



U.S. Army Forces Command

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Senior Leaders Readiness to improve



"The Army Combat Fitness Test will ignite a generational, cultural change in Army fitness and become a cornerstone of individual Soldier combat readiness."

– Maj. Gen. Malcom B. Frost
CG, Center for Initial Military Training
July 9, 2018, Fort Eustis, Va.

On Point Army Combat Fitness Test

The Army approved a new physical fitness test for all Active, National Guard and Reserve Soldiers that is highly correlated with combat readiness. The Army will execute the test through U.S. Army Training and Doctrine Command and the U.S. Army Center for Initial Military Training. This new physical fitness test will strengthen unit and collective readiness and provide the nation with physically fit Soldiers of unmatched lethality to deploy, fight and win decisively on any future battlefield. The test will improve movement lethality, transform the Army's physical fitness culture, reduce preventable injuries and associated attrition, and enhance Soldier mental toughness and stamina.



Service Culture Campaign

The Service Culture Campaign is a sustained readiness plan and operation launched by the U.S. Army Installation Management Command in 2017. The campaign is key to developing highly effective teams capable of supporting installation senior commanders and Army readiness requirements.



10th Mountain Division Soldiers receive awards for valor



Soldiers from 1st Battalion, 87th Infantry Regiment, 1st Brigade Combat Team, 10th Mountain Division, were awarded the Bronze Star Medal with Valor device and the Army Commendation Medal with Valor device for their heroic actions under fire against the Taliban while serving in Afghanistan. (U.S. Army photo by Staff Sgt. Michael Reinsch)

By Staff Sgt. Michael Reinsch, 10th Mountain Division Public Affairs

"It was a really, really hot night. We had a full moon, and our platoon was moving through Afghan farmlands," said Staff Sgt. Kevin F. Aetonu, a squad leader for 1st Battalion, 87th Infantry Regiment, 1st Brigade Combat Team.

"We were doing some clearance operations through some compounds in Afghanistan," said 1st Lt. Tyler Wojtasinski, a platoon leader for 1st Battalion, 87th Infantry Regiment. "Once the elements reached their limits toward the end of the compounds, there was a field. Once we were going through the field, that's when we started to take indirect fire."

Soldiers in the military often deploy to many countries around the world. Many find themselves in places where combat is a far off thought, and the day-to-day mission they are tasked with doesn't come close to dangerous.

For Soldiers like Wojtasinski, Spc. Brad Cook and Spc. Miles L. Shoemaker, and Aetonu, from 1st Battalion, 87th Infantry Regiment, 10th Mountain Division, that danger ambushed them during their most recent deployment to Afghanistan on Oct. 26, 2017.

"When we reached the edge of the buildings, our whole element started taking fire," said Shoemaker, a team leader for 1st Battalion, 87th Infantry Regiment. "The sky erupted in fire."

Three elements of Soldiers were moving through the territory when they were ambushed by roughly 30 Taliban forces, who were using rocket propelled grenades, mortars and machine gun fire.

"The sky lit up with fire, and it didn't really seem real at the time," said Cook, a machine gunner with 1st Battalion, 87th Infantry Regiment. "But, everything kind of clicked. All the training that we had, everything built up to that moment, and we reacted."

FORSCOM in the news

First Army Division East welcomed a new commanding general and command sergeant major during a recent ceremony on Fort Knox, Ky.



America's First Corps bid farewell to the first female I Corps command chaplain during a recent Change of Stole ceremony at Joint Base Lewis-McChord, Wash.



The 101st Airborne Division Sustainment Brigade recently uncased the unit colors to mark the beginning of the brigade's fifth deployment to Afghanistan.



The 4th Attack Reconnaissance Battalion, 4th Aviation Regiment, recently assumed authority of aviation support for Operation Inherent Resolve.



The 82nd Airborne Division recently conducted a Change of Stole ceremony to bid farewell to one chaplain and welcome another to the division.



Meet Your Army



A Soldier from American Falls, Idaho, recently returned to share his experiences with the community and create awareness of Army career opportunities. Spc. Darin Blair, a 91D generator equipment repairer with the 82nd Airborne Division, has been in the Army for two years and returned to his hometown for a 30-day assignment as part of the Army's Hometown Recruiter Assistance Program/Special Recruiting Assistance Program to educate youth, parents and community leaders about military life.

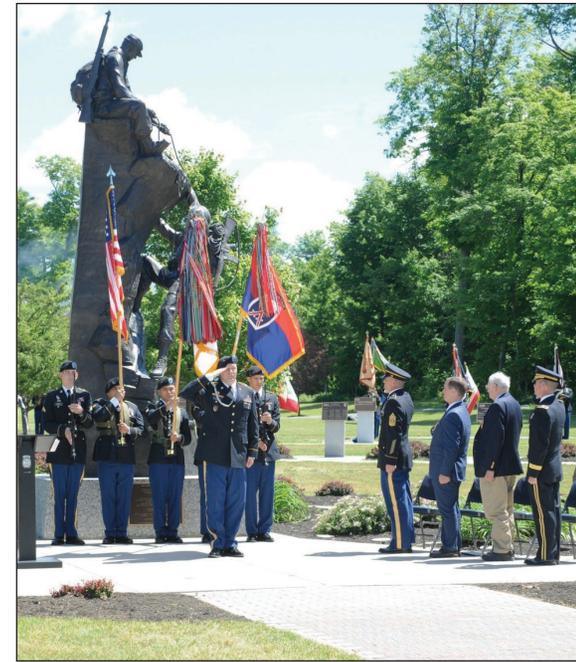
TOP SHOTS

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Right Fort Drum community members, Gold Star Families and guests gathered in Memorial Park on Fort Drum, N.Y., June 19, 2018, to attend the annual Mountain Remembrance Ceremony and honor 10th Mountain Division Soldiers who died in service around the world. (U.S. Army photo by Mike Strasser)

Left Soldiers from the 4th Infantry Division Band participate in the 87th Annual Donkey Derby Days parade in Cripple Creek, Colorado, June 23, 2018. (U.S. Army photo by Sgt. Micah Merrill)



Above A 3rd Infantry Division forward observer occupies an observation post during semi-annual Fire Support Team certification training, June 20, 2018, at Camp Casey, Korea. (U.S. Army photo by Maj. Peter Bogart)



Above A Bradley Fighting Vehicle with 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, crosses a temporary, floating bridge at Milford Lake, Kansas, June 15, 2018, during training exercise Gauntlet. (U.S. Army photo by Chad L. Simon)

Left Soldiers with the 4th Combat Aviation Brigade, 4th Infantry Division reconfigure a CH-47 Chinook helicopter for flight operations in support of Operation Atlantic Resolve at the Port of Rotterdam, June 21, 2018. (U.S. Army photo by Spc. Dashaad Boyd)



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