



# Navalog

April 5, 2018 Edition

**SPECIAL POINTS OF INTEREST**

NAVFAC/CNIC SEEK EFFICIENCIES

SEXUAL ASSAULT PREVENTION AND RESPONSE MONTH



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### Happy 125th Chief Petty Officer's!

April 1st was the birthday of the Chief Petty Officer (CPO) rank and events were held all around the installation last week leading up to this annual celebration of deck-plate leadership. Above photo shows Chief Petty Officers from commands throughout the installation gathered on the parade deck of the Wheeler Center, Navy Supply Corps School, for morning colors last Wednesday. At right, Chief Petty Officer Carl VanDyke displays his CPO pride with his "Tip of the Spear" shirt while holding the Ensign during morning colors. The CPO's gathered in formation in front of King Hall last Friday morning for colors then an esprit de corps birthday run around Coddington Point. More photos on next page.



# AROUND THE STATION



Command Master Chief Petty Officer Paul King (far right), Naval Station Newport, leads the formation during last Friday morning's CPO birthday run. Chief Petty Officer Carl Van-Dyke carried the National Ensign, Chief Petty Officer Jason Thompson had the Naval Station Newport colors; Gunny Sergeant Bradley Smith carried the Marine Corps Colors and Chief Petty Officer Richard Regulski carried the Navy colors.

*Happy 125th CPO Community!*



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Base Condition Line: 841-2211  
We are always looking for content to share with our community and welcome emailed .jpg images; png formats and word documents—please do not send PDF formatted content.  
**Operational and Exercise Impacts** are often communicated to the public first using the installation Facebook Page—'like' us at: [www.facebook.com/NAVSTANewport](http://www.facebook.com/NAVSTANewport) to stay informed!

**Follow us on twitter @NAVSTANEWPORTRI**



## CNIC, NAVFAC Define New Organizational Relationship to Increase Efficiencies

From Naval Facilities Engineering Command Public Affairs

WASHINGTON (NNS) -- Key leadership with Commander, Navy Installations Command (CNIC) and Naval Facilities Engineering Command (NAVFAC) established new roles and organizational relationships in an effort to efficiently sustain the shore enterprise and support the Navy's overall mission.

Vice Adm. Mary Jackson, commander of Navy Installations Command, and Rear Adm. Bret Muilenburg, commander of NAVFAC, on Feb. 13 signed a joint letter to designate an additional duty assignment for NAVFAC to service as CNIC deputy commander for facilities and environmental.

"In order to close the gap between the Navy's warfighting mission and available resources, we must consistently review and modernize business processes," said Jackson. "This new organizational relationship demonstrates our intent to find creative and innovative solutions to meet the readiness requirements of the warfighters and the fleet, both now and into the future."

The NAVFAC commander's additional duty responsibilities will improve transparency, prioritization, and accountability of NAVFAC-wide performance in execution of CNIC requirements. Additionally, installation public works officers will now be assigned and accountable to CNIC installation commanding officers.

They will also have additional duty responsibilities to the NAVFAC commanding officer for their technical authority.

NAVFAC remains the Shore Facilities Systems Command with the technical and acquisition authorities for facilities life-cycle services to the Navy and Marine Corps, as well as provides many other installation procurement, and engineering services to non-CNIC commands.

CNIC will remain responsible for operating the Navy's shore installations; providing policy and standards. The new roles and organizational relationship between CNIC and NAVFAC will provide more effective customer service to the fleet and warfighter enterprise, while establishing the commander of NAVFAC as the CNIC deputy commander for facilities and environmental.

The new shore command and control enterprise construct, along with the Navy Shore Enterprise Framework, which is currently in development, eliminates confusion regarding responsibility and accountability, and maximizes shore installation readiness through a clear understanding of CNIC's and NAVFAC's distinct roles and authorities.

NAVFAC and the Marine Corps Installations Command leadership are coordinating a similar C2 construct which will codify their relationship.

This new organizational collaboration first transpired in June 2017 when the chief of naval operations tasked the Deputy CNO for Fleet Logistics and Readiness, Vice Adm. Dixon Smith, to lead a study in examining organizational relationships with CNIC and NAVFAC and their roles and responsibilities within the shore domain. The findings resulted in the newly-established organizational changes.

(photo shows CNIC/ NAVFAC led construction of the Navy Supply Corps School)





April is Sexual Assault Awareness and Prevention Month (SAAPM)! We are in our first week of April which means the Department of Defense (DoD) will observe the 14<sup>th</sup> Annual Sexual Assault Awareness and Prevention Month (SAAPM.) This year's theme is "Protecting Our People, Protects Our Mission, Raise Your Voice for Prevention." To learn more about the Navy Sexual Assault and Prevention program (SAPR), your reporting options, resources, and more visit your local Fleet and Family Support Center. Every sailor, civilian and family member plays a part in reducing sexual assault; we encourage all commands to participate in SAAPM. For more information on SAAPM events or for ways your command can get involved around NAVSTA Newport, please contact Allison Agnello, SARC, 841-4426 or Natalie Barone, SAPR VA, 841-6920.

## Navy Observes Sexual Assault Awareness and Prevention Month

From Navy Office of Information

WASHINGTON (NNS) -- Throughout April, the Navy joins the nation in observing Sexual Assault Awareness and Prevention Month (SAAPM).

This year's theme, "Protecting Our People Protects Our Mission," established by the DoD Sexual Assault Awareness and Prevention Office continues to reinforce the idea that our people are our most important strategic resource and that operational success depends on supporting our personnel, protecting our shipmates, and safeguarding team cohesion.

"Sexual assault is a cancer effecting unit cohesion and lethality," said Secretary of the Navy Richard V. Spencer. "The Department of the Navy has come a long way in addressing sexual assault, but until we get to zero, there is still work to be done. My commitment is enduring and fundamental, and my position of intolerance for sexual assault anywhere is unequivocal."

Tolerating toxic behaviors within our ranks impedes our ability to fight and win wars by eroding trust and degrading individuals who contribute to the mission. This awareness month is designed to enhance year-round efforts to eliminate the crime of sexual assault and ensure all Sailors are treated with dignity and respect.

"On our One Navy team, we are dedicated to achieving our best possible performance - we go to our limits. There are no bystanders on our team. On our team, we drive sexual assault to zero," said Chief of Naval Operations Adm. John Richardson. "Sexual assault is a toxic behavior that weakens our team and therefore helps the enemy. On our team, we all build strength and toughness to defeat our enemies. Unit leaders - leading petty officers, chiefs, junior officers - are especially important here - it's why you joined the Navy. No bystanders. Destroy our enemies, not ourselves. End sexual assault."



SAAPM provides the Navy with the opportunity to highlight programs and initiatives that educate Sailors, support victims, and encourage shipmates to take an active role in preventing, reporting, and eliminating sexual assault in the force. Sexual harassment and assault, in person or online, violates the Navy's core values and is not tolerated.

"There is no place for sexual assault in our Navy and Marine Corps," said Ms. Jill V. Loftus, Director of the Navy's Sexual Assault Prevention and Response Office. "We need to be there to instinctively step in when necessary and support those who have been victimized. We must do our part to foster a culture based on respect and professionalism."

In an effort to eliminate instances of sexual assault, Navy leadership has issued guidance on online misconduct, established counselors within the Fleet in addition to family support centers, improved personnel management processes to better respond to occurrences of sexual assault, encouraged bystander intervention, and leveraged technology to remove stigma and barriers associated with seeking help following a sexual assault.

"We're looking at new ways to convey the message," Loftus continued. "We're developing preplanned response cards for junior leaders, we have worked on a graphic novel, and we're looking at training utilizing avatars. There are a lot of new and innovative methods that we're exploring that will engage Sailors and keep them engaged."

The Navy's Sexual Assault Prevention and Response (SAPR) program falls under the purview of the 21st Century Sailor office, which exists to provide Sailors and their families with resources, training, and skills to overcome adversity and improve wellness.

For more information on SAAPM, including more information on how to prevent and report sexual assault, go to [www.navy.mil/saapm](http://www.navy.mil/saapm).



Commanding Officer's from tenant commands all around the installation gathered this morning with Sexual Assault Prevention and Response victim advocates for a proclamation ceremony and cake cutting event officially kicking off SAPR month onboard Naval Station Newport. More photos from today's event will be in next week's Navalog. Stay tuned to social media for information on how you can help end this problem.



The Commanding Officer, Naval Facilities Engineering Command, Mid-Atlantic takes great pleasure in presenting the NAVY MERITORIOUS CIVILIAN SERVICE AWARD to Mr. James (Wes) Clarkson for services as set forth in the following CITATION:

“For meritorious civilian service from August 2012 to August 2017 as Public Works Department (PWD) Newport, Facilities Management Specialist (FMS). During this period, Mr. Clarkson made significant contributions to the installation and our customers at Naval Station Newport. Mr. Clarkson embodies a can-do spirit and commitment as he leaves no stone unturned to solve facility issues and enable the supported command's success.

Mr. Clarkson drove resolution on facility issues enabling the continued execution of mission requirements for Naval Station Newport and the tenant commands. First, his proactive efforts resolved a long standing problem with odor in the Officers' Club. After several unsuccessful attempts to rectify the issue, he

swarmed the issue and diligently researched the problem and analyzed the data. He determined the root cause of the issue and implemented a cost effective solution. Second, he resolved a challenge with flooding that affected Gate 17 access. After studying the problem, he collaborated with in-house shop forces and executed corrective actions. Through his efforts, he saved over \$700,000 in construction costs and several months of continued disruptions to Gate 17 access. Lastly, his ingenuity resulted in solving a critical exhaust issue at the Naval Station Newport's Galley which supports all Officer Candidates and Naval Academy Preparatory School Midshipman Candidates on a daily basis. The ventilation system has advanced technology that presented significant challenges in making necessary repairs. He sought out a contractor with expertise in the system. He facilitated the repairs and coordinated training for the in-house shop team. This proactive approach is typical for Mr. Clarkson and has enabled another lasting solution to support the warfighter mission.

Mr. Clarkson is a dedicated professional and invaluable member of the PWD team. He possesses an outstanding ability to analyze problems and develop efficient and effective solutions. His outstanding customer service is recognized by tenants throughout Naval Station Newport. He is most strongly recommended for the special recognition accorded by the Navy Meritorious Civilian Service Award.



Cmdr. Jeremy Adams, Public Works Officer, Naval Station Newport, presents the Navy Meritorious Civilian Service Award to Ms. James (Wes) Clarkson during a ceremony held last Thursday at Public Works. In addition to this award, Cmdr. Adams recognized many other Public Works employees for their dedication and efforts—those photos will appear in next week's edition.

**Out on the beat....**”On Jan 20th after freezing rain and then a cold morning at Gate 1: Officers Dufault, Kennedy, Holmes and Felder were having a hard time opening the gate. These tools were used to close the gate for repair. As the grass was saturated with rain and the gate sunk into the earth which it made it impossible for us to move the fence as a whole. The weather conditions caused the gate and cylinder block to freeze into the grass making it unable to close for the repair. After some persuasion we were able to close the gate and then reopen the gate for vehicular traffic. This pic was taken to show what we needed to accomplish the task.

Thank goodness that's about to end.” Officer Felder



# FLEET & FAMILY SUPPORT CENTER



Fleet & Family Support Center programs are open for anyone with installation access (priority goes to active duty and their dependents). Some classes require registration in advance so call (401) 841-2283 or stop by building 1260 to register. They are located next to Navy Federal Credit Union.

8	9 Transition GPS MWR Rec Center 0730 - 1700  PFM Awareness Forum, 1000 - 1130	10 Transition GPS MWR Rec Center 0730 - 1700	11 Transition GPS MWR Rec Center 0730 - 1700  Blended Retirement System, 1000 - 1100	12 Transition GPS MWR Rec Center 0730 - 1700  Communication for Life 0930 - 1100	13 Transition GPS MWR Rec Center 0730 - 1700	14
15	16 Develop Your Spending Plan 1400-1530	17 Stress Management, 1330 - 1500	18 Accessing Higher Education, 0800-1600	19 Accessing Higher Education, 0800-1600	20	21
22	23 SAAPM Event, 0800-1600	24 FAP/SAPR CDO, 0800-0900	25 Anger Management, 1000 - 1130	26 FAP Command Leadership Training, 1300 - 1500	27	28
29	30 Ombudsman Basic Training 0800 - 1600	<b>Note: Parenting programs are offered individually or in a classroom, if enough participants. Call for information, 841-2283</b>				

## Chapel of Hope Worship Services and Spiritual Opportunities

### Sundays:

7:45 a.m. Protestant Liturgical Service - (weekly Communion)

9 a.m. Catholic Mass

9 a.m. Bible Study, Chapel Fellowship room

10:30 a.m. Protestant Contemporary Service

1:00 p.m. Catholic Study Group (explores the historical roots of the Roman Catholic Church and how that affects what it means to be Catholic today.)

### Tuesdays:

6:30 p.m. Protestant Woman of the Chapel (PWOC) - all women are welcomed

### Wednesdays:

12 p.m. (noon) Roman Catholic Mass

### Fridays:

12 p.m. (noon) to 3 p.m. Muslim prayer room is available"





## Yellow Ribbon Program helps families yellow-bellied over tuition

Reality has set in. There's no turning back. The kids are going off to college.

And someone has to pay for it.

It all seemed like a distant dream last fall when we signed up for campus tours.

"Sure, we can visit that private university that costs \$68,000 per year," we said, believing that something would intervene — financial aid, scholarships, public outcry, a Martian invasion, the Tooth Fairy — to make college affordable.

Back then, high school graduation was so far off, we didn't need to think it all through. Somehow, it would all work out.

In the meantime, college counselors encouraged our kids to explore their educational dreams regardless of the price, as if military families had unlimited budgets. And as if taking out massive student loans wouldn't translate into our kids living in our basements until they reach their thirties.

Now, here we are in April. The month when high school seniors sort through their acceptance letters, revisit colleges, and make "their choice."

And we, the parents, are hyperventilating into paper bags because we know the bills are coming.

But put down those smelling salts, because the GI Bill and the Yellow Ribbon Program can make college affordable for military families.

Legend has it that one night at the Mayflower Hotel in Washington, D.C., American Legion commander Harry Colmery scribbled an idea on a napkin for military veterans returning from WWII to receive federal unemployment pay, educational benefits, and loans to buy property



to help them adjust after service. That idea eventually became the Servicemen's Readjustment Act, better known as the GI Bill of Rights, which was signed into law by President Franklin Delano Roosevelt on June 22, 1944.

The Bill saw many revisions over the decades, most notably the 1984 Montgomery GI Bill

which added an opt-in program for new recruits, and the 2008 Post 9/11 GI Bill which offered veterans serving on or after September 11, 2001 the ability to transfer unused educational benefits to family members. This expansion also added the Yellow Ribbon Program which allows schools to voluntarily "fund tuition expenses that exceed either the annual maximum cap for private institutions or the resident tuition and fees for a public institution. The institution can contribute up to 50% of those expenses and VA will match the same amount as the institution." (See [https://www.benefits.va.gov/gibill/yellow\\_ribbon/yellow\\_ribbon\\_info\\_schools.asp](https://www.benefits.va.gov/gibill/yellow_ribbon/yellow_ribbon_info_schools.asp).)

And finally, the Harry W. Colmery (the napkin scribbler) Veterans Educational Assistance Act of 2017, known as the "Forever GI Bill," which eliminates the 15-year limit on using benefits for recent enlistees, offers extra money for those pursuing STEM degrees, and includes reservists, surviving dependents, and Purple Heart recipients.

Today, the GI Bill covers about \$22,800 annual tuition plus housing and books for four years. This amount is based on average in-state tuition, but it doesn't cover all costs

at many pricey universities today, which is why the Yellow Ribbon Program is used as a supplement.

When our first child, Hayden was searching for colleges back in 2014, we limited his search to in-state schools and schools that participated in the Yellow Ribbon Program. By searching the state-by-state list of Yellow Ribbon participating schools on the VA website ([https://www.benefits.va.gov/GIBILL/yellow\\_ribbon/yrp\\_list\\_2017.asp](https://www.benefits.va.gov/GIBILL/yellow_ribbon/yrp_list_2017.asp)), Hayden compiled a long list of schools that we could afford using most of my husband's transferred GI Bill benefits.

Thanks to these programs, Hayden will graduate from a top-notch research institution in May with a well-paid job as a software engineer, no significant student loans, and no plans to live in our basement until his thirties. We considered telling our second child, Anna, that that she was limited to what was in the change jar on the kitchen counter, but luckily, she was offered a competitive financial aid package from her university. And as for Lilly, our high school senior who has her heart set on another leafy upstate private college, we still have enough GI Bill benefits left to cover one year of tuition, housing and books.

After that, we may need those smelling salts.

*Lisa's syndicated column appears in military and civilian newspapers including Stars and Stripes, and on her blog at [www.themeatandpotatoesoflife.com](http://www.themeatandpotatoesoflife.com) and can be contacted at [meatandpotatoesoflife@gmail.com](mailto:meatandpotatoesoflife@gmail.com) or on Twitter: [@MolinariWrites](https://twitter.com/MolinariWrites) or 'like' her on Facebook at: <https://facebook.com/TheMeatandPotatoesOfLife>*



## How to Help Your Children Protect Themselves From Sexual Abuse

Talking to your children about their bodies can help protect them from sexual abuse. From the time your children are quite young, have a conversation with them about who can touch them and what to do if they are uncomfortable with someone's touch. To start, establish clear family rules for safe touches and review them with your children often.

### Empower your child

Help your children protect themselves by sharing the information they need to be assertive:

- Teach them to trust their feelings. If they feel badly about the way someone touches them they should say something.
- Coach them to say, "Stop touching me" anytime they feel uncomfortable.
- Instruct them to get away from any person making them uncomfortable.
- Make sure they know to tell you as soon as possible.
- Direct them to tell another trusted adult if you aren't there to help.
- Assure them that you will always believe them.
- Teach them that it is never a child's fault if a grown-up is doing something wrong.

Role-playing is a great way to start a conversation about touch. Through role-play, you and your children can practice the rules for safe touches.

### Role-play with the "What if?" game

Have your child practice responding to dangerous situations with a question-and-answer game called "What if?" Here's how to play:

- Start by asking your children age-appropriate questions. Then, provide the correct answer. Remember that younger children require simpler explanations than older children.
- Focus on making sure they understand the answer and why it's important.
- Next time, ask your children the question and wait for them to respond. Calmly supply the answer when they forget any part of it.

Play this game often — in a low-pressure manner — until your children learn the answers without your prompt.

### Get started with these questions

Here are a few "What if?" game questions to start with:

- What if someone touches you (even someone you know) in a way you don't like?
- What if a grown-up (even someone you know) gives you a big hug, or touches you in any other way, and it makes you feel bad or creepy?
- What if they offer you something you really want, such as candy or a toy, to keep touching a secret?
- What if they tell you that they will hurt you or someone you love if you tell anyone?
- If someone is bothering you at school or in the neighborhood and I am not around, whom should you tell?
- What if someone you tell doesn't believe you or gets mad at you?
- What if an adult does something to you that's wrong and then tells you that it was your fault?

In addition to role-playing, you can begin practicing other techniques with your children to help them understand sexual abuse and what they must do to protect themselves. Talk to your child about safe touches. Find your Family Advocacy Program for support.

# MORALE, WELFARE & RECREATION



www.navywmrnewport.com

Join the MWR Email Blast List email:  
NAVSTANewportRIMWR@gmail.com

NAVSTANewportMWR

@NAVSTANPTRIMWR

### OFFICERS' CLUB, BUILDING 95

OPEN TO ALL PATRONS WITH BASE ACCESS

**Manic Monday** Crazy burger night! All burgers \$8!

**Trio Tuesday** Seaside Trio – stuffie, calamari & crock of chowder - \$12.00

**Wing Wednesday** 50¢ Wings 4-6 p.m. ~ Choose from Buffalo, BBQ or Sweet Chili. Sold in increments of 10.

**Lobster Night** Traditional boiled lobster OR baked stuffed, served with potato, corn on the cob, sausage & onions. *\*\*market price\*\**

**TGIF Friday** ½ price appetizers 4-6 p.m., with the purchase of any beverage! (*\*Appetizers are those items listed under "Beginnings" on the menu; some exclusions may apply.*)

*\*\* Weekly specials & special nights are not available for take-out \*\**

### COMMUNITY RECREATION CENTER, BUILDING 656

OPEN TO ALL PATRONS WITH BASE ACCESS.

Kitchen closes an hour before closing time.

**ALL HANDS LUNCH** Weekdays starting at 11 a.m.  
Check whiteboard for daily specials!

**MONDAY** Fiesta Wrap served with chips or fries \$7,  
11 a.m.-7:30 p.m.

**TUESDAY** All-you-can-eat Taco Buffet \$7,  
11 a.m.-1:30 p.m.

**WEDNESDAY** All-you-can-eat Pizza and Salad  
Buffet \$7.25, 11 a.m.-1:30 p.m.

**THURSDAY** Free fountain soda with any lunch  
purchase, 11 a.m.-1:30 p.m. Chili Cheeseburger  
served with chips or fries \$7.25, 11 a.m.-7:30 p.m.

**FRIDAY** Fried Fish Sandwich, lettuce, tomato and  
tarter sauce with chips or fries \$7.50, 11 a.m.-3 p.m.

### SEAVIEW LANES BOWLING CENTER

OPEN TO ALL PATRONS WITH BASE ACCESS.

*\*per person*

**SUNDAY** Bowl for \$2.50 a game\*. Anyone  
55 or older bowl for \$1 per game\*

**MONDAY** Active duty military bowl for  
\$1 per game\*, 11 a.m.-8 p.m.

**MONDAYS-FRIDAYS 11 a.m. - 3:30 p.m.**  
Children 18 and under bowl for \$1 per game\*,  
adults bowl for \$2 per game\*

**TUESDAY** League, no lanes available after 5:30 p.m.

**WEDNESDAY** Xtreme Bowling...We turn on  
glow-in-the-dark lights, laser-spin lights and turn  
up the tunes...starts at 5 p.m.

**THURSDAY** League, no lanes available after 5 p.m.

**SATURDAY** Xtreme Bowling...We turn on  
glow-in-the-dark lights, laser-spin lights and turn  
up the tunes...starts at 5 p.m.

## Winter ENTERTAINMENT

# COMEDY SHOW

**Kelly MacFarland**  
Officers' Club Grand Ballroom  
Wednesday, April 11  
7-8:30 p.m.

Free show and open to all patrons with base access. Comedy show is geared for adult entertainment, some word choices are not family friendly. Topside menu will be available to order from starting at 5:30 p.m. Reservations are encouraged and accepted. For more information, call (401) 841-1442.

## American Red Cross

### Babysitter's Training

**Wednesday, April 18 & Friday, April 20 8:30 a.m.-5 p.m.**

Naval Station Newport Child & Youth Program (CYP) is offering the American Red Cross Babysitter's training to eligible teens who are ages 13-17 (military and DoD Civilian dependents). The training will be held in the Teen Center, Building 1297, second floor. Instructed by current authorized American Red Cross Babysitter's Training Instructors. Teens must register by calling School Age Care at (401) 841-2883 no later than Friday, April 13. Teens must attend all class sessions, participate in all skill sessions and activities, and demonstrate competency in all observable skills. There is no fee and all materials are provided. Bring your own bagged lunch.

## MURDER MYSTERY DINNER

**Wed., April 25**  
**Officers' Club**  
**6-9 p.m.**

**MIDNIGHT AT THE MASQUERADE**  
A MASQUERADE MURDER MYSTERY DINNER

Interactive crowd participation to solve the MYSTERY!!!!

\$40.00 per person, includes dinner & show

Open to all patrons with base access. Make a reservation at the Officers' Club 9-11 a.m. & 2-5 p.m., or call (401) 841-1441.

# NOW HEAR THIS



## NS NEWPORT BLOOD DRIVES

There is one more on-base blood drive scheduled for this month:

- April 10 from 11 a.m. to 2 p.m.; Surface Warfare Officer's School Mullen Auditorium
- April 19 from 9 a.m. to 4 p.m., Naval Undersea Warfare Center, Bldg 990 (must have access to NUWC to donate)

March 28: Officer Training Command Newport from noon to 4 p.m. inside Kay Hall

*Remember—you do NOT have to be assigned to the command that is hosting the drive to donate—just show up and drop off a pint!*

Any questions about donating please call 401-453-8307 (M-F 8 a.m.-4 p.m.) Each donation helps three lives.



## **NEXS TO AGAIN SELL NAVY-MARINE CORPS RELIEF SOCIETY BENEFIT COUPON**

From March 22 – April 22, 2018, customers at select NEXs will be able to take advantage of a great sale event and support the Navy-Marine Corps Relief Society (NMCRS) by purchasing a \$5 benefit coupon. This coupon entitles customers to specific percent-off discounts applied to a one-time NEX purchase from April 20 – 22, 2018. The entire \$5 donation will be passed onto NMCRS on behalf of NEX customers.

“Our partnership with the Navy Exchange Service Command is important because we share a common mission, to support Sea Service members and their families” said Adm. Steve Abbot (Ret), President and CEO, Navy-Marine Corps Relief Society. “Their annual coupon sale to benefit the Navy-Marine Corps Relief Society supports the Society’s interest-free loans and grants for Sailors and Marines in need, and allows Navy and Marine Corps families to enjoy significant savings on their NEX purchases during the redemption period. That’s a win-win!”

The coupon is valid for one-time use in-store only and is limited to \$1,000 total discount. For more information, speak to a NEX associate.

**The 2018 Navy-Marine Corps Relief Society Fund Drive is still underway! This is truly a “by our own-for our own” fund drive with all proceeds going directly back to help Sailors and Marines and their families. 100% of active duty military should be contacted to donate but ANYONE can give—go to: [www.nmcrsfunddrive.org](http://www.nmcrsfunddrive.org) As of today, NS Newport Commands have pledged over \$27,000. towards helping our own men and women along the way. Give TODAY**

On Friday, April 20, Fenway Park will play host to the historic Army - Navy rivalry! Starting at 6 p.m., the Army Black Knights baseball team will take on the Midshipmen of the United States Naval Academy.

Tickets are just \$10. Net proceeds from the game will benefit Home Base, a Red Sox Foundation and Massachusetts General Hospital Program that heals the invisible wounds of war for Veterans, Service Members and



### FRIDAY, APRIL 20

Fenway Park • 6 PM • \$10

**VISIT [REDSOX.COM/ARMYNAVY](http://REDSOX.COM/ARMYNAVY)**

*Proceeds Benefit Home Base, a Red Sox Foundation and Massachusetts General Hospital Program*



their Families. The event is general admission, which means you can take your entire crew to Fenway and get up close and personal to the players on the field. It's sure to be a great night in the park! All Military in uniform will be granted entry for free. We hope to see you there! To purchase tickets, visit [redsox.com/armynavy](http://redsox.com/armynavy) <<http://www.redsox.com/armynavy>>



## ON BASE UPDATES:

**Gate Hours:** Following are **routine** gate hours:

**Gate 1:** open 7 days a week/24 hours a day for routine traffic.

**Gate 2:** Open for a.m. commute Mon-Fri from 6:30 to 8:30 a.m. to alleviate Gate 1 backups.

**Gate 17:** Open Mon-Fri from 6 a.m. to 6 p.m.—commercial vehicles should use Gate 17.

**Gate 7:** NHCNE Gate, open Mon-Fri 6 a.m. to 6 p.m.

**Gate 23:** NUWC Gate open 24/7 for commuters.

**Gate 32:** Open Mon-Fri 6:30 to 9 a.m. and 3:30 to 5:30 p.m. for commuters.



**ATTENTION MOTORCYCLISTS:** If military personnel ride motorcycles, it is mandatory they sign up for a safety class and be current in their training. It is optional for civilians. There are two ways to sign up for a class and to see the schedule, either through ESAMS, or [www.navymotorcyclerider.com](http://www.navymotorcyclerider.com). Call 841-1390 for more information.

## Motorcycle Rider Courses available at Naval Station begin next month

Date	Time	Duration	Subject
Apr 7 & 8	730 - 1700	2 days	Motorcycle Safety Foundation Basic Rider Course (BRC)
Apr 14	730 - 1430	1 day	Motorcycle Safety Foundation Experienced Rider Course (BRC 2)
Apr 21 & 22	730 - 1700	2 days	Motorcycle Safety Foundation Basic Rider Course (BRC)
Apr 28	730 - 1430	1 day	Motorcycle Safety Foundation Experienced Rider Course (BRC 2)

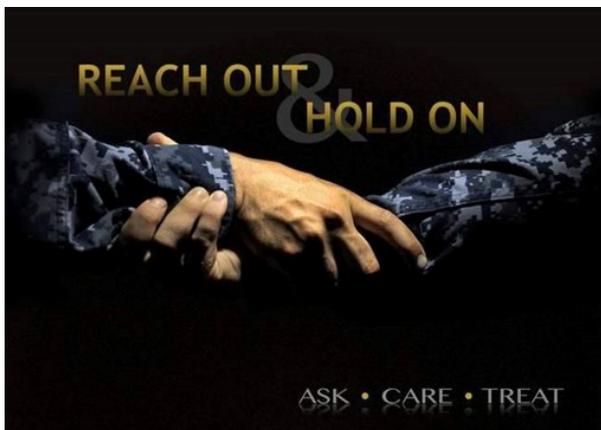


**BRC:** The BRC course is a Level I course and is intended to provide novice riders the skills and knowledge needed to obtain a driver license motorcycle endorsement, any course approved by any of the other Services, or any entry level rider training course approved by OPNAV N09F / COMNAVSAFECEN.

**BRC 2:** The BRC 2 course is a Level II course and is intended to build upon the skills and knowledge that riders obtain in level I courses.

**Follow-on Training:** All Sailors who operate motorcycles shall complete Level II training within 60 days of completion of Level I training or upon changing the type of motorcycle ridden. Motorcycle operators who are properly licensed and have completed Level I training may immediately enroll in and complete Level II training.

**Refresher Training:** All Sailors who operate motorcycles shall complete Level II or Level III refresher training every three (3) years. If Level II or Level III training is unavailable any OPNAV N09F/COMNAVSAFECEN approved course may be substituted."





## APRIL CALENDAR OF EVENTS:

April 6, 1 p.m. “Rhode Island Vietnam Veterans Day” celebration, Providence State House, Assembly Hall, 82 Smith Street. Guest Speakers: Mr. Rick Weidman, National Chief Legislative Lobbyist, Vietnam Veterans of America, and Dr. Linda Spoonster-Schwartz, RN, Ph.D., who served as a Nurse at the hospital in Japan where many wounded servicemen were sent before returning home to CONUS. Dr. Spoonster-Schwartz is an expert regarding Women Veteran Health Issues and is the former Commissioner of Veteran Services for the State of Connecticut. Dr. Spoonster-Schwartz lives in Norwalk, Connecticut.

April 7, 9 a.m. to 4 p.m. “Yellow Ribbon Event,” 43rd Military Police Battalion, The Cambria Hotel, 240 Aquidneck Avenue, Middletown, RI. Point of contact is Specialist Luisa Young at 401.275.1253, or via email at [luisa.m.young2.mil@mail.mil](mailto:luisa.m.young2.mil@mail.mil) <<mailto:luisa.m.young2.mil@mail.mil>> .

April 14, 1 to 2:30 p.m. “Middletown VA Clinic Open House & Town Hall”, VA Clinic, One Corporate Place, Middletown, RI.

April 20, 10 a.m. to 3:30 p.m. “Edge4Vets Workshop,” Community College of RI, Knight Campus, 400 East Avenue, Warwick. Edge4Vets is offered by the Human Resiliency Institute at Fordham University’s Gabelli School of Business. This hands-on workshop teaches service members how to translate their military skills and experiences into characteristics and skills sought by civilian employers. Parking remains free. To register go to their website at [EDGE4VETS.org](http://EDGE4VETS.org).

April 20 – 22, “Post-Traumatic Stress Disorder (PTSD) Retreat,” Grotonwood Camp & Conference Center, 167 Prescott Street, Groton, Massachusetts. You can register for this retreat today at [www.ProjectNewHopeMA.org/Retreats](http://www.ProjectNewHopeMA.org/Retreats). For more information and/or questions, please call 774.243.7859.

April 20, 2 to 3 p.m. , “Monthly Transition & Care Management Community Task Force Meeting”, Providence VA Medical Center, 5th Floor, Classroom #3, 830 Chalkstone Avenue. Point of contact is Erin Butler at 401.273.7100, Extension 6137, or via email at [erin.butler2@va.gov](mailto:erin.butler2@va.gov).

April 23rd, US Army Reserve Birthday

April 27, 10 a.m. to 1 p.m., “Spring into Health Resource Fair”, Providence VA Medical Center (PVAMC), Homeless Patient-Aligned Care Team (HPACT) Clinic, T-37, 830 Chalkstone Avenue, presented by the PVAMC HPACT & Operation Stand Down Rhode Island. Lunch will be provided. Point of contact is Win Danielson at 401.457.3369, or via email at [winfield.danielsonIII@va.gov](mailto:winfield.danielsonIII@va.gov).

April 28, 1 to 2:30 p.m., “New Bedford VA Clinic Open House & Town Hall”, VA Clinic, 175 Elm Street, New Bedford, MA.



ARLINGTON, Va. (April 4, 2017) Sailors assigned to the U.S. Navy Ceremonial Guard fold the national ensign during the funeral for Capt. Thomas J. Hudner Jr. at Arlington National Cemetery. Hudner was awarded the Medal of Honor for his actions in trying to save the life of his wingman during the Battle of Chosin Reservoir during the Korean War. (U.S. Navy photo by Mass Communication Specialist 3rd Class Raymond Minami/Released)

*(Capt. Hudner was a frequent visitor to the installation and was known and respected by many—he will be missed.)*