Vicenza and Darby Military Communities

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Fon Facts

- Around €3,000 of change is thrown into the Trevi Fountain by tourists daily. It is then collected and donated to charity.
- •Italy has 50 UNESCO World Heritage Sites, the most of any country in the world.
- Fourteen billion espressos are consumed in Italy each vear.
- •Italian Alessandro Volta invented the first battery in the 1800s.
- •The first thermometer was made by Italian inventor Santorio Santorio in 1612.

(From www.roughguides.com)



Pinwheels for prevention

CASERMA EDERLE — Since March 30, U.S. Army Garrison Italy has had a pinwheel garden in front of its headquarters building, Bldg. 109, in honor of Child Abuse Prevention Month in April. Blue pinwheels are the official symbol of the national Pinwheels for Prevention campaign. See Parent & Child article, pg. 7, to learn more about the project.

(Photo by Aaron P. Talley, VMC Public Affairs Office)

Army doctor discovers new sleep disorder

By David Vergun

Army News Service

WASHINGTON — During the wars in Iraq and Afghanistan, scattered reports surfaced regarding an unusual sleep disorder among some combat veterans.

Doctor (Col.) Vincent Mysliwiec, a sleep researcher, said that upon returning home from combat duty, some veterans were having nightmares with "dream-enactment behaviors."

These behaviors were troubling, he said. "They'd strike out, scream, yell at their spouse and even run around their bed and, at times, hurt themselves or oth-

In 2013, Mysliwiec was working at Madigan Army Medical Center at Joint Base Lewis, McChord, Wash. It was

then, he said, when he came across such an instance at the center's sleep labora-

"We found the first documented case in probably 30 years at Madigan," he said. What he saw, he said, was not only troubling, but also puzzling, as there was

no category for the sleep disorder in the International Classification of Sleep Disorders 3 and Diagnostic and Statistical Manual of Mental Disorders 5. ICSD-3 is the diagnostic manual for sleep disorders and DSM 5 is used by psychiatrists and psychologists.

So Mysliwiec and colleagues labeled what they saw as "trauma associated sleep disorder," or TSD.

Regarding the 2013 finding, Mysliwiec said, "[A] friend and colleague at Madigan called it the 'Rosetta Stone' moment because we heard similar reports beginning in 2007 with Soldiers returning from combat. They'd be telling us these things, and we didn't know what this disorder was. We've also seen it described a handful of times in articles and journals."

While it's rare to see cases of TSD in sleep labs, Mysliwiec said a colleague of his witnessed just such a case in March in the sleep lab at Madigan. While it was an unfortunate experience for the Soldier, he said, it was an exciting moment for him and other sleep researchers because the diagnosis is consistent with their earlier findings.

Categorizing TSD

Mysliwiec said TSD is not a nightmare per se, because a person doesn't move around in nightmares. He also said

See **SLEEP**, page 7

Geographic Institute provides insight into mapmaking

Story and photo by Anna Ciccotti **USAG Italy**

FLORENCE — United States Army Garrison Italy command teams from Vicenza and Darby, along with experts from U.S. Army Africa G2 GeoINT, conducted a professional development visit and partner nation engagement at the Istituto Geografico Militare (Military Geographic Institute) in Florence March 23.

The visit came about because of one company commander who wanted to know more about the organization.

"I learned about the IGM from two impressive maps that had been given to the garrison at Camp Darby. No one knew where they had come from, but I found the Institute's contact information in the bottom corner and decided I had to know more about them," said Capt. Brennan Roorda, company commander, Headquarters and Headquarters Company, USAG Italy.



U.S. Army Garrison Italy command team and experts from U.S. Army Africa G2 GeoINT visit the Istituto Geografico Militare (Military Geographic Institute) in Florence March 23.

"I had two objectives for the visit. First, to gain exposure to modern military mapmaking methods. Second, to learn about managed directly by the Italian Defense historical maps and mapmaking methods here in Italy," he added.

Roorda discovered that IGM is the national mapping agency for Italy and is

See MAPMAKING, page 4

PREVENT

CHILD ABUSE AND NEGLECT

Installation Commander's Proclamation

Child Abuse Prevention Month is recognized April of each year. Child abuse is never OKAY. No one deserves to be abused and anyone can be a victim. Any time an Army Family member suffers from abuse, we fall short

I'm calling on all of us — military and civilian, parents and non-parents — to unite for a common goal: to end children abuse. We must make a commitment to this prevention effort in partnership with the Family Advocacy Program (FAP) here at US Army Garrison Italy.

Children are the future of our nation. It is our job to assure they grow up in a safe environment.

Therefore, this year's theme for Child Abuse Prevention Month is simple:

CHILDREN THRIVE IN SAFE, STABLE, NURTURING HOMES.

Step Up: Keep kids safe and supervised. Engage and pay attention to prevent accidents.

Speak Up: If you see abuse or neglect, call it in. We all have a role to play in protecting children.

Reach Out: It's okay to ask for support. Recognize when you're struggling and get help.

Child abuse prevention is not a one-month assignment. It goes on every day of every year. Without every one of us doing our part, we cannot say our Army is fully ready to build a strong and resilient community.

As commander at US Army Garrison Italy, I am committed to ending child abuse and educating our community on prevention methods. Our Family Advocacy Program is here to help you. Contact US Army Garrison Italy FAP at 0444-71-7489 to help end child abse.

STEVEN M. MARKS Commanding

Speak Out

By Laura Kreider & Chiara Mattirolo

April 22 is Earth Day. What is something anyone can do to protect the planet?



Mauro Fochesato **DPW Housing**

"It is important to recycle waste so that you can at least convert some of our natural resources for our future generations."



Susan Vanderbeek **DODDS**

"Plant a tree and take care of your surroundings."



Shantel Scott Arts & Crafts Center

"We can recycle, and be *mindful of the waste we* generate. It would also help to be mindful of our fuel consumption so as to reduce our



Senior Airman Damian Tran 731st Munitions Squadron

"Recycle and plant trees."



Elena Caroccia

Livorno Commissary "I make sure all the lights are turned off when not needed and all the cell phones are unplugged when finished charging them to save energy."



Patricia Stalzer Livorno Commissary

"Recycle as much as possible and avoid waste."

Drivers must be aware of driving distractions

Bv Chiara Chelossi

DMC Safety & OH Specialist

April is National Distracted Driving Awareness Month.

Distracted driving is a dangerous epidemic on America's and Europe's roadways. In 2014 alone, 3,179 people in the United States were killed in distracted driving crashes.

Texting while driving is a serious problem not only on America's roads but also in Italy. As a result, thousands of people die every year in crashes related to distracted driving.

The National Highway Traffic Safety Administration hosts one of the best websites for distracted driving tools and information, https://www.distraction. gov/. One informative section lists the various state laws that apply to distracted driving in America. See the following:

https://www.distraction.gov/stats-research-laws/state-laws.html.

Currently, 46 states ban text messaging for all drivers; 14 states prohibit or contact your local safety office.

drivers of all ages from using handheld cell phones while driving. No state bans all cell phone use for all drivers, but 38 states ban all cell phone use by novice drivers, and 20 states prohibit it for school bus drivers.

Italy and most other western European countries ban handheld cell phones while operating a motor vehicle (including text messaging). Only a hands-free device is permitted. In Italy, the fine for using a cell phone while driving ranges from 152 euro to 608 euro.

Additionally, a proposal that probably will become law by the end of 2017 increases the penalty for using the cell phone while driving.

The penalty would mean driving license disqualification from 15 days to two months with fines ranging from 161 euro to 646 euro (and five points on one's license).

If there is an accident, cell phones will be confiscated.

To learn more about Distracted Driving Month, see the aforementioned websites,

Army is hiring, increases end strength by 28,000 Soldiers

WASHINGTON — The Department of the Army will add 28,000 Soldiers to its ranks by Sept. 30, officials announced March 16. The troop increase was directed by the National Defense Authorization Act for fiscal year 2017.

"The Army is hiring. The added end strength will allow the Army to increase manning in its tactical units, enhancing overall readiness," said Maj. Gen. Jason T. Evans, Director, Military Personnel Management. "Increased manning also provides additional promotion opportunities and retention incentives for our existing Soldiers and more opportunities for those who are fit, resilient and possess character who want to join the Army."

Across the force, the active component end-strength authorization increased by 16,000 to 476,000; the Army National Guard increased by 8,000 to 343,000, and the Army Reserve increased by 4,000 to 199,000. This 28,000 increase means the total Army will number 1,018,000 Soldiers.

The Army will conduct a responsible increase with a focus on quality: Soldiers who are resilient, fit and have character. The Army will use a variety of personnel management tools to meet the troop strength requirement. Those tools will include enlisted accessions, recruitment, training, and retention along with officer accessions

For example, the Army will raise its enlisted accessions mission to 68,500, an increase of 6,000 Soldiers in the active component from the original mission through FY 17. Additionally, the Army will increase the enlisted retention mission to 17,500, an increase of 9,000 Soldiers in the active component from the original mission through FY 17.

With respect to officers, the Army will create additional accession and retention opportunities to increase officer strength by 1,000. And the Army will continue to leverage internal controls to increase retention of quality officers.

The increased manning will enable the Army to better meet the challenges of an ever-uncertain security environment, Evans said.

"We see a strong Army as a key factor in maintaining the security of the nation,"

For additional information, contact Lt. Col. Randy Taylor at randy.l.taylor20.mil@ mail.mil or (703) 692-1281.



Need help? Don't know who to call?

Call the Chaplain Hotline. DSN 637-2273 (CARE), comm. 0444-66-2273

Follow us on our website, www.italy.army.mil, and on social media.









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Sport some jeans in solidarity on Denim Day

Those looking for yet another excuse to wear those amazingly comfortable jeans to work are invited to join thousands of other women and men who will be doing so with a purpose on Denim Day, April 26.

Denim Day began in 1998 following an Italian Supreme Court ruling which overturned a 1992 rape conviction. In 1992, a 45-year-old driving instructor was found guilty of raping an 18-year-old woman on the day of her first driving lesson.

The perpetrator was arrested and prosecuted, convicted of rape and sentenced to jail. However, in 1998, he appealed the conviction to the Italian Supreme Court.

Within a matter of days, the case against the driving instructor was overturned, dismissed, and he was released. The reason? According to court records, "because the victim wore very, very tight jeans, she had to help him remove them, and by removing the jeans, it was no longer rape but consensual sex." The Italian Supreme Court stated in its decision that, "it is a fact of common experience that it is nearly impossible to slip off tight jeans even partly without the active collaboration of the person who is wearing them."

This ruling unleashed widespread protests around the world. The day following the decision, members of the Italian Parliament protested by wearing jeans and holding signs which read, "Jeans: An Alibi for Rape."

Shortly thereafter, Patricia Giggans, executive director of the Los Angeles Commission on Assaults against Women (now known as Peace over Violence), made Denim Day an annual event as an international protest against destructive



attitudes about sexual assault.

This year, the Deputy Chief of Staff G-1 has authorized Army commanders, in accordance with Army Regulation 670-1, 3-9a, to allow soldiers to participate and wear denim on April 26.

Commanders have sole discretion in whether or not to allow Soldiers to participate during duty hours, and Soldiers are reminded that they must ensure their dress and personal appearance are commensurate with the high standards traditionally associated with Army service.

So join millions of others in solidarity against myths and misconceptions surrounding sexual assault by not only wearing denim on Denim Day, but also by participating in one of the educational events taking place around Caserma Ederle and Camp Darby.

For more information about the observance, visit www.denimdayinfo.org.

Sexual Assault Awareness and Prevention Month Events for the Vicenza, Darby communities

April 19, 11:30 a.m.-1 p.m.

Victim Advocate Information Booth at Darby Commissary
Receive information about resources to victims and survivors of sexual assault.

April 20, 9 a.m.-noon and 1-3 p.m.

Leader Terrain Walk (new CDRs, CSMs, 1SGs, platoon leaders/sergeants), Vicenza Health Clinic, Caserma Ederle

April 25, 9-11:30 a.m. and 1-3:30 p.m.

Attorney Bridget Ryan presentation, Special Victims Prosecutor for sexual assault victims

Sigholtz Center, Caserma Del Din

April 26, 7-9:30 a.m.

International Denim Day Awareness Walk at the Darby gym, Come out and wear jeans to show support. Pancake breakfast at the new community center after the event. Families are welcome.

April 26, 3-5 p.m.

International Denim Day Awareness Walk Start at Hoekstra Field and end on Ederle Track & Field

April 26, 1-2:30 p.m.

Guest speaker at Camp Darby Theater. Come out for guest speaker, Attorney Bridgett Ryan

April 27, 9-11:30 a.m.

Attorney Bridget Ryan SHARP Panel Chapel, Caserma Ederle

April 27, 1-2:30 p.m.

Victim Advocates meet with Attorney Bridget Ryan Chapel, Caserma Ederle

Families kick off Month of the Military Child

VICENZA — April marks the national observance of the Month of the Military Child, during which the Department of Defense and communities across the country honor military children and youth. The Army recognizes MOMC as an opportunity to honor the commitment, contributions and sacrifices Army children and youth make to the nation through the strength they provide Soldiers and families. This year, Child and Youth Services and Army Community Service are teaming up during MOMC and Child Abuse Prevention Month to offer more events to the VMC families.

(Photos by Laura Kreider, VMC Public Affairs Office)



(From left to right) Nicole McCollaum, Tonae Walker and Serena Bradford, members of the Vicenza High School Rhythm and Blues Band, perform at the event, which also included a variety of fun activities for children.



U.S. Army Africa Commander Maj. Gen. Joseph P. Harrington signs the Month of the Military Child Proclamation at Villaggio Youth Center March 30 at the conclusion of the MOMC kickoff celebration.



Children from SKIES Unlimited kung fu, under direction of Simone Marini (not pictured), participate in the MOMC kickoff event on Villaggio. To see more photos, visit the USAG Italy Flickr page, https://www.flickr.com/photos/usagvicenza/albums/72157680484828861.

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Photos in Table of Contents, p. 1: Out & About, Gelato Festival Courtesy photo

Army Earth Day Sustain the mission, secure the future

VICENZA — For many centuries, the environment was something to be conquered. Initially, humankind focused on extracting Earth's resources solely for food, water and shelter. Then, the need for migration and expansion came upon us, leading to environmental challenges such as sprawl and the need for long-distance transportation.

After some time, the Industrial Age was born and we discovered we could easily extract more of what we needed than ever before. This increased urbanization and intensified manufacturing activity. Also, changes in agricultural practices led to more pesticides and herbicides reaching waterways and contaminating the environment.

On April 22, 1970, the first Earth Day celebration brought 20 million Americans out into the spring sunshine for peaceful demonstrations in favor of environmental reform. Senator Gaylord Nelson (D-Wis.) and Congressman Paul McCloskey (R-Calif.) gave bipartisan sponsorship to the event, but its popularity far surpassed their wildest expectations.

The first Earth Day lives in popular memory to this day as a joyous and life-affirming moment in American history. The theatrical flair of some of the demonstrators had a great deal to do with its success. Oil-coated ducks were dumped on the doorstep of the Department of the Interior ... A student disguised as the Grim Reaper stalked a General Electric Company stockholders' meeting ... Democrats dragged a net filled with dead fish down Fifth Avenue, and shouted to passers-by, "This could be you!"

The phenomenal success of Earth Day gave greater priority than ever to environ-



This is a photo taken in Washington on the first Earth Day in 1970. Twenty million Americans joined in peaceful demonstrations to encourage lawmakers to initiate environmental reform. (*Courtesy photo*)

mental issues. In particular, it strengthened the impact of the report that Roy L. Ash of the President's Commission on Executive Reorganization had submitted on April 15. That report argued strongly that an independent agency was needed to coordinate all of the administration's new environmental initiatives.

After many decades, unregulated pollution from industrialized activities had reached deadly proportions. Rivers were spontaneously catching fire from the chemicals and fuels that had been dumped in our nation's waterways. Smog in large cities such as London, New York and Los Angeles caused respiratory diseases

and the deaths of many people. Damages caused by an industrialized world could no longer be trivialized. The environment was no longer something to be ignored, but rather something that needed protection.

Born in the wake of elevated concern about environmental pollution, the Environmental Protection Agency was established Dec. 2, 1970, to consolidate in one agency a variety of federal research, monitoring, standard-setting and enforcement activities to ensure environmental protection. Within a year, Congress established the EPA and passed the Clean Air, Clean Water, and Endangered Species acts.

Since its inception, EPA has been working for a cleaner, healthier environment for the American people.

We continue to build upon the early successes. We also learned from our mistakes that included incidents involving human and environmental disasters such as the Bhopal gas tragedy in India and the Exxon Valdez oil spill in Alaska. We work to improve air and water quality, and keep recyclable materials out of our landfills. We act wisely to sustain our resources for this and future generations. We set aside public land forever, and protect important natural places to protect entire ecosystems and provide for recreation.

The Army has been actively working to protect natural resources for decades. Every year, U.S. Army Garrison Italy takes some time around Earth Day to celebrate successes and recognize the challenges ahead. This year, USAG Italy offers the following events for our communities during the week of Earth Day:

Vicenza

*Tree Planting Ceremony*April 21 9-9:30 a.m.
In front of the elementary school Villaggio

*DPW Information Booth*April 21 9:30 a.m.-2:30 p.m.
At the Post Exchange

Camp Darby Post Library Event

An environmental specialist will be at the library from 10 a.m. to noon to explain about wildlife in the area. Children are also asked to bring some recyclable materials to participate in an art project.

(DPW ENVIRONMENTAL)

eReceipt initiative invites shoppers to help save a tree

VICENZA — According to the University of Southern Indiana, the amount of paper thrown away in the United States every year is equivalent to about 1 billion trees. Much of this waste is from paper receipts.



To help reduce paper usage, the Army & Air Force Exchange Ser-

vice offers shoppers the option to receive an electronic receipt instead of a printed one.

Shoppers simply select "eReceipt" when prompted and provide the email address to which they would like their receipt delivered.

"In addition to the environmental benefits, eReceipts save the Exchange on paper costs, meaning more earnings to fund critical military quality-of-life programs such as Army child development, youth and fitness centers and Air Force Outdoor Recreation programs," said Italy Exchange General Manager Susana Sobrino.

"The Exchange is happy to empower military shoppers to make a difference in their communities."

The Exchange's eReceipt program has saved more than 4.4 million receipts worldwide from going into the landfill since its launch in 2013.



Have a comment or suggestion about an on-post organization or activity? Put your thoughts on ICE, the Interactive Customer Evaluation system. Your feedback will help U.S. Army Garrison Italy maintain the quality of excellence you expect. Comments may be anonymous, but please remember: If you would like a response, you must provide name and contact information.

Find the ICE link on the garrison webpage, www.italy.army.mil.

MAPMAKING

continued from page 1

General Staff in Rome. The institute was established in 1872 to consolidate the topographical and cartographical data existing prior to the unification of Italy in 1861. Following a general topographical survey of the recently established kingdom, the agency's first mission was to produce the map of Italy on the scale of 1:100,000, which was quite an accomplishment for those years.

The visit offered the U.S. Army team an opportunity to learn more about the tools and technologies used through the years by Italian Army experts — both military and civilian— to analyze, manage and display geographic information and data from printed maps up to current live web interfaces.

"The tour started with an overview brief of the IGM describing their efforts in producing multinational geospatial co-production map data as a lead nation, and their focus is in the Horn of Africa," said Chief Warrant Officer 4 Scott Hashagen, one of four USARAF geospatial service members who joined the garrison team for the field trip.

The introductory session outlined the IGM's main activities. These include acquisition, updating and dissemination of geospatial data; aerophotographic survey of the national territory of Italy; maintenance of state borders; and preservation of the National Archive of Historical Maps.

"The briefing also included an overview of the IGM's organizational structure, the tasks they perform, and the various activities they manage including their Army geospatial production from generating new data to the international standard, applying the data to a standard finished product, and creating and maintaining web-map services within an enterprise environment," said Hashagen, who has nearly 20 years of experience serving the U.S. Army in the geospatial engineering field.

"I learned a lot from the visit. From the modern area, I learned about the geospatial information sharing databases that multiple partner countries, including the U.S. and Italy, have built to better support each other," said Roorda.

"I also learned about some of the difficulties modern mapmakers face and some of the tools they are developing to surmount those difficulties, such as open source data collection."

Capt. Marco Specchia, Italian Army liaison officer who coordinated the exchange, noted that, in its 145 years, the IGM has brought together Italy's most capable imagery and geospatial assets, meeting the mapping needs of the Italian armed forces and other public entities.

"For this reason, the IGM has become our national lead institution with a key role in providing the comprehensive platform of geographical intelligence needed for emergency management, military deployments and urban planning," Specchia said.

The Institute is housed downtown Florence in former 13th century monastic buildings adjacent the neighboring Cloister of the *Santissima Annunziata*. Also offered to participants was a tour of its museum, which boasts various collections of fine maps, prints, globes, aero-photograms and instruments for measuring altitude or distance, for calculating surface areas and for surveying.

"The historical tour, which included visiting their map library, seeing historical wall paintings, maps, and mapping artifacts dating back to the Roman times, was an extraordinary experience, especially learning that the Italians mapped the world similarly to those from the U.S. back in its early days," said Hashagen.

"From the historical side, I learned about tools and tricks cartographers and surveyors used to produce maps hundreds of years ago," Roorda said.

As for the overall value of this visit, Roorda said: "The ultimate benefit is a stronger security relationship. The better our understanding and the closer our ties with this beautiful nation of Italy, the better security partners we can be together."

High school music hits high notes

VICENZA — Fourteen students from the Vicenza High School Music Department were selected for the Department of Defense Educational Activity-Europe All-European Honor Band and Choir.

It is an especially high honor, as this the highest number of students selected at one time in the history of the school. Selected students went through a blind audition process, where only the number of the applicant of the instrument or voice is given; no name or school is known, and the highest scores are selected.

Each year, DODEA-E begins its selection process to choose the "best of the best" to be part of one concert band and one concert choir, thus creating the Honor Band and Choir.

Once students are selected, the ensembles meet and rehearse for three and a half days, culminating in a large public concert. This is similar to All-State Band and Choirs in the United States.

This year the concert hall was in Bingen, Germany, at the Rheintal-Kongressqentrum Hall. Guest conductors were: Dr. Ryan W. Holder from Northern Arizona University and Lt. Col. Don Schofield Jr., commander of the United States Air Force Band Europe, located in Ramstein, Germany



Fourteen Vicenza High School students were recently selected for All-European Honor Band and Choir. The students performed in Bingen, Germany. (Courtesy photo)

The 14 VHS music students were: Angel Paz-bassoon, Donovan Compton-bassoon, Bethany Williams-trumpet, Ethan Johnston-French horn, Derek Hammond-tuba, Hannah Ross-soprano, Cosette Schroeder-soprano, Nicole McCol-

laum-soprano, Samantha Rivera-soprano, Payton Neal-alto, Samoa Roberts-tenor, Nicholas Ornelas-tenor, William Sattazahn-bass, and Donald Neal III-bass. The music department is under the direction of Gary Marvel.



2017 marks the 100th anniversary of World War I

A few notable dates from WWI

•April 16, 1917: The Neville Offensive opened with a French attack on Chemin des Dames (northeast of Paris).

•April 20: The French military command curtailed the Neville Offensive north of Paris after almost 200,000 French casualties and no gains.

•April 22: The British military mission arrived in Washington D.C. to begin "coordination" with the Americans. The main goal was to obtain bodies to fill their depleted ranks. (Compiled by Gary Hyde)

US taxpayers in Italy may qualify for exclusion

VICENZA — Tax season is almost over, and the Vicenza Tax Center has already prepared more than 750 returns since opening in late January. Tax Center personnel would like to remind the community that taxpayers are eligible for free tax assistance and useful tips by consulting the trained professionals here.

It is the center preparers' highest priority to prepare and file your income tax return accurately and in accordance with all IRS guidance and revenue rulings. One unique international taxation issue those serving in Italy encounter is the Foreign Earned Income Exclusion.

What is it?

The FEIE allows qualifying U.S. citizens or resident aliens of the United States who live overseas to exclude from income a specific amount of foreign earnings.

For 2016, the maximum exclusion is \$101,300. In order to qualify for the FEIE, filers must meet three criteria

First, you must have foreign earned income. Second, you must have a tax home in a foreign country.

Third, you must be one of the following: (a) a U.S. citizen who is a bona fide resident of a foreign country or countries for an uninterrupted period that includes an entire tax year; (b) a U.S. resident alien who is a citizen or national of a country with which the United States has an income tax treaty in effect, and who is a bona fide

resident of a foreign country or countries for an uninterrupted period that includes an entire tax year; or (c) a U.S. citizen or a U.S. resident alien who is physically present in a foreign country or countries for at least 330 full days during any period of 12 consecutive months.

Defining 'foreign earned'

Generally, U.S. citizens are taxed on their worldwide income, wherever they live and wherever they derive income. Other countries often tax persons based solely upon their residency. This means a U.S. citizen residing overseas may be subject to both U.S. income tax and the income tax of the host nation. Fortunately, U.S. citizens who work for the U.S. government in Italy receive relief from paying Italian taxes due to the North Atlantic Treaty Organization (NATO) Status of Forces Agreement. Unfortunately, for purposes of the FEIE, the IRS is clear that foreign earned income does not include any monies paid by the U.S. government to its employees (either appropriated or nonappropriated fund employees). This means military and civilians employees do not qualify for the FEIE.

There are other taxpayers in the Vicenza Military Community, however, who are not direct employees of the U.S. government. The IRS's rules regarding FEIE are less clear as they apply to employees of U.S. Government contractors and technical representatives. The IRS

has specifically stated that these employees, if covered by the NATO SOFA, are not eligible for the FEIE because they cannot be ordinarily resident in the host country and are considered to have never left the U.S. for income tax purposes. Other independent contractors performing work for the U.S. government in Italy may not be covered by the NATO SOFA, but would be subject to host-nation (Italian) taxation.

Review your contracts

Government contractors and technical representatives should review the tax–related provisions of their contracts and bring a copy of the contract to the Vicenza Tax Center for the tax preparer to review. In addition, government contractors and technical representatives can contact their employer to obtain written advice on the tax status of their contract. Because of the uncertainty in the treatment of foreign earned income, the Vicenza Tax Center is unable to prepare returns including the FEIE without confirmation that a government contractor or technical representative is not covered by the NATO SOFA.

If you have any questions about the Foreign Earned Income Exclusion or any other tax- related questions, stop by the Vicenza Tax Center in Building 166 and speak with IRS Certified tax preparers, DSN 637-8838, comm. 0444-61-8838.



Recreational volleyball

CASERMA EDERLE — A player from Leftovers #2 sends the ball over the net during a friendly game with Internationals April 5 at the Caserma Ederle fitness center. The Internationals also played the Housing Team on the same evening. The friendly games were a way to keep practicing towards the final round of the U.S. Army Garrison Italy Unit/Recreational Volleyball Championship, which will take place April 25-27 at the post gym.

Stop by the fitness center to watch a game: April 18: Housing Team vs. Internationals 173RD S-1 vs. Leftovers #1
April 19: USARAF G-4 vs. DODDS
USARAF Legal vs. Internationals
April 20: Leftovers #1 vs. Leftovers #2
Housing Team vs. USARAF G-4

(Photo by Laura Kreider, VMC Public Affairs Office)



Strong Families have a field day

VICENZA — U.S. Army Garrison Italy Family and MWR, along with the USO, hosted a Strong Families Field Day event April 1 at the Track & Field on Caserma Ederle. After the MS 5K Fun Run/Walk, more than 150 Vicenza Military Community members enjoyed free field activities, including potato sack races, corn hole toss, and tug-of-war games. At left: Six-year-olds Daniel Lohr (left) and Pedro Vera play corn hole toss, while (below) Karen and Victor Diaz compete in Sumo Knockerball. To see more photos of the event, visit the USAG Italy Flickr page, https://www.flickr.com/photos/usagvicenza/albums/72157682373249146.

(Photos by Laura Kreider, VMC Public Affairs Office)



EVERY ARMY STORY IS IMPORTANT

By Jacqueline M. Hames Soldiers Magazine

Much of history is lost to the simple passing of time. Monuments erode, pictures and news articles are lost, memories fade; what survives is usually the fantastic, or large in scale. Few histories record the personal stories of those who were living in times upheaval.

The Veterans Ambassador Program at the U.S. Army Heritage and Education Center wants to change that.

"If you were a Soldier in the United States Army, we want your story," said Karl Warner, program and education coordinator at USAHEC. Warner serves as the VAP administrator, and is responsible for managing the ambassadors and making sure the program runs smoothly. He believes every Army story is important.

"If you simply went to basic training and were a finance clerk for four years and then got out, I still want your story because somebody, someday, is going to need to know what it was like to be a finance clerk in Fort Drum, N.Y. Somebody is going to need to know that, that is a story," Warner said.

Every Soldier's story is welcome, he emphasized, from clerks to combat. As part of USAHEC in Carlisle, Pa., the program aims to further its parent organization's goal: Tell the Army's story, one Soldier at a time. Program officials represent USAHEC to veterans' organizations and promote awareness of the Soldiers' historical repository, distribute and collect veterans' surveys and conduct oral histories of veterans.

The VAP came about when Warner noticed a lack of a coordinated oral history program in the Army for Soldiers and veterans. There are oral history programs for high-ranking general officers, called the Senior Officer Oral History Program, and there are programs that do oral histories with battalion and brigade command levels, especially those involved in

particular operations. Each major Army command has a designated historian who might conduct exit interviews with various leaders or decorated Soldiers.

"All that being said, that I know of, there are no organizations or programs specifically to go out and find veterans and interview veterans about their time in the Army outside the programs and projects I've already spoken of," Warner explained.

USAHEC has been collecting veterans' stories for years, through service surveys that ranged between 13 and 20 pages,

ner connects veterans, or even active-duty Soldiers, with volunteer ambassadors who conduct the interviews.

Eventually, VAP histories will be available to the public through the program website, but for now, the veterans' stories are still being collected and digitally compiled.

Ambassador Nicole Witmer is pursuing her master's degree in history at Shippensburg University in Carlisle. Witmer had an internship at USAHEC in 2014, and was determined to work with Warner.



Heritage center ambassadors collect veteran history — regardless of job, rank or time of service. To find out more, visit www.carlisle.army.mil/ahec/VeteranSurveys. cfm. (*Courtesy photo*)

specific to an era of conflict. Some first surveys date from the Spanish-American War, Warner said.

Warner and his colleagues noticed that the surveys weren't coming back as frequently from the Vietnam era and forward into the Afghanistan and Iraq wars. "And we found out the reason why is that nowadays, most veterans don't really want to fill out a 20-page survey," Warner explained.

Warner decided to retire this old survey collection program in favor of a shorter, eight-page survey, a prerequisite to participate. Once surveys are returned, War"I sent him my resume, and I guess it was when I was working with him on my internship that he told me about the Veterans Ambassador Program. And when I think of oral history, the first thing that pops into my head was veterans, Soldiers," Witmer said.

The internship was a natural fit for Witmer, who has always been interested in listening to veterans' stories. "I would go to the ... local Dairy Queen around 10, 11 in the morning because I knew there's a lot of veterans that congregate there, same with like McDonald's and stuff, and I would always go in there and chit

chat with them because they had lots of interesting and cool things to say," she recalled. After her internship, Witmer continued to volunteer through VAP.

Warner's interviewing guidelines for the program are crucial, Witmer said, but she cautions other ambassadors against sticking completely to a script. It's important to create a conversation with a veteran for the interview to go as well as possible, she said.

"I guess my advice would be pretend like it is you and your grandfather ... That should be how easy and natural it is," Witmer said.

Another ambassador, Rick Olson, is a two-service veteran. He served in the Air Force and was deployed to Vietnam, and then became an officer in the Army after grad school. Olson is an active member of the Carlisle area Veterans of Foreign Wars chapter and discovered the VAP through his work there. His initial contact with the VAP was as an interviewee, he said

"I must say I was impressed with the whole process. I was recently provided a copy of the audio from (my interview), and I understand that there is a video that ultimately will be acceptable," Olson recalled. "And you know, that part that excites me is, and this is how I'm starting to sell the program -- that my grandchildren, my great grandchildren and beyond will have access to my history ... and you know, I think there's a viable legacy that's being left behind."

Once interviews are completed, they are scrubbed for sensitive information, the audio transcribed, the video edited, and then archived at USAHEC along with any donated materials.

Warner cautions potential ambassadors that, though the program is a volunteer opportunity, it is still a lot of work. People interested in volunteering can visit the USAHEC campus in person or call (717) 245-3972, and speak with the program manager.

Parent & Child

Pinwheels for Prevention inspires adults to love, cherish children

By Mieke VanderBorght Contributor

VICENZA — Welcome to April — when the weather warms, birds chirp, flowers bloom ... and blue pinwheels start popping up?

That's right, the blue pinwheels come out in April because they are the official symbol of the national Pinwheels for Prevention campaign, which dovetails with Child Abuse Prevention Month.

Blue ribbons have long been recognized as a sobering national symbol memorializing children who have been affected by abuse or neglect. Blue pinwheels, on the other hand, are fun and whimsical, and they remind us of the simple truth that all children deserve happy, healthy and carefree childhoods.

The use of pinwheels started in 2008, and in the years since more than three million blue pinwheels have provided opportunities for awareness and public engagement. Of particular importance, pinwheel gardens can be a starting point from which communities can explore ways to promote and encourage healthy development, to create environments in which children can thrive, and to educate the public in an effort to prevent child abuse before it occurs.

This year, the Army's official advice for being an advocate to prevent child abuse is Step Up, Speak Up, Reach Out. More specifically, step up to take responsibility for the well-being of children in your care: Keep kids safe and supervised. Engage and pay attention to prevent accidents.

If you witness something, speak up: If you see abuse or neglect, call it in. We all have a role to play in protecting children.

And if you need help, reach out: It's okay to ask for support. Recognize when you're struggling



Myra Marks "plants" a pinwheel in front of the garrison headquarters building on Caserma Ederle March 30, as husband Col. Steve Marks, commander, U.S. Army Garrison Italy, and son Jacob, 7, look on.

(Photo by Aaron P. Talley, VMC Public Affairs Office)

and get help.

In our community, we are lucky to have a strong support network for parents. One-time special events, such as last month's USO's baby shower with Heidi Murkoff, author of "What to Expect When You're Expecting," or the many fun programs MWR, FAP, and

CYS have planned for Month of the Military Child and Child Abuse Prevention Month, are great opportunities for family engagement. Perhaps even more helpful however, are the ongoing services that are around on a regular basis.

These programs help new parents adjust, socialize and learn about their new role as parents, and they support veteran parents with challenges, questions and concerns as their children grow and new challenges arise.

In particular, new parents can drop in to the Baby Café at ACS for a safe, fun place to bring the little one and meet other new parents. Or they may attend the weekly Romp-N-Stomp Playgroup where kids under three years of age get a new place to play with lots of fun, stimulating things to do, and parents receive support from other parents and professional staff.

The library has storytime, and craft lovers can sign up for classes at the Arts and Crafts Center. Additionally, all parents can take advantage of the Family Advocacy Program's parenting experts and get advice and guidance on whatever parenting challenge or question they may have. Taking advantage of, and participating in, these kinds of services encourages healthy development and happy families, both of which are key to preventing child abuse.

So take a moment this month to appreciate a child's wonder of the simple pleasures in life. Enjoy the delight and whimsy of the wind blowing through the slats of a pinwheel. Let that experience remind you of how important the children are in your life, and make a commitment to support them, to encourage them, to love them, and to be the best you can be for them and their future.

VanderBorght is a Child Development Specialist/Media Educator and Family Advocacy Program Parent-Child Educator and Emergency Placement Coordinator for U.S. Army Garrison Italy.

Employee Spotlight

This week, the *Outlook* puts the spotlight on **Dwayne Harris**, who works for U.S. Army Garrison Italy at Camp Darby.

Organization/position:

USAG-Italy Fire & Emergency Services, Assistant Fire Chief for Operations

Overview of job/duties:

Serves as Assistant Fire Chief for Camp Darby. Directs the work of firefighting crews engaged in various activities to include, but not limited to, fire suppression, technical rescue, hazardous material response and containment, emergency medical response, facility fire risk surveys and public education campaigns.

Serves as a senior administrative staff member sharing in the overall management of the division. Assumes operational control at emergency incidents directing firefighting crews until relieved.

Assists the Fire Chief in coordinating with other installation organizations special projects or activities requiring multiple agency coordination.

Participates with local community emergency service organizations.



Major accomplishments or goals:

"Our goal as a department is to seamlessly blend Italian and American firefighters to provide the Darby Community with emergency services and fire prevention education.

One of our major accomplishments this year was that our fire department was recently recognized as the Fire Department of the Year for IMCOM-Europe.

I am very lucky to work with a team of incredibly talented and dedicated firefighters."

What do you like best about your job?

"It is an honor to wake up every morning with the opportunity to serve my community. The best part of this job is we are a family and with that, I have the chance to help firefighters grow in their careers.

My job offers a wide variety of daily tasks. We never know what the day may have in store for us. This brings many challenges, but working together as a team makes us successful each day."

(Photo by Chiara Mattirolo, DMC Public Affairs Office)

SLEEP -

continued from page 1

it's not a REM behavior disorder. REM behavior disorders, he said, are typically found in patients in their 60s who also have a neurodegenerative disorder such as Parkinson's. Instead, TSD "is dream-enactment behaviors relating to trauma-related nightmares."

Mysliwiec and his colleagues are working to get TSD categorized as a sleep disorder in both the ICSD-3 as well as the DSM 5.

Treatment

The doctor and his co-researchers will have three presentations regarding TSD at an annual sleep conference this year. He has also co-published his findings in the Journal of Clinical Sleep Medicine in 2014. That paper was titled "Trauma Associated Sleep Disorder: A Proposed Parasomnia Encompassing Disruptive Nocturnal Behaviors, Nightmares, and REM without Atonia in Trauma Survivors." He also plans to release another study on the topic in a journal next year.

Mysliwiec said some who suffer from TSD have benefited from being treated with prazosin, a sympatholytic drug also used to treat post-traumatic stress disorder.

"If you have PTSD, your body may release too much adrenaline," he said. "Adrenaline is a hormone that can make you feel stressed and contribute to nightmares as well as abnormal behaviors in sleep. Prazosin blocks some of the effects of adrenaline released in your body."

*Editor's Note: Mysliwiec has several roles in his current assignment. He's the Sleep Medicine Fellowship director at the San Antonio Uniformed Services Health Educational Consortium, Joint Base San Antonio, where he trains sleep medicine fellows. He's also the sleep medicine consultant to the Army Surgeon General. And, he's a sleep researcher, working out of the Wilford Hall Ambulatory Surgery Center at Lackland Air Force Base, Texas.

AFN switches from broadcast signal to digital format

KAISERSLAUTERN, Germany — After years of delay, American Forces Network is poised to go completely digital, a change that will require thousands of off-base AFN viewers to purchase new decoders to keep the service.

American Forces Radio and Television Service, AFN's parent organization, plans to convert all of AFN's programming to high definition by the end of the year, said Col. Dave Honchul, AFRTS director.

The Scientific Atlanta decoder is one of the older AFN receivers that will have to be replaced when AFN upgrades its broadcast signal to a digital format. Off-base residents with old decoders will have to purchase or lease a new one in order to continue watching AFN after the network switches to high-definition television, slated to begin in late summer and early fall.

The switch to high definition was originally planned for fiscal 2012, but full conversion was delayed by budget constraints, contracting problems and other issues.

In anticipation of the conversion, many overseas viewers purchased a more expensive HD decoder - the Cisco D9865. The decoder is available through AAFES. The new devices are expected to be at least \$100 less than the current decoders, Honchul said.

About two-thirds of the 70,000 AFN decoders in use are the Cisco D9865 and are HD compatible; when AFN upgrades its satellite signal, those decoders will still work with some setting changes, Honchul said. But an estimated 20,000 older decoders are still in use, and those will have to be replaced or "you will not get anything," once the signal is upgraded, he said.

The new decoders are in the contracting and production phase and will be available for purchase online and at Exchange stores in the coming months.

The upgrade involves switching the network's broadcast signal to a digital format that can transmit high-definition audio and video, improving the picture and sound quality of AFN's current eight-channel lineup.

The conversion will be implemented in phases, tentatively slated to begin in early August in the Pacific region for Navy ships using AFN's Direct-to-Sailor service. AFN at sea still won't be high-definition, but the picture quality, which currently is below standard-definition, will be better, Honchul said.

The signal to ships in Europe will be converted next along with contingency sites downrange, followed by the off-base Direct-to-Home and on-base service in Europe, then the Pacific. The conversion should be complete by the end of the year, Honchul said.

"It has taken a lot longer than any of us ever anticipated," he said. "We acknowledge we've been saying this for a while. I'm just happy that we are going to go high-def."

The switch to high definition was originally planned for fiscal 2012. But after AFN launched an HD sports channel in 2011, full conversion to digital was delayed by budget constraints, contracting problems and other issues.

The new decoder will have some added features, including a Digital Video Recorder that will enable viewers to record television programs, as well as a better viewing guide. For those just moving into off-base housing, Honchul suggested leasing or borrowing a decoder until the new ones are available.

The new encoding contract costs about \$5.3 million. It encodes the signal from the AFN Broadcast Center in California out to the regions, protecting it from piracy.

Still undetermined is which installations overseas will be able to broadcast AFN in high definition. If a base cable provider is not able to show the programming in HD, it will still be able to provide AFN in standard definition, Honchul said.

AFN viewers can get more information about the transition to high definition at myafn.net; a 24-hour call center will also be stood up later this year to support the effort.



StrAVicenza 2017

VICENZA — Members of the Italian community and Americans from the Vicenza Military Community participated in the 17th annual StrAVicenza run March 19 in downtown Vicenza. About 9,200 runners took part in the event, which began across from the main train station. The special guest runner was former marathon runner Gelindo Bordin, born in Vicenza and Olympic Gold medal winner from the 1980 Olympics in Seoul. (*Photo by Massimo Boyo, 7th ATC*)

Clinic offers new family Medical Benvenuti

VICENZA — The Vicenza U.S. Army Health Center will be offering a weekly Medical Benvenuti starting April 27 for newly arrived families needing assistance in understanding available medical care on post and the healthcare process in Italy.

The Medical Benvenuti will take place at the Health Center located on Caserma Ederle in the second floor training room, every Thursday from 1:15 to 2 p.m. Reservations are not required.

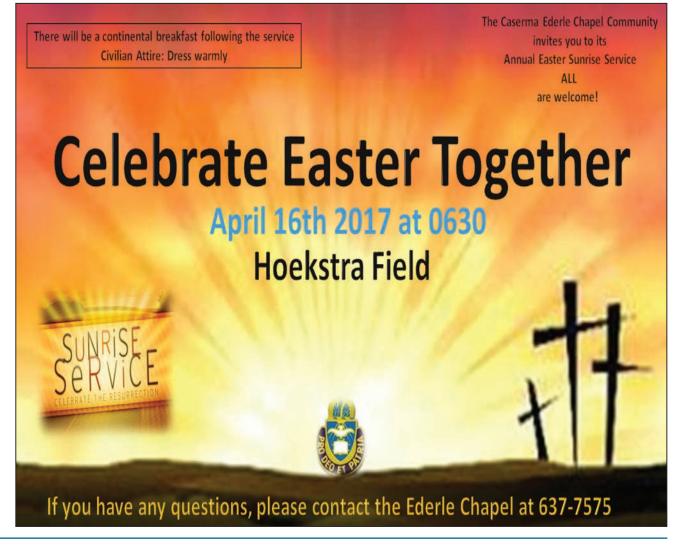
The presentation will offer a guided video tour of the local Italian hospital, San Bortolo Ospedale, and include discussions on services available, making appointments, enrollments, requesting medical records and referrals.

Computers will be available for participants to enroll

in RelayHealth, Army Medicine's Secure Messaging Service and TRICARE Online so patients can start sending messages, making and canceling appointments, checking lab results and more from their computers or smartphones. Staff will be available following the presentation to assist newcomers in enrolling in these handy services.

This opportunity offers a chance for newcomers to tour the clinic, ask questions and get started on the right foot with a positive patient experience.

Children are welcome if childcare cannot be arranged. For more information on the USAHC-V, please search for U.S. Army Health Center Vicenza on Facebook or call DSN 636-9508, comm. 0444-61-9508.





IT'S HERE, THE FAMILY EVENT YOU'VE BEEN WAITING FOR! THE EASTER EGGSTRAVAGANZA

The Vicenza Military Community's annual Easter **Eggstravaganza** will take place April 15, 11 a.m. to 3 p.m., on the Caserma Ederle Sports Field.

News briefs

CID seeks recruits

The U.S. Army Criminal Investigation Division is looking for highly motivated company-grade officers from any career field willing to become federal law enforcement special agents. Application deadline is May 15. For more information, visit https://www.army.mil/ article/184420/. For more information on U.S. Army CID, visit http://www. cid.army.mil/ and https://www.youtube. com/watch?v=XZEGZR9-h6w.

Buy back time served

If you served in the military and now hold a civilian position, your military time may apply toward civil service retirement. To buy back military service, you will have to pay a deposit; in most cases three percent of the base pay earned during military service for FERS; seven percent for CSRS.

If the deposit is paid in full within the first three years of being hired as a federal civilian employee, no interest is owed. Those who have been a federal civilian employee for more than three years may still pay the deposit, but will owe interest. The sooner employees pay the deposit, the less interest you will have to pay.

The Office of Personnel Management now requires that military service deposits be paid in full before date of separation or retirement. Processing time can take up to six months, so plan ahead.

Find more information about military buy back and the steps for paying military deposits at the following links:

FERS employees: https://www.abc. army.mil/retirements/FERSPost56.htm CSRS employees: https://www.abc. army.mil/retirements/CSRSPost56.htm.

Heating systems turned off

According to Italian Landlord/Tenant Law, heating systems for residents in the Pisa and Livorno area are authorized to be turned on only from Nov. 11 to April 15 for 12 hours per day. Therefore, heating systems will be switched off by the landlord on April 15. Anyone with questions should contact the Darby Military Community Housing Office, DSN: 633-7303/7530/7755, comm: 050-54-7303.

College graduation

The Vicenza Education Center celebrates the accomplishments of our military community. Anyone who has graduated in the past year or is within 12 semester hours of graduation is invited to join the center in celebrating your achievements with the annual Graduation Recognition Ceremony. The ceremony will take place May 25, 11 a.m.-1 p.m., at the Golden Lion. Graduation applications are due May 5. Those interested in participating are asked to stop by the Vicenza Education Center, Building 126, or contact the administrative assistant at DSN 637-8141, comm. 0444-61-8141; or email vicenza.edcenter@us.army.mil or cymone.a.morgan.ctr@mail.mil.

AER raises funds

The Army Emergency Relief annual fund-raising campaign runs through May 15. This year's theme, "Helping Maintain Army Strong," emphasizes the idea of Soldiers helping Soldiers. AER provides emergency financial assistance in the form of no-interest loans or grants to Soldiers, as well as tuition assistance for family members. Funding for the program comes from voluntary donations by Soldiers and civilians, plus investments made by AER. For more information on AER, visit http://www. aerhq.org.

Darby library

Camp Darby's post library is now closed on Saturdays. The FMWR manager apologizes for any inconvenience to community members. For more information, call DSN 633-8220, comm. 050-54-8220

Mosquito spraying

The following is the schedule the Directorate of Public Works will pursue for mosquito spraying this season in the Vicenza community. Please take into consideration that the DPW recommends staying indoors at least one hour after spraying has taken place.

Caserma Ederle: April 27 from 9 to 11 p.m.; May 10, 18, 24 and 31 from 9 to 11 p.m.; June 14 and 22 from 9 to 11

Del Din: April 28 from 9 to 11 p.m.; May 1, 9, 19 and 23 from 9 to 11 p.m.; June 13 and 23 from 9 to 11 p.m.

Villaggio: April 27 from 9 to 11 p.m.; May 10, 18, 24 and 31 from 9 to 11 p.m.; June 14 and 22 from 9 to 11 p.m.

For more information, contact DPW at DSN 637-8200, comm. 0444-61-8200.

Darby students participate in European robotics challenge



Seventh-grader Eli Alvis performs a last-minute assessment on his robot during the DoDEA-Europe 2017 EMS Robotic Challenge March 21.

Story and photo by Chiara Mattirolo

DMC Public Affairs Office

CAMP DARBY — For the first time ever, students of Livorno Elementary and Middle School took part in the Department of Defense Education Activity-Europe 2017 Robotics Challenge.

The competition, conducted over the Internet March 21, connected students here with all other European installa-

Eli Alvis, seventh-grader; Tayler Hamilton, sixth-grader; and Carly Exum, fourth-grader, represented Darby in the Lego league competition.

"Animal Allies" was the theme of this year's Lego league, whereby students were provided all necessary materials to build an arena and a robot. The test: they have to work together and calibrate the robot to perform requested challenges.

"Students have two and a half minutes to complete as many challenges possible," said Shawn Hamilton, judge and coach of the Darby team.

Different objectives get a specified number of points, according to Hamilton. Therefore, students had to develop strategies to score as many points as possible.

"I tried to help them by giving ideas on how to reach their objectives. They showed real interest and good skills," said their coach.

Despite being newcomers to the competition, Darby students distinguished themselves for the incredible support provided to each other as a

"It was very challenging," said Alvis, who presented his "Nerdy Cardboard Salad" project. "I performed not as well as I thought I had, but it was fun and I learned a lot (about) time management."

The second project presented by Tayler Hamilton and Exum was "The Emoii Engineers."

"The hardest part was to calculate how many rotations were needed to get to some point, and also trying to get the food out of the building," said Tayler Hamilton.

The children worked long hours after school to complete this project, but their enthusiasm was contagious, said Stephanie Boyanowsky, DoDDS teacher.

At the movies

Check movie schedule online at https://www.shopmyexchange.com/reel-time-theatres/Vicenza. Admission

> 3D first run: Adult \$8.50, under 12 \$5.75 3D second run: Adult \$8, under 12 \$5.50 First run: Adult \$6.50, under 12, \$3.75 Second run: Adult \$6, under 12 \$3.50

Advance tickets: On sale Monday from 11 a.m. to 1 p.m. at the PX Food Court entrance, except on federal holidays. Up to 50 percent of seats will be on sale.

Chapel activities

Chapel Services, Vicenza VMC Chapel, Building 29

Phone: 637-7575

Sunday schedule

9-10 a.m. Roman Catholic Protestant 11 a.m.-noon 1:30-3 p.m. Gospel Contemporary 5-6 p.m. Protestant

Protestant Women's Bible Studies

9:15 a.m.-noon Tuesdays 5:30-7 p.m. Tuesdays

Protestant Men of the Chapel

Bible Study 5:30-7 p.m. Tuesdays

Saint Mark's Catholic Women of the Chapel

9 a.m.-noon Mondays

Youth of the Chapel

5:30-8 p.m. Grades 6-12

Wednesdays Call chapel for location.

Bible/book studies

Chapel Activity Room, Building 29 6:30-7:30 p.m. Thursdays Gospel Service/Bible Study

The Church of Jesus Christ of **Latter-Day Saints**

Building 395 6:30-7:30 a.m. Mon thru Fri

Jewish: Call chapel for more information.

Del Din Soldier Ministry

Call DSN 637-4690 for information.

Chapel Services, Camp Darby DSN 633-7267, comm. 050-54-7267

24/7 Chaplain Crisis Line 634-KARE (5273) or 0444-71-5273

Sunday schedule

Camp Darby Chapel 9-10 a.m. Roman Catholic 10:30 a.m. Protestant

Protestant Women of the Chapel Bible Study

9:30 a.m. Tuesdays

Easter Services

Good Friday, April 14

Catholic Passion of our Lord Ederle Chapel, 5:30 p.m.

General Protestant, Darby Chapel, 6 p.m.

Holy Saturday. April 15

Catholic Easter Vigil Mass, Ederle Chapel, 8 p.m.

Easter Sunday, April 16

Sunrise Service, All Welcome Hoekstra Field Pavilion, 6:30 a.m.

Catholic Mass, Ederle Chapel, 9 a.m.

Catholic Mass, Darby Chapel, 9 a.m.

General Protestant, Darby Chapel, 10:30 a.m.

General Protestant, Ederle Chapel, 11 a.m.

Gospel Protestant, Ederle Chapel, 1:30 p.m.

Contemporary Protestant, Ederle Chapel, 5 p.m.

Easter in Italy

This year Easter is celebrated **April 16**. Easter in Italy is a sacred season for Catholics and is accompanied by several traditions and cultural customs. For example, on Good Friday, many communities remember the day with Passion processions.

In some Italian regions, including Veneto, Italians decorate hard-boiled eggs, especially for picnics on the day following Easter, *Pasquetta*. Many bars, pastry shops and supermarkets feature brightly wrapped *Uova di Pasqua*— chocolate Easter eggs. They come in many different sizes and different prices, and you can choose between milk and dark chocolate. All except the tiniest eggs contain a surprise. Some producers distinguish between chocolate eggs for children and grown-ups. Adults often find their eggs contain little silver picture frames or gold–dipped costume jewelry. The very best eggs are handmade by artisans, who offer the service of inserting a surprise supplied by the purchaser. Such surprises can vary from simple mementos to expensive gifts such as jewelry.

Among the typical Easter dishes are lamb and special stuffed or layered pasta dishes such as lasagna, manicotti, and pasticcio. You will also find special pastries such as *colomba*. The dove, a symbol of peace, gives form to this traditional sweet bread that is to Easter what *panettone* is to Christmas. It has the same consistency, without the candied fruits, and is covered with glaze and almonds. Other typical pastries are *focaccia* and *pastiera*. Pastiera is more common in southern Italy but it can also be found in some local *pasticcerie* (pastry stores).

Pasquetta, or Easter Monday, is another important holiday in Italy. It's more than an extra day off work. It's the unofficial start of spring and a chance to go for a picnic with friends and family. Schools and most stores will be closed.



VENETO & NEARBY

Mercatino Regionale Francese French market

April 14-17, noon-8 p.m., Vicenza, Piazza dei Signori. French specialties, wines and sweets exhibit and sale; also French crafts, perfumes and lace.

 $https://www.facebook.com/events/400874373609476/?active_tab=about$

FloreART

April 15-17, 9 a.m.-8 p.m., Vicenza, in the main squares and streets downtown. Flowers and plants exhibit and sale; art exhibits.

 $https://www.facebook.com/events/127863501085002/?active_tab=about$

Pasqualandia

Land of Easter – Flower Festival

April 15, 10 a.m.-8 p.m., Lido di Jesolo, Piazza Mazzini. Flowers, plants, crafts and holiday specialties exhibit and sale; entertainment and workshops for children. Free entry.

 $https://www.facebook.com/events/1841665276106876/? active_tab = about$

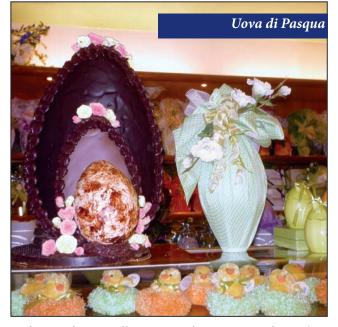
*Mediterraneo - Armonie e Sapori*Mediterranean Sea – Armonies and Flavors

April 15-17, 9 a.m.-8 p.m., Marostica, Piazza Castello. Food specialties and wines from all over Italy; crafts and gift ideas.

https://www.facebook.com/events/1895316547459407/?active_tab=about

Este in Fiore Flower and plant Festival

April 21-23, 10 a.m.-6 p.m., Este (Padova); April 21



and **22** at the Castello, Via Guido Negri 5 and **April 23** also downtown, in Piazza Maggiore, Piazza Trento, Via Matteotti, Via Cavour, about 28 miles south of Vicenza. Floral art workshops for all ages; free entry. http://www.esteinfiore.it/

Festa della Trota di Cresole Cresole Trout Festival

April 21-23, from 7 p.m. Cresole (Caldogno), Via Chiesa di Cresole 41. Food booths feature a wide variety of trout dishes and other local specialties. Entertainment, music and dancing.

https://www.italybyus.com/vi/event-pro/local-trout-food-festival-cresole/

Festa del Bruscandolo Bruscandolo Festival

April 21-25, San Marco di Resana (Treviso), about 26 miles northeast of Vicenza. *Bruscandolo* is the end tip of hop plants, easily found in the Veneto countryside. Food booths open at 7 p.m. and live music and dancing start at 9 p.m.; April 23, 5th Birds fair and local products and crafts exhibit and sale; food booths open at noon; 4:30 p.m. obedience and military dog show; April 25, from 9 a.m., local products and crafts exhibit and sale; old trades demonstrations; military re-enactments; folk dances; 11 a.m. horse parade.

http://www.eventiesagre.it/eventi/21095471/allegati/programma_sagra.jpg

Sagra di San Marco e dei Cuchi Saint Mark and Whistles Festival

April 21-25 and April 29-30, Canove di Roana, about 37 miles north of Vicenza. Exhibit of traditional terracotta "cuchi" whistles, a symbol of love and friendship; carnival rides. Food booths featuring local specialties open at 7:30 p.m.; live music and ballroom dancing. http://www.asiago.it/it/eventi/art_sagra_di_san_marco_e_dei_cuchi_canove_di_roana/

Sagra di San Giorgio Saint George Festival

April 21-25, Quinto Vicentino, Via degli Eroi, about 8 miles northeast of Vicenza. Carnival rides and charity raffle; food booths open at 6:30 p.m. and also at noon on April 23 and April 25; live music and dancing at 9 p.m. http://comitatosagraquinto.com/page2.php

Sagra di San Zeno Saint Zeno Festival

April 21-25 and April 27-May 1, Arzignano, Via San Zeno 32, about 12 miles west of Vicenza. Food booths featuring fried fish, sausage with polenta, dried cod fish, and other local specialties at 7 p.m.; live music starts at 9 p.m.; April 28, country night; April 30, from 9 a.m. flowers and local products exhibit and sale; May 1, fireworks at 10:30 p. m. http://www.sagrasanzeno.it/

Festa delle Rose di Carta Paper Roses Festival

April 23, 10 a.m.-7 p.m., Vigardolo di Monticello Conte Otto, about four miles north of Vicenza. Handmade products exhibit and sale; workshops for children; puppet shows; 11 a.m. aperitif and live music; at 5 p.m. piano and violin classic music concert Villa Valmarana Bressan

http://www.rosedicarta.it/

StraPalladio Non-Competitive walk

April 23, 7:30 a.m.-1 p.m., Lonigo, Parco Ippodromo. This 6-12-21 km non-competitive walk is open to everyone (families, fans, athletes); the €2,50 registration fee includes refreshments.

http://www.visitvicenza.org/it/manifestazioni/il-calendario-eventi/icalrepeat.detail/2017/04/23/14768/-/esta del

Giochi gonfiabili a Campo Marzo Bounce houses in Campo Marzo

Through May 14, Vicenza, Campo Marzo, across the main train station. Weekdays 3-8 p.m.; weekends and Italian holidays 10 a.m. to 8:30 p.m.; among the many bounce houses, there are an "air mountain," a "Camelot Castle," as well as a giant slide. Admission fee: €5. Special discounts for families. http://www.comune.vicenza.it/cerca.php?q=giochi+gonfiabili

MARKETS VENETO

Dolo (Venice): April 23, 8 a.m.-7 p.m., Piazza Cantiere, about 37 miles east of Vicenza (about 80 vendors)

Spresiano (Treviso): April 23, 8 a.m.-6 p.m., Piazza Luciano Rigo, about 43 miles northeast of Vicenza (about 120 vendors)

Treviso: April 23, 7:30 a.m.-7:30 p.m., Via San Liberale, about 56 miles east of Vicenza (about 120 vendors)

Valeggio sul Mincio (Verona): April 23, 8 a.m.-7 p.m., Piazza Carlo Alberto and downtown streets

Malo: April 25, 9 a.m.-5 p.m., Piazzale Zanini and surrounding streets, 11 miles north of Vicenza

*Event times and locations are correct at the time of publication but are subject to change. The Outlook does not assume responsibility for schedule changes.



TUSCANY

Sagra del Cinghiale **Wild Boar Festival**

April 14-17 and April 21-25, Certaldo (Florence), at the Caponnetto Center, Viale Matteotti. Open Sundays and Italian holidays at noon and 8 p.m.; weekdays at 8 p.m. Food booths feature many local specialties besides the wild boar dishes.

http://www.sagretoscane.com/cerca?q=&category=&tag=&area=&city=&date=13&page=2&post=19

Mercato Europeo **European products exhibit and sale**

April 14-17, 10 a.m.-11 p.m., Pisa, Piazza Vittorio Emanuele. Representatives from many European countries exhibit their specialties, to include Greek cuisine, Irish and German beers, Austrian sweets, French and Irish crafts. Free entrance.

https://www.facebook.com/events/249423482163980/?active_tab=about

Sagra dell'Agnello **Lamb Fair**

April 14-17, San Martino Sul Flora (Manciano, Grosseto). On April 14, at 8:30 p.m. traditional lamb dinner; April 15; food booths featuring lamb dishes and other local specialties open at 7 p.m.; 8:30 p.m. live music and dancing; April 17, 10 a.m. local crafts and products exhibit and sale with tasting of traditional Easter specialties; 10:30 a.m. and 3 p.m. local band in concert; 4:30 p.m. entertainment and games; 8:30 p.m. live music and dancing; 10:30 p.m. fireworks.

http://www.sagretoscane.com/sagre/gr/manciano/ sagra-dell-agnello.html

ArtEArti **Art Festival**

April 15-28, 11 a.m.-7 p.m. Opens 3 p.m. April 16 (Easter) in Montepulciano (Siena), Via di S. Donato 14. Recycled arts exhibit and sale by Tuscan and artists coming from all over Italy; food and wines specialties. Free entry.

http://www.sagretoscane.com/cerca?q=&category=&tag=&area=&city=&date=13&page=2&post=2016

Sagra del Cedro e Palio delle Botti **Cedar Festival and Barrel Competition**

April 17, 9 a.m.- 8 p.m., Bibbona (Livorno). Local products and crafts exhibit and sale. In the afternoon, bingo and other traditional games are played in the main square. Live music and sampling of local products and wines; in the afternoon, historical parade and the town's districts compete in the traditional barrel

http://www.fuoriporta.org/eventi/festa-del-cedro-palio-dellebotti-cosi-bibbona-li-riscopre-suo-passato-17-aprile/

Fierissima di Pasquetta **Easter Monday Fair**

April 17, 8 a.m.-8 p.m., Galleno (Fucecchio -Florence). Local products, flowers, and crafts exhibit and sale; vintage vehicles and motorcycles exhibit; entertainment for children with pony rides and kites festival; archery demonstration; agility dog show. Free entry.

http://www.sagretoscane.com/cerca?q=&category=&tag=&area=&city=&date=13&page=2&post=1143

Festa della Beata Giovanna **Saint Joan Fair**

April 17, from 9:30 a.m., Signa (Firenze). Historical parade departs from San Lorenzo Church and arrives in Piazza Cavour. Flag-throwers show and medieval dances; food booths feature local specialties; live music performed by Signa Philharmonic Orchestra at 4 p.m.

http://www.sagretoscane.com/cerca?q=&category=&tag=&area=&city=&date=13&page=2&post=1635

Bicifi

Florence Bike Festival

April 21, 9 a.m.-7 p.m., April 22-23, 9 a.m.-7 p.m., Florence, Parco delle Cascine, Viale delle Cascine. Latest in bike technology, bike accessories and clothing; food stands. Free entry. http://www.fbf.bike/

Gelato Festival Ice Cream Festival

April 21-25, noon-10 p.m., Florence, Piazzale Michelangiolo. The festival brings together the best ice cream



makers and industry leaders from Italy and abroad. Buy a gelato card at the festival for five samples of gelato, a gelato cocktail, entry to cooking demonstrations and workshops, and much more. To buy tickets online and for more details in English, visit http://www.gelatofestival.it/en

FiorInFiera Flowers Festival

April 22-23, 9 a.m.-8 p.m., Borgo San Lorenzo (Florence), Piazza Dante and Via Bandini. Flowers, plants, garden furniture and outdoor equipment exhibit and sale. Free entry.

http://www.fiorinfiera.it/

Sagra del Baccello e del Carciofo **Beans and Artichoke Festival**

April 22-25, April 30-May 1, La Serra (San Miniato, Pisa). Local products exhibit and sale; entertainment. Food booths open at 8 p.m.; on Sundays, April 25 and May 1, food booths open also at noon and at 4 p.m.; live music and dancing.

http://www.sagretoscane.com/cerca?q=&category=&tag=&area=&city=&date=13&page=2&post=34

Corri sui Lungarni Road running along the Arno River

June 3, this 7.2 km walk departs at 9 p.m. from Piazza XX Settembre and goes through the most famous and beautiful landmarks of Pisa. The €3 fee can be paid from 5 p.m. at the Logge dei Banchi (Ponte di Mezzo). http://www.podisticaospedalieripisa.it/corse/corri-sui-lun-

MARKETS

TUSCANY

Bientina (Pisa): April 22-23, 8 a.m.-7 p.m., Piazza Vittorio Emanuele (about 140 vendors)

Castiglion Fiorentino(Arezzo): April 23, 9 a.m.-6 p.m. Piazza Del Municipio

Cecina (Livorno): April 23, 8 a.m.-8 p.m., Piazza Guerrazzi and Via Cavour

Montevarchi (Arezzo): April 23, 9 a.m.-7 pm. Via Isidoro del Lungo, and Via Poggio Bracciolini (about 100 vendors)

Prato: April 22-23, 8 a.m.-7 p.m., Piazza San Francesco

CONCERTS/SPORTS

Sean Paul – April 17 Milan

Simple Minds - April 21 Turin; April 23 Rome; April 25 Bologna; April 26 Florence; April 27 Milan

Jesus Christ Superstar – April 28 Padova Gavin DeGraw - May 2 Milan; May 3 Rome

Dream Theater – May 3 Roma; May 5 Florence Patti Smith - May 4 Parma; May 10 Cremona; May 12 Bo-

Soul System - May 5 Milan; May 6 Ciampino; May 7 Bres-

Natalie Imbruglia – May 6 Milan Bryan Ferry – May 11 Milan

cia

Kiss - May 15 Torino; May 16 Casalecchio di Reno

Guns 'N' Roses – June 10 Imola

Bruno Mars - June 12 Casalecchio di Reno; June 15 Assago

Cranberries - June 12 Milan; June 23 Piazzola sul Brenta (Padova)

Green Day -June 14 Lucca; June 15 Monza Justin Bieber & Martin Garrix - June 18 Monza

Aerosmith - June 23 Florence

Damian Jr Gong Marley - June 23 Rome

Major Lazer – June 24 Milan Sean Paul – June 27 Padova; April 17 Milan

The Chainsmokers – June 28 Milan **LP** – July 3 Rome; July 11 Lucca

Wolfmother + Giuda - July 7 Padova

Anastacia – July 12 Marostica

Erykah Bady-Mary J. Blige – July 12 Lucca The Lumineers – July 12 Villafranca (Verona)

Elton John and his Band – July 14 Mantova Robbie Williams – July 14 Verona; July 15 Lucca; July 17

Barolo U2 -The Joshua Tree - July 15-16 Rome **George Benson** – July 17 Marostica

Red Hot Chili Peppers – July 20 Rome; July 21 Milan

Marilyn Manson – July 26 Villafranca (Verona) **Sting** – July 27 Cividale del Friuli; July 28 Mantova

Joss Stone – July 28 Tarvisio (Udine) The Offspring – Aug. 2 Rome

Ben Harper – Aug. 10-11 Gardone Riviera (Briesca)

Lady Gaga – Sept. 26 Assago

Bryan Adams - Nov. 10 Padova; Nov. 11 Assago; Nov. 14 Roma; Nov. 16 Bolzano

James Blunt - Nov. 12 Rome; Nov. 13 Florence; Nov. 14

Metallica - Feb. 10, 2018 Torino; Feb. 12 and Feb. 14 2018 Casalecchio sul Reno

ITALIAN ARTISTS

Giorgia – April 20 Verona; April 22 Padova; April 23 Conegliano

Alessandra Amoroso – April 28-29 Verona

Zucchero – May 1-4 Verona

Fiorella Mannoia – May 2 Bologna; May 3 Montecatini; May 13-14 Florence; May 20 Padova; May 24 Trieste; Sept. 17 in Verona

Francesco Guccini – May 5 Padova

Francesco Renga – May 5 Assago; May 16 Naples; May 18 Florence; May 22 Casalecchio di Reno

Umberto Tozzi – May 5 Rome, May 19 Padova; May 24 De Andrè canta De Andrè – May 12 in Padova

IL Volo - May 19-20 Verona

Tiziano Ferro – June 11 Lignano Sabbiadoro; June 16-17 Milan; June 24 Bologna; June 28 and June 30 Rome; July 15 Florence

Vasco – July 1 Modena

Renato Zero- July 1-2, July 4-6 Rome; July 29 Lajatico (Pisa); Sept. 1-2 Arena di Verona, Sept. 7 and Sept. 9

Ennio Morricone – July 7 Rome; Aug. 30 Verona

WWE Live - May 3 Rome; May 4 Casalecchio di Reno (Bo-

Motul FIM Superbike World Championship - May 13 Imola; June 16-18 Misano Adriatico

MotoGP Mugello – June 2-4 Scarperia (Firenze) MotoGP Misano – June 18, Sept. 8-10 Misano Adriatico Formula 1 - Grand Prix - Sept. 1-3 Monza

Tickets are available in Vicenza at Media World, Palladio Shopping Center, or online at www.ticketone.it, www.vivaticket.it, and www.geticket.it.

For a comprehensive list of festivals, concerts and upcoming sporting events, please see our Pinterest page,

www.pinterest.com/usagvicenza.

High school students participate in exchange events

Story and photo by Laura Kreider VMC Public Affairs Office

VICENZA — The current school year has been a very intense one at Vicenza High School with students participating in numerous cultural exchanges in the area.

A variety of exchanges have taken place for more than a decade with visits to and from several high schools located in downtown Vicenza. The schools include Liceo Scientifico Statale G.B. Quadri; Istituto Tecnico Industriale A. Rossi; Istituto A. Da Schio; Istituto Tecnico Commerciale G. Piovene and Istituto Tecnico Commerciale S. Ceccato in Montecchio Maggiore. An example of the sorts of events the students participate in is a concert that took place at Da Schio before the winter holidays.

"We have about two visits per month," said Michela Ambruoso, VHS Italian teacher. "In March, the VHS students went to Da Schio and Quadri, and we'll also visit Rossi on April 26. We always go to these exchanges with our Rhythm and Blues Band.

"Then, in the middle of May, the Marching Band and the R & B Band will also participate in the annual Jazz Festival, respectively on May 14 and 21."

During one of the most recent school exchanges, some students from Liceo Quadri spent a week at the end of March attending classes at VHS, while American students joined their peers at the school downtown.

"We had the opportunity to include some of the Italian students into our program,



While visiting Vicenza High School's JROTC class March 24, Sofia Girardello, a student from *Liceo Scientifico Statale G.B. Quadri*, learns about uniforms and other military lessons from ninth-grader Jerome Packard. During this recent school exchange, some students from *Liceo Quadri* spent a week attending classes at VHS, while American students went to the school in downtown Vicenza.

and our kids really enjoyed showing the Italian students our daily Junior Reserve Officer Training Corps functions," said Jesse Woods, JROTC program.

All students practiced their foreign language skills: Italians spoke in their best English, and the American teens tried to reciprocate in Italian.

"It has been a beautiful experience and a great chance to understand a different school method and also to improve my English," said Sofia Girardello, coming from 2a Liceo Quadri. She added that she particularly liked the history class. "I think our lessons are more traditional; here I saw how students were involved in creating some digital projects."

VHS ninth-grader Jerome Packard acted as a tutor during Girardello visit. He was glad about the opportunity to be able to work on his Italian.

"I have also been able to help others

"I have also been able to help others with their English and to show them [students] our school. For example, the JROTC class: I was able to explain the concept of wearing the uniforms and what types of things we learn, such as history of the military and life lessons," said Packard.

Two other Italian students from Liceo Quadri, Valentina Cogo and Rocco Flores, at the grade equivalent to seniors, attended diverse classes through their weeklong exchange.

"During my experience, I had the chance and pleasure to meet many students and teachers," said Flores.

"I noticed that during the lessons professors don't teach all the time, but also ask students many questions. In doing so, they make the lesson more interesting. I also observed the look on the students' faces — they always look happy and they are very warm and welcoming," he added.

His mate Cogo said she also had a very positive reaction while attending seven classes.

"I really appreciated how each student can pick classes he/she wants to attend. As an enthusiast of American history, I loved Government and how Ms. [Lisa] Balboni taught her students.

"I also made new friends. I will miss many of them, especially my tutor Hope, who was so patient with me and explained all that I didn't understand for being in a different place. This experience has been wonderful, and I learned a lot about their culture."

In past school years, Ambruoso has always stressed that, "It's through language that you can cross the cultural barrier." That vision is still current at Vicenza High School.

Italian Honor Society induction

CASERMA EDERLE — The Vicenza High School Italian Honor Society welcomed five new members to the association during the annual induction ceremony that took place at a local restaurant March 1.

New members of the honor society demonstrated true active interest in the study of the Italian language, according to Michela Ambruoso, sponsor, IHS Andrea Palladio Chapter.

The ceremony consisted of the inductees stating the society's oath, and a traditional candle lighting ceremony.

Italian Base Commander Col. Umberto D'Andria was the guest speaker at the event. His speech focused on the importance of education toward personal growth and future success.

During the first meeting after the induction ceremony, students met to propose service projects, such as collecting food and volunteering at the local dog pound, or helping with a local charity.



(From left to right) Vicenza High School Italian Honor Society 2016-2017 inductees Connor Wilson, Lucas Rudy, Anna Mathena, Donovan Compton and David Macy each hold a red candle and a rose while reciting the oath of membership, which reflects the goals and the promises made by each member. The oath includes the promise of dedication toward the study of the Italian language, remembering that a language can act as a strong bond between people of various races, religions and cultures. (*Courtesy photo*)

Before you act, argue or engage in any self-destructive behavior, think...

H.A.L.T.

Are you Hungry, Angry, Lonely, Tired? If you answer yes to any of these, stop what you're doing because you may make damaging choices!

Wait until you can answer "no" to these questions by eating something, taking a walk to calm down, engaging in a healthy social interaction or taking time to rest and relax.

With a clear head, you will make better decisions for you and better decisions for your family. This message is from the U.S. Army Health Center – Vicenza.

For more information or support, please contact

Family Advocacy Program (FAP Clinical) - 636-9140 COM: 0444-61-9140; located on the 2nd floor of U.S. Army Health Center-Vicenza in Behavioral Health section.