



Navalog

When Every Training Hour Counts...

March 15, 2018 Edition

SPECIAL POINTS OF INTEREST

**ST. PATRICK'S DAY
NAVY/MARINE CORPS
PRIDE**

ROAD UPDATES

**NUWC ECONOMIC
IMPACT IMMENSE**



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Officer Candidate School (OCS) medical in-processing starts with paperwork for class 11-18 at Naval Health Clinic New England (NHCNE) on February 25, 2018. (photo by Edward Oestreicher)

Naval Health Clinic New England (NHCNE) expedites Officer Candidate School medical in-processing

By Kathy MacKnight, NHCNE Public Affairs

Identifying the potential for improvement, NHCNE chartered a Lean Six Sigma (LSS) Officer Candidate School (OCS) medical in-processing project where medical assessments of Officer Candidates have been streamlined from a process occurring over multiple days to processing in a little less than four and a half hours for the Non-Special OCS students.

The assessments are done on weekends or holidays when NHCNE's Dewert Clinic is not seeing regular patients.

Edward Oestreicher, Ph. D., LSS Master Black Belt, Mark Schellenberg, LSS Black Belt, and approximately 25 staff members have spent over 100 hours



working to streamline the process. Schellenberg said, "After 'process mapping', 'walking the process', 'measuring touch times', and 'applying cause and effect analysis' to identify and mitigate variables that create inefficiency, we've redesigned the process to reduce candidate waiting time by stream-lining their flow through multiple medical evaluation stations.



As a result, waiting times for the officer candidates have been reduced upwards of 80%, with some potential efficiency still to be gained.” Ultimately, it is essential to determine Officer Candidate physical qualifications and the identification of physical conditions that require specialty evaluation and potential waiver requests as quickly as possible in order to facilitate specialty designation and timely graduation and commissioning.

In FY17, there were 56 students placed on Personnel Hold awaiting a medical determination. Edward Oestreicher stated that, “NHCNE’s newly designed process will enable the elimination of days in a Personnel Hold status due to ‘earlier’ determinations and re-designation of candidates due to medical issues related to their chosen designator/ areas of specialties.”

“The potential for savings in days and time spent ‘waiting’ could yield a potential savings of \$1.5 million to even larger savings of over \$3 million to our taxpayers,” Oestreicher said.

NHCNE staff members have also benefited from the new OCS medical in-processing schedule. The pro-



Blood draws in the laboratory are one of six clinical rotations for the OCS students. (photo by HM2 Marcelo Castellon)

cess has enhanced morale, teamwork and partnerships by using tools focused on the ‘Voice of the Customer’ and forging relationships between King Hall, the OCS Candidates, Dewert Clinic staff and Officer Training Command Newport (OTCN).

Additionally, four Corpsmen have been trained in audiology which enhances cross training and better efficiencies, and due to OCS in-processing being conducted during non-clinical hours, the result is less workload throughout the week of OCS.

NHCNE’s patients and beneficiaries have noticed faster access to laboratory, radiology and audiology services with OCS’s new weekend in-processing schedule, facilitating more focused and consistent customer service.

Captain Phillip Sanchez, NHCNE’s commanding officer, stated, “I am proud of what our team is doing to ensure a Medical Ready Force. Our primary mission is readiness and this project addresses that ‘head on.’”

NHCNE serves approximately 25,000 enrollees and 7,200 active duty students and OP Forces in the Northeast Region. Command headquarters and outpatient clinics are located across four states in the New England region.



Students make the most of their time in line waiting to proceed with medical in-processing at NHCNE. (photo by Kathy MacKnight)

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Follow us on twitter [@NAVSTANEWPORTRI](https://twitter.com/NAVSTANEWPORTRI)



Base Condition Line: 841-2211

We are always looking for content to share with our community and welcome emailed .jpg images; png formats and word documents—please do not send PDF formatted content.

Operational and Exercise Impacts are often communicated to the public first using the installation Facebook Page— ‘like’ us at: www.facebook.com/NAVSTANewport to stay informed!



Naval Undersea Warfare Center Newport's impact on economy more than \$1 billion in 2017

The total funded program of the Naval Undersea Warfare Center (NUWC) Division Newport reached \$1.17 billion in 2017. Of its total operating budget, \$909.8 million was spent by NUWC Newport in payroll, construction, facility support, and local contracts. The command is the largest federal activity in R.I. in terms of personnel and payroll.

during the year exceeding \$352 million. The breakdown included \$281.9 million awarded to Rhode Island-based businesses, \$55.2 million issued to Massachusetts-based companies, and \$14.8 million obligated to Connecticut businesses. Construction contracts totaled over \$13 million, with an additional \$34.6 million spent on facility support contracts.

NUWC Newport is a shore command of the U.S. Navy within the Naval Sea Systems Command, which engineers, builds and supports America's fleet of ships and combat systems. NUWC Newport provides research, development, test and evaluation, engineering and fleet



AUTEC Hydrophone testing



Supporting Fleet Installations



Platform and Payload Integration lab

NUWC Newport's employee base includes 3,212 government civilian employees and 41 military members with a total gross payroll of \$343.4 million. Of the full-time government civilian staff, 74 percent are classified as scientists or engineers and approximately 28 percent have graduate degrees.

In addition to the government workforce, NUWC Newport contracted for approximately 2,543 work years during 2017 from companies located in R.I., Mass., and Conn., bringing its combined government and contractor workforce to more than 5,755 positions.

Money spent for contracts totaled approximately \$519 million, with contracts obligated to Southern New England companies



AUTEC Maintenance

support for submarines, autonomous underwater systems, undersea offensive and defensive weapons systems, and countermeasures associated with undersea warfare.

NUWC Newport is the oldest warfare center in the country, tracing its heritage to the Naval Torpedo Station that was established on Goat Island in Newport Harbor in 1869. Commanded by Capt. Michael Coughlin, NUWC Newport maintains major detachments in West Palm Beach, Fla., and Andros Island in the Bahamas, as well as test facilities at Seneca Lake and Fisher's Island, N.Y. and Dodge Pond, Conn. (photos and story courtesy of NUWC Public Affairs)



PROCEED WITH CAUTION—UPDATE ON DEFENSE HIGHWAY



closing both lanes of the road between slightly north of Gate 32 through the intersection of Stringham Rd.. The work will be done **OVER TWO FULL DAYS** beginning at 9 a.m. on day ONE and reopening at 6 a.m. on day THREE.

The Navy has a long history with this stretch of road.

Defense Highway used to our main corridor between the training base, piers and logistical/ administrative facilities and the tank farms and Melville Training area when the Ocean State Navy included the Atlantic Fleet. As a result of the 1973 Shore Realignment, the Atlantic Fleet was ordered to relocate and the need for all of that real estate, fuel and specialized training no longer existed. The Navy continues to work on the tank farms solely for the purpose of cleaning them up as part of our installation restoration program (www.rabnewportri.org).

We no longer have any land-based operational facilities north of Greene Lane.

Defense Highway was initially included in the BRAC 2005 recommendation to be declared excess property for the base but there was no external interest shown in acquisition of it so it was removed from the list. It's a complicated issue but we are exploring options and working with the



community on some possible solutions to the question of how to perform long term maintenance on this road.

The commanding officer of the installation prioritizes resources towards funding efforts in direct support of the installation mission and the personnel who live and work onboard the installation. Public Works is aware of the potholes and is working to repair them and keep the road plowed during storms.

Please continue to obey posted speed limits and to even drive slower than posted in consideration for the hazards which appear to be increasing daily with more snow and cold forecasted for next week.

To wrap this up on a positive note, Spring officially begins next Tuesday.

By NS Newport Public Affairs

The northbound lane of Defense Highway, between Greene Lane in Middletown and the intersection of Stringham Rd. in Portsmouth, was closed last Friday due to extensive surface deterioration (potholes). Naval Station Newport Public Works has been working hard to keep up with the damage but this season has been wreaking havoc on the roads on and off the base.

There was a plan in place to perform some hot-patching on the entire road this week but Wednesday's storm prevented that from happening. Until we see some dryer weather and the asphalt plants begin producing hot asphalt for patching, the north bound lane will remain closed. Hot-patch material will not affix to a wet surface with any durability so we will be watching the forecasts closely. *Southbound traffic is not yet affected but, again, vehicle operators are cautioned to proceed slowly.*

We will provide AT LEAST 24 hour advance notice prior to starting the work which will require





Over 75 patrons stopped by the Taste of New England last Wednesday at the Officers' Club and enjoyed free food samples like protein balls and smoothies from the John H. Chafee Fitness Center, also pizza and wraps from the Community Recreation Center and whiskey burger balls from Crazy Burger. Christine McCormick, Navy Federal Credit Union Senior Member Service Representative, Branch Operations mans her table along with representatives from Salve Regina, Crazy Burger, CCRI, Sprint, US Family Health Plan, Sprint and several more businesses. (photo courtesy of MWR)

Women's History Month Brunch

Ney Hall Galley

Wednesday, March 21, 11 a.m. to 1 p.m., \$5.60 each

Rib Eye Steak

Chicken Wraps

Stuffed Shells

Garlic Fried Rice

Peas & Carrots

Club Spinach

Chicken w/ Wild Rice Soup



Omelet Bar

Waffle Bar

Whip Topping/Blueberry/Apple/ Strawberry/ Cherry Toppings

This special meal is open to anyone with routine installation access and their guests. Come out and celebrate Women!



This week is a Saint Patrick's Day Celebration at the Commissary with Corn Beef in the Meat Department, Fresh Cabbage, Potatoes and all the Fresh Veggies in the Produce Department.... but the show is owned by their Bakery with Fresh Irish Soda Bread, Hot Cross Buns, leprechaun cookies and a wonderful collection of Green goodies....

Next on to Easter!





BIG NEWS FOR THE SUPPLY CORPS!

Capt. Doug Noble, Commanding Officer, Navy Supply Corps School and Capt. Kristen Fabry, previous commanding officer of the school, were each selected to promote to Rear Admiral on Monday. The pair are shown here during their change of command held July 15, 2016 at the schoolhouse! BZ to both leaders!



FLEET & FAMILY SUPPORT CENTER

Fleet & Family Support Center programs are open for anyone with installation access (priority goes to active duty and their dependents). Some classes require registration in advance so call (401) 841-2283 or stop by building 1260 to register. They are located next to Navy Federal Credit Union.



18	19	20	21 Communication for Life, 1430 - 1600	22	23	24
25	26	27 FAP/SAPR CDO Training, 0800-0900	28	29 Anger Management, 1300 - 1430	30	31

Chapel of Hope Worship Services and Spiritual Opportunities

Sundays:

- 7:45 a.m. Protestant Liturgical Service - (weekly Communion)
- 9 a.m. Catholic Mass
- 9 a.m. Bible Study, Chapel Fellowship room
- 10:30 a.m. Protestant Contemporary Service
- 1:00 p.m. Catholic Study Group *(NEW)*

Tuesdays:

- 6:30 p.m. Protestant Woman of the Chapel (PWOC) - all women are welcomed

Wednesdays:

- 12 p.m. (noon) Roman Catholic Mass

Fridays:

- 12 p.m. (noon) to 3 p.m. Muslim prayer room is available



"A new Roman Catholic Study Group meets Sunday afternoons to explore the historical roots of the Roman Catholic Church and how that affects what it means to be Catholic today."



Lisa Smith
Molinari

Turns out, civilians are people, too

I never imagined that our family's old minivan — the budget-friendly 2005 Toyota with embarrassing filth ground into her carpets, a spider infestation, and a pizza box once taped over a broken window — would one day teach me a profound lesson about the innate goodness of the human race.

But it happened last week.

Despite the fact that our minivan has safely transported our family during many tours of duty, I've been longing for an upgrade. She served us faithfully, never quitting when the kids upchucked onto her upholstery or dropped sticky fruit snacks between her seats. Her dashboard sometimes lit up like a Christmas tree, but her engine never quit. She never left us stranded, whether negotiating the pristine autobahns of Stuttgart or the dicey inner-city streets near our kids' school in Jacksonville.

But when we got orders to the Naval War College in fancy-schmancy Newport, Rhode Island, our minivan stuck out like a sore thumb. Our public school kids were offered scholarships to become day students at a prestigious local boarding school. As "the military kids" among mostly privileged students, they were a novelty at first, but they soon fit in just like everyone else.

Well, almost.

I'd show up to school drop offs in our bedraggled minivan, making a scene among the shiny european imports driven by the other parents. To make matters worse, the doors froze shut on cold mornings, requiring our kids to climb in and out of the hatchback door.

So when news of Winter Storm Riley hit last week, I parked our minivan under a big tree in our front yard, and prayed for Mother Nature to put her out of our misery. But,

alas, not so much as a twig fell on her dull, pitted hood.

The next day, my husband, Francis, and I drove to the school to watch the semi-final basketball game. Driving past Audis, Range Rovers, and BMWs, we found the only parking spot left in a grassy area behind the field house.

When the game was over, we snuck out a back door to our waiting van.

"Oh crap," Francis barked from the driver's seat, "she's stuck in the mud!"

Sure enough, when Francis pressed the gas, the wheels oozed deeper into the storm-saturated earth. Francis got out to push, but this only aggravated his sciatica. I pitched handfuls of gravel into the sloppy ruts, and shoved an abandoned two-by-four under the wheel. But nothing worked.

Francis and I were mortified. Not only did we own the most unsightly vehicle in the parking lot, but we were also making a scene, revving the old heap's engine, splattering mud, and gouging the pristine grounds of the historic campus.

Regardless of our shame, we needed help. The useless revving of the engine finally attracted other parents, and soon four couples were pushing our front bumper with all their might.

"One, two, three!" I bellowed. They groaned and shoved against mushy turf while I hit the gas. Strangers brought bundles of sticks, sheets of plywood, and rubber floor mats for traction. But after many attempts to free our heap from the sludge, our makeshift team had nothing to show for itself but destroyed shoes and soil-splattered clothing.

Defeated but touched by our fellow parents' kindness, we called for



a tow-truck, and bid the good Samaritans adieu.

Driving home after the fiasco, I was ashamed that I'd thought the parents at our school would avoid helping us. I knew about the "military-civilian divide" and I'd assumed it was all their fault. "Civilians don't understand us. Civilians won't give us a chance. Civilians don't respect our sacrifices," I'd thought.

Perhaps it's not fair to place all the blame on them. Military communities can be insular, and we often behave as if we've cornered the market on service and honor. However, our civilian neighbors deserve the same understanding and compassion that we demand from them so vehemently.

It took our minivan 216,370 odometer miles to teach us that respect is a two-way street, but I gratefully patted her dashboard, as we parked her back under the big tree to await the next storm.

Lisa's syndicated column appears in military and civilian newspapers including Stars and Stripes, and on her blog at

www.themeatandpotatoesoflife.com

and can be contacted at

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or on Twitter: [@MolinariWrites](https://twitter.com/MolinariWrites) or 'like' her on Facebook at:

<https://facebook.com/>

[TheMeatandPotatoesofLife](https://facebook.com/TheMeatandPotatoesofLife)



Seize Your Move With the Relocation Assistance Program

Taking command of your move means knowing where to turn for support. Relocation assistance professionals can help families plan, address questions and provide access to resources related to moving. Check in with your installation's Military and Family Support Center for services offered through the Relocation Assistance Program or other resources that may be of benefit.



Workshops and moving tools

The program provides support to service members and their families as they make a permanent change of station, or PCS, move. Relocation assistance professionals are part of families' network of support. They offer counseling, planning assistance, referrals and education on how to minimize the stress and maximize the benefits of a move.

Your current and new installations likely offer several classes and tools to help you master your move and embrace your new home. These offerings often include pre-departure briefings – sometimes called "Smooth Move" classes – as well as newcomer orientations, information on child care, employment for spouses, and various workshops.

The Relocation Assistance Program office also can connect you with the installation's loan closet (varies by installation) which can provide you with household essentials until your own goods catch up with your move.

One-on-one help

Nothing's better than one-on-one assistance from an expert. It can be especially helpful if this is your first PCS move, first overseas move, if you have a special circumstance or need to set a budget. Let the experts with the Relocation Assistance Program walk you through the process and connect you to moving resources like the Relocation Budget Planner.

Participate in the sponsorship program, where you benefit from a sponsor who knows the lay of the land, can answer questions and help you get settled in quickly so you can begin exploring and getting your feet wet. If this isn't your first PCS, consider becoming a sponsor yourself.

Individual circumstances

Foreign-born spouses: Whether you're a newlywed or moving for the first time since tying the knot, the Relocation Assistance Program can help you and your spouse with classes and referrals about immigration and naturalization processes. Relocation service providers can also help you find English language programs, translation services and advice on how to get around the local area. Learn more about support for foreign-born spouses.

Special needs: If you have a child or family member enrolled in the Exceptional Family Member Program, you know how important it is to find the right support for your family on your new installation. The Relocation Assistance Program can help ensure you have the information and resources you need – before you arrive.

Your final military move: Your last move should be your easiest, right? For most service members leaving the military, either at retirement or at the end of active service separation, a final move at government expense is authorized. You may also be entitled to other benefits including storage of household goods, travel allowances and a per diem – but benefits can vary by service branch. The Relocation Assistance Program can help you and your family complete all the required tasks and paperwork to take full advantage of the available resources.

Emergency financial assistance: A move can sometimes put you in a tight financial spot. Relocation service providers can connect you with the Personal Financial Management Program on your installation or refer you to organizations that offer emergency financial assistance.

No matter where you're headed, the Relocation Assistance Program can help with the heavy lifting. To find your nearest program and a relocation specialist, go to www.militaryonesource.mil, then select "Master your move with confidence this PCS season" on the bottom of the page. Lean on relocation assistance professionals so you can seize your adventure and master your move.

MORALE, WELFARE & RECREATION



www.navywmrnewport.com

Join the MWR Email Blast List email:
NAVSTANewportRIMWR@gmail.com

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@NAVSTANPTRIMWR

OFFICERS' CLUB, BUILDING 95

OPEN TO ALL PATRONS WITH BASE ACCESS

Manic Monday Crazy burger night! All burgers \$8!

Trio Tuesday Seaside Trio – stuffie, calamari & crock of chowder - \$12.00

Wing Wednesday 50¢ Wings 4-6 p.m. ~ Choose from Buffalo, BBQ or Sweet Chili. Sold in increments of 10.

Lobster Night Traditional boiled lobster OR baked stuffed, served with potato, corn on the cob, sausage & onions. ****market price****

TGIF Friday ½ price appetizers 4-6 p.m., with the purchase of any beverage! (*Appetizers are those items listed under "Beginnings" on the menu; some exclusions may apply.)

**** Weekly specials & special nights are not available for take-out ****

COMMUNITY RECREATION CENTER, BUILDING 656

OPEN TO ALL PATRONS WITH BASE ACCESS.

Kitchen closes an hour before closing time.

ALL HANDS LUNCH Weekdays starting at 11 a.m. Check whiteboard for daily specials!

MONDAY Fiesta Wrap served with chips or fries \$7, 11 a.m.-7:30 p.m.

TUESDAY All-you-can-eat Taco Buffet \$7, 11 a.m.-1:30 p.m.

WEDNESDAY All-you-can-eat Pizza and Salad Buffet \$7.25, 11 a.m.-1:30 p.m.

THURSDAY Free fountain soda with any lunch purchase, 11 a.m.-1:30 p.m. Chili Cheeseburger served with chips or fries \$7.25, 11 a.m.-7:30 p.m.

FRIDAY Pepperoni Pizza Grilled Cheese with chips or fries \$5.75, 11 a.m.-3 p.m.

SEAVIEW LANES BOWLING CENTER

OPEN TO ALL PATRONS WITH BASE ACCESS.

**per person*

SUNDAY Bowl for \$2.50 a game*. Anyone 55 or older bowl for \$1 per game*

MONDAY Active duty military bowl for \$1 per game*, 11 a.m.-8 p.m.

MONDAYS-FRIDAYS 11 a.m. - 3:30 p.m. Children 18 and under bowl for \$1 per game*, adults bowl for \$2 per game*

TUESDAY NIGHT BOWLING LEAGUE

No lanes available after 5:30 p.m.

WEDNESDAY Xtreme Bowling...We turn on glow-in-the-dark lights, laser-spin lights and turn up the tunes...it's like a glow-in-the-dark disco! \$3 per game* from 5-8 p.m.

THURSDAY NIGHT INTRAMURAL BOWLING LEAGUE

January 25-March 22, Teams of three, \$5 per person per week - includes three games & shoes!

Happy St. Patrick's Day!

FRIDAY, MARCH 16
Appetizer & bar specials...
Corned Beef & Cabbage served all day.
For more information, call (401) 841-1442.

Irish music performed by **PATCHY GAUBEENS**
5-8 p.m.

Family Bowling Event
Seaview Lanes Bowling Center

Sunday, March 18 • 12 - 2 p.m.

\$1 per game* & \$1 shoe rental*
\$3 lunch special - Grilled cheese and a juice box or fountain soda *per person

•Arts & Crafts • Games • Pirate Puppet Cartoons

For more information, call (401) 841-4293.

MWR has eight tickets to each Red Sox weekend home game (opening & Patriots' Day), four Loge Box and four Field Box. Tickets will go on sale at Seaview Lanes Bowling Center on the following days:

Active duty personnel only: Wednesday, March 21 – 5-7 p.m. and Thursday, March 22 – 11 a.m. -1 p.m.

Open to all MWR authorized patrons to purchase on: Friday, March 23 – 11 a.m.-1 p.m.

Tickets must be purchased in pairs. Ticket information can be found on the events calendar at www.navywmrnewport.com. Questions, call (401) 841-2094.



Pictures with the Easter Bunny
Saturday, March 24, 11 a.m.-1 p.m.
Seaview Lanes Bowling Center
One complimentary picture and arts & crafts!

\$5 Bowling Special:
One game of bowling, shoes, a slice of pizza and a fountain soda!
For details, call (401) 841-4293.

The Department of the Navy does not endorse any company, sponsor or their products or services.

Sprint

TELL US HOW WE ARE DOING!

<https://www.surveymonkey.com/r/NewportFitness>
<https://www.surveymonkey.com/r/NewportRecCenter>
<https://www.surveymonkey.com/r/NewportCommRec>



DID YOU KNOW?

While 71% of Americans have a home fire escape plan, only 47% of those have practiced it. One-third of American households who made one estimated they would have at least 6 minutes before a fire in their home would become life-threatening; the time available to get out is usually much less. Only 8% of respondents said their first thought on hearing a smoke alarm was to get out.

NS NEWPORT BLOOD DRIVES

There is one more on-base blood drive scheduled for this month:

March 28: Officer Training Command Newport from noon to 4 p.m. inside Kay Hall

Remember—you do NOT have to be assigned to the command that is hosting the drive to donate—just show up and drop off a pint!

Any questions about donating please call 401-453-8307 (M-F 8 a.m-4 p.m.) Each donation helps three lives.



SUMMER UNIFORM SHIFT?

The question has come up so... The instruction dictates uniform shift to summer uniforms at 0001 on the last Monday of each April (which will be 0001 on Monday April 30 this year). Likewise, we shift to winter uniforms on the first Monday of each October (thus 0001 on Monday October 1 this year).

REGION LEGAL SERVICE OFFICE CLOSED MARCH 23

The Region Legal Service Office Branch Office in Newport, RI will be closed Friday, March 23, 2018. Personnel in need of immediate assistance, may reach out to Region Legal Service Office Detachment Groton at 860-694-3315.

NAVY/MARINE CORPS MARCHING IN ST. PATRICK'S DAY PARADE

The Newport parade kicks off on Broadway just north of City Hall at 11 a.m. on Saturday, March 17. This annual event is a very well attended and spirited time. Installation personnel from the Naval Justice School, Officer Training Command and the Marine Corps Detachment, Newport will be out there showing their military pride so make sure to dress warm and cheer them on!



REMINDER: SMOKING IS PROHIBITED WITHIN 50 FEET OF ANY BUILDING ONBOARD THE INSTALLATION.



Active Duty Fund Drive in Support of NMCRS
March Madness Tournament

- Friday, March 16th
- 0730-1130 & 1230-1630
- 3-on-3
- Play for keeps (Command Coins)
- John H. Chafee Fitness Center – Courts 1 & 2(am)
- Court 1 (pm)

\$15 per person to enter, ALL proceeds benefit the Navy-Marine Corps Relief Society.

Email john.oboyle@navy.mil to enter your team!!



The 2018 Navy-Marine Corps Relief Society Fund Drive is underway! This is truly a “by our own-for our own” fund drive with all proceeds going directly back to help Sailors and Marines and their families. 100% of active duty military should be contacted to donate but ANYONE can give—go to: www.nmcrsfunddrive.org

Newport is in Navy Region Mid-Atlantic

NOW HEAR THIS



NAVY DAY AT THE WHALING MUSEUM

There will be presentations by NUWC scientists, tours of the half size whaling ship Lagoda, scavenger hunts and a full sized inflatable humpback to walk through! <https://www.whalingmuseum.org>

Join us for
NAVY DAY
at the  **NEW BEDFORD WHALING MUSEUM**

MARCH 24
FREE ADMISSION

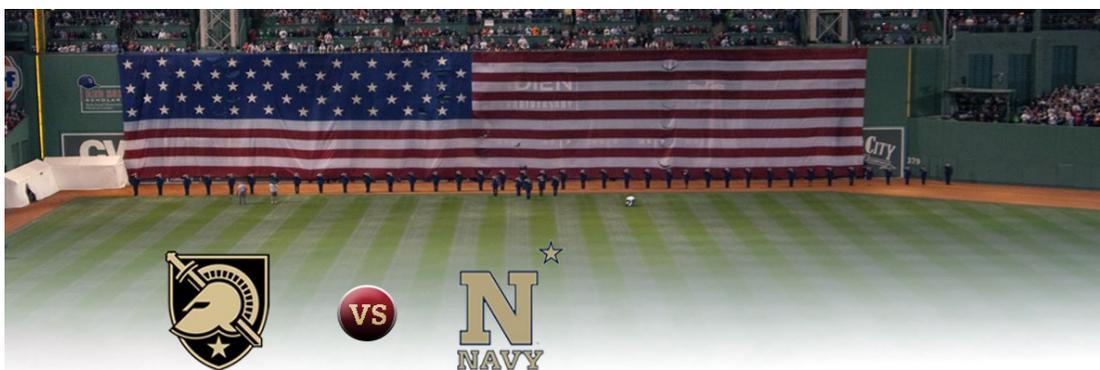
Learn how the U.S. Navy and the Naval Undersea Warfare Center (NUWC) contribute to the protection of marine mammals. The New Bedford Whaling Museum is offering free admission to valid DoD ID card holders and their families, March 24, 2018. Explore whale ecology, learn from NUWC scientists, and marvel at massive whale skeletons. Board the world's largest ship model. Go on a scavenger hunt, get creative with arts & crafts, and more!

  **9 a.m. - 4 p.m.**

****FREE ADMISSION TO ALL DOD CAC CARD HOLDERS OF ALL BRANCHES OF THE DOD SERVICES! COME OUT AND LEARN MORE ABOUT THIS GREAT BLUE PLANET****

On Friday, April 20, Fenway Park will play host to the historic Army - Navy rivalry! Starting at 6 p.m., the Army Black Knights baseball team will take on the Midshipmen of the United States Naval Academy.

Tickets are just \$10. Net proceeds from the game will benefit Home Base, a Red Sox Foundation and Massachusetts General Hospital Program that heals the invisible wounds of war for Veterans, Service Members and their Families. The event is general admission, which means you can take your entire crew to Fenway and get up close and personal to the players on the field. It's sure to be a great night in the park! All Military in uniform will be granted entry for free. We hope to see you there! To purchase tickets, visit [redsox.com/armynavy](http://www.redsox.com/armynavy)



FRIDAY, APRIL 20

Fenway Park • 6 PM • \$10

VISIT [REDSOX.COM/ARMYNAVY](http://www.redsox.com/armynavy)

Proceeds Benefit Home Base, a Red Sox Foundation and Massachusetts General Hospital Program



A RED SOX FOUNDATION AND MASSACHUSETTS GENERAL HOSPITAL PROGRAM



To purchase tickets, visit [redsox.com/armynavy](http://www.redsox.com/armynavy) <<http://www.redsox.com/armynavy>>



ON BASE UPDATES:

Gate Hours: Following are **routine** gate hours:

Gate 1: open 7 days a week/24 hours a day for routine traffic.

Gate 2: Open for a.m. commute Mon-Fri from 6:30 to 8:30 a.m. to alleviate Gate 1 backups.

Gate 17: Open Mon-Fri from 6 a.m. to 6 p.m.—commercial vehicles should use Gate 17.

Gate 7: NHCNE Gate, open Mon-Fri 6 a.m. to 6 p.m.

Gate 23: NUWC Gate open 24/7 for commuters.

Gate 32: Open Mon-Fri 6:30 to 9 a.m. and 3:30 to 5:30 p.m. for commuters.



DEFENSE HIGHWAY UPDATE: (SEE STORY ON PAGE 4)

Public Works (PW) has been busy spot filling potholes as they erupt on that road and throughout the installation. PW and installation leadership are watching the forecasts for a window of time to better address the situation. The road remains closed to northbound traffic between Greene Lane in Middletown and the intersection of Stringham Rd. in Portsmouth. Please stay tuned to the installation facebook pages for updates and continue to use caution on that road.

ATTENTION MOTORCYCLISTS: If military personnel ride motorcycles, it is mandatory they sign up for a safety class and be current in their training. It is optional for civilians. There are two ways to sign up for a class and to see the schedule, either through ESAMS, or www.navymotorcyclerider.com. Call 841-1390 for more information.



Motorcycle Rider Courses available at Naval Station begin next month

Date	Time	Duration	Subject
Apr 7 & 8	730 - 1700	2 days	Motorcycle Safety Foundation Basic Rider Course (BRC)
Apr 14	730 - 1430	1 day	Motorcycle Safety Foundation Experienced Rider Course (BRC 2)
Apr 21 & 22	730 - 1700	2 days	Motorcycle Safety Foundation Basic Rider Course (BRC)
Apr 28	730 - 1430	1 day	Motorcycle Safety Foundation Experienced Rider Course (BRC 2)

BRC: The BRC course is a Level I course and is intended to provide novice riders the skills and knowledge needed to obtain a driver license motorcycle endorsement, any course approved by any of the other Services, or any entry level rider training course approved by OPNAV N09F / COMNAVSAFECEN.

BRC 2: The BRC 2 course is a Level II course and is intended to build upon the skills and knowledge that riders obtain in level I courses.

Follow-on Training: All Sailors who operate motorcycles shall complete Level II training within 60 days of completion of Level I training or upon changing the type of motorcycle ridden. Motorcycle operators who are properly licensed and have completed Level I training may immediately enroll in and complete Level II training.

Refresher Training: All Sailors who operate motorcycles shall complete Level II or Level III refresher training every three (3) years. If Level II or Level III training is unavailable any OPNAV N09F/COMNAVSAFECEN approved course may be substituted."





Myth, Memory, History and Heritage

History Space, a joint program of the Newport and Rhode Island Historical Societies present an exploration for public historians.

Newport, RI – On Friday, March 23, 2018 10am-12pm at Newport’s Colony House, Washington Square, Newport, RI, History Space, a joint program of the Newport and Rhode Island Historical Societies presents “*Myth, Memory, History and Heritage*,” a panel of public historians.

The panel will be moderated by **Ruth Taylor**, Executive Director of the Newport Historical Society, and will include: **Jason Steinhauer**, Director of the Lepage Center for History in the Public Interest at Villanova University, **James Ludes**, Vice President for Public Research & Executive Director, Pell Center for International Relations and Public Policy, **Akeia Benard**, Curator of Social History, New Bedford Whaling Museum, and **Morgan Grefe**, Executive Director of the Rhode Island Historical Society.

“Basically all democratic theory is built around the idea people have a roughly accurate and shared view of what’s going on. What if they don’t?” – Ezra Klein (2017)

The panel will discuss, for an audience of practitioners and the public, questions about how members of a large and diverse “we” perceive the past, and how differences in perspective can have consequences when we try to wrestle with current issues together. How can historic site managers and other public historians approach the myths that families and populations have repeated for generations when scholarship reveals something different? How should we approach cultural differences in how we think about the past? What roles can historical societies play in improving the level of historical literacy in our audiences (and why do we care)?

Reservations are required. Please RSVP to hrockwood@newporthistorical.org. Donations are welcome. For more information about the Newport Historical Society, go to www.NewportHistory.org

RUN WITH THE TROOPS!

The **Run with the Troops R.I. 4 Mile Run** will take place on **Friday, May 4 starting at 6:30 p.m. at the historic SEABEE Museum (Quonset Point), 21 Iafrate Way, North Kingstown, R.I.** The net profits of the race will benefit the following military themed RI non-profit organizations: R.I. Veterans’ Home, R.I. Military Airport Lounge, SEA BEE Museum, and Tolman High School Marine JROTC Booster Club. Please go to: **www.runwiththetroopsri.com** to register as a runner or for more information and to join the service team. The fastest three runners from each service will receive an award. If you are an Active Duty, Reserve or a National Guard member of any branch of the U.S. Armed Forces, please use the **COUPON CODE: 1775** to receive a \$10.00 discount off the race registration fee of \$25.00. You have until April 15 to use the code.

EVERYONE is invited and organizers hope for a solid turn out of runners and veterans from every branch to have some fun and support the worthy causes of these R.I. groups and facilities.

There will be veterans from WWII, Korea, Vietnam, Iraq and Afghanistan at the event and a helicopter will be the lead race vehicle. Five runners will be picked at random for a free helicopter ride! This should be a race that you will long remember so get a team together, get training and get there.





The Newport County Chamber of Commerce Presents
EXPO 2018



Gurney's Newport Resort & Marina
1 Goat Island ♦ Newport RI
Tuesday, March 20 ♦ 4:00 p.m. - 7:00 p.m.

\$5 General Admission
Free Admission for employees of Chamber Member Businesses

Join us for Live Entertainment, Food Samples, Wine Tastings,
Giveaways, Raffles, Demonstrations and more!

4pm Free Panel Discussion
The State of Health Care in RI: What the Business Community Needs to Know and Do
Moderated by Al Charbonneau of the Rhode Island Business Group on Health

For more information about this opportunity to connect with
area businesses and residents visit NewportChamber.com or call **401.847.1608**.



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The Newport Daily News



SECNAV Names Newest Destroyer in Honor of U.S. Marine

From SECNAV Public Affairs

WASHINGTON (NNS) -- Secretary of the Navy Richard V. Spencer named the next Arleigh Burke-class guided-missile destroyer in honor of Marine Corps Vietnam veteran and Navy Cross recipient Lance Cpl. Patrick Gallagher.

In 1966, Gallagher, who immigrated from Ballyhaunis, Ireland in 1962, joined the Marine Corps where he served in H-Company, 2nd Battalion, 4th Marine Regiment, 3rd Marine Division during Operation Hastings in the Republic of Vietnam.

"Lance Corporal Gallagher is an American hero. His exemplary service in defense of our nation and his strength and sacrifice leaves an example for all servicemen and women to emulate," said Spencer. "His legacy will live on in the future USS Gallagher and his heroic actions will continue to inspire future Sailors and Marines."

Gallagher was awarded the Navy Cross for his actions on July 18, 1966, when he selflessly threw his body on an incoming grenade, shielding his fellow Marines. He quickly pitched the grenade to a nearby river where it safely exploded out of harm's way, without injury to himself or others. Gallagher was killed in action one year later in DaLoc near De Nang on March 30, 1967. He is one of only 30 known Irish citizens to have died in the Vietnam conflict.

Arleigh-Burke class destroyers conduct a variety of operations from peacetime presence and crisis response to sea control and power projection. The future USS Gallagher (DDG 127) will be capable of fighting air, surface and subsurface battles simultaneously, and will contain a combination of offensive and defensive weapon systems designed to support maritime warfare, including integrated air and missile defense and vertical launch capabilities.

The ship will be constructed at Bath Iron Works, a division of General Dynamics in Maine. The ship will be 509 feet long, have a beam length of 59 feet and be capable of operating at speeds in excess of 30 knots.



Navy Cross Citation:

For extraordinary heroism as an ammunition carrier in a machine-gun Team with Company H, Second Battalion, Fourth Marines near Cam Lo, Republic of Vietnam, in the early morning of 18 July 1966. The company was set in defensive positions at 0145, when enemy soldiers who had infiltrated the area threw a grenade into the position which Lance Corporal Gallagher and three other Marines were manning. Lance Corporal Gallagher, awake and displaying keen presence of mind, immediately kicked the grenade out of the position where it exploded at a safe distance. Another enemy grenade followed and landed in the position between two of his comrades. Without hesitation, in a valiant act of self-sacrifice, Lance Corporal Gallagher threw himself upon the deadly grenade in order to absorb the explosion and save the lives of his comrades. The other three Marines moved to safety while two other grenades landed in the position and exploded, miraculously injuring no one. Lance Corporal Gallagher's Squad Leader then ordered him to throw the grenade into the nearby river where it exploded upon hitting the water. Through his extraordinary heroism and inspiring valor in the face of almost certain death, he saved his comrades from probable injury and possible loss of life. His daring actions were in keeping with the highest traditions of the Marine Corps and the United States Naval Service.





Making CMF "Fleet Legal"

BY MC1 Bryan Neal Blair

MANAMA, Bahrain (NNS) -- U.S. Naval Forces Central Command hosted a legal working group as part of the Combined Maritime Forces (CMF) Maritime Security Conference, March 14.

Legal officers and advisors from more than 12 countries participated in the working group, which hosted speakers from Combined Task Force 150, European Union Naval Force, U.S. Coast Guard and Navy Criminal Investigative Service.

Commander, U.S. Naval Forces Central Command Vice Adm. Chris Aquilino spoke to the importance of these types of interactions.

"This group can get together and operate seamlessly for all the right reasons. So I continue to hold this force up as an example and beacon of what right looks like in the

world," said Aquilino. "The working groups are designed for you to have input and to make sure that we all have the same sight picture from everybody's lens."

The working group provided an opportunity for participants to focus on a variety of legal challenges unique to the U.S. 5th Fleet area of operations, and Capt. Shane Cooper, force judge advocates general, recognized the importance of facing those challenges as a multinational unit.

"When we work together with our coalition partners, we strengthen our foundation," said Cooper. "With that strong foundation we can rely on one another to help overcome any legal obstacles and grow as a team."

CMF is a unique multi-national collective of 32 like-minded nations,

dedicated to promoting security and the free flow of commerce across 3.2 million square miles of international waters in the Red Sea, Gulf of Aden, Somali Basin, the Indian Ocean and the Gulf. CMF's main focus areas are disrupting terrorism, preventing piracy, reducing illegal activities, and promoting a safe maritime environment for all.

U.S. 5th Fleet area of operations encompasses about 2.5 million square miles of water area and includes the Arabian Gulf, Gulf of Oman, Red Sea and parts of the Indian Ocean. The expanse is comprised of 20 countries and includes three critical choke points at the Strait of Hormuz, the Suez Canal and the Strait of Bab al Mandeb at the southern tip of Yemen.



BEAUFORT SEA (March 11, 2018) The Los Angeles-class fast-attack submarine USS Hartford (SSN 768) surfaces from the ice in support of Ice Exercise (ICEX) 2018, March 11, 2018. ICEX 2018 is a five-week exercise that allows the Navy to assess its operational readiness in the Arctic, increase experience in the region, advance understanding of the Arctic environment, and continue to develop relationships with other services, allies and partner organizations. (U.S. Navy photo by MC2 Class Michael H. Lee/Released)



Naval War College Museum to Commemorate Vietnam War Veterans

NEWPORT, RI— The Naval War College Museum will commemorate Vietnam War Veterans on Thursday, March 29. The Vietnam War Veterans Recognition Act of 2017 designates March 29 of each year as National Vietnam War Veterans Day. The commemoration event will take place from 12 noon to 1 p.m. on the 2nd deck of the Naval War College Museum.



The schedule of events will include a reading of the Presidential Proclamation of the Commemoration of the 50th Anniversary of the Vietnam War, a curator presentation of a recently acquired Vietnam War artifact, and a short lecture entitled: *This is the End: The U.S. Navy and American Adventurism in Southeast Asia-1945-1975*.

This event is open to anyone with installation access and their escorted guests.

You can find out what's new at the Naval War College Museum on [Facebook](#) and by following their blog – [Soundings in Narragansett Bay's Naval History](#). One of nine official [Department of the Navy Museums](#), the Naval War College Museum collects, preserves, and exhibits artifacts and documents dating from the 1500s to the present day to interpret the naval history of Narragansett Bay, the Naval War College, and the history of naval strategy. Located in the historic Founders Hall built in 1820, the museum is open to the public although advance reservations are required for those without base access. For more information, visit www.usnwc.edu/museum or call 401-841-4052.

RESEARCH DAY AT PROVIDENCE VA MEDICAL CENTER

In conjunction with National VA Research Week, May 14-18, 2018, the Providence VA Medical Center will conduct a Research Day event. I invite you to join us for our program, which will be held in the Providence VA medical center's fifth floor auditorium from 1 to 3 p.m. Thursday, May 17, 2018.

This year, VA celebrates its 93rd anniversary of the VA research program. VA Research Week is designed to call attention to the achievements of VA researchers and the role they play in providing high quality care for Veterans and advancing medical science. It is an opportunity to educate Veterans, our elected representatives, and others about the research at our medical center and its impact on treating and preventing disease and disability. This year's theme is "InnoVAtion to Implementation."

To confirm your attendance, your designee, or to obtain additional information, please contact (Candace Shuman, Grants Manager, 401-273-7100 X3872 or via email at Candace.Shuman@va.gov).

I hope you will be able to join us as we celebrate National VA Research Week 2018.

Thank you in advance,

Candace Shuman

Providence VA Medical Center

Grants Manager

R&D Committee Coordinator

SRS Committee Coordinator

830 Chalkstone Avenue

Providence, RI 02908-4734

401-273-7100 X3872



“M2M Prostate Cancer Support Group—March 19, 8:30 a.m.

Providence VA Medical Center, 5th Floor, Classroom #2, 830 Chalkstone Avenue. Point of contact is Chaplain Cottrell at 401.273.7100, Extension 2865.



RHODE ISLAND WOMEN VETERANS

What:

WOMEN VETERANS MEETING OTHER
WOMEN VETERANS

LEARN ABOUT YOUR BENEFITS

When:

Thursday March 15, 2018

Time: 5:30pm to 7:00pm

&

Saturday March 17, 2018

Time: 9am to 1pm

Where:

VET CENTER
2038 WARWICK AVE
WARWICK, RI



For information call 401-223-3651



HONORING WOMEN VETERANS Of all Eras, Services and Organizations

Celebrate with Us

Thursday, March 29, 2018

1 – 3 p.m.

*The New Rhode Island Veterans Home
480 Metacom Avenue, Bristol, RI*

Light Refreshments – Guest Speakers – Panel Discussion – Resources

For more information, please contact:

Tonya Maselli McConnell, Women Veteran Program Manager
401-273-7100 ext. 6191

A collaborative effort between the Providence VA Medical Center
Women's Program and the Rhode Island Office of Veterans Affairs



WOMEN'S HISTORY MONTH VA  U.S. Department of Veterans Affairs  Women Veterans Call Center 1-855-629-6636

MILITARY WOMEN ACROSS THE NATION OCEAN STATE UNIT 118 SPRING TEA & CELEBRATING WOMEN HISTORY MONTH



Ocean State Unit 118 invites military women and veteran women to their annual spring tea and to celebrate Women History Month.



21 March 2018 (Wednesday) at 1:30 P.M. at the R.I. Veterans Home at 480 Metacom Ave, Bristol, R.I. 02809. For more information please contact Pat Denny at rasmtaz62@yahoo.com. There is no cost to attend.