

PALM BEACH GARDENS & JUPITER FLORIDA WEEKLY®

IN THE KNOW. IN THE NOW.

WEEK OF SEPTEMBER 5-11, 2013

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INSIDE



“... People get this idea about you once you write a book about sex. ‘Wow, she’s having this really raunchy, adventurous sex life.’”

—Anne Rodgers,
Co-author of “Kiss and Tell”

PAGE TURNERS

Local authors turn to self publishing to get their books on shelves

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

R. RUTH WESTHEIMER HELPED READERS understand their sexuality. Anne Rodgers and Dr. Maureen Whelihan think they can do the same. But Dr. Ruth relied on a mainstream publisher to print and distribute her book. Ms. Rodgers and Dr. Whelihan are doing it on their own, self-publishing “Kiss and Tell,” a 370-page book that explores what women experience and want from their sex lives.

But they’ll have to get in line with hundreds of thousands of other authors.

More than 350,000 books are published each year in the United States, according to the United Nations Educational, Scientific and Cultural Organization, or UNESCO.

Forbes, the financial magazine, estimates that number actually may be more like 600,000 to 1 million books. Of those, at least half are self-published.

SEE PUBLISHED, A8 ►

Mandel JCC opens with goal of making ‘better place’

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

The Mandel Jewish Community Center is a \$20 million dream come true.

And Morton Mandel could not be happier.

“I’m thrilled because I know what the JCC will do for this community,” he said in an interview moments before an Aug. 29 ribbon cutting for the 56,000-square-foot space on Hood Road in Palm Beach Gardens.

“This is a destination whose goal is to improve the community,” he said, adding that his involvement with Jewish community centers goes back to 1950, when he was elected president of the Cleveland JCC, which also is named for the Mandel family.

His family foundation kicked in \$5 million toward the construction of the new center, which offers a preschool, gymnasium, aquatics center, sports fields, indoor and outdoor playgrounds, and space for fitness, health and wellness classes. The center will employ approximately 100 full- and part-time employees.

After the ribbon cutting, visitors strolled through the new center, the centerpiece of which is that preschool. During the tour, children played in a space behind a glass wall from beyond a spacious great hall, which has soaring ceilings that lead visitors to the gym and aquatics complex beyond.

Beryl and Robert Schneider, whose \$2 million gift named the gym, beamed as they walked through the space.

Mr. Mandel’s wife, Barbara, seated herself near the front entrance to the center.

“Isn’t it terrific,” she said.

The 6-acre space eventually will include the campus for the Meyer Jewish Academy, which will be built to the north of the main JCC building.

“This has been a particular interest of mine,” said Mr. Mandel, who also named the Mandel Public Library in West Palm Beach. “We have the ability to make the world a slightly better place, which this will do.”

— The Mandel JCC is at 5221 Hood Road, Palm Beach Gardens; 689-7700. ■

PHOTOS FROM THE RIBBON CUTTING, PAGES A18-19 ►



Deconstructing stuff

Toronto photographer Todd McLellan disassembles objects. A25 ►



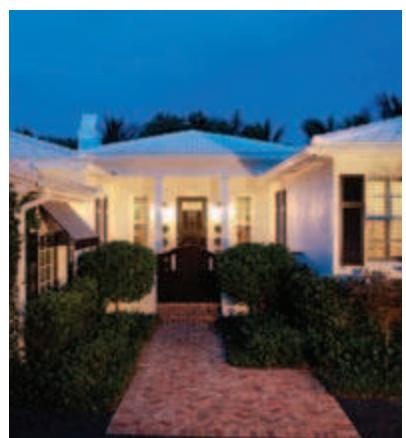
Society

See who was out and about in Palm Beach. A18-19, A34 ►



This week's events

John Mayer plays the Cruzan Amphitheatre Sept. 8. A28&29 ►



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COMMENTARY

The color of friendship

rogerWILLIAMS
rwilliams@floridaweekly.com



"Like him? I don't like him. Whatever gave you that impression?" exclaims Jerry Kennedy, grinning puckishly.

That's friendship, for you.

He's standing outside his cow pasture tucked up under the southern flank of Babcock Ranch, where he's made his home for several decades.

"Ten-Fo, good buddy, I read you loud 'n' clear," acknowledges Burdine Baker, standing nearby. He smiles and shakes his head in mock disapproval, his big white cowboy hat moving languorously in a kind of silent salute, delivered from above the brow.

Among other things (both grew up poor in the Deep South, both are grandfathers and husbands, both survived gut-wrenching once-upon-a-times) these men also share a powerful friendship, which is why I'm here.

"I think of Redneck like a brother," explains Mr. Kennedy succinctly, referring to Mr. Baker by his self-appointed title, "the Black Redneck."

I've come to see why.

One man is whiter than fresh milk, the other is blacker than strong coffee, and both hail from a Southern world where rarely the twain should

meet in real friendship.

But for 15 years theirs has slipped across the racial divide as effortlessly as a big truck changing lanes on an open road.

For some reason, each man always gave race and the "ism" frequently coupled to it no more credit than the mud in a roadside ditch.

Maybe whatever they have can be bottled and sold.

The sun is dripping through Mr. Kennedy's tall pines at about 93 degrees, adding a fine afternoon sheen to the dark skin of Mr. Baker's face and still-powerful arms. Nearby, a yellowing cow separates from the herd to gaze steadily at the two men, her face devoid of history or judgment, but not appetite.

When Mr. Kennedy and Mr. Baker were young — before civil rights, before easy living — segregation was the rule.

Nearing 70 now, Mr. Kennedy grew up on Moonshine Hill outside of Asheboro, N.C. A comic and capable storyteller by nature, he is also tough as nails, like Mr. Baker. He spent 20 years in the Army, serving as a paratrooper in the 101st Airborne Division in Vietnam in 1965 and '66, and in other airborne units later, before retiring as a First Sergeant.

And Mr. Baker, set to be 73 in June, came of age on a white owner's plantation outside of Bainbridge, Ga.,

not far from the Florida line. He was beaten by a step-father who died just before Mr. Baker decided to shoot him, he admits, and was made to work exhaustively in the fields.

Discrimination by whites was part of his daily fare.

He left Bainbridge when he was 16, then returned about three years later in a borrowed car — but only for a single night.

Under cover of dark, he rescued his mother and seven siblings from their sharecropper's cabin, shushing the family into silence so they wouldn't be shot. The landowner had refused to let them go, citing bills he claimed the family owed for food and rent, run up while working his place.

There appears to be no bitterness in either man for any hard experience — and no complaint.

Along with the Airborne code, Mr. Kennedy says, "I follow that old saying: What doesn't kill me makes me stronger."

As for Mr. Baker, he puts the technique for unhesitating friendship this way: "You just take it a day at a time. He can't help what happened way back when, and I can't either. I'm not responsible for that, and he ain't either. Ain't no need for worrying about the color of the skin — because your blood is the same color."

If something happens to one, the other turns up almost immediately,

every time.

"When he'd get in the tight, I'd go help him out. And when I get in the tight, he helps me out," Mr. Baker explains with a self-deprecating shrug.

When Mr. Baker's first wife was dying of cancer, for example, Mr. Kennedy arrived at their trailer and built a screen door so she could sit more comfortably inside and look out without being bitten by mosquitoes.

When Mr. Kennedy went to the hospital with a dangerous heart condition, Mr. Baker arrived at his farm and fed his cows and goats for days, conscientiously and well.

No pay is part of the deal. Their currency is humor and simple decency.

"Well," says Mr. Kennedy, stepping away from the more comfortable territory of affectionate kidding, "here's why I like Redneck: Because he's a straight shooter. He works for what he gets. He doesn't ask for a handout. And he'll help a person in need."

He pauses. "He's just like me."

Mr. Baker — a coffee-black staring at his best friend, a milk-white, and seeing only the color of friendship — is smiling and nodding.

"Ten-Fo, good buddy, I read you loud and clear!" ■

— A version of this column ran on Sept. 12, 2012.



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Publisher
Michelle Noga
mnoga@floridaweekly.com

Editor
Betty Wells
bwells@floridaweekly.com

Reporters & Columnists

Scott Simmons
Athena Ponushis
Tim Norris
Jan Norris
Mary Jane Fine
Loren Gutentag
Artis Henderson
Linda Lipshutz
Roger Williams
Jim McCracken
Heather Purucker Bretzlaaff
Nina Cusmano

Presentation Editor
Eric Raddatz
eraddatz@floridaweekly.com

Graphic Designers
Paul Heinrich
Natalie Zellers
Mitzi Turner
Hannah Arnone
Chris Andruskiewicz

Account Executives
Barbara Shafer
bshafer@floridaweekly.com
John Linn
jlinn@floridaweekly.com

Circulation Manager
Willie Adams

Circulation
Evelyn Talbot
Frank Jimenez

Published by
Florida Media Group LLC
Pason Gaddis
pgaddis@floridaweekly.com
Jeffrey Cull
jcull@floridaweekly.com
Jim Dickerson
jdickerson@floridaweekly.com

Street Address:
FLORIDA WEEKLY
11380 Prosperity Farms Road, Suite 103
Palm Beach Gardens, Florida 33410
Phone 561.904.6470 • Fax: 561.904.6456



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GUEST OPINION

Remembering Women's Equality Day

Celebrating 93 years of voting rights for women and the 50th anniversary of the March on Washington

BY ANNE M. GANNON

Tax Collector for Palm Beach County

Ninety-three years ago, women did not have the right to vote. Today, women choose our nation's leaders at every level of government. On Aug. 26, we celebrated the legacy created by the fierce hope of American women almost a century ago, who dreamed of an America where women would have a seat at the table.

Aug. 26 marked the 1920 passage of women's right to vote, but the fight for voting and equal rights began long before. The first steps in the U.S. began at the Seneca Falls Convention in 1848. An earlier social visit had brought together Lucretia Mott, Elizabeth Stanton, Martha Wright, Mary Ann McClintock and Jane Hunt. New York had just passed the Married Woman's Property Rights Act, a piece of legislation they saw as a significant sign of hope for women's rights. This hope and a strong commitment led them to draft the Declaration of Sentiments, a plea to end discrimination against women.

With 300 men and women at the Seneca Falls Convention, they argued each right laid out in the declaration. The ninth right, women's right to vote,



GANNON

was questioned at the convention, but Frederick Douglass, the only African American present, argued that he could not accept the right to vote as a black man if women did not also accept the right. He claimed that the world would be a better place if women were involved in the political sphere.

Exactly 100 of the 300 men and women at the convention agreed to sign their name to the cause. Those 100 men and women sparked a grassroots effort giving way to more conventions and movements around the country, adding fire to the cause and shifting the beliefs of policy makers.

Ratification to the 19th Amendment in 1920 was the result of their efforts, giving women for generations to come a voice and expanding opportunities.

Empowered to achieve greatness, women have exceeded all expectations. Today, we make up nearly half our country's workforce and the majority of students in our colleges and universities. We are running companies and providing convoy security in our military. We have more women doctors, lawyers, accountants, nurses, teachers — you name it — than at any time in our history.

As of today, 293 women have served in the U.S. Congress, 36 women have

served as governors in state houses across the country, and countless others have served as state and local legislators and county officials like myself.

What an achievement. In every presidential election since 1964, the number of women voters has exceeded the number of male voters, and hopefully it won't be long before we have a woman in the White House, too.

The path paved by those women who marched on Washington 50 years ago has inspired millions to dream bigger, push open doors, and demand a commitment to equal pay, equal opportunity and equal rights.

The strides made have been enormous, but more can be done. To honor the legacy left by those women who wouldn't take no for an answer, let's rededicate ourselves to eliminating the inequalities that still exist and demand that leaders whom we played such a huge role in electing have our interests in mind when making policy decisions.

We owe it to our mothers and grandmothers to continue to challenge the status quo and to inspire our daughters and granddaughters to dream without limits. ■

— Anne Gannon is the constitutional Tax Collector for Palm Beach County. Elected in 2006 and re-elected in 2008 and 2012, Ms. Gannon is the first woman to hold this office.

Nuclear's demise, from Fukushima to Vermont

amyGOODMAN

Special to Florida Weekly



Welcome to the nuclear renaissance. Entergy Corp., one of the largest nuclear-power producers in the U.S., issued a surprise press release Tuesday, saying it plans "to close and decommission its Vermont Yankee Nuclear Power Station in Vernon, Vt. The station is expected to cease power production after its current fuel cycle and move to safe shutdown in the fourth quarter of 2014." While the press release came from the corporation, it was years of people's protests and state legislative action that forced its closure. At the same time that activists celebrate this key defeat of nuclear power, officials in Japan admitted that radioactive leaks from the Fukushima Daiichi nuclear catastrophe are far worse than previously acknowledged.

"It took three years, but it was citizen pressure that got the state Senate to such a position" nuclear-energy consultant Arnie Gundersen told me of Entergy's announcement. He has coordinated projects at 70 nuclear plants around the country and now provides independent testimony on nuclear and radiation issues. He explained how the state of Vermont, in the first such action in the country, had banned the plant from operating beyond its original 40-year permit. Entergy was seeking a 20-year extension. "The Legislature, in that 26-to-4 vote, said: 'No, we're not going to allow you to reapply. It's over. You know, a deal's a deal. We had a 40-year deal.' Well, Entergy went to first the federal court here in Vermont and won, and then went to an appeals court in New York City and

won again on the issue, as they framed it, that states have no authority to regulate safety." Despite prevailing in the courts, Entergy bowed to public pressure.

Back in 2011, Vermont Gov. Peter Shumlin, who called Entergy "a company that we found we can't trust," said on "Democracy Now!": "We're the only state in the country that's taken power into our own hands and said that, without an affirmative vote from the state legislature, the Public Service Board cannot issue a certificate of public good to legally operate a plant for another 20 years. Now, the Senate has spoken ... saying no, it's not in Vermont's best interest to run an aging, leaking nuclear-power plant. And we expect that our decision will be respected."

The nuclear-power industry is at a critical crossroads. The much-touted nuclear renaissance is collapsing, most notably in the aftermath of the Fukushima disaster, compounded by the global financial crisis. In a recent paper titled "Renaissance in Reverse," Mark Cooper, senior fellow for economic analysis at the Vermont Law School, writes, "The problem for old nuclear reactors has become acute." The costs to operate, and to repair, these plants have prompted operators to shutter five of the 104 operating power generating reactors in the U.S. this year alone, leaving 99. Cooper has identified 30 more that he estimates will be shut down, because "the economics of old reactors are very dicey."

The profound consequences of the Fukushima Daiichi nuclear-power accident are still unfolding, as this week the Japanese Nuclear Regulatory Agency increased its assessment of the situation there to Level Three, or serious, on the International Nuclear and Radiological Event Scale. The original accident in March 2011 was rated a seven on that

scale, the highest, most severe, threat. The nuclear fuel rods there require constant cooling by water. The spent cooling water is highly radioactive. The Tokyo Electric Power Co., which ran Fukushima and which has been responsible for all the cleanup, has been storing the radioactive water in hastily-constructed water tanks, which are now leaking.

"The surveys of the area determined that the radiation coming from the ground was five times more in an hour than a normal person would get in a year," Gundersen said. "Radioactive water is leaking out of this plant as fast as it's leaking in. So, you've got something on the order of 400 tons to maybe even as much as a thousand tons of water a day leaking off of the mountains around Fukushima into the basement of this plant. Well, the basement is highly radioactive, because the containment has failed and radioactive material is leaking out from the nuclear core into the other buildings. That's being exposed to this clean groundwater and making it extraordinarily radioactive. ... And the problem is going to get worse."

The Fukushima disaster has been compared to the catastrophe in Chernobyl, where a nuclear plant exploded in 1986, making the surrounding region uninhabitable. The radiation is spilling out of Fukushima into an ever-growing radioactive plume in the Pacific Ocean.

Fukushima shows us the intolerable costs of nuclear power. The citizens of Vermont show us the benefits of just saying no. ■

— Amy Goodman is the host of "Democracy Now!," a daily international TV/radio news hour airing on more than 1,000 stations in North America. She is the co-author of "The Silenced Majority," a New York Times best-seller.



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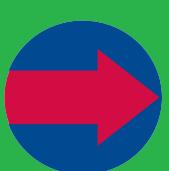
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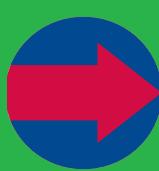
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PET TALES

Cat 'bib' may stop a pet from hunting

BY DR. MARTY BECKER

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Q: One of our cats has become proficient at catching small birds and rodents, and brings them alive or barely alive into the house. We really don't like this and would appreciate some tips on how to change both cats back to indoor-only pets, if possible. Also, do bells on collars really work, since maybe that would at least hinder her ability to catch birds? They both wear collars, but not bells.

— via Facebook

A: If your only concern is about the hunter cat turning your home into the "nature channel," the easiest thing to try is a cat bib. While it may not be the best feline fashion statement, this device hangs down the front of a cat and keeps her from getting the jump on her prey.

As for bells on cat collars, they do sometimes work to scare birds away. But some cats learn how to stalk without ringing their bells. Who says cats aren't smart?

The better route to take is to convince your outdoor adventure lovers to accept an indoor-only life.

Feline frustration can turn into an orchestra of cat complaints. Some cats complain vocally (nonstop), others make the 50-yard dash to the door their sport (nonstop), while still others play Tarzan indoors from curtains to couches. Cranky cats may pick on each other. Just a few escapes can drag out this feline focus and fury on gaining freedom. If you decide to make them indoor cats, go cold turkey. Once they're in, they're in forever.

When you take away the great outdoors, replace it with a new indoor cat jungle. Purchase a few floor-to-ceiling

cat trees for climbing and perching. Place new things to explore in the room every day. Boxes and bags make great cat caves to investigate. Place catnip mice in new places. Buy a variety of scratching surfaces, both vertical and horizontal. Add a few containers of cat grass. Buy cat toys that look like real prey and begin daily indoor hunts.

The better you are at creating a new nature environment indoors, the less fuss and stress for you and the cats when changing from outdoor to indoor scenery.

Mentally and physically tired indoor cats will be more contented ones. They may never completely give up trying to escape, but over time, their efforts will wane. ■

— Do you have a pet question? Send it to petconnection@gmail.com or visit Facebook.com/DrMartyBecker.

Beauty of black cats more than skin deep

■ If you have a black cat with yellow eyes, you have a pet who's not only striking in appearance, but fairly remarkable genetically. These cats display a condition known as melanism, which is more or less the opposite of the better-known albinism. Their genetic code is what makes them appear completely black with "Halloween eyes" to match. According to National Geographic's News Watch feature, "Melanism (is) seen in 11 of the 36 wild felid species, (and) produces yellow irises as a result of high levels of melanin

in the pigment." While superstitions say that black cats are bad luck in the United States, the exact opposite is true in the United Kingdom.

■ After the horrific deaths of nearly 50 large cats, wolves and bears following their release from a Zanesville, Ohio, compound in 2011, laws were changed that turned the state from one of the easiest places to keep dangerous exotic animals into one of the most difficult. Ohio officials have offered owners amnesty to turn in their animals under the state's new Dangerous Wild

Animals and Restricted Snakes Act, but the Cleveland Plain Dealer reports that some are just being turned loose.

■ A transfusion using blood donated by a dog saved the life of a poisoned cat. With no time to lose and the cat's life slipping from her grasp, New Zealand veterinarian Dr. Kate Heller took a chance that the unorthodox move would work — and it did. One hour after the transfusion, the cat was on the way to recovery. ■

— Dr. Marty Becker and Gina Spadafori

Pets of the Week

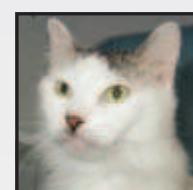


>> Sassy Kat is a 9-year-old spayed female Australian terrier mix with a lot of spunk for her age. She loves to take long walks. She is well mannered and has been to doggy school.



>> Fergie is a 2-year-old spayed female domestic shorthair. She has pretty coloring, a white precious face and white paws. She's shy, so may take some time for her to check you out.

To adopt: **The Peggy Adams Animal Rescue League**, Humane Society of the Palm Beaches, is located at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hsbp.org. For adoption information call 686-6656.



>> Lily is a spayed female white cat with black markings, approximately 2 years old. She's very friendly, and gets along well with other cats. She especially enjoys being petted.



>> Domino is a beautiful neutered black male cat with a distinctive white "badge" on his chest. He's a little shy at first, but is hoping to get a chance to live in a loving household.

To adopt: **Adopt A Cat** is a no-kill, free-roaming cat rescue facility located at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public Mon-Sat, noon to 6 p.m. For additional information, and photos of other adoptable cats, see our website at www.adoptacatfoundation.org, or visit us on Facebook (Adopt A Cat Foundation). For adoption information, call 848-4911 or 848-6903.

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Gardens Medical Center Auxiliary awards 19 scholarships

The Palm Beach Gardens Medical Center Auxiliary awarded \$22,500 in scholarships to 19 Palm Beach County residents in support of health care professionals of tomorrow.

Hospital gift shop proceeds and fundraisers fund the scholarships. Students who plan to attend an accredited school in pursuit of a health degree or certificate are eligible to apply each spring. Winners are selected based on transcript grades, financial need and recommendations.

"We're proud to be able to award these scholarships to deserving individuals each year," said Larry Coomes, CEO of Palm Beach Gardens Medical Center. "These students represent our future, and we want to help them achieve their goals."

This year's winners include: Jeannie Chandler, Palm Beach State College; Delleisa Davis, Florida Career College;

Marisa Deliso, New York Institute of Technology; Minouche Fonrose, Palm Beach State College; Mirlande Fonrose, Palm Beach State College; Brock Hoppmann, Keiser University; Emily Kissell, Florida State University School of Nursing; Stephanie Lamborn, Palm Beach State College; Matthew Leow, Palm Beach State College; Lexi Manuel, University of South Florida; Tristan McDermott, Palm Beach State College; Leah McNamara, University of Miami School of Nursing; Logan Miller, Palm Beach State College; Ashley Pault, Bethune-Cookman University; Hailee Sapp, University of Florida; Beatilde Vilme, Palm Beach State College; and Savannah Georgia Young, Barry University.

For more information on the Auxiliary scholarship program, contact Ann Ruth Blum at 626-5371 or Martha Duncan at 622-7297. ■



TRINKETS OR TREASURES?



Join collector Scott Simmons for his version of the *Antiques Roadshow*. This part treasure hunt, part history lesson, and part adventure is open to the public at no charge!

Join us Saturday, September 21 at 9:30 a.m. or 11 a.m. at STORE Self Storage & Wine Storage.

Scott Simmons
Florida Weekly reporter,
antiques aficionado

Reservations are required and limited to 20 people per session; one item per person.

For reservations, call STORE Self Storage & Wine Storage at **561-627-8444**.

Additional sessions with Scott will be held on Saturday, November 9.

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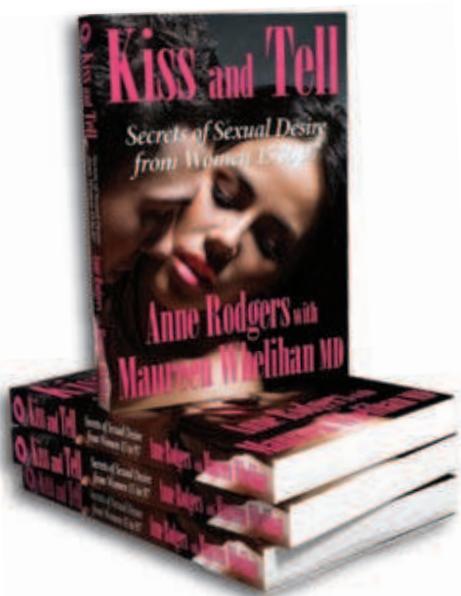
WE ACCEPT MOST INSURANCE PLANS

PUBLISHED

From page 1

Most of those titles will languish; but some will take on lives of their own, as their authors tour and talk about their books.

Here are the stories of four self-published books and their authors.



■ ■ ■

Anne Rodgers, Co-author of "Kiss and Tell"

Anne Rodgers' debut as an author was not necessarily as she would have planned it.

After all, doesn't every journalist dream of writing that next great novel?

Instead, she drew inspiration from a battery-operated toothbrush. The devices are known for stimulating gum tissues. But a Wellington gynecologist had learned that the toothbrushes were good for stimulating, well, never mind.

Ms. Rodgers wrote about it in a newspaper column and ended up co-authoring a book with the doctor, Maureen Whelihan.

"Not in a million years did I think I would write a book about sex," Ms. Rodgers said. "And it's interesting because people get this idea about you once you write a book about sex. 'Wow, she's having this really raunchy, adventurous sex life.' It's like, 'No, I wrote a book about sexuality, but that does not mean that I'm a particular type of person,' so that stereotype does kick in."

Ms. Rodgers was features editor at both



Anne Rodgers

The Austin American-Statesman in Texas and at The Palm Beach Post; for several years, she wrote a column on women's issues for The Post. Since retiring, she has freelanced and has worked as a pet-sitter.

But what about that next great novel?

"I had dabbled with fiction but trying to invent everything out of my head was so hard, and since I was a journalist, it turned out that it was easier to write about something where there was research and there was fact base," she said. "Plus, it intersected with my interest in women and getting their stories, which I had done at The Post, so it was a really nice dovetail."

To write the story, Ms. Rodgers interviewed hundreds of women of all ages about their sexual activities and likes and dislikes.

Dr. Whelihan had conducted a survey of 1,300 patients ranging in age from 15 to 97; it took 15 months to compile the information.

"I found the younger women fascinating in the book, but I admit there was more resonance for me with those women over 40," she said.

It has been the point of many wanderings for Ms. Rodgers, who has traveled throughout the country to promote her book, even speaking to her mother's PEO sorority in Texas.

"You have to be very careful because the young women have all this vocabulary and language to talk about sex but no wisdom to share. The older women have a lot of wisdom and experience but they don't have any words. They aren't used to talking about sex at all, and so you have to be very diplomatic in the way you interview them," she said. "The things I would ask the teenagers, I wouldn't in a million years ask the older women, and some of the older women were so reticent that it would take me a very long time to work up to a question like oral sex, whereas with the teens you can say anything."

She had to refine her interview techniques.

"You say that to a woman who's 80 and she's insulted and offended and you have shut the door on any further communication," she said.

But open that door, and it can be quite revealing.

"My 80s ladies were my favorite decade for a long time. They just completely surprised me. Some of them were very frank. They had great stories," Ms. Rodgers said.

It took a journalist's thirst for information to bring those stories together in the 370-page book, which is organized by decades.

"I was curious about why some women had desire for sex and some didn't," Ms. Rodgers said.

She quoted a saying by Dr. Whelihan: "Women don't have low desire for sex. They have low desire for the sex they're having."

She hopes the book, which has sold a few hundred copies since its launch in February, can change that.

"I was so grateful to the women for being so honest."

— Anne Rodgers' and Dr. Maureen Whelihan's book "Kiss and Tell" is available for \$18.95 at kissandtellbook.com.

■ ■ ■

Bruce Portmann, Author of "Elvis Presley: My Second Chance"

Everyone of a certain age remembers where he or she was when they learned the King had died in 1977.

But Bruce Portmann had a different vision: What if Elvis had lived?

"I was with a friend of mine who is an Elvis impersonator. And he's health-challenged right now. I used to help him out. He said, 'Bruce, you need to make a movie about Elvis.' I said, 'Russell, it's



already been done.' He said, 'What if he didn't die?'

And that is the premise of his debut novel, "Elvis Presley: My Second Chance."

"I'd heard the stories about people seeing him," Mr. Portmann said, citing the alleged sightings of Elvis at fast-food restaurants or sailing the Caribbean.

"I have a pretty good idea he would have tried to turn his life around," he said.

Writing about a music icon came naturally for Mr. Portmann, who spent his career in the music industry.

"I was in the music business myself. He worked for RCA Records and I worked for Capitol Records," said Mr. Portmann, who was international marketing and promotions director for two years at Capitol. "He was a competitor, but I was always a fan."

He had a visceral reaction to the King.

"I was aware of him and I admired his talent. Saw him once in Baltimore and it sent goose bumps up and down me," he said. "It was magic. When he hit that stage, the energy just hit me completely."

It was enough that some 30 years later, he was compelled to write — only he didn't write a book.

"I did it kind of backwards. I wrote it as a movie script, and when I stopped, it was 240 pages long," he said, adding that the average script is 90 pages or so.

"I probably should have written the book first then negotiated a movie deal," he said.

He initially contemplated hiring someone to rework the script as a book, including journalist Alanna Nash, who had covered Presley's death, but found the costs to be prohibitive.

"It's a good thing I had a Plan B and Plan B actually turned out to be me writing the book. I actually had four different editors working on the book to sort it all out," Mr. Portmann said.

He sought guidance from others.

"I joined a writers group and they had a meeting up in Orlando. The reason I went was because there would be other writers there, as well as agents and publishers while I was there," he said. "To be honest, I got a less than lukewarm response from them."

He persevered, recognizing changes in publishing.

"The book industry is going through what the record industry went through 15 years ago, when it wasn't just 45s and 33s anymore," he said.

That doesn't leave much room for the little guys.

"Unless you're an author who can guarantee 100,000 copies or have already got a name, they're not into developing new acts. They want something proven," he said, citing the cost of printing and distributing books.

Of course, people are turning to electronic media such as Kindle.

"I said, 'Let's get with the times and self-publish it and do it myself,'" he said.

So Mr. Portmann is offering his books as print-on-demand.

"It's printed and sent off," he said of the books, which are printed in Charleston, S.C. "It's not like I have 10,000 sitting in my garage. I order a few hundred at a time."

— Bruce Portmann's "Elvis Presley: My Second Chance" is available in a Kindle version for \$9.99 at amazon.com. For hard copies, email Mr. Portmann at BrucePortmann@gmail.com.

■ ■ ■

B.R. Barbara, Author of "Dearest Gerry"

B.R. Barbara had a happy marriage.

Then her husband began to exhibit signs of dementia. He died five years ago, too young, too soon, at age 68.

"But I didn't start thinking about the book five years ago. I went through a grief period," she said.

The storytelling came later.

"I started writing favorite memories of the early years so I could share them with my daughter, who's 31. If my husband had lived, these are stories we would have been telling her now," Barbara said.

She hopes her stories will reach a broader audience.

"As it turned out, I decided to publish it. I've gotten very good feedback," she said.

But her book, "Dearest Gerry," is not a traditional narrative story.

"It's a series of vignettes from the early years, written as love letters, and I haven't had anyone tell me they don't like it," she said.

Her goals go beyond just telling the story.

"With my book, I hope to have book signings and talks, which I will do in person or by Skype,"

she said. "When I have the book talks, I intend to emphasize three parts. I want to talk about the essence of love, the core character and how it never changes, and I want to bring sensitivity to dementia."

Her husband's decline was gradual.

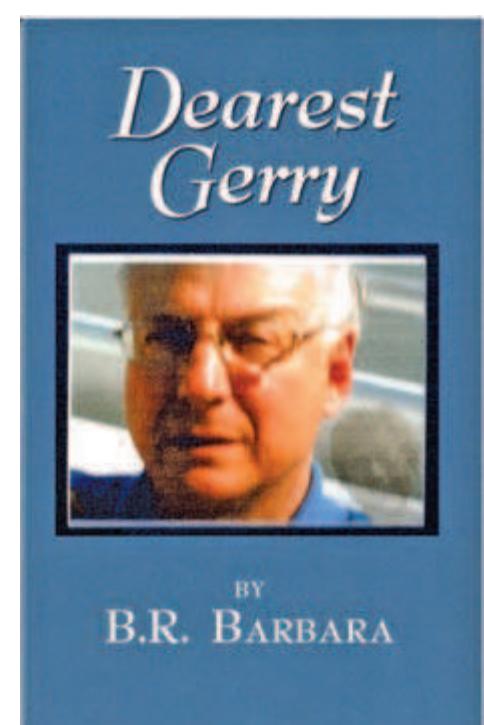
"Of course, there were problems, but I think my husband handled his illness well, and adapted," she said. "He had a lot of compassion; he was kind, he was giving."

That remained intact.

Her husband had been a top executive at Prudential Securities, working in computer systems.



BARBARA



"Even though he couldn't do the complicated, intellectual things that he did, he was never negative or angry or mean. He just learned to do something else, and he would just do little things, like carry the laundry basket, whatever he could do, and he never had a chip on his shoulder. He was just a great guy," she said.

And Barbara, an artist, needed to tell his story.

"I sat in my favorite chair and I started to write. I didn't sit down and write continuously. I had a notebook, I'd put it down and when I would think of something I'd sit down and write another letter," Barbara said. "It was over a long period of time. I can't tell you how long it was. I just knew when I was doing the end of it. I knew when I had completed it."

And when she completed it, "Dearest Gerry" was 64 pages of letters to her husband.

"I also know people don't read as much as they used to, so I didn't write a long book. I wanted something that would hold them, grab their attention," she said, adding that someone who sits down with the book can finish it in a couple of hours.

She published the book in August and has been writing national organizations. She would like to see the book used as a way of helping others who have been in situations similar to hers. She also has written a compendium, "Moving Through Grief."

As she went through this process, Barbara knew she wanted to keep the book as local as possible.

"I wanted to stay with a publishing company in Florida," she said. She had narrowed her search to two companies, one in Tamarac, the other in Sarasota.

She chose the Sarasota company, The Peppertree Press, because she felt it had a better website. She estimated it cost her more than \$4,000 to print an edition of 300 of the books, which carry a price tag of \$12.95.

"The feedback has been very encouraging," she said. "It is a nice love story."

B.R. Barbara's "Dearest Gerry" is available for \$12.95 at Amazon.com, Barnes & Noble and Books A Million; soon she will sell it on her website, creativememories-favorites.com.

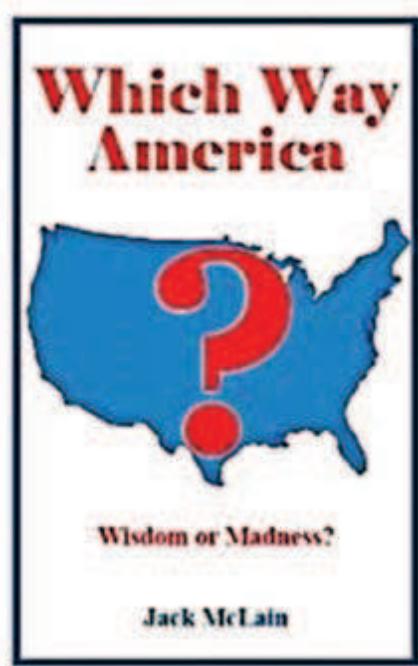


Jack McLain,

Author of "Which Way America?"

Jack McLain is a man on a mission. He wants to steer the United States from what he says is a dangerous path.

So when last year's presidential election cycle came around, he wanted to let people know what was wrong with the country and what could be done to make it right. Then he wrote a book about it.



"I had a book that I thought was kind of urgent and had a lot of information that I wanted them to read before the election," he said. "I went to publishers and discovered there was a lot of delay and cost."

In talking to publishers, he learned it might take as long as 60 to 90 days to publish a completed manuscript.

"In talking to different people, I decided to try self-publishing," he said.

He found a printer in Michigan to do the work.

"We got everything decided up on, cover and everything, and they had had books in to me in two weeks. They were so prompt compared to the publishers," he said. "They did a wonderful job. I am so pleased."

His 133-page book has 26 chapters that cover such topics as "Our Bill of Rights," "Right to Life," "The Sanctity of Marriage" and "The Socialist Myth."

Mr. McLain has been printing batches of the books.

"At first, I had 250. You can get as many as you want. Since then, I've ordered 200 at a time," he said.

"We belong to the Constitution Party and I felt that our party could use the book," Mr. McLain said.

He drew inspiration from the American Protestant anti-communist author John Stormer, who in 1964 wrote the book, "None Dare Call it Treason."

"I patterned my work after him. Not only did I want to put opinions in my book but I did a lot of research into it," he said.

Like Mr. Stormer, he also offers solutions toward the end of his book.

"I've got about 20 points about what we should be doing to save our country. I



MCLAIN

think our country is in pitiful shape. We need a real awakening in America," he said.

He has been selling his book to people he knows and with whom he has been associated at his church.

It is part of his tradition of conservative activism that includes two runs for Congress.

"This wasn't written to promote the Constitution Party," he said. "I have a great burden for people, for souls and for our country."

— Jack McLain's "Which Way America?" is available by sending Mr. McLain an \$8 check at 16874 131st Way N., Jupiter, FL 33478 or emailing jmclaincpf@bellsouth.net.



Other books by local authors

■ "Journey of a Motherless Child," by Mi Sun — North Palm Beach author Mi Sun was born in South Korea, lost her mom at the age of 3 and came to the United States in 1970 as a pregnant teenager. She has worked as a UPS driver, an upholsterer, and supervised and subcontracted numerous residential construction projects. Her book is \$24.45, including postage, at misuns.com.

■ "Wise Up: Be the Solution," by James L. Casale, Ph.D. — In 1974, Dr. Casale became the first male Florida Teacher of the Year. After more than half a century as an educator, he has written this book to assist parents in becoming their child's first teacher. Dr. Casale lives in Palm Beach Gardens. His book is listed at \$8.50 and is available through Amazon.com and through his website, Ask the Principal, www.asktheprincipal.info.

■ "My Mama and Me," by Crystal Bowman and Teri McKinley — Ms. Bowman, a Palm Beach Gardens resident, and her daughter, Ms. McKinley, wanted to help mothers begin regular devotions and spiritual conversations with their young children with this book of faith-based devotions and activities. List price is \$14.95; it will be published sometime in September by Tyndale House, which publishes the Living Bible and other religious texts. See crystalbowman.com.

■ "Rescue Off Peanut Island," by Jane E. Niebch — The Palm Beach Gardens author pens a rescue story about a 9-year-old girl named Jenna who goes swimming off Peanut Island, gets caught in a storm and is assisted along the way by a dolphin. List price is

\$21.99 for the 28-page picture book; ebook is \$3.99. See www.Xlibris.com.

■ "The Stage Bride," by Jerrica Knight-Catania — Ms. Knight-Catania, who lives in Palm Beach Gardens, has released this book, her seventh historical novel and the last in The Daring Debutantes series, which tell the tales of society girls who find themselves in the middle of adventures. Book is \$3.19 on Kindle, Amazon.com. Or visit jerricas-place.com.

■ "The Cross and the Mask," by James Snyder — Mr. Snyder, a Jupiter author and historian, wrote this historical novel about the interactions between the Spaniards and the natives of Florida. The book is listed at \$24.95; pharosbooks.net.

■ "Odyssey in Exile," by Rolland Doerfer — The author, who lives in West Palm Beach, tells the story of his family during a five-year span in middle 19th-century Baden, Germany. Listed at \$16.99 hardcover, \$12.99 paperback, through friesenpress.com.

■ "Verbal Snacks: A Taste of Short Stories," by Nancy S. Sims — The author's collection is built around pieces that showcase the powerful influence various inanimate objects have exerted on the lives of the characters. List price is \$12; www.nancy-sims.com. ■



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HEALTHY LIVING

First step to repair relationship: Listen quietly without judgment

lindaLIPSHUTZ

llipshutz@floridaweekly.com



Randi devoured the bag of Milky Ways, feeling more disgusted with every bite. She'd put on 15 pounds this past year and already couldn't stand the way she looked in clothes. She knew she'd hate herself in the morning after this binge, but she'd had a huge blow-up with her mother at dinner and had left the restaurant in a fury.

Randi had promised herself that she'd contain herself at dinner. But her mother, Liz, always had so much to say about Randi's poor choice of men to date, or Randi's financial dependence on her parents.

Liz's latest beef was the amount of weight Randi had gained and her worry that Randi's social life would suffer. Randi knew in her heart that Liz loved her deeply and truly believed the ongoing litany of advice was meant to be helpful. But what Liz didn't seem to understand was how deeply the criticism hurt Randi, and the devastating effect it had on her self-esteem.

Invariably, the conversations would deteriorate into screaming matches, with Liz reiterating what a sacrifice it was to help Randi out financially. Liz implied that SHE was the injured party and that Randi was ungrateful and self-absorbed. The more Randi tried to defend herself, the more exasperated and indignant the two of them would become. If Randi didn't apologize profusely and profess undying gratitude, her mother would act wounded and misunderstood. And while Randi genuinely did want a smoother relationship with her mother, frankly, it seemed like things between them were doomed.

We often reach out to our closest family members and friends for acceptance, comfort and emotional support. It can be enormously painful when these relationships are instead fraught with misunderstanding or hostility.

When we feel threatened or insecure, many of us are prone to show a defensive, self-protective side. We may freeze up and withdraw, or become sarcastic and critical. Invariably, we get tangled in a vicious, escalating cycle of accusation and hurt, leaving both parties angry and depleted. In the process, we often lose our ability to approach our loved ones in a manner that will be listened to and heard.

Intuitively, we may know that our loved one does indeed care deeply. But over time, the raw, unbridled and vitriolic exchanges may erode the intimacy and emotional connection. We are left feeling empty and bruised.

If we understand that all of us crave relationships that allow us to feel good about ourselves, and bonds that offer comfort and security, we may gain insight into how we can come through for our loved ones in an important way.

Oftentimes, when loved ones are caught in the middle of a conflict, they become so focused on proving they are right they may lose sight of the bigger picture, and unwittingly create serious damage to the relationship.

Each of us typically has a patterned way of defending ourselves from deep hurt, and are not often aware how we may push away the very people who can offer us solace and support.

And it's human nature to worry about the wellbeing of our loved ones and to fret when we believe they are at risk. It's just that we don't see how our attempts to calm our own anxieties distress the very people we are trying to help. We may take over and ask countless questions, without allowing the other person to answer. Or we may imply that WE know better how the other person should live her life.

It certainly helps if we each take ownership for our role in why the relationship is so distressing. We show enormous courage and humility when we recognize that our own behavior can, in fact, escalate the negativity. It will not be easy for Randi and Liz to reconfigure the entrenched way they relate to each other. It will be important for both of them to recognize that the current interaction has

in why she and her mother had argued. After she thought about her relationship, she realized that she had often called Liz to vent about her problems, and had opened a door for her mother to jump in with unsolicited advice. It didn't occur to Randi that she may have been communicating to Liz that she didn't feel equipped to handle problems on her own. She also began to understand that Liz was a worrier, and jumped in to fix things to handle her own anxieties.

Randi had never found a way to comfortably tell her mother that she not only counted on her for emotional support, but also hoped for a vote of confidence.

Liz, for her own part, was able to listen to Randi non-defensively and was able to share how proud she was of Randi for speaking up. She was also willing to step back to consider why she had been so critical and why she had participated in a cycle of hurtful negativity. Upon reflection, she was able to understand that she had had many insecurities of her own growing up, and had projected a lot of her worries onto the relationship. She made a vow to be more careful with her words, because it was never her intention to hurt her daughter.

Obviously, many reparative gestures will be in order to get this relationship fully on track. Most important will be a genuine commitment to quietly listening, without judgment, to what the other finds important. And as important is a willingness to approach the relationship in a more open, non-defensive way. ■

— Linda Lipshutz, M.S., LCSW, is a psychotherapist. She can be reached at her Palm Beach Gardens office at 630-2827, or at palmbeachfamilytherapy.com. This column originally ran on Sept. 6, 2012.



eroded their pride and self-esteem. Reaffirming how much they mean to each other can be an important first step.

If either of the two is willing to become accountable and to get the ball rolling, hopefully the other will be open to the overture. If the initiator admits she is aware her words and actions have been hurtful, but she's committed to approaching the relationship in a more constructive, loving way going forward, hopefully the gesture will be appreciated. This allows the other to save face and may relieve some of the tension. This premise can become a valuable roadmap that can help Randi and Liz reach out to each other in a more caring way.

At first, Randi felt so justified in feeling hurt and angry she was unwilling to consider that she may have had a role

da Allen at 514-3020 ext. 10.

About Susan G. Komen for the Cure and Susan G. Komen South Florida:

Nancy G. Brinker promised her dying sister, Susan G. Komen, she would do everything in her power to end breast cancer forever. In 1982, that promise became Susan G. Komen and launched the global breast cancer movement. Komen South Florida is working to better the lives of those facing breast cancer in the local community. They join more than a million breast cancer survivors and activists around the globe as part of the world's largest and most progressive grassroots network fighting breast cancer. Through events such as the Komen South Florida Race for the Cure, Komen South Florida has invested over \$14.7 million in community breast health programs in Palm Beach, Martin, and St. Lucie counties. Up to 75 percent of net proceeds generated by the affiliate stays in the South Florida area. The remaining income goes to the national Susan G. Komen Grants Program to fund research.

Luncheon committee members for 2013-14 are Nicole Belmonte, Dina Burg, Carol Cedar, Lew Duberman, Ilene Greenfader, Elyssa Kupferberg, Greg Levy, Roz Minkoff, Frank Reider, Jill Shavitz, Joy Solomon, and Barbara Winter, Ph.D.

For more information, including tickets and donations, visit www.komen-southflorida.org/2013PRL or call Aman-

8th annual Pink Ribbon Luncheon to recognize oral chemo parity

Hundreds of Susan G. Komen South Florida volunteers, breast cancer survivors, co-survivors and supporters are expected at the Eighth annual Pink Ribbon Luncheon on Wednesday, Oct. 9, where they will celebrate oral chemotherapy parity legislation.

While cancer patients in Florida now have access to medication that is often more effective and has fewer side effects, treatment options have changed drastically this year, albeit for the better. To help guide the public, Dr. Louise Morrell, medical director of The Lynn Cancer Institute in Boca Raton, will speak at the event. Joining Dr. Morrell as speakers are Aileen Pruitt, former oral and IV chemo recipient; Michele Donahue, passionate Komen advocate and longtime volunteer; and Andrea Wesley, breast cancer survivor.

"Susan G. Komen South Florida experienced a greater demand on resources this year," said Dayve Gabbard, executive director of Komen South Florida. "The Pink Ribbon Luncheon is a tremendous fundraiser for us and helps support women and men in our service

area who need breast health services. Oral chemotherapy parity will improve quality of life for cancer patients and their families, and we look forward to celebrating this major victory."

The presenting sponsor for the Pink Ribbon Luncheon is Brauman Motorcars Palm Beach. Gold sponsors are First Service Residential and Peter Kalikow; bronze sponsors include Barry I Finkel, P.A. Family Law Attorneys, Boca Raton Regional Hospital, Consolidated Insurance Group, Inc., Devcon Security, Diagnostic Centers of America, Fern Duberman - Special Effects Interiors, Inc., Gregory M. Levy - Kaufman, Rossin & Co., The Brace Shop, Titan International Security Services, Inc., Claire Sheres, and Vivid Diamonds & Jewelry.



"This year's Pink Ribbon Luncheon is dedicated to the monumental shift in how cancer patients choose — and afford — treatment," said Fern Duberman,

chairperson of the event. "The luncheon is an excellent opportunity to support Komen South Florida. We urge the community to join me, my co-chair, Gary Pyott, and the Pink Ribbon Luncheon committee on Wednesday, Oct. 9."

Luncheon committee members for 2013-14 are Nicole Belmonte, Dina Burg, Carol Cedar, Lew Duberman, Ilene Greenfader, Elyssa Kupferberg, Greg Levy, Roz Minkoff, Frank Reider, Jill Shavitz, Joy Solomon, and Barbara Winter, Ph.D.

For more information, including tickets and donations, visit www.komen-southflorida.org/2013PRL or call Aman-

HEALTHY LIVING

Anterior cruciate ligament injuries

larry COOMES

CEO/Gardens Medical Center



If you think a sprained ankle is painful, then you definitely don't want to have an anterior cruciate ligament injury in the knee. It not only gets high marks on the pain scale, but also can take weeks, and even months, to heal. Unfortunately, there are approximately 200,000 ACL injuries and 100,000 surgical ACL reconstructions performed annually.

If you are experiencing discomfort in your knee that is affecting your quality of life, the sports medicine team at Palm Beach Gardens Medical Center is here to help. Our multidisciplinary team uses some of the latest technology to help diagnose and treat sports injuries such as ACL strains and tears. Our team includes internists, anesthesiologists, orthopedic surgeons, nursing, and occupational and physical therapists. Together, with the patient, we develop, collaborate and deliver comprehensive care — from diagnosis through recovery.

The ACL is one of four ligaments that attach the thighbone to the shinbone. It runs diagonally in the middle of the knee and serves two purposes: prevent the shin bone from sliding out in front of the thigh bone and provide rotational stability to the knee. Most ACL injuries happen during sports activities that involve sudden stopping combined with a change in direction while running, jumping, pivoting or overextending the knee. The ACL also may tear following a blow to the side of the knee, such as from a football tackle. About half of ACL injuries occur along with a torn meniscus, the cartilage in the knee between the thighbone and shinbone. A common long-term complication is the early onset of osteoarthritis in the affected knee.

A torn ACL will make a loud popping sound and cause significant pain and

begin swelling within hours of the injury. The knee will continue to feel unstable even after the swelling subsides. If you have injured your knee, you should wrap your knee with an elastic bandage and elevate the joint above the heart, apply ice about every two hours for 20 minutes at a time, and take pain relievers. Avoid moving the knee and do not return to sports or activities until your injury has been evaluated by a doctor.

Diagnosis of an ACL injury usually can be made following a physical exam. However, an X-ray may be done to look for any possible fractures or a magnetic resonance imaging scan can be ordered to look for damage to other ligaments or cartilage in the knee. Treatment will vary depending on the severity of the injury. A partially torn ACL may require going to physical therapy, modifying your activities and using a knee brace. This treatment approach usually will last at least three months.

An ACL that is completely torn cannot be sewn back together. Rather, the ligament can be surgically reconstructed using a piece of tendon taken from another part of the leg. Rehabilitation and wearing a knee brace will be necessary after surgery. Most people are able to return to sports activities in about six months.

To reduce your chance of an ACL injury before you hit the basketball court, head out to the soccer field or sign up for some flag football, you might want to keep these tips in mind:

- Stay in shape year-round and incorporate conditioning exercises into your routine.
- Make sure you use the right gear and that it fits properly.
- Women should strengthen their hamstrings and quadriceps.
- Use proper techniques while participating in sports or exercising.

For more information about ACL and other sports-related injuries, talk with your doctor or visit us online at www.pbgmc.com.

For a free physician referral to an orthopedist near you, call 625-5070 ■

All heartburn meds have side effects

BY PAUL G. DONOHUE, M.D.

DEAR DR. DONOHUE: Is it true that those of us who have to take Prilosec every day are in danger of getting a bone fracture? Should we consider stopping it?

— Anon

ANSWER: We need to give readers a clue to what we're talking about. The subject is GERD, gastroesophageal reflux disease, something most call "heartburn." It's the eruption of stomach acid and digestive juices into the esophagus, a place not built to withstand those powerful fluids.

Proton-pump inhibitors are the most effective suppressants of acid production. There are eight: Prilosec (omeprazole), Nexium (esomeprazole), Prevacid (lansoprazole), Dexilant (dexlansoprazole), Protonix (pantoprazole) and Aciphex (rabeprazole). These medicines have made life livable for people who don't respond to other strategies or medicines for heartburn control.

All effective medicines have side effects. A side effect of proton-pump inhibitors is weakening of the hip bone with possible fracture of it. It's not a

common occurrence. When it happens, it happens to those who have taken high doses of these medicines for five to seven years. As a preventive step, take a proton-pump inhibitor at the lowest dose that controls symptoms and for the shortest time possible. You can resume taking it if and when heartburn returns.

You also can try acid suppressants that don't have this side effect: Tums, Rolaids and Maalox. Don't eat foods that cause you to have heartburn. Frequent offenders are excessive amounts of caffeine, chocolate, alcohol, peppermint, fatty foods, citrus fruits and tomatoes. Or try a different family of acid suppressants. Zantac (ranitidine), Pepcid (famotidine) and Tagamet (cimetidine) are examples.

I wouldn't use the unapproved treatment mentioned in the letter you sent. It appears that its distributor is playing on exaggerated fear.

The booklet on heartburn explains this illness and its treatment in detail. Readers can order a copy by writing: Dr. Donohue, No. 501W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery. ■

Ask The Health & Beauty Experts

ASK THE DENTAL EXPERT



Jay L. Ajmo D.D.S., P.A.,

Board Certified Sedation Dentist
PGA Center for Advanced Dentistry

ASK THE COSMETIC SURGEON



Dr. Douglas Dedo,

Board Certified Facial Plastic and Reconstructive Surgery, Cosmetic Surgery, Head and Neck Surgery and Otolaryngology.

Natural Looking Dentures

Question: What is an immediate denture?

Answer: An immediate denture is the first denture that should be planned prior to removing any teeth. As the name implies, this denture is given immediately after your teeth have been removed, and will transition the patient through the healing phase. This denture should fit comfortably and be cosmetically correct. The main goal of an immediate denture is to allow you to have teeth while your gums heal.

To make a proper-fitting denture requires time, skill and artistry from the practitioner as well as the laboratory. There are several facial measurements that must be considered in order to create a comfortably-fitting, natural-looking denture.

Your immediate denture should not be your final denture. There are too many changes in your facial dynamics from the time your teeth are extracted until your gums are completely healed. In order to incorporate all these changes, it requires the construction of a second or "final" denture to correct them all.

When a final denture is made, your immediate denture can be modified to act as a "spare," in the event that your final denture should become lost or needs to be repaired.

If you want to have a natural-looking smile and the best comfortable fit, a denture that is created to your own unique specifications is the way to go.

Advances in Stem Cells

Question: What are adipose derived stem cells?

Answer: Stem cells are the primitive source of all of our body's tissues. Initially they were harvested from banked human embryos or the products of abortions. These primitive cells can develop into any tissue/organ in the human body from skin to heart muscle. The goal is to be able to repair damaged organs with these omnipotent cells by simply injecting them into the body. After years of research scientists have been able to isolate these primitive cells from a patient's own fat! By simply removing fat as is done in liposuction and incubating the fat with an enzyme, a mixture called stromal vascular fraction is isolated. When injected into the body it becomes a source of stem cells. Patients with painful joints from knees, to hips and hands can now be treated with this product to reduce inflammation and pain. Debilitating chronic lung disease states are responding to not only intravenous transfusions of cells but also to placing them in a nebulizer and inhaling them.

The Florida Stem Cell Treatment Center is an affiliate of the California Stem Cell Treatment Center and is able to use their IRB research protocols and deploy this rich fraction of your fat to treat many new disease states. If you are interested in this exciting new treatment, call Gardens Cosmetic Center for a complimentary consultation or go to California Stem Cell Treatment center on the internet to learn more.

Dr. Jay Ajmo earned his Doctor of Dental Surgery degree from Emory University School of Dentistry in 1986. He is an active member of The American Academy of Cosmetic Dentistry and designated Master Cosmetic Dentist by the Rosenthal Institute for Aesthetic Dentistry.

He's been awarded Diplomate Certification from the International Congress of Oral Implantologists, Diplomate from the American Dental Implant Association and a Mastership from the Misch International Implant Institute. He's a member of The American Academy of Oral Implantologists. Dr. Ajmo is Board Certified in IV sedation and maintains an active membership with the American Society of Dental Anesthesiology.

**Jay L. Ajmo D.D.S., P.A.
PGA Center for Advanced Dentistry**

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Dr. Dedo has been serving the South Florida community for over 35 years and is Triple Board certified in Facial Plastic and Reconstructive Surgery, Cosmetic Surgery, Head and Neck Surgery and Otolaryngology. Dr. Dedo has held leadership positions in the American Academy of Facial Plastic and Reconstructive Surgery, the local hospital community as well as the past President of the Palm Beach County Medical Society. He has written 45 articles and chapters for textbooks and medical journals.

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MONEY & INVESTING

Alternative asset classes worth a look for big-money investors

jeannetteSHOWALTER, CFA
showalter@wwfsystems.com



Most investors are familiar with four types of investments: stocks, bonds, real estate and cash/money market. These four investment asset classes are called the "traditional" asset classes.

While these assets might encompass the investment universe for most investors, they are only part of the spectrum of investments used by institutions and very wealthy investors. While traditional investments constitute the majority of portfolios of the wealthy and institutions, these mainstream investments are accompanied by meaningful allocations to "alternative" investment assets.

Alternative does not imply bad or weird or less desirable, but is so named because it is an "alternative" to traditional assets. As these investments are more complex in their terms and structure, even the sophisticated investor has to spend time understanding each alternative's unique risk/return characteristics.

There are too many alternative investment types to list. However, the largest big-dollar concentration of alternatives is made as equity investments in privately held companies... i.e., ownership in shares of stock that cannot be easily resold as the privately owned company is not traded on an exchange (as are publicly traded equities and bonds).

Most times the company, particularly if it is a start-up company, has not met the requirements to be listed on a stock exchange; however, sometimes, the companies have met the requirements but they choose "privacy" in order to save money spent for tedious and neverending public company regulatory filings and to save money spent

on communications/investor relations.

Another factor further limiting liquidity or resale is that shares cannot be privately sold to just anyone. The SEC requires that investors meet very high financial requirements (high assets or high-income levels) as the SEC seeks to protect smaller investors who cannot assume the risks of opaque and illiquid investments.

As such, the sales of shares in a privately held company must be privately arranged: entrance (to own shares) is private and exit (to sell shares) is private. To most investors who value their ability to sell an asset within a nanosecond at a price established by a large number of buyers and sellers, this illiquidity is unattractive. However, when investors are willing to forego liquidity and breadth of price discovery they can enter a world that seeks to compensate investors for such give-ups.

Some mainstream investors might think, "Well, gee, real estate is plenty illiquid..." True, but these investments take illiquidity to heightened levels... i.e., selling commercial or residential real estate can take months to execute a transaction; reselling a private company's shares sometimes takes years and is at prices that are fractions of a hypothetical fair market value.... as there is no market.

Investments in privately held companies are generally in two forms: a venture capital, or VC, investment or a private equity investment. Beyond their mutual lack of liquidity, there are scant similarities.

VC is generally a "venture" into

something very new: a new, startup company usually with a new technology or service and a new management team that might be relatively young/new to entrepreneurial ventures. All this "newness" generally means high risk. Apple, Google, Twitter are examples of VC. All this "newness" also generally means the time horizon is five or more years before a liquidity event such as sale to a

Try 20-25 VC investments and hope for a similar distribution of financial euphoria, boredom and dismay.

Private equity typically involves buying public companies that have operational or other difficulties: some part of the way they are doing business needs to be changed and being private is the best venue for making the changes. There is no "newness" as the company might be quite old, tired, and hence, needing a new managerial configuration. The risks and rewards of the turnaround will accrue to the owners of the privately owned company. A long time ago, these buyouts would use huge amounts of leverage, called leveraged buyouts, but these days, the equity portion of the capital structure is often 30-40 percent. The gains will come from operational improvements and less from financial leverage gains.

In private equity, there are already plenty of historical financials and the odds of total failure are much lower than VC — and so are the odds of a home run.

So, if you are an accredited investor and you are considering investing in VC or private equity, make sure that you carve out sufficient capital to make multiple allocations, can accept the lack of liquidity and can commit to a five-year time horizon. You can also seek out firms that will allocate your capital to a fund that is invested in many of the same investments. ■



larger entity or going public.

As VC is an idea trying to become a big economic reality, the deals are sold to investors based on a vision for the startup companies' unique products and services. The metrics shown to investors are created out of due diligence — but they are numbers being created around the ideas and people. Clearly, the company is not troubled since it is too new to have gotten into trouble.

If investing in VC, it's best to think in terms of making many VC "bets." Industry pros typically explain that one-third of their VC portfolio will be home runs; one-third will be boring and a "wash" financially; and one-third will be total failures. Does that suggest three VC deals should comprise a VC portfolio?

— Jeannette Showalter, CFA, is a commodities broker with Worldwide Futures Systems, 239-571-8896. Find her on Facebook at Jeannette Showalter, CFA.

leslieLILLY
llilly15@gmail.com



Every now and then, a new phrase creeps into common usage. You start to hear it everywhere. You begin to use it yourself. "Back in the day" has joined this upstart class of the spoken word. The phrase has proliferated in social chitchats like snowbirds on Palm Beach.

The genesis of its popularity is probably attributable to Baby Boomers who are en route at a brisk pace to the state of nostalgia. They have crossed over and into a chronology where there is more history in the past than is likely to be made ahead. This is the nature of aging. The past offers remnants of time important to most seasoned adults but not so much to young people. Young people will not typically make, as a point of observation, any reference to "back in the day" — unless it is a spoiler alert in advance of noting antiquities that bear no relevance to the immediacy of now.

History lessons help compensate for the absence of historical memory in the young. It is not easily their best subject. Intellectual curiosity suffers when confronted by dusty volumes, full of complex stories, starring an abundance

of unmemorable characters, taught by old geezers. A Cliff Notes version makes the experience more palatable. The sacrifice of lesser bits tends to diminish the relevance of history for those deep in the heat of the now. Relevance depends on connecting the events and context of the past to the events and context of the present. Sometimes we do this for ourselves and sometimes others do it for us.

Curiosity helps. It ignites self-directed searches such as exploring the root and branches of your family tree. Details are unearthed about your ancestors that change the way you understand your past and how you think about your present. You alter your self-portrait. As you grow older, you gain the utility of hindsight. Questions occur to you that, in your youth, you never ventured to ask. You search for the substance and details of history that shape your own lifetime. "Back in the day" beckons us beyond nostalgic remembrances toward a search for meaning and moral truth.

Everyone's search is different. Mine began when I understood how little I knew of a time of great foment in American history inclusive to my Southern youth — the period of civil rights movement beginning in the early 1950s, through the late 1960s. This history has power and relevance to the present when seen through the lens of the 50th year anniversary of movement commemorations: The Brown v. Board of Educa-

tion decision, the Montgomery bus boycott, the murder of Medgar Evers, the Birmingham church bombing and the March on Washington are among the many. The anniversaries starkly remind of the racial hatred that haunted these times, destroying lives, murdering innocents, and shaking the country's democratic ideals to their core. Though the anniversaries commemorate events of a half century ago, their memory is not about the past. They are tolling bells that somberly herald the occurrence of events and issues that transcend the past; and, to this long, sorrowful peal of historical sound and fury, we add the shooting death of Trayvon Martin.

Black Philanthropy Month was last month. An associated article recounted how, in late 2003, dialogues were kicked off throughout the South among young African American professionals to discuss how they could individually and collectively give of their time, skills and financial resources to improve their communities. In Birmingham, Ala., where the modern civil rights movement began, African Americans created the Birmingham Change Fund. The relevance of history to a younger generation inspired new opportunities to make a difference.

Recent marches, rallies and church and community meetings in Palm Beach County continue to highlight the present inequities in the judicial system and

the negative stereotypes faced by black men and boys. When racial trouble stalks our present, we remind ourselves of the shameful disparities suffered by African Americans fifty years ago. We affirm hope with acknowledgement of how far we have come and the progress made since those times. Nonetheless, the bitter truth is, despite the terrible costs of inequality affecting millions of African-American families and so many others, we have only gotten just this far, and no further. Racial equity is not an issue of "back in the day." We are at the confluence of the "then" with the "now" that sets the stage for unprecedented change. Let's hope we get there. ■

— Leslie Lilly is a native Floridian and the immediate past president and CEO of the Community Foundation for Palm Beach and Martin Counties. Her professional career spans more than 25 years in the charitable sector, leading major philanthropic institutions in the South and rural Appalachia. She has written and spoken frequently on issues affecting charitable giving and the non-profit community and is recognized nationally and in Florida for her leadership in the community foundation field. She resides with her family and pugs in Jupiter. Email her at llilly15@gmail.com and follow Lilly on Twitter @llilly15.

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Get Back to Living Your Life.



Try these five great financial freebies

There are financial products and services to be had, but consumers may have to shell out money to get some of them.

The September 2013 issue of Shop-Smart magazine, from Consumer Reports, features an up-close look at five truly free financial products and services including checking accounts and tax filing.

Checking accounts

Truly free accounts are getting harder to find, but there are still some available without minimum-balance rules to follow and no monthly fees. Consumers are most likely to get them at credit unions, small or Internet banks and brokerage houses. For example, two online banks, Ally and Schwab, offer free checking accounts plus free checks, zero ATM fees and interest (though puny) on a balance.

Personal-finance help

Some free budgeting programs can help set short- and long-term financial goals and create a spending plan that will help consumers meet these goals. Mint (www.mint.com) has ads but it's easy to set up and navigate a plan; Yodlee (www.yodlee.com) is clunkier but has more features and no ads.

Retirement money

Some employers match funds that employees contribute to their 401(k).

Consumers whose 401(k) is maxed out should consider a Roth IRA if it is offered by their employer. There is no tax break on investments, but withdrawals, including earnings, are free from federal tax if they are taken on or after the age 59 ½ and the borrower held the Roth IRA for more than five years.

Trip insurance and other perks

Credit cards may offer free trip insurance that might come with other perks, such as price protection (meaning the card issuer will refund the difference if a better deal is found on something recently bought) and coverage of items purchased on the card that are lost or damaged within a limited time. Check the card's terms to see what it offers and read the fine print for restrictions.

Tax filing

At FreeFile on the IRS website, there's no charge to prepare and file federal taxes. But one version on FreeFile has income limitations that are updated annually. This year it was available to households with a 2012 adjusted gross income of \$57,000 or less. Other services, such as Express1040, FreetaxUSA, TaxACT, and TurboTax Federal Free Edition, offer free tax preparation and filing for federal returns that are relatively straightforward. ■

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BUSINESS

WEEK OF SEPTEMBER 5-11, 2013

PALM BEACH COUNTY COMMERCE

ATM skimming, card scams cost consumers

SPECIAL TO FLORIDA WEEKLY

ATM card skimming is an ongoing problem. Thankfully, few crimes are on the scale of the recent theft of \$45 million from ATM machines in 26 countries, accomplished through hacking and deletion of withdrawal limits. However, there are more and more smaller scale ATM scams impacting consumers virtually every day. These may range from hacking into financial systems to installing false card reading devices at point-of-sale terminals.

Before getting money out at the ATM or filling up your gas tank, the Better Business Bureau advises consumers to protect PIN numbers and take a minute to inspect the machine before swiping a credit or debit card.

"Identity theft is a crime that happens often without you even knowing and can affect you in many ways," said Judy Pepper, president and CEO of the Better Business Bureau serving Central Florida. "Identity thieves can ruin your credit, making it difficult to get a loan for a car, mortgage or even college. It is important to protect yourself."

To help reduce ATM skimming, here are some tips:

■ Inspect the ATM — Avoid using ATMs in poorly lit or low trafficked areas. Experts often recommend choosing a bank ATM over stand-alone ATMs in public places. Look for new or sus-

piciously placed cameras and unusual signage. Don't hesitate to walk away and use another ATM if something appears out of the ordinary.

■ Protect your PIN — When entering your PIN, cover the keypad with your other hand to protect your private information from any potential cameras in the vicinity. Periodically change your PIN.

■ Monitor your statements — Even the most careful person can fall victim to skimmers. Keep a close eye out for suspicious charges on the itemized breakdown of your accounts. Through your financial institution, you can also sign up for alerts that will notify you when certain types of transaction occur.

■ Report fraud immediately — Report any fraudulent activity to your bank as soon as you discover it. Consumer protections for debit and credit cards vary but depend largely on when the fraudulent activity is reported. If you wait too long to report the fraud, your bank account could be cleaned out and your bank might not reimburse you.

■ Consider using an RFID sleeve — Many credit/debit cards and driver's licenses contain RFID chips with personal data. By using this sleeve, you can keep your personal data secure by preventing unauthorized access.

If you experience or have experienced a scam, report it to your local BBB at www.bbb.org. ■



Trade opportunities available for WPB construction project

Palm Beach County along with the Convention Center Hotel development partner The Related Companies and the contractor Coastal Construction have announced a general information meeting for certified and Palm Beach County-based small business owners. The meetings will take place on Sept. 9 and 10 from 3 to 5 p.m. at 560 Okeechobee Blvd., West Palm Beach.

As a function of the construction project, these meetings are being provided to inform Palm Beach County small businesses of the project requirements and the more than 60 trades opportunities associated with constructing the hotel. Palm Beach County has a 15 percent Small Business Enterprise participation goal established for the project.



The planned Hilton Hotel, housing 403 guest rooms, two ballrooms, and 13 meeting rooms, will be located adjacent to the convention center with its main entrance on Florida Avenue. The project also will include a two-story parking garage east of the hotel and south of the existing CityPlace South Tower condominium.

Project partners are hoping to obtain site plan approval this fall, with a groundbreaking to occur by the end of the year. It is anticipated that the hotel will open in the third quarter of 2015.

Palm Beach County estimates that the project will create more than 1,500 construction and tourism jobs and contribute more than \$1 billion to the local economy over 10 years. ■

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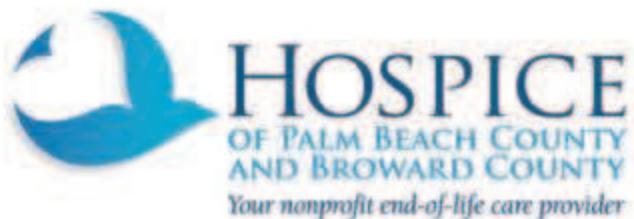
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Bruce Lewis shares his family's experience.

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Gardens florist to give away free roses for FTD Good Neighbor Day

A Palm Beach Gardens business is providing a unique opportunity to spread kindness, make new friends and get free stuff.

Flower Kingdom is looking to generate goodwill and bring people together during the 19th annual FTD Good Neighbor Day event on Wednesday, Sept. 11. Beginning at 9 a.m., Flower Kingdom will give away a dozen roses for free to everyone who visits the shop, while supplies last. Flower Kingdom is at 4410 Northlake Blvd., Palm Beach Gardens.

However, there is one catch. Dhiren Pathak, the owner of Flower Kingdom, asks that anyone who picks up a dozen free flowers keep only one flower and give the others away to 11 different people — spreading goodwill and friendship in the community.

"We hope that the people of Palm Beach Gardens will be able to get acquainted with new people or will renew an old friendship during FTD Good Neighbor Day," said Mr. Pathak. "We hope to help create a friendlier, more caring and compassionate world,

starting right here in Palm Beach Gardens."

Flower Kingdom, a family-owned and operated business since 1986, carries flowers, green and blooming plants, dried and silk arrangements, gifts and novelty items, balloons, stuffed animals, and gift baskets for any occasion. The local business has participated in FTD Good Neighbor Day for 15 years.

FTD Good Neighbor Day is being celebrated for the 19th year throughout the United States and Canada at participating FTD floral shops as a day of celebrating goodwill toward all people. This year's event falls on Patriot Day, the perfect day to spread some cheer and celebrate local heroes. It is expected that hundreds of FTD Florists in North America will participate in this year's FTD Good Neighbor Day event, giving away millions of free flowers.

For more information, call 627-4200 or visit www.flowerkingdom.com. ■



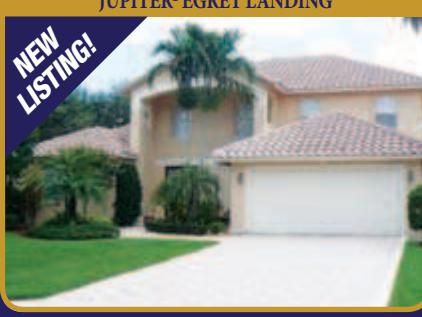


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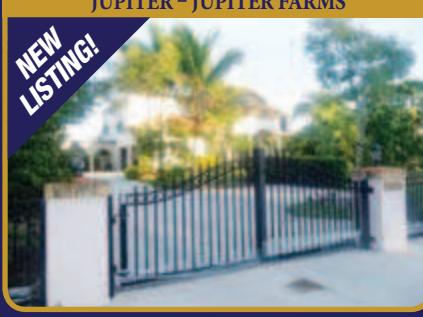
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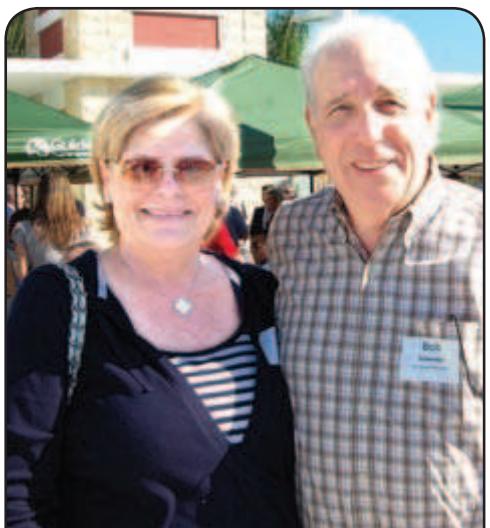
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DOWNTOWN

The advertisement features two women standing next to large, metallic letters spelling "DOWNTOWN". The woman on the left is wearing a yellow and white striped dress and high heels, while the woman on the right is wearing a black and white striped dress and yellow shoes. The background is a light-colored brick wall.

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KOVEL: ANTIQUES

Canes offer support and surprises

terryKOVEL

news@floridaweekly.com



The first cane probably was just a strong stick, but by the 19th century a cane was a fashion accessory and sometimes hid a tool. The heads of canes were made of wood, ivory, gold or silver, leather, pewter or por-

celain, sometimes with inlay and precious gems. Canes with a carving of a political candidate's head were used until Franklin Roosevelt objected — because he was disabled. At recent antiques sales, there have been some very unusual canes. Some hid weapons. Sword canes are familiar because of movies. But few know there are canes that held parts of a gun, including ammunition — a hidden arsenal. Another was a blow gun that could "shoot" bullets. A woman's cane had a short knife blade to use for protection.

A "flicker" cane was made so a short blade could pop out of the handle. Most deadly was the "Diabolique," a cane outlawed in France. If someone tried to pull the cane, a set of spikes popped out of the shaft wounding the attacker's hand. Tap the cane on the ground and the spikes disappeared.

Most canes are less threatening. There is a cane handle covered in carved grapes that unscrews to reveal a corkscrew. Another, a bamboo cane, has a horse-measuring ruler inside. One held supplies for a writer —

pens, paper, inkwell, penknife, sealing wax, a candle and matches. Another held a woman's accessories, including tweezers, nail picks, buttonhook, crochet needle, bottles and fan. Any of these canes sell for thousands of dollars today. ■



This cane has no hidden features. It's a folk art cane with a handle carved in the shape of a pig's hoof. It sold for \$240 at a Cowan's auction in Cincinnati in July 2013.



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REAL ESTATE

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A GUIDE TO THE REAL ESTATE INDUSTRY

WEEK OF SEPTEMBER 5-11, 2013



A Delray cottage that's just beachy



SPECIAL TO FLORIDA WEEKLY

This spacious one-story home in Delray Beach was originally designed in 1949 by architect Sam Ogren Sr.

The home, named Happy Hill, currently has its second set of owners, who have carefully renovated, updated and added onto the original cottage using top Delray Beach architect Richard Jones.

Mr. Jones has kept intact the charm of an older beach house while updating the home with modern amenities.

Fine details and updates throughout include custom millwork, all new wiring, plumbing, roof, AC, hurricane impact doors and windows, hardwood floors, natural gas and plantation shutters. Happy Hill sits at the end of Sandpiper Lane, a half-block to beach access at the north beach in Delray and just two blocks to Atlantic Avenue.

Fite Shavell & Associates lists the home at \$1.925 million. The agent is Val Coz, 386-8011, or vcoz@fiteshavell.com. ■

The Internet is a great real-estate tool, but it's just a tool

**heather
PURUCKER BRETLAFF**



Research shows that 90 percent of all homebuyers start their real estate search online.

I believe this is true and I may even argue that the percentage could be much higher. Years ago, clients had to rely solely upon their agent to inform them of the properties on the market.

Today, there are so many tools for buyers and sellers on the Internet that it can be mindboggling. Realtor.com, bankrate.com, trulia.com and hundreds of other real-estate websites did not exist years ago, and these sites carry important tools for the entire industry. However, licensed real estate agents carry more knowledge than any website could ever provide regarding immediate markets as they are the professionals in the business.

Don't be fooled — the Internet is a powerful tool for agents as well.

When searching properties, a buyer can let us know some of the properties they prefer and others they do not feel will fit their needs. It helps us to advertise our listings through our own company websites, real estate-linked sites, and social media. It also helps with comparables when listing a property or negotiating a sale.

Licensed real estate agents can provide clients with multiple statistics that are all very valuable tools — statistics not otherwise available to the general

public.

In contrast, however, the Internet is not touchable — you can't feel the ambience of the property or home and you certainly can't talk to an agent in person regarding details and history of the home. The Internet is only as effective as the information given, so at times it can offer outdated information, inaccurate photographs, and incorrect pricing or square footage.

I had a client recently who would email me every morning with new properties, some of them that he had already seen but did not really realize. Then he would look on the property appraiser's website and convince himself that all the properties for sale were overpriced because the appraised value from the tax assessor's office was less than list prices on homes.

He would base his decision on viewing from the Internet sites and decided not to see several homes that actually fit his criteria, but the photos were not the best representation so he decided to pass.

I went along with his requests after strongly suggesting that we should see homes even if he did not like the way they looked on the Internet. He disagreed with me, so we continued to look based on "Internet only" information for about three weeks. His comments were exactly what I expected. His expectations from searching on the web were so high that he became disappointed when a property was not exactly what he anticipated.

Finally, viewing a home that did not meet any of his criteria, in addition to being priced higher than he wanted, I had a very frank conversation with

him. I basically forced him into taking a week solely for the purpose of looking at properties I suggested based on what I knew about his family, lifestyle and visions for his new home. Reluctantly, he agreed.

I chose not to send my client any information prior to our showings so



he would not have as many expectations or preconceived ideas of what to expect. He was looking for a waterfront home that did not need a lot of remodeling, but he was willing to make a few sacrifices if the price and location met his needs.

We spent two days viewing homes and then revisited two he had liked in the past three weeks.

He had more options on the water than other waterfront buyers because he did not own a boat and was not concerned about the depth of the water or any bridges. He just wanted a beautiful, peaceful view.

The first home I showed him, he previously took off his list because he thought the master bath and kitchen

photos were unappealing.

I persuaded him to see it and he was more than pleasantly surprised. The home did need a new kitchen and some updating in the master bath, but the view from each room of the house was amazing. The overall floor plan of the home met his family's needs perfectly and the location was very private and secluded. He decided to move on and keep looking, but this home became the comparable one for all others.

Simply put, another week passed and he had not found anything that compared. So, he decided to submit an offer. He will be moving next month, and his family relocating from New York is very excited. This home was marketed on all the national websites and also in print advertising. He never thought to take a look at it because the photos that he viewed were poor quality and there was barely any description of the home. These are two areas where the Internet can help or hurt a sale, but in the end he based his decision on my guidance and having the ability to view the actual home to see what it had to offer.

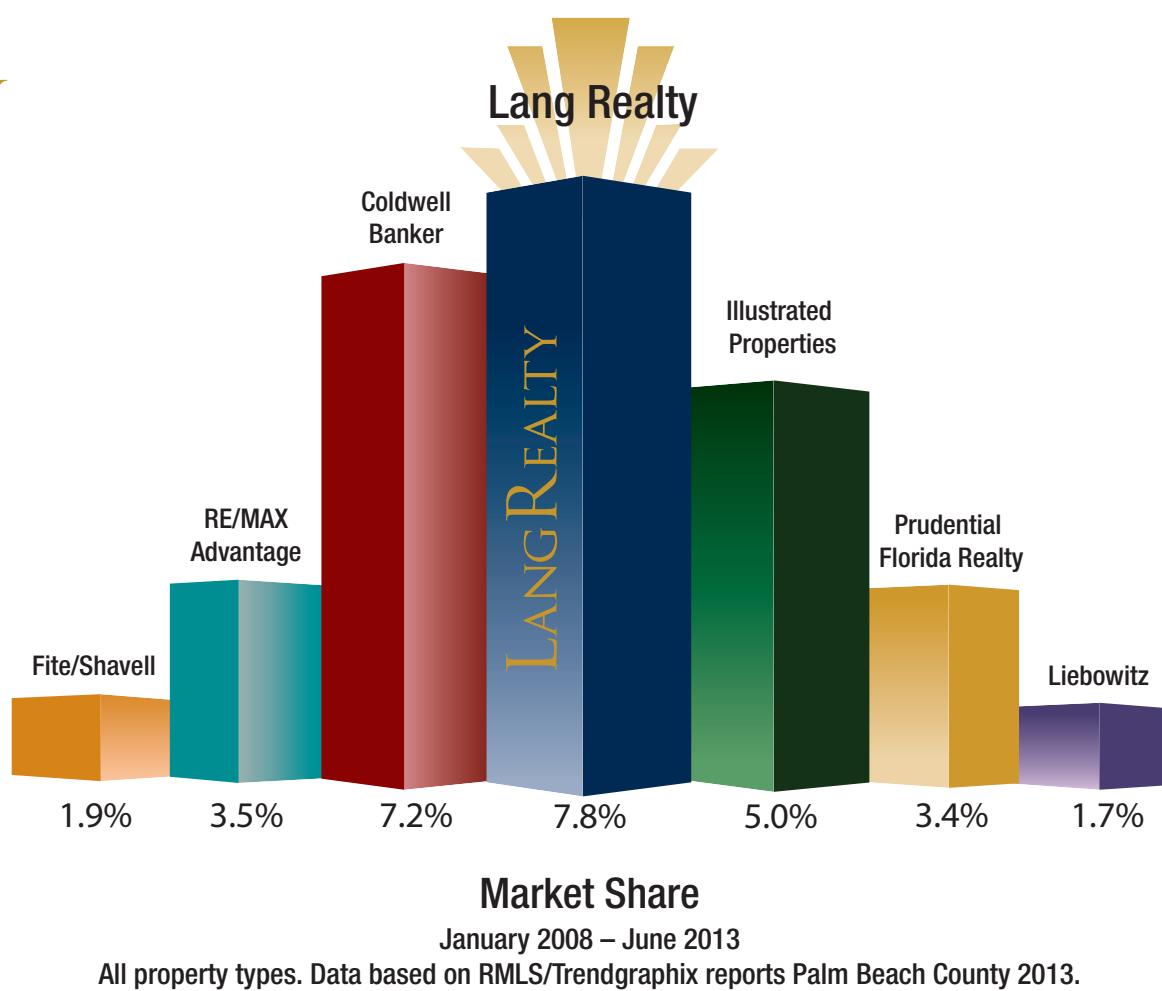
I am a big fan of the Internet. In fact, my husband and I are in the process of designing our own website. But don't ever forget to listen, touch, feel and ultimately try to keep it real when purchasing or selling your home.

We are in the age of the web, but a personal touch still makes a major difference. ■

— Heather Purucker Bretzlaff is a broker and Realtor Associate at Fite Shavell & Associates. She can be reached at 722-6136, or at hbretzlaff@fiteshavell.com.



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Rita@RitaBoesky.com



Jessica DesPlaines
561.202.7061
JKDesplaines@gmail.com



Tina Hamor
561.703.7624
TinaHamor@comcast.net



Lisa Machak
561.951.9514
Lisa@LisaMachak.com



Margot Matot
561.707.2201
MargotMatot@yahoo.com



Candace McIntosh
561.262.8367
Mcintosh5755@bellsouth.net



Juliette Miller
561.310.7761
JulietteMiller1@gmail.com



Dan Millner
561.379.8880
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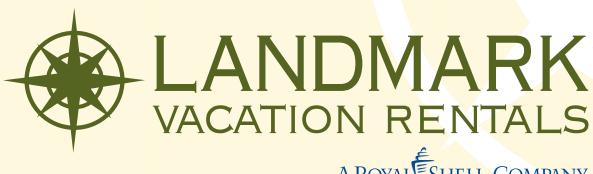


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WEEK OF SEPTEMBER 5-11, 2013

A GUIDE TO THE ARTS & ENTERTAINMENT SCENE

deconstructing STUFF

Toronto photographer Todd McLellan disassembles objects in 'Things Come Apart'

BY NANCY STETSON

nstetson@floridaweekly.com

TODD MCLELLAN LIKES TO TAKE things apart.

The first time, he was around 5.

He wanted to know what the interior of his small toy car looked like.

So he took a hammer to it.

"The gist of it was getting into the interior part of the car," he says. "I didn't care what it looked like (afterwards).

"I got into a bit of trouble for it," he admits.

The next time, he was 11 or 12.

He was intrigued by the stereo unit his parents had brought home.

"I took it apart, the shell of it, to look at the insides," he says. "I didn't take it apart completely."

As an adult, Mr. McLellan continues to take apart things, only now, he completely disassembles them down to the very last bolt, screw and pin. The objects have become more advanced, too, as sophisticated as a laptop and as complex as an upright piano.

In 2009, he began photographing the disassembled objects.

SEE APART, A33 ►



<< Smartphone, 2007; BlackBerry; component count: 120

Maltz breaks records for subscriptions, single-ticket sales

SPECIAL TO FLORIDA WEEKLY

The Maltz Jupiter Theatre is breaking records and its season has not even begun.

The theater exceeded 7,537 subscribers for its 2013-14 season, billed as "Your Ticket to Great Entertainment." On its first day of single-ticket sales, the theater also posted a record \$102,000 in sales, the most ever earned in a single day. The previous record was \$57,000.

"Our 2013-14 season-ticket sales represent a milestone for the Maltz Jupiter Theatre, and we believe these sales are a testament to the outstanding artistic excellence that our patrons have come to expect," the theater's produc-

ing artistic director, Andrew Kato, said in a statement.

The record-breaking sales come as the Maltz is preparing to reopen after renovations and an expansion that will add 62 new seats that will be part of an upstairs club level lounge. This second-floor renovation will include a private entrance, glass elevator, and expanded lobby, bar and restrooms, all adjacent to the new seats. Additional executive offices also will be added to this floor.

The theater is expanding and upgrading the downstairs lobby, increasing restroom capacity and adding a stand-alone family restroom. The theater's expansion followed a \$2.5 million campaign headed by Jupiter resident and

founding board member Roe Green and the Roe Green Foundation and other donors, with construction set for completion in mid-October.

The season will begin with "Dial M for Murder" (Oct. 27-Nov. 10), a murder mystery. After that will come "Annie" (Dec. 3-22), the Tony-winning musical celebrating a certain comic-strip orphan. Next is "A Chorus Line" (Jan. 14-Feb. 2), the Tony Award-winning musical. After that is the drama, "Other Desert Cities" (Feb. 16-March 2), which follows a young novelist as she returns home to Palm Springs for the holidays and threatens to expose family secrets. The Maltz closes out its season with "The King and I" (March 18-April 6).

Tickets also are on sale for the theater's annual series of concerts, comedy shows and more. Look for the return of "Through the Looking Glass" (Nov. 15-16). New shows include the acrobatic troupe Cirque Zuma Zuma (Jan. 2), the smooth sounds of the Masters of Motown (Jan. 20) and the magic show Spencers Theatre of Illusion (Feb. 4).

Single-show ticket prices start at \$52. The theater also is offering two subscription plans, the four-play and the five-play. Subscriptions begin at \$187. Groups of 20 or more receive an additional discount. ■

— Subscriptions and tickets to all shows may be purchased at 575-2223 or at www.jupitertheatre.org.

SANDY DAYS, SALTY NIGHTS

A very thin line

artisHENDERSON
sandydays@floridaweekly.com

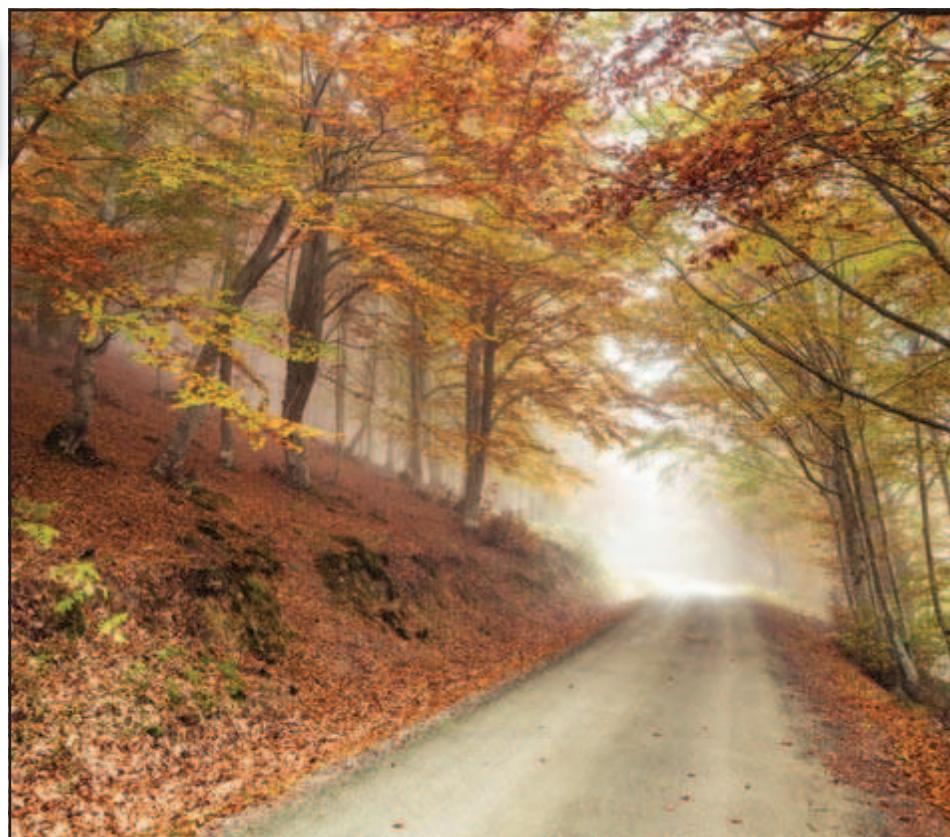


Nobody who writes for a living imagines they will be rich. Most of us have moderate financial goals that include paying this month's rent and, hopefully, the next's. All of the writers I know hold down an assortment of jobs — they edit for magazines, they teach at universities, they work on copywriting — because it takes an odd mix to pay the bills.

The writing life is glorious, but it's also a slog. Which is why so many writers are grateful — hugely, immensely grateful — to the organizations and institutions that cut us a break: the no-charge writing residencies, the fellowships that let us pursue our own projects, the grants that enable time off from our pieced-together work schedule. We are so very thankful to these patrons of the arts.

So when I received an e-mail last week from a man I'd met over the summer offering to fund my stay at a writing residency in Spain, I was initially appreciative. All expenses paid? At an old stone villa with a swimming pool and lemon trees and an olive grove? And all I had to do was show up? Yes, please.

But before I sent my delighted confirmation I had a moment of reflection. Nothing is free — that's for damned



sure — especially not when it comes to relations between the sexes. Of course the patron would also be staying at the Spanish villa. Did I really think all I had to do was pack my bags?

Journalist Ruth Padawer wrote a brilliant piece for the New York Times Magazine several years ago that tackled

this issue. She explored a website, Seeking Arrangements, that put wealthy men in touch with young women who were willing to provide a certain, though not always sexual, companionship. In exchange, these women received cash gifts, designer purses and expensive jewelry.

On first blush, the Seeking Arrangements set-up looked like classic prostitution. But the article rightly addressed the bigger questions the arrangements asked about our modern relationships.

"In the early 1900s, courtship shifted from girls' porches or parlors to a commercial venture: a date. Etiquette manuals of the time were explicit — boys were to pay for meals, entertainment and transportation, and in return, girls were to provide well-groomed company, rapt attention and at least a certain amount of physical affection. His money bought not only companionship but also her indebtedness."

This trend continues today.

We still expect men to pick up the tab and women to offer something in exchange. If it's true that men use money as leverage in a relationship, then it's also true that women allow and encourage it.

One young woman interviewed for Ms. Padawer's article asked, "You know with a sugar daddy that they're spending a lot of money on you and they clearly want something in return, but is that really any different than how it is with a boyfriend?"

Or a patron?

The concerns raised by the article ran through my mind as I evaluated the offer I had received. I thought of the very thin line I was toeing. I considered my values, my self-worth and the thousand odd jobs I work. And then I thought: Spain would be beautiful in the fall. ■

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Louise Pitre bows out; Susan Egan in at Kravis Center



COURTESY PHOTO
Tony-nominated singer/actress Susan Egan will replace Louise Pitre's "La Vie En Rouge" at the Raymond F. Kravis Center for the Performing Arts in January.

Because of a scheduling conflict, the Raymond F. Kravis Center for the Performing Arts announced the cancellation of Louise Pitre and her Edith Piaf tribute "La Vie En Rouge," that was scheduled for Jan. 29-30 in the Helen K. Person Hall.

The show is being replaced with "Susan Egan — The Belle of Broadway," also in Person Hall but now on Thursday and Friday, Jan. 30-31.

Susan Egan earned a Tony nomination as Broadway's original Belle in Beauty and the Beast, and she also originated

starring roles on The Great White Way in "State Fair" and "Triumph of Love." In addition, she played Sally Bowles in "Cabaret" longer than any other actress. Critics have hailed her as "divine" and "electrifying," and in this memorable cabaret style show, Ms. Egan will perform tunes and tell amusing anecdotes from her stellar stage career. Jane M. Mitchell is sponsoring the performances.

Tickets for "Susan Egan — The Belle of Broadway" start at \$35 and are available for purchase now by Kravis Center donors. Membership begins at \$75. For more information about becoming a donor, call 651-4320 or visit www.kravis.org/membership.

The Kravis Center will hold its Public Ticket Sale Day beginning 9 a.m., Sept. 28 at 701 Okeechobee Blvd., West Palm Beach. At that time, tickets will also be available for purchase online at www.kravis.org, or by phone at 832-7469 or (800) 572-8471. ■

CONTRACT BRIDGE

Nobody plays perfectly

BY STEVE BECKER

The best players in the world bid and play their cards consistently well, whether they are declaring or defending. This is not to say, however, that they never make a mistake.

Consider this deal played in a high-level team championship. At the first table, South got to three notrump on the bidding shown, and West led the deuce of spades. East falsecarded very smartly by winning the trick with the king instead of the queen and returned a low spade at trick two.

This play presented declarer with a difficult guess. Unfortunately, he guessed wrong by playing the nine instead of the jack. As a result, he went down one, making only eight tricks rather than the 12 he could have made by playing the jack. Declarer's play of the nine was certainly reasonable and would have succeeded if East had held, say, the A-K-10-5-4 instead of the A-K-Q-5-4.

The contract at the second table was also three notrump, and again the opening lead was the spade deuce. But here East took the first trick with the queen before returning a low spade at trick two. Declarer stewed for a long time before finally deciding to put up the jack, and as a result he finished with 12 tricks.

Regardless of what you might think of South's play at trick two at the first

North dealer.
East-West vulnerable.

NORTH

♦ 6
♦ 8 4
♦ K Q J 10 6 5
♣ K J 10 7

WEST

♦ 10 8 2
♦ J 10 9 6 2
♦ 9 3
♣ 8 4 2

EAST

♦ A K Q 5 4
♦ Q 7 3
♦ 8 4 2
♣ Q 5

SOUTH

♦ J 9 7 3
♦ A K 5
♦ A 7
♣ A 9 6 3

The bidding:

North	East	South	West
1 ♦	1 ♠	2 ♣	Pass
3 ♣	Pass	3 NT	

Opening lead — two of spades.

table, or East's play at trick one at the second table, the fact remains that the final contract at both tables was decidedly inferior. Five diamonds and five clubs would both have been better contracts than three notrump, and a slam in either minor could have been made by guessing the location of the queen of clubs. ■

PUZZLE ANSWERS



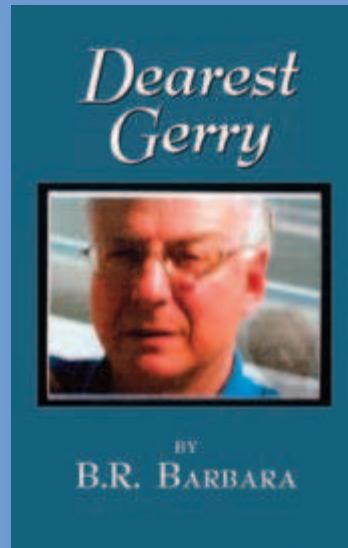
6	8	2	5	9	7	1	3	4
5	9	3	1	4	2	6	7	8
1	7	4	8	3	6	5	9	2
8	3	5	9	7	4	2	6	1
2	6	1	3	5	8	9	4	7
7	4	9	2	6	1	3	8	5
3	1	7	6	8	5	4	2	9
4	5	6	7	2	9	8	1	3
9	2	8	4	1	3	7	5	6

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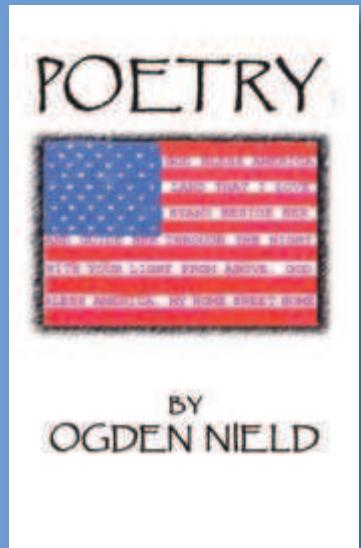
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WHAT TO DO, WHERE TO GO

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At The Bamboo Room

The Bamboo Room is at 15 S. J St., downtown Lake Worth. Call 585-BLUES or visit bambooroomblues.com.

■ Ben Prestage — 9 p.m. Sept. 6. Tickets: \$7 advance, \$10 at the door

■ Iron Mike Norton/The Demian Band — 9 p.m. Sept. 7. Tickets: \$10 advance, \$13 at the door

At The Colony Hotel

155 Hammon Ave., Palm Beach. Call 655-5430 or visit www.thecolonypalmbeach.com

■ The Polo Lounge — Tommy Mitchell pianist Tuesday through Thursday evenings; Motown Friday nights with Memory Lane; the Mel Urban Trio Saturday nights.

At The Cruzan

South Florida Fairgrounds, 601-7 Sansbury's Way, suburban West Palm Beach. 795-8883, www.cruzanamphitheatre.net.

■ Jason Aldean and Thomas Rhett — 7 p.m. Sept. 7. Tickets: \$37-\$452

■ John Mayer and Phillip Phillips — 7:30 p.m. Sept. 8. Tickets: \$50-\$975

■ Honda Civic Tour with Maroon 5, Kelly Clarkson and PJ Morton — 7 p.m. Sept. 14. Tickets: \$48-\$3,500

At Cultural Council

Cultural Council of Palm Beach County is at 601 Lake Ave., downtown Lake Worth; 471-1602 or palmbeachculture.com.

■ County Contemporary: All Media Juried Show — Through Sept. 7

At Dramaworks

Palm Beach Dramaworks' Don & Ann Brown Theatre is at 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2, or visit www.palmbeachdramaworks.com. Individual tickets go on sale Sept. 16.

■ "Of Mice and Men" — Oct. 11-Nov. 10

■ "The Lion in Winter" — Dec. 6-Jan. 5

■ "Old Times" — Jan. 31-March 2

■ "Dividing the Estate" — March 28-April 27

■ "Tryst" May 16-June 15

At The Eissey

The Eissey Campus Theatre is at Palm Beach State College, 11051 Campus Drive off PGA Blvd., Palm Beach Gardens. 207-5900; www.eisseycampustheatre.org.

■ "Duetto" — Painting Exhibition by Debra Lawrence and Robin Neary, through Oct. 9. Gallery hours: Monday-Friday 10 a.m.-5 p.m. and during performances.

■ People to People Student Ambassador Programs — An educational information meeting by Ambassador Programs Inc. 2 p.m. and 4 p.m. Oct. 6. Free. RSVP to 1-800-669-7882 or www.ptprsvp.com or www.peopletoppeople.com



Don't miss John Mayer at the Cruzan Amphitheatre in West Palm Beach, on Sept. 8.

At The Lighthouse

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$9 adults, \$5 children ages 6-18; children under 6 and active U.S. military admitted free. 747-8380, Ext. 101; www.jupiterlighthouse.org. Children must be at least 4 feet tall to climb. Tours are weather permitting, call for tour time. RSVP required for tours, 747-8380, Ext. 101.

■ Lighthouse Sunset Tour — Sept. 6, 11, 20, 25. Sunset. \$15 Members/\$20 Non-Members. RSVP required, 747-8380, Ext. 101.

■ Hike Through History — Sept. 7, Oct. 5, Nov. 2, Dec. 7. This two-mile trek passes through historic points of interest on the 120-acre Jupiter Inlet Lighthouse Outstanding Natural Area. The hike departs from the flagpole at the Jupiter Inlet Lighthouse and is weather dependent. Program is open to adults and children. Minimum age 5, ages 13 and under must be accompanied by an adult. Hikers footwear, active wear, a hat, and a full water bottle or canteen should be carried. Admission is free but space is limited; RSVP required. 747-8380, Ext. 101.

At The Lake Park Public Library

Lake Park Public Library is at 529 Park Ave., Lake Park. All events are free. 881-3330.

■ Super Hero Hour — 3:30 p.m. Thursdays. Ages 12 and under.

■ Adult Writing Critique Group — Saturdays 10:30 a.m.-1 p.m. 16 years and up.

■ Anime — 6-7 p.m. Tuesdays. Ages 12 and up.

At The Lake Worth Playhouse

The Stonzek Theatre is at 709 Lake Ave., Lake Worth. Playhouse: 586-6410; Films: 296-9382. www.lakeworthplayhouse.org.

■ Films — Now through Sept. 5: Sept. 6-12: "Computer Chess" and "Ain't Them Bodies Saints."

■ Other events — Sept. 21: Divas On Stage; \$15. Sept. 27-29: LDUB Film Festival; \$9-\$30. Oct. 3-8: Two one-act plays by Woody Allen, "Riverside Drive" and "Central Park West"; \$15. Oct. 23: Comedian Lisa Landry; \$26-\$30.

John D. MacArthur Beach State Park and Nature Center is at 10900 Jack Nicklaus Drive, North Palm Beach. 624-6952 or www.macarthurbeach.org.

■ Nature walk — 10-11 a.m. daily; Animal feeding — 11 a.m. weekends in the Nature Center.

■ Guided Snorkeling Tour — 10 a.m.-noon Saturdays.

■ Bluegrass music — With the Conch Stomp Band, 2-4 p.m. Sept. 8.

At The Mos'Art

The Mos'Art Theatre is at 700 Park Ave., Lake Park. Call 337-OPOD (6763) or visit www.mosarttheatre.com.

■ Films: Sept. 5: "Twenty Feet From Stardom" and "Fill the Void." Sept. 6-11: "Ain't Them Bodies Saints" and "La Camioneta."

■ Ballet: "Le Corsaire," by the Bolshoi, 1:30 p.m. Sept. 8.

■ "Into the Woods" Fri. Sept. 20, 7 p.m.

At North Palm Beach Library

303 Anchorage Drive, North Palm Beach; 841-3383, www.npblibrary.org.

■ Knit & Crochet — 1-3 p.m. Mondays

■ Kids Crafts ages 5-12 — 2 p.m. Fridays

At Palm Beach Improv

Palm Beach Improv is at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach; 833-1812 or palmbeachimprov.com.

■ Chandelier Status Weekend Starring Sommore — Sept. 6-8. Tickets: \$25

■ Louie Anderson — Sept. 13-15. Tickets: \$22.50

At Science Center

The South Florida Science Center and Aquarium, 4801 Dreher Trail N., West Palm Beach. 832-1988 or visit www.sfsom.org.

■ "Savage Ancient Seas: The Ancient Aquatic Deep" the water world of the late Cretaceous period. Now through Sept. 16. Tickets: Adults \$11.95.

■ Science Nights — 6-9 p.m. the last Friday of the month. Sept. 27

Fresh Markets

■ Sailfish Marina Sunset Celebration — 6 p.m. Thursdays. Shop for arts and crafts made by artists from around the country. Sailfish Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores; 842-8449.

■ Jupiter Green & Artisan Market — 5-9 p.m. Fridays, Riverwalk Events Plaza, 150 S. U.S. 1, Jupiter. Free. Includes baked goods, fresh produce, arts and crafts, jewelry, pet products and more. Vendors welcome. Contact Harry Welsh at (203) 222-3574 or visit www.harrysmarkets.com.

■ Abacoa Green Market — 9 a.m.-2 p.m. Saturdays at Abacoa Town Center, 1200 Town Center Drive, Jupiter. Info: reggie.chasethesun@gmail.com.

■ The West Palm Beach Antique & Flea Market — 9 a.m. to 3 p.m. Saturdays on Narcissus Avenue, north of Banyan Boulevard. West Palm Beach green market vendors also will be there. Resumes Oct. 6. For information, search Facebook or call 670-7473.

■ Palm Beach Gardens Green Market — 8 a.m.-1 p.m. Sundays through September. Under a roof, and partly indoors, at STORE Self Storage, 11010 N. Military Trail, Palm Beach Gardens; 630-1146 or visit www.pbgfl.com.

Thursday, Sept. 5

■ Story time session at the Loxahatchee River Center — 9:30 a.m. Thursdays, Burt Reynolds Park, 805 N. U.S. 1, Jupiter; 743-7123; or visit www.loxahatcheeringer.org/rivercenter.

■ Adult Discussion Group — Contemporary topics of philosophical, political, socio-economic and moral implications. 6:30-8:30 p.m. the first Thursday of each month (next meeting is Sept. 5) in the conference room of the Palm Beach Gardens Library, 11303 Campus Drive, Palm Beach Gardens; call Irene Garbo at 715-7571.

■ Bingo — Noon every Thursday at the Moose Lodge, 3600 RCA Blvd., Palm Beach Gardens. Lunch available at 11 a.m. Packs start at \$15. \$250 games. 626-4417.

■ Clematis by Night — Live music 6-9 p.m. Thursdays, Clematis Street at the Waterfront, downtown West Palm Beach. Sept. 5: Motown, "Memory Lane" Motown, doo wop, disco, pop, and even a touch of Latin. Free; 822-1515 or visit www.clematisbynights.net.

■ The Great Books Reading and Discussion Group meets at 10 a.m. the first and third Thursday of each month. Barnes & Noble coffee shop, 11380 Legacy Ave., Palm Beach Gardens. Free; 624-4358.

Friday, Sept. 6

■ West Palm Beach Antiques Festival — See hundreds of dealers in antiques, collectibles and decorative items noon-5 p.m. Sept. 6, 9 a.m.-5 p.m. Sept. 7 and 10 a.m.-4:30 p.m. Sept. 8 at the South Florida Fairgrounds, West Palm Beach. Tickets: \$7 adults, \$6 seniors, free for under 16. A \$10 early buyer ticket allows admission at noon Sept. 6. Discount coupon online at wpaf.com. Information: 941-697-7475.

WHAT TO DO, WHERE TO GO

■ An Old Fashioned Labor Day Party in Lake Worth

— Art, Songs, Food and Soap Box Orators State Sen. Jeff Clemens, County Commissioner Shelley Vana, Lake Worth Commissioner Andy Amoroso, AFL-CIO Leader Pat Emmert, IATSE Leader Terry McKenzie and FLARA leader Tony Fransetta will appear. Rod MacDonald will lead the crowd in song, 6-9 p.m. Sept. 6, at Clay Glass Metal Stone Gallery, 15 S. J St., downtown Lake Worth; 588-8344.

Downtown Live — 7 p.m. Fridays, Downtown at the Gardens Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens. Sept. 6: Dirty University. Free; 340-1600.

Screen on the Green — See "Trouble with the Curve" (rated PG-13) at 8 p.m. Sept. 13 at the downtown West Palm Beach Waterfront. Stars Clint Eastwood, Amy Adams, Justin Timberlake and John Goodman. Free; wpb.org/waterfront.

Saturday, Sept. 7

Ginger's Dance Party — 8-10 p.m. Sept. 7 on the West Palm Beach Waterfront, downtown West Palm Beach. Info: westpalmbeach.org/events.

Downtown Live — 7-10 p.m. Saturdays, Downtown at the Gardens' Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens. Sept. 7: Davis & Dow. Free; 340-1600.

Kids Story Time — 11:30 a.m. Saturdays, Loggerhead Marinelife Center, 14200 U.S. 1, Juno Beach; free. Visit www.marinelife.org.

Monday, Sept. 9

■ American Needlepoint Guild

— 10 a.m. every second and fourth Monday (next meeting is Sept. 9), 110 Manatee Bay Way, Jupiter. Call 747-7104 or email mbusler@comcast.net.

Tuesday, Sept. 10

Special Event and Tribute to Benefit the Military Order of the Purple Heart — 5 p.m. Sept. 10, Carmine's Ocean Grille, 2401 PGA Blvd. (at Prosperity Farms Road), Palm Beach Gardens. Cost: \$10; drinks are half-price. Music will be provided by guitarist Alex Zambony-Mehta; 279-9626 or www.life-wave.com/pzambony.

Wednesday, Sept. 11

Hatching Tales — 10:30 a.m.-11 a.m. Wednesday. Loggerhead Marinelife Center, 14200 U.S. Highway 1, Juno Beach; 627-8280 or info@marinelife.org.

Le Cercle Francais — Francophones and Francophones can join for a monthly gathering at 6:30 p.m. the second Thursday of the month (next session Sept. 12), in members' homes. Call 744-0016.

"On Higher Grounds" — A one-woman show by artist Brigitte Balbinot, 6:30-9 p.m. Sept. 11, A Unique Art Gallery, 226 Center St., No. 8, Jupiter. A portion of proceeds from sales of artworks

created by Brigitte Balbinot and the artists of AAOJ will benefit the Peggy Adams Animal Rescue League of West Palm Beach; www.hspb.org or 529-2748.

Ongoing Events

■ Palm Beach Zoo

Nights are 5:30-9 p.m. Fridays through September with a different family-friendly theme. Dress to match the themes to be entered to win a Palm Beach Zoo \$150 value prize pack. Members free; non-members \$15.95 adults/\$9.95 children (3-12). Zoo is at 1301 Summit Blvd., West Palm Beach; 547-9453. "Wings Over Water" Bird Show: 11 a.m. weekdays; 11 a.m. and 2 p.m. weekends. "Wild Things Show," 1 p.m. weekdays; noon weekends. Hours: 9 a.m.-5 p.m. everyday. 1301 Summit Blvd., West Palm Beach. Tickets: Adults \$18.95; seniors, \$16.95; children 3-12, \$12.95; free toddlers. 533-0887 or www.palmbeachzoo.org.

■ Artists of Palm Beach County Art on Park Summer Exhibit

Mondays-Saturdays noon-6 p.m. Through Sept. 27. Free. Everyone welcomed. Art on Park Gallery, 800 Park Ave. Lake Park. 345-2842, www.artistsofPalmBeachCounty.org.

■ Flagler Museum

— Open 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Museum is housed in Henry Flagler's 1902 beaux-arts mansion, Whitehall; at 1 Whitehall Way, Palm Beach. Tickets: members free; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; under 6 free. 655-2833; www.flagermuseum.us

■ Palm Beach State College Art Gallery

— Gallery hours: Monday, Wednesday-Friday, 9 a.m.-5 p.m.; Tuesday, 9 a.m.-8 p.m. Palm Beach State College, BB Building, 3160 PGA Blvd., Palm Beach Gardens. 207-5015.

The Loxahatchee River Environmental Center — Burt Reynolds Park, 805 N. U.S. 1, Jupiter; 743-7123; or www.loxahatcheeriver.org/rivcenter.

■ Children's Research Station

— Loggerhead Marinelife Center program is designed to exercise children's science skills through an experimental lab. 3:30 p.m. Wednesdays and Fridays; 11 a.m., 1 p.m. and 2 p.m. Saturdays. Free. 14200 U.S. 1, Juno Beach; 627-8280.

Lighthouse ArtCenter — Sept. 9-Oct. 22: "Photo Now!" and "Arty Bras." 3rd Thursday, 5:30-7:30 p.m. Museum admission: \$5 ages 12 and above. Under 12 free. Saturdays, free admission. Gallery Square North, 373 Tequesta Drive, Tequesta; 746-3101 or lighthousearts.org.

■ Palm Beach Photographic Centre

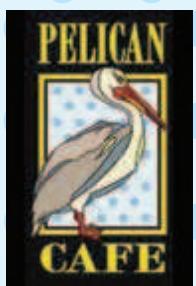
— Through Nov. 16: Kadir Lopez, two exhibitions; "The Conflux of Eternities" and "An American Presence in Cuba." The Photographic Centre is in the City Center, 415 Clematis St., downtown West Palm Beach. Hours are 10 a.m.-6 p.m. Monday-Thursday, and 10 a.m.-5 p.m. Friday and Saturday; call 253-2600 or visit www.workshop.org or www.fotofusion.org. ■



LIVE MUSIC at the Pelican Café

Every Thursday Night Begins June 27th
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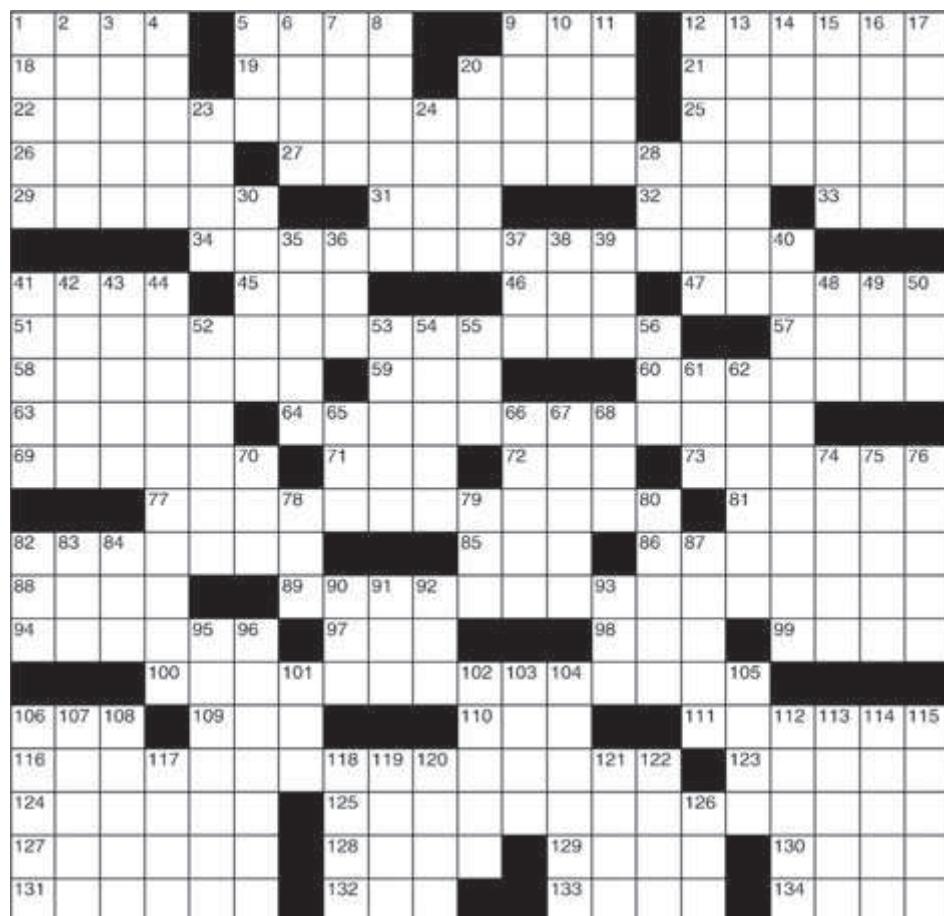
SUMMER DINNER SPECIALS!
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PUZZLES

HOLIDAY TEAM

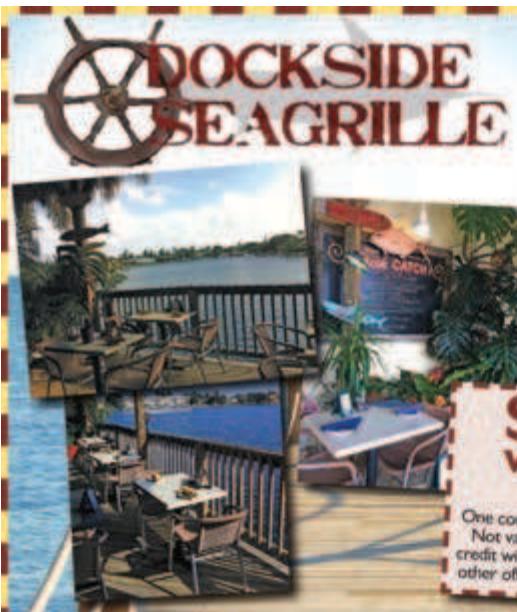


ACROSS

- 1 Guns, as a motor
- 5 Doorway sidepiece
- 9 Place-setting base
- 12 "Scram!"
- 18 Rink jump
- 19 Morales of "Bad Boys"
- 20 City near Mauna Kea
- 21 See 5-Down
- 22 Holiday team member #1
- 25 Loving type
- 26 British coins
- 27 Holiday team member #2
- 29 Rains down cold pellets
- 31 Three-in-one M.D.
- 32 Atop, to a bard
- 33 Mile. who's canonized
- 34 Holiday team member #3
- 41 Honolulu's home
- 45 Swiss river to the Rhine
- 46 Stew globe
- 47 Marine route
- 51 Holiday team member #4
- 57 Actor's quest
- 58 Having no wheels
- 59 Gold, in Rome
- 60 Wild cats
- 63 Poet Tate
- 64 Holiday team member #5
- 69 Utters again
- 71 Archer's skill
- 72 Prefix with paganism
- 73 Director Van Peebles
- 77 Holiday team member #6
- 81 Sister's daughter
- 82 "The Real McCoys"
- 85 The "4" of 4/11; Abbr.
- 86 Auto garage worker, at times
- 88 Rice-A—
- 89 Holiday team member #7
- 94 Port in Denmark
- 97 Playa — Rey
- 98 Bitter beer
- 99 "Guarding —" (1994 movie)
- 100 Holiday team member #8
- 106 Thurman of movies
- 109 Valueless
- 110 Quite a ways
- 111 Antenna
- 116 Holiday team member #9
- 123 "Leave It to Beaver" role
- 124 Marrying minister, e.g.
- 125 Holiday team
- 127 Like brains and ears
- 128 Kitchen gadget brand
- 129 Chilled
- 130 A while ago
- 131 Record label for Kenny G
- 132 Charisse of "Brigadoon"
- 133 Aware of
- 134 Stoied Fed Eliot
- 135 — Rizzo ("Midnight Cowboy" role)
- 136 Feeling of rage
- 137 "Science Friday" airer
- 138 "How about that!"
- 139 Partakes of
- 140 Dawn's illumination
- 141 Muppet grouch
- 142 "Behold — Horse" (1964 drama)
- 143 Tosses
- 144 Breaking, as a bad habit
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- 148 Be a suitor of

◀ SEE ANSWERS, A27

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PUZZLES

HOROSCOPES

VIRGO (August 23 to September 22) Keep a rein on that green-eyed monster. Jealousy is counterproductive. Instead of resenting a colleague's good points, concentrate on developing your own abilities.

LIBRA (September 23 to October 22) Spending time on a creative project during this high-energy week can pay off both in emotional satisfaction and in impressing someone who is glad to see this side of you.

SCORPIO (October 23 to November 21) Now is a good time to start planning that trip you've put off because of the demands on your time. Be sure to choose a destination that is new and exciting.

SAGITTARIUS (November 22 to December 21) That upbeat mood in the first part of the week makes you eager to take on new ventures. A more serious note sets in later to help you assess an upcoming decision.

CAPRICORN (December 22 to January 19) A high energy level gives the Goat the get-up-and-go to finish outstanding tasks before deadline, leaving time for well-earned fun and games with friends and family.

AQUARIUS (January 20 to February 18) Dealing with disappointment is never easy. But the wise Aquarian will use it as a vital lesson and be the better for it. A close friend has something important to say.

PISCES (February 19 to March 20) Best bet is not to get involved in an

argument between colleagues until you know more about who started it and why. And even then, appearances could be deceiving. Be alert.

ARIES (March 21 to April 19) Aspects favor new romances for unpaired Ewes and Rams. Already-paired Arian twosomes experience renewed harmony in their relationships. Money matters also take a bright turn.

TAURUS (April 20 to May 20) Use that strong Bovine determination to help you keep the faith with your convictions while you move through a period of uncertainty. Things begin to ease by the week's end.

GEMINI (May 21 to June 20) Pay attention to your intuition. It could be alerting you to be more careful about accepting a "statement of fact" simply on trust. Don't be shy about asking for more proof.

CANCER (June 21 to July 22) Concern for the well-being of someone in need is admirable. But don't forget to take care of yourself as well. Ask a family member, close friend or colleague to help you.

LEO (July 23 to August 22) It's OK to focus on the demands of your career. But try to avoid misunderstandings by also reaching out to family and friends. Your sharp intuitive sense kicks in by midweek.

BORN THIS WEEK: You have creative gifts that inspire those who get to see this sometimes-hidden side of you. ■

By Linda Thistle

	8	2	9		4
5		1			7
	4		6	5	
3		7			1
	1		8	9	
7		2			8 5
3		6			2
	6		9		3
2		4	1	7	

Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

★ Moderate ★★ Challenging
★★★ Expert

◀ SEE ANSWERS, A27

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Monday-Friday 12 - 3 pm
All items are \$1 each plus tax.
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LATEST FILMS

'Getaway'

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★ Is it worth \$10? No

"Getaway" is so inept, even its one-word title doesn't work.

Rather than getting away from someone or something, the protagonists in this car wreck of a movie are always moving toward the main character's kidnapped wife. Saying the protagonists are trying to "get away" from anything is like saying "Die Hard" is about a guy who's easy to kill.

The movie is awful for other reasons as well. Imagine the thinnest, flimsiest plot you can think of, and know that what transpires here is at least three steps worse than that.

It's Christmas in Bulgaria (of all places), and former racecar driver Brent (Ethan Hawke) is not enjoying the holidays. After a madman (Jon Voight) kidnaps his wife (Rebecca Budig), Brent is forced to carry out a series of random tasks (think "Die Hard with a Vengeance" or, for old schoolers, "Dirty Harry"), none of which make sense.

If Brent contacts or gets caught by

the police, his wife dies. With no reason (ever) given, Brent is forced to: steal a car, drive through a crowded park, drive through an ice rink, smash into various objects and always evade police, among other things. Naturally there's a convenient side street, alleyway or staircase every time he's blocked in, and there are plenty of inept bad guys for him to trick into driving into a pole.

None of these adventures do anything but endanger innocent people.

Along the way he encounters a teenager (Selena Gomez) who conveniently knows a lot about things there is no way she would actually know a lot about.

Apparently, writers Sean Finegan and Gregg Maxwell Parker were absent the day their screenwriting class learned that a villain needs a motive.

As the story progresses, you keep waiting for a good reason Brent is forced to play this game, but it never comes.

Director Courtney Solomon also tries to shroud the villain in mystery by not showing him in full profile, but all this does is reveal his bad



Action for the sake of action is not entertaining. When there's no motive, no chemistry between the two leads and essentially no story, the action means nothing. And the action here is non-stop, to the point where you start to feel sorry for Bulgaria for having this big, obnoxious Hollywood movie ruining its streets. It's not long before the car crashes become repetitive and boring even as they get progressively more absurd.

The lone saving grace for the action comes toward the end as a camera mounted on the front of Brent's car follows the villain, weaving through traffic for more than a minute. It's a fascinating point of view to offer in an extended take, but it's over too quickly to make a real impact.

With a modicum of thought this could've been a 90-minute adrenaline rush that provides one last burst of energy after a so-so summer. Instead, I cannot encourage you enough to "Getaway" and stay away. ■

teeth. You're never scared of what he's doing, you're scared of him breathing on you.

Always remember, movie friends:

in the know

>> All the car crashes were real. No CGI was used, and almost 130 cars were wrecked during production.

CAPSULES

The World's End ★★

(Simon Pegg, Nick Frost, Rosamund Pike) Five old friends reunite in a sleepy English town to finish the pub crawl they began 20 years earlier, only to find out alien robots have taken over the bodies of the locals. The comedy doesn't hit the way it needs to. It's as if the writers (Mr. Pegg and Mr. Frost) know how to write jokes for drunk dudes at a bar, but are notably less comfortable/competent when it comes to alien invasion comedy. Rated R.

Elysium ★★★

(Matt Damon, Jodie Foster, Diego Luna) In 2154, poor people live in the decrepit wasteland of Earth while the wealthy live on "Elysium," an idyllic spaceship oasis just outside Earth's atmosphere. Earth worker Max (Mr. Damon) needs to get to Elysium — where Earthlings are not allowed — or he'll die of radiation poisoning. The production design and visual effects look great and the story is intense throughout. Rated R.

Planes ★★

(Voices of Dane Cook, Teri Hatcher, Stacy Keach) A crop-dusting plane named Dusty (Mr. Cook) gets to compete in a race around the world in this second-rate "Cars" spinoff. There are scattered amusing moments, but the movie consistently flutters when it needs to soar. Rated PG. ■

South Florida Science Center announces new marketing director

Belen Woods has joined the South Florida Science Center and Aquarium as marketing director, according to Lew Crampton, chief executive officer for the newly expanded center.



Woods

In her new role, Ms. Woods will be responsible for promoting exhibits, building the Science Center's new brand and increasing the scope of annual visitors to the center, among other things.

"We are excited to welcome Belen to our team," said Mr. Crampton. "She has just the right combination of experience, work ethic and creativity for her new role. We know she will be instrumental in taking the Science Center to the next level."

The South Florida Science Center and Aquarium, formerly known as the South Florida Science Museum, recently

completed a \$5 million expansion and renovation.

With a new mission to "open every mind to science," the Science Center features more than 50 hands-on educational exhibits, an 8,000 gallon freshwater and saltwater aquarium featuring both local and exotic marine life, a digital planetarium, conservation research station, Florida exhibit hall and an interactive Everglades exhibit.

Formerly the marketing coordinator for the West Palm Beach Downtown Development Authority, Ms. Woods is equally ecstatic about her new role.

"I am thrilled to join such a wonderful institution, especially during such a pivotal time in their history," Ms. Woods said. "The Science Center now has the capacity to reach more visitors than it ever has before, and I look forward to expanding that reach as we bring in blockbuster traveling exhibits to this beautiful new space."

A West Palm Beach native, Ms. Woods earned a bachelor of arts degree from Palm Beach Atlantic University.

In her spare time she enjoys spending time with family and friends, playing with her rescued Labrador retriever, Mia, and exploring her hobby as an amateur photographer.

The South Florida Science Center and Aquarium is located at 4801 Dreher Trail North, West Palm Beach and is open Monday through Friday from 9 a.m. to 5 p.m., and on Saturday and Sunday from 10 a.m. to 6 p.m. General admission to the Science Center is \$13.50 for adults, \$10 for children 3 and older, and \$12 for seniors older than 62. Science Center members and children younger than 3 are free.

Planetarium shows and miniature golf are not included in general admission and a special exhibit fee will be applied during certain traveling exhibits.

For more information about the South Florida Science Center and Aquarium, call 832-1988 or visit www.sfscecenter.org.

Like the South Florida Science Center and Aquarium on Facebook and follow it on Twitter @SFScienceCenter. ■



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pkjason@comcast.net



■ "Deceived" by Randy Wayne White. G.P. Putnam's Sons. 352 pages. \$26.95 hardcover.

This second installment in Randy Wayne White's Hannah Smith series, following the powerhouse debut of "Gone," is totally satisfying. A reader with high expectations is easily disappointed; this reader had a delightful time getting to know Hannah better and being frightened, along with her, by mysterious and cruel events that test her courage and determination.

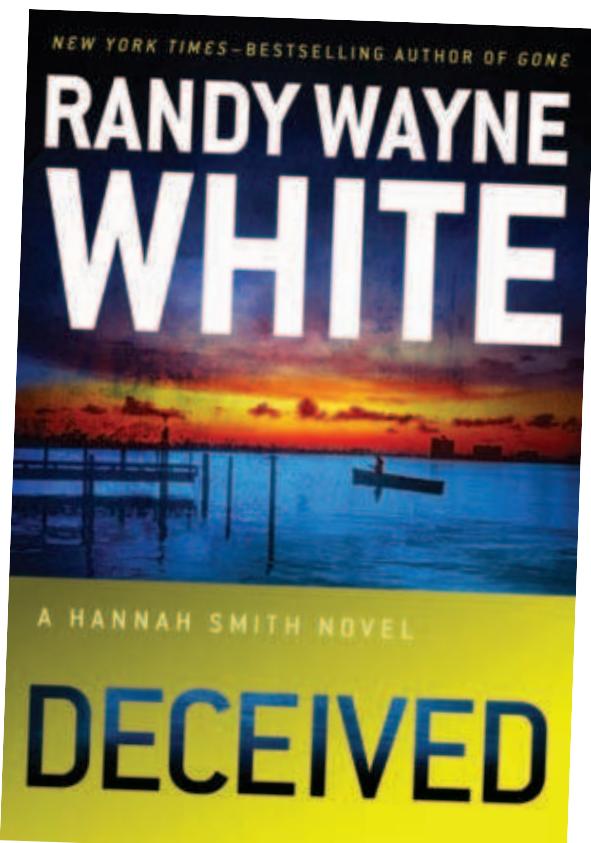
There is a little corner of coastal Southwest Florida, not far from Sanibel Island, that has a troubled history and a threatened present. It's officially known as Sulfur Wells. Hannah tells her curious fishing clients that the row of tiny tin-roofed cottages is known as Muckinville. One of these clients, a member of the important Chatham family, collects antique fishing equipment; another, good-looking Joel "Rance" Ransler, at first hides his identity as special prosecutor for the county. What are these two really fishing for, underdeveloped real estate?

More than a few strange things are happening.

Hannah's mother, Loretta, is con-

cerned that her good friend Rosannah "Pinky" Helms can't be located. Soon, Hannah goes out to Pinky's dilapidated home and, though threatened by ferocious dogs and a crazed, ax-wielding man, finds Pinky has been murdered.

Is there any connection between this murder and the unsolved murder of Pinky's late husband many years ago?



Some of Loretta's valuable possessions, which had been put in the custody of the Helms family, have disappeared. Is there a connection between their disappearance and the pamphlets describing an organization called "Fisherfolk of South Florida," which touts a "Preserve Our Heritage" motto?

It seems as if the elderly locals are being scammed by a scheme that invites donations of their family heirlooms to fund a local heritage museum. The scammers push the idea that the donors can get tax benefits from the government that is usually busy regulating their livelihoods — such as fishing — out of existence.

And what's that monstrous building looming alongside Loretta's modest home and grounds? How did bad neighbor and shady shrink Dr. Candor, psychiatric clinic and rehab center entrepreneur, have a bunch of zoning codes waived for that edifice? And where are the remains of the historic Indian shell mounds that were demolished to level the land?

Why is that awful Candor woman trying to have Loretta arrested for illegal gardening?

Indeed, Hannah has her hands full.

Special prosecutor Ransler, who engages Hannah formally in investigations of older and newer crimes that concern them both, does not seem entirely trustworthy. Hannah is flattered by, but properly wary of, his undisguised attraction to her.

Her involvement in this complex of dangerous issues places Hannah in serious jeopardy on several occasions. Her cool head and physical hardiness are challenged by coldblooded, merciless villains whose secrets she threatens to

undercover and whose ambitions she threatens to thwart.

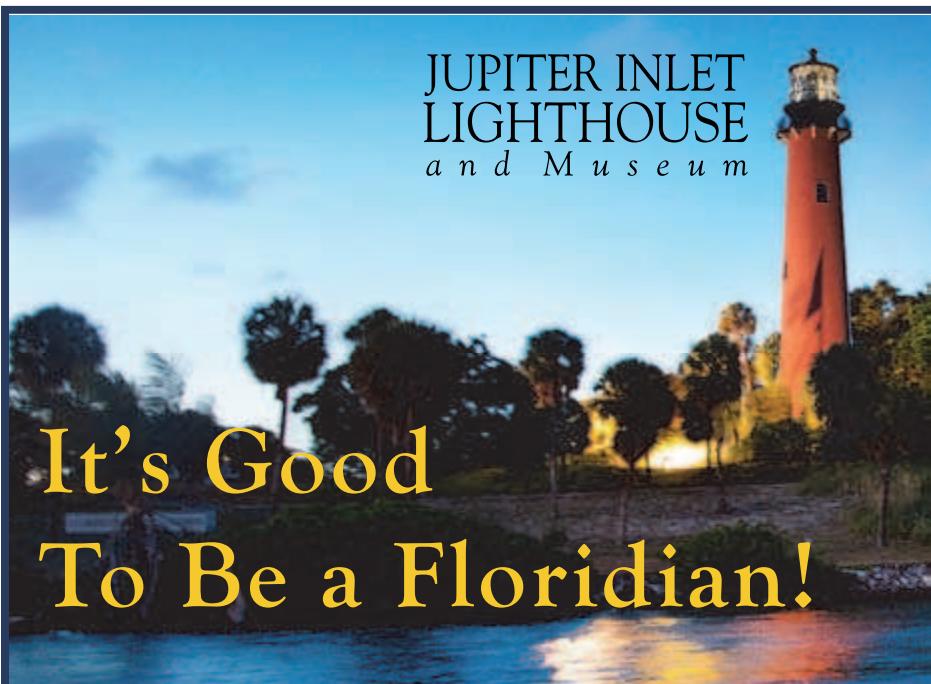
What Mr. White does so skillfully is draw readers into the way Hannah processes situations under pressure. Through Hannah's narration, the author reviews the possible courses of action it might take to escape from or turn the tables on her deadly enemies. The suspense builds as Hannah rapidly selects and discards possibilities. Over and over, she has no more time left: Contemplation must turn into action. Sometimes she miscalculates, and the situation gets worse before it gets better.

One harrowing episode has her almost stuffed in a tire-shredding apparatus, a local weapon of choice that leaves little evidence behind.

Fans of Mr. White are no doubt wondering: *Where is Doc Ford when she needs him?* Wouldn't you know it, boyfriend Ford just happens to be off for a week or so on one of those secret missions to South America. The real point of his absence (and indirect presence) is to ensure that Hannah Smith does not need him. She can handle things herself.

In "Deceit," Mr. White has magnificently shaded and deepened his Hannah Smith character and, along with a cast of terrific subordinate characters, has given us an additional independent woman who is well realized but quite different from Hannah in stature, style and personality. Wait until you meet pint-sized Deputy Sheriff Birdy Tupplemeyer, who becomes Hannah's "odd couple" partner in fighting crime. But don't wait very long. You owe yourself the immediate pleasure of this well-crafted, highly entertaining, heart-pounding addition to the RWW canon. ■

— Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, is a poet, critic and freelance writer with 20 books to his credit, including several studies of war literature and a creative writing text.



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"It's very methodical, the way I take (an object) apart. I'm very much a part of the entire process, from taking it apart all the way to laying it out."

— Todd McLellan

APART

From page A25

"I wanted to do a standard photo of (a black rotary phone)," he says, "a still-life on a background, of the object complete, intact."

But, despite his skill as a commercial photographer, he found the results "boring."

Instead, he says, he thought "it might be neat to see it as an assembly diagram, IKEA-like. You know, when you order pieces or parts for things? They call them assembly diagrams, a parts schematic of the object: number one, two, three... They number all the parts and pieces, and if you want to repair something, you'd order part 35."

So, following his obsession to delve into the guts of objects, the Toronto-based photographer disassembled the phone, then took two different shots of it.

One shows all the components artfully composed, the other captures the phone pieces in free fall.

"I intended for it to be a pair," he says. "A phone neatly disassembled, and one flying through the air. One is an organized layout, with form and structure; the other is completely the opposite. I'm setting the parts free, and they're falling."

The latter photographs were done using a high-power flash strobe and Photoshop.

The flash is "a quick pop, a nanosecond," he says. "I organize it, in a few different levels, foreground, mid-ground and background, and compose it together afterwards. I drop it in the air, and as it's falling, I capture it."

He experimented with 14 different objects.

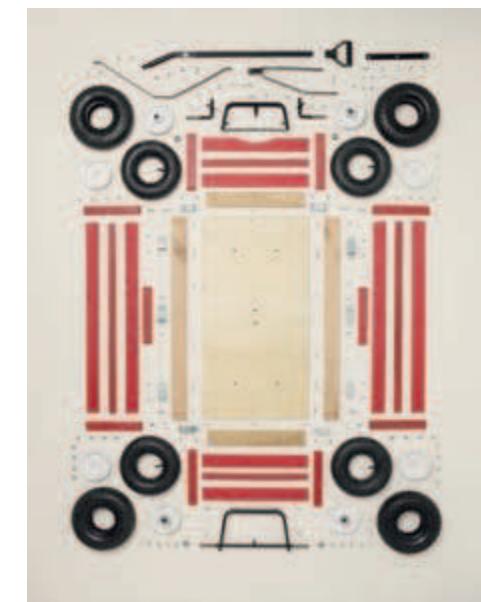
Then for the past year and a half, he took apart 50 different objects and took photographs of them. Those photos can now be seen in his recently released book, "Things Come Apart: A Teardown Manual for Modern Living." (\$29.95, Thames & Hudson)

Wired.com called the book "a geeky adoration of design, disassembly, and tinkering. The photos are enjoyable as pure eye candy, but they also illustrate the history of modern manufacturing."

The book is organized by the size of the object disassembled. It starts with "Small Things," where Mr. McLellan has taken apart things such as a mechanical pencil, a Swiss Army knife, a digital watch, a smartphone and an iPad. Medium-sized objects include, among other things, a record player, a blender, a toaster, a laptop, a mantel clock and the above-mentioned rotary telephone. Then there are the large items, such as an accordion, a sewing machine, a chainsaw, an espresso machine, a microwave oven and a snowblower.

Mr. McLellan wasn't afraid to tackle extra-large objects either.

The book contains photos of three: a bicycle, an upright piano and a two-seater light aircraft.



Top clockwise: Bicycle, 1980s Raleigh, component count: 893; Children's Wagon, 2011, Schwinn, component count: 296; Desk Lamp, 2002. IKEA, component count: 73; Swiss Army Knife, 2000s, Victorinox, component count: 38.

The Zenith CH 650 aircraft was the only object he didn't take apart himself. Doing so would've taken two or three months and cost approximately \$30,000, he says. So instead of disassembling one himself, he went to the manufacturer, in Mexico, Mo., and laid out the kit pieces in an airplane hanger.

The objects he has shot range from older-designed items, such as a child's wagon, an accordion and a wind-up clock, to more modern items such as a laptop and a digital watch.

He's fascinated with the mechanics of the things.

With the older objects, you can see the cause-and-effect, what happens when you push a button.

"With the digital objects," he says, "it's more about design, and how they worked all of those pieces into one unit."

Some objects that he thought wouldn't be that complicated surprised him.

"The typewriter is a good example," he says. "It's an interesting object; you can see all the mechanics. But I had no idea how many levers there actually were until I started to lay it out."

Limited-edition prints of his type-

writer photos were so popular they sold out.

"The typewriter is involved in a lot of industries, in everyone's life," he says. "Everyone has a story about using typewriters. People have told me quite a few stories about their grandfather or father working with a typewriter. There are always memories related to that."

He was drawn to disassembling an accordion because of his own memories of them. On weekends when his family would get together, his dad and aunt would play the accordion while one uncle played the banjo and another the guitar.

"It's an iconic musical instrument," Mr. McLellan says. "It hasn't changed in years. I got (mine) from a repair shop in Toronto. They still repair them the way they did years ago."

In May, the Museum of Science and Industry in Chicago held an exhibition of 30 of his prints. He also had four displays, re-creating his layouts of a chainsaw, a wind-up clock, a telephone and a lawnmower.

More recently, he spent a few days at the Exploratorium in San Francisco, where he took things apart and

explained their inner workings. People could stand right next to him and disassemble objects alongside him.

He acquires most of his objects from second-hand stores and salvage places, he says.

"It's very methodical, the way I take (an object) apart," he says. "I'm very much a part of the entire process, from taking it apart all the way to laying it out. If I don't take it apart, I don't understand how to lay it out in a way that makes sense to how the object works."

For example, he says, when taking apart a camera, he doesn't want the eye piece to be next to the lens, because that's not how it's situated on the camera.

Although he organizes by function, he's also aware of the need to create an aesthetically pleasing layout, and rearranges the pieces, moving them around until he's happy with the result.

"It's a 3-D object on a 2-D plane," he says.

Fifty objects and 21,959 components later, Mr. McLellan is still disassembling objects.

For him, every day is like Christmas Eve in reverse. ■

FLORIDA WEEKLY SOCIETY

Art Arribada at The Gardens Mall for Loggerhead Marineliife Center



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1. Mo Foster, Sally Severeid and Tim Luke
2. Gwen Sueling and Adam Fiveson
3. Karen Marcus, Jack Lighton and Giovanni DiStudio
4. Jim McCarten, Marcie Tinsley and Samara Tinsley
5. Raymond Graziotto, Dawn Hoffman and Jack Lighton
6. Kelley Burke, Enid Atwater and Ilene Arons
7. Michael Coggins, Victoria Ternallo and Hannah Campbell
8. Irma Anapol, Isabell Wochos and Roger Wochos
9. Tamra Fitzgerald and Ruth Dry
10. Natalie Alvarez, Lauren Jennings, Dan Jennings and Gina Sabean
11. Giovanni DiStudio and Bonnie Morrison
12. Ruth Manire and Charles Manire
13. Vickie Lavella, Jack Lighton and Sally Ann Weger
14. Ruth Dry, Max Jacobs and Michele Jacobs
15. Gabriella Sa-Chaves



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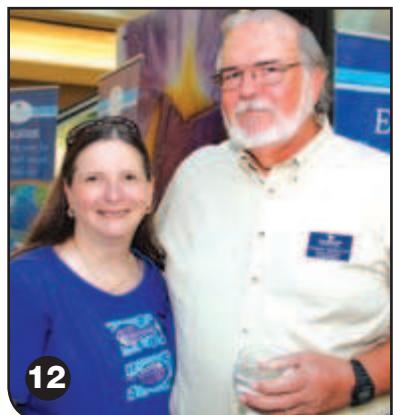
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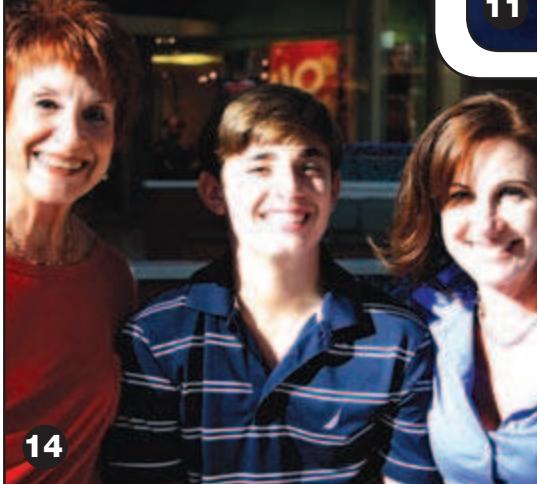
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FLORIDA WEEKLY CUISINE

In the kitchen with... Chris DeGweck, Bistro Ten Zero One

BY LOREN GUTENTAG
lgutentag@floridaweekly.com

"The food is out of control good," says Kelly Bevil, director of food and beverage at the West Palm Beach Marriott, which is home to Chef Chris DeGweck's Bistro Ten Zero One.

Chef DeGweck, the son of a military man, may have traveled the country at a young age, but this didn't stop him from developing a passion for cooking. He says that while he was in Alabama for high school, cooking became not only a hobby, but also a necessity.

"I started to cook for survival," says Chef DeGweck. "I know it sounds drastic, but my mother would go to school or work in the evenings, so I started to cook for my brother and myself."

It was there, in Alabama, where Chef DeGweck focused on traditional Southern food; however, he was quickly exposed to many different styles of cuisine after accepting his first culinary job at a Mediterranean restaurant and wine bar.

Following the Mediterranean restaurant, Chef DeGweck joined Marriott hotels, where he says he not only traveled, but also worked under multiple master chefs. Working in places such as Alabama, Colorado, Florida, West Virginia and Texas not only enhanced Chef DeGweck's knowledge for different styles of cuisine but also molded him into the creative chef that he is today.

"When I was working with a master chef, he explained to me that there are three different mentalities in the culinary world," says Chef DeGweck. "There's a chef that is a la carte, there are chefs that focus on large functions such as weddings, and then there's a pastry chef. Very few chefs are able to be all three of these things."

Using this advice as a foundation, Chef DeGweck says that he was able to identify the kind of chef that he is today — one that emphasizes a farm-to-table concept as well as strives to provide a unique experience for his guests.

With a garden located in the courtyard of the hotel, Chef DeGweck has taken the farm-to-table concept to a whole new level where the food is fresh and delicious.

"We grow tomatoes, lemongrass, sunflower seeds, arugula and all different kinds of things," he says. "We usually change it up with the seasons."

Hosting monthly wine dinners, beer



COURTESY PHOTO
Chef Chris DeGweck in the garden at the West Palm Beach Marriott.

dinners and, soon to come, garden parties, the menu offers everything from large bites to small bites and even some favorite wines.

If you ask Chef DeGweck his menu favorite, the Florida Peach and Poached Shrimp Salad is his top choice.

"We serve seasonal and local cuisine," says Chef DeGweck. "We have created a concept that you do not typically see in an establishment attached to a hotel."

Name: Chris DeGweck

Age: 36

Original Hometown: My father was in the military, I moved a lot growing up, but I went to high school in Montgomery, Ala.; that is where I started cooking.

Restaurant: Bistro Ten Zero One, West Palm Beach Marriott, 1001 Okeechobee Blvd., West Palm Beach. 833-1234 or bistro1001.com

Mission: To provide interesting dishes that are also approachable and that ultimately leave a great lasting impression. My goal is to give people an experience rather than just a meal.

Cuisine: Modern American seafood with international diversity

Training: I did go to a small school for a degree, but 99 percent of what I know today came from training under great chefs throughout my career.

What's your footwear of choice in the kitchen? Sven Clogs.

What advice would you give someone who wants to be a restaurateur or chef? Do not believe what you see on television, the negative or the positive. To be successful in the food and beverage world you really have to have passion for what you are doing, it's not just another 9-5 job. You will work long hours, weekends, holidays and most of the time under extremely stressful conditions.

The rewards are usually not measured in dollar signs, but instead by the expressions on your patrons' faces after a meal at your establishment. ■

THE DISH

Highlights from local menus

The Dish: Crab bruschetta

The Place: Dockside Sea Grille, 766 Northlake Blvd., Lake Park; 842-2180 or docksideseagrille.com

The Price: \$12.95

The Details: Our friends were headed north to New England, ever ready to freeze in Connecticut, so we thought we would give them an appropriate Florida send-off.

And what better place to do it than a

restaurant that offers old Florida-style outdoor dining?

We started with an order of this crab bruschetta, a different take on the Italian favorite.

The combination of sweet crabmeat and tomato salsa paired nicely with the garlic toast points.

It was refreshing, and a perfect reminder of why we live in Florida. ■

— Scott Simmons

After 18 years, Ken Wade sells Paddy Mac's

BY JAN NORRIS
[jannorris@floridaweekly.com](http://jannorris.com)

of them have been with me 30 years now."

Paddy Mac's is at 10971 N. Military Trail, Palm Beach Gardens; 691-4366 or paddymacspub.com. Open Monday-Thursday, 11:30 a.m. to midnight; Friday-Saturday, 11:30 a.m.-2 a.m.; Sunday, 4 p.m.-11:30 p.m.

The return of Aleyda's: "We're going to reopen Aleyda's!"

Miguel Lopez had a hard time holding back his excitement in announcing the news that he'd bring back the Mexican restaurant that stood for decades on Okeechobee Boulevard in West Palm Beach.

He closed the restaurant he owned with his sister and namesake of the restaurant, Aleyda Cardona, after a dispute with the landlord of the plaza west of I-95.

"He (the landlord) wanted to go more upscale and Aleyda's didn't fit his vision."

Plans for the new place came about after a meeting with the revitalization group from Northwood Village. "We're working with the CRA in Northwood — they're being great," he said. The city of West Palm Beach had approached him in May, and even the mayor was sympathetic over the dispute with the landlord, he said.

"They offered me a great spot in a building on the west end of Northwood Road — 602. It's such a blessing — they're going to build it out for me, put in the grease traps, put in an addition that will be the kitchen. They're putting up awnings in the front and on the west side, so we'll have outdoor dining. And we'll have a bar inside. They're even helping with the design of the interior."

The CRA has an ongoing plan to upgrade the neighborhood, putting in a fountain and courtyard on the east side of the 602 building, adding to the ambience, Mr. Lopez said.

Ms. Cardona will have a lesser role in the day-to-day operations, but will lend her name to the restaurant. She lives in Orlando where she cares for a daughter.

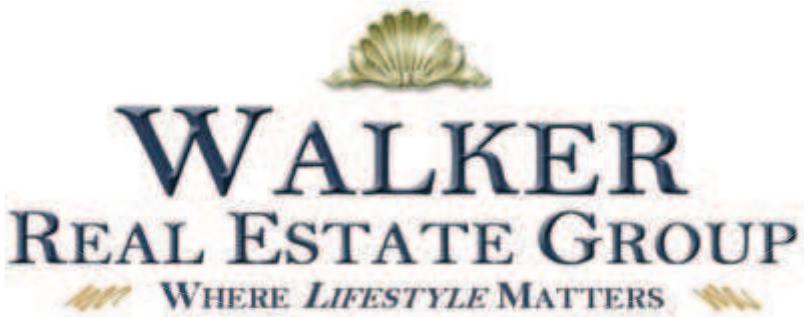
The new restaurant will feature a menu similar to the old one, but pared back, with American items next to the Mexican. "We'll have a great burger, and wings, along with enchiladas, though not so many."

Plans are to open Aleyda's in February. ■

— Read food writer Jan Norris' blog at jannorris.com.



SCOTT SIMMONS/FLORIDA WEEKLY



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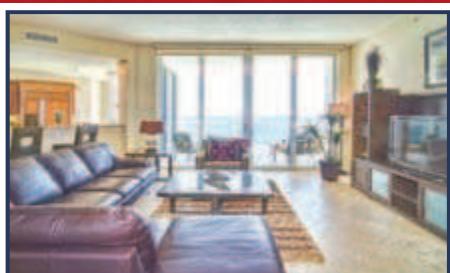
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