

MILITARY Women's BULLETIN



In this issue...

Officers' Call	→ 2
"MWAN" vs "MilWomen"	→ 3
Regional Representatives	→ 3
Scholarship Application	→ 4-5
Sound Off	→ 6-9
About VA Health Care	→ 9
Contact Details	→ 10
Supply Locker Order Form	→ 11

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Vietnam War nurses celebrate 25 years of representation on National Mall

By Nikki Wentling, Stars and Stripes Staff Writer

WASHINGTON – Dozens of former Army nurses from across the country gathered Sunday around the bronze sculpture dedicated to their service in the Vietnam War.

While encircling the Vietnam Women's Memorial, some of the women flipped through old photos from Vietnam or began to cry while remembering servicemembers they treated there. Most of them draped their arms around each other, smiled and snapped photos.

Sunday marked the 25th anniversary since the memorial was established on the National Mall – the result of a nine-year fight to recognize the women's service.

A total 265,000 women served in the armed forces during the Vietnam War, 10,000 of whom were nurses. Eight female nurses died in the conflict.

"Twenty-five years ago, we came here to dedicate a long-awaited monument honoring the achievements, sacrifices and devotion to duty of women who served during the Vietnam era," said Diane Carlson Evans, a Vietnam nurse. "The monument has placed an image of American women in uniform firmly in the American conscious."

Evans founded the Vietnam Women's Memorial Foundation and spearheaded the campaign in the 1980s to create the national monument. She spoke Sunday during a Veterans Day ceremony at the Vietnam Veterans Memorial.

In the 1980s and early 1990s, Evans and others who helped with the effort to build the Vietnam Women's Memorial struggled against pushback from some congressional lawmakers and the news media.

"The sculpture arrived following years of controversy and outright rejection by government agencies and public figures," Evans said. "Yet, these women had shouldered the war together with our brother veterans. We saved lives. We sustained their mission by working together in many roles."

The sculpture, adjacent to the Vietnam Veterans Memorial, depicts three nurses surrounding a dying soldier.

Retired Army Col. Amelia Jane Carson helped see that it was built. Evans enlisted the help of Carson, a former Vietnam nurse who was then working in the Pentagon.

"All the wars and the multitude of statues in Washington, D.C., and not one – not one – recognized the service of women to our military," Carson said Sunday.

The memorial has been a source of healing for Carson, who struggled with depression after returning from Vietnam.

"So what does the memorial mean to us who carry so much grief from so many years ago? To me, this is a place of healing, hope, compassion and love," she said. "It is a reminder that no veteran, regardless of their gender, will ever be forgotten."



Diane Carlson Evans, left, and Amelia Jane Carson, left, pose for a photo in front of the Vietnam Women's Memorial on Nov. 11, 2018. The two women, both Army nurses in Vietnam, led the charge to establish the memorial. It was dedicated 25 years ago, on Nov. 11, 1993. Nikki Wentling / Courtesy of Stars and Stripes, All Rights Reserved



Visitors covered the Vietnam Women's Memorial in flowers for Veterans Day on Sunday, Nov. 11, 2018. The memorial, which sits near the Vietnam Veterans Memorial on the National Mall, was dedicated 25 years ago, on Nov. 11, 1993. Nikki Wentling / Courtesy of Stars and Stripes, All Rights Reserved

→→ Don't Forget! ←←

**National Dues DUE 1 Jan
February Bulletin Input DUE 1 Jan**

Details on all reports are in the MWAN Procedures Manual available at www.milwomen.org

Presidential Ponderings

by Patty Parks, National President

We are still seeking a Region V Representative as well as Alternate Representatives for Regions II, III and IV. Regional representatives and alternates are essential to the survival of our organization. While I would love to visit with each and every member - providing the sistership, support, information and/or advice needed - that is simply impossible.

Our six regional representatives and their six alternates give us 12 links to our nationwide membership. However, to have these links, we need a few more volunteers. Duties and skill sets required of these positions are listed in the MWAN Procedures Manual (available at milwomen.org).

My personal expectations for regional reps are: 1) Make regular contact with the units within your region; 2) Contact (by letter, phone or email) EACH Member-at-Large in your region at least annually, and 3) Do what you can to help find other military women.

An estimate of the time needed to complete these duties is 10 hours monthly, and that time can be cut in half if there is an alternate to share the job.

This is an opportunity for you to contribute to the future of our organization as well as to provide leadership for your sister servicewomen. Please contact me if you have questions about the positions or are interested in applying for one.

2nd Vice Advice

by Georganne Bickle, National 2nd Vice President

It was a pleasure to attend the National Convention and see my sisters from around the country. We had a wonderful week of fun and lasting memories. I am looking forward to the next one in Ohio in 2020 and seeing all of you there.

I attended a seminar called, "The Ripple Effect." The program's focus was preventing suicide in active duty and veteran communities. A major cause of this crisis is the feeling of isolation. Ladies, we can make a major difference in the lives of our sisters - young and old - by consistently reaching out to those in our local areas. How do we do this?

1. Carry a stack of MWAN business cards or flyers in your purse or backpack and hand them out to everyone you meet in the store, bank, restaurants, post office, etc.

2. Attend as many events as you possibly can and pass out info about a unit or meeting of military women in your area.

3. When you meet other service sisters, get their phone numbers and email addresses. Stay in touch on a regular basis to encourage them to join or start new units.

4. Visit local military bases, guard and reserve units, VA Med Centers/Clinics, and display MWAN flyers.

5. Visit other veteran organizations in your area and partner with them to do an event.

6. Submit information to your local newspaper encouraging them to do an article on one of your members.

Call me if you need any ideas, encouragement, or want to talk. Thank you for allowing me to serve you. Have a Joyful and Blessed Holiday Season!

For the Record

by Debbie Crutchfield, National Recording Secretary

Thank you for allowing me to serve as your Recording Secretary. I'm looking forward to serving with the wonderful ladies on our board for the next two years. I want to thank Lynne Pine and her crew for the wonderful Convention we had in San Diego. It was good to see many old friends and to make new friends with our sister veterans. We have a big

Officers' Call

job ahead of us in rewriting the by-laws, but I'm sure we have a capable crew to get the job done.

ExecSec Reminders

by Barb Turner, Past National Executive Secretary

As we continue to save money by reducing the number of printed newsletters, please advise anyone who is interested that all past Military Women's Bulletins are available - in Color - on our website "milwomen.org" and may be printed from there.

As of November 15th, **Ginger Daniels** became the new National Executive Secretary. Her contact information is:

Ginger Daniels, P.O. Box 314, Shattuck OK 73858

H: 580-938-2310 C: 580-344-4163

Email: Secretary@milwomen.org

Effective immediately, please send all address, phone and e-mail changes; deceased member notifications, as well as periodic unit, regional and national reports to Ginger.

There is no doubt in my military mind that Ginger will do a GREAT job for you and I thank her for stepping up.

It's been my pleasure to serve as your Executive Secretary these past 10 years and I look forward to seeing each of you in Ohio for our 2020 MWAN Convention.

Volunteer Viewpoints

by Diane Culleton, National Representative for Veterans Administration Voluntary Service (VAVS)

In October I attended the VAVS Executive Board meeting in Washington, DC. Discussion centered on improving volunteer services to veterans. Resulting recommendations will be given to the Under Secretary for Health.

This meeting concluded my commitment as a member of the Executive Board and I want to thank MWAN for giving me the opportunity to represent our organization. It gave me insight as to what goes on behind the scenes to make VAVS an integral part of helping our veterans.

Recently, I received the resignation of Carol Fish who volunteered at the Vancouver Division of the VA Portland Health Care System in Washington. We thank her for her many years of being a part of the VAVS program and for her dedication to volunteering that made a difference in our veterans' lives.

Well, fall is upon us with winter close behind. That means New Year's resolutions will be next and what a great opportunity to consider becoming a VAVS Volunteer. Helping to make a difference for our veterans is very rewarding. If you can see yourself being that person and becoming a part of your VA Volunteers and represent MWAN at local Quarterly Committee Meetings, please contact me at diane.turcotte30@gmail.com or call me at 207-474-2235.

National Officer & Staff contact Info on Page 10.

Local VAVS Reps Needed!

MWAN has had a member on the Veterans Administration Volunteer Services (VAVS) board for more than 20 years. However, we are in danger of losing that position.

To have a member on the board we must have representatives volunteering in 25 VA medical treatment facilities. We currently only have representatives in 18 facilities. Participation as a representative requires attending four (4) VAVS committee meetings locally per year and completing one Annual Joint Review each year.



While it would be nice if the representative volunteered at the VA medical treatment facility on a regular basis that is not a requirement.

During the past 20 years, we have seen great improvements in services offered to women veterans at VA medical treatment facilities. Having military women as representatives on the local level has been instrumental in making these critical changes happen.

PLEASE HELP keep the momentum going. If you live near a VA medical treatment facility and would consider becoming a local representative, please contact our National VAVS Representative Diane Culleton at diane.turcotte30@gmail.com or 207-474-2235.

~~History~~ HerStory

"What's in a name? That which we call a rose by any other word would smell as sweet..."¹

But calling something multiple names may cause confusion!

Some members are puzzled by the different names we call our organization. Hopefully, the following will serve to demystify who we are.

As of October 2014 our Bylaws and Articles of Incorporation were amended to change our organization's official name to **Military Women Across the Nation**. Of course, considering our military training the first thing we decided to do was abbreviate our name!

The first choice was to select the first letter of each primary word creating "MWAN". Many attempt to pronounce this creation as an acronym which results in saying "em-wan" with the "a" sound as in the word "ran". Others simply say the letters individually similar to "VFW" and "PTA". While some may have a preference, either pronunciation is acceptable.

So, how does "MilWomen" fit into this riddle? Since the first part of our name is Military Women, MilWomen was deemed to be a better descriptor when seeking an internet domain. Once our internet presence was established, our Bylaws were amended to allow "MilWomen" to be an official abbreviation as well as "MWAN".

¹ From William Shakespeare's "Romeo & Juliet"

Regions and 2018-2020 Regional Representatives

Region I	Pacific Region includes Alaska, Hawaii, California, Oregon, Washington, Idaho, Montana, Wyoming, Nevada, Utah, Colorado, Arizona and New Mexico. Representative: Monica O'Hara 619-262-1047 plainsman9@cox.net 6383 Kimmy Court, San Diego CA 92114-5631 Alternate: Martha Alderman 623-810-9328 mmkrokum@gmail.com 6343 W Cochise Drive, Glendale AZ 85302-1141
Region II	Central Region includes North Dakota, South Dakota, Nebraska, Kansas, Oklahoma, Texas, Minnesota, Iowa, Missouri, Arkansas, Louisiana, Tennessee and Mississippi Representative: Michele Batliner 816-315-9229 mbatliner@att.net 5828 E. 12th Street, Kansas City MO 64126-2018 Alternate: VACANT
Region III	Great Lakes Region Includes Wisconsin, Michigan, Illinois, Indiana, Ohio and Kentucky Representative: Jennifer Baun 314-803-8643 jennifer.baun@att.net 4068 Lockwood Boulevard, Youngstown OH 44511-3564 Alternate: VACANT
Region IV	Northeast Region includes Maine, Vermont, New Hampshire, New York, Massachusetts, Rhode Island, Connecticut, New Jersey, Pennsylvania, Delaware and Maryland Representative: Paula Witcher 302-365-5450 paula.witcher@vmcenter.org 3404 Stone Place, Newark DE 19702-4422 Alternate: VACANT
Region V	Mid-Atlantic Region includes West Virginia, District of Columbia, Virginia, North Carolina, South Carolina, Georgia and Alabama Representative: VACANT Alternate: Beth Wingfield 706-517-6111 shooterbw@yahoo.com P.O. Box 648, Crandall GA 30711-0648
Region VI	Sunshine Region is Florida Representative: Christie Parker-Wheeler 352-949-4675 christie@wadeandchristie.com 13570 SW 173rd Court, Archer FL 32618-5351 Alternate: Jouay Koppari 813-684-1668 jouayk@verizon.net 4517 Cabbage Palm Drive, Valrico FL 33596-7189



Military Women Across the Nation College Scholarship Rules & Application



This \$1,000 scholarship is available to a relative - male or female - of a military woman.

The 2019 essay topic is **“The Role of Military Women in the National Guard.”**

APPLICANTS WHO DO NOT ADHERE TO ALL INSTRUCTIONS WILL BE DISQUALIFIED.

Applicant Eligibility

1. Applicants may be female or male but must be a civilian relative of a Military Woman who has served or is serving honorably in the U.S. Army, Navy, Marine Corps, Air Force or Coast Guard or their Guard or Reserve components. The relationship may be by birth, legal adoption or marriage.
2. Applicants must have a 3.2 or better Grade Point Average (GPA) on a 4.0 scale.
3. Applicants must be a high school senior or undergraduate college student.
4. Entries must be submitted by March 18, 2019: NO EXCEPTIONS.
5. Military women and veterans may **NOT APPLY FOR THIS SCHOLARSHIP.**

Application Package MUST INCLUDE the following:

1. Completed Application.
2. Copy of all transcripts pertaining to current course of study to include academic standing.
3. ***Documented Proof of the military woman relative's honorable military service.*** Application packages without this proof **WILL NOT be considered.** ***Documented Proof*** is a legible copy of the military woman's Standard Form DD-214 discharge certificate **OR** a Statement of Service on letterhead from the military woman's current command.

NOTE: To protect personal information applicants are directed to mark out all references to social security and/or service numbers on the DD-214 and high school or college transcripts.

4. An essay of 1,000 to 1,500 words in length written on the 2019 topic. The essay must be the applicant's own work; be submitted in .doc or .docx format, and include documented evidence of both research and an interview with at least one military woman. (The interviewee does not need to be the qualifying relative.) Applicants are encouraged to contact military women in recruiting offices, at military bases, reserve units, etc. to enhance the research.
5. The entire Application Package shall be submitted in one email to include **separate attachments** for the following:
 - (1) Completed Application
 - (2) Transcripts (must be legible)
 - (3) Military Woman Relative Proof of Eligibility
 - (4) Applicant's essay (in .doc or .docx format)

Each attached file must include the applicant's last name and first initial as part of the file name and ALL correspondence must include the applicant's name in the subject line.

6. Email the Application Package and/or any questions to the Scholarship Chair:

MWANScholarship@milwomen.org

Application Package Submission DEADLINE is March 18, 2019

Applicants will be notified in June 2019 of the results.

The scholarship will be paid jointly to the scholarship recipient AND his/her college.

The application is available for download at www.milwomen.org (See documents page)

Military Women Across the Nation College Scholarship Rules & Application

PRINT or TYPE ALL INFORMATION

Applicant

Full Name: _____
Last First Middle Maiden (if applicable)

Mailing Address: _____
Street City County State Zip Country

Phone #: () _____ Email: _____

Age: _____ Current GPA (4.0 scale): _____ Class Ranking: _____

High School Test Scores: SAT Verbal _____ SAT Math _____ ACT Comp _____

Name of School Currently Attending: _____

School Address: _____
Street City County State Zip Country

School Phone #: () _____ School Website: _____

Name of School you plan to attend (if different): _____

School Address: _____
Street City County State Zip Country

School Phone #: () _____ School Website: _____

Type of School you are attending/plan to attend (Select as appropriate)

___ 4-Year/Undergraduate College or University ___ Trade/Technical School
___ 2-Year/Undergraduate College or University ___ Other: _____

Civic Clubs: List memberships and offices (if applicable). Include school, civic, community service, honorary and religious organizations for each active membership: _____

Volunteer Work/Employment: List your volunteer and/or employment experience: _____

Hobbies/Talents: List your hobbies, talents and/or interests: _____

Course of Study: List your major or the field you plan to study: _____

What is your career objective? _____

(Continue answers on separate pages as necessary.)

Qualifying Military Woman Relative

Full Name: _____
Last First Middle Maiden (if applicable)

Relationship to applicant (Mother, Aunt, Cousin, etc.): _____

Service Branch: _____ Current Military Status (Veteran, Retired, Active, Reserve, etc.): _____

Type of Military Service Proof included (REQUIRED): _____



Application Submission DEADLINE is MARCH 18, 2019

Questions? Contact the Scholarship Chair at
MWANScholarship@milwomen.org
Or Call Barb Turner at 817-491-4555



Sound Off!

NORTHEAST OHIO WOMEN VETERANS

Unit #21 (OH) - Unit 21 has had a couple of very busy months. The Canfield Fair was extremely successful this year partly because we were right up front. Simultaneously with that was the Women Marines Association convention followed immediately by the MWAN National convention.



L-R Vicki Orem, Jennifer Baun & Denise Duke attending National convention

Unit members also participated in the Women Veterans Coalition meeting on September 7th in Atlanta. The Summit County Stand Down was successful again, especially thanks to unit member Ellen Leidy at the helm.

Unit 21 joined forces with Chesty Puller Chapter (OH-2) of the Women Marines Association to take care of the women veterans' needs. Women veterans were well represented at the Stark County Veteran Resource Fair, too.



L-R Elva Pounders, Ellen Leidy & Brook Harless at Stark County Resource Fair

Congratulations to unit member Jan Brown for her recent election to the position of National 1st Vice Commander of AMVETS. Jan is a retired Air Force veteran and also serves as Commander of AMVETS Post 44 in Struthers.

MILITARY WOMEN OF TAMPA BAY

Unit #55 (FL) - Three out of four Saturdays in October were filled with veteran-related community events for our unit members. The first weekend was the annual Card for Troops sponsored by the Center Place Fine Arts and Civic Association. Participants assemble Holiday Cards that are

sent to deployed service members to address and mail to their families and friends.

This year the card – which included 3-dimension snowflakes - was quite challenging. However, we prevailed and successfully completed a little over 100 cards. As a group, we won several raffles and had lots of fun. Can't go wrong with free food and good friends.



Dedicated card crafters pictured are (Above Left) Jouay Koppari, (Above Middle) Joan Fialkowski, (Above Right) Pattie Duvall, sporting one of the "snowflakes" for the cards & (Right) Patty Koppari

The next weekend, traditionally, the unit's meeting date, included setting up a tent on the St Matthew's Anglican Church grounds for the church's 20th Anniversary Bazaar. The DJ honored us by playing a medley of theme songs of each service. We had an opportunity to meet and talk with both veterans and future military candidates.



L-R Joan Fialkowski, Patty Koppari, Jouay Koppari, Cathy Gerolimatos, Lee Marin & Mary Atzert at St. Matthew's.

Last but not least, was the dedication of the Civil War Memorial at Hillsborough County Veterans Memorial Park. The program included a Civil War historian from the University of Southern Florida who amazingly condensed Tampa's Civil War involvement to a 15-minute presentation. A color guard and rifle team in period dress representing both the North and the South, as well as citizen militias were represented. Their muskets were very loud and produced a lot of smoke.



Jouay Koppari & Cathy Gerolimatos, "Cookie" and an unidentified Union soldier in the background are pictured next to the memorial.

REDWOOD EMPIRE

Unit #77 (CA) – Unit members are concluding this year with several activities in association with other Veterans Service Organizations (VSOs). Unit President Rose Nowak was the keynote speaker in recognition of Women's Equality Day, at the U.S. Coast Guard Center. Our last official meeting of the year was held on October 13th.



L-R Captain Michael Flynn, Commander, USCG TRACEN, Petaluma, Rose Nowak & Petty Officer Bethany La Rosa at Women's Equality Day.

On Veterans Day we all participated in a parade billed as the "Largest Veterans Day Parade North of the Golden Gate" and rated as seventh best in the nation.

Rose also spoke about women veterans on Saturday, November 3rd at the Santa Rosa Women's Club. We will conclude the year with a luncheon at a restaurant on December 8th and a dinner that same evening for our family members along with all the other VSO's at the Petaluma Veterans Building. To all our sisters: Wishing you all the best during this holiday season, and a Happy, Healthy New Year!

FLATWATER WOMEN VETERANS

UNIT #98 (NE) - Our Unit met at the Nebraska Veteran's Home in Bellevue on Saturday, September 8th for a Tea Party. Helping us were girls from Boys Town/Girls Town and they really seemed to have enjoyed it. They poured tea and passed around the cookies and scones. Their House Mother said the girls were excited to be able to work. There were about 10 residents attending.

Pat Hunsche had all 10 of her Military Barbie Doll collection by Mattel on display (Two are pictured at right). Many attendees were not aware the dolls were sold in the 1980's.

Deb Wehril and Pat Hunsche went to the Omaha Airport to see the Homecoming of the Nebraska Women Veteran's Honor Flight to Washington DC on September 24th. Excitement was in the air with flags waving and homemade signs held high as families and friends met their veterans at the gate and walked with them through the crowd. It was



Sound Off!

especially heartwarming to see little children waving flags; excited that their family members had come home. The Burke High School Band was there and played patriotic music reminding some of long-ago days on the grinder!

We met in Blair on October 6th for the final meeting of 2018, paid our dues and exchanged notes about the Tea Party. We will try to get together next April, weather permitting.

For Unit Information, contact Pat Hunsche at phunsche@abbnebraska.com or 402-426-2013.

MILITARY WOMEN OF TIDEWATER

Unit #152 (VA) – Unit member and U.S. Coast Guard veteran Maggie Cobb celebrated the USCG's 228th anniversary at the Rayburn House Office Building in Washington, DC, which houses the congressional offices. Many Representatives and Senators attended the celebration, along with several USCG officials. Maggie supports the USO in the DC area and attends unit functions in the Tidewater area.

Maggie Cobb (R) & Rear Admiral Melissa Bert, USCG Director of Government and Public Affairs



Our unit was represented by a special group of members at the all-day Honor Flight to Washington, DC, in October. Their passion for honoring

veterans from a bygone era is what the unit is all about. We made more than 100 Pillows for Patriots to hand out to the veterans on the trip.



(Front) Libby Morrison, Honor Flight Honoree; L-R (Back) Betty Hand, Guardian; April Maletz, Asst. Director, HTVA Honor Flight, and Martha Kastler, Flags of Our Heroes Coordinator in Washington, DC.

Sound Off!

MILITARY WOMEN OF TIDEWATER (continued)

Veterans Day was celebrated by participating in the annual parade at Virginia Beach, followed with continued camaraderie at Olive Garden for lunch.

We meet monthly, at VFW 4809 in Norfolk. For meeting info contact Dassa Carvey at dassahsg@gmail.com or (757) 363-3059

FOX CITIES

Unit #153 (WI) – Our unit's three oldest members celebrated birthdays in August. Maureen Radtke (Navy, Korea), pictured below on the left, turned 85; Grace Gebhart (Navy, WWII), pictured below on the right, turned 96, and Cody Splitt (Navy, WWII), in the center, turned 99 years young. Our two WWII birthday girls are also Unit Charter members. Many birthday blessings go out to all three of our esteemed members.



We meet the 3rd Saturday of each month from March thru November at Atlas Waterfront Café in Appletton. For information contact Pamela Pamperin at ppamperin@new.rr.com or (920) 954-8445.

SALT RIVER WOMEN VETERANS

Unit #155 (AZ) - September and October were very busy months for our unit. A total of 13, including three new members, attended the National Convention in San Diego! As with the Regional Conference, the San Diego Stars and Stripes Unit put on a memorable event!



Tiffani Maynor (L) & Maria Gastelum

Our October meeting included a Halloween party with several members in costume. We had snacks, games and fun.



L-R First-time visitor Kirsten with "Shirley," Georganne Bickle with "Silky," Kitty Bickle, Beth Anne Whiting, Martha Alderman & Tiffani Maynor



L-R Elisabeth & Josie Lewandoski



The third annual Beauty Bash sponsored by Veterans First, Ltd., was attended by many of our members. Goody bags, facials and haircuts were provided to women veterans free of charge.

For meeting information, contact Georganne Bickle at 480-785-6806 or gpickle@gmail.com.



L-R Stacey Gross, Gabe Forsberg, Terry Taylor, Kitty Bickle, Georganne Bickle & Martha Alderman at the Beauty Bash

New in the Supply Locker!

Mini



Flags

Only \$10 for the Set!

Set of 2, 4"x6" Flags - American & MWAN with weighted gold-colored base.

TRISTATE WOMEN VETERANS

Unit #157 (TN) - Several members recently enjoyed a "Red Shirt" outing. Those available don red shirts along with all manner of military and/or patriotic embellishment, select a local dining establishment and enjoy a meal while reminding the community that women are veterans!!



L-R (standing): Michele Lorino, Deborah James, Cathy Brown, Shelly Galloway, Nancy Pollard & Laura Holder L-R (seated) Patty Parks, Renee Chisholm, Penny Manna

Sound Off!

MEMBER AT LARGE (FL)

Pictured at right, World War II Navy WAVE Pat Rudd was recently presented with a Quilt of Valor.

Still lovely at 97 years young, Pat was stationed at Pearl Harbor, HI, in 1943. She lived in Alaska for many years but has since moved to Florida to be closer to family. Thank you for your service Pat!



About VA Health Care for Women Veterans

At each VA Medical Center nationwide, a Women Veterans Program Manager is designated to advise and advocate for women veterans. She can help coordinate all the services you may need, from primary care to specialized care for chronic conditions or reproductive health.

Woman veterans who are interested in receiving care at VA should contact the nearest VA Medical Center and ask for the Women Veterans Program Manager or call toll-free 1-855-VA-WOMEN (1-855-829-6636)

VA health care for women veterans includes:

Primary Care

- General care includes health evaluation and counseling, disease prevention, nutrition counseling, weight control, smoking cessation, and substance abuse counseling and treatment as well as gender-specific primary care, e.g., cervical cancer screens (Pap smears), breast cancer screens (mammograms), birth control, preconception counseling, Human Papillomavirus (HPV) vaccine, menopausal support (hormone replacement therapy).
- Mental health includes evaluation and assistance for issues such as depression, mood, and anxiety disorders; intimate partner and domestic violence; sexual trauma; elder abuse or neglect; parenting and anger management; marital, caregiver, or family-related stress; and post-deployment adjustment or post-traumatic stress disorder (PTSD).
- Military Sexual Trauma (MST). Women—and men as well—may experience repeated sexual harassment or sexual assault during their military service. Special services are available to women who have experienced MST. VA provides free, confidential counseling and treatment for mental and physical health conditions related to MST.

Specialty Care

- Management and screening of chronic conditions includes heart disease, diabetes, cancer, glandular disorders, osteoporosis, and fibromyalgia as well as sexually transmitted diseases such as HIV/AIDS and hepatitis.
- Reproductive health care includes maternity care, infertility evaluation and limited treatment; sexual problems, tubal ligation, urinary incontinence, and others. VA is prohibited by legislative authority from providing abortion services.
- Rehabilitation, homebound, and long-term care. VA referrals are given to those in need of rehabilitation therapies such as physical therapy, occupational therapy, speech-language therapy, exercise therapy, recreational therapy, and vocational therapy. Homebound and long-term care services are available as well, limited to those meeting specific requirements.

Telephone Care

For enrolled women veterans, a VA health care professional is available by phone at each VA Medical Center to answer questions and advise on health concerns 24 hours a day, 7 days a week. If you are currently enrolled as a VA patient, you can contact your VA Medical Center and ask for the telephone care number.

Programs for Special Groups

Special programs provide services for homeless women veterans, victims of domestic violence, and women veterans interested in education and training, employment assistance, and vocational rehabilitation.

For more info call the

Women Veterans Hotline toll-free at 1-855-VA-WOMEN (1-855-829-6636)

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Miscellaneous Information ❖ 1. Military Women's Bulletin is the official newsletter for Military Women Across the Nation, Inc., a nonprofit, veteran-service organization originally chartered in California in 1979 by co-founders Jeanne Palermo, Loda Mae Dobbins and Esther Govorchin. ❖ 2. This newsletter is published six times per year in February, April, June, August, October and December by Coastal Printing Inc., 3 Graf Road, Newburyport MA 01950. Items for publication may be submitted via postal or electronic mail to the newsletter editor (address above) and must be received by the 1st of the month PRIOR to publication. ❖ 3. National Dues are \$25.00 per calendar year (1 Jan-31 Dec). Unit members submit dues to Unit Treasurers; Members-at-Large submit dues directly to National Treasurer. ❖ 4. Membership cards are issued directly to NEW members upon payment of dues & \$10 Application Fee. Regular members will not be issued membership cards annually. Life members will be issued a permanent Life Membership card. ❖ 5. National conventions are biennial. ❖ 6. Submit all changes of address to the Executive Secretary (address above) as soon as possible. Returned newsletters will NOT be re-mailed.

MWAN Member ID#: _____

ADDRESS CHANGE FORM PLEASE PRINT!

OLD Address: _____

NEW Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: _____ Effective Date: _____

Mail to: Ginger Daniels, Executive Secretary
P.O. Box 314, Shattuck OK 73858-0314
OR Email to: Secretary@MilWomen.org

Newsletters are sent via **BULK MAIL** and will **NOT** be forwarded by the Post Office. Please include MWAN on ALL Address Changes in order to keep receiving your Military Women's Bulletin. If possible, please send the address change 60 days before moving.

To have your newsletter mailed **FIRST CLASS** which includes forwarding service, please send your request along with \$7.50 to our National Treasurer (listed above).

**PLEASE CONSIDER RECEIVING
YOUR NEWSLETTER VIA EMAIL.**

Contact Secretary@MilWomen.org for details

MWAN Supply Locker

DECEMBER 2018

Name: _____ (Why not use a return address label here!)

Address: _____ **City** _____ **ST** _____ **Zip** _____

Did you circle the type/size and/or color on items?? Double Check please! **Phone Number: () _____

Price per piece...X Number you want = total cost for item(s)

PATCHES

- MWAN 2½" (caps) \$ 3 X _____ = _____
- MWAN 3" (shirts) \$ 4 X _____ = _____
- MWAN 8½" (vest) \$10 X _____ = _____
- US Navy WAVES Veteran (circle) \$4 X _____ = _____
- Patches: Navy Flag or Services (USN, USAF, USMC, USCG, ARMY) \$4 X _____ = _____
- American Flag Patch (3½"x2") \$4 X _____ = _____
- Proud to Serve (square) \$5 X _____ = _____
- Women are Veterans, Too \$5 X _____ = _____
- WAVES Anchor (old style) \$4 X _____ = _____
- Vietnam Era Eagle \$6 X _____ = _____

JEWELRY & PINS

- MWAN Coin \$10 X _____ = _____
- MWAN Lapel pin \$ 4 X _____ = _____
- MWAN Charm \$ 7 X _____ = _____
- MWAN Earrings \$12 X _____ = _____
- MWAN Coin Keychain \$12 X _____ = _____
- Watch, USN WAVES \$30 X _____ = _____
- Original Hat Pin \$10 X _____ = _____
- Anchor & Prop Earrings \$14 X _____ = _____
- Anchor & Prop Charm \$ 7 X _____ = _____
- Anchor & Prop Lapel Pin \$ 4 X _____ = _____
- Veteran Lapel Pins \$ 4 X _____ = _____
(USN, USAF, USMC, ARMY)
- Little Lady WAVE w/Flag Pin \$4 X _____ = _____
- Dogtag Pin (Women Proudly Served) \$5 X _____ = _____
- Freedom Forever Eagle Pin \$5 X _____ = _____
- US Flag & Service Flag Pin \$4 X _____ = _____
(USN, USAF, USMC, ARMY)
- USN Hat Pin (Spread Eagle w/USN) \$8 X _____ = _____
- USN Crest Lapel Pin \$4 X _____ = _____
- Sister Warrior Pin \$5 X _____ = _____
- US Navy Lapel Pin \$4 X _____ = _____
- USN Patriotic Ribbon Pin \$4 X _____ = _____
- POW/MIA Lapel Pin \$5 X _____ = _____
- Department of Navy Lapel Pin \$4 X _____ = _____
- Service Crest Lapel \$4 X _____ = _____
(USN, USAF, USMC, USCG, ARMY)
- Service Dogtag Pins \$5 X _____ = _____
(USN, USAF, USMC, ARMY)

****Shipping Cost****

Up to \$45 = \$7; \$46-\$100 = \$14; \$101 & above = \$20
Check/MO #: _____

No Phone Orders.

Make checks/Money Orders payable to **MWAN SUPPLY LOCKER**

Mail check with Order Form to: Linda Coffield, 95 Vernon Street, Atoka, TN 38004

Questions? Call: (901) 488-4153 or Email: LindyC1951@gmail.com

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NEW ITEM: Mini-flag set for your desk or meetings, see order form

NOTE: MWAN Ladies White Dress Shirt RUN SMALL (Ladies cut)

POLO Shirts are unisex, sizes run larger; I suggest you order a size smaller

MWAN CLOTHING ITEMS

- Neck Tabs, Black w/Velcro \$12 X _____ = _____
- Garrison Caps (includes patch) \$23 X _____ = _____
 Sizes: 21, 22, 23, 24, 25, 26
- MWAN Visor \$12 X _____ = _____
- MWAN Ball Cap \$12 X _____ = _____
- MWAN T-Shirt \$15 X _____ = _____
 Sizes: S, M, L, XL, 2XL, 3XL, 4XL
- MWAN Polo Shirt \$30 X _____ = _____
 Gray or White Sizes: S, M, L, XL, 2XL, 3XL, 4XL
- MWAN Jacket \$32 X _____ = _____
 Sizes: S, M, L, XL, 2XL, 3XL, 4XL
- MWAN Sweatshirt \$22 X _____ = _____
 Sizes: S, M, L, XL, 2XL, 3XL, 4XL
- MWAN White Dress Shirt \$34 X _____ = _____
 Sizes: S, M, L, XL, 2XL, 3XL, 4XL, 5XL

ITEMS OF INTEREST

- MWAN Mouse Pad \$6 X _____ = _____
- American Veteran Bracelet \$5 X _____ = _____
- 2016 National Convention Patch \$1 X _____ = _____
- MWAN Playing Cards \$10 X _____ = _____
- Canvas Key Chain/Stars & Stripes \$6 X _____ = _____
- 2016 National Convention Coin \$6 X _____ = _____
- US Navy WAVES Veteran Magnet \$3 X _____ = _____
- *NEW** Mini-Flags Set (MWAN & American) \$10 X _____ = _____
 (flags are 6"x4" with weighted gold base)
- MWAN Window Decal \$2 X _____ = _____
- MWAN Magnets \$2 X _____ = _____
- MWAN Car Magnet (8" Oval) \$5 X _____ = _____
- MWAN Pencils (2 each) \$1 X _____ = _____
- MWAN Pens \$2 X _____ = _____
- WAVES Key Chain, Rubber \$5 X _____ = _____
- MWAN Flags (3'x5') \$80 X _____ = _____
- MWAN Table Coverings \$120 X _____ = _____
- MWAN PopSockets \$10 X _____ = _____
 3 for \$25. X _____ = _____

NAME BADGE W/MWAN PUCK \$15 X _____ = _____

Double clutch back **OR** Magnet back (circle one)

Name on Badge: _____

Nickname/Maiden: _____

Unit or Other Info: _____

Branch: _____ Years / From _____ To _____

(**Use back of form if you need more space**)

Subtotal: \$ _____

ADD Shipping: \$ _____

TOTAL DUE: \$ _____



Silver Taps



Lillian (Gilmore) Blight 10/MD
 Marion (Latz) Pollak 026/NY
 Marjorie (Winkler) Walsh 042/CT
 Jean A. (Robinson) Dabler * 068/NJ
 Olga A. Masluk 068/NJ
 Phyllis Reid 068/NJ
 Ruth V. (Dick) Dunlap 072/OH
 Katherine (Rowland) Simpson 094/TN
 Doris F. (Dawson) Bergquist 118/RI
 Donna L. (Beebe) de Wildt 118/RI
 Noella M. (Richard) Guerrieri 118/RI
 Shirley A. Hill 118/RI
 Tina (Toselli) McNeil 118/RI
 Edith (Lepage) Smith 118/RI
 Mabel M. (Joris) Unglaub 129/KY
 Dorothy M. (Fort) Zeillmann 129/KY
 Evelyn M. (Erickson) Foster MAL/AL
 Mary (Guarisco) Hirschfeldt MAL/AL
 Elizabeth (Merring) Overton MAL/AL
 Frances "Fran" (Lokey) Phelps MAL/AL
 Rhoda (St. Germain) Antos MAL/CA
 Juanita Carter * MAL/CA
 Josephine (Bradley) Ihnot MAL/CA
 Florence (Hermanson) Lesner MAL/CA

Claire E. Patsel MAL/CA
 Dawn (Dumont) Rook MAL/CA
 Clara (Weigel) Sehi MAL/CA
 Sylvia (Bellock) Steinhardt MAL/CA
 Lorraine (Millet) Tornabene MAL/CA
 Gracia (Knaack) Zimmerman MAL/CA
 Lucy (Taylor) Howell MAL/CT
 Myrtle L. (Bean) Reese MAL/CT
 Lena "Lee" (Cerretti) Lund MAL/FL
 Alice L. (Heywood) Stanley * MAL/HI
 Winifred G. (Murray) Kelley MAL/IA
 Helen E. (Johnson) Peterson MAL/IA
 Leona J. Swiech MAL/IL
 Rita H. (Pickard) Brengel * MAL/KY
 J. Irma (Keith) Moore MAL/LA
 Alice E. (Holst) Cornaro MAL/MA
 Bessie E. Levine MAL/MA
 Margaret (Staats) Pola MAL/MA
 Margaret (Thompson) Ford MAL/ME
 Rachel (Juderjohn) Babcock MAL/MI

Gone but not forgotten

Doris M. (Grim) Graham MAL/MI
 Eleanor (Jones) Robinson MAL/MI
 Bessie F. (Weir) Bedinger MAL/MO
 Retta A. (Binns) Sandgren MAL/MO
 Marie L. (Pomatto) Chase MAL/NC
 Lillian-Therese McCrelis MAL/NH
 Hedwige (Pitula) Murphy MAL/NH
 Carmela (Tramontana) Blumenthal MAL/NM
 Catherine (Wright) Grandia MAL/NM
 Ethel M. Frank MAL/NY
 Eula (Diment) Sams MAL/NY
 Ruth (Tonry) Veverka MAL/NY
 D. Eunice (Edgington) Griffin MAL/OH
 Harriet A. Parker MAL/OH
 Margaret (Whitehead) DeHart MAL/PA
 Elinor H. (Johnson) Folk MAL/TN
 Gladys (Sommer) Brokhausen MAL/TX
 Theresa "Terry" (Gasparotto) Milo MAL/TX
 Jeane (Morrison) Bennett MAL/VA
 Ellen (Mercer) Diming MAL/VA
U.S. Coast Guard
 Lillian M. (Kolar) Mower MAL/CA
 Dorothy (Eckhardt) Showman MAL/IL
U.S. Marine Corps
 Ann A. (Gardner) Doyle 94/TN

* Denotes Charter Member of WAVES National
 Please submit all MWAN member Silver Taps information to Executive Secretary (address on page 10)

MEMBER-AT-LARGE MEMBERSHIP RENEWAL FORM (Dues period 1 January to 31 December)

Name: _____ Member ID #: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email Address: _____

NOTE: Future newsletters will be sent via email. If you Prefer A Printed Copy, please check here

Phone: _____ **Life Membership for those 90 years & older is a one-time payment of \$30.**

National Dues for 1 year are **\$25.00** + Tax Deductible Donation \$_____ = **Total Amount: \$** _____

Please enclose a check or money order made payable to "MWAN", and submit with this form to:

Terry Taylor, National Treasurer, 10105 E Via Linda, Ste 103-253, Scottsdale AZ 85258-5362

First-time applicants must use the MWAN membership application available online at www.milwomen.org