

THE KWAJALEIN HOURGLASS

Business
Penalty for Private Use, \$200

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Penalty and

DESCRIPTION OF TRANSACTION	AMOUNT	BALANCE
Credit Card	300 -	432 07
Car Payment	224 -	208 07
Phone bill	117 56	90 51
House payment	350 -	- 25

(Financial counseling is one of the benefits available through the Employee Assistance Program. For more, see Page 5.)

(Illustration by Elizabeth Davie)

Visiting London is like visiting whole world

Cherio chaps. Just back from London, I am. It was my first time in Merry Old England and the visit made quite an impression on me. If you stand on a busy London street corner, ride the subway (or the 'tube' as the Brits call it), eat in a restaurant or go to the many historical sites that abound in London, you will hear 20 different languages being spoken. You will see every shade of human color and all types of ethnic dress. Being in London is like being in a United Nations meeting except more people show up and seem to get along better. When we went to the Tower of London, we met Germans, Australians, Italians and dozens of fellow Americans. It's that way all over in that city.

It seems we always hear how Americans aren't very well liked in the world these days. You couldn't prove that by me though. When I turned on the television in my hotel room, the first thing I saw was *American Idol*. American programs are on several times a day on British TV. The BBC newscasts seem to dwell more on what's happening in America than in their own country. When people we met found out we were Americans, they seemed to be truly glad to meet us. I saw British and people from other countries wearing FDNY and NY logo baseball caps. Unless the folks we met and talked to are very good actors, they really do like Americans or at least don't have the ill will that we hear they do.

For further proof of that, I offer my visit to St. Paul's Cathedral. It's an awesome building and it was saved from the Blitz by firemen who stayed night and day during the worst of the bombing to put out the many fires that were started.

One of the most touching places I saw was the chapel built after World War II with contributions from the English people. It is a memorial to the Americans who gave their lives during the war. On the floor in front of the chapel, in gold lettering it says, 'To the American Soldiers who died during World War II from the British people.' A British man who was standing near me asked if I was an American. I said I was and he said that many British still felt the same sentiment represented by that chapel.

But all is not peaches and cream.

We went to visit Parliament and listen to a debate at the House of Commons. We didn't realize that the day we went was the third anniversary of the start of the Iraq War.

It so happened that the debate in the House of Commons we were able to hear a little of was whether the funding of British troops in Iraq should continue.

We then visited Westminster Abbey, which alone is worth the trip to London. We spent quite a while in the Abbey and when we came out onto the square where Parliament is, there were 30,000 people protesting the war in Iraq. Hundreds of police with automatic weapons stood guard and warily watched the protesters.

The only way for us to get to the subway station that we needed to get back to our hotel was straight through the crowd and the police. I grabbed my wife and sister-in-law who was with us and we made our way slowly to the subway only to find more protesters arriving from that direction. We managed to get away from all of it and went back to our hotel. I have to admit, those were some scary moments.

The British and Irish newspapers I read and the BBC news programs I watched were full of stories about the American national debt of \$9 trillion, the record American federal deficit and the record American trade deficit. The Europeans are scared to death of the precarious American financial situation. They know if the American economy stalls, so will theirs.

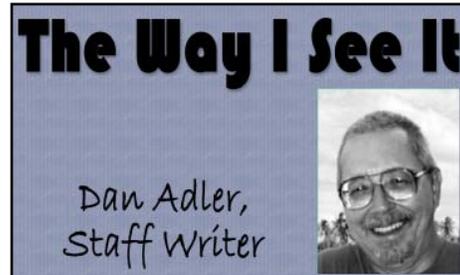
They are also very much against the Iraq War, but now they are afraid that the United States will leave Iraq and the chaos and violence in the region will worsen. So they don't want America there, but they don't want us to leave either.

Then there was the Chinese man who ran a restaurant we went to. He told us how angry he had been when the Taliban destroyed two 3,000 year old statues of Buddha in Afghanistan. He said how grateful he was that Americans had thrown the Taliban out of power. I think he is one of many of the world's people who are thankful to Americans past and present.

I feel very fortunate that I have had the chance to go to the places I've travelled to.

I don't believe there's anyway someone can understand the world and its people without actually meeting and talking with some of them.

Visiting London really is like visiting the whole world.



THE KWAJALEIN HOURGLASS

The *Kwajalein Hourglass* is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The *Kwajalein Hourglass* is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of the *Hourglass* are not necessarily of-

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SpaceX Falcon I maiden flight updated

Hourglass reports

(Note: The following is taken from the SpaceX Web site and reflects the preliminary analysis. They are provided by SpaceX pursuant to their policy of early and full disclosure. According to the Web site, there will be a formal U.S. government led anomaly investigation in partnership with SpaceX.)

Posted on Saturday:

From Elon Musk. "The good news is that all vehicle systems, including the main engine, thrust vector control, structures, avionics, software, guidance algorithm, etc. were picture perfect. Falcon's trajectory was within 0.2 degrees of nominal during powered flight.

However, at T+25s a fuel leak, of currently unknown origin, caused a fire around the top of the main engine that cut into the first stage helium pneumatic system. On high resolution imagery, the fire is clearly visible within seconds after liftoff. Once the pneumatic pressure decayed below a critical value, the spring return safety function of the pre-valves forced them closed, shutting down the main engine at T+29s.

It does not appear as though the first stage insulation played a negative role, nor are any other vehicle anomalies apparent from either the telemetry or imaging. Falcon was executing perfectly on all fronts until fire impaired the first stage pneumatic system.

Our plan at this point is to analyze

data and debris to be certain that the above preliminary analysis is correct and then isolate and address all possible causes for the fuel leak. In addition, we will do another ground up systems review of the entire vehicle to flush out any other potential issues.

I cannot predict exactly when the next flight will take place, as that depends on the findings of this investigation and ensuring that our next customer is comfortable that all reasonable steps have been taken to ensure reliability. However, I would hope that the next launch occurs in less than 6 months.

It is perhaps worth noting that those launch companies that succeeded also took their lumps along the way. A friend of mine wrote to remind me that only five of the first nine Pegasus launches succeeded; three of five for Ariane; nine of 20 for Atlas; nine of 21 for Soyuz; and nine of 18 for Proton. Having experienced firsthand how hard it is to reach orbit, I have a lot of respect for those that persevered to produce the vehicles that are mainstays of space launch today.

I am very encouraged and grate-



SpaceX Falcon I launches Saturday. Photo courtesy of SpaceX.

ful that our launch customers took the time to call and express their support of SpaceX when their reaction could easily have been the opposite. We will stand by them as they have stood by us. SpaceX is in this for the long haul and, come hell or high water, we are going to make this work.

As SpaceX is a company that believes in maximum disclosure (within the boundaries of proprietary data and ITAR restrictions), I will try to post as much as possible about this launch attempt over the coming weeks."

For more information, see the update section of SpaceX.com.

When care is 50 miles away

Keeping Roi-Namur residents healthy

By Shawn Elander, RN
Kwajalein Hospital

In today's society, sometimes healthcare is taken for granted. If a person doesn't feel good or gets hurt, they can run over to the nearest hospital or physician's office for treatment. But what do you do when there is no hospital nearby? Or the nearest physician is 50 miles away by airplane? For residents and visitors of Roi-Namur, this is an everyday reality.

Roi-Namur is not, however, without healthcare. Since

its creation in 1959 by contractor Texas Transport Company, Roi-Namur Dispensary has been staffed by a medical technician or a registered nurse, providing a myriad of services to its community under indirect supervision of the physicians of Kwajalein Hospital. The dispensary currently includes the team of rotating RNs Shawn Elander and Carolyn Koopman. Tish Kuskulis, RN, will join the team in late April. Additional recent temporary assistance has been provided

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The Kwajalein Hourglass

California making its higher education system more available, friendly to military personnel leaving service

State of California release

Governor Arnold Schwarzenegger announced March 22 he was taking strides to make California's higher education system more accessible to military personnel leaving the service by forming the Veterans Education Opportunities Partnership, tasked with facilitating California veterans' transition into college.

"Today we are focusing on ways to do all we possibly can to create a veteran friendly college system," said Schwarzenegger. "The men and women of our armed forces put their lives on the line to protect us, to protect our country, our state, and our freedom. We owe them a tremendous debt of gratitude for their service and we should do everything we can to honor them when their time of service has ended. California has the greatest higher education system in the world and our veterans deserve easy access to it. I want to thank our military and our higher education leaders for joining me in this noble cause."

California law allows state colleges to give priority consideration to veterans of the armed forces. At a working meeting with education, administration and military leaders, Schwarzenegger discussed ways to coordinate efforts between the state, the armed services and colleges and universities to assist veterans with higher education opportunities in California.

The Veterans Education Opportunities Partnership will create a model for veteran education by developing an academic outreach, admission, and enrollment plan that targets and assists the approximately 60,000 California veterans exit-

ing military service each year. The partnership will consist of senior administration officials, Cabinet Secretaries for Education, Labor and Workforce Relations, and Veterans Affairs; Chancellors for the University of California, California State University and California Community Colleges and California's military leaders.

The partnership will work to achieve the following goals:

1. To work cooperatively to provide education opportunities to veterans who either are California residents or are stationed in California at the time of their exit from the military;

2. To coordinate and improve outreach and the flow of information to exiting veterans regarding California higher education opportunities;

3. To improve academic and financial advice and counseling to exiting veterans;

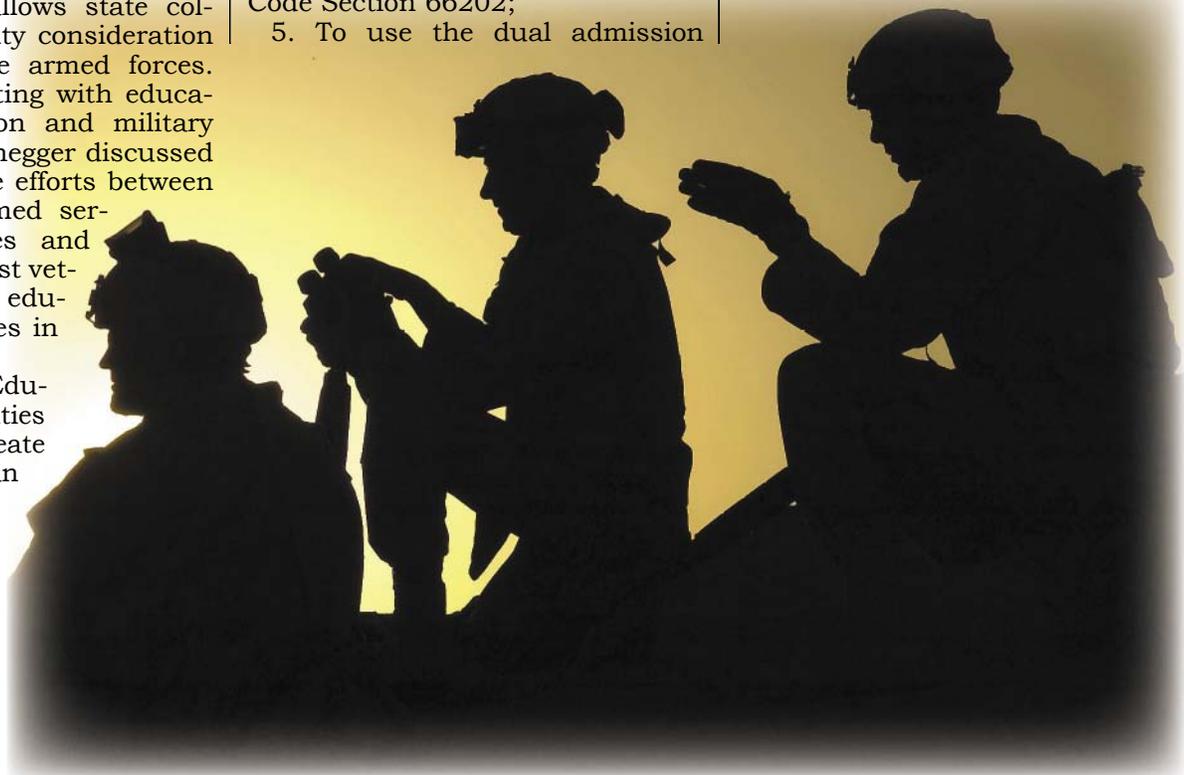
4. To enhance and expand the use of the priority admission allowance for veterans of the armed forces of the United States as provided in the California Education Code Section 66202;

5. To use the dual admission

program authority contained in California Education Code Section 66744 to design, develop and implement a special dual admission program for veterans; and

6. To appoint a California Veterans Education Opportunities Oversight Committee to review the status and achievements, and establish the future goals of the California Veterans Education Opportunities Partnership.

California is home to 175,000 active military personnel and one in nine of all the men and women serving in the United States Armed Services are in state. California also has the nation's largest state military force, with over 20,000 Air and Army Guard personnel, over 3,000 of whom are currently deployed worldwide. The top reason given for enlisting in the Armed Forces is the opportunity to take advantage of financial opportunities for higher education. More than 96 percent of military personnel enroll in Montgomery G.I. bill programs yet currently only 50 percent of veterans take advantage of these important benefits.



Employee Assistance Program aids problem solving

By Nell M. Drumheller
Editor

The woman sits in the warm sand, watching the waves as they rhythmically move up the beach. Some days she can't believe how lucky she is to be in the tropics, on island and far away from the harsh northern United States winters. Other days she feels so alone. Her husband has a contract with Kwajalein Range Services. She's learned that she is referred to as 'island fluff.' Most of her friends and family back in Wisconsin are envious of her stories of the beach, the sunshine and her unemployed status.

Though the U.S. Army Kwajalein Atoll community is small in numbers, it is rich in resources. Employees and family members have places they can go for help if they encounter problems at work or home, including emotional or financial issues.

One of the benefits offered by the companies on the island is the Employee Assistance Program. The work-site Employee Assistance Program is conducted by Marion Ruffing who is certified by the Employee Assistance Certification Commission.

"This is a confidential assessment, counseling, treatment and referral program for the employee and all dependent family members," Ruffing said. The program is designed to provide direct access for help. All employees working on Kwajalein, Roi, or any outer island (e.g. full-time, part-time, contract, military or wage) and their dependent family members are eligible for this free program.

"The program offers help with any kind of emotional or personal problem occurring in or outside the workplace. Assistance is offered in relationship issues, anger management, substance use/abuse issues, grieving a loss, family issues, separation or divorce issues, work conflict, marital problems, depression, and personal and/or work stress," Ruffing said. She added, "adjustment to the island issues is also offered."

In addition, the EAP also provides consultation and assistance to managers, supervisors and human resource consultants dealing with employees whose performance, attendance, or conduct has deteriorated due to a personal or emotional problem. The EAP service is a no-cost program, to the employee or dependant family member. If the employee is living and working on Kwajalein or any island in the RMI, and has dependent family members stateside, we also

contract with an outsource EAP company in order to provide help to those family members. The EAP is located in the hospital and can be reached at 55362 during working hours, and after hours and weekends services are available by calling the hospital at 52223.

The Rev. Rick Funk, protestant chaplain and the Rev. John Sheehan, Roman Catholic priest, are both available to provide personal, couple or family counseling.

"I am certainly available for all types of relationship counseling. I have a program especially designed for pre-marital counseling called Prepare-Enrich if anyone is planning on getting married. I also conduct a marriage enrichment program that is produced by the same company. I've done all sorts of relationship counseling as a Pastor and Chaplain for the past 17 years.

I will focus on communication skills and conflict resolution," Funk said.

"I should say that I'm available at the office, at home, or wherever the person needing help is most comfortable. I know Father John has a similar approach. I'm obviously available for spiritual counseling if someone has questions or issues about their understanding or relationship with God," Funk added.

If your problems have more to do with money than relationships, there's help for that, too.

Financial counseling is available through the EAP. "I use a United

Way supported organization in Honolulu that offers consumer credit help. For a minimum fee of around \$25 which is an application fee, they will prepare a budget, get in touch with the credit companies and establish a payment plan and in most cases, assist in the client not paying interest for a period of 6 to 12 months. The client has to send a check each month to the organization and they forward the payments. The great benefit in this is the client knows when he will be debt free and the plan is workable," Ruffing said.

Another financial assistance program has been provided through the Memorial Chapel. "We offer a financial planning program called Financial Peace University created by Dave Ramsey. Maj. John Vannoy facilitates our class. It is about halfway to completion. We will probably offer it again," Funk said.

Funk said, "Any counseling provided by me is covered by the strictest confidence. As a Pastor I do not have an obligation to disclose any information shared with me in private."

Benefitting from EAP help

Generally, you would benefit from EAP help if, according to Ruffing, you:

- Feel preoccupied with a problem.
- Fail repeatedly in your efforts to solve it yourself
- Spend a lot of energy denying a problem exists, or hoping it will go away.
- Experience frequent mood swings
- Feel unhappy most of the time
- Experience problems with family or friends
- Have trouble controlling alcohol or drugs (including prescription medication use)
- Experience emotional problems
- Experience parent-child problems

Women holding their own in DoD work force

By Rudi Williams

American Forces Press Service

Women throughout history would be proud of what today's community of DoD women has accomplished, a top DoD personnel official said in Washington, D.C. March 21.

DoD employees are among the nation's finest visionaries, dream makers and community builders, which coincides with this year's Women's History Month theme, "Women: Builders of Communities and Dreams," Marilee Fitzgerald, principal director of the Office of the Deputy Undersecretary of Defense for Civilian Personnel Policy, said during the DoD observance of Women's History Month at the Women in Military Service for America Memorial.

"Your distinguished military careers and exceptional federal civilian service are an inspiration to men and women around the nation," she said.

That's particularly true, Fitzgerald said, for those "who are making incalculable sacrifices to preserve freedom and the democratic principles that underpin a peaceful, productive and dignified society."

She said the ceremony honored "the spirit of possibility and the hope set in motion by generations of women in their creation of communities and encouragement of dreams."

"These women worked to ensure an independent nation; they planted the fields, taught the children, wrote the books, gave the speeches and insisted on an end to inequality," she said. "And they demanded liberty, the right to organize, the right to vote, and the right to share equally in the pursuit of happiness.

"These are the women who stepped forward when needed," she added.

Fitzgerald said women of the past would be proud of women like retired Air Force Brig. Gen. Wilma Vaught, the driving force behind building the women's memorial. "Her vision to build this memorial will not only ensure that women are forever recognized as a critical and historic part of the woven tapestry of military service, but will also inspire others to dream and realize new possibilities for generations to

come," Fitzgerald noted.

Women have come a long way in government since 1933, when then President Franklin Delano Roosevelt -- at the strong urging of his wife, Eleanor -- appointed the first female cabinet secretary, Frances Perkins, as secretary of labor. Perkins was the champion for the national women's rights cause "Equal Pay for Equal Work," Fitzgerald noted.

Fitzgerald said the hopes and dreams of women in DoD are realized every day by the contributions of more than 220,000 women serving in civilian positions. This number represents more than a third of the total DoD workforce and more than 200,000 women serving on active duty. "The great news in these numbers is that women are given the opportunity to achieve their dreams - and they are achieving 'firsts' in many areas," Fitzgerald said.

DoD women serve in a remarkable array of positions — teachers, firefighters, human resource specialists, air traffic controllers, tugboat captains, information technology specialists, scientists, engineers, prison guards, weapons system designers and secretaries such as deputy undersecretaries, Fitzgerald said.

For instance, Fitzgerald said, they include women like Patricia Bradshaw, undersecretary of defense for civilian personnel policy, who presides over the personnel practices and policies for more than 700,000 DoD civilians. They also include women like Tina Jonas, undersecretary of defense (comptroller) and chief financial officer, who oversees DoD financial management activities including a budget of more than \$400 billion.

Fitzgerald also pointed to Sheila Widnall's appointment as secretary of the Air Force in 1993, which made her the first woman to serve as an armed forces secretary. In 1998, Lillian Fishburne became the first African-American woman to put on the Navy star to become a rear admiral.

In June 2005, Sgt. Ashley Pashley, of the Army Reserve's 40th Civil Affairs Battalion, was one of five Soldiers awarded the first Combat Action Badge for her action during

Operation Iraqi Freedom.

"Last month, Defense Secretary Donald Rumsfeld appointed Leslye A. Arshnt as the deputy undersecretary of defense for military community and family policy," Fitzgerald noted. "Leslye is one of the first DoD civilian woman to have served as part of the Iraq reconstruction effort. She was the senior advisor to Iraq's Ministry of Education. In June 2005, Ms. Arshnt was chosen to receive the Good Housekeeping Award for Women in the Government."

Noting that the percentage of woman serving in non-traditional occupations since 1995 has increased, Fitzgerald said, "In 2005, the ratio of female scientists has proportionally grown by about 20 percent and the ratio of engineers by about 45 percent since 1995."

The percentage of women in grades GS-13 through senior executive service increased from 18.9 percent in 1995 to 28.1 percent in 2005. The ranks of the women in the Service Executive Source positions grew by 62 percent since 1995, and women now hold 20 percent of DoD SES positions, Fitzgerald said.

"These achievements are possible because as a community we are better educated," Fitzgerald noted. "DoD civilian women have demonstrated an increase in the percentage of those holding bachelor's degrees or higher from 23 percent in 1995 to 32 percent in 2005, with 62 percent more women possessing masters degrees or above in 2005."

However, Fitzgerald said, even though those numbers are encouraging and women's accomplishments in DoD are beacons for others to follow, there's much work to be done. "Women are underrepresented in science, technology, mathematics and engineering fields," she noted. "This challenge is exacerbated by the national shortage of women studying these disciplines at the university level and making careers in related fields."

And women still are underrepresented in DoD's senior executive service. Rumsfeld has asked his leadership team to "get more energy" into increasing the repre-

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Time	Channel 9 Roller	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 AFN Prime/ Roller	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors
midnight		College Gameday	Today	The Late Show	Late Night with Conan O'Brien	Movie: (cont.) <i>Innocent Man</i>	SpongeBob	Law & Order
12:30 a.m.		ESPNews		Late Late Show w/ Craig Ferguson			Fairly Oddparents	
1 a.m.		NBA			Ghost Whisperer	Movie: <:05>	As Told by Ginger	Pacific Report
1:30 a.m.		<i>Dallas</i>		Judge Judy		<i>Conan the Destroyer</i>	The Amanda Show	Tonight Show w/ Jay Leno
2 a.m.		vs.	American Morning	Star Trek: Voyager	Lost		Everwood	
2:30 a.m.		<i>Detroit</i>						The Late Show w/ David Letterman
3 a.m.			CNN Live Today	Roller	The Apprentice	Movie: <i>Secret Window</i>	Sister, Sister	
3:30 a.m.		ESPNews			Friends		Sister, Sister	Late Late Show with Craig Ferguson
4 a.m.		SportsCenter	MSNBC Live		King of Queens	Movie: <:51>	Fresh Prince	
4:30 a.m.					Carol Duval Show	<i>Mighty Joe Young</i>	Family Ties	Judge Judy
5 a.m.		Baseball Tonight			Breathing Space		Play with Sesame	Star Trek: Voyager
5:30 a.m.							Barney & Friends	
6 a.m.		MLB (Spring Train.)		Today	Caribbean Workout		Sesame Street	Best Damn Sports Show Period
6:30 a.m.		<i>Pittsburgh</i>			The Right Fit			
7 a.m.		vs.	Fox News Live		Good Eats	The Entertainers	Bear in the Big Blue	The Daily Show
7:30 a.m.		<i>Boston</i>			Unwrapped		Little Bill	Colbert Report
8 a.m.			Studio B with Shepard Smith	Roller	30 Minute Meals	Behind the Scenes	Blue's Clues	ESPNews
8:30 a.m.					Food 911	E.T.	Dora the Explorer	Headline News
9 a.m.		The Hot List	The Situation Room	Ghost Whisperer	Raymond	Movie: <i>Sleeping with the Devil</i>	Rolie Polie Olie	Good Morning America
9:30 a.m.		The Hot List			Raymond		JoJo's Circus	
10 a.m.		Around the Horn	The Big Story w/ John Gibson	Lost	Dawson's Creek		Franklin	
10:30 a.m.		PTI				Movie: <:45>	Reading Rainbow	
11 a.m.		SportsCenter	Headline News	The Apprentice	E! News Live	<i>Les Miserables</i>	JoJo's Circus	30 Minut Meals
11:30 a.m.			NBC Nightly News		Blind Date		Rolie Polie Olie	Friends
noon		NBA Shootaround	ABC World News	Roller	My Wife & Kids		Dora the Explorer	American Idol
12:30 p.m.					Living Single		Blue's Clues	
1 p.m.		NBA	CBS Evening News	King of Queens	Mad About You	Movie: <i>The Prince of Tides</i>	Little Bill	Veronica Mars
1:30 p.m.		<i>Detroit at Philadelphia</i>	Countdown with Keith Olbermann	Roller	Mad About You		Bear in the Big Blue	
2 p.m.			Hannity & Colmes		Emeril Live		Barney & Friends	Amazing Race
2:30 p.m.							Play with Sesame	
3 p.m.		NBA	Lou Dobbs Tonight	24	My First Place	Movie: <:25>	Funniest Videos	My Wife & Kids
3:30 p.m.		<i>Utah at Denver</i>			#1 Single	<i>The Purple Rose of Cairo</i>	Full House	King of Queens
4 p.m.			News Hour with Jim Lehrer	Roller	Alias		Pokemon	Mad About You
4:30 p.m.							Yu-Gi-Oh!	Mad About You
5 p.m.			Special Report with Brit Hume	Wheel of Fortune	C.S.I.	True Hollywood Story	Disney's Doug	Emeril Live
5:30 p.m.		ESPNews		Jeopardy			Ed, Edd, & Eddy	
6 p.m.		SportsCenter	Your World with Neil Cavuto	Roller	Seinfeld	Backstories	SpongeBob	Design on a Dime
6:30 p.m.					That '70s Show	E.T.	Fairly Oddparents	Style Star
7 p.m.			World News Now	Eve	American Idol	Movie: <i>Blue Crush</i>	Even Stevens	Alias
7:30 p.m.				All of Us			Kenan & Kel	
8 p.m.				Extreme Makeover: Home Edition	Veronica Mars		Gilmore Girls	Wheel of Fortune
8:30 p.m.		NBA	Tavis Smiley	Roller		Movie: <:58>		Jeopardy
8:30 p.m.		<i>Teams TBD</i>				<i>Miss Congeniality</i>		
9 p.m.			Business Report	Law & Order	Amazing Race		Degrassi	Headline News
9:30 p.m.			Nightline				Degrassi	Pacific Report
10 p.m.			Hardball with Chris Matthews	Roller	Friends		Fresh Prince	Two & a Half Men
10:30 p.m.		ESPNews			King of Queens		Family Ties	Will & Grace
11 p.m.		SportsCenter	O'Reilly Factor	Tonight Show W/ Jay Leno	The Daily Show	Movie: <i>Caddyshack</i>	7th Heaven	Medium
11:30 p.m.				The Late Show	Colbert Report			

Friday

All programming is subject to change without notice

Time	Channel 9 Roller	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 AFN Prime/Roller	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors
midnight		NBA	Today	The Late Show	Late Night with Conan O'Brien	Movie: <Cont.>	SpongeBob	C.S.I.
12:30 a.m.		Teams TBD		Late Late Show w/ Craig Ferguson		Movie: <:52>	Fairly Oddparents	
1 a.m.					American Idol	Entrapment	Even Stevens	Pacific Report
1:30 a.m.				Judge Judy			Kenan & Kel	Tonight Show w/ Jay Leno
2 a.m.			American Morning	Star Trek: Voyager	Veronica Mars		Gilmore Girls	
2:30 a.m.		SportsCenter				Movie:	Degrassi	The Late Show w/ David Letterman
3 a.m.			CNN Live Today	Roller	Amazing Race	Blue Crush	Degrassi	Late Late Show with Craig Ferguson
3:30 a.m.		NBA Access			Friends		Fresh Prince	
4 a.m.		SportsCenter	MSNBC Live		King of Queens	Movie: <:58>	Family Ties	Judge Judy
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5 a.m.					Breathing Space		Barney & Friends	
5:30 a.m.					Caribbean Workout		Sesame Street	Best Damn Sports Show Period
6 a.m.		MLB (spring train.)		Today	The Right Fit			
6:30 a.m.		Cincinnati			Good Eats	True Hollywood Story	Bear in the Big Blue	The Daily Show
7 a.m.		at	Fox News Live		Unwrapped		Little Bill	Colbert Report
7:30 a.m.		Boston		Roller	30 Minute Meals	Backstories	Blue's Clues	ESPNNews
8 a.m.			Studio B with Shepard Smith		Low Carb & Lovin' It	E.T.	Dora the Explorer	Headline News
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1:30 p.m.		Phoenix			Mad About You	Reality Bites	Bear in the Big Blue	
2 p.m.		at	Hannity & Colmes		Emeril Live		Barney & Friends	The Closer
2:30 p.m.		Indiana				Movie: <:43>	Play with Sesame	
3 p.m.			Lou Dobbs Tonight		Design on a Dime	Legends of the Fall	Funniest Videos	Access Hollywood
3:30 p.m.					Style Star		Full House	Judge Judy
4 p.m.		NBA	News Hour with Jim Lehrer		Alias		Pokemon	Mad About You
4:30 p.m.		San Antonio					Yu-Gi-Oh!	Mad About You
5 p.m.		at	Special Report with Brit Hume	Wheel of Fortune	C.S.I.	The Directors Chris Columbus	Disney's Doug	Emeril Live
5:30 p.m.		LA Lakers		Jeopardy			Ed, Edd, & Eddy	
6 p.m.								
6:30 p.m.		Inside the NBA	Your World with Neil Cavuto	Roller	Seinfeld	Ebert & Roeper	SpongeBob	Decorating Cents
7 p.m.					That '70s Show	E.T.	Fairly Oddparents	The Look for Less
7:30 p.m.		SportsCenter	World News Now	Two & a Half Men Will & Grace (:25)	American Idol	Movie:	That's So Raven	Alias
8 p.m.				Window on the Atoll (7:50pm)	Half & Half	The Core	All That!	
8:30 p.m.		(jip) Tennis		Medium	J.A.G.		Joan of Arcadia	Wheel of Fortune
8:30 p.m.		Nasdaq-100 Open	Tavis Smiley					Jeopardy
9 p.m.			Business Report	C.S.I.	The Closer	Movie: <:19>	Sabrina	Headline News
9:30 p.m.			Nightline			National Security	Sabrina	Pacific Report
10 p.m.			Hardball with Chris Matthews	Roller	Friends		Fresh Prince	The O.C.
10:30 p.m.				Tonight Show W/ Jay Leno	King of Queens		Family Ties	
11 p.m.			O'Reilly Factor		The Daily Show	Movie:	7th Heaven	Survivor: Panama
11:30 p.m.		SportCenter		The Late Show	Colbert Report	The Mask		

Time	Channel 9 Roller	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 AFN Prime/ Roller	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors	
midnight		SportsCenter	Today	The Late Show	Late Night with Conan O'Brien	Movie: <Cont.>	SpongeBob	Deal or No Deal	
12:30 a.m.		College Gameday		Late Late Show w/ Craig Ferguson	American Idol	Movie: <:48>	Fairly Oddparents		
1 a.m.		ESPN		Judge Judy	Half & Half	Mission Impossible	That's So Raven	Pacific Report	
1:30 a.m.		NHL	American Morning	Star Trek: Voyager	J.A.G.	Movie: <:19>	All That!	Tonight Show w/ Jay Leno	
2 a.m.		Teams TBD		CNN Live Today	Roller		The Closer	Joan of Arcadia	The Late Show w/ David Letterman
2:30 a.m.			MSNBC Live	Roller	The Closer		The Core	Sabrina	Late Late Show with Craig Ferguson
3 a.m.			College Gameday		Friends	King of Queens	Sabrina	Fresh Prince	
3:30 a.m.			Baseball Tonight		Carol Duval Show	King of Queens	Movie: <:19>	Family Ties	Judge Judy
4 a.m.		SportsCenter	MLB (spring train.) St. Louis at NY Mets	Primetime	Today	Caribbean Workout	National Security	Play with Sesame	Star Trek: Voyager
4:30 a.m.		College Gameday		Fox News Live	Roller	The Right Fit	Breathing Space	Barney & Friends	
5 a.m.		Baseball Tonight		Studio B with Shepard Smith		30 Minute Meals	Good Eats	The Directors Chris Columbus	Sesame Street
5:30 a.m.			The Hot List	The Situation Room	American Idol	Raymond	Movie: <:44>	Bear in the Big Blue	The Daily Show
6 a.m.		MLB (spring train.) St. Louis at NY Mets			Today	Raymond		Chris Columbus	Little Bill
6:30 a.m.			Around the Horn	The Big Story w/ John Gibson	JAG	Dawson's Creek	Movie: <:44>	Blue's Clues	Good Morning America
7 a.m.					PTI	JAG		Dawson's Creek	E.T.
7:30 a.m.			SportsCenter	Headline News	The Closer	E! News Live	Tears of the Sun	Rolie Polie Olie	Sports: TBD
8 a.m.				NBC Nightly News	Window on the Atoll /Roller	My Wife & Kids		Blind Date	
8:30 a.m.			NBA Shootaround	ABC World News	Judge Judy	Living Single	Movie: <:12>	Reading Rainbow	Designed to Sell
9 a.m.			NBA Memphis at New Orlenes	CBS Evening News	Roller	Mad About You		Major League	JoJo's Circus
9:30 a.m.				NBA LA Lakers at Seattle	Countdown with Keith Olbermann	Roller	Mad About You	Movie: <:12>	JoJo's Circus
10 a.m.			Hannity & Colmes		Window on the Atoll /Roller		My Wife & Kids		Major League
10:30 a.m.			SportsCenter	Headline News	Window on the Atoll /Roller	My Wife & Kids	Movie: <:46>	Blue's Clues	Sports: TBD
11 a.m.				NBC Nightly News	Window on the Atoll /Roller	My Wife & Kids		Blind Date	
11:30 a.m.			NBA LA Lakers at Seattle	ABC World News	Wheel of Fortune	C.S.I.	Movie: <:46>	Dora the Explorer	Sports: TBD
noon				Special Report with Brit Hume	Jeopardy	C.S.I.		Jude Law	
12:30 p.m.			SportsCenter	CBS Evening News	Roller	Living Single	Movie: <:46>	Little Bill	Sports: TBD
1 p.m.				NBA Shootaround	CBS Evening News	Roller		Living Single	
1:30 p.m.			SportsCenter	Countdown with Keith Olbermann	Roller	Mad About You	Movie: <:46>	Bear in the Big Blue	Sports: TBD
2 p.m.				NBA Memphis at New Orlenes		Countdown with Keith Olbermann		Mad About You	
2:30 p.m.			SportsCenter	Hannity & Colmes	Roller	Emeril Live	Movie: <:12>	Reading Rainbow	Designed to Sell
3 p.m.				NBA LA Lakers at Seattle		Hannity & Colmes		Emeril Live	
3:30 p.m.			SportsCenter	Lou Dobbs Tonight	Roller	Decorating Cents	Movie: <:12>	JoJo's Circus	Landscape Smart
4 p.m.		NBA LA Lakers at Seattle		Lou Dobbs Tonight		Decorating Cents		Major League	
4:30 p.m.		SportsCenter	News Hour with Jim Lehrer	Roller	The Look for Less	Movie: <:12>	Rolie Polie Olie	Sports: TBD	
5 p.m.			NBA LA Lakers at Seattle		News Hour with Jim Lehrer		The Look for Less		Major League
5:30 p.m.		SportsCenter	Special Report with Brit Hume	Roller	Alias	Movie: <:12>	Dora the Explorer	Sports: TBD	
6 p.m.			NBA LA Lakers at Seattle		Special Report with Brit Hume		Alias		Major League
6:30 p.m.		SportsCenter	Wheel of Fortune	Roller	C.S.I.	Movie: <:12>	Blue's Clues	Sports: TBD	
7 p.m.			NBA LA Lakers at Seattle		Jeopardy		C.S.I.		Major League
7:30 p.m.		SportsCenter	Jeopardy	Roller	Living Single	Movie: <:44>	Reading Rainbow	Designed to Sell	
8 p.m.			NBA LA Lakers at Seattle		Jeopardy		Living Single		Tears of the Sun
8:30 p.m.		SportsCenter	Your World with Neil Cavuto	Roller	Living Single	Movie: <:44>	JoJo's Circus	Landscape Smart	
9 p.m.			NBA LA Lakers at Seattle		Your World with Neil Cavuto		Living Single		Tears of the Sun
9:30 p.m.		SportsCenter	That '70s Show	Roller	Mad About You	Movie: <:46>	Dora the Explorer	Sports: TBD	
10 p.m.			NBA LA Lakers at Seattle		That '70s Show		Mad About You		Major League
10:30 p.m.		SportsCenter	That '70s Show	Roller	Mad About You	Movie: <:46>	Blue's Clues	Sports: TBD	
11 p.m.			NBA LA Lakers at Seattle		That '70s Show		Mad About You		Major League
11:30 p.m.		SportsCenter	That '70s Show	Roller	Mad About You	Movie: <:46>	Reading Rainbow	Designed to Sell	
11:30 p.m.			NBA LA Lakers at Seattle		That '70s Show		Mad About You		Major League

HELP WANTED

Kwajalein Range Services has the following job openings. For contract hire positions, call Marie Dixon, 51300. For all others, call Jack Riordan, 55154. Full job descriptions and requirements are online or at Human Resources, Building 700.

NEED EXTRA money? KRS employment applications are continually accepted for the Community Activities and Food Services departments for casual and part-time positions. If you are interested in being a scorekeeper, sports official, recreation aide, recreation specialist, library aide, lifeguard, disc jockey, pizza delivery driver or catering/dining room worker, please submit your application to the HR department for consideration as positions become available. For more information, call the KRS HR Office at 54916.

ADMINISTRATIVE ASSISTANT II, full-time position for Child Development Center. HR Req. K031098.

ADMINISTRATIVE ASSISTANT II, full-time position Contracts Management. HR Req. K031093.

AUTO BODY TECHNICIAN, Automotive. Full time. HR Req. K031086.

BINGO CALLER, Yokwe Yuk Club.

CARPENTER I, Roi Operations. HR Req. K030920. Enniburr residents should apply to Floyd Corder, Roi Operations.

ELECTRONIC TECHNICIAN I, casual position for Macy's. HR Req. K031105.

GENERAL MAINTENANCE WORKER I, Roi Operations. HR Req. K031060. Enniburr residents should apply to Floyd Corder, Roi Operations.

HEAVY EQUIPMENT OPERATOR, Roi Operations. HR K030227. Enniburr residents should apply to Floyd Corder, Roi Operations.

MECHANIC I, Kwajalein Automotive. Two full-time positions. HR Req. K030332 and HR Req. K030641.

MEDICAL OFFICE RECEPTIONIST. Casual. Schedule patients, perform patient charting and register patients for insurance. Must have good written and verbal communication and customer service skills. Must be familiar with MS Word and Excel. HR Req. K031070.

MEDICAL BILLING SPECIALIST, Kwajalein Hospital. Casual. HR Req. K030982.

PAINTER II, Roi Operations. Full time. HR Req. K030761. Enniburr applicants should apply to Floyd Corder, Roi Operations.

PROPERTY SPECIALIST I, casual, on-Island position. HR Req. K031091.

REGISTERED NURSE, Kwajalein Hospital. Casual. HR Req. K030935.

TOOL ROOM ATTENDANT II, Kwajalein Automotive. Full time. HR Req. K030895.

TRAVEL COORDINATOR, full-time position, KRS Travel, Finance Dept. HR Req. K031076

KRS CONTRACT POSITIONS

APPLICATIONS SYSTEM ANALYST/
PROGRAMMER I. HR Req. 031323.

APPLICATIONS SYSTEM ANALYST/
PROGRAMMER III. HR Req. 031321.

APPLICATIONS SYSTEM ANALYST/SENIOR

PROGRAMMER. HR Req. 031319.

ADMINISTRATIVE ASSISTANT, Automotive Services. Full time. HR Req. K031074.

CDC/SCHOOL AGE Services Director, HR Req. 031335.

CHILD/YOUTH services director, HR Req. 031297.

COMMUNICATION TECHNICIAN III. HR Req. 031029.

ELECTRONIC DOCUMENT MGMT SYSTEM LEAD – KARDS; Sr. Document Controller. HR Req. 031271.

ELECTRICIAN III/MARINE ELECTRICIAN. HR Req. 030924.

ELECTRICIAN III. HR Req. 030854.

ELECTRONIC TECHNICIAN II, HR Req. 030817.

ELECTRONIC TECHNICIAN II – Telemetry, HR Req. 031005.

ELECTRONIC TECHNICIAN III – ALTAIR, HR Req. 030669 (Roi-Namur).

FIELD ENGINEER II, HR Req 031373.

FIELD ENGINEER I, two positions, HR Req. 031189.

FIELD ENGINEER II, two positions, HR Req. 031315 and HR Req. 031149.

FIELD ENGINEER II, two positions. HR Req. 031157.

FIELD ENGINEER II, Roi-Namur. HR Req. 030741.

FIELD ENGINEER II – RF Safety, HR Req. 031147.

FIELD ENGINEER II – TRADEX, HR Req. 031245 (Roi-Namur).

HARDWARE ENGINEER II, Roi-Namur. HR Req. 031179.

HELP DESK TECHNICIAN II, HR Req 031371.

INSTRUCTOR, HR Req 031375.

INVENTORY CONTROL SPECIALIST I. HR Req. 030880.

MAINTENANCE SPECIALIST. HR Req. 030871.

MANAGEMENT AND STANDARDIZATION ANALYST I. HR Req. 030882.

MECHANIC III – CDC, HR Req. 030590.

NETWORK ENGINEER II–MO. HR Req. 031227.

NETWORK ENGINEER I – IT, HR Req. 031289.

OPTICS TECHNICIAN II, two positions HR Req. 030775 and 031231.

PRIME CONTRACTS ADMINISTRATOR. HR Req. 031233.

PROGRAMMER. HR Req. 031067.

REGISTERED NURSE, HR Req. 030919.

REPORTER, *The Kwajalein Hourglass*. HR Req. 031311.

RF SAFETY SPECIALIST/FIELD ENGINEER II. HR Req. 031147.

SOFTWARE ENGINEER II. CONUS-Lexington. HR Req. 031175.

SUPERVISOR, Bakery. HR Req. 031287.

SUPERVISOR Human Resources – CDC,

HR Req. 030904.

SUPERVISOR, Imaging. HR Req. 031277.

SUPERVISOR, Medical Business office. HR Req. 031305.

SUPERVISOR WAREHOUSING, HR Req 030958.

TELEPHONE TECHNICIAN III. HR Req. 030965.

WAREHOUSE PROJECT SPECIALIST – CDC, HR Req. 030896.

WAREHOUSEMAN II/SHIPPING AND RECEIVING CLERK. CONUS-Richmond. HR Req. 030843.

AIRSCAN PACIFIC

CONTRACT COMPLIANCE COORDINATOR. Required: Bachelor's degree, preferably in aviation related field; strong organization and communication skills; proficiency with Word, Excel, Access and Outlook. Preferred: Experience with SeeSOR, CDRLs, key control, property tracking and travel. Inquire at 54547 or send KRS application with CC Coordinator written at top to AirScan, Building 902, or to sikesb@usaka.smdc.army.mil. Inquiries/applications will be accepted until April 29.

PATIO SALES

SATURDAY, from 11:30 a.m. to 3:30 p.m., Quarters 410A, multi-family moving sale. Kitchen items, towels, stoneware dishes, suitcase, small trunk, household items, electric knife, baskets, small vacuum, clothes and much more.

SATURDAY 3-6 p.m. and Monday 7-10 a.m. in the back of Quarters 129F. Two-family PCS sale. Furniture, shelving, scuba equipment, adult and children's clothing, bedding, toys and decorative items.

LOST

MISSING - MUSIC to my ears. Pink mini Ipod with headphones and plug-in cords and Rover MP3 player. Please return to Quarters 410-B.

WANTED

ANYONE FOR KOSRAE? I need my regulator serviced and would love it if someone would be willing to take it with them to Kosrae. Any takers? Call Amy 51472.

HOUSE-SITTING POSITION. Adult brother visiting April 22-May 19. Responsible, will take care of pets and plants. Call 52668.

FOUND

SWIM TEAM T-shirt, large, Emon Beach on Monday. Call 54632.

FOR SALE

SCUBA TRAILER with bike, \$150; large deck, \$250; plants; dining room table with six chairs, \$400; King-size bed, \$200; cherry-wood entertainment center, \$375; widen bike rack, \$30; child's yellow playhouse, \$25; plastic table with four chairs, \$10; baby gym, \$10; blue umbrella with stand, \$15. Call 52668.

NEW UNICYCLE, \$50; Marshallese handicrafts; cordless phone with answering machine, \$25; suitcases on rollers; electric knife; Weber barbecue accessories; steam iron; numerous other items. Very low prices. Call 53370.

ERAGON AND ELDEST book set in box, never opened, hardcover, \$30; assorted video games for preteens \$10-20; 20-inch

BMX-style bike, excellent condition, \$40. Call Andrew, 4-9 p.m., 52312.

LA-Z-BOY LOVESEAT, 2 years old in good condition. Asking \$175, call 51322.

TWO ZERO-GRAVITY indoor/outdoor, nylon mesh and metal chairs, \$60 each; white, 950w microwave, \$45 and a 52-inch, white ceiling fan, \$30. Call 51376

MICROWAVE, 1000W \$75; Maytag dishwasher, white with butcher block top, \$250; white custom blinds for 400-series housing, \$350; Sony surround-sound system (no remote) includes: Receiver, five speakers and sub woofer, \$100 and two blue, scalloped edged night stands \$50. Call 53681.

SMALL FREEZER in great condition, \$175 or best offer; small refrigerator, \$50 or best offer; plug-in grill and kid's roller blades. Call 51427.

RUBBERMAID OUTDOOR storage shed, freestanding and weather resistant, 56 by 32 by 77 inches, \$125. Call Ann 54165.

OCEAN KAYAK with a paddle, \$150. Call 51992 after 5 p.m.

COMPUTER GAMES, \$15 each; movie Digital Video Disks, \$10 and 15 each; music compact disks, \$5 each. Please call 52161 after 4 p.m.

TODDLER CAR SEAT, \$30 and Panasonic 5-cup rice cooker, \$15. Call 54530.

TWO RADIO CONTROLLED trucks, \$200 each; one-of-a-kind bike, \$300 or best offer and single-seat kayak, \$300 or best offer. Can be seen at 474B or call 54578.

MEN'S BIKE, Sun Nexis 4-speed, low miles, rebuilt, runs like new. Cost \$300, for you, \$200. Not for short people. Call 53140.

COMMUNITY NOTICES

THE KWAJALEIN ATOLL International Sportfishing Club's monthly meeting will be a 7 p.m., tonight at the Pacific Club. KAISC will host a fish fry. A demo will be given on making a fishing handline. Newcomers to the island and to fishing are welcome to attend.

SCHOLASTIC BOOK FAIR, 8:30 a.m. – 3 p.m., tonight and Thursday plus a community night 6-8 p.m., Thursday, at the elementary school music building.

TEN-TEN WILL BE will be closed today and

Thursday for annual inventory. Surfway will be open from 10 a.m. to 8 p.m. For more information, call Roy at 51010.

BINGO NIGHT, Kwaj bingo will be Thursday at the Yokwe Yuk Club. Card sales begin at 5:30 p.m., bingo play begins at 6:30 p.m. Blackout at 50 numbers with a \$350 cash prize. Must be at least 21 to enter and play and identification card is required

YOUTH SOCCER banquet is at 5:30 p.m., Thursday at Emon Beach Pavilion 1. There will be awards, recognition, food and fellowship. Smart Start, Kindergarten and 1 – 2 Grade teams need to provide side dishes. Teams for 3-6 Grade need to provide desserts. Everyone needs to bring their own drinks. For more information, call 53796.

MEMORIAL CHAPEL will have a free movie and pizza night at the Adult Recreation Center at 6:30 p.m., Friday. The award-winning movie will be *Shane*, a western made in the 1950s. For more information, call Jack Carey, 52303.

THE ORTHODONTIST, Dr. Peter Picard, will see patients through Friday. For an appointment, call the Dental Clinic at 52135.

THINK YOUR SMOKED pulled pork is the best? Why not enter the Pulled Pork Barbecue Cook-off at the Spring Break Music Festival, Sunday? Entries are limited to pulled pork and judging will be without sauce. For more information, or to enter, call Bud Teague, home, 51992 or work, 51355.

REGISTRATION IS ONGOING at the University of Maryland office for the Human Resource Management, HRMN 300, beginning April 5. The class will be from 6 to 9 p.m., Wednesdays and Fridays. The course is a basic study of human resource management and will be taught by Nicole Beall. For more information, call 52800.

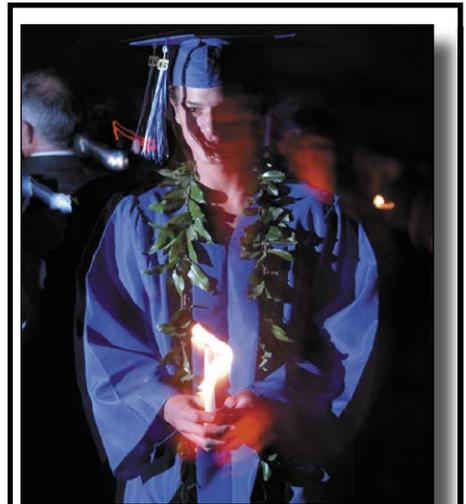
KWAJALEIN SCUBA CLUB meeting is 7 p.m. on April 5, instead of April 12. April and May meetings will be at the high school multi-purpose room and are safety meetings. It is mandatory all members attend a safety meeting. A safety briefing will be held May 27 at the Corlett Recreation Center. Dues are due at the April meeting.

TICKETS FOR Kwajalein Scuba Club's Scuba Doo are on sale 10 a.m. till 2 p.m. Mondays downtown and are \$20. Tickets may be purchased from Amy Brouwer, Casey Schuh, Ivy Springer, Kyle Mozley, Michelle Barnett, Jaime Rathjen, Trish Wildfang, Beth Wagner, Danny Barthle and JB Scott.

MARCH RIGHT ON in to Grace Sherwood Library and sign up for our monthly book draw. For adults, an autographed copy of *The Stone Diaries* by Carol Shields. For the young at heart, *The Cat in the Hat and The Cat in the Hat Comes Back* by Dr. Seuss.

THE GEORGE SEITZ ELEMENTARY PTO would like all elementary school parents to know that candidates are being sought for next year's PTO officers. For more information, call Bonnie Compton at 52415.

NEW IN THE MIC Shop - the newly published signed and unsigned copies of the book, *Island of Angels* written by Elden M. Buck, former Protestant minister on Kwajalein. This book details the history of Kosrae and the growth of the church from



Attention high school seniors

If you are planning to go on to college or trade school and you would like to apply for a Kwajalein Range Services scholarship, please pick up a scholarship application at the KRS Human Resources Office, Building 700, or see your high school guidance counselor. This scholarship opportunity, sponsored by the Quality of Life IPT and funded by KRS, is open to Kwajalein High School seniors as well as any high school seniors elsewhere whose parent(s) are employed on the USAKA/RTS installation. The deadline for submission of applications is May 10. For more information, call the Human Resources Office at 55154.

1852 to 2002.

HEAVY EQUIPMENT OPERATORS - the road directly on the lagoon side between Coral Sands and Building 1010 is off limits to all heavy equipment until further notice. For more information, call Environmental, Safety and Health at 51134.

PROPERTY MANAGEMENT and Appliance Shop will conduct the biennial inventory of all tagged government appliances located in the Kwaj residential facilities in April. Inventories will be from 8 to 11 a.m. and from 1 to 4 p.m., April 11 –15 – dome housing and Quarters 112-139, April 18 –22 – Quarters 102-497 and April 25 –29 – trailers. If you have pets, house sitters or would like to be present for the inventory of your quarters, you must contact Reni Langrine or Chris Gamble at 53412, before April 11 to make an appointment. If you do not make an appointment, we will assume we have your permission to enter your quarters to conduct the physical inventory. Only tagged government appliances are to be inventoried during this period. Furniture is excluded.

POOLS AND BEACHES is offering a lifeguard training class on from 5 to 8 p.m. Wednesdays and Fridays, April 19 - May 24, at the family pool. Lifeguard training certification will include life guarding, first aid and CPR. Cost for the class is \$60 includes class materials and pocket mask.

The Kwajalein Hourglass

National Honor Society Coffee Shop



The coffee shop will be held April 9. There will be drinks, desserts and live entertainment.

Wednesday, March 29, 2006



Wash Day

From left in foreground, Brett Ritchey, Liz Ritchey, Dexter Elliot, Noah Gray, in background, Ethan Frazier, Lance Compton and Eric Everts take part in the first Cub Scout Pack 135 Bike Wash and Lube on Monday. (Photo by Robert Gray)

ROI, from Page 3

by Sandy Steveson, RN and Bess Buchanan, Physician Assistant-Certified.

Dispensary services

Unbeknownst to some residents, especially new residents, and even more visitors are the services provided by the Roi-Namur Dispensary. While some people are completely unaware of the presence of medical professionals on island, others are just unaware of the many facets of healthcare available.

First and foremost, in cooperation with the fire department, the staff is available for emergency and urgent care 24 hours a day. Having training in emergency care including advanced cardio life support makes the staff ready and able to respond in its expanded role. In a worst case scenario, the staff stabilizes a patient until other medical personnel arrive via helicopter to provide for a medical evacuation. Recent years' emergencies have included cardiac arrests, births, diabetic emergencies, seizures, strokes, allergic reactions, miscarriages and deaths. Urgent care has included appendicitis, kidney stones, intractable vomiting, broken bones, sprains, marine animal injuries and lacerations.

Nonemergency and nonurgent care is also an important role available at the dispensary. Many illness and ailments can be treated at the dispensary. Problems such as abdominal pain, abscesses, colds,

cold sores, flu, gout, rashes, sexually transmitted diseases, sprains, strains, sinusitis, sore throats and urinary tract infections are among a list of many items that can be treated by previously approved physician orders/standing orders, with the medications readily available in the dispensary. Although many things can be treated immediately, some cannot. The staff may have to contact a physician by phone for consultation or refer a patient for a physician appointment when a physician is on Roi once a month, or refer them to Kwajalein Hospital. Pharmacy items can also be delivered and made available for pickup.

Preventative medicine is important. American Forces Network radio and television ads point that out almost as often as OPSEC. The dispensary can assist. Blood pressure checks, vaccinations, lab draws, diabetic screening, vision screening and health education are among the services available. Hearing screens are also available on a limited basis when Kathy Campbell, RN, Occupational Health Department, is on Roi.

If you are unsure if a service can be performed, or an illness or ailment can be treated, or if you just need some medical advice, contact the Roi Dispensary at 56223 during business hours (7-11a.m Tuesday, Thursday and Friday; noon-4 p.m. Wednesday and Saturday). For after-hours nonemergencies, staff can be contacted by calling the fire department at 56334 and having the staff page.

WOMEN, from Page 6

sentation of women and minorities in general and flag officer positions and in senior executive service positions, Fitzgerald said.

"Today," she told the audience, "we celebrate and give thanks for

the community of DoD women who have and are forging paths and accomplished firsts for those of us in this room and for our daughters to come. We must be mindful that as a community of DoD women we are

but one part of a greater whole necessary to accomplish the DoD mission. We're part of the total force, which is comprised of men and women in the military and civilian work force."

RTS Weather

Tonight: Mostly clear with chance of showers late. Winds: ENE at 12-18 knots. Low: 79°F
 Thursday: Mostly sunny with isolated showers. Winds: NE at 12-18 knots. High: 86°F
 Friday: Mostly sunny with slight chance of showers. Winds: NE at 11-17 knots. High: 87°F
 Saturday: Mostly sunny with slight chance of showers. Winds: NE at 12-18 knots. High: 86°F
 Annual rain total: 9.28 inches
 Annual deviation: -3.02 inches

Call 54700 for updated forecasts or www.rts-wx.com.

Sun • Moon • Tides

	Sunrise/set	Moonrise/set	High Tide	Low Tide
Thursday	0648/1859	0708/1943	4:47 a.m., 5.0' 5:01 p.m., 4.9'	11:31 a.m., 1.0' 11:37 p.m., 0.9'
Friday	0648/1859		5:19 a.m., 5.0' 5:34 p.m., 4.5'	11:31 a.m., 1.0 11:37 p.m., 0.9
Saturday	0647/1859	0844/2137	5:51 a.m., 4.9'	12:07 p.m., 0.7'