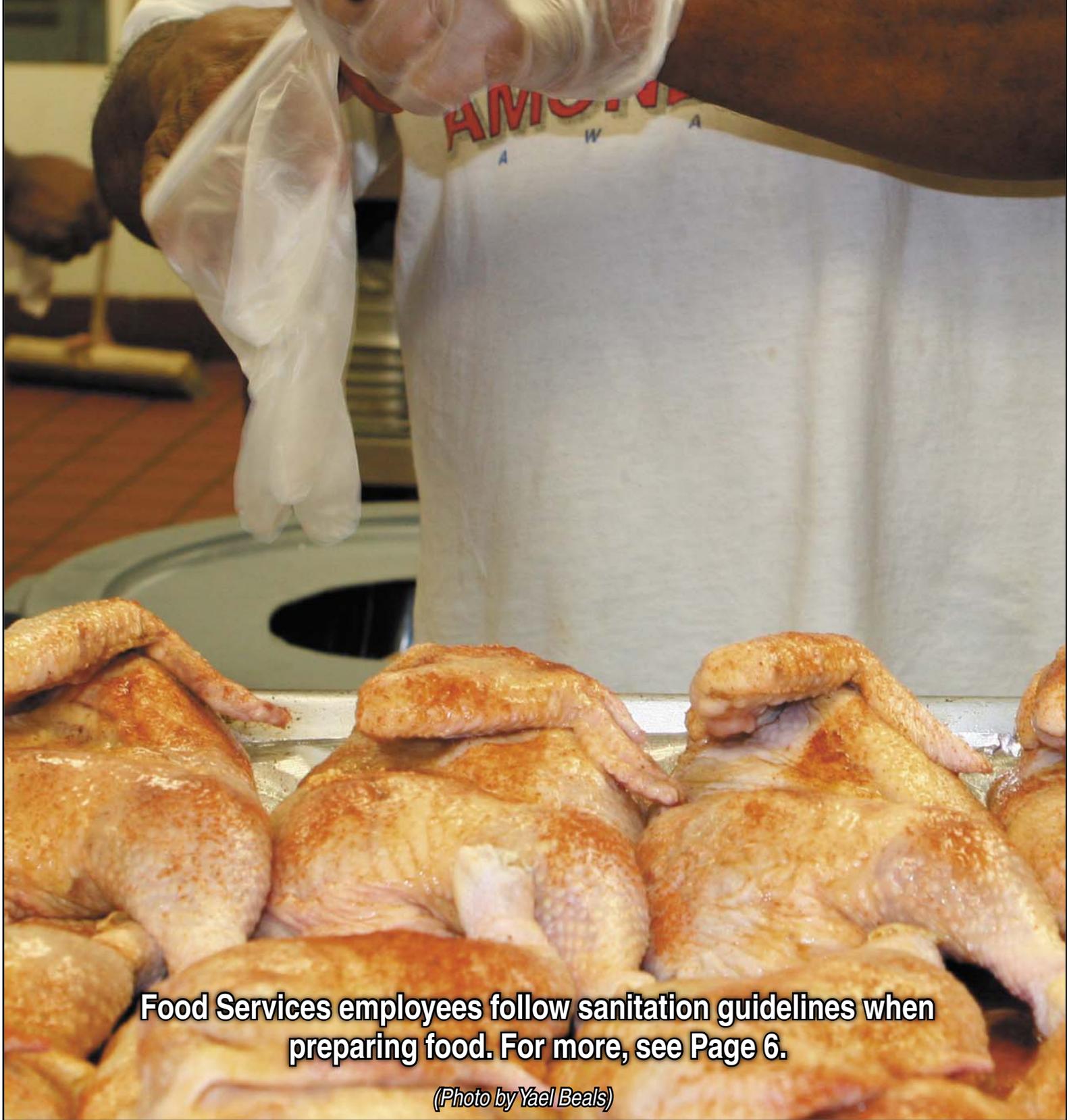


THE KWAJALEIN HOURGLASS



Food Services employees follow sanitation guidelines when preparing food. For more, see Page 6.

(Photo by Yael Beals)

Attitude adjustment changes Kwaj resident's life

By Mindy Cantrell
Community member

Lately I have become tired of hearing and digesting all the discouraging words and negative thoughts about Kwaj and its outlook for the future. And my heart has begun to really hurt for my PCS'd friends in hearing the negative and unjust rumors flying around about why they were sent away.

Now, I have been here long enough that the newness has worn off for me too, and Kwaj has become just another place I live. And I too feel very much at unrest with all the changes going on and the uncertainties which our futures hold. Well, this week I read some words that got a hold of me and started me to thinking. These words said something to the effect of; whatever is lovely, whatever is pure and right and just and admirable, to look upon these things, putting them into practice and then peace would be with me. I thought about those words. And in so thinking, I realized how I missed seeing and feeling lovely and right things and that I, like so many others was feeling anything but peaceful. So I decided to try an experiment. I purposed to find whatever lovely, pure, and right things I could find here on Kwaj. I remembered that incredible feeling of awe I had when I first arrived on Kwaj, and how unbelievably lucky I felt to be here, and thought surely some of that awe-inspiring beauty is still around here somewhere.

I turned my mind first to opening my eyes to the 'lovely' sights Kwaj had to offer me.

Wow! There is totally no question about the incredible and amazing

beauty all around me, here for my eyes to behold and drink in! The sight of the huge, rolling ocean waves crashing into the shore, coming from the vast, majestic and seemingly never ending aqua blue ocean; watching the sun rise up in the morning as it breaks through the smoky night clouds, sending spectacular shards of crystal brilliance across the 7 a.m. sky; the light and lovely fragrance of the varied and abundant blooms; the funny and sometimes strange behavior and antics of the frolicking sand crabs; the breathtaking beauty of the magnificent pinks, yellows, blues, reds and purples of the Emon beach sunsets – I could go on and on. But the best of all was the heartwarming feeling which flowed from my head to my toes and the smile that broke out on my face as I observed our beautiful children of all races, sizes, shapes, colors and nationalities dancing around, playing, laughing, singing and enjoying just being. They are lovely, they are right, they are pure and just. And they remind me to just be. To stop worrying about tomorrow and just enjoy today and all the goodness it has to offer me. Yes, tomorrow is a scary thought for some of us with our futures uncertain and insecure. Yes, we need to think about and plan for the wellbeing of our families and these precious children. But can we not do this and still enjoy our days? Can we somehow concentrate on whatever is positive and not dwell on the negative?

In my experiment I found that when I chose to see and concentrate on positive things and refused to entertain any negativity, I was astounded at the lovely and right things going on around me, at the

amazing, beautiful paradise, brimming with good and uplifting opportunities that Kwaj still is and has to offer. The selflessness in the hearts of those carrying out missions to our needy neighbors; the giving of those volunteering many hours to staff the library and other conveniences which benefit the rest of us; those who spend endless hours listening to those who need to just talk - there is so much good going on here! If I just take the time to see it.

So, whether our time here is short, long or uncertain, there is yet such remarkable history and beauty in which to explore and partake, unending opportunities for right and soul satisfying missions, and extraordinary fellow Kwajers with whom to spend time, get to know, and create lasting, one-of-a-kind memories. No matter what conveniences and/or pleasures are available to us here on Kwaj, it is up to only ourselves to look upon the abundance or lack thereof with a positive eye and seek out the good, the pure, the right, the just, and the lovely. And maybe even taking part in some ourselves. In so doing, our hearts will become less fearful, more satisfied, more joy and peace filled. We will feel ourselves begin to become good, right, and lovely people, doing good right and lovely things – no matter what happens. Our days on Kwaj will become meaningful and when we shall leave this place, it will be with a heart full of warmth and good memories. So I say we Kwajites become positive, right and admirable thinkers, see-ers and do-ers, and make the most of whatever our time is here. What say you?

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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AFE band, local musicians headline at Sunday's *Spring Music Festival*

By Yael Beals
Reporter

On April 6, new and old Kwajalein music talent will make their appearance at the annual Spring Music Festival.

For the past seven years talented Kwajalein residents have strutted their stuff on stage. According to Dan Eggers, talent scout, the spring music festival is open to musicians that want to perform.

If someone is on the fence about performing this year then they still have a chance to participate in the open mike session from 5 to 6 p.m. "Open jam [open mike] is where anyone with a musical, poetic or comedy routine can perform in front of a crowd. Again, due to the nature of the event, family-friendly material only," said Neil Dye, disc jockey. "You just have to remember that the audience is made up of people that you know. If you screw up, it's not the end of the world, because they know you're not getting paid to do it."

In between music sets, Dye will keep the music going. "I've been dj'ing for about 12 years out here. A friend of mine, Willie Ta-

vares, was managing the Yokwe Club at the time, and knew I had a large collection of CDs. He asked me to try DJ'ing at the Yokwe Yuk Club and that's how it all started," said Dye.

Musicians listed on this year's line-up have a wide range of musical experience. "My first show was back in 1985, but [I] took a 15-year break," said Bob Barker, who is part of the *Roi Guys Band*. Jennifer Aakre, who is performing with Kathy Ann Funk, has performed since the fifth grade. "Performing is terrifying! I try to relax but I do get very nervous," said Aakre. Julie Wathen, who is part of the *Insane Gecko Posse Band*, grew up in a musical family. "I have never played a gig where I wasn't shaking like a leaf when I first get up there. It usually takes me about four to five songs to relax," said Wathen.

There will be a variety of music at the festival—classical to rock. "We have a little something from about every era for everybody," noted Wathen.

Performers have different methods of choosing songs. Some choose 'on the fly,' others choose what they know how to

play, and some just play their favorites. "I need to feel a song. My favorite composer, besides Beethoven, is Lorie Line. She is from Minnesota and I'm from North Dakota. Her music has so much feeling in it. I can pick up a piece of her music and pretty much play it and feel it," said Aakre.

Along with local talent, an Armed Forces Entertainment band is performing at the music festival. The *Jenny Boyle Band* is headlining at 6:30 p.m. According to the Jenny Boyle Website, the five-member band is composed of Boyle, who is the lead singer; drummer Mike Kuhl; bass guitarist Jeff Reed; guitarist Jesse Daumit; guitarist/saxophonist Russell Kirk; and guitarist Erich Widleman, who frequently plays with the band.

Boyle began singing at open mikes when she was 15. By 17, she was playing in local clubs with regularity. Since then, she has taken center field to sing the National Anthem prior to the start of play for Washington, D.C. area AAA (minor league) baseball teams, and she has entertained conference attendees numbering in the hundreds for both corporate and non-profit accounts.

Boyle has been influenced by the music of performers such as: Janis Joplin, Jimi Hendrix, Aretha Franklin, Stevie Ray Vaughn, Led Zepelin, Eric Clapton, Ella Fitzgerald, The Rolling Stones, Bob Dylan, Jeff Buckley and many more.

"Last year I enjoyed

playing [at] the Spring Music Festival. It was a great time. I look forward to [it] again. Anyone who can play, or just starting out, should come and do it. It don't matter if you are good or need some practice. I know I still need some. It's fun, the whole day is exciting," exclaimed Barker.

If you have any questions, contact Kim Parker, 53331. Contact Dan Eggers, 54400, to sign up for open mike.

Music schedule

- 2 p.m. Jennifer Aakre and Kathy Ann Funk, Laszo Czinege, Kyle Cassidy, Kori Dowell and Dan Valles, *The Roi Guys* (Chicago Bob Barker and Keven Shoemaker)

- 3 p.m. *Insane Gecko Posse*, with lead guitarist Mike Savage; bass guitarist Jon Mitchell; synth guitarist Dan Eggers; vocals and acoustic guitarist Greg Gale; vocals and atomic pink guitarist Julie Wathen; drummer Danny Barthle, sitting-in for Wil Timmons

- 4 p.m. Kwaj guys
- 5 p.m. open mike
- 6:30 p.m. *Jenny Boyle Band* (AFE band)

Event schedule

- 1 p.m. food and drinks, shave ice
- 1 to 3 p.m. bouncy house
- 1:30 to 3:30 p.m. joust ring
- 3 to 6 p.m. chili cook-off, beer barbecue, home brew tent
- 1 to 4 p.m. Sunfish rides, club sales, police exhibit, fire trucks
- 2 to 4 p.m. Baggo tournament, Outrigger canoe races



American Forces Entertainment singer Jenny Boyles will entertain at the Spring Music Festival.

Swimmer Kirchner becomes Marshallese citizen enroute to Beijing summer Olympics

By Cris Lindborg
Secretary General, Marshall Islands Swimming Federation

The Republic of the Marshall Islands will participate for the first time at the August Olympic Games in Beijing. The participation is the result of a sustained effort by the Marshall Islands National Olympic Committee that resulted in the Marshall Island's eligibility for Olympic participation approximately two years ago. Preparations are now underway to take a strong delegation of athletes to compete in taekwondo, running, wrestling and swimming.

The Marshall Islands Swimming Federation is proud to announce that two swimmers have been invited to represent the Marshall Islands in Beijing. Swimmers are invited to participate at the Olympic Games by the International Olympic Committee based on their participation at international competitions and their performance at the last World Championships held in Melbourne in 2007. One female and one male athlete are allowed to enter for each sport provided they have met the above requirements. They do not have to meet the A or B qualifying times expected of athletes participating from non-developing nations.

Jared Heine, will be the male swimmer representing the RMI. He has been training for almost two years and visited Kwajalein in January 2007 to promote and advertise his participation. His training has been funded by a grant from the IOC, his times are very close to the B entry times and he is hopeful that he can reach them at the Oceania competitions in Christchurch, New Zealand in June.

Julianne Kirchner, a Kwajalein Swim Team athlete,

has been asked to represent the Marshall Islands as the female swimmer. Julianne has been training hard and hoping that the RMI would grant her request for citizenship, a requirement for her participation. The Marshallese legislature, the Nitijela, recently approved her request and she was sworn in as a Marshallese citizen on Monday. This is a very special event; only a few naturalized citizenships are awarded every year. Julianne is elated at this extraordinary opportunity; she has lived in Kwajalein most of her 16 years of life and has been very involved with the Marshallese community. Swimming is her passion; she is currently representing the RMI at the Short Course World Championships in Manchester, England.

"I am honored to have the opportunity to become a Marshallese Citizen, and to represent the RMI at international swimming events. Having lived in the Marshalls for most of my life, I consider these islands my home. Thanks to everyone who made this possible," Julianne said.

Her parents, Judy and Tim Kirchner added, "We are grateful and honored that Julianne has been granted citizenship in the Marshall Islands. The swimming opportunities Julianne has had have been an amazing and unexpected blessing in her life."

Julianne hopes to do well and merit the trust and support of her adopted country. Her participation will open many more training and competition opportunities for Marshallese female swimmers. A number of young Marshallese swimmers are already looking forward to participating at the next World Championships in 2009 and the Olympic Games in 2012.

Another day at work

Soldiers from the Sharanna Provincial Reconstruction Team, 10th Mountain Division, provide security during operations in Gomal, Afghanistan.



DoD photo

NATO offers membership to Balkan states

By Fred W. Baker III
American Forces Press Service

NATO formally offered membership Thursday to two of the three Balkan nations President Bush had strongly advocated for acceptance.

Albania and Croatia were accepted by the 26 other NATO members to begin the accession process after hours-long discussions of the North Atlantic Council, NATO's principal decision-making body, this morning.

"Both these nations have demonstrated the ability and the willingness to provide strong and enduring contributions to NATO," Bush said at a meeting of the council in which representatives of the candidate nations were present. "Both have undertaken challenging political, economic and defense reforms. Both have deployed their forces on NATO missions. Albania and Croatia are ready for the responsibility NATO brings, and they will make outstanding members of this alliance," he said.

Greece blocked Macedonia, the third Balkan nation under consideration, from receiving an invitation to join. Greece objects to the nation using the name Macedonia, saying it implies claims on a Greek province of the same name.

U.S. National Security Advisor Stephen Hadley, in a briefing after the meetings to the White House traveling press, said NATO agrees that Macedonia "clearly" is ready for NATO membership, but that a mutually accepted name should be resolved between the two countries before an invitation to mem-

bership is extended.

"We regret that we were not able to reach consensus today to invite Macedonia to join the alliance," Bush said. "Macedonia has made difficult reforms at home. It is making major contributions to NATO missions abroad. The name issue needs to be resolved quickly, so that Macedonia can be welcomed into NATO as soon as possible."

Bush said NATO needs to intensify its engagement with Macedonia to ensure it becomes a member.

"Albania, Croatia and Macedonia all know the difference between good and evil, because they clearly remember evil's face," Bush said. "These nations do not take their freedom for granted, because they still remember life without it. These nations respect the hard work of building democracy, because they brought it to life in their countries."

In other NATO issues, Georgia and Ukraine were not invited to start the membership action plan, a necessary step toward membership. Hadley said a strong consensus is in place within the alliance that the two former Soviet republics eventually will join NATO, but the timing of starting the plan is in question.

Some members questioned whether the democratic reforms in the two countries have taken root and their political systems are stable, Hadley said. Also, Georgia has unresolved disputes with Abkhazia and South Ossetia, he said.

Still, NATO members agreed to a strongly worded statement that "NATO welcomes Ukraine and Georgia's

Euro-Atlantic aspirations for membership in NATO," Hadley said.

"That's a very strong statement, giving them a clear prospect of NATO membership," he said.

Instead of starting the MAP process with the two countries, NATO opted instead to step up its engagement with the countries, and their status will be reassessed in December. NATO's foreign ministers will decide then whether Georgia and Ukraine have made sufficient progress to begin the membership action plan. The decision does not have to go back to NATO for consensus, Hadley said.

"Would we have preferred to have MAP today? Of course. Do we think we achieved the strategic decision we needed from the NATO alliance that these countries will be members of NATO? Absolutely," Hadley said.

Two other countries moved toward eventual membership during the talks today.

NATO agreed that an "intensified dialogue" should begin with Bosnia-Herzegovina and Montenegro. Both are considered in the "Partnership for Peace" stage of working toward membership. Intensified dialogue is the stage just before being invited to begin the membership action plan. NATO also agreed that an intensive dialogue would be offered to Serbia.

In other news from the NATO summit conference, a communiqué is expected to come from the meetings today delivering what U.S. officials wanted on the issue of missile defense, a senior administration

official said, speaking on background. The United States expects a NATO endorsement of its missile defense plan in Europe, as well as plans to develop a NATO-run short- and medium-range missile defense system, the official said.

The statement is expected to say that ballistic missile proliferation poses an increasing threat to allies' forces, territory and populations. Also, it is expected to task the heads of state with developing a plan for the NATO missile defense architecture to bring back to the 2009 summit.

Missile defense was not a specific agenda item for the summit, but is expected to be discussed through the day and tomorrow, when Russian President Vladimir Putin joins the talks tomorrow for the NATO-Russian Council.

Putin has expressed concern over U.S. plans for the missile defense system, and officials have been working to ease his concerns that the system could be used against Russia.

French President Nicolas Sarkozy announced in the early meetings his country would send another battalion of troops to help in Afghanistan. The troops will deploy to the eastern provinces of the country, allowing U.S. troops, who have been successful at squelching problems there, to move to the embattled southern provinces.

The Canadian parliament had agreed to extend Canada's troops in the south only if allies provided more resources. Other countries are expected to announce troop increases

First class graduates nine certified ‘persons in charge’

By Yael Beals
Reporter

Nine proud Marshallese men and women stand in line waiting patiently to hear their names called. Their hard work paid off—they just completed the first step leading to management positions in Kwajalein dining facilities.

On March 29, at the Café Pacific, the President of Kwajalein Range Services Dave Norwood, awarded food service person’s in charge certificates to the following Republic of the Marshall Islands employees: Harold Bulles, Shield Kanej, Cathreen Tabu, Joselito Faraon, Elme Jaime, Neptali Langinbelik, Frandy Maie, Ringo Shamory, Dennis Shem.

In the summer of 2007, approximately 100 RMI employees attended a basic sanitation training class and were then tested on the material. The class covered food service basics. It’s designed for individuals to learn and understand personal responsibilities: Hand washing, food handling, serving, uniform, hair restraint, labeling and illness. Out of the 100 RMI employees, 12 scored highest on ‘the basics’ and they were eligible to take the food service PIC certification course.

The food service PIC certification class is similar to the basic training class but it also covers advanced topics such as: Purchasing, receiving, storing, facilities, details of contamination, process of cooking, holding parameters, prevention, serving, cleaning and

sanitizing.

Instructor Ann Anders, KRS sanitarian and inspector, designed the RMI food service PIC course for Marshallese employees. Anders is a registered trainer with National Environmental Health Association Training LLC, Thompson Prometric and the National Restaurant Association Educational Foundation. Jennifer Aakre, who is in charge of food service quality control at the Sunrise Bakery, assists Anders with training. According to Anders, food safety regulations state that there must always be a certified PIC in a facility during operating hours.

Steve Cummings, who manages KRS dining services and Chief Warrant Officer Phyllis Mitchell, the United States Army Kwajalein Atoll evaluator for dining services support the food service PIC certification course. “KRS funded 96 hours of training that cost approximately \$766 per student,” said Cummings. “For some of these employees that are graduating today, the next step in their effort is that they will take the [The National Restaurant Association] ServSafe soon and become ServSafe certified,” said Cummings. The National Restaurant Association ServSafe certification is an international certification. The food service PIC certification is valid on Kwajalein only.

Anders provided the PIC certification course materials and exams, which are written in English. “The phraseology of the exams is challenging even for those of us for whom English is the primary language,” noted Anders. “The goal of this class is to put materials together in such a way as to provide the food safety knowledge and confidence [for RMI employees] to successfully pass the certification exam,” continued Anders.

According to Romeo Alfred, a training specialist who works in human resources, basic English skills training is a pre-requisite for all certification training. Susannah Jones teaches an RMI basic skills class that meets this pre-requisite. Her class covers skills such as listening, speaking and writing the English language, work place communication and ethics. Jones received a grant from the RMI National Training Counsel, which funds the basic skills class. All RMI employees working with KRS are eligible to take this class. “We just started with the food service employees because they were doing this program [the food service PIC certification course],” noted



Photos by Yael Beals

Shield Kanej waits to receive his ‘Person in Charge’ certification.

Jones.

Anders gave Jones some material from her food service PIC certification course. In addition to basic English skills, Jones covered test taking and study skills. "I used recipes, manuals and things that they use in the work place. I integrated those [materials] into the class to help with reading comprehension. We go through materials that they have to use every day at work and make sure they understand what they're reading [and] what they're being asked to do," said Jones.

Jones' course also covers how to communicate with co-workers and supervisors. "They [Marshallese] have a way of using their eyebrows to say yes [and] if you don't know that, you may think they are just not responding to you at all," said Jones. "They tend to be a very accommodating culture so they are going to say yes a lot of times and maybe they're not completely sure what they are supposed to be doing or what you are asking them," said Jones. "Instead of asking questions they don't want to cause any conflict. That is a communication breakdown because then, the supervisor thinks that that employee knows what they are supposed to be doing and they don't," continued Jones.

Anders' students found the PIC certification course to be challenging. Cathreen Tabu, 38, lives on Ebeye and received a GED certificate (equivalent to a high school diploma) 11 years ago. "[The course covers] a lot of things we never know before and it's really helping me do my work." Tabu translates course materials for students. "It would be a lot easier if it were in Marshallese," noted Tabu. "She [Anders] makes it more easy so we understand—she's the best teacher," continued Tabu. Tabu is an administrative assistant at the Three Palms Café and taking the course because she wants to help her co-workers. "If I see people that don't know what they are doing, I want to help them with temperature, safety, [tell them they] have to wear gloves—sometimes they don't know," said Tabu. For Tabu, the pathogens were the most difficult material in the course and temperature was the easiest.

Anders inspects Kwajalein dining facilities to make sure the food service PIC and their staff maintain sanitary conditions. "Consequently they have to keep a close eye on any hazards," said Anders. "The remote location [of Kwajalein] coupled with the climate; heat could be a potential concern just by the nature of the logistics involved



Shield Kanej washes his hands before and after any task.

with getting food to Kwaj. However, I have to say that the Cold Storage warehouse team is a 'well-oiled' machine with the way they handle all incoming perishable products. As long as the cold food deliveries are made to the Kwaj facilities in a timely manner by the transportation staff, and receiving facilities get the products put away quickly, then the climate has a minimal impact," continued Anders.

Cramer Alex, the dock security checkpoint snack bar manager and an RMI employee recently received a 'zero-zero' inspection, zero criticals, zero non-criticals. "This is a difficult thing to do," said Cummings. Alex is ServSafe trained and certified by Cummings. Cummings and Aakre are ServSafe instructors and certified to proctor and give exams.

"The [food service PIC] class is real important because it allows our RMI employees to move forward with their careers. Now each of them is certified and able to be the person in charge

of a shift or a facility because they are in compliance with TB Med 530 [Technical Bulletin, Occupational and Environmental Health Food Sanitation] which is a requirement for a supervisor or a manager," said Cummings. "Ann, myself and the whole dining services team will get together and help these people out through the course work," continued Cummings."

More food service PIC certification courses are planned for Kwajalein and Roi-Namur employees. Contact Ann Anders, 52633, or Jennifer Aakre, 53338, for details.



Harold Bulles ensures that refrigeration is the correct temperature.

Bethesda outpatient facility receives praise

Deputy Defense Secretary Gordon R. England saluted a group of wounded Marine combat veterans and the medical care they receive during a ribbon-cutting ceremony for a newly-renovated outpatient housing facility held here Wednesday. England said he shares Defense Secretary Robert M. Gates' concern that it is paramount that injured troops receive the best available medical care.

"After the war itself," England said, quoting Gates, "fixing the problems associated with care for our wounded must be, and is, our highest priority."

Noteworthy improvements provided through the recently completed \$4.3-million renovation project at Mercy Hall "reflect that obligation," England pointed out.

The deputy secretary welcomed a group of injured Marines that attended the ceremony and cited them and Bethesda's medical and administrative staff for their service to the nation. "I thank all of you for your selfless sacrifice," he said.

England was accompanied at the ceremony by Maryland Lt. Governor Anthony G. Brown, an officer in the Army reserve and Iraq veteran, Navy Vice Adm. Adam M. Robinson Jr., chief of the Navy Medical Corps, and Navy Rear Adm. Richard R. Jeffries, commander of the Bethesda medical center and chief of Navy medicine for the National Capital Area region.

Later, England and the other senior leaders cut a ribbon with a large pair of ceremonial scissors to mark the official reopening of renovated Mercy Hall, a three-story structure built in 1968. Today, Mercy Hall houses wounded warriors.

The renovations included an interior and exterior freshening-up, as well construction work to bring the building into compliance with the Americans with Disabilities Act and other federal standards.

About 47 outpatients, mostly Marines, currently live at Mercy Hall, said Marine Capt. Milinda J. Benitez, the administrative liaison officer for wounded Marines in the National Capitol Area, which includes Marines treated at Bethesda and Walter Reed Army Medical Center in Washington, D.C. Benitez and her staff provide administrative, non-clinical, assistance to about 130 Marines in the Washington area, she said.

Helping injured Marines continue on with their lives is "our number-one priority," said Benitez, an Iraq veteran who hails from Union City, N.J.

The injured Marines and their families "are treated with the utmost respect," she added. "We give them the best service that we can."

Marine Cpl. John T. Phillips, one of the outpatients at Mercy Hall, praised Benitez's efforts, noting she "does her best to take care of us."

Phillips also appreciates the accouterments avail-



Photo by Gerry J. Gilmore

Dignitaries participate in the ribbon cutting to open the renovated Mercy Hall at Bethesda Naval Medical Center.

able at newly-renovated Mercy Hall. The renovations included new bedding with refreshed living quarters and lavatories, washers and dryers, installation of cable television and wireless computer service, and more.

"This is absolutely fabulous. It's comfortable; there's free internet, cable - what more can you ask for?" he said.

Phillips also saluted Bethesda's medical staff, noting that "the level of care here is absolutely outstanding."

"In my opinion, there is no better place to be if you're healing-up from anything," Phillips continued. "The nurses and the doctors are all great ... they're pioneering new techniques almost on a weekly basis."

Phillips, who hails from Wasilla, Alaska, recalled when he was wounded in Iraq by a detonating roadside bomb during duty in Anbar province in November 2006. The Marine was riding in a truck when the bomb went off, he said.

"As were driving down the road I heard my vehicle leader say, 'Oh, crap!' and the world went black," Phillips said. "When I came to, there was smoke and dust all over the truck."

No one else was injured in the explosion, Phillips recalled. The blast shattered his lower right leg and broke his lower right arm in two places, he said.

At Bethesda for a year-and-a-half now, Phillips observed it has taken some time for his injured leg to heal. "The bone takes awhile to re-grow," he explained.

Phillips credits his survival and recovery to his belief in a higher power and a positive attitude. He plans to depart the Corps and become a pilot for the Alaskan forestry service.

Marines should not wonder about the type of medical care they'll receive if they are injured during overseas service, Phillips pointed out.

"They'll get the absolutely best care that possibly can be given to them; the doctors and nurses here, like I said, are the best," he said.

"They're going to do everything they can to make sure that you are okay," Phillips concluded.

HELP WANTED

KRS and CMSI job listings for On-Island positions will be available at the Kwaj, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board outside of DVD Depot, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for Contract positions are available at www.krsjv.com, on the bulletin board outside of DVD Depot and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for Contract positions are located online at www.krsjv.com.

NEED EXTRA money? KRS employment applications are continually accepted for all Community Services Departments and the Human Resources Temporary Pool for Casual Positions. Some examples of these positions are: sport officials, scorekeepers, delivery drivers, lifeguards, medical office receptionists, temporary office support, etc. For more information, call the KRS HR Office at 5-4916.

U.S. Army Kwajalein Atoll

OFFICE AUTOMATION ASSISTANTS, GS-0326-6. Temporary position not to exceed two years. The employee provides clerical support to ensure efficient office operations. The employee accomplishes various duties to provide essential office automation support and production. The employee performs a variety of assignments using the advanced functions of various database software packages. The employee prepares varied documents with complex formats using the advanced functions of word processing, desktop publishing, and other software types. The employee performs systems maintenance functions for electronic mail systems. The employee performs a variety of assignments using the advanced functions of one or more spreadsheet software packages. Performs a variety of secretarial and other clerical and administrative functions, using judgment to answer recurring questions and resolve problems. Apply at <https://cpolwapp.be Ivoy.army.mil>.

WANTED

PART-TIME NANNY for four-year-old, early childhood education experience preferred. Call 54396.

DEHUMIDIFIER. Call 52788.

SOMEONE TO SHARE a Continental

companion fare between late July and first half of August. Flying to eastern United States for 10-14 day stay. Call Same, 52785 or 52879.

SMALL COLOR TV and microwave. Call 53612.

LOST

NANO I POD with black case and Arnett sunglasses. Reward offered. Call 52625.

PRESCRIPTION OAKLEY SUNGLASSES, black, in Black Cloth Pouch, March 21. Call Jeff, 54459, work or 52262, home.

FOUND

KNIFE at the Ivey Gym on March 19. Call John, 53331.

HOOP EARRING between Café Pacific and the post office. Call Sandy, 58990.

BRACELET, silver and turquoise. Call 54932.

GOLD DROP EARRING found at adult pool near bike rack, two stones, one uneven shape (mauve/purple color) and small ball (mauve/aqua color). Call 54632.

PATIO SALES

SATURDAY, 11:30 a.m.-12:30 p.m., Quarters 213-B.

SATURDAY, 3:30-5:30 p.m., Coral Bachelor Quarters Room 116. Final PCS sale. Clear color wall shelving, household goods, woman's clothing, ironing board and hanging video/DVD and spice rack. No early birds.

FOR SALE

PCS SALE. Dive equipment: BCD, regulator, computer and weights, shelving, acoustic guitar, fishing rods, blinds, dishwasher and microwave. Call 51626, after 4:30 p.m.

KAYAK P and H Capella RM 166 and KAYAK Wilderness Systems Tempest 170, both come with with skegs, safety gear and accessories (carbon paddle, deck-mounted compass, bilge pump, paddle leash, paddle float, spray skirt, flasher/light, cart, spare paddle, life vest, etc.), \$1,500 and \$1,700 or best offer. Call 52591.

ENTERTAINMENT CENTER, \$75; computer armoire/hutch, \$450; convertible toddler bed and changing table, \$50; bar stool chairs, \$25 each; queen-size bed with 16-inch pillow top with box springs, three-years-old, \$450, and children's mattresses (three), \$50 each. 52197.

SEA DORY boat, 26-foot, trailer, Boat house 21

Religious Services

Catholic

Saturday Mass, 5:30 p.m., in the small chapel.
Sunday Mass, 9:15 a.m., in the main chapel.
Mass on Roi is at 12:30 p.m., in Roi chapel.

Protestant

Sunday
8 and 10:45 a.m., on Kwaj and Roi-Namur service at 4 p.m.
Sunday school for all ages is at 9:15 a.m.

Baptist

9:40 a.m., Sunday, in elementary school music room.

Latter-day Saints

10 a.m., Sunday, in
Corlett Recreation Center, Room 3.

Church of Christ

10 a.m., Sunday,
in Quarters 442-A.

Jewish services

Last Friday of the month in the Religious Education Building. Times will vary. Contact the Chaplain's office for more information.

and contents, mooring, four-cylinder Volvo I/O, two 40-gallon gas tanks, 9.9 Honda kicker and outriggers, \$16,000. Call 52940.

CARDIOBLADE, one pair, \$10; BA Mason 6-inch work boots, size 12EEEE, worn one time, \$50; *Star Trek Next Generation*, complete third season DVD, \$45 and *Summer of Thunder Blue Angels/Thunderbird* four-set DVD, \$20. Call 52517.

WOMAN'S GOLF CLUB Set including three-wheel cart and some accessories, available through Monday only, \$125; Casio Exilim 10.1 mega pixels and brand new waterproof case, \$375; woman's extra-small BC vest, new regulator, new mask and snorkel, dive bag, travel bag with wheels, medium wetsuit, and fins, available through Wednesday, \$425. Call 59802.

MARSHALLESE WOVEN hamper with shells woven into top, 12-inches high by 13½-inch diameter, \$40 and 13½-inch Ponapean carved wooden shark with real shark's teeth, \$20 Call 54613, after 5 p.m.

2006 CWB 134CM wakeboard, \$200; Sector 9 longboard, 48-inches, \$45; blender with service tap in box, \$20; jet pilot lifejacket, used once, \$50; woman's shorts, Oakley, size 8 and 14, \$15; rashguards, \$5; K2 Athena

Café Pacific

Lunch

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	April 11
Italian meatloaf	Carved top round	Porcupine balls	Pork cutlett	Country-fried steak	Kwaj fried chicken	Bombay chicken
Meat lovers pizza	Tandouri chicken	Vegetarian pasta	Apple-glazed chicken	Kung pao chicken	Beef tips in Burgundy	Vegetable ragu
Vegetarian pizza	Baked cod	Huevos rancheros	Ratatouille casserole	Vegetable grill	Vegetable stir-fry	Pest ahi
Grill: Cheese dog	Grill: Brunch station open	Grill: Brunch station open	Grill: Buffalo burger	Grill: Chili burrito	Grill: Cheese sandwich	Grill: Veggie sandwich

Dinner

Tonight	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Breaded pork chops	Herb chicken	Roast pork butt	Teriyaki beef steak	Baked chicken	Flank steak	Salisbury steak
Chicken curry	Beef stew	Chicken stew	Sweet-and-sour chicken	Beef curry	Pasta a la pesto	Chicken stew
Red beans in broth	Veggie quesadilla	Chef's choice	Spicy veggie stir-fry	Tofu and eggplant	Chicken Monterey	Macaroni and cheese

rollerblades, \$50, and Oceanic BCD, small Aqualung regulator, all for \$700. Call 52567.

CANVAS TRAVEL BAGS, for carry-on or checked, excellent condition, \$25. Call 55945.

BLINDS FOR 400-SERIES house, \$175; carpet for living room and two bedrooms, \$150 for all; dishwasher, \$40 and 12-foot by 15-foot deck, \$200. Call 52332.

SECTIONAL SOFA SET with built-in recliners, neutral color, very good condition, \$350. Call 54534.

PINCH-PLEATED drape, light blue, fits sliding-glass door in new housing, excellent condition, \$50. Call 53759.

VTECH CORDLESS PHONE, \$25; Uniden cordless phone with digital answering machine, \$35; TV aerial antenna on 30-foot pole with 50 plus feet of coaxial, \$75; two bed side lamps with shades, \$10; brown leather purse with wallet, \$20; gooseneck for bike, \$25 and Green Machine child's three-wheeler, \$50. Call 52642 and leave message.

PCS SALE. King-size bed frame, \$10; two twin-bed box springs, \$30 each; 25-gallon, low maintenance aquarium, \$140; blue recliner, \$200; stained glass dolphin lamp, \$75; pictures; fishing lures and skirts and marlin gaff, \$60. Call 52527.

BLUE ARM CHAIR with ottoman, \$50; 55-gallon reef aquarium with stand and metal halide lights, \$300; wicker lawn furniture set, \$50; three cordless phone sets with intercom, \$15; palm tree lamps, \$15; scuba gear; TV, \$20; Play Station, \$20; Xbox, \$50 and potted plants and ferns, \$20 each. 53694.

PCS SALE. Color TV, 27-inch, available, Tuesday, \$125; small electronics, \$10-25 and woman's huffy bike with basket, four months old, \$100. Call 59802.

DINING ROOM TABLE, 54-inches round, glass top, wood base and four upholstered chairs, \$600; 70-inch round burgundy table cloth and napkins, \$25; dark rosewood five-drawer jewelry chest, 13-inches tall, \$40; man's dive booties, size 11, brand new, \$30; small dive skin with fleece lining, \$25 and scuba mask, good for narrow face, \$15. Call 58012 or 52782.

FOUR HAMPTON BAY 52-inch remote-controlled ceiling fans, reversible blades, white on one side, light brown on the other, \$125 for all. 52597.

NEW FINS, Oceanic, sizes large and extra-large, \$40; Aeries Velocity Duo Splits, large and extra-large, \$80; New Tusa, sizes small and medium, \$30; Sherwood Avid BC, \$220; Sherwood Brut Regulator with Genesis octopus, \$180; New Cressi Sub Archimedes II, \$275; Olympus 3MP D560 and Underwater housing \$95 and new 70-pint dehumidifier, \$260. Call 51081.

BEAUTIFUL SOFT CORAL 55-gallon reef tank, with unusual fish, stand, 400-watt lights, protein skimmer and pumps, you can get it for the cost of the lights, \$350. Call David, 52283, work.

SCUBA GEAR: BCD, Titan octopus, Gekko dive computer, compass, large mesh bag and fins, \$500; computer desk with hutch, \$40; large metal filing cabinet, \$8 each; bookshelf, \$15; Sony five-disc DVD player, \$100 and Nintendo game cube with two controls and games, \$125. Call 54534.

MAN'S RUSTMAN BIKE, \$200; custom single-speed woman's bike, high handle bars, stainless steel chain, \$95; complete Sea Hunt TV series DVDs, \$100 and mature audience DVDs, \$5-10. Call 53612.

HAMMOCKS (three) like new, \$20 each; surf trailer with Burley hitch, \$25; Hoover vacuum, \$50; over-the-toilet organizer, \$30; patio table, \$25; patio chairs, \$5 each; woman's rash guard size medium, \$20 and men's rash guard, size extra-large, \$25. Call 52813.

COMMUNITY NOTICES

STORE WIDE CLEARANCE sale at Macy's, Macy's West and Gimbel's is in progress. Everything except food items is 50-90 percent off. Crystal is 50 percent off and Sun bikes are 20 percent off. Stop by and check out the new prices.

EFFECTIVE IMMEDIATELY, Macy's and Macy's West will close 1-2:30 p.m., Tuesday through Friday.

THE COMMON ACCESS CARD system is working. For an appointment, call 58496.

THE DIVE STEPS past the Emon Beach dive shack will be closed noon-6 p.m., Sunday.

THE SPRING BREAK MUSIC FESTIVAL will be Sunday. Performers wishing to be in the program should call Dan Eggers, 55509, evenings.

KWAJALEIN YACHT CLUB will sponsor a chili cook-off Sunday, on Emon Beach. Categories

will include traditional, hottest and most original. For entry forms and information, contact Monte Junker, 52834, or e-mail: monte.junker@smdck.smdc.army.mil.

JOIN THE FUN with outrigger canoe races, 2-4 p.m., Sunday, during the Spring Music Festival. Bring a mixed crew of five. Must be 13 or older. Beginners welcome. Meet at Emon Beach at 2 p.m. for rules and race schedule. Bring sunscreen and water. Contact Tom Anderson to sign up.

THE BARBER will be on vacation until May 8. During that time, the stylist will be available for appointments. Call 53319.

KWAJALEIN RUNNING CLUB'S Driftwood Classic is at 5 p.m., Monday. Meet at Emon Beach Main Pavilion at 4:45 p.m. Pre-registration not required.

THE SMALL ARMS RANGE will be in operation from 7 a.m. to 2 p.m., Tuesday. Observe the hazard area between the posted red flags.

THE NEXT BOATING orientation class is scheduled for 6-8:30 p.m., Wednesday-Thursday in Corlett Recreation Center, Room 1. Fee for the class is payable in advance at the Small Boat Marina. Questions? Call 53643.

PARENTS OF GRADUATING seniors: Have your graduation flowers special order placed at Macy's prior to April 11 to ensure availability.

APRIL OPEN RECREATION event for all Child and Youth Services-registered youth in Grades K-6 is 5:30-7:30 p.m., April 11, Concoctions Night. Registration deadline is Wednesday. Bowling Night, 5:30-7:30 p.m., April 18. Registration deadline is April 16. These activities are open to all CYS-registered youth. It's not necessary to be in the School-Age Services program to register and sign children up. Call Micah, 52158. For more information call Susannah, 51722 or e-mail: Susannah.jones@smdck.smdc.army.mil.

APPLICATION FOR table reservations for the Spring Craft Fair on April 14 are on the community bulletin board. Questions? Call 54613.

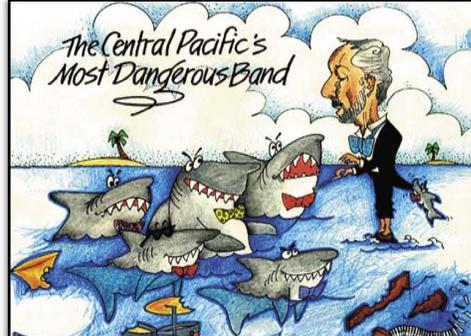
DO YOU NEED an 'updo' for the prom or romp? Surfside Salon will be open May 4 just for you. Make your appointment before April 29 by calling 53319 or stop by the salon.

RECREATIONAL SCUBA DIVERS ARE reminded to plan their dive and dive their plan.



Ballroom Dinner Dance

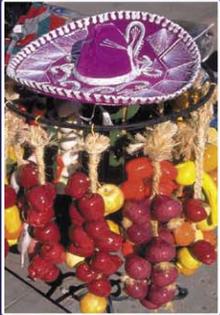
featuring the *Central Pacific's Most Dangerous Band*, 6:30 p.m., April 20, in the multi-purpose room. Tickets are on sale for \$40 by calling Dick, 51684, or Cris, 52935.



The Central Pacific's Most Dangerous Band

Elementary Art Show

*inspired by cultures of the Americas
will be presented 7-8:30 p.m.,
Thursday, in the multi-purpose room*



STUDENTS MUST BE ACCOMPANIED BY A CHAPERONE 14 OR OLDER. COSTUMES SUCH AS NATIVE AMERICAN WEAR, SOMBREROS, POLAR BEAR WEAR, TURQUOISE JEWELRY OR OTHERS RELATED TO THE THEME ARE ENCOURAGED.



Photos are needed for the Annual Photography Exhibit April 28



The exhibit is open to all residents and will be presented in the multi-purpose room.

- Still photography only – no video.
- Digital or film – no restrictions.
- Prints can be no larger than 8 by 10-inch.
- Categories are: Kwajalein at Work, Kwajalein Atoll Recreation, Kwajalein Atoll Nature, Marshallese Culture, Underwater, Fantasy, and Open.

For an exhibitor's package, call Renee Biser-McGinnis, 53553.



Weather courtesy of RTS Weather

Saturday: Mostly sunny, 10 percent showers. Winds: NE at 12-17 knots.
Sunday: Partly sunny, 20 percent showers. Winds: ENE at 13-19 knots.
Monday: Mostly sunny, 10 percent showers. Winds: NE at 10-16 knots.
Tuesday: Mostly sunny, 10 percent showers. Winds: NE at 11-17 knots.
Wednesday: Mostly sunny, 10 percent showers. Winds: ENE 10-16 knots.
Thursday: Mostly sunny, 10 percent showers. Winds: NE at 12-19 knots.
April 11: Mostly sunny, 10 percent showers. Winds: NE at 10-16 knots.

Annual total: 14.22 inches
 Annual deviation: +0.79 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

Sun • Moon • Tides

Sunrise/set Moonrise/set High Tide Low Tide

Saturday	6:44 a.m./6:59 p.m.	6:22 a.m./6:58 p.m.	3:43 a.m., 4.4' 3:55 p.m., 4.7'	9:48 a.m., 0.7' 10:05 p.m., 0.9'
Sunday	6:44 a.m./6:59 p.m.	7:10 a.m./7:56 p.m.	4:15 a.m., 4.8' 4:30 p.m., 4.7'	10:24 a.m., 1.0' 10:36 p.m., 1.0'
Monday	6:43 a.m./6:59 p.m.	8:02 a.m./8:58 p.m.	4:48 a.m., 5.1' 5:05 p.m., 4.5'	11:02 a.m., 1.0' 11:07 p.m., 1.0'
Tuesday	6:42 a.m./6:59 p.m.	8:59 a.m./10:03 p.m.	5:22 a.m., 5.1' 5:41 p.m., 4.2'	11:40 a.m., 0.9' 11:40 p.m., 0.7'
Wednesday	6:42 a.m./6:59 p.m.	10:01 a.m./11:09 p.m.	5:58 a.m., 4.9' 6:18 p.m., 3.7'	5:58 a.m., 4.9'
Thursday	6:41 a.m./6:59 p.m.	11:03 a.m./	6:37 a.m., 4.5' 6:58 p.m., 3.1'	12:13 a.m., 0.4' 1:05 p.m., 0.2'
April 11	6:41 a.m./6:59 p.m.	12:06 p.m./12:11 a.m.	7:20 a.m., 4.0' 7:46 p.m., 2.5'	12:48 a.m., 0.1' 1:59 p.m., 0.4'