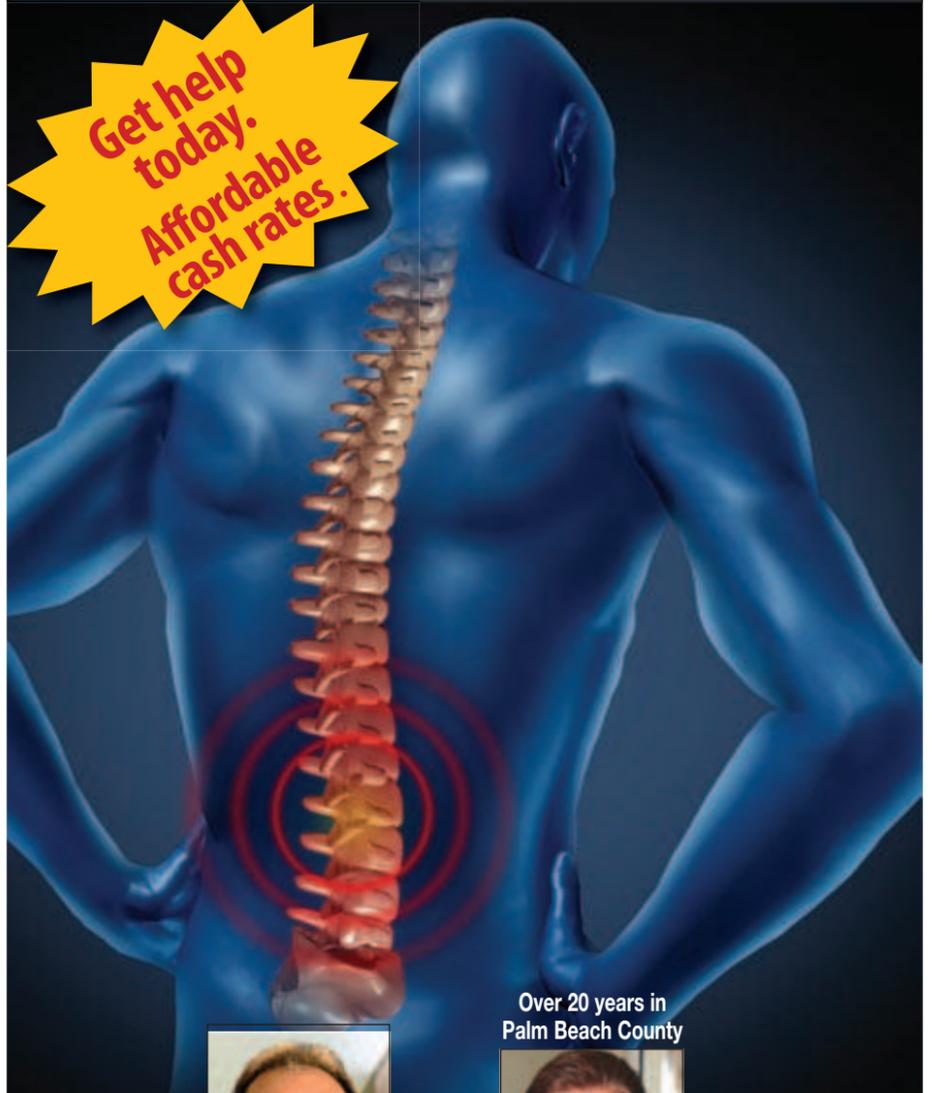
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GREEN MARKET

From page 1

"I'm always looking forward to the GreenMarket. I'm blessed with a job in which I go out and spend my Saturdays on the water," said Katrina Resch, who supervises the West Palm Beach GreenMarket, the area's oldest and largest market, which kicked off Oct. 4 along the city's waterfront.

Ms. Resch said the market will bring a record number of vendors this year.

"I'm most excited that we have a record number of vendors this season," she said. "We are starting out with a hundred, and 25 are new, which is awesome." The market itself started in October 1994.

Lake Worth will open its Farmers Market Oct. 12 just east of the Intracoastal Waterway. It will open with about 45 vendors; organizers expect that number to grow to 60 once season comes into full swing.

"It's season No. 8 in Lake Worth," said Peter Robinson, the market's director, and onetime director of the West Palm Beach GreenMarket. "I've been gone from West Palm for 10 years. It's wild. Unbelievable, and I was 10 years at West Palm." He also oversees the Wellington Green Market, which opens Nov. 9.

"It's a tightly knit family," he said, adding that he still keeps in touch with vendors from his days in charge of the West Palm Beach GreenMarket.

Of the Palm Beach Gardens market, "I was there on opening day 12 years ago," said Christy Wolnewitz, a recreation coordinator for the city of Palm Beach Gardens who oversees the GreenMarket.



COURTESY PHOTOS

West Palm Beach GreenMarket

"It's near and dear to my heart. We have from the beginning 12 years ago gotten great support from every part of the city, including the mayor and the council."

The greenmarket was a novel concept 20 years, when these local markets first began to emerge. Never mind that Palm Beach and Martin counties were among the state's agricultural hubs. Growers and retailers simply did not showcase the local produce they do now.

There was no outlet for locally produced artisanal cheeses or herbs. And forget about the spice rubs, jellies and soaps that shoppers have come to expect in markets from Tequesta to Boca Raton, West Palm Beach to Wellington.

Building a community

There was no outlet for a vendor like Jamal Lake, co-owner of Ganache Bakery Café, which sells cakes and such.

"At first, the coconut water was the main thing," said Mr. Lake, who has had a concession at the greenmarket for seven years. "Then we added a few more juices and rum cake."

He and cake artist Joan Lewis-Clarke are known for the elaborately decorated cakes they sell through Ganache. It's an opportunity to do what they love, and the greenmarket advances that.

"What I like about it most of all, it's a good market to expose our products to high-end clients," he said. The West Palm Beach market attracts customers from all over the county, and it gives Mr. Lake and Ms. Lewis-Clarke an opportunity to network.

"Most of the people are like a little family. Outside the greenmarket, we network. It's really good for networking and community and being in a little family almost. We've created a bunch of relationships with a bunch of the customers," Mr. Lake said. "I've seen babies when they're just born and now they're 5, 6 years old and still love the coconut water."

People know him for that product. "I'll be at church and they'll be like, 'Oh, you're the coconut guy,'" he said.

That's part of the charm of a local market.

"The vendors are what makes the event. They go through a pretty selective screening process to get into the event," said West Palm Beach's Ms. Resch.

"The West Palm market is great," said



Mike Vining, one of the partners in Two Friends Pepper Jelly. "It's one of the best markets we sell our jellies at."

Mr. Vining's wife, Karen Vining, and Marcia Hendry-Coker, make up the Two Friends in the company name.

In addition to making three varieties of pepper jelly, including a pinot noir and jalapeño, they also own a deli in south Stuart called Two Friends Breaking Bread.

"Every time we're at the market, it's a great venue. There are lots of a great people. It's really enjoyable being there," Mr. Vining said.

They also sell their jellies at the B&A Flea Market in Stuart and at the Gardens GreenMarket.

West Palm Beach's market is on Saturdays and the Palm Beach Gardens market runs on Sundays, offering vendors an additional venue for sales.

"They're pretty similar. There's a lot of vendors," Mr. Vining said. "It gets a lot of people that show up there. It's a nice venue. It's right near the ballpark. The area is really nice."

Organizers make it easy for vendors, too.

"The people that run it are really friendly, helpful, putting tents up, whatever. They're both excellent markets to be at," Mr. Vining said.

And organizers love hearing that.

"We are very proud of our market and our vendors and what we've grown into," said Palm Beach Gardens' Ms. Wolnewitz.

And the moment for which she waits each Sunday?

"Once the market is set up and running and we're ready to open and it's 8 o'clock and we've been there since 5, and it's organized chaos. It's set up and the music is playing, and people are smiling, that's my favorite part," Ms. Wolnewitz said.

The venues do not hurt, either.

West Palm Beach now holds its greenmarket at its new Waterfront Commons, which offers views of the Intracoastal Waterway and Palm Beach beyond. And the Gardens market, which draws upward of 120 vendors, is convenient for

customers and vendors alike. Both of those are held on weekend mornings.

But Harry Welsh's Jupiter Green & Artisan is an evening affair held Fridays along the town's Riverwalk.

The Intracoastal views and the sunsets can be beautiful.

There is "nothing better than watching the boats go by as the sun goes down," Mr. Welsh wrote in an email.

"We will be including more food items — specialty and concession," he wrote. "The Friday night market lends itself to stepping out to the market before, during or after supper to browse the various vendors' products."

Looking beyond food

His market goes beyond the usual fresh foods to include fashion, home and pet items.

That seems to cut across all of the markets.

"We did open up an all-natural category, which allows for people who hand-make products out of 100 percent natural products," said West Palm Beach's Ms. Resch.

Look for other items that complement food and other fare sold at the markets. A wood turner will be selling at West Palm Beach, as will a potter who will demonstrate his skill.

That's what sets the markets apart.

"We have live music every Sunday," said Palm Beach Gardens' Ms. Wolnewitz. "We have an assortment of vendors. We have had crafters, we try to do live demonstrations once a month. We want to make it an appealing event for people to come out to."

Mr. Robinson said visitors can expect some old favorites to return to the Lake Worth Farmers Market.

"The Taco Boys are back. They're just incredible fresh local tacos that are creative. I have located the boys. They weren't with us last year, but they're back this year, so I'm ecstatic," he said, adding that foodies from across the region came to the market each week just to feast on the tacos.

"We also have the Southern gourmet

in the know

Area greenmarkets

Now open

>> **West Palm Beach GreenMarket** — 9 a.m.-1 p.m. Saturdays through May 31, Waterfront Commons, downtown West Palm Beach. Free parking at the Banyan Boulevard and Evernia Street garages. Info: wpb.org/greenmarket or wpb.org/waterfront.

>> **Palm Beach Gardens GreenMarket** — 8 a.m.-1 p.m. Sundays through May 4, Burns Road just east of Military Trail, behind the Municipal Complex. No dogs allowed. Info: PBGFL.com/greenmarket.

>> **Green Market at Abacoa** — 9 a.m.-1 p.m. Saturdays, Abacoa Town Center, Town Center Drive, Jupiter. Info: abacoa.com.

>> **Jupiter Green & Artisan Market** — 5-9 p.m. Fridays, Riverwalk Events Plaza, 150 S. U.S. 1, Jupiter. Info: (203) 222-3574 or visit www.harrysmarkets.com.

Opening Oct. 12

>> **Lake Worth Farmers Market** — 9 a.m.-1 p.m. Saturdays through April 26, 1 S. Ocean Blvd., Lake Worth. It's immediately east of the Intracoastal Waterway on the north side of Lake Avenue. Info: lakeworthfarmersmarket.com.

Opening Oct. 19

>> **Tequesta Green Market** — 9 a.m.-1 p.m. the third Saturday of each month through April 19 at Constitution Park, 399 Seabrook Road. No dogs allowed. Info: Tequesta.org.

>> **Delray Beach GreenMarket** — 9 a.m.-2 p.m. Saturdays through May 10, Old School Park, 95 NE First Ave., downtown Delray Beach. Info: delraygreenmarket.com.

Opening Oct. 20

>> **Royal Palm Beach Green Market** — 9 a.m.-1 p.m. Sundays through April 27, Royal Palm Beach commons Park, 11600 Poinciana Blvd., Royal Palm Beach. Info: rpbgreenmarket.com.

Opening Nov. 9

>> **Wellington Green Market** — 8 a.m.-1 p.m. Saturdays through April 26, Wellington Community Center, 12165 Forest Hill Blvd. Info: wellingtongreenmarket.com.



back. He's a long-time vendor in this community. He lives in Sanford, Fla., drives down Friday night, does the market, then drives back," Mr. Robinson said. "He's also a national bromeliad expert who chaired their national convention. The backgrounds for so many of these vendors are interesting."

"Look for Galaxy Gourmet, which is a local catering business, which brings in artisan cheeses — American-made blue cheeses, Cheddars that are unbelievable," he said.

Those in addition to the locally harvest Palm Beach County organic and non-organic vegetables that will be available for sale.

Mr. Robinson said he spends two hours each Saturday at the Lake Worth Farmers Market and two hours at the Wellington Green Market. He has hired a manager for each market to ensure vendors and customers are happy.



COURTESY PHOTOS

Jupiter Green and Artisan Market

chef Shirley, who will be back with her shrimp and grits and Southern specialties. And we'll have the world's best empanadas from Buenos Aires Kitchen," he said.

He promises there will be plants with a pedigree and more.

"My orchid man, Bud Martin, he's

Growing Wellington

In Wellington, "there'll be over 10 growers of vegetables and plants — no re-sellers," he said. "I'm all growers in that market. ... The person in the booth has dirty fingernails because they have grown what was sold. This has been my dream forever. This year, I've created it at Wellington."

He expects the Wellington Market to open its third season with 45-50 vendors, then grow to 60 or more once season is in full swing.

The sponsorships don't hurt, either. Ms. Wolnewitz said Palm Beach Gardens will count on HealthSource Chiropractic and Progressive Rehab and Schumacher Automotive to help out this year. And Mr. Robinson said he had received a sponsorship for the market from the Grand Champions Polo Club and from "Audi, as in the car," he said. "It's cer-



COURTESY PHOTOS

Lake Worth and Wellington markets

tainly not the biggest, but it's one of the best."

He sees the markets, and perhaps especially the Wellington market, as opportunities to help vendors grow.

Mr. Robinson's proudest achievement? "The incubation of businesses, which I love, and I've been able to do that quite a bit in Wellington," he said.

He brags a little. "I'll have the only market in Palm Beach County with 100 percent growers, no re-sellers."

That's a claim that cannot be verified. But what is certain is this: Even in the heat of the day, the customers will come.

They'll shop, they'll graze and form relationships.

And maybe, just maybe, they'll eat a little better when they get home. ■



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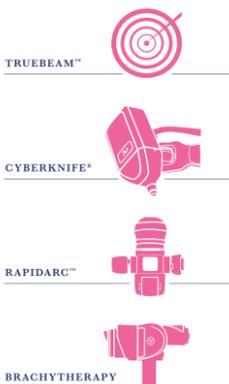
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The three different golf balls are for different skill levels of play. Jack Nicklaus said the different golf balls will simplify the game for golfers, as well as provide funds for the charity that helps pediatric hospitals, and children and their families.

NICKLAUS

From page 1

Foundation to support pediatric programs and hospitals nationwide, while visitors to Nicklaus.com will have the ability to support the foundation with voluntary contributions.

“The idea of creating three balls corresponds to the teeing areas golfers typically play. The Nicklaus White ball is designed for the players who might typically play the forward or white tees. Nicklaus Blue is designed for players who would typically play the middle or blue tees. And, finally, Nicklaus Black is designed for the single-digit or better golfer who generally plays from the back tees,” Mr. Nicklaus said in the statement.

The introduction of a Nicklaus-designed and branded golf ball is the latest venture since Mr. Nicklaus partnered with Howard Milstein in 2007 to further the growth of the company. Howard Milstein is chairman and CEO of New York Private Bank & Trust, and is actively involved in the Nicklaus Companies as co-chairman along with Mr. Nicklaus.

Over the decades, Mr. Nicklaus has exhibited a passion for introducing and growing the game worldwide. He has been a trustee and national co-chair for The First Tee, and this year he launched an initiative with SNAG (Starting New At Golf) called the Jack Nicklaus Learning Leagues, which gives children ages 5 through 12 the opportunity to be introduced to the game at parks and recreation facilities nationwide.

He also was a “Global Ambassador” for the game’s unified campaign to have

golf returned to the Olympic Games. In July, he received the Ambassador of Golf Award, presented annually to a person who fosters the ideals of the game on an international level and whose concern for others extends beyond the golf course.

With accessibility and growth of the game paramount, the online model will save golfers money by reducing hidden distribution costs typically built into golf balls sold through traditional retail channels, according to the statement from Mr. Nicklaus.

For example, Nicklaus Black will sell in pro shops for \$50 a dozen, but while that is the recommended price when sold through Nicklaus.com, visitors to the site will pay \$32, plus a voluntary contribution of up to \$20 for those who can afford a donation. Nicklaus Blue and Nicklaus White are priced at \$46 in pro shops, but on Nicklaus.com, visitors pay \$28 plus the optional contribution.

This distribution approach lets people buy the balls in a way that encourages them to support the Nicklaus Children’s Health Care Foundation, which champions the health, safety and well being of children nationwide. During a month-long pre-order period, customers can order the ball for discounted introductory prices of \$30 (Nicklaus Black) and \$26 (Nicklaus Blue and Nicklaus White).

“My partner, Howard, who is a well-known philanthropist, emphasized from the start that if our company entered the golf ball business, it was going to be with a philanthropic vision,” Mr. Nicklaus said in the statement. He, along with his wife, Barbara, established the foundation in 2004.

To learn more about the new Nicklaus Golf Ball, including product specs, features and benefits, or to order, see nicklaus.com. ■



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COURTESY PHOTOS

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Nonprofit Bella's Angels names board of directors for 2013-2014

SPECIAL TO FLORIDA WEEKLY

Bella's Angels, a local nonprofit, has established a board of directors for 2013-2014. Bella's Angels offers support to families of children with life-long disabilities and was founded by Kerry Cavallo in 2005.

Ed Tancer will serve as board chairman, and Patti Hamilton, Wade Litchfield, Daniel Martell, Steven McCraney, Patrick Rooney Jr., and Alyson Seligman will serve as board members.

The board will join Ms. Cavallo, executive director Deborah Jaffe, and past president Michelle Gonzalez in raising

funds to cover medical expenses and provide family services.

Mr. Tancer is a shareholder at Gunster law firm in West Palm Beach.

Ms. Hamilton is the vice president of marketing and communications at Southern Waste Systems.

Mr. Litchfield is vice president and general counsel for Florida Power & Light Company (FPL) with responsibility for all FPL legal matters..

Mr. Martell is the president and CEO of the Economic Council of Palm Beach County, a not-for-profit, non-governmental, non-partisan organization.

NAIOP's Central Florida Chapter

named Mr. McCraney 2012 Developer of the Year.

He is president and CEO of McCraney Property Company (MPC) and is active in numerous professional and non-profit organizations, including University of Florida's Bergstrom Real Estate Advisory Board, Young Presidents Organization and The Place of Hope Leadership Advisory Council.

Mr. Rooney, a representative in the Florida House (District 85), is president of the Palm Beach Kennel Club and managing director and president for Rooney's Gastropub.

He serves as a director for the Autism

Project of Palm Beach County and is a founding board member for Potentia Academy.

Ms. Seligman is owner and president of Seligman Brand Strategies, a public relations, marketing and digital media firm in Palm Beach Gardens.

She volunteers her time with the Women's Foundation of Palm Beach County, the Happy Camper Foundation, Mandel JCC and the Jewish Federation of Palm Beach County.

To learn more about Bella's Angels, see www.bellasangels.org or call 373-4823. ■

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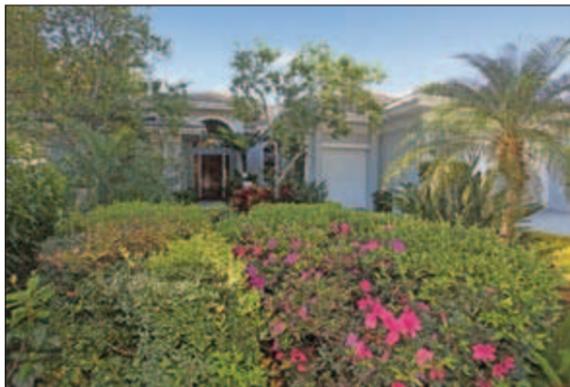
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116 TERRAPIN TRAIL

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152 SOTA DRIVE

Desirable oversized lot with lake views. Full set of architectural drawings for a custom estate incl. Luxury golf club community with all the amenities. Web ID 2853 **\$749K**



107 SOTA DRIVE

Rare opportunity to build your dream home on this vacant lot and a half. Beautiful lake views with a desirable southeastern exposure. Web ID 2822 **\$749K**



118 WEOMI LANE

Immaculate 3BR/3BA home including courtyard area with heated pool/spa perfect for entertaining. Impact glass, French doors and marble floors. Web ID 2878 **\$749K**



104 LANITEE CIRCLE

One of the last vacant cottage lots. Priced to sell! Build your custom cottage on this vacant parcel on private cul-de-sac. Short golf cart ride to activities center. Web ID 2944 **\$119,500**

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HEALTHY LIVING

Sibling relationship is a legacy we should cherish

lindaLIPSHUTZ
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While, at times, Edith did a good job at being even-handed, she probably couldn't help herself. She had no idea that everyone could see the way her eyes lit up when she saw Dara.

"Dara, Dara, Dara." "Dara, this. Dara, that."

John and Gloria exchanged exasperated groans. Their mother, Edith, was at it again. Couldn't she hear herself? They couldn't stand listening to their mother regale them, once again, with stories about their sister Dara's job, Dara's wildly successful husband, or Dara's overachieving children.

Yes, of course, John and Gloria knew their mother loved them all. But didn't she realize that her other children and grandchildren were pretty special, too? Didn't their mother know that it had to hurt like hell, when she was so busy boasting about Dara that she often overlooked the accomplishments of the rest of the family?

It's not that John and Gloria hadn't attempted to explain their hurt and frustrations to their mother. It's just that nothing sunk in. Edith would become indignant and would vociferously defend herself, insisting she was the paragon of fairness, and loved each and every one of her family members equally.

Worse yet, after a particularly heated exchange, she had even accused them of being mean-spirited and jealous ganging up on their sister. She once again recanted Dara's many wonderful qualities and accused them of rebuffing Dara's many efforts to be close. John and Gloria found it infuriating.

We may convince ourselves that we're adults and that these things shouldn't bother us anymore. We may promise ourselves that this time we'll handle ourselves differently: We won't react, provoke, or fall into the childish patterns.

But somehow or other, when we interface with our families, it doesn't take much for the old childhood jealousies to come roaring back with a vengeance.

There has been much written about the impact of siblings on our psyches. Sibling relationships are often the longest interpersonal relationships that most of us will ever have. These are the folks who knew us from way back when, and also have shared interactions with many important people in our lives, for better or worse! Whether these connections have been deeply rewarding or seriously flawed, siblings share an interconnected legacy.

Because our sibling relationships are usually our first interpersonal experiences (outside of parental bonds), these relationships largely shape our view of self and others. There are many factors that will influence the intensity of the sibling bond: including, but not limited to birth order, genetics, individual temperament, the individual's gender, relationships and events outside of the family, the way the individual is treated within the family, and the ethnic and socio-economic environment. And because family structures are fluid, each child's experience may be differ-

ent — when each child is born, the family may be facing different stresses and challenges.

It's important to further note that, independent of parental influences, brothers and sisters often strive to distinguish themselves from each other, often competing to best each other by interpersonal, athletic and academic achievements. This sibling competition is often the catalyst to form separate identities and personalities.

We certainly cannot minimize the impact of the "perceived" relationship between our sibling(s) and our parents. Perceived is highlighted because the parental-child relationship is a complicated mix of each person's actual behavior and the "perceived" sense of how they think they are being treated emotionally.

Most parents will profess to love their children equally and will insist they are not only treating their children the same, but fairly. It is very difficult for any parent to consider that they may have shown favoritism, and in the process may have caused undue hurt. Nor would they like to own that they've in any way instigated angst in their children's ongoing relationships.

However, from a very early age, many young people have radars up, watching to see how they are being treated, and comparing this to how they perceive their siblings are being treated. They quickly learn the family culture, and can differentiate parental reactions to their mishaps, and watch to see if parental favor is meted out to the others' advantage. In many instances, the sibling interaction can become a blueprint for a pattern of relating to important people outside of the family — whether romantic, friendship or workplace related.

Because these patterns may be so deep-seated in our personalities, identity and world-view, it can be understandably quite difficult, if not impossible, to shift to a different perspective. However, when familial relationships have been particularly stressful or painful, there might be a strong incentive to gain insight, and to make realistic changes. Some siblings are able to have mature, heartfelt conversations as adults, with the aim of smoothing rough edges, and a desire to carve new possibilities.

Some may say: "You pick your friends, not your family." This expression can be quite instructive in guiding us through the sibling drama. We are born into our families, and may have limited, or no, ability to effect significant changes in the dynamics. Accepting the realities, and letting go of grudges, requires flexibility and a willingness to forgive and/or apologize.

However, when we strive to fill our lives with gratifying relationships and meaningful pursuits, we often take important steps to build a full life apart from our family of origin. It is within our reach to "pick" gratifying connections that may hopefully lessen the powerful sting of hurtful family wounds. ■

— *The example at the beginning of this column is fiction.*

— *Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached at 630-2827, online at www.palmbeachfamilytherapy.com, or on Twitter @LindaLipshutz.*

NIH launches first national Down syndrome registry

The National Institutes of Health has launched DS-Connect, a Web-based health registry that will serve as a national health resource for people with Down syndrome and their families, researchers and health-care providers.

"The Down syndrome community has voiced a strong need for a centralized, secure database to store and share health information. DS-Connect fills that need, and helps link individuals with Down syndrome to the doctors and scientists working to improve their health and quality of life," said Yvonne T. Maddox, deputy director of the NIH's Eunice Kennedy Shriver National Institute of Child Health and Human Development, which funded and developed the registry.

Participation in the registry is free and voluntary. Individuals with Down syndrome, or family members on their behalf, may sign up to create personalized profiles with information about their health histories, including symptoms, diagnoses and medical visits. The website has been designed to ensure that all information remains con-



fidential. The site will separate users' names from their health information, so that individuals may compare their health information with that of all other participants in an anonymous manner.

If participants give permission to be contacted, the registry coordinator can inform them of research studies in

which they may be interested. Results from these studies will help researchers better understand Down syndrome and how to treat its accompanying health problems across the lifespan.

"DS-Connect is for people of all ages, not just children," said Dr. Maddox. "Right now, we don't have much data on

older individuals with Down syndrome, and that's been a problem. People with Down syndrome are living longer, and researchers and physicians will require information about the health issues and needs of these individuals to make recommendations about their health care."

The Down Syndrome Consortium, a public-private group established in 2011 to foster the exchange of information on Down syndrome research, will be a critical player in helping to disseminate information about the registry to the Down syndrome community. The consortium includes individuals with Down syndrome and their family members, representatives from professional societies and advocacy groups, and NIH scientists.

"We've been fortunate to have so many experts and advocates provide input on this effort," said Dr. Maddox.

"The establishment of this registry is a tremendous step forward for Down syndrome research, and the resource will become all the more beneficial as more individuals join in the months and years ahead."

For more information, visit <https://dsconnect.nih.gov>. ■



Jupiter Medical Center Breast Cancer events

Jupiter Medical Center events in observance of Breast Cancer Awareness Month continue.

• **Free concert from The Party Dogs** — Face painting, balloon sculpting, raffle prizes, pink cookies; event is in partnership with the Abacoa Food Truck Invasion. Bring the whole family and don't forget to wear pink. For more information see jupiterbreastcare.com/events, facebook.com/jupitermedical or call 263-2896.

Friday, October 11, 6 p.m. - 9 p.m., Abacoa Town Center, Jupiter.

• **Key To The Cure Charity Shopping Event** — Join Saks Fifth Avenue in Palm Beach Gardens for its annual Key to the Cure Event. Two percent of purchases from the Charity Shopping Weekend (Wednesday, Oct. 16, to Sunday, Oct. 20) will be donated to the Kristin Hoke Breast Health Program at Jupiter Medical Center, as well as 100 percent of the local proceeds from each limited edition T-shirt (\$35) sold. For questions or to purchase tickets, call 263-5728 or see jmcfoundation.org.

• **Key To The Cure Private Cocktail Reception** — Wednesday, Oct. 16, 5:30 p.m -9 p.m., Saks Fifth Avenue, Gardens Mall, 3101 PGA Boulevard, Palm Beach Gardens, \$40 per entry ticket, \$75 per couple entry.

• **Making Strides Against Breast Cancer** — Join Jupiter Medical Center at the American Cancer Society's Making Strides Against Breast Cancer and help continue to save lives and create a

world with less breast cancer and more birthdays. For more information or to register for a team, see jupiterbreastcare.com/events or facebook.com/jupitermedical.

Saturday, Oct. 19, 9 a.m. walk begins, Meyer Amphitheatre, 105 Evernia St., W. Palm Beach.

• **Nights At Niedland** — It's a pink-tastic party! Join JMC for a special night out in honor of Breast Cancer Awareness Month. Event includes: tours, wine and chocolate, appetizers and pink Champagne, breast health information and risk assessments, boutique shopping, physician meet-and-greet, juicing and healthy cooking demo and tasting, KOOL 105.5 guest appearance by Sally Severeid, raffle prizes and giveaways, makeup and skin care, demos with samples, chair massage, 30-Minute Mammograms.

Thursday, Oct. 24, 5:30 p.m.-7:30 p.m., Niedland Breast Screening Center, 11310 Legacy Place, Suite 110, Palm Beach Gardens.

• **Brake For Breakfast** — Join KOOL 105.5 and Jupiter Medical Center's Comprehensive Breast Care Program for Brake for Breakfast. Make a quick pit-stop on your way to work. Drive through for information on women's breast health, pick up a complimentary goody bag and insulated lunch bag filled with breakfast items.

Wednesday, Oct. 30, 6:30 a.m.-9 a.m., Abacoa Shopping Center on the corner of Military Trail and Donald Ross Road in Jupiter (east parking lot by Jupiter Medical Center's Urgent Care Center.)

Connect mind, body and soul At The Spa at PGA National

In observance of Breast Cancer Awareness Month, complimentary "Connect - Mind, Body, Soul" events will be held at The Spa at PGA National Resort. Connect - Mind, Body, Soul is a personalized coaching program that will teach you how to connect with your mind, body, and soul on a daily basis. You can choose to attend any one of the

three different session dates in October: Wednesday, Oct. 16, 4-5 p.m.; Saturday, Oct. 19, 3-4 p.m.; and Wednesday, Oct. 23, 4-5 p.m.

The speaker will be Heather Lee Beasley, Founder of Connect - Mind, Body, Soul. Seating is limited; RSVP by calling 714-3704. For more information, see connectmindbodysoul.com. ■

Ask The Health & Beauty Experts

ASK THE DENTAL EXPERT



Jay L. Ajmo D.D.S., P.A.,
Board Certified Sedation Dentist
PGA Center for Advanced Dentistry

The benefits of implants

Question: My upper denture makes me "Gaggie." I hear a lot about implants. What can implants do for me? Can they be mixed with a denture?

Answer: The "gagging" you get from your denture comes from having your palate covered. The importance of having a palate on your upper denture is to create suction. It is this suction that holds your denture in place.

An implant is a supportive device. It can either support an abutment that holds a crown or it can support an abutment that retains a denture. In addition to reinforcing a restoration, implants maintain the bone it is placed in.

If you place implants in strategic positions around your upper arch, you could then hold your denture in position and remove the need for the palate. This would then allow you reduce the amount of plastic your tongue feels — improving the feel and comfort of your denture and ending your feeling of "gagging."

Another benefit of not having a palate to your denture is that food will taste better. Our palates are covered in tiny taste buds besides the ones on our tongues. An upper denture covers these, so food has less taste.

Yes, implants can be mixed with your dentures. As you can see, implants can provide you with more benefits than just retention.

There are also a number of "fixed" options available (these are not removable) that a skilled implant dentist could offer you depending on your personal situation.

Dr. Jay Ajmo earned his Doctor of Dental Surgery degree from Emory University School of Dentistry in 1986. He is an active member of The American Academy of Cosmetic Dentistry and designated Master Cosmetic Dentist by the Rosenthal Institute for Aesthetic Dentistry.

He's been awarded Diplomate Certification from the International Congress of Oral Implantologists, Diplomate from the American Dental Implant Association and a Mastership from the Misch International Implant Institute. He's a member of The American Academy of Oral Implantologists. Dr. Ajmo is Board Certified in IV sedation and maintains an active membership with the American Society of Dental Anesthesiology.

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ASK THE COSMETIC SURGEON



Dr. Douglas Dedo,
Board Certified Facial Plastic and Reconstructive Surgery, Cosmetic Surgery, Head and Neck Surgery and Otolaryngology.

Treatment for Sleep Apnea

Question: Doctor, What is sleep apnea?

Answer: Sleep apnea is a condition when one stops breathing at night when they sleep. Frequently the spouse will complain of loud snoring that keeps them awake. As the snoring intensifies the individual holds their breath to the point the listener jostles the person to get them to awaken and start breathing. The longer between respirations the more serious apnea becomes because the heart rate drops and may progress to a heart attack! In its milder form the patient will awaken tired, fall asleep easily during the day even when driving a car. The reason for the excessive fatigue is the individual never gets into the REM level of sleep. REM or rapid eye movement is the important period of sleep when we "recharge" our batteries. If we are continually awakening to start breathing our brain never gets the sleep it needs. High blood pressure, headaches, depression, weight gain and other serious problems develop with sleep apnea.

A diagnosis of sleep apnea is made from the history. If suspected, a monitored sleep study is done that measures the number of times the breath is held, level of Oxygen saturation, heart rate and time in each level of sleep. Based upon the number of spells in a night, the severity of the condition is made. The treatment of the apnea is a CPAP machine that blows air into our mouth and/or nose to keep the palate from blocking the airway. Patients who cannot tolerate the CPAP are candidates for surgery.

For more information, please call my office for a consultation: 561-776-7112 or visit us at palmbeach-sinus-doctors.com.

Dr. Dedo has been serving the South Florida community for over 35 years and is Triple Board certified in Facial Plastic and Reconstructive Surgery, Cosmetic Surgery, Head and Neck Surgery and Otolaryngology. Dr. Dedo has held leadership positions in the American Academy of Facial Plastic and Reconstructive Surgery, the local hospital community as well as the past President of the Palm Beach County Medical Society. He has written 45 articles and chapters for textbooks and medical journals.

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MONEY & INVESTING

Energy concerns shape Middle East policies

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A recent Money and Investing column suggested the real reason behind the Syrian conflict was a war over a proposed pipeline to transport natural gas out of the Persian Gulf (the location of the largest natural gas find in the world) and into the European markets. That column generated a lot of interest and questions by readers.

The column suggested that there was a lot more at stake than the critical humanitarian issue. There was dispute whether the pipeline would originate in Qatar, cross Saudi Arabia and into Syria or start in Iran and cross Iraq and into Syria. All roads would cross Syria, which could then further transport via another pipeline into Europe or liquefy the gas and ship by LNG tanker into Europe. Qatar's proposal was rejected by Syria in 2009; one year later, Syria pursued a deal with Iran; by July 2012, Iran, Iraq and Syria had signed a memo of understanding, which was coincident with a civil war in Damascus.

Long before the pipeline dispute, there were long standing economic rivalries and differences in religious and political objectives amongst more than 20 countries. The major players and their agendas are listed below.

Russia has wanted to use its energy strength to direct foreign policy/ relationships in the Middle East and Far East. In recent years, Russia has been the largest exporter of crude and the largest

exporter of crude and natural gas combined) to the world. Energy profits (from the three state-controlled energy companies of GAZPROM, Rosneft and Transneft) have provided 50 percent of Russia's budget's revenues. Russia extracted premiums for its natural gas from European countries due to near monopolistic control: Russia was 34 percent of all EU gas imports but 100 percent of most Baltic country imports; 80 percent of Czech Republic and 25 percent for Germany.

Russia understands that its monopolistic hold over much of Europe will come to an end when Qatar's or Iran's pipeline is built. Possibly all is not lost for Russia if it can organize a gas cartel/alliance with Iran, Iraq and Syria.

Saudi Arabia has wanted to install a Sunni government in Syria. It feels that Iran is a major threat to Sunni led countries. Controlling Syria and having Qatar build the pipeline keeps Iran (and Shiites) weak. Saudi emissaries are making plenty of trips to Russia to get them to agree to depose Assad and form an energy alliance; Russia declines to date.

Iran wants to get rid of sanctions. It wants to create economic ties with Europe and closer ties with Iraq and Syria (to the detriment of Western countries and Israel) by offering much needed natural gas. Under the proposed Iran-Iraq-Syria pipeline to transport 4.1 trillion cubic feet per day, Iraq gets 18 percent of pipeline transport as does Syria; if sanctions are lifted, Europe could conceivably get the balance.

Iran is largely Shiite controlled and will do anything and everything to block Saudi Arabia's installation of a Syrian Sunni government. Iran wants to keep Syria as an ally in that an attack by Israel on Iran's nuclear would still allow

Hezbollah in Lebanon to strike Israel; Hezbollah gets its arms and support out of Iran through Syrian land passage.

Iraq seems to have no allegiance to the U.S. and it can create a sweetheart natural gas deal with Iran.

Qatar wants to develop another form of delivery of natural gas other than LNG or liquefied natural gas delivered by LNG carrier... through the Strait of Hormuz and on to the Far East for approximately 85 percent of their production. But to get north to Europe, the LNG tanker has to get through the Strait of Hormuz, and then another strait by the Horn of Africa and then through the Suez Canal. It might well be that Qatar wants alternatives to shipping through only these "choke points."

In the Persian Gulf, Qatar's North Field is adjacent to Iran's claim in South Pars Field. It stands to reason that if Europe is getting gas through their pipeline, that a future dispute with Iran about natural gas territories will have European support in favor of Qatar, their source of pipeline gas.

Europe, loaded with EU problems, wants to find ways to create jobs, have (at least) Germany remain industrially competitive and foster energy security and diversity. Europe's electricity costs are up some 40 percent since 2005. Russia has monopolized EU's natural gas. Per FERC's estimate (for "October 2013 landed LNG prices"), natural gas/mcf in Spain will be \$10.07 (with the U.K. and Belgium slightly lower). It is hard for Germany to compete with the U.S. at \$3.20. (Louisiana price estimate). Europe would love an alternative to Russian gas. Europe might prefer gas from Qatar but it also might take gas out of Iran.

China wants more natural gas. It's pretty hard for China to get gas by pipeline from Russia (but they are trying); they will get most from LNG. Currently, the Chinese are expected to pay \$14.95 in October, which is still better than Japan and Korea at \$15.35.

Turkey was nixed in the Iranian to Syrian pipeline and has supposedly been housing leadership of the Syrian rebels. But Turkey might not want to give up a chance to be the last mile of the pipeline connection into Europe and might ultimately side with Iran.

Israel fears Iran and would have no interest in Iranian economic strength from a new pipeline. Iranian profits would further fund Hezbollah and other anti-Israel extremists.

The outcome? It seems as if the U.S., though center stage, has less and less voice in Syria's outcome as those with the greatest economic interests.

Clearly, Russia has taken the driver's seat. The Russians distrust Saudi Arabia and have strong alliances with Syria and Iran. They will fashion a deal that is best for them, and it will be energy related. ■

— Jeannette Showalter, CFA, is a commodities broker with Worldwide Futures Systems. Find her on Facebook at Jeannette Showalter, CFA.

— Trading futures and options on futures and Forex transactions involve substantial risk of loss and may not be suitable for all investors. You should carefully consider whether trading is suitable for you in light of your circumstances, knowledge and financial resources. You may lose all or more of your initial investment. Opinions, market data and recommendations are subject to change at any time.

Hanley Center development director in Leadership Florida class

SPECIAL TO FLORIDA WEEKLY

Sarah Alsofrom, the executive director of development and community relations for Hanley Center Foundation, will participate as one of 55 new members in Leadership Florida's XXXII Annual Class Program.



Alsofrom

Leadership Florida enhances the knowledge and leadership abilities of

Florida's leaders through educational programs and by encouraging collaborative work for the betterment of the state. To date, more than 1,500 men and women have graduated from Leadership Florida programs.

"As such a key component of Hanley Center Foundation's leadership team, we know that Sarah's selection is well deserved," said Rachel Docekal, Hanley Center Foundation CEO, in a prepared statement. "We are so proud of her ongoing commitment to leadership and the quality of life in Florida. We could not be more delighted that she has

accepted this great honor."

The Foundation is devoted to helping the Hanley Center offer hope to those affected by alcoholism and drug addiction. The Foundation's philanthropy efforts support the treatment, education and community programs offered by Hanley Center as well as funding of capital projects. Hanley Center, located in West Palm Beach, offers a broad spectrum of programs based on the most advanced research in the disease of addiction, offering the most innovative and effective age- and gender-specific treatment programs.

A West Palm Beach native, Ms. Alsofrom joined the Hanley Center Foundation in 2012, and is responsible for organizing and implementing all developmental fundraising initiatives, advancing community outreach and directing all day-to-day operations. Ms. Alsofrom was previously the public information officer at the State Attorney's Office of Palm Beach County.

For more information about Hanley Center, call 866-442-6539, or visit hanleycenter.org. For additional information about Leadership Florida, visit leadershipflorida.org. ■

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BUSINESS

WEEK OF OCTOBER 10-16, 2013

PALM BEACH COUNTY COMMERCE

Power driven

FPL has one of the largest hybrid-electric fleets in the nation

BY ATHENA PONUSHIS

aponushis@floridaweekly.com

There's a little friendly competition going on within the ranks of Florida Power & Light. Workers are competing to see who can best maximize their fuel economy.

Claude Masters, FPL manager of vehicle acquisition and fuel, calls it an "internal phenomenon," a new company culture focused on fuel savings.

FPL has amassed more than 550 vehicles that are either plug-in hybrids, electric-gas hybrids or all-electric. These electric vehicles make up about 92 percent of the company's light-duty fleet. The largest utility in the state, FPL possesses one of the largest hybrid-electric fleets in the nation.



SEABURY

"Automotive Fleet Magazine ranks us up with the big guys: UPS, FedEx, Coca-Cola," Mr. Masters says. "We're No. 8 in the nation. That's a pretty good statistic."



MASTERS

FPL has gone electric, the company wants to go more electric and it wants you to go electric too. But FPL sells electricity. To those who think an electric company pushing electric cars might be self-serving, FPL management maintains that besides being better for the environment and reducing the country's dependency on foreign oil, electric vehicles lower their operating costs, and if their operating costs go down, customer bills could go down.

"Electric vehicles are 80 percent cheaper to operate," says Anne-Louise Seabury, FPL Electric Vehicles Program Manager. "Reducing our operating costs helps us reduce customer bills."

FPL execs want to increase their electric fleet across all product lines, meaning any new vehicle they acquire, they want it to be electric, even medium or heavy-duty trucks. The company was instrumental in the development of hybrid-electric bucket trucks, designing the specs and deploying the



COURTESY PHOTO

The FPL fleet includes hybrids, plug-in hybrids, all electric vehicles and biodiesel vehicles.

first truck of its kind in 2005.

"In 2012 we were able to reduce our CO2 emissions by 2,500 metric tons," says Mr. Masters, attributing the decline to the company's hybrids, plug-in hybrids, all-electric vehicles and their biodiesel fleet, which includes hybrid-electric bucket trucks.

"We calculated 295,000 gallons of fuel reduction over the last year," Mr. Masters continues. "And we're seeing that number grow." It's difficult to convert those gallons into monetary terms, as the price of fuel fluctuates, but Mr. Masters says if you multiply those gallons by a conservative \$3.50 per gallon, that's over a million dollars in fuel savings.

Mr. Masters says FPL has made public commitments to increase their electric fleet because they want to mobilize the marketplace. "Our intent is to send a signal to these guys: 'If you build it, we will buy it,'" he says. "And we're putting our money where our mouth is. For instance, we have 74 hybrid-electric bucket trucks and we intend to add another 30 to 35 this next year ... These guys building these medium, heavy-duty trucks, we want them to know, the market is real."

Growing up as a mechanic, working on cars all his life, Mr. Masters cannot help but be surprised by how easy electric vehicles are to maintain. He says when you pop the hood, it looks more like the trunk, there's nothing underneath it. He says your main mainte-



nance will be your tires. Talking about alternative fuel, Mr. Masters says natural gas seems to be the "soup du jour," but when trying to decide whether to go the natural-gas route or the electric-hybrid route, he likes to remind people that natural gas does not have an established infrastructure, but when it comes to electric, the infrastructure's already there.

Even in the exaggerated event of every Floridian going out and buying an electric car tomorrow, Ms. Seabury says FPL would not be concerned with their electric grid. The company has noticed most electric car owners charge their cars at night, not at a time of peak power use.

"People overcomplicate electric vehicles. They are very simple," says Ms. Seabury, who has been driving an electric car for over two years. "You plug it in at night, the car does its thing while you're sleeping, you wake up and go about your business."

Ms. Seabury says Floridians are responding to the appeal, with more than 5,200 electric vehicle owners in the state. She encourages anyone to take a test drive when they can. Beyond saving money and the environment, she says people buy electric cars for the thrill of the ride.

Lee County Electric Cooperative has been keeping an eye on electric vehicles. LCEC serves 200,000 cus-

tomers in five counties. Public Relations Manager Karen Ryan says that's "small potatoes" compared to FPL's 4.6 million accounts across 35 counties.

"Our fleet, although adequate for our customer base, is not that large. We have an excellent preventative maintenance program so we typically don't need to purchase replacement vehicles that often, one or two a year maybe," Ms. Ryan says.

LCEC has approximately 65 heavy-duty trucks and 150 smaller trucks and vans. But compared to FPL's total fleet of roughly 3,500 vehicles, Ms. Ryan says LCEC savings would be limited.

"We are keeping an eye on the developments in vehicle technology and exploring our options to see when electric vehicles might be beneficial for our business," Ms. Ryan says. "The last time we evaluated it, it was not cost effective for us."

LCEC purchased a hybrid car in 2002 and Ms. Ryan says when the timing is right, the company will be part of the electric vehicle movement. As far as the conundrum of electric utilities pushing electric cars, Ms. Ryan agrees with FPL.

"Promoting electric vehicles isn't self-serving for utilities for several reasons. We have an obligation to help preserve/conservate natural resources," she says. "Conserving fuel resources that are used to power vehicles makes a positive impact on the customer's wallet. If you compare the cost of a kilowatt to the cost of a gallon of gasoline, there is no comparison." ■

in the know

- >> There are more than 3,000 electric car owners in FPL territory. Here's a county-by-county breakdown of FPL consumers with electric vehicles, as of July 10:
- >> **Lee County:** 136 electric vehicles, the majority being Chevy Volt
- >> **Charlotte County:** 41 electric vehicles, also led by Chevy Volt
- >> **Collier County:** 84 electric vehicles, led by Chevy Volt with a close follow by Tesla Model S
- >> **Palm Beach County:** 516 electric vehicles with 246 Chevy Volt and 124 Tesla Model S



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Inspired Performance

KOVEL: ANTIQUES

Wardian cases sheltered plants from the smog

BY TERRY AND KIM KOVEL

House plants were popular with our ancestors, but indoor plants took a lot of work. No bug spray, no packaged topsoil or plant food, not even a good selection of pots was available. In 1829 Dr. Nathaniel Bagshaw Ward of London invented the “Wardian case.” His ferns were dying in London’s smoke-filled air. Then he noticed that some of the sealed test tubes he was using to germinate seeds also held other seedlings starting to grow. So he created a large glassed-in enclosure to grow his ferns. The Wardian case, named after the doctor, soon became popular not only with botanists, but also with the general public. They were featured in many homes. At first, ferns were the most popular plant to grow in the cases, but scientists and explorers also used them to bring new plants from other continents. It is said that tea and rubber plants made the ocean trip to new countries in the cases, were planted and started new agricultural industries. The Wardian cases used in homes were made of glass and iron. Some sat on a matching table or stand, and some were made to look like small houses. It was the first terrarium — a closed space to let plants grow — and the condensed moisture kept them from drying out. Vintage Wardian cases are not easy to find, but they’re available. Copies were made, too, and they’re still being made. A case made by the well-known American firm of J.W. Fiske, a Victorian maker of iron furniture and

garden fountains, sold last fall for \$5,795 at Neal Auction Co. in New Orleans.

Q: We have an old wooden dining room set that includes a table with one leaf, four chairs and a china cabinet. The only mark I can find is “Jefferson Woodworking Co.” on the table’s extension rails. History and value?

A: Jefferson Woodworking Co. was in business in Louisville, Ky., in the late 1910s into at least the early 1920s. It did not make your table. It made table extension rails for various furniture manufacturers. Still, your set is close to 100 years old and could sell for more than \$500 if it’s in excellent condition.

Q: I have a General Electric Youth Electronics clock radio. My aunt and uncle gave it to many years ago. The numbers on the clock face have 12 different Disney characters, and there are two dials with characters on them for setting the time and alarm. The radio dial is a big, hard plastic Mickey Mouse face. Below the dial it reads “Walt Disney Productions.” Can you give me any information as to age and value?

A: Your Mickey Mouse radio is more than 40 years old. General Electric was licensed to make radios for Disney from 1970 to 1975. The radio sells for less than \$20 unless you have the original box. The box adds about \$50.

Q: I have a silver tea service that includes a teapot, sugar bowl and creamer marked “Tiffany & Co., quality 925-1000.” The set’s tray is marked “Dixon & Sons, Sheffield.” Can you tell me the value of this tea set?

A: The tray was not originally part of the set, since it was made by a different company. Charles Lewis Tiffany opened a retail store in New York in 1837. The name of the store became Tiffany & Co. in 1853. It’s still in business. Tiffany & Co. set the standard for sterling silver in the United States, which is 92.5 percent silver. James Dixon began working in silver in Sheffield, England, in 1806. His company was called “James Dixon & Sons” by 1835. The company made Britannia, nickel silver and silver-plated wares. It was out of business by 1992. The quality numbers on the teapot, sugar and creamer indicate they are sterling silver, but the tray is silver-plated. The name



This Wardian case, 36 inches high, housed indoor plants in about 1850. The case was made in America of painted iron and glass. It sold for \$5,795 last month at Neal Auction Co. in New Orleans.

“Tiffany” adds value to just about anything. Your set might be worth close to \$1,000.

Q: Through the years, I have collected hundreds of pieces of Blue Willow. The marks on the backs of the dishes include “Royal China,” “Allerton’s Willow” and “Buffalo Pottery.” A few were even made in Japan. Have the dishes increased in value?

A: Willow pattern dishes continue to sell well because so many people collect the traditional pattern, which pictures three figures on a bridge, birds, trees and a Chinese landscape. The pattern, inspired by a Chinese design without the figures, was introduced in England in 1780. Since then, it has been copied by pottery companies in England, the United States, Japan and other countries. Values depend on age, quality and maker.

Tip: For every 24 inches of horizontal shelving in your bedroom, den or library, fill the space with about 20 books. Books need air. ■

— Terry Kovel and Kim Kovel answer as many questions as possible through the column. By sending a letter with a question, you give full permission for use in the column or any other Kovel forum. Names, addresses or email addresses will not be published. We cannot guarantee the return of any photograph, but if a stamped envelope is included, we will try. The amount of mail makes personal answers or appraisals impossible. Write to Kovels, (Florida Weekly), King Features Syndicate, 300 W. 57th St., New York, NY 10019.

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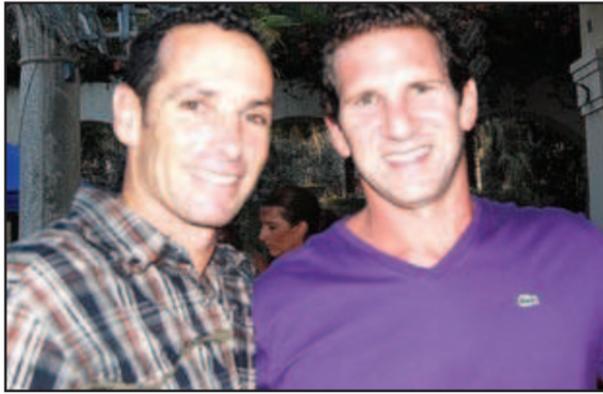
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PALM BEACH SOCIETY

Happy Camper Foundation kick-off party for its Halloween fundraiser, at the Burger Bar in Donald Ross Village



Andrea Rosenberg and Eve Beres



Bryan Cohen and Andy Pastor



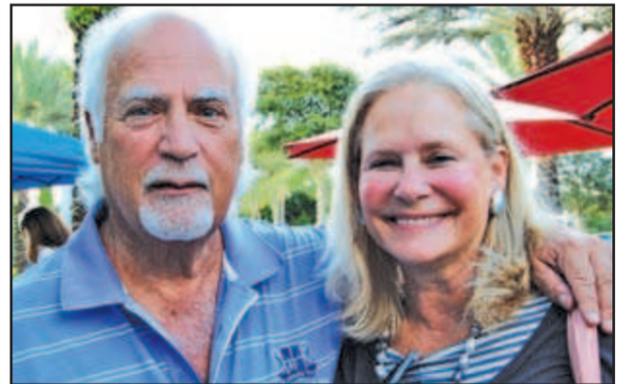
Tracie Krieger and Nika Ciarfella



Heather Robbins and Alyson Seligman



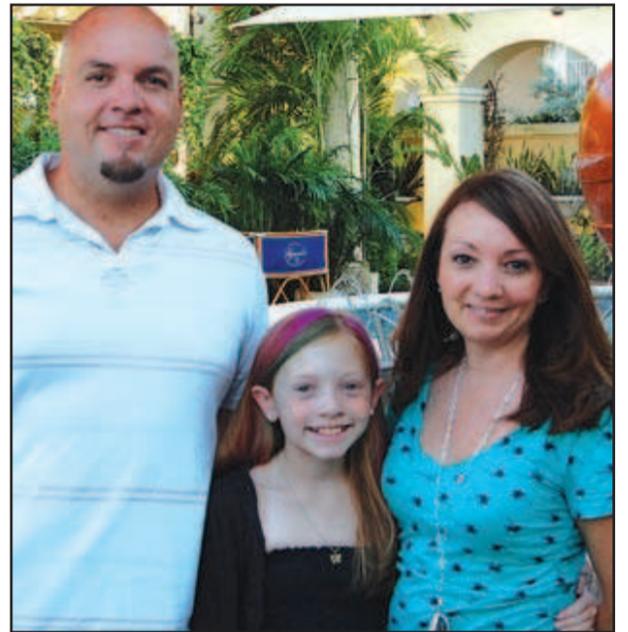
Marc Ronert and Janna Ronert



Jay Goldblatt and Hilary Goldblatt



David Fite and Nadine Fite



Freddy Gonzalez, Isabelle Gonzalez and Jennifer Gonzalez



Joe Rooney and Kelly Rooney



Katy Gallagher and Erica Palmer



Matt Kutner and Jessica Kutner



Myrna Cohen and Fred Cohen



Natalia Carmo and Bart Turecamo



Randi Cohen and Karen Cohen

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PALM BEACH SOCIETY

Appreciation party for The Lord's Place volunteers, Kabuki Sushi-Thai-Tapas in PGA Commons



Amy Harris and Rhea Slinger



Toby Douthwright, Jeremy Morse and Scott Powers



Dennis Freeman, Diana Stanley, Jack Scarola and Elizabeth Vogele



Jan Phillips and Aimee Schroeppel



Anthony Zottoli and Nadine Nuchovich



Diana Stanley and Jack Scarola



Mary Rogan and Patricia Royold



Diana Stanley and Tamra FitzGerald



Jim Rhoads and ShaRee Antenucci



Jeremy Morse and Jan Phillips



Javelle Johnson, Sergio Serbenski, Nadine Nuchovich and Clayton Vogele



Daniel Gibson and Jack Freeman

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COURTESY PHOTOS



COURTESY PHOTOS

Exclusive Spanish-Mediterranean, on a premier Palm Beach street

SPECIAL TO FLORIDA WEEKLY

This Spanish-Mediterranean classic Palm Beach estate was designed by Marion Sims Wyeth in 1929. It is located on a double 185- by 178-foot lot on a premier street in Palm Beach, at 322 Clarke Ave. This estate exudes the romance,

glamour and opulent feel of 1920s architecture. The stunning, inspiring lush gardens designed by Mario Nievera offer the perfect backdrop for gorgeous outdoor entertaining as well as an idyllic private escape. The stately and arresting two-story living room with handsome pecky-cypress beams

offers a second level balcony leading to an elegant master bedroom suite. The estate features seven bedrooms and 7.2 bathrooms. From the master suite private stairs lead down to the swimming pool and pavilion.

Located in the other wing of the estate is an impressive studio with stairs

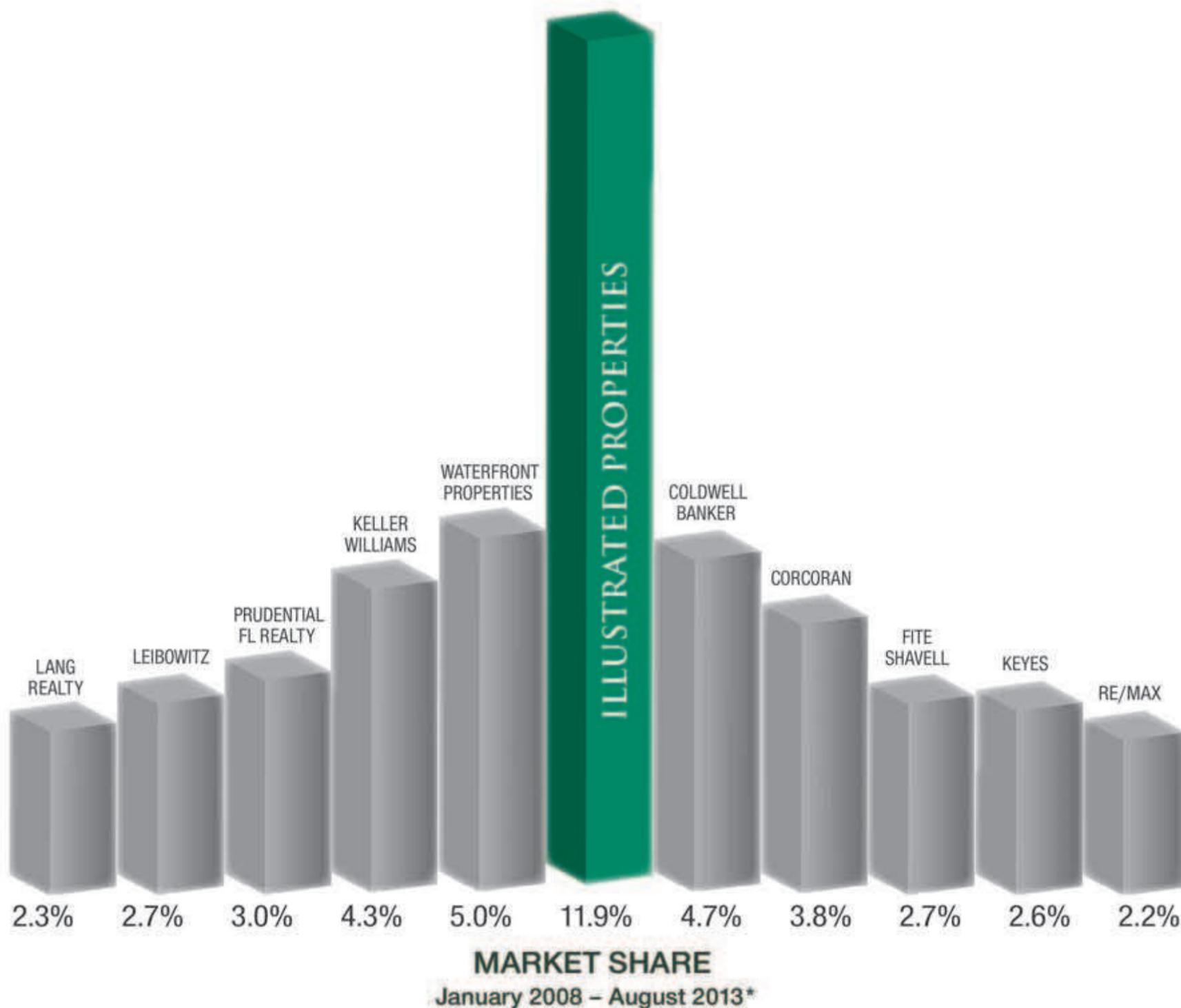
leading to a unique outdoor observation tower with a delicately tiled window seat. Design, history and location make this estate unmatched in style and grace. Fire Shavell & Associates lists the home at \$10,895,000. The agent is Thor Brown, 561-301-7048, tbrown@fitshavell.com. ■



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*Information based on data supplied by Trendgraphix, Inc for the period January 1, 2008 through August 31, 2013 for Northern and Central Palm Beach County, including the areas PB11-PB32 & MA01, excluding Palm Beach Island. Trendgraphix reports are based on data supplied by the Realtor Association of The Palm Beaches, Jupiter, Tequesta, Hobe Sound Association of Realtors, RMLS (direct members) or their MLSs. Neither the Associations nor the MLSs guarantee or are in any way responsible for their accuracy. Data maintained by the Associations or their MLSs may not reflect all real estate activities in the market.

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New Construction at The Estates of North Palm Beach



master suite on the main level, a great room, large kitchen, and all secondary bedrooms feature walk in closets and beautiful bathrooms.”

In addition to the current inventory, two more homes are scheduled to start construction this month, with master suites up, a library and guest suite down, as well as the signature great room and oversized kitchen. Each home is crafted

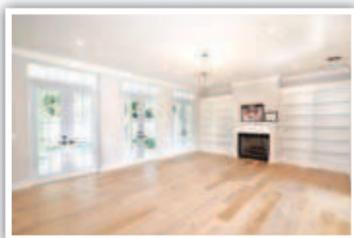
The Estates of North Palm Beach is kicking off its sales of twelve custom homes this month. The community is located on Prosperity Farms Rd. just south of Burns Rd. in North Palm Beach, minutes from the beach and world class shopping, dining, schools and golf. Community amenities include gates, paver roads and a large fountain centered at the entrance circle. The



by Silvester Development, a local custom home builder that has created beautiful neighborhoods such as Nature's Hideaway and Harbor Oaks. Silvester Development has also built custom homes in Lost Tree, Harbor Isles, Jupiter Island and Palm Beach Island over the last 24 years. Customization of floor plans and finishes are possible. Prices start at \$975,000. The homes are open every Sunday from 12n - 3p, and weekdays by appt. To learn more about The Estates, visit their website at www.

residences are built in the British Colonial style, with clean lines, modern floor plans, and covered verandas.

“Every home in the community will be customized to suit our clients' tastes, and all homes will maintain a high level of interior finishes and luxury amenities,” says Anne LoGiudice of KW/Luxury Estates Plus, the exclusive listing agent on the project. Standard finishes include custom cabinet packages, crown and base molding throughout, Thermador appliances, hardwood floors, slab stone countertops, hurricane impact glass, a pool, and front yard/backyard landscaping. “We have two homes available now, approximately 3600SF, 4 bedrooms, 4.1 bathrooms, with a



EstatesNPB.com, or contact call Anne LoGiudice at 561-676-0029 (cell) or email her at PBILuxuryHomes@gmail.com.

The Estates of North Palm Beach
For more info, call Anne LoGiudice at 561-676-0029 cell or email PBILuxuryHomes@gmail.com

Attorney elected vice chair of Palm Beach State foundation

SPECIAL TO FLORIDA WEEKLY

Antoinette Theodossakos, a partner in the law firm of Haile Shaw & Pfaffenberger, was elected vice chair of the Palm Beach State College Foundation.



THEODOSSAKOS

Ms. Theodossakos has served as a foundation board member for the past four years and also is a member of the executive committee. She will serve a two-year term as vice chair. Ms. Theodossakos provides legal expertise in the areas of corporate/business, employment and litigation. She advises employers on issues such as employment

termination, sexual harassment, racial and gender investigations, and family and medical leaves. Ms. Theodossakos represents a broad range of clients from start-up enterprises to large companies and has taken on cases before agencies such as the Florida Commission on Human Relations and the Equal Employment Opportunity Commission. She also represents public and private employers in all aspects of employment litigation and businesses in a variety of commercial disputes, including claims for breach of contract.

The Palm Beach State College Foundation was created to support the educational experience Palm Beach State College provides to its students. The foundation's role is to develop relationships with community partners. ■

Dunkin' Donuts raises money for children's charities

SPECIAL TO FLORIDA WEEKLY

Dunkin' Donuts is collecting donations in all of its Miami-Dade, Broward, Monroe, Martin, Indian River, Palm Beach, St Lucie and Okeechobee County restaurants through Oct. 13 to help prevent childhood injuries.

A portion of the donation also will benefit the Southeast chapter of the Dunkin' Donuts & Baskin-Robbins Community Foundation.

The foundation's mission is to support initiatives that address hunger, safety and children's health.

During the campaign, \$1 donations will be collected to support Safe Kids Florida and the foundation.

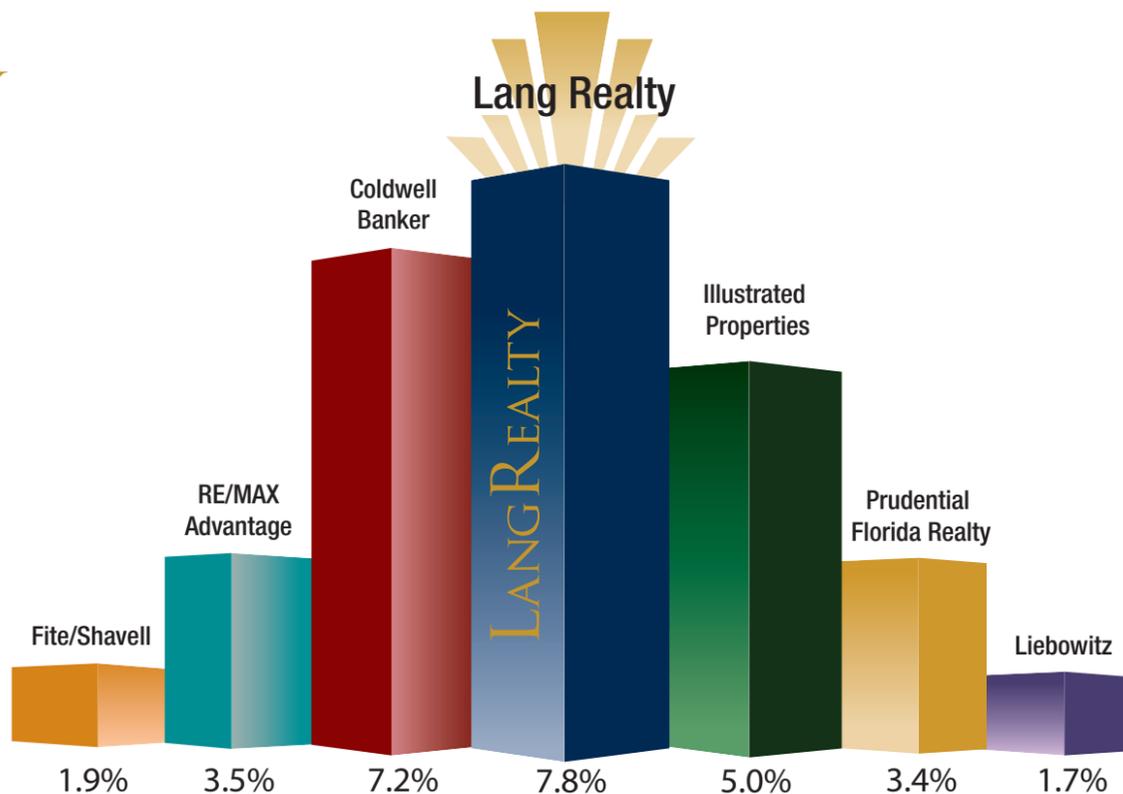
For each donation, guests will receive a “Community Cup” to sign and display in the restaurant.

Fifty percent of the donation will be donated to the local Safe Kids Coalitions in Broward, Miami-Dade, and Palm Beach Counties.

The remaining 50 percent will be donated to the foundation and will be designated for grants to local charities in the Southeast that focus on hunger relief, safety and children's health. ■



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Market Share

January 2008 – June 2013

All property types. Data based on RMLS/Trendgraphix reports Palm Beach County 2013.

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3BR / 2BA



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RX-9967162
\$329,000

2BR / 2BA



1515 Treemont Avenue
RX-9966811
\$288,900

3BR / 2BA



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FEATURED RESIDENCE

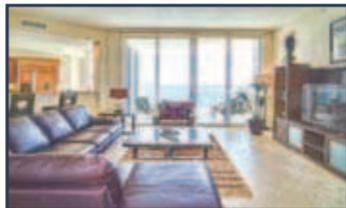
Ritz 1904B 2BR/2.5BA This one-of-a-kind luxury residence has been professionally finished to the utmost standard of sophistication. The contemporary design is reflected with clean simple lines and light colors. A large wrap around balcony with glass railings provide stunning views of the ocean and south to Palm Beach. The gourmet kitchen features Italian cabinetry, granite counters and Miele appliances. The master suite and guest suite have ocean views that are truly second to none. This residence is being sold fully furnished. \$1,499,000. For a private tour, please call Jeannie Walker (561) 889-6734.

For more information on these Great Buys and Next Season's Rentals, email us at **Info@WalkerRealEstateGroup.com**

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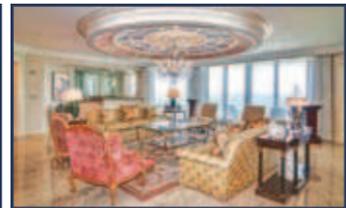
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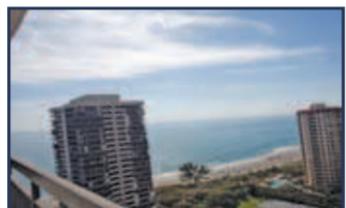
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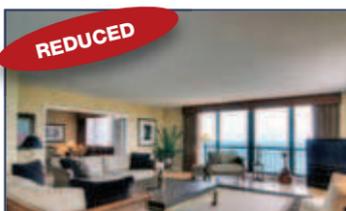


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One Singer 601 3BR/3BA W Penthouse. Spectacular views of the Intracoastal & City. One of only 15 exquisite residences with gated entrance. Private elevator foyer. **\$1,600,000.**
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WEEK OF OCTOBER 10-16, 2013

A GUIDE TO THE ARTS & ENTERTAINMENT SCENE

STAGING STEINBECK

Palm Beach Dramaworks opens season with "Of Mice and Men"

BY SCOTT SIMMONS
ssimmons@floridaweekly.com

John Steinbeck and Palm Beach Dramaworks seem like a perfect match. Perhaps that's one reason why the West Palm Beach theater company has chosen to open its season Oct. 11 with "Of Mice and Men."

"I always start the season with a title that is really strong with name recognition or a master playwright that is a

SEE STEINBECK, B4 ►



COURTESY PHOTO
John Leonard Thompson (left), Brendan Titley and Dennis Creaghan star in Palm Beach Dramaworks' "Of Mice and Men."

Symphonic band to kick off 53rd season with blind pianist

BY ANNE CHECKOSKY
Special to Florida Weekly

The Symphonic Band of the Palm Beaches kicks off its 53rd season opening with a pair of concerts dedicated to the American Journey. The first concert takes place Saturday, Oct. 19, at the Eissey Campus Theatre in Palm Beach Gardens at 7:30 p.m. It will be repeated at the Duncan Theatre in Lake Worth on Saturday, Oct. 26, also at 7:30 p.m. Tickets for both shows are \$15.

American Journey will take concertgoers on an extended trip through the country's most colorful places and times, as interpreted by some of its most notable composers and songwriters. Maestro Mark Humphreys has chosen works by Ferde Grofé, Aaron Copland, William Schuman and others for the concert program.

"We want to fill the auditorium so we can give away scholarships and instruments," said David Hines, vice president of the symphonic band and

one of its principal clarinetists.

The organization is big on helping budding musicians advance and providing instruments to students who otherwise wouldn't have access to them, he said. Last year, the band raised \$30,000 from tickets sales to give to student musicians and musical programs.

In addition, some Dreyfoos School of the Arts students currently play with

SEE BAND, B5 ►

INSIDE



Marvelous Maltz project
Renovation nears completion. B4 ►



Sandy Days, Salty Nights
Rich dates tend to stay that way by being cheap. B2 ►



Society
See who was out and about in Palm Beach County. B8-9, B14. ►



Plan your weekend
See our complete list of arts, music, and other events. B10-11. ►



In the kitchen
Meet chef Antonio Brodziak of Cabo Flats and Tequila Bar. B15 ►

SANDY DAYS, SALTY NIGHTS

No cheap date



Money complicates relationships. So much of the power dynamics in our modern-day courtships are regulated by who controls the cash.

For me, money is especially weighted. I'm a writer by trade, which doesn't lend itself to big paychecks. This wouldn't be a problem if I had studied writing in school, if all my former college mates were sunk deep in the artistic hustle, if — like me — they were constantly applying for grants and teaching gigs and other ways to piece together a living.

But unfortunately, I studied business. Most of my former classmates now work on Wall Street. They make in a day what I make in a year. And that's not hyperbole.

So when an old friend from school invited me out to coffee recently, I was a bit nervous. He was always someone I admired — smart, ambitious, with a clear idea of what he wanted in life. Now he's an investment banker, and I'm proud of his success — if a touch intimidated by his money. When I think of him, I remember a story from the Twitter feed "Overheard in the Gold-



man Sachs Elevator" that went like this: A woman in a bar asked a Goldman analyst what he would do if he woke up one morning and there was \$10 million in his bank account. "I'd ask where the rest of my money went," he said.

On the day of our friend-date (date-date?) I agonized over what to wear. A dress? Jeans? I didn't want to look like I was trying too hard. I also desperately didn't want to look poor. I arrived at the coffee shop a half hour early to

give myself time to settle in. A waiter came to my table and I ordered a cup of tea. When he set the tea down a few minutes later, I asked to pay my bill right then. He seemed hesitant, but I insisted. I didn't want my banker friend to pick up the check for both of us. I needed to show I could buy my own damn tea.

He arrived exactly on time, looking dapper in a pinstripe business suit. His wealth floated around him like a fine cologne — I could almost smell it — and I was suddenly, fumblingly nervous. I bumped the table as I stood to hug him and my tea sloshed out of its cup. I had to ask the waiter for a napkin so I could clean up my mess.

The banker regarded me calmly, all cool sophistication, and ordered a cappuccino. He took careful sips as we caught up on the last 10 years of our lives. We shared updates on our families and laughed about college. He was the same as I remembered him, but with a very expensive veneer.

At the end of an hour, he looked at his watch.

"I have a flight to catch," he said.

We stood and hugged again. This time I managed not to bump the table. He gave me a wave and a smile and then disappeared out the door.

I sat down, flush with the excitement of our meeting, and it took me a full minute to realize he'd stuck me with the bill for his coffee. ■

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COURTESY PHOTO

Many hands-on science activities will be offered at the fest at the South Florida Science Center and Aquarium in West Palm Beach.

Fall Family Fun Fest set at Science Center

SPECIAL TO FLORIDA WEEKLY

The South Florida Science Center and Aquarium will host its third annual “Fall Family Fun Fest” from 11 a.m. to 5 p.m. on Sunday, Oct. 13. The event is free with paid Science Center admission.

Fall-themed festivities will spill onto the front lawn of the center, as guests are welcome to enjoy live entertainment, science-themed crafts, vendors, face painting, a bounce house, liquid nitrogen demonstrations, a petting zoo and a bean bag toss. Snow cones, popcorn and cotton candy will be provided. Additionally, the West Palm Beach Library will be on hand for storytelling time and Professor Clark the Science Shark will make an appearance.

Highlighting the event will be many hands-on, science activities, most prominently an interactive Mobile Learning Adventure (MLA) traveling exhibit for children birth to five years old, courtesy of the PNC Foundation and Grow Up Great, PNC’s bilingual, early childhood education initiative (see www.pncgrow-upgreat.com).

The hands-on MLA exhibit offers educational games for children to do with their parents on two touch-screen kiosks. Activities include the “When I Grow Up” station, where kids dress up as different professionals and have their picture superimposed on an appropriate background.

In addition, parents can take home an activity book and a Sesame Street learning kit created by Sesame Workshop as part of a continuing partnership with PNC. The kit includes a magazine for parents and caregivers, children’s activity cards and a book, along with an original Sesame Street DVD that demonstrates how to take everyday moments and turn them into learning opportunities.

“PNC recognizes the role kindergarten readiness plays in the wellbeing of local children, their families and ultimately, our economy,” said Craig Grant, PNC Foundation spokesman, in a statement. “By preparing our youngest students for educational success, we help build a solid foundation for the future

of this region.”

Added Lew Crampton, CEO of the South Florida Science Center and Aquarium: “PNC’s overall commitment to our mission at the Science Center has been impressive and we are thrilled to be partnering with them for the third consecutive year on this event. The PNC Mobile Learning Adventure is a great way to interest young minds in early education activities.”

The Science Center will be open during this event, and attendees are welcome to enjoy all of the center’s typical offerings — including its newly expanded aquarium, Science on a Sphere and the current traveling exhibit: “Savage Ancient Seas.”

The South Florida Science Center and Aquarium, formerly known as the South Florida Science Museum, recently completed a \$5 million expansion and renovation. With a new mission to “open every mind to science,” the Science Center features more than 50 hands-on educational exhibits, an 8,000-gallon fresh and saltwater aquarium (featuring both local and exotic marine life), a digital planetarium, a conservation research station, a Florida exhibit hall and an interactive Everglades exhibit.

“Since its founding 50 years ago, the South Florida Science Center and Aquarium has developed a first-class reputation for providing fun, educational programs to families throughout the region,” Mr. Grant said. “We are pleased to partner with the center to help stage a full day of family fun in a great setting.”

The “Fall Family Fun Fest” is free with paid general admission to the Science Center. General admission is \$13.50 for adults, \$10 for children 3 to 12, and \$12 for seniors 62 and older. Planetarium shows and miniature golf are not included in general admission pricing. The Science Center is located at 4801 Dreher Trail North in West Palm Beach.

For more information about “Fall Family Fun Fest,” contact Kristina Holt at 370-7740 or kholt@sfsciencecenter.org. For more information about the Science Center, visit sfsciencecenter.org. ■

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Maltz Jupiter Theatre hits home stretch in renovations

BY SCOTT SIMMONS
ssimmons@floridaweekly.com

The Maltz Jupiter Theatre is seeing Green.

That's right — Green, as in The Green Room, named for philanthropist Roe Green, who kicked in \$1.5 million toward \$2.5 million in renovations that include 62 premium seats in the existing second-floor space to create a private upstairs club level.



GREEN

The second-floor renovation includes a private entrance, glassed-in elevator, bar and restrooms, all adjacent to the 62 new seats. Downstairs, there are larger restrooms and an expanded lobby.

Through it all, Maltz employees have seen months of demolition and jack-hammering.



KATO

Now, the vision for the space is becoming obvious.

"I walk through it every day, at least once, that I'm here. Part of that is just for my own edification and pleasure because I love process, the same way I love to see a show come together," said Andrew Kato, the theater's producing artistic director.

His enthusiasm was infectious as he walked through the space, which was teeming with construction crews, during a tour with Jennifer Sardone-Shiner, the theater's director of marketing.

He paused to point at the auditorium itself, which is being used as storage during the construction.



COURTESY PHOTOS

ABOVE: Architects bumped out the eastern side of the Maltz Jupiter Theatre. Windows now light the first floor lobby and the second floor Green Room. There will be exterior space for patrons to mingle.



LEFT: The view from the front door into the lobby shows the upstairs Green Room. The box office is to the right.

The open space above the mezzanine level, where the seats will be installed, once was home to Burt Reynolds' private box in the building's 1970s-'80s heyday as the actor's dinner theater.

But changes will be more immedi-

ately obvious than that.

Visitors to the theater will see the renovations as soon as they walk in the front door.

If they look up, they will see the glassed-in second-story space that is

The Green Room.

In the past, banners for the current season of shows would have hung there. Look to the right, and there now is a large, contemporary box office space that is open to the lobby, much like a hotel concierge desk.

The lobby feels much larger, too.

The new, much larger restrooms have been pushed to the back of the building, and there are now hallways into each space so lines no longer wind out into the lobby. There also is a stand-alone family restroom.

To the east, the space that once was taken up by the bar and restrooms has been blown out for more lobby floor space.

Architects for the Maltz also bumped out the building's east side and added windows — the better for passers-by to see activities in the space, which is Florida's largest regional theater. A bar that appears to be double the size of the old bar fills the space in front of those large windows.

There are entrances at either end, so patrons can enter and exit the building with greater ease.

During the tour, it was obvious the building has hit its home stretch.

Drywall and plumbing fixtures have been installed. The new bar was in place. Upstairs, painters were applying a first coat to drywall, and other crews were sweeping up scraps of drywall and other construction bits.

The theater plans a free open house, from 10 a.m. to 2 p.m. Oct. 28. Its season gets underway with "Dial M for Murder," which opens in previews Oct. 27 and has its official opening night on Oct. 31.

The Maltz is at 1001 E. Indiantown Road, Jupiter. For information, call 575-2223 or visit jupitertheatre.org. ■

STEINBECK

From page B1

household name," William Hayes, the theater's producing artistic director, said when he announced the new season.

He said he always hopes to draw new audiences to the theater and turn those audiences into subscribers.

So far it has paid off. The theater ended its first season in its new space on Clematis Street with about 3,700 subscribers; it's beginning this season with nearly 4,200, according to Sue Ellen Beryl, the managing director.

It's a happy number, which translates into happy actors.

"It's nice to be where you're comfortable. Rehearsal is an uncomfortable situation and they make it comfortable as you can make it," said actor Dennis Creaghan, who returns this season to star as Candy in "Of Mice and Men."

He has performed at the company several times, most recently last season in Dramaworks' production of Edward Albee's "A Delicate Balance."

But playing sad-sack Candy is quite a change.

"It's fun, especially after the patrician Brahman character in 'A Delicate Balance,'" Mr. Creaghan said by phone from his home in Delray Beach.

For an actor, change is good.

"We got so caught up in the last half of the century with actors playing themselves in different situations. It was never meant to happen with the Method, but I think that's what happened," he said.

Immersing one's self in myriad roles

is an opportunity.

"This way, you get a chance to explore your range, which to me is the mark of an actor," he said.

Perhaps it is the mark of Mr. Creaghan.

Candy is about as far as you can get from a Brahman.

Of Candy, he said, "He's missing parts of his body. Not only physically, but mentally, he's at the end. If he loses this job, he's finished. And when these two guys come in and he finds out what they've got planned, a light goes off for him."

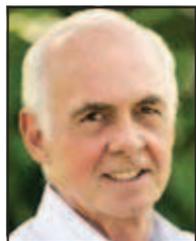
After all, Candy is a worker, or "swamper," who has lost one of his hands in a farm accident. If he loses his job, he'll starve.

It's logical that he is excited when George and Lenny, the central characters in the 1937 tale, talk of plans to buy a farm on which Candy also could live.

"These people are so sad, they're so lonely. The only ones who have a relationship are Lenny and George," Mr. Creaghan said. "Steinbeck really paints with a heavy hand. These people are really alone. They are itinerates, they go bumping off one another."

He sees parallels to current events.

"So many lost their homes," he said. "So many of these ranches were owned by these corporations. It's a little like today, the disparity between the very rich and the rest of us. People didn't own their land anymore. Just itinerants. That's what Steinbeck was looking at, and he doesn't come up with a happy end."



CREAGHAN

It wasn't a happy end, or beginning, for that matter.

George and Lennie are on the road after being run out of town after the mentally slow Lennie's love of fondling soft things resulted in an accusation of rape.

Once they head to a ranch near Soledad, Calif. — the Spanish word for "loneliness" — the pair again runs into problems as gentle giant Lennie doesn't know his own strength.

His attraction to Curley's wife, daughter-in-law to the boss, has tragic consequences.

Then there's Candy, and his derelict dog.

That presents its own challenges.

"What he does now, is they've given him a job mopping," Mr. Creaghan said. "I guess he'll be mopping at some point and physically handle a mop somehow."

This is not Mr. Creaghan's first stab at Steinbeck.

"I played Whitt in London," Mr. Creaghan. Whitt is one of the ranch hands. "I got an email from one of my friends in London, who said, 'You know that was 30 years ago?' And you know I just hear those voices. I don't think I've ever done that where you come back to the same play after such a wide period."

In those 30 years, Mr. Creaghan has been seen on an array of stages across the country, and across the Atlantic. Television viewers may recognize him from guest appearances on "Law and Order" and "Ed," among other shows. He also played a museum director in the 1999 remake of "The Thomas Crown Affair."

Locally, he has received kudos for his work at the former Caldwell and

Mosaic theaters, as well as star turns in Dramaworks' productions of David Mamet's "American Buffalo" and Conor McPherson's "The Weir" and "A Delicate Balance."

But the writing is different in Steinbeck, who wrote "Of Mice and Men" as a novella in 1937 and adapted it for the stage that same year.

J. Barry Lewis will direct this production, which also stars John Leonard Thompson as George, Brendan Titley as Lennie, and has a cast that includes Paul Bodie, Cliff Burgess, Frank Converse, Betsy Graver, Christopher Hal-laday, Wayne Steadman and Ricky Waugh.

"For me, Mamet is more about style than he is about substance. You've got to get his style, and I'm not crazy about it," Mr. Creaghan said. "With Steinbeck, it's very stark, like Hemingway. Curley's wife, she's never given a name. It's just spare."

But what a tale it is.

"It's a great story. It's very linear and it all happens in a matter of three days," he said. "Like a Greek tragedy, it starts and it propels to the end." ■

in the know

>>What: John Steinbeck's "Of Mice and Men"

>>When: Oct. 11-Nov. 10

>>Where: Palm Beach Dramaworks' Don & Ann Brown Theatre, 201 Clematis St., downtown West Palm Beach

>>Cost: \$60 for all performances. Preview performances are \$52 and opening night tickets are \$75. Student tickets are available for \$10. Group rates for 20 or more and discounted season subscriptions also are available.

>>Info: 514-4042 or palmbeachdramaworks.org

BAND

From page B1

the band, Mr. Hines said. Students who have performed with the band have received scholarships to play at the university level and have attended music camps such as Interlochen.

"We want to proliferate quality music and musicians," Mr. Hines said.

The organization is particularly supportive of lower-income schools, where musical instruments are hard to come by, Mr. Hines said. The band is working with other nonprofits to fill the gaps left by the economic downturn.

"We're trying to make up for that.

The arts are usually the first things that get cut," he said.

For the fifth time, blind pianist David Crohan returns to play for these first two concerts of the season. The band will perform 10 concerts through May.

Mr. Crohan's selections for American Journey will include Hollywood favorites, musical tributes to American cities, a medley of tunes penned by Paul Simon and more. He is the pianist-in-residence at Café L'Europe in Palm Beach and has played at the Copley Plaza and Parker House in Boston, on Martha's Vineyard at David's Island House during the summer, at the Julien Restaurant in the Hotel le Meridien in Boston at Ta-boó in Palm Beach and at the Bay Tower restaurant in Boston.

In addition to playing with the band,

Mr. Crohan will conduct part of the concert this year, a dream he fulfilled last year with the band, Mr. Hines said. They have not settled on which concert he will conduct, he said.

"He's an amazing entertainer," Mr. Hines said of Mr. Crohan.

Blind from birth, Mr. Crohan taught himself to play the piano at age 3. Mr. Hines promises audiences a good time.

"We want to entertain our audiences," he said.

All concert times are at 7:30 p.m. unless otherwise noted. Next up is "Holiday Party II" on Dec. 7 at the Duncan Theatre in Lake Worth repeated Dec. 13 at the Eissey Campus Theatre, Palm Beach Gardens; "Those Were the Days," featuring Bill Prince, Feb. 1, Duncan, Feb. 8, Eissey Theatre;

"Our Stars, Still Shining," the 32nd annual scholarship concert, March 29, at Eissey, April 5, at Duncan and to end the year, "Victory at Sea," where retired U.S. Naval officer Wilbur "Smitty" Smith takes the helm for an Armed Forces salute of marches and overtures, May 12 at the Duncan, May 16 at the Eissey. ■

in the know

>>What: Symphonic Band of the Palm Beaches concerts

>>When: Oct. 19, Eissey Campus Theatre, Palm Beach Gardens; Oct. 26 Duncan Theatre, Lake Worth

>>Cost: \$15

>>Info: www.symbandpbc.com; 832-3115



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■ **Florida Sportsman Expo**
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Fairgrounds, West Palm Beach
www.floridasportsman.com

More than just a boat show, anglers, hunters and boaters will be treated to the latest "how-to" seminars as well as demonstrations. The show features rigged kayaks and instruction on the many advantages of quiet, stealthy, non-combustion fishing.

■ **Fort Lauderdale International Boat Show**
Oct. 31 - Nov. 4
Greater Fort Lauderdale/Broward County Convention Center
www.showmanagement.com

Show exhibits range from yacht builders and designers to exotic cars and brokerage yachts. A wide variety of boats and sea vessels will be on display including runabouts, sport-fishers, high performance boats, center consoles, cabin cruisers, flats boats, skiffs, express cruisers, sailing yachts, motor yachts, bowriders, catamarans, ski boats, jet boats, trawlers, inflatables, canoes, and extraordinary superyachts.

■ **Fort Myers Boat Show**
Nov. 14-17
Harborside Event Center
www.swfmia.com

Boats will be in water, on the street and in the center. There will be more than just boats to buy. Clothing, nautical-themed jewelry and innovative products you've never heard of to clean your boat, and more.

■ **St. Petersburg Power & Sailboat**

Show
Dec. 5-8
www.showmanagement.com

An impressive selection of power boats and sailboats on display in an expansive waterfront area and on land adjacent to the Albert Whitted Park and Mahaffey Theater grounds in St. Petersburg's scenic downtown. Attendees will find hundreds of power boats and sailboats in the custom made-for-the-show marina set, including family cruisers, runabouts, fishing boats, sailing yachts, personal watercraft and much more.

■ **12th annual Charlotte County Boat Show**
Jan. 16-19
Charlotte County Fairgrounds
www.swfmia.com

Run your hand across the teak on the helm of one of the latest new boat models on display. Check out hundreds of boats, fishing seminars and loads of marine accessories.

■ **Miami International Boat Show**
Feb. 13-17
Miami Beach Convention Center / Sea Isle Marina / Miamarina at Bayside
www.miamiboatshow.com

Florida's largest annual event spans three locations and features more than 3,000 boats and 2,000 exhibitors from all over the globe. You name it, you'll see it here — from the latest in powerboats, sailboats and engines to cutting-edge marine electronics and accessories to the best in nautical gifts, services and apparel. Beyond the boats and booths special events, attractions and activities



celebrate the boating lifestyle and offer entertainment for everyone.

■ **Miami Yacht & Brokerage Show**
Feb. 13-17, 2014
Indian Creek Waterway at Collins Avenue
www.showmanagement.com

Not to be confused with the Miami Boat Show, the 26th annual Yacht and Brokerage Boat Show is a multi-million

dollar presentation of yachts including the world's most extraordinary and uniquely designed yachts and super yachts from the world's foremost boat builders. This is a free event.

■ **Florida Sportsman Expo**
February 2014 dates to be announced
Lee Civic Center
www.floridasportsman.com

More than just a boat show, anglers, kayakers and boaters will be treated to the latest "how-to" seminars as well as demonstrations. The show features rigged kayaks and instruction on the many advantages of quiet, stealthy, non-combustion fishing.

■ **Bonita Springs Boat Show**
March 6-9, 2014
Naples/Fort Myers Greyhound Track
www.swfmia.com

Find a range of boat makes and models up to 35 feet. In our waterways, that's enough boat for anyone. This event features fishing boats, flats skiffs, bay boats, deck boats, pontoon boats, cruising boats, kayaks and more.

■ **Palm Beach 29th annual International Boat Show**
March 20-23, 2014
Waterfront at Evernia Street and Flagler Drive
www.showmanagement.com

The event includes hundreds of boats, from 8-foot inflatables, power boats, fishing boats, center consoles, bow riders, personal watercraft to super-yachts. ■

Feast of Little Italy announces grand marshal, music lineup

SPECIAL TO FLORIDA WEEKLY

Actor Tony Darrow, best known for his roles in the film "Goodfellas" and the TV program "The Sopranos," will be the grand marshal of the Feast of Little Italy, which will take place in Jupiter's Abacoa Town Center on Nov. 1-3. Darrow also will be available at the Little Smiles tent to meet his fans.



DARROW

The Feast of Little Italy is celebrating its 11th year. It was established in 2003 to create an experience for the entire family which is rich in Italian culture, celebrating the contributions of great Italians through food, music, art and cultural traditions.

This year's Feast will feature live music every day, favorite Italian foods, cooking demos, a children's festival, rides, wine seminars, an art pavilion and bocce.

This year's entertainment lineup features a blend of outstanding performers from the 60s, 80s, Broadway and more. Performers include: Fran Cosmo, former lead singer of Boston; Dennis Tufano, the original lead singer of The Buckingham; Lou Galterio - "The Golden Voice;" Lisa Dellarosa, JD Magazzolo, Vetro, featuring Chris Macchio and Elio Scaccio; Lou Villano; Franco Corso - "The Voice of Romance;" The Crests, featuring Tommy Mara; Philippe Harari; Sean's Dance Factory; and The COPA/ Italian Dance Youth Touring Co.

Food vendors will line the street and will be serving up Italian favorites like sausage-and-peppers, eggplant parmigiana, fried ravioli, spaghetti-and-meatballs, pizza, calamari, Italian beef, cannoli and other sweet treats.

The Galbani Cooking Stage will fea-

ture the Feast's chefs every day as they prepare mouth-watering Italian recipes. Galbani's Chef Marco Sciortino, from Buffalo, N.Y. (Marco's Restaurant and the Marco's Deli franchise) will be returning. Joining Chef Marco will be Mo and Sally of the Kool 105.5 Mo and Sally Show. Recipes will include Galbani cheese, Italy's favorite brand of cheese for more than 125 years. The menu this year will feature: Caprese Pancetta tacos, fresh mozzarella roasted potato salad, S'more mozzarella panini and Colazione breakfast pizza.

The children's festival will include games, rides, slides, popping balloons, shooting hoops, a children's roller coaster, and even rides suited for toddlers.

There also will be Banfi Wine Seminars with tastings daily. Banfi Vintners is the sole U.S. importer of the Mariani family's internationally renowned wine estates in Italy: Castello Banfi of Montalcino, Tuscany and Vigne Regali Cellars of Strevi, Piedmont.

The Lighthouse Center Art Pavilion on site at the Feast will showcase artists Jenny Constable, a third-generation artist who features mixed media and encaustic wax, with work focusing on freedom of expression and collection (beautiful objects with colors intertwined); Judy Flescher, an accomplished abstract painter and collage artist who works primarily with mixed media, including acrylic with collage on canvas, paper and copper, monoprints with collage, and watercolors with ink and oil stick; and Peggy Strathdee Kirkwood, a watercolorist who has worked with renowned instructors Jeane Dobie and Barbara Cechis, and whose work is now in collections throughout the country.

Festival hours are Friday, Nov. 1, 3-10 p.m.; Saturday, Nov. 2, 10 a.m.-10 p.m.; and Sunday, Nov. 3, 10 a.m.-8 p.m. A ribbon cutting is set for Friday at 6 p.m.

For more information, visit feastoflittleitaly.com, or call 427-0500. ■

PUZZLE ANSWERS

A	M	A	N	A	R	A	S	R	A	M	O	R	A	T	O	R	S	W	A	P	S	H	O	P
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8	7	2	4	9	3	1	6	5															

Blondies
 WHERE THE GIRLS KNOW GOOD FOOD

**Breakfast
 Lunch
 Dinner
 Great Steak**

The Conran sisters, AKA the Blondies of Tequesta, not only have fun in the sun, but also have fun in the kitchen.
 - Loren Gutentag, Florida Weekly

There is a distinctly cheery, vivacious vibe that greets any Blondies visitor.
 - Shawna Gallagher Vega, Jupiter Courier

The sisters behind Tequesta's Blondies diner pay a delicious tribute to favorite family recipes.
 - Libby Volgyes, The Palm Beach Post

WHERE THE GIRLS KNOW GOOD FOOD!

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Monday-Saturday
 7am-9pm
Sunday
 7am-3pm

Seminar kicks off bridge program

SPECIAL TO FLORIDA WEEKLY

A kickoff seminar for the expansion of the Mandel Jewish Community Center's popular Stayman Memorial Bridge Program will be hosted by 10-time national champion Marty Bergen from 9:30 a.m. to 11:30 a.m. on Wednesday, Oct. 16, at the Mandel JCC in Palm Beach Gardens.

The seminar, titled "What to do after a preempt?" is for players of all skill levels and includes coffee, lunch, snacks, and any two of Mr. Bergen's 32 new booklets. The seminar is \$50 (Friends of the J receive a 15 percent discount). Pre-

registration is required. There will be a duplicate bridge game after the lecture.

Starting Oct. 14, the Mandel will offer duplicate bridge five days a week. The program will feature new directors, teachers, classes, workshops, state-of-the-art electronic scoring equipment, pre-made boards and hand records. The ACBL-sanctioned games start at 12:30 p.m., with a light lunch served before.

For more information on the seminar or the JCC's bridge program, see JCConline.com/mandel, or call 689-7700. The Mandel JCC is at 5221 Hood Road, just west of Central Boulevard. ■

Book festival begins at JCC

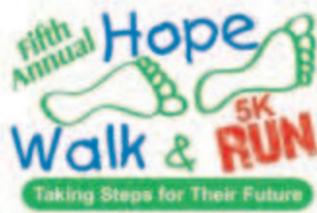
SPECIAL TO FLORIDA WEEKLY

The 19th Annual Mandel JCC of the Palm Beaches Book Festival kicks off with a Breast Cancer Awareness event at 7 p.m. Oct. 14 at the Mandel JCC Palm Beach Gardens.

The event features author Letty Cottin Pogrebin, who wrote "How to be a Friend to a Friend Who's Sick," as well

as a medical panel. The event is in partnership with Jupiter Medical Center.

Ms. Pogrebin, who co-founded Ms. Magazine with Gloria Steinem, penned the book after she noticed during her bout with breast cancer that many of her friends and family didn't know what to say. For information, contact Lisa Blumberg at 712-5209 or LisaB@jcconline.com. Register at jcconline.com. ■

Saturday, November 2, 2013

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JUPITER, FLORIDA 33477



Schedule

6:45 a.m. Run Check-in
7:30 a.m. 5K Run (\$25 entry fee)
8:00 a.m. Walk Check-in
8:45 a.m. Pre-Walk Warm-up
9:00 a.m. The Walk Begins
9:45 a.m. Cardio Class
10:00 a.m. - 12:00 p.m. Family Fun
10:30 a.m. Dodgeball Tournament

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PALM BEACH

American Heart Association 2013 Palm



Andrea Cruz and Luis Adarve



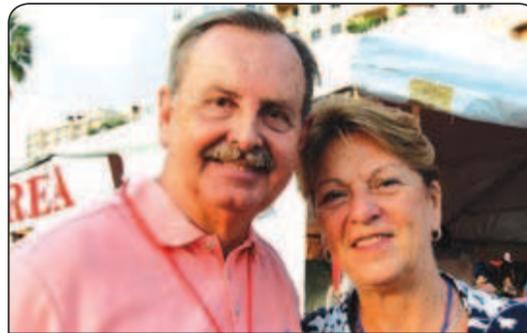
Christine Roberts, Joanie Pennea and Jen Costanza



Drew Levine, Steve Kanarek, Michelle Calchi, John D'Agata and Jim Douglas



Mike Trim and Millie Figueroa



Ric Bradshaw and Dorothy Bradshaw



Jack Feingold, Sabrina Feingold, Scott Feingold, Sara Feingold and Beth Feingold

"Like" us on Facebook.com /PalmBeachGardensFloridaWeekly to see more photos. We take more society and networking photos at area events than we can fit in the newspaper. So, Send us your society and networking photos. Include the names of

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Downtown at the Gardens.

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Beach Heart Walk in West Palm Beach



Robbin Lee and Shannon Hayes



Stacey Phillips and Sophie Phillips



Taniya Cameron, Stacie Duncombe, Leonard Cook and Lolita Cook



Holly Zaccagnino, Dawn Amado, Sarah Logan, Mary Walters and Tricia Ragazzon

NINA CUSMANO / FLORIDA WEEKLY

If you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover. You can purchase any of the photos too. E-mail everyone in the picture. E-mail them to society@floridaweekly.com.

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BOO BASH ON THE BOULEVARD

October 26, 4-10pm • Centre Court

Celebrate with craft beer and wine tasting, live music, costume contests, haunted train rides, a Haunted Cupcake Bash, and fresh seafood and melt-in-your-mouth BBQ from Goodwill from the Grill, Whole Foods Market and Big Lock Kitchen. Your \$20 donation benefits Resource Depot.

WHOLE FOODS MARKET | 97.9 WRMF | Resource Depot

DOWNTOWN at the gardens | DowntownAtTheGardens.com | FREE Valet and Garage Parking

WHAT TO DO, WHERE TO GO

Please send calendar listings to pbnews@floridaweekly.com.

At The Bamboo Room

The Bamboo Room is at 15 S. J St., downtown Lake Worth. Call 585-BLUES or visit bambooroomblues.com.

- **Applebutter Express & Come Back Alice** — 9 p.m. Oct. 11; \$10 (\$13 day of show)
- **Nikki Hill** — 9 p.m. Oct. 12; \$12 (\$13 day of show)
- **Marcia Ball** — 9 p.m. Oct. 17; \$32-\$37
- **The Atlanta Rhythm Section** — 9 p.m. Oct. 18; \$33-\$38
- **John McEwen** — 9 p.m. Oct. 19; \$23-\$28

At The Bamboo Room

The Borland Center for Performing Arts is at Midtown, 4885 PGA Blvd., Palm Beach Gardens. Call 904-3130 or visit www.borlandtheater.com.

- **The Jove Comedy Experience** — 8 p.m. Oct. 12; \$17 (Borland Student Center)

At Cultural Council

Cultural Council of Palm Beach County is at 601 Lake Ave., downtown Lake Worth; 471-1602 or palmbeachculture.com.

- **"Palm Beach County Art Teachers Association Exhibition"** — Through Nov. 9
- **"Annette Rawlings Exhibition"** — Oct. 12 through Nov. 9

At Dramaworks

Palm Beach Dramaworks' Don & Ann Brown Theatre is at 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2, or visit www.palmbeachdramaworks.com.

- **"Of Mice and Men"** — Oct. 11-Nov. 10
- **"The Lion in Winter"** — Dec. 6-Jan. 5
- **"Old Times"** — Jan. 31-March 2
- **"Dividing the Estate"** — March 28-April 27
- **"Trust"** — May 16-June 15

At The Eissey

The Eissey Campus Theatre is at Palm Beach State College, 11051 Campus Drive, Palm Beach Gardens. 207-5900; www.eisseycampustheatre.org.

- **North County Art Association Art Exhibit** — Oct. 11-Nov. 6, Eissey Campus Theatre Lobby Gallery. This exhibit features acrylics, oils and watercolors. The Lobby Gallery is open Monday-Friday from 10 a.m.-5 p.m. and at all performances.
- **"Dracula"** — By Reach Dance Company and O Dance Company, 8 p.m. Oct. 12 and 2 p.m. Oct. 13. Tickets: \$20/adults, \$15/students and seniors. Available at www.reachdancecompany.com
- **Symphonic Band of the Palm Beaches** — "Liberty Fanfare," John Williams' stirring tribute to the rededication of the Statue of Liberty. With pianist David Crohan. 7:30 p.m. Oct. 19. Subscriptions: \$65. Single tickets: \$15; 832-3115; www.symbandpb.com.

At The Four Arts

The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. 655-7226 or visit www.fourarts.org.

- **Preschool Story Time: Fire Prevention Day** — For children birth to 4 years old. 10:30 a.m. Oct. 10. Palm Beach Fire Rescue will be making a presentation in the Four Arts Children's Library. Free. Reservations not

required. Call 655-2776.

At The Lighthouse

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$9 adults, \$5 children ages 6-18; children under 6 and active U.S. military admitted free. Children must be at least 4 feet tall to climb. Tours are weather permitting, call for tour time. RSVP required for tours, 747-8380, Ext. 101. www.jupiterlighthouse.org.

- **Lighthouse Moonrise Tour** — Oct. 18, Nov. 17, Dec. 17. Sunset. \$15 members/\$20 non-members. RSVP required. 747-8380, Ext. 101.
- **Lighthouse Sunset Tour** — Oct. 23, Nov. 1, Nov. 6, Nov. 15, Nov. 20, Dec. 20. Sunset. \$15 members/\$20 non-members. RSVP required. 747-8380, Ext. 101.

At The Lake Worth Playhouse

The Stonzek Theatre is at 709 Lake Ave., Lake Worth. Playhouse: 586-6410; Films: 296-9382. www.lakeworthplayhouse.org.

- **Films** — Oct. 10: "You Will Be My Son" and "Blue Caprice." Oct. 11-17: "Passion" and "Herb and Dorothy 50x50."
- **Show** — Oct. 13: "Glam Gurlz"; \$10.

At MacArthur Park

John D. MacArthur Beach State Park and Nature Center is at 10900 Jack Nicklaus Drive, North Palm Beach. 624-6952 or www.macarthurbeach.org.

- **Nature walk** — 10-11 a.m. daily
- **Beach Clean-up** — 9-11 a.m. Oct. 12. Show that you care about the marine environment by helping to keep it free of litter. Trash bags and gloves will be provided to those who attend. Community services hours will be provided for school-aged participants. For more information, call Art at 776-7449, Ext. 109.
- **Butterfly Walk** — 11 a.m. Oct. 12. Join a park naturalist on a walking tour through one of South Florida's last remaining hardwood hammocks. Reservations required. Free with park admission.
- **Birding at MacArthur Park** — 10:30 a.m. Oct. 13. Bird lovers can join a ranger-led walk identifying many species of birds that make their home in the park. Reservations recommended. Visitors should bring binoculars or rent them at the park's Nature Center. Program is free with park admission.
- **Bluegrass Music with the Conch Stomp Band** — 2-4 p.m. Oct. 13. Free with park admission.

At The Mos'Art

The Mos'Art Theatre is at 700 Park Ave., Lake Park. Call 337-OPOD (6763) or visit www.mosarttheatre.com.

- **Movies** — Oct. 10: "Blue Caprice" and "Letters to Jackie." Oct. 11-17: "Austenland" and "AKA Doc Pomus." Oct. 11 (2:30 p.m.): "I Will Follow You into the Dark."
- **Opera Video** — Oct. 13 (1:30 p.m.): "Rigoletto" (from The Teatro Antico di Taormina)

At The Mounts Garden

Mounts Botanical Garden is at 559 N. Military Trail in West Palm Beach. Call 233-1757 or visit www.mounts.org.

- **Stories in the Garden** — 10-11 a.m. Oct. 11, The Pavilion. The event is co-sponsored by the Palm Beach County Library Systems. Celebrate the 10th year of Stories in the Garden by bringing young ones ages 2 to 6 to these

free nature-themed programs. Interactive stories, songs and learning activities. The theme for October is ladybugs.

- **Designing & Creating the Home Landscape** — 9 a.m.-noon, Oct. 12, 19 & 26, Clayton Hutcheson Center Conference Room. In this three-class series, Laura McLeod, a certified landscape designer and horticultural professional, will explore the basics of good design and walk participants through each step of the planning process. Members: \$55; non-members: \$60.
- **Creating a Succulent Wreath** — 1-4 p.m. Oct. 15, Mounts Auditorium. Registrants should bring well-fitting plastic or latex gloves. Space is limited, so pre-registration is required. Members and non-members: \$65.

At PBAU

Palm Beach Atlantic University, 901 S. Flagler Drive, West Palm Beach. Tickets: 803-2970 or ticketcentral@pba.edu.

- **Presentation of "Reeling" by Barry Kornhauser** — 7:30 p.m. Oct. 10-12 and 2 p.m. Oct. 12, Fern Street Theatre, 500 Fern St., West Palm Beach. Tickets will be \$15 for general admission or 2 for \$25; \$10 for seniors 65+; and \$5 for students with ID.
- **PBA Symphony Concert: "From Russia With Love"** — 7:30 p.m. Oct. 11, DeSantis Family Chapel, 300 Okeechobee Blvd., West Palm Beach. Featuring Robin Arrigo playing Rachmaninov's "2nd Piano Concerto." Directed by Lloyd Mims, Tickets are \$10 for general admission and \$5 for students with ID.

At Palm Beach Improv

Palm Beach Improv is at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach; 833-1812 or palmbeachimprov.com.

- **Oct. 10-12:** Rickey Smiley. Tickets: \$25
- **Oct. 13:** Florida's Funniest Comedian. Tickets: \$12
- **Oct. 17:** Frank Del Pizzo. Tickets: \$15
- **Oct. 18-19:** David Spade. Tickets: \$42.50
- **Oct. 18-19:** Kevin Farley & Bobby Miyamoto. Tickets: \$12

At The Zoo

Palm Beach Zoo is at 1301 Summit Blvd., West Palm Beach. Tickets: Adults \$18.95; seniors, \$16.95; children 3-12, \$12.95; free toddlers. 533-0887 or www.palmbeachzoo.org.

- **"Wings Over Water" Bird Show** — 11 a.m. weekdays; 11 a.m. and 2 p.m. weekends
- **"Wild Things Show"** — 1 p.m. weekdays; noon weekends. Hours: 9 a.m.-5 p.m. everyday.

At The Plaza Theatre

Plaza Theatre, 262 S. Ocean Blvd., Manalapan; 588-1820 or www.theplazatheatre.net.

- **"Brighton Beach Memoirs"** — Oct. 10-27. Tickets: \$45 (special group rates available).
- **James Taylor, Linda Ronstadt & Friends** — Tribute show, 7:30 p.m. Oct. 14 and Oct. 21; 2 p.m. Oct. 15 and Oct. 22. Tickets: \$30 (\$75 for three-show cabaret series).

At Science Center

The South Florida Science Center and Aquarium, 4801 Dreher Trail N., West Palm Beach. 832-1988 or visit www.sfsm.org

- **Science of Beer & Wine** — 6-9 p.m. Oct. 10. The evening will

include food, music, giveaways, trivia and special demonstrations, including a liquid nitrogen beer ice cream demonstration. Advance tickets: \$15 members; \$20 nonmembers. Day of event: \$15 members; \$30 nonmembers.

- **Laser Concerts** — 6:30, 7:30 & 8:30 p.m. Oct. 12. Laser concerts featuring the music of Michael Jackson (6:30 p.m.), Pink Floyd — The Wall (7:30 p.m.) and Bob Marley (8:30 p.m.). Popcorn and other refreshments available.
- **Fall Family Fun Fest** — 11 a.m.-5 p.m. Oct. 13. The Science Center has paired with PNC Bank to host PNC's interactive "Grow Up Great" Mobile Learning Adventure. Snow cones, popcorn and cotton candy will be available. Event is free with paid center admission.

Fresh Markets

- **Sailfish Marina Sunset Celebration** — 6 p.m. Thursdays. Shop for arts and crafts made by artists from around the country. Sailfish Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores; 842-8449.

- **Jupiter Green & Artisan Market** — 5-9 p.m. Fridays, Riverwalk Events Plaza, 150 S. U.S. 1, Jupiter. Free. Includes baked goods, fresh produce, arts and crafts, jewelry, pet products and more. Vendors welcome. Contact Harry Welsh at (203) 222-3574 or visit www.harrysmarkets.com.

- **West Palm Beach Green-Market** — 9 a.m.-1 p.m. Saturdays at Waterfront Commons, downtown West Palm Beach (through May 31). Includes vendors selling produce, baked goods, plants, home goods and more. Admission is free. Parking is free in the Banyan and Evernia garages during market hours. Info: wpb.org/greenmarket.

- **Abacoa Green Market** — 9 a.m.-2 p.m. Saturdays at Abacoa Town Center, 1200 Town Center Drive, Jupiter. Info: reggie.chasesun@gmail.com.

- **West Palm Beach Antique & Flea Market** — 9 a.m. to 3 p.m. Saturdays on Narcissus Avenue, north of Banyan Boulevard. For information, search Facebook or call 670-7473.

- **Gardens GreenMarket** — 8 a.m. to 1 p.m. Sundays, City Hall Municipal Complex, 10500 N. Military Trail, Palm Beach Gardens. Come shop at more than 120 vendors with an abundance of just-picked, orchard-grown goods, a wide selection of seasonal vegetables and fruits, herbs, honey and breads, doughnuts, pies, cheeses, sauces and crafts. Leave pets at home. Visit pbgfl.com/greenmarket or call 630-1100.

Thursday, Oct. 10

- **Story time session at the Loxahatchee River Center** — 9:30 a.m. Thursdays, Burt Reynolds Park, 805 N. U.S. 1, Jupiter; 743-7123; or visit www.loxahatcheeriver.org/riv-center.

- **Medicare Educational Seminar** — 10-11 a.m. Oct. 10, Airport Hilton, 150 Australian Ave., West Palm Beach. Free. RSVP to 578-6524.

- **Bingo** — Noon every Thursday at the Moose Lodge, 3600 RCA Blvd., Palm Beach Gardens. Lunch available at 11 a.m. Packs start at \$15. \$250 games. 626-4417.

WHAT TO DO

■ **Taste of CityPlace** — 5:30-9 p.m. Oct. 10. CityPlace, West Palm Beach. Food and cocktail tastings with 24 restaurants, entertainment. Call 366-1000 or visit cityplace.com.

■ **Clematis by Night** — Live music 6-9 p.m. Thursdays, Clematis Street at the Waterfront, downtown West Palm Beach, 822-1515 or visit www.clematisbynight.net. Oct. 10: Big Sky. Oct. 17: Jerry Wayne's Private Party Band. Oct. 24: Cover Up. Oct. 31: Clematis by Fright.

■ **Carl Brown painting exhibition** — 6-10 p.m. Oct. 10 (Opening Night), 6-10 p.m. Oct. 11, and 11 a.m.-6 p.m. Oct. 12 and Oct. 13, The Anthony Building, 312 Clematis St., West Palm Beach. An exhibition of Carl Brown's paintings from 1949 to 1953, after he spent five years in World War II in the Pacific. Mr. Brown will be in attendance opening night. 833-8873 or wpbgo.com.

■ **Le Cercle Francais** — Francophiles and Francophones can join for a gathering at 6:30 p.m. the second Thursday of the month (next session Oct. 10), in members' homes. Call 744-0016.

Friday, Oct. 11

■ **"Petty letters and love crimes"** — 6:30 p.m. Oct. 11, Multilingual Society, 210 S. Olive Ave., West Palm Beach. Italian movie with subtitles. Free for members; \$8 general admission. 228-1688.

■ **Downtown Live** — 7 p.m. Fridays, Downtown at the Gardens' Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens. Oct. 11: Dee Dee Wilde Band (pop/rock). Free; 340-1600.

Saturday, Oct. 12

■ **Pet-a-Palooza** — 11 a.m. Oct. 12, Seabreeze Amphitheatre, Carlin Park, Jupiter. Listen to live music from local favorites, visit retail vendors, grab a bite to eat, even learn to dock jump and earn a treat. There will be entertainment provided to the four-legged community. Splash Dogs (dock jumping dogs) will be on hand. Free admission; www.southfloridapetapalooza.com.

■ **Kids Story Time** — 11:30 a.m. Saturdays, Loggerhead Marinelife Center, 14200 U.S. 1, Juno Beach; free. Visit www.marinelife.org.

■ **"Dilemmas of a Flight Leader at War"** — 7 p.m. Oct. 12, Temple Israel, 1901 N. Flagler Drive, West Palm Beach. Lt. Col. (Res.) Michael "Miki" Katz, a retired Israeli Air Force pilot, will talk about his experiences in the Yom Kippur War at a meeting commemorating the 40th anniversary of the war. To RSVP, call 242-6671.

■ **Downtown Live** — 7-10 p.m. Saturdays, Downtown at the Gardens' Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens. Oct. 12: Groove Merchant (pop/rock). Free; 340-1600.

■ **Ginger's Dance Party** — 8-10 p.m. Saturdays, Palm Stage, Waterfront Commons, downtown West Palm Beach. Free. 822-1515; wpb.org/gingers.

Sunday, Oct. 13

■ **"Barbara Walters"** — 1-3 p.m.

Oct. 13. St. Ann Gymnasium, 324 N. Olive Ave., West Palm Beach. An original one-act play with Myrna Goldberger, run as a fundraiser for Holy Ground Shelter for the Homeless Refreshments will be provided. Tickets: \$20. Call 355-5040 or visit www.HolyGroundPBC.org.

■ **Sightless Chef Sizzler** — Three area executive chefs assisted by visually impaired and blind chefs, all trained at Beyond Blind Institute, will prepare food at this benefit, 4-7 p.m. Oct. 13 at Red Tapas Bar, Downtown at the Gardens, 11701 Lake Victoria Gardens, No. 3102, Palm Beach Gardens. Red Tapas will provide menu samplings and all-you-can-drink sangria. There will be music and raffle items as well. Cost: \$50 advance, \$60 at the door. Call Cheryl Averta at 201-803-5429 or Joyce Gugel at 561-222-1404 for more details.

Monday, Oct. 14

■ **American Needlepoint Guild** — 10 a.m. every second and fourth Monday (next meeting is Oct. 14), 110 Mangrove Bay Way, Jupiter. Call 747-7104 or email mbusler@comcast.net.

Tuesday, Oct. 15

■ **"Sing Out-Kidz!"** — Singing classes for kids ages 7-13, 4-5 p.m. Tuesdays through Oct. 22, Burns Road Community Center, Palm Beach Gardens. Cost: \$112 residents, \$128 non-residents. Materials included. To register, call 630-1100 or visit www.pbgl.com.

Wednesday, Oct. 16

■ **Hatchling Tales** — 10:30-11 a.m. Wednesdays. Loggerhead Marinelife Center, 14200 U.S. Highway 1, Juno Beach; 627-8280 or info@marinelife.org.

■ **"Cocktails in Paradise"** — 5:30-7:30 p.m. Oct. 16, Square Grouper, 1111 Love Street, Jupiter. Come join the Young Friends of the Historical Society of Palm Beach County and celebrate one of the county's historical venues, the 1860 Jupiter Inlet Lighthouse and History Museum. \$25. Reservations recommended. Call 832-4164, Ext. 106.

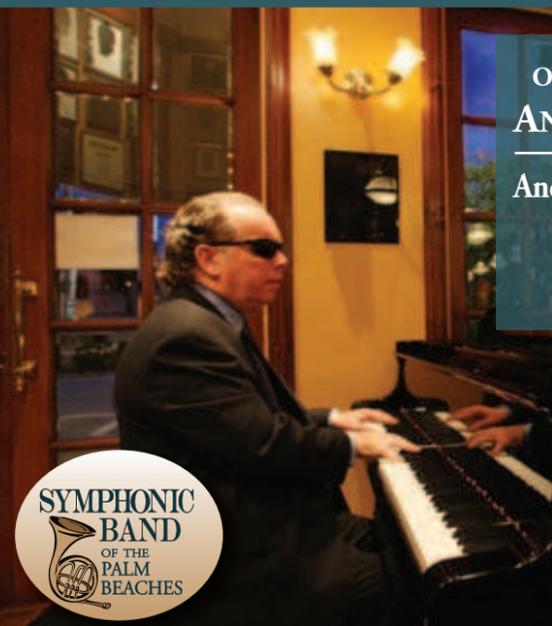
Ongoing Events

■ **Ann Norton Sculpture Gardens** — Through Nov. 10: "One Man's View: a Collection of Chinese Art and Antiquities, The Shepps Collection," an exhibition and collector sale benefiting the Ann Norton Sculpture Gardens. A preview catalog of the work is available at www.ansg.org/exhibition. Guided tours of the exhibition will be held each Wednesday, at 11 a.m. Reservations recommended. Free for members, general admission for non-members of \$7 per adults, includes the gardens; 832-5328 or ansg.org.

■ **Armory Art Center** — Through Oct. 19: "Mark Cohen: The Good, the Bad, and the Ugly." Through Oct. 26: "Red Morgan: Witness: Gospel by the Cane Fields." Through Nov. 9: "Collaboration: African Diaspora." Armory Art Center is at 1700 Parker Ave., West Palm Beach. 832-1776 or armoryart.org.

■ **Children's Research Station** — Loggerhead Marinelife Center program is designed to exercise children's science skills through an experimental lab. 3:30 p.m. Wednesdays and Fridays; 11 a.m., 1 p.m. and 2 p.m. Saturdays. Free. 14200 U.S. 1, Juno Beach; 627-8280. ■

SYMPHONIC BAND OF THE PALM BEACHES



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Piano Virtuoso
DAVID CROHAN**

**October 19, 7:30 p.m.
EISSEY CAMPUS THEATRE**

**October 26, 7:30 p.m.
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In observance of Breast Cancer Awareness Month, you and your girlfriends are cordially invited to attend a complimentary Connect - Mind, Body, Soul event at The Spa at PGA National Resort. Connect - Mind, Body, Soul is a personalized coaching program that will teach you how to connect with your mind, body, and soul on a daily basis. Come learn self-empowering techniques and strategies that will enable you to transform your personal and professional life. You can choose to attend any one of the three different session dates in October.

Complimentary Session Dates:	Time:
Wednesday, October 16th	4-5 PM
Saturday, October 19th	3-4 PM
Wednesday, October 23rd	4-5 PM

The speaker will be Heather Lee Beasley, Founder of Connect - Mind, Body, Soul. Heather is a World Coach Institute-Certified Life Coach and has a very unique and diverse professional background that has helped her to build Connect. We hope that you will join us at one of the October session dates to "connect" with other like-minded women and to learn how you can better "connect" to your mind, body, and soul. Seating is limited, so you must RSVP by calling 561-714-3704 today to reserve your space. Visit us online at www.connectmindbodysoul.com

Now Playing on Seaview

Frank Sinatra	Elvis Presley	Carly Simon
Michael Buble	Journey	Beach Boys
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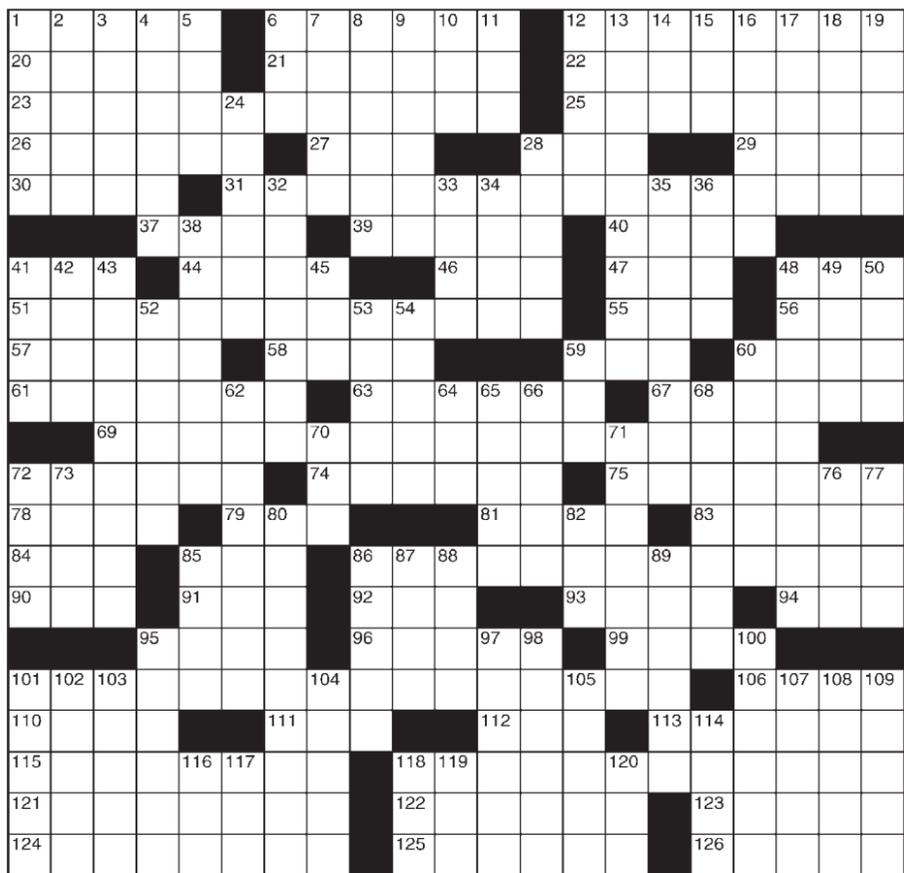
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PUZZLES

OPPOSITE EFFECT



- ACROSS**
- 1 Microwave brand
 - 6 Elocution pro
 - 12 Where to trade used articles
 - 20 Actresses Rue and Ramirez
 - 21 Kid-lit "pest"
 - 22 Slim cigar
 - 23 He acquired 1,093 U.S. patents
 - 25 Drastic measures
 - 26 Fashionable Giorgio
 - 27 Bouncers' requests
 - 28 Tree for a bark beetle
 - 29 — accompli (thing done)
 - 30 Wiped out
 - 31 Unlawfully loud sound
 - 37 Boss — ("The Dukes of Hazzard" role)
 - 39 Creature catchers
 - 40 "Milk" Oscar winner Penn
 - 41 Entreat
 - 44 Waitress at Mel's Diner
 - 46 Boise-to-Phoenix dir.
 - 47 German "a"
 - 48 Post-opposite
 - 51 Moo shu and fu yung, e.g.
 - 55 Little — (small fry)
 - 56 Lab rodent
 - 57 Giving sort
 - 58 Hebrides isle
 - 59 Global financial org.
 - 60 "— la vie"
 - 61 Top-billing sharers
 - 63 Pants folds
 - 67 Kansas city
 - 69 Area with lots of lofts
 - 72 Nor'easters, e.g.
 - 74 Eyeballer
 - 75 Joy, for one
 - 78 With 109-Down, military centers
 - 79 "Conan" ailer
 - 81 Be on a slant
 - 83 New, to Juan
 - 84 Poolroom slick
 - 85 Big beagle feature
 - 86 Judge's rejection
 - 90 He's a real doll
 - 91 Lilted song syllable
 - 92 Rainbow part
 - 93 Cameron of "In Her Shoes"
 - 94 Three, in Bari
 - 95 Killer serves
 - 96 Perfect
 - 99 Individuals
 - 101 It's often given by business suppliers for bulk ordering
 - 106 Melville whaler
 - 110 Baldwin of "The Edge"
 - 111 Suffix with salt
 - 112 Catering vessel
 - 113 91-Across follower, perhaps
 - 115 Opened, as an envelope
 - 118 They're hidden in this puzzle's six longest answers
 - 121 Revealed
 - 122 Meets with old classmates
 - 123 Unsensible
 - 124 When required
 - 125 Is napping
 - 126 Big parties
 - 33 Bit of pepper
 - 34 "— dixit"
 - 35 Notify again
 - 36 Makes taboo
 - 38 Kind of pitch
 - 41 Electrically flexible
 - 42 "Scat!"
 - 43 Sisters and aunts, e.g.
 - 45 Hoopla
 - 48 Most beautiful
 - 49 Skin problem
 - 50 Disk attachment?
 - 52 Document validator
 - 53 Enter via keyboard
 - 54 Zesty dip
 - 59 Mag. edition
 - 60 Sticking plant
 - 62 Pull-off place
 - 64 At any time, to a bard
 - 65 One-named singer of "Someone Like You"
 - 66 Fatigued
 - 68 Treat as a celebrity
 - 70 Old spy gp.
 - 71 Tight feeling
 - 72 Bag
 - 73 Provable
 - 76 Completed
 - 77 Lymph bump
 - 80 Lingerie top
 - 82 Give support
 - 85 Scratch with acid
 - 86 Rebuke
 - 87 Autobahn auto
 - 88 Eyeballs
 - 89 Mickey of the diamond
 - 95 Consent (to)
 - 97 Contact lens brand
 - 98 Yarnell of Shields and Yarnell
 - 100 Briny
 - 101 Zahn of TV
 - 102 Lower arm bones
 - 103 Pine product
 - 104 Completed
 - 105 Diplomat in NYC, maybe
 - 107 Lit into
 - 108 Coeur d'—, Idaho
 - 109 See 78-Across
 - 114 "Yeah, right!"
 - 116 "Honest" guy
 - 117 Tyke
 - 118 Monopoly buys: Abbr.
 - 119 Electric —
 - 120 Mil. draft org.

◀ SEE ANSWERS, B6

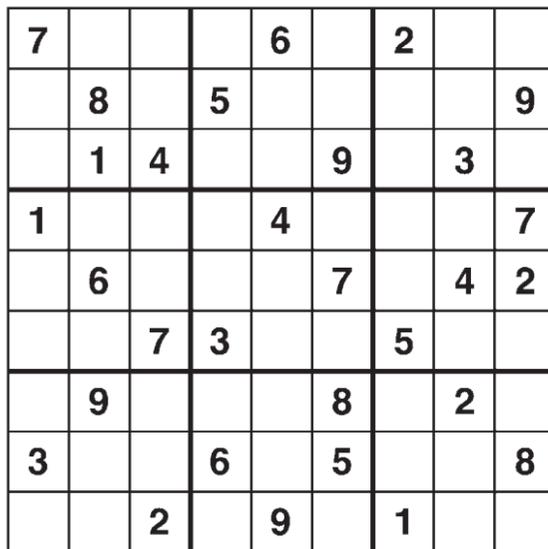
HOROSCOPES

- **LIBRA (September 23 to October 22)** Your ego might be hurt when a colleague turns down your offer to help. But accept it as a rejection of your offer, not of you. A friend from the past could re-emerge by week's end.
- **SCORPIO (October 23 to November 21)** A flow of positive energy turns a work project you didn't want to do into something you actually love doing. Now, take that attitude into your social, intimate life -- and enjoy what follows.
- **SAGITTARIUS (November 22 to December 21)** Working hard to meet your professional goals is fine. But don't neglect your private life, especially where it concerns your more cherished relationships.
- **CAPRICORN (December 22 to January 19)** "Patience" remains the key word in dealing with an emotionally sensitive situation involving a close friend or family member. Help comes your way by week's end.
- **AQUARIUS (January 20 to February 18)** With new information coming in, it's a good time to rethink some of your goals without taking suggestions from others, no matter how well-meaning they might be.
- **PISCES (February 19 to March 20)** Making progress on your project is relatively easy in the early part of the week. A problem could arise mid-week. But all goes swimmingly once it's resolved.
- **ARIES (March 21 to April 19)** A colleague might offer to open a door for

you professionally. But before you walk through it, be sure this "favor" isn't attached to an obligation you might find difficult to discharge.

- **TAURUS (April 20 to May 20)** Your creativity, your persistence and your reliability could lead to a major career shift. Be sure to use that other Taurean trait, your practicality, when discussing what the job offers.
- **GEMINI (May 21 to June 20)** A changing situation might require some adjustments you might not have been prepared to make. However, flexibility in this matter could be the best course to follow at this time.
- **CANCER (June 21 to July 22)** You're in a period of fluctuating moods, which is not unusual for the Moon Child. Your emotions stabilize by the 25th. Meanwhile, try to hold off making major decisions until then.
- **LEO (July 23 to August 22)** That keen sense of perception helps you hunt down those minute details that others overlook. And, of course, your Leonine ego will accept the expected praise with good grace.
- **VIRGO (August 23 to September 22)** Be careful not to be confrontational when raising a work-related issue. Better to make a request than a demand. And, of course, be prepared to back up your case with facts.
- **BORN THIS WEEK:** Holding fast to your principles, no matter what, inspires others to follow your example. ■

By Linda Thistle



Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

★ Moderate ★★ Challenging
★★★ Expert

◀ SEE ANSWERS, B6

DNR?

CPR?

Time:
Six Tuesdays at noon
Or Six Thursdays at 7:30pm
Starting November 5, 2013

Location
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Palm Beach Gardens, FL 33410

Fee:
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Spooky family overnight Oct. 19 at Palm Beach Zoo

SPECIAL TO FLORIDA WEEKLY

Double, double, toil and trouble, are you brave enough to spend a night at the Palm Beach Zoo?

Guests are invited for a special Halloween-themed "Spooky Snooze Family Overnight at the Zoo," on Saturday, Oct. 19, from 6:30 p.m. to 8:30 a.m.

Enjoy an evening of pumpkin painting, night-time tours, animal encounters, games, a pizza snack and a continental breakfast.

Zoo staff will unmask the "creatures of

the night" and show that they're not so scary after all.

Cost per participant is \$35 for zoo members, and \$40 for non-members.

The program can be reserved for scout or community groups. Activities are geared for children ages 6 and up, so "mummies" and/or daddies must attend.

See palmbeachzoo.org to register.

The Palm Beach Zoo is at 1301 Summit Blvd. in West Palm Beach. The zoo is open from 9 a.m. to 5 p.m. every day except Thanksgiving and Christmas. ■

Lake Worth co-op gallery sponsors blood drive

SPECIAL TO FLORIDA WEEKLY

Clay Glass Metal Stone Gallery in Lake Worth is sponsoring a Full Moon Blood Drive from 5 p.m.-10 p.m. on Friday, Oct. 18.

The gallery will be filled with Full Moon-inspired works. Studio Dance of Lake Worth will drop by to teach the Halloween Hustle to the memorable tune, "A Ghoul Just Wants to Have Fun." There will be special treats for blood donors.

Clay Glass Metal Stone Gallery is at 15 S. J St. in Downtown Lake Worth.

The gallery promises: We'll tell you our blood type if you tell us yours.

On Saturday, Oct. 12, J Street will shut down for ARToberFest, a free arts festival involving more than 50 artists.

On Saturday, Oct. 19, buses pull into Lake Worth for the A Spirited Evening Ghost Tour of Lake Worth. The gallery will offer wine, cheese, a dessert spread and gifts to fill Halloween sacks.

Visitors will spread throughout town visiting merchants. Contact Barbara at 800-838-5931 to book your reservation. ■

Advertorial

Not your typical car dealer

SPECIAL TO FLORIDA WEEKLY

Buying a car at the best of times is a stressful and often frustrating experience. Even with tools like CarFax and AutoCheck, the used car customer may not really have the information needed to make an informed decision.



COURTESY PHOTO
Bill McLaughlin

One business is out to change that.

North Palm Beach resident Bill McLaughlin has come up with an alternative — one he hopes changes the way all of America shops for cars and trucks.

Mr. McLaughlin, the former president and CEO of Starwood Vacation Resorts, was looking for something post retirement to "get him out of the house" when he hit on a way to not only make money but help others.

"I've always been a car guy," he said.

Setting himself up as an auto manufacturer's representative, he began to attend closed auctions, buying as many as 15 off-lease vehicles at a time, mostly for Northeast dealerships looking for rust-free Florida cars. His client list grew to include new car dealers from New York to Georgia — dealers sold on Mr. McLaughlin's stringent testing and practice of charging the dealerships only \$500 over his cost.

He started AutoMax of America in 1992, scouring the country for luxury brands, transporting them to Florida then shipping them out as soon as possible.

"AutoMax doesn't look like your typical car lot," he said of the 5401 North Haverhill Rd #105 in West Palm Beach. "It looks more like a maintenance place with 30-50 cars set up to ship to different parts of the country. Through word of mouth and friends of friends we started getting requests direct from the consumer and so we set up a website."

A car buyer can log on to automax

ofamerica.com and enter in exactly the type of car he or she is looking for from color, make, options, model to mileage.

"I put in an order last Monday and we just picked up two trucks from Bill in less than a week," said Buddy Wittmann of Wittmann Building Corporation in Palm Beach. "There were only five of these trucks in the U.S. You couldn't ask for a more reliable and honest salesperson."

It takes about a week for Mr. McLaughlin to find the requested car. He charges consumers the same \$500 over wholesale fee he charges dealerships and if you are a veteran or in the military, the price is reduced to \$250.

"I have access to 100,000 to 150,000 cars every week," Mr. McLaughlin said. "I can find the exact car you are looking for. I charge less than what the dealerships charge in dealer's fees."

Mr. McLaughlin, who served four years in the military, was born in West Point. His father was an instructor there. He says he has been around the military his whole life and is committed to helping active service men and women, and veterans, find affordable cars.

"I don't make any money on those cars," he said. "It's hard to find a quality car for less than \$10,000. People don't realize how much work goes into what we do."

Mr. McLaughlin's cars come with the CarFax and AutoCheck reports in addition to his own condition report and post-sale inspection. He recommends all car buyers purchase extended service warranties because the cars he specializes in — BMW, Acura, Porsche, Mercedes-Benz, Lexus — can be expensive to service. If your warranty is about to expire or you don't have one - call and ask about our extended warranty service. For information, call 632-9093 ■



This article appeared in Florida Weekly on 10/11/2012.



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ANDREW SPILOS / FLORIDA WEEKLY

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FLORIDA WEEKLY CUISINE

In the kitchen with...

ANTONIO BRODZIAK,

Cabo Flats Cantina and Tequila Bar

BY LOREN GUTENTAG
lgutentag@floridaweekly.com

While Cabo Flats Cantina and Tequila Bar may be popular for evenings filled with karaoke, drinking and dancing, the traditional Mexican food doesn't go unnoticed.

"We keep the food as basic and authentic as possible," says Antonio Brodziak, the head chef at Cabo Flats. "We aren't creating fancy dishes that look better than they taste."

Mr. Brodziak, originally from Mexico, attended school for electrical engineering; however, he says that his passion for culinary shined through.

"At the time, in Mexico, being a chef was considered more of just a job than a career," he says. "I was so excited that my father agreed to send me to culinary school so that I could learn more about what I loved."



BRODZIAK

Mr. Brodziak's passion for cooking sparked at a young age, when he cooked with his grandmother. Preparing authentic food with his grandmother and attending culinary school at the Universidad Ibero Americana taught him about different spices and recipes that helped him become the chef that he is today.

New York, San Francisco, Denver and Acapulco are just some of the places where he says he was able to display his culinary talent as well as learn under other master chefs.

"I worked under Alicia D'Angeli, the president of the Mexican Culinary Association," he says. "This really opened up a lot of doors for me."

Working at Madieras in Acapulco, and expanding his culinary experience, Mr. Brodziak says that he was exposed to Mexican flavors in fusion with other international flavors.

But this was just the start of combining new flavors for Mr. Brodziak. When Mr. Brodziak moved to New York, he was exposed to French and Asian cooking techniques, which, he says, enabled him to combine all the flavors together to create masterpieces.

Mr. Brodziak says that he wasn't thrilled about moving to Florida, but while working under New York restaurateur Richard Sandoval, opportunity

knocked for a Mexican restaurant in CityPlace.

Though the restaurant only lasted for 11 months, Mr. Brodziak stayed in Florida, where he became the executive sous chef at Frenchman's Creek for three years, owned his own restaurant for 10 months and opened Cabo Flats Cantina and Tequila Bar as the head chef in 2010.

He likes the multigenerational appeal of Cabo Flats.

"We have lunch hours, happy hour, ladies night, karaoke night, and we even do Cabo Cares, which is our fundraising event," says Mr. Brodziak.

While the signature dishes on the menu are derived from personal recipes, there are also many items such as chicken wings and "que pasta" that are simple fan favorites.

Mr. Brodziak says that his favorite pick from the menu would be the Carne Asada, which is grilled skirt steak served over refried black beans topped with sautéed onions, guacamole and a chile de arbol sauce served with plantains and cilantro rice.

"I work about 65 to 70 hours a week," he says. "It's a lot of hard work, but I'm doing what I love and I cook with nothing but love."

Name: Antonio Brodziak

Original hometown: Mexico City

Restaurant: Downtown at the Gardens, 11701 Lake Victoria Gardens Ave., Palm Beach Gardens; 624-0024 or caboflats.com

Mission: "My mission is to make people happy and for everyone to have a nice time."

Cuisine: Contemporary Mexican

What's your footwear of choice in the kitchen? "I'm wearing Birkenstock shoes," he says. "It important to take care of your feet in the culinary industry. I just had new insoles made about a month ago!"

What is your guilty culinary pleasure? "Thai food," he says. "I just love the combination of sweet and spicy."

What advice would you give someone who wants to be a chef? "If you want to be a chef, you need to be willing to work long hours," he says. "When you are a chef, your schedule is completely opposite from others, and it is hard to get used to. But, the most satisfying thing about being in this industry is when people tell you how much they love and enjoy your food." ■

Crab cakes, cook-offs and other charitable ventures

SPECIAL TO FLORIDA WEEKLY

Community Partners is hosting its 2nd Annual Palm Beaches Crab Cake Cook-Off to benefit the mental health needs of childhood victims of trauma, abuse and neglect.

The event gets started 6 p.m.-10 p.m. Oct. 6 with a Crab and Crowns VIP Cocktail Kickoff at Echo Palm Beach, 230 Sunrise Ave., Palm Beach. For information, call 841-3500, Ext. 1081.

But the main event, the cook-off, is set for 6:30 p.m.-9 p.m. Nov. 2 at the Lake Pavilion and Terrace, City Commons and Waterfront, downtown West Palm Beach.

There, participants partake of the Crab Cake Cook-Off, wine and beer tasting, entertainment, Bling Bar and CrabFabulous Auction. Single tickets, \$55; couples, \$100 a pair.

The VIP Crab Trap Package Ticket includes the Crabs and Crowns Cocktail Kickoff and Crab Cake Cook-Off, wine and beer tasting, entertainment, Bling Bar, CrabFabulous Auction, entry to the Capital Grille VIP Crab Trap, early entry to view judging, one free entry in the 2013 Crab Bucket Drawing and your name in the pool for VIP judge, drawn at kickoff. Tickets: \$95 per person.

Participating restaurants include Cafe Joshua, Christina's Catering, Cod and Capers, Dixie Grill and Bar, Frigate's Waterfront Bar & Grill, Hog Snappers Shack & Sushi, Ruth's Chris Steakhouse North Palm Beach and The Tin Fish Clematis. Information: Visit www.cp-cto.org.

Speaking of benefits: On Oct. 27, Chef Clay Conley of Buccan will host a special benefit dinner for Share Our Strength, a national nonprofit dedicated to ending childhood hunger in the United States.

Chef Conley will collaborate with chefs from around the country to prepare a meal for a cause: ending childhood hunger in America. Guest chefs include: Zach Bell, Addison Reserve Country Club, Delray Beach; Jamie DeRosa, Tongue & Cheek, Miami Beach; Victor LaPlaca, Isola Trattoria & Crudo Bar, New York; Jennifer Reed, The Sugar Monkey, West Palm Beach; and Nicholas Stefanelli, Bibiana, Washington, D.C.

The multi-course dinner will begin with a cocktail reception at 6 p.m. followed by a seated dinner at 7 p.m. at Buccan, 350 S. County Road, Palm

Beach. Tickets are \$200 per person and there are opportunities to host tables. Guests of the No Kid Hungry dinner at Buccan also can bid on culinary and travel experiences at silent and live auctions. Reservations: (312) 805-3515 or ce.strength.org/events/no-kid-hungry-palm-beach-dinner.

And another benefit: Rocco's Taco's is offering its Tacos & Tatas Tuesdays through the end of October. The restaurant will donate a percentage of its Taco Tuesday sales to breast cancer research via Susan G. Komen for the Cure. Since launching the annual campaign in 2011, Rocco's says it has donated more than \$32,000 to the South Florida affiliate of Susan G. Komen for the Cure; in 2013 owner Rocco Mangel has set a goal of raising an additional \$20,000.

Anytime Mr. Mangel is on the bar in his breast cancer awareness pink patent leather shoes, he'll pour complimentary tequila as a thank-you. Any supporter who donates \$25 or more also will receive a bottle of Avion Tequila to take home.

He will be at all five locations. Follow him on his Facebook fanpage to find out where at www.Facebook.com/RoccosTacos.

New leadership: Rooney's the Gastropub has named a new executive chef and a new general manager.

Jason Zeller is the new executive chef. He graduated from the Culinary Institute of America in Hyde Park, N.Y., and began his career in Manhattan at the Stanhope Hotel's Café 'M' and Nica's Restaurant before being offered a sous chef position at the Four Season Resort in Palm Beach under Hubert des Marais. He later was executive chef of Ibis Golf and Country Club in West Palm Beach, The Surf Club in Miami Beach, Turtle Creek in Tequesta, The Hamlet in Delray Beach and Stonebridge in Boca Raton before joining the Rooney's.

Barton Berthaut has been named general manager. He graduated from Florida Atlantic University.

He has more than 20 years' experience in the Food and Beverage industry, and has been part of the Food and Beverage team at Palm Beach staples such as The Colony Hotel, The Breakers, the Ritz Carlton Golf Club and Spa in Jupiter, and most recently, the Trump National Resort and Spa. ■

THE DISH

Highlights from local menus

The Dish: Dali Chicken

The Place: P.F. Chang's China Bistro, The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens; 691-1610

The Price: \$9.95 lunch, \$13.95

The Details: P.F. Chang's promises this is the spiciest dish on its menu. And if that's the case, connoisseurs of spice may be disappointed. That's too bad because this concoction of chicken breast meat, slivers of potato, green onions and dried red chilies is tasty, and the chicken is tender. But spicy? Not as hot as you'd think, which probably suits most palates. The restaurant is large and cacophonous, but servers were friendly and efficient, even if the fare does not pack heat.

It's a great spot for an Asian treat if you're at the mall. ■



— Scott Simmons



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