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WEEK OF OCTOBER 20-26, 2011

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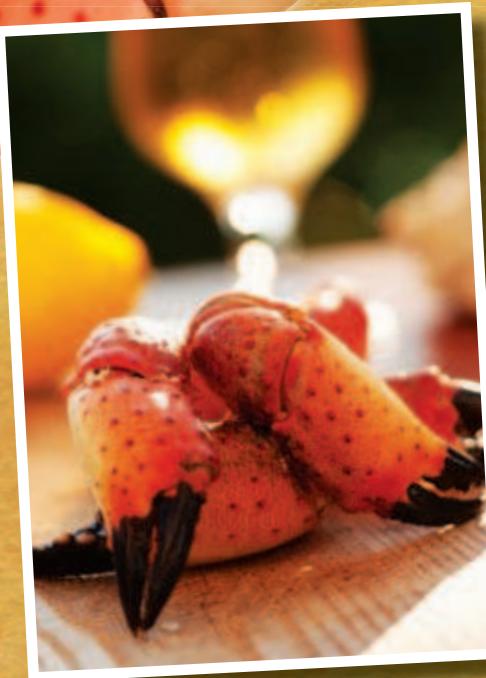
Vol. II, No. 2 • FREE



"You bite into the sweet, add the sting of mustard and 'Whoa' goes your mouth."

— Chef Bernard,
Lola's Seafood Eatery

CRAZY FOR CLAWS



COURTESY PHOTOS

Stone crab season officially started Oct. 15.

SO LONG SUMMER HEAT, HELLO SWEET MEAT

BY ATHENA PONUSHIS

aponushis@floridaweekly.com

GEORGE GIARDINI HOLDS STONE CRAB season akin to mopping floors and washing dishes. Ah, shellfish nostalgia. He's the boy who grew up in the back of Carmine's Gourmet Market. And Carmine was his dad.

Just the thought of the sweet, meaty claws sends him back to his 12-year-old self, when he would help carry in the first catch as fast as he could, 'cause he couldn't taste those claws fast enough.

"Soon as they came in, we ate 'em," said Mr. Giardini, now 42. "First catch of the season, you can't get any fresher than that."

Stone crab season runs from October 15 to May 15. Mr. Giardini has heard from stone crabbers, traps are filling up quick.

Managing his father's seafood department in Palm Beach Gardens, he says he will be seeing stone crabs

>>inside:
Bringing in
the first
catch.
A10

SEE CLAWS, A10 ▶

Student of the oceans to speak at Loggerhead luncheon

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

Sylvia Earle has soared to the heights by plunging to the depths.

The former chief scientist at NOAA, she set a record for solo diving to a depth of 3,300 feet.

Dubbed "Her Deepness" by the New Yorker and The New York Times, Dr. Earle will speak Oct. 21 at the Loggerhead Marinlife Center's Go Blue Awards luncheon at PGA National Resort.



EARLE

The bottom of the ocean is an amazing place, Dr. Earle says.

"I wish everyone could experience it, and I'll try to convey some of that," she says by phone from her home in Oakland, Calif.

"I actually have some video clips that I can share that will convey it."

She has been drawn to the ocean since

she was swept away by a wave at the age of 3.

Others go for the surf, the sea life. But what draws Dr. Earle to the depths?

"Mine is just attraction — curiosity. You never know what's going to be in the next few feet of where you're able to go, but you know it's going to be good."

And so far it has been very good to the doctor, who has pioneered research on

SEE LUNCHEON, A6 ▶

Colony crooners

The hotel's Royal Room is the place to be this season. **A24** ▶



Society

See who's out and about in Palm Beach County. **A33** ▶



Musing lament

What woman can love a man who carries a purse? **A27** ▶



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COMMENTARY

R.I.P., Robert. I wish I'd been a better friend

billCORNWELL
bcornwell@floridaweekly.com



The news that a friend has died is never good, of course, but in Robert's case his passing seems particularly tragic — as much for the lost promise of his life as anything else.

Robert and I grew up together. I could throw a rock from my house to his. He was a year older, and we went to the same grammar school and high school.

He was one of those guys who just seemed to be charmed. He was a passable athlete and an incredibly gifted student. Robert was one of the best writers I have ever encountered, and he was editor of the high school newspaper.

I did not know a single person who said they disliked him. His wry humor was always delivered with an impeccable deadpan style.

He was president of the high school student body, and his signature campaign issue was a promise to rid the campus of cold toilet seats. We all howled, but the school's administration was not amused. They thought it unseemly and inappropriate to be giving speeches about toilet seats. Robert won in a landslide.

After high school he went to Tulane University in New Orleans, where he was the most popular guy in his frater-

nity. I visited him at Tulane on spring break during his freshman year. Somehow, he had landed us a "key" to the New Orleans Playboy Club. After an evening with the Bunnies, we made our way down to the waterfront and a wonderfully seedy bar, where we watched the sun rise with a man who insisted he was a "soldier of fortune" and also insisted on buying the house drinks.

Robert graduated with high honors from Tulane (he was Phi Beta Kappa) and then headed off to Stanford University for graduate school. In the meantime, he was offered a prestigious internship at the Washington bureau of *The New York Times*.

While at Stanford, Robert wrote for the newspaper there and collected an impressive array of clippings. He got his master's degree in communications and became a protégé of one Stanford's most esteemed instructors.

But then something happened. Robert changed. Instead of embarking on the meritorious career he appeared to be destined for, he returned to our hometown. I was

long gone by then, but I began to receive disturbing reports. He appeared "spaced-out" and "just plain weird," I was told. Apparently, he roamed a golf course at night, mumbling to himself, and worked part time at the Internal Revenue Service as a file clerk.

I saw him a few times during this period, and it was like viewing a stranger. In his mid-20s, Robert was diagnosed with diabetes and he became obsessed with his disease. He would bring his blood-sugar down to levels that sent him into comas. Several times, paramedics had to break into his shabby apartment and revive him.

No amount of reasoning would work on Robert in this regard, and finally, a physician told his mother that Robert could not be allowed to administer insulin to himself; it was too dangerous, and a

fatal overdose

would surely occur.

And so, at less than 30 years of age, Robert was forced into a nursing home. The next youngest resident was 71 years old. I would get a card from him every Christmas, and they always began with this line: "Greetings from hell!"

It became so painful to see his decline that, to my shame, I limited contact. It was a torture to see this young man of such considerable talent and personality wasting away.

Robert was diagnosed with prostate cancer, which was successfully treated. By the time he reached his mid-50s, he had spent roughly half his life forcibly housed in a nursing home.

Then, without warning, he died in his sleep. There had been no sign that anything was wrong, and it was assumed that his heart simply wore out. I found out that Robert had been afflicted with schizophrenia — a fact that he never chose to share with me.

The last time I saw Robert, years ago, he was somewhat lucid. We talked baseball and books, and he told me that he had not written another word — other than bizarre notes and such — after leaving Stanford.

"Maybe you should start back writing," I said.

Robert shook his head. "No, it's over, finished."

As I left, Robert seemed to emerge a little from his fog. "Remember that night at the Playboy Club?" he asked.

I laughed, adding that it was indeed a night to remember.

With that bit of nostalgia, I was gone and out of Robert's life forever.

I should have gone back to see him but, as I realize now, I simply lacked the courage to be the friend I should have been. ■



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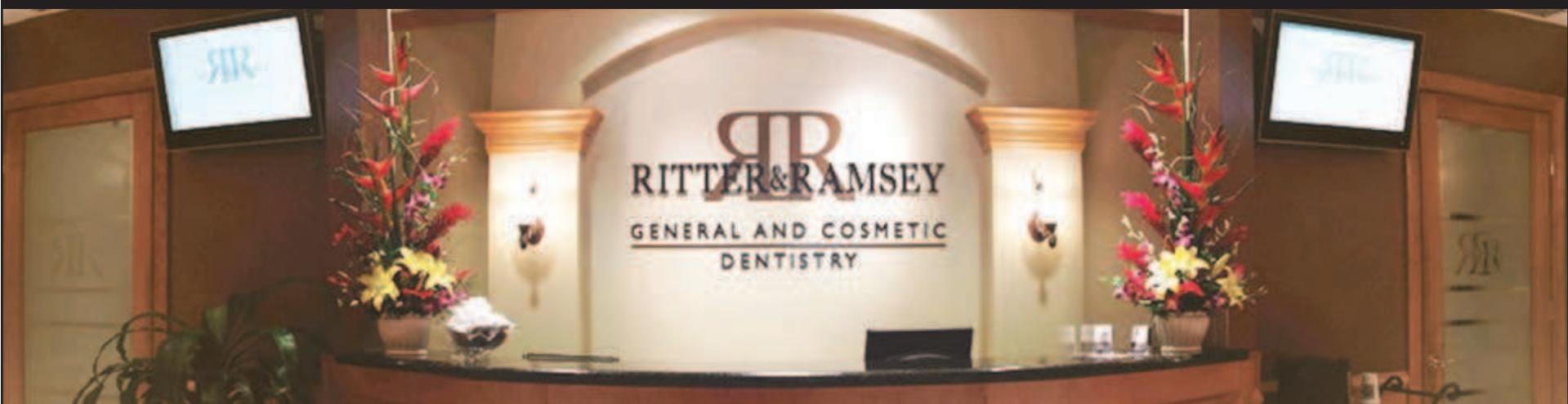
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OPINION**The businessman canard**

richLOWRY

Special to Florida Weekly



There is no better testament to the marketing prowess of Herman Cain than that he gets applause when he tells audiences he's not a politician — in the course of seeking their votes for the highest political office in the land.

Mitt Romney plays a version of the same card, arguing that "career politicians got us into this mess, and they simply don't know how to get us out."

If Cain and Romney think so poorly of politics as a vocation, they could easily save themselves from any further taint. They could drop their arduous schedules, their fundraising pleas, their very public roles that open them up to ridicule and attack, and return to comfortable lives that would be welcomed by the vast majority of Americans who don't thirst after political distinction.

Of course, neither of them will fold up shop until it becomes impossible to go on, or he succeeds. They don't have the

courage of what they want us to believe are their anti-politician convictions.

Cain's status as a non-officeholder is entirely an accident of the poor judgment of Republican primary voters in his state of Georgia. He ran for the nomination to the U.S. Senate in 2004. He lost. Had he won, he might well be in his seventh year and second term in the Senate, where politicians go to live out their days blissfully free of any serious responsibilities.

Romney avoided becoming a career politician by a similar route. He ran for the U.S. Senate in Massachusetts in 1994 and lost, ran for governor of the state in 2002 and served one term before setting his sights on higher office, and ran for the Republican nomination for president in 2008 and lost. He's been running for president ever since. All in all, he's made a pretty good political career out of not being a career politician.

The business experience of a Cain or a Romney is enriching, no doubt. They are more impressive for it. But what will be more relevant if Romney becomes president, his time as management consultant or his time as governor of Massachusetts? Romney was a

flawed candidate in 2008 and — by most accounts — is a better candidate now. That has everything to do with having acquired more political experience by passing through the fire of running for president once before.

Amid the slings of outrageous fortune, the politician learns how to inspire and persuade, how to avoid unnecessary minefields and pick his fights, when to accommodate his opponents and when to confront them, how to build a coalition and keep it together. A businessman might have similar challenges, but they aren't played out in the public arena in the context of a balky, democratic political system that rarely moves on the basis of one man's orders.

And the businessman's work doesn't depend on a philosophical commitment to a set of ideas. The best politicians, like the non-businessman Ronald Reagan, translate their principles into reality in a way that rises to statesmanship. It's not important not to be a politician; it's important to be a really good one. ■

— Rich Lowry is editor of the *National Review*.

A new Bush era or push era?

amyGOODMAN

Special to Florida Weekly



Back when Barack Obama was still just a U.S. senator running for president, he told a group of donors in a New Jersey suburb, "Make me do it." He was borrowing from President Franklin D. Roosevelt, who used the same phrase (according to Harry Belafonte, who heard the story directly from Eleanor Roosevelt) when responding to legendary union organizer A. Philip Randolph's demand for civil rights for African-Americans.

While President Obama has made concessions after concession to both the corporate-funded tea party and his Wall Street donors, now that he is again in campaign mode, his progressive critics are being warned not to attack him, as that might aid and abet the Republican bid for the White House.

Enter the 99 percenters. The Occupy Wall Street ranks continue to grow, inspiring more than 1,000 solidarity protests around the country and the globe. After weeks, and one of the largest mass arrests in U.S. history, Obama finally commented: "I think people are frustrated, and the protesters are giving voice to a more broad-based frustration about how our financial system works." But neither he nor his advisers — or the Republicans — know what to do with this burgeoning mass movement.

Following the controversial Citizens United v. Federal Election Commission decision by the U.S. Supreme Court, which allows unlimited corporate donations to support election advertising, the hunger for campaign cash is insatiable. The Obama re-election campaign aims to raise \$1 billion. According to the Center for Responsive Politics, the financial industry was President Obama's second-largest source of 2008 campaign contributions, surpassed only by the lawyers/lobbyists industry sector.

The suggestion that a loss for Obama would signal a return to the Bush era has some merit:

The Associated Press reported recently that "almost all of (Mitt) Romney's 22 special advisers held senior Bush administration positions in diplomacy, defense or intelligence."

Two former Republican senators are included as well as Bush-era CIA chief Michael Hayden and former Homeland Security Secretary Michael Chertoff." But so is the Obama presidency an expansion of the Bush era, unless there is a new "Push era."

The organic strength of Occupy Wall Street defies the standard dismissals from the corporate media's predictably stale stable of pundits. For them, it is all about the divide between the Republicans and the Democrats, a divide the protesters have a hard time seeing. They see both parties captured by Wall Street. Richard Haass, head of the establishment Council of Foreign Relations, said of the protesters, "They're not serious."

He asked why they are not talking about entitlements. Perhaps it is because, to the 99 percent, Social Security and Medicare are not the problem, but rather growing inequality, with the 400 richest Americans having more wealth than half of all Americans combined. And then there is the overwhelming cost and toll of war, first and foremost the lives lost, but also the lives destroyed, on all sides.

It's why, for example, Jose Vasquez, executive director of Iraq Veterans Against the War, was down at Occupy Wall Street Monday night. He told me: "It's no secret that a lot of veterans are facing unemployment, homelessness and a lot of other issues that are dealing with the economy. A lot of people get deployed multiple times and are still struggling. ... I've met a lot of veterans who have come here. I just met a guy who is active duty, took leave just to come to Occupy Wall Street."

The historic election of Barack Obama was achieved by millions of people across the political spectrum. For years during the Bush administration, people felt they were hitting their heads against a brick wall. With the election, the wall had become a door, but it was only open a crack. The question was, would it be kicked open or slammed shut? It is not up to one person. Obama had moved from community organizer in chief to commander in chief. When forces used to having the ear of the most powerful person on Earth whisper their demands in the Oval Office, the president must see a force more powerful outside his window, whether he likes it or not, and say, "If I do that, they will storm the Bastille." If there's no one out there, we are all in big trouble. ■

— Denis Moynihan contributed research to this column.

— Amy Goodman is the host of "Democracy Now!" a daily international TV/radio news hour airing on more than 900 stations in North America. She is the author of "Breaking the Sound Barrier," recently released in paperback and now a New York Times best-seller.

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LUNCHEON

From page 1

marine ecosystems and has led more than 100 expeditions totaling more than 7,000 hours underwater.

Her research concerns marine ecosystems with special reference to exploration and the development and use of new technologies for access and effective operations in the deep sea and other remote environments.

Now explorer-in-residence at the National Geographic Society, that time spent in the sea has taught Dr. Earle just how fragile the ocean is.

"Everyone thought in the middle of the 20th century that the ocean was so resilient that there wasn't much we could do to harm it," Dr. Earle says.

Scientists have since learned otherwise.

She says people were cavalier in how they treated oceans, but it's similar to the ways they viewed the land.

"There was an early attitude about the land when Europeans first came to America about the life on the land — the forests, the birds, the animals," she says, citing how Lewis and Clark's expedition to the west was as much about exploiting the land's resources as it was mapping the region.

But abusing the ocean can have even more dire consequences for the planet, she says.

"Without the ocean, Earth would be inhospitable to us," Dr. Earle says. "If we understood the ocean less as water than as a great bowl of life — every fish, every whale counts."

Does that mean we shouldn't be fishing?

"Sure, we can extract some. There is great resilience," she says. "The ocean continues to adjust as we make inroads into that family of life in the sea. The inroads are so great that we have destabilized these processes that have held the planet steady, so there is a lot of justifiable concern about atmospheric issues."

For decades, researchers have studied the effects of what was belched into the sky through chimneys and exhausts.

But little has been done to document changes in the sea, Dr. Earle says.

"Just look at the efforts put into measuring the skies. But what they're not tracking is the source of hurricanes, which originate in the sea itself," she says. "Budgets that are allocated to ocean studies and ocean care are a fraction to that which is allocated to the ocean of air above and space beyond."

Why is that?

"I asked Clare Boothe Luce — she was just an amazing woman, very savvy on so many fronts. I had a chance to have lunch with her at her home in Hawaii, and asked why is it that people are so entranced with space," she says. "She didn't have to think very long. 'Heaven is up there,' she was pointing to the clouds, 'and we know what's down there.' People fear it."

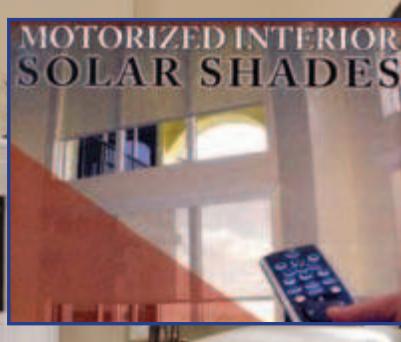
So it's a question of ignorance.

"Those deeply held concepts of looking to the ocean as an unknowable place — it was dangerous. The thought that you can't breathe in water — you can't breathe in space but people don't get that."

But we will not be able to breathe on Earth unless we mind the oceans, she says.

There's a delicate balance that keeps algae alive. Algae provides much of our oxygen. And the krill of Antarctica,

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those small, shrimplike creatures that sustain penguins and other marine animals, are dying off.

"We've displaced the fabric of life and are on the edge. ... We've more or less exterminated the great whales — 300,000 marine mammals die each year getting caught in fishing nets," Dr. Earle says. "Much of the world is appalled that civilized countries would take these intelligent animals as commodities."

There is a mindset that needs to change, she says.

"We've convinced ourselves that we need to fish to feed ourselves," she says. "We could probably get away with catching a few to feed our families. We're now feeding an insatiable unsustainable demand for fish protein."

Much of the fish is ground up for animal feed and pellets.

"It doesn't matter what kind of fish gets ground up," she says. "It's draining the ocean of the life that's there."

And fish farming also is detrimental to the environment.

"It's fed by our taste for shrimp. If we just said no, they wouldn't be growing it. It's taking a bite out of coastal ecosystems, for sure," Dr. Earle says. "It's really causing some big problems. Most of these shrimp ponds are at the cost of the mangrove forests, whether it's in Ecuador or Thailand or wherever it is.

"They carve out these shallow ponds, usually lined with these great sheets of plastic. They rely on the change of tides to bring water in, or, in some cases, rely on that body of water," she says.

And here's where fish farming can get nasty, she says.

"The problem is when they overcrowd or overfeed or pour on antibiotics to deal with the diseases that inevitably arise, she says. "In five, eight

years, these ponds become so contaminated, they abandon them and move on."

There's a reason why that happens.

"The shrimp are not eating plants. They're eating pellets or they're eating wild fish. Shrimp are omnivores. They can get along with plant material, but growth is faster for them to use pellets made from fishmeal," she says. "Cultivated fish. It's not a reasonable investment. It takes a whole lot more fish going in than coming out. It's feeding a luxury taste. We can all do without popcorn shrimp and shrimp cocktail."

Most westerners are pretty far removed from their food sources, Dr. Earle says.

"It's true of a lot of things we consume. We don't know the real cost of a cow or the other things we consume, but there's no question of the high cost of fish that we consume," she says.

That price can be high.

"Wild things can take, oh, decades to produce," Dr. Earle says. "There is a good analogy between the oceans and trees. Tuna, if left alone, can live for 30 years. It takes bluefins 15 years to reproduce."

It all comes back to understanding the ocean and its importance to our own survival.

Or as Dr. Earle says: "Going to the moon or Mars is a really big deal, yet we've invested heavily into going high in the sky, but we have neglected the ocean and it's costing us dearly." ■

■■■ in the know ■■■

>> The 2011 Go Blue Awards Luncheon begins at 11 a.m. Oct. 21 at PGA National Resort and Spa, Palm Beach Gardens. Tickets start at \$75; 627-8280 or marinelife.org.



COURTESY PHOTO

Dr. Sylvia Earle has led more than 100 expeditions totaling more than 7,000 hours underwater.

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-Bobbi

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**Establishing a platform to connect Dental
and Medical Professionals in addressing
Head and Neck Cancer**

Hoedown hightails itself into Abacoa

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

In case you haven't noticed, fall is here.

But even if the frost is not on the pumpkin, there at least are pumpkins.

And there is a celebration of all things fall Oct. 22 at the Jupiter Country Hoedown at Abacoa Town Center.

There will be country music and barbecue.

That's no bull, says Lainey Ruskay, director of the event. But there will be a mechanical bull.

"It's a big draw," says Ms. Ruskay, adding that she will not be riding, but knows a lot of people who will.

"We don't have anything like it in the area," Ms. Ruskay says.

"There is no other fall-themed, no other country-western event in the northern county. Then we added the Wounded Warriors and it just made sense."

A portion of the proceeds will benefit A Wounded Warriors Second Chance (AWWSC), a non-profit organization that assists wounded service members and their families with their transition from military to civilian life.

"It's an organization that's near and dear to everyone's heart," Ms. Ruskay says.

"We help these kids transition back to active duty or back to civilian life," says Mary Hinton, a former Jupiter mayor and executive director of Wounded Warriors. "We love them."

The organization has a compound of four homes on West Riverside Drive in



Jupiter to which it brings wounded military members and their families after they have been released from hospitals across the country.

"These families have unrelenting issues and you would never know it," Ms. Hinton says. "All of ours are combat injured, too."

Local country music favorites, such as the Amber Leigh Band, Tom Jackson and Burnt Biscuit, will perform and country dancers The Chili Chicks will perform throughout the day.

Oh, and did we mention the barbecue?

There will be a Backyard BBQ Cookoff, with local chefs putting their spin on grilled and smoked fare. Judges for the event include Jupiter Town Councilman Todd Wodraska, Dano from radio's "The Love Doctors," WPTV News Channel 5 meteorologist Glenn Glazer and Gen. Wayne Jackson of Wounded Warriors.

"These guys come in, cook and get bragging rights," Ms. Ruskay says. "We see who has the best in the area, then sell it."

There will be other fall-inspired food and beverages for sale, Ms. Ruskay says, plus a bounce house and other kids activities, eating contests and line-dancing lessons. ■

in the know

>> Jupiter Country Hoedown is noon-10 p.m. Oct. 22 at Abacoa Town Center in Jupiter. Cost is \$5 for adults, free for kids under 12. Call 847-2090 or visit www.jupitercountryhoedown.net.

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DAR to dedicate historical marker

The Daughters of the American Revolution will dedicate a historical marker at the entrance to the city of Palm Beach Gardens on MacArthur Boulevard and Northlake Boulevard, in front of the historic banyan tree at 9 a.m. Oct. 21.

The marker tells the story of the beginning of the city in 1959 and the efforts of the founder, John D. MacArthur, in having the Banyan trees planted

at this location. The trees have become a living symbol of the City of Palm Beach Gardens.

The Palm Beach Gardens Historical Society will be host a reception immediately following the dedication at the home at 5312 Northlake

Bld., a few blocks west of the new marker. All those in attendance are invited back to the society for coffee and doughnuts. Call 694-9696. ■



COURTESY PHOTO

Rotarians Skip Bush, left, and Ed Kent present a dictionary to David Dickerson, principal of Allamanda Elementary School in Palm Beach Gardens. Each year the Rotary Club International presents dictionaries to third-grade students in seven schools in northern Palm Beach County. The Rotary Club of Jupiter/Palm Beach Gardens meets every Tuesday at the DoubleTree Hotel in Palm Beach Gardens.

I ate a lot of chocolate. I drank a lot of wine.
There was a lot of anxiety.

-Amy

To hear Amy's story, visit jupiterbreastcare.com.

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Join us for an interactive and lively discussion about how healthy living through diet and exercise, as well as knowing your family history, can help reduce your risk for breast cancer. Cathy Marinak, ARNP, MSN, *Genetics Counselor* will provide information about genetic risk factors and genetic testing; Jeanine Secor, *Clinical Research Manager*, will provide information about clinical research trials, including the new breast cancer prevention trial; and Maureen H. Chriske, RD, LD, *Registered Dietitian* and Melissa Buck, *Exercise Specialist*, will talk about the importance of a healthy diet and exercise in reducing your breast cancer risk.

The event will also feature a cooking demonstration with samples.

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CLAWS

From page 1

in his sleep. Particularly thanks to one woman, a customer who comes in every Christmas and orders 500 claws, cracked cocktail style. Year after year, she keeps coming back.

Mr. Giardini understands the compulsion to buy stone crabs — they're cooked, cracked, chilled, easy. Add some Carmine's homemade mustard sauce and eat.

"When I sit down to eat 'em, I can't stop," he said. "It's one of those things where you can't get enough. You keep going and going. They're so good, so sweet, so tasteful."

But before they're so simple, somebody has to cook them and grade them, like Justin Grimm of Grimm's Stone Crab in Everglades City. He's the boy who grew up not being able to sleep the night before season started.

GIARDINI

The excitement — the boats, the stone crabbers, the trucks — the buzz still seems to wake him three hours before he needs to be up on opening day.

Grimm's buys stone crabs from six boats, six days a week, roughly six months a year. Say each boat brings in 300 pounds a day, then Grimm's moves over 270,000 pounds of stone crabs a season. "And that's low-balling it," said Mr. Grimm.

He's the third-generation-Grimm running the family business, right alongside his father and grandmother. Their website boasts, "If you call us," there's a 99 percent chance the person answering the phone has the last name Grimm.

Mr. Grimm's mother has pictures of him and his brothers in their car seats next to the grading table, where family sat sorting stone crabs into grades of medium, large, jumbo and colossal. "Stone crabs are a way of life to me," said the 29-year-old. "I didn't really know anything else growing up."

These days Mr. Grimm's the one who stands over the pot, cooking up to 400 pounds of claws at a time. He boils them for eight minutes, lets them cool for 10. He cooks about three hours a night, spends maybe five hours grading claws the next day. "That's half a day spent processing the product," Mr. Grimm said. "And we're one of the smaller businesses."

What he loves most about stone crabs happens to be what all crabbers and chefs and connoisseurs alike love — stone crabs are sustainable — take a claw, throw the crab back into the ocean, the crab grows a new claw.

"As the third generation, I know there's a chance for another generation too," Mr. Grimm said. "Because crabs regenerate, this industry will stay around."

Good for Grimm's, as they already have pictures of the fourth generation to run their business posted on their website, three boys under the age of 4. The Grimm boys may be too young to remember their first taste of stone crab, but Steve Gyland's the boy who remembers.

The owner of Cod & Capers Seafood Market in the Gardens was 12 when he first ate a stone crab. Winning a



EVAN WILLIAMS /FLORIDA WEEKLY

The crew of the Kristin Anne unload their first catch of the season at Grimm's Stone Crab in Everglades City.

World Book Encyclopedia contest, Mr. Gyland was treated to a free weekend in Miami Beach at the Americana Hotel. His father took him to Joe's Stone Crab Restaurant — which celebrates its 99th season this year and where guests now wait two hours for the Joe's experience — stone crab claws, crusty hash browns, garlic spinach and warm onion rolls.

More than anything, Mr. Gyland remembers the guy sitting at the table across from his — Lloyd Bridges — star of the ocean-adventure television series "Sea Hunt."

"All the kids knew him," said Mr. Gyland, now 58. "To this day, I still have a signed menu from Joe's Stone Crab."

Forever a lover of the ocean and diving, Mr. Gyland opened his seafood market in March 1984. His stone crabs come from Islamorada, Everglades City and Hernando Beach. Every October as season nears, the business owner in him thinks, "The doldrums of summer are about to be over."

"Stone crab season coincidentally, almost perfectly mirrors our economic season," said Mr. Gyland, referring to the boost from winter visitors. Last year he sold roughly 60,000 pounds of stone crabs.

As for what he anticipates this year, he says the catch and the economy dictate the price. A good catch means a more reasonable price, meaning markets sell more and customers feel better about their appetite.

Typically prices start around where prices ended or started the previous year, then adjust to market quite rapidly. Mr. Gyland looks back through his

books from the start of last season for reference. His medium claws cost \$16.95 per pound, large \$23.95 per pound, jumbo \$29.95 per pound and colossal \$34.95 per pound.

Once you buy them, you leave them alone, says Chef Bernard Uffer of Lola's Seafood Eatery. He's the boy from Bolivia who moved here in the '70s and ate stone crabs by the bag, 'til he ate too much.

"You bite into the sweet, add the sting of mustard and 'Whoa' goes your mouth," said Chef Bernard, he prefers no last names at Lola's.

Then he reiterates his point, "Don't mess with stone crabs," dropping sentence after sentence as if slicing it home, "Leave them cold. Crack them. Serve them with mustard. That's how people like them. That's how you serve them."

He says if you must experiment, serve it in a champagne flute. Or in a martini glass, over ice, little lemon, little mustard sauce, "Terrific," approves the chef.

Price will determine if stone crabs make his New-England-centered menu. "Everybody loves stone crabs," but will his customers pay?

Regarding price, Cod & Capers'



BERNARD



Above: By forklift, Joshua Grimm takes the catch — 320 pounds — to be processed.



Left: Ronnie Goff boils all 320 pounds in one pot for eight minutes before icing it down. Tod Dahlke observes.

Gyland would like to turn from economics to a quick biology lesson, "something very important for the consumer to understand." Stone crabs have exoskeletons. They molt. They shed their old shell and grow into a new one.

"That new shell is larger than their body ... It can take a considerable amount of time to grow into ... The void between the meat and claw fills with water," said Mr. Gyland, summing up, "We call them lites or floaters, because when you cook them, they float to the top, there's a big air cavity there."

And some people sell them. Mr. Gyland says these lites explain street signs advertising crab claws for \$4.99 per pound. Less meat, salty meat, hollow shells, lower price, bad impression.

Nothing hurts him worse than when a customer walks into his market and says, "Nah, I don't care for stone crabs. Tried it, wasn't very good."

He reaches into his case, grabs a stone crab, cracks it, removes the shell, hands it to the customer with a napkin and says, "Here, this one's on us, try it."

The customer tends to leave with a pound or so. And then they come back. Just like the claw of the stone crab.

Their sustainability marvels Mr. Gyland, "Large stone crabs can grow back in a season what we took from them in the first place. What else in the world can do that?"

Then he brings up by-catch. Long-lining for marlin may hook swordfish. Trawling for shrimp may net snapper. Any fish targeted by a net may net another fish, unintentional as it may be.

"Not to put negativity on those fisheries, but to make a better light for stone crabs, there's no harmful by-catch," said Mr. Gyland, showing just as the crab returns to the ocean alive, any creature pulled from the trap can be returned to the ocean alive.

Orlo Hilton pulled those traps for 15 or 16 years. But when he says it, "Fifteen, sixteen years is all I actually did that," he makes it sound like his stretch was nothing.

The Everglades City man spent those years waking up early, leaving the dock by 4 o'clock in the morning, so he could reach the off-shore traps

by daybreak, knowing he might not make it back 'til after sunset.

Most boats have two pullers in the back, working in unison all day long. "When you pull up a trap, the other guy drops one," Mr. Hilton said. "Some boats pull a thousand traps a day. Six hundred's probably average."

Between pulling and dropping the traps, crabbers are snapping claws and throwing crabs back in the water. "It's a wrist thing," Mr. Hilton described. "Soon as you get ahold of 'em, you apply a real sharp snap. They'll turn loose of it. They'll pop that claw loose themselves. You don't physically tear it, or you'll kill the crab."

"I wish you were here. I could show you better than I can tell you. I'm not that good over the phone," said the man who's no longer running 11 boats, but cooking up at his fish house on the hill, Triad Seafood Market and Café, where you can dine in a screen deck over the water.

Mr. Hilton's the boy who can only tell you what a stone crab tastes like by sticking to Florida vernacular. "What's a stone crab taste like? What's an orange taste like?"

"I don't hardly eat 'em, I've handled so many of 'em, cooked so many of 'em," he said. "It's like somebody working at a candy store or an ice cream shop. I'm sure you wouldn't eat ice cream every day, or candy every day. It's a product."

Then he has to get off the phone and cook lunch for these "people who drive over from Miami to sit and eat crabs with us," because even though stone crabs are a product to him, they're still candy for some. ■



EVAN WILLIAMS / FLORIDA WEEKLY

Wanda Grimm (grandmother and part-owner), Joshua Grimm, and two other family members sort each claw by size: medium, large, jumbo and colossal.

You should know ...

FLORIDA WEEKLY'S SPOTLIGHT ON
LOCAL REAL ESTATE BUSINESS PROFESSIONALS

NAME: Susan Bennett, PhD

AGE: Gave up counting... just enjoying!

CURRENTLY: Keyes Associate in Palm Beach Gardens office at Legacy Place

SPECIALTY: Luxury, waterfront, Singer Island

HOMETOWN: Moved to Florida from Dallas, TX. I have lived in California, Washington, DC and Chicago. I was raised in Michigan on Lake Huron.

RESIDENCY NOW: Singer Island

BACKGROUND: PhD from University of Notre Dame; Corporate Executive positions and Global Consulting with Accenture prior to beginning my career in real estate

FAMILY: Extended family living throughout the U.S.

ACTIVITIES: Active member of several civic and charity boards. I enjoy the arts and time with family and friends.



Susan Bennett

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HEALTHY LIVING

In this age of indulgence, doing less for children can mean more

lindaLIPSHUTZ



lipshutz@floridaweekly.com

Jane came home from an exhausting day to find the kitchen in disarray. Marissa had promised she would straighten things after school and get dinner started. Neither had been done. Jane didn't have the strength to get into another blowup so she started in with the dishes, muttering angrily to herself. By the time Marissa sauntered into the kitchen, Jane had worked herself up to a resentful state. She berated Marissa, calling her lazy and spoiled. Predictably, an ugly argument ensued. Marissa retreated to her room, angrily blasting her music.

When Jane tried to talk to her later, Marissa was sullen and non-communicative. Jane wondered, once again, what had happened to the little girl who couldn't wait to be her mother's "little helper." But then Jane ruefully remembered how she would often shoo Marissa away, because she was getting in the way and Jane got more done when she did things by herself.

Many of today's parents lament how hurtful and discouraging it can be when their children demonstrate rude, spoiled behavior or show a troubling lack of initiative. In the parents' minds, they've showered their children with the best of everything. It shouldn't be such a big deal for kids to pitch in when parents make a simple request.

Of course, these parents started out with the best of intentions. Unfortunately, when they were harried or overwhelmed, they may have unwittingly communicated to their children that they were not expected to assume important family

responsibilities. Nor, were they capable of making life decisions on their own.

Astute parents take steps to help their children move forward in life with a sense of competence and the ability to trust their own judgment. Their goal is to raise young people who are bright, happy and motivated to succeed. And importantly, for them to gain the confidence they have the inner resources to cope, without becoming angry and frustrated when things don't go their way.

Let's be clear that many factors greatly impact on the skills and attitudes our children learn: genetic make-up, peer and social influences, life experiences, among others. So by no means should beleaguered parents beat themselves up mercilessly when their children disappoint them.

H. Stephen Glenn and Jane Nelson wrote a very instructive book for parents and educators called "Raising Self-Reliant Children in a Self-Indulgent World," which provides many thought-provoking examples challenging adults to consider the impact they have on their children and the messages they may unintentionally send. The authors outline what they call building blocks for assisting young people in becoming capable adults. Three of the principles are especially important to address:



1. Helping children believe they are capable of facing problems and learning through challenges and experiences.

2. Helping children believe they are capable of contributing in meaningful ways and believing that life has meaning and purpose.

3. Helping children become accountable for their behavior and to learn how actions and choices influence their lives.

When difficult situations present themselves, parents can learn a model of asking important questions. The questions should be open-ended to provoke young people to think carefully and explore the consequences of their choices.

The authors promote a process of asking questions they call the EIAG system, which has been proven to strengthen inter-personal relationships and enhance meaningful dialog:

EIAG: Experience, Identification, Analysis, Generalization.

Experience: What steps are necessary for young people to examine the experiences, negative and positive in their lives?

Identify:
"What happened?
What did you see?
What were you feeling?"

Analyze:
"What made it seem important to you? What were you trying to do?"

Generalize:
"How can you

use this information in the future? What can you do differently next time for different results?"

If we can remember to ask questions like these regularly, and patiently wait for our children to come up with answers, we can provide a non-judgmental atmosphere that encourages them to problem solve on their own.

We are also communicating we have confidence they are capable of handling tough situations. Of course, it would be important to reassure them that we can be counted on and are there to bounce ideas off of. As we patiently listen to their reasoning and impressions, we are better able to understand what they are going through so we can be more supportive.

So many of us find it easier to jump in or take over when our children are struggling. In doing so, we often miss important opportunities to help our children learn effective skills of mastery and self-confidence. How many of us have impatiently pushed aside our eager little ones' attempts to help with chores because it was easier to do it ourselves? Or, perhaps we worried they might break something or make a mess? Looking for simple tasks our young children can comfortably handle, with increasing responsibility as they mature, should give them a sense of pride and contribution. Sometimes the best way to show our children how much we love them is to do less, not more. ■

Linda Lipshutz, M.S., LCSW, is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached in her Gardens office at 630 2827 or online at palmbeachfamilytherapy.com.

GIVING

Remember those who are there to give a helping hand

leslieLILLY



President and CEO of the Community Foundation for Palm Beach and Martin Counties

that the further the story gets from those who lived it, the less accurate in the telling and memory it becomes. He described his recent travel experiences outside the state and how frequently he encounters the prevalent myth that what happened in New Orleans was a natural disaster. We now know better.

The failure of the levees was a man-made consequence and therein is a cautionary tale: If we are going to learn from our mistakes, we had better know what they were and implant them in our memories, especially when it is a disaster like Katrina. Years later, one of America's great cities is still haunted by failed planning. The new FEMA report is timely for any state wishing to prepare for the unexpected, no matter its source. The bad news is that the report says there is an uptick nationally of disasters on the scale that obliterates the social and economic infrastructure of place. Unless you have been off the grid these last few months, this observation is probably not news to you.

When thousands of homes and businesses are destroyed, enormous human and financial costs follow. In the past decade, the National Oceanic and Atmospheric Administration reported 57 weather disasters that tallied up to a grand total of more than \$1 billion in damages (in 2011 dollars), 10 of which occurred earlier this year. Rebuilding and the urgency with which a return to

normalcy is sought come with their own set of issues. Just ask anyone who has ever been at the intersection of a public hearing on what the new neighborhood is going to look like that has been forever changed by flood, fire or tornado.

Historically, philanthropy always has been among the first responders with cash, services and volunteers mobilized to meet the urgent needs of communities in crisis. But the inefficiencies in getting all the public, private and community agencies on the same page and working together create tensions in how well things work. Disarray in purpose results in opportunities lost to get things done now, quickly and with competence. Bottlenecks are the source of urban legends that are created by governments mustering their own bureaucratic systems into action. Look no further than Congress's recent debate about the refunding of FEMA and find another example of how things can go terribly awry. If you were sitting on an island, waiting for help, in the middle of a raging river in Vermont because of flooding caused by Irene ... well, the debate probably went on a little too long for you.

It has been several years since an event in our own backyard reminded us how important the emergency infrastructure is that can be mobilized in a time of disaster. But the many nonprofits that are involved in disaster relief have not been lulled into complacency.

The stalled recovery from 2008's Hurricane Ike, as well as the snail's pace of recovery from 2005's hurricanes Katrina and Rita have been instructive. Many area agencies have taken those lessons to heart.

We all have an expectation that homes and businesses will be rebuilt after nature has run amuck, but our nonprofits do so much more. They also tend the gardens of the human spirit, supporting families, addressing immediate needs — and they show up and offer a helping hand when you need one. As we enter into the 2011 season of giving, remember your non-profit friends. It is a certain way to ensure, if you ever need a friend, they will be there for you. ■

The views expressed in this article are the author's and do not necessarily reflect the views of the Community Foundation.

As one of Florida's largest community foundations, the Community Foundation for Palm Beach and Martin Counties advances quality of life, citizen engagement and regional vitality through its promotion of philanthropy. Last year, the Foundation awarded more than \$5.3 million in grants and led initiatives to address critical issues of common concern among our region's communities, including hunger, homelessness, affordable housing and the conservation and protection of water resources. For information, see yourcommunityfoundation.org.

Earlier last month the Federal Emergency Management Agency published its National Disaster Recovery Framework, a post-Katrina report recommending how we can do things better, differently, and (appreciatively) perhaps never again, as a result of the terrible devastation suffered by Gulf Coast communities.

Of course, the aftermath did not stop there as the consequences of the storm bled northward and thousands were displaced and sought refuge. Baton Rouge, for example, had its population double in the time it takes to read a Tom Wolfe novel. The stories are legion that Katrina also affected many communities nationally that mobilized, received evacuees and participated in lifting their brothers and sisters out of the mud and debris. Some of the people who left the Gulf Coast behind have become transplants elsewhere and are never coming back home. Lives and communities have been irrevocably changed.

Learning from disasters is crucial, especially when the rescue and recovery go wrong. A recent blog posted by the CEO of the Greater New Orleans Community Foundation is a reminder

Making Strides walk Oct. 22 in West Palm

Thousands of walkers, breast cancer survivors and volunteers will join together and put on their pink bras to fight breast cancer at this year's Making Strides Against Breast Cancer 5K walk. The noncompetitive, fund-raising event is The American Cancer Society's signature event to raise awareness and funds to fight breast cancer.

It is Oct. 22 at Meyer Amphitheatre, 105 Evernia St., West Palm Beach. Registration begins at 7:30 a.m. and the walk

starts at 9.

Last year, Making Strides Against Breast Cancer participants raised \$155,655 in Palm Beach to fund life-saving research and support programs to further the progress against this disease. The American Cancer Society hopes to exceed this amount this year.

For more information or to sign up for the American Cancer Society Making Strides Against Breast Cancer in Palm Beach, see putonyourpinkbra.com. ■



Calling all critters (and humans) to "Pet-A-Palooza"

SUNNY 104.3 and the CBS Radio family of stations will host "Pet-A-Palooza," which will feature live music from Stranger Danger, Tom Jackson and Boss Groove on Oct. 22 at Carlin Park in Jupiter.

Twiggy the amazing waterskiing squirrel and The Splash Dogs (dock jumping dogs) will be on hand. If you get there early, you can catch the AirK9s Frisbee and acrobatics show or a demonstration by the U.S. (Canine) Border Patrol.

Get a photo of you and your critter in the pet-friendly photo booth. There will be plenty of adoptable animals at The Christie's Critters Take Me Home Zone.

Food vendors will be on site, so no outside food or beverages are allowed.

It's 11 a.m.-5 p.m. Oct. 22, Seabreeze Amphitheater, Carlin Park, 750 S. State Road A1A, Jupiter. Admission is free. Call 966-7099. ■



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WHEN WILL YOU COMMIT... TO CHANGE?

By Beth Mueller

You will blink, and before you know it—it will be 2012. What do you want for yourself before January 1st arrives?

Take a look at the calendar. The three months between October 1st and January 1st are the same amount of time as January 1st to April 1st. For some reason, however, we use “school starting up again,” “loose-fitting wintry clothes” and “the holidays” to avoid committing to a rock-solid health and fitness plan before January 1st.

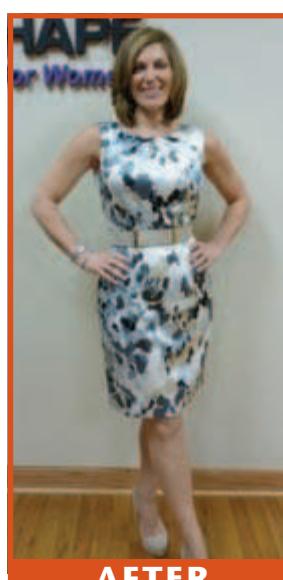
Jumpstart your program now! Imagine how your routines, body composition, habits and thoughts around fitness and nutrition could be different. Take a minute to visualize yourself, the clothes you would wear, the way you would carry yourself, and what you would say when complimented... if you could commit to change right now.

While individual personal training may cost as much as \$60 to \$80 or more per hour elsewhere, Get In Shape For Women offers small-group sessions for as little as \$19 a session. Women train under the supervision of a personal trainer who has an understanding of what women want and what they need. Tone, sculpt and transform your body today with top trainers at Get In Shape For Women.

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-Diane Calta

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PET TALES

Cheating death Home hospice offers options for those whose pets are dying

BY GINA SPADAFORI

Universal Uclick

When my 14-year-old Sheltie, Drew, was diagnosed with kidney failure, my veterinarian offered me something that wasn't really an option when I started writing about pets a couple decades ago: hospice.

He encouraged me to manage Drew's terminal disease with daily IV fluids given at home and with a diet geared toward reducing strain on my dog's failing organs. That was a few weeks ago, and now Drew's kidneys are functioning well and he looks and acts years younger than he is. No one who meets him would guess he may have only weeks to live.

That quality of life is what hospice is all about, and the trend is catching on, according to advocates.

“The path to death is detoured a bit,” says Dr. Robin Downing of the Windsor Veterinary Clinic and The Downing Center for Animal Pain Management. An internationally known expert in pain management, Downing is one of a handful of strong advocates for palliative care for pets, the practice of keeping animals happy and comfortable in their final days, weeks and months.

“We needed to find a way to help these animals live until they died,” Downing says. “That’s what hospice is about: living fully.”

Since the 1990s, the introduction of a series of effective nonsteroidal inflammatory drugs (NSAIDs such as Rimadyl, Metacam and Deramaxx), along with the increased acceptance and use of complementary pain medications, has changed veterinary practice.

Previously, many veterinarians had avoided pain control for animals after surgery. The consensus view was that if moving hurt, a pet would be more likely to be still while healing. That thinking was changed by research showing that animals heal more quickly when pain is controlled.

For veterinarians such as Downing, these improvements in pain management made it clear that in some cases, they could also ease the suffering for animals for whom they could do little else.



A month after a diagnosis of terminal kidney failure, Drew enjoyed a four-day family camping trip. Daily hospice care at home is supporting his quality of life.

Only a small percentage of the nation's veterinarians offer end-of-life care, but there are signs that this is beginning to change. Indications of the increased interest include the first-ever pet hospice symposium at the University of California, Davis, School of Veterinary Medicine in 2008, followed by the founding of the International Association for Animal Hospice and Palliative Care the following year. The American Veterinary Medical Association recently revised its guidelines to emphasize that “veterinarians who do not offer hospice services should be prepared to refer clients to a veterinarian who does.”

Although advances in veterinary pain management have helped propel the idea of hospice, that's not all there is to palliative care. Other means of easing an animal's suffering may include regular subcutaneous fluids to improve hydration — such as I provide to my dog — oxygen therapy and assistance devices such as slings to support weakened hind ends.

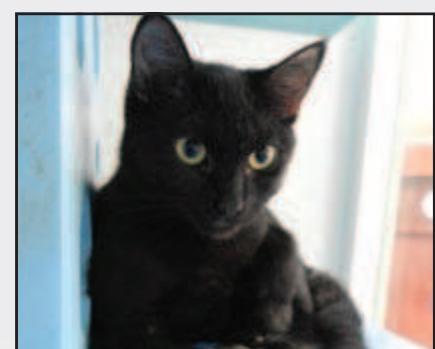
Hospice help may also include physical and massage therapy as well as advice: urging the covering of slippery floors with rugs for better traction, or finding or developing diets that support a patient who may not want to eat. Complementary and alternative veterinary medicine, such as acupuncture, can be part of the package as well — as it is for Drew.

The final aspect of veterinary hospice is recognizing when it's time to say goodbye. And while I'm certainly not looking forward to it, I know I'll be better prepared for the end after the extra time together my dog and I have both enjoyed. ■

Pets of the Week



>> **Jason** is a 3-year-old neutered male Münsterländer mix. He weighs 57 pounds and loves to swim and run. He would do well in a family with older children



>> **Sugar** is an 8-month-old spayed female. She is shy, quiet and gentle. She likes to perch high up on shelves, and curl up to sleep in small spaces. When bringing a new cat into a home, gentle introductions and a little time are recommended.

To adopt or foster a pet

October is National Adopt a Dog Month. Stop at the shelter or visit the website for information about adoption specials.

The Peggy Adams Animal Rescue League, Humane Society of the Palm Beaches, was founded in 1925 and is a limited admission non-profit humane society providing services to more than 10,000 animals each year. It is located at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspb.org. For adoption information call 686-6656. There is no adoption fee for anyone 55 and over, as part of the Senior to Senior program.

WEEK OF OCTOBER 20-26, 2011

A GUIDE TO THE PALM BEACH COUNTY BUSINESS INDUSTRY

MONEY & INVESTING

Be generous responsibly



While this column usually focuses on the "money in" side of the economic equation, this week's focus is on a particular aspect of "money out."

Generosity is one form of money out; it is a foundational element of our country's citizenry, just as much as is self-reliance and self-responsibility. It is very much a core value in Judaism, Christianity and other religions and is not to the exclusion of those self-described as "spiritual but not religious" nor atheists, as they often find their life's journey manifesting in helping others. There are many paths leading to the door of generosity.

Most of our giving will go to our spouses, children, family, friends and charities... in some semblance of that order. This giving is not de facto; it still requires planning, deliberation, heartfelt consideration and monitoring.

However, regardless of how well-intentioned the generosity, the gift can often be to the detriment of the recipient. Generosity can often become a crutch for others and, in fact, unknowingly ease them into a lifestyle of dependency upon the giver (and other successive givers) and, ultimately, create an attitude of entitlement.

Generosity without any strings attached sounds a lot better than generosity with strings attached, unless the strings are meant to reward and encourage the recipient of the gift, to condition their behavior and to promote assumption of responsibility for their own financial well-being.

Here are some ideas:

■ Children

If your goal is independent, educated and skilled children with completed character (not to the exclusion of other attributes), then consider forms of gifts that encourage and reward such behavior. Many parents have given financial reward for children in lower grade levels for all As or for a C average upped to a B. Some parents stop this form of incentivizing at middle school; it can have application at the high school and college levels, too.

As some percentage of high school children will drink or take drugs, consider incentivizing substance-free living. Agree with your child to submit to random drug tests and financially incentivize when they have clean reports. Too harsh? To some, yes, but it can be a collaborative decision with your child and it will make sure that you are not unknowing about a big problem. In some industries and professions, random testing is a requirement. You can choose to make it an absolute standard too.

Consider the possibility of having your parental generosity in funding college costs be matched by your

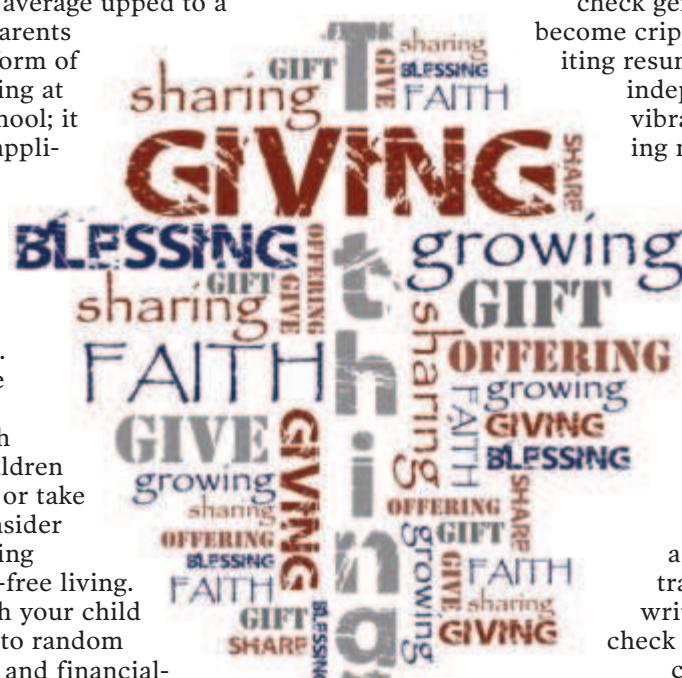
child's industry. Instead of paying for all of your child's college costs, have your child commit to a percentage contribution, through savings, a job concurrent with college or their incurrence of student loans. Require them to have some skin in the game.

■ Family and friends

Many givers want to respond to this group. Unfortunately, blank-check generosity can become crippling, inhibiting resumption of an independent and vibrant life. Giving money without constraints is often

so very much easier than getting involved with the underlying causes. And writing a check often translates into writing another check and another check. Pretty soon an economic dependent has been birthed.

Why not give the recipient of your generosity the incentive to solve their problems and become self-sufficient? For instance, you could devise a plan that generously gives but requires the recipient to adopt a financially sound lifestyle and scales-down support to zero over a period of time. However, if you have allowed an adult/young adult to become your dependent, then you



really need to admit your part in creating the unhealthy relationship and take steps to transition the dependent away from your support. You might need some counseling just as much as the recipient.

As to a romantic or marital relationship, much of the aforementioned can apply. However, when there is a large inequality between partners, there can be an inclination for the one of lesser resources to take advantage of the one with greater resources. Consider choosing a mate who spends your money as if they had worked for it as hard as you have; it might be a solution to an age-old problem of not being used for your money.

■ Charities

Someone needs to evaluate whether the charitable recipients are spending money wisely. A good cause is great if executed in a financially responsible manner and the recipients are held accountable for results. For instance, you might well be giving to a foundation that has an elaborate grant approval process but a non-existent process for accountability after the grant is made.

Consider incentivized giving. Maybe you are already doing it. Maybe it has no application. Maybe it is something about which you have thought, not yet articulated in your mind or put into action. Generosity has the potential to engender positive character in the recipients of your gifts as long as you are giving responsibly, all the while fostering self-reliance and financial responsibility. ■

— Jeannette Rohn Showalter, CFA, can be reached at 239-444-5633, ext. 1092, or jshowaltercfa@yahoo.com.

Access Medical Labs to celebrate new lab and research center

SPECIAL TO FLORIDA WEEKLY

The completion of Access Medical Laboratories Inc. will be celebrated on Nov. 8.

The new 25,000-square-foot core laboratory and research facility is located at 5151 Corporate Way in the Abacoa community in Jupiter.



This event will be hosted by officers of Access Medical Laboratories Inc.: President/CEO Mohamed El-Hosseiny, Senior Executive Vice President and Chief Oper-

ating Officer Susan El-Hosseiny; and vice presidents Sharif El-Hosseiny, Ryan El-Hosseiny and Adam El-Hosseiny.

The celebration, from 5 p.m. to 7 p.m., will include a ribbon cutting at 5:15. Among the guests expected to attend are Jupiter Mayor Karen J. Golonka, Jupiter Town Manager Andy Lucasik and Northern Palm Beach Chamber of Commerce staff members. Also, Medical Laboratory Director Dr. Alan Sara, and Drs. Mark L. Gordon of Los Angeles; Mitchell Ghen of Boca Raton; Naina Sachdev of Portland, Ore., and Edwin Lee of Orlando.

The state-of-the-art complex consolidates the majority of Access's opera-

tions into a single facility, which will foster the company's diagnostic laboratory services. Access broke ground on the new building in June 2010.

"Our new headquarters will give us the ability to expand our menu of specialized testing domestically and internationally, bring in more researchers for our Anti-Aging & Esoteric divisions, take our world class customer service to a higher level and further our mission as a laboratory committed to excellence" said Ryan El-Hosseiny. The facility is located on a 3.5-acre site. This business will create more than 60 jobs in Jupiter's bio-tech community.

Founded in 2003, Access Medical

Labs is well-known around the world for its research in advanced cardiac, interventional endocrinology/anti-aging and microbiological testing. Access Medical Labs reports that it is the only lab in the nation to develop a complete menu of saliva hormone testing on using the "Gold Standard" method, Liquid Chromatography/Mass Spectrometry (LC/MS/MS). ■



El-Hosseiny

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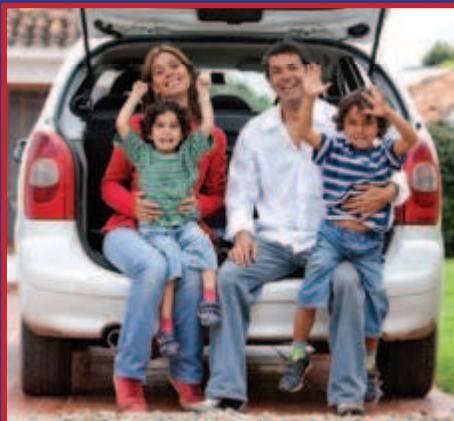
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Palm Beach County Clerk & Comptroller Sharon Bock and Constitutional Tax Collector Anne Gannon announced a partnership designed to save taxpayers' money.

Starting this month, the clerk's office will begin managing the tax collector's investment portfolio, with the goal of maximizing earnings. The tax collector's short-term funds had previously been invested in a bank money market fund. The fund custodian notified Ms. Gannon that they planned to charge the tax collector fees to manage the account because of low interest rates. Ms. Gannon's office currently has more than \$100 million in these money market accounts, and is looking to the clerk's in-house investment professionals to help them earn a higher return to benefit taxpayers.

"Clerk Bock and her investment professionals have done an impressive job of managing the county's portfolio and making money for Palm Beach County, at a time when it's difficult for anyone to make money on investments," Ms. Gannon said. "It made perfect sense to transfer our funds from a bank that was going to charge us fees to Clerk Bock and her team to manage our portfolio, earn a better return, and help save even more taxpayer money."

Last year, Clerk Bock was able to return \$74 million in interest income to Palm Beach County, all of which went to help the County pay for operating expenses. Investment income from the clerk's investment portfolio saved each Palm Beach County taxpayer \$121 in 2010. ■

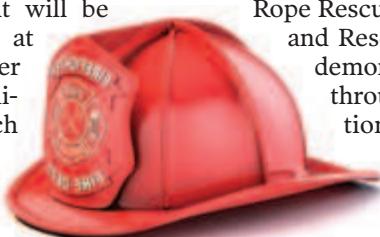
Gardens Fire Rescue to host open house

Palm Beach Gardens Fire Rescue will host an open house from 10 a.m. to 1 p.m. Oct. 23. The event will be held at Fire Station 61, at 4425 Burns Road (corner of Burns Road and Military Trail) in Palm Beach Gardens.

Palm Beach County's Pipes and Drums and

the Palm Beach Gardens Honor Guard will kick off the event. Vehicle extrication, Rope Rescue, CPR, FEMA K9 Search and Rescue and "Cardiac Arrest" demonstrations are scheduled throughout the event, in addition to emergency vehicle displays.

For information, call 799-4300. ■



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8 Alternate Free Sparring: Builds self-control

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GREENER CLEANER WATER... FROM THIN AIR?



BY SEAN
COCHRANE

Very few people understand that the water that pours from their faucet actually consumes a vast amount of energy. It is treated, cleaned and pumped from the dams through the treatment plants, along the pipes to ultimately end up in your drinking glass or bath tub. So wasting water not only wastes the precious resource itself, wasting water also places a higher demand on energy providers to create more electrical energy, which is generally generated by the burning of fossil fuels and means more pollution. The less water we treat and pump, the less pollution we will have.

To this end, through education and behavioral changes we can hopefully save, reduce or reuse as much water as possible, through solutions such as installing low flow shower heads, water effi-

cient toilets and faucets, and by looking to rain water harvesting in rain water tanks (which are not always practicable for all homes and HOAs). With those options covered, what else can a family or small business do?

An alternative product that is gaining in popularity in the clean drinking water market segment is the new Wellness Series of Atmospheric water filters. So how does an Atmospheric water filter work exactly?

Wouldn't it be nice if you could generate all the clean, safe, pure drinking water (five to seven gallons of fresh clean water per day) for your home or small business on site, with very little energy consumed, without having to continually replace those top-mounted water filter bottles and without having to buy water in those nasty plastic bottles all the time? Well I'm pleased to tell you that the solution is at hand in the form of the Wellness Series of Atmospheric water filters. These

units not only produce water from thin air as they remove the moisture (humidity) from the air, they also cool the room as a handy by-product. It goes without saying that they purify the water through a series of reverse osmosis filters, carbon filters and UV lights. Then the water completes its trip through a custom-designed Alkaline Ionized filter. The resulting water is not only clean and pure; it is also perfectly PH balanced with a value of 9.5PH. It is thus structured for up to six times faster hydration, and being electron-rich, it is endowed with essential antioxidant properties.

The Wellness 9.5 takes water purification to a new level. No plumbing is required, and since its primary source of water already has no pollution or contamination, the water starts its journey in a much cleaner state than any traditional source. If that wasn't enough, it also filters and dehumidifies the air in your home or business. In our office, for exam-

ple, it dries and cools the air so well that we are often required to reset our AC thermostat. With drier air in our office, it feels cooler, thus saving me money on my AC bills. This makes the Wellness 9.5 not only health-friendly, but eco-friendly as well!

We have been very happy with our test unit over the past three months. One of our staff members who has been using the water now no longer suffers from gout attacks because his uric acid is lowered due to drinking higher PH (alkaline) water. Besides having several happy clients using the water, I have heard reports that Hippocrates Health Institute and a few Olympic athletes in training are using these new Wellness 9.5 water filters, with positive results in hydration and overall feeling of well-being.

If you are not yet convinced, please visit the SuperGreen Solutions store at 3583 Northlake Blvd, to taste and sample this wonderful water for yourself.

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1



2

1. Trainer Mike Lenox and Reese Gumbus
2. Participants warming up
3. Owner of Fitness Redefined Gary Lavin
4. Pass the Pumpkin Team Challenge
5. Marissa Lavin

COURTESY PHOTOS



3



4



5

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NETWORKING

Jupiter Medical Center Real Men Wear Pink at Downtown at the Gardens



1. Ben Couris, John Couris, Isabelle Couris, Dianne Couris, K. Adam Lee and Stacey Brandt
2. Mike Cox, Chris Cox and Charlie Fischer
3. Jennifer Moreira and Paige McMullen
4. Harriet Waghelstein, Samara Tinsley and Lenny Waghelstein
5. Eve Bessendorf and Evelyn Ballin
6. David Zerfoss and Norma Wood

RACHEL HICKEY/FLORIDA WEEKLY

From the many events we cover. You can purchase any of the photos too. Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.

ABO FLATS' HALLOWEEN COSTUME PARTY

I dressed up for the ultimate Halloween party of the Palm Beaches. Abo Flats will feature giveaways, specials on food and drinks and spooky surprises you may never expect on Halloween. Wild 95.5 will broadcast live and the party lasts all night long!

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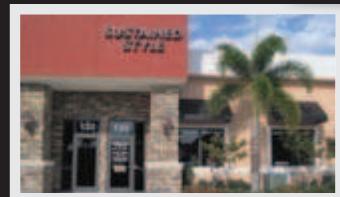
This family-friendly event will combine over 100 varieties of craft beer and wine tastings, a Halloween costume contest, performance artists, food vendors, shopping and more. Enjoy a live performance by The Feeder Band for an evening full of philanthropic fun to benefit Habitat for Humanity of Palm Beach County. Be sure to wear your scary best! Join in the fun with our 2nd annual Halloween costume contest with prizes totaling \$500!

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A20 | WEEK OF OCTOBER 20-26, 2011

FLORIDA WEEKLY

Concert to benefit scholarship fund

Listen to music and help a scholarship fund.

The Fenton Foundation will present An Intimate Evening with Copeland Davis at the Eissey Campus Theatre at 7:30 p.m. Nov. 8, 2011.

All proceeds from this second annual concert will benefit the Fenton "Andy" Hollingsworth Memorial Scholarships Funds at Florida Atlantic University and Palm Beach State College.

Fenton "Andy" Hollingsworth was killed while working at the Kravis Center in December 2009. He was 27 years



old and a newly-wed. His widow hopes to continue these concerts in his memory.

Copeland Davis

is a noted solo pianist.

The benefit concert also will include a silent auction at 6:30 p.m. in the lobby of the Theatre. Gifts for the Silent Auction have been donated by: Seasons 52, Starbucks, Arbonne, Amazon Kindle, Busch Gardens and more.

The Eissey Campus Theatre is at Palm Beach State College, Palm Beach Gardens.

Tickets: \$20. Call 207-5900. ■

WINE & CHEESE RECEPTION

Friday, October 28th, 5pm - 8pm

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REAL ESTATE

A21

WEEK OF OCTOBER 20-26, 2011

A GUIDE TO THE REAL ESTATE INDUSTRY



COURTESY PHOTOS

The residences at the Oasis offer luxury and privacy.

Alluring oasis

Luxurious home offers sweeping views of the Atlantic and Intracoastal

SPECIAL TO FLORIDA WEEKLY

This Oasis home will provide its residents with the essence of luxury, a place to relax and rejuvenate on the sands of Singer Island. Each Oasis residence was designed with the utmost attention to detail offering breathtaking and panoramic views of the Atlantic Ocean and Intracoastal Waterway. An elevator leads into the privacy of the vestibule. The home, which has more than 4,800 total square feet, includes three balconies.

This residence, 14A, was designed and furnished by Decorators Unlimited. Soft palettes in the home and furnishings reflect the colors of nature. The kitchen features Downsvew cabinetry, granite countertops, a center island, warming drawer, sub-zero refrigerator and a second refrigerator. The home has a central vacuum system and two independent heating and cooling systems.

The master bedroom offers floor-to-



ceiling windows, a spacious bath area with separate his-and-hers water closets, a Jacuzzi tub, large walk-in shower area and two walk-in closets.

Just off the master bedroom is another room for use as an office, den or studio.

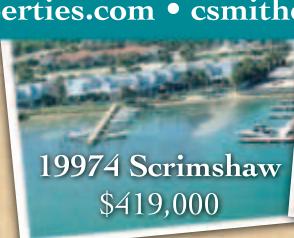
Two additional bedrooms with en-suite baths complete the full-floor arrangement. Each room is decorated elegantly, complete with adjoining balcony to watch the sunsets. The home is listed at \$1.995 million. Call Jeannie Walker of Walker Real Estate Group, 889-6734. ■

Above: Soft palettes in the home and furnishings reflect the colors of nature. **Top Right:** The home has three balconies that offer panoramic views of the Atlantic Ocean and the Intracoastal Waterway. **Bottom Right:** The kitchen features a center island, granite countertops and Downsvew cabinetry.



If you're looking to sell,
now is the time.

561.301.0932



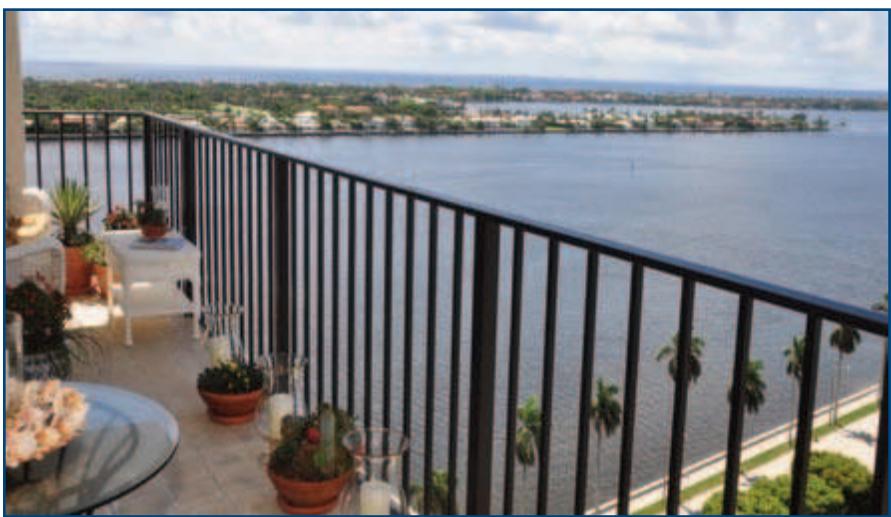
19974 Scrimshaw
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Wide Intracoastal Views with Dock!


102 FLAGLER DRIVE • PALM BEACH

Stately In-Town 8BR/8.5BA Georgian compound. Large lot, tropical gardens, pool and guest quarters. Next to The Breakers Hotel. Web ID 303 **\$11.75M**
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Beautiful 2BR/2BA wood paneled condo exquisitely designed by William Eubanks. Intracoastal, Ocean and Palm Beach views. Full service building. Web ID 149 **\$650K**
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OLD PORT COVE • NORTH PALM BEACH

Fabulous views of two marinas in Old Port Cove and Lake Worth from this 2BR/2BA apartment with new kitchen. Balcony extends across entire unit. Web ID 914 **\$165K**
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in
Palm Beach



11721 TURTLE BEACH ROAD • NORTH PALM BEACH

Exceptional 4BR/3.5BA home with spectacular sunset views over double golf course lots. Renovated, gourmet kitchen. Application process necessary. Web ID 94 **\$4.25M**
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Beautiful Intracoastal & Ocean views from this open 2BR/2BA loft. In-unit washer/dryer. 24 concierge, exercise room & Infinity pool. Great location. Web ID 888 **\$365K**
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Old-world European style home with exquisite detailing and appointments. 3BR/4BA, library, billiard room and approx. 4,000 SF. Web ID 846 **\$16K/Month**
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ARTS & ENTERTAINMENT

A24

WEEK OF OCTOBER 20-26, 2011

A GUIDE TO THE PALM BEACH COUNTY ARTS & ENTERTAINMENT SCENE

"It's such a wonderful showroom. It's large, but it's very intimate. It's a first-class operation and they operate it with care and concern for the customer."

— Marilyn Maye

CABARET ROYALTY

The Colony brings la crème de la crème to the Royal Room

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

IF LIFE IS A CABARET, OLD CHUM, THEN THE Colony Hotel's Royal Room is the place to be this season.

The Colony has made a name for its cabaret seasons for a decade now, bringing in talents ranging from veteran singers like Marilyn Maye to emerging vocalists like Will and Anthony Nunziata.

Marilyn Maye returns this season (Jan. 24-28, Jan. 31-Feb. 4), which opens with Baby Jane Dexter (Nov. 4-5, Nov. 11-12).

And the Palm Beach hotel's director of entertainment, Rob Russell, couldn't be happier.

"She is just a legend in the Broadway world. I am thrilled to have her here," he says of Miss Maye. "She has the record for the most appearances on 'The Tonight Show,' with 76 appearances."

Her performance is sure to attract other people with ties to show business.

"Steve Allen really discovered her for 'The Tonight Show,' and Johnny Carson fell in love with her. Steve Allen's son and



Marilyn Maye,
Melba Moore
and Chita
Rivera

SEE CABARET, A25 ▶

COURTESY PHOTOS

Spy guy: Espionage expert explores the difference between films and reality

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

On television's "Get Smart," a phone rings and Don Adams answers. But there's no phone in sight.

That's because the spy is answering his shoe.

And that has no basis in reality, according to espionage expert H. Keith Melton, who speaks on spy craft on Oct. 24 at the Maltz Jupiter Theatre.



MELTON

"When the American ambassador sent his shoes to be shined, the ambassador's

"In 'Get Smart,' the shoe was used as a communication device. In the real world, the shoe that I show was used in one of the Eastern Bloc countries," Mr. Melton says from his home in Boca Raton.

valet would select his clothes."

And with that shoe, "he would be a moving broadcast station. It was about stealing information and how can I communicate."

A prominent author and historian on espionage, Mr. Melton's program is designed to take his audience inside the Maltz's upcoming production of Alfred Hitchcock's "The 39 Steps" to compare its characters' spy craft with that used by the spies of today.

"Much of the equipment that spies would use 25 years ago could be built into the software of an iPhone," Mr. Melton says.

"The 39 Steps" dates to 1935, and technology has changed, but "the fundamental goals of spies have not changed."

And what about "The 39 Steps"?

"I think it's an excellent film. It certainly captured the popular public fascination

SEE SPY GUY, A28 ▶

CABARET

From page A24

children were there in the audience." The Royal Room is popular with performers.

"I think this is my fourth year down there," says Miss Maye by phone from her home in Overland Park, Kan. "And it's such a wonderful showroom. It's large, but it's very intimate. It's a first-class operation and they operate it with care and concern for the customer."

It's the same care with which Miss Maye plans a show.

"I always want the audience to go out happy that they go out having a really happy and fun experience," she says.

In the past decade, Miss Maye has enjoyed a resurgence of her cabaret career.

"I'm now going into Feinstein's in New York for two weeks. This year is Jerry Herman's 80th birthday. I'm going to do a whole act called 'The Best of Times is Now,'" she says. "And it is for me. It's a statement that talks about the time when you come to where I'm appearing I hope you'll have the best of times. And it's a party — it's intimate enough that it's always a party."

That intimacy has made The Colony popular with artists and audiences alike.

"I'm so proud to say that all these artists who've traveled the world say this is one of their favorite spots to come," Mr. Russell says. "It's a warm intimate hotel with great ceiling and great vibe and a great sound."

Twins Will and Anthony Nunziata performed this summer for the third time at The Colony.

"It truly has been a home away from home," Anthony Nunziata said in June.

For the twins, a visit to The Colony is an opportunity to unwind.

"I love to play tennis. I think I've beaten Will every time we've gone out," Mr. Nunziata said, adding that he spends much of his time on the island "just going to the beach and chilling out."

Then there is the matter of the connections you make.

"I like going to lunch with Rob Russell, John Cox and Peter Parisi. They're kind of our groupies," Mr. Nunziata said with a laugh. "We're building a nice group of friends down there."

That family atmosphere is popular with artists, Mr. Russell says.

"Our audiences are very respectful," he says. "We get (artists) out and about so they can see Palm Beach."

This season, those audiences can hear northern Palm Beach County's own Avery Sommers (Nov. 18-19, Nov.



in the know

Royal Room's 2011/2012 season:

>> **Baby Jane Dexter**, Nov. 4-5 and Nov. 11-12. Tickets: \$85 for dinner and show; \$50 for show only.

>> **Avery Sommers**, Nov. 18-19 and Nov. 25-26. Tickets: \$85 for dinner and show; \$50 for show only.

>> **Steve Ross**, Nov. 30-Dec. 3. Tickets: \$95 for dinner and show; \$70 for show only.

>> **The Four Freshmen**, Dec. 7-10. Tickets: \$100 for dinner and show; \$75 for show only.

>> **Nicole Henry**, Dec. 14-17. Tickets: \$90 for dinner and show; \$50 for show only.

>> **Aaron Weinstein**, Dec. 20-24. Tickets: \$100 for dinner and show; \$75 for show only.

>> **Mary Wilson**, Dec. 31 and Jan. 3-7. Tickets: \$350 for New Year's Eve, including cocktail party, dinner and show; dinner and show prices TBA.

>> **Barbara Carroll and Jay Leonhart**, Jan. 10-14. Tickets: TBA

>> **Ann Hampton Callaway and Liz Callaway**, Jan. 17-21. Tickets: TBA

>> **Marilyn Maye**, Jan. 24-28 and Jan. 31-Feb. 4. Tickets: TBA

>> **Paulo Szot**, Feb. 7-11 and Feb. 14-18. Tickets: \$150 for Valentine's Day; dinner and show prices TBA

>> **KT Sullivan**, Feb. 21-25. Tickets: TBA

>> **James Naughton**, Feb. 28-March 3. Tickets: TBA

>> **Melba Moore**, March 6-10 and March 13-17. Tickets: TBA

>> **Chita Rivera**, March 20-24 and March 27-31. Tickets: TBA

>> **Marilyn McCoo and Billy Davis Jr.**, April 2-7 and April 10-14. Tickets: TBA.

• Showtime and Ticket Information

For all Royal Room Cabaret performances, the doors open at 6:45 p.m. for dinner and the show starts around 8, with late shows possible on Friday and Saturday nights. To make reservations, call 659-8100. The Colony is at 155 Hammon Ave. in Palm Beach, just one block south of Worth Avenue, one block west of the Atlantic Ocean.



COURTESY PHOTO
Mary Wilson, Liz Callaway & Ann Hampton,
Paulo Szot, Baby Jane Dexter.

in the know

The director's picks

Rob Russell's picks for the cabaret season at The Colony Hotel's Royal Room:

>> **1. Marilyn Maye** — If someone hasn't seen her, you've got to see her. The New York Times says she sings like a 40-year-old wishes they could sing.

>> **2. Melba Moore** — Unbelievable. Still singing great, still looking great.

>> **3. Chita Rivera** — I love her. Two-time Tony Award winner and just a superstar.

>> **4. Ann Hampton Callaway and Liz Callaway** — Their new show is just getting rave reviews. Separately, they're great. Together, their voices blend. The sounds that come out of their mouths are just incredible.

>> **5. Mary Wilson** — Mary, from the Supremes, is the true champion. She's just so beautiful to look at and the voice is so beautiful.

25-26), Algonquin Hotel veteran Steve Ross (November 30-December 3), jazz singer Nicole Henry (Dec. 14-17), former Supreme Mary Wilson (Dec. 31-Jan. 3-7), sister act Ann Hampton and Liz Callaway (Jan. 17-21) and Broadway star Chita Rivera (March 20-24, March 27-31).

And it doesn't hurt that the Royal Room has a capacity of about 95.

"The basic thing is that there are so many hotels that have closed their showrooms and the fact that they are alive and well is a credit to their operation," says Miss Maye, who has been a performer most of her 83 years. "The fact that it's an intimate room — I work to the people, not for them — I like being close to the audience."

Mr. Russell agrees.

"The artists walk through and they shake hands," he says, adding, "We've built such a great rapport with these artists. It's like a special friendship. I tell them they're stuck with me for life." ■

WHAT TO DO, WHERE TO GO

Thursday, Oct. 20

Story time session at the Loxahatchee River Center — 9:30 a.m. Thursdays, Burt Reynolds Park, 805 N. U.S. 1, Jupiter. Call 743-7123 or visit www.loxahatcheeringer.org/rivertcenter.

The Joy of Opera Lecture Series — Four-class series: 1-2:30 p.m. Thursdays, Oct. 20 and 27, Nov. 3 and 10. The Joy of Opera Guild presents Maestro Giuseppe Albanese in a series of video/lecture presentations. Each 90-minute program is designed to enhance knowledge and appreciation of the operatic art form. At the Mos'Art Theatre, 700 Park Ave., Lake Park. Cost: \$40 for four-class series, \$12 per class drop-in rate. To register, contact Barbara Fabricant at 624-3245 or 901-2697 or e-mail jalbanescopera@webtv.net.

Mos'Art Theatre — Screenings of "The Hedgehog," at 5 p.m., and "Love Crime," at 7 p.m. Oct. 20. Tickets: \$8. 700 Park Ave., Lake Park; 337-6763.

Sailfish Marina Sunset Celebration — Shop for arts and crafts made by artists from around the country, 6 p.m. Thursdays, Sailfish Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores; 842-8449.

Clematis by Night — Live music 6-9 p.m. Thursdays, Clematis Street at the Waterfront, downtown West Palm Beach. Oct. 20: Biscuit Miller & the Mix. Oct. 27: Blue Audio. Free; 822-1515 or visit www.clematisbynights.net.

Fashion at 51 — Event kicks off a campaign by 51 Supper Club and Lounge to support and highlight the fashion and style of the region. This event will highlight Lola Chic Boutique's Holiday 2011 collection. Ladies receive their first drink on the house and have an opportunity to win gifts randomly given out by 51. It's 8 p.m. Oct. 20, 51 Supper Club, Downtown at the Gardens, Palm Beach Gardens, 622-3500 or 51supperclub.com.

Fright Nights — Oct. 20-22 and Oct. 27-29 at the South Florida Fairgrounds, suburban West Palm Beach. Hours: 6-11 p.m. Thursdays, 6 p.m.-midnight Fridays and Saturdays. Total Turtle Ticket: \$25; includes admission to park, plus one-time entry to each of the three Haunted Attractions and Unlimited Monster Midway rides. General admission: \$15; includes admission to park, plus one-time entry to each of the three haunted attractions. (Midway rides not included). www.frightnights.net.

Doug Stanhope — 8 p.m. Oct. 20, Palm Beach Improv, CityPlace, West Palm Beach. Tickets: \$25; 833-1812 or www.palmbeachimprov.com.

The Matt Farr Band — The South Florida musician will draw on a variety of influences for his show at 8:30 p.m. Oct. 20, The Bamboo Room, 25 S. J St., Lake Worth. Tickets: \$5; 585-BLUE or mattfarr.eventbrite.com.

Friday, Oct. 21

Mos'Art Theatre — Screenings of "Amigo" and "Senna," various times Oct. 21-27. Opening night tickets: \$6. General admission: \$8. 700 Park Ave., Lake Park; 337-6763.

"Assisted Living: The Musical" — 7 p.m. Oct. 21-22, Mos'Art Theatre, 700 Park Ave., Lake Park. Tickets: \$25; 337-6763.

Jigsaw Jones: The Case of the Class Clown — 10 a.m. Oct. 21 and noon Oct. 22 at the Maltz Jupiter Theatre, 1001 E. Indiantown Road, Jupiter. Tickets: \$12; \$5 group rate for 10 or more. Advanced

reservations required: 575-2223 or www.jupitertheatre.org.

"Florida In and Out of View" — The traveling juried group photography exhibition opens 5:30-8 p.m. Oct. 21 at Dixie Art Loft at The Craft Gallery, 5911 S. Dixie Highway, West Palm Beach. Refreshments will be served. Call 358-1120 or 379-0401.

Safari Nights — 5:30-9 p.m. Fridays through Oct. 28, Palm Beach Zoo. Bird show, tiger talk and training session with Rimba, Wild Things Stage Show, Jaguar Talk and Training, carnivores and interactive fountain show. Member admission: adults, \$6.95; children 12 and under, free. Non-member admission: adults, \$11.95; children 3-12, \$6.95; children 2 and under, free; 547-9453.

Downtown's Weekend Kickoff — Singers perform 6-10 p.m. Fridays, Oct. 21: Jeff Harding, Oct. 28: Datura Street Band. Downtown at the Gardens' Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens; 340-1600.

Bobby Lee — Oct. 21-23, Palm Beach Improv, CityPlace, West Palm Beach. Tickets: \$20; 833-1812 or www.palmbeachimprov.com.

Shane Dwight — He plays contemporary blues at 9 p.m. Oct. 21, The Bamboo Room, 25 S. J St., Lake Worth. Tickets: \$15-\$20; 585-BLUE or shanedwight.eventbrite.com.

Saturday, Oct. 22

West Palm Beach Greenmarket — 8 a.m.-1 p.m. Saturdays through April 14 at the Waterfront Commons, 101 S. Flagler Drive, downtown West Palm Beach. Free parking in the Banyan Street garage until 2 p.m. Phone: 822-1515.

Kids Story Time — 11:30 a.m. Saturdays, Loggerhead Marinlife Center, 14200 U.S. 1, Juno Beach. Free; marinlife.org.

Friends of the Library Annual Book Sale — 9 a.m.-1 p.m. Oct. 22 on the front lawn of the Lake Park Library, 529 Park Ave., Lake Park; 881-3330.

Making Strides Against Breast Cancer — Registration begins at 7:30 a.m., walk begins at 9 a.m. Oct. 22 at the Meyer Amphitheatre, 105 Evernia St., downtown West Palm Beach. To sign up, call (800) 227-2345 or visit www.putonyourpinkbra.com.

Flea market for charity — St. Clare Council of Catholic Women will hold our semi-annual flea market for charity 8 a.m.-noon Oct. 22 at the St. Clare parking lot, 821 Prosperity Farms Road, North Palm Beach. There will be than 50 vendors, the CCW White Elephant Booth and refreshments. Vendor space available for \$20; 744-1083.

"Beer, Boots & BBQ" — The first Jupiter Country Hoedown, with performances by Burnt Biscuit, Tom Jackson Band and the Amber Leigh Band. Gates open at noon Oct. 22, Abacoa Town Center, Jupiter. Tickets: \$5 for adults, free for kids under 12. 847-2090 or www.jupiterhoedown.net.

"Pet-A-Palooza" — SUNNY 104.3 and the CBS Radio family of stations will host the event, featuring live music from Stranger Danger, Tom Jackson and Boss Groove. Twiggy the amazing waterskiing squirrel and The Splash Dogs (dock jumping dogs) will be on hand. If you get there early, you can catch the AirK9's Frisbee and acrobatics show or a demonstration by the U.S. (Canine) Border Patrol. It's 11 a.m.-5 p.m. Oct. 22, Seabreeze Amphitheater, Carlin Park, 750 S. State Road A1A, Jupiter; Free; 966-7099.

Family Fun Day — Benefit for Place of Hope, from noon-4 p.m. Oct. 22 at Downtown at the Gardens. Ride the Downtown Carousel and all proceeds to Place of Hope. Visit Fro Yotopia between noon and 4 p.m. and 10 percent of the proceeds benefit the non-profit state-licensed child welfare organization. Save 10 percent at Field of Greens, enjoy manicures for kids at Cartoon Cuts and face painting at A Latte Fun; 775-7195.

Celebrate Saturdays at Downtown — Singers perform 6-10 p.m. Saturdays, Oct. 22: SAMM. Oct. 29: The Feeder Band. Downtown at the Gardens' Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens; 340-1600.

"Brundibar" — The children's opera, which became an allegory of Hitler and the Nazi reign, is presented at 7 p.m. Oct. 22 at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Tickets: \$12 and up; 832-7469 or www.kravis.org.

SPAM Allstars — 9 p.m. Oct. 22, The Bamboo Room, 25 S. J St., Lake Worth. Tickets: \$18; 585-BLUE or spam.eventbrite.com.

Sunday, Oct. 23

Palm Beach Gardens GreenMarket, 8 a.m.-1 p.m. Sundays through May 6. It's at City Complex, 4301 Burns Road. Phone: 756-3600.

"Made Me Nuclear" — Composer, performer and cancer survivor Charlie Lustman is on a mission to make cancer survival popular. With his pop operetta, "Made Me Nuclear," Mr. Lustman takes you on a journey through the most challenging times of your life only to come out on the other side better than you were before you started. 7:30 p.m. Oct. 23, Mos'Art Theatre, 700 Park Ave., Lake Park. Tickets: Donation benefiting The Palm Beach Cancer Institute; 337-6763.

Monday, Oct. 24

Lake Park Historical Society meeting — 7 p.m. Oct. 24, Evergreen House in Kelsey Park, 601 N. Federal Highway, Lake Park. Guest speaker will be Dr. Michele Williams, director for the Southeast Region of Florida Public Archaeology Network at Florida Atlantic University. Her topic will be "Diving Into Florida's Past." Open to the public. Contact George Copeland at 622-6183 for information.

Timely Topics Discussion Group — Join this lively discussion group covering the most up-to-date topics faced by our local community including national affairs and foreign relations as it relates to Israel & the United States, 1-2 p.m. Mondays, JCC North, 4803 PGA Blvd., Palm Beach Gardens. Free/Friends of the J; \$18 annual fee/guests; 712-5233.

Bridge Classes with Liz Dennis — Beginners Review, 1-3 p.m. Mondays through Oct. 31, JCC North, 4803 PGA Blvd., Palm Beach Gardens. Cost is \$72/six-week session or \$15/class; 712-5233.

Monday Night Football Mix & Mingle — By Single Minded Ventures, a 50-plus singles group, 6:30 p.m. Oct. 24, Renegades, 600 Village Blvd., West Palm Beach. Complimentary football-style buffet. \$10 online registration/\$15 at door; www.singlemindedventures/info or call 797-7094.

Hebrew for Beginners — This eight-week Hebrew course, taught by Gila Johnson, is designed to cover everything

from Aleph to Tav, (the Hebrew alphabet) to conversational Hebrew and beyond. Classes tailored to meet the needs of participating students. Session 1 is 10-11 a.m. Tuesdays through Oct. 25. Session 2 is Nov. 1-Dec. 20. Session 3 is Jan. 10-Feb. 28. At JCC North, 4803 PGA Blvd., Palm Beach Gardens. Price: eight-week session: \$64/Friends of the J; \$80/guests; 712-5233.

Mah Jongg & Canasta Play Sessions — Tables grouped by game preference (mah jongg or canasta) and level of skill. Coffee, cold beverages and a variety of goodies provided. 12:15-3:30 p.m. Tuesdays and Thursdays, JCC North, 4803 PGA Blvd., Palm Beach Gardens. Price: Free/Friends of the J; \$5/guest; 712-5233.

Stayman Memorial Bridge — Supervised Play Sessions with Sam Brams, 10 a.m.-noon Tuesdays, JCC North, 4803 PGA Blvd., Palm Beach Gardens. Play party bridge in a friendly atmosphere while benefiting from expert advice with judgment calls and hand rulings. No partner necessary. Coffee and light refreshments provided. Price: Free/Friends of the J; \$6/guests; 712-5233.

SIDS Awareness Presentation — Sponsored by Bridges at Lake Park, 5:30 p.m. Oct. 25 at the Lake Park Library, 529 Park Ave., Lake Park; 881-3330.

"Mamma Mia!" — The touring show, featuring the music of ABBA, will be performed at various times Oct. 25-Oct. 30 at the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Tickets: \$25 and up; 832-7469.

Wednesday, Oct. 26

Basic Computer Class — Noon-1:30 Oct. 26 at the Lake Park Library, 529 Park Ave., Lake Park; 881-3330.

Teens, 'Tweens & Technology — A free program to learn strategies for staying safe from online predators, cyberbullies and controlling boyfriends and girlfriends. The workshops will feature separate programs for parents and grandparents and children ages 8-18. Children will be grouped according to ages and engage with police officers as well as teen trainers in an interactive discussion. It's presented by the Alpert Jewish Family & Children's Service, and is presented in conjunction with the School District of Palm Beach County Department of Safe Schools. 6:30-8:30 p.m. Oct. 26, Watson B. Duncan Middle School, 5150 117th Court N., Palm Beach Gardens. To register, email Staci Narkier Monina at smonina@jfcsonline.com.

Zumba class — 7:15-8:15 p.m. Tuesdays and 6:30-7:30 p.m. Wednesdays at the Burns Road Recreation Center, 4404 Burns Road, Palm Beach Gardens. Drop-in fee, \$12; resident discount, \$10. 630-1100 or www.pbgl.com.

Break Up Support Group — 10 a.m. Wednesdays, various locations in Palm Beach Gardens. Sponsored by The Counseling Group, which provides free Christian counseling, classes and support groups; 624-4358.

Hatching Tales — 10:30-11:30 a.m. Wednesdays, Loggerhead Marinlife Center, 14200 U.S. 1, Juno Beach. Free; marinlife.org.

John Oates Band — Half of Hall & Oates, he performs at 8:30 p.m. Oct. 26 at The Bamboo Room, 25 S. J St., Lake Worth. Tickets: \$29-\$34; 585-BLUE or johnoates.eventbrite.com.

Please send calendar listings to pbnews@floridaweekly.com and ssimmons@floridaweekly.com.

Tuesday, Oct. 25

SANDY DAYS, SALTY NIGHTS

Murse? Purse? Either way, a guy is left holding the bag

artisHENDERSON
sandydays@floridaweekly.com



Manly men.

"Is that man carrying —" Jane paused, evaluating. "A clutch?"

I followed her eyes to the man crossing the street. He was in fact toting a small bag tucked under his arm. A clutch, if you will.

I wasn't thinking about man-purses when I met the baker in our little village. "Met" is maybe an exaggeration. The extent of our exchange stretched to, "One baguette, please" from me and "Here's your change" from him. But it felt like a portentous moment. He was young and very handsome and he said bonjour with a slight narrowing of the eyes that I took for an almost-wink. When he passed me my change our fingers met, and I could still feel the warmth of his skin on the coins in my hand.

Later, Jane and I walked down the mountain path that ran alongside the village. "I'm going to marry the baker," I gushed.

She raised a skeptical eyebrow.

"No, listen," I said. "I'll live in the village and eat baguettes every day."

"I don't know if you'd like to be the wife of a baker," she said.

I put my hands on my hips. "Of course I would. He'll make me tarts, and I'll grow fat and happy. It will be perfect."

Jane stopped walking, suddenly serious. "I mean a French baker," she said. "I think there would be a lot of cultural differences to overcome."

I started to protest, to cite the tarts again, but then I stopped myself. I thought about the man-bags we'd seen on the street outside the café. I imagined the baker had one tucked away somewhere. Of course Jane was talking about bigger cultural issues, about the way we define masculinity and how different societies structure

t h e



relationship between men and women. The man-bags are just a manifestation of all that.

But she was right. Could I really love a man who carried a murse? ■

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MON-THURS 11AM-9PM • FRI-SAT 11AM-10PM • SUN 11AM-7PM

Concert band launches season

SPECIAL TO FLORIDA WEEKLY

It's northern Palm Beach County's own. And the Palm Beach Gardens Concert Band is ready to start its new season in a new venue.

The ensemble will have its first performance at 7:30 p.m. Oct. 26 at the Palm Beach Gardens High School auditorium.

For the opener, conductor Randy Sonntag will lead the group in music from "The Sound of Music" and "South Pacific," as

well as the overture to "La Traviata."

Members of the band also have formed a "Dixieland" combo that will present some New Orleans favorites. Mr. Sonntag, the former dean of the music department at the Dreyfoos School of the Arts and a music educator in the Jupiter area, is scheduled to perform a trumpet solo.

Other performances this schedule are:

Dec. 20: The band presents its annual Christmas Gala at the Maltz Jupiter Theatre. Tickets are \$12. Call 575-2223.

Feb. 8: The band performs a special patriotic program to mark Presidents Day at Palm Beach State College's Eissley Campus Theatre in Palm Beach Gardens.

March 14: A salute to the big bands at Palm Beach Gardens High School.

May 9: To end the season, the band presents a variety of music and gives away summer scholarships during its performance at Gardens High. There will be solo performances by band members and local musicians.

Any money made by the non-profit band is used to fund summer scholarships. Members of the volunteer band range in age from 19 to 90, and many members are former music teachers who taught in area schools, and many are retired professionals who played with the famous big bands.

Tickets are \$10 in advance or \$15 at the door. To order, call 746-6613 or e-mail: pbgb@yahoo.com. ■

SPY GUY

From page A24

with the subject," Mr. Melton says.

"There are a couple of interesting points, because Mr. Memory, the heart of the secret, was memorizing everything. We had two connected to that recently. Ana Belen Montes and Gwendolyn and Kendall Myers. They're so highly regarded because they memorized documents, then encrypted them on their computers and sent them."

But "The 39 Steps" is not a documentary.

"The goal of a movie is to entertain, not necessarily to inform," Mr. Melton says. "What's important about 'The 39 Steps' was Hitchcock's classic interpretation of it."

But Mr. Melton says he hopes his lecture will both entertain and inform.

"We'll have a good time talking about the pieces of it that stray from reality," he says.

Then there's Bond — James Bond. "James Bond's franchise has been

built on the idea of James Bond as an intelligence officer that does not exist," Mr. Melton says. "In the real world, James Bond wouldn't last four minutes. He'd be arrested in four minutes. It makes entertaining cinema but it's not the real world."

And why is that?

"In some ways, movies underestimate the strategic importance of espionage, but they often overstate the importance of a single intelligence officer who is doing everything himself," Mr. Melton says.

He should know.

Mr. Melton, who graduated from the U.S. Naval Academy, has assembled a collection of more than 8,000 spy devices, books and papers of eminent spies.

He is on the board of the International Spy Museum in Washington, D.C., which was founded by Maltz Jupiter Theatre patriarch Milton Maltz.

"When it comes to spy craft and knowledge of worldwide intelligence, there is no one better than Keith Melton," Mr. Maltz wrote in an email from his office in Cleveland. "He lectures at the Central Intelligence Agency and has played an important role in the development of the

International Spy Museum in Washington, D.C. His commentary is fascinating and the Maltz Jupiter Theatre is proud to bring him to our community. It will be a memorable evening."

Pieces from Mr. Melton's collection are in the spy museum.

"I was probably the first person they contacted," Mr. Melton says. "I helped provide most of the artifacts that they have on display on the museum."

What are some of his favorites?

"I've often said if there was a fire, I'd die of indecision," Mr. Melton says.

He spent the better part of three decades tracking down the ice ax that was used by the Soviets in 1940 to kill Leon Trotsky.

Mr. Trotsky had been living in Mexico City when he was killed.

Frida Kahlo and Diego Rivera had prevailed upon President Cardenas to give him asylum," Mr. Melton says. "It's a fascinating time capsule."

And it provides a glimpse into the early days of spy craft.

"The modern world of spy craft begins in the last century," Mr. Melton says. "The fundamental reason is before

World War II, the tradecraft tended to be personal."

What does that mean?

"If Mata Hari needed a device, an artisan would create a compact and there would be a capsule in it," he says. "In World War II, you didn't need one spy camera, you needed a thousand."

"In the United States you went to Kodak to produce a secret camera," he says. "It then became possible to find one device and use the device that precedes it or comes afterward. Seeing a microdot reader made in the Eastern Bloc resembles one made in the United States."

That's part of the Cold War era.

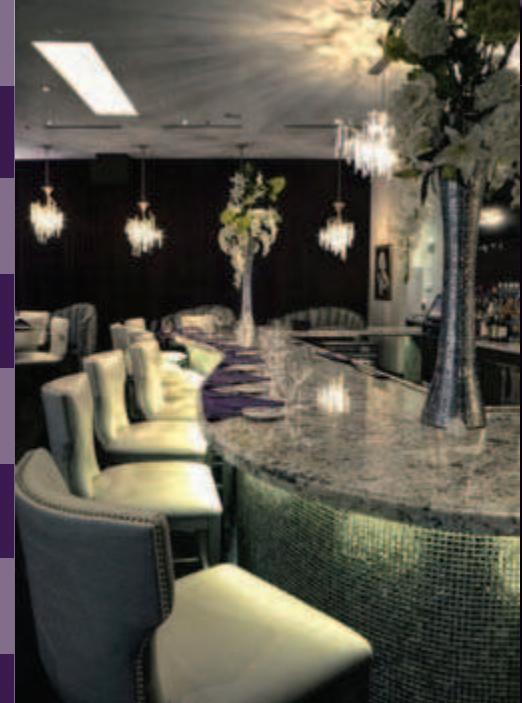
"It has influenced my whole life, and certainly most of the people who will be coming there." ■

in the know

>>"Spies: Movies vs. Reality," the lecture by H. Keith Melton, will be 7:30 p.m. Oct. 24 at the Maltz Jupiter Theatre, 1001 E. Indiantown Road, Jupiter. All tickets are \$25; 575-2223 or www.jupitertheatre.org. ■

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'Footloose'

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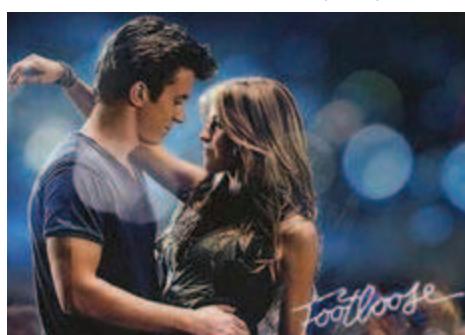
Is it worth \$10? Yes

Let's be honest: The original "Footloose" (1984) was memorable because it made Kevin Bacon a star and it had a classic '80s soundtrack (Kenny Loggins, we miss you). It was not, to any extent, a "good" movie in terms of script or acting or any other technical feature — except, of course, for choreography. Nonetheless, the idea of remaking something so quintessentially '80s still seems, especially in the eyes of this '80s-child reviewer, blasphemous.

"But I'm making 'Footloose' for this generation," writer/director Craig Brewer has said. And so he has. It's the same movie, but different. The choreography is very similar to the original, and the story — flaws and all — is largely intact.

There might not be a good reason for it to exist, but this new "Footloose" is certainly not the cry against humanity many thought/want it to be.

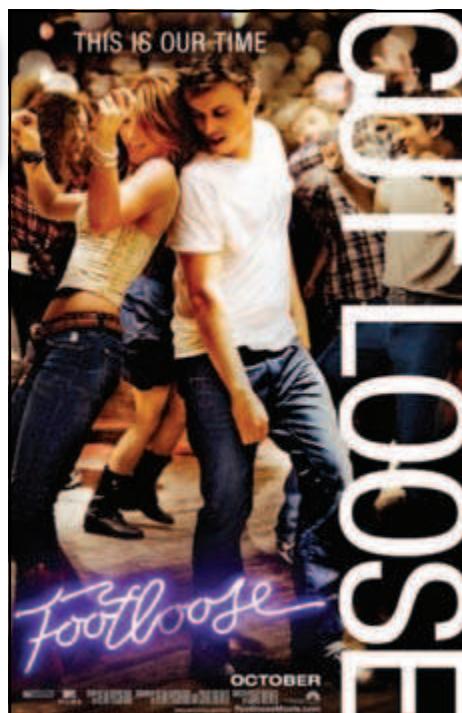
City boy Ren McCormack (Kenny Wormald) is new to the fictional middle-of-nowhere town of Bomont, Ga., and he



doesn't fit in at all. When his aunt (Kim Dickens) and uncle (Ray McKinnon) take him in, they don't warn him that there's a law against playing music too loud. Nor do they tell him there's a law against public dancing, a restriction that came about three years earlier after the local preacher's (Dennis Quaid) son was killed in a car accident after a party.

These days the preacher's daughter, Ariel (Julianne Hough), is a wild-child who just loves to defy daddy's rules. She takes a liking to Ren, but he refuses to play her game. This, in addition to the camaraderie amongst the teens and the dancing, is what the movie does well.

Unfortunately — much like the first film — it also does a lot poorly. The plot is thin



as can be, as it takes at least an hour for the main storyline of Ren petitioning the town to hold a dance to kick into gear. When he does, however, the film builds nice momentum into its conclusion, which allows it to end on a high.

But whereas Mr. Bacon was the highlight of the original, the relatively inexperienced Mr. Wormald is the worst part of this film. He doesn't have the screen presence, the toughness or the acting ability to captivate us as the lead, and it's his relative weakness that does the rest of the narrative a disservice. No doubt he can dance, but a rebellious teenager who leads other young men and never backs down from a fight needs to first and foremost be a convincing, authoritative presence, which Mr. Wormald is not.

There is one inescapably great thing about the story in "Footloose," though, and it is essential for high school students of any era to experience: In all teenagers, there is both the desire and the need to express oneself in whatever way necessary. For the teens here, it's dancing; for others it might be art, writing, music, whatever. Forbidding that right is suppressive and foolhardy.

More of this theme, and less pseudo-toughness and silly love stories, would've made "Footloose" substantially better. As is, it's an entertaining and forgettable night out. ■

in the know

>> Remixes of many songs from the original "Footloose" are featured here.

CAPSULES

REVIEWED BY DAN HUDAK

www.hudakonhollywood.com

50/50 ★★★

(Joseph Gordon-Levitt, Seth Rogen, Anna Kendrick) Adam (Mr. Gordon-Levitt) is healthy, so the 27-year-old's journey through cancer diagnosis and treatment is shocking and surprising at all levels. Mr. Gordon-Levitt is good and this is a powerful story (with welcome light-hearted moments, courtesy of Mr. Rogen) about an unthinkable situation. Rated R.

Machine Gun Preacher ★★

(Gerard Butler, Michelle Monaghan, Michael Shannon) A drug-addicted ex-

con named Sam (Mr. Butler) finds Jesus and fights for children in Africa in this heartwarming story that plays up good Christian values. But is it a good movie? Not really. Sam's sacrifices are hard to accept, and it drags to just over two hours. Rated R.

What's Your Number? ★★

(Anna Faris, Chris Evans, Ari Graynor) With her sister (Ms. Graynor) about to get married, Ally (Ms. Faris) asks neighbor Colin (Mr. Evans) to track down Ally's exes to see if she let the right one get away. It has some funny moments, but ultimately suffers from the same tired predictability that afflicts most romantic comedies. Rated R. ■

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Fun Day to help Place of Hope

A Family Fun Day to benefit the Place of Hope, a non-profit state-licensed child welfare organization that provides family style foster care to children in Palm Beach County, is Oct. 22 from noon to 4 p.m. at Downtown at the Gardens.

It is hosted by Fro-Yotopia. Proceeds from carousel rides will go to Place of Hope, 10 percent of proceeds from noon to 4 at Fro Yotopia will go to the agency, and lunch at Field of Greens will be 10 percent off for those who mention Place of Hope. Cartoon Cuts will provide manicures for kids, Latte Fun will be doing face painting and there will be surprise appearances throughout the day.

In addition to those businesses, others participating include Downtown at the



Gardens, Swoozie's, Cabo Flats, Whole Foods, Paris in Town and Candles by Mimi's Daughter. ■

PUZZLE ANSWERS



4	3	6	8	9	5	1	2	7
9	2	7	1	3	4	6	8	5
8	1	5	6	2	7	9	3	4
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2	9	1	4	5	8	3	7	6
6	5	3	7	1	9	8	4	2
7	8	4	3	6	2	5	9	1

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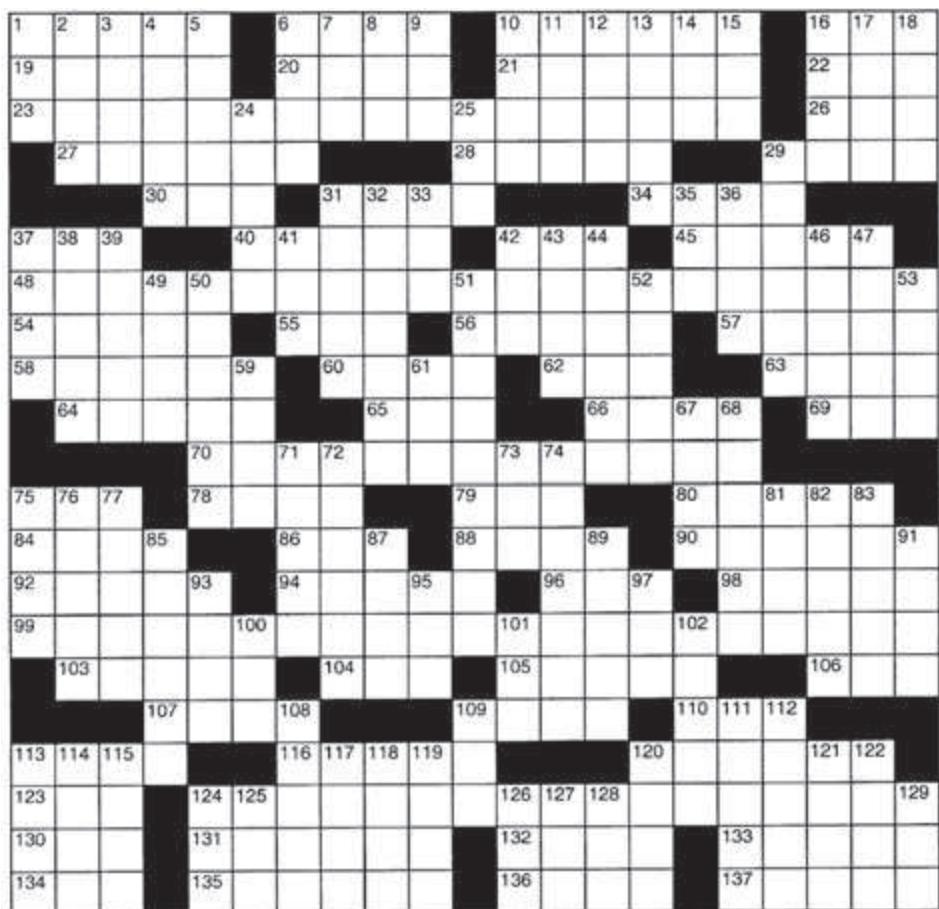
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FLORIDA WEEKLY PUZZLES

TAG SALES LINES


ACROSS

- 1 Act like a peacock
- 6 Had kittens?
- 10 Played the trumpet
- 16 Holbrook or Linden
- 19 Stadium
- 20 Marathon
- 21 Not very often
- 22 Geologic division
- 23 *REQUIRES MINOR REPAIR*
- 26 Free (of)
- 27 Touched up the text
- 28 Range rope
- 29 Brawl
- 30 Bear's lair
- 31 Singer Tori
- 34 Opinion sampling
- 37 Latvia, once: abbr.
- 40 Lucifer
- 42 Recede
- 45 Alex Haley book
- 48 *ONLY WORN ONCE*
- 54 Schnabel or Rubinstein
- 55 Up to, for short
- 56 Private
- 57 Opera hero, often
- 58 Illinois city
- 60 Mindy of "The Facts of Life"
- 62 — Believer" ("66 hit")
- 63 Sens. colleagues
- 64 Refuse
- 65 — Cob, CT
- 66 Kett of the comics
- 69 Observe
- 70 "ONE OF A KIND"
- 75 Numbers man?
- 78 Actress Ward
- 79 Spoil
- 80 Particles
- 84 Coarse file
- 86 Auto
- 88 What have you
- 90 Secluded
- 92 Salad type
- 94 "Psycho" setting
- 95 "A FAMILY HEIR-LOOM"
- 103 Musical of "Tomorrow"
- 104 Mineral spring
- 105 Bestow
- 106 Trigger-happy guy?
- 107 Notion
- 109 Clutter
- 110 Urban transport
- 113 Nutritional need
- 116 Fashionably nostalgic
- 120 Ready for dinner
- 123 Poetic preposition
- 124 AN ANTIQUE TREAS-URE"
- 130 '75 Abba hit
- 131 Olympian Gertrude
- 132 "The Seventh —" ("56 film")
- 133 Tennis player Richards
- 134 Big bang letters
- 135 Keys
- 136 Moon Mullins' brother
- 137 Imitation
- 138 Mateo, CA
- 139 Sherwood sight
- 140 Stalk
- 141 Brought to ruin
- 142 Sample the sauce
- 143 Actor Pitt
- 144 British dominion
- 145 Author Umberto
- 146 Augsburg article
- 147 Kind of cheese
- 148 Zhivago's love
- 149 Smell — (be suspicious)
- 150 Summarize
- 151 Architect's add-on
- 152 Salon supply
- 153 "Mein —" ("Cabaret" tune)
- 154 Solo
- 155 Tramp's tootsie
- 156 The Brainy Bunch?
- 157 Doubtfire"
- 158 Skunk in "Bambi"
- 159 Tall story?
- 160 Andy Griffith series
- 161 Yoko —
- 162 Supper scrap
- 163 Mississippi senator
- 164 Exchange
- 165 Start the slaw
- 166 Helicopter part
- 167 Command at a corner
- 168 Browning's bedtime?
- 169 Iran's Abolhassan — Sadr
- 170 German port
- 171 Prongs
- 172 Optical device
- 173 Hispanic money
- 174 Watch keepers?
- 175 In an engaging manner
- 176 Wrathful
- 177 Celtic
- 178 Tennis legend
- 179 Barnyard critter
- 180 Dictator
- 181 Fall blooms
- 182 Texas landmark
- 183 Powerful people
- 184 Pablum variety
- 185 Mythical monsters
- 186 Gullet
- 187 Turkish title
- 188 Clinton Cabinet member
- 189 Exclude
- 190 Drilling site?
- 191 Pool person
- 192 Down-to-earth affair?
- 193 Command at a corner
- 194 Praises
- 195 Guitarist Duane Scolded
- 196 Author LeShan
- 197 Arafa's grp.
- 198 Born
- 199 Middling mark
- 200 Nerd
- 201 Soviet cooperative
- 202 Trim the turf
- 203 Genie Francis role
- 204 — throat
- 205 Enthusiasm
- 206 Rock's — Butterfly
- 207 Heron's home
- 208 Thornfield governess
- 209 Slope
- 210 AAA offerings
- 211 Normandy site
- 212 Mozart's "kleine Nachtmusik"
- 213 Forest beauty
- 214 I.M. the architect
- 215 Drivers' lics., e.g.
- 216 Say please
- 217 Poseidon's domain
- 218 Aye opponent
- 219 Actress Susan

◀ SEE ANSWERS, A31

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HOROSCOPES

■ **LIBRA** (September 23 to October 22) This is a favorable time to move ahead with your plans. Some setbacks are expected, but they're only temporary. Pick up the pace again and stay with it.

■ **SCORPIO** (October 23 to November 21) Your creativity is recognized and rewarded. So go ahead and claim what you've earned. Meanwhile, that irksome and mysterious situation soon will be resolved.

■ **SAGITTARIUS** (November 22 to December 21) A new associate brings ideas that the wise Sagittarian quickly will realize can benefit both of you. Meanwhile, someone from the workplace makes an emotional request.

■ **CAPRICORN** (December 22 to January 19) It might be a good idea to ease up on that hectic pace and spend more time studying things you'll need to know when more opportunities come later in November.

■ **AQUARIUS** (January 20 to February 18) A relatively quiet time is now giving way to a period of high activity. Face it with the anticipation that it will bring you some well-deserved boons and benefits.

■ **PISCES** (February 19 to March 20) Go with the flow, or make waves? It's up to you. Either way, you'll get noticed. However, make up your own mind. Don't let anyone tell you what choices to make.

■ **ARIES** (March 21 to April 19) The pitter-patter of all those Sheep feet means that you're out and about, rushing to get

more done. That's fine, but slow down by the weekend so you can heed some important advice.

■ **TAURUS** (April 20 to May 20) You're in charge of your own destiny these days, and, no doubt, you'll have that Bull's-eye of yours right on target. But don't forget to make time for family events.

■ **GEMINI** (May 21 to June 20) Be prepared for a power struggle that you don't want. Look to the helpful folks around you for advice on how to avoid it without losing the important gains you've made.

■ **CANCER** (June 21 to July 22) Congratulations! You're about to claim your hard-earned reward for your patience and persistence. Now, go out and enjoy some fun and games with friends and family.

■ **LEO** (July 23 to August 22) The Big Cat might find it difficult to shake off that listless feeling. But be patient. By week's end, your spirits will perk up and you'll be your perfectly purring self again.

■ **VIRGO** (August 23 to September 22) A problem with a co-worker could prove to be a blessing in disguise when a superior steps in to investigate and discovers a situation that could prove helpful to you.

■ **BORN THIS WEEK:** You like to examine everything before you agree to accept what you're told. Your need for truth keeps all those around you honest. ■

By Linda Thistle

	3	8				7
9			3	4	8	
	5	2		9		
	2	4		7		
4	5			6		
1			6			3
	1	5		3		
6	3	7			4	
	8		2	9	1	

Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

★ Moderate ★★ Challenging
★★★ Expert

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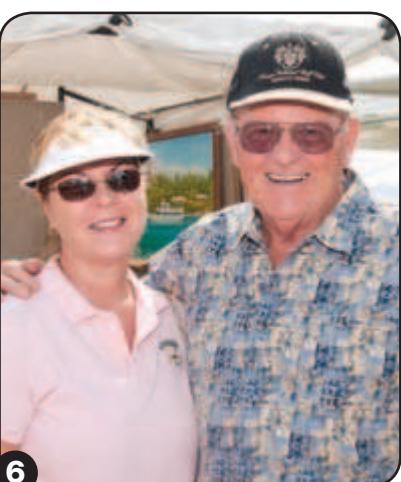
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3. Sydney Burnett, Becky Priest and Linda Donegan
4. Andres Roman, Fanny Gonzalez and Manuel Gonzalez
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7. Doug Heinke, Pamela Kelly and Katrina Kelly
8. Karen, Angela and Carol Justice

RACHEL HICKEY
FLORIDA WEEKLY

We take more society and networking photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover. You can purchase any of the photos too. Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.

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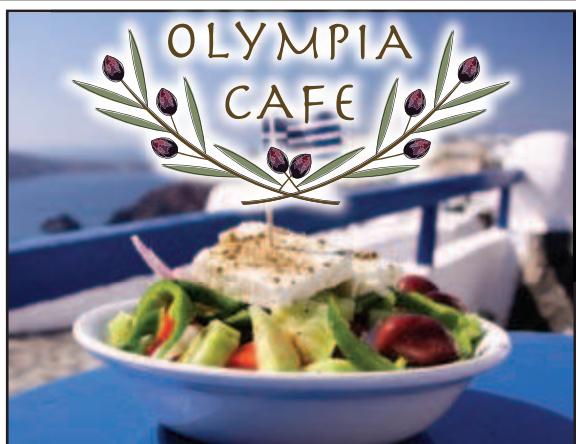
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VINO

Keep it simple when selecting the glass

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Whether your glass is half empty or half full, make sure it can do the job correctly. Not all glasses that hold wine are perfect wine glasses. The glass you drink from should allow you to appreciate the color, aroma and flavor in ways that make the wine accessible to your eyes, nose and taste buds.

How many glass shapes and sizes do you need? That depends on your budget, degree of fanaticism and storage space. There are four basic glass shapes: red, white, champagne flute and dessert.

■ Red wine glasses have a bigger bowl and opening to let in more air, allowing the robust flavors and aromas to concen-



WWW.RIEDEL.COM./COURTESY PHOTO

A champagne glass, Merlot glass, Sauvignon Blanc glass

trate as you raise the glass to your lips.

■ White wine glasses tend to be smaller than red ones, as white wine is usually lighter in body and flavor, and the smaller amount of wine poured helps maintain the cool temperature.

For red and white wine glasses, the shape should be narrower at the top than the middle of the bowl, to concentrate the fruit and flavors as you lift the glass to your nose and lips. The bowl should be large enough so you can swirl the wine around to release the aromas.

■ The champagne flute is designed to present a narrower surface area and gently release the small bubbles the sparkling wine makers worked so hard to put into the bottle.

■ Dessert wine glasses are smaller because the flavors are more concentrated, and because fortified wines like sherry and port are higher in alcohol.

When purchasing wine glasses, consider utility over looks.

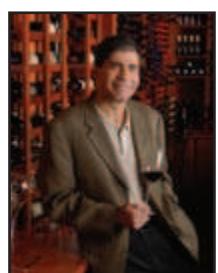
Choose those made of clear, thin crystal to allow the color of the wine to shine. The rim should be cut (the same width as the glass), rather than rolled, to allow the wine to flow smoothly onto the tongue.

Colored glass and cut crystal sides are also best left for decorative glasses, as they obscure the wine inside.

The modern stemless tumblers are stylish, but if serving wine at proper temperature is important to you, then you don't want your hands on the glass to start warming it up.

You can invest a lot of time and money in selecting glasses for every varietal, but for all but the most discriminating wine devotees, the four basic designs will suit virtually all occasions. ■

A chat with master sommelier George Miliotes of Seasons 52



SEASONS 52/
COURTESY PHOTO
George Miliotes

Seasons 52 Fresh Grill opened in Naples this week. Its 19th location (others include Palm Beach Gardens, Boca Raton and Fort Lauderdale), the 8-year-old chain features "seasonally inspired cooking with every item under 475 calories."

Co-founder and master sommelier George Miliotes oversees the wine program that features 100 choices (65 available by the glass) encompassing 25 varietals from 14 countries.

Q. What makes your wine program special?

A. We appeal to all wine drinkers. The knowledgeable guest will find unique and fun wines, and a newbie can have fun learning about different wines. We want our guests to try new wines, so we offer a small taste of any wine to a guest before they buy.

Q. What separates your wine program from those of other restaurants

with multiple by-the-glass selections?

A. We want wines where we have a say in the taste and deliver a good price. We custom blend our Indaba Chardonnay from South Africa, and work with Jorge Ordóñez, our Spanish supplier, to make a special merlot. We purchase a special blend of Riesling from Germany from Selbach.

Q. What are the biggest challenges of a successful wine program?

A. How to make wines approachable in flavor and price. Our varietals are listed from softer, approachable wines to the more complex and powerful, from

lower in cost to the higher prices. The ability to recommend a wine to go with a food will separate us.

Q. What trends do you see developing?

A. I think lesser-known wines will become very popular, from countries that are not on everyone's wine map. We have a beautiful merlot from Slovenia, a torrontes from Argentina, and Spain has a lot of different grapes from old vines. Those vines produce more concentrated flavors and aromas, and the wines from them are extremely affordable. ■

food & wine CALENDAR

- **Free Wine Friday** — Romeo-n-Juliette's Caffe will offer a free bottle of wine to parties of four seated for dinner by 5:30 p.m. or after 8 p.m. The restaurant is at 1544 Cypress Drive, Jupiter. Call 768-3967.
- **Food and Wine Festival** — The Hispanic Chamber of Commerce of Palm Beach County will mark Hispanic Heritage Month with its second annual festival, 5:30-9 p.m. Oct. 27 at Midtown in Palm Beach Gardens, will offer wines from up-and-coming regions of Chile, Argentina Brazil and Spain. Cigar makers also will be on hand offering demonstrations of hand-rolling cigars, and there will be samples of food from such restaurants as Don Ramon, Cantina Laredo and III Forks. There also will be an art exhibition featuring local and regional artists and Latin music and dancing. Midtown is at 4801 PGA Blvd., just west of Military Trail, Palm Beach Gardens. Tickets: \$25 and include a customized wine glass. Call 832-1986 or visit www.pbchamber.com.
- **BOO'S 'N' Brews Food & Wine Festival** — The third annual event is scheduled for Oct. 29 at Downtown at the Gardens. The event will combine more than 100 varieties of craft beer and wine tastings, a Halloween costume contest, performance artists, food vendors and shopping. Live entertainment will be offered by The Feeder Band. More than \$500 in prizes will be given in the costume contest. The event raises money for Habitat for Humanity of Palm Beach County. It is organized by the Palm Beach Gardens location of Whole Foods Market. The event is from 6 p.m. to 10 p.m. at the center at 11701 Lake Victoria Gardens Ave. in Palm Beach Gardens. Tickets start at \$15 to participate in beer and wine tastings with additional ticket packages priced at \$25 and \$50 (VIP) each. Tickets are available for purchase online at acteva.com/go/palmbeachgardens.



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