

HIGHLANDS NEWS-SUN

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YOUR HOMETOWN NEWSPAPER SINCE 1919

Veteran receives mortgage-free home

By ROBERT MILLER
NEWS CLERK

U.S. Army Sergeant First Class, retired U.S. Army, Jerry Harris wears many hats. He's a father, he loves old horror movies, enjoys YouTube and is the proud owner of a black, 2003 Terminator Cobra Mustang convertible. Now he can add homeowner to that list.

Harris served in the United States Army for 25 years where he served four combat tours including time in Panama when Manuel Noriega was in power. Harris now suffers from a traumatic brain injury, post-traumatic stress and pain in his lower back, neck and shoulders, all related to his deployment.

He also went through two

wives and had six children. The first three children are all grown up and living their own lives, but he still had a 12-year-old son and disabled eight-year-old daughter at home. Harris wanted to leave something to his kids other than his bills.

Harris started the process six years ago when his wife at the time found Operation Homefront on the internet. The non-profit's Homes on the Homefront program provides veterans and their families with the opportunity to move into a home while working directly with a caseworker to learn and plan for owning a home. This particular home, located in Lake Placid, was donated by



COURTESY PHOTO

Operation Homefront Housing Manager Rachel Boyd welcomes Army veteran Jerry Harris to Lake Placid with a mortgage-free home donated by JPMorgan Chase & Co.

HOME | 7A

Ag-Venture impact

Teachers share how the agricultural learning experience affects their students

By MARC VALERO
STAFF WRITER

SEBRING — The 19th annual Highlands County Ag-Venture, a hands-on school field day about Florida agriculture for third-graders, will be held Nov. 14-16.

Funded through donations and powered by dozens of volunteers, Ag-Venture provides a memorable



FILE PHOTOS

Third-graders plant Boston ferns at the ornamental horticulture station at Highlands County Ag-Venture.

and fun learning experience for third-graders from public and private schools.

A Fred Wild Elementary teacher and a Woodlawn Elementary teacher shared their Ag-Venture

experiences over the years and how it has impacted their students.

But first, adults and the rest of the family and community can support the effort and see what it is all about at Night Time Ag-Venture, Tuesday, Nov. 13 at the Highlands County Fair Grounds.

The steak dinner, from 4:30-6:30 p.m., is eat in or take out, rain or shine, and the cost is \$12 for adults and \$6 for children.

There will be guided tours, at 5 p.m. and 6 p.m., of the Ag-Venture stations the children will participate in during the day.

Also, entertainment starts at 5 p.m. on the outside stage.

For advance dinner tickets, call 863-441-1317 or purchase at the gate or Highlands County Farm Bureau.

Also, volunteers are still needed — contact Darlene Phypers at



At Ag-Venture's 'Alligators' station, students learn about alligators in the wild and how they are farmed commercially.

IMPACT | 8A

Sebring High Jr. ROTC sets goals

By MARC VALERO
STAFF WRITER

SEBRING — The Sebring High School Air Force Junior ROTC program presented an overview of its goals and community involvement for the 2018-19 school year at a recent School Board of Highlands County meeting.

Cadets informed the School Board of their unit's goals including the Cadet Impact Goals, which calls for 80 percent of current active

cadets to maintain a 2.0 GPA or better for the 2018-19 school year; 75 percent of cadets will earn an average score of 80 percent or better for uniform wear and the cadet corps' leadership will involve at least 50 percent of the cadet corps in leadership activities.

The unit's School Impact Goals call for the cadets to perform three recruiting trips to each middle school

SEBRING | 7A



COURTESY PHOTO

Representatives (cadets and instructors) of the Sebring High School Air Force Junior ROTC program at Monday's meeting of the School Board of Highlands County.

REMODEL | 7A



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Lottery SPORTS WIRE
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LENDER

Fatal wreck scene from Tuesday in N.C.



The Honda motorcycle of David and Nancy Drach of Lake Placid lies wrecked on the shoulder of North Carolina State Road 194 South, shortly after lumber falling off the flatbed truck in the background caused them to wreck. David Drach, 62, died from his injuries; Nancy Drach, 59, is in critical condition, and the driver of the truck, 45-year-old Roger Isaacs of Zionville, N.C., has been charged with misdemeanor death by vehicle.

Roll over wreck had no injuries

By KIM LEATHERMAN
STAFF WRITER

AVON PARK — A two-vehicle accident resulted in a roll over on Friday afternoon. According to a Highlands County Sheriff's Deputy on the scene, there were no injuries. The accident report was not ready as of time of press time on Friday.

Janire Cerapio was the driver of a Nissan Rogue. She said she was headed east on W. Walnut Street and stopped her car at the corner of S. Florida Avenue and W. Walnut Street.

Upon entering the intersection to cross the street and continue on W. Walnut, her car collided with a black Ford F-150 extended cab pick up truck. Witnesses say the Ford pickup truck was headed south on S. Florida Avenue.

The Rogue had heavy front end damage and came to rest facing east southeast in the intersection. The Ford rolled over onto the driver's side and landed facing north on S. Florida Avenue.

The Rogue had three children, ages 4, 5 and 7 who Cerapio just picked up from school. A deputy



A rollover accident in Avon Park Friday afternoon did not have any injuries.

At the scene said there were two people in the Ford and a dog. No one had any injuries and no one was taken to the hospital.

Highlands County Sheriff's Office was joined by City of Avon Park Fire Department and Highlands County EMS.

Cerapio was visibly shaken but said she was uninjured.

"I'm just happy to be alive and have my babies safe," she said. "I just bought the car last month but it can be replaced. My babies can't."

Cerapio's sister, Maria Velez who was taking care of the kids and helping

her sister, remarked that the residential roads in the neighborhood can be very dangerous.

The driver of the Ford and its passengers were not readily identified.

Fault will be assigned after the investigation is complete.

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states.

The victim reported that Jean Aimee swung the machete at her and she believes that the

a surveillance system in Jean Aimee's bedroom, but the suspect stated it was not working and would not review it.

The officer also talked with a neighbor who reported hearing and seeing a disturbance between the victim and the suspect from across the street. The neighbor told the officer that she heard a loud bang from across the street. A short time later the neighbor reported seeing both the victim and the suspect outside the residence pushing each other.

The physical altercation continued, and the suspect allegedly pushed the victim up against the inside of the front door while it was open, which caused the victim to fall to the ground and break the key off the upper deadbolt lock. The officer did note that the key was broken off of the front door.

The victim said that after the key was broken, the key chain fell to the ground, and she picked it up in case Jean Aimee pulled her inside and she had to get out.

Jean Aimee told the officer that the confrontation was only verbal, not physical, and the officer was unable to locate a machete. The officer reported seeing

"stop" several times.

The witness told the officer that the victim was trying to get inside the residence and the suspect was trying to keep her outside the house. The witness allegedly stepped outside the residence and yelled "stop" several times.

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"Leave," the witness allegedly replied to the victim.

Although the witness did not see a knife or machete at any point, she went back inside her residence and called for help, the report states.



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Sebring man accused of aggravated battery

By MELISSA MAIN
STAFF WRITER

SEBRING — A dispute between roommates allegedly turned physical, and a concerned neighbor calls the Sebring Police Department for help.

On Wednesday, Sebring Police Department arrested Elie Francois Jean Aimee, 57, of Sebring. Jean Aimee was charged with aggravated battery on a person with a deadly weapon.

A Sebring police officer arrived at the residence at approximately 6:35 p.m. on Wednesday. The officer spoke to the victim who stated that she had lived in the residence for a month-and-a-half.

According to the victim's statement, the relationship was only friendly, not romantic, but she decided to move out of the residence because "Jean Aimee had gotten 'grabby.'"

She had arrived at the house earlier that day to remove her belongings, the victim said. When she returned to the house, the victim and Jean Aimee began a verbal confrontation that turned physical, the report states.

The victim said Jean Aimee opened the front door of the residence and was holding the machete he usually keeps in his bedroom. He then grabbed the victim by her left arm and her hair and tried to pull her into the residence, the report states.

The victim re-reported that Jean Aimee swung the machete at her and she believes that the handle hit the ring finger on her left hand. The officer noted the tip of her ring finger on her left hand was red and swollen.

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LP's Community Halloween adds new features

By KIM LEATHERMAN
STAFF WRITER

LAKE PLACID — Princesses and pirates, ghosts and ghouls will be roaming the streets of downtown soon. The fifth anniversary of the Lake Placid Community Event will be held from 6 to 9 p.m. on Wednesday, Oct. 31. Interlake Boulevard and Main Avenue will be closed to motorists at 5 p.m. Be prepared to detour. Several traditions that have formed over the years will continue. Interlake Boulevard and Main Avenue will have individuals and business vendors handing out candy, coloring books and even play games for trick-or-treaters at this not-so-scary event. Vehicles will line the thoroughfares for trunk-or-treaters, where trunks get transformed into different themed Halloween motifs. Some are a bit scary, while others

are just silly. New this year is a haunted house hosted by Michael Rios of Renshinkan Karate, also known as the Heyman's Martial Arts studio. Lake Placid Police Chief James Fansler said there will be signs to direct people to the new and otherworldly house. Another highlight that is sure to be a favorite tradition is the outdoor movies at the Lake Placid Journal off of Main Ave. The owners of the complex, Elizabeth and Ken LeBlanc, will be showing the kid's movie "Hotel Transylvania" at 8 p.m. The Halloween event was the brainchild of Fansler after he saw the dangers of hundreds of kids walking down CR 621 in the dark, wearing dark costumes with traffic nearby. "If they choose not to attend the downtown event, we yet our applicants and the route is blocked off and safe. If they attend the event downtown, LPDD will have a booth set up in front of the PD as well as several officers out along the route."

Lake Placid man charged with cannabis possession

By MELISSA MAIN
STAFF WRITER

LAKE PLACID — A traffic stop at the intersection of Lake Mirror Drive and US 27 ended with deputies discovering over 20 grams of cannabis on the passenger. On Wednesday, Highlands County Sheriff's Office arrested Thomas Nicholas Timm, 20, of Lake Placid. Timm was charged with possession of over 20 grams of marijuana and possession of drug equipment.

A deputy saw a maroon Nissan Maxima approach the intersection of Holmes Avenue and CR 29 and reportedly fail to come to a complete stop. Due to traffic, the deputy was not able to conduct the stop until the driver

turned onto Lake Mirror Drive from US 27. When explaining the reason for the traffic stop, the passenger became visibly nervous, with his arms and legs shaking, the deputy reported. The deputy requested that a K-9 complete a "free air sniff." The deputy queried the driver and passenger information using his mobile computer terminal and wrote a written warning for the driver, Morgan Keck, for failing to come to a complete stop at the sign. The deputy with the K-9 reported that he



TIMM

had received a positive result from his K-9 partner. Based on this result, the deputies conducted a search of the vehicle and found a hand-rolled cannabis cigarette on the front passenger floorboard directly where Timm was sitting." Deputies also found two clear bags of a green leafy substance that tested positive for cannabis, the report states. The total weight of the cannabis was reported to be 29.6 grams. Timm was placed under arrest and was transported to the jail. The driver was reportedly taken by EMS for medical reasons, and the vehicle was removed from the scene by a family member of the driver.

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Parkway/Memorial needs improvement

Overhead sensor might shave work time

By PHIL ATTINGER
STAFF WRITER

SEBRING — County Engineer Clinton "Gator" Howerton Jr. said one of the intersections he wants to get improved soon is Sebring Parkway at Memorial Drive. If an overhead traffic-signal sensor being tested on the Parkway at Scenic Highway works well, it's possible that having one at Memorial would shave time needed to fix that intersection.

It's academic right now, he said: He doesn't have a cost estimate yet, and once he does, the county and city of Sebring — who share jurisdiction of that site — would have to ask for bids from a contractor. The county does not have its own milling machine, Howerton said, but milling the asphalt would be part of the work, so a contractor

needs to be able to do that. Likewise, Howerton said he'd like to see one contractor do all the work needed at Parkway and Memorial, to further save time and save the inherent difficulty of coordinating more than one company at the same time.

It's a busy intersection, providing an interchange for traffic heading to and from U.S. 27, downtown Sebring and even downtown Avon Park, by way of Memorial.

It also provides access to three shopping plazas, two of them through Memorial, just one block off the U.S. 27 and Parkway/Schumacher Road intersection, which alone carries 50,000 car trips per day.

Relief for those two intersections won't arrive until the end of 2019, when Sebring Parkway could average between 8,000-9,000 trips per day on Memorial Drive and as high as 12,500 per day on State Road 17 between Avon Park and Sebring.

With Phase III and a traditional T-road intersection on Memorial Drive, traffic counts on Memorial Drive could drop to 5,500-6,500 trips per day south of College Drive, the study said. On S.R. 17, trip counts could drop to less than 9,000 trips per day, and Phase III would handle 7,700 inter-city trips.



PHIL ATTINGER/STAFF
The westbound view of Sebring Parkway at Memorial Drive shows several potholes leading up to the intersection.

The roundabout was added to the plan by former county engineer Ramon Gavarré to make for smoother traffic flow at the Memorial and Parkway/College Drive point. For now though, the Parkway at Memorial Drive could see a significant portion of those 10,000 trips from Memorial, added to its Parkway through-traffic. Shutting down a lane at a time anywhere near that disrupts motorists, Howerton said. Shutting down the whole Parkway/Memorial junction is not an option. Meanwhile, heavy truck tires and constant use has worn potholes and grooves in the pavement. The intersection has needed work for while, but Howerton said one reason that work has been delayed, aside from budgets, is that reinstall-

ing traffic sensor loops takes a lot of work, once the pavement has cured, to go back in and re-cut the pavement to install the sensors. Cutting the pavement also lets water get under the road surface, he said. An overhead sensor might avoid that, he said. They are more expensive — \$13,000 each versus \$10,000 to reinstall the loops — but they keep working during and after the repaving work, and traffic would move through more smoothly both during and after construction. Howerton has already said that the overhead sensor at Scenic Highway took two months to get. They're on back order now, he said. Plus, that one is slated to go to the Parkway's 90-degree turn once that spot becomes a three-way intersection.

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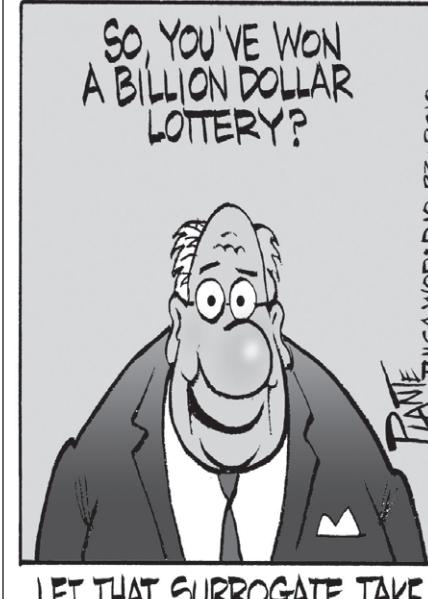
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OUR VIEW

State Representative District 55

A state representative is elected to a two-year term to make and pass state laws. This person will serve the people of a specific state district. He or she can offer amendments to our state constitution and will have to serve on committees.

A state representative has an extremely busy schedule, carrying out a vast scope of work in order to best represent his or her constituents. Their job as an elected official may be seen as a full-time job on part-time hours as they may continue to work their "normal" job as much as possible. The Florida state representative earns a modest salary to do the work.

The elected official is limited to four two-year terms in this capacity.

Geographically, District 55 is one of the largest districts in the state of Florida. It encompasses Highlands, Glades and Okeechobee counties, as well as part of St. Lucie.

This year's election sees two qualified candidates going head to head to serve District 55. One is an experienced incumbent nearing the end of his third term; the other is an enthusiastic newcomer to the political role.

Both candidates made health care, education and economic development among their top priorities. They both agree that it is important to have a network of people whom they can bounce ideas off of and rely on to learn more about issues that may not be in their main focus.

According to votemart.org, the incumbent last sponsored or co-sponsored a bill in March 2017. He didn't vote on five of the 18 bills introduced since his co-sponsored bill.

When talking about the issues of concern, Audrey Asciutto talks about the need for more affordable housing in the district she hopes to serve. When talking about improving education in the state, she reminds us she has a vested interest. The single mother of three has a child in high school, one in middle school and one in elementary school.

If elected, she pledges to continue to be a visible part of Highlands County. She will talk with her children's teachers and hear the concerns of other people as she shops in the local stores. She believes she knows how to communicate with her constituents in a way that they will understand her and she will understand them.

The incumbent, Cary Pigman, has had six years in office, during which time he has sponsored or co-sponsored six bills, according to votemart.org. In March 2017, he co-sponsored a bill that authorized residents to challenge school textbooks.

However, our education system is still a mess with Highlands County's district ranked 57th in the state's 67 counties.

Poverty is a concern for citizens of Highlands County. The county's poverty rate — 38.8 percent in Avon Park, 27.2 percent in Sebring and 54.7 percent in Lake Placid — exceeds the national average of 14 percent, according to government data from 2015-2016 that was analyzed by Data USA. The county is one of the state's worst recovered 12 counties from the recent depression.

Six years is a long time to be in office without seeing more improvement than we have.

While it's hard to ignore experience and six years of dedication, we feel it's time for a change. Audrey Asciutto's overall enthusiasm and fresh look at the district's problems is why the Highlands News-Sun endorses her for State Representative for District 55.

JOIN THE CONVERSATION

Letters are welcome on virtually any subject, but we do have some rules. We will not accept any Letters to the Editor that mention a business in a negative tone, as they have no means to defend themselves. Please keep Letters to the Editor to less than 250 words. Letters will be edited to length as well as for grammar and spelling. All letters must be signed with full name — not initials. An address and telephone number must be included. The phone number and address are not for publication, but must be provided. In the case of letters that are emailed, the same rules apply.

Due to the number of letters received, we are able to run only four letters per person per month.

The Letters to the Editor section is designed as a public forum for community discourse, and the opinions and statements made in letters are solely those of the individual writers. The newspaper takes no responsibility for the content of these letters.

Please send or bring correspondence to the Highlands News-Sun, Letters to the Editor, 315 US 27 North Sebring, FL 33870, or fax to 863-385-1954. Readers may also email Letters to the Editor to editor@newssun.com.

I read the news today, oh boy. And by "read" I mean skimmed. And by "news" I mean aggregates. And by "today" I mean round-the-clock. And by "oh boy" I mean I'm suffering from email newsletter overload.

Pretty much every major news outlet has joined the booming newsletter business. The Washington Post proudly declares that it now publishes 65 — yes, 65 — different newsletters. In fact, the other day I read in a newsletter published by Politico that the Post is looking for a newsletter editor "to support a wide portfolio of editorial products that have become an essential part of the Post's success in reaching and retaining readers."

Indeed, most publishers use newsletters as loss leaders to reach and retain — although a few of these missives thrive as profit making, standalone publications. It's high tide for those who enjoy having news pinged at them relentlessly in numbered and bulleted form.

The modern



COLUMNIST

Peter Funt

newsletter era got serious in 2007 when the veteran Washington newshound Mike Allen began emailing his "Politico Playbook." Allen has a knack for ferreting out the most compelling nuggets in other people's stories and summarizing them, Walter Winchell-style. Two years ago he moved his newsletter to Axios, while Politico continued to produce "Playbook" — which has mushroomed to 10 different regional editions.

The ability to simply click-to-receive scores of newsletters presents the same sort of problem for me as doughnuts do at an all-you-can-eat breakfast buffet. I start most days with "Morning Briefing" from The New York Times and "The 10-Point"

newsletter from the Wall Street Journal. I read Mike Allen plus several editions of "Playbook" along with its sister, "Morning Media," and its politically-focused cousin, "Morning Score."

I read the Post's "Morning 202," which might be the most wordy newsletter on the market. Then I skim newsletters from a dozen local and regional newspapers before turning my attention to "NFL Daily," "IP Law360" and a passel of other soft-news newsletters. This continues through afternoon and evening updates, until the day winds down with The Times' "Evening Briefing" at dinner and CNN's "Reliable Sources" at bedtime.

I'm embarrassed to say this is by no means my complete list. So what's happening here, to news organizations and consumers?

For most publishers, the newsletter gambit is yet another attempt to recover from the ghastly miscalculation decades ago to ignore the

Internet's profit potential. Publishers belatedly erected pay walls, but many readers had already slipped away.

Done right, newsletters are useful marketing tools to entice readers to click their way back to a paying mode. Done wrong, they are just another example of squandering valuable content on an audience of freeloaders.

As I write this, the Boston Globe has announced its "Metro Headlines" newsletter, declaring: "It's free, just like our other two dozen newsletters." The New York Times then unveiled its 56th newsletter: "Five Weeknight Dishes," described as "weeknight recipes for busy people who still want something good to eat."

Makes sense to me. I'm a busy person because I can't stop clicking. I could use a daily newsletter aggregating the very best of the day's newsletters.

Peter Funt is a writer and speaker. His book, "Cautiously Optimistic," is available at Amazon.com and CandidCamera.com.

happens. So one more death is not important. The Saudis, on the other hand, simply tell the rest of us that if you mess with us, we will either stop the oil or price it through the roof. The rest of the world has been a slave to Middle East oil for a hundred years and can't seem to get their act together.

So now with this worldwide drama unfolding, what do we do? It is either human rights and the value of human life, or the pocket book. Thousands of people will be affected with the decisions of the higher ups. If all the world thinks about are financial deals with the Saudis, the world is in a world of hurt.

Hal Graves

Sebring

Civics ignorance

Recently I have read how disturbingly ignorant many younger people are about our nation's founding, its government and basic events in our history. This came as no surprise as I've witnessed it firsthand.

I once worked with a lady in her 40's who thought the nation's capital was in Washington State and was foggy on where that was except that it was 'somewhere out west.' During the last presidential campaign, a prominent media channel did interviews on public streets interviewing people with questions as to when election day was, who was in the running, etc. "I don't know" was a common answer. Students and older adults were asked if they could identify photos of prominent political figures. Answers ranged from, "Isn't she / he some actress?" to "No idea who that is."

One question concerned the year our Constitution was signed. A college student replied, "Wasn't that in the 1980's?"

The Woodrow Wilson National Fellowship Foundation, which sponsors a civics survey, determined the following:

Seventy-two percent of respondents either incorrectly identified or were unsure of which states were part of the 13 original states;

Only 24 percent could correctly identify one thing Benjamin Franklin was famous for, with 37 percent believing he invented the light bulb;

Only 24 percent knew the correct answer as to why the colonists fought the British;

Twelve percent incorrectly thought WWII General Dwight Eisenhower led troops in the Civil War; 6 percent thought he was a Vietnam War general;

While most knew the cause of the Cold War, 2 percent said climate change.

It's estimated that only 19 percent of those under 45 would pass a basic citizenship test.

Equally alarming is the indifferent attitude of some toward voting. Excuses range from, "I don't have time." to "I don't know who to vote for." Well, I say make time and study the candidates and proposed measures. Your future as well as that of the local municipalities, your state and your nation depend upon it.

Warren Pender

Sebring

OBITUARIES**Marie F. LaFlam**

Marie F. LaFlam, 89, passed away on Thursday, Oct. 25, 2018 in Sebring, Florida. She was born on July 1, 1929 to the late Francis M. and Ethel (Neide) Anderson in Westmont, New Jersey. Having been a resident of Avon Park, Florida since 1954, Marie moved to the area from Runnemede, New Jersey. She worked in food service for The School Board of Highlands County, was a member of the Avon Park Band Association, and was of the Baptist faith.

Marie is survived by her children, Tom LaFlam (Margie) of Mulberry, Florida, Larry C. LaFlam (Donna) of Avon Park, Florida, Dale LaFlam (Judy) of Basinger, Florida and Terry L. LaFlam (Debbie) of Avon Park, Florida; 10 grandchildren, 27 great-grandchildren and two great-great-grandchildren. Along with her parents, she was preceded in death by her first husband, Bill Williams; second husband, Francis A. LaFlam and brother, Charles Anderson.

A funeral service will be held at 11 a.m. Thursday, Nov. 1, 2018 at Stephenson-Nelson Funeral Home in Avon Park with a visitation beginning at 10 a.m. Burial will follow at Bougainvillea Cemetery. Memorial donations may be made to Good Shepherd Hospice, 1110 Hammock Road, Sebring, FL 33870.

Services entrusted to Stephenson-Nelson Funeral Home, 111 E. Circle St., Avon Park, FL 33825. Online condolences may be left at stephenson-nelsonfh.com.

Rick Benschoter

Rick Benschoter, 66, of Reddick, Florida, left this earth for Heaven on Sept. 19, 2018 to be reunited with his mother Betty, father Harvey, and brother Roni.

Born in Colorado, Rick and family moved to Sebring in 1962. He graduated from Sebring High School in 1970. While attending school in Sebring, he was a standout in football and track, and exhibited prize steers in the Highlands County fairs. Being the son of a rancher, Rick naturally had to try his hand at rodeos, winning prize silver and gold buckles, he always cherished. As an adult, Rick turned his sports enthusiasm to auto racing. He became a lifelong fan, including building and racing his own stock cars.

Rick is survived by his loving wife, Roberta Marie Benschoter of Reddick, Florida; sons, Derek of

Gainesville, Florida and Darin of Bloomington, Illinois; daughter, Amber of Williston, Florida; five grandchildren, one great granddaughter and several nieces and nephews. Rick also leaves behind his brothers, Ross Benschoter (Chris) of Sebring and Reed (Nancy) of Hiram, Georgia. He will be greatly missed by all.

Although he lived in several states and cities through the years, Rick always considered Sebring his hometown, where he maintained some of his fondest memories and longest friendships. He will forever remain in Sebring (Pinecrest) hoping his friends and family will drop by now and again to say hello.

A visitation will be held on Saturday, Nov. 3, 2018, between the hours of 10 a.m. and noon at the Morris Funeral Chapel, 307 S. Commerce Ave. in Sebring, Florida. In lieu of flowers, donations may be made to The American Cancer Society or to Hospice of Marion County (Legacy House), P.O. Box 4860, Ocala, FL 34478. "In Memory of Rick Benschoter," morrisfuneralchapel.com.

Diana Deane Carr

Dr. Diana

Deane Carr, 69, of Sebring, Florida died on Wednesday, Oct. 17, 2018 from complications due to a stroke. A memorial service will be held at 11 a.m. Saturday, Nov. 17, 2018, at St. Agnes Episcopal Church in Sebring. Funeral and burial services will be held at 11 a.m. Saturday, Dec. 1, 2018, at St. Paul's Episcopal Church and Hollywood Cemetery in Richmond, Virginia.

She is survived by her loving husband of 30 years, James. A service to celebrate Annie's life will be held 11 a.m. Tuesday, Oct. 30, 2018 at the Scott Funeral Home, 504 W. Interlake Blvd. in Lake Placid. A visitation for family and friends will be held one hour prior to service time. Burial will follow at the Oak Hill Cemetery. Words of comfort to the family can be made by visiting scottfuneralservices.com. Arrangements entrusted with the Scott Funeral Home, Lake Placid. 863-465-4134.

A trailblazer and creative spirit, Diana was one of the first female orthopaedic surgeons in the U.S. and a licensed pilot. She read two to three books per week, was an accomplished gourmet cook and seamstress, had a photographic memory, and was a caring friend and community supporter.

Diana treated patients at The Hand & Shoulder Specialists. She was certified by the American Board of Orthopaedic Surgery and a Fellow of the American Academy of Orthopaedic Surgeons. Her long list of achievements included being the area's only orthopaedic surgeon certified as a hand specialist. She was consistently named as a "Top Doctor." She was a proud member of the Ruth Jackson Orthopaedic

Society, promoting the professional growth and leadership of female orthopaedic surgeons.

Diana was born on Oct. 9, 1949, in Washington, D.C., to the Rev. Dabney J. Carr III and Leontine Jones Carr. She is survived by siblings, Linda Carr-Kraft and husband Sam of Powhatan, Virginia, Cary Carr Cox of Raleigh, North Carolina, Martha Carr of Austin, Texas and Dabney J. Carr IV and wife Laura of Richmond, Virginia; as well as a number of cousins, nephews and a niece who will miss her dearly.

Memorial contributions may be made to the Humane Society of Highlands County, P.O. Box 833, Sebring, FL 33871 or The Salvation Army Sebring, P.O. Box 1843, Sebring, FL 33871.

Annie Staten

Annie Katherine Staten, 71, of Lake Placid, Florida went home to be with her Lord on Friday morning, Oct. 26, 2018 at her residence. She was the daughter of Annie and Peter Moskwa. She was born on April 7, 1947 in Bayshore, New York. Annie was a retired registered nurse and was of the Christian faith. Annie moved to Lake Placid from Fort Lauderdale 20 years ago.

Annie was an active member of several organizations including the Lake Placid Women's Club, American Legion Placid Post 25 Ladies Auxiliary, Lake Placid Elks Lodge 2661 and Lake Placid Moose Lodge. Annie was an avid reader who enjoyed a great book and a good round of golf. She loved to be with her family and friends.

She is survived by her loving husband of 30 years, James.

A service to celebrate Annie's life will be held 11 a.m. Tuesday, Oct. 30, 2018 at the Scott Funeral Home, 504 W. Interlake Blvd. in Lake Placid. A visitation for family and friends will be held one hour prior to service time. Burial will follow at the Oak Hill Cemetery. Words of comfort to the family can be made by visiting scottfuneralservices.com. Arrangements entrusted with the Scott Funeral Home, Lake Placid. 863-465-4134.

His advice for veterans is to stay on the radar and apply for what programs you can. Along with Operation Homefront he's a big fan of Veterans Affairs as well. "You gotta stay in the loop. Find all the programs."

Harris is very appreciative of his case worker, Rachel Boyd for the opportunity to move into the house in Lake Placid.

For two years he pays no rent, no mortgage, just a small amount each

REMODEL

FROM PAGE 1A

using the restaurant and golf course."

Ariel Starling, community service director, informed the board about community events. Approximately 100 people had already signed up for the Trick or Trot run/walk. She also updated the board about the new program, Coffee and Conversations, that provides an opportunity for businesses and organizations to talk to residents.

Tom Kosty addressed the board during public comment time and expressed his concern over change orders. He asked Cannady about her ability to authorize change orders.

Cannady confirmed that she could approve a change order under \$10,000. Kosty asked her how often she could authorize the change orders, but she told him that she would need to research the information

and get back to him.

Earlier in the meeting, Cannady had mentioned her ability to authorize a change order, but she also told the board that she would inform them about the decision and make sure they were aware of any changes that needed to take place.

Kosty was also concerned that the district had been unable to find records from recent years, and he defined that as anything within the last 10 years.

Chrissy Hardman, records management liaison, told Kosty that the district followed the minimum regulations of the State of Florida.

Kosty responded, as you read through the law, it points out these are minimums.

Hardman told Kosty that sometimes records were kept longer, but it was their policy to follow state guidelines. She also told Kosty that he could come examine the records in her office to see the record

keeping system for himself.

Cannady clarified by saying, "We don't have a district policy." Sun 'n Lake simply follows the requirements set forth by the state.

Kosty told the staff that he would like to see a policy on the destruction of public records. When he was reminded about his three-minute time limit, he told the board that imposing the time limit was a recent occurrence and he did not agree with the time limit.

Kosty also told the board and staff to keep in mind that the public, or the people, are the ones paying the bills.

Supervisor Ray Brooks encouraged the board members to consider sending out surveys to gather input from residents about adding recreational opportunities at Sun 'n Lake. We should ask people what they think about the proposed activities, he said.

The next meeting for the board of supervisors will be Friday, Nov. 9 at 9 a.m.

SEBRING

FROM PAGE 1A

to recruit incoming freshmen and receive a minimum of 50 statements of intent and 45 percent of current cadets will participate in extracurricular activities outside of the Air Force JROTC program during the school year.

The Cadets also

updated the School Board on the unit's new Leadership Development Requirements involving the after school teams that include: color guard, drill, flag detail, Raiders (fitness), StellarExplorers and tutoring/youth group.

The Community Impact Goals include: performing an average of 15 hours of community service per cadet and sponsoring the

school's blood drives and collect a total of 200 pints of blood for the school year.

It was noted that the current enrollment of the unit is 105, but it will drop to 104 with one cadet moving this week.

The unit's instructional staff is comprised of Mark Colbert, Colonel, USAF (Retired) and Dennis Green, Chief Master Sgt., USAF (Retired).

HOME

FROM PAGE 1A

JPMorgan Chase & Co.

Harris was on the waiting list for six years before being contacted about the home. Three weeks after being contacted the house was his.

"The program works," said Harris, "The hardest part of the program is the waiting. You just have to be patient."

His advice for veterans is to stay on the radar and apply for what programs you can. Along with Operation Homefront he's a big fan of Veterans Affairs as well. "You gotta stay in the loop. Find all the programs."

Harris is very appreciative of his case worker, Rachel Boyd for the opportunity to move into the house in Lake Placid. For two years he pays no rent, no mortgage, just a small amount each

month that covers taxes and the home's warranty. Then, after the two years of living in the house the deed is handed over and he owns it free and clear. The program began back in 2012 and since then over 600 families have applied and 504 have graduated from the program, meaning they have received their deed

and own the property, mortgage-free.

But Boyd wasn't the only one he was thankful to. "I thank the Lord," Harris said, "I've been praying, always praying."

To find out more about Operation Homefront and the Homes on the Homefront program, visit HomesOnTheHomefront.org.

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You may have provided: monetary contributions or donations, ticket printing, food donations, selling of tickets, newspaper coverage, food purchase and preparation, volunteer help the night of the event or a delicious homemade baked dessert.

Over 800 tickets were sold and generous financial donations were received from individuals and the business owners throughout the extended community. Churches, schools, chamber members, banks, attorneys, beauty shops and other local business owners all helped with the sale of tickets.

The extended family of Chris Cauffield and the family of the kidney donor thank you and appreciate your continued prayers and support through the kidney transplant surgery, recovery and healing. You may continue to support the families by making donations to the Chris Cauffield fundraiser at Heartland National Bank in Lake Placid.

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IMPACT

FROM PAGE 1A

863-441-1317.

Fred Wild Elementary third-grade language arts and social studies teacher Stephanie Davis has been taking her students each year to Ag-Venture since it started in 1999.

"Having worked as a teacher at Fred Wild Elementary since 1980, I have had the opportunity of watching students gain knowledge of Florida agriculture, specifically that of Highlands County," she said.

Much has changed in education since she graduated from the University of Florida in 1980, Davis noted. The students of today are more adept technologically than their parents were in the third-grade. At the same time, today's students need more hands-on learning experiences. Many working families may not have the time to spend with their children in these types of activities.

"I am now teaching students whose parents once attended Ag-Venture while attending Fred Wild Elementary," she said.

These students are just as eager and excited as their parents were to learn about bees, strawberries, beef, grapes, ornamental horticulture, citrus, alligators, forestry, the water cycle, poultry, dairy, caladiums, citrus, and vegetables, to name a few, Davis said.

Although, she is not a new visitor to Ag-Venture, Davis said, she enjoys the painstaking work that is put into Ag-Venture to provide her students with realistic exhibits and hands-on activities that teach the value and importance of agriculture.

"Each year I witness the children's excitement

of climbing on a farm tractor, pumping water from an old-fashioned well, feeling cottonseed hulls and various types of seeds that are used in feed for livestock," she said. "I have never seen so many children as eager to answer questions, so that they might receive a bird's feather, a tree ring, a chance to blend up fresh strawberries. These are just a few of the experiences that our students are a part of as volunteers make learning come to life."

Prior to attending Ag-Venture, students have learned about both plants and animals in reading and science, Davis explained. They have also learned how to classify living things. A pretest is given to find out what they already know about Florida agriculture.

The term "agriculture" is something that we have to explain to them, she said. The idea that most of the things we eat do not come originally from the grocery store is something they have not thought much about.

The students are amazed at the many bi-products of beef such as marshmallows, lipstick and bone china, as they play Beef-o-Bingo. They also enjoy tasting many delicious treats like strawberry milkshakes, egg omelets, honey and gator tail.

Students return at the end of a fun-filled day with an Ag-Venture T-shirt, a colorful cowboy hat, a bag full of prizes, plants they have planted, terrariums, candles they have made from bee's wax, and much more. As they ride back to school on the school buses, the children talk excitedly and peek into their Ag-Venture bags, Davis said.

Once in the classroom,



FILE PHOTO

Highlands County Ag-Venture provides third-graders an opportunity to learn about agriculture, from knowledgeable volunteers, at 14 stations from alligators, animals and beef to citrus, dairy and vegetables.

students share their favorite station at Ag-Venture and take a post-test to demonstrate what they have learned. A writing activity also takes place, the following day, to allow students to express themselves through writing.

"The work and commitment of the approximately 150 volunteers of Ag-Venture has made a difference in so many children's lives. I would like to take this opportunity to thank the Ag-Venture Board for all that they have done to create this wonderful learning adventure," Davis said. "Thanks to their hard work, I have now witnessed two generations who will always treasure their days at Ag-Venture."

Jaci Stocking, who has been a third-grade teacher for 14 years at Woodlawn Elementary, tells her students they will be taking the annual third-grade field trip to Ag-Venture where they will learn about agriculture in Florida.

"I tell them this will be one of the best field trips you'll take as a elementary student," she said. "The students have heard about this trip from siblings or older friends and start asking questions right away at the

beginning of the year."

In her years of observing students at Ag-Venture, what are some of the favorite things the students like about the it?

They like making strawberry shakes and

petting real live alligators, Stocking said.

"They get to start their own plants, which has coincided with what we've done in our science studies," she said.

They also like being up close to real farm animals and love climbing on the farm machines (tractors) and all the goodies they get throughout the day's events.

They also really love their cowboy hats and wear them proudly, Stocking said.

Beforehand, they are given a pre-test.

"We review that we need to listen to because each of the venue people will give them the answers," Stocking said.

Afterwards they do take the post-test to see what they've learned from their field trip.

Any funny or unusual

things you remember about Ag-Venture?

"The first crack of the whip at the end of the event is always fun to watch the expressions on the kids' faces," Stocking said. "We see excitement and engagement with the kids as they're learning through the hands on activities."

"We appreciate the work the agriculture volunteers do for our students. I know this takes a lot of prep time and we want them to know that it is well worth it. Last year, even with Hurricane Irma, they still did not miss a beat with still putting on such a fun program for the students of Highlands County."

For more information, visit the Highlands County Ag-Venture website: highlandscountyag-venture.com.

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SPORTS

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Sunday, October 28, 2018

SECTION B

Vikings overwhelm Red Devils

Lakeland Christian cruises past Avon Park

By RUTH ANNE LAWSON
STAFF WRITER

AVON PARK – The Avon Park Red Devils were on the wrong end of a 40-0 shutout against Lakeland Christian on Friday night at Joe Franzia Stadium.

The loss dropped Avon Park, which lost quarterback Tyrek Dunlap to injury, to 5-4 on the season.

"We go the crap kicked out of us," said Avon Park Coach Jerry Hudnell. "Our kids were not ready for the punch in the mouth that we got right off the bat. Lakeland Christian came out and scored on the first play of the game and we lost our quarterback in the second quarter. It took the wind out of our sails."

The Vikings showed

their strength early when quarterback Elijah Hunter passed to Trent Mason for a 75-yard touchdown on the first play of the game. The extra point gave the Vikings a 7-0 lead.

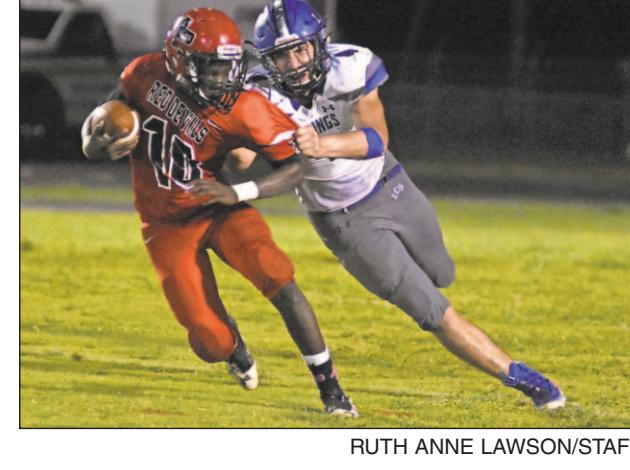
Avon Park gained a lot of yards but failed to capitalize. The Red Devil's Earl Collins ran for 95 yards on the night.

Lakeland Christian

extended its lead in the second quarter. Bo Copen ran the ball 22 yards for a touchdown. The Vikings kicked the extra point to go up 14-0 with 11:17 left in the second quarter.

Lakeland Christian scored again as Reese Collins caught an 80-yard touchdown pass. The extra point was

VIKINGS | 2B



RUTH ANNE LAWSON/STAFF

Avon Park's Xavier Holdman tries to get away from Lakeland Christian's Cade Denhoff. The Red Devils were beaten by the Vikings on Friday night.



HIGHLANDS BASS ANGLER
Dave Douglass

It's time to get hooked on big bass

The Freshwater Fishing Forecast for the last four days of October give anglers the development of a strong last quarter moon phase and an absolutely perfect fishing-weather forecast.

Just as the lunar perigee event causes a 'super' qualification when it occurs at the same time as the new and full phases, so too will it be with this week's last quarter phase when it occurs on Wednesday along with the lunar perigee.

All fishing factors considered, the next four days could not be any better for anglers to catch fish. Every fishing factor aligns perfectly, which will result in fish forming daily feeding migrations in larger numbers for longer duration primarily during the sunrise and sunset periods.

Water temperatures are now where Florida's freshwater fish can feed-at-will. The ideal feeding temperature range occurs twice a year, in the late fall and early winter, and again in the spring and early summer seasons.

From now until the first major winter cold front occurs, water temps will be in the seventy to eighty-two degree range. Fish are able to now digest food at normal rates because dissolved oxygen rates increase substantially in the cooler water. As a result all species feed freely without physical stress; feeding just about every other day.

"The Florida largemouth bass pack on most of their annual weight gain when water temperatures are 70-82 degrees on the water's surface." Fall season mild cold fronts do not 'shut-down' feeding activity or even slow it down. In fact the opposite takes place.

The fall season means a feeding frenzy will ensue until temperatures in the sixty-degree range occur. It starts with the trophy largemouth females (male largemouth bass do not grow larger than sixteen inches in length, no matter how long they live) which suffer the most in hot temps. They'll quickly regain the weight they lost in the summer months and then pack weight on.

When Florida's bass go to school this time of year, they learn one lesson, and that is to stay alive while they hunt, all while being driven by intense hunger. So anglers need to understand that their bait-offering must appear 'natural' in the seasonal mode of a 'feeding frenzy'. Bait action and speed at the correct depth therefore, is essential in tricking 'Big Girls' into making a mistake.

This is the one time of year when large monster bass actually chase their prey down instead of 'waiting in ambush' within cover. Try slow rolling

BASS | 4B

Blue Streaks knock off Braves



PHOTO BY JIM TAYLOR/CORRESPONDENT

Sebring's Kasey Hawthorne stops Lake Gibson's Jaylon Glover for no gain during Friday night's Class 6A-District 8 game at Firemen's Field. The Blue Streaks beat the Braves by a score of 42-27.

Sebring beats Lake Gibson for big district win

By JIM TAYLOR
CORRESPONDENT

SEBRING – The Sebring Blue Streaks scratched an itch they've had for the past seven years in snapping a losing streak to the Lake Gibson Braves on Friday night with a convincing 42-27 victory at Firemen's Field.

The Braves had beaten the Blue Streaks every year since the rivalry was rekindled in 2011.

With the win, Sebring improved to 7-2 overall and 3-1 in Class 6A-District 8 play and on the brink of making the postseason.

"Big win for the program," said Sebring Head Coach LaVaar Scott. "Big win for Sebring High School, we have only beaten them like one time in school history. We finally win a big game when we needed one with our backs against the wall, we did it."

Sebring barely eked out 200 yards of total offense

against the over 300 totaled by Lake Gibson, though compiling a lot of yardage was not necessary when special teams blocked the first two punt attempts by the Braves, resulting in two first-quarter touchdowns.

Sebring's Shareal Taylor blocked both punts, the first giving the Blue Streaks the ball on the Brave's 26. Four plays later, on a fourth-and-6, DJ Williams connected with Norris Taylor for a 22-yard pass in the end zone for a touchdown that put Sebring up 7-0.

Forcing Lake Gibson to punt on its next possession after a nine-yard sack by Jordan Rose, Shareal Taylor blocked his second punt with Sebring recovering on Lake Gibson's 4-yard line.

Williams scored two plays later on a 6-yard scoring jaunt as Sebring held a 14-0 lead midway through the first quarter.

STREAKS | 7B



Sebring's EJ Lockett picks up yards in a key drive that led to a touchdown against Lake Gibson on Friday night.

Mustang Sampling looks ahead to 2019



IMSA PHOTO

Action Express Racing announced that Mustang Sampling has extended the marketing partnership agreement with the team for 2019.

Extends partnership with Action Express

SPECIAL TO HIGHLANDS NEWS-SUN

Action Express Racing is pleased to announce that Mustang Sampling has extended the marketing partnership agreement with the team, as the 2019 IMSA WeatherTech SportsCar Championship season marks the fifth

consecutive year of IMSA competition for Mustang Sampling Racing.

Action Express has achieved incredible success with Mustang Sampling, having taken the IMSA WeatherTech SportsCar Team and Driver Championships in both 2014 and 2015, the Michelin Endurance Cup

in 2014, 2015, 2016, and 2017, and a record-setting Rolex 24 At Daytona victory in 2018.

Carrying a similar goal set as the race team, Mustang Sampling focuses on continuous improvement that is proven in the field.

"Our partnership with the team has developed

in a way that we couldn't have even imagined when we first started working together in 2015," said Mustang Sampling president Ken Thompson, who along with his wife Brenda, is a regular presence in the IMSA paddock showing their support in person.

MUSTANG | 6B

VIKINGS

FROM PAGE 1B

blocked to make it 20-0 midway through the second period.

Avon Park's starting quarterback Tyrek Dunlap ran for 26 yards before he suffered an injury in the second quarter.

Lakeland Christian regained possession and swiftly made its way down the field to Avon Park's 6-yard line. The Vikings handed the ball off to Copen who ran the ball in the final yards for a touchdown to go up 26-0.

Lakeland Christian



RUTH ANNE LAWSON/STAFF

Avon Park's Xavier Holdman drops his shoulder against a Lakeland Christian defender in Friday night's loss.

struck again as Mason scored on a 50-yard touchdown to make it

33-0 at the half.

Avon Park's Xavier Holdman stepped in as the quarterback for the Red Devils and rushed for 31 yards.

"We fought pretty hard but minor mistakes hurt us badly," said Xavier Holdman. "We have to get better. I stepped up at quarterback tonight and it made me feel like I had to take charge, be the man of the team and put the team on my back. We've had better days. I fought the best I could at quarterback. This is my senior year and it has been pretty good so far. I would like to make the playoffs. We are going to get back to practice and try to get healthy for next week."

Lakeland Christian's Hunter Laurell intercepted the ball on Avon Park's 28-yard line and Ben Oxendine ran the ball in for another touchdown. The Vikings booted the point after to make it 40-0.

"I did see a lot of positive tonight," said Hudnell. "Kevin Young stepped up and played well and Xavier Holdman came in at quarterback for us and did a great

job. We always seem to pick up a lot of yards but it is our Achilles Heel. Once we get some steam going we end up having a bad snap, a fumble or something that stops us. This group of seniors have been very successful over the last four years but I am sorry we didn't get a win in their last home game of the season."

Coach Hudnell put all the seniors in the game to finish the final play of their last home game of their senior year.

The Avon Park Red Devils will travel to Lake Placid for their final game of the season. The Red Devils and the Lake Placid Green Dragons are long time rivals. The adversaries will face off on Friday in a game that could have playoff implications.



Avon Park's Xavier Holdman takes down Lakeland Christian's Ben Oxendine in Friday night's game.



Avon Park's senior Ziare Sutton upset with the turnout of his final home game of the season.

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Our History and Mission Statement

BV Estate Buyers, owned by Cornelius "Buddy" Van Twuyver, has been in business for over three decades. At the age of 18, Buddy began estate buying in New England and eventually brought his business to South Florida where he currently operates in various cities providing quality service and expertise in his chosen field.

The estate buying business provides a way for individuals to liquidate items such as coins, gold, watches, diamonds, silver, and more that are no longer needed or used by his clients. These may be items that were heirlooms or parts of collections that were once a trendy hobby that may not be necessary to hold on to anymore.

"The simple, most common reason to sell items is you just don't use them" says Buddy. He tells people all the time, "If you're not using it, get rid of it! If you use, or wear it, then use it instead of keeping it in a drawer or in a safe deposit box costing you money."

Buddy offers a service of exchanging these items for cash that is always beneficial to the client. With his knowledge and experience, Buddy offers insight to the value of these items through appraisals and the option to exchange them for a monetary payout.

The mission statement of BV Estate Buyers is simple: Treat people with respect and offer them the same service of and avenue to liquidate items they may like to sell and no longer need or use. This has created a successful business that has grown throughout the years and helped many individuals turn valuables into cash.

In 2018, Buddy brought the estate buying business to Highlands County to offer his services to the community. His events are held in various locations numerous times throughout the year to allow residents the opportunity search out the value of their collectibles and the option to turn them into cash! For upcoming events, Buddy can be contacted at (865) 936-1737.



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BASS

FROM PAGE 1B

a top water bait with several pauses added into the retrieve process. It's very likely a ten-plus pound bass will rise to the surface to spectac-ularly consume it. She's got to make-up, catch-up, to what her body needs to be healthy after suffering in the heat, unable to eat, for the past three months.

If at this point in my article you're not planning to 'soon by on the water' joining the hunt for trophy bass....you're not an angler. To hook big bass you've got to 'be hooked' yourself. Tis the season to be....setting a heavy gage 5/0 hook.

My secret for boating giant bass: First off, get it out of your head to 'turn her after you set the hook'. Large bass are incredibly strong and if not hooked perfectly in bone or cartilage will rip-free and calmly swim away, tired but relieved—the opposite of your state of mind.

Instead of countering her attempt to escape with your sheer power---holding the rod high and pulling her to the surface with a stout rod—try 'free-spooling' the reel and using your thumb pressure on the spool to control the amount of line you allow her to take as she flees the scene. Allow her to run, albeit under your limiting control, until she begins to tire out, which is usually about fifteen to twenty seconds.

I always love to feel how strong each giant bass is...under my thumb (where every big girl should be by the way). Once she's tired, she doesn't have the strength to pull off the hook. You must visualize each bass as if they are barely hooked and any strong counter to her action will result in a lost fish. Since I've employed this tactic I've increased my trophy catch rate from fifty percent to about ninety percent.

Also stop fighting the bass with your rod straight up. Instead keep the rod on the water surface. If she is 'allowed' to swim downward to cover, while under your thumb, she won't be tail-walking across the surface attempting to tear free, which a majority of the time occurs.

The second secret to my Big-Bass Success is, a larger-than-needed trolling motor. One which can chop its way through any vegetation, pulling my boat into the 'thick of it' and to the side of a tired-out bass which cannot fight any more due to exhaustion, which I've designed and controlled.

I like to think of it as 'roping and riding' a wild....bass, like a cowboy does with a horse in the wild. Of the last forty bass over ten pounds that I've boated, seventy-five percent have been barely hooked. Exhausted and unable to fight anymore, they roll over, unable to flee the net.

Best Fishing Days: Tuesday through Thursday during the sunrise and sunset periods.

Major Fishing Period: Today the moon under-foot period occurs at 4:52 p.m. and the sunset at 6:45 p.m. and will create a feed intensity rating of 3-5 depending on the lake type—deeper lakes recover faster from summer heat than shallow lakes. However this transitional phase should be over by the end of this week. The feeding migration will be

from 4-7:30 p.m. Daily this period moves later by an hour.

Minor Fishing Period: There are two minor periods until Wednesday, one during the moon-set which occurs today at 11:22 a.m. and the second during the moon overhead period, today at 4:52 a.m. Therefore the midday period will be better until the moon overhead period occurs during the sunrise period starting Wednesday morning—7:18 a.m. and 7:36 a.m. respectively, achieving a 3-4 rating. Today solar noon occurs at 1:09 p.m. and the moonset at 11:22 a.m. which will create the same rating from 10:30 a.m. – 1:30 p.m.

Prime Monthly

Periods: November 4-9 new moon, 20-25 full moon, December 4-9 new moon, 19-24 full moon.

Highlands Bass Angler Bass Guide Specials: A 4-5 hour fall charter for \$225.00 for one or two anglers, all gear, artificial bait and tackle included. Cold water and weather protection provided. Custom bass fishing charter package options available. Call 863-381-8474 to plan and book your bass fishing experience today.

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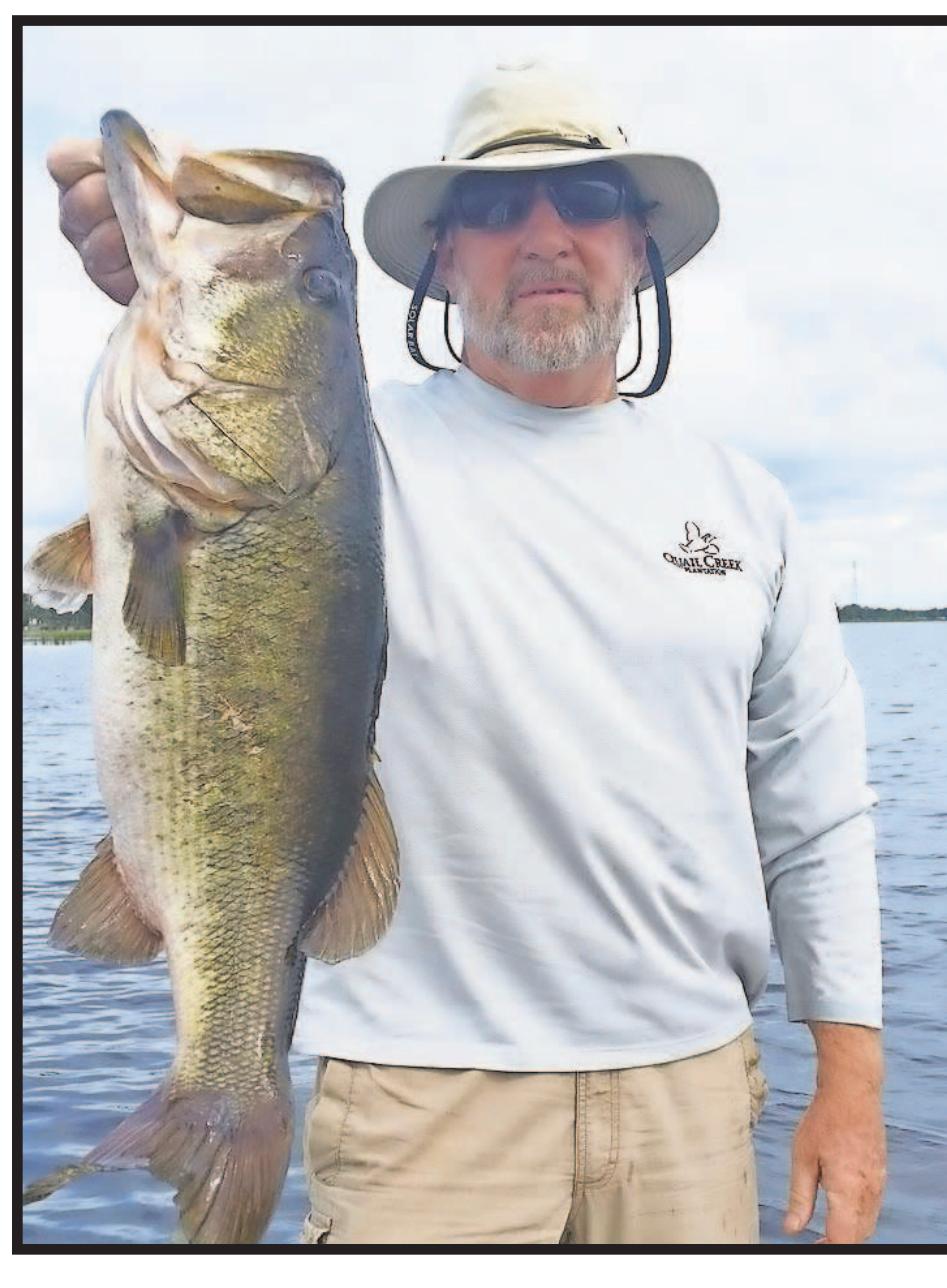
The lake level is at 39.20 feet above sea level, which is 4 inches below the seasonal-annual high level of 39.50". The minimum level currently is 39'. Today, all S68 spillway gates are closed.

Access this ar-ticle online at BassFishingForecast.com, or HighlandsBassAngler.com

HighlandsBassAngler.com offers bass fishing guide-trip options, 72 lake-contour maps and additional map sources, and fishing philosophy. Personalized custom fishing package options for beginners to professional anglers are available upon request.

Dave Douglass is a bass fishing guide and teacher on twen-ty-five lakes, from the towns of Kissimmee to Clewiston. Visit HighlandsBassAngler.com for complete details. Phone: 863-381-8474. Email: DavidPDouglass@hotmail.com

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COURTESY PHOTO

Dave Douglass holds up an 11.25-pound Istokpoga bass hooked in 80 degrees and at a depth of 6 to 7 feet.

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Fantasy plays for week 8

Four teams on a bye week

By BRANDON C. WILLIAMS
ASSOCIATED PRESS

Week 8 doesn't offer too many "can't miss" fantasy starts, but astute owners who have worked the waiver wires or patiently waited for a slow starter to finally gain steam will be rewarded, as the slate provides a handful of under-the-radar performers who will deliver quality numbers.

On the flip side, those players who struggled during the first seven weeks won't see much of a respite. As the midway point of the season — and the NFL trade deadline next week — approaches, most of this season's disappointing fantasy players are likely to continue showing their true, frustrating colors.

START: Jameis Winston, QB, Buccaneers: Yes, the turnovers (seven in three games) is cause for concern, but Winston has also thrown for 760 yards and four touchdowns in his first two starts and gets a Bengals defense that is 28th in fantasy points per game allowed to opposing quarterbacks. What puts Winston high atop the must-start mountain is a renewed effort to run, as he has rushed for 84 yards and a touchdown in the last two games. It's hard to envision Winston, who has attempted 93 passes in his two starts, not finding the end zone multiple

times in what should be a high-scoring affair.

SIT: T.J. Yeldon, RB, Jaguars: His pass-catching skills have made him a darling in PPR leagues, but Yeldon has yet to eclipse 60 rushing yards in a single game, a feat that becomes even less likely with the addition of Carlos Hyde to the Jacksonville backfield.

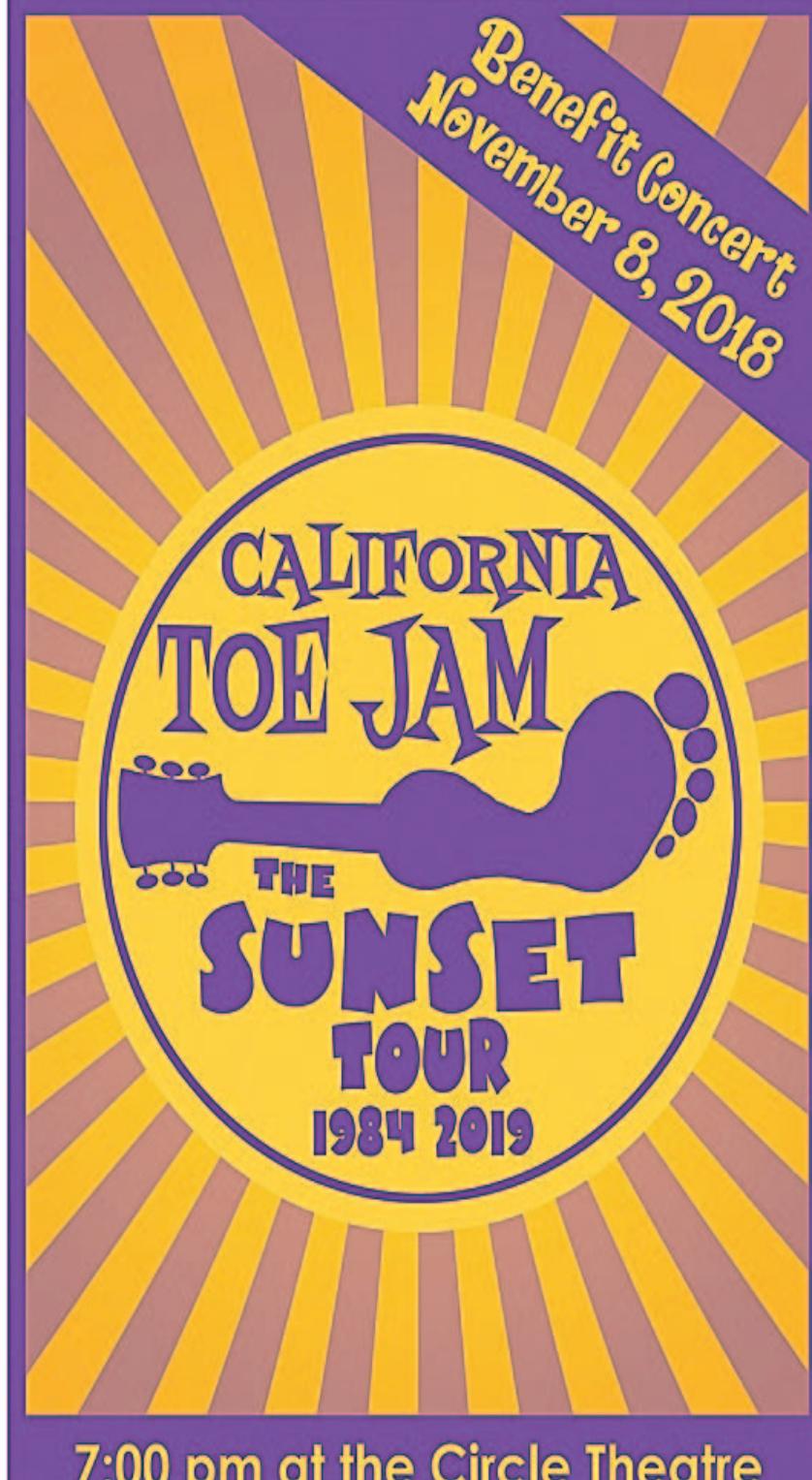
The trip to London becomes less fruitful for Yeldon as he contends with an Eagles defense that is second in fewest fantasy points per game allowed to opposing running backs and seventh overall against the rush. There will be some flex appeal to Yeldon in PPR formats, but the prospect of Hyde cutting into his touches diminishes his value in other types of leagues.

START: Marlon Mack, RB, Colts: Mack has averaged nearly 7 yards per carry in his last two games and will face an Oakland defense that is

27th in yards per carry allowed (4.7) and 22nd overall. He's shown potential as a pass catcher out of the backfield, and while rookie Nyheim Hines will get the bulk of snaps in passing situations, expect Mack to be targeted a few times. Mack is an RB2 with a chance to produce RB1 numbers.

SIT: Nelson Agholor, WR, Eagles: Part of the reason why the champs have struggled offensively, Agholor has just one touchdown this season and has been held under 30 receiving yards four times, including last week's feeble 20-yard effort in the loss to the Panthers. Don't expect Agholor to find his 2017 form in London against a Jaguars defense that leads the league with 195.4 passing yards per game. Although he's averaging nearly eight targets per game, Agholor has done little to justify

FANTASY | 8B



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MUSTANG

FROM PAGE 1B

"The team has delivered incredible performance, and we've been fortunate to develop a number of new opportunities for Mustang Sampling through our involvement, so this is a program that we were eager to continue into the future. We are already looking forward to Daytona."

"We are thrilled to continue our program with Mustang Sampling to be the title sponsor of our No. 5 Mustang Sampling Racing Cadillac Prototype," said Action Express Racing team owner Bob Johnson. "We are proud to build on this partnership and look forward to continuing to deliver for Mustang Sampling both on and off the track."

Mustang Sampling also launched an online merchandise store for race fans in 2018 at www.mustangsamplingracingstore.com. The site has a wide range of options for men, women, and children alike. Mustang Sampling anticipates growing the range of products ahead of the 2019 IMSA season.

Continental Tire Challenge

It's been nearly two weeks since this year's set of IMSA Continental Tire SportsCar Challenge champions were crowned following the finale at Road Atlanta on October 12.

But the feeling of accomplishment hasn't diminished at all with the passing of time for any of the championship teams.

With a new race car and a new driver pairing, Team TGM came into the 2018 Grand Sport (GS) class determined. The team was still seeking its first win in

the series and had come close in past races, yet this season seemed different.

With sports car veterans Hugh Plumb and Owen Trinkler sharing the No. 46 Mercedes-AMG GT4, the team flew quietly under the radar for the first half of the season until that elusive first win was finally captured at Lime Rock Park in July.

It was there that Team TGM then captured something else – everyone's attention. The victory was the first for the Mercedes-AMG GT4 in North American competition and capped off a streak of consecutive top-10 finishes for the team that started with the first race of the season.

Trinkler and Plumb went on to become the only team in the GS field that finished on the lead lap in all of the season's 10 races, scoring an average finishing position within the top five after taking additional wins at VIRginia International Raceway in August and WeatherTech Raceway Laguna Seca in September. The duo entered the final race of the season with a 31-point lead, only needing to meet drive-time requirements to clinch the title.

For a team that entered the season winless so far in Continental Tire Challenge competition, the 2018 campaign turned into a dream come true.

"To say it's gratifying is really the biggest understatement in the world," said Team Owner Ted Giovanis. "It's really amazing what we accomplished this year. We set out a plan, we started executing that plan, we kept our heads down and of course the team did a great job, just like the other teams did."

"We just kept moving down the road and then all of a sudden, we were at Lime Rock and we had a win. So, we went back to the plan and kept going again. Here we are. And to some extent, we're here because of our own performance, but we placed ourselves in a position to take advantage of other people's misfortunes at some point in time. It just appeared to us and we got ourselves in a really good position just before the last race."

TCR Class

The first year for the TCR class in IMSA is officially in the books and if the class' first 10 races were any indication, its future is bright.

This year, TCR provided the third-closest finish in series history, multiple last-lap passes for the win, emotional first victories for a handful of teams and drivers, and a back-and-forth, season-long championship battle that approached the season finale with just five points separating the top two teams.

Coming out on top, though, was the No. 77 Compass Racing Audi RS3 LMS of Britt Casey, Jr. and Tom Long, a duo that first connected at the end of 2013.

A friend of Casey's introduced the then 15-year-old to the sports car veteran. Long – who was the outgoing team manager for Freedom Autosport as he transitioned to co-driving the Mazda Prototype in the WeatherTech SportsCar Championship – tested with Casey in early 2014 and put him in a Freedom race car in IMSA later that year.

"He literally gave me my first professional shot, which is really cool," said Casey. "He's always been

a background mentor for me. He's definitely like family, both of our families are really close now since that time. We met each other through racing and continued the relationship through that. Tom has really been probably the most key figure in my racing career."

The close relationship was surely to the co-drivers' benefit as they worked flawlessly together throughout the season.

Long and Casey finished in the top five in every race, stood on top of the podium more times than any other team (four), completed all but two laps of competition and, for good measure, added three Motul Pole Awards.

"To put the stamp on it the first year in, it's definitely history making," Casey said of earning the first TCR championship.

"It was hard earned, it was difficult regardless of our teammates being our biggest competitor."

"I think everyone executed accordingly and as much to plan as we could have been. I think we're all really, really proud of that. The car literally had zero scratches on it the entire year and I think that played a huge part in our success. I think everyone just did their jobs and it was definitely a hard-earned effort."

Last year, both Devin Jones and Nick Galante were racing Porsche Caymans for different teams in the Continental Tire Challenge. In January 2018, Jones and Galante were suddenly teammates, sharing a BMW for BimmerWorld Racing.

It was a move that will go down in the record books, as Jones and

Galante were awarded the final championship in the Street Tuner (ST) class and the first championship for longtime series competitor, BimmerWorld.

For Jones, though, there wasn't much of an adjustment period of getting settled in with BimmerWorld and his new co-driver.

"Nick and I knew from the first laps we turned at the Roar in January that we had a car and team that was capable of contending for wins," said Jones. "The funny thing about Nick and I is, we both have very different driving styles, but we learned a lot from each other over the course of the season. We were always able to lean on one another from track to track. The whole pairing was really special and I was just so happy to be a part of it."



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STREAKS

FROM PAGE 1B

Sebring special teams pinned Lake Gibson back on their own 12 on the ensuing kickoff, forcing them to punt again three plays.

Sebring took advantage of a short field, getting the ball back on Lake Gibson 30-yard line.

The Blue Streaks drove the ball down the field and eventually scored

on the first play in the second quarter on a 7-yard run by Williams as Sebring took a 21-0 lead.

Lake Gibson regrouped, slowing the Sebring offense as the Braves got theirs back on track. Lake Gibson quarterback Travis Williams brought his team back to within seven points, 21-14, as he threw two touchdowns passes to Malachi McNealy, the first for 69 yards and the second for 25 yards.

With three and a half

minutes left in the first half, Sebring put together their best drive of the night, going 74 yards in nine plays with Devion Littles capping off the drive with a 1-yard touchdown run to push the Blue Streaks lead back to 14, 28-14, going into the fourth quarter.

The Sebring defense came up huge in the fourth, as Rose stopped Glover short on a fourth-and-two, causing a turnover on downs at the Sebring 26.

Sebring opened up the second half with a 64-yard drive, highlighted by a 26-yard run by Williams and a 23-yard run by EJ Lockett. Kasey Hawthorne finished it off with a 6-yard touchdown run to give the Blue Streaks a 35-14 lead.

Lake Gibson attempted to answer quickly on its next possession, Shareal Williams stopped that with an interception on a tipped pass.

The Braves did score later, finishing a 74-yard drive with a 3-yard touchdown run by Jaylon Glover to make the score 35-21 heading into the fourth quarter.

The Sebring defense came up huge in the fourth, as Rose stopped Glover short on a fourth-and-two, causing a turnover on downs at the Sebring 26.

Lake Gibson again drove into Sebring territory on its next possession, again reaching the 26, this time they took a shot at the end zone, only to be thwarted by Shareal Taylor with his second interception at the goal line and bringing it back to Sebring's 38.

With two minutes left in the game, the Sebring

defense put their final stamp on the game as Roger Yarde forced a fumble and Chase Doty returned it 50 yards to give the Blue Streaks a 42-21 lead.

Lake Gibson ended the game with a meaningless touchdown as time ran out to make the final score 42-27.

Lake Gibson's Glover rushed for 84 yards on 19 carries and a touchdown. Travis Williams completed 14 of 28 passes for 261 yards and two touchdowns and two interceptions. McNealy caught 6 of those passes for 167 yards and two touchdowns.

Sebring's DJ Williams rushed for 78 yards on 17 carries with two touchdowns, while going

4 for 10 for 64 yards and a touchdown in passing.

The Sebring defense accounted for five sacks, two interceptions and a fumble recovery for a touchdown.

"We came out and played, we have been a second half team," said Scott. "Tonight we came out and played in the first half. They kids worked hard, I thought they were going to hang their heads after the loss to Lake Wales, they came out practiced hard and played hard tonight."

As for the playoff picture, Scott said he was not sure and lets the Athletic Director play with the numbers.

"We still have to go out and win next week," said Scott.



PHOTO BY JIM TAYLOR/CORRESPONDENT

Sebring's DJ Williams (3) picked up 78 yards rushing on 17 carries and two touchdowns in the Blue Streaks 42-27 win on Friday night.



Lake Gibson's Malachi McNealy is able to hold on to the pass for one of his two touchdowns in Friday night's loss to Sebring.

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FANTASY

FROM PAGE 5B

Carson Wentz throwing in his direction.

START: Josh Gordon, WR, Patriots: The prospect of his first monster game in a New England uniform is rising. Gordon caught four passes for 100 yards in last week's win over the Bears and he has seen his targets rise from six in his first two games to 16 over the past two outings. The Bills are fourth in receiving yards allowed, but they have given up 13 passing touchdowns, tying them for 20th overall. While Gordon has only one touchdown in New England, that is likely to increase on Monday night.

SIT: Matthew Stafford, QB, Lions: Detroit's gunslinger has thrown at least two touchdowns in five straight games, a streak that will be tested by a Seattle pass defense that is tied for second with only eight scoring passes allowed.



ASSOCIATED PRESS PHOTO

Tampa Bay quarterback Jameis Winston is a good fantasy play this week against the Cincinnati Bengals.

No longer the "Legion of Boom," the Seahawks still lead the league in fewest net passing yards allowed and are in the top 10 in interceptions. An improved ground game has led Stafford to throw a combined 48 passes in the last

two games, and if the Lions are able to remain balanced offensively, then Stafford's prolific yardage totals will also take a sizable hit.

START: Raheem Mostert, RB, 49ers: If Matt Breida (ankle, hamstring) can't go,

then Mostert gets a great matchup against the Cardinals, who have the worst run defense in the league. Arizona also is dead last with 12 rushing touchdowns

allowed, further bolstering Mostert's value. He has averaged 7.6 yards per carry over the past two weeks and is a solid receiver out of the backfield; even if Breida happens to play, Mostert should still get enough touches to get RB2 status in PPR formats.

SIT: Isaiah Crowell, RB, Jets: With Bilal Powell (neck) facing potential retirement, Crowell will get his share of the 13 touches per game that Powell totaled. However, Crowell must face a Bears defense that is third against the run and is the only team that has yet to allow a touchdown on the ground. Crowell has rushed for a combined 69 yards on 24 carries in the two games since he ran through the Broncos for 219 yards, making him a longshot of an RB2. He still won't be heavily involved in the passing game, further dampening his value in PPR formats.

START: Mitchell

Trubisky, QB, Bears: He's proven the six-TD outburst he had against the Buccaneers wasn't a fluke, as Trubisky has thrown for 649 yards and five touchdowns in his last two games. The Jets are 25th in receiving yards allowed and have given up 13 touchdown passes, and with coach Matt Nagy taking the gloves off Trubisky, this makes for a great opportunity to run with the budding fantasy standout.

SIT: Baker Mayfield, QB, Browns: The Steelers are 29th in fantasy points allowed to opposing quarterbacks, and while that makes starting Mayfield intriguing, he's best off on the fantasy bench. He's averaged just 226.5 passing yards per game in the last two weeks and could remain near that total if the Browns make a commitment to getting running back Nick Chubb an extensive workload.

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Sunday, October 28, 2018

Mexico torn between stopping, aiding migrant caravan

See Page 8



Trump calls Pittsburgh synagogue attack 'evil' anti-Semitism

By CATHERINE LUCEY
ASSOCIATED PRESS

MURPHYSBORO, Ill. — President Donald Trump mourned the dead and forcefully condemned anti-Semitism Saturday after a mass shooting at a Pittsburgh synagogue that left 11 dead. But faced with another national tragedy, he could not long turn his focus away from the midterm elections or himself.

Nine days from elections that will determine the control of Congress, Trump stuck to his plans to appear at an agricultural convention and a political rally. Throughout the day, he expressed sorrow, called for justice and bemoaned hate, getting regular updates on the shooting. But he also campaigned for candidates, took shots at favorite Democratic targets House Minority Leader Nancy Pelosi and



AP PHOTO

President Donald Trump speaks to an overflow crowd at a rally at Southern Illinois Airport in Murphysboro, Ill., Saturday.

Sen. Elizabeth Warren and made jokes about his hair.

At a massive rally in southern Illinois for U.S. Rep. Mike Bost, Trump condemned the shooting as an "evil anti-Semitic attack." But he said cancelling his appearance would make

sick, demented people important."

The slaughter at a baby-naming ceremony followed a tense week dominated by a mail bomb plot with apparent political motivations and served as another toxic reminder of a divided nation. It also again

underscored Trump's reluctance to step into the role of national unifier at tense moments as well as his singular focus heading into elections that could dramatically change his presidency.

Trump sought to

TRUMP | 4

Suspected synagogue shooter's anti-Semitic posts surface online

By JOSH MAGNESS
McCLATCHY WASHINGTON
BUREAU (TNS)

WASHINGTON — After police say a man stormed into a Pittsburgh synagogue and killed at least 11 people, a social media account with the suspected shooter's name began to circulate online.

Police have identified the suspect in the shooting at the Tree of Life synagogue in the Squirrel Hill neighborhood as 46-year-old

Robert Bowers. Six people — including four police officers — were also reported as injured in the shooting at the place of worship for Jews.

As news broke of the shooting, some on social media noted that Bowers had an account on the social media site Gab.

Gab describes itself as "an ad-free social network for creators who believe in free speech, individual liberty, and the free flow of information online. All are welcome."

Andrew Torba, founder of Gab, said that he created the website because of "the entirely left-leaning Big Social monopoly," Newsweek reported. The site was founded in 2016.

Vox reported that the platform has become a virtual gathering place for some members of the alt-right, a movement of white nationalist, anti-Semitic and white supremacist groups.

The Gab logo resembles Pepe the frog, a meme that has been adopted by some members

of the alt-right, as noted by VICE.

But Utsav Sanduja, Gab's Chief Operating Officer, told VICE that it is simply looking to protect the free speech of its users.

"We're very worried about people's rights," Sanduja told VICE. "A lot of political speech is being labeled as hate speech and is simply being wiped off the map."

An account with the same name as the suspected shooter contains many disparaging posts about people of Jewish

faith, as seen in an archive of the account.

The account shared a message that said "Jews are waging a propaganda war against Western civilization."

The account associated with Bowers also appears to indicate that he was about to attack the synagogue.

The final message on the account — sent out Saturday just a few hours before the shooting — says "HIAS (Hebrew Immigrant Aid Society) likes to bring invaders in that kill our people. I

can't sit by and watch my people get slaughtered. Screw your optics, I'm going in."

Gab suspended the account Saturday afternoon, and then, in a post on Medium.com, the social media platform wrote that it "unequivocally disavows and condemns all acts of terrorism and violence" and is working with law enforcement.

"Shortly after the attack, Gab was alerted to a user profile of the

ONLINE | 4

Mail bomb suspect's personality changed radically

By TERRY SPENCER
and ELLIS RUA
ASSOCIATED PRESS

FORT LAUDERDALE, Fla. — Thirteen years ago, mail bomb suspect Cesar Sayoc traveled the country leading a mixed-race troupe of male exotic dancers — he ran scams and had a temper, but a fellow dancer who is African-American said he never expressed racism or homophobia.

Years later, working as a pizza driver, Sayoc would often express hatred for minorities, Jews and gays,

his manager said. He drove a van plastered with stickers supporting President Donald Trump, criticizing media outlets and showing rifle crosshairs over liberals like Hillary Clinton and filmmaker Michael Moore. But she kept him around, even though she is a lesbian, because he was honest, dependable and never got into fights.

Why Sayoc changed so radically over the years remains a mystery, but to those who know him, there seems little question that he did.

"We were friends, we

were boys, we traveled in the same van, slept in the same room," said former dancer David Crosby, who is black. "When I think of the guy I knew and the guy I see now on MSNBC, CNN and at Trump rallies, I think, 'Did he really slip?'" He thinks Trump's sometimes bombastic criticism of liberals may have pushed Sayoc over the edge.

"He really wasn't a bad guy," a puzzled Crosby said.

But former pizza restaurant manager Debra Gureghian said that while Sayoc originally came

across as respectful, articulate and polite, within days a dark side emerged and he told her he was

disgusted by her sexuality.

"I was an abomination, I was God's misfit ... I was a mistake," Gureghian said

of her former employee, who quit his job earlier

PERSONALITY | 4



Debra Gureghian, manager at New River Pizza, and former co-worker of Cesar Sayoc, poses for a portrait on Saturday, Oct. 27, in Fort Lauderdale, Fla. Gureghian, who hired Sayoc as a delivery driver at the restaurant, said while Sayoc originally came across as respectful, articulate and polite, within days a dark side emerged and he told her he was disgusted by her sexuality.

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Folks in rural part of Panhandle ask: Where's the help?

By TAMARA LUSH
ASSOCIATED PRESS

PANAMA CITY, Fla. — More than two weeks after the powerful eyewall of Hurricane Michael passed over Bay County, Mark Ward wonders when the power will work again. And the sewer. And the water.

"We've been living out of coolers. We've been grilling out." He points to a red cooler and two grills in front of his mobile home. He has to shout to be heard over the buzz of a generator.

Although electric, water and sewer service were restored to Panama City residents on Wednesday, those like Ward who live in the rural parts of Bay County still lack basic services.

"It's a struggle. You feel frustrated because our local government seems to care more about the tourism industry than the hard-working people," says the 49-year-old. "You go off some of these dirt roads that are still unpaved, these houses are crushed. These people have no resources."

County spokeswoman Valerie Sale says she understands why people in rural areas feel left behind.

"When you live that far away from a municipal area, there's a feeling of isolation," she said. "There's no question it's a challenge to reach those folks. Under normal circumstances it takes 45 minutes to an hour to get to some of those northern parts of the county."

Bay County is known for its sugar-sand beaches. Panama City Beach, which made it through relatively unscathed from the storm, is a mecca for spring breakers each year. Mexico Beach, another stunning community on the Gulf of Mexico, was almost obliterated by the storm. Stark, stunning visuals of the destruction there have been a staple of post-hurricane news coverage.

But the rural folks in Bay County say they feel invisible. About 180,000 people live in the county, and according to the Census, 14 percent of them live in poverty.

"Where's the help?" asks Ward.

He's one of the lucky ones in the Bayou George neighborhood. He has insurance. His mobile home was mostly spared. He has a generator, and he rigged a hand pump for the well.

His next-door neighbors didn't fare as well: Michael stripped their mobile home to a wood skeleton. They clung to debris, but finally ran for safety to Ward's home during the eye of the storm with a cat and her



In this Oct. 23 photo, Ronald Lauricella cradles a kitten in his front yard in Bay County, Fla. The rural Bay County resident says some on the outskirts of the cities aren't getting needed services like electricity as fast as the populated areas.



In this Oct. 23 photo, debris scatters a mobile home in Bay County, Fla., that was totally destroyed during Hurricane Michael. Residents of the rural part of the county said they've seen little help since the storm.

newborn kittens.

"I've got seven people in my house right now. Three bedrooms, two baths," said Ward. "They've been with me since the storm."

For the first week, he drove across the state line into Alabama for gas to run the generator. Gas has been easier to get locally in recent days, but lines are still long, he said. Because one of the people staying with him has diabetes, her insulin must remain cold, which is why they need to run the generator so much.

Ward's property beside the road is a tangle of oak trees, twisted metal and downed power lines. Without flinching, he steps over and under the wires as if they were rope.

"Just tuck up under here," he says, ducking under a thick power line.

Sale, the county spokeswoman, says the Red Cross has roving emergency response vehicles, and a fire station in nearby Bayou George is a distribution point where groups have been dropping household items, food and tarps.

Ward says the neighbors have been relying more on each other.

He checks in frequently with a group of twenty-something men and women who live across the street in a mobile home on a few acres.

"You're good on your MREs?" he asked them on a recent day. "If you want water, you know where my pump is. There's also a bathing station there. Bring a washrag. There's bars of soap."

"Yeah, I'll probably use that, but my dad's got a running creek he said we could go use," said Ronald Lauricella, who owns the mobile home on the property.

Their yard is a mishmash of downed limbs, piled-up garbage and two tents. Two dogs and a small kitten roam the property.

Lauricella is staying in one tent and keeping food in another.

The inside of his mobile home is another explosion of chaos. The front door and his bedroom window were blown out from the hurricane's winds. Water soaked the carpets and drywall.

"There's bugs everywhere," he said. "It smells. You can smell the mold growing."

Lauricella, 19, has no property insurance. He's in between jobs, and hopes to make it to an interview at a restaurant this week if he can scrape up enough money for gas. He figures it's his only hope to recover from the storm.

"No one's really sending help our way," Lauricella said.

(CINF-\$74.10) markets property and casualty insurance, life and health insurance, and financial services through independent insurance agencies around the nation.

I graduated from college the year that CINF's CEO, Steve Johnston, was born.

CINF has a good portfolio of financial products and a stable balance sheet. Its long-term debt is 9 percent of capital.

Management has excellent underwriting practices, and profit margins are improving nicely. Since 2000, premium income has tripled, and the dividend, now \$2.12 and yielding 2.1 percent, has been increased each year and has tripled. And the share price has increased almost sixfold since the Great Recession low of \$13.

Meanwhile, healthy premium growth from its property/casualty

lines and rising policy retention levels should boost 2019 revenues to \$5.5 billion, up from \$5.3 billion this year, and improve earnings to \$3.47 a share, up from \$3.20.

And the dividend may be increased by 5 percent, to \$2.24. CINF is a solidly managed insurance holding company, and the fact that millions of shares are owned by Vanguard, BlackRock, Bank of America, J.P. Morgan and the Royal Bank of Canada is proof of the pudding. But I don't care to own the shares of this large-cap company, primarily because CINF is priced ahead of itself, at 23 times earnings, and also because I doubt that the Bengals will ever win a Super Bowl.

Zogenix (ZGNX-\$41.21) is one of the innumerable biotechnology firms that can trade like a bull in

New Gillum documents show FBI agent might have paid for fundraiser dinner

By LAWRENCE MOWER and DAVID SMILEY
TAMPA BAY TIMES

TALLAHASSEE — An undercover FBI agent might have paid more than \$4,000 in food and drinks for one of Andrew Gillum's campaign fundraisers in 2016, according to a new batch of records released Friday.

But the contribution in early 2016 does not appear in the records for Gillum's political committee, raising new questions less than two weeks before Florida's governor's race between Gillum and Republican Ron DeSantis is decided on Nov. 6.

The fundraiser for Gillum's political committee, Forward Florida, was on April 11, 2016, at the home of Adam Corey, a former lobbyist and a former longtime friend of Gillum's, according to an invoice and emails released by Corey's lawyer, Chris Kise.

About 40 people who attended the fundraiser were served filet mignons, salmon mousse canapés and cocktails, provided by 101 Restaurant, which was then run by Corey.

Emails show Corey billed "Mike Miller," who happened to be an undercover FBI agent investigating Tallahassee corruption, for the \$4,300 tab.

"Attached is the invoice for the dinner you graciously offered to sponsor," Corey wrote to Miller five days after the fundraiser. "As mentioned, it was a bit higher than I expected because of some last minute attendees so let me know what you would like to cover and I'll handle the rest. Again, I really appreciate this!"

Forward Florida's records do not show the contribution, and it's unclear from the records whether Miller, or someone else, ultimately responded for comment.

Geoff Burgan, a Gillum campaign spokesman said in a statement that Kise's decision to release the records was politically motivated, and that Gillum "did not

receive any contributions or in-kinds from Mike Miller."

But an email from Corey to Brice Barnes, a campaign finance consultant who was helping Gillum at the time, indicates that Gillum was aware of Miller's help.

"Did he connect with Mike Miller to thank him for co-sponsoring the food?" Corey asked Barnes.

"He sent him a personal note," she replied.

Reached Friday, Barnes said, "I don't have any information other than the email exchange."

Juan-Carlos Planas, an elections law attorney and former Republican Miami-area state Representative, called the lack of reporting "a clear violation."

"It's something that should automatically be sanctioned," he said.

Planas said campaigns are often lax about documenting in-kind catering contributions despite the requirements of state law. He said he's a stickler with his clients because it's something that can easily be overlooked on finance reports.

Mark Herron, the attorney registered as an agent for Forward Florida when the committee initially opened, did not immediately respond for comment.

The latest release of records came from Kise, a Tallahassee attorney who on Tuesday released 150 pages of records, including texts messages and emails between Corey, Gillum and Miller.

Those records indicated that undercover agents gave Gillum a ticket to the Broadway musical "Hamilton" during a trip to New York in 2016, a revelation that has dominated the second-to-last week of Gillum's historic run for governor.

Gillum cut ties with Corey, his friend since college, last year. But the more than 80 pages of records released Friday led to additional questions about Gillum's coziness with the former lobbyist and his clients.

Corey either arranged

or attended seven trips for Gillum in 2016, including a February trip to Tampa to meet with affordable housing developer Peter Leach, one of Corey's clients, and a two-night trip in Atlanta in July.

Friday's records show Leach billed Corey \$200 for the round-trip flight aboard his company's jet. Gillum paid for his share out of his office account, according to previous reports. While on the trip, Gillum also met with former Gov. Charlie Crist, who was running for Congress, and former Chief Financial Officer Alex Sink.

"The mayor was invited by Peter Leach to a meeting at his office to learn about some of the work he was doing to advance wrap-around social services in schools and housing developments," Gillum's chief of staff, Jamie Van Pelt, told the Tallahassee Democrat last year. "While visiting Tampa the mayor also met with local political leaders before returning to Tallahassee."

The purpose of the Atlanta trip is unknown. The records include emails with Gillum asking Corey to upgrade his room at a Westin hotel, but they do not show who ultimately paid the bill.

Kise said Friday that Gillum did not reimburse Corey.

"Mayor Gillum did not pay Corey for those hotel rooms," he said. "You will have to ask him for his credit card records to determine whether he paid for them himself."

Kise, has been compiling the records in response to a Florida Commission on Ethics probe looking into whether Gillum accepted gifts worth more than \$100 without disclosing them during the New York trip and a trip to Costa Rica.

The complaint was filed this year by Tallahassee businessman Erwin Jackson, a longtime Gillum critic. On Thursday, Jackson said he had asked the ethics commission to include the Tampa trip in his complaint.

Woman charged after child falls from second-floor window

WEST PALM BEACH, Fla. (AP) — Authorities

say a Florida woman was unconscious when a 5-year-old boy she was watching fell from a second-floor window.

The Palm Beach Post reports that 44-year-old Desiree Williams was arrested Wednesday and charged with

child neglect.

West Palm Beach police say firefighters responded to the home Wednesday and found the boy, who said his back and legs hurt. He later told police that Williams was sleeping when he leaned out a bedroom window and fell.

No one responded

when rescue workers knocked on the home's door. They forced the door open and reported finding Williams unconscious and smelling like alcohol. She told authorities she drank wine and took Advil that afternoon.

Williams was free on \$3,000 bail. Jail records didn't list an attorney.

Three unknown stocks explained

Dear Mr. Berko:
When our father passed away about a year ago, he left my sister and me eight stocks.

We have decided to keep the five utility stocks and continue reinvesting the dividends each quarter. Please give us advice

on keeping or selling the other three — Cincinnati Financial, Zogenix and Medtronic — which we know nothing about. — CC, Jonesboro, Ark.

Dear CC: I can't advise you competently because I know nothing about your stock market experiences, risk tolerances, short- and long-term goals, capital and income needs, debts, etc.

Cincinnati Financial

(CINF-\$74.10) markets property and casualty insurance, life and health insurance, and financial services through independent insurance agencies around the nation. I graduated from college the year that CINF's CEO, Steve Johnston, was born. CINF has a good portfolio of financial products and a stable balance sheet. Its long-term debt is 9 percent of capital. Management has excellent underwriting practices, and profit margins are improving nicely. Since 2000, premium income has tripled, and the dividend, now \$2.12 and yielding 2.1 percent, has been increased each year and has tripled. And the share price has increased almost sixfold since the Great Recession low of \$13. Meanwhile, healthy premium growth from its property/casualty

lines and rising policy retention levels should boost 2019 revenues to \$5.5 billion, up from \$5.3 billion this year, and improve earnings to \$3.47 a share, up from \$3.20. And the dividend may be increased by 5 percent, to \$2.24. CINF is a solidly managed insurance holding company, and the fact that millions of shares are owned by Vanguard, BlackRock, Bank of America, J.P. Morgan and the Royal Bank of Canada is proof of the pudding. But I don't care to own the shares of this large-cap company, primarily because CINF is priced ahead of itself, at 23 times earnings, and also because I doubt that the Bengals will ever win a Super Bowl.

Zogenix (ZGNX-\$41.21)

is one of the innumerable biotechnology firms that can trade like a bull in

a china shop. ZGNX is engaged in the development and commercialization of therapeutic solutions for people living with serious and rare disorders of the central nervous system. One of its products, ZX008, is a low-dose fenfluramine for treatment of Dravet syndrome and Lennox-Gastaut syndrome, a rare and severe form of epilepsy that commences in childhood. In the past three years, ZGNX has lost nearly \$1.5 billion. However, 4 million shares are owned by Perceptive Advisors, a New York hedge fund that has made hundreds of millions of bucks in the past few years taking positions of biotech issues. And Scopia Capital Management, another New York hedge fund specializing in biotech issues, has a 3.4 million-share

position. If you can handle well-above-average risk, ZGNX could give you well-above-average long-term gains. But its 52-week price range of \$12 to \$62 a share suggests that ZGNX could also give you well-above-average long-term losses. There are five brokerages covering ZGNX, and each has a "buy" recommendation on the stock. And I think there's a 71 percent chance that there will be 20 to 25 more points in the stock by late 2019. Meanwhile, a retired MDT salesperson gave me two good pieces of advice several years ago: "Buy Medtronic stock and hold it forever. And be nice to everyone in the hospital, because you never know who's going to pull out your urinary catheter."

I'd follow that advice in a heartbeat.

Email Malcolm Berko at mberko@yahoo.com.

Malcolm Berko

COLUMNIST

Malcolm Berko

Blackbeard the pirate goes on 'trial' in NC courtroom

By MARTHA QUILLIN
THE NEWS & OBSERVER

WASHINGTON, N.C. — A cast of political and legal adversaries met in a Beaufort County courtroom Friday to argue the guilt or innocence of the notorious pirate Blackbeard, 300 years after he was killed in a battle in the waters off North Carolina's Ocracoke Island.

It was a mock court, but the evidence presented came straight from the historical record, and the questions were real.

Was Blackbeard a stone-cold criminal who treacherously slaughtered King George I's men aboard their ship that November day in 1718? Or was he the victim of an unlawful ambush fighting in self-defense against a crew of men he had no way of knowing represented the royal crown?

"We are specifically interested in whether it was lawful and proper for the colony of Virginia to dispatch armed forces into their neighboring colony of North Carolina in order to capture or kill suspected pirates operating out of the ports of Bath and Ocracoke," real-life Superior Court Judge J. Carlton Cole told the courtroom.

Over the course of the next two hours, nearly 100 observers, including dozens of local school students and some county residents who may claim descendancy from some of Blackbeard's former crew members, listened as present-day Beaufort County District Attorney Seth Edwards faced off against business and probate attorney J. Erik Groves of Waxhaw.

Edwards represented a powder-wigged Virginia Lt. Gov. Alexander Spotswood, portrayed by Dennis Loba of Virginia. It was Spotswood who personally financed the hiring of a pair of private vessels and crew to make a foray into the waters off North Carolina to find and either kill or capture Blackbeard and his piratical associates.

Groves represented Blackbeard, portrayed in villainous splendor by Carl Cannon of Beaufort.

Having been slain and beheaded during the skirmish in 1718, Blackbeard did not take the stand in his defense at Friday's proceedings.

Legend vs. truth

The event was one of many in coastal N.C. communities this year that have commemorated the 300th anniversary of Blackbeard's demise, some more scholarly than others. This one was organized and scripted by N.C. historian, author and filmmaker Kevin Duffus, who has spent thousands of hours finding and studying primary-source documents to try and



AP PHOTO

North Carolina historian and author Kevin Duffus wrote the script for a mock trial of Bluebeard the pirate in Washington, N.C., based on documents found in courthouses and archives.

sort Blackbeardian legend from truth.

As costumed players noted in "court" using details Duffus has gleaned from his years of research, Blackbeard — whose non-pirate name likely was Edward Thatch and who may have been born Edward Beard in Beaufort County — has been the subject of much conjecture and exaggeration, some of it his own.

Blackbeard is said to have cultivated a fearsome reputation during his two years as a professional pirate, but that may have been a way to prevent violence rather than to promote it. If other ship captains believed he might kill them, the theory goes, they might have been more likely to give up their cargo without a fight.

Through "testimony" on Friday, Duffus showed that the lieutenant governor of Virginia might have used Blackbeard's notoriety to justify sending armed forces into North Carolina, when what he may really have wanted was to embarrass then-Gov. Charles Eden and possibly seize Blackbeard's rumored piles of treasure.

As Duffus asserted Friday, the 1700s were difficult economic times for colonial governments and their people, both of whom may have been willing to take what didn't belong to them in order to survive.

Even George I was willing to overlook a bit of plundering. He issued a pardon for pirates, which North Carolina extended to Blackbeard and his men though they did not technically qualify for it, having committed additional crimes after the cutoff date it specified.

George issued a second, more lenient pardon that almost certainly would have exonerated Blackbeard and his men if they had lived to see it arrive by ship from England.

What happened on that day in 1718?

Role-players at Friday's hearing suggested Blackbeard might have been getting out of the pirate business in 1718. He may have intentionally run his flagship, the

Queen Anne's Revenge, aground near Beaufort Inlet off present-day Atlantic Beach, forcing the immediate layoff of most of his 300 men. He later traveled with a smaller group to Ocracoke, and was there in November when Spotswood's hired guns found him.

Accounts of the day report that when he saw the ships approach him, Blackbeard called to ask who they were and where they were from. The leader of the mission, Lt. Robert Maynard, played Friday by John Collamore of Virginia, told him they weren't pirates, and that they were coming for him.

Spotswood had hired the men under the authority of a general proclamation by the king to go after pirates, but he had no specific charge from George I to pursue Blackbeard. Spotswood, not the Royal Navy, paid the men, whose personal boats had no insignia of the Royal Navy. At the time, the Royal Navy had no uniforms, so the men wore clothing of the day.

Spotswood indicated the ship had a flag, likely the Union Jack, but the weather was so still that day that the ships to be pulled by row boats, so the flag likely was hanging limp.

Under the circumstances, Duffus postulated, Blackbeard probably thought he was being attacked by disgruntled former employees or South Carolinians looking for revenge over his earlier blockade of their Charleston port.

What's the verdict?

For his part, Spotswood argued through his living history actor, he viewed it as his duty to go after Blackbeard because Gov. Eden not only tolerated the pirate, but was in cahoots with him.

The exercise had no effect on Blackbeard's legal standing. But in Duffus' view, it wasn't Blackbeard who was on trial Friday, but popularized history, which sometimes lacks context and often overlooks facts.

"The evidence is overwhelming," Duffus said afterward, "that Blackbeard wasn't such a bad guy."

SAVE A LIFE
DONATE BLOOD TODAY



In this Wednesday, Oct. 10, 2018 photo, University of Minnesota senior Caylin Neuburger teaches an art class at Central Library in downtown Minneapolis. Neuburger studies Communications Studies and Studio Art.

Minnesota workshops provide space for transgender youth

By KSENIA GORINSHTEYN
MINNESOTA DAILY

MINNEAPOLIS — With blank pages in front of them, participants sat at tables organized in a tight, intimate circle. Observing the different charcoal tools available to them, they listened to the artist describe their various uses.

"Don't eat the charcoal," said Caylin Neuburger, a University of Minnesota senior studying communications and studio art with a focus on illustration. "It's not meant to be ingestible, but as long as you aren't eating giant bags of it you should be good."

TransFabulous workshops create a space for trans youth — though all are welcome — to express themselves through different artistic mediums while connecting the Twin Cities transgender community. This month's workshop presented charcoal as an artistic outlet, Minnesota Daily reported.

What began as a summer series at several Hennepin County Library branches has grown into a monthly workshop at the Minneapolis Central Library. The workshops feature a different artist and medium every month, focusing on trans and gender

nonconforming artists.

"It's a way for a group that doesn't have a lot of programming offered to say the library is for you," said Ray Lockman, a librarian at the Minneapolis Central Library and one of three project managers for TransFabulous. "That's been a really cool thing to watch as people stop by for one and it kind of transforms their feeling of belonging."

The workshop gives the artist freedom to teach the medium in their own style. Neuburger led the night with casual conversation and encouraging suggestions that allowed each participant to explore charcoal as a form of their own.

"(Charcoal is) a forgiving medium, but also a little delicate," Neuburger explained.

The inspiration for the night was a still-life set-up in the middle of the room that included a mirror, a pride flag and a bouquet of lavender in a teapot, among additional objects.

Each workshop attendee began their still-life drawing differently. Some started with small details, like individual lavender buds, and others started with larger shapes and figures that would be filled with fine details

later.

"Art is very much a community-driven sort of activity," Neuburger said. "If people do want to bring some heavier emotions into art then it's a great way to express that in a way where you can get feedback."

The community curators try to organize the workshops so that one month's medium isn't similar to the next. This allows attendees to explore several artistic skills and find the one that resonates most.

"I'm just blown away by people's creativity and their ability to take on an entire workshop and lead as well," said Chase Underwood, a university junior studying family social science. Underwood attended a zine workshop two years ago and is now a TransFabulous community curator.

TransFabulous is a space for trans youth to meet other trans people in the community and to express emotions and issues that may otherwise be difficult to convey.

"I think that art is a way for trans people to feel resilience in a lot of ways," Underwood said. "It can be really healing being able to focus on your identity. It's another way for us to create our own representation."

Michigan veteran receives high school diploma after 48 years

By RJ WOLCOTT
LANSING STATE JOURNAL

LANSING, Mich. — Forty-eight years after leaving Eastern High School to join the United States Navy, Dann Huisken recently received his diploma.

In 1970, the now-retired chief petty officer was an 18-year-old senior at Eastern who decided to enlist in the midst of the Vietnam War.

"I knew I needed structure and to get away," Huisken, 66, told the Lansing State Journal. "The Navy was the perfect opportunity."

He first moved to Lansing in fourth grade, attending Forest View Elementary, West and Water French junior high schools en route to Eastern.

His mother wouldn't let him join the United States Army. She did, however, allow him to enlist in the U.S. Navy.

"She liked their uniforms," Huisken said moments before he was awarded his high school diploma by the district's Board of Education.

Under Michigan law, honorably discharged veterans of World War II, Korea, or Vietnam can

obtain their high school diplomas if they enlisted or were drafted before they could do so.

After enlisting, Huisken headed to Detroit for a battery of tests and was made a radioman after acing a communications test.

Huisken volunteered to go to San Diego for boot camp. His first posting in the Navy was in the Philippines, where he stayed for 18 months.

He was assigned to the aircraft carrier USS Constellation in 1973,

which was stationed off the coast of Vietnam.

Later, after undergoing shoulder surgery, Huisken was stationed on the Greek island of Crete as well as in Nevada. He was honorably discharged from the Navy in 1980 after a decade of active service. He followed that with 16 years in the Navy Reserve.

Before leaving active duty, Huisken applied for and received his GED. But he still wanted that high school diploma from his former school.

ANSWER TO CROSSWORD

FIBBER	LIBIDO	STRAP
AMARNA	UNITARDS	CHAFE
KIBITZ	CROSSBOW	RETRO
ENYA	OAKEN	HIDE ARSON
SNARKY	ICET	DOME
OTTER	ABACUS	MENSSHOP
WRENCH	REST	VINE TORY
LIPPO	UBER	EGADASHLAR
SOS	ALLA	CARDIB LEDTO
EBOOK	USAUSA	ARIES
NOLITA	BRATZ	DONUTS
BALED	THEFBI	PARTB
LEDGE	SAVEUS	USES JIF
INVADE	NEWT	APSO TATA
GAIN	ABEL	TRIPS EIZED
HECTARES	TOILET	SEZME
LUSH	PUNT	TWITCH
ARBYS	EGAN	EPSON LAMP
LEAPS	SANDRAOH	EMINOR
ENNUI	THEREGIGO	POPDUO
STATE	MADDOW	TOSSED

Feds widen search for others who may have helped Florida mail-bomb suspect

By JAY WEAVER
MIAMI HERALD (TNS)

MIAMI — The quick arrest of a homeless man living in his van on charges of sending more than a dozen mail bombs to notable Democrats around the country may have signaled the climax of a massive federal investigation during the past week — but it's far from over.

Federal agents are still searching for other possible suspects in South Florida who may have helped Cesar Sayoc, the former stripper and self-described entertainment promoter who was arrested Friday at an auto parts store in Plantation.

Friday night, FBI agents questioned a person at a Broward County residence with a potential connection to Sayoc, but nothing came of the interview, according to law enforcement sources familiar with the probe.

Investigators are also analyzing Sayoc's im-

pounded van in which he lived and allegedly built the pipe bombs because it contains a trove of valuable evidence, from explosive-device materials to credit-card receipts.

According to sources, Sayoc told FBI agents and other authorities during a brief interview at the bureau's South Florida field office in Miramar that he never meant to hurt any of the intended targets — though the FBI's director later said the pipe bombs were not "hoax devices." Sayoc eventually clammed up, invoking his Miranda rights and asking to speak with a lawyer.

Despite allegedly committing practically the entire mail-bombing campaign from South Florida, Sayoc will be whisked away to New York after appearing in federal court in Miami for a removal hearing on Monday. He will be prosecuted by the U.S.

Attorney's Office in the Southern District of New York, based on evidence that at least five of the 14 packages were sent to that area, including CNN's offices in Manhattan.

Many criminal and legal experts in South Florida called the New York U.S. Attorney Office's takeover of the case a classic "power grab" of a national case that really belongs in South Florida. One former federal prosecutor said Miami's new U.S. attorney, Ariana Fajardo Orshan, got a "dose of the SDNY."

During a Friday news conference at the Justice Department in Washington, D.C., Fajardo was conspicuously absent from the stage of senior officials, which included Attorney General Jeff Sessions, FBI Director Christopher Wray and the U.S. attorney for the Southern District of New York, Geoffrey Berman.

Wray credited the "phenomenal work" of federal agents and FBI lab experts along with state and local police in New York, the Washington, D.C., area, Delaware, Florida and California, where authorities say the bomb-filled manila envelopes were sent by

Sayoc since Oct. 18. All of the packages, which had the return address of the congressional office of U.S. Rep. Debbie Wasserman Schultz, were routed through a U.S. Postal Service mail sorting facility in Opa-locka.

A trail of telltale clues helped investigators quickly focus the nationwide manhunt on Sayoc. Among the connections: a latent fingerprint on an envelope sent to California Rep. Maxine Waters along with DNA residue on two devices sent to Waters and Obama. They matched with DNA records kept by the Florida Department of Law Enforcement that were collected from Sayoc in previous state criminal cases.

Wray thanked FDLE for "their very quick work" in helping make the DNA connection before Sayoc's arrest Friday morning. "We do believe that we've caught the right person," he said. "Once I knew they (the FBI) had a print, I was pretty confident we'd be able to find the right person."

Agents also scrutinized Sayoc's voluminous social media posts, his cellphone records and his

movements throughout South Florida to link him to the threats against Democratic targets. Sources told the Miami Herald that those database searches did not reveal evidence that Sayoc was influenced by any terrorist organizations, including Islamic State. The notorious Middle Eastern terrorist group's propaganda has been posted on social media of several convicted felons who attempted to carry out past bombings in South Florida.

Wray would not say if there might be other potential suspects associated with the packages, citing the ongoing investigation.

Sayoc, who is being held at the federal detention center in downtown Miami, was arrested on a criminal complaint on charges of interstate transportation of an explosive, illegal mailing of explosives, threats against a former president and other high-ranking former government officials, threatening interstate communications and assaulting federal officers.

The five charges carry a potential 58 years in total prison time if Sayoc is convicted, Sessions said.

ALMANAC

Today is Sunday, Oct. 28, the 301st day of 2018. There are 64 days left in the year.

Today in history

On Oct. 28, 1962, Soviet leader Nikita Khrushchev informed the United States that he had ordered the dismantling of missile bases in Cuba; in return, the U.S. secretly agreed to remove nuclear missiles from U.S. installations in Turkey.

On this date

In 1726, the original edition of "Gulliver's Travels," a satirical novel by Jonathan Swift, was first published in London.

In 1858, Rowland Hussey Macy opened his first New York store at Sixth Avenue and 14th Street in Manhattan.

In 1886, the Statue of Liberty, a gift from the people of France, was dedicated in New York Harbor by President Grover Cleveland.

In 1922, fascism came to Italy as Benito Mussolini took control of the government.

In 1936, President Franklin D. Roosevelt rededicated the Statue of Liberty on its 50th anniversary.

In 1940, Italy invaded Greece during World War II.

In 1958, the Roman Catholic patriarch of Venice, Angelo Giuseppe Roncalli, was elected Pope; he took the name John XXIII. The Samuel Beckett play "Krapp's Last Tape" premiered in London.

In 1965, Pope Paul VI issued a Declaration on the Relation of the Church with Non-Christian Religions which, among other things, absolved Jews of collective guilt for the crucifixion of Jesus Christ.

In 1976, former Nixon aide John D. Ehrlichman entered a federal prison camp in Safford, Arizona, to begin serving his sentence for Watergate-related convictions (he was released in April 1978).

In 1991, what became known as "The Perfect Storm" began forming hundreds of miles east of Nova Scotia; lost at sea during the storm were the six crew members of the Andrea Gail, a swordfishing boat from Gloucester, Massachusetts.

In 2002, American diplomat Laurence Foley was assassinated in front of his house in Amman, Jordan, in the first such attack on a U.S. diplomat in decades.

Today's birthdays

Jazz singer Cleo Laine is 91. Actress Joan Plowright is 89. Musician-songwriter Charlie Daniels is 82. Actress Jane Alexander is 79. Actor Dennis Franz is 74. Pop singer Wayne Fontana is 73. Actress Telma Hopkins is 70. Olympic track and field gold medalist Caitlyn Jenner is 69. Actress Annie Potts is 66. Microsoft co-founder Bill Gates is 63. The former president of Iran, Mahmoud Ahmadinejad is 62. Rock musician Stephen Morris (New Order) is 61. Country/gospel singer-musician Ron Hemby (The Buffalo Club) is 60. Rock singer-musician William Reid (The Jesus & Mary Chain) is 60. Actor Mark Dervin is 58. Actress Daphne Zuniga is 56. Actress Lauren Holly is 55. Talk show host-comedian-actress Sheryl Underwood is 55. Actress Jamie Gertz is 53. Actor Chris Bauer is 52. Actor-comedian Andy Richter is 52. Actress Julia Roberts is 51. Country singer-musician Caitlin Cary is 50. Actor Jeremy Davies is 49. Singer Ben Harper is 49. Country singer Brad Paisley is 46. Actor Joaquin Phoenix is 44. Actress Gwendoline Christie is 40. Singer Justin Guarini (TV: "American Idol") is 40. Pop singer Brett Dennen is 39. Rock musician Dave Tiro (Plain White T's) is 39. Actor Charlie Semine is 38. Actor Matt Smith is 36. Actor Finn Wittrock is 34. Actress Troian Bellisario is 33. Singer/rapper Frank Ocean is 31. Actress Lexi Ainsworth (TV: "General Hospital") is 26. Actor Nolan Gould is 20.

Bible verse

"O Sing unto the Lord a new song; for he hath done marvelous things: his right hand, and his holy arm, hath gotten him the victory." — Psalms 98:1

"Praising God is great therapy for the soul. Take time to praise Him and thank Him and you will see that your problems will get smaller."

PERSONALITY

FROM PAGE 1

this year. Sayoc thought she "should burn in hell with Ellen DeGeneres and Rachel Maddow... and President Obama and Hillary Clinton."

Sayoc, 56, was arrested Friday near Fort Lauderdale and is charged federally with mailing at least 13 mail bombs to prominent Democrats and other frequent targets of conservative ire, including former President Barack Obama, former Vice President Joe Biden, Hillary Clinton and the cable network CNN. He is scheduled to make his first court appearance Monday.

That radicalism is a stark contrast to the mid-2000s, when Sayoc managed and performed with two male-dance revues — "Men of Steel" and "American Hunks." He never expressed political views back then, Crosby said.

"I don't know if he was a Democrat or Republican," said Crosby, who now runs a gym and is a comedian near Minneapolis.

Along with three or four other chiseled men, Crosby and Sayoc



CESAR SAYOC

traveled the country by van, stripping to G-strings for screaming women in honkytonks and nightclubs. They would check into a motel, perform,

bring women back to party, sleep a few hours and then get up early the next morning to drive several hours to the next gig.

"It's a hard life," Crosby said, quite seriously. The partying, bad food and lack of exercise takes a toll, he said.

Sayoc hosted, then danced last. Crosby said he and the other all-but-naked dancers would bring women up on stage, make them and their friends laugh and do some sexual innuendo — except Sayoc, who wasn't a good performer.

He said Sayoc would have women sit in a chair, get between their legs and drive his pelvis into theirs hard — "bang, bang."

"The chair is bouncing off the

wall, their head is bouncing off the wall," Crosby said. Sometimes, he would bite the women's exposed skin hard enough to leave teeth marks. Crosby said women would complain to the other dancers that Sayoc was too rough, but no one ever called the police.

He said Sayoc had a "zero to 100" temper and would sometimes use his 6-foot, 250-pound frame to intimidate other men.

"If he wasn't happy about something, he would definitely let you know," Crosby said.

Still, he never saw Sayoc hit anyone and he treated his employees well — though he would sometimes scam the shows' financial backers.

For example, Crosby said Sayoc would sometimes drive separately in his own older van, though not the now infamous one he was arrested with. He would then take parts from the troupe's newer van, which was owned by an investor, and swap them with dying parts from his clunker, Crosby said. Sayoc would then ask the investor to pay for the troupe van's now-needed repairs.

Twelve years later, however, when Sayoc worked for

Gureghian at New River Pizza in Fort Lauderdale, honesty and reliability were his job-saving attributes. He never stole and customers never complained, Gureghian said.

But until he quit earlier this year, he regularly subjected co-workers to fiery political rants. Gureghian called his views "pure hatred."

He detested liberals, blacks, Jews and especially gays, who he called slurs, Gureghian said.

Gureghian said Sayoc used his van for deliveries and one rainy night he offered her a ride home.

"The first thing I did was kind of look to make sure — God forbid — if something happened, can I open that door to get out and how do I tuck and roll?" she said.

Sayoc lived in the van and Gureghian said it was a mess. There were empty containers from fast-food restaurants, men's fitness supplements and alcoholic beverages. Dirty clothes were everywhere.

And, ominously, there were dolls with their heads cut off.

"He told me he was fixing them for his two nieces," Gureghian said.

ONLINE

FROM PAGE 1

alleged Tree of Life Synagogue shooter," the

statement read. "The account was verified and matched the name of the alleged shooter's name, which was mentioned on police scanners. This

person also had accounts on other social networks.

"Gab took swift and proactive action to contact law enforcement immediately. We

first backed up all user data from the account and then proceeded to suspend the account. We then contacted the FBI and made them aware of

this account and the user data in our possession.

"We are ready and willing to work with law enforcement to see to it that justice is served."



A man holds his head as he is escorted out of the Tree of Life Congregation by police following a shooting at the Pittsburgh synagogue, Saturday.

gun controls are needed.

"This is a case where, if they had an armed guard inside, they might have been able to stop him immediately," Trump said. "Maybe there would have been nobody killed, except for him, frankly. So it's a very, very — a very difficult situation."

In previous mass shootings, Trump has at times said he would consider tightening gun laws but in the main has called for more armed guards in places such as schools.

"The world is a violent

world," he said before his speech. "And you think when you're over it, it just sort of goes away, but then it comes back in the form of a madman, a wacko. ... They had a maniac walk in and they didn't have any protection and that is just so sad to see, so sad to see."

Trump said lawmakers "should very much bring the death penalty into vogue" and people who kill in places such as synagogues and churches "really should suffer the ultimate price."

TRUMP

FROM PAGE 1

energize turnout for Bost, who is fighting to hold on to a seat that was once a Democratic stronghold, but turned out for Trump in 2016. To bolster his argument for sticking with the rally, Trump argued that the New York Stock Exchange was opened the day after 9/11, though in fact it was reopened on September 17.

Speaking to a massive, cheering crowd at an airport hangar in southern Illinois, Trump said "the hearts of all Americans are filled with grief, following the monstrous killing." He told reporters before the rally that he would travel to Pittsburgh, though he did not offer details. He also sought to distance himself from the man arrested in the shooting, calling him "sick" and saying "he was no supporter of mine."

Trump offered an unsparing denunciation

change his tone for the Saturday night rally given the events of the day. While he avoided some of his most fiery rhetoric, he still targeted Pelosi and Democrats and the crowd gleefully shouted "lock her up," in reference to Hillary Clinton, one of the targets of the bomb plot.

Continuing to emphasize his hardline immigration rhetoric, Trump said: "Republicans want strong borders, no crime, and no caravans."

Trump's speech to a convention of the Future Farmers of America had all the hallmarks of a Trump rally, as the president riffed on trade, jobs and some of his political enemies. At one point he also joked about his hair. He said it was ruffled by the rain as he left Washington, adding "I said, 'maybe I should cancel this arrangement because I have a bad hair day.'

Trump offered an unsparing denunciation

that the death toll in Pittsburgh would have been curbed if an armed guard had been in the building. With both the number of deaths and details of the synagogue's security still to be disclosed, Trump said gun control "has little to do with it" but "if they had protection inside, the results would have been far better."

But the attack did not persuade him that tighter

NEW YORK TIMES SUNDAY CROSSWORD

No. 1021

YOU'RE GOING DOWN

BY FINN VIGELAND / EDITED BY WILL SHORTZ

ACROSS

- 1 Pinocchio, e.g.
7 Aphrodisiacs boast it
13 Backpack feature
18 Where cuneiform was discovered
19 Superhero outfits, typically
22 Irritate
23 Give unsolicited advice
24 Weapon for William Tell
25 Coming back in
26 Popular singer born in County Donegal
27 Like many wine casks
29 Lie low
30 What starts with a spark of an idea?
31 Snide and sassy
33 Portrayer of TV's Det. Fin Tutuola
35 Jefferson Memorial topper
37 Nonfish aquarium attraction
39 Precalculator calculator
41 Where one might be well suited
45 Clue weapon
47 "Give it a ____"
48 Street crossing Hollywood in Hollywood
49 Conservative
50 Job for a plastic surgeon, for short
- Online subscriptions: Today's puzzle and more than 4,000 past puzzles, nytimes.com/crosswords (\$39.95 a year).

51 Modern name in transportation

53 "Heavens!"

55 Squared building stone

57 Three short, three long, three short

58 Gnocchi ___ Romana

59 Rapper with the 2017 No. 1 hit "Bodak Yellow"

61 Brought about

62 Kindle download

63 Chant at a political rally

64 First sign

65 Manhattan neighborhood next to the Lower East Side

67 Popular line of dolls with "Kidz" and "Babyz" spinoffs

68 Hole foods?

70 Bundled, as hay

71 1960s-'70s police drama

73 Medicare provision for non-hospital expenses

74 Perch for pigeons

75 Plea to a superhero, maybe

76 Employs

77 Peter Pan rival

80 Trespass upon

82 Seventh-year exam in Harry Potter

83 Lhasa ___

84 "Toodles!"

85 Positive market move

86 Son of Adam

88 Trigger, as an alarm

90 Repossessed

92 Farm measures

94 Kind of humor

96 "Cuz I told you to!"

97 Like rain forests

98 Fourth-down play

99 Spasm

101 Fast-food chain with a hat in its logo

104 Jennifer who wrote "Manhattan Beach"

106 Printer brand

108 Spelunker's helmet attachment

111 Springs

112 Five-time Emmy nominee for "Grey's Anatomy"

114 Key of Dvorák's "New World" Symphony

116 World-weariness

117 "Silly me, rambling again!"

118 The Chainsmokers or Eurythmics

119 Declare

120 TV colleague of Hayes and O'Donnell

121 Didn't sleep well

DOWN

1 Embarrassment for an art curator

2 "Sign me up!"

3 Headline after a toddler C.E.O. resigns, literally?

4 Coiner of the term "generative music"

5 Certain med. specialist

6 It may be cutting things close

7 Car failure only a block from the mechanic, literally?

8 About, on memos

9 Mixture of nature and technology

10 ___ official

11 Takes off in a hurry

12 Eye socket

13 Takes off in a hurry

14 "For a massage, go that way!", literally?

15 "Darn it all!"

16 Do for Jon Batiste

17 Drudge

20 Its HQ is the Pentagon

21 First country to legalize changing one's gender identity (1972)

28 First African-American sorority

32 Part of a circle

34 Like the dress shirt that's just adorable, literally?

36 Draftable

37 "Wise" ones

38 Chamber music group, often

40 ___ Lingus

41 Calf-length dresses

42 "Not so fast!"

43 Addresses a crowd

44 Firebugs

46 Signature Jacques Tati role

48 Capital of Liechtenstein

52 Puffs up

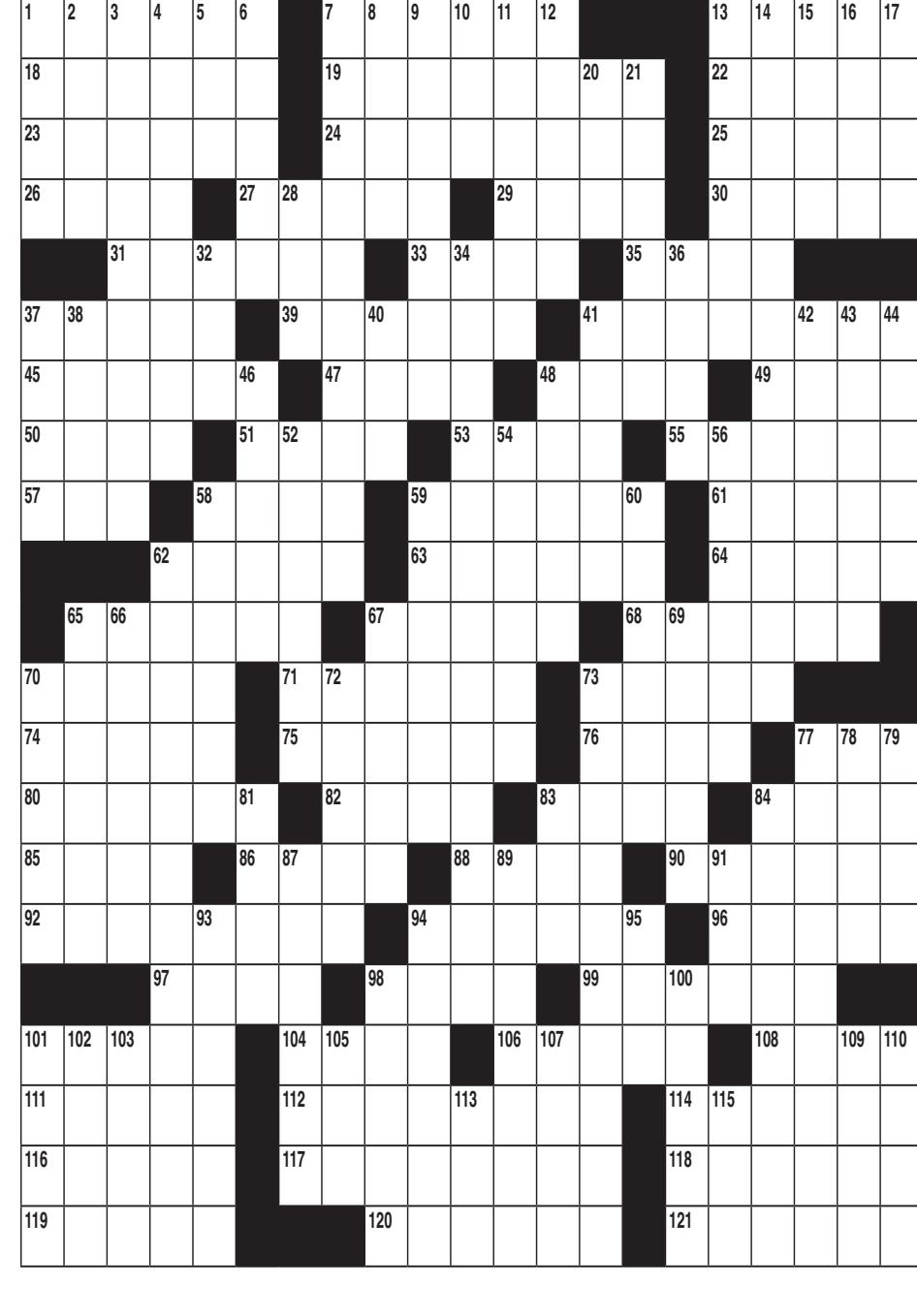
54 For nothing

56 Perspectives

58 Bore

59 Midnight, maybe

60 Total baller



- 62 Dissed with flowery language, literally?
64 Signature Jacques Tati role
65 Hip-hop dance move
66 Classic London theater
67 Angled edge
69 Snacks often paired with milk
70 "Mutiny on the Bounty" captain
72 Underwear brand
- 73 Punch vs. Judy, literally?
77 One answer to the question "What's your favorite music genre?", literally?
78 Agenda entry
79 Music outro effect
81 Prominent parts of goblins
83 Not do so well
- 84 Haberdashery buys
87 Directive
89 CVS rival
91 "Alea iacta est": Caesar
93 Barbie attendee
94 About 10 percent of Russia
95 Afternoon hour
98 Land in "The Hunger Games"
- 100 Bumbling
101 Orders at the Rose & Crown
102 Quote from a letter
103 Actor Eric
105 Frustrated cry
107 ___ stick
109 Pouty face
110 Urge on
113 Bloody, say
115 Barn greeting

FOR ANSWERS TURN TO PAGE 3

Ask the Fool

Split-Adjusted

Q What does "the index effect" mean in the investment world? — H.R., Jackson, Michigan

A The index effect is what happens when a given stock is added or removed from a major stock index. Remember that companies are routinely added to or removed from various indexes — sometimes because they grow too big or small for the index they're in, sometimes because they merge with or are acquired by another company, or perhaps because they've grown more or less important.

Consider the Standard & Poor's 500, or "S&P 500," as an example. There's more than \$3 trillion invested in index funds that track it — so if it adds a new company to its roster, all of those funds will have to buy shares of that stock, and all that buying can send the stock price up to some degree. Conversely, stocks removed from an index can see their prices fall. Typically, though, these spikes or drops are not long-lasting.

Q What education and credentials do stockbrokers have to have? — G.B., Portland, Oregon

A A college degree is often required. Stockbrokers also need to be registered with the Financial Industry Regulatory Authority (FINRA), typically by passing the Series 7 (general securities representative exam) licensing examination — and perhaps some other exams, too, such as Series 63 (uniform securities agent state law exam) and Series 65 (uniform investment adviser law exam).

Remember, though, that these exams don't measure a broker's skill at identifying great investments. Worse still, brokers don't have to abide by the fiduciary standard that applies to investment advisers, requiring that recommendations be in your best interest. Instead, they just have to offer "suitable" (and possibly high-cost) investments. It can be helpful to think of them, generally, more as salespeople than as independent financial advisers.

Want more information about stocks? Send us an email to foolnews@fool.com.



Fool's School

You Probably Need to Save More

There's a good chance you're not saving enough for your future.

The U.S. personal savings rate was 6.6 percent in August, which is lower than it has been in recent months. (It was 7.4 percent in February, for example.) Consider, too, that Americans were saving more than 10 percent of their income from the 1960s and 1970s.

Most of us will be relying on ourselves for much of our retirement income, it's important that we sock away enough to live off of in the future. Don't just assume that you're doing enough. If you save, say, \$5,000 per year for 25 years, that might seem like a lot, but if, invested, it grew at 8 percent annually, it would total close to \$400,000. That would give you under \$16,000 in your first year of retirement, if you made a conservative 4 percent withdrawal.

Add that to Social Security retirement income (which recently averaged about \$17,000 annually) and it still wouldn't be a lot to live on.

Even worse, most people haven't been socking away even \$5,000 annually. About 24 percent of workers said they had less than \$1,000 saved for retirement, according to the 2017 Retirement Confidence Survey, and a whopping 55 percent of workers had less than \$50,000 saved.

Conventional wisdom has long suggested that you save and invest 10 percent of your income each year, but that's not best for all. If you're starting late or would like to be more secure in old age, aim significantly higher. You can try out different retirement saving-and-investing scenarios at dollar-times.com/calculators/retirement.htm and fool.com/calculators. A quick way to roughly estimate how big a nest egg you need (assuming a 4 percent withdrawal) is to multiply your desired annual income by 25. Want \$25,000 in your first year? Twenty-five times that is \$625,000.

Save aggressively and invest effectively. The sooner you start, the more time your money will have to grow. Visit fool.com/how-to-invest and to learn how to build wealth — or read "The Little Book of Common Sense Investing" by John Bogle (Wiley, \$25).

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CROSSWORD PUZZLE

CHANGE OF ADDRESS

By Greg Johnson

ACROSS

- Run-down area
- Fire starter
- Defunct Ford div.
- Like some bulls
- Bigger than big
- Enjoy slowly, as a drink
- "I __ busted!"
- Come to light
- Message about nearly a dozen U.S. sailors being flown overseas? (Pa.)
- Not talkative
- Receive inside info
- Tired comment
- One terminus of Chicago's Blue Line
- Soccer goose egg
- Cunning plan
- Annoyed Mayberry aunt gets an old Toyota at a raffle? (Wis.)
- Delaware's capital?
- Disheveled
- At least one Landlord's reminder
- Tanning time on the Riviera
- Babe's counterpart
- "Follow me!"
- State definitively
- Constitution letters
- White selection, briefly
- Boast about Japanese animation? (Me.)
- Not requiring stamps
- Hopefully, what's left for dessert?
- "Funny thing is ... "

DOWN

- Emanation from an aging rural mine? (Co.)
- Pitcher part
- Absence
- All
- Lunch treats from Clinton's veep? (Or.)
- Holiday song sextet
- Brooding genre
- Ornate molding
- Sources of bow wood
- Author Caleb
- Five-O alert
- Tied
- Goof
- Myrtle whose oil is a folk remedy for skin conditions
- South end?
- Black Friday headline? (Md.)
- Overnight retreats
- Simba, at the start of "The Lion King"
- Primrose family plant
- Ready to breed
- Moonlighter's work
- Tokyo shopping district
- Muslim ascetics
- drain Sahara pipeline contents? (Ca.)
- Flawed
- Cap'n's underling
- "Free your pores!" skincare brand
- Ignore, with "out"
- Tighten, as laces
- Jazz club sessions
- Prefix for a Dow foam
- Not quite never

56 Couldn't avoid it

57 Italian lawn game

58 Lymph

59 Love to bits

60 Motored (along)

61 Parents

62 Leave, slangily

63 Inappropriate look

64 Demand too much of

65 Silver Bullet Band rocker

66 Joyous song

67 A new one may itch

68 Artfully shy

69 Treo maker, before it shortened its name

70 Sheikdom of song

71 Air freshener scent

72 On the briny

73 For fear that

74 Kind of alcohol

75 Kid raiser, in two ways

76 Cockpit worker

77 Prez on a five

78 Prince Harry's locks, e.g.

79 Holder of keys

80 Devoured

81 Untrue

82 __-Magnon

83 Hosp. drama role

84 Sells

85 Add to a website, as a video

86 Bigger copy: Abbr.

87 Guadalajara gal pal

88 Draw upon

89 Most aloof

90 Cough drops branc

91 Scotch cocktail

92 "Just me," formally

93 Quite a distance

94 Hardly a threat

95 "SNL" staple

96 Wild plum

97 Sparring punches

98 "Never heard __"

99 "Car, truck or bike

100 "30 on the periodic table

101 Toward shelter

102 Small ammo

103 Like deeply discounted mdse.

104 Leader with perks

105 Fair grade

106 Leader with perks

107 Leader with perks

108 Leader with perks

109 Leader with perks

110 Leader with perks

111 Leader with perks

112 Leader with perks

113 Leader with perks

114 Leader with perks

115 Leader with perks

116 Leader with perks

117 Leader with perks

118 Leader with perks

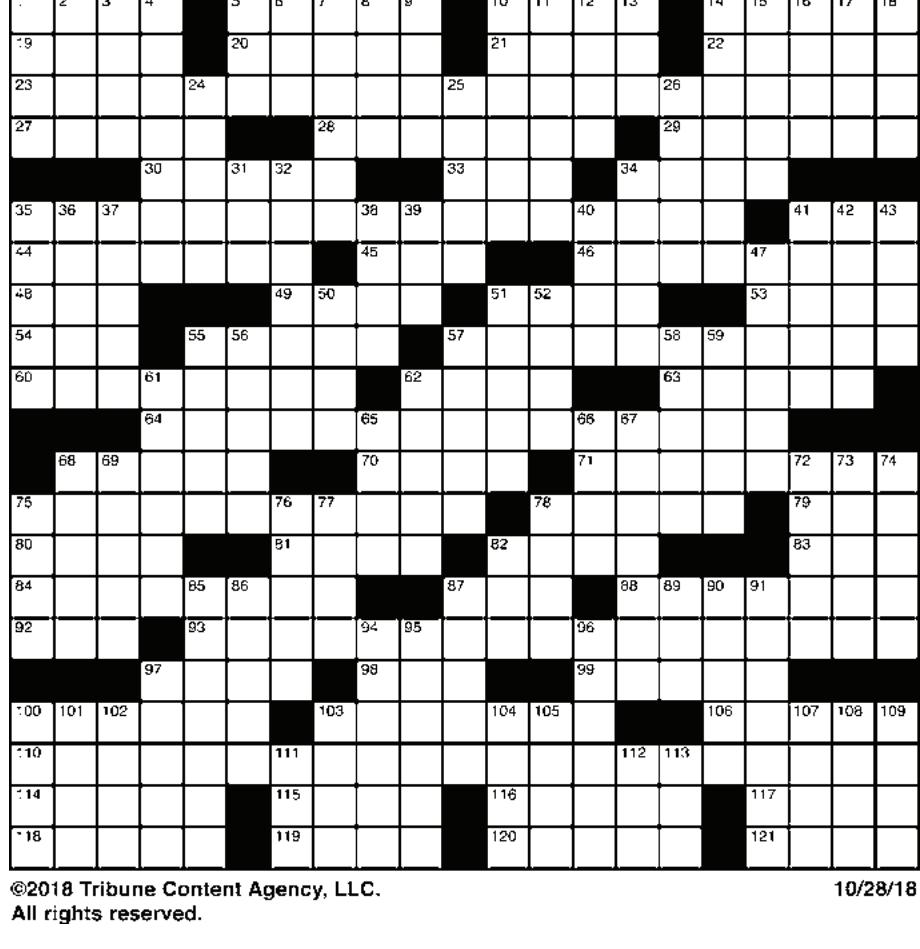
119 Leader with perks

120 Leader with perks

121 Leader with perks

Los Angeles Times Sunday Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis



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10/28/18

GOREN BRIDGE

THE DARK SIDE

Both vulnerable, South deals

NORTH
♠ K J 10 7 3 2
♥ J 7 5
♦ A K 2
♣ 3

WEST
♠ 9 8
♥ 9 4
♦ 10 9
♣ A Q J 10 6 5 2 ♣ 8 4

EAST
♠ Void
♥ Q 10 8 3
♦ Q J 8 7 6 4 3
♣ 5

SOUTH
♠ A Q 6 5 4
♥ A K 6 2
♦ 5
♣ K 9 7

The bidding:
SOUTH **WEST** **NORTH** **EAST**
1♦ 3♦ 4♦
4♦ Pass 5♦ Pass
6♦ All pass

Opening lead: Ten of ♦

Pre-emptive bids can be very effective in giving your opponents problems. There is a dark side, however — they can give declarer a lot of help in the play of the hand. East's four-diamond bid may seem curious, but note how well that contract would play. North-South

would have to get a club ruff just to beat it two tricks — not so easy.

South won the opening diamond lead with dummy's ace and led a spade to his ace. A spade back to dummy's jack drew the trumps. The king of diamonds was cashed, shedding a heart, and the last diamond was ruffed. When West followed to the ace and king of hearts, his whole distribution was known, presuming he had seven clubs for his vulnerable pre-empt.

Declarer crossed back to dummy with a trump and led the three of clubs. He played the nine from his hand and lost to West's 10. West had to lead a club and give South the king of clubs for his slam-going trick. Six spades bid and made with massive help from the pre-emptive bid.

East might have been able to defeat the slam had he been able to play the queen, jack, or 10 of clubs when South led the club from the table, but on this deal there was no defense.

(Bob Jones welcomes readers' responses sent in care of this newspaper or to Tribune Content Agency, LLC., 16650 Westgrove Dr., Suite 175, Addison, TX 75001. E-mail: tcaeditors@tribpub.com)

CRYPTOGRAMS

CRYPTOGRAMS WEATHER FORECAST by Myles Mellor

1. Q L Y C K O M N Q B S H W X . B D M B W X D N

R M L C T N Q X N O D T W D T B S H O N R . B

Y B K D .

2. A Y U R K G U I Q H J D Q R N G Q R I ? A Y U R

H Y U J U ' I N Y D R L U Q R H Y U A U D H Y U J !

G Y L G G K Q U !

3. P B G A B H G R K P X T X R K E T V X H Z U U Q

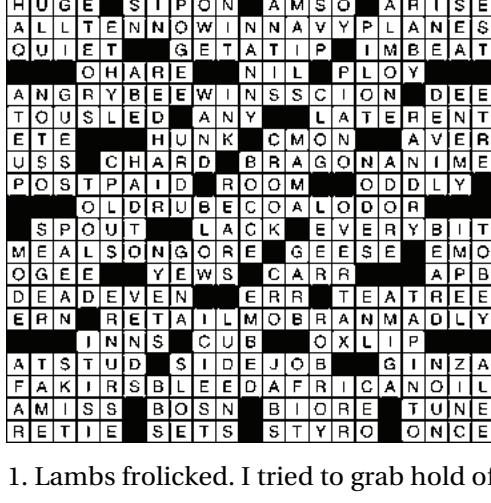
P F X V B F M H E M F A X T V ? L X Q T E H

V B Z U L F M !

4. B W Q E D U N Y J Q F O Y B Y Q E W Y J

S J Y Z U K E U X P D U C W E F Y S Q J E X G Q

G Q N E C O Q L U P C J Y K U S Y : Z J U L L O Y !

PUZZLE ANSWERS
(Puzzles on previous pages)

JUMBLE®

Answer:

EQUATE CLERGY SUNKEN

TROPHY AMOEBA HINDER

After a string of bad performances, the trapeze artist's future —

HUNG IN THE BALANCE

HOLIDAY MATHIS HOROSCOPES

ARIES (March 21-April 19). Your honest appraisal of a situation will help enormously — that is, if it's your job or duty to share such things. Avoid sharing opinions you aren't asked for, though, as it won't lead to anything good.

TAURUS (April 20-May 20). Of course, everyone is acting out of self-interest while trying to seem unselfish. This is only natural. Anyway, it makes any genuinely selfless move appear nothing short of miraculous.

GEMINI (May 21-June 21). To release the past — that's the empowering choice. Don't worry about whether the other person deserves to be forgiven. You don't have to forgive in order to drop it and move on.

CANCER (June 22-July 22). The peacock's beautiful plumage is an elegant deception designed to woo mates and intimidate rivals. You, on the other hand, don't need to be larger or more colorful to be impressive. Leave that to the birds.

LEO (July 23-Aug. 22). You are creative, and you have so much to give. Now all you need is someone to teach you how to give it to more people. Marketing isn't just for business. It's a life skill.

VIRGO (Aug. 23-Sept. 22). Ask for clarity. It doesn't really matter whom you ask. You could ask the tree. You could ask your mom. It's the question itself that centers you and invites the light of truth.

LIBRA (Sept. 23-Oct. 23). You could tell your story any number of ways. The dramatic way might be more entertaining, but it's better to be diplomatic. Cast them in a favorable light and you'll earn trust and support.

SCORPIO (Oct. 24-Nov. 21). Does it seem as if you've been ranking your days as good or bad based on one single goal? Though this goal matters to you very much, should it really be the basis of your entire rating system?

SAGITTARIUS (Nov. 22-Dec. 21). It feels at times as if your body just won't cooperate with you. Then again, maybe you just haven't figured out how to operate it yet. The first step is in realizing that though you have a body, you are not your body.

CAPRICORN (Dec. 22-Jan. 19). There really are angels around. You should know. You've been one on plenty of occasions. So when it's your turn to accept angelic assistance, do not be too proud to take it.

AQUARIUS (Jan. 20-Feb. 18). The thing that caused you to doubt your own capabilities was nothing more than an uncontrollable bit of life. So, you're not all-powerful. But you're certainly more than capable under most circumstances.

PISCES (Feb. 19-March 20). Though the truth may set you free, it is not likely to also make you popular. Definitely think twice before revealing your honest opinion, particularly on the subject of what friends are up to.

TODAY'S BIRTHDAY (Oct. 28). You might be surprised at the one thing that will increase your good fortune more than anything else this year. It's reading. The more you absorb the better you get at meeting whatever challenges that come. Also, reading leads to appreciation, and appreciation is an invitation to the universe to further delight you. Libra and Leo adore you. Your lucky numbers are: 4, 24, 18 and 30.

1. Lambs frolicked. I tried to grab hold of the thick fog. I mist.

2. When does it rain coins? When there's change in the weather! Oh goodie!

3. Which film was almost a funny weather forecast? Days of Thunder!

4. What miserable weather prediction might be part of a fast glazing recipe: drizzle!

CROSSWORD PUZZLE

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES

- 1 it helps you surf the net (7)
- 2 "The Net" actress Sandra (7)
- 3 result of serve into the net (5)
- 4 Nets' home, in the NBA (8)
- 5 performer with a safety net (7)
- 6 net pay before withholdings (5)
- 7 like one casting a wide net (9)

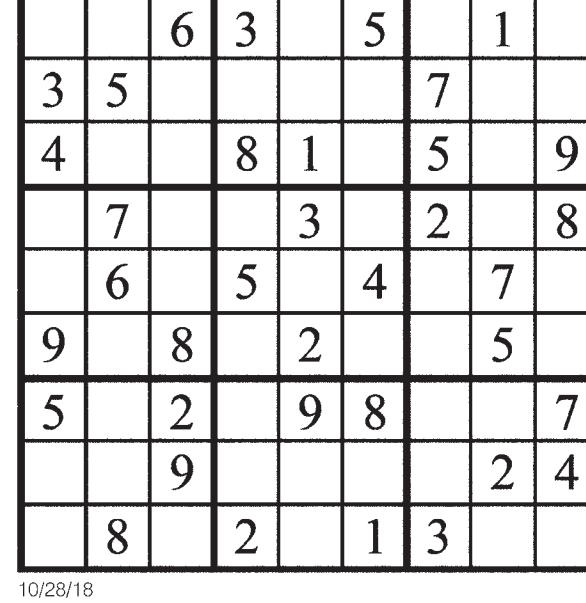
SOLUTIONS

LL	OK	FAU	PR	ER
SS	ECI	BRO	AC	LYN
BRO	IM	BU	ROB	AT
OCK	WS	SE	GRO	LT

Today's Answers: 1. BROOKLYN 5. ACROBAT 6. GROSS 7. IMPRESCISE
4. BROOKLYN 5. ACROBAT 6. GROSS 7. IMPRESCISE
2. BROWSER 3. BULLOCK 4. FAULT

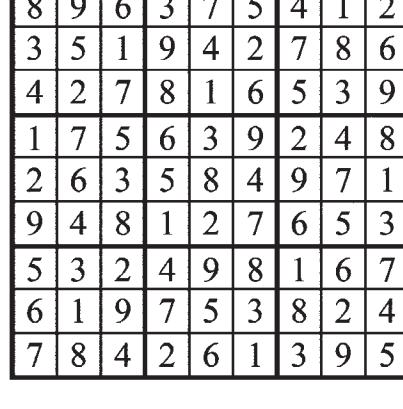
JANRIC CLASSIC SUDOKU

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process elimination to solve the puzzle. The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).



Rating: BRONZE

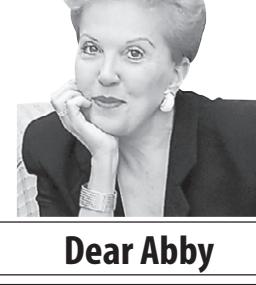
Solution to 10/28/18



DEAR ABBY

Condolences for death of man's ex-girlfriend confuses his partner

DEAR ABBY: My husband of 20 years, "Jerry," recently learned about an old girlfriend's death. A Facebook friend informed him about it. The message arrived late at night while I was sleeping, and he woke me to tell me the news.



Dear Abby

He is now receiving condolences from friends that he is responding to as though he were grieving. Abby, the old girlfriend and my husband split up on very bad terms. She not only cheated on him but gave him an STD. I am appalled and feel hurt that this is happening. Friends of mine are surprised and suspicious about it.

I confronted my husband and asked him if the situation were reversed and I were the one who died and an old flame started receiving condolences, how would he feel? Jerry said it wouldn't bother him. Is it normal to send condolences to old flames?

— DEATHLY CONFUSED IN TEXAS

DEAR DEATHLY: It's normal to inform others about

the time I have with them. I think the woman is being disrespectful to her sons and daughters-in-law. What say you? — FOCUS ON A GOOD TIME

DEAR FOCUS: As your letter illustrates, not all mothers-in-law are alike. Some are iron-fisted matriarchs who demand obedience from their grown children. Others, like you, are more easygoing. In my opinion, the woman you have described is less disrespectful than overbearing.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

For an excellent guide to becoming a better conversationalist and a more sociable person, order "How to Be Popular." Send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby, Popularity Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)

While it isn't unusual for old friends to reach out to each other after news of a death, to convey it in the form of a condolence to an ex-boyfriend after the romance is long over strikes me as somewhat odd. My advice is to remain calm, don't let it give you heartburn and wait for the emotions to subside with time.

DEAR ABBY: The

holidays are approaching, and I suspect many young couples are facing the same prob-

lem about where to spend Thanksgiving and Christmas. I have two daughters — one married and one single. The married daughter's mother-in-law has declared that this is "her" year for Thanksgiving, and next year is "her" year for Christmas.

She has three sons, none of whom lives within four hours of her home. All three sons have children.

Don't you think the sons and their wives should decide for themselves if they want to travel for the holidays? They may prefer to spend Christmas morning in their own homes. Also, what about her daughters-in-law's parents? Perhaps they, too, have other grown children who would like to decide what they want to do for the holidays.

My philosophy is to plan my holidays and invite my children. If they can come, great! If not, there are no hard feelings.

If all of my children and grandchildren can't be here at the same time, I focus on the ones who are and enjoy

the time I have with them. I think the woman is being disrespectful to her sons and daughters-in-law. What say you? — FOCUS ON A GOOD TIME

DEAR FOCUS: As your letter illustrates, not all mothers-in-law are alike. Some are iron-fisted matriarchs who demand obedience from their grown children. Others, like you, are more easygoing. In my opinion, the woman you have described is less disrespectful than overbearing.

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HELOISE

Dear Heloise: I love for my home to smell nice! Potpourris are wonderful, but they are so expensive. Do you have any ideas for making homemade potpourri? — Teresa from Texas



Hints from Heloise

Potpourri makes a great holiday gift. Buy glass candle jars when they are on sale at big box stores. You can fill them with holiday potpourri and wrap a ribbon around the jar for an aromatic gift. — Heloise

Try this: Slice apples, peaches, pears or bananas. Sprinkle with cinnamon or nutmeg. Drizzle honey on the top. Bake on a lower temperature like 250 degrees for 5-10 minutes or until soft. — Heloise

Place bowls of potpourri in the warmest part of the room and away from pets and small children. You can set them near a candle or on a mantelpiece or near a lamp because the heat will bring out the aroma. — Heloise

Children are learning to do their own laundry. Do you have a quick checklist I can

give them to use to follow to get good results? — Victoria in Louisiana

Dear Victoria: Indeed I do. Make sure you give each child a plastic laundry basket with a different color to hold their clothes.

You should be on hand at first to guide them through these simple steps:

— Separate light clothes from dark.

— Sort out delicate garments from heavier fabrics.

— Clean out pockets and close zippers and hooks.

— Pretreat spots and stains.

— Choose the right washing cycle and measure detergent exactly. — Heloise

Dear Readers: When you are bringing cooked food to a potluck dinner or party, it can be such a hassle to keep it hot and to prevent it from spilling. Here's an easy solution: Put hot stews, soups, vegetables or pasta into a wide-mouth, half-gallon thermos. The food will remain

hot and won't spill inside your car. — Heloise

Dear Readers: As we know, home appliances break down and require repairs, which can be expensive, especially after the warranty expires. When you get an appliance, always keep the booklets that come with it. If something happens to the appliance, you can look at the troubleshooting sections to see what steps to take before calling for a repair service.

Here are the simple ones to do:

— Check to be certain that the appliance is properly plugged in.

— Examine home fuses to be sure that one is not blown.

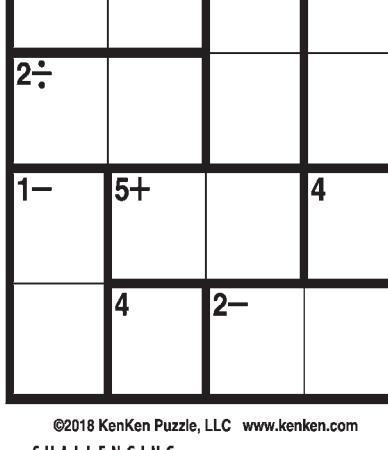
— Look to see if the lid or doors are ajar or not closed tightly. — Heloise

Dear Readers: If you are keeping cans of gas, paint containers or pesticides in your garage, they can be dangerous. Store them all in a safe place, such as high on shelves or locked in a separate area. — Heloise

KEN KEN

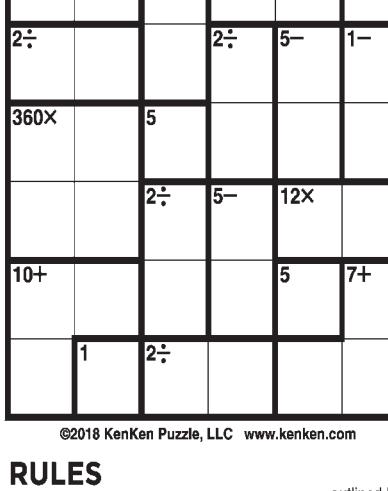
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RULES

1 Each row and each column must contain the numbers 1 through 4 (easy) or 1 through 6 (challenging) without repeating.

2 The numbers within the heavily

outlined boxes, called cages, must combine using the given operation (in any order) to produce the target numbers in the top-left corners.

3 Freebies: Fill in single-box cages with the number in the top-left corner.

10-28-18

TODAY'S ANSWERS



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JUMBLE

JUMBLE

THAT SCRABBLED WORD GAME
By David L. Hoyt and Jeff Knurek

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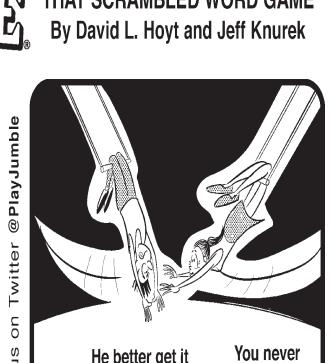
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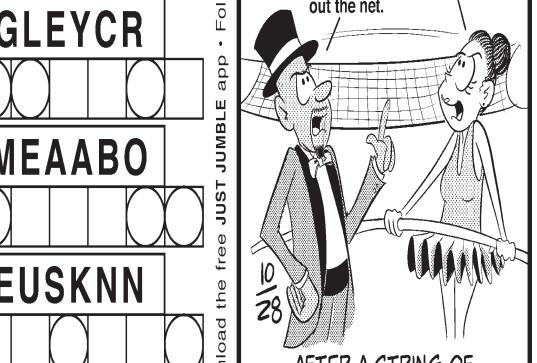
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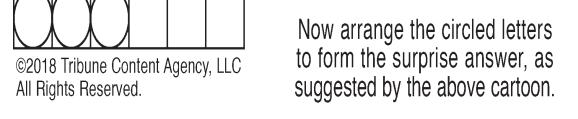


AFTER A STRING OF BAD PERFORMANCES, THE TRAPEZE ARTIST'S FUTURE...



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

PRINT YOUR ANSWER IN THE CIRCLES BELOW



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Mexico torn between stopping, aiding migrant caravan

By CHRISTOPHER SHERMAN
ASSOCIATED PRESS

TAPANATEPEC, Mexico — The Mexican government seems torn between stopping several thousand Central American migrants from traveling toward the U.S. border in a caravan or burnishing its international human rights image.

On Saturday, more than a hundred federal police dressed in riot gear blocked a rural highway in southern Mexico shortly before dawn to encourage the migrants to apply for refugee status in Mexico rather than continuing the long, arduous journey north. U.S. President Donald Trump has urged Mexico to prevent the caravan from reaching the border.

Police let the caravan proceed after representatives from Mexico's National Human Rights Commission convinced them that a rural stretch of highway without shade, toilets or water was



AP PHOTO

Mexican federal police in riot gear block the highway to keep a thousands-strong caravan of Central American migrants from advancing on their way to the U.S. border, outside Arriaga, Mexico, Saturday.

no place for migrants to entertain an offer of asylum. Many members of the caravan have been travelling for more than two weeks, since a group first formed in San Pedro Sula, Honduras.

Not long after the caravan resumed the trek north Saturday, government officials were seen for the first time directly helping the migrants by giving rides

in trucks and providing water along the scorching highway.

Most of the migrants in the caravan appeared determined to reach the U.S., despite an offer of refuge in Mexico.

Mexican President Enrique Pena Nieto launched a program on Friday dubbed "You are home," which promises

shelter, medical attention, schooling and jobs to Central Americans who agree to stay in the southern Mexico states of Chiapas or Oaxaca, far from the U.S. border.

Mexico's Interior Ministry said that temporary identity numbers have been issued to 111 migrants under the program. The IDs, called CURPs, authorize the migrants to stay and work in Mexico, and the ministry said pregnant women, children and the elderly were among those who had joined the program and were now being attended at shelters.

After another brutally hot day on the road with her husband and 8-year-old son, Alejandra Rodriguez said the possibility of health care and a work permit in Mexico sounded enticing. But as she laid out a tarp and blanket to sleep in a covered parking area in Tapantepetec, the 26-year-old from Tegucigalpa,

Honduras said she'd prefer to start a new life further north. She had heard that job opportunities were scarce in southern Mexico.

Orbelina Orellana said she and her husband were determined to continue north as well.

"Our destiny is to get to the border," said Orellana, who left three children behind in San Pedro Sula. She was also suspicious of the Mexican proposal, fearing that she would be deported if she applies for asylum in Mexico.

Mexican officials have greeted the caravan with a mixture of hospitality and hostility.

Several mayors have rolled out the welcome mat for migrants who reached their towns — arranging for food and camp sites. At other times, police have ejected migrants from passenger buses or prevented smaller groups from joining the caravan.

The caravan still must

travel 1,000 miles to reach the nearest U.S. border crossing at McAllen, Texas. The trip could be twice as long if the 4,000 or so migrants head for the Tijuana-San Diego frontier, as another caravan did earlier this year. Only about 200 in that group made it to the border.

This year's caravans have earned the ire of Trump. The Pentagon approved a request for additional troops at the southern border, likely to total several hundred, to help the U.S. Border Patrol as the president seeks to transform concerns about immigration and the caravan into electoral gains in the Nov. 6 midterms.

Stoking fears about the caravan and illegal immigration to rally his Republican base, Trump insinuated that gang members and "Middle Easterners" are mixed in with the group, though he later acknowledged there was no proof of that.

Vatican meeting endorses women at the decision-making table

By TRISHA THOMAS and NICOLE WINFIELD
ASSOCIATED PRESS

VATICAN CITY — A monthlong meeting of Catholic bishops marked by demands for women's rights wrapped up Saturday with delegates saying a place for women at the church's decision-making table was a "duty of justice" and that the church as a whole must recognize the urgency of "inescapable change."

Pope Francis had called the summit of church leaders to debate ways to better minister to young people and help them find their vocations in life. But

the synod was quickly taken over by debate about issues that are particularly dear to the young in many parts of the world: the clergy sex abuse scandal, respect for gays, and women's rights.

The issue of women was particularly acute given only seven nuns were invited to participate in the synod alongside 267 cardinals, bishops and priests. None of the women had the right to vote on the final document.

A petition launched on the sidelines of the synod demanding women religious superiors be allowed to vote garnered some 9,000 signatures, but reference in a draft to the gender

disparity at future synods was scrapped in the final document.

The language that was kept, however, was strong and included one of the few straight-forward recommendations in the entire 60-page document.

"The synod recommends that everyone be made aware of the urgency of an inescapable change," it said. It called for greater presence of women in church structures at all levels, including positions of responsibility, while respecting that the priesthood remains for men only.

"It's a duty of justice, that finds its inspiration

in the way Jesus related to the men and women of his time, as well as the importance of the role of some female figures in the Bible, in the history of salvation and in the life of the church," the document read.

Church doctrine reserves the priesthood for men, given Christ's apostles were male. Women have often complained they have a second-class status in the church.

History's first Latin American pope has vowed to change that, but he has done little and counts no women among his own advisers.

Paragraphs referencing the role of women in the church were among the most contested during the final vote Saturday. But the full text passed with only the paragraph referencing homosexuality and "sexual inclinations" receiving enough no votes as to threaten passage. In the end it passed with 178 yes votes and 65 no votes, approved with 12 yays to spare.

The final text made no reference to "LGBT" faithful, which had been used in the preparatory document in what was a first for a Vatican text. While the term was rejected for the final

document, the delegates voted to not scrap that initial text but to consider it "complementary," suggesting that the LGBT term lives on in an official way.

On abuse, the bishops stopped short of issuing a straight-forward communal apology for the decades of sex abuse and cover-up committed by priests and their superiors against young people. While that section of the document was entitled "Seek Pardon," the text voted on by bishops said merely that no amount of repentance can heal the trauma caused to victims. Thirty bishops voted against it.

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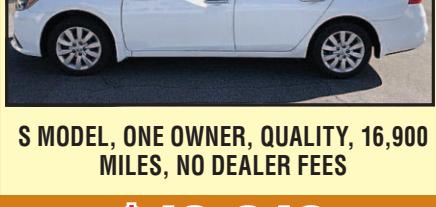


ONE OWNER FLORIDA SEDAN, SHALE GRAY, SPORT MODEL

CROSSOVER

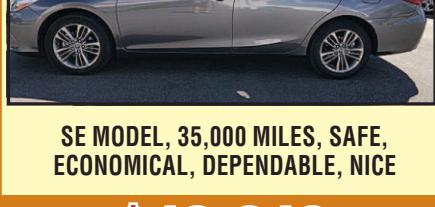
25,200 MILES

2016 NISSAN SENTRA



S MODEL, ONE OWNER, QUALITY, 16,900 MILES, NO DEALER FEES

2016 TOYOTA CAMRY



SE MODEL, 35,000 MILES, SAFE, ECONOMICAL, DEPENDABLE, NICE

2013 TOYOTA COROLLA



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\$11,818

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2014 HONDA CR-V



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SECTION C

FARM HOUSE ON 5 ACRES WITH POOL

By Special to Highlands News-Sun

This home is at 4905 W. Josephine Road in Lake Placid. It is priced for \$324,900 and is listed with Norman and Mandy Elliott of The Elliott Team with Keller Williams Realty.

It's no secret that home buyers love Adventure From Home Inc. remodels! Everything from floor plans to decor is stunning and in high demand. This definitely rings true for their latest property to hit the market.

This stunning farm house-style, pool home is nestled on five acres. It has total peace and tranquility away from the hustle and bustle of town, yet is not too far for convenience sake. You will fall in love the moment you pull up to this home.

Situated under mature trees, own a slice of paradise. The property is nicely landscaped with lush tropical foliage and landscape curbing around the flower beds.

Step onto the covered and tiled front porch and open the front door into a gorgeous oasis. Immediately the kitchen

ELLIOTT | 2C



COURTESY PHOTO

This home is at 4905 W. Josephine Road in Lake Placid. It is priced for \$324,900 and is listed with Norman and Mandy Elliott of The Elliott Team with Keller Williams Realty.

DIRECTIONS

4905 W. Josephine Road, Lake Placid

From U.S. 27 in south Sebring, turn west onto State Road 66. Turn left onto Payne Road. Turn right onto West Josephine Road. The home is on the left.

POOL HOME IN COUNTRY CLUB OF SEBRING

By Special to Highlands News-Sun

This home is at 5027 Strafford Oaks Drive in Sebring. It is priced for \$319,999 and is listed with Helen Ferry and Kim Reed of The Reed-Ferry Team with Berkshire Hathaway HomeServices Florida Properties Group.

Situated on a street of attractive, well-maintained homes, the first thing you'll notice is the beautiful curb appeal of the extensive landscaping, stone fountain and paved driveway leading to the three-car garage.

Enter this executive home through the custom double leaded glass front doors to be greeted by the open floor plan and impressive custom features including high ceilings, crown molding, chair rail, arched doorways, elegant light fixtures and transom windows.

The spacious living room is painted in a soothing shade of light gray and has a sliding glass door to the lanai. It is open to the dining room with double tray ceiling, crown molding and chair rail. At

FERRY | 2C



COURTESY PHOTO

This home is at 5027 Strafford Oaks Drive in Sebring. It is priced for \$319,999 and is listed with Helen Ferry and Kim Reed of The Reed-Ferry Team with Berkshire Hathaway HomeServices Florida Properties Group.

BEAUTIFUL HOME WITH DEEDED LAKE ACCESS

By Special to Highlands News-Sun

This home is at 2528 State Road 17 North in Sebring. It is priced for \$199,900 and is listed with Bill and Cyndee Bryan with Re/Max Realty Plus.

This home is located inside the city limits of Sebring with all the amenities of fire protection, city water plus the added bonus of deeded lake access on Dinner Lake. There is a nice sidewalk taking you to gorgeous views of the shimmering lake!

The home was constructed in 2006 with concrete block and stucco finish with several roof lines for added structural interest. The covered entry opens with a beautiful entry door, sidelights and transom with beveled leaded glass design. Upon entering the formal foyer, the view is an open great room design with wood laminate flooring. This open space connects smoothly to the formal dining room as well as the spacious kitchen.

The living room is complimented by upper collectible or plant shelving and

BRYAN | 2C



COURTESY PHOTO

This home is at 2528 State Road 17 North in Sebring. It is priced for \$199,900 and is listed with Bill and Cyndee Bryan with Re/Max Realty Plus.

DIRECTIONS

2528 State Road 17 North, Sebring

From U.S. 27 in Sebring, turn onto Sebring Parkway. Turn left onto Home Avenue. Cross State Road 17 to the property, which is on a private paved road. The home is on the right on the paved road.



COURTESY PHOTO

The kitchen has white cabinets, stunning back splash and granite counter tops including a massive 12-foot island that overlooks the living room and dining room.

ELLIOTT

FROM PAGE 1C

will catch your eye. It has white cabinets, stunning back splash and granite counter tops including a massive 12-foot island that overlooks the living room and dining room. This is truly the perfect space to entertain friends and family. This island will be the gathering point in your home for years to come.

You will love the ship lap walls and wood laminate floors. Double doors lead to the tiled screen back porch with wood ceiling. The home has an open concept floor plan.

The private master bedroom is up a couple stairs up and features wood beam ceilings, a private balcony and gorgeous remodeled bathroom. On the main level are two additional bedrooms and another remodeled bathroom with double sinks.

Beat the Florida heat in style with your very own gorgeous in-ground swimming pool complete with stone waterfall. The property has a fenced portion of yard, an attached two-car garage and so much more.

For more information, call The Elliott Team at 863-658-3780. Ask about MLS 249906.

FERRY

FROM PAGE 1C

11 by 16, it's the perfect place to host holiday dinners.

Off the living room, separated by an arched doorway, is the family room. More custom features abound here including the double tray ceiling, an arched window and built-in cabinets. There's another set of sliding glass doors leading to the lanai.

The gourmet kitchen has room for all the chefs in the family! This spacious kitchen boasts cherry cabinets, center island cook-top, built-in desk, breakfast nook and gorgeous ceiling fan with medallion.

It is open to the spacious family room and breakfast area, making entertaining family and friends a breeze.

You'll enjoy spending time in the covered and screened lanai and pool area, which has access from the living room, family room, breakfast area and owner's suite. The covered area measures 23 feet wide making this an ideal place for a morning cup of coffee or entertaining friends for an evening drink. The custom-shaped heated pool and spa is beautiful. It's situated on the golf course, but the lush landscaping maintains your privacy.

The owner's suite, at 13 by 18, has room for a sitting area and has sliders that open to the screened lanai. It boasts crown molding, 10-foot ceilings and two closets — one a walk-in.

The owner's bath has a sunken garden tub, his-and-hers vanities, chandelier, a separate shower and private water closet.

People in Real Estate



Bill and Cyndee Bryan are with Re/Max Realty Plus. Call 863-381-4092 or 863-381-6574.



Norman and Mandy Elliott are with Keller Williams of Highlands County. Call 863-443-0480 or 863-273-2861.



Helen Ferry is with Berkshire Hathaway HomeServices Florida Properties Group. Call 863-381-1089.

HOW TO APPEAR IN PEOPLE IN REAL ESTATE

Members of the Heartland Association of Realtors who want to submit articles about their professional achievements should call Eileen Powers at 863-386-5809. People in Real Estate submissions appear on a space availability basis. All submissions are subject to change.

The office just off the Foyer has glass French doors with transom windows above and is the perfect place for your computer or exercise room.

The two additional bedrooms and guest bath offer plenty of room for family and guests.

Other features of this home include a new roof in 2017, an oversized three-car with golf cart garage, upgraded light fixtures, covered front entrance, laundry room with deep sink and closet, and beautiful landscaping all around.

Built in 1998, this lovely home has 2,225 square feet of living area with 3,667 total square feet. It is situated on nearly a quarter acre.

For more information or to schedule a private showing, call Ferry at 863-381-1089 or email Hbferry@comcast.net or call Reed at 863-381-6575 or email Kimbreed@comcast.net.



COURTESY PHOTO

The family room has a double tray ceiling, an arched window and built-in cabinets, as well as a set of sliding glass doors leading to the lanai.



COURTESY PHOTO

The covered lanai is a perfect space for entertaining and the custom-shaped heated pool and spa is beautiful. It's situated on the golf course, but the lush landscaping maintains your privacy.

The Reed - Ferry Team



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OPEN HOUSE 1-3 CORMORANT POINT 3114 WATERWOOD DRIVE ~ \$169,500



Lovely 2BR/2BA home in the sought-after Active-Adult community of Cormorant Point. Large Florida Room in the front has a wall of windows overlooking the tranquil pond perfect for the morning coffee. Don't forget the private enclosed Lanai with no neighbors behind. Dir: US 27 and Hammock Rd, West on Hammock Rd, R into Golf Hammock, R on Par Rd, R on Cormorant Point Dr, R on Waterwood, to another R on Waterwood to property on left. MLS# 249063

OPEN HOUSE 1-3 ASHLEY OAKS

2056 ASHLEY OAKS CIRCLE ~ \$149,500



This recently updated 3BR/2BA boasts new wood laminate flooring in the living areas. You'll enjoy nature on your 12'x15' screened Lanai. Low HOA fee covers your lawn maintenance allowing you time to enjoy the many amenities in this desirable 55+ gated community. Dir: US 27 and Hammock Rd, West on Hammock Rd, R into Ashley Oaks, L to home. MLS# 249749

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Home inspection finds that can stop a sale in its tracks

Home inspections are a part of pretty much every real estate transaction, and that is understandable. Buying a home is the biggest financial decision most people will ever make, and you want to make sure you are making a good purchase.

When we are working with sellers, we tell them not to get an inspection. That's not because we don't think they are important, but rather because the buyer is most likely going to want to get their own inspection, so there is no need for the seller to pay for something the buyer will be getting done on their own anyway.

But we do encourage anyone who is considering putting their home up for sale to look at their home from the point of view of an inspector in order to identify any issues that need to be addressed. Some issues may not look like much to you if you have been living in the home for a long time and are used to them, but they may raise



ON THE HOMEFRONT

Norman & Mandy Elliott

a big roadblock on the path to a successful sale.

Here are some of the main things that can come up in an inspection that may kill your sale:

1. Structural issues

This one should be obvious. If your home has issues with the basic structure or foundation, that is going to be a big problem for a potential buyer. These kind of issues can be very costly to fix, but need to be addressed immediately, unless you are willing to list your home at a deep discount.

2. Roof issues

Another obvious potential problem spot. Any leaks — and any interior damage the water has caused — need to

be fixed before a sale. Consult a reputable and licensed professional roofer. They may be able to repair your roof without needing to get the entire thing replaced. Roofs can be a big sticking point because opinions can vary on the need to replace older roofs, so getting an opinion from a trusted professional can be a big help.

3. Water damage and mold

All water damage doesn't come from above. It can also come from below. If you have drainage issues that have caused water incursion in your home, you will need to have that issue resolved. Along with water damage, there can also be associated mold issues. Both of those can be huge stumbling blocks on the road to a sale.

The following issues are mostly associated with older homes, but can still become a problem if you are thinking of listing your home:

1. Wiring

Older homes may not

be able to handle the load associated with modern conveniences. Not only can this be an annoyance with constantly tripping breakers, it can also be a fire hazard. A lot of electrical issues can be fixed without a great expense, but they still should be addressed by a professional.

2. Plumbing

Most plumbing problems can be fixed with a quick trip to the hardware store, so making sure all your faucets are leak-free before showing your home is an easy task.

3. Well water

If your home is on

a well, make sure the pump is up to snuff and that your water is properly treated to not to be off-putting to potential buyers. You may have gotten used to the taste, but that doesn't mean somebody else wants to deal with it.

Older homes also may have asbestos and lead paint that have to be dealt with before a sale.

They are also things that must be disclosed before a sale can be completed, so just covering them up is not a solution.

It's important to remember that no home inspection of a pre-existing home

is ever going to be perfect (if it is, that is probably a red flag). The inspector's job is to find things, and they are going to do just that. But don't let a few small issues stand between you and a home you love otherwise.

Work with your Realtor to come to an understanding with the seller about what must be fixed before the sale and what you can handle after you move in.

The Elliott Team with Keller Williams Realty is always available to answer your Real Estate questions. They can be reached at 863-658-3780.

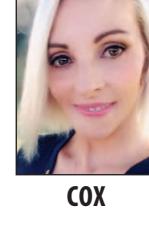
Cox joins Sebring Re/Max office

By Special to Highlands News-Sun

SEBRING — Carrie Cox has joined the Re/Max Realty Plus Sebring office.

Cox is a Florida native, with a wide ranging background in sales and interpersonal relationships. She has lived in Highlands, Lee and Monroe counties and returned to Sebring in 2014. A lifelong lover of all things outdoors, Cox is right at home in Florida's landscape, whether it is fishing or being in nature.

Cox has created numerous business ventures, including lawn care, an antique/resale store and e-commerce. Most recently, she has juggled her e-commerce responsibilities while assisting with the daily operations of B.A., Cox Plumbing, a small but stalwart fixture in the Highlands County business community for



COX

almost 80 years. These experiences, along with the unending demands of motherhood, have shaped Cox into an adaptable,

resourceful and determined person who isn't shy of adversity or a challenge.

Cox would love to help clients sell their property or find the perfect place to call home. Contact her at the Sebring office at 863-385-0077 or her cell, 863-446-0382.

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On Lake McCoy**
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561-252-6276**

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FOR RENT**

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Lake Placid, FL 33852

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OPEN HOUSE



SUNDAY OCT. 28TH 9 AM - 5 PM
OPEN CONSTRUCTION MODEL
492 CR621 E LAKE PLACID 33852
• 4BR/3BA, 2136 Sq.Ft.
• 2 Story, split plan. On Lake Clay
\$413,500 MLS#245422
Brooke Foster (863) 441-0781



OPEN HOUSE



SUNDAY OCT. 28TH 1 PM - 3PM
132 AUTUMN TER., LAKE PLACID 33852
• 4BR/4.5BA, 3862 Sq.Ft.
• 375' of frontage on 2 canals to Lake Grassy
• 2 car garage + 26x29 detached garage
\$409,900 MLS#249457
Ann Freeman (863) 243-3418



OPEN HOUSE



SUNDAY OCT. 28TH 9 AM - 5 PM
OPEN CONSTRUCTION MODEL
956 LAKE DR. E, LAKE PLACID 33852
• 3BR/2.5BA, 3142 Sq.Ft.
• Metal roof, split plan. On Lake Sirena
\$374,900 MLS#241942
Brooke Foster (863) 441-0781



OPEN HOUSE



SUNDAY OCT. 28TH 1 PM - 3 PM
4862 PEBBLE BEACH DR, SEB, 33872
• 3BR/2.5 BA, 2620 Sq.Ft.
• Custom built 1 Owner
• Great house for entertaining!
\$269,900 MLS#248862
Lisa Terrell (863) 414-0358



OPEN HOUSE



SUNDAY OCT. 28TH 1 PM-3 PM
200 ANNA MARIA WAY NE, LK PLACID 33852
• 3BR/3BA, 2515 Sq.Ft.
• With in-law suite
• All new roof, AC, flooring, paint
\$209,900 MLS#249894
Roger Ravensborg (863) 840-3298



OPEN HOUSE



SUNDAY OCT. 28TH 1 PM - 3PM
3820 RODEO DR, SEB, 33875
• 3BR/2BA, 1386 Sq.Ft.
• Open front porch, 10' ceilings,
• Breakfast nook in kitchen, inside laundry
\$189,900 MLS#249065
Lazaro Martinez (863) 458-0532



OPEN HOUSE



SUNDAY OCT. 28TH 1 PM - 3 PM
3114 WATERWOOD DR, SEB, 33872
• 2BR/2BA, 1816 Sq.Ft.
• Large Florida room overlooking pond
• Newer roof, AC. 55+ community
\$169,500 MLS#249063
Kim Reed (863) 381-6575



OPEN HOUSE



SUNDAY OCT. 28TH 1 PM-3 PM
2056 ASHLEY OAKS CIRCLE, SEB, 33870
• 3BR/2BA, 1395 Sq.Ft.
• Recently updated villa
• 12x15 screened Lanai
\$149,500 MLS#249749
Kim Reed (863) 381-6575



OPEN HOUSE



SUNDAY OCT. 28th 1-3 PM
2922 SUMMERTREE, SEB 33872
• 2BR/2BA, 1460 Sq.Ft.
• Bonus Room
• In 55+ community of Cormorant Point
\$144,900 MLS#249085
Lisa Terrell (863) 414-0358



Sebring
BEAUTIFUL HOME ON 1.4 ACRES
• 3BR/3BA, 3142 Sq.Ft.
• 12' ceilings, rounded corners
• Kitchen w/SS cooktop, double oven, island
\$559,400 MLS#249303
Helen Ferry (863) 381-1089



Sebring
STUNNING LAKE SEBRING HOME
• 3BR/2BA, 1853 Sq.Ft.
• New roof, dock, & enclosure around pool
• Lot next door included. SS appliances
\$425,000 MLS#249886
Dee Young (863) 414-1450



Sebring

LOOKS LIKE A MODEL HOME!
• 3BR/2BA, 2437 Sq.Ft.
• Kitchen w/maple cabinets, granite, island
• Lanai & pool, w/4th hole of golf course in distance
\$239,900 MLS#249690
Kim Reed (863) 381-6575



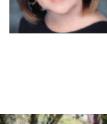
Sebring

GOLF COURSE HOME
• 3BR/2BA, 1880 Sq.Ft.
• Freshly painted exterior, double door entry
• Sliding doors to lanai w/pool & sunken spa.
\$299,900 MLS#249890
Helen Ferry (863) 381-1089



Sebring

NEW CONSTRUCTION!
• 3BR/2BA, 2296 Sq.Ft.
• Estimated completion end of Nov.
• Wood cabinets, granite, SS appliances
\$265,000 MLS#249870
Barbara Bonasera (863) 441-0168



Sebring

POOL HOME ON GOLF COURSE
• 3BR/2BA, 2152 Sq.Ft.
• 8 Sliding doors open to lanai
• Open family room w/10' ceiling
\$239,900 MLS#249440
Kim Reed (863) 381-6575



HIGHLANDS RIDGE

BEAUTIFUL GOLF COURSE HOME
• 2BR/2BA, 2110 Sq.Ft.
• Screened lanai overlooks golf course
• Kitchen w/custom wood cabinets
\$234,500 MLS#247672
Jamie LaMere (863) 381-5763



Sebring

ONE OF A KIND PROPERTY
• 3BR/2BA, 1314 Sq.Ft.
• On 1.95 acres. Detached shed
• Large family room
\$199,900 MLS#249881
Lazaro Martinez (863) 458-0532



Sebring

MANOR HILL OF SUN N LAKE
• 2BR/2BA, 2008 Sq.Ft.
• Formal living & dining room +family room
• Inside laundry & office space
\$195,000 MLS#249875
Lazaro Martinez (863) 458-0532



Sebring

BEAUTIFUL VILLA
• 3BR/2BA, 1714 Sq.Ft.
• Skylight, plant shelves, 16" tile
• Kitchen w/upgraded cabinets
\$195,000 MLS#247702
Helen Ferry (863) 381-1089



Sebring

ORANGE BLOSSOM HOME ON 1 ACRE
• 3BR/2BA, 1815 Sq.Ft.
• 12x20 Family room
• Large screened porch
\$194,900 MLS#249497
Dennis & Debra Rutledge (863) 441-2039



Sebring

LOVELY HARDER HALL HOME
• 3BR/2BA, 1615 Sq.Ft.
• New roof 12/2017, screened porch
• Fenced backyard, fireplace, central vac
\$179,900 MLS#249280
Barbara Bonasera (863) 441-0168



Lake Placid

SPACIOUS CUSTOM HOME
• 3BR/2BA, 1736 Sq.Ft.
• Stone covered fireplace
• Indoor 11x12 spa area
\$169,900 MLS#248571
Mary McCoy (954) 205-0667



Highlands Ridge

LOVELY OPEN PLAN
• 2BR/2BA, 1389 Sq.Ft.
• 20'x20' Great room
• Kitchen w/white cabinets, SS appliances
\$166,900 MLS#249049
Helen Ferry (863) 381-1089



Sebring

GREAT FIND!
• 3BR/2BA, 1482 Sq.Ft.
• Sebring Hills
• New interior/exterior paint
\$164,900 MLS#249679
Lazaro Martinez (863) 458-0532



Sebring

MUST SEE TO APPRECIATE
• 2BR/2BA, 1584 Sq.Ft.
• Living & dining rooms, lanai
• Newer roof & water heater
\$154,900 MLS#247274
Hyacinth Baxter (863) 443-7285



Lake Placid

BRAND NEW CONSTRUCTION
• 3BR/2BA, 1192 Sq.Ft.
• Tiled floors throughout
• Open back patio, inside laundry
\$149,900 MLS#248853
Lori Brown (863) 835-1196



Lake Placid

FURNISHED LEISURE LAKES HOME
• 2BR/2BA, 1159 Sq.Ft.
• Galley kitchen w/breakfast nook
• 20x12 Family room
\$135,000 MLS#249651
Carol Edwards (863) 441-2994



Sebring

HIGHLANDS PARK ESTATES
• 1BR/1BA, 744 Sq.Ft.
• Tile throughout. Windows replaced
• Fresh paint inside & out. Above ground pool
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Lake Placid

COME TAKE A LOOK!
• 3BR/2BA, 1172 Sq.Ft.
• Open area off kitchen for dining
• Covered deck w/fenced backyard
\$111,000 MLS#249472
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Lake Placid

BEAUTIFUL LAKE PLACID LOT
• 100 x 492
• Gated and Deed Restricted Community
• Central water available
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Linda Klein (863) 243-3357



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Campbell ranked in REAL Trends

By Special to Highlands News-Sun

SEBRING — Jeanny Campbell, a veteran Realtor with Re/Max Realty Plus, was recently recognized in the 2018 REAL Trends "America's Best Real Estate Professionals" rankings.

The prestigious survey is divided into four categories: individual agents by sales volume, individuals by transaction sides, agent teams by volume



CAMPBELL

and teams by sides. In Florida, Campbell placed 109 for most transactions as an individual agent.

"It's an honor to be listed among such hardworking and dedicated professionals across the state and the country especially being

from a small market in Highlands County compared to much larger markets," Campbell said. "The Highlands County market has been strong, steadily improving in all areas, not only in residential, but also in vacant land, acreage and commercial."

"That, along with my 39 years of real estate expertise, allows for the ideal opportunity to provide clients with the

highest level of customer service," she said.

Campbell is proud to be associated with the Re/Max team, which sells more real estate in the county than any other real estate company, according to a recent press release. The combined Sebring and Lake Placid offices have reached 1,000 in closings and over \$116 million in closings.

"Real estate is a very competitive business and

we're proud of our Re/Max agents and teams for their outstanding professionalism and commitment to raising the bar in real estate," Re/Max CEO Adam Contos said. "The real measure of success is customer satisfaction and that's why year in, year out, homebuyers and sellers turn to Re/Max to help them with one of life's biggest investments."

Nearly 1 in 4 agents (22.7 percent) in the REAL

Trends 2018 "America's Best Real Estate Professionals" rankings is a Re/Max agent — more than any other brand, according to the press release.

Campbell can be reached at 863-381-1848, e-mail Jeanny@JeannyCampbell.com and everyone is encouraged to download her free app getmobile.remax.com/JeannyCampbell.

US average mortgage rates edge up

By The Associated Press

Long-term U.S. mortgage rates edged slightly higher this week amid continued anxiety in financial markets as interest rates rise.

Home borrowing rates remain at their highest levels in more than seven years, with the key 30-year rate approaching 5 percent. Mortgage buyer Freddie Mac said Thursday the rate on 30-year, fixed-rate mortgages ticked up to an average 4.86 percent this week from 4.85 percent last week. A year ago, it stood at 3.94 percent.

The average rate on 15-year, fixed-rate loans rose to 4.29 percent this week from 4.26 percent last week.

Anxiety over rising interest rates, which stem from strength in the economy, has buffeted financial markets in recent weeks and spilled over into the housing market.

Stocks have swooned over the last three weeks as investors worried

about interest rates as well as trade tensions between the U.S. and China, and slowing economies outside the U.S. As of Wednesday, the S&P 500 index had plunged 9.4 percent in just three weeks, with two separate six-day losing streaks. It hadn't had a streak of losses that long since November 2016.

The combination of higher borrowing costs and increasing home prices has made home ownership less affordable.

Sales of new U.S. homes plunged 5.5 percent in September, the fourth straight monthly drop as the

housing market cools, the government reported Wednesday. The annual rate of home sales has dropped 15.3 percent since May, eliminating much of the strength in sales from the first five months of 2018.

Builders had assumed that a stronger economy would boost sales, yet a greater share of new construction is going unpurchased.

Interest rates on Treasury bonds, which have climbed to seven-year highs in recent weeks, were steady this week. The yield on the key 10-year Treasury note, which can influence

mortgage rates, was at 3.14 percent Wednesday, down from 3.15 percent last week.

To calculate average mortgage rates, Freddie Mac surveys lenders across the country between Monday and Wednesday each week.

The average doesn't include extra fees, known as points, which most borrowers must pay to get the lowest rates.

The average fee on 30-year fixed-rate mortgages was unchanged from last week at 0.5 point. The fee on 15-year mortgages also held steady, at 0.4 point.

The average rate for

4.10 percent last week. The fee remained at 0.3 point.

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\$23,800
Kim Strasser (863) 279-3387

SUNDAY, OCT. 28TH • 12PM-2PM

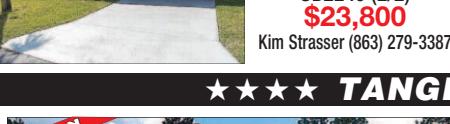
727 MOCKINGBIRD LANE, AVON PARK

SB2172 (2/2)

\$30,000

Ray Hammond/Hammond Team (863) 450-3339

★★★★★ SEBRING VILLAGE ★★★★★



TODAY
OCT. 28th • 1PM-3PM

102 Charm Street
Sebring

SB2240 (2/2)

\$23,800

Kim Strasser (863) 279-3387

OCT. 28th • 1PM-3PM

1123 Dewitt Street
Sebring

SB2280 (2/2)

\$49,997

Amy Slane (863) 450-3336

★★★★★ TANGLEWOOD ★★★★★



TODAY
SUNDAY, OCT. 28TH • 12PM-2PM

2004 SAWGRASS TRAIL, SEBRING

SB2298 (2/2)

\$44,500

Jack Walden (863) 279-3387

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3/2 turnkey home. New roof in 2018. New refrigerator & dishwasher. FL RM w/window AC.

Very nice landscaping and private backyard.

SB2307
Kathy Rose (844) 802-7751

\$39,900



PRIVATE BACK YARD

3/2 on a great perimeter lot. Spotless home has wood laminate in kitchen, dining, and hallway.

SB2304

Kathy Rose (844) 802-7751

\$16,000



FULL TIME/SNOWBIRD HOME

2/1.5 in golf community has a split floor plan. Home offers 4-year-old rubber roof and 3-year-old AC. A Must-See Home for The Price. SB2271

Larry Robinson (317) 979-1294

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Amy Lane (863) 450-3336

\$16,700



OVERLOOKING GOLF COURSE

2/2 turnkey furnished home comes equipped w/newer kitchen appliances

Has hypoallergenic wood laminate flooring runs throughout.

Baths have low flush raised toilets.

SB2231

Orla Or Cox (863) 658-3955

\$34,500



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Beautifully decorated home

being sold furnished has tile floor

throughout except for bedrooms which has carpet.

Newer AC unit.

SB2186

Donal Lariviere (863) 450-3340

\$46,900

ULTIMATE LOCATION

2/2 home. Beautiful location very quiet

large backyard overlooking a pond in super condition many newer updates, extra rooms, family room screened in room, patio, newer AC SB2297

Reggie Maxon (863) 808-1706

\$49,500

MUST SEE! BEAUTIFUL!

2/2 Merit home. Immaculate, bright, remodeled in 2014-2015. Partially furnished, passed 2018 home inspection. Roof and AC warranties available, Laminate flooring in Dining room. SB2250

Jack Walden (239) 825-8401

\$45,500

TURN KEY HOME!

2/2 Home New roof in 2014, new kitchen

floors, many newer updates, newer

furniture and appliances, well landscaped,

double driveway, nicely decorated, rebuilt

sprinkler system.

SB2309

Reggie Maxon (863) 808-1706

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Creating the perfect kitchen island

By MELISSA RAYWORTH
THE ASSOCIATED PRESS

Interior designer Abbe Fenimore knew that adding a kitchen island was one of the most important decisions she'd make in remodeling her 1940s-era home in Dallas. A well-designed kitchen island can offer storage space, a work surface, comfortable seating — even a cooktop or spare sink.

But like so many aspects of kitchen design, it needs to be planned with extra care. An item this large and central isn't something you'll want to replace within just a few years.

So Fenimore and her husband created a cardboard island in their kitchen with precise dimensions to live with it before committing. They tinkered with the details on its size and location. They debated which features were necessary, and which were too much of a splurge or took up too much space.

In the end, that island "has become the literal hub in our home for socializing," Fenimore says.

We've asked Fenimore, founder of the design firm Studio Ten25, and two other interior designers — Los Angeles-based Betsy Burnham and New York-based Jenny Kirschner — for their thoughts on great kitchen-island design and trends.

Map out the details

Because careful planning is so important, Burnham suggests working with a designer

on kitchen-island design or finding resources online for drawing up a floorplan.

"You're going to need about 3 feet of space around it — at least 3," she says. Homeowners sometimes end up with too crowded a kitchen if they choose an island that's too large.

"It shouldn't literally be an island off by itself," Burnham says, "but it shouldn't be too close to perimeter countertops either."

Other important questions: How many people do you want to seat? Leave plenty of depth for people's legs when they sit on bar stools or seats at your island.

And do you want one level or two? Burnham loves the clean lines of one level surface. But Kirschner sometimes designs an island with two levels — one at counter height for cooking prep and a lower level at table height, so you can sit in chairs rather than bar stools.

Families with young kids who worry about little ones falling off bar stools often love this option, Kirschner says.

Specialty storage

Some of Fenimore's favorite elements are deep, pull-out drawers for pots and pans, and drawers with mechanisms that lift a mixer or other small appliance up and out for easy use. Also: drawers designed to hold containers of spices, and deep drawers holding metal containers for serving utensils, as you might see in a restaurant kitchen.

"A lot of people



THE ASSOCIATED PRESS

This undated photo shows an urban farmhouse style kitchen in a Manhattan Beach, Calif., home designed by Betsy Burnham, where the kitchen island offers ample storage and an extra prep sink for use while cooking.

underestimate storage needs," Fenimore says, so really think about how you cook and what you use.

Kirschner also suggests considering what you might want to store that isn't technically a "kitchen" item. Her island includes drawers for her children's art supplies, because the island is where they do arts and crafts projects.

Islands often have closed storage, but some people prefer some open shelving.

Fenimore has a trash can built into her island, with a stainless steel opening in the island's surface where unwanted items can easily be swept during cooking. It's a detail that didn't add much to the cost but makes life exponentially easier.

The cooktop question

It sounds lovely — having your stovetop in the island, so you can chat with someone seated there while you're cooking. But things splatter,

Kirschner points out. And tearing up the floor to add power and gas lines can be expensive if your kitchen doesn't already have these utilities in the middle of the floor.

The same goes for adding a sink to your island: These designers say an island sink is a great feature and popular with clients, but you have to consider the expense if you'll need plumbing work done in the floor.

Lastly, your cooktop needs ventilation. Do you want a range hood mounted in the ceiling and looming over your kitchen island?

"There are downdraft vents," Kirschner says, "but they tend to not work nearly as well" at ventilating your cooking space as overhead ranges do.

Match or coordinate?

Some people love an island that seamlessly matches the rest of the kitchen, with countertops and cabinetry identical to what runs along the



THE ASSOCIATED PRESS

This undated photo shows a kitchen in a Santa Monica, Calif., home designed by Betsy Burnham. Although tiny pendant lights were once popular, designers now tend to choose more substantial overhead lighting above kitchen islands and select fixtures that can express the homeowners' personal style.

room's perimeter.

But our three designers say you can also think of your island like a piece of gorgeous furniture that is coordinated with the rest of the room but a little different. If you want the island to be the kitchen's focal point, Kirschner says, get creative.

Kirschner loves natural stone surfaces for kitchen islands, especially quartzite, which she says has beautiful veins of color but is more durable than marble.

Burnham agrees that

a kitchen island can be a dramatic statement, and there is a wide variety of styles. Do you want a European farm-table look, or modern and sleek marble?

"We've seen a lot of the dark blues and grays and greens, in reaction to all the white kitchens we were seeing for a while," Burnham says. "Maybe mix things up. Keep all the countertops the same, but maybe the perimeter cabinetry is one color and the island cabinetry is a different color."

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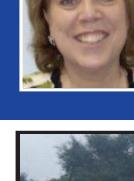
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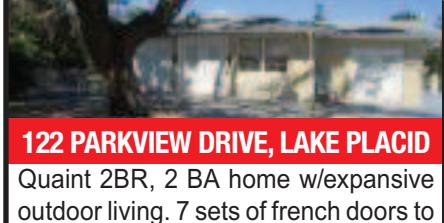
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1404 WILSON DR, SEBRING

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Contact: Diana Williams: 863-386-0303
dwilliams90@htn.net



700 CATFISH CR RD, LAKE PLACID

Spacious 3BR, 2BA, 2CA w/split floor plan, lg. master BA, walk-in shower/garden tub, sliding door from dining into enclosed lanai, high ceilings. Beautiful back yard w/large nice storage building. MLS#249789 \$1500/mo.

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1544 CHURCHILL STREET, LAKE PLACID

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209 FIJI WAY LAKE PLACID

Exquisite 4BR, w/potential 5 (has closet) 3.5 BA Courtyard Home. No detail has been overlooked in this Custom-Built home features a gourmet kitchen, SS appliances, large pantry, central vac, clawfoot tub, double sided walk in shower, energy efficient spray foam sealed roof, custom painting and a 4 car garage. Who says you can't have it all? MLS# 247774 \$469,900

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724 S. SUN N LAKE BLVD, LAKE PLACID

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117 COUNTRY CLUB DR. #202, LAKE PLACID

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4449 LOQUAT RD, SEBRING

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3055 SCENIC HWY, SEBRING

Open floor plan w/3BR, 2.5BA. Chef's dream gourmet kitchen with high end appliances, gas stove and solid surface countertops, large Pantry w/lot of storage throughout. The elegant master suite with his/hers walk in closet, large walk in shower, bath, double vanity and French doors that lead to one of the two giant back patios. Laundry rm w/built-ins, sink leads to a half bath. This home is a Must See! MLS#248409 \$299,900

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\$145,000

REDUCED \$8,000
Great 4BR home on quiet street surrounded by beautiful pines. Open floor plan w/cathedral ceilings, crown molding tiled living room, dining room & kitchen. Kitchen has upgraded cabinetry and granite counters. The master bath is complete with a deep soaking tub, separate walk-in shower, walk in closet and his/hers sinks.
\$168,500

REDUCED \$7,400
Great 4BR w/ 2 car garage located on a quiet treed street in Sun N Lakes. Kitchen is separate w/pass through window and small eat in area. There is also a large pantry room with washer & dryer hook up. The home is completely tiled and painted in neutral colors.
\$151,500

REDUCED \$4,900
Cute 3BR with a 1 car garage. Would be a perfect starter home. Located in popular Sebring Country Estates with a sidewalk in the front & fenced back yard. Interior has tiled floors with carpet in the bedrooms. The kitchen has all stainless steel appliances and nice neutral granite counters and small breakfast bar. Freshly painted exterior.
\$138,000

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SPORTS

WORLD SERIES COVERAGE INSIDE

The Los Angeles Dodgers and Boston Red Sox squared off in Boston in Game 4 of the World Series.
See page 2 for coverage.



Sunday, October 28, 2018

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COLLEGE FOOTBALL: South Florida



AP PHOTO

Houston wide receiver Marquez Stevenson celebrates his touchdown during the first half of an NCAA college football game against South Florida.

King totals 7 TDs, Houston beats No. 21 USF 57-36

HOUSTON (AP) — D'Eriq King had a hand in a career-high seven touchdowns, throwing for 419 yards and five scores and running for 134 yards and two more touchdowns in Houston's 57-36 victory over No. 21 South Florida on Saturday.

King threw touchdown passes of 15, 38, 30, 52 and 27 yards and had scoring runs of 47 and 36 yards. He finished 28 of 41 passing. The seven total touchdowns set a career high.

Marquez Stevenson caught six passes for 106 yards and two touchdowns, Jeremy Singleton had five receptions for 125 yards and a touchdown and Courtney Lark caught four passes for 85 yards before exiting early in the fourth quarter with an injury. Houston (7-1, 4-0 American) won its fifth straight, totaling a season-high 684 yards of offense.

Johnny Ford rushed for 106 yards and two touchdowns, and Jordan Cronkrite rushed for 73 yards and a touchdown to lead USF (7-1, 3-1), which saw its eight-game winning streak snapped. Blake Barnett finished 26 of 39 for 263 yards and a touchdown.

After a safety on King for intentional grounding in the end zone, USF cut the lead to 28-26 on a 23-yard field goal by Coby Weiss with 10:47 remaining in the third quarter, but the Bulls would not get any closer.

King responded by breaking four tackles up the middle, spinning out of the final tackle, on a 4th and 7 for the

USF | 3

COLLEGE FOOTBALL: Florida Gators

Fromm throws 3 TDs, No. 7 Georgia beats No. 9 Florida 36-17

By MARK LONG
AP SPORTS WRITER

JACKSONVILLE, Fla. (AP) — Jake Fromm threw three touchdown passes, ending speculation about freshman Justin Fields supplanting him in the starting lineup, and No. 7 Georgia beat ninth-ranked Florida 36-17 on Saturday.

The Bulldogs took advantage of Florida's three turnovers and an injury to cornerback C.J. Henderson to win the "World's Largest Outdoor

Cocktail Party" for the second straight year.

Fromm completed 17 of 24 passes for 240 yards, none bigger than the three for scores — all on third down. The first two went to Jeremiah Holloman, who beat C.J. McWilliams both times. The Bulldogs (7-1, 5-1 Southeastern Conference) clearly were picking on McWilliams after he replaced Henderson (back) on the first series.

There had been talk that Georgia coach Kirby Smart would get highly

touted freshman Fields more work following a 20-point loss to LSU. Fromm smashed those rumors.

Florida (6-2, 4-2) took a one-point lead early in the third quarter — Feleipe Franks threw a perfect, 36-yard touchdown pass to Freddie Swain — but Georgia answered with another Fromm-to-Holloman connection and then pulled away late.

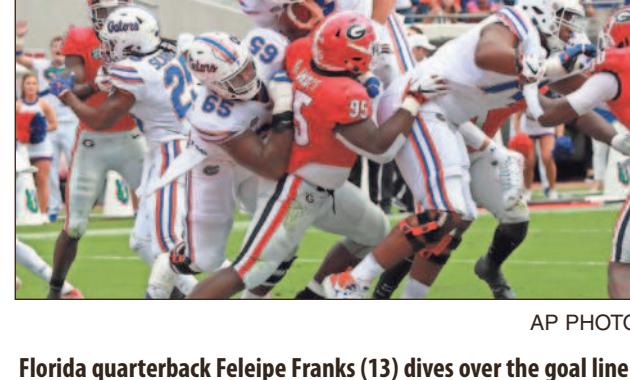
Franks fumbled trying to get the ball out of the shadow of his goal line

and gave the Bulldogs the ball at the 1. Georgia came up short on six attempts from inside the 2 and had to settle for a field goal and a 23-17 lead.

Despite the impressive goal-line stand, Florida couldn't get another stop. Fromm found Terry Godwin on another third down for a 36-yard score and a 29-17 advantage.

The Gators were in big trouble at that point because they're not built

GATORS | 3B



Florida quarterback Feleipe Franks (13) dives over the goal line for touchdown past Georgia defensive lineman Devonte Wyatt (95) during the first half of an NCAA college football game in Jacksonville, Fla.

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PICK 2

Oct. 27N.....0-7
Oct. 27D.....1-1
Oct. 26N.....0-6
Oct. 26D.....3-2
Oct. 25N.....8-8
Oct. 25D.....6-0
D-Day, N-Night

PICK 3

Oct. 27N.....4-2-2
Oct. 27D.....8-1-5
Oct. 26N.....9-1-8
Oct. 26D.....6-6-2
Oct. 25N.....8-5-4
Oct. 25D.....7-8-9
D-Day, N-Night

PICK 4

Oct. 27N.....6-1-5-4
Oct. 27D.....0-7-4-8
Oct. 26N.....9-4-5-9
Oct. 26D.....9-5-8-7
Oct. 25N.....6-9-7-1
Oct. 25D.....1-8-4-0
D-Day, N-Night

PICK 5

Oct. 27N.....1-1-6-9-0
Oct. 27D.....7-7-1-5-7
Oct. 26N.....3-9-7-5-7
Oct. 26D.....9-8-4-4-2
Oct. 25N.....1-9-4-7-0
Oct. 25D.....6-2-8-5-0
D-Day, N-Night

FANTASY 5

Oct. 27 Late
Oct. 26 03-08-24-25-28
Oct. 25 10-17-19-28-34
PAYOUT FOR OCT. 26

1 5-digit winner.....\$205,867.28

4-digit winners.....\$121.50

9,273 3-digit winners.....\$10.00

CASH FOR LIFE

Oct. 25 27-33-34-42-43

Cash Ball 4

...

Oct. 22 1-11-19-24-46

Cash Ball 1

PAYOUT FOR OCT. 25

0 5-5 CB \$1,000/Day

0 5-5 \$1,000/Week

1 4-5 CB \$2,500

6 4-5 \$500

LUCKY MONEY

Oct. 26 02-15-26-28

Lucky Ball 13

...

Oct. 23 06-15-35-41

Lucky Ball 11

PAYOUT FOR OCT. 26

0 4-of-4 LB \$500,000

3 4-of-4 \$1,478

31 3-of-4 LB \$313.50

566 3-of-4 \$50.50

LOTTO

Oct. 27 Late

Oct. 24 4-27-29-31-41-43

Oct. 20 3-13-14-30-35-46

PAYOUT FOR OCT. 24

0 6-digit winners \$4 million

16 5-digit winners \$5,728

979 4-digit winners \$81.50

ESTIMATED JACKPOT

\$5 million

POWERBALL

Oct. 24 3-21-45-53-56

Powerball 22

Oct. 20 16-54-57-62-69

Powerball 23

...

PAYOUT FOR OCT. 24

0 5-5 + PB \$620 million

1 5-5 \$1 million

5 4-5 + PB \$50,000

200 4-5 \$100

ESTIMATED JACKPOT

\$750 Million

MEGA MILLIONS

Oct. 26 1-28-61-62-63

Mega Ball 5

...

Oct. 23 5-28-62-65-70

Mega Ball 5

PAYOUT FOR OCT. 23

0 5 of 5 + MB \$40 million

0 5 of 5 \$1 million

0 4 of 5 + MB \$10,000

15 4 of 5 \$500

ESTIMATED JACKPOT

\$45 million

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Game 4 of the World Series between the Boston Red Sox and the Los Angeles Dodgers was not completed by press deadline. In the top of the 9th inning, the Red Sox led the Dodgers 5-4.

• See yoursun.com for the full story.

NHL

Draisaitl powers Oilers past Predators 5-3

NASHVILLE, Tenn.

(AP) — Leon Draisaitl and Drake Caggiula each scored twice and the Edmonton Oilers ended a 13-game losing streak against the Nashville Predators with a 5-3 victory Saturday.

Connor McDavid also scored and Mika Koskinen made 24 saves in his first start of the season. Edmonton was 0-11-2 in its previous 13 games against Nashville.

Filip Forsberg scored three times for the Predators, and Juuse Saros stopped 30 shots.

Nashville cut it to 4-3 with 4:06 left on Forsberg's final goal. He connected on a power play, with Saros off for an extra attacker. Caggiula capped the scoring with an empty-netter.

CAPITALS 4, FLAMES 3, SO

CALGARY, Alberta

(AP) — Nicklas Backstrom scored the winner in a shootout and Washington goaltender Pheonix Copley earned his first

TORONTO (AP) — Jake Gardiner and Kasper Kapanen scored in a late 26-second span and Toronto overcame the loss of star center Auston Matthews to beat Winnipeg.

Matthews left in the second period after injuring his left shoulder absorbing a hit from defenseman Jacob Trouba.

Matthews cut to the front of the net with the puck and, as he attempted to shoot on goalie Connor Hellebuyck, Trouba went shoulder-to-shoulder with Matthews.

Kapanen scored the go-ahead goal with 2:45 left.

Nazem Kadri also scored, Frederik Andersen made 22 saves and Mitch Marner added two assists — reaching 100 in his NHL career.

Kyle Connor and Mark Scheifele scored for Winnipeg, and Hellebuyck made 28 saves.

GOLF

230 p.m.

ABC — Formula One, Mexican Grand Prix, at Mexico City

NBCSN — NASCAR, Monster Energy Series, First Data 500, at Ridgeway, Va.

CFL FOOTBALL

1 p.m.

ESPN2 — Toronto at Montreal

DRAG RACING

330 p.m.

FS1 — NHRA, Toyota Nationals, qualifying, at Las Vegas (taped)

FIGURE SKATING

4 p.m.

NBC — ISU Grand Prix, Skate Canada, at Laval, Quebec (taped)

GOLF

230 p.m.

GOLF — PGA Tour, Sanderson Farms Championship, final round, at Jackson, Miss.

530 p.m.

GOLF — Champions Tour, Invesco QQQ Championship, final round, at Thousand Oaks, Calif.

9 p.m.

GOLF — LPGA Tour, Swinging Skirts Taiwan Championship, final round, at Taoyuan, Taiwan (same-day tape)

MLB BASEBALL

8 p.m.

FOX — MLB World Series, Game 5, Boston at L.A. Dodgers (if necessary)

NFL FOOTBALL

930 a.m.

NFL — Philadelphia at Jacksonville, at London

1 p.m.

CBS — Regional coverage, Denver at Kansas City, Cleveland at Pittsburgh, N.Y. Jets at Chicago OR Baltimore at Carolina

FOX — Regional coverage, Washington at N.Y. Giants, Seattle at Detroit OR Tampa Bay at Cincinnati

4 p.m.

NBC — Regional coverage, Indianapolis at Oakland

425 p.m.

FOX — Regional coverage, San Francisco at Arizona OR Green Bay at L.A. Rams

820 p.m.

NBC — New Orleans at Minnesota

SOCER

820 a.m.

FS2 — Bundesliga, Bundesliga Nuremberg vs. Eintracht Frankfurt

930 a.m.

NBCSN — Premier League, Crystal Palace vs. Arsenal

1030 a.m.

FS2 — Bundesliga, Leipzig vs. Schalke

WRESTLING

11 p.m.

NBCSN — UWV World Championships, Day 8, Greco-Roman finals, at Budapest, Hungary (same-day tape)

DETROIT (AP) — Jaylen

BLUE JACKETS 5, SABRES 4

COLUMBUS, Ohio (AP) — Artemi Panarin scored 31 seconds into overtime to give Columbus the victory over Buffalo.

The Sabres got a pair of goals in a two-minute span in the third period to tie it, setting up the overtime snipe by Panarin, a shot from the left circle that glanced off the far post.

Panarin and Cam Atkinson each had two goals and an assist, and Pierre Luc-Dubois had a goal and a pair of assists, including the feed to Panarin that set up the overtime goal.

Joonas Korpisalo stopped 34 shots and is undefeated in four starts for the Blue Jackets, who won their second in a row and ended a three-game winning streak for Buffalo.

Jeff Skinner and Jason Pominville each had a goal and an assist, and backup Linus Ullmark had 32 saves for Buffalo.

ISLANDERS 6, FLYERS 1

COLLEGE SWIMMING: Lady Manta Rays

By BARBARA BOXLEITNER
SUN CORRESPONDENT

Two Lemon Bay High School graduates nearly crossed paths when their college swimming teams met in competition.

Ohio University junior diver Chastity Haxton said she and Miami University freshman swimmer Hunter Scott did not see each other during their Oct. 6 meet won by Miami.

Haxton competed in an exhibition in the 1 and

3-meter dives, while Scott didn't compete.

In her first season as part of the Ohio University roster, Haxton has been competing in exhibitions as she recovers from a foot injury apparently caused by overuse. The meet against Miami was her first since returning from time off. "I was told I had a possible stress fracture," she said. "I just got out of a boot."

Since their meet, Scott has competed in the Akron Zips Classic, where

her highest individual finish was ninth in the 1,650-yard freestyle. She was a part of Miami's B 800 freestyle relay that finished fifth and the B 200 freestyle relay that placed seventh. She also competed in the 50, 100 and 200 freestyle and 200 medley relay.

More women's swimming

University of Louisville's Sophie Cattermole won the 400 individual medley at the Southern Methodist University Classic. The

former Manta Ray placed eighth in the 200 breaststroke and 10th in the 100 butterfly. She was part of the winning 800 freestyle relay.

Men's soccer
Columbia International University sophomore midfielder Jeremiah Ruth had an assist against Southern Wesleyan. He competed for Port Charlotte High.

Another past Pirate, freshman midfielder Nathanael Ruth scored for Columbia International

against Point.

Freshman midfielder Aaron Rivers scored for Dean College against Framingham State. He played for Charlotte.

Previously at Lemon Bay, Florida Atlantic University freshman Blake Dean had an assist against Florida International.

Men's swimming
Saint Leo University freshman Matthew Argulewicz placed sixth in the 100 butterfly against Florida Southern College. The Venice High

graduate was a part of the 400 freestyle relay that finished fifth.

Beau Hutchins of Saint Leo was fourth in the 100 butterfly and fifth in the 50 freestyle against Florida Tech and Lynn. The sophomore, who competed for the Indians, swam the last leg, with his team placing third in the 400 freestyle and 200 medley relays.

Send updates about area athletes to Barbara Boxleitner at jdanddoc@gmail.com.

HIGH SCHOOL: Basketball

Tarpions ready for basketball season

By BEN BAUGH
SPORTS EDITOR

The Charlotte Tarpons are poised to be a force on the hardwood this fall.

Coach Tom Massolio, a former Tarpons player, is entering his 22nd year at Charlotte High School, and his impressive resume includes 10 20-win seasons.

A deep roster is redolent of another successful season. Players are committed to this season, already preparing for this fall and winter's demanding schedule, by spending time in the weight room

and running to stay in peak condition. They had the opportunity this summer to participate in several AAU events, said Massolio. The final roster for the upcoming season hasn't been set.

"The last couple of months we've been able to do that," said Massolio. "So, that was kind of neat, even though we don't have our full team. We were able to see guys in a different atmosphere. It's been good for us."

An experienced roster will be a key variable as the season goes forward, and Massolio has to look no

further than the seniors on his team, three of the four seniors have been part of the varsity program for the past three years, Ahmad Johnson, Makai Reeves and Kenny Scribner. The Tarpons also have Juniors Faustin Phanor and Tyrik Gainer and Sophomore Tre Carroll. It's that depth that makes the Tarpons formidable.

"We have quality minutes coming back for us," said Massolio. "That makes it a lot easier transitioning coming into the upcoming season. When you have guys that know what's expected of them,

have been in the battles and know what we want as a team, it's going to be very beneficial. Experience is always good."

The Tarpons open practice on Nov. 5, and they start the season with the Classic, two weeks later on Nov. 19. A demanding schedule starts with the two Classic games, with a calendar that features a full slate going forward from Nov. 29, said Massolio.

"December is crazy for us," said Massolio. "We have a lot of games in December, but with the experience that we have

coming back, and those kids who put in the quality time this summer with us, I feel pretty confident about what we're going to do with what we have going on."

However, it's those opportunities that are part of this season's schedule, where the Tarpons will be taking part in a number of tournaments on the road including playing in Tennessee and the prestigious City of Palms Tournament in Fort Myers, that provide motivation and an enthusiasm that's palpable.

"The biggest thing I try

to instill in kids, and if someone had a formula for this they'd be a millionaire," said Massolio. "You just don't want kids to regret what they've done. The opportunity to practice, to play, to experience the things we're going to experience, and those are the things that you just can't get back. Every day we step out on the court and do something, we can't get it back. Put forth the effort, put forth the time to get better. Every person I know, I don't care how much you've done, if you want to do something, go out and do it."

GATORS FROM PAGE 1B

to play from behind. D'Andre Swift delivered the knockout punch with a 33-yard TD run with 4:29 remaining, sending Florida fans to the exits.

The turnovers were the Gators' real undoing.

Jordan Scarlett fumbled on the team's opening possession, and Fromm found Holloman three plays later. Franks threw an interception on the next series. But the dagger was his fumble near the goal line.

The takeaway

Florida: Despite another lopsided loss to Georgia, the Gators still have a chance to win 10 games this season. It's been a significant turnaround from Jim McElwain's final season, but Franks has to make significant progress for the team to become a legitimate SEC contender.

Georgia: The Bulldogs can clinch the SEC East next week at Kentucky. After stewing the last two



AP PHOTO

Georgia coach Kirby Smart takes the field with his team for pregame warm ups prior to an NCAA college football game against Florida.

weeks over the loss at LSU, they responded in a big way.

Poll implications

Florida will fall out of the top 10. Georgia probably won't have room to move much up, especially with top-ranked Alabama and No. 4 LSU on byes.

Huge loss

Losing Henderson was big because the Gators were already without fellow sophomore Marco Wilson, who injured his left

knee in a loss to Kentucky in early September. Henderson and Wilson were two of the best cornerbacks in the league. The Gators already were thin in the secondary because of injuries to Brian Edwards and Quincy Lenton, plus the loss of Randy Russell (heart condition) and Justin Watkins (dismissed).

Up next

Florida begins a three-game home-stand against Missouri.

Georgia plays at Kentucky.

USF FROM PAGE 1B

36-yard touchdown run to give Houston a 35-26 lead with 8:25 remaining in the third.

After USF cut the lead to six with a field goal, King hit Jeremy Singleton for a 52-yard touchdown pass before converting on a two-point conversion pass from Bryson Smith to Singleton to up the lead to 43-29 with 2:43 left in the third.

USF cut the lead in half with a 39-yard touchdown pass from Blake Barnett to Deangelo Antoine with 36 seconds left in the third, but Mulbah Car rushed for an 11-yard touchdown a minute into the fourth to up the lead back to 14.

King found Raelon

Singleton for a 27-yard touchdown pass with eight minutes left to up the lead to 21.

The takeaway

USF: The Bulls rebounded from another sluggish start to tie the game twice in the second quarter but were unable to stop King. USF rushed for 176 yards in the first half, but were held to 28 yards in the second half.

Houston: The Cougars' offense led by King was able to beat USF both in the air and on the ground. Houston had six rushers total 265 yards. The defense forced two fourth quarter turnovers to seal the win.

Oliver out

Houston All-American

defensive tackle Ed Oliver missed the first game of his career Saturday with a bruised right knee. Oliver, who has 51 tackles, 13 1/2 tackles for loss and three sacks this season, saw his streak of 32 straight starts end.

Poll implications

With the loss, South Florida will likely drop out of the Top 25. Houston, which received votes in the poll this week, should receive more votes and could possibly sneak in.

Up next

USF: Hosts Tulane on Saturday.

Houston: At SMU on Saturday.

LOCAL SPORTS CALENDAR

Tuesday

Volleyball

Venice — Regional semifinals vs. Lakewood Ranch, 7 p.m.

Port Charlotte vs. Charlotte, 7 p.m.

Wednesday

Diving

Lemon Bay — District meet at Lely High School, 3:30 p.m.

DRIVEN FROM PAGE 1B

Golf has also provided Davis with a positive outlet, allowing her to stay in peak physical condition, and she also finds the sport therapeutic.

"I've always been the type of person who's wanted to keep fit," said Davis, who's committed to Savannah State University. "I do have some days when I'm super lazy and don't want to do anything. Golf is a fun sport to play, and it's hard and people underestimate it. It's also a great way to take out your emotions, if you're having a bad day."

And although the sport can be stressful, Davis is able to maintain her equanimity in a very unique way.

"Usually, I get a song stuck in my head, and I'll go out and continuously sing that song," said Davis. "So, when I'm not over the top of the ball, I have something to think of, so I don't always think about golf because that will mess up your game."

Hoffart was able to witness Davis' evolution as a golfer up-close, and has seen her development and progression over time.

"I knew Becky before she started playing for us," said Hoffart. "She was around the golf course, the first couple of years I was coaching. She was a lot younger, and I was just starting to see improvements in her game. She was starting to get that real bug, wanting to be a competitive golfer. We had high hopes and a high ceiling in mind when she entered (high school). She hit the ground running."

It's that competitive desire, an intense motivation that comes from within, that has served as the impetus for Davis to reach an elite level. Davis' work ethic and indefatigable nature on the golf course have made an impact that's palpable, not only with her ability to achieve optimal results, but it's been a positive influence on others.

"She has brought a lot to the team, not just her scores, but her approach to the game, pushing some of the other girls to try to improve themselves, bringing a competitive aspect to the program," said Hoffart. "It certainly helped pay off for all of us. There's a lot of things I've learned from just being around her and seeing the way she approaches her shots. It's been fun and a true pleasure and a blessing to have her out here."

Davis has worked consistently to improve her game, whether it be driving distance and accuracy, sand saves, greens in regulation, putting; all of those variables have made a marked difference in her scoring average.

"I would say my short game was really good this year; I did have some moments where I didn't shine, but that's golf," said Davis. "You can't really do anything about that, but my



PHOTO BY BEN BAUGH

Davis and tarpons girls golf coach Josh Hoffart, have had a daughter-father type of relationship.

long game has always been good. My driving, my driver off the tee isn't as good as I would like for it to be. My short game has improved from last season. I've missed a lot of fairways, but I usually make it up."

Renowned for her consistency, Davis' competitiveness is evident and her desire to win is palpable.

"At county and districts, I missed medalist by one stroke, and that killed me, losing by one stroke," said Davis. "I would rather lose by 15 than one. I would rather think about all the putts or little chips I could've done better."

Davis and Hoffart, have a very close relationship, much like daughter and father, and that has played a role in her trajectory.

"At regionals, my emotions were frantic because on the second to last hole to play, I was four strokes behind the girl I needed to beat, if I wanted to make it to States," said Davis. "So, coach came up to me, and he was like, 'You can't give up because you have to play through all 18 holes.' He was right because the girl blew up on the second to last hole, and I had birdied. So, I gained my lead back. I ended up making states. When I figured that out, all my emotions just came out. I started crying. It was so overwhelming. I worked so hard for this moment, and it finally proved that the Gods were on my side."

States will offer its own series of challenges as Davis will be pitted against Florida's best high school golfers. The tournament, 36 holes, will be Nov. 6-7 at the Mission Inn Resort and Club in Howey-in-the-Hills.

Davis remains humble and grounded, realizing the challenges associated with the upcoming tournament. She knows she'll be playing against the course and not the other golfers.

"I'm not expecting to win my class," said Davis. "It's nerve wracking. I have expectations for myself, and my expectation was just to make it. I'm not saying that's good enough. I achieved my goal. My objective is to shoot in the 70s both days."

GOLF: HSBC Champions

Late rally lets Tony Finau keep 3-shot lead in HSBC

SHANGHAI (AP) — Tony Finau struggled for so much of Saturday in the HSBC Champions that he was hopeful of a strong finish to carry some momentum into the final round.

He got much more than he imagined.

Finau closed with three straight birdies for a 2-under 70 and kept his three-shot lead because of a late collapse by Justin Rose, who played the final two holes in five more shots than Finau required.

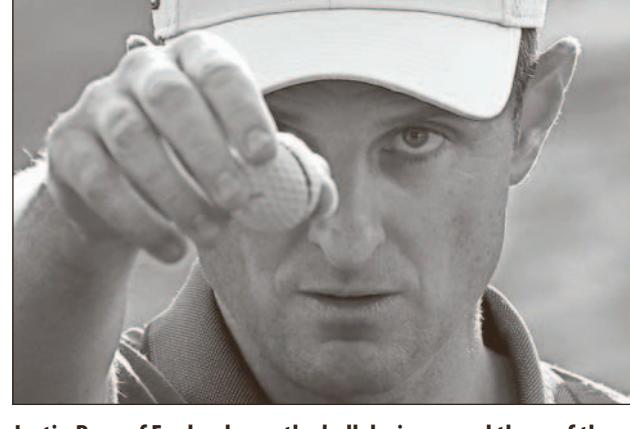
"There was no need to panic," Finau said. "Just play some good golf coming down the stretch, and I was able to do that."

Finau was at 13-under 203 and led by three over Justin Rose, Masters champion Patrick Reed and Xander Schauffele.

Finau was on the verge of falling three shots behind on the 16th hole after Rose had pitched to within 3 feet for a birdie, and Finau hit wedge that came up well short. He rolled in a 20-foot birdie putt from off the green to stay within two shots, hit a tee shot that rolled to within 18 inches of the cup for a short birdie on the par-3 17th, and then holed a 12-foot birdie putt on the 18th.

Rose wasted a great round with a sloppy finish and had to settle for a 70.

He was two shots



Justin Rose of England eyes the ball during round three of the HSBC Champions golf tournament held at the Sheshan International Golf Club in Shanghai.

ahead going to the 17th when his tee shot went off the side of a hill and into a hazard, leading to double bogey. Then, his 4-iron to the par-5 18th was too far right and tumbled down the hill and into the water. He had a chance to save par until missing a 4-foot putt.

"Three back going into tomorrow, which is not exactly how it looked like it was going to be with a couple holes to play," Rose said. "There are three guys at 10 under who are all going to be chasing pretty hard, but nothing to lose tomorrow. It's going to take a good round. I'm playing well, feeling good. Just got to put that last couple holes behind me and come out a little bit angry tomorrow."

Reed didn't make a par over the last six holes, with four birdies and two

bogeys. He missed a 15-foot eagle chance on the reachable par-4 16th, and then peeled his tee shot to the right down the slope into the hazard on the 17th to make bogey. A short birdie on the 18th gave him a 70.

But the real collapse came from Rose, who had led since a short birdie on the seventh hole and appeared to be in complete control of his game.

And then it was gone.

His double bogey on the 17th hole sent him from a two-shot lead to a one-shot deficit, and then he compounded it with another mistake on the 18th. Rose played the final two holes at Sheshan International in 11 shots compared to Finau's six.

Schauffele rolled in a long birdie putt on the 16th and momentum until his second shot went into the water on the 18th, though he scrambled for par for a 69.

Andrew Putnam, playing in his first World Golf Championship, had a 67 and was five shots behind, along with Tommy Fleetwood (72). Fleetwood was two shots behind until he chopped up the par-5 14th hole, three-putting from 12 feet for a triple bogey.

Rory McIlroy also had an 8 on the 14th hole as he continued a big slide with a 75, leaving him 21 shots behind Finau. It



Tony Finau of the United States follows his shot during round three of the HSBC Champions golf tournament held at the Sheshan International Golf Club in Shanghai.

not only was the second triple bogey this week for McIlroy, he has had five scores of 6 or higher on his card this week.

Brooks Koepka, in his debut at No. 1 in the world, had a 71 and was 14 shots behind.

Finau's only victory was in 2016 at the Puerto Rico Open, an event held opposite the Match Play in Texas. He had a three-shot lead going into the weekend, which was gone when he missed a short par putt on the fifth hole and failed to convert a 5-foot birdie putt on No. 7 as Rose was making his move.

The 29-year-old American took only four putts over the last four holes, starting with a tough up-and-down from a bunker behind the 15th green that barely reached the fringe and trickled down to about 4 feet.

By the end of the round, everything was going his way. Not only did he hit a flawless tee shot into short range on the 17th, he got away with a poor tee shot into a bunker on the 18th and a shot that left him a lot farther from the green than he wanted. No matter. He made the putt and was on the verge of getting a victory to go



AP PHOTOS

Tony Finau of the United States tees off during round three of the HSBC Champions golf tournament held at the Sheshan International Golf Club in Shanghai.



Tony Finau of the United States reacts after finishing round three of the HSBC Champions golf tournament held at the Sheshan International Golf Club in Shanghai, Saturday.

with his consistent play this year.

"I'm looking forward to tomorrow," Finau said. "I've got a world-class field chasing after me. This is the position you want to be in and I'll be looking to close out my

first tournament in this position, which is exciting for me. ... I'm going to have fun no matter the outcome and hopefully make a lot of birdies and have those guys have to do something special tomorrow to beat me."

Tony Finau of the United States presses on his cap after finishing round three of the HSBC Champions golf tournament held at the Sheshan International Golf Club in Shanghai.

GOLF: LPGA Taiwan Championship

Nelly Korda shoots 69 to share 3rd-round lead in Taiwan

TAIWAN CITY, Taiwan (AP) — Nelly Korda shot a 3-under 69 to share the lead with Wei-Ling Hsu after three rounds of the LPGA Taiwan Championship on Saturday.

Playing in front of a home crowd, Hsu finished with an even-72

on Saturday after shooting 68 and 67 in the first two rounds.

Korda and Hsu have a total of 9-under 207 and both will be looking for their first LPGA titles in Sunday's final round at the Ta Shee Golf and Country Club.

"I think I'll definitely

be a little nervous," Korda said of Sunday's round. "Anyone who is in contention on a Sunday will obviously feel those types of feelings. But I'll also be excited and just happy to be in that position."

Korda will be playing in the final round with

Hsu, who she knows will be the crowd favorite.

"Wei-Ling was playing right behind me (today), but you heard a couple roars," she said. "I think it's awesome to see how much they support women's golf out here and just how they support a home player

is really great. It's really nice to see."

Korda, the sister of fellow LPGA player Jessica Korda, dropped a shot on No. 13 but birdied two of the last five holes to move into a tie atop the leaderboard.

Five players are within two shots of the leaders:

Jin Young Ko (69), Bronte Law (69), Megan Khang (70), Lydia Ko (72) and Jodi Ewart Shadoff (73).

"There's a lot of girls stacked up on the leaderboard," Korda said. "So you know, I'm just going to be one of those girls that's fighting for it."

MLB: Tampa Bay Rays

Success, innovation begat departures

By ANTHONY PEREZ
TAMPA BAY TIMES

LOS ANGELES — The

Rays' way is spreading. The number of teams that began using an

opener to start games, and even more that began analyzing and considering it, is the highest profile and most impactful example.

Literally game-changing.

Then there was last week's double play, the hiring of coaches Rocco Baldelli (by the Twins) and Charlie Montoyo (Blue Jays) as managers — the most recent example of teams hoping to tap into their success, in process and performance, a different way. Similarly, the interest by the Mets and Giants in senior vice president Chaim Bloom for a general manager job.

To be clear, Baldelli

and Montoyo certainly got hired on their merits, and they might have gotten the exact same opportunities, or even better, had they been working elsewhere.

But there is definitely a sense of curiosity in the industry about how the Rays do things — and clearly not everything they think of and try works out — and hiring from their staff is one way to access some of those processes. Even though they had been let go, former pitching coach Jim Hickey (who went to the Cubs) and hitting coach Derek Shelton (Blue Jays, Twins) were debriefed as well.

So, apparently, is trading for their players, as RHP Nathan Eovaldi found out when he got shipped to Boston in late July.

"When I got traded over here, that was some

of the questions I was asked, 'Why are the Rays so good? What are they doing over there to be so successful?'" Eovaldi said before his epic World Series performance Friday night. "And it starts with the management. (Manager Kevin) Cash does a really good job over there, and Charlie got hired with Toronto and Rocco is with the Twins now."

"When I was hurt in 2017, when I was rehabbing down there (and spending games) in the dugout, I'm picking the players' minds, but I'm also picking the coaches' minds. And I learned a lot from Rocco just about the small things."

"So just picking his mind and learning the little things about the game from him. I feel like a lot of the teams, when you have good success, the coaches end up going

somewhere else."

Red Sox manager Alex Cora had praise for both Baldelli, whom he credited for improvement in the Rays' running game, and Montoyo, a fellow Puerto Rican, for being "a great baseball man."

The Rays are now tasked with replacing two coaches, which comes as the Jays and Twins along with the Angels and Reds, who also just hired managers, are also looking to do so. (And the Rangers and Orioles eventually will.)

That process includes coming up with a list of names and considering restructuring since Baldelli's field coordinator position was created to match his skills.

The Rays like to promote from within, but it wouldn't be a surprise for them to go outside for at least one new coach. Between the

two hires, they need at a

native Spanish speaker and an infield expert. As for the bench coach, Montoyo's vast game managing experience (in the minors) and quick thinking/anticipating seemed good assets for Cash, and may be logical prerequisites.

Rays rumblings

There's nothing official, but the usual Mets sieve-like news leaks sure make it appear they are picking agent Brodie Van Wagenen for the GM job over Bloom. As disappointed as Bloom (also a candidate for the Giants job) might be, this is probably a good thing long term. ... LHP Blake Snell joined Boston LHP Chris Sale and Houston RHP Justin Verlander as finalists for the players-voted AL outstanding pitcher award to be announced Nov. 27. (Cy Young news

comes Nov. 14.)

Not sure there was an obvious candidate — maybe Joey Wendle at second base? — but it sure seemed odd as good as the Rays defense was to have no Gold Glove finalists. ... Ex-Ray Corey Dickerson is a finalist for the NL leftfield award. ... With information gathering complete, the next procedural step in the grievance filed by the union against the Rays (and three other teams) over usage of revenue sharing funds would be talks to either settle or go to a hearing before an arbiter. ... The annual Fan Fest is slated for Feb. 9. ... The downtown Tampa Con Agra plant site that Lightning owner Jeff Vinik just bought had been of interest to the Rays for a stadium, but Tampa officials told them in 2016 it likely wouldn't be available. Hmm.

SCOREBOARD

PRO BASEBALL

PLAYOFFS

All times Eastern
WORLD SERIES
(Best-of-7; x-if necessary;
All games televised on FOX)

BOSTON 2, L.A. DODGERS 1
Oct. 23: Boston 8, Los Angeles 4
Oct. 24: Boston 4, Los Angeles 2
Friday: Los Angeles 3, Boston 2, 18 innings
Saturday: Boston at Los Angeles, late
Today: Boston at Los Angeles, 8:15 p.m.
x-Tuesday: Los Angeles at Boston, 8:09 p.m.
x-Wednesday: Los Angeles at Boston, 8:09 p.m.

Green Bay at L.A. Rams, 4:25 p.m.
San Francisco at Arizona, 4:25 p.m.
New Orleans at Minnesota, 8:20 p.m.

Monday's Game
New England at Buffalo, 8:15 p.m.
Open: Dallas, Tennessee, L.A. Chargers,
Atlanta

COLLEGE FOOTBALL

THE AP TOP 25 RESULTS/SCHEDULE

TODAY
Oct. 25
No. 13 West Virginia 58, Baylor 14
Georgia Southern 34, No. 25 Appalachian St. 14

Friday
No. 23 Utah 41, UCLA 10

Saturday
No. 2 Clemson 58, Florida State 10

No. 3 Notre Dame vs. Navy, late

No. 6 Texas at Oklahoma State, late

No. 7 Georgia 36, No. 9 Florida 17

No. 8 Oklahoma 51, Kansas State 14

No. 12 Kentucky 15, Missouri 14

Bogaerts ss .7 0 0 0 1 3 .267
Moreland 1b .5 0 0 0 0 2 .000 California 12, No. 15 Washington 10

Eovaldi p .2 0 0 0 0 2 .000 Mississippi State 28, No. 16 Texas A&M 13

Martinez lf-rf-lf .3 0 0 0 1 2 .300 No. 17 Penn State 30, No. 18 Iowa 24

2-Kinsler pr-2b .3 0 0 0 0 1 .100 No. 19 Oregon at Arizona, late

Holt 2b-f-rf-if .6 1 0 1 0 1 .167 Northwestern 31, No. 20 Wisconsin 17

Devers 3b .3 0 0 0 0 2 .111 Houston 57, No. 21 South Florida 36

e-Nunez ph-3b .4 0 2 0 0 0 .600 No. 22 NC State at Syracuse, late

Bradley Jr. cf-lf-cf-1f-cf .5 1 2 1 2 1 .250

Vazquez c-1b .7 0 1 0 0 1 .200 Oct. 23

Porcello p .0 0 0 0 0 0 --- SOUTH

Rodriguez p .0 0 0 0 0 0 --- Troy 38, South Alabama 17

a-Swihart ph .1 0 0 0 0 0 .000 Oct. 25

Kelly p .0 0 0 0 0 0 --- EAST

Brasier p .0 0 0 0 0 0 --- West Virginia 58, Baylor 14

M.Barnes p .0 0 0 0 0 0 --- SOUTH

c-Benintendi ph .1 0 0 0 0 1 .444 Georgia Southern 34, Appalachian State 14

Price p .0 0 0 0 0 0 --- Georgia Tech 49, Virginia Tech 28

Kimrel p .0 0 0 0 0 0 --- MIDWEST

f-Pearce ph .0 0 0 0 1 0 .000 Ohio 52, Ball State 14

Hembree p .0 0 0 0 0 0 --- Toledo 51, Western Michigan 24

Leon c .2 0 1 0 1 1 .500 Friday's Games

EAST

LOS ANGELES AB R H BB SO AVG. Boston College 27, Miami 14

Pederson lf .7 1 1 0 0 3 .100 **SOUTH**

Maeda p .0 0 0 0 0 0 --- Louisiana Tech 21, FAU 13

Urias p .0 0 0 0 0 0 --- MIDWEST

h-Kershaw ph .1 0 0 0 0 0 .000 Minnesota 38, Indiana 31

Wood p .0 0 0 0 0 0 --- FAR WEST

Turner 3b .8 0 2 0 0 2 .294 Utah 41, UCLA 10

Muncy 1b-2b .6 2 2 1 2 1 .333 Wyoming 44, Colorado State 21

Machado ss .7 0 1 0 0 1 .214 Saturday's Games

Bellinger cf .7 0 1 0 0 2 .100 EAST

Puig rf .7 0 2 0 0 0 .231 Central Connecticut State 49, Wagner 24

Grandal c .3 0 1 0 1 2 .250 Colgate 38, Georgetown 0

1-A.Barnes pr-c .2 0 0 0 1 0 .000 Columbia 17, Yale 10

Taylor 2b .4 0 0 0 1 1 .000 Dartmouth 24, Harvard 17

Madson p .0 0 0 0 0 0 --- Delaware 40, Towson 36

Alexander p .0 0 0 0 0 0 --- Holy Cross 56, Lehigh 0

Floro p .0 0 0 0 0 0 --- Lafayette 21, Fordham 13

g-Freese ph-1b .2 0 0 0 0 1 .429 New Hampshire 34, Villanova 0

Buehler p .2 0 0 0 0 2 .000 New Hampshire 34, Villanova 0

b-Kemp ph .1 0 0 0 0 0 .125 Penn 13, Brown 7

Jansen p .0 0 0 0 0 0 --- Penn State 30, Iowa 24

d-Dozier ph .1 0 0 0 0 0 .000 Pittsburgh 54, Duke 45

Baez p .0 0 0 0 0 0 --- Princeton 66, Cornell 0

Hernandez 2b-1b .3 0 1 0 0 0 .111 Rhode Island 21, William & Mary 10

Sacred Heart 49, Bryant 26

TOTALS 61 3 11 2 5 15

BOSTON 000 000 010 000 100 000-2 71 St. Francis (Pa.) 20, Robert Morris 7

L.A. 001 000 000 000 100 001-3 111 UMass 22, UConn 17

No outs when winning run scored.

a-grounded out for Rodriguez in the 6th.

b-grounded out for Buehler in the 7th. c-struck out for M.Barnes in the 9th. d-popped out for Jansen in the 9th. e-flied out for Devers in the 10th. f-walked for Kimbel in the 11th. g-grounded out for Floro in the 14th. h-lined out for Urias in the 17th.

i-ran for Grandal in the 9th. 2-ran for Martinez in the 10th.

E-Kinsler (1), Alexander (1). LOB—Boston 9, Los Angeles 12, 2B—Leon (1), Turner (1), Muncy (1), HR—Bradley Jr. (1), off Jansen; Pederson (1), off Porcello; Muncy (1), off Eovaldi. RBIs—Bradley Jr. (1), Pederson (1), Muncy (1), SB—Holt (1). CS—Pederson (1), T-B—Turner (1). S—Porcello.

Runners left in scoring position—Boston 4 (Betts 2, Bogaerts 2); Los Angeles 3 (Muncy, Machado, Dozier). RISP—Boston 1 for 7; Los Angeles 1 for 4.

Runners moved up—Bellinger, FIDP—Nunez, GIDP—Bogaerts.

DP—Los Angeles 2 (Bellinger, A.Barnes), (Machado, Muncy, Freese).

BOSTON IP H R ER BB SO NP ERA Monmouth (NU) 24, Incarnate Word 21

Porcello .4 2 3 1 1 5 1 61 .714 214 179 SC State 27, Howard 21

Rodriguez .1 0 0 0 0 1 6 0 .500 174 219 Lamar 24, Stephen F. Austin 17

Kelly .1 1 0 0 0 0 12 0.00 0 .000 174 219 Sacramento 17, Norfolk St. 3

Brasier .1 1 0 0 0 1 18 5.40 5705 56, Davidson 53

M.Barnes .1 1 0 0 0 2 23 0.00 0 .000 219 219 Virginia 31, North Carolina 21

Price .2 1 0 0 0 1 13 2.70 Wake Forest 56, Louisville 35

Kimbel .1 1 0 0 0 1 28 0.00 Wofford 42, Mercer 21

Hembree .1 0 0 0 1 25 0.00 Arkansas St. at Louisiana-Lafayette, late

Eovaldi, L-0-1 .6 3 2 1 5 97 1.12 Central Arkansas at McNeese State, late

LOS ANGELES IP H R ER BB SO NP ERA Houston Baptist at Northwestern State, late

Buehler .7 2 0 0 0 7 108 0.00 Jackson State at Southern U., late

Jansen, BS, 1-1 .2 1 1 0 2 32 4.50 Tennessee at South Carolina, late

Baez .2 1 0 0 2 1 26 4.25 FIU at W. Kentucky, late

Madson .1 0 0 0 0 2 0 0.00 MIDWEST

Alexander .1 1 1 1 1 19 6.75 Akron 17, Cent. Michigan 10

Floro .1 2 1 0 0 1 32 4.00 Army 37, E. Michigan 22

Maeda .2 1 0 0 1 5 36 0.00 Dayton 38, Butler 28

Wood, W-1 .1 0 0 0 1 0 15 3.86 Indiana St. 43, Youngstown St. 17

Inherited runners-scored—Rodriguez 1-0,

Kimbel 1-0, Floro 1-0.

Umpires—Home, Ted Barrett; First, Chad Fairchild; Second, Jeff Nelson; Third, Jim Reynolds; Right, Kerwin Danley; Left, Fieldin Culbreth.

T-7:20. A-53,114 (56,000).

PRO FOOTBALL

NFL

All times Eastern

AMERICAN CONFERENCE

EAST W L T PCT. PF PA

New England 5 2 0 .714 214 179

Miami 4 4 0 .500 174 219

N.Y. Jets 3 4 0 .429 182 176

Buffalo 2 5 0 .286 81 175

SOUTH W L T PCT. PF PA

Houston 5 3 0 .625 197 167

Tennessee 3 4 0 .429 106 127

Jacksonville 3 4 0 .429 116 146

Indianapolis 2 5 0 .288 189 185

NORTH W L T PCT. PF PA

Cincinnati 4 3 0 .571 184 203

Pittsburgh 3 2 1 .583 171 154

Baltimore 4 3 0 .571 176 101

Cleveland 2 4 1 .357 151 177

WEST W L T PCT. PF PA

Kansas City 6 1 0 .857 260 182

L.A. Chargers 5 2 0 .714 195 163

Denver 3 4 0 .429 165 164

Oakland 1 5 0 0 .167 110 176

NATIONAL CONFERENCE EAST W L T PCT. PF PA

Washington 4 2 0 .667 126 121

Philadelphia 3 4 0 .429 154 138

Dallas 3 4 0 .420 140 177

N.Y. Giants 1 6 0 .143 137 185

New

COLLEGE FOOTBALL

Ocala couple pledges \$20 million for FSU football facility

By MATT BAKER
TAMPA BAY TIMES

OCALA — Al and Judy Dunlap have assembled a family compound over the years.

There's the lake house, and the farm house, and the main home, all surrounded by horse pastures and guarded by an army of animal statues.

Soon enough, the Florida State football program will feel the same way — like one giant Dunlap complex.

The Seminoles' practice fields, indoor practice facility and champions club seating

area are all named after this married couple of 50 years. When FSU's football-only facility opens in 2021, the Dunlaps' name will be on it, too, thanks to their \$20 million pledge. The Seminoles announced that donation before Saturday's Clemson game as part of their \$100 million fundraising campaign.

Add in their previous contributions, and the Dunlaps' donations to the Seminole Boosters top \$40 million — all from a Northern couple with no previous ties to the school.

The relationship

began when Al, a former lightning-rod business executive, was asked to include FSU on his speaking tour twenty-something years ago.

"The first words out of my mouth at FSU were, 'Geez, you have classrooms. I thought you just had sports facilities,'" said Al, 81.

He and Judy learned that FSU had more than football fields, but it needed more, too.

"I used to always say, 'I am really concerned about leadership in America,'" Judy said. "I must have said it enough times, because they then came and presented us

the opportunity to build this student success center."

FSU dedicated that Albert J. and Judith A. Dunlap Student Success Center in 2008 to help all students prepare for interviews and learn about leadership and community service.

Eventually, their contributions veered toward their mutual interest in sports. Judy was active in athletics growing up in Wisconsin, and Al's football success as a kid in New Jersey got him to West Point.

But with football and college, Al became a successful, albeit

controversial, businessman. He earned the nickname "Chainsaw Al" for the way he ruthlessly cut expenses and employees. Many of his stops needed turnarounds. His overhaul of Scott Paper was a success, but his career at Sunbeam ended in a fraud scandal.

Now retired, Al said he wanted to get involved in the football facility because it would boost the program's efficiency by placing everything in one, \$60 million, 122,000-square-foot complex.

"It's going to put all of their facilities, the football fields, the training,

in one area," Al said.

The Dunlaps' donation comes during a down season for the Seminoles, who are in danger of having their NCAA-record 36-year bowl streak snapped.

But Al remains optimistic about the Seminoles' future under coach Willie Taggart.

"He's doing a turnaround, and as a guy who turned around nine multi-billion-dollar corporations on three continents, I know what he's up against," Al said. "I know about the criticism, and I know what it takes. And he's going to do it."

COLLEGE FOOTBALL: Florida Atlantic

Louisiana Tech ends FAU's 10-game home winning streak 21-13

BOCA RATON, Fla. (AP) — J'Mar Smith threw for 217 yards and a touchdown and Louisiana Tech beat Florida Atlantic 21-13 on Friday night to snap the Owls' 10-game home winning streak.

Louisiana Tech (6-2,

4-1 Conference USA), which is bowl eligible for the fifth straight season, scored two touchdowns in the final three minutes of the first half for a 14-10 lead.

Smith found Teddy Veal in the end zone to

extend Louisiana Tech's lead to 21-13 with 8:27 remaining. FAU appeared to get the ball back with just over two minutes left, but Louisiana Tech's drive was extended after a 15-yard penalty on the punt.

Jaqwis Dancy rushed for 116 yards and one touchdown for Louisiana Tech. Defensive end Jaylon Ferguson broke the C-USA career sack record in the first half with his 38th.

Rafe Peavey made his

first start of the season, replacing seven-game starter Chris Robison, and was 15-of-26 passing with an interception for FAU (3-5, 1-3). Devin Singletary carried it 19 times for 171 yards and one touchdown.

Singletary scored on the opening drive for his nation-leading 15th rushing touchdown of the season. He's tied with quarterbacks Eric Crouch and Colin Kaepernick for 11th in FBS history with 59 rushing touchdowns.

NFL: Tampa Bay Buccaneers

It's not a fantasy, Tampa Bay has the NFL's No. 1 offense

By RICK STROUD
TAMPA BAY TIMES

TAMPA — You want Jason Licht as your general manager. Let him pick your players. He's absolutely going to crush it.

For your fantasy football team.

Isn't that what the Buccaneers have become?

The Bucs have the No. 1 offense in the NFL, averaging 449.5 yards per game. Kansas City? The Rams?

Puh-leeeeze. The Bucs have the league's best passing offense, averaging 376.8 yards per game. It doesn't seem to matter who plays quarterback, either. Ryan Fitzpatrick set an NFL record with three straight games of more than 400 yards passing and at least three touchdowns. Even that wasn't enough to keep him from losing his job to Jameis Winston when his three-game suspension ended.

Credit Licht for providing coach Dirk Koetter

the kind of skill players that any offensive-minded coach would love.

Mike Evans. DeSean Jackson. O.J. Howard. Cameron Brate. Adam Humphries. Chris Godwin.

"You've got five guys with over 20 catches and everybody has touchdowns and produce vertically down the field," said Bengals coach Marvin Lewis. "So yeah, they're doing a great job spreading the football around and guys are taking advantage of their opportunities."

In fact, the Bucs are on pace to produce an astonishing 7,192 total yards of offense. That would put them within striking distance of the Greatest Show of Turf, the St. Louis Rams in 2000, when they compiled an NFL record 7,335 yards. (Since broken by the 2011 Saints at 7,474).

"I remember. Kurt Warner, Marshall Faulk, Torry Holt, Issac Bruce,"

Bucs quarterback Jameis Winston said reeling off the play-makers for the Rams.

"I say every week it's a blessing to have the people we have on this team. Really at every level of this offense, starting with the offensive line, in the backfield and guys outside on the perimeter. That's a credit to the guys upstairs, Jason Licht. It's a blessing to be a quarterback in this type of offense and to have those types of weapons."

For years and years, the only identity the Bucs had was defense. From Lee Roy Selmon to Derrick Brooks and Warren Sapp. And what happened?

They lost 9-0 to the Rams in the NFC Championship game to end the '79 season. Twenty years later, Tony Dungy's team led the Greatest Show of Turf 6-5 and were 4:44 from the Super Bowl when the Rams' Kurt Warner found Ricky Proehl for a touchdown.

"I think he had a great off-season, a great training camp," offensive coordinator Todd Monken said. "He's playing at a very high level. Playing fast. He really is concentrating on yards after catch. He's doing a better job there. His releases. We try to move him around a little bit, but there's such comfort in him in the

Even the Bucs' Super Bowl XXXVII championship team was driven by D. Five interceptions spearheaded the 48-21 victory over the Raiders.

But now? The Bucs are a fantasy fanatic's dream.

The Bucs should finish in the top 10 in the NFL in total yards for the third time in four seasons since Koetter arrived. Prior to that, they did it three other times in franchise history.

Evans has become among the most productive receivers. He is 10th in the NFL with 591 yards on 40 receptions, a 98.5 average, with three touchdowns.

"I think he had a great off-season, a great training camp," offensive coordinator Todd Monken said. "He's playing at a very high level. Playing fast. He really is concentrating on yards after catch. He's doing a better job there. His releases. We try to move him around a little bit, but there's such comfort in him in the

positions we put him. So having the weapons we have, we never look at it as a mismatch for us."

Jackson got off to an incredibly hot start. He still leads the NFL with a 22.9 yard average. Jaccop was putting up 106 receiving yards per game until Winston returned. In standard league scoring for fantasy football, he's scoring about 13 points per game. Evans is just behind him at 12.3 per game.

Both Fitzpatrick (26.25 points) and Winston (22) are pretty productive. By comparison, Chiefs quarterback Patrick Mahomes is at the top of the food chain at 28 points per game.

Howard (7.8) and Brate (5.4) are more than serviceable tight ends.

Where the Greatest Show on Turf comparison breaks down is on several levels. Start with the fact that the Bucs have nobody who resembles Marshall Faulk — or the Rams Todd Gurley for that matter. The

Bucs are 31st in rushing offense, averaging 85.5 per game.

Still, when you can remember Sapp pleading to the Bucs offense to "just give me 17 (points)," watching the Bucs average 27.8 points per game is, well, kind of a Tampa Bay fan's fantasy.

Winston, who says he never played fantasy football when he was at Florida State, insists the only points he's interested in are the ones on the scoreboard.

"One thing about the Greatest Show on Turf, they went to the playoffs," Winston said. "They won the Super Bowl. Those are the aspirations we have as a team."

Or as Koetter says, "Yards and stats are nice to look back on later. But right now you've got to get one more point than the other team. Yards have to transfer to points, points have to transfer to wins. That's really the only way you can look at it right now."

NBA

Austin Rivers embraces challenge of excelling as a pro without stigma of playing for his father

By ANDREW GREIF
LOS ANGELES TIMES (TNS)

LOS ANGELES — Doc Rivers this week listed all that had happened in his son's life since he was traded this summer.

"Going to a new city, find a new apartment, new baby," the Los Angeles Clippers' coach said. "There was a lot of change for him."

Austin Rivers is the first to say that not all change is bad.

The Clippers (3-2) and Washington Wizards (1-4) meet Sunday at Staples Center in the first on-court reunion of the father and son who became the first in NBA history to share a sideline. They also saw their coach-player relationship become one of the most scrutinized in all of the NBA and a frequent target for complaints of favoritism during 3 1/2 years together.

The Clippers dealt Austin Rivers to Washington on June 26 in exchange for center Marcin Gortat.

"That was a tough day," Doc Rivers said. "It would

have been a lot tougher if it hadn't have been for Austin. Austin handled that so well it made me feel good. He talked about, 'Listen, we did something no one's ever done in the history of the game.' There were some ups and downs to it, but there were more ups than downs and he was very thankful."

Thankful, Austin Rivers said this week in the debut episode of his podcast, "Go Off," because when his father traded for him in January 2015 he was a "below-average pro trying to figure it out."

"Let's call it for what it is," he said. "I played for my father in the NBA, that's crazy. I never thought I would want to do that or actually do it and then it happened."

During 243 games with the club the former 10th overall pick in the 2012 draft averaged 11.1 points a game, played well in three playoff appearances and salvaged his career. The 6-foot-4 guard averaged a career-high 15.1 points last season and exercised a \$12.6 million player option in June. Five

days later while training in Miami with future Wizards teammate John Wall, he received a call from Clippers assistant Sam Cassell warning that a trade was in the works.

"I'm sitting there like, 'What? What?' he said of the chat with one of his position coaches. "And then like that I get a call. Once Doc and Lawrence (Frank, Clippers president of basketball operations) call it's real."

Also real was the increasing desire to uncouple his career from that of his father.

As the team's president of basketball operations at the time, Doc Rivers drew criticism not only for acquiring his son in a trade in 2015 but extending him a three-year contract worth \$35 million one year later.

Former Clipper Glen Davis, while complaining about being coached by Doc Rivers in a 2017 Instagram video, also criticized Austin Rivers as a "bum who's been given the world. Shut up, and just stay under your father."

Michael Eaves, reported in 2017 that Chris Paul felt Austin was entitled, that Doc Rivers treated him differently and also killed a trade for Carmelo Anthony because it would have shipped out Austin. Both Rivers called the Anthony trade report false.

Not everyone who shared a locker room with Doc and Austin Rivers called the dynamic a problem.

"There's a lot of good things and also things that are like, 'OK, this is a challenge,'" said Luc Mbah a Moute, who played for the Clippers from 2015-17 and returned this summer after one season with Houston. "I think they handled it well. I think they were successful at it. I think Austin is a good player and he went out and competed every night. I think Doc at least had the right intentions to make the right decisions when I was on the team."

"(Austin) was a big part of what we were doing and I think the reason why we were not successful or why we were successful, it's not because of that."

relationship."

Said Clippers forward Danilo Gallinari, who joined the organization last season: "Austin had a great year for us last year. You'd think that it could be a weird situation or a strange situation, but it was fine."

Austin Rivers said he communicated to Cassell and his father last season his uncertainty whether to re-sign as a free agent in 2019. If he played well elsewhere, he believed, there would be "no more daddy-son talk."

"This is no BS, no ... I love the Clippers organization, how could I not?" Austin Rivers said. "I came there as a kid and developed into a man. I came there as an unprofessional and developed into a professional and came in there as an OK player leaving as a starting-level player. So everything I did there I appreciate."

"But I felt like my head was hitting a ceiling because I was ultimately playing for my dad and no matter what I did it always came back to that. ... I could score 60, 50,

40, whatever and people would be like, 'Oh, his dad's the coach....'

"From a public standpoint it was rough like, I don't know if I want to do this anymore. I would like to go somewhere else and just be free. When I got traded after that a part of me was sad because I'm leaving my family and my friends and the people I grew there, but part of me was like, this is what I've been waiting for."

Doc Rivers said he was proud of his son's handling of the attention, which began when he was a top-rated high school player in Florida. Austin was often compared to his father and older brother, Jeremiah, who played at Georgetown and Indiana.

"I thought what he did the best here was he played the biggest in the biggest moments, which is what you needed him to," Doc Rivers said. "There was a lot of focus on him all the time and that was too bad but that's just life in general. Overall, I really enjoyed coaching him."

Come Sunday, he'll coach against him.

No. 8 Oklahoma dominant in win over Kansas State

NO. 8 OKLAHOMA 51, KANSAS STATE 14

NORMAN, Okla. (AP) — Kyler Murray passed for 352 yards and three touchdowns and ran for another score to help Oklahoma beat Kansas State.

The Sooners (7-1, 4-1 Big 12) rolled up a season-high 702 total yards and only punted once, and that was in the fourth quarter after Murray was done for the day.

CeeDee Lamb caught four passes for a career-high 160 yards and two touchdowns, and Kennedy Brooks ran for 94 yards and two scores. The Sooners won their second straight since losing to Texas.

Oklahoma held Kansas State (3-4, 1-4) to 245 yards. Alex Barnes, who entered the game as the Big 12's leading rusher, was limited to 28 yards on 13 carries.

The Sooners gained 209 yards in the first quarter and took a 17-0 lead. Murray threw two touchdown passes in the period, including an 82-yard connection with Lamb.

NO. 12 KENTUCKY 15, MISSOURI 14

COLUMBIA, Mo. (AP) — Terry Wilson threw a 2-yard touchdown pass to C.J. Conrad on the final play to lift Kentucky past Missouri.

Kentucky took over on its own 19 with 1:24 left. With 4 seconds left, Wilson threw toward Ahmad Wagner in the back left corner of the end zone. Wagner caught the ball out of bounds, but Missouri cornerback DeMarkus Acy was called for pass interference, giving Kentucky an untimed down that it turned into the winning score.

Lynn Bowden Jr. returned a punt 67 yards for a touchdown with 5:18 left to pull the Wildcats (7-1, 5-1 Southeastern Conference) to 14-9. Kentucky held Missouri (4-4, 0-4) without a first down on eight second-half possessions.

Wilson, who was replaced by backup Gunnar Hoak for part of the second half, completed 22 of 31 passes for 267 yards. Bowden had 13 catches for 166 yards. Benny Snell, who entered the game as the nation's fourth-leading rusher, gained just 67 yards on 19 carries.

CALIFORNIA 12, NO. 15 WASHINGTON 10

BERKELEY, Calif. (AP) — Linebacker Evan Weaver scored on a 36-yard interception return in the third quarter after Washington made a change at quarterback, and California overcome a sluggish day offensively.

The Golden Bears (5-3, 2-3 Pac-12) had only 245 yards and were limited to two field goals, but Weaver and the defense repeatedly bailed out the struggling offense while dealing a serious blow to Washington's hopes of a second Pac-12 title in three seasons.

The Huskies (6-3, 4-2) entered the day with a



AP PHOTOS

Clemson wide receiver Amari Rodgers makes a 68 yard reception and run for a touchdown in the second half of an NCAA college football game against Florida State in Tallahassee, Fla. Clemson defeated Florida State 59-10.

half-game lead over No. 14 Washington State and No. 24 Stanford but fell to second place despite not allowing an offensive touchdown.

Washington starting quarterback Jake Browning threw his 90th career touchdown pass in the first quarter but was benched late in the third after the Huskies went three-and-out on their second drive of the second half. Redshirt freshman Jake Haener replaced Browning and threw an incompletion on his first pass before Weaver picked off the pass on a third-and-8 play.

Browning returned after two series. He completed 11 of 21 passes for 148 yards.

NO. 17 PENN STATE 30, NO. 18 IOWA 24

STATE COLLEGE, Pa. (AP) — Nick Scott intercepted a pass to thwart Iowa at the Penn State 2 with 3:18 left and the Nittany Lions held on to avoid a third straight home loss.

Penn State (6-2, 3-2 Big Ten) needed one last defensive stand to hold off Iowa (6-2, 3-2), which got to the Nittany Lions 44 with less than a minute left.

On fourth-and-10 with 7 seconds left, Penn State's pass rush swarmed Nate Stanley, who flipped backward to offensive tackle Tristan Wirfs. The 300-pounder rumbled 15 yards before being dragged down with no time left.

It was a fitting end to an odd game with little sustained offense. Iowa scored on two safeties and a touchdown pass by punter Colten Rastetter to defensive tackle Sam Brincks on a faked field goal in the first half. Penn State played three series in the second quarter without starting quarterback Trace McSorley.

NORTHWESTERN 31, NO. 20 WISCONSIN 17

EVANSTON, Ill. (AP) — Clayton Thorson ran for two touchdowns and threw a scoring pass to help Northwestern beat



Penn State quarterback Trace McSorley runs 51 yards for a touchdown against Iowa during the first half of an NCAA college football game in State College, Pa. Penn State won, 30-24.



California quarterback Chase Garbers looks to pass against Washington during the first half of an NCAA college football game Saturday, Oct. 27, 2018, in Berkeley, California.

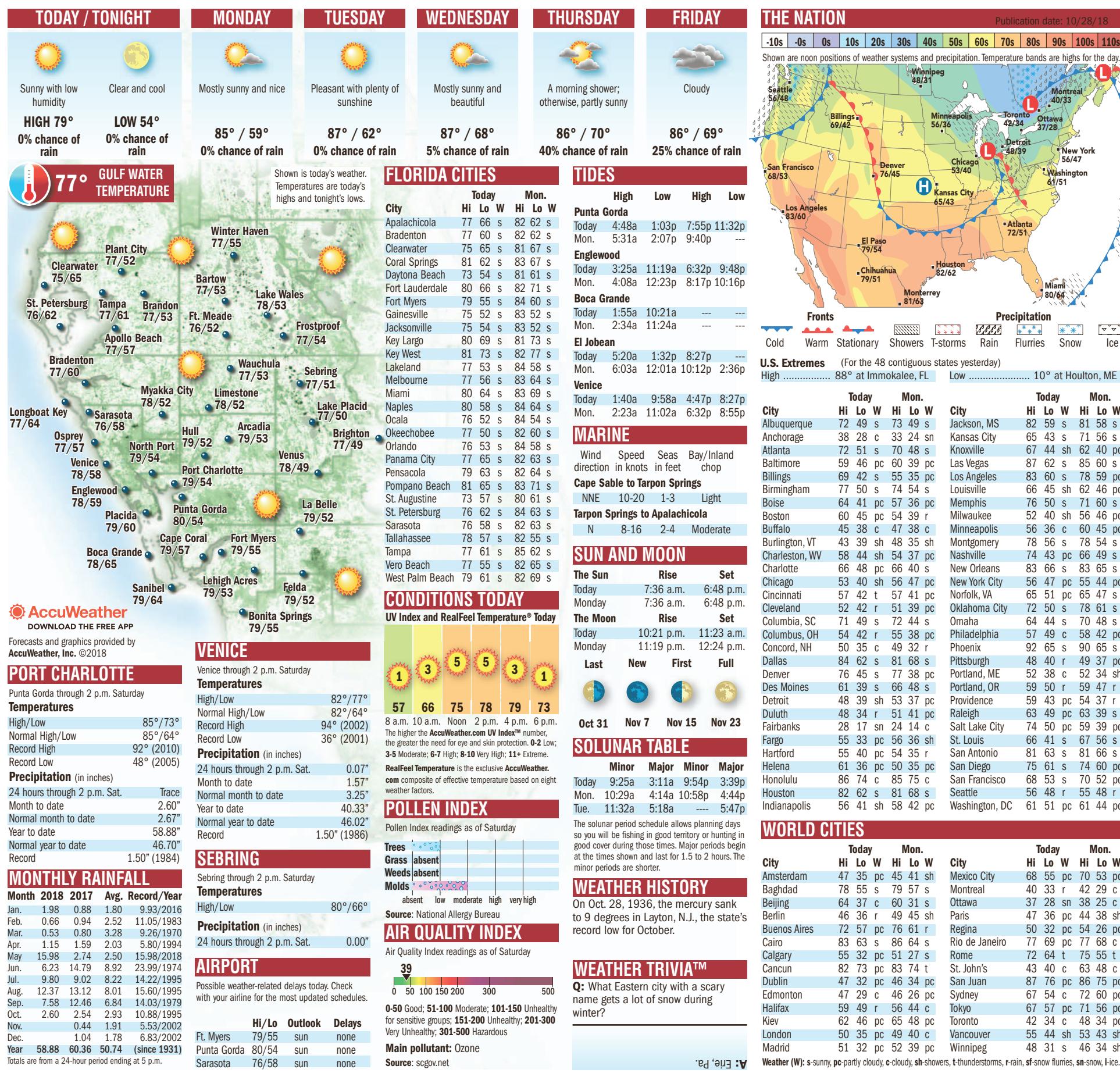
Wisconsin.

The first-place Wildcats (5-3, 5-1) solidified themselves as contenders for the Big Ten West championship while gaining some revenge for a loss at Camp Randall Stadium early last season.

With quarterback Alex Hornibrook sidelined by a concussion and the defense without several injured starters, it was a rough afternoon for Wisconsin (5-3, 3-2). Northwestern turned two fumbles by Jonathan Taylor and another by quarterback Jack Coan into 17



Kentucky quarterback Terry Wilson passes during the first half of an NCAA college football game against Missouri in Columbia, Mo.



BUSINESS/CLASSIFIEDS/ REAL ESTATE

Sunday, October 28, 2018

AVON PARK • LAKE PLACID • SEBRING

SECTION D

US new-home sales slump for 4th straight month

By JOSH BOAK
AP ECONOMICS WRITER

WASHINGTON — Sales of new U.S. homes plunged 5.5 percent in September, the fourth straight monthly drop as the housing market cools with mortgage rates rising.

The Commerce Department said Wednesday that newly built homes sold at a seasonally adjusted annual rate of 553,000 last month. New-home sales in August were downwardly revised, erasing the previously reported gain. The

annual rate of home sales has dropped 15.3 percent since May, eliminating much of the strength in sales from the first five months of 2018.

Builders had assumed that a stronger economy would push up sales, yet a greater share of new construction is going unpurchased. There is 7.1 months' supply of new homes on the market, the highest level since March 2011 when the real estate bust caused by subprime mortgages was still weighing on the economy.



THE ASSOCIATED PRESS

In this June 27 file photo, a sold sign stands in front of a home under construction in West Des Moines, Iowa. On Wednesday, Oct. 24, the Commerce Department reports on sales of new homes in September.

Housing has found itself in a downturn in recent months despite

the unemployment rate falling to a nearly half-century low of

3.7 percent.

The National Association of Realtors said last week that existing-home sales — the largest share of the market — had plummeted 3.4 percent in September to a seasonally adjusted annual rate of 5.15 million.

The major culprit for the decline in home-buying appears to be higher borrowing costs.

Average 30-year mortgage rates have climbed to 4.85 percent from 3.88 percent a year ago, according to mortgage buyer Freddie Mac. Increasing

interest rates can make homeowners less likely to upgrade to a new property if it requires them to spend more each month on repaying a home loan.

The new-home sales report is volatile on a monthly basis. But the declines in September were sharpest in the Northeast and West, the two most expensive housing markets. New-home sales slipped in the south and increased in the Midwest.

The average sales price has slumped 0.6 percent from a year ago to \$377,200.

4 tax breaks for teachers

By TINA OREM
NERDWALLET

The flood of education-related tax advice that seems to crest during back-to-school season often centers on students or their parents. But teachers can score a few tax breaks, too — if they do their homework. Three tax pros share their own lesson plans for cutting teachers' tax bills.

1. Educator Expense Deduction

WHAT IT IS: A \$250 deduction to help recoup out-of-pocket costs for outfitting a classroom, getting training or buying teaching materials.

HOW IT WORKS: K-12 teachers can take this deduction regardless of whether they itemize on their taxes or take the standard deduction. They're not the only ones eligible for this tax break, though. School counselors, principals or aides may also be able to take the educator expenses deduction if they worked at least 900 hours in a qualifying school during the school year, says Tracie Miller-Nobles, a certified public accountant and member of the American Institute of CPAs' National CPA Financial Literacy Commission.

If your spouse is also a teacher and you're filing jointly, you might qualify for a bigger deduction. "Sometimes individuals don't realize that if they're married and both spouses are eligible educators, they actually get \$500 for that deduction," she says.

2. Charitable Contribution deductions

WHAT IT IS: A tax deduction for donations to charitable organizations, including nonprofit schools.

HOW IT WORKS: If the educator expense deduction doesn't cover everything a teacher has spent out of pocket for items that end up belonging to the school, teachers might be able to deduct the rest as a charitable contribution, says Lauri Pitcher, a CPA and president and CEO of accounting firm Lucia & Co. in San Bernardino, California.



THE ASSOCIATED PRESS

In this July 24, 2017, file photo, pencils are at the ready on a teacher's desk at Bruns Academy in Charlotte, N.C. The Educator Expense Deduction is a \$250 tax deduction to help recoup out-of-pocket costs for outfitting a classroom, getting training or buying teaching materials.

Taking this deduction will require good record-keeping; it may also require working with the principal or other school administrators to get receipts that will substantiate the donations, she says. Also: You have to itemize on your tax return to deduct charitable contributions. So if you plan on taking the standard deduction — which has nearly doubled under the new tax rules — this tactic might not be for you.

3. Lifetime Learning Credit

WHAT IT IS: A tax credit — which is a dollar-for-dollar reduction in your tax bill — equal to 20 percent of the first \$10,000 spent on tuition and fees. The maximum credit is \$2,000 per return.

HOW IT WORKS: The Lifetime Learning credit is available to graduate students, which means it can be a great tax break for teachers who are pursuing a master's degree, says

Melinda Nelson, a CPA and partner at accounting firm Henry + Horne in Tempe, Arizona. Teachers who are simply taking classes to improve job skills can also qualify — pursuing a degree isn't required.

You may qualify for this tax credit if your modified adjusted gross income (MAGI) is \$66,000 or less (\$132,000 or less if you file jointly). If your MAGI is between \$56,000 and \$66,000 (\$112,000 to \$132,000 if you file jointly), you can get a reduced credit. You can't get the credit if your MAGI is over \$66,000 (\$132,000 if filing jointly).

4. Free File and VITA programs

WHAT THEY ARE: For do-it-yourself taxpayers, Free File is an IRS program that provides free brand-name tax software to people whose adjusted gross income is below a

TEACHERS | 2D



MARC VALERO/STAFF

For do-it-yourself taxpayers, Free File is an IRS program that provides free brand-name tax software to people whose adjusted gross income is below a certain threshold.

Belk Sebring supports local nonprofits

By Special to Highlands News-Sun

SEBRING — Just in time for fall, the Belk Charity Sale returns offering customers exclusive discounts on top designer brands and the opportunity to support local charities in the Sebring area. This private ticketed event will take place from 6 a.m. to 9 p.m. Saturday, Nov. 3, and the first 100 customers in each store will receive a Belk gift card ranging from \$5 to \$1,500.

Since 2012, the Belk Charity Sale has contributed more than \$50 million in donations to over 6,000 nonprofits across the South.

To access the private shopping event, customers must purchase a \$5 ticket and that \$5 ticket price will be deducted from their total purchase when they return to shop on Nov. 3. Tickets can be obtained from partnering charities, and 100 percent of proceeds will stay with that organization. Tickets can also be purchased directly from Belk, and those proceeds will be divided among that store's partner charities.

All stores across Belk's 16-state footprint are participating in the Fall Charity Sale, each partnering with organizations in the communities they call home.

SUPPORT | 2D

Flight training school open in Sebring

By Special to Highlands News-Sun

SEBRING — Sebring Flight Academy, formerly known as Leading Edge Flight Training School, is ready and open for business with a brand new TAA IFR glass panel equipped Bristell Aircraft along with a Cessna 172.

The school, at the Sebring Regional Airport, also offers FAA approved simulator training in the Redbird FMX, a superior-quality, full motion, Advanced Aviation Training Device.

"The Sebring airport has so much to offer and now a professional flight school is here," General Manager Brant Howell said. "Utilizing modern aircraft, and with housing and financing available we offer an accelerated program to become a professional pilot that is simply not available at conventional flight schools."

"It's a great time to be involved in aviation, the airlines are hiring, and career opportunities have never been better," Howell said.

"Our students have the ability to obtain their LSA instructor certificates in as little as four months and then be paid while they build time and experience,"

FLIGHT | 2D

Publix donates to Heartland Food Bank



COURTESY PHOTO

The Board of Directors and the 34 agencies served by the Heartland Food Bank extend their sincere thanks to Publix Super Markets Charities for their recent grant of \$10,000. This grant is for re-surfacing of the driveways and parking areas at the food bank which are presently in dire need of rejuvenation.

"The continued generosity of Publix to the Food Bank has enabled it, and the agencies it serves, to continue in its joint effort to provide food to needy residents of Highlands County," said the Heartland Food Bank. "Thank you Publix Super Market Charities!"

From left: Francis Van Hooreweghe, board member, Heartland Food Bank; Mike McNamara, manager, Publix South Sebring; Edd Dean, Publix district manager; Kyle Kilburn, Publix representative; and Dino Manfredi, warehouse manager, Heartland Food Bank.

FLIGHT FROM PAGE 1

he said. "We're excited to be one of the few flight training operations anywhere with all of these resources and opportunities."

Sebring Flight Academy

has been providing pilot training since 1946. Following the "Landing Doctor Code" they have provided pilots the opportunity to learn within a structured academic environment and receive a quality aviation education.

The Academy employs

professional flight instructors and a team of highly trained personnel to handle financing and housing to assure students receive the best training (and care) available in aviation. For more information, visit sebringflightacademy.com.

SUPPORT FROM PAGE 1

Several of Belk Sebring charity partners are listed below:

104.9 MRC Sebring, A Heart Like His Foundation, Alliance Church of Sebring, Avon Park Inner Wheel, Battle of the Bands, Bethel

AME Church, Big Brother Big Sister of Sebring, Great Mount Zion AME Church, Highlands Art League, North Wauchula Elementary School, New Concepts by Visions, Park Elementary School, Sanctuary Church of God, Sebring Angels Animal Rescue, Sebring High School Student Government, Sebring

Rotary Club, Sunridge Baptist Church and Vietnam Veterans of America.

If you're interested in joining Belk as a charity partner list please contact the Sebring Belk store directly to learn more.

Belk Sebring is located at the Lakeshore Mall, 901 U.S. 27 North, Suite 140.

TEACHERS FROM PAGE 1

certain threshold. For people who want human help, the Volunteer Income Tax Assistance program (VITA) is a federal grant program that helps local organizations offer free in-person tax-prep services to low- and moderate-income people.

HOW THEY WORK: You probably qualify for Free File if your adjusted gross income is under the limit (currently \$66,000). Note that even if the software for your federal tax return is free, there might be a fee for your state tax return. Visit the IRS's Free File website to check your eligibility and find the right software package. For VITA, the income

limit generally is \$54,000; the IRS website also has a VITA directory that can help you find a program in your area.

This article was provided to The Associated Press by the personal finance website NerdWallet. Tina Orem is a writer at NerdWallet. Email: torem@nerdwallet.com.



Find The Perfect Companion

In the CLASSIFIEDS!

SUN NEWSPAPERS

The Elliott Team
GUARANTEE:
Your Home SOLD
Or We Will BUY IT!!

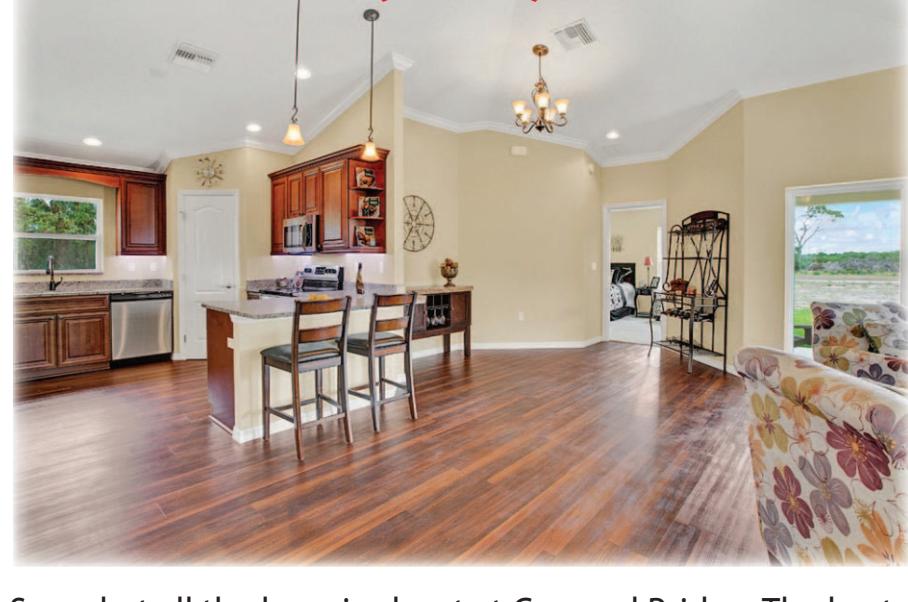
**#1 Real Estate Team in Highlands County.
No Gimmicks - Just Cold Hard Stats
223 Closed Transactions YTD
\$35 Million Sold YTD**



**THE NEW
MODEL
IS OPEN
EVERYDAY!**

Covered Bridge
Lake Placid

**AS LOW AS
5% Down***

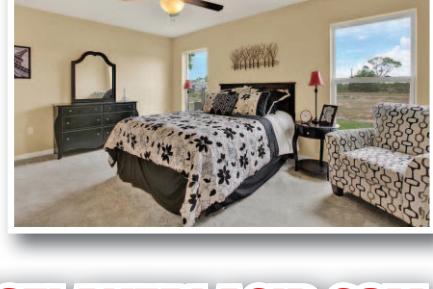


See what all the buzz is about at Covered Bridge. The best 55+ community in the area. Find out what **\$85.00** a month

HOA fees provides for you.

Walk through the beautiful new Models with 2 bedrooms, 2 baths, 2 car garage.

Call 863-455-9927



WWW.COVEREDBRIDGELAKEPLACID.COM

*Must be main residence

10460 High Grove Ave., Lake Placid, FL 33852
Directions: From US 27 S., take Lake Francis Rd West, 2 miles to Venetian Parkway, take Venetian Parkway, Follow signs to model homes.

kw
KELLER WILLIAMS.
OF HIGHLANDS COUNTY
THE ELLIOTT TEAM

**#1 Real Estate Team in Highlands County.
No Gimmicks - Just Cold Hard Stats
223 Closed Transactions YTD
\$35 Million Sold YTD**

Call to Place Your Ad TODAY 863-385-6155

CLASSIFIEDS

LEGAL NOTICES

INVITATION TO BID 14

INVITATION TO BID ("ITB")
The Highlands County Board of County Commissioners, Highlands County, Florida will receive sealed Bids in the Highlands County Purchasing Division ("Purchasing Division") for:

ITB NO. 19-014 Sale of Surplus County Owned Properties

Specifications may be obtained by downloading from our website: www.hcbcc.net, or by contacting: Jamee Soto, Purchasing Agent; 600 S. Commerce Ave, Sebring, Florida 33870-3809, Phone: 863-402-6526; Fax: 863-402-6735; or E Mail: ja-soto@hcbcc.org.

A PRE-BID meeting will not be held for this solicitation. Each submittal shall include one (1) original and (1) exact copy of the BID submission packet. BIDS MUST BE DELIVERED to the Purchasing Division, 600 S. Commerce Ave, Sebring, Florida 33870-3809 so as to read said office no later than **3:00 P.M., Monday, November 26, 2018**, at which time they will be opened. The Public is invited to attend this meeting.

The Board's Local Preference Policy ("Local Preference Policy") and Women/Minority Business Enterprise Preference Policy (W/MBE) will NOT apply to the award of this ITB.

The Board, does not discriminate upon the basis of any individual's disability status. This non-discrimination policy involves every aspect of the Board's functions, including one's access to, participation, employment or treatment in its programs or activities. Anyone requiring reasonable accommodation as provided for in the Americans with Disabilities Act or Section 286.26, Florida Statutes, should contact Mrs. Pamela Rogers, ADA Coordinator at: 863-402-6509 (Voice), or via Florida Relay Service 711, or by e-mail: progers@hcbcc.org. Requests for CART or interpreter services should be made at least 24 hours in advance to permit coordination of the service.

**Board of County Commissioners,
Highlands County, FL**

Oct. 28; Nov. 4, 2018

**Need a
new Job?
Look in the
Classifieds!**

NOTICE OF MEETING 26

NOTICE OF LANDOWNERS MEETING AND WORKSHOP ON ASSESSMENT METHODOLOGY SPRING LAKE IMPROVEMENT DISTRICT

The Spring Lake Improvement District will conduct the Annual Landowners Meeting on Wednesday, November 14th at the District Office, 115 Spring Lake Boulevard, Sebring, Florida 33876. A Public Workshop on the Assessment Methodology Study will precede the landowners meeting and begin at 10:00 a.m. The workshop will be presented by Mr. Steve McDonald, GAI Consultants. The landowners meeting will follow the workshop, and the regularly scheduled Board meeting will immediately follow the landowners meeting.

An election shall be held for electing ONE Supervisor to a Board of five Supervisors for a term expiring on the regular meeting date in November 2021 in accordance with the Florida Statutes, Chapter 90-434. The Landowners may vote in person or by proxy, in writing. Proxies are available at the District Office. At said meeting each landowner shall be entitled to cast one vote per acre of land owned and located within the District. Fractions of an acre shall be treated as one acre, entitling the landowners to one vote with respect thereto. The person receiving the highest number of votes for the office of supervisor shall be declared elected. In addition to the voting, any other business relating to the Spring Lake Improvement District as may properly come before the meeting will be heard.

EACH PERSON WHO DECIDES TO APPEAL ANY DECISION MADE BY THE BOARD WITH RESPECT TO ANY MATTER CONSIDERED AT MEETINGS IS ADVISED THAT PERSON MAY NEED TO ENSURE THAT A VERBATIM RECORD OF THE PROCEEDINGS IS MADE, INCLUDING THE TESTIMONY AND EVIDENCE UPON WHICH SUCH APPEAL IS TO BE BASED.

Joe DeCerbo
District Manager
October 28, 2018
November 3, 2018

2000 EMPLOYMENT

HELP WANTED 2001

Experienced full-time **Auto Parts Person**- computer literate, able to multi task, ability to locate and stock parts, inventory control, able to lift 30+ pounds and clean driving record. **Apply in person:** Ben Hill Griffin, 700 S Scenic Hwy Frostproof. EOE



Genpak LLC, a leading manufacturer of disposable food-service packaging, is seeking to fill the following positions in our Sebring plant.

★ Packers

- ★ Quality Inspectors
- ★ Forklift Drivers/CDL
- ★ Electrician
- ★ Maintenance Mechanic
- ★ Production Supervisor
- ★ Parts Administrative Asst.
- ★ Reception/Accounting

We offer a highly competitive compensation package, insurance & retirement benefits. **Apply in Person** at 116 Shicane Dr., Sebring, FL 33870 & bring your resume. GenPak is an Equal Opportunity Employer.

HARVESTERS NEEDED

Harvester needs 332 temporary workers to cultivate and harvest citrus, 11-25-18 to 06-15-19. The employer is **Alta Citrus, LLC**. Workers will be paid \$11.29 per hour depending on work location and piece rate(s) are offered depending on crop activity, but will be guaranteed \$11.29 per hour rate. Job location is in Polk, Highlands, Charlotte, Hardee, Desoto, Hendry, Collier, Osceola, and Okeechobee counties in Florida. Employer will guarantee the opportunity for work for the hourly equivalent of 3/4 of the hours of the work period. The employer will provide the tools necessary to perform the described job duties without charge to the worker. Housing will be provided for individual workers outside normal commuting distance. For workers residing beyond normal commuting distances, reasonable transportation and subsistence expenses to the worksite will be provided or paid by the employer after completion of 50% of the work period. Apply for this job at the Florida One-Stop Career Center office located at 683 South Adolph Point Lecanto, FL 34461. (352) 249-3278 using job listing number FL10803671.

HELP WANTED

2001

HARVESTERS NEEDED

Harvester needs 184 temporary workers to cultivate and harvest various crops 11-26-18 to 06-01-19. The employer is **Citrus Harvesting, Inc.** Workers will be paid \$11.29 per hour depending on work location and piece rate(s) may be offered depending on crop activity, but will be guaranteed \$11.29 per hour rate. Worksites are located in Hardee, Highlands, Polk, Sarasota, Charlotte, DeSoto, Manatee, Hendry, Lee, and Palm Beach counties, Florida, for Oasis Harvesting, Inc. with work beginning on or about 11/23/2018 and ending on or about 05/15/2019. The job offered requires no verifiable work experience in the crop activities listed. The minimum offered wage rate that workers will be paid is \$11.29 per hour, and piece rate may be offered. Workers must commit to work the entire contract period. Workers are guaranteed work for 3/4 of the contract period, beginning with the first day the worker arrives at the place of employment. All work tools, supplies and equipment are provided at no cost to the worker. Housing will be provided to those workers who cannot reasonably return to their permanent residence at the end of each working day. Transportation and subsistence will be provided by the employer upon completion of 50% of the work contract, or earlier. To workers who are recruited outside the area of intended employment. Applicants must provide documentation that they are eligible legally to work in the United States. Applicants should report or send resumes to Florida Dept. of Economic Opportunity, 107 East Madison Street, Tallahassee, FL 32399, (850) 245-7437, or the nearest local office of their State Workforce Agency, and reference job order #FL10802990. EOE. H-300-18282-386000.

FIELD SUPERVISORS

Farmer needs 2 Field Supervisors to provide supervision to crew members in the farm laborer/hand harvester position, 11-25-18 to 06-10-19. The employer is **Dunson Harvesting, Inc.** and workers will be paid \$12.50 - \$14.00 per hour depending on experience. Worksite is located in Floral City, Florida. One month agricultural harvesting experience is required. Employer will guarantee the opportunity for work for the hourly equivalent of 3/4 of the hours of the work period. The employer will provide the work tools, supplies and equipment at no cost to the worker. Housing will be provided for individual workers outside normal commuting distance. For workers residing beyond normal commuting distances, reasonable transportation and subsistence expenses to the worksite will be provided or paid by the employer after completion of 50% of the work period. Apply for this job at the Florida One-Stop Career Center office located at 324 6th Avenue, North, Wauchula, FL 33873. (863) 773-3474 using job listing number FL10802214.

WORKERS NEEDED

37 workers needed for **Fernando Meza Harvesting Inc.**

for citrus, fruits and vegetables harvesting from 11/15/18 to 06/15/19. Workers will be paid \$40.40 per BU, but will be guaranteed \$11.29 per hour. Job location is in Central Florida. This job opportunity is temporary, 36 hours per week guaranteeing at least 3/4 of the time offered. Free housing is provided to workers who cannot reasonably return to their permanent residence at the end of the work day. Transportation and subsistence expenses to the work site will be provided by the employer upon completion of 50% of the work contract. Tools, equipment and supplies will be provided at no cost. Job order holding office is at 107 East Madison St., Tallahassee, FL 32399 job order 10791698.

CLASSIFIED WORKS!

863 Bar, Grill & Banquets Now Hiring:

- ★ Cooks, Waitresses, Bartenders, Pastry Chef, Kitchen Manager.
- ★ FT/PT: Experience preferred Must Be Reliable & Self-Motivated
- ★ Competitive Wages!!
- ★ Start Immediately

Email resume to:

863bargrill@gmail.com

**Interviews: Tues-Thurs
10am-2pm** at 3601 Placid Lakes Blvd., Lake Placid

WORKERS NEEDED

31 workers needed for **LS Barajas, Inc.** for Citrus harvesting

from 12/05/18 to 5/28/19. Workers will be paid \$1.00+ per 90 lb tub but will be guaranteed \$11.29 per hour. Job location is in Central Florida. This job opportunity is temporary, 36 hours per week guaranteeing at least 3/4 of the time offered. Free housing is provided to workers who cannot reasonably return to their permanent residence at the end of the work day. Transportation and subsistence expenses to the worksite will be provided by the employer upon completion of 50% of the work contract.

Tools, equipment and supplies will be provided at no cost. Job order holding office is at 107 East Madison St., Tallahassee, FL 32399. Job order 10804151.

Lykes Citrus Division

Full-Time Equipment Operator:

Duties include performing general grove activities (mowing, spraying, herbicides, fertilizing), service grove equipment; performing hand labor tasks as needed.

Please Apply: online at www.LykesRanch.com or in person at Lykes Citrus Division, 7 Lykes Road, Lake Placid, FL 33852

NEED A JOB? CHECK THE CLASSIFIEDS!

Pressing Help Wanted
Apply in person: Feathers' Dry Cleaners, 161 S. Commerce Ave., Sebring

Garage Sales: 1-3 days, only \$22

1 week: \$35

2 weeks: \$49

4 weeks: \$79

Reach Over

**65,000
Readers
EVERY DAY!**

HELP WANTED

2001

MAJESTIC COVE

Janitorial Staff Member

We are looking for a dependable hard working team member. Applicants must be able to pass a background check & random drug screening. Full-time employment: M-F 8am-5pm Starting salary: \$9.50/hr. Job duties are mostly outdoors, servicing a 4-story building and include:

- ★ Use of a backpack blower 3x's weekly to blow exterior walkways, parking areas, all common areas;
- ★ Dust, clean, and/or spot wash railings, walkways, doors, window sills, light fixtures, walls and 36' slip boat dock daily;
- ★ Empty and clean trash rooms, ashtrays, etc.;
- ★ Clean, disinfect, polish, and sanitize lobby, fitness center and pool rest rooms;
- ★ Cleaning of a lakefront beach area weekly;
- ★ Use of a pressure washer monthly as needed;
- ★ Other duties as assigned.

Experience with the above job

duties is required. We will be accepting resumes via email ONLY. Please no walk ins as no one will be able to assist you. We will begin interviewing the first week of Nov 2018. Please send all resumes to:

aroth@condominiumassociates.com

WORKERS NEEDED

JBO Harvesting, Inc. is seeking 27 people to temporarily harvest citrus in various counties in Central FL 10/03/2018

to 05/15/2019. Piece rates may be offered depending on crop activity, but \$11.29 an hr is guaranteed. 3/4 of contract guaranteed. Work tools, supplies, and equipment will be provided at no cost to the worker. Free housing, for those that cannot reasonably return to their permanent residence at the end of each working day. Transportation and subsistence expenses to the worksite will be provided or paid by the employer upon completion of 50% of the work contract, or earlier. Lemons are harvested with clippers in like manner. Peaches are harvested by hand into a plastic tub without the use of a ladder. These tubs can weigh up to 25 pounds when full. Filled tubs are taken to the trailer, an empty one is picked up and the process is repeated. The worker must be able to work outside for at least 6 hours per day in all kinds of weather. Workers must also be able to stoop, squat, kneel, crouch, carry 80-100 pounds, bend (from the waist), push, pull, reach and lift. All tools, supplies and equipment will be provided at no cost to the worker. Proper work attire is required. Workers will also do miscellaneous grove clean-up by use of a hoe, shovel, rake or clippers. The highest of \$11.29 per hour or applicable piece rate will apply, depending on crop activity. 35 hours per week offered. Per 20 CFR 655.122(i) Employer guarantees work will be available for at least three-quarters of the period stated. Housing will be available at no cost for workers who cannot reasonably return home after each working day. Transportation and subsistence expenses to the worksite will be provided, or reimbursed after 50% of the work contract is completed. Interviews required. Background check is required post-hire, and will be paid for by employer. Workers must have a valid identification and Social Security Card. Apply for this job at the State Workforce Agency in your area, or at CareerSource Polk 500 E. Lake Howard Drive, Winter Haven, FL 33881 (863)508-1100 x3300 Job Order # FL10752908.

HARDEE CO. BOCC PUBLIC WORKS DIVISION

★ Senior Mechanic (FL "B" CDL) \$16.13-\$22.24/hr. + ben. pkg.

★ Solid Waste Heavy Equipment Operator (FL A CDL Air Brake and Tanker endorsements) \$13.86-\$19.11/hr. + ben. pkg.

★ Equipment Operator (FL DL) \$11.41-\$15.73/hr. + ben. pkg.

★ Bridge Worker I (FL "B" CDL) \$11.41-\$15.73/hr. + ben. pkg.

★ Parts/Warranty Technician (FL DL) \$10.93-\$15.07/hr.+ben. pkg.

Positions include 100% paid Health Insurance for Employee Coverage.

Job descriptions @ www.hardeecounty.net w/application. Submit: HR, 205 Hanchey Rd., Wauchula, FL 33873 863-773-2161.

Positions open until filled.

FLYNN MANAGEMENT CORPORATION

Maintenance Technician

Flynn Management Corporation has an excellent opportunity at our Thornbury Apartment community for a PT Maintenance person, 25 hrs. per week. Responsible for entry level duties such as basic plumbing, appliance repair, carpentry, painting, etc. Apply in person at 31 Chelsea St. Lake Placid, call 863-465-4526 or send resume to jobs@flynnmanagement.com

EVENT FACILITATOR (FT)

Application deadline: 11/4/18. For details and to apply visit http://sfsc.interviewexchange.com

863-784-7132. EA/EV VET'S PREF.

SOUTH FLORIDA State College

Chicanes

NOW HIRING:

Pantry, Line Cooks, Servers,

Bartenders, Hosts and Experienced

Floor Manager

Apply in Person between 2-4 pm

Only at 3101 Golfview Rd., Sebring

or Email Resume to:

JHAYES@CTRHS.COM

**HELP WANTED
2001**

WORKERS NEEDED
29 workers needed for S. Baragan Harvest, Inc. for citrus harvesting from 12/05/18 to 5/28/19. Workers will be paid \$1.00+ per 90 lb tub, but will be guaranteed \$11.29 per hour. Job location is in Central Florida. This job opportunity is temporary, 36 hours per week guaranteeing at least 3/4 of the time offered. Free housing is provided to workers who cannot reasonably return to their permanent residence at the end of the work day. Transportation and subsistence expenses to the work site will be provided by the employer upon completion of 50% of the work contract. tools, equipment and supplies will be provided at no cost. Job order holding office is at 107 East Madison St., Tallahassee, FL 32399 job order 10804326

WORKERS NEEDED
Sebring Citrus, Inc. is seeking 80 people to temporarily harvest citrus in various counties in Central FL 11/15/2018 to 05/31/2019. Piece rates may be offered depending on crop activity, but \$11.29 an hr. is guaranteed. 3/4 of contract guaranteed. Work tools, supplies, and equipment will be provided at no cost to the worker. Free housing, for those that cannot reasonably return to their permanent residence at the end of each working day. Transportation and subsistence expenses to the worksite will be provided or paid by the employer upon completion of 50% of the work contract, or earlier, if appropriate. All applicants will have to complete a phone interview before employment is granted. For more information, contact the Florida Department of Economic Opportunity, Office of Workforce Services, Alien Labor Certification Program, Caldwell Building, MSC-G300 107 East Madison Street, Tallahassee, Florida 32399-4140, (850) 921-3207 or Pedro Marin (863) 840-5741 and mention Job Order Number FL10792285.

**Class A CDL
Truck Drivers**
Needed to haul citrus throughout Central FL.
Must have valid Class A CDL lic. & clean driving record.
EOE/Drug Free Workplace.
Call 863-441-8323

HARDEE COUNTY UTILITIES (HCUD)

Seeking FL dual licensed Water/Water Waste operator:
★ Senior Utilities Operator ("A" & "B" lic's.) - \$23.78-\$32.78/hr + benefits; or,
★ Utility Operator II ("B/B" lic's) \$21.51-\$29.65/hr + benefits; or,
★ Utility Operator I ("C/C" lic's) \$20.55-\$28.33/hr + benefits.

Performing and organizing department O&M. Water & WW FL operator licenses, or for UOIL/SUO can obtain both "B" or higher within one year.

See complete descriptions at www.hardeecounty.net with applications to: HR, 205 Hanchey Rd, Wauchula, FL 33873, 863-773-2161. Filled as needed and based on qualifications. EOE-F/M/V

**MEDICAL
2030**

★ F/T Medical Payment Posting/Accounts Receivable Experience Required Benefits Available Submit resume to: gechevarria@floridajointspine.com

You Save Big Bucks Shopping Classifieds!

Full-Time 3p-11p Position LPN or RN
24 bed Intermediate care facility for the developmental disabled. Low patient ratio Dynamic Team Environment!

★ Essential Criteria: Current Florida RN/LPN license; Demonstrated interpersonal & written communication skills; Experience a plus but will train.

Fax resume: 863-452-2223 Attention to Angelina Cantera, DON; **Apply Online** at thementornetwork.com

Apply in Person at Florida Mentor, Avon Park Cluster, 55 E. College Dr., Avon Park. 863-453-0186

**MEDICAL
2030**

Oaks at Avon
Readers Choice Award Facility
HIRING RNs
★ New Wages ★
Full-Time & Part-Time Positions
Flexible Shifts Available
Career Advancement Opportunities
All Eligible Applicants will be interviewed Directly.
Apply at 1010 US Hwy 27 N., Avon Park or fax resume to Tammy Padilla at 863-453-5308

Oaks at Avon
A NOT FOR PROFIT FACILITY

OAKS AT AVON

Readers Choice Award Facility

◆ HIRING CNAs ◆

Full/Part-Time, all shifts

~ New Wages!!**~ Benefits for FT!!**

Apply at 1010 Hwy 27N Avon Park or fax resume to Tammy Padilla at 863-453-5308

Oaks at Avon
A NOT FOR PROFIT FACILITY

Oaks at Avon
Readers Choice Award Facility**★ HIRING LPNs ★**

Full-Time & Part-Time Career Advancement Opportunities

Highly Competitive Salaries

All Eligible Applicants will be interviewed Directly

Apply at 1010 US Hwy 27 N., Avon Park or fax resume to Tammy Padilla at 863-453-5308

Oaks at Avon
A NOT FOR PROFIT FACILITY

**MEDICAL
2030**

THE PALMS OF SEBRING
Unit Manager/ Care Team Manager
RN/LPN-Long Term Care
★ Sign On Bonus ★
Rewarding Work Environment
★ Competitive Compensation and Benefits!

Responsibilities:

- Supervise day-to-day nursing activities performed by charge nurses & the certified nursing assistants (CNA's) on their team.
- Monitor resident care to ensure it meets the federal, state & local standards, guidelines and regulations.
- Assign tasks and evaluate employee job performance.
- Mentor, coach & support unit staff.
- ★ Supervision experience and long term care experience required. Must have current Florida RN/LPN License.

Join Our Team. Voted Best in Highlands County!

Apply:
at www.palmssebring.com
Email resume to:
mbruns@palmssebring.com
or In Person at: 725 S. Pine St., Sebring, FL 33872.

CHILD/ADULT CARE NEEDED
2090

PT Driver & Adult Help Needed-looking for driver for errands & lgt housekeeping help. **863-214-8849**

Call 863-385-6155 or 863-658-0307

6000**MERCHANDISE****HIGHLANDS HOT DEALS!**

Do you have stuff to sell at \$500 or less?
Advertise your merchandise now in the Classified Section!

\$3 for 3 Lines
\$4 for 4 Lines
\$5 for 5 Lines

Call

863-385-6155 or 863-658-0307

HIGHLANDS NEWS-SUN

YOUR HOMETOWN NEWSPAPER SINCE 1919

GARAGE SALES
6014**Get BIGGER RESULTS**

with a Highlands News-Sun Garage Sale Ad-

ONLY \$22 for 4 lines.....!

Call 863-385-6155 in Highlands County

Donna Collins Estate Sale

8am to 4pm daily rain or shine

Fri, Sat, Sun Oct. 26, 27, 28

10 S. Lantana Ave.

Avon Park, Florida 33825

Refrigerator, electric lawnmower, garage shelving, TV's, Blue Ray, living room tables, Correlle, microwave, marble top dining room table w/6, china closet, Christmas, loveseat, recliners, glider/ottoman, hand knotted quilt, small appliances, washer/dryer, bakeware, cookware, glassware, yard and hand tools. Sunday 1/2 price on items marked \$1 or more.

www.estatesales.net

Sebring-Moved! 8-2 Fri thru

Sun 631 Maravilla, Harder Hall, Furn, toys, baby & toddler, wedd/home decor, Lula, pics FB

Sebring-8am Fri & Sat at 9116 Markland Lane, Go-kart frame, Lark, household, furn., bikes, car parts, boats & more!

Sebring-8am Sat & Sun at 3210 Lakeview Dr. Apt. 66 Everything Must Go! Furniture & Appliances!

Hope Street Market

Sat. Nov. 10 8:00am-1:00 pm

Vendors offer Home Decor, Garden, Home & Seasonal Gifts, Antiques, Cards & Gift Bags, Jewelry, Wood Plaques, Collectibles, Pet items, Fruit & Garden Herbs and more.

Raffles: Quilt & 50/50.

Kitchen is open at 8:00 a.m., lunch available, bake sale.

Emmanuel United Church of Christ, 3115 Hope St., Sebring, US Hwy 27 to Hammock Road on the way to Hammock State Park. Information Call 863-471-1999

SEWING
6026

Pfaff 260 sewing machine-in wood cabinet, incl. accessories. \$125. **423-839-0842- (LP)**

HOUSEHOLD GOODS
6030

Flatware Storage Chest

med brown wood, felt lining, holds service for 12, exc. cond., \$40 - 863-273-7625

Vacuum Cleaner- (2) Kirby

w/all attachments. \$80 ea;

Commercial carpet cleaner/water extractor- good cond.

\$175. **863-655-1020**

GET RESULTS USE CLASSIFIED!

FURNITURE
6035

(2) Reclining chairs- rose color, fabric. Good cond. \$40 for both. **863-385-7460**

**FURNITURE
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Tractor Supply raises money for 4-H youths

SPECIAL TO HIGHLANDS NEWS-SUN

SEBRING — Florida 4-H youth will experience valuable hands-on learning opportunities as a result of Tractor Supply's 2018 Paper Clover Campaign, a biannual fundraiser held in partnership with National 4-H Council.

Florida Tractor Supply stores collectively raised \$59,326 in 2018 through donations made with purchases in store and online.

Earlier this month, Florida Tractor Supply customers participated in the Fall Paper Clover event by purchasing paper clovers — the emblem of 4-H — for a donation during checkout at stores nationwide or through purchases made online at TractorSupply.com.

From Oct. 3-14, Florida Tractor Supply stores raised \$34,787. The Florida funds raised are a portion of the more than \$1 million nationwide grand total — marking the most successful fundraiser in Tractor Supply's history. Combined with results from the Spring Paper Clover event held

earlier this year, Florida stores raised a total of \$59,326.

According to Christi Korzekwa, senior vice president of marketing at Tractor Supply Company, there is immense value in supporting 4-H youth and their skills and interests.

"Supporting today's youth means supporting tomorrow's leaders," said Korzekwa. "Since 2010, Tractor Supply customers and team members have understood and supported the Paper Clover mission — to help provide vital hands-on learning opportunities and empower more 4-H youth to become leaders in their lives, careers and communities."

Fundraising efforts from Tractor Supply's Paper Clover event fund scholarships for numerous state-level 4-H programs nationwide, and every Florida donation benefits Florida youth. Scholarships are used for camps and leadership conferences, where attendees learn everything from animal care and woodworking to networking practices and civic

responsibility.

"Thanks to our partnership with Tractor Supply Company, its team members and the communities it serves, Paper Clover provides more youth with opportunities to learn-by-doing — something that is vital to the development of their passions and interests," said Jennifer Sirangelo, president and CEO of National 4-H Council.

"It's initiatives like Paper Clover that help empower and inspire youth to handle life's challenges, contribute to the world around them and ultimately develop into tomorrow's leaders," Sirangelo said.

The Fall Paper Clover event rounds out the ninth year of the campaign, which generated \$1,999,661 in 2018. The company's biannual fundraiser has collectively generated more than \$14.9 million in essential funding to date.

The Paper Clover campaign will return to Florida Tractor Supply stores next spring. For more information on the program, visit TractorSupply.com/4H.

10th Circuit JNC announces nominees for county court opening

SPECIAL TO
 HIGHLANDS NEWS-SUN

LAKELAND — The Tenth Circuit Judicial Nominating Commission met Wednesday, Oct. 24, and interviewed eight applicants for the Polk County Court judge vacancy created by the retirement of Judge Robert Williams.

The commission announced that the following nominees, listed in alphabetical order, have been forwarded to Gov.

Rick Scott:

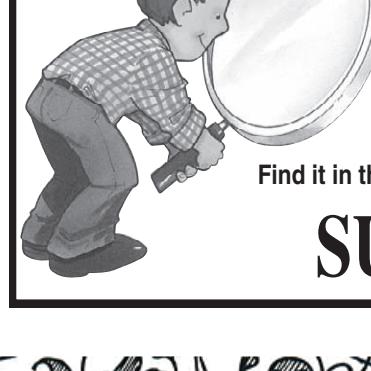
- David Ralph Carmichael of Bartow
- Robert Mark Fore of Lakeland
- Kevin M. Kohl of Lake Wales
- David E. Stamey Jr. of Bartow

Tenth Circuit Judicial Nominating Commission members are Timothy J. McCausland, Lydia Zbrzezni, E. Blake Paul, Richard E. Straughn, Benjamin W. Hardin Jr., Robert Swaine, Patrice Behnstedt and Krista

Mahalak.

For more information, contact McCausland, the chairman of the

Tenth Circuit JNC, at 863-834-6010 or timothy.mccausland@lakeland.gov.net.



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Are you afraid of your college debt?

"Ask Brianna" is a column from NerdWallet for 20-somethings or anyone else starting out. I'm here to help you manage your money, find a job and pay off student loans — all the real-world stuff no one taught us how to do in college. Send your questions about postgrad life to askbrianna@nerdwallet.com.

Student loans aren't scary the way roller coasters are — a quick hit of adrenaline and a silly souvenir photo to capture the moment. No, student loans are scary because they alter the way you see your future. They fill you with dread that you'll never have a house, a vacation to remember or a secure retirement.

It's understandable that you would avoid looking at something that gives you nightmares.

But just like exposure therapy can help people who are afraid of snakes, for example, you must face your student loans if you want to free yourself from their grasp. That dread will dissolve once you make a plan to lower your bills and say goodbye to debt.

STEP 1: FIND OUT WHERE YOU STAND

A fifth of those with student debt were behind on their payments in 2017, according to the Federal Reserve. You're far from alone if you're overwhelmed. To move beyond your fears, come face to face with what you owe, to whom you owe it and when it's due.

Go to the National



ASK BRIANNA
Brianna McGurra

Student Loan Data System, click "Financial Aid Review" and create or enter your Federal Student Aid username and password. On the next screen, you'll see a list of the federal student loans under your name. Click on the number of the loan in the left-most column to bring up details about it. You'll see the total amount left to repay and the name and website of the company that collects your bill, known as your servicer.

Next, check your credit report for private student loans. You can access one report from each of the three major credit bureaus annually at annualcreditreport.com, or you can use a free online credit reporting service. In the accounts section, student loans will likely be listed as installment loans. Take note of the company that owns the loan and what the balance is.

That's the hard part. And now it's over.

STEP 2: GET CONTROL OF YOUR BILLS

While you must know your overall student loan balance to make a strategic repayment plan, your total monthly bill is the more important



THE ASSOCIATED PRESS

In this May 22 file photo the Baker-Berry Library stands across The Green at Dartmouth College in Hanover, N.H. A fifth of those with student debt were behind on their payments in 2017, according to the Federal Reserve.

number. Not sure how much you've been paying to each bank or servicer? Log in to their online portals to find out. While you're there, note the interest rate on your loans, too.

At this point, make a list of loans that includes the company you pay, whether the loan is federal or private, the amount you owe per month, the amount you owe overall, and the interest rate. Rank the loans by interest rate, with the highest at the top.

This is what you're working with. Now, compare your total monthly payment with

your take-home pay. Are you earning enough to cover not only your loans, but also the essentials like your housing costs and food? Do you have anything left for retirement or emergency savings?

If the answer is "no" to either or both, cutting your loan bill is your priority now.

STEP 3: TAKE ACTION

To give yourself more breathing room, you have a few options:

- Sign up for an income-driven repayment plan. For federal loans, this limits your loan bill to a percentage of your income, and will free up the money you need in

other parts of your life.

- Call your lender. Your ability to pay less toward private loans depends on individual lenders' policies. Ask for lower or interest-only payments for a period of time.

- Avoid extended forbearance. While postponing your payments might sound like a good idea, reserve this for short-term stints — like a month when you have a big medical bill to pay.

- If you can't afford your loans for the foreseeable future, choose a more permanent strategy.

- If you have a month of expenses or more saved for emergencies and

you're able to contribute up to the employer match on your 401(k), you can tear into those loans. Pay off the highest-interest loans first to save the most money. Or refinance, if you have good credit or a co-signer; you may be able to get a lower interest rate, especially on higher-interest private loans, which will help you pay off loans faster.

This article was provided to The Associated Press by the personal finance website NerdWallet. Brianna McGurran is a writer at NerdWallet. Email: bmcgurran@nerdwallet.com.

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NOTICE OF CONDITIONAL USE REQUEST

PUBLIC HEARING NO. CU-18-01

YOU ARE HEREBY NOTIFIED that a PUBLIC HEARING will be held in the City Council Chambers, 368 South Commerce Avenue, Sebring, Florida 33870. An application for a conditional use permit for a home occupation will be presented to the Planning/Zoning Board and then City Council for approval. A copy of the conditional use permit application can be obtained from the Zoning Department at City Hall.

1. A public hearing before the City of Sebring Planning and Zoning Board on **Tuesday, November 13, 2018**, beginning at 5:30 pm, or as soon thereafter as possible.

2. A public hearing before the City Council on **Tuesday, November 20, 2018**, beginning 6:00 pm, or as soon thereafter as possible.

LEGAL DESCRIPTION OF THE PROPERTY CONTAINED IN APPLICATION

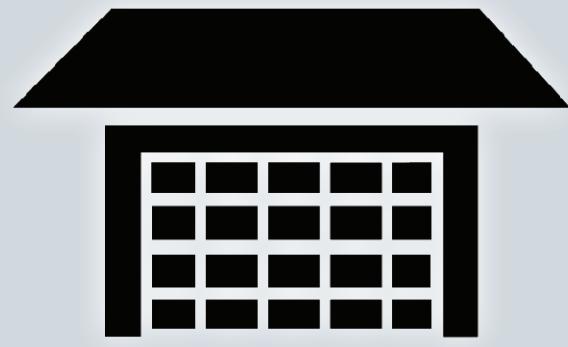
796 GOLFSIDE LN

- The City of Sebring Code of Ordinances Sec:26-132 (b)) requires all properties that lie within a Residential R1A zoning district to apply for a Conditional Use (Sec: 26-243)
- The property located 796 Golfside Lane has a zoning designation of Residential (R1A) and its owners propose to have a Home Occupation which requires a Conditional Use.

Any person or persons interested or affected by this change are invited to attend this hearing. You may submit comments in writing to the attention of Zoning Dept, 368 South Commerce Street, Sebring, Florida 33870 or you may call **(863) 471-5102**, for further information. Please reference the above hearing number when calling or writing.

ANY PERSON WHO MIGHT WISH TO APPEAL ANY DECISION MADE BY THE BOARD OF ADJUSTMENT IN PUBLIC HEARING OR MEETING IS HEREBY ADVISED THAT THEY WILL NEED A RECORD OF THE PROCEEDINGS, AND FOR SUCH PURPOSE, THEY MAY NEED TO ENSURE THAT A VERBATIM RECORD OF THE PROCEEDINGS IS MADE WHICH WILL INCLUDE THE TESTIMONY AND EVIDENCE UPON WHICH SUCH APPEAL IS TO BE BASED.

The City of Sebring and its agencies do not discriminate upon the basis of any individual's disability status. This non-discriminatory policy involves every aspect of the Council, functions, including one's access to, participation, employment or treatment in its programs or activities. Anyone requiring reasonable accommodation as provided for in the Americans with Disabilities Act should contact Scott Noethlich at (863) 471-5100.



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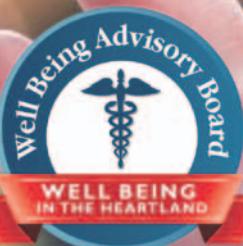
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in the Heartland

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LIVING WITH DIABETES



**Advisory Board &
magazine mark one-year
milestone Page 9**

**Do you know the
types? Page 15**

**Ways your hearing is
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**Can you reverse
diabetes? Page 19**

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Warm up your brain with these interactive puzzles

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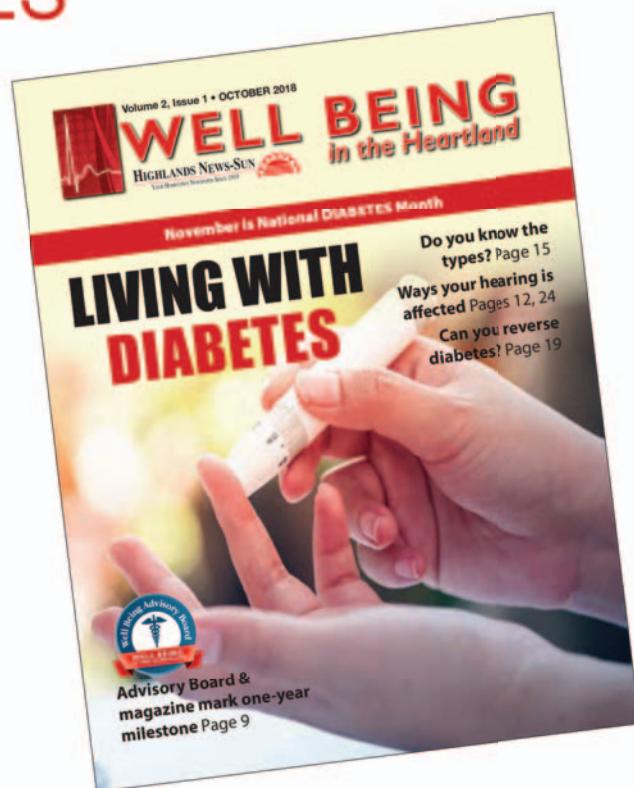
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A season of good



ON THE COVER

Living with Type 1 diabetes or knowing where to begin with a Type 2 diabetes diagnosis is challenging. Inside you will find insightful and informative articles about this condition, with the goal of disease prevention and improving the lives of those affected by it.



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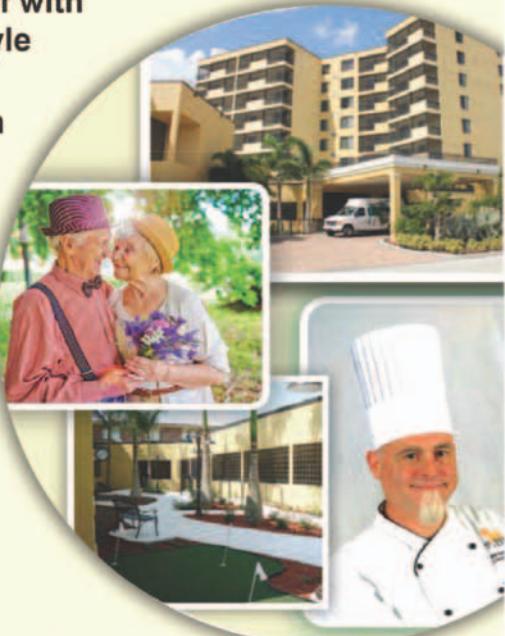
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Well Being in the Heartland

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Well Being in
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WHAT THE HEALTH?

Why should people get vaccinated against the flu?

ANSWER: Influenza is a potentially serious disease that can lead to hospitalization and sometimes even death. Every flu season is different, and influenza infection can affect people differently, but millions of people get the flu every year, hun-

dreds of thousands of people are hospitalized and thousands or tens of thousands of people die from flu-related causes every year. An annual seasonal flu vaccine is the best way to help protect against flu. Vaccination has been shown to have many benefits including reducing the risk of flu illnesses, hospitalizations and

even the risk of flu-related death in children.

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Find the **ANSWERS** on page **38**

Fall - Word List:

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WELL BEING ADVISORY BOARD

Magazine marks one year

By KAREN CLOGSTON
Editor

One year ago, Well Being in the Heartland was introduced to our readers and the Highlands County community. After a slight delay due to Hurricane Irma, the magazine released its first publication on Oct. 15, 2017.

In that first issue, the goal of this magazine was expressed to our readers: Health and well-being is one of the top concerns for our residents in Highlands County. With the ongoing changes in medical services and the importance of people taking great care of themselves in mind, the magazine seeks to be the preeminent source of health and well-being infor-

mation for the community.

To do this, the magazine is designed and published in collaboration with a local Well Being Advisory Board. The experts who serve as board members are local professionals in the health and well-being industries. The board members are committed, through their collaboration in this magazine, to provide readers with relevant information concerning well-being and health matters.

The advisory board began with 12 local professionals. One year later, the board has 18 members who strive to answer pertinent questions and submit informative articles so readers may learn more about specific issues relevant to our area. Through these efforts, these professionals

have served as consistent and reliable sources in health and well-being matters for the community.

"I am glad to be a part of it," board member Jason Biance, a Certified Financial Planner professional with J. Biance Financial, said. "A main goal of participating in this magazine is to get people to know you and this has been a great way to do that," he said.

Since the magazine's inception, readers have been presented information about issues concerning important areas: family wellness through the holidays, small and big ways to focus on one's health in the new year, heart health, nutrition's role in daily life, checkup check lists, mental health awareness and services, men's health,

ONE YEAR | 36

MEET THE BOARD



Cathy Albritton, director of marketing, community relations and CREATION Health for Florida Hospital's Heartland Region

Cathy Albritton has been on staff at Florida Hospital for 16 years. She is a seventh-generation Floridian and was born at the previous Florida Hospital in Avon Park, then known as Walker Memorial.



Julia Hitt, owner of Fountain Funeral Home in Avon Park

Julia Hitt operates Fountain Funeral Home in Avon Park and is a second-generation funeral director following in her father's, James Fountain, footsteps. She is the county's only active licensed female funeral director.



Jason Biance, CERTIFIED FINANCIAL PLANNER™ professional with J. Biance Financial in Sebring

Jason Biance and his brother, Justin, founded J. Biance Financial, an independent investment advisory practice, which has been voted Readers' Choice "Best Financial Advisor" for the last two consecutive years.



Nan Immel, community liaison and care advisor for Comfort Keepers in Sebring

Nan Immel, certified gerontologist, has been with Comfort Keepers for nine years. She attended Eastern Michigan University and taught school before getting into the health care field. Immel also serves on the New Concepts by Visions board.



Dr. Raisa Camilo, pediatrician with Sun 'N Lake Medical Group in Sebring

Dr. Raisa Camilo attended medical school at Universidad National Pedro Henriquez Ureña in the Dominican Republic. She completed her internship/residency at the Bronx-Lebanon Hospital Center in New York City. She has served Highlands County for 24 years.



Roseann Kiefer, president/owner of Lampe & Kiefer Hearing Aid Center Inc. in Sebring

Roseann Kiefer is board certified in hearing instrument sciences and has a bachelor's degree in human resource management. She has worked for Lampe & Kiefer for 37 years, taking over the family business in 1995 and became licensed in 1981.



Dr. Carlos Garcia-Prieto, Advanced Psychiatric Services of Central Florida in Sebring

Dr. Carlos Garcia-Prieto completed medical school at the University of El Salvador, his residency at Lincoln Hospital in New York and studied psychiatry at Louisiana State University. He is a member of the American Board of Psychiatry and Neurology.



Dr. Andrea Livingston, audiologist with Central Florida Hearing in Sebring

Dr. Andrea Livingston earned her bachelor's from Russell Sage College, master's from Syracuse University and her Doctor of Audiology from Arizona School of Health Sciences. She provides medical diagnostics designed to improve hearing, tinnitus and equilibrium.



Dr. John Gorsuch, Sebring Acupuncture & Natural Health

John J. Gorsuch, D.O.M, graduated from the Florida College of Integrative Medicine in 2003 with a master's in Oriental medicine and a bachelor's in professional health studies. He is completing his doctorate from Pacific College of Oriental Medicine.



Julia Mercer, director of marketing with The Palms of Sebring in Sebring

Julia Mercer spearheads community events and serves Highlands County wherever she sees a need. Julia manages the sales and admissions of the Assisted & Independent Living at The Palms.



Dr. Valerie Moulds, optometrist for Eye Specialists of Mid-Florida in Sebring

Valerie Moulds, O.D., is a board certified optometric physician. Born in Bartow, she grew up in Sebring. Dr. Moulds graduated from Nova Southeastern University and she specializes in primary care optometry, pediatric optometry, contact lenses and vision therapy.



Charlotte C. Stone, lawyer with Stone Law Group P.L. in Sebring

Charlotte C. Stone has been in the legal field for over 25 years and has been a practicing attorney in Sebring for 10 years. She concentrates in estate planning, probate and elder law at her firm, Stone Law Group P.L. in Sebring.



Lindsey Pierson, director of marketing/public information officer for Highlands Regional Medical Center in Sebring

Lindsey Pierson is passionate about community health, wellness, family and relationships. She attended Florida Gulf Coast University and has a degree in Communications with a minor in Marketing.



Dr. D. Keatley Waldron, chiropractor in Sebring

D. Keatley Waldron, DC, has been a practicing chiropractic physician in Sebring and a member of the Florida Chiropractic Association for 27 years. His practice emphasizes better health through improved spinal biomechanics, nutrition, exercise and lifestyle management; he is certified in spinal trauma.



Dr. Darrin Rotman, dermatologist with the American Institute of Dermatology in Sebring

Dr. Darrin Rotman is a board certified dermatologist and is the supervising M.D. on staff at the American Institute of Dermatology in Sebring. The dermatology practice is in its twentieth year.



Dr. David E. Willey, dentist in Sebring

David E. Willey, DMD, is a third-generation dentist who has practiced in Highlands County for 29 years. He received his Doctor of Dental Medicine from the University of Florida College of Dentistry in 1986. He has concentrated on aesthetic dentistry and full mouth reconstructions.



Wade Smith, nurse practitioner with 1st Choice Primary Care in Sebring

Wade Smith , MSN, APRN, FNP-C, has a background in patient care for infants to geriatrics in Level-1 trauma emergency rooms and rural hospitals. His state-of-the-art facility is equipped with the latest diagnostic equipment and offers a spectrum of primary care services.



Jennifer Wolf, certified physician assistant with Heartland Skin Center in Sebring

Jennifer Wolf is a certified physician assistant (PA-C). She graduated from the Physician Assistant Program in Miami Dade College in Miami. She obtained a bachelor's in Science from Florida Atlantic University.

JOIN THE WELL BEING ADVISORY BOARD

Health and Well Being is one of the top concerns for our residents in Highlands County. With ongoing changes in medical services and the importance of people taking care of themselves in mind, this magazine serves to be the preeminent source of Health and Well Being-related information for the community. It is designed and published in collaboration with a local Well Being Advisory Board. Its members are professionals in the Health and Well Being industry.

This energetic group is committed to a goal to provide readers with relevant information concerning well being and health matters. Some of the areas the Board is looking for participation include a faith-based professional and a cancer specialist. If you are interested in becoming a member of the Well Being Advisory Board, call 863-386-5844.

Hearing changes that occur due to diabetes



Andrea Livingston

Contributed column

The term "diabetes" was first used in 230 BC by the Greeks to mean "to pass through." Diabetes occurs worldwide but the highest prevalence is in developed countries.

According to the American Diabetes Association, an estimated 26 million adults in the U.S. have diabetes, of which approximately 5.7 million people don't know they have the disease because they don't recognize it since their symptoms are so gradual. It is estimated that 79 million adults have prediabetes.

Prediabetes means your blood sugar level is higher than normal but not yet



high enough to be Type 2 diabetes. Without lifestyle changes, people with prediabetes are very likely to progress to Type 2 diabetes.

If you have prediabetes, the long-

term damage of diabetes — especially to your heart, blood vessels and kidneys — may already be starting.

A 2008 study by the National

LIVINGSTON | 37

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THE ABC's of diabetes care

Brenda Garza

Contributed column

Diabetes is a serious disease, but many people do not realize just how devastating it can be. It is manageable and, in many cases, reversible [in the case of Type 2 diabetes].

Every step that is taken to reach the target range for these ABCD's will help lower your risk of complications such as heart disease, blindness, kidney failure and nerve damage leading to amputations.

Many people do not sense the need to be vigilant with their diabetes care because they do not "feel" any different. But inside the body, extensive damage occurs due to uncontrolled blood sugars.

Let's look at the ABCD's of care. Starting out simple and making small changes will truly make a big difference in your health.

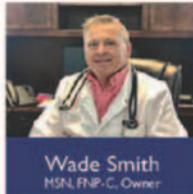
A is for the hemoglobin A1c levels. This blood test shows what the average blood glucose (sugar) has been over the past two to three months. It measures the amount of sugar that attaches to red blood cells. When red blood cells are

GARZA | 35



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What are the types of diabetes?

According to the American Diabetes Association, diabetes is a chronic, lifelong condition that affects your body's ability to use the energy found in food. There are three main types of diabetes: Type 1, Type 2 and gestational diabetes.

All types of diabetes have something in common. Normally, your body breaks down the sugars and carbohydrates you eat into glucose. Glucose fuels the cells in your body. But the cells need insulin, a hormone, in your bloodstream in order to take in the glucose and use it for energy. With diabetes, either your body doesn't make enough insulin, it can't use the insulin it does produce, or a combination of both.

Type 1 diabetes is also called insulin-dependent diabetes. It used to be called juvenile-onset diabetes, because it often begins in childhood. It is an autoimmune condition that is caused by the body attacking its own pancreas with antibodies. In people with Type 1 diabetes, the damaged pancreas doesn't make insulin.

A number of medical risks are associated with Type 1 diabetes. Many of them stem from damage to the tiny blood vessels in your eyes called diabetic retinopathy, nerves — diabetic neuropathy, and kidneys — diabetic nephropathy. Even more serious is the increased risk of heart disease and stroke.

Treatment for Type 1 diabetes involves taking insulin, which needs to be injected through the skin into the fatty tissue below.

By far, the most common form of diabetes is Type 2

TYPES | 34



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Diabetes and dental health



David Willey

Contributed column

Diabetes affects more than 30 million Americans. This statistic reflects that almost 10 percent of the population is diabetic. Research indicates that 8 million people are living with diabetes and do not know it.

Most of us understand the effects on our overall health, but do not know that diabetes plays an important role in our dental health.

Diabetes affects your body's ability to process sugars in foods. Diabetes can cause high blood sugar levels, which directly affect your eyes, kidneys, nerves, heart, teeth and gums. It is important to understand the warning signs of diabetes and the role the disease plays in your mouth.

Warning signs of diabetes are excessive thirst and the need to urinate frequently. Also, weight loss and fatigue are common symptoms of diabetes. If blood sugar levels fall too low, then one can lose consciousness and become disoriented.

Diabetes can cause several symptoms in the mouth. Diabetics typically have less saliva, resulting in a dry mouth and increase in cavities. Dry mouth can also affect your ability to taste food. Diabetes also can result in inflamed gums and increased susceptibility to periodontal (gum) disease. Diabetics tend to be more prone to infections and have delayed healing in the mouth.

Poor blood sugar control in older adults results in increase in periodontal disease.

Research indicates that 22 percent

of the diabetic population develops gum disease. Serious gum disease may cause blood sugar to rise, which makes diabetes harder to control. This means diabetics are more susceptible to infections and less able to fight the bacteria invading the gums. Diabetics tend to heal slower than healthy

flossing are keys to prevent disease and infections in the mouth. Also, drinking water and utilizing Fluoride mouth rinses help to prevent cavities especially for those suffering from dry mouth.

Diabetes takes a toll on your entire body, but it can also increase your risk



individuals.

There are some important steps you can take to reduce the risk of periodontal (gum) disease and tooth loss if you are diabetic. Regular visits to your dentist for preventive care typically every 3-4 months are a key to lowering the risk of gum disease. Research suggests that treating gum disease can help improve blood sugar control in patients living with diabetes, thus decreasing the progression of the disease.

Daily home care is another important aspect to control periodontal disease and diabetes. Daily brushing and

of dental disease and other symptoms in your mouth. One in five cases of total tooth loss is linked to diabetes.

The good news is you can take charge of your health today. Controlling your blood sugar, brushing, flossing and visiting your dentist regularly help decrease the likelihood of developing diabetes-related mouth issues.

Dr. David E. Willey is a dentist in Sebring. He is a member of the Well Being Advisory Board.

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Well Being in the Heartland • Oct. 28, 2018 | 17



Massage for diabetes

Sabrina Wheaton

Contributed column

Approximately 10 percent of the American population has diabetes. If so many of us are affected, it's important to understand treatment options, traditional or otherwise. It is wise, however, to always consult with a primary care physician before attempting anything already outlined in a treatment plan, to avoid the risk of injury.

Often people have heard the word diabetes but don't quite understand what it is. It's a disease in which the body's ability to produce or respond to the hormone insulin is impaired, which results in abnormal metabolism of carbohydrates and elevated levels of glucose in the blood and urine.

Someone with diabetes would need to watch what they eat and drink very carefully to avoid their glucose levels rising too high or dropping too low. They may even be insulin dependent.

Regarding maintenance and treatment of diabetes,

outside of pharmaceutical options is a method that's been growing over the last few years — massage therapy. Massage, if used safely, correctly and in conjunction with the provided treatment plan, can aid diabetics in several different ways.

The simplest way is by reducing stress. Reducing stress helps anybody; however to a person living with diabetes it's especially important. Stress raises your glucose levels, which can be dangerous to someone with this illness. Massage helps alleviate stress and lowers high glucose levels to a more manageable level.

Those higher glucose levels often present in diabetics also causes some pain and discomfort in the body. Higher glucose levels are attributed to a state of being where the muscles, connective tissues and joints are thickened, making them stiff and uncomfortable. A massage therapist can gently work out the stiffness in the joints.

MASSAGE | 34



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Can you reverse diabetes and be healthier?



D. Keatley Waldron
Contributed column

Every day we have the opportunity of seeing patients who come in and are having difficulty losing weight. Some have been diagnosed as being prediabetic or having diabetes.

Often patients have the mindset that once you're diabetic you're always diabetic and you can't reverse it. It has been my experience through consultation and evaluations we can assist the patient in changing the way he eats and therefore change what is going on in the body.

I truly believe that mindset is where we start when it comes to diabetes or any other condition when we approach changing our

health for the better. The biggest issue of all is reducing the amount of carbohydrates a person takes in.

There are simple carbohydrates and complex carbohydrates. In our office we focus on the complex carbohydrates and work to eliminate the simple carbohydrates, such as refined products and anything that may come in a package or a box.

So as we discipline our minds and we educate ourselves, we improve the chances of reducing carbohydrate intake and focus more on proteins, quality fats and allowing the body to function at a more normal level.

For diabetics, blood sugar levels are the most critical component when it comes to consuming foods on a daily basis. An A1c test is a

WALDRON | 33



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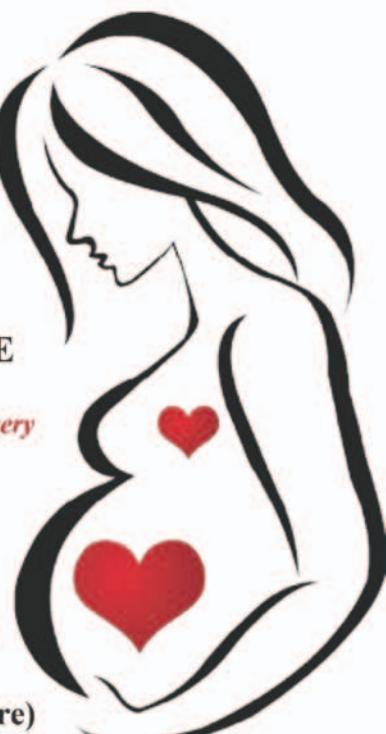
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Do you have peripheral neuropathy in your feet?



John Gorsuch

Contributed column

Do you suffer from a tingling or numbness sensation in your feet or legs? How about pain or a burning sensation on the top and bottom of your feet?

Peripheral neuropathy is a term used in the medical community when there is a loss of sensation or damage to sensory nerves in your legs and feet. In some cases, there may be swelling in the lower extremities or loss of balance when walking from numbness in the bottom of the feet.

Normally, peripheral neuropathy is associated with those who have either Type 1 or Type 2 diabetes, but research has shown some people suffer from idiopathic neuropathy in which there is no medical explanation as to the cause of their

peripheral neuropathy.

Much research has been done over the past decade trying to combat the symptoms associated with peripheral neuropathy, but conventional medications have limitations when trying to manage its symptoms. Therefore, patients are left with few options to help alleviate the pain, numbness, burning, and tingling sensations felt by peripheral neuropathy.

Acupuncture has been around for thousands of years and it is used as a form of primary health care in many countries. With funding from the National Institutes of Health, various medical schools in the U.S. have been able to research the effectiveness of acupuncture on various diseases and explain the mechanisms of how acupuncture works in the body.

One of the explanations discovered through research indicates acupuncture works

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Screening and management of diabetic eye disease



Valerie Moulds

Contributed column

patients with diabetes actually receive annual dilated eye exams.

Ocular complications associated with diabetes include glaucoma, changes in glasses prescriptions, dry eyes, early cataract development, and bleeding in the retina (the tissue that lines the inside of the eye). Bleeding or leakage of fluid within the retinal tissue is usually identified as diabetic retinopathy in these patients. Diabetic macular edema is another complication of diabetes and occurs when fluid from leaky capillaries in the retina collects under the macula (the part of the retina responsible for your central vision). Patients may experience a dramatic decrease in vision when this occurs.

Early detection of diabetic retinopathy and diabetic macular edema is extremely

important in stopping progression of mild to moderate DR to a more sight-threatening form of the disease. The Diabetes Control and Complications Trial demonstrated that for every 10

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Diabetes is growing at an ever increasing rate with about 30 million Americans affected to date. Twenty-five percent of this population is unaware they have the disease.

Close to 90 million Americans are prediabetic, the majority of which are expected to develop Type 2 diabetes over time. By the time diabetes is diagnosed, the average amount of time between development and diagnosis is about 6 years.

Diabetic eye disease is the leading cause of vision loss in adults between the ages of 20 and 74. In spite of this statistic, only 50-60 percent of



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Plan your day to avoid diabetes



Roseann Kiefer

Contributed column

Monitoring our health is important if we want to live a long life.

It is necessary to have bloodwork completed and visits to our primary care physicians. When an issue with our well-being emerges then steps must be taken to remedy the situation.

Diabetes is a disease that will affect many in their life span. In fact, it is predicted by the World Health Organization that by 2050, 1 in 3 people will be diagnosed with diabetes. It is a chronic condition that affects the way the body processes sugar in the blood.

With Type 1 diabetes the pancreas doesn't produce enough or very little insulin. Whereas Type 2 diabetes is a condition that affects the way your body metabolizes sugar. Type 2 diabetes is usually the result of a long-term metabolic disorder and it is the more

common of the two types.

Simply put, diabetes takes a toll on the body. It can produce strokes and heart attacks. It may be the reason for lower limb amputations. It often causes kidney failure. It ruins your eye sight. It also causes hearing loss.

Diabetes causes hearing loss because high glucose levels reduce blood flow to the entire auditory system. This reduced blood flow thereby damages the sensitive hearing cells in the inner ear.

People with diabetes are twice as likely to develop hearing loss as their friends without it. Type 2 diabetes will usually develop a hearing loss called presbycusis.

This is a bilateral (both ears) high frequency hearing sensory neural hearing loss. However, recent studies have shown that it can also affect both the low frequencies and the

high frequencies. This type of audiogram (diagram of your hearing test) will provide a graph that looks like a cookie bite. This is also known as a metabolic audiogram.

If you are over 50 and have diabetes then you should have your hearing tested and be fit with hearing instruments if you are found to have a hearing loss. If you do not have a hearing loss then you should have annual hearing evaluations.

Your hearing health care provider should be an integral part of your health care team. It is known that untreated hearing loss contributes toward the progression of dementia. Untreated hearing loss can result in embarrassment at social functions, rapid changes in mood, depression and irritability; it may also cause paranoia.

Treating a hearing loss will lessen the isolation a person may feel. The brain will absorb more sounds in the environment. This stimulation will help to keep the brain more active and therefore

KIEFER | 31



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Are you ready to retire?



Jason Biance

Contributed column

Most American workers will spend an average of 90,000 hours on the job during their working years. It is no surprise people look with anticipation to retirement. The question then becomes, are you ready to retire? This question can be a tough one to answer.

I would imagine many readers know of a friend or family member who retired too early and ended up having to go back to work. There are many reasons for an outcome like this however two of the main culprits are market declines prior to retirement and a misunderstanding of what amount of money they will need to retire comfortably.

Luckily, with proper planning, you can mitigate both of these risks.

The first step is to ask the question. Unfortunately, many people have not addressed this issue.

According to a 2018 Gallup poll, 41 percent of American workers responded they have not considered how much income they will need in retirement. In addition, only about 20 percent said they have done calculations to determine what funds will be needed.

Here are three simple steps to make sure you are in that 20 percent of Americans who have a much clearer picture about what retirement will look like.

Step 1: Calculate retirement funds needed

There are a few inputs we need to calculate this figure. These include: years to retirement, income needed in future dollars, assumed rate of return, estimated inflation, savings rate and current retirement savings.

As you will note, several of these variables are unknown, namely, rate of return and estimated inflation. Due to this fact we run several different calculations for our clients.

By adjusting the different variables, we can then calculate a range of what our retirement savings should be in retirement. This allows us to be as accurate as possible, given the unknowns of what the future holds.

Step 2: Calculate your withdrawal rate

Unfortunately, the previously held 4 percent "rule" has been debunked, or at the very least, seriously called into

question. The 4 percent withdrawal rate assumption posited that an investor could withdraw 4 percent of their retirement savings and not deplete their funds.

Wade Pfau, a Princeton economist, published a research article in the Journal of Financial Planning that concluded this assumption may have been appropriate in 1950 however more recently only worked in two of the 20 developed countries in the world. Not a very good track record.

The two main causes for the "4 percent rule" failure were retiring during a market downturn and a low interest rate environment. Given the fact we are currently experiencing the longest bull market on record, history tells us a market correction is highly probable in the future. Not to mention, interest rates have been at historical lows for nearly a decade.

In other words, pre-retirees and retirees need to make sure they are

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A season of good



Jim Baker
Contributed column

The holiday season is upon us again and it's time for parties, decorations, family gatherings, special church services and shopping. Food preparation and housecleaning will take much of our time, as well as shopping for that perfect holiday gift.

At the Palms of Sebring where I work, we will be busy getting ready for our annual Christmas party and decorating the building with beautiful trees and wreaths. Unfortu-

nately, all of this busy work can cause our stress levels to rise and our enjoyment of the season to fall, so I would like to suggest some things that might just make the season brighter.

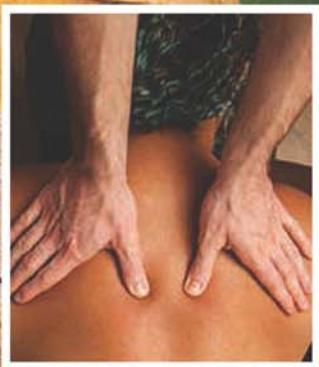
First, remember the reason for the season. Thanksgiving can be a time when we stop to count our blessings and thank God for his goodness. We often take so much time getting ready for family gatherings and spend so much time watching the parades and football games that we forget the true meaning of what we are doing. So spend less time stressing over the externals and let this time be one of

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planning properly to make sure they are prepared for retirement. This refers to both the risk inside of their portfolios, in addition to their withdrawal rate.

Step 3: Define your strategy and adjust at least annually

The old adage goes, "failing to plan is planning to fail." It could not be truer than in the world of saving and investing for retirement. Planning for retirement is not a set it and forget it exercise. Due to the fact the variables and inputs used are constantly changing, Americans should be constantly updating their plan. There are many tools at our disposal to assist in testing our strategy.

This is referred to as "financial science," or the methodical testing of our retirement plan to determine a probability of success. One of the tools we use for our clients runs 10,000 simulations. Much like a pilot spends countless hours in a flight simulator before they are placed in a

cockpit, we want to test our retirement strategy before we make the decision to retire. This allows us to take the guesswork out of planning for retirement.

Answering the question of when to retire is one that is not easily answered; however, Americans can begin by first getting a plan in place.

Due to low interest rates, a volatile stock market and the unknowns in regards to inflation, pre-retirees and retirees have their work cut out for them. Luckily, they have more tools at their disposal than ever before in history.

As the old Chinese proverb states, "A journey of 1,000 miles begins with one single step."

Jason C. Biance is co-owner and a Certified Financial Planner professional with J. Biance Financial in Sebring. He is a member of the Well Being Advisory Board.





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spiritual renewal.

The same could be said of Christmas. Don't forget the reason Christmas is celebrated. Renew your spiritual foundation by spending time with family, attending concerts and religious services. Make giving to the less fortunate a priority.

Also develop realistic expectations. So what if the turkey is a little dry? Don't expect decorations and package wrappings to be perfect. Accept the fact that there will be moments of frustration and disappointment, but don't let them take over. If it wasn't perfect before the holidays it won't be perfect during them, so enjoy the time within the boundaries of your personal situation. You'll never have a holiday like one portrayed on the Hallmark Channel, but your holiday can be full of good memories even in the midst of imperfection.

Another thing to consider is your budget. This can be a big stress-causing agent. Often we spend too much on food and presents, trying to create a perfect

holiday. And then the credit card bills come rolling in and we sometimes have too much month at the end of our money.

But you know, homemade gifts can be as treasured as expensive store bought ones. A simple meal with soup and sandwiches can be just as meaningful as one with prime rib. Remember, money cannot assure us of a meaningful holiday, and the kids like the boxes more than the toys anyway!

Finally, manage your time. Try to get enough sleep. Don't try to do everything at once. Spend time listening to music and drinking hot cocoa. Spread the shopping time out and shop early. Do things as families and groups of friends, such as decorating and baking. Let the holidays be a season of good memories, and laughter, and love.

Let's make this holiday season a time to deepen our faith, forge tighter bonds with family and friends, and make precious memories.

Jim Baker is the director of Spiritual Services at the Palms of Sebring.

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healthier. Stimulation provides for happiness and a sense of fulfillment. All of this helps to diminish the onset of dementia.

Sunshine is on the horizon. Many people with Type 2 diabetes can reverse it. It will take diligence.

First of all, you must get active! Walk every day. Walk at least 30 minutes and walk briskly. This will stimulate muscle growth and movement. This alone can drop your risk of Type 2 diabetes by about a third.

The walking will also help you lose some weight and this will also reduce your risk of Type 2 diabetes. If you can drop 7-10 percent in weight you can cut the risk of disease by 50 percent.

And another big task is to dump the cigarettes. Smoking reduces blood circulation and causes inflammation. If you are exposed to noise then have

your hearing health care provider make a set of custom ear molds that will reduce damaging noise and protect your hearing.

So what else helps with living a diabetic-free lifestyle? Nutrition, of course. There are foods that actually help to keep your blood sugar regulated.

Get your greens, particularly spinach and chard. They are low in carbohydrates and pretty tasty.

Drink lots of water. If you are not a water drinker then add a lemon or even some fruit to add a little flavor. Our bodies crave water for proper metabolism.

Berries will provide some sweetness and you can have a cup of them without raising blood sugar levels. Freeze some grapes for a different texture. They are yummy.

Foods like dried beans, raw veggies like red peppers and lentils will fill you up. The carbohydrates are low so your blood sugar levels stay stable.

Remember to get some fat also. Salmon is a fish that always comes to mind. It is incredibly beneficial for the body. Avocado is always a good additive to many meals.

Finally, it is important to remember in your battle of balanced blood sugar levels is to get enough protein. These include cottage cheese, eggs, and meat as long as they are lean.

If you develop cravings then try some celery and peanut butter, a cup of cheerios, or maybe a piece of beef jerky.

Keep everything in moderation.

There is no time like the present so take an active role in preserving your health and your hearing. Your first step: get your hearing tested and get a plan. Failing to plan is planning to fail. To hear better is to live better!

Roseann B. Kiefer, B.A., BC-HIS, is owner of Lampe & Kiefer Hearing Aid Center Inc. in Sebring. She is a member of the Well Being Advisory Board.



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MOULDS | FROM 23

percent reduction in a patient's A1c, a blood test that reflects an average blood glucose level over the past 3 months, the risk of diabetic retinopathy progression dropped by 43 percent.

Laser treatment used to be the norm for treating diabetic retinopathy as well as macular edema, but with the advent of newer medications (anti-VEGF therapy), vision is not only stabilized, but usually improves over time. Anti-VEGF therapy leads to regression of leaky vessels within the retina and has been shown to be superior to extensive laser treatment in many patients. Earlier intervention with these medications in patients suffering from diabetic macular edema also seems to result in better visual outcomes compared to those who delay treatment in favor of laser.

Patients with severe obstructive sleep apnea (OSA) are two to three times more at risk for developing diabetic eye disease, according to a recent study out of Stanford University School of Medicine. The study, reported in Ocular Surgery News, says OSA affects between 56-86 percent of patients with diabetes.

It is thought that OSA contributes to the development and progression of diabetic retinopathy by increasing insulin resistance, elevating inflammation and raising blood pressure. The presence of OSA is thought

to accelerate damage to the vessels in the retina, increasing the risk of diabetic retinal disease in patients.

Treating OSA with continuous positive airway pressure (CPAP) lowers inflammation, which may reduce damage to the smaller vessels in the retina. Serious consequences may result from either untreated diabetic retinopathy or OSA.

Diagnosing and treating OSA in diabetic patients may help prevent the progression of diabetic retinopathy, as well as avoid potentially serious cardiovascular consequences such as hypertension and stroke. It would seem that patients with diabetic retinopathy could definitely benefit from evaluation and treatment of OSA.

Appropriate intervention, education, and timely examinations are ways to preserve vision in diabetic patients. Patients with this disease should understand that an important component of early intervention is having diabetic eye exams done on a regular basis.

The American Academy of Ophthalmology, the American Optometric Association and the American Diabetes Association continue to advise diabetics to have dilated eye examinations at least yearly, and sometimes more frequently.

Valerie Moulds is an optometrist at Eye Specialists of Mid-Florida. She is a member of the Well Being Advisory Board.

blood test that shows what the average blood glucose has been over the last two or three months. When those results are too high, it is easy to become discouraged.

We see patients daily who are diabetic and on insulin and/or oral medications who are able to get their blood sugar under control and get off of these medications with the assistance of their medical doctor.

There's an old saying that "We are what we eat," and when we are eating sugar we are more likely to be diabetic especially when we become overweight. There are guidelines we utilize in our office to assist patients in reducing the amount of carbohydrates they consume daily. Then we help them balance a proper intake of protein as well as quality fats to assist them in managing their weight. The results are blood sugar levels are low-

ered and the diabetes is reversed.

Certain circumstances may lead to a patient always having to maintain their diabetes with oral medications and/or insulin. But the fact is those individuals, when coached and educated on proper eating, will always maximize the health potential they have as opposed to just treating the condition with medications and eating whatever they want.

Simply put, diabetes can be reversed with proper diet and exercise. It is important to note that Type 1 diabetes cannot be reversed; Type 1 has no cure.

In today's environment I think it's absolutely essential the patient have a physician as a part of their team of health care providers who truly works on prevention and wellness.

The saying "an ounce of prevention is worth a pound of cure" holds true. So why do we not take the ounce of prevention and do what is necessary to prevent diabetes? Stop and think

about that for yourself and why you make the choices you make and the consequences of those choices as it reflects in your health.

It is my opinion that diabetes is one of the most manageable health conditions in our society today and that with the proper education and direction on better nutrition and exercise, you can substantially reduce the likelihood of having high blood sugar and being diagnosed as prediabetic and/or diabetic.

Take a stand today and make up your mind that you are to make a choice to be healthier. If you are suffering with prediabetes or diabetes or you're overweight and know these conditions are on the horizon, take that ounce of prevention and give our office a call. Let's sit down and talk.

Dr. D. Keatley Waldron, DC, is with Waldron Chiropractic Health Center in Sebring. He is a member of the Well Being Advisory Board.

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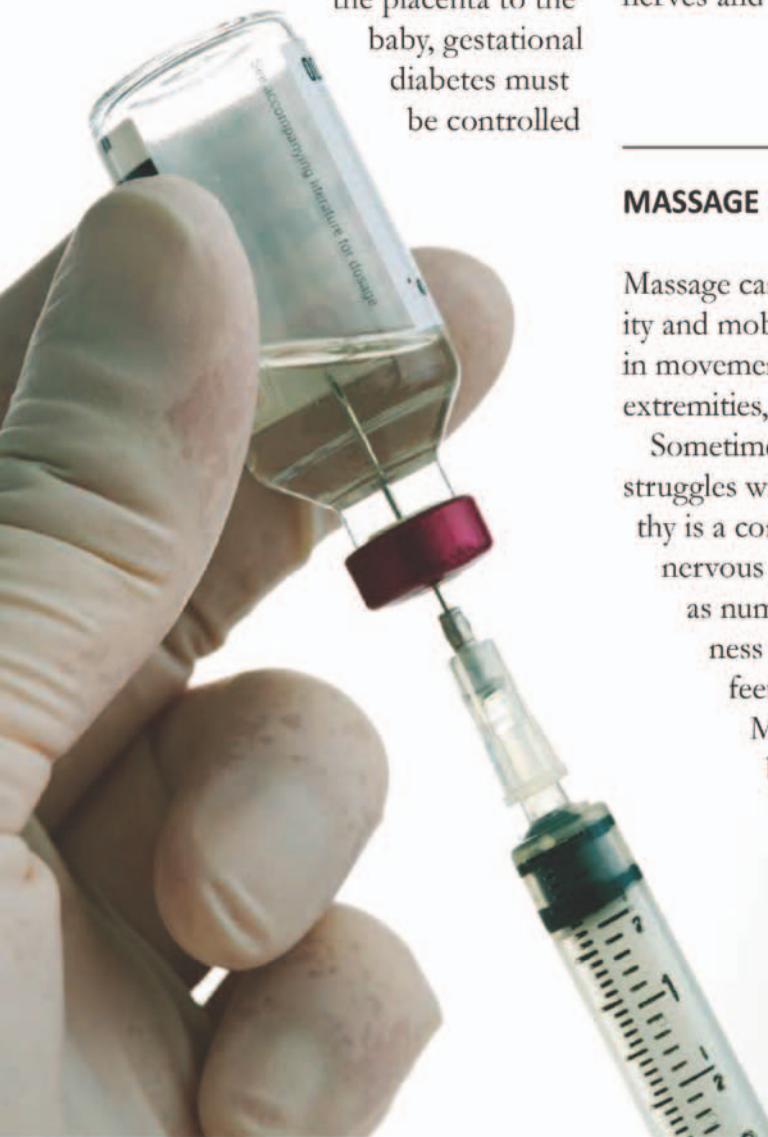
TYPES | FROM 15

diabetes, accounting for 95 percent of diabetes cases in adults. Type 2 diabetes used to be called adult-onset diabetes and non-insulin-dependent diabetes.

With Type 2 diabetes, the pancreas usually produces some insulin. But either the amount produced is not enough for the body's needs, or the body's cells are resistant to it.

Type 2 diabetes can be controlled with weight management, nutrition, and exercise. Diabetes medications are often needed.

Gestational diabetes occurs in pregnant women and it is often diagnosed in middle or late pregnancy. Pregnancy, to some degree, leads to insulin resistance. Because high blood sugar levels in a mother are circulated through the placenta to the baby, gestational diabetes must be controlled



to protect the baby's growth and development.

According to the National Institutes of Health, the reported rate of gestational diabetes is between 2-10 percent of pregnancies. Gestational diabetes usually resolves itself after pregnancy. Having gestational diabetes does, however, put mothers at risk for developing Type 2 diabetes later in life. Up to 10 percent of women with gestational diabetes develop Type 2 diabetes. It can occur anywhere from a few weeks after delivery to months or years later.

With gestational diabetes, risks to the baby include abnormal weight gain before birth, breathing problems at birth, and higher obesity and diabetes risk later in life. Risks to the mother include needing a cesarean section due to an overly large baby, as well as damage to heart, kidneys, nerves and eyes.

GORSUCH | FROM 22

by releasing endorphins in the central nervous system, which not only helps to decrease pain, but helps the body repair damage to tissues.

At Sebring Acupuncture & Natural Health, patients who have been diagnosed with peripheral neuropathy are able to be treated using acupuncture and other modalities of Chinese medicine to help alleviate the debilitating symptoms associated with the condition. If you suffer from peripheral neuropathy and would like to enjoy a better quality of life, call Sebring Acupuncture and Natural Health for a medical evaluation to discuss your treatment options.

Dr. John Gorsuch, D.O.M., is with Sebring Acupuncture & Natural Health, 863-386-5050. He is a member of the Well Being Advisory Board.

MASSAGE | FROM 18

Massage can also add some flexibility and mobility to the body, aiding in movement and blood flow to the extremities, which is also important.

Sometimes a person with diabetes struggles with neuropathy. Neuropathy is a condition that affects the nervous system. Symptoms such as numbness, tingling, and weakness in the arms, hands and feet come with neuropathy.

Massaging the affected body parts helps stimulate those nerve endings, providing some relief and easing any associated pain.

As the therapist gently pushes the fluids through the body, the lymphatic sys-

tem is stimulated as well. The lymph nodes aid the body in ridding itself of harmful toxins. Without those toxins circulating around the body, the body is healthier and more functional.

Something simple that can be done if insulin is being injected into the body is gentle massage at the injection site. By merely rubbing that tender muscle after the insulin is administered, the amount of insulin absorbed is increased and is more efficiently distributed.

Massage isn't a necessity for those living with diabetes; however it could greatly improve a diabetic's quality of care and life.

Sabrina Wheaton is the office manager at Heal By Touch – Massage & Float Therapy in Sebring.

"sugar coated" they get stiff and sticky, causing blockages and are unable to bend to fit through the tiny capillaries in the eyes, kidneys, fingers and toes. Optimum A1c levels should be less than 7.0 percent. Eating more plant-based foods, eliminating processed foods, and cutting back on refined oils and fatty foods will help to reach safer blood sugar levels.

B is for blood pressure. High blood pressure makes your heart work harder than it should. Nearly 1 in 3 American adults has high blood pressure. Healthy blood pressure is below 120/80. The top number, or systolic pressure, is the pressure as your heart beats and pushes blood through the blood vessels. The bottom, or diastolic pressure, is the pressure when the vessels relax between heartbeats. High blood pressure, or hypertension, raises your risk for heart attack, stroke,

eye problems and kidney disease. Eat more low sodium, fresh, whole foods including fruits, vegetables, whole grains, legumes and nuts, and exercise regularly, to help decrease blood pressure.

C is for cholesterol. Cholesterol numbers indicate the amount of fat in your blood. Once cholesterol is digested and processed, it is packaged in the liver for delivery to the body. LDL is the "delivery truck" that transports cholesterol to where it is needed in the body. After the cholesterol has been in the body for a while and has outlived its usefulness, it is returned to the liver for recycling. Optimal LDL level is less than 100 mg/dl. HDL, on the other hand, is the "trash truck" responsible for accumulating and delivering old cholesterol back to the liver for recycling. Optimum HDL level above 60 mg/dl is considered protective against heart disease. Exercise and eating whole,

unprocessed foods helps raise HDL levels. Eating high fiber foods helps to bind cholesterol so it can be eliminated from the body. Cholesterol is only found in animal products, which do not contain fiber. No cholesterol is found in plants; however, they are full of fiber which offers many health benefits. Eating 2-3 cups of legumes (beans or peas) a week is recommended to reduce risk for heart disease and cancer, and to lower blood sugar levels. So, eat those beans!

I is for a healthy diet. Eating a diet low in fat, cholesterol, and sodium offers the most benefit to managing diabetes. Spend more time in the produce section of the grocery store. Eat a variety of colorful foods, especially ones that are easy to prepare. Try foods you have never eaten. You just might find you like them. If you do not have time to prepare or cook those fresh foods, scout out

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ways to stay healthy in the summer, approaching the new school year mindful of health matters, preparing your family for Alzheimer's, and cancer awareness. This issue deals with diabetes.

"It is giving Comfort Keepers an extended arm, if you will, in the community along with all the other professionals who are serving on the board," board member Nan Immel, with Comfort Keepers, said.

"Friends are getting pertinent information in countless beneficial areas and looking forward to future editions," Immel said. "Living in Buttonwood Bay, I have gotten countless kudos on being on the board of Well Being in the Heartland."

Over the last year, the magazine has established itself in the community. The advisory board continues to grow. Some of the areas the board is looking for participation in include a faith-based professional and a cancer specialist.

Another service this magazine provides is its digital presence, with a free mobile app available for download so users may refer to every magazine issue. The app, which is sponsored by Lampe & Kiefer Hearing Aid Center and is available to use with Android and iPhone devices, provides easy access to the magazine's electronic pages. It allows the community to return to articles and advertising pro-

"We are proud of those medical professionals who stepped up for Highlands County and made this a huge success. Happy one year anniversary."

Tim Smolarick

Highlands News-Sun publisher

vided by local professionals, refer to their expertise within each specific field, and make informed decisions about their health and well-being.

"The Well Being in the Heartland magazine has gained recognition as the leading publication in our area for accurate health and well-being information," board member Roseann Kiefer, with Lampe & Kiefer Hearing Aid Center, said. "Over the last year we have seen an increase in the number of patients asking if we have the current issue available and if they can take it home.

"This publication provides a uniquely balanced composition of information to help our community maintain healthy lifestyles," Kiefer said.

This year, the board is getting out into the community. We will be doing this by holding several Well Being in the Heartland Health Fairs. These health fairs will allow representatives from the Advisory Board as well as magazine advertisers to connect with residents and address any health and well-being concerns on a personal level. These health fairs are open to the public.

"It has been a great year for the Well Being in the

Heartland magazine," Cliff Yeazel, Highlands News-Sun advertising director, said.

"We have seen a tremendous amount of positive feedback from our readers and continued growth of the publication since its inception in October 2017.

"I look forward to putting in motion some of the ideas our experienced board members and Highlands News-Sun staff collaborate on in the upcoming year," he said.

The first Health Fair will

be from 8-11 a.m. Wednesday, Nov. 7 at The Palms of Sebring, 725 S. Pine St. The intention is to host a Health Fair in Avon Park, Sebring and Lake Placid in order to reach as many people as possible close to home.

"We are thoroughly impressed with the way our community has embraced this important medical magazine," Highlands News-Sun Publisher Tim Smolarick said. "Our efforts at the Highlands News-Sun are greatly matched by the efforts of the Advisory Board who is responsible for most of the content.

"We are proud of those medical professionals who stepped up for Highlands County and made this a huge success," he said. "Happy one year anniversary."

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Institutes of Health found hearing loss is more than twice as common in individuals with diabetes as it is in those without. Hearing loss is 30 percent higher in individuals with prediabetes than those with normal glucose levels. Also, hearing loss is showing up earlier in those with diabetes, especially if it is not controlled effectively.

According to Georgetown University, 5 percent have hearing loss between the ages of 0-17 years; 23 percent, ages 18-44; 29 percent, ages 45-64; and 43 percent at 65 and older. A study by Henry Ford Hospital shows men in general have a more significant hearing loss but women with diabetes are 14 percent more likely to have hearing loss than women without diabetes.

Researchers believe that over time high glucose levels cause damage to blood vessels and nerves in the cochlea and hair cells in the inner ear. When the inner ear is damaged, hearing and ability to understand speech is diminished.

Post mortem studies reveal that damage to the inner ear includes:

- Thickening of the capillaries to the stria Vascularis (epithelial tissue in the inner ear where endolymph, one of the inner ear fluids, is produced). Endolymph initiates the transfer of this neural signal of sound from the cochlea and the VIII nerve to the auditory cortex.
- Thickening walls of the basilar membrane in the cochlea. This is the membrane that varies in thickness, which allows it to be more sensitive at certain places along the length, to certain frequencies. It forms the base of the inner ear cochlea, or two different types of hair cells that are responsible for transferring sound from acoustic to electroacoustic, in order to transfer volume or detail of the sounds or speech to the hearing nerve.
- Narrowing of the Internal Auditory Artery that supplies blood to the cochlea (the hearing mechanism in the inner ear).
- Demyelination of the eighth cranial nerve (hearing and balance nerve).



Myelin is a fatty sheath that acts as an insulating cover around the nerve to assist increasing the speed of the neural signal. If it is damaged, the signal can become distorted or weakened. This affects how fast this neural transmission of the sound is transferred to the brain.

Those with diabetes were found to have more outer hair cell damage in the base of the cochlea (high frequency sensitivity). These high frequency sounds provide cues in words to aide in understanding of speech.

In addition to inner ear damage, those with diabetes also report sensitivity to certain types of material for custom ear pieces that attach to their hearing aids. They have been more prone to yeast and fungal infections in the external ear canal. Certain hypoallergenic or non-pigmented materials may have to be used.

There are several other complications, but hearing loss is oftentimes overlooked as it is not considered a "life threatening" complication.

However, hearing loss also has long-term effects for a patient, not only socially with isolation but in the long run, their mental health.

If you think you may be at risk for hearing complications due to diabetes, see an audiologist today.

Dr. Andrea Livingston is a board certified audiologist at Central Florida Hearing Services in Sebring. She is a member of the Well Being Advisory Board.

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GARZA | FROM 35

the frozen food section. Beware of the frozen foods with added butter, cheese or sauces that can add a lot of fat and sodium. When choosing canned foods, the best items to select are those that have "low sodium" or "no added salt" on the label. It's quite helpful to read labels if buying packaged foods.

If you would like to know more about managing your diabetes or have been told you have prediabetes, consider coming to the free Prediabetes-Diabetes Connection class offered by the Florida Hospital Diabetes Center. The center offers morning, afternoon and evening classes on the Sebring campus and

afternoon classes on the Wauchula and Lake Placid campuses.

Other available classes include Comprehensive Diabetes Education Classes (10 hours) and nutrition counseling, which are covered by most insurance carriers. The Diabetes Support Group meets the second Monday of each month (except in December) from 1-2:30 p.m. at the Creation Health Wellness Center, 4005 Sun 'n Lake Blvd., in Sebring.

For more information about any of these offerings, call 863-402-0177.

Brenda Garza, RN, RD/LD, CDE, is the manager of Florida Hospital Heartland Medical Center's Diabetes Center in Sebring.

ANSWERS to puzzle on page 8

1	9	8	7	5	6	4	3	2
3	2	6	1	9	4	8	5	7
5	4	7	3	2	8	1	6	9
2	6	9	5	1	7	3	8	4
7	1	3	4	8	9	5	2	6
4	8	5	6	3	2	7	9	1
9	3	2	8	4	1	6	7	5
6	5	4	9	7	3	2	1	8
8	7	1	2	6	5	9	4	3



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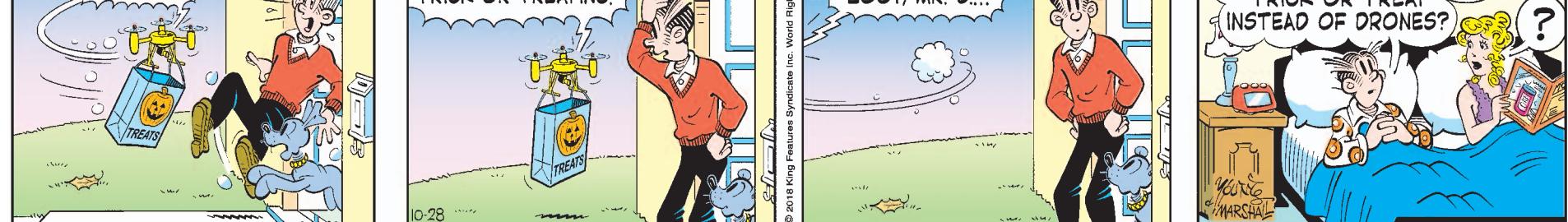
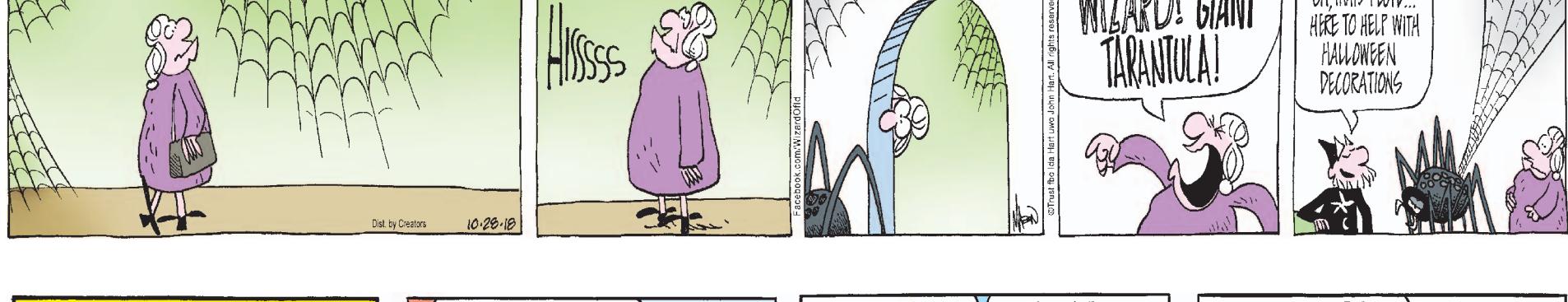
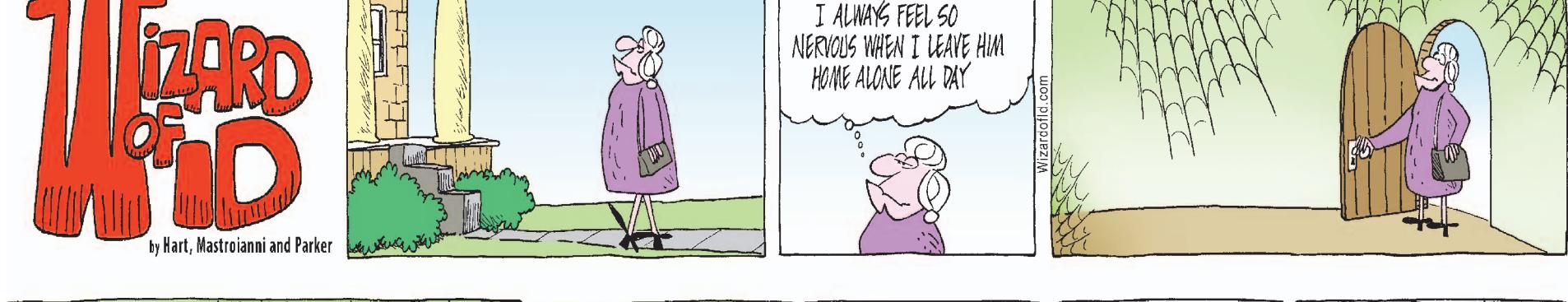
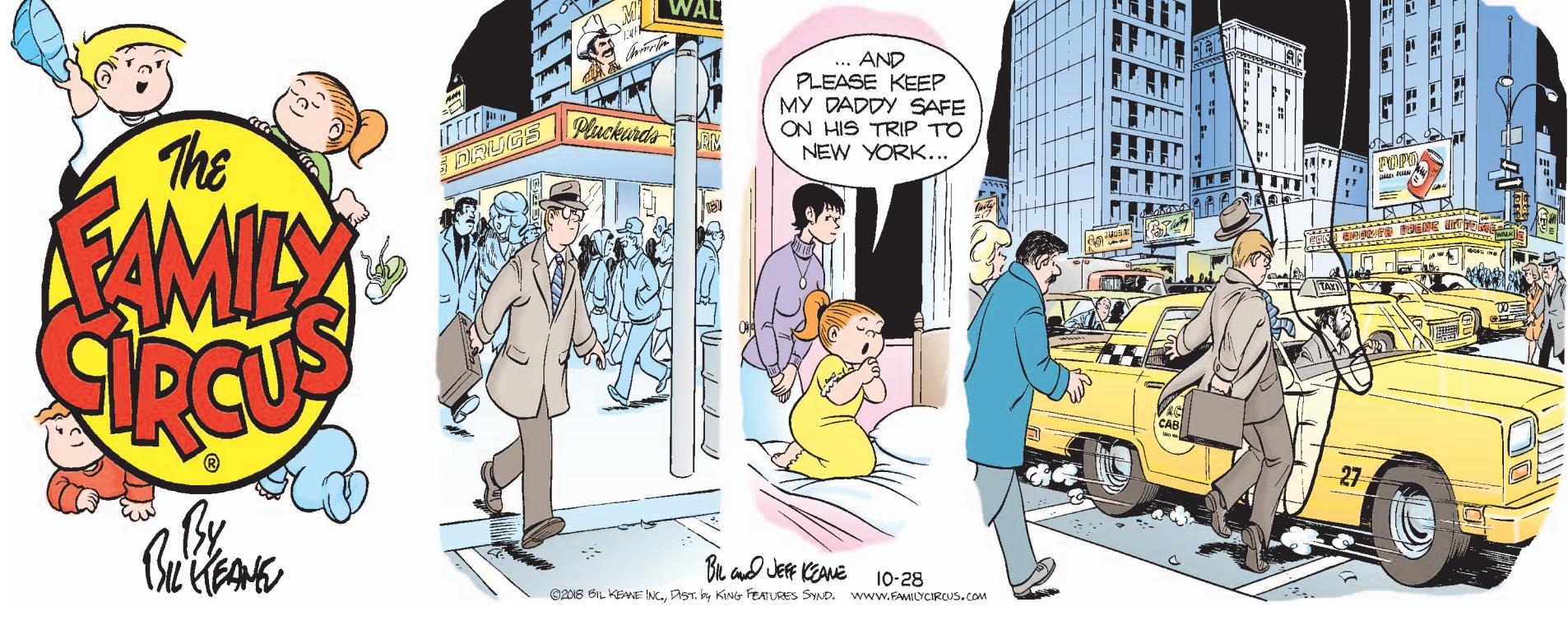
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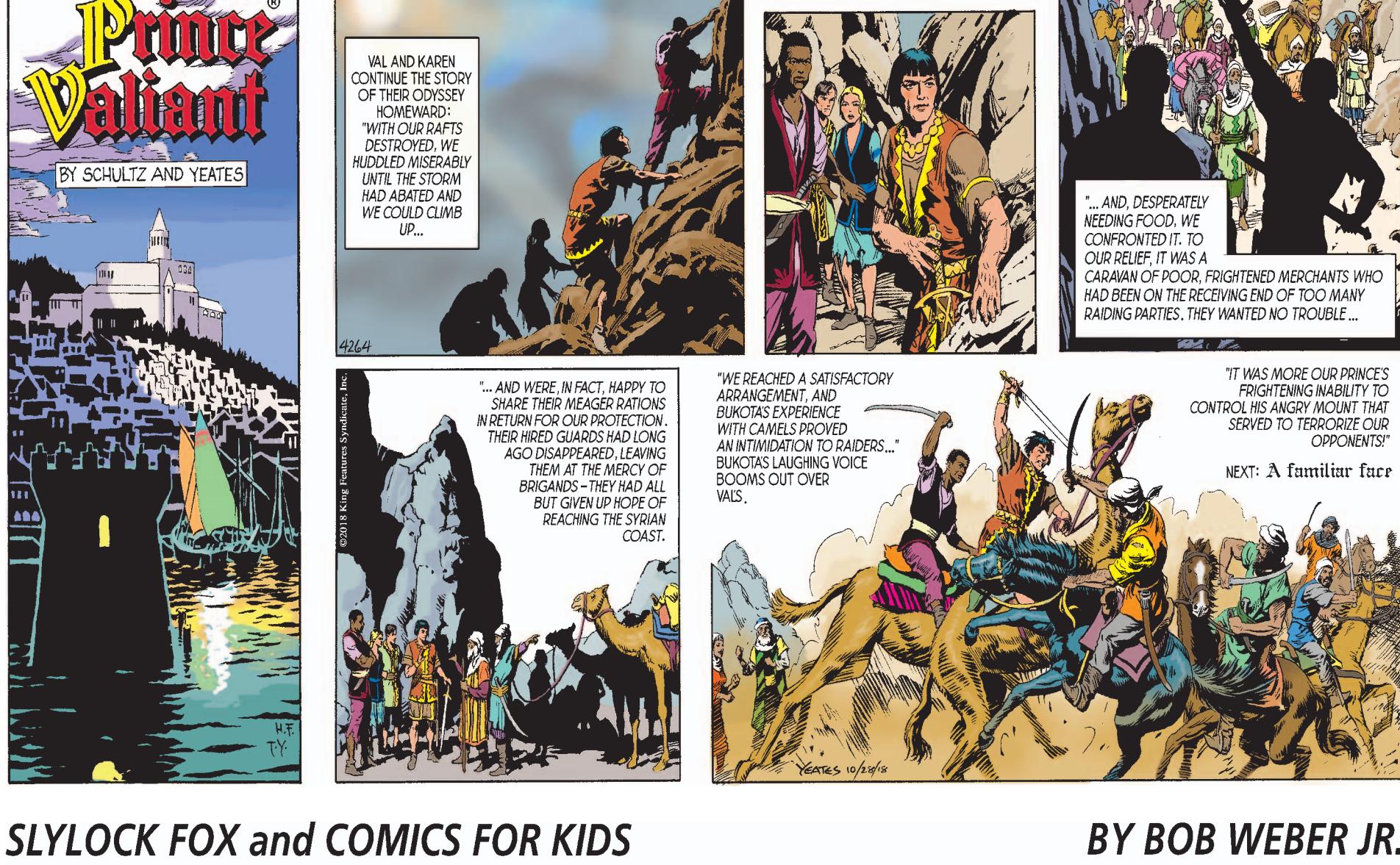
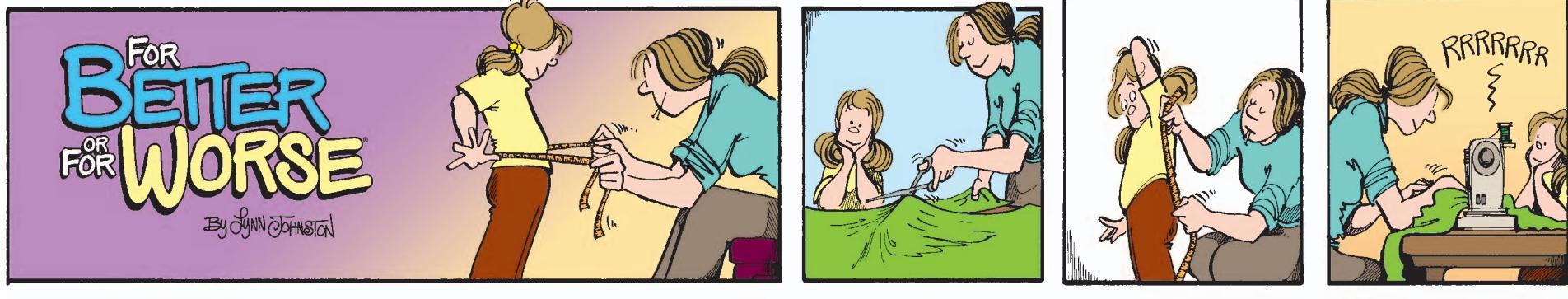


Hi and Lois

by BRIAN and GREG WALKER





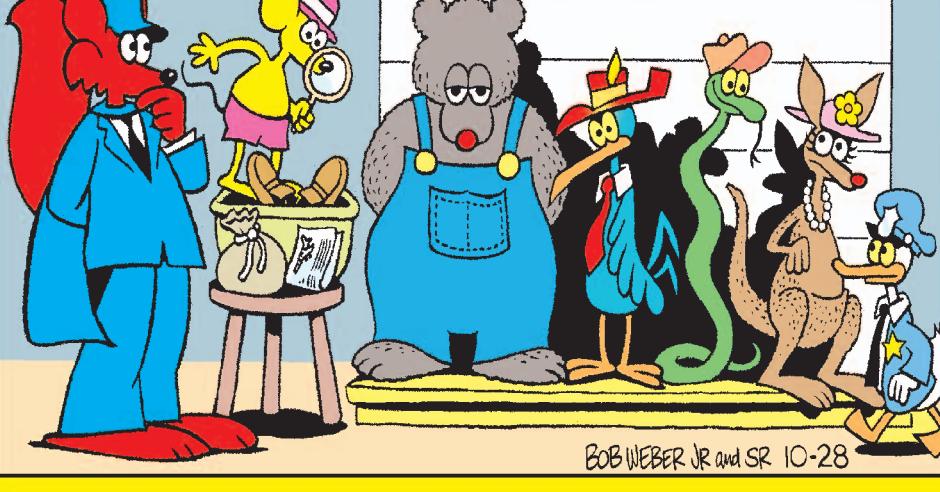


In the shadowy night, one
of these suspects was stea-
ling the shiny gold ring.

differences between these panels.

safe. Fortunately, the butler discovered the robbery, and in the rush to escape, the robber left behind his or her own possessions -- a pair of shoes, a small leather pouch containing the gold, and an airline ticket to a city upstate. Who does Slylock Fox most strongly suspect?

Solution -- The bird doesn't need an airline ticket to fly. The snake has no use for shoes, and the kangaroo already has a natural



An illustration of a golden-brown pie with a lattice crust, resting on a white cloud. The scene is set against a light blue background.



Page 1

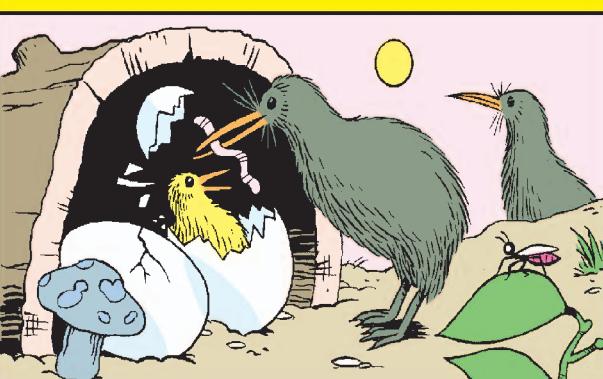


True or False
chicks don't eat

- 1) Kiwi chicks don't eat for 6 to 10 days after hatching.
 - 2) The kiwi is the national bird of Australia.
 - 3) Kiwi eggs are proportionally larger compared to the size of the mother than the

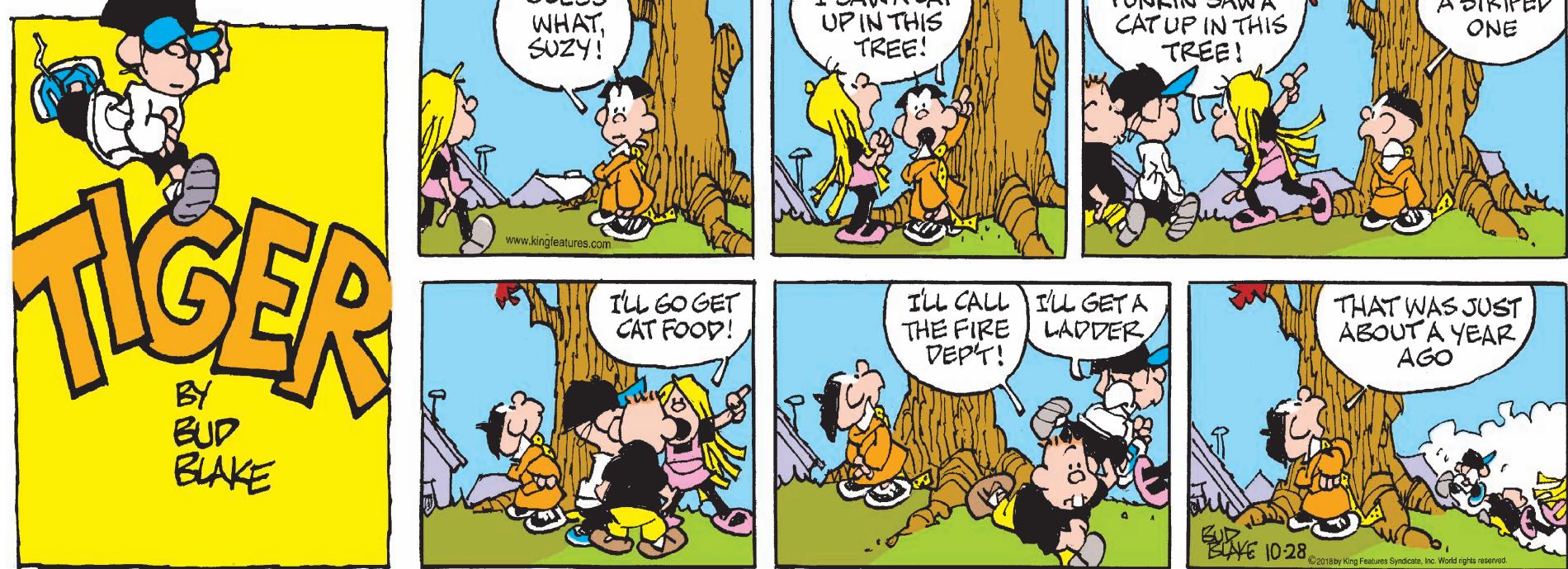
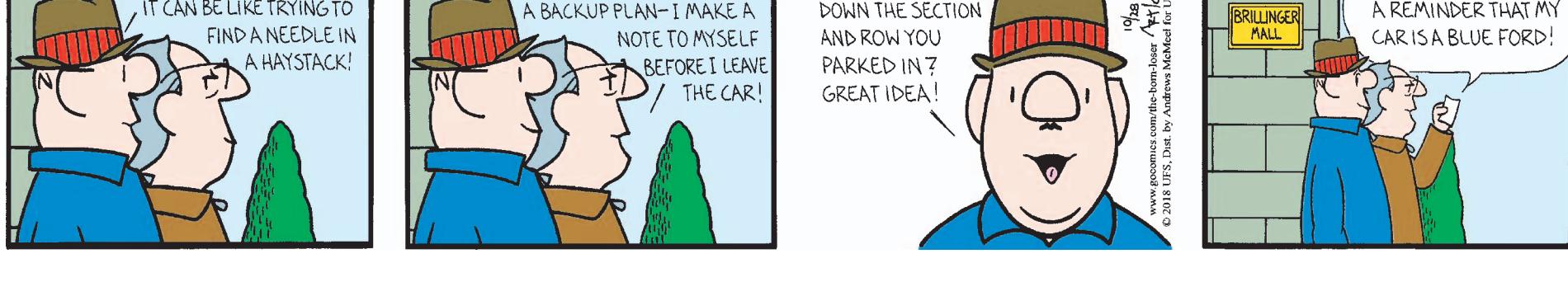
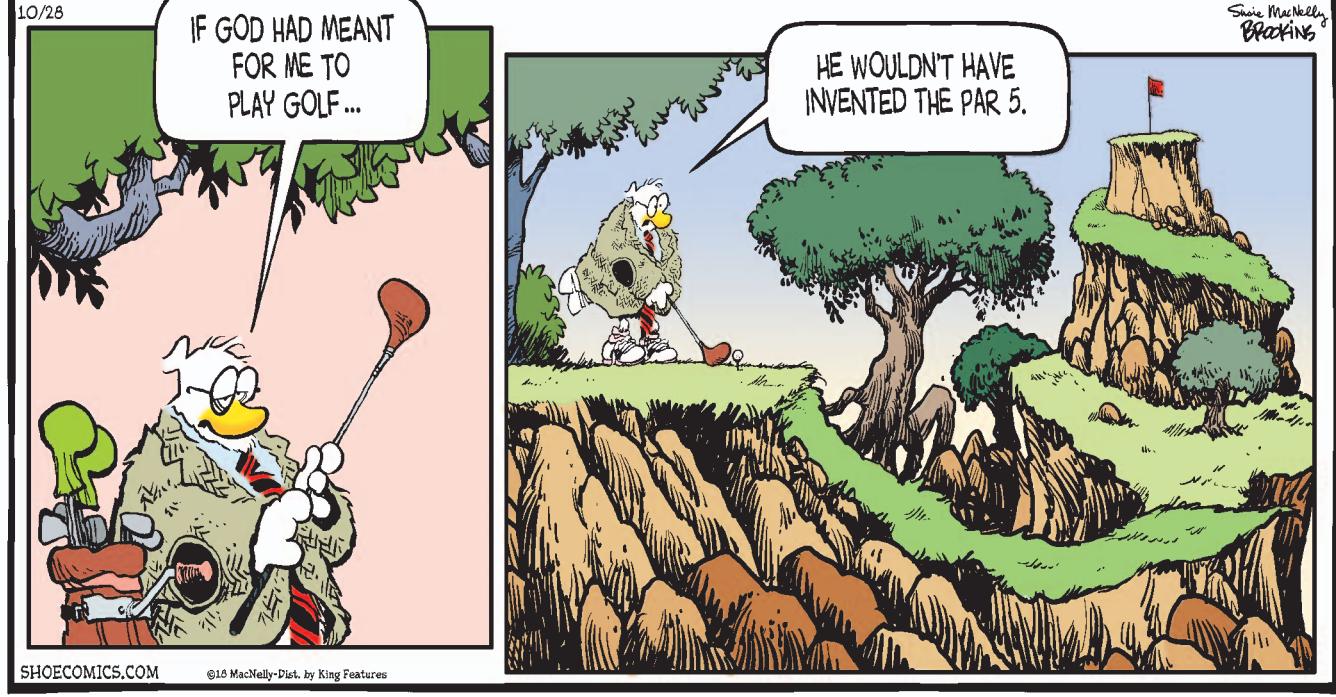
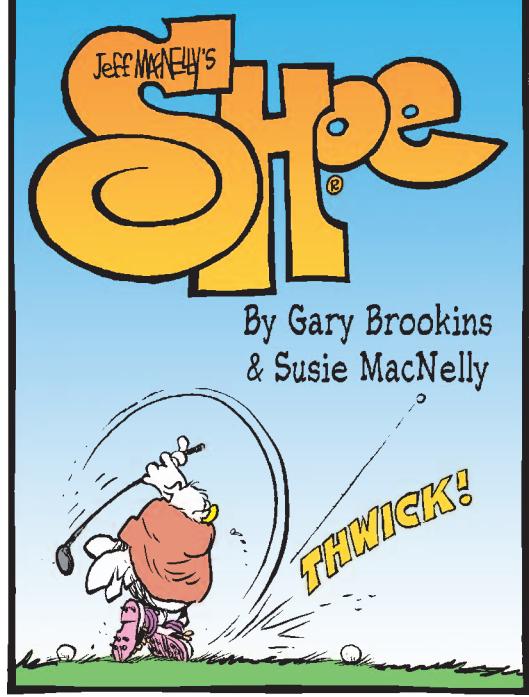
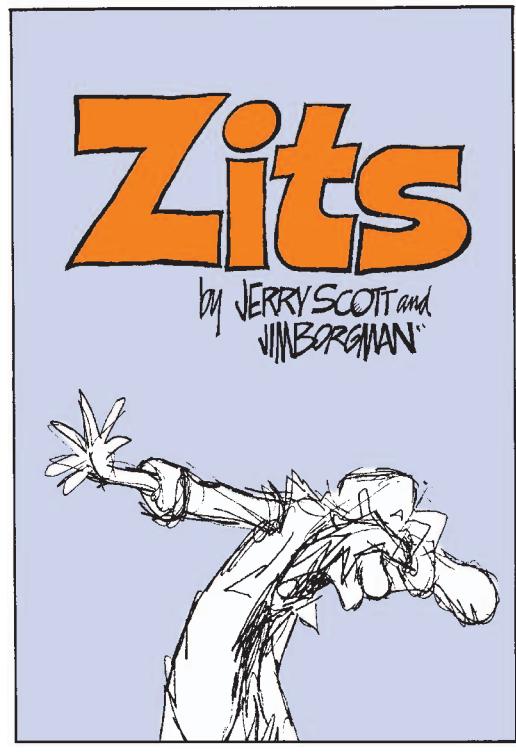
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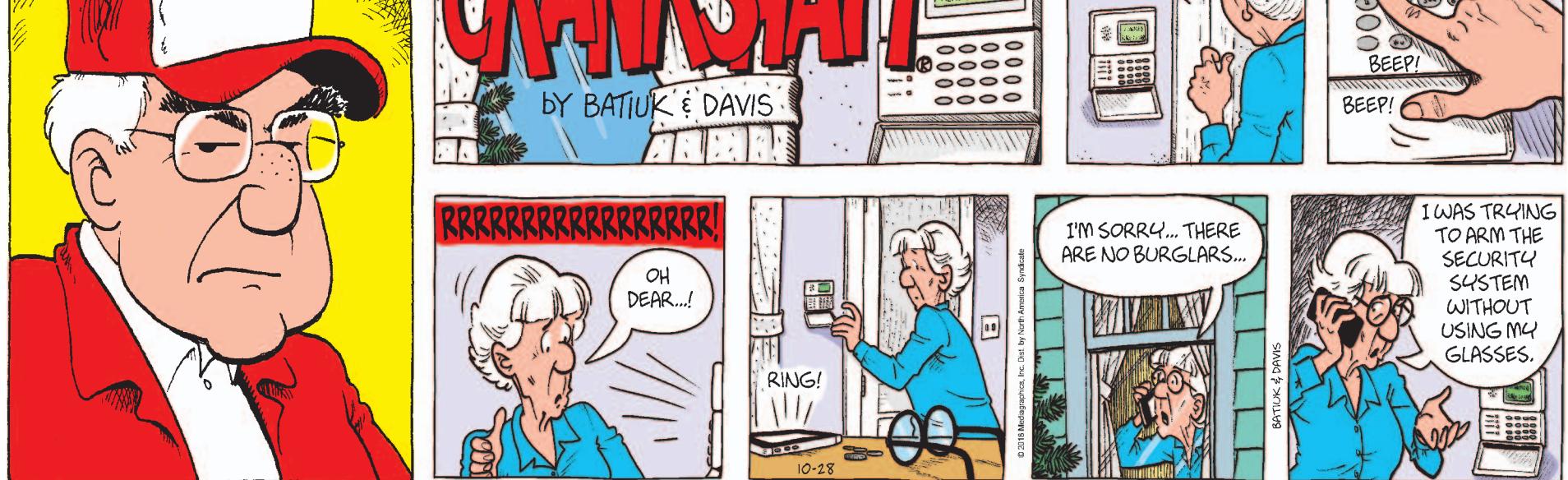
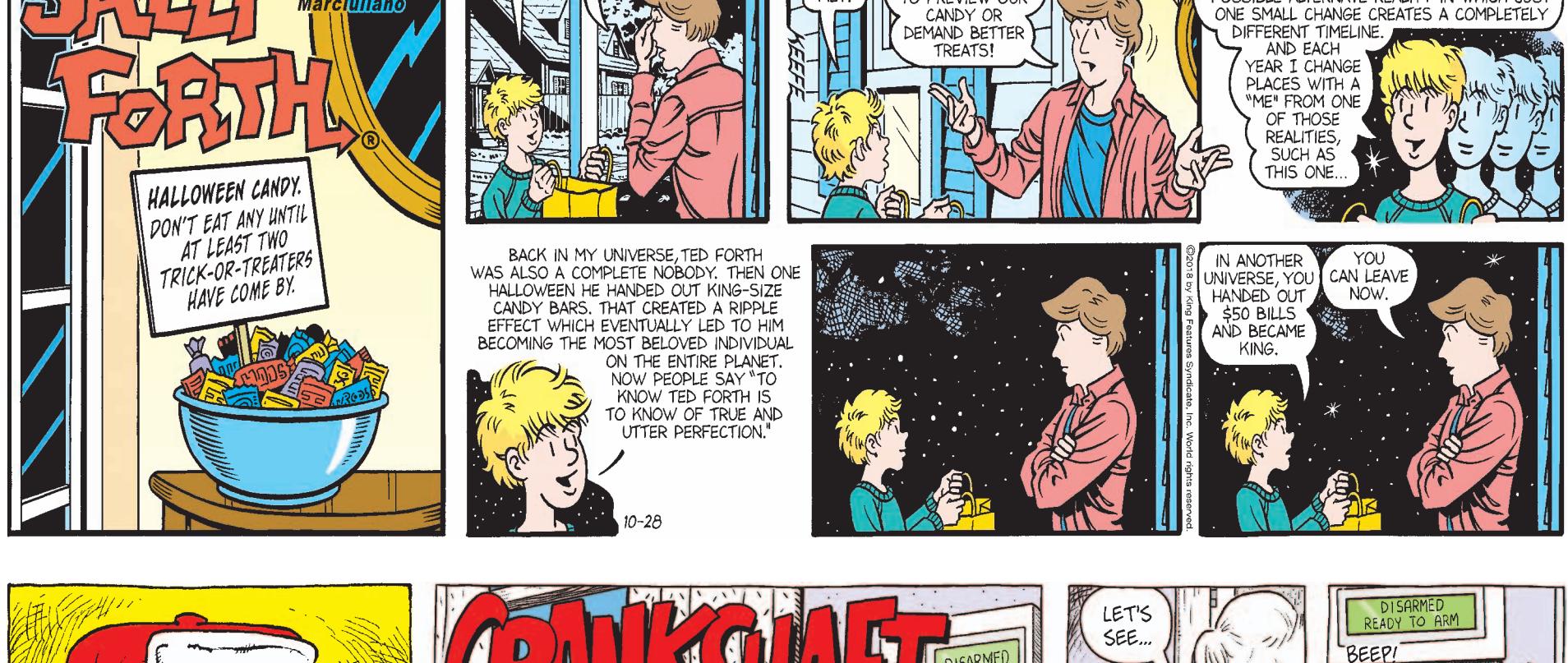
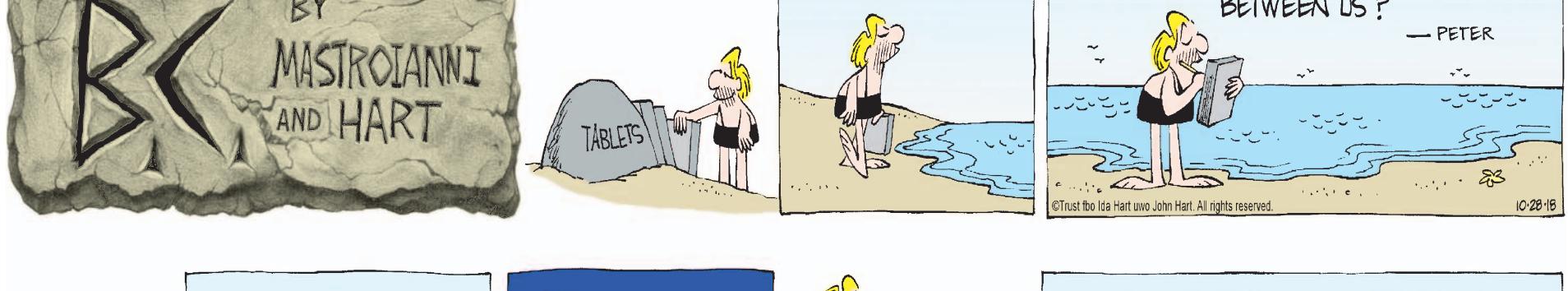
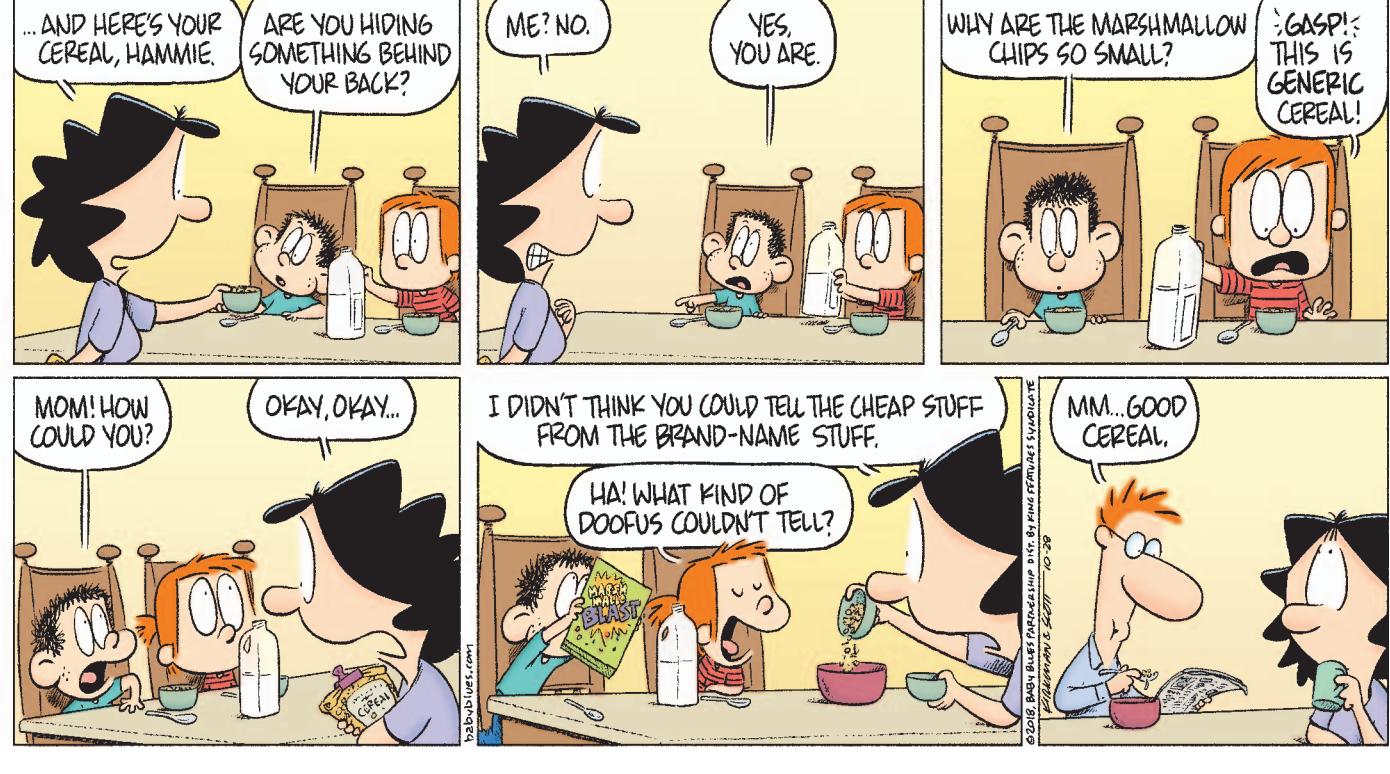
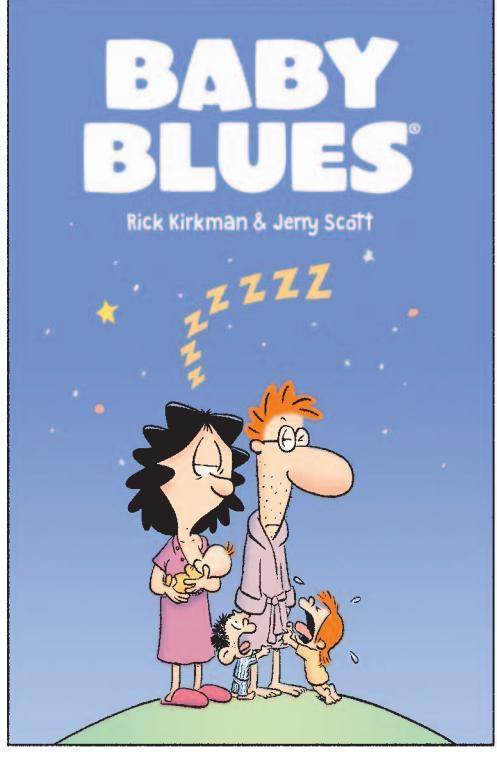
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Happy birthday, Rachel! -- Dad

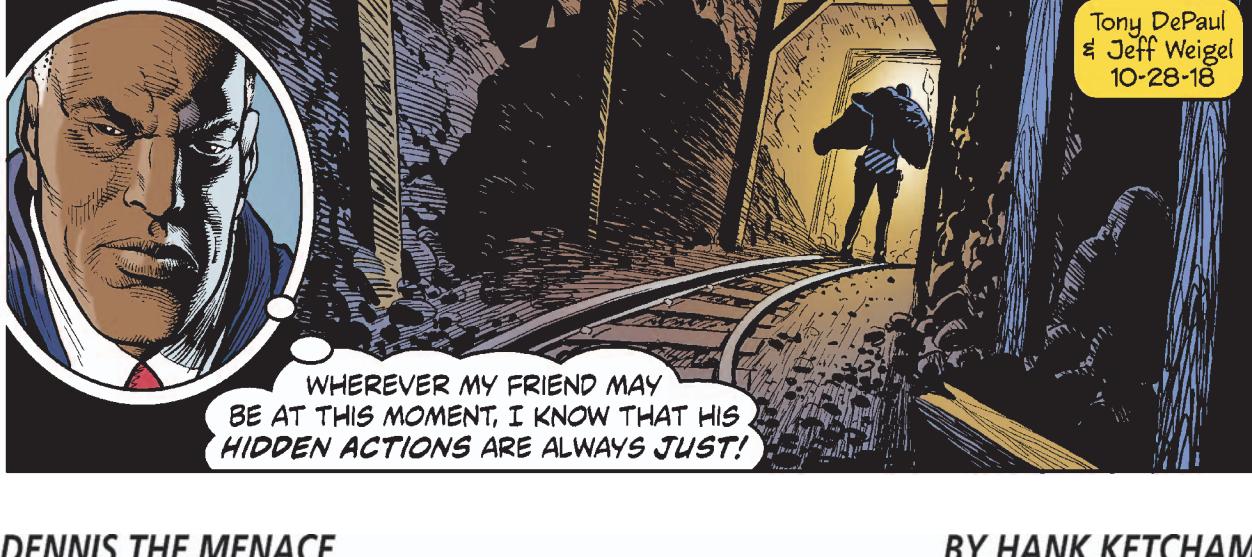
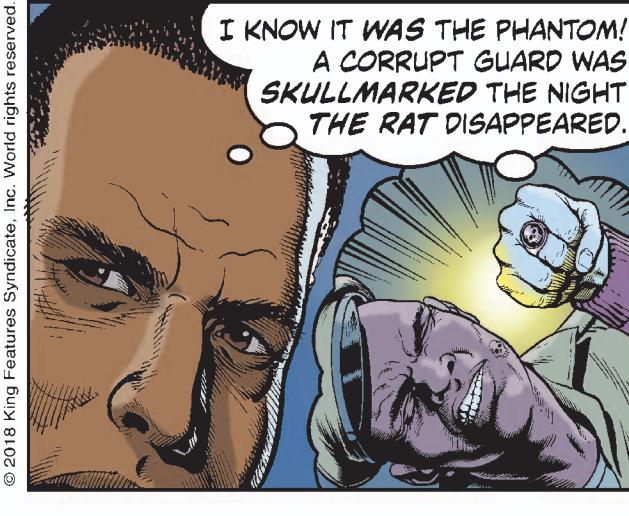
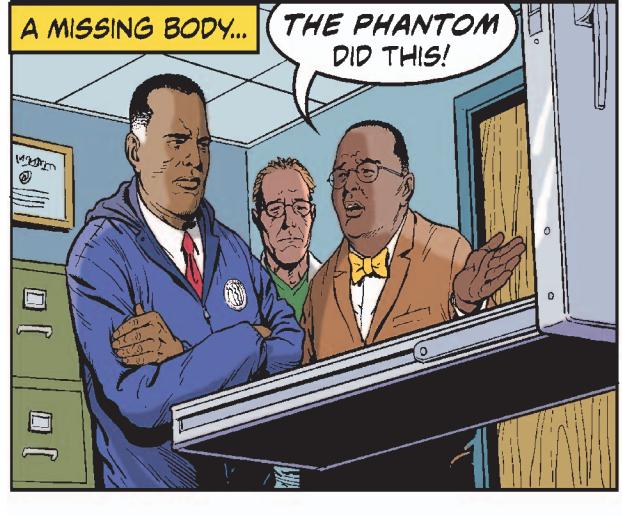
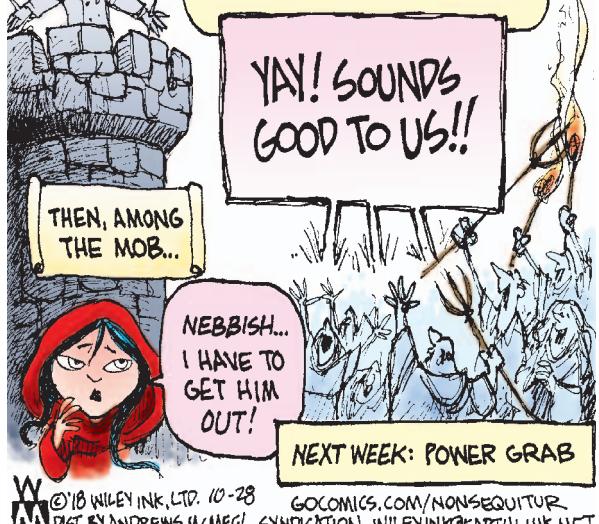
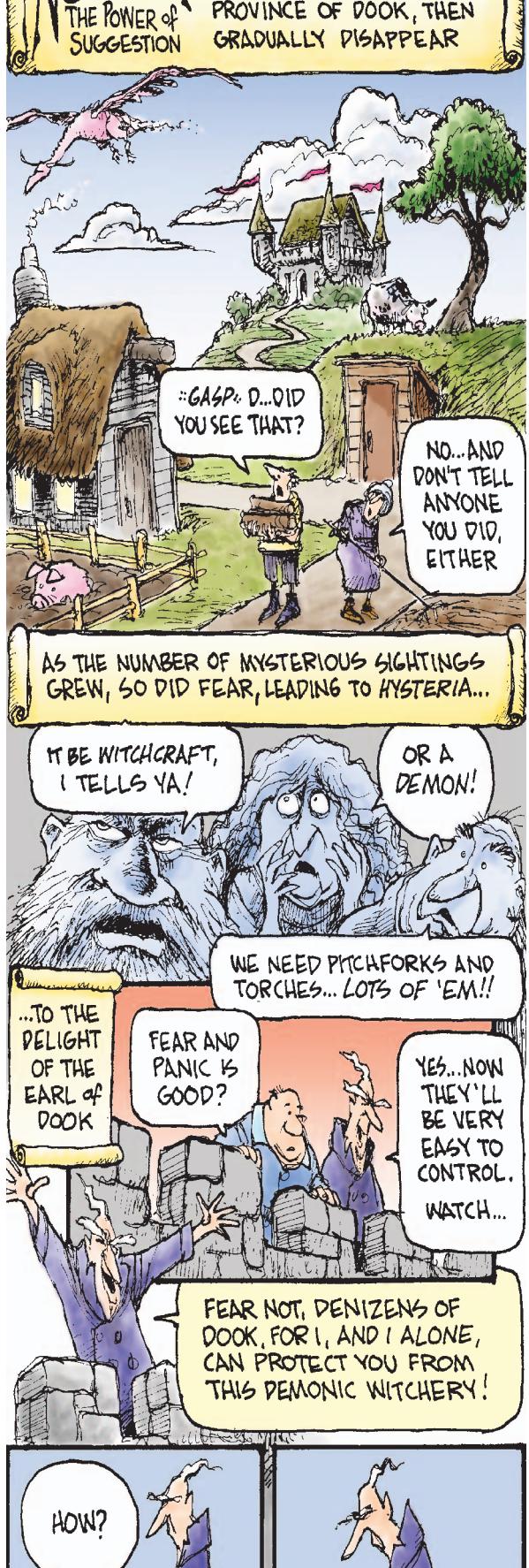
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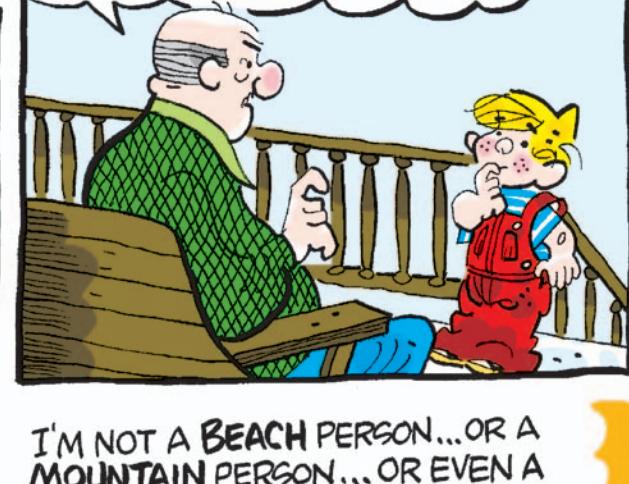
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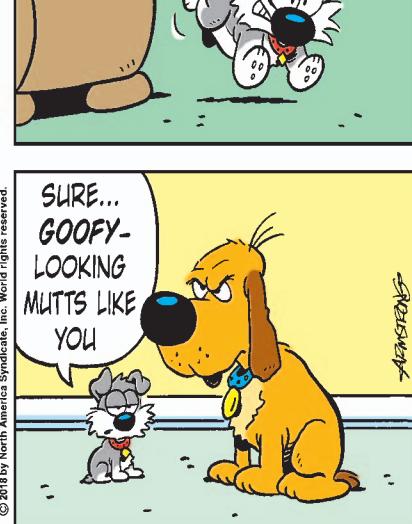
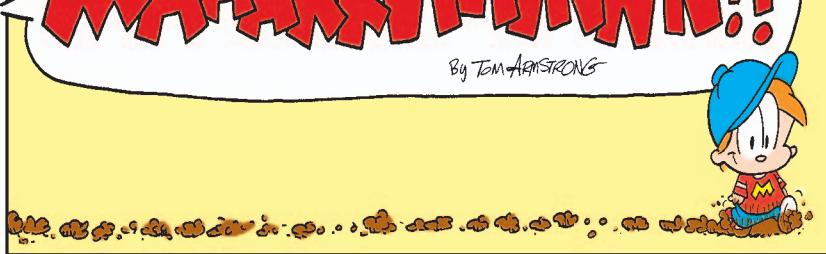
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DENNIS THE MENACE

BY HANK KETCHAM



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