



Navalog

October 4, 2018 Edition

HIGHLIGHTS

NAVY FAMILIES,
EMPLOYEES TOUR
USS NEW YORK

—

OMBUDSMAN
RECOGNIZED FOR
SERVICE TO
FAMILIES

—

SAILORS AWARDED
FOR EXCELLENCE

—

NAVY CIVILIANS
RECOGNIZED FOR
55 YEARS SERVICE



Nearly 300 NUWC Division Newport employees tour ships visiting for International Seapower Symposium

By Jeff Prater, Public Affairs Officer,
Naval Undersea Warfare Center

NEWPORT, R.I. — The jacket New York City firefighter Bill Butler wore on Sept. 11, 2001, never leaves the bridge of the USS New York (LPD 21).

Dust from the rubble of the World Trade Center clouds a patch on the right sleeve, a Chinese dragon wearing a firefighter’s hat with the No. 6 — a logo for FDNY Engine 9/Ladder 6, which serves the city’s Chinatown district.

Butler never wore the jacket again after that day, and, ultimately, he donated it to the New York. It is just one of many tributes aboard the ship that nearly 300 Naval Undersea Warfare Center Division Newport employees saw as they took part in tours of the New York, USS Lassen (DDG 82) and USNS City of Bismarck (T-EPF-9) at Naval Station Newport Pier 2 on Sept. 19. The ships were in port to support the Naval War

College’s 23rd International Seapower Symposium.

“I’ve worked at NUWC for two years so far, and seeing stuff like this definitely puts into perspective what we do here,” Kyle Knoth said. “It puts a lot more enthusiasm in you to do a great job.”

Knoth was joined by NUWC’s Corporate Operations Department co-worker Justin Walter and the two began their time on the pier aboard the New York, a 684-foot San Antonio-class amphibious transport dock commissioned on Nov. 7, 2009.

“This is by far the most impressive ship I’ve seen,” Walter said. “It’s nice to see America flex [its naval power] every now and then.”

The tour began in the 1,465 square-meter main vehicle storage area that has a movable ramp that allows direct access to the flight deck, where on this day, an MV-22 Osprey tilt-rotor

Inside This Issue

Around the Station	2
BZ Shipmates	4
Fleet & Family Support	8
At the Clinic	9
Morale Welfare & Rec	11
Meat & Potatoes	13
Now Hear This	14
Traffic & Commuting	15
Veteran’s News	16

Story continued on page 2



International Seapower Symposium: continued from page 1

aircraft was parked.

As one progressed throughout the tour, it was impossible to ignore the tributes to New York City throughout the ship. A large New York Giants football team logo is painted on the ramp leading to the well deck, where a landing craft air cushion vehicle (LCAC) was parked.

Adjacent to the well deck is another ramp leading up to the next deck of the ship. Painted on the bulkhead to the right is a portrait of former President Barack Obama and a quote attributed to him:

“Even the smallest act of service, the simplest act of kindness, is a way to honor those we lost, a way to reclaim that spirit of unity that followed 9/11.”

The quote and portrait appear below a silhouette of the New York City skyline before the attack with the words “NEVER FORGET.”

If one were to walk to the top of the ramp — which leads to the upper vehicle storage area — and turn around, they would see a black, red and blue wall of the ship, which was forged from pieces of the World Trade Center.

In order to get to the bridge, one must walk down a corridor the Sailors refer to as Broadway, appropriately named for the posters of famous Broadway plays that adorn the walls.

The mess deck would make any New York sports fan jealous. Signed and framed jerseys of New York Giants players Justin Tuck, Hakeem Nicks and Eli Manning hang on one wall of the room, as Yankees, Mets, Jets and Buffalo Bills memorabilia have their own places elsewhere.

Still, reminders of the importance of the New York’s missions are never too far away, whether that be in the form of a twisted piece of metal from one of the towers, a subway sign for the Chambers St./World Trade Station stop or New York fire and police department uniforms.

“The memorabilia are a good tribute to the United States in regard to 9/11,” Ed Gong of NUWC’s Undersea Warfare Combat Systems Department said. “The connection between the city of New York and the ship is inspiring. I’m sure it gets the crew pumped up.”



For employees like Gong though, the tours of the ships were more than just sightseeing. As the technical project manager for surface hull, mechanical and electrical (HM&E) training, Gong saw some examples of how the work he does at NUWC Newport is implemented — particularly aboard the USS Lassen.

“This is great because it gives me

exposure to a lot of systems that I work on,” Gong said. “The nice thing is I can identify a lot of the systems we do trainings for. It ties me closer to the end product as the project manager.”

A 509-foot Arleigh Burke-class guided missile destroyer, the Lassen was commissioned on April 21, 2001. The tour,

Story continued on page 3

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International Seapower Symposium: continued from page 2

though briefer than that of the New York — for obvious reasons — was also informative.

After boarding, employees made their way toward the bow where an officer described the radar, navigation and weapons capabilities of the Lassen.

The tour continued around the outside deck of the ship and toward the stern, where on the flight deck employees got an up-close look at a SH-60 Seahawk helicopter. A quick walk through the interior of the ship concluded the tour. “This is a great opportunity to see this as a program we

touch and have an impact on,” said Karen Ephrain, who supports Gong on the business side of the department.

Docked at the end of Pier 2 was the USNS City of Bismarck, the ninth expeditionary fast transport to be built — 12 are planned — in the Spearhead class. Much like its class nomenclature would suggest, the ship is designed to get a lot of cargo, equipment or troops to its destination quickly, as the 358-foot long Bismarck has a top speed of over 50 knots and a 20,000 square-foot mission bay.

The tour of the all-aluminum vessel began in the mission bay, where in addition to various vehicles, a dozen or so Marines were training with their rifles and a .50-caliber machine gun.

Guests continued through the interior of the ship with stops at the medical bay, mess hall and main passenger transport area, which resembles a larger version of a ferry’s passenger area. The tour concluded on the bridge with a discussion with the Bismarck’s captain and a general tutorial on how the ship is steered and operated.



After working hard for the last five months making Naval Station Newport ready for the International Seapower Symposium, a group of Naval Facilities Engineering Command (NAVFAC) employees enjoyed a tour of the USS New York (LPD-21). Tours were made available to employees and their families during ISS. USS New York (LPD-21), the fifth San Antonio-class amphibious transport dock, is the fifth ship of the United States Navy to be named after the state of New York. The ship has a crew of 360 and can carry up to 700 personnel. (Photo contributed by NAVFAC)



Nine of sixteen area Ombudsman were in attendance at the Annual Navy Ombudsman Appreciation Luncheon on Sept. 27 to receive recognition for their service. (From Left to Right) Danielle Rezendes from Coastal Riverine Squadron 8; Jessica Mathis from Naval Academy Preparatory School; Albert Lopes from the Navy Operational Support Center, Newport; Jennifer Rothrock from Navy Band Northeast; Jessica Swanson from Naval Health Clinic New England; Jillian Stone from Navy Supply Corps School; Mercedes Umphress from the Naval War College; Janet Bivens from Surface Warfare Officer School; and Mel Wathen from Naval Leadership and Ethics Center. These hardworking Ombudsman were joined by their respective commands for the incredible work they do for Navy families.

Ombudsman honored at annual luncheon

By Anne Champney, Ombudsman Coordinator, Fleet & Family Support Center

NEWPORT, R.I. — The annual Navy Ombudsman Appreciation Luncheon was held at the Officers Club, Naval Station Newport on Sept. 27. Nine area Ombudsman, their spouses and command representatives were in attendance.

Each year, the luncheon serves as a way to say thank you for the dedication, service and support that our ombudsman provide.

Started in 1970 by Elmo R. Zumwalt Jr., the ombudsman program is a direct link from the families to the command and helps promote mission readiness by encouraging family readiness.

Commanding Officer Capt. Ian Johnson read the Z-Gram that started it all

in his remarks, after which he presented the ombudsman with a certificate of recognition. This year, the ombudsmen were also presented with planners from Commander, Navy Installations Command, in partnership with Pioneer Services.

Ombudsman are trained professionals who volunteer their experience and time. In fiscal year 2017 alone, more than 227,470 hours were spent by Navy Ombudsman performing their duties and more than 8 million contacts were made with Navy families.

Here in Newport since Jan 1, 2018, Ombudsman have spent close to 600 hours supporting Navy families, the Command and Service Members. The Ombudsman registry provides statistics and tracking of what topics families are concerned with, via worksheets the Ombudsman completes. Childcare, Spouse

employment, MWR and Family Readiness are always high on the list for information and referral topics.

In attendance at the lunch were: Ms. Danielle Rezendes from CRS8, Mr. Albert Lopes from the NOSC, Ms. Janet Bivens from SWOS, Ms. Mercedes Umphress from the NWC, Ms. Jillian Stone from NSCS, Ms. Jennifer Rothrock from NBNE, Ms. Jessica Swanson from NCHNE, Ms. Mel Wathen from NLEC and Ms. Jessica Mathis from NAPS. These hardworking Ombudsman were joined by their respective commands.

Unable to attend, but no less deserving of recognition: Kim Cordero from OTC, Lauren Griffiths from CRS8, Stephanie Marlow from NRDNE, Veronica Boblett from the USS Constitution, Deatte Vira from NAVSTA Newport and NJS, Mackensie Zayac from NUWC and Stacey Zurell from CSS.

Sailors receive awards for excellence



(Top) Naval Station Newport Commanding Officer Capt. Ian Johnson recognizes the contributions of Sailors during a ceremony at Port Operations Sept. 26. (Bottom Left) IC1 Jimonte Neclos was awarded his fourth Navy and Marine Corps Achievement Medal for his work as port operations fleet liaison during the last two years. He coordinated logistics and service requests for 827 ship movements during his time here in Newport. (Bottom Right) MA2 Rachel Leclerc was awarded the Navy and Marine Corps Achievement Medal for exemplary service as security department commercial vehicle inspection station team leader and gate sentry. She greatly contributed to her team and the naval station by conducting more than 2,500 vehicle inspections, ensuring the highest levels of safety, security and readiness to all those who work here.

CO recognizes civilians with combined 55 years of service



Commanding Officer Capt. Ian Johnson recognizes time in service for three Navy Civilians on Friday, Sept. 28 at headquarters, Naval Station Newport.

(Above) Marybeth Oliveira, housing office, was recognized for thirty years of service. (Left) Jeff Stevens was awarded for ten years of service and Charles "Chip" Martin was recognized for fifteen years. There are more than 200,000 civilians serving the Navy in various jobs throughout the fleet.



Reenlistment, recognition for galley shipmates



Commanding Officer Capt. Ian Johnson recognizes culinary specialists on Friday, Sept. 28 at Ney Hall Galley, Naval Station Newport.

(Right, Below) CS1 Barone Parker was awarded for exceptional service as leading petty officer and funeral honors coordinator for the last two years. He directly supervised 17 culinary specialists and 70 civilians. He was also instrumental in the galley earning its 5-Star Food Service Excellence Award for fiscal year 2018.

(Bottom Right) CU3 Franco Gonzalez was awarded the Navy and marine Corps Achievement Medal for exemplary performance of his duties from 2016 to today.





October is Domestic Violence Awareness Month

Domestic Violence Awareness Month is an annual observance that generates awareness of DV as a serious public health issue and the resources available to help prevent/address its occurrence.

The Family Advocacy Program (FAP) is a DOD program that provides domestic abuse prevention efforts, early identification and intervention, support for victims and treatment for offenders. FAP efforts focus on strengthening family functioning and resiliency.

Through FAP the Navy provides a variety of resources to sailors and families to enhance their relationship skills and improve their quality of life. The Navy's ongoing prevention efforts encourage everyone to "Love and Learn about Healthy Relationships."

Online Resources

Employment & Training

www.careeronestop.org/militarysource

Exceptional Family Member Program

Liaison: **Tammy Piol (401) 841-2148**

Federal Employment

www.usajobs.gov

Fleet and Family Support Programs

www.cnic.navy.mil/newport

International Auto Logistics (POV shipments)

www.pcsmygov.com

Measuring Rhode Island Schools

www.infoworks.ride.ri.gov

Military Installations

www.militaryinstallations.dod.mil

Military Home Front

www.militaryhomefront.dod.mil

Military OneSource

www.militaryonesource.mil

Military Pay

www.dfas.mil

Military Spouse Information

www.militaryspouse.com

Naval Health Clinic New England

<http://nhcne.med.navy.mil>

Naval Station Newport

www.cnic.navy.mil/newport

Navy Career Development

www.npc.navy.mil

Navy Housing

www.cnic.navy.mil/ffr/housing.html

Navy-Marine Corps Relief Society

www.nmcrs.org

School Liaison Officer

www.navy.mwrnewport.com

U.S. Navy Home Page

www.navy.mil

October 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Thrift Savings Plan, 10 - 11:30 a.m.	3 Smooth Move Workshop: 9:30 - 11 a.m. New Spouse Orientation 1 - 2:30 p.m. SACMG, 3 p.m.	4 Anger Management, 1:30 - 3 p.m. Resume Writing, 2 - 4 p.m.	5	6
7	8	9 Stress Management, 1 - 2:30 p.m.	10 Accessing Higher Education, 8 a.m. - 4 p.m.	11 Accessing Higher Education, 8 a.m. - 4 p.m.	12	13
14	15	16 Communication for Life 10 - 11:30 a.m.	17 Blended Retirement System, 10 - 11 a.m.	18 SAPR VA, 9 - 11 a.m. and 1 - 3 p.m.	19	20
21	22 Transition GPS MWR Rec Center 7:30 a.m. - 5 p.m. SAPR VA Training 8 a.m. - 4 p.m.	23 Transition GPS MWR Rec Center 7:30 a.m. - 5 p.m. SAPR VA Training 8 a.m. - 4 p.m.	24 Transition GPS MWR Rec Center 7:30 a.m. - 5 p.m. SAPR VA Training 8 a.m. - 4 p.m.	25 Transition GPS MWR Rec Center 7:30 a.m. - 5 p.m. SAPR VA Training 8 a.m. - 4 p.m.	26 Transition GPS MWR Rec Center 7:30 a.m. - 5 p.m. SAPR VA Training 8 a.m. - 4 p.m.	27
28	29 Develop Your Spending Plan 2 - 3:30 p.m.	30 FAP/SAPR CDO, 8 - 9 a.m. FAP Command Leadership Training, 1 - 3 p.m.	31 Staff Meeting, 1 p.m.	Note: Parenting programs are offered individually or in a classroom, if enough participants. Call for information, 841-2283		



Understanding Urgent Care Rules

Article by Kathy MacKnight, Public Affairs Officer, Naval Health Clinic New England—Newport

Urgent care clinics are useful for non-emergency care. If you have TRICARE, there are a few rules about getting urgent care that you should consider. Urgent care is care you need within 24 hours for a *non-emergency* illness or injury that requires treatment. Examples of urgent care conditions include a sprain, rising fever, or sore throat.

Most TRICARE beneficiaries can visit an urgent care center whenever they have a need. When possible, you should go to a TRICARE network urgent care provider to avoid additional out-of-pocket costs.

Urgent care rules depend on who you are:

Active Duty Service Members (ADSMs): ADSMs enrolled to a military hospital or clinic must get a referral before going to a TRICARE network urgent care center. ADSMs who need care when military hospitals or clinics are closed or when traveling should use the Military Health System (MHS) Nurse Advise Line for help. If you're an ADSM enrolled in TRICARE Prime Remote not living near a military hospital or clinic, you don't need a referral when seeking urgent care.

Other TRICARE Prime Enrollees: This includes active duty family members (ADFMs) and retirees. You can seek urgent care from TRICARE authorized urgent care centers without a referral. To find an urgent care

center or provider, you can use the TRICARE provider search tool, MHS Nurse Advice Line, or contact your regional contractor.

TRICARE Select Enrollees: If you're enrolled in TRICARE Select, you may visit any TRICARE authorized network or non-network provider for urgent care. These rules also apply to anyone in premium-based plans: TRICARE Reserve Select, TRICARE Retired Reserve, TRICARE Young Adult, and the Continued Health Care Benefit Program.

Overseas Enrollees: Overseas ADFMs enrolled in TRICARE Overseas Program (TOP) Prime or TOP Prime Remote plans must contact the TRICARE overseas contractor for authorization before seeking urgent care. Otherwise, they may pay at the time of service and file a claim later for reimbursement.

TOP Prime enrollees who need urgent care while on temporary duty or leave status in the 50 United States and District of Columbia can seek urgent care without a referral or an authorization.

ADSMs must follow up with their primary care manager in accordance with applicable Department of Defense and service regulations.

"We want our service members' families and others to have easier access to urgent



care," said Navy Capt. Edward Simmer, chief clinical officer, TRICARE Health Plan at the Defense Health Agency. "It's important to understand the rules to avoid unintended out-of-pocket expenses."

Unsure whether to seek urgent care? Use the 24/7 MHS Nurse Advice Line. You can call, chat online, or video chat with a registered nurse. The nurse can answer your questions and give medical advice.

You can also get help with scheduling an appointment. In the U.S., call the MHS Nurse Advice Line at 1-800-TRICARE (1-800-874-2273), option 1. Find country-specific numbers on the MHS Nurse Advice Line website (www.mhsnurseadvice.com).

If you have an emergency, you should call 911 or go to the nearest emergency room. An emergency threatens life, limb, or eyesight.

Learn more about urgent care coverage at <https://tricare.mil/>



Flu and Shingrix product availability at NHCNE

Article by Kathy MacKnight, Public Affairs Officer, Naval Health Clinic New England—Newport

The NHCNE Newport immunization clinic has not received their full supply of flu shots as of Sept. 27.

The flu products available are currently reserved for shot exercises for the active duty population. We will update you via Tricare Online secure messaging, the NHCNE website and the NHCNE Facebook page when all products are available at all NHCNE sites. Patients may also call 1-888-NAVY-MED and select option #8 to get the up-to-date information about the flu product supply at their clinic.

The NHCNE immunization clinic is currently out of the "new" shingles vaccine SHINGRIX at all NHCNE sites. This vaccine is for the prevention of the shingles disease in patients over 50 years of age. Manufacturer production is unable to keep up with the extremely high demand for this product. We have no clear date of when this shortage will end.

All NHCNE sites are still able to order the Zostavax vaccine, which is for the prevention of shingles in patients age 60 and older. You can speak with your Health Care Provider or the



Immunizations nurse to understand your options with these vaccines. We will keep you updated on this shortage via Tricare Online secure messaging, the NHCNE website and the NHCNE Facebook page.

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Learn more by visiting www.tricare.mil/openseason

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FEAR2

Recruiters face anti-military influencers

By Lisa Smith Molinari

Back in 2011, my husband, Francis, reported to Naval Station Mayport, Fla. to be the staff intelligence officer of the U.S. Fourth Fleet. We were excited, because N2 positions at numbered fleets were traditionally “command equivalent” and highly competitive. However, the military was being drawn down between 2010 and 2016, and the rules were no longer certain.

One year into Francis’ tour, it was announced that N2 roles were no longer command equivalent, but rather “milestone tours” necessary to qualify for command. Francis was allowed one more shot at command; however, by that time scores of Navy captains were competing for three positions. Francis was not selected.

His last day in the Navy was Oct. 31, 2016, after a tour as deputy commander of the U.S. Naval War College. Eight days later, President Trump was elected and the drawdown abruptly stopped. The National Defense Authorization Act heralded huge troop increases across all branches, and the administration submitted 30-year plans to increase Navy ships to 355, requiring 50,000 more active duty sailors, the largest increase in more than a generation.

The Army, Marine Corps and Air Force have also been under pressure to retain more troops and increase their ranks. This year, the Army failed to meet its recruiting goal for the first time since 2005, and although the other branches managed to meet recruiting targets, all reported challenges in convincing young men and women to join and difficulty persuading active duty service personnel to stay.

During six years of drawdown, recruiting efforts slowed and military members were forced out. But now, in the midst of new military pay increases; programs for spouses; increased bonuses; better deployment schedules; “golden tickets” allowing

breaks from service; and easing of recruiting restrictions on age, tattoo placement, drug use, attention deficit disorder and asthma — why are recruiters having so much trouble convincing people to serve?

I spoke with Lt. Col. Ron Anzalone, Commander of the Army’s New England Recruiting Battalion, who told me that people in his area of responsibility are patriotic, but tell Army recruiters, “Not my kid.” Educational institutions, coaches, parents, and counselors advise young men and women that the only path to success is to go to college, because the civilian job market is booming. “But student loans will hobble them,” Anzalone said. “People fail to realize that the U.S. Army is the largest investor in college education — we’ll pay tuition for you.”

Anti-military sentiment at educational institutions is a problem, Anzalone said. His recruiters are given “bare minimum or restricted access” to students, are prohibited from wearing uniforms, and are limited to designated free speech areas. Recently, when female Army athlete-soldiers were sent to an all-female high school track meet to disseminate recruitment materials, parents ran recruiters off, warning them, “Don’t talk to my kid.”

To combat the college-only message perpetuated by institutions and influencers, Army recruiters are responding directly to millennials who ask, “What can you do for me?” and Generation Zers who say, “I want to make a difference.”

“We tell them, this is not your grandfather’s Army. This is not your father’s Army. We have state-of-the-art technology, specialized career training, and educational opportunities that they never had,” Anzalone said.

“A lot of young men and women still want to serve, but they are being told that it’s not what’s important,” he said, relaying the story of a recent high school graduate from Maine. As

valedictorian, the young man had many options, but he told an Army recruiter that he wanted to serve his country. The only problem? He didn’t qualify because he was overweight.

“In four months, he trained with another recruit and lost 100 pounds. He changed his life just so he could serve,” Anzalone said.

The buildup came too late for our family to progress further in the military, but we feel privileged that Francis was able to serve his country for 28 years. To us, no civilian job will ever provide the honor and camaraderie we found in the Navy.

Lt. Col. Anzalone hopes that young men and women choosing their path will realize that, “In the Army, you’re not just an employee. You’re a member of a family.”



MOLINARI

Reference Links:

- www.nytimes.com/2018/09/21/us/army-recruiting-shortage.html
- www.stripes.com/news/army/army-misses-2018-recruiting-goal-which-hasn-t-happened-since-2005-1.548580
- news.usni.org/2018/03/20/navy-end-strength-not-pace-run-355-ship-navy
- www.usatoday.com/story/news/politics/2018/06/29/navy-wants-more-ships-but-lacks-sailors-fill-them/711039002
- www.moaa.org/Content/Publications-and-Media/News-Articles/2018-News-Articles/How-the-Military-Recruits-when-70--of-Americans-Can-t-Serve.aspx
- www.usarec.army.mil/1stbde/1dbn/leadership.shtml

Lisa's syndicated column appears in military and civilian newspapers including Stars and Stripes, and on her blog at themeatandpotatoesoflife.com and can be contacted at meatandpotatoesoflife@gmail.com or on Twitter: @MolinariWrites or 'like' her on Facebook at: <https://facebook.com/TheMeatandPotatoesofLife>



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Get the 130 Best Military Discounts in 2018 by visiting <https://www.dealnews.com/search.html?search=military>.

Redeeming a discount can be as easy as asking for details and then showing your military ID. However, know that some businesses don't advertise their discounts prominently. Deals can vary from location to location, too, and may only be available in-store, over the phone, on certain days, or at specific times.

Some retailers only offer discounts through organizations such as Veterans Advantage. Or they may only give deals to those who have their status verified through SheerID or ID.me (which also covers Troop ID). Retailers could also request that you submit certain documents to prove your military status.

RHODE ISLAND CONNECTED WARRIORS – FREE YOGA CLASSES

Every Thursday from 6 p.m. to 7:15 p.m.

Located at Camp Fogarty, Building 214, 2841 South County Trail, East Greenwich, Rhode Island. Attend three classes and get a free yoga mat. Yoga classes are free to service and family members, and veterans. Must have a valid military I.D. to attend. For more information, contact Lori at Lori@lgcoach.com.

VETERAN TICKETS FOUNDATION (VetTix) – is a national nonprofit that supports currently serving military, veterans, and the military community with free community-based event tickets ranging from concerts to professional sports games. To sign up, go to www.vettix.org.

CHANGES COMING TO TSP: JANUARY 2019

The TSP is planning adjustments to the L Funds in an effort to improve outcomes for participants who invest in them. Effective in January 2019, TSP will increase exposure to international stocks (the I Fund) from 30% to 35% in all L Funds. The L Income Fund stock allocation (C, S, and I Funds combined) will increase from 20% to 30% over a period of up to 10 years.

The total stock allocation for the L 2030, L 2040, and L 2050 Funds will hold steady for a period of years to facilitate transition to the L 2060 Fund when it is introduced in 2020. Finally, at that time, the L 2060 Fund will begin with a 99% stock allocation. For more

information, go to <https://www.tsp.gov/index.html> or visit your Personal Financial Counselor at your FFSC.

BLOOD DRIVES THIS MONTH

OCT 11, 2 drives:

1. NUWC 9-4pm Bldg 990 on Bloodmobiles
2. NHCNE Noon—4 p.m. Command Conf Rm

OCT 30:

1. NAPS 2:30—8 p.m. Perry Hall Rm 100

FIRE SAFETY TIP OF THE WEEK

Halloween Fire Safety Tip: Did you know? Decorations are the first thing to ignite in 900 reported home fires each year. Two of every five of these fires were started by a candle.

Instruct children to stay away from open flames including jack-o-lanterns with candles inside. Be sure they know how to stop, drop and roll if their clothing catches fire. Have them practice, stopping immediately, dropping to the ground, covering their face with hands, and rolling over and over to put the flames out.

CHAPEL OF HOPE

Telephone: (401) 841-2234 (during duty hours)
or (732) 300-7912 (after duty hours)
Chapel Office (Base Chapel):
1172 Vaughan Street, Newport

Sundays

- 7:45 a.m. - Liturgical Protestant Service
- 8:30 a.m. - Music Rehearsal for Catholic Mass
- 9 a.m. - Roman Catholic Mass;
- 9 a.m. - Bible Study: Perry Hall, Room 100
- 10:30 a.m. - Contemporary Protestant Service

Tuesday

- 6:30 p.m. - Men's Bible Study

Wednesdays

- 12:05 p.m. - Catholic Mass
- 5 p.m. - Music Rehearsal for Contemporary Protestant Service
- 6:30 p.m. - Women's Bible Study

Fridays

- Noon - Space available for Muslim Prayer

First and third Fridays

- 9:30 a.m. - Women's Spiritual Support Group



GATE HOURS:

- Gate 1: Open 7 days-a-week/24-hours-a-day for routine traffic.
- Gate 2: Open for a.m. commute Monday through Friday from 6:30 to 8:30 a.m. to alleviate Gate 1 backups.
- Gate 10: Closed until further notice.
- Gate 17: Open Monday through Friday from 6 a.m. to 6 p.m. (CLOSED ON HOLIDAYS)
- Gate 7: NHCNE Gate, open Mon-Fri 6 a.m. to 6 p.m.
- Gate 23: NUWC Gate open 24/7 for commuters.
- Gate 32: Open Mon - Fri 6:30 to 9 a.m. and 3:30 to 5:30 p.m. for commuters.011878

CONSTRUCTION UPDATE

Repaving of portions of the northbound lane of Defense Hwy will continue through Oct. 12 as originally planned. Remaining work is located between Gate 32 and Greene Lane. Starting Oct. 3, the contractor made some tweaks to reduce impacts to commuters.

- 6 - 9 a.m. Daily: One lane will be open for traffic heading south. Northbound traffic will detour to W Main Rd.
- 9 a.m. - 3 p.m. Daily: Road open to traffic both directions, with flaggers to direct/stop traffic as needed.
- 3 p.m. - 6 pm. Daily: One lane will be open for traffic heading north. Southbound traffic will detour to W Main Rd.

The Rhode Island Department of Transportation has hired a contractor to repave the at-grade railroad grade crossing on Admiral Kalbfus Road (between the 4th Street Diner and old Mama Leone's/new Antonio's on the way from the rotary to Gate 1/Gate 2/Hospital). The work is scheduled to occur on October 15th and 16th. This would include a partial road closure during construction. They will attempt to complete the work during non-peak traffic hours.





Veterans of Foreign Wars Department of Rhode Island



2018 ANNUAL PIG ROAST & BBQ



**Saturday, October 13, 2018
at 1:00 p.m.**

**Bradford Citizens Club
124 Woody Hill Road
Bradford, Rhode Island**



Great menu in addition to traditional pork!!!

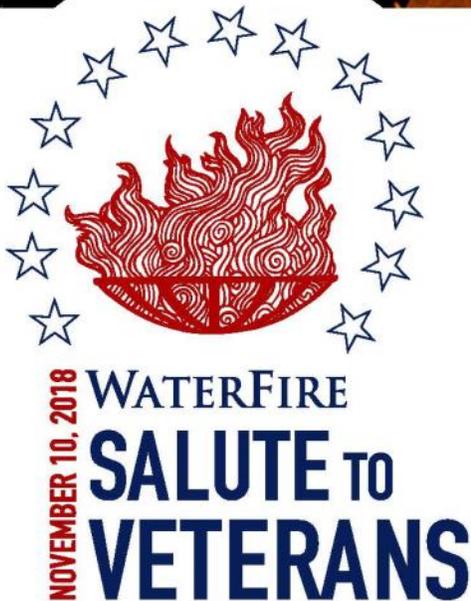
Chicken • Baked Beans • Rice • Salad
Corn on the Cob • Baked Potato

\$20.⁰⁰ Per Person

HOT JOBS

Naval Station Newport MWR still has several available positions open. Visit <https://www.navymwr.org/careers> to apply.

JOB TITLE	DUTY STATION	CLOSING DATE
NGIS LAUNDRY WORKER	Newport, Rhode Island	Oct, 8 2018
CYP ASSISTANT	Newport, Rhode Island	Oct, 11 2018
MWR RECREATION ASSISTANT ATHLETICS	Newport, Rhode Island	Oct, 12 2018
MWR SALES ASSISTANT COFFEE	Newport, Rhode Island	Oct, 13 2018
FITNESS FACILITY COORDINATOR	Newport, Rhode Island	Oct, 15 2018
MWR BARTENDER	Newport, Rhode Island	Oct, 17 2018
MWR RECREATION ASSISTANT BOWLING/LIBERTY	Newport, Rhode Island	Oct, 21 2018
NGIS GARDENER	Newport, Rhode Island	Oct, 21 2018
MWR FACILITY ASSISTANT-FOOD RUNNER	Naval Base, Newport, Rhode Island	Oct, 24 2018



BE A PART OF THE LIGHTING

Rhode Island Veterans are invited to take part in the 300 Torch Salute that will kick-off the Lighting Ceremony at the WaterFire's Salute to Veterans event on **Saturday, November 10th, 2018.**

Sign up today while there are still spots available at WaterFireSalutetoVeterans.org/Get-Involved

Torchbearer requests will be processed on a first come, first served basis. The deadline for application for both Stationary and Walking Torchbearers is November 1st, 2018 at 5:00 pm.

We look forward to honoring you and your family!

WaterFireSalutetoVeterans.org
WaterFire Providence & Rhode Island Broadcasters Association



MARINE CORPS LEAGUE KENT COUNTY DETACHMENT



**U. S. MARINE CORPS BIRTHDAY
DINNER/DANCE
1775 - 2018 *** 243 YEARS**



DATE: *NOVEMBER 10TH, 2018*
PLACE: *Coventry/West Greenwich Elks Hall
42 Nooseneck Hill Road
West Greenwich, Rhode Island*

SOCIAL/CASH BAR *6:00pm - 6:30pm*
CEREMONY: *6:30 pm*
DINNER: *7:00pm*
DRESS: *SEMI-FORMAL*

GUEST OF HONOR SPEAKER
Major **LAWRENCE HERRMANN, ESQ USMC**
(Ret)

DINNER

B.Stuffed Chicken Breast, Salad, Baked Potato, G Beans
Rolls, Coffee, Birthday Cake, Ice Cream Sandwich

AWARDS WILL BE PRESENTED AFTER DINNER

TICKETS \$ 30.00 PER PERSON Advance ticket sales only

CUT OFF THIS PORTION AND MAIL TO:

JANE DEPTULA
13-C Manchester Circle
COVENTRY, RI 02816

NAME _____ ADDRESS _____

TELEPHONE NO. _____ NUMBER OF PEOPLE ATTENDING _____

COST @ \$ 30.00/PERSON _____ SPECIAL REQUESTS FOR SEATING _____

Make Checks payable to Kent County Detachment, MCL. *PLEASE* **NO payments at the door.**

Deadline for order requests no later than November 3, 2018. We must supply a head count to Hall by that date.