



# Navalog

July 26, 2018 Edition

## WELCOME ABOARD NAPS CLASS OF 2019

### IN THIS ISSUE:

NAPS SPONSORS/MENTORS  
NEEDED

ID CARD OPTIONS

SWOS GRADUATES INTER-  
NATIONAL STUDENTS

BZ'S & MORE



### Inside this issue:

<i>Around the Station</i>	2-6
<i>BZ Shipmates</i>	7
<i>At the Museum</i>	8
<i>Fleet &amp; Family Support Military OneSource</i>	9
<i>Meat &amp; Potatoes of Life</i>	10
<i>Morale, Welfare &amp; Rec.</i>	11
<i>Now Hear This &amp; Hot Jobs</i>	12-14
<i>Traffic &amp; Commuting</i>	15
<i>Around the Fleet</i>	16-17
<i>Veteran's News</i>	18
<i>Around the Island</i>	19



The Naval Academy Prep School (NAPS) Battalion class of 2019 is sworn in and acknowledges the command to carry on with training (top); above left to right—a NAPSter gives a final farewell to his family after swearing in; new hairstyle for a new lifestyle and with that a whole new set of cloths are issued and fitted as part of Induction Day at the Naval Academy Prep School. The open house was held on Monday afternoon and the class was sworn in on Tuesday. (photos from Mark Donohue, NAPS admin) - story and more photos on page 2





## NAPS Class of 2019 Arrives in Newport

By Mark Donahue, Naval Academy Preparatory School PAO

On Tuesday July 24<sup>th</sup> two hundred and sixty two young men and women officially began their 10 month journey as midshipman candidates and cadet candidates at the Naval Academy Preparatory School (NAPS). A diverse group, the NAPS Class of 2019 hails from 40 states and the District of Columbia. The class includes 43 fleet accessions (40 Sailors and 3 Marines) and 19 Coast Guard cadet candidates preparing for the U.S. Coast Guard Academy. Women comprise 26% of the class. Chosen from more than 16,000 applicants for the U.S. Naval Academy, this year's NAPS class includes some of the finest young men and women our country has to offer.

The NAPS mission is to enhance midshipman candidates' moral, mental and physical foundations to prepare them for success at the United States Naval Academy. Within this mission statement reside the three pillars of the NAPS program: the moral, or character development, pillar led by the military staff; the mental pillar led by the academic faculty; and the physical pillar led by the athletic department. The NAPS program produces midshipman candidates with a year of character, physical and academic development under their belts and with all the tools necessary to succeed as a midshipman at the U.S. Naval Academy.

Induction Day, or as it is more commonly known, I-Day began early Tuesday morning with administrative check-in in Perry Hall. From there the new NAPSTERS worked their way through twelve check-in stations including haircut, medical screening and gear issue. The day culminated with a swearing-in ceremony in Kay Hall during which Captain Cory Howes, NAPS Commanding Officer, executed the oath of enlistment to the new NAPS Battalion and Major Andrew Koch, USMC, NAPS Executive Officer, executed the oath of service to the 58 Naval Academy midshipmen and Coast Guard Academy cadets who will provide leadership to the battalion through the Indoctrination period. At the conclusion of this brief ceremony the midshipman candidates had an opportunity to say final goodbyes to their families and friends before marching to Ney Hall to begin the NAPS Indoctrination period.



New NAPS students checking in learn how to carry themselves in a military manner from Midshipman 1st Class Detailer.

The NAPS Indoctrination period – or as it is commonly known, Indoc will last 3 weeks. The typical day during Indoc runs from 5:00 am – 9:00 pm and includes military training, physical fitness, academic placement testing, admin processing and team building. Upon the conclusion of Indoc the 262 individuals who entered NAPS on Tuesday will be transformed into a cohesive team ready for the rigors of the academic year.

The NAPS Class of 2019 will be a part of the Naval Station Newport community until their graduation day on 10 May 2019. Throughout the coming academic year NAPSTERS will be seen on base and in the Newport community participating in athletic events, conducting community service and enjoying Rhode Island hospitality. Welcome Aboard to the NAPS Class of 2019!

NAVSTA Newport Public Affairs Office

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Capt. Ian L. Johnson, Commanding Officer

Lisa Rama, Public Affairs Officer



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## NAVAL ACADEMY PREP SCHOOL (NAPS) LOOKING FOR SPONSORS & MENTORS

Capt. Cory Howes, the commanding officer of NAPS sent out the following email last week to the leadership around the installation. Please consider participating in one of these programs in support of the young men and women who arrived onboard this week:

I am requesting your support to the Naval Academy Preparatory School sponsorship and mentorship programs. These programs partner NAPS midshipmen candidates with families or individuals to ease their transition into the service and provide support throughout our challenging 10-month program. I ask that you help to spread the word and encourage your personnel to take part in this opportunity. Please feel free to forward this e-mail as you see fit.

The NAPS mission is to enhance midshipman and cadet candidates' moral, mental, and physical foundations to prepare them for success at the U.S. Naval and Coast Guard Academies. Candidates report each July and spend the equivalent of an academic year at NAPS before proceeding to their respective academies after graduation in May. About 20% of each class are prior enlisted Sailors and Marines reporting from fleet assignments. The other 80% enter directly from their senior year in high school.

For the sponsorship program, we look for families that include an active/reserve/retired E-7 and above who are willing to offer a home away from home for our candidates during some of their liberty time. Candidates rate liberty on Friday evenings, Saturdays, and Sundays until 1800. Most candidates earn overnight liberty on some Saturday nights. Sponsor families provide a much-needed break from the regimen of life in the barracks, as well as a valuable resource outside the command to provide encouragement and support.

For the mentorship program, we're looking for active/reserve/retired officers and senior enlisted to help reinforce motivation for service in the Navy, Marine Corps, and Coast Guard. This is more like your traditional mentorship role – less commitment of time, but available to talk directly about challenges they are facing, helping to internalize the Navy and Coast Guard Core Values, and supporting character development. A mentor may simply provide another adult figure in their life outside of the NAPS chain of command who can provide valuable perspective. We envision mentors and their midshipman candidates having lunch or dinner together once or twice a month and regular correspondence through phone and e-mail.

Both programs are flexible to how/when you can spend time with them. NAPsters are a very diverse group of young men and women. We will entertain specific requests to sponsor a certain midshipman candidate - e.g. a prior Sailor or Marine, a recruited athlete, a Coast Guard cadet candidate, or a male or female from a specific background. Our intent is to get them ready to lead at the Academies and once they hit the Fleet. We need you to help build these candidates into the very best they can be.

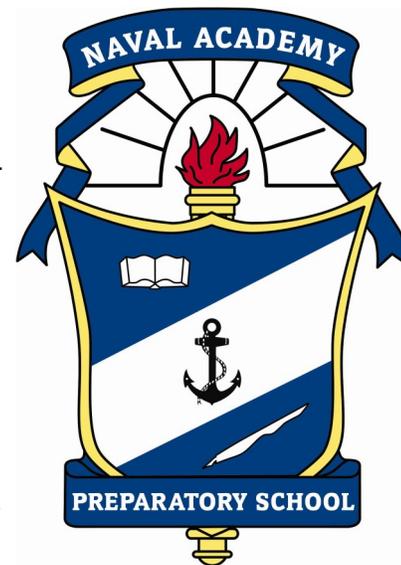
My mentorship and sponsorship coordinator is my Command Senior Chief, CMDCS Katt Whittenberger, at [whittenb@naps.edu](mailto:whittenb@naps.edu) <<mailto:whittenb@naps.edu>> or 841-1427. If you'd like to sign up as a sponsor, please fill out the form at: <https://www.usna.edu/NAPS/Sponsor%20Application%20Form.php> NAPS Sponsor Application <<https://www.usna.edu/NAPS/Sponsor%20Application%20Form.php>> .

The sponsor meet-and-greet event will be 24 AUG, 1830-2000, here at Perry Hall.

For those interested in the mentor role, just send CMDCS Whittenberger an email with name, rank, command/position, phone number.

I sincerely appreciate any interest in these programs you can help muster. Beat Army!

Capt. Cory Howe  
Commanding Officer  
Naval Academy Prep School



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## SWOS Graduates International Students

Surface Warfare Officers School (SWOS) graduated 15 naval officers representing 10 nations during a ceremony held at Admiral Michael G. Mullen Auditorium onboard Naval Station Newport July 13.

The new graduates for the International Surface Warfare Officers School (ISWOS) Department Head and Division Officers Course successfully completed the course designed to prepare junior officers to execute watch station duties aboard surface warfare craft and ships by providing fleet-oriented training.

“I want to thank all the instructors and the school for this great opportunity,” said Lt. j.g. Francisco Maldonado Mundo of the Mexican navy, prior to the start of the ceremony. “The course has improved many of my naval skills. I feel more prepared to go back to my country and develop myself as a better officer for my country’s navy.”

The ISWOS course highlights shipboard organization, basic systems interdependence and interaction, and a foundation in surface combat systems, operational concepts, watch standing, basic seamanship skills, and engineering.

“Our global environment is evolving, even as we celebrate your graduation today,” said SWOS Commanding Officer Capt. Scott Robertson during his remarks. “The challenges you can expect as you return to your home countries are many. What you have learned here is foundational. You will never know enough, keep expanding your knowledge and open your perspective.”

Retired Adm. Guillermo Enrique Barrera-Hurtado, former commander of the Colombian navy served as the guest speaker.

“The Surface Warfare Officers School has been giving you training to be more successful at the tactical level,” said Barrera-Hurtado. “Your countries will receive the direct benefit of your training.

You will be more respected in your naval community because you are now the leading expert in surface tactical matters. It is a great honor, but it is also a great responsibility.”

The International Department Head Course builds upon previous sea experience to execute operations and combat systems department head duties. The training emphasizes department, systems, and unit interdependence and interaction and provides theoretical and technical instruction required to prepare officers for combined operations with units of the United States and other navies.



The graduates for the International Surface Warfare Officers School (ISWOS) Department Head and Division Officers Course congratulate one another following the conclusion of their graduation ceremony held at the Adm. Michael G. Mullen Auditorium, July 13. Fifteen officers representing 10 nations successfully completed the course designed to prepare junior officers to execute watch station duties aboard surface warfare craft and ships by providing fleet oriented training. (photo by MC1 Nardel Gervacio, SWOS Public Affairs)

Lt. Bryan Magura of the Philippine navy was named the honor graduate for the department head class.

The division officer course helps prepare officers to perform duties as junior officer of the deck, combat information watch officer, officer of the deck (inport), assistant navigator, safety officer during deck evolutions, and officer of the deck (underway).

“I’m very happy that I finished my training here in SWOS,” said Lt. j.g. Krzysztof Gorski, a Polish naval officer, who was recognized as the honor graduate for the division officer class. “It was a great pleasure and opportunity to train with the American officers. The training helped me understand the U.S. Navy a lot better.”

Each graduate received a diploma and an international surface warfare officer pin.

SWOS headquarters is located in Newport and oversees nine learning sites worldwide. Its mission is to ready seabound Sailors to serve on surface combatants as officers, enlisted engineers, and enlisted navigation professionals to fulfill the Navy’s mission to maintain global maritime superiority.



## NAVY SUPPLY CORPS SCHOOL STUDENTS COMPETE FOR BEST BURGER ON THE BASE!

The Navy Supply Corps School students and staff are a very competitive bunch—always looking out for ways to build teamwork and improve skills—from forming up teams for the Paddlefest (three teams are appearing to compete tomorrow) or lining up by the grills to prepare the best burger on the base. Six entries were presented to the judges and class today during the Burger Burnoff competition held inside the schoolhouse. In addition to burgers, classes vie at various times throughout the year for the best cupcake;



Top left clockwise:  
Cmdr. William Barich, Executive Officer NSCS, presents the "Best in Show" award to Lt. Stephen Astafan and Ms. Zoe Maxwell; Cmdr. Barich presents the "People's Choice" award to Ensign William Schultz, Ensign Adam Thomas, Ensign Jian Gao and Ensign Alexander Akre; students pass through the tasting



tables and Ensign Bryanna Gilbert serves them up; Ensign Vanessa Morant preps her entry in the galley; Ensign Lewi Rosure puts the finishing touches on his entry and Cmdr. Barich presents the "Most Unique" award to Ensign Bryanna Gilbert and Ensign Alyssa Vannatter. Ensign Gilbert's entry consisted 100% of plant based products. (Photos by Lt. Adam Johnson, Instructor, Navy Supply Corps School)



## Need to update your ID/C AC? In a rush for one? Didn't make an appointment? There ARE alternate locations to get one

It is an extremely busy time for ID card issuance at the Personnel Service Detachment's (PSD) ID Card office here onboard NS Newport. Two hundred and sixty three Naval Academy Midshipman Candidates reported on Monday, the Naval War College International Students are here checking in and summertime always means additional dependent ID cards being issued as kids get ready to go back to school.

**Check your ID card expiration date often and don't find yourself in need of a card immediately in order to work!**

You can get new credentials as far out at 90 days prior to the expiration of your current ID card so go online at that 90 day mark and make an appointment at one of the local RAPID's ID Card issuance centers in our area:  
<https://rapids-appointments.dmdc.osd.mil>



### Other local area DOD ID Card offices include:

143rd National Guard, N. Kingston (401) 267-3270

AG HQ National Guard, Cranston (401) 275-4127

### Connecticut:

103rd Bradley ANG Base, E. Granby (860) 292-2368

NSB New London, Groton (860) 694-3022

USCG Academy, New London (860) 444-8208

Maurice Rose Armed Forces Reserve Center, Middletown (860) 613-7619

103rd ACS, Orange (203) 795-2934

There are also seven Massachusetts offices listed on the Rapids site—<https://rapids-appointments.dmdc.osd.mil>

Please plan ahead and allow extra time for appointments at all locations. This secure system used in issuing the cards is sometimes temperamental but staff will continue to process everyone as quickly and professionally as possible.



**PLEASE REGISTER BY AUGUST 7 FOR THIS AUGUST 13TH CLASS. THANK YOU** →

safeTALK

**BECOME SUICIDE ALERT!**



**safeTALK**  
*suicide alertness for everyone*

**Help someone when they need it most.**

Suicide is preventable. Anyone can make a difference.

Suicide Alertness Training

Chapel of Hope

13 August 2018

0800 - 1200

**What is safeTALK?**

safeTALK is a half-day alertness training that prepares anyone 15 or older, regardless of prior experience or training, to become a suicide-alert helper. Most people with thoughts of suicide don't truly want to die, but are struggling with the pain in their lives. Through their words and actions, they invite help to stay alive. safeTALK-trained helpers can recognize these invitations and take action by connecting them with life-saving intervention resources.

**Over the course of their training, safeTALK participants will learn to:**

- Notice and respond to situations where suicide thoughts might be present
- Recognize that invitations for help are often overlooked
- Move beyond the common tendency to miss, dismiss, and avoid suicide
- Apply the TALK steps: Tell, Ask, Listen, and KeepSafe
- Know community resources and how to connect someone with thoughts of suicide to them for further help



Please call (401) 841-2234 or email [kenneth.riddick@navy.mil](mailto:kenneth.riddick@navy.mil) to register to attend the upcoming training. This training is open to all with routine base access and Command Suicide Prevention Coordinators are specifically encouraged to attend.



Capt. Ian Johnson, Commanding Officer of Naval Station Newport, stopped into Ney Hall Galley last Thursday to present CS1 Jan K. Camot and CS2 Richard J. Boatright with Navy Achievement Medals. CS2 Boatright was recognized for his outstanding performance for two years as the leading bulk store room custodian onboard the USS Carter Hall (LSD 50) homeported in Little Creek, VA. CS1 Camot, a member of the NS Newport Team, was recognized for his professional achievement while serving as the cargo Leading Petty Officer at Ney Hall Galley for the past three years. Petty Officer Camot departs Newport for his next assignment onboard USNS Miguel Keith homeported in San Diego, California.



## Naval Justice School Chief Petty Officer Recognized as RI Military Woman of the Year

Chief Legalman (Information Warfare) Stephani Pavoni, currently assigned to the Naval Justice School, was honored in a ceremony late last month as the Military Woman of the Year for the State of Rhode Island. Chief Pavoni earned the annual award from Military Women Across the Nation (MWAN), Ocean State Unit 118, an organization dedicated to the encouragement of patriotism, loyalty, and devotion to God, country and family. The group is formerly known as WAVES National.

"I was beyond humbled to have even been nominated, and I am now honored to have won this prestigious award," said Pavoni. "Everything that I have accomplished this past year has been done with an end state goal of wanting to make a difference in the lives of others, enhancing the mission of the Navy and the Judge Advocate's General Corps, and being the best mother and wife possible."

Chief Pavoni, who is an instructor at the Naval Justice School (NJS), was addressing a gathering of over 30 MWAN Unit #118 members; colleagues from NJS; guests from the Rhode Island Department of Veterans Affairs; Veterans Administration; Veterans of Foreign Wars; New England MWAN Unit #158 and relatives.

This is the twenty-sixth year the RI MWAN Unit #118 has honored one outstanding active duty military woman selected from throughout the state of Rhode Island in recognition of outstanding individual achievements and service to community and country.

Active-duty members from all branches of military service were eligible for consideration including Rhode Island National Guard and Air National Guard, U.S. Coast Guard and active reservists. Consideration of the



award included military bearing, performance, specific accomplishments, involvement in extra professional activities, both in service and in the community.

The honor was accompanied by many citations from government officials from her hometown of Georgia to include Nathan Deal (Georgia Governor) and Johnny Isakson (Senior U.S. Senator from Georgia), and many citations from Rhode Island government officials to include Gina Raimondo (Rhode Island Governor), Jack Reed (U.S. Senator from Rhode Island), James Langevin (U.S. Representative for Rhode Island's 2nd congressional district), and many of Rhode Island legislative leaders.



# Summer Fun

AT THE ROSE ISLAND LIGHTHOUSE



*Join the Naval War College Museum this summer for family programs at the Rose Island Lighthouse!*

*These free programs run from 11 am-3 pm,  
Thursday, July 12 & 26 and August 2, 9, 16 & 23\**

*~For more information about the program, please call or email  
401-841-7276 /museumeducator@usnwc.edu*

*~Please visit the Jamestown/Newport Ferry website  
for information & rates on visiting Rose Island*

\*Weather permitting

Find the Naval War College Museum on



# FLEET AND FAMILY SUPPORT CENTER...



The Fleet & Family Support Center have the following classes scheduled. They do not represent all classes scheduled and available at FFSC. Please note that the August 8 Stress Class is meant for parents AND children to attend. Due to limited space, you must sign up beforehand to reserve a spot. Please call (401) 841-2283 to register. If you want a class or have a topic you wish to bring to your command at your schedule, please don't hesitate to call!

Class listing: **Aug 15, 10 a.m.**—Communication for Life; **Aug 22, 10 a.m.**— Anger Management; **Sept 6, 9 a.m.**— Stress Management; **Sept 18, 2 p.m.**— Anger Management; **Sept 27, 11 a.m.**— Ombudsman Appreciation Lunch at the Officer's Club **and at 1:30 p.m.**, Communication for Life.

Cora Smayda, LCSW, Counseling, Advocacy and Prevention, Child Counselor (401) 841-4499, [cora.smayda@navy.mil](mailto:cora.smayda@navy.mil) and Anne Champney, Work, Family & Life Educator and Ombudsman Coordinator, 841-6923, [anne.champney@navy.mil](mailto:anne.champney@navy.mil) are standing by to assist.

## Housing Options for Service Members and Families

One of the great benefits of moving with the military is that you and your family will likely have a number of housing options once you reach your new location. Each comes with different upsides and caveats, so be sure to consider your options carefully and contact the housing office at your military installation to find out which options are available to you at the time of your move. Meanwhile, here is how military housing options break down.



### What are my military housing choices?

Moving is a significant and exciting time. Make sure to give yourself time to make a decision that is right for you. Remember to check out the Relocation Assistance Program or housing office to help you sort through your housing options.

- Government-owned military installation housing is owned and maintained by the Department of Defense and saves you from paying rent and most utilities. With this option, you give up your basic allowance for housing.
- Privatized military installation housing allows military members and their families to live in a home built and maintained by a private-sector company. The Department of Defense has invested in privatized military installation housing in the last couple of decades. You can live in this housing and use your basic allowance for housing to pay for your rent. You will be expected to pay for your own utilities. You may be able to cover some of those utilities with your housing allowance, but that depends on if the allowance amount exceeds your rent or if you choose to rent a home that exceeds your allowance. In some cases, you may be expected to buy renters insurance.
- Single or unaccompanied military installation housing is often referred to as “the barracks” or “bachelor quarters.” These dormitories are not always private. Some service members share a room or a bathroom. The upside: this housing option comes rent free.
- You can rent a home off the military installation, but exercise caution before signing a rental contract. Check to see that the contract has a clause in it that allows you to break the lease if you are reassigned or deployed. You should seek advice from your military installation's legal assistance office on the type of legalese your lease should contain prior to signing anything.
- Buying a home is a big investment. If you choose to buy a home outside of the military installation, then you need to be prepared to sell it or to find someone who is willing to rent it relatively quickly. First, find a house that fits your family's size and needs. Next, factor in the length of your commute, the cost of the home and the maintenance fees associated with the home. It would also be prudent to check to see if your military installation's housing office is offering a class on home buying.

Your superior officer will decide whether you have a variety of housing options or solely the option of living on the base. Perhaps that officer wants you to live on the military installation because you are a new recruit. Maybe there isn't enough housing on the military installation that fits your family size and you have been instructed to live outside the installation. Find out what your superior officer wants you to do before you start making any major plans.

Military OneSource can help you find the perfect housing option so that you can master your move.



## The Politics of Marriage: What congress might learn from husbands and wives.

In theory, marriage should be the perfect balance of power between two parties. A husband is the yin to his wife's yang. Spouses are each other's "better halves." Couples are like planets exerting complimentary gravitational pulls, caught in each other's orbits, circling together in one planetary system.

Romantic, right?

But in reality, marriage is often an adversarial system, requiring the two parties to regularly negotiate resolutions to conflicts.

Sound familiar?

All the talk of divisiveness in Washington these days has me wondering if the politicians might learn a few things from how typical husbands and wives manage to make decisions on everything from buying a new couch to whose mother is coming for Thanksgiving.

When I met my Navy husband, Francis, he was a bit of a dark horse candidate. He came from out of nowhere, in a time in my life when I wasn't looking for a running mate. But much to my surprise, we had one of those goofy "love at first sight" kind of meetings, and after a brief courtship, we tied the knot and I became a military spouse.

We've spent the last 24 years working together to make our union run smoothly.

Thankfully, we found out that we have very similar platforms on big ticket items such as politics, morality, military duty stations, NFL teams, and whether John Candy movies are the best (they are, in case you didn't know).

Certainly, there are some conflicts without an absolute majority opinion. Whether it's Thai food or pizza, comedy or suspense, lights on or lights off — sometimes a married couple has to hold a special session before they can come to an accord that each party can live with.

It certainly isn't easy. There's often lengthy debate, and sometimes filibuster — which, by the way, husbands completely tune out while their minds wander to things like cars, women's body parts, and peanuts.

When bargaining on whether to stay home and watch the baseball game on Sunday or go blueberry picking with the family, a wife might try to negotiate a continuing resolution requiring her husband to give her a foot rub on the couch during the seventh inning stretch.



While perusing the family's Netflix watch list on Friday night, a husband might try to logroll the swing voters (a.k.a., the kids) to vote for "Leprechaun: Back 2 Tha Hood" instead of "The Notebook." During debate over whose in-laws should get first dibs on Christmas, a husband might propagate "fake news" that his mother's recent attack of gout was arguably life-threatening and therefore entitles her to priority status.

Both husbands and wives will make shameless attempts to propagandize the family, promising pork barrel spending on sugared cereals, brand name clothing, expensive electronics, and puppies to garner support for their personal agendas. There's muckraking and mudslin-

ing, dissent and demagoguery, tyranny and totalitarianism. But in the end, even if it takes clouture, husbands and wives do something that our government just can't seem to do these days: they compromise.

Wives give in on golf outings as long as husbands help with dishes. Husbands give in on mani-pedis, as long as wives make meatballs. Whatever the terms of compromise, most married couples do what they need to do to keep their system of government running smoothly, just like Francis and I have done for the last 24 years.

That being said, I must confess, there is one thing in our marriage that Francis and I have yet to agree upon. You see, Francis insists that the toilet paper roll must be placed such that the edge of the paper hangs on the side of the roll closest to the wall; whereas, I firmly believe that toilet paper rolls are meant to hang so that the edge of the paper hangs on the side of the roll away from the wall.

This is our Cold War, our Berlin Wall, our 38th Parallel.

I fear we will never achieve detente, because getting Francis and I to compromise on toilet paper roll placement would take an Act of Congress, and that's something we know isn't going to happen any time soon.

*Lisa's syndicated column appears in military and civilian newspapers including Stars and Stripes, and on her blog at*

[www.themeatandpotatoesoflife.com](http://www.themeatandpotatoesoflife.com)

*and can be contacted at*

[meatandpotatoesoflife@gmail.com](mailto:meatandpotatoesoflife@gmail.com)

*or on Twitter: [@MolinariWrites](https://twitter.com/MolinariWrites) or 'like' her on Facebook at:*

<https://facebook.com/>

[TheMeatandPotatoesofLife](https://facebook.com/TheMeatandPotatoesofLife)

# MORALE, WELFARE & RECREATION



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Join the MWR Email Blast List email:  
NAVSTANewportRIMWR@gmail.com

f NAVSTANewportMWR @NAVSTANPTRIMWR

## OFFICERS' CLUB, BUILDING 95

OPEN TO ALL PATRONS WITH BASE ACCESS

Monday-Friday: 11 a.m.-10 p.m. Saturday: 3-10 p.m.  
Sunday & federal holidays: closed

**MONDAY** ~ Mongolian - Choose from a variety of veggies, noodles/ rice, proteins and sauces to create your own signature dish ~ 12.00

**TUESDAY**~ Rhode Island Style Chicken - Half roast chicken, pasta with marinara, French fries & salad bar ~ 13.00

**Cajun Shrimp & Lobster Cavatappi** - with baby spinach, Cajun peppers, tomato basil cream ~ 22.00

**Cavatappi Primavera** - with tomatoes, artichokes, olives, goat cheese in a roasted garlic butter ~ 14.00

**WEDNESDAY** ~ Fried Fisherman's Platter - Fried clams, scallops & fish served with French fries and coleslaw ~ Market Price

**Baked Seafood Casserole** - Scallops, fish, shrimp, topped with a buttery cracker crumb, served with baked potato and seasonal vegetable ~ 22.00

**THURSDAY** ~ Boiled Lobster - New England favorite! Steamed and served with potato, corn on the cob, sausage & onions ~ Market Price

**Lobster Mac & Cheese** - A creamy blend of pasta & cheese and loaded with buttery lobster ~ 18.00

**FRIDAY** ~ Prime Rib - 12 oz. thick cut, served with baked potato & seasonal vegetable ~ 24.00

**CIOPPINO** - Clams, mussels, fish & shrimp blended together in a classic fennel broth, served with crusty bread ~ 24.00 \*Add pasta for 2.00 extra

\*\* Weekly specials & special nights are from 5-9 p.m. & not available for take-out \*\*

## COMMUNITY RECREATION CENTER, BUILDING 656

OPEN TO ALL PATRONS WITH BASE ACCESS.

Kitchen closes an hour before closing time.

Monday-Thursday: 11 a.m.-9 p.m.; Friday: 11 a.m.-10 p.m.; Saturday: 4-11 p.m.; Sunday: 1-8 p.m.; Federal Holiday: 12-6 p.m.

**MONDAY** - Chourico, Peppers & onions on a sub roll with chips or fries \$8, 11 a.m.-7:30 p.m.

**TUESDAY** - Twin Chili Cheese Dogs with chips or fries \$6.25, 11 a.m.-7:30 p.m.

**WEDNESDAY** - All-you-can-eat Pizza & Salad Buffet \$7.25, 11 a.m.-1:30 p.m.

**THURSDAY** - Free fountain soda with lunch purchase, 11 a.m.-1:30 p.m.

**THURSDAY SUNSET SOCIAL** - Enjoy the sunset from our decks with \$5 food & drink deck specials, 4-7 p.m.

**FRIDAY** - All-you-can-eat Mongolian Barbecue with free fountain soda \$9, 11 a.m.-1:30 p.m.

**MOVIE ON THE DECK** - Top Gun on Saturday, July 7, 8:30-11 p.m.

**HOST YOUR NEXT CLASS SOCIAL OR GROUP GET TOGETHER** - At the club or one of our two decks.

For more information, call (401) 841-3054.

# NAVSTA Paddle Fest 2018

## Kayak, Bounce & Spartan-style Obstacle Course

Friday, July 27 Marina Pavilion 12-4 p.m.

*Commands get your four person teams together, there's bragging rights & a trophy at stake!*

### WET & DRY BOUNCIES • CONCESSIONS

Command teams register at the John H. Chafee Fitness Center before Thursday, July 26.



For more information, call (401) 841-4038.

Sponsored by



# SLIDE INTO Summer

AT THE MARINA PAVILION SATURDAY, JULY 28 10 A.M.-2 P.M.

FREE Admission • Dry & Wet Bouncies • Supersoaker Arena  
Carnival Games • Lawn Games • Food & Drink Concessions  
Save The Bay Touch-A-Tank • Home Depot "Kid's Workshop"

Sponsored by

The Department of the Navy does not endorse any company, sponsor or their products or services.



## DID YOU KNOW?

CNRMA Instruction prohibits open burning of any type (including turkey fryers) without written approval from the Fire Department (FD). A request for site inspection shall be submitted and approved to the FD prior to beginning cooking operations. Permitted open fires must be located not less than 50 feet from any structure and recreational fires cannot be located within 25 feet of a structure or combustible material unless contained in an approved manner.

## HOW SAFE IS AN AIRPORT'S WI-FI? CYBERSECURITY STUDY RANKS THE NATION'S BEST AND WORST

HOWARD COHEN Miami Herald July 18, 2018

(Excerpts) According to a new survey by Coronet, a Tel Aviv-based cloud security company, Miami International is one of the 10 most secure airports in the country when it comes to cybersecurity. MIA ranked No. 9, one position ahead of Tampa International Airport. Coronet says the purpose of the report is to inform business travelers of how insecure airport Wi-Fi can inadvertently put the integrity and confidentiality of their essential cloud-based work apps — such as G-Suite, Dropbox, Office 365 — at risk. The goal, the company said, was “to educate fliers on the dangers of connecting to unencrypted, unsecured or improperly configured networks.”

The **most secure**, or least vulnerable, airports were:

- Chicago-Midway International Airport
- Raleigh Durham International Airport
- Nashville International Airport
- Washington Dulles International Airport
- San Antonio International Airport.
- Louis Armstrong New Orleans International Airport.
- Kansas City International Airport.
- Lambert St. Louis International Airport.
- Miami International Airport
- Tampa International Airport.

The **nation's most cyber insecure airports are:**

- San Diego International Airport
- John Wayne Airport-Orange County Airport
- William P. Houston Hobby Airport
- Southwest Florida International Airport
- Newark Liberty International Airport.
- Dallas Love Field
- Phoenix Sky Harbor International Airport.
- Charlotte Douglas International Airport.
- Detroit Metropolitan Wayne County Airport.
- Boston Logan International Airport.

<https://www.miamiherald.com/living/travel/article215090475.html>

## NEX OFFERS MOBILE COUPONS AND MORE

The NEX is now able to deliver coupons right to its customers' fingertips by sending text messages to their wireless device. NEX customers in the continental United States can now sign up to connect with the NEX through their mobile device which will give them access to special offers and coupons through SMS messages as well as special online offers. Customers can sign up for the mobile information by texting JOIN to 57662.\*

“We are excited to be able to communicate with our valued NEX customers with this new service,” said Rich Honiball, Navy Exchange Service Command's (NEXCOM) Executive Vice President, Global Merchandising and Marketing Officer. “Our goal is to be able to communicate with our customers 24/7. As we continue to enhance our digital capabilities, it was only natural that we engage our customers from a mobile perspective because as for many of them, this is their preferred way of connecting with us.”

Upon signing up, customers will receive via text message a one-time-use mobile welcome coupon for \$10 off a purchase of \$50 or more. The welcome coupon is valid for 14 days from time of signup and is valid in store or online at [myNavyExchange.com](http://myNavyExchange.com). Subscribers must be authorized NEX customers in order to redeem coupons.

To sign up, customers must have a text messaging-enabled mobile device provided by a supported carrier including AT&T, Verizon Wireless, Boost, Cellular South, Midwest Wireless, MetroPCS, nTelos, Suncom, Virgin Mobile, Sprint or T-Mobile.

\*\*Message and data rates may apply. Customers will receive one message each time JOIN is texted to 57662 and then monthly recurring messages after sign up is completed. Terms, conditions and privacy can be found at: <https://www.mynavyexchange.com/textingtermsconditions>

## BACK TO SCHOOL?

Transitioning back to school can be a fun and exciting time for both kids and parents, but it can be stressful too. Meeting new people, learning how to make friends, academic pressure... the list goes on. In this class we will identify some common stressors, learn how to handle them and learn some stress busting measures that parents and their kids can participate in together. Taught by the Child Counselor and the Life Skill Educator, this class is meant for both kids and parents to attend. Please Register by calling 401-841-2283 to sign up. Please provide the ages of your children. **The class will be held August 8 at 2 p.m. at the Fleet and Family Support Center, building 1260.**





## Mass Communications Plan

**Goals:** Timely, Clear, Concise, Standardized, Multipath, Redundant, & Consistent Communications



P . A . C . E .	Initial Notification (Populace)	Updates (Populace)	Updates (Leadership)
<b>P</b> rimary	<i>Giant Voice (Siren) AtHoc – CDNS, text, email, phone Shelter In Place Alarm Senior Manager – strictly leadership</i>	<i>AtHoc Twitter Facebook Twitter (PAO) Facebook (PAO/MWR/PPV)</i>	<i>Populace updates + Tenant Leader Conf. Call (details provided separately)</i>
<b>A</b> lternate	<i>Email Tree - CDO/EOC initiate with email to tenant CDOs and Ombudsman Coordinator/Assembly Chair</i>	<i>Email Tree - CDO/EOC initiate with email to tenant CDOs and Ombudsman Coordinator/Assembly Chair Info Line</i>	<i>Populace updates + Triad emails /texts to tenant leadership</i>
<b>C</b> ontingency	<i>Giant Voice (Voice) (remote at towers) need a ladder open controller use PA system Radio / TV Stations Phone Tree</i>	<i>Giant Voice (Voice) Radio / TV Stations Phone Tree</i>	<i>Populace updates + Triad phone calls to tenant leadership</i>
<b>E</b> mergency	<i>Police &amp; Fire vehicle loudspeakers  Handheld bull horns • Portable PA systems</i>	<i>Police &amp; Fire vehicle loudspeakers</i>	<i>Populace updates + In-person leadership meeting(s)</i>

### ARE YOU IN THE LOOP?

NS Newport Public Affairs, Emergency Management And Command Duty Offices use multiple methods to keep our population and stakeholders informed of operational changes onboard the installation. Are you in the know? Are you registered in AtHOC? If you are active duty assigned to any of the commands on the installation—you should be registered and it is strongly encouraged for civilian employees as well. You can even include your dependents so that they get messages sent to them on their cell phones/emails. If you do not know what AtHOC is then ask your chain of command; training officer or ombudsman.

The installation facebook page is: [www.facebook.com/NAVSTANEWPORT](http://www.facebook.com/NAVSTANEWPORT) (make sure you are on the page with the installation logo and over 18,000 followers) information on operations is always posted there. NS Newport is also a member of the RI Emergency Broadcasters Association so significant operational changes (installation delays due to weather) will be included on local television/radio stations and websites ([www.ribroadcasters.com](http://www.ribroadcasters.com)). We are into Hurricane Season so please, make sure you are connected for critical installation information—stay safe!

### NAVY BAND NORTHEAST BRINGS BIG BAND MUSIC TO NEWPORT

Navy Band Northeast will host its 4<sup>th</sup> annual “Alumni Concert” on August 23, 2018, at 6:00 PM on the lawn of the Newport Art Museum. This year marks the return of the Alumni Big Band, an 18-piece ensemble comprised of current and former Navy musicians that will take the audience on a musical journey back to the swing era reminiscent of Benny Goodman, Count Basie, and Duke Ellington. In the even of inclement weather, the event will be moved indoors on location.

### MARIJUANA ILLEGAL ON FEDERAL INSTALLATIONS STILL.

There has been a recent uptick at the gates of individuals attempting to come onto the installation with marijuana and paraphernalia. Please remember, even if you have a prescription for medical marijuana from another state—you are not allowed to bring any drugs or tools for using them onto the federal installation.





## **MARK YOUR CALENDARS**

**SALUTE TO SUMMER CONCERT AND FIREWORKS - AUG 25**

**Naval Station Newport, RI.** – The Naval Station Newport Commanding Officer is pleased to announce that Naval Station Newport’s annual “Salute to Summer” concert and fireworks show will be held on the base, Saturday, **August 25.**

The concert is free and open to the public, and will feature performances by Middletown’s own Ben O’Connor, The Driftwoods, and Navy Band Northeast. Fireworks are scheduled to begin around 9:15 p.m.

Access and parking information will be announced at a later date. Guests will be encouraged to bring lawn chairs and blankets. Food and drink concessions will be available for refreshment purchases, and a children’s play area will be available until dusk. Guests must be prepared to present a picture I.D. upon entry to the base.

Coolers, outside food or drink, pets, glass bottles, banners or signs of any type, firearms and other weapons, defensive sprays (pepper spray) or chemicals, illegal drugs or paraphernalia, and drones will not be allowed on base. Strollers and small bags such as diaper bags, small backpacks or handbags will be permitted; however, they will be subject to search.

*Sponsors 2017: US Family Health Plan; United Services Automobile Association; Sprint; Navy Lodge Newport; Coca-Cola of Southeastern New England, Inc.; and 3G Broadcasting, Inc. a/b/a WNMP-MIXX 99.3 FM & WADK -1540 AM. The Department of the Navy does not endorse any company, sponsor or their products or services.*



## **HOT JOBS...**

**AS OF YESTERDAY, THERE WERE 151 RHODE ISLAND BASED FEDERAL JOBS LISTED ON USAJOBS.GOV—MANY OF THEM ARE POSITIONS LISTED RIGHT HERE ON THE INSTALLATION—SEE BELOW OVERVIEW AND GO TO: [WWW.USAJOBS.GOV](http://WWW.USAJOBS.GOV)**

*There are so many benefits to working on the base: Free parking; access to the Officer’s Club and Recreation Center; access to the outdoor facilities; Naval War College Museum access; access to events with free entertainment; family events; joining a team focused on the security and defense of America. Veterans have hiring preference but all qualified applicants are encouraged to apply.*

# **USAJOBS**

**NGIS Front Desk Assistant/Night Auditor  
Commissary Store Workers  
NGIS Custodial Worker  
MWR Sailing Instructor  
MWR Groundskeeper  
Physicians  
Program Manager  
Scientists  
Logisticians**

**Accountants  
Interior Designers  
Financial Management Analysts  
Engineering Technicians  
Quality Assurance Specialists  
Architects  
Chemists  
Administrative Support & Much, Much, More! Check now!**



## REGULARLY SCHEDULED GATE HOURS:

**Gate 1:** Open 7 days a week/24 hours a day for routine traffic.

**Gate 2:** Open for a.m. commute Mon-Fri from 6:30 to 8:30 a.m. to alleviate Gate 1 backups.

**Gate 17:** Open Mon-Fri from 6 a.m. to 6 p.m.—commercial vehicles should use Gate 17.

**Gate 7:** NHCNE Gate, open Mon-Fri 6 a.m. to 6 p.m.

**Gate 23:** NUWC Gate open 24/7 for commuters.

**Gate 32:** Open Mon-Fri 6:30 to 9 a.m. and 3:30 to 5:30 p.m. for commuters.



## SPECIAL GATE IMPACTS:

**Gate 17** will be closed from **Aug 4– 31**. Gate to Pier 1 (NW of Gate 17) will be open for commercial vehicles Inbound only from 7 a.m. to 2:45 daily and open for ALL vehicles outbound ONLY from 3 to 6 p.m. Gate 10, immediately across from the Coddington Brew Pub on Coddington Highway will be open from 6 a.m. to 6 p.m. during the Gate 17 closure.

## CONSTRUCTION UPDATE:

- Peary Road between the intersection of Elliot and Meyerkord will be worked on for the entire month of August. Please be prepared for detours and one lane closures entering and exiting the Toner Bridge. See diagram at right*
- Coasters Harbor Island—Perry Rd work continues through July 31—traffic will be routed through NWC compound.*
- Training Country—Officer Training Command/Marine Corps Detachment Newport areas off Meyerkord Rd. Road detours will remain in place in support of the steam line replacement work through the end of November in various sections of the road.*





## Navy Releases 2018 Personal and Professional Choices Survey Results

From Chief of Naval Personnel  
WASHINGTON (NNS) -- The 2018 Personal and Professional Choices Survey results were released by the Chief of Naval Personnel's office of inclusion and diversity, July 25.

The biennial Personal and Professional Choices Survey, formerly named the Pregnancy and Parenthood Survey, provides leadership with information from Sailors on retention, work/life balance, family planning, childcare, pregnancy and other related issues.

The data gathered from the survey helps Navy track the trends and impact of personnel policies, not only on individual Sailors and their families, but also on Navy readiness.

Both men and women were surveyed to gather their opinions and concerns on Navy life and family issues. Survey results show reasons for staying or leaving the Navy were similar for both women and men.

The 2018 survey was sent to a randomly selected group of 29,103 women and 49,800 men on active duty, representing 48 percent and 19 percent of the active duty force, respectively. The survey produced 12,682 useable responses, with a 16 percent response rate and a margin of error of plus or minus 1 percentage point.

Some of the key takeaways from participants of the 2018 survey include:

- \* Men and women have similar influencers to stay Navy, including job security/stability, pay/benefits, retirement and service to nation. Men and women have similar influencers to leave the service as well, including family impact, work/life balance and schedule predictability.

- \* Men and women find it difficult to balance a Navy career with a personal life, and policies intended to improve life/work balance need to be directed to all Sailors. Forty-five per-

cent of unmarried men and 52 percent of unmarried women report being in the Navy has reduced the likelihood that they will get married, while 41 percent of men without children and 49 percent of women without children report that being in the Navy has reduced the likelihood that they will have or adopt children.

- \* Experiences and perceptions vary widely between men and women, and parents and non-parents. 55 percent of women think having children negatively impacts the careers of women, compared to only 26 percent of men.

- \* Women in the Navy are less likely than men to be married or have children. Of Sailors who are married, women are more likely to be in a dual-military relationship.

- \* Approximately 9 percent of women in the Navy are pregnant at any point in time, and 17 percent of women had a pregnancy in the past year. Approximately 76 percent of female officer and 47 percent of female enlisted pregnancies are planned.

- \* Although 25 percent of women were attached to a deployable unit when they found out they were pregnant, only 15 percent of these women were actually deployed at the time.

- \* Fifty-one percent of women who were transferred to a new command due to pregnancy felt valued by their new command, but only 34 percent were transferred to a career-enhancing position.

- \* The percentage of single parents in the Navy is increasing (10 percent of women and 1 percent of men), indicating that the Navy is becoming more single-parent friendly.

- \* Women are more likely than men to embark on the adoption process without a partner and more likely to not complete the process due to work-related factors.

- \* Women are significantly less likely

than their male peers to have children. The percentage of men and women in the Navy who are parents is relatively similar through age 28 (32 percent), at which time the percentage of female parents begins to significantly lag behind the percentage of male parents. Women's parenthood rates later increase between the ages of 33 to 35 to 68 percent, compared to 75 percent for men of the same age.

- \* While most Sailors think Navy provides adequate information on how to access birth control, only 44 percent think there is enough information on birth control side effects and 36 percent think there is enough information on how to access emergency contraception.

- \* Of women who use birth control, 89 percent received enough to last the entire length of their most recent deployment, a slight increase from the 2016 survey.

- \* Although most women (54 percent) are satisfied with the quality of military OB/GYN care, only 48 percent report having easy access to OB/GYN care regardless of duty station, and only 22 percent have easy access while on shore duty.

- \* While 61 percent of Sailors report hearing their command's leaders talk about work/life balance, only 47 percent see their command's leaders demonstrate work/life balance.

A summary of the survey can be found at <http://www.public.navy.mil/bupers-npc/support/inclusion/Pages/Resources.aspx>.

For more news from Chief of Naval Personnel, visit [www.navy.mil/local/cnp](http://www.navy.mil/local/cnp).





## Navy's First Female Admiral, Alene Duerk, Passes Away

WASHINGTON (NNS) -- Retired Rear Adm. Alene B. Duerk, the Navy's first female admiral, passed away July 21, 2018. She was 98 years old.

"It took 197 years and a forward-looking Chief of Naval Operations, Elmo Zumwalt, to break with tradition before Alene Duerk became the first woman admiral in the U.S. Navy," said Naval History and Heritage Command director Sam Cox. "But the credit goes to Duerk. From the crucible of caring for wounded Sailors, Marines and prisoners of war during World War II in the Pacific, she blazed a trail of stellar performance in tough jobs, serving as an inspiration for an ever increasing number of women officers who have followed her path."

Born in Defiance, Ohio, on March 29, 1920, she received nursing training at the Toledo [Ohio] Hospital School of Nursing, from which she earned her diploma in 1941. From there, Duerk entered the U.S. Naval Reserve and was appointed an ensign in the Nurse Corps.

"Alene Duerk was a strong and dedicated trail blazer who embodied the very principles that continue to guide Navy Medicine today," commented Vice Adm. Forrest Faison, Navy surgeon general, upon learning of her passing. "She will forever be remembered as a servant leader who provided the best care to those who defended our nation, honoring the uniform we wear and the privilege of leadership."

Her first tours of duty included ward nurse at Naval Hospital Portsmouth in Virginia, Naval Hospital Bethesda in Maryland, and sea ser-

vice aboard the Navy hospital ship, USS Benevolence (AH 13), in 1945. While anchored off the coast of Eniwetok, Duerk and the crew of the Benevolence would attend to the sick and wounded being brought back from the Third Fleet's operations against Japan.

Upon cessation of hostilities on Sept. 2, 1945, Duerk and the Benevolence crew took on the task of repatriating liberated Allied prisoners of war, an endeavor that solidified her commitment to nursing and patient care.

Years later, when asked about her service for the Library of Congress' Veteran's History Project, Duerk said, "The time I was aboard the hospital ship and we took the prisoners of war, that was something I will never forget . . . that was the most exciting experience of my whole career."

Thereafter, Duerk was assigned to Naval Hospital Great Lakes until being released from active service in 1946.

In 1951, Duerk returned to active duty serving as a nursing instructor at the Naval Hospital Corps School in Portsmouth, Va. and later as inter-service education coordinator at the Naval Hospital Philadelphia, Penn. Her skills in ward management, surgical nursing and mentoring would be put to use over the next two decades while serving at hospitals in San Diego; and Yokosuka, Japan; at the Recruiting Station in Chicago; and in Wash., D.C.

In May 1970, following assignments as assistant for Nurse Recruitment in the Office of the Deputy Assistant Secretary of Defense (Health Affairs) and assistant head of Medical Placement Liaison (Nurse Corps) at the Bureau of Naval Personnel, Duerk was appointed director of the Navy Nurse Corps.

Over the next five years, Duerk provided direction for the Nurse Corps, updating policies affecting



Navy Medicine and expanding the sphere of nursing into ambulatory care, anesthesia, pediatrics, obstetrics and gynecology.

Her selection to the rank of rear admiral was approved by President Richard Nixon on April 26, 1972. The first woman to be selected for flag rank, she was advanced on June 1, 1972.

Rear Adm. Duerk retired in 1975, but remained a strong advocate for Navy nursing through the remainder of her life.

Duerk was awarded the Naval Reserve Medal, American Campaign Medal; Asiatic-Pacific Campaign Medal with bronze star; World War II Victory Medal; Navy Occupation Service Medal, Asia Clasp; and the National Defense Service Medal with bronze star.

Duerk's biography offers greater insight into her service, it can be found online at the website of the Naval History and Heritage Command here: <http://www.history.navy.mil/browse-by-topic/diversity/women-in-the-navy/first-female-flag-officer.html>

See the entry on Duerk at the Library of Congress Veteran's History Project online here: <http://memory.loc.gov/diglib/vhp/bib/loc.natlib.afc2001001.28852>





## WE WANT TO HEAR FROM YOU!



Dr. Benjamin Greenberg, associate director of the VA Rehabilitation Research and Development Service's Center Neurorestoration and Neurotechnology, or CINN, left, and Dr. Leigh Hochberg, the center's director, at the Providence VA Medical Center in Providence, R.I., prior to the facility's Research Day event, May 17, 2018. CINN's operations were extended for another five years, beginning June 1. (Providence VA Medical Center photo by Winfield Danielson)

Join leadership from the Providence VA Medical Center, VA Benefits Administration Regional Office and the R.I. Office of Veterans Affairs for a...

## VETERANS TOWN HALL MEETING

**When:** Wednesday, Aug. 8, 2018 – 5:30 to 7 p.m.  
**Where:** 5th Floor Auditorium, Main Hospital Building Providence VA Medical Center 830 Chalkstone Ave., Providence, RI 02908  
**Who:** Veterans, Families and Community Partners

Get updates about your health care and benefits, and ask questions.

**VA**



U.S. Department of Veterans Affairs  
 Veterans Health Administration  
 Providence VA Medical Center



Veterans and volunteers kayak past a row of sailing students at Fort Adams State Park in Newport, R.I., Wednesday, July 18, 2018, during the VA New England Healthcare System's Summer Sports Clinic kayaking and sailing event, hosted by the Providence VA Medical Center and the Boston VA Health Care System. More than 40 disabled Veterans travelled to Rhode Island for the clinic, which ran July 16 through 19, and featured adaptive sporting events including kayaking, archery, cycling, fishing, golf and sailing. (Providence VA Medical Center photo by Kimberly DiDonato)

**Upcoming Veteran Events:**  
**NAVY LEAGUE MILITARY APPRECIATION NIGHT AND ANNUAL MEETING, THURSDAY, AUG. 9**—Not necessary to be a member of the Navy League or even affiliated with the sea services to attend. For more information call: 864-4028 or email: milappnight2018@newportnavyleague.us

**SOUTHEASTERN NEW ENGLAND CHAPTER MILITARY OFFICERS ASSOCIATION OF AMERICA LUNCHEON**—August 24 at the Officer's Club onboard NS Newport. Social hour begins at 11:30 with lunch at 12:30. The cost is \$25 and RSVP's must be made by August 21. The luncheon is open to anyone interested in attending. Guest speaker for this event is Rear. Adm. Samuel P. DeBow, Jr., NOAA Retired. Admiral DeBow is a member of the MOAA Board of Directors. For reservations and more information, call (401) 497-0944.

Join us as we remember the  
**"65th Anniversary of the End of the Korean War"**  
 Friday, July 27 at 5:30 pm at McCoy Stadium

The outing will be held in the VIP White Babrecue Tent

Tickets are just \$25 per person and include a barbecue spread of hotdogs, hamburgers, pulled BBQ chicken, mac and cheese, lemonade, ice tea, water and chips.

The first 50 Korean War Veterans to pre-register are free, provided by the Rhode Island Hospice Veterans Partnership

To purchase tickets, please contact Christine Miller at 401-256-2741





## Save The Bay's annual Swim fundraiser takes place Saturday, Aug. 4

benefit Save The Bay's education, restoration and advocacy programs.

NEWPORT, R.I. – July 25, 2018 – At 6:45 a.m. on Saturday, Aug. 4, the first of five waves of swimmers and kayakers participating in Save The Bay's 42nd annual Swim will embark on a 1.7-nautical-mile journey across Narragansett Bay in the non-profit organization's biggest fundraising event of the year. Approximately 500 swimmers and 200 kayakers will begin their passage at the Newport Naval Base—following opening remarks from this year's Swim Ambassador, Olympic athlete Elizabeth Beisel—before making their watery way to Potter Cove in Jamestown.



“The annual Swim provides us with a perfect opportunity to reflect on the progress we, as a community, have made in our efforts to improve Narragansett Bay,” said Save The Bay Executive Director and Swim participant Jonathan Stone.

“In 1977, swimming in the Bay was considered, at best, disgusting and, at worst, downright hazardous,” said Stone. “Now, hundreds of us swim safely alongside marine life in increasingly cleaner waters.”

As one of the most storied open-water events in the country, the Swim attracts nearly 700 participants from more than 25 states, as well as more than 150 local volunteers.

“The Swim is a true community event,” said Save The Bay Events Manager Leanne Danielsen. “Athletes, volunteers and spectators come together as early as sunrise, alongside one of Rhode Island's most recognizable landmarks (the Claiborne Pell Newport Bridge), to support one another during a unique, and ambitious, physical challenge—all in the name of protecting our Bay and in celebration of our coastal resources.”

With a fundraising goal of \$325,000, the Swim is Save The Bay's largest annual fundraiser, providing critical support toward the organization's mission to protect and improve Narragansett Bay and its watershed. Additional support to this year's Swim has been provided by the event's Gold Medal Sponsor, the Waterkeeper Alliance; Silver Medal Sponsor, Blue Cross & Blue Shield of Rhode Island; and Bronze Medal Sponsors Amica Mutual Insurance Company and Rexel Energy Solutions. Proceeds from the Swim

This year's Swim is part of the Waterkeeper Alliance SPLASH Series, presented nationally by Toyota. SPLASH events support Waterkeeper Organizations across the United States by engaging community members and outdoor enthusiasts in local water-based recreational activities like swimming, paddling, kayaking, fishing and much more.

Those interested in getting involved in this event, either by swimming, volunteering or donating, can find out more at: [www.savebay.org](http://www.savebay.org).

Founded in 1970, Save The Bay works to protect and improve Narragansett Bay and its watershed through advocacy, education, and restoration efforts. It envisions a fully swimmable, fishable, healthy Narragansett Bay, accessible to everyone and globally recognized as an environmental treasure.

