www.PineappleNewspaper.com

JUNE 2014

Atlantic High School Eagles Robotics Xperience

DELRAY BEACH, FL - The City of Delray Beach congratulates Atlantic Community High School's Eagles Robotics Xperience (ERX) and team coach Vladimir Safin for their stellar performance in this year's robotics season. ERX was undefeated in South Florida, competing against 30 robots throughout the tri-county area, and was ranked 5th in Florida.

The team advanced to the Florida State Championship, where they finished in 2nd Place and advanced to the United States Southern Division Super Regional, representing the top 72 teams out of 800 in the Southeastern U.S., where they also claimed the 2nd Place title. Last month ERX traveled to the FIRST Tech Challenge World Championship, attended by the top 128 teams out of over 3,500 throughout the world, and became World Champions.

Competing for the past three years, ERX's thirteen members have worked together to design and build robots to tackle prescribed game challenges released by FIRST at the start of each year. The team has steadily grown over the past three years from a rookie team into a troupe of skilled engineers.



ERX is actively involved in the community. The team has created a not-for-profit organization, stemHQ, which hosts the Delray-Boca Robotics League, a program in which students interested in robotics can sign up and engage in LEGO robotics and be mentored by ERX team members. The program also includes at-risk youth and tries to engage students across the board in Science, Technology, Engineering, and Math (STEM). For more information on Atlantic Community High School, visit their website at www.edline.net/pages/atlantic_high_school. For more information about Eagles Robotics Xperience or STEM HQ, please visit www.delrayrobotics.com.

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Lifestyle specialty retailer Urban Outfitters has inked plans to move into 306 E. Atlantic Avenue in Downtown Delray Beach location by the end of this year. The Downtown Development Authority was instrumental in helping the iconic national retailer choose Delray Beach as it's next major location. For more see story on cover page of this month's Business Section.

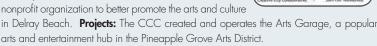
Decoding Delray BeachThe Official Acronym Dictionary

LOL. JK. BFF. OMG. TTYL. All are recognizable acronyms used everyday on social media, texting and even in casual conversations. Anyone with a smart phone knows all about these popular abbreviations.

But, the City of Delray Beach has its own alphabet soup of acronyms, and, just in case it seems a bit confusing, do not fear - TBA (The Buzz Agency) is here to decode it for you!

Here's the List:

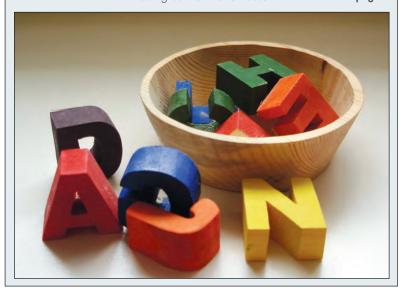
CCC (Creative City Collaborative): The CCC was created by the City Commission as the result of a 2006 cultural plan that recommended the creation of an umbrella nonprofit organization to better promote the arts and culture



Facebook: www.facebook.com/DelrayArtsGarage • Twitter: @artsgarageFL

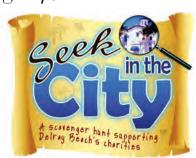


CRA (Community Redevelopment Agency): Established by the City Commission in 1985 to guide the City in its redevelopment efforts, the purpose of the CRA is to revitalize the physical environment and the economy of the Community Redevelopment Area. The CRA's activities are designed to solve the underlying problems of slum and blighted conditions through planning, redevelopment, historic preservation, economic development and affordable Continued on page 5 housing so that the tax base



3rd Annual Seek In The City Scavenger **Hunt in Delray Beach**

Deadlines approaching to sign up, sure to sell out



AT A GLANCE

What: Seek in the City Scavenger Hunt Where: Throughout Greater Delray Beach When: Saturday June 21st, 2 p.m. to 7 p.m (Hunt from 3 – 6pm)

About: Seek in the City Scavenger Hunt is a community event open to the public and designed to increase traffic and awareness to Delray businesses in the summer, to raise money for participating charities, and to have a fun city-wide event where participants have a chance to win prizes.

Who: Hosted by Chamber Charities and the Nonprofit Council of the Greater Delray Beach Chamber of Commerce, Seek in City is a fundraising event that will benefit 10 local charities.

Why: The Seek in the City Scavenger Hunt is a way to support local businesses and raise funds for community organizations.

Cost: To be in on the Hunt - \$25 per individual, \$125 per team up to 5 until May 21st. Clue Stops - No cost to be a clue stop for Chamber Members, \$100 upgrade option to include logo.

How: Sign up to be a Seeker, a Sponsor, or a Clue Stop - www.seekinthecitydelray.com or call the Greater Delray Beach Chamber of Commerce, (561) 278-0424

Continued on page 7



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Join us in welcoming our new team of professionals. If you have any questions about delivery to your location, please give us a call at 561-299-1430 or email us at info@PineappleNewspaper.com.

A special thanks to all of our local businesses and organizations who proudly serve as delivery points for the legions of devoted readers of **The Pineapple.**









hearty thank you to all of our wonderful customers, amazing vendors and the Delray Beach CRA for a very successful 18th season at the Delray GreenMarket!

See everyone in the fall for our 19th season!

City brings in consumate pro as new Director of Planning and Zoning

By Jeff Perlman

Special to The Pineapple

The City of Delray Beach has hired Dana P. Little as its new Director of Planning and Zoning. He will assume the position June 16.

Little has over 20 years of urban design experience and an extensive background in town planning and urban revitalization honed most recently in his position as Director of Urban Design for the Treasure Coast Regional Planning Council.

At Treasure Coast, Little, a University of Miami graduate with a degree in architecture, led teams of architects, engineers and economists on a wide variety of town planning efforts.

That's the stuff you'll see and read in city press releases and introductions. But here's the inside scoop from someone who worked closely with Dana right here in Delray Beach.

He's certainly got all the right credentials and the professional pedigree: a member of the Florida Chapter of the American Planning Association and the Florida Chapter of the Congress for the New Urbanism, he has also served as a member of the West Palm Beach Historic Preservation Board.

Dana has won his share of awards including the Award of Merit (2013 from the American Planning Association Florida chapter) and the Award of Excellence (2006) and the prestigious John Nolen Medal (2005) for contributions to urbanism in Florida from the Florida Chapter of the Congress for New Urbanism.

As director of the design studio, Dana and his colleagues worked on transit oriented development policies for the state of Florida and on projects to revitalize downtown Stuart, Riviera Beach, West Palm Beach and many other cities.

But I got to know him from his work beginning in 2001 on Delray's landmark Downtown Master Plan, a citizen driven effort that helped to leverage and expand the work the city did beginning in the 1980s and through the Decade of Excellence in the 1990s.

I co-chaired the effort along with Chuck Ridley and the city and CRA hired Treasure Coast to assist with developing a comprehensive vision for our downtown.

The timing of the effort was fortuitous. The $\,$

city had just finished a hugely controversial and contentious process relating to Worthing Place, which was to be the first large "mixed use" project on Atlantic Avenue.

The size of the project (six stories and over 90 units per acre) divided the town. Proponents wanted to see people living downtown to help stimulate the economy, make downtown safer and support local merchants. Opponents worried about height, density and traffic.

The project barely passed and was immediately greeted with a series of lawsuits. But the debate over growth and the future of downtown pointed out the need for a citizen driven downtown plan. The commission I served on agreed with the idea and I petitioned Mayor David Schmidt for the chance to cochair the effort. He graciously agreed.

Our first three decisions proved crucial: we wanted to bring in experts from the Treasure Coast Regional Planning Council to guide us, we wanted to expand the definition of downtown to include West Atlantic Avenue to I-95 and we wanted maximum public participation. We also decided to incorporate a race relations component to the plan in an effort to acknowledge and hopefully erase the imaginary dividing line between east and west that existed at Swinton Avenue. It was an ambitious effort, but it was an aspirational time.

Dana, Treasure Coast Director Mike Busha and their team held educational seminars and together we put together a steering committee of stakeholders and opened design studios on Swinton and invited citizens to watch architects, urban designers and planners sketch out ideas that came from the public.

The charrette attracted a large crowd and so did the makeshift design studios. In fact, it got so busy that the designers had to eventually close the doors so they could catch up with the amount of ideas being thrown at them.

Dana was at the forefront of this effort, working hand in hand with our community, our planning staff and CRA. He has a great feel for people, understands town planning and new urbanism and has an innate talent for creating places where people like to be.

He understands people's fear of change, traffic, noise and density and was invaluable

in addressing concerns and helping our community draft a plan that gave birth to modern day downtown Delray Beach.

The plan strived for a human scale downtown that emphasized walkability, sustainability, quality architecture and design.

The plan called for a "gateway" feature at Atlantic and 95 so that residents and visitors alike would know they were entering a special place. It called for architectural design guidelines, parking codes that encouraged business and preserved valuable land, downtown housing, sidewalk cafes, a narrower U.S. 1 to improve safety for motorists, bicyclists and pedestrians and the opening of the one-way pairs to two-way traffic to improve traffic flow and take advantage of our valuable grid system. The plan also called for the beautification of West Atlantic, including plazas and a complete redesign of Northwest/Southwest Fifth Avenue.

Dana, our new planning director, played an instrumental role in the plan's success. And make no mistake about it; the plan was successful leading to a significant amount of public and private investment that continues to pay dividends today in both tangible (jobs, tax base) and intangible (quality of life) ways. In fact, last year, we won our own Nolen Award from the Congress for New Urbanism.

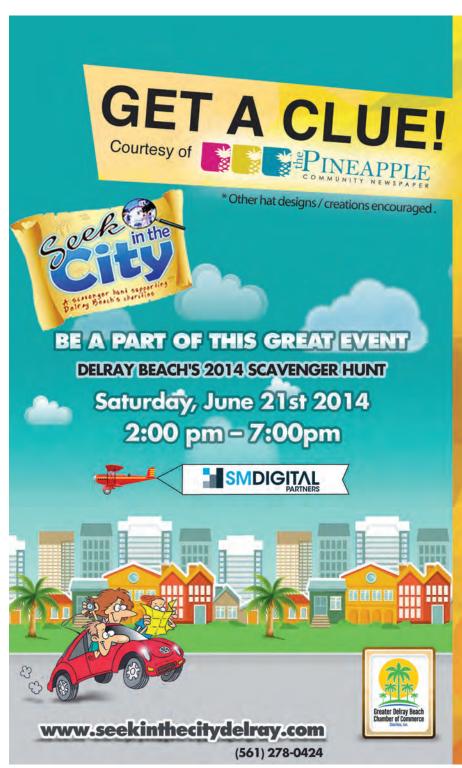
In Dana Little, we have a new planning director who can build on the fine work done by our excellent planning staff, city employees, citizens, past and current commissions, public safety personnel and private business owners.

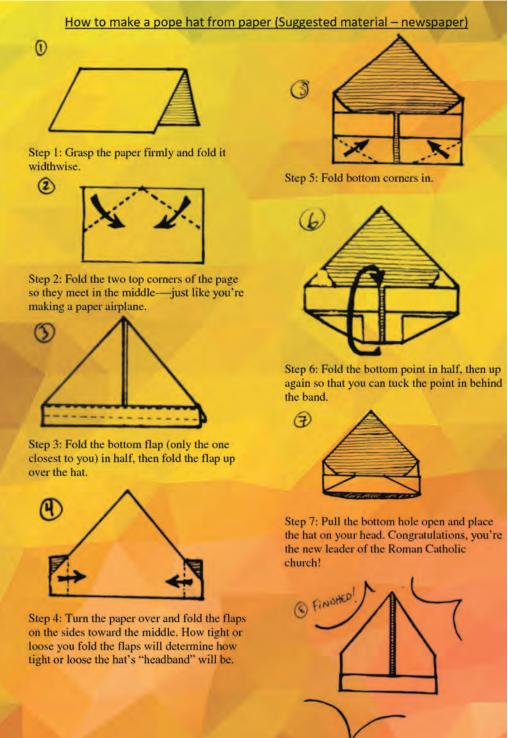
When FAU did a study of our region's strengths and weaknesses a few years back, Delray was cited as a jewel of the region because we had a "planning gene."

Indeed.

With Dana at the helm that legacy of greatness will reach new heights.

As a member of the Treasure Coast Regional Planning Council, Dana Little was recognized by the Florida Chapter of the American Planning Association for his outstanding efforts in urban planning with the Award of Merit (2013) and the Award of Excellence (2006) as well as the Florida Chapter CNU John Nolen Medal for Contributions to Urbanism in Florida (2005).





Successful annual Be Great Dinner benefits Naoma Donnelley Haggin Boys & Girls Club



Jenny Mullin, Susan Mullin, Kyra Dobard, Michael Mullin at the Be Great Dinner held April 3.

Dinnerheldin conjunction with 'Boys & Girls Club Day' of Delray Beach

WEST PALM BEACH, FL – The Boys & Girls Clubs of Palm Beach County (BGCPBC) hosted the second annual Be Great Dinner to benefit the Naoma Donnelley Haggin Boys & Girls Club of Delray Beach on Thursday, April 3, 2014 at the Delray Beach Marriott. The dinner and the day's events raised over \$192,000 for the Delray Club and honored Michael and Susan Mullin, recipients of the Forrest and Frances Lattner Award and Kyra Dobard, the Naoma Donnelley Haggin Boys & Girls Club of Delray Beach's Youth of the Year. Over 250 BGCPBC supporters attended the Be Great Dinner.

Michael and Susan Mullin received the Forrest and Frances Lattner Award, the "Be Great Award", recognizing members in the community for outstanding achievements and dedication to the BGCPBC. Thirteen years ago, Mayor Tom Lynch and Marc deBaptiste identified Michael Mullin as an ideal candidate for the Boys & Girls Club Delray Beach Board of Directors. Shortly after accepting his position on the board, he and his wife Susan created the concept for the much-anticipated annual Holiday Trunk Show, which also benefits the Delray Club. The Trunk Show, hosted in December, is now on its twelfth year. Mullin now sits on the Palm Beach County Corporate Board of Directors, which oversees the Naoma Donnelley Haggin Delray Beach Boys & Girls Club in addition to the other twelve clubs. Michael and Susan Mullin were presented with the "Be Great Award" at the dinner.

"For more than a decade, the Mullin's have provided unparalleled dedication on many levels to the BGCPBC. Through their steadfast commitment and passion, they have created tremendous awareness for the Club, raised thousands of dollars to support its much needed programs, and helped provide scores of children with a heightened awareness of opportunities available for their future through the Boys & Girls Clubs," said Jaene Miranda, President & CEO of the BGCPBC.

Kyra Dobard, age 16, is the Naoma Donnelley Haggin Boys & Girls Club of Delray Beach 2014 Youth of the Year. The Youth of the Year competition is a national Boys & Girls Club of America program that enables local organization to compete with other Clubs regionally and nationally for the title of National Youth of the Year. Kyra is an honor roll student from Atlantic Community High School, an exemplary community volunteer, inspiring natural leader, and member of the Delray Beach Club for the past 9 years. She gave an inspiring speech at the Be Great dinner and received a standing ovation.

Earlier on April 3rd, the town of Delray Beach rallied around the Boys & Girls Clubs for "Boys and Girls Club Day," proclaimed by Mayor Cary D. Glickstein. Many stores on or near Atlantic Avenue donated 10% or more of all sales on April 3, 2014 to the Naoma Donnelley Haggin Boys & Girls Club of Delray Beach.

Participating vendors included Periwinkle, Hand's, J.McClaughlin, Juliet Salon, Salutations of Delray Beach, Marianne Gourmet Food & Catering, Lois Brezinski Artworks, MARG of Pepper Pike, Tootsie's, Mimi's, Sequin Delray Beach, Vince Ganning, The Trouser Shop and The Snappy Turtle.

Delray Beach Mayor Cary D. Glickstein believes strongly in the importance of the Naoma Donnelley Haggin Boys & Girls Club of Delray Beach, and proclaimed "Boys & Girls Club Day" in February 2014. "I think we can agree the measure of any great society is how we care for and prepare our children to be successful, productive adults. Otherwise, how else can we ensure they have a fair shot at becoming responsible citizens and leaders? Our Boys & Girls Club does just that, and they help keep our children both safe and successful, both now and in the future," said Mayor Glickstein.

"I'm thrilled with the success of the second Be Great Dinner, and the first "Boys & Girls Club Day". Delray Beach has always supported its local Boys & Girls Club. Together, these two events help support our future leaders and continue to make an impact in these children's lives. I'm looking forward to an even bigger and better Boys & Girls Club Day next year," said Beau Delafield, Delray Beach Board President.

For more information, please visit www. bgcpbc.org or call 561-683-3287.

Dad and Daughter Date Night tickets now on sale!

he City of Delray Beach Parks & Recreation Department invites Dads and Daughters of all ages to attend the annual Dad & Daughter Date Night event. This special celebration of Father's Day will be held on Friday, June 13th, from 6:30 to 10:00 pm, at the Delray Beach Golf Course, 2200 Highland Avenue.

During this elegant evening, Dads and

their daughters will experience an incredible full-course dinner, music and dancing. To commemorate this special night, every Dad will receive a keepsake photo.

Tickets are \$25 per person, and \$20 for daughters under 12 years of age. Tickets will be available for purchase through Monday, June 9th at the Delray Beach Community Center, 50 NW 1st Avenue. In addition, order

> forms may be downloaded from the City's website at www. mydelraybeach.com. Payments can be accepted by cash, check made payable to the City of Delray Beach, Visa, Master Card, and American Express.

> For more information or to register please contact Danielle Beardsley, at (561) 243-7277 or by email at BeardsleyD@ mydelraybeach.com

Relay For Life unites South Florida communities to finish the fight against cancer

Thousands of participants across dozens of communities will come together in June to honor cancer survivors, their caregivers, and to pay tribute to those for whom the cure did not come soon enough. The American Cancer Society Relay For Life events will be taking place over the next several weeks at different times and locations throughout the region.

JUNE 6
East and West Boca Raton
St. Jude Catholic Church
21689 Toledo Rd.
Boca Raton, FL 33434
Event starts at 6 p.m.

JUNE 7

Downtown Delray Beach
Old School Square Park
51 N. Swinton Ave.
Delray Beach, FL 33444
Event starts at 4 p.m.

The American Cancer Society's Relay For Life is an overnight celebration where people take turns walking, running or otherwise circling around a track "relay" style to raise funds to fight cancer. You don't need to be a track star to be a winner in this race for life. The idea is to enjoy your time, dance, play games, and enjoy the presence of others all while raising money to finish the fight, and provide services to cancer patients and their families. One of the many highlights of the event is the luminaria ceremony, or candlelight vigil, held at nightfall to honor cancer survivors, caregivers, and to remember those lost to cancer.

Relay For Life reminds us that those lost to cancer will never be forgotten and that those who face cancer will always be supported. More than anything it makes us hopeful that one day, cancer will be eliminated for good. This event is therapy for the mind, spirit, and the heart. Since 1985, Relay For Life has spread to more than 6,100 communities in the U.S. and has become a worldwide movement, taking place in more than 20 countries.

For more information and to find the Relay For Life event near you, please visit relayforlife.org.

Atlantic High School students awarded scholarships

The City of Delray Beach congratulates ten students from Atlantic Community High School who were scholarship recipients at the 31st Annual Pathfinder High School Scholarship Awards Ceremony. Sponsored by the Palm Beach Post, the Pathfinder Scholarship is available to seniors attending private and public schools in Palm Beach and Martin counties. 1st, 2nd, 3rd and 4th place winners were selected from eighteen academic, vocational and athletic categories and scholarships were presented to those students who excelled in their field of study.

This year, Atlantic High students were recipients in seven of the eighteen Pathfinder Scholarship categories: Computer Science, Drama, Foreign Language, History/Political Science, Literature, Mathematics and Science. In addition, three students were presented with the Palm Beach Post Sons and Daughters Scholarship, the Kantner Foundation, Inc. Scholarship and the Sunfest of Palm Beach County, Inc. Scholarship.

Please join the City in celebrating the outstanding achievements of our Atlantic High School 2014 scholarship recipients:

Pathfinder High School Scholarship Awards for Palm Beach and Martin Counties Christina Ramsey - Mathematics (1st Place)

James Hamilton - Science (3rd Place) Daniel Montoya - Foreign Language (3rd

Phoebe Wiener - History/Political Science (3rd Place)

Kirill Safin - Computer Science (4th Place) Jason Ziev - Drama (4th Place) Sammy Tol - Literature (4th Place)

Palm Beach Post Sons and Daughters Scholarship

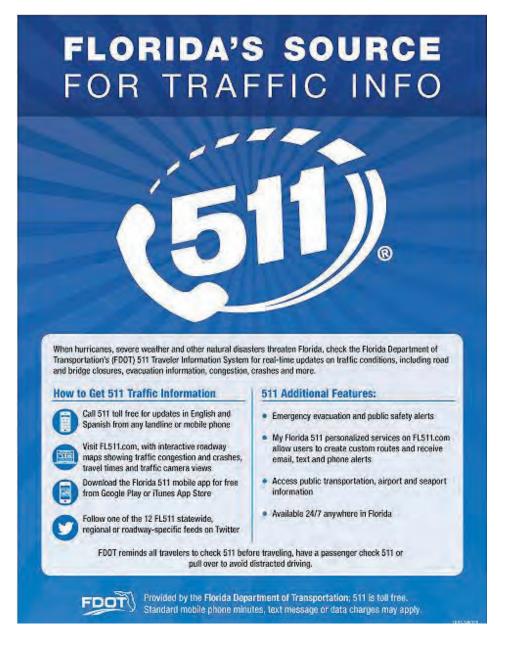
August Plamann

Kantner Foundation, Inc. Scholarship Raymond Truong

Sunfest of Palm Beach County, Inc. Scholarship

Kevin Gregory

For more information, please contact Atlantic Community High School at (561) 243-1500 or visit their website at www.edline. net/pages/atlantic_high_school.





DECODING DELRAY BEACH - continued from page 1

can be protected and enhanced by these mutually supportive activities. Projects: The Gateway, Downtown Trolleys, The Fairfield Inn, LaFrance senior housing, business incentives and grant programs,

The Delray GreenMarket and more.





DBHS (Delray Beach Historical Society):

Founded in 1964, this nonprofit collects, preserves and shares materials from Delray Beach's past, so that present and future generations can comprehend more fully their predecessors, their communities and themselves and encourages and assists people of all backgrounds and interests to

learn more about Delray Beach's diverse history.

Projects/Events: Cason Cottage Museum, historic walking tours, Archive and Learning Center, special events

Facebook: www.facebook.com/delraybeachhistoricalsociety Twitter: @delrayhistory



DBMC (Delray Beach Marketing Cooperative):

The Delray Beach Marketing Cooperative, Inc., is a partnership between the City of Delray Beach, the Community

Redevelopment Agency and the Chamber of Commerce. The DBMC's mission is to attract people to the City, create a positive image and increase awareness of Delray Beach for a positive economic impact through Destination Marketing, marketing programs, special events and community collaboration.

Events: 100 ft tall Christmas Tree, First Night New Year's Eve, July 4th and On the Ave.

Facebook: www.facebook.com/DowntownDelrayBeach Twitter: @DowntownDelray.



(Downtown Development **Authority):** The DDA is to oversee business development, market and promote the merchants of the district, communicate and facilitate a clean and safe community and work to enhance physical improvements.

Events/Projects: Savor the Avenue, Tastemakers, Delray's Fabulous Fashion Show and the Mother's Day Orchid Giveaway, Night and Day Downtown Delray campaign.

Facebook: www.facebook.com/DelrayDDA

Twitter: @DelrayDDA.



GDBCC (Greater Delray Beach Chamber of Commerce): Established in 1912, The Chamber is primarily an organization of business and professional men and women who have joined together to work for the solution of their mutual problems - both business and community problems. It is an organization through which the volunteer power of our community works effectively to make our

community a better place in which to live and earn a living.

Events: Delray Affair, Wine and Seafood Festival, Leadership Delray and various networking groups and events

Facebook: www.facebook.com/delraybeach

Twitter: @DelrayChamber



WARC (West Atlantic Redevelopment Coalition): A nonprofit organization that was

created to serve as a vehicle for community and business development in Delray's West Atlantic area (between Swinton Avenue and I-95). WARC seeks to link the resources of the public and private sectors and advocate for the improvement of the economic, social and cultural future of local

businesses and neighborhoods surrounding West Atlantic Avenue.

Events/Projects: Architectural review board for West Atlantic, implementation of the West Atlantic Redevelopment Plan, community needs assessment and strategic planning

Facebook: www.facebook.com/DelrayWARC Twitter: @DelrayWARC



PGAD (Pineapple Grove Arts

District): Pineapple Grove is located just off Atlantic Avenue in Downtown Delray Beach in the area of NE 2nd Avenue and NE 4th Ave. The area features an eclectic mix of restaurants,

cafes, boutiques, galleries, entertainment venues, spas and the new Hyatt Place Hotel. There is exciting public artwork and working artists throughout the district including an area known as Artists Alley. Pineapple Grove Main Street is a nonprofit organization that promotes the district and works with the City, the CRA and the DDA to improve the area.

Meetings: Fourth Wednesdays of the month at 5:30 - Delray Beach Center for the Arts

DBCLT (Delray Beach Community Land Trust): An affordable housing and workforce initiative, the DBCLT provides support for individual families by helping residents with low and moderate incomes secure decent and affordable housing that they manage on a long-term basis. The organization works to fight deterioration in economically

2014 Acura MDX



impaired communities by expanding the developments, rehabilitation, and maintenance of local housing.

Events/Projects: Atlantic Park Square single family subdivision, Palm Manor Apartments, SW 12th Avenue Duplexes

Facebook: www.facebook.com/ pages/Delray-Beach-Community-Land-Trust/125522790851817



SPRAB (Site Plan Review and **Appearance Board):** This is a City board whose purpose is to review applications for new and existing buildings, signs and landscaping. Board's seven (7) members are appointed by the City Commission and help to oversee the physical development of Delray Beach including locations of buildings, walkways, parking areas, and more. This

involves analyzing detailed landscape, property, and engineering plans of any proposed project. Their processing and approval is vital to establishing future properties, enhancing the visual appeal of the neighborhood, and its compatibility with the city.

Meetings: Meetings are held on the 2nd and 4th Wednesday of each month at 6:00 p.m. at City Hall



DBHA (Delray Beach Housing **Authority):** The Delray Beach Housing Authority is dedicated to improving the quality of life for low and moderate-income families, and providing the opportunity for self-sufficiency by guaranteeing safe, quality housing to the area's neediest residents.

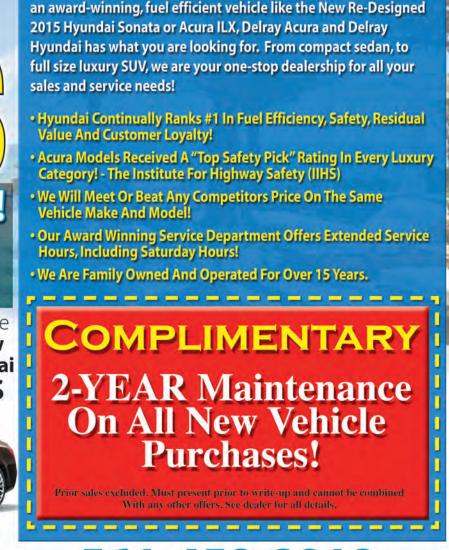
Projects: Rental assistance programs, Section 8 Choice Voucher Program, Village

Square Multi-family and Village Square Elderly apartment projects, the Public Housing Program and Family Self-sufficiency program.

HPB (Historic Preservation Board): The Historic Preservation Board helps to protect the character of Delray's architectural past against inappropriate new construction and improper exterior renovations. Throughout the years this seven (7) member City board has worked to preserve buildings dating back to the late 19th century. The Board designates boundaries for the City's five historic districts and reviews development applications for property in those districts or for sites that are individually listed on the National Historic Register or the Local Register of Historic Places.

Meetings: First and Third Wednesday of the month at 6:00 p.m. at City Hall





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pineapple slices

Old School Square valet service operations suspended during construction project

The City of Delray Beach will suspend valet operations at the Old School Square Parking Garage while the intersection of NE 1st Avenue and NE 1st Street is under construction (June 2-30, 2014). Valet service will resume upon the reopening of this intersection to traffic, scheduled for July 1.

Old School Square Parking Garage, located at 95 NE 1st Avenue, will remain open for self-service parking during construction. Access to the garage will be provided on NE 2nd Avenue (Pineapple Grove Way). Signage will be posted to assist motorists.

For more information, contact the City of Delray Beach Public Information Office at (561) 243-7190 or E-mail pio@ mydelraybeach.com.

Woman's Club of Delray Beach donates \$1,500 toward summer books for second grade students

Recognizing the impact summer reading has on helping students learn, the GFWC Woman's Club of Delray Beach recently donated \$1,500 to Delray Beach's Campaign for Grade Level Reading, which will be used to provide summer books for about 100 second grade students at Orchard View Elementary School.

"We're very grateful for this gift from the Woman's Club," Orchard View Elementary School Principal Kathleen DePuma said. "This will help put books in the hands of many of our students this summer."

Thanks to the gift from the Woman's Club, as well as other contributions, Delray Beach's Campaign for Grade Level Reading will now be able to send five grade-level appropriate books home with every kindergarten, first-grade and second-grade student at Orchard View.

"This generous contribution helps us expand the summer-reading program at Orchard View," said Janet Meeks, education coordinator for the City of Delray Beach. "This is one more step toward helping students read during the summer months and helping them retain what they learned during the school year."

A group dedicated to community volunteering, the Woman's Club has been a strong supporter of Orchard View Elementary School, with several club members volunteering to help where and when needed. Money for the donation was raised during the club's Real Men Bake annual fundraiser earlier this year.

We wanted to do something special for Delray Beach and for Orchard View," said the club's Co-President Mary Reis. "We also wanted to show our support for the Campaign for Grade Level Reading."

To find out more about the Woman's Club of Delray Beach, please visit www. gfwc-delray.org.

About the GFWC Woman's Club of Delray Beach

The GFWC Woman's Club of Delray Beach is a non-profit organization comprised of a diverse group of women dedicated to volunteering in Delray Beach. Through community involvement and financial contributions, the club has supported a variety of local organizations including the Caring Kitchen, the Achievement Centers for Children & Families, the Delray Beach Public Library and the 505 Teen Center.

Road closure advisory - NE 1st Avenue

The City of Delray Beach advises that NE 1st Avenue between NE 1st Street and NE 2nd Street will undergo construction improvements beginning June 2, 2014. These improvements are estimated to be completed by October 30, 2014 and include underground utility relocations, drainage modifications, asphalt resurfacing, brick pavers, curbing and cross walks.

NOTE: Sections of NE 1st Avenue will be closed throughout the project as work

Beginning Monday, June 2, through Monday, June 30, the intersection of NE 1st Avenue and NE 1st Street will be closed to pedestrian and vehicular traffic. Access to Old School Square Parking Garage will be provided on NE 2nd Avenue (Pineapple Grove Way). Signage will be posted to assist motorists.

The City will continue to keep the public informed on the NE 1st Avenue construction project with updates on road closures and lane reductions. Information will be provided in upcoming press releases and posted on the City's website, www.mydelraybeach.com, under Event Street Closures and Roadway Projects.

The City appreciates the public's cooperation and patience during the construction period.

For additional information, please contact Rafael Ballestero, City of Delray Beach Deputy Director of Construction, at (561) 243-7297 or E-mail ballestero@ mydelraybeach.com.

FDOT project update: 3-way stop signs on E. Atlantic Avenue

Due to public safety concerns voiced by the City Commission and the community, the City of Delray Beach requested Florida Department of Transportation (FDOT) to examine alternative options regarding 3-way stop signs at two intersections on East Atlantic Avenue (Venetian Drive and Gleason Street). The stop signs were originally scheduled to remain until replacement signalized traffic lights were installed in the summer of 2015 and issues were raised over the potential danger to both pedestrian and vehicular traffic during this time.

One option discussed was reinforcement of the existing signalized traffic light supports. FDOT reported that this is not a feasible option, due to the location and extent of the supports' structural deterioration. A second option provided by FDOT consists of three steps:

Step 1: Remove existing signals and replace with 3-way stops signs, beginning Monday May 12, 2014. FDOT would review and enhance this 3-way stop sign control as needed.

Step 2: In approximately three months, FDOT would begin the installation of temporary signal supports (concrete strain poles) and traffic signals, which would replace the stop signs.

Step 3: The temporary traffic signals would remain until permanent mast arm traffic signals are installed in the summer of

The City has agreed with the second option and FDOT will proceed with the step process as described above.

Temporary lane and sidewalk closures will occur during construction. Advisory signs will be posted before and during construction to notify motorists of pending traffic control changes. Updated information will be provided via press releases and posted on the City's website, www.mydelraybeach.com, under Event Street Closures and Roadway Projects. The City appreciates the public's cooperation and patience during the construction period.

For more information, please contact FDOT Public Information Officer Meredith Cruz at (561) 641-6440 or E-mail mcruz@ corradino.com.

Resodding to close Old School Square Park beginning June 9

The date for re-sodding the grass portion of Old School Square Park, originally scheduled to begin May 12, has been changed to June 9. Installation of the sod is expected to take two days to complete, weather permitting, and the grass portion of the park will be closed while work is in progress.

Once re-sodding is complete, the grass portion of the park will remain closed to foot traffic for two weeks and vehicular traffic for four weeks. Restricting traffic during this time will protect the newly installed sod and allow sufficient time for the roots to take hold.

Please note that all other areas of Old School Square Park, located at 95 NE 1st Avenue, will be open for public use. The City appreciates the public's understanding for the need to close the grass portion of the park for maintenance purposes.

For additional information, contact Tim Simmons, Parks Superintendent at (561) 243-7260 or E-mail simmons@mydelraybeach.com.

Delray Beach awarded medals for achievements in Let's Move! campaign

The National League of Cities (NLC) has recognized Mayor Cary Glickstein and the City of Delray Beach for recent completion of key health and wellness goals for Let's Move! Cities, Towns and Counties (LMCTC). LMCTC is a major component of First Lady Michelle Obama's comprehensive Let's Move! Initiative, which is dedicated to solving the childhood obesity epidemic within a generation. LMCTC calls upon local elected officials to adopt sustainable and holistic policies that improve communities' access to healthy affordable food and opportunities for physical activity.

Eight medals (1 gold, 2 silver, 5 bronze) were awarded to our City for action taken to improve access to healthy affordable food and increase opportunities for physical activity. These medals were awarded because of achievements in five goal areas:

Goal I: Start Early, Start Smart: Promoting best practices for nutrition, physical activity, and screen time in early care and education

Goal II: My Plate, Your Place: Prominently displaying MyPlate in all municipal or county venues where food is served

Goal III: Smart Servings for Students: Increasing participation in school breakfast and lunch programs

IV: Model Food Service: Goal Implementing healthy and sustainable food service guidelines that are aligned with the Dietary Guidelines for Americans

Goal V: Active Kids at Play: Increasing opportunities for physical activity

Delray Beach Mayor Cary Glickstein promotes Let's Move! at Earth Day event

Mayor Glickstein and the City of Delray Beach will continue the fight against childhood obesity by working with the community to improve the health and well-being of our youth. For more information about LMCTC and our City's accomplishments, visit www. HealthyCommunitiesHealthyFuture.org

Let's Move! is a comprehensive initiative, launched by First Lady Michelle Obama, dedicated to solving the problem of obesity within a generation, so that children born today will grow up healthier and able to pursue their dreams. For more information, visit www. letsmove.gov. For more information about the National League of Cities visit www.nlc.org.

Summer camp registration is now open at Pompey Park and Community Center: Ages 5-12

The Delray Beach Parks & Recreation Department is excited to offer a new Summer Camp Program that will partner with the City's new Reading Initiative to help prepare participating children to read on grade level by 3rd grade. This new Summer Camp program will be held from Monday, June 16 through Friday, August 8, 2014 and will include onsite activities, field trips, sports, games, crafts, literacy and educational program in a nontraditional format. Certified teachers will be on staff to help oversee the program.

The total cost for the 8 week summer camp program is \$500.00 for Delray Beach



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Published by

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The Delray Beach Pineapple is published monthly and distributed to over 250 locations throughout the Downtown Delray Beach Area.

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residents and \$525.00 for non-residents (A non-refundable \$25.00 registration fee is included within this cost), which can be paid by cash, check, Visa, MasterCard or American Express. Discounts are available for multiple children or those for children that are currently enrolled in the City's Out-of -School program. The Camp Cost includes five (5) summer camp T-shirts, a camp bag, breakfast, snacks and daily lunch. Partial payments will be accepted, but all fees must be in no later than Friday June 2, 2014. Spaces are limited, so sign up early.

Parents can begin registering their children, ages 5 to 12 years old, today, Mondays through Fridays, from 8:00 am to 5:00 pm, at the Community Center, located at 50 NW 1st Avenue. Registration will be accepted for two camp sites - Delray Beach Community Center and Pompey Park. A headshot of each child and a copy of their birth certificate are required. Daily attendance is critical in achieving reading goals and to make sure children do not lose any of their reading skills over the summer months.

For more information please contact Tonya Smith at (561) 243-7249 or by E-mail at SmithTC@mydelraybeach.com.

City Clerk to serve as FACC **Second Vice-President**

The City of Delray Beach is proud to announce that City Clerk Chevelle D. Nubin, MMC, has been elected to serve as Second Vice-President for the Florida Association of City Clerks (FACC). Her one year term of office will commence with a swearing in ceremony on June 9, 2014. Following term completion, she will advance to First Vice-President in 2015 and President in 2016.

Nubin joined the FACC in 2003. She has served as District Director for the Southeast District (2011-2013) and is an active member on the FACC Professional Education Committee. In 2013, the FACC presented her with a Resolution at a Delray Beach City Commission Meeting in recognition of her dedicated work and distinguished service.

Nubin began her career with the City of Delray Beach in 1999. For the past ten years, she has served as City Clerk, earning the prestigious designations of Certified Municipal Clerk (CMC) and Master Municipal Clerk (MMC). On a county level, she has served as Secretary, Vice-President and President of the Palm Beach County Municipal Clerks Association (PBCMCA).

Please join the City in congratulating Chevelle Nubin on her election to Second Vice-President for the Florida Association of City Clerks.

For more information, visit www. floridaclerks.org.

City Fills Two Senior Management Positions: CFO and HR Director

The City of Delray Beach is pleased to announce that John A. (Jack) Warner, who served as the City's interim Finance Director, has accepted the position of Chief Financial Officer (CFO). Experienced in the world of corporate finance for over twenty years, he brings a broad and deep background in budget analysis, financial planning and resource management to our municipality.

Warner has been a member of the Board of the YMCA of South Palm Beach County since 1994. He is currently a member of the Finance Committee and is Chair of the Foundation Board. In addition, Warner is Vice Chair of the Palm Beach County Schools Finance Committee and is a member of the Board of Trustees of the Delray Beach Police Officers' & Firefighters' Retirement System.

A graduate of Princeton University, Warner holds a Bachelor of Science Degree in Engineering. He earned his Master of Science Degree in Engineering at Northwestern University and completed executive education programs in financial management and strategic marketing management at the Harvard Business School.

The City is also pleased to announce the promotion of Shirley O'Neal McKennon to Director of Human Resources. McKennon has over 16 years of Human Resources experience, 11 of which have been in a leadership role. She is a Human Resources Professional with a strong knowledge in recruitment, employee & labor relations, leadership and employee development, training, compensation, and benefits.

McKennon holds a Bachelor of Science Degree in Organizational Management from Palm Beach Atlantic University. She received a Master of Science Degree in Human Resources Management from Nova Southeastern University in 2004. Her professional affiliations include: Human Resources Association of Palm Beach County, International Public Management Association for Human Resources, Florida Public Employer Labor Relation Association, Florida Public Human Resources Association, and Society of Human Resource Management. She is a certified Florida Public Sector Labor Professional and a Professional in Human Resources.

Not only is McKennon dedicated to her career, she is equally dedicated to the community. She has always looked for ways to provide what is necessary for youth to succeed. As a member of the Delray Beach Sunrise Rotary Club, she is involved in one of the club's major projects, a mentor program for the youth in our community. In addition, McKennon volunteers and serves on a variety of boards for Delray Beach recreational sports.

SEEK IN THE CITY - continued from page 1

Almost half of the Teams are already signed up for the 3rd Annual Seek in the City Scavenger Hunt. Clue Stops are gearing up for visitors at their businesses, prizes are being collected and the last call for Sponsors is underway. Chamber Charities, a 501(c) 3 organization, runs the event on Saturday, June 21st, from 2 - 7pm with a Scavenger Hunt that lasts from 3-6pm. The event aims to increase traffic and awareness to Delray businesses in the summer, to raise money for participating charities, and to have a fun community-wide event with a chance to win prizes.

A mini Scavenger Hunt took place during Delray Beach Marketing Cooperative's "On the Ave" event on Thursday, May 15th and 23 Seekers completed a 5 Clue Stop hunt for a chance to run a Prize Package. Clues such as: "It takes a lot of will power to buy no more than "TWO" desserts when visiting this bakery" and "This venue is not really a "Garage" but is a hub for cultural artists, musicians and performers" sent Seekers to their businesses to get credit for discovering their Clue Stops. "Our partnership with DBMC afforded us this opportunity to showcase the Chamber as well as offer a fun teaser Scavenger Hunt to attendees at On the Ave - it was a WIN-WIN-WIN for the businesses, attendees, and us. We look forward to offering the real-thing on June 21st during the 3-hour hunt," stated Kim Bentkover, Co-Chair of the Seek in the City Scavenger Hunt event.

Registration is open for Seekers who want to participate in the Scavenger Hunt that is a fast paced educational and fun activity for adults. When strategizing to pick your team, knowledge of Delray can come in handy, particularly of Chamber member businesses and local landmarks around the Greater Delray Beach area. Someone with a good sense of direction, someone who is clever, and at least one person who has a smartphone is helpful to participate in the event. A team of up to 5 participants may register now online at www.seekinthecitydelray. com for \$150 and Individuals may register for \$50 (remember proceeds go to charities!). Only 50 teams may participate and the 2013 event nearly sold out so availability the day of cannot be guaranteed. The entry fee includes participation in the event, a chance to win prizes, Awards Ceremony, a t-shirt, and FUN.

Seekers will check in at the newly renovated Elks Lodge at 2pm, the site of the Kick Off and Awards Ceremony and will receive a list of around 100 clues that they must decipher and locate during the Hunt. Clue Stops are assigned a point value based on difficulty of the clue, distance, and other factors. The more Clue Stops the teams discover, the more points are accumulated to potentially win prizes.

The participating nonprofits chosen as recipients for the 2014 event include: American Cancer Society - Making Strides Against Breast Cancer, The Arts Garage, Chamber Charities, CityHouse Delray Beach, CROS Ministries (Christians Reaching Out to Society), Delray Beach Community Land Trust, Sister Cities of Delray Beach, Inc., Spirit of Giving Network, Wheels From The Heart, and Women of Tomorrow Mentor & Scholarship Program, Inc. A list of these nonprofits and how funds will be used is available at www.seekinthecitydelray.com.

The technology behind the event makes it truly unique. SMDigital Partners, a local full service digital agency is the Technology Partner who created and manage the website and are responsible for the QR code system that electronically tracks Seekers progress by tallying each clue stop check point in real time, while ensuring that teams stick together and capturing every moment of the hunt with smart phone photo uploads. Check out the video online to see how it works. Other Sponsors include: Emiliano Brooks Productions, Delray Beach Pineapple Newspaper, Atlantic Avenue Magazine, Accounting & Tax Services of Delray, Delray Beach Elks Lodge 1770, Promo Girl, and Newport Marketing LLC.

Sign up now: Sponsorships are still available, Raffle prizes are being gathered as well as for 1st, 2nd, and 3rd Place Scavenger Hunt winners which must be received at the Chamber by June 13th. Individuals and Teams should sign up online to ensure participation.

There are several ways to be involved in Seek in the City: Become a Seeker, a Sponsor, or a Clue Stop. All can be done online, so seek more information and sign up: www. seekinthecitydelray.com.

Questions may be directed to seekinthecitydelray@gmail.com or call the Chamber (561) 666-9705.



Many positive developments are happening on West Atlantic Avenue between Swinton Ave. and I-95. The Gateway feature, the Libby Wesley Plaza on SW 5th, and development projects such as the Fairfield Inn, have all been initiated in the past few years. Meet some of the people that have worked tirelessly to develop the West Atlantic area. They come from all backgrounds and walks of life, but the common driving force among all of these individuals has been the positive development of the West Atlantic area. Meet the neighbors.



JOYCELYN B. PATRICK

Retire Real Estate Agent

Born: Delray Beach, FL

Education: Atlantic High School; Palm Beach

Activities: Joycelyn is heavily involved in the Delray Beach community at every level. She is on the West Atlantic Redevelopment Coalition on the West Atlantic Redevelopment Coalition Board (WARC), the Former President of Rotary Sunrise, a "chronic" Spady Museum Volunteer, she organizes the Delay Speaks Community Forum for the Spady Museum, is the Treasurer and on the Trustee Council for Church of the Palms, is a member of the Woman's Club of Delray Beach, Secretary for the Nacirema Club (one of the oldest civic organizations in Delray Beach) and a Delray Reads volunteer since its inception.

Vision for West Atlantic: To see the return of a thriving business district as when I was growing up in Delray Beach!

You repeat the lesson until you learn it."

What you may not know about Joycelyn:



PAUL ZACKS

Adjunct Professor, Keiser University, CRA Board member, Former Chair of Delray Beach Planning Zoning Board, Former Chief Assistant State Attorney

Born: Detroit, MI

Education: Juris Doctor: FSU College of Law

Vision for West Atlantic: I foresee a vibrant retail and commercial district with entertainment venues mixed in. The CRA Board is striving to ensure that the desires of the neighbors for a grocery, a pharmacy and a bank become a reality. It is hoped that the recent projects which we approved will help fulfill this vision.

Favorite quote: During my tenure as Chief Assistant State Attorney, I was heavily involved in the ethics initiative, having participated in three grand juries investigating corruption in the county. During this time, I heard someone make a statement which stuck with me. It is..."Your ethics are what you do when nobody is watching."

What you may not know about Paul:

I was recently appointed by the Governor to the State Retirement Commission, but am currently awaiting Senate confirmation.

Delray Beach veteran receives highest honor from Congress

Tom Kaiser is a WWII Navy veteran and has helped more than 500 veterans get honors they deserve, but never received. On Monday, April 21, Tom was awarded one of the highest honors for his dedication to veterans - he was added to the Congressional Record by U.S Representative Alcee L. Hastings.

The presentation took place at Abbey Delray, a senior living community in Delray Beach where Tom lives. While living at Abbey Delray, he's helped more than 10 residents there receive honors from various wars. He is also the founder of Veterans Memorial Park in Boynton Beach.

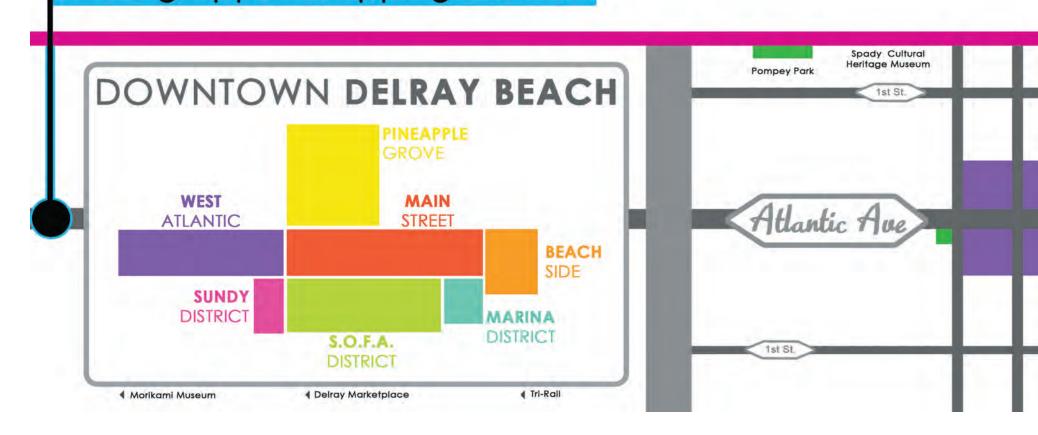


Tom Kaiser accepts the Congressional Record plaque from Congressman Alcee Hastings at Abbey Delray. Kaiser is a WWII Navy veteran and serves as chairman of the Boynton Beach Veterans Advisory Commission.



ONE BLOCK WEST OF MILITARY TRAIL | FORMER LOCATION OF CARNIVAL FLEA MARKET | WEDNESDAY-SATURDAY 10AM-5:30PM | SUNDAY 11AM-5PM

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Lawred Lasthaus area are san

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Wanda's Cosmetics & Fragrances

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Watch Stop Inc. (561) 495-4573

Won T-Shirt (561) 499-0057

Y.S. Trading (561) 495-3015

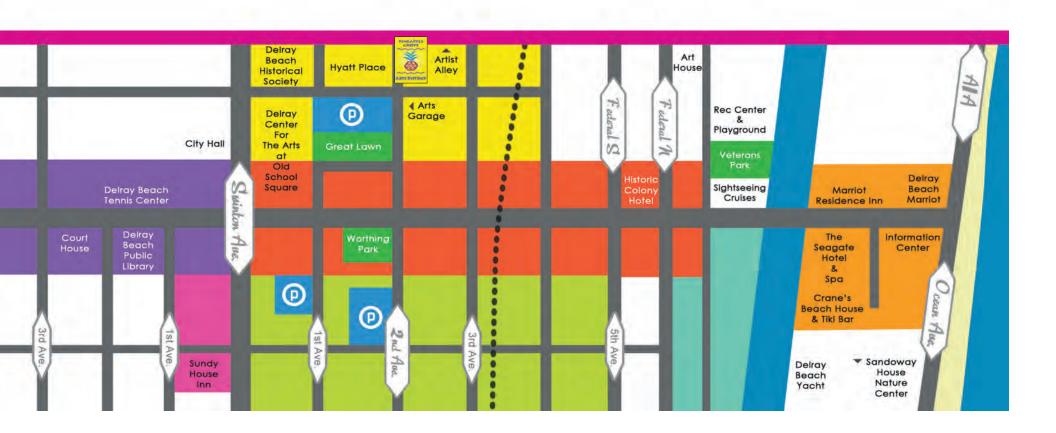


Starting June 7th, visit the Green Market, located in Central Park!

Every Saturday from 10:00am-3:00pm from June 7th - September 27th, 2014)

www.centralparkgreenmarket.com

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schools • education

City recognizes Carver Middle School Robotics Club



Delray Beach City Commission Meeting on May 6 honoring members of Carver Middle School's Robotics Club. Pictured (I to r): Carver Middle School Principal Kiwana Prophete, Wadner Augustin, Robinson Marseille, Shane Gentile, Robotics Club coach Juan Andrade. Robotics Club student members not pictured: Chad Napoleon, Stefeson Cheristin, Marc Charles

The City of Delray Beach congratulates Carver Middle School's Robotics Club and coach Juan Andrade for their outstanding achievement in the FIRST LEGO League 2013 Robotics Extravaganza. The Club, participating for the first time in this event, earned the "Against All Odds" Award. The competition was held at the Safe Schools Center in Boca Raton on February 1, 2014.

Carver Middle School Robotics Club promotes science and technology through robotics activities and competitions. In October 2013, the six members of the club worked as a team to compete in the FIRST LEGO League tournament. The competition required students to build a LEGO robot and program it to conduct

rescue & clean missions in several natural disaster scenarios.

The students, competing against 20 other schools from Palm Beach County, did so well that coach Andrade expects club membership to increase in the new school year.

In addition to the Robotics Club, Carver Middle School Principal Kiwana Prophete will implement new programs to promote educational initiatives, encourage positive student behavior, and increase parent involvement. Her direction focuses on improving the school's character and academic programs. To learn more about Carver Middle School, visit their website http://www.edline.net/pages/Carver_ Middle_School.

Student awarded scholarship from local business

Kayla Corbitt, a graduating senior at South Tech and a student in the Business Management Academy was recently awarded a \$1000 scholarship by a local business. During the spring semester, Kayla served as an intern in the management office at Seawinds Property Owners Association, Inc. in Singer Island. She worked at various tasks and interacted with residents, answering their questions and

Kayla says that the experience helped her to grow in confidence with dealing with individuals of different ethnicities, which she says will give her a head start in life. She said that the office staff taught her to do her job effectively and efficiently. Seawinds' President, Gerald Morris, wrote, "Kayla is undoubtedly one of the best and most talented young persons I have had the opportunity to work with. She had an innate ability to quickly learn how to deal with the day to day operations and more importantly, the crises which arise in managing the affairs of a condominium office."

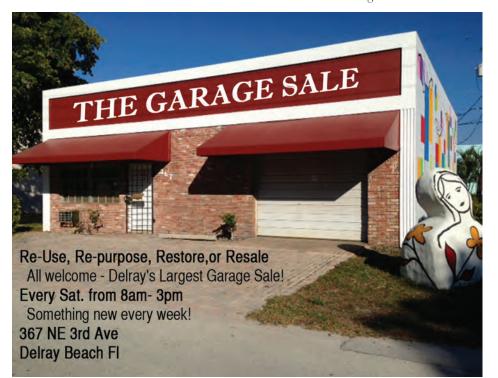
Academically, this young lady challenges



Principal Myron Cost, Business Academy Instructor Lynn Moran and Guidance Counselor Erin Kurtz present scholarship to Kayla Corbitt

herself with honors and Advanced Placement courses and has completed college courses through dual enrollment at Palm Beach State College. Her goals of business leadership are aided by her experiences as a member of both the National Honor Society and DECA, an organization that prepares emerging leaders and entrepreneurs in marketing, finance, hospitality and management in high schools and colleges across the globe.

Kayla plans to attend Northwood University to earn a dual major in International



Boynton Beach students graduate from Florida Gulf Coast University

FORT MYERS, FL - The following Boynton Beach students recently graduated from Florida Gulf Coast University.

Samantha Budish: Bachelor of Arts degree from the College of Education.

* Tyler Golde: Bachelor of Science degree from the College of Health Professions &

- * Lindsey Meeder: Bachelor of Arts degree from the College of Arts and Sciences.
- * Emily Tignor: Bachelor of Science in Nursing degree from the College of Health Professions & Social Work.
- * Drew Nardotti: Bachelor of Arts degree from the College of Arts and Sciences.
- Alexa Paluzzi: Master of Public Administration degree from the College of Arts and Sciences.
- * Lindsay Rodriguez: Master of Public Administration degree from the College of Arts and Sciences.
- * Chelsea Yates: Bachelor of Science degree from the College of Arts and Sciences.
- ^{*} Bianca Johnson: Bachelor of Science degree from the College of Health Professions
- * Justin Shasha: Bachelor of Arts degree from the College of Arts and Sciences.

selected Local educator nationwide for prestigious mentorship award



La Petite Academy is proud to honor teacher Gesula St. Jean at its Boynton Beach, Florida school as this year's recipient of the company's Lisa Miskimins Mentorship Award. St. Jean was chosen from among nearly 17,000 early education teachers nationwide from La Petite Academy and its sister brands in the Learning Care Group portfolio - Childtime, Tutor Time, The Children's Courtyard and Montessori Unlimited.

This award was established in recognition of Sr. Division Vice President Lisa Miskimins, an outstanding leader and mentor to many in the early childhood education industry. The intent of the award is to recognize a teacher who shows remarkable leadership attributes and an ability to guide others to perform at their best.

St. Jean is an incredible role model for her peers - a champion for process improvement and one who always maintains the highest standards. With her commitment to excellence and can-do attitude, she has had a tremendous impact in training new teachers. She is known for always going above and beyond to help colleagues reach their full potential.

St. Jean has inspired others with her engaging enthusiasm and dynamic personal style. She demonstrates one of the greatest hallmarks of a gifted leader: the ability to recognize and encourage leadership traits in others.

Mark Gerretson Memorial Fishing Tournament awards scholarships

With the love for fishing, and the compassion to help others, Mark Gerretson started the Delray Jaycees Fishing Tournament Fundraiser 20 years ago. After his untimely death in 2005, his tournament committee changed the name to the Mark Gerretson Memorial Fishing Tournament and continued his fundraising efforts. Mark, an Atlantic High

School graduate himself, decided that one of the beneficiaries would be Scholarships for Atlantic High School Graduates.

At the Atlantic High School Scholarship Awards Night held on May 14th, board members of the tournament, Noel Bourque, Jim Eaton and Carol Eaton gave \$5000 in scholarships to the following recipients: Elysa Matthea Atmosfera - \$1,000, Daniel Montoya - 750.00, Christopher Ferguson - \$750.00, Tavlor Brea Marten - \$500.00, Carissa Longo - \$500.00, Franklin Ocean - \$500.00, Chelsea Mana-ay Valenzuela - \$500.00 and Taylor Maloneym - \$500.00. Congratulations to all! The 20th Anniversary MGMFT will be held on August 9th 2014. For more information go to www.mgmft.net.

Parenting: Plant Passion, Grow Self Worth

By Lesley Marlo

Special to The Pineapple

"I'm BORED!" It's a lament no parent likes to hear, but one that, come summertime, seems inevitable, no matter how many activities we schedule. This summer, take a new approach to staving off boredom by doing something that fosters self-esteem, holds their interest, and might even develop into something of real value in the future:

Find and fuel your child's passion.

Everyone is different. Your child's interests may vary drastically from those of his peers, but encouraging what he is drawn to (rather than your own agenda) is what's important. In our family, it was dessert.

When my daughter Shea was in middle school, she developed a love of baking. As her interest grew into a hobby, then a fullfledged passion, I recognized her sense of accomplishment with each new creation. She was happy in the kitchen. Baking made Shea light up like writing does for me, so I suggested selling some goodies to support her burgeoning past time.

Fast-forward five years and thousands of desserts later, Shea's Bakery is still going strong in downtown Delray. Our accidental business didn't start with a careful plan and a hefty loan. It started with a fourteenyear-old middle schooler who found and followed her passion.

While your child's interest may or may not develop into a moneymaking venture, at the very least, helping kids find and follow their passion is an invaluable life lesson. Plus, doing something they enjoy will keep them happy, feeling accomplished, and busy!

Tips:

Look for sparks of interest. Does she have a soft spot for animals? Is he in his element in nature? There is at least one thing that makes your child light up. Find it.

NURTURE

Observe (aloud) when you see the interest spark. Commenting on how well she handles the dog builds her confidence. Giving her a new dog-related task makes her feel important and accomplished. Keep feedback honest and constructive.

TREAD LIGHTLY

Let them dabble and grow their interest organically. Hitting the ball on her first swing doesn't mean she wants to be the next Chris Evert. Instead of rushing to outfit her with top of the line equipment and private lessons, ask how she felt while playing and observe whether she was having fun.

Help, but avoid taking over or fixing their mistakes. Kids feel pressure to be great at everything they try. Share stories of missteps and mistakes in areas you eventually succeeded. Encourage perseverance; yet be willing to let them abandon something that no longer gives them joy.

For more on Shea's Bakery, visit sheasbakery.com



👸 schools • education

CCE announces new manager of in-house programs Sister Cities Student

Olga Vazquez named to oversee CCE's signature "Discover Series" and other in-house opportunities

WEST PALM BEACH, FL - The Center for Creative Education has announced Olga Vazquez as the new manager of in-house programming, according to CEO, Robert Hamon. Vazquez's primary focus in the nonprofit "arts in education" organization will be overseeing CCE's newly announced Discover

"Olga brings incredible experience to this position, and she has worked with CCE in the past on behalf of FAU to help us evaluate our in-school and after-school programming," said Hamon. "She is a great addition to our creative team here. Her work on our newly announced Discover Series will set the tone for future in-house programs. It is a milestone for this organization and completes our arts in education model with this programming offered in our own facility. Olga is extremely well qualified to oversee our Discover Series and future programming as well. We welcome her to CCE."

The Discover Series will offer 60 rising thirdgrade students a unique opportunity to discover their passion for the arts. The Series will allow young children to explore music, dance, theater, visual arts and media with art instructors and professional master artists. The students do not need to have a specific talent or art experience. CCE is looking for kids with curiosity, a strong commitment to study the arts and the discipline to attend the weekly classes on a regular basis.

As in-house program manager, Vazquez will be responsible for hiring and selecting the Discover Series arts faculty, scheduling community partners for presentations, ensuring that programming goals and national educational standards are being met, and coordinating with an external researcher to do the evaluation of the program. In addition, she will be looking into new programming possibilities at CCE and begin to schedule classes and special events for a variety of audiences.



Olga Vazquez, Center for Creative Education

"In this ever-changing global economy, we are no longer focused on the three 'Rs' of Reading, Writing and 'Rithmatic," said Vazquez. "Today's educators are looking at the four 'Cs' - Critical thinking, Creativity, Collaboration and Communication. The arts naturally help develop the four Cs and the Discover Series is designed to improve these skills in students through direct instruction in the arts. I am thrilled with this opportunity to help CCE create signature programming to introduce students to their potential passion for the arts. There isn't anything else like this program in Palm Beach County - it's a very exciting opportunity."

Vazquez holds both a Bachelor of Music and a Master of Music degree from the University of Miami. She is currently pursing a Ph.D. in Education/Curriculum and Instruction from Florida Atlantic University (FAU) and will soon be defending her dissertation. She spent her first two years at FAU as the South Florida Team Program Coordinator in the Music-In-Education National Consortium, a FIPSE funded project through the Listening Learning School Network at the New England Conservatory.

In addition, she has worked as a researcher in arts integration programs including the Supporting Communities Through

Learning Environments (SCALE) project for Chicago Arts Partnerships in Education (CAPE). Her previous work experience includes positions in concert management and academic administration with non-for-profit institutions such as the Florida Grand Opera, Florida Philharmonic Orchestra, The Harid Conservatory (Music & Dance Divisions), Palm Beach County School of the Arts, and the Lynn University Conservatory of Music.

A Boynton Beach resident, Vazquez is a prize-winning pianist, accompanist, and bassclarinetist. She spent several years as a liturgical musician, directing and accompanying church choirs in Palm Beach and Broward Counties and continues to serve her church community in various capacities.

The Center for Creative Education served nearly 13,000 Palm Beach County students last year - using the arts to educate and inspire creative thinking in Palm Beach County classrooms and after-school programming. Many of the students involved in CCE's programming are at risk of educational failure. Through their exploration of the arts, students learn commitment, discipline, open-mindedness, team-building and creative thinking - necessary skills for developing the whole child.

The Discover Series completes the circle of arts education that the Center for Creative Education provides: arts-integrated curriculum, arts-enhanced curriculum and art as curriculum. CCE has long been linking arts and academics in their "LEAP" program, in which a CCE teaching artist and a classroom teacher collaborate to teach the content of art and another subject. Their after-school program, "CADRE", uses art as a "hook" to reinforce classroom studies. Now CCE's Discover Series will offer instruction in "art for art's sake," allowing third graders to explore a range of art forms and decide what sparks their creativity.

For information and registration forms for CCE's Discover Series, or general information about in-house and other programming, please visit the Center for Creative Education's website at cceflorida.org or call at 561.805.9927.

Exchange Program

On June 6, 2014, students from Delray Beach will be traveling to Miyazu, Japan for the Delray Beach Sister Cities Student Exchange program. Tony Durante is the volunteer who teaches the selected students the Japanese language and about the Japanese culture in preparation for their trip. Nancy King has been one of the chaperones to Japan for the program. King is on the Board of Trustees of Delray Beach Sister Cities and she is a retired employee of the City of Delray Beach.

The high school students selected are: American Heritage High School of Boca/Delray Julia Duca and Kelli McCourt Atlantic Community High School Alexandra Edoff, Christian Hoffman Luna Jean, Teagan Murphy, Leah Stephens

More about the Student Exchange Program and Tony Durante:

As coordinator/teacher of the sessions over the years, Sensei Tony Durante has developed a very comprehensive orientation and training program to prepare the exchange students for their role as Student Ambassadors. As the Sensei, Durante spends more than a year conducting regular weekly teaching sessions, workshops and local field trips with this selected group of high school students to teach them about the Japanese culture, language and protocol as well as sessions about city government/history/ community features of Delray Beach.

For the high school students to be eligible for the Delray Beach Exchange Student program, the student must attend a high school in Delray Beach or be a resident of the City of Delray Beach.

Durante, age 46, is a native of Delray Beach who was born and raised in the historic African American neighborhood of Jefferson Manor. Durante speaks Japanese fluently. He became interested in the international cultures at an early age with the Japanese culture becoming his more in-depth interest. He began teaching himself the Japanese language at that early age and to pursue his interest, he gained employment at the Morikami Museum in Delray Beach, Florida during his high school and college years and continued to perfect his mastery of the Japanese language and knowledge of the culture.

Durante completed the elementary and middle school grades at Trinity Lutheran School of Delray Beach, and graduated from high school at Atlantic Community High School in Delray Beach. He received a college Bachelor's Degree in Anthropology from Florida Atlantic University-Boca Raton campus. After college graduation, Durante spent more than 2 years living and teaching in Japan as a Christian missionary for the Lutheran Church Missouri Synod organization.

Upon his return from Japan, he was recruited and hired by the Delray Beach Police Department as a member of the police force. He worked as a Police Officer from 1995 to 2001. In 2001, Trinity Lutheran Church and School recruited him to join the staff there and offered him the position of where is now the Outreach Pastor. He was recently ordained a minister at Trinity in April 2012. In Year 2010, Tony Durante was selected as Citizen of the Year by the Delray Beach Elks Club.

Durante previously lived in Japan and worked as a Christian Missionary. During his time in Japan, he met and married a Japanese young lady named Junko Oto and returned to the United States with her as his wife. They now have three daughters: Aya (student at Digital Media Arts in Boca Raton), Mika (student at 2014 IB Graduate Atlantic High School) and Tae' (student at Atlantic Community High School).

The City of Delray Beach established the official sister cities affiliation with Miyazu, Japan in 1977 to develop and strengthen a bond of friendship with that city because it was the hometown of George Morkami who had donated over 200 acres of land to Palm Beach County for whom the Morikami Museum and Japanese Gardens is named. In 1999, the City of Delray Beach added another sister city affiliate and that one is with the City of Moshi, Tanzania, East Africa.

Residents of Abbey Delray donate \$12,500 to fund college scholarships

DELRAY BEACH, FL - Residents of Abbey Delray raised more than \$12,500 this year for a special program to fund college

Residents at the senior living community formed the program as a way to give back and help foster a culture of excellence and achievement in the Delray Beach area.

All the scholarship recipients work at Abbey Delray.

Scholarship winners and their colleges of

Palm Beach State College: Max Compere, Nidjie Fortune, Gabriel Henrilus, Midley Sylien and Markeyes Baker Academy for Nursing and Health

Occupation: Mardochee Charlestin

Metropolitan Trucking Technical Institute: Yulonda Hunter

Med-Life Institute: Marlene Maxi Keiser University: Gerardo Quinones Florida International University: Brady Yip

Abbey Delray is part of the Lifespace Communities, Inc., not-for-profit operator of 12 continuing care retirement communities in seven states, serving more than 5,000 residents and employing 2,700 team members. Abbey Delray is a Life Care retirement community offering active seniors a unique lifestyle experience and a variety of residential options, including 350 maintenance-free apartment homes and villas. Residents enjoy a full range of services and amenities, including housekeeping, linen service, fitness center, spa, swimming pool, library, hair salon, scheduled transportation, game room and guaranteed lifetime access to an on-site health center, if ever needed. More information about Abbey Delray is available by calling (561) 454-2020, or by visiting www.AbbeyDelray.com.



Residents at Abbey Delray raised over \$12,500 in college scholarship money to award to 10 high school graduates who work at the senior living community. From left to right: Markeyes Baker, Max Compere, Gerardo Quinones and Brady Yip. Not pictured: Nidije Fortune, Gabriel Henrilus, Midley Sylien, Mardochee Charlestin, Yulonda Hunter, Marlene Maxi.

City Celebrates Summer Learning Day • June 20

The City of Delray Beach's Campaign for Grade Level Reading Coalition invites the public to participate in Summer Learning Day, a national advocacy effort dedicated to promoting the importance of summer learning and reading for our youth. Sponsored by the National Summer Learning Association, our City will join communities across the country in proclaiming June 20, 2014 as Summer Learning Day.

Research indicates that children from low income households are more susceptible to lose valuable learning/reading skills than their middle income peers if these skills are not applied during the summer months. Recognizing the severity of this problem, the City partners with other organizations to stem summer reading loss by providing "home library" books and quality literacy programs.

"Our youth benefit from community involvement with initiatives like Delray Reads Day," states Janet Meeks, Education

Coordinator for the City of Delray Beach. "Through generous donations, the Campaign for Grade Level Reading will distribute at the end of the school year 5 books each to 665 children attending a Title 1 school so they will have reading materials over the summer. This equates to 3,325 books which is impressive for a grassroots effort!"

In addition, the City's Parks and Recreation Department has introduced academic initiatives in their out-of-school camp curriculum, such as the Campaign for Grade Level Reading, to promote reading achievement. In celebration of Summer Learning Day, local camps will participate in this year's theme "Pirates". Children will experience a day of fun and innovative programs on June 20 featuring games, interactive reading activities and storytelling.

For more information, contact Janet Meeks at (561) 243-7231 or E-mail meeksj@ mydelraybeach.com.

Palm Beach County Veterans Center is proud to announce the first annual

"VETERANS CHILDREN'S DAY"

DATE: Saturday June 7th
TIME: 10:00 am to 1:30 pm *
LOCATION: "Putt'n Around" 350 NE 5th
Ave (Federal Hwy) in Delray Beach
CONTACT: 561-450-6162
or HQ 561- 789-8706
PBCVETSCENTER@GMAIL.COM

This day is to show our appreciation to the fallen soldier's children, for their sacrifice, and the returning veteran's children that have suffered from the multiple deployments of their parents in the Iraq and Afghan wars.

We salute our host for this event:

"Putt'n Around" in Delray Beach for providing free passes for these children.

Parents are allowed to accompany their children during play for no charge.

(If parents wish to play, then sponsors will be found to cover the cost)

Some form of military ${\rm ID}$ is required for admission.

Free lunch will be served between 11:30 am and 1:00pm.

• Last play will be at 1:00pm.

Thanks to our Sponsors

Floridian Community Bank of Palm Beach County



DELRAY BEACHCITY DIRECTORY

Delray Beach City Hall 100 NW 1st Avenue Delray Beach, Florida 33444 www.mydelraybeach.com

General Information (561) 243-7000

Emergency 9-1-1

Non-Emergency (561) 243-7800

Citizen Service Requests (561) 243-7012

City Manager's Office (561) 243-7010

Utility Billing (561) 243-7100

Water/Sewer Maint. (561) 243-7312

Parks & Recreation (561) 243-7250

Municipal Golf Course (561) 243-7380

City Clerk's Office (561) 243-7050

Jobline (561) 243-6201

PBC Animal Control (561) 276-1344

Police Department (561) 243-7888

Fire Department (561) 243-7400



👸 at the library

Mind Boggling Mondays Continue at the Delray Beach Public Library

The summer Lifelong Learning Community Institute courses at the Delray Beach Public Library have begun and will continue on Mondays in June and July 2014.

The exciting classes are as follows:

"Transforming Presidential Elections –
1860, 1932 & 1980"

Monday, June 16, 23 & 30 from 2:00 – 3:30 p.m.

Course Instructor: Dr. Ronald Feinman -Course Fee = \$45.00

"Impressionism Was Universal" – French, Russian & American Impressionism

Monday, July 14, 21 & 28 from 10:30am – 12 Noon Course Instructor: Dr. Terryl Lawrence -Course Fee = \$45.00

To register or receive further information about the one-of-a-kind Lifelong Learning Community Institute at the Delray Beach Public Library, please visit us on line at www. delraylibrary.org, or call 561-26-9490 today! Please "like" us on Facebook: www.facebook. com/DelrayBeachPublicLibrary.

Fourth Battle of the Books at Library sponsored by Levenger

The Teen Advisory Board at Delray Beach Public Library (TAB@DBPL) is partnering with Levenger, the company known for its catalog of "Tools for Serious Readers," for the fourth Battle of the Books event!

The Battle of the Books is a reading incentive program for teens ages 13 to 17 at the Delray Beach Public Library. It has been very successful in helping teens read more books and increase their reading skills. Our Young Adult Librarian, Loanis Menendez-Cuesta and Library staff plus volunteers act as Book Coaches for the Teen Teams and Judges for the Battle.

Teen participants grouped in teams of five members each will read the specific books, meet weekly with their Book Coach prior to the Battle Day, and become experts on specific details of the books. During Battle Day, the team members come together to demonstrate their knowledge and expertise about the books they have read in a competition that resembles the format of game shows such as Family Feud, Whiz Kids, & Jeopardy. The winning team will receive wonderful prizes donated by Levenger.

SAVE THE DATE: TAB@DBPL's Battle of the Books, sponsored by Levenger

Tuesday, JUNE 3rd, 2014 @ 4:30pm Open to the Public

June Healthy Living Programs

The Delray Beach Public Library continues its Healthy Living Series programming in June with several programs we're sure you'll be interested in attending.

Lions Club continues to help the visually impaired at the Delray Beach Public Library

The Delray Beach Public Library located at 100 West Atlantic Avenue, was grateful to once again, receive another gift of \$ 500 check from the Delray Beach Lion's Club

check from the Delray Beach Lion's Club.
Mr. John S. Parke, Treasurer, and a
member of the Delray Beach Lions Club since
1970, presented the check to Library Director
Alan Kornblau. "The Library is very grateful
to the Lions Club for their ongoing support
and commitment to help the visually impaired
in our community," said Mr. Kornblau.

to the Lions Club for their ongoing support and commitment to help the visually impaired in our community," said Mr. Kornblau.

The Delray Beach Lions Club has supported the Library since 1939. It has been giving a gift of \$ 500 to the Delray Beach Public Library twice each year since 2001 for a total thus far of \$12,500. The Lions Club requests that this money be used to purchase materials for the visually impaired, such as large print books and books-on-tape. The Library's collection of such materials is quite extensive and extremely popular thanks to the continued support of the Lions Club. The Library was also award a Certificate of Appreciation from the Lions Club for collecting and maintaining many large print books and recordings for use by their Library patrons with eyesight difficulty living in Delray Beach and surrounding communities.



Alan Kornblau, Library Director & John S. Parke, Lion's Club Treasurer

• Tuesday, June 3rd @ °°3:00 p.m.°°
- PLEASE NOTE TIME — The Senior Resource Alliance and Senior Relations Coordinator Candy Cohn will hold a panel discussion to discuss available resources for seniors and to offer assistance, guidance & education for seniors concerning all aspects of retirement living.

- Wednesday, June 4th @ 2:00 p.m. Dr. Travis Lamperski of The Conde Center will present a program titled: "Balance Disorders." Besides explaining the different types of disorders, he will demonstrate how to deal with balance and vertigo problems.
- Wednesday, June 18th @ 2:00 p.m. Psychologist and psychoanalyst Linda Sherby will discuss her book "Love & Loss in Life and In Treatment." She will talk about anticipating loss as an inevitable part of life, surviving grief & how to move on and stay connected with the world.
- Wednesday, June 25th @ 2:00 p.m. Board certified Holistic Health Coach and Licensed Massage Therapist Bryan Weinstein will present a program titled: "Food Based Healing." He will provide information about how simple foods can stimulate the body's immune system and help establish a healthier lifestyle.

Volunteers Are Appreciated

A volunteer gives time and expertise without expecting monetary compensation. Volunteers make the world a brighter place. National Volunteer Appreciation week took place in April and the Delray Beach Public Library was pleased to sponsor the 15th Annual Volunteer Appreciation Lunch at the beautiful home of volunteer Michael Dixon.

The Library honored more than 55 volunteers for their extraordinary service to the Library this year. Volunteers, who range in age from 40 – 90, including 8 couples,

received lunch and thank you gifts and awards for their years of service to the Library from Library Director, Alan Kornblau and Board President Nancy Dockerty.

Library volunteers "worked" a total of 12,293 hours which translates to six full-time positions. Several volunteers including Emmie Dubin, Leon Ellis, Nina Pregoshen, Dick Straus and Jack Fitzsimmons "worked" more than 300+ hours each this year.

For further information on becoming a Library volunteer, pick up a volunteer application at the Circulation Desk or visit us on line at www.delraylibrary.org.



Volunteers Charles Holzschuh, Jane Roberts, Carol Gleason & Chary Lynn

For further information on the many programs at the Delray Beach Public Library, please visit www.delraylibrary. org or call 561-266-9490. Please "like" the library on Facebook: www.facebook.com/ DelrayBeachPublicLibrary.



Woman's Club of Delray Beach donates \$1,500 toward summer books for second-grade students

Recognizing the impact summer reading has on helping students learn, the GFWC Woman's Club of Delray Beach recently donated \$1,500 to Delray Beach's Campaign for Grade-level Reading, which will be used to provide summer books for about 100 second-grade students at Orchard View Elementary School.

"We're very grateful for this gift from the Woman's Club," Orchard View Elementary School Principal Kathleen DePuma said. "This will help put books in the hands of many of our students this summer."

Thanks to the gift from the Woman's Club, as well as other contributions, Delray Beach's Campaign for Grade-level Reading will now be able to send five grade-level appropriate books home with every kindergarten, first-grade and second-grade student at Orchard View.

"This generous contribution helps us expand the summer-reading program at Orchard View," said Janet Meeks, education coordinator for the city of Delray Beach. "This is one more step toward helping students read during the summer months and helping them retain what they learned during the school year."

A group dedicated to community volunteering, the Woman's Club has been a strong supporter of Orchard View Elementary School, with several club members volunteering to help where and when needed. Money for the donation was raised during the club's Real Men Bake annual fundraiser earlier this year.

"We wanted to do something special for Delray Beach and for Orchard View," said the club's Co-President Mary Reis. "We also wanted to show our support for the Campaign for Grade-level Reading."

The GFWC Woman's Club of Delray Beach is a non-profit organization comprised of a diverse group of women dedicated to volunteering in Delray Beach. Through community involvement and financial contributions, the club has supported a variety of local organizations including the



On hand to present a check for \$1,500 for summerreading books at Orchard View Elementary School were (back row, left to right) Trish Jacobson, Education Chairman and Treasurer of the Woman's Club of Delray Beach, Delray Beach Education Coordinator Janet Meeks, Woman's Club Co-President Mary Reis, City Commissioner Al Jacquet, Woman's Club Co-President Joann Haros, Orchard View Principal Kathleen DePuma and second grade teacher Joy Dornblaser.

Caring Kitchen, the Achievement Centers for Children & Families, the Delray Beach Library, and the 505 Teen Center.

To find out more about the Woman's Club of Delray Beach, please visit www. gfwc-delray.org



Growth at Bethel spurs on "Moving on the Wings of Faith"

Bethel Evangelical Baptist Church of Delray Beach is a thriving Haitian church founded by the late Reverend Frank Francois in 1980 to serve the Delray Beach community. Their motto: "Save the Lost, Equip the Saints and Send Them Out," engage the members into the ministry and in service to the community. Bethel has worked with relief aid organizations such as NOAH-Rebuild, traveling to New Orleans after Hurricane Katrina's catastrophe. In 2010, the church went to Haiti after the 7.0 magnitude earthquake.

In addition, Bethel provides a 7-week Summer Camp for children in grades Pre-K to 8th, empower the members to live out their faith through outreach ministries, including 30 Days of Love and their annual, international mission trips.

For 34 years, the congregation has grown to over 800 members. This growth has made it apparent that they can no longer stay at their current location. Recently, the opportunity to purchase a new facility has arisen. To accomplish this goal, the members of the church have conducted a number of fundraising efforts.

One of them should be an extraordinary event, "Moving On The Wings of Faith" Concert, with distinctive artists including Group 1 Crew, Hip-Hop Dove Award winners; William McDowell, world renowned awakening worship vocalist; and KB, inspirational Christian rap artist. The concert will be held at The Kravis Center in West Palm Beach, Florida on Saturday July 12, 2014 at 7pm. All are invited. Tickets can be purchased at www.kravis.org/wings starting at \$25.00.

Bethel is excited to be moving to a new location to provide better access to faith-based resources in order to help their members reach out and to continue to partner with the community. The goal is four million dollars. To donate or for additional information, please visit www.mybethelbaptist.org or call at 561-272-8989.

Unity of Delray Beach celebrates fifty years at its present location

Unity of Delray Beach Church is celebrating sixty-four years of successful ministry in Delray Beach, fifty of those years at its present location of 101 NW 22nd Street.

The church's senior minister since 1996, the Reverend Nancy Norman, commented, "Unity of Delray Beach has been blessed by a continuously enthusiastic congregation, as well as devoted teachers, and ministers bringing a positive, practical message of Christianity to so many lives.

"Unity of Delray Beach teaches a spiritually empowered way of living, a way of life that leads to a sense of well-being in every area greater health, happiness, prosperity, success, and peace of mind.

"When one enters the church there is a feeling of awe, love, peace, and power. Many say that upon entering the sanctuary they feel as if they have come home. We are a spiritual community dedicated to helping people to realize their dreams and live a life of complete fulfillment."

The following is the story of the church since it began as an educational idea in 1948.

The History of Unity of Delray Beach

Every mighty work begins with a spark of inspiration. In 1948 Mrs. Frances Jarrell, a dedicated Truth student (the name coined for those studying the New Thought and metaphysical traditions of Unity), started a class of instruction in the Delray Beach Women's Club. Her class consisted of one student. It gradually grew as others who were seeking greater spiritual understanding joined the class. Soon it became obvious they needed a more suitable meeting place. With the understanding of the philosophy that where there is a definite need, Divine Supply would be forthcoming; the group opened their minds and hearts to receive.

Through the generous interest of Mr. and Mrs. Warren Grimes, the group moved to an upstairs room on Atlantic Avenue that they fondly referred to as the Upper Room. In the Upper Room, recently ordained Rev. Frances Jarrell conducted her first service on

December 16, 1950. She continued to teach and serve the needs of the community until 1954

Rev Jerrell's splendid example was carried on by the Rev. Lucy Stringer until 1955, when she was succeeded by the Reverend Eva Rosencrans. The consciousness of the Upper Room attracted well-known speakers and ministers from all over the world. It was through Rev. Rosencrans' inspired leadership, guidance and loving efforts that Unity of Delray Beach outgrew the Upper Room.

Unity was the recipient of five and a half acres of land given by Mr. and Mrs. Warren Grimes in 1961. On January 5, 1964, the first service was held in the new sanctuary. Rev. Eva Rosencrans said of the new building, "Our sanctuary, hexagonal in shape and walled with clear glass, reflects the dignity and simplicity of a Unity service."

To this day the church, surrounded by gardens that can be viewed from inside the sanctuary, is known for its beautiful, contemporary design.

In 1964 the Rev. Rosencrans had a dream to provide a loving, caring school for children to grow and develop academic excellence based on spiritual ideals. Her Unity congregation supported this concept and through this vision, Unity School was founded. Once again, the generosity of the Grimes family provided the first buildings for the school.

Today Unity School provides an excellent educational program for children of preschool age through the eighth grade. It is recognized by the community as a thriving, successful and unique campus.

Rev. Mary Kupferle became Eva Rosencrans' associate in 1966 and became senior minister in 1968. Rev. Kupferle brought a devoted sense of dedication to church and school. She was loved and widely known throughout the community, school and the world through her radio broadcasts and her inspirational writings. Her words of wisdom were the lead articles in Unity's popular Daily Word magazine for many years; her books continue to inspire and bless many.

Rev. Kupferle was a visionary and a light. She served Unity of Delray Beach for 18 years and later became an active, loving part of Unity of Delray Beach as Minister Emeritus until she made her transition in 2003.

In 1983 Rev. Richard Barnes followed Mary Kupferle's successful leadership. Rev. Barnes caught the vision for Unity School. Because of past experience as an educator and school administrator, he brought direction and professionalism to Unity School while continuing to enhance the vision of Unity Church.

Rev. Greg Barrette assumed leadership of the church in 1990. It was through his dynamic Sunday lessons and dedication to youth that Unity of Delray Beach attracted more and more families, thus increasing Sunday attendance.

Rev. Nancy Norman became Rev. Barrette's associate in 1992 and assumed the position of senior minister in 1996. Rev. Nancy Norman's ministry is filled with grace, love and understanding. Her teachings and lessons have inspired and helped many. Through her writing and published works she is fulfilling her personal vision: "To empower people to realize their full God potential."

\$25,000 Grant received to benefit St. Paul's Mission and Outreach Ministry DELRAY BEACH, FL - St. Paul's is

DELRAY BEACH, FL – St. Paul's is both thrilled and honored to have received a \$25,000 grant from the Domestic and Foreign Missionary Society of the Episcopal Church (DFMS). The grant will be used to support Deacon Clelia Garrity's missionary efforts in Haiti, and will serve as a model for how the DFMS can work with dioceses and congregations to engage Episcopalians in serving the poor, and in meeting Jesus in the process. This special grant is designed to support engagement of St. Paul's parish in world mission and Haiti, in particular.

Under the terms of the grant, Deacon Clelia will be responsible for developing and implementing, in collaboration with both Haitian and American medical resources, Best Practices Medical Mission standards of care to



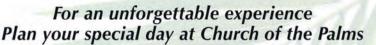
Rev. Clelia Garrity and girls from the Ste. Marie Madeleine School in Bondeau, Haiti.

be used by US-based medical missionaries in Haiti. This will include collecting, analyzing, and developing a credentialing process for US-based medical mission resources, publication of best practices treatment protocols, the development of an electronic medical record program and pharmacy inventory program specific to Haiti medical missions, and the identification of other resources needed to conduct medical missions in various areas of Haiti; supporting US-based medical missions in conducting a community assessment of their partner parish and encouraging the

development a Covenant Statement between American and Haitian partners that defines the Intent of the Medical Mission.

The overall goal of the project is to develop a plan for sustainability for all medical mission efforts, a working partnership with Haitian medical resources that will promote collaborative efforts in the medical mission; a methodology and tool(s) for communicating and collaboration among Haitian and American partners; and an annual evaluation plan that will establish and measure agreed upon goals.

Deacon Clelia, who serves as a staff member at St. Paul's Episcopal Church and is a Chaplain for the Palm Beach Sheriff's Office (PBSO), after learning of the award last week said, "I am truly blessed by God to have been selected for this important mission. I look forward to working with so many of my colleagues as we strive to standardize and improve the quality of care that we offer to our brothers and sisters in Haiti, and as we collaborate with them in the development of sustainable healthcare programs that will live on in their communities long after we have gone."





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events calendar

SUNDAY • JUNE 1

Charmaine Forde Band - 2:00 PM - 5:00 pm at the Arts Garage. \$50.00 per person. 561-450-6357 artsgarage.org

JUNE 1 - 30

Alligator Feeding -Wednesday & Saturday 1:00pm. \$4 per-person ages 3 and up 361 274 SAND (7263), www.sandowayhouse.org

WEDNESDAY • JUNE 4

Senior Resources Alliance Panel Discussion presented by Candy Cohn - 3:00 p.m - Delray Beach Public Library. 561-266-0798, www.delraylibrary.org

Marketing & Events by Priscilla Grand Opening & Ribbon Cutting - 5:00 PM. 345 SE 5th Avenue. Advertising & Marketing by Priscilla-Amplify Your Business. delraybeach.com

WEDNESDAY • JUNE 4 & 25

Healthy Living Series - 2:00 p.m. Delray Beach Public Library. 561-266-0798, www.delraylibrary.org

HURSDAY • JUNE 5

ine Wine Tastina and Thomas Arvid Art Exhibit-40/pp. 6-9pm.The Wine Wave. 561-276-2076, wineontheave@gmail.com

Foot Have Reflexology Grand Opening & Ribbon Cutting - 5pm 62 SE 6th Avenue, delraybeach.com

THURSDAY • JUNE 5 & 19

Steel Drum Cruises -Cruise from 7:00-9:00pm, tickets are \$25 per person includes 2-hour sunset cruise & live entertainment, 561-243-0686. ww.delraybeachcruises.com

SATURDAY • JUNE 7

5K Muttsquerade Run - 5K starts at 7:15 a.m., Anchor Park, Run/Walk for the Florida Humane Society. Registration \$30 for 5k race, \$20 for 1 mile dog walk: includes: t-shirt, snacks refreshments Kasey Walden. 561-405-5584, kwalden81@gmail.com

Arts Garage Presents Gina Sicilia - 8pm . Arts Garage. Country, Americana, R&B, to pop, \$25-\$35 in advance. 561-450-6357 artsgarage.org

SATURDAY - SUNDAY • JUNE 7 & 8

Relay For Life of Downtown Delray - Old School Square Park 51 N Swinton Ave, Delray Beach. In the fight against cancer, silence is the last thing we need. Your local American Cancer Society Relay For Life event is a great place to take action and make noise. www.RelayForLife.org/downtowndelrayfl

JUNE 7, 14, 19, 20, 21, 28

Savor the City Culinary Tours - Taste Atlantic Avenue or Taste Pineapple Grove - Tour includes 4 restaurants, and 2 specialty shops. \$65, reservations required. To make a reservation, call 800-979-3370 or www.savorthecity. info For private groups or gift certs call 954-410-3177 or info@SavorTheCity.info

SUNDAY • JUNE 8 & 29

Morikami Sado Tea Ceremony Class- 10:15 am. Morikami Museum & Japanese Gardens. Cost: \$55 (members \$50; advance registration required). Location: Seishin-an Tea House. 561-495-0233, www.morikami.org

WEDNESDAY • JUNE 11

Grand Opening & Ribbon Cutting Robert A. Sarro, MD, Dermatology - 5pm-6pm 3100 S. Federal Highway, Suite 8.delraybeach.com

ARTISTS ALLEY

OPEN STUDIOS & GALLERIES THURSDAY, JUNE 19 ● 6-9PM

All artists will be available to discuss their works. Painting...Pottery...Sculpture...Works of Art

ARTISTS ALLEY - runs north and south between NE 3rd and 4th Streets, east of 3rd Avenue and west of the RR tracks in the Pineapple Grove Arts District in downtown Delray Beach.

FOR MORE INFO -Call Vincent Cacace 561-276-1177 or 561-523-5300

THURSDAY • JUNE 12

Chamber of Commerce Contacts & Cocktails-Las Ventanas 5:15 PM - 7:00 PM. \$10 in advance, \$15 at the door, \$20 non-members. Contact Teri at 561 278-0424x116, teri@delraybeach.com.

Free Open Readings- Delray Beach Center for the Arts / School of Creative Arts. Thursday, 6:30-8:30 p.m. 561-364-4157, DelrayArts.org

FRIDAY • JUNE 13

8pm - Arts Garage Presents The Jost Project - \$25-35 -Paul Jost (vocals, harmonica), Tony Miceli (vibraphones) and Kevin MacConnell (acoustic bass). 561-450-6357 artsgarage.org

Sushi & Stroll - 5:30 PM - 8:00 - Morikami Museum & Japanese Gardens. Taiko drum performance, limited tickets \$8 adults, \$6/4-17. 561-495-0233, www.morikami.org/sushiandstroll

Dad and Daughter Date Night - 6:30 pm to 10:00 pm Delray Beach Golf Club. 2200 Dads and their daughters are invited to attend this celebration of Father's Day! All ages are welcome! \$25 per person, \$20 Daughters under 12. Space is limited! Contact Danielle Beardsley at 561-243-7277, Beardsley D@mydelraybeach.com

SATURDAY • JUNE 14

Cooking Demonstration - 1:00 PM — Free. The Olive Taste of Delray will host Executive Chef, Ellis, of 3rdand 3rd Restaurant. Receive \$5 off (\$25 min. purchase). Call Lori at 561-266-3228, info@theolivetasteofdelray.com

Ride and Remember Trolley 10am-12pm-Spady Museum. Tour Delray Beach's 5 historic districts. \$20. 561-279-8883, www.spadymuseum.com

Morikami Family Fun Mini Workshop: Origami 11am - 12pm (beginners); 12:30 — 1:30pm (intermediate). \$10. www.morikami.org

Albare with special quest Sammy Figuerog - JAZZ \$25-35. 8pm - Moroccan-born global jazz guitarist Albare performs, featuring Sammy Figueroa, king of Latin percussion. artsgarage.org 561-450-6357

SATURDAY • JUNE 14, 21, 28

Pickleball — 12:00-3:00pm adult play. Delray Beach Community Center, \$5. 561-243-7250, mydelraybeach.com

SUNDAY • JUNE 15

Father's Day Brunch or Afternoon Sightseeing Cruise 10:30am Brunch Cruise \$42 per person. 1:30pm Sightseeing Cruise \$24 Adults/\$21 Seniors & Children. 561-243-0686, www.delraybeachcruises.com

Doug Carter and Family | Father's Day Special Event | \$25-35. 7pm. Virtuoso jazz and soul keyboard player Doug Carter celebrates the day with his talented musical family, featuring Anthony Cater on percussion and vocals by Yellow. 561-450-6357, artsgargae.org

TUESDAY • JUNE 17

Focus On Women Breakfast — A simple networking breakfast at the Arts Garage! Generously Sponsored by Eleven Spa - 8:00 AM - 9:00 AM. RSVP in advance to receive a Eleven Spa Swag Bag! \$25.00 for members and nonmembers. 561-278-0424, patty@delraybeach.com

Wine Seminar - 6 - 8 pm. Paso Robles: Wines of Value. \$50. per person. Murder on the Beach Mystery Bookstore. 561-279-7790. www.murderonthebeach.com

WEDNESDAY • JUNE 18

Grand Opening & Ribbon Cutting Sloan's Ice Cream 111-B E Atlantic Avenue. www.sloansicecream.com

FUN FRIDAYS AT SOLITA DELRAY!

Join Marketing & Events by Priscilla for a networking and social happy hour party every Friday from 5 PM to 7:30 PM. With Half Off all bar beverage including premium drinks and wines, and off all appetizers. (until 7 PM). No rsvp necessary.

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JUNE 19 - JULY 13

The Ring of Fire — Arts Garage. From the iconic songbook of Johnny Cash this musical is about love and faith, struggle and success, rowdiness and redemption, and home and family. Thursday & Friday 7:30pm, Saturday & Sunday 2:00pm. Tickets from \$30. 561-450-6357, artsgarage.org

THURSDAY • JUNE 19

Wine Tasting - 6-8pm. \$10/pp. Catered gourmet appetizers included. Buy any (4) bottles and your tasting fee is waived. The Wine Wave. RSVP please call 561-276-2076. wineontheave@gmail.com

Children's Program — "Page Turner Adventures" 2:30 p.m. - Delray Beach Public Library, 561-266-0798, www.delraylibrary.org

Pottery Classes — Monday-Friday. Cloud House Pottery, Artist Alley. One-on-one beginning, intermediate, advanced instruction on the potter's wheel; up to 3 people per 2.5-hour class. Learn how to wedge & center the clay. pull a cylinder, shape clay, add handles, lids & spouts to finish pieces. \$40 including materials. 561-862-9222 1-30 - Shark Feeding & Shark Months- Tues-Saturday -10:30am \$4 per-person ages 3 and up. 561-274-SAND (7263), www.sandowayhouse.org

, 5, 6 JU

Pickleball- Free Lesson 11am Thursday. 9-1pm. Adult play. Delray Beach Community Center \$5. 561-243-7250, www.mydelraybeach.com

Y • JUNE 3

Southern Handcraft Society - 7pm. Veterans Park Senior Center. Pineapple Grove Chapter meeting with dessert first. mhincken@gmail.com

Advantage Golf Cars



events calendar

THURSDAY • JUNE 19

Book signing at 7pm Dee Phelps will speak and sign The Disappointment Room Murder on the Beach Mystery Bookstore. 561-279-7790,

www.murderonthebeach.com

JUNE 19 - 29

Entr'Acte Theatrix presents Avenue Q - Delray Beach Center for the Arts / Crest Theatre. Wed, Thurs and Fri, 8:00 p.m.; Sat 2 & 8 p.m.; Sun, 2 p.m. Tickets \$20; \$10 student rush. 561-243-7922, DelrayArts.org.

FRIDAY • JUNE 20

Book signing at 7pm Susan Williamson will read her poetry Burning After Dark Murder on the Beach Mystery Bookstore. 561-279-7790,

www.murderonthebeach.com

SATURDAY • JUNE 21

Seek in the City Scavenger Hunt - 2-7pm — How well do you know your town? Seek in the City Delray Beach is a fun city-wide scavenger hunt where participants have a chance to win prizes while finding out more about Delray Beach. 561-278-0424, SeekInTheCityDelray.com

Arts Garage presents Dan Napolitano - \$15-25. 8pm Comedian Napolitano is a throwback to the great comedians of yesteryear with a modern twist that makes him one of the most entertaining comedians working today. 561-450-6357, artsgarage.org

1st Annual Juneteenth Old School Funk Fest 4PM - 11PM, at Delray Beach Center for the Arts. \$45 cover charge. Contact: Michael Johnson, 561-331-8609, mrmjohnsonol@yahoo.com

THURSDAY • JUNE 26

TECH, TALK, AND PIZZA / Social Media 11:45 AM - 1:00 PM. How to Leverage Social Media to Grow Your Business presented by Kat McCall and Dori Erann from iOpening Marketing. Member rate \$10.00, Non Member rate \$20.00. 561-278-0424, teri@delraybeach.com

SATURDAY • JUNE 28

Arts Garage presents Turk Mauro - 8:00pm Saxophone giant Turk Mauro is known worldwide for his precision and flare. Tickets from \$25. 561-450-6357, artsgarage.org

Relationship Workshop - 10 am-1 PM Enrich your relationships with the love ones in your life. Led by Rachel Keats LCSW. \$30.00 includes lunch. Association for Community Counseling. 561-638-0908, www.AssociationforCommunityCounseling.org

FRIDAY - SUNDAY • JUNE 27 & 29

World's Perfect Athlete-Cheerleaders, Dancers, Twirlers, and Gymnasts -Ultimate Individual Competition. Delray Community Center. Host Hotel: Hyatt Place. www.worldsperfectathlete.com Contact: truespiritcheer@gmail.com

SUNDAY • JUNE 29

Book signing at 5pm Jenny Milchman will speak and sign Ruin Falls Murder on the Beach Mystery Bookstore. 561-279-7790, www.murderonthebeach.com

EXHIBITS

Through June 14

Favorite Places, Europe & Delray — Delray Beach Public Library. Paintings by Sue Lynch (561) 266-0798 www.delraylibrary.org

June 14 - August 9

"Rick Ricketts Art Work" by Rick Ricketts - Delray Beach Public Library, (561) 266-0798 www.delraylibrary.org

Through August 31

The Beauty of Paper- Paper, when transformed, manipulated, sculpted or cut into two and three dimensional art, can surprise and amaze the viewer with its flexibility, intricacy and beauty. Cornell Museum of Art & American Culture at Delray Beach Center for the Arts 561-243-7922, DelrayArts.org.

Through September 28

1-Sep 28- School of Creative Arts Showcase - Monday-Friday, 9:30 am - 4:30 pm; Saturday, 10 am-3 pm; free admission. A multi-media exhibit showcasing drawings, paintings, collage, mixed media and photographs by adult and youth students and instructors. Crest Theatre Galleries at Delray Beach Center for the Arts. 561-243-7922, DelrayArts.org

Murder on the Beach Bookstore is pleased to announce

The Authors Academy

Writing Workshops for Tomorrow's Authors All workshops are \$25 per person. Reservations are required. 561-279-7790 or murdermb@gate.net For more detailed information: www.FLauthorsacademy.com

Saturday June 7, 2014 10am - Noon

Great Beginnings. First lines are crucial to hook the reader. In this workshop, you will learn to bait the hook and reel in the reader from the very first page. Instructor: Kat Carlton, Two Lies and a Spy.

Saturday June 14, 10am - Noon

Touched by the Sun: Writing the Great Florida Novel. What makes a Florida novel different from the others? Bring out your Florida voice and sense of place. Instructor: Elaine Viets, Catnapped.

Saturday June 21, 10am - Noon

Using Setting to Create Powerful Narratives. Location, time periods, realistic backdrops and sensory detail are key to creating memorable scenes. Instructor: D.J. Niko, The Riddle of Solomon.

Saturday June 28, 10am - Noon

Hook 'em and Hang 'em. Keep the reader turning the pages and your story moving forward with GMC (Goal, Motivation and Conflict) from beginning to end. Instructor: Kathleen Pickering, Where It Began.

Please Send Your Calendar Listings To: Calendar@delraypineapple.com



library calendar

CALENDAR OF EVENTS • JUNE 2014

LIBRARY CLOSED ON SUNDAYS **MEMORIAL DAY TO LABOR DAY**

NO COMPUTER CLASSES THIS MONTH

All programs are free except the Lifelona Learning Community Institute Courses

Monday, June 2, 9, 16, 23 & 30 @ 10:00 a.m. Children's Program — "Tales for Tadpoles" (birth to 2 yrs.)

Monday, June 2, 9, 16, 23 & 30 from 1:00 - 4:30 p.m. - "Empowerment Zone"

Monday, June 2, 9, 16, 23 & 30 @ 5:15 p.m. "Got Gaming?" presented by Young Adult Librarian Loanis Menendez-Cuesta

Tuesday, June 3, 10, 17 & 24 @ 10:00 a.m. Children's Program — "Turtle Tales" (to 3 yrs)

Tuesday, June 3 @ **3:00** p.m. − Senior Resources Alliance Panel Discussion presented by Candy Cohn

Wednesday, June 4, 11, 18 & 25 @ 11:30 a.m. "Socrates Café" — Weekly discussion group facilitated by Claire Drattell & Don Clare

Wednesday, June 4 @ 2:00 p.m. — Healthy Living Series -'Balance Disorders" presented by Dr. Travis Lamperski

Thursday, June 5, 12, 19 & 26 @ 10:00 a.m. Children's Program — "Stories & Scissors" (4 yrs & older)

Thursday, June 5, 12, 19 & 26 from 1:00 - 4:30 p.m. -"Empowerment Zone"

Friday, June 6, 13, 20 & 28 — Great Books Discussion Group —"Best American Essays of the Century" presented by Gilbert Schechtman

Saturday, June 7, 14, 21 & 28 from 10:00 am — 12 Noon — "The Writer's Studio" — weekly Saturday morning program Contact Howard Gleichenhaus 561-638-7251

Monday, June 9 & 23 @ 10:00 a.m. — Craft Series "Quilting Bee" — Twice monthly quilting class presented by Karen Pugh & Linda Bouvier

Tuesday, June 10 @ 6:00 p.m. — Evening Book Group — Honour by Elif Shafak presented by rotating book group leaders

Thursday, June 12 & 26 @ 10:30 a.m. — Craft Series — "Knit 'N Purl" presented by rotating facilitators

Monday June 16, 23 & 30 @ 2:00 p.m. — Lifelong Learning Community Institute Course — Mind-Boggling Mondays "Transforming Presidential Elections — 1860, 1932 & 1980" See brochure for course listings — Fee = \$45 — Guest Pass = \$20

Wednesday, June 18 @ 2:00 p.m. — Author's Series "Love & Loss in Life & Treatment" presented by Linda Sherby

Thursday, June 19 @ 2:30 p.m. — Children's Program "Page Turner Adventures"

Monday, June 23 @ 1:00 p.m. — Afternoon Book Group The Orphan Master's Son by Adam Johnson presented by Librarian Kathleen Hensman

Wednesday, June 25 @ 2:00 p.m. - Healthy Living Series "Food As Medicine" presented by Bryan Weinstein

Thursday, June 26 @ 2:30 p.m. — Children's Program "Nathanson's Puppets To Go"

ART EXHIBITS

Through June 14 — Paintings by Sue Lynch "Favorite Places, Europe & Delray"

June 14 - August 9 - "Rick Ricketts Art Work" by Rick Ricketts





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JUNE 2014



Florida Atlantic to become a tobacco-free university

Beginning January 1, 2015, Florida Atlantic University will implement a tobacco-free policy, which will also prohibit the use of e-cigarettes. In an effort to create a healthier environment for all students, faculty, employees, vendors and visitors at Florida Atlantic University, the use of all tobacco products (cigarettes, cigars, pipes, smokeless tobacco, snuff, chewing tobacco, smokeless pouches and any other form of loose-leaf, smokeless tobacco) will be prohibited on all FAU campuses. This tobacco free policy will be in effect for all indoor spaces, outdoor locations and within cars on campus.

FAU will become the 24th university in Florida to implement a smoking or tobacco-free policy and the 926th tobacco-free campus location across the nation. There are at least 1,343 colleges and universities nationwide with similar smoking policies. In 2013, FAU launched a Healthy Campus 2020 Initiative to address a variety of health related issues that influence the overall health and **Continued on page 8**

"Derby in Delray" raised more than \$5,000 for community caring center



The Spodak Dental Group team gathers for a team photo in the derby-themed photo booth.

DELRAY BEACH, FLA., May 14, 2014 – Spodak Dental Group and Weekes & Callaway co-hosted the "Derby in Delray" Kentucky Derby Party and raised more than \$5,000 for the Community Caring Center of Greater Boynton Beach.

The event took place on Saturday, May 3 and featured food, drinks, live music, raffle, silent auction, and more.

"We were thrilled with the attendance at the event," said Jessica Cooper, a dental hygienist at Spodak Dental Group and one of the organizers of the event. "Everyone came out ready to have fun and the guests loved the Derby theme. We couldn't be happier to support the Community Caring Center in their mission."

All proceeds directly support the Community Caring Center's programming, which includes providing food security, financial assistance and job development for community members in need.

Spodak Dental Group is a comprehensive dental practice providing all general and specialty services in one convenient, state-of-the-art, Gold LEED Certified facility. Spodak Dental Group is located at 3911 W. Atlantic Ave. Call (561) 498-0050 or visit www.SpodakDental.com for more information.

Juicing For Better Health



By Nicole Danna

The Pineapple Staff Writer

he juice bar is officially here, South Florida. And right now there's no better place to find them in Delray Beach and Boca Raton, where a number of the county's pressed fruit and vegetable juice bars are cropping up with their own line of fresh-squeezed or hydraulically pressed drinks.

Today, juicing has become big business. Hollywood celeb-style fads make bold claims that juicing on a regular basis can help rid your body of toxins, cleanse your digestive system, and aid in weight loss.

Does it? Researchers on both sides argue for and against these claims, but one thing is for sure: a diet based on raw foods and vegetables can help reduce the risk of certain diseases like cancer, diabetes and heart disease, while aiding in weight management. Add that to the fact that most Americans don't eat the recommended amount of fruits and vegetables, and the alternative is finding a way to chow down on a pile of fresh produce every day.

Bottom line, when you drink the juice from whole foods, you are drinking clean, easy-to-digest, and concentrated nutrition. But it can be a pain with all that prep work, produce shopping and clean up. If juicing at home sounds too labor intense, lucky for you there are a number of places that do the juicing for you -- right here in town.

However you choose to hydrate, fuel, or cleanse, here is a list of the best juice bars in Delray Beach and Boca Raton.

Raw Juce 2200 Glades Rd., Boca Raton 561-424-JUCE

For most, a raw food diet means only uncooked, unprocessed, and often organic foods. In other words, little more than fruits, vegetables, nuts, seeds, and sprouted vegetables are on the menu. Although there are numerous variations of this practice, one fact remains: You can't heat food above 115 degrees Fahrenheit, which makes it one of the hardest diets to follow. The best way to incorporate it all: juicing. The Raw Juce mission is to educate you on the benefits of juicing and make it easy to adopt a healthier lifestyle with fresh-pressed, convenient bottled juices. Made daily at their Boca Raton juice bar, each one of Raw Juce's signature cold-pressed juices are prepared using juicers that maximize nutritional density and ensure maximum vitamin and mineral yield. Owners Barry Rabkin and Jeff Levine -- also president and CEO of Florida-based Salad Creations -- have a rainbow of drinks available. Our pick: Green Apple Chia, made with spinach, kale, chia seeds, aloe water and green apple. Continued on page 5

Biostation's nutrient based approach to optimal health

By Nicole Danna

The Pineapple Staff Writer

Today, healthcare treats the disease -- not the patient. Pills and medicine are prescribed, and not much goes into addressing the actual cause of the illness in the first place. For the men behind the newly-opened biostation in Delray Beach, it's an antiquated approach to finding true health and wellness.

The future of what your healthcare routine could look like is already here thanks to the team at biostation, several wellness professionals who are passionate about an exciting new approach to helping people combat the aging process in a holistic manner. Led by medical director Martin Bloom, M.D., a practicing cardiologist in the Boca Raton area for more than 40 years, the team includes co-founders Jonathan Globerman, Ross Bloom and Keith Foulis. Together, they offer a personalized approach to achieving optimal health through customized treatment plans.

How? The biostation uses a unique bioID process -- a blood analysis that reveal biomarkers within your body's



From left to right Biostation co-founders Jonathan Globerman, Ross Bloom, Dr. Martin Bloom and Keith Foulis.

chemistry that can be used to help you prevent illness and treat existing ailments from a more natural and holistic standpoint.

"You can only improve what you can measure," said Globerman. "Once you have your bioID, the [team] can get you on a path to feeling your best through a variety of treatment options."

This approach supports Bloom's Continued on page 9

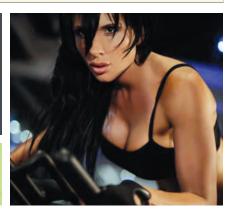


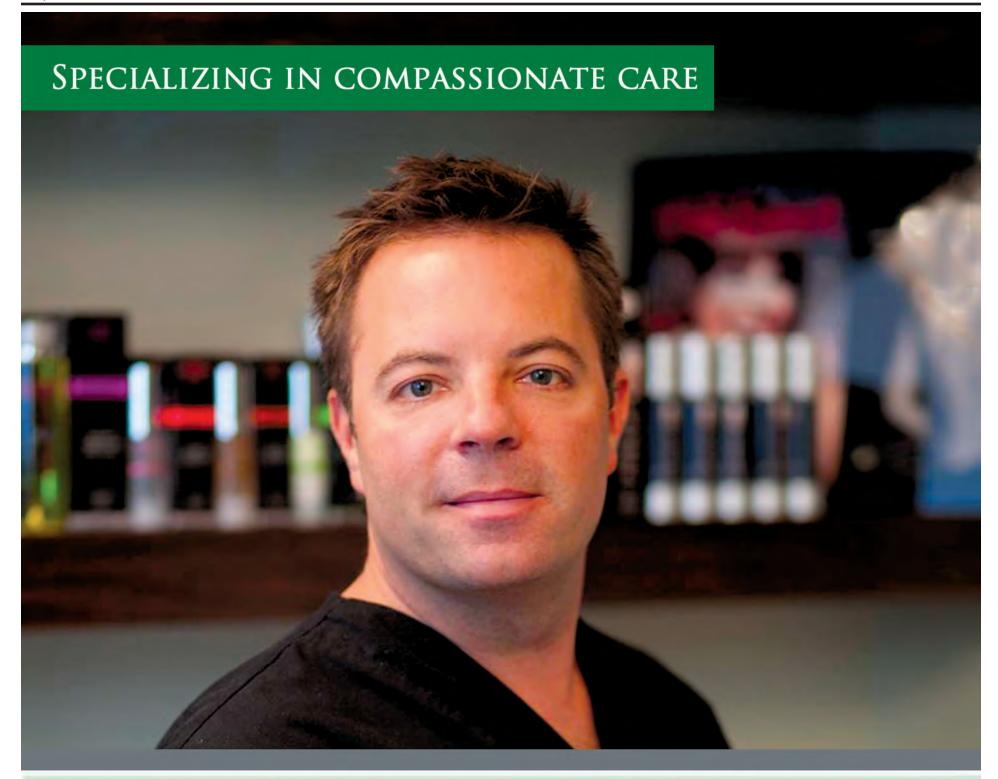
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Stagnation leads to inflammation

By Edward Scarlett

Special to The Pineapple

One of the more important things I have noticed over the last five years is how many people are at jobs that cause them to be immobile for up to eight hours a day. Many people work on computers, at administrative and executive jobs. This kind of immobilization and bodily stagnation can definitely lead to inflammation in the body. I am seeing this in more and more people with low back pain, neck pain, shoulder pain, elbow, wrist and hand pain.

The body was designed to move. This optimizes function. When people sit for a long period of time breathing changes and metabolic activity slows down which contributes to compression on specific areas of the muscularskeletal system? It also contributes to their circulation becoming impaired. This compromise to circulation can lead to a buildup of metabolic waste which starts to create inflammation in the cells of the body.

These unwanted acids and cells are part of the metabolic waste that can interfere with nerve conduction, organ and muscle function. This interference leads to the individual being notified that there's a problem by way of a symptom. This symptom is quite often pain. The pain is created in part from a cellular swelling and irritation in the area from an over usage or being stagnant. Such as sitting or sometimes even standing in prolonged positions. This is very significant because it can lead to degeneration in the condition. This may seem like a simple concept of 'how pain is created', but once again I am noticing clinically, over the last 4-5 years, that people are coming in with pain syndromes that are caused from an aspect of being too stagnant. People seem to be longer moving or exercising enough or correctly. We lead busy lives, and sometimes forget or are unaware of what the body needs in order to move freely and optimally without pain.

Once again, it is essential to take breaks throughout the day. Take a 20 minute walk, or do some stretching, or at the beginning or end of a day go to an exercise class. When people come to me with pain that has been caused by stagnation, I use a combination of acupressure and heat to increase the circulation to the area of pain. This helps the blood and lymph to mobilize out metabolic waste that has accumulated due to the irritation that was created in the area. I then apply acupuncture as a way to open the channels, balance the meridians, increase circulation to the area and through increased circulation eliminate inflammation.

The human body is not designed for immobilization, rigidity, or being in stationery positions for long periods of time. This creates swelling, rigidness, fixated muscles ligaments and tendons and overall stagnation the body. The body internally is in a constant state of motion. Anytime we interfere with movement intensely of significantly enough we are made aware of this through the above mentioned symptoms.

Let's get up and move, move, move.



Edward Scarlett is the Clinical director and owner of Alive and Well Acupuncture. He is a state certified Acupuncturist and an expert in multiple $styles \quad of \quad acupuncture.$ He also has extensive training in acupressure and deep muscle therapy techniques. He specializes in acute or chronic pain, along with

digestive and hormone imbalances.

Visit www.AliveandwellAcupuncture.com



WellFest Delray 2015 to offer unique marketing support to exhibitors and sponsors

Then Patrick Halliday joined Bob Lipp as the new leadership team at WellFestTM Delray, the objective was to get behind the businesses that got behind the event, and to add new attractions focused on increasing attendance.

Both Patrick and Bob had already enjoyed a number of marketing successes, prior to deciding to work together, and agreed to focus their proven skills on growing the significance of the event, while helping to brand Delray and surrounding communities as leaders in promoting wellness and green

"As a board member of Human Powered Delray I participated in the second WellFest and I liked what I saw," said Patrick. "But there was a lot more to do and I was very pleased to team up with Bob to enhance this very important event."

For starters, WellFest Delray 2015 has a number of ideas to support the businesses who Exhibit and Sponsor at the event. That includes a Free WellFest Directory, which will appear in a major health and wellness related newspaper distributed throughout South Palm Beach County. Discussions are underway with other media to support this

Plus, Exhibitors and Sponsors will get a free online Geo Sale listing, provided by WebXL, that will appear on all smartphones. With GEO sale, Exhibitors and Sponsors can be listed for Free in GEO Blvd. Geo Blvd is similar to a virtual shopping mall where businesses can offer their services, coupons, special offers to thousands of consumers

"In 2015, businesses that offer and support environmentally-friendly initiatives and "green" alternatives will also be an important part of the event," said Bob, the event creator. "Patrick is a leading proponent of that change and frankly it makes a lot of sense, since it speaks to the "WellFestaudience."



Commenting on this expansion of the event, Patrick added, "In the last event, Smart Car was a Sponsor and based on their success they plan to be back in 2015 as part of a much larger attraction focused on "healthier" alternatives in a range of areas. This will include a healthy Biking Village.

Among the new Sponsors, Fit Food Express will be the exclusive healthy food

"We are excited to be an important part of WellFest Delray 2015, stated Dean Pagni, CEO of Fit Food Express. "We believe in what WellFest is all about and we plan to be there with some of our popular menu items."

Some of the other events planned for WellFest Delray 2015 included expanded live music, a family area where kids can learn about eating better and staying fit, and other surprises the event organizers will be revealing soon.

WellFest has also formed a group on Facebook, which is continuing to grow to provide a format for people to connect online. The link is: https://www.facebook. com/groups/WellFest/

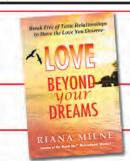
Plus, Exhibitors can now sign up for Early bird pricing by visiting www.WellFestUSA.

"WellFest is a unique event here in Delray," adds Lipp. "With so many of the current events being about food and beverage, WellFest will address the growing movement to green up our environment, while enjoying the benefits of a "WellFestlifestyle" in the personal choices we make.

With the proceeds from the 2014 event, WellFest was able to fund "self-esteem" programs at two local Delray schools, Banyan Creek Elementary and S.D. Spady Elementary. As the event grows, additional schools, in and around Delray, can look forward to funding for related programs.

For further information, email Bob@WellFestUSA.com or Patrick@ WellFestUSA.com.





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New Boca Raton yoga studio has incredible deal for new members

Yoga isn't just about showing up on the mat. It's about showing up in your life, in your day; it's about opening your heart while standing firm and strong and believing in Kathryn E. Livingston

BOCA RATON, FL - Working your body and finding inner peace doesn't come cheap when classes range from \$15 to \$20 a pop. Luckily, you live in the Boca Raton/Delray Beach area and Yoga Aura is there with incredible yoga deals to be had!

"Our goal is to empower our students to 'believe they can,' and to do things they never thought were possible," states Laurie Levenstein, owner of Yoga Aura. "We're here for students that may be showing up for their first class, trying to get back in shape, or looking to feel better mentally or spiritually."

Yoga Aura has classes designed for all levels - beginners as well as more advanced practitioners. Some of the many classes offered are Hot Flow, Hot 26 (Bikram-based), Hot Power, Hot Candlelight Flow, Yin Yoga and more. For those looking for a bit of excitement, Yoga Groove class is offered on select dates, done to House/Dance music with a fantastic light show! Yoga Aura is the only studio in the area that features this type of class.

Yoga Aura believes, "everybody should do yoga. It can open your eyes to what you never thought possible. Yoga Aura is also known, as Hot Yoga Boca Raton, but that does not mean all of the classes are heated, they do offer some warm classes as well."

"The 2014 schedule will feature over 30 classes per week to accommodate all times, all days and yoga students of all levels. www. yogaaura.com. We anticipate that Yoga Aura will become a very popular spot within the

If you suffer from back pain, then you know how it can make you miserable. You may have tried ice packs and massages to relieve the pain, but a better alternative might be a yoga class. Yoga's focus on balance and strength has been proven to help back strength and increase circulation, which can often provide relief. Yoga Aura currently offers a New Student Special: drop in and pay only \$15 for your first two classes, or bring a friend for free instead.

If you are feeling a bit overweight or just plain out of shape, yoga will increase muscle tone and burn calories. One session of hot yoga can burn 600-700 calories per hour. Consider maybe a Hot Flow or Hot 26 class to start out. Perhaps you love the burn of weight lifting and the relaxed Zen-like feeling of yoga. If so, try a Hot Yoga Sculpt class practiced with hand-weights. No matter what your age, yoga is for everyone!

Visit them out on Facebook at:

https://www.facebook.com/ YOGAAURALOVESYOURAURA for fantastic opening special prices or just drop in for a visit at 2910 B North Federal Hwy in Boca Raton or call 561-409-0811 for more information.





briefs

Delray Beach Bridge Club joins nationwide effort to raise money for Alzheimer's research

DELRAY BEACH, FL - Members of Jourdan's Bridge Club, led by team captain Ora Lourie, will join hundreds of bridge players across the country to raise money for The Longest Day - an annual fundraising event for Alzheimer's research held by the American Contract Bridge League and the Alzheimer's Association.

Lourie, who has lost someone to Alzheimer's disease, has set a team goal to raise \$1,600 by playing in a marathon bridge game for 16 hours on the longest day of the year – June 21.

With an average age of 69, ACBL's members – most of whom play regularly at local bridge clubs - are significantly affected by Alzheimer's disease. By raising funds as part of The Longest Day program, bridge players are able to honor friends and loved ones who have been stricken with the disease while also keeping their own mental skills sharp, according to the ACBL and the Alzheimer's Association.

"Studies have shown strong links between games, such as bridge, and successful aging," said Robert Hartman, CEO of the ACBL. "The game alone challenges and stimulates mental acuity, but there's also a strong social aspect that can aid with successful aging. With support from our members like Jourdan's Bridge Club, we can continue raising awareness and funds for the disease and hopefully introduce bridge to a new audience that can benefit from the mental stimulation."

This is the second consecutive year that ACBL has coordinated with bridge clubs across the United States and Canada to raise funds for The Longest Day. The sunrise-tosunset event, which is held on the summer solstice, supports the Alzheimer's Association by providing much-needed resources for the care, support and research efforts it leads. Last year, 160 bridge clubs across the U.S. raised more than half a million dollars for the cause. In 2014, ACBL is setting its sights on raising \$750,000, and it plans to increase that amount incrementally each year as more bridge clubs participate in the effort.

"The Alzheimer's Association would not be able to operate successfully without the efforts of groups such as ACBL," said Donna McCullough, vice president of mass market development for the Alzheimer's Association. "The ACBL and bridge players in general are especially important to our association because of the game's potential benefits for preserving mental sharpness, and we're happy to partner with them again this year."

To raise money, the ACBL is encouraging its members to compete in bridge games from sunrise to sunset, which is approximately 16 hours on the summer solstice - the longest day of the year. The format of the event is determined by local club managers.

"We've encouraged our members to be creative and get out in their communities to raise money from bridge players and anyone else interested in joining the fight to end Alzheimer's," said Robert Hartman, CEO of the ACBL. "Many clubs are offering beginner bridge lessons; a great way to involve the community while teaching a fun game that could impact the learner's quality of life in the

For more information about the ACBL, visit www.acbl.org.

Visit alz.org or call (800) 272-3900.

Local Chiropractor to host weekly radio program called "Heal Yourself Radio"

Boca Raton, FL, May 12, 2014 -- (PR.com)-Dr. Gregory Jean-Pierre, owner of Upper Cervical Institute of Florida, P.A., located at 7301A West Palmetto Park Road Suite 304B, Boca Raton, FL will be hosting a weekly radio program on Thursday afternoons from 5-6 PM on AM1470, the Health and Wealth Network.

Dr. Jean-Pierre will be co-hosting the show with Dr. Jonathan Chung to provide insight on the latest trends in alternative and traditional health care. The program will be called "Heal Yourself Radio," and seeks to serve as a guide for people looking to optimize their health and find solutions for chronic health problems.

Dr. Jean-Pierre is a Doctor of Chiropractic who focuses on Structural Correction and is primarily concerned with the upper cervical spine. He graduated from Barry University

Treatment options for pre and post-surgical patients

By Dr. Travis Lamperski Special to The Pineapple

If a patient has had one or more spinal surgeries and is still suffering from pain the term "failed back surgery" is often used and with that carries many symptoms and disabilities. Many failed back surgery patients are finding relief with conservative

chiropractic management.

Approximately 42.7% of workers who first saw a surgeon had surgery to only 1.5% of those who first saw a chiropractor! So, how successful is spinal surgery, and what about the patients who continue to have pain even after their surgery, can chiropractic care help? A review published in the Journal of the American Academy of Orthopedic Surgeons showed that the majority of cases suffering from DDD reported that non-surgical approaches were the most effective treatment option, including chiropractic! The report shows that the success rate for surgical spinal fusion from DDD is ONLY 50-60%.

They go on to write "surgery should be the last option, but too often patients' think of surgery as a cure-all and are very eager to embark on it." A second study reported that, 10 years post-surgical treatment with artificial disc replacement, 40% of the patients treated failed and needed a second surgery within three years after the first. Very similar findings are reported for not only DDD but other spinal related condition, such as spinal stenosis.

What about the success rate of chiropractic care for patients with failed back surgeries? In a 2012 article, three patients who underwent lumbar spinal fusion at least 2 years post-surgery were still reporting

pain. They were treated with conservative chiropractic care followed by rehabilitation for 8 weeks. At the completion of care, all three (100%) had reported clinical improvement that remained up to a year later. A second study reported 32 cases that were also treated with chiropractic care after lumbar surgery resulted in a reduction in pain by up to 64%! Typically, surgery on the spine should be a last resort, but we know that is not always the case. Before opting for surgery or if you continue to have pain after surgery, look into conservative care options that are available.

Chiropractic Neurology integrate traditional chiropractic care with highly advanced neurological rehabilitation procedures and evidence based modalities such as nonsurgical spinal decompression, high powered laser therapy and functional neurology to create custom treatment solutions for each patient, pre or post-surgery.



Travis Lamperski Certified ChiropracticPhysician The Conde Center Chiropractic for Neurology. specialized for difficult cases of back-neck pain,

numbness-tingling, vertigo-dizziness balance disorders, fibromyalgia, migraines, AD/HD, autism, and dyslexia. Visit www.thecondecenter. com. or call (561) 330-6096, or email drlamperski@ the condecenter. com.



with a B.S. in Sports Medicine, Athletic Training. Dr. Jean-Pierre then went on and received his doctorate from Logan University's College of Chiropractic.

AM 1470 WNN The Health and Wealth Network is a part of the Beasley Broadcast Network, and broadcasts throughout Broward and Palm Beach County. The station's programming is primarily focused on topics in health and finances.

"It is an honor to be a part of the WNN Programming. My goal is to help as many people as I can find answers to their health questions. People are always searching for legitimate sources for health information, and the growth of the internet has made it harder to find out what's real and what's not. I hope that this program and the experts we bring on board can be a resource that people can trust for information on health, fitness, and well being. I appreciate WNN for giving me a medium to reach people all over Palm Beach and Broward County," said Dr. Jean-Pierre

Contact: Ariel McGirt (561-409-3594) or Uppercervicalinstitute@gmail.com

Signature Veterinary Care, an inhome concierge service for pet owners launches in South Florida

Dog parks and beaches in nearly every city; toy dogs in strollers throughout the mall; and water dishes lining outdoor shopping markets and streets. It's obvious, in the South Florida market, pets are family. Meaning they are cared for, comforted and loved by their owners no differently than if they walked on two legs. It is therefore no surprise that the want for concierge and VIP veterinary treatment is on the rise. Benjamin J. Carter, DVM, a longtime South Florida resident and pet parent to three dog rescues, saw the need with his own clients and quickly founded and launched Signature Veterinary Care, an in-home concierge service for your and your pet, in early 2014. Signature Veterinary Care is currently serving clients in the Boca Raton, Delray Beach, Boynton Beach, Deerfield Beach and Parkland markets.

"When I started practicing veterinary medicine I quickly realized that five minutes with a client wasn't enough time to give quality guidance and care," said Dr. Carter. "I did a few house calls for select clients and immediately saw how relaxed both the owners and pets were in their home environments. The insight I was able to gain was beyond what I expected and from then on I knew in-home concierge medicine was the type of practice I wanted to create."

Signature Veterinary Care offers a range of services to its clients including: In-Home Wellness Exams, Sick Visits and 24/7 Emergency Triage, Vaccines and Preventive Care, Bloodwork and Diagnostics, Non-Anesthetic Dentals, Nutrition Counseling, Routine Surgical Procedures, Euthanasia and Hospice Care. In-depth information on the right treatment plan for you and your pet can be found on Signature Veterinary Care's newly launched website www. signaturevetcare.com.

JUICING - continued from Health Section page 1

My Organic Juice

Boca Raton www.myorganicjuice.com 561-405-8156

Just over a year old, Boca Raton's My Organic Juice is serving up some of the most delicious and nutritious juices in South Florida. It's thanks to founder Karolyn Fox, who -- after battling celiac disease and cancer -- attended nearby Hippocrates Health Institute in West Palm Beach to learn how to heal herself through raw, living foods. During that process, she became more familiar with juicing and began feeling healthier. It changed her life so completely that she is now cancer-free and living without celiac symptoms and decided to share her success story with others through juice. Today, all the recipes are geared towards healing and health, and the company is committed to using only organic ingredients, most sourced locally from nearby farms. If it isn't organic, it isn't juiced. While the Ceylon cinnamon infused almond milk is to die for, the green drinks are where you'll get your biggest nutritional bang for you buck. Our pick: the El Mas Fuerte that features E3 Live, chlorophyll and dandelion.

Swami Juice

3100 NW Boca Raton Blvd., Boca Raton 855-GO-SWAMI

Boca Raton-based Swami Juice had an exciting -- and fruitful -- 2013. The brainchild of late founder Boca Raton's Stephen "Jak" Jakobot's signature juices has grown from just five recipes to more than ten in the past year alone, including his original "sunscreen," made with carrots, oranges, apples, ginger, turmeric, and cinnamon. Swami also offers several green drinks dubbed cute names like the Bush Doctor and Yo Greens. Swami has also become well known for its one- to five-day juice cleanses. And unlike many coldpressed bottled juices that add too much fruit to appeal to the masses, the high-vegetable content of each Swami recipe has made them popular for local patrons battling illness through nutrition thanks to a two-step, cold-press process that ensures maximum nutrient content is retained for each juice. Delivery is also available, and free when you purchase six juices or more.

Juice Buzz 6 NE 5th Avenue, Delray Beach 561-278-6122

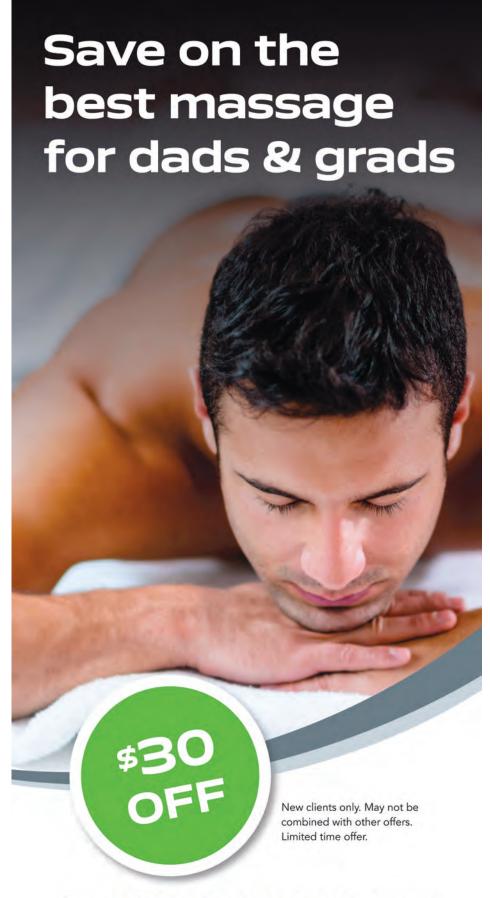
A newcomer to the downtown Delray Beach Atlantic Ave. scene, Juice Buzz opened last year offering organic cold-press fresh juices made to order with a distinctive yogi vibe. Maybe that's because the owners are yoga instructors, and believe in finding the "om" through both their practice and diet. The menu is extensive, and customizable depending on what you want. Choose from and there's a variety of healthy addins available like bee pollen, ginger, wheatgrass and E3 Live make it fun. Feeling a little more fruity? There are also several smoothies available, featuring all organic ingredients. Our pick: The Mother, with pineapple, beet, carrot, orange, ginger and lemon.

PurEnergy Juice Bar

302 NE 4th St, Delray Beach

561-330-4525 www.fitfoodexpress.com
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MY MOM'S LAST ADVICE AND MY FIRST TIME LISTENING

BUILT IN

A DAY

by David James

Te all just stared as the box floated down under the current, each of us in shock hearing the end of her favorite song and watching the water submerge

what was left of the biodegradable material, holding inside it almost 70 years of life, memories and love. We watched as it went under the water almost in sync to the very last note to Rod Stewart's "Forever Young". She always had a flair for the dramatic, and this was her way of letting us know, even in death, she could be fabulous.

Standing on that boat I had comfort, and less of a fear of the afterlife. And I knew, more than anything, that she was in a good place, and will always be with each of us. Her very last wish was to have her ashes brought to Key West, and spread on the water by her children, all the while taking a direct path through the small island and stopping at her favorite spots, celebrating her life the entire time. We upheld her wishes despite the tears.

On my sister's birthday, February 19, 2014, my mom went into Boca General Hospital with

shortness of breath. Exactly one month later, on her father's birthday March 19, 2014, she passed away at Hospice by the Sea in Boca Raton from (ALL) Acute Leukemia, a rare form of cancer that only effects 600 women a year. My mom was 69.

Within that one month, my sister, brother-inlaw, girlfriend and I all experienced something indescribable, both tragic and beautiful, that changed each of us forever. We experienced a true sense of what is really important. We learned that in the end, all the money, worries, arguing, wants, disappointments and failures; all but disappeared. The only things left were our love, and the memories we shared together. What she taught me is that life is a series of events and reactions that are completely determined by free will, and it goes by really quick if you're not paying attention.

During her time at the hospital and hospice it dawned on her that our reactions to events and circumstances determine our happiness while we are here. It was that simple. There was always free will. Deciding to focus on the positive makes for a better life. In the end, all her jobs meant nothing other then the friendships formed. Her car was of no importance other than the places it took her, and the value of her home was equal to the wonderful memories we shared inside. We had lots of love and plenty of free will to be good to each other, and in the end that was all that mattered.

For those that find it difficult to appreciate those everyday moments, or are stuck in the rat race, realize that this is a wake up call to live each day to its fullest potential. I've come to realize that we create our lives, much like a movie. Yes, there are circumstances that are beyond your control, and

some situations are harder than others, but our reactions are always based on free will and how we respond. These reactions will determine your life's story. They will create the story you want, or don't want.

I miss my mom dearly, but I chose to react to her death with appreciation for the final bit of advice she left me, and with gratitude that I can now share this with you. Hope this article finds you well, and maybe opens your eyes up to the potential each reaction brings. Now go do something different and create a good story.

Write me at: DavidJames.Yoga@gmail. com or call 561-929-8905

Therapeutic Massage is for Men TOO

By Michael Church Special to The Pineapple



proven a statistic. More women than men enjoy the benefits of regular therapeutic massage. According to the American Massage Therapy Association (AMTA), national studies reveal 40 percent of

women and only 29 percent of men reported seeing a massage therapist in the past five years.

So to the 71 percent of men out there not experiencing massage, what's the problem?

According to many experts, including licensed massage therapists, here are some of the questions about massage that men always want to ask, but are too embarrassed to ask....

- 1. Do I have to undress and if so, will the therapist be there when I undress? Nudity is indeed the number one concern for everyone getting a massage. But don't worry; you should always undress to your level of comfort. It's perfectly acceptable to leave on your undergarments and sometimes more, depending on the areas that need attention.
- 2. What if I have a certain body part that I'm self-conscious about? People are indeed concerned about their bodies for a variety of reasons; overweight, scars, excessive body hair, etc. Don't worry, massage therapists are used to seeing all shapes, sizes and condition of the body and they have an entirely clinical perspective, no different than any other health-care provider. However, if there's a certain part of your body you really are subconscious about, just ask the therapist to avoid it.
- 3. I always chat when I get my hair cut, should I talk during the massage? If you want to talk, feel free, but don't feel compelled to do so. This is your time to recuperate and

relax. The therapist should check in with you during the massage to make sure the pressure level is correct and that they're addressing your concerns. Of course, always speak up if anything is uncomfortable or you if forgot to mention something during the pre-massage consultation.

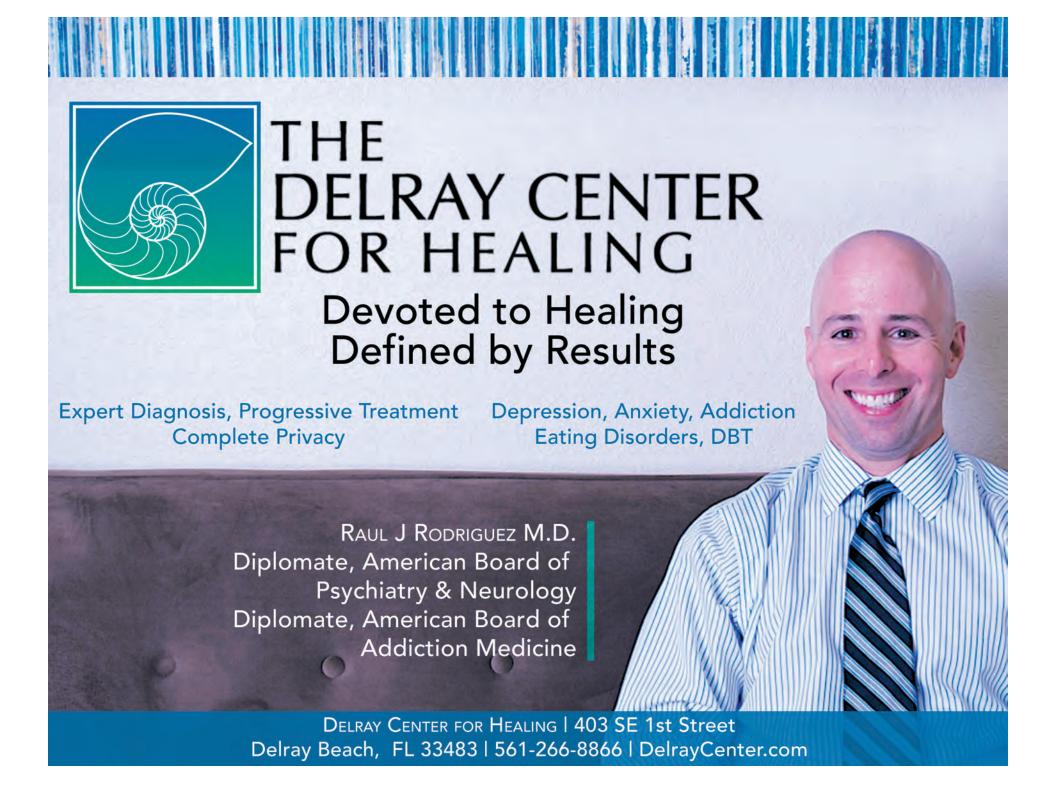
- 4. What if I'm uncomfortable with a male (or female) therapist giving me a massage? Don't ever hesitate to specify that you would prefer a female or a male therapist. In fact, most massage studios will be upfront and ask you for your preference, before you have to ask
- 5. If it's a therapeutic massage, am I supposed to tip? I don't at the doctor's office. Whenever you're pleased with the massage services, a 15 to 20% tip is standard. However, if you're in a clinical/medical setting there really aren't any ground rules. When unsure, don't be afraid to ask if tipping is customary either when you arrive or call ahead.

So your basic questions are answered and you're ready for a massage. What type of massage do you want to experience?

Most massage studios offer a wide range of massage options, which can also be confusing. For many men, a good place to start is with a therapeutic sports massage. This is a type of massage technique that focuses on treating soft tissue aches and pains associated with recreational activities.

You don't have to be an Olympian to benefit from sports massage. Whether you are a regularly sports enthusiast or an occasional athlete (even just a "walker"), a sports massage is the perfect way to relax tight, overworked muscles with a mix of techniques and stretches. The areas may include the hamstrings, quads, calf muscles and glutes. It also helps reduce adhesions (knots in the muscles)

Elements Therapeutic Massage Boca Raton 5030 Champion Blvd Boca Raton FL 33496 michaelchurch@elementsmassage.com



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Dr. Travis Lamperski, Chiropractic Physician



Dr. John Conde, Board Certified Chiropractic Neurologist

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FAU - continued from Health Section page 1

wellness of university community members. This initiative is being led by guidelines established by the American College Health Association and tied to national Healthy People 2020 objectives from the Department of Health and Human Services.

Smoking has been identified as the number one preventable disease and cause of death in the U.S. and is responsible for over \$193 billion in yearly medical expenses and lost productivity. The 2014 Surgeon General's Report on the health consequences of smoking reports that there is no safe level of secondhand smoke and quitting tobacco use is beneficial at any age. With the documented health risks associated with tobacco use, the FAU Healthy Campus 2020 Initiative identified this health issue as a key objective to tackle

The FAU community has been directly addressing the health concerns of smoking since 2008.

When students attend college, it is a critical time in the development of their lifestyle habits. This creates an opportunity to promote sustainable healthy behaviors in students. Since one-fifth of adult smokers begin using tobacco products after age 18, FAU has an opportunity to help promote a healthier alternative. Smoking bans have decreased smoking prevalence and the amount smoked by those who continue to smoke.

FAU is committed to helping students, faculty and employees manage or overcome their tobacco use. A major campaign will be launched over the next year to provide cessation classes and assistance for those seeking help with changing their behavior. This tobacco-free policy does not require individuals to quit smoking or using tobacco products; it only requires that this behavior does not occur on FAU property.

For more information related to the policy, please visit the Office of Health and Wellness website. The focus will remain on education and assistance as the university moves forward towards the implementation date. All members of the FAU family are encouraged to work together to help create a healthier place to live, learn and work.

How a father's love revolutionized hearing technology

am Thomasson describes the day his daughter Kate was born as the happiest of his life. When Kate was a toddler she lost most of her hearing due to a sudden illness. Extensive testing revealed that Kate's severe hearing loss was permanent and could not be corrected. Kate was fitted for conventional hearing aids in an effort to improve her quality of life.



The Challenges Set In

As Kate grew, it became apparent that the devices were ineffective. Dinners out with the family were not enjoyable, as the loud restaurant environment made it impossible to hear conversations.

Unable to participate, Kate felt isolated. When riding in the car, the irritation of road noise caused incredible discomfort. Undeniably, the worst frustration came from her attempts to hug others. When her parents and grandparents held her close, Kate's hearing aids squealed, causing her pain. Kate began "hugging" by pressing her forehead against the other person's chest, which was particularly heart-wrenching to those who loved her.

The Impact on Kate's Speech

Like many hearing loss sufferers, Kate's severe impairment profoundly affected her speech, and her traditional hearing aids failed to 'recognize' critical high pitch speech sounds. Kate endured almost ten years of speech therapy so she could learn that the "s", "t" and "ch" sounds existed, how to say them, and in which words they could be found.

Sam's Determination as a Father

Out of frustration, Kate hid her hearing aids in vases, under her bed, and even in the toilet. Like other concerned fathers, Sam decided that something had to be done to improve Kate's life. An accomplished electrical engineer who worked on products such as computer chips and pacemakers, Sam began poring over design specifications of the leading hearing aids. He installed an electronics lab in their home and worked nights and weekends - with Kate often at his side - to develop hearing aids that would solve issues like feedback, background noise and poor sound quality. Ultimately, Sam and his team of dedicated engineers amassed 57 ground-breaking patents with technology that can only be found in Zounds products.

and help others through technology. When she doesn't have her nose in the books, Kate enjoys music, dating, spending time with good friends and loves convincing new friends that she really does have a severe hearing impairment!

During school breaks, Kate works with the Zounds team on new technologies that will continue to change lives.

"It is so amazing that my dad created these hearing aids for me – it has changed my life and made so many wonderful things possible. It is also humbling to know that thousands of others are being helped by them too! I can't express how blessed I feel."

- Kate Thomasson

New Zounds Hearing Center Opens in Boca Raton

Zounds Hearing will be celebrating the official opening of its new Hearing Center at the Polo Club Shoppes on June 12. The opening will include a ribbon cutting ceremony with the Boca Raton Mayor and Chamber of Commerce, along with free hearing screenings for attendees.

ZOUNDS

The Rest of Kate's Story...

When Kate was sixteen, she received the first prototype of the Zounds power hearing aid. Kate's life changed the moment she put them on. She heard the strings of a guitar for the first time and could finally enjoy music – a very big deal to a teenager. More importantly, she could actually hear the sounds she had struggled to imitate for so many years, as well as speak more clearly.

Kate is now in college, studying electrical engineering. Inspired by her father, she wants to follow in his footsteps

Zounds Hearing Boca-Delray is open Monday-Friday from 9am to 5pm and offers free hearing tests, same-day fittings, repairs and consultations. Appointments can be made by calling (561) 288-1610.

About Zounds Hearing: Zounds Hearing designs, manufactures and retails high-performance hearing aids for use with mild, moderate, severe and profound hearing impairments. Headquartered in Phoenix, Arizona, the company's technology enables breakthroughs in product, performance, selection and value. For more information, please visit www.zoundsboca.com.



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BIOSTATION - continued from Health Section page 1



practice of functional medicine, or working with a patient to uncover the source of their ailment, and determine what is needed to optimally treat the patient -- not a disease or condition.

"Functional medicine has many dimensions, but a big part of this approach to health and wellness is nutritional medicine," Globerman said during a recent interview. "That involves looking in-depth at a person's nutrient needs and supplementing based on his or her bioID. Rather than taking a laundry list of supplements, the biostation can instead

develop nutraceutical therapies that will have a direct effect on how you feel every day. Customized regimens of pharmaceuticalgrade essential vitamins and amino acids, delivered by IV or shot, pack a powerful quality-of-life boost."

So, exactly what is functional medicine? Here's an example. You're a man in his mid-50's, who isn't sleeping well. You're tired all the time, and lack the vigor you had in your 40's, and younger. You go to the doctor. Your doctor asks a few questions, glances at your chart, and recommends a prescription for

sleeping pills.

At the biostation, Bloom and his team take a drastically different approach.

"As a physician who practices functional medicine, I would approach the appointment very differently. My role is to dig as deeply as needed to discover how to not only fix the problem, but also restore the patient's quality of life," said Bloom. "We examine the patient and discuss health history... and other factors that might make the person lose sleep. We administer tests to uncover often hard-to-find imbalances in vitamins, nutrients, and hormone levels."

From there, bioID test results allow for a plan that not only addresses the immediate problem, but also offers lifelong wellness and quality of life. All of this won't happen in a five minute appointment, however. This backand-forth conversation and analysis often takes an hour or more, and treatment plans can be anywhere from a few visits, to a year of regular nutraceutical treatments.

The biostation offers hormone replacement therapy, nutrient and nutraceutical injections, as well as nutrient IVs. Although most IV and nutraceutical treatment plans require a bioID blood analysis that range in price from \$99-\$349, anyone looking for a quick burst of energy can stop in for a shot at the bioBar, where a menu of nutrient B12 injections are available. Start with the bEnergized, packed with methylcobalamin (\$10). Want to boost immunity and mental clarity? Try the bDynamic with vitamin C and amino acids (\$20). The bOptimal is a mega-



After earning his medical degree from the Autonomous University of Guadalajara in Mexico, Dr. Martin Bloom returned to the United States and completed his residency at Jackson Memorial Hospital in Miami. In 1978, he opened his own cardiology practice in Boca Raton, where he continues to practice today. His areas of specialization include Bio-Identical hormone replacement therapy, cardiology, age management, functional medicine, integrative medicine, IV nutrition and medical weight loss.

nutrient shot, a powerful mix of vitamins with the addition of methionine, inositol, choline and chromium (\$25).

The biostation will be celebrating its grand opening this month, and is located at $3100~\rm S$. Federal Hwy. in Delray Beach. For more information on the biostation visit the website at www.thebiostation.com, or call (561)~257-2511.



The Mecca of Tennis and Golf

By Dr. Marilyn Shore

Special to The Pineapple

Yes, Florida, the mecca of tennis and golf. Myself, I'm a tennis player. Tuesday and Thursday mornings, nothing gets in the way of my tennis game. I'm not alone. The people I play with mostly play 5 to 6 times per week. The same goes for golf. Many of my patients are serious golfers. Both, so much fun! Both hard on the spine!

Repetitive, unnatural movements, like severe twisting or stopping short, can have harmful effects on the spine. Vertebra can go out of alignment putting pressure on the spinal nerves that exit those bones. The crazy thing is that you don't have to feel pain, even when there's pressure on those nerves. Sometimes it takes months or years to express as symptoms.

And not just pain. The nerves that exit the spine come from the spinal cord, which comes from the brain. The brain controls everything, not just the muscles or bones. So, if you have a vertebra out of alignment, it doesn't allow full flow of nerve energy from the brain to all the parts of the body, and eventually symptoms show up, which may be pain, but can also be fatigue, weak immune system, stomach problems, allergies, headaches, blood pressure problems, to name just a few.

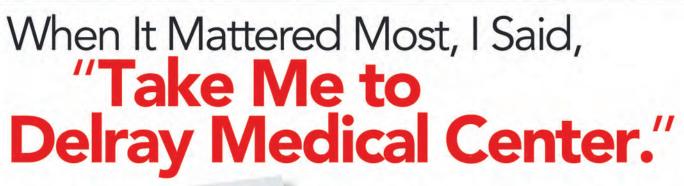
Before I started to get Chiropractic adjustments, I didn't have any aches or pains and I was a serious athlete. But I did get bronchitis, 4 or so times per year since I was an infant. After getting care for a few years, I noticed I didn't have bronchitis for more than a year. And, I've had infrequent episodes since then. That was 30 years ago! When my vertebra was aligned, the pressure was taken off the nerve system, allowing me to have full flow of nerve energy, my immune system was stronger, My patients notice the same thing. They don't get sick as frequently, and if they do, they heal faster. My golf and tennis players often have greater success in their games, as their movement is more balanced, their range of motion is improved, and they have more energy. A win in all ways!

So you can see that Chiropractic is for more than just back pain. It's for a better LIFE!

Enjoy your summer!

ADIO, Dr. Marilyn

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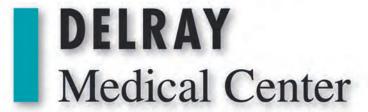




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City of Delray Beach **Parks and Recreation**

New programs at Veterans Park for the Summer 2014

ZUMBA GOLD

Ongoing - Tuesdays 3:00 pm - 4:00 pm Thursday 8:45 am - 9:45 am Fridays 9:30 am - 10:30 am Ages: 55 years of age and older
Location: Veterans Park, 802 NE 1st Street
Cost: \$5 residents, \$6 non-residents (per class)
Zumba combines invigorating Latinirispired dance music and moves including Merengue, Salsa and Flamenco to improve physical health, balance, memory and posture. Zumba Gold® is an easy-to-follow program that lets you move to the beat at your own speed. It's an invigorating, community-oriented dance-fitness class that feels fresh, and most of all, exhilarating! Zumba Gold® classes provide modified, low-impact moves for active older adults or Zumba beginners. Get in shape, have a blast ...and dance your cares away!!!

Ongoing - Wednesdays Times: 9:00 am - 10:30 am Cost: \$10 residents, \$15 non-residents

Cost: \$10 residents, \$13 non-residents
(per class); 6th class free
Location: Veterans Park, 802 NE 1st Street
A Peaceful Practice to Enhance Your Life! Yoga postures (called asanas)
work with your body to strengthen muscles that will support and help elongate your spine for improved postural alignment and balance. This creates a more youthful energy and efficiency of movement as well as a more youthful appearance. The end result is increased mental clarity, emotional stability, and a greater sense of overall well-being.

QIGONG (Chi Gong)

QIGONG (Chi Gong)
Ongoing - Saturdays, 9:30 am - 10:30 am
Location: Veterans Park, 802 NE 1st Street
Ages: 14 years of age and up
Co \$5 residents, \$6 non-residents (per
class) Instructor: Philip Craig Davidoff, Certified
Qigong & Yoga instructor
Participants will learn and practice ancient breathing and stretching
techniques that are easy yet very effective. Perfect for our contemporary
lifestyle. Leaves you feeling peaceful and comfortable in your body. Some of
the benefits of these techniques, which originate from the Qiqong and Yoga the benefits of these techniques, which originate from the Qigong and Yoga tradition, include restorative sleep, increased energy, more effective metabolism for weight stabilization, boosted immune system, reduced stress and much more! This class is dedicated to the Health, and Spiritual Development of All.

BELLY DANCING

Ongoing - Wednesdays, 1:00 pm - 2:00 pm Location: Veterans Park, 802 NE 1st Street Ages: 14 years of age and up Cost: \$5 residents, \$6 non-residents (per class)

Belly dancing is a non-impact, weight-bearing exercise and is thus suitable for all ages. Many of the moves involve isolation, which improves flexibility of the torso, helps burn fat, improves circulation, increases joint flexibility and reduces stress. Belly dance moves are beneficial to the spine, as the full-body undulation moves lengthen (decompress) and strengthen the entire column of spinal and abdominal muscles in a gentle way. Dance with a veil while building and strengthening upper body, arms and shoulders. It is a good exercise for the prevention of osteoporosis in older people. Join and meet others who share your love for dance. Belly dancing is a fun, safe, low-impact dance class for all ages.

For a complete list of Parks and Recreation programs and activities, please visit the website at www.Mydelraybeach.com or call 561-243-7350

The Great Legalized Marijuana Debate Part 3

By Dr. Raul Rodriguez Special to The Pineapple



Cannabis is not without problems. Within the context of the legalization debate, the single greatest problem is how younger generations will be affected. Much of the population, but especially younger segments, conclude that pot has been

legalized because it is safe and free of problems. I have seen this already, time and time again here in Florida, with teens generalizing the legalization of cannabis in Colorado and California to include all cannabis everywhere. This has already led to heavier consumption that is starting at younger and often pre-teen ages. This results in neurologically immature human brains being subjected to toxic doses of the many psychoactive substances found in marijuana. That exposure has permanent neurologic consequences.

This early use also has a psychological effect where the perceived safety of pot is generalized to other drugs, leading to earlier and broader drug experimentation. The unavoidable result of this is proliferation of addiction to marijuana itself (yes, it does exist and is actually common now) as well as addiction to the ever-growing list of illicit drugs that fuel the nation's drug epidemic.

As defined by the CDC, an epidemic is the occurrence of more cases of disease than would normally be expected in a specific place or group of people over a given period of time. Drug addiction in the United States has reached epidemic proportions and continues to grow. Certain things have been shown to make drug addiction epidemics worse, especially availability and perceptions of safety. The recent pain pill crisis is a good example to illustrate both. Many people who would otherwise never have gotten into opioid addiction did so because a clean little blue pill with a precisely measured dose is far less scary that a baggie of mysterious powder that seems to have different colors depending on the grade or where you buy it.

Heroin has been around for ages but opiate addiction really took off when the pill mills were selling oxycodone like if it was the newest version of the iPhone. The combination of perceived safety and availability quickly resulted in the pain pill epidemic. Once addiction develops it is treatable, but not curable.

A second epidemic developed when the pill mills were shut down and the supply of heroin continued to increase. Because they were already addicted to one opioid drug, a transfer to the increasingly abundant heroin was very easy. Most of the northeast coast is still trying to figure out what to do about their heroin epidemic.

The pain pill and heroin epidemics are actually good predictors of some of the expected trends with legalized marijuana. We already discussed perceptions of safety. Availability of cannabis would surge, and to a greater degree than in Colorado and other states. Florida, especially South Florida, is very entrepreneurial and is very quick to jump on the next big cash cow. Remember when every strip mall in Broward and Palm Beach counties had a pain clinic? It would be less than 2-3 years before we saw equally, if not even more marijuana dispensaries. Colorado is already having great difficulty even attempting to regulate the dispensaries in their state. A similar problem would be seen here, with the difficulty and delay in regulating the pill mills in Florida being the prime example of how it would look.

So why are pain pills and marijuana so difficult to manage? This difficulty has to do with the principle of "legalized vice". Humans really like vice. They go out of their way to break laws and spend large amounts of money to get vice. So what happens when you legalize it? In the human mind, it is still vice. but now just easier to get.

Pain pills were actually not widely considered vice until one of them came out that could be easily crushed and snorted or used intravenously. Marijuana has always been a vice. Legalizing it will not change this conscious, if not at least subconscious perception. Like other vices, cannabis is typically not consumed in small or precise quantities. It is most often consumed to excess, to a point of intoxication. Medications are taken in small and precise quantities. Good luck breaking that habit with medicinal

Medicinal marijuana is not without benefits, but it is also not without serious problems. It will help many people with certain specific conditions, but unfortunately will hurt far more, due to human vulnerability to vice, and problems with the culture we all live in. The overall risks of legalized cannabis to a large segment of the population far outweigh the potential benefits to a very small segment. I am certain it will be legalized, due mostly to the financial benefits, and unfortunately I am also certain that the aforementioned problems will also manifest. The best hope to contain the problems is a massive drug education campaign directed at the entire population, but especially our youth.

Dr. Rodriguez is the founder and Medical Director of the Delray Center For Healing. He is board certified in both Adult Psychiatry and Addiction Medicine, with a clinical focus in the treatment of addiction, eating disorders, mood disorders, and anxiety. The Delray Center For $Healing\ is\ a\ comprehensive\ outpatient\ treatment$ center that incorporates the most advanced psychotherapeutic and psychopharmacological modalities in the treatment of complex multiple

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YOUR NEW WALK-IN URGENT CARE CENTER WHEN WAS THE LAST TIME YOU MADE AN APPOINTMENT TO GET SICK?

Depression and Exercise

By Jay Bozios

Special to The Pineapple

hances are that someone you may know, or maybe even you yourself, will suffer from depression and its potentially debilitating effects at some point in your life.

How is one to cope? One of the most popular ways is to take an antidepressant medication. These anti-depressant medications may work, yet the wide ranges of side effects are astounding. Increased anxiety, suicidal thoughts, decreased libido, drowsiness, decreased concentration, nausea...the list goes on and on. Replacing one problem with another doesn't seem like a good answer.

Other suggested ways to deal with depression include psychotherapy, support groups and even pet therapy. Yes, these different treatments may help to battle depression, but they usually don't offer any other health benefits.

What if I said you could fight depression while becoming healthier and fit? Yep, you've guessed it....I'm talking about good old fashioned exercise. Numerous studies dating back to the 1980's show that exercise not only battles depression but also keeps it from reoccurring.

The reason many scientists and studies have suggested exercise as a way to fight depression are because of the many biological benefits. Exercise has been shown to have a way of altering brain chemistry in the same manner as antidepressants yet without all the horrible side effects.

Exercising releases the "feel-good" brain chemicals also known as serotonin. Endorphins also improve ones natural immunity and reduce the perception of pain. Exercise also stimulates the

neurotransmitter nor epinephrine, which may directly improve a persons mood.

In the past doctors, have readily relied on medications to do this but as more studies are being performed on exercise and depression, scientists are showing that exercise raises ones levels high enough to help alleviate depression. In addition to exercise being inexpensive or even free, it is extremely beneficial to the entire body.

Regular exercise offers other health benefits, such as lowering blood pressure, protecting against heart disease and cancer and helps maintain a health body weight. Most people know and enjoy the feeling of accomplishment after good sweat session. Getting the body moving improves selfesteem and self perception too.

Jasper Smits, author of Exercise for Mood and Anxiety Disorder, states that just 30 minutes of daily exercise can improve depression. It doesn't have to be anything specific, just enough to get your heart pumping and blood flowing. Make sure to pick a form of exercise that you enjoy doing and will be able to stick to.

Before getting started on an exercise science program it is best to consult with your doctor first. Go ahead and give it a try, start slow and build your fitness level at your own pace. I think you'll be pleasantly surprised with your results.



Jay is a Certified Personal Trainer at Mint Fit 111 and holds certifications with NSCA & NPTI-CPT. He can be reached at 561-274-7477 or information@ mintfit.com

ASK THE HEALTH GURU Your Local Guide to Living Your Healthiest Life

By Devin Burke

Special to The Pineapple

Q: What does "eating clean" mean? Why should I "eat clean" and how do I start?

A: My definition for "eating clean" is eating a whole foods, plant-based diet full of both essential vitamins, minerals, and antioxidants. It means steering clear of processed or package foods with ingredients you can't pronounce, avoiding artificial, genetically modified, pesticide laden foods and eating organic as much as possible.

Our bodies are amazing machines that need quality macronutrients and micronutrients to function properly. Macronutrients include carbohydrates, fats, and proteins. Micronutrients include vitamins and minerals. These are the chemical foundations of our food and essential to our bodies.

Most of us have hectic schedules and relay on convenience foods to sustain us. But most convenience foods are loaded with sugar, bad fats, are genetically modified, and laden with pesticides and herbicides which have the opposite effect of nourishing the body. These types of foods actually create stress and inflammation in our bodies which is the root of almost all disease.

I actually don't even consider convenience foods, foods at all. A more accurate name for these types of foods would be "food-like" products. The good news is that by just slowly starting to eliminate "food-like" products from your diet you'll be well on your way to eating clean.

The next step to eating clean is to start adding one or two clean food choices to your daily diet. A simple example of a clean food choice would be any fresh organic fruit or vegetable. By incorporating more clean food choices into your diet, eventually you will begin to crowd out "unclean" foods. The more crowding out that takes place, the more in-tune you will become with your body and your food choices.

Once you become in-tune with your body you'll be able to listen to what it is truly asking for which is nutrient dense foods that provide

you with sustained energy. You'll begin to notice that your body will be more attracted to these new healthy clean foods and reject "food-like" products.

As you begin adding more and more clean foods into your diet, you may notice your body also beginning to cleanse itself. This doesn't take place over night but rather over weeks and months. Sometimes you may experience detox symptoms like headaches, nausea and a possible upset stomach. Don't worry, these are normal and will go away as your body gets recalibrated to your new healthy clean way of eating.

Simple Morning Clean Smoothie Recipe:

The easiest and quickest way to incorporate a clean food into your diet is by adding in a plant-based smoothie first thing in the morning. Start with this basic clean smoothie recipe below and experiment with your own creative flavor combos from here.

- 1. One cup almond, coconut, rice or hemp milk. (Organic unsweetened almond milk 365 Brand from Whole Foods is my personal favorite)
 - 2. One cup ice
- 3. One scoop or serving of a plant-based protein supplement. (Garden of Life Raw Protein, Vega and Sun Warrior are two other reputable companies I use)
 - $4.\,1\!\!/\!\!2$ of a frozen banana

Note: Use this smoothie recipe as a base and experiment with your own creative flavor combos.



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Then Jack Happened

"No News Nick"

Question -

My friends think I'm an idiot because I never know what's going on in the news - but that's only because I don't give a flip about what's happening in the world. Especially the negative things. So I stick to news happening around me. What's the big deal right Jack?

Just call me "No News Nick".

Answer -

Nick, there is nothing wrong with you. I, as a person who wastes too much time reading 'news', am actually quite envious of you.

There are two parts to your issue. First, the news itself. Second, whether you are required to care. So, the news.

From what I can tell, there aren't hugely important stories in the news with any great regularity, or not nearly as many as media outlets, which have a financial interest in you paying attention to whatever they're pumping 24-7, would have you believe.

Every time I go to the gym CNN is on, and every time the headline is screaming about breaking news and some floating trash in the Indian Ocean. Was an airplane disappearing news? Sure. Is the Ukraine news? Ok. Is it required for you to be a thoughtful individual to know the minutiae of Vladimir Putin's hockey skills? Of course not.

The glut of superfluous information that is out there for public consumption presented as 'news' is absurd. The fact that what constitutes 'news' is up for debate is an indication that there is a ton of stuff out there that probably is not. I am firmly of the belief, except for world-shattering events, that the majority of 'news' is gossip and conjecture pushed by people to make them feel informed and give them something to flap gums about.

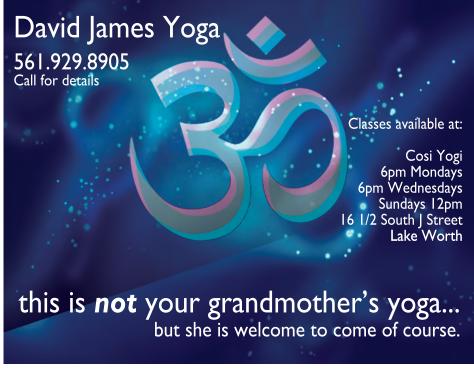
Second, you are allowed to have, or not have, any interests or hobbies you deem fit, and you really shouldn't stand for being called an idiot because your hobbies don't gibe with your friends'. If you don't know who Barack Obama is, and you are a happy person, what difference does it make? Is it worth keeping up with a bunch of stuff you don't care about, that apparently doesn't effect you, to make it so your friends can't lord the fact that they watch or read the news over you? That is nonsensical.

Ernest Hemingway has a great short story called The Gambler, the Nun, and the Radio about some characters recovering in a hospital. One of the characters says that religion is the opium of the people. So Frazer, the lead character, is lying in bed recovering pondering this when he realizes, maybe religion is an opium of the people, but so is drink, the radio, bread, education, and on and on and on.

The way I look at it is this, Hemingway isn't criticizing bread, what he is pointing out is we all have our own lives, and anything we do to make our lives better, get along more smoothly, deal with the good and the bad, that is your opium. Interests to add meaning can be opium. That is your choice. Religion or sports or the news aren't bad per se, but it is a personal preference and just because someone says it's important, that doesn't make it true for you.

Is it okay you don't follow the news? Of course, and don't let yourself be browbeaten by a bunch of people who do. Just be happy with what you got going. And if they start talking to you about a topic you aren't interested in or have no knowledge of, just change the subject to something you do. If they aren't interested in your opium, and you continue to be disinterested in theirs, just turn your barstool to the other side, and say hi to someone new.

South Florida, you bright boys right? Well even bright boys have problems, send them to thenjackhappened@gmail.com and it will almost certainly in print.







Turn Toxic Into Terrific!

By Riana Milne

Special to The Pineapple

If you're tired of doing all the right things yet still end up with emotional manipulators or angry, moody partners who are unable to love fully or have toxic personality traits, you need to make happiness a priority and choose to learn to love in a different way. You ask, "Learn how to love? Doesn't this come naturally?" Unfortunately, healthy evolved love often has to be learned. We are conditioned to show and receive love by how we are loved as children, or by what is modeled to us by our parents as "normal." Therefore, if you grew up fearful or insecure due to a lot of drama at home, which could include witnessing parental screaming, fighting or other abuse or dysfunction, you may repeat these patterns in your own love or parent/ child relationships. Excessive dependence or fear of being alone and abandoned, can create a dynamic of power struggles and resentment, as you try to change your partner to fulfill a deepseated need that, with therapy, you should heal for yourself. Expecting your partner to alter the nature of who he is will cause resentment. You can't change your partner, but you can change yourself, which will modify the relationship. What you choose to tolerate will repeatedly occur, and you must ask yourself, are you allowing your partner to treat you badly? You both either provide positive (powerful) or negative (exhausting) energy to the other. Two evolved individuals with excellent communication skills, integrity, life balance and boundaries, a sense of faith and wholesome self-esteem, make the happiest couples.

As a Relationship Coach and Couples Counselor, it is important for me to see both parties individually as well as together when turning a toxic relationship into terrific. We honestly review the areas of their past that formed their behavior patterns that need improvement, making any wounds heal with a sense of meaning. The couple learns loving and peaceful communication skills, how to change faulty and negative messages into positive ones, stop blame and shame, and encourage the sharing of honest feelings in a calm, supportive way. Partners learn to become friends who know how to have fun again, with an empathic ear and a new understanding of the other's needs, wants and desires. They learn conscious living and speaking, being careful of what they do and say to the other. Lessons from their past mistakes are discussed, and vows made to leave the past behind, forgive it, and focus on "the now" - and their future. We look at each person's individual dreams, and set goals for them to be reached, no longer blaming their partner for inaction, or boredom in their personal life or relationship. As explained in my newest book, LOVE Beyond Your Dreams — Break Free of Toxic Relationships to Have the Love You Deserve, an evolved relationship has the following:



1) Solid Foundation: Trust, shared moral values, and a confidence in their individual self and as a couple, putting the couple first above all others

- 2) Flexibility: each person is open-minded, easy-going, patient, kind, understanding, feels safe to risk and share who they are to the other
 - 3) Fidelity: honesty, loyalty and integrity
- Friendship: respect, kindness, reliable, thoughtful, a best friend
 Fun: common interests, shared activities, a sense of
- humor, regular dating and time together

 6) Compromise: acceptance forgiveness without blame
- $\hbox{ 6) Compromise: acceptance, for giveness without blame,} \\ \hbox{negotiate differences}$
- 7) Balanced individuals: each have a healthy selfesteem, boundaries, have purpose in their work, feel grateful in life, and have quality relationships with family and friends
- 8) Spirituality: belief and faith in something greater than self that provides guidance and demands accountability.
 9) Connection: daily affection and loving communication.
- 9) Connection: daily affection and loving communication, passion for the other and mutual sexual desire and intimacy

An evolved way of loving and being can be learned. It can change your life, your energy, and the entire dynamic of your love relationship. Life is too short to be unhappy - You can break free of toxic relationships and have the love you deserve! It begins with loving yourself more, and making happiness a priority!



Riana Milne, MA, LMHC, CAP is a Licensed Mental Health Counselor and Cert. Addictions Professional at Therapy by the Sea, LLC; 15300 Jog Rd, Suite 109 in Delray Beach. To learn more or suggest a topic, go to www.RianaMilne.com or email RianaMilne@gmail.com. FB: Coach Riana Milne. Ph: 201-281-7887.

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Jacqui Moroco: Delray Mom and Orthodontist



By Heather McMechan Special to The Pineapple

I recently ran into Jacqui Moroco at the American Girl Fashion Show and we started reminiscing about her first personal shopping appointment with me after having her baby, meeting in the Junior League of Boca Raton, and how we have known each other for almost twenty years. She's built an amazing business while she and her husband have been raising two great kids. What I didn't know about Jacqui was how she got to where she is today as one of the leading orthodontists in the Delray Beach area. I sat and chatted with this very energetic professional woman and mom. And here is the scoop...

Local Mom Scoop (LMS): Tell me the story of how Moroco Orthodontics was started.

Jacqui: In 1998, I was working as an associate There weren't any ownership orthodontist. opportunities there at the time and I didn't want to just be an associate. So, I decided to start my own

practice. I went out on my own on July 1, 1998. For six months, while my office was under construction, I saw my patients at a general dentist's office. There was a lot happening that year. In addition to going out on my own, I got married in September, moved into my new office in December, and was pregnant by July. When I look back, I think, "Oh my gosh," how did I get through that. So, when stresses hit me today, I tell myself I can get through anything.

LMS: Why did you pick Delray Beach for your

Jacqui: I have always lived in Delray Beach since living in Florida. Even while I was working in Boca Raton, I was living in Delray Beach. When it came to select a location for my office, it was a no brainer. I knew for sure that I wanted to be in Delray Beach because that was the place where I wanted to live myself, have my family, raise my family and have my practice. Even though there were doubters and some people didn't understand why that location or why I wanted to go out on my own, it was a very easy decision for me.

LMS: How do you maintain balance as a mom and as an owner?

Jacqui: I work out every day for at least an hour and a half. I also make sure I have scheduled time, planning time, and production time. I work with my family and my team to be capable of doing things for themselves. I have my work family and my home family. I believe in building a great team and keeping the team by treating them well.

LMS: What are your favorite restaurants in Delray? Jacqui: Cut 432 is a great restaurant with a great

always take friends and family there. J&J Seafood is another one of our favorites.

LMS: What do you do as a family?

Wednesday Jacqui: nights are family nights. We'll have a casual dinner, watch a movie, or play a game.



Dr. Jacqui Moroco

LMS: How do you keep your family organized?

Jacqui: Like most families, we divide and conquer. Every Sunday we sit down together and go over our schedules for the week. We also do all the cooking for the week on that day. Regarding our kids, one of us handles our son's activities while the

other handles our daughter's activities. It takes a lot of preparation.

LMS: What can you not live without?

Jacqui: Jo Malone candles and Shu Uemura hairspray from PeterMark Salon.

LMS: What is your morning ritual?

Jacqui: I stop at Starbucks on Atlantic Avenue and order a green tea lemonade and a spinach and feta breakfast wrap.

LMS: What are your guilty pleasures?

Jacqui: Currently, Candy Crush and any of the Housewives Shows on Bravo.

Heather McMechan of Local Mom Scoop can be reached at heather@ localmomscoop.com. Visit her website at www.localmomscoop.com, twitter: @ localmomscoop, facebook: local mom scoop

Fine jewelry buyer announces Boca location

BOCA RATON, FL - Blackthorn Estate Buvers & Jewelers, a family-owned jeweler and estate buying company announces the opening of its new store in Boca Raton.

Located on the South end of Mizner Park, in Mizner Plaza, the new jewelry store offers a fine selection of jewelry, diamonds and watches along with in-store services such as jewelry buying and jewelry appraisals, jewelry repair and jewelry cleaning.

"We are excited to open our first retail store in downtown Boca and join the community and the surrounding areas," said Susan Peroff, partner at Blackthorn Estate Buyers & Jewelers. "I am looking forward to working with each and every customer to provide first-class service for which Blackthorn

is renowned."

"For more than 30 years, Blackthorn has consistently offered its clients some of the most competitive prices for their gold, watches, diamonds, silver, jewelry, coins, antique jewelry, and more. The team of experienced professionals carefully appraise gold and other jewelry, free of charge, to determine the "real market value," not just the "melting value. We inspect the weight, purity, and craftsmanship of each piece, noting its antique value and any designer labels, and paying particular attention to artwork, design, beauty, and the "story" behind the piece," states Jeweler and Estate Buyer, Craig Bagon.

For more information call 561.394.5639 or visit http://www.blackthorngold.com

Hair Cuttery provides haircuts to more than 50,000 women in need

Hair Cuttery, the largest family owned and operated chain of hair salons in the country, announced that it more than doubled its goal of reaching 25,000 women in need through its May Share-a-Haircut program. A total of 54,000 certificates will be donated to women living in domestic violence shelters nationwide.

To reach those in need, Hair Cuttery teamed up with The National Network to End Domestic Violence (NNEDV), the leading voice for domestic violence victims and their advocates. NNEDV will distribute the free haircut certificates to the state and local coalitions within their network.

"We had a fantastic turnout for our May Share-a-Haircut program, more than doubling

our goal to reach thousands of local women in need," said Dennis Ratner, Founder and CEO of Hair Cuttery. "With the support of NNEDV, we are able to help women on their journey to rebuild their lives by igniting selfconfidence."

For the last 15 years, Hair Cuttery salons nationwide have participated in the annual August Share-a-Haircut program, where for every child's haircut purchased, one in turn is donated to a disadvantaged child in the community. The Share-a-Haircut program has reached more than 825,000 individuals by inspiring a fresh outlook and highlighting the importance of giving back.

For more visit www.haircutterv.com





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JUNE 2014

East Boynton Beach is Open for Business



OYNTON BEACH, FL – Just north of Boca Raton and Delray Beach is the newest "Hot Bed" for Business. East Boynton Beach is quickly becoming the place to open a business. With unlimited opportunities and incredible incentives offered by the Boynton Beach Community Redevelopment Agency (CRA), this coastal community is welcoming restaurants, retail boutiques, a hotel and specialty grocery stores. Boynton Beach is easily accessible with 3 major exists on I-95 and plenty of room for growth and less competition.

The Boynton Beach CRA District is home to Seaborne Cove the National Green Building Standard Gold Level Certified community, the trend setting Las Ventanas and the elegant Casa Costa and the scenic Boynton Harbor Marina with Marina Village located just one half mile south to the ocean inlet with an array of charter boats, jet ski rentals, dive

charters and waterfront dining.

East Boynton Beach is quickly filling that niche market with continued movement of demographics of all ages with baby boomers and younger families looking for something different to do. The Boynton Beach CRA district is beginning to bustle with visitors spending the day exploring activities at the Boynton Harbor Marina and new dining options with a variety of restaurants.

Compared to its south-county neighbors, Boynton Beach has a cozy core of development opportunities that comprises 1,650 acres along the city's eastern edge. "When I look at Boynton Beach, I see tremendous future commercial development opportunities. Tracts of land are available and affordable with a responsive City and CRA, working with developers and the community. Beautiful waterways and favorable road systems, with easy access to all major arteries, including I-95 and the Florida

Continued on page 3

URBAN OUTFITTERS TO OPEN IN DOWNTOWN DELRAY BEACH

The Delray Beach Downtown Development Authority District is the new home of the lifestyle retailer

DELRAY BEACH, FL – For over two years the DDA has been working closely with CBRE's Roxanne Register and Eassa Properties, LLC, owners of the vacant 10,954 -square-foot space is the center of the historic downtown as resource of data and key information to assist in capturing a new tenant. On May 9th, the DDA was notified that Urban Outfitters, Inc. (Nasdaq:URBN), a leading lifestyle specialty retail company, had signed at 306 Atlantic Avenue in Delray Beach, and the retailer will open by the end of the year. CBRE's Roxanne Register represented the landlord, Eassa Properties, LLC and Elliott Kyle of The McDevitt Company represented the tenant.



The DDA was able to provide key information to Ms. Register and Eassa Properties such as pedestrian counts completed in 2013 along Atlantic Avenue as well as the Cluster Analysis and Retail Development Strategy Update, a 96 page patron profile completed by H. Blount Hunter, Retail & Real Estate Research, in 2004. Other data that was critical was the 2008 Retail sales numbers received from the Department of Revenue for the DDA district which was a total of \$190Million. "As a keeper of the downtown data, we are proud to have been a part of this business development process," expresses Marjorie Ferrer, Executive Director, DDA.

As we have learned from many Downtown experts, that is a downtown has a national brand presence, the surrounding businesses revenue will increase an average of 12%."

- Morjorie Ferrer

"Urban Outfitters recognized the potential of Atlantic Avenue as it evolves into one of South Florida's fastest-growing pedestrian retail districts, and selected a prime location in an architecturally distinctive building that places them at the center of Delray Beach's vibrant retail, restaurant and nightlife scene," said Ms. Register.

Built in 1936, 306 Atlantic Avenue is a beautiful building with historic elements originally built by the current owner's father, Alexander Simon. The owners, along with Urban Outfitters, will redevelop the façade while preserving some of the architectural features, and construct a completely new interior with an expansive interior staircase leading to the second-floor retail space.

"As we have learned from many Downtown experts, that if a downtown has a national brand presence, the surrounding businesses revenue will increase an average of 12%," say Marjorie Ferrer. "with that said, we are excited to welcome Urban Outfitters to Downtown Delray Beach."

WATER COOLER CHAT

A DEEP DIVE INTO LOCAL EDUCATION

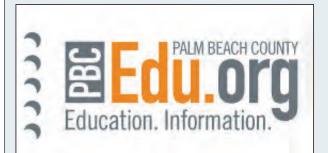
By Jeff Perlman

Courtesy YourDelrayBoca.com

Have you seen the brand new education website, www. pbcedu.org?

If you haven't , click on the above link and take a tour of education in Palm Beach County.

The website is the result of a herculean effort by the Business Development Board of Palm Beach County to present a more comprehensive look at education in our community and to overcome old perceptions with a more balanced look at the state of schools pre-K through post graduate.



The idea sprang from a goal setting workshop the BDB board held a few years back in Palm Beach. I was on the board at that time and one of the laments was that perception was lagging reality when it came to Palm Beach schools.

None of the business leaders gathered in the room

that day had their heads in the sand—they understood that while progress was being made there were real issues and challenges still to be overcome.

But there was also a strong sentiment that education had evolved in Palm Beach County and that the whole picture was not being captured by either the media or companies looking to locate here.

Coperation Board and hire a full time education coordinator."

So over the course of several months, a 40 member BDB committee that included a cross section of business leaders and educators from both public, private and parochial schools began meeting to discuss how to better market and present the true state of education in Palm Beach County.

The public/private partnership resulted in PBCedu.org, an attractive site that enables visitors to see the whole range of educational options and programs available.

The website marks the beginning of the task force's effort to market and communicate the quality educational opportunities that exist in the county. Additional initiatives include integrating positive educational messages in all economic development marketing materials, creating a system for matching student interns with employers, ensuring that high schools have employers at job fairs from the industry clusters prevalent in Palm Beach County and continuing to collaborate with Continued on page 12



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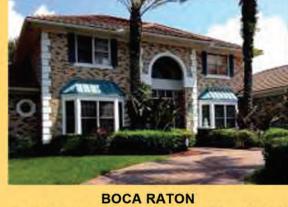


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HIGHLAND BEACH

Direct intra-coastal townhome features 3 bedrooms and 2 1/2 baths. Completely remodeled with gourmet kitchen and lots of built-ins. Private backyard on cul-de-sac with heated pool and spa. Views of the intra-coastal from everywhere in this home. Ready to move in. Rental \$6,400



SHORT SALE. You won the lottery with this 5 bedroom and 4 ½ bath purchase. Uniquely designed split bedroom home with built-ins, cook island and fireplace. French doors off the living room lead to covered screened patio for relaxing outdoors. Located on ¾ acre and waterfront. \$620,000



MELBOURNE GETAWAY

Stunning beachfront condo with ocean view. This 3 bedroom and 2 bath beauty has a great entertainment layout and lots of space for everyone. Wake up to the sun kissed patio and watch the sunrise or have dinner on the patio with relaxing sounds of the waves from the ocean. Well maintained building with amenities. \$480,000



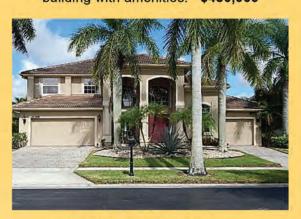
BOYNTON BEACH

Spectacular 4 bedroom, 2 ½ bath home with 3 car garage. Located on oversized lakefront lot. Large kitchen with granite counter tops. Spacious Master bedroom with his and her closets, dual sinks and roman tub. Master bedroom balcony overlooks the large screened patio and pool . \$395,000



CORAL LAKES

Looking for a breathtaking lakeview home, this is the one! Peace and serenity awaits you in this three bedroom 2 bath home on a prime lot. Great floor plan for entertaining in the dining room, living room and family room areas. \$329,000



BOCA FALLS ESTATE

Stunning 5 bedroom 4.5 bath multi –level home. Eat-in kitchen with breakfast area, snack bar and pantry for those chefs. Formal dining room for those entertaining weekends. Space for all your hobbies with a media room/play room and open loft. Large screen patio leads to relaxing pool and spa with cabana bath for outdoor living. \$585,000



WEST BOCA LAKE

Great location with no backyard neighbors for your privacy. Airy, open split bedroom plan home. Granite counter tops, stainless appliances, porcelain tile in kitchen and opens to breakfast and family rooms.

Upgrades galore. Screened in pool and deck.
\$415,000



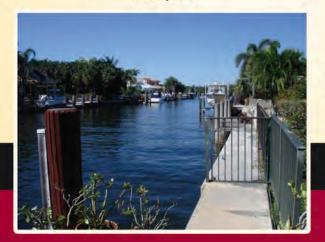
HIGHPOINT (PENDED)

Beautifully maintained 2 bedroom/2 bath villa. Spacious floor plan with tile throughout. Master bedroom with lots of closet space. Relax on the patio off the sun room/Florida room and master bedroom. Community features clubhouse, tennis, pool and much more for your enjoyment. \$79,000



DELRAY VILLAS (PENDED)

Bring your pet. Enjoy a wonderful Florida lifestyle in this totally updated 2 bedroom/2 bath home with open floor plan and tile floors. Chef's kitchen features granite counters. Community amenities includes billiards, exercise room, game room, tennis and shuffle board. Low homeowner fees let you enjoy your leisure time. \$158,900.



OCEAN RIDGE

On the Water – Waterfront gem with boat dock, boat lift and ocean access. Stunning home with wood and marble floors, at the end of the day. Very private location. \$1,399,000

DELRAYBEACH.KEYES.COM





BOYNTON BEACH - continued from Business Section page 1

Turnpike." stated Merv McDonald, The Lancore Group.

The CRA offers a variety of incentive opportunities that continue to demonstrate the agency's willingness to invest into businesses that relocate to Boynton Beach.

The Commercial Construction Project Incentive Program will reimburse approved applicants with the cost of permit fee expenses up to 3.3% for renovations and new-builds valued between \$250,000 and \$2 million. The Commercial Interior Build-Out Assistance Program offers a matching maximum grant of \$22,500 which consists of construction or renovation of the interior elements.

The Commercial Rent Reimbursement Program will subsidize lease payments for 12 months for approved applicants relocating their business in CRA district while encouraging companies to invest and create new employment opportunities.

The Commercial Facade Improvement Grant Program will provide up to \$15,000 in matching funds for business owners interested in sprucing up their exteriors and creating visual appeal.

Along with the Boynton Beach CRA grant incentive programs are favorable landuse and zoning codes, quick site-plan and building-permit approvals that are critical to the success of the project. Boynton Beach has direct access to the oceans Gulfstream for prime fishing and miles of beautiful beaches with a year-round climate that transforms your business into a lifestyle you will love

For additional information, contact Tracy Smith-Coffey at 561-600-9096 or Smith-CoffeyT@bbfl.us



Vin Nolan's Eye On Economic Development

By Vincent Nolan, CEcD

Economic Development Director - Delray Beach

The recent Government Affairs meeting on sober homes and the recovery industry prompted an interesting discussion among those in attendance. One item we need to recognize is that the industry is a significant sector of our local economy. In any community or region, business clusters tend to develop around available resources. Sometimes the resources are physical and other times the resources are purely human. Significant clusters generally develop where both co-exist.

Delray Beach's dining and hospitality cluster on and around Atlantic Avenue is our most identifiable cluster, based in the unique physical assets of the district in its walkability, diversity of styles and publicly accessible entertainment. It also has access to a readily available and transferrable workforce (some from the recovery community). The "most fun" recognition that Delray has earned through the success of that cluster does not come without other costs. Traffic, parking and crowded sidewalks, particularly in-season, are

part of the cost. The need for additional street cleanup and targeted law enforcement are also by-products of that success.

The recovery industry is no different. The cluster has grown dramatically over time because the environment is inviting and a readily available and transferrable workforce exists to support its growth. Because there are different aspects of the industry, total employment numbers are presently difficult to define. Suffice to say there are substantial professional, clinical and administrative jobs, as well as support positions in maintenance, transport and other work related to running treatment facilities. These positions are now part of our economy and the businesses should be acknowledged as such. The undeniable fact that there are "issues" that must be addressed should not negate the legitimacy of the business cluster.

As restaurateurs and hoteliers need to be part of solving the problems associated with their successful cluster in Delray Beach; so too must the recovery industry be involved in solving some of the challenges created by their business sector.

Office Depot plans to close at least 400 US stores

BOCA RATON, FL – (AP Wire) – Office Depot is planning to close at least 400 U.S. stores, as its merger with OfficeMax resulted in an overlap of retail locations that can be consolidated.

The office supply retailer had 1,900 stores in the U.S. at the end of the first quarter, so the plans call for closing about 21 percent of them. Office Depot and OfficeMax Inc. completed their \$1.2\$ billion deal last November.

Office Depot said it has not quantified the number of jobs that will be affected by the store closures but that it will look to place its best talent impacted by the store closings into new roles, wherever possible.

Chairman and CEO Roland Smith said in a statement that one of the company's goals this year was to improve how its stores are positioned in North America to meet customer demand better and ensure that it's well positioned in the markets it serves.

The overlapping retail footprint resulting from the merger provides us with a unique opportunity to consolidate and optimize our store portfolio, while maintaining the retail presence necessary to serve our customer," Smith said.

Office Depot said Tuesday that it expects to close 150 U.S. stores this year, mostly in the

BOCA RATON, FL – (AP Wire) – Office fourth quarter. It closed 14 stores in the first quarter, a company spokeswoman said.

All of the store closures are anticipated to occur by the end of 2016.

The store closings are expected to result in at least \$75 million in annual savings by 2016's end and add to earnings starting next year.

Office Depot, which is based in Boca Raton, Florida, said that it's still trying to determine expected working capital savings and costs related to the store closings.



Nicholas Mastroianni III Named Leukemia & Lymphoma Society Palm Beach Man of the Year

TEST PALM BEACH, FL — On Friday, May 9, 2014, The Leukemia & Lymphoma Society's Man & Woman of the Year Palm Beach campaign reached its Grand Finalé at The Cohen Pavilion at the Kravis Center. After 10 weeks of fundraising efforts organized by 12 dedicated nominees, over \$500,000 was raised, of which more than \$160,000 was raised by Nicholas Mastroianni III. This record-setting feat resulted in his win for 2014 LLS Man of the Year. Between February 27 and May 9, 2014, Mastroianni raised a total of \$160,420.

Nicholas Mastroianni III, Vice President of Allied Capital & Development of South Florida, was nominated to participate in the annual event by Jennifer Chanay of Gulfstream Media. He and his supporters, Team H.O.P.E (Helping Others Pursue Everafter), organized fundraisers and outreach initiatives spanning the East Coast. Each dollar raised in the competition counted for one "vote" towards the Man & Woman of the Year challenge.

Mastroianni and his competitors were racing to raise funds in honor of the LLS Boy & Girl of the Year: Joshua Johnson and Piper Apfel, local children who are fighting blood cancers.

"When I was told of my nomination to compete in the annual campaign, I immediately accepted, as blood cancer is a disease that has directly affected my family," explains Mastroianni. "And when I had the pleasure of meeting these two children, Joshua and Piper, who are so young and so full of life, my dedication to the cause was steeled by my admiration for their resilient spirits amid their continuous fights for life, as well as the strength of their families."

Mastroianni continues, "LLS has helped raise over \$1 billion in efforts to find a cure to blood diseases. I am honored to be a part of such an initiative."

Mastroianni and Team H.O.P.E. reached out to business partners and local business owners for help with fundraising. His biggest event, An Evening at the Auction, combined the efforts of many, including Provident Jewelry, C'est Si Bon, Perfect Vodka and the Jupiter Magazine. His list of attendees was wealthy with supporters – including previous Men and Women of the Year winners Joey Fago, Valerie Fiordilino, Eric Inge, Jennifer Martin and Stacy Mikel.

"Just as it takes a village to raise a child, it takes a community to raise awareness for a cause," states Mastroianni. "I did not act alone in raising \$160,000 in support of LLS; it was through the collective efforts of many who supported $\,$ my cause. I'd like to personally

thank so many individuals for their help. And as you can imagine, it took many of people, including many local businesses, to make this extraordinary feat a reality."

Mastroianni's record-setting level of fundraising puts him in the running for the National Man of the Year Competition. This title will be awarded June 30, 2014.

"Being entered for the title of National Man of the Year is so much more than I ever expected; and it would be a great honor. The recognition would do a tremendous amount of good for the Palm Beach Chapter of the Leukemia & Lymphoma Society and blood cancer patients everywhere. I am glad this new record-breaking amount sets the bar high, so future candidates in our area strive to break it! And I hope that happens! It only means we are that much closer to finding a cure."

About The Leukemia & Lymphoma Society

The Leukemia & Lymphoma Society ® (LLS) is the world's largest voluntary health agency dedicated to blood cancers. The LLS mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. LLS funds lifesaving blood cancer research around the world and provides free information and support to those affected.

Founded in 1949 and headquartered in White Plains, NY, LLS has chapters throughout the United States and Canada. To learn more about the organization, visit www.LLS.org.

Allied Capital and Development of South Florida, LLC

Founded in 2004 by Nicholas Mastroianni II, Allied Capital and Development of South Florida quickly became one of the region's most respected firms, noted for its extraordinary vision for building the right projects in their ideal locations. Headquartered in North Palm Beach, Florida, Allied Capital brings extensive experience, proven knowledge and outstanding personal service to every project. Allied has partnered with the industry's top architects, planners and contractors to develop properties that demonstrate environmental responsibility and green building practices into every facet of development.

The executive team of Allied Capital shares a combined 125 years of experience in the development and building of handpicked properties. Through their experience, demonstrated success and lasting relationships with other industry leaders, the team at Allied Capital continues to fulfill their mission of developing and funding strategic projects within the South Florida market that will bring about a positive impact upon the surrounding area and community.

Florida Archivists Award of Excellence

Janet DeVries was nominated for the 2014 Society of Florida Archivists Award of Excellence for her contribution to local history and historic research in Palm Beach County.

Thanks to the Nancy Drew books she read as a young girl, DeVries has always had an interest in mysteries and historic sleuthing. Since 1997 she has used her talents as a researcher to promote local history in Boynton Beach and South Palm Beach County, first as the archivist at the Boynton Beach City Library and currently as president of the Boynton Beach Historical Society.

During her employment at the Boynton Beach City Library, DeVries was instrumental in founding the School House Children's Museum, the first history-based children's museum in Florida. She also designed and installed exhibits to interpret Palm Beach County history.

While working fulltime, she was also pursuing her education and last year DeVries graduated from Florida Atlantic University with her BA in History. She won the Hugh W. Ripley Award for best undergraduate research paper, "Who Really Founded Boynton Beach."

No stranger to publishing, DeVries has written or co-authored four Arcadia books about south Palm Beach County and two books about Palm Beach pioneers Fred and Byrd Spilman Dewey. She is currently working on a new book scheduled for publication next year.

 $\label{eq:currently working as a Library Technician} II \ at \ Palm \ Beach \ State \ College, \ DeVries \ is$

pursuing her MLIS at FSU.

So, for her original research and publication, and her commitment to local history, the Society of Florida Archivists honors DeVries with the 2014 Award of Excellence.



Award winner Janet DeVries - photo by Sandra Varry

THE GIFT GIVER'S SEARCH ENGINE REGISTRYFINDER.COM

Takes the guesswork out of special occasion gifting

BOCA RATON, FL – RegistryFinder. com is a new search engine that helps gift givers quickly and easily find online registries for weddings, baby showers, graduations and more. The intuitive search engine finds any kind of online gift registry, instantly providing the user with direct links to the recipient's registries. As the popularity of online gift registries continues to soar, RegistryFinder.com founder and President Cheryl Seidel seeks to streamline the gift-giving process and take any awkwardness out of the situation.

"I created RegistryFinder.com to make people's lives easier, both for the gift-giver and the recipient," she says. "This simple solution prevents the gift-giver from having to do their own tedious online research—which often doesn't yield results—or having to contact the bride and groom directly to find out where they're registered."

A RegistryFinder.com user starts on the home page and enters the first and last name of the gift recipient. Then, the site runs a query based on the search information and, on the registry match page, provides the user with multiple matching results. The visitor then selects the correct match based upon date, location and co-registrant. The results page displays the retail stores where the selected registrant has created gift registries. From there, the visitor is sent directly to the registry list for that individual within the retailer's website.

Seidel created RegistryFinder.com after she was invited to the wedding of a friend's son and didn't know where the out-of-state couple was registered. After lengthy research, she found the registry but knew there had to be an easier way. Seidel harnessed her 22 years of marketing experience to create the site, establish affiliate relationships with retailers and launch RegistryFinder.com in October 2012.

Today, RegistryFinder.com, which also features a mobile site for on-the-go giving, has relationships with more than 25 retailers, including Bloomingdale's, Macy's, Crate & Barrel, Target and Bed Bath & Beyond. The site also works with regional department stores such as Belk and Dillard's. RegistryFinder. com currently experiences over 50,000 visits per month, and traffic is expected to build to 200,000 visits per month this year.

Seidel sees a distinct need for RegistryFinder.com considering that more than 1.5 million engaged couples in the United States create registries every year, according to the 2011 "The Knot Market Intelligence Bridal Registry Study." Couples typically register with three retailers, for an average of 153 total items. Additionally, there are approximately 4 million babies born each year in the United States according to The United States Center for Disease Control and Prevention.

She adds: "Due to the ease and convenience of online gift registries, there is also a growing trend toward creating gift registries for other life events such as graduations, birthdays and major holidays."

A longtime Floridian and mother of two, Seidel has long been considered a gift-giving etiquette expert by friends and family. Her work with Registry Finder.com has further enhanced her ability to educate others on gift giving. She is available for media interviews to address the public's questions about gift-giving etiquette and regularly writes about gifting trends and tips on her blog on RegistryFinder.com. Some of her past posts include "Buy Buy Baby's Top 20 Baby Registry Gifts," "Bed Bath & Beyond's Top 20 Most Popular Wedding Gift Registry Items," and "Wedding Etiquette: How Much To Spend On A Gift For A Destination Wedding."

The Boca Raton resident is active in her community and donates 10 percent of profits from the company to charities that help children, including Toys for Tots, Orphan's Hope and CityHouse Delray Beach.

For more information, visit www. registryfinder.com.

🐞 biz briefs

CAFFE LUNA ROSA EARNS PRESTIGIOUS TRIPADVISOR CERTIFICATE OF EXCELLENCE

Caffé Luna Rosa, Delray Beach's favorite beachfront restaurant, is pleased to announce that it has received a TripAdvisor® Certificate of Excellence award for 2014, according to the restaurant's founder/partner Fran Marincola.

This accolade, which honors hospitality excellence, is given only to establishments that consistently achieve outstanding traveler reviews on TripAdvisor and is extended to qualifying businesses worldwide. Only the topperforming 10 percent of businesses listed on TripAdvisor receive this prestigious award.

To qualify for a Certificate of Excellence, businesses must maintain an overall rating of four or higher, out of a possible five, as reviewed by travelers on TripAdvisor, and must have been listed on TripAdvisor for at least 12 months. Additional criteria include the volume of reviews received within the last 12 months.

"Caffé Luna Rosa is pleased to once again receive a TripAdvisor Certificate of Excellence," said Marincola. "We strive to offer our customers a memorable experience as well as a delicious meal, and this accolade is evidence that our hard work is translating into positive reviews on TripAdvisor."

"Credit for this award goes to our hardworking staff in the kitchen, on the floor, and behind the bar. It is their daily commitment to superior service and support that has earned this prestigious award for Caffé Luna Rosa," he added.

FIFTH THIRD SURPASSES \$1 MILLION IN DONATIONS TO STAND UP TO CANCER

Fifth Third Bank recently exceeded \$1 million in donations to Stand Up To Cancer (SU2C), with more than \$500,000 in donations from the recent "Pay to the Order of" campaign.



The "Pay to the Order of" campaign was launched in January and leverages new checking accounts to help drive donations for groundbreaking cancer research. For each new customer who opens a checking account with direct deposit and makes three online bill payments, Fifth Third will give \$150 to the customer and donate \$150 to SU2C, an initiative that supports scientific collaboration to accelerate innovative cancer research and bring new therapies to patients quickly. The campaign ran through April 15.

Fifth Third began working with SU2C in 2013 when the Bank launched the Fifth Third SU2C credit and debit cards, which direct donations to SU2C for every qualifying purchase made using those cards. Fifth Third Bank is the only card issuer to offer SU2C payment cards and contributed more than \$534,000 in donations to SU2C in 2013.

SU2C Co-Founder, Rusty Robertson commented, "We are thrilled with the tremendous support we have received from not only Fifth Third and its customers, but the enthusiasm in which Fifth Third employees have embraced the cause. Together and through initiatives like the 'Pay to the Order of' campaign, we can continue to fund innovative cancer research."

The "Pay to the Order of" campaign also engages others – including current customers – by asking consumers to upload a photo at 53.com/SU2C or use the hashtag #PayToTheOrderOf to share who they are fighting for. Fifth Third will donate \$1 to SU2C each eligible photo shared using the hashtag #PayToTheOrderOf on Twitter, Facebook, Instagram and Vine. Click here for full terms and conditions.

"We have been extremely pleased with the level of engagement at our branches, on social media and among Bank employees throughout the 'Pay to the Order of' campaign," said Maria Veltre, senior vice president and chief marketing officer, Fifth Third Bank. "The stories that surfaced and the connections made have been inspirational and beyond what we could have ever hoped for. We are so pleased to help drive additional funds to SU2C to help Fifth Third Bank surpass \$1 million donated since we began our relationship one year ago."

BUSINESS CONSULTANTS OF SOUTH FLORIDA ENTREPRENEUR CLIENTS STRATEGICALLY GROWING THEIR BUSINESS

Business Consultants of South Florida (BCoSF) www.BCoSF.com, a South Florida-based Business, Marketing and Sales Consulting Company is currently working with many entrepreneurial clients to take their business to the next level. Run by Allison Turner and co-founded with Kimberly West, BCoSF works with companies to strategically grow, expand and increase revenue through proven business, marketing and sales strategies.

K. Everett Brooks, of Entranced Soullutions LLC, is a success coach launching his first workshop named Relationship Essentials: The 5 Keys to Improving Relationships on Saturday, June 21st, from 10am to 2pm at Greenlands located at 2000 N. Federal in Delray Beach. For more information visit http://entrancedsoul.com.

The Wine Wave, located at 900 E. Atlantic Avenue, has launched their new website at http://www.thewinewave.com. Learn more about their weekly tastings on Thursday nights throughout the summer.

Ziree Thai and Sushi, located at 401 W. Atlantic Avenue, will launch their new website on June 1st. Learn more about their fabulous selection of Thai and Sushi. Go to http://www. ZireeThaiSushi.com.

Thaddeus Gamory of Swim Tri Pros, a swim coach and triathlon trainer, is launching Fear2FantasticTM focused on working with those afraid to swim who may want to become triathletes. He is holding his first organized triathlon, with a focus on drowning prevention, in Lake Worth in August at the Diversity in Aquatics (a 501c3) Conference. More information to come.

To learn more about the company, go to www.BCoSF.com or call (561) 276-4422.

CLIENT CONFERENCE IN BOCA RATON

Charles River, a front- and middle-office investment management solution provider, announced that the Charles River Global Client Conference 2014 will be held October 26-29 in Boca Raton. Over 400 Investment Executives, Portfolio Managers, Traders, Compliance, Risk and Operations Managers, and IT Executives are expected to attend this year's event.

"Our global conference is a great opportunity for investment firms and wealth managers to understand how other clients are successfully using our solution and services to improve productivity, reduce risk and solve data challenges," said Tom Driscoll, Global Managing Director, Charles River. "Clients can view new Charles River offerings first-hand, understand our roadmap, and provide valuable feedback on the future direction of our products."

The two- and a half day, multi-track program will feature nearly 50 different sessions and demonstrations covering new Version 9.2 functionality of the private-cloud based Charles River Investment Management Solution (Charles River IMS), as well as expanded services, and current industry topics and trends. Isabella Fonseca, Research Director, Global Financial Services at Celent, will be a featured speaker for the Wealth Management track.

Registration is now open for the Charles River Global Client Conference 2014. For more information, visit www.crd.com.

ADAM PUTNAM TO ADDRESS THE FNGA CNG/FLEET EVENT BOCA, JUNE 19

BOCA RATON, FL – The burgeoning growth of Compressed Natural Gas (CNG) for fleets and transportation throughout Florida has caught and held the attention of policy makers across the state.

The Honorable Adam Putnam, Commissioner of Agriculture, will address the attendees of the Florida Natural Gas Association's Annual Convention from 2:00 -2:35 to kick start the day's business sessions and tabletop tradeshow related to vehicles, fueling stations and fleet applications within the CNG arena.

"The impact of Compressed Natural Gas on Florida's long term transportation needs comes from the properties of the fuel itself," said David Rogers, Executive Director of the FNGA. "Clean burning CNG not only helps the environment in a big way, fleet operators can expect their fuel costs to drop about 40%. That's a lot of money when you have an entire fleet of trucks and buses on the road."

The event will be held at the Boca Raton Resort & Club from June 17-20, 2014. Anyone interested in attending the convention can register at FNGA.com or call 850.681.0496.

The Florida Natural Gas Association (FNGA) is a non-profit organization that promotes and encourages the growth of the natural gas industry in the state of Florida. It also seeks to protect the interests of the industry, its members and consumers. Members include distribution companies, transmission pipelines, natural gas supply marketers and affiliate members. With a membership of more than 100 companies, the FNGA represents every segment of the natural gas industry.

DCR WORKFORCE MAKES DIV500 LIST OF TOP ENTREPRENEURIAL FIRMS IN THE US

BOCA RATON, FL – Boca Ratonbased DCR Workforce , a leading provider of Vendor Management System (VMS) and Managed Services Provider (MSP) solutions, announced that DiversityBusiness.com, the nation's leading multicultural business website, has included DCR Workforce in the Div500, the 14th annual listing of the nation's top entrepreneurial businesses in United States.

"Our Top Business List offers the most comprehensive look at the strongest segment of the United States economy - America's privately held companies. These companies are the most recognized and respected which truly differentiate themselves in our indeterminate market place. We are proud to say this esteemed list has been coveted by the most successful companies in the U.S. and, as one of the strongest DCR Workforce has joined its ranks," commented Kenton Clark, President & CEO of DiversityBusiness.com. "DCR's dedication and hard work has created incentive to stimulate economic growth in America. Like DCR, we at DiversityBusiness.com are dedicated to empowering the economic growth of our country and we are proud to walk alongside DCR as we all work to make this happen."

The Div500 Top Business List is a classification that represents the top privately-held diverse businesses in the U.S. Major corporations, government agencies and college/universities throughout the country which do business with diverse and women-owned businesses use the list. The Div500 is produced annually by DiversityBusiness.com.

"We are pleased and honored to be recognized by DiversityBusiness.com in the Div500 for the third consecutive year," commented Ammu Warrier, President and Co-founder of DCR Workforce. "As a woman and minority-owned business, we strongly believe in the mission of Diversitybusiness. com. We appreciate their efforts to bring together entrepreneurs, corporate diversity practitioners, government agencies and colleges/universities to realize the benefits of global, multicultural business practices. This recognition increases our motivation to contribute to the strength of the American economy."

For more information, please visit the DCR website: http://www.dcrworkforce.com



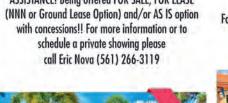




Delray Beach - Former Ihop - \$799,000

This former Ihop is a Delray Beach landmark! Located directly on Federal Highway, it's one mile to the beach, close to the Publix anchor shopping plaza, CVS and Walgreens. 129,254 residents in the immediate area. Property offers ample parking (46 parking spots) for your next business venture!

Property is also PRE-QUALIFIED FOR CRA ASSISTANCE! Being offered FOR SALE, FOR LEASE with concessions!! For more information or to schedule a private showing please





Boynton Beach - Chapel Hill - \$289,000

Stunning home nestled in the community of Chapel Hill features a BRAND NEW roof, impact windows, New A/C and a beautifully appointed kitchen with granite countertops, gorgeous tile backsplash and stainless steel appliances. There is a separate laundry room as well as lots of storage space for all your storage needs. Extras include crown molding, freshly painted inside and out, updated bath(s) & hi-hat lighting!



LANTANA - NAUTICA ISLES - \$289,000

Beautifully appointed 4bd, 2.5ba, 2 car garage home in the heart of Lantana and Greenacres. This home is located in the sought after neighborhood of Nautica Isles. Great community with low HOA dues that include basic cable, security alarm, gated entrance, clubhouse, pool, tennis, basketball courts and so much more! This home is nestled at the end of the cul-da-sac and has a HUGE oversized back yard! Recent improvements include a completely renovated kitchen! Additional home features include: knock down ceilings, tray ceiling in the master bedroom, walk in closets, dual vanity/sinks in both bathrooms, and neutral diagonal tile throughout downstairs. This home is Move in ready!

For more information or to schedule a private showing please call Noelle McIntyre (561) 266-3119



Boynton Beach - Chapel Hill - \$269,000

Charming 3bd, 2ba home in the desirable Chapel Hill area! Features include stainless steel appliances, tile throughout, tons of natural light, lots of storage, walk-in closets, a screened-in lanai and large fencedin backyard! Great home with lots of potential and a great opportunity to live in Chapel Hill! No HOA,

all ages and pets welcome! Close to downtown Delray Beach!

For more information or to schedule a private showing please call Noelle McIntyre (561) 266-3119



BOYNTON BEACH - CHAPEL HILL - \$385,000

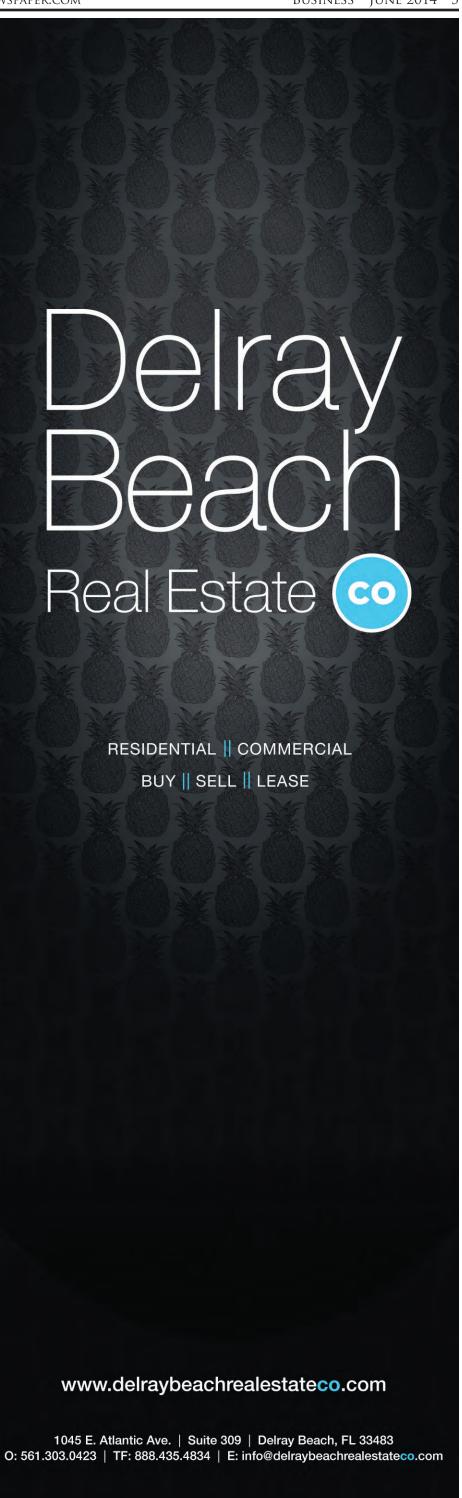
Beautiful 3 bed, 2 bath pool home with an oversized 1 car garage in the very desirable Chapel Hill neighborhood! Close to downtown Delray Beach, this home is just a quick bike ride to the beach and trendy downtown Atlantic Avenue. The home features crown molding, high hat lighting, plantation shutters, lots of storage, an oversized one car garage, wrap around drive-way with plenty of parking and has tons of natural light throughout. Updates include: newer roof, French doors, newer windows and garage door, newer A/C, hot water heater, 2005 custom built pool (self cleaning and heated!) patio pavers, recently renovated kitchen, wood floors, built-in wine rack, eat in bar area and alarm system. French doors leading off the living/dining room area open up to the spacious patio/pool area where you will find beautiful brick pavers, lush landscaping, and your private, fully fenced in back yard surrounding your private (self cleaning and heated!) pool. A perfect place to entertain and/or sit back and enjoy all of those upcoming hot summer days!



Delray Beach - The Mark - \$260,000

Downtown Delray at its finest! This loft style condo offers indoor and outdoor living space with an enormous balcony giving you over 1200 sq. ft.! This unique 1bd, 2 full bath home offers luxurious finishes with an urban loft style setting. Features include: polished concrete ceilings, exposed duct work, waterfall granite counter tops in the kitchen, stainless steel Bosch appliances, European soft close kitchen cabinetry, Carrara marble bathroom counter tops and subway tiles. The nearly 600 sq.ft. private balcony is perfect for entertaining and is set up for a Jacuzzi. The community features a rooftop terrace with a barbeque and overlooks all of downtown. Watch the fireworks from home! 1 designated parking spot plus guest parking.







people

Dr. Richard Marrotte - Custom Vision Care Receives 2014 Best of Boca Raton Award

BOCA RATON, FL - Dr. Richard Marrotte - Custom Vision Care has been selected for the 2014 Best of Boca Raton Award in the Optometrist category by the Boca Raton Award Program. This is the second year in a row that Dr. Marrotte has been selected and his third award in seven years.

Each year, the Boca Raton Award Program identifies companies that we believe have achieved exceptional marketing success in their local community and business category. These are local companies that enhance the positive image of small business through service to their customers and our community. These exceptional companies help make the Boca Raton area a great place to live, work and play.



Dr. Richard Marrotte

sources information gathered analyzed and to choose the each category.

The 2014 Boca Raton Program focuses quality, quantity. Winners determined based on the

information gathered both internally by the Boca Raton Award Program and data provided by third parties.

About Boca Raton Award Program

The Boca Raton Award Program is an annual awards program honoring the achievements and accomplishments of local businesses throughout the Boca Raton area. Recognition is given to those companies that have shown the ability to use their best practices and implemented programs to generate competitive advantages and longterm value.

The Boca Raton Award Program was established to recognize the best of local businesses in our community. Our organization works exclusively with local business owners, trade groups, professional associations and other business advertising and marketing groups. Our mission is to recognize the small business community's contributions to the U.S. economy.

Brian Melzer named President of Epoca® International, Inc.

BOCA RATON, FL — Epoca® International, Inc. announces that Brian Melzer, who has served as Executive Vice President, has been promoted to President. Steven Melzer, who has been the President and CEO since he founded the company in 1991, will remain as CEO.

This is a natural transition for this familyowned business with a proud history of product innovation. One of the fastest growing companies in housewares, Epoca markets an array of beverage preparation products under the Primula® brand, as well as Ecolution®, a trusted brand of eco-friendly cookware.

"This is an exciting time of expansion for us as our new product development reflects the many consumer trends we see in the marketplace, from cold brewed coffee and instant infusion to healthier cooking and exotic flowering teas," said Melzer.

Melzer, with 11 years of experience at Epoca, has been the driving force to build Primula into the nationally recognized brand that it has become. With multiple offices in China, Epoca's sourcing team, headed by Brian, is securely positioned to continue the double digit growth that has become the norm for Epoca.

The company continues a family housewares business tradition started in the 1940s by Steven's father and Brian's grandfather, Henry Melzer. Epoca was founded to distribute imported consumer products throughout the United States, and it has expanded its focus in the 21st Century with the robust development of proprietary brands such as Primula and Ecolution.

As a tribute to his grandfather who was the first in his family to import housewares, Brian Melzer has a tradition of wearing his grandfather's overcoat each year at the International Home & Housewares Show.

For more information, visit www.epoca. com, www.primulaproducts.com or www. ecolutionhome.com, call or call 561-353-3900.

Plato's Closet presents sales awards to Boca Raton owners

Plato's Closet, a fashion reseller franchise, honored the following Boca Raton-area store owners with the company's Sales Excellence Award at their recent annual conference, held from April 30 – May 3 in Anaheim, CA.

Stephanie Siney and Jack Siney from Plato's Closet of Boca Raton, located at 2240 NW 19th St. and Plato's Closet of Wellington, located at 10200 Forest Hill Blvd Ste 110.

This year's conference agenda was shaped, in part, by the challenging retail environment of 2013. Conference organizers planned sessions and events designed to help individual store owners approach competitors of all types as motivators to improve service, communication and inventory at their own stores.

Plato's Closet resale stores cater to fashionconscious teen and young adult customers who want to sell their gently used clothing and accessories or update their wardrobe with the latest styles and trends.

With an ever-changing inventory of quality gently used merchandise, the stores are local fashion destinations that deliver ontrend looks from makers like Forever 21®, Nike®, H&M®, Aeropostale® and American Eagle® at an unbeatable price.

We are proud of all of our award winners because this award is a reflection of the loyalty their customers feel for their stores and our brand," said Renae Gaudette, director of Plato's Closet. "These store owners know that they owe their clients the very best shopping experience they can deliver, and they stayed focused on having the right looks at the right prices and the right time - all the time. We know that they will continue to earn their customers' loyalty in the years to come."

This year's conference featured a full agenda of workshops and events on topics ranging from store management to social media, with an emphasis throughout on providing an exceptional client experience to anyone visiting a Plato's Closet store. This year's keynote speaker, Dennis Snow, is a former Disney executive and world renowned expert in customer service and the customer experience. His remarks also emphasized the importance of delivering a consistent and positive brand experience to increase brand loyalty and promote life-long customer retention.

For more information visit www. platoscloset.com.

Adopt-A-Family of the Palm Beaches announces Matthew Constantine to serve as new CEO



New CEO of Adopt-A-Family, Matthew Constantine

Adopt-A- Family of the Palm Beaches, Inc., an agency dedicated to bringing families in crisis to stability and self-sufficiency, is proud to announce that Matthew Constantine has been appointed CEO of the agency.

Constantine, who has been with Adopt-A-Family since 2002, will now manage the \$5.5 million budget, and the day-to-day operations of the agency, which serves more than 1,500 children and families throughout Palm Beach County each year. Constatinine's achievements during his tenure at the agency to date include playing an instrumental role in significantly expanding their affordable housing portfolio, enhancing their social service and housing programs, and garnering national attention through grant awards from the Kresage Foundation, Bank of America's Neighborhood Builders, and TD Bank's Housing for Everyone Competition.

"Helping to educate, empower, and assist families in need is a passion of mine," said Constantine when asked about this new role within the organization. "I am excited to bring some new ideas to life, and to watch our organization grow and help even more children and families. We've done great work over the years. I look forward to the future."

In addition to his work with Adopt-A-Family, Constantine has served as the Vice Chairman of the Lake Worth Community Redevelopment Agency and was an executive member of Palm Beach County's Continuum of Care. He received his Master's Degree in Social Work from Barry University in Dade County, Florida. Constantine resides in Lake Worth with his wife, Linnea and son.

For more information on this appointment, or to learn more about Adopt-A-Family of the Palm Beaches, Inc., please contact (561) 253-1361 or visit www.adoptafamilypbc.org.



Local business broker named to Million Dollar Club

Fatima Grady, Sales Intermediary with Transworld Business Advisors, has been named to the Business Brokers of Florida (BBF) Million Dollar Club for 2013. The Million Dollar Club honors Realtors who choose to be recognized and qualify for the award based on their previous year's total dollar volume of at least one million dollars. This is the second time that Ms. Grady has won the award. She has been a Business Broker for ten years.

"Qualification for the BBF Million Dollar Club is a great achievement," said Andrew Cagnetta, CEO of Transworld Business Advisors. "In fact, it sets the Business Broker apart as being capable of successfully taking a complicated business transaction from listing

"Attention to detail, presentation and effective marketing are the keys to a successful listing," states Ms. Grady. "As a buyer's representative, I draw upon my understanding of the market, which comes from years of hands-on experience."

Caroline Doughty joins Rodan and Fields as an Independent Consultant

DELRAY BEACH, FL- Rodan and Fields Dermatologists is changing skin and changing lives by partnering with independent business owners across the United States to bring innovations in anti-aging skincare to everyone. In an unprecedented move, Rodan and Fields became the first prestige skincare line to leave the department store atmosphere for the world of direct selling.

Caroline Doughty of Delray Beach has recently joined the company as an independent consultant. She shares why she chose to represent Rodan and Fields. "Having recently moved to Florida, and enjoying the outdoor lifestyle, I was concerned about the damaging effects of the sun, and was looking for a skincare program that could address these concerns. After using several of the Rodan and Fields products, and seeing great results I decided to pursue the business opportunity. I wanted my own little niche, a business where I could thrive, and experience unlimited earning potential. Rodan and Fields can be a vehicle for women to become successful, independent entrepreneurs."

When asked what a Rodan and Fields skincare consultant Doughty explained that they spread the word, talk to people, and help make a difference in their lives. "The first priority



Caroline Doughty

is to introduce the Rodan and Fields products to as many people as possible," she explains. "Once our clients are passionate about their skin and passionate about the Rodan and Fields products, it only makes sense for them to earn extra income for spreading the word as well."

This is a particularly compelling time to be part of Rodan and Fields as a convergence of important trends is creating new business opportunities and traditional business models are changing. Almost three billion dollars is spent each year on skincare products designed to reduce the signs of aging (Euromonitor).

What I like about working with Rodan and Fields is that I can create a business that works around my schedule," explains Doughty. "I can build a business that can help pay for bills, children's college tuition and possibly even more. The efforts I make in the business directly translate into results. I don't have to rely on anyone else. I enjoy introducing people to products that they love. They are so happy and grateful to see improvements in their skin.

After graduating with honors from Warwick University in England, Caroline Doughty worked briefly as a journalist for Better Homes & Gardens South Africa. She then spent fifteen years at IBM, first as product manager for the IBM PC in South Africa, then as Marketing Representative in Boston, Massachusetts. Doughty left the corporate world to start a successful retail business in Marblehead, Massachusetts that she ran for 10 years.

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EXCLUSIVE LISTINGS





MIZNER COUNTRY CLUB'S BEST ESTATE HOME

Delray Beach. Glamour and graciousness: A true estate on one of the best lots. Dramatic 6 BR, 6.2 bath designer home features Venetian plaster, hand-painted ceilings, mosaic marble flooring, coffered ceiling, a cast stone fireplace, and more. This home has impact glass throughout, video monitored security, and a car lover's 5 car garage. Generator & Full Membership INCLUDED. Reduced to \$2.575M WEB #2989913



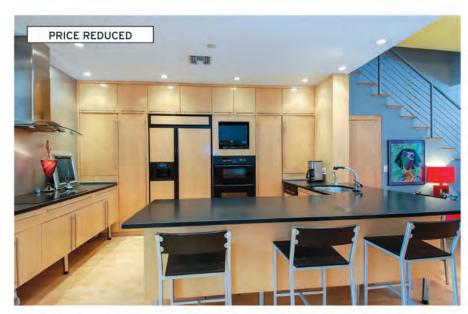


ULTRA-LUXURIOUS TROPICAL HIDEAWAY ON 2.4 ACRES

Boca Raton. An ultra-luxurious tropical hideaway, named "Serenity Point," this spectacular lakefront estate on 2.42+/- lush acres in the coveted 32-home Le Lac has been renovated like new with premium upgrades ranging from all new electric & AC systems to the finest finishes. Meticulously designed 7 BR, 8 and one-half bath residence boasting gorgeous views, a large guest house and spacious 6-car garage parking enclave. Secluded resort-like grounds complete with private patios, swimming pool by the lake and tennis court. Excellent Le Lac Value at \$4.375M WEB #2540724

With over \$45M in sales, Jennifer delivers excellent results for buyers & sellers alike.





PERFECT BEACH TOWNHOME

Delray Beach. Contemporary Bermuda-style townhouse offers modern design & beautiful surroundings. Spacious 3 BR, 2.1 bath 2-story beach villa. BRING ALL OFFERS - Best kept secret east of A1A to beginning. Listed below appraisal at \$965K. WEB #2718014

Equity crowdfunding gains steam

What entrepreneurial investors need to know

By Jeremy Office

Special to The Pineapple

Last year, fans collectively raised nearly \$6 million via Kickstarter to fund a film version of cult TV show Veronica Mars. That's the kind of scenario that most people think of when they hear the term crowdfunding. But there's another kind of "crowdfunding:" equity crowdfunding, where people give money in exchange for a small ownership share of a company.

Many people, including business owners who want to support their fellow entrepreneurs, see equity crowdfunding as a way to invest in promising young businesses and possibly make serious money in the process. But those who jump into equity crowdfunding without first educating themselves could easily get burned.

Equity Crowdfunding: The Basics

Currently, equity crowdfunding is only open to accredited investors, or those earning more than \$200,000 a year or with a net worth greater than \$1 million. However, the SEC recently proposed new rules that will permit companies to raise money online from virtually anyone. If the rules are enacted and the pool of potential investors expands, a flood of companies may turn to equity crowdfunding as a way to raise capital, creating even more opportunities for investors both large and small.

Investment or Donation?

Crowdfunding is a broad term, and if you're considering supporting a new project or company, it's important to first understand whether you are investing or making a donation. If you want to make an equity investment in a startup, look to websites like Gust, Angellist and Fundable, which are different from popular crowdfunding platforms like Kickstarter and Indiegogo.

Sites like AngelList allow people to actually purchase a stake in a company. Companies or individuals raising money via sites such as Kickstarter, on the other hand, may offer supporters a modest perk, like a T-shirt or the product or service itself, but they aren't entitled to anything beyond that—they're donors, not investors. That was the tough lesson learned by the 9,500 people who donated \$2.4 million to get virtual reality company Oculus VR off the ground. Facebook later bought the Oculus VR for \$2 billion, but those early supporters won't see a dime from their "investment."

Due Diligence Is Essential

Anyone who decides to pursue equity crowdfunding also needs to conduct due diligence before they invest. Entrepreneurs may have an edge here, since it may be easier for them to distinguish a viable business from one that may not have a future. Be alert for potential fraud or scams. Just because a business is soliciting money via an equity crowdfunding site doesn't mean that it's legitimate or a good investment. Some critics have even suggested that companies with great potential and strong business plans may get funding from venture capitalists or banks, while less-promising startups may turn to crowdfunding in a last-ditch attempt to raise capital.

Understand the Deal's Terms

Finally, anyone seriously considering an equity crowdfunding opportunity should understand the precise terms of the deal. Some critics of the Securities and Exchange Commission's proposed rules are worried that those who are new to crowdfunding may not understand the more complex deal terms that are common in the startup world. More experienced investors could have an edge since they may be able to negotiate favorable deals. Whether you're investing \$2,000 or \$200,000, getting advice from an experienced professional can help you ensure that you are able to make a smart deal, especially if you're new to this type of investing.

When it comes to crowdfunding, successful business owners who want to help other entrepreneurs should proceed with caution. While the potential rewards are great, there are also risks. Don't neglect due diligence, get guidance from an experienced financial professional, and don't invest more in a risky venture than you can afford to lose.

Jeremy Office, Ph.D, CFP, CIMA, MBA is Principal at Maclendon Wealth Management in Delray Beach and specializes in portfolio construction, strategic asset and liability



management, and long term planning relating to financial matters as well as real estate, income tax, insurance and estate planning. He is also Managing Partner of SJO Worldwide a venture capital company.

www.maclendon.com 855.MAC.WEALTH

10 tips to rev up your business in 2014

By Fatima M. Grady

Transworld Business Advisors

We're almost half way through 2014 and it's time to rethink, reload, and reenergize. While you probably made some resolutions for your personal life, now is the time to do the same for your professional life.

- 1. Dress sharper. Start with accessories like ties, shoes, and jewelry. Nothing says it has to be expensive; you will raise your game and have others take you more seriously.
- 2. Think and plan big. Write down your goals and share them with a mentor. Create your top three goals of the year on a document, email it to five mentors, and print it out and hang it nearby.
- 3. Upgrade and leverage your technology. Dump three apps on your phone and research three new ones.
- 4. Get in shape physically and mentally. Make sure it fits you. You might not be marathon ready, but yoga could be a great way to focus on getting in shape and calming your mind.
- 5. Tweet and email less. Use more personal and meaningful communication. Try to get away from the screens in your life and actually meet more, talk more and enjoy looking beyond two feet in front of you.
- 6. Learn something new that makes you a specialist. Education outlets are more available and flexible than ever. Make time to take that computer course, get that certification, or advanced degree. You are never too old or too busy.
- 7. Do more advertising, marketing, networking and branding and be consistent with your messaging. Make a commitment to have frequent and consistent marketing for your brand. Hire a coach or advertising agency. Write a blog. Dive into social media on a professional level.

- 8. Give back to your community. This can improve your professional life significantly. Attend functions, volunteer at your local charity, organize an event, or join a committee. Some of the best fun I have had in life has come from my charitable endeavors.
- 9. Make money and feel like you deserve it. Stop giving away your time and expertise. The recession is over and you deserve to get paid. Raise your rates and justify the increase through better service and increased expertise. Profits are good. They make the economic world go round. When people and companies earn it gives them the ability to invest, give back and spend money in our communities.
- 10. Be nicer, and increase customer service. Commit to be a better human and lead by example. Take the extra time to nurture your existing relationships that you may often take for granted.

2014 is shaping up to be a great business year. I wish you all the best in your pursuit of profits and happiness.



Born in Bogota Colombia, Fatima Grady moved to Florida with her family in 1977. She has always loved to work with small business owners, because her parents owned a business and she could see their challenges. After

finishing her education, she began her own business setting up computerized accounting systems and training business owners and their employees. After 20 years it was a perfect transition for her to move into the Business Brokering world. She is now a licensed Sales Agent with Transworld Business Advisors.

Local Women's Council of Realtors Team Awarded 2013 Chapter Excellence Award



Photo Left to Right: Amy Stark Snook (President), Scott Sweigart (Treasurer) Sue Ann Paine (Chair of Membership), and Jessica Rosato (Secretary)

PALM BEACH COUNTY, FL – The Greater Palm Beach County Leadership Team of the Women's Council of Realtors (WCR) was recently awarded the 2013 Chapter Excellence Award. Members of the leadership team include Amy Stark Snook (President), Sue Ann Paine (Chair of Membership), Scott Sweigart (Treasurer) and Jessica Rosato (Secretary).

Rosato, a Residential Real Estate Specialist with Sotheby's International Realty, is the current Secretary and Business Affiliate Marketing Chair of the WCR. She hosts a meeting each quarter where she works with affiliates to help them get the most out of their membership, while helping them grow their businesses through valuable tips and suggestions for networking, marketing and reaching out to target audiences.

According to Rosato, "The WCR is many things to many people and serves a huge purpose and role within the real estate community. It is a reliable source of knowledge, trusted by professional realtors for over 60 years and is committed to the personal and professional success of its members.

The WCR not only delivers credibility because it stands for professional excellence, but also provides relevant skills needed in today's marketplace and a support system that increases referral business and boosts productivity. The WCR strives to be bearers of professionalism, educators, and business builders and it welcomes energetic, productive, full-time realtors who are reliable and share a female perspective that supports helping others grow."



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👸 real estate briefs



Delray Beach Community Land Trust Board President Lula Butler, builder Chuck Halberg of Stuart & Shelby Development, DBCLT board members Dr. Morrie Weinman, Vicki Hill, Gary Eliopoulos and Kimberly Camejo.

DELRAY BEACH COMMUNITY LAND TRUST SHOWCASES NEW HOME AT OPENHOUSE EVENT

The Delray Beach Community Land Trust, (DBCLT), which provides affordable housing opportunities to low-to-moderate-income households, held an open house on April 23 to showcase the completion of its latest newly constructed home.

The new home, located at 110 SW 14th Ave., is an addition to the Atlantic Square Project.

"We're very pleased that the current housing market has afforded the DBCLT the opportunity to resume new construction and secure leasehold mortgage financing for income-qualified individuals," said Evelyn Dobson, executive director of the not-for-profit organization. "Through the DBCLT ownership program, homes such as this further our mission to strengthen neighborhoods and our community."

The three-bedroom, two-bath house, built by Stuart & Shelby Development, will be sold to Marie Succes, a single mother who has waited more than two years for a new home to be built.

"I worked so hard to get this house," she said. "I'm so happy to have it. I don't just like it, I love it."

With leasehold mortgage financing now available, the Delray Beach Community Land Trust plans to begin construction of another home in the Atlantic Square project within 60 days.

For more information about the Delray Beach Community Land Trust, please call 243-7500.

About the Delray Beach Community

The Delray Beach Community Land Trust is a non-profit organization dedicated to fostering healthy communities through the creation, stabilization and preservation of quality, long-term affordable housing. Since 2006, the DBCLT has assisted more than 59 low-to-moderate-income households reach their dream of homeownership.

RECORD COMMERCIAL REAL ESTATE SALE PROVES VALUE IN WEST ATLANTIC AVENUE

DELRAY BEACH, FL – Jim Knight, real estate broker, consultant and owner of The Knight Group, LLC recently sold the former check cashing store at 52 West Atlantic Avenue to Hudson Holdings for \$2.65 million, \$935/building square foot, \$158/land square foot. The sale is a significant increase in dollars per square foot, setting a new record for the area. The buyer is focused on linking the thriving East Atlantic Avenue to West Atlantic Avenue communities.

The sale comes on the heels of Prime Development's topping off phase of the Marriott Fairfield Inn construction just east of the I-95 on Atlantic Avenue. Expansion of the downtown activity and pedestrian lifestyle to West Atlantic Avenue has the potential to build business and property value for residents in the area.

Florida Native, Knight, is an active member of several boards and committees relating to city planning in South Florida. He is an advocate and supporter of local nonprofits including cross-cultural organizations serving those in West Atlantic Avenue neighborhoods.

"Real Estate investments have to be strategic, not only for the best investment, but also to align with the latest plans for community development," says Knight, whose offices have been in Delray Beach for more than 20 years. "We also can't forget to listen to citizens and community leaders for valuable feedback."

The Knight Group, LLC is a long-time supporter of Delray Beach High School, Our Support for Children in Need and a sponsor of the Toussaint L'Ouverture High School's La Siren Afro-Caribbean Festival. The 2014 festival was held May 17-19 at the Delray Beach Tennis Center.

For more visit www.knightgroupfl.com

LANG REALTY SUPPORTS BOCA RATON BEAUTIFICATION COMMITTEE

On Tuesday, June 10, 2014, the Boca Raton Beautification Committee will select the winners of their Annual Landscape Excellence Awards at an 11 am ceremony held at City Hall. Each year, the Committee honors local businesses for their landscaping efforts in several different categories.

The recognition encourages businesses, churches, homeowners associations and schools in the city limits to improve their landscaping and add to the beauty of Boca Raton. A luncheon sponsored by Lang Realty and Lang Management for winners and officials will follow the ceremony. Each winner will be presented with a special plaque.

The Boca Beautification Committee was formed in 1983. City Council Member Al Edmunds and the first Chairman of the Boca Raton Blue Ribbon Beautification Committee, David Ashe funded a landscape project on South Federal Highway at Royal Palm Way. This small area of 350 feet was the "seed" for the beautification of Boca Raton and has spread to include more than five million square feet of landscaped medians and right of way throughout the city today.

For more information, please visit www. langrealty.com or contact 561.989.2100.

For more information about Lang Realty and details on current listings, call 561-989-2100 or visit www.langrealty.com. You can also follow Lang Realty on Facebook, Twitter, LinkedIn and Lang's blog for real estate updates and Lang Realty news.

www.facebook.com/LangRealty; www.twitter.com/langrealty; www.linkedin.com/company/lang-realty.

ATLANTIC COMMUNITY HIGH SCHOOL EAGLE NEST CONSTRUCTION ACADEMY COMPLETES HOUSING PROJECT

Eagle Nest, Atlantic Community High School's Construction Academy, showcased its latest housing project at a ribbon cutting ceremony on April 10, 2014. Eagle Nest 2, a three bedroom, two bath "green" home located at 232 NW 8th Avenue, is the second residential project designed and built by students.

The property on which the house resides was donated by the City of Delray Beach and the Delray Beach Community Redevelopment Agency provided a \$130,000 loan to the school to fund the project. In addition, local contractors, architects, business owners and companies donated their services and/or materials. All labor was performed by students under the direction of experienced craftsman. Profits from the sale of this home will be given to the school in an effort to make Eagle Nest a fiscally self-sustaining program.

The Eagle Nest Construction Academy prepares students for college and/or for employment in the building construction industry by providing the skills necessary to enter home building, general contracting and



other related fields. Training occurs in the classroom as well as on the construction site.

With the completion of Eagle Nest 2, students are already working on another residential unit. The Delray Beach Community Redevelopment Agency has committed a \$150,000 loan for the third Eagle Nest home and the property will be donated by the City. Construction is scheduled to begin in the fall.

For more information, please contact Atlantic Community High School at (561) 243-1500.



TWIN-STAR INTERNATIONAL HOME FURNISHINGS DONATES \$1500 TO HABITAT FOR HUMANITY OF PALM BEACH



win-Star International Home Furnishings of Delray Beach, FL presented a check for \$1500 to Habitat for Humanity of Palm Beach County on Friday, April 25, 2104 during the company's TEAM Build project. Eighteen energetic employees joined Twin-Star president, Robert Cohen, to frame, roof, paint and landscape the Habitat for Humanity home at 1024 Lincoln Road, West Palm Beach, FL. "We encourage all of our employees to give back to the community, and it is our pleasure to advance the wonderful work of Habitat for Humanity of Palm Beach County," said Cohen.

TEAM Builds provide local companies the opportunity to contribute to Habitat for Humanity's mission of building simple, decent, safe, affordable houses for low income, hardworking qualified families in partnership with God, community volunteers and local organizations. They also give the participating teams an enhanced sense of camaraderie, accomplishment and cohesiveness. "It's a win-win situation for everyone," said Bernard Godek, Executive Director of Habitat for Humanity of Palm Beach County.

For more information about Habitat for Humanity of Palm Beach County, please visit www.habitatpbc.org or call (561) 253-2080.

For more information about Twin-Star International Home Furnishings go to www.twinstarhome.com or call (561) 330-3201.







International Business ALLIANCE

When: Tuesday, June 3 11:30 am - 1:30 pm Where: Lynn University, 3601 N. Military Trail, Boca Raton

Trustee Only: Meet FAU's Newest VIP's

When: Thursday, June 5 5:30 pm - 7:30 pm Where: Florida Atlantic University, Acura Club Level 777 Glades Road, Boca Raton

BOCA CHAMBER 44th ANNUAL GOLF CLASSIC

The Boca Chamber will be hosting its 44th Annual "Golf Classic" on Friday, June 6th at Via Mizner Golf & Country Club in Boca Raton (6200 Boca del Mar Drive). The event kicks off at 7:00 a.m. with a breakfast and goes on until 2:30 p.m. Tickets are \$200 per player and \$800 per foursome. Approximately 170 guests are expected to attend.

The Annual Golf Classic hosts 36 teams of golfers; they enjoy a fun-filled day of golfing, strengthening relationships and enjoying a relaxing day on the greens. This eventful day is comprised of

a breakfast, a putting contest, a day of golfing followed by a luncheon/awards reception.

Sponsorship opportunities are available. For information on sponsorship opportunities and tickets please contact Chasity Navarro at 561.395.4433 ext. 233, cnavarro@bocachamber.com or visit www.bocachamber.com

New Member Orientation

When: Tuesday, June 10 11:45 am - 1:15 pm
Where: BRIO Tuscan Grille, 5050 Town Center Circle, Boca Raton

Government Affairs Committee

When: Thursday, June 12 / 11:30 am - 12:30 pm Where: Greater Boca Raton Chamber of Commerce

Boca Chamber Ambassador Meeting

When: Friday, June 13th / Noon - 1:00 p.m. Where: Greater Boca Raton Chamber of Commerce

PULSE Luncheon

When: Tuesday, June 17 11:45 a.m. - 1:15 p.m. Where: Ruth's Chris Steak House. 225 NE Mizner Boulevard Suite 100, Boca Raton

ECONOMIC DEVELOPMENT COMMITTEE

When: Tuesday, June 17 3:00 p.m. - 4:00 p.m. Where: Greater Boca Raton Chamber of Commerce

South Healthcare Advocacy Network (S.H.A.N) The Boca Chamber's Medical Initiative

When: Wednesday, 6/18/2014 8:30 am - 10:00 am Where: Vi at Lakeside Village, 2792 Donnelly Drive, Lantana

Leadership Boca 2014 Graduation Lunch

When: Wednesday, June 18, 2014 11:45 am - 1:30 pm Where: Boca Country Club, 17751 Boca Club Boulevard

Membership Breakfast

• Listed events are for Boca Chamber members only unless otherwise noted.

When: Thursday, June 19, 2014 7:45 am - 9:15 am Where: Woodfield Country Club, 3650 Club Place, Boca Raton

Smart Talk For Women

When: Tuesday, June 24, 2014 11:30 am - 1:30 pm Where: Ruth's Chris Steak House. 225 N.E. Mizner Blvd. Suite 100 Facilitator: Nancy Proffitt, Founder and President of Proffitt Management Solutions

Successful Women In Business

When: Thursday, June 26, 2014 11:45 am - 1:15 pm Where: Jazziz Nightlife, 201 Plaza Real, Boca Raton

International Business ALLIANCE

When: Tuesday, July 1 11:30 am - 1:30 p.m.
Where: Lynn University, 3601 N. Military Trail, Boca Raton

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FAU launches startups at 2014 Business Plan Competition

BOCA RATON, FL – Florida Atlantic University's Adams Center for Entrepreneurship and the College of Business, along with the Research Park at FAU, recently hosted the 2014 FAU Business Plan Competition. More than 250 registered teams comprised of FAU students, members of the business community, alumni, and the Greater Boca Raton's Young Entrepreneurship Academy students, competed for a share of more than \$200,000 in cash and prizes.

"This competition connects the dots within the South Florida entrepreneurial ecosystem," said Kimberly Gramm, assistant dean and director of the Adams Center for Entrepreneurship at FAU. "Not only are we seeding Florida businesses with startup funding and resources, we are positively impacting Florida's economic development and cultivating the strong pool of entrepreneurial talent found in our local community."

More than 900 guests attended the threeday competition events, which provided an opportunity for participants to compete and test their business ideas. Sixteen teams advanced to the final round of events. Teams submitted their plans in one of two categories: the Entrepreneur Track, which was designated for alumni and members of the business community-at-large; or the FAU Student Track, which was open only to current FAU students. The Greater Boca Raton Chamber of Commerce's Young Entrepreneurs Academy (YEA!) Investor Panel featured students in seventh through 12th grades, who developed legitimate businesses and pitched to investors for seed funding.

The YEA! Investor Panel scholarship winner was Matthew Pohl, a junior at Spanish River High School in Boca Raton, for his enterprise, Bitquity, a mass micro-equity bitcoin mining farm. As winner of the YEA! Investor Panel, Pohl advances to the regional Saunders Scholars Bright Ideas College Scholarship Competition to be hosted at FAU on Friday, May 16. The winner of the regional round will advance to the national competition for the opportunity to win a \$30,000 scholarship.

The FAU Student Track winner, receiving \$17,000 in cash and \$19,190 in prizes, was FAU student Jan Bednar for his company BedaBox. Originally from the Czech Republic, Bednar provides a solution for international shoppers who wish to purchase online from companies in the United States. BedaBox uses a sophisticated software application to help people overseas purchase via any form of currency. In addition, BedaBox customers can manage their shipping via an easy to use dashboard.

The Entrepreneur Track winners of the competition, receiving \$17,000 in cash and \$17,790 in prizes, were Tim Clark and Bill Cummings for their company, Modulux Lighting, a company that turns light into money by leveraging patent pending technology to provide more light with less energy. Modulux Lighting has engineered and commercialized LiteBlox, a portfolio of LED lighting fixtures positioned to service

the lucrative commercial LED market. Both Clark and Cummings are graduates of the FAU Adams Center for Entrepreneurship's Entrepreneur Boot Camp certificate course.

The welcome reception offered the opportunity for participating teams to meet and network with experienced venture capital principals, early-stage angel investors, successful entrepreneurs and senior business leaders. Each team presented a 90-second elevator pitch and attendees voted for their favorite idea. Fresh Start Beverage Company was the recipient of this year's People's Choice Award and received a \$5,000 cash prize sponsored by Office Depot. Fresh Start Beverage Company works for health conscious consumers by providing natural fruit, plant, and non-dairy beverages as a solution to the growing alternative milk market.

FAU President John Kelly presided over the 2014 awards ceremony. The event's keynote address was provided by Tim Gannon, co-founder of Outback Steakhouse, Inc., and chief executive officer of Palm Beach PDQ.

Other attendees included David Bates, shareholder of Gunster, Yoakley & Stewart; Hein Onkenhout, entrepreneur; Marti LaTour, Belle Capital; John Duffy, founder and chief executive officer of 3Cinteractive; Andrew Duffell, president and chief executive officer of the Research Park at FAU; Bob White, shareholder of Gunster, Yoakley & Stewart, P.A.; Rhys Williams, president and co-founder of New World Angels, Inc.; Brian Foremny, entrepreneur; Barry Steiner, Ladenburg Thalmann; Brodi Jackson, managing director of Caerus Ventures; Jackie Reeves, managing director of Bell Rock Capital, LLC.: David Spinola, chief financial officer of Academy Medical, LLC.; Dave Walsh, managing partner of Kayne Anderson; and Randy Wood, co-founder of Citrix Systems and chief executive officer of Coneca Properties.

Mentors, judges and more than 100 volunteers assisted in the successful implementation of the event, contributing more than 2,500 hours of service to the College. Community partnerships enable the Adams Center for Entrepreneurship to continue its support for entrepreneurial programs and early stage companies.

Sponsors for the 2014 competition include presenting sponsor Research Park at Florida Atlantic University; gold sponsors; Modernizing Medicine, The Chester Foundation; The Greater Boca Raton Chamber of Commerce; MoreVisibility; Gunster; RedLetter; silver sponsors; Champion Solutions Group; Office Depot; Caerus Ventures; Gateway Commercial Finance; Office Edge; PDQ; SBA Communications; Zimmerman Advertising; eMerge Americas; bronze sponsors; 3Cinteractive; Charity Services Centers, P.A.; Northwestern Mutual; Blackbyrd Group; Daszkal Bolton; MobileHelp; Gold Coast Venture Capital Association; EcoLab; NCCI Holdings; The Rector Group; CBIZ; Charity Services Centers, P.A.; and Forte Interactive.

For more information, contact Maggie Kelly at 561-297-0927 or visit www.business.

Brinkley Morgan Attorney Yueh-Mei Kim Nutter Receives Mental Health Association of Southeast Florida's EPIC Award

BOCA RATON, FL – Brinkley Morgan, a full-service law firm with offices in Fort Lauderdale and Boca Raton, announced that partner Yueh-Mei Kim Nutter received an Exceptional People Impacting the Community (EPIC) award from the Mental Health Association of Southeast Florida at the organization's annual awards luncheon on May 14.

The Mental Health Association's EPIC Award recognizes individuals for their efforts to improve the lives of South Florida's residents and advocate for persons with mental illness, as well as for their overall contribution to the public good.

Nutter was being honored for her advocacy of mental health and wellness issues, including her role in spearheading a new Guardian ad Litem training program for family court as chairperson of the Attorney ad Litem and Guardian ad Litem Ad Hoc Committee of the Florida Bar's Family Law Section.

The program trains mental health professionals, attorneys and volunteers from the general public to serve as Guardians ad Litem in family court proceedings, which entails investigating issues concerning children and making recommendations to the court that are in the best interest of the child. Nutter led the program's first pilot seminar last year, with plans for a wider roll-out in the near future.

Nutter also leads an annual, complimentary family law seminar for mental



Yueh-Mei Kim Nutter of Brinkley Morgan Law

health professionals. Hosted by Brinkley Morgan, the seminar covers topics that emotionally and legally affect clients during family disputes such as divorce, paternity, dependency and more while also providing continuing education credits for mental health professionals.

Nutter is Florida Bar board-certified in marital and family law and a Florida certified family mediator and appellate mediator. She concentrates her practice in the area of civil litigation with a particular focus on all matrimonial and family law cases and probate and trust disputes.

APPLE-ICON WOWS SCIENCE CENTER SUPPORTERS WITH INTIMATE CONVERSATION ABOUT TECHNOLOGY

The Tech Revolution: An Evening with Steve 'Woz' Wozniak offers insight into past, present and future tech advances



Lew Crampton and Steve Wozniak

PALM BEACH, FL – Speaking openly and candidly in a living-room format interview, Steve 'Woz' Wozniak entertained, challenged and joked, as South Florida Science Center and Aquarium benefit guests watched intently – until it was their turn to ask the questions. "The Tech Revolution: An Evening with Steve 'Woz' Wozniak' was chaired by Elizabeth and Ben Gordon.

"The 'Woz' was a perfect fit for the annual Science Center benefit," said Ms. Gordon. "Wozniak was able to impart wisdom to a group full of science and technology supporters, but in a fun and engaging atmosphere. He shared that his love of engineering was developed at an early age, and in order to get children involved in science, math and technology, we need to have a hands-on learning platform where they can experiment with science, such as the South Florida Science Center. We are grateful to the Science Center's supporters for recognizing this growing need."

The intimate evening felt more like 'Woz'

was a personal dinner guest, as he shared his formula for happiness, happiness equals smiles minus frowns; told stories about his infamous pranks, his wife attested that no one was safe from being 'Woz-ed'; gave personal tips for iPhone use; and divulged his vision for the future of technology. One of the most sought after technology speakers, Wozniak has helped shape the computing industry with his design of Apple's first line of products - the Apple I and II, and influenced the popular Macintosh. In 1976 Wozniak and Steve Jobs founded Apple Computer, Inc., with Wozniak's Apple I personal computer. Currently, he serves as chief scientist for Fusion-io and is a published author.

"It is clear that science and technology are vital to our future," said Lew Crampton, Science Center CEO. "As 'Woz' can attest, it is critical to engage children at a young age and turn them on to a future in science as so many science, technology, engineering and math jobs are going unfilled. We are thankful to our benefit chairs, Elizabeth and Ben Gordon, for recognizing the importance of technology and securing world-class speaker Steve 'Woz' Wozniak. We are also grateful to our supporters, including Quantum Foundation and new donor Amin Khoury, founder and CEO of B/E Aerospace. We are excited to share news about his recent donation of \$250,000.

With a mission to "open every mind to science," the Science Center features more than 50 hands-on educational exhibits, an 8,000 gallon fresh and salt water aquarium-featuring both local and exotic marine life, a digital planetarium, conservation research station, Florida exhibit hall and an interactive Everglades exhibit.

The South Florida Science Center and Aquarium is located at 4801 Dreher Trail North, West Palm Beach and is open Monday – Friday from 9am-5pm, and on Saturday and Sunday from 10am-6pm. For general information about the Science Center, call 561-832-1988 or visit www.sfsciencecenter.org.



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What is Your Company's Brand?

By Allison Turne

Business, Marketing & Sales Consultant

Your company's brand is built to attract your ideal customer. Some business owners make the mistake of building a company brand based on what they like, instead of what attracts the target market. When looking at your ideal customer, you must consider the demographics, psychographics and behaviors of the market.

Most understand demographics and behaviors, but psychographics include values, attitudes, interests and lifestyles. Are you marketing to businesses or consumers? Some business owners feel that everyone is their target market, but everyone is not going to purchase your product or service.

The brand starts with your logo which is then included on all marketing materials such as your website, business card, brochure, and Facebook business page to name a few. So often, we see a company that has an inconsistent brand where their business card looks different from their website which looks different from their brochure. How will a person remember your company when each piece looks so different? Consistency builds confidence.

In creating the brand, you must consider what speaks to your target market as far as the font, the colors, and the images. Let's start with the logo, which a potential client will see on all marketing pieces. There are fonts that attract women vs. men, that are gender neutral, that speak wealth, and much more. A business has hundreds of fonts to choose from, so be very clear on what will speak to your target market.

The colors chosen also display your brand. For example, blues often create

a sense of trust and security while certain greens are associated with wealth. In creating our brand, we went with black and white, where black is a powerful color often used to market high end products, and white brings a sense of simplicity. When people ask, we share with them that "we are branded black and white because there is no grey area when it comes to business." If you are incorporating images within your logo, do those images share the message and the brand you want to convey to your audience?

Once the logo is designed, the website, brochures, and business cards need to be consistent as well. When a person picks up a brochure and goes to the website, he sees a professional company with a consistent brand that is speaking to the potential customer. Remember consistency builds confidence and it builds brand awareness in the community.



Allison Turner is CEO and cofounder of Business Consultants of South Florida, (BCoSF) located at 301 W Atlantic Avenue, Suite 05. She is a resident of Delray Beach, as well as active member of

the Greater Delray Beach Chamber of Commerce. BCoSF is passionate about helping their clients either start or grow a sustainable and profitable business through their strategic business, marketing and sales plans and consulting services. For more information visit www.BCoSF.com or call 561-276-4422.

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CareerSource Palm Beach County and the Education Commission.

"When it comes to education, perception is not reality. A strong educational system is critical to economic development," said Kelly Smallridge, President and CEO of the BDB

The site features mapping capabilities allowing visitors to look at educational options in different parts of the county and videos that bring the programs to life.

People familiar with the history of education in Boca Raton and Delray Beach know that city support for local schools has been very strong.

Delray Beach was one of the first cities to form an Education Board and hire a full time education coordinator.

The city has also spent millions of dollars assisting the district with programs, facilities and the like.

The Boca Chamber's Golden Bell Foundation is renowned for raising substantial funds to support local schools and its economic development strategies tout higher education and the city's A-rated public schools.

We urge readers of YourDelrayBoca. com to visit www.PBCedu.org and take a tour. The site is a monumental achievement.

Conservation Leadership Lecture at Zoo

WEST PALM BEACH, FL – The third Conservation Leadership Lecture of 2014 will occur on Thursday, June 12, from 6 p.m. to 8 p.m. in the Palm Beach Zoo & Conservation Society's Tropics Café, titled "Florida Panther Habitat Conservation and Connectivity." The lecture will feature conservation biologist, Richard A. Hilsenbeck, Ph.D. Guests are invited to enjoy cocktails, hors d'oeuvres and Zoo animal encounters before the lecture presentation from 6 p.m. to 6:30 p.m. Members of the media are invited to pre-interview Dr. Hilsenbeck by telephone ahead of the event.

In "Florida Panther Habitat Conservation and Connectivity," guests will hear from Dr. Hilsenbeck, who has more than 35 years of experience in conservation biology, including nearly 23 years with The Nature Conservation (TNC). He is currently Director of Conservation Projects for the Florida Chapter of TNC and has statewide responsibilities for project initiation, design and implementation. He is the author/co-author of more than 60 Preservation 2000, Save Our Rivers and Florida Forever projects, with many focused on the conservation of Florida's ranch and timberlands.

Dr. Hilsenbeck is considered an expert in the area of conservation easements, ecological assessments and descriptive ecology of Florida's natural communities. He has primary responsibility within TNC for land acquisition issues before the state's Acquisition and Restoration Council and has been successful in guiding scores of projects through the State of Florida's initial land acquisition process. He is the author of more than 30 peer-reviewed



articles published in scientific journals, chapters in several books, as well as numerous technical reports to private, state and federal agencies.

"Conserving lands for the Florida panther is important for protecting our own best interests," said Dr. Hilsenbeck. "This is because having large natural areas and working lands, like cattle ranches, stay in productive agriculture is not only important for our food production, but also vitally important to protecting the water supplies for Florida's citizens. A healthy environment that can supply our food and water needs is inextricably linked to a strong and vibrant economy - think jobs and quality of life especially for the top two economic engines of Florida, tourism and agriculture. Panthers depend for their lives on the same basic natural resources that sustain our own livelihoods."

Seating for the Conservation Leadership Lecture Series is limited. Tickets are \$20.00 per person per event. Cocktails & passed hors d'oeuvres will be served. To purchase your tickets online, visit www.palmbeachzoo.org. If you have any questions about the event, please call the Zoo, at (561) 547-WILD ext. 285.

Taking charge of an inheritance

By Colleen Hasey Schuhmann, CRPC

Special to The Pineapple

It's not uncommon to feel mixed emotions upon receiving an inheritance—possibly a combination of good fortune as well as sadness at the loss of a loved one. Few of our clients, however, realize that managing an inheritance can also be stressful. For example, some clients aren't sure of the best way to handle their new wealth and may struggle with its impact on their current lifestyle. You have many decisions ahead of you, and we're happy to help you navigate the process. The following information may help get you started.

The first piece of advice we give clients who have inherited significant wealth is "take your time." Before making big decisions, you may need time to grieve for the loved one you have lost, sort through what they've left, and assess your own perspectives on investments, spending, even gifting to others. We've found that many of our clients benefit from having the opportunity to reflect on their new financial situation and to consider the current and future impact on themselves and others.

In the meantime, it's best to park any liquid assets in safe, accessible vehicles like a bank account, money market fund or short-term certificates of deposit.

If you inherit stocks, bonds or mutual funds, we can help you consider whether to simply maintain the existing investment plan until you're ready to implement a plan of your own, or determine if there are certain assets that warrant more immediate attention based on your risk tolerance. And if you receive real estate or other physical assets, make sure that the home or other property is maintained and kept secure until you decide what to do with it.

Understand what your additional wealth can mean for your life

Depending on the amount you inherit, your new wealth may be lifechanging. We can talk about how your lifestyle may change, or help plan for things you've always wanted to have or do. Ultimately, you may decide to use part of your wealth to help family

members, secure your retirement, start a new business, give to charities or even fund a charitable foundation. Some clients, for example, have always been actively involved with philanthropy and want to do even more once they are financially able. Others would rather direct their assets to help future generations. We can help you implement your decisions with greater confidence once you have considered the impact of your many options.

Balance emotional and practical needs

Some of our clients find it difficult to part with certain possessions of their benefactors, such as a piece of art or a grandparent's classic car. Those sentiments have even extended to certain stocks or the vacation home where they spent summers as a child. You may feel the same way about assets you've inherited, or you may want to sell them and use the proceeds to pay for college, minimize debt or meet other goals. Together, we can assess your options and help you make thoughtful decisions on whether to keep, sell or even donate what you have inherited.

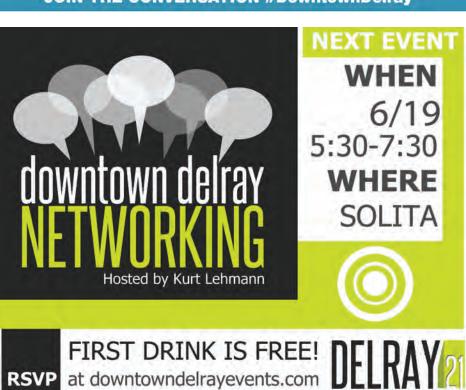
Sometimes, an asset is left to more than one individual, as when siblings inherit a family home. In cases like this, advanced planning and discussions may provide clarity on how the inherited asset is to be shared, utilized or transferred. Alternatively, conflict can result between siblings with different values, lifestyles or levels of wealth.

We are available to explore strategies that can honor your loved one's memory, balance potentially competing wishes, and still meet your financial needs.



ColleenSchuhmann, CRPC, is Vice President - Wealth Management at UBS Financial in Boca Raton. She specializes in all facets of your financial life, including planning, portfolio management, insurance and long term care planning, and estate planning strategies. Colleen can be reached at 561-367-1817.









CHAMBER Day Planner

June 3, 2014 11:30 AM - 1:00 PM

Non-Profit Council Luncheon Location: To Be Determined

June 4, 2014 5:30 PM

GRAND OPENING / RIBBON CUTTING "Marketing & Events by Priscilla" Location: Marketing & Events by Priscilla Marketing & Events by Priscilla celebrated 5 Years in operation with a name change and expansion. Join Priscilla and her team for the Grand Opening of THE AMP AGENCY - Advertising & Marketing by Priscilla. Food, drink, live music, and a local celebrity bartender! 5 til 7 PM / 346 SE 5th Ave Park all along Fed. Hwy and in vacant lot beside building.

June 5, 2014 11:45 AM - 1:00 PM

Ambassadors Monthly Meeting At Delray Beach Chamber of Commerce

June 5, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING "Foot Haven Reflexology Bar" Location: Foot Haven Reflexology Join us for the Grand Opening and Ribbon Cutting at Foot Haven Reflexology Bar.

June 10, 2014 11:00 AM - 12:00 PM Focus On Women Program Committee At Delray Beach Chamber of Commerce Monthly planning meeting

June 11, 2014 12:00 PM - 1:00 PM

Chairman's Club Monthly Luncheon Location: 32 East

June 11, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING "Robert A. Sarro, MD, Dermatology" Location: Robert A. Sarro, MD, Dermatology Join us for the Grand Opening and Ribbon Cutting at Robert A. Sarro, MD, Dermatology

June 12 • 5:00 - 7:00pm Contacts & Cocktails: LAS VENTANAS

You've heard how amazing the networking is at our monthly business card exchanges now called Contacts & Cocktails ... join us for yet another wonderful evening of mixing and mingling, it's the best way to gain greater awareness for your business and really get your name out there.

Join us for a fabulous evening of networking at Las Ventanas, Boynton Beach luxury apartment rentals. (corner of Woolbright & Federal Hwy) For just \$10 in advance, and \$15 at the door, you'll enjoy wine, conversations and culinary delights.

Non-members are invited to join in on the fun as well at \$20 per person. Don't forget to bring those business cards and of course, a smile for happy networking;

June 16, 2014 11:45 AM - 1:00 PM

Budget & Finance Committee At Delray Beach Chamber of Commerce

June 17, 2014 8:00 AM - 9:00 AM

FOW Networking Breakfast Sponsored by Eleven Spa

Location: Arts Garage

FOW event – a simple networking breakfast! Generously Sponsored by Eleven Spa. Network with other women in a friendly environment. Introductions, a nice lite breakfast, and your chance to network with others away from the social hour of Contacts and Cocktails. RSVP in advance to receive a Eleven Spa Swag Bag!

June 18, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING "Sloan's (Ice Cream Shop)"
Location: Sloan's
Join us for the Grand Opening and Ribbon

June 19, 2014 8:00 AM - 9:00 AM

Cutting at Sloan's (Ice Cream Shop)!

Healthcare Committee
At Delray Beach Chamber of Commerce

June 20, 2014 8:00 AM - 9:00 AM

Government Affairs Committee At Delray Beach Chamber of Commerce

June 20, 2014 11:30 AM - 1:00 PM

Executive Committee Meeting At Delray Beach Chamber of Commerce

June 21, 2014 2:00 PM - 7:00 PM

Seek In The City Delray Scavenger Hunt Location: City of Delray Beach

June 24, 2014 8:00 AM - 9:00 AM

Economic Development Committee At Delray Beach Chamber of Commerce

June 25, 2014 11:45 AM - 1:15 PM

Greater Delray Beach Chamber of Commerce Board of Directors At Delray Beach Chamber of Commerce

June 25, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING "Chip Sexton DOM, L.Ac.-Palm Beach County Acupuncture"

Location: Chip Sexton DOM, L.Ac.-Palm Beach County Acupuncture Join us for the Grand Opening and Ribbon Cutting at Chip Sexton DOM, L.Ac., Palm

June 26, 2014 11:45 AM - 1:00 PM

Beach County Acupuncture

TECH, TALK, AND PIZZA / How to Leverage Social Media To Grow Your Business At Delray Beach Chamber of Commerce Tech, Talk & Pizza... at the Chamber. How to Leverage Social Media to Grow your Business

June 26, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING "Ideal Florida Realty"
Location: Ideal Florida Realty
Join us for the Grand Opening and Ribbon
Cutting at Ideal Florida Realty. All members

June 27, 2014 8:00 AM - 9:00 AM

Development Cooperative At Delray Beach Chamber of Commerce

July 2, 2014 5:00 PM

GRAND OPENING / RIBBON CUTTING "Atlantic Commercial Group, Inc" Location: Atlantic Commercial Group, Inc Join us for the Grand Opening and Ribbon Cutting at Atlantic Commercial Group, Inc. All members welcome!

July 9, 2014 12:00 PM - 1:00 PM

Chairman's Club Monthly Luncheon Location: To Be Determined

July 10 • 5:00 - 7:00pm Contacts & Cocktails: DASH TRAVEL and 504 OFFICE SUITES

Join us at 504 Office Suites LLC. You've heard about the latest crowds attending at our monthly Contacts & Cocktails event... join us for yet another wonderful evening of mixing and mingling, it's the best way to gain broader awareness for your business and build relationships within the community.

For just \$10 in advance, and \$15 at the door, you'll enjoy wine, conversations and culinary delights. Non-members are invited to join in as well at \$20 per person. Don't forget to bring those business cards.

Greater Delray Beach Chamber of Commerce











Small Businesses: Coping with a tight credit market

By John M. Campanola

Special to The Pineapple

The ongoing tight credit environment continues to impede growth among small businesses. And with the threat of possible inflation and rising prices, available credit will be more and more difficult to secure.

Indeed a Small Business Credit Survey conducted by the Federal Reserve Bank of New York revealed that 49% of small businesses blame tight credit as a large factor in limiting growth. Among firms operating with a loss, 66% had difficulty getting credit, while 36% of profitable firms were concerned about obtaining credit.

But there is some light at the end of the tunnel. Using a little ingenuity and effort, there are several simple ways to help stretch those business dollars, according to a recent online Small Business Trends article, "5 Quick and Easy Tips to Boost Your Small Business Cash Flow."

Open an interest-bearing checking account.

If you keep your business funds in a checking account, upgrade to an interest-paying checking account. When you maintain the minimum balance, you'll avoid paying any monthly fees or service charges.

While the interest you'll earn on a daily basis will be negligible, you can earn a little more by directing most of your business funds to a bank savings or money market account, and transferring funds to the checking account as you need it.

Make the most from your credit.

You can save a good deal of money on a variety of business expenses by using a points

and/or cash rewards loyalty credit card. Look for one that offers rewards you can use on a daily basis.

Pay bills when they are due, not too early. While it's certainly important to pay your bills in a timely manner, it's not necessary to pay your bills earlier than required. Take advantage of any 30- to 60-day grace periods so you'll have the money on hand to pay for any unexpected or emergency expenses. Also, set up electronic transfers from your checking account on the bill's due date.

Go green.

By using paperless systems, you'll be environmentally correct while saving considerably on postage and printing. Consider using electronic invoicing and direct deposit payments for your employees.

Speed up your collections.

Instead of sending out invoices at the end of each month, try invoicing upon delivery or completion, so you'll get paid sooner vs. later. Additionally, you can offer incentives like rewards or discounts to those who pay early.

So, hopefully, with a little extra cash and a little patience, your small business will be back on track to grow once the economy stabilizes.



John M. Campanola is an Agent for New York Life Insurance Company. For additional information on the information or topic(s) discussed, please contact him at 561-212-2903

Fifth Third Bank extends sponsorship of Dave Ramsey's Personal Finance Course in High Schools

NAPLES, FL – Fifth Third Bank announced that it has renewed its alliance with The Lampo Group, Inc. to underwrite Dave Ramsey's Foundations in Personal Finance course in high schools throughout the company's footprint for an additional three years.

The renewed alliance will enable Fifth Third and Ramsey to educate more than one million students by 2017. To date, more than 500,000 students have been educated in good personal finance practices thanks to the collaboration between the two parties, which began in 2010.

The Bank sponsors Ramsey's financial education program in high schools throughout its geographic footprint. Thanks to the sponsorship, the program is offered at no cost to the schools or to the students' families. Foundations in Personal Finance meets or exceeds national and state standards for personal finance curriculum and often helps schools meet state legislative mandates for personal finance education.

Foundations is a comprehensive, flexible and turnkey personal finance curriculum. It is designed to be taught by the teacher in school, aided by video lessons from Dave Ramsey and his team of experts. It has been recently updated and features a blended learning site with calculators, tools and resources, a new 504-question TestGen® computerized test bank, a brand new print and digital teachers' guide and four new chapters. The program also includes 100+ classroom activities focused on providing 21st century personal finance knowledge and skills in a student-centered, competency-based approach to learning.

Foundations is presented in 12 chapters, divided into four units: Saving and Budgeting; Credit and Debt; Financial Planning and Insurance; and Income, Taxes and Giving.

Fifth Third Bank's commitment to financial empowerment spans multiple generations, with programming designed to help people at every stage of life make smart financial decisions. Signature programming includes Young Bankers Club as well as sponsorship of the American Bankers Association's Teach Children to Save program and Dave Ramsey's Foundations in Personal Finance high school curriculum. Fifth Third Bank also offers multiple programs for adult financial empowerment, including its Fifth Third Financial Empowerment Mobiles. These

two 40-foot eBuses are equipped with Internet accessible computer workstations and travel into underserved communities to provide access to quality financial services. For more information, visit www.53.com/financial-empowerment.



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DELRAY BEACH CHAMBER OF COMMERCE **NEWS OF NOTE**

Bonnie Seidler, Certified International Property Specialist, is now a Member of the Institute for Luxury Home Marketing. As a real estate professional with Nestler Poletto Sotheby's International Realty - Delray Beach (900 E Atlantic Ave, Ste 18).

Gallery Walk in Downtown Delray is the 3rd Friday each month from 6pm-9pm. Stroll throughout downtown, with special artist showings, jewelry, entertainment, and more at over 14 Fine Art Galleries. More info: 561-243-1077

Join us in congratulating **Fatima Grady**, Sales Intermediary with **Transworld Business Advisors**, on being named to the Business Brokers of Florida (BBF) Million Dollar Club for 2013. This is the second time that Ms. Grady has won the award.

Please help sponsor **Steve Weagle**, Meteorologist for WPTV Ch 5, as he bicycles from Sebastian to Boca Raton to raise money for the **American Red Cross** during the first week of hurricane season. Contact Jennifer Durrant: 561-650-9105





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Dina Branham 561-241-0950



Alex Zamir 561-271-8861



Devin Stoner 561-702-5953



Bob Wallace 561-251-2481



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Vista Del Mar 1126 N. Vista Del Mar 3 bed/3 bath, Floor to Ceiling Windows, True Beach Home, Steps to Sand, 3 Outdoor Decks, Incredible lot & location Asking \$2,100,000 **Catherine McGlennon** 561-239-0037



Tropic Isle - Waterfront 942 Allamanda Drive 4 bed/4.5 bath, A Boaters Paradise! Expansive Waterfront Resort Style Backyard, 3 Car Garage, 30 ft Ceiling Foyer Asking \$1,999,990 Catherine McGlennon 561-239-0037



Key West Estate 37 Spanish River Drive 4 bed/3 bath, New hardwood flooring, Over sized Veranda, Custom Kitchen, Tropical Yard Private Paradise, Steps to Beach Asking \$1,295,900 Dina Branham



Artists Alley 333 NE 3rd Avenue 2,000 sq ft Duplex with private office & bath, 4 seperate artist lofts in back, 2 large units in the front, Upcoming Trendy Location Asking \$610,000 Jerilyn Walter



Mallory Square 354 E Mallory Circle 3 bed/ 3.5 bath 2 Car Garage, Beautiful Wood Flooring, Crown Molding, Furnished negotiable, Great East Location! Asking \$549,000 Lenny Felberbaum



The Astor 235 NE 1st St 509 2 bed/2 bath Penthouse, 2 Parking Spots, Rooftop Balcony w/ Jacuzzi & Ocean view, Italian Marble & Granite in Unit Asking \$525,000 Michelle Sadownick

561-633-1020



Hamilton Place 285 SE 6th Ave Unit C 3 bed/3 bath Townhome, 2 car garage, Private Entrance, Volume ceilings, Cherrywood kitchen w/ granite countertops Asking \$499,000 Michelle Sadownick 561-633-1020



Waterfront Vacant Land 3230 N Federal Hwy .29 Acres, Zoned Lot Buildable for Commercial or Residental, Waterfront w/ Boat Docks, Close to Downtown Delray! Asking \$499,000 Catherine McGlennon



The Astor 235 NE 1st St 312 2 bed/2 bath Condo, Porcelian Flooring, Small balcony View home, Granite Countertops Rooftop Pool, 2 Parking Spaces, Very Clean & Bright! Asking \$459,000 Jerilyn Walter



Escondido 8665 E Escondido Way 4 bed / 2.5 bath Lake Stainless Steel Appliances, Freshly Landscaped & Pool Asking \$450,000 **Lenny Felberbaum**



The Barrton 555 SE 6th Ave 5E 2 bed/2 bath Completely updated -Full service building Asking \$385,000 Catherine McGlennon 561-239-0037



Marina Village 625 Casa Loma Blvd #808 3 bed/2bath Water views from every room - Intercoastal and Marina views -Rare 3BR - Large Balcony Steps to the Beach Asking \$369,000 Catherine McGlennon 561-239-0037



Delhaven 1700 S Ocean Blvd 22 2 bed/2 bath Condo, Completely renovated, Open Granite Kitchen with Stainless Steel Appliances, Marble Flooring! Asking \$349,999 Catherine McGlennon

561-239-0037



Villa Borghese 7356 Viale Michelangelo 3 bed/2.5 bath Located by Delray Marketplace -Beautiful well maintained home -Many updates - MUST SEE Asking \$349,800 **Lenny Felberbaum**



Wilton Manors 2517 NW 3rd Ave 3 bed/2 bath Quiet street near downtown -Wood and Tile floors -Large yard - Great starter home Asking \$299,999 **Anthony Aliberti** 561-232-5924



Tuscany - Intracoastal 3218 Tuscany Way 3 bedroom/2 bathroom Gated Community -Clubhouse w/ fitness center -Balcony - Resort style pool Asking \$299,999 **Catherine McGlennon** 561-239-0037



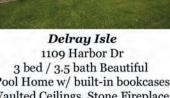
Casa Costa 450 N Federal Highway #904n 1 bedroom/1 bathroom Upscale Condo - Scenic Views -Complimentary Valet -Sauna - Fitness Center Asking \$207,000 **Catherine McGlennon** 561-239-0037



Pines of Delray 2401 Del Aire Blvd 203 2 bed/ 2 bath Spacious Condo, Great Building Location Across from Pool, Freshly Painted, Make it your Delray Paradise! \$53,000 Dina Branham 561-241-0950



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Mallory Square 336 W. Mallory Circle 3 bed/ 3.5 bath Annual **Granite Countertops Stainless** Steel Appliances, Walk-in Pantry Asking \$4,000/ mo. **Lenny Felberbaum** 561-306-5440





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DELRAY DUNES C.C.

\$995,000 - Just completed, this home was completely redone and extended. Stunning golf views overlooking the 13th, 14th & 15th holes. This southern exposure home is on an oversized lot with large pool area with lanai. All top of the line finishes and appliances.



SEASIDE DUNES

\$925,000 - Great 3 bedroom townhouse steps from the sand. Two 2nd story balconys from the bedrooms that overlook the ocean. Updated interior ready for immediate move-in. Seaside Dunes is a gated community on the ocean & only a few blocks Atlantic Ave. shops & restaurants.



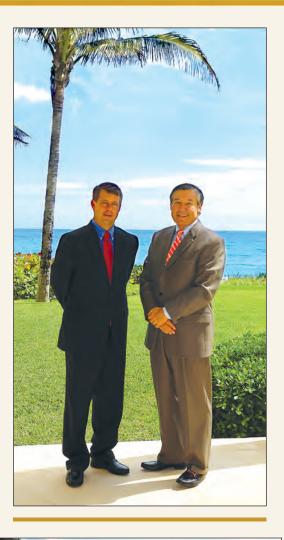
DELRAY DUNES C.C.

\$449,000 - Great 4 bedroom with wide open golf course views of the 5th green and 6th hole. Screened in pool with large covered lanai. Split floor plan. Great family home.



DELRAY DUNES C.C.

\$935,000 - 4/3 completely remodeled home on a premier golf course lot overlooking the 13th, 14th and 15th holes. This home has wood floors, a gourmet kitchen, crown molding and impact glass. There is a large pool area with a summer kitchen.



SOUTHHAMPTON

\$475,000 - Direct oceanfront unit with great ocean views, great beach cottage, building closed 5/31 to 10/1



QUAIL RIDGE

\$229,000 - Completely updated condo on the 2nd floor with open views of the 4th fairway of the golf course. Extended kitchen with Thomasville cabinets and quartz counters and recessed lighting. Master bedroom overlooks the golf course and master bath has been reconfigured to have a large walk-in shower and dual sinks.



WATERWAY NORTH - DELRAY BEACH

\$749,900- 3/2.5 townhome on Intracoastal, deeded dock included in sale. 2 large decks. Recently updated. 2 blocks to beach and close to Atlantic Ave shops & restaurants.

MICHAEL MULLIN Realtor

561-441-0635



DELRAY ISLE

\$1,695,000 - Nestled in the exclusive ole Delray enclave of Seaside Delray. This adorable home is almost 3100 sq. ft. under air and on a large lot over 1/3 of an acre. The home overlooks wide canal views and is only a block to the beach and a few more to Atlantic Ave.



DELRAY DUNES C.C.

\$649,000 - Large family home built in 2001 overlooking the 2nd fairway. Ground floor master bedroom with his & hers walk in closets and a oversized master bath with separate shower and Jacuzzi tub. Fenced backyard with pool and hot tub.



SHOREWALKER PLACE - DELRAY BEACH

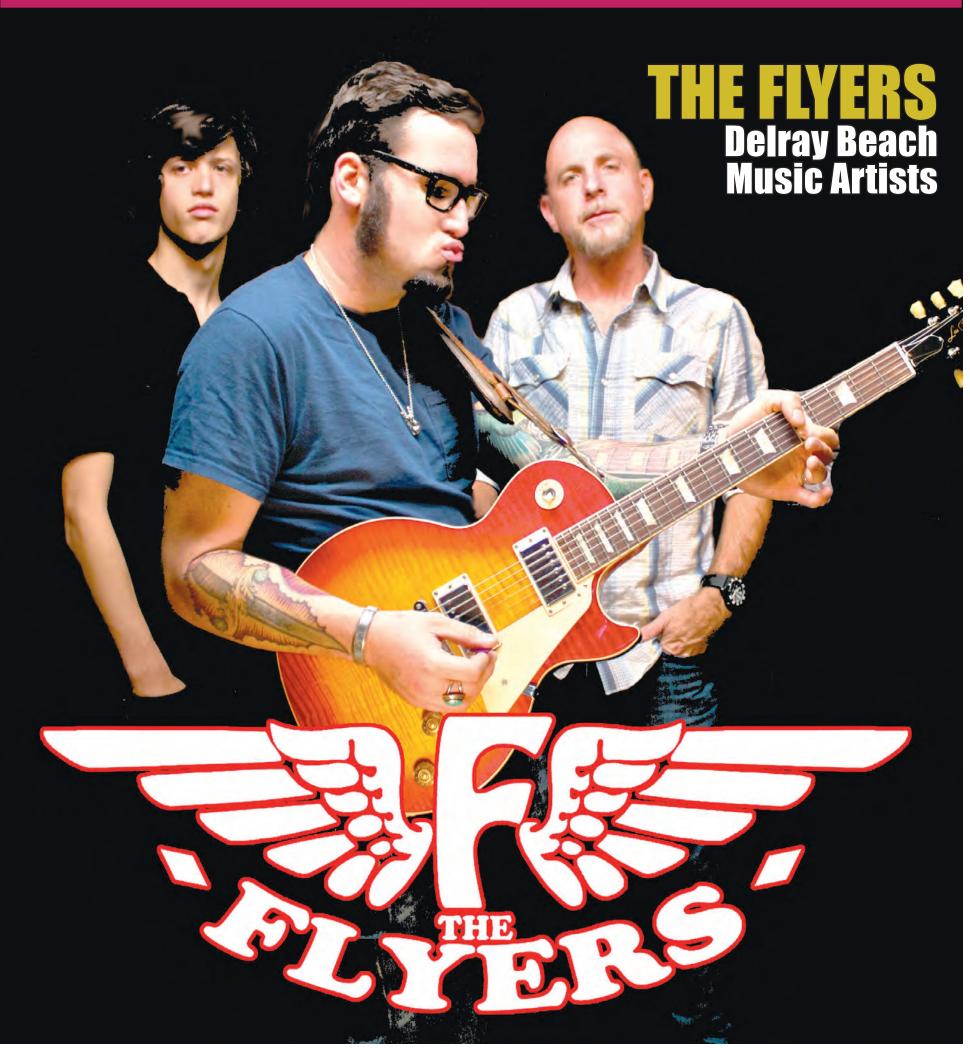
\$1,150,000-4/3.5 Key West Style 3 Story Townhome is located a half block to the beach and within walking distance to Atlantic Ave., shops and restaurants. The building was built in 2005 and has a 2 car garage. The townhome has 2 balconies and a backyard and a hot tub.



DELRAY DUNES C.C.

\$544,900 - Outstanding golf course home overlooking the 8th & 9th holes. Bordering the water this private oversized lot is set back from the golf course. The home has a large lanai area that opens to the pool with a waterfall. It has a split floor plan with large oversized rooms.

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THIS MONTH AT

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BOCA'S SUMMER MUSIC SERIES
Outdoor concert series begins this month
at Mizner Park Ampitheater



The City of Boca Raton's Summer Music Seriespromises a line-up of great FREE concerts starting Monday, May 26 through Sunday, August 17 at Downtown's Mizner Park Amphitheater at 590 Plaza Real.

"From classical music featuring the Indian River Pops, our very own FAU Summer Concert Band and the Symphonia Boca Raton – to a variety of remarkable tribute bands, this seasonal tradition will bringmusic to everyone's ears," said Chrissy Biagiotti, Community Relations Manager for the City of Boca Raton.

Blankets and chairs are welcome, but for convenience, chairs will also be available to rent for \$5. Attendees are encouraged to walk, bike, car pool and use free parking at City Hall and the Boca Raton Library. Limited parking is also available in Mizner Park. Food and beverages will be available to purchase inside the venue. No outside alcoholic beverages

are allowed at the concert. All shows are rain or shine.

The City of Boca Raton's Summer Music Series is sponsored by Alpine Jaguar, Sweet Water, ArtHive Magazine, Downtown Boca and the City of Boca Raton. For more information visit www.mizneramphitheater.com, as well as www.downtownboca.org. For recorded information call Mizner Park at 561-544-8600.

SUMMER CONCERT SERIES

June 15 | 7 pm | FAU Summer Concert Band June 20 | 7:30 pm | The Long Run June 27 | 7:30 pm | Crazy Fingers

naugural Raton

Boca Raton, FL - The inaugural Boca Black Film Festival 2014 kicks off its film and scriptwriting competition this week for talented black content makers based in the United States. The organization's first cinema arts and education film festival celebrates black media arts, film works and scriptwriting.

The Boca Black Film Festival was created and developed by Florida natives who live and work in the South Florida community. By hoping to fill the void left in the South Florida area by the exit of a similar film festival for people of color that was held annually in South Beach, the three-day event is filled with educational sessions, film discussions and workshops. Seasoned professionals in their respective fields, based locally and around the state, will share about acting and storytelling basics, the filmmaker's toolbox, product placement, pitching, webisodes and financing as well as other educational and training sessions.

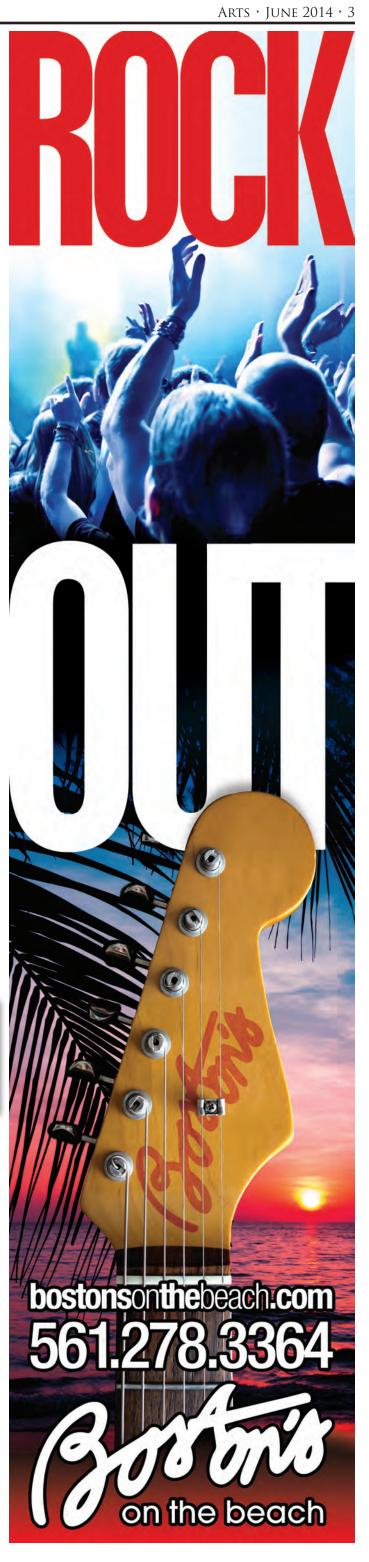
The Festival's founder, Lizabeth Martin, is a college professor and former journalist. She has experience in creating and developing community synthesis. She created an artist network in Jacksonville in early-2000. The Jacksonville Artists Renaissance Group pooled talent, resources and creativity to support the artistic endeavors of black filmmakers, writers, actors, videographers and performance artists such as Frank Goodin, Elizabeth Straight and Al Letson. The group also performed, collectively, a choreo-poematic stage performance at the University of North Florida directed by Noble Lee Lester.

"I am excited about the possibilities for the Boca Black Film Festival," said Lizabeth Martin, founder. "I have met so many talented and creative people since I arrived in South Florida. This is the perfect opportunity to network, engage and develop more opportunities in film."

Filmmakers can submit short films, feature films or documentaries via the Festival's website at www. BocaBlackFilm.org. And, there's a sister competition in scriptwriting for shorts and features too. A student competition is only available in the short films and scripts category.

This is the premier film festival created by film lovers serious about the craft of filmmaking— and not just a celeb fest. The Boca Black Film Festival is now open to the public and discounted student rates are available for student ambassadors who sign up for community service hours.

For more information on the Boca Black Film Festival visit www.BocaBlackFilm.org.





FLYING HIGH

Experience the best in local live music with Delray Beach's own The Flyers

By Priscilla Speicher

The Pineapple Contributing Writer

like going out, but I love being out at the places that have Live Music. The Boca-Delray area has lots of great bands, with a wide variety of musical genres. This month's Band Buzz features two classic rock bands I recommend

The Flyers cover some of Classic Rock's finest -- Eric Clapton, Stevie Ray Vaughan, George Harrison and Jimi Hendrix -- to name a few greats! This energetic trio can be heard at Johnnie Browns and Hurricanes in Delray, but also play bars in Boca, Pompano, Margate and Ft. Lauderdale. I would call them a 'power band.'

The Flyers members are Patrick Farinas (guitar), Joe Beard (drums) and Jordan Richards (bass). What makes them unique is that they are all guitar players who play bass and drums. It makes for an interesting evening watching them change it up on stage.

Patrick and Joe, coming from musical households, have been playing since they were children, and Jordan, at only 18 years old, has been playing for half his life under the tutelage of Patrick. Patrick and Joe teamed up about 5 years ago. Jordan joined them about 2 years ago, and is becoming a dynamic musician in his own right. The three have a chemistry uncommon to most bands.

Having just released their second album (Tree) last year, they perform 4-5 nights a week around South Florida, and play both original music and rock classics. There are no egos or issues between them, just love and respect for each other. Visit TheFlyersMusic.com for more

Another local band that doesn't play regularly or have set gigs, but plays occasionally at The Wishing Well in Boca and Tim Finnegan's Pub in Delray Beach, is The Sheffield Brothers. Three brothers - John, Skip (Norman) and Richard, grew up in South Florida specifically Deerfield Beach - and have been making music together since they were teenagers. They do classic rock covers, a few 90s rock 'hair' covers and the occasional blues tune. It's a great mix that always has people on their feet and dancing. Plus, with local boys, you know it will always be a ton of fun.

This month you can find The Flyers on stage every Wednesday evening at 8 p.m. at Johnnie Browns in Delray Beach at 8 p.m. The band will also be playing at 10 p.m. on Saturday, June 21st at the Dubliner in Boca Raton at

For more information and a complete calendar of events visit the band's website at www.theflyersmusic.com.

A Social Club for Food & Wine Enthusiasts Join us for wine tastings, dinners, happy hours, cooking classes & more SAVORTONIGHT.COM | EVENTS@SAVORTONIGHT.COM

SUMMER TURTLE WALKS

Seasonal tours resume this month at Gumbo Limbo Nature Center

BOCA RATON, FL - Did you know conduct such a program. that last year the Gumbo Limbo Nature Center saw record sea turtle nesting in Boca Raton?

With so much activity, that means a lot is in store for those looking to participate in the Gumbo Limbo Nature Center's annual "Turtle Walks," where nesting loggerhead turtles are seen during 75 percent of the seasonal Turtle Walk tours.

The Turtle Walk Program includes an ecology walk on the beach, so even if you aren't able to see a nesting turtle you can be sure you'll enjoy an evening walk on the

While the nature center can't guarantee you will see a turtle during the Turtle Walk, you have a good chance of seeing baby sea turtles scramble into the ocean during the Hatchling Release Program – part of one of only three facilities in Florida permitted to

Both of these popular events begin with a fun educational program at the Gumbo Limbo's nature classroom. From there it's off to the beach for the official Turtle Walk, ecology walk and - if you're lucky an encounter with a nesting loggerhead sea turtle. During Hatchling Releases, expect to marvel as you watch baby sea turtles scurry into the surf.

Both of these are hands-off programs. Per our Florida Fish and Wildlife Conservation Marine Turtle Permit, only the individuals listed on the permit are allowed to touch the sea turtles.

Note: Nesting sea turtle sightings are not guaranteed and compensation is not available if a turtle is not seen.

For more information contact Gumbo Limbo Nature Center at (561) 544-8605, or visit them at 1801 N. Ocean Blvd.



GUMBO LIMBO NATURE CENTER June Event Listings

Outdoor Sea Tank Feedings June | Various Dates & Times

What is the connection between mangrove and coral reef communities? How do fish use these habitats? Learn about the fascinating behavior of sharks, stingrays, and other marine life during these daily feeding presentations. All ages; children under 18 must be accompanied by an adult. No reservations required. Meet at the outdoor tanks.

Indoor Aquarium Feedings Daily | 2:30 pm

What do eels eat? Or, better yet, how do eels eat? Which fish rule the school? Why are female seahorses the envy of all the girls? Learn about these and other sea creatures during a free daily feeding presentation. All ages. No reservations required. Meet in the Nature Center.

Hammock Trails June 3-4, June 10-11 | 10-11:30 am

Enjoy a free guided walk on the nature center's quarter-mile long boardwalk. Explore this rare remnant of coastal hardwood hammock, and get a glimpse of the past. All ages; children under 18 must be accompanied by an adult. No reservations required.

Little Wonders June 7 | 10-11 am

Hikes for little feet, crafts for tiny fingers, and stories for growing minds introduce your novice naturalist to a new animal each month. Gumbo Limbo is a great place to share your love for nature with your little one. Ages 3 and 4 with an adult; No siblings please. Prepayment recommended online at gumbolimbo.org, or walk-ins welcome based on availability. Cost per child: Member \$5, Non-member

Seining the Lagoon June 7 | 12-1:30 pm

Wading in the Intracoastal Waterway just behind Gumbo Limbo, we catch (and release) fish, shrimp, crabs, and more! With hand-held dip nets and large seine nets, get up close and personal with our local marine life. Ages 10-adult; children under 18 must sign-up and participate with an adult. Closed toed shoes required (old sneakers or water shoes; no sandals). Bring a change of clothes and towel. Prepayment recommended (561) 544-8615; walk-ins welcome based on availability. Cost per person: Member \$5, Non-member \$8.



La Sewing Café to Groom Young Fashion Designers

DELRAY BEACH, FL - Favala designer and Delray Beach business owner Alicia Sanchez is reviving her love of sewing by holding a summer sewing camp. Following a hysterectomy last year, Sanchez found she had a long-running passion for sewing reignite, sparking her into action to become the self-appointed custodian of what she believes has become a "dying" art.

To keep the love of sewing alive, Sanchez's new summer sewing camp will be hosted at her Delray Beach business, La Sewing Café. She endeavors to target aspiring young fashion designers ages 7 to 16 years old. Aside from plenty of fun, participants will be able to prepare for a possible career in fashion, said Sanchez, enjoying all the benefits of getting an early start to their learning process. They will also have the unique opportunity of starting a sewing portfolio featuring actual designs and sewn garments. The making of a mannequin form will also be included.

This will make for the only place in Palm Beach County where kids can go to help keep the dying art of sewing alive and it is essentially a fashion school, not entirely for entertainment purposes. Worried about having to buy a ton of stuff? Don't hesitate. La Sewing Café will provide all fabrics, sewing machines and necessary equipment.

Sanchez, who has always had a deep-running passion for fashion, has loved sewing as long as she can remember. Pursuing an innate desire for teaching and helping others grow within the industry has brought her much joy and happiness.

Last year, when she underwent a hysterectomy at the age of 29, she knew that it would sadden her but also knew that she could find a way to teach children the passion of sewing, an unlikely inspiration to leave a lasting legacy and preserve the art of sewing. Join her and the La Sewing summer camp if your passion is fashion, as well.

La Sewing Café is located at For more information call the La Sewing Café 216 SW 2nd Ave. in Delray Beach. To register for the camp call 561-921-5883.

'Southern Exposure' Features New Work by Palm Beach County Artists Exhibition June 20 - August 16

LAKE WORTH, FL - The Cultural Council of Palm Beach County brings diverse artistic styles together in Southern Exposure. Beginning June 20th, the exhibition runs through August 16th, with a special preview party on June 19. The show highlights the work of emerging and midcareer artists, the show integrates visual and performance art that demonstrates varying artistic perspectives, some tackling international issues currently in the news.

"The convergence of curatorial styles in Southern Exposure has produced a cross-section of the current art world's process, thought and method," says Cultural Council Manager of Artist Services, Nichole M. Hickey. "The experimental painting techniques, site-specific installations and performance art demonstrate that Palm Beach County has a strong group of artists who deserve a closer look."

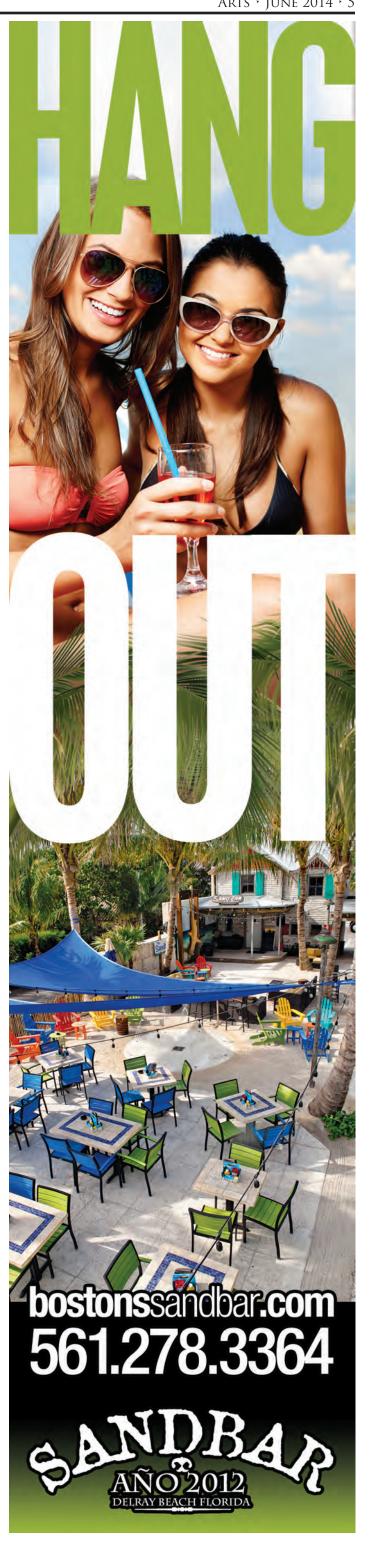
Artists featured span the spectrum of artistic styles with painting: Bjorn Davidson, Asif Hoque, Eduardo Mendieta, Henriett Anri Michel and Lisa Rockford; mixed media: Molly Aubry, Linda Behar, Raheleh Filsoofi, Jill Lavetsky and Kristin Miller Hopkins; photography: Don Fils, Monica McGivern and Nick Paliughi; sculpture: Amy

Gross and Woody Othello; drawing: Andrew Gilmore; and Steve Backhus' performance and installation art.

"Our exhibition will shine a light on the talented artists in our community who stretch beyond the expected to create lasting works that reflect our times," says Cultural Council President and CEO, Rena Blades.

Southern Exposure is co-curated by Hickey and Jacques de Beaufort, director of UNIT1 exhibitions and associate professor of art and art history at Palm Beach State College. The preview party on June 19 from 5:30 - 7:30 p.m. will showcase the performance art of two immigrants to the U.S., Raheleh Filsoofi and Linda Behar, who explore political and religious tensions, as well as an interactive performance by Steve Backhus.

Admission to the preview party is free to Cultural Council members, \$10 for non-members, and includes admission to the artist trunk show featuring Llama Candy and Maddy B. To RSVP, call 561-472-3341. The main exhibition is free and open to the public from June 20 to August 16. Gallery hours are 10 a.m. to 5 p.m. Tuesday through Saturday.



arts garage

June Heats Up With Ring of Fire: The Johnny Cash Musical

JUNE EVENTS

his summer gets a sensational start with this June's schedule of shows. Arts Garage celebrates its roots with jazz and blues greats, expands its repertoire with comedy, and pays homage to the "Man in Black" as Theatre at Arts Garage's presents of *Ring of Fire*, the Johnny Cash musical.

"We built our reputation as the premier home of iconic jazz and blue performers, and this month proves our cultural powerhouse status as we welcome some of the finest performers in the world," said Arts Garage executive director Alyona Ushe.

One of the most anticipated events of the summer is the Arts Garage debut of Albare. Born in Morocco, but raised in Israel and France, he has resided in Australia since his mid-20's, where he has indulged his love of jazz from a multitude of angles. When not playing live or recording around the globe, he heads up the Melbourne Jazz Festival, chairs the Annual Jazz Awards, and encourages young musicians through his philanthropic ways. The combination of his dedication to the art form and its community earned him an Order of Australia in 2008. This dynamic artist will be playing along Grammy-winner Sammy Figueroa, king of Latin percussion and one of the venue's most beloved artists.

As Arts Garage's grows its reputation as the hot spot for music, it also is expanding its entertainment genres. This June, comedy takes center stage for the first time with Dean Napolitano, who has been seen across the country at the Improv, the Laugh Factory and Stand Up New York.

Summer is also when Theatre at Arts Garage pays homage to incredible musical icons. Last year's audiences are still raving about Beyond the Rainbow: Garland at Carnegie Hall. And now, the music of Johnny Cash will echo through the venue.

"We are thrilled to bring *Ring of Fire*: The Johnny Cash Musical to Theatre at Arts Garage," said Lou Tyrrell, Artistic Director. "Our intimate venue is the perfect setting to watch the talented cast bring his iconic songbook to life. This is a unique musical about love and faith, struggle and success, rowdiness and redemption, home and family."

For more information, or to purchase tickets, visit artsgarage.org or call 561-999-9999.

June 6 | 2-5 pm | Charmaine Forde Band | \$50

The League of Women Voters PBC and Arts Garage cordially invite you to an afternoon of music and dancing to the breathtaking jazz of the Charmaine Forde Band with wine and hors d'oeuvres. Proceeds benefit the League of Women Voters' Palm Beach County's Education Programs, whose current work focuses on climate change, education, health care, and voters' rights. "Charmaine is no ordinary little chick singer. She is a jazz vocalist. Her range, tone and timbre is impressive. A native of Trinidad, traces of that heritage still lingers in her presentation."- Jazzbluesflorida.com

June 7 | 8 pm | Gina Sicilia | \$25-35

Grammy Award nominee Sicilia is a dynamic roots music vocalist. While well known in the blues world, Sicilia demonstrates an array of influences from country, Americana and R&B, to pop, which gives her a unique soulful voice that separates her from other singers on the scene. A true rising star, Sicilia has opened for acts such as Johnny Winter, Joe Bonamassa, Shemekia Copeland, and others while performing at some of the biggest Blues Festivals in North America such as the Ottawa Blues Festival, Pittsburgh Blues Festival, and the Bayfront Blues Festival.

June 13 | 8 pm | The Jost Project | \$25-35

Devoted to interpreting class rock in a contemporary jazz format, The Jost Project creates an exciting new connection between the many listeners for whom the work of the Beatles, Jimi Hendrix, Led Zeppelin, Aerosmith, Donovan, Simon and Garfunkel, the Beach Boys, and others is the root of their love of music. Their new CD — "Can't Find My Way Home" – will be released in mid-August 2013 by Dot Time Records, a jazz/world label based in NY and Europe. Some of the songs on the CD are "Walk This Way", "Kashmir", "Maybe I'm Amazed", "Bridge over Troubled Water" and many others.

June 14 | 8 pm | Albare and Sammy Figueroa | \$25-35

Moroccan-born global jazz guitarist Albare performs with special guest Sammy

Eric Scott Anthony Figueroa, king of Latin percussion. Born in Morocco, Albare's influences are varied and global in the true meaning of the word. He grew up in Israel and France and thanks to these international origins, is fluent in French, English, Hebrew and Spanish. At the age of 27, he migrated to Australia where he first became known musically, at the forefront of the then burgeoning Acid Jazz scene, recording a string of albums for the Festival label. On the heels of a successful spring tour of Australia and New Zealand, including an appearance at the Sydney Opera House, Albare and the Freeworld Jazz Project set off on a US tour that kicked off at one of America's greatest jazz clubs, The Dakota in Minneapolis.

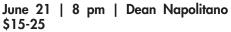
June 15 | 7 pm | Father's Day Special Event | \$25-35

Virtuoso jazz and soul keyboard player Doug Carter celebrates the day with his talented musical family, featuring son Anthony on percussion and vocals by daughter Yellow. A great show that shouldn't be missed.

June 16-July 13 | Ring of Fire | \$30-45

From the iconic songbook of Johnny Cash comes this unique musical about love and faith, struggle and success, rowdiness and redemption, and home and family. From the opening chords of vintage country to rockabilly, rock n' roll, searing ballads and gentle songs of love and deep faith, Ring of

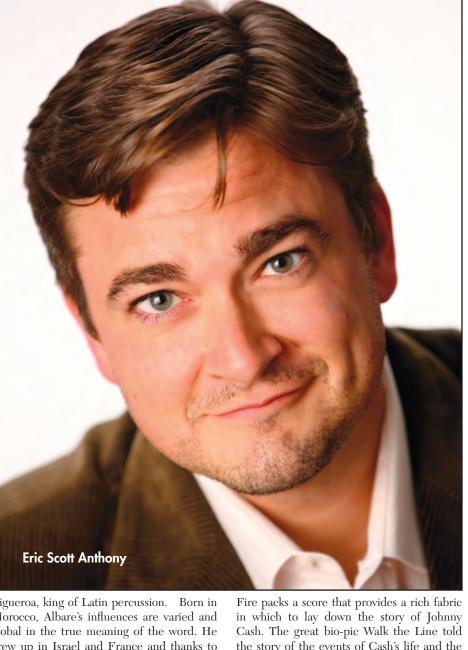
Fire packs a score that provides a rich fabric in which to lay down the story of Johnny Cash. The great bio-pic Walk the Line told the story of the events of Cash's life and the incredible struggles and triumphs of his life. Ring of Fire gives the music the spotlight, as a core group of talented actor/musicians celebrate the songs that are such a part of our collective experience. Johnny Cash's Ring of Fire will both move and exhilarate. Showings Wednesday through Friday at 7:30 p.m., and weekends at 2 p.m. No performance on 4th of July.



Comedian Napolitano is a throwback to the great comedians of yesteryear with a modern twist that makes him one of the most entertaining comedians working today.

June 28 | 8 pm | Turk Mauro | \$25-35

Saxophone giant Turk Mauro is known worldwide for his precision and flare. First introduced to music through his father, a swing musician, Turk went on to play sax with Dizzy Gillespie. He then embarked on a stellar solo career that took him around the world. His comfort with a range of styles, from big band swing to hard bop and classic jazz, has earned him a spot as one of the most versatile saxophone artists in South Florida.



Crane's Beach House Hosting Third Thursday "Fun-Raiser"

athy Balestriere, general manager of Crane's BeachHouse Hotel & Tiki Bar, today announced that the popular, Key West-style boutique hotel is launching its fifth annual series of Third Thursday Fun-Raisers beginning this month. The events will benefit the Florida Fishing Academy, a nonprofit after school fishing education program benefiting at-risk kids throughout Palm Beach County. FFA uses fishing as a vehicle for delivering effective life, environmental and social skills into a youth-oriented, hands-on sports angling curriculum that has, to date, helped to change the lives of thousands of deserving children.

Each of this year's four announced Fun-Raisers will be held on the third Thursday of the month from 6 p.m. to 8:30 p.m. at the popular Tiki Bar at Crane's Beach House Hotel, which is located at 82 Gleason Street in Delray Beach, just one block south of Atlantic Avenue and one block west of the Atlantic Ocean.

The first run-raiser will take place on June 19. Known as the "Casting Call" event, it is being produced on behalf of the Florida Fishing Academy, a nonprofit after school fishing education program benefiting at-risk kids throughout Palm Beach County. FFA uses fishing as a vehicle for delivering effective life, environmental and social skills into a youth-oriented, hands-on sports angling curriculum that has, to date, helped to change the lives of thousands of deserving children. For more information, please visit www.floridafishingacademy. com. To purchase a \$20 ticket in advance, please visit www. castingcallcbh.eventbrite.com. Admission is \$25 per person at the door.

This year's final fun-raiser will benefit two patriotic nonprofit organizations: the HOW Foundation, which works with wounded warriors, and Project Holiday, which supports local families who have loved ones serving in the armed forces around the world.

All of the fun-raisers are open to the public. Admission to the events in June and September are \$25 per person at the door, and for PR Yak-Yak it is \$20 for members and \$25 for nonmembers. Attendees will each receive one free drink ticket good for beer, wine or soft drinks; additional drinks will be available at happy hour prices. Crane's BeachHouse Hotel

will also provide an array of amazing hors d'oeuvres and tasty treats, and live music will be performed.

For more information on Crane's Beach House visit www. cranesbeachhouse.com. RSVPs for all Third Thursday Fun-Raisers can be made at www.facebook.com/CBHHotel.





JUNE IN LAKE WORTH

owntown Lake Worth becomes so accessible in June. As the crowds of snowbirds flock back to New England, the city relaxes. Parking is still free throughout the town, luring lots of lingering visitors to the quaint streets, art galleries and shops. Fridays and Saturdays are packed with street sales, music, great art and an amazing variety of foods. New restaurants are opening in June. Street performers spring up throughout the town. Shows are busy and buzzing. Time to soak up the atmosphere.

J Street in Downtown Lake Worth is rapidly becoming South Florida's Greenwich Village. The Bamboo Room is one of the regions most prestigious music venues, while Coastars coffee shop has regular "open mics" and emerging artist art shows. Propaganda presents cutting edge bands, and Clay Glass Metal Stone Gallery can be counted on for some of the areas finest musicians at their art openings every first and third Friday. Top Five Records has a great collection of vinyls, while Callaros, one of Lake Worth's finest bistros, is located at the corner of J Street and Lake Avenue.

Joining the growing scene on South J Street is Excelsior!, Lake Worth's first comic book and toy emporium. Located at 16 1/2 South J Street, they hold role playing games and collectable card playing tournaments every Friday and all day Saturday. Nerd Trivia and game board nights are being planned. Look for mini comic book and gaming conventions.

Across Lake Avenue on North J Street, visit the re-invented Rhum Shak with its lively crowd and great bands. Stroll on down the street to Rudy's Wine Bar, an intimate setting with wonderful music. Coming tickets are \$8, and \$12 at the door.

soon will be an artist studio and gallery to compliment the selection of fine wines.

June 6 | Gallery Showing

Stanley Switkes will be the featured artist at Clay Glass Metal Stone Gallery located at 15 South J Street. "Everybody Must Get Stoned," features the stone carvings of this "Young at Art," 90 year old stone carver. Switkes will be on hand to demonstrate the stages of stone carving, and will have an array of new works to present. Music and good food are free. Events run from 6-10 p.m., and are free to the public.

June 9-28 | Summer Camp

The Lake Worth Playhouse presents Willy Wonka Jr., a summer camp program culminating in a theater production. The camp runs Monday through Friday from 9 a.m. to 3 p.m. Performance dates are June 26-28. For more information call 561-586-6410.

June 9 | Lake Worth Food Truck Invasion

The Lake Worth Food Truck Invasion will take place Monday, June 9 at 7 p.m. Find dozens of the area's finest food trucks stationed at the PNC Bank parking lot next to South Shores Tavern.

June 21 | TogaFest

Third Eye Production brings TogaFest to Lake Worth for a party you'll never forget. Get your tickets at South Shore Tavern, and tour four bar hopping stops while dressed in your favorite bed sheet. Presale

Music at St. Paul's presents Roberta Rust and Maria Heslop-Ward in Concert

The Music at St. Paul's concert series, now in its 26th season, will present in concert pianist Roberta Rust and mezzo-soprano Maria Heslop-Wardon Sunday, June 8, 2014 at 3:00 pm. The concert will take place in historic St. Paul's Episcopal Church at 188 S. Swinton Avenue in the heart of Delray Beach.

Roberta Rust has concertized to critical acclaim around the globe since her debut as soloist with the Houston Symphony at age sixteen and as recitalist at Weill Recital Hall at Carnegie Hall. The New York Times hailed her as "a powerhouse of a



pianist - one who combines an almost frightening fervor and intensity with impeccable technique and spartan control." Her many recordings feature music of Debussy, Haydn, Villa-Lobos, Prokofiev, and contemporary American composers. Fanfare Magazine notes, "she proves herself a first-rate Debussy player...This is quite simply one of the finest Debussy discs I have heard in recent memory." Rust serves as Professor and Head of the Piano Department at the Conservatory of Music at Lynn University in Boca Raton.

Maria Heslop Ward was born in Barbados and is a graduate of the Royal Academy of Music in London, where she was a student of Joy Mammen and a member of the Royal Academy Opera. She has sung the title role in Bizet's Carmen, Cherubino in Mozart's The Marriage of Figaro and Dorabella in Cosi fan tutte.

The June 8th program will include Mozart's Piano Sonata in F Major, K.332, and songs by Brahms, Mahler, Falla, and Granados.

A \$15 donation is requested for the concert, with preferred (front center) seating available at \$20. Students are admitted for a \$5 contribution. Tickets can be reserved by phone or online at www.stpaulsdelray.org. No one will be turned away for inability to contribute. Updated information will be posted, as it becomes available, on the church's website.

For additional information please contact: Dr. Keith Paulson-Thorp, Director of Music St. Paul's Episcopal Church 188 S. Swinton Avenue, Delray Beach, Florida 33444 drkeith@stpaulsdelray.org 561-278-6003 Fax (561) 276-0304



ON STAGE

arts garage



TITO PUENTE JR. FRI, 7/18, 8PM

"dazzling, in a show filled with charisma, flair and all the right dance moves. His skill at playing, singing and dancing was undeniable... Tito Puente Jr. shined with a talent that was all his own."

-Examiner



LEAGUE OF WOMEN VOTERS PBC

SUN, 6/1, 2PM-5PM

Music and dancing to breathtaking jazz. Benefits the League of Women Voters' Palm Beach County education programs.



GINA SICILIA

SAT, 6/7, 8PM

A combination of polished craft and gut-level emotion that is a knockout. "Gina Sicilia may be the best blues singer on the music scene to-day"-- JazzReview com



THE JÖST PROJECT

FRI, 6/13, 8PM

Paul Jōst (vocals, harmonica), Tony Miceli (vibraphones) and Kevin MacConnell (acoustic bass) make up the collective performing the rock music that they grew up with in a jazz format.



ALBARE WITH SPECIAL GUEST SAMMY FIGUEROA

SAT, 6/14, 8PM

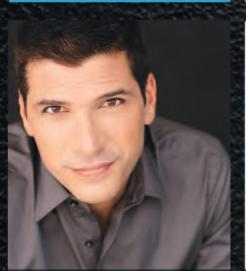
Moroccan-born global jazz guitarist Albare performs, featuring Sammy Figueroa, king of Latin percussion.



DOUG CARTER AND FAMILY

SUN, 6/15, 7PM

Virtuoso jazz and soul keyboard player Doug Carter celebrates the day with his talented musical family, featuring son Anthony on percussion and vocals by daughter Yellow.



DEAN NAPOLITANO

SAT, 6/21, 8PM

Comedian Napolitano is a throwback to the great comedians of yesteryear with a modern twist that makes him one of the most entertaining comedians working today.



TURK MAURO

SAT, 6/28, 8PM

Saxophone giant Mauro plays big band swing, hard bop and classic jazz and is known worldwide for his precision and



DIEGO FIGUEIREDO

SAT, 7/26, 8PM

A fusion between Jazz, Bossa Nova and Classical, Figueiredo's unique interpretations, along with his phenomenal technique and emotion, have created an explosion of adoring fans and concert-goers.

"BRING YOUR OWN WHATEVER" JAZZ FUSION SPECIAL EVENT GLOBAL INVASION COMEDY SPECIAL BLUES
A BOTTLE OF WINE, FAVORITE BEVERAGES & MUNCHIES

THEATHE arts garage

LOUIS TYRREL, ARTISTIC DIRECTOR BEST THEATRE 2013 - NEW TIMES | OFF-BROADWAY SOUTH FLORIDA



The Music of Johnny Cash

Created by: RICHARD MALTBY, JR. Conceived by: WILLIAM MEADE

JUNE 19 - JULY 13

Wed - Fri 7:30pm; Saturday & Sunday 2pm

From the iconic songbook of Johnny Cash comes this unique musical about love and faith, struggle and success, rowdiness and redemption, and home and family. From the opening chords of vintage Country to Rockabilly, Ring of Fire packs a score that provides a rich fabric in which to lay down the story of Johnny Cash. The great bio-pic "Walk the Line" told the story of the events of Cash's life and the incredible struggles and triumphs of his life. Ring of Fire gives the music the spotlight, as a core group of talented actor/musicians celebrate the songs that are such a part of our collective experience. Johnny Cash's Ring of Fire will both move and exhilarate!



arts & ends

Jazziz Nightlife Summer Headliners Take Center Stage in June

Starting this month the stars come out at Jazziz Nightlife for a diverse sizzling summer schedule of live entertainment. From rock legends to jazz and beyond the stellar line-up of performers include:

June 2-3 | 7 pm & 9 pm Stanley Jordan Trio at Jazziz

In a career that took flight in 1985 with immediate commercial and critical acclaim, guitar virtuoso Stanley Jordan has consistently displayed a chameleonic musical persona of openness, imagination, versatility, respect and maverick daring. Be it bold reinventions of classical masterpieces or soulful explorations through pop-rock hits, to blazing straight ahead jazz forays and ultramodern improvisational works—solo or with a group—Jordan can always be counted on to take listeners on breathless journeys into the unexpected. Tickets are \$25 General Admission; \$35 Premium and

June 9-10 | 7 pm & 9 pm Acoustic Alchemy at Jazziz

For nearly 25 years, Acoustic Alchemy has pushed the limits of the acoustic guitars potential by embracing a spectrum of musical styles ranging from straight-ahead jazz to folk to rock to world music and since their earliest recordings, the group has assembled and sustained a vast and loyal following that stretches well beyond their U.K. origins. Acoustic Alchemy reaches the broadest possible audience by pushing the potential of instrumental music to embrace a broad spectrum of styles without being limited to any specific genre. Tickets are \$55 general admission; \$65 premium and \$85 VIP.

June 18 | 7 pm & 9 pm Nicole Henry at Jazziz Nightlife

Stunning jazz vocalist Nicole Henry continues her exclusive South Florida residency at JAZZIZ Nightlife. Since her debut in 2004, Nicole has established herself as one of the jazz world's most acclaimed vocalists, possessing a potent combination of dynamic vocal abilities, impeccable phrasing, and powerful emotional resonance. Her passionate, soulful voice and heart-felt charisma has earned her a 2013 Soul Train Award for "Best Traditional Jazz Performance," three Top-10 U.S. Billboard and HMV Japan jazz albums. Heralded by The New York Times, Wall Street Journal, The Japan Times, El Pais, Essence and more, Ms. Henry tells real stories through repertoire from the American Songbook, classic and contemporary jazz, contemporary standards, blues and originals. Tickets are \$25 General Admission; \$45 Premium and \$65 VIP.



June 6 | "From Clocks to Rocks" Opening Reception | 6-8 pm

The Glass Metal Stone Cooperative Gallery presents master stone sculptor, Stanley Switkes, and his finely carved marble, alabaster and soapstone works. Switkes will be demonstrating his craft, bringing with him the various stages of a work in progress.

Switkes began his career as a designer of women's handbags in the New York fashion industry. As a designer he traveled world wide, working with manufacturers in Europe and Asia. He developed a love of clay sculpture, and pottery before beginning his exploration of stone carving. At 90 years of age, Stan lives in Boynton Beach with his wife of 70 years, Zelda, also a stone carver.

He continues to master his carving skills as he dreams, nightly of the stones he acquires and what they will become. All of Switkes' sculptures are created completely by hand, and he gathers raw materials from his travels to New Mexico, Colorado and Utah, where he selects beautiful soapstones and Alabasters.

The gallery is located at 15 South J Street in downtown Lake Worth. Hours are Sunday through Tuesday from 10 a.m. to 5 p.m., and Wednesday through Saturday from 10 a.m to 10 p.m. Gallery openings are the first and third Friday of each month from 6 to 9 PM with many special events inbetween. For information call the gallery at 561-588-8344.

June 6-7 | The Colony Hotel's Royal Room Cabaret

The Colony Hotel concludes a musicpacked spring cabaret with the return of one of the Royal Room's favorite pop stars including Mary Wilson. Returning to the Royal Room for her fifth engagement, Mary Wilson is a true musical legend. It was a vision of musical stardom as a Detroit teen that inspired her to co-found one of the most successful female singing groups in recording history - The Supremes. With an unprecedented 12 number-one hits, including "Where Did Our Love Go," "Baby Love," "Come See About Me" and "Stop, In The Name Of Love," The Supremes set the precedent for super group success. Wilson also has written a best-selling autobiography, performed on stage and screen, lectured and toured the world, and continues to be looked up to as a singer who set the standard for females in the recording industry. Cost: \$80 Music Charge plus \$20 per person minimum for food and beverage. A full a la carte dinner menu is offered. To make reservations call the hotel box office at 561-659-8100

June 11 | PBC Photographic Centre 18th Annual Member's Show

Fatima NeJame, president and chief executive officer of the world renowned Palm Beach Photographic Centre (PBPC), today announced the upcoming opening of its next exhibition on display from June 12 through August 2.

The opening reception will take place Wednesday, June 11 from 6-8 p.m. Palm Beach Photographic Centre's 18th Annual Member's Show is a juried exhibition that will showcase the work of its members, both inside the Photo Centre and on its website at www.workshop.org. Admission is free.

Among the local Photo Centre members who will be represented in the upcoming exhibition are Wayne Becker ("Peek-a-Boo"), Cynthia Conley ("The Marshmallow Debate") and Surej Kalathil("New World Bird"), all from West Palm Beach; Brbarbara of Jupiter ("Shimmer"); Julio DeCastro("My Valentine") of Juno Beach; Palm City's Livia Kropf Debonet ("On The Rocks"); George W. Moore of Palm Beach Gardens ("Cabo Sunrise"); and Sandi Pfeifer of Palm Beach ("Once I Made Memories, Now…").

This year's Member's Show is being judged by internationally renowned photographer Vincent Versace, a pioneer in the art and science of digital photography. Hailed by Nikon as "one of the top photography artists and visual storytellers in the world," Versace is a recipient of the Computerworld Smithsonian Award in Media Arts & Entertainment and the Shellenberg fine art award, and his work is part of the permanent collection of the Smithsonian Institute's Museum of American History

A Best of Show cash prize of \$950 will be awarded, as will two Merit Awards for free tuition for a FOTOfusion Passport or a Master Workshop. This year's winners will be announced at the exhibition's opening reception on June 11.

Also on exhibition at the Palm Beach Photographic Centre will be "Picture My World," which has served disadvantaged children throughout the Palm Beaches since 1997. Program funding is provided through a Lost Tree Foundation grant and the generosity of private donors.

The Photo Centre is located at the downtown City Center municipal complex at 415 Clematis Street in downtown West Palm Beach. Hours are 10 a.m. to 6 p.m. Monday through Thursday; 10 a.m. to 5 p.m. Friday and Saturday. For more information, please call 561-253-2600, or visitwww.workshop.org or www.fotofusion.org.

June 19-29 | Entr'Acte Theatrix Presents Avenue Q

Avenue Q has been called the funniest dirty musical -- or the dirtiest funny musical -- ever. Written by Jeff Marx and Robert Lopez the Tony Award-winning show is a clever and irreverent look at the world through the eyes of the residents of Avenue Q as they explore and address the issues associated with growing up in the 'real' world, rather than the one their parents described to them.

Using a unique combination of humans and puppets, the musical chronicles its characters' struggles to find decent jobs, stable relationships, and their purpose in life. Entr'Acte Theatrix will present Avenue Q at the Delray Beach Center for the Arts Crest Theater from June 19-29.

"This play is a particularly appropriate one for Entr'Acte Theatrix," says producer Vicki Halmos. "Our mission is to provide performance opportunities for emerging theater artists, who -- just like the characters they will portray, are taking the 'next step' from classroom to career."

Halmos has been involved with Avenue Q almost since its inception. She was an original investor in the Broadway, London, and Las Vegas productions, as well in its current off-

Broadway incarnation, and was at the Tony Awards when the show won for Best Musical, Best Book of a Musical, and Best Original Score ten years ago.

Avenue Q's director Darrick Penny, has just graduated with an MFA from Florida Atlantic University. He recently directed The Fantasticks, and starred as Sir Robin in Entr'Acte's 2013 production of Monty Python's Spamalot.

Entr'Acte Theatrix' company of actors are all seriously pursuing careers in theater or the arts, and a number of them have already appeared on area stages. Cast members Christian Ortega (Princeton), Sahid Arnaud-Pabon (Nicky), and Luis Herrera (Rod, Bad Idea Bear) are students at The New World School of the Arts; Seth Trucks (Trekkie) is a graduate of London's Royal Academy of Dramatic Arts (his father is Butch Trucks, drummer for the Allman Brothers Band); and Joanna Mandel (Kate Monster) appeared in Entr'Acte's productions of Hair and Cabaret. The rest of the cast includes Greg Halmos (Brian), Elaine Flores (Christmas Eve), Kalli Courakos (Lucy the Slut), Samantha Streich (Mrs. Thistletwat, Bad Idea Bear), and Chasity Hart (Gary Coleman).

The Delray Beach Center for the Arts Crest Theater at Old School Square is located at 51 North Swinton Avenue in Delray Beach. Tickets are \$20; \$15 for groups of 15 or more with the 16th ticket free and are on sale now. \$10 Student Rush tickets will be available 30-minutes before curtain only with valid ID. Avenue Q has adult themes, and 'full-frontal puppet nudity'; parental discretion is advised

Tickets can be purchased online at http://delraycenterforthearts.org, or by phone at: 561-243-7922, ext. 1. For more information about Entr'Acte Theatrix or Avenue Q visit www.entractetheatrix.org.

June 19 | "Real Life Toy Story" Opens at the Norton Museum of Art in West Palm Beach

West Palm Beach, FL -- Some 55 years after arriving on store shelves, Barbie dolls, Matchbox cars, and -- a decade later -- Hot Wheels cars, remain not only popular, but relevant. That's quite an accomplishment in this digital era.

The Norton Museum of Art's 2014 Summer Exhibition takes a playful and indepth look at these iconic toys – the miniature car, epitomized by the Matchbox and Hot





arts & ends



Wheels brands, and the "teenage doll," Barbie. The exhibition, Wheels & Heels: The Big Noise Around Little Toys, opens Thursday, June 19 and is on view through Sunday, Oct. 26, 2014.

The exhibition will fascinate audiences of all ages while looking at the history and impact of these beloved toys, which first found popularity in the years following World War II.

"In many ways, these toys helped teach Boomers to be consumers," says Guest Curator Matthew Bird, Associate Professor of Industrial Design at the Rhode Island School of Design. "The first car or dress that a child fell in love with was a miniature, but the thrill of ownership was enduring, and informed how that child became an adult. Although we accept these toys as familiar parts of our cultural landscape, they were nothing short of revolutionary at the time they were created."

To tell these toy stories, Bird has assembled numerous editions of the toys themselves, as well as vintage advertisements, design drawings, television commercials, and the marketing publications that helped fuel the feverish desire to have or collect these toys. Visitors young and old will enjoy the nostalgia that this story invokes. As cultural icons, these toys are not uncontroversial; the exhibition will also look at their impact on society, contemporary art, and media.

Visitors will be able to view hundreds of related objects, including Barbie's 1964 theater, 1964 college dorm, and a number of her houses, horses, and dogs. There are Matchbox racetracks from the '50s, '60s, and '70s.

As with last summer's popular LEGO® exhibition, Block by Block: Inventing Amazing Architecture, Wheels and Heels will feature an interactive playroom. To add to the excitement, Museum admission will be free to Florida residents every from Thursday June 5 through Sept. 4, 2014.

The Norton Museum of Art is a major cultural attraction in Florida located at 1451 S. Olive Ave. in West Palm Beach and is open Tuesday, Wednesday, Friday and Saturday, 10 a.m. to 5 p.m.; Thursday, 10 a.m. to 9 p.m.; and Sunday, 11 a.m. to 5 p.m.

General admission is \$12 for adults, \$5 for students with a valid ID, and free for members and children ages 12 and under. Special group rates are available. West Palm Beach residents receive free admission every Saturday with proof of residency. Palm Beach County residents receive free admission the first Saturday of each month with proof of residency.

For additional information about the Norton Museum of Art call the museum at 561-832-5196, or visit the website at www. norton.org to find a schedule of events.

June 17 | Discover Series Launch at the Center for Creative Education

Have you ever wondered if your child is a potential Picasso or Oscar-bound actor? Prima ballerina or concert cellist? Award-winning author or roving reporter? On June 17th, the Center for Creative Education (CCE) will offer 60 rising third-grade students a unique opportunity to discover their passion for the arts. CCE is launching the "Discover Series", a signature program that will allow young children to explore music, dance, theater, visual arts and media. The students do not have to have a specific talent or art experience. CCE is looking for kids with curiosity, a strong commitment to study the arts and the discipline to attend the weekly classes on a regular basis.

Students wishing to apply to the Discover Series must be Palm Beach County third-graders willing to commit to the program for the full three years. Those enrolled will be a part of the program from third through fifth grade. Tuition for the initial year's 10-month program is \$900 per student per year, but thanks to a \$250,000 grant almost all of the openings are underwritten with full or partial, need-based, scholarships. Scholarship requests are available on the application. Registration and open houses are free and art supplies are provided.

Weekly classes begin on June 17, 2014 and run through March 12, 2015, with breaks for holidays. Class sizes are limited and openings are available on a first-come, first-served, application basis. Classes will take place at 425 24th Street, CCE's namesake facility in the heart of West Palm Beach's Northwood Village. Interested parents and their children should plan to attend one of two open house sessions at CCE on either Tuesday, May 13 from 6-7:30 pm or Saturday, May 24 from 10-11:30 am. They will be able to meet the arts faculty, see brief demonstrations and take part in hands-on activities in each art area.

During the first year of CCE's Discover Series, 3rd grade students will be exposed to piano /keyboard, visual arts, theater/drama, wind instruments /band, dance, voice/choir, media arts and string instruments/orchestra - learning eight different art forms and spending a month exploring each form. In the second year, the students, now 4th graders, will have more control over their art selections choosing four of those art forms to explore more closely. In the third year, students will select two art areas for a deeper concentration and level of instruction. Each year CCE will add a new group of 3rd graders so that by the third year there will be 3rd, 4th and 5th graders in the program.

Students will commit to one of two class times for the year – Tuesdays from 4:30 to 6:30 p.m. or Thursdays from 5:30 – 7:30

p.m. No auditions or prior art experience is necessary and all materials will be provided. If the organization receives more applications than there are available spots, a waiting list will be created.

For information and registration forms for CCE's Discover Series, visit the Center for Creative Education's website at cceflorida.org or call at 561-805-9927.





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PAPER AS ART in the Cornell Museum School of Creative Arts

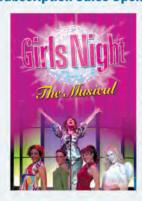


Paper art by Charles Clary

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A CHORUS LINE, Dec. 5-14
STEVE SOLOMON, Jan. 3-4
VOCAL TRASH, Jan. 14
BACK ON BROADWAY, Jan. 16-18
YESTERDAY & TODAY: The Interactive
Beatles Experience, Feb. 17
U.K. UKULELE ORCHESTRA, Feb. 20-22
JEKYLL & HYDE-The Musical, Mar. 6-8
SEVEN BRIDES FOR SEVEN BROTHERS,
March 20-22

BROADWAY CABARET SERIES
MEGAN HILTY, Jan. 26 & 27
LESLIE ODOM, JR., Feb. 9 & 10
LOUISE PITRE, Mar. 2 & 3
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DelrayArts.org All dates, times, programs subject to change without notice.





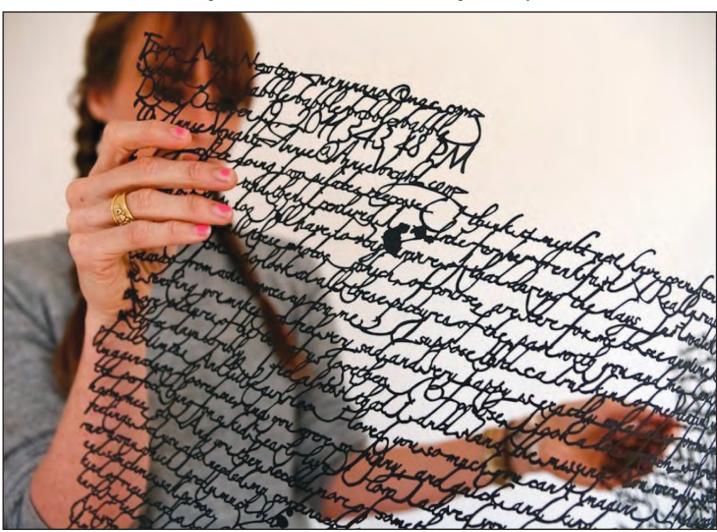




EVENTS, THEATER, EXHIBITS and LEARNING DELRAY BEACH'S CENTER FOR THE ARTS

Cornell Museum New Summer Exhibit

From Ordinary to Extraordianry: Paper as Art



SPECIAL THIS MONTH...

JUNE

his summer, Delray Beach's Center for the Arts invites you to experience the Cornell Museum's intimate gallery spaces and discover a world where ordinary paper has been transformed into extraordinary works of art.

This exhibit features exquisite works by 16 artists, who have been featured in galleries around the world. Each artist has developed a unique style of working with paper as an art medium through cutting, sculpting, layering, assembling and other techniques. The resulting two and three dimensional art will surprise and amaze.

Exhibit dates run May 23rd through August 24th, 2014. The Cornell Museum, located at the corner of Atlantic and Swinton Avenues, has new hours and admission. Tuesday-Sunday, 10 a.m. – 4:30 p.m.; closed Monday and major holidays; \$5 for all; members and children under the age of 6 are free.

Artists include **Bruce Helander** of Palm Beach, who specializes in collage and assemblage and has been called, "... arguably the most recognized and successful collage artist in the country..." by City Link magazine. His work is in over 50 major museum collections from New York to Los Angeles.

Michelle Chassing of Delray Beach is a collage artist from France. Many of her works are inspired by her travels to Europe and the South of France, where she spends much of her time working each year.

Hina Aoyama lives and works in Japan. She describes her art as "super fine lacy-papercuttings done by a simple pair of scissors."

Beth Appleton is known for her watercolor/cut paper assemblages, has developed a unique style infusing brilliant colors and vitality.

Cara Barer of Houston transforms books into art by sculpting them, dyeing them and then presenting them as objects of beauty through the medium of photography.

Charles Clarey uses layered paper to build intriguing "land formations" that mimic viral colonies and concentric sound waves.

Jupi Das, of Philadelphia, was born in India and began paper cutting during a short stay in Beijing, China. Her work pays homage to the ancient tradition of paper cutting with elements from Chinese, Japanese, German and Swiss traditions added.

Brian Dettmer, of Atlanta, transforms out-of-date encyclopedias, medical journals, illustration books and dictionaries into sculptures. He carves one page at a time, and nothing inside the book is relocated or implanted, only removed.

Amy Gesnervcuts, rolls and combines paper and paint to explore her obsession with texture, pattern, and color inspired by natural forms and organic processes.

Will Kurtz, from Brooklyn, is a figurative artist, who creates life-size paper sculptures of people and other subjects that evoke emotion, compassion, empathy, sympathy and humor.

Bovey Lee is a cut paper artist from Hong Kong. She hand cuts each work on

a single sheet of Chinese xuan (rice) paper backed with silk using no rulers or stencils.

Hiromi Moneyhun from Jacksonville is a paper-cut artist from Kyoto, Japan. Her three dimensional works combine traditional Japanese visual art forms with the "super-modernity" now found in Japan's largest cities. She has been most influenced by Edo Period Japanese woodblock prints (moku hanga).

Jeremy Pantoja is a cut paper artist, who combines drawings and cut paper to create his whimsical pieces.

Miami's **Alex Queral** carves faces into ordinary phone books by literally peeling away the pages like the skin of an onion to reveal the portrait within.

Matthew Rose lives and works in Paris, France and is known widely for his collage works and wall-to-wall, ceiling-to-floor installations.

Annie Vought creates intricate, lace-like tributes to the written word by cutting away the words of poems and letters by a myriad of authors. As she cuts away the negative spaces the words hold together, keeping the continuity and shape of the original piece of paper.

The Delray Beach Center for the Arts, located at Old School Square offers world-class events, theater, exhibits and learning opportunities at its various amenities across downtown Delray Beach. For information visit the website at DelrayArts.org, or call 561-243-7922.



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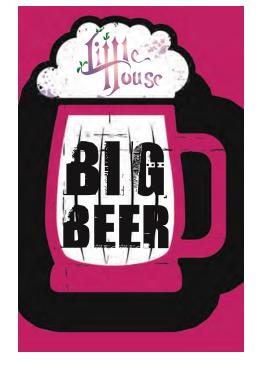
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JUNE

With summer on its way there's no better time to try one of the many new summer "session" beers that are all the rage right now.

Session beers – often a variety of ales, lagers and IPA's – are known for having tons of flavor with a lower alcohol by volume (ABV) when compared to their full-bodied counterparts. That means you can drink your fill without getting loaded down. Just what we need to get us moving into the dog days of summer.

Try Stone's Go To IPA, a session India Pale Ale brewed with tons of hops during during the final phase of brewing for flavor without too much bitterness.

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Caffé Luna Rosa

Expands Brunch Menu All Week

affé Luna Rosa, Delray Beach's favorite beachfront restaurant, is pleased to announce its popular weekend brunch, which draws large crowds every Saturday and Sunday and accolades from food writers, is now available every day from 7 a.m. to 3:15 p.m.

Of course, Caffé Luna Rosa will continue to offer its outstanding lunch menu, which includes a selection of classic items such as the restaurant's special Chilled Fresh Poached Shrimp Salad and the always popular house-made Paparadelle Bolognese.

The new extended brunch selection "is something many of our customers have been asking about for quite some time," said Executive Chef Ernesto DeBlasi. "Because we're a restaurant with an extraordinary ocean view that serves out-of-town visitors as well as local residents, our guests are often on different schedules. We wanted to give everyone the opportunity to enjoy a greater variety of breakfast items along with our delicious gourmet lunches and dinners."

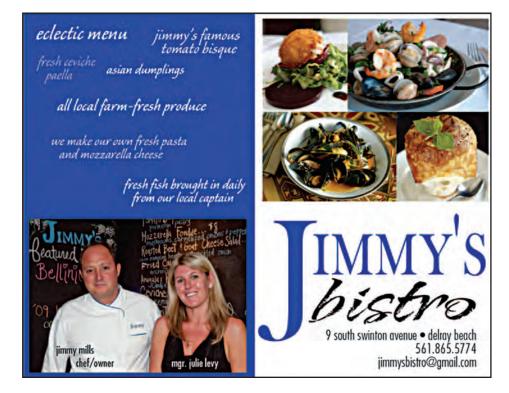
In the past, Caffé Luna Rosa served only a limited weekday breakfast selection after 11:15 a.m. but now menu items such as the popular Maine Lobster Eggs Benedict, Pastrami/Corned Beef Hash Omelet and the handcut Cinnamon Raisin Swirl French Toast are always available until mid afternoon.

Other popular brunch items that can be enjoyed with a signature Bloody Mary Antipasto or a Luna Rosa Mimosa during the week include the Fresh Scottish Smoked Salmon plate and Luna Rosa's Breakfast Pizza.

"Our new expanded breakfast menu is perfect for anyone who loves a great breakfast, whether traditional or cutting edge, any time of day," DeBlasi said.

Located at 34 S. Ocean Boulevard, directly across from the ocean in Delray Beach. Caffé Luna Rosa offers a memorable and authentic Italian dining experience in a casual atmosphere. The restaurant is designed on two levels with alfresco seating and an elevated open-air dining room highlighted by granite, authentic artwork and magnificent woodwork. Perfect for congenial conversation and people watching along the shoreline during the day.

Caffé Luna Rosa is open daily from 7 a.m. to 11 p.m. To make reservations, please call 561-274-9404, or visit www. caffelunarosa.com.





The Backyard 511 NE 4th St. 561.740.0399 Banana Boat 739 E Ocean Ave. 561.732.9400 Beach Break 2617 S Federal Hwy. 561.503.1335 **Boynton Diner** 500 E Woolbright Rd. 561.364.1819 Caté Frankie's 640 E Ocean Ave. 561.732.3834 Diy Frozen Yogurt 524 E Woolbright Rd, 561,733.8221 DJ's Grill 301 E Boynton Beach Blvd. 561.732.5172 East Ocean Café 412 E Ocean Ave. 561,200,6006 Elysium Sweets 407 S Federal Hwy. 561.735.7650 Hurricane Alley 529 E Ocean Ave. 561.364.4008 Josie's Ristorante 1602 S Federal Hwy. 561.364.9601 **The Little House** 480 E Ocean Ave. 561.420.0573 Lucertola Ristorante & Birreria 1417 S Federal Hwy. 561.336.3297 Maui Wowi Hawaiian Coffee & Smoothies 307 E Woolbright Rd. 561.336,2416 Prime Catch 700 E Woolbright Rd. 561.737.8822 Rice Fine Thai 1610 S Federal Hwy, 561.374.7476 Scully's Restaurant 2005 S Federal Hwy. 561.733.4782 Secret Garden Café 410 E Boynton Beach Blvd. 561.752.8598 Sushi Jo 640 E Ocean Ave. 561.737.0606 Sushi Simon 1614 S Federal Hwy, 561.731.1819 Sweetwater 1507 S Federal Hwy. 561.509.9277 Two Georges 728 Casa Loma Blvd. 561.736.2717



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FATHER'S DAY IN SOUTH FLORIDA

PGA National Resort Hosts Third Annual CRAFT BEER, CIDER & BURGER BASH

PALM BEACH GARDENS, FL - This year, treat dad to a Father's Day weekend event featuring over 70 beers and ciders, burger tastings and live music. The PGA National Resort & Spa will host the Third Annual Craft Beer Festival & Burger Bash on Saturday, June 14 from noon to 4 p.m.

A portion of the proceeds will go to DreamRide and Special Olympics Florida, events that celebrate the achievements of Special Olympics athletes and honor these outstanding men, women and children living with intellectual disabilities in our communities.

PGA National is partnering with Brown Distributing, Creekstone Farms, Yelp, Localdines.com and more to showcase an impressive array of food and drink. The packed roster of fun also includes live entertainment by Jason Cardinal from noon to 2 p.m., and The Kinected from 2-4 p.m. A vendor village with food sampling and a charity silent auction will also be highlights.

Area restaurants will have booths where sliders are provided

for tasting, and will compete for the title of Palm Beach's "2014 King of All Burgers" against the hailing 2013 two-time winning champion, Chuck Burger Joint in Palm Beach Gardens. Attendees choose their favorites and vote in three categories: "Best Burger," "Most Innovative Burger," and "Best Non-Beef Burger."

This year, a concert on the green follows the event from 5:15-7 p.m. featuring Paul Barrere and Fred Tackett accompanied by the New Orleans Suspects. Ticket packages including the post-concert festivities are \$60.

"This third annual event is the perfect way to celebrate Father's Day weekend with beer and cider tastings, delicious food from local chefs, live music, as well as determining the best burger in Palm Beach" says James Gelfand, vice president of Special Events.

Tickets are \$45 in advance (\$50 at door). To purchase online visit the ticket website at www.pgabeerandburger.eventbrite.com. For more PGA National Resort & Spa information visit www.pgaresort.com, or call the resort at 855-896-4762.



By Joe Stout Special to The Pineapple

Today, we have the first in a series of "point" - "counterpoint" articles. The Food Beat will be providing the point, and we are seeking one of the Pineapple readers to provide the counterpoint. If you would like to submit your counterpoint to this article, log on to The Food Beat.com and send it via our contact section. The winning article will be printed in next month's Pineapple and you could win a gift card to a fabulous Delray Beach restaurant.

It's a canine conundrum. I love my dogs. They are the two living, breathing creatures that love me no matter what and ignore my shortcomings with regularity. I feed them, walk them several times a day, groom, take them to the vets, make sure they get their heartworm medication, and pet them throughout the course of the day and night. Just like most responsible pet owners do.

But it goes beyond that. The two rescues, Chuck and Henry, are treated to a dollop of whipped cream every morning when I make my wife's latte, Chuck sleeps in our bed under the covers, Henry on a giant cushion, and I even taught Chuck how to do his business right in the Publix grocery bag.

There isn't much I wouldn't do for Chuck and Henry. Except take them to a restaurant. Now I know I'm walking on sensitive turf here, but honestly, what is the obsession with people taking dogs to dinner? Unless it's a service dog, I can't figure it out. My friend Lance claims it's a sign of loneliness and the need for attention. I have heard other reasons.

I had one person tell me that if kids were allowed in restaurants, why not dogs? Granted, we have all had the unpleasant experience of sitting next to some bratty kids, but the fact remains, kids are people. Restaurants are for people. They even have kid's menus. And to date, I have not seen a restaurant with a pet menu. (although I was at a buffet in Pompano where the entire menu could be considered such)

I have also heard people say, "They are like my children and I want to eat with them." My response is the same as the one I give to people who don't like to tip; stay home and eat.

If people want to experience the joy that is your pooch, then it should be at your home or a dog park, or a place that does not unwillingly force them to endure their sounds, aromas, and allergens throughout the course of a meal.

Dogs at restaurant fall into the same category of fellow patrons that are belching, breaking wind, or lighting up a foul smelling cigar as you try to enjoy your dinner. But there is something even more concerning when it comes to pet owners bringing their dogs to dinner.

It's discrimination. Yes. You heard it here first. What about all the other pet owners who seem to be denied when it comes to breaking bread with their animal of choice? It's only a matter of time before the law suits start popping up.

If we are really being fair to all pet owners who love their snakes, cats, gerbils, birds, horses, spiders, ferrets, and monkeys just as much as you love your dog, why are they not welcome? What is it about the dog that makes it OK to bring them out and about, especially when people are eating?

I can see it now, the silhouette of large primate on a billboard with the wording, 1-800-CALL-APE. It's for all the scorned primate owners out there. Or the message "Cat's are people too...don't be denied the pleasure of dining with yours!" Our team will keep digging until we settle your case."

Where do we draw the line? When is it no longer acceptable to bring a pet to the dinner table?

As I said before, I love my dogs. I just don't expect everyone else to, as well. Perhaps you feel the same way. Maybe you don't.

Let me know what you think about this canine conundrum by responding at The Food Beat.com.



City of Boca Raton's

SUMMER /////////////////////SERIES

May 26 - August 17, 2014

Free music all summer long at Downtown Boca's Mizner Park Amphitheater

Monday, May 26 7:00 PM Memorial Day Concert Featuring Indian River Pops Friday, July 25 7:30 PM

Friday Night Summer Tribute Series: U2 by UV (U2 tribute band)

Sunday, June 15 7:00 PM

FAU Summer Concert Band/ Downtown Drive Friday, August 1 7:30 PM Friday Night Summer Tribute Series:

Jimmy Stowe and the Stowaways

(Jimmy Buffett tribute band)

Friday, June 20 7:30 PM Friday Night Summer Tribute Series:

The Long Run (Eagles tribute band)

Friday, August 8 7:30 PM

Friday Night Summer Tribute Series:
Turnstiles (Billy Joel tribute band)

Friday, June 27

7:30 PM

Friday Night Summer Tribute Series:

Crazy Fingers (Grateful Dead tribute band)

Sunday, August 17 7:00 PM

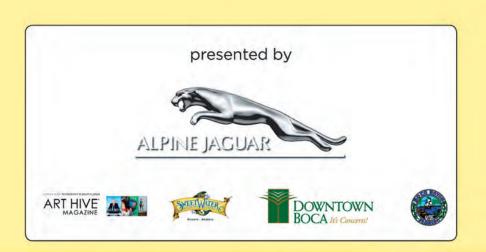
Sunday with
The Symphonia Boca Raton

Friday, July 11 7:30 PM

Friday Night Summer Tribute Series:
Odyssey Road (Journey tribute band)

Sunday, July 20 7:00 PM Sunday with

The Symphonia Boca Raton

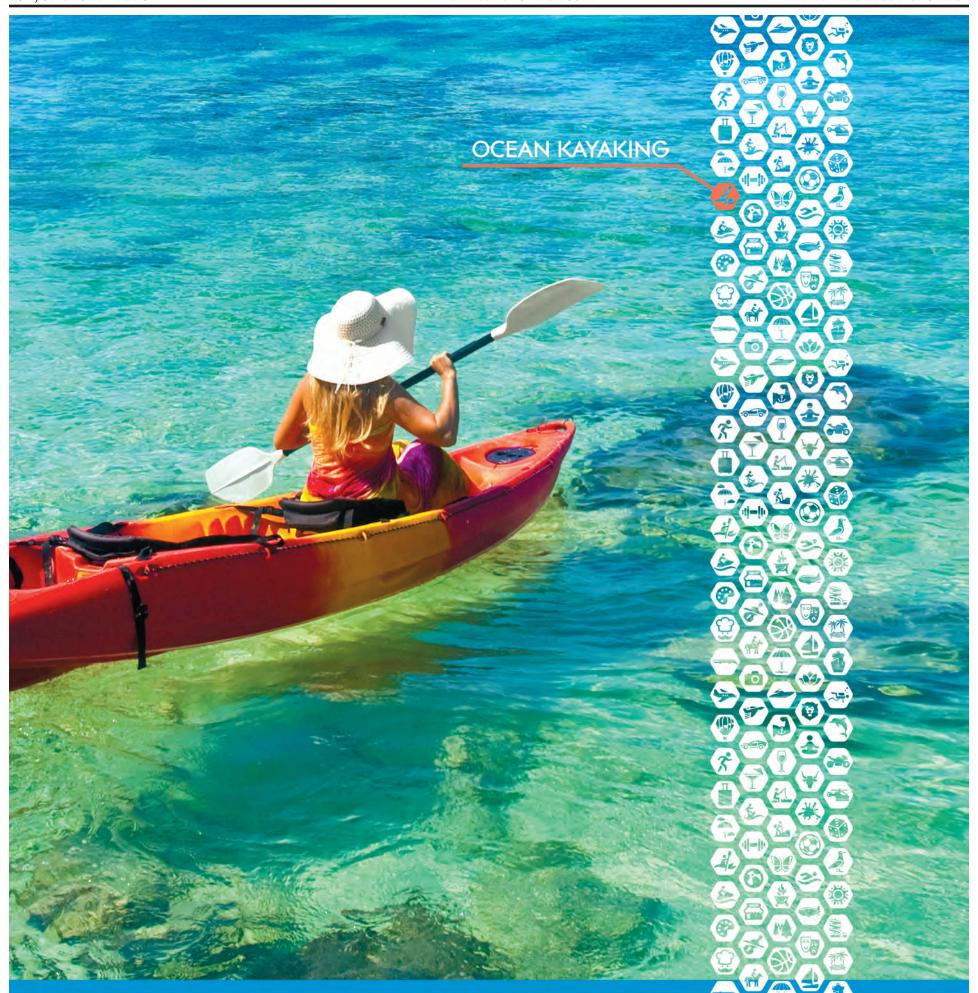




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