

VOLUME 54 NUMBER 15

APRIL 13, 2013

# THE KWAJALEIN HOURGLASS



**Jenna Gray sings a Taylor Swift song during the Spring Break Music Fest at Emon Beach Sunday. For more, see page 6.**

*Photo by Sheila Gideon*



Photos by Sheila Gideon

## TAKING A STEP UP

Chief Warrant Officer 4 Sharnta Adams was recently promoted from Chief Warrant Officer 3. Her promotion ceremony was held on April 6 in front of the U.S. Army Kwajalein Atoll Headquarters Building. The promotion ceremony was hosted by USAKA Commander, Col. Shannon Boehm, who also administered the oath of office. Adams' son, AJ, and husband, Aaron, were present and helped pin on her new insignia.

The Adams family is from Fort Lee, Va. Adams was stationed here as part of her duty assignment. She will be the USAKA Director of Food Evaluations and Inspections. She and her family are most looking forward to the warm weather here.



## MANIT MINUTE

### The Council of Iroij

The Council of Iroij is the upper house of the Marshall Islands bicameral parliament, while the Nitijela is the elected lower house. The Council is comprised of 12 tribal chiefs who advise the Presidential Cabinet and review legislation affecting customary law or any traditional practice, including land tenure.

## Thumbs Up!



... to the Easter Bunny for making a special appearance at our house after our 1-year-old slept through the Easter afternoon festivities!

... to Danny Barthle, Dan Hopkins and Neil Dye for use of equipment, expertise and their volunteer efforts with running the music for the Spring Break Music Festival.

... to people who clean up after themselves after using a facility for a party.

... to those who bicycle safely through the school zone at lunch time. Let's set a good example for our young riders.

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Govern-

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JACOB BOEHM  
AGE: 10  
MILITARY PARENT:  
COL. SHANNON BOEHM  
STATUS: ACTIVE DUTY

Favorite place you've lived?  
Carlisle, Pennsylvania  
Favorite school subjects? Art  
and Physical Education  
What do you want to do when  
you finish school? Join the Army  
What do you like best about  
being a military child? Making  
new friends around the world



CASI BOEHM  
AGE: 13  
MILITARY PARENT:  
COL. SHANNON BOEHM  
STATUS: ACTIVE DUTY

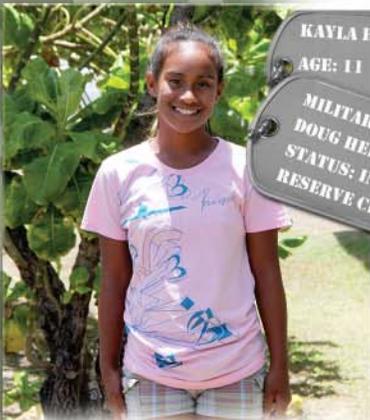
Favorite place you've lived?  
Homestead, Florida  
Favorite school subject?  
Physical Science  
What do you want to be when  
you finish school? Veterinarian  
What do you like best about  
being a military child?  
Experiencing new places



ALISHA CHURCH  
AGE: 11  
MILITARY PARENT:  
KEITH CHURCH  
STATUS: RETIRED

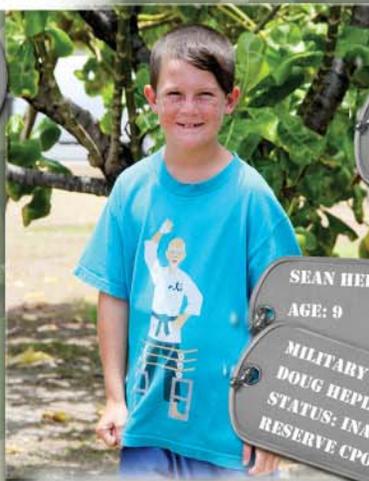
Favorite place you've lived? Korea  
Favorite school subject? Social  
Studies  
What do you want to do when you  
finish school? Get a small pay  
job, maybe as a waitress, then  
work as a flight attendant after a  
few years of college  
What do you like best about  
being a military child? Seeing  
many new things and meeting  
new people along the way

# MONTH OF THE MILITARY CHILD



KAYLA HEPLER  
AGE: 11  
MILITARY PARENT:  
DOUG HEPLER  
STATUS: INACTIVE  
RESERVE CPO

Favorite places you've lived?  
Kwajalein and Alabama  
Favorite school subjects? Math,  
Reading and Social Studies  
What do you want to be when you  
grow up? Teacher and Model  
What do you like best about  
being a military child? Going on  
trips and meeting other military  
children



SEAN HEPLER  
AGE: 9  
MILITARY PARENT:  
DOUG HEPLER  
STATUS: INACTIVE  
RESERVE CPO

Favorite place you've lived?  
Kwajalein  
Favorite school subject? Biology  
What do you want to be when you  
finish school? Welder in Maui  
What do you like best about  
being a military child? My dad  
served my country



KALYNN CHURCH  
AGE: 8  
MILITARY PARENT:  
KEITH CHURCH  
STATUS: RETIRED

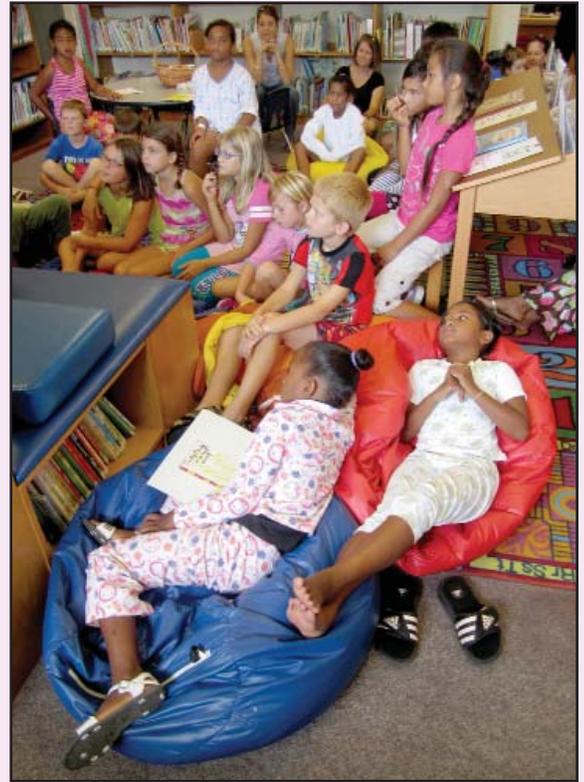
Favorite place you've lived?  
Kwajalein  
Favorite school subject? Math  
What do you want to be when you  
grow up? Babysitter  
What do you like best about  
being a military child? I get  
treated differently than other  
kids

# Drop Everything And Read

Reading campaign encourages kids to read 30 minutes a day



Video games, TV remotes, jump rope, skateboard, other books and movies were just a few things the third graders at the D.E.A.R. celebration said they would drop to pick up a good book. The D.E.A.R. campaign encourages everyone to drop what they are doing and read for 30 minutes every day. Patrons who visited the Grace Sherwood Library on Wednesday created a card inviting someone to read with them. Many kids decorated their cards with illustrations they imagined from their favorite stories, while others wrote D.E.A.R. poems. Talia Provolt said she enjoys reading because it lets her mind picture things. Quincy Breen said, "It improves my vocabulary and teaches me new words." Others just said reading is fun, relaxing, exciting and an adventure. It isn't every day that people get to wear their pajamas to the library, but for this party, PJs were the formal wear. Take time to read for 30 minutes every day.



Photos by Midori Hobbs

## Tiger Scouts don't stop learning during Spring Break



Photos by Angela Mitchell



Spring Break gave the Tiger Cub Scouts an opportunity to get out and complete several important electives. They know it's important to help the injured, so they decided to help Cher Kirk with some yard work, since she broke her toe. Also, during Spring Break, they learned to count money by buying snacks at the Shoppette. Later that week, they visited the K9 unit, where SSgt. Wade Ballard introduced them to Dino and Karla, Kwajalein's resident explosive-sniffers. Their final stop was the police station, where Lt. Dirk Roesler gave them a tour of the detention cell and taught them about physical training.

Top left: The Scouts are scared straight in the D-cell at Kwajalein Police Department.

Top right: Tiger Scouts visit with SSgt. Wade Ballard and the explosive-sniffing dog, Karla.

Bottom left: Caiden Scheivert volunteers to rake leaves for Cher Kirk.

# ALCOHOL AWARENESS

HOW ALCOHOL AFFECTS THE WORKPLACE, FAMILY



By Dr. Nancy Batts  
Kwajalein Hospital

Alcohol exacts a high cost on work organizations. "Drinking among U.S. workers can threaten public safety, impair job performance and result in costly medical, social and other problems affecting employees and employers alike. Productivity losses attributed to alcohol were estimated at \$119 billion for 1995," according to "The Economic Costs of Alcohol and Drug Abuse in the United States," *National Institute on Drug Abuse*. More recent statistics from the National Institute on Alcohol Abuse and Alcoholism estimate the cost to be \$276 billion when lost productivity, enforcement costs, health care and welfare costs are all factored in.

The workplace focus is on four major issues: premature death and fatalities, injuries and accidents, absenteeism and extra sick leave, and loss of production. Additional problem areas resulting from alcohol can include tardiness, sleeping on the job, theft, poor decision-making, loss

of efficiency, lower morale of coworkers, increased trouble with workers and supervisors or tasks, increased turnover and training new employees, and disciplinary procedures. One-fifth of workers and managers across a wide range of industries and company sizes report that drinking by a coworker, on or off the job, jeopardized productivity and safety.

Up to 40 percent of industrial fatalities and 47 percent of injuries in the workplace are linked to alcohol consumption and alcoholism. The behaviors most associated with these statistics were drinking before or during working hours, or heavy drinking the night before leading to hangovers. In the past year, 24 percent of workers reported drinking during the workday. This leads to poor judgment, irritability, loss of balance, poor reaction time which may increase possibility of workplace injuries to self or others, neglect of responsibilities, relationship problems, fighting with coworkers or supervisors, self destructive behaviors or legal troubles leading to increased absenteeism or increased turnovers.

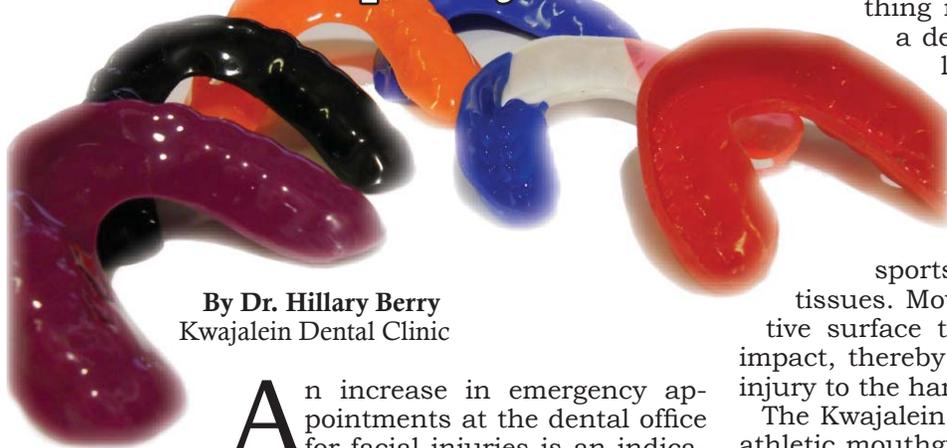
It is noted that it is not just those who drink heavily who cause problems, but also those who occasionally drink too much and those with family members living with alcoholism. Alcoholic's family members use 10 times as much sick leave as families where alcohol is not a problem. Eighty percent of these family members report their ability to perform work is impaired as a result of living with an alcohol abuser.

The toll on the family is significant in other ways as well. There is neglect of hygiene and irritability. Interaction with others is limited. Stress is increased for family members because there is less time devoted to hobbies and interests. There is also less time for family and friends. While it may be difficult for the spouse to concentrate on work, the children have similar problems at school. There are increases in domestic violence and child abuse as a consequence of alcohol consumption. Consequently, divorce increases.

So which industries were at highest risk? Food service, construction, mining/drilling, excavation, installation, and maintenance and repair were noted to have the highest rate of alcoholism according to the National Council on Alcoholism and Drug Dependence.

It has been shown that Employee Assistance Programs through the workplace have been helpful with alcohol problems. If you feel that you or a friend has a problem with alcohol, contact the EAP at Kwajalein Hospital.

## Protect those pearly whites



By Dr. Hillary Berry  
Kwajalein Dental Clinic

An increase in emergency appointments at the dental office for facial injuries is an indicator that softball season has begun. While collision and contact sports, such as boxing, have inherent injury risks, dental injuries are also prevalent in non-contact activities such as softball.

On Kwajalein, the leading cause for facial trauma is softball-related injuries. "Soft" ball is relative. Anything moving at 30+ mph is going to leave a dent. In the case of the face, a swollen lip and displaced teeth are the leading result of a kiss with a yellow leather-clad projectile.

Surveillance studies of mouthguard users and nonusers have consistently shown that mouthguards offer significant protection against sports-related injuries to the teeth and soft tissues. Mouthguards provide a resilient, protective surface to distribute and dissipate forces on impact, thereby minimizing the severity of traumatic injury to the hard or soft tissues.

The Kwajalein Dental Clinic can fabricate a custom athletic mouthguard, saving many teeth and visits to the ER. Cheaper than an emergency room visit, mouthguards run \$150 and can be made within a week. It only takes 30 minutes to fit a mouthguard. Call the Kwajalein Dental Clinic for information at 52165.

# Spring Break



BBQ Cook-off contestants got creative this year, like Jerry Leverett's turtle made from meatloaf, hotdogs and bacon.



The Chili Cook-off tent had 20 participants and over 100 people judge. They raised \$500 from donations.

By Molly Premo  
Media Services Intern

On Sunday, the 13th Annual Spring Break Music Fest was held at Emon Beach from 1-11 p.m. Everyone in the community was welcome to come, and despite the rain, the music and activities drew in a crowd.

Dan Hopkins, on his guitar, started the music part of the festivities, followed by the youngest performers, Jenna Gray and Alana Leines who sang "I Knew You Were Trouble" by Taylor Swift. Annie Helper, and Angelo and Auguston Lelet kept the music moving with songs like "Home" by Phillip Phillips, and "That's What Makes You Beautiful" by *One Direction*. Karen Brady's Tiny Dancers changed the personality of the entertainment by performing a dance to "Black Bird."

People could also enjoy themselves by taking a shot at the dunk tank to try and take down volunteers like Col. Shannon Boehm or Sgt. Maj. Roderick Prioleau. Additionally, a helicopter was landed in the high school field for people to tour. Younger kids spent their time on the slip and slide and new bounce house.

Once the sun came out, people could cool down by jumping in the water or purchasing a snow cone and baked goods sold by Kwajalein Swim Team. Cheesesteak sandwiches, mozzarella sticks, cotton candy and more goodies could be purchased from the Mobile Kitchen that was set up in the big pavilion. Across from the bake sale, the Kwajalein Yacht Club was selling shirts and other merchandise.

Like every year, there was a Chili Cook-off, BBQ Cook-off and Homebrew Tasting. This year, the tasting was all free, but, donations were requested to help David Helm, former Kwaj resident, pay for his medical



Seven-person band, *PBR*, performed various types of music at the outdoor music festival on Sunday.

# Music Festival

Photos by Sheila Gideon

expenses as he fights cancer in Huntsville, Ala.

The Beer Garden had six brewers contending and made 12 varieties of beer as well as one wine. Non-alcoholic choices were available because Keith Peacock brought his homemade root beer and cream soda. Coming in first for the people's choice was the Serendipity Citra Pale made by Rene and Susannah Prenoveau, followed by Friar Brown Ale brewed by Jim Hall, and Recompoveau, again made by the Prenoveaus, came in third. The beer garden raised \$1,500.

The Kwajalein Yacht Club-sponsored Chili Cook-off had 20 contestants competing in the three categories of traditional, hottest and most original. The tent manager, Ciara Swanby, helped a little over 100 people come through the tent and judge. The first place winners for each category were Samantha Tippetts for original, Jim Bramblett for hottest, Jim Severson for traditional, and Jon Mitchell for people's choice award. The total money made by the chili tent was \$500.

The BBQ Cook-off had a record number of contestants with 13, and made \$750. Even through Surfway was out of pork butts, the participants became creative, like Jerry Leverett, who made turtles out of meatloaf, hotdogs and bacon. There was a tie between Rob Medrano and Jeremy Gideon for the overall winner and the beef division. The pork division's winner was Henry McElreath, the poultry division was taken by Ben Souther and Tommy Ryon, and the rib division was won by Jeff Sudderth.

People continued on with the day with games such as beach volleyball or throwing a football. At the end of the night, the rain started to pick up again and delayed the live music for a little bit. *Radar Love* stuck through it to the end and finished the evening with their rock performance.



The band, *Flashback*, performs at Spring Break Music Festival.



Rene Prenoveau pours a sample of his winning homebrewed beer in the Beer Garden Sunday.



Sgt. Maj. Roderick Prioleau splashes into the dunk tank for charity at Spring Break Music Fest on Sunday.

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# DISPATCH FROM ROI

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*From Jeff Paquin*



*From JoDanna Kalinowski*



*From Jane Erekson*



*From Jeff Paquin*



*From Jeff Paquin*

# View from Kwaj

We need your submissions to keep this page full! Email to: [usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil](mailto:usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil)



*From Doris DeLange*



*Photos from Sheila Gideon*

**HELP WANTED**

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at www.krsjv.com.

KRS EMPLOYMENT applications are continually accepted for casual positions in the community services departments, medical department and the HR temp pool. Some of the casual positions are recreation aid, medical office, substitute teacher and HR temp pool office support. Questions, call 54916.

**WANTED**

OLD SURFBOARD, for display, preferably one going to the trash. Call TJ at 58020 or 52244.

OUTBOARD ENGINE, 10HP or less. Call 51054.

USED DEEP SEA fishing rod. Call Josh at 52184 or 52222.

OUTDOOR DECK and fence. Call Seremay at 53550.

**LOST**

GOPRO HERO CAMERA, first generation, in housing, north of Little Bustard, most likely in the shallows. Call Jenny at 52381.

BROWN SUNGLASSES, men's Ray-Ban, at Brandon Field on April 5. Call 51662.

ZAGG SPARQ BATTERY backup left charging in

**Religious Services**

**Catholic**

5:30 p.m., Saturday, Small Chapel

9:15 a.m., Sunday, Island Memorial Chapel

Roi-Namur service, 7 p.m., Second and Fourth

Friday of each month. Appointments with Fr. Vic available after dinner.

**Protestant**

8 a.m., Sunday, Traditional Service

9:15 a.m., Sunday School

11 a.m., Sunday, Contemporary Service

7 p.m., First and Third Friday, Roi Chapel

**Latter-day Saints**

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

small pavilion at Emon Beach on March 24. Brown, 4x4x1-inch with 2 USB charging ports and charge indicator lights. Call Dirk at 54737 or 59046.

T-MOBILE CELL PHONE. Call 52184 or 52222.

**FOUND**

GOLD RING, at Emon Beach volleyball court, and diamond ring. Call Rich at 51623.

**PATIO SALE**

APRIL 20 AND APRIL 22, 9 a.m.-noon, quarters 122-D. Final PCS sale, everything must go!

**FOR SALE**

BIKE TRAILER, open with plastic bottom, \$100; bike trailer, covered, soft top with seats removed, \$75. Call 52371.

NEW SMALL BOAT aluminum fold-up swim ladder, \$25; new bow anchor roller, \$40; folding 2-blade sailboat prop, 1-inch shaft, bronze, \$100; big sailboat Merriman block, \$50; two new 12V LED reading lights, \$25; windsurfing board, \$35; Mercury 15HP short-shaft outboard engine, gas tank and accessories, excellent condition, less than six years old, \$1,500 or best offer; complete windsurfing setup with sails, rig, board, fins, dagger, universal joint and big bag of extras, in good condition, \$200 or best offer. Call 52547 or email *Rebecca.childress@yahoo.com*.

2008 YAMAHA FX SHO Wave Runner, blue, 211HP, 1812cc, 4 cylinder 4 stroke, Super Charged, 3-seater, adjustable trim, cruise control; 2007 Yamaha FX HO Wave Runner, black, 160HP, 1052cc, 4 cylinder 4 stroke, 3-seater, adjustable trim; both come with custom fit covers, two-place trailer, nine life jackets, handheld marine radio, anchors and lines, 120 hours each, \$13,000. Call 52546.

ISLANDER 40 motor-sailboat, *Leviathan*, 65HP Nissan diesel engine, extra parts and required hardware to get her in the water, parked at lot 74, make an offer, schedule a showing. Calling 51939 and leave a message.

KID'S SUN BIKE, 24-inch, blue, aluminum frame, saddlebag basket, new aluminum rims, new seat, \$100; 26-inch Sun Custom Cruiser, black, aluminum frame, Kwaj condition, saddlebag basket, \$50. Call 52597.

AMERICAN GIRL doll clothes, accessories and toys, including horses, large and medium, \$25 or best offer; stable, Christmas sleigh, priced to sell; large, preschool, springy bouncing horse, in good shape, \$25. Call 52379.

CLOTH DIAPERS, burp cloths, Bumbo chair, Boppy pillow, Pokemon VHS movies, infant car seat. Call 55176.

FILA GOLF SHORTS, new, men's size 38, \$25;

Magnavox DVD player/recorder used to record live TV, \$50; VCR, \$20; new in package Protein, BCAA, and AI Maniac supplement powders, make offer; various left handed golf clubs; 15 bags of Delallo organic penne wheat pasta; stainless Rabbit wine opener kit with vacuum sealer and accessories, \$25; entertainment center, black glass, five shelves, best offer. Call 52525.

PCS SALE. Bumbo baby chair, \$10; Fisher Price playing jungle, \$25; stainless steel roller bearing toolbox, \$50; 60-pound MMA punching bag, \$50; Sun tricycle with Burley and baby seat, \$200; 27-inch Panasonic CRT TV, \$100; Panasonic DVD player, \$30; stainless vacuum sealer, \$100; safety gates, \$5 each; Fisher Price 3-in-1 bouncing chair, \$25; stainless steel coffee percolator, \$20; black leather La-Z-Boy sectional sofa, \$400; TV tables, \$20. Call 55464.

GLASSWARE, three pieces Carnival glass, one red, two purple; one hand-painted Fenton bowl with lid; various pieces of pressed glass; new king size blanket; hand-stitched wall hanging; several quartz crystals. Call Robert at 51752.

BOSTON WHALER, 21-foot, with twin Yamaha 60HP 4-stroke outboards, excellent condition, ready to fish or dive with many recent upgrades and replacements, heavy-duty trailer, very fuel-efficient boat, \$19,500. Call Rob at 54013.

ORGANIC BABY FOOD, Earth's Best brand, stage 2 for 6 months and up, pack of 12 jars, \$9; organic baby food pouches, variety of flavors, \$1 per pouch. Call 51576 or email *rachel.sova@yahoo.com*.

SOCCER CLEATS, Adidas men's Predito LZ TRX FG, size 11M, blue with red stripes, new, \$55; heavy duty dance pads for PS3, \$40. Call 52319.

PS3, CONTROLLERS, games, \$250. Call 51862.

MAUI JIM sunglasses, Volcano style with rose lens, unisex, excellent condition, with case, \$90; toaster, \$10; coffee maker, 10-cup, like new, \$20; toaster oven, like new, \$25; ladies bike, 26-inch, Kwaj condition, \$80; blinds for 400-series, \$5 each; large charcoal grill, \$20. Call 55590 after 6 p.m.

**ROI HAPPENINGS**

OPEN MIC NIGHT, tonight, at the Outrigger in honor of Guitar Month.

MONDAY THROUGH APRIL 21 is Astronomy Week. Set up telescopes and star gazer charts throughout the week to watch the stars.

FRIDAY IS THE Roi Fun Run/Walk.

APRIL 20 IS ASTRONOMY DAY. There will be star watching at 8 p.m., at the golf course.

APRIL 21 IS THE SWAP MEET and Yard Sale from 10 a.m. to noon, at the C Building. Bring your stuff over to sell. One man's junk is another man's treasure! Sign up at the CA Office.

*Captain Louis S. Zamperini Dining Facility*

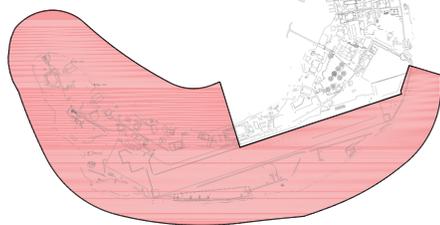
**Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 20
Carved Beef Steamship	Beef Tips Burgundy	Kwaj Fried Chicken	Grilled Cheese	Cajun Chicken Breast	Meatball Stroganoff	Savory Spareribs
Sweet and Sour Ribs	Chicken Cordon Bleu	Hawaiian Chopped Steak	Barbecue Beef Brisket	Grilled Liver and Onions	Chicken Chimichangas	Pizza
Oriental Fried Rice	Egg Noodles	Au Gratin Potatoes	Kung Pao Chicken	Rice Jambalaya	Fettuccini	Mashed Potatoes

**Dinner**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 20
Barbecue Chicken	Meat Lasagna	Roast Turkey	Carved London Broil	Chicken Fried Steak	Braised Short Ribs	Sliders
Macaroni and Cheese	Lasagna Florentine	Stuffing	Herb Breaded Pollock	Parslied Potatoes	Oven Roast Potato	Teriyaki Chicken
Cauliflower	Eggplant Parmesan	Peas and Carrots	Baked Potato	Green Beans	Mixed Vegetables	Zucchini

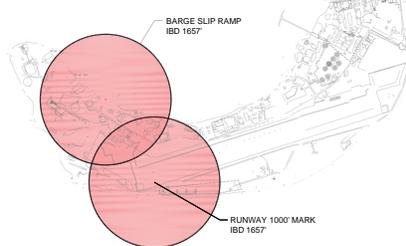
### West End Island Closure



Range Operation Scheduled for Sunday. West and South (shaded areas) ends of the island are restricted. Starts at 5 a.m., until operation is complete and barricades are removed. Questions should be directed to RTS Command Safety Directorate, 54841.

Range Operation Scheduled for 14 April 2013. Iturok im Iturilik in (aolep ijoke emoj kokale ki) ilo jaban Kwajalein jejab maron kebake. Jino jen 0500 awa ilo 14 April 2013 mae ien eo enaj dedelok im aolep ijo rar kilok renaj bar bellok. Kebak RTS Command Safety Directorate ilo number ne 5-4841 non bok melele.

### Small Boat Marina Closure



Range Operation Scheduled for Sunday. Lagoon and Ocean shaded areas are closed. All boats are to stay 1/2 mile away from barge while it is in transit after leaving BSR. Starts at 6 a.m., until operation is complete and notices are removed. Questions should be directed to RTS Command Safety Directorate, 54841.

Kokemelmel eo enaj koman ilo 14 April 2013. Lojet eo ak area eo emoj Kokale ki enaj kilok. Aolep wa ko rejab aikuj kebak lok barge eo 1/2 mile ilo ien en ej emakij jen BSR. Jino jen 0600 awa jimarok ilo 14 April 2013 mae ien eo enaj dedelok. Kebak RTS Command Safety Directorate ilo number ne 5-4841 non bok melele.

APRIL 29 THERE WILL be a concert at the theater.

KRS FINANCE ROI Cash Office hours: 8 a.m.-noon, and 1-3:30 p.m., on Fridays.

### COMMUNITY NOTICES

AMERICAN LEGION Post #44 Steak Dinner to benefit the Helm family is 6:30-9:30 p.m., Sunday, at the Vet's Hall. Tickets are sold out, but come down for the entertainment by DJ Dyvurse and Radar Love. There will also be a raffle and silent auction; you do not need dinner tickets to participate. Questions? Contact Mike Woundy.

KWAJALEIN RUNNING CLUB will conduct the 35th Annual 'Driftwood' 10K road run on Monday. Show up near Emon Beach Main Pavilion before the 5 p.m. start. The course is one paved loop island perimeter. Questions? Call Sholars at 51815 or Ben and Linn at 51990.

STAINED GLASS WORKSHOP for experienced glassers is 5-7:30 p.m., Wednesday, at the Art Annex. All tools will be provided by the Kwajalein Art Guild. Questions, call Jayne at 54643.

THE APRIL KWAJALEIN School Advisory Council public meeting is scheduled for 7 p.m., Wednesday, in the Elementary Coconut Room. The public is invited to attend.

BINGO IS THURSDAY, at the Vet's Hall. Card sales begin at 5:30 p.m.; Bingo begins at 6:30 p.m. Blackout completion at 53 numbers, \$1,300 payout; Windfall completion at 30 numbers, \$1,600 payout. Shuttle transportation available from the Ocean View Club and tennis courts. No outside alcoholic beverages permitted. Must be 21 to enter and play, bring your ID.

DUE TO PERSONNEL leave schedules, legal services provided by the USAKA Legal Office will be limited until April 23. Services will be provided by appointment only by calling 51431.

MANDATORY ISLAND ORIENTATION is 12:30-4:30 p.m., April 24, at CAC Room 6. Arrive 10 minutes early to sign in and be seated by 12:30 p.m. It is required for all new island arrivals, but is not recommended for dependent children under the age of 10. Questions, call the meeting facilitators at KRS Environmental, Safety and Health at 51134.

LOCKERS AT THE Ivey Gym are designed for daily use to accommodate all gym patrons. All lockers must be clear of personal items and locks by April 27. After this date, any remaining items and locks will be removed. For questions, call Mandie at 53331.

KWAJALEIN RUNNING CLUB and KRS Community Activities are partnering to conduct the 34th Annual RustMan Triathlon at 4 p.m. on April 29. Sign up solo or a team of up to three. Information packets with course maps and entry forms are available on the Mini-Mall bulletin board, or at quarters 473-A. Pre-registration by April 25 is required. Volunteer course marshals are needed to enhance safety. Questions? Call Bob and Jane at 51815 or Ben and Linn at 51990.

THE 25TH ANNUAL BALLROOM Dinner Dance will be held at 6:30 p.m., May 5, in the MP Room. Tickets are \$45 per person and are on sale from Cheryl and Dick Shields at 51684. Tickets include dinner and music by "The Central Pacific's Most Dangerous Band." Reservations for seating of parting 4-8 people are available when tickets are purchased.

SALON UPDATE: There is only one stylist. Walk-ins are not available at this time. Appointments are a 2-3 week wait. A waiting list is available for cancellations. Manicures and pedicures are not available at this time.

NEW LIBRARY HOURS. Sunday: Closed; Monday: 11:30 a.m.-1:30 p.m. and 3-6:30 p.m.; Tuesday, Thursday, Friday, Saturday: 11:30 a.m.-6:30 p.m.; Wednesday: 9:30 a.m.-6:30 p.m.

NEW COMMUNITY ACTIVITIES office Hours of Operation: 8 a.m.-noon, Tuesday-Saturday. Business may also be conducted from 1-4:30 p.m., Tuesday-Saturday, at the Grace Sherwood Library.

KRS FINANCE KWAJ CASH OFFICE new hours: 9 a.m.-noon, and 1-4:30 p.m., on Tuesday, Wednesday, Thursday and Saturday.

BE GENTLE while closing your Post Office box door, and do not close the door with your hand on the combination mechanism.

BOX TOPS FOR EDUCATION are still being collected! Clip box tops from participating food items and send them to school with your children or drop them off at Surfway's bulletin board. The Box Tops will help support the Ri'katak student lunch program.

E-TALK: While driving, if you notice a leak from your vehicle, immediately park out of the flow of traffic. Do not drive the vehicle further. In accordance with SPI 1530: "Reporting and Responding to Spill Events," contact 911 and give details.

SAFELY SPEAKING: If your job requires you to enter a confined space, call ES&H at 51134 for more information. Do not enter if you are not trained.

## Café Roi

### Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 20
Citrus Mahi Mahi	London Broil	Chicken Fajita Wrap	Grilled Reuben	Chili Dog Bar	Baked Fish Diablo	Philly Cheesesteak
Chicken Piccata	Baked Fish	Chicken Fried Steak	Bombay Chicken	Chicken Fricassee	Beef Tamales	Roasted Kibi Ribs
Crab Cake Benedict	Southern Benedict	Corn Bread	Vegetable Quiche	Onion Rings	Refried Beans	Potato Wedges

### Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	April 20
Roasted Turkey	Chicken Parmesan	Barbecue Chicken	Grilled Top Sirloin	Roi Fried Chicken	Vegetable Thai Beef	Sausage and Peppers
Beef Stew	Beef Ragu Pasta	Smoked Sausage	Lemon Dill Fish	Beef Pot Pie	Chicken in Peanut Sauce	Chicken Pesto Alfredo
Stuffing	Garlic Bread	Roasted Sweet Potatoes	Baked Potato	Mashed Potatoes	Pad Thai	Cheesy Garlic Bread

# Military Casualties

**Capt. James Michael Steel, 29**, of Tampa, Fla., died April 3 in the crash of an F-16 near Bagram Airfield, Afghanistan. He was assigned to the 77th Fighter Squadron, Shaw Air Force Base, S.C.

Three Soldiers were killed April 6 in Kandahar, Afghanistan, of wounds suffered when enemy forces attacked their unit in Zabul, Afghanistan with a vehicle-borne improvised explosive device. They were assigned to the 5th Squadron, 7th Cavalry Regiment, 1st Armor Brigade Combat Team, 3rd Infantry Division, Fort Stewart, Ga. Killed were **Staff Sgt. Christopher M. Ward, 24**, of Oak Ridge, Tenn.; **Spc. Wilbel A. Robles-Santa, 25**, of Juncos, Puerto Rico; and **Spc. Deflin M. Santos Jr., 24**, of San Jose, Calif.

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## SOFTBALL

### Wednesday, April 3

Redrum def. Au-Rah 15-9  
Old, Fat & Lazy def. Dirty Mike 18-3

### Thursday, April 4

Mejen Metak tied Scrubs 10-10  
Bakai' Erma def. Unit 9 20-13  
North Camp 2 def. Trouble Makers 12-1  
Paco Loves Beaches def. RF Hazards 23-21

### Friday, April 5

North Camp #1 def. Dirty Mike 21-19  
Criminals def. Old, Fat & Lazy 15-12

### Tuesday, April 9

Spartan 1 Women def. 7/8 Coed 24-3  
Mixer def. Tiger 33-30  
Bakai' Erma def. Trouble Makers 8-7  
Paco Loves Beaches def. First Stop 22-12

### Wednesday, April 10

Criminals def. North Camp #1 15-3  
Old, Fat & Lazy def. Au-Rah 23-3

## LEAGUE STANDINGS

### A League

Criminals 3-0  
Old, Fat & Lazy 3-1  
North Camp #1 2-1  
Redrum 2-1  
Dirty Mike & The Boys 0-3  
Au-Rah 0-4

### B League

Bakai' Erma 4-0  
North Camp #2 2-0  
Unit 9 2-1  
Tiger 2-2  
Mixer 1-2  
Troublemakers 0-3

### Coed League

Lollygaggers 2-0  
Paco Loves the Beaches 2-1  
RF Hazards 1-1  
Spartan 1 Coed 0-1  
First Stop 0-2

### Women's League

Scrubs 1-0-1  
Mejen Metak 1-1-1  
Spartan 1 Women 1-1  
Island Sunset 1-1  
7 & 8 Coed 1-2

## Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Mostly Sunny	<10%	ENE at 14-19 knots
Monday	Partly Sunny	10%	ENE-E at 12-17 knots
Tuesday	Partly Sunny	20%	ENE-E at 11-16 knots
Wednesday	Mostly Cloudy	20%	ENE-E at 11-16 knots
Thursday	Mostly Cloudy	20%	ENE-E at 11-26 knots
Friday	Partly Sunny	10%	ENE at 13-18 knots

Yearly total: 3.88 inches  
Yearly deviation: -9.06 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
Sunday	6:40 a.m. 6:59 p.m.	9:15 a.m. 10:05 p.m.	6:01 a.m. 4.3' 6:16 p.m. 3.4'	----- 12:19 p.m. -0.2'
Monday	6:40 a.m. 6:59 p.m.	10:03 a.m. 10:53 p.m.	6:30 a.m. 4.0' 6:45 p.m. 3.0'	12:11 a.m. 0.0' 12:50 p.m. 0.1'
Tuesday	6:39 a.m. 6:59 p.m.	10:51 a.m. 11:40 p.m.	7:00 a.m. 3.6' 7:18 p.m. 2.7'	12:38 a.m. 0.3' 1:25 p.m. 0.4'
Wednesday	6:39 a.m. 6:59 p.m.	11:40 a.m. -----	7:37 a.m. 3.3' 8:02 p.m. 2.4'	1:08 a.m. 0.6' 2:11 p.m. 0.8'
Thursday	6:38 a.m. 6:59 p.m.	12:28 p.m. 12:27 a.m.	8:31 a.m. 2.9' 9:28 p.m. 2.1'	1:49 a.m. 1.0' 3:25 p.m. 1.1'
Friday	6:38 a.m. 6:59 p.m.	1:16 p.m. 1:11 a.m.	10:11 a.m. 2.7' 11:55 p.m. 2.2'	3:10 a.m. 1.3' 5:29 p.m. 1.1'
April 20	6:38 a.m. 6:59 p.m.	2:04 p.m. 1:55 a.m.	----- 12:09 p.m. 2.8'	5:39 a.m. 1.4' 6:55 p.m. 0.8'