HIGHLANDS NEWS-SUN Monday, January 7, 2019



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YOUR HOMETOWN NEWSPAPER SINCE 1919

An Edition Of The Sun

axter Troutman arrested for domestic violence

By ALLEN MOODY HIGHLANDS SUN EDITOR

LAKELAND — Former Florida state representative Baxter Troutman was arrested and booked into the Polk County Jail early Saturday morning for two counts of domestic violence-battery by touch or strike and one count of domestic violence-battery with great bodily harm. He was released later the same day after paying \$5,500 bail.

According to a Polk County Sheriff's Office arrest affidavit, Troutman Thursday, pulling the

and his wife of 10 years, Rebecca, had a verbal argument Wednesday evening over her purchasing a Lakeland home in her own name. Rebecca Troutman told deputies she left for several hours and returned home around 9:30 p.m. to go to bed, mentioning that she and her husband had slept in different bedrooms for several years.

Rebecca Troutman told deputies her husband came into the bedroom around 4:30 a.m.

comforter off the bed and telling her, "Get up, it's a new day, it's time to get a

TROUTMAN

(expletive) gravy train is over." The probable cause affidavit stated that Baxter Troutman left

job the

the bedroom to "blare heavy metal music at high volumes throughout the residence" but later returned and pulled the comforter off the bed so

hard it yanked Rebecca Troutman off the bed and onto the floor. The report stated she advised her husband not to touch her.

Rebecca Troutman told deputies her husband left, but returned once again, and this time grabbed her under the chin and jaw and on her face and pulled her head upwards and back, stating to her "(Expletive) get up."

The report stated Rebecca Troutman said this was not the first instance of domestic

abuse in the relationship, deputies that another as she told deputies a previous argument had occurred around Sept. 30, 2018, after she refused to give her cell phone passcode to her husband, who wanted to review the contents of the phone. She stated her husband took her phone and struck her on the bridge of the nose with it. According to the report, she gave photos of her injury to deputies, which showed a small laceration across the bridge of her nose. Rebecca Troutman told

argument, this one on Jan. 14, 2015, resulted in a broken finger after her hand was grabbed and twisted in an aggressive manner. She said she was taken to Winter Haven Hospital by a neighbor and provided deputies with time-stamped photographs showing the injuries to her hand.

Baxter Troutman, who ran unsuccessfully for State Agriculture Commissioner in 2018, served in the Florida House of Representatives between 2002 and 2010.

Gov. Scott reappoints **Cullens to SFSC Board**

By MARC VALERO STAFF WRITER

AVON PARK - Gov. Rick Scott has reappointed Tami Cullens to the South Florida State College District Board of Trustees. A press release from

the Scott's Press Office

states, Tamela "Tami"



CULLENS

Cullens, of Sebring, is the human resources coordinator at Glisson Animal Supply. She received her bachelor's degree from Webber International University.

Cullens is reappointed for a term that Jan. 4, 2019 and ends May 31, 2022. She has served on the board since

2006, representing Highlands County.

Cullens said Saturday, "I am extremely honored to be reappointed. One of my favorite things to do is to be able to serve on the Board of Trustees for South Florida State College and be a part of the opportunities that are there to continue to make a difference for the students in our district area."

The appointment is subject to confir-

CALLING ON HAZM



A suspicious package was investigated on Thursday, Jan. 3. Fortunately, the package did not have any harmful substances in it. How to respond to suspicious packages and hazardous materials

By MELISSA MAIN STAFF WRITER

SEBRING — When a suspicious package was delivered to Emergency Medical Services Station 17 on Thursday, Jan. 3, emergency personnel quickly responded to the incident and confirmed that no harmful substances were present. "A citizen received a package and was concerned about it and brought it to the EMS station for evaluation," **Highlands County Public** Information Officer Gloria Rybinski said. "The package was tested and cleared of any harmful substances. "Please remember the best practice is to call 911 if you received a suspicious package so that the proper team will respond to your location," Rybinski said.



were asked to stay away from the station until the incident was resolved," Maddox said. Medic 17-1 and Medic 17-2 were out responding to calls.

mation by the Florida Senate.

Also, Scott appointed Pam Stewart, of Tallahassee, to the Marjory Stoneman Douglas High School Public Safety Commission.

Stewart is the outgoing Florida Department of Education Commissioner.

She has served nearly 40 years in education, as a school teacher, guidance counselor, testing and research specialist, assistant principal, and principal.

She then served as the Deputy Chancellor for Educator Quality at the Florida Department of Education's Division of Public Schools before becoming Deputy Superintendent for Academic Services in St. Johns County and then later Commissioner of Education.

Stewart has previously served on this commission as an ex officio member in her role as Commissioner of Education and will be succeeding Superintendent Desmond Blackburn effective Jan. 7, 2019.

Also, Thomas Grady has been reappointed and Andrew "Andy" Pollack appointed to the State Board of Education.

Grady, of Naples, is the president of Grady Law.

He previously served as a member of the Florida House of Representatives from 2008 to 2010. Grady received his bachelor's degree from Florida State University and his law degree from Duke University. He is reappointed for a term beginning Jan. 4, 2019 and ending Dec. 31, 2022.

Pollack, of Coral Springs, is the property manager for Pollack Trust Rental Properties. Pollack succeeds Gary Chartrand and is appointed for a term beginning January 4, 2019 and ending Dec. 31, 2022.

The appointments are subject to confirmation by the Florida Senate.

The City of Sebring Fire Department engine crews, along with Chief Robert

COURTESY PHOTO

Sebring Fire Department responded to a suspicious package last week. The fire department has 11 people currently certified to handle hazardous materials. Six more individuals are enrolled in training, which should be completed around mid-January.

Border and Assistant Chief Dirk Riley, responded to the incident, Captain Austin Maddox said. Public Safety Director Marc Bashoor and

Highlands County battalions

2 and 4 arrived on the scene

"EMS crews were not at

the station at the time and

to assist, he said.

The person who brought the package thought that it smelled weird, Maddox said.

The hazmat team can generally identify substances within 30-60 minutes, he said. Gas monitors and thermal imaging are some of the tools they use. Sebring Fire Department has various suits that are used depending on the type of hazardous material that they are encountering.

How to respond to suspicious packages and hazardous materials

Some packages are welcome gifts or are filled with necessary supplies while other packages may contain hazardous materials. What

HAZMAT | 2A

Board to consider student/bus tracking system

By MARC VALERO STAFF WRITER

SEBRING — After a school bus accident last school year revealed the need to quickly determine who is on a school bus, the School Board of Highlands County will consider leasing a student tracking system.

At its meeting on Tuesday, the board will consider a three-year lease contract with Seattle-based Zonar at a cost of \$35,648 with additional costs for service in the second and third years of the readers would have to be agreement.

District Transportation

Director David Solomon said students will have a card they will carry and swipe when they get on and off their school bus.

The district plans to have a pilot project with the system at one school to get the staff and the students accustomed to using the cards and knowing the importance of using them, he said. "We are going to see what process works best before we send it out to all the schools."

After board approval, card



BY MARC VALERO/STAFF

The School Board of Highlands County will consider leasing a student tracking system to instantly know who is riding on school buses and to BUS | 2A track additional ridership data.



Classifieds......B3-6 Comics NEWS WIRE

Highlands Health......B1 Local Sports......A7-8 LotterySPORTS WIRE

Viewpoints..... A4 Weather.....SPORTS WIRE

Good morning To Donald Field **Thanks for reading!**





COURTESY PHOTO

Sr. Engineer Carlos Rivera, from the City of Sebring Fire Department, takes a pH sample of a hazardous material in a 160-hour state hazardous materials class last January at Ridge Fire Academy in Haines City.

yourself the following

• Was I waiting on a

package to arrive? (Did

I order something from

simple questions,

Maddox said:

HAZMAT **FROM PAGE 1A**

should you do when a package arrives? Ask

BUS

FROM PAGE 1A

installed in the buses and the student cards, with the appropriate information, would have to be setup, Solomon said. "We will try to do that as fast as we can because I want to get it installed as fast as possible."

Bay County in north Florida has the same system that Highlands is considering, he said. "We want to have firm accountability of who is on the bus and who is

not on the bus." The contract the board will consider includes

Zonar's Z pass system. According to Zonar, riders carry a passive RFID (radio-frequency identification) identification card that they scan onboard to log each entry and exit from the bus. The time, date, and location of each scan is logged and transmitted to a secure database for immediate access through Zonar's Ground Traffic Control. Z Pass improves the

safety and security of

pupil and passenger transportation by allowing staff to quickly see where and when riders enter and exit buses, Zonar notes.

• Was it sent by some-

Although the citizen

brought the package

to the EMS station, the

Amazon?)

one I know?

When an emergency occurs, district staff needs information fast. Zonar provides real-time school bus fleet tracking for instant reports on the location of each bus and the students onboard. Security and safety are further improved with alerts when buses aren't operated safely or when they need maintenance, according to Zonar.



COURTESY PHOTO

Highlands County Public Safety Director Marc Bashoor said, "Based on the conditions we observed, we chose full regular firefighting gear and completed 'gross decon' with the hose line in the picture."

best practice is to leave a suspicious package where it is and call 911, Maddox said. "Don't touch it or go near it. Don't transport it, smell it or shake it.

"Contact 911 and dispatch will send the appropriate authorities," he said. "We have a hazmat team we can utilize, and the county has one too. We can call the county for mutual aid.

a room or building, get outside," Maddox said. "Once they [hazmat technicians] are on the scene, they can start identifying the package or hazardous material.'

"Thankfully, all the calls we have responded to for suspicious packages have turned out to be malicious," Riley said. "We do annual

"If the package is inside refresher trainer [for hazmat]. There are different levels of training depending on rank," Riley said. "We currently have 11 hazmat technicians for the City of Sebring, and we have six more enrolled."

The training for those six individuals is scheduled to be completed by mid-January.







The legendary Glenn Miller was one of the most successful of all dance bandleaders back in the Swing Era of the 1930s and '40s with a matchless string of hit records which built and sustained the momentum of popularity.

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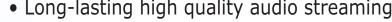
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Conduct should be considered

Americans have grown all too familiar with the horror of school shootings. One of the worst ever, at Marjory Stoneman Douglas High School in Parkland, Florida left 17 dead and provoked the state to tighten its gun laws. The tragedy and others like it have given parents cause to worry when they send their kids to school.

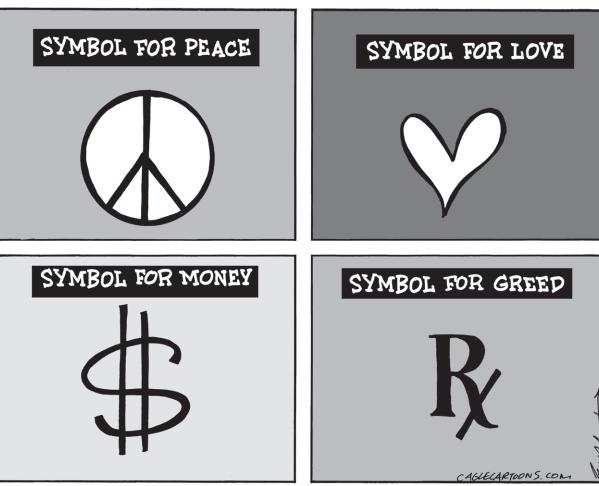
But mass shootings in schools are rare events. What's more common is the daily danger from bullying, threats and violence that many students (and even teachers) face from disruptive students. This problem is far less lethal but can cause psychological as well as physical injury, not to mention its corrosive effect on learning.

After the Parkland shooting, President Donald Trump empaneled a federal commission on school safety. In late December, it issued a report stressing the need for the federal government to help local school districts address their respective discipline issues rather than dictating one-size-fits-all solutions. One of the chief recommendations was to revoke the previous administration's guidance on racial differences in school discipline - which this commission judged to be attacking the wrong problem in the wrong way.

President Barack Obama's Education Department, headed by Arne Duncan, noted that "African-American students without disabilities are more than three times as likely as their white peers without disabilities to be expelled or suspended." School districts were put on notice that evidence of "disparate impact" in disciplinary outcomes could trigger investigations of possible racial discrimination.

But why should it? More likely, actual differences in behavior account for the gap. "According to federal data," Manhattan Institute analyst Heather Mac Donald noted in City Journal, "... black students self-reported being in a physical fight at school at over twice the rate of white students in 2015." In California, black fifth-graders are five times more likely than whites to be chronically truant.

Mac Donald's point wasn't to say that race determines conduct. She was helping to explain how factors outside school may influence conduct inside school. African-American youngsters are more likely to grow up in poverty, in single-parent homes and in crime-ridden neighborhoods. Such conditions are bound to have a detrimental effect on the behavior of some students, which likely accounts for the racial gap in discipline. The Obama administration guidance had discouraged schools from removing students who are violent or seriously disruptive. But the new commission cited Judy Kidd, president of the Classroom Teachers Association of North Carolina, who expressed the view that "some school leaders have chosen to avoid potential Office of Civil Rights investigations by eliminating the use of out-of-school suspensions and expulsions, without considering the impact that such practices have on school safety. In Oklahoma City, an American Federation of Teachers survey found that 36 percent of teachers said student offenses had become more frequent under a policy aimed at curbing suspensions. In Madison, Wisconsin, suspensions declined by 13 percent between 2013 and 2018, the Wisconsin State Journal reports, but "bad student behavior in Madison schools nearly doubled." What's easy to forget in the focus on those who are disciplined is the effect of their conduct on everyone else. In schools that are mostly black, the victims of students who engage in violent or disruptive behavior also are mostly black. When disruptive students of any ethnicity are removed from the classroom, teachers are better able to help kids who want to learn. By rescinding the old guidance, the Trump administration will empower local school administrators and teachers to craft and enforce discipline policies that are fair to every student. A safe school, after all, should be considered a civil right.



Hopes for the new year

A new year means new beginnings for many people, or at least an attempt at new beginnings.

Some will resolve to eat better, go to church more often, do a better job of keeping their house or yard work done, or perhaps just be a happier person, whatever it is that they feel they need to accomplish. Kudos for them, I hope it works.

The most common resolutions for 2018 - to eat more healthy foods, get more exercise, and save more money - are most likely the most common resolutions for 2019. They are among my friends and family.

I choose not to make resolutions. I can be pretty hard on myself in nearly every aspect, so why set myself up for failure? Stress keeps me from eating healthy foods; give me a bag of



AT RANDOM Romona Washington

potato chips when I'm stressing and I'll be fine. Exercise comes and goes depending on the weather and my mood. Saving more money? My dollar is stretched so thin already you can see through it. All excuses, I know, but all of us have excuses.

I choose to focus on hope for the new year and I could go on and on about those hopes.

I hope that we can all find an easier way to live together in this great nation. We shouldn't let politics or religion separate us. Too many times people get so offended

by the other side's view that they get so angry. Everyone has an opinion. When that opinion is different than our own, why can't we just listen with an open mind. If we still feel strongly about the matter, put it aside and just agree to disagree, or better yet, work together on a solution. No need for hateful words being exchanged.

I hope children can just enjoy being children in this new year and not have to deal with the worries of watching their parents battle (you fill in the blank here, whether it is financial burdens, drug addictions, physical abuse, or the long hours at work that keep them from being home). I hope they also have nutritional food to eat, and plenty of it. I hope they have a safe home to live in and that they are getting a good

education, because they will need it despite the fact that they don't realize it right now.

I hope we can all learn to let the little things that irritate us slide by and not be a constant aggravation. What was that saying a few years ago? Don't sweat the small stuff. I try to choose my battles and have also made an effort to stop surrounding myself with people who are negative or just want to keep that ol' pot stirred (hmmm, is that a resolution?).

My hope for the new year is less drama all the way around and more happiness for each and every one of us.

Romona Washington is executive editor of the Highlands News-Sun and Highlands Sun. Contact her at romona.washington@highlandsnewssun. com.

An editorial from the Chicago Tribune.

JOIN THE CONVERSATION

Letters are welcome on virtually any subject, but we do have some rules. We will not accept any Letters to the Editor that mention a business in a negative tone, as they have no means to defend themselves. Please keep Letters to the Editor to less than 250 words. Letters will be edited to length as well as for grammar and spelling. All letters must be signed with full name - not initials. An address and telephone number must be included. The phone number and address are not for publication, but must be provided. In the case of letters that are emailed, the same rules apply.

Due to the number of letters received, we are able to run only four letters per person per month.

Don't import foreign price controls — break them Americans are justifiably angry that we pay the highest prescription drugs prices in the world and anger President Trump tapped into on the campaign trail. The disparity exists because other rich countries use price control schemes. forcing American consumers to provide the returns on capital that justify the enormous research and development costs associated with bringing new cures to market.

The rest of the world free-rides on our innovation.

The good news is that the Trump administration has been aggressive on the trade front in efforts to break foreign price control regimes. The bad news is that the Trump administration is also proposing to actually import foreign price control regimes into the Medicare program by adopting a payment formula that is pegged to foreign prices.

In its recent report "The Opportunity Costs of Socialism," the White House Council of Economic Advisers (CEA) looked at "the impact on medical innovation of the U.S. adopting Europeanstyle price controls" and found: "If M4A would entail the same experience with below-market prices as other countries

COLUMNIST Phil Kerpen

with socialized medicine, it would reduce the world market size and thereby medical innovation, and ultimately mean that future patients would forgo the health gains that would have come from these forgone innovations.'

It is remarkable that, just days later, Health and Human Services Secretary Alex Azar proposed setting prices for drugs in the Medicare Part B program, which are doctor-administered drugs, with a formula based on foreign price controls.

That would directly undercut the efforts of the U.S. Trade Representative to combat foreign price controls.A recent study by the Committee to **Unleash Prosperity** found that eliminating price controls in OECD countries would result in eight to 13 more drugs coming to market every year by 2030 and raise life expectancy in the United States by 1.1 to 1.6 years.

The U.S. Commerce Department has found that easing foreign price control regimes could, by increasing research and development of new drugs, result in more competition and lower prices in the domestic

U.S. market.

Doing the opposite – imposing foreign price controls to the domestic market - would have disastrous consequences.

"Economists and policymakers have long recognized that research and development activity suffers from a severe free-rider problem," Kevin Hassett, now president Trump's top economist, wrote in 2004."In the past, the U.S. market has been large enough relative to the rest of the world that it has been able to support research despite these intrusions. The evidence reviewed here suggests that there could be devastating effects should our policy environment change.'

Importing foreign price controls in the United States would short circuit diplomatic efforts to break foreign price controls, both because they would lack credibility and because the politics would flip, as higher prices abroad would now translate directly into higher prices at home through the price index.

Far from solving the free-rider problem, U.S. adoption of foreign price controls would undermine the incentive to invest in research and development. There would be no more moving vehicle on which anybody News-Sun.

could get a free ride.

The average cost of bringing a new drug to market is about \$2.6 billion, according to a widely cited Tufts University estimate that is now a few years old and therefore probably a lowball figure.

While capital has flowed freely into research and development, we cannot take for granted that it will continue to do so.Returns on capital in the pharmaceutical sector have fallen to about average in recent years and with the Federal Reserve pursing normalization competition for scarce capital will only intensify.

President Trump is absolutely right to spotlight the unfairness of other rich countries free-riding on the U.S. market for pharmaceutical innovation.But the if-you-can'tbeat-them-join-them approach of Azar's proposal would actually undermine the only real solution: breaking foreign price control regimes in trade negotiations.

Phil Kerpen is the president of American Commitment and the author of "Democracy Denied." Kerpen can be reached at phil@americancommitment.org. Columns are the opinion of the writer, not necessarily that of the Highlands

Laptop stolen from school board employee discovered

By MELISSA MAIN

STAFF WRITER

AVON PARK — An Avon Park man was charged with dealing in stolen goods after he reportedly tried to sell a computer that was stolen from a Highlands County School Board employee to an undercover operative.

Warren Buckner, 19, of Avon Park, was arrested by Highlands County Sheriff's Office deputies on Thursday. Buckner was charged with burglary, grand theft of less than \$5,000, dealing in stolen property, possession of a controlled substance without a prescription, possession of not more



BUCKNER

laptop was reported stolen from a Highlands County School Board employee who lived approximately one mile from Buckner. The suspect allegedly arranged to sell the laptop, which was valued at \$962, for \$150.

A Dell

According to the report, he told the undercover operative that he did not have the charger, and he did not know the

POLICE BLOTTER

The following people were arrested on felony charges and booked into the Highlands County jail on Dec. 28:

Raymond Andrew Castillo, 22, Lake Placid, charged with probation violation.

Randy Jay Frasier, 27, Sebring, on two charges of battery.

Gilberto Montano, 18, Avon Park, on charges of resisting an officer, trespassing, interfere with railroad track or equipment, attempted felony murder and robbery with a firearm.

Darius Deirra Taylor, 30, Sebring, charged with probation violation.

The following people were arrested on felony charges and booked into the Highlands County jail on Dec. 29:

Etanislao Jacob Jimenez, 27, Sebring, on charges of marijuana possession, drug possession, drug equipment possession, kidnapping, robbery, hit and run, failure to register motor vehicle and driving on suspended license.

Oscar John Tidwell, 19, Lake Placid, charged with operating a motor vehicle without a valid license. **Martin Lewis** Williams, 33, Avon Park, charged with driving on suspended license. *The following people* were arrested on felony charges and booked into the Highlands County jail on Dec. 30: Jacob David Knowles, 46, Venus, on charges of smuggling contraband, cocaine possession, drug equipment possession and probation violation. Dalton Ray Krell, 21, Avon Park, on charges of battery, marijuana possession and probation violation. Sandra Lee Maule, 36, Lake Placid, on charges of resisting an officer, condition of release violation, aggravated battery, arson and probation violation. Wilbert Segarra, 18, Sebring, on charges of drug equipment possession, marijuana possession, grand theft auto and burglary. **Stanley Lorenzo** Shuler, 51, Lake Placid, on charges of burglary and battery. Sabrina Lucille Smith, 42, Avon Park, charged with marijuana possession. The following people were arrested on felony charges and booked into the Highlands County jail on Dec. 31: **Timothy Bennett** Cummings, 41, Avon Park, charged with probation violation. Diana Lynn Knust, 44, Sebring, charged with probation violation.

Cristina Otero, 29, Avon Park, on charges of drug possession and marijuana possession.

Antonio Perez, 42, Lake Placid, on charges of trespassing, failure to register motor vehicle, driving while license suspended and two charges of resisting an officer.

Allan Jerome Roberts, 32, Avon Park, on charges of selling marijuana and possession of marijuana.

Christopher Anthony Tavarez, 29, Avon Park, on two charges of probation violation.

The following people were arrested on felony charges and booked into the Highlands County jail on Jan. 1:

Jonathan Joseph Scherer, 29, Avon Park, charged with aggravated assault with deadly weapon.

Marvishay Akarie Tranai Sholtz, 21, Lake Placid, on charges of marijuana possession, possession of counterfeited bill or note and two charges of drug equipment possession.

The following person was arrested on felony charges and booked into password.

Once the sales transaction was completed, deputies arrested Buckner, the report states. Detectives allegedly found the following items:

• 0.5 grams of a green leafy substance that field tested positive for tetrahydrocannabinol, the mind-altering substance in cannabis and

• an orange prescription pill bottle with seven white pills that were identified as acetaminophen with codeine (30 mg), according to Drugs. com. Buckner's name was not on the prescription bottle, the report states.

the Highlands County jail on Jan. 2:

Steven Levon Hanna, 22, West Park, on charges of forgery and fraud.

The following people were arrested on felony charges and booked into the Highlands County jail on Jan. 3:

Warren Anthony Buckner, 19, Avon Park, on charges of burglary, drug possession of a controlled substance without a prescription, dealing in stolen property, possession of marijuana, public order crimes and larceny.

Paul Robert Freeman, 47, Sebring, on charges of resisting an officer without violence, possession of drug equipment and drug possession of a controlled substance without a prescription.

Aleia Danielle Jones, 29, Sebring, on a charge of probation violation.

Jinece Elizabeth Loughry, 66, Avon Park, on charges of animal conservation violations.

Erie Dwayne Mason, 60, Sebring, on a charge of probation violation.

Mario Pina Miranda,

Newsday Crossword

60 Extreme way

to break a

63 Window ledge

64 A Great Lake

a blender

bargains

collection

68 Brief snoozes

statement

2 Bounce back,

as a sound

3 Give off

5 Country

bordering

Thailand

Dhabi

mo.

12

16

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37

41

52

59

63

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67 Complete

DOWN

1 True

66 Event offering

habit

- ACROSS 1 Furnish meals for 5 On the (fleeing police) 8 Boys in the family 12 Summits 14 Kemo
- (Lone Ranger, to Tonto)

15 Much-admired celebrity 16 Lose one's

courage 18 Carryall bag

- 19 Two-year-old
- 20 Eye part 21 Intense dislike
- 23 Polite fellow 24 Cartoon bear or
- baseball great Berra
- 25 Performer in a play
- 28 Learners in classrooms 32 Make a selection

34 Yale student, informally

- 35 Sandpaper coating 37 Rollaway beds
- 38 Highest digits 40 Great
- (large dog) 41 Maple or mahogany
- 42 Singer count in a duet 43 Stroll wearily
- 45 Absolute rulers, as of Japan and
- old Rome 48 Atlantic or Pacific
- 49 Teheran's
- country 50 Take a stroll
- 52 Superhero pal
- of Robin 55 Toppled over
- 56 Strange
- 59 Right away, in a
- memo

Answer to previous puzzle

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67



FOR RELEASE JANUARY 7, 2019

- FOWL TALK by Brad Wilber Edited by Stanley Newman www.stanxwords.com 31 "___ song of sixpence . . ." 7 Protestant who's the M in SMU 33 Ways into 8 Easy target buildings 9 Aroma 36 Typical 65 Turn to mush in 10 Brief letter high-schooler 11 Gravity-powered 39 "Victory is mine!" 44 Furl for storage, snow vehicle 13 Racers gliding as a poster on snow 46 Historical period 47 Person from 14 Irritated moods 17 Suffix for east or Stockholm west 51 PC key near the 22 Ripen, as fruit space bar 23 Skin bump 52 Male choral caused by fear voice 24 Christmas 53 Largest continent 54 Lofty season 25 Invoice ID: 55 Dart around, as 4 New Year's Eve Abbr. a bee 56 Cajun vegetable 26 Tedious task _ pole (tribal 57 Profound 27 carving) 58 Hair colorings 29 Male choral voice
 - 61 Mineral that's mined 62 Go for a jog

1/7/19



24, Sebring, on a charge of probation violation.

"3" GREAT **VENUES!** Cowpoke's VIII atering TURKKY PINECREST ole TAVERN Proudly Serving Highlands County est Golf Club - JANUARY COUPON REQUIRED AFTER 2:30 PM WEEKEND GOLF! 9 HOLES AFTER 2:30 PM 800 Incl. tax. **\$1** \$**22**00 Incl. tax \$**32**00 EXPIRES 1/31/19 EXPIBES 1/31/19 EXPIRES 1/31/19 COUPON REQUIRED COUPON REQUIRE OUPON REQUIRE **ANYTIME GOLF!** AFTER 12PM GOLF WEEKDAY 4-SOME \$3200 Incl. tax \$140⁰⁰ \$**39**00 EXPIRES 1/31/19 EXPIRES 1/31/19 EXPIRES 1/31/19 COUPON REQUIRED 10 PLAY CARD \$3 EXPIRES 1/31/19 2250 South Little Lake Bonnet Rd. • Avon Park Tee Time Hotline: 863-453-7555 31 J. L 🛛 T() 134 Dr. Danzey's patented tables are now used all over the world! COME BE PART OF CONT. AVON PARK CHIROPRACTIC CLINIC 1590 U.S. 27 North • Avon Park 863-453-5777 www.avonparkchiro.com "HEALING THE HEARTLAND FOR OVER 30 YEARS!

Los Angeles Times Daily Crossword Puzzle Edited by Rich Norris and Joyce Lewis



COMMUNITY CALENDAR

MONDAY

American Legion Post 25 in Lake Placid — Call 863-465-0975.

American Legion Post 69 in Avon Park — Ship, capt, crew 5-7 p.m. Call 863-453-4553.

American Legion post 74 in Sebring — Wild card bar poker 4:30-6:30 p.m. Call 863-471-1448.

AMVETS Post 21 in Sebring — Dart league 7:30 p.m. Call 863-385-0234.

VFW Post 4300 in Sebring — Happy hour 5-8 p.m Dart league 7 p.m. Call 863-385-8902.

VFW Post 3880 in Lake Placid — Poker 1:30 p.m. Ship, capt, crew 4:30 p.m. Call 863-699-5444.

VFW Post 9853 in Avon Park — Call 863-452-9853. **Elks Lodge 2661 in Lake Placid** — Euchre 1 p.m. Darts 7 p.m. Queen of hearts. Call 863-465-2661.

Elks Lodge 1529 in Sebring — Member bingo 2-4 p.m. Charity bingo 6 p.m. Call 863-471-3557.

Moose Lodge 2494 in Avon Park — Pizza and pitcher \$11. Happy hour 3-6 p.m. Call 863-452-0579.

Moose Lodge 2374 in Lake Placid — Call 863-465-0131. Moose Lodge 2259 in Sebring — He said she said 8 p.m. New Year's Eve. Call 863-655-3920.

Sebring Recreation Club — Pinochle 1 p.m. Shuffleboard scrambles 1:15 p.m. Call 863-385-2966.

Eagles 4240 in Sebring — Bar menu. Mary's soup or chili. Call 863-655-4007.

Sebring Bridge Club — Duplicate Bridge is played every Monday, Wednesday and Friday at noon at 347 Fernleaf Ave. in Sebring. There is no cost and public welcome. Call 863-385-8118.

American Legion Post 25 in Lake Placid — Chips ahoy 4 p.m. Euchre 1 p.m. Bingo 6:30 p.m. Meatloaf 4 p.m. Call 863-465-0975.

American Legion Post 69 in Avon Park — Bingo 1 p.m. Bar poker 5 p.m. Call 863-453-4553.

American Legion post 74 in Sebring — Food 11 a.m. to 2 p.m. Euchre 1 p.m. Bar poker 5 p.m. Call 863-471-1448.

AMVETS Post 21 in Sebring — Food 11 a.m. to 2 p.m. Euchre 1 p.m. Bar poker 5 p.m. Call 863-385-0234.

VFW Post 4300 in Sebring —Queen of heart 6 p.m. Fish and shrimp. Call 863-385-8902. VFW Post 3880 in Lake Placid — Tailgate food 5:30-6:30 p.m. Darts 6:30 p.m. Call 863-699-5444. VFW Post 9853 in

Avon Park — Show me

the money 4-6 p.m. Call 863-452-9853.

Elks Lodge 2661 in Lake Placid — Texas hold'em 1:30 p.m. Bar games 2:30 p.m. Food available at the bar. Call 863-465-2661. Elks Lodge 1529 in Sebring — Canasta 9 a.m.

Tastee Tuesday pulled pork, baked beans, French fries. Music by Lora Patton 5:30-8:30 p.m. Call 863-452-0579.

Moose Lodge 2374 in Lake Placid — Poker 2 p.m. Euchre 7 p.m. Call 863-465-0131. Moose Lodge 2494 in Avon Park — Tacos all day. \$2 margaritas. \$6 beer pitchers. Ship, capt, crew 4 p.m. Call 863-452-0579.

Moose Lodge 2259 in Sebring — New Year's Day. Call 863-655-3920.

AND



Friday, January 18, 7pm Avon Park, FL - Union Congregationa

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SPORTS . LOCAL • STATE • NATIONAL

Monday, January 7, 2019

ANSA Motorsports wins at Daytona Earns second IMSA Prototype Challenge



ANSA Motorsports won Saturday's season-opening race for the IMSA Prototype Challenge at Daytona International Speedway.

SPECIAL TO HIGHLANDS News-Sun

DAYTONA BEACH - As the first race of IMSA's 50th Anniversary began, it was a tale of two races for the No. 4 ANSA Motorsports team in Saturday's season-opening race for the IMSA Prototype Challenge at Daytona International Speedway.

There was the start, when Brazilian Leo

Lamelas had to navigate his Ligier JS P3 through a majority of the 19-car field after missing qualifying a day earlier due to an engine change and starting 16th. And then there was the finish, when Lamelas' co-driver Neil Alberico - making his first career IMSA start – held off that same field of drivers from the lead on a restart with 34 minutes remaining to score the season-opening

victory.

It was the second consecutive Daytona win for ANSA Motorsports, with the team using great pit strategy and consistent driving from both Lamelas and Alberico to beat the No. 47 Forty7 Motorsports Norma M30 duo of Austin McCusker and Rodrigo Pflucker by 13.987 seconds

ANSA Motorsports also won the inaugural IMSA Prototype Challenge race

at Daytona one year ago with Roman DeAngelis scoring the victory.

"It was my first race ever here in Daytona," said Alberico, who previously raced in the open-wheel ladder system. "The IMSA series is awesome. It's my first experience here and to be on the podium – let alone a win – is awesome with

IMSA | 8A

Sign up for senior softball

HIGHLANDS NEWS-SUN SPORTS STAFF

Sign up now for Sebring senior softball. If you were born in 1950 or before you are eligible for the over 70 league. Call John Kloet at 414-2926 or Bill Todd 385-5632.

To sign up for the 50 and over league call Gary Kindle at 835-2405. Starting time for 70 league is 10 a.m. on Tuesday and Thursday. The 50 and over league plays at noon on Tuesday and Thursday. Games to be played at Highland County Sports Complex.

Lake Placid Senior Softball

The Lake Placid Senior Softball League is currently practicing for the 2019 season on Mondays and Wednesdays at 8:30 a.m. at the Lake June Ballfield. Interested men 60 and over should come with their bat, glove, and enthusiasm to sign up and get in shape for the upcoming season which will run from January through March. League games will be played at the County Sports Complex. For further league information please visit lpsoftball. com.

Order Of Eagles Golf Tournament

The Fraternal Order of Eagles Annual Golf Tournament is set for March 9 at Harder Hall Golf Club. Sign up now for the 8 a.m. shotgun start, four-man scramble that will begin with a sign in at 7 a.m. The event is restricted to amateur players. The entry fee is \$60 per person and the fee includes 18 holes of golf, a golf cart, rib dinner at Eagles 4240 after play, Free on-course beverages, and chances to win various prizes. The tournament will have three flights of prizes, longest drive and closest-to-the-pin prizes. For more information or to register please call Eagles 4240 at 863-655-4007 by March 1st. Make checks payable to Eagles 4240.

Orange Blossom tourney a success



RUTH ANNE LAWSON/STAFF

Ceile Messier strategically pushes her disc down the shuffleboard court during the Orange Blossom Tournament at Sebring Recreation Club on Wednesday.

After School Tennis Classes

After school tennis classes are being offered at the Thakkar Tennis Center at the Country Club of Sebring. The classes run from Jan. 7 to Feb. 1, and are for youngsters ages 4-18 and are run by USPTA certified professional Horace Watkis. The four-week sessions which include one session a week, are for any skill level. Tiny Tots, ages 4-6, are on Tuesday's from 3:15 to 4 p.m. and the cost is \$37. Future Champs, ages 6-12, are any day of the week from 4 p.m. to 5 p.m. and the cost is \$45.

Pre-Tournament Academy is Wednesday's from 4 p.m. to 5:30 p.m. and the cost is \$60. High School Team level is Thursday's from 4 p.m. to 5:30 p.m. and the cost is \$60.

For more information, call Watkis at 863-414-2164 or 863-386-4282. Email is horacewatkis@hotmail.com.

Hammock Half Marathon, 5K The Friends of Highlands Hammock

SENIOR | 8A

Prestigious shuffleboard event held at Sebring Recreation Club



Sebring Recreation Club president, Harold Comeau, was pitted against Avon Park Senior Activity Club president, Tom Clayton, during the first round of the Orange **Blossom Tournament.**

By RUTH ANNE LAWSON STAFF WRITER

SEBRING - Shuffleboarders from across the state descended on Highlands County to participate in the Orange Blossom Shuffleboard Tournament, one of the oldest and most prestigious tournaments in the country.

The tournament is approximately 80 years old. There were around 140 competitors and 33 courts used for the battle that was held on Wednesday and Thursday at the Sebring Recreation Club.

"This is our Orange Blossom tournament and it has been going on since the 1930s," said Sebring Recreation Club President Harold Comeau. "We have a lot of competition with big prizes. This is a fun, tough event. This is one of our biggest events of the year. We want to bring people together. It is all about competition and the competition is tough this year. The computer generates the pairings and I was selected to go against the Avon Park president. That's the way it goes. It is a good tournament that brings out a lot of people and everyone looks forward to it every year."

The competition was split into two groups, the men's division and women's division. There were two brackets, the main event bracket and the consolation bracket.

The Men's division main event was won by the team of Levi Miller and Larry Mardis. Ray Miller and Harold Cunningham claimed second place. The duo of Bob Comford and Jerry Stannard placed in third. The pair of Phil Rebholz and Paul Prescott claimed fourth place.

In the Consolation event, the twosome of Jacques Beaudry and Thomas Winkelspecht finished first. Bob Hovatter and Bob Smith claimed second place. Coming in third was the pair of Jerry Holbrook and Pete Sikoski. The duo of Frank Reynen and Sam Allen placed in fourth.

"When I turned 65 I joined,"

TOURNEY | 8A

Clemson will miss suspended Lawrence

Defensive tackle out for championship game against Alabama

ASSOCIATED PRESS

SAN JOSE, Calif. — Clemson coach Dabo Swinney said suspended starting defensive tackle Dexter Lawrence will be missed against topranked Alabama in tonight's College Football National Championship Game.

Swinney said Sunday that Lawrence has been a difference-maker in the middle of the line all season and would've been that against the Crimson Tide in the national championship game which will be held in Santa Clara.

Lawrence and offensive lineman Zach Giella and tight end Braden Galloway tested positive for ostarine in NCAA drug testing.

The three missed Clemson's 30-3 victory over Notre Dame in the Cotton Bowl last week. Earlier this week, Clemson athletic

director Dan Radakovich champion. said the school filed appeals for the three players.

Lawrence is a 350-pound junior who has started the past three seasons. He's also part of Clemson's short-yardage "Fridge Package" on offense.

Alabama is a favorite against Clemson and the Tigers will have to play well to dethrone the Crimson Tide, who are the defending national

Tonight's game will be the third time that Clemson and Alabama have met for the national championship.

"I think being successful is really a formula," Crimson Tide coach Nick Saban said. "We try to teach our players and hopefully some of the experiences that they have as football players carry over and help them be more successful in life."



DAVID J. PHILLIP/ASSOCIATED PRESS

Clemson and head coach Dabo Swinney will miss defensive tackle Dexter Lawrence in tonight's college football national championship game against Alabama.

TOURNEY **FROM PAGE 7A**

said Sebring resident Pat Dell. "I played football, basketball and boxing, but shuffleboard requires the touch of a surgeon and the mind of a chess player. You have to play offense and defense. Whoever hits 75 points first wins and there is a lot of strategy."

The Women's main event was won by the duo of Ruth Brown and Pam Nurnberger. In second place was the pair of Glenna Earle and Linda Marshman. Coming in third was the team of Debbie Norton and Dianna Allen. Ruth Stewart and Brenda Dawson placed fourth.

"We have about 25 players in the Orange Blossom Tournament," said Avon Park Senior Activity Center president Tom Clayton. "I started playing in this event four years ago. The first year I played as an

amateur and it was colder than heck. It was in the 30s that year. This is my fourth year and I really love the competition. This is the largest tournament in the state and people come from all over. There is a lot of competition and it would be tough to miss it.

"I am the president of the Avon Park Senior Activity Center. We were founded in 1935 and we have been in continuous operation ever since. We currently have 130 members. We get together every Monday night at 6 p.m. We have new L.E.D. lights and they really make the place dazzle. We have a session on Wednesday and Saturday mornings at 9 a.m and then with the snowbirds down we added a 2 p.m. session. We've had a big uptake in the last 18 months and we have nearly doubled in size. We have a lot of people with a lot of enthusiasm. On Wednesdays we

proceeds from the event

will benefit park projects.

Entry fee for the 5K is

\$20 and Half Marathon fee

2019. Late fees are \$25 for

the 5K and \$50 for the Half

is \$40 thru Janauary 10,

Marathon thru race day

registration. Participants

sport tech tee, awards in

both races, food, fun and

skills in the New Year.

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a great chance to test their

will get a custom designed

have a \$1 lunch and our membership is only \$20 a year to join. We encourage newcomers."

The Consolation event was won by the team of Pat Stockman and Sue Krynak. The duo of Edith Taylor and Odessa Miller claimed second. Joyce Smith and Alice Enos were third. Fourth place went to the pair of Joan Buck and Barbara King.

"We attract players from all over the state of Florida," said former president Daniel Noble. "This is a pro tournament with 140 professional players with maybe a few amateurs playing up. I have been a part of this club for seven to eight years now. This club had close to 1,000 members at one point then when all these mobile home parks started building their own shuffleboard courts it diminished the need for people to come to this facility to play and our numbers dropped.

along with entry form

may be snail mailed to

race director Brojek at:

3310 Par Road, Sebring, FL

33872 or you may register

online at: http://endur-

ancesportstiming.com /

be run by an individual

or by a team relay for

the 13.1 mile distance.

Those desiring to form

a relay team should

contact the coach at:

cbrojek@comcast.net to

The Half Marathon may

race-calendar/

"The Sebring Recreation Club is owned by the City of Sebring and we lease it. This club is not just a shuffleboard club; we have wood carvers, line dancers, pinochle, bridge players and much more. This tournament takes two days to complete with two brackets, the Main and Consolation. We have about 25 central district and State Hall of Fame players."

The Sebring Recreation Club and Avon Park Senior Activity Center are looking for people to come out and play. The Sebring Recreation Club has free shuffleboard every Friday night starting at 6 p.m. and all ages are welcome to join in the fun.

The Avon Park Senior Activity Center is located at 109 E. Main St in Avon Park right next to Donaldson park. The Sebring Recreation Club is at 333 Pomegranate Ave., behind the Sebring Police Department.

discuss details and special

viewed by visitors."

you right away.

www.highlandsnewssun.com



RUTH ANNE LAWSON/STAFF

Pat Dell uses strategy during the first round of the Orange Blossom Tournament. Dell is a sponsor of the competition and a member of the Sebring Recreation Club.



SENIOR **FROM PAGE 7A**

State Park will present the 11th Annual Highlands Hammock Half Marathon & 5K at the park on Saturday, January 19 with a 7:30 a.m. start for both distances.

The Central Florida Striders running club under the direction of Chet Brojek will manage race timing and scoring. All

IMSA **FROM PAGE 7A**

these ANSA Motorsports guys. Congrats to Leo, and hopefully there's more to come.

"I'm so grateful to everyone," said Lamelas, who

won at Sebring last year with Charles Wicht Racing. "Our team did a perfect job. It's very special for me too. I love Daytona, so I'm very happy to win here. Last year, my team, CWR, was an excellent team also. Today, I had the opportunity to go to

ANSA. I'm just grateful for everyone who is making this possible for me. It's a dream for me to be here racing in IMSA.'

It was a strong points day for the runner-up Forty7 Motorsports team, who also had to start from the back after missing

qualifying. The team and McCusker finished second in the LMP3 standings last season with two wins and two runner-up finishes in six starts. Pflucker was making his first start with the No. 47 team after driving the team's No. 74 entry last season.



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HIGHLANDS HEALTH

Monday, January 7, 2019

CLASSIFIEDS, COMICS & PUZZLES INSIDE

SECTION B

HDL cholesterol: How to boost your 'good' cholesterol

MAYO CLINIC

High-density lipoprotein (HDL) cholesterol is known as the "good" cholesterol because it helps remove other forms of cholesterol from your bloodstream. Higher levels of HDL cholesterol are associated with a lower risk of heart disease.

Cholesterol is a waxy substance that's found in all of your cells and has several useful functions, including helping to build your body's cells. It's carried through your bloodstream attached to proteins. These proteins are called lipoproteins.

Low-density lipoprotein cholesterol

High levels of low-density lipoprotein (LDL) can eventually build up within the walls of your blood vessels and narrow the passageways. Sometimes a clot can form and get stuck in the narrowed space, causing a heart attack or stroke. This is why LDL cholesterol is often referred to as "bad" cholesterol. **High-density lipoprotein**

cholesterol

HDL cholesterol is often referred to as "good" cholesterol.

BOOST | 5B



AMERICAN HEART ASSOCIATION PHOTO

Fish and nuts can help increase your HDL.

Many patients don't level with doctors



Healthcare professionals are working to get patients to be more open with them regarding their medical needs.

CLARE MCLEAN/UW PHOTO

Study shows massage helps ease arthritis pain

DUKE HEALTH

DURHAM, N.C. - Patients with arthritis in their knees experienced significant improvement in pain and mobility after undergoing a weekly, whole-body massage for two months, according to a study led by researchers at Duke Health.

The findings suggest that massage could offer a safe and effective complement to the management of knee osteoarthritis, at least in the short term.

"Osteoarthritis is a leading cause of disability and affects more than 30 million people in America," said lead author Adam Perlman, M.D., program director of the Leadership Program in Integrative Healthcare at Duke University School of Medicine. "Medications are available, but many patients experience adverse side effects, raising the need for alternatives. This study demonstrates that massage has potential to be one such option."

Perlman and colleagues at four institutions enrolled approximately 200 patients with osteoarthritis in their knees. Patients were randomly divided into three groups: those who received a one-hour, weekly Swedish massage for eight weeks; those who received a lighttouch control treatment; and those who received no extra care other than their usual regimen.

After eight weeks, each of the groups were again randomized to continue with massage or light-touch every other week, or to receive no treatment for the remainder of the study, which spanned 52 weeks. Patients were assessed every two months using a standardized questionnaire called the Western Ontario and McMaster Universities Osteoarthritis Index. The questioinnaire measures pain, stiffness and functional limitations, including how well patients can climb stairs, stand up from sitting or lying down, bend, walk or get out of a car, among other activities. At eight weeks, massage significantly improved patients' scores on the questionnaire compared to light-touch and usual care. Massage improved pain, stiffness, and physical function. At 52 weeks, the twice-monthly massages maintained the improvements observed at eight weeks, but did not provide an additional benefit. There were no significant differences between the groups at 52 weeks. "Massage therapy is one of the most popular complementary medicine interventions," Perlman said. "At a time when people are looking for effective non-medication options for pain, this study provides further evidence that massage has a potential role, at least for those suffering with osteoarthritis." In addition to Perlman, study authors include Susan Gould Fogerite, Oliver Glass, Elizabeth Bechard, Ather Ali, Valentine Y. Njike, Carl Pieper, Natalia O. Dmitrieva, Alison Luciano, Lisa Rosenberger, Teresa Keever, Carl Milak, Eric A. Finkelstein, Gwendolyn Mahon, Giovanni Campanile, Ann Cotter and David L. Katz.

UNIVERSITY OF WASHINGTON

It may seem harmless to not be entirely forthcoming with your doctor, but the health consequences could be huge. A recent study conducted by researchers from Middlesex Community College and the University of Utah found the main reason why patients don't accurately tell doctors about their eating habits and other behaviors is to avoid being judged unfavorably.

Researchers presented seven common scenarios between patients and doctors. Up to 81 percent of people who took that survey admitted they avoided telling their healthcare provider the truth in at least one of them.

Larry Mauksch, emeritus clinical professor of family



UNIVERSITY OF WASHINGTON PHOTO

Many people don't tell their doctors the truth for fear of being judged unfavorably.

medicine at the University of Washington School of Medicine, said it's important for healthcare providers to ask questions.

"The study reported that people are reluctant to tell the truth or don't tell the truth

because the embarrassed or they're fearful of being judged," Mauksch said. "In watching literally thousands of interactions between medical students, residents, physicians and other healthcare providers I see those issues come up all the time."

'The lesson here is to be curious. We teach medical students to be curious about the belief systems of the patients that they see to find out about the influences in their lives. Remembering the importance of curiosity about patient experience, especially if patients are complex in their needs, can really go a long way towards making our clinicians have a more rewarding professional life and be more effective in promoting health outcomes.'

We hear with our brains

The new year is off and running. The Christmas season is done and it is time for new beginnings. Many of us make resolutions of better health and better fitness. I encourage you to add social activity to that list. Being socially active helps us to stay mentally active, mentally sharp. Plus being around others makes the days more interesting and invigorating.

If you have a hearing loss, then being socially active can cause you some stress. It is harder to focus in noise and it simply takes more work than it does for someone with normal hearing. If you know someone who has a hearing loss and wears hearing aids, then please try and remember that they are hearing "aids." Look at them while you are talking to them. They can't hear you behind the



menu if it is even a little noisy in the restaurant. Speak a little more slowly ... it helps. Give them time to respond; their brains have to wait until they get the signal from the hearing aids before they can answer (that is a whole other article). The severity of a person's hearing loss will determine how much difficulty a person has understanding in groups of people.

Many factors go into "why" someone has such difficulties while others who also wear hearing aids don't seem to have How much is enough to ward hardly any problems in noise. No two people are alike. No two hearing aids are identical either. Just because they look similar doesn't mean that they are. There is a test we can do in our office called "QUICKSIN" that will actually provide us with a signal to noise ratio that is very enlightening as to how well you will understand in noise with hearing instruments. This test helps us to determine the best style of hearing instruments, as well as the technology level that will provide the patient with the best hearing success for their exact listening environments. The breakdown of the test provides information as to whether or not accessories for your hearing instruments would also be beneficial.

Are you social enough? off cognitive decline. New hearing instruments released by the world's leading hearing manufacturer, Starkey Hearing Technologies, can now measure cognitive activities. They were just mentioned in December's TIME magazine. They provide a social "brain" score as well as a physical activity score. This personal tracking allows the patient to take a pro-active approach to better health.

With the development of this technology also came research that now supports the amount of time that you should wear your hearing instruments per day to help diminish cognitive decline. Guess how long you should wear your hearing

Sculpting the body through yoga

By NANCY DALE YOGA FOR LIFE

Yoga teaches "mindfulness," increasing internal/external awareness of the body/mind. Yoga is a way to manifest new goals, integrating our lifestyle choices that recharge and reshape the deeper essence of who we are. Yoga is practice that aligns our thinking to achieve the goals we set for a healthy lifestyle. A healthy lifestyle begins in the mind and is initiated through the body. When we practice Yoga, we radiate who we are to the world. Through our Yoga practice, we sculptor poses using our own body weight, initiating a full range of motion that increases muscle mass, creating a leaner definition, strengthening bones and improving balance as we incorporate deep breathing. Yoga uses body postures to renew and restore energy as we re-invent ourselves.

Yoga body sculpting begins in the mind. How do we define our self-image? In Yoga, it is important to "visualize" how we want to see ourselves physically,



The Tree Pose, to improve balance.

mentally, emotionally and spiritually. Do we practice "mediation" to help discover who we are and to initiate Yoga postures to reach these goals?

Yoga body sculpturing creates our self-image. By holding Yoga posses, bones and joints are renewed as re-oxygenated blood is generated on a healthy pathway of renewal. As we visualize how we want our body to be defined physically, we work on poses that helps sculptor muscles and form to achieve realistic goals over time. On our path of self-discovery, we a Woodstork, it is our

can increase the intensity in the postures through breathing and holding poses longer in the proper form.

"Form" is a very important part of Iyengar Yoga. We study various Yoga postures, then initiate them step-bystep with slow movement and concentration as we visualize how we want to look and practice poses that enhance our form. However, determining realistic goals is also important. If we visualize ourselves covered with the beautiful symmetry of down feathers as on

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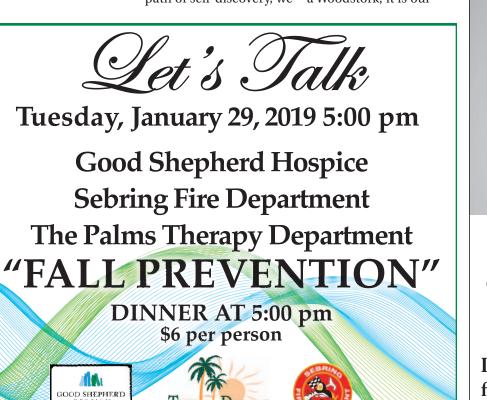
imagination, at the present time. In Yoga, we choose realistic goals that enhance our health, build a stronger immune system and stamina to achieve what we set out to accomplish. Yoga helps to build confidence along the way as we learn to ignore the constant bombardment in magazines, TV, YouTube on how we are "supposed" to look. In Yoga, we choose our self-image and set set out to work towards that end. As gracefully

demonstrated by the Thursday, 10:30 a.m. YMCA Yoga students Celeste, Cory, Suzanne, Jean and Seowan, they are expressing their definition of the "Yoga Extension" posture. In Yoga, we do not compare ourselves to others, we initiate poses as we perceive them and weave them into our practice. Yoga is a "flow" that

moves us into greater awareness of who we are and it helps us to accept and feel comfortable in our own body. As our Yoga practice evolves, so do we. We sculpt our body as we build strength and radiate the beauty of our essence to the world. New "Yoga Body

Sculpting" class - Gold's Gym, Sundays 3:00 to 4:30 p.m.







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When a child dies

difficult

Surviving siblings

have their own special

problems. If they were

may feel responsible or

have vivid nightmares.

Children need explana-

after encountering death,

whelmed by grief may not

have the energy to give.

deeply affected by the

Grandparents too are

loss of a grandchild. Not

only must they cope with

their own pain, they see

their child, the grieving

seen with as little as 60

In terms of diet, try

to avoid trans fats, as

minutes of moderate intensity aerobic exercise

a week.

tions and reassurance

which parents over-

present at the death, they

Death always seems unfair, but when a child dies, these feelings are especially strong. We expect the death of our parents and even our contemporaries someday, but we do not expect to outlive our children. The death of a child, through accident, illness, stillbirth or even miscarriage, impacts the

Most parents feel an overwhelming and often irrational sense of guilt. Many of them erroneously believe that if they had just done something

HDL picks up excess cholesterol in your blood and takes it back to your liver where it's broken down and removed from

If you have high LDL and low HDL cholesterol levels, your doctor will probably focus on lowering your LDL cholesterol first. Medications known as statins — such as atorvastatin (Lipitor) and simvastatin (Zocor) are the most common treatment for high LDL cholesterol.

What are optimal levels of HDL cholesterol?

Cholesterol levels are measured in milligrams (mg) of cholesterol per deciliter (dL) of blood or millimoles (mmol) per liter (L). When it comes to HDL cholesterol, higher numbers are better. Lifestyle changes known to increase HDL,

.....

COLUMNIST Dr. Susan Crum, PhD.

differently or something more, they could have prevented the loss. Working through these feelings while supporting one another and perhaps caring for remaining children can be especially

such as moving more, quitting smoking or improving your diet, have been shown to lower the risk of heart attacks, However, medications that specifically increase HDL levels have failed to reduce the rate of heart attacks.

Oddly enough, people who naturally have extremely high HDL levels — above 100 mg/dL (2.5 mmol/L) — appear to be at higher risk of heart disease. This may be caused by genetic factors. Make your lifestyle

count

HDL levels are typically lower in people who have metabolic syndrome — a cluster of conditions that include obesity, increased blood pressure and high blood sugar levels.

Besides helping you lose weight, increased physical activity can lower your triglycerides, the most common type of fat in your body, while increasing your HDL levels. Benefits can be

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they can increase LDL cholesterol and lower HDL cholesterol levels. Foods prepared with shortening, such as cakes and cookies, often

contain trans fats, as do most fried foods and some margarines. Limit saturated fat, found in meats and full-fat dairy products, as well.

If you smoke, find a way to quit. Smoking lowers HDL levels, especially in women, and increases LDL levels and triglycerides.

Moderate use of alcohol has been linked with higher levels of HDL cholesterol. For healthy adults, that means up to one drink a day for women of all ages and men older than age 65, and up to two drinks a day for men age 65 and younger.

parent, in pain as well. Despite this, grandparents can be a source of strength in the bereaved family.

One common question following the loss of a child is "Should we have another baby?" Research has shown that having another child after a period of mourning can help parents resolve their sense of loss. However, they must be prepared for feelings of worry about the new child's health and occasional guilt about "replacing" the lost child.

However, if you don't drink, don't start drinking to raise your HDL cholesterol levels. Too much alcohol can cause weight gain, and might increase your blood pressure and triglyceride levels.

Medications can boost or lower HDL cholesterol

HDL levels are sometimes improved by drugs used to lower LDL and triglyceride levels — such as prescription niacin; fibrates such as gemfibrozil (Lopid); and certain statins, particularly simvastatin (Zocor) and rosuvastatin (Crestor).

But clinical trials for several drugs specifically designed to increase HDL levels were halted early because they didn't reduce the risk of heart attacks.

Drugs containing testosterone and other anabolic steroids can lower your HDL cholesterol levels. Avoiding these drugs may help increase your HDL numbers.

HEAR FROM PAGE 1B

instruments per day? Think about it. How many hours do you wear them? Do you put them in as soon as you get up? How many hours are you up a day? Still thinking? The number is 12 hours per

Until this research it was generally thought

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Home remedies: fiction and fact

In tight economic times with numerous health and wellness blogs suggesting do-ityourself home remedies, many patients are skipping visits to their doctor's office in favor of a do-it-yourself approach. However, there are misconceptions and concerns about many of these home remedies.

Ear candling/coning

This alternative medicine technique involves using a cone-shaped device placed in the ear canal while smoke or a burning wick extracts earwax and other impurities. In theory, a pressure vacuum is created to suction wax and debris out of the ear canal. Proponents list a number of purported



CENTRAL FLORIDA HEARING Dr. Livingston

(but medically unsupported) health benefits including clearing eyesight, curing tinnitus, relieving sinus pressure, reducing stress and purifying blood. Despite these claims, ear candling is dangerous. Researchers investigating the popular technique have found it doesn't create negative pressure of any kind, but rather produces external burns, ear canal blockage and perforated

eardrums.

Earache drops Homeopathic earache drops are one of the safest home remedies. Most are made of citric acid, water, sodium and chamomile. These ingredients are oftentimes effective in relieving pain caused by an earache. This solution is temporary, however, and have been used for those experiencing chronic ear pain or infections. The drops may be utilized as a quick fix but should never supplant the role of your doctor.

Always see your doctor when it comes to any pain, drainage from your ears, sudden change in your hearing, or a new symptom like dizziness or tinnitus.

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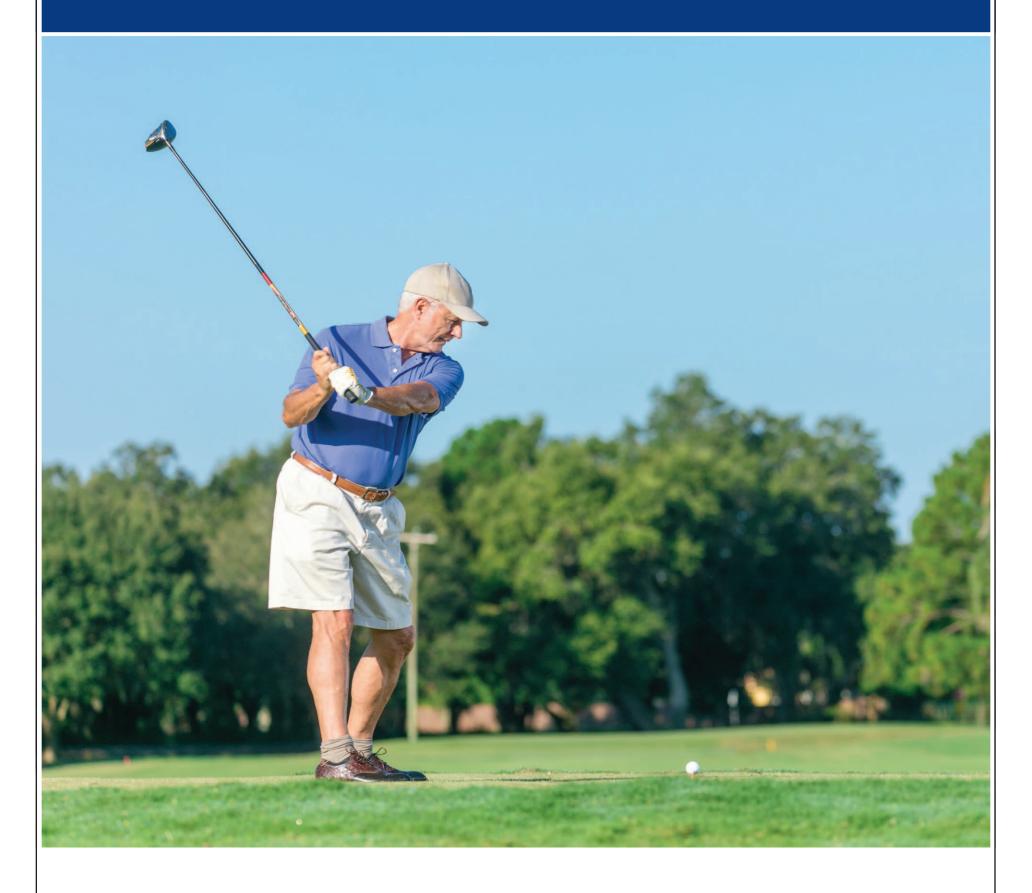
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'Aquaman' continues reign, but 'Escape Room' sneaks into 2nd See page 8



Trump considers radical move to end shutdown

Monday, January 7, 2019

By JUSTIN SINK BLOOMBERG NEWS

WASHINGTON — President Donald Trump edged closer toward a radical move to fund his proposed border wall Sunday after the prospect of a deal with the Democrats to reopen government dimmed and the

president's political leverage appeared to dissipate.

Trump renewed his threat to bypass negotiations with Democratic lawmakers and instead declare a national emergency on the southern border with Mexico. While the possibility of such action was revealed only a few days earlier,

White House lawyers and budget staff have been looking into it for weeks, a person familiar with the matter said on the condition of anonymity.

Several advisers close to Trump are recommending that he declare an emergency, despite wide recognition that it would be

immediately challenged in court. Democratic lawmakers said so last week after Trump floated the idea in public.

"I may declare a national emergency dependent on what's going to happen over the next few days," Trump said Sunday. Building a wall is "a very important battle to win,"

he said.

Trump views his campaign promise that he'd build a border wall as essential to his chance for re-election in 2020. He regards the government shutdown as mainly affecting Washington, not where his

WALL 4



AP PHOTO

In this 2015 photo, Tom Merriman stands behind a monarch in his butterfly atrium at his nursery in Vista, Calif. Researchers with an environmental group are labeling as "disturbingly low" the number of western monarch butterflies that migrate along the California coast.

Count finds sharp drop in monarch butterflies in California

SAN FRANCISCO (AP) -Researchers with an environmental group have labeled as "disturbingly low" the number of western monarch butterflies that migrate along the California coast.

A recent count by the Xerces

The Xerces Society conducts annual Thanksgiving and New Year's counts and was not certain what caused the numbers to drop. It said there is no substantial evidence of a delayed migration and butterflies are not being reported

herbicides and destruction along their migratory route. They also have noted climate change impacts.

University of Michigan and Stanford University researchers found carbon dioxide from car and factory exhaust reduced a natural toxin in milkweed that feeding caterpillars use to fight parasites.

China upbeat ahead of US trade talks, but differences large

Both sides interested in settling tariff disputes

By JOE McDONALD AP BUSINESS WRITER

BEIJING - China has sounded a positive note ahead of trade talks this week with Washington, but the two sides face potentially lengthy wrangling over technology and the future of their economic relationship.

Both sides have expressed an interest in settling their tariff fight over Beijing's technology ambitions. Yet neither has indicated its stance has changed since a Dec. 1 agreement by Presidents Donald Trump and Xi Jinping to postpone further increases.

Envoys will have "positive and constructive discussions" during meetings Monday and Tuesday, said Chinese Foreign Ministry spokesman Lu Kang.

The American side is led by a deputy U.S. trade representative, Jeffrey D. Gerrish, according to the U.S. government. Neither side gave details of their agenda but Gerrish's delegation includes agriculture, energy, commerce, treasury

and State Department officials.

The Chinese government gave no details of who would represent Beijing.

The talks are going ahead despite tensions over the arrest of a Chinese tech executive in Canada on U.S. charges related to possible violations of trade sanctions against Iran.

Trump imposed tariff increases of up to 25 percent on \$250 billion of Chinese imports over complaints Beijing steals or pressures companies to hand over technology. Beijing responded by imposing penalties on \$110 billion of American goods, slowing customs clearance for U.S. companies and suspending issuing licenses in finance and other businesses.

Washington, Europe and other trading partners complain Beijing's tactics violate its market-opening obligations. The clash reflects American anxiety about China's rise as a potential competitor in telecommunications and

Society recorded fewer than 30,000 butterflies, which it said is an 86 percent decline since 2017.

By comparison, the group in 1981 counted more than 1 million western monarchs wintering in California, the San Francisco Chronicle reported.

in other parts of the country.

A 2017 study by Washington State University researchers found the species likely will go extinct in the next few decades if nothing is done to save it.

Scientists say the butterflies are threatened by pesticides,

Western monarch butterflies are typically seen from November to March in forested groves along the California coast.

TALKS 4

Park Service to tap into entrance fees to keep operating

Interior Department will dip into user fees to pay for staffing national parks during shutdown

WASHINGTON (AP) — The Trump administration's National Park Service says it is taking the extraordinary step of dipping into entrance fees to pay for staffing at its highly visited parks in the wake of the partial government shutdown.

P. Daniel Smith, deputy director of the service, said in a statement Sunday that the money would be used to bring in staff to maintain restrooms, clean up trash and patrol the parks. He acknowledged that the

decision to keep the parks open during the weekslong budget impasse was no longer workable and so more extreme measures were warranted.

Parks have been relying on outside help for security and upkeep.

"We are taking this extraordinary step to ensure that parks are protected, and that visitors can continue to access parks with limited basic services," Smith said.

Republican Sen. Steve Daines of Montana warned Interior Secretary David Bernhardt on Saturday of "significant risk to property and public health" without funding. Three Utah Republican congressmen also asked Bernhardt to restart regular operations.

Democrats want the parks fully opened. But Rep. Betty McCollum of Minnesota, the incoming chair of the



AP PHOTO

PARK 4

A woman walks past trash piled next to a garbage bin at Ocean Beach in San Francisco, Thursday.



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AP PHOTO

Forensic and other police experts examine the site of a fire in an Escape Room, in Koszalin, northern Poland, on Saturday. Investigators blamed a gas leak in a heating system at an Escape Room for a fire that killed five teenage girls and injured a man.

Man who designed an escape room where five teenage girls were killed in Poland

By MONIKA SCISLOWSKA Associated Press

WARSAW, Poland — Prosecutors in northern Poland detained and brought charges Sunday against the man who designed an escape room entertainment site where five teenage girls were killed in a fire.

The man, identified only as Milosz S., was charged with intentionally creating a fire danger and unintentionally causing the deaths of the girls, said prosecutor Ryszard Gasiorowski, adding that the location's heating system was faulty and there was no emergency evacuation route.

A court decision is expected Monday on prosecutors' request that he be held for three months while the case proceeds.

Firefighters in the city of Koszalin found the victims' bodies Friday after they extinguished a fire next to the locked

burns. He was to be questioned. Attorneys for the man charged said he was "deeply distraught"

was "deeply distraught" by the deaths and has expressed deep condolences to the families before the prosecutors. They said the 28-yearold denies the charges but because of his distress was not able to answer prosecutors' questions. If convicted, he could face up to eight years in prison.

Earlier Sunday, fire chief Leszek Suski stressed that the escape room at a private house in the city of Koszalin, where the 15-year-old girls died locked inside a room celebrating a birthday, had no emergency evacuation route. They were the first known deaths in an escape room, a form of entertainment that has been growing in Poland over the past five years.

Players in escape room games are locked inside a room or safety flaws and the prime minister asked people Sunday to report such lapses to firefighters and police.

Police chief Jaroslaw Szymczyk said other people had previously posted critical remarks online about the safety of that escape room site, but local officials weren't notified.

During a memorial Mass at Koszalin Cathedral, Bishop Edward Dajczak identified the girls by their first names as Julia, Amelia, Gosia, Karolina and Wiktoria.

He later led public prayers in front of the house where they died. People left hundreds of lights, toys and white flowers by the fence. Prime Minister

Mateusz Morawiecki, along with Suski and Szymczyk, spoke after holding a meeting in which they discussed with other officials ways of improving safety at entertainment venues.

Violence rages in northeastern Brazil despite deployment

SAO PAULO (AP) — The attacks and fire-bombings sweeping Brazil's northeastern state of Ceara continued unabated Sunday despite the deployment of at least 300 members the elite, military-style National Police Force to help bring an end to the violence.

The state's public security department said that buses and cars were torched and gas stations were attacked in Fortaleza, the capital, and in at least six other cities. Police killed two suspects in a shootout. More than 100 people have been taken into custody since the violence that broke out on Wednesday, days afer

The deployment of security forces in Ceara came days after the inauguration of far-right President Jair Bolsonaro, a former army captain who was elected on pledges to crack down on crime and give security forces a free hand against criminals.

Authorities have said

HEADLINES AROUND THE WORLD

said.

35 die in Afghan gold-mine collapse

KABUL, Afghanistan — The death toll after a collapse at a gold mine in Afghanistan has climbed to 35, a local official said.

At least 12 others were injured in the accident Sunday morning, provincial council member Abdullah Naji Nazari said. The number of victims could rise, he said.

About 50 workers were trapped by the accident in what Nazari described as a locally dug mine with no safety standards in Kohistan district.

The mine was next to a river, whose waters were apparently being used to help sift gravel to find the gold.

Illegal mining in Afghanistan is a major problem. Insurgents and traffickers profit from the mining industry while the government, whose influence does not reach some areas because of the country's ongoing conflict or difficult terrain, can do little to stop it. A study by the United States Institute of Peace published last year said that most of the mining in Afghanistan is "either illegal or unregulated."



AP PHOTO

Vehicles burn in the street after attacks in the city of Fortaleza, northeastern Brazil, Thursday.

the attacks were ordered by organized crime groups in retaliation for plans to impose tighter controls in the state's prisons. Brazil's prison gangs are powerful and their reach extends outside the country's penitentiaries.

The deployment was ordered by Brazil's federal Justice and Public Security Ministry, now led by popular former anti-corruption judge Sergio Moro, at the request of Ceara Gov. Camilo Santana, citing the "urgent" nature of the

cases for decades while in

exploited by the Taliban or

criminal networks, the study

The roads to 12 districts

Kohistan, have been cut off

may hamper aid and emer-

in Badakshan, including

by to heavy snow, which

gency efforts, local news

agency Pajhwok reported.

US killed al-Qaida

operative who led

attack on USS Cole

(AP) — The U.S. military

killed a suspected al-Qaida

operative believed to have

orchestrated an attack

said Sunday.

sailors.

on the USS Cole in 2000,

President Donald Trump

Trump said U.S. forces

"delivered justice" by killing

Jamal al-Badawi. The attack

U.S. Central Command

confirmed later Sunday that

on the Cole killed 17 US

al-Badawi was killed in a

others, they are controlled or

threat.

Bolsonaro, who took office New Year's Day, has said he also plans to issue a presidential decree that would make it easier for Brazilians to legally own guns. Bolsonaro argued it was necessary for people to defend themselves.

While legal gun ownership is restricted, drug traffickers and other criminal groups are often heavily armed with automatic weapons. Brazil is the world leader in total annual homicides.

Mexicans scramble for gasoline as stations run dry

MEXICO CITY (AP) — Mexicans are scrambling for gasoline amid long lines at gas stations and widespread shortages prompted by a change in distribution methods aimed at stemming fuel theft.

State oil company Petroleos Mexicanos said the use of more secure transportation methods has resulted in delays for fuel delivery to gas stations in the states of Guanajuato, Hidalgo, Jalisco, Michoacan, Mexico and Queretaro. It is urging consumers not to panic or hoard gasoline, promising that supply will soon stabilize.

Frantic consumers have made a run on the pumps and social media has been filled with images of gas station out of fuel, and consumers comparing the thin supplies to scarcity for hasic goods like bread and milk that plagued Mexico during the 1970s. President Andres Manuel Lopez Obrador, who took office on Dec. 1, said Sunday that complicity has allowed the fuel theft to blossom for years, growing from \$500,000 a year more than a decade ago to roughly \$3 billion in stolen fuel last year.

room. Prosecutors say a leaky gas container inside a heater is the most likely cause of the blaze.

Autopsies showed that the girls, who were friends from school, died of carbon monoxide inhalation. A young man employed there was hospitalized with building and must solve puzzles and find clues that lead them to the key that will unlock the door. Regarded as an intellectual challenge, the games are highly popular among teenagers in Poland.

Officials have shut down 13 escape room entertainment sites for Morawiecki called the girls' deaths an "immense tragedy."

Since Friday, more than 200 of Poland's 1,100 escape rooms have been checked, revealing a number of safety flaws that needed to be immediately fixed. Authorities ordered the closure of 13 of them.

Mines have been run by local communities in some

"precision strike" in Yemen Tuesday.

Al-Badawi was indicted by a federal grand jury in 2003 on 50 counts of various terrorism offenses, including murder of U.S. nationals and military personnel.

The Oct. 12, 2000, attack on the Cole took place when the ship was anchored in the Yemeni port of Aden.

HEADLINES AROUND THE STATE

Blind woman, daughter rescued after jeep falls into lake

PALM COAST (AP) — Deputies rescued a blind woman, her daughter and a service dog trapped in their jeep after it fell into a Florida lake.

Authorities say a frantic Lisa Burns called 911 on Friday, telling the dispatcher she'd accidentally crashed into a lake and that the jeep was filling up with water. She said she and her mother, who is blind, were not injured in the crash. A service dog was also in the car.

Flagler County Sheriff's officials said Burns couldn't open any of the doors or windows to escape.

Officers found the SUV, jumped in the water and opened the driver side door to bring the two women and the dog safely to shore. The Florida Times-Union reports the water had risen to the car seats by the time the officers arrived.

Authorities said Burns misjudged a turn during a heavy downpour.

Man charged with killing ex-girlfriend

HAINES CITY (AP) — Authorities have charged a man with killing his ex-girlfriend after she moved to Ohio to get away from him.

Polk County Sheriff's officials say they found 66-year-old old Sandra Andrews on the porch of her Lake Wales home after midnight Saturday with a gunshot wound to her face. She said David Murdock shot her. Authorities found the body of 56-year-old old Lisa Bunce in a bedroom closet inside. She had been shot in the head.

Friends told authorities Bunce and Murdock had ended their relationship a year ago and that she had moved to Ohio. The victim had returned to Florida to visit friends and was planning to head back to Ohio in a few days.

Murdock faces charges including first-degree murder and attempted murder. He is being held in Polk County Jail without bond. It's unclear if he has retained an attorney.

Scott picks Parkland parent for education board

TALLAHASSEE (AP) — Florida Gov. Rick Scott is appointing to the state's education board the father of a teenager killed during a school shooting in Parkland.

Even though he is about to leave office, Scott announced nearly 80 appointments to various state boards on Friday. He appointed Andrew Pollack to the State Board of Education. The panel sets education policy and hires the state's education commissioner.

Incoming Gov. Ron DeSantis has the power to withdraw most of the last-minute appointments made by Scott.

Pollack's daughter Meadow was among 17 people gunned down last year at Marjory Stoneman Douglas High School.

Pollack endorsed Scott's bid for the U.S. Senate in a television ad that aired last fall.

Scott won the race and will step down from the governor's office early next week.

5-year-old with inoperable brain tumor gets mermaid wish

BOCA RATON (AP) — A 5-year-old Memphis girl who is battling brain cancer is having her dream realized in Florida where she spent the day with mermaids.

Ta'liyah Baldwin has been undergoing chemotherapy at St. Jude's Children's Hospital since being diagnosed in November 2017 with an inoperable brain tumor. Her family said the treatments leave her lethargic and caused her to have trouble walking.

Shanquindra Baldwin says all her daughter talks about is mermaids so she contacted the Make-A-Wish Foundation. The Sun Sentinel reports the organization sent the family to Florida where the little girl spent Saturday at the Boca Beach Club with two women dressed as mermaids. They even had a pair of custom-fitted fins for Ta'liyah to wear as she splashed around the pool.

Her mom said Ta'liyah is "having the time of her life."

Uptick in rare whale sightings off Florida coast

DAYTONA BEACH (AP) — Floridians are reporting rare sightings of humpback whales.

The whale sighting hotline for the Marine Resources Council has received daily calls of humpback sightings in Flagler and Volusia counties.

Both right whales and humpback whales migrate off the Florida coast.

The Daytona Beach News-Journal reports that right whale sightings were at a record low last year and no right whale calves were reported along the Eastern Seaboard.

Wildlife officials have documented a significant increase in humpback deaths since 2016. At least 84 deaths were reported between 2016 and 2018 in the waters between Maine and Florida.

Julie Albert, who coordinates the hotline, said recent sightings were all far offshore.

Sightings were low along the Florida and Georgia coast last year. Biologists believe the right whales may have moved farther offshore.

Stripper arrested after threatening mass shooting

LAKELAND (AP) — A Florida stripper has been charged with threatening a mass shooting.

Lakeland Police say 31-year-old Brien Basarich posted about her homicidal urges on social media under the username "taking-lives."

According to an arrest affidavit, she said she had a vision of a bar or club with only one entrance and exit and that she planned to purchase an AR-15 "soonish."

Bay News 9 reports she described herself as a great admirer of serial killers and mass murderers.

She was charged this week with written threat to kill or injure and arrested at home.

It's unclear if she had retained an attorney who could comment on the charges.



AP PHOTO

A ship tows The Ocean Cleanup's first buoyant trash-collecting device toward the Golden Gate Bridge in San Francisco en route to the Pacific Ocean. A trash collection device deployed to corral plastic litter floating between California and Hawaii will be hauled back to dry land for repairs. Boyan Slat, who launched the Pacific Ocean cleanup project, tells NBC the 2,000-foot (600-meter) long floating boom will be towed to Hawaii. If it can't be repaired there it will be loaded on a barge and returned to its home port of Alameda, Calif. The boom broke apart under constant wind and waves. Slat says he's disappointed, but not discouraged.

Huge trash-collecting boom in Pacific Ocean breaks apart

LOS ANGELES (AP) — A trash collection device deployed to corral plastic litter floating in the Pacific Ocean between California and Hawaii has broken apart and will be hauled back to dry land for repairs.

Boyan Slat, who launched the Pacific Ocean cleanup project, told NBC News last week that the 2,000-foot long floating boom will be towed 800 miles to Hawaii.

If it can't be repaired there, it will be loaded on a barge and returned to its home port of Alameda, California.

The boom broke apart under constant wind and

waves in the Pacific. Slat said he's disappointed, but not discouraged and pledged that operations would resume as soon as possible.

"This is an entirely new category of machine that is out there in extremely challenging conditions,' the 24-year-old Dutch inventor said. "We always took into account that we might have to take it back and forth a few times. So it's really not a significant departure from the original plan."

Previously Slat said the boom was moving slower than the plastic, allowing the trash to float away. A ship towed the

U-shaped barrier in September from San Francisco to the Great Pacific Garbage Patch an island of trash twice the size of Texas. It had been in place since the end of October.

The plastic barrier with a tapered 10-foot-deep screen is intended to act like a coastline, trapping some of the 1.8 trillion pieces of plastic that scientists estimate are swirling in the patch while allowing marine life to safely swim beneath it.

Slat has said he hopes one day to deploy 60 of the devices to skim plastic debris off the surface of the ocean.

Man charged with murder in Houston girl's death

By JUAN A. LOZANO ASSOCIATED PRESS

HOUSTON — A black man was arrested and charged with murder in the killing of a 7-year-old

black girl in a drive-by shooting that authorities said Sunday appeared to be a case of mistaken identity, not **BLACK JR.**

a racially motivated attack, as her family feared.

Jazmine Barnes' family had described the gunman in the Dec. 30 slaying as a white man driving a red pickup and believed race played a role in the shooting.

But acting on a tip received by a civil rights activist, the sheriff's department zeroed in instead on Eric Black Jr., a 20-year-old black man who admitted he was driving a dark-colored SUV from which a passenger opened fire, authorities said.

Harris County Sheriff Ed Gonzalez said authorities have identified the second suspect, who is also black, but would not say whether the person was in custody.

Gonzalez cautioned that authorities were still investigating, but said: "At this point, it does not appear it was related to race.'

Chris Sevilla, Jazmine's father, said in a brief telephone interview that he was feeling "a bit of relief right now" after

the arrest.

The shooting took place at a stoplight while Jazmine, her mother and three sisters were on their way to the grocery store.

At a court hearing early Sunday, prosecutors said a confidential source had contacted the sheriff by email and told him the killers had "shot the car by mistake," thinking the vehicle was someone else's that they had seen earlier that night. Prosecutors did not say why the killers opened fire.

The sheriff said there was, in fact, a red truck at a stoplight just before the shooting, but the driver did not appear to have been involved. Gonzalez said it was dark, the shooting happened quickly, and the truck was probably the last thing seen by Jazmine's family.

Authorities want to talk to the person in the red pickup to get his account of the crime, Gonzalez said.

Black, who was arrested Saturday afternoon during a traffic stop, was charged with capital murder and jailed without bail. Court records did not list an attorney for him. Prosecutors said the 9 mm handgun believed used in the shooting had been recovered from Black's home.

During Sunday's hearing, prosecutors said Jazmine's mother, LaPorsha Washington, had tried to drive to a hospital after the shooting, but one of her front tires had been shot out.

After the shooting, a composite sketch of a

white man in a dark hood was widely circulated.

Jazmine's family and activists had said the shooting was similar to an unsolved incident in the area in 2017 in which a gunman described as white shot into a vehicle carrying at least two black people.

Rep. Sheila Jackson Lee, a black Democrat who represents parts of Houston, said there was nothing irresponsible about the early suggestions it was a hate crime. She said the case had the positive effect of encouraging people to discuss race in the U.S.

The girl's killing prompted an outpouring of support for her family from celebrities and ordinary people across the country. On Saturday, hundreds gathered at a rally near where the shooting happened, holding balloons, stuffed animals and signs that read, "Justice for Jazmine.'

A \$100,000 reward, raised in part by Shaun King, the journalist and activist who received the tip that helped police, was offered for information leading to an arrest.

Houston Mayor Sylvester Turner said the support Jazmine's family received provided law enforcement "with a sense of urgency and made Jazmine's loved ones know they weren't alone in their time of grief."

'We share their deep sense of loss and anger," Turner said.

> of the spina

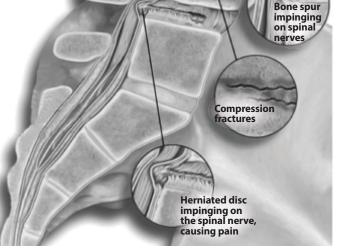
Spinal cord



...And How Many People May Have Found A Way To Beat It

Do You Have Any of the Following Symptoms?

- Sharp leg pains
- Lower back pain
- Herniated discs
- Leg numbness
- Shooting hip pain
- Muscle spasms
- Sciatica
- Lumbago



Let's face it...

If the pain hasn't gone away by now, it's not likely to disappear on its own. Having severe back pain caused by a herniated disc can feel like a crippling condition.

You might not be able to play golf, work, or even sit in the car for a 30-minute drive. It's almost impossible for anyone around you to understand how you feel. You can't remember the last time you even had a restful night of sleep.

Finally, there's a treatment to conquer back and leg pain without dangerous medications or painful surgery.

When cushions in your back joints, called discs, get injured or wear out, they begin to degenerate and cause pain. Bulging and herniations begin to form, pressing on the nerve roots.

Before You Have To Go Under The Knife...

You should seriously consider a less invasive approach called **Deep Tissue Laser Therapy.** This treatment is having a profound effect on patients suffering with pain. Unlike the cutting type of laser seen in movies, and used in medical procedures, Deep Tissue Laser Therapy penetrates the surface of the skin with a pleasant warming sensation.

Will This Work For You?

My name is Dr. Laura Korman, and I understand what it feels like to live in pain, because I see it every day. I've seen hundreds of people with disc herniations, back pain and sciatica -patients who were once told surgery was the only option --leave my office pain-free.

You see, I became a doctor to help people get well. I've always been driven to find natural ways of helping people heal their bodies, before trying drugs or surgery. As part of that purpose, I've acquired state-of-the-art technology to help local residents like you finally get rid of your pain.

Finally, You Have An Option Other Than Drugs Or Surgery

Deep Tissue Laser Therapy has been tested for 40 years, had over 2000 papers published on it, and been shown to aid in damaged tissue regeneration, decrease inflammation, relieve pain, and boost the immune system. This means that there is a good chance Deep Tissue Laser Therapy could be your pain solution, allowing you to live a more active lifestyle.

What this means for you is that in just a matter of weeks, you could be back on the golf course, enjoying your love life, or traveling again.

Professional athletes like Tiger Woods, and team members of the New England Patriots, rely upon laser therapy to treat their sports-related injuries. These guys use the laser for one reason only....

It Promotes Rapid Healing Of The Injured Tissues

Before the FDA would clear Laser Therapy for human use, they wanted to see proof that it worked. This led to two landmark studies.

The first study showed that patients who had Laser Therapy had 53% better improvement than those who had a placebo. The second study showed patients who used the Laser Therapy had less pain, and more range of motion, days after treatment. If Laser Therapy can help these patients, it can help you too.

The Key To Unlocking Your Pain

It's time for you to find out if Deep Tissue Laser Therapy will be your sciatic pain solution. For the first 25 callers only, I'm running a new patient special for those with herniated discs or sciatica. For only \$47, you will get all of the services I normally charge new patients \$390 for!

What Does This Offer Include?

Everything. Here's what you'll get...

An in-depth consultation about your health and well-being where I will listen...really listen...to the details of your case, a complete neurological examination, a full set of specialized x-rays to determine where the source of your pain is, one Deep Tissue Laser Treatment, and a thorough analysis of your exam and x-ray findings so we can start mapping out your plan to being pain-free.

When you call, tell the receptionist you'd like to come in for the Sciatic Pain Evaluation so we can get you on the schedule and make sure you receive proper credit for this special offer.

Sincerely, Dr. Laura Korman D.C., D.A.C.B.N.

Here's what a few of my patients have experienced:

"Prior to seeing Dr. Korman I could not walk. I was in pain from my waist down to my ankle. My wife had to help me dress. I needed crutches to get around. I suffered for about three months. I had to stop golfing, playing bocce. I stopped doing anything, even driving. Then I heard about Dr. Korman from a neighbor and a friend. I am now back to normal, doing everything I always did, even washed my two cars." -Salvatore T.

"Since 2012 (my) sciatic pain was severe. After 3 laser treatments, I am currently pain-free!" Louise A.

\$47 CONSULT, EXAM, NECESSARY X-RAYS AND ONE DEEP TISSUE LASER TREATMENT (\$390 VALUE)

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AVAILABLE TO THE FIRST 25 CALLERS

TO PAY, CANCEL PAYMENT, OR BE REIMBURSED FOR PAYMENT FOR OTHER SERVICE, EXAMINATION, OR THE PATIENT AND ANY OTHER PERSON TREATMENT THAT IS PERFORMED AS A RESULT ICED FEE SERVICE, EXAMINATION OR TREATMENT

California highway closed by mudslides, more rain coming; avalanche warnings in some areas

powerful winter storm unleashed mudslides in Southern California wildfire burn areas and trapped motorists on a major highway, and the northern part of the state braced for more wet weather Sunday.

Page 4

Saturday's deluge loosened hillsides where a major blaze burned last year in and around Malibu, clogging the Pacific Coast Highway with mud and debris.

A stretch of the scenic route northwest of Los Angeles was expected to remain closed in both directions until Monday while crews tow away stuck vehicles and clear lanes. No injuries were reported.

The rapper Soulja Boy was among those whose cars were mired in the muck that was up to 4 feet deep in some areas.

The 28-year-old retweeted a photo of the mudslide and posted: "My car got

LOS ANGELES (AP) — A stuck too almost went into the ocean," along with a prayer emoji.

> An automated rain gauge in the western Santa Monica Mountains showed nearly three-quarters of an inch of rainfall in one hour, said the National Weather Service.

"These are heavy rates," the weather service tweeted.

Up to 1 1/2 inches of rain fell in coastal and valley areas, while mountain communities got heavy snow.

Flash-flood watches and warnings were eventually lifted for areas burned by the fires that scorched more than 155 square miles of brush and timber acres in November, destroyed about 1,600 structures and claimed three lives.

The sun emerged in Los Angeles on Sunday and the red carpet for the evenings Golden Globe awards were expected to remain dry. Scattered



AP PHOTO

Avalanche warnings have been posted in parts of California, Nevada and Utah after a winter storm dumped heavy snow on the region.

showers were possible later in the night.

To the north, wind and rain forced delays or cancelations of flights out of San Francisco International Airport for a second day. A wind advisory was in place until 10 p.m. Sunday.

The San Francisco Bay Area could get up to 1 ¹/₂ inches of rain, with the heaviest downpours

coming after sunset. Saturday's storm brought about a foot of snow to the Sierra Nevada and twice that amount was expected Sunday. A winter storm warning was in effect until 4 a.m. Monday.

Avalanche warnings were posted in parts of California, Nevada and Utah. The Sierra Avalanche Center issued

after Republicans lost control of the House of Representatives all but vanished when the president publicly declared in December that he would take responsibility for the shutdown.

Trump's embrace of heated immigration rhetoric in the closing weeks of the midterm election campaigns did little to help his party's chances and has shown little resonance beyond a Republican base that has remained devoted to him. And House Democratic leaders have said they'll spend the next week offering a series of bills that would reopen some government services, starting with the Internal Revenue Service so Americans receive tax refunds in the coming weeks. They believe such proposals would amplify pressure on the administration.

Trump, meanwhile,

a backcountry avalanche warning for the Lake Tahoe area stretching south into the Sierra along the California-Nevada line from noon Sunday until 7 a.m. Monday.

The National Weather Service says blizzard conditions with gale-force winds could trigger widespread avalanche activity.

Two feet of snow was reported at Mammoth Mountain 150 miles south of Tahoe. More than a foot fell in the upper elevations around Tahoe, including 19 inches at Squaw Valley.

Windstorms that pummeled parts of Washington state and Oregon over the weekend left hundreds of thousands of people without electricity.

A strong system brought winds that registered gusts of about 60 mph at Sea-Tac Airport in Washington, the National Weather Service in Seattle said. Dozens of flights in the region were canceled or delayed.

children. The president said his preference was to wait for the Supreme Court to rule on the legality of the Deferred Action for Childhood Arrivals program, believing that the justices would decide to overturn the Obama administration initiative. That, Trump argued, would provide him leverage for additional immigration restrictions he hopes to pursue later in his term.

Many furloughed federal workers will miss their first paycheck at the end of the week, and more government agencies are closing as they run out of reserve money. Food assistance for low-income Americans could be cut, tax refunds may not be delivered and there are reports that some federal employees — including security screeners at airports — are calling in sick as they enter their third week of work without pay.

ALMANAC

Today is Monday, Jan. 7, the seventh day of 2019. There are 358 days left in the year.

Today in history

On Jan. 7, 1999, for the second time in history, an impeached American president went on trial before the Senate. President Bill Clinton faced charges of perjury and obstruction of justice; he was acquitted.

On this date

In **1789**, America held its first presidential election as voters chose electors who, a month later, selected George Washington to be the nation's first chief executive.

In 1904, the Marconi International Marine Communication Company of London announced that the telegraphed letters "CQD" would serve as a maritime distress call (it was later replaced with "SOS").

In 1927, commercial transatlantic telephone service was inaugurated between New York and London.

In **1942**, Japanese forces began besieging American and Filipino troops in Bataan during World War II. (The fall of Bataan three months later was followed by the notorious Death March.)

In **1953**, President Truman announced in his State of the Union message to Congress that the United States had developed a hydrogen bomb.

In 1963, the U.S. Post Office raised the cost of a first-class stamp from 4 to 5 cents.

In **1972**, Lewis F. Powell, Jr. and William H. Rehnquist were sworn in as the 99th and 100th members of the U.S. Supreme Court.

In **1979**, Vietnamese forces captured the Cambodian capital of Phnom Penh, overthrowing the Khmer Rouge government.

In 1989, Emperor Hirohito of Japan died in Tokyo at age 87; he was succeeded by his son, Crown Prince Akihito.

In 2004, President George W. Bush proposed legal status, at least temporarily, for millions of immigrants improperly working in the U.S.

In 2015, masked gunmen stormed the Paris offices of Charlie Hebdo, a French newspaper that had caricatured the Prophet Muhammad, methodically killing 12 people before escaping. (Two suspects were killed two days later.)

Ten years ago: President-elect Barack Obama met at the White House with America's four living presidents: George W. Bush, George H.W. Bush, Bill

WALL **FROM PAGE 1**

strongest supporters live, another person familiar with the matter said.

The use of a national emergency to re-appropriate money for wall construction would be an unprecedented executive action sure to draw opposition not only from Democrats on Capitol Hill who see the project as wasteful spending, but also their Republican counterparts who spent years decrying perceived overreaches by President Barack Obama. They would be wary of a precedent that could permanently erode Congress' power of the purse.

But Trump's consideration of such an extraordinary step indicates that some in the White House see the gambit as the president's only way to salvage his wall pledge as the consequences of the shutdown amplify and talks with Democrats fail. The president reiterated that he had no interest in resurrecting a deal

that would trade wall funding for legal protections for undocumented children — one of the few issues that could move Democrats toward compromise.

Meanwhile, a series of political stunts - including the president's first appearance behind the White House briefing room lectern, flanked by supportive Border Patrol agents, and a televised Cabinet meeting lasting more than 100 minutes – have done little to generate legislative momentum for wall funding. And Democrats have

shown little interest in the "concession" offered by the administration for construction of a border barrier that uses steel rather than concrete. While the president thought such a design change could give Democrats some political cover, both he and White House chief of staff Mick Mulvaney made clear Sunday that their offer was simply a wall by a different name.

include in a compromise deal.

Democrats also appeared unmoved by the administration's repeated efforts to convince them that there is a crisis at the border. Trump conceded there was "not much headway made" after Homeland Security Secretary Kirstjen Nielsen briefed congressional staffers Saturday on the threat of crime and drugs posed by those entering the country illegally. And he pre-emptively predicted that little would come from a second round of talks Sunday afternoon.

Vice President Mike Pence, who is nominally leading the negotiations, has been frustrated by Democrats who say they would discuss further border security measures only if the administration endorsed their efforts to open unrelated government departments,

when asked what he'd

leverage Trump retained

"We'll call it something different," Trump said

according to the person familiar with administration discussions.

But Democrats see little reason to give in, believing that what little

made it clear he was disinclined to give Democrats any ground on helping young immigrants who were brought to the U.S. illegally as

"They have to do what they have to do," Trump said of the federal workers. "But many of those workers agree with me."

TALKS **FROM PAGE 1**

other technology. Trump wants Beijing to roll back initiatives like "Made in China 2025," which calls for the state-led creation of global competitors in such fields as robotics and artificial intelligence. American officials worry those might erode U.S. industrial leadership.

The ruling Communist Party is reluctant to give up initiatives it sees as a path to prosperity and global influence.

China's leaders have tried to defuse complaints by emphasizing the country's potential as an export market. They have announced a series of regulatory changes over the past year to increase foreign access to their auto, finance and other industries.

Some Chinese officials suggest the technology initiatives might be opened to foreign companies. But they have given no details,

leaving it unclear whether that will satisfy Washington.

Trump and Xi agreed to a 90day postponement of additional tariff increases to take effect Jan. 1. But economists say that is too little time to settle all the disputes that bedevil U.S.-Chinese relations. They say Beijing's goal probably is to show enough progress to persuade Trump to extend his deadline.

During that 90-day period, agreements "may not be reached until the last day," said Tu Xinquan, director of the China Institute for World Trade Organization Studies at the University of International Business and Economics in Beijing.

This week's talks will focus on technical details before higher-level leaders "make hard political decisions," Tu said.

In the longer term, the final tariffs might "remain for several years," Tu said. "I don't think it will proceed that fast. It must take time."

Cooling economic growth in both countries is turning up the pressure to reach a settlement.

Chinese growth fell to a post-global crisis low of 6.5 percent in the quarter ending in September. Auto sales tumbled 16 percent in November over a year earlier. Weak real estate sales are forcing developers to cut prices.

The U.S. economy grew at an annual rate of 3.4 percent in the third quarter, and unemployment is at a five-decade low. But surveys show consumer confidence is weakening because of concern that growth will slow this year.

Beijing has tried in vain to recruit France, Germany, South Korea and other governments as allies against Trump. They criticize his tactics but echo U.S. complaints about Chinese industrial policy and market barriers.

The European Union filed its own challenge in the World Trade Organization in June against

Chinese rules that the 28-nation trade bloc said hamper the ability of foreign companies to protect and profit from their own technology.

For their part, Chinese officials are unhappy with U.S. curbs on exports of "dual use" technology with possible military applications. They complain China's companies are treated unfairly in national security reviews of proposed corporate acquisitions, though almost all deals are approved unchanged.

Some manufacturers that serve the United States have shifted production to other countries to avoid Trump's tariffs.

UBS said Friday that 37 percent of 200 manufacturers surveyed by the bank have shifted out of China over the past 12 months. The threat of U.S. tariff hikes was the "dominating factor" for nearly half, while others moved because of higher costs or tighter environmental regulation.

"Most firms expect the trade war to escalate," the bank said.

Clinton and Jimmy Carter. Russia shut off all its gas supplies to Europe through Ukraine in a price and payment dispute; the cutoff lasted nearly two weeks.

Five years ago: Brutal polar air that made the Midwest shiver over the past few days spread to the East and the Deep South, shattering records that in some cases had stood for more than a century.

Today's birthdays

Magazine publisher Jann Wenner is 73. Singer Kenny Loggins is 71. Singer-songwriter Marshall Chapman is 70. Actress Erin Gray is 69. Actor Sammo Hung is 67. Actress Jodi Long is 65. Actor David Caruso is 63. Talk show host Katie Couric is 62. Country singer David Lee Murphy is 60. Rock musician Kathy Valentine is 60. Actor David Marciano is 59. Sen. John Thune, R-S.D., is 58. Actress Hallie Todd is 57. Sen. Rand Paul, R-Ky., is 56. Actor Nicolas Cage is 55. Singer-songwriter John Ondrasik(Five for Fighting) is 54. Actor Rex Lee is 50. Actor Doug E. Doug is 49. Actor Kevin Rahm is 48. Actor Jeremy Renner is 48. Country singer-musician John Rich is 45. Actor Dustin Diamond is 42. Actor Reggie Austin is 40. Singer-rapper Aloe Blacc is 40. Actress Lauren Cohan is 37. Actor Brett Dalton is 36. Actor Robert Ri'chard is 36. Actress Lyndsy Fonseca is 32. Actor Liam Aiken is 29. Actress Camryn Grimes is 29. Actor Max Morrow is 28. Actor Marcus Scribner is 19.

Bible verse

"The night is far spent, the day is at hand: let us therefore cast off the works of darkness, and let us put on the armour of light." — Romans 13:12.

The message of Christianity is an urgent one. Speed the light, share the gospel, "The night cometh when no man can work."

PARK FROM PAGE 1

subcommittee overseeing Interior appropriations, said Sunday that dipping into user fees was "not acceptable" in this situation, and likely violates the law.

Parks supporters called the administration's move misguided.

"Instead of working to reopen the federal government, the

administration is robbing money collected from entrance fees to operate our national parks during this shutdown," said Theresa Pierno, president and CEO for the National Parks Conservation Association. "For those parks that don't collect fees, they will now be in the position of competing for the same inadequate pot of money to protect their resources and visitors. Draining accounts dry is not the answer."



TLE W©RDS

SOLUTIONS

Seasonal affective disorder may respond to light therapy

DEAR DR. ROACH:

Would you write about seasonal affective disorder to help so many others who may be suffering with this, but don't even know it? I was diagnosed with clinical depression following a move from Southern California to Central Wisconsin. I took medication and had counseling, and after a couple of years was doing well. My doctor and I decided I could go off Prozac.

I did really well for a while, but then in the winter, I became depressed again. This time, the antidepressants did not help at all. In the spring, I read an article describing seasonal affective disorder, and recognized myself! I was so excited to learn more that I contacted my psychiatrist, who said he didn't really know much about it, but gave me a small article from a professional journal that included information about light therapy.

I bought a light box and have used it every year since then. Now I do not need antidepressants at all! I believe that this is something



Dr. Roach

many people are not aware of, and with the long winter nights coming on soon, it might be something that you would write about. Since I got my SAD lamp, the availability of high-quality therapeutic lights has definitely grown. I truly believe that light therapy saved my life. It has made the winters bearable. Every time I hear someone say, "I HATE winter," I ask if he or she has ever heard of SAD, and talk about mv experience. — T.M.H.

ANSWER: Seasonal affective disorder is a condition of recurrent mood disorders, especially major

depressive illness episodes, occurring in a particular season, usually winter.

Without treatment, symptoms often improve in spring or early summer. It is far more common than you might think — 0.5 percent to 3 percent of the population met criteria for this disorder in a well-done study.

Worse, 60 percent of people diagnosed with SAD have never been offered treatment for the condition.

What causes SAD is unknown. Theories include issues with circadian rhythms, relating to the decreasing amount of sunlight; changes in melatonin synthesis; and changes in the sensitivity of the retina to light.

Treatment for SAD may consist of light therapy, which worked well for you, but does not work as well for others; drug therapy, such as fluoxetine (Prozac) or bupropion (Wellbutrin); and talk therapy. These may be more effective when used in combination. In addition

to these primary therapies, careful attention to sleep and exercise are useful adjunct treatments. Light therapy can be done many

different ways. One well-studied method is bright light (10,000 lux, a measure of brightness) for a halfhour each day beginning 10 minutes after awakening. Other studies have shown good results with less-intense light (2,500 lux) for longer periods (two hours). Finally, simulating dawn with gradually increasing light has been effective in several trials. As always, finding an experienced mental health professional is likely to result in better outcomes. SAD is sufficiently well-known now, at least by most mental health specialists, so finding an expert will be much easier than it was years ago.

A few people have the opposite pattern of SAD, having depression or mania during the summer. Light therapy is not effective in these cases. In fact, limiting sunlight during the day and keeping cool at night may help.

Find the 7 words to match the 7 clues. The numbers in parentheses a represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES

- 1 people who are hurt (7)
- 2 promotional phrases (7)
- 3 vegetable oil spread (4)
- 4 bodybuilder's focus (8)
- 5 backpacker's lodging, often (6)
- 6 spot for thoughts or doodles (8)
- **7** showed for the first time (9)

UND	WO	SLO	EO	NS
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RED	TEL	TEB	IQ	OL

Saturday's Answers: 1. TASHKENT 2. VICUNA 3. MANURE 4. INDIUM 5. FARFETCHED 6. TRICKY 7. TRASTEVERE 1/7

Challenger

DIRECTIONS: Fill each square with a number, one through nine. Horizontal squares should add to the totals on right. Vertical squares should add to the totals on bottom. Diagonal squares through center should add to total in upper and lower right. 1-7 15 THERE MAY BE MORE THAN ONE SOLUTION. 35 8 Today's Challenge 1 17 Time 4 Minutes 9 1 0 Seconds Your Working 17 7 Time Minutes 28 21 20 19 11 Seconds © 2019 by King Features Syndicate, Inc. World rights re 14 з 1 з 1 8 Saturday's 5 з 2 -1 11 Challenger 8

MARMADUKE By Brad Anderson

Answers



Homebody would rather skip weekly get-togethers

DEAR ABBY: I have a routine I stick to which keeps my priorities in check. I get done with work, go home, have dinner, work out and spend quality time with my puppy. Lately, people keep inviting me to weeknight happy hours and get-togethers, but more often than not, I don't want to go.

I'm conflicted because I feel obligated to go and be a "good friend," but if I do, I'm left feeling resentful because my routine has been interrupted. Please help. — Time For Myself In The East

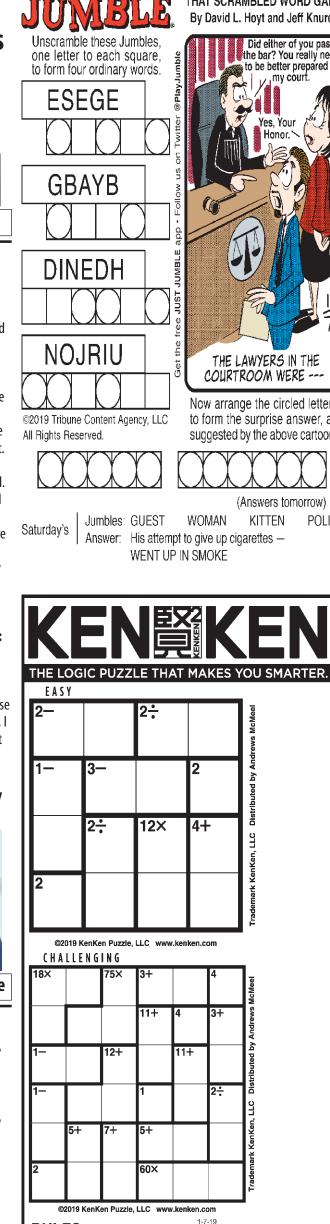
DEAR TIME: Do not socially isolate yourself completely. Explain to your close friends and colleagues that you need your routine in order to function your best, which is why, although you would like to, you are unable to accept all the invitations you are being offered. Then pick and choose so you join them once or twice a month, and they won't think you don't like them — particularly your colleagues. DEAR ABBY: A couple of years ago, I gave a friend a nice birthday gift that was for the whole family. It was a one-of-a-



Dear Abby

kind item I thought they would really enjoy. I had researched and read up on it and then had the piece custom designed. They said they loved the item when it arrived, but I have never seen them use it. When I ask where it is, they tell me it's still wrapped up in a box under the bed because they don't have room for it. I believe it, because their apartment is very crowded.

Would it be OK to ask if I could buy it back? I would like to have it since they are not using it. I am willing to pay whatever price they would feel comfortable with. — Not Sure In New York



By David L. Hoyt and Jeff Knurek Did either of you pass the bar? You really need to be better prepared in my court. THE LAWYERS IN THE COURTROOM WERE ---Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon. (Answers tomorrow) POLISH

THAT SCRAMBLED WORD GAME

DEAR NOT SURE:

Not knowing your friends, I can't predict what their reaction to your proposal would be. However, because the item is not being used, I don't think it would be out of line to ask the question.

Too much yard art is ugly

Dear Readers:

Today's SOUND OFF is about people who have too much "yard art":

"Dear Heloise: Two neighbors across the street from me have far too much art in their yards. They seem to think it's cute to have every concrete figurine they can find sitting in the front yard. Another neighbor has a gnome village in her front yard, complete with fake shrubs and bridges. They hang all sorts of spinning things from the trees and have pathways leading to nowhere. Too much yard art ruins the look of any house and yard." — Pam in San Antonio

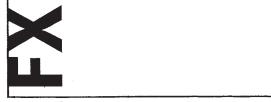


Hints from Heloise

Well, readers, do any of you have neighbors who love decorating their yard? — Heloise

Dear Heloise: We have plants sitting on tall cabinets at the office. They look great, but they are hard to water. So we use a turkey baster. — Verna T., Rosemount, Minn.





SOLUTION

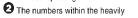
Side effects

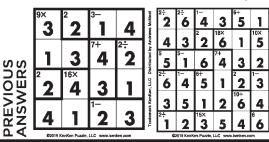
RULES

vithout repeating

outlined boxes, called cages, must • Each row and each column must combine using the given operation (in any order) to produce the target contain the numbers 1 through 4 (easy) or 1 through 6 (challenging) numbers in the top-left corners. S Freebies: Fill in single-box cages with

the number in the top-left corner.





"That big dog you say is so tricky is about to meet his match.'

Cryptoquip © 2011 by King Features Syndicate 1-7 HCSU Η WSUDDJ Y U R S ΖT NYUP PT CT NHPY PYHF RSWJ EHZSWUD. HP'F YUWC U KTWMZCME KTZMZCWME. Saturday's Cryptoquip: WHAT IS SOMETHING THAT MAGAZINE AND NEWSPAPER EDITORS LIKE TO DO? MAKE PERIODICAL CHANGES. Today's Cryptoquip Clue: W equals R WORD **THINGS WE** SERVE O V S Q N K I F D H D A X V T YRATILIMIQCOMJH OTFECAAYNWUNRPN U L I N T Y J N N H F D U B Z R S T N (VOL L E Y B A L L) X S V T I U T R I R O Q O M K S EIHSRMFEMDPBZRY LWVBEWMTMARBEQO FNLAKUAOIIFHUHF D C A L Z X G W C V T F O S U S R Q L L A B G N O P G N I P Saturday's unlisted clue: APPLE Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Monday's unlisted clue hint:— SERVE ICE CREAM Ping-Pong ball A writ Guests Time Vollevball Community Lunch Subpoena Military Теа Yourself Dinner Family Tennis ball Others ©2019 King Features, Inc 1/7

HOROSCOPE

E/N/C

ARIES (March 21-April 19). Most people will seek knowledge on topics they enjoy, but it's the people who also take the time to learn about topics they don't agree with who will build the most empathy, awareness and character. TAURUS (April 20-May 20). Those who try hard to impress you may be earnest,

honest, excited people, or they may be accidentally showing you a signal that they are inexperienced and eager to gain some experience on your dime. Either way might work just fine.

GEMINI (May 21-June 21). Your support system is one of mutuality. Right now, you're so needed that you don't get to be needy. It feels good to test your strength. though, especially because you're finding out that you're stronger than you thought. CANCER (June 22-July 22). Nothing boosts your ego today like the feeling of being useful to others. Of course, it helps if they let you know how much of a difference you make, but the appreciation, if you get it, is only the cherry on top. LEO (July 23-Aug. 22). You're sensitive now, which makes your ride down the

road of life a little more exciting than it has been lately. The speed bumps feel like mountains, the potholes like valleys. VIRGO (Aug. 23-Sept. 22). The main action centers around the best kind of dilemma — the kind that's pretty easily solved once you put your mind to it. Note that you don't need to buy anything extra to do this. You already have all you need. LIBRA (Sept. 23-Oct. 23). You'll do many of the same things you've been doing, but you'll have a breakthrough with your approach that makes the action easier, more loving and more efficient, too. SCORPIO (Oct. 24-Nov. 21). When you include others in your plans, you increase the energy flowing through your life. This "inclusion" could be as simple as telling them what you're doing so they might ask about it later. Publicity keeps you

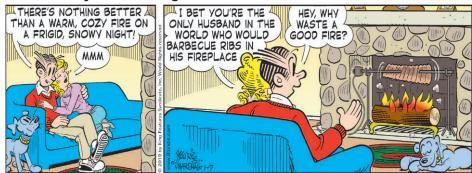
accountable. SAGITTARIUS (Nov. 22-Dec. 21). The visionary cannot see the future that exists, because the future doesn't exist until the visionary imagines it and begins building toward that vision. CAPRICORN (Dec. 22-Jan. 19). There are

many currencies beyond money. Money is not even the stablest currency to deal

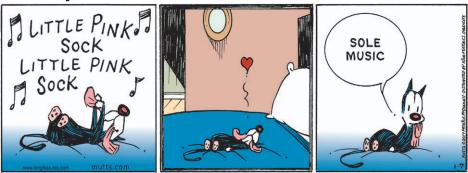
BORN LOSER By Art and Chip Sansom



BLONDIE By Dean Young and John Marshall



MUTTS By Patrick McDonnell



BABY BLUES By Rick Kirkman and Jerry Scott



in, as all of its value is assigned and can therefore be easily lessened — unlike emotional currencies, which hold their own.

AQUARIUS (Jan. 20-Feb. 18). If you don't celebrate your accomplishments, you will be demotivated to do more. So this is not the step to skip. That said, the celebration needn't be big. One ritual might be enough to bolster your joy and self-appreciation.

PISCES (Feb. 19-March 20). Knowing what you do about the uplifting power of generosity, and its beneficial effects on the giver, letting someone serve you might be the best way to help someone feel good today.

TODAY'S BIRTHDAY (Jan. 7). Suddenly, it seems that everyone is thinking absolutely too small. It's because this birthday augments your estimation of your own ability and your understanding of what's possible. This new, bigger vision represents the most accurate sense of scale you've used. You'll manage, and then you'll definitely sustain, and then you'll surpass all expectation. Leo and Gemini adore vou. Your lucky numbers are: 8, 10, 3, 33, and 27.

Monday, January 7, 2019

GOREN BRIDGE

WITH BOB JONES

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WEEKLY BRIDGE QUIZ ANSWERS

Q 1 - Neither vulnerable, as South, you hold:

A A 2 \heartsuit Q J \diamondsuit A 8 7 5 2 ***** A Q 8 7

As dealer, what call would you make?

A - We would not open 1NT because our two suits should be easy to bid out. Bid 1D.

Q 2 - North-South vulnerable, as South, you hold:

▲ A 8 ♥ J 10 8 5 4 3 ◊ 8 3 2 **♣** A 6

WEST NORTH EAST SOUTH 1♣ 1◇ 1NT ? What call would you make?

A - If you knew for certain whether to lead a heart or a diamond, you should probably pass. You don't know, so get in there! Bid 2H.

Q 3 - East-West vulnerable, as South, you hold:

▲ A K 10 7 2 ♥ Q J 7 ♦ 10 9 8 7 **♣** Q

As dealer, what call would you make?

A - Singleton honors can be tricky to evaluate. It has no distributional value yet, but a queen is still a queen. Open 1S.

Q 4 - Both vulnerable, as South, you hold:

▲ A 9 8 7 6 4 ♥ A Q ♦ 8 7 5 **♣** 6 4

As dealer, what call would you make?

A - Ace-queen, ace is too much defense for a pre-empt. Choose between pass and 1S. We like 1S.

Q 5 - North-South vulnerable, as South, you hold:

▲ K J ♡ J 9 8 3 2 ◊ K 8 2 **♣** K Q 4

Right-hand opponent opens 1S. What call would you make?

A - Don't overcall on a bad suit when you have a good alternative. Double.

Q6 - East-West vulnerable, as South, you hold:

▲ K 6 4 2 ♥ 4 ♦ A Q 10 7 **♣** A Q 8 5

SOUTH	WEST	NORTH	EAST
1\$	Pass	1♡	Pass
1	Pass	2**	Pass
9			

*Artificial, fourth-suit forcing

What call would you make?

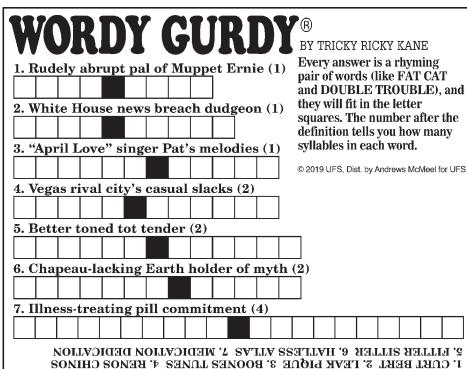
A - Partner's bid is artificial, but your most descriptive call is still a raise. Bid 3C.

JANRIC CLASSIC SUDOKU

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process elimination to solve the puzzle. The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).

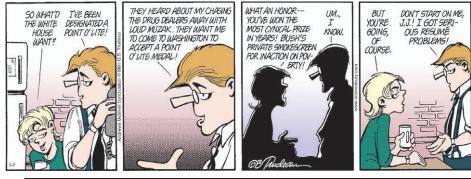
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	7	9	6	2	5	1	8	3	4
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	5	8	9	7	1	2	4	6	3
	2	6	3	4	8	5	7	9	1



SHEWSNERS

DOONSBURY By Garry Trudeau



TODAY'S CROSSWORD PUZZLE

PREVIOUS PUZZLE SOLVED

1-7-19

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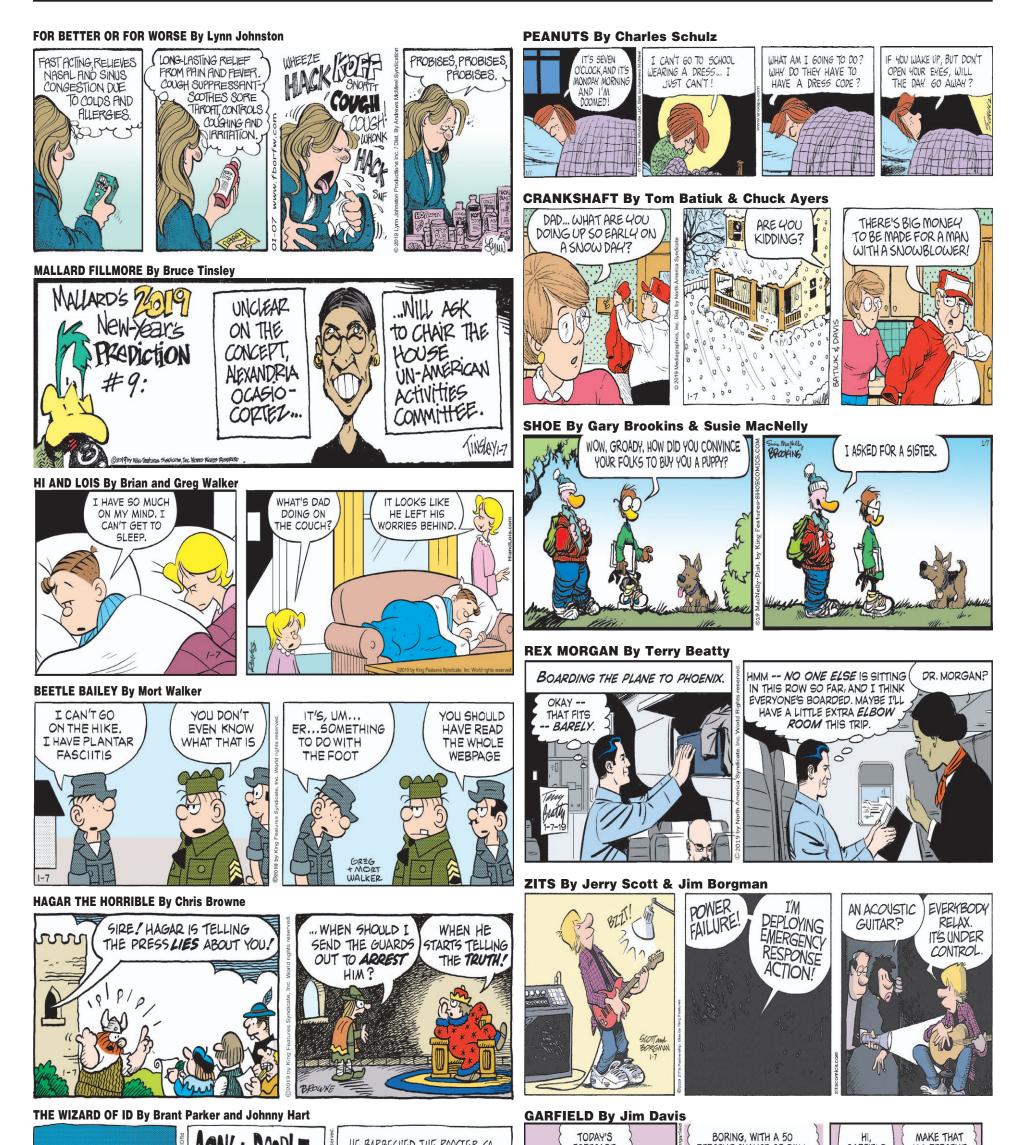
1-7-19 © 2019 UFS, Dist. by Andrews McMeel for UFS

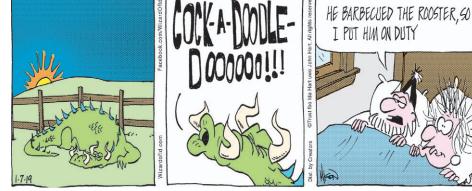
31 Phillips University town	52 Shudder 53 Say
33 Flower wreaths	55 Made a wrong
35 Island near	move
Kauai	57 Barter
36 Small bird	59 Company
37 Uncool one	emblem
40 Ways out	60 Mild rejoinder
41 Bumpkins	61 — Gilbert from
44 Least fresh	"The Talk"
47 Musical	64 Big Ten sch.
compositions	-
49 Big Band —	
50 Improves upon	
51 Scour	

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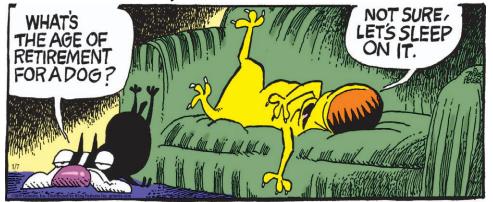
Want more puzzles? Check out the "Just Right Crossword Puzzles" books at QuillDriverBooks.com

Page 7





MOTHER GOOSE AND GRIMM By Mike Peters



WHY AM I HERE ?

THERE MUST BE

A REASON.

FOR WHAT PURPOSE?

ARE YOU TALKING ABOUT THE MEAN-

ING OF EXISTENCE

OR THE NATURE OF REALITY?



NON SEQUITUR By Wiley



MARY WORTH By Karen Moy and June Brigman



B.C. By Mastroianni & Hart

PICKLES By Brian Crane

EARL, WHAT ARE

YOU DOING?



NO, I'M WONDERING

WHY I CAME INTO

THE KITCHEN.

DILBERT By Scott Adams

IT MIGHT

TAKE FIVE

MINUTES,

TOPS.

WHAT?

ENTERTAINMENT NEWS 'Aquaman' continues reign, but 'Escape Room' sneaks into 2nd

By LINDSEY BAHR AP FILM WRITER

LOS ANGELES — "Aquaman" is still the champ at the box office three weeks in, but the high-concept thriller "Escape Room" also drew some substantial crowds in its debut weekend.

Warner Bros. on Sunday says that "Aquaman" has added an estimated \$30.7 million from over 4,000 North American theaters. That brings its domestic grosses to nearly \$260 million. The DC comics film starring Jason Momoa has had a tidal wave of successes internationally too.

Worldwide it has made \$940.7 million, making it by far the highest grossing film in the modern DC Extended Universe slate (No. 2 is "Batman v Superman: Dawn of Justice with \$873.6 million).

Even with the slew of holiday releases, from blockbusters to awards darlings, Sony's PG-13 rated thriller "Escape Room" managed to sneak into second place in its first weekend in theaters generating an estimated \$18 million in ticket sales — double its production budget.

The film stars Taylor Russell, Deborah Ann Woll and Logan Miller and was directed by Adam Robitel. It got mixed reviews from critics and audiences, but that didn't seem to matter when it came down to the bottom line.

"Movies that open in the early part of January don't get a lot of respect, but this was a great profit maker," said Comscore senior media analyst Paul

Dergarabedian. "Sony took perfect advantage of what is typically a marketplace devoid of newcomers and made box office hay out of it."

Disney's "Mary Poppins Returns" landed in third place in its third weekend with \$15.8 million. The nostalgic musical has earned \$138.7 million domestically and is competing for four Golden Globe Awards Sunday evening. Globally, it's made \$257.9 million.

"Spider-Man: Into the Spider-Verse" took fourth place with \$13 million and "Bumblebee" rounded out the top five with \$12.8 million.

The Dick Cheney biopic "Vice" fell only 25 percent in its second weekend, adding \$5.8 million to take seventh place. A leading nominee at the Golden Globes, "Vice," starring Christian Bale as the former Vice President, has now earned \$29.8 million, but still has an uphill climb to even meet its \$60 million production budget.

In limited release, the Ruth Bader Ginsburg biopic "On the Basis of Sex" continued to perform well, with \$1.7 million from 112 locations, before expanding nationwide next weekend. And the Bollywood film "Simmba," playing in 292 locations, grossed \$1 million, bringing its North American total to \$4.1 million.

Six days into the new year and coming off of a record 2018, the box office overall is running a little behind (5 percent) where the totals were last year, when "Star Wars: The Last Jedi" and "Jumanji: Welcome to the Jungle" were

SONY PICTURES VIA AP

This image shows Deborah Ann Woll, clockwise from left, Taylor Russell, Jay Ellis, Logan Miller and Nick Dodani in "Escape Room."

still printing money. But that could all change when "Glass" opens on Jan. 18. The M. Night Shyamalan film could be a January record-breaker.

Estimated ticket sales for Friday through Sunday at U.S. and Canadian theaters, according to Comscore. Where available, the latest international numbers for Friday through Sunday are also included. Final domestic figures will be released Monday.

1."Aquaman," \$30.7 million (\$56.2 million international). 2."Escape Room," \$18 million.

3."Mary Poppins Returns," \$15.8 million (\$23 million international).

4."Spider-Man: Into the Spider-Verse," \$13 million (\$11.7 million international) 5."Bumblebee," \$12.8 million

(\$82.7 million international). 6."The Mule," \$9 million.

7."Vice," \$5.8 million (\$1.3 million international).

Stars returned to looks in color on the Golden Globes carpet

Last year many celebs wore black in solidarity

otherwise known as People's sexiest man alive and dad of Golden Globes ambassador Isan, went tieless but was stunning nonetheless in a jade green tuxedo jacket and vest.



8."Second Act," \$4.9 million (\$1.4 million international). 9."Ralph Break the Internet," \$4.7 million (\$25 million international). 10."Holmes and Watson," \$3.4 million (\$1.7 million international).

PUBLISHERS WEEKLY BEST-SELLERS

Best-selling Books Week Ending 12/29/18

TOP 25 BESTSELLERS

1. "Becoming" by Michelle Obama (Crown)

2. "Brawl of the Wild (Dog Man ?6)" by Dav Pilkey (Graphix)

3. "The Meltdown (Diary of a Wimpy Kid ?13)" by Jeff Kinney (Amulet)



By LEANNE ITALIE ASSOCIATED PRESS

Fashion returned to the Golden Globes on Sunday in shades of green, red, yellow and sparkly gold after last year's show of #MeToo solidarity that turned the carpet black. And then there was Lady Gaga, a work of baby blue from head to toe.

Gaga, always fearless fashion-wise, went for volume in blue couture Valentino with a dropdead gorgeous Tiffany diamond necklace, while other celebrities decided on Old Hollywood silhouettes.

Amy Adams wore a body hugging custom teal Calvin Klein long-sleeve number that left her shoulders bare. Nominee Rachel Brosnahan donned mustardy yellow and Sandra oh wore draped and gently bedazzled white, all in classic cuts.

The guys were a mix as well. Nominee Darren Criss wore a Dior jacket with small pink petals on black. Idris Elba,

Elsie Fisher, the 15-year-old star of "Eighth Grade," was perfect young Hollywood in a belted red velvet suit by Kenzo, her hair in a back bun.

The evening's co-host and a nominee herself, Sandra Oh, led things off in an Old Hollywood bob, styled to one side, and red lip. Her gown had an asymmetrical neckline as she posed with her evening's hosting partner, Andy Samberg, and a couple of her "Killing Eve" co-stars. She stacked diamond bracelets on her

AP PHOTOS

Idris Elba, left, and his daughter Isan Elba arrive at the 76th annual Golden Globe Awards.

left wrist.

Alison Brie went ethereal in a barely blue custom Vera Wang. It was sheer but edgy with a black bralette underneath. In gold: Lucy Boynton of "Bohemian Rhapsody" in all-over sparkle and plunging

neckline and Kristin Cavallari in a more revealing look with long sleeves that fell, oddly, well over both hands.

Rosamund Pike and Sofia Carson went for black-and-white looks. Pike's had cut-outs at the hip.



Connie Britton

LOS ANGELES TIMES

Ratings by the Motion Picture Association of America are: (G) for general audiences; (PG) parental guidance urged because of material possibly unsuitable for children; (PG-13) parents are strongly cautioned to give quidance for attendance of children younger than 13; [®] restricted, younger than 17 admitted only with parent or adult quardian; (NC-17) no one 17 and younger admitted.



Indya Moore



Emmy Rossum

Heidi Klum

4. "Girl, Wash Your Face" by Rachel Hollis (Thomas Nelson)

5. "Homebody" by Joanna Gaines (Harper Design)

6. "The Reckoning" by John Grisham (Doubleday)

7. "The Point of it All" by Charles Krauthammer (Crown Forum)

8. "The Night Before Christmas" by Moore/Birmingham (Running Press)

9. "The Wonky Donkey" by Craig Smith (Scholastic)

10. "Educated" by Tara Westover (Random House)

11. "Fire & Blood" by George R.R. Martin (Bantam)

12. "Magnolia Table" by Joanna Gaines (Morrow)

13. "The Tatooist of Auschwitz" by Heather Morris (Harper)

14. "The Hive Queen" by Tui T. Sutherland (Scholastic Press)

15. "You Are a Badass" by Jen Sincero (Running)

16. "Lord of the Fleas (Dog Man ?5)" by Dav Pilkey (Graphix)

17. "Every Breath" by Nicholas Sparks (Grand Central Publishing)

18. "Fantastic Beasts: The Crimes of Grindelwald" by J.K. Rowling (Scholastic/Levine)

19. "Target: Alex Cross" by James Patterson (Little, Brown)

20. "Killing the SS" by O'Reilly/Dugard (Henry Holt & Co.)

21. "A Dog's Way Home (movie tie-in)" by W. Bruce Cameron (Forge)

22. "Cravings: Hungry for More" by Chrissy Teigen (Clarkson Potter)

23. "Little Blue Truck's Christmas" by Schertle/McElmurry (HMH)

24. "Salt, Fat, Acid, Heat" by Samin Nosrat (Simon & Schuster)

25. "The Polar Express (anniv. ed.)" by Chris Van Allsburg (HMH)

a series of deadly traps. With Taylor Russell, Logan Miller, Deborah Ann Woll, Jay Ellis, Tyler Labine. Written by Bragi Schut and Maria Melnik; story by Schut. Directed by Adam Robitel. (1:40) PG-13.

"State Like Sleep" — A Belgian actor's widow delves into his secret life after his suicide. With Katherine Waterston, Michael Shannon, Luke Evans, Michiel Huisman, Mary Kay Place. Written and directed by Meredith Danluck. (1:44) NR.

Movie guide: Capsule listings

OPENING THIS WEEK

"Being Rose" — A terminally ill former police officer takes a road trip alone and meets an old cowboy. With Cybill Shepherd, James Brolin, Pam Grier. Written and directed by Rod McCall. (1:25) NR.

"Communion" — A Polish teen copes with her dysfunctional family while helping her autistic brother prepare for his first

communion in Anna Zamecka's documentary. In Polish with English subtitles. (1:12)

"Escape Room" — Six strangers must use their wits to extricate themselves from

Sports



Sentry Tournament of Champions

Gary Woodland owned a 3-shot lead heading into the final round. For the full story, see yoursun.com

Monday, January 7, 2019

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PREP SPORTS: Cross-Country Boys Runner of the Year

Encouraged and driven, Perez sets the pace



SUN PHOTO BY BEN BAUGH

Port Charlotte's John Perez, who placed first in districts, is the Charlotte Sun's All-Area Boys Cross-Country Runner of the Year.

By BEN BAUGH Sports Editor

A little success can go a long way.

It was while in middle school, in the 8th grade that Port Charlotte's John Perez enjoyed some success, served as the impetus to go on to greater challenges. The Pirate senior is the Charlotte Sun Boys' Cross-Country Runner of the Year. Perez placed first at Districts, eighth at Regionals and 21st at States. Perez also qualified for States as a junior.

"I kind of ran 5 Ks every once in a while," said Perez. "(In 8th grade) I ran the 800, and I was supposed to run the mile, and at the last second, the coach said, 'I think you would be better in the 800.' And I ended up winning."

That positive experience helped launch an interscholastic career, one where Perez would evolve into an elite runner.

"I said, 'I guess I'll go out and try cross-country to help me prepare for track in high school,' and I ended up really liking it," said Perez.

Several upper classmen encouraged Perez, providing him with a more defined objective, serving as the catalyst to be the best he could be, keeping a larger goal in mind. Crosscountry would allow him to direct his energies toward a greater purpose.

"I was like, 'Let me try it out and see if I can be successful or not," said Perez. "When a couple of other runners said, you can get scholarships and it'll help you go to college, that's when I started to implement the work part of it."

Hayden Wilder and Michael Balseca were the upper classmen who played a role in influencing Perez to pursue the sport, recognizing his promise and potential.

"I made varsity freshman year, and a couple of races in, I got moved up," said Perez. "I started to see how big the competition was and how much I had to work to be a top runner."

However, Perez dedicated himself to the discipline and it's

PEREZ | 3

■ NFC WILD CARD: Philadelphia 16, Chicago 15

Missed field goal by Bears sends Eagles to New Orleans

CHICAGO (AP) — Nick Foles hit Golden Tate with a 2-yard touchdown pass on fourth down with 56 seconds remaining against the NFL's stingiest defense, lifting the Philadelphia Eagles past the Chicago Bears 16-15 on Sunday in the final wild-card game.

Former Eagles kicker Cody Parkey hit the left upright and then the crossbar with a fieldgoal attempt from 43 yards with 10 seconds remaining, silencing the raucous crowd.

The defending league champion Eagles (10-7) squeezed into the playoffs by beating Washington and having the Super Bowl MVP last February, hit six passes. Philly plays at New Orleans (13-3) next

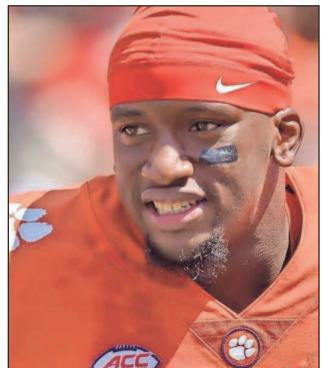
Sunday. No team has repeated as Super Bowl champion since New England in 2004, and the Eagles are a sixth seed. The last sixth seed to win the NFL title was Green Bay in the 2010 season.

But these Eagles, led by Foles and a defense down to backups at several positions, seem to have that magical touch like last season.

It was a sizzling ending to a game marked by superior defense and several critical mistakes by the Eagles. They had to survive after Tarik Cohen, an All-Pro punt returner, took back the kickoff following Philly's go-ahead score 35 yards.



Prospects to watch in Playoff



the Bears (12-5) help them by knocking off Minnesota in the season finale. Philadelphia thanked its benefactor with a 12-play, 60-yard drive on which Foles,

AP PHOTO

By DAVID GINSBURG

AP SPORTS WRITER

BALTIMORE — The Los

Lamar Jackson grounded,

and by the time the rookie

Michael Badgley kicked

Angeles Chargers kept

got the passing game

going it was too late for

five field goals, and Los

hounded Jackson during

a 23-17 victory Sunday in

the opening round of the

The Chargers (13-4) will

next face the second-seed-

(11-5) on the road Sunday.

two games during a single

postseason in 2007, when

Badgley set a franchise

record for field goals in a

playoff game. He connect-

ed from 21, 53, 40, 34 and

The Chargers built a

the franchise was in San

ed New England Patriots

The Chargers last won

Angeles harassed and

NFL playoffs.

the Baltimore Ravens.

So yards.
 Chicago Bears kicker Cody Parkey watches as he misses a field goal in the final minute of the NFC wild-card playoff game against the Philadelphia Eagles Sunday. The Eagles won 16-15.

■AFC WILD CARD: Los Angeles 23, Baltimore 17

Ravens giveth, Chargers taketh Jackson sacked seven times, fumbles three times



AP PHOTO

Baltimore Ravens rookie quarterback Lamar Jackson is sacked by Los Angeles Chargers defensive end Melvin Ingram. Jackson was sacked seven times and threw an interception.



AP PHOTO

Clemson defensive end Clelin Ferrell, a potential top 10 draft pick who Tampa Bay may consider, recorded 11.5 sacks in 2018.

By THOMAS BASSINGER TAMPA BAY TIMES

The saddest NFL news of the past week was the Raiders' hiring of draft analyst Mike Mayock to be their general manager.

Good for Mayock; bad for sportswriters like me who seek out his insight and expertise on college prospects.

With Mayock gone and the Buccaneers deep into their search for a new coach, I'm feeling my way through the dark on the college game more than ever before. So let's dispel the notion that I'm any kind of expert on this April's draft or Monday's national championship game between Alabama and Clemson. The extent of my knowledge is basically that Dabo Saban is a darn good football coach.

There are a handful of players I'm eager to learn about, though, especially from a Bucs perspective. Here are the names I'll be keeping tabs on:

Gerald McCoy 2.0 The Bucs defensive tackle is due \$13 million next season, but none of that is guaranteed. Though McCoy's still a productive player — his 38 pressures were second most on the defense — Tampa Bay might feel his salary exceeds his value to the team and could put him on the trade block or outright release him. If it does, there are a couple of defensive tackles who might be suitable replacements. One of them is Alabama's Quinnen Williams (No. 92).

Chances are Williams will be gone by the time the Bucs pick at No. 5 and could even go first overall to the Cardinals. It's doubtful he slips past the Raiders at No. 4. Oakland sorely missed Khalil Mack this season, generating pressure only once out of every five pass plays — by far the league's lowest rate.

One thing I've noticed from watching cutups of Williams is how quick he is off the snap. Sound familiar? He can get in the backfield in a hurry, as evidenced by his eight sacks and 18 tackles for loss this season.

• • •

Help wanted (again), Part I

As has been the case since forever — give or take a few years — the

BUCS 6

INDEX | Lottery 2 | NHL 2 | Local 3 | Colleges 4, 7 | Tennis 4 | MLB 4 | Scoreboard 5 | NFL 6 | NBA 6 | Golf 8 | Weather 8

Diego.

47 vards.

23-3 lead in the fourth
CHARGERS | 6

Florida Lottery

www.flalottery.com

0-2
6-8
3-9
1-3
1-8
4-3

PICK 3

Jan. 6N	8-5-5
Jan. 6D	9-4-7
Jan. 5N	3-9-8
Jan. 5D	8-2-4
Jan. 4N	1-3-5
Jan. 4D	9-8-7

D-Day, N-Night

PICK 4

Jan. 6N	0-7-4-1
Jan. 6D	5-3-7-3
Jan. 5N	9-5-1-8
Jan. 5D	4-4-4-9
Jan. 4N	5-5-8-4
Jan. 4D	7-1-0-5
D-Day, N-Night	

PICK 5

Jan. 6N	7-8-7-0-7
Jan. 6D	2-6-7-1-7
Jan. 5N	6-7-4-9-0
Jan. 5D	4-9-4-9-7
Jan. 4N	9-8-3-3-2
Jan. 4D	5-9-2-5-7
D-Day, N-Night	

FANTASY 5

Jan. 6	Late
Jan. 5	2-14-24-33-34
Jan. 4	4-19-24-26-34
PAYOFF FO	R JAN. 5
3 5-digit winners	\$77,430.56
4 4-digit winners	\$128.50
8,828 3-digit winner	rs\$11.50

CASH FOR LIFE

Jan. 3	5-9-25-33-55
Cash Ball	2
••	•
Dec. 31	. 18-28-39-46-54
Cash Ball	2
PAYOFF FO	R JAN. 3
0 5-5 CB	\$1,000/Day
0 5-5	\$1,000/Week
2 4-5 CB	\$2,500
9 4-5	\$500

LUCKY MONEY

Jan. 4 19-25-43-44

NHL ROUNDUP

Hurricanes top Senators for 4th straight win

OTTAWA, Ontario (AP) — Justin Faulk and Brock McGinn each had a goal and an assist and the Carolina Hurricanes won their fourth straight game, topping the Ottawa Senators 5-4 on Sunday.

Justin Williams broke a 4-4 tie with a power-play goal at 7:34 of the third period for Carolina.

One minute later, Williams nearly scored again but he was robbed with a great glove save from Andres Nilsson, who came on in relief of starter Marcus Hogberg in the second period.

Jaccob Slavin and Dougie Hamilton also scored for the Hurricanes, who got a 27-save performance from Petr Mrazek. Jean-Gabriel Pageau

tied the game 4-4 in his return to Ottawa's lineup after missing the entire season so far with a torn Achilles.

Rudolfs Balcers scored his first NHL goal in his second career game as the Senators had their losing skid stretch to eight games. Matt Duchene and Ryan Dzingel also scored.

Hogberg started in goal for the Senators and allowed three goals on 16 shots. Nilsson turned aside 11 of the 13 shots he faced.

The Hurricanes had a ferocious start to the game scoring on two of their first three shots less than five minutes into the game.

Faulk opened the scoring with a power-play goal at 1:12 of the first period with a point shot that beat Hogberg. Then, at 4:28, McGinn scored a short-handed goal as he slid a backhand through Hogberg's legs on a breakaway.

Ottawa broke through at 2:32 of the second period when Duchene beat Mrazek from in tight after a cross-crease pass from Bobby Ryan. The Hurricanes

regained their twogoal lead and knocked Hogberg from the Ottawa goal at the same time as Slavin scored at 6:13 with a slap shot.

The Senators got that one back at 12:17 on a power play as Dzingel beat Mrazek with a backhand, but at 14:54 Hamilton beat Nilsson to put the Hurricanes up 4-2. It was just the second shot Nilsson had faced.

Then came the final-minute goal run as Balcers tallied at 19:12 and Pageau scored 8 seconds later to tie the game 4-4 heading to the third.

Coyotes 5, **Rangers 0**

In the opener of their three-game Western road trip Friday night in Colorado, the Rangers took 10 penalties, and that was easy to point to as the biggest reason why they lost by five goals.

Sunday afternoon in Arizona, they cut down the number of penalties, but they still lost big, dropping a 5-0 decision to the struggling Coyotes at the Gila River Arena as Henrik Lundqvist got pulled from the net for the second straight start. Lundqvist, who sat out Friday's game after getting pulled in the third period of the 7-2 loss to the Pittsburgh Penguins, stopped 27 of 32 shots before being replaced by Alexandar Georgiev after allowing the fifth goal at 16:38 of the second.

In contrast to Friday, when they had to kill three penalties in the opening period against the Avalanche, including a five-minute major for boarding given to Cody McLeod, the Rangers only had one first period penalty on Sunday, when Brendan Smith was sent off for an elbowing infraction at 6:37. The Coyotes scored on the ensuing



AP PHOTO

Carolina Hurricanes' Justin Williams screens and deflects the puck past Ottawa Senators goalie Anders Nilsson during third-period play in Ottawa, Ontario, Sunday.

power play, though, on a net front deflection by Conor Garland at 7:19. They added a second goal, by Mario Kempe, two minutes later.

The Coyotes added three goals in the second period — a second net front deflection by Garland, a wrister between the pads by Clayton Keller, and a rebound jam-in off a shot attempt that Lundqvist couldn't snare in his catching glove. It was after that goal where Rangers coach David Ouinn pulled the plug on Lundqvist (12-11-7).

Capitals 3, **Red Wings 2**

On another fruitless night for their power play, the Washington Capitals needed scoring from some unlikely sources.

Michal Kempny and Travis Boyd scored in the third period, and the Capitals snapped their three-game losing streak with a 3-2 victory over the Detroit Red Wings on Sunday night. Kempny's winner came with 3:52 remaining. It was his fifth

goal of the season, and Boyd scored his fourth. Tom Wilson also scored for the Capitals, who improved to 9-0-2 in their last 11 games against Detroit. Anthony Mantha and Filip Hronek scored for the Red Wings.

The Capitals trailed 2-1 heading into the final period, but Boyd tied it off a pass from Alex Ovechkin.Kempny's winner came on a wrist shot from the blue line that sailed through traffic and past Howard. The shot appeared to take a deflection off Detroit's Tyler Bertuzzi, who was trying to pressure Kempny.

The Capitals won the Stanley Cup last season on the strength of a dynamic power play, but that unit is now 1 for 31 over the past 10 games after four more empty opportunities Sunday. Detroit wasn't any better, though. The Red Wings were 0 for 3 and were unable to convert after T.J. Oshie took a penalty with 2:47 left in regulation.

Detroit is 1 for 20 on the power play in its past eight games.

Jets 5, Stars 1

Kyle Connor ended a 10-game pointless streak with a goal to help the Winnipeg Jets beat the Dallas Stars 5-1 on Sunday.

Adam Lowry, Tyler Myers, Bryan Little and Josh Morrissey, with an empty-net goal, also scored. Morrissey added an assist, Jacob Trouba had two, and Connor Hellebuyck made 26 saves. The Jets rebounded from a 4-0 loss to Pittsburgh on Friday night.

Alexander Radulov had a power-play goal for the Stars. They lost for the first time in regulation in their last six games (4-1-1).

After Lowry was called for goaltender interference, John Klingberg's shot from the point went in off Radulov at 1:56 of the second.

Tyler Seguin was credited with the second assist for his 300th NHL assist. He extended his points streak to five games, with four goals and three assists.

Lucky Ball	17
•••	
Jan. 1	12-25-30-33
Lucky Ball	2
PAYOFF FOR .	AN. 4
0 4-of-4 LB	\$500,000
2 4-of-4	\$2,306.50
33 3-of-4 LB	\$306.00
514 3-of-4	\$57.50

LOTTO

Jan. 5	1-14-17-21-40-43
Jan. 2	6-13-30-34-46-48
Dec. 29	3-24-44-48-50-51
PAYOFF	FOR JAN. 5
0 6-digit winners	\$8 million
13 5-digit winners	5\$6,636.00
914 4-digit winne	rs\$83
ESTIMATE	ED JACKPOT

\$8.5 million

POWERBALL

Jan. 5	3-7-15-27-69
Powerball	19
•••	
Jan. 2	8-12-42-46-56
Powerball	12
PAYOFF FO	R JAN. 2
0 5-5 + PB	\$69 million
0 5-5	\$1 million
1 4-5 + PB	\$50,000
45 4-5	\$100
ESTIMATED.	JACKPOT

MEGA MILLIONS

Jan. 4	. 21-29-35-54-60
Mega Ball	15
••	•
Jan. 1	34-44-57-62-70
Mega Ball	14
PAYOFF FC	DR JAN. 4
0 5 of 5 + MB	\$40 million
0 5 of 5	\$1 million
0 4 of 5 + MB	\$10,000
0 + 01 5 + 100	
11 4 of 5	. ,

\$45 million

SPORTS ON TV OLLEGE FOOTBALL

8 p.m. ESPN — College Football Playoff National Championship: Clemson vs. Alabama ESPN2 — College Football Playoff National Championship Field Pass: Clemson vs. Alabama ESPNU — College Football Playoff National Championship Command Center: Clemson vs. Alabama ESPNEWS — College Football Playoff National Championship Monday Night Football Film-Room: Clemson vs. Alabama NHL HOCKEY **7 p.m.** — St. Louis at Philadelphia NHL

10:30 p.m. NBCSN — Los Angeles at San Jose

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LIGHTNING Sergachev's first goal a silver lining in Tampa Bay's loss

By DIANA NEARHOS

TAMPA BAY TIMES

SAN JOSE — It finally happened.

Forty-one games into the season and Mikhail Sergachev scored his first goal. That goal was the silver lining to the loss that ended the Lightning's 16-game point streak.

It came early in the second period, 30 seconds after Evander Kane put the Sharks up 3-1. Ryan Callahan chipped the puck up the ice and Mathieu Joseph took off after it. He got behind Tim Heed and sent the puck over to Sergachev, crashing the net. Sergachev redirected the puck past goalie Martin Jones.

He gave a huge fist pump and a big yell.

"It's been a long time, I felt like I wasn't going to score ... ever," Sergachev said. "I had to do something, so I thought I'd join the rush and went down there. Guys made a great play and I just had to put my stick in the right spot."

The defenseman had been close to getting that goal so many times, only to hit a post or have a goalie make a great save. As much as he was

frustrated, and wondering if he would ever score again, it rarely showed in Sergachev's play.

"It wears on guys when they get some chances and they don't go in and you go 41 games without one," coach Jon Cooper said. "He is playing well, growing as a player. It was bound to come and hopefully they come in bunches now.'

Here are some odds and ends from the Lightning's 5-2 loss to San Jose:

All the streaks end. The Lightning will not set new franchise records for win streak (two off) or point streak (three off). Nikita Kucherov will not set a new franchise record for multi-point game streak.

Ryan Callahan has three points in the last two games. Callahan had the second assist on Sergachev's goal. He had a goal and an assist against Los Angeles on Thursday.

Not a great night for Andrei Vasilevskiy. The goaltender gave up five goals on 33 shots, matching his second worst save percentage of the year (.848). Kane's second goal came at a wide angle, the kind Vasilevskiy usually saves. The same goes for Logan Couture's five-hole goal.



AP PHOTO

Tampa Bay Lightning defenseman Mikhail Sergache scores a goal against San Jose Sharks goalie Martin Jones, Saturday.

Slow third period. San Jose outshot Tampa Bay 33-20. The difference came in the third period, when the differential was 17-3. Yup, the Lightning put only three shots on net in the third. That's one way to contain a team that repeatedly comes back. The 20 shots were the Lightning's fewest on the season.

Braydon Coburn out. The defenseman was listed as day-to-day with an upper-body injury. Cooper said he was banged up in the Los Angeles game, but Coburn was a full participant in Friday's practice. He had ice on his wrist afterward, but players often wear ice wraps after games or practices.

■ HIGH SCHOOL WRESTLING



By BEN BAUGH Sports Editor

The Charlotte Tarpons wrestling team placed first in a field of 27 teams Saturday at the Cradle Cancer Invitational at Jensen Beach.

Charlotte registered 280.5 points, with their next nearest competitor, Ft. Pierce Central, finishing with 206.5 points.

Defending state champion Lucas Willis, won the 152-pound weight division; Anthony Andou was best in the 195-pound class and Jose Valdez took honors in the 220-pound division.

The Tarpons had four grapplers finish second, Andrew Austin at 106-pounds; Brian Nolan at 113-pounds; Donovan Cataldi at 120-pounds and Cody Rice in the 145-pound division.

The Tarpons boast an experienced roster, one with two returning state champions, Willis and Cataldi, and a state runner-up. Many of the wrestlers have competed for years, creating a strong foundation and a cohesiveness with a sole, defined objective in mind.

"The only way to compete for a state title anymore is to have the depth, and have the individuals who are competing at a high level," said Evan Robinson, Charlotte Tarpons wrestling coach. "I know these guys. That's their goal, to push for a state title. Many of them have been wrestling since their youth. They've seen the high school as they've grown up. One of their major goals is to win something together. That's what they're after."

The Tarpons success has instilled a sense of self-confidence, and their mental approach and commitment to winning puts them in good stead.

"They're pushing forward, they know what they can do," said Robinson. "There's always things to fix and work on, ways to get better, but they understand that. They continually set their goals higher. Our main goal is to peak in March."

Four tarpons are currently ranked no. 1 in the state, Cataldi, Willis, Andou and Valdez, solidifying the Tarpons as one of Florida's elite programs.

No rest for the weary, Charlotte's challenging schedule has kept the roster on its toes, preparing for a series of formidable foes.

"We had back-to-back tough weekends," said Robinson. "We went to the (Osceola) Knockout and that was 40 teams. It was probably the toughest tournament in the Southeastern United States. There were Tennessee state champions, Georgia state champions, Alabama state champions, Florida state champions, and we finished fifth. It was a big deal for us. It was very impressive for the boys."

Saturday, in addition to the champions and four runner-up placings, Charlotte had three thirds and one sixth.

"We had some nice performances, and then from some guys who haven't had as much success this year," said Robinson. "They came out and did some nice things; helped us win a title."

The team continues to evolve, often venturing out of their comfort zone to face a higher level of competition, something the Tarpons have done on a routine basis this year.

"We put together a pretty tough schedule for these guys, so they would see the best," said Robinson. "So when we get to the state tournament, the nerves aren't so bad. There are always going to be nerves, but you want your kids to be able to compete at a high level, without worrying as much. We're putting them in as many things as we can, not allowing them to get stale, nervous or things of that nature."

A strong mental approach, staying fit and injury free are among the challenges facing the Tarpons during a long season with a demanding schedule, but the wrestlers composing the roster are more than up to the task. '

Page 3

"The main thing is that you definitely want to stay healthy," said Robinson. "The focus will be on bringing their intensity level higher as we go. That way we're picking up the pace, so they're not slowing down, not getting stagnant. That's something that can happen because the wrestling season is so long. You start in November and you go to March."



SUN PHOTO BY KAT GODINA

Charlotte's Jose Valdez wrestles Trillyon Fils-Aime from Palmetto Ridge during the Captain Archer Tournament. The Tarpons placed first in a field of 27 teams this weekend at the Cradle Cancer Invitational in Jensen Beach.



"Wilder ended up leaving the team my sophomore year," said Perez. "Balseca, freshman year, I ended up beating him one race, so sophomore year in workouts it was about just seeing how long I could stay with him and work with him. And a couple of times, he would just tell me, 'Dude, you just have to keep going. Balseca had a big impact from an early age to make me want to work harder."

However, Wilder and Balseca weren't the only ones to have played in influential role in shaping Perez as an athlete.

"I've been with Coach (Ray) Chumbley (Port Charlotte boys cross-country) since freshman year," said Perez. "I didn't always like the workouts he gave us. Some are ridiculously hard, but I started to see they all had meaning behind them and a purpose to help us. He's doing it so we can be the best runners everything we did on a day-today basis in practice. He's been great. I'm sure that someone, two, three, four or five years down the road will say, 'John is the reason that I became who I am.' It's really great to have him on our team."

All-Area Boys Cross-Country Team



day," said Roy Chumbley, Port Charlotte boys cross-country coach. "There were some weeks where his practices went really well, and some where they didn't necessarily go his way. But he showed us many times that he was going to have great races no matter what."



SUN FILE PHOTO

Perez qualified for states for the second consecutive year.

PEREZ FROM PAGE 1

his commitment to excellence that made a considerable difference compelling him to greater heights.

"It's a hard balance sometimes," said Perez. "I tend to see myself running a lot even through the off season, not necessarily every day, but five out of the seven days a week. It depends on what part of the year or what part of the season in it is. During conditioning it's between five and seven and up to nine. For track, you don't need much distance. I'm mainly working on speed and building a foundation."

It's Perez' defined approach and understanding of the sport that's helped him achieve optimal results on a consistent basis.

"A couple of distance runs will build up my foundation of endurance, speed workouts for speed and kicks and things like that," said Perez.

There are challenges associated with the works that goes into achieving at a higher level, and the intangibles and vagaries can make the process far more interesting.

"It's definitely not easy," said Perez. "There are times like, 'I don't want this, or like coach what are you thinking about with this type of workout.' It comes down to that gray area of hard working ability if you're going to be the top runner or if you're going to be looking from the outside."

Perez's early success played a large role in his evolution as a runner and it would serve as the impetus with his focus shift toward performing at his optimal best each time he ran.

"A lot of people told me I had an amazing freshman year," said Perez. "So, really my goal during my sophomore was beat that time in every race. If I got a PR, I would have to PR the next race. I pushed constantly to improve. The habit and that desire kind of stuck with me. It really started to push me during workouts."

The impression Wilder and Balseca made on Perez in terms of the gravitas of the sport; left an indelible imprint on the runner. we can be. When we did these ridiculously hard workouts, I started to admire him. I wanted more of them to help me push and keep going."

Perez's experiences as a Pirate have laid the foundation for greater success at the intercollegiate level, providing him with the necessary self-confidence to attain even greater results.

"It was kind of something from within to know that I can run with anyone," said Perez. "It helped me feel better when I went up against competition; that they're not going to blow me out of the water. As long I keep working, I can run with anyone."

Chumbley recognized Perez's potential from those nascent stages, and recognized his talent and ability. As Perez progressed and grew with his experience, his desire to succeed became readily apparent.

"Starting back as a freshman, when he first joined our team, he certainly showed a lot of promise right off the bat," said Chumbley. "There was some friendly competition with some of the other teammates on our team, including Michael Balseca and Hayden Wilder. And I know he was just as competitive with them in practices right away. He was able to be competitive with them at our meets, and I was really excited to have him on our varsity team early. We don't often see freshman runners come in and have that kind of impact on our varsity team."

Perez would eventually become the Pirates no. one runner, accepting additional responsibility and transitioning seamlessly into a leadership role, said Chumbley.

"He was the leader of our stretching circle and the vocal leader of our warmups and

Alvaro Amaya, North Port

Alvaro Amaya, North Port Junior

"Alvaro is a gifted multi-sport athlete," said Phu Nguyen, North Port cross-country coach. "I actually had to share him with the golf team. If I had him full-time, he could have been better than he was."

Thomas Blem, Lemon Bay Sophomore

Blem was a consistent presence for the Manta Rays placing ninth at the Clearwater Central Catholic Invitational; 12th at the North Port Cross-Country Invitational and 25th at the Tri-County Championships.



Joe Bishop, Port Charlotte

Joe Bishop, Port Charlotte Junior

"Joe proved to be one of most reliable runners on race

0

Chase Chambers, Port Charlotte

Chase Chambers, Port Charlotte Senior

"Chase was one of our team leaders this season," said Chumbley. "He was a great role model for our younger athletes, and a constant source of positivity that the team needed, especially in adverse situations."

Nick Renaud, Imagine School Senior

The talented multi-sport athlete, serves as co-captain of the Sharks soccer team. Renaud finished 8th at District 7 1A meet and was 29th at Regionals.



Joseph Smith, North Port

Joseph Smith, North Port Sophomore

"A great competitor," said Nguyen. "At the end of the race, you expected him to be near the top of doing what it took to be near the top." E/N/C

Britton, Yankees agree





New York Yankees relief pitcher Zach Britton delivers against the Boston Red Sox during the fourth inning of Game 4 of baseball's American League Division Series in New York, in October.

By RONALD BLUM

AP BASEBALL WRITER

NEW YORK — Zach Britton is staying with the New York Yankees, agreeing to a \$39 million, three-year contract, a deal that could be worth \$53 million over four seasons, a person familiar with the negotiations told The Associated Press.

Britton gets \$13 million in each of the next three seasons. The Yankees have a \$14 million option for 2022 and must decide on it after the 2020 season. If they decline the option, Britton can opt out of the deal following the 2020 season.

A 31-year-old lefthander, Britton was acquired by the Yankees from Baltimore on July 24 and had a 2.88 ERA and three saves in 25 games for New York.

He serves as setup man for closer Aroldis Chapman along with Dellin Betances, Chasen Shreve, Chad Green and Jonathan Holder. New York's bullpen was weakened by the departure of right-hander David Robertson, who

agreed to a \$23 million, two-year contract with Philadelphia.

AP PHOTO

Britton began the season on the disabled list after tearing his right Achilles tendon in December. He made his season debut on June 12 and was 1-0 with a 3.45 ERA and four saves in 16 games with the Orioles.

Britton was drafted by the Orioles in 2006 and worked his way up the team's minor league system before landing in the big leagues in 2011. He is a two-time All-Star and led the AL with 47 saves in 2016,

COLLEGE FOOTBALL PLAYOFF CHAMPIONSHIP

Running games overshadowed by QBs



AP PHOTO

Clemson's Travis Etienne has rushed for 1,572 yards at an average of 8.3 yards per clip. Four Clemson players have rushed for over 400 yards this season. Three have done so for Alabama.

By JOSH DUBOW AP SPORTS WRITER

SAN JOSE, Calif. — In four years at Alabama, Damien Harris has shared the backfield with several runners who either have or will play in the NFL.

From Heisman Trophy winner Derrick Henry and Kenyan Drake in 2015, to Bo Scarbrough the next two years, to his current running mates Najee Harris and Joshua Jacobs, the top-ranked Crimson Tide (14-0) have always had a variety of running threats.

It's been a constant of Nick Saban's tenure at Alabama with Mark Ingram, Trent Richardson, Eddie Lacy and T.J. Yeldon among the other runners who helped build a dynasty.

With talented passer Tua Tagovailoa leading the offense this season, the running backs have

gotten overshadowed. Damien Harris' 6.47 yards per carry in his career ranking third among SEC backs with at least 400 attempts.

Jacobs was the MVP in the SEC title game win over Georgia after rushing for 83 yards and two touchdowns, while Najee Harris is averaging 6.5 yards per carry in two seasons.

"We always like to have two or three guys at that position that can play," Saban said. "I think it keeps everybody fresh. It keeps everybody healthy rather than having one guy that's carrying the ball maybe a lot of turns every game and they get wore down as the season goes on. "

Having three capable backs keeps all of them fresh late in the game when Alabama relies more heavily on the run to close out victories. Clemson has its own dangerous running game led by Travis Etienne, who has rushed for 1,573 yards at an average of 8.3 vards per clip. Etienne has scored 23 touchdowns, providing a complement to the passing game led by freshman Trevor Lawrence.

Etienne knows he's in for a challenge as well against Alabama's always stout defense led by All-American defensive tackle Ouinnen Williams. The Tide have held five opponents under 100 yards in the game and are giving up just 3.5 yards per carry.

TENNIS

Nishikori, Pliskova win Brisbane International titles

BRISBANE, Australia (AP) — Kei Nishikori won his first ATP title since Memphis in 2016 with a dominating final set to beat Daniil Medvedev 6-4, 3-6, 6-2 in the Brisbane International final on Sunday.

The 2014 U.S. Open finalist served for the match at 5-1 in the third set, but Medvedev earned a temporary reprieve when he broke the Japanese player's serve to extend the match.

But Nishikori, who had lost nine consecutive ATP finals over 52 tournaments in nearly three years, broke the Russian player's serve on four consecutive points in the final game to clinch the match in just 2 hours,

6 minutes, at Pat Rafter Arena.

Earlier, Karolina Pliskova won her second Brisbane title, beating Lesia Tsurenko 4-6, 7-5, 6-2 after coming within just two points of defeat.

Serving for the title at 5-4 Sunday, Tsurenko lost 13 straight points. It came after Tsurenko rolled her ankle in the second game of the deciding set.

Tsurenko was 4-0 in her previous WTA finals. Pliskova won her first Brisbane title two years ago.

Pliskova improved her record in Brisbane to 13-2 and joined Victoria Azarenka (2009, 2016) and Serena Williams (2013-14) as the third woman to win the tournament twice.



AP PHOTOS

Kei Nishikori (left) and Karolina Pliskova (right) won ATP titles at the Brisbane International final Sunday in Australia. It was the second Brisbane title for Pliskova and the first ATP title for Nishikori since Memphis in 2016.

WORLD BASKETBALL US player says Milan police racially profiled him

By ANDREW DAMPF

AP SPORTS WRITER

MILAN — American basketball player Mike James says he was racially profiled by Milan police who pointed guns at him and two friends after being stopped on the street — a claim that police deny.

James, an African-American who plays for Olimpia Milano, tweeted, "Me and my friends Just profiled by the police smh (shaking my head) it happens even in Europe."

James added, "Police stopped me and my two friends in the midst of 50 people walking. Got out they car with guns in hand talking about show me ID smh."

A spokesman for Milan's Carabinieri paramilitary police told The Associated Press on Sunday that racial profiling had no role in the "routine check."

The spokesman said that one of the three Carabinieri officers who stopped James was carrying a M12 submachine gun and the other two officers had pistols on their belts but that no weapons were pointed during the check.

"(The M12) a weapon that

we've been using for years and people here are used to seeing us with them," the police spokesman said. "Evidently there was a misunderstanding involving this guy who perhaps isn't used to these kinds of checks.

"We asked him for his documents and once they were checked everyone dispersed," the spokesman added. "For us it wasn't even a check worth reporting. It was an absolutely calm situation without any problems."

The police spokesman said that the check occurred on a residential street.

Asked about James' claim

that he and his friends were singled out among 50 people, the police spokesman said that "50 people may have passed during the entire check," adding that "that day those three officers must have stopped 50 people in all."

Random checks of pedestrians by police in Italy appear to be less frequent than occasional random checks of drivers of vehicles for anti-terrorism and other security controls.

The 28-year-old James previously played in the NBA briefly for the Phoenix Suns and New Orleans Pelicans.



AP PHOTO

Former Suns guard Mike James, an African-American who plays for Olimpia Milano, says he was racially profiled by Milan police who pointed guns at him and friends.

SCOREBOARD

PRO FOOTBALL

NFL PLAYOFFS WILD-CARD ROUND Saturday's Games Indianapolis 21. Houston 7 Dallas 24, Seattle 22 Sunday's Games L.A. Chargers 23, Baltimore 17 Philadelphia 16, Chicago 15

DIVISIONAL PLAYOFFS

Saturday, Jan. 12 Indianapolis at Kansas City, 4:35 p.m. (NBC) Dallas at L.A. Rams, 8:15 p.m. (FOX) Sunday, Jan. 13 L.A. Chargers at New England, 1:05 p.m. (CBS) Philadelphia at New Orleans, 4:40 p.m. (FOX)

CONFERENCE CHAMPIONSHIPS Sunday, Jan. 20

NFC: TBD, 3:05 p.m. (FOX) AFC: TBD, 6:40 p.m. (CBS)

PRO BOWL unday, Jan. 27 At Orlando, Fla. AFC vs. NFC, 3 p.m. (ABC/ESPN)

SUPER BOWL LIII (53) Sunday, Feb. 3 At Mercedes-Benz Stadium, Atlanta AFC champion vs. NFC champion, 6:30 p.m. (CBS)

CHARGERS 23, RAVENS 17 6 6 0 11 - 23 FAVORI 0 0 3 14 - 17 Calgary L.A. CHARGERS BALTIMORE First Quarter LAC-FG Badgley 21, 6:59. LAC-FG Badgley 53, 1:08. Second Quarter LAC-FG Badgley 40, 3:22. LAC-FG Badgley 34, :00. Third Quarter Bal-FG Tucker 33, 8:30. Fourth Quarter LAC-Gordon 1 run (Mi.Williams pass from Rivers), 14:44. LAC-FG Badgley 47, 9:09. Bal–Crabtree 31 pass from L.Jackson (Tucker kick), 6:33. Bal-Crabtree 7 pass from L.Jackson (Tucker kick), 1:59. A-70,432. LAC Bal First downs 14 11 Total Net Yards 243 229 33-89 23-90 Rushes-yards Passing 154 139 Punt Returns 1-46 6-106 **Kickoff Returns** 2-78 Interceptions Ret. 1-0 0-0 Comp-Att-In 22-32-0 14-29-1 Sacked-Yards Lost 1-6 7-55 Punts 5-35.4 6-44.7 Fumbles-Lost 4-2 7-41

1-1 5-35 Penalties-Yards Time of Possession 33:40

INDIVIDUAL STATISTICS

RUSHING–Los Angeles, Gordon 17-40, Ekeler 11-29, Rivers 3-15, J.Jackson 2-5. Baltimore, L.Jackson 9-54, Edwards 8-23, Dixon 6-13. PASSING-Los Angeles, Rivers 22-32-0-160

PASSING-LOS Angeles, Rivers 22-32-0-160. Baltimore, LJackson 14-29-1-194. RECEIVING-Los Angeles, K.Allen 4-37, Gates 4-35, Ekeler 4-14, Benjamin 3-11, Miwilliams 2-42, Tywilliams 2-9, Green 1-8, Gordon 1-3, Watt 1-1. Baltimore, Dixon 3-53, Snead 3-50. Andrews 3-31, Crabtree 2-38, Jo.Brown 2-14, Ma.Williams 1-8. MISSED FIELD GOALS—Baltimore, Tucker

EAGLES 16, BEARS 15 PHILADELPHIA CHICAGO First Quarter Phi—FG Elliott 43, 9:32. Second Quarter Chi–FG Parkey 36, 9:38. Chi–FG Parkey 29, :00. Third Quarter kick), 5:20 Fourth Quarter failed). 9:04. A-62,462.

74-70-69-69-282 First downs 21 17 3-6 0-0 8. Totals 43-91 10-13 106
 10-13 106.
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 Andrew Putnam (56), \$132,000 COLLEGES 300 23-42 356 18-65 ΜΙΑΜΙ Total Net Yards 69-73-70-70-282 BUFFALO – QB Tyree Jackson will enter the NFL draft. 3-Point G Rushes-yards Paul Casey (52), \$113,000 73-71-68-71-283 Passing Punt Returns Kickoff Returns 3-Point Goals-Miami 5-34 (Olynyk 2-9, 258 291 Troy Merritt (52), \$113,000 Ian Poulter (49), \$102,000 73-71-69-70-283 Wade 1-2, J.Johnson 1-3, Winslow 1-5, Whiteside 0-2, McGruder 0-3, Jones Jr. 0-3, 1-(-1) 2-35 0-0 71-69-73-71-284 73-72-73-68-286 3-65 Brice Garnett (45), \$92.333 **PRO BASKETBALL**

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 Matt Kuchar (40), 592,333
 72-73-72-69-286

 NFERENCE
 Shots on Goal - Washington 13-6-15-34.
 Matt Kuchar (40), 592,333
 76-72-69-9-286

 SION
 Shots on Goal - Washington 13-6-15-34.
 Matt Kuchar (40), 592,333
 76-77-72-69-286

 41 26 13 2
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 Power-play opportunities–Washington 0 of
 Brandt Snedker (40), 582,500
 76-70-73-69-288

 42 20 14 8
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 Brandt Snedker (40), 582,500
 76-70-73-69-288

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 (34-31).
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 71-97-73-2291

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 Referees–Frederick L'Ecuyer, Kevin Pollock.
 Ted Potter, Jr. (30), \$68,250
 77-67-73-291

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 Linesmen–Ryan Galloway, Brad Kovachik.
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 Aard Novachik.
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 Matt Kuchar (45), \$92,333 Scott Piercy (45), \$92,333 Interceptions Ret. 0-0 2-0 Richardson 0-3, T.Johnson 0-4), Atlanta 72-73-72-69-286 10-24 (Young 3-3, Carter 2-5, Huerter 2-7, Lin 1-1, Hamilton 1-2, Bembry 1-2, Anderson 0-1, Len 0-1, Dedmon 0-2). 25-40-2 26-43-0 Comp-Att-Int WESTERN CONFERENCE Sacked-Yards Lost 1-8 2-12 NBA **CENTRAL DIVISION** 5-45.2 6-40.5 Punts All times Eastern EASTERN CONFERENCE 0-0 3-25 Fouled Out-None Rebounds-Miami 41 Fumbles-Lost 0-0 3-52 Winnipeg W L PCT GB (Adebayo, Olynyk 6), Atlanta 59 (Collins 13). Penalties-Yards ATLANTIC DIVISION Nashville Assists-Miami 23 (McGruder 5), Atlanta 25 Time of Possession 30:48 29:12 30 12 .714 26 14 .650 ASSISTS-Miami 23 (Muchauer 3), Adama 23 3 (Huerter 7). Total Fouls-Miami 17, Atlanta 5 22. A-16,630 (18,118). Toronto Colorado INDIVIDUAL STATISTICS Philadelphia Dallas RUSHING-Philadelphia, Sproles 13-21, Boston 23 15 .605 Minnesota Smallwood 8-20, Adams 1-2, Foles 1-(minus 20 21 .488 91/2 .256 181/2 WIZARDS 116, THUNDER 98 Brooklyn Chicago 1). Chicago, Howard 10-35, Gabriel 2-20, 10 29 .256 18½ WI∠AKDS 116, THUNDER 98 W L PCT GB WASHINGTON (116) 19 19 .500 - Ariza 1-9.2-2 4, Green 6-14 2-2 16, Bryant 18 20 .474 1 6-8 2-3 14, Satoransky 5-10 3-4 15, Beal 10-17 22 .436 2½ 27 3-4 25, Dekker 3-4 0-0 6, Porter Jr. 7-17 New York St. Louis Trubisky 3-9. Cunningham 1-2. Cohen 1-0. Aaron Wise (30), \$68,250 Bubba Watson (27), \$65,000 Michael Kim (24), \$63,500 SOUTHEAST DIVISION
 Inc.
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 <thI PACIFIC DIVISION Mizzell 1-(minus 1). 70-79-74-69-292 Miami PASSING—Philadelphia, Foles 25-40-2-266. Chicago, Trubisky 26-43-0-303. Charlotte Calgary 71-72-80-73-296 Satoshi Kodaira (24), \$63,500 77-76-73-70-296 Orlando

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 Vegas RECEIVING-Philadelphia, Jeffery 6-82, Ertz Washington San Jose 5-52, Tate 5-46, Agholor 3-32, Goedert 2-20, Atlanta Anaheim Smallwood 2-20, Sproles 2-14. Chicago, Robinson 10-143, Gabriel 4-37, Miller 3-34, **CENTRAL DIVISION** Vancouver Milwaukee Edmonton Cohen 3-27, Shaheen 3-13, Braunecker 2-15, Indiana Arizona
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 Burser More State Australia.
 Bellamy 1-34. Detroit Los Angeles MISSED FIELD GOALS-Chicago, Parkey 43. 18 22, Ferguson 1-42-2 5, Nader 4-7 0-0 9,
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 Source
 Ment Samples

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 Kei Nishikori (2), Japan, def. Daniil

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 Medvedev (4), Russia, 6-4, 3-6, 6-2.
 DALLAS 23 17 5.75 - 3-Point Goals-Washington 10-37 (Porter 18 21 462 4½ Ir. 4-6, Satoransky 2-5, Green 2-6, Beal 18 21 462 4½ 2-10, Randle 0-2, Mahinmi 0-2, Ariza 0-6), San Antonio First Quarter Minnesota 4, Ottawa 3 Rochester Dal-FG Maher 39, 9:50. Memphis Columbus 4, Florida 3, OT Second Quarter Sea–FG Janikowski 27, 7:03.

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 Karolina Pliskova (5), Czech Republic, def.

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 Lesia Tsurenko, Ukraine, 4-6, 7-5, 6-2.

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 1-3, Ferguson 1-4, Patterson 0-3). Fouled

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 Out-None, Rebounds-Washington 55
 Toronto 5, Vancouver 0 New Orleans NORTHWEST DIVISION Utica Nashville 4. Montreal 1 Cleveland Boston 2, Buffalo 1 N.Y. Islanders 4, St. Louis 3 Sea-FG Janikowski 42, 1:43. Dal-Gallup 11 pass from Prescott (Maher Denver Oklahoma City Toronto 25 14 Laval kick), :24. .641 2 Out-None. Rebounds-Washington 55 .575 4½ (Mahinmi 10), Oklahoma City 41 (Westbro .500 7½ 15). Assists-Washington 25 (Beal 6), Los Angeles 4. Edmonton 0 Binghamton 39 Third Ouarter Portland 23 17 San Jose 5, Tampa Bay 2 Sea-R.Wilson 4 run (Davis run). 1:59. Utah 20 20 Belleville Sunday's Games **Men's Doubles**
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 Fourth Quarter Dal-Elliott 1 run (Maher kick), 12:28. Minnesota PACIFIC DIVISION Carolina 5. Ottawa 4 Championship WESTERN CONFERENCE Arizona 5, N.Y. Rangers 0
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 United States, and Joe Salisbury (4), Britain,

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 6-4, 7-6 (6).
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 Marcus Daniell. New Zealand, and Wesley CENTRAL DIVISION Dal–Prescott 1 run (Maher kick), 2:28. Golden State Sea–McKissic 7 pass from R.Wilson (Carson L.A. Clippers Golden State Vegas 3, New Jersey 2 Washington 3. Detroit 2 Winnipeg 5, Dallas 1 run). 1:18. L.A. Lakers Sacramento A-94,327. Chicago Edmonton at Anaheim, late 17 Bogdanovic 9-18 1-3 21, Young 7-10 0-0 14, Grand Rapids 37 19 12 3 44 113 113 3 Phoenix 9 31 .225 3 44 113 113 1 44 100 100 WTA TOUR 2 41 125 104 ASB CLASSIC Sea Dal Chicago at Pittsburgh, late 37 19 12 34 18 11 Sabonis 6-14 4-4 16, Collison 5-8 0-0 11, Oladipo 6-15 4-5 16, McDermott 1-1 0-0 2, Milwaukee 11 First downs 23 Today's Games Nashville at Toronto, 7 p.m. 3 Total Net Yards 299 380 Saturday's Games Texas
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 Sunday at ASB Bank Tennis Centre,
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 Purse: \$226,750 (intl.); Surface:
 Leaf 1-1 0-0 2, O'Quinn 3-8 3-4 9, Holiday 0-0 0-0 0, Joseph 3-11 2-2 9, Evans 2-8 1-2 5. Totals 43-94 15-20 105. Denver 123, Charlotte 110 Rockford Rushes-yards 24-73 34-164 St. Louis at Philadelphia. 7 p.m. San Antonio 36 Manitoba 34 Minnesota at Montreal, 7:30 p.m. Calgary at Chicago, 8:30 p.m. Passing 226 216 Utah 110, Detroit 105 3-22 1-52 Punt Returns 6-80 Philadelphia 106. Dallas 100 PACIFIC DIVISION Hard-Outdoor Kickoff Returns TORONTO (121) 1-15 New Orleans 133, Cleveland 98 Los Angeles at San Jose. 10:30 p.m.
 GP
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 Women's Singles

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 Julia Goerges (2),
 Green 5-9 0-0 15, Siakam 4-8 4-4 12, Ibaka 7-9 2-2 18, Lowry 4-10 2-2 12, VanVleet 3-10 Tuesday's Games Interceptions Ret. 1-0 0-0 San Antonio 108, Memphis 88 San Jose Comn-Att-Int 18-27-0 22-33-1 Toronto 123. Milwaukee 116 Minnesota at Boston, 7 p.m. 42 111 98 Julia Goerges (2), Germany, def. Bianca 5-6 12. Powell 10-12 0-0 23, Anunoby 2-7 0-0 1-7 7-51.4 Tucson Sacked-Yards Lost Golden State 127, Sacramento 123 1-10 Carolina vs. N.Y. Islanders at Nassau 5, Boucher 1-1 0-0 3, Monroe 4-11 3-3 11, Brown 0-0 0-0 0, Wright 4-8 0-0 10. Totals San Diego
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 Women's powers

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 129
 Eugenie Bouchard, Canada, and Sofia Kenin, United States, def. Paige Mary Hourigan, United States, def. Paige Mary Hourigan, United States, and Taylor Townsend, United

 Fumbles-Lost 0-0 Sunday's Games Florida at Pittsburgh, 7 p.m. 6-36 Brooklyn 117, Chicago 100 44-85 16-17 121. Bakersfield Penalties-Yards New Jersev at Buffalo. 7 p.m. Stockton INDIANA 35 28 21 21 -105 37 33 26 25 -121 Time of Possession 25:10 34:50 L.A. Clippers 106, Orlando 96 Philadelphia at Washington, 7:30 p.m. TORONTO INDIVIDUAL STATISTICS Minnesota 108, L.A. Lakers 86 Ontario Columbus at Tampa Bay, 7:30 p.m. Atlanta 106, Miami 82 Washington 116, Oklahoma City 98 3-Point Goals—Indiana 4-17 (Bogdanovic 2 points for win, 1 point for OT/shootout loss RUSHING-Seattle, Penny 4-29, Carson 13-Montreal at Detroit. 7:30 p.m. 2-4, Collison 1-1, Joseph 1-2, O'Quinn 0-1, Young 0-2, Evans 0-3, Oladipo 0-4), Dallas at St. Louis, 8 p.m. 20. R.Wilson 3-14. Davis 4-10. Dallas. Elliott States, 1-6, 6-1, 10-7. Saturday's Games 26-137, Prescott 6-29, R.Smith 1-1, Austin Toronto 121, Indiana 105 Colorado at Winnipeg, 8 p.m. Toronto 17-33 (Green 5-8, Powell 3-3, Ibaka 2-2, Wright 2-2, Lowry 2-6, Boucher 1-1, Anunoby 1-4, VanVleet 1-6, Siakam 0-1). Utica 6, Cleveland 2 Charlotte at Phoenix, late 1-(minus 3). N.Y. Rangers at Vegas, 10 p.m. ATP WORLD TOUR/WTA TOUR Laval 2, Rochester 1 PASSING-Seattle, R.Wilson 18-27-0-233. Today's Games Edmonton at San Jose, 10:30 p.m. SYDNEY INTERNATIONAL Dallas, Prescott 22-33-1-226. RECEIVING—Seattle, Lockett 4-120, E.Dickson 4-42, Baldwin 3-32, Davis 2-22, San Antonio at Detroit. 7 p.m. Charlotte 6, Belleville 3 Sunday at Olympic Park Tennis Centre, Fouled Out-None, Rebounds-Indiana Hartford 3. Lehigh Valley 1 Brooklyn at Boston, 7:30 p.m. **HURRICANES 5, SENATORS 4** 44 (Sabonis 11), Toronto 41 (Siakam 10). Assists—Indiana 24 (Sabonis 6), Toronto 30 Hershey 6, Grand Rapids 4 Toronto 5, Syracuse 2 Sydney Denver at Houston, 8 p.m. CAROLINA 2 2 1 - 0 4 0 -Purse: Men, \$527,880 (ATP250); Women, McKissic 2-13, Carson 2-(minus 1), Vannett 1-5. Dallas, Cooper 7-106, Elliott 4-32, Memphis at New Orleans, 8 p.m. OTTAWA Utah at Milwaukee, 8 p.m. L.A. Lakers at Dallas, 8:30 p.m. (Lowry, VanVleet 8). Total Fouls—Indiana 19 Toronto 21. A—19,800 (19,800). Binghamton 3. Bridgeport 2 \$823,000 (Premier); Surface: Hard-Outdoor First Period-1, Carolina, Faulk 3 (Aho, Teravainen), 1:12 (pp). 2, Carolina, McGinn Milwaukee 5, WB/Scranton 3 Springfield 5, Providence 3 Men's Singles Beasley 3-28, Jarwin 3-15, Gallup 2-18, First Round Hurns 1-14, Austin 1-7, N.Brown 1-6. MISSED FIELD GOALS—Seattle, Janikowski New York at Portland, 10 p.m. 3, 4:28 (sh). Martin Klizan, Slovakia, def. Alexei Popyrin, Orlando at Sacramento, 10 p.m. Chicago 3. San Antonio 1 Second Period—3. Ottawa, Duchene 18 **COLLEGE BASKETBALL** Australia, 7-6 (4), 4-6, 7-6 (5). Jordan Thompson, Australia, def. Adrian Manitoba 3, Texas 2, SO Tuesday's Games (Ryan, Wolanin), 2:32. 4, Carolina, Slavin 4 (Rask), 6:13. 5, Ottawa, Dzingel 17 57. Dallas. Maher 58. San Jose 2, Ontario 1 Indiana at Cleveland, 7 p.m. Stockton 7. Colorado 6 Washington at Philadelphia, 7 p.m. Mannarino, France, 6-3, 6-3. MEN'S BASKETBALL (Tierney), 12:17 (pp). 6, Carolina, Hamilton 6 (McGinn, Aho), 14:54. 7, Ottawa, Balcers 1 (Boedker, Tierney), 19:12. 8, Ottawa, **COLLEGE FOOTBALL** Tucson 2, Bakersfield 1, OT Atlanta at Toronto, 7:30 p.m. THE AP TOP 25 RESULTS Men's Doubles Sunday's Games Denver at Miami, 7:30 p.m. Saturday's Games No. 1 Duke 87, Clemson 68 Utica 5. Cleveland 1 Minnesota at Oklahoma City, 8 p.m. First Round Pageau 1 (Stone, DeMelo), 19:20. Third Period—9, Carolina, Williams 9 (Faulk, BOWL RESULTS/SCHEDULE Lehigh Valley 4, Springfield 3, OT Providence 5, Hartford 1 Ken and Neal Skupski, Britain, def. Nikola Sacramento at Phoenix, 9 p.m. No. 3 Tennessee 96, Georgia 50 All times Eastern (Subject to change) Mektic, Croatia, and Alexander Peya (3), Charlotte at L.A. Clippers, 10:30 p.m. New York at Golden State, 10:30 p.m. Teravainen), 7:34 (pp). Today's Game No. 4 Virginia 65, No. 9 Florida State 52 Charlotte 5. Toronto 0 Austria, 6-3, 6-4.

College Football Championship At Santa Clara. Calif. Clemson (14-0) vs. Alabama (14-0), 8 p.m. (ESPN)

Saturday, Jan. 19 East-West Shrine Classic At St. Petersburg, Fla. East vs. West, 3 p.m. (NFLN) NFLPA Collegiate Bowl at Pasadena, Calif. American vs. National, TBA (NFLN)

Saturday, Jan. 26 Senior Bowl at Mobile. Ala. North vs. South, 2:30 p.m. (NFLN)

FCS PLAYOFFS Championship Saturday's Game At Toyota Stadium, Frisco, Texas North Dakota St. 38, Eastern Washington 24

ODDS

PREGAME.COM LINE NATIONAL BASKETBALL ASSOCIATION Today FAVORITE LINE O/U UNDERDOG San Antonio 3 10 2181/2 at Boston at New Orleans 51/2 2131/2 at Milwaukee 51⁄2 2211/2 at Houston 215 at Dallas Off Off L.A. Lakers at Sacramento Orlando 111/2 at Portland 2201/2 NATIONAL HOCKEY LEAGUE

23 FAVORITE LINE UNDERDOG LINE -170 Off +158 Off at Chicago at Toronto Nashville at Philadelphia -117 St. Louis +107 at Montreal Minnesota -225 at San Jose Los Angeles +205 **COLLEGE FOOTBALL**

Alabama

FAVORITE OPEN TODAY O/U UNDERDOG 50 (Towns 18). Assists-L.A. Lakers 20 Next Sunday at New England 5 41/2 Updated odds available at Pregame.com

TRANSACTIONS

BASEBALL

26:20

American League HOUSTON ASTROS – Traded INFs J.D. Davis 0, and Cody Bohanek to the N.Y. Mets for OF Ross Adolph, INF Luis Santana and C Scott Manea. National League NEW YORK METS – Traded C Kevin Plawecki to the Cleveland for RHP Walker Lockett and INF Sam Haggerty. PITTSBURGH PIRATES – Named Jeff Banister special assistant/baseball operations

BASKETBALL

National Baskethall Association ATLANTA HAWKS — Recalled F Omari Spellman from Erie (NBAGL).

HOCKEY

ANAHEIM DUCKS – Assigned C Ben Street and Ds Korbinian Holzer and Jake Dotchin to San Diego (AHL). CALGARY FLAMES – Assigned G Jon Gillies and F Dillon Dube to Stockton (ECHL). 15 3 0 7 6 – 16 and F Dillon Dube to Stockton (EURL). 0 6 0 9 – 15 NEW JERSEY DEVILS – Assigned D Egor Yakovlev to Binghamton (AHL). Recalled G Cam Johnson from Binghamton. SAN JOSE SHARKS – Signed F Lukas Radil to a one-year contract extension through the 2019-20 season.

arland to Idaho (ECHL).

NETS 117. BULLS 100 BROOKLYN (117)

1-1 7. Totals 42-83 17-22 117. CHICAGO (100) Hutchison 4-10 0-0 8, Markkanen 5-11 3-4
 14, Carter Jr. 2-5 2-2 6, Dunn 8-15 0-0 16, LaVine 11-17 3-3 27, Felicio 1-1 0-0 2, Portis
 No. 2 Michigan 74, No. 21 Indiar

 6-11 2-4 17, Lopez 3-4 0-0 6, Arcidiacono 1-3
 No. 19 Houston 90, Memphis 77
 0-0 3, Blakeney 0-3 0-0 0, Selden 0-1 1-2 1, Harrison 0-7 0-0 0. Totals 41-88 11-15 100. BROOKLYN 28 27 33 29 -117 CHICAGO 21 34 27 18–100 3-Point Goals—Brooklyn 16-46 (Russell 6-14, Carroll 3-8, Napier 3-9, Dudley 2-3, Kurucs 2-4. Graham 0-2. Dinwiddie 0-2. Harris 0-4), Chicago 7-18 (Portis 3-4, LaVine 2-2, Arcidiacono 1-2, Markkanen 1-3, Blakeney 0-1, Selden 0-1, Carter Jr. 0-1, Harrison 0-2, Dunn 0-2). Fouled Out-None. Rebounds-Brooklyn 38 (Davis 13), Chicago 43

(Harrison, Carter Jr. 8). Assists—Brooklyn 29 (Russell, Dinwiddie 5), Chicago 20 (Dun 7). Total Fouls—Brooklyn 16, Chicago 15. Technicals-Kurucs. A-19,265 (20,917).

At Detroit Brooklyn TIMBERWOLVES 108, LAKERS 86 Brooklyn LA. LAKERS (86) Utah Hart 3-12 2-2 10, Zubac 3-6 3-4 9, McGee Utah Hart 3-12 2-2 10, Zubac 3-6 3-4 9, McGee Denver 0-3 2-2 2, Ball 0-4 0-0 0, Ingram 5-16 3-5 Denver 0-3 2-2 2, Ball 0-4 0-0 0, Ingram 5-16 3-5 13, Mykhailiuk 2-5 0-0 4, Beasley 5-8 0-0 11, Chandler 2-4 2-4 6, Wagner 3-10 1-1 8, Caldwell-Pope 4-7 0-0 9, Bonga 0-1 0-0 New York 0, Stephenson 5-11 4-10 14. Totals 32-87 17-28 86

MINNESOTA (108)

Wiggins 9-23 7-11 28, Gibson 6-8 0-0 12, Towns 11-20 5-5 28, Teague 6-13 0-0 15, Okogie 3-7 1-2 8, Tolliver 1-2 0-0 3, Saric 2-5 Southern California 77, Stanford 66
 1-2
 6, Dieng 2-4
 0-0
 5, Iones 1-6
 1-1
 3, Terrell

 0-1
 0-0
 0.
 Totals 41-89
 15-21
 108.
 SCHEDULE

 LA
 LAKERS
 19
 26
 23
 18
 - 86
 All times Eastern
 MINNESOTA 35 29 19 25 –108 TODAY'S GAMES 3-Point Goals–L.A. Lakers 5-22 (Hart 2-5, EAST CFP National Championship 1-5, McGee 0-1, Ball 0-2, Mykhailiuk 0-2, FAVORITE OPEN TODAY 0/U UNDERDOG Stephenson 0-2), Minnesota 11-32 (Teague Alabama 9 5½ 57½ Clemson 3-6, Wiggins 3-10, Dieng 1-1. Tolliver 2-2 Alabama 9 5½ 57½ Clemson 3-6, Wiggins 3-10, Dieng 1-1, Tolliver 1-2, Saric 1-2, Towns 1-4, Okogie 1-4, Torello 1-1, NATIONAL FOOTBALL LEAGUE PLAYOFFS Saturday 5 5½ 56½ Indianapolis (Stephenson 6), Minnesota 24 (Teague 11). Total Fouls–L.A. Lakers 20, Minnesota 47 LA. Chargers jame.com 27. Technicals – L.A. Lakers coach Lakers (Defensive three second), Beasley, Towns. A–18,978 (19,356).

CLIPPERS 106, MAGIC 96

ORLANDO (96) Isaac 1-7 0-0 2, Gordon 5-17 5-8 17, Vucevic 7-17 0-0 16, Augustin 3-6 6-7 12, Fournier
 No. 4 Maryland 75, Ohio State 65

 5-11 1-2 12, Iwundu 3-6 6-7 12, Fournier

 5-11 1-2 12, Iwundu 3-6 1-2 8, Martin 0-0 0-0

 No. 17 Gonzaga 88, Pacific 65

 No. 18 Houston 10-10-0 No. 25 Iowa State 82, Kansas 73

 Simmons 2-10 0-0 4. Totals 22 00 at pace

 No. 1 UConn 81

 Houston 51
 Simmons 2-10 0-0 4. Totals 33-89 21-29 96. L.A. CLIPPERS (106) Harris 10-21 7-8 28, Gallinari 5-16 1-1 13, Gortat 4-8 0-0 8, Gilgeous-Alexander 6-7 0-0 13, Bradley 3-10 0-0 7, Scott 1-3 0-0 2, Motley 2-2 0-0 4, Harrell 3-7 3-5 9, Beverley 1-3 0-2 3. Thornwell 0-0 0-0 0. Williams 4-12 7-7 17, Wallace 1-4 0-0 2. Totals 40-93 18-23 106.

 No. 11 Oregon State 78, Washington 67

 ORLANDO
 28
 19
 20
 29
 96
 Illinois 66, No. 12 Minnesota 62

 LA. CLIPPERS
 18
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 23
 6
 -106
 No. 13 Texas 70, West Virginia 58

 3-Point Goals – Orlando 9-31 (Vucevic 2-5, Gordon 2-7, Briscoe 1-1, Grant 1-1, Franci
 No. 14 Syracuse 75
 Virginia 7-4
 Gordon 2-7, Briscoe 1-1, Grant 1-1, Fournier 1-2, Iwundu 1-3, Ross 1-4, Simmons 0-2, Augustin 0-2, Isaac 0-4), L.A. Clippers 8-22 (Williams 2-3, Gallinari 2-10, Gilgeous-Alexander 1-1, Bradley 1-2, Harris 1-2, Beverley 1-3, Scott 0-1). Fouled Out–None. Clippers 53 (Gortat 10). Assists–Orlando 24 (Vucevic 8), L.A. Clippers 20 (Gortat 6). Total Fouls–Orlando 18, L.A. Clippers 21. A-16,616 (18,997).

Iowa State 77, No. 5 Kansas 60 New Mexico 85, No. 6 Nevada 58 RookLyn (117) No. 7 Gonzaga 91, Santa Clara 48 Kurucs 2-6 0-0 6, Dudley 4-5 0-0 10, Allen 6-8 No. 8 Michigan State 86, No. 14 Ohio St. 77 7-9 19, Russell 10-19 2-2 28, Harris 1-5 0-0 2, No. 10 Virginia Tech 77, Boston College 66 Graham 0-4 0-0 0, Carroll 7-12 3-4 20, Davis No. 11 Texas Tech 63, Kansas State 57 3-4 1-2 7, Napier 6-14 3-4 18, Dinwiddie 3-6 Alabama 77, No. 13 Kentucky 75 Alabama 77, No. 13 Kentucky 75 No. 15 North Carolina 85, Pittsburgh 60 No. 23 Oklahoma 74, Oklahoma State 64 Sunday's Games No. 2 Michigan 74, No. 21 Indiana 63

> No. 22 Wisconsin 71, Penn State 52 No. 25 Iowa 93, No. 24 Nebraska 84 RESULTS SUNDAY'S GAMES Colgate 73, American U. 69 George Washington 70, Saint Joseph's 56 Lehigh 89, Loyola (Md.) 72 Navy 50, Holy Cross 48 Wisconsin 71, Penn St. 52 McGill University (Que.) at Harvard, ccd. SOUTH George Mason 68, St. Bonaventure 53 Louisville 90, Miami 73

MIDWEST Dayton 72, Richmond 48 DePaul 75, Seton Hall 74 Iowa 93. Nebraska 84 Marquette 70, Xavier 52 Michigan 74, Indiana 63 N. Dakota St. 85, Dickinson State 53 Northwestern 68, Illinois 66 S. Dakota St. 79, South Dakota 61 Saint Louis 60, Rhode Island 53 Temple 85, Wichita St. 81, OT SOUTHWEST

Niagara at Fairfield, 7 p.m. Coppin St. at Delaware St., 7:30 p.m. Howard at Md.-Eastern Shore, 7:30 p.m.

SOUTH Savannah St. at Morgan St., 7:30 p.m. Florida A&M at Norfolk St., 8 p.m. Jackson St. at Alabama St., 8:30 p.m. Grambling St. at Alabama A&M, 8:30 p.m. Texas Southern at Southern U., 8:30 p.m. Prairie View at Alcorn St., 8:30 p.m. FAR WEST

E. Washington at N. Colorado, 9 p.m. WOMEN'S BASKETBALL THE AP TOP 25 RESULTS Saturday's Games No. 4 Maryland 75, Ohio State 69

No. 1 UConn 81, Houston 61 No. 2 Notre Dame 76, Georgia Tech 55 No. 3 Louisville 73, Duke 51 No. 5 Oregon 98, Washington State 58 No. 6 Stanford 86, UCLA 80 No. 7 Mississippi State 86, No. 16 Kentucky 71 No. 8 Baylor 73, Texas Tech 56 No. 9 North Carolina State 85, Boston Col. 69 Missouri 66, No. 10 Tennessee 64

No. 14 Syracuse 75, Virginia Tech 73, OT Indiana 68, No. 15 Michigan State 64 No. 18 California 6, Southern California 59 Louisiana State 63, No. 21 Texas A&M 52 No. 22 Arizona State 76, Colorado 70 No. 23 South Carolina 62, Alabama 59

PRO HOCKEY

NHL All times Eastern EASTERN CONFERENCE ATLANTIC DIVISION GP W

HAWKS 106, HEAT 101 Referees-Garrett Rank, Corey Syvret Linesmen-Derek Amell, Travis Gawryletz. MIAMI (82) McGruder 1-6 1-3 3, J.Johnson 3-7 0-0 7, 68-70-68-71-277 Rory McIlroy (115), \$305,333 69-68-68-72-277 L OT PTS GF GA 42 32 66 176 124 56 152 113 CAPITALS 3, RED WINGS 2 56 152 113 WASHINGTON 1 0 Tampa Bay 8 2 Whiteside 1-4 0-0 2, Winslow 6-16 0-3 13, Richardson 4-11 3-4 11, Jones Jr. 5-9 4-5 14, Olynyk 3-10 1-3 9, Adebayo 5-9 2-2 12, Wade
 42
 52
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 74< Bryson DeChambeau (90), \$218,000 HARTFORD WOLF PACK – Released F Terrence Wallin from his PTO agreement. Toronto 69-68-70-71–278 Patton Kizzire (80), \$191,000 69-71-71-68–279 Boston Phi-Goedert 10 pass from Foles (Elliott Buffalo 3-8 4-7 11, T.Johnson 0-7 0-0 0. Totals 31-87 70-71-69-69-279 Montreal Webb Simpson (80), \$191,000 70-72-72-65–279 SAN DIEGO GULLS – Returned F Steve Florida Chi–FG Parkey 34, 14:13. Chi–Robinson 22 pass from Trubisky (pass ATLANTA (106) Cameron Champ (68), \$162,500 Detroit ECHL
 Bernbry 7-11 2-3 17, Collins 5-6 3-3 13,
 Detroit
 44
 16
 21

 Dedmon 4-8 1-1 9, Young 6-14 4-6 19,
 Ottawa
 43
 15
 23

 Huerter 4-16 0-0 10, Spellman 0-1 0-0 0, Len
 GP
 W
 L0
 GP
 W
 L0
 71-68-74-67-280 ECHL - Suspended Worcester D Alex Vanie 66-71-72-71-280 Phi-Tate 2 pass from Foles (run failed), :56 one game and Norfolk D Brandon Rumble
 METROPOLITAN DIVISION
 Second Period—3, Detroit, Hronek 3 (Larkin, GP W L OT PTS GF GA
 Second Period—3, Detroit, Hronek 3 (Larkin, Nyquist), 6:48. Penalties—Ovechkin, WSH,

 Washington
 41 25 12
 4
 54 144 121
 (slashing), 10:33; Siegenthaler, WSH, (high pittsburgh

 Pittsburgh
 41 23 12
 6
 52 144 117
 sticking), 10:33; Siegenthaler, WSH, (high sticking), 14:11; Ericsson, DET, (holding),

 Olumbus
 41 24 14
 3
 51 135 126
 19:55.

 Carolina
 41 19 17
 5
 43 108 118

 N.Y. Rangers
 41 17 17
 7
 41 114 144

 New Jersey
 41 16 18
 7
 39 122 137

 Oshie, WSH, (slashing), 10:30, Oshie, WSH, major (hind sticking), 19:50.
 0shie, WSH, (slashing), 17:13; Athanasiou, DET, (tripping), 19:50.
 69-71-75-66-281 Jason Day (60), \$147,000 69 Charles Howell III (56), \$132,000 and Worcester LW Yannick Turcotte one 2-8 0-0 4, Lin 7-9 0-0 15, Hamilton 4-9 0-0 9, game, pending review. Phi Chi Dorsey 0-1 0-0 0, Anderson 1-2 0-0 2, Carter

Shots on Goal—Carolina 11-8-10—29. Ottawa 10-19-2-31. Power-play opportunities–Carolina 2 of 2; Ottawa 1 of 4. Goalies–Carolina, Mrazek 8-8-2 (31 shots-27 saves). Ottawa, Hogberg 0-2-1 (16-13), Nilsson 3-10-1 (13-11). A–12,924 (18,572). T–2:23. Referees-Kendrick Nicholson, Tim Peel. Linesmen-Shandor Alphonso, Jonny Murray.

N.Y. RANGERS

COYOTES 5, RANGERS 0 0 0

ARIZONA ō — 5 First Period—1, Arizona, Garland 4 (Galchenvuk, Ekman-Larsson), 7:19 (pp), 2. Arizona, Kempe 2 (Crouse, Archibald), 9:1 Penalties–Smith, NYR, (elbowing), 6:37. Second Period—3, Arizona, Garland 5 (Galchenyuk, Cousins), 6:34. 4, Arizona, Keller 9 (Stepan, Chychrun), 15:12. 5, Arizona, Galchenyuk 7 (Oesterle, Goligoski), F 16:38. Penalties–Archibald, ARI, Major (fighting), 7:30; Pionk, NYR, Major (fight-(cross checking), 7:30; Kreider, NYR, served by Kreider, NYR, (boarding), 10:02. Third Period-None. Penalties-Crouse, ARI, A (hooking), 13:50. Shots on Goal—N.Y. Rangers 5-9-9—23. Arizona 17-16-7-40. Power-play opportunities-N.Y. Rangers 0 of 1; Arizona 1 of 3. Goalies–N.Y. Rangers, Georgiev 5-6-0 (8 shots-8 saves), Lundqvist 12-11-7 (32-27). Arizona, Kuemper 6-11-3 (23-23). A-12.396 (17.125), T-2:18. Referees—Wes McCauley, Ian Walsh Linesmen-Lonnie Cameron, Greg Devorski.

GOLDEN KNIGHTS 3, DEVILS 2 New Jersey 2 0 200-VEGAS 3 T First Period-1, New Jersey, Hischier 12 (Bratt, Lovejoy), 5:06. 2, New Jersey, Lovejoy V 1 (Zacha, Stafford), 9:37. 3, Vegas, Reaves 8, 12:30. Penalties—Wood, NJ, (interfer-2 points for win, 1 point for OT/shootout loss ence), 14:37. Second Period—4, Vegas, McNabb 1 (Carpenter, Eakin), 11:17. 5, Vegas, Pacioretty 12 (Theodore, Tuch), 15:46. Penalties – Seney, NJ, (slashing), 3:05. Third Period – None. Penalties – Reaves, VGK, (tripping), 16:38; Reaves, VGK, (delay of game), 18:58. Shots on Goal–New Jersey 11-7-20–38. Vegas 11-11-6–28. Power-play opportunities—New Jersey 0 of 2; Vegas 0 of 2. Goalies—New Jersey, Kinkaid 13-11-6 (28 shots-25 saves). Vegas, Subban 2-5-0 (38-36). A-18,103 (17,367). T-2:35. Referees—Francis Charron, Dean Morton. Linesmen—Trent Knorr, Bryan Pancich. JETS 5, STARS 1

DALLAS 0 1 0 WINNIPEG 023-First Period-None. Penalties-None. Second Period-1, Dallas, Radulov 14 (Seguin, Klingberg), 1:56 (pp). 2, Winnipeg, Lowry 7 (Perreault, Tanev), 2:56. 3, Winnipeg, Myers 4 (Laine, Little), 18:56. Penalties-Lowry, WPG, (interference), 1:05. Third Period-4, Winnipeg, Connor 14 (Morrissey, Wheeler), 1:15, 5, Winnipeg, Morrissey 5 (Trouba, Scheifele), 16:30 (sh). 6, Winnipeg, Little 7 (Trouba, Roslovic), 19:42 (pp). Penalties–Perreault, WPG, (high sticking), 2:42; Faksa, DAL, (holding), 12:21 Fedun, DAL, (tripping), 14:27; Connor, WPG, (hooking), 14:37; Polak, DAL, (boarding), 18:03. Shots on Goal-Dallas 9-14-4-27. Winnipeg 13-5-12-30. Power-play opportunities—Dallas 1 of 3; Winnipeg 1 of 3. Goalies–Dallas, Bishop 14-10-2 (29 shots-25 saves). Winnipeg, Hellebuyck 18-12-1 (27-26) A-15,321 (15,321). T-2:23.

Milwaukee 3, Hershey 1 Rockford 6, Iowa 2 San Diego 4, Ontario 1 Today's Games None scheduled Tuesday's Games None scheduled

ECHL All times Eastern EASTERN CONFERENCE

NORTH DIVI	SION							
	GP	W	L	OL :	SOL	PTS	GF	GA
Newfoundlar	id33	21	11	1	0	43	119	92
Adirondack	33	19	9	3	2	43	105	93
Reading	33	16	9	3	5	40	108	106
Maine	33	19	13	0	1	39	104	101
Manchester	34	17	15	1	1	36	113	108
Brampton	35	15	17	2	1	33	112	113
	35		16	3	2	33	79	101
SOUTH DIVI								
SOUTH DIVI			L	OL	SOL	PTS	GF	GA
SOUTH DIVIS		w		OL : 5	SOL 0		GF 131	GA 88
Florida	GP	W 23	7			51		88
Florida	GP 35	W 23 20	7 14	5	0	51 41	131	88 107
Florida So. Carolina	GP 35 35	W 23 20 19	7 14 14	5 1	0	51 41 39	131 112	88 107 96
Florida So. Carolina Iacksonville	GP 35 35 34	W 23 20 19 17	7 14 14 14	5 1 1 3 3	0 0 0 0	51 41 39 37	131 112 102	88 107 96 119
Florida So. Carolina lacksonville Drlando Greenville	GP 35 35 34 34	W 23 20 19 17 14	7 14 14 14 19	5 1 1 3	0 0 0 0	51 41 39 37 33	131 112 102 112	88 107 96 119 135
Florida So. Carolina lacksonville Drlando Greenville	GP 35 35 34 34 38	W 23 20 19 17 14 14	7 14 14 14 19	5 1 1 3 3	0 0 0 0 2	51 41 39 37 33 32	131 112 102 112 103	88 107 96 119 135 144

WESTERN CONFERENCE

ENTRAL DI	VISIC	Л						
	GP	W	L	OL	SOL	PTS	GF	GA
Cincinnati	34	23	7	2	2	50	129	81
oledo	34	23	8	3	0	49	129	111
ort Wayne	34	19	14	0	1	39	103	102
ndy	34	18	16	0	0	36	112	118
Vheeling	34	17	15	2	0	36	123	106
alamazoo	34	15	18	0	1	31	108	130
/OUNTAIN I	DIVIS	5101	1					
	GP	W	L	OL	SOL	PTS	GF	GA
Itah		W 20		OL 3			GF 112	GA 85
Itah daho	32		8	3		44		
daho	32	20 20	8 11	3	1 2 2	44	112 112	85 88
daho	32 34	20 20 18	8 11 12	3	1 2 2 1	44 43 42 38	112 112	85 88 103
daho ulsa	32 34 36 33	20 20 18	8 11 12 13	3	1 2 2 1	44 43 42 38	112 112 106	85 88 103 106
daho ulsa Kansas City	32 34 36 33 37	20 20 18 18 15	8 11 12 13 14	3 1 4 1 5	1 2 2 1	44 43 42 38 38	112 112 106 112	85 88 103 106 117
daho ulsa Kansas City Vichita	32 34 36 33 37	20 20 18 18 15 15	8 11 12 13 14	3 1 4 1 5	1 2 2 1 3	44 43 42 38 38	112 112 106 112 110 93	85 88 103 106 117

Saturday's Games

Newfoundland 5, Jacksonville 1 Manchester 2, Reading 1, OT Maine 3, Brampton 1 Florida 7, Atlanta 2 Greenville 4, Worcester 1 South Carolina 2, Orlando 1 Adirondack 5, Norfolk 4, OT Wheeling 8, Toledo 2 Fort Wayne 3, Indy 2 Cincinnati 8, Kalamazoo 5 Rapid City 4, Kansas City 1 Idaho 4, Tulsa 2 Utah 4, Wichita 3, OT Sunday's Games Orlando 4, South Carolina 1 Worcester 3, Greenville 2 Manchester 7, Norfolk 5 Tulsa 3, Idaho 1 5 Today's Games None scheduled **Tuesday's Games** Maine at Newfoundland, 5:30 p.m. Manchester at Adirondack, 7 p.m. Kansas City at Indy, 7:05 p.m.

GOLF

PGA TOUR

TOURNAMENT OF CHAMPIONS Sunday's leaders at Plantation Course at Kapalua, Kapalua, Hawaii. Purse: \$6.5 million. Yardage: 7,518; Par: 73 (36-37) Final Xander Schauffele (500), \$1,300,000 72-67-68-62-269 Gary Woodland (300), \$759,000 67-67-68-68-270 Justin Thomas (190), \$475,000 67-72-70-65-274 Dustin Johnson (115), \$305,333 67-74-69-67-277 Marc Leishman (115), \$305,333

■NBA ROUNDUP

Harris, Clippers overcome slow start to beat Magic

LOS ANGELES (AP) — Typically the lead runner on the Los Angeles Clippers' four-quarter relay squad, Tobias Harris forced his team into a change of plans — and the adjustment worked out just fine Sunday.

Harris, one of the NBA's top first-quarter scorers, started slow but still ended up with 28 points and the Clippers overcame a sluggish opening to beat the Orlando Magic 106-96 on Sunday.

Harris, who entered with the fifth most first-quarter points at 286, was 0 for 6 from the field in the opening 12 minutes with zero points.

Lou Williams added 17 points, and Danilo Gallinari and Shai Gilgeous-Alexander each had 13. The Clippers have won 11 consecutive games against the Magic, a streak that goes back to the 2013-14 season.

Nikola Vucevic had 16 points and 24 rebounds for Orlando. Aaron Gordon added 17 points, and D.J. Augistine and Evan Fournier each had 12. The Magic have lost two straight and seven of 10, and are 1-3 on a six-game trip.

Vucevic had 11 rebounds in the first quarter to help the Magic take a 28-18 lead, but they blew a double-digit first-half lead for the second consecutive game after falling at Minnesota on Friday night.

Orlando led 47-45 at halftime, and the Clippers took their first lead just under two minutes into the second half on Marcin Gortat's turnaround basket. The Clippers struggled from the field in the opening quarter, shooting just 7 of 26.

Orlando led by as many as 15 points before the Clippers rallied with a half-ending 21-12 run.

Nets 117, Bulls 100

D'Angelo Russell is on a roll, and so are the Brooklyn Nets. Russell scored 28 points. DeMarre Carroll

points, DeMarre Carroll had 20 points off the bench and the Nets beat the Chicago Bulls 117-100 on Sunday for their third straight victory.

Jarrett Allen added 19 and six rebounds as the Nets (20-21) improved to 12-3 in their last 15 games.

The Nets made 16 3-pointers. Russell was 6 for 14 from beyond the arc.

Zach LaVine had 27 points for Chicago (10-30) and Bobby Portis scored 17 in 20 minutes off the bench after missing seven games with a sprained right ankle.

Lakers 108, Timberwolves 86

Andrew Wiggins scored 25 of his 28 points in the first half, helping the Minnesota Timberwolves take charge from the opening tipoff and breeze by the LeBron James-less Los Angeles Lakers for a 108-86 victory on Sunday, the last game for coach Tom Thibodeau.

Thibodeau was fired about an hour after the Timberwolves raised their home record to



AP PHOTO

Clippers' Lou Williams, center, drives past Orlando Magic's Terrence Ross (31) and Mo Bamba.

8-2 against Western Conference foes, according to a person with knowledge of the decision. Karl-Anthony Towns totaled 28 points, 18 rebounds and four blocks and Jeff Teague scored all of his 15 points in the first half and finished with 11 assists for the Timberwolves, who are

15-12 since trading Butler. Lance Stephenson had 14 points for the Lakers, who fell to 1-5 without James since he strained his groin.

EAGLES FROM PAGE 1

Mitchell Trubisky completed two passes to get the Bears close enough for Parkey. But his kick took a double deflection and fell harmlessly into the end zone.

He was 11 of 12 in the fourth-quarter on field goals before missing the biggest kick of his career.

"I think the big thing is, we saw some adversity tonight in the first half (and) I had a couple of turnovers," Foles said. "I think the big thing is that no one loses faith, no one stops believing, everyone just keeps talking, keeps believing in one another, and we just rallied. Our defense really kept us in this game."

Tate made a reaching grab in the right side of the end zone near the goal line. "We found a way," Tate said. "That's playoff football right there for you. That's why we play this game for times like now once you get to January and February."

Philly plays at New Orleans (13-3) next Sunday. Chicago's sensational turnaround season from last place to the NFC North title is over.

"We wanted to write our story and start it off," Bears second-year quarterback Mitchell Trubisky said. "But it does not always go the way you want it to, and that's life, that's football."

No team has repeated as Super Bowl champion since New England in 2004, and the Eagles are a sixth seed. The last sixth seed to win the NFL title was Green Bay in the 2010 season; the Packers won the NFC championship at Soldier Field that season. These Eagles, led by Foles once again replacing an injured Carson Wentz, and a defense down to backups at several positions, seem to have that magical touch like last season.

It was a sizzling ending to a game marked by superior defense and several critical mistakes by the Eagles.

They had to survive after Tarik Cohen, an All-Pro punt returner, took back the kickoff following Philly's go-ahead score 35 yards. Mitchell Trubisky completed two passes to get the Bears close enough for Parkey. But his kick took a double deflection and fell harmlessly into the end zone.

He was 11 of 12 in the fourth-quarter on field goals before missing the biggest kick of his career.

"Obviously, we're just hoping for a miss," Foles said. "This was a hard-fought game. That's an amazing team we just played against and it came down to the wire."

The Bears are 1-15 all-time in playoffs when trailing after three quarters. They fell behind when Foles connected with rookie Dallas Goedert for a 10-yard touchdown in the third period that was set up by a 33yard pass interference call on cornerback Prince Amukamara.

Although the Eagles outplayed the Bears in the first half, errors left them behind 6-3. A 15-yard personal penalty on Michael Bennett aided Chicago's drive to a 36-yard field goal by Parkey, and a dropped potential interception in the end zone by Tre Sullivan allowed Parkey to make a 29-yarder as the half concluded.

Philadelphia also had an interception by Avonte Maddox deep in Chicago territory overturned by video replay.

Philly did score on its opening series of the game, a

50-yard drive to Jake Elliott's 43-yard field goal. And again on its first possession in the third quarter as Goedert got wide open on a short post pattern behind Adrian Amos, who had an end-zone interception of Foles' ill-advised throw in the second quarter.

Parkey also made 34-yarder early in the manic final quarter.

"We had a lot of fun and I love our guys to death," Bears coach Matt Nagy said.

REID'S INFLUENCE

Both head coaches, Nagy in Chicago and Doug Pederson in Philadelphia, are Andy Reid proteges. That usually means lots of passing, and each team didn't do much on the ground, combining for 107 yards rushing.

But Trubisky threw for 303 yards, going 26 of 43. Foles was 25 of 40 for 266 yards.

CHARGERS FROM PAGE 1

quarter before Jackson threw two touchdown passes to make it close. Given one final chance to complete the comeback, the 21-year-old Jackson looked every bit like the youngest quarterback to start an NFL playoff game when he lost the ball on his third fumble.

Jackson finished 14 for 29 for 194 yards with an interception. He was sacked seven times.

The Chargers got even for a 22-10 loss two weeks ago to Baltimore (10-7), the AFC North champions.

The Ravens were making their first playoff appearance since 2014 after Jackson led the team on a 6-1 season-ending run following an injury to longtime starter Joe Flacco.

In the days leading up to the game, Jackson — the 2016 Heisman Trophy winner — was lauded for the job he did to get Baltimore into the postseason. With the former Louisville star leading the way, the Ravens went on a tear by combining a time-consuming ground game with the league's top-ranked defense.

Jackson finished with 54 yards rushing, but he was booed by many in the crowd of 70,432 after the Ravens fell behind by 20 points.

Not long after that, Jackson threw a 31-yard touchdown pass to Michael Crabtree to make it 23-10 with 6:33 remaining. Then he tossed a 7-yarder to Crabtree with 1:59 remaining, but Baltimore's last chance ended when Jackson fumbled after being hit by Uchenna Nwosu.

Los Angeles used a 1-yard touchdown run by Melvin Gordon to take a 20-3 lead with 14:44 left. The score came one play after Gordon lost control of the ball at the goal line and the Ravens took it the other way for a touchdown, but he was called down by contact and a replay confirmed the call.

That pretty much ended any hope the Ravens had of winning their first home playoff game since the 2012 season. Baltimore had won five straight in the wild-card round under coach John Harbaugh.

At halftime, Jackson was 2 for

8 for 17 yards and an interception for a 0.0 quarterback rating. Los Angeles led 12-0 at the break, marking the first time in franchise history the Ravens were blanked in the first half of a playoff game.

The Ravens fumbled three times during their first eight offensive plays, losing the last one by Kenneth Dixon on a tackle by Melvin Ingram at the Baltimore 15 to set up Los Angeles' first field goal.

The Chargers then used a 33yard punt return by Desmond King to set up a 53-yard field goal for a 6-0 leadr.

An interception by Adrian Phillips led to another field goal, and Badgley made it 12-0 with another 3-pointer on the final play of the first half.

Philip Rivers went 22 for 32 for 160 yards for the Chargers.

LOOSE BALL

Jackson fumbled on Baltimore's opening possession, but picked it up himself. The same thing happened in the second series before Dixon lost the ball. Jackson has fumbled in nine straight games.



AP PHOTO

Los Angeles Chargers strong safety Jahleel Addae, left, and free safety Derwin James tackle Baltimore Ravens wide receiver Willie Snead.

BUCS FROM PAGE 1

Bucs will be in the market for pass-rush help. Yes, Jason Pierre-Paul (12.5 sacks) and Carl Nassib (6.5 sacks) turned in solid seasons, but Tampa Bay still managed to generate pressure on just a quarter of pass plays. Only Oakland's pass rush was worse.

Ohio State's Nick Bosa won't fall to the Bucs, but Clemson's Clelin Ferrell (No. 99) likely will. Over the past two seasons, he has been consistently disruptive, recording a total of 21 sacks and 36.5 tackles for loss.

Help wanted (again), Part II

Alabama's Damien Harris (No. 34) will be one of the

top running back prospects in the draft, but it's hard to see the Bucs, with Peyton Barber and Ronald Jones in the fold, investing an early pick in him, even if he were to slip to the second round.

They need an experienced pass-catching back who is elusive in space, and Harris doesn't fit that profile.

No matter what Dirk Koetter wanted you to believe this season, the Bucs need help at tackle.

On the left side, Donovan Smith allowed 50 pressures, fourth most. Alabama's Jonah Williams (No. 73) allowed 10 pressures, though he wasn't facing NFL-level competition every week.

My way-too-early read on the Bucs' 2019 season is that we'll be asking the same questions that we're asking today and that the quarterback situation won't be any more settled. Jameis Winston isn't bad, but he'll be eligible for free agency after next season. Can he live up to a lucrative contract extension?

If Tampa Bay subjects us to early-season clunkers like it did in Chicago and Cincinnati, prepare for an onslaught of "Tank for Tua" takes.

And it will be justified. Alabama's Tagovailoa (No. 13) commanded the nation's most efficient pass offense this season, according to Football Outsiders' S&P+ ratings, and bolstered his case for being the top overall pick in the 2020 draft.

He was fifth in completion percentage (69.5), 12th in pass yards (3,671), second in yards per attempt (11.4) and third in pass touchdowns (41).

E/N/C

MEN'S COLLEGE BASKETBALL ROUNDUP

Matthews, Poole team for 36, lift Michigan over Indiana

ANN ARBOR, Mich. (AP) — Charles Matthews scored 16 of his 18 points in the first half to help No. 2 Michigan build a double-digit lead and the Wolverines held on for a 74-63 victory over No. 21 Indiana on Sunday to remain unbeaten.

Jordan Poole also finished with 18 points for the Wolverines (15-0, 4-0 Big Ten), who are a win away from matching the school's best start. They joined No. 8 Michigan State as the two teams without a Big Ten loss four games into the 20-game conference schedule.

The Hoosiers (12-3, 3-1) had won seven straight since losing at Duke.

Michigan's Zavier Simpson scored 12 points and freshman Brandon Johns had eight points and eight rebounds.

Indiana's Juwan Morgan scored 25 points on 9-of-22 shooting. Romero Langford added 17 points.

When Morgan and Langford were in foul trouble early in the first half, the Wolverines took advantage and gained control of the game for good.

Michigan led 44-29 at halftime and didn't have much trouble keeping a comfortable cushion after halftime in part because Morgan picked up his third and fourth fouls.

No. 16 Marquette 70, Xavier 52

Sacar Anim made the most of Markus Howard's presence for Marquette.

Anim scored 14 of his 20 points in the first half, and the No. 16 Golden Eagles remained unbeaten at home with a 70-52 victory over Xavier

Anim was 9 for 14 from the field. Howard had 26 points and eight assists, and Joey Hauser added 18 points.

The Golden Eagles (12-3, 1-1) bounced back from an 89-69 loss at St. John's in their Big East opener on New Year's Day. They improved to 11-0 at the new Fiserv Forum.

"I'm proud of my team, especially on the defensive end," coach Steve Wojciechowski said. "Obviously we can play a lot better offensively. But, winning with defense is OK."

Naji Marshall had 21 points for Xavier (9-7, 1-2), and Paul Scruggs finished with 17.

The Musketeers were just 1 of 14 from 3-point range and managed just four assists.

The Musketeers shot just 31.5 percent (17 for 54) from the field. They made just of one of their first 11 shots to open the second half.

Howard, Amin and Hauser shot a combined 25 of 45, while the rest of the Golden Eagles were 2 for 18.

Marquette had won eight straight, including three over ranked opponents, before the loss at St. John's.

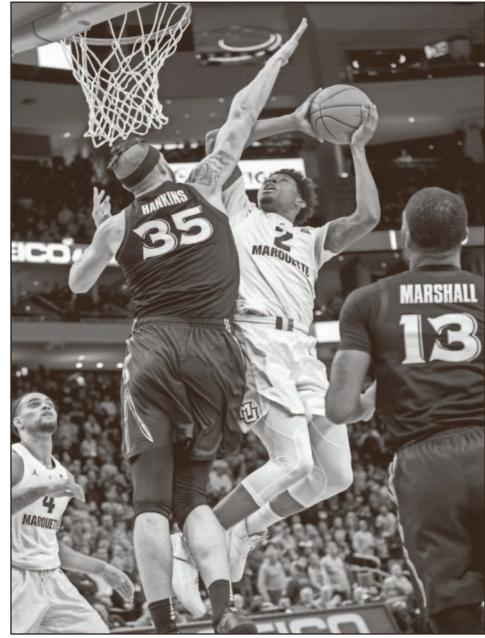
No. 25 Iowa 94, No. 24 Nebraska 84

Jordan Bohannon scored a season-high 25 points, Tyler Cook had 16 and 25th-ranked Iowa beat No. 24 Nebraska 93-84 on Sunday, snapping a three-game losing streak to open Big Ten play.

Ryan Kriener added 14 points in his first career start for the Hawkeyes (12-3, 1-3). They shot 29 of 32 from the free throw line in holding off the Huskers (11-4, 1-3).

Bohannon's banked 3, his first basket of the game, gave Iowa a 44-40 lead at halftime. Bohannon drilled another 3 to help slow Nebraska's momentum and push Iowa's edge back up to 72-63 — and he did the same after the Huskers got within 72-68.

Bohannon's final 3, with 2:03 left, gave Iowa an 83-75 lead.



AP PHOTO

Marquette forward Sacar Anim goes up for a basket against Xavier forward Zach Hankins during the first half Sunday, in Milwaukee. Anim scored 20 points on 9-for-14 shooting from the field.

WOMEN'S BASKETBALL ROUNDUP

No. 1UConn rebounds from loss to handle Houston

After first regular season defeat in more than four years, Huskies coast to 81-61 win

HOUSTON (AP) — Following the first regular season loss in more than four years, UConn coach Geno Auriemma didn't know how his team was going to react.

The Huskies came out with energy en route to a convincing win on Sunday.

Katie Lou Samuelson had 19 points, Napheesa Collier added 18 points and the top-ranked UConn Huskies rehounded from a rare regular-season loss with an 81-61 win over Houston. "I thought we were in a little bit of a hurry sometimes on the offensive end to make things happen quicker than they were happening, but once we settled in, I thought that second quarter, we played some great basketball," Auriemma said. "We got a couple really good players that understand what needs to be fixed and we got better at some things that we weren't so good at the other night." Megan Walker had 14 points and seven rebounds, Crystal Dangerfield had 13 points and six assists and Christyn Williams had 12 points for UConn (12-1, 1-0 American), which had its streak of 126 consecutive regular-season wins snapped in a 68-57 loss to No. 8 Baylor on Thursday. 'The last time I checked, we didn't have any players come up and say 'We want to cancel the rest of the season because we lost the game,'" Auriemma said. Walker said the vibe in practice has been engaged since the loss. Octavia Barnes had 15 points, Serithia Hawkins added 10 points and Tatyana Hill added nine points for Houston (6-8, 0-1).Houston scored the next five points to cut the lead to nine on Hill's layup with five minutes remaining, but UConn finished the half with a 14-2 run to take a 51-30 halftime lead on Dangerfield's jumper.

Tech 76-55 on Sunday. With No. 1 UConn's loss to Baylor on Thursday night, Notre Dame (14-1, 2-0 Atlantic Coast Conference) could claim the top spot in Monday's new poll. UConn gave the Fighting Irish their only loss on Dec. 2. Notre Dame has won seven

Notre Dame has won seven straight entering an ACC showdown with No. 3 Louisville this Thursday night.

(8-6, 0-2), who lost their first two ACC games for the second straight year and just the third time since 1992-93. Duke had its sixth 20-turnover game of the season and was just 2 of 13 from beyond the arc. The Blue Devils trailed by

The Blue Devils trailed by double figures for all but 40 seconds of the second half, but cut their deficit to 50-40 on Gorecki's layup early in the fourth. Carter and Evans hit back-to-back 3s to start the 10-0 run that put Louisville up by 20.



No. 2 Notre Dame 76, Georgia Tech 55

Jessica Shepard scored 19 points, most on layups, and No. 2 Notre Dame strengthened its case for the top spot in the Top 25 by overpowering Georgia Led by Shepard, Arike Ogunbowale, who had 13 points, and Brianna Turner, who had 11 points, the Fighting Irish outscored the Yellow Jackets 60-20 in the paint.

Elizabeth Balogun led Georgia Tech (11-4, 1-1) with 14 points. Elizabeth Dixon had 12.

Note Dame improved to 11-0 against Georgia Tech and 79-3 in the ACC since entering the league for the 2013-14 season.

Coach Muffet McGraw called a 100-44 win over Pittsburgh on Thursday night the "best game" of the season for the Fighting Irish.

No. 3 Louisville 73, Duke 51

Arica Carter kept taking, and making, 3-pointers for No. 3 Louisville. It added up to a career day — and the Cardinals' first victory at Cameron Indoor Stadium.

Carter had career highs of 23 points and seven 3-pointers in Louisville's 73-51 rout of Duke on Sunday.

Dana Evans added 16 points for the Cardinals (14-0, 2-0 Atlantic Coast Conference), who never trailed and shot 41 percent. Their first win at Cameron was worth a line in the record book — it was the Blue Devils' most lopsided home loss in more than five years.

Asia Durr, whose average of 21.5 points ranks second in the league, finished with 13 on 4-of-12 shooting. Louisville shot 50 percent from 3-point range while making 12 of them, forced 24 turnovers and turned those into 24 points.

"All of a sudden, it's like, 'Oh my gosh, (opponents) can't leave Arica wide open,'" Walz said. "It's going to make life easier for Asia."

Leaonna Odom had 16 points and Haley Gorecki finished

No. 8 Baylor 68, Texas Tech 57

No. 8 Baylor is back in Big 12 play, and a familiar role after taking down top-ranked UConn.

"We're the UConn in the Big 12. We know that we have a target on our back, we've won eight straight years," coach Kim Mulkey said. Queen Egbo had 19 points and 10 rebounds, and the Lady Bears followed their victory over UConn with a 73-56 win against Texas Tech in their Big 12 opener on Sunday.

The Lady Bears (11-1, 1-0), who topped the 11-time national champion Huskies 68-57 on Thursday night, went ahead to stay against Texas Tech by scoring the last seven points of the first quarter. Egbo then hit a short jumper on her first shot of the game in the opening seconds of the second quarter, making it 24-16.

NaLyssa Smith, another Baylor freshman, added 14 points and seven rebounds. Graduate transfer Chloe Jackson scored 11 points. Kalani Brown, the reigning Big 12 player of the year, got in early foul trouble and finished with 10 points in 10 minutes.

Chrislyn Carr made four 3-pointers and scored 19 points for Texas Tech (9-4, 0-2), which shot 31 percent (20 for 64) from the field. Sydney Goodson had 15 points.

The Lady Bears carried a 43-28 lead into the break after Jackson's deep 3-pointer was taken off the board when officials looked at a replay and determined she didn't get the shot off before the buzzer

AP PHOTO

Houston guard Jasmyne Harris defends as Connecticut forward Katie Lou Samuelson drives to the basket during the first half Sunday, in Houston.

sounded to end the half.

Texas Tech, which had a 1-for-11 shooting slump during the second quarter, made only two of 21 shots in the third.

Missouri 66, No. 10 Tennessee 64

Missouri's Sophie Cunningham irritated Tennessee's fan base late in the third quarter by elbowing Tennessee's Rennia Davis on her way to the basket.

She gave them even more reason to gripe by the end of the day.

Cunningham scored 20 points and Haley Troup added a career-high 16 points off the bench as Missouri edged the 10th-ranked Lady Volunteers 66-64 on Sunday for its fifth consecutive victory. Missouri (13-3, 2-0 SEC) beat the Lady Vols at Knoxville for the first time in five attempts and ended a 20-game skid in road games against top-10 teams.

A postgame video showed Cunningham exchanging words with Tennessee's Rae Burrell and Lou Brown after the game. The same video showed Cunningham going back to shake the hand of Tennessee assistant to the head coach Janet McGee, who initially appeared to walk past her without shaking her hand.

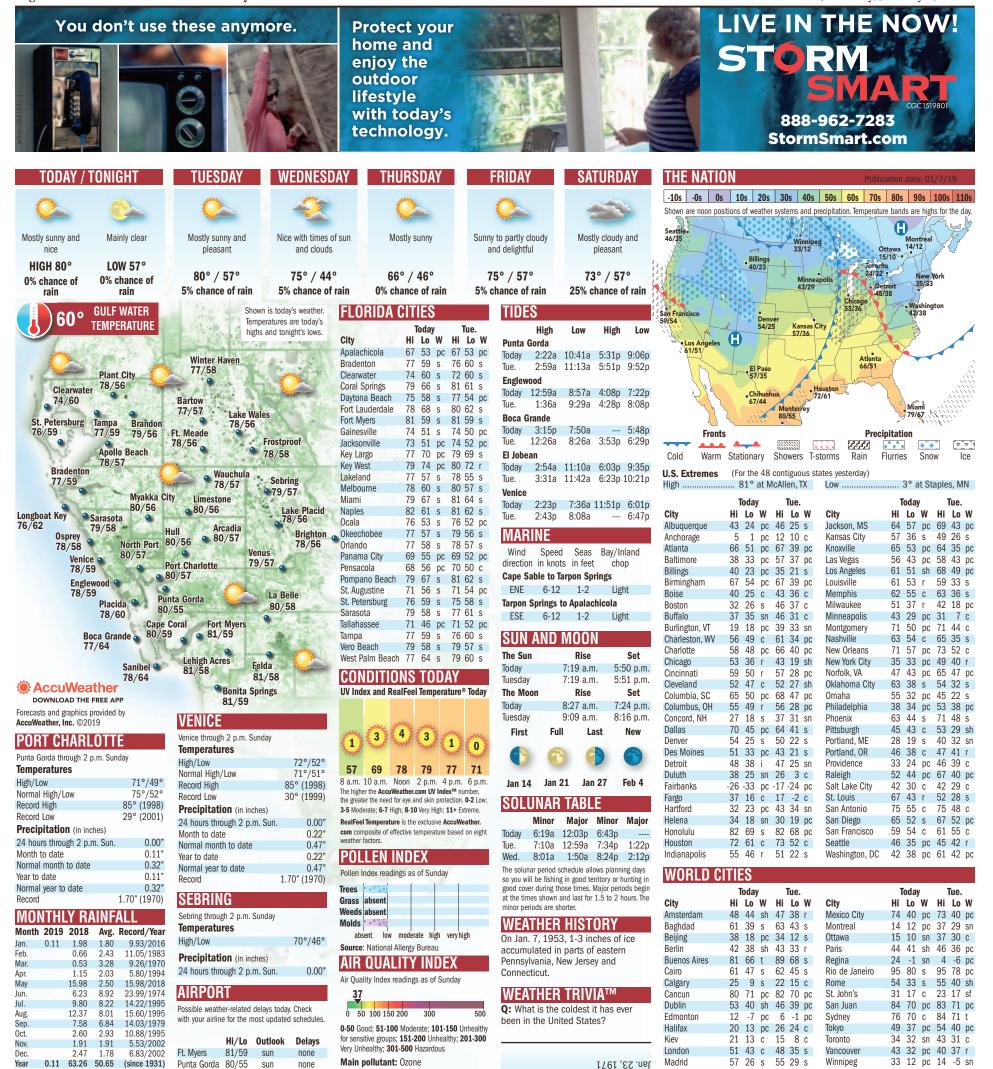
Zaay Green made a threepoint play to cut Missouri's lead to 65-63 with 1:28 remaining. Evina Westbrook had a chance to tie the game when she went to the foul line with 59.4 seconds left, but Missouri maintained a 65-64 advantage after she missed the second of two free throws.

Cunningham missed a shot on Missouri's next possession, giving Tennessee (12-2)another opportunity. Tennessee called a timeout with 19.6 seconds left and got the ball to Davis, whose shot bounced off the rim. Page 8

E/N/C

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The Sun | Monday, January 7, 2019



■ GOLF

from a 24-hour period ending at 5 p.m.

Sarasota

79/58

sun

none

Source: scgov.net

From small college to PGA lour winner

A: -79.8F at Prospect Creek, Alaska,



AP PHOTO

Brice Garnett, a Missouri Western State grad, plays his shot from the first tee during the second round of the Tournament of Champions golf event, at Kapalua Plantation Course in Hawaii.

By DOUG FERGUSON

AP GOLF WRITER

KAPALUA, Hawaii — Missouri Western State is not exactly a pipeline to the PGA Tour.

Neither is Gallatin, Missouri, a farming community of 1,800 where Brice Garnett honed his game on a nine-hole course. Thirteen years ago, Garnett was finishing up his degree in business finance with every intention of working for a bank.

"Never thought we'd be here, at Kapalua, playing the Tournament of Champions," Garnett said.

About the only thing he has in common with the other 32 players in the

field is winning on the PGA Tour. His victory was last March at the Corales Puntacana Resort & Club Championship in the Dominican Republic.

What sets him apart is not the five years he spent on the Web.com Tour, or even the three years he spent driving across Texas on the Adams Tour in a Chevrolet Equinox his parents gave him for a graduation present.

Garnett is a rarity coming from a school like Missouri Western State, best known as the training camp for the Kansas City Chiefs. He competed against Troy Merritt at Winona State in Minnesota before Merritt — also in the field at Kapalua — transferred to Boise State.

Garnett played mostly regional golf growing up in Gallatin, and he improved enough to dream about playing for the Missouri Tigers. He wrote the golf coach asking if there was room for him.

It wasn't until his junior year that Garnett got going, winning 12 times over his last two seasons for the Griffons. Still, this was Missouri Western State. The All-Americans that year included Dustin Johnson and Billy Horschel.

"I had no plans to turn pro until Christmas of my senior year, and Dad brought it to my attention that he might get some money behind me," Garnett said.



Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

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Through your sponsorship you will be helping these charities bring much needed assistance to our injured veterans as they try to define a "new normal" for themselves and their families. One statistic I am personally most proud of is (14) Cadets from the NPHS NJROTC 2018 Graduating class enlisted in active military service to protect us, our country and the freedoms and traditions we most greatly value. There are over 110 cadets in the program this year, 19 of which are high school seniors. Please feel free to contact me directly if you have any questions. Thank you for your generosity!

Chris Trottier, PGA, CMAA