

PALM BEACH GARDENS & JUPITER

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WEEK OF AUGUST 15-21, 2013

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“The Harbourside project is going to activate Jupiter’s Riverwalk, which will give residents the chance to enjoy the waterfront while also creating a sense of a downtown.”

—Todd Wodraska, Jupiter Councilman



DAWNING IN JUPITER

COURTESY OF ALLIED CAPITAL & DEVELOPMENT

This aerial photo taken in late July shows the breadth of the Harbourside project. The intersection of Indiantown Road and U.S. 1 is bottom center.

The \$144 million Harbourside Place, on the Intracoastal at Indiantown Road, is nearly 40 percent complete.

BY RANDALL LIEBERMAN
Special to Florida Weekly

It is changing the face of Jupiter. The construction of Harbourside Place, a \$144 million commercial complex going up on the Intracoastal Waterway on the northwest corner of Indiantown Road and U.S. 1 in Jupiter, is moving briskly and is expected to be completed by next spring. The 360,000-square-foot development is being built on the site of the old Burt

Reynolds & Friends Museum, which is moving to an acre of vacant property adjacent to Fire Station 18 in Burt Reynolds Park on the east side of U.S. 1.

Harbourside Place, which is being developed by Allied Capital & Development of South Florida, LLC (a Palm Beach Gardens-based company), will consist of a nautical ambiance, a marina with public and private slips, an entertainment plaza

SEE DAWNING, A8 ►

Sea turtles to come ashore at mall for Arribada

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

It has been a record year for sea turtle nesting along the county’s beaches.

And organizers at the Loggerhead Marinelife Center also hope it will be a record year for sea turtle sculptures at The Gardens Mall, as Art Arribada returns.

An “arribada” is a large gathering of sea turtles coming ashore together to nest at

the same time and the same place.

Students from six area high schools and one middle school have been busy painting fiberglass sculptures of sea turtles that have been on display at PNC Bank branches before they will migrate on Aug. 19 to The Gardens Mall. At the mall, visitors can vote on favorites, then later bid to own a turtle of their own.

It’s a win-win situation for schools, which receive grant money through the project, students, who learn about ecol-

ogy, and the Marinelife Center, which receives exposure for its programs, as well financial support to the tune of \$25,000 or more.

“Art Arribada offers a wonderful intersection between art, education, conservation and fundraising for the Loggerhead Marinelife Center,” said Jack Lighton, the Marinelife Center’s president and CEO.

You cannot put a price on the exposure

SEE TURTLES, A14 ►

INSIDE



Music and Medicine

Talented physicians perform in the 2nd Kretzer charity event. **A29** ►



Society

See who was out and about in Palm Beach County. **A20-21, 25** ►



Money & Investing

Our expert notes that there are lessons from Detroit. **A24** ►



Wine online

What the flash is all about in buying wine online. **A39** ►

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PETS	A6	BUSINESS	A23	EVENTS	A34-35
HEALTHY LIVING	A15	REAL ESTATE	A26	PUZZLES	A38
ANTIQUES	A18	ARTS	A29	WINE/DINING	A39



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COMMENTARY

Picking up peace



rogerWILLIAMS

rwilliams@floridaweekly.com

In the American catalogue of heroic suicide, the most singular image is that of the soldier throwing himself on a grenade to save his friends.

Such a sacrifice is widely embraced as virtuous by Americans (including me) and Western Europeans.

Which makes me wonder what cultural imperatives exist to compel heroic suicide in other cultures, where the sacrifice is made to destroy rather than to save others.

Muslim self-sacrificers form the prominent contemporary version of this phenomenon: suicide as heroic destruction, rather than suicide as heroic preservation.

If such acts aren't widely embraced by the Muslim world, they aren't abhorred widely or publically enough, either, by that world.

Their practitioners often seem to have a few things in common: They come from environments of need, insult or anger; they've experienced education narrowly, as religion; and they're relatively young.

In the case of the terrorists who acted out their sacrifices on Sept. 11, 2001, most were in their 20s and most were from Saudi Arabia.

But such acts have not been limited to them or their causes.

I began thinking about this recently when a friend and mentor, Dr. Robert Hill-

iard, presented me with a gift that would be mine, he said, if I could lift it: a collection of more than 250 *New York Times* front pages. They date from 1851, when Millard Fillmore succeeded Zach Taylor as president, to 2012, when Barack Obama won his second term as president.

The book weighs so much it has gravity, sucking in big questions the way the sun sucks in big asteroids. For example, what in the world do Zach Taylor, Millard Fillmore and Barack Obama have in common, anyway?

There's an answer, it turns out: Each has led a nation willing to accept heroic suicide as a worthy act for the preservation of somebody else, usually in war — but never for the destruction of somebody else.

Without Dr. Hilliard's gift, this would not have occurred to me. I opened the book first to 1924, the year before he was born in Brooklyn, the son of a woman from Paris who believed deeply in education (not narrowly defined), and a man from Russia who believed deeply in working seven days a week in the family's small shop to survive the Great Depression.

The front-page headlines in the *Great Gray Lady* for Sunday, June 1, of that year included 13 stories: three about robbery, kidnapping or murder; three or four about the actions of President Calvin Coolidge; one about Robert "Fighting Bob" La Follette, the progressive Republican senator from Wisconsin who was trying to boost the wages of rail workers through federal legislation; one about a Catholic bishop found guilty of heresy by his peers; one about lobbyists seeking "the French vote" (Dr. Hilliard's mother, perhaps?) for New York

state governor and presidential hopeful Al Smith, who promised to repeal prohibition and immigration laws, thus opening U.S. markets to French wine and food; and two about the Japanese and their disapproval of our trade policies and actions.

One of those two headlines was this: "Japanese Kills Himself Near Tokio Embassy; Hari-kiri Victim Assails Us, Asks Vengeance."

A 40-something man had "slit his abdomen crosswise and then upward in the classical way" with a 6-inch dagger near the American embassy in Tokyo (spelled Tokio, then), leaving two letters behind, one to the American people and one to the Japanese empire, according to the *Times* report.

To Americans he wrote, "I request by my death the withdrawal of the Japanese exclusion clause because I greatly regret that your country, which has always advocated peace from a humanitarian viewpoint and has been known as a leader for peace throughout the world, enacted the Japanese exclusion clause in complete disregard of humanity. The indignation caused by this insult is impossible to overcome..."

The exclusion clause prevented "the liberty of entry, travel and residence" for Japanese in the U.S. — and thus it prevented robust trade, something we'd guaranteed them in a "gentlemen's promise" of 1911, the Japanese reportedly said.

As self-sacrifices go, the man's suicide seems peaceful enough. But he left a second letter to his own people that called for his nation "to rise to avenge the insult embodied in the action of America."

That sounds like suicide aimed at the destruction of others — in this case indi-

rectly. And given what happened 17 years later at Pearl Harbor and after, when almost 5,000 Japanese pilots sacrificed themselves as kamikazes, it hardly seems innocent.

When I mentioned this briefly to Dr. Hilliard, who joined the Army at 18, in 1944, and was wounded several times fighting in and after the Battle of the Bulge, he had this to say:

"The two different kinds (motivations/justifications?) of suicide attest to the role of cultural education (brainwashing/propagandizing) in one's upbringing."

In other words, people will sometimes express their patriotism — their heroism — in self-sacrifices celebrated by their parents, aunts, uncles, teachers, friends or peers.

And that's the reason Dr. Hilliard — by career a playwright, novelist and professor emeritus from Emerson College in Boston but by nature and instinct a teacher who will never retire — rarely attends events to honor veterans. Nor will he ever parade around in an old uniform with his medals.

"It tends to glorify war," he concludes. It can become "an aggrandizement for those who think patriotism should be worn on one's sleeve, a reinforcement for the types who may not have been in a war and publicly wish they had been, but if they know anything about war, privately are glad they weren't."

So let's consider something new, with the 12th anniversary of 9/11 nearly upon us.

Instead of martial action, perhaps the most heroic or patriotic sacrifice that any person of any culture might make in any era, is this: to put down war for good, by picking up peace forever. ■



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GUEST OPINION

Celebrate Women's Equality Day on Aug. 26

Ninety-three years ago, women did not have the right to vote. Today, women choose our nation's leaders at every level of government. On Aug. 26 we celebrate the legacy created by the fierce hope of American women nearly a century ago, who dreamed of an America where women would have a seat at the table.



Aug. 26 marks the 1920 passage of women's right to vote, but the fight for voting and equal rights began long before. The first steps in the U.S. began at the Seneca Falls Convention in 1848. An earlier social visit had brought together Lucretia Mott, Elizabeth Stanton, Martha Wright, Mary Ann McClintock and Jane Hunt. New York had just passed the Married Woman's Property Rights Act, a piece of legislation they saw as a significant sign of hope for women's rights. This hope and a strong commitment led them to draft the Declaration of Sentiments, a plea to end discrimination against women.

With 300 men and women at the Seneca Falls Convention, they argued each right laid out in the declaration.

The ninth right, women's right to vote, was questioned at the convention, but Frederick Douglass, the only African American present, argued that he could not accept the right to vote as a black man if women did not also accept the right. He claimed that the world would be a better place if women were involved in the political sphere.

Exactly 100 of the 300 men and women at the convention agreed to sign their name to the cause. Those 100 men and women sparked a grassroots efforts giving way to more conventions and movements around the country, adding fire to the cause and shifting the beliefs of policy makers.

Ratification to the 19th Amendment in 1920 was the result of their efforts, giving women for generations to come a voice and expanding opportunities.

Empowered to achieve greatness, women have exceeded all expectations. Today, we make up nearly half our country's workforce and the majority of students in our colleges and universities. We are running companies and providing convoy security in our military. We have more women doctors, lawyers, accountants, nurses, teachers — you name it — than at any time in our history.

As of today, 293 women have served in the U.S. Congress, 36 women have

served as governors in state houses across the country, and countless others have served as state and local legislators and county officials like myself.

What an achievement! In every presidential election since 1964, the number of women voters has exceeded the number of male voters, and hopefully it won't be long before we have a woman in the White House too!

The path paved by those women who marched on Washington 50 years ago has inspired millions to dream bigger, push open doors, and demand a commitment to equal pay, equal opportunity and equal rights.

The strides made have been enormous, but more can be done. To honor the legacy left by those women who wouldn't take no for an answer, let's rededicate ourselves to eliminating the inequalities that still exist and demand that leaders whom we played such a huge role in electing have our interests in mind when making policy decisions.

We owe it to our mothers and grandmothers to continue to challenge the status quo and to inspire our daughters and granddaughters to dream without limits.

Very Best,
 Anne M. Gannon
 Tax Collector, Palm Beach County

Suggested vacation reading for President Obama: 'Catch-22'



As the Obama family heads to their annual summer vacation on Martha's Vineyard, perhaps the president should take along a copy of "Catch-22" for some beach reading. Joseph Heller's classic, satirical anti-war novel, published in 1961 and based on his experiences as a bombardier in World War II, is sadly relevant today, as Obama's wars, in Afghanistan and beyond, drag on.

Heller's title refers to a fictional military rule that said you could get out of military duty if you were crazy, but if you requested relief from military duty, you were clearly sane, so you must serve. He wrote, "There was only one catch and that was Catch-22, which specified that concern for one's own safety in the face of dangers that were real and immediate was the process of a rational mind. Orr [a pilot in the novel] was crazy and could be grounded. All he had to do was ask; and as soon as he did, he would no longer be crazy and would have to fly more missions."

Barack Obama ran as the anti-war alternative when he was a primary challenger to Hillary Clinton, whose nomination as Democratic presidential candidate in 2008 was widely held to be inevitable. It was his Oct. 2, 2002, speech in Chicago where he declared his opposition to the imminent invasion of Iraq, calling it "a dumb war. A rash war. A war based not on reason but on passion, not on principle but on politics." As a U.S. senator, he pledged to filibuster any bill that granted retroactive immunity to large telecommunication corporations that cooperated with the Bush administration's warrantless wiretapping of U.S. citizens. And on his first day in office,

you might recall, he vowed to close the military prison at Guantanamo Bay.

Has Obama ended the war in Iraq? Certainly not for the Iraqis. July was one of the bloodiest months there since the height of the insurgency against the U.S.-imposed Iraqi government. So far this year, more than 4,000 Iraqis have been killed, mostly by bomb blasts that targeted civilians, and close to 10,000 have been injured, in attacks by Sunnis against Shias or vice versa. On July 22, a military assault was launched against the Abu Ghraib prison, made notorious 10 years ago by the shocking photos of abuse of prisoners at the hands of their U.S. captors. Five hundred prisoners were freed in the course of the attack, including, reportedly, many senior al-Qaida leaders. Transparency International ranked Iraq the seventh-most corrupt government on the planet, narrowly edging out Sudan, Afghanistan, North Korea and Somalia. Thirteen U.S. soldiers were killed in Afghanistan in July, including Spc. Caryn Nouv, a 29-year-old mother of two.

Obama's embrace of the surveillance state is now well-known, following revelations from National Security Agency whistle-blower Edward Snowden. It was in December 2007 when Obama's Senate office issued a press release stating, "Sen. Obama unequivocally opposes giving retroactive immunity to telecommunications companies and has cosponsored Sen. Dodd's efforts to remove that provision from the FISA bill. Granting such immunity undermines the constitutional protections Americans trust the Congress to protect. Sen. Obama supports a filibuster of this bill, and strongly urges others to do the same." Months later, not only didn't he filibuster the bill, he voted for it. Now, President Obama is refusing to meet with President Vladimir Putin in Russia next month, since Putin granted Snowden temporary asylum there.

Then there's Guantanamo. The hunger strike among up to 100 prisoners there, out of the total of 166, has just passed the six-month mark. The Pentagon is force-feeding many of them. Eighty-six have been cleared for release. A majority of the 166 have never been charged, with some held that way for more than 11 years. Despair is said to be rampant among them, so much so that they would rather starve themselves to death than endure more. "I don't want these individuals to die," Obama said in April. So he has them violently force-fed to keep them alive, uncharged, with no end in sight. Even if the Obama administration releases two prisoners, a plan press secretary Jay Carney revealed last Friday, there will still be 164 prisoners languishing there.

Before heading on vacation, Commander in Chief Obama gave a rousing speech to Marines at Camp Pendleton, Calif. Elsewhere, Pfc. Bradley Manning sat for another day of his sentencing hearing. Heller's protagonist in "Catch-22," Captain Yossarian, holds a wounded comrade, named Snowden, coincidentally, who dies in his arms. The experience cements Yossarian's opposition to war. Bradley Manning, too, went to war, and hated what he saw. He took action, leaking documents to spark a national debate.

Heller's depiction of war — grim and stark — was fiction, though based on his own experience. Obama's wars, his drone strikes, his war on whistle-blowers, are all too real. ■

— Denis Moynihan contributed research to this column.

— Amy Goodman is the host of "Democracy Now!," a daily international TV/radio news hour airing on more than 1,000 stations in North America. She is the co-author of "The Silenced Majority," a New York Times best-seller.



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Regular grooming is an easy way to make pets happy and healthy

BY DR. MARTY BECKER
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There are few things that make a veterinarian happier than walking into an exam room to see a pet who's squeaky clean and perfectly groomed. That's because it's a sign of a pet owner who's paying attention to all aspects of preventive pet care and overall comfort.

How important is grooming to your pet's comfort? Consider a simple mat, so easy to overlook. Have you ever had your hair in a ponytail that was just a little too tight? A mat can feel the same way to your dog — a constant pull on the skin. Try to imagine those all over your body, and you have a good idea how uncomfortable an ungroomed coat can be.

Your dog need never know what a mat feels like if you keep him brushed and combed — but that's just the start of the health benefits. Regular grooming allows you to look for lumps, bumps and injuries, while clearing such things as tangles and ticks from his coat. Follow up with your veterinarian on any questionable masses you find, and you may detect cancer early enough to save your pet's life.

For shorthaired breeds, keeping skin and coat in good shape is easy. Run your hands over him daily, a brush over him weekly and that's it.



Comb-out or belly rub? If you approach grooming with a positive attitude and are patient, your pet will enjoy the task as bonding time.

For other breeds, grooming is a little more involved. Breeds such as collies, chows, keeshonden and Alaskan malamutes are "double-coated," which means they have a downy undercoat underneath harsher long hair. The down can mat like a layer of felt against the skin if left untended. To prevent this, divide the coat into small sections and brush against the grain from the skin outward, working from head to tail, section by section. A tip: Yes, you can keep these long-haired dogs clipped short to keep grooming easier — and you'll be rewarded with a dog who sheds the least of all, owing to the longer grow-and-shed cycle of long hair.

Silky-coated dogs such as Afghan hounds, cockers and Maltese also need constant brushing to keep tangles from

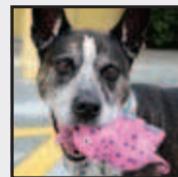
forming. As with the double-coated dogs, work with small sections at a time, brushing from the skin outward, and then comb back into place with the grain for a glossy, finished look. Coats of this type require so much attention that having a groomer keep the dogs trimmed to a medium length is often more practical.

Curly and wiry coats, such as those on poodles and terriers, need to be brushed weekly, working against the grain and then with it. Curly coats need to be clipped every six weeks; wiry ones, two or three times a year. (But clipping every six weeks will keep your terrier looking sharper.) A good professional groomer, along with your veterinarian, can be a dog's best friend.

Good grooming is about more than keeping your pet looking beautiful and clean-smelling, although those are certainly pleasant payoffs. Regular grooming relaxes the dog who's used to it, and it becomes a special time shared between you both. A coat free of mats, burrs and tangles, and skin free of fleas and ticks, are as comfortable to your dog as clean clothes fresh from the wash are to you. It just makes you feel good, and the effect is the same for your pet.

Some added benefit for you: Giving your dog a tummy rub after every session is sure to relax you (and your dog, of course) and ease the stress of your day. ■

Pets of the Week



>> **Syllis** is a 12-year-old neutered Catahoula and bull terrier. He is active, and loves walks and squeaky toys. He qualifies for the Senior to Senior program; adopters 55 and older pay no adoption fee.



>> **Clem** is a 10-month-old neutered domestic shorthair. He can be a bit unsure of people in the beginning, but then warms up.

To adopt: **The Peggy Adams Animal Rescue League**, Humane Society of the Palm Beaches, is located at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspb.org. For adoption information call 686-6656.



>> **Penny** is a spayed female tabby, approximately 1 year old. She has soft fur, and loves to be petted. She's very friendly with people, and gets along well with other cats.



>> **Max** is a neutered male tabby with muted colors, approximately 1 year old. He's a friendly boy who enjoys interacting with people, and he gets along well with other cats.

To adopt: **Adopt A Cat** is a no-kill, free-roaming cat rescue facility located at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public Mon-Sat, 12 noon to 6 P.M. For additional information, and photos of other adoptable cats, see our website at www.adoptacatfoundation.org, or visit us on Facebook (Adopt A Cat Foundation). For adoption information, call 848-4911 or 848-6903.

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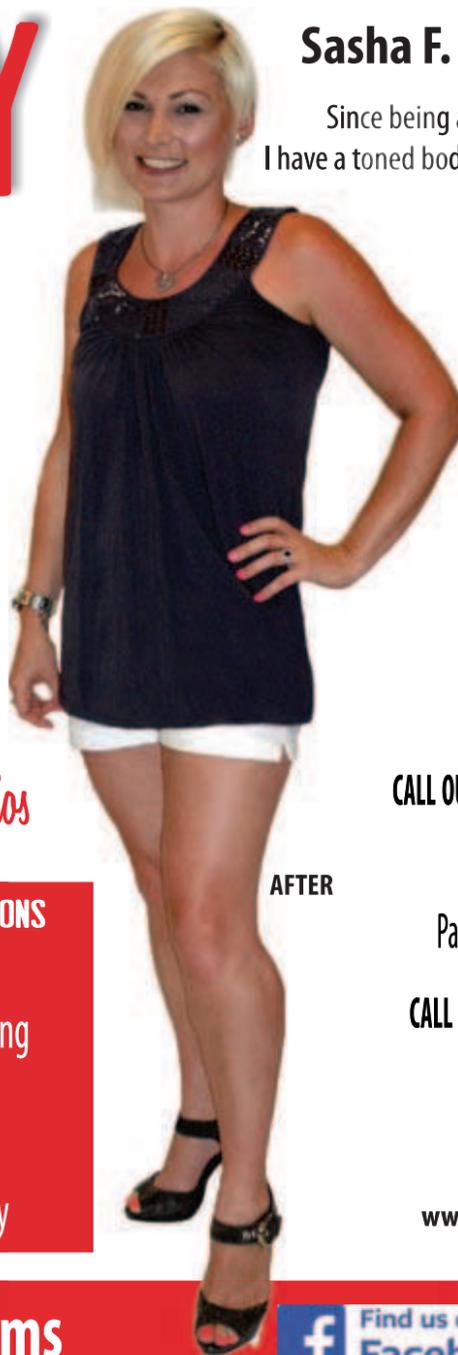
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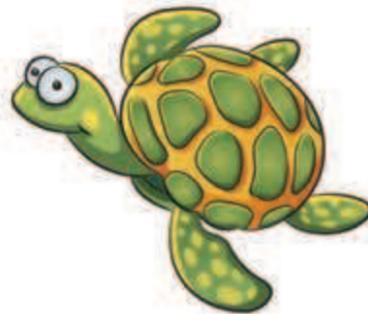


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BETTY WELLS/FLORIDA WEEKLY

Cranes grace the skyline at the Harbourside Plaza site. This view shows the construction from U.S. 1, just north of Indiantown Road. There will be 929 parking spaces.

DAWNING

From page 1

and outdoor amphitheater, retail space, restaurants and eateries (with some outdoor seating), office sites, a water taxi stand, a trolley stop and two hotels.

"Harbourside Place construction progress is nearing 40 percent, with a completion date scheduled for Spring 2014," said Nick Mastroianni II, president of Allied Capital & Development. "We look forward to a soft opening in the summer of 2014 and an official grand



BETTY WELLS/FLORIDA WEEKLY

From the bridge on Indiantown Road the plaza is seen to the east. It will include the Wyndham Grand Jupiter Beach luxury hotel.

in the know



COURTESY RENDERING

Harbourside Place

- >> **Construction cost:** \$144 million
- >> **Developer:** Allied Capital & Development of South Florida, LLC — a Palm Beach Gardens-based company
- >> **Expected completion date:** Spring 2014
- >> **Estimated number of jobs created:** 2,000+
- >> **Hotel information:** A two-building, five-story waterfront four-star Wyndham Grand Hotel, with 179 rooms, a rooftop terrace with a pool and bar, and a skybridge connecting the buildings
- >> **Parking information:** Two, five-story parking garages, with a total of 929 parking spaces; Parking will be validated/paid; There will be retail stores on the bottom floors of the parking garage, as well as some office suites located adjacent to the parking garage levels in building 5
- >> **Marina information:** There will be two marinas — one will include 22 leasable slips for vessels up to 60 feet and the second will include nine transient boat slips for day dockage
- >> **Office/Retail/Restaurant space information:** A total of 360,000 square feet for the complex, broken up into about 60,000 square feet of Office space; 54,000 square feet of Retail space; and about 37,000 square feet of Restaurant space
- >> **Riverwalk information:** A 20-foot-wide pedestrian easement anchoring Riverwalk, Jupiter's approximately 2.5-mile-long bicycle/pedestrian route from Ocean Way to the Jupiter Inlet
- >> **For more information:** See harboursidejupiter.com; for more information about Allied Capital & Development, see alliedcapitalanddevelopment.com, 561-799-0050.

opening the following fall. "

The hotel property on the 11-acre site is going to be a four-star Wyndham Grand Hotel. The popular Jupiter wine bar and restaurant, Too Bizarre, also will move into a much bigger space within the complex. Another major tenant is the Bravo-Brio Restaurant Group.

"The four-star hotel, Wyndham Grand Jupiter Beach at Harbourside Place, will occupy 112,840 square feet of the development," Mr. Mastroianni said. "Wyndham offers the level of luxury we were looking for to complement the incoming retail, restaurants and public venues within Harbourside Place. Its restaurant, Deep Blu, is expected to reach the same levels of acclaim as its Orlando location. "

Mr. Mastroianni continued: "We are also excited to have signed leases with Bravo-Brio Restaurant Group and Too Bizarre, a longtime staple to Jupiter residents."

Mr. Mastroianni says the project is creating more than 2,000 jobs (including construction) and is bringing life to a long-stagnated, prime waterfront area.

"Harbourside Place will create an excess of 2,000 jobs over the next three years and provide exceptional economic stimulus for the region," Mr. Mastroianni said. "Furthermore, its location at the corner of U.S. 1 and Indiantown Road has long since been a stagnant area awaiting development. Its ease in accessibility and surrounding beauty of the Intracoastal will ensure its popularity and longevity."

Reaction from city officials to the project is mixed, though mostly positive.

"The Harbourside project is going to activate Jupiter's Riverwalk, which will give residents the chance to enjoy the waterfront while also creating a sense of a downtown," Jupiter Councilman Todd

Wodraska said. "The Riverwalk is a beautiful stretch that has both peaceful nature stretches, and now with Harbourside and the Jupiter Yacht Club, active retail."

Brenda Arnold, Town of Jupiter Community Redevelopment Agency program manager, said, "The town is looking forward to the opening of the Harbourside Commercial Center as it will not only provide a boost to the local economy, but also active uses within the Entertainment District of the Riverwalk. The project mix of commercial uses (hotel, restaurant, office and retail), along with public access to the waterfront via the Riverwalk and public boat slips, will be an asset for the community."



MASTROIANNI

Jupiter Councilman Jim Kuretski, the lone nay vote when the project was approved 4-1 in 2008, has continued to come out against the project. He said he feels the developer has been given some special breaks.

"It's a significant project that's under construction and I hope it turns out to be a success," Mr. Kuretski said. "I see it as a significant change, like bringing CityPlace (of West Palm Beach) to Jupiter, and I don't feel that's a good fit for Jupiter. There's a significant amount of bars and not enough family-style entertainment."

Northern Palm Beach County Chamber of Commerce President and CEO Beth Kigel says Harbourside Place will be good for area business.

"The northern region of Palm Beach County is a great place to live, work and play, and the addition of Harbourside

"Harbourside Place construction progress is nearing 40 percent, with a completion date scheduled for Spring 2014. We look forward to a soft opening in the summer of 2014 and an official grand opening the following fall."

— Nick Mastroianni II,
president of Allied Capital & Development

Place further enhances what this community has to offer," Ms. Kigel said. "With the combination of a hotel, retail space and restaurants, Harbourside Place will be a hub for economic activity, a destination that will attract locals and visitors from all over the country."

Businesses near the Harbourside site have mixed opinions about how the completion of the new development will affect their customer traffic.

"That's probably going to draw a lot of people," said Greg Neece, co-owner of Neece Jewelers Inc., which is in the Jupiter Square shopping center on the southeast corner of Indiantown Road and U.S. 1. "It will cut into the number of people coming through our shopping center."

"In the short-term, it will probably hurt our business as people try it out," agreed Scott Whitcomb, manager of Chili's Grill & Bar, which is located in the Shoppes at Jupiter shopping center on the northeast corner of Indiantown Road and U.S. 1. "But, in the long run, it's going to be a positive for us because it will draw more traffic to our area." ■

NEWS OF THE WEIRD

BY CHUCK SHEPHERD
DISTRIBUTED BY UNIVERSAL PRESS SYNDICATE

Roach motel

At age 20, Kyle Kandilian of Dearborn, Mich., has created a start-up business to fund his college expenses, but it involves a roomful (in the family home) of nearly 200,000 cockroaches. The environmental science major at University of Michigan-Dearborn breeds species ranging from the familiar household pests, which he sells on the cheap as food for other people's pets, to the more interesting, exotic Madagascar hissing roaches and

rhino roaches, which can live for 10 to 15 years. (Mr. Kandilian told the *Detroit Free Press* in July that of the 4,000 cockroach species, only about a dozen are pests.) Why not choose a more conventional "pet"? Because "(m)ammals smell," he said. (Missing from the *Free Press* story: details on the likely interesting initial conversation between Kyle and his mother when he asked if he could have 200,000 cockroaches in the house.) ■

Can't possibly be true

■ A 55-year-old woman in the Netherlands seemed to be experiencing orgasms emanating from her foot, she said, and Dr. Marcel Waldinger of Utrecht University (writing in the *Journal of Sexual Medicine*, online in June) produced a possible explanation. The applicable left foot nerve enters the spinal cord at about the same level as the vaginal nerve, Mr. Waldinger wrote, and the woman's recent foot injury might have caused the nerves to cross. The woman reported "five or six" orgasms per day that felt exactly like "regular" orgasms and, she said, were making her feel terribly guilty and embarrassed. After treatment with a nerve anesthetic, she reported being orgasm-free (in the foot, at least) for eight months.

■ The intersection of West Gateway Boulevard and North Congress Avenue in Boynton Beach, (pop. 60,000), is nine lanes wide, busy even at 11 p.m. on Sunday night, as it was at that time in July when a 2-year-old girl darted across, a

combination of good fortune and sometimes-rare Florida driver alertness allowing her safe arrival on the other side without a scratch. "It's a miracle," said Harry Scott, who witnessed it. "I'm telling you the truth." Mom Kayla Campbell, 26, was charged with felony neglect, as she appeared "oblivious," said police, to the child's absence from home.

■ An unnamed restaurateur from Nagoya, Japan, has filed a lawsuit against an affiliate of the country's largest organized crime syndicate, Yamaguchi-gumi, demanding a refund of "protection" money she had been paying for more than 12 years (in total, the equivalent of about \$170,000). The affiliate, Kodo-kai, burned down a bar in 2010, killing people, in a similar protection arrangement that went bad, and the plaintiff said she, too, was threatened with arson when she decided to stop paying. According to an expert on Japanese "yakuza," a relative of one of the victims of the 2010 fire may also sue Kodo-kai. ■

Unclear on the concept

■ In June, following his guilty plea in Corpus Christi, Texas, to possession of child pornography, Jose Salazar, 70, offered to perform public service to reduce the 12-year sentence a federal judge had handed him. Salazar said he "had a lot to offer society," according to an Associated Press story, and could be "useful" in mentoring children.

■ At Atherstone, England's, Twycross Zoo, a program is under way to try to teach quarter-ton giant tortoises to speed up. An extended outdoor pen had been built for Speedy (age 70), Tim, 40,

and Shelly, 30, but that meant it took a longer time to round them up for bed at the end of the day. The Leicester Mercury reported in June that zoo officials were trying to use the lure of food to get the tortoises to significantly improve their way-under-1-mile-per-hour gait.

■ The British sex toy manufacturer Ann Summers issued a recall in June of a certain model of its popular Ultimate O Vibrator because of a problem with the electrical charger. The company said it was being cautious but that the risk of danger is low. ■

Inexplicable

■ Tina Marie Garrison, 37, and her son Junior Lee Dillon, 18, of Preston, Minn., were charged in June with stealing almost \$5,000 worth of gopher feet from the freezer of a gopher trapper in Granger, Minn., and selling them for the local offered bounty of \$3 per pair. Ms. Garrison, Dillon, and the victimized trapper were friends, and it was not clear why the thinly populated gopher-foot

market would not have deterred them.

■ Louann Giambattista, 55, a 33-year-veteran American Airlines flight attendant, filed a lawsuit against the company in July alleging that it had subjected her to baseless hassles because of co-workers' accusations that, argued her attorney, were wrongly "making her out to be a nut." One of the accusations was that she was "hiding rats in her underwear. ■

Strange Old World

■ The Best of the International Press: In July, the governor of Gorontalo province in Indonesia decreed that female secretaries should be replaced immediately with males. He was responding to a recent excessive spate of extramarital affairs by male bureaucrats with their female secretaries. ("(O)ld women who are no longer attractive" could also be

hired, he said.)

■ Japanese media were abuzz in June describing the social trend of teenagers who lick each other's eyeballs as a sign of dating commitment (roughly equivalent, said the website Japan Crush, to "getting to second base"). Health authorities said it is also an excellent way to spread "eye chlamydia" and conjunctivitis. ■

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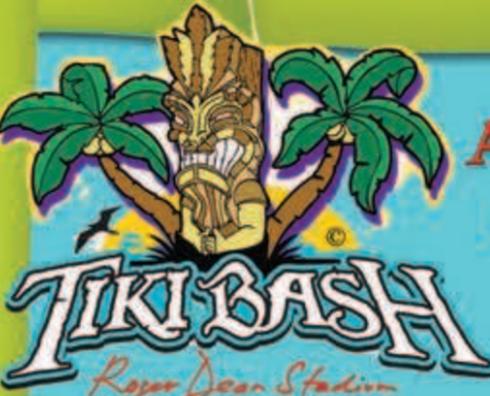
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Tami Borland, left, chair of the Young Friends of the Jupiter Inlet Lighthouse, with Dan Uzzi and Amyleigh Atwater at the group's event in June.

Young Friends of the Lighthouse staging social at Bubba Gump

SPECIAL TO FLORIDA WEEKLY

Following a successful kick-off event in June which brought more than 50 of Palm Beach County's young professionals together with the county's oldest landmark, the newly established Young Friends of the Jupiter Inlet Lighthouse is hosting its second event on Monday, Aug. 26 from 6 p.m. to 8 p.m.

The social will be held at Bubba Gump Shrimp Co. located at 1065 Florida A1A in Jupiter, overlooking the inlet and historic lighthouse, a nationally designated landmark built in 1860.

The August social includes one drink, hors d'oeuvres, and networking with young professionals who share a passion for the unique culture and history of Jupiter. The screened-in back patio of Bubba Gump Shrimp Co. features an atmosphere great for lounging and socializing — and a beautiful view of the lighthouse, a structure symbolic of the Town of Jupiter and the surrounding area. Admission to the event is \$10 for members of the Young Friends of the Jupiter Inlet Lighthouse and \$15 for non-members. Proceeds benefit the Loxahatchee River Historical Society — the nonprofit organization charged with operations and funding for the Jupiter Inlet Lighthouse and Museum. Guests should RSVP to yfjupiterlighthouse@gmail.com.

The Young Friends group was established in June to bring new energy to the 153-year-old landmark through various volunteer and fundraising projects.

"For many of us that were raised in Palm Beach County, and even those

who are new to the area, the Jupiter Inlet Lighthouse symbolizes home," said Tami Borland, chair of the new group. "It's important to engage the community in further preserving this rich, beautiful piece of history in our backyard, which has already withstood the Civil War, hurricanes, and earth tremors."

The Jupiter Inlet Lighthouse is one of only 30 remaining historic lighthouses dotted along Florida's 1,197 miles of coast. Although for thousands of years the impressive point of land sitting at the junction of the Indian and Loxahatchee Rivers and Jupiter Inlet had been home for ancient Indian tribes, the strategic site was first recommended as a suitable place for military defenses in 1849. President Franklin Pierce signed the order to set aside a 61.5-acre site on the Fort Jupiter Reservation for a lighthouse in 1854. The tower was completed in May 1860 and was first lit on July 10 that same year.

To learn more about the Young Friends of the Jupiter Inlet Lighthouse, see www.jupiterlighthouse.org, email yfjupiterlighthouse@gmail.com or call 262-5225. Annual dues of \$50 support the Loxahatchee River Historical Society, stewards of the Jupiter Inlet Lighthouse & Museum, and as a partner in the National Landscape Conservation System, the Loxahatchee River Historical Society preserves and interprets the dynamic heritage, ancient cultural history and sensitive natural systems of the Jupiter Inlet Lighthouse Outstanding Natural Area and the Loxahatchee River region. ■



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Bruce Lewis shares his family's experience.

"Hospice of Palm Beach County helped us through each stage of Mom's illness. They were always responsive and so kind - whenever we needed support, whenever we had questions. It's as though they put cushions around us and our hearts, holding us up. They were a shining light in a difficult time." *Bruce Lewis*



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BEACH READING

'The Sugar Detox: Lose Weight, Feel Great, and Look Years Younger'

By Brooke Alpert, RD, CDN, and Patricia Farris, MD, FAAD (Da Capo, \$24.99)

REVIEWED BY LARRY COX



Minimizing the sugar in your diet is not as easy as you might think. Sugar appears in almost every food product in the local supermarket — even in foods we consider healthy such as bread, fruit and dairy. A diet high in sugar doesn't just affect weight, it can trigger premature aging, an increased risk of diabetes, atherosclerosis, heart disease and even cataracts, according to dietitian Brooke Alpert and Dr. Patricia Farris.

They have devised a comprehensive, one-month plan to wean readers of their sugar cravings. It starts with a three-day Sugar Fix, followed by a three-day cold-turkey sugar elimination period that helps recalibrate our taste buds. There is also a three-day Skin Fix to counteract sugar-related skin damage. After the initial cleanse, there is a four-week schedule of menu plans, including 50 recipes, to re-educate ourselves about which foods to eat and which ones to eliminate.

Many people consume sugar for an energy boost, and then deal with the inevitable crash that follows. According to the authors, the best way to keep energy levels up is to keep your blood sugars stable and

avoid the highs and lows of a sugar high. If you follow their plan, you can replace a candy bar with a healthy dose of lean proteins, veggies and whole grains, all guaranteed to keep you energized throughout the day.

Put another way, put down that candy bar and pick up a carrot.

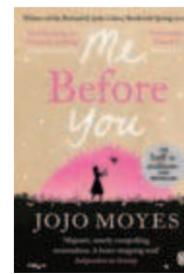
It's also important to avoid artificial sugars since they often contain fructose, an ingredient that promotes unhealthy belly fat and increases the risk for insulin-resistance, diabetes and heart disease.

"The Sugar Detox" is a sensible approach, and the bottom line is that eliminating sugar is one of the best ways to improve general health. ■

'Me Before You'

By Jojo Moyes (Penguin Books, \$16)

REVIEWED BY EALISH WADDELL



Louisa Clark is an easygoing sort of girl who's never had much ambition until circumstances force her to accept a job she feels completely unqualified for, as a companion to Will Traynor, a paralyzed young man confined to a wheelchair. Formerly a dynamic, jet-set businessman, Will was used to controlling everything around him and enjoying it all to the fullest. Now that once-active, expansive lifestyle is a tormenting memory, supplanted by a thousand daily discomforts and indignities, and the overwhelming frustration and depression they bring.

But Will's quick, sardonic mind is fully intact, and he finds a kindred spirit in the indomitable Lou. The two clash from the first, but as the days go on, they discover surprising things in common, and embark on many small adventures together, some more successful than others. Lou hopes to show Will all the joys that his altered life can

still hold, but ironically, it is Will who opens Lou's eyes to the richness of the world around her.

But on one thing he will not be moved, and when Lou finds out how he really feels about his future — and what he plans to do about it — she

resolves to throw everything she has into changing his mind. In the process, Lou begins to realize just how much she has come to care for this fascinating, mercurial man, and he for her. But will it be enough?

"Me Before You," new to paperback, is an unconventional love story about two people facing some decidedly unromantic situations. It handles complex and controversial topics with grace, recognizing that there are no one-size-fits-all solutions. But beneath the "issues" lies a story simply about connection and caring, and the recognition that while life can be beautiful, the one thing it will never be is easy. ■



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Training for women on public service offered by Palm Beach Junior League

SPECIAL TO FLORIDA WEEKLY

The Junior League of the Palm Beaches Inc., in conjunction with the Women's Foundation of Palm Beach County and the Political Institute for Women, will host a series of training initiatives to help women take the first steps toward running for elected office or a public service leadership position.

The sessions will be held from 1 to 5 p.m. on Thursdays, Aug. 22, Sept. 19, Oct. 24 and Nov. 21 at the Junior League of the Palm Beaches Headquarters, 470 Columbia Dr., Building F, West Palm Beach. Cost for admission is \$60 per course, or \$175 for all four dates.

The sessions will be led by Kimberly Mitchem-Rasmussen. The sessions include Introduction to Public Service/Advocacy and Campaign Strategy 101 on Aug. 22; Planning Your Path to Public Service/Advocacy and Campaign Finance 101 on Sept. 19; Campaign Communications/PR 101 and

Public Speaking and Debating on Oct. 24, and Media Skills 101 and Campaign Field Strategy 101 on Nov. 21.

The training is nonpartisan and do not support or oppose any political party, candidate for elective office, or office holder, according to a prepared statement from the Junior League.

For more information about "Women on the Run Palm Beach," contact Jennifer Mahoney of the Women's Foundation of Palm Beach County at jen@womensfoundationpbc.org or see <http://www.jlpb.org/our-events/women-on-the-run-palm-beach/>.

The Junior League of the Palm Beaches is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers, the statement said. Its purpose is exclusively educational and charitable. ■

Learn all about Medicare through Gardens program

SPECIAL TO FLORIDA WEEKLY

The City of Palm Beach Gardens is offering Medicare 101 classes. Learn how to enroll, get important deadlines, vocabulary, and learn about the different parts of Medicare and what they mean to you: Original Medicare, Medicare Supplement Insurance Plan (Medigap), the Donut Hole, Medicare Advantage Plans and more.

Medicare 101 classes will be held on Thursdays, Sept. 12 through Oct. 3, from 6:30-7:30 p.m. at Lakeside Center, 10410 North Military Trail, Palm Beach Gardens. Fees are \$43 for Palm Beach Gardens residents and \$52 for non-residents. Register in advance at www.pbgfl.com or at a Recreation service desk.

Call Gillian Kennedy Wright at 630-1108 for more information. ■

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TURTLES

From page 1

the center receives through the event.

"Last year, there were tons of people who came through that event who never even heard of Loggerhead Marinelife Center, and we're only six miles from The Gardens Mall," said Deborah Jaffe, the Juno Beach sea turtle research and rehabilitation center's development director. "It's really incorporating art students and getting their minds thinking in a conservation mode. You don't necessarily match art students and conservation together and they've done that."

Karen Wanklyn, art teacher at Palm Beach Gardens High School, loves having that opportunity.

This is the school's second year of participating in the Arribada.

She said the turtle sculptures arrive as a blank canvas.

"They're beautifully sculpted. They're all white when they get to us, and they all are the same. Then we have four weeks to develop this turtle into an art form," she said.

She takes advantage of that opportunity to integrate art and conservation.

"What I would do is I would ask students to volunteer and I would ask students who I knew would put a lot of heart and soul into their art," she said.

For many students, that meant coming in after school or skipping lunch to work on the turtle; others got permission to miss a class in order to work on the project.

The kids had about a month to work on the turtles; coming up with a concept took about a week, Ms. Wanklyn

said. "Our sea turtle goes from being out of an egg and journey to the lost city of Atlantis," she said.

It's quite a trip.

"Underneath the shell, the students have depicted what the sea turtle is seeing. The sea turtle sees whales, dolphins, sharks, clownfish and clams. The sea turtle runs across a mermaid in Atlantis. That's basically what our sea turtle goes through," Ms.



MCCALL

Wanklyn said.

She took it one step further, asking student Supreme McCall to write about the turtle's journey.

Mr. McCall's mom had taken him to the Marinelife Center to visit the sea turtles.

"I painted the mermaid and I helped all around," he said. "And my teacher, Miss Wanklyn, since she heard from my English teacher that I as a good writer, she asked me to write a poem about it."

He was moved by the notion that female sea turtles dig their nests, lay eggs and then return to the sea, never to see their offspring.

"Sea turtles can't stay and see their children hatch," said Mr. McCall, who is 15 and will enter 10th grade this school year. He lives in West Palm Beach.

He responded to the sea turtle's life with a poem that begins:

"I just laid my babies, covered them in a blanket of sand. I don't know if I'll ever see them again. I don't know where they'll go, or who they might be, but I must go. I inch back to the water and with one last goodbye, I emerge



COURTESY PHOTO

Palm Beach Gardens High School students depicted their sea turtle's journey from hatching to a visit to Atlantis. Their turtle was displayed in a PNC Bank lobby before being moved to The Gardens Mall for Art Arribada.

into the sea."

"He wrote something and I printed it up and I thought it was awesome. His teacher in reading and writing was one of the teachers who gave permission for him to work on the turtle," said Ms. Wanklyn.

Organizers of the event take heart from stories such as that.

"That's exactly what I'm talking about. We are reaching many, many people you wouldn't reach for conservation," Ms. Jaffe said.

"Proceeds from the auction of these sculptures will directly support Loggerhead Marinelife Center's portfolio of conservation services: education,

research and sea turtle rehabilitation," Mr. Lighton said.

The \$1,500, \$1,000 and \$500 checks the winning schools receive through the auction can make a real difference in the schools' art budgets.

One school "told me they had a \$250 budget for 200 students for the entire year. Dwyer (High School) got a \$500 check. We were able to triple their budget," Ms. Jaffe said.

And hopefully inspire that next generation of artists and conservationists.

"I love it when students not only use their creativity but seek knowledge on whatever we're talking about," Ms. Wanklyn said. ■

in the know

>> **What:** Art Arribada

>> **When:** View the sea turtle sculptures from Aug. 19 to Sept. 2. The top three schools with the most votes will be awarded cash prizes for their art departments. A Best in Show award chosen by judges will be given as well. The winners will be announced at an Art Arribada reception and auction, set for 6 p.m.-8 p.m. Aug. 29. Tickets are \$35 and may be purchased at marinelife.org or by calling Deborah Jaffe of LMC at 627-8280, Ext. 102.

From 11 a.m. to 4 p.m. Aug. 24, LMC will feature a kid-friendly, science-oriented Marinelife Day at The Gardens Mall. There will be presentations on turtles and marine life that are both fun and educational. Different interactive stations will be set up based on research, rehabilitation, education, and conservation themes. Socializing and photos with the Marinelife Center mascot Fletch, along with prizes and giveaways, will take place during this free, family-friendly event.

>> **Where:** The Gardens Mall, 3101 PGA Blvd., Palm Beach Gardens

>> **Info:** thegardensmall.com or marinelife.org

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Kenneth Gordon is Board Certified by the Florida Bar as a specialist in Marital and Family law. Mr. Gordon's emphasis is in handling complex family law matters including: dissolution of marriage, alimony, parental responsibility and timesharing disputes, business valuation, prenuptial and postnuptial agreements, equitable distribution, adoption, domestic partnership agreements, appeals, and all other family law related matters. Mr. Gordon is a frequent lecturer and author on various topics relating to marital and family law. Mr. Gordon has taught the substantive family law portion of a Florida Bar Family Law Mediation Certification course for the last five years.

HEALTHY LIVING

Adult siblings: Avoid reverting to those childhood hurts



It's very rare to see Liz without a smile on her face, so I was taken aback when I saw her simmering with rage last week. (I've changed the names and identifying details.) She looked exhausted and started venting nonstop in a completely uncharacteristic way. "I just had a huge fight with my sister Meryl. I don't care if I ever speak with her again."

Meryl is a prominent physician in Manhattan and claims that it is too difficult for her to make the trip to Florida very often to see their 82-year-old mother, Ida. Ida still lives alone, but serious health issues have necessitated care from full-time aides.

"Meryl thinks that I should be at the beck and call of the family because I only work part time. And of course, because she has such a high-powered job, she thinks it's OK to be off the hook. But it's always been about Meryl. Mom was so busy bragging about Meryl that she never noticed anything I did. When Meryl married Jeff, Mom couldn't stop talking about their Park Avenue apartment, their house in the Hamptons and their perfect children. Because I live in Florida, it's just expected that I'm the one to take care of Mom's affairs and take her to the doctors.

"Yesterday, when Meryl started talking in that superior tone of voice, chastising me for the way I handled a situation with the aide, I blew up at her in a way that I had never done before. And then when I tried to vent to Mom about what happened, she started in with how I should understand how demanding Meryl's career is. She doesn't see how her favoritism has put a wedge between us. I wish they would give me some credit for how much I do. I thought that I had

buried the hatchet with Meryl a long time ago, but after we argued, the same feelings that I used to have rushed over me like it was yesterday."

When extended family systems are overloaded by extreme circumstances, such as illness, financial upheavals or death, people tend to regress to previous, often disruptive, patterns of relating. Negative feelings among family members can trigger powerful, visceral reactions that are often more extreme than the situation warrants. Lifelong hurts, jealousies and resentments among siblings come storming back and parents unwittingly can fuel the fire with innocuous comments that are perceived to be unappreciative of one's efforts or to show favoritism.

Even with the best of intentions, when a person is filled with negative feelings toward her siblings, it not only compromises her ability to be helpful to their parent, it seriously depletes her emotional and physical well-being.

Important steps can be taken to lessen the sting of the conflicts, and in fact, to forge stronger, more gratifying relationships. It is important for Liz not to let grievances fester without addressing them. Staying in an angry and unreachable place is actually a choice that one makes. Liz would be well served to make a concerted effort to let go of her anger and move past her differences with Meryl to see if the two can work together.

However, the way that she communi-

cates her frustrations is key. If she sticks to the facts and avoids a sarcastic, accusatory tone, she might be better able to reach her sister in a way that joins them together in the shared responsibility. She should avoid interpreting her sister's actions (i.e. you don't want to be bothered by this. You think that your job is so important that you don't consider my feelings.) In fact, Meryl might care much more than it seems and might have her own frustrations long-distance that Liz is not aware of. Is it possible that Liz's anger has been so blatant that Meryl backs off in defense?

Saying "I'm sorry" or "I forgive you" when appropriate can have tremendous mileage. If Liz is more open and receptive to Meryl's position, she will be better able to articulate how Meryl can be of help to her, even long distance. For example, she might request that Meryl come to visit her mother on a specific date so that Liz can have peace of mind to attend an out of town wedding. Or she can request that Meryl make some of the paperwork. She might even say that it means a lot to her when Meryl acknowledges that Liz has assumed a lot of the daily load and for Meryl to voice that she would like to be there emotionally for Liz if it is possible.

Adult children play a crucial role in helping aging parents. The emotional and physical demands are such that it takes a concerted effort on everyone's part to work collaboratively and supportively to provide the necessary care. ■



This column first ran in 2011.

— Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. She holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached at palm-beachfamilytherapy.com.

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The scoop on juicing

Tons of tips, tricks and recipes squeezed into expert's new book

SPECIAL TO FLORIDA WEEKLY

It's not just celebrities, world-class athletes and champions of alternative diets who are turning to smoothies and freshly juiced vegetable and fruits for improved health, says nutritionist



Calbom

Cherie Calbom, aka "The Juice Lady."

People from all walks of life are juicing to lose weight, energize, sleep better, strengthen their immune systems and have brighter skin and a younger appearance, Ms. Calbom says. "They're also juicing to help their bodies heal from a variety of ailments," she adds.

For those just getting started, she offers "The Juice Lady's Big Book of Juices and Green Smoothies," chocked full of juicing tips, tricks and recipes.

No matter your diet, juicing offers a

shot of goodness — nutrition, minerals, phytonutrients and more — that you might not otherwise get, she says. Here are some of her insights and pointers:

■ **Fruits and veggies happiness studies:** Plenty of research shows that adding more produce to your daily diet can benefit your mental health and sense of well-being.

In one analysis of the eating habits and moods of 80,000 British adults, researchers at Dartmouth and the University of Warwick found that those who consumed the most fruit and vegetables every day rated themselves as significantly happier and more satisfied with their lives than those who ate lesser amounts. The well-being score for people who ate seven to eight servings of vegetables and fruits per day was consistently three points higher than for those who ate little or none.

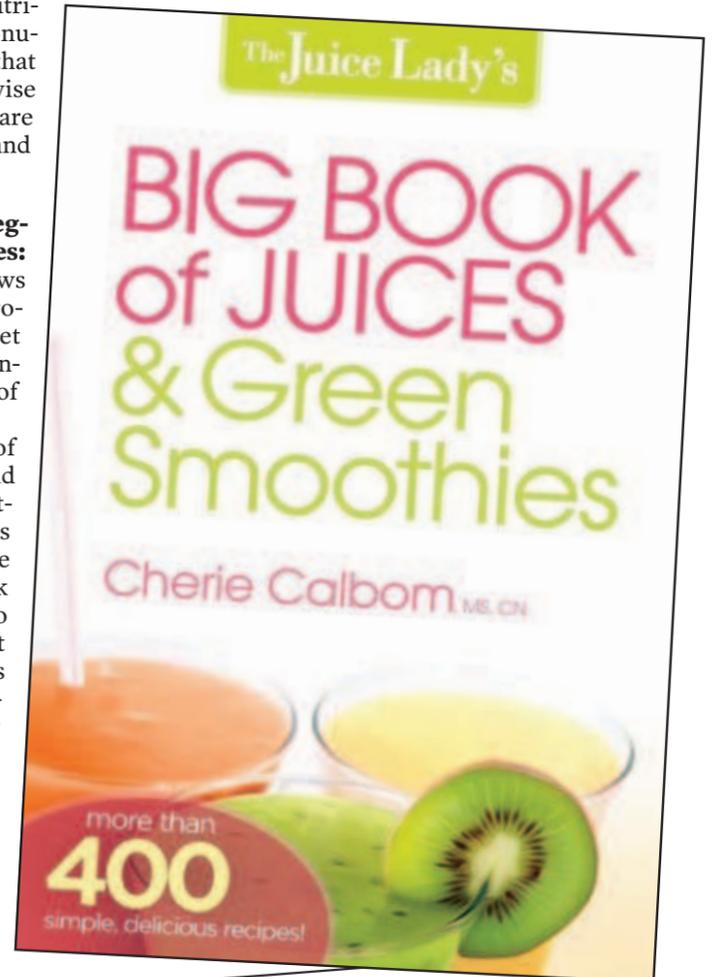
■ **More research:** Researchers at the Harvard School of Public Health concluded from a study of 982 Americans that those who exhibited the most optimistic outlooks on life also had the highest blood levels of carotene, a key antioxidant that's delivered by a colorful array of produce: dark green spinach and kale, carrots and sweet potatoes, and vibrant yellow or orange fruits like peaches, papayas and cantaloupe, among others.

■ **Why not just eat produce?** The reality is that most people in today's society rarely get an optimal amount of fruits and veggies throughout the day. A ½ cup of vegetables is considered a serving, whereas ¾ of a cup of juice equals one serving; chewing seven to eight servings of produce every day requires much more effort and time than drinking fresh juice for some of the servings.

■ **Flavor diversification:** Some people fall into creative ruts because they stick to the same basic ingredients, and that can be a disincentive for sticking with juicing. Ms. Calbom suggests breaking out of the juice box by trying gourmet and exotic blends, or even plant-based ingredients you simply haven't yet considered, such as butternut squash, chunks of gingerroot, beets with leaves and stems, Brussels sprouts and fennel bulbs with fronds.

"Spice it up and experiment," she says.

■ **An exotic example:** A fennel-watercress-cucumber blend juice is an



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Jay L. Ajmo D.D.S., P.A.,
Board Certified Sedation Dentist
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Number of implants depends on tooth location

Question: Can I just get one implant?
Answer: Depending on the position of the tooth you are replacing, you can use one implant.

If you are restoring multiple teeth or a molar, you may need to consider more than one implant. The number and size of the implants installed will depend on the type of tooth or teeth you are replacing and the strength of the bone at that location.

An average implant is about the size of one root. Your lower molars have two big roots and your upper molars have three big roots.

Teeth have different size and multiple roots by design. If the bone that supports teeth or implants receives too much stress, the bone will start to disappear. Nature has given teeth different configurations of roots to be able to distribute and spread these forces over a larger area. This helps diminish the impact and protecting the supporting bone.

The strongest bone in your jaw is located where your lower front teeth are found. This is why these teeth have small roots.

Strong bone can absorb more force, therefore, less root surface is required. Your weakest bone is where your upper molars are positioned. This bone is close to your sinuses and contains lots of air sacks keeping that bone soft. This is why these teeth have three big roots.

Dr. Jay Ajmo earned his Doctor of Dental Surgery degree from Emory University School of Dentistry in 1986. He is an active member of The American Academy of Cosmetic Dentistry and designated Master Cosmetic Dentist by the Rosenthal Institute for Aesthetic Dentistry.

He's been awarded Diplomate Certification from the International Congress of Oral Implantologists, Diplomate from the American Dental Implant Association and a Mastership from the Misch International Implant Institute. He's a member of The American Academy of Oral Implantologists. Dr. Ajmo is Board Certified in IV sedation and maintains an active membership with the American Society of Dental Anesthesiology.

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ASK THE COSMETIC SURGEON



Michael Lipan, M.D.,
Board Certified Facial Plastic Surgeon
Gardens Cosmetic Center

Improved breathing through Rhinoplasty

Question: How is obstructed nasal breathing corrected?

Answer: Breathing through your nose is a comfortable, natural way to move air to your lungs. The air is warmed and humidified before it reaches your chest. If breathing feels blocked, it can result in a marked decrease in your quality of life. This is manifested in many ways including poor sleep, dry mouth, nasal stuffiness and the inability to get enough air while exercising. Of the multiple causes of poor nasal breathing, I find that structural deformities of the nose are some of the most common.

When evaluating people with nasal obstruction, I use a very thorough examination to identify all deformities. If a short course of medication fails to improve your symptoms, a surgical option is discussed. I offer advanced surgery that utilizes approaches and techniques which I have learned as a rhinoplasty specialist. This gives people the best chance at significantly improved breathing. A combination of straightening the nasal bones, re-orienting cartilages, and placing grafts and sutures are needed to re-establish an open passage for good nasal airflow.

To track improvement, I use a quality of life survey specific for this issue. I have developed a soon-to-be published classification system using this survey. Classifying your results will help you better understand your problem and can be used to predict anticipated results from surgery. To see if a nasal obstruction surgery is right for you, please call my office to schedule an appointment.

Dr. Lipan interests are focused on facial plastic surgery, having completed a fellowship at Stanford University, a position accredited by the American Academy of Facial Plastic and Reconstructive Surgery. He is experienced in a wide range of cosmetic and reconstructive procedures; including surgical and non-surgical techniques.

Dr. Lipan is originally from New York City and completed his undergraduate and medical education at Cornell University and at the Mount Sinai School of Medicine. He graduated in the top quartile from medical school with a distinction in research. Following medical school, he trained at the University of Miami working with many well respected facial plastic and reconstructive surgeons. He was awarded first honors for research and has published many articles in top medical journals. Dr. Lipan and his wife, along with their two daughters, reside in Palm Beach

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Young friends of Hanley Center host clambake benefit Sept. 12 at Nick & Johnnie's

SPECIAL TO FLORIDA WEEKLY

The Mangrove Group, a young friends organization that supports the efforts of Hanley Center, will host a season kickoff event — a summertime classic clambake to be held at Nick & Johnnie's in Palm Beach on Sept. 12 at 6 p.m.

"We are so excited about the Mangrove Group events we have planned for the upcoming season," said Kelly Colamarino, Hanley Center Foundation's Development Coordinator, in a prepared statement. "Not only are the events fun, but they are a great way to increase awareness of Hanley Center's lifesaving work, all while raising money to support our mission."

Hanley Center is a residential addiction treatment center headquartered in West Palm Beach, offering a broad spectrum of programs based on the most advanced research in the disease of addiction.

From detoxification and medical stabilization to individualized treatment and continuing-care planning, Hanley Center prides itself on offering the most innovative and effective treatment programs designed by professional experts in their respective fields. Unique to the center is the "Hanley Model of Care," which includes age and gender-specific treatment programs.

"So many families are touched by alcohol and drug abuse in some way," said Ms. Colamarino in the statement. "We welcome and encourage all local young professionals to join us at this fun kickoff event." She noted that all proceeds from



ticket sales and event sponsorships will support Hanley Center Foundation.

Led by founder and chairman Clark Appleby, the Mangrove Group executive committee includes Steve and Kelly Colamarino, Rick Grow Jr., Amber Hopkins, Catherine Kent, Stacey Leuliette, Colleen McCaffrey, Joe Morin, Ashley Poulter, Alyse Reiser and Jane Woodfield.

The Mangrove Group is a group of young professionals dedicated to providing their time, talent and influence to destroy the stigma of addiction, while providing support for Hanley Center's mission, according to the statement.

The name 'Mangrove Group' was thoughtfully chosen in reference to the Mangrove trees that support Florida's marine ecosystems.

Known for their long roots, which serve to protect the shoreline and provide refuge to marine life, the Mangrove tree serves as a symbol of support to the overall mission of the Hanley Center.

Tickets to the dinner event are \$30 per person.

For more information about Hanley Center's Mangrove Group, call 841-1048 or visit www.hanleycenter.org. ■

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KOVEL: ANTIQUES

Feet a common object of collector's obsessions

terryKOVEL

news@floridaweekly.com



A realistic replica of a full-size foot in a sandal seems like a strange choice of ornament for the average home. But feet and shoes have been popular ornaments for centuries. The foot of an ancient black man wearing a two-strap gold sandal was made by the modern artist Piero Fornasetti to be placed on a table in a modern house. The 3 1/2-by-9-inch foot is life-size. A 19th-century bronze candleholder was made in the shape of a foot in a sandal with an extended large toe topped by a cup to hold a candle. One 20th-century advertisement for a foot powder was a plaster replica of an oversized bare foot. A wooden bare foot, a little smaller than life-size, was carved by a 1920s folk artist as a gift for his podiatrist; it was to be used as a paperweight. A sleek modern bronze bare foot paired with a bronze hand was made by a 1970s Danish artist. Victorians seem to have preferred feet wearing shoes as ornaments. Some shoes were padded to be pincushions, and pressed glass shoes with no special use are easy to find at antiques shows. A podiatrist we know has a famous collection of shoe-shaped objects in his office — more than 100 items. Collecting by shape is just one way to organize a hobby. Most popular are cats, dogs, lady's heads, angels, buildings and, of course, hands and feet.

Q: We have four Hitchcock-style chairs made by the Boling Chair Co. of Siler City, N.C. We have been unable to find any information about this company. Can you help?

A: Boling Chair Co. started out in 1901 as Siler City Bending Co. One of the company's founders, Mal Boling,

rounded up new investors in 1904 and reorganized the company as High Point Bending and Chair Co. It made bentwood parts for other companies before producing its own bentwood furniture. It later expanded its furniture lines. The company's name became Boling Chair Co. in 1956 or '57, and then Boling Co. in 1979. Today it's based in Mt. Olive, N.C., and is called Boling Furniture Co. If your chairs are marked "Boling Chair Co.," they were made between 1956 and 1979. Chairs like it sell online for about \$50 apiece.

Q: I have a solid-brass Batman belt buckle I think is from the 1940s. It's marked "National Periodical Publications, Inc." and has the number 0016 on the back. Can you tell me what year it was made?

A: Your Batman belt buckle was made in the early 1940s. National Periodical Publications published the first comic books that included original material, not reprints of comic strips. The company started out in 1934 as National Allied Publications. It has operated under various names, including Detective Comics and DC Comics. The company published the first Batman comic in 1939. Your Batman belt buckle probably is worth less than \$100.

Q: I have an antique grip machine that was used in my grandparents' tavern a century ago. The machine is red metal and works with a penny. It was manufactured by D. Gottlieb & Co. of Chicago. A bell rings when you get the meter so high. There is a chart on the front that has different ages and grip numbers for men and women. How

much is it worth?

A: Your grip machine is not quite as old as you think. D. Gottlieb & Co. was founded by David Gottlieb in 1927. Originally the company made pinball machines. Gottlieb's countertop grip tester was first made in 1928. The machine tested grip and arm strength and was a money-maker for stores, taverns, barbershops and other retail busi-



Piero Fornasetti (1913-1988) created this life-size bronze foot to be used as an ornament. It sold for \$393 at Humler & Nolan, an auction gallery in Cincinnati.

nesses. Keys were needed to open up the back and get the money out. The grip tester was in and out of production until at least the late 1940s. Gottlieb made hundreds of different games. A couple of years ago, a D. Gottlieb & Co. grip tester with keys sold for \$480.

Q: Several years ago, I received a six-piece set of little antique crystal bowls and matching tiny shovels. The set probably dates from the late 19th or early 20th century. Each little bowl is about 2 inches tall and 4 inches in diameter. What were the bowls and shovels used for? And what is the set worth?

A: Your little bowls were used to hold salt. They're called "open salts," "standing

salts" or "salt cellars." An open salt with a shovel-like spoon and a little pepper shaker were set next to each place-setting at the dining table. Instead of shaking salt, diners used the shovel to sprinkle salt on their food. Sets like yours don't sell for high prices today. We have seen six-piece sets sell online for \$25 to \$50.

Q: Years ago I donated many valuable toys and games to various charities. Is there any way to get these sentimental items back?

A: Once things are given away, you can't get them back. Charities usually sell the items at resale shops and use the money to support their programs. Toys in good condition also may have been distributed to children in need. You could have taken a tax deduction for the value of the toys at the time you donated them, but now you can be happy that your donation helped the charities you chose.

Tip: When repairing antique jewelry, never eliminate any marks or inscriptions. For example, when sizing a ring, keep the carat marks and hallmarks. If the shank can't be cut, use a ring guard instead. ■

— Terry Kovel answers as many questions as possible through the column. By sending a letter with a question, you give full permission for use in the column or any other Kovel forum. Names, addresses or email addresses will not be published. We cannot guarantee the return of any photograph, but if a stamped envelope is included, we will try. The volume of mail makes personal answers or appraisals impossible. Write to Kovel, (Florida Weekly), King Features Syndicate, 300 W. 57th St., New York, NY 10019.

What, me worry?

leslieLILLY

lilly15@gmail.com



Land speculators discovered Florida in the early 20th Century. They spawned a cycle of relentless development. Congestion, urban sprawl, destruction of the environment, and a crosshatch of killer highways are a few of the downsides that come with too much of a good thing. This is old news if you have lived here awhile or made enough visits over the years to have witnessed the erosion and disappearance of what brought you here in the first place. We can't really go back in time. The more pragmatic approach is to compromise with development forces and try to protect and sustain the best of the Florida we still have. The bad news is that even this approach may be no longer feasible or pragmatic enough.

The onset in the 21st Century of sea level rise reshuffles all the sustainability cards. It is a game changer of extraordinary proportions for Florida's beaches, freshwater supply, and its marshes and coastal regions. Sea level rise also threatens to devastate the state's agriculture and tourism, and just

about everything else. The consequences are far more profound than state policy makers are prepared to consider. Take the issue of freshwater supply: Florida is sucking up its fresh water faster than rain can replenish underground aquifers. This is a bellwether issue for especially South Florida. The freshwater supply for about three million people depends heavily on the health of the Everglades ecosystem. It is a startling revelation to learn that sea level rise dramatically affects the future of this critical resource because of the very real threat of saltwater intrusion. If the water supply goes bad for South Florida's communities, it will not matter you don't live on the beach.

Science, technology and engineering (STEM) are the new-new educational priorities of the state administration, so it is ironic that the fact-based science behind climate change is poo-pooed by the state's highest policy leadership. That shoe doubtlessly fits others, too; but whether you "believe" or not in climate change, engaging in an endless debate is the equivalent of a circular firing squad. It hardly matters what you believe. Whatever the cause, sea level rise is happening. Eight of the 10 U.S. cities most at-risk are here and about 2.4 million people in Florida live within four feet of the local high-tide line. Says another science authority on the sub-

ject, "Florida occupies a uniquely unfavorable position as the canary in the mine shaft of sea level rise" — and we all know what happens to the canary.

A recent symposium in Palm Beach County was an exceptional opportunity for community leaders to learn more about sea level rise and to discuss the grim realities Florida faces if it doesn't start now to plan. The event, hosted by the Arthur R. Marshall Foundation, The League of Women Voters, and the Oxbridge Academy of the Palm Beaches, brought over two hundred people together for plenaries, panels, and breakouts that focused on the Everglades, drinking water and the coming coastal crisis.

Keynote speaker, John Englander, the author of "High Tide on Main Street," underscored the scientific evidence that sea level rise is occurring globally and at the fastest rate in the planet's history. He isn't alone. Stanford University climate researchers say climate change over the next one hundred years will likely occur ten times faster than the rate of any climate shift in the past 65 million years or since the dinosaurs went belly-up. The federal government takes sea level rise seriously, too, as a national security issue; but in Florida, one of the country's most vulnerable states, the issue is not yet on the radar of the state legislature. Fortunately, like

the symposium's sponsors, not everyone is waiting for them to have an "Aha!" moment.

The Southeast Florida Regional Climate Change Compact founded in 2010 by Palm Beach, Broward, Miami-Dade, and Monroe Counties, coordinates mitigation and adaptation to sea level rise across county lines. It is a new form of climate governance and helps local governments to set agendas for adaptation and benefit from the efficiencies of a regional approach to accessing state and federal sources of assistance and support. The Compact encourages an on-going collaborative effort among the Compact counties to foster sustainability and climate resilience on a regional scale. More needs doing and now. For all those who belong, in the face of the facts, to the "What, me worry?" camp, you need to know you should be. ■

— Leslie Lilly is a native Floridian and past President and CEO of the Community Foundation for Palm Beach and Martin Counties. She has written and spoken frequently on issues affecting charitable giving and the nonprofit community and is recognized nationally and in Florida for her leadership in the community foundation field. She resides with her family and pugs in Jupiter. Email her at lilly15@gmail.com and follow Lilly on Twitter @lilly15.

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- 10 . Derek Fricker and Amelia Fricker

JOHN SESSA / FLORIDA WEEKLY



Rachel Robbins and Chris Stacy



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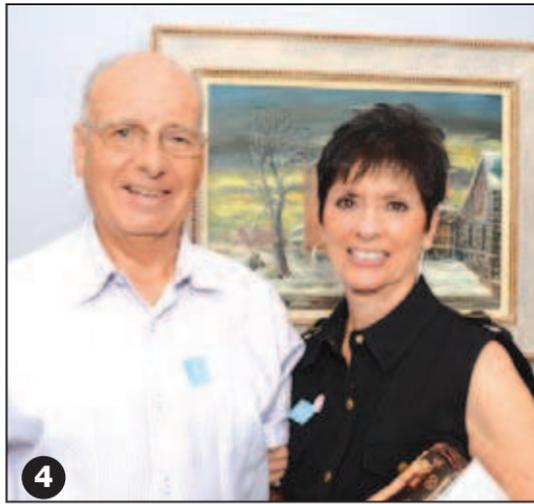
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Fall in for fashion



A red Alexander McQueen clutch sports the designer's trademark skulls, atop a nuckle-buster handle.

Neiman Marcus offers a peek of purples, reds and animal fare

BY SCOTT SIMMONS
ssimmons@floridaweekly.com

Expect a little animal magnetism this fall at Neiman Marcus.

Animal prints and furs held sway during a recent unveiling of fall trends at Neiman Marcus' store on Worth Avenue in Palm Beach.

Also on the rack: shades of violet, bits of black lace and the industrial metal studs, zippers and grommets of biker chic.

"Look for all different shades of violets and Bordeaux," said Beth Pine, vice president and general manager of the Worth Avenue store, during the preview.

One outfit paired a Helmut Lang motorcycle jacket with a Leger dress. The model wore patent leather high-heeled booties by Saint Laurent and lent the black ensemble a pop of color with a purple tote by Alexander McQueen.

Those booties — and boots — seem to be big this fall.

All one had to do was look at the Boys Town chic the fashionistas were promoting.

One paired combat boots by Valentino with a white Theory leather jacket that topped a plaid flannel Haute Hippie shirt.

The shirt may have reminded visitors



SCOTT SIMMONS/FLORIDA WEEKLY

Models showcased everything from the classic little black dress, given a pop of color with red accessories, to biker chic and animal prints at Neiman Marcus in Palm Beach.

of a lumberjack, especially when worn with the calf-length Cucinelli Tusedo pants accessorized with a chain belt.

But it was not all about the boys and industrial.

The Violet Femmes look had many of those purple hues.

Bordeaux patent pumps by Manolo Blahnik and a clutch by Alexander McQueen brought together a single-hued purple outfit with a violet lace dress by Dolce, and Tadashi pink/black lace dress had a slightly retro flair.

"Look for fun with fashion for the

fall season," said Ms. Pine who was dressed in a purple knit frock.

Fun, maybe, but visitors to Neiman Marcus also were seeing red during that preview.

"Red is the new neutral," Ms. Pine said, before introducing a model in an all-red ensemble of a Helmut Lang dress, McQueen scarf and a red hat paired with red Blahnik pumps and a Balenciaga tote.

Being stylish doesn't come cheap.

A pair of Saint Laurent boots with chain and pearls that exemplifies that



A Vince leather motorcycle jacket tops an animal print Badgley Mishka gown.



Beth Pine (left) introduces a model in a red Helmut Lang dress and red accessories.

biker chic look could set you back \$2,395. An Alexander McQueen tote may cost \$1,595. A pair of Tom Ford patchwork boots could set you back \$5,980.

But fancy footwear is one fall trend that's not new. ■

— Neiman Marcus is at 151 Worth Ave., Palm Beach; 805-6150 or neiman-marcus.com.

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WEEK OF AUGUST 15-21 2013

PALM BEACH COUNTY COMMERCE

Lang manager's temp job blossomed into a career

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

Doreen Nystrom is celebrating five years as sales manager for Lang Realty's Palm Beach Gardens and Jupiter offices.

But she might as well be celebrating the happy accident that led to her career in real estate.

It was 1977 and she needed to work. "When I first moved down here, I had to get a job quickly, so I went to a temp agency and that's how I got started in a title agency," she said.

From the title industry, she moved into real estate sales.

Ms. Nystrom, who lives in the Lake Worth-Boynton Beach area, started her career in Palm Beach County, then spent 16 years in Broward County. She has worked in Palm Beach County since 1998.

When she started her job five years ago in northern Palm Beach County, the real estate industry was hitting the skids, and times were quiet in Jupiter, too.

"When I first started here, I'd have to open the door to the Publix parking lot. I thought I would look out to see tumbleweeds," she said.

PROFILE IN BUSINESS

It's not been a bad career for a woman who studied acting in school and wound up in real estate.

Ms. Nystrom said she has two grown children, four grandchildren and a husband of 35 years. None is in the real estate industry.

Here are her thoughts on the industry:

Q: What are some changes you have seen since coming on board as manager at Lang?

A: We've seen an awful lot of change in the last five years, the biggest one being in successful sales. There's always buyers buying and sellers selling no matter what market you're in. We had a lot of failed sales due to mortgage restrictions. We are now seeing more going through even though it's challenging.

Q: What do you see for the future?

A: We live in a demographic that is sought-after. People will always come to Florida. It's a beautiful area. People will always be doing real estate investment. I'd like to say it's going to be



NYSTROM

positive.

Q: What lessons did you learn from the last downturn?

A: People say history repeats itself. I say it differently. I say we repeat history. As long as people don't buy more than they can afford. ... They cannot make the same mistakes that the lenders made and the buyers themselves made.

Q: But you didn't really plan that career in real estate, did you?

A: You'd be surprised how many people end up on that path. Because I got a temporary job in a title insurance agency and I liked the business, that's how I wound up in it.

It didn't start out as my strategy.

I teach a lot of seminars and I teach a lot of classes. I tease the students by telling them I'm just a frustrated actress. It absolutely has taught me to learn how to communicate effectively.

Q: So you're able to use that training after all?

A: When you're onstage you have to be able to have presence and to effectively communicate.

In real estate, we have to effectively demonstrate value and effectively communicate. And that's what I teach agents. How do you have presence?

How do you demonstrate that you're a value, not an expense? ■

— For more information about Lang Realty and details on current listings, call Doreen Nystrom at 209-7878 or visit www.langrealty.com.

Marti M. LaTour joins BMO Private Bank as vice president

SPECIAL TO FLORIDA WEEKLY

BMO Private Bank, a part of BMO Financial Group, has announced that Marti M. LaTour has joined the wealth management firm as vice president and wealth advisor. In this position, Ms. LaTour will serve as an advisor to high-net-worth individuals, families and organizations, including closely-held and family-owned business, endowments and foundations. She will also lead a team of BMO professionals to provide a full range of wealth services as part of an overall personal wealth management strategy.

"Marti's expertise in investment management and wealth planning, along with her investment and advisement skills, make her a great complement to our executive team," noted Michael J. Dyer, CFP and West Palm Beach Managing Director, BMO Private Bank. "As wealth advisor, Marti has a reputation as a well-respected wealth management professional — and her commitment to our community is as impressive as it is extensive."

Most recently, Ms. LaTour served as vice president and financial advisor at Bernstein Global Wealth Management.

Prior to that, she worked as one of six business-unit sales directors in the U.S., where she directed a team of 640 sales professionals covering the two largest accounts for PepsiCo.

Ms. LaTour received both a bachelor's degree in business and marketing and a master's degree with a concentration in finance, business and marketing. She is a limited partner and marketing council member of BELLE Capital, LP, a women's angel fund that invests in women-owned or run start-up companies.

Active in the community, Ms. LaTour has been



LATOUR

listed in Florida Trend magazine's "Must-Know Contacts" of Palm Beach County, and has served as a member of the Criminal Justice Commission of Palm Beach County, the Kravis Center Corporate Partner Executive Committee, Executive Committee of Young Friends of the Kravis Center, Florida Atlantic University College of Arts and Letters Advisory Board, Palm Beach State College Business Partnership Council and Keiser University Business Council. She was nominated for the Athena Award of Palm Beach County in 2010.

Ms. LaTour currently serves on the boards of directors for the Palm Beach County Food Bank, the Angel Forum of Florida, Palm Beach County Cystic Fibrosis Society, the Economic Council of Palm Beach County, the Palm Beach Business Group, Michelle's Miracle and the Kravis Center Corporate Partners Executive Committee. She is also on the Florida Atlantic University College of Arts and Letters Advisory Board, Habitat for Humanity's Planned Giving Advisory Council, Palm Beach State College Ambassador's Council and Keiser University Business Council. She is a member of the Business Development Board of Palm Beach County, the Forum Club, the Gold Coast Venture Capital Association, the Palm Beach Tax Institute, the Palm Beach and East Coast Estate Planning Councils, the Executive Women of the Palm Beaches, the Palm Beach Chamber, the Northern Palm Beach Chamber and the Chamber of the Palm Beaches.

For more information on BMO Private Bank, see www.bmoprivatebank.com or call 366-4209. ■

Executives' Association names officers and directors

SPECIAL TO FLORIDA WEEKLY

Executives' Association of the Palm Beaches has announced its officers and directors for the six-month term of July-December 2013. Those serving as officers, with their company name following, are: Gary Hennings (The Weitz Company); Tim Gaskill, Partner (DeSantis Gaskill Smith Shenkman); JoAnn Wagner, Shareholder (LKD CPAs & Consultants). Directors will be Chuck Walker, Immediate Past President (Climate Control Services); David R. Randell, Additional Past President (David R. Randell Photographics); Jim Azinheira (At Your Services); Roger Jordan (Palm Beach Security & Safes); Sharon Merchant (Equipment Rental Service, Inc.); Leonard Pisciotto (Equitable Public Adjusters); Hank Polidori (Massey Clark Fischer, Inc.); Esther Ruderman (Conroy, Simberg, Ganon, Krevans, Abel, Lurvey, Morrow & Schefer).

The Executives' Association of the Palm Beaches, founded in 1987, is a network of area business leaders, and is a member of a nationwide network of similar associations whose beginnings date back to the 1920's. Each member is committed to helping other member firms increase their business. In addition, they receive from fellow members personal and immediate attention to needs and requests. The firm must have been operating for a minimum of three years, be a leader in its field with unquestionable credentials, and have a solid reputation for quality and high business ethics. Each member firm is represented by its owner, C.E.O., or, if headquartered outside the Palm Beach market, a key manager or other executive decision maker. ■



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MONEY & INVESTING

Detroit offers lessons about the complexity of municipal bankruptcy



or forgiven. (e.g., student loans or tax liens), the judge can extinguish debts and let the creditor start anew without any debts, or the judge can fashion a plan of partial or extended repayments on debts. A core concept in any bankruptcy proceeding is that secured creditors are entitled to take their security/asset backing their loan e.g., a bank taking the home that was mortgaged.

Next in complexity are corporate bankruptcies. The larger the size and the greater the reach of international operations (i.e., a labyrinth of assets that are all over the world), the more difficult the maze. There also can be a long list of indebtedness with varying degrees of seniority and security, meaning it takes effort to determine: if a secured claim is a valid claim; what the security is worth; and the seniority/or pecking order of creditor payoff if there is no security backing the debt. In general terms, just as in personal bankruptcies, a secured creditor in a corporate proceeding will most likely get payment in full if the debt is secured by a very high quality asset with value equal or greater than the associated debt. For instance, corporate debt of \$1 billion that is secured by a \$2 billion asset is in good position to get paid in full or, in lieu of payment, to get the asset in satisfaction of the debt.

In comparison to corporate bankruptcies, the municipal bankruptcy process is less clean (as municipal bankruptcies are often clouded by politics) and less clear (as there are types of debt unique to municipalities, like "revenue bonds"). Look to a specific revenue stream for repayment and "general obligation bonds" look to the

municipality's tax receipts for repayment. Also, unlike most corporations, municipalities are obligated to respond to a wide array of pension obligations for its municipal employees.

In a municipal bankruptcy, the judge must continue to pay a large portion of the police, fire, schools, emergency, etc., as these employees are needed to continue working. In a municipal bankruptcy, time is of the essence. The judge looks to expedite the process. The judge needs to be ever so sure that the restructuring plan for the municipality will let it build a future and not be hamstrung by past debts.

With that as background, here is the skinny on Detroit:

Prior to its bankruptcy filing on July 18, 2013, the city's mayor had been replaced by an emergency manager as of March 2013. After attempts by the manager to cut operating losses and reduce liabilities, he went to bankruptcy court in order to force a reduction of its \$20 billion liabilities upon its many different creditors.

Some of the creditors don't want a judge to decide their payoff and they want a jury to decide their fate. Normally objections to proceeding with a bankruptcy are rejected but there might be a valid claim that the emergency manager failed to negotiate "in good faith" with the creditors and summarily proceeded into bankruptcy court.

But if the proceedings continue in bankruptcy court, then a judge will be deciding the fate of the various creditors. The emergency manager proposes the new financial plan. If this restructuring plan does not violate any federal bankruptcy rules, then the

judge can accept it. Creditors participate in the restoring plans but ultimately their objections can be disregarded and the new plan "crammed" down upon them as ultimately the judge decides a plan's fairness.

The greatest challenge is how the pension obligations will be decided. There are many municipalities saddled with pension and health-care obligations that must be reduced in order for them to survive.

The emergency manager wants a restructuring plan to emerge in 2014. The judge seems to be on board with that aggressive timetable, however the judge cannot control the appeal process of creditors, which can slow down any emergence from bankruptcy. Appeal after appeal by various creditors could add to the untimely, painful fate of Detroit.

The travesty is that Detroit was once a shining light to the world. It is now a financial disaster and, physically, many parts are an eyesore. Approximately 36 percent of Detroit's residents live below the U.S. poverty level. How did such a great city go so wrong? Clearly, it lived beyond its means and did not introduce a sufficient level of new business investment or new entities into its economic mix.

It would seem that municipalities with marginal credit will find it harder to finance themselves and investors will look at private sector/corporate bonds with greater interest. ■

— Jeannette Showalter, CFA is a commodities broker with Worldwide Futures Systems, 239-571-8896. Find her on Facebook at Jeannette Showalter, CFA.

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FLORIDA WEEKLY NETWORKING

Kabuki at PGA Commons fundraiser for school supplies for foster children at Place of Hope



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- 5 . Kabuki buffet for Place of Hope guests
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- 8 . Linda Marchese, Donna Kurtt, Lana Arnold
- 9 . Beth Fike, Rhea Slinger



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COURTESY PHOTOS

Loxahatchee Club luxury

SPECIAL TO FLORIDA WEEKLY

This stunning custom home offers pristine lake views. Light and bright, this four-bedroom, 5.1-bath home, at 116 Terrapin Trail in the Loxahatchee Club in Jupiter, has it all. It features a grand entry foyer with formal living room and dining room in addition to a casual, relaxing Florida room with wall-to-wall sliding glass doors overlooking the tropical pool and spa area. Surround sound, an entertainment bar and the outdoor summer kitchen lend to the Florida lifestyle. A large balcony attached to the master suite is a true retreat for relaxation. This spacious home is just a short golf-cart ride to the



clubhouse and award-winning Nicklaus Signature golf course.

Located in the heart of Jupiter and only minutes to the Jupiter Inlet and public beach access, The Loxahatchee Club offers 18-holes of Jack Nicklaus designed championship golf nestled amongst 285 homes and spread over 340 acres.

A beautifully renovated clubhouse complements a traditional golf club that was recently awarded the Platinum Club of America Award. Fite Shavell & Associates lists the home at \$1,050,000. Agents are Craig Bretzlaff, 561-601-7557, cbretzlaff@fiteshavell.com, and Heather Purucker Bretzlaff, 561-722-6136, hbretzlaff@fiteshavell.com. ■

Clerk's office employees donate school supplies for needy children

SPECIAL TO FLORIDA WEEKLY

Employees donated hundreds of new spiral notebooks, folders, pencils, pens and boxes of crayons to the Clerk & Comptroller's annual school supply drive to help underprivileged children in Palm Beach County start their school year with much-needed supplies.

Items collected included \$150 in Walmart gift cards, 70 backpacks, 785 spiral notebooks, 661 folders, 593 boxes of crayons, 338 composition notebooks, 298 packs of pencils and 267 packs of loose-leaf paper.

Clerk's employees bought supplies with their own money, and also raised

money within their departments to buy additional school supplies and gift cards.

"So many of our Clerk's staff are also parents, so they understand how important it is for children to start school on the right foot," Clerk Sharon Bock said. "Our office again has shown the dedication to the community that makes me so proud to be Clerk."

Half of the donated supplies, including the backpacks and \$80 in gift cards, were donated to the Center for Family Services of Palm Beach County to distribute to children living at the Center's emergency shelter for homeless families.



COURTESY PHOTO

Clerk Sharon Bock, center, with Cristina Sotolongo, development coordinator for the Center for Family Services of Palm Beach County, and Peter Lansing, assistant director of the Pat Reeves Village.

The rest of the supplies and \$70 in Walmart gift cards were delivered to the West Area office of the School District of Palm Beach County for students in the Glades communities of western Palm Beach County.

The school supplies drive is part of the Clerk's Charitable Giving Program which includes community service, raising money for employee-selected nonprofit organizations through the Dress Down Friday program and supporting agencies such as the United Way of Palm Beach County.

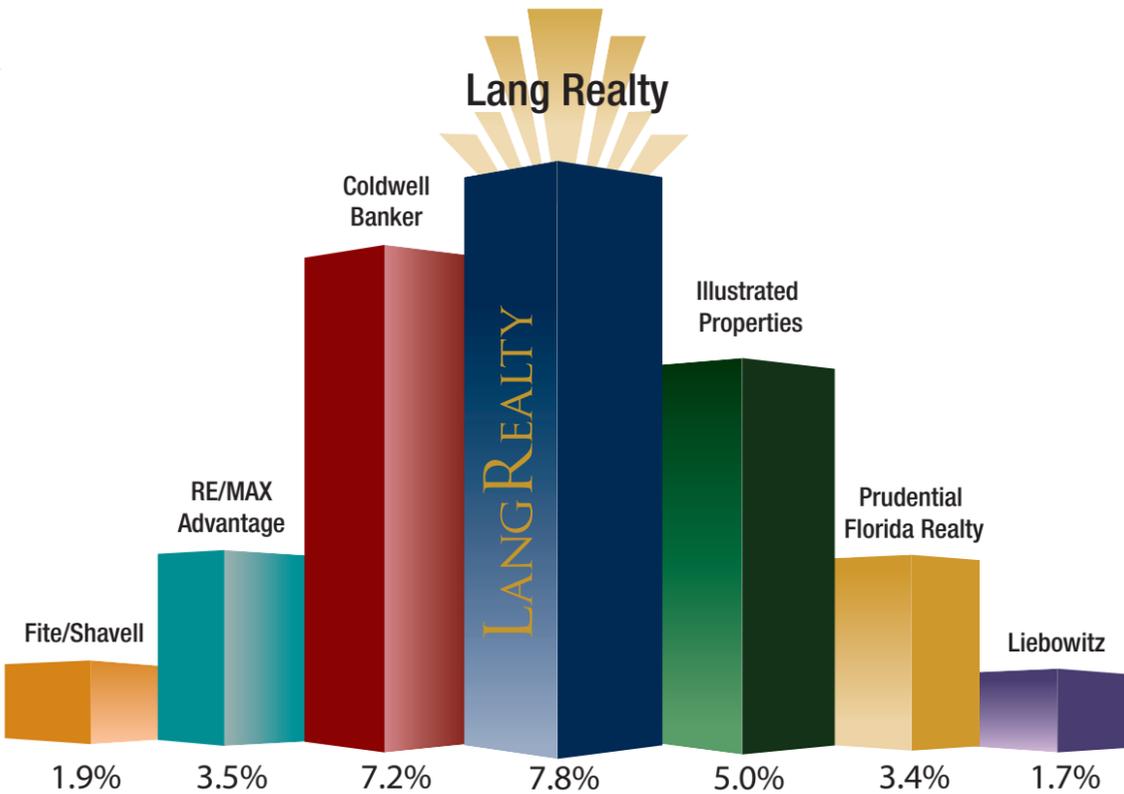
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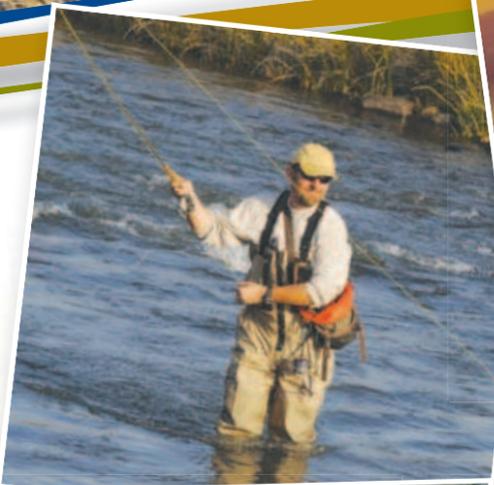
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WEEK OF AUGUST 15-21, 2013

A GUIDE TO THE ARTS & ENTERTAINMENT SCENE



ATHENA PONUSHIS/FLORIDA WEEKLY

Kathi Kretzer sits at the keyboard in her Jupiter store in advance of the Physicians Talent Showcase, to be held at the Harriet Himmel Theater at CityPlace.

Music & medicine

Second annual Physicians Talent Showcase will rock the house and raise charity funds

BY ATHENA PONUSHIS
aponushis@floridaweekly.com

Don't let the name fool you. Doctors say the 2nd Annual Physicians Talent Showcase will not be some stuffy, hoity-toity, 'Look-at-me,' spelling-bee snooze fest. It will not be pompous. Not prude. Not academic. Not geriatric. It will be philanthropic, but by no means amateur, for these are doctors. They're overachievers. They're perfectionists. Their showcase may be a talent show, but it will be a polished production: Doctors, trying to forget that they're doctors, rocking out to raise money for children.

SEE MUSIC, A32 ►

Dramaworks keeps good "Company" in Sondheim show

BY BILL HIRSCHMAN
Special to Florida Weekly

Audiences must evolve their way of appreciating theater as new ways of presenting shows appear. The thoroughly staged concert musical is nothing new in New York City, but it was a rarity in South Florida until a few years ago when director Clive Cholerton began mounting them at the Caldwell Theatre and now at Palm Beach Dramaworks.

Which bring us to the glowing joy and slight frustration suffusing Dramaworks-Cholerton's third entry in its Musical Theatre Masters series, an unassailably well-crafted, well-performed,

downright entertaining production of Stephen Sondheim's Continental Divide of American theater, "Company."

Mr. Cholerton and musical director Paul Reekie lead a generally terrific cast applying admirable skill, intelligence, wit and emotion to superb but challenging material. But as with Dramaworks' equally fine "Man of La Mancha" last month, a dimension and a depth are missing. In this case, it's the wrenching urban angst, the desperate loneliness carefully camouflaged and damped down under studied sophisticated miens.

But now having seen several of these staged concerts, including one of the

new musicals this summer at the Theatre At Arts Garage, it is clear that the unavoidable culprit is simply limited rehearsal time.

While many such outings are lucky to get a few hours of run-through, Dramaworks has wisely and generously underwritten a full week's rehearsal with a primarily Equity cast. Mr. Cholerton and his talented troupe have used that time well. Scripts perch on music stands as a safety net, but the performers have it all pretty cold, allowing Mr. Cholerton to move them all over the stage, even adding some minimal choreography.

SEE "COMPANY," A36 ►



COURTESY PHOTO

Quinn VanAntwerp and Leah Sessa in a scene from "Company."

SANDY DAYS, SALTY NIGHTS

A mystery solved, but much too late



It's funny how often ideas come to us — the answer to a riddle we've been puzzling, the missing clue to a mystery we've been trying to solve—only after it's too late. The answer arrives just as we're drifting off to sleep, long after the moment to do anything about it has passed. Still we grab at the idea that eluded us, this gift come too late.

In my final week in France, where I spent the summer, I attended a concert with a man I'd been torn about my entire stay. He was older than I am, handsome, and charming. He had sophisticated tastes and a kind, gentle manner. He was the sort of man whom, in other circumstances, I might have loved. But he was in the middle of what he himself called a "midlife crisis," and I watched as he worked to tear down the life he had spent the better part of his years building: a good marriage, a successful career—all the markers of suc-

cess most of us covet.

"I know," he would say guiltily, "I have been a lucky man."

I wanted no part in the demolition or the wreckage I knew would follow.

The concert was set in the center of the old city on a stage in the middle of castle walls. The scene glittered with an ephemeral beauty as a Spanish singer took the stage. My date and I sat side by side, impossibly chaste, as her rich, melancholy voice soared above the ramparts. The sad, lonely chords of the music seeped into my bones, and I wondered if it was affecting him too. I thought about reaching over and taking his hand, but then I stopped myself. What would that accomplish? Nothing good, I reasoned, so I sat with both hands firmly in my lap.

The first performance ended and there was a brief intermission. I got up to find the bathroom and by the time I came back the lights had dimmed for the second act. Beside me, the mood had changed. Whereas before our knees pointed toward one another so that we sat leaning slightly together, my date had turned so that his back was to me. A chill, heavy as fog, had rolled in.

Afterward, we spent most of the ride back to the village in silence.

He said something briefly, angrily, about me abandoning him at the concert but it felt disingenuous, not the true reason for the sudden coldness between us. He drove without speaking and I sat in silence, trying to figure out where the night had turned.

And like that, the summer ended. I saw him little our last days together, and when I did he was cordial but distant. I couldn't help but think I had done something wrong.

It's only now, back home in Florida, that I see what it was. The answer came to me as I was falling asleep one night, still jet-lagged, still running the summer through my mind. It was so obvious that I wonder now, from here, how I ever could have missed it. I should have taken his hand. ■



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MUSIC

From page A29

“Last year we had the CEO of Nurse On Call up on the second level with all these nurses, screaming like they were at a Rolling Stones concert. I mean they were standing up, dancing, clapping, cheering, hanging over the ledge screaming, ‘Woo! Woo!’ rocking with the band,” organizer Kathi Kretzer says of her inaugural jam fest. The event raised close to \$40,000.

This year Ms. Kretzer’s looking to raise even more. She has a country-western singing hospital CEO, a classical-guitar-playing pulmonologist, a gynecologist who plays a mean classical piano, an opera-singing veterinarian, a comedian who’s an anesthesiologist, a dermatologist who wants to be a Broadway singer, a plastic surgeon and a neonatologist dancing the salsa, as well as other medical professionals with a myriad of musical talents.

Eighty percent of the net proceeds will go to Adopt-A-Family. Twenty percent will go to the Kretzer Piano Music Foundation. The Physicians Talent Showcase will thereby help children who have musical aspirations but face financial hardships, children who used to be homeless, children who just want a chance at music, a chance to learn and a chance to perform.

John Fernandez, an emergency physician, will be one of the doctors stepping out on stage. His other pursuits in life make him sound like some kind of mad Floridian who would be portrayed in a Carl Hiaasen novel: He’s a practicing attorney, commercial pilot, sea captain, chef, guitarist, vocalist and ventriloquist. He started out playing piano but gravitated to the guitar after he went to his first KISS concert.

“When I got accepted to medical school I called my mom and said, ‘Mom, I’m at a crossroads.’ He asked her if he should follow music or medicine. “She said, ‘If you don’t become a doctor, I’m going to kill you.’”

Last year at the Physicians Talent Showcase, Dr. Fernandez sang, “Hurts So Good,” to Sarah Ferrer. He found the lyric “With a girl like you” humorous, as she was almost eight months pregnant. This year the two will sing two songs: “You’re the One That I Want” from “Grease” and “Waking Up Is Hard To Do” a play on “Breaking Up Is Hard To Do” with lyrics spoofing off of anesthesia: “Don’t take my tube away from me/I’m trying to breathe, oh, can’t you see/Take it out and I’ll turn blue/Cause waking up is hard to do.”

Board certified in internal medicine,



ATHENA PONUSHIS/FLORIDA WEEKLY

Sarah Ferrer, an internal medicine doctor working on her dermatology board certification, (left) and emergency room physician John Fernandez rehearse for the 2nd Annual Physicians Talent Showcase with Kathi Kretzer at the keyboard.

Dr. Ferrer has one more year before she’s a board certified dermatologist, too. She started singing in her church choir. She sang all through grade school, high school and in her sorority in college. She’s sweet and petite and she’s totally going to the Jay-Z and Justin Timberlake concert in Miami.

“I think for me, music was a way to channel my energy,” Dr. Ferrer says. “I think there are a lot of kids out there who have a lot of energy and just don’t know what to do with it. Music was one of the healthiest ways that I channeled my energy and it made me comfortable presenting myself in front of people. I think music and dance and all the fine arts did that for me, getting me ready to speak in front of people, be comfortable in front of a crowd, skills that I still use today.”

Talent show coordinator Ms. Kretzer started playing piano at age 6. “My dad was a minister and my mother was the choir director so I had no choice but to play piano in church,” she says. She went on to play in stage bands. She played on five-star cruise lines. She played the organ for the Atlanta Braves. She has played for presidents’ wives.

“Music is something that you can take with you as a gift that you have forever,” Ms. Kretzer says. “Music has opened doors and opportunities for me that I never would have had had I not

had the music background and I think it would be a shame for any young person who would like to participate in music not to be able to do so because of a financial hardship.”

Forever consumed with bringing music to young artists, Ms. Kretzer involves herself in tangles and tangles of philanthropy. She started her Kretzer Piano business in 1985. She has been raising money for local charities ever since. Her Music for the Minds concert series has given 8,800 musical youngsters the chance to perform, while raising nearly \$300,000 off of \$10 ticket sales, helping to keep music in schools. Music students entertain the residents of nursing homes and assisted living facilities through her Kretzer Kids program. She finds it hard to sell pianos because she would rather spend her time working on her benevolent endeavors.

“What I didn’t realize was that we have over 1,000 children that we know of every night in Palm Beach County that sleep homeless in parks and cars and Wal-Mart parking lots. It’s a disgrace. Having adults that are homeless on the streets in America is one thing, because some of them have other issues, either mental health issues, which they shouldn’t be on the street either, or alcoholism or drug abuse, but to have children and babies sleeping in cars at night is inexcusable and

it shouldn’t happen,” Ms. Kretzer says. “Adopt-A-Family is rated in the Top 10 charities on Charity Navigator (an independent charity evaluator). I did a lot of research before I chose them ... They are in the Top 10 best charities in the country, which is quite impressive.”

At the end of last year’s Physicians Talent Showcase a woman stood on the stage and shared her story of living on streets with her children. “It made me feel hopeful that we really are making a difference,” Dr. Ferrer says. “Something so small as buying a ticket to go see a concert or a show, whatever small act you can do, whether it be rehearsing a song and singing it front of a bunch of people, these are small, tiny acts that just happen to be enjoyable and can really change people’s lives for the better and then from there have a ripple effect, that person then changes somebody else’s life.” ■

in the know

- >>What: 2nd Annual Physicians Talent Showcase
- >>When: Tuesday, Aug. 20, at 7:30 p.m.
- >>Where: Harriet Himmel Theater at CityPlace, West Palm Beach
- >>Cost: \$50
- >>Info: For tickets, call 866-449-2489
For more information, contact Kathi Kretzer at kkretzer@kretzerpiano.com or call 748-0036.

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Cruise to the Boat-In Movie Theater at the West Palm Beach Waterfront

SPECIAL TO FLORIDA WEEKLY

Remember gathering the family and watching a drive-in movie on the big screen under the stars?

Loggerhead Marina, BoatingSouth-Florida.com, the City of West Palm Beach and the Downtown Development Authority (DDA) will host the first boat-in movie in Palm Beach County.

On Aug. 24, "Pirates of the Caribbean" will be shown on the big screen at the West Palm Beach Waterfront and docks.

The movie starts at 8:15 p.m. There is no cost for the movie, no tickets, and no reservations. Just "come as you are" and cruise on over for a unique family night of good, clean fun.

"Boaters love spending time on their

boats and being on the water," said Ray Graziotto, president of both the Marine Industries Association of Palm Beach County and Loggerhead Marina. "We worked with the City of West Palm Beach to create an evening of boating entertainment, and to let boaters know about the great waterfront and public docks they have access to by water."

Boating tips for the Boat-In:

- Arrive early to get a good spot for the show.
- Consider strolling to a downtown restaurant for dinner before the movie.
- Pack your cooler with snacks and refreshments.
- Bring a portable radio (and extra batteries) if your boat does not have a built-in FM radio. ■

PUZZLE ANSWERS

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WHAT TO DO, WHERE TO GO

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At The Colony Hotel

155 Hammon Ave., Palm Beach. Call 655-5430 or visit www.thecolonypalmbeach.com

■ **The Royal Room** — Wayne Hosford, Aug. 16-31. 8:30 p.m. shows with doors opening at 6:30 p.m. for dinner on Fridays and Saturdays. The Polo Lounge — Tommy Mitchell pianist Tuesday through Thursday evenings; Motown Friday nights with Memory Lane; the Mel Urban Trio Saturday nights.

At The Cruzan

South Florida Fairgrounds, 601-7 Sansburys Way, suburban West Palm Beach. 795-8883, www.cruzanamphitheatre.net.

■ **Back Street Boys, Jesse McCartney and DJ Pauly D** — 7 p.m. Aug. 25. Tickets: \$94-\$1,505

■ **Black Shelton, Easton Corbin and Jana Kramer** — 7:30 p.m. Aug. 31. Tickets: \$25-\$73

At Cultural Council

Cultural Council of Palm Beach County is at 601 Lake Ave., downtown Lake Worth; 471-1602 or palmbeachculture.com.

■ **County Contemporary: All Media Juried Show** — Through Sept. 7

■ **"We Were Here: The People of the Belle Glade Culture Welcomed You in 1513"** — Through Aug. 31

At Dramaworks

Palm Beach Dramaworks' Don & Ann Brown Theatre is at 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2, or visit www.palmbeachdramaworks.com.

■ **"Company"** — Concert performance of Stephen Sondheim's show, through Aug. 18, Wednesday through Saturday at 8 p.m.; Saturday and Sunday matinees at 2 p.m. Tickets: \$35/students \$10.

At The Eissey

The Eissey Campus Theatre is at Palm Beach State College, 11051 Campus Drive off PGA Blvd, Palm Beach Gardens. 207-5900; www.eisseycampustheatre.org.

■ **"Duetto"** — Painting Exhibition by Debra Lawrence and Robin Neary, through Oct. 9. Gallery hours: Monday-Friday 10 a.m.-5 p.m. and during performances.

At The Lighthouse

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour's Way, Jupiter. Admission: \$9 adults, \$5 children ages 6-18; children under 6 and active U.S. military admitted free. 747-8380, Ext. 101; www.jupiterlighthouse.org. Children must be at least 4 feet tall to climb. Tours are weather permitting, call for tour time. RSVP required for tours, 747-8380, Ext. 101. Lighthouse Sunset Tour — Aug. 16, 21. Sunset. \$15 Members/\$20 Non-Members. RSVP required, 747-8380, Ext. 101.

■ **Lighthouse Moonrise Tour** — Aug. 20. Sunset. \$15 Members/\$20 Non-Members.

At The Lake Park Public Library

Lake Park Public Library is at 529 Park Ave., Lake Park. All events are free. 881-3330.

■ **Super Hero Hour** — 3:30 p.m. Thursdays. Ages 12 and under.

■ **Adult Writing Critique Group** — Saturdays 10:30 a.m.-1 p.m. 16 years and up.

■ **Anime** — 6-7 p.m. Tuesdays. Ages 12 and up.

At The Lake Worth Playhouse

The Stonzek Theatre is at 709 Lake Ave., Lake Worth. Playhouse: 586-6410; Films: 296-9382. www.lakeworthplayhouse.org.

■ **Movies:** Aug. 15: "Blackfish" and "Broken." Aug. 16-22: "Hannah Arendt" and "Terms and Conditions May Apply."

At MacArthur Park

John D. MacArthur Beach State Park and Nature Center is at 10900 Jack Nicklaus Drive, North Palm Beach. 624-6952 or www.macarthurbeach.org.

■ **Nature walk** — 10-11 a.m. daily; Animal feeding — 11 a.m. weekends in the Nature Center.

■ **Guided Snorkeling Tour** — 10 a.m.-noon Saturdays.

■ **Bluegrass music with the Untold Riches** — 1-3 p.m. Aug. 18.

At The Mos'Art

The Mos'Art Theatre is at 700 Park Ave., Lake Park. Call 337-OPOD (6763) or visit www.mosarttheatre.com.

■ **Films:** Aug. 15: "Augustine" and "Museum Hours." Aug. 16-22: "The Bling Ring" and "Hannah Arendt."

■ **Opera in Cinema:** "La Bayadere," with the Bolshoi Ballet, 1:30 p.m. Aug. 18.

■ **Live performance:** "The Story of Hansel and Gretel," Aug. 16-17, 23-24. For tickets, visit www.kwpproductions.com.

At North Palm Beach Library

303 Anchorage Drive, North Palm Beach; 841-3383, www.npblibrary.org.

■ **Knit & Crochet** — 1-3 p.m. Mondays

■ **Kids Crafts ages 5-12** — 2 p.m. Fridays

At Palm Beach Improv

Palm Beach Improv is at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach; 833-1812 or palmbeachimprov.com.

■ **Gabriel Iglesias** — Aug. 16. Tickets: \$40; sold out.

■ **The Rich Guzzi Comedy Hypnosis Show** — Aug. 17-18. Tickets: \$17.

At The Plaza Theatre

Plaza Theatre, 262 S. Ocean Blvd., Manalapan; 588-1820 or www.theplazatheatre.net.

■ **"Waist Watchers the Musical"** — Through Sept. 1. Tickets: \$45

■ **"Steppin' Out with Tony, Frank & Bing"** — Aug. 19-20. Tickets: \$30

At Roger Dean

Roger Dean Stadium is at Abacoa Town Center, 4751 Main St., Jupiter; 630-1828 or rogerdeanstadium.com.

■ **Movies in the Outfield** — "Star Trek: Into the Darkness," after St. Lucie Mets vs. Jupiter Hammerheads game, 5:35 p.m. Aug. 17. Tickets: \$9.50.

■ **Tiki Bash** — Tropically themed promotions, specialty island drinks, cheeseburgers and more when we transform the stadium into an island oasis during a Palm Beach Cardinals vs. Bradenton Marauders game, 6:35 p.m. Aug. 24. VIP tickets: \$30 advance, \$35 at the door.

At Science Center

The South Florida Science Center and Aquarium, 4801 Dreher Trail N., West Palm Beach. 832-1988 or visit www.sfsm.org.

■ **Stroller Daze** — 9 a.m.-noon Aug. 28. Parents with children ages birth to 4 years are invited to participate in fun-filled and age-appropriate activities. Activities include: storytelling, crafts, a child-friendly planetarium show, touch-tank demonstrations, science demos and much more! Special guest Patty Shukla, well-known for her children's songs, will perform, and Professor Clark the Science Shark will make a special guest appearance. Child-friendly vendors, including Big Fish Little Fish Swim School, PB Parenting and Macaroni Kid, will be at the Science Center for presentations, demonstrations, and raffle giveaways. Cost: \$5 adults; free for children and members.

■ **"Savage Ancient Seas: The Ancient Aquatic Deep"** the water world of the late Cretaceous period. Through Sept. 16. Tickets: Adults \$11.95.

■ **Science Nights** — 6-9 p.m. the last Friday of the month. Aug. 30: SeaFari Science Night.

Fresh Markets

■ **Sailfish Marina Sunset Celebration** — 6 p.m. Thursdays. Shop for arts and crafts made by artists from around the country. Sailfish Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores; 842-8449.

■ **Jupiter Green & Artisan Market** — 5-9 p.m. Fridays, Riverwalk Events Plaza, 150 S. U.S. 1, Jupiter. Free. Includes baked goods, fresh produce, arts and crafts, jewelry, pet products and more. Vendors welcome. Contact Harry Welsh at (203) 222-3574 or visit www.harrysmarkets.com.

■ **The West Palm Beach Antique & Flea Market** — 9 a.m. to 3 p.m. Saturdays on Narcissus Avenue, north of Banyan Boulevard. West Palm Beach green market vendors also will be there. For information, search Facebook or call 670-7473.

■ **Palm Beach Gardens Green Market** — 8 a.m.-1 p.m. Sundays through September. Under a roof, and partly indoors, at STORE Self Storage, 11010 N. Military Trail, Palm Beach Gardens; 630-1146 or visit www.pbgl.com.

Thursday, Aug. 15

■ **The Dream Ride** — The East Coast's premier motorcycle ride and car cruise to benefit Special Olympics, will kick off with a welcoming party and rallying reception 6-10 p.m. Aug. 15, Harley-Davidson of Palm Beach, 2955 45th St., West Palm Beach; 966-7019 or visit www.dreamride.org.

■ **Story time session at the Loxahatchee River Center** — 9:30 a.m. Thursdays, Burt Reynolds Park, 805 N. U.S. 1, Jupiter; 743-7123; or visit www.loxahatcheeriver.org/rivercenter.

■ **Bingo** — Noon every Thursday at the Moose Lodge, 3600 RCA Blvd., Palm Beach Gardens. Lunch available at 11 a.m. Packs start at \$15. \$250 games. 626-4417.

■ **Clematis by Night** — Live music 6-9 p.m. Thursdays, Clematis Street at the Waterfront, downtown West Palm Beach. Aug. 15: Sub Groove. Aug. 22: Sweet Justice. Aug. 29: Boombox. Free; 822-1515 or visit www.clematisbynight.net.

■ **Studio Parties** — Free group lesson at 7 p.m., followed by parties 8-10 p.m. Thursdays, Alexander's Ballroom, 51 W. Indiantown Road, Jupiter. Cost: \$15 per person; 747-0030 or alexandersballroom.com.

■ **Dance Tonight** — Open Latin/Ballroom Mix Party Thursdays. Group Lesson 7:15-8 p.m.; Party 8-10 p.m.; Admission: \$20 (theme \$25) for entire evening, includes light buffet. 914 Park Ave., Lake Park; 844-0255.

■ **Susan Merritt Trio and Guests** — 7:30-10:30 p.m. Thursdays at the Wine Dive, 319 Clematis St., downtown West Palm Beach. No cover; 318-8821.

■ **The Great Books Reading and Discussion Group** meets at 10 a.m. the first and third Thursday of each month. Barnes & Noble coffee shop, 11380 Legacy Ave., Palm Beach Gardens. Free; 624-4358.

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WHAT TO DO, WHERE TO GO

Friday, Aug. 16

■ **Ice Cream Festival Weekend** — Aug. 16-18, PGA National. The “Gourmet Ice Cream Pairing Dinner at Bella Lago,” 6-10 p.m. Aug. 16 (\$100 per person, tax and gratuity additional, adults only). “Brain Freeze / Face Freeze Ice Creaming Eating Contests” at the Wave Poolside Bar & Grill with Wild 95.5 FM playing all the hits (11 a.m.-1 p.m. Aug. 17); Whole Foods’ “Big Taste — Ice Cream Sweet Tweet” ice cream bazaar with e-voting for “Yummiest Ice Cream Flavor” (2-4 p.m. Aug. 17, \$20 for adults, \$10 for kids, unlimited sampling); “BBQ Sock Hop” at the Palm Terrace with live entertainment (4-8 p.m. Aug. 17); and “Golf Kart Drive-in Movie” (9 p.m. Aug. 17, \$10 per cart, includes popcorn). The “Luke’s Ice Cream Sweet Sundae Fun Day” will be held in the PGA Ballroom from 11 a.m. to 4 p.m. Aug. 18. Cost is \$35 per family and includes a sundae building kit (two adults / two children; proof required). The event features family-friendly vendors, face painting, bounce houses, and an attempt to win the Guinness Book of World Records title of “World’s Longest Ice Cream Sundae” of more than 1,200 feet. A portion of the proceeds benefits Kids Alliance. For info, visit pgeasortsummer.com.

■ **Downtown Live** — 7-10 p.m. Fridays through Aug. 30. Aug. 16: The Caribbean Chillers, Parrot Heads Unite! Free. Downtown at the Gardens’ Downtown Park, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens; 340-1600.

Saturday, Aug. 17

■ **2 Bit Horse Pop** — 7-10 p.m. Aug. 17, Downtown at the Gardens’ Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens. Free; 340-1600.

■ **Kids Story Time** — 11:30 a.m. Saturdays, Loggerhead Marineline Center, 14200 U.S. 1, Juno Beach; free. Visit www.marinelife.org.

Sunday, Aug. 18

■ **Palm Beach Post Sunday on the Waterfront Concert Series** — Free concerts 4:30-7:30 p.m. the third Sunday of each month at the Meyer Amphitheatre, downtown West Palm Beach. Aug. 18: Rushour, a tribute to Rush. Sept. 15: Highway to Hell, AC/DC tribute. Oct. 20: Bad Company, featuring Brian Howe. Nov. 17: Satisfaction, the Rolling Stones tribute. Info: www.wpb.org/sow/.

Monday, Aug. 19

■ **American Needlepoint Guild** — 10 a.m. every second and fourth Monday (next meeting is Aug. 26), 110 Mangrove Bay Way, Jupiter. Call 747-7104 or email mbusler@comcast.net.

Tuesday, Aug. 20

■ **The 2nd Annual Physicians Talent Showcase** — Benefits Adopt-a-Family and the Kretzer Piano Music Foundation, 7:30 p.m. Aug. 20, Harriet Himmel Theater, 700 S. Rosemary Ave., CityPlace, West Palm Beach. Tickets: \$50; 866-449-2489.

■ **Rotary Club of the Northern Palm Beaches** — Tuesdays at 7:15 a.m. at the Doubletree Hotel, 4431 PGA Blvd., Palm Beach Gardens. Contact Phil Woodall at 762-4000 or email pabwoodall@bellsouth.net.

Wednesday, Aug. 21

■ **Bridge Classes** — 10 a.m.-noon Wednesdays — JCC North, 4803 PGA Blvd. Six-week session \$72 or \$15/class. Pre-registration appreciated. Call Rhonda Gordon, 712-5233.

Ongoing Events

■ **Artists of Palm Beach County Art on Park Summer Exhibit** — Mondays-Saturdays noon-6 p.m. Through Sept 27. Free. Everyone welcomed. Art on Park Gallery, 800 Park Ave. Lake Park. 345-2842, www.artistsofpalmbeachcounty.org.

■ **Exhibition by artists Kevin Boldenow and Virginia McKinney** — Through Aug. 22 at the Palm Beach Gardens City Hall Lobby, 10500 N. Military Trail, Palm Beach Gardens. Free. Call 630-1116.

■ **The Loxahatchee River Environmental Center** — Story time, 9:30 a.m. Aug. 15. End of Summer Water Play Day, 10 a.m. Aug. 15. River Center is closed Aug. 18-26. Burt Reynolds Park, 805 N. U.S. 1, Jupiter; 743-7123; or www.loxahatcheeriver.org/rivercenter.

■ **Palm Beach State College Art Gallery** — Gallery hours: Monday, Wednesday-Friday, 9 a.m.-5 p.m.; Tuesday, 9 a.m.-8 p.m. Palm Beach State College, BB Building, 3160 PGA Blvd., Palm Beach Gardens. 207-5015.

■ **Children’s Research Station** — Loggerhead Marineline Center program is designed to exercise children’s science skills through an experimental lab. 3:30 p.m. Wednesdays and Fridays; 11 a.m., 1 p.m. and 2 p.m. Saturdays. Free. 14200 U.S. 1, Juno Beach; 627-8280.

■ **Lighthouse ArtCenter** — Through Aug. 15: “The Art of Association,” featuring works by members of local art associations. 3rd Thursday, 5:30-7:30 p.m. Museum admission: \$5 ages 12 and above. Under 12 free. Saturdays, free admission. Gallery Square North, 373 Tequesta Drive, Tequesta; 746-3101 or lighthousearts.org.

■ **Norton Museum of Art** — “Lucian Freud: Paintings and Prints,” through Sept. 1. “Circa 1960, Figure and Form,” through Sept. 1. “Architecture in Detail - Works from the Museum Collection,” through Oct. 20. “Block by Block: Inventing Amazing Architecture,” through Oct. 20. “the Middle East and the Middle Kingdom: Islamic and Chinese Artistic Exchange,” through Oct. 27. “Rob Wynne: I Remember Ceramic Castles, Mermaids & Japanese Bridges,” through Oct. 6. Art After Dark, with music and art demonstrations, is 5-9 p.m. Thursdays. Admission: \$12 adults, \$5 visitors 13-21; free for members and children under 13. Hours: 10 a.m.-5 p.m. Tuesday-Saturday; 1-5 p.m. Sunday. Closed Mondays and holidays. At 1451 S. Olive Ave., West Palm Beach; 832-5196 or norton.org.

■ **Palm Beach Photographic Centre** — Through Aug. 17: “INFOCUS Juried Exhibition.” The Photographic Centre is in the City Center, 415 Clematis St., downtown West Palm Beach. Hours are 10 a.m.-6 p.m. Monday-Thursday, and 10 a.m.-5 p.m. Friday and Saturday; call 253-2600 or visit www.workshop.org or www.fotofusion.org.

■ **Palm Beach Zoo** — Zoo Safari Nights are 5:30-9 p.m. Fridays through September with a different family-friendly theme. Dress to match the themes to be entered to win a Palm Beach Zoo \$150 value prize pack. Members free; non-members \$15.95 adults/\$9.95 children (3-12). Zoo is at 1301 Summit Blvd., West Palm Beach; 547-9453. “Wings Over Water” Bird Show: 11 a.m. weekdays; 11 a.m. and 2 p.m. weekends. “Wild Things Show,” 1 p.m. weekdays; noon weekends. Hours: 9 a.m.-5 p.m. everyday. 1301 Summit Blvd., West Palm Beach. Tickets: Adults \$18.95; seniors, \$16.95; children 3-12, \$12.95; free toddlers. 533-0887 or www.palmbeachzoo.org.

■ **Flagler Museum** — Open 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Museum is housed in Henry Flagler’s 1902 beaux-arts mansion, Whitehall; at 1 Whitehall Way, Palm Beach. Tickets: members free; \$18 adults, \$10 youth (13-17) with adult; \$3 child (6-12) with adult; under 6 free. 655-2833.

August Events

■ **“Women on the Run Palm Beach”** — The Junior League of the Palm Beaches Inc., in conjunction with the Women’s Foundation of Palm Beach County and the Political Institute for Women, will host a series of training initiatives to help women take the first steps toward running for elected office or a public service leadership position to be held 1-5 p.m. Aug. 22, Sept. 19, Oct. 24 and Nov. 21 at Junior League of the Palm Beaches headquarters, 470 Columbia Drive, Building F, West Palm Beach. Cost: \$60 per course, or \$175 for all four dates. Info: <http://www.jlpb.org/our-events/women-on-the-run-palm-beach/>

■ **Boat-In Movie** — Featuring “Pirates of the Caribbean,” 8:15 p.m. Aug. 24, West Palm Beach Waterfront, downtown West Palm Beach. Free; 625-9443.

■ **The 26th Annual Dancin’ in the Streets** — Noon-midnight Aug. 24 in downtown Stuart. The street party and music festival features five stages, 17 bands, outdoor DJs, food trucks, kid’s carnival, beer, wine and vendors. Blood Sweat & Tears will perform at 4 p.m. and 7 p.m. at The Lyric Theatre. Blood Sweat & Tears tickets are \$45, include admission to Dancin’ in the Streets, and can be purchased through The Lyric Theatre Box Office or online at www.lyrictheatre.com. Advance tickets to Dancin’ in the Streets are available for \$10 online at www.lyrictheatre.com, or at Seacoast National Bank locations, the Lyric Theatre Box Office, Terra Fermata, Stuart Coffee Company, or Kilwin’s Chocolates & Ice Cream. Tickets will be \$15 the day of the event. Leashed pets are welcome. Info: www.stuartmainstreet.org or 772-286-2848.

■ **Young Friends of the Jupiter Lighthouse Social** — 6-8 p.m. Aug. 26, Bubba Gump Shrimp Co., 1065 State Road 1A, Jupiter. The August social includes one drink, hors d’oeuvres and networking. Admission: \$10 for members of the Young Friends of the Jupiter Inlet Lighthouse and \$15 for non-members. Proceeds benefit the Loxahatchee River Historical Society—the nonprofit organization charged with operations and funding for the Jupiter Inlet Lighthouse and Museum. Guests should RSVP to yfjupiterlighthouse@gmail.com. ■

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“COMPANY”

From page A29

What's missing is that extra level that actors can only reach with a little more time to experiment, explore and excavate from their souls. In the end, it is a concert, beautifully gilded with genuine acting and inventive movement, but still a concert. Yearning for a fully fleshed-out production is bringing an unfair yardstick to the evening. So the take-away lesson is that audiences must recalibrate their expectations just as Florida Stage trained them to do when seeing first productions of new work.

For instance, the audience can savor Laura Hodos' unique “The Ladies Who Lunch” or Wayne LeGette's warm caress of “Sorry-Grateful” or Alexandra Hale's manic “Getting Married Today.”

But when the sole out-of-state ringer here, the affable and talented Quinn VanAntwerp sang the iconic cry of the heart “Being Alive,” some of us leaned forward trying to physically will him to dig deeper into the hero's unleashed anguish and self-knowledge.

“Company” examines the emotional growth of Robert, a 35-year-old bachelor in New York City whose most meaningful relationships are as the best friend and quite-welcome third-wheel to five dysfunctional married couples. On his birthday, we see earlier scenes of him watching and analyzing those marriages, contrasted with scenes depicting his inability to commit to serious relationships with three girlfriends. The show is often described as plotless although a well-directed and well-acted production such as the Roundabout revival starring Miamian Raul Esparza



COURTESY PHOTO

Paul Reekie (at piano), Quinn VanAntwerp, Laura Hodos, Alex Hale, Wayne LeGette and Nick Duckart during rehearsals for “Company.”

depicts an arc of growing pressure until Robert realizes “it's better living it than looking at it” and becomes ready to commit.

It seems a bit unfair to carp since we should be grateful that the staged concert makes it possible that anyone is doing “La Mancha” or “Camelot” or “Company” at all. Yes, others do these works (Broward Stage Door is producing “Company” next season). But their budgets often bar them from the high caliber (and relatively well paid) talent that Dramaworks does. So this paradigm of stripped down concert versions keep classic musical theater alive.

“Stripped down” means a chamber version using most if not all of the script and score. Production values are severely limited but inventive, especially Sean Lawson's witty period photos and videos. The orchestra is only Mr. Reekie's piano although the arrangements are lush enough that you don't feel overly cheated. But in the first time we've heard of it being done, George Furth's script has been tinkered with. Two of the five couples have vanished; their scenes and songs have been given to the survivors, although at least one

scene disappeared. To bolster the vocal heft of the group numbers, the girlfriends sing in the background; in the original Broadway production, an off-stage chorus was also used to sweeten the sound.

As with “La Mancha,” which had a different musical director, a few ballads are played just a tad too fast, making it tough for the actors to work with the lyrics. Conversely, the difficult triple-paced patter songs, Ms. Hale's “Getting Married Today” and Natalia Coego's dead-on “Another Hundred People” seemed just right both in pacing and in the impossible task of enunciating the pretzel lyrics.

Mr. Cholerton has a real feel for staging with an almost cinematic smoothness. His triumph in pulling off such difficult material with his actors in such a short time could shame some people with triple the rehearsal time and budget.

He has cast this with performers as skilled at acting as singing. All are especially deft with comedy such as Maribeth Graham and Mr. LeGette's competitive couple who know exactly where to slide in the knife and how to

salve the wounds with love afterward. Ms. Hale, whose day job is as a marketing associate at Florida Repertory Theatre in Fort Myers, should be welcomed back anytime she wants and she gets fine support from Nick Duckart as her patient fiancé. Ms. Hodos is, as always, delightful. Barry J. Tarallo makes his love for his verbally dismissive wife perfectly credible. The trio of girlfriends are also up to the task: Katherine Amadeo's “just friends” Kathy, Leah Sessa's flighty stewardess April and Ms. Coego's young woman passionately in love with New York City.

Mr. VanAntwerp is a competent hand — a veteran of three years on “Jersey Boys” — with a sweet open face and solid enough voice, but he makes the least impression. Bobby is a deceptively difficult role. He has to have enough innate magnetism and depict just enough banked angst to hold the audience's attention as the fulcrum of the entire show, even though he really has little to do but react for the first third of the evening. Mr. VanAntwerp doesn't have the chops yet to be able to summon that up in a week's time. This is grossly unfair, but I would have loved to hear Mr. LeGette do this role a decade ago, or Mr. Duckart try it now.

Keep in mind that as one of my favorite musicals of all time, I'm setting the bar almost absurdly high. This production is so solid that anyone who loves Sondheim should travel to West Palm Beach to entertain “Company.” ■

—Bill Hirschman is editor, chief critic and reporter for Florida Theater on Stage, a website devoted to news and reviews about South Florida theater. See more at southfloridatheateronstage, or call Mr. Hirschman at 954-478-1123.



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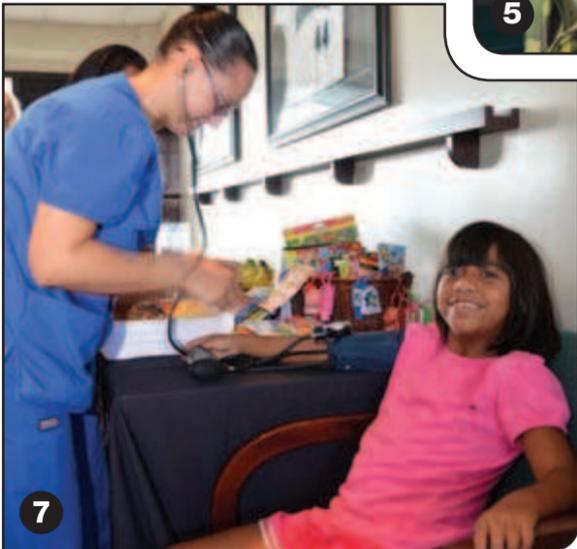


in the know

>>What: Stephen Sondheim's “Company”
>>When: Through Aug. 18
>>Where: Palm Beach Dramaworks Don & Ann Brown Theatre, 201 Clematis St., downtown West Palm Beach
>>Cost: \$35
>>Info: 514-4042 or www.palmbeachdramaworks.org

BACK TO SCHOOL BASH AT ROGER DEAN STADIUM

Annual Community Back to School Bash, a nonprofit event that provides supplies to children for the school year

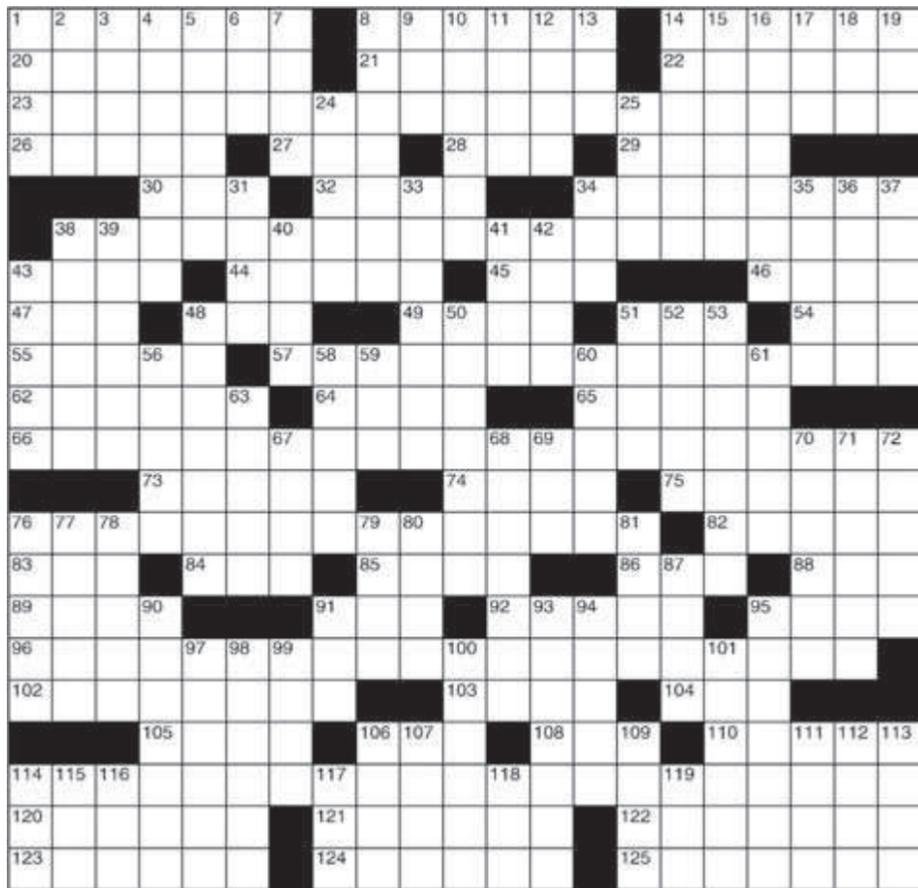


1. La Sonna Hayes, Chase Tomanek
2. Berline Simervil
3. Janell Stroman, Jael Stroman, Emmanuel Pierre, Jamari Pierre, Takia Barnes
4. Ariana Mussnug, Jacob Mussnug
5. Jahquin Forrest, Sandra Forrest, Jahnya Forrest
6. Chelsea Mussnug
7. Trinidad Vazquez, Thalia Zamudio
8. Hal Valeche, Jahquin Forrest, Megan Rooney
9. Chelsea Guoynes
10. Angela Wright, Betsy Leibowitz, Phaedra Walker, Jennifer Bruk, Kelly White, Sloane Caruso, Tonia Guglielmo, Rose Drufke, Fontaine Timmer
11. Luke Allan
12. Robert Smallacombe
13. Preston Jones, Christa Jones, Steve Jones, Jordon Jones
14. Ruth Mogueillansky, Audley Reid, Hal Valeche, Joanna Aiken
15. Christian Franz, Kathi Hiemstra



PUZZLES

TRIPLE FEATURES



- ACROSS**
- 1 Source of healthy fatty acids
 - 8 Cards for soothsayers
 - 14 Stunning weapons
 - 20 Produced by its own staff
 - 21 Latin "and others"
 - 22 Sound setup
 - 23 Really big souvenir given to a truck-or-treater?
 - 26 Throat-infecting bug
 - 27 Nada
 - 28 Lion tail?
 - 29 Great Plains natives
 - 30 Sit in (for)
 - 32 Dawber and Anderson
 - 34 Tapioca-yielding plants
 - 38 Connected group of a World War II general's combat units?
 - 43 Sainly
 - 44 Actor Sam
 - 45 Sweetie pie
 - 46 Father deer
 - 47 Viper type
 - 48 The Gem State; Abbr.
 - 49 "... hear — drop"
 - 51 Partner of to
 - 54 In a funk
 - 55 Tail ends
 - 57 Mentally ill
 - 62 Theater tickets, informally
 - 64 City in Texas
 - 65 Lauder of perfumery
 - 66 Go uninvited to a nightclub show in an Asian ethnic district?
 - 73 Love, in Dijon
 - 74 Memorial bio
 - 75 Idyllic place
 - 76 Hogtie an old Roman fighter?
 - 82 Allow to enter
 - 83 Hoppy brew
 - 84 Understand
 - 85 Angel player Cheryl
 - 86 Be sickly
 - 88 Agcy. that helps mom-and-pops
 - 89 Paws. e.g.
 - 91 "Well, let me think ..."
 - 92 "Where do —?" ("It's a deal")
 - 95 Sanders and Klink; Abbr.
 - 96 Vast sand hill in Central Park?
 - 102 Screenplay it up?
 - 103 Moby Dick's adversary
 - 104 Itty-bitty drink
 - 105 Sand
 - 106 Palme — (film award)
 - 108 Put tears in
 - 110 Clean a spill
 - 114 A heptad of mischievous sprites turned laterally?
 - 120 Charlotte — (capital of the Virgin Islands)
 - 121 Rocker Ric of the Cars
 - 122 Fiji is in it
 - 123 Hot winter drinks
 - 124 Equine, in tot-speak
 - 125 Football great Tony
 - DOWN**
 - 1 Smyrna fruits
 - 2 Beginning ltr.
 - 3 — -Pei (dog breed)
 - 4 Truthfulness
 - 5 Part of I/O
 - 6 Suffix with Brit or Turk
 - 7 Slope
 - 8 Like juicy biographies
 - 9 From — B
 - 10 Most crude
 - 11 Bullring yells
 - 12 1-1 and 7-7
 - 13 — Juan
 - 14 Fly of Kenya
 - 15 As many as
 - 16 Park fixtures
 - 17 South end?
 - 18 Pensioned: Abbr.
 - 19 — Canals
 - 24 Painter Fra Filippo —
 - 25 Lament
 - 31 Stock's kin
 - 33 Asia's Strait of —
 - 34 "John King, USA" ailer
 - 35 "Presto!" kin
 - 36 —> or <—
 - 37 Makes stant
 - 38 Phony type
 - 39 Llama cousin
 - 40 Kind of tide
 - 41 Lima's home
 - 42 A wife of Chaplin
 - 43 One of two in "crocus"
 - 48 Connecting land strip
 - 50 Driver's license, e.g.
 - 51 Pert. to finances
 - 52 Levy again
 - 53 Yellow pool rack item
 - 56 Tabulae — (blank slates)
 - 58 Whirlpool
 - 59 TV chef who "can cook"
 - 60 Relative of largo
 - 61 Astrologer Dixon
 - 63 Listerine rival
 - 67 Immense
 - 68 Bible book after Amos
 - 69 Quipster
 - 70 Exposes by finking
 - 71 Fit for eating
 - 72 Food fishes
 - 76 Flat floaters
 - 77 — acid (fat compound)
 - 78 Golfer Calvin
 - 79 Mrs. Alfred Hitchcock
 - 80 — with faint praise
 - 81 Sitar piece
 - 87 Taverns
 - 90 Citrus fruit
 - 91 MDs' group
 - 93 "— & Hutch"
 - 94 Hit — (really go places)
 - 95 Small domes
 - 97 C.S. Lewis' magical land
 - 98 Often-purple flowers
 - 99 — Field (Mets' stadium)
 - 100 Annoy a lot
 - 101 Light-varying switch
 - 106 Old art style
 - 107 Man — bird
 - 109 Urge on
 - 111 Long deeply
 - 112 The "U" of CPU or BTU
 - 113 H.S. junior's exam
 - 114 Little pouch
 - 115 Screwball comic Phillips
 - 116 Hoover or Dyson, for short
 - 117 Homer Simpson cry
 - 118 "— -hawl"
 - 119 — -friendly (green)

SEE ANSWERS, A33

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HOROSCOPES

■ **LEO (July 23 to August 22)** A shift in workplace management could be helpful for talented Leos and Leonas who have been waiting to have their accomplishments rewarded by receptive leadership.

■ **VIRGO (August 23 to September 22)** A misunderstanding between you and someone you care for should be corrected immediately. This relationship is too important to lose over a bruised ego.

■ **LIBRA (September 23 to October 22)** A welcome piece of good news helps clear the air in a family situation. A job-related incident also eases as more information provides a clearer focus on the problem.

■ **SCORPIO (October 23 to November 21)** Quick action to heal bruised feelings pays off in a big way. Now you'll be able to move forward with your plans without that problem holding you back.

■ **SAGITTARIUS (November 22 to December 21)** Your creativity combined with a positive attitude should give you a considerable edge in finding a way to get around the negativity you've run into.

■ **CAPRICORN (December 22 to January 19)** That sudden streak of stubbornness could cause some problems. Try to be more open to helpful suggestions and more flexible in making needed changes.

■ **AQUARIUS (January 20 to February 18)** Now that that special relationship

appears to be well and truly restored, you can spend more time dealing with those long-needed workplace changes.

■ **PISCES (February 19 to March 20)** A new opportunity sounds promising. But watch out for any conditions that might be attached. Before making a decision, ask that each one be explained in detail.

■ **ARIES (March 21 to April 19)** Your honesty might upset some people, but you inevitably win more admirers for having the courage to tell the truth when others are more likely to scramble for cover.

■ **TAURUS (April 20 to May 20)** Your efforts to defend your project begin to show favorable results. You should soon be able to win over even the most determined detractors who had lined up against it.

■ **GEMINI (May 21 to June 20)** You win praise for your selfless efforts in a very difficult situation. But be careful not to allow your generous nature to be exploited by those who have their own agenda.

■ **CANCER (June 21 to July 22)** A trusted colleague sheds light on a recent spate of puzzling workplace situations. This should give you the information you need to bring to your superior's attention.

■ **BORN THIS WEEK:** You can be distracted by promises of good times, yet you ultimately reach the goals you set for yourself. ■

By Linda Thistle

6		4		3				9	
	7				8	5			
			5	9			7		4
			3		8				1
	9			7					6
8						1	4		
	6			3					5
2							5	6	
		8			2			7	1

Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

★ Moderate ★★ Challenging
★★★ Expert

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SEE ANSWERS, A33

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FLORIDA WEEKLY CUISINE

What the flash is all about in online wine sales

jimMcCRACKEN

vino@floridaweekly.com



Wine flash sales sites — e-marketers that sell closeout wines in limited quantities, usually for deep discounts — are a lot like your local discount department store: You can't go there with a preconceived idea of what you want to buy. Instead, you have to be open to purchasing what's available on any given day.

For consumers who know their wines and what they typically sell for, there are bargains to be had.

Start by signing up with these online retailers to get their daily updates. Some of the popular and more reliable ones are: Cinderellawine.com, Lot18.com and WinesTilSoldOut.com.

The offerings are generally available in limited quantities and for short periods, but discounts can range from 25 percent to more than 40 percent per bottle; toss in free shipping on a multi-bottle purchase and you could save some serious money here.

Some of the offerings will be things you've never heard of before, but then there will be clas-

sics you'll know well. Recently, WinesTilSoldOut.com offered Silver Oaks Alexander Valley Cabernet Sauvignon 2009 for \$59.99 per bottle (generally retailing for about \$70), and Lot18.com featured Le Gode Brunello di Montalcino 2007 at \$29.99 (typically priced at about \$50-\$54), both with free shipping if you buy enough.

Just like shopping around town, not everything is a bargain, despite what the site may say is the usual retail price.

For example, one recent offering from LastCallWines.com listed Simi Winery Sonoma Sauvignon Blanc 2012 at a featured price of \$12.99, a savings of \$7 from the "original" price, and free shipping on four or more bottles. It is available direct from Simi online at \$15 per bottle, and if you check local and online retailers you can find it for as little as \$9.99.

Consumers use flash wine sales sites looking for drastic discount prices so the same rules apply as in any marketplace: Buyer beware.

While consumers seem to be embracing these sites, what do winery owners think of them?

Recently, Wines & Vines, an industry magazine and website, sought opinions about the sites from wine executives. Responses ranged from "a necessary evil" to enthusiasm.

Jean-Charles Boisset, who owns DeLoach in Santa Rosa, Calif., and Raymond Vineyards in St. Helena, Calif., as well as his family's Boisset brands in France, is quoted saying, "Rather than viewing flash sites as a means to clear inventory or raise cash, our experience has been that they can be a valuable additional marketing tool to communicate winery messages, to reach a new and savvy consumer base, to expose consumers to wines they may not readily find at retail or through traditional distribution channels, and to be at the forefront of an innovative new sales channel."

Wines & Vines also quotes Lisa Goff, vice president of marketing for the Crimson Wine Group, which owns Pine Ridge in Napa Valley, Archery Summit in Oregon and Chamisal Vineyards in the Edna Valley along California's Central Coast.

Ms. Goff was more pessimistic, saying, "We sold some wines, but it's hard to track whether the customers bought more wine from us."

As for whether the flash sales were

financially worthwhile, she would only say, "The wholesale environment is competitive, too."

To give you an idea of what can be had, here are some recent offerings I found on some popular sites:

■ **Cinderellawine.com** — Pujanza Hado Rioja 2009 Spain (\$14.99): Wine Advocate, 90 points, "An alluring nose, particularly at this level, of fragrant spices, cedar, leather, lavender, black cherry, and blackberry. Surprisingly rich (likely as a result of the vintage), deep, and structured, this succulent Rioja is an outstanding value..." Jay Miller, Wine Advocate.

■ **LastCallWines.com** — Beaulieu Vineyard BV Tapestry Reserve Napa Valley 2009 (\$39.99): Wine Spectator, 91 points, "Graceful, with complex spice, herb, dried currant and crushed rock flavors that are well-proportioned and gaining on the finish, where the flavors weave together with subtle nuances. Cabernet Sauvignon, Merlot, Cabernet Franc, Petit Verdot and Malbec. Drink now through 2022." James Laube, Wine Spectator.

■ **Lot18.com** — Montemaggiore Paolo's Vineyard Dry Creek Syrah 2006 (\$18.99): "The nose is powerful and extremely complex, with aromas of blueberry, blackberry, dried herbs, baking spice, pink peppercorns, red flowers and pencil shavings. Intense flavors of graphite and pepper explode from the wine's smooth texture and lead to a bright, crisp and long finish." Lot18

■ **WineFlash.com** — Vinos Sin Ley "Old Vine" Monastrell 2011 Spain (\$14.99): Wine Advocate, 92 points, "Another stunning value from Yecla, the 2011 Vinos Sin Ley Monastrell (100 percent Mourvedre from organic vineyards) possesses a dense purple color as well as a big, sweet bouquet of blueberries, blackberries, and chalky, earthy soil, and a heady, rich, full-bodied finish."

■ **WinesTilSoldOut.com** — Maxwell Creek Winery Napa Valley Cabernet Sauvignon Reserve 2010 (\$19.99): 93 points, "A refined and expressive nose of blackberry, red currants, plum, and dark cherries. The palate is graceful and made in the style for Cab lovers who enjoy elegant and bold fruit with sweet rich oak and loads of complex, lush fruit." — Jonathan H. Newman, chairman and CEO of Newman Wine & Spirits. ■



Food swap is bound for Gardens

SPECIAL TO FLORIDA WEEKLY

The city of Palm Beach Gardens will host its first Food Swap from 9 a.m. to 11 a.m. Sept. 28 at the Burns Road Recreation Center.

Share such homemade and homegrown goodies as jams, jellies, pickles, baked goods, foraged mushrooms/greens/berries, homegrown vegetables or fruits, dried herbs, homemade tea blends, etc.

The only requirement: you must have raised it, made it or grown it.

The event will take place inside the Burns Road Recreation Center, 4404 Burns Road, Palm Beach Gardens.

Cost is \$10 for a 6-foot by 10-foot space; tables and chairs not provided, but you can rent 8-foot tables for \$10 per table. Call 630-1100, or email recinfo@pbgfl.com for more information.

Green market extension: The Palm Beach Gardens Green Market, originally scheduled to end its run at STORE Self Storage around Labor Day, will continue through the end of September.

It is 8 a.m.-1 p.m. Sundays. STORE Self Storage is at 11010 N. Military Trail, Palm Beach Gardens; 630-1146 or visit www.pbgfl.com.

Chef says, "so long": Chef Jim Leiken, who came onboard two years to run Café Boulud at the Brazilian Court Hotel in Palm Beach, has decided to leave the café to help care for his twin toddlers, born after he came to Café Boulud.

Café Boulud offered the following statement: "After many years working for Daniel Boulud, Chef Jim Leiken has made the decision to resign from Café Boulud Palm Beach to pursue other opportunities and we wish him the best of luck for future. We will look forward to announcing our new Executive Chef in the coming weeks."

Word on the street is that Mr. Leiken's replacement is likely to be someone from Chef Daniel Boulud's New York restaurants. ■



LEIKEN



THE DISH

Highlights from local menus

The Dish: Original Chicken Cutlet

The Place: Blondie's, 181 U.S. Highway 1 N., Tequesta; 744-0806 or blondiesgoodfood.com

The Price: \$9.49

The Details: A good chicken sandwich can be hard to find.

But Blondie's makes light of that detail, serving up a tender chicken cutlet that was lightly breaded and fried, crispy on the outside, tender on the inside.

They served it up on cibatta, with lettuce, tomato and onion — no need to be fancy here.

Our only gripe was a glass of iced tea that was past its best. No problem there. The server quickly offered an alternate beverage. ■



— Scott Simmons

SCOTT SIMMONS/FLORIDA WEEKLY

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2BR/2.5BA One of a kind South Beach style retreat. Stunning views and top of the line upgrades. fully furnished, Immediate availability. Turnkey. **NOW \$1,499,000**
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3BR/3BA W Penthouse. Spectacular views of the Intracoastal & City. One of only 15 exquisite residences with gated entrance. Private elevator foyer. **\$1,600,000.**
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REDUCED

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NEW LISTING!

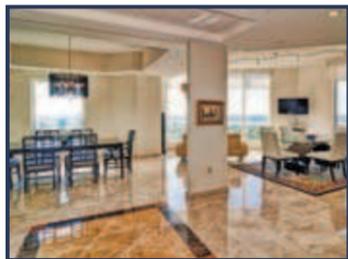
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Beach Front PH 1903

3BR/3BA Spectacular views. This unit has 10FT Ceilings, marble floors and a private poolside cabana. **\$1,595,000**
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Beach Front 1601

3BR/3.5BA Direct ocean with magnificent views and marble floors throughout. **\$1,499,000**
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SOLD

Martinique ET504

2BR/3.5BA Coveted SW corner unit with breathtaking views of ocean and ICW. All window impact glass. Tropical flair with designer touches. **\$539,000**
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2BR/3.5BA Unique completely renovated unit with spectacular large private terrace. A must see! **\$399,000**
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REDUCED

Martinique WT2304

2BR/3.5BA Amazing Views of ocean & ICW. Coveted SE corner on 23rd floor. **\$585,000**
Jeannie Walker 561-889-6734



Frenchman's Reserve

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Kathy Miller – 561-601-9927



Martinique OV10

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Sanctuary 3BR/2.5BA Professionally decorated and upgraded lakefront home. Gated community with low HOA. Many upgrades including renovated kitchen and beautiful window treatments. **\$475,000**
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