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WEEK OF AUGUST 23-29, 2012

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MALTZ STUDENTS
 TO PERFORM



THE
LARAMIE
 PROJECT

*Sept. 8 the only
 date set for Moises
 Kaufman play
 on a lesson in
 understanding*

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

Matthew Shepard was robbed, pistol-whipped, tortured, tied to a fence and left to die by two men he met in a Wyoming bar.

By all counts, Matthew was a gentle spirit, a gay man who at 21 was too young to go into that good night.

He had begged for his life as they beat him, one of the killers testified. Doctors said he probably was conscious throughout most of the ordeal. According to court documents, the killers had led him to believe they would offer him a ride home to discuss the politics of the gay community.

▲ Student cast members in "The Laramie Project" at the Maltz Jupiter Theatre include, from left: Thomas Spencer, Frances Weissler, Michelle Shannon, Matthew Paszkiet and Caiti Marlowe.

SEE LARAMIE, A8 ►

COURTESY PHOTO

INSIDE



Seductive singer

Ariana Savalas also is making a name for herself as a songwriter. **A21** ►



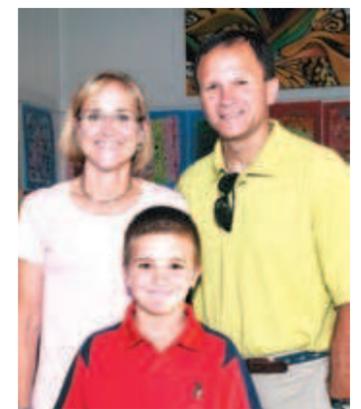
Feathering the nest

Photographer treats birds' nests as works of art **A21** ►



Take Lucas home

Would you believe this border terrier mix loves walks and squeaky toys? **A6** ►



Networking, Society

See who's making the local scene. **A18-19, 33, 34** ►

Ah, summer. Time to enjoy those cool restaurant specials

BY JAN NORRIS

jnorris@floridaweekly.com

With fewer diners to compete, getting in to a favorite restaurant is easier in the summer, especially in northern Palm Beach County. Seasonal residents who live in Palm Beach Gardens and on Jupiter and Singer islands still go back North when the temps heat up.

John Spoto has worked in restaurants in Palm Beach County since the '70s and knows he's in for a few slow months at his

restaurants, Spoto's Oyster Bar and the Water Bar in the PGA Commons, when snowbirds take flight in mid-May.

"Summer reduces dining in this area by at least 60 percent," he said. "Everybody expects it. They've banked their money — the smart ones — during season, like we have to do as owners."

Restaurants cut hours, cut staff and schedules and go to a more relaxed service mode, he said. "It's just a necessary evil — we all know it, but prepare for it every winter."

Diners who are around get choice picks

with special deals. "We do our best to do promotions and offer specials to bring people in," Mr. Spoto said. "We've started Lobster Sunday. Every Sunday, we have a 2-pound live Maine lobster special, with all the sides, for \$29.95. It draws a big crowd."

"There's a New England clambake at the Water Bar on Wednesdays — we take a 1-pound Maine lobster and cook it with mussels, clams, redskin potatoes, corn on the cob — all for \$19.95. We've sold out of that one ever since we started. It could last

SEE DINING, A35 ►

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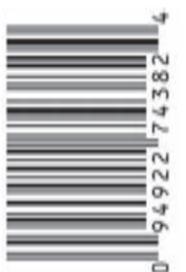
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NEWS OF THE WEIRD

BY CHUCK SHEPHERD DISTRIBUTED BY UNIVERSAL PRESS SYNDICATE

Short-sighted solution

The Associated Press, reporting this month from Jerusalem, noted that the ultra-Orthodox community's "modesty patrols" were selling eyeglasses with "special blur-inducing stickers" that fuzz up distant images so that offended men will not inadvertently spot immodestly dressed women. (The stickers apparently simulate nearsightedness, in

that vision is clear in the near-field.) The "modesty patrols" have long tried to shame women dressed in anything other than closed-neck, long-sleeved blouses and long skirts, but may be losing that fight. A columnist for the Tel Aviv daily *Haaretz* praised the eyeglasses for shifting the responsibility to men for their priggishness. ■

Fine (and not so fine) dining

■ News of the Weird has reported several times on farmers who are certain that treating their cows to better lifestyles improves the quality of their milk and their meat. In July, London's *Daily Telegraph*, in a dispatch from Paris, touted Jean-Charles Tastavy's experiment feeding three cows with a fine wine for four months (in a mixture, along with their usual barley and hay). (They "loved" it and consumed it "with relish," said the farm's owner.) The resulting meat, labeled "Vinbovin," is now a delicacy in Paris restaurants (despite steeper prices to reflect the increased feeding costs for the cows).

■ Periodically, News of the Weird reports on foreigners' cuisines that most

Americans find "undelectable." A June *Wall Street Journal* story featured a hardy, fun-loving group of New Yorkers (the "Innards Circle") who dine monthly at out-of-the-way ethnic restaurants in order to sample such dishes as camel's eyeball ("way different from a goat's eyeball," said one member) and "crispy colorectal," and had recently learned, from a non-English-speaking waitress, that they had just consumed bull's diaphragm. Another member admitted "an element of showing off" to the exercise, and acknowledged that not all rookie members return for a second meal. The one body part that no one seems to recall having tried yet: uterus. ■

Abandoned

The way it usually happens is Mom and Dad start a road trip with their children, but after a rest stop, they fail

to notice that one of the kids is not on board, and they may be well down the road before they turn around. However,

in June, the family member left behind at a Memphis, Tenn., rest stop was Dad, and for 100 miles, no one grasped that he was missing. The family was traveling in a van, and everyone presumed

Dad was in the back. He was still at the gas station, calling his own phone (which was in the back of the van). Dad finally reached Mom in the van by posting to Facebook. ■

Smuggler's blues

In June, inmate Michelle Richards, 33, was about to begin her sentence at the Albany County (N.Y.) jail when guards discovered a hypodermic needle and seven packets of heroin inside her vagina. (She had been arrested for possessing a needle and heroin in her bra.) Richards' arrest came about a week

after inmate Andrea Amanatides was caught at the very same jailhouse using the same hiding place to sneak in heroin and 256 prescription pills (reported in News of the Weird eight weeks ago). (Ms. Amanatides' stash was discovered when the baggie holding it became dislodged and broke open on the floor.) ■

Animal planet

Stores and transportation carriers are, after all these years, still unsure about which "assistance animals" they must allow without violating the federal Americans With Disabilities Act. Under the U.S. Department of Transportation's latest draft guidelines for airlines, released in February, miniature horses

and pot-bellied pigs are allowed on board under certain conditions, but not ferrets, rodents, spiders, snakes or other reptiles. Apparently there is a North American Potbellied Pig Association, whose vice president pointed out to CNSNews.com that swine can be trained to open and close doors and to use a litter box. ■

Fortuitous injury

Fortunately, 9-year-old Jacob Holdaway got hit in the head so hard during a game of kickball in Fairland, Ind., in July that he started vomiting and having severe headaches. Because his parents took him to a hospital for that

head smack, doctors found a golfball-sized tumor that might not have been discovered until after it had become dangerously large. Doctors were able to remove most of it and suspect it was benign. ■

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OPINION

The anti-Ryan smears



richLOWRY

Special to Florida Weekly

Democrats believe fervently in the folly of Paul Ryan's ideas, yet somehow can't speak about them truthfully.

They are confident they can destroy Ryan — not because they think they can win the debate over his proposals on the merits, but because they are certain they can distort those proposals with impunity.

Mitt Romney's inspiring (and inspired) choice of the Wisconsin budget maven as his running mate had commentators on both sides welcoming a clear choice for the country. Romney had done us a favor, they said, in ensuring such a stark clash of visions. The League of Women Voters would approve.

This Hallmark sentiment is nice, though naive. The battle of ideas will be as unsightly and dishonest as the battle over Bain Capital. If Democrats will lie about Mitt Romney killing a woman, it's only a matter of scale to lie about him unloosing a near-genocidal assault on

America's seniors.

Immediately upon Ryan's selection, Obama campaign manager Jim Messina scored Ryan for his "budget-busting tax cuts for the wealthy" (except that there aren't tax cuts, budget-busting or otherwise), for bringing to an "end Medicare as we know it by turning it into a voucher system" (except there's no voucher, and Medicare benefits would stay exactly the same), and for "shifting thousands of dollars in health care costs to seniors" (except the Ryan plan doesn't apply to today's seniors, nor will it shift costs onto the seniors of the future).

The Democrats never want to admit three things about Ryan's Medicare plan. First, that it doesn't affect anyone over age 55 and won't kick in for another 10 years. Conceding this makes the job of frightening elderly voters trickier, so it is best ignored.

Second, that the current version of the Ryan plan gives future beneficiaries the option to keep traditional Medicare. They will choose among a menu of insurance plans, including a fee-for-service federal option, all of which will be required to offer at least the same level of benefits as Medicare now. The federal government will pay everyone's

premiums up to a level matching the second-lowest-priced plan in a given area. There's no reason a beneficiary will have to pay more (although he can choose a pricier plan and pay the difference).

Third, that Ryan and President Barack Obama cap overall Medicare spending at the same level. The president is adamant that the growth of Medicare is unsustainable — and rightly so. Everyone acknowledges that the program is the foremost driver of our long-term debt. Both Ryan and the president use the same formula of roughly GDP growth plus inflation for setting Medicare's global budget.

What the Ryan plan offers, most fundamentally, is a vision of a reformed entitlement state that won't require massive new tax increases or debt to fund. Ten years from now, federal spending still would be at a higher level of GDP than it was at the end of the Clinton years.

This vision — now at the center of the campaign — deserves a serious, honest debate, and will assuredly not get it. ■

— Rich Lowry is editor of the *National Review*.

Paul Ryan: A man with a plan, from fiscal to the physical



amyGOODMAN

Special to Florida Weekly

The floundering Romney campaign was thrown a life ring of sorts last week, from aboard the USS Wisconsin, a decommissioned U.S. Navy vessel based in Norfolk, Va. There, Mitt Romney introduced the man he said would be "the next president of the United States," until he corrected himself. "Every now and then I'm known to make a mistake," Romney confessed. "I did not make a mistake with this guy. But I can tell you this: He's going to be the next vice president of the United States." And with that, Paul Ryan became Mitt Romney's vice presidential running mate, the man who, in the event of a Romney win in November, becomes a heartbeat away from the presidency.

Ryan is considered by many a champion of small government. For women, though, the federal government that Paul Ryan envisions is big, intrusive and controlling. Paul Ryan would ban all abortions, with no exceptions, even in cases of rape, incest or the health of the mother. In other words, the mother could die as a result of complications from the pregnancy.

The Planned Parenthood Action Fund highlighted several other issues, among them, "his budget plan to dismantle Medicaid, jeopardizing the basic health care millions of women rely on, (and) his vote last year to end funding to Planned Parenthood, putting at risk the cancer screenings, birth control, STD testing and treatment, and other preventive care that nearly three million Americans rely on each year."

The anti-choice National Right to Life Committee stated, "Ryan has maintained a 100 percent pro-life voting record." He

is a co-sponsor of the Sanctity of Human Life Act, what critics call the personhood bill, now in Congress, that would define in federal law that "the life of each human being begins with fertilization ... irrespective of sex, health, function or disability, defect, stage of biological development, or condition of dependency, at which time every human being shall have all the legal and constitutional attributes and privileges of personhood."

The law goes on, "a one-celled human embryo ... is a new unique human being." As reported in *Mother Jones*, this law would make normal in vitro fertilization (IVF) practices illegal, as the process creates multiple fertilized eggs, one or two of which might be used to help a woman have a child. The others are frozen, used for research or destroyed, which, under this bill pushed by Ryan, would become murder. *Mother Jones* points out that at least three of Mitt Romney's sons have relied on IVF to give birth to several of his 18 grandchildren. Likewise, the IUD, intrauterine device, which prevents the fertilized egg from implanting, would be illegal.

Virginia Gov. Bob McDonnell introduced Mitt Romney at the Norfolk event. McDonnell was recently in the national spotlight for promoting a state law that would force women seeking an abortion to undergo a transvaginal ultrasound. Republicans, who accuse President Barack Obama of putting government bureaucrats between doctors and their patients, were trying to mandate a medically unnecessary procedure that required the insertion of a wand into a woman's vagina. The provision was widely ridiculed, and may have been one of the reasons Gov. McDonnell himself was not standing next to Romney as his running mate. Yet Ryan, who was, co-sponsored a similar bill, the Ultrasound Informed Consent Act. It contains a bizarre provision that states nothing in the law will "prevent a pregnant woman



Ryan

from turning her eyes away from the ultrasound images."

What we cannot do is turn our eyes away from just how radical Paul Ryan's plans are for more than half of the U.S. population: women and girls. Anti-tax crusader Grover Norquist famously called for a government small enough to "drown in the bathtub." Rep. Nita Lowey, D-N.Y., told online news website *Buzzfeed*, "House Republicans — of which Paul Ryan is a leader — would shrink government so small it can only fit under the door of a woman's doctor's office."

As the Romney-Ryan team stood beside the USS Wisconsin, it was clear that we are not all in the same boat. Corporations are people to be protected. One-celled human zygotes are people to be protected. But when it comes to the already born, flesh-and-blood people of this country, reeling from a massive recession, they would shred the social safety net. Sink or swim is not a plan. ■

— Denis Moynihan contributed research to this column.

— Amy Goodman is the host of "Democracy Now!," a daily international TV/radio news hour airing on more than 1,000 stations in North America. She is the author of "Breaking the Sound Barrier."

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PET TALES

Play it safe

Teach your children how to act if a dog seems dangerous

BY DR. MARTY BECKER AND
GINA SPADAFORI
Universal Uclick



COURTESY PHOTO

Most dogs truly are a kid's best friend, but it's essential that children learn how to protect themselves against dangerous dogs.

Every fall as kids go back to school, we like to remind everyone of the importance of teaching youngsters how to be safe around dogs. And while children are 10 times more likely to be hurt in organized sports than be bitten by a dog, the risks of the latter can and should be minimized.

The experts say the signs are usually there long before a dog attacks. The dog is typically young, male and unneutered. He is usually unsocialized — a backyard dog with little to no interaction with the family. He is often inadvertently conditioned to be vicious by being kept full-time on a chain or in a small kennel run. While people are wary — unfairly so, in many cases — of breeds with bad reputations, it's important to remember that all breeds and mixes can and do bite.

That's why you have to make sure your children know how to behave around dogs to protect themselves. Here's what everyone should know, and what parents need to teach their children:

■ Never approach a loose dog, even if he seems friendly. Dogs who are confined in yards, and especially those dogs on chains, should also be avoided. Many are very serious about protecting their turf. If the dog is with his owner,

children should always ask permission before petting him and then begin by offering him the back of a hand for a sniff. Further, they should pat the dog on the neck or chest. The dog may interpret a pat on the head as a challenging gesture. Teach your children to avoid fast or jerky movements around dogs, since these may trigger predatory behavior.

■ "Be a tree" when a dog approaches, standing straight with feet together, fists under the neck and elbows into the chest. Teach your children to make no eye contact, since some dogs view eye contact as a challenge. Running is a normal response to danger, but it's the worst possible thing to do around a dog, because it triggers the animal's instinct to chase and bite. Many dogs

will just sniff and leave. Teach your children to stay still until the animal walks away, and then back away slowly out of the area.

■ "Feed" the dog a jacket or backpack if attacked, or use a bike to block the dog. These strategies may keep an attacking dog's teeth from connecting with flesh.

■ Act like a log if knocked down: face down, legs together, curled into a ball with fists covering the back of the neck and forearms over the ears. This position protects vital areas and can keep an attack from turning fatal. Role-play these lessons with your child until they are ingrained. They may save your child's life.

Discuss safe behavior with your children and role-play how to approach dogs, when not to approach, and what to do if confronted or attacked. You don't need to scare your children, but you do need to make sure they're ready, just in case. And going over the "what-ifs" isn't a bad idea for you as well, especially if you enjoy outdoor activities such as jogging or biking.

What if the dog you're worried about is in your own home? Ask your veterinarian for a referral to a veterinary behaviorist sooner rather than later. Aggression doesn't go away on its own: Someone will get hurt, and your dog will likely end up euthanized as a result. Don't take a chance: Get help before someone gets hurt. ■

Pets of the Week



>> **Lucas** is a 1½-year-old neutered Border Terrier mix. He weighs 17 lbs. He loves to be outside and enjoys walks and squeaky toys.



>> **Mittens** is a 2-year-old spayed domestic. She was found as a stray and brought in by a Good Samaritan to be fixed and micro chipped. Both had already been done — it turns out she did once belong to someone who no longer wanted her. When bringing a new cat in the house gentle introductions and a little time is always recommended.

To adopt a pet

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LARAMIE

From page 1

Matthew, left in a coma with severe brainstem injuries, was discovered 18 hours after the beating by a cyclist who initially mistook him for a scarecrow. He later died at a Colorado hospital.

Matthew's savage beating and murder in 1998 shocked the nation, and spurred hate-crimes legislation across the country.

The horror of the crime also inspired "The Laramie Project," a play by Moisés Kaufman and members of the Tectonic Theater Project that will be performed one time, Sept. 8, through the Maltz Jupiter Theatre's Youth Artists' Chair.

"The Laramie Project" is based on hundreds of interviews the theater company conducted with people from Laramie, their own journal entries and bits from news reports about the incident. A cast of eight will perform more than 60 characters, including the two killers.

Leading that cast and creative team is a group of budding theatrical talents who are shadowing their professional counterparts at the theater.

"I came into it not knowing too much all that P.R. and marketing really was," said Tori Pavlock, age 15 and a sophomore at Suncoast High School. She has been shadowing Jennifer Sardone-Shiner, the theater's director of marketing.

"She has learned how to deal with a budget and how much everything costs," said Linnea Brown, the theater's director of public relations.

Says Ms. Pavlock: "They're all so smart, and it's been a pleasure working with them. Everyone is so nice here. That's why I keep coming back."

There are larger lessons at stake, besides P.R. and marketing.

Many of the creative team had not heard the Matthew Shepard story.

"I read it over winter break last year, and immediately after reading it, I knew I wanted to be involved with the project," said the show's director, Corinne Thomas, 17, and a senior at Suncoast.

"I was sort of the same. I didn't know about it until they announced the show. I was really surprised that I didn't now about it," said Jessica Woodard, a 17-year-old home-schooled student who is the production's costume designer.

Ms. Pavlock has not seen "The Laramie Project," but has read the script twice.

"I love that it's a real story. I was going through the script the other day, and there are so many lines that are just raw and so real. A big part is that it's such a small town and how it really influenced everybody. It just really brings light on you, like your little actions can affect everybody, and you have to be careful and think through everything you do," she said.

Julie Rowe is glad to hear that.

Ms. Rowe is education director at the Maltz's Paul & Sandra Goldner Conservatory of Performing Arts.

"I actually feel very hopeful that I am working with this really inspiring group of young people on all facets, and they are dedicated. They are empowered. They're taking it and running with it and I feel very hopeful for the future of the theater," she said.

When theater is done right, it can transport its players and its audiences beyond the stage and the auditorium.

"This story is making them civically active, so that's another making me hopeful that the future of our society can be improved one little story at a time," Ms. Rowe said.

Both Ms. Thomas and Ms. Pavlock said that gay students at Suncoast freely identify themselves as gay.

"There's not really any hate that I know of. Of course, there are some people who are passive to it," Ms. Pavlock

said.

Ms. Rowe sees things differently.

"You know, I think we're getting good at kind of ignoring it and it's still a major problem ... That's why I think it's so important for us to tell this story. We still need to stand up and speak our truths and speak them again and speak them again," Ms. Rowe said.

The theater offered the cast and creative team a series of panel discussions with members of the Maltz staff and clergy from the Metropolitan Community Church of the Palm Beaches to learn about the process of coming out and being gay in America.

The Rev. Lea Brown, pastor at MCC, said she spoke to the students.

"It was very powerful and very affirming. We were honored to be invited. I went with my partner and shared a lot about my story and answered a lot of questions about homosexuality and the Bible," she said.

Like Ms. Rowe, the Rev. Brown said prejudice and bullying still exist throughout society.

Even so, she feels optimistic.

"We were just really glad to have the opportunity to reach across the generations. We see how the Maltz uses every production as an educational experience," she said. "It gives you great hope. It's interesting because the most nerve-racking part is you know what high school or college was like. It was very healing."

Part of that healing is education.

"There's a line in the play that using slurs is a form of violence, so calling someone a derogatory name about their gender, their religion, their race, any of it, is a form of violence and standing up and saying these things are not OK is a learning curve," Ms. Rowe said.

Also a learning curve: drawing individual, nuanced performances from a cast that has to portray upward of 70 townspeople.

"I think it's about 68 characters in total. It's a challenge, but it's fun. Every day in rehearsal, I give my actors notes. 'Differentiate between your characters, so we can really see this is a Laramie resident, this was the limousine driver who knew Matthew. This was the owner of the bar that he was seen in the last night,'" said the director, Ms. Thomas. "You really have to bring vocal differentiation and posture and body movement that will be unique and representational of each person."



Director Corinne Thomas (center) works with her creative team on "The Laramie Project."

COURTESY PHOTO

in the know

- >> **What:** "The Laramie Project"
- >> **When:** 8 p.m. Sept. 8
- >> **Where:** The Maltz Jupiter Theatre, 1001 E. Indiantown Road, Jupiter
- >> **Tickets:** \$20
- >> **Info:** 575-2223 or www.jupitertheatre.org

Wardrobe plays a role in that.

"Things like hats, jackets to throw on. Even like props. Something like a Bible for a priest to have onstage," said Miss Woodard, the costume designer.

Miss Woodard, a frequent performer in student productions at the Maltz, said it's her first time working behind the scenes.

"It gave me such an appreciation for the people that work so hard behind the scenes to make the show happen. You can't have a show without a director. You can't have a show without costumes to help differentiate the characters," she said.

It is a good group, according to the director.

"Oh, it's a great team. We have an amazingly bright group of behind-the-scenes people in addition to the actors, so it's been fun to work with everyone," said Ms. Thomas.

Rehearsals were going full-speed in

August, were to taper off once the school year started, then resume once the production drew near.

Those rehearsals will be vital for a cast that plays multiple roles.

"I'd say there are two main characters that I play and then there's a bunch of secondary ones, six to 10," said Caiti Marlowe.

And those roles can keep piling on as rehearsals reveal the need for logistical changes.

"A week ago I got two more characters because there was a conflict with staging, so we just keep handing out characters," said Matthew Paszkiet, who portrays 12 characters.

Costumes help differentiate the characters; so does basic acting.

"To me, as an actor, I think it's the posturing and the voice. All that differentiation is really important in acting, so I'm having a lot of fun with it, finding a lot of different ways to act with each character," said Ms. Marlowe, an 11th-grader at the G-Star School of the Arts.

Penetrating the psyche of a character can be difficult.

"I find it very interesting but it's very hard because before you go on you have to be in the mindset of your character. You know, what is

this character thinking? What is his motivation," said Mr. Paszkiet, a freshman at Dreyfoos School of the Arts.

Using the script as a guide helps, but roles are open to interpretation.

"You still have to pick a voice and you have to pick a posture for every character. Every character has a story, and the only thing backing you up is your costume or a prop," he said.

Ms. Marlowe has cut her teeth on musicals, having performed in student productions at the Maltz and elsewhere. Last year, she was the lighting designer for the Maltz's student production of "The Good Times are Killing Me."

This is her first straight play.

"In musicals you are allowed to be animated and happy. This is more emotional. It's a bigger connection to me. Musical are really fun. I love musicals. That's how I got into theater in the first place. I'm really liking plays right now, because I've read a lot of plays but this is the first one I've been in," she said. "I always cry when I read plays. It never really happens when I read musicals."

Mr. Paszkiet also has experience in musicals, and is a part of the Maltz conservatory's Youth Touring Company.

But for Mr. Paszkiet, the rest of the cast and the audience, the production becomes less about a play and actors and more about a town in which the unspeakable happened.

The focus remains on Matthew Shepard, who was described by his father, Dennis Shepard, as "an optimistic and accepting young man who had a special gift of relating to almost everyone. He was the type of person who was very approachable and always looked to new challenges. Matthew had a great passion for equality and always stood up for the acceptance of people's differences."

"The Laramie Project" examines human nature, and nature itself.

"They always talked about the landscape in Laramie, how the sky had so many stars and that was kind of like their home, and that was one of the last lines was that Matthew looked up at the stars," said Ms. Pavlock, the marketing director of the production.

Maybe now he's smiling from beyond those stars at a town's lesson in tolerance. ■



Members of the student production team for "The Laramie Project" at the Maltz Jupiter Theatre include, from left: Jessica Woodard, costume designer; Charly Hamann, sound designer; Cuylla Brown, lighting designer; Corinne Thomas, director; Victoria Pavlock, director of marketing; and Jennifer Vabinder, props and scenic designer.

COURTESY PHOTO

Loggerhead Marineline Center accepts Go Blue Awards nominations

SPECIAL TO FLORIDA WEEKLY

Loggerhead Marineline Center is accepting nominations for the 2012 Go Blue Awards, which are given annually to three individuals and a business that have promoted, implemented or contributed to a "blue" lifestyle of ocean conservation. Nominations can be made through Sept. 1 and finalists will be announced on Sept. 20 at the Blue Friends Society social event at PGA National Resort & Spa in Palm Beach Gardens. An application is available at marinelife.org/bluefriends.

All nominations will be reviewed by a panel of judges including Dr. Sylvia Earle, Greg Marshall, Dr. Edie Widder, Dr. Gary Adkison, Susan Murray, James Harvey and Sally Murray. The judges will narrow the list to four final candidates for each award. The winners in each category will be announced on Oct. 26 at the Fourth Annual Go Blue Awards Luncheon hosted at PGA National Resort & Spa featuring keynote speaker, David Doubilet. An explorer of the world's waters and National Geographic photographer, Mr. Doubilet has photographed in the depths of such places as the southwest Pacific, New Zealand, Canada, Japan, Tasmania, Scotland and the northwest Atlantic.

Nominations for the 2012 Go Blue Awards are based on several criteria. The Eleanor Fletcher Award will recognize a person who exemplifies a lifelong, extraordinary commitment to marine conservation education through their work or volunteer activities that are similar to Eleanor Fletcher, founder of LMC.



The Blue Ambassador of the Year Award will recognize a person who has made significant contributions in ocean conservation in south Florida through volunteer related activities.

The Blue Friend of the Year Award will recognize a person who has made significant contributions in ocean conservation through work related activities.

The Blue Business of the Year Award will recognize a business that has made outstanding contributions toward promoting conservation or restoration of marine life and/or marine ecosystems through their practices, products or technology.

For more information on the Go Blue Awards, to purchase tickets to the Fourth Annual Go Blue Awards Luncheon, or to learn more about sponsoring the luncheon, see marinelife.org/bluefriends.

Loggerhead Marineline Center, a non-profit organization, is committed to the conservation of Florida's coastal ecosystems through public education, research and rehabilitation with a focus on threatened and endangered sea turtles. The center features an on-site campus hospital, learning exhibits and aquariums. For more information, see marinelife.org or call 627-8280. ■

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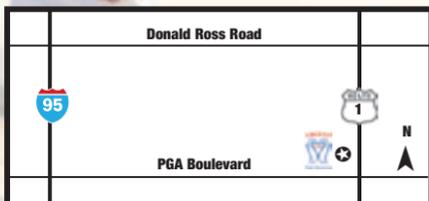
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HEALTHY LIVING

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Laura motioned to the bartender to refill her glass, though she was already inebriated. Ryan tried to catch Laura's attention, but she seemed to be deliberately avoiding him. "Haven't you had enough?" he hissed but Laura pushed past him, swaying unsteadily on her feet. Ryan cringed when he saw her join a group of their friends, knowing her lack of control would be obvious to everyone. When Laura had too much to drink, she often made a spectacle of herself, injecting shrill off-color jokes into the conversations, with little regard to the sensitivities of others.

Ryan was mortified when she behaved like this. He was afraid to confront her at the party for fear of escalating things to an ugly scene. They'd gone over his disgust a thousand times in the past. Laura would either apologize profusely, promising to stop drinking completely, or else, she would become belligerent, accusing Ryan of getting on her case and making a huge deal over a harmless good time.

Laura's behavior was pushing his limits, and he was going to give her an ultimatum. He wouldn't stand for this anymore. But he knew in his heart that she never took his threats seriously, because he always came around after an argument.

The morning after an ugly scenario,

people are often truly remorseful and have the best of intentions to seriously address their drinking excesses, but as time evolves, the resolve may fade, and people often resume the very patterns that caused so much distress. Unfortunately, in most cases, it's just not enough to say: "I'm sorry," or "I'll cut back." It takes a serious commitment to understand the full extent of the problem, and a serious, mapped-out plan to make sustainable changes.

Even if you start the day believing you have matters under control, the temptations and availability may quickly dampen the most stringent of resolves. Of important concern is that the ones you socialize with may not be motivated to stop drinking just because you have decided to. These people may encourage you to continue the old habits and intentionally, or unintentionally, sabotage your efforts. It may be necessary to cut ties with former drinking buddies, or give up memberships to social environments that will promote unhealthy activities. There may be tremendous resistance on your part, (and the part of your loved ones), to make these drastic changes because these affiliations have been such a central part of your lives. It will be a challenge to fill these voids with different activities and relationships.

For many people living in South Florida, much of the social life, whether it's country club living, happy hours, or cruising down the Intracoastal, revolves around drinking. As time passes, it is not uncommon for folks to begin drinking more frequently and

more heavily without even realizing the extent to which things progress. Just the mention that we may be drinking to excess can kick up defensiveness, irritation or flat-out denial.

Dr. David Hanson's web site at potsdam.edu offers valuable information and support that might be a start in helping you assess whether you indeed have a problem and just how serious a problem you may have. It may be enlightening to ask yourself the following questions:

- Do you drink alone when you feel angry or sad?
 - Does your drinking ever make you late for school or work?
 - Does your drinking worry your family or friends?
 - Do you ever drink after telling yourself you won't?
 - Do you ever forget what you did while you were drinking?
 - Do you ever get headaches or have hangovers after drinking?
 - Have you started hanging out with heavy-drinking friends?
 - Do your friends use less alcohol than you do?
 - Have you ever been in trouble or had legal problems because of your drinking?
 - Do you ever borrow money or go without things in order to buy alcohol?
 - Is drinking hurting your reputation?
 - Do you feel a sense of power when drinking?
 - Do you ever drink until your supply is gone?
- If you or a loved one, (if you are not able to be objective) answer "yes" to

several of the above questions, there is reason to have serious concern.

There is some debate as to whether it will be sufficient to just cut back, or whether it would be necessary for you to embark on a path of total abstinence. Having a drinking problem does not always mean that you are an alcoholic or that you will have to completely abstain from drinking alcohol. Many people who experience problems from drinking choose to reduce their consumption to more moderate levels, if they are able to do so. However, there are many people who are not able to stay in control of their drinking once they have taken their first sip. They do not have the ability to moderate their intake and may be advised to abstain completely from drinking.

There are many web sites that will provide online support and outline realistic strategies for going forward. There are also many supports in the community that help individuals assess the right steps to take, ranging from self-help groups, 12-step programs, outpatient mental health or addiction services to inpatient rehabilitation facilities.

Having the courage to face the impact your drinking has on your personal integrity and on the well being of your loved ones, your friendships and career is a daunting challenge. ■

Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. She can be reached in her Gardens office at 630-2827, or at palmbeachfamilytherapy.com.

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It's that time of year again — the annual search for school supplies. If a new backpack is on your list, here are some ideas to find the right backpack for your child and ensure that the backpack is being used correctly.

Backpacks can be a great way for children and teenagers to take books and supplies to and from school. When used properly, backpacks are better than purses, messenger bags or shoulder bags, because the weight in the backpack is supported by the back and stomach muscles, which are the strongest muscles in the body.

■ Here's what to look for in a backpack:

First of all, remember that you should carry no more than 10 to 15 percent of your body weight in the backpack. That means an 80-pound child should have no more than 8 to 12 pounds of books and supplies in the pack.

A bag with too much weight may force the child backward and to compensate, the child will lean forward at the hips or arch the back. This posture may compress the spine and may cause shoulder, back or neck pain.

A good backpack will have two wide, padded straps and a waist strap. Although your child may want to sling the pack over one shoulder (which may be considered "cool"), you should have the child place both straps across the shoulders and wear the waist strap. This will help distribute the weight in the backpack more evenly.

■ Other buying tips:

- Consider the size of the backpack to the size of the child. Younger, smaller children need smaller backpacks.
- Look for a lightweight pack with lots of compartments to help distribute the weight of books and supplies.
- Find a backpack with a padded back to increase comfort and keep sharp objects from poking through the fabric.
- Wheeled backpacks may help with heavy loads but some schools don't allow them. Also, the wheels make it hard to get the backpack up stairs and the design may not fit in a locker.

■ Backpack safety tips

So, you've looked at all the options and have selected the right backpack for your

child. Let's talk about some backpack safety measures you and your child can take.

- Make sure your child knows how to wear a backpack. He or she should use both shoulder straps. Check to be sure the straps are tight enough so that the backpack rests close to the body. Look at how the backpack rests on the back: It should be even in the middle of the back and not fall below the curve of your child's lower back.

- As with any weight, proper lifting is essential to protecting the back. Teach your child to bend at the knees, grab the pack with both hands and then lift it to the shoulder.

- Backpacks can be a hazard to others. Encourage your child to look around before taking the backpack off and try to place it away from walkways so no one trips.

Continue to look for signs that your child is carrying too much in a backpack, such as:

- Struggling to get the backpack on or off.
- Leaning forward or hunching over while carrying the backpack.
- Talking about back pain or numbness or weakness in the arms and legs.

■ How to lighten the load

When your child first brings home the loaded backpack, you may be astonished at the number of materials and heavy books your child is carrying. Try to limit unnecessary items in the backpack such as laptops, cell phones and video games. Talk to your child's school and see if paperback or CD-ROM versions of books are available. Some schools have started placing curriculum materials on the school's website.

Talk to your child about using a locker during the day for books and supplies instead of carrying everything throughout the day. Also, only materials needed for homework or studying should be brought home at night.

If you notice that your child is bringing more stuff home on Friday, check to see if he or she is putting off homework during the week. Good planning may save your child's back!

If your child continues to complain about physical symptoms of back or neck pain, you should consult a doctor.

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Dale E. Hocking is named VP, CFO of Jupiter Medical Center

SPECIAL TO FLORIDA WEEKLY

Dale E. Hocking has been named vice president and chief financial officer of Jupiter Medical Center.



HOCKING

In his role, Mr. Hocking is responsible for maintaining the integrity and accuracy of the financial operations at the medical center, as well as its charitable foundation, JMC announced in a prepared statement.

"We are proud to welcome Dale as a new member of our team," said John D. Couris, president and CEO of Jupiter Medical Center. "Dale's expertise in the financial field coupled with his knowledge of healthcare organizations makes him a perfect fit for this position."

Prior to joining Jupiter Medical Center, Mr. Hocking served as senior vice president and chief financial officer of Central Florida Health Alliance in Leesburg. There, he was responsible for departments including finance, supply chain, revenue cycle, managed care, risk management, information technology and more. He also spent several years as the vice president and chief financial officer of the Mayo Clinic in Jacksonville, the statement said.

Mr. Hocking received a bachelor of science degree in accounting from the University of Florida in Gainesville. He is a Certified Public Accountant.

Mr. Hocking is a member of the American Institute of Certified Public Accountants, Florida Institute of Certified Public Accountants and Healthcare Financial Management Association.

For more information, call 263-2234 or see jupitermed.com. ■

County clerk warns of timeshare scam

SPECIAL TO FLORIDA WEEKLY

In August 2011, Palm Beach County Clerk Sharon Bock issued an alert about a potential timeshare scam that targeted timeshare owners throughout the United States. The scam resurfaced in April, and early this month the clerk's office was alerted once again about callers using the clerk's office name to solicit money.

The scam works like this: The caller claims to be from the clerk's office, and tells the target that the clerk's office has money in his or her name from a

timeshare settlement fund. The callers urge their targets to send money, either through a transfer or by sending a cashier's check, so they can collect from the fund.

Ms. Bock reminds residents that it is important to remember that no one who works for the clerk's office will call and ask to send money to them. Anyone who has been the victim of a scam like this should contact his or her local law enforcement agency. For information about the clerk's office, see mypalm-beachclerk.com or call 355-2996. ■

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WEEK OF AUGUST 23-29, 2012

PALM BEACH COUNTY COMMERCE

Renovations continue at Old Port Cove Marina

SPECIAL TO FLORIDA WEEKLY

Renovations continue at Old Port Cove Marina, the largest marina facility in northern Palm Beach County.

New, full-service amenities at the marina, off the Intracoastal Waterway at channel marker 27, four miles north of the Lake Worth Inlet, will include:

- Sandpiper's Cove, a casually themed restaurant and bar.
- Express Cafe for those who prefer food (sandwiches, soft drinks, beer and wine) and supplies on the go.
- Yacht provisioning service with a wide range of delivered provisions for every level of boater.
- A new marina office, where the management staff will check in visiting boaters and provide concierge service for all boating needs.
- The soon to be remodeled "Boater's Building," which was designed with visiting yachtsmen in mind, will be home to the following amenities for use by owners, captains and crew:
 - Comfortable lounge with flat screen TVs.
 - Private business center.
 - Fully equipped fitness center.
 - New restrooms with private dressing areas.
 - Updated laundry facilities.
 - Complimentary high-speed internet access and Wi-Fi.



COURTESY IMAGES

ABOVE: Old Port Cove Marina is the largest marina in northern Palm Beach County.



LEFT: The Express Cafe will offer food, beverages and provisions.

Serving the public since 1973, Old Port Cove accommodates 200 vessels ranging in size from 20 feet to 200 feet. The marina features state-of-the-art

hardwood decked high performance floating docks by TechnoMarine of Canada. For more information, call 626-1760 or see opch.com. ■

Good Sam nursing chief wins community award

SPECIAL TO FLORIDA WEEKLY

Angela Prestia, Good Samaritan Medical Center's chief nursing officer, received the Commitment to Community award at the Palm Health Care 2012 Commitment to Community and Volunteer Recognition luncheon. Ms. Prestia was honored as a community partner for her continuous dedication to promoting the profession of nursing in Palm Beach County.



PRESTIA

As CNO at Good Samaritan, Ms. Prestia has been known as a leader, Good Samaritan said in a statement. She championed the novice nurse leadership institute, a program for newly licensed nurses that helped integrate them into the profession, and engaged them with colleagues and the community they serve. Ms. Prestia had six nurses from Good Samaritan as participants in the program.

Ms. Prestia is an active member of the Florida Atlantic University curriculum advisory panel for the emerging nurse leader master's degree. ■

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Wonderful water views in Ocean Ridge



SPECIAL TO FLORIDA WEEKLY

This recently updated two-story home offers direct Intracoastal Waterway and sunset views. The home, at 16 Spanish River Drive in Ocean Ridge, features four bedrooms and 3½ bathrooms. All major rooms offer water views. The home has gleaming Brazilian cherry-wood floors, a wood-burning fireplace, eat-in kitchen, first-floor master bedroom, an enormous family room and impact windows throughout. Fite Shavell & Associates lists the home at \$1,600,000. The agent is Val Coz, 561-386-8011, vcoz@fiteshavell.com. ■



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FLORIDA WEEKLY

Northern Palm Beach Chamber of Commerce Business Breakfast



1



2



3



4



5

- 1. Allen West, David Talley
- 2. Andrew Watt, Beth Kigel, Steve Martino
- 3. Brooke Kruhm, Greg Leach, Gail McCormack
- 4. Caroline Fallon, Rayma Buckles, Donna Goldfarb
- 5. Christine Cowan, Christine D'Elousa, Jenny Lee Bakesi

- 6. Jade Valentini
- 7. David Paul, Ja...
- 8. Carla Flores, T...
- 9. William Lauffe...
- 10. Mary Lou Prim...
- 11. Juan Del Chav...

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KELLY LAMONS/FLORIDA WEEKLY

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WITH

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ate Show

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Palm Beach real estate market showing signs of comfort

heather
PURUCKER
BRETZLAFF




Every day I have updates sent to me regarding the real estate market. Currently, about 99 percent of the articles are some sort of spin on how the market is coming back.

I believe it has been on an uptick in our particular area for at least the past year now, but the good news is that we are now hearing this on a national level.

One of the biggest changes that I am seeing in the surrounding market today, really just in the last six months, has to do with resident referrals within communities.

Back in the 1990s and early 2000s when I was selling mostly in private-gated club communities, 90 percent of my buyers were referred by someone else living within the community itself. It was a perfect fit for everyone — the buyer felt comfortable knowing they already had friends within the community, the existing residents felt good that they knew who was purchasing within the community, and as a realtor it was a trustworthy relationship right from the start. Not to mention, I knew exactly what clientele to market to within each community.

One of the most successful marketing tools I used at the time was to travel to the homeowner's existing club, typically in the Northeast, where we would do cocktail parties and presentations on the various communities in the area. The

"fly and buy" programs were very popular and effective. We would reimburse a buyer for their expenses if they flew to the area and purchased a home within a specified period of time.

There was one year when I sold 14 homes on one street within BallenIsles Country Club, where all the buyers came from either the same club or neighborhood in the Northeast. What a great way to build a community!

As the real estate market took a turn over the recent years, I have seen less and less of this type of referral and in fact have had many clients tell me from time to time that they are not sure they can comfortably recommend a friend since they are uneasy with what was happening within the marketplace: community stability, resale values of the homes, changes in membership availability and status of different developers.

As the cycle changes, I am excited

to see resident referrals once again. A resident referral is one of the best referrals you can have. It is a testament to the community and the people who make up scope of the neighborhood, and ultimately defines the neighborhood itself.

Last week I had two clients looking in different communities who both came from resident referrals. One was with another broker and the other came to me through a current resident of The Loxahatchee Club.

The resident contacted me to let me know their friends had been visiting and spent some time enjoying the amenities of the club. I called the friends and began working with them a few days later via email and telephone. They expressed their interest in only The Loxahatchee Club. The amenities of the club, the location and the group of people whom they already knew were a strong testament to where they wanted to spend their win-

ters in Florida.

They will be visiting the area again in a couple of months and feel that the timing is now right to purchase a home in Florida. While there are certainly different viewpoints on the "right time to buy," this couple in particular has realized that the inventory is really rather low once you define a specific area and have certain requirements for home size, finishes, etc. — and then there is the price!

Price has been a very interesting discussion recently, as many clients feel that they can come to our area from the Northeast, Canada, or even London and name their price. This is not necessarily so true now that there is a much lower inventory and the better product is being purchased at very good prices. However, going back to the referral from their friend or neighbor — clients feel much more secure in the decision making process. Possibly paying slightly higher for a home that they once thought they could get for much less, but ultimately knowing that the market is stronger, the club is financially sound, and that the existing members and residents within the club are happy with their surroundings. My clients for The Loxahatchee Club remain optimistic and will likely find what they are looking for upon their return in late October.

Client referrals show that if residents feel comfortable in their surroundings, then they are likely to invite others. We are now in a market that is showing signs of comfort. ■

— Heather Purucker Bretzlaff is a broker and Realtor Associate at Fite Shavell & Associates. She can be reached at 722-6136, or at hbretzlaff@fiteshavell.com.



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Looking for an apartment? BBB offers tips for renting

SPECIAL TO FLORIDA WEEKLY

Whether you are a student looking for a place to live or your job has transplanted you somewhere new, searching for an apartment can be a daunting task. The Better Business Bureau receives hundreds of complaints against apartment complexes every year, consistently placing the apartment industry on BBB's top 25 list of most complained about industries, the bureau reports.

Of the hundreds of complaints received last year, most allege consumers were billed incorrectly, had difficulty getting their security deposits back or getting repairs handled in a timely manner. Before signing any lease, make sure you read through the terms carefully and understand your responsibilities as an apartment tenant.

Make sure the following information is included in your lease:

- Specifics on how all maintenance and repair concerns are handled and within what timeframe. For example, some communities include light bulb replacement as the landlord's responsibility.
- Information about what your security deposit covers and the conditions for deductions.
- The conditions under which your rent or other fees can be increased during your lease term.
- Information about whether you are allowed to sublet your unit.
- When monthly payments are due and where rent can be paid.
- What insurance coverage is included. Upon move-in, do not forget to document the condition of your apartment. Make

sure to include each and every flaw or defect in your apartment so that you are not held responsible for those damages later. It's advisable to also take photos of your unit prior to move-in so that you have documentation available in case a dispute arises after move-out.

The bureau also suggests that renters:

- Check out the apartment with BBB first. Go to bbb.org to see the BBB Business Review of the apartment you are considering. This will show its BBB rating, any history of complaints, as well as contact information.
- Visit each complex in person before putting down a deposit. Tour all amenities to be sure they meet your needs (swimming pool, work out center, parking, etc.). Websites often use pictures taken only from the best locations on the property or of promotional units.
- Keep a signed copy of the lease. Keep your lease in a safe place in case you need to refer back to it.
- Know your rights as a renter. Check with your local regulatory agency to see what the renter laws are that apply to your area. Housing codes, which govern apartment rentals, are set by local authority — city, county or state.
- Consider renters insurance. When a tenant's belongings are damaged or stolen, the apartment complex is very rarely held liable. Renters insurance would cover your losses in the event of fire, burglary or other damage. Pay attention to deductibles and coverage limits when choosing a policy. To check the reliability of a company and find trustworthy businesses, visit bbb.org. ■

ARTS & ENTERTAINMENT A21

WEEK OF AUGUST 23-29, 2012

A GUIDE TO THE ARTS & ENTERTAINMENT SCENE



Hoary redpoll

NESTS

*Photographer
views avian
homes as
works of art*

BY NANCY STETSON

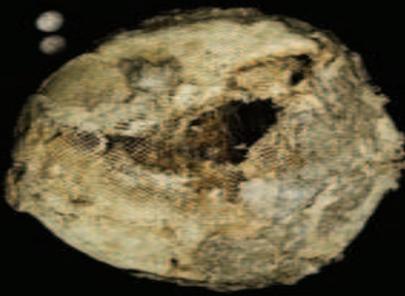
nstetson@floridaweekly.com

THE NESTS ARE, QUITE SIMPLY, ASTOUNDING. They're not only amazing feats of engineering, but works of art, sculptural and exquisitely crafted. Some of them, with their swirls of twigs, look like miniature versions of Andy Goldsworthy sculptures. "They are works of art, in the sense that form follows function and good design," declares San Francisco photographer Sharon Beals. Her book, "Nests: Fifty Nests and the Birds That Built Them" (\$29.95, Chronicle Books) contains 50

SEE NESTS, A24 ►



Bank swallow



Golden masked tanager



Barn owl

SHARON BEALS / COURTESY IMAGES

Sultry Savalas exudes glamour at Royal Room

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

Ariana Savalas slinks through the crowd and makes her way to the stage, reminding her audience at The Colony's Royal Room of stars of another era.

She evokes Rita Hayworth, perhaps, for sheer glamour and talent, and Veronica Lake for that dazzling blond mane, only unlike Miss Lake, Ms. Savalas keeps both eyes fixed on her audience as she sings her way through classics of the Great American Songbook, with help from a four-piece band.



SAVALAS

She opens with Cole Porter's "I Get a Kick Out of You," delivering Porter's witty wordplay with aplomb, and Duke Ellington's "Do

Nothing till You Hear from Me" with an easy, sexy vibe.

Her sound has the echo of another era, too. Her range is not large, but the voice is easy on the ears, with a rapid vibrato that harkens to the days of Bessie Smith, Dinah Washington or maybe Etta James.

And she teases the men of the audience, much as those great blues ladies did, parking herself on the lap of one man, and teasing the wives of others.

She clearly is having a good time during her return to The Royal Room.

If her name sounds familiar, it's because she is the daughter of Kojak himself, Telly Savalas, from whom she seemingly inherited that sheer joy of performing, if not the trademark chrome dome.

He was iconic, and his daughter may well be, too, given her songwriting ability on such songs as her first single, "Perfect Man," the video for which features "Grey's Anatomy" star Eric Dane.

Ms. Savalas sat down for an interview the day before her opening night at The Colony.

Her extended engagement continues Aug. 24-25 and Aug. 31-Sept. 1.

She was clearly excited to be there.

Q: It just looks like you have a blast with this.

A: It probably is the biggest blessing in the world when you can do what you love as a job.

You know, jobs are divided, I guess, into two categories. One them is, you do the job you either kind of hate or don't really like, but it makes you either the money or the resources to do what you want to do, so that you can go and play jazz in the middle of the night if you want to or take crazy vacations.

Then there are the other kind of jobs, especially if you're in music, usually the people who decide to get into it. It's an extremely hard vacation but the music part of it is like a vacation ... I have a lot of fun. It's the best thing in the world.

Q: Whom do you listen to?

A: The list is endless, but my favorite people probably would have to be

Remember Andrew at Miami Science Museum

SPECIAL TO FLORIDA WEEKLY

Do you have a story to tell about Hurricane Andrew?

The Miami Science Museum will host Hurricane Andrew Remembrance Day from 11 a.m. to 5 p.m. Aug. 25.

The events include:

■ A planetarium show, "Remembering Andrew Under the Stars," at 11 a.m. and 4 p.m.

■ Hurricane Forecasting: Then and Now, a discussion, from noon to 12:45 p.m., led by Frank Marks, director of the Hurricane Research Division, and Chris

Landsea, science and operations officer with the National Hurricane Center.

■ Hurricane Andrew Remembered, from 1:30 to 2:15 p.m., will feature Max Mayfield, former director of the National Hurricane Center, now hurricane consultant on WPLG-ABC 10; Stan Goldenberg, researcher at NOAA's Hurricane Research Division, and Bryan Norcross, former WFOR-CBS 4 meteorologist, now on The Weather Channel.

■ The Aftermath of Hurricane Andrew from 3 to 3:45 p.m., with Kate Hale, the former director of Miami-

Dade Emergency Management, and Richard Ford of the Salvation Army Disaster Relief Team.

■ Theater video presentations: Andrew Specials at 11:20 a.m., 12:50, 2:20 and 3:50 p.m.

■ Tropical weather briefings at the Magic Planet at 11:45 a.m., 1:15 and 2:45 p.m.; kids' activity stations where visitors can share their Andrew stories.

The day's activities are free with paid admission.

The museum is at 3280 S. Miami Ave. See miamisci.org. ■

SEE SAVALAS, A31 ►

SANDY DAYS, SALTY NIGHTS

Breaking our hearts wide open



I'm at a retreat for the next three weeks in the south of France, and I'm writing this on the first day of hunting season with the sound of gunshots and the baying of hounds drifting through the open window above my desk.

There is a woman here, a poet, who is writing the story of how she met her husband. The way she tells it, she was tired of heartache, so she set aside her lascivious habits — and the men who treated her poorly — and her husband arrived in her life soon after. Now, she has such a sweetness to her that it's hard to imagine she ever had her heart broken.

Earlier in the week, still fighting jet lag and feeling unsettled, I listened to a friend as he drove me down from the village to buy groceries. On the winding mountain road he asked in his Irish brogue, "So, have you fallen in love since the last time I saw you?"

I shrugged my shoulders and mumbled something about life being tough.

"We shouldn't let life harden our hearts," my friend said as he downshifted through a tight curve. "We need to let it break us open to the world. That's how we learn to love."

I turned my face to the craggy side of the mountain so he wouldn't see me roll my eyes.

There's another man at the retreat who speaks little. He joins us for dinner and sips quietly at his tea while everyone else talks long into the night. I've noticed a hardness to him, a shell that seems impossible to breach, and I'd be lying if I said I didn't recognize some of that hardness in myself. I asked him once what he writes, but he shook his head and said he was only here to read.

"But you must have written at some point," I said. "Most people who love to read also give writing a shot."

The man smiled. "It's a very long story," he

said.

When I stood waiting to hear more, he flushed in the bright light of the kitchen. "I used to write and then something very personal, something very tragic, happened," he said, picking up his tea and ducking quickly out the door.

At the retreat, we talk a lot about signs, about the way life seems to line up here. So it shouldn't have surprised me that two days after the conversation with my Irish friend in the car, I found this passage in "Anatomy of the Spirit" by

Caroline Myss: "We will all have experiences meant to 'break our hearts' — not in half, but wide open. Regardless of how your heart is broken, your choice is always the same: What will you do with your pain?"

So I watch the reader from a distance, and I take note of the way he covers himself with his silence like a blanket. I watch, too, the poet, a woman who is luminous with love.

I can't help but marvel at the diverging paths we follow in the wake of our broken hearts. The problem is knowing which one to choose. ■



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CONTRACT BRIDGE

BY STEVE BECKER

Duck soup

The holdup play, whether it is used by declarer or a defender, is one of the most effective plays in bridge. It comes in a variety of forms and, properly applied, can completely alter the outcome of a deal.

Today's hand, from a national team championship, provides an unusual example of the holdup play. At both tables, declarer wound up in four spades, and both Wests led a club.

At the first table, declarer put up dummy's ace and returned a club, planning to ruff one or two of his club losers in dummy. But East had no trouble diagnosing South's intention. He won the club with the king and played the ace and another spade. Declarer eventually lost two more clubs and finished down one.

At the second table, South anticipated that the defenders would switch to trumps if he played the ace and another club. So instead of taking the first trick with the ace, he played low from dummy. This simple maneuver rendered the defense helpless.

If East, after winning the club, returned anything but a trump, declarer would win and ruff two clubs in dummy to finish with 11 tricks. So East played the ace and another trump, just as his counterpart had at the other table — but this time, to no avail.

Declarer won the second trump, cashed the A-K of hearts and ruffed a

heart. When the opposing hearts divided 3-3, South had the rest of the tricks, using the still-present ace of clubs as an entry to collect dummy's two good hearts.

Withholding dummy's ace of clubs at trick one, inconsequential as it might seem, thus made a two-trick difference in the outcome. ■

North dealer.

Both sides vulnerable.

NORTH
 ♠ Q 6
 ♥ K 9 8 3 2
 ♦ K J 8 4
 ♣ A 5

WEST

♠ 7 3
 ♥ Q 10 7
 ♦ A 9 7 3
 ♣ Q 10 8 2

EAST

♠ A 2
 ♥ J 5 4
 ♦ Q 10 6 5 2
 ♣ K 9 4

SOUTH

♠ K J 10 9 8 5 4
 ♥ A 6
 ♦ —
 ♣ J 7 6 3

The bidding:

North	East	South	West
1♥	Pass	1♠	Pass
2♦	Pass	4♠	

Opening lead — two of clubs.

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NESTS

From page 21

photographs of nests, showing the wide variety of design and materials. Each full-page photograph is paired with a page containing an illustration of the bird plus text describing its characteristics, mating rituals and nest-building materials and process.

When we think of a bird's nest, most of us probably picture a small, somewhat shallow, cup-like object made of twigs. But Ms. Beals' photographs reveal much more complex structures of diverse shapes and sizes, made from twigs, grasses, pine needles, feathers, sheep's wool, seaweed, mud, moss, spider webs, animal fur and human hair. Some, such as the house finch's nest she photographed, even incorporate man-made items such as twine, ribbon, paper and thread, looking more as if an artist created them than a bird.

"That was collected in the '60s, even though it was full of detrius, remnants from the trash bins of a dress manufacturer," Ms. Beals says about the house finch nest, which she photographed at the Western Foundation of Vertebrate Zoology, one of three institutions that allowed her access to their collections of nests from around the world. (The other two were The California Academy of Sciences and the Museum of Vertebrate Zoology at UC Berkeley.)

"I was like a kid in a candy shop," she says. "I photographed as many different kinds of nests I could, in the time I was there. In editing, I tried to find nests of birds throughout the taxonomic order, as many different kinds of birds that are possible... and I tried to find the nests of birds that were endangered or threatened."

Sharp detail

It's rare to see these nests and eggs, as the protective Migratory Bird Treaty Act of 1918 prohibits the collection of the birds, nests, eggs and feathers of more than 800 species.

"They're really quite beautiful in their construction," she says of the nests. "It was a pure pleasure to photograph them. My first experience of shopping through the cabinets of nests was at The California Academy of Sciences. That was the first location where I got to see nests. They were quite wonderful ... I was immediately drawn to them as works of art."

She shot the nests with a 39-megapixel high-res camera, in order to obtain the sharpest resolution and detail. The nests are highlighted on a rich black background.

"I wanted to make the prints reveal all of the details as intimately and as finely as I could," she says.

The photographs are also available as prints, in limited editions. Ranging in size from 15 by 15 inches to 42 by 42 inches. They cost anywhere from \$500 to \$3,200.

"They make beautiful large prints," she says. "The bigger, the better ... you get to see all of that detail."

Striking image

Ms. Beals' images are so striking that the book's designer decided not to use any words on the cover, just her photograph of a hoary redpoll's nest with four light blue eggs sprinkled with brown spots, nestled in soft, white feathers.

Though neither her name nor the name of the book appears on the cover, "It's brilliant," she says, adding type on the front would have interrupted the imagery. "It competed with it."

According to Ms. Beals' text, the hoary redpoll is "a handful of fluff weighing just two-thirds of an ounce that breeds in



House Finch

in the know

How they build them

If you're interested how birds make their nests, you might want to read "Avian Architecture: How Birds Design, Engineer & Build" by Peter Goodfellow (\$27.95, Princeton University Press).

While Sharon Beals' book "Nests" displays the glorious and gorgeous end result, Mr. Goodfellow's book shows the step-by-step process different birds use to create their homes. The book uses a combination of photographs, illustrations and blueprints of birds' nests of all kinds, including platform nests, aquatic nests, cup-shaped nests, domed nests, mound nests, hanging, woven and stitched nests, and nests found in holes and tunnels.

Seeing exactly how birds create these structures doesn't dilute their mystery or beauty, but simply adds to our admiration of their accomplishment.

— Nancy Stetson



the Arctic's nearly barren islands, stunted forests and tundra..." They line their nests with "insulating softness, from fine grass to willow cotton, caribou hair, vole fur, or ptarmigan feathers."

The hoary redpolls live year-round in the Arctic.

"They manage to do this by making these very well isolated nests," she says, "and they double their weight in down in winter. They have a way of harvesting seeds so they can eat them undercover. Their beauty is a reflection and function of their survival."

In contrast, the long-tailed tit's nest is an egg-shaped dome made of moss, spider webs and the silk of approximately 100 spider cocoons.

"It took a pair of long-tailed tits a month to form this pouch, cover it with lichen and line it with at least 1,500 feathers that took 26 miles of flying to collect," Ms. Beals says. "They're remarkable creatures, just remarkable."



Caspian tern

The nests in "Nests" are diverse: The small ground finch's looks like a lumpy bag made out of cotton balls, while the strange weaver's nest, made with curly reeds, looks as if someone knit a vase, leaving a hole at the bottom. The golden-hooded tanager's nest is hidden in a scavenged honeycomb; the Caspian tern's shallow nest is also barely visible, camouflaged with colorful shells.

Recognition

Ms. Beals first became interested in birds after reading Scott Weidensaul's 1999 book, "Living on the Wind: Across the Hemisphere with Migratory Birds." She was thrilled he wrote an introduction for her book. It concludes with this statement: "...Sharon Beals allows us to see the beauty and splendor of nests anew, through her remarkable photographs. Her lens marries art, history, ornithology, a genetic legacy stretching back tens of

millions of years, and our fundamental wonder at the exquisite, instinctive architecture of that which is a bird's nest."

American Photo magazine included "Nests" in its list of the Top 50 Photo Books of 2011, and Scientific American magazine used several images from the book in an article about the importance of museum collection.

Ms. Beal was invited to give a lecture at TED2012 earlier this year. Currently, she's working on a series of photographs of beach plastic, showing the trash that humans leave behind. The Sydney Aquarium in Australia will display four photos from that series in November.

She hopes to do another book of nests, a sequel.

The whole process, she says, "was one of wonderful surprise. Feeling a relationship with nature and beauty and science was beyond (what I'd ever dreamt of.) It was the best experience of my life." ■

KOVELS: ANTIQUES

Versatile stool served as commoners' seating solution



A "cricket" is an insect, but it also may be a footstool. The cricket (footstool) was usually no more than 12 inches high. It was used as a seat for very young children in school or as a foot rest. Larger stools, 12 to 18 inches high, were used for seating teenage children and adults. A few stools were used like steps to help short people get into bed, and some very tall stools were made for stand-up desks. Taverns often used stools as seats. Chairs were made only for kings and very important people until the early 1700s. Chair-makers made stools in popular chair styles. Upholstered stools were billed as chairs were: one charge for the frame, an added one for the upholstery. Fabrics were expensive before the end of the 1800s, so the frame usually cost less than the fabric. Footstools are still popular as pull-up seating, low tables and foot rests and for small children. They have been made in all styles and all sizes.

Q: I have an old 9-inch figurine with "Chas C h a p l i n" engraved into the front of the base. The mark printed on the bottom is "Mark H a m p t o n Co. Inc., 1328 Broadway, New York City, Copyrighted 1915-1910." What is it worth?

A: Charlie Chaplin was the most famous film star in the world by the end of World War I. His legacy and star power carry on to the present day. Early 20th-century figurines like yours are collectible.

A Mark Hampton Co. Charlie Chaplin figurine in good condition with the original box recently sold at auction for \$275.

Q: My coffeepot is marked "D.W. Haber & Son, pat. 3994044, N.Y." I have been unable to find out anything about it. It's heavy and polishes up like silver. I bought it for \$1 at a yard sale.

A: D.W. Haber & Son was founded in 1902 in New York and is still in business. It began as a silver repair business and then began making heavy silver-plated hollowware for hotels, cruise lines and other commercial uses. Since 2001, manufacturing has been done outside the United States.

The company holds several patents, which include improvements to chafing dishes, coffeepots, compotes and urns. The patent on your coffeepot is for a heavy-duty hinge for restaurant and commercial ware. It was filed on Dec. 15, 1975, and issued on Nov. 30, 1976.

Q: I have some Jaru ceramic accessories from the 1970s: three vases, a covered ginger jar and a stylized nude figurine. They are all covered with a

brown glossy glaze. What value would you attach to these pieces?

A: Jaru Art Products was started in 1950 by Jack and Ruth Hirsh in Culver City, Calif. The name is a combination of the first two letters of their first names ("Ja" and "ru"). Jaru sold artwares and figurines by different artists.

The company later created its own lines. Most pieces were marked with a simple paper sticker, although some have an impressed mark.

Jaru changed hands in 1968 and stayed in business until the 1990s by diversifying and importing products. Collectors prefer pieces made before 1980. Your vases and ginger jar could sell for \$20 to \$75 each; the figurine is worth about \$100.

Q: I have a Salvador Dali etching of El Cid. There is a certificate of authenticity glued to the back that states it is an original etching. The certificate is from the Collectors Guild of New York City. I'm curious about the value.

A: Salvador Dali was a famous 20th-century Spanish surrealist painter. Besides painting, he also experimented with sculpture, film and photography. In the early 1960s, he was

commissioned to make a print series titled "Five Spanish Immortals" and based on historic Spaniards. The five included El Cid. The original etchings were printed in a total edition of 180 on two types of paper, one in black ink and one in sepia ink.

Each example of this edition was hand-signed by Dali in pencil on the lower right

corner. Many were marketed by the Collectors Guild.

In 1968 the Collectors Guild published a new edition of the "Immortals."

For this edition, Dali etched his name into the printing plate instead of hand-signing the prints.

Thousands were printed. A rare hand-signed edition sold at auction in 2012 for \$250. An etched-signature edition recently sold for \$40.

Tip: Fishing line is strong and almost invisible and can be used to tie fragile items to a base or wall. This will prevent damage from earthquakes, toddlers and dogs with wagging tails. ■

— Terry Kovel answers as many questions as possible through the column. By sending a letter with a question, you give full permission for use in the column or any other Kovel forum. Names, addresses or email addresses will not be published. We cannot guarantee the return of any photograph, but if a stamped envelope is included, we will try. The volume of mail makes personal answers or appraisals impossible. Write to Kovels, (Florida Weekly), King Features Syndicate, 300 W. 57th St., New York, NY 10019.



COURTESY PHOTO
Heywood-Wakefield Co. made this wicker stool at the end of the 1890s. It is 9 3/4 by 14 1/2 by 11 1/2 inches. It matches other wicker furniture the company made. The stool sold for \$48 at a Gray's Auctioneers sale in Cleveland.

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COURTESY PHOTOS



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Showtime is 7 p.m. to 9 p.m.

Picnic baskets and pets on leashes are welcome. Carlin Park is at 750 S. A1A in Jupiter. For more information call 966-7099. ■

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8	6	1	3	4	2	7	5	9
3	2	9	7	8	5	1	6	4
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6	4	5	1	9	3	8	2	7
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4	1	3	8	5	9	2	7	6
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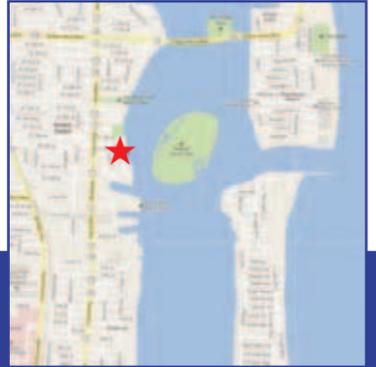
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■ **Films** — Aug. 23: "The Queen of Versailles" and "Your Sister's Sister." Aug. 24-30: "To Rome With Love" and "Ai Weiwei: Never Sorry." Ballet in Cinema: Aug. 26: "La Source"

Fresh Markets

■ **Lake Park "Super" Market** — 5 p.m.-9 p.m. Fridays through Oct. 26; Kelsey Park, 725 Lake Shore Drive, Lake Park; (203) 222-3574.

■ **Summer Green Market** — 8 a.m.-1 p.m. each Saturday through Sept. 15. Customer favorites include specialty olive oils and spreads, artisan breads, cheeses, handmade pastas and sauces, locally produced honey, and custom jewelry. STORE is at 11010 N. Military Trail, just north of PGA Boulevard, Palm Beach Gardens. Visit storeselfstorage.com for info.

■ **"Fresh on Wednesday"** — 5-8 p.m. weekly at the downtown West Palm Beach's Waterfront Commons through Sept. 19. For more information about the market, visit www.wpb.org/greenmarket.

Thursday, Aug. 23

■ **South Florida Lifestyle Expo** — Enjoy live music, entertainment, free food and free mini-makeovers 2-6 p.m. Aug. 23, Poinciana Country Club, 3635 Via Poinciana (off Lake Worth Road), Lake Worth. Free; www.pblifestyleexpo.com.

■ **Studio Parties** — Free group lesson at 7 p.m., followed by parties 8-10 p.m. Thursdays, Alexander's Ballroom, 51 W. Indiantown Road, Jupiter. Cost: \$15 per person; 747-0030 or alexandersballroom.com.

■ **Events at Lake Park Public Library** — Kid's Monthly Movie Madness featuring "Hercules," 3 p.m. Aug. 23. Advanced Computer Class, 6 p.m. Aug. 23, Lake Park Public Library, 529 Park Ave., Lake Park. Free; 881-3330.

■ **Susan Merritt Trio and Guests** — 7:30-10:30 p.m. Thursdays at the Wine

Dive, 319 Clematis St., downtown West Palm Beach. No cover; 318-8821.

■ **Story time session at the Loxahatchee River Center** — 9:30 a.m. Thursdays, Burt Reynolds Park, 805 N. U.S. 1, Jupiter; 743-7123; or visit www.loxahatcheeriver.org/rivercenter.

■ **Sailfish Marina Sunset Celebration** — 6 p.m. Thursdays. Shop for arts and crafts made by artists from around the country. Sailfish Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores; 842-8449.

■ **Dance Tonight** — Open Latin/Ballroom Mix Party every Thursday. Group Lesson 7:15-8 p.m.; Party 8-10 p.m.; Admission: \$20 (theme \$25) for entire evening, includes light buffet. 914 Park Ave., Lake Park; 844-0255.

■ **Clematis by Night** — Live music 6-9 p.m. Thursdays, Clematis Street at the Waterfront, downtown West Palm Beach. Aug. 23: Sabor Latino. Aug. 30: Valerie Tyson Band. Free; 822-1515 or visit www.clematisbynight.net.

Friday, August 24

■ **Big Time Rush** — 7 p.m. Aug. 24, Cruzan Amphitheatre, east side of South Florida Fairgrounds, suburban West Palm Beach. Tickets: \$12 and up; 877-686-5366.

■ **Sushi & Stroll Summer Walk Series** — 5:30-8:30 p.m. Aug. 24, Morikami Museum and Japanese Gardens, 400 Morikami Park Road, Delray Beach. Cost: \$7 adults, \$5 children (4-17) (museum members and children 3 and under free); \$2 for taiko performance; reservations are not required; visit www.morikami.org or call 495-0233.

■ **Downtown's Rock n Roll Summer** — 7-10 p.m. Fridays at Downtown at the Gardens. Aug. 24: Wall of Echoes. Aug. 31: Us Stones. Downtown at the Gardens' Downtown Park (next to The Cheesecake Factory), 11701 Lake Victoria Gardens Drive, Palm Beach Gardens; 340-1600.

■ **Ariana Savalas** — The daughter of film and television star Telly Savalas performs a show inspired by music from the 1930s-'50s from Aug. 24-25 and from Aug. 31-Sept. 1 at The Colony Hotel's Royal Room, 155 Hammon Ave. (just south of Worth Avenue), Palm Beach. Cost: \$90 for dinner and show; \$60 for show only; 659-8100 or www.thecolonypalmbeach.com.

Saturday, August 25

■ **Butterfly Walk** — Join a park ranger on a walking tour through one of South Florida's last remaining hardwood hammocks at 11 a.m. Aug. 25 at John D. MacArthur Beach State Park, 10900 Jack Nicklaus Drive, North Palm Beach. There will be several species of butterflies to identify and observe. Also, learn which plants attract these winged wonders to your backyard. Butterfly plants will be available to purchase at the Outfitters and Gift Store inside the park. Reservations required. For reservations, call the Nature Center at 624-6952. Free with park admission.

■ **Beaded Bead Making**, 1-3 p.m. August 25. New Earth Gifts & Beads, Legacy Place, Palm Beach Gardens. Step-by-step instruction in bead and seed bead applications to create fabulous beads suitable for chain, ribbon and cord. \$15 plus materials. All classes are prepaid. Call 799-0177 to register.

■ **Writing Groups** — Young Writers Group, 1:30-3 p.m. Aug. 25 and Adult Writing Critique Group, 10-11 a.m. Aug. 25, at the Lake Park Public Library, 529 Park Ave., Lake Park. Free; 881-3330.

■ **The Inward Journey Meditation** — Join Rev. Marcia MacLean and Rick Brugger RScP as they read from the works of Howard Thurman, share insights with each other and take it into a silent meditation. 7-8 a.m. Aug. 25, Carlin Park, Jupiter. Free; www.CSLPalm-Beaches.org.

■ **Kids Story Time** — 11:30 a.m. Saturdays, Loggerhead Marinelifelife Center, 14200 U.S. 1, Juno Beach; free. Visit www.marinelifelife.org.

■ **Public Fish Feedings at the Loxahatchee River Center** — 2 p.m. Saturdays at the Wild & Scenic and Deep Marine Tanks, Burt Reynolds Park, 805 N. U.S. 1, Jupiter; 743-7123; or visit www.loxahatcheeriver.org/rivercenter.

Sunday, August 26

■ **"Crystal Awakenings"**, 1-3 p.m. August 26. New Earth Gifts & Beads, Legacy Place, Palm Beach Gardens. Discover how you respond to crystals and what particular crystals can offer you. Class will include discussion of choosing, cleansing and charging crystals. \$30. All classes are prepaid. Call 799-0177.

■ **Sunrise Meditation Group** — Group meets at 6:30 a.m. each Sunday at boardwalk post No. 30 on Juno Beach. Arrive 5-10 minutes early. Bring water and a towel or two. Contact mxspitzer@gmail.com for information.

Monday, August 27

■ **Summer Bridge Lessons** — Supervised play on Mondays from 10 a.m. to noon. Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Cost: \$180 per person. Reservations are required. Call 659-8513 or e-mail campus@fourarts.org.

■ **Timely Topics Discussion Group** — Lively discussion group covers the most up-to-date topics faced by our local community, including national affairs and foreign relations as they relate to Israel and the United States; free/Friends of the J; \$18 annual fee/guests; call 712-5233. JCC North, 4803 PGA Blvd., Palm Beach Gardens.

■ **Duplicate Bridge Games** — 12:30-3:30 p.m. Mondays and Wednesdays, Jewish Community Center of the Greater Palm Beaches, 4803 PGA Blvd., Palm Beach Gardens. Light lunch and refreshments provided. \$6 guests/\$2 Friends of the J. ACBL sanctioned. Call ahead if you need a partner; 712-5233.

Tuesday, August 28

■ **Anime Club** — For ages 10-18, 5-6 p.m. Aug. 28, Lake Park Public Library, 529 Park Ave., Lake Park. Refreshments and raffles. Free; 881-3330.

■ **Mah Jongg & Canasta Play Sessions** — Tables grouped by game preference (mah jongg or canasta) and level of skill. Coffee, cold beverages and a variety of goodies provided. 12:15-3:30 p.m. Tuesdays and Thursdays; JCC North, 4803 PGA Blvd., Palm Beach Gardens. Price: Free/Friends of the J; \$5/guest; 712-5233.

■ **Stayman Memorial Bridge** — Supervised play sessions with Sam Brams, 10 a.m.-noon Tuesdays; JCC North, 4803 PGA Blvd., Palm Beach Gardens. Play party bridge in a friendly atmosphere while benefiting from expert advice with judgment calls and hand rulings; no partner necessary; coffee and light refreshments provided. Price: Free/Friends of the J; \$6/guests; 712-5233.

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WHERE TO GO

■ **Zumba Class** — 11 a.m. Tuesdays, Alexander's Ballroom, 651 W. Indian-town Road, Jupiter; 747-0030.

■ **Zumba class** — 7:15-8:15 p.m. Tuesdays and 6:30-7:30 p.m. Wednesdays at the Burns Road Recreation Center, 4404 Burns Road, Palm Beach Gardens. Drop-in fee, \$12; resident discount, \$10. Call 630-1100 or visit www.pbgfl.com.

Wednesday, August 29

■ **Basic Computer Class** — noon-1:30 p.m. Aug. 29 at the Lake Park Public Library, 529 Park Ave., Lake Park. Free. Call for reservations. 881-3330.

■ **"Break Up Support Group"** — 10 a.m. Wednesdays, various locations in Palm Beach Gardens. Sponsored by The Counseling Group, which provides free Christian counseling, classes and support groups; 624-4358.

■ **Hatchling Tales** — 10:30-11:30 a.m. Wednesdays, Loggerhead Marinelife Center, 14200 U.S. 1, Juno Beach. Free; www.marinelife.org.

■ **Bridge Classes with Sam Brams** — 10 a.m.-noon Wednesdays — JCC North, 4803 PGA Blvd. Six-week session \$72 or \$15/class. Pre-registration appreciated. Call Rhonda Gordon, 712-5233.

Ongoing

■ **The Cultural Council of Palm Beach County** — Aug. 18-Nov. 10: "Continuum," an exhibition of works by students and graduates of Florida Atlantic University's Master of Fine Arts Program, cultural council headquarters, 601 Lake Ave., downtown Lake Worth. Call 471-2901 or visit www.palmbeachculture.com.

■ **The Bamboo Room** — Aug. 24: Locos por Juana, 9 p.m. Aug. 25: The Nouveaux Honkies, 9 p.m. Bamboo Room is at 25 S. J St., downtown Lake Worth. Tickets: Various prices; 585-BLUE, www.eventbrite.com or www.bamboorm.com.

■ **Palm Beach Photographic Centre** — Through Aug. 18: "16th Annual INFOCUS Juried Exhibition." The Photographic Centre is in the City Center, 415 Clematis St., downtown West Palm Beach. Hours are 10 a.m.-6 p.m. Monday-Thursday, and 10 a.m.-5 p.m. Friday and Saturday; call 253.2600 or visit www.workshop.org or www.fotofusion.org.

■ **"Every Child is an Artist"** — Photography exhibition by Jean Hart Howard, through Oct. 9, lobby gallery, Eissey Campus Theatre, Palm Beach State College, Palm Beach Gardens; 207-5905.

■ **"New Eyes"** — The exhibition showcasing the fine-art photography of Barry Seidman that is presented by The Lighthouse ArtCenter and Harris Private Bank, has been extended through Oct. 31. It's at Harris Private Bank, Phillips Point, 777 S. Flagler Drive, Suite 140E, West Palm Beach. By appointment only. Call Christi Thompson at 366-4218 for information.

■ **Palm Beach Improv** — Aug. 23-26, Bobby Slayton. At CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach; 833-1812 or www.palmbeachimprov.com.

■ **Lighthouse ArtCenter** — Museum is at Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Mondays-Fridays; 10 a.m.-2 p.m. Saturdays. Cost: Members free, \$5 non-members ages 12 and up. Free admission Sat-

urdays; 746-3101 or www.lighthousearts.org.

■ **Norton Museum of Art** — Through Sept. 2: "Elegant Enigmas: The Art of Edward Gorey" and "Beth Lipman: A Still Life Installation." Through Sept. 30: "Clubs, Joints and Honky-Tonks." Through Oct. 24: "Watercolors from the Collection." Art After Dark, with music, art demonstrations, is 5-9 p.m. Thursdays. Admission: \$12 adults, \$5 visitors 13-21; free for members and children under 13. Hours: 10 a.m.-5 p.m. Tuesday-Saturday; 1-5 p.m. Sunday. Closed Mondays and major holidays; 832-5196.

■ **Palm Beach's Living Room Jazz Series** — Presented by JAMS and The Four Seasons. \$25 JAMS members/\$35 non-members/\$15 students. Concerts start at 8 p.m.; doors open at 7 each Saturday. Four Seasons Resort Palm Beach, 2800 S. Ocean Blvd. Tickets 877-722-2820 or www.jamsociety.org/MOREJAZZ.

■ **Flagler Museum** — Museum is housed in Henry Flagler's 1902 beaux-arts mansion, Whitehall; at 1 Whitehall Way, Palm Beach. Tickets: free for members; \$18 adults, \$10 youth (13-17) accompanied by adult; \$3 child (6-12) accompanied by adult; and free for children under 6. 655-2833.

■ **"Five Thousand Years on the Loxahatchee"** — Jupiter Inlet Lighthouse & Museum, 500 Captain Armour's Way, Jupiter, 10 a.m.-5 p.m. daily. 747-8380, Ext. 101; www.jupiterlighthouse.org.

■ **Fitness classes for women** — Classes are sponsored by the Jupiter Recreation Department. Aerobic Dance is 8:30 a.m. Mondays, and on Tuesdays and Thursdays, Total Body Toning is 8:30 a.m. and Zumba Latin Fitness Workout is 9:45 a.m.. First class is free to new students. Cost of a five-class fitness card with flexible attendance is \$26.50 for Jupiter residents and \$33 for non-residents. A five-class Zumba card is \$31.50 for Jupiter residents and \$39.50 for non-residents. Classes meet in the community center, behind the Police Department on Military Trail, Jupiter. For information, contact instructor Kathy Andio at 236-4298 or www.empoweringsolutionswithkathy.com.

August Events

■ **Family Promise 1st Anniversary Celebration** — Special event is designed to bring the faith community together for a night of food, fellowship and fun. A spaghetti dinner will be prepared and served by the youth of Family Promise affiliate congregations, who also will provide entertainment, 6-8 p.m. Aug. 30, Trinity United Methodist Church, 9625 N Military Trail, West Palm Beach. Tickets: \$10 presale/\$15 day of event; 318-8864.

■ **Gems Rock Nights at the Museum** — Come see all that glitters and discover gems and minerals in their natural form. Guests will also learn how minerals are used in everyday life. The evening will feature panning for gemstones, Geode cutting, crafts and activities for guests of all ages at the South Florida Science Museum, 4801 Dreher Trail N., West Palm Beach. Activities end at 9 p.m. with the observatory open from sunset-10 p.m. (weather permitting) Aug. 31. Museum members: Adults \$5, children free. Non-Mmembers: adults \$11, Children \$7. Children under 3 are free. Planetarium shows and miniature golf are not included with admission. Visit www.sfsm.org or call 832-1988. ■

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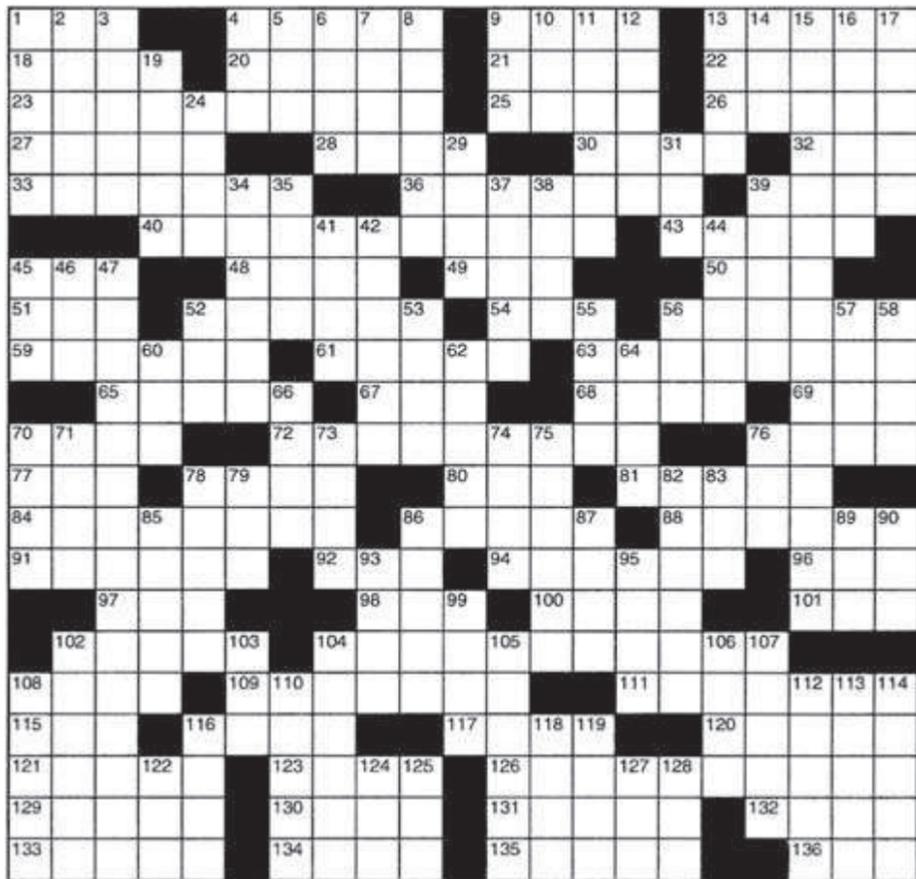


10th ANNIVERSARY



FLORIDA WEEKLY PUZZLES

HOOFERS



- ACROSS**
- 1 Martin Sheen, to Emilio Estevez
 - 4 Photo tint
 - 9 Pipe part
 - 13 TV's "The ___ of Life"
 - 18 Baal or Elvis
 - 20 Bonus
 - 21 Soccer superstar
 - 22 Cold sound
 - 23 Dancing president?
 - 25 Landed
 - 26 Range rope
 - 27 ___ a customer
 - 28 Whip
 - 30 Tranquil
 - 32 ___4 (Toyota model)
 - 33 Little lumps
 - 36 Fawning
 - 39 Parisian pronoun
 - 40 Dancing colonist?
 - 43 Go Fish and golf
 - 45 Comic DeLuise
 - 48 Muse with a scroll
 - 49 Command to a corgi
 - 50 Meyerbeer's ___
 - 51 Prospector's prize
 - 52 "The Twelve ___" ('70 film)
 - 54 At once
 - 56 Freezin' season
 - 59 Finger food
 - 61 Trickle
 - 63 Short story
 - 65 Cognizant
 - 67 In the manner of
 - 68 Bare
 - 69 Start to snooze
 - 70 Viva ___
 - 72 Dancing comic?
 - 76 "___ of Gold" ('70 hit)
 - 77 Gray matter?
 - 78 Northwestern st.
 - 80 Phillips of "UHF"
 - 81 Tonto's horse
 - 84 More disreputable
 - 86 Director Lang
 - 88 Flusters
 - 91 Percussion instrument
 - 92 Feel awful
 - 94 Bean
 - 96 Make cheddar better
 - 97 Prohibit
 - 98 Wine vessel
 - 100 Yuletide
 - 101 Piglet's parent
 - 102 Hunt or Hayes
 - 104 Dancing boxer?
 - 108 Kid at court
 - 109 Hailing from Hunan
 - 111 Mention briefly
 - 115 Aussie walker
 - 116 Space
 - 117 Assistance
 - 120 Spanish guitarist
 - 121 "Crazy" singer
 - 123 Widespread
 - 126 Dancing cartoonist?
 - 129 Neighbor of Somalia
 - 130 Singer Phoebe
 - 131 Entertain
 - 132 Sour fruit
 - 133 Novelist Danielle
 - 134 Bronte heroine
 - 135 Aden's locale
 - 136 Minnesota twins?
 - DOWN**
 - 1 Mustard type
 - 2 Hersey setting
 - 3 Like the Taj Mahal
 - 4 Use a straw
 - 5 Word form for "environment"
 - 6 It may be bitter
 - 7 "___ Dinka Doo" ('33 song)
 - 8 '92 Wimbledon winner
 - 9 Health resort
 - 10 ___ Aviv
 - 11 Draw forth
 - 12 Copper or cobalt
 - 13 "Green Acres" setting
 - 14 "Stroker" ('83 film)
 - 15 Dancing body-builder?
 - 16 Wrecks the Rolls
 - 17 Italian wine
 - 19 Abate
 - 24 Seafood selection
 - 29 Coop crowd
 - 31 Pantyhose part
 - 34 Rembrandt or Whistler
 - 35 Ward of "Sisters"
 - 37 Wreckage
 - 38 Reject
 - 39 Touch up the text
 - 41 Journalist Jacob
 - 42 Jeanne of "Jules and Jim"
 - 44 Mrs. Kramden
 - 45 Bandleader Severinsen
 - 46 "... man ___ mouse?"
 - 47 Dancing statesman?
 - 52 Numbers pro
 - 53 Push a product
 - 55 Trick stick
 - 56 Tie the knot
 - 57 Thames town
 - 58 Funnyman Foxx
 - 60 Veneration
 - 62 Less vivid
 - 64 Van ___, CA
 - 66 Piece of fencing?
 - 70 Enormous
 - 71 European capital
 - 73 Akbar's city
 - 74 "___ the Mood for Love" ('35 song)
 - 75 "___ bell!"
 - 76 Sprout
 - 78 It's up in the air
 - 79 Volcano part
 - 82 Peruvian port
 - 83 Keats composition
 - 85 Dickens title start
 - 86 Peel off
 - 87 Move like mad
 - 89 Self-esteem
 - 90 Make a mumuu
 - 93 Psychologist Pavlov
 - 95 Obligation
 - 99 TV host John
 - 102 Village
 - 103 Sgt. or cpl. cricket
 - 104 Disney
 - 105 Margin
 - 106 Mallard or teal
 - 107 Suffers
 - 108 Acts like a chicken
 - 110 Neighsayer?
 - 112 Actress Berry
 - 113 Synthetic textile
 - 114 "The Highwayman" poet
 - 116 Genuine
 - 118 Fancy fabric
 - 119 Horner's fruit
 - 122 Carrie or Louis
 - 124 On behalf of
 - 125 Ovine female
 - 127 Poetic monogram
 - 128 ___ Buddhism

SEE ANSWERS, A27

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HOROSCOPES

■ **VIRGO (August 23 to September 22)** Honesty is the best policy, of course. But you'll do better at achieving your goals if you can be less aggressive and more circumspect in how you phrase your comments.

■ **LIBRA (September 23 to October 22)** Your ability to maintain your balance in confusing situations continues to work for you. Stay on the steady course, one step at a time. The weekend shows improvement.

■ **SCORPIO (October 23 to November 21)** Your indecisiveness could simply be your keen Scorpian sense warning you to be wary of making a commitment. Take this time to do a more thorough investigation.

■ **SAGITTARIUS (November 22 to December 21)** Good news: New information comes your way to help you make a more informed decision on how to deal with the opportunity that has opened up for you.

■ **CAPRICORN (December 22 to January 19)** This is a good time to reinforce your self-confidence by acknowledging your good qualities to yourself. A lull in your social life ends by the weekend. Have fun.

■ **AQUARIUS (January 20 to February 18)** It's a good time to let those recently pent-up emotions flow more freely. Why not start by letting the people you care for know how you really feel about them?

■ **PISCES (February 19 to March 20)** Resist offers, no matter how well-

intentioned, to help with a personal decision. Only you know what must be done, and you have the emotional strength to follow through.

■ **ARIES (March 21 to April 19)** You might not like the sudden setback in your plans. But keep that headstrong Arian temperament in check and wait for explanations. Things will begin to clear up by week's end.

■ **TAURUS (April 20 to May 20)** Enjoy the respite from your recent hectic schedule, but be ready to plunge into a new round of social activities. A new contact holds much potential for the future.

■ **GEMINI (May 21 to June 20)** A trusted colleague has news that could change your perception of a current workplace situation. What had seemed unfair might prove to be highly favorable after all.

■ **CANCER (June 21 to July 22)** You still need to watch what you say and how you say it. What you assert as honesty, others might perceive as Crabbiness. Be patient. This difficult period clears up by the weekend.

■ **LEO (July 23 to August 22)** Your Royalness needs time away from the limelight to catch up on things, from tidying your desk to making those calls you've put off. You're back in the center of things by the weekend.

■ **BORN THIS WEEK:** You have a talent for getting things done. You also have a gift for bringing people together in both personal and professional relationships. ■

By Linda Thistle

2			7		8
5	3		9		4
		1		2	
		9	7		6
1			2		5
	4			3	8
		6		4	5
	1		8		7
9			1		3

Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

★ Moderate ★★ Challenging ★★★ Expert

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SAVALAS

From page 21

Herb Alpert. (She laughs.) Everyone from Herb Alpert to Frank Sinatra, from Julie London to Astrud Gilberto to Nat King Cole, and, God, honestly, the list is kind of endless.

I grew up with two very different parents.

My dad was obviously a lot older than my mom, and that's how I got introduced to the standards music that I grew up with and that I listened to my entire life. My grandparents, too. My grandpa is a huge jazz fan, to the point where one note that's embellished or accentuated — you know, modern singers tend to do those whoo-ooo-ooohs. I'll think somebody's brilliant and he'll hear just a couple of those notes and turn the whole thing off. My grandma also was an amazing singer and songwriter, so she introduced me to Cab Calloway and all those other artists.

That song list has not changed much, Ms. Savalas says. At times she says she has listened to the same song or same artist over and over again for months, picking apart harmonies and arrangements. "There's so much, especially in those old productions that goes into them, you could take a month and just listen to one song and you could be thoroughly entertained, unless you're one of my friends who gets into my car ... I had Neil Diamond in my car for eight months straight," she says.

Q: Neil Diamond? What do you bring from Neil Diamond to your performance?

A: What do you not bring from Neil Diamond to your performance?

You can learn a lot from Neil Diamond. He is a preacher! He is possessed when he sings, and it is something so marvelous to watch. I mean, he's not just talented musically — he's such a gifted songwriter. He's got such a spunk, and watching him is like going to a Baptist chapel ... Regardless of whatever his religion is, the way that he sings, he could be preaching a gospel choir.

Beyond "Kojak" and "The Birdman of Alcatraz," Ms. Savalas' dad, Telly, enjoyed singing and recording. He clearly had a blast performing his spoken-word version of Bread's "If" and such country fare as "Some Broken Hearts Never Mend," and his daughter has sung those on occasion. Telly Savalas died in 1994 at the age of 72.

Q: It must have been a pretty big void. You lost him when you were 7 years old.

A: Yeah, a huge void. But I don't

know anything different. For me, I think everybody suffered some kind of tragedy in their lives. You can't go through life not having something devastating like that.

My mom has done an incredible job keeping him very much alive for us, through his stories, through videos and pictures, and of course he's very much alive in our memories, as well, but she did an exceptional job making sure his memory was never lost. And, honestly, my audience members have actually done a very wonderful job of making sure of that, too. I don't think I've had one show where I didn't have someone come up to me and say, "You, now, I knew you when you were 3 years old and your dad and I met while we were playing golf and smoking or playing poker or something." And I'll hear all these lovely stories.

No matter where I go in the country, there's always someone somewhere who bumped elbows or rubbed elbows with my dad.

This career is not just about her dad, though. Ms. Savalas is making a name for herself as a gifted songwriter.

Q: What's it been like for you doing your own material?

A: Horrifying. I didn't start playing the piano until I was 19 because I didn't think I was any good at it. And I was very nervous to introduce my original music, especially into my shows.

It's a very nerve-racking thing because, not only is it very personal, but you're putting it into a repertoire of music that has been around at least since the '20s, if not before, and has been loved and revered and respected and adored by me, and, of course, by my audience. It's very daunting ... I've read 3,000 times that when something scares you it means you're doing something right because you're challenging yourself or it means you care.

It was something that I needed to do because at a certain point I realized I wanted to be an interpreter but also a creator as well, and to have both of those brains working in my shows. It's really fun, though, and the audiences I've had, especially at The Colony, have been so welcoming, and very lovely. I'm very lucky. ■

If you go

- >> **What:** Ariana Savalas
- >> **When:** Aug. 24-25, Aug. 31-Sept. 1.
- >> **Where:** The Colony Hotel's Royal Room, 155 Hammon Ave., Palm Beach.
- >> **Cost:** \$50 show only, or \$90 dinner and show.
- >> **Info:** 655-5430 or thecolonypalmbeach.com.



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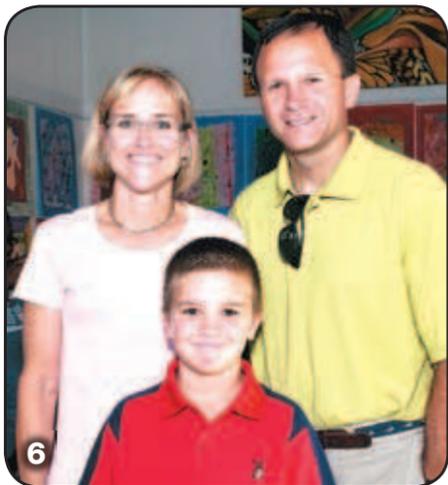
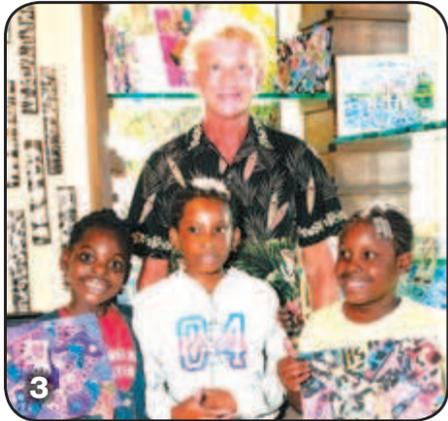
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2. Debbie Salinger, Suzanne Carlson
3. Jack Batho, Jordan Pilgram, Anaya Russell, Aniya Jackson.
4. Carolyn Chapman, Elizabeth Chapman
5. Ellie Nissen, Sharon Nissen
6. Pam Smith, Kyle Smith, Chris Smith
7. Evan Griffith, Suzanne Carlson, Lynn Szymoniak, Ken Bowers
8. Sequoia Payton, Eryon Panier, Bill Samuel
9. Kayla Fraser
10. Jamie Salinger, Debbie Salinger, Allison Salinger

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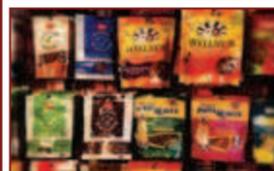
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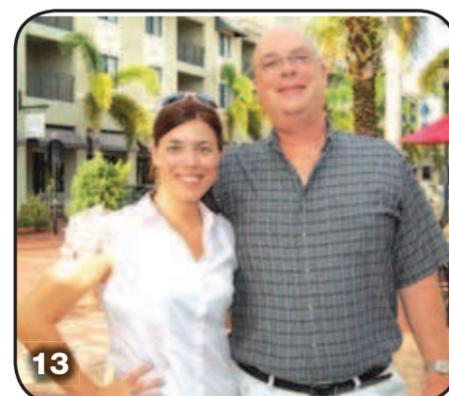
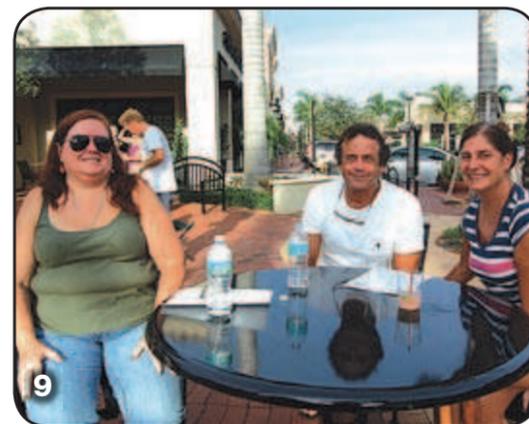
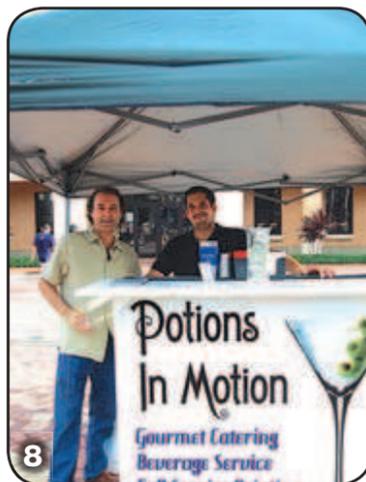
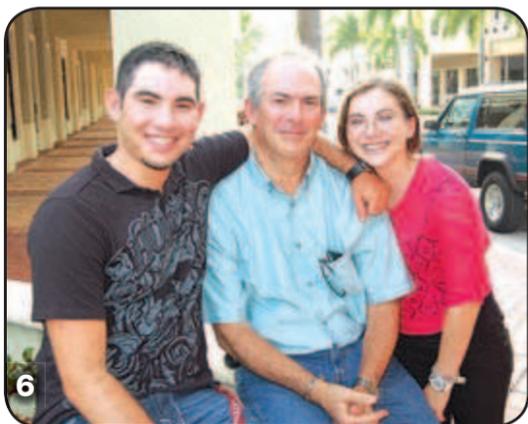
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Midsummer Music on the Plaza at Midtown in Palm Beach Gardens



1. Michael Gangai, Joyce Gangai, Dog Rocky
 2. Albert Garofalo, Claudia Garofalo
 3. Sherri Gedraitis, Shari Meltzer
 4. Sandy Coleman, Joe Coleman, Dog Danny
 5. Claudia Caplette, Tony Nee

6. Daniel Meltzer, Michael Meltzer, Samantha Meltzer
 7. Robert Schomake, Teresa Schomake, Vanessa Schomake, Logan Schomake
 8. Cary Roman, Christian Hartman
 9. Mary Oblaczynski, Mitch Pickford, Lynda Pickford

10. Darlene Alexander, Phil Alexander
 11. Irene Smith, Brian Smith, Dog Brandi
 12. Bert Bowden, Patricia Crowley
 13. Belle Forino, Donald Ross

KELLY LAMONS/FLORIDA WEEKLY

Talay Thai

Our menu features traditional Thai favorites and contemporary alternatives that include unique vegetarian and fusion recipes.

Critic's Choice: The Best Dining of 2011 – Palm Beach Post
Best Thai Restaurant for 2010 – WFLX Fox 29
Best Thai Restaurant – Spotlight on the Northern Palm Beaches
Rated A for Service and Food – Palm Beach Post

SUMMER HOURS: Tues-Fri 11:30AM–2:30PM LUNCH; 5:00–9:00PM DINNER
 • Sat/Sun 5:00–9:00PM DINNER • Closed Monday

7100 Fairway Drive, Palm Beach Gardens • 561-691-5662 • www.TalayOnPGA.net



FLORIDA WEEKLY PHOTO

Pelican Café serves a three-course menu on Tuesday, Wednesday, Thursday and Sunday nights. There also is a 20 percent discount for diners seated before 6:30 p.m., though it's not valid with the specials menu.

DINING

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the entire summer, especially the way lobster's going."

Diners also get to sample potential new menu items or meals ahead of the crowds — the Water Bar now offers Sunday brunch.

The restaurateurs work with seasonal products, so they're limited because South Florida's growing season is mostly dormant now.

"We don't pull too many new products at this time of year," Mr. Spoto said. "We might do different things with what we already feature on the menu, and work with the accompaniments. We get to gauge guests' reactions and get responses from people. We're like, 'How does it work in kitchen, the cook time,' all those things. If they're menu worthy, that's what we'll do come season."

Frank Eucalitto has weathered 26 summers as a restaurateur. He created Café Chardonnay in Palm Beach Gardens long before he had much competition in the area. From the start, summers have been slow at the California wine-country themed restaurant, so he offered specials for year-round residents, starting decades ago with Winery Tour dinners — prix-fixe dinners that matched American wines to regional U.S. dishes. A version of those dinners continues today.

"The menus give us a chance to try some things we don't have time to create during our busy season," Mr. Eucalitto said. "We're slammed in season — and we only have time to do our specials. Summer's slower and we can be creative. People like the summer theme menus, too — a lot of them treat them like tasting menus and they'll come with a group and try several different things."

A new three-course prix fixe menu starts every Wednesday, he said.

A breakfast and lunch business such as at Sara's Kitchen in Palm Beach Gardens doesn't feel the effects so much, said Joanne Lena, one of the owners. "But business is definitely off. We're used it, though — we've been doing business since 1987 in Palm Beach County."

The breakfast-and-lunch only spot in City Center Plaza has daily menu specials and a whiteboard list for both meals.

"We're steady," Mrs. Lena said. "We're doing fine."

At the 17-year-old Boulevard, in the Garden Shops on Military Trail, David Yates dishes up daily specials for breakfast and lunch customers — and he does catering.

Mr. Yates says catering contributes to his savings that he puts away year-round. "We're on the lower end of the price scale," as a diner, he said, and the summer



COURTESY PHOTO

Lola's Seafood, noted for its lobster rolls, will offer a three-course chef's menu.

impact isn't felt so strongly. But he notes the restaurant business is "off every summer" in his area.

Charlie Soo, the chef/owner at Talay Thai in the Fairway Shoppes at PGA, says his cuisine is so specific that diners seek him out year round.



SOO

He acknowledges that summers are tough — he sees restaurants that struggle to keep alive in summer. But he's surviving and knows season is right around the corner.

"We're unique," he said. "Every country club chef can cook anything but Thai, so we have our own niche. We don't offer any real specials other than for Flavor Palm Beach. We keep to a menu our customers love."

The area's month-long dining promotion, Flavor Palm Beach, now in its second year, is in September.

Organizers for the meal deals chose September after research showed it's the month with fewest restaurant reservations in the county.

"This year, we'll have 50 restaurants throughout the county participating," said Briana Beaty, spokeswoman for the group. Share Our Strength, a hunger relief program, is the charity that benefits from the profits.

Restaurateurs sign up for the promotion and arrange a special menu — typically a three-course meal at lunch or dinner or both — for a set price. Diners then book reservations, which are limited, for the special meals. Some popular deals are already filling up — Café Boulud and III Forks are already partially booked.

"It gives diners a chance to try a new restaurant at a reduced price. We've seen that a large majority become repeat diners when the promotion ends," Ms. Beaty said.

Menus for Flavor Palm Beach are posted on the group's website, flavorpalmbeach.com; diners can call the individual restaurants to make reservations and request the "Flavor Palm Beach menu."

Expect the specials to last through September and some into October, when restaurants look forward to the crowds



SCOTT SIMMONS/FLORIDA WEEKLY

John Spoto, who owns Spoto's Oyster Bar and the Water Bar, offers a Lobster Sunday special and a Wednesday evening New England clambake at his two restaurants, both at PGA Commons in Palm Beach Gardens.



COURTESY PHOTO

Café Chardonnay will offer a three-course prix fixe menu each Wednesday.

and season's return, Mr. Spoto said.

Here are other summer promotions at area restaurants:

A three-course menu is served at the **Pelican Café** (pelicancafe.com) in Lake Park on Tuesday, Wednesday, Thursday and Sunday nights. Prices vary with entrees. A 20 percent discount is offered to diners seated before 6:30 p.m. — not valid with the specials menu.

At **The Bistro** in Jupiter (thebistrojupiter.com), a three-course menu for \$35.99 is offered if the order is taken by 6:15 p.m.; a two-course menu is \$29.99. Special entrees begin at \$17.99, including a 1½-pound lobster dinner.

RA Sushi (rasushi.com) is offering a card that gives a diner "Friends with Benefits" lunches — buy one, get one off the lunch specials menu (dine-in only).

Dockside Sea Grille (docksideaseagrille.com) in Lake Park has a sunset menu from 4:30 to 6 p.m., and a "2-for-1" three-course dinner deal Tuesdays and Thursdays — cash only. The restaurant also has opened the adjoining Dollar Sea Grille — most foods on the menu are \$1 for lunch only, Monday-Friday.

PGA Commons restaurants offer special lunch rewards cards from their restaurants for take-out or dine in: **Vic & Angelo's, Spoto's Oyster Bar, Prosecco**

co Café, Water Bar & Grill, or Rocco's Tacos. When stamped with five stamps, a sixth lunch is free. Several restaurants offer individual deals as well.

The Water Bar's Summer Prix Fixe Menu is \$30 and includes a glass of house wine or sangria. Along with happy hour specials, patrons at "Toss Up Tuesdays," flip a coin with the bartender from 6:30 p.m. to close to win drinks for free.

Spoto's Oyster Bar offers Washington Wednesdays — oyster shooters, or a one-piece shrimp cocktail are \$1 each.

Special happy hours also are in place; **Prosecco Café** (proseccocafe.com) has half-off some menu and drinks from 4-6 p.m. daily. Rocco's Tacos gives \$1 off at the bar from 4-7 p.m.; Vic & Angelo's gives half off all drinks and appetizers at the bar from 3 p.m. to 7 p.m.

Dirty Martini in Downtown at the Gardens has half-priced food and specially priced drinks from 4-8 p.m. Monday, Friday and Saturday.

Lola's Seafood in Palm Beach Gardens (lolasseafood.com) is offering a \$16 three-course chef's menu.

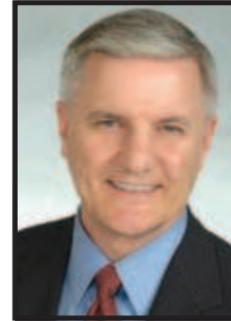
At **III Forks** in Midtown on PGA Boulevard (iiiforks.com), wine and drink specials are offered Wednesday through Sunday. Saturday nights, bottles of wines under \$100 are half-price all night. On Sunday, it's all-you-can-eat prime rib night — a choice of prime rib dinner or country fried prime rib with a salad, for \$38.95.

Cod and Capers Café (codandcapers.com) in North Palm's Crystal Tree Plaza is now open for dinner Thursday through Sunday, with lobster dinners and other specials served nightly.

At **Paris in Town Bistro** (parisintownbistro.com) in Downtown at the Gardens, all-you-can-eat mussels Monday is \$26.95. French Connection Wednesdays offers half off at the bar on food, cocktails and wines all night. ■



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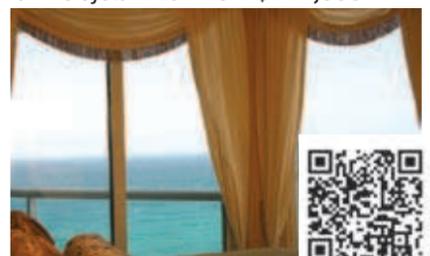
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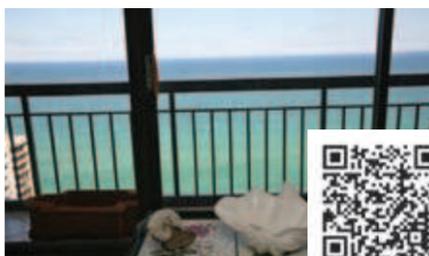
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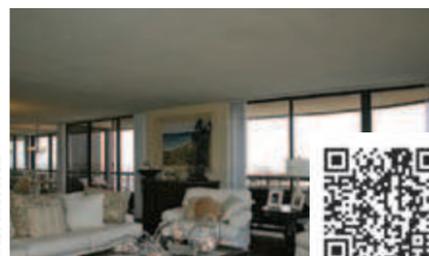
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