

# WINDERMERE

# Observer

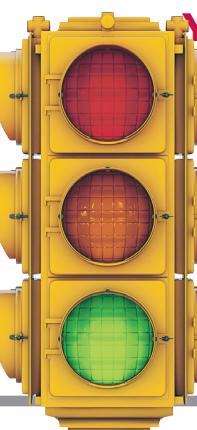
YOU. YOUR NEIGHBORS. YOUR NEIGHBORHOOD.

VOLUME 3, NO. 28

FREE · THURSDAY, APRIL 19, 2018



Windermere High steps up with first carnival. **8.**



## Putting on the red lights

Orange County will install stoplights at three intersections on Ficquette Road. **4.**

## Barriers broken

Cub Scout Pack 320 welcomed its first two girls as official members earlier this year.  
**SEE PAGE 4.**



Lauren Wilson, left, and Aurora Penrod are the first two girls to join Cub Scout Pack 320.

Eric Gutierrez

## ON YOUR MARK!



Runners flocked to Windermere for Run Among the Lakes. **3.**

## Town delays decision on 4th Corner annexation

GABBY BAQUERO  
NEWS EDITOR

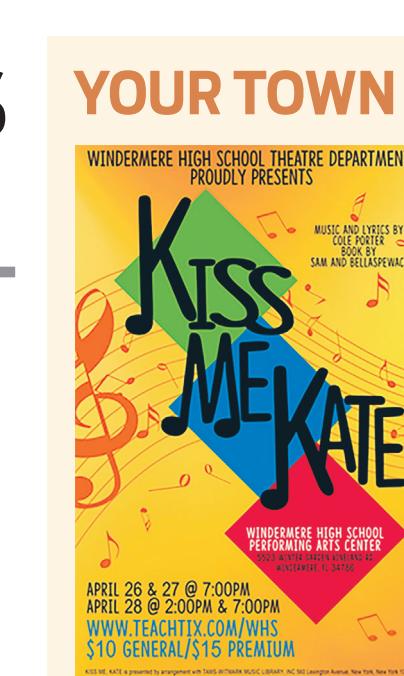
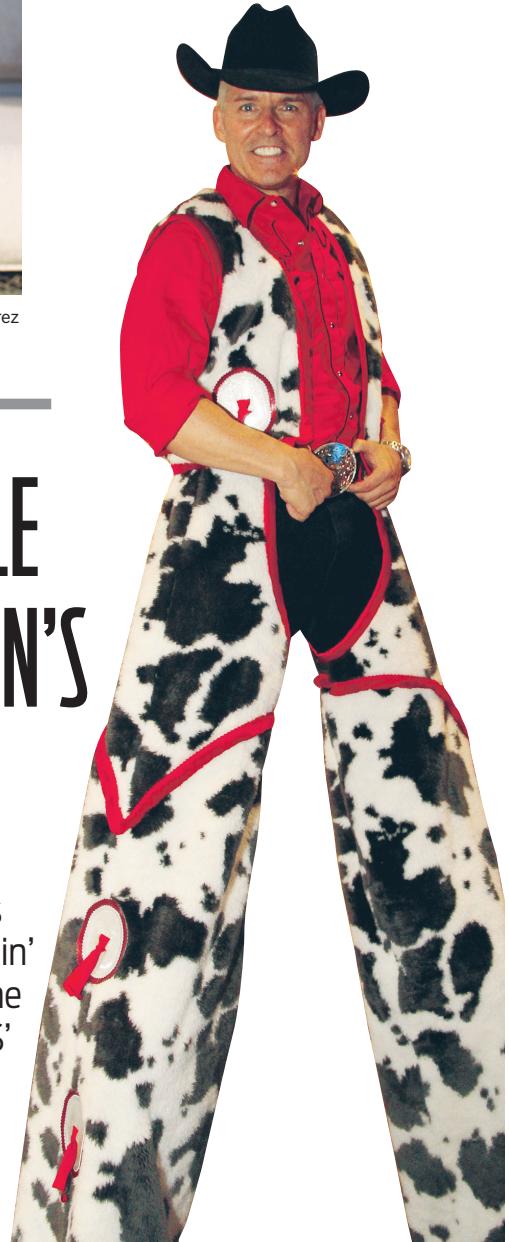
Windermere leaders agreed to allow town staff more time to analyze the proposed idea to involuntarily annex the 4th Corner into the town of Windermere during the April 10 Town Council meeting.

The northwest corner of the Apopka-Vineland and Conroy-

BLACK & TIE

## CATTLE BARON'S BALL

Attendees had a rootin' tootin' time at the ACS' annual shindig. **SEE 10.**



## WHS TO PRESENT "KISS ME KATE"

The Windermere High School Theatre Department is finalizing preparations for its production of "Kiss Me Kate."

The show will hit the stage at 7 p.m. Thursday, April 26, Friday, April 27, and Saturday, April 28; and at 2 p.m. Saturday, April 28, in the school's Performing Arts Center, 5523 Winter Garden-Vineland Road, Windermere.

Tickets are \$10 for general admission and \$15 for premium seats and can be purchased at [teachtix.com/whs](http://teachtix.com/whs).

**YOUR CALENDAR****THURSDAY, APRIL 19****ART HISTORY TRENDING**

6 to 7:30 p.m. Thursday, April 19, at the Winter Garden Art Association's SoBo Art Gallery, 127 S. Boyd St., Winter Garden. "Pop Culture, Social Media & Instagram" is this month's discussion in the series of art historical topics through the lens of today's social media and pop culture trends, such as self-portraits and the selfie culture. Register at [wgart.org/events/lecture-arthistorytrending](http://wgart.org/events/lecture-arthistorytrending). Information at (407) 347-7996.

**WINTER GARDEN WINE WALK**

6:30 to 9 p.m. Thursday, April 19, beginning at the farmer's market pavilion, 104 S. Lakeview Ave., in downtown Winter Garden. Enjoy wine, food, music and shopping at the annual

wine walk hosted by the Garden Choir. Tickets are \$10 to \$30 and available at [wintergarden-winewalk.com](http://wintergarden-winewalk.com).

**FRIDAY, APRIL 20**

**'THE GREATEST SHOWMAN'** 6:30 p.m. Friday, April 20, at The Grove, 4750-4757 The Grove Drive, Orlando, near Windermere. Enjoy a pre-show featuring the Menestrelli Dog Circus before a family-friendly musical film inspired by the imagination of P.T. Barnum at 7:45. Take snacks, lawn chairs and blankets. [Thegroveorlando.com](http://Thegroveorlando.com).

**SATURDAY, APRIL 21**

**UMW INSPIRATIONAL WOMEN'S RETREAT** 8 a.m. to 3 p.m. Saturday, April 21, at St. Luke's United Methodist Church, 4851 S. Apopka-Vineland Road, Orlando, in The Attic in Building C. The United Methodist Women are sponsoring the retreat featuring Christian author Ann Joyner as

the guest speaker. The theme is "Joy is a Choice." The \$30 ticket includes a continental breakfast, program, craft, catered lunch and a copy of Joyner's book. For information, visit [st.lukes.org/umwretreat](http://st.lukes.org/umwretreat) or call (407) 342-4204 or (407) 620-8122.

**TUESDAY, APRIL 24****50+ STRETCH AND STRENGTH CLASS**

9:30 to 10:30 a.m. Tuesdays and Thursdays in the gymnasium at St. Luke's United Methodist Church, 4851 S. Apopka-Vineland Road, Orlando. Al Aki will teach the class. Cost is \$2 per class; drop-ins are welcome. Visit [st.lukes.org/sports](http://st.lukes.org/sports), email [sports@st.lukes.org](mailto:sports@st.lukes.org) or call (407) 876-4991, Ext. 290, for details.

**SOUTHWEST BOOK CLUB**

7 p.m. Tuesday, April 24, at the Southwest Library, 7255 Della Drive, Orlando. This month's selection is "Small Great Things," by Jodi Picoult. Anyone age 18 or older may attend. The book club meets monthly. No registration needed. (407) 835-7323.

**WEDNESDAY, APRIL 25****50+ EXERCISE CLASS**

10 to 11 a.m. Mondays and Wednesdays in the gymnasium at St. Luke's United Methodist Church, 4851 S. Apopka-Vineland Road, Orlando. Al Aki will teach the class. Cost is \$2 per class; drop-ins are welcome. Visit [st.lukes.org/sports](http://st.lukes.org/sports), email [sports@st.lukes.org](mailto:sports@st.lukes.org) or call (407) 876-4991, Ext. 290, for details.

**THURSDAY, APRIL 26****ART HISTORY TRENDING**

6 to 7:30 p.m. Thursday, April 26, at the Winter Garden Art Association's SoBo Art Gallery, 127 S. Boyd St., Winter Garden. "Pop Culture, Social Media & Instagram" is this month's discussion in the series of art historical topics through the lens of today's social media and pop culture trends, such as memes. Register at [wgart.org/events/lecture-arthistorytrending](http://wgart.org/events/lecture-arthistorytrending). Information at (407) 347-7996.

**'KISS ME KATE' AT WHS**

7 p.m. Thursday, April 26, and Friday, April 27; and 2 and 7 p.m. Saturday, April 28, at Windermere High School, 5523 Winter Garden-Vineland Road. Tickets are \$10 for general admission and \$15 for premium seats and can be purchased at [teachtix.com/whs](http://teachtix.com/whs).

**FRIDAY, APRIL 27****AMERICAN LEGION 98TH ANNIVERSARY DINNER**

6:30 p.m. Friday, April 27, at American Legion Post 63, 271 Plant St., Winter Garden. The post was granted a temporary charter dated April 26, 1920, with 15 charter members. Hugh T. Gregory was chosen for the name of the post, in memory of the Winter Garden resident who was killed in World War I. (407) 656-6361.

**SATURDAY, APRIL 28****FAMILY FUN DAY**

11 a.m. to 3 p.m. Saturday, April 28, at Horizon West Community Church, 6121 Avalon Road, Winter Garden. Enjoy train rides, inflatables, face-painting and a variety of games. (407) 877-6237.

**SCOTTISH HIGHLANDS AT DR. PHILLIPS HIGH**

4 to 7 p.m. Saturday, April 28, at Dr. Phillips High School, 6500 Turkey Lake Road, Orlando. DPHS Theatre Troupe 4276 is hosting a fun afternoon of Scottish Highlands. The Disney-Pixar film "Brave" will be shown at 5 p.m. Admission is free. All proceeds from games, concessions and merchandise will benefit the troupe's summer trip to Scotland. (407) 355-3200.

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270403



Sandy Thompson was all smiles after she completed the 10K.



Kevin Allen was the first runner to complete the 10K.



Eric Gutierrez

Lisa and T.J. Oakes are the owners and operators of Oakes Animal Hospital.

## Family-owned animal hospital to open in West Orange

Oakes Animal Hospital on Roberson Road should open early this summer.

**ERIC GUTIERREZ**  
STAFF WRITER

West Orange pet owners soon will have a new place to take their four-legged friends for a check-up.

Oakes Animal Hospital is opening up early this summer at 11101 Roberson Road, Winter Garden.

The animal hospital will be owned and operated by the husband-and-wife team of T.J. and Lisa Oakes. Lisa will work the reception desk, and T.J. will be the in-house veterinarian.

"We purchased this property December of 2016," Lisa Oakes said. "I've been helping him do all the work to get this open ... (with) permitting and construction and hold-ups, but we're finally getting there."

"It's been quite an undertaking, but we're excited and can't wait to finally open," T.J. Oakes said. "This is something we've been wanting to do for a number years, and it's been a year in the making. It's starting to come together, so it's getting very exciting."

T.J. Oakes currently works at Lake Veterinary Clinic in Mount Dora and has about seven years of veterinary experience.

"Where I'm working now is actually a high-volume, so I've gotten quite a bit of experience in a short amount of time," T.J. Oakes said. "I love it up there. I'm just ready to do my own thing."

Oakes Animal Hospital will offer general medicine and surgical services once they open. Eventually, the couple hopes to open a separate boarding facility on-site for long-term pet boarding. The animal hospital sits on about two acres, so there's plenty of room to build the boarding facility, T.J. Oakes said.

This would not be the first time that the property will be used for animals. It once was used to board horses, and the Oakes plan on keeping the rustic charm of the property's past.

"The property has been an equine boarding facility for a long time," T.J. Oakes said. "We're trying to keep it the same farmhouse (look); rustic with the décor. We just want a hometown feel."



# Fun among the lakes

Hundreds of individuals ran, jogged or walked at the 17th annual UMC Windermere Run Among the Lakes on Saturday morning, April 14, at the Town of Windermere.

Participants ran either a 5K or 10K route. Runners of all ages enjoyed a morning light bites, mingling with various vendors and running among the lakes that surround the town.

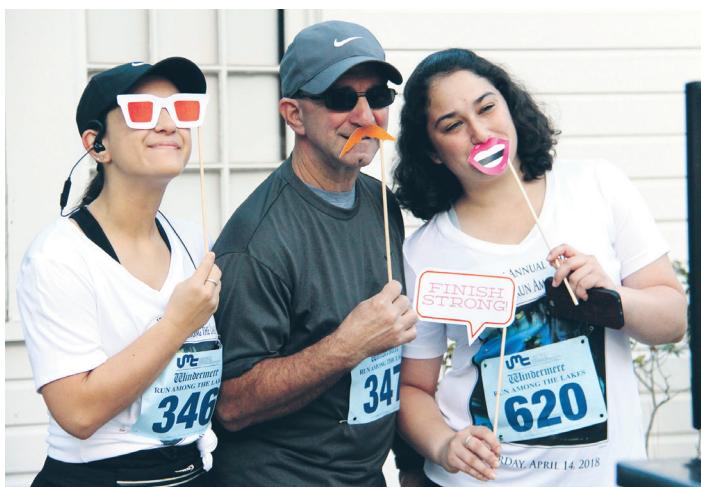
— ERIC GUTIERREZ



Emily Crist was the first female to complete the 10K.



Above: Isabella Smedley, Rachel Gross, Farrah Skorman and Anna-Sophia Hadley caught up with one another after running the 10K.



Left: Maria, Mark and Maddie Mandese posed with props for photos at a photobooth.

### OAKES ANIMAL HOSPITAL

11101 Roberson Road,  
Winter Garden  
OPENING: Summer 2018

# Orange County to install traffic signals on Ficquette

Orange County commissioners authorized the installation of three signals on Ficquette Road.

**GABBY BAQUERO**  
NEWS EDITOR

Navigating three intersections on Ficquette Road soon will become a bit safer.

During the March 20 Orange County Board of County Commissioners meeting, county officials approved traffic signals at the intersections of Ficquette Road and Overstreet Road/Ingle-nook Drive; Ficquette and Reams Road; and Ficquette and New Independence Parkway.

Following a traffic signal war-

rant study that gathered data on traffic volume, delay frequency and crash history, the signals were recommended for approval by county staff.

According to Humberto Castillero, chief engineer of the county's Transportation Engineering Division, the intersection of Ficquette and Overstreet receives 24,997 vehicles daily and has two crashes in the past year.

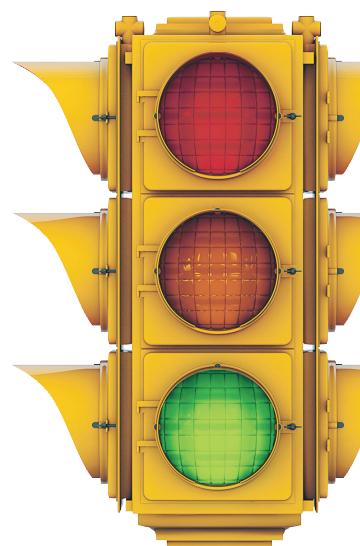
The intersection of Ficquette and Reams gets about 18,645 vehicles on a daily basis and also has had two crashes in the past

year. The Ficquette Road and New Independence Parkway intersection sees 18,525 vehicles per day and has had three crashes.

Castillero added the design of all three traffic signals will begin in May and construction will begin later this year, with completion anticipated by mid-2019.

For the Ficquette/Reams Road and Ficquette/New Independence Parkway intersections, a temporary span wire traffic signal will be installed and will later be reconstructed to mast arms once the Ficquette Road-widening project begins.

A signal warrant study also is being planned for the intersection of Ficquette and Fossick roads.



## Annexation tabled

CONTINUED FROM PAGE 1

Windermere intersection, known as the 4th Corner, has been the subject of much discussion in recent weeks.

Tavistock Development Group proposed a development plan that proved unpopular with local residents. In response to the opposition, Tavistock has since withdrawn the plans it had been considering for the northwest corner and plans to revise its future plans, Windermere Town Manager Robert Smith said.

As a result, there is no immediate need to move forward on the proposal just yet, and town staff will perform more analysis on the involuntary annexation and what it would require of the town, he said.

"It was decided to hold off on the annexation itself right now to give town staff more time to investigate a cost-benefit analysis, as well as to figure out, logically, how we would be able to accomplish the annexation of the northwest corner," Smith said. "And also to make sure we try to continue conversations with Orange County and Tavistock to make sure whatever is developed, or even if that corner gets developed, that it's something that is close to what was agreed upon back in 1996."

Rulon Munns, an attorney representing Tavistock Development, came forward during the public forum to notify the town his client has hired legal counsel and fully intends to ensure its rights are protected during the process of involuntary annexation, assuming the town decides to go through with it.

"The attorney was there to state on behalf of his clients that they're willing to talk with the town, but ... they want to make sure their rights are protected if they are brought in involuntarily," Smith said.

According to a preliminary report analyzing what the town would need to do to get enough land and resident electors to ensure a successful involuntary annexation, the town would need to extend the potential annexation area to the north to Ron Denn Lane and the Down Acres Estate subdivision.

"If you're going to bring someone in involuntarily, you have to make sure that you have more land and more resident electors," Smith said. "In order for you to do that, you have to make sure that it's contiguous and you meet those thresholds. And in order to

### IN OTHER NEWS

■ The Windermere Police Department Foundation — established when Officer Robbie German died in the line of duty — recognized sponsors and local craft breweries Graham Chiropractic, Crooked Can, Windermere Brewing, Rockpit Brewing and Tim's Wine for their assistance in making the St. Patrick's Day Festival on March 17 possible.

■ The HOA president of the Willows at Lake Rhea community reminded council members of the HOA's pressing need to have three road-resurfacing projects, (Willow Brick Road, Laurel Lane and Willow Gardens Drive) completed soon, as the roadways are in pretty bad shape. Town Manager Robert Smith said the town is waiting on potential funding sources to come in which might allow town staff to accelerate the timeline on said projects.

■ Council members agreed to a purchase order that does not exceed \$18,000 for equipment and installation of a new playground at Central Park, which was damaged during Hurricane Irma in 2017. Town staff is currently waiting on another quote to come in before making a determination on which company to choose.

"We just wanted to make sure we replace what was there prior to Hurricane Irma," Smith said.

■ The town agreed to set the tentative and final public hearings for the Fiscal Year 2018-19 town budget on Sept. 6 and Sept. 20.

meetthose thresholds, we would have to go north on Apopka-Vine-lane and annex in that area in order to bring it in involuntarily."

If Windermere decides to move forward with involuntary annexation, the process likely will take about a year. But Smith emphasized the town has ample time to figure things out.

"I really don't see an immediate rush for us to go ahead and move forward with the annexation, but it's still on the staff to take a look and see what's the town's best options," he said.

## Pack 320 welcomes first female scouts

**ERIC GUTIERREZ**  
STAFF WRITER

When the Boy Scouts of America announced last fall that the organization would allow girls to join, Autumn Herod, committee chair of cub scout Pack 320, was excited about the decision.

"It really is exciting to see the direction that Boy Scouts of America have gone with including girls," Herod said. "The decision (to allow girls) was made nationally in the fall, and the earliest you could (allow girls to join) was January. We actually started the process back in the fall with our chartered organization ... and it was about February when we got our first official application ready to go."

Pack 320 recently welcomed its first two girls into the pack: 7-year-olds Lauren Wilson and Aurora Penrod.

"It's fun," Wilson said. "When the (Orlando) Science Center (visited) ... we got to touch a squid with gloves on. ... we got to touch its feet."

Wilson said her favorite thing about Cub Scouts is seeing her friends and classmates. She added she was excited for the candy given out during scout camping trips.

"I really, really thought I would like it," Penrod said. "I learned how to do a square knot. ... It's not finished yet. I'm still working on it."

Penrod said she recently earned her Bobcat badge, the first badge Cub Scouts earn. One of the tasks Penrod had to accomplish in order to earn the badge was to learn the scout oath and scout law.

Wilson's father, Alan, said another reason his daughter joined was because her older brothers are also in scouts, and have been for the past two years.

"She was a part of scouts (before officially joining) as far as I was concerned," Alan said. "... At every event, we always make sections for siblings. ... We want the siblings to participate, and we give them a chance to participate, as well."

Penrod's mother, Rachel, said her daughter has wanted to be a scout for a while because her two older brothers have gone through the program. Her daughter also always partici-

pated with her brothers at scout events, campouts and derbies, she added.

"She's been really gung-ho about it since the beginning," Rachel said. "She's been very, very excited to be able to earn the badges, and the little belt loops and to get the uniform, but that's the only difference. She was always at the meetings. She was always doing things with her brothers, and she was always participating."

Alan said Pack 320 has always encouraged participation from parents and siblings at campsouts and other events.

"The great thing is they don't see it as boys and girls — it's just scouts," Alan said. "The 320 pack — we are a family. We always try to encourage participation from the parents for the boys and the girls as well. ... It's just a family that's having fun."

Although Wilson and Penrod are currently the only two girls in Pack 320, Rachel said she expects more girls will join.

"In the fall, when we open up recruitment, it's going to go out in the schools to girls and boys," Rachel said. "I think we'll get quite a few girls ... and I think we'll have some in every grade level."

Alan said as Pack 320 grows, the pack would need more parents to step up and take leadership roles.

"We'll need more leaders ... to step up more than they do," Alan said.

Cub Scout Pack 320 recruits from Keene's Crossing and Independence elementaries. The pack also includes students from Sunset Park, Bay Lake and Windermere elementaries and Windermere Preparatory School.

*"It's fun. When the (Orlando) Science Center (visited) ... we got to touch a squid with gloves on. ... we got to touch its feet."*

— Lauren Wilson

**WINDERMERE**

**Observer**

"If we are to build a better world, we must remember that the guiding principle is this — a policy of freedom for the individual is the only truly progressive policy."

Friedrich Hayek  
"Road to Serfdom," 1944

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## West Orange Chamber of Commerce Celebrates Business



### Celebrating First Anniversary of V's Barbershop

The West Orange Chamber of Commerce Ambassadors gathered to celebrate the first anniversary of V's Barbershop, located at 7848 Winter Garden Vineland Rd., Suite 108 in Windermere. V's Barbershop is a family-friendly, old-school barbershop specializing in great haircuts, shaves, facials, shoe shines and providing an authentic barbershop experience. V's is a proud supporter of local schools, youth athletic leagues and organizations aimed at uplifting our communities. To learn more, visit [www.vbarbershop.com](http://www.vbarbershop.com). Photo courtesy of WOCC.

### Celebrating First Anniversary of MyFamily Orthodontics

The West Orange Chamber of Commerce Ambassadors gathered to celebrate the first anniversary of MyFamily Orthodontics, located at 7848 Winter Garden Vineland Rd., Suite 100 in Windermere. MyFamily Orthodontics is the new office of Dr. Lauris Johnson, a native Floridian who moved to Orlando with her family in 2012. Their office provides a family-friendly, professional, fun environment where patients can feel comfortable coming for their orthodontic needs. To learn more, visit [www.myfamilyortho.com](http://www.myfamilyortho.com). Photo courtesy of WOCC.



### Celebrating Ribbon Cutting of Jeremiah's Italian Ice

The West Orange Chamber of Commerce Ambassadors held a ribbon-cutting ceremony for Jeremiah's Italian Ice, located at 6536 Old Brick Rd Suite 140 in Windermere. Jeremiah's Italian Ice is a decadent, yet refreshing treat with maximum flavor. Their ice flavors span the spectrum, from the everyday to the exquisite and the eccentric. To learn more, visit [www.jeremiasice.com](http://www.jeremiasice.com). Photo courtesy of WOCC.

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For more information about joining the West Orange Chamber of Commerce, call 407-656-1304 or visit [wochamber.com](http://wochamber.com)

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# Chamber to celebrate extraordinary women

**AMY QUESINBERRY**  
COMMUNITY EDITOR

The West Orange Chamber of Commerce has selected five local professionals — all women — for their leadership in the community, and they will be recognized at the chamber's Celebrating Extraordinary Women event Wednesday, April 25. The women-only gathering will include cocktails and conversation.

Four of the five will speak during the round-robin discussion: Julie Kleffel, executive vice president and head of community banking at Seacoast Bank; Suneera Madhani, founder and CEO of Fattmerchant; Stacy Papp, creative designer and founder of Bay Hill Jewelers; and Tiffany Moore Russell, Orange County clerk of courts.

The fifth honoree, Jamie Seh, sports director for WKMG News 6, is unable to attend because of her work schedule, but Chamber President Stina D'Uva said she

hopes to have Seh speak at the second event in this series.

"They are all successful in a wide range of industries, two business owners and entrepreneurs and two who work within larger organizations, yet all have garnered the respect of their peers," D'Uva said of the selections.

**JULIE KLEFFEL**



Kleffel's career in banking has spanned decades. She is a chamber past chair and the organization's youngest lifetime director.

"She has received numerous awards and serves on many boards and is always sought out for her calm, yet no-nonsense approach to getting any project accomplished," D'Uva said.

Kleffel said she is humbled to have been selected and is looking forward to learning from them. She wants to share with the audience some practical, real-life tools she uses daily to help them in their personal and professional lives.

"I hope that my personal story will inspire the women in attendance that anything is possible if they engage their passions around their work," Kleffel said. "I am a big believer in the power of mentoring other women and invest-

ing in others — as so many people have invested in me over the years. I would not be where I am today without the help of so many people."

**SUNEERA MADHANI**



Madhani has led her technology-based credit card-processing company to win many awards, including the Bright House Start Up 2016 award, and others for best place to work and Top 100 companies. Suneera recently was a panelist at Orange County Mayor Teresa Jacobs's 2018 Economic Summit and spoke about the growth of her company.

"She is dynamic and a charismatic woman," D'Uva said.

Madhani said she is eager to share her story.

"As a successful female CEO and leader in a male-dominant industry, I have the honor of being (a) trailblazer for the many other women out there who have #MomBoss potential," she said. "My story is one that is not heard nearly often enough, and I'm honored to be a part of the change for the next generation of female leaders."

She hopes to inspire other female entrepreneurs and young

professionals to "unleash the hustler within and never take no as an answer," she said.

Madhani said she believes anyone with passion can make their vision a reality through hard work and drive.

**TIFFANY MOORE RUSSELL**



Russell was first introduced to the chamber many years ago through the West Orange Political Alliance. She has been the youngest person to serve on the Orange County Board of County Commissioners, and she is the county's first black clerk of the courts.

"Her energy and passion are evident, and her role as clerk of the courts demonstrates her abilities to lead and be a public servant," D'Uva said.

Russell, too, said she was humbled by the selection.

"There are so many women doing great things in their respective professions, and I am just thankful someone thought to select me," she said.

At the April 25 event, Russell plans to talk about her professional journey and how she manages the many hats she wears as a female.

"I feel I can empower women

to achieve their dream because of my personal life journey," she said.

"I am truly a minority in politics, not because I am African-American, but because I am one of the few elected officials to get married and start a family while serving in public office.

"Because of that unique experience, I should be able to share a lot of advice and lessons to young women navigating their professional journey," she said.

**STACY PAPP**



Papp has built her business from one location to three. The philanthropist founded a nonprofit organization that helps at-risk youth further their education.

"Her creative vision and artistry and her client-first focus are the forces behind the impressive growth of this family-owned local business," D'Uva said.

Papp has met and risen above many challenges when opening and expanding her business.

She will speak on "the challenges that a new business will have, how not to give up, how to face adversity," she said.

She said she hopes her advice will inspire other women to persevere.

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Independence Elementary School student Anna Kilgore dropped a ball to activate her team's Rube Goldberg machine.

## Simple machines, complex problems

**T**eams of fourth- and fifth-graders from about 15 different Orange County elementary schools enjoyed a fun-filled morning of science, technology, engineering and mathematics at the third annual Rube Goldberg Competition Saturday, April 7, at West Orange High School.

Students who participated in the competition started working on their Rube Goldberg machines in November. A Rube Goldberg machine is a contraption that uses a chain of events to accomplish a simple task in a complex manner. Building the machines exposes the students to elements of science, technology, engineering and mathematics.

In the fourth-grade competition, Westbrooke Elementary School's team 17 won third place; Hunter's Creek Elementary School's team 4 won second place; and Rock Springs Elementary School's team 12 won first place.

In the fifth-grade competi-



Keene's Crossing Elementary School student Bryten Heefner made adjustments to her team's Rube Goldberg machine.

tion, Independence Elementary School's team 32 won third place; Hunter's Creek Elementary School's team 28 won second place; and Hunter's Creek Elementary School's team 29 won first place.

— ERIC GUTIERREZ



From left to right, Keene's Crossing Elementary school students Sophia Sam, Addison Walker, Shane Semien and Mykolas Binkys had fun at the competition.

**ONLINE** See more photos at [OrangeObserver.com](http://OrangeObserver.com)

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## HEALTH OBSERVED



## When you're so focused on taking care of others, who's taking care of you?

By Carol Lemerond, ARNP, Florida Blue Nurse Practitioner

Women are frequently caregivers in the family. We spend a large portion of our day taking care of the needs and health of our children, spouses or parents, and too frequently we don't take time to care for ourselves.

However, it's hard to be there for our loved ones if we're facing health concerns of our own. It's important to take a time out to focus on ourselves to prevent some common health issues that women face.

### Heart Disease

You may think of men when you hear "heart disease," but this condition is the leading killer of women over 25. The good news is you can take steps to help prevent heart disease.

- Eat a balanced diet high in fruits and vegetables and low in simple carbohydrates.
- Exercise enough to raise your heart rate several times a week.
- Talk to your doctor about ways to manage or prevent high cholesterol and high blood pressure.

### Breast Cancer

- Your risk of developing breast cancer increases with age, but you can be proactive in helping to lower your risk.
- First, get moving. According to the National Cancer Institute, physical activity can reduce breast cancer risk, and if you exercise enough to lose weight you can lower your risk even more.
- Second, avoid or limit alcohol.
- Most important, be sure to perform a monthly breast self-exam, and after age 40 get a mammogram every year or every other year.

### Osteoporosis

Osteoporosis occurs when your bones weaken and lose mass. You may not even notice you have this condition until you suffer a broken bone. If you are at risk or have suffered a broken bone, your doctor may order a bone density test that compares your bones with those of a healthy 30 year old, since that's when your bones are the strongest.

- Help keep your bones strong by staying active, such as standing on your toes, walking or hiking, lifting small weights or using elastic resistance bands, or dancing.
- Take a calcium supplement.
- Get vitamin D- rich sunlight each day.

### Depression

Depression often strikes when you're experiencing other health issues and life events, such as losing a spouse. However, even if you have reason to be sad, clinical depression is a serious health problem. It's important to get help from a qualified professional so you don't go through it alone. If you're unsure where to turn, your primary care physician can recommend professionals in your area.

Carol Lemerond is a nurse practitioner at the Florida Blue Centers in Winter Park Village and inside the Clermont Wal-Mart, where she teaches free health and wellness classes that are open to the public in addition to providing health coaching and assessments.

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## Windermere High steps right up with first carnival



Orlando School of Rock students Andrew Jagos, left, and Jenna Soricelli performed several hit songs.

Left: Students and other carnival-goers threw pies at Windermere High School Principal Doug Guthrie.

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**G**ames, live music and a petting zoo were just some of the fun at the Windermere High School Carnival on Friday, April 6. Students and other attendees enjoyed food trucks, prizes and throwing pies at school faculty at the event.

— ERIC GUTIERREZ

From left: Windermere High Fashion Club students Kelyce Allen, Andrea Valladarez, Izabella Straka and Shaina Janvier had fun at the event.



**ONLINE** See more photos at [OrangeObserver.com](http://OrangeObserver.com)

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## ALSO INSIDE:

American Cancer Society: Cattle Baron's Ball. **10.**

It came from the sea: Ocean inspires artist Jennifer Parris. **13**

# BLACK TIE

ORANGEOBSERVER.COM

THURSDAY, APRIL 19, 2018

## SOIREE FOR SOUND

The Oakland Wine & Dine For The Arts benefits the HapCO Music Foundation, which raises money to provide music education to children.

**HARRY SAYER**  
BLACK TIE REPORTER

If you're a fan of unlimited wine, jazz music and supporting the arts, there's good news: The town of Oakland's Wine & Dine for the Arts event is this Saturday.

The event, held at the Oakland Town Center, will have Caribbean-inspired meals, unlimited wine tastings and live music from a jazz quartet. The Wine & Dine also will help Oakland raise money for HapCO Music Foundation — which provides donated instruments, music programs, summer camps and live shows for young musicians looking to further their careers — and its programs.

HapCO doesn't stop with music, either. The foundation has professionals from all across Florida who provide classes for visual arts, theater and the culinary arts, as well.

"Our main goal is keeping kids connected to the arts through programs, classes, clinics and symposiums," said Joseph McMullen, director of HapCO and an Oakland town commissioner. "We want to give them a greater access to the arts compared to what's going on in the school system right now. We want to be that gap."

McMullen, 50, credits music and his school band as a way of staying grounded while growing up and becoming successful in life. He wants to provide that same avenue of success to others.

"We just want to continue to give these kids an outlet to express themselves through the arts; we take arts to where the need is," McMullen said. "We don't have any kind of brick and mortar (location). ... We try to bring out classes and programs to those different areas that have a need and can't meet it on their own."

### PAYING IT FORWARD

The foundation helps musically inclined children as well as senior citizens, though McMullen said its main age group is grade school through college. HapCO also has an initiative helping older students play live shows in the community. Thomas Milovac was one such musician.

"Just giving me the opportunity to play out ... that was a learning



Upright bassist Thomas Milovac's love of music was cultivated through HapCO's music programs. Today, he is pursuing a degree in jazz bass at the University of North Florida.

Courtesy photo

SEE MELODY PAGE 12

TIE  
BLACK

# American Cancer Society's 19th annual Cattle Baron's Ball

Cowboys and cowgirls alike flocked to the Rosen Shingle Creek for the American Cancer Society's 19th annual Cattle Baron's Ball Saturday, April 14.

The annual hoedown, which raised money for cancer awareness and research, featured a silent auction full of Southern gifts, live music and stilt-walking gunslingers. Guests garbed in Southern attire played cowboy games, picked up drinks and celebrated for a worthy cause.

— HARRY SAYER



Daniel Gutierrez, Tausha Daniels and Cathy Cabins checked out the silent auction items.



Joe Harris and Shannon McClain went all-in for the night.



Above: Mary Davis and Courtney Hazouri had a fun chat.

Left: Carlee Thomas, Kayode Alesh and Rachael Bacchus represented UCF.



Jay Hunt, U.S. Rep. Val Demings and Orange County mayoral candidate Jerry Demings met up before the doors opened.



Dan Diehl, Rachel Saunders and event chairman Tyler Kurau welcomed cowboys and cowgirls into the show.

ONLINE See more photos at [OrangeObserver.com](#)

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BLACK TIE

# American Heart Association's 'Sea of Hearts' Orlando Heart Ball



Amelia Starcher and Kelli Thomas wore their best outfits for a fun night.

The American Heart Association hosted a successful event with its Orlando Health Ball Saturday, April 14, at the Loews Sapphire Falls Resort.

Titled "Sea of Hearts," the ball raised money to prevent cardiovascular diseases and strokes through a silent auction. Guests raised thousands of dollars before hitting the dance floor later in the night.

— HARRY SAYER



Camile Evans and Leticia Adams looked great.

Right: Jeff Saindon, Sonya Hester and David Parker dressed to impress.



Iram Hussein, Elaine Vivek and Nidhi Ashish turned heads at the gala.



Event chair Waymon Armstrong and Mick Eolson had a great time together.



Kimberly Sutter and Annmarie Gallo had a fun conversation.



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Attendees will enjoy getting to know each of our featured guests in this engaging, "round-robin" style event. Featured speakers include:

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- Suneera Madhani, Founder & CEO, Fattmerchant
- Stacey Papp, Creative Designer & Founder, Bay Hill Jewelers
- Tiffany Moore Russell, Orange County Clerk of Courts



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Madhani



Papp

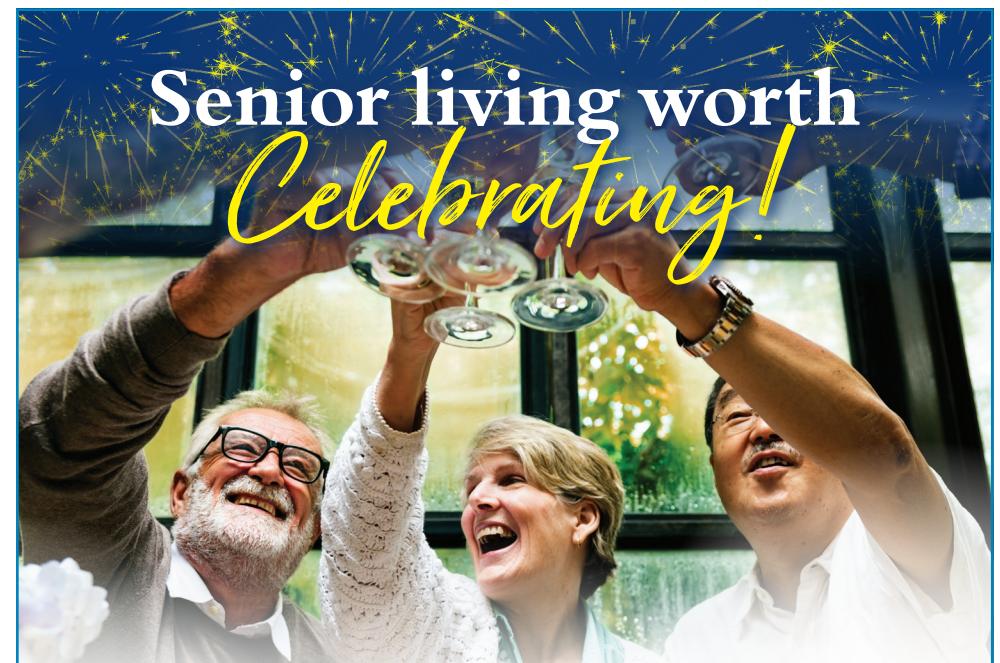


Russell

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## MELODY-MAKERS

CONTINUED FROM PAGE 9

experience you can't really learn in school," Milovac said. "I've learned so much from the opportunities they've given me and even learned a lot about myself."

Milovac, 20, is now a student at the University of North Florida studying jazz bass. He comes from a family of musicians — his father was a Croatian folk musician, and his mother's side has a number of talented performers. Although Milovac can play with a number of instruments, his true love is the upright bass.

"It's such an important instrument in these ensembles," he said. "The bass contributes to the rhythm and playing with the drums but also communicating harmony to voices in the band. You can have so much influence on a musical situation with the bass, and I think that's so beautiful."

Milovac became involved with McMullen and HapCO four years ago when his jazz band performed at a live show and started getting other gigs from the foundation soon after. Through HapCO, he has played solo, in quartets and miniature big bands at Disney Springs, downtown Oakland and other venues.

He's grateful to McMullen and HapCO for the platform they have given him, so he's paying it forward. When he's not studying or performing across the country, Milovac comes back to HapCO to teach new musicians about bass techniques. He will be playing side man to the Jazz at the Lincoln Center Orchestra lead trombonist Vincent Gardner at the Oakland Wine & Dine.

"This guy's traveling around

## TOWN OF OAKLAND WINE & DINE FOR THE ARTS

WHEN: 5 to 8 p.m. Saturday, April 21

WHERE: Oakland Town Center, 221 N. Arrington St., Oakland

TICKETS: General admission tickets are \$75.

DETAILS: Unlimited wine and meals from Chef Anthony Fothergill. Music by a Vince Gardner quartet with local Thomas Milovac

INFORMATION: [hapcopromo.org/wpsite](http://hapcopromo.org/wpsite)

### THE MENU

#### DINNER

- Chef-attended jerk chicken Caesar salad station
- Chef-attended carving station
- Vegetable skewers with curry coconut cream sauce
- Mini Jamaican beef patties
- Jerk wild mushroom quesadilla
- Salted cod fish quesadilla served with spicy sour cream

#### DESSERT

- Chocolate lovers lava cake
- Assorted island-style mini desserts

the country performing at different places," McMullen said. "It answers our 'Why.' That's a future we're helping to build. ... We played a part in that and know we're watching him grow.

"He's been performing at HapCO, and other people ask him if he can play at their event," he said. "Seeing that happen, that we're a part of who he is, it tells us we're doing something right. Even if we just touch one life, it's an example of how we're making a difference."

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# PINTING THE OCEAN FAR FROM THE SEA



Jennifer Parris blends several different colors to create her fluid-art painting.

Eric Gutierrez

**ERIC GUTIERREZ**  
STAFF WRITER

Whenever Jennifer Parris freedives in the ocean, her mind goes blank as she takes in the scenery around her. As she floats under water surrounded by sea life and coral reefs, she gets inspired.

"That's my meditation," Parris said. "A lot of my creative process is just being in the right frame of mind and being in a positive flow. I think that's what the ocean does for me. ... There's life to the reef. You hear it. It crackles."

Parris, 31, is originally from Fort Lauderdale and currently lives in Winter Garden. She is a life-long painter who enjoys painting ocean and marine life and scenes. Although she had spent her life painting as a hobby, she only has been painting as a full-time career for about a year.

"It took me a year before I left corporate America," Parris said. "I was working for Marriott on the beach. ... I realized you're either working for someone else's dream or you're working for your own. So, I left there, and for the past year, I've been painting and building my whole collection and figuring out my whole style."

#### FORCE OF NATURE

Although Parris left her job about a year ago, she did not move to Winter Garden until after Hurricane Irma because of damage to her beachside home. Parris had been in Winter Garden about a week prior to the hurricane to visit family but ended up staying until it ended.

"They had evacuated everything ... so I couldn't be there anyway," Parris said. "I knew if I went south, I wasn't going to get back up here."

Parris said after the hurricane, her friend checked on her home and discovered water on the floors. Originally, she thought the water came from underneath the door of her home. She later found out that the hurricane ripped up the roof of her upstairs neighbor's home.

"My mom went to go check things out," Parris said. "My mom walks into (my upstairs neighbor's) house, and you could see outside. The roof ripped off, so that's where the water came from. When it was raining in (my neighbor's) apartment, it all came down the walls. ... Everything was drenched. It was horrible. I got lucky I didn't lose everything."

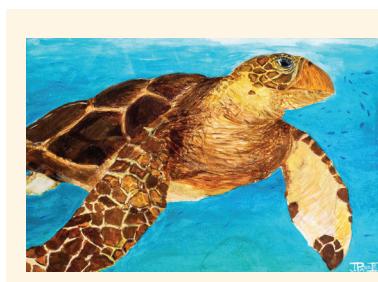
#### MAKING LEMONADE

Despite the life-altering circumstances, Parris remains positive.

"I'm an eternal optimist," Parris said. "It took me a second to really sit and process it, but it also made me feel really fortunate because, immediately, I had a place to come. My parents had just built a house here (in Winter Garden). My sister is here. My family is here. They all wanted me to move here, anyway. I joke that my sister caused the hurricane (because) she always gets what she wants. ... I joke that it took an act of God to get me to leave the beach. I would have never, never left on my own."

Parris added moving away from her home was bittersweet. She might have had to leave the ocean — her greatest inspiration — but that only made her evolve as an artist. In addition to her sea-life paintings, she experiments with paint pouring — also known as fluid art — as one of her latest artistic ventures.

"My work evolved," Parris said.



#### JENNIFER PARRIS ART

To view or buy Parris's work, or to inquire about commissions, visit [jparrisart.com](http://jparrisart.com).

"I needed that (move). In a sense, life kind of brought me here. ... I didn't start pouring until I came here, and that's a huge part of my work now."

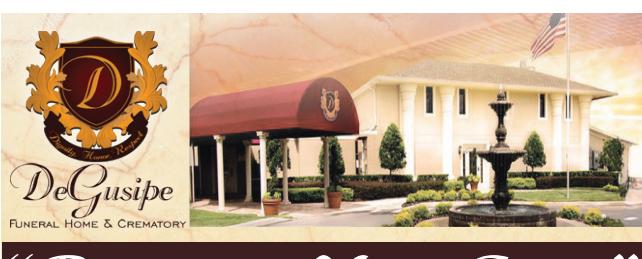
#### DIVING IN

The move brought about new ventures for Parris. Prior to the hurricane and moving to Winter Garden, she met officials involved with the Windermere Art Affair. They invited her to feature her work at the event, which was her first art show.

"It was kind of funny because I knew I was doing the show before I moved here," Parris said. "If that wasn't meant to be, I don't know what was."

Parris added she learned at the Windermere Art Affair that her paintings are popular among children. She recently branched out to painting murals in children's bedrooms.

"Children love my stuff," Parris said. "I started doing children's rooms ... painting murals."



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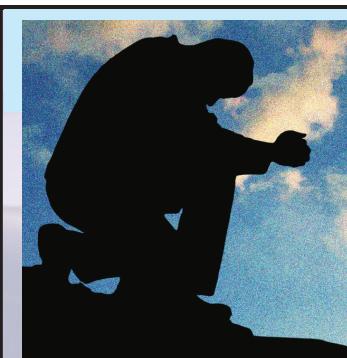
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## THESE OLD TIMES

### 88 years ago

Griffin Chevrolet Company in Winter Garden featured a Chevrolet six-cylinder closed car for as little as \$445.

### 85 years ago

Winter Garden Police Chief Grimes issued a warning to motorists speeding through the city. Arrests will be made for persons exceeding 20 mph. Bray Hardware is featuring 16-inch lawnmowers for \$5.50.

### 80 years ago

The local fire department answered a call Wednesday afternoon to the residence of Bob Tanner's, south of Winter Garden, past Fleming's Corner. The fire, a roaring blaze from a pile of trash and dry shingles, originated from around the wash pot.

### 55 years ago

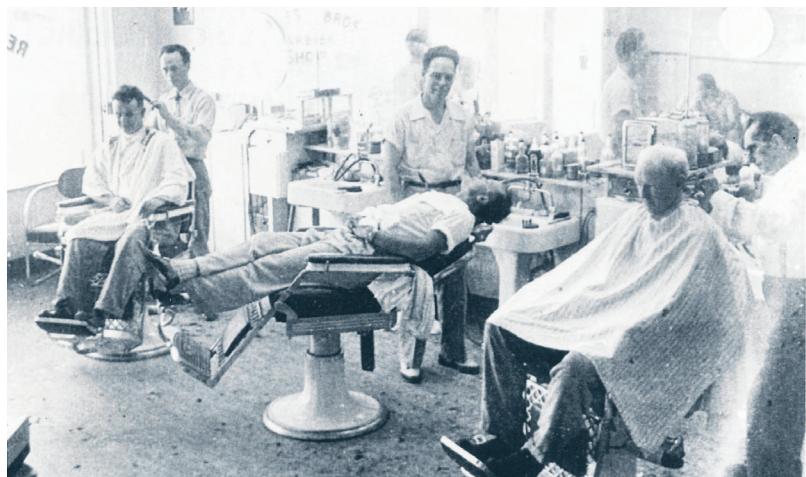
Thirty-five Winter Garden merchants began giving profit-sharing stamps to their customers.

### 45 years ago

Winter Garden's Bobby Ficquette passed the 100-strikeout mark as Trinity Prep blasted Lake Highland 5-1. He fanned 15 Highland batters to up his season strikeouts to 104 and boasts an 8-1 win-loss record.

Members of Ocoee Girl Scout Troop 78 cleaned up trash dur-

## FROM THE WINTER GARDEN HERITAGE FOUNDATION



### FROM THE ARCHIVES

Several generations of children were educated in Winter Garden's African-American school prior to integration in 1969. Despite less-than-equal educational facilities, West Orange County's African-American population rallied around the Winter Garden School for the Colored, Maxey Elementary and Drew High School, encouraging students to excel

in athletics, music and debate. Families whose livelihoods came largely through low-income jobs in the citrus industry raised children who went on to become doctors, attorneys, military officers, teachers and police officers.

"Despite the Obstacles" looks back at local African-American schools as they existed before 1969.

*The mission of the Winter Garden Heritage Foundation is to preserve the heritage and architecture of Winter Garden while creating new cultural experiences. The Foundation also preserves the material culture of West Orange County, using it to educate the area's youth on the community's rich history.*

ing the recent Johnny Horizon Campaign. Among those doing their part were Donna Spann, Cheri Davis, Kathy Fenner and Kathy Munger.

### 35 years ago

The children of the 50-member Herald Choir of the First United Methodist Church of Winter Garden have been rehearsing

for a big musical production of "Moses and the Freedom Fanatics." The main characters are played by Michael Griffith, Shannon Wagster, Jason Fulmer, Garrett Youngblood and Keelee Sines. The musical, directed by Marian Wagster, is a fundraiser for a retreat in Junaluska, North Carolina.

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# SPORTS

Olympia senior Daniel Tiongco, a cancer survivor, ended his water polo career for the Titans on a high note. **Page 16.**



## HIGH 5



File photo

**1** Olympia High alum Michael Byrne is now the all-time saves leader for the University of Florida baseball program. The former Titans broke the record for career saves March 30 against Vanderbilt. It was his 26th career save. He picked up another save April 13 against Missouri.

**2** Windermere Prep alumna Racquel Fournet was named ASUN Player of the Week March 26 for her stellar play for the FGCU Softball team. Fournet, a junior, went 8-for-12 that week with seven RBIs. On the season, Fournet is hitting .365 with five home runs and 29 RBIs.

**3** Dr. Phillips junior Hannah Eden has entered her name in the Panthers' record books — and so has her team. Eden broke a school record for doubles in a season April 12 when she hit her 12th against Oak Ridge. Dr. Phillips won both games of a double-header that day against the Pioneers, bringing the Panthers to 20-2 on the season, with 20 wins representing a new program record.

**4** The Olympia boys and girls tennis teams swept rival West Orange April 13. The Titans girls team defeated the Warriors 6-1, while the Olympia boys team was victorious 4-2.

**5** Windermere Prep two-sport standout Rahsaan Lewis announced April 16 that he has committed to play football for UCF. A basketball standout for the Lakers the past two seasons, Lewis returned to the football field this past fall after a two-year hiatus and had a breakout season for Windermere Prep.

## Panthers bounce back with important pair of wins



Steven Ryzewski

Dr. Phillips shortstop Raymond Negron cleanly fielded a ball moments before turning a double-play against the Ocoee Knights April 13. The Panthers won the game 6-0.

After a rough stretch of about a month, the Dr. Phillips baseball team returned to its winning ways.

**STEVEN RYZEWSKI**  
SENIOR SPORTS EDITOR

Wins have been hard to come by for the Dr. Phillips baseball team over the past month or so. After racing out to a 5-0 start, the Panthers have won just four of their past 13 games.

Of those losses, several have come by just one or two runs.

So, when Dr. Phillips led the host Ocoee Knights 2-0 through five innings April 13, it stood to

### LATE-SEASON SHOWDOWN

The everlasting rivalry between Olympia and Dr. Phillips will shift to the baseball diamond April 26, just ahead of the start of districts. The Panthers will host the Titans at 4:30 p.m. The last meeting of the rivals, which took place April 18, 2017, went to the Titans — a 5-1 victory.

reason that coach Mike Bradley's club wouldn't rest easy until it had a larger lead.

Luckily, the Panthers' bats

**SEE BASEBALL PAGE 16**

The Windermere Prep middle-school girls tennis team won the Greater Orlando Athletic Conference Championship.

**STEVEN RYZEWSKI**  
SENIOR SPORTS EDITOR

The future sure is bright for the Windermere Prep girls tennis program.

The girls middle-school team for the Lakers completed an undefeated season earlier this month by taking first place at the Great Orlando Athletic Conference Championship, besting teams such as Trinity Prep, Lake Highland Prep and The First Academy, among others.

The quartet of Reagan Parker, Carissa Ruiz, Reese Parker and Isabella Scherer has been dominant all season, with Reagan and Carissa — the team's No. 1 and No. 2, respectively — not losing a match all season in middle-school competition.

"They're both very feisty — really gutsy," said head coach Mandy Rosenfield.

Rosenfield said Reagan has a big serve and forehand, while Carissa has a strong backhand. Reese has been strong all season and incredibly consistent, while Isabella, a relative newcomer to interscholastic tennis, has shown great improvement over the course of the season.

The girls also swept their doubles matches at the GOAC Championship, with Reagan and Carissa teaming up for one team and Reese and Isabella coming together for the other.

"They're all friendly, and they have good communication," Rosenfield said.

What is even more impressive for this group of girls is that three of them — Reagan, Carissa and Reese — also are competing for the Lakers' varsity team as the No. 4, No. 5 and No. 6 lines, respectively.

"They've done great, and they've been a real asset to the



Teammates Carissa Ruiz, Reagan Parker, Isabella Scherer and Reese Parker show off their championship trophy and medals.

**SEE TENNIS PAGE 16**

Steven Ryzewski

# Daniel Tiongco

Olympia senior Daniel Tiongco ended his water polo career with the Titans in the best possible way, scoring the final goal of the final game of the regular season — a 17-4 win for Olympia (23-2) over Lake Brantley. Daniel, who has scored six goals in his career with the Titans and is praised by head coach Stephanie Johnson-Possell as a hard worker who always puts the team first, was diagnosed with brain cancer at age 3 and overcame a rare neuroectodermal tumor. His experience with cancer, his recovery, and the kindness of those who helped him through, has inspired him to pursue social work after he graduates from Olympia.

## How exciting was it to score the final goal in your final game as a Titan?

It was very exciting, and I was very glad to finish the season with something to say, "I finished the last game of the season."

## Which moments from your high-school career have been the most memorable?

My first swim meet (as a freshman). I'm not sure who it was against, but it was at the Roper YMCA. For it being my first swim meet, it was nerve-wracking. ... My favorite water polo memory is scoring my first goal (as a freshman).

## Is there an alumni of the program who was a role-model for you?

I'd say my top-two role models are my brothers; they were actually on the water polo team. One is in college, and the other is studying for his doctorate. Matthew Tiongco and Jonathan Tiongco.

## How has your experience as a cancer survivor affected your appreciation of being able to play sports?

I appreciate it because at age 3, my doctors said my chances of living were low. To be able to be a senior and play water polo, to be on the swim team for four years,



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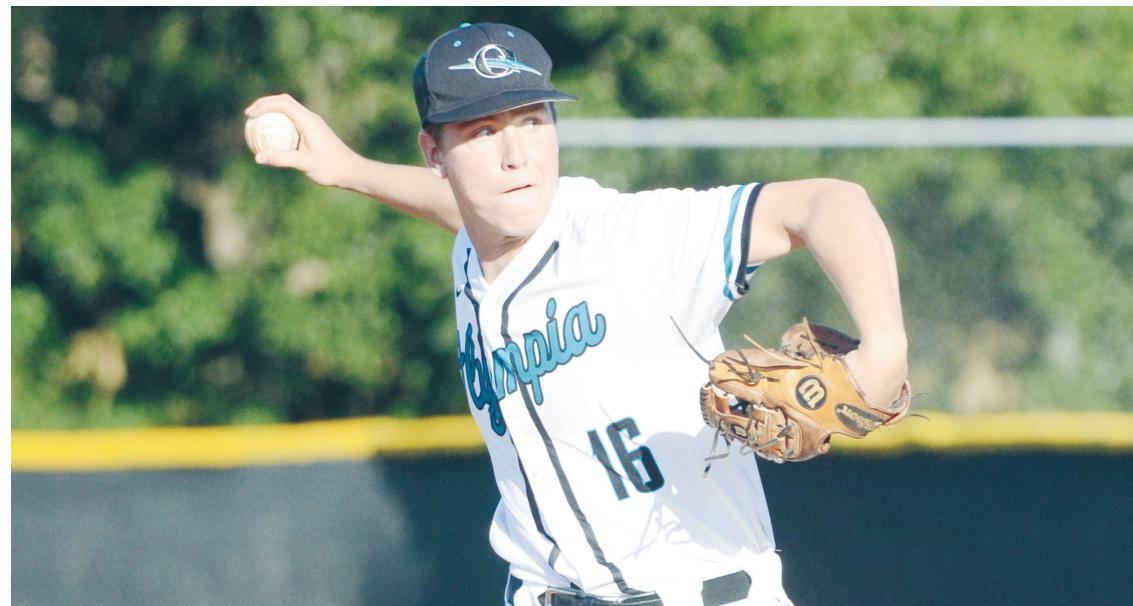
— STEVEN RYzewski

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Photos by Steven Ryzewski

Matt Cobb pitched a complete-game shutout for Olympia April 11 against West Orange.

# Baseball

CONTINUED FROM PAGE 15

came alive in the top half of the sixth inning, as James Hurst, C.J. Cantwell and August Haymaker each drove in a run, and Dr. Phillips (11-10) held on for a 6-0 Metro West Conference victory against the Knights (13-8).

The victory made for back-to-back wins for the Panthers, who had defeated Evans earlier in the week.

"It's no secret that we've been struggling, in the middle-third and latter-third of the season here, swinging the bats," Bradley said. "For our guys to step up here when it mattered — that was great to see."

Three pitchers teamed up for the shutout on the mound for the Panthers, as Cort Roedig got the start — and the win — pitching three-and-two-thirds innings and allowing just three hits. Logan Bryan pitched two strong innings in relief, and Casey Carns closed it out for Dr. Phillips.

The Panthers have a trio of games against Metro West Conference foes in the coming days — hosting Wekiva April 17 and Apopka April 19 before traveling to Windermere April 23. And with the district tournament looming the first week of



Dr. Phillips teammates congratulate Cort Roedig as he comes off the mound April 13. Roedig earned the win against Ocoee.

May, Bradley is hopeful that this stretch will allow his team to regain its form from the beginning of the season.

"We lost our identity there for a little bit, and we're still working on getting it back," Bradley said. "We're finding ourselves again, and we're starting to have fun again."

## OLYMPIA SECURES NO. 2 SEED IN DISTRICT 9A-3

The Olympia baseball team (13-7) got two stellar outings on the mound last week in an important district series against West Orange.

The pair of wins — 5-0 over the Warriors at home April 11 and 6-1 April 13 at West Orange — helped the Titans to a 5-3 record in Class 9A, District 3 and the No. 2 seed for the dis-

trict tournament in May.

Matt Cobb pitched a complete-game shutout April 11 for Olympia, and Jeslyn Whitehead followed with a complete-game effort April 13.

"It's nice to not have to play in the play-in game," head coach Chuck Schall said, reflecting on his team earning the No. 2 seed. "It just makes us have to win one game (to reach regionals), and we get another day of rest. We're playing these guys (West Orange) in that (district semifinal), and we'll see (Doug) Nikhazy, and it'll be a good game."

Nate Marrero, a correspondent for ObserverPreps.com, contributed to this report.

# Tennis

CONTINUED FROM PAGE 15

varsity team," Rosenfield said.

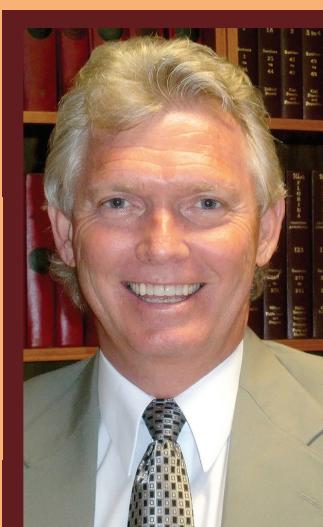
The Windermere Prep varsity girls tennis team is coming off a 2017 season where it finished

as state runner-up in Class 1A, and the Lakers will compete in the FHSAA Class 1A, District 6 Tournament this week in Lakeland.

Three members of the middle-school team — Reagan and Reese, who are twin sisters, and Isabella — are only sixth-graders, suggesting there will be

several years of success to come from these up-and-coming tennis standouts.

"We're thrilled to have them," Rosenfield said. "It's not just their play — they're super nice girls and excellent team members."



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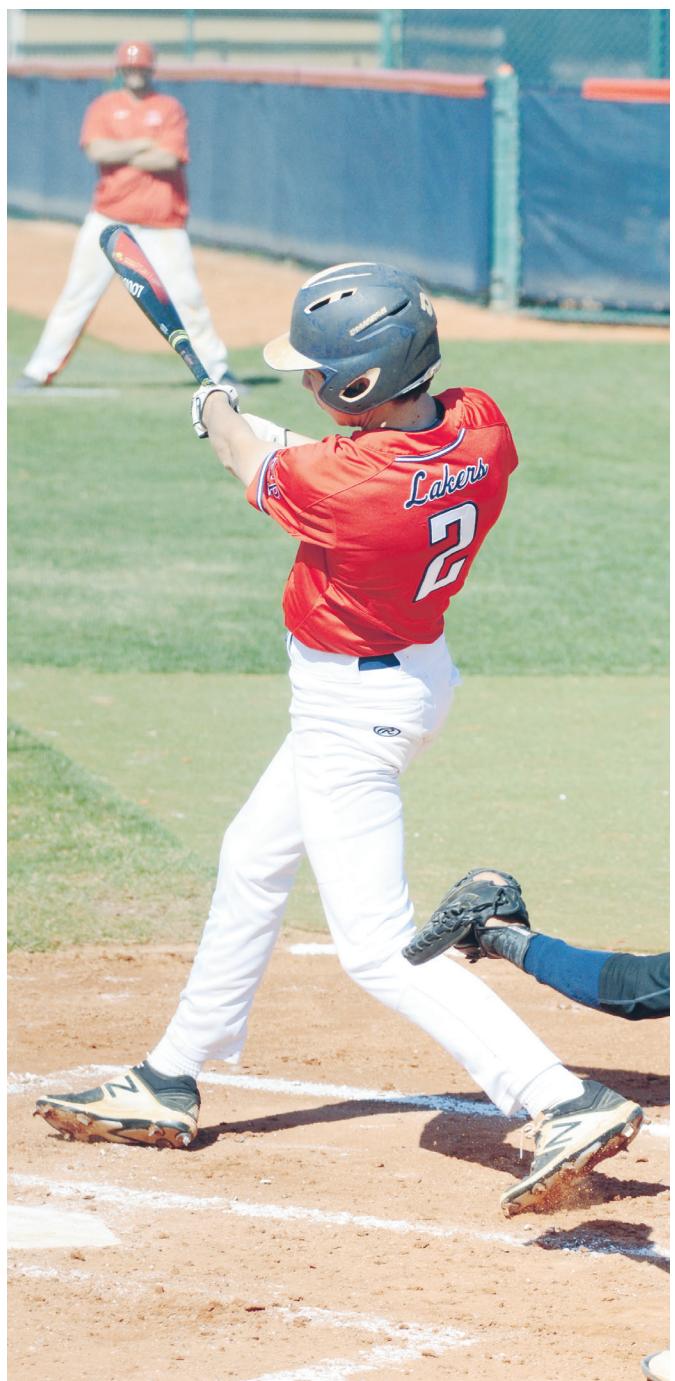
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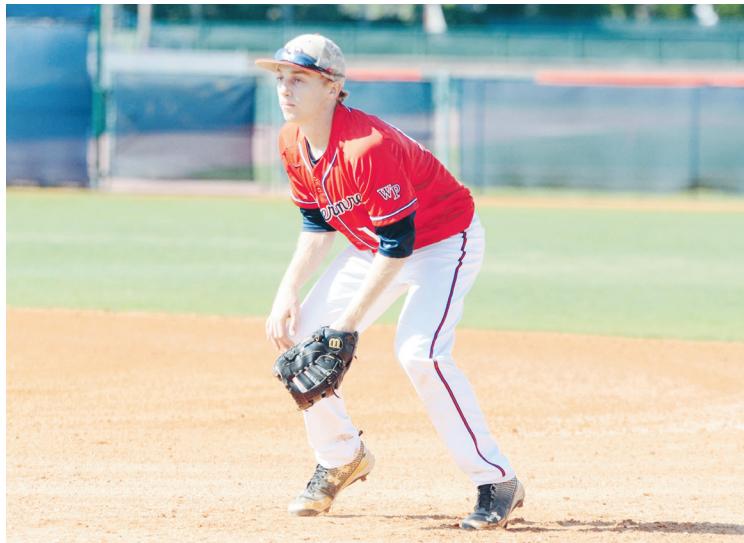
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Photos by Steven Ryzewski  
Ricky Reeth reached base once for the Lakers against Central Pointe Christian.



Jake Janata consulted with first-base coach Ramon Sanchez after safely reaching base in the top of the first inning April 11.



Above: Jordan Walczak was ready to make a play at first base.

Right: Head coach Keith Walsh looked on as his team earned another victory. The Lakers are 12-7 so far this spring.

## Windermere Prep baseball holds on for win

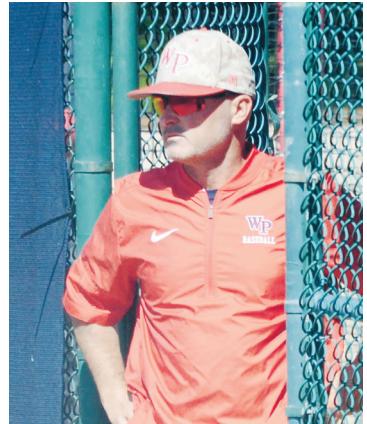
The Windermere Prep baseball team improved to 11-7 on the season April 11 with a 3-2 victory over Central Pointe Christian.

Michael Bacica got the start and earned the win for the Lakers. He pitched three scoreless innings and struck out six batters.

The Lakers scored all three of their runs in the first and second innings and a trio of relief pitchers — Tyler Koussae, Logan Morris and Jake Janata — helped close the door on a rally attempt by Central Pointe.

Dylan Adams and Devon McCall each had an RBI for Windermere Prep (12-7).

— STEVEN RYZEWSKI



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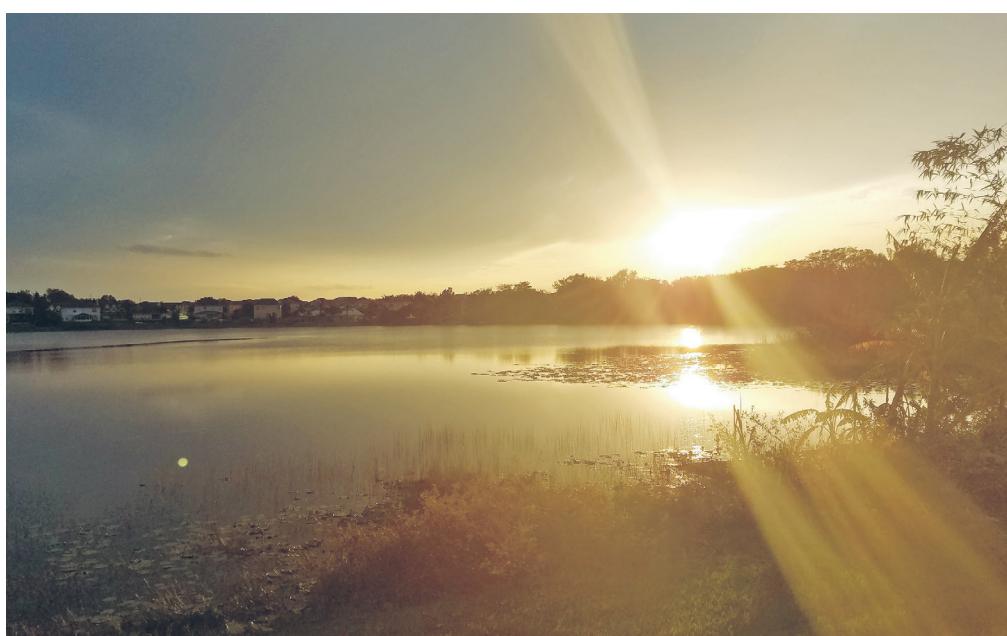
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# I LOVE WEST ORANGE



Ocoee resident Greg Kline submitted this beautiful image of a sunset on Lake Johio.

The Windermere Observer is hosting this weekly contest, and winners will have their photograph featured and receive a \$20 prize. To enter, email your photo, along with your name, city and a caption, to amyq@orangeobserver.com; put "I Love West Orange" in the subject line. Please include your mailing address to receive your prize.

**ONLINE** See other winning photos at [OrangeObserver.com](http://OrangeObserver.com)

## FORECAST

### THURSDAY, APRIL 19

High: 85  
Low: 64  
Chance of rain: 0%



### FRIDAY, APRIL 20

High: 84  
Low: 65  
Chance of rain: 10%



### SATURDAY, APRIL 21

High: 82  
Low: 66  
Chance of rain: 10%



### SUNDAY, APRIL 22

High: 83  
Low: 69  
Chance of rain: 50%



## SUNRISE / SUNSET

	Sunrise	Sunset
Thursday, April 19	6:57a	7:54p
Friday, April 20	6:56a	7:55p
Saturday, April 21	6:55a	7:55p
Sunday, April 22	6:54a	7:56p
Monday, April 23	6:53a	7:56p
Tuesday, April 24	6:52a	7:57p
Wednesday, April 25	6:58a	7:53p

## MOON PHASES



April 22 First

April 29 Full

April 8 Last

April 15 New

## RAINFALL

Tuesday, April 10	0.08
Wednesday, April 11	0.03
Thursday, April 12	0.01
Friday, April 13	0.00
Saturday, April 14	0.00
Sunday, April 15	0.02
Monday, April 16	0.00

YEAR TO DATE: APRIL TO DATE:  
2018 4.90 in. 2018 .27 in.  
2017 3.38 in. 2017 .22 in.



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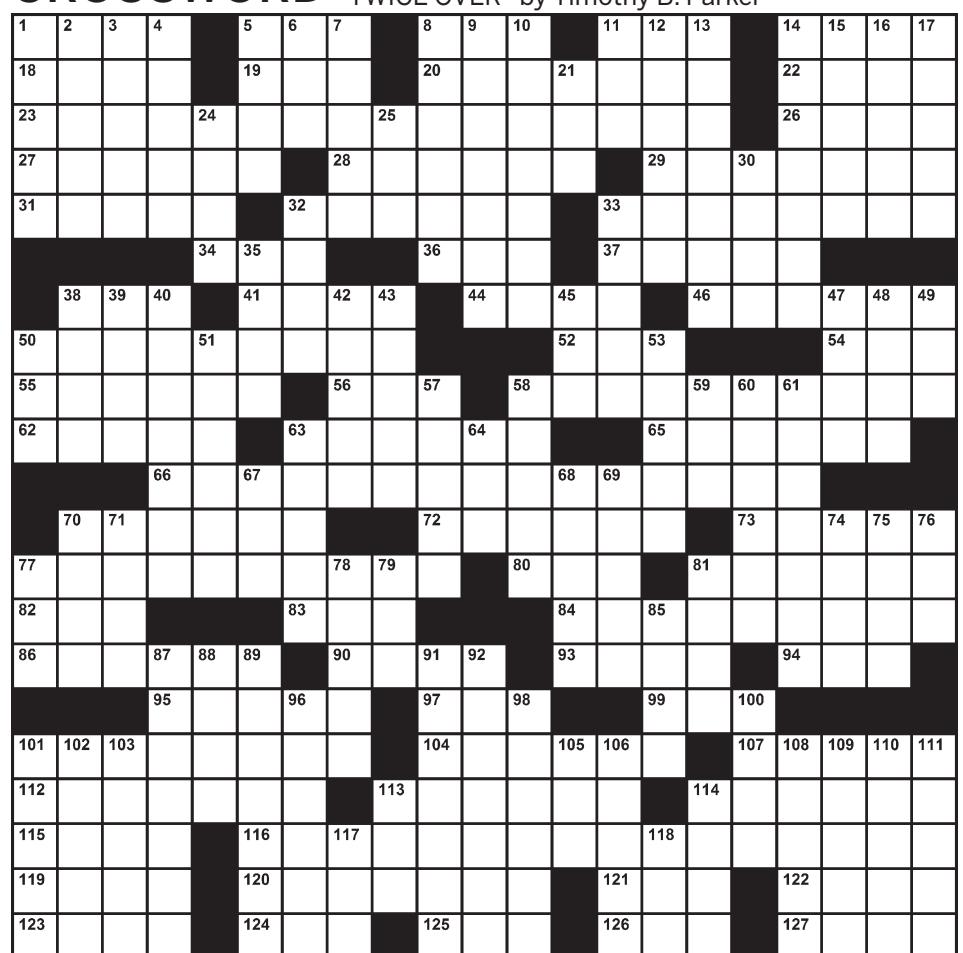
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## CROSSWORD

TWICE OVER by Timothy B. Parker



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### ACROSS

- 1 Hieroglyphics snakes
- 5 Type of center
- 8 Word with Christmas
- 11 Source of publishing revenue
- 14 "\_\_\_ the night before" ...
- 18 First-century Roman emperor
- 19 Handy propeller
- 20 Bad school mark?
- 22 It can reward relatives
- 23 "Keep them coming" orderer
- 26 Sandwich cookie
- 27 Some bridge maneuvers
- 28 Shenanigans or events
- 29 Wine testers
- 31 "It's been \_\_\_ pleasure"
- 32 One of several named in a 22-Across
- 33 Cent's purchasing amount, archaically
- 34 At all times, in poetry
- 36 Perceive
- 37 Attached thing
- 38 Be decisive
- 41 Salad variety
- 44 Place for cowards

- 46 Halloween haul
- 50 Ambidextrous
- 52 Find out for sure
- 54 Ascertained
- 55 Bonham Carter of film
- 56 "Let me think ..."
- 58 Luscious dessert
- 62 Lengthy test answer
- 63 Give sermons
- 65 Hair application
- 66 12,672,000 inches
- 70 Low-cost and low-quality, in slang
- 72 23-Across and friends
- 73 Verso's opposite
- 77 Tot's reading
- 80 Word with bad or late
- 81 Far less attractive
- 82 "Plus ..."
- 83 Japanese garment cincher
- 84 Many a sports car
- 86 Show instability
- 90 Cheese variety
- 93 Castaway's land
- 94 Couple-up for life
- 95 Banshee utterances
- 97 Buddy relative
- 99 Phrase that couples
- 101 Uncoupled one
- 104 At once
- 107 Two-masted craft
- 112 Layer of frozen water
- 113 Call to duty

### DOWN

- 1 Bone cavities
- 2 Runoff collector
- 3 Deep investigation
- 4 Bulgarian place
- 5 "Friends" role
- 6 Thing to do and run
- 7 Doctrine
- 8 Forms whirlpools
- 9 Sliding scale
- 10 Arrival from another country
- 11 First rescue vessel
- 12 Stayed away from sugar
- 13 Deserts
- 14 Like a black and white car
- 15 Electrician, often
- 16 Warn in advance
- 17 Maneuver bathwater
- 21 Naval rank (Abbr.)
- 24 Not going forward or backward
- 25 Homer Simpson remark
- 30 Hoped-for Christmas event
- 32 Thick, yucky deposit
- 33 Break down grammatically
- 35 Sicilian erupter
- 38 Received credit?
- 39 D.C. stumpers
- 40 Broadway staple
- 42 '60s jacket eponym
- 43 Non-P.C. pitch generators
- 45 Sound after a big gulp?
- 47 Oath of old
- 48 Smoke-pulling action
- 49 Sault \_\_\_ Marie
- 50 109-Down part, often
- 51 No matter what
- 53 Some military caps
- 57 Furiously
- 58 X-ray target, sometimes
- 59 Sun in Merida
- 60 Come into view
- 61 It's based on precedent
- 63 ID component
- 64 Impressive French vineyard
- 67 Word with black or
- 68 Indian wear
- 69 Some feline utterances
- 70 It takes pressure off the knee
- 71 Fur
- 74 Quote, as a source
- 75 \_\_\_ up (prepared)
- 76 Legendary No. 4 of the Bruins
- 77 Part of one's daily intake
- 78 Much too weighty
- 79 Free from (with "of")
- 81 Not in mint condition
- 85 Medley
- 87 Some coupon offerings
- 88 Notable British noble
- 89 Cannoli filling, sometimes
- 91 They're kinda vial?
- 92 Sweet Italian wine
- 96 Latitude
- 98 Common fabric
- 100 "I guess so"
- 101 Ring-around-the-collar shade?
- 102 Mountaineering tool
- 103 Stage or arena
- 105 "New" prefix
- 106 Defeat but good
- 108 German city
- 109 Name on a spine?
- 110 Shoe's gripper
- 111 Songs of David
- 113 Fuel economy stat.
- 114 Detect from afar
- 117 A person
- 118 "... borrower \_\_\_ a lender be"

## CELEBRITY CIPHER

By Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"DIBPJAL DNJRHL BY NJTLRBRH..."

B ANBRM ANBY BY TLFNJTY ANL

PGYA YLFBCGY LRXBFGRPLRAJI

BYYCL OJDBRH CY."

- WBII RKL

Puzzle One Clue: Q equals F

"RZU YDGAIS... TA GDD SPTV

XGVSAIVV, SPIUI TV AR PTAS SPGS

PIDY FTDD NRBI CURB IDVIFPIUI SR

VGXI ZV CURB RZUVIDXIV."

- NGUD VGKGA

Puzzle Two Clue: F equals W

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## SUDOKU

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

		6	8			7		
		4				8	9	
2	9							3
6	9							
7	4	6	8	9				
4							8	7
2			5				4	
6	9	1						
4		3	9					

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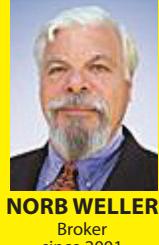
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## This week's Celebrity Cipher answers

**Puzzle One Solution:**  
"Climate change is happening... I think this is perhaps the most serious environmental issue facing us."

- Bill Nye

**Puzzle Two Solution:**  
"Our planet... in all this vastness, there is no hint that help will come from elsewhere to save us from ourselves."

- Carl Sagan

## This week's Sudoku answers

9	3	5	6	8	1	2	7	4
7	1	6	3	4	2	8	9	5
4	8	2	5	9	7	1	6	3
6	9	8	1	7	5	3	4	2
3	2	7	4	6	8	9	5	1
1	5	4	9	2	3	6	8	7
2	7	3	8	5	6	4	1	9
5	6	9	2	1	4	7	3	8
8	4	1	7	3	9	5	2	6

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## This week's Crossword answers



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