

THE KWAJALEIN HOURGLASS



Property Department staff Patterson Nebo, left, and Simonson Fraser sort out furniture purchases during the Jan. 11-12 government property sale at the DCCB on Kwajalein.

◉ Jordan Vinson

THIS WEEK

GARRISON HOLDS
EXCESS PROPERTY SALE - P 2

LT. GEN. DICKINSON
TAKES REINS OF SMDC - P 3

ART AND COFFEE
MAKE CAFFEINATED COMBO - P 4

GARRISON OPENS DCCB TO ATOLL RESIDENTS LOOKING FOR BARGAINS

HOURLASS REPORT

More than 100 residents of Ebeye, Gugeegue and other islands headed to the DCCB building at west end of Kwajalein, Jan. 11, to hunt for bargains during an excess government property sale. Everything from washers and dryers, to large televisions, entertainment centers, lamps, recliners and even a foosball table were up for grabs.

Most items were purchased at a discount of 95 percent their original purchase value. Sure, the scratch-and-dent items were by no means brand-new. But \$20 for a clothing dryer or \$17 for a TV set? That was a deal few atoll residents could pass up, and very few items, especially furniture, were left the following day.

The sale not only cleared up needed space at the DCCB, but also put the sale items to good use, garrison property administrators said.

"There were a lot of smiling faces, because they had been anticipating this sale for, I think, about two years now," one administrator said Jan. 12. "The smile[s] on their faces when they came through to pay for their stuff [was] just an overwhelming feeling for [our staff]."



CLOCKWISE FROMTOP LEFT: Property staffmember Patterson Nebo carts off a filing cabinet purchased during the sale. Men decide the pictured desk is just what they were looking for. Ladies queue for their turn to safely peruse the facility; from left: Jeannette Jackson, Albertina Bejang, Asia Williams, Jane Bobo and Rosalie Capelle. Property staff tackle the paperwork associated with purchases.

U.S. Army photos by Jessica Dambruch and Jordan Vinson

THE KWAJALEIN HOURLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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NEW SMDC COMMANDER TAKES REINS AT REDSTONE ARSENAL

EXTERNAL REPORT

Lt. Gen. James Dickinson assumed command of the Army Space and Missile Defense Command/Army Forces Strategic Command and Joint Functional Component Command for Integrated Missile Defense, Jan. 5, 2017. Commissioned in 1985 as a second lieutenant, he has held leadership positions, from platoon leader, to commanding general of an Army Air and Missile Defense Command.

He most recently served as the chief of staff of the U.S. Strategic Command, based in Offutt Air Force Base, Nebraska. He was previously assigned as the director for test at the Missile Defense Agency at Redstone Arsenal, and as deputy to the inspector general in the Office of the Secretary of the Army.

Lt. Gen. Dickinson was the commanding general of the 32nd Army Air and Missile Defense Command at Fort Bliss, Texas, from July 2012 to March 2014, and he served as the commanding general of the 94th Army Air and Missile Defense Command at Fort Shafter, Hawaii, from August 2011 to July 2012.

Additional command assignments include serving as the battalion commander with the 1st Battalion, 7th Air Defense Artillery, 32nd Air and Missile Defense Command at Fort Bliss, Texas, where the battalion deployed in support of Operations Enduring Freedom and Iraqi Freedom. He also served as brigade commander with the 35th Air Defense Artillery Brigade, Eighth United States Army in the Republic of Korea.

Previous staff assignments include: operations officer, 5th Battalion, 52nd Air Defense Artillery, 11th Air Defense Artillery Brigade, Fort Bliss, Texas, and Operation Southern Watch, Saudi Arabia; operations officer, 11th Air Defense Artillery Brigade, Fort Bliss, Texas; senior emergency actions officer and senior operations officer, National Military Command Center, J-3, Joint Staff, Washington, D.C.; chief of operations, G-3, later assistant chief of staff, G-3, 32nd Army Air and Missile Defense Command, Fort Bliss, Texas; chief, Commander's Initiatives Group, United Nations Command/Combined Forces Command, U.S. Forces Korea, Republic of Korea; and deputy director for operations, National Military Command Center, J-3, Joint Staff, Washington, D.C.

His awards and decorations include the Distinguished Service Medal, Defense Superior Service Medal, Legion of Merit, Bronze Star Medal, Defense Meritorious Service Medal, Merito-



U.S. Army photo

Lt. Gen. James Dickinson, the new commanding general of the U.S. Army Space and Missile Defense Command. He replaced outgoing Lt. Gen. David Mann, who has retired.

rious Service Medal, Army Commendation Medal, Joint Service Achievement Medal, Army Achievement Medal, Parachutist Badge, Basic Space Badge and Joint and Army Staff Identification Badges.

Lt Gen. Dickinson graduated from Colorado State University with a Bachelor of Science in mechanical engineering and from the Colorado School of Mines with a Master of Science in operations research and systems analysis. He later earned a master's degree in strategic studies from the United States Army War College.

KWAJ MEET-AND-GREET WITH LT. GEN. DICKINSON

5-6 p.m., Wednesday, Jan. 18, at the KHS Multi-Purpose Room
The entire community is welcome



OLD STYLE, **NEW ART** AT SUNRISE BAKERY

BY JESSICA DAMBRUCH

Kwajalein artists Angel Alejandro and Donna Groth used artmaking techniques that are hundreds of years old to produce the large format prints and glass art on display now at the Sunrise Bakery.

Fish Prints

"I love how much of Japanese art revolves around nature, and how the intricacy of nature can be expressed in a very simple style," Alejandro says of his minimalist philosophy in fish printing. He practices "gyotaku," ("gyo," for fish and "taku," for stone rubbing). It's what he calls, "the original Facebook post." This Japanese printmaking method was used in the mid-1800s by fishermen and illustrators to record the fine details of a catch or specimen.

If you're a local creative fisherman and want to try gyotaku, the process goes like this: Paint a catch with sumi ink and lay it on a slip of rice paper. The result is an original copy that can be illuminated or embellished with colored inks and serve as proof of a catch. Alejandro's works are each over two feet wide and stamped with a Japanese-made red woodcut that says

'Angel Art' in Japanese. The framing was done locally by Kwaj resident Lynn Ezell.

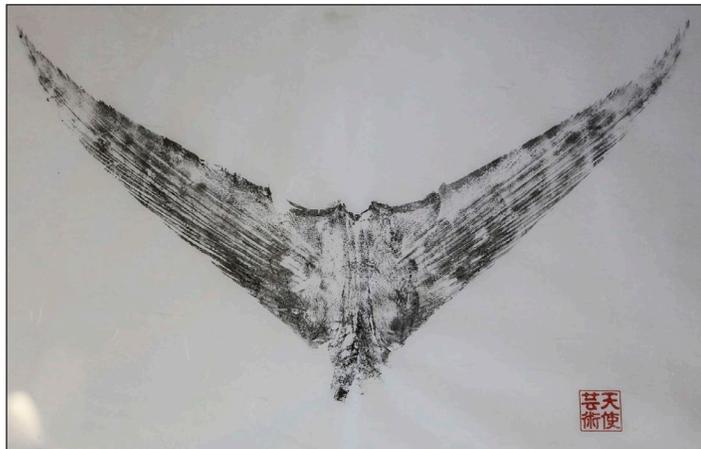
It is possible to achieve simple prints using many media, but to generate an authentic gyotaku print, the materials matter. The delicate suckers on the octopus print's tentacles (seen at the bakery) are visible in an indelible splash of thin Sumi ink on a rough paper surface, rather than traditional rice paper.

Alejandro explains his choice as the desire for a particular texture: "I used taro paper because I thought the paper fit the organic look of the fish print. The fish and octopus were both caught here on Kwaj."

Not all fish make good prints, Alejandro says. Mahi-mahi are difficult, "because there isn't much relief in the scales of the fish, and it takes some work to print some detail, and not just a smudge of ink."

Glass Arts

Glass has been used in the decorative arts since 2755 BCE. The iconography and color of stained glass from the medieval era through the early 20th century established stained glass windows



A fishtail print by Angel Alejandro

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U.S. Army photos by Jessica Dambruch

'Heart on Fire' by Donna Groth

as a preeminent part of western art history. Witnesses to these works experience the cloistering effect of windows that reveal brilliant light but conceal the outside world.

Though modern glass artists draw inspiration from art history and observation, they all share in the labor-intensive process of designing and soldering the intricate display of individual glass fragments, called lights, to create finished hangings and windows.

Donna Groth's faith is reflected in her choice of shapes and subject matter. Fifteen years ago, spurred by her twin sister's interests, she discovered glass. Now at work on three separate window projects, Groth schedules glasswork around the naps of her inquisitive housecat. She enjoys the art of Richard Satava and receives help from local framer John O'Brien to create the finished frames that wrap around her projects.

Groth is drawn to roundels, or rounds, and the possibilities that glass offers artists.

"I use various colored glass in different textures, such as glue chip, water, cathedral, wispy, muffled, hand rolled and hammered," Groth says. "I also use jewel pebbles and roundels. I cut all the glass pieces and then grind them down to fit my pattern."

A song and green flash she had recently observed made their way into a window entitled "Heart on Fire," featured above.

"The center of the cross has a green flash Celtic trinity symbol, as the green flash was such a beautiful gift," Groth says. "And it reminded me of how much God loves us."

Roundels first appeared in a modern art window Groth built for a friend.

"Now I want to put them in everything. I like the depth in them," she says. "[My friend's] office faces east, and the morning sun was blinding. Now her office is a dancing rainbow of colors in the morning."



The Kwajalein Hourglass

HERO OF THE WEEK



U.S. Army photo by Jordan Vinson

HOURLASS REPORT

USAG-KA's Hero of the Week is Kwajalein resident Melody Corder. A United Airlines City Ticket Office employee of about eight years, Corder has helped whisk many garrison residents off island via United in emergency- or family-related circumstances. Her ability to navigate through the complex system of airline ticketing, flight schedules, plane re-routing issues and cancellations—all in real time—can make all the difference when folks need to rush back home. One resident, Terry Edelen, experienced Corder's help first-hand. She writes:

"I had a family emergency and needed to get to Florida as soon as possible. I went into the United office on a Thursday and asked for help getting on the next flight out of Kwaj. Mel-

ody was able to get me on the Friday flight with an early flight out of Honolulu to San Fran, but the only flight to Florida was with a layover in New Jersey. Apparently she didn't stop helping after she booked my ticket, because after I arrived in San Fran, I received a text from an unidentified United rep asking if I would be interested in getting on a direct flight to Orlando that had been delayed."

Edelen continued: "It wasn't until recently that I was able to verify who that United rep was. It was our own Melody Corder. Unbeknownst to me, she had been watching my flights and noticed that delayed flight and set out on getting me on it. Thank you Melody for your work ethic, attentiveness, care and thoughtfulness in helping this weary traveler get to her destination as quickly as possible."

OPENING NITIJELA SESSION HELD

HOURLASS REPORT

U.S. Army Garrison-Kwajalein Atoll Commander Col. Michael Larsen and Command Sgt. Maj. Angela Rawlings joined U.S. Ambassador to the Republic of the Marshall Islands Karen Stewart at the opening of the 38th regular session of the Nitijela in Majuro, Jan. 3.

The opening session was attended by both RMI and foreign dignitaries, including officials from the Japanese embassy, the Republic of China/Taiwan embassy and the Australian Navy. During the session, RMI President Hilda Heine gave her state of the nation address, touching on issues ranging from the Compact of Association to improved government services in the archipelago.

The Nitijela is the body of the Marshallese government that sets national policy and laws. A regular session occurs twice each year, and special sessions are held throughout the year as needed.



U.S. Army photo by Mike Sakaio

RMI Minister of Health Kalani Kaneko meets Command Sgt. Maj. Angela Rawlings during the first 2017 Nitijela session.



Members of the Kwajalein Post Office team

U.S. Army photo by Jessica Dambruch

GOING POSTAL

HOURLASS REPORT

"It rusted apart. Popped. Wouldn't move," says Tony Ruiz, postmaster of the Kwajalein Post Office.

Postal work isn't only about mail. It's also about solving problems and meeting unexpected needs. As a deluge of mail began flowing into the post office before Christmas, one of those problems occurred. The facility's rolling metal freight door, sized to accept enormous pallets of postal freight stacked over five feet high, broke unexpectedly. Great timing.

No longer could the postal crew use a fork lift to hoist massive deliveries off semi-trailers and transport them into the facility's sorting bay. Once placed outside the post office, pallets of packages would need to be broken down and transported inside the old-fashioned way: a lá elbow grease. What other choice did they have?

For two weeks, on any given airmail delivery day, a 7,000-pound mountain of packages would be dropped off next to the facility's jammed freight door, and the men and women of the post office would get to work. Like ants marching, they broke the pallets apart outside and schlepped packages by hand through the facility's normal-sized door—you know, the ones fit for people—and into the sorting bay. And only after that ordeal was completed could the crew begin sorting the mail.

Fortunately, Ruiz says, he's got a great team, and with every crewmember pulling their weight, they were able to dismantle, transport and sort a full-sized shipment and not spend all night doing it.

"Because of the system we came up with, with everyone collaborating, it only took 25 percent more time—through the door, through here, and then to process it," Ruiz says.

All told, the Kwajalein Post Office staff received, processed and delivered 52,744 pounds of mail in the month of December—a lot of it via hand through that small door in the back of the building.

How's the freight door doing now? Perfectly, says Ruiz. Thanks to quick work by the Metal Shop crew, the door was back up and running only two weeks after it first jammed. Tearing apart and sorting mail deliveries is now a cinch—or at least a lot easier than it was during those two weeks in December.

Never a dull moment at the Kwajalein Post Office.



WINTER SPORTS RAMPING UP

HOURLASS REPORT

Enrollment for the winter sports season has begun. According to Community Activities Sports Director Derek Finch, the benefits of playing this season are not limited to simple health and fitness.

"Getting involved in sports is one of the best ways to meet new people," said Finch Jan. 6. "The island has high school teams, co-ed teams and men's and women's teams. There's no shortage of opportunities to play."

Of course, it's impossible to meet all these great people if you're stuck on the sideline with an injury or wishing you'd brought the right gear, so plan to play smart this season, and prepare in advance. Here are a few tips to help you prepare you for a safe and healthy sports season.

Drink Water

Our winters in the atoll are, admittedly, warm. Though most sporting events and practices happen at night, when the temperature has dropped, hydration prior to a game goes a long way.

"Get a hydroflask," jokes Finch. "Seriously, be prepared to drink lots of water. We'd have people filling up one gallon jugs and going through all of it in one [soccer] practice," said Finch. Any physically demanding sport in Kwaj weather will deplete your physical system, so plan to tank up.

Safety First

Community Activities offers teams use of a limited supply of loaner gear, such as softballs and bats, but you are encouraged to invest in personal gear that is appropriate for Kwaj sports, especially gear that fits right and helps you play your best. For instance, many a rainstorm has transformed Kwaj's soccer field into a mire, and a must-have item for newcomers' sports shopping list is proper footwear. Just remember that any personal gear must meet the safety specifications for the given sport. For example, metal cleats are not allowed in CA softball or soccer games. Have questions? Contact the CA Sports Office for more information.

Muscle Preparation

If you're new to a sport, have experienced a former injury or have been something of a couch potato, be patient with yourself, and take the time to prepare your muscles for exertion. For those with concerns, it is recommended that you visit with Kwajalein Hospital prior to committing to a team.

"And go stretch," emphasized Finch. A basic stretch regimen and cardio routine during your off-season (Yes, off-season is rare for Kwaj sportsmen.) keeps up strength and energy levels all year and keeps muscles limber. On-island evening yoga meetups offer a chance to stretch under the stars with fitness-conscious people, but stretching should be a regular part of your daily activities.

FORMER SMDC HEAD REFLECTS ON CAREER

EXTERNAL REPORT

By Jason Cutshaw, Space and Missile Defense Public Affairs

REDSTONE ARSENAL, Alabama—As he prepares for the next chapter in life, the sun will soon set on one Soldier's career.

Lt. Gen. David L. Mann assumed command of the U.S. Army Space and Missile Defense Command/Army Forces Strategic Command in August 2013. He began his career in 1981 and on Jan. 5, he will bid a fond farewell after more than 35 years of service.

Mann said when he arrived, he was very excited and very humbled. Being an air defense officer, Mann said there is really no higher level to command for air defenders than at US-ASMDC/ARSTRAT, and while he dreamt about it, he never really expected that honor.

Because of the complex nature of the command, Mann said knew he had a lot to learn.

"Quite frankly, I didn't know what I didn't know," Mann said. "I knew a lot about the operational and tactical-level weapon systems we have for air and missile defense. Coming to this command and learning about the strategic forces and global missile defense platforms we have was huge.

"Learning the space side of the house has been one of the most important focus areas during the past three years," he added. "Learning about the importance of space and understanding the Army is the largest consumer of on-orbit space assets is something I've tried to share with our senior leaders."

Mann also added that space is a new and critically important domain the Army has begun to embrace.

"If you look at a brigade combat team, roughly 70 percent of our weapons systems rely on on-orbit space assets," Mann said. "Space is a growth area and will continue to be so into the future. As we have been able to share the capabilities that we bring, we have seen a dramatic increase in demand for our capabilities, which is a good thing."

In addition to executing our strategic mission, Mann said after taking command he focused on ensuring the safety and quality of life for the force.

"We have teammates and their families at Fort Greely, Alaska, where it gets down to 50 to 60 degrees below zero, operating the nation's only defense against intercontinental ballistic missiles," Mann said. "Making sure they have what they need in terms of the mission and taking care of their families has been a priority. For example, housing and medical support have been a major effort.

"We also have Soldiers, civilians and families in the Marshall Islands at Kwajalein Atoll in the middle of the Pacific Ocean; we also wanted to make sure they have what they need to take care of their families, while at the same time being able to execute their very sensitive mission," he added. "We are asking folks to live in very austere, remote and challenging environments, it's important to make sure they have what they need in terms of life support."

After his many years of service, Mann had some advice for people thinking about serving in the military.

"To the young men and women who are considering joining the Army team, it is very important for them to understand the nobility and importance of the mission," Mann said. "It is not your typical occupation, it is a lifestyle choice and they need to truly understand the importance of serving one's nation.

"I will certainly miss serving with the young men and wom-



U.S. Army photo

Lt. Gen. David Mann, middle, during 2016 visit to Kwajalein Atoll .

en, both military and civilian, who serve our nation," he added. "Those who serve in the military are part of a unique community. They experience sacrifices and challenges that are hard to appreciate unless you have lived in that environment. It is a small community, and missing them and their selflessness is going to be tough."

Besides leading SMDC at Redstone Arsenal, Mann has served in numerous command and staff assignments, both overseas and in the continental United States. Places he has served include Iraq and throughout the Middle East, Kosovo, Cuba, New Mexico, Colorado, Georgia, Texas, Kentucky, the Pentagon and others.

He spoke of what the immediate future holds for him and his wife, Robyn.

"We are hoping to spend time with the grandkids," Mann said. "We are also looking forward to staying here in Huntsville. In our 35 years of service this is probably the first place we have come to where almost immediately we thought this place has retirement potential.

"The community leaders and people are so supportive," he added. "I have lived on many military installations where the local community was very supportive, but this community takes it to a whole new level. People give from their hearts and it is very evident. We love it here, and we are going to stay."

Growing up as the son of an Air Force pilot during the Cold War, Mann talked about who inspired him to become an officer and to serve his country.

"My father was an Air Force officer," Mann said. "He entered during the Korean War when they needed pilots. Although he only had a high school education, he applied for pilot training, took a test and was sent off to flight school. Growing up as a military brat, I remember passing toiletries with my mother through a chain link fence to him during the Cuban Missile Crisis. Just seeing his selfless service was very inspirational for me."

Mann talked about how selfless military families are. He said those who wear the uniform are focused on the mission and sometimes forget the strain military service puts on families; moving to a new locations, making new friends, setting up a new household and putting children in new schools.

"They also have to live with uncertainty when their loved ones deploy," Mann said.

In closing, Mann spoke about the inspiration he finds at home and how his wife has been beside him throughout his career and has been his foundation.

"I notice my wife's grace under pressure, her selflessness, the sacrifice she has gone through and her steadfast commitment to recognizing what is truly important in life," Mann said. "Sometimes life is hectic because we're focused on so many issues, but at the end of the day I can count on her to keep me grounded."

SOLVING THE PLOT

BY JESSICA DAMBRUCH

Kwaj residents are in agreement: Something has to fill The Plot, the former foundation for the old water tower in front of Zamperini Dining Facility. That smooth, clean square of pavement shines with potential. Before this space is officially allocated, let's examine some of the most creative possibilities for getting the most out of The Plot.

Yet Another Skate Park

It's a good idea to invest in the future of today's youth. We could use more space for those young people to shred and sun-burn before heading out to mow the lawn.

Local Greenhouse

Plant a few benches, set up glass walls, and voilà: a tropical greenhouse where Marshall Islands flora can be cultivated and enjoyed by visitors over lunch. The supplies are only a few barges away.

A Performance Space

An open space for dance recitals, concerts, dance parties, games of human chess or an outdoor theater would be a change of pace for community members looking for another way to spend quality time with friends. As a use of the space as-is, this solution would also cost zero dollars.

A Sculpture Park

Garrisons worldwide showcase historic heavy artillery and airframes, but many also have modern art installations and

statues dedicated to a celebration of local or regional history. Such sites become the focal point for public gatherings, local landmarks and offer visitors a convenient place for folks to capture commemorative photos.

So here's an idea: A sculpture garden can offer the entire community a place to relax and ask each other meaningful questions like, "This is art?" and "What is this supposed to be, anyway?" Plus, it will be fun taking bets on how long the art will last in the windy season before it goes airborne.

Das Kwaj Biergarten

Imagine happy hour. Now imagine happy hour downtown with pretzels—and polka. We think it's a decent idea, too. A biergarten would be a unique a respite after the heat of the day and could bring in revenue during the holidays as a rental space for company parties.

Solo-Cow Dairy Farm

Though there are few residents who enjoy cheese, Kwajalein has never enjoyed regular access to a farm. A small dairy operation on The Plot could offer the community a new weekend activity. Of course the cow would have to earn its keep. It could be put it to work maintaining the grasslands that are Brandon Field after a rainstorm. To keep the dairy running, the 4-H Club might be a likely source of volunteer manpower; members could help tend to the cow and staff a petting zoo for children enrolled in summer enrichment programs. The best part is the pride we could all take in the dairy farm as a brand: cheeses, milk and yogurt made and sold in the "Moosshall Islands."

Got more suggestions for us? Email the Kwajalein Hourglass with your off-the-beaten-path ideas for The Plot, and take this in stride, because ... you know ... **it is a joke.**



MARSHALLESE LANGUAGE BASIC GREETINGS

| | |
|-----------------------|---------------------|
| Yokwe | Hello |
| Ej et am mour? | How are you? |
| Jokutbae | Goodbye |
| Bar lo eok | See you later |
| Jouj | Please |
| Aef | Yes |
| Jab | No |
| Emman | Good |
| Kommol tata | Thank you very much |
| Kin jouj | You're welcome |

| | |
|-------------------|--------------------|
| Jolok bwid | Sorry or Excuse me |
| Eta in ... | My name is ... |
| Eok/am/kwe | You |

CASE 1

Yokwe, ej et am mour? Hello, how are you?
Emman, ak kwe? I'm fine, and you?
Elukkin emman. I'm great.

CASE 2

Jolok bwid, etam? Excuse me, what's your name?
Eta in _____. My name is _____.
Kwomaron ke jouj jiban io? Could you please help me?
Aef. Yes.
Kommol tata im bar lo eok. Thank you very much, and see you later.
Kin jouj. Jukutbae. You're welcome. Goodbye.

Source: "United States Army Kwajalein Atoll Marshallese Primer"

SURFWAY HOURS CHANGE

Surfway hours of operation will be modified to accommodate new reach-in freezer installation. Surfways business hours on the date noted will be:

Wednesday, Jan. 18, 9 a.m.-3 p.m.
Thursday, Jan. 19 CLOSED
Friday, Jan. 20, 9 a.m.-3 p.m.
Saturday, Jan. 21, 9 a.m.-3 p.m.



THUMBS UP to USAG-KA and KRS for coming together to craft a plan to eliminate the use of plastic and Styrofoam disposables on the garrison. It probably won't be easy, but it's a good move that could have an immediate positive impact on the local environment.

MLK JR DAY WEEKEND HOLIDAY HOURS

| Kwajalein | Jan. 15 | Jan. 16 | Jan. 17 |
|---------------------|--------------------|-------------------|-------------------|
| Emon Lifeguard | 11 a.m.-6 p.m. | 11 a.m.-6 p.m. | Buddy system |
| CRC | Closed | 8 a.m.-4 p.m. | Closed |
| Bowling Center | Normal hours | Normal hours | Normal hours |
| Golf Course | Sunrise to sunset | Sunrise to sunset | Sunrise to sunset |
| Country Club | 7 a.m.-5 p.m. | 7 a.m.-2 p.m. | Closed |
| Hobby Shop | 1-6 p.m. | 1-6 p.m. | 1-6 p.m. |
| Library | Closed | Closed | Closed |
| Family Pool | 11 a.m.-6 p.m. | Noon-6 p.m. | 3:30-6 p.m. |
| Small Boat Marina | Normal hours | Normal hours | 8 a.m.-6 p.m. |
| Surfway | Closed | 1-5 p.m. | 11 a.m.-4 p.m. |
| Surfside Salon | Closed | 10 a.m.-6:30 p.m. | Closed |
| Sunrise Bakery | 8 a.m.-2 p.m. | Closed | Closed |
| Ocean View Club | 4:30-2 a.m. | 4:30-2 a.m. | 4:30-2 a.m. |
| Post Office | Closed | Closed | Normal hours |
| AAFES Express | Normal hours | 10 a.m.-4 p.m. | Normal hours |
| AAFES Pxta | Normal hours | 10 a.m.-4 p.m. | Normal hours |
| Food Court | Normal hours | 10 a.m.-4 p.m. | Normal hours |
| American Eatery | Normal hours | 10 a.m.-4 p.m. | Normal hours |
| Community Bank | Closed | Closed | Closed |
| Theaters | Normal hours | Normal hours | Normal hours |
| Roi-Namur | | | |
| AAFES Express | Normal hours | Normal hours | Normal hours |
| Small Boat Marina | 8 a.m.-6 p.m. | 8 a.m.-6 p.m. | 8 a.m.-6 p.m. |
| Third Island Store | Closed | Closed | Closed |
| Outrigger Snack Bar | Noon-2 p.m. | Noon-2 p.m. | Noon-2 p.m. |
| | 5:30-10 p.m. | 5:30-10 p.m. | 5:30-9 p.m. |
| Outrigger Bar | 5:30 p.m.-midnight | 5:30-10 p.m. | 5:30-10 p.m. |
| Post Office | Normal schedule | Normal schedule | Normal schedule |
| Salon | Normal schedule | Normal schedule | Normal schedule |

AREA 2 CLOSED

AREA 2 CLOSED

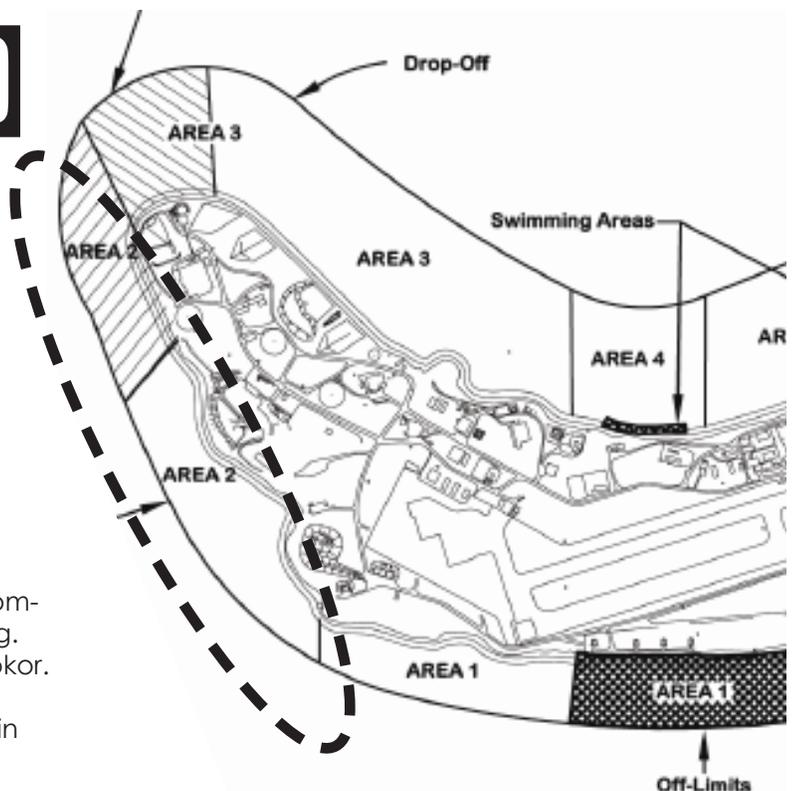
Area 2 is closed for recreational activities as authorized in USAG-KA Reg. 385-9. These activities include reefing, scuba diving and surfing.

The following activities are not authorized per 385-9: swimming, snorkeling, fishing, skiing, board sailing, kayaks/small day sailors

EBAR KILLOK AREA 2

Emoj an bar killok Area 2 nan makutkut ko im rej koman lojet ekkejel wot umin kakien ne USAG-KA Reg. 385-9, einwot: Etetal ilo lik im ion bedbed, Turon, Lokor.

Makutkut kein itulal rejjab melim ekkar nan kakien in 385-9: Tutu lik, Jinakol, Enod, Skiing, Lokor, Aonon.



WEEKLY WEATHER OUTLOOK

RTS WEATHER STATION STAFF

BLUF: Large northwest swell at Wake Island Jan. 17, similar to past inundation events at that location. Locally, indications for need of Small Craft Advisory starting Jan. 18, else no significant threats.

Weather Trends: The Intertropical Convergence Zone (ITCZ) is stretching along 6 - 7 north latitude. This proximity brings periods of heavier showers to the atoll. The ITCZ will remain in its current location through the weekend. Shower coverage Friday will be widely scattered but will increase for Saturday and Sunday as a disturbance within the ITCZ passes from the east to the west.

The sub-tropical high to our north will strengthen after the weekend. This will force the ITCZ southward bringing drier conditions to the atoll. The stronger pressure gradient will cause surface wind speeds to increase next week.

Caution-outlook: A large maritime storm is developing off the coast of Japan with 40-mph winds. This will cause a large swell threat to Wake Island next week. This northerly swell will eventually appear in our region late next week. Higher wind speeds are also predicted for late next week, resulting in a chaotic sea state.

WORK BUS SCHEDULE CHANGE

Due to scheduled range command sponsored events, the Kwajalein work shuttle bus will not be available Jan. 25-26. The work bus is expected to resume normal operations on Jan. 27.

PLEASE RESPECT THE FAMILY ENVIRONMENT AT EMON BEACH

Please watch your language and behavior at Emon Beach. It is a family-friendly environment and should remain so.

COMMANDER'S HOTLINE

HAVE SOMETHING THE USAG-KA COMMANDER SHOULD KNOW ABOUT?

CALL THE COMMANDER'S HOTLINE AT 51098 TODAY!



Sexual Harassment/Assault Response and Prevention (SHARP) Contact Information

Capt. David Rice
SHARP Victim Advocate

Work: 805 355 2139 • Home: 805 355 3565
USAG-KA SHARP Pager: 805 355 3243/3242/3241/0100
USAG-KA SHARP VA Local Help Line: 805 355 2758
DOD SAFE Helpline: 877 995 5247



| | SUNRISE SUNSET | MOONRISE MOONSET | HIGH TIDE | LOW TIDE |
|-------------------|------------------------|--------------------------|------------------------------------|--------------------------------------|
| SUNDAY | 7:08 a.m. 6:49 p.m. | 9:23 p.m. 9:11 a.m. | 6:02 a.m. 3.8' 6:13 p.m. 4.7' | 12:02 a.m. -0.8' 11:55 a.m. -0.5' |
| MONDAY | 7:09 a.m. 6:49 p.m. | 10:14 p.m. 9:59 a.m. | 6:38 a.m. 3.7' 6:47 p.m. 4.4' | 12:37 a.m. -0.6' 12:31 p.m. -0.2' |
| TUESDAY | 7:09 a.m. 6:50 p.m. | 11:03 p.m. 10:43 a.m. | 7:13 a.m. 3.4' 7:20 p.m. 3.9' | 1:10 a.m. -0.3' 1:06 p.m. 0.2' |
| WEDNESDAY | 7:09 a.m. 6:50 p.m. | 11:50 p.m. 11:26 a.m. | 7:50 a.m. 3.2' 7:54 p.m. 3.4' | 1:44 a.m. 0.1' 1:43 p.m. 0.6' |
| THURSDAY | 7:09 a.m. 6:50 p.m. | ----- 12:07 p.m. | 8:33 a.m. 2.9' 8:33 p.m. 3.0' | 2:19 a.m. 0.4' 2:27 p.m. 1.0' |
| FRIDAY | 7:09 a.m. 6:51 p.m. | 12:36 a.m. 12:48 p.m. | 9:30 a.m. 2.7' 9:28 p.m. 2.5' | 3:01 a.m. 0.7' 3:32 p.m. 1.3' |
| JANUARY 21 | 7:09 a.m. 6:51 p.m. | 1:22 a.m. 1:30 p.m. | 10:58 a.m. 2.6' 11:11 p.m. 2.2' | 4:02 a.m. 1.0' 5:28 p.m. 1.4' |

Captain Louis S. Zamperini Dining Facility

*MENU CURRENT AS OF JAN. 11

LUNCH

Sunday

Boneless chicken
Spinach quiche
Nachos

Monday

BBQ pork ribs
Blackened chicken
Ham and cheese strata

Tuesday

Lasagna
Vegetarian medley
Garlic bread

Wednesday

Meatloaf
Mashed potatoes
Chef's choice

Thursday

Hot sicilian hoagie
Jerk chicken
Red beans and rice

Friday

Fish du jour
Onion rings
Super bird sandwich

January 21

Chicken adobo
Lumpia (egg rolls)
Coconut ginger rice

DINNER

Sunday

Chicken saltimbocca
Beef stew
Chef's choice

Monday

Sliced roast beef
Fish du jour
Mashed potatoes

Tuesday

Cantonese pork
Chicken stir-fry
Sesame noodles

Wednesday

Steak night
BBQ chicken
Scalloped potatoes

Thursday

Fajitas
Refried beans
Chef's choice

Friday

Sloppy joes
Citrus roast pork
Roasted potatoes

January 21

Minute steak
Chicken nuggets
Vegetarian baked beans

COMMUNITY CLASSIFIEDS

HELP WANTED

Visit USAJOBS.GOV to search and apply for USAG-KA vacancies and other federal positions.

KRS and Chugach listings for on-Island jobs are posted at: Kwajalein, Roi-Namur and Ebeye Dock Security Checkpoint locations; outside the United Travel Office; in the Roi Terminal/Post Office; at Human Resources in Bldg 700 and on the "Kwaj-web" site under Contractor Information>KRS>Human Resources>Job Opportunities. Listings for off-island contract positions are available at www.krsjv.com.

FOR SALE

Osprey, 21 foot catamaran sailboat. \$7000. Includes 5hp motor, solar power, VHF radio, stereo, shower, mast (new as of May, 2013), all extras (misc supplies and tools). Needs some repairs (starboard center beam and trailer). Call DJ on Roi: 5-6313 daytime, 5-6056 evening.

COMMUNITY NOTICES

Start the year off with Kwaj's own "Pure Aloha" at the Outrigger on Roi-Namur. Show times: 8 p.m. Saturday, Jan. 14 AND 8 p.m. Sunday, Jan. 15.

Wellness Wednesdays. Tuesday, Jan. 17. Registration begins at the Community Activities Office. Class sizes are limited. Wellness Wednesdays is a program designed to educate the community on different types of group exercise. Enjoy a variety of classes to get your motivation up and your body moving!

School Advisory Council (SAC) Public Meeting Wednesday, Jan. 18, at 7 p.m. at the Elementary School, Coconut Room # 29. Agenda post-

ed at: <https://www.plusportals.com/KwajaleinSchool> Questions? Please call 53601.

Kwajalein Hospital Diabetes Clinic. Jan. 19, 12:30-4:30 p.m., at the Kwajalein Hospital lobby. Those wishing to participate will need to have fasting labs drawn Jan. 3-13, excluding any holidays or weekends, 7-11:30 a.m. and 12:30-4 p.m.

Please join us for Quizzo on Friday, Jan. 20 2017, at 7:30 p.m. at The Vet's Hall. Neil Dye will be hosting the first Quizzo of the New Year!

The Great Kwaj Swap Meet. Saturday, Jan. 21, 4:30-6:30 p.m. on the corner of Sixth and Lagoon. One complimentary table per household; additional table is \$10. Pick-up service provided; please ask for the pick-up when registering. No oversized items please. Call the CA office at 53331 to reserve your table. Start the New Year off right by de-cluttering your house

The mandatory Kwajalein Scuba Club Safety Meeting makeup, will be held Wednesday January 25, 7 p.m. at the High School MP Room. Last chance to pay your yearly dues.

Kwajalein Atoll International Sportfishing Club (KAISC) monthly meeting will be held Wednesday, Jan. 25, at the Pacific Club. All anglers welcome to attend! Questions? Contact Bill, at 52693.

Kwajalein Yacht Club's monthly meeting. Saturday, Jan. 28, at 6:30 p.m. at the Yacht Club. Questions? Call Ursula LaBrie at 51951.

Roi-Namur Dolphins Scuba Club membership renewal deadline is Jan. 31. All current members should have received an email with details. Contact RND Secretary,

JoDanna Castle with questions. roidolphins@gmail.com

Bike savvy volunteers are wanted for a free maintenance event! When: Saturday, Feb. 18, 4-6:30 p.m. Where: Field behind AAFES Interested in putting your bike skills to good use? Contact Jason Huwe at 52525. Bike Blessings provided by IMC Interdenominational Congregation in partnership with Community Activities

The Boys and Girls Club of America is getting ready to host their Annual Variety Show! All are welcome for a fun and enjoyable night of skits, musical acts, and dances. Where: MP Room on Sunday Feb. 26, 2017. When: 7 p.m. to 9 p.m. Why: BGCA is raising funds for a local cause. If you have any questions or comments please feel free to call Michael Hillman, 53796.

E-Talk: In response to new RMI Law and concerns raised at Town Hall events, USAG-KA is eliminating the import and use of Styrofoam/plastic cups, plates, and shopping bags. Do not purchase these items online.

E-Talk: USAG-KA's Environmental Standards define protected animal species and habitats. Purchasing, harvesting, collecting, or transporting protected species or their parts can result in heavy fines. Contact Environmental (5-1134) for more information

Safely Speaking: When dealing with chemicals ask the following questions to determine what type of glove you may need. 1. What type of chemicals will I be handling? 2. What is the nature of contact? Is it total emersion or only splashes? 3. Is it just my hands that need protection or does it include the forearm an arm as well? 4. What kind of grip do I need?

Cocktails on the Coast

Monday, Jan. 16, Noon-sunset at the main pavilion at Emon. Come relax with a cool refreshing beverage!

Spartan Expresso
Saturday, Jan. 14, 7:15-7:45 a.m. at the KHS Multi-Purpose Room.

Café Roi

*MENU CURRENT AS OF JAN. 11

LUNCH

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | January 21 |
|---------------------|--------------------|-------------------------|------------------|------------------|---------------------|-------------------|
| Sliced roast beef | Breaded pork chops | Hamburgers | Meatball subs | Fish sandwich | Beef tacos | Cheese steak wrap |
| Sauteed fish | Chicken supreme | Chili dogs | Bombay chicken | Cottage pie | Enchilada casserole | Roasted pork loin |
| Hot cinnamon apples | Breakfast frittata | Salami and cheese sand. | Brown rice pilaf | Vegetable quiche | Pinto beans | Mac and cheese |

DINNER

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | January 21 |
|---------------------|----------------------|-------------------------|-----------------|-------------------|--------------------|---------------------|
| Pulled pork | Roasted chicken | Thai beef w/ veggies | Grilled steak | Fried chicken | Greek Night | Sausage and peppers |
| Chicken florentine | Short rib jardiniere | Chicken in peanut sauce | Chicken fajitas | Swedish meatballs | Legumes | Chicken alfredo |
| Pasta w/ vegetables | Stuffing | Tofu stir-fry | Baked potatoes | Noodles | Greek herb chicken | Biscuits |

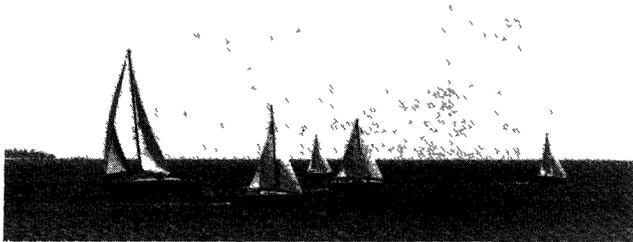


From Jan. 12, 1996

Kwajalein Hourglass

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Sports



Entrants jockey for position just before the start of a Kwajalein Yacht Club beer can race — popular with sailors and spectators alike

First KYC beer can race of '96 draws crowd

By Dave Dethlefsen

The Kwajalein Yacht Club's first beer can race of 1996 was held last Sunday beginning at 2 p.m. The race was fun for both racers and non-racers. Mother Nature was kind, offering good wind conditions with overcast skies. The rain held off until after the race.

Bill Cleland and his crew/co-owners took first place in the catamaran class and first place overall on *Georgina*. They jumped out to an early commanding lead and never looked

Challenge ladder, reserved court set up for racquetball players

A challenge ladder has been made up for racquetball players who signed up for the tournament. The order was made from the number of wins and placement on the tournament entry sheet. The list is currently posted at the court. Any player may join by adding his or her name to the list.

Challenge matches are limited to

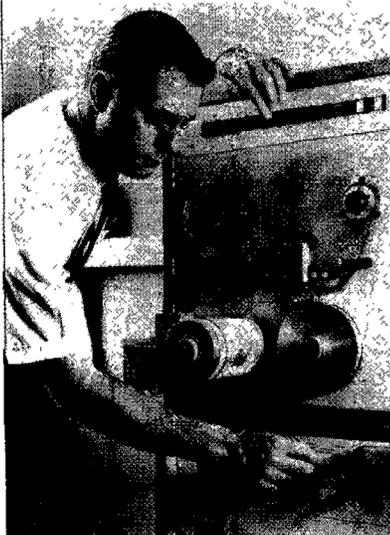
back Cy Pizette and his crew on *Windsong* took first place in their category and second place overall.

The biggest turn-around in this race came from Scott Pitts and his crew aboard 869, taking first place in the Cal 20 category and third place overall.

Perhaps the most exciting part of the race occurred at the ER-2 buoy as *Windsong* started to slip by 869 on the port side. The crew of 869 attempted to raise their spinnaker but had the lines tangled up. This gave *Windsong* the advantage they needed and they took a slight lead. However, the crew of 869 continued trying to straighten the spinnaker rather than drop it and go to an easier sail. They ran stern to bow with *Windsong* until the next leg of the race at Bravo buoy where *Windsong* had the advantage due to wind direction.

Following the race, the KYC met at Emon beach for hot dogs, beverages and most important, swapping race stories.

Around Town



NEW DEVELOPMENT FROM BTL...A J. PRESTI, A MEMBER OF THE ACOUSTICS RESEARCH DEPARTMENT OF BELL TELEPHONE LABS ADJUSTS A NEW HIGH-SPEED SOUND SPECTROGRAPH WHICH HE DESIGNED. THE DEVICE, A BASIC TOOL OF COMMUNICATION RESEARCH, PROVIDES "PICTURES" OF SOUNDS. THE NEW SPECTROGRAPH HAS SOLID STATE CIRCUITRY, PUSH BUTTON CONTROLS AND, UNLIKE PREVIOUS MODELS, WORKS DIRECTLY FROM STANDARD MAGNETIC RECORDING TAPE.

PACIFIC BEAR TO DEPART KWAJALEIN TOMORROW

THE PACIFIC BEAR, DOCKED LONG ENOUGH TO ALMOST BE CONSIDERED AN ISLAND OLD-TIMER, WILL DEPART KWAJALEIN TOMORROW, CONDITIONS PERMITTING.

THE SHIP BROUGHT IN 10,000 TONS OF GOODS FOR THE ISLAND, NOT AN UNUSUALLY LARGE SUM. THE DELAY WAS THAT THE GOODS WERE IN SMALL UNITS STEVEDORING, USUALLY A QUICK MATTER HERE, TOOK MANY EXTRA DAYS BECAUSE OF THE DIFFICULTY OF OFF-LOADING MANY ITEMS FROM DEEP WITHIN THE SHIP. THE SHIP'S ALMOST EMPTY OF KWAJALEIN CARGO NOW, THOUGH, AND WILL CONTINUE ITS JOURNEY.

PERSONNEL CHANGE IN REDSTONE

REDSTONE--COLONEL STERLING C. HOLMES HAS REPLACED COLONEL EUGENE AUSTIN AS DIRECTOR OF THE PROCUREMENT AND PRODUCTION DIRECTORATE OF THE U.S. ARMY MISSILE COMMAND.



COLONEL HOLMES, WHO WAS HERE PREVIOUSLY, CAME TO REDSTONE FROM THE U.S. NATO HAWK LIAISON OFFICE IN PARIS WHERE HE WAS CHIEF FOR A YEAR AND A HALF.

HE FIRST CAME TO REDSTONE IN 1958, AND AT THE TIME HE LEFT IN 1962, WAS SERVING AS DEPUTY COMMANDING GENERAL, GUIDED MISSILES. HE WAS TRANSFERRED TO ABERDEEN PROVING GROUNDS, WHERE HE HEADED THE LIMITED WAR LABORATORY. IN 1965 HE WENT TO PARIS.

THE COLONEL IS A NATIVE OF CAMBRIDGE, N.Y. HE IS A GRADUATE OF NORTH CAROLINA STATE WITH A DEGREE IN MECHANICAL ENGINEERING AND HAS A MASTER'S DEGREE IN M.E. FROM THE UNIVERSITY OF SOUTHERN CALIFORNIA.

NEW COMMANDER...OF PROCUREMENT AND PRODUCTION, COL. STERLING HOLMES

A FAMILIAR FACE....

OLD-TIME KWAJALEINITES ALWAYS SEEM TO HAVE A KNACK FOR GETTING IN THE NEWS AND GLENN CRANE, ONE-TIME COMMANDING OFFICER OF THE ISLAND, IS NO EXCEPTION. HE'S NOW WITH THE DOUGLAS AIRCRAFT COMPANY, WORKING WITH THE ZEUS SECTION, HE RECENTLY APPEARED IN THE DOUGLAS NEWS.



COL CRANE WAS THE FIRST ARMY COMMANDING OFFICER, HE TOOK COMMAND IN JULY OF 1964.

AWARD...GLENN CRANE, DEPUTY DIRECTOR OF ZEUS PROGRAM IN MSSD, DISPLAYS LEGION OF MERIT PRESENTED BY THE ARMY FOR HIS CONTRIBUTIONS AS TASK LEADER FOR SAM-D EVALUATION CONCEPT FORMULATION FOR THE ARMY MISSILE COMMAND.

WECO GETS HERCULES FUNDS TOTALLING THREE MILLION

THE U.S. ARMY HAS APPROVED \$3.2 MILLION

HOW TO LIFT SIMPLY



HOURGLASS REPORT

When handling any loads manually, remember to stop, think and act before proceeding. To choose the proper lifting technique you should consider your flexibility, strength and the number of lifts being done. Remember that in regards to lifts of 50 pounds or pulling items over 300 pounds, you must have assistance or a mechanical means to move the item. Some of the lifts that you may consider when lifting from the ground are listed as follows.

SQUAT LIFT: good for loads that fit between the knees, in which the individual doing the lift has good knee and hip flexibility. Note that this lift may increase stress on the knees if frequent lifting is required and good form is not maintained.

Keep head up, butt out and tighten stomach muscles. Make sure the knees are over the toes and that you have a good grip on the load. Using the large muscles of the butt and legs to lift.

STOOP LIFT: This lift is best for loads that fit between the

knees and it requires less knee bending. This lift puts more stress on back than the squat lift and is not good for heavier loads. With this technique, you follow the same technique as the squat lift but do not allow your knees to bend past 90 degrees. Still keep your head up and butt out while lifting.

STRAIGHT LEG LIFT: In some cases you can get closer to the load if it's bulky or awkward by using straight leg lift; however, you should not lift loads as heavy as the squat lift. To complete this lift, stand as close to the load as possible, keeping the knees slightly bent using the butt muscles to initiate the lift. Again, keep your head up and butt out.

GOLFERS REACH: This is used for small, light loads and when you have something stable to hold on to. Stand on one leg holding something for balance, hinging forward at the hip and grabbing the load with the other hand while maintaining proper curvature of the back.

For more on these lifts and other information concerning material handling, go the EH&S webpage.