



# CUTTING EDGE

*Dr. Michael Gleiber uses new minimally invasive surgery to get back patients on their feet within a day*

**BY MARY JANE FINE**  
Special to Florida Weekly

BACK IN '64, DURING HIS AIR Force days, Airman 2nd class Charlie Brower sometimes worked on tanker planes, the aircraft used for in-flight refueling. Many's the time he clambered across the wings of those workhorse planes, lugging a hose filled with de-icing fluid. Which is what he was doing one frigid day when he slid off a wing – SMACK! – onto his butt.

“And ever since then,” he says, “I always had lower back pain.”

It hurt when he walked. It hurt when he lifted. But most vexing, it hurt when he climbed into, and especially out of, the old Piper Cub he's kept at North County Airport so he could soar into the lofty skies across and around South Florida “every chance I get,” he says. Meaning whenever pain didn't ground him.

The pain ceased on March 13. It was a Wednesday, he remembers with a smile and glance over at Michael Gleiber, the spinal surgeon who allowed him to straighten up and fly right.



COURTESY PHOTO

Since the surgery, Charlie Brower has been able to fly his Piper without pain.

The two men sit maybe six feet apart in Dr. Gleiber's Jupiter office on this recent Tuesday morning, in a small, square room.

Three-plus months have passed since the day that nurses at Palm Beach Gardens Medical Center wheeled Mr. Brower into

SEE SPINAL, A22 ▶

## Run-down historic Hobe Sound home gets new life

**BY MARY JANE FINE**  
Special to Florida Weekly

The house-hunt, in April of last year, had a meant-to-be quality. You know the kind: romantic movie; hero and heroine running, in slo-mo, through a field of wildflowers; ends with their embrace. Well, that's in retrospect, of course. Just before the eureka moment, Karen and Herb Baum were walking through another place, entirely unimpressed.

Karen Baum smiles. She loves telling this part of the story: “The realtor said, ‘I've got

a foreclosure across the street.’ She didn't even have the key. We looked in the windows. The place was rundown.”

But something ... something spoke to her. And here's the moment when the film's music heralds the approaching triumph.

They bought the well-known house (for \$2.8 million, well below the \$3.5 million asking price), changed its name, replaced its wiring, its plumbing, its roof, its air-conditioning units, its windows, its landscaping.



COURTESY PHOTO

The two-story wood-frame house on the ocean in Hobe Sound dates back to 1937.

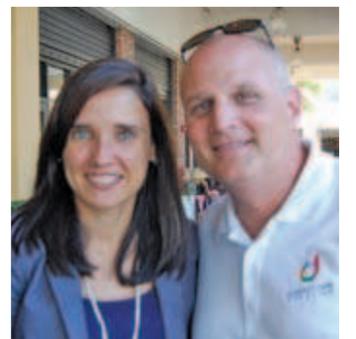
SEE HOME, A8 ▶

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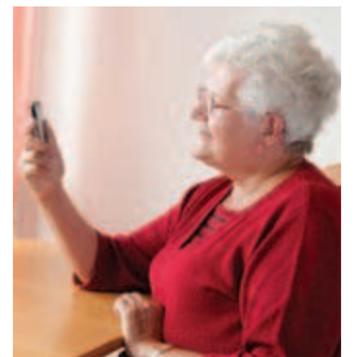
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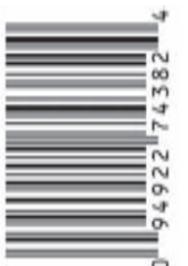
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## COMMENTARY

## Nothing to say



rogerWILLIAMS

rwilliams@floridaweekly.com

I have absolutely nothing to say about Trayvon Martin or George Zimmerman, who met for a few minutes like two converging trains on a shared American track, each freighting a different history and culture.

They collided then they parted company, one dead and one breathing.

I have nothing to say about the promoters of tobacco products designed for addicts and laced with carcinogens, who sell their crap because it's legal and they can; or about the makers of food products designed for children and laced with sugars, who sell their crap because it's legal and they can.

I have nothing to say about anything that purports to be "just business, not personal."

I have nothing to say about the makers of assault weapons who promote a vision of American governments as tyrants, and who portray American citizens in black and white as one of only two things: either as potential predators on the one hand, or as the besieged and bold who buy the products of these arms manufacturers to defend themselves against tyrants and predators, on the other hand.

I have nothing to say about small- or large-unit military commanders who abandon their point men, or write off their lost platoons, companies, battalions,

regiments or divisions. Or who systematically order their prisoners tortured or executed. Or who retire from service careers and go on to become arms sellers hawking weapons to faux democracies and fake benevolent dictators.

I have nothing to say about preachers or public servants who grow wealthy in their work.

I have nothing to say about corporate leaders who manage thousands of moderately paid employees while carrying away immense personal wealth, just because they can.

They take millions in salaries and stock options, they expect the praise of peers and stockholders, and they cheerlead the system that lets them grow rich while the people who helped them don't, won't and can't.

So obviously I have nothing to say about the successful individuals who — let's say by virtue of sweat and smarts — appear on the Forbes list of the 100 highest paid CEOs of 2012.

There's Big Johnny Hammergren of McKesson (No. 1, with his 2012 pay listed at \$131.19 million); Dickie Kinder of Kinder Morgan (No. 4, \$60.94 million); Stevie Hemley of UnitedHealth Group (No. 8, \$48.83 million); Jamie Dimon of JP Morgan Chase & Co. (No. 12, \$41.99 million); Louie Camilleri of Phillip Morris International (No. 25, \$32.75 million); Ireney Rosenfeld of Kraft Foods (No. 40, the highest paid corporate woman, at \$25.37 million); Mikey Duke of Walmart Stores (No. 46, \$23.15 million); and finally poor little Dickie Templeton of Texas Instruments (No. 100, \$15.36 million).

Not to mention (because I have nothing to say about them) those who didn't make the list, like Gracia Martore at Gannet Company Inc., who took in a mere \$8.45 million in 2012.

Some of them are great people. They've reduced their annual salaries to \$1. Or to \$80,000. Or to \$100,000, while their work-a-longs work along.

But they also exercised stock options and other benefits, so their real pay rocketed out of the solar system, topping off somewhere in the Andromeda galaxy.

A couple of Forbes journalists were sitting around talking about this on a videocast, trying like hell to look unimpressed and innocent, when one of them, Scott DeCarlo, applauded.

"If shareholders are getting a return, why fault a guy for getting paid?" asked Mr. DeCarlo.

The thing is, a government or a company, either one, is not a government or a company; it's you and me and Trayvon and George and Johnny and Dickie and Stevie and Jamie and Louie and Ireney and Gracia.

And every single one of them and all of us have choices — every day, all the time, and each time we meet like those converging trains, with any one other soul. We have choices in language, tone, manner and level of respect. We can choose to tolerate, to dominate, to converse or to argue. To manipulate, or not to manipulate. To shoot first or to ask questions first — of others and of ourselves.

In short, we can choose to define troop welfare and the mission as inseparable responsibilities — or not.

But I have nothing to say about any of that, except this: Business, like life, is always personal. And it always comes with consequences.

Mara Verhayden-Hilliard, who heads the Partnership for Civil Justice Fund in Washington ([www.justiceonline.org](http://www.justiceonline.org) or [www.facebook.com/PCJFund](http://www.facebook.com/PCJFund)), suggested as much when she sent me the Langston Hughes poem, "Kids who die."

Let me leave you with a few lines to brand into your hide — lines about choices and consequences.

*"This is for the kids who die  
Black and White  
For kids will die certainly.  
The old and rich will live on awhile,  
As always,  
Eating blood and gold, letting kids die.  
...Whites and Filipinos,  
Negroes and Mexicans,  
All kinds of kids will die who don't believe  
in lies, and bribes, and contentment  
And a lousy peace.  
Of course, the wise and the learned  
Who pen editorials in the papers,  
And the gentlemen with Dr. in front  
of their names  
White and black  
Who make surveys and write books  
Will live on weaving words to smother  
the kids who die,  
And the sleazy courts,  
And the bribe-reaching police,  
And the blood-loving generals,  
And the money-loving preachers  
Will all raise their hands against the  
kids who die..."*

But that's Langston Hughes.  
I have nothing to say about it. ■

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**OPINION****An Obamacare surrender****richLOWRY**

Special to Florida Weekly

Washington is riven by conflict and deep-seated division. It is rare indeed when both sides can agree on anything consequential. Therefore it is incredibly heartening that there is now bipartisan agreement that the implementation of Obamacare is a mess.

Republicans have long maintained this, but now the Obama administration has lent its implicit assent with its astonishing decision to delay by a year the law's employer mandate. This is what the administration calls, via a blog post by the Treasury Department's assistant secretary for tax policy announcing the decision, "Continuing to Implement the ACA in a Careful, Thoughtful Manner."

It can call it whatever it wants, but there is no hiding the embarrassment of a climb-down on a high-profile feature of President Barack Obama's signature initiative.

The purported reason for the delay is incompetence. The administration's story is that it simply couldn't find a way to implement the insurance report-

ing requirements on employers in the time frame set out in the law. Merely as a side-effect, it had to put off the mandate and the \$2,000-per-employee fine on employers with more than 50 employees who don't offer health coverage.

This just happens to be the mandate that is causing howls of pain from businesses and creating perverse incentives for them to limit their hiring or to hire part-time rather than full-time employees. And it just happens that 2015 — the new target for implementation — is after a midterm election year rather than during.

Explaining the decision, Obama apparatus Valerie Jarrett issued a stalwart communique from Central Command that should take an honored place in the annals of blatant, unembarrassed hackery.

Her message was: All is well. Nothing to see here. Yes, maybe we've delayed implementation of the (hilariously euphemistic) "employer responsibility payments," aka fines, but don't worry, it's "full steam ahead" with the health-care exchanges this October.

"As we implement this law," Jarrett explained, "we have and will continue to make changes as needed." But the law is supposed to be the law, not optional

suggestions from Congress. In Jarrett's view, Obamacare is little more than a warrant for the Obama administration to decide how it wants to run the American health-care system, one executive decision at a time.

Obamacare was sold on the twin, flagrantly false promises that you could keep the insurance you have and the prices for insurance would drop. But there will be significant dumping of employees onto the exchanges, and the latest indication of the law's price shock came via *The Wall Street Journal*, which reported that "healthy consumers could see insurance rates double or even triple when they look for individual coverage."

The delay of the employer mandate may create political pressure to delay the more important individual mandate as well, on grounds that ordinary people shouldn't face the fines for not buying government-mandated coverage that businesses have been spared. Certainly, the maneuver on the employer mandate is a painful concession and a signal of weakness. Now everyone can agree: Implementation of the president's proudest achievement is troubled, at best. ■

— Rich Lowry is editor of the *National Review*.

**This year's best-kept secret:  
The next generation of community radio****amyGOODMAN**

Special to Florida Weekly

A microphone and a radio transmitter in the hands of a community organizer imparts power, which some liken to the life-changing impact when humans first tamed fire. That's why the prospect of 1,000 new community radio stations in the United States, for which the Federal Communications Commission will accept applications this October, is so vital and urgent.

Workers toiling in the hot fields of south-central Florida, near the isolated town of Immokalee, were enduring conditions that U.S. Attorney Doug Mollo called "slavery, plain and simple." Some worked from dawn to dusk, under the watch of armed guards, earning only \$20 a week. Twenty years ago, they began organizing, forming the Coalition of Immokalee Workers. Ten years later, working with the Philadelphia-based nonprofit Prometheus Radio Project, the workers started their own radio station, Radio Consciencia, to serve the farmworker community and inform, mobilize and help the struggling workers forge better lives.

As the largest media corporations on the planet have been consolidating during the past two decades, putting the power of the media in fewer hands, there has been a largely unreported flowering of small, local media outlets. An essential component of this sector is community radio, stations that have emerged from the Low-Power FM (LPFM) radio movement. This October, community groups in the U.S. will have a once-in-a-generation opportunity to apply to the FCC for an LPFM radio-station license. But the mainstream media are hardly reporting on this critical development.

"This is a historic opportunity for communities all over the country to have a voice over their airwaves," Jeff Rousset, national organizer of the Prometheus Radio Project, told me on the "Democracy Now!" news hour. "The airwaves are supposed to belong to the public. This is a chance for groups to actually own and control their own media outlets." The Prometheus Radio Project formed in 1998. It was named after the Greek mythological hero who first gave fire to humans to make their lives more bearable.

Back in the 1980s and '90s, "pirate" radio stations, unlicensed by the FCC, were launched in communities across the U.S. by people frustrated with the failures of the commercial and public media system, which was increasingly closed to the communities and seemingly beholden to corporate underwriters and interest groups. Harassed for their broadcasting efforts by federal agents, the pirates formed Prometheus, intent on changing the federal laws and opening the radio dial to a new generation of noncommercial, community-based stations. After 15 years of organizing, they won. Rousset said, "We're going to turn static into sound and use that to amplify people's voices all over the country."

Across the U.S. from Immokalee, farmworkers in rural Woodburn, Ore., were fighting against oppressive conditions similar to the tomato and watermelon pickers in Florida. The largest Latino organization in Oregon, PCUN, Pinos y Campesinos Unidos del Noroeste (in English, the Northwest Treeplanters and Farmworkers United), founded an LPFM radio station, Radio Movimiento (Movement Radio). PCUN's president, Ramon Ramirez, explained: "We've been able to use Radio Movimiento: La Voz del Pueblo ... not only to organize farmworkers, but also to provide information. ... For example, we're broadcasting in four indigenous languages from

Mexico and Central America, and we're giving those folks a voice in the community that they never had."

When I was covering the Zapatista uprising in Chiapas, Mexico, in early 1994, I attended the first press conference held by the Zapatista military commanders, including Subcomandante Marcos and Comandante Ramona. They called it specifically for Mexican radio journalists. Radio, Marcos said, was the most accessible form of mass communication. Even the poorest village had at least one radio around which people could gather, he said.

Social-media platforms like Twitter and Facebook have been rightly credited with supporting social movements like the Arab Spring in recent years. But the fact remains that most people in the U.S. receive their news from traditional sources, especially radio and television, more so in groups separated by the "digital divide" — the poor, immigrants and other marginalized communities.

LPFM applications must be filed in October, and significant advanced planning is required by any applicant group that hopes to succeed. The Oregon workers knew nothing about radio. Prometheus recruited 300 media activists from around the world to help get them on the air with a radio "barn raising" where volunteers literally built the station from the ground up.

The airwaves are a public treasure, and we have to take them back. The Prometheus Radio Project is waiting to hear from you. ■

— Denis Moynihan contributed research to this column.

— Amy Goodman is the host of "Democracy Now!," a daily international TV/radio news hour airing on more than 1,000 stations in North America. She is the co-author of "The Silenced Majority," a *New York Times* best-seller.

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# PET TALES

## Get a move on

Exercise therapy: Tired dogs are more likely to be well-mannered

BY GINA SPADAFORI  
Universal Uclick

The joke in dog training these days is that when you get two trainers together, the only thing they'll agree on is that a third trainer is doing it wrong.

But there's something else that the fiercest advocate of a no-punishment training approach will find in common with the trainer who believes that a dog's actions need consequences: They'll both agree that your dog is likely not getting enough exercise, and that sedentary lives are at the root of a lot of canine behavior problems.

Look at the big, active dogs we adore, such as the Labrador retriever and the German shepherd. You don't have to go far down the popularity list to find other active breeds, such as the always-in-motion dog commonly known as the Jack Russell terrier. Factor in the countless retriever, shepherd, husky, hound and terrier mixes, and you have a lot of dogs whose genetics have prepared them to work nonstop for hours at a time.

Instead, many of them spend their lives in small, boring backyards. To burn off all that natural energy, they're busy barking, digging and chewing.

If you're thinking of getting a dog, think very seriously about what breed or mix you want and whether you can provide an active dog with the exercise he needs. If you can't honestly say that your dog will get 30 minutes



For dogs who like to fetch and swim, combining the two is always a great plan.

of heart-thumping aerobic exercise at least three to four days a week — daily is better — then you really ought to reconsider those breeds and mixes.

Fortunately, there are alternatives. All dogs love and need their exercise, but not all dogs will misbehave if they don't get a ton of it. Consider dogs of breeds or mixes that are content with less exercise. For large dogs, consider adopting a retired racing greyhound, a dog known as the "30 mph couch potato." Many of the pug-nosed breeds are also touted for their

couch-potato ways, but beware: that's because they're often born with compromised respiratory systems, with health problems to match.

Many small breeds are easy in the exercise department, and they're well worth considering because it's not as difficult to exercise a small dog with short legs. A Yorkie, pug or corgi can get good exercise in a small yard or on a brisk walk, but remember that even short legs won't get you off the hook with the most active and tough-minded breeds of terrier. These dogs need as much regular cardio as their bigger, more powerful relatives.

What if you already have an active breed of dog? I know the answer to this one, having shared my life with retrievers from high-drive hunting lines for almost 20 years. Keeping them exercised is a big part of my life. There's always a tennis ball in my truck, and I know all the safe and legal places to throw it, especially those that involve bodies of water.

So get out that leash. Find that tennis ball. Scope out the nearest pond. And make some time to get your dog moving a half-hour a day, every day. Your dog will be happier and healthier, and so will you.

As for those behavior problems, you'll find they're easier to fix if your dog isn't frantically looking for a place to direct all that energy. Ask your veterinarian for a trainer or behaviorist who can help. ■

### Pets of the Week



>> **Max** is a 2-year-old neutered male Lab mix. He is high energy, and loves people. He gets along well with other dogs.



>> **Heaven** is a 5-year-old spayed short-hair. She is curious and likes to sit on laps and have conversations. She is declawed in front. She is eligible for the Senior to Senior program; adopters 55 and older pay no adoption fee.

To adopt: **The Peggy Adams Animal Rescue League**, Humane Society of the Palm Beaches, is located at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at [hspsb.org](http://hspsb.org). For adoption information call 686-6656.



>> **D.B.** is a neutered male white cat, 7 to 8 months old. He's deaf, but gets along just fine. He's very personable and affectionate, and loves to ride on shoulders.



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To adopt: **Adopt A Cat** is a no-kill, free-roaming cat rescue facility located at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public Mon-Sat, 12 noon to 6 P.M. For additional information, and photos of other adoptable cats, see our website at [www.adoptacatfoundation.org](http://www.adoptacatfoundation.org), or visit us on Facebook (Adopt A Cat Foundation). For adoption information, call 848-4911 or 848-6903.



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# Marinelife Center is accepting nominations for Go Blue Awards

**SPECIAL TO FLORIDA WEEKLY**

Loggerhead Marinelife Center is accepting nominations for its 2013 Go Blue Awards until Aug. 26. The annual awards are presented to three individuals and a business that have promoted, implemented or contributed to a "blue" lifestyle of ocean conservation. Finalists will be announced on Sept. 26 at the Blue Friends Society social event at PGA National Resort & Spa in Palm Beach Gardens. To nominate an individual or business, see [marinelife.org/bluefriends](http://marinelife.org/bluefriends).

Nominations are based on specific criteria. The Eleanor Fletcher Award will recognize a person who exemplifies a lifelong, extraordinary commitment to marine conservation education through their work or volunteer activities that are similar to Eleanor Fletcher, founder of LMC. The Blue Ambassador of the Year Award will recognize a person who has made significant contributions in ocean conservation in south Florida through volunteer related activities. The Blue Friend of the Year Award will recognize a person who has made significant contributions in ocean conservation through work-related activities. The Blue Business of the Year Award will recognize a business that has made outstanding contributions toward promoting conservation or restoration of marine life and/or marine ecosystems through their practices, products or technology.

All nominations will be reviewed by a distinguished panel of judges including Dr. Gary Adkison, U.S. Shark Foundation

director; Dr. Sylvia Earle, National Geographic Society oceanographer, aquanaut and author and former chief scientist at U.S. NOAA; James Harvey, co-chairman, Guy Harvey Ocean Foundation; Greg Marshall, Crittercam inventor, marine biologist, National Geographic; Sally Murray, daughter of LMC founder Eleanor Fletcher; Susan Murray, Oceana Pacific senior director, granddaughter of Ms. Fletcher; and Dr. Edie Widder, Ocean Research & Conservation Association, president/CEO and senior scientist.

The finalists and winners in each category will be recognized on Nov. 8 at the Fifth Annual Go Blue Awards Luncheon hosted at PGA National Resort & Spa, featuring keynote speaker Jim Toomey. For the past 13 years, Mr. Toomey has been creating the daily comic strip Sherman's Lagoon, which appears in more than 150 newspapers in North America.

For more information, to purchase tickets to the Fifth Annual Go Blue Awards Luncheon or to learn more about sponsoring the luncheon, see [marinelife.org/bluefriends](http://marinelife.org/bluefriends).

Loggerhead Marinelife Center, a non-profit organization, is committed to the conservation of Florida's coastal ecosystems through public education, research and rehabilitation with a focus on threatened and endangered sea turtles. The center features an on-site campus hospital, learning exhibits and aquariums. Situated on the world's most important sea turtle nesting beach, the center is open daily and hosts more than 215,000 visitors each year. Call 627-8280. ■

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COURTESY PHOTOS

The house offers ocean views; its private beach is more than 300 feet long. The rear wall of the brick fireplace, below, bears soot from years past. Bottom, palm trees grace the yard.

## HOUSE

From page 1

Karen Baum made decorating it her mission. An interior designer couldn't have done better.

So what used to be called "Barefoot House," ocean-side in Hobe Sound, was renamed "The Baum Shelter," a favorite pun. It's a second home — "for parties and get-togethers," Karen Baum explains. Their actual residence, on the Loxahatchee River in Jupiter, is also home to their cats and dogs — "a lot of cats and dogs," she says, declining to cite the exact number. No four-legged creature will inhabit "The Baum Shelter," which replaced another house they used to own, one in Juno Beach, the one she didn't like. No privacy. Too close to neighbors who had a habit of sunbathing topless.

"I said, 'I hate that house,'" she says, repeating what she told her husband. "I said, 'If we sell it, I promise I will find you something you love even more.'"

That was a promise she kept. Oh boy, did she.

"He comes here every day to smoke his cigar and sit out there," she says, a sweep of her arm taking in the paved patio that overlooks a private beach longer than a football field. "He adores it!"

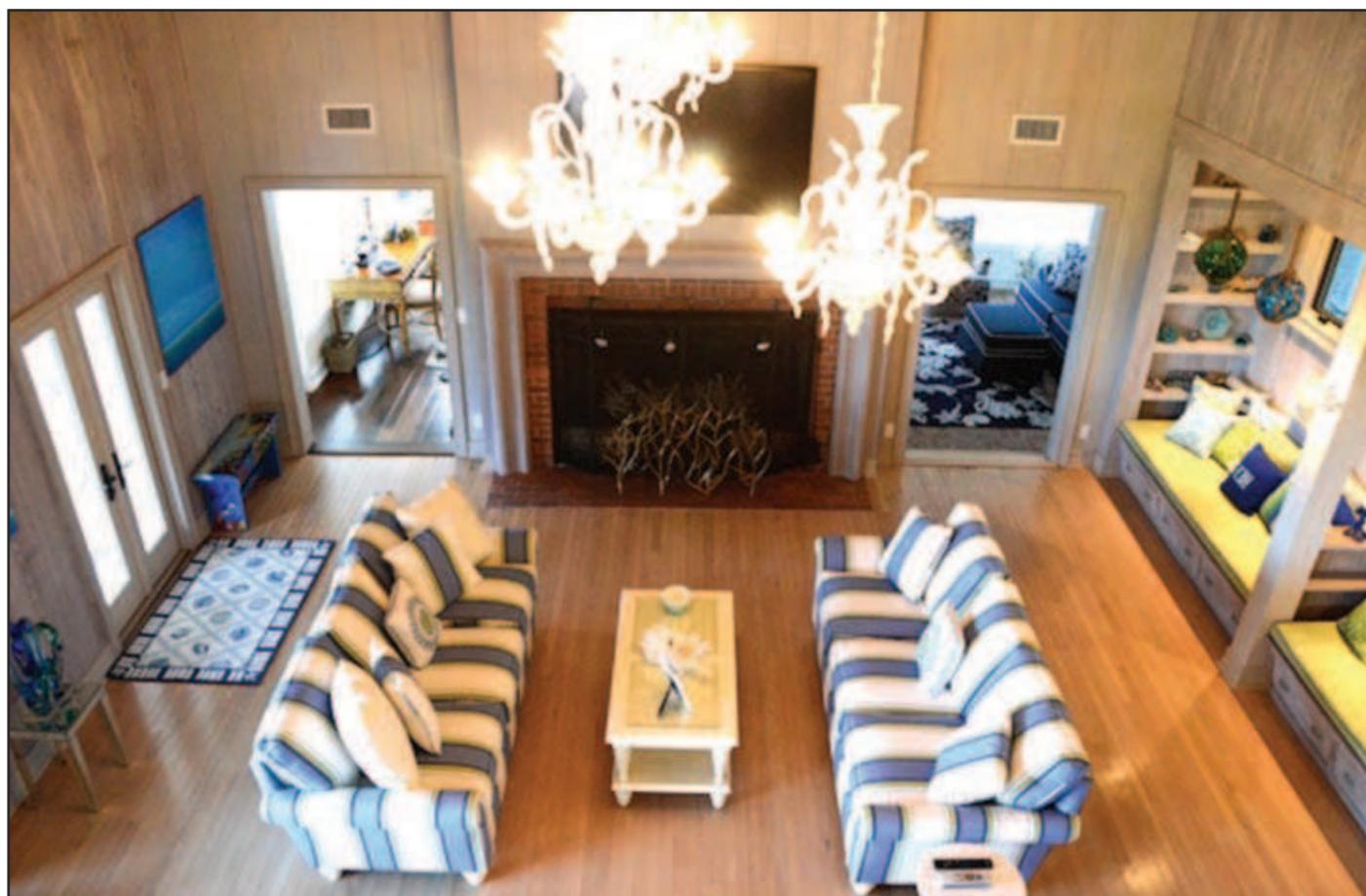
What's not to adore?

The two-story wood-frame house, with its wooden jalousies, dates back to 1937, something the Baums learned when workmen replacing rotted wood uncovered original studs inscribed with the date and the names of the earlier workers. When the home had gone on the market in 2009, it had been in the same family for 50 years.

The rear wall of the original brick fireplace proudly bears the soot from years past. Marine-themed toss cushions line a pair of original built-in window benches. The living and dining rooms still boast their original oak floors, as most walls and ceilings do old Florida cypress.

The Baums replaced the pantry-bar floor with a handsome dark wood, its wood-top counters with white Caesarstone. Each of the four bedrooms and "all those tiny little bathrooms" (four upstairs, two down) has its own beach-themed character, with fish-print bedspreads and tabletop coral pieces, starfish-edged bathmats and shell-framed mirrors.

And everywhere — everywhere — stark white walls act as the canvas for



Karen Baum's artistic hand: chairs and sofas, paintings and throw rugs, accents and bathroom tile in blues and greens, as

befits a beach house.

"I knew the colors I wanted in the house," she says. "I try to do interesting things."

She succeeds. One of those interesting things hangs from the cathedral ceiling, her "pièce de résistance," as she calls it — a trio of milk glass chandeliers, hung at different heights, their swirly branches hinting at seaweed. Then there's the long zebrawood kitchen table that easily seats eight. And the upright, carved-wood alligator sporting one of Herb Baum's cigars clamped between its teeth.

Oceanfront picture windows frame the outdoors, so that the freeform swimming pool appears like a David Hockney painting, a hammock stretched between palm trees like a tropical still-life.

Online, Karen Baum bought a quartet of striking sea-creature paintings by Petr Ldin, a young Russian artist. On a trip to Italy, she acquired a blue-and-green Venetian glass sculpture of stylized waves and, while she was at it, enough glassware to outfit all the shelves in both bar and kitchen. Two charming paintings — a palm tree and a wide-eyed tiger cat — by almost-12-year-old granddaughter

Lexi, occupy place-of-pride wall space. A carved mermaid hangs suspended in the bedroom set aside for Lexi's visits, its bosom hidden beneath an orange-and-white bikini top because, Karen Baum says, "I bought this, but she was very indecent."

Karen and Herb Baum met several decades ago on a blind date in Philadelphia, where she taught third and fifth grades and special education classes, and he was an executive with Campbell Soup. Her son and daughter from an earlier marriage were grade-school age then; both, now in their 40s, live nearby. Herb Baum's career — with Quaker State motor oil and Hasbro Toys, among the CEO and presidential positions — took the family to Texas and Rhode Island and Arizona before his retirement led them to South Florida. "My husband loves water views," Karen Baum says.

And he loves the house. She misses all the buying that filled it.

"But the builder," she says, "he just got divorced, and he said, 'Would you help me re-decorate?' I said, 'Using your money? I'd be happy to.'" ■



COURTESY PHOTO Homeowner Karen Baum, left, decorated the home with beach themes. "I try to do interesting things," she said.

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## Sea Level Rise Symposium set for July 26 in West Palm

SPECIAL TO FLORIDA WEEKLY

A Sea Level Rise Symposium, co-hosted by the Arthur R. Marshall Foundation, the Palm Beaches and the League of Women Voters of Palm Beach County will be held from 8 a.m. to 4 p.m. on July 26. The symposium will be held at the Oxbridge Academy at 3151 N. Military Trail, West Palm Beach.

Marshall Foundation Board Chair John A. Marshall said in a prepared statement, "It is particularly important to outline Sea Level Rise challenges to current science and engineering graduates because they are the ones who will inherit consequences of what previous generations left in their wake. Certainly, more consideration of the consequences of sea level rise is needed in long-range planning by local, county, state and federal governments, including educating the public about the probability of a markedly different coastal landscape in the years ahead. ... Our goal is to bring more awareness to sea level rise and adaptations, such as Everglades Restoration, that can help mitigate these effects."

Some of the 45 expert speakers who will participate in a series of presentations are John Englander, oceanographer and author of High Tide on Man Street; Stan Bronson, executive director of the Florida Earth Foundation; Camille Coley, assistant vice president for research at Florida Atlantic University; Dr. Pat Gleason, PhD., former member of the South Florida Water Management District Governing Board and past president of the Grassy Waters Preserve; Anne Henderson, an engineer working with FAU on a

NASA-funded curriculum on Climate Science Investigations; Gary Hines, senior vice president of development at the Business Development Board of Palm Beach County; Bonnie Lazar, president of the Realtors Association of the Palm Beaches; Jim Murley, executive director of the South Florida Regional Planning Council; Jayantha Obeysekera, technical lead for climate change and sea level rise investigations for the South Florida Water Management District; Rep. Mark Pafford, member of the Florida House of Representatives since 2008; Robert Robbins, director for Palm Beach County's Department of Environmental Resources Management; Chuck Shaw, chairman of the Palm Beach County School Board; Dr. Fred Sklar, Everglades division director for Watershed Management; and Jon Van Arnam, assistant country administrator for Palm Beach County.

Panel topics will include Sea Level Rise: Global, State & Regional Perspectives; To Build or Not to Build... Is that the Question?, and Solutions & Adaptive Management. The Breakout Sessions will cover such areas as Everglades Restoration, Economic/Social Justice, Civic Engagement & Action, Education & Awareness, Regional Climate Action Plan and Environmental Effects.

The Sea Level Rise Symposium is open to the public, community leaders, policy makers, government officials and employees, scientists and teachers. The cost is \$30 and reservations can be made online at [artmarshall.org/registration](http://artmarshall.org/registration).

For more information about the Arthur R. Marshall Foundation for the Everglades call 233-9004 or see [artmarshall.org](http://artmarshall.org). ■

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# T.E.D.S. tennis tourney at BallenIsles raises money for children's programs

**SPECIAL TO FLORIDA WEEKLY**

The Brenda Schultz T.E.D.S. Foundation Pro-Celebrity Inaugural Tennis Classic featured former tennis greats Jimmy Arias, Mikael Pernfors, Jean Philippe Fleurian and Brenda Schultz-McCarthy (current world record holder for the fastest serve in women's tennis), and John Lloyd as chair umpire. The tournament was held in May at BallenIsles Country Club in Palm Beach Gardens.

The players hosted a tennis clinic for guests and invitees along with a number of exhibition matches. The event culmi-

nated with a champions' dinner and a silent and live sport memorabilia auction.

Event coordinator Brenda Schultz-McCarthy stated, in a prepared statement, "We are pleased with all the fans and sponsors who helped make our first charity event a huge success. We look forward to another great event next year."

Money raised from the event allows T.E.D.S. to teach children between the ages of 8-15 the importance of sound nutrition in the prevention of many chronic diseases



as well as the importance of mental and emotional empowerment. In addition, T.E.D.S. teaches life skills, community stewardship, and the tools necessary to succeed and beat the odds. For more information, see [brendaschultztennis.com](http://brendaschultztennis.com). ■

COURTESY PHOTO  
From left, Mikael Pernfors, Jimmy Aria, Trish Faulkner, Brenda Schultz-McCarthy, Jaiy Scheepens, John Lloyd and Van Winitzky, gather during the tournament.



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# Paradise Lost



When you tell people you live in paradise, they do not expect hunger and homelessness to be part of the picture; and, the truth be told, neither do we. Much time and money has gone into creating the many versions of picture postcards sent to the unfortunate not similarly blessed to call Palm Beach County their home. We cannot help but be a little smug; and, if we are especially zealous in showing off all the amenities, visitors leave with the impression life is lived here as a full-time vacation. Few can resist such a possibility. Our overt enthusiasm helped woo the two out of three residents in South Florida that relocated here from somewhere else. The developers and the weather did the rest.

Big changes have accumulated at a terrifying pace yet escaped our notice for long time. That is because it was change hard to see all at once. The county occupies a vast geography, an area about the size of Rhode Island. If you reside in one of 29 municipalities, time, convenience and preference anchor you to its retail and social universe. We planned it that way. Abundance, seemingly without end, enabled proliferation without restraint.

The lack of restraint is catching up. The issues we couldn't see before have now multiplied so much they can't be

missed. The county's population totals more than 1.2 million, a people-mass big enough to manufacture its own brand of "climate change" — but it is climate change measured on a human scale, affecting lives throughout the county. There is a creeping onset of and deterioration in the county's quality of life affecting thousands of families caught up in a growing cycle of homelessness and hunger.

Florida is the foreclosure capital of the country. Palm Beach County is at the top of the Florida list. According to state sources, 3 million more homes are heading for foreclosure over the next three years. The FIU's Metropolitan Center just published a policy paper and report, "House Hunters in South Florida: Where Will Our Workers Live?" Every employer and elected official in the county should have it on their "must read" list. This report dispels the notion we are almost out of the woods on the housing recovery; in fact, quite the opposite.

With rent rising, wages stagnant, and transportation costs increasing, families are increasingly "cost burdened," spending more than 30 percent of their annual income on paying rent. The bigger the slice of income for this purpose, the closer the precipice of making a devil's choice: Pay the rent and your transportation cost, and you will not have enough to make it to the next paycheck. Families juggle the repercussions of this math by sacrificing on the fundamentals that sustain a decent standard of liv-

ing. Food insecurity — hunger — is a direct consequence of having too little to cover the financial gap.

A fundamental measure of the quality of life is how well we do as a community in putting food on the table and having

and private individuals, C.R.O.S. and multiple partner agencies have united to address the growing problem of hunger.

Together, they created the Palm Beach County Food Bank (PBC Food Bank). The new agency is as a home-grown, county-wide nonprofit organization with the mission to rescue, collect and distribute food to more than 100 agencies that operate daily to feed the hungry. The PBC Food Bank along with its partner agencies feeds tens of thousands of hungry children, families and senior citizens, from Boca Raton to Tequesta and west to Belle Glade and Pahokee. El Sol Neighborhood Resource Center, Temple Beth Am, and Cross Community Church are among the partners locally. And affordable housing? Community leaders know what needs to be done; but we haven't yet found the public will to do it. ■

— Leslie Lilly is a native Floridian and the immediate past President and CEO of the Community Foundation for Palm Beach and Martin Counties. Her professional career spans more than twenty-five years in the charitable sector, leading major philanthropic institutions in the South and rural Appalachia. She has written and spoken frequently on issues affecting charitable giving and the nonprofit community and is recognized nationally and in Florida for her leadership in the community foundation field. She resides with her family and pugs in Jupiter. Email her at llilly15@gmail.com and follow Lilly on Twitter @llilly15.



affordable housing for those who need it. You might think that it is no contest here. Million dollar mansions and the trappings of wealth are highly conspicuous and omnipresent in the county. We grow enormous amounts of fruit and vegetables in an agricultural region producing more than \$1 billion in agricultural products annually. Nonetheless, affordable housing is in extremely short supply; and C.R.O.S. Ministries reported in 2011 that nearly 50,000 people received emergency food, nearly half of them children. The estimate today is that we need 35 million more pounds of food to meet the growing demand.

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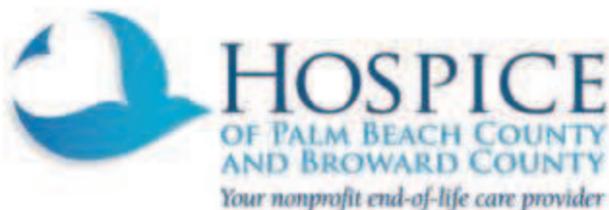
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## NEWS OF THE WEIRD

BY CHUCK SHEPHERD

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### Perspective

■ In May, a jury in Tampa decided that Ralph Wald, 70, was not guilty of murdering a 32-year-old man he had shot in the back three times. He said he had caught the man having sex with his wife (successfully claiming that he thought the man was a dangerous intruder in his home). However, Marissa Alexander, 34, of Jacksonville, was sentenced last year to 20 years in prison for "aggravated assault"

for merely firing a warning shot during an altercation with her estranged husband. The man, Rico Gray, is a serial domestic abuser and admitted that he was threatening Ms. Alexander that night and that she never actually pointed her gun directly at him. However, the judge denied Ms. Alexander use of the "stand your ground" defense because she had declined to simply walk away from Mr. Gray. ■

### Priorities

At a June hearing, a Philadelphia judge became so exasperated at defendant Robert Williams' seeming cluelessness about his need to keep his probation appointments that she ordered him to take "etiquette" classes before returning to court. Williams, a rap singer and budding music mogul still under court supervision on gun and drug charges from 2008,

cavalierly defended his inability to find time for his probation officer by explaining that he was a busy man, working with seven "artists," with a demanding travel schedule, and uninhibitedly using social media (creating posts that, allegedly, led to threats against the probation officer). (Williams, of course, was accompanied to court by a several-man entourage.) ■

### Ironies

■ An atheist "church" in Lake Charles, La., run by lapsed Pentecostal Jerry DeWitt, conducts periodic services with many of the trappings expected by the pious — except for the need to believe in a supreme being. Such "churches" (reported *The New York Times* and *Washington Post* in coincidental stories the same day in June) can help soothe the "biological" needs for survival and avoidance of loneliness by congregational rituals (such as celebrating a sabbath) and in helping find meaning "in something other than (oneself)." For example, atheist Sigfried Gold praised a "rigorous prayer routine" (beseeching a "vivid goddess he created") in overcoming his weight problem.

■ In June, fighting in the Syrian civil war spread to its west, threatening archaeological digs and already recovered artifacts near the ancient city of Hamoukar — which is the site of history's earliest known urban warfare (about 5,500 years ago).

■ The business website Quartz reported in June that a popular consumer item in North Korea's perhaps-improving economy is the refrigerator, made in China and increasingly available as a reward to stellar performers among civil servants and other elites. The appliances, however, cannot reliably store food because the country's electric grid is so frequently offline and are mostly just status symbols. One item Quartz says often gets displayed in the refrigerator: books.

■ Robert Dugan, 47, a full-time patrolman for the Delaware County (Pa.) Park Police, was charged in June with illegally impersonating a police officer. According to authorities in Brookhaven, Pa., Mr. Dugan had accosted a woman double-parked outside her home to pressure her into moving the car, but she refused. Mr. Dugan allegedly claimed he was an Upland Borough police officer (with authority to write parking citations and make arrests, which he did not actually have). ■

### The litigious society

Shower rooms in health clubs are slippery enough, but Marc Moskowitz, 66, cited the one at the Bally Total Fitness gym on E. 55th St. in New York City as especially dangerous, according to his recent lawsuit to recover expenses

for a broken shoulder suffered in a fall. Mr. Moskowitz claimed that so much gay male sex was occurring in the shower and locker-room area (unsupervised by Bally) that he had probably slipped on semen. ■

### Compelling explanations

■ Rodger Kelly was arrested in St. George, Utah, in June for rape of a female neighbor, but he told police that he committed the act only to "save" her, since he had discovered her "cold" and unconscious. He had violated her body only "to try and get her temperature up," according to the police report.

■ The low-price air carrier GoAir of New Delhi announced in June that in the future it would hire only females for the cabin crew — because they weigh less than men (and expects eventually to

save the equivalent of \$4 million annually in fuel based on average weights).

■ In May, former schoolteacher Kathleen Cawthorne, 33, of Rustburg, Va., successfully negotiated a reduction in her 11-year sentence for having sex with an underage student. Ms. Cawthorne's punishment was set at only four months in prison when she presented the judge with a clinical diagnosis of "hypersexuality," supposedly showing that she had little ability to control her desire to seduce the boy. ■

### Fetishes on parade

■ According to Chicago police, Gerardo Perez, 50, broke away while on a tour in May of the Chicago Animal Care and Control Facility because he had been struck with a sexual attraction. He was discovered minutes later on his hands and knees beside a pit bull, "appearing to have just had sex with the animal," according

to a report on WMAQ-TV.

■ Shaun Orris, 41, was charged with disorderly conduct in Waukesha, Wis., in June after raising a ruckus outside the Montecito Ristorante Lounge, harassing passersby by loudly expressing his "constitutional right" to have sex with goats. ■

# HEALTHY LIVING

## Criticizing a spouse in front of others is never, ever the right thing to do



*"Max, you told that story last time. No one wants to hear it again."*

*"Max. It's....., not.....!!! You never pronounce it right."*

*"Max, tuck in your shirt. You look like a slob."*

*People in earshot couldn't help but wince as Gloria Smith once again admonished her husband, Max, with seemingly little regard for his feelings.*

*Max often mispronounced words and Gloria was forever correcting him, often interrupting before he could even finish a thought. But, if it wasn't his grammar, it was something else that bothered her. Needless to say, it was painful to watch.*

Yes, collectively, we cringe when we're held hostage to domestic dramas like the one above. It's not that we're fully immune from getting entangled into similar wranglings with our partners. So, we certainly can relate. But, at times like these, we can't help but sympathize with the hapless spouse who probably feels humiliated and betrayed when publicly called to task.

While Gloria's intent may have been to help her spouse avoid embarrassment, her interruption more likely infused an air of awkward discomfort, dampening the mood and momentum of the party.

The irony, of course, is that when people are out socially, relaxed and enjoying themselves, they're not likely to pay much attention to a gaffe or, much less, hold it against the offender. The "correcting" spouse has highlighted a flaw that might have been passed over, or dismissed as inconsequential.

When correcting flaws, we may unintentionally assume a parental or superior role. We may try to convince ourselves that we have the best of intentions and are only trying to help better our spouse, but we often fail to consider the demeaning effect we're having. And, of course our efforts may ultimately become counterproductive, if our partners become resentful and push back, deliberately misbehaving in defiance.

There's value in examining when and why we critique our loved ones, and how they respond to us in turn. So much of the time, the corrections have more to do with our own insecurities, rather than the other person's defects.

Perhaps, we worry that a partner's missteps will be a negative reflection on us. We misguidedly attempt to correct the flaw, so others won't notice anything untoward. But, of course, in the process we invariably make matters far worse and show ourselves in an unflattering light.

Sometimes, it may be ingrained in our personalities to criticize or belittle our partners so we're not fully aware how damaging our behavior is. We may have been raised in a critical household, with

little emotional support, and may have difficulty accepting ourselves, or by extension, anyone close to us. Perhaps, we have an insecure need to show we are better or smarter, or to have the last word. We may do so at our partner's expense, but sadly, having the last word matters more.

On occasion, a public jab is an indirect means of venting hurt or anger. This hostility rarely has the intended impact. While the recipient may take this as a sign they should be more aware, oftentimes, the more likely effect is to escalate a demoralizing cycle of hurtful behaviors.

Some of us have the social presence to support our partners when we are out with others. We may wince to ourselves but put on the "game face" to avoid public embarrassment. But once ensconced in the privacy of our cars, it's not uncommon to recap our partner's blunders blow by blow, pointing out how the gaffes were gauche. This rarely turns out well, and it's not likely that either party will be receptive to a single thing the other has to say.

Sometimes, our partner is unaware that they are doing something

hurtful or offensive to others. It would be unfair of us not to in some way offer constructive feedback. But we should always consider our delivery and motivation. There are diplomatic ways to do so. If we've established that our intentions are well meaning, coming from a supportive, loving place, then we should choose an advantageous time and place to begin a discussion (out of earshot of EVERYONE, including our children.) It's always best to start with a positive, tactful statement as we're the most receptive when we're relaxed and feeling our best.

So, let's be totally honest. How do we treat our loved ones, when others are in earshot? Are we respectful, and do we consider their feelings?

Correcting our partner in front of others does very little to bring about change, or elicit support. The exposure is more likely to fuel defensiveness and shame. It may be difficult to show restraint, but there's value in letting our loved ones take their own steps. ■

— Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached in her Gardens office at 561-630-2827, online at [www.palm-beachfamilytherapy.com](http://www.palm-beachfamilytherapy.com), or on Twitter @LindaLipshutz.



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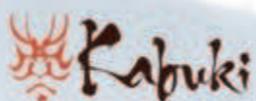
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## Korean War Veterans to celebrate armistice

On June 25, 1950, a surprise attack by North Korean soldiers overwhelmed South Korean forces. South Korea along with the U.S. and U.N. forces fought to a stalemate with North Korea, that was aided by the Chinese. On July 27, 1953, North and South Korea under international mediation, signed an armistice agreement, which ended the three-year bloody conflict.

The Korean War Veterans Association LT. Richard E. Cronan Chapter #17 will be celebrating its 60th anniversary of armistice on July 27, 2013. The celebration will be held at Lynn University, 3601 N Military Trail Boca Raton, from 2 p.m. to 4 p.m.

The celebration will feature guest speakers, entertainment, a short film and refreshment for all in attendance. The war that is often called the Forgotten War should always be remembered, as we endeavor to help the community with their understanding and appreciation for the courageous, commitment, and sacrifices made by America's servicemen and women.

This event is free to the public.

For additional information on the Korean War Veterans Association LT. Richard E. Cronan Chapter #17, contact Joe Green at 654-9350 or Barry Tutin at 865-0271. ■

## III Forks and Cantina Laredo host fashion show for hospice

**SPECIAL TO FLORIDA WEEKLY**

III Forks Prime Steakhouse and Cantina Laredo Modern Mexican will jointly host a fashion show, "Some Like It Haute," with local designers and Hospice Resales on July 25 from 6 p.m. to 9 p.m. The event will benefit Hospice of Palm Beach County, and will be held on the restaurants' shared patio at 4635 1/2 PGA Boulevard in Palm Beach Gardens. Drink specials will be available, along with cocktail samples.

Sponsors include the Fuoco Group, Sky Citrus, the Hispanic Chamber of the Palm Beaches, Saks Fifth Avenue, Vitamazing, Palm Beach Live, Work, Play,

thekloset.com, Palm Beach State College and Gulfstream Publication's Jupiter Magazine and the Palm Beacher.

III Forks is located at 4645 PGA Boulevard in Palm Beach Gardens. For more information, call 630-3660 or see [iiiforks.com](http://iiiforks.com).

Cantina Laredo is located at 4635 PGA Boulevard. For more information, call 622-1223 or see [cantinalaredo.com](http://cantinalaredo.com). ■





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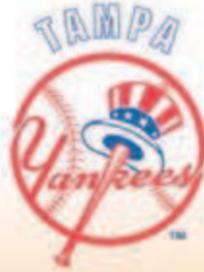


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“Grandpa, I’m in London with my college roommate. You remember Carol? We were robbed last night in a pub and now I have no money to get home.”

# Emergency scams increase with summer travel

**SPECIAL TO FLORIDA WEEKLY**

Consumer scams are a serious problem in North America, and this is one of the most common: the Emergency Scam, where the scammer poses as a friend or family member in trouble, often overseas, and requests that money be sent. It’s sometimes called the Grandparent Scam because seniors are often targeted by scammers pretending to be grandchildren.

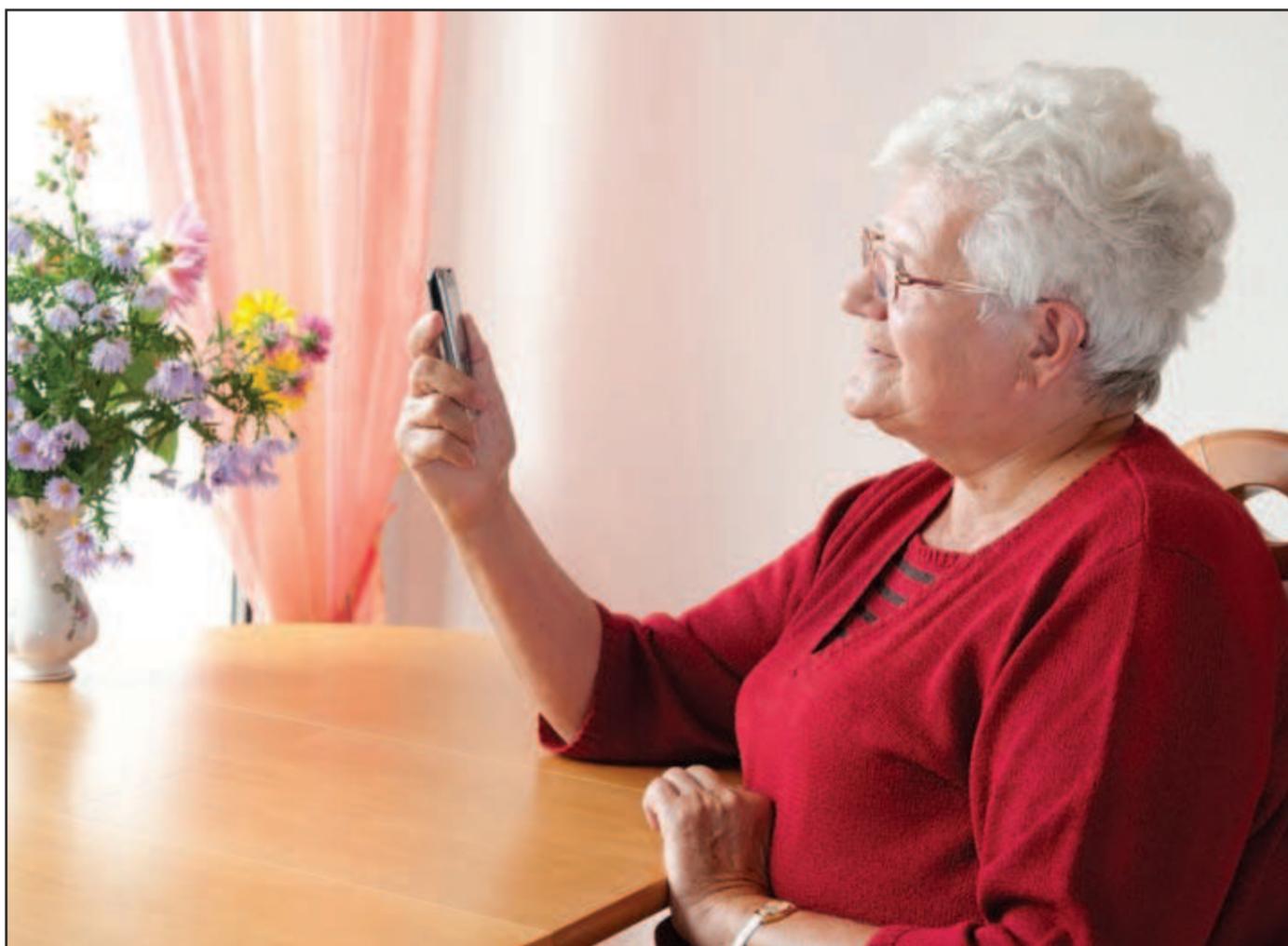
During the summer travel season, there is an increased potential for Emergency or Grandparent Scams to occur. More people are traveling, and whenever people are vulnerable, fraudsters will generally attack.

Emergency scams play off people’s emotions and strong desire to help others in need. Scammers impersonate their victims’ loved ones, often using information they’ve picked up on social media, and make up an urgent situation — “I’ve been arrested, I’ve been mugged, I’m in the hospital.”

The scammer makes an urgent plea for help ... and money. In most cases, the scammer asks for money to be wired immediately. The victim often responds quickly and without checking first to see if the pleading voice on the other end of the phone really is their grandchild or other loved one.

Better Business Bureau has partnered with Western Union in an effort to educate consumers about how to protect themselves from Emergency Scams during the summer travel season. Western Union offers these “Money Transfer Never Evers” to help consumers avoid scams:

- Never use a money transfer service



to send money to someone you have not met in person.

- Never send money for an emergency situation without verifying that it’s a real emergency; ignore the caller’s plea not to tell others; confirm through other friends and family.

• Never send funds received by check until it officially clears in your account, which can take several days, or more.

Go to BBB Scam Stopper ([bbb.org/scamstopper](http://bbb.org/scamstopper)) for more information and tips on what to watch out for.

Learn more about common scams, the science of scams, and how scammers use psychological tactics to prey on victims. You can also “Report a Scam”, and sign up for weekly “BBB Scam Alerts” to learn about the latest tricks that scammers are using. ■

## Gayle A. Landen elected president of YWCA board

**SPECIAL TO FLORIDA WEEKLY**

Gayle A. Landen has been elected and installed as president of the YWCA of Palm Beach County. Ms. Landen is experienced in leading local not-for-profit organizations, especially those supporting women and children, according to a press release from the YWCA.

She has served as president of the Center for Children in Crisis, American Lung association of Florida, American Society of Training and Development, Executive Women of the Palm Beaches and the Women’s Chamber of Commerce.

Currently, Ms. Landen also is the Commander of the Commandery of the Palm Beaches, Sovereign Order of St. John of Jerusalem, Knights Hospitaller.

Ms. Landen has been honored with the ATHENA Award, March of Dimes Woman Distinction Award and the Executive Women of the Palm Beaches Women in Leadership Award for the Volunteer Sector.

Ms. Landen moved to Palm Beach County 26 year ago, from Michigan where she had a distinguished career in management at General Motors Corporation.

In a prepared statement the YWCA also announced the installment of Alexcia Cox, First Vice President; Karen Swanson, Second Vice President; Theresa LePore, Secretary; and Eileen Daly, Treasurer. Newly elected to the board for a two-year term were Henrietta McBee, Linda Wartow and Valerie Wright. ■

## Dr. Chauncey Crandall named to Good Sam post

**SPECIAL TO FLORIDA WEEKLY**

Dr. Chauncey Crandall has been appointed as the Medical Director of Interventional Cardiology at Good Samaritan Medical Center. Dr. Crandall will oversee the clinical procedures and operations of the interventional cardiology department while collaboratively working with physicians and nurses to maintain a high level of care, the Medical Center announced in a prepared statement.

“Today, the Cardiac and Vascular Institute is staffed by a diverse team of well-trained medical professionals dedicated to providing excellent care. Our cardiac catheterization lab allows patients to undergo a wide range of both diagnostic and interventional procedures,” said Mark Nosacka, chief executive officer



CRANDALL

at Good Samaritan Medical Center, in the statement. “With his many years of experience, Dr. Crandall’s leadership will prove beneficial to our hospital, patients and community.”

Dr. Crandall is a graduate from Virginia Commonwealth University and completed an internship at the Yale University School of Medicine. He has completed fellowships at Beth Israel Hospital, Mt. Sinai Medical Center, and Medical College of Virginia.

To learn more about Good Samaritan Medical Center, or to find a doctor, visit [www.goodsamaritanmc.com](http://www.goodsamaritanmc.com) or call 655-5511. ■

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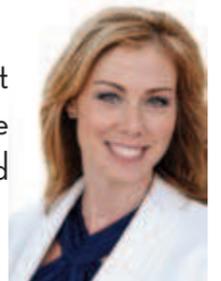
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NINA CUSMANO / FLORIDA WEEKLY



Kathryn Saxby and Danielle Dioguari

Northern county



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# NETWORKING

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# SPINAL

From page 1

surgery. The time was 7:20 a.m. Fifteen minutes later, Dr. Gleiber made a two-inch incision to begin the intricate surgery.

"And I was up, walking, at — what? — 11:30, without pain," the former patient says. "I went flying the following Tuesday. My flying buddy took a video of me, and I said, 'I know who I'm going to send that to!'"

It celebrated the end of an old problem, thanks to a new solution.

Mr. Brower spent just a single night in the hospital, most of that pacing back and forth, back and forth, apologizing to the nurse who had to be in attendance, but eager to test his new free-from-pain body and prove it all real and lasting. If the nurses were, in Dr. Gleiber's words, "kind of shocked themselves" by Mr. Brower's immediate mobility, that was understandable, since many medical professionals are still unaware of the technological advances that allow it.

"After early morning surgery, a person can walk 5,000 feet by noon," the doctor says, repeating instructions he would jot on a patient's medical chart. "At first, physical therapists would call me and ask if I'd made a mistake in the protocol."

He had not. Minimally invasive spine surgery (known as MISS) uses advancements in technology to pinpoint a problem area — a herniated disc or, as in Mr. Brower's case, spinal stenosis — so that just a small incision is needed.

A nasty condition, spinal stenosis. But let the doctor demonstrate what it involves. Two strides and he's across the examining room, cradling a model of the lumbar region, the five spiny vertebrae that support the weight of the upper body. Stenosis is a narrowing of the spinal canal, that encases and protects the spinal cord — here, this vertical hollow, where he's poking his index finger, see? And, sometimes, over here, too, where it can narrow the foramina, the openings along either side of the vertebrae, through which nerves branch out from the spinal cord to the rest of the body. Charlie Brower suffered from both.

Dr. Gleiber bends the model into arched-back posture, an arch that causes an "ouch" because it narrows the spinal canal, pinching the nerves. Then he bends the model forward, into a leaning-



Dr. Michael Gleiber, left, performed the minimally invasive spine surgery on Charlie Brower.



This image is of a normal spine with no stenosis centrally or by where the nerves exit.

over posture, to show how that opens the canal, providing a brief respite from pressure that can trigger paralysis, loss of motor control, pain extreme enough to make stars bloom before one's eyes.

That bowed-forward position — "Shopping Cart Syndrome," in pain-management lingo — often shows itself at the supermarket, the doctor says, where you'll see people bent over, pushing a shopping cart, to relieve an aching back. Mr. Brower, a retired phone company cable-maintenance technician, used to be one of them.

"When I took my mother to the store," he says, "I was the one leaning on the cart. My mother is 91. It was getting hard to keep up with her, so I knew I had to do something."

He knew it, but he'd gone years — hell, he'd gone decades — without knowledge leading to serious action. He'd tried wearing a girdle-like back support, which helped a little. He'd visited a chiropractor, which sometimes helped, sometimes hurt. He'd had a myelogram, a spinal-canal X-ray following the injection of dye. And he'd had CT scans, but submitting to back surgery had always seemed so radical, so last resort, so scary. Until the final-straw day, the day that propelled him past his reluctance to go under the knife. It happened in a flash: One minute, he's in his garage, lifting a laundry basket off the washing machine; the next, he's down on the floor. "It's hard to describe," he says. "I didn't have any control."

Dr. Gleiber nods. That sudden loss of strength in the legs is not uncommon. But spinal stenosis isn't a "one-size-fits-all" condition. For some, it causes

a burning sensation in the buttocks that brings them to their knees, literally and figuratively; for others, it's strictly pain.

In January, Charlie Brower's pain got really bad, a 10 on the 1-to-10 scale, and he began a computer search for a surgeon, zeroing in on Dr. Gleiber, whose online patient reviews impressed him. An unsolicited second opinion came from an acquaintance who, he says, "saw me hobbling around the parking lot at Publix" and recommended his own surgeon: Dr. Gleiber. For the first time, Mr. Brower began to nurse the hope of being pain-free.

Traditional spine surgery requires a five- or six-inch incision, followed by the slicing-through or retraction — moving aside — of muscles surrounding the spine and the risk of damage to normal tissue. It can lead to hospital stays of five or more days and, according to the American Association of Neurological Surgeons (AANS), "prolonged pain and recovery periods, the need for postoperative narcotic use, significant operative blood loss and risk of tissue infection."

Dr. Gleiber proposed an entirely different approach.

"What we did with Charlie is, first, we brought him in and listened to him, his clinical symptoms," Dr. Gleiber says. "A diagnosis should never be made on the basis of an MRI or an X-ray alone. If an MRI showed stenosis but if the symptoms were manageable, we wouldn't propose surgery."

"There's a major problem: Companies go out and give seminars across the country and market themselves. They'll have stations where you can bring your MRI and doctors or nurses will tell you whether you're a candidate for surgery. They're taking advantage of patients in one of their most desperate times of need. What upsets me the most is the snake oil. You can never make a diagnosis for surgery just from an MRI. It's a confirmatory tool."

Charlie Brower's MRI and X-rays confirmed a narrowing of the spinal canal at specific vertebrae: Lumbar 4, 5 and the sacrum, the large triangular bone at the base of the spine, as well as arthritic build up in the channels through which nerves threaded. In lay terms, his back was a mess.

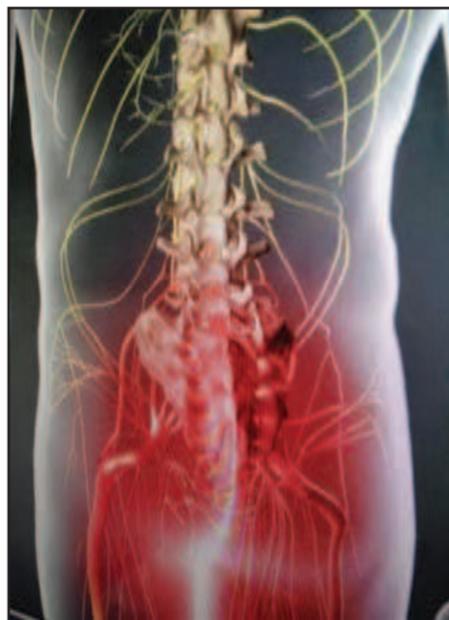
"I looked Charlie in the eye," recalls Dr. Gleiber, "and I said, 'This is curable, this is fixable.'"

"He actually said, 'I can fix you.'" Mr. Brower amends. "I'm talking to him for a full hour or so."

The surgery, called a laminectomy, utilized magnification to see inside the two-inch incision and precisely locate the lamina — the top portion of the vertebra — for removal, widening the spinal canal and creating more space for the spinal nerves. A foraminotomy removed arthritic debris from the foramina, those small pockets on either side of the vertebrae. For Mr. Brower's operation, Dr. Gleiber wore surgical loupes, like mini-microscopes, over his eyes and a strong headlamp strapped to his forehead.

The first minimally invasive spine surgery was performed in the early 1980s, according to the American Association of Neurological Surgeons, "to treat disorders of the spine with less disruption to the muscles. This can result in quicker recovery, decrease operative blood loss, and speed patient return to normal function." Significant advances in the field are far more recent — recent enough that they weren't a focus when Dr. Gleiber was in training at Columbia University Medical Center. He knew about it, though, and moved to Louisville, Ky., to attend the prestigious Kenton D. Leatherman Spine Surgery Institute.

The AANS estimates that some 400,000 Americans, most of them 60 or older, may be suffering with lumbar spinal stenosis, and as many as 1.2 million with back and leg pain related to any type of spinal stenosis. ■



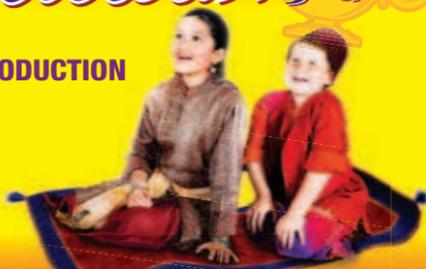
LEFT: Pictorial of the pain from nerve impingement. ABOVE: Spinal stenosis where the nerves are coming out - foraminal stenosis. Essentially this picture shows what causes the buttock and leg pain commonly referred to as sciatica.

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Young Friends of the Jupiter Lighthouse networking event at the lighthouse



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2. Jean-Michel Neault, Tamash Rahman, Kristie Wells and Katie Myers
3. Samantha Leet, Nolan Pearson and Trent Pande
4. Katie Myers, Mariel Rosenwasser
5. Tami Borland, Shannon Doughney, Katie Velotta, Alison Perry and Ashley Gordon
6. Lance Nelson and Josh Tanner
7. Margaret Pearson and Jamie Stove
8. Cheryl Lytle, Jaclyn Cummings and Ross Cummings
9. Marissa Geoffroy and Ryan Boettner
10. AmyLeigh Atwater, Tami Borland and Shannon Muller
11. Richard Gaff and Brittany Tuten
12. Allan Carlisle, Ryan Daniello and Dan Uzzi
13. Shannon Doughney, Danielle Tanner and Ashley Gordon
14. Crisi Ireland and Lindsey Borheck



COURTESY PHOTOS

"Like" us on Facebook at Palm Beach Gardens Florida Weekly to see more photos. We take more photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, go to [www.floridaweekly/palmbeachgardens.com](http://www.floridaweekly/palmbeachgardens.com) and view the photos from the many events we cover. You can purchase any of the photos. Send your society and networking photos, with names of everyone in the photos, to [pbnews@floridaweekly.com](mailto:pbnews@floridaweekly.com).



COURTESY PHOTOS

# Classic Palm Beach estate

**SPECIAL TO FLORIDA WEEKLY**

This traditional John Volk estate has been beautifully renovated and maintained to protect the architectural integrity and balance of the design. The classic four-bedroom, 3½-bathroom home is located at 327 Arabian Road in Palm Beach. It is set among large waterfront homes. Luxuriant privacy makes the property a perfect retreat and great place to decompress away from the busy parts of the island. This is a rare Palm Beach pocket hideaway in very private location. Fite Shavell & Associates lists the home at \$2,895,000. The agent is Thor Brown, 561-301-7048, [tbrown@fiteshavell.com](mailto:tbrown@fiteshavell.com). ■



## FLORIDA WRITERS

## Past and present collide in Middle East archaeological thriller

philJASON

pkjason@comcast.net



■ **“The Riddle of Solomon,”** by D.J. Niko. Medallion Press. 458 pages. \$14.95.

D.J. Niko’s archaeological thriller continues the romantic and professional saga of Sarah Weston initiated in last year’s “The Tenth Saint.” Sarah is a strong-minded, courageous woman determined to make her mark no matter what the risk.

Teamed with anthropologist (and love interest) Daniel Madigan, Sarah is working at an archaeological site in Saudi Arabia. They discover a papyrus scroll that holds a riddle. But before they can do much about dating the artifact, translating the hieratic script and solving the riddle, their expedition is beset by sabotage and violence. The scroll disappears.

The title gives away what patiently emerges in the narrative: Sarah and Daniel have stumbled upon rarities from the time (10th century B.C.E.) and perhaps the very person of King Solomon. These items and others might have found their way from the Judean hills as part of a caravan that perhaps had a connection with the queen of Sheba. At a time when modern archaeology has largely served to undermine the histori-



Niko

cal utility of scriptural narrative, this find could lead to the verification and even the elaboration of the majestic stories recounting King David’s aspirations and King Solomon’s achievement.

The investigation leads to heart-pounding adventures in India, Jerusalem and the rugged Judean region. Slowly, the information gained unlocks pieces of the riddle, revealing that it was indeed written by Solomon to ensure the future. The hieratic riddle and a mysterious ring Sarah and David discover are connected to a manuscript that is nothing less than the plan for Solomon’s fabled temple.

Several blocking forces are at work: interests that would wish to possess the information and eventual authority of the truths that Sarah and Daniel are pursuing. Paramount among these is the megalomaniacal Trent Sacks, who has been looking for the evidence that would sanction his grand delusion — that he is the inheritor of the royal line that passes from David to Solomon and continues on an obscure path. If Trent is the fulfillment of biblical prophecy about the bloodline from which will spring the Messiah, then he must be ... You get it!

Palm Beach author Ms. Niko taps into the extreme position in Jewish Orthodoxy that anticipates and sometimes urges on the rebuilding of the ancient temple (or construction of a Third Temple) as a prerequisite for the Messianic Age. Biblical prophecies of purgative catastrophes become battle plans for Trent, who sees the need to foment the war out of which the divinely ordained peace will arrive. With the wealth of a major energy company at his disposal, along with superlative industrial and military technology, he’s ready to mount the Temple Mount as Israel’s savior.

Sarah and Daniel must foil his plans in order to avert calamity.

Truly we have a contest between the forces of truth and the forces of madness. At each step, the action becomes more and more dangerous and vivid; the trials of Sarah’s courage, ingenuity and strength gain magnitude. Ms. Niko’s descriptions of the physical and psychological ordeals the Sarah and Daniel must survive are gripping, and suspense

leaps to higher and higher peaks.

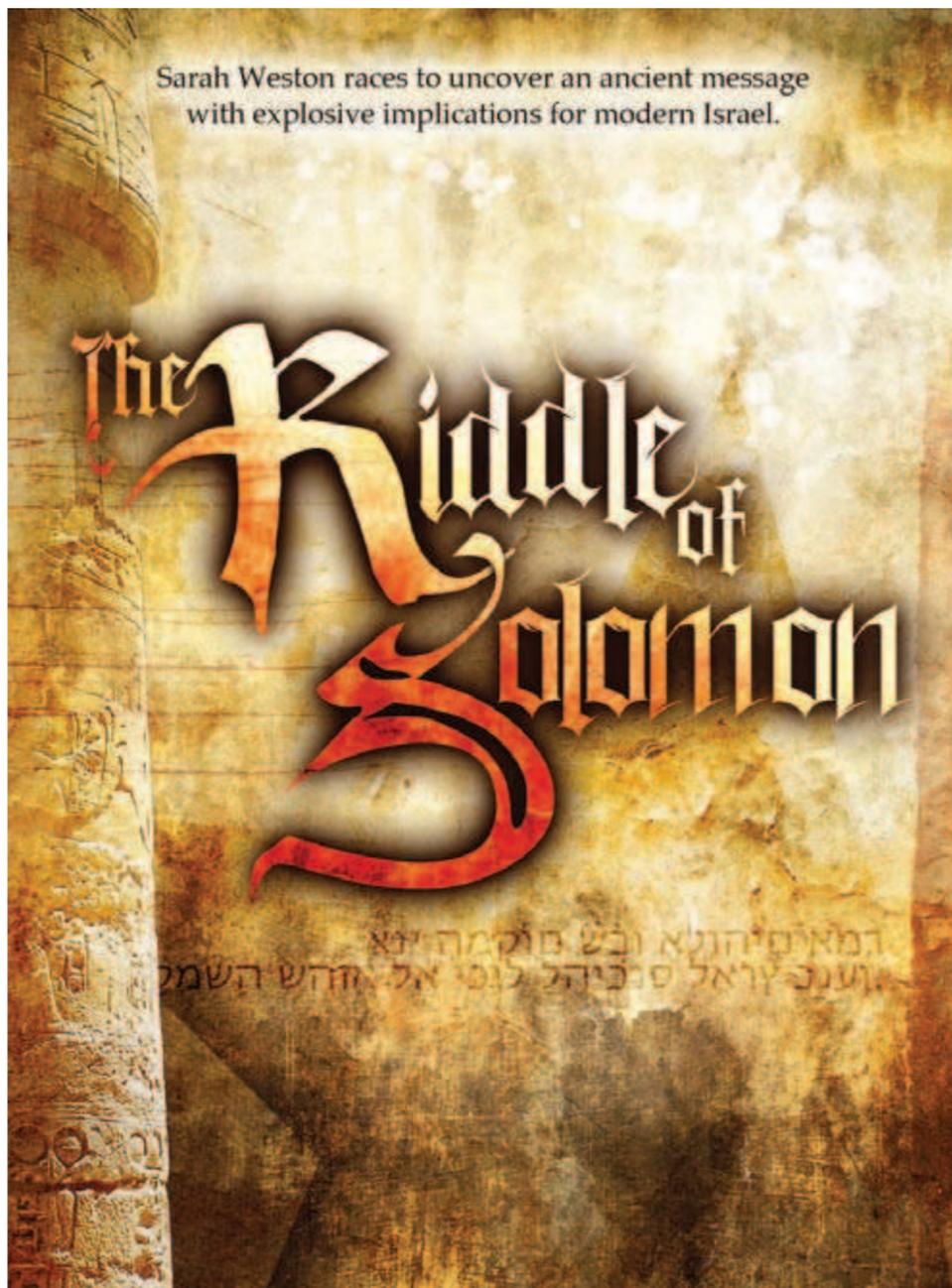
Detailed, vivid description is among the author’s greatest strengths. Whether sketching the ancient marvels revealed by the archaeological quest, the interiors of caves, the colossal machinery developed by demonic Trent Sacks or the landscape’s shifting desert sands, Ms. Niko puts us where her imagination wants us to be.

Sometimes, passages of description go on too long, dulling the impact and slowing down the action. Ms. Niko provides too much of a good thing. Fortunately, she builds so much interest in plot and character that readers will keep

pressing forward, perhaps on occasion turning a page or two to locate the next action scene.

If you’re looking for a good summer read that mixes mystery, history, contemporary issues and romance, you don’t have to look any further. ■

— Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, is a poet, critic and freelance writer with 20 books to his credit, including several studies of war literature and a creative writing text.



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# KOVEL: ANTIQUES

## Pinning meaning onto brooches



Jewelry has been worn for centuries as “totems,” religious or good luck pieces, or just to add beauty and color to an outfit. Brooches, often called “pins,” were made in many sizes and shapes. At first they were made of gold and precious stones to show the wearer’s wealth, but by the 17th century, imitation jewelry made of glass, faux pearls and gold-colored metal made it possible for the not-so-rich to own a pin. Designers made jewelry in the fashion of the day, from Victorian cameos to Art Nouveau enameled women in flowing gowns. Often women chose a pin that represented something in her life. Madeline Albright, the former U.S. Secretary of State (1996-2001), became known for her pins. She wore an eagle for patriotic meetings, a snake when she distrusted her visitor, a bee-shaped pin when angry, and zebras when she met with South Africans.

Many pins have been designed to express a personal thought: a typewriter for a writer, an apple for a schoolteacher, a ballet dancer for a performer. Designers made solid gold tigers with diamonds or copies with rhinestones. Did a prospector for gold or the owner of a gold mine order a pin sold recently that looked like a small pickax with a real gold nugget? It is made

of rose gold and has added engraved designs. It was owned by someone in Colorado who sent it to Leslie Hindman Auctioneers in Chicago to be sold. An Australian bid and got it for \$1,600.

**Q:** I have an old safe. It’s 47 inches high by 32 inches wide by 27 inches deep and stands 8 inches off the floor on wheels. The door, which has a combination lock, reads “Barnes Safe & Lock Co., Greensburg, Pa.” There is a gold band painted on the door edge and decorations in the corners. The safe has an inner door with key lock and interior compartments. When was this safe made? Value?

**A:** In 1845 Thomas Barnes, a blacksmith, and his brother-in-law, Edmund Burke, a locksmith, established the Burke & Barnes Safe Manufacturers Co. in Pittsburgh. The company made iron cellar doors, grillwork and strong boxes. After the great Pittsburgh fire of 1845, Burke & Barnes experimented with designs for a fireproof safe. Soon after the Civil War, Barnes perfected a seven-flange door safe, which became world famous as the best protection against fire ever invented. Burke retired in the early 1870s and the company name was changed to Barnes Safe & Lock Co. In 1914 the company built a main shop, a filing room and a carpenter’s shop in Greensburg, Pa. It made

safes, bank deposit boxes and fire-proof chests until the 1920s. Your safe was made between 1914 and the early 1920s. Barnes safes have sold for \$300 up to about \$500. The value depends on condition.



**This unusual solid gold pin looks like a miner’s pick ax stuck on a gold nugget. It sold for \$1,600 at a Leslie Hindman auction in Chicago.**

**Q:** I have an old table brought here from Germany years ago. There is a mark on the bottom that says “Kiel Furniture Co.” Can you tell me anything about the maker?

**A:** Stories about things handed down in a family don’t always turn out to be true. Your table didn’t come from Germany; it was made in Wisconsin. Kiel Manufacturing Co. was founded in Milwaukee in 1892. There were many German cabinetmakers in the area and an ample supply of lumber from Wisconsin forests. The name of the company was changed to Kiel Furniture Co. in 1907, so your table was made after the name change. The company also operated a factory in Milwaukee from 1910 to 1932. The name of the company became A.A. Laun Furniture Co. in 1932. It is still in business.

**Q:** I acquired a kerosene lamp in Utah last year. It seems to be brass and has a metal plate with the words, “Property of Pony Express Station No. 9.” What can you tell me about it?

**A:** The metal plate on your lamp is probably a fake. Many fake and fantasy maker or owner tags are showing

up on oil lamps, lanterns and locks to suggest a connection that makes them more attractive to collectors. The oil lamps and other items themselves also are probably fakes or reproductions from India or China. The most common of these fake tags are small, brass rectangular plates with simple, nondescript lettering. The plates advertise real or fictitious companies - railroads, delivery companies and even prisons - that are desirable to collectors interested in Wild West memorabilia or railroadiana. Pony Express and Wells Fargo are two of the most often referenced. The items may be nice collectibles, just don’t expect them to be real.

**Tip:** Wicker can be vacuumed carefully or dusted. Then mix soap — not detergent — and water to make suds and wipe the chair with the suds to clean it. If you find any breaks unraveling, try to have the wicker fixed immediately to avoid future damage. ■

— Terry Kovel answers as many questions as possible through the column. By sending a letter with a question, you give full permission for use in the column or any other Kovel forum. Names, addresses or email addresses will not be published. We cannot guarantee the return of any photograph, but if a stamped envelope is included, we will try. The volume of mail makes personal answers or appraisals impossible. Write to Kovel, (Florida Weekly), King Features Syndicate, 300 W. 57th St., New York, NY 10019.

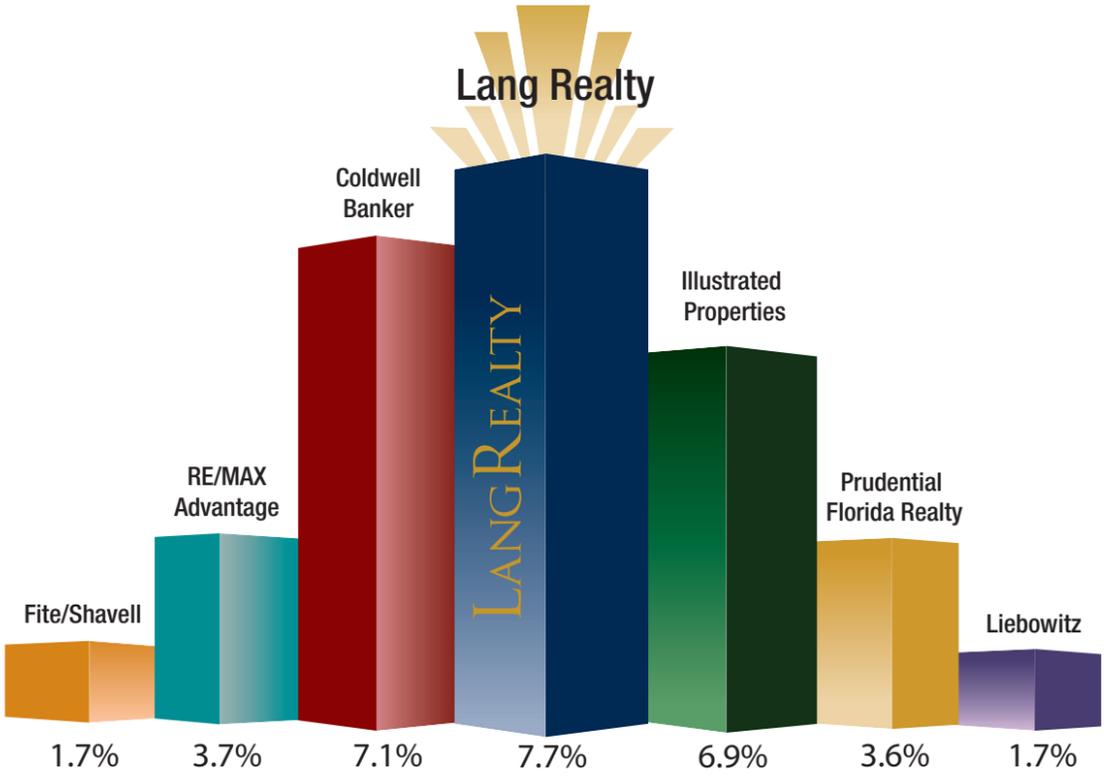


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WEEK OF JULY 18-24, 2013

A GUIDE TO THE ARTS &amp; ENTERTAINMENT SCENE



COURTESY PHOTO

The Dave Matthews Band, seen here in Irvine, Calif., will play shows July 19-20 at Cruzan Amphitheatre in suburban West Palm Beach.

# Out of a jam

Dave Matthews Band feels the love of fans, each other — at least onstage

BY ALAN SCULLEY  
Special to Florida Weekly

In an interview with “Rolling Stone” magazine last August, Dave Matthews created a major stir with fans with quotes that some interpreted as signs that the band’s days together might be numbered.

Mr. Matthews spoke of having to “dig a lot harder” as time goes on to come up with songs he wants the band to record — a statement that made some wonder if the group was losing its creativity. Asked about where he sees the Dave Matthews Band going from here, he answered “I don’t know,” adding that while he feels lucky to be part of a band that turns on lots of fans and does the same for the band members, he questions if the group is losing legitimacy.

SEE MATTHEWS, A30 ►

## Swings & Wings up at bat at Roger Dean Stadium

SPECIAL TO FLORIDA WEEKLY

The July 20 baseball game at Roger Dean Stadium will start off on a wing and a prayer or two.

That’s when the Swings & Wings cook-off gets underway.

The cook-off will begin at 5:30 p.m. and will include wings prepared by local restaurants and individual cooks.

The first pitch will be thrown at 6:35 p.m., so fans can enjoy the Tampa Yankees and Jupiter Hammerheads game



along with their wings. One complimentary Pepsi, bottled water, draft beer or house wine will be offered to all wing-tasting participants. The wing-tasting will end at 8:30 p.m., and first-, second-, and third-place winners will be chosen by fans’ votes.

“For \$20, you can get a beverage and all-you-can-eat wings and see a game.

It’s a pretty good deal,” said Mike Bauer, general manager of Roger Dean.

Up to 1,500 tickets will be sold.

Events in the stadium’s Super 6 have been popular.

Mr. Bauer said about 2,500 fans came for the stadium’s Star Wars Night, and more than 7,000 turned out for the July 4 Megabash.

“I think it’s going to be a fun night out. It’s something a little bit different at the ballpark,” he said.

Tickets are \$20 in advance, \$25 at the

door and \$18 for Season Ticket Holders. The first 500 ticket buyers will receive a free Budweiser 2011 Champions Beer Stein.

Along with the Swings & Wings event, Roger Dean Stadium also will host Back to School Night and Tiki Bash. On the Aug. 10 Back to School Night, the first 500 kids age 15 and under to arrive will receive a complimentary backpack. Tiki Bash, on Aug. 24, will be a night of Jimmy Buffett songs and island drinks.

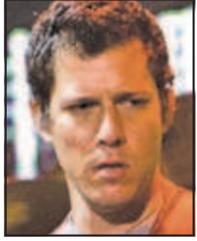
For more information, call 775-1818. ■

# MATTHEWS

From page A29

That was enough to send Dave Matthews Band fans — many of whom are known to be unusually invested in the group — into a tizzy.

The interview coincided with the release of “Away From the World,” the latest album from the group, which also includes bassist Stefan Lessard, violinist Boyd Tinsley and drummer Carter Beauford.



LESSARD

But here it is another summer, and another full slate of concerts, including shows July 19-20 at the Cruzan Amphitheatre in suburban West Palm Beach.

And if that’s not enough of a promising sign for Dave Matthews Band fans, maybe the comments from Mr. Lessard in a recent phone interview will provide the necessary reassurance.

He said the Dave Matthews Band is in a good place — and in some respects the group is doing better than it has at other points in a career that dates back to 1991, when the group formed in Charlottesville, Va.

“On stage we’re the best of friends and there’s nothing but love and heart when I look at everyone on stage while they’re playing and while I’m playing,” Mr. Lessard said. “It hasn’t always been like that. It hasn’t always felt like that. But it’s been going like that for the past few years now. And it really keeps getting stronger every time.”

One of the reasons the Dave Mat-



COURTESY PHOTO

Members of the Dave Matthews Band have drawn closer since the death of LeRoi Moore.

thews Band is still thriving, Mr. Lessard feels, is the band as a whole has been willing to give Mr. Matthews room to follow his own vision when needed.

That was very much the case with “Away From the World.”

“He (Mr. Matthews) went off and wrote all of the songs to ‘Away From The World,’ which is not necessarily the way this band always is making music,” Mr. Lessard said. “If you look at the albums, like (the 1998 album) ‘Before These Crowded Streets’ or the last album, ‘Big Whiskey and the GrooGrux King’ (2009), it was probably our most collaborative record as a band since the first three records because our producer was so adamant about taking our jams and turning that into inspiration for new music.”

“I feel like ‘Away From The World’ kind of was in some sense, it was the Dave Matthews Band like backing Dave’s solo record,” the bass-

ist explained. “It came from him. It was very personal. And that’s a great moment.”

The group has certainly been tested at times during its hugely successful career.

Perhaps the low period came about three years before the band made “Big Whiskey and the GrooGrux King.” Mr. Matthews, in a 2010 teleconference interview, said during that time relationships had grown strained enough that band members weren’t talking to each other.

Eventually Mr. Matthews, Mr. Beauford and original saxophone player LeRoi Moore had a “confrontation, kind of explosion” that nearly split the band before the group found a way through its problems and realized they wanted the band to continue.

Then came another blow to the band, when on June 30, 2008, Mr. Moore was in a serious all-terrain vehicle accident

in Charlottesville. He succumbed Aug. 19 to complications from his injuries.

To be sure, it was a heavy loss for Mr. Moore’s bandmates. But Mr. Matthews said it actually became a positive force within the group, bringing the four remaining members closer together.

That spirit should be evident this summer as the four core members of the Dave Matthews Band — joined by auxiliary members Jeff Coffin (horns), Rashawn Ross (trumpet) and Tim Reynolds (guitar/multi-instrumentalist) — tour the country.

The shows will be notably different from those the Dave Matthews Band played in 2012.

“Last year we were still sort of touring with a new record (“Away From the World”), so we were really pushing those new songs,” Mr. Lessard said. “In fact, a couple of times we played through the whole record, which for us is historic. We’d never done that before, during one show at least. And so this year, it’s one of those years where we’re sort of in between albums. We’re not really pushing a whole new set of new songs. So it allows for us to take our time in the rehearsals and look at some of the older tunes that we haven’t played for awhile and bring those back out, and also take songs that we had played one way live at one time, maybe change them up.” ■

## in the know

- >>What: Dave Matthews Band with Blind Pilot
- >>When: 7 p.m. July 19-20
- >>Where: Cruzan Amphitheatre, Southern Boulevard just east of U.S. 441, suburban West Palm Beach
- >>Cost: \$63-\$658
- >>Info: cruzanamphitheatre.net



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# CONTRACT BRIDGE

## Famous hand

BY STEVE BECKER

This deal occurred in the final of the 2001 Bermuda Bowl. The event, held in Paris, was won by the United States, which made a remarkable comeback in the 128-deal match after trailing Norway by 79 International Match Points at the half. The U.S. victory was particularly notable because it marked the first time a woman — Rose Meltzer — had ever won the world open team title.

The bidding shown took place when Lew Stansby and Chip Martel were North-South for the U.S. Martel's five-heart response to four notrump indicated two key cards (two aces, or an ace and the king of trumps). His six-spade bid denied holding either minor-suit king, so Stansby settled for the small slam.

Martel won the opening heart lead with dummy's ace, discarding a diamond, and then misguessed how to start the spades by cashing dummy's ace. This created a trump winner for West, and although it might seem that declarer was in danger of also losing an eventual diamond finesse to West's king, Martel actually had matters well under control.

He next ruffed dummy's remaining heart, cashed the king of spades and then played the Q-K-A of clubs. If West ruffed, he would be forced to return a diamond into South's A-Q or else lead a heart, allowing declarer to discard a diamond from dummy while ruffing in his hand. If West did not ruff, he could later be thrown on lead with the spade

South dealer.

Both sides vulnerable.

<b>NORTH</b>			
♠ A 7 5 4			
♥ A 5			
♦ 6 5			
♣ A K 10 4 2			
<b>WEST</b>		<b>EAST</b>	
♠ Q 9 2		♠ —	
♥ K J 10 8 7 6 4		♥ Q 9 3 2	
♦ K		♦ J 10 7 4 2	
♣ 9 8		♣ J 7 6 3	
<b>SOUTH</b>			
♠ K J 10 8 6 3			
♥ —			
♦ A Q 9 8 3			
♣ Q 5			

The bidding:

<b>South</b>	<b>West</b>	<b>North</b>	<b>East</b>
1 ♠	2 ♥	3 ♣	4 ♥
4 ♠	Pass	4 NT	Pass
5 ♥	Pass	5 NT	Pass
6 ♠			

Opening lead — jack of hearts.

queen to produce the same result. Either way, Martel was sure to make the slam.

At the other table, the Norwegian North-South pair reached seven spades and finished down two after declarer also misguessed the spades and subsequently lost a finesse to the diamond king. The 1,630-point swing gave the U.S. a 17-IMP pickup on the deal. ■



# swede fest 2

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Saturday, July 27, 2013

7:00 PM at The Borland Center for  
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After party at Cantina Laredo

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# WHAT TO DO, WHERE TO GO

Please send calendar listings to pbnews@floridaweekly.com.

## At The Atlantic Arts

The Atlantic Arts Theater is at 6743 W. Indiantown Road, No. 34, Jupiter. Call 575-4942 or visit [www.theatlantictheater.com](http://www.theatlantictheater.com).

■ **Comedy Hypnotist Doug MacCraw** — 8 p.m. July 20. Tickets: \$20.

## At The Borland

The Borland Center for Performing Arts is at Midtown, 4885 PGA Blvd., Palm Beach Gardens. Call 904-3130 or visit [www.theborlandtheater.com](http://www.theborlandtheater.com).

■ **“Wiley and the Hairy Man”** — An African-American folktale adapted for the stage by Susan Zeder. 7 p.m. July 19 and July 26. Tickets: Students, \$10. Adults, \$15. Info: 222-4228.

■ **Mainstreet at Midtown’s 2nd swede fest** — 7 p.m. July 27. Tickets: \$5 advance, \$6 at door.

## At The Colony Hotel

155 Hammon Ave., Palm Beach. Call 655-5430 or visit [www.thecolonypalmbeach.com](http://www.thecolonypalmbeach.com)

■ **The Royal Room** — Carole J. Buford, through July 20. Eric Comstock and Barbara Fasano, July 26-Aug. 10. Wayne Hosford, Aug. 16-31. 8:30 p.m. shows with doors opening at 6:30 p.m. for dinner on Fridays and Saturdays. The Polo Lounge — Tommy Mitchell pianist Tuesday through Thursday evenings; Motown Friday nights with Memory Lane; the Mel Urban Trio Saturday nights.

## At The Cruzan

South Florida Fairgrounds, 601-7 Sansburys Way, suburban West Palm Beach. 795-8883, [www.cruzanamphitheatre.net](http://www.cruzanamphitheatre.net).

■ **Dave Matthews Band** — 7 p.m. July 19-20. Tickets: \$62 and up.

■ **311 and Sublime with Rome, with Cypress Hill, Pennywise and G. Love** — 5 p.m. July 21. Tickets: \$14-\$68.

■ **Vans Warped Tour** — 11 a.m. July 27. Tickets: \$23.50-\$47.50.

■ **Black Sabbath** — 7:30 p.m. July 31. Tickets: \$25-\$143.50.

## At Cultural Council

Cultural Council of Palm Beach County is at 601 Lake Ave., downtown Lake Worth; 471-1602 or [palmbeachculture.com](http://palmbeachculture.com).

■ **County Contemporary: All Media Juried Show** — Through Sept. 7

■ **“We Were Here: The People of the Belle Glade Culture Welcomed You in 1513”** — Through Aug. 31

## At Dramaworks

Palm Beach Dramaworks’ Don & Ann Brown Theatre is at 201 N. Clematis St., downtown West Palm Beach. Call 514-4042, Ext. 2, or visit [www.palmbeachdramaworks.com](http://www.palmbeachdramaworks.com).

■ **“Man of La Mancha”** — Through July 21, Wednesday through Saturday at 8 p.m.; Saturday and Sunday matinees at 2 p.m. Tickets: \$35/students \$10.

■ **“Company”** — Aug. 7-18, Wednesday through Saturday at 8 p.m.; Saturday and Sunday matinees at 2 p.m. Tickets: \$35/students \$10.

## At The Eissey

The Eissey Campus Theatre is at Palm Beach State College, 11051 Campus Drive off PGA Blvd, Palm Beach Gardens. 207-5900; [www.eisseycampustheatre.org](http://www.eisseycampustheatre.org).

■ **“Duetto”** — Painting Exhibition by Debra Lawrence and Robin Neary, through Oct. 9. Gallery hours: Monday-Friday 10 a.m.-5 p.m. and during performances.

■ **Palm Beach Chamber Music Festival** — 8 p.m. July 20: Bozza, Rossini, Shipp, Khatchaturian & Dvorak; July 27: Mozart, Stravinsky, Villa-Lobos & Von Dohnanyi. Subscriptions: \$85. Single tickets: \$25. Call 800-330-6874, [www.pbcmf.org](http://www.pbcmf.org).

■ **Mrs. Florida, Ms. Florida, Miss Teen Florida and US State Pageant** — 7 p.m. Aug. 10. Tickets \$25/\$35 VIP. 800-384-3600, [www.mrsflorida.com](http://www.mrsflorida.com) 3 p.m. Aug. 11.

## At The Four Arts

The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Gallery and box office 655-7226 or visit [www.fourarts.org](http://www.fourarts.org).

■ **“The Odd Couple” by Neil Simon** — Play Readings with Mrs. Jan-Marie Cook. 5:30 p.m. July 23. Free.

## At The Lighthouse

Jupiter Lighthouse and Museum, Lighthouse Park, 500 Captain Armour’s Way, Jupiter. Admission: \$9 adults, \$5 children ages 6-18; children under 6 and active US Military admitted free. 747-8380, Ext. 101; [www.jupiterlighthouse.org](http://www.jupiterlighthouse.org). Children must be at least 4 feet tall to climb. Tours are weather permitting, call for tour time. RSVP required for tours, 747-8380, Ext. 101. Lighthouse Chickee Chats — Story time for kids 10 and under. 10:30 a.m. Aug. 6. Free, space is limited.

■ **Lighthouse Sunset Tour** — July 19, 24; Aug. 2, 7, 16, 21. Sunset. \$15 Members/\$20 Non-Members. RSVP required, 747-8380, Ext. 101.

■ **Lighthouse Moonrise Tour** — July 22, Aug. 20. Sunset. \$15 Members/\$20 Non-Members.

■ **Hike Through History** — 8 a.m. Aug. 3. Free but limited space. Adults and children at least 5 years old. All children between 5 and 13 must be accompanied by an adult.

## At The Lake Park Public Library

Lake Park Public Library is at 529 Park Ave., Lake Park. All events are free. 881-3330.

■ **Advanced Computer Class** — 6 p.m. July 18. Call 881-3330 to reserve a seat.

■ **Super Hero Hour** — 3:30 p.m. Thursdays. Ages 12 and under.

■ **Adult Writing Critique Group** — Saturdays 10:30 a.m.-1 p.m. 16 years and up.

■ **Anime** — 6-7 p.m. Tuesdays. Ages 12 and up.

■ **Monthly Midweek Movie** — “The Soloist,” rated PG-13 and starring Jamie Foxx and Robert Downey Jr., 6 p.m. July 24.

## At The Lake Worth Playhouse

The Stonzek Theatre is at 709 Lake Ave., Lake Worth. Playhouse: 586-6410; Films: 296-9382. [www.lakeworthplayhouse.org](http://www.lakeworthplayhouse.org).

■ **Movies:** July 18: “Pieta” and “Augustine.” July 19-25: “You Ain’t Seen Nothin’ Yet” and “What Maisie Knew”

■ **Plays:** “In the Heights,” through July 28. Tickets: \$26-\$30.

■ **“It Could Be A Wonderful World”** — Children’s concert, 2 p.m. Aug. 10. Tickets: \$8 children 12 or under; \$12 adults; \$38 for a family of four.

## At MacArthur Park

John D. MacArthur Beach State Park and Nature Center is at 10900 Jack Nicklaus Drive, North Palm Beach. 624-6952 or [www.macarthurbeach.org](http://www.macarthurbeach.org).

■ **Nature walk** — 10-11 a.m. daily; Animal feeding — 11 a.m. weekends in the Nature Center.

■ **Go Snorkel** — Guided Reef Tour, 10 a.m.-noon Saturdays.

■ **Bluegrass music** — With The Untold Riches, 1-3 p.m. July 21.

## At The Maltz

The Maltz Jupiter Theatre is at 1001 E. Indiantown Road, Jupiter. Call 575-2223 or visit [www.jupitertheatre.org](http://www.jupitertheatre.org).

■ **“Aladdin”** — 7:30 p.m. July 26. Performance held at the Jupiter Community High School Auditorium, 500 Military Trail, Jupiter.

## At The Mos’Art

The Mos’Art Theatre is at 700 Park Ave., Lake Park. Call 337-OPOD (6763) or visit [www.mosarttheatre.com](http://www.mosarttheatre.com).

■ **Films: July 18:** “Frances Ha” and “This is Martin Bonner.” July 19-25: “Dirty Wars” and “In the House.”

■ **Opera in Cinema:** 1 p.m. July 21, “Don Giovanni” from La Scala.

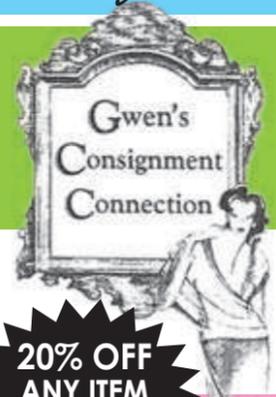
## At North Palm Beach Library

303 Anchorage Drive, North Palm Beach; 841-3383, [www.npblibrary.org](http://www.npblibrary.org).

■ **Knit & Crochet** — 1-3 p.m. Mondays

■ **Kids Crafts ages 5-12** — 2 p.m.

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# WHAT TO DO, WHERE TO GO

## At Palm Beach Improv

Palm Beach Improv is at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach; 833-1812 or palmbeachimprov.com.

■ **Nick DiPaolo** — July 19-21. Tickets: \$20.

■ **Chris Tucker** — July 26-28. Tickets: \$35.

## At The Plaza Theatre

Plaza Theatre, 262 S. Ocean Blvd., Manalapan; 588-1820 or www.theplaza-theatre.net.

■ **“Waist Watchers the Musical”** — Through Sept. 1. Tickets: \$45

■ **“Hello Jerry!”** — Tribute to Jerry Herman, July 20-21. Tickets: \$30

■ **“Steppin’ Out with Tony, Frank & Bing”** — Aug. 5-6, 12-13, 19-20. Tickets: \$30

## At Science Center

■ **The South Florida Science Center and Aquarium**, 4801 Dreher Trail N., West Palm Beach. 832-1988 or visit www.sfsm.org.

■ **“Savage Ancient Seas: The Ancient Aquatic Deep”** the water world of the late Cretaceous period. Through Sept. 16. Tickets: Adults \$11.95

■ **Science Nights** — 6-10 p.m. the last Friday of the month. July 26: Superhero Science Night.

## Fresh Markets

■ **Sailfish Marina Sunset Celebration** — 6 p.m. Thursdays. Shop for arts and crafts made by artists from around the country. Sailfish Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores; 842-8449.

■ **Jupiter Green & Artisan Market** — 5-9 p.m. Fridays, Riverwalk Events Plaza, 150 S. U.S. 1, Jupiter. Free. Includes baked goods, fresh produce, arts and crafts, jewelry, pet products and more. Vendors welcome. Contact Harry Welsh at (203) 222-3574 or visit www.harrysmarkets.com.

■ **The West Palm Beach Antique & Flea Market** — 9 a.m. to 3 p.m. Saturdays on Narcissus Avenue, north of Banyan Boulevard. West Palm Beach green market vendors also will be there. For information, search Facebook or call 670-7473.

■ **Palm Beach Gardens Green Market** — 8 a.m.-1 p.m. Sundays. Under a roof, and partly indoors, at STORE Self Storage, 11010 N. Military Trail, Palm Beach Gardens; 630-1146 or visit www.pbgfl.com.

## Thursday, July 18

■ **Annual Shakespeare Festival** — Gates open at 6:30 p.m.; shows at 8 p.m. July 18-21. Blankets, beach chairs, coolers, picnic baskets, and pets on leashes are permitted. Concessions onsite. Free admission. Seabreeze Amphitheater in Carlin Park, Jupiter. 966-7099 or www.pbshakespeare.org

■ **Bastille Day Celebration** — Wine tastings, music and a film. Held in conjunction with the Multilingual Society, 5 p.m. July 18, Norton Museum of Art, 1451 S. Olive Ave., West Palm Beach. Free for Florida residents. 832-5196 or norton.org.

■ **Story time session at the Loxahatchee River Center** — 9:30 a.m. Thursdays, Burt Reynolds Park, 805 N. U.S. 1, Jupiter; 743-7123; or visit www.loxahatcheeriver.org/rivercenter.

■ **Bingo** — Noon every Thursday at the Moose Lodge, 3600 RCA Blvd. Palm Beach Gardens. Lunch available at 11 a.m. Packs start at \$15. \$250 games. 626-4417.

■ **Clematis by Night** — Live music 6-9 p.m. Thursdays, Clematis Street at the Waterfront, downtown West Palm Beach. July 18: Clematis by Night celebrates its 18th birthday with Man in the Mirror: The Ultimate Michael Jackson Tribute. July 25: Valerie Tyson Band. Aug. 1: Party Dogs. Aug. 8: Kings County. Aug. 15: Sub Groove. Aug. 22: Sweet Justice. Aug. 29: Boombbox. Free; 822-1515 or visit www.clematisbynight.net.

■ **The Great Books Reading and Discussion Group** meets at 10 a.m. the first and third Thursday of each month. Barnes & Noble coffee shop, 11380 Legacy Ave., Palm Beach Gardens. Free; 624-4358.

## Friday, July 19

■ **Palm Beach 22nd Annual Chamber Music Festival** — With music by Beethoven, Arriau and Beach. 7 p.m. July 19: Helen K. Persson Recital Hall, Palm Beach Atlantic University, 326 Acacia Road, West Palm Beach; 8 p.m. July 20: Eissey Campus Theatre, Palm Beach State College, 11051 Campus Drive, Palm Beach Gardens; 2 p.m.; July 21: Crest Theatre, Old School Square, 51 N. Swinton Ave., Delray Beach. Cost: \$25 per concert or \$85 for four-concert subscription. Students free. Tickets and information: 800.330.6874 pbcmf.org.

■ **Palm Beach Zoo Safari Nights** — 5:30 to 9 p.m. Fridays through September with a different family-friendly theme. Dress to match the themes to be entered to win a Palm Beach Zoo \$150 value prize pack. June 28: Tropical Luau. Members free; non-members \$15.95 adults/\$9.95 children (3-12).

■ **Downtown Live** — 7-10 p.m. Fridays through Aug. 30. July 19: That’s So Shania Twain. July 26: Highway to Hell - AC/DC Tribute. Downtown at the Gardens’ Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens; 340-1600.

## Saturday, July 20

■ **Bi-annual Tropical Fruit Tree & Edible Plant Sale** — Hosted by the Palm Beach Chapter of the Rare Fruit Council International, 9 a.m.-2 p.m. July 20, South Florida Fairgrounds, suburban West Palm Beach. Admission is free; VitalLongevity@comcast.net.

■ **Kids Story Time** — 11:30 a.m. Saturdays, Loggerhead Marineline Center, 14200 U.S. 1, Juno Beach; free. Visit www.marineline.org.

## Sunday, July 21

■ **Piccadilly Circus** — This year, the show is called “Blammo.” It’s at 1 p.m., 3:30 p.m. and 6 p.m. July 21 at the South Florida Fairgrounds, Southern Boulevard east of U.S. 441, suburban West Palm Beach. Tickets: \$8-\$19.75; 877-373-0477 or thefuncircus.com.

## Monday, July 22

■ **American Needlepoint Guild** — 10 a.m. every second and fourth Monday (next meeting is July 22), 110 Mangrove Bay Way, Jupiter. Call 747-7104 or email mbusler@comcast.net.

## Tuesday, July 23

■ **Rotary Club of the Northern Palm Beaches** — Tuesdays at 7:15 a.m. at the Doubletree Hotel, 4431 PGA Blvd., Palm Beach Gardens. Contact Phil Woodall at 762-4000 or email pabwoodall@bellsouth.net.

■ **Free Summer Science Lecture Series** — Listen to speakers with scientific expertise from Loggerhead Marineline Center, Inwater Research Group, Treasure Coast Wildlife Center and Florida Power & Light 6-7 p.m. Tuesday in July, Loggerhead Marineline Center, 14200 U.S. Highway 1, Juno Beach. July 23: Tim Brown, Director of Education, Treasure Coast Wildlife Center, “Meet The Locals: An Introduction to Florida’s Wildlife.” July 30: Jodie Gless, Environmental Services, Florida Power & Light, “Croc Talk: FPL’s Crocodile Management Program.” Free; refreshments will be served; 627-8280, Ext. 119.

■ **Stayman Memorial Bridge** — Supervised play sessions, 10 a.m.-noon Tuesdays through July 30. Resumes by Aug. 26; JCC North, 4803 PGA Blvd., Palm Beach Gardens. Party bridge with expert advice; no partner necessary; coffee and light refreshments. Free/Friends of the J; \$6/guests; 712-5233.

## Wednesday, July 24

■ **Duplicate Bridge** — 12:15 p.m. Wednesdays through July 31 at JCC North, 4803 PGA Blvd. Resumes by Aug. 26. Free/Friends of the J; \$7/guests; Light lunch is served. Pre-registration appreciated. Call Rhonda Gordon, 712-5233.

■ **Bridge Classes** — 10 a.m.-noon Wednesdays — JCC North, 4803 PGA Blvd. Six-week session \$72 or \$15/class. Pre-registration appreciated. Call Rhonda Gordon, 712-5233.

■ **CityPlace Country Concert Series** — July 24: Joe Nichols; Oct. 22: Chris Cagle. Concerts are free at the CityPlace plaza stage at 6 p.m. CityPlace.com or facebook.com/cityplace, 366-1000.

## Ongoing Events

■ **Exhibition by artists Kevin Boldenow and Virginia McKinney** — Through Aug. 22 at the Palm Beach Gardens City Hall Lobby, 10500 N. Military Trail, Palm Beach Gardens. Free. Call 630-1116. ■

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## Cultural Council show highlights 16th-century Belle Glade culture

SPECIAL TO FLORIDA WEEKLY

The Cultural Council of Palm Beach County is exhibiting "We Were Here: The People of the Belle Glade Culture Welcomed You in 1513."

The exhibition, presented in conjunction with the Glades Historical Society, will be on display through Aug. 31 in the Cultural Council's Lawrence A. Sanders Foundation Artist Resource Center, in the Council's headquarters, 601 Lake Avenue, in Lake Worth.

"We Were Here" is a series of detailed panels that depict the people who lived throughout the Kissimmee River/Lake Okeechobee Basin from Lake Kissimmee to Boynton Beach for more than 3,000 years, the council said in a prepared statement. Produced by the Lawrence E. Will Museum: A Museum of the Glades in Belle Glade, and created by Robert S. Carr and Tim Harrington of the Archaeological and Historical Conservancy in Davie, "We Were Here" tells of their habitat, origins, way of life, contact with Europeans, end, disappearance, and how they were discovered again.

"The Cultural Council recognizes the importance of sharing this historical exhibition with the public," Rena Blades, council president, said in the statement. "This exhibition represents a part of the county's rich history and offers a depiction of our local cultural

and artistic origins."

The ancient people of Florida had no writing system and left no records about themselves. Scholars, who first discovered them in the early 1930s, while excavating a mound near Belle Glade, call them "the Belle Glade Culture." Since they mastered their then water-dominated environment of lakes, rivers, sloughs and marshes, they are known in the exhibit as "The People of the Water."

They constructed one of the longest canals in North America in prehistoric times at Ortona in Glades County as a part of a water-transport corridor connecting Lake Okeechobee and the Gulf of Mexico. They are also known for their extensive earthworks, many with circles and radiating arms.

Since January, "We Were Here" has been displayed in many spaces throughout Florida, including the Robert Morgade Library in Stuart; the Okeechobee County Library in Okeechobee; the Osceola County Welcome Center and History Museum in Kissimmee; and the Westergaard House in Moore Haven. Funded by a special Viva Florida 500 grant of \$50,000 by the Florida Division of Historical Resources, the exhibit will also be shown in each county defined as areas where the people "were."

Admission to the Cultural Council is free and open to the public Tuesdays through Saturdays, 10 a.m. to 5 p.m. ■

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**Palm Beach Chamber Music Festival**

Eugène Bozza - *Scherzo* for flute, oboe, clarinet, horn and bassoon  
 Gioachino Rossini - *Cavatine du Barbier de Seville - Air de Rosine* for trumpet, flute, oboe, clarinet, horn and bassoon  
 Clifford Shipp - *Six Variations on a 13th Century Minnelied* for flute, oboe, clarinet, horn, bassoon and trumpet  
 Aram Khatchaturian - *Trio in g minor* for clarinet, violin and piano  
 Antonín Dvořák - *Quintet No. 2 in G Major, Opus 77* for 2 violins, viola, cello and bass

7 PM FRIDAY, July 19 Helen K. Persson Recital Hall Palm Beach Atlantic Univ. 326 Acacia Rd., WPB	8 PM SATURDAY, July 20 Eissey Campus Theatre Palm Beach State College 11051 Campus Dr., PBG	2 PM SUNDAY, July 21 Crest Theatre Old School Square 51 N. Swinton Ave., Delray
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## Learn to shoot like a pro at MacArthur Beach workshop

**SPECIAL TO FLORIDA WEEKLY**

John D. MacArthur Beach State Park's "Nature Photography Workshop by the Pros" will offer those aspiring to take their picture-taking skills to the next level an opportunity to explore the outdoors behind the lens.

Through expert instruction by professional photographers Bruce Bain and Durga Garcia, participants — whether beginners, amateurs or advanced — will learn how to create more interesting images and experiment with color, perspective, lines, patterns, black and white and other artistic elements, the state park said in a prepared statement.

The workshop will take place from 9 a.m. to 1 p.m. July 27 and will begin with a presentation by Mr. Bain, cura-

tor of the Elsa Kimbell Environmental Education & Research Center gallery in Hobe Sound, and Ms. Garcia, an award-winning portrait and landscape photographer. The presentation will be followed by a guided tour of various park locations, including the estuary, butterfly garden, hardwood hammock and natural beach. Images taken from the field will be shared and critiqued, giving students the benefit of professional and peer reviews.

The workshop cost is \$35 (plus park entry fee for non-members) and includes refreshments. Those attending should bring camera equipment, dress in light clothing, and bring sunscreen and insect repellent. To register, call 776-7449 or see macarthurbeach.org. ■

## PUZZLE ANSWERS

C	L	O	S	E	S	T	T	E	R	I	G	A	R	R	M	E	T	A
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9	3	5	2	7	8	1	6	4
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6	2	4	9	5	7	8	3	1
8	5	7	1	6	3	9	4	2
5	6	2	7	3	9	4	1	8
1	8	3	6	4	2	5	7	9
4	7	9	5	8	1	6	2	3



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\*Rate subject to availability.

# SOCIETY

Boston's on the Beach, in Delray Beach, raises \$20,000 for the victims of the marathon bombing



1. Boca Raton Running Club
2. Frank Gentile, Michelle Walsh, Carter Kurth
3. Bob Anderson
4. RJ Simms and Susie Simms
5. Amber Leigh Band
6. Joe Girvan, Steve Politziner, Adam Tsakonas, Josh Cohen, Emerson Lotzia, Christine Metzger
7. Lydia Kurth and Michelle Walsh
8. Michael Walsh
9. Donna Gustin and Tegan Severance
10. Luis Alicea
11. Enid Atwater and Joe Girvan



FRANK GENTILE / COURTESY PHOTOS

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# SOCIETY

## The City of Palm Beach Gardens GreenMarket at The STORE in the Gardens



Robin Dietrich, Kendall Dietrich and Laine Dietrich



Carson Catusus, Caitlin McCready and Erika Peeples



Bob Folse and Rey Sepulveda



Brian Wesson, Ricky Crary and Justin Luhring



Jeffrey Glidden, Leah Glidden and Carol Glidden



Jennifer Beh and Chef Lippe



Jolene Hanson, Paulie Hanson and Paul Hanson



Laura Haase, Brooke Borden and Adriana Dolabella



Kathy Bauer, Andrea Adams and Van Boscove



Lynne Sachs, Nicholas Iezzi and Gloria Iezzi



Mallorie Lotycz, Nancy Boulter and Natalie Lotycz



Virginia Wall, Mary-Alice O'Toole and Joe O'Toole



Dolores Stone and David McKenzie



Bill Edwards and Jessica Eggenberger

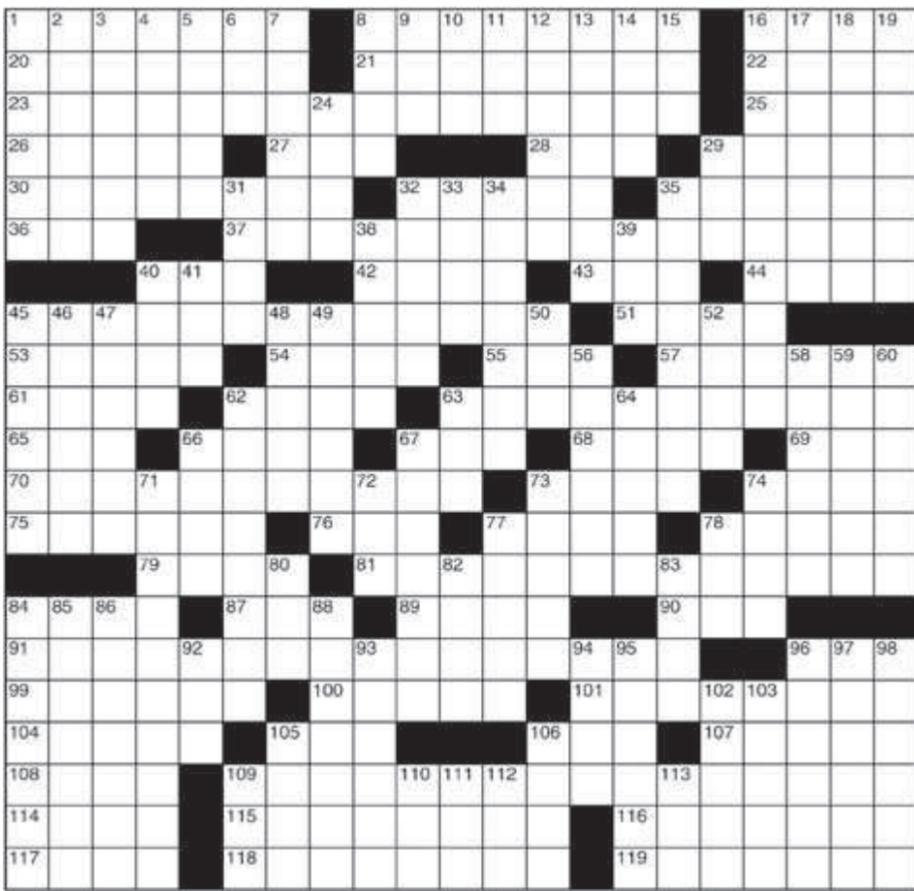


Ashleigh Bullivant, Matt Bullivan and Jack Bullivant

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# PUZZLES

## C[N] DOUBLE



- ACROSS**
- 1 Least distant
  - 8 "Mr. Mom" co-star
  - 16 Prefix with physics
  - 20 Accept the opinion of
  - 21 Was very meaningful
  - 22 Word after New or golden
  - 23 Compound in Turns
  - 25 Part of FYI
  - 26 "It's —" ("See you then")
  - 27 Put a flaw in
  - 28 Run- (pioneering rap trio)
  - 29 Fats Domino's "Whole — Loving"
  - 30 Departs in a ship
  - 32 Man — cloth
  - 35 Wrinkle-free textile fiber
  - 36 Previous to, in odes
  - 37 What women film directors and producers break through
  - 40 Satisfied sigh
  - 42 — the finish
  - 43 Luring tune
  - 44 — dixit
  - 45 "Pony Time" singer
  - 51 Gorilla researcher
  - 53 Delhi money
  - 54 "Buddy" star
  - 55 Greek consonants
  - 57 "All in the Family" in-law Mike
  - 61 Kill — killed
  - 62 Rump
  - 63 Former rival of Best Buy
  - 65 Salt Lake City student
  - 66 Robert Frost, e.g.
  - 67 Requiring no prescription: Abbr.
  - 68 Scientist — Hubbard
  - 69 Pooh-bah
  - 70 School cutups
  - 73 "— Herr"
  - 74 Sprint
  - 75 Valorous
  - 76 Revolting Turner
  - 77 Born's river
  - 78 All wound up
  - 79 "And quickly!"
  - 81 Numismatist
  - 84 1995-2007 NFL lineman
  - 87 Warren —
  - 87 America's "Uncle"
  - 89 Courtroom declaration
  - 90 Sturdy tree
  - 91 British newspaper puzzle
  - 96 Sis's sib
  - 99 Loose overcoat
  - 100 Like Jack Spraf's diet
  - 101 Rocked on the brink
  - 104 Violinist
  - 105 Mischa or trumpeter
  - 105 Chairman of China
  - 106 "— for Innocent" (Grafton novel)
  - 107 Not just stout
  - 108 "Here we are — olden days ..."
  - 109 Tendencies of a social group's behaviors and beliefs
  - 114 Congregate
  - 115 Using indirect references
  - 116 City noted for miracle cures
  - 117 Give lip
  - 118 Sticky strips with poison
  - 119 Tortilla treat
  - 31 Sore
  - 32 28.35 grams
  - 33 Criticism
  - 34 Like a tribal emblem
  - 35 Mockery
  - 38 Security claims
  - 39 Spain's El —
  - 40 Busy as —
  - 41 Prez Lincoln
  - 45 Stoop low
  - 46 Rush violently
  - 47 Sustain
  - 48 Barbarous
  - 49 Actor Charlton
  - 50 Karel Capek play
  - 52 Env. alert
  - 56 Hard: Prefix
  - 58 Bon — (playboy)
  - 59 "Yea, verily"
  - 60 2002 Lucy Liu sci-fi film
  - 62 Sioux shoe
  - 63 Dol. units
  - 64 One of four archangels
  - 66 Greek consonants
  - 67 Above
  - 71 Their bulbs produce lathers when crushed
  - 72 Female WWII server
  - 73 Colorful parrot
  - 74 Unit of cards
  - 77 "— of robins ..."
  - 78 Brewed drink
  - 80 Lobbying gp.
  - 82 — Lund Laszlo
  - 83 Miner's find
  - 84 Shrieks
  - 85 Shrinking Asian lake
  - 86 Africans of small stature
  - 88 Rand — (map maker)
  - 92 Bronze-hued play
  - 93 Discover by digging, as a pig
  - 94 Ear-related
  - 95 Outcome
  - 96 Starr or Lee
  - 97 Lay dormant
  - 98 Ukraine city
  - 102 Doughnut's shape
  - 103 Critic Roger
  - 105 Meditate
  - 106 TV Soprano player Robert
  - 109 Half — latte
  - 110 D.C.'s home
  - 111 Put a tear in
  - 112 "Hail, Cato!"
  - 113 Kanga's joey

SEE ANSWERS, A35

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## HOROSCOPES

■ **CANCER (June 21 to July 22)** You feel quite content enjoying all the comforts of home right now. But the urge to travel grows stronger, and by week's end, you could begin packing your bags.

■ **LEO (July 23 to August 22)** A hectic period begins to ease up, but that doesn't mean the Fine Feline can do much catnapping these days. You need to finish those old tasks and prepare for new ones.

■ **VIRGO (August 23 to September 22)** Expect to get some good news about your financial situation by week's end. But it could still be too early to rush out with a long shopping list of things to buy.

■ **LIBRA (September 23 to October 22)** Your management skills make an impression on some workplace VIPs who might be looking for someone like you to take on an upcoming project. Good luck.

■ **SCORPIO (October 23 to November 21)** Meeting a former adversary might be unsettling at first. But time has softened hard feelings, and you could be on the brink of starting a new relationship.

■ **SAGITTARIUS (November 22 to December 21)** A troubling situation close to home might cause you to change your travel plans. But getting all the facts before you act might cause you to reconsider.

■ **CAPRICORN (December 22 to January 19)** You might be quite alone right now in deciding to support a major

workplace shift. But others will join you as new information supports your bold move.

■ **AQUARIUS (January 20 to February 18)** A former co-worker returns with news that could persuade you to reassess recently made plans. Be sure to consult with a trusted colleague before you act.

■ **PISCES (February 19 to March 20)** Your motives behind a recent decision could be called into question by a rival. But once you present the facts, all doubts will be resolved. Enjoy an arts-rich weekend.

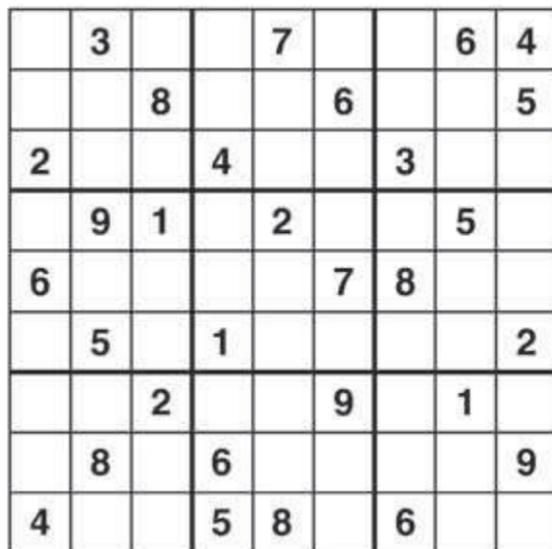
■ **ARIES (March 21 to April 19)** With new facts to work with, you should feel more confident in moving ahead. But continue to do so at an unhurried pace so you can spot details you might otherwise miss.

■ **TAURUS (April 20 to May 20)** Taking on that new workplace project could be one of your smarter career moves. Expect a surprising show of support from someone who had always been a critic.

■ **GEMINI (May 21 to June 20)** You might feel you're too busy to undertake a new responsibility. But check it out before making any decisions. What you learn could persuade you to change your mind.

■ **BORN THIS WEEK:** While you love being the center of attention, your generous heart allows you to share the attention with others. ■

By Linda Thistle



Puzzle Difficulty this week:

★★★

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

★ Moderate ★★ Challenging ★★★ Expert

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SEE ANSWERS, A35

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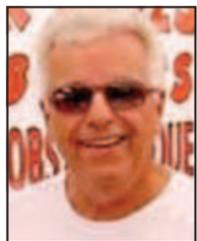
# FLORIDA WEEKLY CUISINE

## In the kitchen with... ED WELLS, Chowder Heads

BY LOREN GUTENTAG  
lgutentag@floridaweekly.com

In the real world, being called a chowder head is less than a compliment and more of an insult. But in Jupiter, being called a chowder head means being served authentic New England seafood at a place where trying the chowder is a must.

"Our food is always consistent," says Ed Wells, general manager of the



quaint seafood café Chowder Heads. "We never tweak a recipe."

Mr. Wells, born in New Hampshire and raised in the North Shore of Boston, began his career in the culinary industry

when he opened his first clam shack in Salem, Mass.

"I had received an inheritance from my father, and I was spending it like it was water," he says. "I figured I needed to invest in something, so without any experience at all, I bought a restaurant."

He says that Caren's Clam Shack gave him his culinary experience after he opened it in 1972 at age 21. Mr. Wells says he ran the clam shack for 11 years before red tide changed the industry, forcing him to close.

After visiting Florida for a friend's wedding in 1982, and tired of the economy in the Northeast, Mr. Wells and his wife, Kathy, were looking for a change in scenery.

"We moved here about 20 years ago for multiple reasons, but the main reason being that we needed something new," he says. "It's such a pleasure to look at the ocean and see beautiful blue water instead of black water. It just seemed so clean to us here."

Although Mr. Wells says that he missed authentic New England seafood, his passion for the culinary industry took a backseat after Hurricane Andrew hit Florida in 1992. Mr. Wells says that he found himself working for the Broward Hurricane Panel Co., where he quickly advanced in the industry and soon opened his own company by the name of Hurricane



Ed Wells opened Chowder Heads in November at Driftwood Plaza in Jupiter.

COURTESY PHOTO

Shutter and Screen Services, as well as Masters Touch. However, with the economy taking a turn for the worse in 2006, Mr. Wells says that he got out of the business and sold everything he had.

It wasn't until 2½ years ago that Mr. Wells had the opportunity to enter the culinary industry again, focusing on New England's fresh seafood.

"I went to farmers markets and festivals all over," he says. "We had a hit that everyone wanted to try."

In November 2012, Chowder Heads opened with the intentions of not only offering fresh New Hampshire seafood, but also setting the scene to make customers feel like they're sitting in a northern seafood restaurant.

Ipswich clams, crab cakes, New England clam chowder, steamers and scallops are just a few of the fresh seafood items that Chowder Heads has to offer.

If you ask Mr. Wells his favorite pick from the menu, he says it would be a toss-up between the clam chowder and the lobster roll.

"Our lobster roll is served hot with the meat of the entire lobster," he says. "Very few places know how to do it like we do."

**Name:** Ed Wells

**Age:** 62

**Original hometown:** Born in New Hampshire and raised in the North Shore of Boston

**Restaurant:** Chowder Heads, 2123

S. U.S. Highway 1, The Driftwood Plaza, Jupiter; Open 11:30 a.m. to 9 p.m. Tuesday to Sunday; 203-2903.

**Mission:** "We love what we do and we want you to love Chowder Heads. We operate under four core principles: we believe in and thank God everyday, we believe you can choose to have a good attitude, we believe to be effective you must have fun at work, and each employee must find a way to make someone's day, everyday. We are at your service to make you visit memorable."

**Cuisine:** Authentic New England seafood

**What's your footwear of choice in the kitchen?** "I usually go with a dress shoe — Cole-Haan shoes to be exact."

**What is your guilty culinary pleasure?** "Oh, there is nothing that I love more than great Cantonese Chinese food. Shrimp and lobster sauce is my favorite, but it's hard to find a restaurant down here in the South that does it just right."

**What advice would you give someone who wants to be in the culinary industry?** "In this industry, you need to make sure that you have enough working capital to get through. You also need to stay true to your genre of food. If there is one lesson that I have learned in business, it is that businesses run on systems. If you don't have systems, then you will fail." ■

## Beer fest set to open at fairgrounds

SPECIAL TO FLORIDA WEEKLY

Raise a glass at the Palm Beach Summer Beer Festival.

The festival, set for 1 p.m.-5 p.m. July 20 at the South Florida Fairgrounds' Expo Center, will have a theme of "What's New, What's Hot and What's Local," offering more than 150 brews from across the country, as well as beer made in Florida.

There also will be entertainment by bands The Dunwells and County Line Road and country singer Brooke Eden.

Proceeds benefit L.E.A.F., an organization that provides financial assistance to law enforcement officers seriously injured or who have suffered a catastrophic event, and the families of officers killed in the line of duty in Palm Beach County, including federal, state and local police officers.

Tickets are \$35 in advance for general admission, \$40 day of show general admission, \$75 VIP (includes special craft beers, food, entertainment and commemorative beer mug) and \$10 designated driver admission (\$21 and over only; no alcohol will be provided).

The fairgrounds are on Southern Boulevard just east of U.S. 441 in suburban West Palm Beach. Info: palmbeachsummerbeerfest.com.

**Red Relief at Red Tapas:** Happy hour and dinner spot Red Tapas Bar & Grille will open to charities and causes seeking a fundraising event venue.

Through the program, called Red Relief, Red Tapas will donate appetizers, cocktails and paella in an effort to increase donations to the featured Red Relief charity.

Red Tapas Bar will offer the Red Relief program and venue space twice a month on Mondays, Tuesdays and Thursdays. Email: inquiry@insidermediamgmt.com. Red Tapas Bar & Grille is at Downtown at The Gardens, 11701 Lake Victoria Gardens Ave., Palm Beach Gardens.

**Wieners rule!** Hot Dog Fest is set for noon-5 p.m. July 21 at Abacoa Town Center. There will be 35 food trucks and music by Odyssey Road, a Journey tribute band. Be sure to check out the hot dog-eating contest. Admission is free. Visit thehotdogfest.com for info. ■

## THE DISH

### Highlights from local menus

**The Dish:** Mini pizza with two toppings

**The Place:** Baldino's Italian Restaurant, 791 N. U.S. Highway 1, Tequesta; 743-4224 or baldinosfl.com

**The Price:** \$6 at lunch; includes two free toppings.

**The Details:** Baldino's says it offers a taste of Philly, and it delivers a fine Philly cheesesteak sandwich.

But we had our jaw set for pizza one recent afternoon, so stopped in for one of Baldino's mini-pizzas, offered as a lunch special.

You're always guaranteed that slightly spicy tomato sauce, along with a wonderful light, crispy crust, perfect any way you slice it.

The pizza this particular visit had pepperonis and hot peppers, but other mainstream toppings also are available.

Next time, we'll tackle one of those Phillies. ■



— Scott Simmons

SCOTT SIMMONS/FLORIDA WEEKLY

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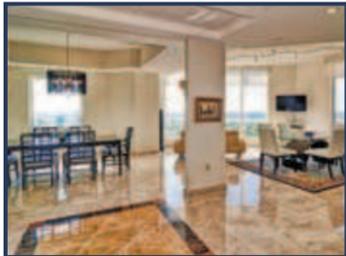
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**Beach Front 1601** 3BR/3.5BA Direct ocean with magnificent views and marble floors throughout. **\$1,499,000**  
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**Martinique WT2304** 2BR/3.5BA Amazing Views of ocean & ICW. Coveted SE corner on 23rd floor. **\$585,000**  
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