

# THE KWAJALEIN HOURGLASS



## THIS WEEK

**KIWI DIPLOMACY**  
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SCUBA DIVERS LEE STANFORD, LEFT, JOHN TAYLOR, BOB GRAY AND CLIFF PRYOR ARE AMONG THE DIVERS THAT JOINED BILL WILLIAMSON, CENTER, FOR A LAST DIVE AT EMON BEACH MARCH 23.

 JESSICA DAMRUCH

# HOURGLASS INTERVIEWS

# AMBASSADOR KARENA LYONS

NEW ZEALAND AMBASSADOR TO THE REPUBLIC OF THE MARSHALL ISLANDS, THE FEDERATED STATES OF MICRONESIA AND PALAU

FEATURE / JORDAN VINSON

**Karena Lyons is New Zealand's ambassador to the Marshall Islands, Federated States of Micronesia and Palau. She also serves as the consul general to the state of Hawaii, where she works closely with U.S. Pacific Command (PACOM) on regional security issues. Lyons was on U.S. Army Garrison-Kwajalein Atoll in March on an assignment with US-PACOM, and she took a few minutes to chat with the Kwajalein Hourglass about her job and country.**

**JV:** What brings you to Kwajalein Atoll, and what do you think of the place?

**KL:** Ours is the first New Zealand delegation to visit either Kwajalein Island or Ebeye. So we're really grateful to the commander and his team for granting us access to the base. I'm here, because I am New Zealand's lead in interfacing with Pacific Command. So, I've come here specifically to talk shop on that front. Also it's a fascinating place. It's the largest atoll in the world; the history and geography of this place is incredible. So I jumped at the opportunity to come here. I've heard lots of stories about Ebeye, and they're all true. The people are friendly, with the cutest kids in the world. And they've definitely got challenges, but I was heartened to meet with the leadership there and a number of community and traditional leaders. They're really focused on working together to make sure the people of Ebeye are getting what they need.

**JV:** Can you elaborate on your role interfacing with PACOM?

**KL:** New Zealand has a consulate general in Honolulu. We're a relatively new post

there; we opened in 2014. The reason we opened was two-fold. Firstly, recognition of the importance of the strategic hub that is PACOM. Secondly, a symbol of our relationship with the United States; opening other posts is a government's way of saying, "Hey, you're really important to us. We really like you a lot. We want to send some of our people there." And luckily for me I get that job. So I work quite closely with Admiral Harris and his whole team and the various commanders across the combatant command to ensure that New Zealand and the U.S. continue to cooperate throughout the region on security issues, from the strategic level, to the operational level, to the people-to-people level. It's an important time to make sure that friends stick together.

**JV:** What are a few of New Zealand's current goals and initiatives for the bilateral relationships it maintains with Palau, the Marshall Islands and Micronesia?

**KL:** At the end of last year, in October, New Zealand elected a new government and at the beginning of this year, they've come out quite strongly with a re-energized focus on the Pacific. We're calling it a reset, and the official policy and strategy is called shifting the dial. Which is exciting for us and the embassy, because we love our work. It's the perfect excuse to really step up and deepen our engagement with the Pacific. If we were to separate out the priorities into regional and bilateral, the regional front with the northern Pacific states, we're working on ... big, symbolic pieces.

On the economic front, our priority would be free trade agreements. The majority of the Pacific have already signed up to it. And Palau and the Marshall Islands and Micronesia are still working on the draft through their respective systems. ... And,



Courtesy of mfat.govt.nz

of course, climate change is a regional priority for all Pacific nations, including New Zealand. That tends to dominate a lot of our discussions with the Marshall Islands in particular. ... In practice, this manifests in the renewable energy sector. So New Zealand has a big project, which we only just confirmed. Last week in Majuro, I signed a partnership agreement with the RMI and New Zealand, and that's to do two main things. Firstly, to grant \$1.5 million to set out an energy roadmap.

**JV:** By describing the new New Zealand government as performing a 'reset' and 'shifting the dial,' is the point that the previous government headed less attention to its small island developing state neighbors?

**KL:** No, not at all. New Zealand is a Pacific nation, and it's a fact; we can't change our geography. It's actually quite common for successive New Zealand governments to focus on the Pacific. And then this government is pouring even more energy into it. One example of this shift is that there are 20-25 ministers in the New Zealand government, and about six or seven of them are of Pacific descent. Auckland, our largest city, is the largest Polynesian city in the world. ... You'll see a lot more Pacific representation in our government. So, this is the first time we've hit such a quorum

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not nec-

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# USAG-KA ENERGY SAVINGS PROJECT BEGINS

## PUBLIC NOTICE

USAG-KA Department of Public Works began the Energy Savings Performance Contract (ESPC) in March 2018. The project is self-funded by energy savings and does not require Sustainment, Restoration and Modernization (SRM) investment. This will improve facilities and infrastructure throughout the garrison, including Bachelor Quarters and Family

Housing improvements.

The improvements include building 'enveloping' to create a tighter seal within structures and better insulation, retrofitting and installation of energy-efficient LED lighting, and replacing current air conditioners with mini-split air conditioning systems. All the projects are designed to save energy and be more



cost-efficient for our community.

Some phases of the project have already begun. Residents will be contacted by DPW staff to coordinate a date/time for their services to be completed. The projects will take several hours to complete, and may require multiple visits. Contact Public Works at 5-5449 for information.

of Pacific ministers, and I think it's driving an increase. And the New Zealand foreign minister, Minister Peters, has made a bid for even more of our development spending to be on the Pacific. Currently, it's something like 65 percent of our international budget spent in the Pacific. I mean, that's a pretty significant wedge; so this government's looking at even more of that.

**JV:** In 2015 you were also instrumental in establishing New Zealand's official seat on the United Nations Security Council. What was the mark NZ wanted to leave on the NSC during its tenure, and was that goal accomplished?

**KL:** For New Zealand, it was a priority to get on the Security Council, because we are invested in a rules based system. So it's important for us to pull our weight. And it is sort of a 30-year endeavor. There's 10 non-permanent seats, and the way that the cycle goes, [a nation's turn] is sort of once a generation. This time around, the world has changed quite a bit since the last time we were on the council, which was 1992-1994. And the sort of major issues of the day were in Africa and the eastern horn. And it's sad to see that some of those issues were still not resolved by the time we got on again. But what had changed, sort of, was the composition of the UN. And of the 193 states in the UN, approximately 105 self-identify as small states, and of that about 50 probably identify as small island states.

So, New Zealand sees itself as a voice, as one of those small island states. So we wanted to try to raise the profile of some of those issues that affect, in particular, Oceania. So we focused on the [small island developing states] and contributed to those nations that wanted to see climate change be put on the agenda of the Security Council, which was a quite nontraditional way of thinking about security issues. And I think, if anything, the mark that we left was ensuring that the

voice of small nations could be heard as clearly as the voice of some of the larger nations. Because that was the original purpose of the U.N.—for each country to have an equal voice.

**JV:** Are you the same Karena Lyons in the music videos on the internet?

**KL:** Oh, I hate the internet. Yeah, yeah. Well, everybody's got to pay their way through university, right?

**JV:** Do you still sing and perform in any capacity?

**KL:** As boring as it sounds, being a diplomat is a full-time job ... but being a New Zealander, you have to do all kinds of things to serve your country. I was at the UN ... I was strategist for our campaign for the Security Council and they rolled me out to sing in front of several thousands of people, which is the only time I've had to properly sing for my country. But not so much anymore. It was fun. I performed a lot when I was going through university. I'm a jazz nerd; that's where I started. And then I wanted to perform for people who were closer to my age than my parents' age. So ... I was in kind of like indie bands with a raw 80s—unfortunately, 80s—touch. I was like a B girl for a local rap artist who toured the U.K. and Australia. I did that when I was a lecturer on the faculty at Auckland University. Yeah, you've got a lot more control over your time when you're teaching at a university. I could gig on the side, and that was fun. We used to play big music festivals.

**JV:** Did that influence you in terms of where you took your career?

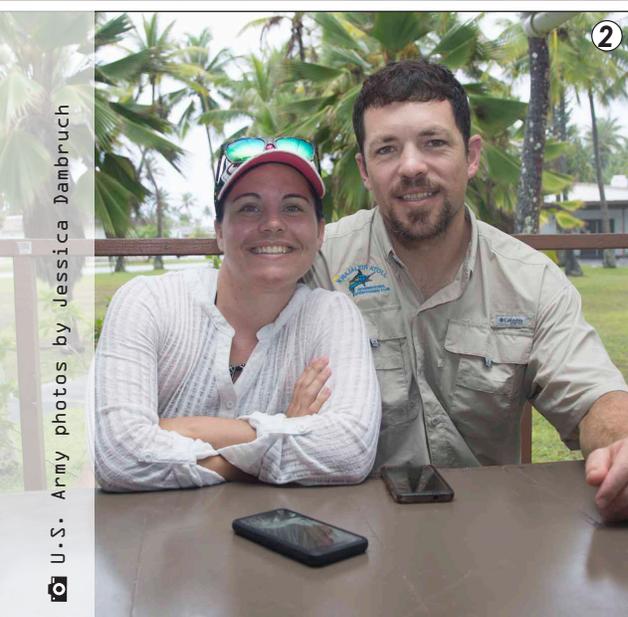
**KL:** Yeah, a little bit. One of the coolest gigs I ever did—again I was a like a B girl in this big rap group with these guys called The Immigrants. We went to a world music festival in Port Vila in Vanu-

atu. And it was quite random. ... I had never been to Vanuatu. ... I knew a lot of Polynesia but almost nothing about Melanesia. You have to go there. You have to make a concerted effort to learn about it, because it's so disparate. They speak like 210 languages in Vanuatu; it's an incredible place. And so we were in Port Vila, and there were 10,000 Vanuatians watching us. It's hip hop; it was loud; and it was quite political. It was sort of about people like myself, first generation Pacific islanders and their voice. But I loved the juxtaposition of that and the 10,000 Vanuatians sitting on the ground, cross legged, arms crossed and very politely listening quietly to the whole hip hop performance until the very end when they clapped politely. And apparently they loved it. I thought, "What?" It was very interesting, and it ignited [my interest] in getting out and about to places, and the foreign services is a good way to do that.

**JV:** The youngest prime minister in New Zealand history, Jacinda Ardern, took office just last year. How has Ardern's own commitments to environmental protections and trade bolstered your own efforts abroad?

**KL:** I think she symbolizes New Zealand's attempt to be a progressive country in the world. She's 37 years old, and she's pregnant. Prime Minister Ardern and her government have been really clear what their focus will be during this term on three points. The first is sustainability. The second would be inclusion, which is quite a broad ranging topic, but it includes climate change, childhood poverty ... and other things that represent her commitment to protecting the environment. But also, in the simplest terms, just looking after her people. ... The third tenant or pillar of her term will be style. She wouldn't say this, but I think she's really stylish. She was on the cover of a "Vogue" magazine, which is not something many New Zealanders

SEE "AMBASSADOR," PAGE 4



1) Kalani Riklon congratulates son Elasia after his solo performance of "Country Roads/We Are Together" on ukulele during the George Seitz Elementary School Talent Show at the Kwajalein Jr.-Sr. High School MP Room, March 23. 2) Brooke and Ryan Calkin enjoy an afternoon on Roi at the Outrigger, Club March 26. 3) The finale to the GSES talent show included a special performance by the Teacher Band. Pictured here, Kwajalein Kyle Miller, left, and Alex Coleman rock out onstage. 4) Cliff Pryor helps haul a bicycle out of the lagoon at Emon Beach with friends after Bill Williamson's last dive at Kwajalein Atoll March 23.



U.S. Army photos by Jessica Dambruch

"AMBASSADOR," CONT. FROM PAGE 3

are known for, generally. But what the government means by style is to be as transparent and open as possible and collaborative. The country feels extremely energized around her. They love her; they really like her.

**JV:** What is your opinion of Peter Jackson's Lord of the Rings trilogy and the subsequent boom in tourism? What benefits and challenges has it posed for New Zealand?

**KL:** The benefit is that it's become part of our national tourism campaign, and with good reason. It was filmed in New Zealand, other than like orcs and elves and stuff. The landscape really does look like that. We shamelessly flaunt their imagery to remind people that New Zealand is a great place to come and tour around and

make new friends. And for challenges, I'm not sure that there are any. We have to assure people that orcs don't exist, but we put that on the information packet when you come in.

**JV:** Say a resident here has never been to NZ before and has a week to spend there. What do you recommend they do during their time?

**KL:** You definitely have to go to the South Island, because that's where most of the filming for "Lord of the Rings" was filmed. You can either go in the summer or go in the winter. If you go in the summer, you want to drive around, check out the fjords and make sure you take several pairs of togs (swimsuits) and jandals (flip flops). There's lots of great places to swim. And if you like wine, then the

top of the North Island is filled with incredible wineries. And the backbone of New Zealand's economy is agriculture, and that will be readily apparent if you drive around the South Island. If you like cheese, it's awesome. Some of the best cheese in the world; maybe the European Union would beg to differ, but they're not here.

In the North Island there are probably more cultural things to do. So if you go to Rotorua in the middle of the North Island, there are lots of geysers and pools, great for keeping your skin hydrated. ... And then there's Auckland city, which is where I'm from, right there at the top. 1.5 million people live there; it's a quarter of the country. It's great for shopping; it's great for coffee. It's got a great live music scene.



# MWR SUPERVISOR SHARES ROI VISION

HOURLASS REPORT

**Rob Kent** has big ideas for a small island. As Roi Namur's new MWR supervisor, he puts in long hours planning creative and fun events to engage everyone in the Roi community.

"Roi presents an interesting challenge for us," said Kent in an interview March 26. "We always have an influx of visitors who bring their own interests to the island. Then we have our longtime residents. We want to bring everyone together."

That might sound like a tall order but Kent has been preparing for this challenge for years. A native of Mississippi and a Veteran of the U.S. Air Force, Kent brings his knowledge of the military as well as international experience working in the private sector and with MWR.

"In the Middle East, I once helped set up a golf course. Of course we had a lot of sand and no grass. So how do we make the golf experience everyone needs? We decided to get carpet. So, our personnel carried small carpets with them to tee off," Kent said.

Brainstorming great ideas is one of Kent's pastimes. He fondly recalls a coworker in Mosul, Iraq, who serenaded service members with a violin.

"We loved coming up with and sharing ideas," said Kent. "Inevitably, we'd find a way to pull off the idea."

Kent's big ideas are what's brewing on Roi right now. Thus far since his arrival, Kent has successfully launched the St. Patrick's Day celebration at the Roi Outrigger Club, complete with games and trophies hand-crafted in the Hobby Shop. The event pitted visitors against island residents. Everyone had a good time.

Those with a competitive spirit should brace themselves for Kent's next idea: the first-ever mega pizza-eating contest at the Outrigger Club. Together, March 31, two brave souls will each attempt to eat a gigantic calzone: Two pizzas stuffed with every conceivable topping and sandwiched together.

"The loser buys. Each pizza costs \$40," said Kent. "This will be fun. If you don't want to compete, you can watch. The money we make will go back into more MWR improvements and purchases for Roi."



1. Kent checks out the potter's wheel and other equipment in the Roi-Namur Hobby Shop. 2. Kent displays a St. Patrick's Day coffee stein, made by a Roi resident as a trophy for the Roi Outrigger Club's festivities.

U.S. Army photos by Jessica Damburch

Kent is also ramping up interest in Roi sports and plans to single-handedly relaunch live theater in the atoll.

"Plays, one-acts, skits, improv—I want to do it [all]," Kent said.

If you are a resident of Roi or Kwaj with ideas for new MWR activities, Kent encourages you to stop by and share them. Kent is currently putting together a calendar of upcoming activities for community sports, crafts and events at the Roi Outrigger Club: Visitors, residents and their guests should check out the growing program of offerings and get ready for the unexpected.

"The more we can do to get people outside and sharing the experience of living here, the more fun this is going to be," said Kent. "I'm really grateful to be here on Roi. I want everyone to enjoy living here."



## CATCH THE CURRENT!

Tune in to Kwajalein's new television channel 29-1 to watch your local news and information program, "The Kwaj Current!" The show airs on a continuous loop packaged with historical, science and cultural information related to our region and mission. New episodes are produced biweekly and also published on the official USAG-KA Youtube Channel. Follow the USAG-KA Facebook page for the link to the show and other useful local information. Call the USAG-KA Public Affairs Office to submit feedback, questions and story ideas at 5-4848.

Graphic Illustration by Jarett Nichols

# WEEKLY WEATHER LOOKOUT

RTS WEATHER STATION STAFF

**WEATHER DISCUSSION:** 2018 is the year of the missed dry season. This past January through March we have received over 300 percent of normal precipitation, the second wettest on record for the period. March is ending with nearly 15 inches of rainfall for the month. This is 450 percent above normal rainfall amounts and is the third wettest March on record since 1945. Looking forward showers will be in the area Saturday and decreasing coverage Sunday and Monday. Winds will remain light so expect outdoor activities to feel hot and humid, great beach days. Next week winds return back to moderate ENE trades with continued widely scattered shower coverage. Expecting normal to a little above normal accumulation.

**SATURDAY/SUNDAY/MONDAY FORECAST:** Winds E-SE Saturday from 10-15 knots with scattered showers. Winds SE Sunday and Monday from 7-12 knots with widely scattered showers.

**MID-WEEK FORECAST:** Winds becoming ENE-E at 10-15 knots with widely scattered showers.

SUN-MOON-TIDES				
	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
<b>SUNDAY</b>	6:47 a.m. 6:59 p.m.	7:40 p.m. 7:11 a.m.	4:48 a.m. 4.6' 5:01 p.m. 4.7'	10:54 a.m. -0.9' 11:09 p.m. -0.9'
<b>MONDAY</b>	6:47 a.m. 6:59 p.m.	8:31 p.m. 7:57 a.m.	5:18 a.m. 4.7' 5:31 p.m. 4.4'	11:26 a.m. -0.8' 11:36 p.m. -0.7'
<b>TUESDAY</b>	6:46 a.m. 6:59 p.m.	9:21 p.m. 8:42 a.m.	5:47 a.m. 4.6' 5:59 p.m. 4.1'	11:57 a.m. -0.6' -----
<b>WEDNESDAY</b>	6:46 a.m. 6:59 p.m.	10:11 p.m. 9:27 a.m.	6:14 a.m. 4.4' 6:27 p.m. 3.7'	12:02 a.m. -0.5' 12:27 p.m. -0.3'
<b>THURSDAY</b>	6:45 a.m. 6:59 p.m.	11:01 p.m. 10:13 a.m.	6:42 a.m. 4.1' 6:54 p.m. 3.2'	12:26 a.m. -0.2' 12:58 p.m. 0.1'
<b>FRIDAY</b>	6:44 a.m. 6:59 p.m.	11:50 p.m. 11:00 a.m.	7:10 a.m. 3.7' 7:22 p.m. 2.8'	12:50 a.m. 0.2' 1:31 p.m. 0.5'
<b>APRIL 7</b>	6:44 a.m. 6:59 p.m.	----- 11:47 a.m.	7:43 a.m. 3.3' 7:57 p.m. 2.3'	1:15 a.m. 0.6' 2:13 p.m. 0.9'

# USAG-KA REPORT

## RESIDENTIAL PHONE AND INTERNET UPDATE

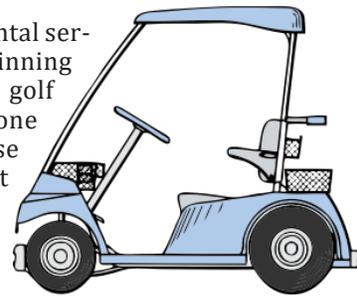
**Residential internet service** on USAG-KA will continue as currently provided through April 2018. We are pending the establishment of the new Joint Venture service estimated to begin May 1, 2018. We do not believe there will be interruption of service during the final transition.

Residential phone billing will be \$5 for March 2018 and \$5 for April 2018. We are transitioning to a pay ahead process. Stay tuned for more details on how and when to pay this bill. USAG-KA is coordinating with the service activity to ensure that both 911 calling and on-island service is retained in the future at a nominal cost.

The current solution remains: VOIP/Internet calling for long distance through Joint Venture internet service, 911 service provided across the Atoll and we are developing options to continue local area service. Until a permanent service solution is determined, current services will remain in effect.

## USAG-KA FMWR GOLF CART RENTAL PROGRAM

The USAG-KA FMWR Golf Cart Rental service will return on Kwajalein beginning Sunday, April 1. There are three golf carts available on Kwajalein and one cart in transit to Roi-Namur. These are standard golf carts, which seat two people and have space for a golf bag in the rear.



These are to be used temporarily while USAG-KA awaits the arrival of ten new multi-passenger "scooters" this summer. The rental hours are: Tuesday - Saturday, 7 a.m. - 7 p.m. at the Kwajalein Library desk, and Sunday - Monday, 7 a.m. - 7 p.m. at the Kwajalein Golf Course Country Club. The rental cost will be \$5 per hour.

Rental times will be limited to two hours per customer due to the limited amount of vehicles and high demand. Another important note: There will be no rental available after 7 p.m. because the temporary golf carts do not have headlights or turn signals necessary for safe operation after-dark. These carts are designed for traditional golf course use, not for use on a roadway. A current USAG-KA driver's license is required for vehicle rental. If you have any questions, please contact FMWR office at 5-1559.

## Captain Louis S. Zamperini Dining Facility

\*MENU CURRENT AS OF MARCH 30

### LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 7
Carved Prime Rib	Bombay Chicken	Chicken Cordon Bleu	Sauerbrauten	Jerk Chicken	Orange Chicken	Meatloaf
Roast Turkey	Pork Chops	Parmesan Pollock Fish	BBQ Chicken	Curry Beef	Beef & Broccoli	Baked Chicken
Glazed Ham	Buttered Egg Noodles	Basmati Rice	Broccoli Parmesan	Steamed Carrots	Fried Rice	Mashed Potatoes

### DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 7
Beef Stir Fry	Lasagna	Pepper Steak	Prime Rib	Chicken Cordon Bleu	Pot Roast	Grilled Ribeye Steak
Lemon Pepper Fish	Marinara Sauce	Pork Loin	Baked Salmon	Baked Talapia Fish	Baked Pollock	Shrimp Scampi
Rice Pilaf	Garlic Bread	Steamed Rice	Dirty Rice	Rice Pilaf	Garlic Mashed Potatoes	Mac & Cheese

# COMMUNITY CLASSIFIEDS

## HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit [www.usajobs.gov](http://www.usajobs.gov).

Job opportunities are available at RTS Weather Station. For full details and to apply see <http://www.aq-ast.com/careersreq.#42>.

FCE Benefits Administrator position. For more information, please contact Diane Peters at (805) 355-0939 for more information.

San Juan Construction is currently hiring for multiple projects on Kwajalein. If your contract is ending and you are interested in continued work on Kwajalein, please see our website at [www.sanjuanconstruction.com](http://www.sanjuanconstruction.com) for opportunities and to apply or call Tim Hughes, Corporate Recruiter at 970-497-8238.

Space Fence is hiring for multiple on-island positions. Inquire with Leslie.Halenaar@lmco.com.

Community Bank currently has an opening. The position is available to on-island hires. Some banking experience is required. Please apply at [dodcommunitybank.com](http://dodcommunitybank.com) or call Stephanie Prudence, 5-2152.

Berry Aviation is seeking a full time Operations Support Specialist. Send resume to Steven Simpson, Berry Aviation Site Manager at [simpsonst@hotmail.com](mailto:simpsonst@hotmail.com) and apply @ <http://berryaviation.at-sondemand.com/>

## HEALTH WORKSHOPS

Biggest Loser Contest! Patterns

are hard to break. Grab a friend, and join the challenge. Weekly confidential weigh-ins, lunch & learns. Cash prizes, bragging rights and improved health! Enrollment meeting Tuesday, April 3 from noon-12:30 p.m. in the Hospital Conference Room. \$5 Entry fee. If you want to join the challenge and can't make the meeting, call 5-5362.

Stressed Out? Issues at work or at home? Feeling disconnected? Call 5-5362 and set up an appointment. Get support working through whatever obstacle life is throwing at you.

## COMMUNITY NOTICES

Registration to obtain your Commercial Activity License is now open. Anyone who wants to participate in the Kwaj community either as a home-based vendor or to request permission to sell at special events or facilities, must register. There is a \$25 yearly fee which can be paid at Community Activities office in Building 805. The registration fee is retained by the Kwajalein FMWR program and directly distributed through recreation opportunities in our community. Please call Community Activities at 5-3331 or 5-3332 for more information.

Merbabes Swim Class. Friday April 6, 12:30 p.m.-1 p.m. Come enjoy an American Red Cross parent-child swim lesson. Class is for children ages 6 months-3 years. All participants must be accompanied by an adult in the water. The purpose of this class is to develop a comfort level in and around the water. Swim diapers are required for children who are not potty-trained. Cost is free! Questions, contact Cliff at 5-2848.

April CWF Luncheon. All ladies are invited to the next CWF luncheon on Sunday, April 8 at 12:30

p.m. in the REB with keynote speaker will be Amy LaCost, who will share how her family grew through adoption. Please bring a Kwaj recipe (one that can be made with only ingredients available on Kwaj). We will also be tying prayer knots on some prayer quilts made by the CWF quilting ministry. For questions, contact Charissa at 5-1889.

George Seitz Elementary School Book Fair is coming up! Students shop April 11 from 8:30 a.m.-5 p.m. Public shopping is April 12 from 8:30 a.m.-7 p.m. All proceeds benefit the Kwajalein Schools Library. Please donate gently used or new books (children, teen and adult), puzzles or games. Donations can be dropped off at the Elementary School office through April 6.

The Kwajalein Hospital and Dental Clinic hours of operation are Tuesday through Saturday from 7:30 a.m. to 4:30 p.m. Emergency Services will be available 24/7 after hours, on weekends and holidays. For inquiries or to schedule an appointment, call the Front Desk at 5-2223 or 5-2224.

Salon Notice. If you have an appointment scheduled at the salon in May, June, or July please call 5-3319 with the following information: Name, Service you are scheduled for, date of service and phone number. Scheduling software is down and we are working to avoid conflicts. Thank you!

E-Wareness: Eniwetak Conservation Area (ECA). The ECA was established to promote conservation of wildlife and coral reef resources. Visitors are not allowed without consent from USAG-KA. For more information, call DI Environmental at 5-1134.

Regulations require that a dig per-

mit be processed for the erection of any tent. These permits require an average of five working days to process. All MWR customers are reminded that no tents may be erected without this coordination. Please factor this process into your event plans.



## USAG-KA Volunteer Recognition Event Tuesday, April 17, 2018 MP Room, 6:30-8:30 p.m.

*The garrison will show its appreciation for the time, talent and efforts offered by volunteers to improve our community at the USAG-KA Volunteer Recognition Event. The evening is for nominated volunteers and invited guests.*

## WEEKEND MOVIES

YUK THEATER, KWAJALEIN

Saturday, March 31  
*Ferdinand (PG)*

Sunday, April 1  
*Pitch Perfect 3 (PG-13)*

Monday, April 2  
*Insidious: The Last Key (PG-13)*

TRADEWINDS THEATER, ROI

Saturday, March 31  
*The Post (PG-13)*

Sunday, April 1  
*All The Money in the World (R)*

*\*All features begin at 7:30 p.m.*

## Café Roi

\*MENU CURRENT AS OF MARCH 30

### LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 7
Ground Beef Yakisoba	Bombay Chicken	Beef Stew	Jambalaya	Jerk Chicken	Wings Friday	Burger Bar
Sweet & Sour Chicken	Smothered Pork Chops	Chicken Cordon Bleu	BBQ Chicken	Curry Beef	Beef and Broccoli	Fried Fish
Steamed Rice	Buttered Egg Noodles	Brown Rice Pilaf	White Rice	Spanish Rice	Orange Chicken	Hoppin' John

### DINNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 7
Herb Baked Chicken	Lasagna with Meat Sauce	Taco Tuesday	Steak Night	Fried Chicken Night	Pot Roast	Roast Beef
Braised Beef Cubes	Italian Sausage & Peppers	Roast Pork Loin	Roasted Chicken	Rice Pilaf	Grilled Fish	Shrimp Scampi
Rice Pilaf	Seasoned Green Beans	Steamed Rice	Dirty Rice	Peas and Carrots	Mashed Potatoes	Dirty Rice

# EASTER EVENTS

## **Easter Sunrise Service 6:30 a.m. at Emon Beach**

A Kwaj tradition that's not to be missed! Come celebrate Easter at sunrise at Emon Beach with the interdenominational congregation. Brunch will follow.

## **Easter Morning Catholic Mass Sunday, April 1 at 9:15 a.m.**

The community is welcome to attend Easter morning Mass in the main sanctuary of the Island Memorial Chapel.

## **Easter Morning IMC 11 a.m. Service The Island Memorial Chapel**

Bring a friend! The community is welcome to attend the 11 a.m. interdenominational modern worship service at Island Memorial Chapel.

## **MWR Easter Water Blast Kwajalein Softball Fields Sunday, April 1, 2018, noon-3 p.m.**

Make a splash this Easter and join the egg-citement at the MWR Easter Blast! Young children and families are welcome to join MWR at the softball fields for an afternoon of water fun. Try out the slip and slide, bounce houses and enjoy crafts and games in the shade. Face painting, ice and cold drinks will be available for purchase. Don't forget your swim gear, sunscreen and towels! You'll want to dry off before the Grace Sherwood Library Egg Hunt!

## **MWR Easter Egg Hunt The Grace Sherwood Library Sunday, April 1, 2018, 4-5 p.m.**

Young children and families are welcome to join MWR at the Grace Sherwood Library for an indoor egg hunt. Bring a basket, hunt for eggs and take a photo with the Easter Bunny! Parents should bring their own cameras. You may even find a great book to take home in your Easter baskets.

**For more information, please contact the MWR office at 5-3332 and The Island Memorial Chapel at 5-3505.**



# EASTER INSPIRATION

## COMMUNITY CONNECTION

### **We live in a volatile world.**

It seems like the whole planet has gone insane. The stock market rises and falls, and the political climate is as unstable as the weather; no one seems to have any lasting solutions to bring back a sense of peace and serenity.

Every day we hear about another school shooter, terrorist attack, or some crazy world leader threatening to nuke us. What's going on?

If you had to pick one of the world's most significant problems to focus on, what would it be? And if you looked at your personal life, what you are facing now; what big issue is causing you the most concern? I don't mean a terrorist attack or a stock market crash, but something distinctive to you.

What overwhelms you? What causes you sleeplessness and worry? What empties you of hope? Is it your job or family? Fear of retirement or personal security? Are you facing a severe illness or worried about future health? Are you concerned if your children will prosper after you are gone? What would it be?

When we dwell on any of these, it can undoubtedly strip us of all our present energy and hope for the future. This year I watched the Olympics when I could. The time change made it challenging, but at least I saw some of the Games without knowing

who won individual events. When I watched events that had not been reported on the news, I found myself rather tense when my team was on the edge. When I already knew the outcome, the tension was greatly reduced. Why? There was no surprise. The score was history; I was merely watching old events play out.

For the Christian world this Sunday is Easter: the celebration of the Resurrection of the Crucified Christ. The record of Biblical truth, affirmed repeatedly for nearly 2,000 years, despite skeptics' attempts to disprove the recorded facts, remains solidly in place. Life events continue, and for those of us with genuine faith, the events are merely God's history unfolding to us.

Our lives are centered on the implications of the resurrection and teachings of Christ. As St. Paul says: We live by faith not by sight." We might also say that the emotions and violence of this world are replaced by faith as the controlling force in our lives.

However, the "game" between good and evil really is finished: Christ rises triumphant over death and sin. Hope remains intact, the future is still certain, and internal peace continues despite living in a volatile world. Why? Because He has risen. If you don't believe, prove us wrong.

— **Father Victor Langhans and  
Chaplain Steve Munson**

## **MWR HEALTH AND FITNESS CLASS SCHEDULE**

**Join the fun and get fit at one of MWR's weekly classes—now with Zumba and Aqua Fit classes taught by Elena Childress!**

**Monday:** Circuit 8 a.m. at Ivey Gym

**Tuesday:** Barre 9 a.m. and Spin Class 5:30pm CRC Room 7

**Wednesday:** Spin Class 5:45 a.m.

**Thursday:** Bootcamp gam and Barre 5:30 p.m. CRC Room 7

**Friday:** Barre gam and Spin 5:30 p.m. CRC Room 7

**Friday:** 5:45 a.m. Zumba Class. CRC Room 7

**Saturday:** Circuit 8 a.m. at Ivey Gym

Monday, April 2- AquaFit, 5:30 p.m. at the Adult Pool

**Questions? Please Call MWR at 5-3332**

