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# Observer

WINDERMERE • HORIZON WEST • DR. PHILLIPS • BAY HILL



Residents celebrate Orlando Holi Festival. **9.**

VOLUME 4, NO. 27

FREE • THURSDAY, MARCH 28, 2019



## That's how we roll!

Chef Henry Moso is bringing his Kabooki Sushi eatery to Dr. Phillips. **PAGE 3.**

# Maybe he will

Noah Schnacky, a Windermere native, is garnering national and international attention in country music. **SEE PAGE 4.**



Danielle Hendrix

Windermere native Noah Schnacky, 22, is an emerging star in the world of country music. He recently performed at Country Thunder in Kissimmee.

## YOUR TOWN

### SIGN UP FOR WINDERMERE RUN

Attention runners: Discounted fees for the 2019 Windermere 5K/10K Run Among the Lakes will be available through March 31.

This year's event will take place Saturday, April 13, beginning at Town Hall on Main Street, Windermere. The 10K run will begin at 7:15 a.m., followed by the 5K run/walk at 7:45 a.m. The awards ceremony will be at 9 a.m.

The discounted rates are \$37 for the 5K and \$45 for the 10K.

For more information, visit [sommersports.com/Events/Runs/Windermere-5K-Run-Among-the-Lakes](http://sommersports.com/Events/Runs/Windermere-5K-Run-Among-the-Lakes).

## Front yard to table?



Florida Senate approves bill to ensure rights to grow veggie gardens.

**GABBY BAQUERO**  
NEWS EDITOR

A proposed state law aims to keep local governments from having any say on what you grow in your front yards.

The bill, known as the vegetable garden bill, is sponsored by Sen. Rob Bradley, a Republican representing District 5 in northwest Florida.

Senate Bill 82, which passed the Senate with a 35-5 vote Thursday, March 21, will prohibit local governments from

**SEE LAND PAGE 2**

## Cinépolis Hamlin launches sensory-friendly screenings

The Horizon West movie theater now is offering screenings on select Saturdays for those with autism or special needs.

**DANIELLE HENDRIX**  
BLACK TIE EDITOR

For some moviegoers living with autism or special needs, going to watch their favorite films at a theater can be difficult.

Because one of the most common problems that individuals with autism face is extreme or low sensory-overload issues, each person reacts to stimuli differently. With sensory overload, individuals with autism view things sharply. They may not like bright lights or airborne dust and could

**SEE SCREEN PAGE 4**

## REAL ESTATE



Keene's Pointe estate tops Windermere-area real-estate transactions. **SEE PAGE 12-13.**

PSRST STD  
ECRWSS  
US POSTAGE  
PAID  
WINTER GARDEN, FL  
PERMIT NO. 81  
\*\*\*\*\*ECRWSSEDDM\*\*\*\*  
Postal Customer

**YOUR CALENDAR**

**THURSDAY, MARCH 28  
CELEBRATING  
EXTRAORDINARY WOMEN:  
AN EVENING OF COCKTAILS  
AND CONVERSATION**

4 to 6 p.m. Thursday, March 28, at Lakewalk at Hamlin, 14012 Shoreside Way, Winter Garden. The West Orange Chamber of Commerce is celebrating three women, Marva Johnson, Ellen Korbin and Betsy VanderLey, who will share their stories of dealing with obstacles in their lives to achieve their successes. Tickets are \$36 in advance for Chamber members and \$46 for others and for Chamber members at the door. [Wochamber.com](http://Wochamber.com).

**FRIDAY, MARCH 29  
AMERICAN LEGION VIETNAM  
VETERAN OPEN HOUSE**

6:30 p.m. Friday, March 29, at the American Legion Post 63, 271 W. Plant St., Winter Garden. The post will recognize veterans of the Vietnam war at 8 p.m. with a pinning ceremony. The Vietnam War Veterans Recognition Act designates March 29 of each year as National Vietnam War Veterans Day. (407) 656-6361.

**IRONMEN OF GOD COFFEE**

7 to 8 a.m. Friday, March 29, above Axum Coffee, 146 W. Plant St., Winter Garden. Join with other Christians in this independent men's ministry focused on serving the men in the community. The guest speaker is Greg Snyder. [IronMenofGod.com](http://IronMenofGod.com).

**SATURDAY, MARCH 30  
AMERICAN CANCER  
SOCIETY RELAY FOR LIFE  
OF WEST ORANGE**

4 to 10 p.m. Saturday, March

30, at Chain of Lakes Middle School, 8700 Conroy Windermere Road, Orlando. This annual event for the American Cancer Society will begin with an opening ceremony followed by the Survivor/Caregiver Walk. Later in the evening, participants will honor those who lost their battle with cancer during the Luminary Ceremony. For more, contact Courtney Gibson, [courtney.gibson@cancer.org](mailto:courtney.gibson@cancer.org) or (407) 581-2501.

**PINTS-4-PAWS "FUN(D)  
RAISING" EVENT**

11 a.m. to 3 p.m. Saturday, March 30, at Dead Lizard Brewery, 4507 36th St., Building C, Orlando. The Rotary Club of Dr. Phillips Citrus is hosting this event, which includes vendors, artists, music and pet rescue organizations. Proceeds will go to support local pet rescues (Polka Dogz, Pet Rescue by Judy, Husky Haven, Florida Little Dog Rescue and Greyhound Pets of America Greater Orlando). Donation requested of \$10.

**WESTLY'S WEST  
ORANGE WALK**

8:30 to 11:30 a.m. Saturday, March 30, at Sonata West, 420 Roper Road, Winter Garden. Join Healthy West Orange's family-friendly walk with breakfast, children's activities and prizes. Great for the whole family. Free. [Healthywestorange.com](http://Healthywestorange.com).

**MONDAY, APRIL 1  
WHAT CAN YOU DO WITH A  
CRAYON?**

10:30 a.m. Monday, April 1, at the Windermere Library, 530 Main St. Get creative and help your child increase important

developmental skills using crayons. Recommended for lower and upper elementary. (407) 835-7323.

**THURSDAY, APRIL 4  
RETIRED EDUCATORS  
TO MEET**

10 a.m. Thursday, April 4, at College Park United Methodist Church, 644 W. Princeton St., Orlando. The Orange County Retired Educators Association will meet for a program on "Florida's Three Marjories," by Anne Gardepe. Call (407) 677-0446 or visit [ocrea-fl.org](http://ocrea-fl.org).

**SATURDAY, APRIL 6  
GOING BEYOND SIMULCAST  
WITH PRISCILLA SHIRER**

Doors open 9 a.m. with light refreshments, program at 10, Saturday, April 6, at West Orange Church of Christ, 1450 Daniels Road, Winter Garden. Author and Bible teacher Priscilla Shirer will present her simulcast, and Christian recording artist Anthony Evans will lead worship. The simulcast brings women together from all walks of life across the globe in their churches or homes for a day of biblical teaching, prayer and worship. For more information on attending, visit [cocwo.com](http://cocwo.com) or contact [office@cocwo.com](mailto:office@cocwo.com).

**WALK LIKE AN EGYPTIAN**

11 a.m. Saturday, April 6, at the Windermere Library, 530 Main St. Journey to Ancient Egypt for history-filled games and crafts. Learn about pyramids, mummies and more. Recommended for lower and upper elementary. (407) 835-7323.

# Land of the free

CONTINUED FROM PAGE 1

regulating vegetable gardens and overrides any existing ordinance regulating front-yard vegetable gardens, if passed by the Legislature.

The House version of the bill, House Bill 145, has been approved by one of three committees and needs House approval before it would be sent to Gov. Ron DeSantis for his signature.

Bradley believes being able to grow your own food is a basic property right and government regulations constitute a "vast overreach." He filed the bill after hearing of a court battle in Miami Shores involving an ordinance that prohibited front-yard vegetable gardens.

Following the legal dispute, a couple was forced to uproot a garden they had maintained for two decades because of the threat of code-enforcement fines amounting to \$50 per day.

"The world's changing when it comes to food," Bradley said. "There's a big interest in locally sourced food, organic products and folks growing their own food. The idea that a government would intervene to prohibit someone from taking matters into their own hands and growing their own fresh fruits and vegetables to take care of their own family and their own nutritional needs — much like our forefathers have done — I think that is an action by local government that goes too far."

But some opponents of the bill said the bill should at least

allow local governments to restrict the size and locations of the gardens to protect the property values of surrounding homes. Others believe the bill is an infringement on Home Rule and unnecessary.

"Once again, the Legislature wants to intrude upon local government's and its residents' right to decide what is best for their community," Windermere Mayor Gary Bruhn said.

The town has no ordinance regarding gardens, but Bruhn believes the issue is better handled using common sense, particularly in cases that might impact a neighbor.

"If someone wants a garden in their backyard, I don't see an issue," he said. "I believe the issue is when people want to put a garden in their front yard and it would impact neighboring property values. Local government has a responsibility to maintain certain standards regarding property maintenance and upkeep. To take it to extremes, a property owner might want to turn their front lawn into a cornfield."

Do Good Farm founder Josh Taylor, who grows a sustainable farm and hydroponics garden in his Winter Garden home, believes governments should remove restrictions of any form for growing food on residential properties.

If the bill becomes law, it will go into effect July 1. It does not forbid local governments from regulating fertilizer use, water use during drought conditions and ordinances intended to control invasive species.



File photo

The American Cancer Society hosts Relay for Life events to raise funds and support the organization's programs and mission.

**HOW TO HELP**

- Start or join a fundraising team.
- Make a donation.
- Volunteer to help plan and organize the event.
- Invite a cancer survivor to be celebrated. Or, if you're a cancer survivor, join the organization.
- Start a fundraiser online at RelayForLife.org/RaiseYourWay.

# West Orange laces up for Relay for Life

The American Cancer Society is holding the West Orange Relay for Life Saturday, March 30, at the Chain of Lakes Middle School.

**GABBY BAQUERO**  
NEWS EDITOR

They thought it was just a flu. Twelve years ago, Keillian Carpenter and her friend grew sick. For three weeks, they suffered from lethargy. And both their parents assumed it was the flu. "We were both really good friends throughout our whole childhood," Carpenter said. "And we both just got really sluggish. We felt we had less energy, just flu-like symptoms, and that's kind of what it was written off as by both our parents. So we were like that for about two or three weeks. We started missing school, and we were both very involved with sports, and we just weren't on top of our game." When her friend was finally taken to the doctor, the doctors immediately realized something was very wrong when they saw the color of his blood. After some more tests, he was diagnosed with leukemia. Days later, Carpenter also was diagnosed with leukemia. They went through their cancer battles together, but in the end, her friend didn't survive. "I didn't join the American Cancer Society and Relay for Life

for myself or for my own celebration," said Carpenter, a Winter Garden resident who has volunteered with ACS for 12 years. "It was for him. We were diagnosed at the same time, but he lost his battle. He went into remission, but then he lost his battle with cancer in his junior year of high school. So this has always been to keep his memory alive and to also make sure no mother or father ever has to lose their child again." Carpenter now serves as the event lead for the West Orange Relay for Life, which is hosted by the American Cancer Society and raises funds to support cancer research and resources for cancer patients. Thirty countries participate in the community-based events, which also celebrate cancer survivors and remember lost loved ones. At the relays, teams and individuals to camp out at a school, park or fairground and take turns walking or running around a track or path. Each team has at least one participant on the track at all times and participates in fundraising in the months leading up to the event. In 2017, United States-based Relay for Life events raised a total of \$230 million. About \$6.3 bil-

lion has been raised in the U.S. since the movement was founded in 1985. And all the money contributes to the organization's life-saving research and programs, Carpenter said. "The research is such an amazing part of the (ACS), she said. "There are many cancer-research foundations, but (ACS) stands apart from those charities because of all the programs we offer, like the Road to Recovery program. When (ACS) noticed people were missing treatment sessions or doctor visits because they didn't have vehicles or the means to put gas in their car to get their treatments, they started a program that allows volunteers to go to your house, pick you up and take you to your doctor and chemotherapy visits." The organization also provides housing for patients and their caregivers for those who need cancer treatments at a specific location to help them save on hotel and/or commuting costs. "They also saw the need for housing," she said. "Like here, in Gainesville and Tampa, or Texas which is currently a huge hub for cancer treatment. But not everyone who needs treatment in those specific areas lives locally, so ACS opened the American Cancer Society Hope Lodge program, which houses cancer patients and their caregivers so that they're closer to their needed treatments without dealing with the cost of commuting or hotels. ... Those programs benefit patients just as much as the research does."

# Kabooki Sushi rolls into Dr. Phillips

Chef Henry Moso is bringing his culinary creations near Restaurant Row and will be opening his restaurant's second location in early May.

**ERIC GUTIERREZ**  
STAFF WRITER



Eric Gutierrez

Henry Moso is the owner and executive chef of Kabooki Sushi.

There's an old saying that perfectly describes Chef Henry Moso's dedication to his craft: Love what you do for a living, and you'll never work a day in your life. "That word, 'work,' has never existed to me" Moso said. "I enjoy doing (what I do)." Moso, 28, is the owner and executive chef of Kabooki Sushi, where he specializes in serving up contemporary Japanese cuisine. He opened his first restaurant location in east Orlando about six years ago and will be opening the second in early May in Dr. Phillips at 7705 Turkey Lake Road. In 2006, Moso left his home country of Laos at age 16 and moved to the Orlando area. His mother owned two restaurants, Bangkok Square and Origami Sushi, near UCF at the time, and it was at those restaurants where he started his career. Like his mother, he started as a dishwasher and worked his way up the ranks. A hard worker from the start, Moso eventually saved up enough from washing dishes to buy his own car. "I started as a dishwasher like her, and I was enjoying it — to be honest — to be able to earn a paycheck and be able to save up money and buy whatever I want to buy," Moso said. "I remember I saved up \$10,000, because I wanted a (Nissan) 350Z at that time. I bought a brand-new 350Z (with) my own money." Moso said although he had to balance going to school and working almost full time, he always enjoyed doing it. When he opened his own restaurant at age 22, he combined the culinary experience he gained from working at his mom's restaurants with something else he loved: Japanese culture and cuisine. Kabooki features locally sourced, seasonal ingredients combined with some of the best seafood imported from Japan. Moso said his culinary creations stray far away from some of the typical, sauce-covered sushi rolls one may find at other Japanese restaurants. "I feel like sushi is all about experience," Moso said. "That (experience) is what we aim for. ... I want the rice to be warm, the fish to be

not too cold — people think the fish has to be cold, but that's not true. The fish has to be a perfect room temperature in order to taste the perfect amount of texture, oil, flavor of the fish (and) things like that. My goal is to deliver the best experience, whether it's on the countertop or the table." Moso said Kabooki in east Orlando attracts customers from all over Orange County. Although the restaurant is far from all the tourist hotspots, it's not uncommon for tourists to visit his restaurant. Because of that demand, Moso decided to open his second location for Kabooki in Dr. Phillips to be closer to the tourists and West Orange sushi aficionados. "I feel like there's a lot of opportunity out here (in Dr. Phillips)," Moso said. "A majority of our customers are from Windermere or Sand Lake. Sometimes, it surprises me by how much business I miss. ... We only have a 44-seat restaurant (in east Orlando) that's serving 100 to 150 (customers) from 5 to 10 p.m." Opening a second Kabooki Sushi location is a testament to the passion and dedication that Moso has for his craft. It's commonly known running a restaurant yields a low profit margin, but the success of Moso's first restaurant has afforded him the opportunity to open his second on his own dime. "When I first opened, it was so hard," Moso said. "I started on a shoestring budget. I didn't have a lot of support as far as financially. ... This (second) restaurant, everything that you see inside it is all me. There's no investor. There's no bank loan. Everything is from my own money."

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# Rising star

DANIELLE HENDRIX  
BLACK TIE EDITOR

The moment he hit the stage at Country Thunder — to the tune of hundreds of cheers — Noah Schnacky's signature smile lit up his face.

It was the first time the Windermere-area native had been invited to play the main stage at the annual country-music festival in Kissimmee, and he was both thrilled and right at home on stage.

## FINDING HIS CALLING

Schnacky, 22, has been in the entertainment industry since childhood. Following in the footsteps of father Lance — a singer/songwriter/musician and actor — he spent many years working in all different facets of entertainment. In the last few years, though, Schnacky found his voice in his passion for music.

"Ever since I was little, I've been in the entertainment industry, and my dad was involved in the country music scene when he was younger," he said. "I grew up going back and forth ever since I was 12, recording things in Music Row and falling in love with country as a genre. My parents were really good to me and tried me in all different facets of entertainment. We tried theater, some Broadway stuff and some TV stuff, but I never really connected with anything like I did music."

Schnacky always knew he loved the idea of putting on a performance but didn't understand why he loved it so much until he realized music was his calling. He studied under vocal coach Mark Goff, who has assisted with the careers of The Backstreet Boys, N\*SYNC, Britney Spears and Creed, among others. His first original single, "Miami to L.A.," was released in 2014.

He attended Sunset Park Elementary and Bridgewater Middle before switching to Florida Virtual School for high school to accommodate his travels to Los Angeles for work opportunities. After high school, he came to a crossroads: He could go to college or start pursuing music right away.

"College is something that will be there regardless (of time), and I wanted to at least give music a

shot," he said. "I decided to pursue music and my dad said, 'If you're gonna do music, we're not going to just put it out and hope for the best. We're doing it right.'"

Thanks to advice from a member of Taylor Swift's team — "If you want a million fans, go and shake a million hands," Schnacky said — he capitalized on social media, collaborating and networking.

"When I was 17 and 18, I would spend a good amount of time on social media trying to gain fans by being in their lives," he said. "I was responding to hundreds and thousands of DMs for hours on hours on every single night. It's not very sexy, but I believe in that — in reminding them how much they mean to me."

## BREAKING THE MOLD

It wasn't until Noah's 21st birthday Jan. 27, 2018, that he and his team decided to release his debut single, "Hello Beautiful." In just six months, "Hello Beautiful" had more than 15 million streams on Spotify.

"We released it, and the fans absolutely blew us away," he said. "We released the song, and in eight days, it had a million streams on Spotify alone, completely organic. We quickly got playlisted by Spotify and by Apple Music."

Since "Hello Beautiful," Schnacky also has released his second single, "Maybe We Will." He released them separately to bring attention to the two songs he believed in most.

"We wanted to shake things up, and that's what we did with the first song," he said. "What we found after the first song was released was that we were getting calls and taking meetings, but we felt that at that moment, they still didn't believe ... the power that was behind what we'd built."

"When we released 'Maybe We Will,' it had a super similar story," he said. "It was starting to get a lot of recognition and was quickly picked up on The Highway Playlist on Sirius XM. After that was when we really could go to these meetings and say, 'This is who we are and what we represent,' and that it was working. Now a year later, we're about at 50 million streams between the two songs."

And despite the success he



Danielle Hendrix

## GET TO KNOW NOAH

**Facebook:** facebook.com/NoahSchnacky  
**Instagram:** NoahSchnacky  
**Twitter:** @NoahSchnacky  
**Spotify:** spoti.fi/2FodxvV

has enjoyed thus far, Schnacky believes he's just getting warmed up. After being in the studio writing and recording for the last year, he has at least seven songs waiting to be released. Although his current two singles were released independently, he recently signed with Big Machine Records — and his label mates include Thomas Rhett and Danielle Bradbery.

He also is gaining both national and international recognition in the world of country music. Schnacky made his Nashville live-performance debut at the 2018 CMAFest, performing at both Blake Shelton's "Ole Red" and on the Radio Disney Country Stage. Just a few weeks ago, he performed at C2C: Country to Country on the BBC Radio 2 Stage, introducing himself to country-music lovers in the United Kingdom. From there, he performed at CMC Rocks in Queensland, Australia, among fellow country stars such as Luke Combs, Florida Georgia Line,

Locash, Michael Ray and Frankie Ballard.

## POWER OF MUSIC

Most recently, he performed March 22 at Country Thunder, a country-music festival at Osceola Heritage Park in Kissimmee.

"Getting to play these shows like C2C and now Country Thunder — these are some of my first opportunities to be in the public eye and see the impact firsthand the movement we've created has had," he said. "To go overseas and see thousands of faces that know every word to my song and having crowds singing back was a jaw-dropping experience. ... Country Thunder was one of the first people to recognize and believe in us as we were kind of growing with our first two songs."

Knowing your calling means finding something you are passionate about. For Schnacky, believing in the power of music and seeing how it connects people is one of the reasons why he continues to make music and define himself as a performer.

"The reason that I love music so much is because of what I feel called to — to help people see how much value that they have and show people how much love they're missing because they're not looking for it," he said.

# Screen time

CONTINUED FROM PAGE 1

be sensitive to sudden or loud noises. Others are hypersensitive in that seeing, hearing or feeling something makes them feel uncomfortable.

Recently, the management team at Cinépolis Luxury Cinemas Hamlin took notice and inspired the company's new program, Sensory-Friendly Screenings.

"It was with (the team's) initiation and support that we were able to pilot and test the program at the Winter Garden location," said Ryan Clawson, general manager of Cinépolis Luxury Cinemas Hamlin. "The team collectively saw the difficulty parents face when seeing a movie or going out to dinner and took the opportunity to help the community."

According to Cinépolis, the Hamlin location was chosen as the pilot because of Clawson and his team's passion and support of the initiative.

A sensory-friendly screening consists of free space to roam about within the auditorium and a positive atmosphere to be expressive. The lights are dimmed but not fully off, the volume is set to a lower decibel and no trailers are shown. Additionally, moviegoers get to enjoy their film from the comfort of Cinépolis' reclining seats.

And although individuals with autism may commonly deal with sensitivity issues, Clawson said his theater's sensory-friendly screenings are not limited to just that audience.

"The screenings are not specifically targeted at one group," Clawson said. "They are for the purpose of inclusion. Anyone who wants to see a screening in a more welcoming and sensory-friendly environment is encouraged to attend."

Cinépolis joins AMC Theatres in offering sensory-friendly screenings for those with special needs. AMC teamed up with the Autism

## SENSORY-FRIENDLY SCREENINGS AT CINÉPOLIS LUXURY CINEMAS HAMLIN

14111 Shoreside Way, Winter Garden

PHONE: (321) 250-3580

DETAILS: All sensory-friendly screenings take place at 10 a.m. on select Saturdays.

TICKETS: bit.ly/2UWLIHO

### SCREENING SCHEDULE

March 30 — "Dumbo"

April 13 — "Missing Link"

May 4 — "Ugly Dolls"

May 18 — "A Dog's Journey"

June 1 — "Aladdin"

June 8 — "The Secret Life of Pets"

June 29 — "Toy Story 4"

July 20 — "The Lion King"

Society in 2007 to offer its own Sensory Friendly Films program, with the goal of providing a more accepting and comfortable setting for customers facing sensory challenges.

# Observer

"If we are to build a better world, we must remember that the guiding principle is this — a policy of freedom for the individual is the only truly progressive policy."

Friedrich Hayek

"Road to Serfdom," 1944

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# AdventHealth breaks ground on Winter Garden hospital

The 100-bed pavilion will be the only inpatient hospital in the city when it opens.

**DANIELLE HENDRIX**  
BLACK TIE EDITOR

About two years down the road, Winter Garden residents needing inpatient health care won't have to leave the city limits to access it.

AdventHealth broke ground Thursday, March 14, on the newest phase of its medical complex across from Winter Garden Village at Fowler Groves. When AdventHealth Winter Garden's new, 100-bed inpatient pavilion opens, it also will be the city's only inpatient hospital.

"Winter Garden is a very fast-growing community, and we have a very bright future," said Winter Garden Mayor John Rees. "The presence of AdventHealth is an important part of that future. ... For the first time in a long time, when this hospital opens, residents of Winter Garden will be able to access an extensive range of services without leaving our city."

The seven-story, 300,000-square-foot building complements the existing 24-bed emergency room and medical office building also on site.

"This is an exciting day – it's

**"This is where you live, work, play, eat, sleep, and this is where you should also get your health care."**

— AdventHealth Winter Garden CEO Carl Dupper



Danielle Hendrix

AdventHealth and city of Winter Garden staff came together to symbolically break ground on AdventHealth's new, 100-bed inpatient pavilion.

exciting for AdventHealth and it's very exciting for Winter Garden," said AdventHealth Winter Garden CEO Carl Dupper. "At AdventHealth our goal is to bring wholeness to the communities we serve. We do this by providing considerate, loving, compassionate care to you and your family — care that's also close to home. We're extremely proud of the work we've done in Winter Garden to provide this type of care to all of West Orange County."

This expansion is expected to

create about 700 jobs, with an average annual wage of more than \$60,000. Winter Garden District 4 Commissioner Colin Sharman said the economic impact from the first phase of AHWG was 200 employees and the opening of the medical-office building has since added onto that.

The AHWG emergency department staff has seen tens of thousands of patients since the facility's opening in 2016, according to AdventHealth, and by the end of 2019 it is projected to have treated more than 100,000 patients total.

"The construction of the (newest) expansion is going to bring even more jobs, and the permanent facility will have more permanent employees, making a big impact on the community and our

economic situation here in Winter Garden," Sharman said.

AdventHealth staff also is looking forward to another important aspect of the impact its services will have on the community — bringing health care closer to home. Staff said that when residents have health care that is close to home, it is more convenient for both patients and families.

"We take care of patients every day that need services that are outside of our emergency department and beyond what we can provide," Dr. Miles Bennett, medical director of the emergency department. "Until now those patients unfortunately had to be transferred to another facility. Once this inpatient pavilion opens, we'll be able to treat those patients close to

home rather than having to transfer out of our community?"

Overall, Dupper said, he and his staff are looking forward to better serving the health care needs for residents of both Winter Garden and West Orange County.

"When patients come to our emergency department, we want them to be able to get their full care in Winter Garden and not have to go to Orlando or another center of care," Dupper said. "This is where you live, work, play, eat, sleep, and this is where you should also get your health care. We're excited to join you in your health care journey and we're going to serve you well in the years to come."

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# Chamber to celebrate women

In honor of Women's History Month, the West Orange Chamber of Commerce is hosting another Celebrating Extraordinary Women event.

**DANIELLE HENDRIX**  
BLACK TIE EDITOR

Just in time for Women's History Month, the West Orange Chamber of Commerce is gearing up to host an event that celebrates women and their achievements.

On Thursday, March 28, women from all walks of life are invited to join the chamber at Lakewalk at Hamlin for an inspiring evening of networking, sharing stories and camaraderie.

The chamber has been hosting its Celebrating Extraordinary Women event for a few years now. WOCC President Stina D'Uva said her staff's goal is to invite women who have made an impact on their respective career paths to speak with and encourage other women in their own walks of life.

"We look to find women that have made a mark on diverse types of industries or career paths, so these women definitely all demonstrate that in different areas," she said. "We really just want to cover different types of careers and women's experiences."

During Thursday's event, guests will meet three extraordinary women: Marva Johnson, vice president of the state government affairs for Charter Communications' south region; Ellen Korbin, entrepreneur and owner of Hill of Beans Coffee Company, Creative Culineers and Ellie Lou's Brews & BBQ; and Orange County District 1 Commissioner Betsy VanderLey.

Johnson has more than 20 years of experience in the communications industry and serves as the chairwoman of the Florida State Board of Education, as well as chairwoman of the Global Board of Women in Cable Telecommunications.

As a mother of two small children, Korbin spread her expertise from the Orlando Convention Center to Walt Disney World Resort and back to Ocoee — all while building her businesses and raising her family along the way.

VanderLey, a mother of three, spent

**IF YOU GO**

**CELEBRATING EXTRAORDINARY WOMEN**

**WHEN:** 4 to 6 p.m. Thursday, March 28

**WHERE:** Lakewalk at Hamlin, 14012 Shoreside Way, Winter Garden

**TICKETS:** \$36 for chamber members in advance; \$46 for both chamber members at the door and non-members

Food and beverage is included with admission.

**INFORMATION:** (407) 656-1304

time as a business-development consultant and assisted engineers and land developers. She became more involved and active in her local government while doing so and was appointed to Orange County's Planning and Zoning Commission prior to her election as commissioner.

In the past, these events have varied in structure from roundtable style to panels of anywhere from one woman to three or more, D'Uva said. The goal is to gather women for an evening of honest discussions, shared experiences and networking.

"It was really just trying to find something specific to women and give them an opportunity to be able to have conversations with other women that were honest and open and not so structured," she said. "That's why there's always an opportunity for networking and relationship building before we even sit down with the women (to talk)."

D'Uva hopes women who attend will enjoy a night of women celebrating one another, as well as be encouraged by and learn from experiences shared throughout the evening.

"It's just an honest opportunity for women to get together and really understand what each of us is going through, how we've all gotten to where we have in our career paths and to be able to help other women achieve greater depths," she said. "Women don't always realize that we do have some obstacles that are put in our place. There are ways to overcome them, but we have to be willing to talk about them."

**ABOUT WOMEN'S HISTORY MONTH**

Women's History Month officially began as a national celebration in 1987. According to the Library of Congress, additional resolutions were passed by Congress between 1988 and 1994 requesting and authorizing the president to proclaim March as Women's History Month. The purpose is to commemorate and encourage the study, observance and celebration of the vital role of women in American history, the Library of Congress website states.



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Third-grade teacher Geoff Young watched in anticipation as students attempted to dunk him in the dunking booth.

# Springtime celebration

**K**eene's Crossing Cougars enjoyed an afternoon of games, prizes and sweet treats at the school's spring carnival on Thursday, March 14. The annual event featured a variety of carnival games and bounce houses, two different climbing walls, a prize raffle and more. Students even got a chance to dunk their favorite teacher at a dunking booth. The carnival was organized by the school's PTO and was held to celebrate the beginning of spring break.

— ERIC GUTIERREZ



Fifth-grader Breyton Potts, 11, smiled with excitement as he reached the top of the rock-climbing wall.



First-grader Annabelle Maison, 7, focused all her attention as she played the Megawire game.



Right: Teachers Heather Whaling, left, and Sharon Roznowski waited in jail for students to bail them out.



First-grader Charlie Prunty, 7, crawled toward a soccer ball as he ran an obstacle race.

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Nicholas Anneroo, Tanushri Kathwaru and Shreeah Singh drove down from Ocala to participate in the festival.

# Hues of happiness



Holi, known as the festival of colors, celebrates the arrival of spring.



Dr. Phillips residents Diamond Rhinestone and Ashley Jimenez were covered in colored powder.

**H**undreds of West Orange residents gathered Saturday, March 23, at Bill Frederick Park at Turkey Lake for the Orlando Holi Festival.

Festival attendees threw colored powders on one another, danced to traditional Hindu music and enjoyed live dance performances to celebrate the arrival of spring.

Holi is an ancient Hindu festival that originated in India. The local festival was hosted by the Indian Horizon of Florida, a nonprofit organization that promotes arts and culture.

— GABBY BAQUERO



Sheik Samad and Lisdeyvis Mestre.



Jasmine Ramkissoon, Anasuya Sagar and Kiran and Zaiden Rodriguez loved celebrating Holi.

# DP student artists showcase talent at International Art Night



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Students in Dr. Phillips High's Center for International Studies magnet program got the chance to share the love of art with their peers Thursday, Feb. 28, during the International Art Night. Some performed instrumental pieces or sang during the event, others manned activity tables and served refreshments, and many submitted both two- and three-dimensional art pieces into the competition. The CIS magnet is designed to help students become more culturally aware of their surroundings and the world at large so they can understand the impact of international events on their daily lives.



Above: Devon Lynn, Sarina Zhou, Nicole Liang, CIS Director Cynthia Wilson and Aashi Mendpara had a blast hosting the International Art Night.

— DANIELLE HENDRIX



This Polynesian bird feeder was created by student Kizahira Hernandez.




Left: Naomi Dawkins and Leila Elguennich displayed their artwork throughout the event.

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# Horizon West Theater Company to host first meeting

Those interested in learning more are invited to attend its first general meeting March 31.

**ERIC GUTIERREZ**  
STAFF WRITER

The Horizon West Theater Company is gearing up to kick off its first season, and it's inviting the community to its first general meeting on March 31.

The meeting will be from 6 to 7 p.m. at ScribbleSpace, 13790 Bridgewater Crossings Blvd., Suite 1080, Windermere.

Melissa Kratish Depot, vice president of the Horizon West Theater Company, said in the six months since the company formed, it put together a board of directors and began planning the inaugural season.

"The meeting on (March) 31 is to open up memberships (to the community)," Depot said. "People who want to get involved should come to the meeting — whether it's from a performing side or whether it's to help out behind the scenes or front of house. There's different elements the community can get involved (in). (For) anyone who has an interest in the arts, this is a great time to get involved from the ground up and help form what the theater can be in the future."

In addition to opening up memberships, the meeting will cover the different programs that will be offered at the Horizon West Theater Company.

Depot added the Horizon West Theater Company Board of Directors already has chosen its first production as part of the planning for the first season. It even has a venue selected for showtime.

## IF YOU GO

**HORIZON WEST THEATER COMPANY FIRST MEETING**  
**WHEN:** 6 to 7 p.m. March 31  
**WHERE:** ScribbleSpace, 13790 Bridgewater Crossings Blvd., Suite 1080, Windermere  
**WEBSITE:** horizonwesttheatercompany.com

"Our very first show is going to be 'The Music Man,' and it's going to take place in October," Depot said. "Auditions will probably begin in August. We'll be rehearsing all throughout the Horizon West area. We have a number of businesses that have helped us out with volunteering some rehearsal space for us. As far as our performances, we'll be down at Windermere Prep. We're renting the Cypress Center, which is their brand-new, state-of-the-art theater facility."

The minimum cast size for "The Music Man" is 24; however, the production can have more. The show features characters of all ages, which gives actors of all ages a chance to participate.

"'The Music Man' is something that everybody knows," she said. "There's songs that resonate with everyone. There's parts for all ages as well. There's parts for kids and there's parts for adults, so it's something the whole community can come together for."

Depot said the theater company will offer many ways to get involved both onstage and off-stage. Volunteers will be welcome to handle tasks such as promotion, ushering, selling tickets and concessions and more.

"We have a need for getting the word out there, so that could be — when we get closer to showtime — hanging posters up in local community areas or sharing posts on Facebook (and) things of that nature," Depot said. "It certainly is (going to count as) community service hours for those in school."



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REAL ESTATE

# Keene's Pointe estate sells for \$3.9 million

A home in the Keene's Pointe community near Windermere topped all West Orange-area residential real-estate transactions from March 15 to 21.

The home at 6121 Greatwater Drive, Windermere, sold March 15, for \$3.9 million. Built in 2008, it has four bedrooms, four baths, three half-baths, a pool and 9,034 square feet of living area. The price per square foot is \$431.70.

These are the highest-selling homes in each community in West Orange.



This Keene's Pointe home, at 6121 Greatwater Drive, Windermere, sold March 15, for \$3.9 million. This estate includes waterfront living on Lake Tibet.

**HORIZON WEST ASHLIN PARK**

The home at 11650 Ashlin Park Blvd., Windermere, sold March 22, for \$345,000. Built in 2016, it has four bedrooms, two-and-one-half baths and 2,378 square feet of living area. The price per square foot is \$145.08.

The home at 11976 Water Run Alley, Windermere, sold March 16, for \$281,500. Built in 2016, it has three bedrooms, two-and-one-half baths and 1,724 square feet of living area. The price per square foot is \$163.28.

**EDENS HAMMOCK**

The home at 5516 Remsen Cay Lane, Windermere, sold March 18, for \$545,000. Built in 2006, it has four bedrooms, three-and-one-half baths and 3,070 square feet of living area. The price per square foot is \$177.52.

**ENCLAVE AT BERKSHIRE PARK**

The home at 13617 Darchance Road, Windermere, sold March 20, for \$330,000. Built in 2007, it has three bedrooms, two baths and 2,147 square feet of living area. The price per square foot is \$153.70.

**SNAPSHOT**

Total Sales: 80  
High Sale Price: \$3.9 million  
Low Sale Price: \$115,000

**HICKORY HAMMOCK**

The home at 15137 Sunrise Grove Court, Winter Garden, sold March 22, for \$275,000. Built in 2017, it has three bedrooms, two-and-one-half baths and 2,012 square feet of living area. The price per square foot is \$136.68.

**LAKE BURDEN SOUTH**

The home at 7617 Lake Albert Drive, Windermere, sold March 21, for \$465,000. Built in 2014, it has five bedrooms, four baths and 3,663 square feet of living area. The price per square foot is \$126.95.

The home at 11217 Grandeur Drive, Windermere, sold March 20, for \$299,000. Built in 2013, it has three bedrooms, two-and-one-half baths and 1,884 square feet of living area. The price per square foot is \$158.70.

**LAKE REAMS TOWNHOMES**

The townhouse at 8617 Brookvale Drive, Windermere, sold March 15, for \$247,000. Built in 2013, it has three bedrooms, two-and-one-half baths and 1,520 square feet of living area. The price per square foot is \$162.50.

The townhouse at 13007 Langstaff Drive, Windermere, sold March 18, for \$237,000. Built in 2005, it has two bedrooms, two-and-one-half baths and 1,375 square feet of living area. The price per square foot is \$172.36.

**LAKE SAWYER SOUTH**

The home at 7710 Fairgrove Ave, Windermere, sold March 22, for \$250,000. Built in 2008, it has three bedrooms, two-and-one-half baths and 1,644 square feet of living area. The price per square foot is \$152.07.

**LAKES OF WINDERMERE**

The home at 13119 Peshurst Lane, Windermere, sold March 22, for \$459,900. Built in 2007, it has five bedrooms, four baths, a pool and 3,594 square feet of living area. The price per square foot is \$127.96.

The home at 12942 Droxford Road, Windermere, sold March 20, for \$329,000. Built in 2006, it has four bedrooms, three baths and 2,978 square feet of living area. The price per square foot is \$110.48.

The home at 12649 Cragside Lane, Windermere, sold March 18, for \$305,000. Built in 2004, it has four bedrooms, two baths and 2,094 square feet of living area. The price per square foot is \$145.65.

**SUMMERPORT**

The home at 4825 River Gem Ave., Windermere, sold March 15, for \$376,000. Built in 2006, it has four bedrooms, three baths, a pool and 2,411 square feet of living area. The price per square foot is \$155.95.

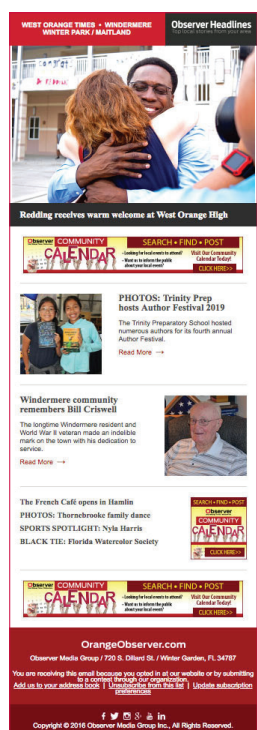
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The home at 4742 Blue Major Drive, Windermere, sold March 22, for \$353,000. Built in 2005, it has four bedrooms, two-and-one-half baths and 2,694 square feet of living area. The price per square foot is \$131.03.

The home at 14362 Red Cardinal Court, Windermere, sold March 18, for \$315,000. Built in 2006, it has three bedrooms, two baths and 2,085 square feet of living area. The price per square foot is \$151.08.

The home at 14521 Bluebird Park Road, Windermere, sold March 18, for \$246,500. Built in 2004, it has three bedrooms, two-and-one-half baths and 1,461 square feet of living area. The price per square foot is \$168.72.

**WEST LAKE HANCOCK ESTATES**  
The home at 14333 United Colonies Drive, Winter Garden, sold March 20, for \$620,000. Built in 2015, it has five bedrooms, four-and-one-half baths and 4,601 square feet of living area. The price per square foot is \$134.75.

**WICKHAM PARK**  
The home at 7482 Bentonsire Ave., Windermere, sold March 22, for \$249,000. Built in 2007, it has three bedrooms, two-and-one-half baths and 1,428 square feet of living area. The price per square foot is \$174.37.

The townhouse at 12972 Borland St., Windermere, sold March 22, for \$222,500. Built in 2007, it has three bedrooms, two-and-one-half baths and 1,428 square feet of living area. The price per square foot is \$155.81.

**WINDERMERE TERRACE**  
The home at 6977 Corley Ave., Windermere, sold March 15, for \$391,000. Built in 2013, it has four bedrooms, three baths and 2,936 square feet. The price per square foot is \$133.17.

**WINDERMERE TRAILS**  
The home at 8911 Blue Mesa Drive, Windermere, sold March 15, for \$620,000. Built in 2012, it has six bedrooms, four-and-one-half baths, a pool and 4,370 square feet of living area. The price per square foot is \$141.88.

The home at 8947 Blue Mesa Drive, Windermere, sold March 15, for \$530,000. Built in 2012, it has six bedrooms, four-and-one-half baths and 4,348 square feet of living area. The price per square foot is \$121.90.

The home at 8793 Crescendo Ave., Windermere, sold March 15, for \$510,000. Built in 2015, it has six bedrooms, four baths and 4,435 square feet of living area. The price per square foot is \$114.99.

**WINDERMERE KEENE'S POINTE**  
The home at 5843 Caymus Loop, Windermere, sold March 18, for \$490,000. Built in 2005, it has four bedrooms, three baths and 2,818 square feet. The price per square foot is \$173.88.

**ISLEWORTH**  
The home at 6132 Payne Stewart Drive, Windermere, sold March 20, for \$1,215,000. Built in 1989, it has three bedrooms, three-and-one-half baths, a pool and 2,848 square feet of living area. The price per square foot is \$426.62.

**THE LAKES**  
The home at 10570 Down Lakeview Circle, Windermere, sold March 15, for \$820,000. Built in 1988, it has five bedrooms, three-and-one-half baths, a pool and 4,375 square feet. The price per square foot is \$187.43.

**WESTOVER CLUB**  
The home at 1954 Westhill Run, Windermere, sold March 15, for \$510,000. Built in 2001, it has four bedrooms, four baths, a pool and 3,636 square feet. The price per square foot is \$140.26.

**WINDERMERE**  
The home at 647 Ridgewood Drive, Windermere, sold March 15, for \$1.1 million. Built in 1974, it has three bedrooms, three baths and 2,681 square feet of living area. The price per square foot is \$410.29.

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WEST ORANGE OBITUARIES

**KENNETH L. FRITZ**  
DIED SUNDAY,  
MARCH 10, 2019.

Kenneth L. Fritz, 88, died peacefully on Sunday, March 10, 2019. He was a beloved husband, father, grandfather, great-grandfather and brother. He was preceded in death by his wife, Flora B. Fritz, and their daughter, Sandy.

Kenneth is survived by his son, Terrell N. Fritz; his daughter, Susanne Fritz Edson; his grandchildren, Carmen Edson Bishop, Kyle David Edson and Maxwell Dylan Edson; and great-grandchildren, Kendrick Shane Maddox, Mac Rae Bishop and Alexander Christopher Edson. He is also survived by his two brothers, Richard F. Fritz and Robert A. Fritz.

Kenneth was born in Sebring, Florida, on Sept. 6, 1930, to Frederick Fritz Jr. and Ocie Irene Freeland Fritz and was the



second oldest of three sons.

He graduated from Sebring High School and the University of Florida in Gainesville. Kenneth was a registered pharmacist and owner for many years at Davis Pharmacy in downtown Winter Garden. He was a loyal Florida Gators fan.

At Kenneth's request, no memorial services will be held. Memorial contributions can be made to the Edgewood Children's Ranch, 1451 Edgewood Ranch Road, Orlando, FL 32835.

**DEREK A. STEPLIGHT**  
DIED MARCH 20, 2019.

Derek A. Steplight, 48, departed this life on Wednesday, March 20, 2019. Derek, a former resident of Winter Garden, was born on May 30, 1970, and worked in the music industry. He will be deeply missed by all who knew him.

He is survived by his daughter,

Chardonnay Ford; father, Harold Steplight; siblings, Kinya Steplight-Murphy, Christopher Steplight; and other relatives.

A memorial service will be held at 1 p.m. Saturday, March 30, at Tabernacle of Faith, 22646 State Road 19, Howey in the Hills, Florida. Postell's Mortuary Pine Hills Chapel is providing service for the Steplight family.



**MARY ELLEN HEINEMAN**  
DIED MARCH 21, 2019.

Mary Ellen Heineman, 87, of Leesburg, passed away on March 21, 2019. She was born in Tyre, New York on March 5, 1932.

Mary Ellen was married to Charles George Heineman on July 11, 1951. She had a passion for sewing, gardening and ceramics and was a loving wife

and mother.

Mary Ellen is survived by her children: David, Joanne, Valerie and Daniel; along with four grandchildren; and nine great-grandchildren. She is also survived by her sister, Dorothy Gary; and her brother, Jesse Rogers Jr.

Arrangements have been entrusted to Woodlawn Funeral Home, in Gotha, Florida.



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**LISA SANDERS CARDINAL**  
DIED MARCH 17, 2019.

Lisa Sanders Cardinal, born Jan. 11, 1962, in Winter Garden, FL, passed away on March 17, 2019, following a decade-long fight against intestinal cancer. She passed surrounded by her closest family.

Lisa was the most amazing mother, wife, sister and friend. She had a lasting impact on every life she touched and there are no words to describe this tremendous loss.

In lieu of flowers the family



asks that you consider a donation in Lisa's honor to The Literacy Alliance, [theliteracyalliance.org/getInvolved.html](http://theliteracyalliance.org/getInvolved.html).



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# SPORTS

At just 11 years old, Briana Lohr is a quadruple threat for Dr. Phillips Little League. **Page 16.**



## HIGH 5

**1** The Dr. Phillips girls track-and-field team dominated the 12-team Charger Invitational Saturday, March 23. Individual gold medal winners for the Panthers include: Jasmine Little, gold in the 1600m (5:42.38); Roxanne Deisseroth, gold in the 3200m (12:54.70); Gabrielle Matthews, gold in the 300m hurdles (49.49); Imani Wiley, gold in 100m hurdles (17.07); Rayanna Mathis, gold in the 100m (12.69).

**2** It was a big Saturday for the Dr. Phillips boys track-and-field team, as the Panthers took first place at the Charger Invitational at Liberty High School March 23 in Kissimmee. The team's individual gold-medal winners includes: Daniel Dementagnac, gold medal in the high jump (5 feet, 10 inches); Arron Edwards, gold in the 300m hurdles (42.08).

**3** The First Academy alum Fletcher Magee made history during Wofford's 84-68 win over Seton Hall in the first round of the NCAA Tournament Thursday, March 21. The senior hit the 505th three-pointer of his college career — passing Oakland's Travis Bader to claim the Division I record for most three-pointers. He would finish with 509 career three-pointers.

**4** The Olympia baseball team stayed perfect on the season, as the Titans moved to 10-0 following a 4-3 win over Calvert Hall (Maryland) in the Bishop Moore Catholic Hornet Classic championship in extra innings Wednesday, March 20. In the final at-bat, Sebastian Martinez, in his only plate appearance, singled down the left field line to give the Titans the 4-3 walkoff win to claim the championship.

**5** In Olympia baseball's close 4-2 win over Ocala Trinity at the Bishop Moore Challenge Wednesday, March 19, Mark Deccico pitched a fine game as he had four strikeouts through four innings pitched for the Titans. The win was the Titans ninth of the season.



Lyndsey Huizenga worked on squats at the weight room at Windermere Prep.



Photos by Troy Herring  
Zavien Williams goes through his workout.

# Breaking a sweat

While other students enjoyed a week off for Spring Break, a handful of athletes at Windermere Prep got in reps.



Jonah Best is working hard to build strength for the upcoming football season.

**TROY HERRING**  
SPORTS EDITOR

It's 9 a.m. Friday, March 22 — Spring Break — and at first glance, the campus of Windermere Prep appears empty. The walkways are clear, and the parking lots have plenty of available spaces.

But tucked away, toward the back to the campus, the faint sound of music breaks the silence. The sound grows louder as you draw closer to the weight room, where a handful student-athletes have traded some well-deserved R&R for a few extra reps.

"The weight room over the past year, with having coach (Micah) Kurtz here, it's really just been my place that I come to and I just love coming in here," said senior Lyndsey Huizenga, 17. "I'm also

**SEE LAKERS PAGE 16**

## GYMGUYZ brings its workout to West Orange

A partnership of friends hopes to bring healthier living to the doorsteps of clients.

**TROY HERRING**  
SPORTS EDITOR

One of the biggest complaints you'll hear regarding working out is that people just don't have time.

Between work, family life and other obligations, it's difficult to carve out time for fitness, but a partnership between friends is looking to change that by bringing workouts to clients' homes.

Three months ago, Eddie and Rene Taubensee (of Winter Garden), and friends Jay and Yvonne Zavada (of Horizon West) saw their franchise of GYMGUYZ

finally come to fruition as the brightly colored van donning the company name began rolling on West Orange streets.

"We started in January, and we are off and running," said Eddie Taubensee, who also serves as the head trainer. "We are busy. ... We have exceeded expectations to start, and we have the area west of Orlando — from Celebration, down to Dr. Phillips, Winter Garden and Windermere — covered."

GYMGUYZ is a modern concept of working out in the current age of convenience — where everyone prefers not to leave the comfy

confines of their homes. This idea wasn't lost on CEO/founder Josh York, who started GYMGUYZ in 2008 thanks in part to a love of fitness and a desire to help people meet their fitness goals.

"We can literally serve you anywhere — home, office, pool, park," York said. "You want to work out in the closet? We can work you out in the closet."

The business model and York's excitement for his brand were a couple of the driving factors for the Taubensees and Zavadas — who started the process of franchising last year.

### INFORMATION

**GYMGUYZ ORLANDO WEST**  
WEBSITE: [gymguyz.com/orlando-west](http://gymguyz.com/orlando-west)  
PHONE: 1-855-GYM-GUYZ

After discussions and deliberation, the four decided to sign on as owners, with each taking on a different role. Eddie serves as the trainer, Yvonne as the administrator, Jay as the marketer and Rene as the event/social media manager.

But if there's one thing at the core of taking on this endeavor,

**SEE GYMGUYZ PAGE 16**

SPORTS SPOTLIGHT

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# Briana Lohr

At just 11 years old, Briana Lohr is no stranger to the world of Little League softball. The Dr. Phillips Elementary fifth-grader has been playing the game since she was 4 and is a veteran in Dr. Phillips Little League. Briana plays in the Majors division and serves as a jill of all trades at pitcher, shortstop, first base and catcher.

**Why did you start playing softball?**

I played T-ball when I was 4, so since then, I've been playing softball. I started because my brother's played baseball since he was young, too, so he just really got me into playing.

**What do you enjoy most about the game?**

I just really like hanging out with my friends, and I like the competitiveness but also how at the end of the day, it doesn't matter whether you win or lose.

**What's the best advice you've been given?**

I would probably say to just keep going. No matter what situation I'm in, in softball or life, it's someone just telling me, 'Just keep going.'

**What part of your game are you working on?**

I'm mainly working on just being better at the positions I play, mainly pitcher.

**Which position is your favorite to play?**

When I'm not pitching, which I really enjoy, I'd say I love playing short. I really feel like short's the position that gets a lot of attention, and when I say that I mean that you get the most balls, really, because most of the balls are hit to that side in this age group. I just like being able to get the ball and get an out and have the feeling of the crowd cheering for me.

**You've been playing for a while. How do you help girls who are new to softball?**

I try and just help them with some little things that I see them not doing exactly correctly to try and help them become better



## THE BASICS

**AGE:** 11  
**GRADE:** Fifth  
**SCHOOL:** Dr. Phillips Elementary  
**POSITION:** Catcher, shortstop, first base, pitcher  
**ORGANIZATION:** Dr. Phillips Little League  
**HOMETOWN:** Orlando

themselves.

**Disney or Universal?**

I've been going to Disney my whole life, and we have annual passes, and the only time I've gone to Universal was recently on a school field trip. I'd say I just love Disney, because I love the way it's more inviting and welcoming than Universal.

**What are some of your other favorite things to do?**

I love playing with my dog and playing video games with my brother and all my friends. Me and my friends love going to the sportsman's club. I have a boat, so we love going tubing and playing in the water and fishing and all of that.

**What's your favorite video game at the moment?**

It's Fortnite. My friends got me into it because they had an Xbox for years and they were always playing it when we went over to their house, and slowly my brother and I got into it. Then we finally got an Xbox and iPad, so me and my brother can both play at the same time with each other.

— DANIELLE HENDRIX

# Lakers get in extra reps

CONTINUED FROM PAGE 15

a very athletic person — I don't like to just sit around, I like to move — and the weight room is one of those places where I can do that. Not only do I lift weights in here, but I also box with Coach Kurtz, and I also run with him."

Huizenga enjoyed some beach time to start her break, but the future University of Tennessee swimmer came back to campus Wednesday, March 20, to spend the next few days getting her workouts in — both in the weight room and in the pool.

Although it may not seem like it, this workout for Huizenga is actually a walk in the park when you consider her usual workout routine during a school day. It's a routine she has built since she first started swimming in sixth grade.

"On Monday, I'm up at four o'clock in the morning for swim practice — which starts at 4:45 a.m. — and I'll swim until 6:30 a.m.," Huizenga said. "I'll go to school until one-ish, and then I'll come and lift here for an hour for class and I'll also come lift during the day — during my study hall. Then on Monday, Wednesday and Friday, I'll run, and Tuesday and Thursday, I'll box."

As Huizenga worked on some stretches toward the back of the weight room, junior Jonah Best powered through some weight work, as "California Love" by Tupac and Dr. Dre pumps in the background.

The junior is an offensive lineman on the football team and a member of the weightlifting and lacrosse teams.

"It's just to better prepare myself for the future," Best said. "We have a big football season coming up, and I got to get all the work in that I can. Spring football starts in the middle of April, and then actual football starts at the end of summer."

Of course, there's the inherent drive to get bigger and stronger, but Best said a television monitor sitting high above him provides motivation, as well. That monitor, in its glowing glory, shows a list of numbers and names — it's the official keeper of records and accomplishments that happen in the weight room.

"I just kind of want to get my name all over that record board," Best said with a grin. "Because I know a lot of kids that have graduated who are still on there, and so every day, I text them, and I'm like, 'I'm getting close, I'm going to take your name off that thing.' That's my goal, because they can't come back and do anything about it."

As the athletes work through their routines, Kurtz, the school's strength and conditioning coach, keeps a watchful eye. If an athlete has a question or needs tips on bettering their technique, Kurtz is there to offer an answer and inspiration.

His presence is a welcome one, and he said there is not a thing he would rather be doing than helping these young athletes.

"I just started in June, and I've been extremely pleased with the buy-in that we've gotten immediately," he said. "It's a testament to these kids. When people have asked me how it's been going, it's gone better than expected. Now my challenge is to keep them continually being motivated throughout the whole year, throughout the summer, because strength training and working out is a grind."

While Best works with the heavy weights, Zavien Williams is in and out of the weight room as he works with a mixture of weights and running drills.

Although he is a member of the Lakers basketball team, Williams is currently in track season, which changes his workout a little bit.

In the weight room, Williams works a bit on upper-body strengthening, while during track practice, it's a lot of endurance and leg work as he and the Lakers prepare for the upcoming district meet.

At the moment, the track team has gone through a little bit of a lull, as track season is a grueling one — right now, it's a lot of rehabbing, Williams said. Despite the hardships, however, there Williams is in the weight room — pushing himself to get better.

"There is a saying in my house if we're just sitting there, 'What are you doing to get better?'" Williams said. "Because you can always get 1% better every day."

# GYMGUYZ brings the fitness

CONTINUED FROM PAGE 15

it's the fitness and community aspects offered by GYMGUYZ.

In Eddie's case, fitness is second nature. He spent 11 years playing in the MLB for the Cleveland Indians, Houston Astros and Cincinnati Reds. Throughout those years, he spent many hours training and working out.

"Ever since I got drafted at 17 years old, and now I'm 50, I've been exercising that whole time, and obviously fitness was a part of my job," Eddie said. "I'm also on the other side of fitness — I've had about 13 surgeries on my body, so I understand the importance of fitness when you get older."

Just as the fitness aspect played a vital role in getting Eddie into the franchise, Jay also has that same passion — though his comes from a serious health issue. At age 50, Jay was diag-

nosed him with prostate cancer.

"It was a total surprise to me — there was no reason why I would be at any risk for it, but I got it," Jay said. "And so I had to decide to make some lifestyle changes — to eat better and to really take fitness more seriously."

"I started to go on this health journey, and so when I had the opportunity to go into a new business with Yvonne, I said, 'OK great, I can spend more time with my wife,'" he said. "I get to spend more time with her, and we never did that before. And then I get to take advantage of the fact that we get a window of opportunity to talk to people about their health and to make

their lives better."

That aspect of community is a big one for both couples, so it makes sense why this endeavor would be an attractive one.

The hope for the friends and three other certified trainers — who will work under Eddie — is that they can help their communities get fitter and healthier. It's a point of pride for them.

"It's a privilege to be invited into people's homes," Yvonne said. "And just getting to hear their story about why they are frustrated and why they're reaching out for help is a point of vulnerability, and to be entrusted with that and to help them is a higher calling."

*"I started to go on this health journey, and so when I had the opportunity to go into a new business with Yvonne, I said, 'OK great, I can spend more time with my wife.'"*

— Jay Zavada

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**This week's Celebrity Cipher answers**

**Puzzle One Solution:**  
"The biographer's problem is that he never knows enough. The autobiographer's problem is that he knows too much."  
— Russell Baker

**Puzzle Two Solution:**  
"I have a personality defect where I sort of refuse to see myself as an underdog."  
— Mindy Kaling

**This week's Sudoku answers**

2	1	3	9	4	6	8	5	7
6	7	9	8	3	5	2	1	4
4	5	8	7	2	1	6	9	3
5	8	6	2	7	4	1	3	9
7	4	2	3	1	9	5	6	8
3	9	1	6	5	8	7	4	2
8	2	4	1	6	3	9	7	5
9	6	5	4	8	7	3	2	1
1	3	7	5	9	2	4	8	6

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**This week's Crossword answers**

U	G	G	H	A	J	J	I	H	O	P	S	G	O	L	A	N			
R	A	U	L	A	I	D	A	B	A	R	A	K	O	V	U	L	E		
G	E	N	E	R	A	L	A	S	S	E	M	B	L	E	L	L	E		
E	L	P	A	I	S	T	O	O	T	S	I	E	A	D	D	L	E	D	
O	R	S	P	E	N	D	T	A	B	L	E	A	L	L					
P	W	N	I	N	G		S	P	E	L	L	I	N	G	B	E	E		
D	A	D	B	E	A	U	C	H	O	R	E	O	S	O	Y	S			
O	N	E	I	L	L	S	L	O	O	P	S	O	R	T	A				
C	O	R	N	E	L	L	B	I	G	R	E	D	M	E	A	T	P	I	E
R	P	G	T	A	B	E	Y	R	E	I	T	S	A	G	O				
C	A	L	G	A	R	N	E	T	E	U	G	E	N	E	I	N	N		
A	M	O	U	R	S	K	R	I	S	M	G	M	E	N	O				
F	A	T	T	E	S	T	O	N	C	E	U	P	O	N	A	T	I	M	E
T	E	N	E	T	P	A	M	P	A	A	L	A	N	I	S				
S	E	E	K	R	E	P	O	R	T	N	A	I	L	T	N	T			
S	E	A	R	C	H	P	A	R	T	Y	F	R	O	T	H	Y			
T	E	T	H	E	S	S	O	A	H	A	B	W	O	E					
R	A	I	L	O	N	P	L	E	A	D	E	D	Z	I	N	N	I	A	
A	L	T	A	R	G	O	O	F	F	O	N	A	T	A	N	G	E	N	T
I	S	U	Z	U	P	O	N	T	I	M	A	Y	A	C	T	V			
N	O	P	E	S	A	N	G	S	T	E	S	P	N	K	O	S			

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GAME FILM



Above: Alejandro Castano flew by a defender.

Below: Nicholas Zampaglione, right, had a big night.



# Dr Phillips throttles Ocoee in 19-1 win

The Dr. Phillips Panthers (7-3) jumped out to a 6-0 lead in the first quarter and never looked back as they went on to beat the Ocoee Knights 19-1 Monday, March 25.

Nic Zampaglione led the Panthers with nine goals. Joe Dobbs also had a great game with four goals and four assists, while Nico Rodriguez added one goal and nine assists. Jacob Manganelli had 12 saves in goal for Dr. Phillips.

Marshall Johnson scored the lone goal of the game for the Knights (0-10).

Dr. Phillips will host the Apopka Blue Darters Thursday, March 28, and go on the road again Friday, March 29, to face the Windermere Wolverines.

— NATE MARRERO



Above: Nick Payne looked for a shot on goal.

Below: Alexander Pineau moved the ball upfield.



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Visit online at: [OrangeObserver.com/Survey](http://OrangeObserver.com/Survey) or complete the survey in today's paper. Survey closes Sunday, Apr. 14.

# Saturday, April 13



[windermereparksandrecreation.com](http://windermereparksandrecreation.com)

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**ORLANDO HEALTH**



WEATHER

# I LOVE WEST ORANGE



Bay Hill winter resident Donal Peters submitted this amazing image, which he calls, "Butler Chain Lovebirds."

The Observer is hosting this weekly contest, and winners will have their photograph featured and receive a \$20 prize. To enter, email your photo, along with your name, city and a caption, to amyq@orangeobserver.com; put "I Love West Orange" in the subject line. Please include your mailing address to receive your prize.

## FORECAST

### THURSDAY, MAR. 28

High: 76  
Low: 57  
Chance of rain: 10%



### FRIDAY, MAR. 29

High: 79  
Low: 58  
Chance of rain: 10%



### SATURDAY, MAR. 30

High: 83  
Low: 59  
Chance of rain: 10%



### SUNDAY, MAR. 31

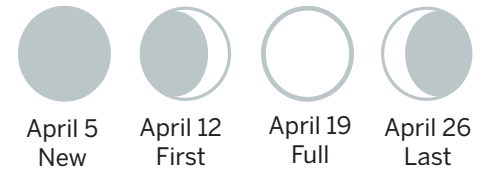
High: 84  
Low: 61  
Chance of rain: 10%



## SUNRISE / SUNSET

	Sunrise	Sunset
Thursday, March 28	7:22a	7:41p
Friday, March 29	7:21a	7:42p
Saturday, March 30	7:19a	7:43p
Sunday, March 31	7:17a	7:43p
Monday, April 1	7:16a	7:44p
Tuesday, April 2	7:15a	7:44p
Wednesday, April 3	7:14a	7:45p

## MOON PHASES



## RAINFALL

Tuesday, March 19	0.00
Wednesday, March 20	0.20
Thursday, March 21	0.00
Friday, March 22	0.00
Saturday, March 23	0.00
Sunday, March 24	0.01
Monday, March 25	0.00

YEAR TO DATE:	MARCH TO DATE:
2019 4.93 in.	2019 0.21 in.
2018 3.42 in.	2018 0.75 in.

**ONLINE** See other winning photos at [OrangeObserver.com](http://OrangeObserver.com)



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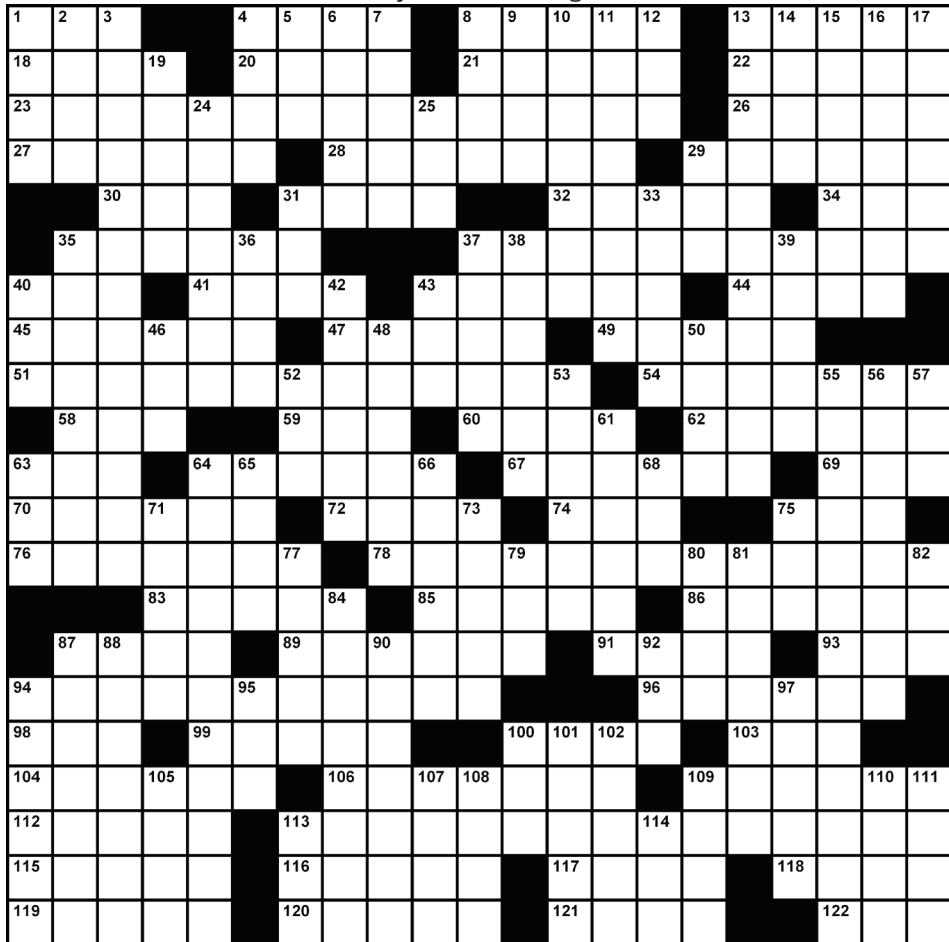
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## CROSSWORD

END OF THE LINE by Christopher Adams and George Barany; Edited by David Steinberg



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### ACROSS

- 1 Big name in boots
- 4 Muslim pilgrimage
- 8 Some pancake places
- 13 \_\_\_ Heights (Six-Day War battleground)
- 18 Actor Julia
- 20 "O patria mia" opera
- 21 Former Israeli P.M. Ehud
- 22 Future seed
- 23 \*Country club? (note each starred answer's last word)
- 26 French city near Belgium
- 27 Major Spanish news-

- paper
- 28 1982 Hoffman comedy
- 29 Discombobulated
- 30 Some logical operators
- 31 Be in limbo
- 32 Ping-Pong surface
- 34 Entirely
- 35 Dominating, in gamer lingo
- 37 \*National contest whose 2018 winning word was "koinonia"
- 40 Homer, to Lisa
- 41 Lloyd Bridges' son
- 43 Designed dance, for short
- 44 Protein-rich beans

- 45 See 67-Across
- 47 Single-masted sailboat
- 49 "... ish"
- 51 \*Ithaca-based Ivy League team
- 54 Hearty pastry
- 58 D&D, e.g.
- 59 Bar bill
- 60 "Jane \_\_\_"
- 62 "We got the OK!"
- 63 "Silent" prez
- 64 January gemstone
- 67 With 45-Across, "The Iceman Cometh" playwright
- 69 Hostel environment?
- 70 Louvre affairs

- 72 Caitlyn Jenner's ex
- 74 Lion-logo studio
- 75 Bowie collaborator Brian
- 76 Most substantial, as a profit
- 78 \*Fairy tale opener
- 83 Palindromic principle
- 85 Argentine expatriate
- 86 Singer Morissette
- 87 Look for
- 89 Offensive Tweet option
- 91 Hit exactly
- 93 Palindromic explosive in 83-Across
- 94 \*Rescue squad
- 96 Covered with foam
- 98 Palindromic holiday in

- 83-Across
- 99 "\_\_\_ Fine" (Chiffons classic)
- 100 Maniacal Melville character
- 103 Great grief
- 104 Criticize repeatedly
- 106 Made, as one's case
- 109 Back-of-the-dictionary flower
- 112 Union station?
- 113 \*Digress
- 115 Trooper automaker
- 116 Carlo who married Sophia Loren
- 117 Waffling commitment
- 118 When Hamlet dies in "Hamlet"
- 119 Slangy denials
- 120 Teen's anxiety
- 121 "SportsCenter" channel
- 122 Daily \_\_\_ (political blog)

### DOWN

- 1 Basic impulse
- 2 Highlander
- 3 \*1605 conspiracy with an explosive name
- 4 Golf's Bill or Jay (anagram of "aahs")
- 5 Feel crummy
- 6 Matchmaking site available in Hebrew
- 7 Argonauts' leader
- 8 "A likely story!"
- 9 Terrible actors
- 10 Round-tripper?
- 11 Light-colored brews
- 12 Plane's domain
- 13 \*California nickname, with "The"
- 14 "Ars Amatoria" poet
- 15 Rock music?
- 16 Gene mutations
- 17 Pine part
- 19 Get down pat
- 24 Laughably silly
- 25 Lawn roll
- 29 Boxer born Cassius Clay
- 31 FedExCup org.
- 33 Flower
- 35 Wide view
- 36 "Ain't Misbehavin'" actress Carter
- 37 Seaside

- 38 Sailor of old comics
- 39 Angora or mountain animals
- 40 Med school grad, often
- 42 Chase competitor
- 43 Machine part
- 46 End to end?
- 48 Volleyball defense specialist
- 50 Stallion controller
- 52 8 1/2 x 11, for short
- 53 Solicit, as business
- 55 \*Nuisance
- 56 Deep disgrace
- 57 One billion years
- 61 Small skillet
- 63 Half-\_\_\_ (Starbucks order)
- 64 \*Ancient drama group
- 65 NAACP or NCAA
- 66 Dictator descriptor
- 68 Mopey genre
- 71 Sheer
- 73 Like horror movies
- 75 H, to Herodotus
- 77 Maryland Big Ten team, informally
- 79 Accident scene VIP
- 80 Depilatory brand
- 81 Let enter
- 82 Id \_\_\_
- 84 Silverware item
- 87 Dictionary directive
- 88 Savor the praise
- 90 Extend
- 92 Military landing spot (Abbr.)
- 94 Muscle malady
- 95 Female fow
- 197 Archipelago near Fiji
- 100 Big bother
- 101 Skater Sonja
- 102 Second or sixth president
- 105 Be a couch potato
- 107 Newborns?
- 108 Throw \_\_\_ (blow up)
- 109 Malik formerly of One Direction
- 110 Enthusiastic about
- 111 Dune buggies, briefly
- 113 Transcript stat.
- 114 Keg feature

## CELEBRITY CIPHER

By Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"EUL MVFBHCKULH'P KHFMZLT VP  
EUCE UL WLILH DWFXP LWFYBU.  
EUL CYEFMVFBHCKULH'P KHFMZLT  
VP EUCE UL DWFXP EFF TYAU."

-HYPPZZ MCDLH

*Puzzle One Clue: W equals N*

"F KDZJ D WJTAEGDXFOM LJVJSO  
BKJTJ F AETO EV TJVHAJ OE AJJ  
RMAJXV DA DG HGLJTLEN."

-RFGLM YDXFGN

*Puzzle Two Clue: B equals W*

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## SUDOKU

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

2	3		6					
			3	5				
4	8	7						
5							3	
	2	3	1	9	5			
	9							2
				3	9			5
			4	8				
			5			4		6

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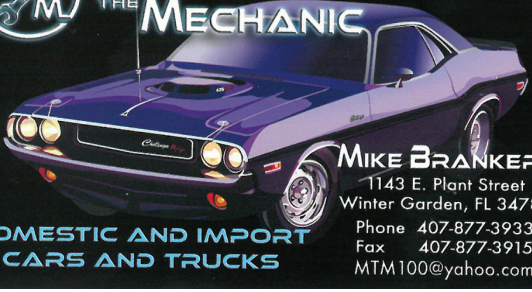
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**8:30AM - 11:00AM**



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**Schedule of Events**

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- 8:50 Warm Up
- 9:00 Kid's Activities & Prizes
- 9:30 Community Walk – 1 mile

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