



Issue 2

 October 2010

SANDPAPER



POW / MIA Remembrance

17 September 2010

POW/MIA Remembrance Ceremony Sept. 16, 2010



Opening with the proud yet mournful sounds of Aaron Copeland's *Fanfare for the Common Man*, the NAF El Centro 2010 POW/MIA Remembrance Ceremony began. Master of Ceremonies, LT Tiffany Kirtsey, described the origins of the American Flag. Upon the conclusion of her remarks, the color guard led by AO2 Rutterbush, smartly presented the flag and arms as the audience snapped to attention for the National Anthem. Following an invocation by Chaplain Adams, the installation Commanding Officer, Captain Russ Thompson, shared a personal story about the Speicher family, who lost their father and husband, Scott, at the onset of the 1991 Gulf War. Thompson said, "When you have a front row seat to what happens to a family with a POW/MIA...it is a powerful emotion."

After the Skipper's remarks, LT Kirtsey briefly described each of the flags of America's Armed Services. SFC Saucedo (USA), SSGT Rea (USMC), AO1 Coachman (USN), SSGT Horn (USAF), and SN Anderson (USCG), proudly marched in, presented, and posted their flag; forming ranks, like side boys, around the National Ensign. Finally, the POW/MIA flag arrived, carried by TSGT Zendejas (USANG). This iconic flag took its rightful place next to the 'Stars and Stripes.' Following the presentation of the colors of our military brothers and sisters, the MC described the Missing Man table. Seen in every galley, mess hall, and cafeteria across the US and abroad at her bases, this somber setting contains reminders of those who have not yet come home, and the loved ones who await their return. As Kirtsey revealed the symbolism of each item on the table, SN Valez delivered two sharp bells, reminding everyone to "REMEMBER!" Once the table was set, each branch of service placed their cover to drive home the point, our comrades are not with us. AM2 Westenbarger, the Ceremonial Guard, was nearby, standing the watch for our missing men and women.

The ceremony transitioned after an almost uncomfortable moment of silence.

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WWW.FACEBOOK.COM/NAFEC

Monthly Det Loading

MONTH	TOTAL DETS	FOREIGN DETS	PERSONNEL	AIRCRAFT
OCTOBER	7	2	652	62
NOVEMBER	10	4	1032	112



continued from page 1



Veterans from World War Two, the Korean Conflict and Viet Nam came to the podium to deliver a small testimonial. Captain John Kershaw read from his diary as he brought to life his thoughts on surviving 30 combat bombing missions over Germany. Sergeant Ray Downs talked about the "frozen Chosin" and the stark determination of the

Marines to withdraw with their equipment, wounded and dead intact. Finally, BM2 Lee Quarcelino related his experiences in Viet Nam and the sadness he felt when he saw a chopper full of men leave and then fail to return.

LT Kirtsey then directed the audience to the courtyard. There, members from the American Legion, Veterans of Foreign Wars and other local groups placed wreaths near a small flame surrounded by barbed wire, as the black and white shield of the POW/MIA's stood silent watch. Chaplain Adams led the group in a benediction. Moments later the soulful tones of TAPS, filled the air as AO2 Sands delivered the traditional military end to a remembrance memorial service. The Navy League provided refreshments as service members mingled with veterans and civilians, each trying to describe their thoughts and feelings, each knowing they had a shoulder to lean on, or a friend they could hold. Nearly one hundred people gathered to make this event a spectacular success.

Special mention goes out to the NAF El Centro color guard, DCC Hisel and CMC Gallinat for orchestrating the event, ITCS McAlister, ACCS Babauta, and MAC Covarubias, for coordinating the sound system, AT1 Ward for providing beverages and the gracious support from our friends throughout the Imperial Valley. This was truly a memorable event. ❖

Written by: ETC Haugh, Kristopher

BOOK REVIEW



Assassination Vacation- by Sarah Vowell

Assassination Vacation will make you enjoy American history once again. Sarah Vowell manages to bring insight and comedy to the Lincoln, McKinley, and Garfield assassinations. You will never again view travel, history, or politics in quite the same manner once you have read this book. Vowell lets the reader follow along as she uses her vacation to research and pay homage to one of the subjects she is truly fascinated by: presidential assassinations. She explores both the mainstream and unconventional theories and views on political assassinations. Her travels take her all over the United States from California, to Washington D.C. , to Alaska. She applies the same passion that many do to sports, to the game of chronicling each detail, however minor, of the Lincoln, McKinley and Garfield assassinations. Even more impressively, she makes the reader equally passionate to learn those aspects of American political history. As she drag's her family and friends along on various vacations, we are privy to the social faux pas caused by her wholehearted enthusiasm for everything assassination related. Vowell is a truly gifted author and *Assassination Vacation* is book that should be read by anyone who enjoys the intrigue of politics, history and awkward family vacations. ❖

FLEA MARKET

20 OCT 2010

1000-1400

Behind the liberty center

\$5 secures a spot, table, and 2 chairs!

Contact any Chief for reservations
Food and beverages will be sold by the
CPO Mess.



Commanding Officer Profile:

How did you end up in the Navy?

My stepfather was a Senior Chief Corpsman. Growing up in the Navy household, I knew that I wanted to do the same.

What is the best part of your job?

The best part of my job is the interaction I get on a daily basis with the people who work on the base and the people out in town. It really is a great pleasure for me to see the dedication of the Sailors and civilians who are the heart of this base, and I also love being in a community where support for the military is so strong.

What is the worst part of your job?

Conducting disciplinary proceedings is no fun at all. Fortunately, I haven't had to do that much in my time here. That truly is a testament to the professionalism of everyone on the base.

What is the phone call you dread receiving?

I hate the phone call that someone has been hurt, or that there has been a mishap. I feel a huge sense of responsibility for the welfare of everyone who works from or operates from NAF El Centro.

Career wise - what has been the most rewarding moment?

Taking command of this base really is the culmination of all of my hopes for my Navy Career. I take great pride in being able to say that I work with the most amazing people doing a job that really is important for national defense.

If you could have any other job on the base, what would it be and why?

I would love to work at the big pool. It would be great to inspect the slides to ensure that they are working properly. These inspections would of course have to be conducted numerous times every day.

What is the best port of call you have ever been to in the Navy?

There have been so many great ones, but the best would be a three week port call in Livorno, Italy. We were there so long because we had to get some repairs done to the ship. Livorno was a short train ride to many great places such as Florence and Pisa. That really was a great time to see many of the things you normally only read about.

What do you think about on your drive into work?

Will the Padres win today?

What is your favorite movie and why?

I would have to say that my favorite is Field of Dreams. I could watch it over and over.

What is your favorite sports team?

If you couldn't tell from the question above, it's the San Diego Padres. I love going to games in San Diego. Other teams I like are the San Diego Chargers, LA Galaxy, and Manchester United. I have to admit from my PEP tour in Australia that I still follow the ACT Brumbies, the Rugby team in the town we lived in.

Bonus question ...because they made me... What was your best eval bullet?

OK, be prepared to laugh at this one...."LT Thompson is a shooting star illuminating the path for others to follow in the HS community." How is that for being over the top? ❖

Command Master Chief Profile:

How did you end up in the Navy?

I was laid off from General Motors due to the effects of the Northern American Free Trade Agreement (NAFTA). My grandfather had served in the Navy and I wanted to honor his service by serving too.

What is the best part of your job?

Watching Sailors succeed.

What is the worst part of your job?

Having to send a Sailor home because of drug or alcohol use.

What is the phone call you dread receiving?

When I receive a call from the local police informing me that a Sailor has lost their life or is in jail.

Career wise - what has been the most rewarding moment?

There have been several however since I only get one, On January 15, 1983, I took my first flight as a Naval Aircrewman in an EA-3B Sky Warrior.

If you could have any other job on the base, what would it be and why?

I would want to be the aircraft lineman because of the action on the flight line. No admin duties!

What is the best port of call you have ever been to in the Navy?

Perth Australia with the USS Carl Vinson Battle Group was my most memorable port of call. The Australians still held the American Sailor in very high regard due to merits earned in WWII.

What do you think about on your drive into work?

Anticipating other motorists blowing the stop sign at the intersection of Silsbee and Ross Road. It's occurred twice since I arrived at NAF El Centro...and I've only been here two months!

What is your favorite movie and why?

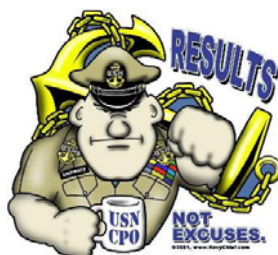
I don't have just one favorite movie. I have three: "It's a Wonderful Life" because of the effect just one person's actions can have on several others; "Blazing Saddles" because my sides ache from laughing so hard; and "Top Gun" because of naval aviation and the real start of the film...the F/14 Tomcat.

What is your favorite sports team?

Since the Navy got out of racing, that would be the Detroit Redwings. I was a HUGE fan of the NASCAR Navy Racing Team.

What was your best eval bullet?

Do not hesitate to promote...❖



Reminder!
NAVADMIN 302/10 announces the 2011 CPO exams. Bibliographies are available from NKO, so start preparing for your future now!



What Is Red Ribbon Week?

Red Ribbon Week is the oldest and largest drug prevention campaign in the country. It takes place every year during the last full week in October. On February 7, 1985, a Drug Enforcement Agent by the name of Enrique "Kiki" Camarena was kidnapped by a drug cartel in Mexico. Agent Camarena had been working undercover, investigating this cartel which was believed to include numerous Mexican Army officers, government officials, and police officers. One month later, Agent Camarena's body was discovered in a shallow grave. He had been tortured to death in an attempt to send a message of fear. Within weeks of his death, Congressman Duncan Hunter and Agent Camarena's high school friend, Henry Lozano launched Camarena Clubs in his hometown of Calexico, and shortly after, the entire Imperial Valley. Hundreds of club members pledged to lead drug-free lives to honor the sacrifices made by Agent Camarena and others on behalf of all Americans. These coalitions began to wear red badges of satin and red ribbons as a symbol to their memory. Red Ribbon Week emerged from the efforts of these dedicated members, and is now nationally recognized and celebrated. The Red Ribbon Campaign also became a symbol of support for the DEA's efforts to reduce demand for drugs through prevention and education programs. By wearing a red ribbon the last full week of October, Americans demonstrate the opposition to drugs, paying homage not only to Agent Camarena, but to all men and women who have made the ultimate sacrifice in support of our nation's struggle against drug trafficking and abuse. ❖



DEFY 2010 Camping trip



On July 25th, seventeen youth, six junior mentors, and eight staff departed NAF El Centro for Camp Denver C. Fox in Santa Ysabel, kick starting the 2010-2011 Drug Education For Youth (DEFY) season. The group spent five days in Santa Ysabel, California (ten miles from Julian) completing the Phase 1 Summer Camp portion of the DEFY season. The youth experienced numerous team and individual character building activities including group competitions; problem solving; how to deal with peer pressure; the harms of drugs, alcohol, and tobacco; study skills; and coping with deployments to name just a few. In addition to the educational lessons, the youth were able to swim, hike, complete a fitness obstacle course, perform in a talent show, numerous arts and crafts activities, and play basketball, dodgeball, and volleyball. DEFY will be starting its Phase 2 portion of the program in October. Phase 2 lasts from October through May, and consists of meeting up once a month to go over a couple of lessons and some sort of activity or trip. Currently, NAF El Centro is entering its fifteenth year of DEFY, and is one of three of the longest running sites. ❖

Upcoming DEFY Events:

October 9th

Lesson: Personal Safety

Activity: Pool Party on base

October 23rd through 31st

Red Ribbon Week

November 14th

Lesson: Study Skills; Nutrition

Activity: Thanksgiving Dinner and games



DEFY 2010 Camping trip

CLASSIFIEDS

FOR SALE

PLAYSTATION 2 - PS2 console, all cables, 2 memory cards, 2 controllers, and 14 games. \$150.00 for everything. Contact Anthony if interested at (619) 438-4504.

24" COUNTER CHAIRS - 2 Mahogany stained solid wood 24" chairs w/ leather seat and back. Great condition, barely used. Great for counters and breakfast bars. \$50.00 for both. Contact Anthony if interested at (619) 438-4504.

For Sale: 2003-05 Dodge SRT-4 MOPAR Stage 1 PCM, Injectors, Wires, Stage 2 Waste Gate, whole kit for \$350.00 Also have AGP WGA make offer. Call Nick 850-292-9522

For Sale: 1989 Yamaha XT 600. 8400 Miles excellent condition with new aftermarket 4 gallon tank. \$1050 or best offer. Must have all safety gear and required MC courses and drivers license. Call Brian at 619-243-6177

WANTED

CLASSIFIED ADS – If you have something to sell or something you need. Post it here! The cost is Free which is not very expensive. In other words, you have nothing to lose. Send your ads to the Sandpaper for inclusion in the next issue.

Wanted: Someone to teach me to weld. Specifically for automotive applications. Willing to work, in trade for teaching me. Call Nick 850-292-9522.

Wanted: Seeley School is collecting Box Tops for Education from General Mills products to redeem for equipment for their school. If you would like to donate them, please drop them off in CMDCM Gallinat's office.



Date Night

with ABFC(Ret.) Marc Willis
----- A Movie Review -----

Machete

Players: Danny Trejo, Robert De Niro, Jessica Alba, Michelle Rodriguez, Cheech Marin, Steven Seagal, Don Johnson, Lindsay Lohan

Genres: Action

The cast alone enticed or should I say baited me just enough into “date night” with my better half. The previews led me to believe that Machete was to be a combination of Desperado and Grindhouse; let me just say that 15 minutes into the film I was no longer sitting next to my better half I was sitting next to a desperate housewife. (Fortunately, we are still together) To say I was underwhelmed would be an understatement. Sure, there were the necessary ingredients needed to make a good flick, guns, knives, machetes and Jessica Alba the storyline somehow was generic at best. Director Robert Rodriguez still should be commended for coaxing out such unbelievable performances. Let me clarify unbelievable, I could not believe such dreadful performances from such talented performers, perhaps condemned is a better choice of words.

Machete is for those interested only in seeing video game special effects, bad acting and or Lindsay Lohan's portrayal of herself. I believe that Machete was merely a platform for director, cast and crew to voice their disdain for U.S. immigration policies; evidenced by prominent characters overt exaggerations of prominent persons by some means associated with immigration policies. With that being said I rate this film with one fouled anchor out of five simply because one anchor is enough to sink this picture. ❖

The Town

Players: Ben Affleck, Jeremy Renner, Jon Hamm, Blake Lively, Rebecca Hall, Pete Postlethwaite, Chris Cooper

Genres: Drama, Romance

The Town was this summer's second bank heist movie with Takers being the first. Billed as a combination of Heat and Departed this feature film set lofty expectations. While not quite living up to either of those films The Town still is a picture worth dropping coin (in town) for. Ben Affleck cast himself as, Doug MacRay, the leader and brains behind a roughneck crew from Charlestown that he and his childhood friend, James (Jem) Coughlin (Jeremy Renner) formed. The opening scene exits the starting block as if it was Usain Bolt running 100 meters but lags a bit while allowing the storyline to develop but does not lose its audience. The Town is somewhat predictable at times nevertheless entertaining throughout thanks in part to “Jem” and FBI Special Agent Adam Frawley (Jon Hamm), think Lt. Vincent Hanna from Heat, going about their duties.

Overall you get what you expect unless you truly expected the second coming of Heat and with De Niro now starring in Machete one should lower expectations. With that being said I rate this film with four fouled anchors out of five. ❖



CITIZEN IN THE SPOTLIGHT



Leslie Mora is an Imperial Valley native born in the city of Brawley, she grew up in El Centro where she attended Central Union High School and graduated with honors, this past June. Leslie recently celebrated her 18th birthday on July 25th. She is currently attending Imperial Valley College where she has taken an interest in Psychology. She plays the flute, saxophone, piano, guitar and is a member of the Community Band, directed by Mr. Cofford.

Her dream is to provide guidance to young people through their difficult adolescent years. Her inspiration was her real life experience with teachers and counselors, which encouraged her to reach for the sky without limitations, though visually impaired. Ultimately she would like to be a Salvation Army Officer.

As a young child, she and her mother volunteered at the Imperial Valley Salvation Army. She now leads the teen program, music program, Sunday praise & worship, teaches Sunday school, sings and plays keyboard.

She is able to see shadow and light perception, but no color, though she does understand the concept of color through association. i.e. purple to her is a grape jolly rancher candy.

She finds her blindness more of an inconvenience than impairment. She skates, horseback rides, rides bicycles, scooters, and boogie boards and was on the track team in High School. "Being visually impaired has helped me to be the person I am today. I am by nature a peaceful and giving person at heart and am this through my mother's love, but don't get me wrong...I'm not a people pleaser. I prefer not the things which the world has to offer, but the relationships one builds throughout our lives; people always seem to over look the simple pleasures in life." She gives credit to her mother for her ability to live without limitations, as she strived to give Leslie, as normal a life as any other child.

Leslie is currently researching the possibility of obtaining a Seeing Eye dog, through Seeing Eye Inc, in New Jersey.

"A seeing eye dog would allow me to walk faster without being insecure or think that I'm going to bump into something; I always tend to drift to the right when crossing the street. The dog would correct this and allow me the mobility and freedom to be independent to get around town, school and work."

"First I need to get training on how to move around without the help of my parents or friends before I can learn how to handle a dog. The Department of Rehabilitation assists those visually impaired to receive training through the Hatlen Center for the Blind. Hopefully I will be able to apply after the winter session at IVC, but what I'm really excited about, is getting a seeing eye dog! The only thing I don't like about attending training for the dog, is that it's in New Jersey and its cold over there. If I decide to go there, I'll wait until summer. I did hear about the Guide Dogs of America and Guide Dogs of the Desert, both in Palm Springs. There are other programs...some require tuition or have follow-up training and some provide up to year supplies and/or follow up guidance."

Q: What is the most exciting thing you have ever done?

"Flying, I love plane rides... I imagine that I'm jet setting off to a new adventure."

Q: If you could change one thing about the Valley what would that be? "Aside from the heat, there are no activities for the blind and I know I'm not the only blind person here."

Q: Do you get a lot of questions about your blindness?

"Yes, people are always curious and have questions, but the questions which bug's me the most is...Can I ask you a question?"

Leslie's favorite things are: reading, scary rides (no loop'd loops), going to the beach and Chinese food; All four in one setting would be the making of a perfect day. "A day at the beach with all my favorite people, which I love"

She is an active member of her church and enjoys giving back to the community, as she is often called upon to sing the National Anthem for events throughout the Imperial County and will be showcasing her talents during our upcoming Navy Birthday Ball.

Questions and Answers for the 235th Navy Birthday Ball

When is it? Saturday, October 16th, cocktails start at 1800.

Where is it? On board NAF El Centro, inside Hangar #8.

Where can I buy a ticket? Your Navy Ball Committee members are currently selling tickets now. Members include; NC1 Jones, AZ1 Probert, AO2 Sands, AC2 Hall, AO2 Pagan, RP2 Agorchukwu, Janie Almendariz, Pat Caro, ENS Feeney

How much are tickets? For E5 and below \$8, for E6 \$10, for E7-O3 \$15 and O4 and above and civilians \$25.

Where should I park? Parking will be available outside the hangar and across the street from the hangar depending on availability and how early or late you arrive.

Is child care being provided? Yes, as long as you purchase tickets and fill out and turn in the paperwork required by the Child Youth Program, childcare will be **FREE** at the CYP from 1800-2400 (You must pick up your children before midnight or else they will turn into pumpkins!!) *As a note, the date the paperwork is due to the CYP has been extended to NLT 08OCT10.*

What's for dinner? For starters a Baby Winter Greens tossed in a Mild Melon Vinaigrette and then for an entrée, your choice of Rib Eye Steak or Boneless Chicken Breast with spinach and sundried potatoes, both entrees will be served with oven roasted potatoes and Seasonal vegetables.

Is entertainment being provided? Yes, there will be a Jazz band (courtesy of Central Union High School), they will be playing during the cocktail hour. There will be a guest speaker, CDR Jim Bedinger, USN RET, a former Vietnam Era POW. Following that there will be a DJ and dancing. Door prizes will be raffled off throughout the night. Overall, it is an excellent deal, where else can you get dinner, dancing, free child care and win prizes all for a very low price? I am looking forward to attending and having a great time and hope to see you all there.

CDR Erik Franzen, Executive Officer, NAF El centro

Treasure Hunt:

Clue:

Orwm cfx xwn

oxda.

Cnuu wxenvkna oren

hxd anjm cqñ Bjwmyjyna nenah

vxwcq.



First person to solve the puzzle receives a special prize.
Note: Sandpaper committee not eligible to win.



LOOK →

Coming Events:

OCTOBER 09

MWR Triathlon
Large Pool
0730

OCTOBER 14

Mongolian BBQ
Mirage Club
1700-2000

OCTOBER 14 - NOV 17

Junior Bowling League
Bowling Center
1800 Every Thursday

OCTOBER 15

Junior Navy Ball
CYP Building
1800-2100

OCTOBER 16

Navy Ball
Hangar 8
1800-0100

OCTOBER 20

Flea Market
Behind Liberty Center
1000-1400

OCTOBER 21

Shocktoberfest
Sports Center BLDG 327
1800

OCTOBER 23

Aviation Day
Imperial County Airport
0900-1500



Seeley School is looking for Sailors and civilians to volunteer their talents in their after-school program.



Have a talent or skill – share it with a child.

For more information – contact CMDCM Gallinat @ 760.339.2437



Local Military History by Two Old Goats...

A long time ago in camp, not so far away...the US Army had an Imperial Valley presence that pre-dates the current NAF El Centro. Camp Seeley, named after...you guessed it, the town of Seeley, was established in late 1940. The purpose of the camp was to be a garrison for units from the 11th Cavalry Regiment (Horse). General George C. Marshall wanted to move his men out of their regular barracks and prepare them for possible participation in the conflict that brewed in Europe. Essentially, Marshall wanted to train his men in desert combat techniques, not unlike what modern aviators and ground forces do today at NAFEC. Even today, Camp Seeley remains the permanent home to the 11th Cavalry Horse Honor Guard (Historical). This unit also carries the moniker "The Colonel's Own." Later in 1941, Camp Seeley expanded by adding the Camp Seeley Ordnance Training Center. Used by the Desert Test Command, this parcel of the desert proved ideal for researching the effects of dust on vehicles. In the spring of 1944, the US Army built the Camp Seeley Proving Grounds. However, "built" is a term that is a little misleading. The Army acquired more of the desert and began testing the effects of dust on various weapon systems. Today, both the Camp Seeley Proving Grounds and Ordnance Center are BLM-administered areas, popular as off-road recreational spots. The Old Goats plan on setting up a little excursion to find these areas. If you are interested in participating, ask your Chief! To read more about Camp Seeley, head on over to the Cyber Café, get a great drink and check out

<http://www.militarymuseum.org/CpSeeley.html>. ❖

MEDICAL CORNER



SEASONAL INFLUENZA CAMPAIGN

WHY GET VACCINATED? "Influenza "flu" is a contagious disease. It is caused by the influenza virus, which can be spread by coughing, sneezing, or nasal secretions. Anyone can get influenza, but rates of infection are highest among children. For most people, symptoms last only a few days. They include:

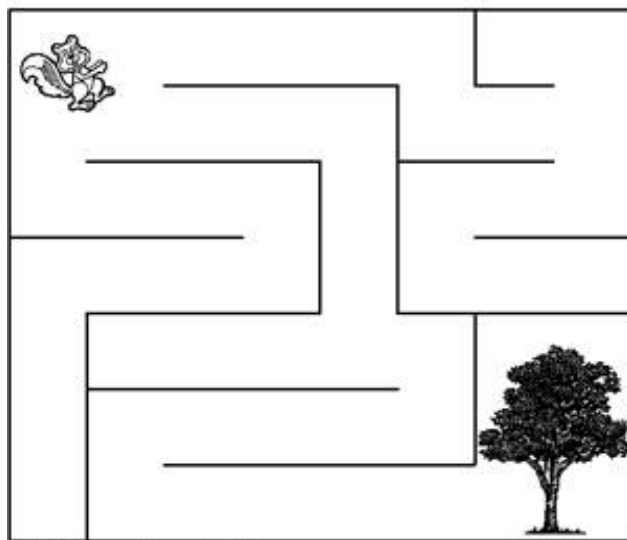
*fever *sore throat *chills *fatigue *cough *headache *muscle aches

Other illnesses can have the same symptoms and are often mistaken for influenza. Infants, the elderly, pregnant women, and people with certain health conditions- such as heart, lung, or kidney disease or a weakened immune system are at a higher risk. Flu can cause high fever and pneumonia, and make existing medical conditions worse. It can cause diarrhea and seizures in children. Each year thousands of people die from seasonal influenza and require hospitalization."

(www.cdc.gov/flu)

Influenza vaccine is mandatory for all Active Duty members. It will be available for dependents and beneficiaries upon complete vaccination of Active Duty members, respectively. The best way to protect yourself against the flu is to get vaccinated. ■

KIDS CORNER



Help the squirrel get home

What Say You?

4 Questions- 8Answers. Really?



1. What is your/your parent's job?
2. If you/your parent were a superhero/cartoon character who would it be?
3. What is your favorite thing to do with your child/parent?
4. What is the best thing about NAFEC?



AO1 Oliver, Weapons

1. My job at Weapons is the Leading Petty Officer. I received the assignment a little earlier than expected when my fellow AO1 Chaffin was selected for promotion. It entails all the administrative duties that help the department run more effectively.
2. Spiderman is the superhero that I would like to be because he self-proclaimed himself "Your friendly neighbor." He was an ordinary person by day and ready to assist anybody in the time of trouble. That is how I envision myself, very approachable at any time and ready to help when assistance is needed.
3. My favorite thing to do with my child is assist him with his homework. There is no better feeling than when your child solves a problem by themselves or tells you thanks for helping them. It really does bring a smile to your face, to see the development of your child right in front of you.
4. The best thing about being stationed in NAFEC is how close knit the community is. The base is really good with planning things that the whole family can partake in. I know my family and myself take full advantage of going to the movies for free, something unheard with a family of five. It feels good not getting odd looks when your infant is crying while the movie plays.

Julius Oliver

1. He goes to work and writes on stuff and talks to his boss.
2. The bird from the Regular Show...he's big and funny like my dad.
3. Doing homework with my Dad. Working on writing, learning new words and sentences.
4. I have a lot of friends here.



Sharon Cowan, AOC

1. AOC Support Services, Business Manager: I oversee Payroll, Accounts Payable, Accounts Receivable, & Procurement and I actually wear the hats of Human Resources & Subcontracts Administrator.
2. Dora the Explorer, I would love to be bi-lingual, I really need to learn Spanish!
3. Go on long rides in the Polaris out in the desert or in the mountains.
4. Working with my co-workers, it's like having a big extended family.

Grace Cowan

1. She goes to work and does stuff with paper.
2. Sponge Bob...he's yellow and he's my favorite.
3. Play Tinker Toys with my mom, but she isn't very good.
4. Playing with all my friends.



continued on next page

Commander Erik Franzen, NAFEC XO

1. As the Base Executive Officer it is my responsibility to support the Commanding Officer in his mission of providing a world class training environment for all of the detachments that come to NAF El Centro for training. My day to day role is to provide administrative support to the CO and staff as well to deal with all the myriad issues that concern normal daily operations on board NAF El Centro.

2. I would be Superman because I love to fly!

3. We like to play baseball and "Silver Pot of Fun".

4. I really enjoy the small town feel of NAFEC, having a plethora of off-duty activities in which to partake (free movies, intramural bowling league, swimming pools and more). I also enjoy my short commute to work (1/2 mile to be exact) and the people that work here (everybody has been very friendly and welcoming since my arrival).



Sawyer Franzen

1. He flies an airplane – an E2 – at work every day.

2. A French Fry.

3. Playing Army Mans, but I always win.

4. The mini store (Jet Mart), playing with my brother Luke and my friend Cian and the pools!

WHAT WAS GOING ON...

October 1972 - NAFEC Sandpaper

New Laws Needed Before Navy Enlisted Women Given Ship Duty

Sidegirls in Quarterdeck Ceremony...Affording women equal opportunity to serve in areas not previously open to them is the order of the day at the Naval Aerospace Recovery Center, El Centro. A tenant command on board the NAFEC, in what may have been a Navy "first", selected four "sidegirls" to take part in ceremonies...

In NARF Evacuation Test - Airlift 10 Men 1500 Feet...Special Patrol Insertion Extraction (SPIE) test program was carried out last week on the desert test range...with this program it will be possible to extract ten men from hostile territory in about 20 seconds.

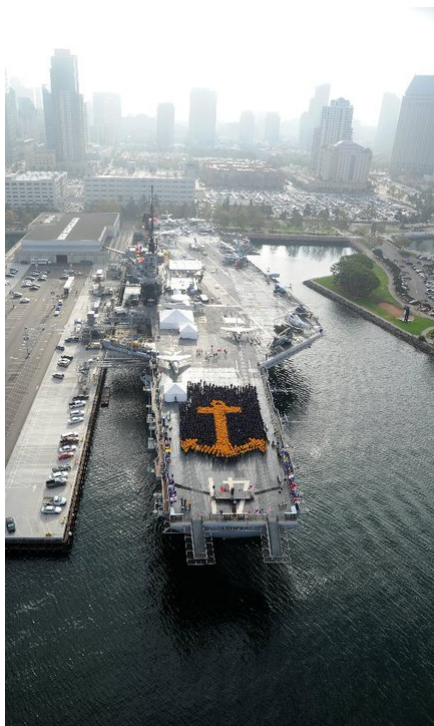


Hard disk drive back in 1956 with 5MB of storage.

On 13 September 1956 IBM launched the 305 RAMAC, the first 'SUPER' computer with a movable hard disk drive (HDD) 350 Disk Storage Unit (DSU). The HDD weighed over a ton and stored a 'whopping' 5 MB of data. The IBM 305 RAMAC (Random Access Memory Accounting System) was an electronic general purpose data processing machine that maintained business records on a real-time basis. The 305 RAMAC was one of the last vacuum tube systems designed by IBM, and more than 1,000 of them were built before production ended in 1961.



54 years later, look at your 8GB flash drive which is 1,600 times more storage capacity and weighs 1 ounce.



CPO Pride Day

Anchor Up!!!

On September 1st, a small caravan headed out from NAF El Centro to San Diego. Onboard were chiefs, senior chiefs, and master chiefs representing every command on base. Their first stop was the USS Midway where the Selectees were hard at work showing off their skills at marching and calling cadence. All hands boarded the venerable ship and assembled in a formation that, from the air, looked remarkably like a golden anchor in a sea of blue. Afterwards they met at Balboa park for refreshments, speeches and to watch the coveted Cadence Competition Finals. The highlight of the competition was the arrival of three real goats, homage to the first Army/Navy football game. At the end of the festivities, the Messes headed out into the community to perform all manner of volunteer projects. The purpose of the CPO Pride Day, now in its seventh year, is to join with the city of San Diego, and demonstrate the “anchor power” of Navy Chiefs. Over 2200 Chiefs and their Selectees from Navy Region South West gathered to celebrate and achieve more than 10000 hours worth of work. As the Chiefs from El Centro headed back home they were witness to a group of ninjas working out nearby. “It was a perfect day,” said CMC Gallinat. “The weather was great, seeing old friends and making new ones, signing off charge books, experiencing and making history, and hey ninjas and goats, what more could you ask for?” ■

Why would I need a Power of Attorney?

By: LT Kirtsey NAFEC Legal Officer

In today's military, deployment schedules, operational tempos, GSA assignments and IA's have made planning and preparation a paramount consideration. All Sailors and Soldiers will most likely need a power of attorney at some point in their military career. The key to streamlining this process is to know the different types of powers of attorney available to you. First, ask yourself if you are experiencing any life changes. Are you changing duty stations, being deployed on an IA or being sent on a prolonged underway deployment? Next, think about any responsibilities you have that someone else will need to take over: paying bills, providing child care, moving your household goods or registering your automobile in a new state.

Once you have analyzed how any prolonged absence might affect you and your family, you are ready to determine what type of power of attorney you may need. There are two types of power of attorney: special and general. Special powers of attorney are drafted in order for you to turn over responsibility of one specific obligation, task or responsibility to another person. This allows that person to complete the task or responsibility in your name. The most common special power of attorney requests are for household goods processing, vehicle registration, tax preparation and child care. Special powers of attorney are recommended for those who intend to manage larger items, such as bill paying, from their deployed location, but need someone else to handle smaller items or items that require a physical presence for them while they are away.

If you are being deployed on an IA or GSA, you should consider requesting a general power of attorney. Essentially, a general power of attorney authorizes the person you appoint to make all life decisions on your behalf. This includes medical, financial, parental, real estate and personal property decisions. These are responsibilities that should not be delegated lightly, but their delegation is necessary in limited situations. Before granting someone a general power of attorney, make sure that you review all the obligations and responsibilities you want them to handle in your name. Your appointee should understand all the tasks, responsibilities, and decisions he or she may need to make on your behalf. If you want them to conduct business on your behalf only if you become incapacitated, that should be made clear prior to your departure on deployment. However, if you want them to handle all financial, medical, and parental responsibilities in your absence, make sure that you request regular reports and updates from them on the status of these responsibilities. The key to determining whom you should grant a general power of attorney to is trust and preparation. You should trust that the person will make sound decisions for you, and you should prepare them with accurate and detailed information in order for them to make that decision. ■

Branch Medical Clinic NAF El Centro is enrolling new patients.

The following are eligible to enroll:

- Active Duty Military Members
- Dependents – Up to Age 64
- Dependent Children – Age 4+
- Retired Military Members – Up to Age 64

To sign up stop by the clinic Monday – Friday from 0730-1600, or call our main number: (760) 339-2674. If you have questions, contact LT Laura Anderson at (760) 339-2674.

Junior Bowling League

OCTOBER 14 – NOVEMBER 17
EVERY THURSDAY AT 1800



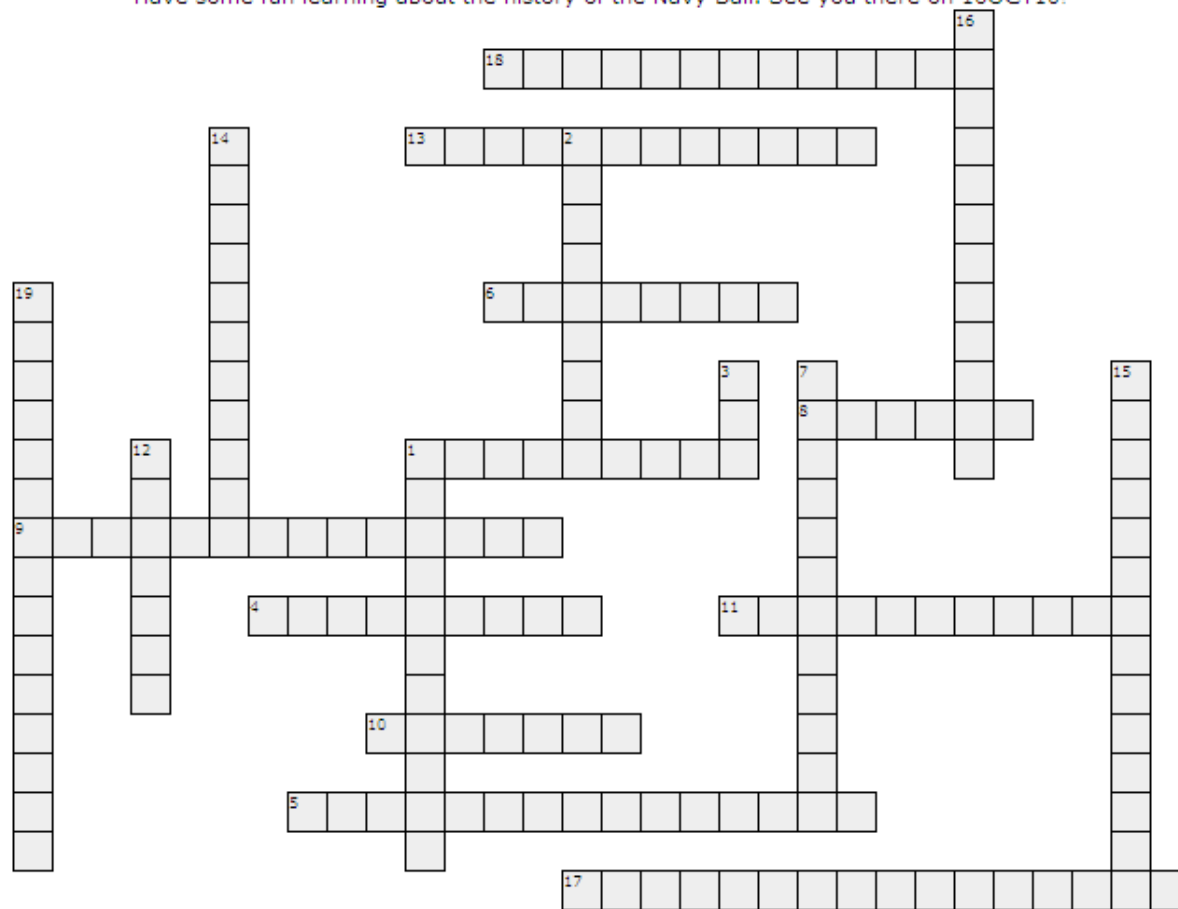
AGES: 6-15

PRICE PER BOWLER:
\$25 – SAVE \$5 WHEN YOU PAY IN FULL
OR \$5 A WEEK

OPEN TO ALL AUTHORIZED MWR PATRONS

NAVY BALL - AN HONORED NAVY TRADITION

Have some fun learning about the history of the Navy Ball. See you there on 16OCT10!



Across:

1. Secretary of War who helped start the US Navy
4. The correct size of medal to wear
5. Generally credited as the designer of the first US frigates
6. The required level of civilian attire for the Ball
8. 1st ship authorized by the Continental Congress
9. Served in the Navy 1935-1945, fixed Airwolf
10. Best wood for making ships, gave them Ironsides
11. Thematic period for the Navy Ball
13. Last US frigate launched in 1797 and the only survivor
17. The preferred Military uniform for the Ball
18. Second US frigate launched in 1797

Down:

2. Served in WW2, well decorated, coached America's Team later on.
3. Total number of ships authorized by Congress in 1794
1. The location of this year's Navy Ball
7. 1 of 2 CNO authorized dates to be celebrated annually
12. Conflict that the Navy Ball guest speaker served in
14. In 1972 this CNO established 13 Oct as the Navy Birthday
15. It ran the Navy during the War for Independence
16. First US frigate launched in 1797
19. It came before the US Navy

RECENT EVENTS



AOC Chaffin Pinning Ceremony

AOC Chaffin Frocking Ceremony



ASF OC Training – Chief Haugh using the force against a superior opponent.

ASF OC Training - Decontamination



Khaki's take first place in Captain's Cup Bowling tournament



Captains Cup Bowling 2010

Out of a possible 60 points the Khakis managed to earn a total of 49.5 points. Congratulations Khakis on taking 1st place!

1st Place-Khakis

Mike Smith
 Brian McAlister
 Bryce Airhart
 Kris Haugh
 Armando Covarrubias
 Dave Harris
 Annette Babauta
 Dante Dinelli
 Cullen Deaton

2nd Place-Get It Right

Ralph Ramsey
 Joe Conner
 Javier Guerra
 Anthony Rojas
 Danny Lineses

3rd Place-Fuels

Ron La Beff
 Barry Bennett
 Jack Van Vooren
 Jesse Lineses



AWARDS CEREMONY



CCC CORNER

Reenlisting is a big milestone in every sailor's life. It involves renewing a personal commitment to defend our country. The Selective Reenlistment Bonus (SRB) program is the Navy's primary monetary incentive to encourage Sailors with critical skills and valuable experience to stay Navy. SRB is a force shaping tool used to help rates that are having manning shortfalls offer an incentive to Sailors to remain on active duty.

Over the last few years we have seen SRB's cut back repeatedly. The reason we are experiencing this downturn in SRB levels deals with the problems we are facing in our countries economy. The Navy's attrition is at an all time low, retention is soaring, and recruiters are exceeding all their set goals. These factors contribute to the Navy setting the SRB goals for the foreseeable future.

NAVADMIN 300/10 announces the Selective Reenlistment Bonus update. This message sets new award levels for SRB throughout the Navy. The big changes effecting sailors are Master at Arm's are losing their SRB, Hospital Corpsman will continue to receive an SRB's but this is dependent on specific Navy Enlisted Classification's (NEC) and Air Traffic Controller's SRB levels have not changed. Aviation rating's do not currently have an SRB unless you are an Air Traffic Controller or are in the Aviation Warfare Community. If your rating is having their SRB level reduced or SRB taken away and your end of obligated service (EAOS) is in September you can possibly still receive an SRB at the old level. Anyone with an EAOS after September 30th is required to utilize the new award levels established by this message. If you have any questions or concerns please talk to you Department Career Counselor.

Reenlisting has always been a very personal decision and SRB's add another layer to a Sailor's tough decision. The choice can be difficult but in the end every Sailor will make the best choice for themselves and their families.

RE-ENLISTMENTS



MA1 Wakefield swears an oath to the US Navy once more.

Congratulations and thanks for serving your country.

THIS MONTH'S SURVEY QUESTION:

Would you like to see the Self- Help Center re-opened?

Yes

No

Pay grade:

AN/SN

Petty Officer

Khakis

Civilian

Please print and cut out the survey question above and deposit it in one of the 4 collection boxes located in the Liberty Center, Galley, Strike G-Dunk, and Welcome Center. Circle yes or no to the question and circle your current pay grade. Remember, our poll is completely anonymous and non scientific. The Sandpaper may use your response or comments in whole or in part for the next issue.

SANDPAPER CONTACT INFO:

E-MAIL: W_ELCN_PAO_SANDPAPER@NAVY.MIL

