

# Final decision

Why the choice for death with dignity has become a battle

**>>inside:**  
 Last words from a man who chose his Final Exit.  
**A9**

**BY BILL CORNWELL**  
 bcornwell@floridaweekly.com

MY BUDDY HOWARD PROBABLY HAS TOLD this story a thousand times over the last 30 or so years.

It was Howard's first day in medical school. The instructor, a physician, was a middle-age man — trim, lean and the picture of health. Less than 10 minutes into his introductory lecture, the physician paused, gazed upward and then pitched forward, landing squarely on his face. Howard and his classmates bolted from their seats and rushed to his side. But it was too late; he was dead, the victim of a massive coronary.

The next time the class met, the new instructor had this to say: "I know how shocking the death of Dr. Barnes was to you all. But as you continue your medical studies and begin your practices, you will discover that he was a very lucky man. He died suddenly and without pain, and he was active to the end. Not all of us are so fortunate."

Howard thought the second instructor was crazy, but as the years wore on his thinking began to change.

"I've seen a lot of people die," Howard told

SEE DECISION, A8 ▶



## Gardens monitors continued drought, water restrictions

### SPECIAL TO FLORIDA WEEKLY

As the county continued to bake last week, Palm Beach Gardens firefighters responded to blazes knowing they might be shorthanded, and the city urged residents to follow water restrictions.

Weekend rains were the first sign that a "rainy season" might be under way, but Palm Beach County is still in a severe drought.

Because of the large numbers of fires statewide, said Fire Chief Pete Bergel, "the resources of the Division of Forestry are spread very thin and as a result they may not be able to respond to provide assistance." Chief Bergel noted that on June 17 the forestry division was not able

to respond to a brush fire northwest of Old Marsh development. That meant it took longer for firefighters to contain the blaze.

The chief was casting a wary eye at the approach of the Fourth of July. He implored residents to be careful with fireworks, and to supervise children and teens. "They should use extreme caution if enjoying fireworks and never leave teens and children unsupervised when lighting fireworks," he said.

Chief Bergel also reminded residents who live in developments that border environmental or undeveloped brush

SEE DROUGHT, A18 ▶



COURTESY PHOTO

Ponds and small lakes across the county, like this one at Mirasol Lakes in Palm Beach Gardens, are dry. The drought in Florida has parched small ponds and lakes.

### INSIDE



### Quick! Read this!

Blogger cuts through the bull in rewriting book titles. **A23▶**



### Society

See who's out and about in Palm Beach County. **A29▶**



### Tying it together

Foundation CEO Richard Cosnotti raises big bucks for Jupiter Medical Center. **A15▶**



### Top Thai

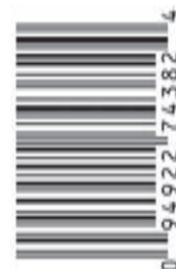
Thaicoon has been the place for Thai food for 25 years. **A31▶**

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## COMMENTARY

## How Kris Kristofferson helped me make it through the nights

billCORNWELL

bcornwell@floridaweekly.com



Of all the corrosively annoying little habits that one can fall prey to when living solo, keeping the television on to provide background noise in an empty house is among the worst. Not only does this practice spike the electric bill, it also invokes a soul-numbing thrum to daily existence.

With that said, there I was on a recent evening in one part of the house doing something or the other while the television regurgitated its fare in another. Although I was not listening intently, enough of what I heard was so outrageously grating that I was forced to investigate. Somehow, the set was tuned to a cable station that features country music.

I've never been a huge country music fan, but I've had a vague awareness for some time that the genre is not what it used to be. A quick look at the truly dreadful musical videos playing out on my screen that evening confirmed my worst fears.

To me, country music is Bob Wills, Hank Williams Sr., Patsy Cline. The current crop of performers — Trace Adkins, Kenny Chesney, Keith Urban, Shania Twain, to name but a few — can hardly be mentioned in the same breath as their illustrious predecessors. As David Allan Coe observed, a proper country song

must include allusions to at least some of the following: mama, trains, trucks, prison, and getting drunk. Best I can tell, the new wave of country music is given to exploring things like FEELINGS! Honestly, if I want to wallow in a syrupy musical mess about feelings and emotions, I'll rush out and buy a Celine Dion CD. (Not that I ever have done such, mind you.)

Sadly, the number of true "greats" is dwindling fast. Johnny Cash is gone, as are Waylon Jennings and Tammy Wynette. Willie Nelson, Merle Haggard, George Jones and Loretta Lynn are in their sunset years.

And incredibly, the greatest of them all — Kris Kristofferson — turned 75 on June 22. That Kris Kristofferson is still alive is a testament to something, although I'm not sure what. The man has survived what should have been lethal bouts with alcoholism, drug addiction and depression. He has undergone open-heart surgery. Janis Joplin once whacked him in the head with a bottle of Southern Comfort. Any of the aforementioned would have been enough to fell a lesser man. Yet through it all, Mr. Kristofferson has persevered and fashioned an iconic career as a songwriter, actor and stage performer. As a singer, Mr. Kristofferson's voice is at its very best serviceable. But the shifting gravel that comprises his vocal chords brings a kinetic force to his compositions that cannot be matched by anyone else.

It is as a writer, not a singer, that Mr. Kristofferson has made his greatest impact. He is, in my unschooled view, the greatest songwriter of his generation —

regardless of genre.

His music actually tells stories, and the words carry meanings that are laced with haunting echoes of William Blake, the English poet, engraver and mystic whose work in the late 18th and early 19th centuries has hugely influenced Mr. Kristofferson.

I have long been an admirer of Mr. Kristofferson, but it was the late spring of 2001, when I was living in Houston, that his music became something more than entertainment. By that time, my life on many levels had come to resemble a Kris Kristofferson song, and that is not good. Broken of heart and spirit, I wallowed in abject misery.

"I'd trade all my tomorrows for a single yesterday," (a line from Mr. Kristofferson's "Me and Bobby McGee") had become my mantra.

Weekends were the worst. Too little to do and way too much time to think — especially about Libby up in Dallas. When I finally grew tired of having her slam the telephone receiver at the first sound of my voice, I filled the void with two old friends: Jim Beam and Kris Kristofferson.

Night after night I sat and listened to Mr. Kristofferson's CD "The Austin Sessions." I played and replayed "Help Me Make It Through the Night," while the next evening might bring endless repetitions of "Why Me." And then there was "Sunday Mornin' Comin' Down," "Loving Her Was Easier (Than Anything I'll Ever Do Again)," "The Pilgrim, Chapter 33," "Nobody Wins," and the list goes on.

Eventually, Jim Beam turned on me,

as I suspected he would, and was sent packing, but Mr. Kristofferson remained true. Together, Kris and I rode out that tumultuous spring and early summer of 2001 one night at a time.

When the emotional smoke finally cleared, there was one Kristofferson line that especially resonated with me. It is from "The Pilgrim, Chapter 33": "From the rockin' of the cradle to the rollin' of the hearse, the going up was worth the coming down." I find little to dispute in that assessment.

Mr. Kristofferson now lives contentedly and quietly in Hawaii with his third wife. His work has always carried with it strong themes of mortality, so I was not surprised to learn that he has selected what he wishes to be engraved on his tombstone.

I was surprised, though, to find that he did not choose any of his own wonderfully wrought words. Instead, he is said to have selected lines from the song "Bird On the Wire" (written by Leonard Cohen).

*Like a bird on a wire*

*Like a drunk in a midnight choir*

*I have tried in my way to be free*

Of course I was not consulted on the matter, but had I been, I would have gone back to "The Pilgrim, Chapter 33" and argued in favor of this:

*He's a walkin' contradiction party truth and partly fiction*

*Taking every wrong direction on his lonely way back home*

But who am I to tell Kris Kristofferson a thing? After all, it was he who saved my life a decade back. ■

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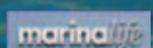


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**Publisher**

Michelle Noga  
 mnoga@floridaweekly.com

**Editor**

Betty Wells  
 bwells@floridaweekly.com

**Reporters & Columnists**

Scott Simmons  
 Athena Ponushis  
 Linda Lipshutz  
 Tim Norris  
 Jan Norris  
 Hap Erstein  
 Mary Jane Fine  
 Artis Henderson  
 Jeannette Showalter  
 Bill Cornwell  
 Roger Williams

**Photographers**

Scott B. Smith  
 Jose Casado

**Presentation Editor**

Eric Raddatz  
 eraddatz@floridaweekly.com

**Production Manager**

Kim Carmell  
 kcarmell@floridaweekly.com

**Graphic Designers**

Jon Colvin  
 Paul Heinrich • Dave Anderson  
 Natalie Zellers • Hope Jason  
 Nick Bear

**Circulation**

Steve West  
 Shawn Sterling  
 Chelsea Crawford

**Account Executives**

Barbara Shafer  
 bshafer@floridaweekly.com  
 Barry O'Brien  
 bobrien@floridaweekly.com

**Circulation & Office Coordinator**

Rachel Hickey  
 rhickey@floridaweekly.com

**Published by**

Florida Media Group LLC

Pason Gaddis  
 pgaddis@floridaweekly.com

Jeffrey Cull  
 jcull@floridaweekly.com

Jim Dickerson  
 jdickerson@floridaweekly.com

Street Address: FLORIDA WEEKLY  
 11380 Prosperity Farms Road, Suite 103  
 Palm Beach Gardens, Florida 33410  
 Phone 561.904.6470 • Fax: 561.904.6456



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# State T-ball champs headed to regionals

The 6- and 7-year-old T-ball players are, clockwise from top right: Nick Taylor (No. 50), Christian Gnecco, Colm Foley, Zach Pastor, Zack Rotta, Matthew Davis, Mason Blake, Erik Ferezy, Dylan Cratz, AJ Hunerberg, Steven Hammond, Dawson Thrush and Jake Martin.

COURTESY PHOTO

**SPECIAL TO FLORIDA WEEKLY**

The 2011 Palm Beach Gardens All-Star T-Ball Team won the South Florida State Invitational Tournament at Sarasota on June 19. The team went 6-0, winning their games by a combined

score of 92-30. The combined team batting average was .535 as the boys won five of six games without having to bat in the last inning.

In their semi-final game against cross-town rival Okeehchee, they came back from an 8-3 deficit to win in

extra innings 12-10.

Right fielder Christian Gnecco ended the game with a catch in right field that he turned into a double play when the Okeehchee base runner strayed off first base and Christian alertly threw behind the runner to the awaiting first baseman.

Shortstop AJ Hunerberg, first basemen Dawson Thrush, pitcher Mason Blake and second basemen Erik Ferezy played flawless defense all tournament long while the combination of Steven Hammond and Colm Foley anchored third base. The outfield was especially good with Jake Martin, Matthew Davis, Zack Rotta, Nick Taylor, Dylan Cratz and Christian Gnecco cutting off balls and holding base runners to singles instead of doubles and triples and at times throwing runners out at second base.

Catcher Zach Pastor was equally impressive making a game changing tag at the plate against last year's state and Southeast Regional Champion Longwood. Next stop for the team is the Southeast regional, beginning July 14, where they will play teams from Virginia, the Carolinas, Tennessee, Georgia, North Florida, Alabama and the Bahamas. ■

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## Norton adds demos, DIY to Art After Dark

Art After Dark just got artier.

The Norton Museum of Art's weekly event, held 5 p.m. to 9 p.m. Thursdays, will offer more art-oriented activities.

Art after Dark generally combines live music, wine and beer tastings, exhibition tours, lectures, films and food.

There will be demonstrations of all styles of artwork by local artists, and do-it-yourself art projects led by museum staff and volunteers have been added to the mix.

The artist demonstrations and talks, and the DIY art projects run from 5:30 p.m. to 7:30 p.m.

Here is a look at the schedule:

■ **July 7:** Debbie Lee Mostel will create her "Technology Deconstructed/Nature Reconstructed" series as she transforms disassembled household electronics into objects of art. Participants will create their own pieces of Chinese pottery based on the special exhibition "Eternal China: Tales from the Crypt."

■ **July 14:** Catherine Bottiau, a French artist, will demonstrate "plein-air" (open air) painting and sketching in the Central Garden to mark Bastille Day. As a nod to Monet and other French Impressionists, participants will draw with soft pastels in the Central Garden.

■ **July 21:** Diane Hutchinson will demonstrate how to mix color and paint watercolors. Attendees can join in or just watch. For the DIY component of the evening, create your own cartoon or comic superhero (or villain) with guidance from cartoonist Aris as he leads a cartoon drawing workshop inspired by the exhibition "Out of this World."

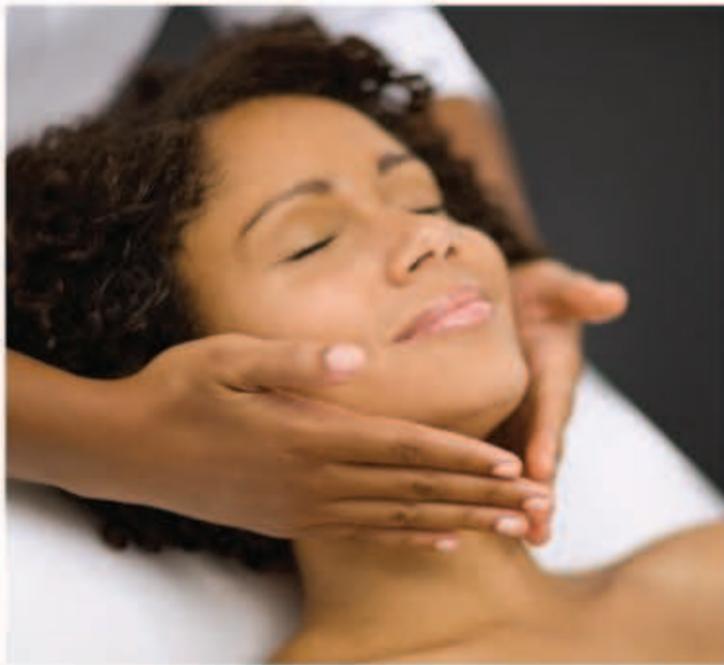
■ **July 28:** The Norton's five summer interns — Ashlan Bishop, Charlotte Gorant, Alexis Jason-Mathews, Symone Ridgell, Ian Rollins — will create an Art After Dark evening. The DIY portion of the evening is "Postcard from the Museum": Create a giant postcard of the evening.

■ **Aug. 4:** Claudette Dalack will demonstrate abstract floral painting, share her techniques to create bold and decisive lines on canvas, and complete a floral abstract on-site. And you can create your own Rorschach from paper and paint, and then interpret the results.

■ **Aug. 11:** No demo, but the DIY portion of the evening is themed "Fun with Photography: Become a Crypto-Zoologist!" Create and place new animals in fun and unexpected habitats using images from National Geographic and other nature magazines.

■ **Aug. 18:** Bruce Bain presents Photography 101, which includes a discussion of elements of photography along with examples that demonstrate the basics of creating images. You can explore the Museum Collection to find artworks that relate to fables, stories, and myths. Then, create your own mini-storybook to take home.

■ **Aug. 25:** Sarah Keith demonstrates jewelry-making techniques such as hand forging, using copper to create beautiful and organic pieces of art. ■



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in the know

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# NEWS OF THE WEIRD

BY CHUCK SHEPHERD  
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## Unclear on the concept

In May, a federal appeals court reinstated the Americans with Disabilities Act lawsuit filed in 2007 by Darrell Miller after he was fired as a bridge maintenance worker by the Illinois Department of Transportation. Mr. Miller had been medically diagnosed with a fear of heights, and could not work on many proj-

ects, but a lower court dismissed his lawsuit, concluding that working at heights was an unavoidable condition of bridge maintenance. (The appeals court said that a jury "might" find that bridge maintenance could be done in "teams" with one worker always on the ground.) ■

## Urban legend come to life

Too-good-to-be-true stories have circulated for years about men who accidentally fell, posterior first, onto compressed-air nozzles and self-inflated to resemble "dough boys," usually with fatal results. However, in May in Opotiki, New Zealand, trucker Steven McCormack found himself in similar circumstances, and had it not

been for quick-thinking colleagues who pulled him away, he would have been killed — as the air, puncturing a buttock, had already begun separating tissue from muscle. Mr. McCormack was hospitalized in severe pain, but the air gradually seeped from his body (according to a doctor, in the way air "usually" seeps from a body). ■

## Sounds like a joke

► Night club singer Simon Ledger was arrested following a performance at the Driftwood Beach Bar on Britain's Isle of Wight in April after a patron complained to police. Mr. Ledger was covering the 1974 hit "Kung Fu Fighting," and two customers of Chinese descent reported that they felt victims of illegal "racially aggravated harassment."

► Leslie Clarke, 29, turned himself in to police in Darwin, Australia, in May after authorities released surveillance tape of a break-in and vandalism at the Hidden Valley Tavern. Mr. Clarke, a large man, confessed to going on a drunken prowling with friends, but said he remembered the break-in only when he saw the video and recognized his distinctive image from the back, including several inches of his butt crack. ■

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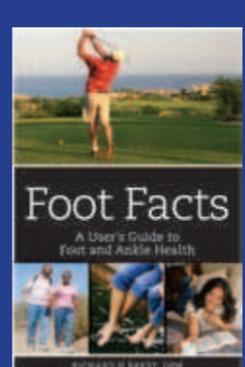
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# DECISION

From page 1

me after he had been in practice for a while, “and very few of them go out as nicely as Dr. Barnes. He was indeed a lucky guy.”

We all will die, of course, but how and under what circumstances we shall depart remain a mystery — at least up until the very end.

For people like Ted Goodwin, a 65-year-old Punta Gorda man, the right to choose when and how we leave this Earth is sacred and fundamental. Mr. Goodwin is not an advocate of suicide practiced willy-nilly, but he does believe strongly



GOODWIN

that anyone suffering from an incurable, fatal illness that causes great pain and debilitation should have the right to select the time and method of his death.

This is not a matter of philosophical debate for Mr. Goodwin. It is a crusade. And, as a result of this crusade, Mr. Goodwin faces the prospect of spending up to 30 years in a Georgia prison.

How Mr. Goodwin found himself in this fix is a story unto itself. He has served as president of the Final Exit Network, a national organization that claims some 4,000 members, and he counsels terminally ill patients about ending their lives on their own terms. It is a precarious legal world in which Final Exit operates, but the organization says it makes every effort to operate within the law.

Those seeking guidance from Final Exit must submit medical records detailing their medical conditions and



KAVANAUGH

undergo physical and psychological examinations. A committee reviews this data before deciding whether an applicant is a suitable candidate for what the group likes to call “hastened death.”

“Contrary to what people may believe or think, we do not assist people who are depressed or clinically suicidal,” says Frank Kavanaugh of Punta Gorda, who is a member of Final Exit’s board.

The goal of Final Exit and similar groups, according to their proponents, is to put an end to needless pain and suffering at life’s end.

To avoid legal entanglements, the group does not actively assist in the act, although they will offer to sit with someone who does not wish to die alone.

Yet despite these supposed safeguards, Mr. Goodwin and three other Final Exit members now face charges of assisting in a suicide attempt. Mr. Goodwin and the others were caught in a “sting” operation organized by the Georgia Bureau of Investigation. (Mr. Goodwin says he cannot comment on the specific charges while they are still pending.)

According to the GBI account, Mr. Goodwin and his confederates agreed to assist and observe the death of a patient suffering from pancreatic cancer. In reality, the “patient” was a GBI agent operating undercover.

The GBI claims that a plastic bag was to be placed over the agent’s head. Helium was then to be pumped into the bag. This is the preferred means

“There are two camps in this debate (over assisted suicide). One camp holds that all life is sacred, although there can be exceptions in this camp for things like war and capital punishment. The other view holds human beings have the right to choose to terminate life.”



AHO

— Kevin Aho, associate professor of philosophy at Florida Gulf Coast University.



This billboard was erected along I-75 in Sarasota, causing consternation among the area’s Catholic diocese.

COURTESY PHOTO

of death advocated by Final Exit. The GBI also alleges that Mr. Goodwin offered to hold the agent’s hands to prevent him from removing the bag.

Final Exit vehemently states, however, that it never physically intervenes in any suicide attempts.

Mr. Goodwin was charged with a variety of offenses, including assisting a suicide, evidence tampering and racketeering. And while the potential penalties are steep, opponents of the assisted death movement believe the charges are not severe enough.

Stephen Drake of a group called Not Dead Yet thinks Mr. Goodwin and Final Exit should be classified as murderers.

“It’s like approaching somebody who is on the ledge of a building and giving them a shove instead of pulling them back,” he says.

Mr. Goodwin awaits trial, and while he will not address specifics of the case, he says he expects to be vindicated.

“We operate within the law,” he says.

As with many end-of-life crusaders, Mr. Goodwin came to his cause through deep personal experience.

“It goes back to my youth,” he says of his activism. “When I was about 16 years old, I had a favorite aunt who was dying from a blood clot to the brain. We kept a death watch, and I had the 4 to 8 p.m. shift.”

In a room next to his aunt’s, a woman lay dying from ovarian cancer. She had wasted to 70 pounds and writhed in agony day after day. Her eyes had become black circles, and a nurse told Mr. Goodwin that the woman’s cancer had spread to her bones.

“The nurse said virtually every bone in this poor woman’s body was broken and that when they turned her over in bed, it was like moving a bag filled with broken glass,” he recalls.

To Mr. Goodwin, it made no sense to endure such suffering when there was no hope for cure or recovery.

He eventually joined the Hemlock Society and later split from that group to become a part of Final Exit.

Frank Kavanaugh became active in Final Exit after a long career in health care administration. Before retiring to Punta Gorda, Dr. Kavanaugh, who holds a doctorate in health care administration, taught at the George Washington School of Medicine and Health Sciences.

“We prefer to talk about aid to

dying, rather than suicide,” he says. “Suicide implies something psychotic, a psychiatric condition. We are not here to help depressed people end their lives. We would be glad to help them to get treatment for their depression, but that is not what we are all about.”

Dr. Kavanaugh says Final Exit and other groups would like to see laws enacted along the lines of Oregon’s

Death with Dignity Act, which was passed in 1997. Oregon’s law allows terminally ill residents “to end their lives through the voluntary self-administration of lethal medications, expressly prescribed by a physician for that purpose.”

In a study released last year, it was shown that 525 patients had died since 1997 under the provisions of the Death with Dignity Act. The median age of those ending their lives was 72, and 78 percent of those who consumed lethal medication had cancer.

As Dr. Kavanaugh points out, often times Oregonians will request lethal pills but never use them.

“Just knowing they have an option if the pain and suffering gets too unbearable sometimes provides an incentive to live,” he says. “They think they made it through today, so maybe they can make it through tomorrow. The key is that they feel like they have some control.”

Margie Rinaldi, who formerly headed the Hemlock Society in Lee and Collier counties, says anyone who expects Florida to follow Oregon’s lead regarding physician-assisted suicide is living in a fantasy world.

“This area is so very, very conservative that it’s just not going to happen,” she says. “It is a very religious area, and evangelicals and Catholics, in particular, are strongly opposed to assisted death.”

Beyond the conservatism, she adds, is the fact that most of us “don’t want to address the topic of death.”

By and large, she says, “a lot of people don’t want to think they’re going to die. I mean look at someone like Hugh Hefner who goes out and marries someone who could be his granddaughter. That’s a man running from his own mortality.”

Indeed, some Floridians seem to believe that accumulated wealth translates to something approaching immortality. In Palm Beach, for example, there are no hospitals, no funeral homes and no cemeteries.

Ms. Rinaldi, 73, is not one of those people. She retired from her duties with the Hemlock Society because of ill health. She has had triple-bypass heart surgery and she is realistic about her prospects of reaching old age.

“My goodness, heart disease is all over my family,” she says. “Strokes, heart attacks — my family has it all. I once asked my doctor about going on

the Pritikin Diet, and he said it might help my heart, but I’d probably end up dying from cancer. Not for me. A quick heart attack is the way to go.”

Ms. Rinaldi is a former registered nurse and lawyer and both professions profoundly influenced her thinking toward death and dying.

“I’ve seen how ugly things can get at the end of someone’s life,” she says. “That’s not for me, and it shouldn’t be for anyone else who doesn’t wish to endure agony and indignity.”

Final Exit and other groups offer tips and suggestions on their websites about how to ensure that your end-of-life wishes are respected. A visit to a lawyer also can be beneficial.

Assisted death advocates say discussions with family members well in advance of illness are essential to avoid misunderstandings at the very end.

But the decision to end one’s life cannot be reduced to legal paperwork. It is a matter of immense philosophical import.

“There are two camps in this debate (over assisted suicide),” says Kevin Aho, associate professor of philosophy at Florida Gulf Coast University. “One camp holds that all life is sacred, although there can be exceptions in this camp for things like war and capital punishment. The other view holds human beings have the right to choose to terminate life.”

Dr. Aho, who along with his father James Aho co-authored the book “Body Matters: A Phenomenology of Sickness, Disease and Illness,” says the second camp embraces a “utilitarian” position that seeks to act in a way that “promotes happiness and relieves suffering.”

In many instances, the happiness promoted extends past the person who is directly suffering, he says. Spouses who can no longer bear the sight of a loved one’s suffering often find solace in death that is free from pain and anxiety. A hospital or a medical facility may also benefit by having a bed freed for a patient who does have a chance for recovery and wellness.

The divide between these two points of view is great, Dr. Aho points out, which helps to explain why assisted suicide remains such a heated topic.

The late Dr. Jack Kevorkian also did much to shape the debate regarding assisted suicide. While many advocates acknowledge Dr. Kevorkian’s role in publicizing the issue, they also concede that his eccentric ways, abrasive personality and penchant for publicity were not always helpful to the cause.

In many parts of Western Europe — Switzerland being a notable example — supervised suicide (and not just in cases involving terminal illnesses) is legal and accepted.

“Suicide tourism” is a term that is used to describe the migration of people to places like Switzerland for the sole purpose of ending life.

“It seems bizarre that Americans, let’s say, would have to travel abroad to end their lives,” Dr. Aho says.

He regards organizations like Final Exit and the Hemlock Society as skidding down a slippery slope. Unlike Oregon, where medical supervision is rigorous and all facets of the process are monitored, this do-it-yourself manner of life ending can be fraught with a myriad of complications and unintended consequences, he says.

“This putting a bag on the head, for example,” he says. “What if it is not done correctly? What if it results in brain damage and not death?”

Final Exit, for example, cites its rigorous research as a safeguard, but the fact that the person actually performing the act must essentially do it on his or her own does give room for

pause.

Dr. Aho says he would be more comfortable if Final Exit and other advocacy groups put most of their efforts into changing policies regarding assisted suicide and spent less time offering advice and instruction over how to accomplish that goal.

"It just seems problematic that people have to go to these websites to get this information in something of an underground way," he says.

And if these advocacy groups feel so strongly about their efforts to facilitate suicides, Dr. Aho says they should be prepared "to pay the legal consequences."

Ted Goodwin says nothing would please him more than to see the legal landscape regarding assisted suicides undergo a seismic shift. He wishes there was no need for Final Exit or the Hemlock Society or any other such

group. But he also knows that will not occur during his lifetime.

And, yes, he says he is fully prepared to suffer any consequence for his actions.

"We knew that one day we would sustain an arrest," he says. "We knew it was coming. The trap was laid, and I was caught in the middle of it."

Looking ahead, he says: "Do I want to spend 30 years in prison? Of course not. But this is an individual justice issue, and that's worth fighting for. My family knows that, and they support me. I think we will prevail legally, that the law is on our side. But if we don't, I don't anticipate a 30-year sentence. Maybe I will be get 15 years, if it comes to that, and maybe I would be out in eight or nine years. Who knows? But I'm willing to face whatever waits down the road." ■

## One life's final notes

BY KATHY GREY

kgrey@floridaweekly.com

In his 84 years, Leonard Lubin led an exemplary life. At the tender age of 19, he was a World War II American military hero who liberated prisoners from Nazi concentration camps. He went on to live a long and full life in St. Petersburg, as a dedicated family man and civil liberties attorney.

Florida Weekly interviewed Mr. Lubin's son, Lance, and received permission to reprint his father's final letter to his loved ones and another to the authorities. The letters articulate an informed decision to leave this life.

"I can assure you that this letter was written over and over again," Mr. Lubin's son Lance said. "He was a great lover of the written word. What drove this is that he was in absolute agonizing pain. He made the decision years before. But he wouldn't tell anyone when it was going to be.

"He'd had a series of small strokes and was afraid of a full stroke and having to wait out years helpless in a hospital bed," Lance Lubin said.

Leonard Lubin signed and dated two final documents — one for his loved ones and one for the authorities — noting the April 2009 date and time he enacted his final decision.

Lance Lubin remembers his father's remarkable life as an attorney fighting for the rights of the mentally incompetent. His work was "emblematic," Lance Lubin said.

"If somebody asked me to summarize his life, it would be 'personal autonomy,'" Leonard Lubin's son said. "He was a champion of that."

These excerpts from Leonard Lubin's final letters are respectfully reprinted — with permission from the Lubin family — to illustrate the final choice of one remarkable man.

Excerpts from Mr. Lubin's letter to investigating authorities:

■ "I decided to end my life because my continued suffering and disability from chronic, unrelenting pain and my inability to breathe adequately became unbearable to me and because my medical conditions have been diagnosed as progressive and degenerative without any cure."

■ "My decision ... is mine alone, made in a normal state of mind ... I am a

member of the Final Exit organization ... and have studied self delivery (suicide) for many years and made the decision to end my life myself and alone."

Excerpts from Mr. Lubin's letter to loved ones:

■ "By the time you read this, it will have become known that I ended my life myself, by the act as known in the Death with Dignity Community as 'Rational Self Deliverance' and by the population at large as 'suicide.'"

■ "There can be a good life and good death, without the bankrupting cost in money and the shattering cost in emotional and psychic distress."

■ "(There are those who) believe that when life becomes little more than the burden of the daily endurance of pain and no longer allows for a day in the Churchillian 'sunny uplands' that it is rational, sensible and especially desirable to terminate and deliver oneself from those demons that make life an abyss for self and for those who care about them."

■ "I dearly and fully loved my family and friends ... and derived the greatest joy and happiness from their being."

■ "So I ask that I be celebrated and that you think of me happily. I wish you all happy lives, rich in joy and love. Goodbye." ■



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## Jewish Federation sets networking event

The Jewish Federation of Palm Beach County's Business and Professions Division will hold a summer networking happy hour event on July 12 from 5 p.m. to 7 p.m. at Dirty Martini at Downtown at the Gardens, 11701 Lake Victoria Gardens in Palm Beach Gardens.

Cost is \$18 per person, which includes one drink ticket and complimentary hors d'oeuvres. Participants are asked to bring canned food items to donate to the Ferd & Gladys Alpert Jewish Family & Children's Service, a federation partner agency, for its kosher food pantry.

Email [tonya.wingfield@jewishpalmbeach.org](mailto:tonya.wingfield@jewishpalmbeach.org), call 242-6607 or visit [jewishpalmbeach.org](http://jewishpalmbeach.org) to register or for more information.

The business and professions division provides opportunities for professionals in the greater Palm Beaches to network and build relationships with both the Jewish Federation of Palm Beach County and each other through outreach events, networking receptions, educational seminars, mentoring programs and annual fundraisers supporting the federation and its partner agencies. James B. Baldinger is division chair. Dr. David Lickstein is the division vice chair and campaign chair.

The Jewish Federation of Palm Beach County serves residents from Boynton Beach to Jupiter and west to Wellington as the central Jewish community-building organization of the greater Palm Beaches. ■

## Donate uniforms, school supplies to help needy students

All Walgreens stores in Palm Beach County, along with dozens of other locations, are serving as collection sites for gently used school uniforms and new school supplies to be distributed to families in need at the annual Community Back to School Bash held prior to the start of school in August. The public is invited to donate gently used school uniforms, or to purchase new uniforms for donation, and to purchase and donate school supplies at any of these locations.

The goal is \$220,000 in cash donations, also, to purchase school uniforms, school supplies and backpacks. Cash donations can be made online at [backtoschoolbashpb.org](http://backtoschoolbashpb.org), or mailed to 5206 Rivermill

Lane, Lake Worth, 33463.

The Community Back to School Bash is a not-for-profit umbrella organization combining the efforts of more than 60 local non-profits to provide children with backpacks, supplies and uniforms. It served 11,000 children this year.

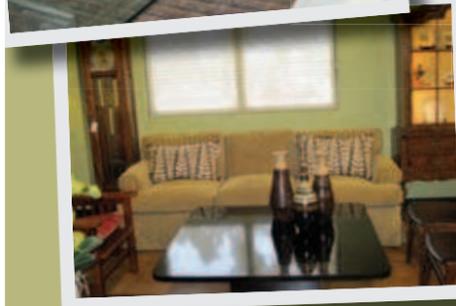
In addition to Walgreens, collection sites include RBC Bank, 620 West Indiantown Road, and Jupiter Recreation Center, 200 Military Trail, in Jupiter; and the Jewish Community Center, 4803 PGA Boulevard; Palm Beach Gardens Recreation Center, 4404 Burns Road; RBC Bank, 2875 PGA Boulevard, Suite 200; and RBC Bank, 5070 PGA Boulevard, Suite 100, all in Palm Beach Gardens. ■

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# Florida Stage founder takes a breath, looks ahead

BY SCOTT SIMMONS  
ssimmons@floridaweekly.com

For Louis Tyrrell, the sad reality has come and gone.



TYRRELL

His Florida Stage has closed. The company announced plans last month to file for bankruptcy after subscribership dropped and it accumulated \$1.5 million in debt.

"Our audience didn't follow us to the Kravis Center, and there's no secret to that. Our core audience didn't like the move and we were unable to attract a new audience. ... Our financial crisis made it impossible to continue."

But debt and bankruptcy are not the company's legacy.

Instead, Mr. Tyrrell and other theatrical directors say Florida Stage's 24-year legacy lies in works that are being performed across the United States and Europe.

"It really was a dream come true, frankly," said Mr. Tyrrell, who turned 60 last year. "Any one of us who has an aspiration for a career in theater, what we hope for is the opportunity to do the work we want to do when we want to do it and to share it with the community over time, so that the contribution you make to a community can be part of the cultural personality of that place."

His company, with its origins in productions given at what is now Palm Beach State College's Lake Worth campus, became a part of the South Florida community.

"I was a young actor and just wanted to

be employed. Once you answer the question 'Am I employable?' everybody has to make their own choices as to the kind of career they want."

But Mr. Tyrrell had more immediate needs.

"Some people aspire to Broadway, some to film or to television. My aspiration was always just to work."

And work he did. That company morphed into the Pope Theatre Company and moved to long-term digs at Manalapan's Plaza del Mar. The company came into its own in the 1990s as it outgrew its relationship with benefactor Lois Pope and became known as Florida Stage. The company moved last year to the Kravis Center.

"Every play was just a new adventure and a journey into the unknown. It was the first paint on a blank canvas. As a result, whether it was well received, it was shared artistic experience."

And one worth remembering for the 150 new works that were presented on its stage. "The one thing that I get to do now, is that I just can begin to savor what this has all meant. And for that I am grateful."

Mr. Tyrrell doesn't see himself launching another theatrical company.

"After 24 years of administration and fundraising and board meetings — everything you have to do to keep the company going — I think I'm going to want to focus my efforts on the artistic side."

Does that mean directing?

"We'll see what opportunities I'm given.

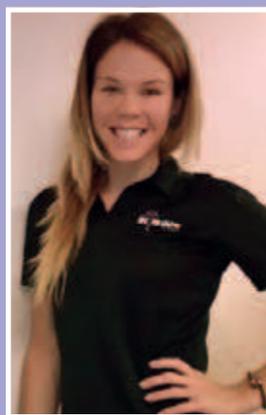
Now I have to consider offers from others doing the plays that they choose."

"I've had such a good run at it and feel so damn lucky," he says. "So I'm gonna catch my breath a little bit." ■

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# HEALTHY LIVING

## If you do stupid things on the Internet, prepare to be exposed

**lindaLIPSHUTZ**  
llipshutz@floridaweekly.com



What was he thinking? Did he really believe that his conversations were private and would stay private? Does a person with any modicum of intelligence actually believe he can catapult explicit pictures through cyberspace without huge repercussions?

Let's not dismiss the recent Anthony Weiner scandal as the isolated instance of one disturbed person's highly offensive, inappropriate behavior.

Rather, let's reflect on the seductive call of the Internet and consider a disturbing trend witnessed by therapists and matrimonial attorneys throughout the country. In recent times, an alarming number of people have recklessly compromised their personal and business lives with highly inappropriate Internet behaviors. Importantly, in many cases, these same people swear that they have "always" shown good values and would NEVER have had the audacity to take the same liberties and risks in person. When caught and faced with the consequences, they wail: "What was I thinking? Where was my head?" But they can't turn back the clock.

So, what is it? We are all aware that the Internet has become a double-edged sword, giving and taking in every facet of our lives. Computers have become vital tools in our communications, banking, shopping, entertainment and socialization. However, most people are surprisingly naïve about the potential dark side and dangers of the Internet. And sadly, we are not just talking about teenagers.

It is an important wake-up call to recognize how ordinary people who are feeling bored, insecure or discontent are vulnerable to cross a reckless line if they do not cement and clarify important values and boundaries.

The Internet provides the opportunity to engage in a relationship cloaked in the privacy of one's home or office. The correspondence may start out innocently enough: Two people getting to know one another — what's the harm? It's fun and a diversion from the day-to-day pressures and monotony. Oftentimes, in the vacuum of a private cyberspace relationship, things may heat up quickly. There is a heady thrill to be immersed in a relationship that becomes all about you, with no distractions, lots of attention and flattery. Because the pace escalates so quickly, the adrenaline pumps and the partners may convince themselves that they have become sexier, wittier and better looking.

They start to like how it feels. There is apparently a dimension to cyberspace communication that gives a false sense of comfort and the illusion of intimacy. Individuals may be emboldened to try out new personas and to re-invent themselves. For many people believing that the Internet is private and anonymous enables them to shed long-standing inhibitions. By making contact available in the comfort of one's own home, any pleasure or indulgence can be deemed perfectly acceptable and comfortable, regardless of the taboo it has outside of that room.

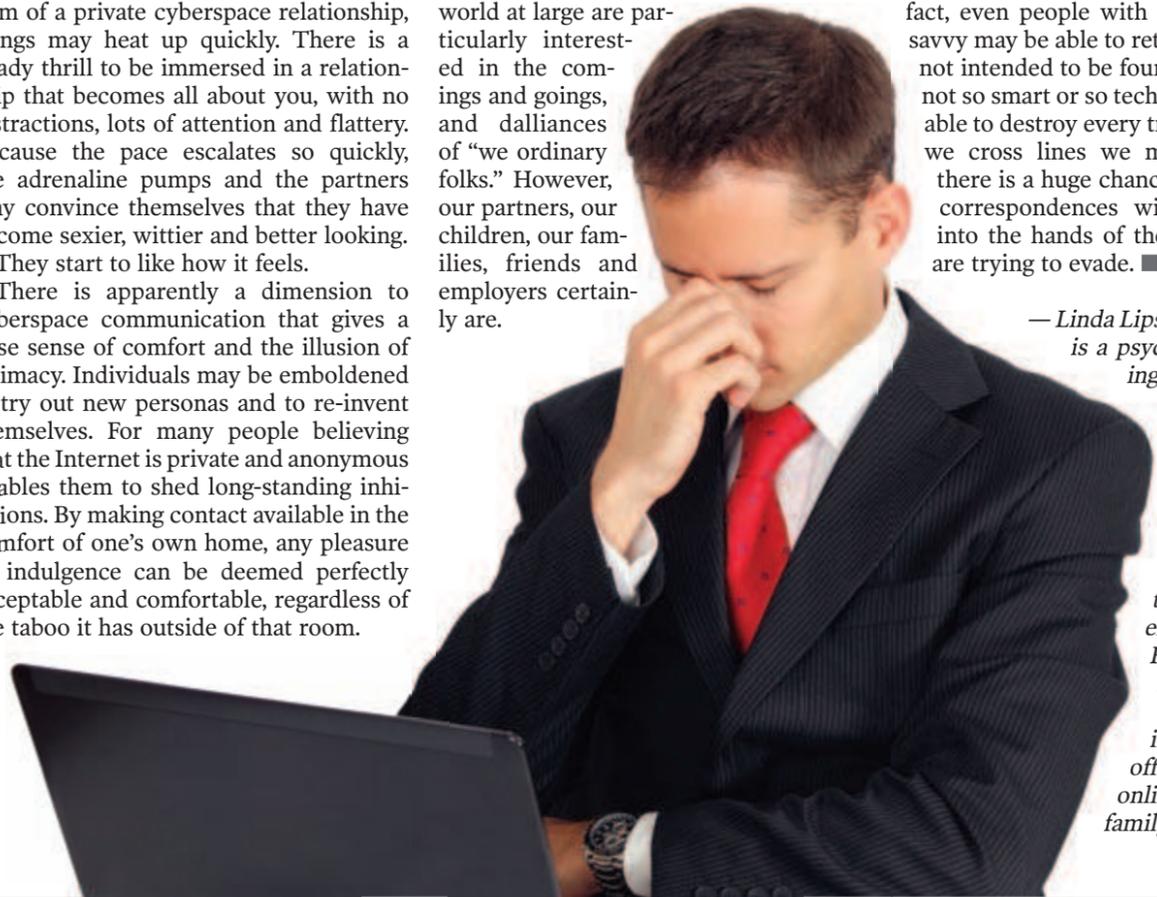
People may give themselves a green light to engage in conversations and behaviors that they might have been too shy or proper to go along with offline. The prohibitions that provide a moral compass in our everyday lives will somehow be disregarded and we may no longer believe that we must be accountable to our former principles. The very person who would be shocked to be asked to disrobe in person might somehow feel safe enough to shed prior restraint by sending an explicit picture online.

It is not likely that the media and the world at large are particularly interested in the comings and goings, and dalliances of "we ordinary folks." However, our partners, our children, our families, friends and employers certainly are.

And a special warning to the over-30 set: As two people share a secret together in cyberspace, they inevitably create distance in their primary relationships. Conflicts and disappointments at home will certainly become more pronounced when compared to the newness and perceived "perfection" of an online thrill.

Remember, the younger generation is a lot more sophisticated and knowledgeable about computers than we give them credit for. We may erroneously believe that when we press "delete" we have covered our tracks and erased all the evidence. In fact, even people with limited computer savvy may be able to retrieve information not intended to be found. Most of us are not so smart or so tech savvy that we are able to destroy every trace. If, and when, we cross lines we must assume that there is a huge chance that our private correspondences will ultimately fall into the hands of the very people we are trying to evade. ■

— Linda Lipshutz, M.S., LCSW  
is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached in her Gardens office at 630-2827, or online at palmbeach-familytherapy.com.



## GIVING

### Paying forward: A grace note to lifetime giving

**leslieLILLY**

President and CEO of the Community Foundation for Palm Beach and Martin Counties



The national Association of Fundraising Professionals recently shared a report on a survey of bequest giving among 900 organizations around the world. The study shows that 31 percent of planned giving programs were still in a stage of relative infancy, 72 percent of the organizations with programs had fewer than two staff members and 38 percent reported their planned giving campaigns and strategies were supported by annual budgets of less than \$5,000. That's a very tough scenario for success. Yet given how challenging the fundraising environment is these days, it is encouraging to know nonprofits are still attempting to expand their options for attracting charitable investment. The downside is that it will likely be many years before the scale of non-profit efforts to attract bequests will be sufficient enough to produce revenue streams that are a significant proportion of their overall funding streams. But, like Momma

said, you have to start somewhere and there is ample reason for nonprofits to increasingly encourage their loyal donors to make a bequest or planned gift in support of their organizations.

Here's why: despite the recession, the national projection is that the wealth transfer of around \$41 trillion is going to take place in this country by mid century. That's a tremendous amount of assets up for grabs, assuming that a recommitment of even a small portion of these dollars to philanthropy is likely to happen by default. If you think about it, the Baby Boomer generation and their parents are already on the front of the wave of this massive demographic event. These bequests are being made now, and periodically headlines appear, signaling a public pronouncement that some charitable-minded individuals or families are making a major charitable gift to a nonprofit as a part of their estate plan. These are seeds for giving that are planted one by one and they come to fruition as time and circumstance dictates. One of the more famous examples of planned giving in recent news has been the Gates and Buffet pledges and their initiative to encourage the super wealthy to take the "Billionaire's Pledge" in order to give at least 50 percent of their wealth away as part of their personal succession plans.

That's wealth transfer in real time.

The initial report on wealth transfer was first published at Boston University in 1999. It created a tremendous amount of buzz in the philanthropic world. The study's authors now say that neither recession, nor a decline in the stock market, nor other significant, economic down-sides will dramatically alter their initial forecast. Wealth transfer is relevant and a valid basis upon which charities should consider matters of succession planning, and not just in terms of the transitions expected in executive or board leadership. Succession planning now also means having a plan to engage current donors in strategies for giving that anticipate transfer of assets as a predictable event. This takes the approach that current donors are the genesis of at least some portion of a nonprofit's future pipeline for new donors and gifts. This is not easy. It takes envisioning a mission, served in the circumstance after the passage of time, that has profoundly altered what is now and necessarily accept as a premise what otherwise cannot always be. The good news is that nonprofits have begun to have the conversations and create within their operations the necessary infrastructure to engage and involve donors.

Of course, leveraging the opportunities inherent in wealth transfer won't come easy to a sector already heavily taxed by the burdens of much to do and

less to do it with. Short-term goals often take precedence over the longer term and everyone seems to be focused on short term these days, even foundations. Nonetheless, this is one of those issues of generational responsibility. It's a conversation an organization grows toward as a result of its own willingness to grapple with how succession must be necessarily tempered with a sober assessment of the "what-ifs" associated with these types of transitions. It requires an organization's leadership to spend time and resources toward planting seeds that most of the individuals who are engaged in the process will not see come to fruition. Paying forward what is in our power to give now is philanthropy's grace note to complement a lifetime of giving. ■

— The Community Foundation for Palm Beach and Martin Counties advances quality of life, citizen engagement and regional vitality through its promotion of philanthropy. The foundation began more than 35 years ago and has total assets of more than \$130 million. Last year, the foundation awarded more than \$3.4 million in grants and led initiatives to address critical issues of common concern among our region's communities, including hunger, homelessness, affordable housing, and the conservation and protection of water resources. For more information, see yourcommunityfoundation.org.

# 80 percent of strokes are preventable if risk factors managed



Each year, 795,000 people in the U.S. suffer strokes — an average of one every 40 seconds. Strokes can happen to anyone at any time, regardless of race, sex or age, according to the American Heart Association.

In addition, the AHA reports that on an annual basis, 55,000 more women than men have a stroke. Strokes kill twice as many American women every year as breast cancer.



A stroke is a sudden impairment in brain function when blood supply to the brain is cut off. Stroke can result in loss of speech, inability to walk, or loss of movement in the arms or legs because blood has stopped flowing to an area of the brain. Usually, this is caused by the blockage, or the rupture, of a blood vessel that carries blood to the brain.

There are two major categories of stroke: Ischemic Stroke and Hemorrhagic Stroke. Ischemic Stroke is caused by a clot blocking the flow of blood in the artery to the brain. Hemorrhagic Stroke occurs when a blood vessel in the brain ruptures, and blood pools inside or around healthy brain tissue.

Up to 80 percent of all strokes are preventable through risk factor management, according to the AHA. Stroke risk factors include:

- **Family history.** Your risk of stroke is slightly greater if one of your parents or a brother or sister has had a stroke or heart attack.

- **Age.** Your risk of stroke increases as you get older.

- **High blood pressure (hypertension).** High blood pressure is the most important controllable risk factor for stroke.

- **Diabetes.** Although diabetes can be controlled, people with the disease are still more likely to have a stroke. This is mainly because of the circulation problems that diabetes causes.

- **Race.** According to the AHA, African-Americans have a higher risk of stroke than Caucasians. This is mainly because African-Americans have a higher risk of high blood pressure, diabetes and obesity.

- **Smoking.** According to the National Stroke Association, smoking doubles the risk for stroke.

- **Heavy alcohol use.** Drinking alcohol is recommended only in moderation.

- **Physical inactivity.** Inactivity is not only a major risk factor for developing coronary artery disease, but it can also lead to high blood pressure.

## Stroke Prevention Guidelines

- Know your blood pressure (hypertension). High blood pressure is a major stroke risk factor if left untreated.

- Identify atrial fibrillation (Afib). Afib is an abnormal heartbeat that can increase stroke risk by 500 percent. Afib can cause blood to pool in the heart and may form a clot and cause a stroke. A doctor must diagnose and treat Afib.

- Stop smoking. Smoking doubles the risk of stroke. It damages blood vessel walls, speeds up artery clogging, raises blood pressure and makes the heart work harder.

- Control alcohol use. Alcohol use has been linked to stroke in many studies.

- Know your cholesterol levels. Cholesterol is a fatty substance in blood that is made by the body. It also comes in food. High cholesterol levels can clog arteries and cause a stroke. See a doctor if your total cholesterol level is more than 200.

- Control diabetes. Many people with diabetes have health problems that are also stroke risk factors.

- Manage exercise and diet. Excess weight strains the circulatory system.

- Treat circulation problems. Fatty deposits can block arteries carrying blood to the brain and lead to a stroke. Other problems such as sickle cell disease or severe anemia should be treated.

- Act FAST at the first warning sign of stroke. If you have any stroke symptoms, seek immediate medical attention.

The symptoms of a stroke come on suddenly and stroke should be emphasized as an emergency situation. There are treatments that can reduce the risk of damage from a stroke, but only if you get help quickly. Time is particularly critical because every second counts.

Be aware of stroke warning signs. Stroke is an emergency: act FAST and call 911. Use the FAST test to remember the warning signs of stroke.

- **F=FACE:** Ask the person to smile. Does one side of the face droop?

- **A=ARMS:** Ask the person to raise both arms. Does one arm drift downward?

- **S=SPEECH:** Ask the person to repeat a simple sentence. Does the speech sound slurred or strange?

- **T=TIME:** If you observe any of these signs (independently or together), call 911 immediately.

Jupiter Medical Center's Stroke Program team members include board certified emergency medicine physicians, nurses, interventional radiologists, occupational, physical and speech therapists and a stroke program coordinator. Our program is designated as a Certified Primary Stroke Center by the Joint Commission. For more information or to receive a stroke risk assessment scorecard, visit [jupitermed.com/emergency](http://jupitermed.com/emergency) or call 263-5972. ■

— Lisa Levin, RN, BSN, is Jupiter Medical Center's Stroke Program coordinator. Jupiter Medical Center's Stroke Program is a Joint Commission Certified Primary Stroke Center.

— A not-for-profit 283-bed community medical center consisting of 163 private acute care hospital beds and 120 long-term care beds, Jupiter Medical Center provides a broad range of services. For more information, call 263-2234 or see [jupitermed.com](http://jupitermed.com).



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# PET TALES

## Breathless

Bulldogs, pugs need protection from the heat

BY DR. TONY JOHNSON  
Special to Florida Weekly

Mother Nature usually does things pretty economically, trying to get genes passed on from one generation to the next with a minimum of fuss.

When people step in and start mucking about is usually when the troubles begin. When we breed for a particular look (rather than for a purpose intended to maximize the chances of passing on genes), function gets tossed out the window at the expense of form, and things can get bogged down pretty quickly.

Lots of different dogs suffer from problems because of fad breeding, but perhaps none so much as the short-nosed, or “brachycephalic” breeds such as pugs, English Bulldogs and the like. As the weather turns warmer, we see a lot more of these dogs suffering from heat stroke in our emergency unit at Purdue’s School of Veterinary Medicine.

Dogs are largely unable to sweat. Maybe a little around the feet (sometimes my more nervous patients will leave cute little paw-shaped sweat prints on the exam table), but not through their skin as people can. They regulate their body temperature largely through panting, which dumps heat from their bodies through evaporation of water from their tongues rather than their skin.

In order to keep cool through panting, dogs need a good airway. Brachycephalic



**Bulldogs and other short-faced dogs have been bred for a look that makes breathing a struggle.**

dogs almost all have narrower windpipes relative to other dogs of comparable size — a condition known as “tracheal hypoplasia.” Bulldogs often have a trachea that would keep a Yorkie quite happy, but for the bulldog, it must be like breathing through a coffee stirrer. When we have to intubate brachycephalic dogs for surgery (which involves placing a soft, plastic tube into their trachea to deliver oxygen and anesthetic gases), they will often wake up with the tube in place after the procedure and seem quite happy to have an open and bigger airway for the first time in their lives. Most other dogs can’t wait to get the dang tube out!

Brachycephalic dogs can also have little blobs of tissue in the back of their throat (known as “laryngeal sacculles”) that can turn inside out and block the airway, and they often have teensy-weensy little nostrils

that look cute but don’t move too much actual air. Together, tiny tracheas, lumps of flesh and wee nostrils are called a “brachycephalic airway syndrome,” and while surgery can fix a few of the problems and provide for a better life for some of these dogs, the threat of heat exhaustion always remains.

When they try to dump excess body heat through panting, brachycephalics have to work so hard to move enough air through their tiny tracheas that they actually end up generating more heat and making things worse. It would be like having a coal-fired air-conditioner in your house; when the house gets warm, the A/C kicks on, but the heat from the coal fire would make the house warmer.

When the weather turns warm and humid, these dogs need to stay in a carefully controlled and cool environment to avoid overheating.

Signs of heat exhaustion — the last step before heat stroke — include bright red gums, an inability to get up and loud, raspy panting. Dogs that are going into full-on heat stroke often vomit, become severely lethargic and can have explosive diarrhea. Once heat stroke develops, cooling them down is the top priority but it often is not enough. Some dogs will go down the slippery and tragic slope into multi-organ failure and be unable to be saved, even with days of ICU-level care.

Prevention is the key with this condition, so remember to keep these dogs in a cool environment and always watch out for heat exhaustion.

If you think your dog is suffering from heat stroke or exhaustion, douse him in cool water, get him out of the heat and calmed down, and head for the nearest veterinarian without delay. Even a few minutes can make all the difference in the world. ■

### Pets of the Week



>> **Rusty** is a 1-year-old neutered male pointer mix. He weighs 53 pounds and has a lot of energy. He would do best in a home with no children.



>> **Summer** is a 1-year-old spayed female shorthair cat. She is sweet and curious and not at all shy. She is vocal and is an indoor cat. You can watch summer on a YouTube video at hspb.org.

### To adopt a pet

• **The Peggy Adams Animal Rescue League**, Humane Society of the Palm Beaches, was founded in 1925 and is a limited-admission non-profit humane society providing services to more than 10,000 animals each year. It is located at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at hspb.org. For adoption information, call 686-6656.

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## BUSINESS

WEEK OF JUNE 30-JULY 6, 2011

A GUIDE TO THE PALM BEACH COUNTY BUSINESS INDUSTRY

FLORIDA WEEKLY'S EXECUTIVE PROFILE

## Richard L. Cosnotti

BY SCOTT SIMMONS

ssimmons@floridaweekly.com

Three years ago, Rick Cosnotti had not spent much time in Florida.

But he has made up for it as president and CEO of the Jupiter Medical Center Foundation, where he has raised upward of \$50 million since starting in August 2008.

If you don't know Mr. Cosnotti by name, you may know him by his trademark bowties, which have proven to be great ice-breakers.

"It has been a popular calling card and has opened a number of conversations that have resulted in a number of significant contributions to the medical center," he says of his neckwear.

The hospital currently is in the midst of a \$50 million capital campaign.

That campaign was launched last fall with a \$10 million donation by Florence A. De George and her family foundation. Since then, Mr. Cosnotti and the medical center's foundation have raised \$28 million toward their \$50 million goal.

"We are poised to grow to meet the increasing demands of health care, not only in this community, but regionally," he says. "And as the only not-for-profit hospital in the area, the community is a genuine partner in making that happen."

And that community has been a pleasant surprise to Mr. Cosnotti and his wife, the Rev. Sharon Bledsoe, who live in the North Fork area of Jupiter.

"I was worried about adjusting to the heat because winter is my favorite season," he says. "It's been a very pleasant place to adapt to because of the people and the ease of living in this area."

And what about those people?

"There is the willingness to provide leadership and the quality of that leadership, and they are generous in many ways," he says.

That leadership has led Jupiter Medical Center on a continued expansion. "The new orthopedic and spine center will be one-stop shopping," Mr. Cosnotti says.

And the hospital recently announced a \$4 million gift by Suzanne Niedland De George and her husband, Lawrence F. De George. That gift, in honor of Ms. Niedland De George's mother, will help create The Margaret W. Niedland Breast Center.

It's all part of a concerted effort by the hospital to be the best it can be, Mr. Cosnotti says.

"We have a tremendous quality committee of the board of trustees," he says. "That's why we're a preferred hospital of choice in Palm Beach County, as rated by patients."

He says patients literally travel past hospitals in their own backyards to be treated at Jupiter Medical Center.

And that makes the fund-raising easier for Mr. Cosnotti, who studies the works of Winston Churchill.

Before he came to Jupiter, he was senior philanthropic adviser and interim dean of the Office of Resource Development at Harvard Medical



School.

That was after he had served as chief development officer of the Cold Spring Harbor Laboratory, an advanced research university in New York.

There is a spiritual component to his work, too — he has a master of divinity degree from the Princeton Theological Seminary, and his first job was as an associate pastor.

And then there are those bowties.

"My wife bought me one as a joke in 1995," he says. "I wore it to work and decided I didn't look too bad, and the rest is history."

■ **First job:** Assistant pastor at Brick Presbyterian Church, Manhattan

■ **What I'm reading:** "Holy Fox," a biography of Lord Halifax

■ **My personal philosophy:** "Simplicity and sacrifice"

■ **About the foundation:** The primary focus is external: Sharing the value and needs of Jupiter Medical Center and asking for financial support.

■ **What led you to Florida?** Recruited — came to believe in Jupiter Medical Center and its ability to grow.

■ **Best thing about my work:** The

people of this community.

■ **My personal mission for the foundation:** To work seamlessly with my leaders to advance "One Medical Center. One Mission. One Vision."

■ **What's on the horizon:** Phase II of the campaign for Jupiter Medical Center to raise \$22 million

■ **My top tech tool:** Use a BlackBerry.

■ **I love:** Life

■ **I hate:** It's too strong a word for me.

■ **Finally:** "Fostering collaboration is key to any success."

## Luxury pet boutique opens near Worth Ave.

FLORIDA WEEKLY STAFF

Pucci & Catana, a luxury pet boutique, celebrates its grand opening at 2 p.m. July 1 at 21 Via Mizner, off Worth Avenue in Palm Beach.

The shop specializes in high-end products for dogs and cats, from crystal-studded collars and leashes to cozy beds, designer carriers and specialty grooming products.

The flagship store opened a year ago on Fifth Avenue South in Naples. Hours are 10 a.m. to 10 p.m. daily.

Ashley Scouller, who lives in West Palm Beach, owns the business with her parents, Laura Scouller and Dr. Richard Maser, who reside in Canada.

The family is looking to open locations in Scottsdale, Ariz., Manhattan and Los Angeles if things go well in Florida.

"Dad is the numbers man, Mom has crazy insight into the future, and I like to think I'm more the creative designer of the team," Ms. Scouller says. "We're a family of animal lovers, and the fact that we got to open a luxury pet boutique is just the icing on the cake."

Shoppers will discover a wide range of items for pampered pets, from crystal-studded Susan Lanci carriers in the \$3,000 range to under-\$25 rain booties and pet-care products such as calming lotions for senior dogs. There's a special section for cats.

And anything with bling, especially products adorned with certain crystals, is always in fashion among the best-dressed pet set.

"Something that's always on trend is blinging up your dog, and Swarovski crystals seem to hit the mark," Ms. Scouller says. ■

— Evan Williams

## Cellular Sales opens store in North Palm

Cellular Sales, a Verizon premium wireless retailer, has opened a store in North Palm Beach at 11785 U.S. Highway 1.

Cellular Sales has invested \$285,000 in the location, according to a statement. Seven sales positions have been created.

Cellular Sales operates throughout Florida and has more than 400 stores across the United States. According to Mike Gault, regional director, sales consultants for the company earn an average of more than \$51,000 per year.

Cellular Sales is an 18-year-old privately held company based in Knoxville, Tenn. Call the store at 355-5182. Job seekers should see joincellularsales.com. ■

## in the know

>> **Name:** Richard L. Cosnotti

>> **Age:** 59

>> **Family:** Married to the Rev. Sharon C. Bledsoe. They have four children and two grandchildren.

>> **Hometown:** Oakmont, Pa.

>> **Education:** Brigham Young University and Princeton Theological Seminary with post-graduate work at Yale School of Management and The Kennedy School of Government at Harvard.



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# DROUGHT

From page 1

areas to make sure they clear all dead vegetation, and have open space between the undeveloped areas and their homes.

Other city departments continued to conserve water, and Operations Manager Angela Wong — who collected drought information from various departments last week — noted in an email that the condition of the city's golf course might take some folks aback. The city's compliance with the South Florida Water Management District's restrictions limits watering to greens daily and

tees once a week for June. "Fairways and roughs are receiving no irrigation," Ms. Wong said. "Fairways and roughs are brown. We have asked our patrons to minimize the golf cart traffic in the fairways in an effort to minimize the stress and damage on the drought stricken turf."

Ms. Wong said the golf course, at 11401 Northlake Boulevard, is watered with surface water, under a formula mandated by the water management district. The golf course is required to report its gallons used for irrigation every Monday morning to the district, or face a fine.

Because the city always conserves water, Ms. Wong said, there has been no change in irrigation operations in city parks and medians. The city utilizes water-saving nozzles and wet-

ting agents along with a "cycling and soaking" method. Sensors determine if an area needs or does not need water depending on rainfall, she said, and park use is limited on stressed turf areas. Medians are watered twice a week.

The district's restrictions limit residents to watering existing landscaping twice a week; days are determined by whether address numbers are odd or even. No watering is allowed between 10 a.m. and 4 p.m. Ms. Wong said the city is urging residents to wait until after sunset to irrigate. Detailed restrictions imposed by the district can be found at [sfwmd.gov](http://sfwmd.gov).

Here are questions and answers provided by the city about water conservation:

**Q:** What water sources are subject to water restriction?

**A:** With the exception of reclaimed water, restrictions apply to all other sources of water for irrigation, including wells, canals, ponds and lakes.

**Q:** What is reclaimed water?

**A:** Reclaimed water is highly treated wastewater and can be used for irrigation and other uses to extend our water supplies. Reclaimed water is a clear and odorless high-quality water source for irrigating industrial and natural systems needs.

**Q:** I see cities or golf courses or recreational businesses watering at times when I cannot. Do the water restrictions apply to them?

**A:** Yes, the restrictions apply to almost all outside water users — but restrictions for large users, such as cities, golf courses or farms are different than those for residents. Cities are often governed by commercial restrictions, which vary from those for residents, usually because larger areas and systems are regulated. Other large users, such as golf courses or farms are required to reduce overall use by 15 percent under the current restriction — instead of having designated days and hours. Many are also required to make frequent reports to the district on the quantities they are using and are subject to fines if they do not meet goals or make reports.

**Q:** Is micro or drip irrigation exempt from restrictions?

**A:** Micro-watering and low-volume drip systems can continue to be used

— as long as they are installed under the plant canopy to provide water directly to roots and are used only when needed by plants. In addition,



COURTESY PHOTO

Ponds and small lakes across the county, like this one at Mirasol Lakes in Palm Beach Gardens, are dry. Residents are urged to wait until after sunset to irrigate.

the system must not produce any run-off.

**Q:** What about washing cars or boats?

**A:** Cars, boats and any other vehicle washing is allowed. Use a hose with a shut-off valve and wash the vehicle over a non-paved area or over an area where run-off can be channeled onto a grassy or porous area.

**Q:** What about pressure cleaning? Can I still get my house ready for painting or clean my roof?

**A:** Low-volume pressure cleaning is allowed; however, we encourage that pressure washer run-off is channeled onto the grass or some other non-paved area.

**Q:** I am not sure I can comply with the restrictions and need a variance. What do I do?

**A:** You can apply for a variance through the district to change your watering days/or times. The application and instructions can be obtained online at [sfwmd.gov/waterwatch](http://sfwmd.gov/waterwatch).

**Q:** Do we have to shut off our decorative fountain during the water restrictions?

**A:** Not necessarily. Fountains that re-circulate water can continue operating as long as long as they do not leak and are properly maintained. However, if the fountain does not re-circulate or overflows onto paved areas, it must be turned off.

**Q:** How do I report a violation?

**A:** To report any water restriction violations call 799-4445. ■

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# NETWORKING

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RACHEL HICKEY / FLORIDA WEEKLY



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Christina McIntosh and Anita Grant



Dr. Donna Arkin, Bonnie Siegfried and Dr. Beth Quartell



Janet Barr and Warren Bottke



Jenna Jones and Brittany Tallon



Kristy Simpson, Wendy Taylor and Donna Mondorff



Michele Weintraub and Phyllis Shuster



Michelle Garner, Iris Anderson and Tatiana Russo

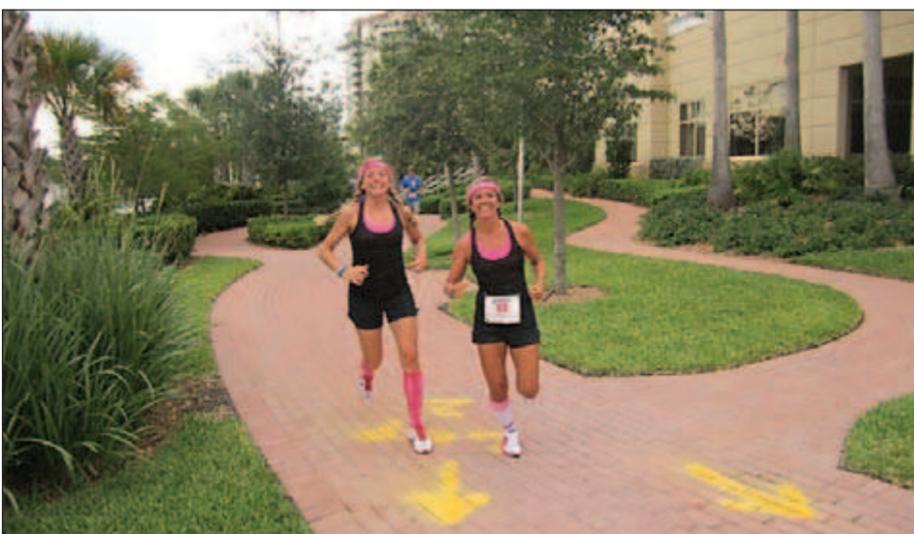


Theresa White, Kimberly Baker and Jennifer Veit

## Downtown's Family Fun Challenge at Downtown at the Gardens



Ernie and Benjamina Bambauer



Teresa Overholt and Katie Buetin

COURTESY PHOTOS

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**MALTZ JUPITER THEATRE**



COURTESY PHOTOS

This home in Mirabella offers a three-car garage and a formal living room with a brick fireplace. The home also comes with upgraded lighting and hurricane shutters.

## Magic in Mirabella

Lakeside home offers two master suites, media room

### SPECIAL TO FLORIDA WEEKLY

A three-bedroom, 3½-bath lakeside home in Mirabella also offers a 3-car garage and more than 3,000 square feet. Interior features include decorative niches with overhead lighting, upgraded light features and ceiling fans in every room, plantation shutters and rich custom colors throughout. The exterior has hurricane shutters.



COURTESY PHOTOS

The master bedroom opens to a pool and large deck overlooking the lake.

A brick fireplace is located in the formal living room of the home at 210 Via Con-

hado. The master bedroom on the first floor has large his and her closets. It opens to the pool and patio, overlooking the lake. The master bath has separate vanities, a roman tub and large walk-in shower.

The family room and kitchen are an open-plan design with features including ceramic floor tile, dark cherry cabinets, granite countertops, stone-tile backsplash and black appliances. The dining room has hardwood floors, decorative dimmer wall lights and chandelier.

Wrought iron banisters line the stairway to the second floor, which has a second master suite with French doors, a third bedroom with a large closet and

a bathroom with walk-in shower.

A large loft and media room could be converted to a fourth or fifth bedroom and overlooks the downstairs formal living room and foyer entrance. The home is immaculate and most items of furniture are also available for sale.

Amenities in Mirabella, in Palm Beach Gardens, include tennis courts, a swimming pool, children's play area and a clubhouse with fitness center, Pilates and meeting room.

The home is listed at \$539,000, with agent Chris Callaghan of Keller Williams Realty. Contact Ms. Callaghan at 818-2120 and email her at ChrisCallaghan@kw.com. ■



**Chris Callaghan 561.818.2120**

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Taking you all the way home...



### MIRABELLA'S FINEST

This home is just loaded with upgraded features in every room. Kitchen has rich granite, cherry cabinets and stone backsplash. Ceramic tile, rich hardwood, elegant designer lighting package, decorative niches. Warm custom colors, plantation shutters, Formal two-story hallway and living area with brick fireplace. First-floor master has huge his & hers closets and pool/patio access. Wrought iron banisters lead to second upstairs master, third bedroom suite and media room and loft that could easily be converted to 4th or 5th bedroom. Huge lot with patio and custom pool overlooking the lake. Protective exterior hurricane shutters. 3 bed 3.5 bath 3 car gar and 3000sf of pure elegance. Enjoy Mirabella's resort-style amenities: clubhouse, playground, pool, fitness center, yoga/pilates room, tennis courts, meeting room.



Great price!  
\$539,000

## Survey ranks Jupiter 8th highest market in Florida

### SPECIAL TO FLORIDA WEEKLY

Jupiter ranked the eighth most expensive place to buy a house in Florida, in a snapshot survey taken by Coldwell Banker Real Estate. The national survey includes the listing prices for four-bedroom, two-bathroom houses in more than 2,300 North American markets.

The survey reviewed 129 real estate markets in Florida. Hastings is the least expensive area to buy a home and ranks sixth nationally, with an average sales price of \$74,910. Hastings is in St. Johns County, 18 miles southwest of St. Augustine. In 2009 the population was 756.

Palmetto Bay ranks as the most expensive spot in the state with an average sales price of \$449,353. Palmetto Bay is South of Kendall on Biscayne Bay. Boca

Raton ranked fifth, and Delray Beach ninth. West Palm Beach ranked 77th.

The average sales price of homes in Jupiter was \$352,360, according to the survey. Nationally, Jupiter ranked 1,744. Lake Worth ranked the 29th most expensive market of the 129 surveyed in Florida, with an average price of \$269,685; Wellington ranked the 22nd most expensive with an average price of \$282,494.

The listing prices were for houses on the market September 2010 and March 2011 on the Coldwell Banker real estate site. The more than 2,300 markets included were required to have at least 10 properties fitting the criteria — four bedrooms and two baths.

Jim Gillespie, CEO for Coldwell, said this year's report was "by far the most in-depth local market source of data that Coldwell Banker has ever released." ■

# NAR fights 20% down-payment rule

The National Association of Realtors is urging regulators to go back to the drawing board on the proposed Qualified Residential Mortgage rule, according to a prepared statement.

“As the leading advocate for home ownership, NAR firmly believes Congress intended to create a broad QRM exemption — strong evidence shows that responsible lending standards and ensuring a borrower’s ability to repay have the greatest impact on reducing lender risk, and not high down payments,” said NAR president Ron Phipps, of Warwick, R.I.

NAR put together the Coalition for Sensible Housing Policy, which includes 44 organizations focused on drawing atten-

tion to the proposed regulation’s 20 percent down payment requirement.

The coalition asked for and recently received an extension of the comment period until Aug. 1.

NAR and its coalition partners have also gathered the support of 44 U.S. Senators, who recently wrote to regulators expressing their intent on QRM and opposing the imposition of a sizable down payment; 282 House members signed a similar letter.

NAR said it wants federal regulators to honor congressional intent by crafting a QRM exemption that includes a wide variety of traditionally safe, well documented and properly underwritten products. ■

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## You should know ...

FLORIDA WEEKLY'S SPOTLIGHT ON  
LOCAL REAL ESTATE BUSINESS PROFESSIONALS

**NAME:** Ruth Arnold

**EXPERIENCE:** Licensed in 1984, I have seen all types of “markets” and all types of people.

**FROM:** Missouri. And, yes, I do have to be shown that it will or will not work.

**BACKGROUND:** We moved to South Florida in 2002, to be near the grandchildren who had moved here. They left to go back to Missouri, but we could not give up the sunshine. In 2004, I decided to reactivate the career in Florida. After being with Prudential and Remax in Lighthouse Point, I opened my own brokerage, Rare Homes and Properties, in Pompano Beach. My business includes Broward and Palm Beach counties.

**SPECIALTY:** In this market, I have gotten back into working with investors. It is a great time to buy in South Florida, and some of my investors are making phenomenal returns on their rental properties.

**TOUGHEST PART OF THE JOB:** Right now, it is dealing with the banks and their agents, both with the “real estate owned,” a banker’s term, and with the short sales.

**ADVICE FOR THE NEW AGENT:** This is not a hobby. If you think it is a matter of showing a few houses and then waiting for your money, you have missed your opportunity. Real estate sales in today’s world can mean working for months and having the deal fall through AND it was no one’s “fault.” With prices of the houses



Ruth Arnold

declining, the commissions decline also. Each bank owned property, whether a \$5 million sale or a \$15,000 sale, comes with reams of paperwork and lots of delays. But, if you like variety and making your own schedule, this is the job to have. You can make as much as you are willing to make.

**OUR JOBS WOULD BE EASIER IF:** Brokers would supervise their new agents closer, banks would realize that the short sale department MUST communicate with the foreclosure department and we could wear shorts every day. Oh, and if all agents would answer their phones.

**BEST THING ABOUT THE REAL ESTATE INDUSTRY:** It always changes. Everything is the same, and yet nothing is the same. And, you never know what the day will bring. For some people, this would be the worse thing about the industry, but, for me, this is what makes going to the office fun.

**WHERE IS THE MARKET HEADED?** Experts disagree about the status of the market. We are seeing the lower priced homes come a bit up in price. The houses in the mid ranges are dropping in value and the upper-end houses and condos are joining the ranks of the short sales. All any seller can do right now is look at his options and determine if he can stay in the property until the value returns.

**CONTACT:** 954-257-3257, or rutharnold.com.



If you would like to be featured in You Should Know, or would like to suggest someone for this column, please email Rachel Hickey at [Rhickey@FloridaWeekly.com](mailto:Rhickey@FloridaWeekly.com)

Visit us online at [www.FloridaWeekly.com](http://www.FloridaWeekly.com)



# Boater's Paradise!

This beautiful Singer Island waterfront home has no fixed bridges, direct ocean access and a new dock. Situated on a large corner lot in Palm Beach Isles, it has a pool and lovely, spacious patio. Other features include French door entrance with an inlaid Verona Marble foyer, and an air-conditioned garage. This four-bedroom, three-and-a-half bath home, with its open, one-story split floor plan, is absolutely perfect for entertaining.



VIRTUALLY STAGED



A Picture  
is Worth  
a Thousand  
Words...

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Broker

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WEEK OF JUNE 30-JULY 6, 2011

A GUIDE TO THE PALM BEACH COUNTY ARTS & ENTERTAINMENT SCENE

## Looking for fun and festivities on the Fourth?

FLORIDA WEEKLY STAFF

South Floridians know rain generally is the biggest threat to Independence Day festivities.

But this year, a drought may dampen many folks' visions of fireworks to celebrate the Fourth.

Here's a look at what local municipalities have planned. Because of the drought, call ahead to make sure area fireworks displays have not been canceled or postponed because of fire hazards.



■ **Jupiter's 4th of July at Abacoa:** The town turns Abacoa's Town Center Drive into a boardwalk-inspired carnival this Independence Day.

From 4-10 p.m., Busch Wildlife Sanctuary will offer a display of animals, Resource Depot will offer DIY art projects, Macaroni Kid will offer make-your-own-necklaces, there will be dumpster-painting demonstrations and bounce houses. Activities include carnival games, a dunk tank, kids dance competition and a hot dog-eating contest.

Musician Jeff Harding will perform from 6-9 p.m. There will be a fireworks show at the end of the evening. Call 624-7788.

■ **Mega Bash III:** Roger Dean Stadium combines baseball and patriotism for this year's salute to Independence Day. The Jupiter Hammerheads and Palm Beach Cardinals play at 6:35 p.m. July 2, followed by fireworks and a concert by AC/DC tribute band Highway To Hell.

At 5:05 p.m. July 3, the Hammerheads again go head-to-head with the Cardinals. That's followed by a concert by Bon Jovi tribute band Livin' On A Prayer.

And at 6:35 p.m. July 4, the Cardinals play the Brevard County Manatees, followed by Jupiter's official Fourth of July fireworks show.

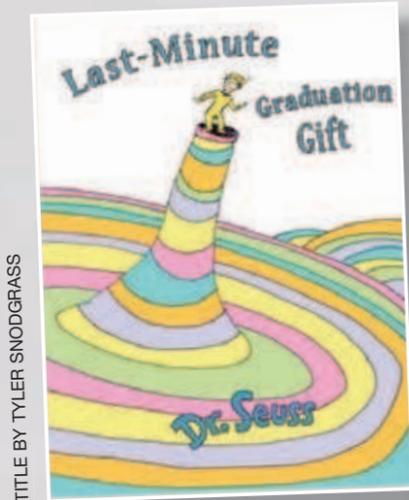
Tickets for each night are \$8.50 for adults and \$6.50 for kids and seniors.

They include access to the Bounce U MEGA Kids Area and the MEGA sports memorabilia silent auction. Discounted tickets are available for groups of 15 or more. Call 775-1818.

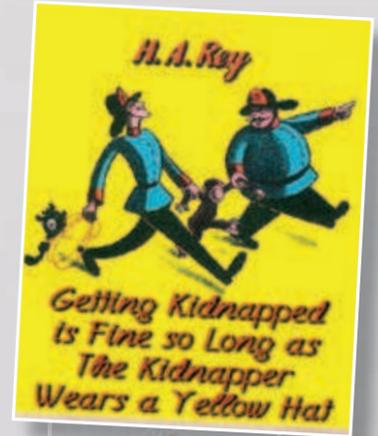
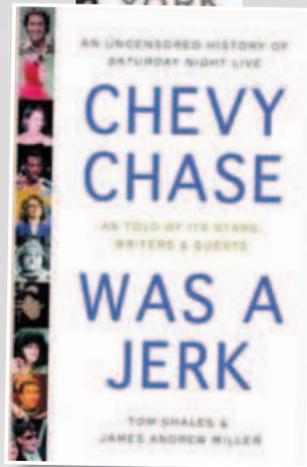
■ **Red, White & Boom:** The village of North Palm Beach celebrates the Fourth with music and fireworks.

Festivities get under way at 7 p.m., when the village recreation department hosts games and contests. The Southern Gents will perform Dixieland-jazz from 7:30-10 p.m. Fireworks begin at dusk, or

SEE 4TH OF JULY, A31 ►



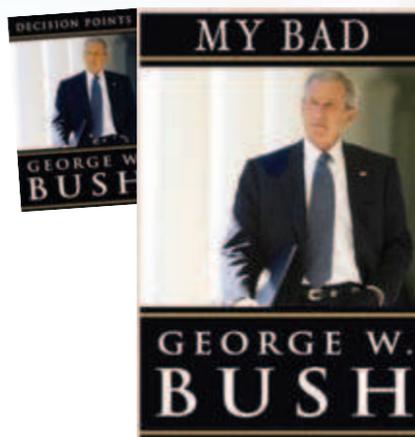
TITLE BY TYLER SNODGRASS



Blogger rewrites titles to tell the whole story



## READING A BOOK BY ITS COVER



BY NANCY STETSON

nstetson@floridaweekly.com

EVELYN WOOD MAY HAVE INVENTED a nifty system of speed reading — better known in many circles as skimming — and CliffsNotes reduces books to their basic plot for students too lazy or too busy partying to read.

But Dan Wilbur has them both beat. He came up with a way for anyone to know what a book is all

about without ever turning a page.

On his blog called Better Book Titles, Mr. Wilbur rewrites titles so they succinctly summarize the book.

Or, as he explains it on the site: "This blog is for people who do not have thousands of hours to read book reviews or blurbs or first sentences. I will cut through all the cryptic crap, and give you the meat of the story in one con-

SEE BOOKS, A26 ►

# SANDY DAYS, SALTY NIGHTS

## What is it about a man in uniform?



I recently had lunch with my friend Jennifer, who married a West Point grad and understandably has a thing for men in uniform. Over salads stacked with goat cheese, we tried to decode the appeal of military men.

"The hair cuts?" she said, waving her fork.

"Partly that," I said. "The neatness helps."

"They're all physically fit. Good muscles. Lean frames."

"That helps, too." But there's something more, some quality they all share, even the ones who don't look good in a buzz cut.

"Is it the uniform?" I asked.

Jennifer pointed her fork at me. "That's it," she said. "It's the uniform."

After our lunch date, I spent time on a military base in Texas, a sprawling, dust-colored expanse where old combat tanks crouched on every corner. I was doing research for a longer project, and I had to drive all over post. The streets were wide and open, with speed limits that topped out at 35 mph. It was slow going, but at least I had time to ogle the young men in their green camo. I nearly ran off the road twice.

In all that driving — and all that ogling — I had time to consider just what was so appealing. Here's what I realized:

A uniform is a great equalizer. The sameness eliminates many of the signals women use to judge men.

Peter from Fort Myers recently wrote in to say that women are often looking for men who have attained a certain financial status. "So off the men go to get their 'Cool, financially successful' clothes on," he said, adding, "Trust me when I say most (not all) men have no interest in a \$200 pair of jeans, \$150 shirt and \$400 shoes to match unless it will lead to them hooking up."

Peter is right that we use clothes as financial shorthand, and women often prefer men who dress well. When the pool of eligible bachelors all look the same — down to their dun-colored boots — we can't immediately cull the ones who don't fit our preconceived criteria.

Throw in a good haircut and a little PT, and every man becomes a potential mate.

But no fantasy is foolproof. If you want to bring all the usual benchmarks to the fore, then see a group of soldiers in their off hours.

On a weekday during my stay in Texas, I stopped at the food court on base for lunch. Most of the tables were filled with men in combat fatigues. They were all clean-shaven with good haircuts. Handsome.

Tucked beside the tables of men in

"...It seems that men in uniform — when they're out of uniform — have a style inspired by Joe Dirt..."

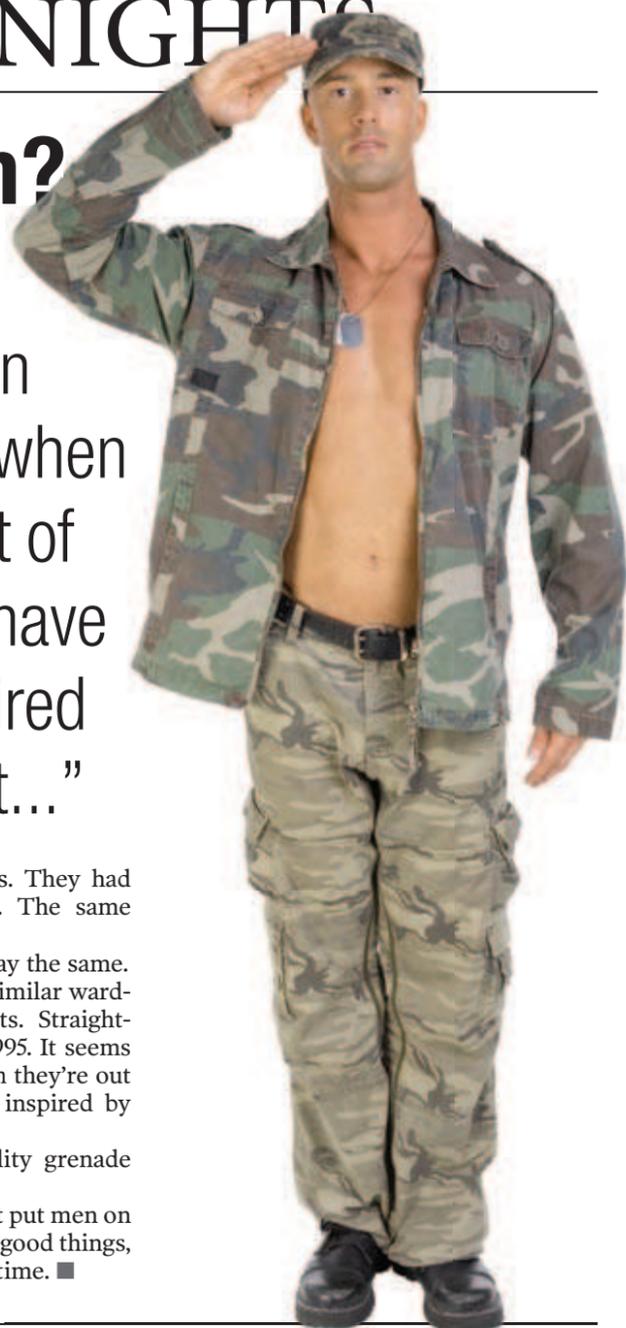
green were off-duty soldiers. They had the same military haircuts. The same toned bodies.

But the effect was in no way the same.

In fact, they all sported a similar wardrobe item: jorts. Jean shorts. Straight-legged. To the knee. Circa 1995. It seems that men in uniform — when they're out of uniform — have a style inspired by Joe Dirt.

Talk about lobbing a reality grenade into my illusions.

Ultimately, uniforms might put men on equal footing. But as with all good things, they have to come off some time. ■



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# WHAT TO DO, WHERE TO GO

## Thursday, June 30

■ **Story time session at the Loxahatchee River Center** – 9:30 a.m. Thursdays, Burt Reynolds Park, 805 N. U.S. 1, Jupiter. Call 743-7123 or visit [www.loxahatcheeriver.org/rivercenter](http://www.loxahatcheeriver.org/rivercenter).

■ **Mos'Art Theatre** – Screenings of "First-Grader," at 5:30 p.m. and "Road to Nowhere," at 8 p.m. June 30. Tickets: \$8. 700 Park Ave., Lake Park; 337-6763.

■ **Sailfish Marina Sunset Celebration** – Shop for arts and crafts made by artists from around the country, 6 p.m. June 30, Sailfish Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores; 842-8449.

## Friday, July 1

■ **Mos'Art Theatre** – Screenings of "Midnight in Paris" and "The Best and the Brightest." Various times, July 1-7. Opening night tickets: \$6. General admission: \$8. 700 Park Ave., Lake Park; 337-6763.

■ **Downtown's Weekend Kick-off** – Singers perform 6-10 p.m. Fridays. July 1: The Elements of Jazz. July 8: Jeff Harding. July 15: Palm Beach Quartet. July 22: Will Bridges. July 29: Big Brass Machine. Downtown at the Gardens' Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens; 340-1600.

■ **Will and Anthony Nunziata** – The twins have made a name for themselves singing swinging harmonies on the cabaret circuit. They play a cabaret show July 1-2, The Colony's Royal Room, 155 Hammon Ave., Palm Beach. Doors open at 6:30 p.m. and show starts around 8 p.m. Cost: \$110 for dinner and show; \$70 for show only. 659-8100.

## Saturday, July 2

■ **Glee Club** – 9:30 a.m.-12:30 p.m. Saturdays through Aug. 13, Mos'Art Theatre, 700 Park Ave., Lake Park; 707-5677.

■ **Kids Story Time** – 11:30 a.m. Saturdays, Loggerhead Marinelifelife Center, 14200 U.S. 1, Juno Beach. Free; [marinelife.org](http://marinelife.org).

■ **Celebrate Saturdays at Downtown** – Singers perform 6-10 p.m. Saturdays. July 2: Eclipse. July 9: Noel Loric. July 16: Groove Merchant Band. July 23: Boss Groove. July 30: Datura Street Band. Downtown at the Gardens' Centre Court, 11701 Lake Victoria Gardens Drive, Palm Beach Gardens; 340-1600.



Will and Anthony Nunziata — The twins have made a name for themselves singing swinging harmonies on the cabaret circuit. They play a cabaret show July 1-2, The Colony's Royal Room.

COURTESY PHOTO

## Wednesday, July 6

■ **"Break Up Support Group"** – 10 a.m. Wednesdays, various locations in Palm Beach Gardens. Sponsored by The Counseling Group, which provides free Christian counseling, classes and support groups; 624-4358.

■ **Summer Reading Program** – For ages 5-12. 1 p.m. July 6: Chief Heavy Head of the Sioux Nation will host an American Indian cultural and historical program. 1 p.m. July 13: Author Harriett Ruderman will present an event based on her book, "The Laceyville Monkeys." 1 p.m. July 20: Summer Reading Program grand finale carnival and ice cream social. North Palm Beach Library, 303 Anchorage Drive, North Palm Beach; 841-3383 or [www.npblibrary.org](http://www.npblibrary.org).

■ **Hatchling Tales** – 10:30-11:30 a.m. Wednesdays, Loggerhead Marinelifelife Center, 14200 U.S. 1, Juno Beach. Free; [marinelife.org](http://marinelife.org).

■ **Basic Computer Class** – Noon-1:30 p.m. July 6, Lake Park Public Library, 529 Park Ave., Lake Park. Free; 881-3330.

■ **Tai Chi for Arthritis** – 11 a.m.-12:30 p.m. Wednesdays at Burns Road Recreation Center, 4404 Burns Road, Palm Beach Gardens. Class focuses on muscular strength, flexibility and fitness. Drop-in fee: \$9; resident discount fee: \$8. 10-class pass fee: \$80; resident discount fee: \$70. 630-1100; [www.pbglf.com](http://www.pbglf.com).

■ **Free Summer Science Lecture Series** – 6-7 p.m. Wednesdays, July 6-Aug. 24, Loggerhead Marinelifelife Center, 14200 US Highway One, Juno Beach.

July 6: Kelly Martin, biologist, Loggerhead Marinelifelife Center, "A peek at the 'Dark Side': Sea Turtle Research and Florida Leatherbacks"; July 13: Alyssa Dodd, Palm Beach County Environmental Resources Management, "Lake Worth Lagoon Restoration Project"; July 20: Evan Orellana, Education Programs Coordinator, Loggerhead Marinelifelife Center, "Jelly Invasion: The Science of Jellyfish, Their Cousins, and Future Impacts"; July 27: Cody Mott, Environmental Specialist, Inwater Research Group, "Nuclear Turtles: FPL's Glowing Sea Turtle Program"; Aug. 3: Marc Komlos, biologist, South Florida Water Management District, "Giant Constrictor Snakes in South Florida: Examining Exotic Invasive Pythons"; Aug. 10: Dr. Nancy Mettee, staff veterinarian, Loggerhead Marinelifelife Center, "A Look at Sea Turtles and the Fibropapilloma Virus"; and Aug. 17: Dr. Mikki McComb-Kobza, Harbor Branch Oceanographic Institute at Florida Atlantic University, "Sensory Biology of Sharks: Ocean Exploration and Deep-Sea Research." Light refreshments will be served; all ages are welcome. Contact Evan Orellana at [eorellana@marinelife.org](mailto:eorellana@marinelife.org) or 627-8280, Ext. 119.

## Ongoing Events

■ **Teen Summer Theatre Program** – Through July 1, Eissey Campus Theatre, Palm Beach State College, Palm Beach Gardens. Program is for teens ages 13-16, and will end with a free performance on July 1. Tuition: \$375; 207-5905 or [denholm@palmbeachstate.edu](mailto:denholm@palmbeachstate.edu).

■ **Turtle Walks** – Guided walks offer the opportunity to see loggerheads nesting, 8:30 p.m. Wednesdays-Saturdays, through July 30, Loggerhead Marinelifelife

Center, 14200 U.S. Highway 1, Juno Beach. Tickets are \$10 for members of Loggerhead Marinelifelife Center and \$15 for non-members. Pre-registration is required; 627-8280.

■ **"Five Thousand Years on the Loxahatchee"** – Jupiter Inlet Lighthouse & Museum, 500 Captain Armour's Way, Jupiter, 10 a.m.-5 p.m., Tuesday-Sunday. 747-8380, Ext. 101; [jupiterlighthouse.org](http://jupiterlighthouse.org).

■ **Flagler Museum** – Museum is housed in Henry Flagler's 1902 beaux-arts mansion, Whitehall. The museum is at 1 Whitehall Way, Palm Beach. Tickets: free for members; \$18 adults, \$10 youth (13-18 years) accompanied by adult; \$3 child (6-12 years) accompanied by adult; and free for children under 6. 655-2833.

■ **"Tropical Images"** – FAU Jupiter's Art in the Atrium program is hosting an exhibit by the North County Art Association. The special exhibition, "Tropical Images," features a collaboration of resident artists Gerri Aurre, Camille Babusik, Lois Barton, Barbara Carswell, Katy Digioia, Carol Frezza, Jack Keogh, Barbara Knauf, Tess Lindsay, Rod Marter, Linda Mathison, Sue Noonan, Danica Papali, Victor Papali, Quince Quaintance, Karen Reinhart, Bill Sabino, Carol Steinberg, Dorothea Talik, Suzanne Todd, Tanya Witzel and Barry Zelikson. The SR Atrium is open Monday through Friday from 9 a.m. to 10 p.m. and Saturday and Sunday from 9 a.m. to 7 p.m. The free exhibition runs through Aug. 1, at the Student Resource (SR) building, at FAU's John D. MacArthur Campus, 5353 Parkside Drive, Jupiter; 799-8105.

■ **GardensArt** – "Creative Focus," photography and digital art by Melinda Moore, through Aug. 25, Palm Beach Gardens City Hall Lobby, 10500 N. Military Trail. Free; 630-1100.

■ **Lighthouse ArtCenter** – "Next Wave," through Sept. 1. "On Grandpop's Lap: Bringing the Art of Storytelling and Children Together," through Sept. 1. Museum is at Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Mondays-Fridays; 10 a.m.-2 p.m. Saturdays and Sundays. Cost: Members free, \$10 non-members ages 12 and up. Free admission Saturdays, excludes golf exhibitions; 746-3101 or [www.lighthousearts.org](http://www.lighthousearts.org).

■ **Society of the Four Arts** – Museum, library and gardens are at 2 Four Arts Plaza, Palm Beach. Admission: Free to members and children 14 and under, \$5 general public; 655-7226.

— Please send listings for the calendar to [pbnews@floridaweekly.com](mailto:pbnews@floridaweekly.com) and [ssimmons@floridaweekly.com](mailto:ssimmons@floridaweekly.com).

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# BOOKS

From page 23

densed image. Now you can read the greatest literary works of all time in mere seconds!

So "The Great Gatsby" is retitled "Drink Responsibly," and Shakespeare's "As You Like It" becomes "Crossdressing Helps Everyone Find Love."

Mr. Wilbur, of course, has his tongue firmly in cheek.

And while Better Book Titles (www.betterbooktitles.com) might seem like a shortcut for people who don't want to read, one must be fairly literate to get the jokes, to understand precisely why the new titles are funny.

It also helps to have a good grasp of popular culture, because some of the titles reference movies or songs.

So Annie Proulx's "Brokeback Mountain" becomes "The Hills Have Guys," and Franz Kafka's "The Metamorphosis" is renamed "A Bug's Life."

Some of the new titles play on the titles of other books: Sylvia Plath's "Collected Poems" is renamed "The Bipolar Express." (The actual "Polar Express" by Chris Van Allsburg is now called "Don't Stop Believin'.") Ernest Hemingway's "A Moveable Feast" is retitled "The Years of Magical Drinking."

And Aron Ralston's autobiography, "127 Hours: Between a Rock and a Hard Place," the story of how he fell down a crevice while rock climbing and had to amputate his arm in order to free himself, is now called "A Farewell to Arm."

The site, which celebrates its first anniversary July 1, is very popular.

"I thought we'd have six fans," Mr. Wilbur says. "We have about 20,000 on tumblr (a public online journal) alone. I think we're up to two million hits, and a million who are unique visitors."

Better Book Titles has international appeal. Not only have it and Mr. Wilbur been featured on blogs across the U.S., but also in Spain, Australia and New Zealand. "I did a radio (interview) in Ireland, and right around last month, when the queen was visiting, I did the BBC radio," he says.

Mr. Wilbur has been featured in *Entertainment Weekly* and *The New Yorker* and on blogs for NPR and *Glamour* — "Wherever there are well-read people who have a sense of humor," he says.

*Glamour* magazine hadn't struck him as a site for literary-minded people, but he wound up using a suggested title from its comment board: renaming "Oedipus the King" "How I Met Your Mother."

He was impressed by the suggestion.

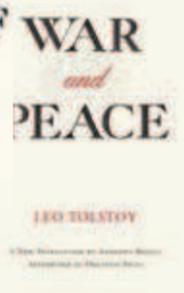
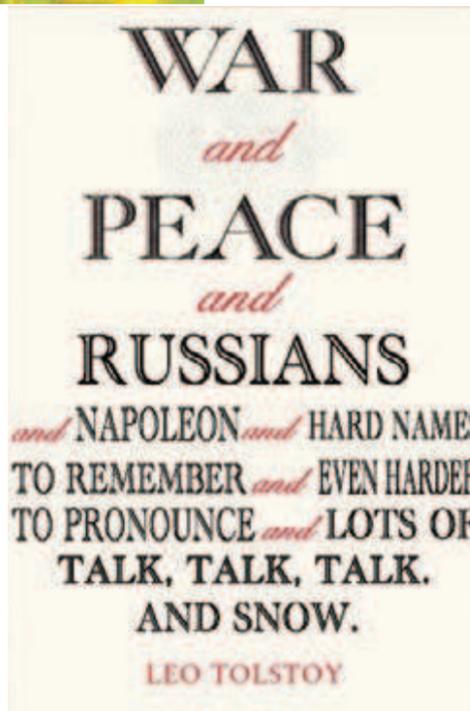
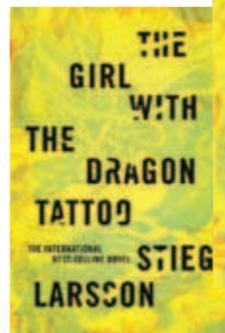
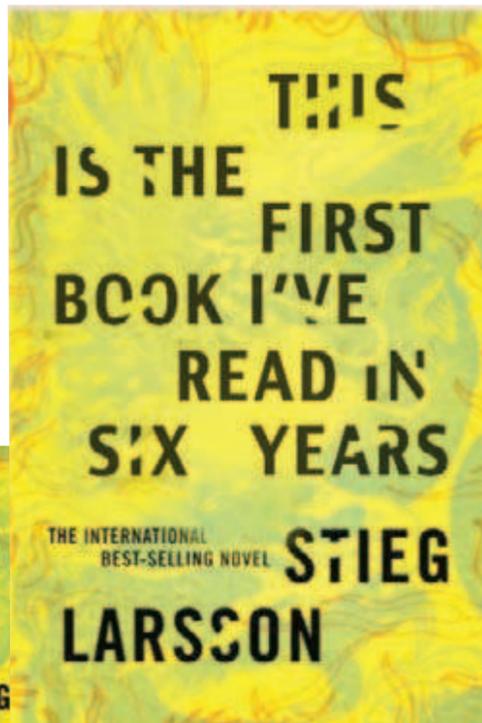
"*Glamour* doesn't strike me as having tons of geeks," he says. "Maybe I should reconsider my preconception of *Glamour* readers."

## In the beginning...

How did he come up with the idea for the site?

"As all literary endeavors start, I was playing video games with a friend," he says.

He had graduated from Bard College a year previously, and felt frustrated he didn't have as much time to read. He devours 30 to 40 books a year now, he estimates, but he knows "all these other people who read a book a day. In college, I was used to reading a book a night."



COURTESY IMAGES

Dan Wilbur started up [www.betterbooktitles.com](http://www.betterbooktitles.com), a website that humorously renames books. Others have joined in in posting titles of their own.

TITLE BY RICHARD SANDERS

The brainstorm for the site occurred while playing *Assassin's Creed II* with a friend. At the end of the game, he explains, "you have to strangle the pope nearly to death. And I thought, there would be so much controversy if the name of the game was 'Strangle the Pope.'"

Being a reader, he instantly made the leap to books: What if book titles were self-explanatory?

"So you'd give a book... a non-preentious name," he says. "Don't call it 'Fahrenheit 451,' call it 'People Burning the Books.' I called it 'Texas Public Schools.' Changing books is way different than burning books. Texas is worse, they're putting in misinformation (into school textbooks and history books.)"

Edith Wharton's "Ethan Frome" becomes "When Life Hands You Lemons... Enter a Suicide Pact."

"That's very literal. That can only be funny for someone who's a die-hard fan," he says.

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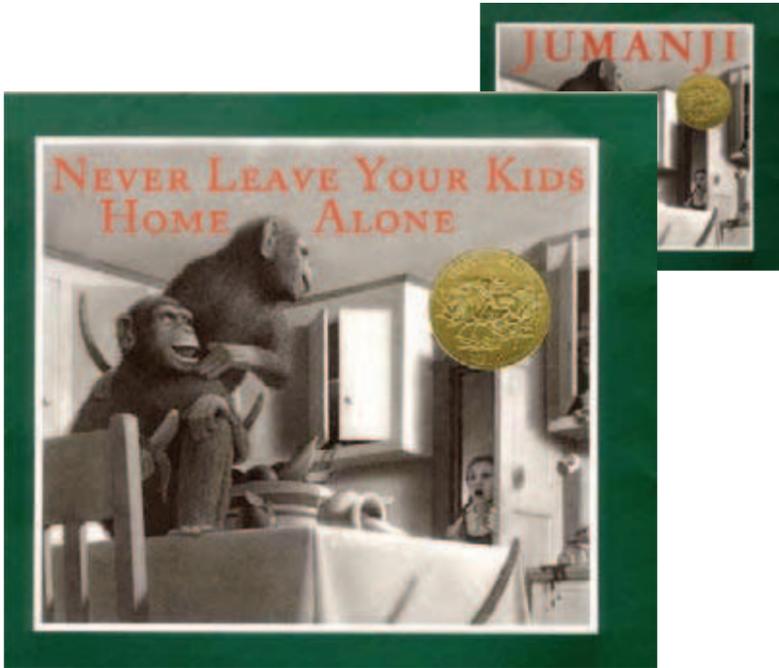
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**A rose by any other name...**

But visitors to the site can get the gist of many jokes even if they haven't read the books, he claims. For example, even if they've never read the classic story, most people know what "Dracula" is about. Mr. Wilbur retitled it "Vampires Do Not Understand the Housing Market."

And four of Tom Clancy's testosterone-drenched, flag-waving novels are renamed "Japanese People Hate America," "Arabs Hate America," "The Russians Hate America" and "Irish People Hate America."

He posts an entry every weekday, with Fridays' entries suggested by readers.

The site covers all kinds of books, from American and Greek classics to children's books to bestsellers, novels and picture books, biographies and history books. Authors whose books have been re-christened include Dr. Seuss, Tolstoy, Hemingway, Dickens, Haruki Murakami, Flannery O'Connor, John Steinbeck, JD Salinger.

Part of the genius of the site is that Mr. Wilbur also PhotoShops the covers, giving instantly recognizable images their new title in the same type font. So the retitled books look exactly like the original ones.

**Comedy and the Classics**

The 24-year-old comedian lives in Brooklyn, N.Y., now, but he's originally from Cleveland — "where you can't do anything but read; there's nothing going on there," he says. "Cleveland's amazing if you've never been to Chicago..."

He knew he was going to do comedy from the start, he says. He just didn't realize he'd be making use of his Classics major too.

"I was envious of a friend who knew how to read Greek," he explains, "and I got really into 'The Odyssey' as a sophomore. I decided to study the language... (I) studied the plays and read a lot of Socrates. Anything that's on the blog that's Roman or Greek, I've read all of them."

So, for example, he's renamed "The Epic of Gilgamesh" "The Epic for People Who Don't Like Epic-Length Epics."

But he doesn't shy away from best-sellers. Stieg Larsson's "The Girl With the Dragon Tattoo" is now "This is the First Book I've Read in Six Years."

"I live in Brooklyn and take the train every day," he says. "And that's the only book I'd see people reading. I read the first hundred pages and it's boring. But everybody else seems to like it."

He doesn't shy away from political statements, either. He renamed George W. Bush's "Decision Points"

"I thought we'd have six fans. We have about 20,000 on tumblr (a public online journal) alone. I think we're up to two million hits, and a million who are unique visitors."

— Dan Wilbur

"My Bad" and turned Margaret Atwood's dystopian best-selling novel of life under rule of a totalitarian theocracy, "The Handmaid's Tale," into "Sarah Palin's America." He renamed Arthur Miller's classic witch-hunting play, "The Crucible," "The Birthers' Official Handbook."

Some titles comment on things other than plot. David Foster Wallace's novel "Infinite Jest," which logs in at more than 1,000 pages, is simply titled "Too Long." (Someone later suggested "Too Many Footnotes" as an equally apt substitute title.)

Mr. Wilbur has discovered that whether visitors to the site loved the book or hated it, they love its brand-new title.

Last fall, he renamed Miguel de Cervantes' "Don Quixote" "Reading Makes You Crazy."

And maybe it does, sometimes.

In Mr. Wilbur's case, it made him crazy like a fox.

But it's just a natural expression of his role as a comic.

Or, as he puts it: "I'm a comedian telling jokes that are written with the least amount of words, with a punch line." ■

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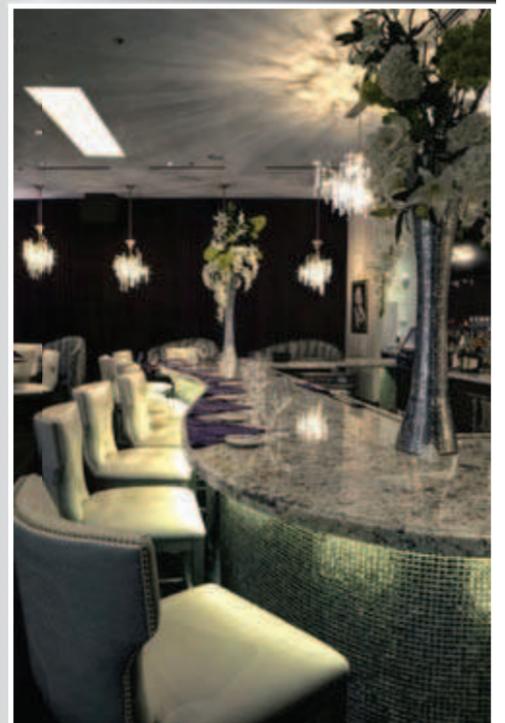
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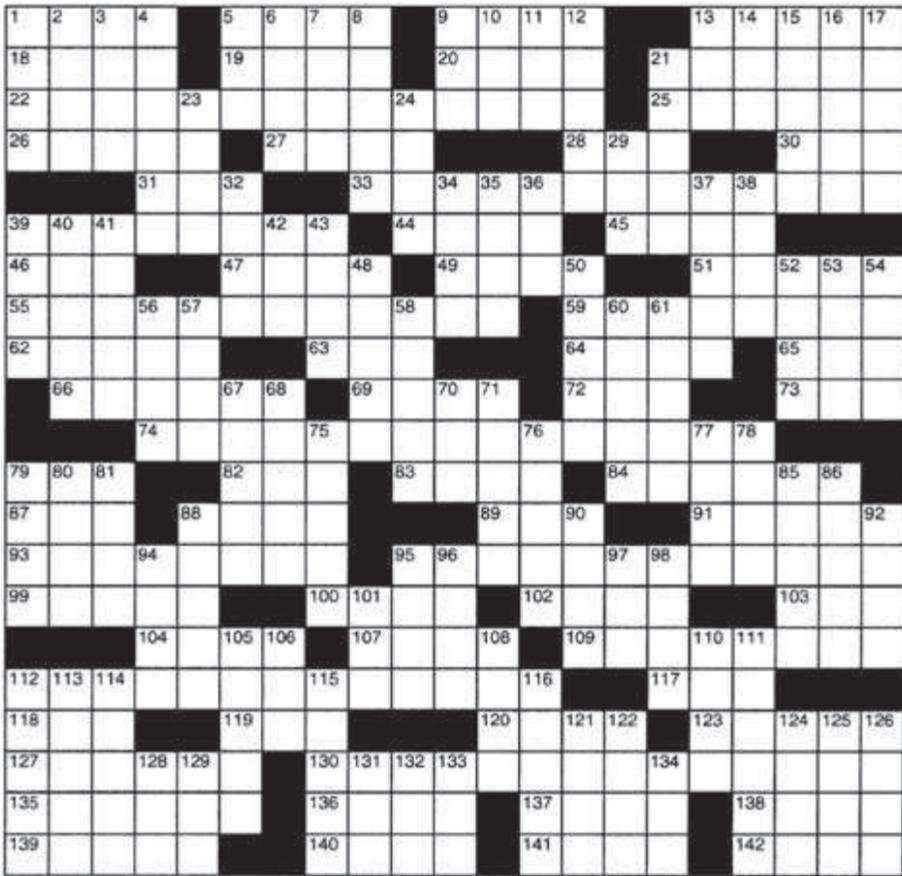
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# FLORIDA WEEKLY PUZZLES

## TOWNSPEOPLE



- ACROSS**
- 1 Beauty spot
  - 5 Relative of P.D.Q.
  - 9 Wattle's partner
  - 13 Grating
  - 18 Schipa solo
  - 19 Actor O'Shea
  - 20 One of "The Three Sisters"
  - 21 Kind of roof
  - 22 Pianist from Maine?
  - 25 Pearl harbor?
  - 26 Assert
  - 27 Lascivious look
  - 28 Leather-worker's tool
  - 30 —-Cat (winter wheels)
  - 31 Cover
  - 33 Talk-show host from Colorado?
  - 39 Nineveh native
  - 44 Tibia
  - 45 Miami's county
  - 46 Railroad dep.
  - 47 — rug
  - 49 Verve
  - 51 Kim of "True Grit"
  - 55 Singer from Arkansas?
  - 59 Hamlet's home
  - 62 "There's —
- DOWN**
- 11 Actor
  - 17 Finished first
  - 18 Mary of "Sons and Lovers"
  - 19 Start to cry?
  - 20 Provokes
  - 23 Specks
  - 27 Theater district
  - 30 Actor from Pennsylvania?
  - 35 Poet Sidney
  - 36 Depend (on)
  - 37 What have you
  - 38 Anita Loos comedy
  - 39 Satin quality
  - 40 Wagon part
  - 41 Say it isn't so
  - 42 RN's workplace
  - 43 Cohn or Connelly
  - 44 Spoken
  - 45 Tenor Luis
  - 46 Far and away
  - 47 Brennenman or Linker
  - 48 Doorway part
  - 49 Opposite of weather
  - 50 Might
  - 51 John —
  - 52 Passos
  - 53 Cockpit fig.
  - 54 Tognazzi
  - 56 Actor
  - 57 Formerly
  - 58 Abhorrence
  - 60 — lazuli
  - 61 Celery serving
  - 67 Hilo hello
  - 68 Russian revolutionary
  - 70 Vane dir.
  - 71 Get side-tracked
  - 75 Jay of "Dennis the Menace"
  - 76 Murcia mister
  - 77 "Why don't we?"
  - 78 "L'—, c'est mol"
  - 79 Express
  - 80 Notion
  - 81 Hindman or Holliman
  - 85 Cathedral feature
  - 86 Comedian Mandel
  - 88 Darling child
  - 90 Chad and Jeremy song, e.g.
  - 92 "Idylls of the King" character
  - 94 Stimulus
  - 95 Burrowing critter
  - 96 Jerky toy?
  - 97 Angus'
  - 98 Expanded
  - 101 Hibachi residue
  - 105 Shady spot
  - 106 "O Sole —"
  - 108 Cut a cuticle
  - 110 Taj Mahal, for one
  - 111 TV's "Eight is —"
  - 112 Knots
  - 113 Bathsheba's first husband
  - 114 Patriot Silas
  - 115 Mongoose foe
  - 116 Like a prune
  - 121 Kitchen addition
  - 122 Loony Laurel
  - 124 Bananarama, e.g.
  - 125 Souffle ingredients
  - 126 Freighter or ferry
  - 128 Taradiddle
  - 129 Decimal base
  - 131 King's handle?
  - 132 Herriot title start
  - 133 Salon supply
  - 134 Furtive

SEE ANSWERS, A27

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## HOROSCOPES

**■ CANCER (June 21 to July 22)**  
You might suspect that someone you trust has misled you on an important matter, but a more balanced view of things reveals a misunderstanding to be the culprit.

**■ LEO (July 23 to August 22)**  
The Big Cat's animal magnetism has rarely been stronger. You can either just bask in all that admiration or use it to your advantage, especially in the workplace.

**■ VIRGO (August 23 to September 22)**  
Someone who previously balked at cooperating with you on a project suddenly has a change of heart. Accept both help and advice with grace.

**■ LIBRA (September 23 to October 22)**  
Some hazy issues still need to be cleared up before you can move on with your new plans. A friend from the past reaches out to re-establish old ties.

**■ SCORPIO (October 23 to November 2)**  
Continued positive fallout follows that risky workplace decision you made some time ago. Your payoff will soon prove to be more substantial than you expected.

**■ SAGITTARIUS (November 22 to December 21)**  
A personal relationship continues to be affected by a recent unexpected turn of events. Things need to work themselves out without finger-pointing.

**■ CAPRICORN (December 22 to January 19)**  
It's a wonderful

week for all you capricious goats to kick up your heels with friends or family members in some well-earned fun and frivolity.

**■ AQUARIUS (January 20 to February 18)**  
Caution is advised before making a financial commitment to someone you don't really know. There are better ways to build friendships than with risky fiscal dealings.

**■ PISCES (February 19 to March 20)**  
Travel plans continue to be favored. A change of scenery brings new opportunities, both personally and professionally. Be open to the possibilities.

**■ ARIES (March 21 to April 19)**  
You dislike waiting for promises to be fulfilled and for commitments to be kept, but resist your headstrong tendency to push things along. Your patience will be rewarded.

**■ TAURUS (April 30 to May 20)**  
Expect continuing opposition to your plans from diehard detractors. However, your determination to see things through will carry the day. A Pisces has romantic ideas.

**■ GEMINI (May 21 to June 20)**  
You might be too close to a troublesome workplace situation to deal with it successfully. Step away in order to get a better perspective. A solution soon becomes obvious.

**■ BORN THIS WEEK:** You have a strong sense of loyalty that shows itself best in your relationships with family and friends.

By Linda Thistle

	4		8				1	9
		2			4	7		
1				9				5
	6	9			1			7
4				3				2
	3		7				8	
	1				9			3
		5		2		6		
7			4		6			8

Puzzle Difficulty this week:



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

★ Moderate    ★★ Challenging  
★★★ Expert

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# FLORIDA WEEKLY CUISINE

## For Thai food, it's Thaicoon

The restaurant has served fare with flair for 25 years



Thaicoon was serving curry and stir-fry dishes before The Gardens Mall was built.

Before Interstate 95 was linked northward from PGA Boulevard.

And before the area was home to such cutting-edge fare as the pan-Asian extravaganza that was Kubo.

For more than 25 years, Thaicoon has been Northern Palm Beach County's go-to place for Thai food.

During that time, the restaurant's consistency has not wavered.

Thaicoon is tucked into a strip shopping center along Northlake Boulevard in North Palm Beach. Inside, the décor is warm, with wood paneling the walls. Canopies over the counter and bar are reminiscent of Thai rooftops. The light is low, nice for quiet conversation.

That bar is a perfect place to begin a dinner visit to Thaicoon.

Start with a Singha, the lager-type brew known simply as "Thai beer."

Or have a classic cocktail, like a mai-tai (\$8).

The cocktail offered plenty of kick, courtesy of its rum base, and it was fruity, but not cloyingly so, and perfect for summer's night.

It also made good company with the appetizer of larb (\$6.95).

The dish, essentially a meat salad, consists of chopped chicken tossed with fish sauce, julienned lemongrass and ginger, sliced onion, scallions and cashews served atop a bed of lettuce.

The warm chicken was tender, and the lettuce absorbed that wonderful marriage of flavors. It was perfect for sharing, though we would have preferred a finer dice on the ginger, and my guest felt the medium Thai seasoning was almost too spicy for her palate.

Soups are an essential part of any Thai meal.



PHOTOS BY SCOTT SIMMONS / FLORIDA WEEKLY

The choo chee curry is a thick red curry sauce with chicken. It was served with white, steamed rice. Dishes at Thaicoon are garnished with orchids and shredded carrots. The tom yum goong, or hot and sour soup, is packed with shrimp, tomato and mushrooms.

And the tom ka gai (\$3.95) is a staple. The spicy coconut soup was packed with pieces of chicken, bits of ginger and a kaffir lime leaf — "just so you know it's real," my companion said. It's hearty and almost could make a meal in its own right. Also a winner: the tom yum goong, or hot and sour soup (\$4). It contained three perfectly cooked shrimp, tomato, mushrooms, lemongrass, onion and scallions, and got its subtle heat from Thai chilies.

That soup took us to the next dish, the choo chee curry (\$12.95 with chicken). The choo chee is essentially a thick red curry. It's rich, with plenty of coconut milk and it's garnished with basil, lemongrass and slivers of red pepper.

And Thaicoon's take on tempura? Light and airy. The squid tempura (\$14.95) was battered and fried into pillows of tender squid, al dente broccoli, yellow squash, zucchini and sweet potato. The

squid was perfectly cooked, and the oil in which the tempura was fried was fresh — no fishy taste here. They served it with dipping sauces, one sweet, the other spicy.

The bowls of steamed rice we received with our two dishes were generous, but could have tasted a degree fresher.

Other visits we have tried the roasted duck curry (\$18.95), and the place is known for its crispy roasted duck (\$18.95).

Lunch there also generally is satisfying, though a recent visit found us wanting more flavor from our food.

Maybe our palates were off that day.

But two of us found an order of steamed dumplings (\$6.95) to be decidedly flat, as was the traditionally spicy chicken stir-fried with basil, onions and peppers (\$6.95). And the red curry (\$6.95) with chicken and vegetables? The sauce tasted underspiced, and was more pink than red.

Even great restaurants can have an

### In the know

Thaicoon Restaurant  
450 Northlake Blvd., North Palm Beach.  
Phone: 848-8538

Ratings:  
Food: ★★★★★  
Service: ★★★★★  
Atmosphere: ★★★★★

>> Hours: Lunch, 11:30 a.m.-3 p.m.; dinner, 5-10 p.m.

>> Reservations: Yes

>> Credit cards: Major cards accepted

>> Price Range: Appetizers, \$3.95-\$7.95; soups, \$2.50-\$14.95; lunches, \$6.50-\$8.95; dinner entrees, \$10.95-\$14.95; special dishes, \$12.95-\$18.95.

>> Beverages: Full bar

>> Seating: Booths and tables

>> Specialties of the house: Curries and stir-fry.

>> Volume: Quiet

>> Parking: Free lot

★★★★★ Superb  
★★★★ Noteworthy  
★★★ Good  
★★ Fair  
★ Poor

off-day.

Having said that, the chicken in each dish was tender, and the vegetables crispy.

That's indicative of the care Thaicoon lavishes on its menu.

Even at lunch, dishes are garnished with orchids and shredded carrot. The lemons that accompany glasses of iced tea are artfully sculpted into crickets or grasshoppers that perch along the glass rims.

That care extends to the service, where waiters and waitresses clad in Thai silks inconspicuously attend to diners' needs. Need something? You need only offer a glance and a server will come to check on you. They keep water glasses filled and quickly spirit away used utensils between courses.

It's that care that has kept diners coming back to a humble spot along Northlake Boulevard for more than a quarter-century.

We'll see you there. ■

### dining NOTES

■ **Cooking class with Chef Mike:** Learn some new recipes, watch the food being prepared, then savor the results as Mike Wall, chef at Spoto's Oyster Bar, hosts a cooking class July 9.

Watch as Chef Mike prepares an appetizer crab and avocado stack with sticky rice and rémoulade, an entrée-size Sin-

gapore noodle bowl with sautéed vegetables, rice noodles in a ginger-lemongrass broth with shrimp, then follows it up with a dessert of toasted coconut pudding cake with caramelized pineapple. The \$25 per person fee includes a glass of house wine. Tax and gratuity are extra.

The event also will be a preview of

the menu for Spoto's Water Bar, scheduled to open in October at the former Oakwood Grill. Spoto's Oyster Bar is at PGA Commons, 4650 PGA Blvd., Palm Beach Gardens. Call 776-9448.

■ **Summer market:** Store Self Storage and Wine Storage will host an open market in Palm Beach Gardens.

The market will run 8 a.m.-1 p.m. each Saturday in July, starting July 9. There will be more than 25 vendors offering baked goods and other foods, as well as decorative items and clothing. Store Self Storage is at PGA Boulevard and Military Trail. Call 627-8444 or visit [www.storeselfstorage.com](http://www.storeselfstorage.com). ■

## 4TH OF JULY

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around 9 p.m. Bring blankets or lawn chairs.

Food and beverages will be available for purchase from the country club restaurant. The country club is at 951 U.S. Highway 1, North Palm Beach. Call 841-3386x.

■ **4th of July Celebration:** Check out the new slide, climbing wall and splash

pad at the Palm Beach Gardens Aquatic complex. There also will be music and games, and hourly giveaways from 11 a.m.-4 p.m. July 4 at the complex, 4404 Burns Road. Admission is \$3 residents or \$10 non-residents. Visit [www.pbgfl.com](http://www.pbgfl.com) or call 630-1100.

■ **4th on Flagler:** Downtown West Palm Beach hosts one of the area's largest Independence Day celebrations along the city's downtown waterfront.

This year's theme is "America Goes West."

There will be a Wild West Mini

Rodeo, the Wells Fargo Kids Area, a "Ride them Hogs" Harley display and the Firefighter's Silverado Splash and Dash Competition. The event will include two stages of live entertainment, the



unfurling of a five-story American flag, a tribute to the military and a fireworks display. It's 5-10 p.m. July 4. Free. Call 822-2222 or

log on to [www.wpb.org/4th/](http://www.wpb.org/4th/).

■ **July 4th Celebration & Fireworks:** Downtown Stuart gets into the Independence Day spirit with 10 hours of festivities.

Beginning at 4 p.m., there will be family fun and performances of country music. At 7:30 p.m., the Stuart Community Concert Band will perform. And at 9 p.m., there will be a fireworks show over the St. Lucie River.

It all takes place at Flagler Park and Riverwalk Stage, 201 SW Flagler Ave., downtown Stuart. Call (772) 286-2848 or visit [www.stuartmainstreet.org](http://www.stuartmainstreet.org). ■



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Broker-Associate



**FEATURED: Jupiter Yacht Club 502**

*Best deal in Jupiter Yacht Club!*  
Breathtaking views of the ICW and marina from the large covered balcony. This 3BR/3BA unit has over 2,600 SF of living space. Kitchen has granite counters, stainless steel appliances and upgraded cabinetry. Master suite has a Jacuzzi tub in the spacious master bath. Jupiter Yacht Club

has a manned gated entry and private elevator to your unit. Located within walking distance of shopping and restaurants. **Asking \$699,000**



**FEATURED: Martinique ET1103**

One-of-a-kind 11th floor ocean front condo. This 2BR/3.5BA residence boasts beautiful ocean and ICW views. All designer built-in burl wood furnishings imported from Spain. Master suite features designer wall covering which match the king size bed and his/hers master bathrooms with beautiful and efficiently designed

walk-in closets. Living room has stunning built-in custom designed library. Over 2,000 SF of regal living, this is a MUST SEE! **Asking \$725,000**



**Ritz Carlton 1001A**

3BR/3.5BA + den. Direct ocean. Spectacular ocean to ICW views, 10ft. ceilings. **Asking \$2,199,000**



**Oasis 14A**

3BR/3.5BA + Den. World class estate with world class design. Turnkey/immediate occupancy. **Asking \$1,999,000**



**Oasis 12B**

3BR/3.5BA + den. Direct ocean. Priced to sell. Over 4,000 SF of living space. **Asking \$1,995,000**



**Oasis 11B**

3BR/3.5BA + den. Private elevator entry into this stunning residence with an oriental flair. **Asking \$1,900,000**



**Ocean's Edge 602**

3BR/3.5BA. Open spacious floor plan with premier SE views of the ocean, ICW and city. **Asking \$1,799,000**



**Via Delfino 1801**

4BR/5.5BA Exquisite ocean views from every room. Over 3,400 SF of living + cabana. **Asking \$1,790,000**



**Ritz Carlton 1102B**

3BR/3.5BA. Breathtaking ocean and ICW views. Decorated and fully furnished. **Asking \$1,595,000**



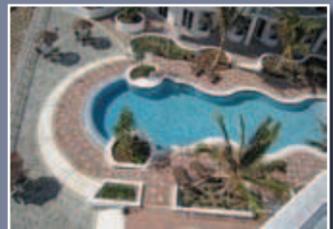
**Ritz Carlton 1003B**

3 BR/3BA. Beautifully decorated and furnished resort style residence is ready and waiting. **Asking \$1,498,000**



**Oasis 2A**

3BR/3.5BA + den. Spacious 2nd floor unit. Over 700 SF of covered balcony. Great price! **Asking \$1,290,000**



**BeachFront 1603**

3BR/3BA. Panoramic views of ocean, Intracoastal and city lights. 16th floor. 2700+ SF **Asking \$1,250,000**



**Beach Front 1103**

3BR/3BA spans over 2,700 SF of living space. Ocean, intracoastal, city and pool views. **Asking \$1,189,000**



**Ritz Carlton 1904B**

2BR/2.5BA + den. Direct ocean. Amazing views, marble floors, over 1,900 SF of living space. **Reduced \$1,100,000**



**Beach Front 1502**

2BR/3BA + den. Amazing ocean, city and Intracoastal views. Over 2,400 SF. **Asking \$849,000**



**Martinique WT1404**

2BR/3.5BA. Incredible southern views. 14th floor residence boasts gorgeous sunrises. **Asking \$579,000**



**Martinique WT 804**

2BR/3.5BA. Renovated with tropical décor and open galley kitchen. Breathtaking views. **Asking \$549,000**

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